



USTFCCCA All-Americans, NCAA Division II

2010 Indoor Track & Field

MEN

Abilene Christian

Pole Vault	Landon EHLERS	SR
Heptathlon	James HARDIN	SR
60m Dash	Desmond JACKSON	JR
200m Dash	Desmond JACKSON	JR
60m Hurdles	Andrew MCDOWELL	SR
5000m Run	Amos SANG	JR
Long Jump	Ramon SPARKS	JR
Triple Jump	Ramon SPARKS	JR

Adams State

Mile Run	Aaron BRAUN	SR
5000m Run	Aaron BRAUN	SR
Distance Medley Relay	Aaron BRAUN	SR
Distance Medley Relay	Keegan CALMES	FR
5000m Run	Luke CRAGG	SR
Long Jump	James DOUGLAS	SR
Mile Run	Anthony GAUTHIER	JR
800m Run	Andrew GRAHAM	SO
Distance Medley Relay	Andrew GRAHAM	SO
Mile Run	Ryan MCNIFF	SR
5000m Run	Ryan MCNIFF	SR
Mile Run	Brian MEDIGOVICH	SR
5000m Run	Brian MEDIGOVICH	SR
High Jump	Dyson MORTENSEN	FR
Mile Run	Reuben MWEI	SR
5000m Run	Reuben MWEI	SR
Distance Medley Relay	Drew SOUCY	JR
5000m Run	Florian THEOPHILE	SR

Adelphi

60m Dash	Kevin DURANT	SR
400m Dash	Mychael FABIO	SO

American International

4x400m Relay	Emile BARNETT	JR
High Jump	Noel JAMES	FR
4x400m Relay	Emmanuel JEAN	FR
5000m Run	Glarius ROP	FR
4x400m Relay	Dominic SMITH	SO
4x400m Relay	Carlton WILDMAN	JR

Ashland

Weight Throw	Mike JEFFERY	JR
Heptathlon	Carsten KROHN	SO
Weight Throw	Ryan LOUGHNEY	SO
Weight Throw	Cory MEULEMAN	SO
Weight Throw	Richard QUICK	FR
Shot Put	Kurt ROBERTS	JR

Bemidji State

Heptathlon	Zac PREBLE	SR
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Bowie State

High Jump	Aaron JOHNSON	SR
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California (Pa.)

60m Hurdles	Brice MYERS	JR
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Central Missouri

Heptathlon	Shawn BOSS	SO
4x400m Relay	Anthony COOPER	JR
Shot Put	Drew FRIZZELL	JR
Weight Throw	Drew FRIZZELL	JR
4x400m Relay	Kai ROPER	SR
4x400m Relay	Brent VOGEL	SO
Heptathlon	Brent VOGEL	SO
4x400m Relay	Darius WALKER	SO
Heptathlon	Darius WALKER	SO

Colorado Mines

Distance Medley Relay	Russell DRUMMOND	FR
Distance Medley Relay	Ryan HANLEY	FR
Mile Run	Mack MCLAIN	SO
Distance Medley Relay	Mack MCLAIN	SO
Distance Medley Relay	Ben ZYWICKI	JR

East Stroudsburg

400m Dash	Negus GRAHAM	JR
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Emporia State

Triple Jump	Josh HONEYCUTT	JR
High Jump	Briar PLOUDE	FR
60m Dash	Josh SCHULER	JR
200m Dash	Josh SCHULER	JR

Ferris State

Pole Vault	Greg BURNS	SR
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Findlay

4x400m Relay	Simon BERNARD	JR
4x400m Relay	Lyndon JOHNSON	JR
4x400m Relay	Greg SCHAIBLE	JR
400m Dash	Curtis SMITHEY	SO
4x400m Relay	Curtis SMITHEY	SO
Shot Put	Derrick VICARS	SO

Grand Valley State

Shot Put	Matt ARMSTRONG	SO
Pole Vault	Matt GORDENEER	SR

Hillsdale

Weight Throw	Aaron FALK	SR
Weight Throw	Jason STOMPS	SR



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Indiana (Pa.)

Long Jump	Nafee HARRIS	JR
High Jump	Leander TONEY	JR

Johnson C. Smith

4x400m Relay	Winston BROWN	FR
4x400m Relay	Jamille CALLUM	FR
60m Hurdles	Andre COLLINS	SO
400m Dash	Leford GREEN	JR
4x400m Relay	Leford GREEN	JR
4x400m Relay	Richard HARKNESS	JR

Kentucky State

60m Dash	Jamaree GORDON	JR
200m Dash	Jamaree GORDON	JR

Kutztown

Pole Vault	William HODGES	SR
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Lake Superior State

Triple Jump	Jonathon ALLEN	JR
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Lewis

Shot Put	Scott BARNAS	SR
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Lincoln (Mo.)

4x400m Relay	Sabiel ANDERSON	FR
400m Dash	Steve BANTON	FR
4x400m Relay	Steve BANTON	FR
200m Dash	Gerald BASCOE	JR
Long Jump	Gerald BASCOE	JR
60m Dash	Kimour BRUCE	JR
4x400m Relay	Dwain BRYDEN	JR
60m Dash	Ravel GREY	FR
4x400m Relay	Rupert SMITH	SR
60m Dash	Gavin TERRELONGE	SO

Mars Hill

60m Hurdles	Frankie WATERS	JR
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Metro State

Distance Medley Relay	Carl ARNOLD III	SO
Distance Medley Relay	Rick BOGATAY	SR
Distance Medley Relay	Anthony LUNA	SR
Distance Medley Relay	Nathan NEWLAND	SR

Minnesota State

Distance Medley Relay	Eric ANENSON	FR
Distance Medley Relay	Sam LANCE	SR
800m Run	Denise MOKAYA	SR
Distance Medley Relay	Denise MOKAYA	SR
Pole Vault	Dan NOVAK	SO
Distance Medley Relay	Jonathan STOLTMAN	SR

Missouri S&T

Pole Vault	Jared ANDERS	SR
60m Hurdles	Terry ROBINSON	JR

Missouri Southern

Mile Run	Brennan BENKERT	SR
Distance Medley Relay	Brennan BENKERT	SR
Distance Medley Relay	Dustin DIXON	SR
Distance Medley Relay	Aki NUMMELA	JR
Distance Medley Relay	Kevin WRIGHT	JR

Neb.-Kearney

Shot Put	Dane TOBEY	SR
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Northern State

Long Jump	Calvin MCGRUDER	JR
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Northwest Missouri

Shot Put	Ben MCKIM	SR
60m Hurdles	Tyler SHAW	SO

Northwood (Mich.)

60m Dash	Will FULTON	SR
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Pittsburg State

Shot Put	Brian ALLEN	SR
Weight Throw	Brian ALLEN	SR
Distance Medley Relay	Mujahid HASSABALLA	SR
60m Hurdles	Jeremy JACKSON	SR
Distance Medley Relay	Darius JOHNSON	JR
Triple Jump	Kiara JONES	JR
Distance Medley Relay	Tim TESTA	SR
Distance Medley Relay	James WARD	SO

Queens (N.C.)

800m Run	Nelson MWANGI	SR
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Saginaw Valley State

800m Run	Tony FILIPEK	SR
800m Run	Charlie RICHARDS	SR



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Saint Augustine's

200m Dash	Antonio ABNEY	JR
400m Dash	Antonio ABNEY	JR
4x400m Relay	Antonio ABNEY	JR
4x400m Relay	Richard BOONE	SR
60m Hurdles	Jason BOYD	SO
4x400m Relay	Jason BOYD	SO
High Jump	Christopher COPELAND	SO
Long Jump	Orolando DUFFUS	JR
Triple Jump	Orolando DUFFUS	JR
Long Jump	Brandon QUARLES	SR
Triple Jump	Brandon QUARLES	SR
200m Dash	Josh SCOTT	JR
400m Dash	Josh SCOTT	JR
4x400m Relay	Josh SCOTT	JR
800m Run	George SMITH	JR

Saint Paul's

High Jump	Maurice HALL	JR
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Seton Hill

800m Run	Josh WILKS	JR
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Shippensburg

Heptathlon	Don GRAYBILL	SR
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Southern Connecticut

Triple Jump	Diwani AUGUSTINE	SR
800m Run	Selasi LUMAX	SO
Pole Vault	Ryan WHITEHEAD	SR

Stonehill

High Jump	Corey THOMAS	FR
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Texas A&M-Kingsville

Triple Jump	CJ GRIGGS	FR
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Tiffin

4x400m Relay	Dominic COLVIN	FR
4x400m Relay	Deven KENNE	JR
Heptathlon	Dan SNYDER	SR
200m Dash	Anthony THOMAS	SR
4x400m Relay	Anthony THOMAS	SR
400m Dash	Justin WARE	JR
4x400m Relay	Justin WARE	JR

UMass Lowell

4x400m Relay	Craig BENNETT	FR
4x400m Relay	Donte BROWN	JR
Distance Medley Relay	Tim GUERIN	SR
4x400m Relay	Robert LIEKWEG	JR
Mile Run	Angus MACDONALD	JR
Distance Medley Relay	Angus MACDONALD	JR
Distance Medley Relay	Daniel WANG	SO
200m Dash	Evan WHITE	FR
4x400m Relay	Jeffrey WUNDT	SO
Distance Medley Relay	Jeffrey WUNDT	SO

West Chester

Long Jump	Leighon JOHNSON	SR
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Western State

Distance Medley Relay	Loren AHONEN	JR
Distance Medley Relay	Andy CROOK	JR
Distance Medley Relay	Tyler RASUMUSSEN	JR
Distance Medley Relay	Jerrett SWARR	SR

Western Washington

Pole Vault	Ryan BROWN	JR
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Abilene Christian

Pole Vault	Jessica BLAIR	SR
60m Dash	Wanda HUTSON	SR
Pentathlon	Jessica WITHROW	SR

Adams State

Pentathlon	Amanda DOYLE	SR
Distance Medley Relay	Lindsay GRASMICK	
Mile Run	Cassie MITCHELL	SO
Distance Medley Relay	Cassie MITCHELL	
800m Run	Sofia MONROE	SR
Distance Medley Relay	Sofia MONROE	
Mile Run	Alicia NELSON	FR
Distance Medley Relay	Alicia NELSON	
200m Dash	Indira SPENCE	SO
60m Hurdles	Indira SPENCE	SO

Ashland

Shot Put	Kelly ASH	SO
Weight Throw	Kelly ASH	SO
Weight Throw	Tara COOPER	JR
High Jump	Abby KACSANDI	JR
Pentathlon	Lisa ROTH	JR
400m Dash	Steph TINNEY	JR

Augustana (S.D.)

Distance Medley Relay	Bobbi Jo BUYCK	
Distance Medley Relay	Linn NILSSON	
Distance Medley Relay	Caitlin POLGREEN	
800m Run	Cecilie UDSTUEN	FR
Distance Medley Relay	Cecilie UDSTUEN	

Bemidji State

400m Dash	Kristi BUERKLE	JR
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Cal State LA

4x400m Relay	Moriah JUBREY	JR
4x400m Relay	Brittany MANUEL	JR
4x400m Relay	Jennifer SHOATE	JR
4x400m Relay	Shianne SMITH	SR

Cal State Stanislaus

Pole Vault	Annie BURLINGHAM	SR
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Central Missouri

60m Hurdles	Lindsay LETTOW	SO
Pentathlon	Lindsay LETTOW	SO
Shot Put	Kayla MUYSKENS	JR

Colorado Mines

60m Dash	Kiera BENSON	JR
Distance Medley Relay	Hilary HURST	
5000m Run	Marie PATTON	SO
Distance Medley Relay	Marie PATTON	
Distance Medley Relay	Kristen RINEDOLLAR	
Distance Medley Relay	Briana SUPPES	

East Stroudsburg

High Jump	Lynn MAYER	JR
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Emporia State

Long Jump	Brooke KENT	SR
Triple Jump	Brooke KENT	SR
High Jump	Jennifer ROBINSON	SR

Findlay

800m Run	Stephanie CHARNIGO	SR
60m Hurdles	Raven CLAY	SO

Fort Hays State

Long Jump	Darcie SCHMITZ	JR
Triple Jump	Darcie SCHMITZ	JR

Grand Valley State

800m Run	Lauren BERGSTROM	SR
Distance Medley Relay	Lauren BERGSTROM	
Shot Put	Lauren BURESH	SO
800m Run	Chanelle CALDWELL	SO
4x400m Relay	Chanelle CALDWELL	SO
High Jump	Maegan DOYEN	SR
4x400m Relay	Danielle FONSECA	SR
Mile Run	Monica KINNEY	SO
Distance Medley Relay	Monica KINNEY	
Pole Vault	Jocelyn KUKSA	SO
Distance Medley Relay	Karie MCDONALD	
Weight Throw	Liz MURPHY	FR
4x400m Relay	Kayla VALLAR	JR
Distance Medley Relay	Kayla VALLAR	
60m Hurdles	Candice WHEAT	SR
4x400m Relay	Candice WHEAT	SR

Hillsdale

4x400m Relay	Erin BENJAMIN	FR
4x400m Relay	Kayla CALDWELL	FR
Pole Vault	Kayla CALDWELL	FR
Weight Throw	Kathy DIRKSEN	SO
4x400m Relay	Marta SCHEIWE	JR
4x400m Relay	Jazmin WILLIAMS	SR



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Indiana (Pa.)

Long Jump	Laurie AJAVON	FR
Long Jump	Brianna LIEBOLD	JR

Johnson C. Smith

4x400m Relay	Nikki BOSTON	JR
60m Hurdles	Rosemarie CARTY	SO
4x400m Relay	Rosemarie CARTY	SO
4x400m Relay	Xahnn-Georgia REID	FR
200m Dash	Shermaine WILLIAMS	JR
60m Hurdles	Shermaine WILLIAMS	JR
4x400m Relay	Shermaine WILLIAMS	JR

Lewis

Long Jump	Ashley BUTLER	SR
High Jump	Samantha LINCK	JR

Lincoln (Mo.)

Long Jump	Racquel ANDERSON	SR
200m Dash	Nyoka COLE	SO
400m Dash	Nyoka COLE	SO
4x400m Relay	Nyoka COLE	SO
400m Dash	Michelle CUMBERBATCH	FR
4x400m Relay	Michelle CUMBERBATCH	FR
60m Dash	Semoy HACKETT	SO
200m Dash	Semoy HACKETT	SO
400m Dash	Yanique HAYE	FR
4x400m Relay	Yanique HAYE	FR
4x400m Relay	Keniesha JONES	JR
60m Dash	Janika MARTELL	SR
200m Dash	Janika MARTELL	SR

Mansfield

5000m Run	Brenae EDWARDS	JR
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Mesa State

Mile Run	Alexis SKARDA	SO
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Minn.-Duluth

5000m Run	Morgan PLACE	SO
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Minnesota State

60m Dash	Brittany HENDERSON	SR
Pole Vault	Lauren STELTEN	JR

Missouri Southern

Distance Medley Relay	Ashley BUNCH	
Shot Put	Nicole GREEN	SO
Pole Vault	Ciara LIPSEY	SR
Triple Jump	Channell LLOYD	SR
Weight Throw	Emilie MIESELER	SR
Distance Medley Relay	Cyarra PRINCE	
Distance Medley Relay	Carita RIUTTA	
5000m Run	Kimi SHANK	SR
Distance Medley Relay	Courtney WALTBILLIG	

MSU Moorhead

Mile Run	Anna VANWECHEL	JR
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Neb.-Omaha

Triple Jump	Nkeiruka DOMIKE	JR
4x400m Relay	Kaya KOEPKE	JR
400m Dash	Kayla KOEPKE	JR
60m Dash	Maja MIHALINEC	SO
4x400m Relay	Maja MIHALINEC	SO
Shot Put	Heather MINSEN	JR
60m Hurdles	Shannon MOORE	SR
4x400m Relay	Shannon MOORE	SR
Pentathlon	Shannon MOORE	SR
800m Run	Anja PUC	JR
4x400m Relay	Anja PUC	JR

New Haven

200m Dash	Shannon GAGNE	JR
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New Mexico Highlands

Triple Jump	Angella GRAHAM	JR
Pentathlon	Angella GRAHAM	JR

Northern State

Weight Throw	Amanda MADDEN	SR
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Northwest Missouri

Pentathlon	Emily CHURCHMAN	SR
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Northwood (Mich.)

Weight Throw	Kristin CAMERON	SO
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Pittsburg State

High Jump	Gretchen CLARK	JR
60m Dash	Rosalyn NELSON	JR
Shot Put	Heidi SMITH	SO

Queens (N.C.)

5000m Run	Meagan NEDLO	SR
5000m Run	Tanya ZEGERJAHN	SR



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Saint Augustine's

Triple Jump	Kirsten FIELDS	JR
4x400m Relay	Sheena JOHNS	JR
4x400m Relay	Kyra MOBLEY	SR
60m Dash	Barbara PIERRE	SR
200m Dash	Barbara PIERRE	SR
4x400m Relay	Barbara PIERRE	SR
200m Dash	Angelique SMITH	SO
400m Dash	Angelique SMITH	SO
4x400m Relay	Angelique SMITH	SO

Saint Joseph's (Ind.)

High Jump	Melissa BUCHE	JR
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Seattle Pacific

Distance Medley Relay	Lisa ANDERBERG	
Mile Run	Jane LARSON	SR
Distance Medley Relay	Jane LARSON	
Distance Medley Relay	Jenifer PIKE	
Mile Run	Jessica PIXLER	SR
Distance Medley Relay	Jessica PIXLER	

Shippensburg

Distance Medley Relay	Mary DELL	
Distance Medley Relay	Shannon HARE	
Distance Medley Relay	Abigail HUBER	
5000m Run	Neely SPENCE	SO
Distance Medley Relay	Neely SPENCE	

Slippery Rock

Pole Vault	Jennifer HANSEN	SR
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Southern Connecticut

800m Run	Danielle MOORE	SR
60m Hurdles	Letecia TAYLOR	SR

Southern Indiana

Mile Run	Mary BALLINGER	SR
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St. Cloud State

High Jump	Danielle LUHMANN	SO
Long Jump	Heather MILLER	SR
Triple Jump	Heather MILLER	SR
Pentathlon	Heather MILLER	SR

Truman State

Pole Vault	Katrina BIERMANN	SR
Triple Jump	Katrina BIERMANN	SR

U. of Mary

Long Jump	Melissa WALKER	FR
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UMass Lowell

Shot Put	Jacqui BARRETT	SR
800m Run	Haley CATARIUS	SR

Western Washington

4x400m Relay	Sarah BROWNELL	JR
4x400m Relay	Michelle HOWE	JR
Distance Medley Relay	Rachael JOHNSON	
4x400m Relay	Megan O'CONNELL	JR
Distance Medley Relay	Megan O'CONNELL	
Distance Medley Relay	Courtney OLSEN	
5000m Run	Sarah PORTER	JR
Distance Medley Relay	Sarah PORTER	
4x400m Relay	Ellie SILER	SO

Winona State

400m Dash	Kelly SHAW	FR
Weight Throw	Rebecca STIER	JR
Shot Put	Mary THEISEN	FR