

THE BOWERMAN MEN'S FINALIST



MICHAEL NORMAN

School	Southern California
Class	Sophomore
Event(s)	Sprints/Relays
Hometown	Murrieta, Calif.
High School	McMain HS



2018 PERFORMANCE LEDGER

Event	Date	Rnd	Mark	Overall	Notes	Meet	Location
INDOOR							
400m	Feb 10	FNL	45.00	1	1s1 x, 7C	Tiger Paw	Clemson, S.C.
	Mar 9	p	45.56	(1)	1h1	NCAA DI Indoor	College Station, Texas
	Mar 10	FNL	<u>44.52</u>	1	1s2 WR; CR; MR; NR-USA	NCAA DI Indoor	College Station, Texas
4x400	Feb 10	FNL	3:01.98	1	1s1 45.35 split; x, 7W; x, 4 C	Tiger Paw	Clemson, S.C.
	Mar 10	FNL	<u>3:00.77</u>	1	1s4 <u>44.52 split; WB; CR; MR</u>	NCAA DI Indoor	College Station, Texas
OUTDOOR							
200m	Mar 24	FNL	20.37	(1.0)	1	1s1	Trailblazer Los Angeles, Calif.
	Apr 7	FNL	<u>20.06</u>	(-1.4)	1	1s2	Sun Angel Tempe, Ariz.
	May 12	p	20.71	(1.5)	(1)	1h2	Pac-12 Palo Alto, Calif.
	May 13	FNL	19.84w	(2.8)	1	1s1 <i>a-c: 5, 5C</i>	Pac-12 Palo Alto, Calif.
400m	Apr 21	FNL	44.53		1	1s2	Mt. SAC Torrance, Calif.
	Apr 29	FNL	44.74		(1)	1s1	UCLA-USC Westwood, Calif.
	May 12	p	46.27		(1)	1h1	Pac-12 Palo Alto, Calif.
	May 13	FNL	44.40		1	1s1	Pac-12 Palo Alto, Calif.
	May 24	p	46.36		(4)	1h5	DI West Prelims Sacramento, Calif.
	May 25	qf	44.67		(1)	1h1	DI West Prelims Sacramento, Calif.
	Jun 6	sf	44.66		(1)	1h1	NCAA DI Outdoor Eugene, Ore.
	Jun 8	FNL	<u>43.61</u>		1	1s1 6, xW; CR; MR	NCAA DI Outdoor Eugene, Ore.
4x100	Mar 17	FNL	DNF	anchor	---	s1	Trojan Inv Los Angeles, Calif.
	Mar 24	FNL	<u>38.88</u>	anchor	1	1s1	Trailblazer Los Angeles, Calif.
	May 26	p	DNF	anchor	---	h1	DI West Prelims Sacramento, Calif.
4x400	Apr 29	FNL	3:06.86	2nd leg	1	1s1	UCLA-USC Westwood, Calif.
	May 26	p	3:01.11	anchor	(1)	1h2 <u>43.06 split (#2 WH)</u>	DI West Prelims Sacramento, Calif.
	Jun 6	sf	3:01.30	anchor	(4)	2h1 45.19 split	NCAA DI Outdoor Eugene, Ore.
	Jun 8	FNL	<u>2:59.00</u>	anchor	1	1s1 43.62 split; CR; MR	NCAA DI Outdoor Eugene, Ore.

2018 HIGHLIGHTS & NOTES

- World Indoor Record - 400 Meters
- All-Time World Indoor Best - 4x400 Relay
- Collegiate Outdoor Record - 400 Meters
- Collegiate Outdoor Record - 4x400 Relay
- Collegiate Indoor Record - 400 Meters
- Collegiate Indoor Record - 4x400 Relay
- NCAA Division I Outdoor Champion - 400 Meters
- NCAA Division I Outdoor Champion - 4x400 Relay
- NCAA Division I Indoor Champion - 400 Meters
- NCAA Division I Indoor Champion - 4x400 Relay
- Pac-12 Outdoor Champion - 400 Meters
- Pac-12 Outdoor Champion - 200 Meters
- Outdoor First Team All-American - 400 Meters
- Outdoor First Team All-American - 4x400 Relay
- Indoor First Team All-American - 400 Meters
- Indoor First Team All-American - 4x400 Relay
- Final individual positions on 2018 collegiate list
 - 400 Meters (outdoor) - No. 1
 - 200 Meters (outdoor) - No. 2
 - 400 Meters (indoor) - No. 1
- 9-0 in sprint finals this season
 - 4-0 in 400 outdoors
 - 3-0 in 200 outdoors
 - 2-0 in 400 indoors
- Broke the **COLLEGIATE RECORD** and **NCAA CHAMPIONSHIP RECORD** in the 400 with a time of 43.61 at the NCAA DI Outdoor Track & Field Championships for the national title.
 - Previous collegiate record: 43.70, set by Fred Kerley last year
 - Previous meet record: 44.00, Quincy Watts, 1992
 - Hayward Field record: Michael Johnson 43.74 (1993).
 - Ranks him as the sixth fastest man in world history with the 11th fastest time
- Helped break the **COLLEGIATE RECORD** and **NCAA CHAMPIONSHIP RECORD** in the 4x400 with a split of 43.61 enroute to 2:59.00 and the national title at the DI outdoor finals in Eugene
 - Lowered the standard of 2:59.59, set by LSU back in 2005
- Broke the **WORLD RECORD**, **COLLEGIATE RECORD**, and **NCAA CHAMPIONSHIP RECORD** in the 400 with a time of 44.52 at the NCAA DI Indoor Track & Field Championships for the national title.
 - Lowered the world, collegiate, and championships record set by Kerron Clement in 2005 (44.57)
- Anchored a 44.52 leg to help break the **COLLEGIATE RECORD**, set an **ALL-TIME WORLD BEST** and the **NCAA CHAMPIONSHIP RECORD** in the 4x400 to win the national crown enroute to a time of 3:00.77 at the NCAA DI Indoor Track & Field Championships.
 - Lowered the collegiate-record standard of 3:01.98, set by those same Trojans earlier that year
 - Previous all-time world best was Poland's 3:01.77 set the week earlier at the World Indoor Championships
 - Previous meet record was 3:02.80 set by Texas A&M in 2017
- Became just the third man in Pac-12 history to win the 200 and 400 at the same conference championships.
- Split 43.06 on the anchor leg of the 4x400 relay at the NCAA West Preliminary Round, which is the second fastest split in world history behind Michael Johnson.

#(or X or CR), #C - Position on the all-time collegiate performers list (CR is collegiate record; X denotes ranked with better mark), all-time collegiate performance rank (ex. 2, 4C means the performer is No. 2 on the all-time collegiate list, while their time is ranked No. 4 all-time among collegiate marks - the performer above them has multiple marks better)

(a-c: #, #C) - All-conditions ranking in collegiate history, including wind-aided performances ==# or =#C is a tie on performer/performance list

CB - Combined event result; underlined marks indicate season's best in that event