

# U.S. Track & Field and Cross Country Coaches Association

## 1984 All Americans Division III Outdoor Track & Field

Event	Gender	Last Name	First Name	School
<b>100m</b>				
	<b>Men</b>			
		Baker	Stanford	Olivet College
		Greven	John	State University College at Fredonia
		Hardy	Malcolm	Occidental College
		Lampley	Deverick	Millikin University
		Rippy	Derrick	Mount Union College
		Taylor	Neil	University of Wisconsin, Oshkosh
	<b>Women</b>			
		Armstead	Tracey	State University College at Cortland
		Boxley	Karen	Fisk University
		Cisar	Nancy	Central College (Iowa)
		Edwards	Margo	University of Redlands
		Jones	Michele	Rochester Institute of Technology
		Mazurik	Michelle	University of Rochester
<b>200m</b>				
	<b>Men</b>			
		Brooks	Tyrone	Bishop College
		Fearon	Barry	Lincoln University (Pennsylvania)
		Lampley	Deverick	Millikin University
		Rippy	Derrick	Mount Union College
		Ruffin	Alonzo	Southern University at New Orleans
		Taylor	Neil	University of Wisconsin, Oshkosh
	<b>Women</b>			
		Armstead	Tracey	State University College at Cortland
		Boggs	Sharon	Fitchburg State College
		Cisar	Nancy	Central College (Iowa)
		Edwards	Margo	University of Redlands
		Murphy	Sandra	The College of New Jersey
		Perkins	Maudrey May	Southern University at New Orleans
<b>400m</b>				
	<b>Men</b>			
		Dixon	Kirk	St. Lawrence University
		Fearon	Barry	Lincoln University (Pennsylvania)
		Galatas	Derek	Southern University at New Orleans
		Ruffin	Alonzo	Southern University at New Orleans

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Event	Gender	Last Name	First Name	School
800m	Women	Swanberg	David	Concordia College, Moorhead
		Thompson	Fred	State University College at Fredonia
		Cisar	Nancy	Central College (Iowa)
		Donovan	Deidre	Fitchburg State College
		Forrest	Katherine	Wesleyan University (Connecticut)
		Pemberton	Judy	Eastern Connecticut State University
		Proctor	Vicki	Frostburg State University
		Robinson	Sonita	Messiah College
	Men	Hadrick	George	Lincoln University (Pennsylvania)
		Jones	Gary	Maryville University of Saint Louis
		Lobins	Ken	University of Wisconsin, Milwaukee
		Maloney	Thomas	Baldwin-Wallace College
		Pederson	Kirk	Simpson College
		Tremmel	Eric	Mount Union College
1500m	Women	Brooks	Kathleen	University of Redlands
		Dannehl	Diane	University of Wisconsin, La Crosse
		Evans	Eloise	Salve Regina University
		Ireland	Kathleen	University of Wisconsin, La Crosse
		Lindh	Cindy	Bridgewater College (Virginia)
		Stewart	Cresey	Occidental College
	Men	Beeman	Mark	Brandeis University
		Elster	David	St. Lawrence University
		Harn	Max	University of Wisconsin, Oshkosh
		LeMay	Scott	Rensselaer Polytechnic Institute
		Volkert	Eric	Augustana College (Illinois)
		Wachter	Jeff	University of Wisconsin, Stout
	Women	Borza	Karen	Wesleyan University (Connecticut)
		Center	Rebecca	Bowdoin College
		Ludlow	Doreen	University of Wisconsin, La Crosse
		Riemer	Lori	University of Wisconsin, La Crosse

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Event	Gender	Last Name	First Name	School
3000m	Women	Weeder	Diane	University of Massachusetts, Dartmouth
		Willis	Alice	Binghamton University
		Curran	Caroline	Middlebury College
		Karamitsos	Carol	Occidental College
		Kirtland	Julia	Macalester College
		Pederson	Julie	University of Wisconsin, La Crosse
		Rogers	Cynthia	Occidental College
	Men	Weeder	Diane	University of Massachusetts, Dartmouth
		Deckert	Ronald	Rowan University
		Gathje	John	Saint John's University (Minnesota)
		Hadley	Larry	U.S. Merchant Marine Academy
		Kavanagh	Jim	Benedictine University (Illinois)
		Moxley	Todd	Wheaton College (Illinois)
		Sabag	Shemi	Augustana College (Illinois)
5000m	Women	Block	Ellyn	State University College at Cortland
		Carnes	Cathy	University of Massachusetts, Dartmouth
		Kirtland	Julia	Macalester College
		Kneale	Elizabeth	Ithaca College
		Nagle	Cindy	Claremont McKenna-Harvey Mudd-Scripps Colleges
		Neubauer	Tori	University of Wisconsin, La Crosse
	Men	Dunphey	Bob	North Central College
		Fossas	Misael	Brandeis University
		Francis	David	Pomona-Pitzer Colleges
		Krauss	Ray	North Central College
		Manciu	Nick	University of St. Thomas (Minnesota)
		Sabag	Shemi	Augustana College (Illinois)
	Women	Block	Ellyn	State University College at Cortland
		Cassidy	Karen	Hartwick College
		Iverson	Deb	University of Wisconsin, La Crosse
		Kneale	Elizabeth	Ithaca College

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Event	Gender	Last Name	First Name	School
		Nagle	Cindy	Claremont McKenna-Harvey Mudd-Scripps Colleges
		Neubauer	Tori	University of Wisconsin, La Crosse
<b>110m Hurdles</b>				
<b>Men</b>				
		Abdullah	Rober	Rowan University
		Ballard	Rick	Buffalo State College
		Etherton	Scott	Nebraska Wesleyan University
		Lewis	Dave	Occidental College
		Norward	Keith	State University College at Fredonia
		Youngblood	Van	Lincoln University (Pennsylvania)
<b>100m Hurdles</b>				
<b>Women</b>				
		Brown	Gail	Frostburg State University
		Edwards	Margo	University of Redlands
		Holmes	Celena	Mount Union College
		Sears	Lori	Central College (Iowa)
		Thompson	Valerie	Alfred University
		Wells	Deborah	Fitchburg State College
<b>400m Hurdles</b>				
<b>Men</b>				
		Coakley	Mike	Lincoln University (Pennsylvania)
		Hilgedoet	Alan	University of Wisconsin, Stevens Point
		Lambing	Edward	Rowan University
		Maron	Jonathan	Grinnell College
		Muller	Michael	Hamline University
		Terwillinger	James	State University College at Cortland
	<b>Women</b>			
		Brissett	Ann	University of Massachusetts, Boston
		Brown	Gail	Frostburg State University
		Seaquist	Theresa	University of Wisconsin, Whitewater
		Sears	Lori	Central College (Iowa)
		Sobaski	Erin	University of St. Thomas (Minnesota)
		Sutera	Marisa	Ithaca College
<b>3000m Steeplechase</b>				
<b>Men</b>				
		Deckert	Donald	Rowan University
		Gathje	Jim	Saint John's University (Minnesota)
		Grenzer	Chris	Pomona-Pitzer Colleges

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Event	Gender	Last Name	First Name	School
4x100m Relay	Men	Hernandez	Lennie	Rowan University
		Pickering	Tom	Colby College
		Rimkis	Robert	Rowan University
				Augustana College (Illinois)
				Occidental College
				University of Wisconsin, Oshkosh
				University of Wisconsin, Oshkosh
				University of Wisconsin, Oshkosh
				Augustana College (Illinois)
				Occidental College
				Occidental College
				Occidental College
				University of Wisconsin, Oshkosh
				Augustana College (Illinois)
				Augustana College (Illinois)
4x100m Relay	Men	Dugresne	Tom	University of St. Thomas (Minnesota)
		Helland	Bob	University of St. Thomas (Minnesota)
		Hessel	Dave	Millikin University
		Johnson	Ken	Mount Union College
		Klinck	Jeff	Millikin University
		LaBarge	Rick	Mount Union College
		Lampley	Deverick	Millikin University
		Lovasik	Steve	University of St. Thomas (Minnesota)
		Minor	Richie	Millikin University
		Montague	Mark	University of St. Thomas (Minnesota)
		Rippy	Derrick	Mount Union College
		Wilks	Allen	Mount Union College
4x100m Relay	Women			University of Redlands
				University of Redlands
				University of Redlands
				University of Redlands
				Southern University at New Orleans
				Southern University at New Orleans
				Southern University at New Orleans

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Event	Gender	Last Name	First Name	School
				Southern University at New Orleans
		Armstead	Tracey	State University College at Cortland
		Brent	Margaret	The College of New Jersey
		Brown	Gail	Frostburg State University
		Duffield	Helene	The College of New Jersey
		Hamilton	Melissa	Carleton College
		Hawkinson	Lisa	Carleton College
		Hoult	Kathy	State University College at Cortland
		Humphrey	Sandy	The College of New Jersey
		Hunt	Jody	The College of New Jersey
		O'Brien	Peggy	State University College at Cortland
		Opuodor	Isemaye	Carleton College
		Pannell	Celia	State University College at Cortland
		Proctor	Vicki	Frostburg State University
		Shah	Jennifer	Carleton College
		Terrell	Angie	Frostburg State University
		Watson	Diane	Frostburg State University
4x400m Relay	Men			Lincoln University (Pennsylvania)
				Lincoln University (Pennsylvania)
				University of Wisconsin, Oshkosh
				Lincoln University (Pennsylvania)
				University of Wisconsin, Oshkosh
				University of Wisconsin, Oshkosh
				University of Wisconsin, Oshkosh
				Lincoln University (Pennsylvania)
		Abdullah	Rober	Rowan University
		Carter	Craig	Mount Union College
		Francis	Rick	State University College at Fredonia
		Geary	Kevin	Central College (Iowa)
		Healy	Robert	State University College at Fredonia
		Johnson	Glenn	Mount Union College
		LaBarge	Rick	Mount Union College
		Lambing	Edward	Rowan University
		Martin	Joe	Central College (Iowa)
		Moore	Ronald	Rowan University

## 1984 All Americans Division III Outdoor Track & Field

Event	Gender	Last Name	First Name	School
High Jump	Men	Quick	Jerry	Central College (Iowa)
		Ryan	Jim	State University College at Fredonia
		Schulte	Matt	Central College (Iowa)
		Stone	Anthony	Rowan University
		Thompson	Fred	State University College at Fredonia
		West	Tom	Mount Union College
	Women			Occidental College
				Southern University at New Orleans
				Southern University at New Orleans
				Southern University at New Orleans
				Occidental College
				Southern University at New Orleans
				Occidental College
				Occidental College
		Anderson	Tonya	The College of New Jersey
		Bonner	Eliza	Pomona-Pitzer Colleges
		Brandrup	Kendra	Pomona-Pitzer Colleges
		Brown	Gail	Frostburg State University
		Dee	Catherine	Pomona-Pitzer Colleges
		Gebhart	Cecelia	Messiah College
		Humphrey	Sandy	The College of New Jersey
		Hunt	Jody	The College of New Jersey
		Hutchins	Sonja	Messiah College
High Jump	Men	Proctor	Vicki	Frostburg State University
		Robinson	Sonita	Messiah College
		Rouse	Sybil	Pomona-Pitzer Colleges
		Searer	Lynn	Messiah College
		Terrell	Angie	Frostburg State University
		Watson	Diane	Frostburg State University
		Wenczel	Melissa	The College of New Jersey
		Bohlman	Dean	University of Wisconsin, Whitewater
		Brown	Michael	State University College at Cortland
		Mercer	Kevin	North Central College
High Jump	Men	Orr	Kym	State University College at Fredonia

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Event	Gender	Last Name	First Name	School
Pole Vault	Women	Sharpless	Peter	Rowan University
		Watson	Stan	Pomona-Pitzer Colleges
		Ellis	Lisa	Pomona-Pitzer Colleges
		Fincher	Sheryl	North Central College
		Lehman	Tracy	University of Wisconsin, La Crosse
		Neale	Vicki	University of Wisconsin, Stout
		Page	Glynis	Carthage College
		Reidi	Michelle	University of Wisconsin, Stevens Point
	Men	Boungie	Eric	Luther College
		Debos	Ken	Mount Union College
		Eike	Jim	University of Wisconsin, Whitewater
		Jurries	Donald	St. Olaf College
		Poullain	Eric	Tufts University
		Socha	James	Benedictine University (Illinois)
Long Jump	Men	Bradley	Adam	State University College at Brockport
		Keely	Eron	Nebraska Wesleyan University
		Mathis	Mark	Fitchburg State College
		Mueller	Vance	Occidental College
		Williams	James	Christopher Newport University
		Woodward	Paul	University of St. Thomas (Minnesota)
	Women	Burditt	Cheryl	Occidental College
		Coordes	Cynthia	Augustana College (Illinois)
		Huggett	Kim	University of Wisconsin, River Falls
		Lawson	Shawn	Occidental College
		Scott	Monica	Heidelberg College
		Sears	Lori	Central College (Iowa)
	Men	Alston	Doug	Pomona-Pitzer Colleges
		Meyer	Charles	Coe College
		Nash	Todd	St. Olaf College
		Newell	Brandon	Delaware Valley College



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Shot Put	Women	Toppins	Raymond	Frostburg State University
		Watson	Stan	Pomona-Pitzer Colleges
		Boggs	Sharon	Fitchburg State College
		Evans	Peggy	Juniata College
		Henry	Pauline	Cornell College
		Lawson	Shawn	Occidental College
		Travis	Terry	State University College at Brockport
		Willkom	Carlene	University of Wisconsin, Stevens Point
	Men	DeVilder	Jeff	Cornell College
		Foster	C.J.	Gustavus Adolphus College
		Knezovich	Dave	University of St. Thomas (Minnesota)
		McKeag	Dave	University of St. Thomas (Minnesota)
		Newberry	Tom	University of Wisconsin, La Crosse
		Steelman	Greg	Brandeis University
	Women	Andrews	Lauren	Brandeis University
		Lensmire	Cindy	University of Wisconsin, La Crosse
		McDuffy	Linda	Concordia College, Moorhead
		Oedsma	Donna	University of Wisconsin, La Crosse
		Soderling	Luann	Nebraska Wesleyan University
		Stanley	Claudia	Christopher Newport University
Discus	Men	Bennett	Bryan	University of St. Thomas (Minnesota)
		Knezovich	Dave	University of St. Thomas (Minnesota)
		Mielke	Mike	Richard Stockton College of New Jersey
		Newberry	Tom	University of Wisconsin, La Crosse
		Steelman	Greg	Brandeis University
		Sterrerr	Jon	Pomona-Pitzer Colleges
	Women	Dougherty	Linda	University of Redlands
		Geisert	Sharyl	Concordia College, Moorhead
		Hunter	Cheryl	Stony Brook University
		Johnson	Brenda	University of Wisconsin, River Falls

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Hammer	Men	Lensmire	Cindy	University of Wisconsin, La Crosse
		Soderling	Luann	Nebraska Wesleyan University
		Mercurio	Marc	University at Albany
		Mitchell	Kurt	Pomona-Pitzer Colleges
		Morganthaler	Victor	Hamilton College
		Poskaitis	Brian	U.S. Coast Guard Academy
		Rich	Daniel	Rensselaer Polytechnic Institute
		Sifferlen	Peter	Worcester Polytechnic Institute
Javelin	Men	Berglund	Howard	Concordia College, Moorhead
		Brown	Wayne	U.S. Coast Guard Academy
		Daluz	Amos	University of Massachusetts, Dartmouth
		Griffin	Mark	Montclair State University
		Perri	Gino	Juniata College
		Trapp	Christopher	Rose-Hulman Institute of Technology
	Women	Geisert	Sharyl	Concordia College, Moorhead
		McDuffy	Linda	Concordia College, Moorhead
		McIntyre	Brenda	Pomona-Pitzer Colleges
		McLeod	Carol	University of Massachusetts, Dartmouth
		Painter	Emma	Rowan University
		Smiley	Jodi	University of Wisconsin, La Crosse
Decathlon	Men	Arington	Keith	Emory and Henry College
		Bollin	Rick	Carleton College
		Healy	Robert	State University College at Fredonia
		Porter	Doug	Occidental College
		Rella	Joe	U.S. Merchant Marine Academy
		Smith	Jim	Otterbein College
Heptathlon	Women	Jacobs	Jan	University of Dubuque
		Lawson	Shawn	Occidental College
		Phelps	Liz	Ohio Wesleyan University

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		Reidi	Michelle	University of Wisconsin, Stevens Point
		Senn	Carol	Ithaca College
		Warren	Lisa	Salem State College