

U.S. Track & Field and Cross Country Coaches Association

1989 All Americans Division III Outdoor Track & Field

Event	Gender	Last Name	First Name	School
100m				
	Men			
		Burrell	Eric	University of Wisconsin, Eau Claire
		Canterberry	Bruce	Nebraska Wesleyan University
		Coleman	Lance	Albion College
		Cunningham	Ron	Occidental College
		Guarie	Boris	California State University, Stanislaus
		Harris	Barry	Loras College
		Liggs	Greg	York College (Pennsylvania)
		Messana	Mark	Claremont McKenna-Harvey Mudd-Scripps Colleges
	Women			
		Baker	Danielle	Methodist University
		Barnes	Betty	Frostburg State University
		Johnson	Ophelia	North Central College
		Kouremetis	Andrea	University of California, San Diego
		Ross	Carol	Augsburg College
		Shotwell	Denise	Dickinson College
		Trice	Sheila	Christopher Newport University
		Woodward	Alondra	Lincoln University (Pennsylvania)
200m				
	Men			
		Harris	Barry	Loras College
		Johantgen	Bret	State University College at Fredonia
		Long	Mark	Lincoln University (Pennsylvania)
		Messana	Mark	Claremont McKenna-Harvey Mudd-Scripps Colleges
		Moss	Ray	University of Wisconsin, Stout
		Reece	Gerry	Emory University
		Schwartz	John	University of St. Thomas (Minnesota)
		Sundquist	Jeff	Occidental College
	Women			
		Allen	Megan	North Central College
		Baker	Danielle	Methodist University
		Kouremetis	Andrea	University of California, San Diego
		Larsen	Kari	Lewis & Clark College
		Shotwell	Denise	Dickinson College
		Trice	Sheila	Christopher Newport University

1989 All Americans Division III Outdoor Track & Field

Event	Gender	Last Name	First Name	School
400m	Men	Walton	Patina	Christopher Newport University
		Woodward	Alondra	Lincoln University (Pennsylvania)
		Long	Mark	Lincoln University (Pennsylvania)
		Makatiani	Boniface	Massachusetts Institute of Technology
		McAleer	Mike	Catholic University
		Miller	Vernon	Lincoln University (Pennsylvania)
		Pankey	Mark	Knox College
		Ransome	Maurice	Rowan University
		Reece	Gerry	Emory University
	Women	Terrelonge	Clive	Lincoln University (Pennsylvania)
		Baker	Danielle	Methodist University
		Larsen	Kari	Lewis & Clark College
		Lueking	Sarah	St. Olaf College
		Mannes	May	University of Wisconsin, La Crosse
		Moulton	Donna	Allegheny College
		Phillips	Jenny	University of St. Thomas (Minnesota)
		Ross	Carol	Augsburg College
		Walton	Patina	Christopher Newport University
800m	Men	Baker	Dan	North Central College
		Casper	Dan	Carleton College
		Cullingford	Jeff	Moravian College
		Olson	Brad	University of Wisconsin, Oshkosh
		Ondande	John	Loras College
		Simpson	Christopher	Brandeis University
		Steenwyk	Rob	Calvin College
		Tregillis	Chris	Occidental College
	Women	Aman	Julie	Ithaca College
		Everson	Audrey	Simpson College
		Hudek	Amy	Simpson College
		Mathews	Kaye	Muskingum College
		Messerly	Elizabeth	Coe College

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Event	Gender	Last Name	First Name	School
1500m		Papay	Marianne	The College of New Jersey
		Parks	June	Brandeis University
		Swarts	Tracey	State University College at Cortland
	Men	Brown	Mike	University of St. Thomas (Minnesota)
		Casper	Dan	Carleton College
		Guerrero	Chad	University of St. Thomas (Minnesota)
		Piepergerdes	Mike	Massachusetts Institute of Technology
		Runquist	Kraig	Saint John's University (Minnesota)
		Scopp	Rich	North Central College
		Storms	John	Methodist University
		Terronez	David	Augustana College (Illinois)
	Women	Bieber	Rebecca	State University College at Cortland
		Dannhauer	Ann	Williams College
		Kane	Kathy	Plattsburgh State University of New York
		Loughlin	Diane	University of St. Thomas (Minnesota)
		Papay	Marianne	The College of New Jersey
		Trimble	Michele	Occidental College
		Wehrli	Gail	Trinity College (Connecticut)
		Wrenn	Tracy	Frostburg State University
3000m	Men	Berg	Carl	Claremont McKenna-Harvey Mudd-Scripps Colleges
		Bostwick	Rich	Rowan University
	Women	Loughlin	Diane	University of St. Thomas (Minnesota)
		Niederberger	Cheryl	University of Wisconsin, Oshkosh
		Papay	Marianne	The College of New Jersey
		Platt	Anne	Williams College
		Trimble	Michele	Occidental College
		Vandermar	Cathy	University of Wisconsin, Oshkosh
		Winans	Lisa	Baldwin-Wallace College
		Wright	Deb	Nebraska Wesleyan University
5000m	Men	Burt	Brett	University of Wisconsin, La Crosse

1989 All Americans Division III Outdoor Track & Field

Event	Gender	Last Name	First Name	School
10,000m		Collett	John	North Central College
		Evans	Tom	Amherst College
		Hogan	Emmet	Occidental College
		Lambert	Dave	University of Wisconsin, Oshkosh
		Lumkes	John	Calvin College
		McElligott	Seamus	Haverford College
		Supp	Dave	Carnegie Mellon University
	Women	Bonrouhi	Jannette	Ithaca College
		Crawley	Mary Beth	State University College at Cortland
		Gilles	Sara	University of Wisconsin, La Crosse
		Misch	Carolyn	University of Rochester
		Niederberger	Cheryl	University of Wisconsin, Oshkosh
		Prineas	Anna	Carleton College
		Sparks	Judy	State University College at Cortland
		Vollweiler	Jill	Colby College
110m Hurdles	Men	Collett	John	North Central College
		Krumholz	John	State University College at Cortland
		Moran	John	University of Rochester
		Peterman	Derrick	Washington University (Missouri)
		Steuernagel	Scott	University of Wisconsin, Oshkosh
		Woodward	Keith	Lewis & Clark College
	Women	Bonrouhi	Jannette	Ithaca College
		Cairns	Hilary	Williams College
		Freedy	Marilyn	Bowdoin College
		Gilles	Sara	University of Wisconsin, La Crosse
		Prineas	Anna	Carleton College
		Selleck	Mary	State University College at Cortland
		Sparks	Judy	State University College at Cortland
		Vollweiler	Jill	Colby College
	Men	Andrews	Chris	Oberlin College
		Caldwell	Eric	Muskingum College

1989 All Americans Division III Outdoor Track & Field

Event	Gender	Last Name	First Name	School
		Colter	Victor	Lincoln University (Pennsylvania)
		Cubbison	Trent	Muskingum College
		Godbout	Mike	Simpson College
		Massillon	Jean	Stony Brook University
		Newsome	Scott	Albion College
		Whitsett	Mark	Lincoln University (Pennsylvania)
100m Hurdles				
Women				
		Deeg	Deb	University of Wisconsin, Oshkosh
		James	Jackie	University of Massachusetts, Boston
		Johnson	Ophelia	North Central College
		McCormick	Euridee	Rowan University
		Oden	Kim	Nebraska Wesleyan University
		Trice	Sheila	Christopher Newport University
		Vadnais	Kelly	University of St. Thomas (Minnesota)
		Wiltzius	Melissa	St. Olaf College
400m Hurdles				
Men				
		Doucette	Dan	University of Wisconsin, Stout
		Field	Amod	Montclair State University
		Jones	Bob	Pomona-Pitzer Colleges
		Keane	Tim	Loras College
		Kenney	Charles	University of Redlands
		Lopes	Thad	Westfield State College
		McKenzie	Paul	Massachusetts Institute of Technology
		Wiederrecht	Dave	Messiah College
Women				
		Fink	Ann	University of Wisconsin, Oshkosh
		Macauley	Dawn	Williams College
		McNamara	Kelly	Ohio Wesleyan University
		Meyer	Janice	The College of New Jersey
		Mitchell	Glenda	Occidental College
		Rhodes	Rebecca	St. Olaf College
		Ross	Carol	Augsburg College
		Tinucci	Trish	University of St. Thomas (Minnesota)
3000m Steeplechase				
Men				

1989 All Americans Division III Outdoor Track & Field

Event	Gender	Last Name	First Name	School
4x100m Relay Men		Beatty	Michael	University of Wisconsin, Platteville
		Johnson	Mike	University of St. Thomas (Minnesota)
		Knoll	Karl	Case Western Reserve University
		Luck	Matt	Baldwin-Wallace College
		McNamara	Pat	Calvin College
		Shepardson	Darrin	University of Wisconsin, La Crosse
		Bartelson	Pete	North Central College
		Cado	Jan	North Central College
		Canterberry	Bruce	Nebraska Wesleyan University
		Cluck	Mark	Binghamton University
		Coleman	Chris	Binghamton University
		Dewar	Robert	California State University, Stanislaus
		Edney	Juan	Lincoln University (Pennsylvania)
		Erickson	Brent	California State University, Stanislaus
		Evans	Reginald	Lincoln University (Pennsylvania)
		Evans	Art	Binghamton University
		Gurarie	Boris	California State University, Stanislaus
		Johnson	Eric	University of St. Thomas (Minnesota)
		Kenny	Michael	Christopher Newport University
		LaCombe	Randy	University of St. Thomas (Minnesota)
Women		Malone	Phil	North Central College
		Milling	Ed	Christopher Newport University
		Myers	Kevin	Christopher Newport University
		Olsen	Chuck	Nebraska Wesleyan University
		Proctor	Stacey	Christopher Newport University
		Randolph	Andre	Lincoln University (Pennsylvania)
		Schwartz	John	University of St. Thomas (Minnesota)
		Sebert	Larry	California State University, Stanislaus
		Sims	Steve	Lincoln University (Pennsylvania)
		Smith	Jerry	Nebraska Wesleyan University
		Stohlmann	Darren	Nebraska Wesleyan University
		Stuerken	Eric	Binghamton University
		Trettel	Gary	University of St. Thomas (Minnesota)
		Welti	Shawn	North Central College

1989 All Americans Division III Outdoor Track & Field

Event	Gender	Last Name	First Name	School
4x400m Relay	Men			University of Wisconsin, Oshkosh
				University of St. Thomas (Minnesota)
				University of St. Thomas (Minnesota)
				University of St. Thomas (Minnesota)
				University of Wisconsin, Oshkosh
				University of Wisconsin, Oshkosh
				University of St. Thomas (Minnesota)
				University of Wisconsin, Oshkosh
		Allen	Megan	North Central College
		Apgar	Tamara	Moravian College
		Beckman	Kim	Buena Vista University
		Betz	Michelle	Moravian College
		Black	Jonda	Buena Vista University
		Breidel	Jeanne	University of Wisconsin, La Crosse
		Buckwalter	Barb	Buena Vista University
		Burley	Anita	Christopher Newport University
		Evers	Julie	Buena Vista University
		Green	Costella	North Central College
		Habacker	Eileen	Ithaca College
		Hoffmeier	Rita	Moravian College
		Johnson	Ophelia	North Central College
		Johnson	Dawn	North Central College
		Kastner	Chris	University of Wisconsin, La Crosse
		Martin	Jennifer	Christopher Newport University
		Nethaway	Cheryl	Ithaca College
		Pace	Shelley	Ithaca College
		Piazza	Christi	Moravian College
		Smith	April	Ithaca College
		Squier	Sandy	University of Wisconsin, La Crosse
		Stenseth	Val	University of Wisconsin, La Crosse
		Trice	Sheila	Christopher Newport University
		Walton	Tina	Christopher Newport University
				University of Wisconsin, Stevens Point
				University of Wisconsin, Stevens Point
				University of Wisconsin, Stevens Point

1989 All Americans Division III Outdoor Track & Field

Event	Gender	Last Name	First Name	School
				University of Wisconsin, Stevens Point
		Baker	Dan	North Central College
		Bradby	Kyle	Rowan University
		Chamberlain	Brad	University of Wisconsin, La Crosse
		Christensen	Dane	University of Wisconsin, La Crosse
		Cornwall	Doug	Massachusetts Institute of Technology
		Davis	Brian	Calvin College
		Dunzo	Mark	Massachusetts Institute of Technology
		Edney	Juan	Lincoln University (Pennsylvania)
		Elmore	Derek	Claremont McKenna-Harvey Mudd-Scripps Colleges
		Gnecco	Tony	Claremont McKenna-Harvey Mudd-Scripps Colleges
		Haan	Mark	Calvin College
		Jimenez	Eddie	Rowan University
		Long	Mark	Lincoln University (Pennsylvania)
		Makatiani	Boniface	Massachusetts Institute of Technology
		McCadd	Harold	North Central College
		McKenzie	Paul	Massachusetts Institute of Technology
		Messana	Mark	Claremont McKenna-Harvey Mudd-Scripps Colleges
		Miller	Vernon	Lincoln University (Pennsylvania)
		Plutz	Joe	North Central College
		Poshepny	Craig	University of Wisconsin, La Crosse
		Ransome	Maurice	Rowan University
		Richardson	Ralph	Rowan University
		Steebe	Cory	Calvin College
		Steenwyk	Rob	Calvin College
		Terrelonge	Clive	Lincoln University (Pennsylvania)
		Toomey	Chris	Claremont McKenna-Harvey Mudd-Scripps Colleges
		VanHootegem	Jim	North Central College
		Wacker	Mike	University of Wisconsin, La Crosse

Women

University of Wisconsin, Stevens Point
University of Wisconsin, Stevens Point
University of Wisconsin, Stevens Point
University of Wisconsin, Stevens Point
Occidental College
Occidental College
University of St. Thomas (Minnesota)

1989 All Americans Division III Outdoor Track & Field

Event	Gender	Last Name	First Name	School
High Jump	Men			University of St. Thomas (Minnesota)
				University of St. Thomas (Minnesota)
				University of St. Thomas (Minnesota)
				Occidental College
				Occidental College
		Allen	Megan	North Central College
		Ashbacker	Rhesa	Simpson College
		Bayles	Rhonda	North Central College
		Burley	Anita	Christopher Newport University
		Everson	Audrey	Simpson College
		Gremban	Shawn	University of Wisconsin, La Crosse
		Hudek	Amy	Simpson College
		Kegarise	Kelly	Messiah College
		Mannes	May	University of Wisconsin, La Crosse
		Martin	Jennifer	Christopher Newport University
		Owens	Sharron	University of Wisconsin, La Crosse
		Reed	Rhea	North Central College
		Severin	Tyson	Messiah College
		Simpson	Lisa	Simpson College
		Smith	Rachael	North Central College
		Trice	Sheila	Christopher Newport University
		Walton	Tina	Christopher Newport University
		Wansley	Joy	Messiah College
		Wichgers	Natalie	University of Wisconsin, La Crosse
		Wiederrecht	Rebecca	Messiah College
	Men	Burks	Steve	Nebraska Wesleyan University
		Dabrowski	Dan	Elmhurst College
		Dorsey	Derrick	State University College at Fredonia
		Dugan	J.R.	Illinois Wesleyan University
		Fox	Ken	Buena Vista University
		Jansen	Dan	University of Wisconsin, Platteville
		Owen	Dan	Calvin College
		Reichenbach	Dan	Moravian College
	Women	Burke	Susan	University of Wisconsin, Oshkosh

1989 All Americans Division III Outdoor Track & Field

Event	Gender	Last Name	First Name	School
Pole Vault		Cayemberg	Amy	University of Wisconsin, Oshkosh
		Hancock	Laurie	Ithaca College
		Heider	Pam	University of Wisconsin, Eau Claire
		Marchant	Laura	Elmhurst College
		Oden	Kim	Nebraska Wesleyan University
		Olsen	Heidi	Adrian College
		O'Malley	Dorothy	Ursinus College
	Men	Bell	David	Muskingum College
		Bruxvoort	Jim	Central College (Iowa)
		Erickson	Ted	University of St. Thomas (Minnesota)
		Grelland	Alex	St. Lawrence University
		McGula	Sean	University of Redlands
		Rhoades	John	Heidelberg College
		Toland	Bill	North Central College
Waugh		Jeff	College of Wooster	
Long Jump	Men	Cado	Jan	North Central College
		Hall	Brad	University of Wisconsin, La Crosse
		Long	Jamie	College of Wooster
		Makovicka	Shane	Nebraska Wesleyan University
		Reichenbach	Dan	Moravian College
		Schwartz	Gary	Pomona-Pitzer Colleges
		Welti	Shawn	North Central College
		White	Ben	Occidental College
	Women	Burley	Anita	Christopher Newport University
		Everson	Audrey	Simpson College
		Fink	Ann	University of Wisconsin, Oshkosh
		Lenchner	Sarah	Stony Brook University
		Milbauer	Chris	University of Wisconsin, Oshkosh
		Oden	Kim	Nebraska Wesleyan University
Triple Jump	Shotwell	Denise	Dickinson College	
	Trice	Sheila	Christopher Newport University	

1989 All Americans Division III Outdoor Track & Field

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	Men			
		Cado	Jan	North Central College
		Cash	Dean	University of Wisconsin, La Crosse
		Kirkman	Nate	Pomona-Pitzer Colleges
		Pleasant	Kerri	Widener University
		Schumacher	Chris	University of Wisconsin, La Crosse
		Walker	James	Lynchburg College
		Williams	Joe	Rochester Institute of Technology
		Woodhouse	Miles	Westfield State College
	Women			
		DeBoer	Kris	Concordia College, Moorhead
		Lenchner	Sarah	Stony Brook University
		Oden	Kim	Nebraska Wesleyan University
		Odogwu	Dolores	Claremont McKenna-Harvey Mudd-Scripps Colleges
		Spaeth	Amy Jo	University of Wisconsin, Whitewater
		Stenhouse	Vera	Tufts University
		Swanson	Janice	North Park University
		Trice	Sheila	Christopher Newport University
Shot Put	Men			
		Calicoat	Todd	Otterbein College
		Dejeno	Jeff	University of St. Thomas (Minnesota)
		Deshazer	Steve	Nebraska Wesleyan University
		Geihtbrock	David	Hamline University
		Nelson	Troy	University of Wisconsin, La Crosse
		Puga	Charles	Colorado College
		Richardson	Ross	Monmouth College (Illinois)
		Wood	John	Ursinus College
	Women			
		Bowe	Kelly	University of Wisconsin, Eau Claire
		Bowman	Gina	Frostburg State University
		Busscher	Mary	Hope College
		Hudson	Renee	Simpson College
		Mears	Beth	University of Wisconsin, Stevens Point
		Newman	Kelli	Bethel University (Minnesota)
		Quigley	Shannon	University of California, San Diego
		Woodkey	Kim	University of Wisconsin, La Crosse

1989 All Americans Division III Outdoor Track & Field

Event	Gender	Last Name	First Name	School
Discus				
	Men			
		Cawi	Neal	University of Chicago
		Chrstiansen	Bryan	Hamline University
		Cox	Greg	Simpson College
		Geihtbrock	David	Hamline University
		Klotz	Andreas	University of Wisconsin, Whitewater
		Knutsen	Peder	Carleton College
		Neumann	Mike	University of Wisconsin, Oshkosh
		Rizzo	Jason	University of Rochester
	Women			
		Beerman	Rachel	University of California, San Diego
		Colvin	Tracy	Emory University
		Hooker	Denise	Muskingum College
		Lausted	Amber	University of Wisconsin, Eau Claire
		Miller	Michelle	Buena Vista University
		Piekarz	Sue	The College of New Jersey
		Quigley	Shannon	University of California, San Diego
		White	Angela	Gustavus Adolphus College
Hammer				
	Men			
		Deering	Scott	Massachusetts Institute of Technology
		Goodrich	Peter	Bates College
		O'Keefe	Dan	Claremont McKenna-Harvey Mudd-Scripps Colleges
		Palazzo	Bobby	Rhode Island College
		Puschak	Thomas	Wabash College
		Sargeant	Scott	University of California, San Diego
		Schuldt	James	Carleton College
		Sullivan	Kevin	State University College at Fredonia
Javelin				
	Men			
		Dixon	Mat	Macalester College
		Graham	Andrew	Moravian College
		Jay	Kent	Simpson College
		Katowitz	Jeff	Kenyon College
		Krouse	Richard	Moravian College
		Lujan	Don	University of Redlands

1989 All Americans Division III Outdoor Track & Field

Event	Gender	Last Name	First Name	School
Decathlon	Men	McCaig	Tim	Baldwin-Wallace College
		Wood	John	Ursinus College
		Flaig	Donna	Moravian College
		Geiger	Gretchen	Whittier College
		Hawk	Jenny	Frostburg State University
		Kunkel	Randi	Delaware Valley College
		MacWalter	Debra	Colby College
		Schroeder	Sue	University of Redlands
		Vance	Karen	The College of New Jersey
		Wright	Tricia	University of La Verne
Heptathlon	Women	Bedell	Jeff	Occidental College
		Burch	Stephen	Carleton College
		Clarke	Jamey	Swarthmore College
		Luthy	Kevin	Case Western Reserve University
		Pelton	David	Principia College
		Shavers	Brenton	Simpson College
		Singhose	Bill	Massachusetts Institute of Technology
		VanBuskirk	Rex	Simpson College
		Angelo	Denise	University of St. Thomas (Minnesota)
		Becker	Kim	California State University, Stanislaus
		Buckwalter	Barb	Buena Vista University
		Burke	Susan	University of Wisconsin, Oshkosh
		Lyons	Jessica	University of Rochester
		Mitchell	Glenda	Occidental College
		Nelson	Marjorie	University of Wisconsin, La Crosse
		Rhodes	Leslie	Whittier College
		Winward	Charlotte	University of Massachusetts, Boston