



## McMurry University Track and Field McMurry Invitational– March 26, 2010

### Meet Information

- Site:** Wilford Moore Stadium in Abilene, Texas  
Located on McMurry Campus - Corner of Ross Ave. and Hunt St.
- Date:** Friday, March 26, 2010
- Entry Fee:** Entry fee is \$150.00 per team, \$300.00 for combined teams and \$15.00 per unattached individuals.
- Entry Information:** Will be done through Direct Athletics at [www.directathletics.com](http://www.directathletics.com) Use your current name and password or go to the website and set one up. Each school is limited to six per event and three relays. Entries will be open Monday, March 22, 2010 and closed on Thursday, March 25 at 12:00 Noon.
- Check in:** Please check in at the weight room on the North side of Wilford Moore Stadium to pay entry fee and pick-up heat sheets. Packets will be available at Hardin Simmons also and you will need to pay your entry fee at packet pick up.
- Throwing Events:** **All throwing events will be held at :**  
**Hardin Simmons Track Facility**  
**2750 Grape**  
**Abilene, TX 79601**
- Weigh in:** Please weigh in implements one hour prior to the start of each event at the Hardin Simmons Track.
- Running events:** All running events will be run as finals. Competitors will be pre-seeded by entry times and distances.
- Field events:** All field events will take the top 8 competitors to finals along with any unattached in the top 8.
- Information:** Contact:  
Barbara Crousen or Brad Parris  
McM Station 188 McM Station 188  
Abilene, Texas 79697 Abilene, Texas 79697  
Phone: 325-793-4646 Phone: 325-793-4737  
Fax: 325-793-4659 Fax: 325-793-4659  
E-mail: [bcrousen@mcm.edu](mailto:bcrousen@mcm.edu) Email: [bparris@mcm.edu](mailto:bparris@mcm.edu)

## McMurry Invitational SCHEDULE OF EVENTS

**Friday, March 26, 2010**

### **Field Events:**

#### **10:00 NOON HSU Track**

Javelin	men/followed by women HSU track
Hammer	women/followed by men HSU track
Shot	men (conclusion of hammer)/followed by women HSU track
Discus	women (conclusion of javelin) followed by men HSU track

#### **11:00 AM McM Track**

High Jump	women/men
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#### **12:00 Noon McM Track**

Long Jump	women/men
Triple Jump	men/women
Pole vault	women/men

#### **2:00 PM McM Track Running Events**

4 x 100 meter relay	w/m
1500 meters	w/m
100 meter hurdles	wiscus
110 meter hurdles	m
400 meters	w/m
100 meters	w/m
800meters	w/m
400 hurdles	w/m
200 meter	w/m
5000/10,000 meters	w/
4x400 relay	w/m
3000 steeplechase	w/m

(Several folks have asked to run a DMR – if you are interested in this event – give me a call and we will see if there is enough interest to include this event – indicate where – maybe in the morning while the throwing events are being held at Hardin Simmons.)



## McMurry University Track and Field McMurry Relays– April 1, 2010

### Meet Information

- Site:** Wilford Moore Stadium in Abilene, Texas  
Located on McMurry Campus - Corner of Ross Ave. and Hunt St.
- Date:** Thursday, April 1, 2010
- Entry Fee:** Entry fee is \$150.00 per team, \$300.00 for combined teams and \$15.00 per unattached individuals.
- Entry Information:** Will be done through Direct Athletics at [www.directathletics.com](http://www.directathletics.com) Use your current name and password or go to the website and set one up. Each school is limited to six per event and three relays. Entries will be open Monday, March 29, 2010 and closed on Wednesday, March 31 at 12:00 Noon.
- Check in:** Please check in at the weight room on the North side of Wilford Moore Stadium to pay entry fee and pick-up heat sheets. Packets will be available at Hardin Simmons also and you will need to pay your entry fee at packet pick up.
- Throwing Events:** **All throwing events will be held at :**  
**Hardin Simmons Track Facility**  
**2750 Grape**  
**Abilene, TX 79601**
- Weigh in:** Please weigh in implements one hour prior to the start of each event at the Hardin Simmons Track.
- Running events:** All running events will be run as finals. Competitors will be pre-seeded by entry times and distances.
- Field events:** All field events will take the top 8 competitors to finals along with any unattached in the top 8.
- Information:** Contact:  
Barbara Crousen or Brad Parris  
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Abilene, Texas 79697 Abilene, Texas 79697  
Phone: 325-793-4646 Phone: 325-793-4737  
Fax: 325-793-4659 Fax: 325-793-4659  
E-mail: [bcrousen@mcm.edu](mailto:bcrousen@mcm.edu) Email: [bparris@mcm.edu](mailto:bparris@mcm.edu)

## McMurry Invitational SCHEDULE OF EVENTS

**Thursday, April 1, 2010**

### **Field Events:**

#### **10:00 NOON HSU Track**

Javelin	men/followed by women HSU track
Hammer	women/followed by men HSU track
Shot	men (conclusion of hammer)/followed by women HSU track
Discus	women (conclusion of javelin) followed by men HSU track

#### **11:00 AM McM Track**

High Jump	women/men
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#### **12:00 Noon McM Track**

Long Jump	women/men
Triple Jump	men/women
Pole vault	women/men

#### **2:00 PM McM Track Running Events**

4 x 100 meter relay	w/m
1500 meters	w/m
100 meter hurdles	w/m
110 meter hurdles	m
400 meters	w/m
100 meters	w/m
800meters	w/m
400 hurdles	w/m
200 meter	w/m
5000/10,000 meters	w/
4x400 relay	w/m
3000 steeplechase	w/m