



Regional TFRI Event Summary

as of 5/4/2019 3:22:38 PM

Great Lakes

Women's 100 Meters

1	8	Safia BRIGHT	JR	Lindsey Wilson (Ky.)	11.87	(0.1)	4/5
2	11	Asia GARDNER	JR	Siena Heights (Mich.)	11.90w	(3.3)	4/19
3	16	Doneasha BREWER	SO	Indiana Tech	11.95w	(2.6)	4/19
4	26	Gwen REUVER	FR	Aquinas (Mich.)	12.13w	(3.0)	4/19
5	29	Jacqueline SCOTT	FR	Indiana Tech	12.17w	(2.6)	4/19
6	33	Sha'londa TERRY	SO	Indiana Tech	12.19	(1.9)	3/29
7	41	Jocelynn BURTON	FR	Marian (Ind.)	12.23w	(4.2)	4/19
8	44	Ayanna MOODY	SR	Indiana Tech	12.24	(-1.1)	4/12
9	48	Arianna KLEPPINGER	FR	Indiana Wesleyan	12.26w	(2.4)	4/12
10	50	Alex MCFARLAND	SO	Indiana Wesleyan	12.27	(2.0)	4/12

Women's 200 Meters

1	7	Jacqueline SCOTT	FR	Indiana Tech	24.42w	(3.0)	3/29
1	7	Safia BRIGHT	JR	Lindsey Wilson (Ky.)	24.42	(0.0)	4/12
3	11	Asia GARDNER	JR	Siena Heights (Mich.)	24.56	(1.5)	4/19
4	14	Doneasha BREWER	SO	Indiana Tech	24.61	(1.1)	4/19
5	16	Antonishka DEVEAUX	SO	Indiana Tech	24.74	(1.2)	3/28
5	16	Ayanna MOODY	SR	Indiana Tech	24.74	(0.0)	4/12
7	29	Delaney STERSIC	SO	Siena Heights (Mich.)	25.16w	(2.7)	4/19
8	30	Sha'londa TERRY	SO	Indiana Tech	25.18	(1.8)	3/29
9	31	Rachel SARGENT	SO	Ohio Christian	25.21	(-0.3)	4/5
10	32	Mildrenae YOUNG-BROOKS	SR	Siena Heights (Mich.)	25.22	(1.5)	4/19

Women's 400 Meters

1	10	Ayanna MOODY	SR	Indiana Tech	56.74		3/28
2	16	Alexia DEHAVEN-BOYD	SR	Lindsey Wilson (Ky.)	57.09		3/29
3	24	Hellen MAASOTUO	SO	Union (Ky.)	57.54		4/12
4	27	Delaney STERSIC	SO	Siena Heights (Mich.)	57.58		4/5
5	29	Pamela SANDERS-BOOKER	FR	Indiana Tech	57.67		4/12
6	33	Savannah GREGORY	JR	Campbellsville (Ky.)	57.91		4/5
7	36	Jada BURTON	FR	Marian (Ind.)	58.15		3/14
8	40	Jozalyn ALBRIGHT	FR	Cincinnati Christian	58.38		4/12
9	45	Dymanique THOMPSON	SO	Cumberlands (Ky.)	58.82		3/14
10	51	Jaydn FUERST	SR	Spring Arbor (Mich.)	59.12		4/13

Women's 800 Meters

1	1	Anna SHIELDS	SR	Point Park (Pa.)	2:07.06		4/13
2	3	Hellen MAASOTUO	SO	Union (Ky.)	2:11.70		4/5
3	8	Alexis MILLER	SR	Aquinas (Mich.)	2:13.07		4/5
4	9	Emma JANKOWSKI	SO	Bethel (Ind.)	2:13.97		4/13
5	13	Amanda SOROKIN	JR	Cornerstone (Mich.)	2:14.82		4/13
6	16	Jessica SPRINKLES	JR	Indiana Wesleyan	2:15.51		4/12
7	19	Brooke SMITH	SR	Shawnee State (Ohio)	2:16.01		3/14
8	20	Reba BARTRAM	SO	Point Park (Pa.)	2:16.34		4/6
9	25	Alexis LOMBARDO	JR	Indiana Tech	2:17.40		4/19
10	36	Marjorie CROSBY	SR	Taylor (Ind.)	2:18.81		4/12

Women's 1500 Meters

1	1	Anna SHIELDS	SR	Point Park (Pa.)	4:15.60		4/13
2	5	Brooke SMITH	SR	Shawnee State (Ohio)	4:31.31		4/6
3	6	Alexis MILLER	SR	Aquinas (Mich.)	4:33.87		4/13
4	19	Rachel BLAGG	SR	Taylor (Ind.)	4:41.10		4/6
5	21	Emma JANKOWSKI	SO	Bethel (Ind.)	4:41.85		4/5
6	25	Kelli SMITH	JR	Cornerstone (Mich.)	4:43.94		4/13
7	27	Erica STUTSMAN	FR	Indiana Wesleyan	4:44.47		4/13
8	28	Valerie RICHTER	SR	Cornerstone (Mich.)	4:44.58		4/17
9	31	Nygia POLLARD	FR	Cornerstone (Mich.)	4:45.24		4/13
10	33	Sterling SIMEK	FR	Indiana Wesleyan	4:45.37		4/13

Women's Steeplechase

1	11	Nygia POLLARD	FR	Cornerstone (Mich.)	11:15.59		4/19
2	13	Tannah ADGATE	JR	Aquinas (Mich.)	11:16.89		4/19
3	20	Valerie RICHTER	SR	Cornerstone (Mich.)	11:24.82		3/8
4	21	Megan THEISMAN	SO	Indiana Tech	11:28.34		4/13
5	29	Giovanna DOMENE	FR	Taylor (Ind.)	11:42.87		3/22
6	34	Hannah DAWSON	JR	Marian (Ind.)	11:57.80		4/6
7	35	Amanda SOROKIN	JR	Cornerstone (Mich.)	12:03.02		3/8
8	42	Grace DWYER	SO	Calumet St. Joseph (	12:13.80		4/6
9	43	Alyssa BOYD	SO	Point Park (Pa.)	12:16.48		4/6
10	47	Brooklyn DUEWEL	JR	Mount Vernon Nazar	12:24.85		4/20

Women's 5000 Meters

1	3	Anna SHIELDS	SR	Point Park (Pa.)	16:42.06		3/29
2	7	Brooke SMITH	SR	Shawnee State (Ohio)	17:12.24		3/29
3	15	Kelli SMITH	JR	Cornerstone (Mich.)	17:30.20		4/6
4	20	Alyssa CAMPBELL	FR	Point Park (Pa.)	17:43.25		4/13
5	25	Alison SHAPIC	JR	Madonna (Mich.)	17:47.70		3/30
6	28	Taylor BLUEMEL	JR	Taylor (Ind.)	17:49.99		3/22
7	31	Sarah HARDEN	SO	Taylor (Ind.)	17:52.44		3/22
8	32	Mackenzie GURNE	JR	Madonna (Mich.)	17:58.78		3/30
9	40	Andrea CROWE	FR	Siena Heights (Mich.)	18:13.94		4/5
10	46	Marissa SMITH	SO	Shawnee State (Ohio)	18:22.20		3/30

Women's 10,000 Meters

1	6	Kelli SMITH	JR	Cornerstone (Mich.)	36:32.86		3/8
2	13	Alison SHAPIC	JR	Madonna (Mich.)	37:28.53		4/12
3	15	Mackenzie GURNE	JR	Madonna (Mich.)	37:52.96		4/12
4	18	Alexis MCCONNELL	SO	Cornerstone (Mich.)	38:01.86		3/8
5	19	Olivia SCHRODER	SO	Taylor (Ind.)	38:02.66		3/22
6	20	Brittany SLOAN	SO	IU Kokomo (Ind.)	38:06.11		3/23
7	24	Aly TURRENTINE	JR	Ohio Christian	38:45.02		3/14
8	26	Annie MCBEATH	SO	Indiana Wesleyan	38:48.75		4/13
9	30	Yvette ROJAS	JR	Indiana Wesleyan	39:12.22		4/13
10	33	Caitlin CLARK	SR	Spring Arbor (Mich.)	39:19.72		3/23



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Great Lakes

Women's Marathon

1	15	Brittany SLOAN	SO IU Kokomo (Ind.)	4:24:01	12/9
1	1	Caitlin CLARK	SR Spring Arbor (Mich.)	4:23:15	3/30
2	4	Alyssa SCHWARTZ	JR Aquinas (Mich.)	4:31:36	4/14
2	17	Valerie RICHTER	SR Cornerstone (Mich.)	4:24:22	12/1
2	17	Kelli SMITH	JR Cornerstone (Mich.)	4:24:22	12/1
3	5	Alex BARR	SO Point Park (Pa.)	4:40:03	12/2
4	19	Tea ROMANOWSKI	JR Aquinas (Mich.)	4:24:51	3/9
5	25	Lexi JACKSON	FR IU Kokomo (Ind.)	4:25:57	12/9
6	26	Alexis MCCONNELL	SO Cornerstone (Mich.)	4:27:04	12/1
7	30	Hayley NEWMAN	JR Indiana Tech	4:27:42	12/1
8	34	MaKenzie MCKIRGAN	SR Mount Vernon Nazar	4:28:09	2/17
9	37	Kara ROHLF	SR Point Park (Pa.)	4:28:54	12/2

Women's 5000m Race Walk

1	4	Siana EMERY	JR Goshen (Ind.)	26:58.14	4/13
2	6	Kelsey BILLINGSLEY	SO Cornerstone (Mich.)	27:25.03	4/13
3	9	D'Amaie DAVIS	SO Cornerstone (Mich.)	28:41.38	4/13
4	24	Cheryl JOHNSON	SO Cumberlands (Ky.)	44:42.55	4/12
5	25	Courtney LEE	JR Georgetown (Ky.)	1:01:59	4/12

Women's 100 Meter Hurdles

1	2	Plenseh-Tay SAKEUH	SR Taylor (Ind.)	14.21	(0.4)	3/22
2	6	Mildrenae YOUNG-BROOKS	SR Siena Heights (Mich.)	14.34w	(2.3)	4/19
2	6	Amore BROWN	SR Aquinas (Mich.)	14.34	(1.9)	4/13
4	8	Kierra RICE	FR Siena Heights (Mich.)	14.40	(-0.8)	4/13
5	9	Leondra CORREIA	JR Indiana Tech	14.42w	(2.4)	3/15
6	11	Daneen HAZELWOOD	SO Ohio Christian	14.44w	(4.7)	4/19
6	11	Shakirah KELLAM	JR Indiana Tech	14.44w	(2.5)	4/19
8	13	Tamia MILLS	JR Marian (Ind.)	14.50w	(3.3)	3/14
9	20	Jalacia GEORGE	SR Indiana Tech	14.67w	(2.4)	3/15
10	21	Amirah STRAUTHER	SO Rio Grande (Ohio)	14.70	(0.9)	3/21

Women's 400 Meter Hurdles

1	10	Destiny COPELAND	FR Indiana Tech	1:02.58	4/12
2	12	Alexia DEHAVEN-BOYD	SR Lindsey Wilson (Ky.)	1:03.05	3/29
3	19	Morgan LUEDY	SO Cornerstone (Mich.)	1:05.08	3/8
4	22	Leondra CORREIA	JR Indiana Tech	1:05.37	3/28
5	23	Carly WILKINS	JR Indiana Wesleyan	1:05.38	4/12
6	25	Daneen HAZELWOOD	SO Ohio Christian	1:05.64	4/5
7	29	Cameryn FISHER	FR Indiana Tech	1:05.74	4/19
8	33	Kim LESTER	FR Pikeville (Ky.)	1:06.00	4/20
9	43	Shardonay JOHNSON	FR Ohio Christian	1:07.07	4/12
10	47	Cora STEVENS	FR Cumberlands (Ky.)	1:07.14	3/29

Women's 4x100 Relay

1	3	Indiana Tech	46.20	4/19
2	6	Siena Heights (Mich.)	46.76	4/5
3	11	Aquinas (Mich.)	47.67	4/13
4	13	Lindsey Wilson (Ky.)	47.81	4/12
5	15	Marian (Ind.)	48.09	4/6
6	31	Taylor (Ind.)	49.13	3/22
7	35	Rio Grande (Ohio)	49.23	4/12
8	43	Bethel (Ind.)	49.40	4/5
9	46	Cumberlands (Ky.)	49.51	3/14
10	54	Campbellsville (Ky.)	49.82	4/12

Women's 4x400 Relay

1	1	Indiana Tech	3:47.10	3/28
2	16	Marian (Ind.)	3:58.24	4/19
3	20	Cumberlands (Ky.)	3:58.60	4/12
4	24	Siena Heights (Mich.)	4:00.06	4/5
5	25	Aquinas (Mich.)	4:01.24	4/19
6	29	Bethel (Ind.)	4:03.38	4/13
7	30	Lindsey Wilson (Ky.)	4:03.51	4/5
8	33	IU East (Ind.)	4:05.85	3/29
9	40	Ohio Christian	4:07.89	4/5
10	42	Indiana Wesleyan	4:09.52	4/5

Women's 4x800 Relay

1	6	Cornerstone (Mich.)	9:24.62	3/8
2	9	Point Park (Pa.)	9:30.58	4/13
3	14	Indiana Wesleyan	9:45.90	4/6
4	20	Indiana Tech	9:59.30	4/6
5	29	Mount Vernon Nazar	10:20.03	3/8
6	32	IU Kokomo (Ind.)	10:25.18	4/6
7	36	Georgetown (Ky.)	10:32.83	4/12
8	41	Lindsey Wilson (Ky.)	10:53.06	3/15
9	46	Alice Lloyd (Ky.)	11:13.27	4/12
10	51	Ohio Christian	11:43.77	3/14

Women's High Jump

1	6	Jai-Lyn NORWOOD	FR Marian (Ind.)	1.68m	5-6	3/23
2	10	Emma BIANCHI	SO Georgetown (Ky.)	1.67m	5-5¾	3/30
2	10	Kyara BLACK	FR Spring Arbor (Mich.)	1.67m	5-5¾	3/30
4	18	La'Naiya CONEY	FR Cincinnati Christian	1.65m	5-5	4/12
4	18	Lisa RUFFIN	FR Cincinnati Christian	1.65m	5-5	4/12
6	21	Peyton KLEIN	SO Aquinas (Mich.)	1.64m	5-4½	4/5
6	21	Crystal GOYETTE	FR Aquinas (Mich.)	1.64m	5-4½	4/5
8	36	Shae PATTY	SO Shawnee State (Ohio)	1.60m	5-3	3/23
8	36	Jessica TUTTLE	FR Bethel (Ind.)	1.60m	5-3	4/5
10	42	Hannah HAYES	SO Aquinas (Mich.)	1.59m	5-2½	4/5
10	42	Casey LENON	FR Aquinas (Mich.)	1.59m	5-2½	4/5
10	42	Lenae LUDY	SO Indiana Tech	1.59m	5-2½	3/15
10	42	Yara HUGO	SO Aquinas (Mich.)	1.59m	5-2½	4/5



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Great Lakes

Women's Pole Vault

1	2	Katrina SMITH	SR	Spring Arbor (Mich.)	3.78m	12-4¾	3/30
2	9	Victoria FABER	FR	Aquinas (Mich.)	3.55m	11-7¾	4/19
3	10	Abby KARNES	FR	Indiana Wesleyan	3.50m	11-5¾	4/6
4	21	Laikyn KULMAN	FR	Aquinas (Mich.)	3.42m	11-2½	4/5
4	21	Hannah CAIN	SR	Siena Heights (Mich.)	3.42m	11-2½	4/5
4	21	Jaymz GIBSON	JR	Siena Heights (Mich.)	3.42m	11-2½	4/5
7	24	Lisa METZGER	SR	Aquinas (Mich.)	3.35m	10-11¾	4/19
7	24	Celeste KUCK	FR	Indiana Wesleyan	3.35m	10-11¾	4/12
9	32	Lenna KLEIN	SR	Taylor (Ind.)	3.32m	10-10¾	4/6
10	37	Raegan GRANVILLE	SO	Cumberlands (Ky.)	3.20m	10-6	3/29

Women's Long Jump

1	1	Destiny COPELAND	FR	Indiana Tech	6.02m	19-9 (0.0)	3/28
2	5	Doneasha BREWER	SO	Indiana Tech	5.84m	19-2 (0.0)	4/12
3	17	Ellie RUBY	FR	Mount Vernon Nazar	5.61m	18-5 (0.1)	4/5
4	19	Chanavier ROBINSON	JR	Rio Grande (Ohio)	5.60m	18-4½ (0.0)	4/19
4	19	Julia FORBES	JR	Siena Heights (Mich.)	5.60m	18-4½ (0.2)	4/19
6	25	Mildrenae YOUNG-BROOKS	SR	Siena Heights (Mich.)	5.58m	18-3¾ (0.0)	4/5
7	28	Plenseh-Tay SAKEUH	SR	Taylor (Ind.)	5.56m	18-3 (-1.9)	3/22
8	30	Teychiana DORNAN	SO	Campbellsville (Ky.)	5.55mw	18-2½ (5.0)	3/30
9	34	Leondra CORREIA	JR	Indiana Tech	5.54m	18-2¼ (1.5)	3/15
10	40	Jozalyn ALBRIGHT	FR	Cincinnati Christian	5.49m	18-¼ (1.5)	4/12

Women's Triple Jump

1	3	Hannah DRAKE	SR	Cornerstone (Mich.)	11.95m	39-2½	4/17
2	13	Destiny COPELAND	FR	Indiana Tech	11.67m	38-3½ (0.0)	4/12
3	25	Haley PAYTON	FR	Campbellsville (Ky.)	11.40m	37-5 (0.0)	3/22
4	31	Leondra CORREIA	JR	Indiana Tech	11.34m	37-2½ (0.0)	4/12
5	35	Katrina SMITH	SR	Spring Arbor (Mich.)	11.29mw	37-½ (3.9)	3/30
6	38	Teychiana DORNAN	SO	Campbellsville (Ky.)	11.24mw	36-10½ (2.2)	3/30
7	48	Cierra JENKINS	FR	Indiana Tech	11.09m	36-4¾ (0.8)	3/15
8	54	Shaina DENBESTEN	JR	Cornerstone (Mich.)	11.03m	36-2¼ (0.0)	4/6
9	55	Yara HUGO	SO	Aquinas (Mich.)	11.01mw	36-1½ (2.1)	4/19
10	63	Meredith HADDAD	JR	Cornerstone (Mich.)	10.86m	35-7¾ (0.0)	4/6

Women's Shot Put

1	3	Haley HUDSON	SR	Siena Heights (Mich.)	14.80m	48-6¾	4/13
2	7	Paige PETTELL	JR	Lindsey Wilson (Ky.)	13.91m	45-7¾	4/12
3	10	Kasey KEITH	SO	Mount Vernon Nazar	13.64m	44-9	4/5
4	11	Paige SUTTER	SO	Indiana Wesleyan	13.58m	44-6¾	3/23
5	13	Rachel O'NEILL	SR	Siena Heights (Mich.)	13.43m	44-¾	4/5
6	16	Maggie MOLLAK	SR	Georgetown (Ky.)	13.28m	43-7	3/22
7	24	Courtney TAYLOR	SR	Siena Heights (Mich.)	12.82m	42-¾	4/13
8	25	Mikayla BAILLIE	JR	Indiana Wesleyan	12.76m	41-10½	4/6
9	31	Sina CAVELTI	FR	Lindsey Wilson (Ky.)	12.52m	41-1	3/30
10	36	Kirsten LACY	SO	Georgetown (Ky.)	12.45m	40-10¼	4/12

Women's Discus

1	13	Beyonce BOBBITT	FR	Rio Grande (Ohio)	42.69m	140-1	4/12
2	15	Paige PETTELL	JR	Lindsey Wilson (Ky.)	42.34m	138-11	3/30
3	20	Paige SUTTER	SO	Indiana Wesleyan	41.89m	137-5	3/23
4	25	SARAH CORBIN	SR	Marian (Ind.)	40.98m	134-6	4/19
5	27	Natalie COTHERMAN	SO	Indiana Wesleyan	40.61m	133-3	4/6
6	31	Kasey KEITH	SO	Mount Vernon Nazar	40.17m	131-10	4/12
7	33	Tina MILLER	SR	Siena Heights (Mich.)	40.01m	131-3	4/5
8	38	Alexis PUTNAM	JR	Shawnee State (Ohio)	39.84m	130-9	3/15
9	41	De'jah SMITH	SO	Lindsey Wilson (Ky.)	39.26m	128-10	3/30
10	48	Maggie MOLLAK	SR	Georgetown (Ky.)	38.88m	127-7	3/22

Women's Hammer

1	12	Katie PRENDERGAST	JR	Marian (Ind.)	50.17m	164-7	3/23
2	19	Rachel O'NEILL	SR	Siena Heights (Mich.)	49.15m	161-3	4/5
3	20	Brianna JORDAHL	SR	Taylor (Ind.)	48.86m	160-4	4/6
4	21	Courtney TAYLOR	SR	Siena Heights (Mich.)	48.68m	159-9	4/19
5	24	Bailey BALLARD	SO	Aquinas (Mich.)	48.12m	157-11	4/5
6	28	Suzette RODRIGUEZ	SO	Goshen (Ind.)	47.17m	154-9	4/6
7	30	Queen WALKER	JR	Bethel (Ind.)	46.64m	153-0	4/13
8	31	Ta'Leah ADAMS	JR	Union (Ky.)	46.58m	152-10	4/12
9	43	De'jah SMITH	SO	Lindsey Wilson (Ky.)	45.38m	148-11	3/30
10	49	Paige PETTELL	JR	Lindsey Wilson (Ky.)	45.12m	148-1	3/15

Women's Javelin

1	14	Daneliz THOMAS	FR	Union (Ky.)	39.92m	131-0	3/22
2	15	Tytiana LOCKHART	JR	Union (Ky.)	39.40m	129-3	3/22
3	18	Jaymz GIBSON	JR	Siena Heights (Mich.)	39.06m	128-2	4/5
4	29	KAREN JONES	SR	Marian (Ind.)	37.88m	124-4	4/6
5	43	Sina CAVELTI	FR	Lindsey Wilson (Ky.)	36.24m	118-11	3/22
6	48	Clista HELLWARTH	SO	Saint Francis (Ind.)	35.72m	117-2	4/13
7	54	Brooke SAYLOR	SR	Huntington (Ind.)	35.14m	115-4	4/13
8	63	Madison KAISER	SR	Campbellsville (Ky.)	34.42m	112-11	3/30
9	65	Walliscia MCKINNEY	JR	Taylor (Ind.)	34.24m	112-4	4/12
10	67	Mackenzie MANGUM	JR	Point Park (Pa.)	34.00m	111-7	4/6

Women's Heptathlon

1	12	Morgan LUEDY	SO	Cornerstone (Mich.)	4,415		4/17
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Midwest

Women's 100 Meters

1	11	Lexus LOVAN	SR	Graceland (Iowa)	11.90w	(5.2)	4/17
2	24	Shantinique CUNNINGHAM	SR	Hastings (Neb.)	12.11w	(2.5)	4/5
3	29	Megan ERICKSON	SO	Dickinson State (N.D.)	12.17	(0.0)	4/19
4	33	Ashley CASWELL	SO	Viterbo (Wis.)	12.19w	(3.0)	4/18
5	41	Julyah WILSON	FR	Hastings (Neb.)	12.23w	(2.5)	4/5
6	61	Daisy MAESSNER	FR	Hastings (Neb.)	12.36w	(2.5)	4/5
7	64	Maddie MORAN	FR	Hastings (Neb.)	12.38	(1.4)	4/5
8	72	Brianna FLORVILUS	SO	York (Neb.)	12.43w	(2.5)	4/5
9	79	Kaila JACKSON	JR	Waldorf (Iowa)	12.47	(0.0)	4/13
10	###	Destiny MCGINNIS	SO	Grand View (Iowa)	12.61	(0.0)	4/13
10	###	Amaria KIRBY	FR	St. Ambrose (Iowa)	12.61w	(2.6)	4/6

Women's 200 Meters

1	39	Ashley CASWELL	SO	Viterbo (Wis.)	25.32	(1.6)	4/18
2	52	Aurora AREVALO	SR	Morningside (Iowa)	25.47	(0.0)	4/19
3	57	Julyah WILSON	FR	Hastings (Neb.)	25.51w	(3.6)	4/14
4	70	Brianna FLORVILUS	SO	York (Neb.)	25.69	(0.6)	4/19
5	72	Lani HILLARD	SO	St. Ambrose (Iowa)	25.70	(1.6)	4/16
6	77	Celina MAYFORTH	SO	St. Francis (Ill.)	25.73	(-0.1)	4/12
7	86	MacKenzie BRANDL	SO	Doane (Neb.)	25.85w	(2.4)	4/12
8	90	Kaila JACKSON	JR	Waldorf (Iowa)	25.90	(0.0)	4/13
9	92	Destiny MCGINNIS	SO	Grand View (Iowa)	25.92	(0.6)	4/19
9	92	Meghan HELLER	JR	Olivet Nazarene (Ill.)	25.92w	(2.1)	4/6

Women's 400 Meters

1	22	Brianna FLORVILUS	SO	York (Neb.)	57.40		4/19
2	34	Kylee VOIGT	JR	Jamestown (N.D.)	57.98		4/6
3	35	Celina MAYFORTH	SO	St. Francis (Ill.)	58.09		4/12
4	47	Jacee PFEIFER	FR	Concordia (Neb.)	58.92		4/5
5	55	MacKenzie BRANDL	SO	Doane (Neb.)	59.24		4/5
6	58	Mika KOOISTRA	FR	Dordt (Iowa)	59.35		4/19
7	66	Ashley CASWELL	SO	Viterbo (Wis.)	59.56		4/6
8	73	Emma BAKKER	SO	Dordt (Iowa)	59.78		4/19
9	83	Gabriella CZECH	FR	Viterbo (Wis.)	1:00.02		4/6
10	85	Jenna PHILSON	SR	Olivet Nazarene (Ill.)	1:00.08		4/13

Women's 800 Meters

1	32	Kathryn VANDER POEL	SR	Mount Mercy (Iowa)	2:18.10		3/15
2	33	Rebekah	SR	Northwestern (Iowa)	2:18.52		4/19
3	35	Jenna STEPHENS	SR	Dordt (Iowa)	2:18.79		4/19
4	42	Eva BRUNO	SO	St. Francis (Ill.)	2:19.04		4/12
5	46	Jaci PARRIOTT	JR	Doane (Neb.)	2:19.38		4/19
6	50	Emalee FUNDERMANN	SO	Morningside (Iowa)	2:19.87		4/6
7	56	Katrina ENGEBRETSON	JR	Northwestern (Iowa)	2:20.46		4/6
8	62	Delaney LEMKAU	SR	Doane (Neb.)	2:21.05		4/12
9	64	Jenna PHILSON	SR	Olivet Nazarene (Ill.)	2:21.18		3/23
10	65	Kassidy DE JONG	SR	Northwestern (Iowa)	2:21.31		4/6

Women's 1500 Meters

1	26	Sabrina BAFTIRI	SO	St. Francis (Ill.)	4:44.09		4/6
2	42	Taylor CONROY	JR	St. Francis (Ill.)	4:47.40		4/18
3	55	Kathryn VANDER POEL	SR	Mount Mercy (Iowa)	4:50.52		4/13
4	58	Laisha CORONA	SO	St. Francis (Ill.)	4:50.93		4/6
5	60	Bre RODRIGUEZ	JR	St. Francis (Ill.)	4:51.26		4/18
6	70	Eva BRUNO	FR	St. Francis (Ill.)	4:52.72		4/6
7	74	Karalynn BROCK	SR	Olivet Nazarene (Ill.)	4:53.08		4/6
8	77	Andrea ERTZ	JR	Mount Mercy (Iowa)	4:53.38		3/30
9	81	Annechiena KNEVELBAARD	SR	Dordt (Iowa)	4:54.13		4/6
10	85	Emalee FUNDERMANN		Morningside (Iowa)	4:54.98		4/12

Women's Steeplechase

1	6	Mallory RETTENMEIER	SR	St. Ambrose (Iowa)	11:12.38		4/18
2	28	McKenna JOHNSON	SO	Mount Mercy (Iowa)	11:42.45		4/13
3	38	Chloe GUNN	SR	St. Ambrose (Iowa)	12:07.14		3/23
4	39	Olivia COUCH	JR	Dordt (Iowa)	12:09.89		4/6
5	40	Emily RIESENBERG	SR	Clarke (Iowa)	12:10.04		4/5
6	44	Samantha SCHUYLER	SO	Dakota Wesleyan (S.)	12:17.61		4/12
7	46	Aleisha MCDONALD	FR	Hastings (Neb.)	12:24.31		3/31
8	49	Jaci PARRIOTT	JR	Doane (Neb.)	12:25.99		4/12
9	50	Tenna BEEL	FR	Morningside (Iowa)	12:26.85		4/19
10	56	Emma FRERICHS	SR	Doane (Neb.)	12:32.19		4/5

Women's 5000 Meters

1	29	Karalynn BROCK	SR	Olivet Nazarene (Ill.)	17:50.55		4/18
2	30	Sabrina BAFTIRI	SO	St. Francis (Ill.)	17:52.22		3/29
3	34	Laisha CORONA	SO	St. Francis (Ill.)	18:01.12		3/29
4	35	Taylor CONROY	JR	St. Francis (Ill.)	18:02.40		3/29
5	50	Vanessa CORTES	JR	Mount Mercy (Iowa)	18:26.03		4/13
6	61	Chloe BURKHART	JR	Judson (Ill.)	18:32.67		4/16
7	68	Chloe GUNN	SR	St. Ambrose (Iowa)	18:37.19		3/29
8	70	Bre RODRIGUEZ	JR	St. Francis (Ill.)	18:38.56		3/29
9	72	Megan GRADY	SO	St. Ambrose (Iowa)	18:39.14		4/18
10	80	Mallory RETTENMEIER	SR	St. Ambrose (Iowa)	18:41.31		3/29

Women's 10,000 Meters

1	14	Vanessa CORTES	JR	Mount Mercy (Iowa)	37:29.89		4/18
2	16	Karalynn BROCK	SR	Olivet Nazarene (Ill.)	37:54.31		3/29
3	25	Nicole SYVERSON	SR	Trinity Christian (Ill.)	38:48.00		4/12
4	27	Megan DEWEERD	SR	Trinity Christian (Ill.)	38:53.71		4/12
5	31	Alexa ZAMORA	SR	Mount Mercy (Iowa)	39:15.03		4/18
6	40	April GOETZ	SO	Lincoln (Ill.)	39:40.12		3/30
7	41	Hope FATHMAN	SR	Trinity Christian (Ill.)	39:41.61		4/12
8	43	Sarai VARGAS	FR	Olivet Nazarene (Ill.)	39:43.84		3/29
9	57	Sienna DE JONG	SO	Dordt (Iowa)	40:18.39		3/22
10	59	Megan MAASKE	SR	Morningside (Iowa)	40:21.90		4/19



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Midwest

Women's Marathon

1	6	Taylor GROVE	SR	Concordia (Neb.)	4:15:12	12/1
2	7	Jacey WILSON	SR	Dickinson State (N.D.)	4:15:20	12/2
3	16	Vanessa CORTES	JR	Mount Mercy (Iowa)	4:24:03	12/2
4	21	Braska PATTERSON	SR	Midland (Neb.)	4:25:03	12/2
5	31	Allison FOSTER	SR	Jamestown (N.D.)	4:27:50	3/19
6	33	Brittney GROVE	SR	Dickinson State (N.D.)	4:28:01	12/2
7	38	Grace MILLER	SO	Valley City State (N.)	4:29:03	3/9
8	39	Nicole SYVERSON	SR	Trinity Christian (Ill.)	4:29:18	12/1
8	39	Megan DEWEERD	SR	Trinity Christian (Ill.)	4:29:18	12/1
10	43	Andrea ERTZ	JR	Mount Mercy (Iowa)	4:31:36	12/2

Women's 5000m Race Walk

1	7	Michaela BARRETTA	JR	Grand View (Iowa)	27:25.96	4/13
2	13	Mariah PELLINO	SO	Clarke (Iowa)	32:55.24	4/13
2	13	Rubi COLIN-ZARATE	FR	Clarke (Iowa)	32:55.24	4/13
4	17	Bree'Anna LEE	JR	William Penn (Iowa)	33:56.84	3/30
5	21	Jenessa CARPENTER	FR	Grand View (Iowa)	37:07.43	4/13
6	22	Kaitlyn CARNEY	SO	Grand View (Iowa)	37:41.70	4/13
7	23	Lauren THOME	SO	Mount Mercy (Iowa)	42:46.00	4/13

Women's 100 Meter Hurdles

1	14	Kamberlyn LAMER	JR	Dakota Wesleyan (S.)	14.51w (3.3)	4/6
2	18	Amara TAYLOR	SO	Grand View (Iowa)	14.65 (1.0)	4/19
2	18	Cali STEWART	JR	Hastings (Neb.)	14.65w (3.0)	4/5
4	29	MacKenzie KEUNE		Northwestern (Iowa)	14.94w (2.2)	4/12
5	32	Mackenzie GRUBBS	SO	Dickinson State (N.D.)	14.97 (0.0)	4/19
6	38	Dayris BONILLAS	SO	Hastings (Neb.)	15.08w (2.2)	4/19
7	44	Maddy YOUNGERS	JR	St. Ambrose (Iowa)	15.22w (3.5)	4/16
7	44	Lauren TAMAYO	FR	Hastings (Neb.)	15.22w (2.4)	4/5
9	46	Jada CARLSON	SO	Northwestern (Iowa)	15.30w (2.1)	4/19
10	47	Isabel HINDT	SO	Judson (Ill.)	15.31 (1.0)	4/16

Women's 400 Meter Hurdles

1	15	MacKenzie KEUNE		Northwestern (Iowa)	1:04.26	4/12
2	16	Anmarie STUIT		Dordt (Iowa)	1:04.49	4/12
3	24	Sarah LEWIS	FR	Concordia (Neb.)	1:05.43	4/19
4	38	Lexi PREISSLER	FR	Hastings (Neb.)	1:06.48	4/5
5	39	Dayris BONILLAS	SO	Hastings (Neb.)	1:06.54	4/19
6	40	Kennedy MOGUL	SO	Concordia (Neb.)	1:06.76	4/5
7	53	Mackenzie GRUBBS	SO	Dickinson State (N.D.)	1:07.37	4/19
8	56	Jamie NIKODYM	SR	Concordia (Neb.)	1:07.47	4/5
9	58	Aurora AREVALO	SR	Morningside (Iowa)	1:07.66	4/6
10	60	Amanda COOK	JR	Doane (Neb.)	1:07.79	4/19

Women's 4x100 Relay

1	10		Hastings (Neb.)	47.63	4/14
2	17		Olivet Nazarene (Ill.)	48.19	4/18
3	29		Viterbo (Wis.)	49.05	4/18
4	32		St. Ambrose (Iowa)	49.15	4/18
5	36		Doane (Neb.)	49.27	4/5
6	37		Concordia (Neb.)	49.28	4/5
7	39		Northwestern (Iowa)	49.31	4/19
8	42		York (Neb.)	49.39	4/5
9	50		Waldorf (Iowa)	49.64	4/6
10	52		Graceland (Iowa)	49.74	4/17

Women's 4x400 Relay

1	19		Olivet Nazarene (Ill.)	3:58.57	4/13
2	23		Doane (Neb.)	3:59.98	4/5
3	27		Dordt (Iowa)	4:02.34	4/12
4	28		Concordia (Neb.)	4:02.58	4/5
5	37		Hastings (Neb.)	4:06.97	4/5
6	39		York (Neb.)	4:07.00	4/19
7	49		St. Ambrose (Iowa)	4:11.20	4/6
8	51		Northwestern (Iowa)	4:11.31	4/12
9	52		Morningside (Iowa)	4:11.37	4/12
10	53		Mount Mercy (Iowa)	4:11.60	4/19

Women's 4x800 Relay

1	3		St. Francis (Ill.)	9:20.31	4/18
2	4		Northwestern (Iowa)	9:24.31	4/19
3	7		Dordt (Iowa)	9:27.63	4/19
4	10		Doane (Neb.)	9:33.67	4/19
5	11		Morningside (Iowa)	9:35.87	4/19
6	13		Concordia (Neb.)	9:44.75	4/13
7	17		St. Ambrose (Iowa)	9:53.36	4/13
8	18		York (Neb.)	9:57.56	4/19
9	22		Dakota State (S.D.)	10:11.60	4/19
10	24		Olivet Nazarene (Ill.)	10:13.79	4/18

Women's High Jump

1	1	Alexis DALE	JR	Doane (Neb.)	1.73m 5-8	4/19
1	1	Shay BROWN	SR	Doane (Neb.)	1.73m 5-8	4/12
3	4	Chantel KYLER	SR	Clarke (Iowa)	1.71m 5-7¼	4/16
4	5	Vashti NWAGBARAOCHA	SR	William Penn (Iowa)	1.70m 5-7	4/13
5	6	Lynette LATOCHA	FR	Olivet Nazarene (Ill.)	1.68m 5-6	4/13
5	6	Madelyn CLAUSEN	SO	Trinity Christian (Ill.)	1.68m 5-6	4/12
7	10	Mackenzie KOEPKE	FR	Concordia (Neb.)	1.67m 5-5¾	4/5
7	10	Brianna BOTTS	FR	Hastings (Neb.)	1.67m 5-5¾	4/19
7	10	Isabelle WATSON	SO	Doane (Neb.)	1.67m 5-5¾	4/12
7	10	Claire SINTEK	SR	Doane (Neb.)	1.67m 5-5¾	4/12
7	10	Sarah DE HAAN		Dordt (Iowa)	1.67m 5-5¾	4/12



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Midwest

Women's Pole Vault

1	1	Erin MAPSON	FR	Concordia (Neb.)	3.80m	12-5½	4/19
2	3	McKenzie GRAVO	JR	Concordia (Neb.)	3.70m	12-1½	4/5
3	7	Tristen MOSIER	JR	Concordia (Neb.)	3.60m	11-9¾	4/5
3	7	Courtney SCHINDLER	JR	Doane (Neb.)	3.60m	11-9¾	4/5
5	10	Josie PETERSON	SO	Hastings (Neb.)	3.50m	11-5¾	4/14
5	10	Abigail COLLINGHAM	JR	Hastings (Neb.)	3.50m	11-5¾	4/14
5	10	Suzanne GUERRERO	FR	Graceland (Iowa)	3.50m	11-5¾	4/20
5	10	Shariden VARNER	JR	Olivet Nazarene (Ill.)	3.50m	11-5¾	3/29
5	10	Alyssa DOWNS	SO	Doane (Neb.)	3.50m	11-5¾	4/12
5	10	Allison BROOKS	JR	Concordia (Neb.)	3.50m	11-5¾	4/13

Women's Long Jump

1	3	Kamberlyn LAMER	JR	Dakota Wesleyan (S.)	5.89m	19-4 (0.0)	4/6
2	4	Lexus LOVAN	SR	Graceland (Iowa)	5.88m	19-3½ (1.8)	4/13
3	7	Amazing ASHBY	FR	Lincoln (Ill.)	5.81m	19-¾ (-1.2)	4/6
4	9	Claire CORNELL	FR	Concordia (Neb.)	5.76m	18-10¾ (0.0)	4/5
5	11	Breanna JUDKINS	JR	Clarke (Iowa)	5.67m	18-7¼ (1.7)	4/13
6	15	Abby CAMP	FR	St. Ambrose (Iowa)	5.62m	18-5¼ (0.0)	4/13
6	15	Jaysa HOINS	SR	Doane (Neb.)	5.62m	18-5¼ (0.0)	4/5
8	17	Jamaica LOVAN	SR	Graceland (Iowa)	5.61mw	18-5 (2.4)	4/17
9	19	Jessica DETERDING	JR	Concordia (Neb.)	5.60m	18-4½ (1.3)	4/19
10	23	Taleah WILLIAMS	JR	Doane (Neb.)	5.59mw	18-4¼ (2.2)	4/5

Women's Triple Jump

1	2	Breanna JUDKINS	JR	Clarke (Iowa)	12.08m	39-7¾ (1.7)	4/16
2	9	Jaysa HOINS	SR	Doane (Neb.)	11.78m	38-7¾ (0.0)	4/5
2	9	Kamberlyn LAMER	JR	Dakota Wesleyan (S.)	11.78m	38-7¾ (0.0)	4/6
4	13	Julia JOHNSON	JR	Jamestown (N.D.)	11.67m	38-3½ (0.0)	4/19
5	17	Leah LARSON	SR	Concordia (Neb.)	11.60m	38-¾ (0.0)	4/13
6	18	Kristol VANTERPOOL	SR	Graceland (Iowa)	11.55m	37-10¾ (1.8)	4/17
7	21	Carmen DEVRIES	FR	Jamestown (N.D.)	11.49m	37-8½ (0.0)	4/19
8	25	Alex LAMBROS	SR	Saint Xavier (Ill.)	11.40m	37-5 (1.8)	4/6
9	32	Alea SHANER	SO	Doane (Neb.)	11.32m	37-1¾ (0.0)	4/5
10	37	Abby CAMP	FR	St. Ambrose (Iowa)	11.27m	36-11¾ (0.0)	4/13

Women's Shot Put

1	1	Kate GRINT	JR	Doane (Neb.)	14.90m	48-10¾	4/5
2	2	Samantha LIERMANN	SR	Concordia (Neb.)	14.89m	48-10¼	4/19
3	4	Kylie DAVIS	SR	Olivet Nazarene (Ill.)	14.76m	48-5¼	4/13
4	8	Mikaela STOFFERAHN	JR	Dakota Wesleyan (S.)	13.80m	45-3½	4/6
5	9	Eboni NASH	SR	Hastings (Neb.)	13.72m	45-¼	4/5
6	14	Johanna RAGLAND	SR	Concordia (Neb.)	13.34m	43-9¼	4/19
7	17	Adrianna SHAW	JR	Concordia (Neb.)	13.15m	43-1¾	4/5
8	18	Kelbie LYON	SR	Hastings (Neb.)	13.04m	42-9½	4/5
9	20	Jodi FRY	SO	Concordia (Neb.)	12.94m	42-5½	3/31
10	21	Bri ECKERBERG	JR	York (Neb.)	12.92m	42-4¾	3/31

Women's Discus

1	1	Keely PARISH	SR	Hastings (Neb.)	48.04m	157-8	4/19
2	2	Adrianna SHAW	JR	Concordia (Neb.)	47.16m	154-9	4/5
3	3	Kate GRINT	JR	Doane (Neb.)	47.03m	154-4	4/5
4	4	Mikaela STOFFERAHN	JR	Dakota Wesleyan (S.)	46.07m	151-2	4/6
5	5	Traia HUBBARD	SO	Dakota State (S.D.)	45.49m	149-3	4/19
6	6	Kylie DAVIS	SR	Olivet Nazarene (Ill.)	45.19m	148-3	3/23
7	7	Bethany SHAW	JR	Concordia (Neb.)	44.87m	147-3	4/19
8	8	Carley WEISSER	SR	Concordia (Neb.)	44.04m	144-6	4/19
9	9	Mackenzie HUBER	JR	Valley City State (N.)	43.37m	142-4	4/19
10	10	Morgan DE JONG	SO	Concordia (Neb.)	43.15m	141-7	4/19

Women's Hammer

1	1	Adrianna SHAW	JR	Concordia (Neb.)	55.88m	183-4	4/5
2	2	Brittany BODNAR	JR	St. Francis (Ill.)	54.96m	180-4	4/6
3	4	Michelle CARRILLO	JR	Grand View (Iowa)	54.89m	180-1	4/19
4	5	Keely PARISH	SR	Hastings (Neb.)	54.84m	179-11	4/5
5	6	Samantha LIERMANN	SR	Concordia (Neb.)	54.21m	177-10	4/5
6	7	Kelbie LYON	SR	Hastings (Neb.)	53.31m	174-11	4/14
7	8	Kate GRINT	JR	Doane (Neb.)	52.05m	170-9	4/5
8	9	Eboni NASH	SR	Hastings (Neb.)	51.49m	168-11	4/14
9	11	Johanna RAGLAND	SR	Concordia (Neb.)	50.37m	165-3	4/17
10	13	Jezri RINEHART	SR	Olivet Nazarene (Ill.)	50.12m	164-5	4/13

Women's Javelin

1	1	Kati KNEIFL	SR	Morningside (Iowa)	47.10m	154-7	4/19
2	5	Kamberlyn LAMER	JR	Dakota Wesleyan (S.)	42.30m	138-10	4/19
3	8	Maitlyn THOMSEN	SR	Doane (Neb.)	41.40m	135-10	4/19
4	10	Tiersa DARLEY	SO	Hastings (Neb.)	41.20m	135-2	4/19
5	12	Jasmine EICKHOFF	SR	Concordia (Neb.)	40.88m	134-2	4/19
6	19	Katie DRAKE	SR	Doane (Neb.)	38.98m	127-11	4/19
7	23	Alyssa WISHER	SO	Dickinson State (N.D.)	38.48m	126-3	3/22
8	27	Josie GLASER	FR	Jamestown (N.D.)	37.94m	124-6	4/6
9	28	Peyton HALVERSON	SO	Valley City State (N.)	37.89m	124-4	4/6
10	32	Lauren REILLY	FR	Doane (Neb.)	37.67m	123-7	4/12

Women's Heptathlon

1	1	Kamberlyn LAMER	JR	Dakota Wesleyan (S.)	5,001		4/19
2	3	Jessica DETERDING	JR	Concordia (Neb.)	4,707		4/19
3	4	Maitlyn THOMSEN	SR	Doane (Neb.)	4,645		4/19
4	7	Aurora AREVALO	SR	Morningside (Iowa)	4,562		4/19
5	14	Rachel GADIENT	JR	Mount Mercy (Iowa)	4,335		4/5
6	15	Cali STEWART	JR	Hastings (Neb.)	4,301		4/19
7	18	Lauren TAMAYO	FR	Hastings (Neb.)	4,236		4/19
8	19	Kennedy MOGUL	SO	Concordia (Neb.)	4,172		4/19
9	22	Emily LOY	SO	Concordia (Neb.)	4,100		4/19
10	23	Claire CORNELL	FR	Concordia (Neb.)	4,048		4/19



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South

Women's 100 Meters

1	1	Aniekeme ETIM	JR	William Carey (Miss.)	11.38	(0.3)	4/19
2	3	Kimone HINDS	SO	Southern-New Orlea	11.65	(1.3)	4/5
3	7	Monique SPENCER	SO	Southern-New Orlea	11.86	(1.3)	4/5
4	8	Shalysa WRAY	FR	Xavier (La.)	11.87w	(3.8)	4/6
5	15	Alexis MILTON	SR	Xavier (La.)	11.94w	(3.8)	4/6
6	17	Brittany JONES	SO	William Carey (Miss.)	11.97w	(2.2)	3/30
7	20	Kerry Ann SCOTT	SO	Southern-New Orlea	12.08	(0.0)	4/17
8	21	Ariel FORD	FR	Xavier (La.)	12.09w	(3.8)	4/6
8	21	Zyshai BROWN	SO	Edward Waters (Fla.)	12.09	(0.0)	4/17
10	23	Amber BELL	FR	Columbia (S.C.)	12.10w	(2.8)	3/23

Women's 200 Meters

1	2	Aniekeme ETIM	JR	William Carey (Miss.)	23.65w	(2.7)	4/19
2	3	Kadeja CAMPBELL	FR	Southern-New Orlea	24.11	(0.0)	4/17
3	4	Shalysa WRAY	FR	Xavier (La.)	24.15	(0.0)	4/17
4	9	Namiah SIMPSON	FR	Southeastern (Fla.)	24.49w	(2.8)	3/29
5	15	Argyana BOLTON	JR	Southern-New Orlea	24.65	(1.4)	4/5
6	19	Faith CALLOWAY	SR	USC Beaufort (S.C.)	24.78w	(2.9)	4/20
7	20	Ariel FORD	FR	Xavier (La.)	24.79	(0.0)	4/17
8	24	Amber BELL	FR	Columbia (S.C.)	25.00w	(2.9)	4/20
9	25	Tamia FRANCIS	FR	Brenau (Ga.)	25.04	(1.7)	3/22
10	28	Alexis MILTON	SR	Xavier (La.)	25.15	(-0.2)	3/30

Women's 400 Meters

1	1	Stacey Ann WILLIAMS	FR	Southern-New Orlea	52.74		4/20
2	3	Kimona SMIKLE	SR	Southern-New Orlea	55.15		3/30
3	4	Shalysa WRAY	FR	Xavier (La.)	55.24		4/17
4	5	Jezelle SHAW	FR	Southern-New Orlea	55.33		4/17
5	6	Argyana BOLTON	JR	Southern-New Orlea	55.55		3/30
6	7	Namiah SIMPSON	FR	Southeastern (Fla.)	55.87		3/22
7	8	Xuxa PEART	SO	Southern-New Orlea	56.60		4/17
8	11	Courtney GALES	FR	Southeastern (Fla.)	56.84		4/19
9	13	Ariel FORD	FR	Xavier (La.)	56.96		3/2
10	15	O'shalia JOHNSON	FR	Southern-New Orlea	57.07		4/20

Women's 800 Meters

1	4	Emily KEARNEY	JR	SCAD Atlanta (Ga.)	2:11.89		3/22
2	12	Jezelle SHAW	FR	Southern-New Orlea	2:14.77		3/30
3	24	Lauren GLENCROSS	SR	Columbia (S.C.)	2:17.31		4/12
4	28	Jaden RUSSELL	JR	William Carey (Miss.)	2:17.52		3/22
5	47	Erica STONE	JR	Milligan (Tenn.)	2:19.68		3/29
6	55	Tristin SANDERS	JR	Loyola (La.)	2:20.43		4/19
7	59	Elizabeth SKIPPER	SR	Life (Ga.)	2:20.91		3/22
8	68	Bekah OWEN	FR	Milligan (Tenn.)	2:21.40		3/29
9	73	Arrrielle EDWARDS	FR	St. Thomas (Fla.)	2:21.80		3/15
10	84	Sarah WELCH	FR	Bryan (Tenn.)	2:22.31		3/29

Women's 1500 Meters

1	2	Emily KEARNEY	JR	SCAD Atlanta (Ga.)	4:24.45		3/29
2	10	Susana GUTIERREZ	JR	St. Thomas (Fla.)	4:38.97		3/23
3	16	Lesly MARCIN	SO	St. Thomas (Fla.)	4:40.24		3/23
4	22	Andrea PETERSON	JR	St. Thomas (Fla.)	4:42.07		3/23
5	24	Lemi WUTZ	SO	SCAD Savannah (Ga.)	4:43.64		3/2
6	29	Sandra PFLUGHOFT	FR	SCAD Atlanta (Ga.)	4:44.92		3/29
7	47	Erica STONE	JR	Milligan (Tenn.)	4:48.48		4/4
8	61	Julia ROHM	FR	Southeastern (Fla.)	4:51.35		3/22
9	66	Lydia WILSON	JR	Montreat (N.C.)	4:51.60		3/29
10	71	Katie CLARKE	SO	SCAD Atlanta (Ga.)	4:52.82		3/29

Women's Steeplechase

1	7	Lemi WUTZ	SO	SCAD Savannah (Ga.)	11:13.62		3/29
2	15	Gabrielle MARDIS	FR	Milligan (Tenn.)	11:22.78		4/4
3	19	Ivie NOBLES	JR	Truett-McConnell (G	11:24.73		4/12
4	22	Andrea PETERSON	JR	St. Thomas (Fla.)	11:29.63		3/23
5	32	Maddie MULLEN	SR	SCAD Atlanta (Ga.)	11:47.39		4/19
6	40	Rachel GALLISON	JR	Tennessee Wesleyan	12:10.04		4/6
7	45	Christine SNUFFER	FR	Columbia Internatio	12:20.61		4/20
8	53	Abigail GAWTHORP	JR	Cumberland (Tenn.)	12:29.74		4/12
9	57	Elizabeth SKIPPER	SR	Life (Ga.)	12:32.85		3/29
10	59	Ana Karen PADILLA	JR	Dalton State (Ga.)	12:33.44		4/19

Women's 5000 Meters

1	2	Emily KEARNEY	JR	SCAD Atlanta (Ga.)	16:32.35		4/19
2	11	Sandra PFLUGHOFT	FR	SCAD Atlanta (Ga.)	17:18.42		4/19
3	14	Jessy SCARPONE	SR	SCAD Savannah (Ga.)	17:24.99		4/19
4	16	Lemi WUTZ	SO	SCAD Savannah (Ga.)	17:33.83		4/19
5	19	Julia ROHM	FR	Southeastern (Fla.)	17:41.22		3/22
6	21	Lydia WILSON	JR	Montreat (N.C.)	17:43.27		4/4
7	22	Katie CLARKE	SO	SCAD Atlanta (Ga.)	17:43.62		4/19
8	36	Amy FERGUSON	SO	Milligan (Tenn.)	18:04.49		4/4
9	43	Avery DEWOLF	FR	Milligan (Tenn.)	18:15.08		4/4
10	54	Sarah BOMKAMP	JR	St. Thomas (Fla.)	18:28.75		3/1

Women's 10,000 Meters

1	2	Emily KEARNEY	JR	SCAD Atlanta (Ga.)	35:39.16		4/12
2	5	Jessy SCARPONE	SR	SCAD Savannah (Ga.)	36:14.46		3/29
3	12	Sarah BOMKAMP	JR	St. Thomas (Fla.)	37:24.33		3/23
4	42	Susana GUTIERREZ	JR	St. Thomas (Fla.)	39:42.37		3/23
5	53	Kalie DEMERJIAN	SR	SCAD Atlanta (Ga.)	39:59.07		3/22
6	54	Maddie MULLEN	SR	SCAD Atlanta (Ga.)	39:59.21		3/22
7	61	Raeanna PABON	SO	Southeastern (Fla.)	40:31.44		3/22
8	62	Makenzie JOHNSON	FR	Southeastern (Fla.)	40:32.31		3/22
9	65	Andrea PETERSON	JR	St. Thomas (Fla.)	40:35.26		3/23
10	72	Riley KILIAN	JR	Cumberland (Tenn.)	41:08.60		4/5



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South

Women's Marathon

1	5	Lydia WILSON	Montreat (N.C.)	4:14:03	12/8
1	2	Kalie DEMERJIAN	SR SCAD Atlanta (Ga.)	4:27:36	4/5
2	3	Maddie MULLEN	SR SCAD Atlanta (Ga.)	4:30:36	4/5
2	22	Riley KILIAN	JR Cumberland (Tenn.)	4:25:27	2/23
3	35	Sarah BOMKAMP	JR St. Thomas (Fla.)	4:28:36	2/2
4	41	Andi WHEELER	FR William Carey (Miss.)	4:29:39	2/10
5	45	Susana GUTIERREZ	JR St. Thomas (Fla.)	4:32:33	2/2
6	51	Stephanie COFFEY	SR Milligan (Tenn.)	4:38:03	2/2
7	55	Kristin KUMBERA	SO Milligan (Tenn.)	5:27:00	2/2

Women's 5000m Race Walk

1	11	Shelby WINN	FR Columbia (S.C.)	30:32.22	3/29
2	20	Brittany ROBBINS	SO Columbia (S.C.)	35:47.54	3/29

Women's 100 Meter Hurdles

1	1	Sasha NEWMAN	SR Southern-New Orlea	14.14	(0.0)	4/17
2	24	Kelsey WHITE-KENNEDY	SO Columbia (S.C.)	14.84	(0.8)	3/23
3	42	Terese LUJUA	SO William Carey (Miss.)	15.21	(0.9)	4/19
4	55	Jaslyn JOSEPH	SR USC Beaufort (S.C.)	15.41	(1.2)	4/5
5	61	Dasia STEVENS	FR Edward Waters (Fla.)	15.51	(1.6)	4/5
6	66	Camille SIMS	FR Edward Waters (Fla.)	15.54	(0.0)	4/17
7	73	Mackenzie INMAN	SO Keiser (Fla.)	15.70	(0.2)	3/22
8	75	Jalicia NEIL	JR Tennessee Wesleyan	15.74	(0.0)	4/6
9	85	Raven DAVIS	SR Xavier (La.)	15.95w	(3.0)	4/6
10	93	Kanyisola ANJORIN	SO Brenau (Ga.)	16.06	(1.0)	4/5

Women's 400 Meter Hurdles

1	1	Kimona SMIKLE	SR Southern-New Orlea	59.93	4/5
2	2	Namiah SIMPSON	FR Southeastern (Fla.)	1:01.11	4/12
3	4	Sasha NEWMAN	SR Southern-New Orlea	1:01.32	3/30
4	13	Shantae GREEN	SR Southern-New Orlea	1:03.30	4/20
5	17	Kierra FRAZIER	SO William Carey (Miss.)	1:04.70	4/19
6	42	Sennia CORBIN	SO William Carey (Miss.)	1:06.92	4/5
7	45	Dasia SHEPHERD	FR Brewton-Parker (Ga.)	1:07.12	3/22
8	48	Raven RILEY	FR Xavier (La.)	1:07.16	4/6
9	74	Ayana DANIELS	SR Brenau (Ga.)	1:08.93	3/29
10	92	Kristen ISABELLE	SR Warner (Fla.)	1:09.79	3/22

Women's 4x100 Relay

1	1	William Carey (Miss.)	45.92	4/5
2	2	Southern-New Orlea	46.19	4/17
3	5	Xavier (La.)	46.23	3/2
4	7	Tennessee Wesleyan	47.04	3/22
5	9	Brenau (Ga.)	47.61	4/5
6	14	Webber Internationa	48.02	3/29
7	16	Southeastern (Fla.)	48.12	3/8
8	23	Columbia (S.C.)	48.56	3/23
9	25	USC Beaufort (S.C.)	48.83	3/23
10	27	Edward Waters (Fla.)	48.96	3/9

Women's 4x400 Relay

1	2	Xavier (La.)	3:53.20	3/2
2	3	Southeastern (Fla.)	3:54.23	3/22
3	4	Southern-New Orlea	3:54.24	4/17
4	9	William Carey (Miss.)	3:56.48	3/30
5	18	Tennessee Wesleyan	3:58.38	4/12
6	31	St. Thomas (Fla.)	4:03.97	3/1
7	32	Florida Memorial	4:04.41	4/12
8	36	Truett-McConnell (G	4:06.73	4/12
9	41	Mobile (Ala.)	4:08.25	4/19
10	43	Webber Internationa	4:09.73	3/29

Women's 4x800 Relay

1	12	Milligan (Tenn.)	9:38.74	3/29
2	21	Tennessee Wesleyan	10:05.46	3/22
3	23	William Carey (Miss.)	10:11.98	3/22
4	33	Blue Mountain (Miss.	10:28.53	3/15
5	34	Montreat (N.C.)	10:31.93	3/29
6	48	Dalton State (Ga.)	11:17.68	3/29
7	50	Bethel (Tenn.)	11:32.04	4/19
8	53	Xavier (La.)	12:02.72	4/17
9	56	Edward Waters (Fla.)	12:24.97	4/17

Women's High Jump

1	18	Jalicia NEIL	JR Tennessee Wesleyan	1.65m	5-5	4/6
2	21	Angel PETERSON	SO Mobile (Ala.)	1.64m	5-4½	3/15
2	21	Raven THOMPSON	FR William Carey (Miss.)	1.64m	5-4½	4/19
4	36	Brittany HOUSE	JR Webber Internationa	1.60m	5-3	4/13
4	36	Tyleeah MADDOX	FR Brenau (Ga.)	1.60m	5-3	3/29
6	42	Brittany JONES	SO William Carey (Miss.)	1.59m	5-2½	4/19
7	51	Amara EDWARDS	JR Dillard (La.)	1.58m	5-2¼	4/17
8	64	Erica CHRISTENSEN	SO Keiser (Fla.)	1.56m	5-1¼	3/9
8	64	Davia CHIN	JR Edward Waters (Fla.)	1.56m	5-1¼	3/9
10	69	Brianna BUCK	JR Milligan (Tenn.)	1.55m	5-1	3/15
10	69	Ally MCNULTY	SR Tennessee Wesleyan	1.55m	5-1	4/6

Women's Pole Vault

1	42	Katie COLENDIA	JR Montreat (N.C.)	3.15m	10-4	4/6
2	50	Ayana DANIELS	SR Brenau (Ga.)	3.07m	10-¾	3/22
3	90	Haley GILL	SR Brenau (Ga.)	2.65m	8-8¼	4/5
4	###	Cecilia TERRACINA	SO Loyola (La.)	2.47m	8-1¼	3/22
5	###	Madison OBARSKY	FR Reinhardt (Ga.)	2.45m	8-½	4/19
6	###	Makayla HICKMON	SR Edward Waters (Fla.)	2.43m	7-11½	3/30
7	###	Aleah HALTIWANGER	SR Columbia (S.C.)	2.36m	7-8¾	3/23
8	###	Cassidi JONES	FR Brenau (Ga.)	2.32m	7-7¼	3/22
9	###	Olivia GEISEL	USC Beaufort (S.C.)	2.30m	7-6½	3/2
9	###	Katelyn SHINDLER	USC Beaufort (S.C.)	2.30m	7-6½	3/2



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South

Women's Long Jump

1	2	Brittany JONES	SO William Carey (Miss.)	5.97m	19-7 (0.8)	4/5
2	11	Zyshai BROWN	SO Edward Waters (Fla.)	5.67mw	18-7¼ (2.3)	4/5
2	11	Bria SANDS	JR Life (Ga.)	5.67m	18-7¼ (0.2)	4/12
4	27	Talayla DAVIS	FR William Carey (Miss.)	5.57m	18-3¼ (0.6)	4/5
5	41	J'nai TAYLOR	FR Webber Internationa	5.48mw	17-11¾ (3.2)	3/15
6	57	Akia ARMSTRONG	SR Dillard (La.)	5.38m	17-8 (1.5)	3/22
6	57	Iyana MCKEEVER	JR USC Beaufort (S.C.)	5.38m	17-8 (-1.0)	3/29
8	62	Tamia FRANCIS	FR Brenau (Ga.)	5.37m	17-7½ (0.4)	4/5
9	66	Shatrice DIXON	FR Brenau (Ga.)	5.35m	17-6¾ (0.2)	4/5
10	68	Chelsea KENDALL	JR Mobile (Ala.)	5.34m	17-6¼ (1.7)	3/15

Women's Triple Jump

1	4	Brittany JONES	SO William Carey (Miss.)	11.92m	39-1¼ (-0.2)	4/19
2	7	Nekeima OBIKE	SO Florida Memorial	11.86mw	38-11 (2.8)	4/12
3	16	Shekinah WHITE	FR Edward Waters (Fla.)	11.63m	38-2 (1.1)	4/5
4	20	Bria SANDS	JR Life (Ga.)	11.51m	37-9¼ (-0.5)	4/12
5	21	Tiara TAYLOR	FR Edward Waters (Fla.)	11.49m	37-8½ (-2.5)	4/5
6	25	Miyah FORD	FR Southeastern (Fla.)	11.40mw	37-5 (6.6)	4/19
7	40	Arrrielle EDWARDS	FR St. Thomas (Fla.)	11.23m	36-10¼ (0.0)	3/12
8	41	Jaslyn JOSEPH	SR USC Beaufort (S.C.)	11.22m	36-9¾ (1.8)	4/5
9	49	Deniyah DOWNS	FR Dillard (La.)	11.08mw	36-4¼ (3.0)	4/6
10	62	Talayla DAVIS	FR William Carey (Miss.)	10.88m	35-8½ (0.8)	3/30

Women's Shot Put

1	15	Elizabeth MALLER	SR Milligan (Tenn.)	13.29m	43-7¼	4/12
2	33	Kalea BARNETT	JR Cumberland (Tenn.)	12.46m	40-10½	4/5
3	58	Dekoya HODGE	SO St. Thomas (Fla.)	12.12m	39-9¼	3/23
3	58	Toynell MING	FR St. Thomas (Fla.)	12.12m	39-9¼	3/23
5	64	Thalia JACKSON	FR Webber Internationa	12.00m	39-4½	4/13
6	65	Seauanna WATSON	FR Dillard (La.)	11.98m	39-3¾	3/9
6	65	Cameron MIMS	SO Brenau (Ga.)	11.98m	39-3¾	4/5
8	75	Britany BROWN	FR Columbia Internatio	11.82m	38-9½	3/23
9	79	Lachen TERRELL	JR William Carey (Miss.)	11.74m	38-6¼	3/22
10	85	Aleah BROMELL	FR Columbia (S.C.)	11.65m	38-2¾	3/15

Women's Discus

1	29	Princess NWANKWO	FR Southeastern (Fla.)	40.36m	132-5	4/19
2	36	Elizabeth MALLER	SR Milligan (Tenn.)	39.86m	130-9	3/29
3	40	Elyssa PAULDING	FR Mobile (Ala.)	39.36m	129-2	4/5
4	45	Zaldo MELISSA	SO St. Thomas (Fla.)	39.05m	128-2	3/23
5	64	Taylor HAGINS	SR Loyola (La.)	37.75m	123-10	4/19
6	66	Dekoya HODGE	SO St. Thomas (Fla.)	37.64m	123-6	3/15
7	69	Toynell MING	FR St. Thomas (Fla.)	37.46m	122-11	3/23
8	78	Britany BROWN	FR Columbia Internatio	37.14m	121-10	3/29
9	79	Calah WILLIAMS	JR Xavier (La.)	37.12m	121-10	4/17
10	86	Dajha HARPER	JR Mobile (Ala.)	36.82m	120-10	3/15

Women's Hammer

1	10	Elizabeth MALLER	SR Milligan (Tenn.)	50.48m	165-8	4/12
2	60	Taylor HAGINS	SR Loyola (La.)	43.76m	143-7	4/19
3	78	LaKirstan HOOKS	JR Mobile (Ala.)	42.32m	138-10	4/19
4	###	Kalea BARNETT	JR Cumberland (Tenn.)	40.65m	133-5	4/5
5	###	Briana SHABLOM	FR USC Beaufort (S.C.)	39.57m	129-10	4/5
6	###	Courtnie PERRY	SO Webber Internationa	38.38m	125-11	3/22
7	###	Cameron MIMS	SO Brenau (Ga.)	37.34m	122-6	3/22
8	###	Mahogany HUDDLESTON	SO Cumberland (Tenn.)	37.12m	121-10	4/5
9	###	Danielle ALBRIGHT	SO Life (Ga.)	36.87m	121-0	3/22
10	###	Keyvyn STINYARD	FR Southeastern (Fla.)	36.81m	120-9	4/12

Women's Javelin

1	25	Chrislyn WHALEY	JR Mobile (Ala.)	38.15m	125-2	3/29
2	36	Makayla HICKMON	SR Edward Waters (Fla.)	37.24m	122-2	4/5
3	48	Sarah RUCK	SR Brewton-Parker (Ga.)	35.72m	117-2	4/5
4	52	Laura BORDERS	FR Webber Internationa	35.65m	117-0	4/13
5	79	Savannah VIGOR	FR Mobile (Ala.)	33.31m	109-4	4/19
6	85	Shannon HESTER	SR Loyola (La.)	32.94m	108-1	4/19
7	88	Tamia SCOTT	JR Xavier (La.)	32.71m	107-4	4/17
8	94	Michelle TIERNEY	FR Southeastern (Fla.)	32.32m	106-1	4/19
9	###	Keyvyn STINYARD	FR Southeastern (Fla.)	31.61m	103-9	4/19
10	###	Abbi UNNIS	FR Webber Internationa	30.94m	101-6	4/13

Women's Heptathlon

1	33	Jaslyn JOSEPH	SR USC Beaufort (S.C.)	3,772		4/5
2	40	Michelle TIERNEY	FR Southeastern (Fla.)	3,616		3/22
3	45	Ayana DANIELS	SR Brenau (Ga.)	3,459		3/22
4	46	Kanyisola ANJORIN	SO Brenau (Ga.)	3,445		4/5
5	57	Paulette WIMBERLY	SO USC Beaufort (S.C.)	2,959		4/5
6	61	Linnea ABERG	SO USC Beaufort (S.C.)	2,876		4/5
7	63	Heather WOOLARD	FR Columbia (S.C.)	2,663		3/14
8	65	Courtney SHERRY	JR USC Beaufort (S.C.)	2,570		4/5
9	66	Gloria CLARK	SR Brenau (Ga.)	2,360		4/5
10	69	Janiya BRYANT	SO Brenau (Ga.)	1,942		3/22



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South Central

Women's 100 Meters

1	2	Devin JOHNSON	SR	Wayland Baptist (Te	11.48c	(11.45A) (2.	4/20
2	4	Cheyenne HILL-JOHNSON	SO	Wayland Baptist (Te	11.68cw	(11.65A) (3.	4/5
3	5	Imani HUTCHINSON	JR	Park (Mo.)	11.77w	(3.0)	4/13
4	10	Nikole HALLADAY-METH	FR	Oklahoma City	11.89w	(2.7)	4/5
5	13	Dazjah WHEELER	FR	Texas College	11.91	(0.0)	4/18
6	14	Amy BRAIMBRIDGE	JR	McPherson (Kan.)	11.92	(0.0)	4/13
7	18	Brandy SMITH	SO	Central Christian (Ka	12.02	(0.0)	4/20
8	19	Adia VAUGHN	SO	Ottawa (Kan.)	12.04w	(2.8)	4/17
9	38	Jayda COOPER	SO	Saint Mary (Kan.)	12.21	(0.0)	4/20
10	44	Jennifer ANDRES	SO	Bethel (Kan.)	12.24w	(2.9)	3/23
10	44	Alyssa MEEKS	FR	Baker (Kan.)	12.24	(0.0)	4/20

Women's 200 Meters

1	1	Devin JOHNSON	SR	Wayland Baptist (Te	23.63cw	(23.56A) (5.	3/22
2	5	Amy BRAIMBRIDGE	JR	McPherson (Kan.)	24.16	(0.0)	4/20
3	6	Cheyenne HILL-JOHNSON	SO	Wayland Baptist (Te	24.32cw	(24.25A) (2.	4/20
4	10	Nikole HALLADAY-METH	FR	Oklahoma City	24.54w	(4.0)	4/17
5	12	Dazjah WHEELER	FR	Texas College	24.57	(0.0)	4/18
6	18	Brandy SMITH	SO	Central Christian (Ka	24.76	(0.0)	4/20
7	22	Imani HUTCHINSON	JR	Park (Mo.)	24.92	(0.0)	3/22
8	23	Myah YODER	FR	Baker (Kan.)	24.99	(0.0)	4/20
9	26	Adia VAUGHN	SO	Ottawa (Kan.)	25.05w	(3.9)	4/17
10	27	Jennifer ANDRES	SO	Bethel (Kan.)	25.11	(0.0)	4/20

Women's 400 Meters

1	2	Amy BRAIMBRIDGE	JR	McPherson (Kan.)	55.09		4/5
2	26	Genevieve RIVERA	SO	McPherson (Kan.)	57.56		4/5
3	28	Pearl MORGAN	JR	Central Methodist (M	57.60		4/19
4	31	Ardeen WALKER	JR	MidAmerica Nazaren	57.73		4/19
5	32	Danielle DAVID	SR	Wiley (Texas)	57.80		4/12
6	38	Adia VAUGHN	SO	Ottawa (Kan.)	58.28		4/6
7	46	Kaycee MAYFIELD	JR	Baker (Kan.)	58.86		4/6
8	49	Talia RAWLS	FR	Benedictine (Kan.)	59.07		4/19
9	52	Areka HANSON	SR	Park (Mo.)	59.15		3/16
10	54	Myan ELRINGTON	JR	Baker (Kan.)	59.22		4/6

Women's 800 Meters

1	6	Teresha JACOBS	JR	Wayland Baptist (Te	2:12.77c	(2:13.22A)	4/5
2	7	Kelly BROWN	JR	MidAmerica Nazaren	2:13.05		4/19
3	10	Tenka STRINGER	JR	Avila (Mo.)	2:14.11		4/19
4	15	Sheridan HOYER	SR	Oklahoma City	2:15.49		4/5
5	17	Tiffany CANO	SR	Wayland Baptist (Te	2:15.66c	(2:16.12A)	4/12
6	18	Elizabeth WILLIAMS	JR	Wayland Baptist (Te	2:15.88c	(2:16.34A)	4/5
7	22	Kara GRANT	FR	Wiley (Texas)	2:16.83		4/12
8	30	Shelby HUNDLEY	SR	Friends (Kan.)	2:17.96		4/10
9	31	Jackline CHERONO	SO	Wayland Baptist (Te	2:18.02c	(2:18.48A)	4/5
10	43	Taylor QUIRING	FR	Tabor (Kan.)	2:19.08		4/20

Women's 1500 Meters

1	17	Lorena MORENO	SR	Saint Mary (Kan.)	4:40.86		4/10
2	18	Jackline CHERONO	SO	Wayland Baptist (Te	4:40.92		3/28
3	30	Teresha JACOBS	JR	Wayland Baptist (Te	4:45.17c	(4:49.22A)	4/5
4	35	Kaitlyn SHOEMAKER	JR	Saint Mary (Kan.)	4:46.21		3/22
5	40	Sheridan HOYER	SR	Oklahoma City	4:46.97		4/10
6	41	Aminat OLOWORA	SR	Oklahoma City	4:47.36		3/29
7	43	Emily BAYER	FR	Missouri Baptist	4:47.57		4/6
8	45	Melanie COZZI	SO	Benedictine (Kan.)	4:47.97		4/17
9	49	Natalie DRYDEN	FR	Oklahoma City	4:49.02		4/17
10	62	Taylor WILLIAMS	JR	Wayland Baptist (Te	4:51.38c	(4:54.90A)	3/22

Women's Steeplechase

1	2	Teresha JACOBS	JR	Wayland Baptist (Te	11:06.29		3/28
2	8	Kari BLATTNER	SR	Southwestern (Kan.)	11:14.18		4/17
3	16	Rebecca STARRETT	SR	Missouri Baptist	11:23.20		4/6
4	23	Nicole BALLARD	SO	Friends (Kan.)	11:30.37		4/17
5	25	Julie LOEWEN	SR	Tabor (Kan.)	11:35.50		4/20
6	30	Rachel WHITE	SR	MidAmerica Nazaren	11:43.25		3/22
7	33	Christa FOLLETTE	SR	Friends (Kan.)	11:56.01		4/20
8	37	Kathleen JOYCE	JR	Benedictine (Kan.)	12:06.10		4/19
9	58	Shelby STOUFFER	JR	Saint Mary (Kan.)	12:33.22		4/10
10	60	Erin FLOYD	SO	Southwestern (Kan.)	12:34.73		4/5

Women's 5000 Meters

1	1	Aminat OLOWORA	SR	Oklahoma City	15:48.48		4/18
2	17	Lorena MORENO	SR	Saint Mary (Kan.)	17:35.69		4/17
3	18	Jackline CHERONO	SO	Wayland Baptist (Te	17:40.35		3/27
4	26	Natalie DRYDEN	FR	Oklahoma City	17:48.76		4/10
5	27	Kaitlyn SHOEMAKER	JR	Saint Mary (Kan.)	17:49.05		4/17
6	41	Pia VON KEUTZ	FR	Columbia (Mo.)	18:14.19		4/10
7	42	Jackline JEMELI	JR	Wayland Baptist (Te	18:14.43		3/28
8	48	Brittany WHITE-DOLD	JR	Saint Mary (Kan.)	18:25.77		4/17
9	53	Rachel WHITE	SR	MidAmerica Nazaren	18:28.24		4/19
10	69	Kendra ALSUP	FR	MidAmerica Nazaren	18:38.54		4/19

Women's 10,000 Meters

1	1	Aminat OLOWORA	SR	Oklahoma City	33:33.33		4/5
2	8	Kaitlyn SHOEMAKER	JR	Saint Mary (Kan.)	37:08.02		3/29
3	9	Jackline JEMELI	JR	Wayland Baptist (Te	37:12.65c	(37:57.10A)	4/12
4	17	Pia VON KEUTZ	FR	Columbia (Mo.)	38:00.62		3/29
5	21	Brittany WHITE-DOLD	JR	Saint Mary (Kan.)	38:12.03		3/28
6	34	Lila DREVES	JR	MidAmerica Nazaren	39:21.17		4/13
7	35	Rachel WHITE	SR	MidAmerica Nazaren	39:22.30		4/13
8	37	Kassidy WILLIAMS	SR	Oklahoma City	39:29.25		4/17
9	44	Lexi INSCHO	SO	Southwestern (Kan.)	39:44.15		4/5
10	46	Emily KEMLING	JR	Tabor (Kan.)	39:48.39		4/10



Regional TFRI Event Summary

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South Central

Women's Marathon

1	1	Kaitlyn SHOEMAKER	JR	Saint Mary (Kan.)	4:11:39	12/8
2	2	Rachel WHITE	SR	MidAmerica Nazaren	4:12:06	12/8
3	3	Lila DREVES	JR	MidAmerica Nazaren	4:12:33	12/8
4	8	Breanna BARNEY	SR	MidAmerica Nazaren	4:16:30	12/8
5	10	Michaela WERNER	SR	Oklahoma City	4:20:06	3/9
6	11	Brittany WHITE-DOLD	JR	Saint Mary (Kan.)	4:20:30	12/8
7	12	Pia VON KEUTZ	FR	Columbia (Mo.)	4:21:49	3/22
8	13	Julie LOEWEN	SR	Tabor (Kan.)	4:22:40	12/8
9	14	Kaylee SHANLEY	SR	MidAmerica Nazaren	4:23:54	12/8
10	19	Lorena MORENO	SR	Saint Mary (Kan.)	4:24:51	12/8

Women's 5000m Race Walk

1	3	Kayla ALLEN	SO	Friends (Kan.)	26:50.01	3/30
2	5	Lila DREVES	JR	MidAmerica Nazaren	26:59.39	3/30
3	12	Mikayla KAMBEITZ	FR	MidAmerica Nazaren	31:06.59	3/30
4	15	Moirra BURGESS	FR	Friends (Kan.)	32:55.72	4/5
5	16	Emma CARTER	FR	MidAmerica Nazaren	33:37.13	3/30
6	18	Jolene JENSON	FR	Friends (Kan.)	34:54.42	4/5
7	19	Anna ZIRPOLO	SO	Park (Mo.)	35:20.08	3/30

Women's 100 Meter Hurdles

1	3	Amanda MURRAY	SR	Central Christian (Ka	14.24	(0.0)	4/20
2	4	Shukura TYLER	JR	MidAmerica Nazaren	14.25w	(3.2)	4/6
3	5	Tiona OWENS	SR	Wayland Baptist (Te	14.27c	(14.23A) (-0	3/22
4	15	Miki ROMAIN	JR	Our Lady of the Lake	14.57w	(4.8)	4/12
5	16	Dacia HARRIS	JR	MidAmerica Nazaren	14.58w	(3.2)	4/6
6	17	Maddie MINNAERT	SR	Benedictine (Kan.)	14.59	(1.2)	4/6
7	22	Lexanna MORGAN	SR	Central Methodist (M	14.71	(0.4)	4/19
8	24	Shelby HUNDLEY	SR	Friends (Kan.)	14.84	(0.0)	4/20
9	28	Ally SWAIM	FR	Central Baptist (Ark.)	14.88	(0.5)	4/5
10	29	Megan MCCRARY	SR	Missouri Baptist	14.94	(0.4)	4/19

Women's 400 Meter Hurdles

1	9	Kara SIMMONS	SR	Friends (Kan.)	1:02.45	4/5
2	11	Shelby HUNDLEY	SR	Friends (Kan.)	1:02.62	4/5
3	14	Ardeen WALKER	JR	MidAmerica Nazaren	1:04.08	4/13
4	20	Helen THAMES	SR	Avila (Mo.)	1:05.30	4/19
5	52	Teresa AMBUUL	JR	Benedictine (Kan.)	1:07.29	4/13
6	55	Megan MCCRARY	SR	Missouri Baptist	1:07.46	4/13
7	66	Kyaira BURGESS	FR	MidAmerica Nazaren	1:08.28	4/6
8	69	Madison PROBEN	SO	Evangel (Mo.)	1:08.42	4/19
9	70	Kaylee LUNN	FR	Avila (Mo.)	1:08.70	4/13
10	78	Madison CAPUTO	FR	Oklahoma City	1:09.19	4/5

Women's 4x100 Relay

1	4	Wayland Baptist (Te	46.22	3/28
2	8	McPherson (Kan.)	47.49	4/5
3	18	Baker (Kan.)	48.30	4/6
4	19	Park (Mo.)	48.31	4/17
5	26	MidAmerica Nazaren	48.88	4/19
6	30	Saint Mary (Kan.)	49.10	3/22
7	44	Jarvis Christian (Tex	49.44	3/15
8	45	Huston-Tillotson (Te	49.46	3/9
9	48	Central Methodist (M	49.58	4/6
10	49	Friends (Kan.)	49.61	3/23

Women's 4x400 Relay

1	5	Baker (Kan.)	3:54.85	4/17
2	8	MidAmerica Nazaren	3:56.01	4/19
3	12	McPherson (Kan.)	3:56.88	4/5
4	13	Friends (Kan.)	3:57.63	4/17
5	15	Benedictine (Kan.)	3:58.08	4/19
6	21	Oklahoma City	3:59.24	4/17
7	34	Central Methodist (M	4:05.99	4/6
8	55	Our Lady of the Lake	4:12.18	4/18
9	57	Park (Mo.)	4:13.01	4/17
10	59	Missouri Baptist	4:14.25	4/19

Women's 4x800 Relay

1	1	Wayland Baptist (Te	9:03.34	3/27
2	8	Friends (Kan.)	9:27.83	4/17
3	16	Benedictine (Kan.)	9:52.20	4/6
4	19	Baker (Kan.)	9:57.76	4/13
5	26	Tabor (Kan.)	10:16.00	4/5
6	28	Avila (Mo.)	10:17.76	3/30
7	30	Saint Mary (Kan.)	10:22.43	3/22
8	35	Hannibal-LaGrange (	10:32.39	4/6
9	38	Our Lady of the Lake	10:40.99	4/18
10	39	Park (Mo.)	10:47.49	3/22

Women's High Jump

1	21	Ajanique WELLS	FR	Tabor (Kan.)	1.64m	5-4½	4/20
1	21	Sydney NEITER	JR	Missouri Baptist	1.64m	5-4½	4/19
1	21	Taylor BRANNEN	JR	Friends (Kan.)	1.64m	5-4½	4/5
4	36	Maddie MINNAERT	SR	Benedictine (Kan.)	1.60m	5-3	4/10
4	36	Morgan THOMAS	SO	Baker (Kan.)	1.60m	5-3	4/6
6	51	Megan MCMILLEN	SO	Saint Mary (Kan.)	1.58m	5-2¼	3/22
7	56	Shelley LAURES	SR	Benedictine (Kan.)	1.57m	5-1¾	4/10
7	56	Hannah EHLINGER	FR	William Woods (Mo.)	1.57m	5-1¾	4/19
9	64	Alyssa BALTIMORE	FR	Culver-Stockton (Mo.	1.56m	5-1¼	4/13
10	69	Kaleena LOGAN	SR	Columbia (Mo.)	1.55m	5-1	4/19
10	69	Ardeen WALKER	JR	MidAmerica Nazaren	1.55m	5-1	4/13
10	69	Bailey TURNER	FR	Park (Mo.)	1.55m	5-1	3/22



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South Central

Women's Pole Vault

1	24	Marah FRANZ	JR	Tabor (Kan.)	3.35m	10-11¾	4/13
2	37	Makayla HOLLIS	JR	Friends (Kan.)	3.20m	10-6	4/20
3	45	Alex STENBERG	SR	Benedictine (Kan.)	3.13m	10-3¼	4/13
3	45	Mikaila LIVINGSTON	JR	Ozarks (Mo.)	3.13m	10-3¼	4/13
3	45	Michaela HUFF	JR	Hannibal-LaGrange (3.13m	10-3¼	4/13	
6	52	Gabrielle MOORE	FR	Saint Mary (Kan.)	3.05m	10-0	4/17
7	77	Taylor LUSTER	FR	Columbia (Mo.)	2.75m	9-¾	3/16
7	77	Makenzie TUCKER	FR	Kansas Wesleyan	2.75m	9-¾	3/16
7	77	Sarah BIRD	SO	Tabor (Kan.)	2.75m	9-¾	4/13
10	86	Mackenzie VAN PELT	SO	Friends (Kan.)	2.74m	8-11¾	4/20
10	86	Brook TARMAN	FR	Southwestern Christi	2.74m	8-11¾	4/5

Women's Long Jump

1	6	Bailey TURNER	FR	Park (Mo.)	5.83m	19-1½ (0.0)	3/22
2	8	Tiona OWENS	SR	Wayland Baptist (Te	5.77m	18-11¼ (2.9)	4/20
3	10	Maegan SALEH	FR	Missouri Baptist	5.70m	18-8½ (2.6)	4/19
4	14	Kyana RIVERA	SR	Southwest (N.M.)	5.64m	18-6 (0.0)	4/18
5	23	Jalia FRANKLIN	SO	Jarvis Christian (Tex	5.59m	18-4¼ (1.9)	3/15
6	30	Maddie MINNAERT	SR	Benedictine (Kan.)	5.55m	18-2½ (-1.2)	4/6
6	30	Ardeen WALKER	JR	MidAmerica Nazaren	5.55m	18-2½ (2.5)	4/6
8	34	Keandria FORD	JR	Langston (Okla.)	5.54m	18-2¼ (0.0)	3/9
9	38	Shukura TYLER	JR	MidAmerica Nazaren	5.52m	18-1½ (1.2)	4/6
10	47	Alyjah KENNEDY	JR	Bethel (Kan.)	5.45m	17-10¾ (0.0)	4/20

Women's Triple Jump

1	1	Tiona OWENS	SR	Wayland Baptist (Te	12.55m	41-2¼ (2.9)	3/28
2	4	Megan MCCRARY	SR	Missouri Baptist	11.92m	39-1¼ (4.0)	4/19
3	8	Jayda COOPER	SO	Saint Mary (Kan.)	11.85m	38-10½ (2.7)	4/17
4	11	Bailey TURNER	FR	Park (Mo.)	11.77m	38-7½ (3.2)	4/17
5	13	Alyjah KENNEDY	JR	Bethel (Kan.)	11.67m	38-3½ (5.1)	4/17
6	19	Elaina HENDERSON	SO	Friends (Kan.)	11.53m	37-10 (0.0)	4/20
7	24	Sarah LUCAS	JR	Benedictine (Kan.)	11.46m	37-7¼ (0.8)	4/13
8	25	Taylor CRABTREE	FR	Texas College	11.40m	37-5 (0.0)	3/1
9	29	Aundrea CULLIVER	JR	Our Lady of the Lake	11.39m	37-4½ (2.5)	3/31
10	30	Gabrielle MOORE	FR	Saint Mary (Kan.)	11.36m	37-3¼ (0.0)	4/20

Women's Shot Put

1	5	Aaliyah BROWN	SR	Park (Mo.)	14.11m	46-3½	3/22
2	6	Arriana BENJAMIN	FR	Bethany (Kan.)	14.01m	45-11¾	4/20
3	22	Megan VAN HARN	JR	William Woods (Mo.)	12.86m	42-2¼	4/19
4	25	Kortney SCHUTT	JR	Friends (Kan.)	12.76m	41-10½	4/5
5	33	Kaileigh DILL	SO	Tabor (Kan.)	12.46m	40-10½	4/5
6	45	Jessica DEWEESE	JR	Friends (Kan.)	12.34m	40-6	3/29
7	52	Andrea HUGHES	JR	Missouri Baptist	12.23m	40-1½	4/19
7	52	Katie FRENCH	SO	William Woods (Mo.)	12.23m	40-1½	4/13
9	65	Hannah SHOEMAKER	SR	MidAmerica Nazaren	11.98m	39-3¾	4/6
10	74	Valencia EASON	JR	Avila (Mo.)	11.84m	38-10¼	3/22

Women's Discus

1	12	Shaiann CHARLES	JR	Wiley (Texas)	42.93m	140-10	4/18
2	17	Kristen HERZET	JR	Bethel (Kan.)	42.23m	138-7	3/23
3	26	Hannah SHOEMAKER	SR	MidAmerica Nazaren	40.73m	133-8	3/30
4	30	Jasmine EVERS	FR	Central Methodist (M	40.23m	132-0	4/6
5	33	Arriana BENJAMIN	FR	Bethany (Kan.)	40.01m	131-3	3/28
6	35	Jamiah EVANS	SR	Southwest (N.M.)	39.87m	130-10	4/18
7	52	Damonica FRANKLIN	SR	Wiley (Texas)	38.80m	127-4	4/18
8	56	Hannah MITCHELL	FR	Central Methodist (M	38.19m	125-4	4/19
9	57	Cassandra LOESCH	SO	Friends (Kan.)	38.09m	125-0	4/20
10	59	Gabrielle MORGAN	SO	St. Louis Pharmacy (	38.00m	124-8	4/6

Women's Hammer

1	16	Marchya JACKSON	SO	Central Methodist (M	49.52m	162-6	4/19
2	25	Aaliyah BROWN	SR	Park (Mo.)	47.91m	157-2	4/6
3	26	Kortney SCHUTT	JR	Friends (Kan.)	47.72m	156-7	4/10
4	32	Kristen HERZET	JR	Bethel (Kan.)	46.51m	152-7	4/13
5	46	Hannah RICKETTS	SO	Columbia (Mo.)	45.28m	148-7	4/6
6	47	Jamiah EVANS	SR	Southwest (N.M.)	45.27m	148-6	4/12
7	48	Ja'niqwe BROWN	SR	Missouri Baptist	45.14m	148-1	3/29
8	63	Kelsey HEER	FR	Bethany (Kan.)	43.34m	142-2	4/20
9	75	Meghan HAMPTON	JR	MidAmerica Nazaren	42.62m	139-10	4/13
10	77	Cassidy ROLING	SR	William Woods (Mo.)	42.43m	139-3	3/16

Women's Javelin

1	7	Shelley LAURES	SR	Benedictine (Kan.)	41.43m	135-11	4/19
2	11	Autumn AVERY	FR	MidAmerica Nazaren	41.11m	134-11	4/6
3	24	Morgan THOMAS	SO	Baker (Kan.)	38.17m	125-3	4/17
4	30	Kristen CALDERWOOD	SR	Sterling (Kan.)	37.76m	123-11	4/13
5	33	Kylie CRIST	FR	Tabor (Kan.)	37.59m	123-4	4/5
6	34	Brittany KARST	JR	Park (Mo.)	37.51m	123-1	4/17
7	40	Katlyn HENDRICKSON	JR	MidAmerica Nazaren	36.92m	121-2	4/6
8	42	Cassandra LOESCH	SO	Friends (Kan.)	36.39m	119-5	4/20
9	47	Allison NEWPORT	SR	Evangel (Mo.)	35.92m	117-10	4/19
10	51	Kortney SCHUTT	JR	Friends (Kan.)	35.69m	117-1	3/23

Women's Heptathlon

1	6	Megan VAN HARN	JR	William Woods (Mo.)	4,578		4/19
2	8	Maddie MINNAERT	SR	Benedictine (Kan.)	4,556		4/10
3	21	Shelley LAURES	SR	Benedictine (Kan.)	4,129		4/10
4	25	Sheila LAZARO	JR	Missouri Valley	3,973		4/17
5	26	Kaleena LOGAN	SR	Columbia (Mo.)	3,948		4/19
6	28	Kaylee LUNN	FR	Avila (Mo.)	3,902		4/19
7	37	Morgan THOMAS	SO	Baker (Kan.)	3,670		4/17
8	38	Jayden HAMMOND	SO	MidAmerica Nazaren	3,663		4/10
9	43	Meaghan RICE	JR	Columbia (Mo.)	3,504		4/3
10	51	Kyana RIVERA	SR	Southwest (N.M.)	3,256A		4/5



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West

Women's 100 Meters

1	6	Katherine LUCAS	SO	British Columbia	11.84w	4/17
2	38	Arianna DANIEL	JR	Southern Oregon	12.21 (0.5)	3/23
3	56	Monnie SPEARS-ROGERS	SO	Ottawa (Ariz.)	12.31 (1.2)	4/12
4	68	Brooke ENDY	JR	Carroll (Mont.)	12.40cw (12.37A)	4/20
5	73	Savannah GREENWADE	JR	Southern Oregon	12.44 (0.3)	3/9
6	76	Rebecca HARDY	SO	William Jessup (Calif)	12.45 (0.0)	4/20
7	83	Erika SODERSTROM	SR	Southern Oregon	12.50 (0.0)	4/12
8	88	Amber VON ESSEN	SR	Oregon Tech	12.53 (1.2)	4/13
9	###	Shae HELTERBRAN	SO	Carroll (Mont.)	12.62cw (12.59A)	4/20
10	###	Mackenzie WILSON	SO	Corban (Ore.)	12.65 (0.1)	4/20
10	###	Halona JACKSON	JR	Northwest Christian	12.65 (0.0)	4/12

Women's 200 Meters

1	13	Katherine LUCAS	SO	British Columbia	24.58w	4/17
2	21	Arianna DANIEL	JR	Southern Oregon	24.91 (1.6)	3/15
3	34	Brooke ENDY	JR	Carroll (Mont.)	25.26cw (25.19A)	4/20
4	43	Monnie SPEARS-ROGERS	SO	Ottawa (Ariz.)	25.38 (1.6)	4/12
5	52	Emily PARKS	JR	Westmont (Calif.)	25.47 (-0.4)	4/6
6	64	Savannah GREENWADE	JR	Southern Oregon	25.60 (0.0)	4/12
7	66	Loghan SPRAUER	JR	Southern Oregon	25.65 (-2.9)	4/18
8	68	Elizabeth HERBES	JR	Eastern Oregon	25.66 (0.0)	4/13
9	80	Amber VON ESSEN	SR	Oregon Tech	25.76 (0.0)	4/20
10	###	Erika SODERSTROM	SR	Southern Oregon	26.10 (0.0)	4/12

Women's 400 Meters

1	9	Arianna DANIEL	JR	Southern Oregon	56.65	3/15
2	11	Emily PARKS	JR	Westmont (Calif.)	56.84	4/6
3	13	Sienna LALONDE	FR	British Columbia	56.96	3/14
4	16	Katherine LUCAS	SO	British Columbia	57.09	4/19
5	19	Amber VON ESSEN	SR	Oregon Tech	57.30	4/20
6	20	Seanna NALBANDYAN	SO	The Master's (Calif.)	57.33	3/21
7	23	Jazzmin BRYAN	SR	Lewis-Clark State (Id	57.43	4/18
8	39	Michelle HERBES	FR	Eastern Oregon	58.32	4/13
9	42	Elizabeth HERBES	JR	Eastern Oregon	58.55	4/20
10	48	Payton DUROCHER	SO	College of Idaho	58.95	3/22

Women's 800 Meters

1	2	Mikayla TINKHAM	JR	British Columbia	2:10.38	4/19
2	5	Madelyn HUSTON	SO	British Columbia	2:12.55	4/17
3	11	Danielle DE CASTRO	JR	Oregon Tech	2:14.58	4/20
4	14	Susie GARZA	SR	Oregon Tech	2:15.44	4/13
5	21	Jenny SAPP	SR	Lewis-Clark State (Id	2:16.49	3/21
6	23	Arianna GHIORSO	FR	The Master's (Calif.)	2:17.30	4/6
7	26	Michelle HERBES	FR	Eastern Oregon	2:17.49	4/20
8	27	Abigail WHITE	SR	Westmont (Calif.)	2:17.50	4/13
9	29	Casey JENSEN	SO	Westmont (Calif.)	2:17.95	4/13
10	34	Faith HOMER	SR	Eastern Oregon	2:18.65	4/20

Women's 1500 Meters

1	3	Danielle DE CASTRO	JR	Oregon Tech	4:27.52	3/15
2	4	Mikayla TINKHAM	JR	British Columbia	4:29.45	4/17
3	7	Arianna GHIORSO	FR	The Master's (Calif.)	4:36.46	4/17
4	8	Sarah MACARTHUR	JR	British Columbia	4:37.62	4/19
5	9	Jessica EMBRO	SR	Embry-Riddle (Ariz.)	4:38.13	4/6
6	11	Gabrielle JOFFE	FR	British Columbia	4:39.22	3/30
7	12	Jamie HENNESSEY	SO	British Columbia	4:39.35	4/17
8	13	Casey JENSEN	SO	Westmont (Calif.)	4:39.45	3/9
9	14	Susie GARZA	SR	Oregon Tech	4:39.70	4/13
10	15	Madelyn HUSTON	SO	British Columbia	4:39.72	3/30

Women's Steeplechase

1	1	Madelyn BRUNT	SR	British Columbia	11:03.08	4/5
2	3	Hannah CLARIZIO	SR	Corban (Ore.)	11:07.00	3/14
3	4	Anika RASUBALA	JR	Northwest Christian	11:09.23	4/5
4	5	Braana WEBER	SR	Southern Oregon	11:09.79	3/28
5	9	Tamika RUSSELL	SR	College of Idaho	11:14.82	4/5
6	10	Cassandra BROWNELL	SR	Northwest Christian	11:15.46	3/28
7	12	Larissa MAUER	FR	College of Idaho	11:16.40	4/5
8	14	Cindy REED	JR	Oregon Tech	11:21.34	4/13
9	17	Annika AUSTIN	FR	British Columbia	11:23.89	4/5
10	18	Annika ANDERSEN	SR	Oregon Tech	11:24.45	3/28

Women's 5000 Meters

1	4	Mikayla TINKHAM	JR	British Columbia	17:09.07	3/30
2	5	Susie GARZA	SR	Oregon Tech	17:09.41	3/15
3	6	Enid AU	SR	British Columbia	17:11.64	3/30
4	8	Cindy REED	JR	Oregon Tech	17:15.10	3/15
5	9	Danielle DE CASTRO	JR	Oregon Tech	17:15.24	3/28
6	10	Sarah MACARTHUR	JR	British Columbia	17:16.15	3/30
7	12	Keili DORN	SR	Embry-Riddle (Ariz.)	17:20.82	3/9
8	13	Ariana ANDERSON	FR	Embry-Riddle (Ariz.)	17:20.84	4/17
9	23	Mindy KAUFMAN	JR	Montana Western	17:44.81	4/5
10	24	Madelyn BRUNT	SR	British Columbia	17:44.83	3/30

Women's 10,000 Meters

1	3	Enid AU	SR	British Columbia	35:57.64	4/18
2	4	Cindy REED	JR	Oregon Tech	36:12.35	3/28
3	7	Marissa THOMPSON	SO	Vanguard (Calif.)	36:58.06	3/9
4	10	Bailey COSSENTINE	JR	William Jessup (Calif	37:13.21	3/28
5	11	Madison PARR	FR	Vanguard (Calif.)	37:15.87	3/9
6	22	Erin MOYER	SO	College of Idaho	38:23.00	4/6
7	23	Avery DORFF	FR	Vanguard (Calif.)	38:32.11	3/9
8	28	Annika ANDERSEN	SR	Oregon Tech	38:54.75	4/20
9	29	Melissa RIOS	SR	Northwest Christian	39:05.93	3/28
10	32	Faith WIDMAN	FR	Oregon Tech	39:17.24	3/28

Women's Marathon

1	4	Kaitlyn SCHUT	JR	College of Idaho	4:13:18	3/9
2	9	Bailey COSSENTINE	JR	William Jessup (Calif	4:16:48	3/17
3	32	Mindy KAUFMAN	JR	Montana Western	4:27:51	12/2
4	50	Dominique DELGADO	SR	Westmont (Calif.)	4:35:39	3/16



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West

Women's 5000m Race Walk

1	1	Audrey FOX	FR	British Columbia	26:23.91	3/30
2	2	Joan LU	FR	British Columbia	26:24.72	3/30
3	8	Kyra DANIELSON	FR	British Columbia	28:21.67	3/30
4	10	Zoe ZHANG	JR	British Columbia	29:01.72	3/30

Women's 100 Meter Hurdles

1	10	Kiersten LANCASTER	SO	College of Idaho	14.43	(-0.1)	4/13
2	23	Michaela SCHAEFFER	JR	Vanguard (Calif.)	14.76	(0.9)	3/8
3	26	Loghan SPRAUER	JR	Southern Oregon	14.86	(0.0)	4/18
4	27	Valerie SCHMIDT	FR	Corban (Ore.)	14.87	(0.0)	4/18
5	33	Paige DODD	JR	Eastern Oregon	14.99	(0.0)	4/18
6	38	Christy SEATON	JR	Northwest Christian	15.08	(0.5)	3/28
7	40	Michaela BANYI	JR	Westmont (Calif.)	15.14	(0.6)	4/13
8	51	Lesha TURNER	JR	Arizona Christian	15.34w	(2.5)	4/12
9	53	Jenny SAPP	SR	Lewis-Clark State (Id)	15.35	(-0.2)	3/21
10	57	Jordyn EDEWARDS	FR	Northwest Christian	15.42	(0.0)	4/12

Women's 400 Meter Hurdles

1	2	Sienna LALONDE	FR	British Columbia	1:01.11	4/5
2	5	Seanna NALBANDYAN	SO	The Master's (Calif.)	1:01.77	4/17
3	6	Jenny SAPP	SR	Lewis-Clark State (Id)	1:02.23	4/18
4	7	Emily PARKS	JR	Westmont (Calif.)	1:02.26	3/21
5	8	Jessica WILLIAMS	SO	British Columbia	1:02.43	3/30
6	18	Lindsay ASPLUND	SR	Corban (Ore.)	1:05.05	4/5
7	21	Katie EMERSON	SR	Eastern Oregon	1:05.33	3/16
8	26	Arianna DANIEL	JR	Southern Oregon	1:05.67	4/12
9	27	Haley WHITE	SR	Eastern Oregon	1:05.70	4/20
10	28	Kaitlin ANGELL	SO	British Columbia	1:05.73	3/30

Women's 4x100 Relay

1	12		Southern Oregon	47.73	4/20
2	20		Corban (Ore.)	48.40	4/20
3	21		College of Idaho	48.53	4/13
4	22		British Columbia	48.55	3/30
5	24		Northwest Christian	48.78	4/5
6	28		Lewis-Clark State (Id)	49.00	4/18
7	33		Westmont (Calif.)	49.18	4/13
8	37		Carroll (Mont.)	49.28c	(49.16A) 4/12
9	40		Eastern Oregon	49.32	4/13
10	72		William Jessup (Calif)	50.61	4/13

Women's 4x400 Relay

1	6		Southern Oregon	3:55.42	3/15
2	7		Westmont (Calif.)	3:55.61	4/13
3	10		Eastern Oregon	3:56.77	4/13
4	11		Lewis-Clark State (Id)	3:56.82	4/5
5	14		Oregon Tech	3:57.70	4/13
6	17		College of Idaho	3:58.31	4/13
7	22		Corban (Ore.)	3:59.55	4/20
8	26		British Columbia	4:01.54	4/5
9	35		Carroll (Mont.)	4:06.06c	(4:05.62A) 3/30
10	38		Northwest Christian	4:06.98	4/12

Women's 4x800 Relay

1	2		British Columbia	9:17.94	4/5
2	5		Lewis-Clark State (Id)	9:24.47	4/18
3	15		Westmont (Calif.)	9:50.66	3/21

Women's High Jump

1	3	Trinity HANSMA	FR	British Columbia	1.72m	5-7¾	3/30
2	6	Amanda CHAN	SO	Vanguard (Calif.)	1.68m	5-6	3/15
3	10	Paige DODD	JR	Eastern Oregon	1.67m	5-5¾	4/18
4	21	Savannah PROSKE	FR	Northwest Christian	1.64m	5-4½	4/20
5	30	Kalulusno NGAIDA	FR	Eastern Oregon	1.62m	5-3¾	4/20
6	34	Loghan SPRAUER	JR	Southern Oregon	1.61m	5-3¼	4/18
6	34	Kendra MURPHY	SO	Corban (Ore.)	1.61m	5-3¼	3/14
8	51	Olivia LANE	JR	Eastern Oregon	1.58m	5-2¼	4/18
9	56	Olivia CAMPBELL	SR	British Columbia	1.57m	5-1¾	3/30
9	56	Heather BETZ	JR	British Columbia	1.57m	5-1¾	3/30
9	56	Cheyenne COLLINS	FR	Eastern Oregon	1.57m	5-1¾	3/16

Women's Pole Vault

1	3	Chena UNDERHILL	JR	Westmont (Calif.)	3.70m	12-1½	3/9
1	3	Dana NEMITZ	SR	Westmont (Calif.)	3.70m	12-1½	4/6
3	6	Madison CARSON	SO	Lewis-Clark State (Id)	3.64m	11-11¼	3/21
4	10	Nishi CHASE	SO	Oregon Tech	3.50m	11-5¾	3/28
4	10	Brianne WIENS	JR	Vanguard (Calif.)	3.50m	11-5¾	4/12
6	19	Mika ROBINSON	SR	Carroll (Mont.)	3.45m	11-3¾	4/12
6	19	Shae HELTERBRAN	SO	Carroll (Mont.)	3.45m	11-3¾	4/12
8	24	Selina ANGEL	FR	Rocky Mountain (Mo)	3.35m	10-11¾	4/19
8	24	Joanna GALLI	SR	Southern Oregon	3.35m	10-11¾	4/5
8	24	Payton JOLLEY	JR	Eastern Oregon	3.35m	10-11¾	3/16

Women's Long Jump

1	19	Haleigh BATTY	JR	Westmont (Calif.)	5.60m	18-4½ (0.6)	4/13
2	25	Allison MACDONALD	FR	British Columbia	5.58mw	18-3¾ (4.6)	4/5
3	41	Paige DODD	JR	Eastern Oregon	5.48mw	17-11¾ (3.0)	4/18
4	44	Michaela SCHAEFFER	JR	Vanguard (Calif.)	5.47m	17-11½ (-1)	3/23
5	57	Vendela WILLIAMS	SO	William Jessup (Calif)	5.38mw	17-8 (6.8)	4/11
6	77	Morgan REDDINGTON	SR	Eastern Oregon	5.30m	17-4¾ (-0.2)	4/13
7	81	Abigail SPENCER	JR	Northwest Christian	5.28m	17-4 (0.0)	4/12
7	81	Taylor KNAUSS	JR	Southern Oregon	5.28m	17-4 (0.0)	4/12
9	87	Reilly ROSTAD	SO	Carroll (Mont.)	5.27m	17-3½ (0.0)	4/12
10	94	Michelle YEE	SR	British Columbia	5.25m	17-2¾ (1.1)	3/30

Women's Triple Jump

1	6	Michaela SCHAEFFER	JR	Vanguard (Calif.)	11.89m	39-¼ (-1.2)	3/23
2	12	Brittany COLEMAN	JR	Warner Pacific (Ore.)	11.71m	38-5 (1.9)	3/16
3	23	Nadya WISHAM	JR	Westmont (Calif.)	11.47mw	37-7¾ (4.0)	2/16
4	51	Madeline ALLMAN	SR	Soka (Calif.)	11.06m	36-3½ (1.3)	3/30
5	53	Allison MACDONALD	FR	British Columbia	11.04m	36-2¾ (0.1)	3/30
6	57	Kalulusno NGAIDA	FR	Eastern Oregon	10.98mw	36-¼ (3.2)	4/5
6	57	M'Kya WILLIAMS	JR	Westmont (Calif.)	10.98m	36-¼ (0.3)	4/6
6	57	Michelle YEE	SR	British Columbia	10.98mw	36-¼ (2.6)	4/5
9	66	Victoria BRANCH	SR	Eastern Oregon	10.85m	35-7¼ (0.0)	3/22
10	71	Olivia CAMPBELL	SR	British Columbia	10.83m	35-6½ (0.0)	4/7



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West

Women's Shot Put

1	12	Nikki KRUEGER	SO Carroll (Mont.)	13.51m	44-4	4/20
2	19	Emily SHAW	SO Southern Oregon	13.01m	42-8¼	4/12
3	23	Sydney MARR	SO Westmont (Calif.)	12.85m	42-2	4/13
4	31	Maggie LEDBETTER	FR Eastern Oregon	12.52m	41-1	4/13
5	38	Myah HARTER	JR Northwest Christian	12.41m	40-8¾	4/12
6	41	Sarah FAJER	FR Multnomah (Ore.)	12.40m	40-8¼	4/13
7	45	Stephanie MIEARS	FR Eastern Oregon	12.34m	40-6	4/20
8	51	Danielle CHURCH	SO Eastern Oregon	12.24m	40-2	4/20
9	54	Kiashe HOBBY	FR Southern Oregon	12.20m	40-½	3/23
10	57	Sarah JOHNSTON	FR Southern Oregon	12.13m	39-9¾	4/20

Women's Discus

1	14	Delaney WARREN	SO Lewis-Clark State (Id	42.47m	139-4	4/18
2	16	Nikki KRUEGER	SO Carroll (Mont.)	42.31m	138-10	3/30
3	18	Catylynn DUFF	FR College of Idaho	42.03m	137-11	4/13
4	19	AaLea KOLB	FR College of Idaho	42.02m	137-11	4/5
5	21	Jillian SANCHEZ	FR Providence (Mont.)	41.82m	137-3	3/30
6	24	Maggie LEDBETTER	FR Eastern Oregon	41.20m	135-2	3/22
7	28	Kaylee BEER	FR Providence (Mont.)	40.47m	132-10	4/20
8	39	Gurleen BHANDAL	JR British Columbia	39.74m	130-5	4/5
9	46	Keagan UTTER	JR College of Idaho	38.98m	127-11	4/6
10	48	Meg BUXTON	FR College of Idaho	38.88m	127-7	4/5

Women's Hammer

1	3	Sydney MARR	SO Westmont (Calif.)	54.92m	180-2	4/6
2	22	Kiashe HOBBY	FR Southern Oregon	48.42m	158-10	4/12
3	35	Keagan UTTER	JR College of Idaho	46.29m	151-11	4/6
4	36	Arielle SADAKA	SO British Columbia	46.09m	151-3	4/5
5	50	Delaney WARREN	SO Lewis-Clark State (Id	44.92m	147-5	3/16
6	51	Catylynn DUFF	FR College of Idaho	44.82m	147-1	3/22
7	54	Kabre MADRIGAL	JR College of Idaho	44.38m	145-7	4/6
8	55	Emily SHAW	SO Southern Oregon	44.19m	145-0	4/12
9	59	Maggie LEDBETTER	FR Eastern Oregon	43.96m	144-3	4/20
10	61	Danielle CHURCH	SO Eastern Oregon	43.62m	143-2	3/22

Women's Javelin

1	2	Anna MILLER	SR Northwest (Wash.)	45.11m	148-0	3/30
2	3	J.V. PATRY-SMITH	FR British Columbia	43.96m	144-3	3/30
3	4	Alex CONLEY	FR Oregon Tech	43.52m	142-10	3/28
4	6	Giovanna JANES	FR British Columbia	42.16m	138-4	4/19
5	8	Shana COSBY	JR Providence (Mont.)	41.40m	135-10	3/30
6	13	Hope WELHAVEN	JR Carroll (Mont.)	40.51m	132-11	4/20
7	16	Karianne ZOLLMAN	JR Eastern Oregon	39.18m	128-7	3/22
8	17	Sarah FALARDEAU	SO Corban (Ore.)	39.11m	128-4	3/2
9	20	Maia HALVORSON	JR Westmont (Calif.)	38.94m	127-9	3/21
10	21	Amber MILLER	FR Oregon Tech	38.82m	127-5	3/9

Women's Heptathlon

1	2	Paige DODD	JR Eastern Oregon	4,826	4/18
2	5	Valerie SCHMIDT	FR Corban (Ore.)	4,620	4/18
3	9	Laghan SPRAUER	JR Southern Oregon	4,536	4/18
4	10	Olivia LANE	JR Eastern Oregon	4,476	4/18
5	11	Jenny SAPP	SR Lewis-Clark State (Id	4,453	3/21
6	13	Michaela BANYI	JR Westmont (Calif.)	4,402	3/21
7	16	Vendela WILLIAMS	SO William Jessup (Calif	4,292	4/11
8	17	Kiersten LANCASTER	SO College of Idaho	4,274	3/22
9	20	Savannah PROSKE	FR Northwest Christian	4,136	4/18
10	29	Madison CARSON	SO Lewis-Clark State (Id	3,843	4/11