

U.S. Track & Field and Cross Country Coaches Association

1996 All Americans Division III Outdoor Track & Field

Event	Gender	Last Name	First Name	School
100m				
	Men			
		Anders	Terry	University of Wisconsin, Stout
		Coy	Kevin	Loras College
		Gilmore	Krishawn	Rensselaer Polytechnic Institute
		Nelson	Scott	Nebraska Wesleyan University
		Rice	Anthony	University of La Verne
		Smith	Ian	Susquehanna University
		Tancil	Chip	University of Wisconsin, La Crosse
		Waller	Russell	Christopher Newport University
	Women			
		Benjamin	Jerrion	Brandeis University
		Budig	Andrea	University of St. Thomas (Minnesota)
		Flinn	Kerry	Simpson College
		Greener	Jessie	Loras College
		Hardy	Shawna	Lincoln University (Pennsylvania)
		Lauer	Theresa	University of Wisconsin, Oshkosh
		Robinson	Meshailay	Christopher Newport University
		Savage	Kia	Lincoln University (Pennsylvania)
200m				
	Men			
		Anders	Terry	University of Wisconsin, Stout
		Coy	Kevin	Loras College
		Davis	Eric	Pomona-Pitzer Colleges
		Nelson	Scott	Nebraska Wesleyan University
		Rice	Anthony	University of La Verne
		Thompson	David	Monmouth College (Illinois)
		Waldron	Don	Lincoln University (Pennsylvania)
	Women			
		Budig	Andrea	University of St. Thomas (Minnesota)
		Hardy	Shawna	Lincoln University (Pennsylvania)
		Holloway	Rachel	Amherst College
		Melendez	Lisa	University of Wisconsin, Oshkosh
		Nauss	Jennifer	Lebanon Valley College
		Robinson	Meshailay	Christopher Newport University
		Savage	Kia	Lincoln University (Pennsylvania)

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Event	Gender	Last Name	First Name	School
400m	Men	Allsopp	Tim	Williams College
		Anders	Terry	University of Wisconsin, Stout
		Boatman	Jason	Bethel University (Minnesota)
		Cooper	Bill	Heidelberg College
		Johnson	Henry	Buena Vista University
		Moore	Rodney	Lincoln University (Pennsylvania)
		Watts	Mario	Amherst College
	Women	Culley	Jennifer	Claremont McKenna-Harvey Mudd-Scripps Colleges
		Deregibus	Marianne	The College of New Jersey
		Ellis	Wendy	Loras College
		Furrow	Heather	Monmouth College (Illinois)
		Hunter	Jacqueline	City College of New York
		Kehl	Heather	University of Wisconsin, Platteville
		Manning	Shawntell	Tufts University
		Melendez	Lisa	University of Wisconsin, Oshkosh
800m	Men	Allan	Will	Occidental College
		Bogle	Andre	Lincoln University (Pennsylvania)
		Donovan	Mike	State University College at Cortland
		Gray	William	Gettysburg College
		Hudson	Eric	University of St. Thomas (Minnesota)
		Robinson	William	Lincoln University (Pennsylvania)
		Trainor	Creaghan	Williams College
		Watters	Josh	Wartburg College
	Women	Anibaldi	Alison	Allegheny College
		de Boer	Hilde	University of Wisconsin, La Crosse
		Horner	Missy	Hiram College
		Kane	Joelle	University of Wisconsin, Oshkosh
		Mathieu	Jayna	St. Olaf College
		Nelson	Laura	University of Wisconsin, Oshkosh
		Petrillo	Victoria	Brandeis University
		Wold	Rebecca	Gustavus Adolphus College

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Event	Gender	Last Name	First Name	School
1500m				
	Men			
		Bati	Ambo	Augustana College (Illinois)
		Cooper	David	Mount Union College
		Dieckman	Eric	North Central College
		Maley	Blaine	Bowdoin College
		Mitchell	Robert	Amherst College
		Paranya	Karl	Haverford College
		Reunts	Scott	Swarthmore College
		Virnig	Dan	Carleton College
	Women			
		Ainsworth	Kate	Carleton College
		Baustert	Melissa	Carnegie Mellon University
		Dubec	Esther	Wartburg College
		Shaginaw	Holly	Dickinson College
		Shideler	Stephanie	Pomona-Pitzer Colleges
		Swarts	Heidi	State University College at Cortland
		Todd	Melissa	Carthage College
		Unger	Meredith	Haverford College
3000m				
	Women			
		Grosvenor	Cathy	Montclair State University
		Starkey	Talia	Occidental College
		Storin	Darcy	Bowdoin College
		Swarts	Heidi	State University College at Cortland
		Tench	Louise	Claremont McKenna-Harvey Mudd-Scripps Colleges
		Wartman	Tracy	Moravian College
		Weiss	Amanda	Amherst College
		Zibblatt	Shoshana	Claremont McKenna-Harvey Mudd-Scripps Colleges
5000m				
	Men			
		Bati	Ambo	Augustana College (Illinois)
		Brill	Matt	North Central College
		Castner	J.J.	University of California, San Diego
		Chance	Matt	Simpson College
		Fraij	Tony	Rochester Institute of Technology
		Klinger	Gavin	University of California, San Diego

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10,000m		Thull	Matt	University of Wisconsin, Oshkosh
		Weigel	John	North Central College
	Women	Davis	Jennifer	Claremont McKenna-Harvey Mudd-Scripps Colleges
		Jordan	Jerylin	Washington University (Missouri)
		Kuipers	Amy	Calvin College
		Moran	Cathy	Rensselaer Polytechnic Institute
		Randall	Margaret	Williams College
		Sisting	Christine	State University College at Geneseo
		Storin	Darcy	Bowdoin College
		Swarts	Heather	State University College at Cortland
	Men	Bati	Ambo	Augustana College (Illinois)
		Board	Ryan	North Central College
		Brill	Matt	North Central College
		Fraij	Tony	Rochester Institute of Technology
		Johnson	James	Bowdoin College
		Johnson	Chad	University of Wisconsin, Stevens Point
		Thull	Matt	University of Wisconsin, Oshkosh
		Weigel	John	North Central College
110m Hurdles	Women	Foulke	Marcia	Otterbein College
		Johnson	Turena	Luther College
		Kuipers	Amy	Calvin College
		Lauzon	Cindy	State University College at Cortland
		Moran	Cathy	Rensselaer Polytechnic Institute
		Sisting	Christine	State University College at Geneseo
		Swarts	Heather	State University College at Cortland
		Zak	Wendi	University of Wisconsin, Stevens Point
	Men	Crothers	Scott	University of Wisconsin, La Crosse
		Decker	Adam	Nebraska Wesleyan University
		Fox	Franco	Christopher Newport University
		Lewis	Linval	Rowan University
		Robran	Chad	University of Wisconsin, Stevens Point

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Event	Gender	Last Name	First Name	School
		Schroer	Brandon	Nebraska Wesleyan University
		Smith	Joshua	Frostburg State University
		Watkins	Tyrone	Lincoln University (Pennsylvania)
100m Hurdles				
	Women			
		Barron	Kristen	Ohio Northern University
		Brewer	Loni	Simpson College
		Cochran	Bridget	Christopher Newport University
		Hacker	Monique	Binghamton University
		Ross	Kellie	Lincoln University (Pennsylvania)
		Sheppard	Lisa	University of California, San Diego
		Westland	Joni	Nebraska Wesleyan University
		Yarnall	Jennifer	Frostburg State University
400m Hurdles				
	Men			
		Busse	Nathan	Pomona-Pitzer Colleges
		Decker	Adam	Nebraska Wesleyan University
		Elzy	Stuart	University of Wisconsin, Whitewater
		Julien	Anthony	Lincoln University (Pennsylvania)
		Petersmeyer	Jeff	Baldwin-Wallace College
		Robran	Chad	University of Wisconsin, Stevens Point
		Roth	Shawn	Defiance College
		Zemke	Mark	Augustana College (Illinois)
	Women			
		Blenderman	Jenny	Nebraska Wesleyan University
		Breaker	Holly	Calvin College
		Monahan	Michaela	University of California, San Diego
		Paquette	Kirsten	Williams College
		Rayner	Dawn	Coe College
		Rottschafer	Jennifer	Calvin College
		Scott	Sascha	Colorado College
		Westland	Joni	Nebraska Wesleyan University
3000m Steeplechase				
	Men			
		Altergott	Brett	University of Wisconsin, La Crosse
		Busch	Roger	Wabash College
		Fraser	Ian	Haverford College

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Event	Gender	Last Name	First Name	School
4x100m Relay Men		Kaufman	Jeremy	Wittenberg University
		Long	Keith	Williams College
		Meyers	Jeb	Saint John's University (Minnesota)
		Stevens	Marzuki	Williams College
		Voloshen	Tim	University of Rochester
				Lincoln University (Pennsylvania)
				Lincoln University (Pennsylvania)
				Lincoln University (Pennsylvania)
				Lincoln University (Pennsylvania)
		Allsopp	Tim	Williams College
		Anders	Terry	University of Wisconsin, Stout
		Barry	John	Williams College
		Christy	Wilbur	Methodist University
		Cizek	Jeff	Nebraska Wesleyan University
		Clark	Joe	Methodist University
		Cuthrell	Hamilton	Methodist University
		Eichner	Jason	Ohio Wesleyan University
		Hallingstad	Michael	University of Wisconsin, Stout
		Hayes	Anthony	University of La Verne
		Heydenberk	Andy	Nebraska Wesleyan University
		Hoppe	R.J.	Carroll University (Wisconsin)
		Lloyd	Soni	Ohio Wesleyan University
		Neal	Jason	University of La Verne
		Nelson	Scott	Nebraska Wesleyan University
		Parschauer	John	Ohio Wesleyan University
		Reed	Mike	Nebraska Wesleyan University
		Rice	Anthony	University of La Verne
		Rogahn	Aaron	Carroll University (Wisconsin)
		Smiley	Adam	Carroll University (Wisconsin)
		Streets	Bennett	Ohio Wesleyan University
		Trewin	Greg	Carroll University (Wisconsin)
		Verstegen	Joe	University of Wisconsin, Stout
		Wade	Stuart	Williams College
		West	DeCarlos	Methodist University
		Wilson	Liron	University of La Verne

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Event	Gender	Last Name	First Name	School
		Witcraft	Jesse	University of Wisconsin, Stout
		Young	Sam	Williams College
Women				University of St. Thomas (Minnesota)
				University of St. Thomas (Minnesota)
				University of St. Thomas (Minnesota)
				University of St. Thomas (Minnesota)
		Barnes	Keisha	Simpson College
		Blenderman	Jenny	Nebraska Wesleyan University
		Cochran	Bridget	Christopher Newport University
		Cunningham	Rachel	Lincoln University (Pennsylvania)
		Docken	Danielle	University of Wisconsin, La Crosse
		Flinn	Kerry	Simpson College
		Furrow	Heather	Monmouth College (Illinois)
		Gilmartin	Jennifer	Christopher Newport University
		Gorski	Misty	University of Wisconsin, La Crosse
		Halupnick	Charity	Simpson College
		Harding Jaeger	Tara	University of Wisconsin, Oshkosh
		Hardy	Shawna	Lincoln University (Pennsylvania)
		Hickey	Christy	Monmouth College (Illinois)
		Hoctel	Angi	Simpson College
		Jurgenson	Amanda	Nebraska Wesleyan University
		Lauer	Theresa	University of Wisconsin, Oshkosh
		Madden	Leema	Christopher Newport University
		Melendez	Lisa	University of Wisconsin, Oshkosh
		Owen	Stephanie	Monmouth College (Illinois)
		Porter	Jenni	University of Wisconsin, La Crosse
		Robinson	Meshailay	Christopher Newport University
		Rocole	Wendi	Nebraska Wesleyan University
		Savage	Kia	Lincoln University (Pennsylvania)
		Schoberg	Kelly	University of Wisconsin, La Crosse
	Simmons	Emily	University of Wisconsin, Oshkosh	
	Ternig	Dori	Monmouth College (Illinois)	
	Washington	Courtney	Lincoln University (Pennsylvania)	
	Westland	Joni	Nebraska Wesleyan University	
4x400m Relay				
Men				

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Event	Gender	Last Name	First Name	School
				University of Wisconsin, Stevens Point
				University of Wisconsin, Stevens Point
				University of Wisconsin, Stevens Point
				Augustana College (Illinois)
				University of Wisconsin, Stevens Point
				Augustana College (Illinois)
				Augustana College (Illinois)
				Augustana College (Illinois)
		Anders	Terry	University of Wisconsin, Stout
		Boey	Kris	Baldwin-Wallace College
		Clark	Graham	Anderson University (Indiana)
		Durham	Josh	Anderson University (Indiana)
		Goss	Clifford	Anderson University (Indiana)
		Hallingstad	Michael	University of Wisconsin, Stout
		Hamad	Jim	Baldwin-Wallace College
		Julien	Anthony	Lincoln University (Pennsylvania)
		Lyerly	Larry	Lincoln University (Pennsylvania)
		May	Todd	Nebraska Wesleyan University
		Miller	Brian	Baldwin-Wallace College
		Moore	Rodney	Lincoln University (Pennsylvania)
		Moore	Rusty	Nebraska Wesleyan University
		Nelson	Scott	Nebraska Wesleyan University
		Petersmeyer	Jeff	Baldwin-Wallace College
		Reed	Mike	Nebraska Wesleyan University
		Robinson	William	Lincoln University (Pennsylvania)
		Rydzinski	Brian	Anderson University (Indiana)
		Valois	Chris	University of Wisconsin, Stout
		Witcraft	Jesse	University of Wisconsin, Stout
Women				
				University of St. Thomas (Minnesota)
				University of St. Thomas (Minnesota)
				University of St. Thomas (Minnesota)
				University of St. Thomas (Minnesota)
				City College of New York
				City College of New York
				City College of New York
				City College of New York

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Event	Gender	Last Name	First Name	School
High Jump	Men	Ashburn	Alycia	Luther College
		Blenderman	Jenny	Nebraska Wesleyan University
		Burke	Lisa	Luther College
		Cochran	Bridget	Christopher Newport University
		Cooper	Amy	Nebraska Wesleyan University
		Cunningham	Rachel	Lincoln University (Pennsylvania)
		Ellis	Wendy	Loras College
		Gilmartin	Jennifer	Christopher Newport University
		Greener	Jessie	Loras College
		Hardy	Shawna	Lincoln University (Pennsylvania)
		Howell	Megan	Loras College
		Jennings	Cindy	Luther College
		Jurgenson	Amanda	Nebraska Wesleyan University
		Kane	Joelle	University of Wisconsin, Oshkosh
		Melendez	Lisa	University of Wisconsin, Oshkosh
		Metcalf	Andrea	Loras College
		Nelson	Laura	University of Wisconsin, Oshkosh
		Nietz	Jean	Luther College
		Savage	Kia	Lincoln University (Pennsylvania)
		Simmons	Emily	University of Wisconsin, Oshkosh
		Taylor	Adjoa	Christopher Newport University
		Walker	Crystal	Christopher Newport University
		Washington	Courtney	Lincoln University (Pennsylvania)
		Westland	Joni	Nebraska Wesleyan University
		Clayborne	Thomas	Lincoln University (Pennsylvania)
		Graber	Jason	University of Wisconsin, Eau Claire
		Kaha	Daye	Binghamton University
		Schmidt	John	University of Wisconsin, Platteville
		Schroer	Brandon	Nebraska Wesleyan University
		Slaikeu	Jason	University of Wisconsin, Eau Claire
		Thompson	Thomas	Lincoln University (Pennsylvania)
		Watson	Shawn	Mount Union College
Women		Bobomo	Kari	Allegheny College
		Breyfogle	Teresa	Buena Vista University

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Event	Gender	Last Name	First Name	School
		Chaddock	Nicole	Mount Union College
		Frank	Nicki	Illinois Wesleyan University
		Grossman	Nina	University of St. Thomas (Minnesota)
		Lehnhardt	Michelle	Baldwin-Wallace College
		Paranya	Gretchen	Wesleyan University (Connecticut)
		Reddick	Jackie	University of Wisconsin, Oshkosh
Pole Vault				
	Men	Christenson	Corey	Augustana College (Illinois)
		Eagle	Bill	Mount Union College
		Fruit	Aaron	University of Wisconsin, Stout
		Kaufman	Chris	University of Wisconsin, La Crosse
		Keller	Matt	Mount Union College
		Lemieux	Matt	John Carroll University
		Shaffer	Ben	Ohio Northern University
		Spector	David	University of California, San Diego
Long Jump				
	Men	Burgess	Chris	St. Lawrence University
		Cizek	Jeff	Nebraska Wesleyan University
		Durham	Josh	Anderson University (Indiana)
		Erickson	Travis	University of Wisconsin, La Crosse
		Soderquist	Jeff	Tufts University
		Thompson	Thomas	Lincoln University (Pennsylvania)
		Watson	Shawn	Mount Union College
		White	Archie	Thiel College
	Women	Consler	Thea	John Carroll University
		Docken	Danielle	University of Wisconsin, La Crosse
		Harding Jaeger	Tara	University of Wisconsin, Oshkosh
		Patterson	Tamiko	Christopher Newport University
		Pfeiffer	Megan	University of St. Thomas (Minnesota)
		Shirk	Janine	Messiah College
		Simpson	Myra	University of Mary Washington
	Men	Uhl	Melanie	Buena Vista University
Triple Jump				
	Men			

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Event	Gender	Last Name	First Name	School
Shot Put	Men	Jones	Eric	Claremont McKenna-Harvey Mudd-Scripps Colleges
		Nelson	Mark	Augustana College (Illinois)
		Pinkard	Led	Christopher Newport University
		Riley	Nate	North Central College
		Thompson	Kenneth Troy	Emory University
		Walker	Nathan	Thiel College
		Watson	Shawn	Mount Union College
		White	Sylvain	Pomona-Pitzer Colleges
	Women	Hacker	Monique	Binghamton University
		Kastner	Maria	University of Wisconsin, Platteville
		King	Grace	State University College at Fredonia
		Patterson	Tamiko	Christopher Newport University
		Pfeiffer	Megan	University of St. Thomas (Minnesota)
		Shirk	Janine	Messiah College
Simpson		Myra	University of Mary Washington	
Zwissler		Jacqui	University of La Verne	
Shot Put	Men	Banks	Aaron	Concordia College, Moorhead
		Black	Dennis	Upper Iowa University
		Brooks	Ethan	Williams College
		Gross	Brett	Gustavus Adolphus College
		Kalaher	Ed	Case Western Reserve University
		Kujala	Bob	Hiram College
		Lehman	Jason	University of Wisconsin, Stout
		Reh	Vince	North Central College
	Women	Albrecht	Alison	Ohio Wesleyan University
		Conlin	Ruth	University of Wisconsin, Oshkosh
		Dankemeyer	Kim	University of Wisconsin, La Crosse
		Eckhardt	Sherry	University of Wisconsin, Oshkosh
		Francisco	Barb	Springfield College
		Franckowiak	Patti	University of Wisconsin, La Crosse
Kiner		Kim	Loras College	
Oleson		Missy	University of Wisconsin, Oshkosh	

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Hammer	Men			
		Banks	Aaron	Concordia College, Moorhead
		Black	Dennis	Upper Iowa University
		Brooks	Ethan	Williams College
		Carlson	Ryan	University of Wisconsin, La Crosse
		Immel	Mike	Ripon College
		Jones	Jermaine	Anderson University (Indiana)
		Lehman	Jason	University of Wisconsin, Stout
		Schake	Tate	Nebraska Wesleyan University
	Women			
		Ebenroth	Missy	University of Dubuque
		Ellis	Jessica	Luther College
		Fall	Gina	Ohio Northern University
		Franckowiak	Patti	University of Wisconsin, La Crosse
		Kiner	Kim	Loras College
		Oleson	Missy	University of Wisconsin, Oshkosh
		Pittman	Kristin	Augustana College (Illinois)
		Pontius	Jen	University of Wisconsin, River Falls
	Men			
		Bostard	Chris	Rowan University
		Brooks	Ethan	Williams College
		Buehler	Randy	University of California, San Diego
		Cunningham	Brian	University of Wisconsin, Platteville
		Hanrahan	Shawn	Rensselaer Polytechnic Institute
		Ricklefs	Troy	Rose-Hulman Institute of Technology
		Skurka	Christopher	Rhode Island College
		Wallberg	John	Massachusetts Institute of Technology
	Women			
		Dankemeyer	Kim	University of Wisconsin, La Crosse
		Ellis	Jessica	Luther College
		Krentz	Lynn	University of Wisconsin, River Falls
		Oleson	Missy	University of Wisconsin, Oshkosh
		Olinger	Kristin	Gustavus Adolphus College
		Parish	Kiyomi	Pomona-Pitzer Colleges
		Shope	Elizabeth	State University College at Geneseo
		Start	Brenda	Williams College

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Event	Gender	Last Name	First Name	School
Javelin				
	Men			
		Bodine	Richard	Rowan University
		Colleton	Ed	Rowan University
		Hollingston	Adam	Anderson University (Indiana)
		Leba	Quang	Claremont McKenna-Harvey Mudd-Scripps Colleges
		Lischner	John	Thiel College
		Munch	John	Illinois Wesleyan University
		Rose	Keith	University of Massachusetts, Dartmouth
		Von Tobel	Carl	McDaniel College
	Women			
		Bumps	Heather	Bates College
		Davis	Penny	Carnegie Mellon University
		Erickson	Renee	Concordia College, Moorhead
		Gladfelter	Amy	Juniata College
		Grahn	Julie	Trinity University (Texas)
		Heffner	Jaimee	Washington and Jefferson College
		Main	Kerrie	University of Wisconsin, Oshkosh
		Newhall	Kerry	Connecticut College
Decathlon				
	Men			
		Bedard	Joe	Lynchburg College
		Elsen	Paul	Wheaton College (Illinois)
		Hatlevig	Brian	Luther College
		Malich	Matt	Carthage College
		Rakestraw	Dan	Augustana College (Illinois)
		Sasaki-Scanlon	Derek	Williams College
		Stein	John David	Calvin College
		Williams	Chris	Emory University
Heptathlon				
	Women			
		Aun	Elke	Worcester State College
		Behrens	Peg	Loras College
		Donato	Kristen	Springfield College
		Gagliani	Wendy	Fitchburg State College
		Meyer	Rochele	Baldwin-Wallace College
		Pattyn	Mollie	University of St. Thomas (Minnesota)

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Event	Gender	Last Name	First Name	School
		Pomerleau	Cynthia	Colby College
		Vahrmeyer	Esther	Calvin College