The regular annual meeting of the USTFCCCA-NCAA Division III Cross Country was held on Tuesday-Thursday, December 16-18, 2008, at the JW Marriott Desert Ridge Hotel & Convention Center in Phoenix, Arizona, the President, Jim Pennington, Springfield, being in the chair and the Secretary, Garrick Larson, Concordia-Moorhead, being present. The minutes of the last meeting were available online prior to the meeting and approved.

1) Motion: In terms of the at-large teams selected for the NCAA Cross Country Championship, allow up to 6 teams from a region. (Tim Miles, St. John’s, second Rick Witt, UW-Stevens Point). Motion adopted, 70-44-3.

2) Motion: Amend NCAA Bylaw 17.02.13 as follows: Motion adopted, 75-2-1. Exception for Cross Country: Student-athletes may voluntarily record and share out-of-season training logs with the coaching staff for the purpose of preventing overtraining and to help ensure that individually designed, in-season training plans are appropriate and safe. (Tyler Wingard, Christopher Newport, second).

This exception would follow the precedence established in Bylaw 17.02.1.1(e) where voluntary individual workouts may be monitored for safety purposes.

3) Motion: Utilize preferred boxes at the NCAA Regional and National Championship, drawn at random, for top-ranked teams to be determined by the Games Committees (Frederic Whiteside, Augustana-IL, second Tom Antczak, UW-Platteville). Motion failed, 3-70-2.

4) Motion: Regional representatives shall serve a two-year term. Regional representatives shall be elected by the Institutional by majority at the USTFCCCA NCAA Division III Cross Country Coaches meeting. Every second year beginning with 2009, the men’s representatives from the Atlantic, South/Southeast, Midwest, and West regions and the women’s representatives from the New England, Mideast, Great Lakes, and Central regions shall be elected. Every second year beginning with 2010, the women’s representatives from the Atlantic, South/Southeast, Midwest, and West regions and the men’s representatives from the New England, Mideast, Great Lakes, and Central regions shall be elected. Unless uncontested, the term limit shall be three consecutive 2-year terms. (Moved and seconded through the USTFCCCA Cross Country Executive Committee. Amended as stricken, Barbara Crousen, McMurray, second Barb Hartwig, University of Rochester). Motion adopted, 74-3-2.

5) Motion: Approve the concept of the Division III Cross Country Handbook. (Moved and seconded through the USTFCCCA Cross Country Executive Committee). Motion adopted, 76-3-2.

6) Motion: The offices of President, 1st Vice President, and 2nd Vice President shall serve two year terms. The 2nd Vice President shall serve a two year term, followed by a two year term as 1st Vice President, followed by a two year term as President. The 2nd Vice President shall be elected by the Institutional by majority at the USTFCCCA NCAA Division III Track & Field Coaches meeting. The next vote will be December 2009 with new officers taking affect after the 2010 summer meetings. (Bylaws Committee, Chair Chris Hall University of Chicago, Kari Kluckhohn, North Central). Motion adopted, 70-1-1.

7) Special Election
   a) Regional Representative
Motion: In order to qualify for the USTFCCCA All-Academic Individual in Cross Country an athlete must finish in the top 35 at a regional championship. Adopted 18-0-2.

Motion: In order to qualify for the USTFCCCA All-Academic Individual in Cross Country and Track & Field an athlete must achieve a GPA of at least 3.30. Adopted 20-3-1.

Motion: 1st year students shall be eligible for the USTFCCCA All-Academic Individual award in Cross Country and Track & Field. Adopted 24-0-0.

Motion: The USTFCCCA national office will coordinate online voting for Cross Country and Track & Field Regional Coach & Athlete of the Year. Adopted 24-0-0.