



USTFCCA NCAA Division II Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2019 Week #7, April 30

as of 5/4/2019 3:24:04 PM

Atlantic

Women's 100 Meters

1	23	Cierra THOMPSON	JR	Winston-Salem State	11.79	(0.6)	4/5
2	27	Jerinique BROOKS	JR	Fayetteville State	11.84w	(4.0)	3/21
3	33	Ma'Kyia GAYDEN	SO	Winston-Salem State	11.86	(0.3)	3/30
4	38	Reagan HESS	SO	Slippery Rock	11.89w	(3.2)	4/18
5	46	Alicia COLLIER	JR	California (Pa.)	11.93	(1.9)	4/27
6	49	Emily HORSTMAN	JR	Slippery Rock	11.94w	(3.2)	4/18
7	63	Aly WYLAND	SO	Shippensburg	12.02	(1.9)	4/17
8	66	Tiana WEBSTER	JR	East Stroudsburg	12.03	(2.0)	4/12
9	77	Kelly GROTH	JR	Kutztown	12.06w	(2.2)	3/30
9	77	Ameriah WALTERS	SR	Seton Hill	12.06	(1.9)	4/27

Women's 200 Meters

1	10	Amanda CRAWFORD	JR	Saint Augustine's	24.08	(1.8)	4/5
2	22	Jerinique BROOKS	JR	Fayetteville State	24.27	(1.8)	4/12
3	51	Delecia MCDUFFIE	SO	Johnson C. Smith	24.50	(0.8)	4/5
4	88	Victoria PORTER	SO	Winston-Salem State	24.84	(0.0)	4/5
5	98	Jaria HOYTE	FR	Saint Augustine's	24.88	(1.3)	4/20
6	###	Riyana OWENS	FR	Lock Haven	24.92w	(2.9)	4/20
7	###	Ameriah WALTERS	SR	Seton Hill	24.99	(1.5)	4/19
8	###	Alicia COLLIER	JR	California (Pa.)	25.06w	(3.0)	3/23
9	###	Davia SMITH	JR	Saint Augustine's	25.09	(-0.5)	4/20
10	###	Tricht JOCELYN	JR	Charleston (W.Va.)	25.10	(-0.1)	4/27

Women's 400 Meters

1	4	Amanda CRAWFORD	JR	Saint Augustine's	54.04		3/28
2	10	Shannon KALAWAN	JR	Saint Augustine's	54.38		3/21
3	26	Tawana ALLEN	FR	Fayetteville State	55.54		4/5
4	43	Davia SMITH	JR	Saint Augustine's	56.16		4/5
5	46	Jaria HOYTE	FR	Saint Augustine's	56.28		3/21
5	46	Kaydi Ann WINT	JR	Shaw	56.28		3/14
7	67	Tamia MCLEAN	SO	Winston-Salem State	56.79		4/5
8	71	Victoria PORTER	SO	Winston-Salem State	56.86		4/19
9	93	Clara FORNEY	SR	Millersville	57.15		4/6
10	97	Aaliyah BURTON	JR	Winston-Salem State	57.26		4/19

Women's 800 Meters

1	40	Kaydi Ann WINT	JR	Shaw	2:13.05		4/12
2	59	Carisha LEONARD	SO	Fayetteville State	2:14.25		4/12
3	73	Kacey RAIBLE	JR	Slippery Rock	2:15.40		4/13
3	73	Stefanie PARSONS	FR	Edinboro	2:15.40		4/6
5	98	Kyla FRANK	JR	Virginia State	2:16.53		4/13
6	###	Jessica JONES	JR	Indiana (Pa.)	2:16.57		4/6
7	###	Madison PRZICINA	JR	Slippery Rock	2:16.98		4/13
8	###	Kathryn BLAIR	FR	Bloomsburg	2:17.84		4/13
9	###	Florence FIELDS	JR	Saint Augustine's	2:18.31		4/12
10	###	Julia WIEMKEN	SO	Kutztown	2:18.32		4/27

Women's 1500 Meters

1	12	Stefanie PARSONS	FR	Edinboro	4:25.91		4/13
2	85	Hope PIETROCARLO	SO	Edinboro	4:40.32		3/29
3	92	Laurel MOYER	SO	Lock Haven	4:40.56		4/4
4	###	Samantha YOUNG	SR	East Stroudsburg	4:43.02		4/13
5	###	Kacey RAIBLE	JR	Slippery Rock	4:43.18		4/13
6	###	Skye CHRISTIAN	JR	Seton Hill	4:43.39		4/19
7	###	Alexis CUNNINGHAM	FR	Seton Hill	4:44.91		4/6
8	###	Stephanie BRESADOLA	SR	Kutztown	4:46.51		4/13
9	###	Sydney PINEAULT	SR	West Virginia Wesley	4:46.66		4/12
10	###	Kelsey CHAMBERS	SR	Wheeling Jesuit	4:48.08		3/23

Women's Steeplechase

1	9	Sydney PINEAULT	SR	West Virginia Wesley	10:37.98		4/19
2	41	Juliet RYAN	SO	Slippery Rock	11:10.55		4/26
3	71	Cadie KISER	SO	Lock Haven	11:29.35		4/13
4	73	Jillian NORRIS	JR	Slippery Rock	11:30.33		4/13
5	80	Tori KLIMOWICZ	SO	Edinboro	11:37.32		3/29
6	###	Kenzie JONES	SR	Mansfield	11:48.61		4/6
7	###	Amanda KODIS	SR	West Chester	11:54.69		4/6
8	###	Letizia COLLINI	JR	Clarion	11:59.87		4/26
9	###	Caitlin CALTAGIRONE	FR	Edinboro	12:02.57		3/29
10	###	Dootleen JOSEPH	SO	Kutztown	12:03.77		3/14

Women's 5000 Meters

1	23	Laurel MOYER	SO	Lock Haven	17:01.05		4/25
2	26	Stefanie PARSONS	FR	Edinboro	17:04.73		4/25
3	29	Kelsey CHAMBERS	SR	Wheeling Jesuit	17:08.24		4/13
4	53	Sydney PINEAULT	SR	West Virginia Wesley	17:25.49		4/5
5	56	Hope PIETROCARLO	SO	Edinboro	17:28.25		4/13
6	93	Cadie KISER	SO	Lock Haven	17:46.09		4/25
7	###	Juliet RYAN	SO	Slippery Rock	17:55.59		3/8
8	###	Caitlyn PADGETT	JR	Seton Hill	17:57.93		3/23
9	###	Jacqueline KINKEAD	SR	Shippensburg	18:10.23		3/29
10	###	Sabrina PALMIERI	SR	Slippery Rock	18:14.76		4/13

Women's 10,000 Meters

1	21	Laurel MOYER	SO	Lock Haven	35:49.49		4/13
2	32	Caitlyn PADGETT	JR	Seton Hill	36:31.02		4/13
3	39	Kelsey CHAMBERS	SR	Wheeling Jesuit	36:52.05		4/25
4	56	Jacqueline KINKEAD	SR	Shippensburg	37:42.97		4/13
5	66	Cadie KISER	SO	Lock Haven	38:14.56		3/14
6	83	Jenna VLEDDER	JR	East Stroudsburg	38:49.75		4/6
7	84	Lindsay SMYTH	SO	Kutztown	38:50.69		4/13
8	85	Amanda FERRARO	SR	Kutztown	38:52.45		3/14
9	98	Sabrina PALMIERI	SR	Slippery Rock	39:12.07		3/14
10	###	Alyson PIERCE	SR	California (Pa.)	39:15.90		3/30



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Women's 100 Meter Hurdles

1	12	Danielle SCANTLEBURY	FR Saint Augustine's	13.88	(1.0)	4/12
2	34	Talayna REED	SO Johnson C. Smith	14.27	(1.1)	4/5
3	36	Aspen GAITA	SR East Stroudsburg	14.29w	(2.1)	4/12
4	60	Caroline LEWIS	SO West Chester	14.53	(1.2)	4/11
5	61	Diana CASTILLERO	JR Charleston (W.Va.)	14.54w	(2.5)	4/19
6	73	Shennare WILLIAMS	JR Fayetteville State	14.61	(1.3)	4/12
7	77	Ashley MCINTOSH	SO Wheeling Jesuit	14.64	(2.0)	4/27
8	88	Shania DARRELL	FR Livingstone	14.71	(0.8)	4/12
9	94	Danielle STERNER	JR West Chester	14.77	(-14.2)	4/27
10	###	Azari'el WILSON	SO Winston-Salem State	14.81	(1.2)	4/5

Women's 400 Meter Hurdles

1	1	Shannon KALAWAN	JR Saint Augustine's	57.37		4/25
2	23	Danielle SCANTLEBURY	FR Saint Augustine's	1:01.41		4/20
3	36	Ashley MCINTOSH	SO Wheeling Jesuit	1:02.27		4/12
4	55	Shanae INGRAM	FR Fayetteville State	1:03.23		4/12
5	59	Sarah JOHNSON	JR Seton Hill	1:03.40		4/13
6	73	Tatiana PURNELL	SR Shippensburg	1:03.78		4/17
7	79	Victoria PORTER	SO Winston-Salem State	1:03.94		4/19
8	89	Victoria LEWIS	JR Glenville State	1:04.48		4/19
9	93	Deja DAVIS	JR Johnson C. Smith	1:04.59		4/20
10	###	Allyson STITZER	JR East Stroudsburg	1:04.84		4/20

Women's 4x100 Relay

1	3	Kalawan, Scantlebury, Blake, Crawford	Saint Augustine's	45.75		4/25
2	14	Williams, Brooks, Allen, Jonas	Fayetteville State	46.20		4/25
3	33	Oliver, Horstman, Stephenson, Hess	Slippery Rock	47.00		4/18
4	35	McLean, Porter, Burton, Thompson	Winston-Salem State	47.02		4/5
5	57	Doherty, Reviere, Liebl, Holloman	Millersville	47.57		4/27
6	58	Flim, Webster, Dey, Gaita	East Stroudsburg	47.59		4/12
7	64	Byrd, Jenkins, Adlam, Crocker	Virginia State	47.71		3/28
8	76	Ross, Franklin, Lewis, Collier	California (Pa.)	47.94		4/25
9	80	Jocelyn, James, Castillero, Hine	Charleston (W.Va.)	48.05		4/5
10	84	Alexander, St. Louis, Graham, Reed	Johnson C. Smith	48.16		4/5

Women's 4x400 Relay

1	1	Hoyte, Crawford, Kalawan	Saint Augustine's	3:35.03		3/28
2	17	Burton, Porter, Willis, McLean	Winston-Salem State	3:47.16		4/5
3	27	Clarke, Neal, Roberts, Wint	Shaw	3:50.20		4/20
4	28	Ingram, Brooks, Leonard, Allen	Fayetteville State	3:50.78		3/30
5	61	Fells, King, Walt, Smith	West Chester	3:56.56		4/13
6	72	Holmes, Frank, Green, Jenkins	Virginia State	3:58.17		3/28
7	74	Alston, Bruno, Gonzalez, Purnell	Shippensburg	3:58.39		4/17
8	76	Brenfleck, Blair, Konitzer, Avery	Bloomsburg	3:58.51		4/17
9	84	Flowers, Liebl, Forney, Cedeno	Millersville	3:59.33		3/29
10	89	Hunt, Brown, Yates, Jones	Bowie State	3:59.82		4/19

Women's High Jump

1	2	Jade JORDAN	SO Virginia State	1.75m	5-8¾	3/28
2	12	Rebecca HEMINGWAY	SO Kutztown	1.71m	5-7¼	4/19
3	22	Lilly RITZ	FR Wheeling Jesuit	1.69m	5-6½	3/30
4	28	Victoria MATTHEWS	SR East Stroudsburg	1.68m	5-6	4/11
4	28	Ariel JONES	SO Shippensburg	1.68m	5-6	4/27
4	28	Caroline LEWIS	SO West Chester	1.68m	5-6	4/6
7	47	Asia GREEN	SO Livingstone	1.65m	5-5	4/6
8	67	Soljala JONES	SO Bowie State	1.64m	5-4½	4/13
8	67	Lauren LEAMAN	SO West Virginia Wesley	1.64m	5-4½	4/19
8	67	Carly GREGAS	SR East Stroudsburg	1.64m	5-4½	4/12

Women's Pole Vault

1	9	Anna MASSA	SO Wheeling Jesuit	3.97m	13-¼	4/17
2	13	Madeline MARSHALL	JR Slippery Rock	3.90m	12-9½	4/12
3	19	Danielle STEWART	JR Wheeling Jesuit	3.87m	12-8¼	4/17
4	31	Courtney MCQUAIDE	SR Slippery Rock	3.75m	12-3½	4/12
5	62	Sarah SCHNEIDER	FR Slippery Rock	3.53m	11-7	4/18
6	67	Katie SEEGER	JR Kutztown	3.50m	11-5¾	4/19
6	67	Alexandra TAMA	SO Kutztown	3.50m	11-5¾	4/19
6	67	Samantha MILLER	JR Pitt Johnstown	3.50m	11-5¾	4/12
6	67	Sarah BOURDON	JR Shippensburg	3.50m	11-5¾	4/17
10	90	Katherine LYNCH	SR West Chester	3.45m	11-3¾	3/23



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Atlantic

Women's Long Jump

1	3	Zarria WILLIAMS	JR	Shippensburg	6.12m	20-1 (1.0)	4/17
2	18	Caroline LEWIS	SO	West Chester	5.91m	19-4¾ (-1.1)	4/11
3	20	Kathleen STEVENSON	SO	Bloomsburg	5.90m	19-4¼ (1.7)	4/17
4	27	Reagan HESS	SO	Slippery Rock	5.85m	19-2½ (0.1)	4/18
5	41	Karina LONG	FR	Lock Haven	5.76m	18-10¾ (0.7)	4/25
6	53	Rebecca HEMINGWAY	SO	Kutztown	5.70m	18-8½ (0.0)	4/19
7	59	Jenele TERRY	SR	Winston-Salem State	5.68m	18-7¾ (-1.3)	3/30
8	65	Rayna GRAHAM	SR	Johnson C. Smith	5.66mw	18-7 (2.3)	4/12
9	83	Christina ADLAM	SO	Virginia State	5.60m	18-4½ (0.0)	4/13
10	###	Ashley BLANNARD	FR	Bloomsburg	5.55m	18-2½ (0.7)	3/30
10	###	Soljala JONES	SO	Bowie State	5.55m	18-2½ (0.0)	4/13

Women's Triple Jump

1	2	Rayna GRAHAM	SR	Johnson C. Smith	12.84m	42-1½ (-0.1)	4/20
2	4	Abby WAGNER	SR	Shippensburg	12.71m	41-8½ (1.2)	3/29
3	24	Alisha ST. LOUIS	SO	Johnson C. Smith	12.03m	39-5¾ (0.0)	4/5
4	32	Kia CLAYTON	SR	Pitt Johnstown	11.95m	39-2½ (0.7)	4/25
5	37	Nikeela AUSTIN	JR	Indiana (Pa.)	11.87m	38-11½ (-0.)	4/6
6	56	Anna MASSA	SO	Wheeling Jesuit	11.68m	38-4 (0.3)	4/17
7	62	Jade JORDAN	SO	Virginia State	11.60m	38-¾ (0.0)	4/6
8	65	Ashley BLANNARD	FR	Bloomsburg	11.58mw	38-0 (2.1)	4/17
8	65	Ariel JONES	SO	Shippensburg	11.58m	38-0 (1.0)	4/17
10	77	Kenya WARNER	JR	Virginia State	11.52m	37-9½ (0.0)	4/13

Women's Shot Put

1	3	Sunflower GREENE	SR	Millersville	16.02m	52-6¾	4/25
2	19	Jeia GILLIAM	JR	Virginia State	14.62m	47-11¾	3/28
3	27	Lexi STEVENSON	SR	Seton Hill	14.45m	47-5	4/13
4	28	Aliyah STRIVER	SO	Millersville	14.37m	47-1¾	4/27
5	39	Abby WATSON	SR	Charleston (W.Va.)	13.99m	45-10¾	4/27
6	44	Sah-Jay STEVENS	SO	Johnson C. Smith	13.89m	45-7	4/5
7	64	Elizabeth FLEMING	SO	Wheeling Jesuit	13.42m	44-½	4/27
8	71	Laquel HARRIS	JR	Shaw	13.28m	43-7	4/20
9	79	Megan WILFONG	JR	Glenville State	13.14m	43-1½	3/30
10	80	Ashley KERR	SO	Shippensburg	13.07m	42-10¾	4/6

Women's Discus

1	4	Jeia GILLIAM	JR	Virginia State	53.69m	176-2	4/6
2	19	Laquel HARRIS	JR	Shaw	47.65m	156-4	3/8
3	20	Lauren DICKERSON	SR	Wheeling Jesuit	47.45m	155-8	3/30
4	23	Sunflower GREENE	SR	Millersville	47.17m	154-9	4/13
5	37	Zaria NELSON	FR	Claflin	45.81m	150-4	3/30
6	59	Madisen KLING	FR	Shippensburg	44.05m	144-6	4/17
7	61	Kelsi HULIT	FR	West Liberty State	44.03m	144-6	4/26
8	67	Madison MARTIN	JR	Millersville	43.31m	142-1	4/13
9	74	Aliyah STRIVER	SO	Millersville	43.09m	141-5	4/6
10	###	Kate MATRISCIANO	SO	Shippensburg	40.44m	132-8	4/6

Women's Hammer

1	1	Sunflower GREENE	SR	Millersville	61.05m	200-4	4/6
2	31	Alba TORRES	SR	Wheeling Jesuit	52.82m	173-4	4/19
3	33	Ashley PETRE	SR	Kutztown	52.63m	172-8	4/13
4	38	Madison MARTIN	JR	Millersville	52.09m	170-11	4/27
5	48	Me'Saj CLOSS	JR	East Stroudsburg	50.82m	166-9	4/6
6	71	Elizabeth FLEMING	SO	Wheeling Jesuit	49.48m	162-4	4/12
7	73	Abby WAY	JR	Slippery Rock	49.45m	162-3	4/18
8	76	Lauren DICKERSON	SR	Wheeling Jesuit	49.43m	162-2	4/19
9	89	Aliyah STRIVER	SO	Millersville	48.63m	159-7	4/27
10	94	Olivia MORANO	JR	Kutztown	48.15m	158-0	3/30

Women's Javelin

1	13	Morgan DEFLORIA	SR	Shippensburg	45.50m	149-4	3/23
2	16	Megan KIRN	SO	Kutztown	45.02m	147-9	4/13
3	27	Elaina POWELL	JR	Slippery Rock	42.87m	140-8	4/13
4	29	Jeia GILLIAM	JR	Virginia State	42.39m	139-1	4/6
5	32	Sah-Jay STEVENS	SO	Johnson C. Smith	42.10m	138-2	4/12
6	45	Lauren NAYLOR	FR	Slippery Rock	40.79m	133-10	3/30
7	47	Katie DEMI	JR	West Virginia Wesley	40.45m	132-9	3/14
8	61	Ashley MCCLUSKEY	SO	Clarion	39.74m	130-5	4/17
9	63	Abby BUCHAN	SR	West Virginia Wesley	39.59m	129-11	3/14
10	71	Gabrielle D'AMORE	SO	East Stroudsburg	39.28m	128-11	4/6

Women's Heptathlon

1	4	Caroline LEWIS	SO	West Chester	5,085		4/11
2	51	Amanda AULENBACH	JR	Bloomsburg	4,277		4/13
3	60	Lauren LEAMAN	SO	West Virginia Wesley	4,159		3/14
4	62	Madison JAMES	SO	West Chester	4,153		4/11
5	73	Mariah HARMON	SO	Wheeling Jesuit	4,075		4/11
6	81	Victoria MATTHEWS	SR	East Stroudsburg	3,987		4/11
7	87	Jordan LYNN	SR	West Virginia Wesley	3,931		3/14
8	89	Kali DAWSON	SR	Shippensburg	3,925		4/11
9	###	Kira SOLT	FR	Kutztown	3,846		4/11
10	###	Kaitlyn BONCZYK	FR	Slippery Rock	3,662		4/18



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Central

Women's 100 Meters

1	1	Rene MEDLEY	JR Lincoln (Mo.)	11.33w	(3.0)	4/13
2	4	Ariel JACKSON	SR Lindenwood	11.62	(1.6)	4/6
3	8	Christine MOSS	SR Lincoln (Mo.)	11.66w	(3.0)	4/13
4	14	Jasmine DECKARD	SO Missouri Southern	11.71	(1.0)	4/6
5	24	Chelsea HOWARD	SR Harding	11.81w	(2.5)	4/18
6	34	Nia LUNN	SO Pittsburg State	11.87w	(2.2)	4/26
6	34	Grace HARTMAN	SO Minnesota State	11.87w	(2.1)	4/24
8	36	Venice STEWART	SO Bemidji State	11.88w	(3.6)	4/23
9	38	Shereen VALLABOUY	FR Winona State	11.89	(0.5)	4/6
10	43	Ashley RIENERT	JR Harding	11.91w	(2.5)	4/18

Women's 200 Meters

1	1	Rene MEDLEY	JR Lincoln (Mo.)	23.10w	(2.8)	4/17
2	3	Ariel JACKSON	SR Lindenwood	23.45w	(2.1)	4/26
3	4	Christine MOSS	SR Lincoln (Mo.)	23.77w	(2.2)	4/6
4	8	Jasmine DECKARD	SO Missouri Southern	24.01	(0.0)	4/6
5	16	Chelsea HOWARD	SR Harding	24.16w	(3.0)	4/18
6	17	Venice STEWART	SO Bemidji State	24.19w	(2.8)	4/18
7	22	Grace HARTMAN	SO Minnesota State	24.27w	(2.3)	4/6
8	26	Shereen VALLABOUY	FR Winona State	24.28	(1.8)	4/6
9	28	Ashley RIENERT	JR Harding	24.30w	(3.0)	4/18
10	37	Brittany SCHYVINCK	SR Winona State	24.37w	(2.1)	4/25

Women's 400 Meters

1	1	Renea AMBERSLEY	SR Lincoln (Mo.)	53.34		4/6
2	2	Christine MOSS	SR Lincoln (Mo.)	53.86		4/6
3	3	Cameka WITTER	SO Oklahoma Baptist	54.01		4/18
4	8	Shereen VALLABOUY	FR Winona State	54.32		4/17
5	9	Mckae MITCHELL	SR Oklahoma Baptist	54.37		4/12
6	12	Hanna WILLIAMS	SO Missouri Western	54.69		4/6
7	13	Kissi-Ann BROWN	SR Lincoln (Mo.)	54.75		4/17
8	23	Anne-Noelle CLERIMA	FR Harding	55.46		4/18
9	24	Abbey ZASTROW	SO U-Mary	55.52		4/19
10	25	Nicolyn BROWN	SR U-Mary	55.53		4/18

Women's 800 Meters

1	13	Haleigh REINDL	FR Minnesota Duluth	2:10.19		4/12
2	17	Elysia BURGOS	FR Southwest Baptist	2:10.53		3/29
3	28	Bobbi PATRICK	SR Minnesota State	2:11.88		4/18
4	29	Taylor HESTEKIN	SO U-Mary	2:11.91		4/18
5	31	Carly RAHN	SO Augustana (S.D.)	2:12.33		4/19
6	32	Tesa POTTER	JR Oklahoma Baptist	2:12.46		4/24
7	33	Monique MCPHERSON	SR U-Mary	2:12.64		4/18
8	47	Allison JOHNSON	SR Winona State	2:13.45		4/25
9	49	Cameka WITTER	SO Oklahoma Baptist	2:13.80		4/18
10	51	Isabelle BREZINKA	SO Minnesota Duluth	2:13.87		4/24

Women's 1500 Meters

1	14	Elysia BURGOS	FR Southwest Baptist	4:27.12		4/17
2	37	Taryn CEGLOWSKI	SO Sioux Falls	4:33.81		4/17
3	43	Anna ROGAHN	JR Winona State	4:35.16		4/17
4	54	Avery SELBERG	SR Augustana (S.D.)	4:37.18		4/17
5	56	Cynthia TOGOM	FR Central Missouri	4:37.49		4/6
6	59	Bree ERICKSON	JR U-Mary	4:37.80		4/19
7	60	Allison DERRY	SO Oklahoma Baptist	4:37.95		4/24
8	62	Tabitha WEBER	SO Southwest Baptist	4:37.98		4/12
9	65	Jordan PUVOGEL	SR Pittsburg State	4:38.25		4/17
10	75	Destiny REINKE	SO Neb.-Kearney	4:39.28		4/17

Women's Steeplechase

1	6	Mackenzie KELLY	SR Augustana (S.D.)	10:35.70		4/24
2	20	Jaiden SCHUETTE	SR U-Mary	10:50.30		4/6
3	21	Evie KAMMEYER	SR U-Mary	10:53.49		4/18
4	28	Rebekah RAIDON	SO Augustana (S.D.)	10:58.48		4/25
5	30	Courtney HOTTOVY	SR Augustana (S.D.)	10:59.04		4/24
6	36	Katren RIENBOLT	SR Pittsburg State	11:05.34		4/6
7	42	Starlynn COSTA	FR U-Mary	11:10.68		4/18
8	47	Claire BOERSMA	SO Augustana (S.D.)	11:14.73		4/25
9	52	Alicja MINCZUK	SO Harding	11:18.62		4/18
10	53	Becca RICHTMAN	SO Winona State	11:19.29		4/18

Women's 5000 Meters

1	11	Cynthia TOGOM	FR Central Missouri	16:43.34		4/24
2	15	Mackenzie KELLY	SR Augustana (S.D.)	16:50.66		4/13
3	27	Kaylee CROWSON	SR Oklahoma Baptist	17:05.20		4/24
4	30	Piper MISSE	JR Pittsburg State	17:010.00		4/17
5	42	Emily ROBERTS	SR U-Mary	17:21.20		4/26
6	43	Katren RIENBOLT	SR Pittsburg State	17:21.47		3/29
7	51	Sierra MORTENSEN	SO Washburn	17:24.23		4/17
8	54	Leah SEIVERT	SR Augustana (S.D.)	17:26.53		4/13
9	57	Nicolette SCHMIDT	SO Augustana (S.D.)	17:29.11		4/13
10	59	Claire BOERSMA	SO Augustana (S.D.)	17:30.42		4/13

Women's 10,000 Meters

1	5	Ida NARBUVOLL	JR U-Mary	34:46.95		4/18
2	25	Leah SEIVERT	SR Augustana (S.D.)	36:12.01		4/24
3	29	ANNA MORA	JR East Central (Okla.)	36:28.39		4/5
4	42	Nicolette SCHMIDT	SO Augustana (S.D.)	37:07.87		4/24
5	51	Kaylee CROWSON	SR Oklahoma Baptist	37:24.91		4/18
6	74	Josie BRAATEN	SO Minnesota State	38:25.28		4/18
7	91	Keely DANIELSEN	FR Northwest Missouri	39:01.83		4/17
8	###	Melissa DRENCKHAHN	JR Minnesota Duluth	39:32.61		4/24
9	###	Katie BUSH	SR Northwest Missouri	39:53.81		4/17
10	###	Abigail STEWART	FR Fort Hays State	39:56.47		4/14



Regional TFRI Event Summary

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Central

Women's 100 Meter Hurdles

1	1	Danielle KOHLWEY	SR	Minnesota Duluth	13.26w	(2.4)	4/24
2	2	Courtney NELSON	SR	Pittsburg State	13.55	(-0.1)	4/26
3	3	Erin HODGE	SR	Lindenwood	13.61	(1.8)	4/26
4	4	Julia HAMMERSCHMIDT	SR	U-Mary	13.66w	(2.8)	4/18
5	6	Morgan SMITH	SR	Missouri Southern	13.70	(0.3)	4/19
6	8	Alexis SMITH	SR	Minnesota State	13.82	(0.0)	4/18
7	11	Leah MOLTER	SR	Oklahoma Baptist	13.86w	(2.5)	4/18
8	15	Carolyn HACKEL	JR	Minnesota State	13.99w	(2.3)	4/24
9	20	Olivia MONTEZ BROWN	JR	Augustana (S.D.)	14.05w	(2.2)	4/17
10	29	Tereza BOLIBRUCH	FR	U-Mary	14.21	(-0.4)	4/19
10	29	Micheala HOFFMAN	SR	Neb.-Kearney	14.21w	(3.3)	4/14

Women's 400 Meter Hurdles

1	3	Jordan HAMMOND	JR	Northwest Missouri	58.94		4/17
2	14	Hanneke OOSTERWEGEL	SR	Northern State	1:00.53		4/24
3	15	Kissi-Ann BROWN	SR	Lincoln (Mo.)	1:00.58		4/17
4	16	Leah MOLTER	SR	Oklahoma Baptist	1:00.70		4/24
5	17	Courtney NELSON	SR	Pittsburg State	1:00.94		4/19
6	19	JoziRose MAYFIELD	JR	Oklahoma Baptist	1:01.11		4/24
7	20	Elizabeth ADEOYE	FR	Missouri Southern	1:01.21		4/19
8	28	Julia HAMMERSCHMIDT	SR	U-Mary	1:01.53c	(1:01.42A)	3/30
9	33	Kalley HARRIS	SO	Winona State	1:01.96		4/17
10	34	Natalie TONEY	FR	Harding	1:02.13		4/6

Women's 4x100 Relay

1	1	Moss, Medley, Brown, Vandenburg		Lincoln (Mo.)	45.01		4/6
2	4	Lunn, Williams, Newsome, Nelson		Pittsburg State	45.83		4/6
3	12	Gaye, Hartman, Jones, Gregory		Minnesota State	46.11		4/6
4	17	Clark, Rayford, Ridenour, Hewitt		Southwest Baptist	46.24c	(46.12A)	4/20
5	18	Clerima, Reinert, Turley, Howard		Harding	46.26		4/18
6	29	Bond, Barker, Stewart, Kjelland		Bemidji State	46.86		4/17
7	36	Tucker, Schyvinck, Pietz, Vallabouy		Winona State	47.06		4/6
8	40	Van Der Westhui, Mitchell, Rodgers, Chatman		Oklahoma Baptist	47.16		3/22
9	51	Hammond, Mahgoub, Lee, Isaacson-Cover		Northwest Missouri	47.54		4/24
10	56	Shonekan, Smith, Owens, Luallen		Missouri Southern	47.55		4/26

Women's 4x400 Relay

1	2	Core, Ambersley, Brown, Moss		Lincoln (Mo.)	3:36.24		4/24
2	4	Hammerschmidt, Zastrow, Brown, McPherson		U-Mary	3:39.87		4/18
3	6	Harris, Schyvinck, Schyvinck, Vallabouy		Winona State	3:41.97		4/17
4	7	Mitchell, Van Der Westhui, Mayfield, Witter		Oklahoma Baptist	3:43.31		3/22
5	15	Anderson, Woodard, Gaye, Malone		Minnesota State	3:46.60		4/24
6	19	Foote, Thole, Elmore, Nash		Central Missouri	3:48.08		4/24
7	30	Nelson, Schmitz, Williams, Graber		Emporia State	3:51.13		4/24
8	32	Reinert, Toney, Turley, Clerima		Harding	3:51.80		4/6
9	35	Oosterwegel, Kinzer, Barnes, Rezac		Northern State	3:52.91		4/24
10	40	Roy, Tice, Burt, Nelson		Pittsburg State	3:53.41		4/26

Women's High Jump

1	6	Meleah RIDENOUR	SO	Southwest Baptist	1.73m	5-8	3/22
2	12	Courtney WILLIAMS	SO	Southern Arkansas	1.71m	5-7¼	4/5
3	28	Darcy SANFORD	SO	Harding	1.68m	5-6	4/18
3	28	Haley LINDENBUSCH	JR	Central Missouri	1.68m	5-6	4/6
3	28	Skyler SAUNDERS	FR	Washburn	1.68m	5-6	4/10
6	43	Summer KRAGEL	SO	Fort Hays State	1.66m	5-5¼	4/5
7	47	Wynter NEKOLA	SO	Missouri Southern	1.65m	5-5	4/13
7	47	Bryan WILLIAMS	FR	Harding	1.65m	5-5	3/23
9	67	Ashlyn JONES	FR	Southwest Minnesot	1.64m	5-4½	4/19
9	67	Mearah MIEDEMA	SO	Augustana (S.D.)	1.64m	5-4½	4/19

Women's Pole Vault

1	1	Emily PRESLEY	SR	Missouri Southern	4.28m	14-½	4/26
2	3	Haven LANDER	SO	Pittsburg State	4.18m	13-8½	4/26
3	7	Allexis MENGHINI	SR	Washburn	4.00m	13-1½	3/23
4	8	Elena BISOTTO	SO	Missouri Southern	3.98m	13-¾	4/26
5	10	Renee RHODES	SO	Pittsburg State	3.96m	12-11¾	3/29
6	12	Rachael MAYBERRY	SO	Washburn	3.91m	12-10	4/19
7	17	Cassie JENNINGS	SO	Central Missouri	3.88m	12-8¾	4/26
7	17	Lauren SUTHERNLAND	FR	Missouri Southern	3.88m	12-8¾	4/26
9	26	Alysa HENRY	FR	U-Mary	3.80m	12-5½	4/19
9	26	Cathrine SIMPKINS	FR	Pittsburg State	3.80m	12-5½	4/6



USTFCCA NCAA Division II Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2019 Week #7, April 30

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Central

Women's Long Jump

1	8	Makayla KUESER	JR Washburn	5.97m	19-7 (3.3)	4/5
2	9	Tamia RAYFORD	SO Southwest Baptist	5.96m	19-6¾ (0.5)	4/6
2	9	Claire LUALLAN	FR Missouri Southern	5.96m	19-6¾ (3.5)	4/6
4	11	Jazmin WILLIAMS	JR Emporia State	5.94m	19-6 (2.8)	3/23
5	15	Meleah RIDENOUR	SO Southwest Baptist	5.92m	19-5¼ (1.8)	4/6
6	21	Hanna FERGASON	JR Pittsburg State	5.88m	19-3½ (1.1)	3/23
7	25	Mercedes ISAACSON-COVER	JR Northwest Missouri	5.86m	19-2¾ (3.4)	3/22
8	33	Emelia BURRIS	SO St. Cloud State	5.83m	19-1½ (3.0)	4/17
9	39	Adrianna TILLMAN	FR Southern Arkansas	5.77m	18-11¼ (1.1)	3/29
10	42	Chloe PETERSON	SO Sioux Falls	5.75m	18-10½ (3.1)	4/17

Women's Triple Jump

1	6	D'Andra MORRIS	SO U-Mary	12.63m	41-5¼ (0.0)	4/19
2	12	Meleah RIDENOUR	SO Southwest Baptist	12.23m	40-1½ (2.3)	4/6
3	17	Rusheda BLAKE	SR Lincoln (Mo.)	12.15m	39-10½ (0.8)	4/6
4	20	Mercedes ISAACSON-COVER	JR Northwest Missouri	12.09m	39-8 (0.2)	4/19
5	22	Ricki LINDLEY	JR U-Mary	12.07m	39-7¼ (0.0)	4/19
6	26	Aylexus LESHAY	FR Southwest Baptist	12.02m	39-5¼ (0.0)	4/26
7	28	Kristi SPRINGER	SO Winona State	11.98m	39-3¾ (1.5)	4/17
7	28	Elizabeth BRUNNER	JR Minnesota State	11.98m	39-3¾ (-2.2)	4/18
9	30	Julia ODIR	JR Missouri Western	11.97m	39-3¼ (1.4)	4/6
10	33	Audrey FISHER	SO Central Missouri	11.92m	39-1¼ (1.3)	4/6

Women's Shot Put

1	2	Desirea BUERGE	JR Missouri Southern	16.21m	53-2¼	4/19
2	7	Payton ROBERTS	JR Missouri Southern	15.60m	51-2¼	4/6
3	8	Emma HERTZ	SO Sioux Falls	15.56m	51-¾	4/23
4	9	Jena BLACK	SR Pittsburg State	15.52m	50-11	3/23
5	12	Ashlan BURTON	SO Central Missouri	15.25m	50-½	4/13
6	15	Tiara SCHMIDT	SO Neb.-Kearney	15.13m	49-7¾	4/25
7	21	Brinn GRUNDER	JR Upper Iowa	14.55m	47-9	4/5
7	21	Mackenzie CROWDER	SR Neb.-Kearney	14.55m	47-9	4/19
9	25	Allison HINSON	JR Lindenwood	14.50m	47-7	4/19
10	30	Brianna COOKS	JR Pittsburg State	14.22m	46-8	4/26

Women's Discus

1	3	Desirea BUERGE	JR Missouri Southern	55.54m	182-3	4/6
2	8	Rebecca MANTEUFFEL	SO Southwest Minnesot	51.12m	167-9	4/19
3	14	Emma HERTZ	SO Sioux Falls	49.51m	162-5	4/24
4	18	Payton ROBERTS	JR Missouri Southern	47.89m	157-2	4/19
5	23	Morgan FLOREK	SO Minnesota State	47.17m	154-9	4/23
6	25	Kenzie SULLIVAN	SO Wayne State (Neb.)	47.15m	154-8	4/5
7	26	T'Keyah CROCKETT	SR Southern Arkansas	46.89m	153-10	4/27
8	27	Haley CRAIG	JR Northwest Missouri	46.78m	153-6	4/17
9	28	Kirsten LEISINGER	JR Missouri Southern	46.52m	152-8	4/6
10	30	Liz FOUTS	SO Harding	46.22m	151-8	3/29

Women's Hammer

1	8	Brianna COOKS	JR Pittsburg State	56.75m	186-2	4/19
2	9	Kirsten LEISINGER	JR Missouri Southern	56.55m	185-7	4/26
3	14	Jena BLACK	SR Pittsburg State	55.72m	182-10	4/26
4	15	Mckenzie SCHEIL	FR Wayne State (Neb.)	55.68m	182-8	4/24
5	22	Logan PRATER	JR Neb.-Kearney	54.06m	177-5	3/23
6	23	Tiara SCHMIDT	SO Neb.-Kearney	53.90m	176-10	4/19
7	24	Kaylee JENSEN	SO Minnesota State	53.83m	176-7	4/6
8	25	Ashlan BURTON	SO Central Missouri	53.71m	176-3	4/19
9	26	Baylie BELLIN	SO Central Missouri	53.53m	175-8	4/19
10	30	Jaimie MCNAMEE	JR Sioux Falls	52.84m	173-5	4/23

Women's Javelin

1	1	Morgan ASH	JR Missouri Southern	51.45m	168-10	4/26
2	2	Elizabeth POMATTO	FR Missouri Southern	50.63m	166-2	3/23
3	6	Alexcia DEUTSCHER	JR Fort Hays State	48.83m	160-3	3/23
4	10	Miranda PHIPPS	JR Sioux Falls	46.51m	152-7	4/23
5	12	Shelby EDWARDS	SO Washburn	45.74m	150-1	4/5
6	17	Alexis KUEHL	FR Missouri Southern	44.74m	146-10	4/26
7	36	Ashlee BEITZINGER	SO Pittsburg State	41.43m	135-11	4/26
8	37	Allyn MURRAY	SR Pittsburg State	41.39m	135-10	4/26
9	38	Trace MOSBY	FR Pittsburg State	41.38m	135-9	4/6
10	40	Katelyn MOONEY	FR Missouri Southern	41.31m	135-7	4/26

Women's Heptathlon

1	1	Trace MOSBY	FR Pittsburg State	5,270		4/6
2	6	Olivia MONTEZ BROWN	JR Augustana (S.D.)	5,020		4/17
3	8	Natalie GOTTSCHALK	SR St. Cloud State	5,005		4/6
4	13	Brianna SCHMITZ	SR Emporia State	4,969		3/21
5	16	Claire LUALLAN	FR Missouri Southern	4,857		4/6
6	26	Jordan HAMMOND	JR Northwest Missouri	4,677		3/22
7	30	Christa BENSON	SR Bemidji State	4,634		4/17
8	35	Alex KOSCHEL	SO Northwest Missouri	4,513		3/22
9	36	Emily SHELL	JR Harding	4,483		4/18
10	39	McKenzie PENNE	SO Pittsburg State	4,458		4/6



USTFCCA NCAA Division II Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2019 Week #7, April 30

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East

Women's 100 Meters

1	74	Olivia DEXTER	SR	Stonehill	12.05	(0.0)	4/12
2	###	Oceana WILLIAMS	JR	Southern Connecticut	12.16	(1.7)	4/13
2	###	Kayla LITTLE	FR	Adelphi	12.16	(0.6)	4/13
4	###	Charisma BOSLEY	FR	Georgian Court	12.18	(1.9)	4/17
5	###	Begotty LAROCHE	SO	Southern Connecticut	12.19	(1.7)	3/29
5	###	Victoria STEFFON	FR	Assumption	12.19w	(2.2)	4/13
7	###	Aleisha JEFFERS	SR	Adelphi	12.21	(0.9)	4/6
7	###	Brianna RANDOLPH	SO	Roberts Wesleyan	12.21	(-0.3)	4/25
9	###	CeCe TELFER	SR	Franklin Pierce	12.24	(0.6)	4/6
10	###	Shaneika BOWRA	SR	UDC	12.30	(-0.1)	4/13

Women's 200 Meters

1	19	Begotty LAROCHE	SO	Southern Connecticut	24.20w	(2.4)	3/28
2	28	CeCe TELFER	SR	Franklin Pierce	24.30	(-3.9)	3/22
3	87	Olivia DEXTER	SR	Stonehill	24.83	(1.2)	4/12
4	###	Shaneika BOWRA	SR	UDC	25.06	(-0.8)	4/20
5	###	Victoria STEFFON	FR	Assumption	25.24	(-0.3)	4/6
6	###	Chealse BENOIT	FR	Bloomfield	25.37	(1.8)	4/19
7	###	Oceana WILLIAMS	JR	Southern Connecticut	25.42	(-0.4)	4/13
8	###	Kayla LITTLE	FR	Adelphi	25.46	(0.0)	4/6
9	###	Charisma BOSLEY	FR	Georgian Court	25.49	(0.9)	4/6
10	###	Cierra ROBERTS	JR	UDC	25.56	(-0.8)	4/20

Women's 400 Meters

1	59	Victoria MAJOR	JR	Adelphi	56.60		4/13
2	88	Brooke KROHLEY	SR	Southern Connecticut	57.08		4/13
3	89	Gabrielle BUISSETH	FR	Adelphi	57.10		4/13
4	90	Steph MATTSON	SR	Bentley	57.14		4/12
4	90	Chealse BENOIT	FR	Bloomfield	57.14		4/19
6	###	Wahjerjay BLANGO	JR	American International	57.74		4/20
7	###	Diana CRUZ	SR	Queens (N.Y.)	57.91		4/20
8	###	CeCe TELFER	SR	Franklin Pierce	58.20		4/27
9	###	Claudia KOONTZ	FR	Assumption	58.53		4/6
10	###	Cierra ROBERTS	JR	UDC	58.82		4/20

Women's 800 Meters

1	46	Yasmine GRAZIANI	SR	American International	2:13.44		4/20
2	72	Alexandria OKON	JR	LIU Post	2:15.13		4/6
3	88	Anna LASTRA	JR	Stonehill	2:16.16		4/20
4	###	Alyssa FREEMAN	JR	Stonehill	2:16.59		4/20
5	###	Jill COUTO	SO	Southern New Hampshire	2:17.25		4/27
6	###	Abigail GOSTOMSKI	FR	Roberts Wesleyan	2:17.58		4/25
7	###	Erica WALEKSI	SR	Chestnut Hill	2:18.29		4/6
8	###	Jillian CAIAZZI	SR	Stonehill	2:19.15		4/12
9	###	Rebecca MACLEOD	JR	St. Thomas Aquinas	2:19.45		3/15
10	###	Margaret BYRNE	SR	Merrimack	2:20.11		4/18

Women's 1500 Meters

1	67	Bailey GOSTOMSKI	FR	Roberts Wesleyan	4:38.47		4/13
2	68	Kialeigh MARSTON	JR	Assumption	4:38.64		3/29
3	84	Anna LASTRA	JR	Stonehill	4:40.31	(5:02.74(1))	4/12
4	###	Kate FISHER	SO	Merrimack	4:42.49		4/12
5	###	Abigail GOSTOMSKI	FR	Roberts Wesleyan	4:42.67		4/13
6	###	Shannen KERIN	JR	Saint Rose	4:43.76		4/27
7	###	Alyssa FREEMAN	JR	Stonehill	4:44.95	(5:07.75(1))	4/12
8	###	Erica WALEKSI	SR	Chestnut Hill	4:47.80		4/19
9	###	Yasmine GRAZIANI	SR	American International	4:48.11		4/13
10	###	Jill COUTO	SO	Southern New Hampshire	4:48.26	(5:11.33(1))	4/13

Women's Steeplechase

1	14	Kialeigh MARSTON	JR	Assumption	10:46.74		4/12
2	48	Sophia ANDERLE	SO	Stonehill	11:15.57		4/20
3	68	Sophie GORTON	SR	Merrimack	11:27.48		4/18
4	86	Madison BRAND	JR	Southern New Hampshire	11:38.92		4/6
5	88	Jordan CALLAHAN	JR	Stonehill	11:40.17		4/20
6	99	Rebecca MACLEOD	JR	St. Thomas Aquinas	11:46.17		4/20
7	###	Nicole JULIAN	JR	Adelphi	11:50.25		4/5
8	###	Moriah MARTONE	JR	Roberts Wesleyan	11:56.65		4/20
9	###	Addison SGROI	SR	Roberts Wesleyan	12:08.31		4/20
10	###	Margaret MCKEEVER	FR	LIU Post	12:19.13		3/29

Women's 5000 Meters

1	70	Ashley WATSON	SO	Roberts Wesleyan	17:33.72		4/13
2	###	Sophia ANDERLE	SO	Stonehill	18:12.37		4/4
3	###	Christine MYERS	JR	Saint Rose	18:14.93		4/18
4	###	Jordan CALLAHAN	SR	Stonehill	18:19.98		4/4
5	###	Michaela BIERLY	JR	Roberts Wesleyan	18:24.96		4/13
6	###	Tia FOGLIETTA	SR	Merrimack	18:28.92		4/12
7	###	Brittany SHUMWAY	SO	Roberts Wesleyan	18:32.08		4/13
8	###	Nicole JULIAN	JR	Adelphi	18:34.08		3/29
9	###	Julia DEMPSEY	SO	Merrimack	18:34.21		3/29
10	###	Grace CORBETT	FR	Assumption	18:35.09		3/29

Women's 10,000 Meters

1	26	Christine MYERS	JR	Saint Rose	36:15.35		4/6
2	80	Samantha CURTIN	SO	Stonehill	38:32.06		4/4
3	88	Madeline MORRISON	JR	New Haven	38:58.92		4/12
4	94	Makenzie CYR	SR	Stonehill	39:07.90		4/4
4	94	Julia CORMIER	JR	Franklin Pierce	39:07.90		4/12
6	99	Tia FOGLIETTA	SR	Merrimack	39:15.83		3/29
7	###	Jennifer FANNON	SR	American International	40:20.63		4/6
8	###	Lauren STANKIEWICZ	SO	Franklin Pierce	40:51.33		4/12
9	###	Samantha BILODEAU	FR	Bentley	41:01.98		3/29
10	###	Sarah TIERNEY	FR	Merrimack	41:44.03		3/29



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WOMEN — 2019 Week #7, April 30

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East

Women's 100 Meter Hurdles

1	5	CeCe TELFER	SR	Franklin Pierce	13.67	(0.0)	4/20
2	9	Briana BURT	SR	Southern Connecticut	13.84	(-0.6)	4/13
3	###	Zoe SMITH	JR	Stonehill	14.83	(0.4)	4/27
4	###	Alanna MURPHY	JR	Southern New Hampshire	15.05	(-0.1)	4/13
5	###	Amaysia LAKE	SR	New Haven	15.08	(1.1)	4/28
6	###	Nasharie DAVIS	FR	Southern Connecticut	15.11	(0.5)	4/6
6	###	Abigail JONES	SR	Assumption	15.11	(0.5)	4/6
8	###	Shanise ROSE	FR	UDC	15.42	(-1.7)	4/13
9	###	Lindzey MOSLEY	SO	Holy Family	15.44	(1.1)	4/12
10	###	Krista FERNANDES	SR	Stonehill	15.49	(0.8)	4/12

Women's 400 Meter Hurdles

1	2	CeCe TELFER	SR	Franklin Pierce	57.79		3/28
2	97	Shannell HIBBERT	JR	UDC	1:04.69		4/20
3	###	Krista FERNANDES	SR	Stonehill	1:04.77		4/4
4	###	Nyoki JONES	FR	Holy Family	1:05.17		3/30
5	###	Emily MARTINO	JR	Molloy	1:06.17		4/20
6	###	Gabrielle GRIFFIN	FR	Adelphi	1:06.71		4/6
7	###	Alanna MURPHY	JR	Southern New Hampshire	1:06.94		4/20
8	###	Jennifer TREGILLIES	SO	Georgian Court	1:07.14		4/6
9	###	Madison SOULLIER	JR	Assumption	1:07.26		4/27
10	###	Damahya PHIPPS	FR	American International	1:07.56		4/6

Women's 4x100 Relay

1	43	Rose, Roberts, Hibbert, Bowra	UDC	47.23		4/5
2	49	White, Saucier, Burt, Williams	Southern Connecticut	47.53		4/19
3	51	Jeffers, Major, Little, Wilson	Adelphi	47.54		4/13
4	65	Robinson, Blango, Donzo, Felix	American International	47.74		4/20
5	###	O'Brien, Smith, Colarusso, Dexter	Stonehill	48.40		4/20
6	###	Jones, Rayside, Edwards, Bosley	Georgian Court	48.51		4/13
7	###	Koontz, Jones, Santee, Steffon	Assumption	48.65		4/27
8	###	Osborne, Thompson, Wiggs, Farrell	Bloomfield	49.17		4/28
9	###	McPherson, Mosley, Barker, Groomes	Holy Family	49.19		4/25
10	###	Blais, Lorenzen, Stroh, Decker	Southern New Hampshire	49.33		4/6

Women's 4x400 Relay

1	25	Little, Buissereth, Jeffers, Major	Adelphi	3:49.76		4/25
2	93	Wiggs, Clark, Kirkpatrick, Randolph	Bloomfield	4:00.19		4/5
3	96	Dorn, Roberts, Dozier, Hibbert	UDC	4:00.33		4/25
4	###	Jones, McPherson, Watts, Lash	Holy Family	4:01.47		4/25
5	###	Stroh, Couto, Ward, Lorenzen	Southern New Hampshire	4:01.50		4/13
6	###	Geoghegan, Lassogna, Jones, DelloRusso	Assumption	4:02.55		4/18
7	###	Ginty, Ramirez, Agostinacchio, Okon	LIU Post	4:03.22		4/25
8	###		New Haven	4:04.84		4/12
9	###		Georgian Court	4:05.05		3/29
10	###	Dexter, Hurtado, Perry, Jordan	Stonehill	4:05.25		4/20

Women's High Jump

1	4	Paola BRENA	FR	Franklin Pierce	1.74m	5-8½	4/20
2	12	Victoria MAJOR	JR	Adelphi	1.71m	5-7¼	4/13
3	28	Madison WARD	JR	Stonehill	1.68m	5-6	4/20
4	47	Kathleen GIUSTI	JR	Stonehill	1.65m	5-5	4/12
5	93	Abigail JONES	SR	Assumption	1.62m	5-3¾	4/11
6	###	Lindsey CARL	SR	Jefferson (Pa.)	1.60m	5-3	4/12
6	###	Jessydoris IWUALA	SO	Stonehill	1.60m	5-3	4/27
6	###	Anjelai HAYES	SO	Holy Family	1.60m	5-3	4/12
6	###	Kayla POLLOCK	JR	Adelphi	1.60m	5-3	4/5
10	###	Amanda GREENWOOD	SO	Roberts Wesleyan	1.58m	5-2¼	3/29

Women's Pole Vault

1	###	Ashley COLARUSSO	JR	Stonehill	3.40m	11-1¾	3/30
2	###	Alexandra SEXTON	SO	Stonehill	3.25m	10-8	4/4
3	###	Elaina DISALVO	JR	Southern Connecticut	3.23m	10-7	4/13
4	###	Amelie LEGG	SO	Assumption	3.20m	10-6	4/6
4	###	Cara KELLY	SR	Saint Rose	3.20m	10-6	4/6
6	###	Taylor HAUDE	JR	Daemen	3.15m	10-4	4/6
6	###	Kyra KRESS	SR	Daemen	3.15m	10-4	4/6
8	###	Stephanie PHOENIX	FR	Franklin Pierce	3.10m	10-2	4/12
9	###	Anna AHLQUIST	SO	Roberts Wesleyan	3.06m	10-½	3/29
10	###	Sarah WILSON	FR	Merrimack	3.05m	10-0	4/12

Women's Long Jump

1	1	Abigail JONES	SR	Assumption	9.00m	29-6½ (0.0)	4/18
2	42	Jazmine WIGGS	JR	Bloomfield	5.75m	18-10½ (1.3)	4/12
3	46	Aniyah RUSSELL	FR	Georgian Court	5.73m	18-9¾ (0.4)	3/29
4	49	Steph MATTSON	SR	Bentley	5.72mw	18-9¼ (3.2)	4/6
5	69	Dahsia MIDDLEBROOKS	JR	American International	5.65mw	18-6½ (3.9)	4/27
6	83	Sarah MILLER	SR	Assumption	5.60mw	18-4½ (3.9)	4/27
7	###	Olivia DEXTER	SR	Stonehill	5.54m	18-2¼ (1.3)	3/30
8	###	Sienna FARRELL	JR	Bloomfield	5.47mw	17-11½ (2.3)	4/12
8	###	Amaysia LAKE	SR	New Haven	5.47mw	17-11½ (3.1)	4/6
10	###	Cierra ROBERTS	JR	UDC	5.45m	17-10¾ (2.0)	3/23



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East

Women's Triple Jump

1	14	Dahsia MIDDLEBROOKS	JR	American Internatio	12.22m	40-1¼ (-0.2)	4/13
2	31	Steph MATTSON	SR	Bentley	11.96mw	39-3 (2.6)	4/27
3	34	Lilian BAAH	SR	Franklin Pierce	11.90m	39-½ (-0.1)	4/13
3	34	Dunya ALAN	FR	St. Thomas Aquinas	11.90m	39-½ (0.0)	3/12
5	60	Lytic GREEN	JR	Georgian Court	11.61m	38-1¼ (1.3)	4/17
6	73	Rachel FLEISCHER	FR	Southern Connecticu	11.54m	37-10½ (0.0)	4/20
7	76	Damahya PHIPPS	FR	American Internatio	11.53mw	37-10 (3.4)	4/20
8	96	Maryness DEL VALLE SANTANA	FR	Bloomfield	11.40mw	37-5 (3.0)	3/29
9	99	Shayna SMITH	FR	Southern Connecticu	11.37m	37-3¼ (-1.1)	4/13
10	###	Caylea LANDRIE	JR	Southern Connecticu	11.29m	37-½ (0.0)	4/19

Women's Shot Put

1	17	Ashley ELDER	SR	Southern New Hamp	14.82m	48-7½	4/13
2	29	Emily CASELLA	JR	Assumption	14.23m	46-8¼	4/27
3	76	Shayla LYONS	JR	Stonehill	13.16m	43-2¼	4/27
4	###	Mikaylah SCHWARTZ	FR	Assumption	12.73m	41-9¼	3/29
5	###	Alanna ROBINSON	SR	New Haven	12.68m	41-7¼	4/20
6	###	Tatiana WIERSMA	FR	Assumption	12.12m	39-9¼	4/13
7	###	Kaitlin KLEIN	JR	LIU Post	12.03m	39-5¼	4/6
8	###	Gabrielle ELDRIDGE	JR	Merrimack	11.90m	39-½	4/27
9	###	Elizabeth BALZARINI	JR	Stonehill	11.86m	38-11	3/30
10	###	Krista STRACQUALURSI	FR	Stonehill	11.84m	38-10¼	4/27

Women's Discus

1	21	Ashley ELDER	SR	Southern New Hamp	47.39m	155-6	4/27
2	68	Stephanie BOCK	JR	Georgian Court	43.30m	142-1	4/26
3	89	Shayla LYONS	JR	Stonehill	42.27m	138-8	4/20
4	###	Emily CASELLA	JR	Assumption	40.41m	132-7	3/29
5	###	Krista STRACQUALURSI	FR	Stonehill	39.73m	130-4	4/20
6	###	Megan SHEEHAN	FR	Assumption	39.46m	129-6	4/6
7	###	Kaitlin KLEIN	JR	LIU Post	38.97m	127-10	3/29
8	###	Gabrielle ELDRIDGE	JR	Merrimack	38.49m	126-4	4/18
9	###	Jesica LITWA	JR	Stonehill	38.23m	125-5	4/27
10	###	Katey COMSTOCK	JR	Franklin Pierce	37.76m	123-11	4/13

Women's Hammer

1	49	Erin MCKEE	SR	Southern Connecticu	50.81m	166-9	3/28
2	54	Valerie HINDS	JR	Saint Rose	50.40m	165-4	4/13
3	62	Alanna ROBINSON	SR	New Haven	49.93m	163-10	4/12
4	80	Ashley ELDER	SR	Southern New Hamp	49.27m	161-8	4/13
5	92	Samantha SMITH	JR	Georgian Court	48.26m	158-4	4/6
6	###	Aalayjhia COBB	SR	Southern Connecticu	47.06m	154-5	4/20
7	###	Stephanie BOCK	JR	Georgian Court	46.29m	151-11	4/26
8	###	Alyssa FARRELL	JR	LIU Post	43.51m	142-9	4/12
9	###	Savannah DROWNE	JR	Franklin Pierce	42.79m	140-5	4/13
10	###	Jesica LITWA	JR	Stonehill	42.56m	139-8	4/27

Women's Javelin

1	28	Caroline LEONARD	JR	Assumption	42.43m	139-3	3/29
2	58	Alyssa FARRELL	JR	LIU Post	39.92m	131-0	4/12
3	60	Emily CASELLA	JR	Assumption	39.79m	130-7	4/18
4	72	Ciara ZDANOWICZ	FR	Georgian Court	39.26m	128-10	4/26
5	75	Gabrielle ELDRIDGE	JR	Merrimack	39.03m	128-1	4/18
6	###	Leslie RODA	SR	Assumption	37.46m	122-11	3/8
7	###	Noel HARTMAN	SR	Georgian Court	37.00m	121-5	4/26
8	###	Ginalee ERSKINE	FR	Georgian Court	36.97m	121-4	4/6
9	###	Emma SANTEE	SO	Assumption	36.20m	118-9	3/29
10	###	Tatyanna BECKFORD	FR	Southern New Hamp	34.57m	113-5	3/30

Women's Heptathlon

1	20	Abigail JONES	SR	Assumption	4,757		4/11
2	63	Emma SANTEE	SO	Assumption	4,150		4/11
3	75	Gabrielle ELDRIDGE	JR	Merrimack	4,049		4/11
4	76	Colleen PERRY	SR	Stonehill	4,044		4/11
5	90	Kiara BIRCH	SO	Adelphi	3,918		4/23
6	###	Ellison SEYMOUR	FR	Merrimack	3,579		4/11
7	###	Kaitlyn GRIMSHAW	SO	American Internatio	3,207		4/11
8	###	Sterling SEYMOUR	SO	Merrimack	3,168		4/11
9	###	Ruby PEKIN-SCHLICHT	FR	St. Thomas Aquinas	3,018		3/22
10	###	Dunya ALAN	FR	St. Thomas Aquinas	2,786		3/22



Regional TFRI Event Summary

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Midwest

Women's 100 Meters

1	6	Angelica FLOYD	SO	Grand Valley State	11.65w	(3.3)	4/19
2	19	Izabelle PETERSON	SO	Northern Michigan	11.76w	(3.3)	4/19
3	29	Nicole SREENAN	SO	Grand Valley State	11.85w	(3.3)	4/19
4	44	Jada HOFFMAN	FR	Lewis	11.92w	(2.8)	4/6
5	49	Cierra PULLIAM	SR	Lewis	11.94w	(2.8)	4/6
6	52	Kajsa JOHANNSON	SO	Hillsdale	11.95w	(2.4)	4/17
7	74	Aliyah MCDONALD	FR	Wayne State (Mich.)	12.05w	(3.3)	4/19
8	77	Sam DUALE	SR	Ashland	12.06w	(2.6)	4/11
9	80	Brittany HOLBROOK	JR	Tiffin	12.07	(1.7)	3/29
10	88	Gariana BERCHENI	JR	Ashland	12.09	(-0.1)	4/26

Women's 200 Meters

1	13	Izabelle PETERSON	SO	Northern Michigan	24.13	(1.5)	4/19
2	17	Nicole SREENAN	SO	Grand Valley State	24.19	(1.5)	4/19
3	34	Kajsa JOHANNSON	SO	Hillsdale	24.34		4/17
4	41	Debra WALLACE	FR	Northwood (Mich.)	24.42	(1.5)	4/19
5	44	Lauren HUEBNER	JR	Saginaw Valley Stat	24.47w		4/17
6	64	Andriana HIGGINS	JR	Saginaw Valley Stat	24.65w		4/17
7	82	Jada HOFFMAN	FR	Lewis	24.81	(0.8)	4/19
8	84	Angelica FLOYD	SO	Grand Valley State	24.82	(1.0)	4/12
9	88	Cierra PULLIAM	SR	Lewis	24.84	(-0.4)	4/19
9	88	Sarah BEULLA	JR	Grand Valley State	24.84w	(2.7)	4/12
9	88	Gariana BERCHENI	JR	Ashland	24.84	(1.5)	4/19

Women's 400 Meters

1	37	Sarah BEULLA	JR	Grand Valley State	56.02		3/28
2	53	Debra WALLACE	FR	Northwood (Mich.)	56.43		3/29
3	57	Shayla HUEBNER	SR	Northern Michigan	56.49		4/12
4	62	Nicole SREENAN	SO	Grand Valley State	56.67		4/12
5	69	Abbie PORTER	JR	Hillsdale	56.82		3/29
6	###	Jetaiya SMITH	SR	Walsh	57.36		4/12
7	###	Ashley REYNA-PADILLA	JR	Bellarmine	57.52		4/26
8	###	Paige DUTCHER	SR	Northern Michigan	57.55		4/5
9	###	Mary WATTS	FR	Indianapolis	57.70		4/6
10	###	Teresa ZARAGUETA	JR	Lewis	57.77		4/18

Women's 800 Meters

1	1	Rachael WALTERS	SR	Grand Valley State	2:04.15		4/17
2	4	Carsyn KOCH-JOHNSON	SR	Cedarville	2:06.94		4/17
3	9	Allie LUDGE	JR	Grand Valley State	2:08.63		3/29
4	15	Liz BLOCH	SR	Michigan Tech	2:10.36		4/25
5	19	Andra LEHOTAY	JR	Walsh	2:10.80		4/12
6	21	Abbie PORTER	JR	Hillsdale	2:11.01		4/6
7	22	Tiffany PRYCE	SR	Ashland	2:11.02		4/26
8	24	Shayla HUEBNER	SR	Northern Michigan	2:11.30		4/5
9	30	Katie GRIMES	SR	Malone	2:11.98		4/17
10	37	Ashleigh MACLEOD	SO	Lewis	2:12.83		4/24

Women's 1500 Meters

1	5	Allie LUDGE	JR	Grand Valley State	4:22.33		3/29
2	6	Andra LEHOTAY	JR	Walsh	4:23.16		3/29
3	7	Liz BLOCH	SR	Michigan Tech	4:24.67		4/13
4	25	Rachael WALTERS	SR	Grand Valley State	4:31.10		4/17
5	36	Allysen EADS	SR	Hillsdale	4:33.77		4/25
6	44	Lauren BAILEY	SO	Indianapolis	4:35.17		4/6
7	46	Mickayla WENZEL	SR	Indianapolis	4:35.44		4/17
8	50	Abby CROUCH	JR	Grand Valley State	4:36.15	(4:58.25(1))	4/13
9	66	Jenna KEISER	SO	Saginaw Valley Stat	4:38.34		3/29
10	69	Bre BAKAN	SR	Walsh	4:38.83		4/25

Women's Steeplechase

1	2	Hanna GROEBER	JR	Grand Valley State	10:23.52		4/13
2	11	Allysen EADS	SR	Hillsdale	10:39.04		4/17
3	18	Kayla CASALETTO	SR	Cedarville	10:49.42		4/26
4	23	Madison GOEN	JR	Grand Valley State	10:54.38		4/13
5	24	Jenna KEISER	SO	Saginaw Valley Stat	10:54.95		4/25
6	26	Alayna ACKLEY	FR	Cedarville	10:57.42		4/26
7	29	Alexa LEPPELMEIER	SO	Walsh	10:58.73		4/25
8	31	Holly MCKINNEY	SR	Grand Valley State	11:00.80		4/25
9	32	Briana LEONARD	SR	Indianapolis	11:01.92		4/6
10	49	Hanna TORVI	JR	Northern Michigan	11:15.62		3/30

Women's 5000 Meters

1	7	Allie LUDGE	JR	Grand Valley State	16:30.18		4/17
2	9	Gina PATTERSON	JR	Grand Valley State	16:36.92		3/29
3	12	Lauren BAILEY	SO	Indianapolis	16:44.64		4/17
4	13	Madison GOEN	JR	Grand Valley State	16:46.48		3/29
5	17	Allison DORR	SR	Saginaw Valley Stat	16:54.40		4/13
6	20	Hanna GROEBER	JR	Grand Valley State	16:58.21		4/25
7	28	Emily BYRD	JR	Michigan Tech	17:05.78		4/13
8	32	Jessica GOCKLEY	SO	Grand Valley State	17:11.94		3/29
9	33	Stacey METZGER	JR	Grand Valley State	17:12.96		4/13
10	35	Maryssa DEPIES	FR	Hillsdale	17:14.43		3/29

Women's 10,000 Meters

1	4	Gina PATTERSON	JR	Grand Valley State	34:45.25		4/17
2	8	Hanna GROEBER	JR	Grand Valley State	34:55.23		3/29
3	9	Jessica GOCKLEY	SO	Grand Valley State	35:00.97		4/13
4	13	Emily BYRD	JR	Michigan Tech	35:29.30		3/29
5	14	Hope JONES	JR	Southern Indiana	35:29.55		4/17
6	15	Brianna COY	JR	Walsh	35:29.94		4/17
7	16	Allison DORR	SR	Saginaw Valley Stat	35:39.12		3/29
8	22	Kathryn ETELAMAKI	JR	Ferris State	36:05.60		4/13
9	27	Taryn CHRISTY	FR	Illinois-Springfield	36:18.73		4/17
10	31	Emily VIGIL	SR	Michigan Tech	36:29.14		4/13



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Midwest

Women's 100 Meter Hurdles

1	26	Rajiah ANDREWS	FR Tiffin	14.14	(1.1)	4/12
2	32	Lauren HUEBNER	JR Saginaw Valley Stat	14.24		4/26
3	36	Gariana BERCHENI	JR Ashland	14.29	(0.6)	4/26
4	41	Andriana HIGGINS	JR Saginaw Valley Stat	14.36		4/17
5	44	Joelle ATAESSIEN	JR Lewis	14.38w	(2.8)	4/18
6	54	Azlynn SHERROD-BUTLER	FR McKendree	14.48w	(3.4)	4/6
7	58	Joselyn MWENIFUMBO	FR Grand Valley State	14.51w	(2.5)	4/25
8	63	Camille BAKER	SR Missouri S&T	14.55w	(2.6)	4/13
9	90	Kerigan ERTEL	JR Indianapolis	14.75	(0.2)	4/6
10	98	Emma GIELINK	SR Tiffin	14.80	(1.1)	4/12

Women's 400 Meter Hurdles

1	7	Lauren HUEBNER	JR Saginaw Valley Stat	59.66		4/5
2	9	Jessica EBY	SO Grand Valley State	59.87		3/28
3	26	Kerigan ERTEL	JR Indianapolis	1:01.47		4/6
4	29	Samantha KIRK	SO Davis and Elkins	1:01.74		4/19
5	39	Casey BERBERICH	SO Maryville (Mo.)	1:02.55		4/27
6	40	Heather JOHNSON	SR Grand Valley State	1:02.59		4/25
7	43	Cassidy TERHORST	JR Grand Valley State	1:02.61		4/19
8	58	Calli TOWNSEND	SO Hillsdale	1:03.32		3/22
9	62	Cyann MOYER	SO Ursuline	1:03.49		4/12
10	81	Megan MARTIN	SO Northern Michigan	1:03.96		4/12

Women's 4x100 Relay

1	9	Sreenan, Floyd, Beulla, Stuedemann	Grand Valley State	46.02		4/19
2	28	Pulliam, Johnson, Hoffman, Ataessien	Lewis	46.83		4/6
3	31	Noble, Higgins, Olshevsk, Huebner	Saginaw Valley Stat	46.88		4/5
4	32	Peterson, McPeters, Long, Alarie	Northern Michigan	46.96		4/19
5	48	Sherrod-Butler, Watson-Blake, Kloss, Nauden	McKendree	47.38		4/23
6	69	Cooper-Laylor, Holbrook, Andrews, Peoples	Tiffin	47.78		4/6
7	79	Krieger, Roberts, Curtis, Williams-Fields	Malone	48.02		4/26
8	90	Duale, Davis, Miller, Bercheni	Ashland	48.26		4/19
9	###	Kotoch, Smith, Joyce, Gray	Walsh	48.40		4/27
10	###	Edwards-House, Bundschuh, Mixon, Humpula	Davenport (Mich.)	48.48		4/13

Women's 4x400 Relay

1	11	Eby, Beulla, Sreenan, Walters	Grand Valley State	3:44.50		3/28
2	16		Northern Michigan	3:46.91		4/25
3	50	Boehm, O'Leary, Porter, Townsend	Hillsdale	3:54.38		4/25
4	56	Bertolini, Fleming, Feist, Affes	Wayne State (Mich.)	3:55.93		4/6
5	59	Carr, Williams-Fields, Curtis, Grimes	Malone	3:56.09		4/12
6	62	Phillips, Zaragueta, Batterham, Macleod	Lewis	3:56.65		4/24
7	63	Mahachi, Kloss, Tepe, Phillips	McKendree	3:56.91		4/19
8	66	Carias, Reyna-Padilla, McKenzie, Robinson	Bellarmino	3:57.31		4/5
9	73	Manns, Pean, Hemmings, Robinett	Findlay	3:58.36		4/12
10	86	Davis, Oler, Pryce, Olujide-Ajibade	Ashland	3:59.71		4/19

Women's High Jump

1	1	Yashira RHYMER-STUART	SR Bellarmine	1.81m	5-11¼	4/5
2	6	Olga BRANNEY	JR Malone	1.73m	5-8	4/6
2	6	Ellie JINDRA	JR Ashland	1.73m	5-8	4/11
2	6	Marisa GWINNER	FR Tiffin	1.73m	5-8	3/29
5	11	Michelle JUERGEN	SR Northern Michigan	1.72m	5-7¾	4/12
6	20	Tabor GLEASON	FR Grand Valley State	1.70m	5-7	4/5
6	20	Kirsten CAMP	SR Tiffin	1.70m	5-7	4/17
8	22	Dalaney ROGALA	JR Tiffin	1.69m	5-6½	4/18
9	28	Ellen FOSTER	SR Maryville (Mo.)	1.68m	5-6	4/13
9	28	Casey BERBERICH	SO Maryville (Mo.)	1.68m	5-6	4/19
9	28	Brooke STANFIELD	SO Drury	1.68m	5-6	4/26

Women's Pole Vault

1	2	Ellianne KIMES	SO Grand Valley State	4.20m	13-9¼	4/5
2	4	Rachel DOLAN	SO Grand Valley State	4.01m	13-1¾	4/5
2	4	Lucy BUCKHOLZ	SR Grand Valley State	4.01m	13-1¾	4/5
2	4	Kassidie STIMMEL	FR Grand Valley State	4.01m	13-1¾	4/5
5	11	Mary COSTELLO	SO Indianapolis	3.95m	12-11½	4/25
6	22	Sara OVERBEEK	JR Grand Valley State	3.86m	12-8	4/5
6	22	Carly LIVINGSTON	SO Grand Valley State	3.86m	12-8	4/5
6	22	Avery SHELL	FR Grand Valley State	3.86m	12-8	4/5
9	35	Olivia MABRY	FR Grand Valley State	3.71m	12-2	4/5
10	36	Megan YOUNG	FR Indianapolis	3.70m	12-1½	4/25
10	36	Meadow CROMER	FR Findlay	3.70m	12-1½	4/25



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Midwest

Women's Long Jump

1	15	Alexis DUNCAN	SR	Grand Valley State	5.92m	19-5¼ (0.6)	4/19
2	21	Cierra PULLIAM	SR	Lewis	5.88m	19-3½ (1.8)	4/19
3	42	Angelica FLOYD	SO	Grand Valley State	5.75mw	18-10½	4/26
4	46	Casey BERBERICH	SO	Maryville (Mo.)	5.73m	18-9¾ (0.7)	4/6
5	53	Hannah OBERDIEK	SR	Truman	5.70m	18-8½ (0.9)	4/24
6	63	Johanna MOELLER	JR	Lake Erie	5.67m	18-7¼ (0.0)	4/6
7	69	Kirsten CAMP	SR	Tiffin	5.65m	18-6½ (1.3)	4/17
8	73	Michelle JUERGEN	SR	Northern Michigan	5.64m	18-6 (1.6)	4/19
9	90	Samantha DIDION	JR	Ashland	5.57m	18-3¼ (1.5)	4/26
10	95	Anna LAUDIZIO	SO	Lewis	5.56m	18-3 (1.2)	4/6

Women's Triple Jump

1	9	Tsitsi MAHACHI	JR	McKendree	12.32m	40-5 (1.6)	4/12
2	14	Cierra PULLIAM	SR	Lewis	12.22m	40-1¼ (0.0)	4/18
3	38	Anna LAUDIZIO	SO	Lewis	11.85m	38-10½ (1.5)	4/19
4	45	Anna OBI	FR	Grand Valley State	11.76m	38-7 (1.4)	4/19
5	51	Miyuki SUGIYAMA	FR	Ashland	11.71m	38-5 (1.7)	4/5
6	59	Emma GIELINK	SR	Tiffin	11.64m	38-2¼ (1.1)	3/23
7	65	Michelle JUERGEN	SR	Northern Michigan	11.58mw	38-0 (3.0)	4/19
8	73	Miaisha BLAIR	JR	Tiffin	11.54m	37-10½ (1.2)	4/17
9	###	Casey BERBERICH	SO	Maryville (Mo.)	11.28m	37-¼ (1.5)	4/6
10	###	Alecea CARDILLO	FR	Lewis	11.18m	36-8¼ (0.8)	4/25

Women's Shot Put

1	1	Lindsay BAKER	FR	Ashland	16.41m	53-10¼	4/5
2	6	Nicole BERRY	FR	Tiffin	15.65m	51-4¼	4/18
3	10	Hannah HAHLER	JR	Findlay	15.37m	50-5¼	4/25
4	12	Katie MONK	SR	Indianapolis	15.25m	50-½	4/26
4	12	Lane KADLEC	SR	Lewis	15.25m	50-½	4/23
6	24	Brenda JOHNSON	JR	Tiffin	14.53m	47-8	4/6
7	31	Emma RICHARDS	FR	Grand Valley State	14.18m	46-6¼	4/13
8	34	Nikita MAINES	FR	Hillsdale	14.13m	46-4¼	4/13
9	36	Dajsha AVERY	SR	Grand Valley State	14.03m	46-½	4/19
10	43	Gianna DIPIPPPO	SO	Ashland	13.95m	45-9¼	4/19

Women's Discus

1	9	Mary HECKSEL	JR	Grand Valley State	50.74m	166-6	4/19
2	11	Lindsay BAKER	FR	Ashland	50.54m	165-10	4/5
3	15	Emma RICHARDS	FR	Grand Valley State	49.13m	161-2	4/5
4	17	Katie MONK	SR	Indianapolis	48.42m	158-10	4/26
5	32	Mykala POP	FR	Ashland	46.21m	151-7	3/21
6	40	Nicole BERRY	FR	Tiffin	45.79m	150-3	3/29
7	47	Bobbie GOODWIN	SR	Grand Valley State	45.03m	147-9	4/5
8	51	Michaela BURKHAUSER	FR	Hillsdale	44.89m	147-4	4/25
9	53	Cassidy SMESTAD	SR	Truman	44.72m	146-9	4/24
10	68	Elizabeth PYLES	FR	Grand Valley State	43.30m	142-1	4/19

Women's Hammer

1	2	MacKenzie LEIGH	SR	Ashland	60.74m	199-4	4/19
2	4	Natalie HELENTAL	SR	Ashland	59.17m	194-2	4/19
3	5	Lindsay BAKER	FR	Ashland	58.04m	190-5	4/5
4	6	Bobbie GOODWIN	SR	Grand Valley State	57.73m	189-5	4/19
5	10	Katie MONK	SR	Indianapolis	56.14m	184-2	4/26
6	11	Judith ESSEMAH	FR	Grand Valley State	55.99m	183-9	4/26
7	12	Dana NEWELL	SR	Hillsdale	55.94m	183-7	4/19
8	17	Malia TURLEY	SR	Walsh	55.20m	181-1	4/27
9	19	Kianna CLARK	SR	Lewis	54.98m	180-5	4/23
10	28	Lane KADLEC	SR	Lewis	53.10m	174-3	3/29

Women's Javelin

1	43	Romi SMITH	SO	Ashland	41.07m	134-9	4/19
2	46	Elle RENAULT	SR	Truman	40.56m	133-1	4/5
3	53	Alexandra RODGERS	JR	Walsh	40.20m	131-11	3/30
4	79	Abigail BROWN	SO	Cedarville	38.71m	127-0	4/6
5	87	Kirby SMITH	SR	McKendree	38.21m	125-5	3/29
6	96	Ally EBERT	SO	Truman	37.63m	123-6	4/24
7	###	Amy VANGIESON	SR	Wayne State (Mich.)	37.40m	122-9	4/26
8	###	Jessica HINES	SO	Kentucky Wesleyan	36.93m	121-2	4/12
9	###	Karley DOUGHERTY	SR	Walsh	36.41m	119-6	4/19
10	###	Stephanie SHERWOOD	JR	Maryville (Mo.)	36.38m	119-4	4/19

Women's Heptathlon

1	3	Lauren HUEBNER	JR	Saginaw Valley Stat	5,213		4/17
2	18	Casey BERBERICH	SO	Maryville (Mo.)	4,797		4/19
3	24	Kirsten CAMP	SR	Tiffin	4,704		4/17
4	29	Camille BAKER	SR	Missouri S&T	4,644		4/19
5	37	Jazilee WILLIAMS	SO	Tiffin	4,474		4/17
6	38	Nina AUGSTEN	SO	Northern Michigan	4,463		4/12
7	57	Ellen FOSTER	SR	Maryville (Mo.)	4,168		4/19
8	61	Kirby SMITH	SR	McKendree	4,158		4/12
9	67	Courtney CROY	SR	Maryville (Mo.)	4,127		4/19
10	98	Anne SIMPSON	SO	Missouri S&T	3,884		4/19



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South

Women's 100 Meters

1	8	Ansley LONG	SR	Shorter	11.66	(0.0)	4/26
2	60	Yasmine REYNOLDS	JR	Paine	11.99	(0.8)	3/21
3	66	Laniya ROGERS	SO	Shorter	12.03	(0.0)	4/26
4	71	Krystal MITCHELL	JR	Central State	12.04	(1.1)	3/22
5	84	Ezra MCCAOW	FR	Mississippi College	12.08	(1.0)	3/22
6	###	Jharna ALSTON	JR	Paine	12.12	(-0.1)	4/13
6	###	Kayla WILLIAMS	FR	Lee (Tenn.)	12.12	(1.7)	3/29
8	###	Jairyn RUSSELL	SO	Alabama-Huntsville	12.13	(-0.1)	4/19
9	###	Kristen BLEVINS	FR	Lee (Tenn.)	12.14w	(2.5)	3/29
10	###	Chayla HOBBS	SO	Paine	12.16	(1.4)	4/13

Women's 200 Meters

1	30	Sorenya MILLER	JR	Benedict	24.31	(2.0)	4/13
1	30	Sorenya MILLER	JR	Benedict	24.31	(2.0)	4/13
3	42	Jairyn RUSSELL	SO	Alabama-Huntsville	24.45w	(3.7)	3/28
4	57	Jharna ALSTON	JR	Paine	24.57	(0.9)	4/13
5	60	Yasmine REYNOLDS	JR	Paine	24.61	(0.7)	4/18
6	###	Amber LITTLEJOHN	JR	Lee (Tenn.)	24.92	(-0.6)	4/6
6	###	Ashley DAVIS	JR	West Georgia	24.92	(1.6)	4/12
6	###	Breona BUTTS	JR	Embry-Riddle (Fla.)	24.92w	(2.9)	3/29
9	###	Krystal MITCHELL	JR	Central State	24.95	(1.1)	3/22
10	###	Ezra MCCAOW	FR	Mississippi College	24.99	(1.6)	3/22

Women's 400 Meters

1	30	Emma MONTOYA	SO	Christian Brothers	55.72		4/19
2	42	Ukeyvia BECKWITH	SO	Embry-Riddle (Fla.)	56.14		4/18
3	45	Amber LITTLEJOHN	JR	Lee (Tenn.)	56.25		4/19
4	54	Sorenya MILLER	JR	Benedict	56.47		3/21
4	54	Sorenya MILLER	JR	Benedict	56.47		3/21
6	59	Yasmine REYNOLDS	JR	Paine	56.60		4/18
7	66	Shameka FRANKLIN	SO	West Alabama	56.78		4/6
8	70	Serenity ANDRUS	SO	Alabama-Huntsville	56.85		4/6
9	73	CRISTINA RIVERA	SR	UPR Mayaguez	56.89		2/22
10	78	Jharna ALSTON	JR	Paine	56.95		4/18

Women's 800 Meters

1	11	Kristen METCALFE	SR	Embry-Riddle (Fla.)	2:09.59		4/26
2	27	Ukeyvia BECKWITH	SO	Embry-Riddle (Fla.)	2:11.71		4/5
3	66	Charlee BOXALL	JR	Lee (Tenn.)	2:14.69		3/14
4	69	Julia LOCKRIDGE	SO	Tampa	2:14.94		4/26
5	73	Serenity ANDRUS	SO	Alabama-Huntsville	2:15.40		3/22
6	92	JALITZA SANTIAGO	SR	UPR Mayaguez	2:16.33		4/12
7	###	Maddy KENYON	SR	Nova Southeastern	2:17.04		4/12
8	###	Aoife MAHONY	FR	Saint Leo	2:17.07		4/19
9	###	Raeven VEAL	SO	Christian Brothers	2:17.47		4/6
10	###	Alexis BIBLE	JR	Tampa	2:17.57		4/5

Women's 1500 Meters

1	11	Kristen METCALFE	SR	Embry-Riddle (Fla.)	4:25.56		4/26
2	19	Charlee BOXALL	JR	Lee (Tenn.)	4:29.18		4/19
3	20	Chloe FLORA	SO	Lee (Tenn.)	4:29.28		3/29
4	52	Zoe JARVIS	SO	Tampa	4:37.09		4/26
5	###	Hannah FLEMMING	SO	Florida Southern	4:42.40		4/5
6	###	Emmanuelle LETERTRE	FR	Lynn	4:44.24		3/22
7	###	Paige PATTERSON	FR	Saint Leo	4:46.63		4/12
8	###	Justine GLASS	SO	Montevallo	4:47.38		3/2
9	###	Johanna WISTOKAT	FR	Christian Brothers	4:48.17		3/23
10	###	Amy CARPENTER	SR	Lee (Tenn.)	4:48.36		3/2

Women's Steeplechase

1	46	Paige PATTERSON	FR	Saint Leo	11:14.49		3/28
2	62	PAOLA RAMOS	SO	UPR Mayaguez	11:22.66		4/12
3	75	Marlee MASON	JR	Alabama-Huntsville	11:32.96		3/28
4	78	Becca UMBARGER	JR	Lee (Tenn.)	11:35.96		3/2
5	82	Kuepper FEEHAN	SO	Nova Southeastern	11:37.59		4/18
6	85	Cate GIFFORD	SO	Lee (Tenn.)	11:38.45		3/29
7	###	Brooke SANTIESTABAN	FR	Tampa	11:50.21		3/22
8	###	Sarah MELKERSON	FR	Montevallo	11:59.27		4/12
9	###	Michelle BAUER	SO	Nova Southeastern	12:13.17		3/12
10	###	Dazyia MITCHELL	SO	Clark Atlanta	12:23.59		4/18

Women's 5000 Meters

1	14	Chloe FLORA	SO	Lee (Tenn.)	16:49.73		3/14
2	40	Zoe JARVIS	SO	Tampa	17:20.74		3/28
3	62	Hannah FLEMMING	SO	Florida Southern	17:30.58		4/13
4	65	Sydney RHODES	SO	Tampa	17:31.47		3/28
5	68	Angel MOBLEY	SR	Alabama-Huntsville	17:33.42		4/19
6	77	Emmanuelle LETERTRE	FR	Lynn	17:37.38		3/28
7	86	PAOLA RAMOS	SO	UPR Mayaguez	17:41.95		2/22
8	88	Amy CARPENTER	SR	Lee (Tenn.)	17:42.54		4/19
9	91	Becca UMBARGER	JR	Lee (Tenn.)	17:44.47		4/19
10	92	Alayna GOLL	FR	Florida Southern	17:45.14		4/13

Women's 10,000 Meters

1	33	Angel MOBLEY	SR	Alabama-Huntsville	36:33.41		3/15
2	48	Amy CARPENTER	SR	Lee (Tenn.)	37:18.04		3/29
3	73	Ysabella GUERRA	JR	Florida Southern	38:22.04		4/13
4	87	LAYDY CURASI	SR	UPR Mayaguez	38:55.27		3/15
5	96	Laura TOBIN	SR	Saint Leo	39:08.41		3/14
6	###	Ally JONES	SO	Lynn	39:43.38		3/29
7	###	Josie GRAY	JR	Embry-Riddle (Fla.)	40:01.96		3/16
8	###	Michelle BAUER	SO	Nova Southeastern	40:01.97		3/29
9	###	Sarah ZAMOT	FR	Florida Southern	40:16.35		3/22
10	###	Stephanie HANSEN	SO	Florida Southern	40:17.60		3/22



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South

Women's 100 Meter Hurdles

1	14	SheQuilla MCCLAIN	SO	Shorter	13.95w	(2.1)	3/29
2	21	Amber BRYANT-BROCK	SO	Benedict	14.06	(0.8)	3/16
3	22	Hunter CHAVARRY	SR	Montevallo	14.11	(0.6)	3/22
4	26	Chelsea WALKER	SO	Christian Brothers	14.14	(1.4)	4/19
5	32	Amina SAUNDERS	SR	West Georgia	14.24w	(2.1)	3/29
6	56	Nadia DAVILA	JR	West Georgia	14.50w	(2.1)	3/29
7	65	Princess HAMMETT	SR	Benedict	14.57w	(2.9)	3/21
8	69	Kimona WILSON	SO	Benedict	14.59	(0.4)	3/21
8	69	Ayanna O'NEAL	JR	Central State	14.59	(1.2)	3/15
10	###	Tytavia HARDY	FR	Mississippi College	14.90	(-1.2)	4/5

Women's 400 Meter Hurdles

1	6	Chelsea WALKER	SO	Christian Brothers	59.52		3/23
2	12	Miyah GOLDEN	SR	Shorter	1:00.44		4/6
3	22	Amina SAUNDERS	SR	West Georgia	1:01.31		4/19
4	25	Amber BRYANT-BROCK	SO	Benedict	1:01.46		3/21
5	38	Kimona WILSON	SO	Benedict	1:02.47		3/16
6	40	Jordan ALLISON	JR	Lee (Tenn.)	1:02.59		4/6
7	96	Brooke LONG	FR	Lee (Tenn.)	1:04.68		3/29
8	###	Iesha LOCKHART	SR	Central State	1:04.91		4/5
9	###	Charissa BACON	FR	Nova Southeastern	1:05.10		4/12
10	###	Ayanna O'NEAL	JR	Central State	1:05.11		4/18

Women's 4x100 Relay

1	10	Alston, Reynolds, Hobbs, Walker	Paine	46.05		4/18
2	20	Rogers, McClain, Crump, Long	Shorter	46.34		4/26
3	25	Ferguson, Russell, Parker, Johnson	Alabama-Huntsville	46.70		4/6
4	27	Littlejohn, Williams, Blevins, Brock	Lee (Tenn.)	46.80		4/19
5	29		UPR Mayaguez	46.86		2/22
6	43	O'Neal, Munday, Saffold, Mitchell	Central State	47.23		4/18
7	49	Miller, Sauver, Bryant-Brock, Glover	Benedict	47.53		4/18
8	67	Owens, Walker, Veal, Bridges	Christian Brothers	47.77		4/6
9	73	Thomas, Funches, Amanor, Lind	Spring Hill (Ala.)	47.81		4/18
10	85	Ponder, Sturdivant, Lewis, Franklin	West Alabama	48.17		4/6

Women's 4x400 Relay

1	29	Owens, Montoya, Veal, Walker	Christian Brothers	3:51.09		3/23
2	38	Beeler, Allison, Brock, Littlejohn	Lee (Tenn.)	3:53.29		4/6
3	47	Andrus, Russell, Moore, Parker	Alabama-Huntsville	3:54.18		4/6
4	48	Edwards-Mais, Ponder, Sturdivant, Franklin	West Alabama	3:54.22		4/6
5	52	Miller, Stewart, Wilson, Harris	Benedict	3:55.38		3/21
6	69		UPR Mayaguez	3:57.82		3/7
7	71	Alston, Reynolds, Williams, Walker	Paine	3:58.15		4/5
8	83	Thomas, Nageleisen, Funches, Amanor	Spring Hill (Ala.)	3:59.30		3/22
9	90	Kirk, Daniels, Woods, Bochard	Montevallo	3:59.93		4/6
10	94		UPR Rio Piedras	4:00.26		4/12

Women's High Jump

1	12	Ukeyvia BECKWITH	SO	Embry-Riddle (Fla.)	1.71m	5-7¼	4/18
2	47	Tytavia HARDY	FR	Mississippi College	1.65m	5-5	4/27
2	47	Kimona WILSON	SO	Benedict	1.65m	5-5	4/13
2	47	Jasmine CRUMP	SR	Shorter	1.65m	5-5	3/29
2	47	NaDarria INGE	JR	Montevallo	1.65m	5-5	3/22
6	67	Jade JOHNSON	FR	Alabama-Huntsville	1.64m	5-4½	4/6
7	93	Alicia MCCLELLAN	SR	Shorter	1.62m	5-3¾	4/12
8	###	Rebekah VOSS	SR	Alabama-Huntsville	1.61m	5-3¾	4/12
8	###	JAZYMON BALOUS	SO	Tuskegee	1.61m	5-3¾	4/18
8	###	Hannah BUTTOLPH	JR	Lee (Tenn.)	1.61m	5-3¾	4/6

Women's Pole Vault

1	53	Merica VALDEZ	JR	West Georgia	3.60m	11-9¾	3/22
2	64	Brianna LAW	SR	Nova Southeastern	3.52m	11-6½	2/23
3	90	Marina RIZK	FR	Mississippi College	3.45m	11-3¾	3/27
4	###	Sydney ROSS	FR	West Georgia	3.40m	11-1¾	2/23
5	###	Tarra KEATING	SR	Embry-Riddle (Fla.)	3.35m	10-11¾	4/5
6	###	Rachel BAUER	SO	Embry-Riddle (Fla.)	3.20m	10-6	4/5
7	###	Emee BALDWIN	FR	Alabama-Huntsville	3.15m	10-4	4/6
7	###	Kaitlynn KINCER	SR	Lee (Tenn.)	3.15m	10-4	4/6
7	###	Kendra IRVINE	JR	Lee (Tenn.)	3.15m	10-4	4/6
10	###	Ansley REYNOLDS	FR	Mississippi College	3.05m	10-0	3/27



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South

Women's Long Jump

1	5	Adrienne LEWIS	SO	West Alabama	6.04m	19-9¼ (-0.7)	3/2
2	7	Ansley LONG	SR	Shorter	6.00m	19-8¼ (0.0)	4/6
3	12	Tytavia HARDY	FR	Mississippi College	5.93m	19-5½ (0.4)	4/5
4	18	Daisha BROWN	SR	Embry-Riddle (Fla.)	5.91m	19-4¾ (1.5)	4/18
5	27	Maddy KENYON	SR	Nova Southeastern	5.85mw	19-2½ (2.2)	4/18
6	80	NAHIRA PADILLA MARTY	JR	UPR Mayaguez	5.61m	18-5 (-0.3)	3/15
7	86	Gabrielle VINCIENT	FR	Albany State (Ga.)	5.59m	18-4¼ (0.6)	4/12
8	90	Savionna GLOVER	SO	Benedict	5.57mw	18-3¼ (2.4)	4/13
9	95	nahira PADILLA	JR	UPR Mayaguez	5.56m	18-3 (1.8)	4/12
10	###	Kimona WILSON	SO	Benedict	5.47mw	17-11½ (2.6)	4/18

Women's Triple Jump

1	10	Tytavia HARDY	FR	Mississippi College	12.27m	40-3¼ (1.4)	3/22
1	10	Adrienne LEWIS	SO	West Alabama	12.27m	40-3¼ (1.5)	3/22
3	19	Jade JOHNSON	FR	Alabama-Huntsville	12.12mw	39-9¼ (3.2)	3/15
4	42	Daisha BROWN	SR	Embry-Riddle (Fla.)	11.78m	38-7¾ (1.8)	4/5
5	52	Savionna GLOVER	SO	Benedict	11.70m	38-4¾ (0.4)	3/16
6	###	Aalayla FARR	FR	West Georgia	11.35m	37-3 (2.0)	2/23
7	###	Meghan DANIELS	FR	West Georgia	11.02m	36-2 (0.0)	4/6
8	###	Kristion JEFFRIES	FR	Benedict	11.00m	36-1¼ (1.2)	4/18
9	###	Aspen MCCLAIN	SR	Shorter	10.98m	36-¼ (-0.2)	3/22
10	###	Andrea MCDONALD	SR	Mississippi College	10.94m	35-10¾ (-0)	3/2

Women's Shot Put

1	23	YOHANNA VARGAS BURGOS	JR	UPR Mayaguez	14.54m	47-8½	3/15
2	39	Erin JEWELL	SO	Alabama-Huntsville	13.99m	45-10¾	3/2
3	54	Kamaria JOHNSON	SR	Nova Southeastern	13.64m	44-9	3/22
4	###	Camille SAUNDERS	FR	Fort Valley State	12.80m	42-0	3/2
5	###	Reilly JOHNSON	SO	Christian Brothers	12.69m	41-7¾	3/23
6	###	Christina ISENARD	SR	Embry-Riddle (Fla.)	12.68m	41-7¼	4/18
7	###	Faith LEWIS	SO	Lee (Tenn.)	12.65m	41-6	4/6
8	###	Ashley HARRELL	JR	Albany State (Ga.)	12.61m	41-4½	4/18
9	###	Amani WAGNER	FR	Kentucky State	12.56m	41-2½	4/12
10	###	Brandi BODDY	JR	West Georgia	12.35m	40-6¼	4/12

Women's Discus

1	2	Tremieja NEAL	FR	Paine	59.00m	193-7	3/21
2	36	Erin JEWELL	SO	Alabama-Huntsville	45.96m	150-10	3/28
3	54	Phoebe GUSTELY	SO	Embry-Riddle (Fla.)	44.56m	146-3	2/23
4	81	Ashley HARRELL	JR	Albany State (Ga.)	42.67m	140-0	4/18
5	###	Sophia GUSTELY	FR	Embry-Riddle (Fla.)	41.39m	135-10	2/23
6	###	Dae'Shondra STEPHENS	SR	Benedict	41.32m	135-7	4/18
7	###	YOHANNA VARGAS BURGOS	JR	UPR Mayaguez	41.05m	134-8	2/22
8	###	Lauren CLARK	FR	Alabama-Huntsville	40.66m	133-5	4/6
9	###	Kamaria JOHNSON	SR	Nova Southeastern	39.90m	130-11	3/22
10	###	Paige BUSSARD	SR	Embry-Riddle (Fla.)	39.56m	129-10	4/18

Women's Hammer

1	50	Lauren CLARK	FR	Alabama-Huntsville	50.76m	166-7	4/19
2	57	Kamaria JOHNSON	SR	Nova Southeastern	50.34m	165-2	3/15
3	###	Jovoroya GRANT	FR	Shorter	45.59m	149-7	4/12
4	###	Paige BUSSARD	SR	Embry-Riddle (Fla.)	45.57m	149-6	3/29
5	###	Essence TORNABENE	FR	Christian Brothers	44.29m	145-4	4/6
6	###	Dae'Shondra STEPHENS	SR	Benedict	43.85m	143-11	4/13
7	###	Christina ISENARD	SR	Embry-Riddle (Fla.)	43.78m	143-8	3/21
8	###	Chelsey-Marie FORD	SR	Kentucky State	43.32m	142-2	3/15
9	###	Ashley HARRELL	JR	Albany State (Ga.)	41.20m	135-2	4/18
10	###	Tyra BABBS	FR	West Georgia	41.15m	135-0	4/12

Women's Javelin

1	15	Rebekah VOSS	SR	Alabama-Huntsville	45.05m	147-10	4/6
2	26	Khadija WILLIAMS	JR	Albany State (Ga.)	43.25m	141-11	4/12
3	39	Sophia GUSTELY	FR	Embry-Riddle (Fla.)	41.36m	135-9	2/23
4	52	JOHANNYS RIVERA	SR	UPR Mayaguez	40.22m	132-0	3/15
5	84	Amber MASON	FR	Spring Hill (Ala.)	38.23m	125-5	4/18
6	99	Kristen FULLER	JR	Alabama-Huntsville	37.52m	123-1	4/6
7	###	Paige BERRIOCHOA	JR	West Georgia	37.38m	122-8	2/23
8	###	Faith LEWIS	SO	Lee (Tenn.)	36.95m	121-3	4/6
9	###	Annabel YATES	JR	Spring Hill (Ala.)	36.06m	118-4	3/15
10	###	Alexis STEVENS	JR	Lee (Tenn.)	35.97m	118-0	4/6

Women's Heptathlon

1	10	Maddy KENYON	SR	Nova Southeastern	4,990		4/12
2	17	Hunter CHAVARRY	SR	Montevallo	4,844		3/22
3	88	Maddie WELLS	FR	Lynn	3,929		4/19
4	###	NaDarria INGE	JR	Montevallo	3,862		3/22
5	###	Lisa BLACKWOOD	SR	Nova Southeastern	3,848w		4/18
6	###	Amber MASON	FR	Spring Hill (Ala.)	3,779		3/22
7	###	Lauren WOOD	SO	Albany State (Ga.)	3,652		4/18
8	###	JAZYMON BALOUS	SO	Tuskegee	3,557		4/18
9	###	Kierra KING	SO	Clark Atlanta	3,520		4/18
10	###	Tarra KEATING	SR	Embry-Riddle (Fla.)	3,347w		4/18



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South Central

Women's 100 Meters

1	2	Dianna JOHNSON	SR	Adams State	11.42c	(11.39A) (1.	4/5
2	11	Eboni COBY	SR	Texas A&M-Commerc	11.67	(1.0)	4/6
3	13	Brooklynn YORK	SO	Colorado Mesa	11.70cw	(11.67A) (2.	4/13
4	15	Kennedy HUDSON	JR	West Texas A&M	11.73cw	(11.70A) (2.	4/20
5	16	Maijah MATHIS	JR	Eastern New Mexico	11.74cw	(11.71A) (2.	4/20
6	17	Kayla ZINK	SO	UC-Colorado Springs	11.75cw	(11.72A) (2.	4/13
7	19	Kandace MILES	JR	Eastern New Mexico	11.76cw	(11.73A) (2.	4/20
8	21	Hannah PORTER	FR	Angelo State	11.78c	(11.75A) (2.	4/20
9	27	Natasha BROWN	SR	West Texas A&M	11.84cw	(11.81A) (3.	4/5
10	29	Mackenzie CLARK	SR	Texas A&M-Commerc	11.85	(1.9)	3/27

Women's 200 Meters

1	2	Dianna JOHNSON	SR	Adams State	23.37c	(23.30A) (0.	4/5
2	5	Eboni COBY	SR	Texas A&M-Commerc	23.78w	(2.7)	4/20
3	9	Kandace MILES	JR	Eastern New Mexico	24.02c	(23.95A) (0.	4/5
4	10	Tianna MCKINNEY	SR	West Texas A&M	24.08cw	(24.01A) (2.	4/20
5	14	Maijah MATHIS	JR	Eastern New Mexico	24.14cw	(24.07A) (3.	4/20
6	21	Kayla ZINK	SO	UC-Colorado Springs	24.25c	(24.18A) (0.	4/5
7	44	Kaija CROWE	SO	UC-Colorado Springs	24.47cw	(24.40A) (2.	4/5
8	49	Kennedy HUDSON	JR	West Texas A&M	24.49c	(24.42A) (2.	4/20
9	55	Tatianna CLANTON	SR	CSU-Pueblo	24.54c	(24.47A) (-3	3/18
10	59	Danee BUSTOS	SR	Eastern New Mexico	24.58c	(24.51A) (1.	3/23

Women's 400 Meters

1	14	Tianna MCKINNEY	SR	West Texas A&M	54.80c	(54.69A)	4/5
2	17	Nele HEINRICH	JR	West Texas A&M	55.16c	(55.05A)	4/20
3	19	Malakah MARTINEZ	FR	Adams State	55.26c	(55.15A)	4/5
4	28	Kaija CROWE	SO	UC-Colorado Springs	55.71c	(55.60A)	4/13
5	32	Bailey SHARON	SO	Western Colorado	55.78c	(55.67A)	3/18
6	44	Jill PAYNE	SO	Colorado Mesa	56.19		4/6
7	64	Kylee PONDER	SO	Tarleton State	56.70		4/12
8	65	Tamaya TUTSON	FR	Rogers State	56.73		4/26
9	67	Atiana ALEXANDER	FR	Texas A&M-Commerc	56.79		4/6
10	76	LaGae BRIGANCE	SR	Texas A&M-Kingsvill	56.93		4/12

Women's 800 Meters

1	2	Skylyn WEBB	SR	UC-Colorado Springs	2:04.70		4/18
2	7	Roisin FLANAGAN	JR	Adams State	2:08.34		4/19
3	8	Bailey SHARON	SO	Western Colorado	2:08.57c	(2:09.26A)	3/16
4	10	Yasmine HERNANDEZ	SO	CSU-Pueblo	2:08.72		4/17
5	33	Elinor ENDERLE	SO	UC-Colorado Springs	2:12.64c	(2:13.42A)	3/22
6	44	Stephanie COTTER	FR	Adams State	2:13.34		4/19
7	50	Jessica CUSICK	JR	Western Colorado	2:13.84		4/19
8	56	Maia AUSTIN	FR	UC-Colorado Springs	2:14.11c	(2:14.90A)	3/22
9	61	Layla ALMASRI	SO	UC-Colorado Springs	2:14.47c	(2:15.26A)	3/22
10	67	Shania FORD	SO	Angelo State	2:14.78		4/6

Women's 1500 Meters

1	1	Roisin FLANAGAN	JR	Adams State	4:16.42		4/17
2	3	Eilish FLANAGAN	JR	Adams State	4:21.53c	(4:27.91A)	4/5
3	4	Alicja KONIECZEK	SR	Western Colorado	4:22.00c	(4:28.40A)	4/5
4	8	Chloe COOK	SR	Colo. School of Mines	4:24.77c	(4:32.06A)	4/20
5	9	Skylyn WEBB	SR	UC-Colorado Springs	4:24.85c	(4:31.32A)	4/5
6	10	Stephanie COTTER	FR	Adams State	4:25.21		4/17
7	16	Hailey STREFF	SO	CSU-Pueblo	4:28.45		4/17
8	17	Kara BURTON	JR	Colo. School of Mines	4:28.50		3/28
9	26	Bailey SHARON	SO	Western Colorado	4:31.29c	(4:37.91A)	4/5
10	28	Rachael LOPEZ	SR	Colorado Christian	4:32.16c	(4:38.80A)	4/5

Women's Steeplechase

1	4	Megan WENHAM	SR	Colo. School of Mines	10:29.23		3/29
2	12	Mandee MIDDLETON	SR	Colorado Christian	10:43.11c	(11:00.02A)	3/22
3	15	Sydney FESENMEYER	SO	Colo. School of Mines	10:46.81		3/28
4	17	Amira CUNNINGHAM	JR	Lubbock Christian	10:49.24		3/27
5	22	Hannah Mae GIGSTAD	FR	Western Colorado	10:54.13c	(11:02.24A)	4/26
6	25	Cierra DELLAROVA	SO	Colo. School of Mines	10:57.12c	(11:05.27A)	4/26
7	38	Tori MOORE	SR	Black Hills State	11:06.94c	(11:25.51A)	4/5
8	39	Analynne KLOTZ	FR	Dallas Baptist	11:07.09		4/3
9	40	Alyse HENRY	JR	Chadron State	11:08.74c	(11:29.85A)	4/13
10	43	Piper MEUWISSEN	FR	Adams State	11:10.95c	(11:19.27A)	4/26

Women's 5000 Meters

1	2	Eilish FLANAGAN	JR	Adams State	16:00.39		4/17
2	5	Alicja KONIECZEK	SR	Western Colorado	16:15.97		4/18
3	6	HaLeigh HUNTER-GALVAN	JR	Adams State	16:30.12		4/17
4	21	Madeline GEESEN	SO	Colo. School of Mines	16:58.46		3/28
5	34	Micaela LAMB	JR	Dallas Baptist	17:14.14		3/28
6	52	Morgan MOLESWORTH	FR	Colo. School of Mines	17:24.47		3/28
7	64	Megan WENHAM	SR	Colo. School of Mines	17:31.18c	(17:45.41A)	4/26
8	76	Lexie GREITZER	SR	UC-Colorado Springs	17:37.37		3/29
9	78	Cassidy AHRENS	SR	Western Colorado	17:38.05c	(17:52.37A)	4/26
10	81	Hannah ELLIS	FR	UC-Colorado Springs	17:39.48		3/29

Women's 10,000 Meters

1	7	Malena GROVER	SR	Adams State	34:55.08		4/17
2	11	Kaylee BOGINA	JR	Adams State	35:12.82		4/17
3	17	Leah LEWIS	JR	Dallas Baptist	35:43.26		4/26
4	19	Michaela REYNOLDS	SR	Colo. School of Mines	35:48.13		3/28
5	20	Cassidy AHRENS	SR	Western Colorado	35:48.93		4/18
6	24	Sadie BAKER	SR	Adams State	36:11.34		4/17
7	37	Hannah ELLIS	FR	UC-Colorado Springs	36:49.85c	(37:25.06A)	4/26
8	41	Alexia THIROs	SO	Western Colorado	36:57.16c	(37:32.48A)	4/26
9	47	Claire PAULEY	FR	CSU-Pueblo	37:15.52c	(37:51.14A)	4/26
10	50	Lexie GREITZER	SR	UC-Colorado Springs	37:23.73c	(37:59.48A)	4/26



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South Central

Women's 100 Meter Hurdles

1	7	Oweneika WATSON	JR	Adams State	13.74c	(13.70A) (0.4)	4/5
2	12	Jordan NASH	SR	Angelo State	13.88w	(3.3)	4/6
3	18	Markaisha RICHARDSON	FR	Texas A&M-Commerc	14.03	(0.9)	4/12
4	23	Madison THETFORD	JR	West Texas A&M	14.12c	(14.08A) (1.4)	4/20
5	26	Chelsea CHEEK	JR	Texas A&M-Commerc	14.14w	(3.3)	4/6
6	41	Karlea DUHON	FR	Angelo State	14.36w	(2.8)	4/6
7	56	Kacee Lyn HAHN	SO	Western Colorado	14.50c	(14.46A) (0.4)	4/26
8	63	Chelsey MURPHY	SO	Western Colorado	14.55	(-0.9)	4/6
9	65	Demi OLIVIER	FR	Dallas Baptist	14.57	(0.9)	4/12
10	75	Katherine SMITH	SR	Adams State	14.63c	(14.59A) (1.4)	4/5

Women's 400 Meter Hurdles

1	8	Minna SVEARD	SO	Texas A&M-Commerc	59.76		3/27
2	11	Markaisha RICHARDSON	FR	Texas A&M-Commerc	1:00.42		4/6
3	13	Faith ROBERSON	SO	Angelo State	1:00.52		4/6
4	21	Jordan NASH	SR	Angelo State	1:01.23		4/25
5	23	Karlea DUHON	FR	Angelo State	1:01.41		4/6
6	31	Madison THETFORD	JR	West Texas A&M	1:01.90c	(1:01.79A)	4/5
7	40	Valerie PARKER	SR	Dallas Baptist	1:02.59		4/25
8	46	Kaija CROWE	SO	UC-Colorado Springs	1:02.66c	(1:02.55A)	3/22
9	49	Tianna TERRELL	JR	Western Colorado	1:02.74c	(1:02.63A)	4/26
10	57	Arlene CROSSAN	SO	West Texas A&M	1:03.31c	(1:03.20A)	3/22

Women's 4x100 Relay

1	5	Matthews, Porter, Porter, Ward		Angelo State	45.88		4/6
2	6	Hudson, Wilson, Catalyn, Brown		West Texas A&M	45.93c	(45.81A)	4/5
3	11	Clark, Richardson, Coby, Simpson		Texas A&M-Commerc	46.09		4/25
4	21	Payne, York, Arceneaux, Winchester		Colorado Mesa	46.35c	(46.23A)	4/13
5	23	Ghosh, Morpurgo, Fuchs, Zink		UC-Colorado Springs	46.40c	(46.28A)	4/13
6	34	Mathis, Bustos, Slaughter, Miles		Eastern New Mexico	47.01c	(46.89A)	4/5
7	41	Pruitt, Hogue, Hawkins, Brooks		Rogers State	47.19		4/18
8	45	Richardson, Taylor, Roberson, Taylor		Texas A&M-Kingsvill	47.28		3/22
9	46	Harper, Sommer, Fairchild, Clanton		CSU-Pueblo	47.31c	(47.19A)	4/5
10	70	McQuirter, Ponder, Jones, Stevenson		Tarleton State	47.79		4/6

Women's 4x400 Relay

1	8	Alexander, Richardson, Simpson, Sveard		Texas A&M-Commerc	3:43.37		4/6
2	10	Heinrich, Wilson, Thetford, McKinney		West Texas A&M	3:44.21c	(3:43.77A)	4/20
3	12	Matthews, Gilbert, Ford, Roberson		Angelo State	3:45.10		4/25
4	31	Clanton, Hernandez, Streff, Fairchild		CSU-Pueblo	3:51.32c	(3:50.88A)	4/26
5	34	Ponder, Ramirez, Schiller, Stegall		Tarleton State	3:52.87		4/6
6	36	Glover, Anderson, Crowe, Webb		UC-Colorado Springs	3:52.96c	(3:52.52A)	4/13
7	43	Terrell, Toure, Cusick, Sharon		Western Colorado	3:53.87c	(3:53.43A)	4/26
8	45	Trichler, Golden, Winchester, Payne		Colorado Mesa	3:54.04		4/6
9	46	Sanchez, Brigrance, Scott, Taylor		Texas A&M-Kingsvill	3:54.09		4/20
10	51	Bachman, Kepfer, Quinones, Kipkoech		Eastern New Mexico	3:55.09c	(3:54.65A)	4/20

Women's High Jump

1	6	Serena CANEGAN	SR	New Mexico Highlan	1.73m	5-8	4/6
2	12	Cayli YARBROUGH	SR	West Texas A&M	1.71mA	5-7¼	3/22
2	12	LaGae BRIGANCE	SR	Texas A&M-Kingsvill	1.71m	5-7¼	4/20
4	22	Chelsea CHEEK	JR	Texas A&M-Commerc	1.69m	5-6½	4/6
5	43	Carri YARBROUGH	SR	West Texas A&M	1.66mA	5-5¼	3/22
6	47	Sarah CERRONE	SO	Colorado Mesa	1.65mA	5-5	4/13
6	47	Karlea DUHON	FR	Angelo State	1.65m	5-5	3/14
8	75	Jordan NASH	SR	Angelo State	1.63m	5-4¼	4/6
8	75	April SLEEMAN	FR	Colorado Mesa	1.63m	5-4¼	4/26
8	75	Gentrye MUNDEN	FR	Tarleton State	1.63m	5-4¼	3/14
8	75	Celia SMITH	SO	UC-Colorado Springs	1.63mA	5-4¼	4/5
8	75	Kaija CROWE	SO	UC-Colorado Springs	1.63m	5-4¼	4/26

Women's Pole Vault

1	13	Nocona SWINDELL	JR	Western Colorado	3.90m	12-9½	4/18
2	25	Erica KEEBLE	SO	South Dakota Mines	3.83mA	12-6¾	4/13
3	28	Minna SVEARD	SO	Texas A&M-Commerc	3.78m	12-4¾	3/21
4	31	Gabriella CASEY	SR	Colorado Mesa	3.75m	12-3½	4/6
5	34	Hannah HENDRICK	FR	Black Hills State	3.72m	12-2½	4/26
6	36	Heather SHAFFER	SR	Angelo State	3.70m	12-1½	4/6
7	45	Whitney SCOTT	SO	Black Hills State	3.65m	11-11¾	4/19
7	45	Jordyn HUNEKE	SO	Black Hills State	3.65m	11-11¾	4/19
9	51	Brenna KUSKIE	SO	UC-Colorado Springs	3.62m	11-10½	4/26
10	57	Sophie MORROW	SO	Texas A&M-Kingsvill	3.57m	11-8½	4/20



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South Central

Women's Long Jump

1	2	Fatim AFFESSI	JR	West Texas A&M	6.16m	A 20-2½ (2.5)	4/5
2	4	Kaija CROWE	SO	UC-Colorado Springs	6.06m	A 19-10¾ (0.1)	3/18
3	6	Lauren FAIRCHILD	JR	CSU-Pueblo	6.01m	A 19-8¾ (1.1)	3/18
4	12	Hannah MEEK	SO	UC-Colorado Springs	5.93m	w 19-5½ (2.8)	4/26
4	12	Jasmine MCQUINTER	JR	Tarleton State	5.93m	w 19-5½ (0.1)	4/12
6	27	Annie TOPAL	SO	New Mexico Highlan	5.85m	A 19-2½ (2.6)	3/18
6	27	Kaitlyn MATTHEWS	SO	Angelo State	5.85m	w 19-2½ (2.6)	4/6
8	31	Tatianna CLANTON	SR	CSU-Pueblo	5.84m	A 19-2 (-0.4)	3/18
9	33	Trenadey SCOTT	JR	Angelo State	5.83m	w 19-1½ (3.1)	4/25
9	33	Oweneika WATSON	JR	Adams State	5.83m	w 19-1½ (2.7)	3/21

Women's Triple Jump

1	1	Annie TOPAL	SO	New Mexico Highlan	12.98m	A 42-7 (0.2)	4/6
2	3	Fatim AFFESSI	JR	West Texas A&M	12.76m	A 41-10½ (2.3)	4/20
3	5	Trenadey SCOTT	JR	Angelo State	12.66m	w 41-6½ (2.4)	4/25
4	7	Kaitlyn MATTHEWS	SO	Angelo State	12.54m	A 41-1¾ (1.4)	4/6
5	16	Reagan ANDREWS	JR	CSU-Pueblo	12.19m	w 40-0 (2.5)	3/18
6	41	Talia LUJUA	SR	Texas A&M-Commerc	11.80m	A 38-8¾ (0.1)	4/12
7	48	Demi OLIVIER	FR	Dallas Baptist	11.74m	A 38-6¼ (0.8)	4/12
8	57	Miah KELLER	FR	UC-Colorado Springs	11.67m	A 38-3½ (0.2)	3/18
9	58	Kiana JACKSON	FR	Colorado Mesa	11.66m	w 38-3¼ (2.5)	4/26
10	62	Hannah MEEK	SO	UC-Colorado Springs	11.60m	A 38-¾ (2.4)	4/5

Women's Shot Put

1	4	Daisy OSAKUE	JR	Angelo State	15.70m	A 51-6¼	4/6
2	5	Zada SWOOPES	SO	West Texas A&M	15.69m	A 51-5¾	3/22
3	16	Norma CUNIGAN	SR	West Texas A&M	15.00m	A 49-2½	4/5
4	35	Courtney CLARK	JR	Colo. School of Mines	14.07m	A 46-2	4/26
5	39	Kyla SAWVELL	FR	Black Hills State	13.99m	A 45-10¾	4/26
6	49	Mia VAN OUDSTHOORN	SO	Angelo State	13.75m	A 45-1½	4/6
7	68	Gina COLEMAN	SO	Colo. School of Mines	13.35m	A 43-9¾	4/20
8	71	Ophelie DE OLIVEIRA	JR	Angelo State	13.28m	A 43-7	4/6
9	78	Paitlyn TANKERSLEY	SO	Angelo State	13.15m	A 43-1¾	4/6
10	83	Destiny GRACE	JR	Oklahoma Christian	13.02m	A 42-8¾	4/18

Women's Discus

1	1	Daisy OSAKUE	JR	Angelo State	61.35m	A 201-4	4/25
2	6	Gina COLEMAN	SO	Colo. School of Mines	52.70m	A 172-11	4/13
3	10	Zada SWOOPES	SO	West Texas A&M	50.55m	A 165-10	4/5
4	13	Norma CUNIGAN	SR	West Texas A&M	50.52m	A 165-9	4/20
5	22	Ophelie DE OLIVEIRA	JR	Angelo State	47.36m	A 155-5	4/25
6	29	Mia VAN OUDSTHOORN	SO	Angelo State	46.31m	A 151-11	4/25
7	42	Gertrudis RUIZ-BALLI	SO	Texas A&M-Kingsvill	45.62m	A 149-8	4/20
8	43	Kyla SAWVELL	FR	Black Hills State	45.61m	A 149-8	4/5
9	56	Racheal SOMOYE	SR	Texas A&M-Kingsvill	44.40m	A 145-8	4/6
10	73	Danielle NOBLE	JR	Black Hills State	43.12m	A 141-6	4/13

Women's Hammer

1	3	Racheal SOMOYE	SR	Texas A&M-Kingsvill	60.24m	A 197-8	4/6
2	16	Sara RAMOS	SO	Angelo State	55.67m	A 182-8	4/6
3	21	Gina COLEMAN	SO	Colo. School of Mines	54.34m	A 178-4	4/20
4	27	Cheyenne WILLIAMS	SR	West Texas A&M	53.19m	A 174-6	4/5
5	46	Kyla SAWVELL	FR	Black Hills State	50.92m	A 167-1	4/5
6	47	Raeana MAYO	SO	Angelo State	50.86m	A 166-11	4/20
7	55	Elizabeth LOCKHART	SO	CSU-Pueblo	50.39m	A 165-4	4/20
8	56	Amber GUSTASON	FR	Western Colorado	50.35m	A 165-2	4/13
9	58	Maia ZENO	SR	Oklahoma Christian	50.17m	A 164-7	4/18
10	59	Courtney CLARK	JR	Colo. School of Mines	50.07m	A 164-3	3/16

Women's Javelin

1	4	Talena MURRAY	FR	Angelo State	49.84m	A 163-6	4/6
2	5	Sharon TOAKO	SR	New Mexico Highlan	49.08m	A 161-0	3/16
3	11	Madeleine MALTAIS	JR	Texas A&M-Kingsvill	46.08m	A 151-2	4/6
4	13	Tamara SUSA	FR	Texas A&M-Commerc	45.50m	A 149-4	4/12
5	18	Maria SOTOMAYOR	FR	New Mexico Highlan	44.13m	A 144-10	4/20
6	31	Raeana MAYO	SO	Angelo State	42.13m	A 138-3	4/6
7	55	Sara RAMOS	SO	Angelo State	40.11m	A 131-7	4/6
8	66	Alexandra RICHARDS	SR	Black Hills State	39.47m	A 129-6	3/22
9	82	Audrey FRAGHIERE	JR	Angelo State	38.61m	A 126-8	4/6
10	###	Jessica CAMPBELL	FR	Eastern New Mexico	36.97m	A 121-4	4/20

Women's Heptathlon

1	2	Karlea DUHON	FR	Angelo State	5,244		4/6
2	11	Jordan NASH	SR	Angelo State	4,985		4/6
3	12	Kaija CROWE	SO	UC-Colorado Springs	4,977	A	4/5
4	21	Chelsea CHEEK	JR	Texas A&M-Commerc	4,749		4/6
5	28	Serena CANEGAN	SR	New Mexico Highlan	4,651		4/6
6	32	Chasidy HORTON	SR	Chadron State	4,564		4/26
7	41	Katherine SMITH	SR	Adams State	4,446		4/26
8	50	Kayla MULLEN	JR	Western Colorado	4,293		4/26
9	55	Aleksandra ANDERSON	JR	UC-Colorado Springs	4,231		4/26
10	68	Sydney TRICHLER	FR	Colorado Mesa	4,120		4/26



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Southeast

Women's 100 Meters

1	12	Zawadi BROWN	JR Limestone	11.68	(1.6)	3/21
2	36	Tamerah SEBREE	SO Wingate	11.88	(1.7)	4/18
3	56	Sydney MCCOY	SO Mount Olive	11.97w	(3.1)	3/30
4	62	Lyric KING	JR Southern Wesleyan (	12.01w	(2.3)	4/26
5	63	Justice REEVES	SR Wingate	12.02w	(2.1)	4/18
6	74	Tia DAVIS	SO Carson-Newman	12.05w	(2.8)	4/18
7	92	Bryannah SMITH-CUNNINGHAM	FR Catawba	12.10w	(2.1)	4/18
8	98	Takeitha GLASPIE	FR Barton	12.11w	(2.3)	4/26
9	###	Dy'Air MCCORMICK	FR UNC Pembroke	12.13	(1.9)	3/15
9	###	Nia ELMORE	JR Clayton State	12.13	(1.1)	3/22

Women's 200 Meters

1	22	Michele BEUGRE	FR Southern Wesleyan (	24.27	(0.9)	4/13
2	26	Zawadi BROWN	JR Limestone	24.28	(0.3)	4/26
3	39	Jami LEWIS	JR Southern Wesleyan (	24.39	(2.0)	4/13
4	61	Jasmine RADFORD	JR Clayton State	24.62	(0.0)	4/26
5	63	Casandra TEASLEY	JR Emmanuel (Ga.)	24.64	(1.4)	4/26
6	77	Justice REEVES	SR Wingate	24.74w	(3.3)	3/21
7	79	Takeitha GLASPIE	FR Barton	24.76	(0.3)	4/26
8	###	Lyric KING	JR Southern Wesleyan (	24.96	(0.9)	4/13
9	###	Kristen CLARKE	FR Mount Olive	25.04	(0.8)	4/19
10	###	Sydney MCCOY	SO Mount Olive	25.08w	(3.3)	3/30

Women's 400 Meters

1	18	Jami LEWIS	JR Southern Wesleyan (	55.22		4/26
2	20	Collia ROWE	SO North Greenville	55.38		4/26
3	34	Saidah HARDWICK	SO Lenoir-Rhyne	55.88		4/6
4	39	Skylur TAYLOR	FR Limestone	56.03		4/26
5	40	Mya JACKSON	SO Columbus State	56.04		4/6
6	46	Tyra POOLE	FR Lenoir-Rhyne	56.28		4/18
7	72	Abigail KIRKLAND	SO North Georgia	56.87		4/18
8	81	Ruvarshe MZINDE	SR Wingate	56.98		4/18
9	90	Earthaiza WATKINS	FR Tusculum	57.14		4/18
10	###	Amanda TRAPP	JR Southern Wesleyan (	57.46		4/5

Women's 800 Meters

1	55	Paiton FAIR	SR Lenoir-Rhyne	2:14.08		3/21
2	###	Imani ARNOLD	SO North Georgia	2:17.43		4/26
3	###	Kylie DAHLBERG	SO Lenoir-Rhyne	2:18.31		4/18
4	###	Gillian KASITZ	SO Queens (N.C.)	2:18.39		4/5
5	###	Allyson ARELLANO	SO Queens (N.C.)	2:18.80		4/18
6	###	Julia OTRANTO	SR Belmont Abbey	2:19.15		3/29
7	###	Taylor MEADOWS	FR Lenoir-Rhyne	2:19.20		4/18
8	###	Kathleen O'NEILL	SR Carson-Newman	2:19.25		3/29
9	###	Aleah JOHNSON	JR North Georgia	2:19.28		4/18
10	###	Camryn BRIDGES	FR Columbus State	2:20.20		3/29

Women's 1500 Meters

1	63	Celine RITTER	SO Mount Olive	4:38.10		4/12
2	64	Nicole MCMILLEN	SR Tusculum	4:38.21		4/13
3	###	Lucie NOALL	SR Queens (N.C.)	4:42.10		4/5
4	###	Kathleen O'NEILL	SR Carson-Newman	4:43.11		4/18
5	###	Olivia RISH	SO Anderson (S.C.)	4:45.38		4/18
6	###	Allyson ARELLANO	SO Queens (N.C.)	4:47.16		4/13
7	###	Micah WEATHERS	SO Augusta	4:47.21		4/6
8	###	Kylie DAHLBERG	SO Lenoir-Rhyne	4:47.93		3/29
9	###	Camryn BRIDGES	FR Columbus State	4:49.09		4/6
10	###	Emma BROWN	JR North Georgia	4:50.49		4/18

Women's Steeplechase

1	7	Leah HANLE	JR Mount Olive	10:37.00		3/30
2	19	Nicole MCMILLEN	SR Tusculum	10:49.93		4/18
3	51	Kathleen O'NEILL	SR Carson-Newman	11:16.45		4/6
4	67	Skylar MORENO	FR UNC Pembroke	11:26.54		4/4
5	76	Breanna HAMMOND	JR North Georgia	11:33.76		4/18
6	###	Janelle SHIPOTOFKY	SR Wingate	11:46.92		4/18
7	###	Amber OWENS	FR Mount Olive	11:47.73		3/14
8	###	Shona BLADES	SR Mount Olive	11:48.55		4/26
9	###	Kenedi RODNEY	SO North Georgia	11:53.53		4/6
10	###	Brynn WILSON	FR North Georgia	11:54.40		4/18

Women's 5000 Meters

1	3	Leah HANLE	JR Mount Olive	16:02.46		3/29
2	48	Micah WEATHERS	SO Augusta	17:23.20		3/30
3	73	Celine RITTER	SO Mount Olive	17:36.00		3/14
4	74	Lucie NOALL	SR Queens (N.C.)	17:36.06		4/13
5	###	Nicole MCMILLEN	SR Tusculum	17:49.32		3/30
6	###	Kirstin BARTON	JR King	17:57.36		3/8
7	###	Shona BLADES	SR Mount Olive	18:01.57		3/29
8	###	Alli HAY	SO Columbus State	18:04.92		4/18
9	###	Allyson ARELLANO	SO Queens (N.C.)	18:17.27		4/18
10	###	Zuzka DURCOVA	SR Queens (N.C.)	18:22.76		4/5

Women's 10,000 Meters

1	2	Leah HANLE	JR Mount Olive	34:09.11		4/4
2	58	Shona BLADES	SR Mount Olive	37:44.83		4/4
3	64	Alli HAY	SO Columbus State	38:06.88		3/29
4	68	Lucie NOALL	SR Queens (N.C.)	38:16.77		4/18
5	72	Zuzka DURCOVA	SR Queens (N.C.)	38:21.05		4/18
6	77	Kirstin BARTON	JR King	38:28.67		3/29
7	78	Elise TANNER	SR Mount Olive	38:29.50		4/4
8	90	Olivia EVANS	SO Anderson (S.C.)	39:01.68		4/18
9	92	Mckenzie KNUDSEN	JR Augusta	39:02.46		3/30
10	###	Julie DIAZ	SO Wingate	39:24.64		4/18



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Southeast

Women's 100 Meter Hurdles

1	16	Malak KAFI	JR	Mount Olive	14.02	(0.9)	3/30
2	24	Kaylah RUFF	SR	Coker	14.13w	(3.6)	4/18
3	38	Alisha WRIGHT	JR	Emmanuel (Ga.)	14.31	(-1.5)	4/26
4	50	Chyna CAMPBELL	SO	Southern Wesleyan (	14.43	(-1.5)	4/26
5	65	Daeja BELTON	SO	Converse	14.57	(-1.5)	4/26
6	77	Elise ULSETH	FR	Queens (N.C.)	14.64	(1.0)	4/12
7	84	Keyasha BROWN	FR	Limestone	14.68	(-1.5)	4/26
8	88	Melanie WELSING	FR	Queens (N.C.)	14.71	(1.0)	4/12
9	90	Savannah WATKINS	SO	Lenoir-Rhyne	14.75w	(3.6)	4/18
10	98	Jasmine WATSON	SO	Barton	14.80	(0.8)	4/26

Women's 400 Meter Hurdles

1	27	Abigail KIRKLAND	SO	North Georgia	1:01.51		4/26
2	32	Brittney AUGUSTIN	FR	Lees-McRae	1:01.92		4/26
3	50	Jada HARRISON	FR	Lenoir-Rhyne	1:02.86		4/6
4	84	Emily BEISECKER	JR	North Greenville	1:04.25		4/26
5	98	Malak KAFI	JR	Mount Olive	1:04.73		3/30
6	###	Briley ARNOLD	FR	North Greenville	1:04.79		4/26
7	###	Telina BUNCH	FR	Barton	1:04.82		4/26
8	###	Tyauna BAILEY	FR	Wingate	1:04.85		4/6
9	###	Khalina BOYCE	SO	UNC Pembroke	1:04.92		4/18
10	###	Jacques TUCKER	JR	UNC Pembroke	1:05.06		3/29

Women's 4x100 Relay

1	8	Beugre, Lewis, King, Trapp	Southern Wesleyan (	45.98		4/26
2	19	Conner, Brown, Elliott, Reeves	Limestone	46.32		4/26
3	37	Sebree, Mzinde, Reeves, Bailey	Wingate	47.10		3/29
4	38	Ruffin, Blunt, Glaspie, Harris	Barton	47.14		4/26
5	39	Chambers, McCormick, King, Francis	UNC Pembroke	47.15		4/18
6	42	Kafi, McCoy, Thring, Clarke	Mount Olive	47.21		4/12
7	51	Finch, Jackson, Warner, Doss	Columbus State	47.54		4/18
7	51	Barthell, Sutherland, Heiss, Teasley	Emmanuel (Ga.)	47.54		4/26
9	66	McNeill, Smith-Cunningham, Bohannon, Maxwell	Catawba	47.75		4/18
10	67	Variste, Dockery, Martin, Johnston	Newberry	47.77		4/13

Women's 4x400 Relay

1	23	Taylor, Conner, Elliott, Holmes	Limestone	3:49.63		3/21
2	26	King, Beugre, Trapp, Lewis	Southern Wesleyan (	3:49.77		4/26
3	37	Griffith, McMiller, Day, Watkins	Tusculum	3:53.18		4/18
4	42	Joseph, Thornton, Frazier, Bailey	Wingate	3:53.75		4/18
5	49	Fair, Poole, Meadows, Hardwick	Lenoir-Rhyne	3:54.26		4/6
6	65	Kafi, Moncrief, Beckford, Thring	Mount Olive	3:57.27		4/4
7	75	Warner, Hill, Bridges, Jackson	Columbus State	3:58.45		4/18
8	80	Chambers, Scott, Boyce, Tucker	UNC Pembroke	3:59.18		4/18
9	87	Zander, Covington, Verdu Cobo, Crawford	Lincoln Memorial	3:59.77		4/18
9	87	Rowe, Arnold, Haines, Beisecker	North Greenville	3:59.77		4/26

Women's High Jump

1	22	Taylor MONCRIEF	JR	Mount Olive	1.69m	5-6½	3/30
2	28	Destiny JOHNSON	SR	Clayton State	1.68m	5-6	4/26
3	39	Kylee PECK	FR	Mars Hill	1.67m	5-5¾	3/29
4	67	Kiana KELLY	SR	Augusta	1.64m	5-4½	4/6
5	93	Samantha GUDGER	SR	Carson-Newman	1.62m	5-3¾	4/18
5	93	Lucy WALLIKER	FR	Queens (N.C.)	1.62m	5-3¾	4/18
7	###	Destiny GAYTON	FR	Lenoir-Rhyne	1.61m	5-3¼	4/18
7	###	Macy HAYES	SR	Augusta	1.61m	5-3¼	3/2
9	###	Saidah HARDWICK	SO	Lenoir-Rhyne	1.60m	5-3	4/6
9	###	Kayonna LEWIS	JR	Lenoir-Rhyne	1.60m	5-3	4/6
9	###	Destini WILSON	FR	Tusculum	1.60m	5-3	4/6
9	###	Tiffany NOE	FR	Carson-Newman	1.60m	5-3	4/6
9	###	Kennedy CONNER	FR	Lenoir-Rhyne	1.60m	5-3	4/6

Women's Pole Vault

1	53	Aintzane CASTARLENAS	SR	Queens (N.C.)	3.60m	11-9¾	4/18
2	58	Millie KLEFSAAS	SO	North Greenville	3.55m	11-7¾	4/5
3	67	Savannah DRUMMONDS	SR	Lenoir-Rhyne	3.50m	11-5¾	4/18
4	90	Kristin FROST	JR	Converse	3.45m	11-3¾	4/13
5	###	Amy ZADROGA	SO	Carson-Newman	3.35m	10-11¾	4/18
6	###	Alayna RICHARDSON	SO	UNC Pembroke	3.18m	10-5¼	4/12
7	###	Hannah ASSELIN	JR	Converse	3.15m	10-4	4/26
7	###	Mary HOWELL	JR	North Georgia	3.15m	10-4	3/29
9	###	Clara HEISS	FR	Emmanuel (Ga.)	3.10m	10-2	4/13
10	###	Lacey TRIPLETT	FR	Lenoir-Rhyne	3.05m	10-0	4/18
10	###	Delaney TAYLOR	SO	Mars Hill	3.05m	10-0	4/18



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Southeast

Women's Long Jump

1	21	MeKayla WHITE	FR	Catawba	5.88m	19-3½ (1.2)	4/6
2	25	Elise ULSETH	FR	Queens (N.C.)	5.86mw	19-2¾ (2.1)	4/12
3	49	Samantha GUDGER	SR	Carson-Newman	5.72mw	18-9¼ (2.4)	3/15
4	59	Mycherie ONWUZURUKIE	FR	Southern Wesleyan (	5.68m	18-7¾ (0.9)	4/26
4	59	Serenity HUNT	SO	Converse	5.68mw	18-7¾ (3.0)	4/26
6	77	Shekinah WILDER	SR	North Greenville	5.63m	18-5¾ (1.6)	4/5
6	77	Taylor MONCRIEF	JR	Mount Olive	5.63mw	18-5¾ (2.8)	4/26
8	80	Malak KAFI	JR	Mount Olive	5.61m	18-5 (0.0)	3/30
9	88	Dalania CLARDY	SO	Clayton State	5.58mw	18-3¾ (2.7)	4/18
10	95	A'Miracle SCOTT	SO	Southern Wesleyan (	5.56m	18-3 (0.7)	4/26

Women's Triple Jump

1	23	Shekinah WILDER	SR	North Greenville	12.06m	39-6¾ (0.1)	4/13
2	68	D'Arion JOHNSTON	SO	Newberry	11.57m	37-11½ (0.0)	4/6
2	68	Taylor MONCRIEF	JR	Mount Olive	11.57m	37-11½ (1.0)	4/26
4	79	Shandora CHEESEBORO	SO	Limestone	11.51m	37-9¼ (0.8)	4/26
5	93	Shaniqua STEVENS	SR	Mars Hill	11.42m	37-5¾ (0.0)	3/29
6	95	Mycherie ONWUZURUKIE	FR	Southern Wesleyan (	11.41m	37-5¼ (1.5)	4/26
7	###	Kayonna LEWIS	JR	Lenoir-Rhyne	11.29m	37-½ (0.8)	4/6
8	###	MeKayla WHITE	FR	Catawba	11.23m	36-10¼ (-0.	4/6
9	###	Tierra JOHNSON	SO	Southern Wesleyan (	11.12mw	36-5¼ (2.3)	3/14
10	###	Llyric MACK	JR	Mount Olive	11.10m	36-5 (1.4)	3/30

Women's Shot Put

1	63	Autumn DRAYTON	JR	Lenoir-Rhyne	13.44m	44-1¼	3/29
2	86	Skyler GADSDEN	SO	Limestone	12.99m	42-7½	4/26
3	99	Tiffany HOLLOWAY	SO	Mars Hill	12.82m	42-¾	3/29
4	###	Paris WEST	JR	Southern Wesleyan (	12.74m	41-9¾	4/26
5	###	To'mara CARMICHAEL	SO	Queens (N.C.)	12.65m	41-6	3/30
6	###	Princess LEA'E	FR	Mount Olive	12.61m	41-4½	4/4
7	###	Hannah HINSON	SR	Wingate	12.30m	40-4¼	4/18
8	###	Haylea SALAMON	SR	Lenoir-Rhyne	12.27m	40-3¼	3/21
9	###	Kelsi SHELDON	JR	UNC Pembroke	12.17m	39-11¼	4/18
10	###	Kelsie SMITH	SO	Southern Wesleyan (	12.12m	39-9¼	4/26

Women's Discus

1	30	Autumn DRAYTON	JR	Lenoir-Rhyne	46.22m	151-8	3/15
2	63	Haylea SALAMON	SR	Lenoir-Rhyne	43.97m	144-3	3/29
3	66	Princess LEA'E	FR	Mount Olive	43.40m	142-5	3/1
4	78	Hannah HINSON	SR	Wingate	42.90m	140-9	4/12
5	###	To'mara CARMICHAEL	SO	Queens (N.C.)	41.47m	136-1	3/30
6	###	Tameia MORRISON	SO	Mount Olive	41.33m	135-7	3/1
7	###	Tiffany HOLLOWAY	SO	Mars Hill	40.83m	134-0	4/12
8	###	Alyssa FARMER	FR	Tusculum	40.16m	131-9	4/6
9	###	Paris WEST	JR	Southern Wesleyan (	39.93m	131-0	4/5
10	###	Avianna HOPKINS	SO	Queens (N.C.)	39.79m	130-7	3/30

Women's Hammer

1	13	Candy LOCKETT	SO	Mount Olive	55.87m	183-4	3/30
2	73	Hannah HINSON	SR	Wingate	49.45m	162-3	3/14
3	78	Kelsie SMITH	SO	Southern Wesleyan (	49.31m	161-10	4/26
4	83	Autumn DRAYTON	JR	Lenoir-Rhyne	48.99m	160-9	3/15
5	98	Hannah GLOVER	SR	Mount Olive	48.10m	157-10	3/30
6	###	Jade JOHNSON	SO	Limestone	47.99m	157-6	4/5
7	###	Avianna HOPKINS	SO	Queens (N.C.)	47.68m	156-5	4/18
8	###	To'mara CARMICHAEL	SO	Queens (N.C.)	47.12m	154-7	4/18
9	###	Iris DUKE	JR	Newberry	45.75m	150-1	3/16
10	###	Haylea SALAMON	SR	Lenoir-Rhyne	44.56m	146-3	4/18

Women's Javelin

1	30	Kamber SKEEN	JR	Mount Olive	42.21m	138-6	3/30
2	42	Bayle WOOD	SO	Lees-McRae	41.17m	135-1	4/26
3	44	Elise ULSETH	FR	Queens (N.C.)	40.98m	134-6	3/14
4	84	Amy ZADROGA	SO	Carson-Newman	38.23m	125-5	4/18
5	###	Haylea SALAMON	SR	Lenoir-Rhyne	37.30m	122-5	4/18
6	###	Katie LANDRY	FR	Anderson (S.C.)	37.18m	122-0	3/30
7	###	Autumn DRAYTON	JR	Lenoir-Rhyne	36.53m	119-10	4/18
8	###	Tiffany HOLLOWAY	SO	Mars Hill	36.30m	119-1	3/29
9	###	Tameia MORRISON	SO	Mount Olive	36.28m	119-1	4/26
10	###	Jordan COOKSEY	SR	Converse	35.73m	117-3	4/26

Women's Heptathlon

1	19	Elise ULSETH	FR	Queens (N.C.)	4,766		3/21
2	69	Katie LANDRY	FR	Anderson (S.C.)	4,107		3/14
3	96	Kiana KELLY	SR	Augusta	3,893w		4/18
3	96	Christiana REYNOLDS	SO	UNC Pembroke	3,893w		4/18
5	99	Melanie WELSING	FR	Queens (N.C.)	3,878		3/21
6	###	Destiny GAYTON	FR	Lenoir-Rhyne	3,808		4/18
7	###	Savannah WATKINS	SO	Lenoir-Rhyne	3,702		4/18
8	###	Destiny JOHNSON	SR	Clayton State	3,580w		4/18
9	###	Shockera BETTY	JR	Clayton State	3,448w		4/18
10	###	Aintzane CASTARLENAS	SR	Queens (N.C.)	3,330		4/18



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West

Women's 100 Meters

1	3	Mechaela HYACYNTH	FR	Azusa Pacific	11.61	(0.7)	4/26
2	5	Valexia DROUGHN	SO	Cal State LA	11.63	(0.4)	3/30
3	6	Ombretta MINKUE MEYE	JR	Academy of Art	11.65	(0.7)	4/26
4	8	Tamia PRINCE	JR	Concordia (Calif.)	11.66w	(2.7)	4/26
5	17	Jazmine ROBERTSON	SR	Azusa Pacific	11.75w		4/17
6	21	Macie ALLEN	SO	Concordia (Ore.)	11.78	(1.9)	4/26
7	25	Darria MATTHIAS	FR	Academy of Art	11.82	(0.7)	4/26
8	26	J'Liyah MILES	SR	Cal State LA	11.83w	(3.3)	4/18
9	29	Zaria FRANCIS	JR	Cal Poly Pomona	11.85		4/17
9	29	Monisha LEWIS	JR	SF State	11.85w	(2.1)	3/15

Women's 200 Meters

1	6	Brie COURSEAUULT	JR	Fresno Pacific	23.83w		4/17
2	7	Tamia PRINCE	JR	Concordia (Calif.)	23.93w	(2.2)	4/26
3	12	Ombretta MINKUE MEYE	JR	Academy of Art	24.09w	(3.6)	3/28
4	15	Jazmine ROBERTSON	SR	Azusa Pacific	24.15w	(2.2)	4/26
5	20	Danae MANIBOG	SO	Fresno Pacific	24.23	(1.8)	4/26
6	22	Mechaela HYACYNTH	FR	Azusa Pacific	24.27	(1.8)	4/26
7	30	Alexis HENRY	SR	SF State	24.31	(-0.1)	3/29
7	30	Madison FLORES	FR	Fresno Pacific	24.31w	(2.2)	4/26
9	34	Darria MATTHIAS	FR	Academy of Art	24.34	(1.5)	4/26
10	36	Ayana FIELDS	FR	Cal Poly Pomona	24.36		4/17

Women's 400 Meters

1	5	Danae MANIBOG	SO	Fresno Pacific	54.10		4/17
2	6	Brie COURSEAUULT	JR	Fresno Pacific	54.22		4/17
3	7	Jazmine SMITH	SR	SF State	54.28		4/18
4	11	Timarya BAYNARD	JR	SF State	54.51		3/15
5	15	Vanessa ANITEYE	SR	Alaska Anchorage	54.82		4/17
6	16	Alexis HENRY	SR	SF State	55.13		4/18
7	20	Mia AVILA	FR	Academy of Art	55.38		4/26
8	22	Latavia HAWKINS	JR	Academy of Art	55.44		4/26
9	28	Renate BLUSCHKE	SO	Simon Fraser	55.71		4/17
10	31	Chloe SHARP	FR	Fresno Pacific	55.74		4/26

Women's 800 Meters

1	3	Danielle MCCORMICK	SR	Alaska Anchorage	2:05.00		4/17
2	5	Sophie DODD	SR	Simon Fraser	2:07.44		3/28
3	6	Alana MUSSATTO	SR	Simon Fraser	2:07.83		4/17
4	12	Olivia WOODS	SR	Western Oregon	2:09.74		4/26
5	14	Ruth CVANCARA	SO	Alaska Anchorage	2:10.27		4/17
6	16	Casey MONOSZLAY	SR	Cal Poly Pomona	2:10.49		4/12
7	18	Paige NOCK	SR	Simon Fraser	2:10.66		4/17
8	20	Brittney DUQUETTE	JR	Cal State East Bay	2:10.91		4/17
9	23	Keagan BOLIBOL	FR	Point Loma Nazaren	2:11.08		4/17
10	24	Mairin SHIELDS-BROWN	SO	Simon Fraser	2:11.30		4/17

Women's 1500 Meters

1	2	Caroline KURGAT	SR	Alaska Anchorage	4:19.48		4/17
2	13	Julia HOWLEY	SR	Simon Fraser	4:26.01		4/17
3	15	Casey MONOSZLAY	SR	Cal Poly Pomona	4:27.68		3/23
4	18	Miryam BASSETT	SR	Simon Fraser	4:28.66		4/17
5	21	Sophie DODD	SR	Simon Fraser	4:29.63		4/17
6	22	Kate LILLY	JR	Seattle Pacific	4:30.09		4/17
7	23	Hannah BENOIT-BUCHER	SR	Point Loma Nazaren	4:30.10		4/26
8	24	Hasna KAAROUR	JR	Academy of Art	4:31.06		4/26
9	27	Dania HOLMBERG	SO	Seattle Pacific	4:31.45		4/17
10	29	Danielle MCCORMICK	SR	Alaska Anchorage	4:32.17		3/23

Women's Steeplechase

1	1	Julia HOWLEY	SR	Simon Fraser	10:03.19		3/29
2	3	Zita MOLNAR	SO	Point Loma Nazaren	10:29.05		4/6
3	5	Nicole ANTHONY	SR	Chico State	10:32.30		3/28
4	8	Kaylee MITCHELL	FR	Seattle Pacific	10:37.53		3/28
5	10	Chelsea RIBERIO	SR	Simon Fraser	10:38.40		3/23
6	13	Haley BOYNTON	SO	Chico State	10:44.50		3/28
7	16	Olivia WILLETT	SO	Simon Fraser	10:49.17		3/28
8	27	Talia DREICER	SO	Western Washington	10:58.11		4/5
9	33	Arianna FUENTES	SR	Cal State San Bernar	11:03.09		3/30
10	34	Brooke ROY	FR	Cal State Monterey B	11:03.25		3/28

Women's 5000 Meters

1	1	Caroline KURGAT	SR	Alaska Anchorage	15:40.45		4/17
2	4	Julia HOWLEY	SR	Simon Fraser	16:10.89		4/17
3	8	Eileen STRESSLING	SR	Azusa Pacific	16:32.25		4/17
4	10	Casey MONOSZLAY	SR	Cal Poly Pomona	16:41.95		4/17
5	16	Kate LILLY	JR	Seattle Pacific	16:51.60		4/17
6	18	Dania HOLMBERG	SO	Seattle Pacific	16:55.05		4/17
7	19	Angelina RONQUILLO	SO	Cal State East Bay	16:55.92		4/17
8	22	Zita MOLNAR	SO	Point Loma Nazaren	16:59.97		4/17
9	24	Alexandria TUCKER	SO	Chico State	17:04.49		3/28
10	25	Cassidy TOWNER	SR	Point Loma Nazaren	17:04.71		4/17

Women's 10,000 Meters

1	1	Caroline KURGAT	SR	Alaska Anchorage	32:08.09		3/29
2	3	Alexa SHINDRUK	SR	Central Washington	34:25.41		3/29
3	6	Eileen STRESSLING	SR	Azusa Pacific	34:50.45		3/29
4	10	Alexandria TUCKER	SO	Chico State	35:11.01		4/18
5	12	Billie HATCH	SO	Dixie State	35:27.26c(36:01.15A)		4/26
6	18	Jax HECKERS	SO	Cal State San Marcos	35:45.67		3/28
7	23	Nora PIZZELLA	JR	Chico State	36:08.27		4/18
8	28	Kayden CARPENTER	JR	Chico State	36:27.74		4/18
9	30	Sophia GALVEZ	JR	Western Washington	36:28.86		3/28
10	35	Elise LARSON	SR	Azusa Pacific	36:39.92		3/28



USTFCCA NCAA Division II Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2019 Week #7, April 30

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West

Women's 100 Meter Hurdles

1	10	Tamia PRINCE	JR	Concordia (Calif.)	13.85	(1.8)	4/26
2	16	Mariyah VONGSAVENG	SR	Central Washington	14.02	(1.2)	4/13
3	19	Camille JOUANNO	JR	Academy of Art	14.04	(1.7)	4/26
4	24	Nia VANCE	JR	Cal Poly Pomona	14.13	(0.4)	4/17
5	40	Jordan MUNFORD	JR	Cal State San Bernar	14.35	(0.8)	3/23
6	41	Lexi TUBBS	SR	Northwest Nazarene	14.36w	(2.5)	3/30
7	45	Renick MEYER	SO	Seattle Pacific	14.39		4/17
8	47	Caroline PAGE	SR	UC San Diego	14.41	(1.6)	3/16
9	51	Erykah WEEMS	JR	Central Washington	14.44	(1.7)	4/27
10	59	Claudia COX	JR	UC San Diego	14.52	(-1.7)	3/30

Women's 400 Meter Hurdles

1	4	Sidney TRINIDAD	SO	Central Washington	59.11		4/17
2	5	Claudia COX	JR	UC San Diego	59.18		3/16
3	10	Kelly STRAND	SR	UC San Diego	59.98		3/9
4	18	Janeth MOYA	SR	Cal State LA	1:01.09		4/18
5	30	Zeinab TORABI	SO	UC San Diego	1:01.85		3/30
6	35	Sheena BLACKWELL	JR	Chico State	1:02.20		3/29
7	37	Erykah WEEMS	JR	Central Washington	1:02.37		4/19
8	44	Kennedy HARDEMION	SR	SF State	1:02.63		4/18
9	48	Monisha LEWIS	JR	SF State	1:02.73		3/29
10	53	Caitlyn ROWLAND	SO	Concordia (Calif.)	1:03.20		4/6

Women's 4x100 Relay

1	2	Henry, Hardemion, Cook, Smith	SF State	45.40		4/27
2	7	Arjona-Alcazar, Minkue Mey, Turner, Matthias	Academy of Art	45.96		4/26
3	13	Courseault, Manibog, Flores, Sharp	Fresno Pacific	46.15		4/17
4	15	Stepper, Igbonagwam, Bley, Bouyer	Seattle Pacific	46.23		3/21
4	15	Miles, Droughn, Dickerson, Greene	Cal State LA	46.23		3/30
6	22	Evans, Paxton, Craft, Prince	Concordia (Calif.)	46.36		4/17
7	24	Francis, Napoleon, Vance, Fields	Cal Poly Pomona	46.58		4/12
8	26	Robertson, Wacker, Moore, Hyacinth	Azusa Pacific	46.76		4/26
9	47	King, Page, Meaney, Schulhofer	UC San Diego	47.37		4/19
10	51	Sam, Parrish, Leggett, Myers	Cal State Dominguez	47.54		4/18

Women's 4x400 Relay

1	3	Henry, Smith, Cook, Hardemion	SF State	3:37.65		4/18
2	5	Courseault, Manibog, Sharp, Flores	Fresno Pacific	3:41.95		3/29
3	9	Aniteye, Atlas, Ries, McCormick	Alaska Anchorage	3:44.20		3/28
4	13	West, Dodd, Mussatto, Bluschke	Simon Fraser	3:45.30		4/12
5	14	Hawkins, Turner, Avila, Minkue Mey	Academy of Art	3:46.18		4/18
6	18	Flint, Meaney, Strand, Cox	UC San Diego	3:47.48		3/9
7	20	Hergert, Wague, Prince, Avila	Concordia (Calif.)	3:48.20		4/17
8	21	Collins, Ortega, Weems, Trinidad	Central Washington	3:48.30		4/17
9	22	Napoleon, Byrd, Francis, Fields	Cal Poly Pomona	3:49.34		3/29
10	24	Avina, Roessler, Wuertz, Kallenberg	Point Loma Nazaren	3:49.69		4/26

Women's High Jump

1	2	Natalie CARAWAY	SR	UC San Diego	1.75m	5-8¾	4/19
2	4	Maddie TAYLOR	SR	Western Washington	1.74m	5-8½	3/16
3	12	Friederike KALLENBERG	SO	Point Loma Nazaren	1.71m	5-7¼	4/26
3	12	Chinenye AGINA	FR	Azusa Pacific	1.71m	5-7¼	4/26
5	22	Petrice BEATTIE	SR	Cal State Stanislaus	1.69m	5-6½	3/1
5	22	Annie REGIER	SO	Fresno Pacific	1.69m	5-6½	3/22
7	39	HarLee ORTEGA	SR	Central Washington	1.67m	5-5¾	4/13
7	39	Brailee VANDENBOOM	JR	Humboldt State	1.67m	5-5¾	4/5
7	39	Abigail HUME	FR	Azusa Pacific	1.67m	5-5¾	2/23
10	47	Javany MCDERMOTT	JR	Cal State LA	1.65m	5-5	3/15
10	47	Chelsea CHALLACOMBE	JR	UC San Diego	1.65m	5-5	4/5
10	47	Charisma BYRD	JR	Cal Poly Pomona	1.65m	5-5	4/26
10	47	Liana EDGAR	SO	UC San Diego	1.65m	5-5	3/16
10	47	Katie CONKLIN	SR	Northwest Nazarene	1.65m	5-5	3/30
10	47	Heather FARETTA	SO	Western Washington	1.65m	5-5	3/16

Women's Pole Vault

1	13	Halle IRVINE	JR	Central Washington	3.90m	12-9½	4/27
1	13	Sara WAGENVELD	JR	Azusa Pacific	3.90m	12-9½	4/17
3	19	Nikki CROUCH	SO	Fresno Pacific	3.87m	12-8¾	4/26
3	19	Abigail GRAY	FR	Azusa Pacific	3.87m	12-8¾	4/26
5	31	Hannah STUEVE	SR	Cal Poly Pomona	3.75m	12-3½	4/17
6	40	Sarah PRYSTUPA	JR	Biola (Calif.)	3.67m	12-½	4/26
7	42	Amanda FASSOLD	FR	Azusa Pacific	3.66m	12-0	3/1
8	49	Lexi PERRY	JR	Western Washington	3.64m	11-11¼	4/13
9	50	Scout CAI	JR	Seattle Pacific	3.63m	11-10¾	3/29
10	58	Celine LUM	SR	Point Loma Nazaren	3.55m	11-7¾	3/30



USTFCCA NCAA Division II Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2019 Week #7, April 30

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West

Women's Long Jump

1	15	Chrisalyn JOHNSON	JR	Alaska Anchorage	5.92m	19-5¼ (1.9)	4/17
2	24	Brooke WILLIAMS	SR	Central Washington	5.87m	19-3¼ (1.6)	4/17
3	31	Renick MEYER	SO	Seattle Pacific	5.84m	19-2 (1.1)	3/21
4	36	J'Liyah MILES	SR	Cal State LA	5.79m	19-0 (0.3)	4/18
4	36	Peace IGBONAGWAM	FR	Seattle Pacific	5.79m	19-0 (-0.6)	3/21
6	39	Sarah HERRON	SR	Concordia (Calif.)	5.77m	18-11¼ (1.0)	4/26
7	46	Nia VANCE	JR	Cal Poly Pomona	5.73m	18-9¾ (0.4)	4/17
8	49	Camille JOUANNO	JR	Academy of Art	5.72m	18-9¼ (1.9)	4/26
9	59	Keshara ROMAIN	FR	Saint Martin's	5.68mw	18-7¾ (3.8)	4/5
10	80	Friederike KALLENBERG	SO	Point Loma Nazaren	5.61mw	18-5 (2.5)	4/26

Women's Triple Jump

1	8	Camille JOUANNO	JR	Academy of Art	12.51m	41-½ (1.9)	4/26
2	12	Chrisalyn JOHNSON	JR	Alaska Anchorage	12.23mw	40-1½ (3.6)	3/28
3	18	Nia VANCE	JR	Cal Poly Pomona	12.14m	39-10 (1.2)	4/17
4	21	Natalie CARAWAY	SR	UC San Diego	12.08m	39-7¾ (0.7)	3/9
5	24	Devaniqué BROWN	SR	SF State	12.03mw	39-5¾ (2.6)	3/29
6	27	Olivia NASH	JR	Azusa Pacific	12.01m	39-5 (2.0)	4/17
7	36	Brooke WILLIAMS	SR	Central Washington	11.88m	38-11¾ (1.8)	4/17
8	39	Jackie MAHOWALD	JR	Northwest Nazarene	11.82m	38-9½ (0.3)	3/15
9	43	Hannah HUBBARD	SO	Biola (Calif.)	11.77mw	38-7½ (3.9)	3/28
10	46	HarLee ORTEGA	SR	Central Washington	11.75mw	38-6¾ (2.2)	4/19

Women's Shot Put

1	11	Gracious TOGAI	FR	Cal State Stanislaus	15.34m	50-4	4/19
2	18	Gabbie ESHIET	JR	UC San Diego	14.72m	48-3½	4/5
3	20	Destiny MACK-TALALEMOTU	SR	SF State	14.61m	47-11¼	4/27
4	25	Courtney MASSENGALE	SR	SF State	14.50m	47-7	4/13
5	47	Katrina LINENKO	JR	Concordia (Ore.)	13.81m	45-3¾	3/16
6	57	Lily BANKAS	SR	Humboldt State	13.57m	44-6¼	4/18
7	60	Ally MILONE	JR	Cal State Stanislaus	13.48m	44-2¾	4/5
8	66	Christy NORRIS-DOW	JR	Fresno Pacific	13.40m	43-11¾	4/26
9	83	Moana GIANOTTI	SO	Western Oregon	13.02m	42-8¾	4/20
10	95	Samantha LA RUE	JR	Central Washington	12.88m	42-3¼	4/13

Women's Discus

1	5	Elle ALEXANDER	JR	Azusa Pacific	53.20m	174-7	4/12
2	7	Courtney MASSENGALE	SR	SF State	52.13m	171-1	4/26
3	11	Ana TOVI	FR	Cal Poly Pomona	50.54m	165-10	4/26
4	16	Esther NOFODJI	SR	UC San Diego	49.05m	160-11	3/9
5	39	Destiny MACK-TALALEMOTU	SR	SF State	45.80m	150-3	4/26
6	41	Lily BANKAS	SR	Humboldt State	45.76m	150-2	4/5
7	45	Breanna LOWTHER	SR	Cal State Stanislaus	45.24m	148-5	2/22
8	48	Gracious TOGAI	FR	Cal State Stanislaus	44.92m	147-5	3/22
9	54	Alana OCHOA	JR	Chico State	44.56m	146-3	4/5
10	57	Katrina LINENKO	JR	Concordia (Ore.)	44.39m	145-8	4/12

Women's Hammer

1	7	Liz LARSON	SR	Saint Martin's	57.37m	188-3	4/5
2	18	Destiny MACK-TALALEMOTU	SR	SF State	55.19m	181-1	3/22
3	20	Breanna LOWTHER	SR	Cal State Stanislaus	54.41m	178-6	4/26
4	34	Elle ALEXANDER	JR	Azusa Pacific	52.46m	172-2	4/26
5	63	Mariah GRONBACH	SO	Western Oregon	49.92m	163-10	4/20
6	67	Cecilia DUMAR	JR	UC San Diego	49.62m	162-10	2/23
7	68	Crystal DIEI	FR	UC San Diego	49.61m	162-9	4/19
8	75	Holly TAYLOR	SO	Simon Fraser	49.44m	162-3	4/7
9	77	Brianna SIMON	SR	Humboldt State	49.39m	162-1	4/12
10	87	Angie MEZA	SR	Cal State Stanislaus	48.69m	159-9	3/9

Women's Javelin

1	3	Ellie LOGAN	SR	Northwest Nazarene	50.44m	165-6	4/26
2	7	Amanda SHORT	JR	Western Washington	47.62m	156-3	4/27
3	8	Raquel PELLECE	JR	Western Washington	47.31m	155-3	3/2
4	9	Paige SHIMKUS	FR	Western Washington	47.01m	154-3	3/30
5	19	Darian WILSON	SO	Western Oregon	44.07m	144-7	4/19
6	20	Friederike KALLENBERG	SO	Point Loma Nazaren	43.57m	143-0	4/26
7	21	Elizabeth STOTTLEMYRE	SO	Concordia (Ore.)	43.48m	142-8	4/26
8	22	Courtney MASSENGALE	SR	SF State	43.45m	142-7	3/22
9	23	Jona SPILLER	SR	Saint Martin's	43.41m	142-5	4/27
10	24	Hannah NIENABER	SO	Western Washington	43.40m	142-5	4/17

Women's Heptathlon

1	5	Friederike KALLENBERG	SO	Point Loma Nazaren	5,071	3/21
2	7	Chelsea BONE	SR	Concordia (Ore.)	5,009	4/17
3	9	Scout CAI	JR	Seattle Pacific	5,001	3/21
4	14	Renick MEYER	SO	Seattle Pacific	4,925	4/17
5	15	HarLee ORTEGA	SR	Central Washington	4,913	3/21
6	22	Francesca SHEPARD	JR	Cal State Stanislaus	4,740	4/11
7	23	Sherise ROBINSON	JR	Fresno Pacific	4,713	4/26
8	25	Chelsea CHALLACOMBE	JR	UC San Diego	4,682	4/17
9	27	Sidney TRINIDAD	SO	Central Washington	4,674	3/21
10	31	Petrice BEATTIE	SR	Cal State Stanislaus	4,604	4/11