

Region	Date	Meet Name	Location	Host
Atlantic	Sat Sep 3	Oneonta Early Bird	Oneonta, N.Y.	SUNY Oneonta
Atlantic	Sat Sep 3	SUNYIT Invitational	Utica, N.Y.	SUNYIT
Atlantic	Sat Sep 3	Cardinal Classic	Plattsburgh, N.Y.	Plattsburgh State
Atlantic	Sat Sep 3	Vassar College Invitational	Poughkeepsie, N.Y.	Vassar
Atlantic	Sat Sep 10	Pat Paterson & Don Masterson Race	Oswego, N.Y.	SUNY Oswego
Atlantic	Sat Sep 10	Golden Eagle Invitational	Brockport, N.Y.	SUNY Brockport
Atlantic	Sat Sep 10	Hamilton Short Course Invitational	Clinton, N.Y. (Oneida Co.)	Hamilton
Atlantic	Sat Sep 10	New Paltz Invitational	New Paltz, N.Y.	SUNY New Paltz
Atlantic	Sat Sep 17	Oneonta Airfield Invitational	Oneonta, N.Y.	SUNY Oneonta
Atlantic	Sat Sep 17	Valiant Invitational	Purchase, N.Y.	Manhattanville
Atlantic	Sat Sep 17	RPI Invitational	Troy, N.Y.	RPI
Atlantic	Sat Sep 24	Jack Daniels Invitational	Cortland, N.Y.	SUNY Cortland
Atlantic	Sat Oct 1	SUNY Geneseo Invitational (cross country)	Geneseo, N.Y.	SUNY Geneseo
Atlantic	Sat Oct 8	Hamilton Invitational (cross country)	Clinton, N.Y. (Oneida Co.)	Hamilton
Atlantic	Sat Oct 8	Ronald Hoffmann Invitational (Pre-Atlantic Regional)	Canton, N.Y.	St. Lawrence
Atlantic	Sat Oct 15	Rochester Yellowjacket Invitational	Rochester, N.Y.	Rochester
Atlantic	Sat Oct 22	NYSCTC Cross Country Championships	Canton, N.Y.	St. Lawrence
Atlantic	Sat Oct 22	RPI at Saratoga	Troy, N.Y.	RPI
Atlantic	Sun Oct 23	HVMAC/HVWAC Championships		Yeshiva
Atlantic	Sun Oct 23	Liberty League Cross Country Championships	Poughkeepsie, N.Y.	Vassar
Atlantic	Sat Oct 29	NJAC Cross Country Championships	Pomona, N.J.	Stockton
Atlantic	Sat Oct 29	Allegheny Cross Country Championships	Buffalo, N.Y.	Medaille
Atlantic	Sat Oct 29	SUNYAC Cross Country Championships	New Paltz, N.Y.	SUNY New Paltz
Atlantic	Sat Oct 29	North Eastern Cross Country Championships	Cobleskill, N.Y.	SUNY Cobleskill
Atlantic	Sun Nov 6	Halloween Run	New York, N.Y.	Yeshiva
Atlantic	Sat Nov 12	NCAA Atlantic Regional	Canton, N.Y.	St. Lawrence
Central	Thu Sep 1	Saint John's (Minn.) Dual	Collegeville, Minn.	Saint John's (Minn.)
Central	Thu Sep 1	Spartan Invitational	Cedar Rapids, Iowa	Coe
Central	Thu Sep 1	Ole-Mac Time Trial	Saint Paul, Minn.	Macalester
Central	Sat Sep 3	Central (Iowa) Invitational	Pella, Iowa	Central (Iowa)
Central	Sat Sep 3	St. Olaf Alumni Race	Northfield, Minn.	St. Olaf
Central	Sat Sep 3	Saint Mary's (Minn.) Open	Winona, Minn.	Saint Mary's (Minn.)
Central	Sat Sep 3	Augsburg Dual Meet	Minneapolis, Minn.	Augsburg
Central	Fri Sep 9	Nebraska Wesleyan Alumni Race	Lincoln, Neb.	Nebraska Wesleyan
Central	Sat Sep 10	Les Duke Invitational	Grinnell, Iowa	Grinnell
Central	Sat Sep 10	Luther All-American	Decorah, Iowa	Luther
Central	Sat Sep 17	Woody Greeno Invitational (Nebraska/Nebraska Wesleyan)	Lincoln, Neb.	Nebraska Wesleyan
Central	Sat Sep 17	St. Olaf Invitational	Northfield, Minn.	St. Olaf
Central	Fri Sep 23	No Limit Invitational	Winona, Minn.	Saint Mary's (Minn.)
Central	Fri Sep 30	Lamb-Kohawk Invitational	Cedar Rapids, Iowa	Coe

Central	Sat Oct 8	Dan Huston/Pre-National (Division III) Invitational	Waverly, Iowa	Wartburg
Central	Sat Oct 8	Pre-UMAC Meet	Mankato, Minn.	Bethany Lutheran
Central	Sat Oct 8	St. Kate's Invitational	Saint Paul, Minn.	St. Catherine (Minn.)
Central	Fri Oct 14	Dr. Tucker Invitational	Dubuque, Iowa	Loras
Central	Sat Oct 15	Running of the Cows	Northfield, Minn.	Carleton
Central	Fri Oct 21	Crown Invitational	St. Bonifacius, Minn.	Crown
Central	Sat Oct 29	IIAC Cross Country Championships	Decorah, Iowa	Luther
Central	Sat Oct 29	UMAC Cross Country Championships	Mankato, Minn.	Bethany Lutheran
Central	Thu Nov 3	Karhu Shoe Race	Northfield, Minn.	St. Olaf
Central	Fri Nov 4	Saint John's (Minn.) Fall Finale	Collegetown, Minn.	Saint John's (Minn.)
Central	Fri Nov 4	Luther JV Cup	Decorah, Iowa	Luther
Central	Sat Nov 5	Great Plains Cross Country Championships	Lincoln, Neb.	Nebraska Wesleyan
Central	Sat Nov 12	NCAA Central Regional	Waverly, Iowa	Wartburg
Great Lakes	Thu Sep 1	Wooster Invitational	Wooster, Ohio	Wooster
Great Lakes	Thu Sep 1	Kenyon Invitational	Gambier, Ohio	Kenyon
Great Lakes	Sat Sep 3	Adrian Invitational	Adrian, Mich.	Adrian
Great Lakes	Sat Sep 3	Grizzly Invitational	Franklin, Ind.	Franklin
Great Lakes	Sat Sep 3	Bill Sudeck Invitational	Cleveland, Ohio	Case Western Reserve
Great Lakes	Sat Sep 3	Wabash Hokum Karem Relay	Crawfordsville, Ind.	Wabash
Great Lakes	Sat Sep 10	GLCA Championship	Delaware, Ohio	Ohio Wesleyan
Great Lakes	Sat Sep 10	Yellow Jacket Open	Defiance, Ohio	Defiance
Great Lakes	Sat Sep 17	Calvin Invitational (cross country)	Grand Rapids, Mich.	Calvin
Great Lakes	Sat Sep 17	Wittenberg Invitational	Springfield, Ohio	Wittenberg
Great Lakes	Sat Sep 24	Otterbein Invitational	Westerville, Ohio	Otterbein
Great Lakes	Sat Sep 24	MIAA Jamboree	Olivet, Mich.	Olivet
Great Lakes	Sat Oct 8	Gibson Family Collegiate Invitational	Terre Haute, Ind.	Rose-Hulman
Great Lakes	Wed Oct 12	Wooster Mile	Wooster, Ohio	Wooster
Great Lakes	Fri Oct 14	Manchester Invitational	North Manchester, Ind.	Manchester
Great Lakes	Fri Oct 14	Wilmington (Ohio) Invitational	Wilmington, Ohio	Wilmington (Ohio)
Great Lakes	Sat Oct 15	Inter-Regional Rumble	Oberlin, Ohio	Oberlin
Great Lakes	Sat Oct 29	North Coast Cross Country Championships	Springfield, Ohio	Wittenberg
Great Lakes	Sat Oct 29	Michigan Intercollegiate (MIAA) Championships	Alma, Mich.	Alma
Great Lakes	Sat Oct 29	HCAC Cross Country Championships	Anderson, Ind.	Anderson (Ind.)
Great Lakes	Sat Nov 12	NCAA Great Lakes Regional	Oberlin, Ohio	Oberlin
Mideast	Sat Sep 3	Fisher Invitational	New Wilmington, Pa.	Westminster (Pa.)
Mideast	Sat Sep 10	Waynesburg Invitational	Waynesburg, Pa.	Waynesburg
Mideast	Sat Sep 17	Penn State Behrend Invitational	Erie, Pa.	Penn State Erie
Mideast	Tue Sep 20	Bethany (W.Va.) Invitational	Bethany, W.Va.	Bethany (W.Va.)
Mideast	Sat Sep 24	Messiah Invitational	Grantham, Pa.	Messiah
Mideast	Sat Oct 1	Bobcat Invitational	Greensburg, Pa.	Pitt Greensburg
Mideast	Sat Oct 8	Dickinson Invitational	Carlisle, Pa.	Dickinson

Mideast	Sat Oct 8	Carnegie Mellon Invitational	Pittsburgh, Pa.	Carnegie Mellon
Mideast	Sat Oct 8	DeSales Invitational	Center Valley, Pa.	DeSales
Mideast	Sat Oct 15	Goucher College Classic	Towson, Md.	Goucher
Mideast	Sat Oct 29	CAC Cross Country Championships	York, Pa.	York (Pa.)
Mideast	Sat Oct 29	Colonial States Cross Country Championships	La Plume, Pa.	Keystone
Mideast	Sat Oct 29	Landmark Cross Country Championships	Bethlehem, Pa.	Moravian
Mideast	Sat Oct 29	PAC Cross Country Championships	New Wilmington, Pa.	Westminster (Pa.)
Mideast	Sat Oct 29	Centennial Cross Country Championships	Carlisle, Pa.	Dickinson
Mideast	Sat Oct 29	Middle Atlantic Conferences (MAC) Champions+C32hips	Grantham, Pa.	Messiah
Mideast	Sat Nov 12	NCAA Mideast Regional	Center Valley, Pa.	DeSales
Midwest	Thu Sep 1	Titan Opener	Normal, Ill.	Illinois Wesleyan
Midwest	Fri Sep 2	Earlybird Invitational	Elmhurst, Ill.	Elmhurst
Midwest	Sat Sep 3	Washington (Mo.) Early Bird	St. Louis, Mo.	Washington (Mo.)
Midwest	Sat Sep 3	Tom Berry Invitational	De Pere, Wis.	St. Norbert
Midwest	Fri Sep 9	Northland Invitational	Ashland, Wis.	Northland
Midwest	Sat Sep 17	Warkhawk Invitational	Whitewater, Wis.	UW-Whitewater
Midwest	Fri Sep 23	Brissman/Lundeen Invitational	Rock Island, Ill.	Augustana (Ill.)
Midwest	Sat Sep 24	Wheaton (Ill.) Invitational	Winfield, Ill.	Wheaton (Ill.)
Midwest	Fri Sep 30	Blugold Open	Colfax, Wis.	UW-Eau Claire
Midwest	Fri Sep 30	Cardinal Classic	Winfield, Ill.	North Central (Ill.)
Midwest	Sat Oct 1	Olde English Classic	Beloit, Wis.	Beloit
Midwest	Sat Oct 1	Warrior Invitational	Milwaukee, Wis.	Wisconsin Lutheran
Midwest	Fri Oct 7	Eagle Invitational	Lisle, Ill.	Benedictine (Ill.)
Midwest	Fri Oct 7	Titan Invitational	Normal, Ill.	Illinois Wesleyan
Midwest	Sat Oct 8	Gene Davis Invitational	Appleton, Wis.	Lawrence
Midwest	Sat Oct 8	Red Hawk Invitational	Ripon, Wis.	Ripon
Midwest	Fri Oct 14	H.W. "Bill" Wright Invitational	Decatur, Ill.	Millikin
Midwest	Sat Oct 15	Jim Drews/Tori Neubauer Invitational	West Salem, Wis.	UW-La Crosse
Midwest	Sat Oct 15	UW Oshkosh Brooks Invitational	Winneconne, Wis.	UW-Oshkosh
Midwest	Fri Oct 21	Cardinal Open	Winfield, Ill.	North Central (Ill.)
Midwest	Sat Oct 29	WIAC Cross Country Championships	Colfax, Wis.	UW-Eau Claire
Midwest	Sat Oct 29	UAA Cross Country Championships	Chicago, Ill.	Chicago
Midwest	Sat Oct 29	SLIAC Cross Country Championships	Greenville, Ill.	Greenville
Midwest	Sat Oct 29	CCIW Cross Country Championships	Chicago, Ill.	North Park
Midwest	Sat Oct 29	Midwest Conference Cross Country Championships	Ripon, Wis.	Ripon
Midwest	Sat Nov 12	NCAA Midwest Regional	Rock Island, Ill.	Augustana (Ill.)
Midwest	Sat Nov 19	NCAA Division III Cross Country Championships	Winneconne, Wis.	UW-Oshkosh
New England	Sat Sep 3	Keene State Invitational	Keene, N.H.	Keene State
New England	Sat Sep 10	Smith College Invitational	Northampton, Mass.	Smith
New England	Sat Sep 10	Roger Williams Invitational	Bristol, R.I.	Roger Williams
New England	Sat Sep 10	Bantam Invitational	Hartford, Conn.	Trinity (Conn.)

New England	Sat Sep 10	Amherst Invitational	Amherst, Mass.	Amherst
New England	Thu Sep 15	Mount Ida Invitational	Newton, Mass.	Mount Ida
New England	Sat Sep 17	Middlebury Panther Invitational	Middlebury, Vt.	Middlebury
New England	Sat Sep 17	UMass Dartmouth Invitational	Dartmouth, Mass.	UMass Dartmouth
New England	Sat Sep 17	Maine Invitational	Brunswick, Maine	Bowdoin
New England	Sat Sep 24	Purple Valley Invitational	Williamstown, Mass.	Williams
New England	Sat Sep 24	Wesleyan (Conn.) Invitational	Middletown, Conn.	Wesleyan (Conn.)
New England	Sat Oct 1	Pop Crowell Invitational	Wenham, Mass.	Gordon
New England	Sat Oct 1	Bowdoin Invitational	Brunswick, Maine	Bowdoin
New England	Fri Oct 14	Saints Invitational	Boston, Mass.	Emmanuel (Mass.)
New England	Sat Oct 15	Connecticut College Invitational	New London, Conn.	Connecticut College
New England	Sat Oct 15	Little Three Championships (Division III)	Williamstown, Mass.	Williams
New England	Sat Oct 15	Maine State Championships (cross country)	Lewiston, Maine	Bates
New England	Sat Oct 22	Wellesley Invitational	Wellesley, Mass.	Wellesley
New England	Sat Oct 29	Commonwealth Coast Cross Country Championships	Bristol, R.I.	Roger Williams
New England	Sat Oct 29	NAC Cross Country Championships	Lyndon, Vt.	Lyndon State
New England	Sat Oct 29	Little East Cross Country Championships	Dartmouth, Mass.	UMass Dartmouth
New England	Sat Oct 29	MASCAC Cross Country Championships	Dartmouth, Mass.	UMass Dartmouth
New England	Sat Oct 29	New England Alliance Cross Country Championships	Dartmouth, Mass.	UMass Dartmouth
New England	Sat Oct 29	NESCAC Cross Country Championships	Amherst, Mass.	Amherst
New England	Sat Oct 29	GNEAC Cross Country Championships	Boston, Mass.	Emmanuel (Mass.)
New England	Sun Oct 30	NEWMAC Cross Country Championships	Boston, Mass.	MIT
New England	Sat Nov 5	ECAC D-III Cross Country Championships	Williamstown, Mass.	Williams
New England	Sat Nov 12	NCAA New England Regional	Brunswick, Maine	Bowdoin
South/Southeast	Thu Sep 1	Shenandoah Home Opener	Winchester, Va.	Shenandoah
South/Southeast	Sat Sep 3	Guilford Cross Country Carnival	Greensboro, N.C.	Guilford
South/Southeast	Sat Sep 3	Sewanee Invitational	Sewanee, Tenn.	Univ. of the South
South/Southeast	Sat Sep 10	Centre Invitational	Danville, Ky.	Centre
South/Southeast	Sat Sep 10	Generals Invitational	Lexington, Va.	Washington and Lee
South/Southeast	Fri Sep 30	Tiger Twilight Invitational	Sewanee, Tenn.	Univ. of the South
South/Southeast	Sat Oct 1	Rhodes College Invitational	Memphis, Tenn.	Rhodes
South/Southeast	Sat Oct 1	Maryville (Tenn.) College Invitational	Maryville, Tenn.	Maryville (Tenn.)
South/Southeast	Sat Oct 15	Southeast Challenge	Greensboro, N.C.	Guilford
South/Southeast	Sat Oct 15	Shenandoah Hornet Harrier	Winchester, Va.	Shenandoah
South/Southeast	Sat Oct 29	USA South Cross Country Championships	Greensboro, N.C.	Greensboro
South/Southeast	Sat Oct 29	ODAC Cross Country Championships	Bedford, Va.	Lynchburg
South/Southeast	Sat Oct 29	Great South (GSAC) Cross Country Championships	Lookout Mountain, Ga.	Covenant
South/Southeast	Sat Oct 29	SCAC Cross Country Championships	Sewanee, Tenn.	Univ. of the South
South/Southeast	Sat Oct 29	ASC Cross Country Championships	Seguin, Texas	Texas Lutheran
South/Southeast	Sat Nov 12	NCAA South/Southeast Regional	Seguin, Texas	Texas Lutheran
West	Thu Sep 1	Linfield at Lewis & Clark	Portland, Ore.	Lewis & Clark

West	Fri Sep 2	Zena Forest Meet	Salem, Ore.	Willamette
West	Sat Sep 3	Whitman Invitational	Walla Walla, Wash.	Whitman
West	Sat Sep 3	Puget Sound Open	Lakewood, Wash.	Puget Sound
West	Sat Sep 10	Lewis & Clark Invitational (cross country)	Portland, Ore.	Lewis & Clark
West	Sat Sep 17	Colorado College Invitational	Colorado Springs, Colo.	Colorado College
West	Sat Sep 24	Linfield Preview	McMinnville, Ore.	Linfield
West	Sat Oct 1	Charles Bowles Willamette Invitational	Salem, Ore.	Willamette
West	Sat Oct 1	Willamette Grass Course	Salem, Ore.	Willamette
West	Sat Oct 1	Pomona-Pitzer Invitational	Claremont, Calif.	Pomona-Pitzer
West	Sat Oct 15	Pacific Lutheran Invitational	Tacoma, Wash.	Pacific Lutheran
West	Sat Oct 29	Northwest Cross Country Championships	Brooks, Ore.	Linfield
West	Sat Nov 12	NCAA West Regional	Los Angeles, Calif.	Occidental