

2015 DIVISION III OUTDOOR TRACK & FIELD MEET SCHEDULE

Thursday, May 7

9:00 am	Heptathlon (100 M Hurdles, High Jump, Shot Put, 200 M)
9:15 am	Decathlon (100 M, Long Jump, Shot Put, High Jump, 400 M)
2:00 pm	Opening Ceremony

Running Events

2:15 pm	3200 M Relay	(M)
2:25 pm	3200 M Relay	(W)
3:00 pm	400 M Relay	(M) Trials
3:15 pm	400 M Relay	(W) Trials
X5:15 pm	Steeple Chase	(M)
X5:40 pm	Steeple Chase	(W)

Field Events

10:00am	Hammer	(W) T/F
Noon	Hammer	(M) T/F
1:00pm	Pole Vault	(M) T/F
2:00 pm	Triple Jump	(M) T/F
4:15 pm	Triple Jump	(W) T/F

X Held at Hamilton College (bus provided for coaches and athletes if necessary) Hand Timed.

4:00 pm Awards Presentation

Friday, May 8

9:00 am	Decathlon (110 M Hurdles, Discus, Pole Vault, Javelin, 1500m)
9:30 am	Heptathlon (Long Jump, Javelin, 800m)

Running Events

10:00am	10,000M	(W) Final
11:10am	10,000M	(M) Final
3:00 pm	1500 W	(W) Trial
3:45 pm	1500 M	(M) Trial
4:00 pm	400 M	(W) Trial
4:15 pm	400 M	(M) Trial
4:30 pm	100 M Dash	(W) Trial
4:45 pm	100 M Dash	(M) Trial
5:00 pm	100 M Hurdles	(W) Trial
5:15 pm	110 M Hurdles	(M) Trial
5:30 pm	800 M	(W) Trial
5:45 pm	800 M	(M) Trial
6:00 pm	400 M Hurdles	(W) Trial
6:15 pm	400 M Hurdles	(M) Trial
6:30 pm	200 M Dash	(W) Trial
6:45 pm	200 M Dash	(M) Trial
7:20 pm	1600 M Relay	(W) Trial
7:30 pm	1600 M Relay	(M) Trial

Field Events

1:00 pm	*Pole Vault	(W) T/F
1:00 pm	Long Jump	(M) T/F
2:00 pm	Discus	(M) T/F
2:00 pm	High Jump	(M) T/F
3:30 pm	Long Jump	(W) T/F
4:00 pm	Javelin	(M) T/F
4:00 pm	Discus	(W) T/F

* Women's Pole Vault begins 30 minutes after the completion of the Decathlon Pole Vault, but not earlier than 1:00 pm

5:30 p.m. Awards Presentation.

Saturday May 9

Running Events

Semi-Running (if needed)		
10:00 am	100 M Dash	(W) Semi
10:15 am	100 M Dash	(M) Semi
10:30 am	100 M Hurdle	(W) Semi
10:45 am	110 M Hurdle	(M) Semi
11:00 am	200 M Dash	(W) Semi
11:15 am	200 M Dash	(M) Semi

11:30 am Awards Presentation

Field Events

10:00 am	Javelin	(W) Final
11:00 am	Shot	(M) Final
12:30 pm	High Jump	(W) Final
1:00 pm	Shot	(W) Final

Finals

12:30 pm	400 M Relay	(W) Final
12:40 pm	400 M Relay	(M) Final
12:50 pm	1500 M	(W) Final
1:00 pm	1500 M	(M) Final
1:15 pm	400 M Dash	(W) Final
1:20 pm	400 M Dash	(M) Final
1:25 pm	100 M Dash	(W) Final
1:30 pm	100 M Dash	(M) Final
1:40 pm	110 M Hurdles	(M) Final
1:50pm	100 M Hurdles	(W) Final

2:10 pm**Awards Presentation**

2:15 pm	800 M	(W) Final
2:25 pm	800 M	(M) Final
2:35 pm	400 M Hurdles	(M) Final
2:45 pm	400 M Hurdles	(W) Final
2:55 pm	200 M Dash	(W) Final
3:00 pm	200 M Dash	(M) Final
3:05 pm	5000 M	(W) Final
3:35 pm	5000M	(M) Final
3:55 pm	1600 M Relay	(W) Final
4:05 pm	1600 M Relay	(M) Final

4:35 pm**Final Awards /Team Awards**