



USTFCCCA All-Americans, NCAA Division III

2010 Outdoor Track & Field

MEN

100m Dash

Davivorn DOWE	SO	Dubuque
Steve HEADLEY	SR	Springfield
Dak KONGELA	SR	George Fox
Max ORENSTEIN	JR	Ithaca
Cailean ROBINSON	SO	Wheaton (Mass.)
Delannie SPRIGGS	SR	Salisbury
Kendall WADE	SR	UW Stout
Eric WOODRUFF	JR	Moravian

200m Dash

Greg BAILEY	JR	Methodist
Davivorn DOWE	SO	Dubuque
Dan DUNKELBERGER	SO	Gwynedd-Mercy
Steve HEADLEY	SR	Springfield
Max ORENSTEIN	JR	Ithaca
Delannie SPRIGGS	SR	Salisbury
Kendall WADE	SR	UW Stout
Eric WOODRUFF	JR	Moravian

400m Dash

Justin ALLEN	FR	Buffalo State
Korey BUCHER	SR	Manchester
Dan DUNKELBERGER	SO	Gwynedd-Mercy
Alex EATON	SR	Thiel
Marcus FORTUGNO	SO	La Verne
Aric HOESCHEN	FR	UW La Crosse
Chris MASTROSIMONE	FR	Ithaca
Luke RESCHKE	SR	Monmouth (Ill.)

800m Run

Emmanuel BOFA	SR	Whitworth
Zach BRUSH	JR	Trinity (Texas)
Matt CASH	SR	Mary Washington
Max HANSON	SO	Gustavus Adolphus
Mike HUTTON	SO	St. Thomas (Minn.)
Adam LANG	SR	UW Stevens Point
Peter NAJEM	SR	Keene State
Frank REDMOND	JR	Misericordia

1500m Run

Yermie COHEN	SR	MIT
Brian COLE	JR	Williams
Steve CORSELLO	JR	Amherst
Nick GUARINO	JR	SUNY Fredonia
Kevin MCCARTHY	SO	Wabash
Ivo MILIC-STRKALJ	FR	Haverford
Peter NAJEM	SR	Keene State
Will YOCHUM	JR	Amherst

5000m Run

Kyle BRADY	SR	North Central (Ill.)
Ricky FLYNN	SR	Lynchburg
Dan GREENO		Bethel (Minn.)
Connor KAMM	SR	Williams
Nick KARWOSKI	SR	Dickinson
Nick KRAMER	SO	Calvin
Chris MARKER	JR	Allegheny
Dan RAMSEY	JR	St. Lawrence
Mike SPAIN	JR	North Central (Ill.)

10000m Run

Kyle BRADY	SR	North Central (Ill.)
Michael BURNSTEIN	SO	Washington (Mo.)
Jesse FALLER	SR	Tufts
Ricky FLYNN	SR	Lynchburg
Kevin HALL		UW Eau Claire
Mike HEYMANN	JR	Plattsburgh State
Daniel MURNER	SR	Amherst
Mike SPAIN	JR	North Central (Ill.)

110m Hurdles

Emmanuel AOUAD	SR	Wabash
Cory BEEBE	SR	Salisbury
Steve BROWN	SR	Ohio Wesleyan
Taylor FERDA	Se	Bethel (Minn.)
Russell HARRIS	SR	Wartburg
Kevin JANATA	JR	Nebraska Wesleyan
Edgar TOWNSEND	SR	Greenville

400m Hurdles

Cory BEEBE	SR	Salisbury
Kevin CUNNINGHAM	SO	McMurry
Taylor FERDA	Se	Bethel (Minn.)
Alex GREENHOUSE	SR	Emory
Matt MARION	JR	RIT
Demetrius ROOKS	FR	Stockton
Terry SMITH	JR	McMurry
Ben ZILL	SR	UW Oshkosh

3000m Steeplechase

Anders CRABO	SO	Pomona-Pitzer
Jack DAVIES	FR	Middlebury
Brian GILLIS	SR	Pomona-Pitzer
Nick KARWOSKI	SR	Dickinson
Nick KRAMER	SO	Calvin
Brian LANG	JR	Rochester
Paul THISTLE	SR	Susquehanna
Chris WIRTZ	SR	UW Eau Claire

**2010 Outdoor Track & Field****MEN****4x100m Relay**

Matt AMENDOLA	Springfield
Greg BAILEY	Methodist
Raiyan BANAJI	Wheaton (Mass.)
Gavan BASS	McMurry
Tom BROGNANO	Springfield
Josh CEJJA	UW Oshkosh
Chad CHURCHILL	UW Oshkosh
Mark CIMINO	Wheaton (Mass.)
Logan DANKO	Central (Iowa)
Alex DEWITT	UW Oshkosh
Casey GOFFINET	UW Platteville
Nickel HAY	Springfield
Stephen HEADLEY	Springfield
Aaron HRUBES	UW Platteville
Leslie HYLAND	Carroll (Wis.)
Merzudin IBRIC	Wheaton (Mass.)
Stefan JOHNSON	Methodist
Brent JUDE	UW Oshkosh
Scott KRAUSE	Carroll (Wis.)
Alex MARCHILLO	Carroll (Wis.)
Cedric MCGILL	Methodist
Mitch MORRIS	Central (Iowa)
Trevon ODOM	McMurry
Jordan OLP	UW Platteville
Lynn OYAWIRI	UW Platteville
Cailean ROBINSON	Wheaton (Mass.)
Allen SCOVEL	Central (Iowa)
Pierson SINGLETON	Methodist
Justin TROELLER	Carroll (Wis.)
Kenneth TURNER	McMurry
Kyle WOOD	Central (Iowa)
Josh ZU-BOLTON	McMurry

4x400m Relay

Eric BANKS	SUNY Cortland
Kolby BARNHILL	McMurry
Gino BISCEGLIA	SUNY Cortland
Luke BOLANDER	Central (Iowa)
Cole CARLSON	Gustavus Adolphus
Colby CITROWSKE	Gustavus Adolphus
Kevin CUNNINGHAM	McMurry
Zak FARNHAM-HASKELL	SUNY Cortland
Jordan GEGNER	Central (Iowa)
Kyle GILROY	TCNJ
Max HANSON	Gustavus Adolphus
Aric HOESCHEN	UW La Crosse
Leslie HYLAND	Carroll (Wis.)
Merzudin IBRIC	Wheaton (Mass.)
Cecil JEFFREY	Wheaton (Mass.)
Andrew KRAUS	Carroll (Wis.)
Matt LEEB	Gustavus Adolphus
Alex MARCHILLO	Carroll (Wis.)
Rob MCGOWEN	TCNJ
Ryan MENDEZ	UW La Crosse
Ben MIKLOVICH	Wheaton (Mass.)
Steve MURRAY	TCNJ
Matt PATRICK	Central (Iowa)
Terry SMITH	McMurry
Marcus THOMPSON	McMurry
Justin TROELLER	Carroll (Wis.)
Mark WILLIAMSON	Wheaton (Mass.)
Phill WILTSHIRE	SUNY Cortland
Kyle WOOD	Central (Iowa)
Justin WORTHING	TCNJ
Paul YERHOT	UW La Crosse
Tyson YOUNG	UW La Crosse

High Jump

Dillon BINKLEY	JR	Illinois College
Matt BORCHARDT	JR	North Central (Ill.)
John DONKERSLOOT	JR	Hope
Tyler HANNAM	JR	Monmouth (Ill.)
John KIMMEL	SR	Manchester
Valdir MONDESIR	FR	Ramapo
Jay QUICK	JR	Bethel (Minn.)
Cody STELZER	SR	Whitworth

Pole Vault

Mike DEMPSEY	JR	RIT
Thomas DIMITRI	SR	McMurry
Taylor REED	FR	UT Tyler
Thomas STACEY	FR	North Central (Ill.)
Steven STACK	SR	North Central (Ill.)
Stephen TOLER	JR	McMurry
Jake WINDER	SR	North Central (Ill.)
John WOOD	SO	North Central (Ill.)

**2010 Outdoor Track & Field****MEN****Long Jump**

Buzzy BROWN	SR	Carthage
Jack CHATELAIN	FR	Nebraska Wesleyan
Julius HIGGINBOTHAM	SR	Heidelberg
Kellen MCCRARY	FR	UW La Crosse
Ethan MILLER	SO	Central (Iowa)
Stephen MORTON	SR	MIT
Thebe TSATSIMPE	JR	Amherst
Issac VAZQUEZ	FR	UW La Crosse

Triple Jump

Eyo EKPO	FR	St. Thomas (Minn.)
Drew JACKSON	Jr	Chicago
Chrys JONES	JR	Centre
Jeffrey MINKUS	SR	Hope
Stephen MORTON	SR	MIT
James SIMMS	SR	UW Oshkosh
Isaac VASQUEZ	FR	UW La Crosse
Pat ZEUNIK	JR	Augustana (Ill.)

Shot Put

Pete DELZER	FR	UW Oshkosh
Brandon FUGETT	SR	Salisbury
Derall KING	JR	Hamline
Michael NAHL	JR	Whitworth
Andy NOVAK	SO	UW La Crosse
Greg PATRICK	SR	Baldwin-Wallace
Kyle SCOFIELD	SR	UW Stevens Point
Bill WARREN	SR	UW La Crosse

Discus

Phil CHRISTENSEN	SO	Augustana (Ill.)
Shaun DAVIS		UW Whitewater
Sean DENARD	SO	Mount Union
Sean LARSON	SR	UW Stout
Judd LUTZ	SR	Mount Union
Kevin PHIPPS	JR	Baldwin-Wallace
Lewis PRIOR	FR	UW Oshkosh
Mitch SUPAN	FR	Baldwin-Wallace

Hammer Throw

Taylor BERLIANT	JR	Claremont-Mudd-Scripps
Josh BRENNAN	JR	Carthage
Eric FLORES	FR	Cal Lutheran
Bryan KOLACZ	JR	Keene State
Sean LARSON	SR	UW Stout
Rich MCNEIL	SR	Bates
Kevin PHIPPS	JR	Baldwin-Wallace
Erik WHITING	SR	RPI

Javelin

Sean BIEHN	SR	Rowan
Sean COREY	SR	Rowan
Dan HIGGINS	SR	Monmouth (Ill.)
Alexander HYMEL	JR	Whitworth
Michael PANKOWSKI	SO	Marietta
Vlad SOBES	JR	MIT
Brock SOLVESON	SR	Concordia Wisconsin
Lars TENGLIN	JR	North Park

Decathlon

Kurtis BRONDYKE	JR	Central (Iowa)
Jared ENGELKING	SR	Tufts
Josh LOVELL	SR	Linfield
Ethan MILLER	SO	Central (Iowa)
Obinna NWANNA	SR	Case Western Reserve
Richard ROETHEL	FR	Christopher Newport
Brock SOLVESON	SR	Concordia Wisconsin
James WOHRLEY	SR	Cornell College

**WOMEN****100m Dash**

Ruby BLACKWELL	FR	Methodist
Camille DAVIS		UW Oshkosh
Erica JOHNSON	SO	Buffalo State
Miriam KHAN	JR	TCNJ
Amanda LAROCCA	SR	Illinois Wesleyan
Callen MARTIN	SR	Wilmington (Ohio)
Stephanie OMUETI		Chicago
Shavantay THOMAS	SO	Illinois Wesleyan

200m Dash

Ruby BLACKWELL	FR	Methodist
Camille DAVIS	JR	UW Oshkosh
Ashura JENKINS	JR	Carthage
Portia JONES	SO	MIT
Amanda LAROCCA	SR	Illinois Wesleyan
Ali MCCOY	SR	Illinois Wesleyan
Shavantay THOMAS	SO	Illinois Wesleyan
Robin YERKES	SR	Roanoke

400m Dash

Natasha ARNOLD	JR	UW River Falls
Rachel BOERNER	JR	Calvin
Keelie FINNEL	JR	Coe
Chelsey JACOBS	SR	Wartburg
Marcia MCCORD	JR	Ithaca
Ali MCCOY	SR	Illinois Wesleyan
Nevada MORRISON	SO	Wartburg
Robin YERKES	SR	Roanoke

800m Run

Marie BORNER	SR	Bethel (Minn.)
Nicole CALABRESE	SR	Wartburg
Sheena CRAWLEY	FR	Franklin & Marshall
Lizzy DANHAKL	JR	Williams
Emily SCHUDROWITZ	SO	St. Norbert
Jianna SPADACCINI	SR	TCNJ
Hannah WEISS	SR	Loras
Meryl WIMBERLEY	JR	TCNJ

1500m Run

Marie BORNER	SR	Bethel (Minn.)
Clare EGAN	SR	Wellesley
Catie ELLINGSON	JR	Simpson
Jennifer KUIKEN	SR	Wartburg
Emma LINHARD	JR	Colby
Kelly RUSS	SR	St. Thomas (Minn.)
Grayce SELIG	JR	Brandeis
Jacqui WENTZ	SR	MIT

5000m Run

Kerry AROUCA	SR	Westfield State
Simone CHILDS-WALKER	SO	Carleton
Alicia FREESE	SR	Pomona-Pitzer
Liz LAWTON	JR	Chicago
Ravenna NEVILLE	SR	Wesleyan (Conn.)
Laura PAULSEN	SR	Johns Hopkins
Lauren REICH	SR	DePauw
Jackie SPELTS	SR	Nebraska Wesleyan

10000m Run

Simone CHILDS-WALKER	SO	Carleton
Alicia FREESE	SR	Pomona-Pitzer
Jennifer GOSSELS	FR	Williams
Jessica KOSTER	SR	Calvin
Liz LAWTON	JR	Chicago
Megan O'GRADY	SO	Carroll (Wis.)
Jenny SCHERER	SR	St. Norbert
Taryn SURTEES	JR	Washington (Mo.)

100m Hurdles

Kristen BATES	SR	Messiah
Lauren BUCKLIN	SR	Simpson
Brittany DONINO	JR	Emory
Elise JOHNSON	SR	Williams
Portia JONES	SO	MIT
Amanda LAROCCA	SR	Illinois Wesleyan
Priscilla SENYAH	SR	TCNJ
Brittany THOMAS	JR	Wartburg

400m Hurdles

Rachel BOERNER	JR	Calvin
Molly BUCK	JR	Rhodes
Lauren BUCKLIN	SR	Simpson
Sara HEIZER		Coe
Liz MAZIEJKA	JR	SUNY Oneonta
Brittany MELLOY	JR	Wartburg
Jamie SIMMONS	SO	MIT
Nicole STEIN	SR	DePauw

3000m Steeplechase

Kerry AROUCA	SR	Westfield State
Kim CHINN	JR	Baldwin-Wallace
Katie DOLAN	SR	Luther
Hannah HUMBACH	Se	UW Eau Claire
Stephanie PERLEBURG	SR	UW La Crosse
Greta SIEVE	SR	St. Catherine
Elizabeth SMIT	SR	Calvin
Jacqui WENTZ	SR	MIT

**2010 Outdoor Track & Field****WOMEN****4x100m Relay**

Lauren ALPERT	Illinois Wesleyan
Laurel BECK	UW La Crosse
Rachel BECK	Moravian
Faith BURT	Wartburg
Kailey CHARLTON	UW La Crosse
Crystal DAVIS	Springfield
LaToya EDWARDS	Buffalo State
Tiffany ETHERIDGE	TCNJ
Jen GANSHIRT	Wartburg
Carmen GRAVES	Roanoke
Dana HASLETT	Moravian
Nikki HAY	Springfield
Taniqua HOLLINSWORTH	Buffalo State
Laurie JENKINS	Springfield
Erica JOHNSON	Buffalo State
Miriam KHAN	TCNJ
Jenny KORDICK	Wartburg
Amanda LAROCCA	Illinois Wesleyan
Erika MARKS	Springfield
Ashton MAY	UW La Crosse
Maggie MAY	UW La Crosse
Ali MCCOY	Illinois Wesleyan
Nevada MORRISON	Wartburg
JaLeesa OSBORNE	Roanoke
Imani RICHARDSON	Buffalo State
Rachel RIGGS	Moravian
Symonne SCOTT	Moravian
Priscilla SENYAH	TCNJ
Kim SHELUS	TCNJ
Jazamine STALLINGS	Roanoke
Shavantay THOMAS	Illinois Wesleyan
Robin YERKES	Roanoke

4x400m Relay

Lauren ALPERT	Illinois Wesleyan
Natasha ARNOLD	UW River Falls
Nikki AROLA	St. Thomas (Minn.)
Hannah BAKER	Wartburg
Shea BIERMAN	UW Platteville
Elizabeth CAINE	UW Stevens Point
Mackenzie CLEMENS	Illinois Wesleyan
Tara CLEMENS	Illinois Wesleyan
Chelsea CZARNECKI	UW Stevens Point
Molly DEMMER	St. Thomas (Minn.)
Deidre DILLMAN	UW Platteville
Rebecca FINE	Williams
Kathleen FOLBRECHT	UW Stevens Point
Martha GROSS	MIT
Hillary HIGGS	Williams
Tanasia HOFFLER	Williams
Chelsey JACOBS	Wartburg
Portia JONES	MIT
Jenny KORDICK	Wartburg
Kristin KUBER	UW Stevens Point
Ali MCCOY	Illinois Wesleyan
Kali MEURER	UW River Falls
Nora MITCHELL	Williams
Nevada MORRISON	Wartburg
Samantha NYRE	UW River Falls
Carshellia PORTER	UW Platteville
Alyssa RASMUSSEN	UW River Falls
Kelly RUSS	St. Thomas (Minn.)
Jamie SIMMONS	MIT
Ann TANK	UW Platteville
Becky THEISEN	St. Thomas (Minn.)
Jacqui WENTZ	MIT

High Jump

Emily AMBURGEY	FR	Ohio Wesleyan
Kinsey BAK	SO	Simpson
Dayorsha COLLINS	SO	Tufts
Michelle CRISCIONE	JR	North Central (Ill.)
Elizabeth EVANS	FR	Rose-Hulman
Kailey HONN	JR	Manchester
Julie PASCHAL	FR	Williams
Lisa SHEPHERD	SR	Stockton



WOMEN

Pole Vault

Ligia BOLIVAR	FR	Texas Lutheran
Misty CORWIN	SO	Linfield
Alexandra FAUST	SR	Muhlenberg
Anna HEIM	SR	Moravian
Rachel JOSEPH	SR	Stockton
Christina RHODES	Ju	Bridgewater (Va.)
Abby SCHAFFER	SO	Widener
Rachel SECREST	SR	North Central (Ill.)
Hayley SUCKOW	Se	UW Eau Claire

Long Jump

Briana AIKEN	FR	Texas Lutheran
Lauren ALPERT	SO	Illinois Wesleyan
Breana ANDERSON	JR	McMurry
Marian BEVINGTON	FR	Heidelberg
Ashlynn CHAVIS	SO	Methodist
Nikki HAY	SR	Springfield
Ashton MAY		UW La Crosse
Symonne SCOTT	SR	Moravian

Triple Jump

Briana AIKEN	FR	Texas Lutheran
Kristen BATES	SR	Messiah
Ebony CRAIG	FR	Dubuque
Nikki HAY	SR	Springfield
Tanasia HOFFLER	FR	Williams
Nakeisha JONES	SO	Tufts
Ashton MAY	SR	UW La Crosse
Melissa NORVILLE	FR	Illinois College

Shot Put

Sarah ANCIAUX	JR	Coe
Morgan DARROW	JR	Buena Vista
Vantiel Elizabeth DUNCAN	SR	Bates
Jecel GERNER	FR	UW Oshkosh
Holly OZANICH	JR	UW Oshkosh
Alyssa PIRINELLI	SR	St. Lawrence
Claire RAY	SR	Chicago
Ellie SITEK	SR	UW Oshkosh

Discus

Kelly ALLEN	FR	Tufts
Becky CULP		Hamline
Brittany FREDERICK	SO	UW Eau Claire
Leigha OBERLE	JR	Calvin
Sarah REASONER	JR	Calvin
Brittany SHERRON	SO	Millikin
Ellie SITEK	SR	UW Oshkosh
Christa YOUNGERN	SR	Cal Lutheran

Hammer Throw

Amanda BRICHACEK	JR	Nebraska Wesleyan
Rochaunda HARRIS	JR	Greenville
Holly OZANICH	JR	UW Oshkosh
Alyssa PIRINELLI	SR	St. Lawrence
Claire RAY	SR	Chicago
Ellie SITEK	AR	UW Oshkosh
Sue TRZEBIATOWSKI	SR	UW Oshkosh
Christa YOUNGERN	SR	Cal Lutheran

Javelin

Lauren BUTLER	SO	Allegheny
Kyley CROTTY	SR	St. Thomas (Minn.)
Elisha JONES	JR	Waynesburg
Kelly LOVETT	JR	Carleton
Jill SHANER	FR	Stockton
Mackenzie SMITH	JR	Redlands
Amanda TRIELOFF	SO	Carroll (Wis.)
Kelly YOUNG	JR	Occidental

Heptathlon

Courtney HARTMAN	SR	Bridgewater (Va.)
Janey HELLAND	JR	Gustavus Adolphus
Leah KAY	SR	Concordia Moorhead
Courtney LAUER	JR	DePauw
Candace NORVILLE	SR	Illinois College
Jenna STARK	SR	UW La Crosse
Kara VANDEGUCHTE	JR	Hope
Jill ZISKOVSKY	JR	Central (Iowa)