# Ryan Dall Proposal 2014 Mock Selections - Women National Qualifying Slots

### **Qualifiers from Super Regionals to Nationals**

Women	Atlantic/ East	South/ Southeast	Central/ Midwest	South Central/ West	Total
100 Meters	3	3	3	3	12
200 Meters	3	3	3	3	12
400 Meters	3	3	3	3	12
800 Meters	3	3	3	3	12
1500 Meters	3	3	3	3	12
5000 Meters	3	3	3	3	12
10,000 Meters	3	3	3	3	12
100 Meter Hurdles	3	3	3	3	12
400 Meter Hurdles	3	3	3	3	12
Steeplechase	3	3	3	3	12
4x100 Relay	2	2	2	2	8
4x400 Relay	2	2	2	2	8
High Jump	3	3	3	3	12
Pole Vault	3	3	3	3	12
Long Jump	3	3	3	3	12
Triple Jump	3	3	3	3	12
Shot Put	3	3	3	3	12
Discus	3	3	3	3	12
Hammer	3	3	3	3	12
Javelin	3	3	3	3	12
Heptathlon^	N/A	N/A	N/A	N/A	N/A
Women	58	58	58	58	232

^The Heptathlon is not contested at the Super Regional. The top 16 from the national season-ending performance declaration list qualify to the Final Round of the Championships.

#### **Automatic Qualifiers from 2014 Regular Season\***

Women	Atlantic/ East	South/ Southeast	Central/ Midwest	South Central/ West	Total
100 Meters	2		1	1	4
200 Meters	3			1	4
400 Meters	2		1	1	4
800 Meters	1		1	2	4
1500 Meters				4	4
5000 Meters			2	2	4
10,000 Meters			2	2	4
100 Meter Hurdles	2		1	1	4
400 Meter Hurdles	2		2		4
Steeplechase			1	3	4
4x100 Relay	3		1		4
4x400 Relay	2		2		4
High Jump			2	2	4
Pole Vault	1		3		4
Long Jump		1	2	1	4
Triple Jump	1	1		2	4
Shot Put	1		3		4
Discus			4		4
Hammer			4		4
Javelin			1	3	4
Heptathlon	1		9	6	16
Women AQs	16	2	39	39	96

<sup>\*</sup>Automatic qualifiers determined from the season-ending performance declaration list prior to the 2014 Outdoor Track & Field Championships.

## Ryan Dall Proposal 2014 Mock Selections - Men National Qualifying Slots

### **Qualifiers from Super Regionals to Nationals**

Men	Atlantic/ East	South/ Southeast	Central/ Midwest	South Central/ West	Total
100 Meters	3	3	3	3	12
200 Meters	3	3	3	3	12
400 Meters	3	3	3	3	12
800 Meters	3	3	3	3	12
1500 Meters	3	3	3	3	12
5000 Meters	3	3	3	3	12
10,000 Meters	3	3	3	3	12
110 Meter Hurdles	3	3	3	3	12
400 Meter Hurdles	3	3	3	3	12
Steeplechase	3	3	3	3	12
4x100 Relay	2	2	2	2	8
4x400 Relay	2	2	2	2	8
High Jump	3	3	3	3	12
Pole Vault	3	3	3	3	12
Long Jump	3	3	3	3	12
Triple Jump	3	3	3	3	12
Shot Put	3	3	3	3	12
Discus	3	3	3	3	12
Hammer	3	3	3	3	12
Javelin	3	3	3	3	12
Decathlon^	N/A	N/A	N/A	N/A	N/A
Men	58	58	58	58	232

^The Decathlon is not contested at the Super Regional. The top 16 from the national season-ending performance declaration list qualify to the Final Round of the Championships.

#### **Automatic Qualifiers from 2014 Regular Season\***

Men	Atlantic/ East	South/ Southeast	Central/ Midwest	South Central/ West	Total
100 Meters	1		2	1	4
200 Meters	3			1	4
400 Meters	1		1	1	4
800 Meters			2	2	4
1500 Meters	1		1	2	4
5000 Meters		1		3	4
10,000 Meters	1			3	4
110 Meter Hurdles	1	2	1		4
400 Meter Hurdles	2		1	1	4
Steeplechase		1		3	4
4x100 Relay	2		1	1	4
4x400 Relay	2			2	4
High Jump		1	1	2	4
Pole Vault			2	2	4
Long Jump	1		2	1	4
Triple Jump	1		1	2	4
Shot Put			3	1	4
Discus			2	2	4
Hammer			4		4
Javelin	1			3	4
Decathlon	1	1	6	8	16
Men AQs	14	6	29	47	96

<sup>\*</sup>Automatic qualifiers determined from the season-ending performance declaration list prior to the 2014 Outdoor Track & Field Championships.