

NCAA DIVISION I MEN'S AND WOMEN'S TRACK AND FIELD



2010 OUTDOOR TECHNICAL MANUAL

INTRODUCTION

This manual outlines the technical procedures for competition for all rounds in the 2010 NCAA Division I Men's and Women's Outdoor Track and Field Championships and provides case studies of situations that may arise during the course of the competition. This manual contains four sections:

- The technical procedures for administrating the events at the Preliminary Round competition sites.
- The technical procedures for administrating the Final Championship competition;
- The relay policy for the competition; and
- Case studies, to assist coaches by reviewing and answering questions generated by situations.

This manual should be used in conjunction with the 2010 NCAA Division I Men's and Women's Outdoor Track and Field Championships Handbook, the 2009/2010 NCAA Track and Field/Cross Country Men's and Women's Rules Book, and NCAA Bylaw 31 of the 2009-10 NCAA Manual, which pertain to the administration of NCAA championships. These publications will provide information about the general policies governing NCAA championships.

Readers should note that information in the Handbook concerning specifics for the declaration process and the administration of the championships takes precedence over this manual since it is distributed later and may contain important changes.

ALL times listed in this document for deadlines are Eastern Time. Although this manual and the other publications attempt to cover all phases of Championship Competition, some questions may arise before or during the event. Please feel free to contact any member of the NCAA Division I Men's and Women's Track and Field committee, or NCAA liaisons Liz Turner Suscha and Kristen Jacob Smith, at the national office.

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IMPORTANT DATES

National Championship Preliminary Round Competition

ALL times listed in this document for deadlines are Eastern Time.

Sunday, May 16	Last date a qualifying performance may be achieved.
Monday, May 17	Mandatory meet result submission deadline is 5 p.m. Marks submitted after 5 p.m. will not be eligible for qualifying. Final descending order lists posted by 9 p.m.
Tuesday, May 18	Declarations open at 8 a.m. Challenge period ends at 4 p.m. Challenges must be submitted by e-mail to Sean Laughlin (see Contact Information).
Thursday, May 20	Coaches must submit an electronic declaration through DirectAthletics by 2 p.m. Declarations submitted between 2 p.m. and 5 p.m. will be accepted as LATE and the institution will be fined \$300. There is no opportunity to submit a declaration after the absolute deadline of 5 p.m. Any student-athlete not declared by the 5 p.m. deadline will be scratched. Declaration for all events, including events not contested at the Preliminary Round site, occurs before the Preliminary Round of the Championship only. There is no further declaration. Full details regarding declaration procedures and participation requirements are contained in the Championship Handbook.
Friday, May 21	All student-athletes must be declared or scratched on the declaration form in every event in which they have qualified. A declaration is a firm commitment to compete in every declared event unless a preference statement is filed to indicate a choice to compete between one of several declared events. The list of student-athletes, by event, who have been accepted to compete in each Preliminary Round of the Championship competition, plus those who have been accepted to compete in the Heptathlon or Decathlon at the Final Championship Meet, will be posted on the NCAA Web site by 5 p.m., Friday, May 21. (http://web1.ncaa.org/track/events.jsp)
Sunday, May 23	Deadline for medical scratches for the Preliminary Round of the Championship is 5 p.m. Any scratches must be reported by phone and e-mailed to Sean Laughlin.
Tuesday, May 25	Championship Preliminary Round start lists are posted on NCAA Web site by 2 p.m.
Wednesday, May 26	Packet pickup and mandatory coaches meeting at each Preliminary Round competition site.
Thu-Sat., May 27-29	Preliminary Round competition of the NCAA Division I Men's and Women's Outdoor Track and Field Championships.

National Championship Finals

Sunday, May 30	Committee will post the qualifiers from each event contested in the Preliminary Round competition with their performances by 5 p.m. Also posted will be those accepted in events not contested at the Preliminary Round competition sites. Coaches must review the list between 5 p.m. and 8 p.m. to ensure that the information listed is accurate for their student-athletes.
Tuesday, June 1	Track and Field Subcommittee completes final entries for the Final Championship Meet. Final list of Final Championship Meet participants is posted on the NCAA Web site by 3 p.m. (http://web1.ncaa.org/track/events.jsp)
Sunday, June 6	Deadline for medical scratches is midnight. Medical scratches must be reported by phone and e-mailed to Sean Laughlin.
Monday, June 7	Final Championship Meet start lists are posted on the NCAA Web site by noon. (http://web1.ncaa.org/track/events.jsp)
Tuesday, June 8	Packet pickup. Mandatory coaches meeting.
Wednesday-Saturday June 9-12	NCAA Division I Men's and Women's Outdoor Track and Field Championship Finals.

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ADMINISTRATION OF PRELIMINARY ROUND COMPETITION

1. General Administration.

The administration of the Preliminary Round competition at each site is the responsibility of the NCAA Division I Men's and Women's Track and Field Committee, the NCAA championships liaisons, and the director of athletics of the host institution. They shall delegate duties and responsibilities and other personnel as necessary to ensure the efficient and effective administration and promotion of each Preliminary Round competition. The following shall be used for assistance in the capacities indicated:

- a. The Meet Director. The meet director shall be appointed by the director of athletics of the host institution.
- b. The Games Committee. The games committee shall consist of three representatives assigned by the track and field committee, the chair of the track and field committee, and the meet director. The games committee shall serve as the site review committee and have the responsibility to make any decisions or determinations necessary to protect the integrity of each Preliminary Round competition and the qualifying process for the Final Championship Meet.
- c. The Meet Physician. The official meet physician shall be appointed by the meet director and shall be on site during all aspects of the competition to perform the duties prescribed in Rule 3-19 and Rule 3-20.
- d. The Referee. All Referee positions shall be appointed or approved by the track and field committee and have the authority prescribed in Rule 3-4. The Meet Director may submit nominations.
- e. The Jury of Appeal. The Jury of Appeal shall consist of two representatives assigned by the track and field committee in addition to the chair of the track and field committee. There shall be no other Jury.

2. Qualifying for the Preliminary Round of Championship.

Qualification to the Preliminary Round competition of the Championship is based on the descending order list for the season, segregated by east and west sites, and prepared solely from the mandatory submission of meet results during the season and adhering to the Qualifying Regulations published in the Championship Handbook. For each individual event contested at each of the Championship Preliminary Round competitions, the top 48 declared student-athletes will be accepted into the competition. For each relay event contested at each of the Championship Preliminary Round competitions, the top 24 declared relay teams will be accepted into the competition. The stated maximums are absolute and will not be extended as a result of ties.

Any descending order list ties, by mark, for the last position to be accepted, will be resolved by examining, of those tied, the second best valid qualifying meet performance submitted during the season, and so on until there is no basis for a mark comparison. For a tie not resolved after all available mark comparisons, acceptance will be awarded to the competitor who achieved the original tying mark later in the season. For a tie still not resolved, acceptance will be awarded to the competitor who achieved the second best valid qualifying meet performance later in the season, and so on until there is no basis for date comparison. As a last resort, the tie for the last qualifying position will be decided by the toss of a coin. An example of this tie breaking procedure is presented in the Case Studies section of this manual. After acceptance, compliance with Rule 4-2.2a, 'Failure to Participate' is required.

Information regarding declaration procedure, format of the Preliminary Round competition at each site, relay personnel policy, determination of qualifiers advancing from the Preliminary Round competition to the Final Championship Meet and other general information is within corresponding sections within this manual. Championship information such as important dates, deadlines and fines, as well as NCAA policy on transportation, eligibility and misconduct is available in the Championship Handbook.

The Heptathlon and Decathlon events are not contested during the Preliminary Round of Championship competition at the Preliminary Round sites. Qualification to the Championship in these two events is accomplished through a competitor's position on the national descending order list. The top 24 declared student-athletes in each of these two events will be accepted into the competition. **Declaration for these two**

events is completed during the one and only declaration period, which is prior to the Preliminary Round of Championship competition.

3. Declarations and Participation.

Declaration for the overall championship occurs prior to the Preliminary Round of the Championship competition and those who qualify in any round of competition must continue to participate in the next round of competition. Failure to participate, after declaring or qualifying, is a violation of Rule 4-2.2a and subject to the penalties of Rule 4-2.2c. In accordance with Rules 5-11.1 and 6-2.1, no replacement or substitution, within the rounds of the Championship, including the Preliminary Round competition, will be made if a qualifier fails to participate.

- a. The track and field committee will authorize an online posting of a declaration form for each institution by 8 a.m. Tuesday, May 18. Coaches will have access to their declaration form and can make changes up to the deadline of 2 p.m., Thursday, May 20. Declaration forms submitted after the 2 p.m. deadline and prior to 5 p.m. will be accepted as late and the institution will be fined \$300. **There is no opportunity to submit a declaration form after 5 p.m., May 20. Institutions failing to complete and submit the declaration form will have their student-athletes scratched from competition in all rounds of the championship. ALL listed times are Eastern Time.**
- b. Access to the declaration form is controlled through an institutional password assigned within the mandatory meet results reporting system. Any coach unable to access the online declaration form after 8 a.m., Tuesday, May 18, must follow the procedures, detailing contact information, in the Championship Handbook.
- c. The declaration process for the Preliminary Round of Championship competition, held at the two sites, is the first step in the overall procedure for the National Championship. Declarations for all events, including the combined events, are submitted as part of the declaration process for the Preliminary Round of Championship competition. **A declaration is a binding intent to participate.**
- d. All student-athletes must be declared or scratched on the declaration form in every event in which they have qualified. **A declaration is a firm commitment to compete in every declared event unless a preference statement is filed to indicate a choice to compete between one of several declared events.** The list of student-athletes, by event, who have been accepted to compete in each Preliminary Round of the Championship competition, plus those who have been accepted to compete in the Heptathlon or Decathlon at the Final Championship Meet, will be posted on the NCAA Web site by 5 p.m., Friday, May 21.
- e. Coaches are responsible for including a telephone number (preferably a mobile phone number) on the declaration form in the event the games committee needs to make contact.
- f. Only one relay team per institution per relay event may be declared for the Preliminary Round of the Championship. **Each accepted team will be seeded by its qualifying time. This qualifying time will not be preserved for future use in any round of the Championship.**
- g. Declaration of a relay team verifies the naming of the four declared members of the relay and their qualifying time. Not more than two student-athletes may be named as alternates for a relay in Preliminary Round of the Championship. These alternates must be named and declared not later than the close of packet pick-up for the Preliminary Round competition at each Preliminary Round site. See the section Relay Personnel and Participation Policy regarding the use of alternates and/or substitutes.
- h. After being notified of a medical scratch, every appropriate effort will be made by the committee to maintain the desired number of participants in an event (48) through direct contact with eligible replacements. A medical scratch is all-inclusive and not selective by event, including events not contested in the Preliminary Round of the Championship.

4. Competition Format for Preliminary Round of Championship at Preliminary Sites.
- a. Each competition at a Preliminary Round competition site will be conducted as a three-day event, with the women's and men's events alternating throughout the schedule.
 - b. The order of events shall be based on Rule 4-4.4. Exceptions for unusual conditions, facility constraints and other concerns, such as broadcast coverage, will be considered. The actual time schedule for the competition will be established by the track and field committee, and published on the NCAA Web site.
 - c. Any questions on issues related to rules or procedures not covered in this manual concerning the competition should be referred to the rules book and the referee.
 - d. The events contested in each Preliminary Round competition will include the 100-Meters, 200-Meters, 400-Meters, 800-Meters, 1,500-Meters, 3,000-Meter Steeplechase, 5,000-Meters, 10,000-Meters, 100-Meter Hurdles (women), 110-Meter Hurdles (men), 400-Meter Hurdles, 400-Meter Relay, 1,600-Meter Relay, High Jump, Pole Vault, Long Jump, Triple Jump, Shot Put, Discus, Javelin and Hammer.
 - e. In all running events which start and finish in lanes, no lane outside lane eight will be used, unless necessitated by unusual circumstances. First round running event heats and lanes will be determined using Rules 5-11.3 and 5-11.4. First round flight grouping and competing order in horizontal field events will be based on entry performance using Rules 6-4.1 and 6-4.2. First round flight grouping and competing order in vertical field events will be randomly drawn using Rules 6-4.1 and 6-4.2. Specific event details are in Section 6 of this manual.

5. Preferred Lanes.
- a. Unless otherwise indicated, all lanes in the first round of competition in any event at each Preliminary Round site, including the only round, will be drawn randomly.
 - b. In all rounds after the first round, the lanes will be assigned as prescribed in Rule 5-11.4. In the 100-meters, 100-meter hurdles and 110-meter hurdles, the preferred lane order will be: 5, 4, 6, 3, 7, 2, 8, 1. In the 200-meters, 400-meters, 400-meter hurdles and 800-meters, the preferred lane order will be: 4, 5, 6, 3, 7, 2, 8, 1.

6. Heats, Flights, Qualifying Procedures and Stagers.
- The provisions and procedures prescribed in Rules 5-11, 6-2 and 6-4 regarding the formation, grouping, competition order, cancellation or redrawing of heats or flights shall apply in each round at each Preliminary Round competition site unless specifically superceded in this section. Changes to heats or flights, predetermined by declaration, may be made only with games committee authorization.

- a. 100-Meters, 100-Meter / 110-Meter Hurdles, 200-Meters, 400-Meters, 400-Meter Hurdles and 800-Meters.

(1) Two rounds will be contested, a first round and a quarter-final.

The first round, based on the number of competitors who declare and/or report as instructed in the meet information to the clerk of the course for the first round of competition, will be formed using the following table:

# of competitors	# of 1st round heats	Advancing to the quarter-final round (24)
41 to 48	6	Top 3 from each heat plus next 6 fastest times.

The quarter-final will consist of three heats. Twelve, the top three from each quarter-final heat plus the next best three times, after tie breaking, will qualify from the quarter-final round to the Final Championship Meet.

(2) Lanes one through eight will be used in all rounds. In the 800-Meters, one runner per lane, using a one-turn stagger at the start, will be used in all rounds.

b. 1,500-Meters.

(1) Two rounds will be contested, a preliminary and a quarter-final.

The first round, based on the number of competitors who declare and/or report as instructed in the meet information to the clerk of the course for the first round of competition, will be formed using the following table:

# of competitors	# of 1st round heats	Advancing to the quarter-final round (24)
36 to 48	4	Top 5 from each heat plus next 4 fastest times.

The quarter-final will consist of two heats. Twelve, the top five from each quarter-final heat plus the next best two times, after tie breaking, will qualify from the quarter-final round to the Final Championship Meet.

(2) A single waterfall start will be used. Starting positions in all rounds will be assigned by a random draw.

c. 3,000-Meter Steeplechase.

(1) One round, a quarter-final, will be contested.

The quarter-final round, based on the number of competitors who declare and/or report as instructed in the meet information to the clerk of the course for this first round of competition, will be formed using the following table:

# of competitors	# of 1st round heats	Advancing to the Final Championship Meet (12)
36 to 48	3	Top 3 from each heat plus next 3 fastest times.

Twelve, after tie breaking, will qualify from the quarter-final to the Final Championship Meet.

(2) A single waterfall start will be used. Starting positions in all rounds will be assigned by random draw.

d. 5,000-Meters.

(1) One round, a semi-final, will be contested.

The semi-final round, based on the number of competitors who declare and/or report as instructed in the meet information to the clerk of the course for this first round of competition, will be formed using the following table:

# of competitors	# of 1st round heats	Advancing to the Final Championship Meet (12)
36 to 48	2	Top 5 from each heat plus next 2 fastest times.

Twelve, after tie breaking, will qualify from the semi-final to the Final Championship Meet.

(2) A double-waterfall start shall be used, with two-thirds of the full field on the main waterfall, across the entire width of the track, and the remainder on the staggered waterfall. Starting positions will be assigned by a random draw. A competitor assigned to the staggered waterfall may start in a second row behind the main waterfall start.

e. 10,000-Meters.

(1) One round, a semi-final run as a single race, will be contested with competitors who declare and/or report as instructed in the meet information to the clerk of the course for this first round of competition. Twelve, after tie breaking, will qualify from the semi-final to the Final Championship Meet.

(2) A double-waterfall start shall be used when more than 18 report. Up to the fastest seeded 18 competitors shall occupy the front row of the main waterfall start. Up to the next seeded nine competitors will occupy the front row of the staggered waterfall start. Up to the next 18 competitors will be the second row of the main waterfall line and up to the next nine competitors will be the second row of the staggered waterfall line.

(3) There will be no more than 18 competitors in any row at the main waterfall line.

- (4) If more than one row is necessary, competitors will be assigned to their rows/waterfall line, seeded by their entry times. The front row will be the fastest, second row the next fastest.
- (5) Starting positions within each row/waterfall will be assigned by a random draw.
- (6) A competitor assigned to the staggered waterfall line may start in behind the second row on the main waterfall line.

f. 400-Meter Relay and 1,600-Meter Relay.

- (1) One round, a quarter-final, will be contested.

The quarter-final round, based on the number of teams that declare and/or report as instructed in the meet information to the clerk of the course for this first round of competition, will be formed using the following table:

# of teams	# of 1st round heats	Advancing to the Final Championship Meet (12)
17 to 24	3	Top 3 from each heat plus next 3 fastest times.

Twelve, the top three from each quarter-final heat plus the next best three times, after tie breaking, will qualify from the quarter-final round to the Final Championship Meet.

- (2) Lanes one through eight will be used. Lane assignments will be drawn randomly.

g. Long Jump, Triple Jump and Shot Put.

- (1) A single qualifying competition with one check-in, consisting of a round of three preliminary attempts followed by a round of three final attempts, will be contested. There is no automatic qualifying mark. The sixteen best marks, after tie breaking, will qualify from the first round of three preliminary attempts to the final round of three attempts. Failure to participate, in any round after the first round of trials, is a violation of Rule 4-1.2a and subject to the penalties of Rule 4-1.2c. The twelve best marks, after tie breaking, using Rule 6-2.5 will qualify from each Preliminary Round site to the Final Championship Meet.

- (2) Flight assignment for the first round of preliminary attempts will be determined from the ranked descending order list for each Preliminary Round site. The order of flight competition will be from worst performance to best. When there are two competition facilities, four flights as even in number as possible will be used, except that the two best flights will have twelve competitors in each. The two worst ranked flights competing at the same time, followed by the two best ranked flights. Two boards of like construction and distance shall be available on each runway for the triple jump. Following the completion of the four preliminary round flights, the sixteen competitors qualifying for the additional three attempts shall compete on a single facility. The order of competition for the additional three attempts will be as prescribed in Rule 6-4.2. The games committee will determine the runway or circle to be used for the additional three attempts before the start of preliminary round competition.

When there is only one competition facility, the preliminary and final round attempts will be organized and contested in the same manner as the longer distance field events.

- (3) The jumping/throwing order within each flight of preliminary round attempts will be determined by a random draw. The single flight in the final qualifying round of attempts will compete in reverse order of best preliminary round mark.
- (4) Each flight, in each round, will be allowed a thirty-minute flight-specific warm-up. There is no general warm-up period.

h. Discus, Hammer and Javelin.

- (1) A single qualifying competition with one check-in, consisting of a round of three preliminary attempts followed by a round of three final attempts, will be contested. There is no automatic qualifying mark.

The sixteen best marks, after tie breaking, will qualify from the first round of three preliminary attempts to the final round of three attempts. Failure to participate, in any round after qualifying, is a violation of Rule 4-1.2a and subject to the penalties of Rule 4-1.2c. The twelve best marks, after tie breaking, using Rule 6-2.5 will qualify from each Preliminary Round site to the Final Championship Meet.

- (2) Flight assignment for the first round of preliminary attempts will be determined from the ranked descending order list for each Preliminary Round site. The order of flight competition will be from worst performance to best. Three flights as even in number as possible will be used, except that the best flight will have sixteen competitors. Following the completion of the three preliminary round flights, the sixteen competitors qualifying for the additional three attempts shall compete on a single facility.
- (3) The throwing order within each flight of preliminary round attempts will be determined by a random draw. The single flight in the final qualifying round of attempts will compete in reverse order of best preliminary round mark.
- (4) Each flight, in each round, will be allowed a thirty-minute flight-specific warm-up. There is no general warm-up period.

i. High Jump and the Pole Vault.

- (1) A qualifying competition will be contested. There is no automatic qualifying mark. Twelve, based on performance after tie breaking and possibly a jump-off, will qualify from the Preliminary Round competition to the Final Championship Meet. Two competition facilities are strongly preferred in each event.
- (2) Flight assignment will be determined by random draw and will be as even in number as possible. When two competition facilities exist, there will be two flights. When there is only one competition facility, there will be one flight. The competing order within each flight will be determined by a random draw.
- (3) The raising of the bar to a new height, when two facilities are used, will occur in both pits simultaneously.
- (4) A continuous flight of five ('five-alive') will be used until there are fewer than nine competitors at a given height in each pit. See Rule 6-4.3. Overall competition will continue until all competitors have attempted and completed their trials for at least one bar height and there are twelve or fewer remaining in the competition, counting both pits.
- (5) For two flights on the same pit, or one flight on each of two pits, each will be allowed a flight-specific warm-up period of 60 minutes on the pit being used and have no general warm-up period. The 'one-hour' time limit indicated in Rule 6-1.11 will be in effect.
- (6) Starting heights and increments shall be determined by the committee approximately four weeks before the competition and will be identical at each Preliminary Round competition site. The following progression is not final.

Women's High Jump	1.65	1.71	1.76	1.81	1.83	1.85	1.87	1.89	1.91	1.93
Men's High Jump	2.01	2.06	2.11	2.16	2.18	2.20	2.22	2.24	2.26	2.28
Women's Pole Vault	3.60	3.75	3.90	3.95	4.00	4.05	4.10	4.15	4.20	4.25
Men's Pole Vault	4.85	5.00	5.15	5.20	5.25	5.30	5.35	5.40	5.45	5.50

7. Breaking Ties for Qualifying Positions from Preliminary Round of Championship Sites

Running Event – In the case of a tie by reported mark for the final qualifying position to the Final Championship Meet, which increases the number of qualifiers above twelve, the tie will be broken using the procedure outlined in Rule 5-11.8, actual time based on 1/1,000th of a second. If a tie cannot be broken using this method, the competitors who are tied shall run-off to break the tie.

Horizontal Field Event – In the case of a tie by best mark for the final qualifying position to the Final Championship Meet, which increases the number of qualifiers above twelve, the tie will be broken using the procedure outlined in Rule 7-1.5, next best effort in the competition. If a tie cannot be broken using this method, the competitors who are tied shall make one additional attempt to break the tie.

Vertical Field Event – In the case of a tie by place for the final qualifying position to the Final Championship Meet, which increases the number of qualifiers above twelve, the tie will be broken using the jump-off procedure outlined in Rule 7-1.6c.1, normally applied to tie breaking for first place. This jump off will continue until the tied is broken in order to obtain a distinct 12th place.

8. General Information.

- a. Heat and flight information for each Preliminary Round competition will be available online no later than 2 p.m. Eastern Time the Tuesday prior to the Preliminary Round competitions.
- b. There will be a mandatory technical meeting the Wednesday evening prior to the start of the Preliminary Round competition at each site. At this meeting, all aspects of the competition and administrative procedures will be discussed. First day heat/flight sheets will be made available to each competing team.
- c. A coaching area, outside the area of competition, shall be established for each field event area. The meet director shall determine the location of this coaching area. Only individuals with proper credentials may use this coaching area.

ADMINISTRATION OF FINAL CHAMPIONSHIP COMPETITION

1. General Administration.

The information in the section of this manual under the heading Administration of Preliminary Round competition – General Administration is also applicable, where appropriate, to the Final Championship Meet.

2. Qualifying for the Final Championship Meet.

Qualifying to the Final Championship Meet is accomplished through performance in the Preliminary Round competition at each site for events contested at those competitions. Twelve competitors from each individual event and twelve teams from each relay event advance from each Preliminary Round site to the Final Championship Meet. Qualification, through competition in an event at a Preliminary Round competition, is required to participate in that event at the Final Championship Meet. Any individual or relay team must remain eligible for advancement throughout all rounds of the Championships. The specific event formula for advancement to the Final Championship Meet, as well as tie breaking procedure, is detailed in appropriate sections of Administration of Preliminary Round competition.

Qualification for the Heptathlon and Decathlon events of the Championship is accomplished through a student-athlete's position on the national descending order list. Based upon declarations, made before the Preliminary Round competition, twenty-four student-athletes will be accepted to the final championship meet in each event.

3. Declarations and Participation.

There is no separate declaration period or procedure for the Final Championship Meet. Declaration for the overall Championship occurs prior to the Preliminary Round competition and those who qualify in any round of competition must continue to participate in the next round of competition.

- a. The track and field committee will post online the qualifiers from the events at each Preliminary Round competition by 5 p.m., Sunday, May 30. Failure to participate, after qualifying, is a violation of Rule 4-1.2a and subject to the penalties of Rule 4-1.2c.

- b. Medical scratches must be reported by phone and e-mail to Sean Laughlin (see Contact Information) before Midnight on Sunday, June 6. Every possible effort will be made to replace a competitor in events **not contested** at the Preliminary Round competitions. A Preliminary Round qualifier, who has earned advancement as prescribed in Rules 5-11.1 and 6-2.1, cannot be replaced. The reporting of a medical scratch facilitates more equitable seeding in the event affected.
 - c. There is an opportunity to name and declare relay alternates to be used in the Final Championship Meet. See the section Relay Personnel and Participation Policy regarding the use of alternates and/or substitutes.
4. Competition Format for Final Championship Meet.
- a. The Final Championship Meet will be conducted as a four-day event, with the women's and men's events alternating throughout the schedule.
 - b. The order of events shall be based on Rule 4-4.4. Exceptions for unusual conditions, facility constraints and other concerns, such as broadcast coverage, will be considered. The actual time schedule for the competition will be established by the track and field committee, and published in the Championship Handbook.
 - c. Any questions of issues related to rules or procedures not covered in this manual concerning the competition should be referred to the rules book and the referee.
5. Preferred Lanes.
- a. In all rounds at the Final Championship Meet the lanes will be assigned as prescribed in Rule 5-11.4, using the place and time performances from the applicable first or second round of the event held at the Preliminary Championship sites.
 - b. In the 100-meters, 100-meter hurdles and 110-meter hurdles, the preferred lane order will be: 5, 4, 6, 3, 7, 2, 8, 1. In the 200-meters, 400-meters, 400-meter hurdles, 800-meters, 400-meter relay and 1600-meter relay the preferred lane order will be: 4, 5, 6, 3, 7, 2, 8, 1.
 - c. In all rounds for running events that do not start in lanes, assignment to starting line position will be random.
6. Heats, Flights, Procedures.
- The provisions and procedures prescribed in Rule 5 and Rule 6 shall be followed regarding the formation, grouping, competition order, cancellation or redrawing of heats or flights, vertical jump increments and advancement between rounds in the Final Championship Meet, based on performances in the previous round, including those from the Preliminary Round competition sites. The track and field committee retains its authority to set the competition procedures granted in the Rules. Distribution of competition procedures for the Final Championship Meet, differing from those printed herein, will be made no later than packet pick-up for the Preliminary Round of the Championship.
- a. 100-Meters, 100-Meter Hurdles, 110-Meter Hurdles, 200-Meters, 400-Meters, 400-Meter Hurdles, 800-Meters, 400-Meter Relay and 1600-Meter Relay.
 - (1) Two rounds will be contested, a semi-final and a final. The semi-final will consist of three heats. Eight, the top two from each heat plus the next best two times, after tie breaking, will qualify from the semi-final to the final. When nine lanes are available at the facility, nine, the top two from each semi-final heat plus the next best three times, after tie breaking, will qualify from the semi-final to the final.
 - (2) Lanes one through eight will be used in the semi-final round. Lanes one through nine will be used in the final whenever available.
 - b. 1,500-Meters and 3,000-Meter Steeplechase.
 - (1) Two rounds will be contested, a semi-final and a final. The semi-final will consist of two heats. Twelve, the top five from each heat plus the next best two times, after tie breaking, will qualify from the semi-final to the final.

- (2) A single waterfall start will be used.
- c. 5,000-Meters and 10,000-Meters.
- (1) One round, a final, will be contested.
- (2) A double waterfall start shall be used, with two-thirds of the full field at the main waterfall across the entire width of the track and the remainder on the staggered waterfall. A competitor assigned to the staggered waterfall may start in a second row behind the main waterfall start.
- d. Shot Put, Discus, Hammer, Javelin, Long Jump and Triple Jump.
- (1) A preliminary and final round of attempts on a single facility will be contested. The flight assignment to one of the two flights, equal in number, will be determined by random draw. Each competitor will be allowed three attempts in the preliminary round. The nine best marks, after tie breaking, will advance to the final round in one flight and compete in reverse order of performance in the preliminary round. Scoring is determined per Rule 6-2.5, by all marks during this preliminary and final round in the competition.
- (2) The throwing/jumping order within each flight will be determined by a random draw.
- (3) Each flight will be allowed a thirty-minute flight-specific warm-up. There is no general warm-up period. A maximum twenty minute warm-up period will be allowed before the final round.
- e. High Jump and the Pole Vault.
- (1) A single jumping or vaulting pit, with one flight, will be used. The competing order within each event will be determined by a random draw. The flight will receive a sixty minute warm-up period.
- (2) A continuous flight of five ('five alive') will be used until there are fewer than nine competitors at a given height. See Rule 6-4.3. The 'one-hour' time limit indicated in Rule 6-1.11 will be in effect.
- (3) Starting heights and increments shall be set by the games committee after the qualifiers from the Preliminary Round of Championship competition have been determined.

RELAY PERSONNEL AND PERFORMANCE POLICY

1. Each coach will declare one relay team for the Preliminary Round competition from those on the qualified descending order list. That relay team's performance will be used for seeding purposes. All other teams on the descending order list from that institution must be scratched.
2. A replacement may be a substitute or an alternate. A substitute is a student-athlete who is already in the competition, originating with the Preliminary Round and carrying through the Final Championship Meet (i.e. once a substitute, always a substitute). An alternate is a student-athlete not already in the Preliminary Round meet in any event. Not more than two alternates can be named. The alternates must be declared separately and not later than the close of packet pick-up at each Preliminary Round site. A separate declaration of alternates and eligible substitutes for teams that advance to the Final Championship Meet must be made during, and not later than, the close of packet pick-up at the Final Championship Meet. The declared alternate(s) at the Final Championship Meet must have been the declared alternate(s) for the Preliminary Round.
3. The four members who actually compete and earn a Final Championship Meet qualifying position will be the 'declared' relay team for that institution in the Final Championship Meet and will be the only individuals for which NCAA championship travel reimbursement will be provided. The performance achieved in the Preliminary Round competition will be used as the seed time in the Final Championship Meet. The qualifying mark from the descending order list is not preserved.

4. Replacements to the original qualifying relay team at the Preliminary Round competition sites are limited to qualified substitutes or alternates, as defined above. There is no limitation on number of replacements at either the Preliminary Round competition or the Final Championships Meet.

CASE STUDIES

Breaking a tie for the last accepted position to the Preliminary Rounds.

SITUATION 1: After declaration, 45 are declared for the west competition site in the Men's 100 with a mark of 10.48 or better. Six additional are declared with a best descending order list mark of 10.49. Will all six be accepted into the West Preliminary Rounds of the Championship?

RULING: No. Only 48, total, will be accepted into the West Preliminary Rounds of the Championship. That means, only three of the tying six will be accepted. The second best valid qualifying meet performance mark submitted through the mandatory meet result reporting system will be examined for each of the six. Assume the second best meet submissions are 10.51, 10.56, 10.57, 10.56, 10.51 and 10.63. The two individuals with the second best of 10.51 are accepted, and the tie breaking procedure continues, but only involves the two individuals with submissions of 10.56. If one of those had a third valid qualifying submission, and the other did not, the individual with the third submission would be the last individual accepted.

SITUATION 2: After declaration, 44 are declared for the west competition site in the Women's High Jump with a mark of 1.78 or better. No one has a submitted best meet mark of 1.77. Two are declared with a submitted best meet mark of 1.76. Fifteen additional are declared with a best descending order list mark of 1.75. Will all fifteen be accepted into the West Preliminary Rounds of the Championship?

RULING: No. Only 48, total, will be accepted into the West Preliminary Rounds of the Championship. That means, only two of the tying 15 will be accepted. The second best valid qualifying meet performance mark submitted through the mandatory meet result reporting system will be examined for each of the fifteen. Assume that after examining the 3rd best qualifying meet performance mark submitted, three still remain tied and there are no other available marks to compare. This mark is the last used as tie-breaking for comparative purposes. The performance date of their original mark that created the tie is then examined to determine who achieved the mark later, in order to determine which two are accepted into the Preliminary Rounds of the Championship. If a tie still exists, it is resolved by examining the performance date of the 2nd mark and, if needed, the 3rd mark in order to eliminate one. If the examination of the performance date of the 3rd mark does not result in a break of the tie, the tie for the last qualifying position will be decided by the toss of a coin.

Injury Situations.

SITUATION 1: A student-athlete highly ranked on the final regular-season descending-order list has a nagging injury. The coach, after declaring the student-athlete into the Preliminary Round competition, decides that student-athlete could use the rest instead of competing; therefore, the coach does not send the student-athlete to start her event. Can the student-athlete advance to the Final Championship Meet?

RULING: No. Scratching a student-athlete from any event, for any reason at any point after the declaration deadline, (see Important Dates) eliminates the student-athlete from all remaining competition in any and all rounds of the Championship, including availability as a substitute or alternate for a relay.

SITUATION 2: A student-athlete highly ranked on the final regular-season national descending-order list has a nagging injury. Knowing that she must compete in the Preliminary Round competition to have any opportunity to advance to the Final Championship Meet, the student-athlete makes the effort to compete at the Preliminary Round competition, but does not finish in the top twelve in her event. Can the student-athlete advance to the Final Championship Meet as an at-large student-athlete, using her best regular-season performance?

RULING: No. Advancement from the Preliminary Round competition is only through qualifying in that competition. There is no at-large pool for selection into the Final Championship Meet.

SITUATION 3: A student-athlete highly ranked on the final regular-season national descending-order list has an injury. The coach does not declare the student-athlete into the Preliminary Round competition and the student-athlete does not compete. Can the student-athlete, in any way, advance to the Final Championship Meet?

RULING: No. The student-athlete did not compete. Individuals (and relay teams) can advance to the Final Championship Meet as a qualifier only in and from events in which they compete at the Preliminary Round competition.

Relay Situations.

SITUATION 1: Of the four student-athletes listed on the Preliminary Round declaration form for the 4 x 100 (or 4 x 400) relay, plus the additional two who have been declared as alternates, three have injuries that prevent them from competing in the Preliminary Round competition. The coach knows the relay team cannot advance to the Final Championship Meet if they do not compete and qualify at the Preliminary Round competition. Can the coach use another student-athlete who is competing in the Preliminary Round competition to fill a spot on the relay?

RULING: Yes. The relay team that runs in the Preliminary Round competition can be any composition of the original team that qualified, plus two declared alternates, plus any other student-athlete already in the meet. The four individuals who do form the relay team will become the 'declared' team for purposes of advancement to the Final Championships Meet.

SITUATION 2: A coach has declared six student-athletes in the 4 x 100 relay. The first four are the student-athletes who ran the declared qualifying time. The coach uses his two alternates in the first round of the Preliminary Round competition and the team advances to the Final Championship Meet. What team members are declared for the Final Championship Meet? Who can run in the Final Championship Meet?

RULING: The four student-athletes who actually ran and qualified in the first round of the event are the 'declared' team to the Final Championship Meet. The performance this team achieved in the first round competition will be the seed time used in the Final Championship Meet. At the Final Championship Meet, no later than the close of packet pick-up, not more than two alternates may be named and declared to this 'declared' team. In addition, a substitute pool of anyone who is already in the competition, originating with the Preliminary Round competition, is available for use on the relay. Any group from this pool of alternates and substitutes may participate in any round of the Final Championship Meet.

SITUATION 3: Of the four qualifying student-athletes for the Final Championship Meet in the 4 x 100 relay, three sustain injuries after the relay team has qualified. Can the coach use other student-athletes to fill the three spots on the relay in the Final Championship Meet?

RULING: Yes. Any group from the pool of the 'declared' team, declared alternates and eligible substitutes may participate in any round of the Final Championship Meet

Failure to Participate in an Event.

SITUATION: A student-athlete highly-ranked on the final regular-season descending-order list, competes in the preliminary of the 1,500 and advances to the next round. After the first round, the student-athlete (or coach) believes he/she has fulfilled the requirement of competing, and decides not to run in the next round of the 1,500. Can the student-athlete advance to the Final Championship Meet?

RULING: No. Scratching a student-athlete from any event, for any reason at any point after the declaration deadline, (see Important Dates) eliminates the student-athlete from all remaining Championship competition in any and all rounds of the Championship.

Field Events / Combined Events.

SITUATION 1: A long jumper takes a jump in the preliminary attempt round of competition at a Preliminary Round competition site. Believing the mark to be sufficient to advance to the final attempt round and also place

in the top twelve at that Preliminary Round competition site, the student-athlete leaves the competition area. Is this one valid mark sufficient to be used for advancing to the Final Championship Meet?

RULING: No. This student-athlete would be in violation of Rule 4-2.2. Participation is required in subsequent rounds as a result of qualifying. Each Preliminary Round competition site has two qualifying rounds of competition in jumping or throwing events. Each round (three attempts in each) has qualifiers for the next round. The student-athlete must participate (compete) in each round of the competition. Participation in the final attempt round of a field event can be satisfied without actually making an attempt.

SITUATION 2: A student-athlete is declared in the Long Jump, High Jump and Heptathlon. During the competition at a Preliminary Round competition site, she fails to qualify in the Long Jump, which was on the first day of competition. She fails to participate in the High Jump, which is on the second day of competition. Is the student-athlete able to participate in the Heptathlon, which is contested only at the Final Championship Meet?

RULING: No. The rules governing 'failure to participate', therefore disqualification from further competition in the meet, apply. The multiple rounds, even though at different sites and about a week apart, are all part of the Championship. There is only one declaration for the entire Championship. The multiple rounds and qualifying procedures are for the entire Championship. 'Failure to Participate' and the penalties associated with it are applicable for the entire Championship.

SITUATION 3: A student-athlete is declared in the Long Jump and Heptathlon. During the competition at a Preliminary Round competition site, she qualifies in the Long Jump. During the period of time between the conclusion of the Preliminary Round competition and the Final Championship Meet, the committee receives notification, before the deadline for medical scratches, that the qualifier is a medical scratch in the Long Jump. Is she still able to compete in the Heptathlon?

RULING: No. A medical scratch is all-inclusive. There is no event selectivity. The same would also occur for a scratch from the Heptathlon, event though the event was not contested during the first round.

Advancement.

SITUATION: Following the conclusions of each Preliminary Round competition, the qualifying list for the men's 100-Meters for the Final Championship Meet shows 24 student-athletes. These are the top twelve from each of the two Preliminary Round competition sites. During the period of time between the conclusion of the Preliminary Round competition site competition and the Final Championship Meet, the committee receives notification, before the deadline for medical scratches, that a qualifier is a medical scratch and therefore will not be competing at the Final Championship Meet. How is this position as a qualifier to the Final Championship Meet filled?

RULING: The position vacated by a medical scratch is not filled. For events contested in the Preliminary Round competitions, only those who earn a position in the Final Championship Meet through a qualifying round, Rule 5-11.1 and Rule 6-2.1, are eligible to compete and cannot be replaced. This provision is not applicable to the combined-events since the events are not contested at the Preliminary Round competition sites.