



# USTFCCCA All-Americans, NCAA Division III 2010 Indoor Track & Field

## MEN

### 55m Dash

Gavan BASS	SO	McMurry
Durell CULL	JR	SUNY Oneonta
Davivorn DOWE	SO	Dubuque
Matt GORDY	JR	UW La Crosse
Steve HEADLEY	SR	Springfield
Zach LEE		UW La Crosse
Cailean ROBINSON	SO	Wheaton (Mass.)
Delannie SPRIGGS	SR	Salisbury

### 400m Dash

Dan BENTON	JR	North Central (Ill.)
Gino BISCEGLIA	JR	SUNY Cortland
Kevin CUNNINGHAM	SO	McMurry
Daniel DUNKELBERGER	SO	Gwynedd-Mercy
Alex EATON	SR	Thiel
Merzudin IBRIC	SR	Wheaton (Mass.)
Dann SCHNEIDER	SO	St. Norbert
Ben ZILL	SR	UW Oshkosh

### 800m Run

Jacob AUSTIN	SR	North Central (Ill.)
Max HANSON	SR	Gustavus Adolphus
Mike HUTTON	SO	St. Thomas (Minn.)
Aron KEHOE	JR	UW Whitewater
David LITSHEIM	JR	UW Stevens Point
Kevin MCCARTHY	SO	Wabash
Jake WATERMAN	FR	Wabash
Nick ZEIEN		UW River Falls

### Mile Run

Tony DIPRE	SR	Allegheny
Nick GUARINO	JR	SUNY Fredonia
Patrick KLEIN	JR	UW Platteville
Ivo MILIC-STRKALJ	FR	Haverford
Makorobondo SALUKOMBO	SO	Denison
Paul THISTLE	SR	Susquehanna
Matt TURLIP	JR	NYU
Will YOCHUM	JR	Amherst

### 5000m Run

Lee BERUBE	SO	SUNY Geneseo
Kyle BRADY	SR	North Central (Ill.)
Jesse FALLER	SR	Tufts
Mike HEYMANN	JR	Plattsburgh State
Nick KARWOSKI	SR	Dickinson
Daniel MURNER	SR	Amherst
Dan RAMSEY	JR	St. Lawrence
Philip RICHERT	SR	UW Stevens Point

### 55m Hurdles

Emmanuel AOUAD	SR	Wabash
Will BROWN	JR	Montclair State
Dan DAVIS	SO	Washington (Mo.)
Michael DELLEMAN	SR	UW Stevens Point
Taylor FERDA		Bethel (Minn.)
Kyle GILROY	JR	TCNJ
Russell HARRIS	SR	Wartburg
Edgar TOWNSEND	SR	Greenville

### 4x400m Relay

Dan BENTON	North Central (Ill.)
Jon CARON	North Central (Ill.)
John CEJKA	UW Oshkosh
Nick DAX	UW Stevens Point
Alex DEWITT	UW Oshkosh
Taylor FERDA	Bethel (Minn.)
Dayton HENRIKSEN	North Central (Ill.)
Aric HOESCHEN	UW La Crosse
Jon HOWARD	North Central (Ill.)
Merzudin IBRIC	Wheaton (Mass.)
Adam LANG	UW Stevens Point
Indy LIJEVALL	UW River Falls
Chris LIPKE	UW Oshkosh
David LITSHEIM	UW Stevens Point
Brant LUEHMANN	Hamline
Andy MARNACH	Hamline
Ben MIKLOVICH	Wheaton (Mass.)
Tyson MOLITOR	Hamline
Brent NELSON	Hamline
Joel QUICK	Bethel (Minn.)
Eric RHODE	Bethel (Minn.)
Cailean ROBINSON	Wheaton (Mass.)
Dan RODEWALD	UW River Falls
Alex ROOKER	UW La Crosse
Zach SCHLEGEL	Bethel (Minn.)
Paul SCHREINER	UW River Falls
Josh SCHWINN	UW Stevens Point
Terrence THIGPEN	UW La Crosse
Mark WILLIAMSON	Wheaton (Mass.)
Paul YERHOT	UW La Crosse
Nick ZEIEN	UW River Falls
Ben ZILL	UW Oshkosh



## MEN

## Distance Medley Relay

Chass ARMSTRONG	Trinity (Texas)
Lee BERUBE	SUNY Geneseo
Jabulani BLYDEN	Williams
Zach BRUSH	Trinity (Texas)
Brian COLE	Williams
Steve CORSELLO	Amherst
Nick DAX	UW Stevens Point
Brent DENURE	UW Oshkosh
Wes FISCHER	UW Eau Claire
Adam FLYTE	UW Eau Claire
Pat GALLAGHER	SUNY Geneseo
Connor KAMM	Williams
Brent KANN	UW Eau Claire
Edgar KOSGEY	Williams
McCauley KRAKER	UW La Crosse
Adam LANG	UW Stevens Point
Patrick MACKIN	UW Eau Claire
Ryan MENDEZ	UW La Crosse
Tommy MOORE	Amherst
Ruyan O'CONNOR	SUNY Geneseo
Brennen PETERS	Trinity (Texas)
Henry POTTER	SUNY Geneseo
Philip RICHERT	UW Stevens Point
Ben SCHEETZ	Amherst
Bruce SCHMITZ	UW La Crosse
Brian SHONAT	UW La Crosse
Alex STEINER	UW Stevens Point
Nate STYMIEST	UW Oshkosh
Jimmy SWANSON	Amherst
Ben WIZNER	UW Oshkosh
Bryant WRIGHT	Trinity (Texas)
Ben ZILL	UW Oshkosh

## High Jump

Dillon BINKLEY	Illinois College
Luke BUCHHOLZ	SO UW Whitewater
Tyler HANNAM	Monmouth (Ill.)
John KIMMEL	SR Manchester
Anthony STANTON	FR Southern Maine
Cody STELZER	SR Whitworth
Dave STRAUDER	UW La Crosse
Justin TURNER	FR Gwynedd-Mercy

## Pole Vault

Cory ALTENBERG	SR	McMurry
Mike DEMPSEY	JR	RIT
Thomas DIMITRI	SR	McMurry
Peter GERAGHTY	FR	North Central (Ill.)
Justin METZGER	JR	RPI
Dave PERGANDE		UW La Crosse
Thomas STACEY	FR	North Central (Ill.)
Greg TAO	SR	MIT
Jake WINDER	SR	North Central (Ill.)
John WOOD	SO	North Central (Ill.)

## Long Jump

Gavan BASS		McMurry
Buzzy BROWN		Carthage
Kevin COYLE	SO	Springfield
Julius HIGGINBOTHAM	SR	Heidelberg
D.J. JACKSON		Illinois College
Wenley LOUIS	JR	SUNY Geneseo
Kellen MCCRARY		UW La Crosse
Justin SIMMONS		Concordia Wisconsin

## Triple Jump

Eyo EKPO		St. Thomas (Minn.)
Chrys JONES		Centre
Tomas KEARNEY	SO	Williams
Stephen MORTON	SR	MIT
Alex SAMMA	SR	Connecticut College
James SIMMS	SR	UW Oshkosh
Issac VAZQUEZ	FR	UW La Crosse
Pat ZEUNIK		Augustana (Ill.)

## Shot Put

Eugene ASIMOU	SR	Montclair State
Brandon FUGETT	SR	Salisbury
Matt GRABER	JR	Central (Iowa)
Derall KING	JR	Hamline
Jeff KINTNER	SR	Whitworth
Greg PATRICK	SR	Baldwin-Wallace
John SCHANTZEN	SR	St. Olaf
Kyle SCOFIELD	SR	UW Stevens Point

## Weight Throw

Tony BAKER	JR	UW Oshkosh
Josh BRENNAN	JR	Carthage
Andrew BRUEGGEN	JR	Saint Mary's (Minn.)
Eric JONES	SR	St. Lawrence
Derall KING	JR	Hamline
Bryan KOLACZ	JR	Keene State
Sean LARSON		UW Stout
Kevin PHIPPS		Baldwin-Wallace



## MEN

### Pentathlon

<b>Matt BORCHARDT</b>		North Central (Ill.)
<b>Jared ENGELKING</b>	SR	Tufts
<b>Josh LOVELL</b>		Linfield
<b>Ethan MILLER</b>	SO	Central (Iowa)
<b>Obinna NWANNA</b>		Case Western Reserve
<b>Brock SOLVESON</b>		Concordia Wisconsin
<b>Todd WILDMAN</b>	SR	Trinity (Texas)
<b>James WOHRLEY</b>	SR	Cornell College



# USTFCCCA All-Americans, NCAA Division III 2010 Indoor Track & Field

## WOMEN

### 55m Dash

Judith BATAILLE		Heidelberg
Faith BURT	SO	Wartburg
Kailey CHARLTON		UW La Crosse
Camille DAVIS	JR	UW Oshkosh
Latoya EDWARDS	SR	Buffalo State
Erica JOHNSON	SO	Buffalo State
Callen MARTIN		Wilmington (Ohio)

### 400m Dash

Natasha ARNOLD		UW River Falls
Rachel BOERNER	JR	Calvin
Keelie FINNEL		Coe
Lindsay GRUENKE	SO	Carroll (Wis.)
Hillary HIGGS	SO	Williams
Portia JONES	SO	MIT
Alicia MCCOY	SR	Illinois Wesleyan
Robin YERKES	SR	Roanoke

### 800m Run

Lauren BRUNETTO	SO	SUNY Oneonta
Allison CHAMBERLAIN	JR	Keene State
Mackenzie CLEMENS	SR	Illinois Wesleyan
Lauren REICH	SR	DePauw
Emily SCHUDROWITZ	SO	St. Norbert
Jianna SPADACCINI	SR	TCNJ
Ann TANK	SO	UW Platteville
Hannah WEISS	SR	Loras

### Mile Run

Randelle BOOTS	FR	Wellesley
Marie BORNER		Bethel (Minn.)
Mary Bridget CORKEN	SR	Loras
Maeve EVANS	SO	NYU
Emma LINHARD	JR	Colby
Lauren REICH	SR	DePauw
Claire ROBERTS	SO	UW Stevens Point
Melissa SULLIVAN	SO	Amherst

### 5000m Run

Kerry AROUCA	SR	Westfield State
Simone CHILDS-WALKER	SO	Carleton
Liz LAWTON	JR	Chicago
Caitlin MASSE	JR	Trinity (Texas)
Megan O'GRADY		Carroll (Wis.)
Wendy PAVLUS	JR	St. Lawrence
Jenny SCHERER	SR	St. Norbert
Michelle WALLACE	SR	TCNJ

### 55m Hurdles

Kristen BATES		Messiah
Lauren BUCKLIN	SR	Simpson
Brittany DONINO	JR	Emory
Elise JOHNSON	SR	Williams
Barb KREMER	SR	Loras
Amanda LAROCCA	SR	Illinois Wesleyan
Priscilla SENYAH	SR	TCNJ
Brittany THOMAS	JR	Wartburg

### 4x400m Relay

Lauren ALPERT		Illinois Wesleyan
Natasha ARNOLD		UW River Falls
Laurel BECK		UW La Crosse
Shea BIERMAN		UW Platteville
Hazel BRINER		MIT
Faith BURT		Wartburg
Elizabeth CAINE		UW Stevens Point
Jessica CHRISTY		Illinois Wesleyan
Chelsea CZARNECKI		UW Stevens Point
Rebecca FINE		Williams
Kathleen FOLBRECHT		UW Stevens Point
Martha GROSS		MIT
Hillary HIGGS		Williams
Chelsey JACOBS		Wartburg
Elise JOHNSON		Williams
Portia JONES		MIT
Kelsey KATAROW		UW La Crosse
Jenny KORDICK		Wartburg
Kristin KUBER		UW Stevens Point
Ali MCCOY		Illinois Wesleyan
Kali MEURER		UW River Falls
Nora MITCHELL		Williams
Nevada MORRISON		Wartburg
Samantha NYRE		UW River Falls
Carshella PORTER		UW Platteville
Alyssa RASUMUSSEN		UW River Falls
Lauren ROCK		Illinois Wesleyan
Rebecca SCHEUERMANN		UW La Crosse
Cassie SCHNEIDER		UW Platteville
Lauren SEIDL		UW La Crosse
Jamie SIMMONS		MIT
Ann TANK		UW Platteville



## WOMEN

## Distance Medley Relay

Nikki AROLA	St. Thomas (Minn.)
Taylor BERG	St. Thomas (Minn.)
Nicole CALABRESE	Wartburg
Jessica CHRISTY	Illinois Wesleyan
Tara CLEMENS	Illinois Wesleyan
Margo CRAMER	Middlebury
Lizzy DANHAKL	Williams
Anjuli DEMERS	Middlebury
Kerry DEVITT	Illinois Wesleyan
Brielle DOREMUS	TCNJ
Rebecca FANNING	Middlebury
Ashley HEILINGOETTER	Illinois Wesleyan
Hannah HUMBACH	UW Eau Claire
Chelsey JACOBS	Wartburg
Olga KONDRATJEVA	Williams
Amanda KUIKEN	Wartburg
Jennifer KUIKEN	Wartburg
Nora MITCHELL	Williams
Katie NESTOR	TCNJ
Emily OWEN	Brandeis
Maria PELOQUIN	UW Eau Claire
Beth PISARIK	Brandeis
Kelly RUSS	St. Thomas (Minn.)
Kaitlynn SALDANHA	Middlebury
Grayce SELIG	Brandeis
Anifreed SINJOUR	Brandeis
Erin SPRANGERS	St. Thomas (Minn.)
Hayley SUCKOW	UW Eau Claire
Alyssa SYBILRUD	UW Eau Claire
Michelle WALLACE	TCNJ
Ariel WILLIAMS	Williams
Meryl WIMBERLY	TCNJ

## High Jump

Kinsey BAK	SO	Simpson
La'Shonda CARTER	SO	New Jersey City
Shelby DEMOS	FR	UW Whitewater
Emma DEWART	SO	Ithaca
Elizabeth EVANS	FR	Rose-Hulman
Krystal JACKSON	SR	Coe
Kaelene LUNDSTRUM	SR	Gustavus Adolphus
Lisa SHEPHERD	SR	Richard Stockton

## Pole Vault

Alexandra FAUST	SR	Muhlenberg
Karin FISHER	JR	MIT
Rebecca GRAFENAUER		Carroll (Wis.)
Anna HEIM	SR	Moravian
Abby SCHAFFER	SO	Widener
Rachel SECREST	SR	North Central (Ill.)
Catherine STREET	SO	Linfield
Hayley SUCKOW	SR	UW Eau Claire

## Long Jump

Jenny ARONSON		UW River Falls
Nikki HAY	SR	Springfield
Anne KERSENBROCK	SR	Nebraska Wesleyan
Micah LEONARD	FR	Moravian
Aubrey LOY		Mount Union
Ashton MAY		UW La Crosse
Skye MORRISON	SO	Wartburg
Symonne SCOTT	SR	Moravian

## Triple Jump

Lauren ATTIAH	SO	Emory
Nikki HAY	SR	Springfield
Tanasia HOFFLER	FR	Williams
Nakeisha JONES	SO	Tufts
Ashton MAY		UW La Crosse
Skye MORRISON	SO	Wartburg
Sara POPPE	JR	UW Whitewater
Jessica WALKER	SO	Buffalo State

## Shot Put

Morgan DARROW	JR	Buena Vista
Vantiel Elizabeth DUNCAN	SR	Bates
Jecel GERNER	FR	UW Oshkosh
Nicole MURPHY	SR	Chicago
Holly OZANICH	JR	UW Oshkosh
Alyssa PIRINELLI	SR	St. Lawrence
Sarah REASONER		Calvin
Ellie SITEK	SR	UW Oshkosh

## Weight Throw

Kristin CONSTANTINE	JR	Chicago
Vantiel Elizabeth DUNCAN	SR	Bates
Ahvia GREENE	JR	Carthage
Holly OZANICH	JR	UW Oshkosh
Alyssa PIRINELLI	SR	St. Lawrence
Claire RAY	SR	Chicago
Ellie SITEK	SR	UW Oshkosh
Sue TRZEBIATOWSKI	SR	UW Oshkosh

## Pentathlon

Kristen BATES	SR	Messiah
Hazel BRINER	JR	MIT
Emma DEWART	SO	Ithaca
Courtney HARTMAN		Bridgewater (Va.)
Leah KAY	SR	Concordia Moorhead
Kaelene LUNDSTRUM		Gustavus Adolphus
Candace NORVILLE		Illinois College
Jill ZISKOVSKY	JR	Central (Iowa)