



Regional TFRI Event Summary

as of 5/6/2019 9:31:59 AM

Great Lakes

Women's 100 Meters

1	9	Safia BRIGHT	JR	Lindsey Wilson (Ky.)	11.87	(0.1)	4/5
2	12	Asia GARDNER	JR	Siena Heights (Mich.)	11.90w	(3.3)	4/19
3	19	Doneasha BREWER	SO	Indiana Tech	11.95w	(2.6)	4/19
4	24	Sha'londa TERRY	SO	Indiana Tech	12.06w	(2.9)	4/25
5	31	Gwen REUVER	FR	Aquinas (Mich.)	12.13w	(3.0)	4/19
6	33	Alex MCFARLAND	SO	Indiana Wesleyan	12.16	(1.2)	5/2
7	34	Jacqueline SCOTT	FR	Indiana Tech	12.17w	(2.6)	4/19
8	45	Jocelynn BURTON	FR	Marian (Ind.)	12.23w	(4.2)	4/19
9	48	Ayanna MOODY	SR	Indiana Tech	12.24	(-1.1)	4/12
9	48	Chanavier ROBINSON	JR	Rio Grande (Ohio)	12.24	(0.9)	5/3
9	48	Julia FORBES	JR	Siena Heights (Mich.)	12.24w	(4.4)	4/25

Women's 200 Meters

1	5	Safia BRIGHT	JR	Lindsey Wilson (Ky.)	24.13	(0.0)	4/26
2	9	Jacqueline SCOTT	FR	Indiana Tech	24.42w	(3.0)	3/29
3	13	Asia GARDNER	JR	Siena Heights (Mich.)	24.56	(1.5)	4/19
4	14	Doneasha BREWER	SO	Indiana Tech	24.57	(0.0)	5/2
5	18	Ayanna MOODY	SR	Indiana Tech	24.74	(0.0)	4/12
5	18	Antonishka DEVEAUX	SO	Indiana Tech	24.74	(1.2)	3/28
7	30	Alexia DEHAVEN-BOYD	SR	Lindsey Wilson (Ky.)	25.01	(0.0)	4/26
8	33	Alex MCFARLAND	SO	Indiana Wesleyan	25.13	(1.3)	5/2
9	37	Delaney STERSIC	SO	Siena Heights (Mich.)	25.16w	(2.7)	4/19
10	38	Sha'londa TERRY	SO	Indiana Tech	25.18	(1.8)	3/29

Women's 400 Meters

1	8	Safia BRIGHT	JR	Lindsey Wilson (Ky.)	55.63		4/26
2	12	Delaney STERSIC	SO	Siena Heights (Mich.)	56.37		5/2
3	14	Ayanna MOODY	SR	Indiana Tech	56.59		5/2
4	19	Alexia DEHAVEN-BOYD	SR	Lindsey Wilson (Ky.)	56.88		4/26
5	28	Savannah GREGORY	JR	Campbellsville (Ky.)	57.30		4/26
6	36	Hellen MAASOTUO	SO	Union (Ky.)	57.54		4/12
7	39	Pamela SANDERS-BOOKER	FR	Indiana Tech	57.67		4/12
8	47	Jada BURTON	FR	Marian (Ind.)	58.03		5/2
9	52	Jaydn FUERST	SR	Spring Arbor (Mich.)	58.19		5/2
10	56	Anna SHIELDS	SR	Point Park (Pa.)	58.37		4/25

Women's 800 Meters

1	1	Anna SHIELDS	SR	Point Park (Pa.)	2:07.06		4/13
2	4	Hellen MAASOTUO	SO	Union (Ky.)	2:11.70		4/5
3	9	Emma JANKOWSKI	SO	Bethel (Ind.)	2:13.04		5/2
4	11	Alexis MILLER	SR	Aquinas (Mich.)	2:13.07		4/5
5	13	Jessica SPRINKLES	JR	Indiana Wesleyan	2:13.74		5/2
6	15	Amanda SOROKIN	JR	Cornerstone (Mich.)	2:14.14		5/2
7	21	Reba BARTRAM	SO	Point Park (Pa.)	2:15.48		5/3
8	23	Brooke SMITH	SR	Shawnee State (Ohio)	2:16.01		3/14
9	25	Aspen DIRR	SR	Huntington (Ind.)	2:16.46		5/2
10	27	Alexis LOMBARDO	JR	Indiana Tech	2:16.74		5/2

Women's 1500 Meters

1	1	Anna SHIELDS	SR	Point Park (Pa.)	4:15.60		4/13
2	6	Brooke SMITH	SR	Shawnee State (Ohio)	4:31.31		4/6
3	7	Alexis MILLER	SR	Aquinas (Mich.)	4:31.33		4/25
4	19	Rachel BLAGG	SR	Taylor (Ind.)	4:39.71		5/2
5	24	Emma JANKOWSKI	SO	Bethel (Ind.)	4:41.85		4/5
6	29	Kelli SMITH	JR	Cornerstone (Mich.)	4:43.94		4/13
7	30	Erica STUTSMAN	FR	Indiana Wesleyan	4:44.47		4/13
8	31	Valerie RICHTER	SR	Cornerstone (Mich.)	4:44.58		4/17
9	33	Nygia POLLARD	FR	Cornerstone (Mich.)	4:45.24		4/13
10	35	Sterling SIMEK	FR	Indiana Wesleyan	4:45.37		4/13

Women's Steeplechase

1	8	Mae Elizabeth GIMRE	SR	Taylor (Ind.)	11:08.37		5/2
2	9	Tannah ADGATE	JR	Aquinas (Mich.)	11:09.03		4/25
3	10	Nygia POLLARD	FR	Cornerstone (Mich.)	11:10.87		5/2
4	26	Valerie RICHTER	SR	Cornerstone (Mich.)	11:24.82		3/8
5	29	Megan THEISMAN	SO	Indiana Tech	11:28.34		4/13
6	31	Lucy WILLIAMS	SR	Rio Grande (Ohio)	11:32.22		4/25
7	37	Giovanna DOMENE	FR	Taylor (Ind.)	11:42.87		3/22
8	39	Hannah DAWSON	JR	Marian (Ind.)	11:46.08		5/2
9	46	Amanda SOROKIN	JR	Cornerstone (Mich.)	12:03.02		3/8
10	47	Emily MCMANUS	FR	Aquinas (Mich.)	12:04.51		5/2

Women's 5000 Meters

1	3	Anna SHIELDS	SR	Point Park (Pa.)	16:42.06		3/29
2	8	Brooke SMITH	SR	Shawnee State (Ohio)	17:12.24		3/29
3	11	Kelli SMITH	JR	Cornerstone (Mich.)	17:17.25		4/25
4	16	Alison SHAPIC	JR	Madonna (Mich.)	17:29.55		4/25
5	18	Sarah HARDEN	SO	Taylor (Ind.)	17:32.36		4/25
6	24	Alyssa CAMPBELL	FR	Point Park (Pa.)	17:43.25		4/13
7	27	Taylor BLUEMEL	JR	Taylor (Ind.)	17:44.43		4/25
8	34	Mackenzie GURNE	JR	Madonna (Mich.)	17:58.59		4/25
9	39	Janie NOAH	SR	Aquinas (Mich.)	18:01.66		4/25
10	46	Andrea CROWE	FR	Siena Heights (Mich.)	18:12.53		4/25

Women's 10,000 Meters

1	6	Kelli SMITH	JR	Cornerstone (Mich.)	36:32.86		3/8
2	15	Alison SHAPIC	JR	Madonna (Mich.)	37:28.53		4/12
3	18	Mackenzie GURNE	JR	Madonna (Mich.)	37:52.96		4/12
4	19	Gabby BRANDONISIO	SO	Aquinas (Mich.)	37:55.70		5/2
5	20	Olivia SCHRODER	SO	Taylor (Ind.)	37:59.54		5/2
6	22	Alexis MCCONNELL	SO	Cornerstone (Mich.)	38:01.86		3/8
7	23	Andrea CROWE	FR	Siena Heights (Mich.)	38:05.08		5/2
8	24	Brittany SLOAN	SO	IU Kokomo (Ind.)	38:06.11		3/23
9	26	Janie NOAH	SR	Aquinas (Mich.)	38:12.34		5/2
10	30	Aly TURRENTINE	JR	Ohio Christian	38:45.02		3/14



Regional TFRI Event Summary

as of 5/6/2019 9:32:00 AM

Great Lakes

Women's Marathon

1	3	Caitlin CLARK	SR	Spring Arbor (Mich.)	4:23:15	3/30
1	15	Brittany SLOAN	SO	IU Kokomo (Ind.)	4:24:01	12/9
2	8	Alyssa SCHWARTZ	JR	Aquinas (Mich.)	4:31:36	4/14
2	17	Kelli SMITH	JR	Cornerstone (Mich.)	4:24:22	12/1
2	17	Valerie RICHTER	SR	Cornerstone (Mich.)	4:24:22	12/1
3	10	Alex BARR	SO	Point Park (Pa.)	4:40:03	12/2
4	19	Tea ROMANOWSKI	JR	Aquinas (Mich.)	4:24:51	3/9
5	25	Lexi JACKSON	FR	IU Kokomo (Ind.)	4:25:57	12/9
6	26	Alexis MCCONNELL	SO	Cornerstone (Mich.)	4:27:04	12/1
7	30	Hayley NEWMAN	JR	Indiana Tech	4:27:42	12/1
8	34	MaKenzie MCKIRGAN	SR	Mount Vernon Nazar	4:28:09	2/17
9	37	Kara ROHLF	SR	Point Park (Pa.)	4:28:54	12/2

Women's 5000m Race Walk

1	5	Siana EMERY	JR	Goshen (Ind.)	26:43.61	4/27
2	8	Kelsey BILLINGSLEY	SO	Cornerstone (Mich.)	27:13.54	4/27
3	11	Elizabeth LARSEN		Concordia (Mich.)	27:57.42	4/13
4	13	D'Amaie DAVIS	SO	Cornerstone (Mich.)	28:36.52	4/27
5	16	Julianna BRADLEY	SR	Campbellsville (Ky.)	30:31.10	4/26
6	19	Elise SHAINFELD	SR	Campbellsville (Ky.)	32:24.40	4/26
7	31	Arianna CANALES	SO	Calumet St. Joseph (	37:47.17	5/3
8	32	Taylor GRUBB	SR	Rio Grande (Ohio)	38:49.85	4/25
9	34	Kelsey MILLER	JR	Rio Grande (Ohio)	39:35.81	4/25
10	37	McKenna MOORE	FR	IU Kokomo (Ind.)	41:49.34	4/25

Women's 100 Meter Hurdles

1	1	Amore BROWN	SR	Aquinas (Mich.)	14.07	(0.0)	5/2
2	4	Kierra RICE	FR	Siena Heights (Mich.)	14.13	(0.0)	5/2
3	6	Plenseh-Tay SAKEUH	SR	Taylor (Ind.)	14.21	(0.4)	3/22
4	10	Mildrenae YOUNG-BROOKS	SR	Siena Heights (Mich.)	14.34w	(2.3)	4/19
5	11	Leondra CORREIA	JR	Indiana Tech	14.42w	(2.4)	3/15
6	12	Daneen HAZELWOOD	SO	Ohio Christian	14.44w	(4.7)	4/19
6	12	Shakirah KELLAM	JR	Indiana Tech	14.44w	(2.5)	4/19
8	16	Tamia MILLS	JR	Marian (Ind.)	14.50w	(3.3)	3/14
9	19	Amirah STRAUTHER	SO	Rio Grande (Ohio)	14.63	(1.5)	5/3
10	22	Sherita LOWMAN	JR	Indiana Tech	14.65w	(4.1)	4/25

Women's 400 Meter Hurdles

1	14	Destiny COPELAND	FR	Indiana Tech	1:02.58	4/12
2	15	Alexia DEHAVEN-BOYD	SR	Lindsey Wilson (Ky.)	1:03.05	3/29
3	17	Carly WILKINS	JR	Indiana Wesleyan	1:04.42	5/2
4	22	Cameryn FISHER	FR	Indiana Tech	1:04.72	5/2
5	25	Morgan LUEDY	SO	Cornerstone (Mich.)	1:04.80	5/2
6	29	Leondra CORREIA	JR	Indiana Tech	1:05.37	3/28
7	34	Dana DWYER	SO	Marian (Ind.)	1:05.55	5/2
8	36	Daneen HAZELWOOD	SO	Ohio Christian	1:05.64	4/5
9	44	Kim LESTER	FR	Pikeville (Ky.)	1:06.00	4/20
10	46	Sarah MASCHINO	SO	Spring Arbor (Mich.)	1:06.04	5/2

Women's 4x100 Relay

1	3	Indiana Tech	46.20	4/19
2	7	Siena Heights (Mich.)	46.76	4/5
3	10	Lindsey Wilson (Ky.)	47.37	4/26
4	12	Aquinas (Mich.)	47.67	4/13
5	18	Marian (Ind.)	48.09	4/6
6	21	Cumberlands (Ky.)	48.23	4/26
7	34	Rio Grande (Ohio)	48.89	5/3
8	43	Taylor (Ind.)	49.13	3/22
9	47	Indiana Wesleyan	49.20	5/2
10	49	Campbellsville (Ky.)	49.27	4/26

Women's 4x400 Relay

1	1	Indiana Tech	3:47.10	3/28
2	26	Siena Heights (Mich.)	3:58.11	5/2
3	27	Aquinas (Mich.)	3:58.16	5/2
4	28	Marian (Ind.)	3:58.24	4/19
5	29	Lindsey Wilson (Ky.)	3:58.27	4/26
6	30	Cumberlands (Ky.)	3:58.52	4/26
7	33	Bethel (Ind.)	4:00.06	5/2
8	35	Cornerstone (Mich.)	4:01.14	5/2
9	39	Indiana Wesleyan	4:03.05	5/2
10	43	Spring Arbor (Mich.)	4:04.86	5/2

Women's 4x800 Relay

1	2	Indiana Wesleyan	9:12.98	5/2
2	3	Taylor (Ind.)	9:14.87	5/2
3	8	Huntington (Ind.)	9:18.91	5/2
4	12	Cornerstone (Mich.)	9:20.97	5/2
5	16	Aquinas (Mich.)	9:23.82	4/25
6	20	Bethel (Ind.)	9:27.93	5/2
7	23	Point Park (Pa.)	9:30.58	4/13
8	26	Mount Vernon Nazar	9:40.14	5/2
9	28	Spring Arbor (Mich.)	9:42.82	5/2
10	29	Saint Francis (Ind.)	9:43.58	5/2

Women's High Jump

1	4	Kyara BLACK	FR	Spring Arbor (Mich.)	1.72m	5-7¾	5/2
2	9	Jai-Lyn NORWOOD	FR	Marian (Ind.)	1.68m	5-6	3/23
3	13	Emma BIANCHI	SO	Georgetown (Ky.)	1.67m	5-5¾	3/30
3	13	Peyton KLEIN	SO	Aquinas (Mich.)	1.67m	5-5¾	5/2
5	23	Lisa RUFFIN	FR	Cincinnati Christian (	1.65m	5-5	4/12
5	23	La'Naiya CONEY	FR	Cincinnati Christian (	1.65m	5-5	4/12
7	27	Lenae LUDY	SO	Indiana Tech	1.64m	5-4½	5/2
7	27	Crystal GOYETTE	FR	Aquinas (Mich.)	1.64m	5-4½	4/5
7	27	Jessica TUTTLE	FR	Bethel (Ind.)	1.64m	5-4½	4/27
7	27	Morgan LUEDY	SO	Cornerstone (Mich.)	1.64m	5-4½	5/2



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Great Lakes

Women's Pole Vault

1	1	Victoria FABER	FR	Aquinas (Mich.)	3.87m	12-8¼	5/2
2	3	Katrina SMITH	SR	Spring Arbor (Mich.)	3.78m	12-4¾	3/30
3	10	Danielle WOJCIECHOWSKI	SR	Bethel (Ind.)	3.60m	11-9¾	5/2
4	17	Abby KARNES	FR	Indiana Wesleyan	3.50m	11-5¾	4/6
4	17	Laikyn KULMAN	FR	Aquinas (Mich.)	3.50m	11-5¾	4/26
6	25	Jaymz GIBSON	JR	Siena Heights (Mich.)	3.42m	11-2½	4/5
6	25	Hannah CAIN	SR	Siena Heights (Mich.)	3.42m	11-2½	4/5
8	29	Raegan GRANVILLE	SO	Cumberlands (Ky.)	3.36m	11-¼	5/4
9	30	Sandy SLEDGE	FR	Marian (Ind.)	3.35m	10-11¾	5/2
9	30	Lisa METZGER	SR	Aquinas (Mich.)	3.35m	10-11¾	4/19
9	30	Celeste KUCK	FR	Indiana Wesleyan	3.35m	10-11¾	4/12

Women's Long Jump

1	3	Destiny COPELAND	FR	Indiana Tech	6.02m	19-9 (0.0)	3/28
2	8	Doneasha BREWER	SO	Indiana Tech	5.84m	19-2 (0.0)	4/12
3	14	Plenseh-Tay SAKEUH	SR	Taylor (Ind.)	5.71m	18-8¾ (0.0)	5/2
3	14	Julia FORBES	JR	Siena Heights (Mich.)	5.71m	18-8¾ (0.0)	5/2
5	23	Annesha HARRIS	SR	Lindsey Wilson (Ky.)	5.64m	18-6 (0.0)	4/26
6	27	Ellie RUBY	FR	Mount Vernon Nazar	5.61m	18-5 (0.1)	4/5
7	31	Chanavier ROBINSON	JR	Rio Grande (Ohio)	5.60m	18-4½ (1.5)	5/3
8	38	Mildrenae YOUNG-BROOKS	SR	Siena Heights (Mich.)	5.58m	18-3¾ (0.0)	4/5
9	43	Tychiana DORNAN	SO	Campbellsville (Ky.)	5.55mw	18-2½ (5.0)	3/30
10	46	Leondra CORREIA	JR	Indiana Tech	5.54m	18-2¼ (1.5)	3/15

Women's Triple Jump

1	4	Hannah DRAKE	SR	Cornerstone (Mich.)	11.95m	39-2½ (2.0)	4/17
2	15	Destiny COPELAND	FR	Indiana Tech	11.67m	38-3½ (0.0)	4/12
3	32	Haley PAYTON	FR	Campbellsville (Ky.)	11.40m	37-5 (0.0)	3/22
4	39	Leondra CORREIA	JR	Indiana Tech	11.34m	37-2½ (0.0)	4/12
5	43	Katrina SMITH	SR	Spring Arbor (Mich.)	11.29mw	37-½ (3.9)	3/30
6	45	Tychiana DORNAN	SO	Campbellsville (Ky.)	11.24mw	36-10½ (2.2)	3/30
7	50	Annesha HARRIS	SR	Lindsey Wilson (Ky.)	11.18m	36-8¼ (0.0)	4/26
8	56	Cierra JENKINS	FR	Indiana Tech	11.09m	36-4¾ (0.8)	3/15
9	58	Mikaela HILLE	JR	Madonna (Mich.)	11.08m	36-4¼ (0.0)	5/2
10	63	Shaina DENBESTEN	JR	Cornerstone (Mich.)	11.03m	36-2¼ (0.0)	4/6

Women's Shot Put

1	3	Haley HUDSON	SR	Siena Heights (Mich.)	14.80m	48-6¾	4/13
2	5	Paige PETTELL	JR	Lindsey Wilson (Ky.)	14.30m	46-11	4/26
3	11	Kasey KEITH	SO	Mount Vernon Nazar	13.64m	44-9	4/5
4	12	Paige SUTTER	SO	Indiana Wesleyan	13.58m	44-6¾	3/23
5	15	Rachel O'NEILL	SR	Siena Heights (Mich.)	13.43m	44-¾	4/5
6	18	Maggie MOLLAK	SR	Georgetown (Ky.)	13.28m	43-7	3/22
7	30	Courtney TAYLOR	SR	Siena Heights (Mich.)	12.82m	42-¾	4/13
8	31	Mikayla BAILLIE	JR	Indiana Wesleyan	12.81m	42-½	5/2
8	31	Raven MORRIS	JR	Indiana Tech	12.81m	42-½	5/2
10	34	Kirsten LACY	SO	Georgetown (Ky.)	12.74m	41-9¾	4/26

Women's Discus

1	13	Beyonce BOBBITT	FR	Rio Grande (Ohio)	43.32m	142-2	5/3
2	19	SARAH CORBIN	SR	Marian (Ind.)	42.53m	139-7	5/2
3	21	Paige PETTELL	JR	Lindsey Wilson (Ky.)	42.34m	138-11	3/30
4	24	Natalie COTHERMAN	SO	Indiana Wesleyan	42.11m	138-2	4/27
5	27	Paige SUTTER	SO	Indiana Wesleyan	41.89m	137-5	3/23
6	30	Alexis PUTNAM	JR	Shawnee State (Ohio)	41.56m	136-4	4/26
7	34	Maggie MOLLAK	SR	Georgetown (Ky.)	40.29m	132-2	4/26
8	36	Kasey KEITH	SO	Mount Vernon Nazar	40.17m	131-10	4/12
9	38	Tina MILLER	SR	Siena Heights (Mich.)	40.01m	131-3	4/5
10	48	Queen WALKER	JR	Bethel (Ind.)	39.41m	129-4	5/2

Women's Hammer

1	14	Rachel O'NEILL	SR	Siena Heights (Mich.)	50.72m	166-5	4/25
2	16	Brianna JORDAHL	SR	Taylor (Ind.)	50.35m	165-2	5/2
3	17	Katie PRENDERGAST	JR	Marian (Ind.)	50.17m	164-7	3/23
4	22	Paige PETTELL	JR	Lindsey Wilson (Ky.)	49.15m	161-3	5/3
5	24	Courtney TAYLOR	SR	Siena Heights (Mich.)	48.68m	159-9	4/19
6	27	Gloria DEAN	JR	Indiana Wesleyan	48.12m	157-11	5/2
6	27	Bailey BALLARD	SO	Aquinas (Mich.)	48.12m	157-11	4/5
8	29	Suzette RODRIGUEZ	SO	Goshen (Ind.)	48.11m	157-10	5/2
9	37	Queen WALKER	JR	Bethel (Ind.)	46.64m	153-0	4/13
10	38	Ta'Leah ADAMS	JR	Union (Ky.)	46.58m	152-10	4/12

Women's Javelin

1	13	Clista HELLWARTH	SO	Saint Francis (Ind.)	40.97m	134-5	5/2
2	17	Daneliz THOMAS	FR	Union (Ky.)	39.92m	131-0	3/22
3	18	Tytiana LOCKHART	JR	Union (Ky.)	39.40m	129-3	3/22
4	21	Jaymz GIBSON	JR	Siena Heights (Mich.)	39.06m	128-2	4/5
5	25	KAREN JONES	SR	Marian (Ind.)	38.82m	127-5	5/2
6	50	Sina CAVELTI	FR	Lindsey Wilson (Ky.)	36.24m	118-11	3/22
7	54	Lorna BECHTEL	SO	Indiana Wesleyan	35.87m	117-8	5/2
8	60	Emily ANDERSON	SO	Grace (Ind.)	35.55m	116-8	5/2
9	64	Brooke SAYLOR	SR	Huntington (Ind.)	35.14m	115-4	4/13
10	69	Madison KAISER	SR	Campbellsville (Ky.)	34.86m	114-5	4/26

Women's Heptathlon

1	15	Morgan LUEDY	SO	Cornerstone (Mich.)	4,415		4/17
2	32	Harley SUTTON	SR	Calumet St. Joseph	3,869		4/24
3	67	Jahlia MCNEALY	SO	Lindsey Wilson (Ky.)	2,873		4/26
4	71	Michaela SEBASTIAN	SR	Campbellsville (Ky.)	2,684		4/26
5	75	Tori COMBS	SO	Cumberlands (Ky.)	2,202		4/26
6	77	Aiyanna DRAKE	FR	Lindsey Wilson (Ky.)	2,050		4/26
7	81	Lana HENDERSON	JR	Cumberlands (Ky.)	1,787		4/26



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Midwest

Women's 100 Meters

1	12	Lexus LOVAN	SR	Graceland (Iowa)	11.90w	(5.2)	4/17
2	14	Ashley CASWELL	SO	Viterbo (Wis.)	11.91w	(2.4)	5/3
3	28	Shantinique CUNNINGHAM	SR	Hastings (Neb.)	12.11w	(2.5)	4/5
4	34	Megan ERICKSON	SO	Dickinson State (N.D.)	12.17	(0.0)	4/19
5	45	Julyah WILSON	FR	Hastings (Neb.)	12.23w	(2.5)	4/5
6	66	Maddie MORAN	FR	Hastings (Neb.)	12.34	(0.0)	4/27
7	67	Daisy MAESSNER	FR	Hastings (Neb.)	12.36w	(2.5)	4/5
8	80	Brianna FLORVILUS	SO	York (Neb.)	12.43w	(2.5)	4/5
9	90	Kaila JACKSON	JR	Waldorf (Iowa)	12.47	(0.0)	4/13
10	91	Amaria KIRBY	FR	St. Ambrose (Iowa)	12.48w	(2.3)	5/3

Women's 200 Meters

1	21	Ashley CASWELL	SO	Viterbo (Wis.)	24.77w	(2.4)	5/3
2	42	Shantinique CUNNINGHAM	SR	Hastings (Neb.)	25.25	(0.0)	5/3
3	45	Julyah WILSON	FR	Hastings (Neb.)	25.29	(0.0)	5/3
4	47	Meghan HELLER	JR	Olivet Nazarene (Ill.)	25.30	(1.5)	5/3
5	51	Kamberlyn LAMER	JR	Dakota Wesleyan (S.)	25.34	(0.0)	5/3
6	56	Celina MAYFORTH	SO	St. Francis (Ill.)	25.40	(0.8)	5/3
7	66	Aurora AREVALO	SR	Morningside (Iowa)	25.47	(0.0)	4/19
8	72	Lexus LOVAN	SR	Graceland (Iowa)	25.54	(0.7)	4/25
9	74	Amanda TIMM	JR	Olivet Nazarene (Ill.)	25.57	(2.0)	5/3
10	87	Brianna FLORVILUS	SO	York (Neb.)	25.69	(0.6)	4/19

Women's 400 Meters

1	33	Brianna FLORVILUS	SO	York (Neb.)	57.40		4/19
2	41	Celina MAYFORTH	SO	St. Francis (Ill.)	57.72		5/3
3	45	Rachel BATTERSHELL	FR	Concordia (Neb.)	57.93		5/3
4	46	Kylee VOIGT	JR	Jamestown (N.D.)	57.98		4/6
5	49	Meghan HELLER	JR	Olivet Nazarene (Ill.)	58.04		5/3
6	50	Mika KOOISTRA	FR	Dordt (Iowa)	58.17		5/3
7	54	Gabriella CZECH	FR	Viterbo (Wis.)	58.32		5/3
8	62	Hannah WARNER	FR	Hastings (Neb.)	58.62		5/3
9	67	Jacee PFEIFER	FR	Concordia (Neb.)	58.78		5/3
10	68	Olivia HOEKSTRA	SO	Trinity Christian (Ill.)	58.80		5/3

Women's 800 Meters

1	29	Jenna STEPHENS	SR	Dordt (Iowa)	2:16.91		5/3
2	30	Emalee FUNDERMANN	SO	Morningside (Iowa)	2:17.25		4/24
3	31	Eva BRUNO	SO	St. Francis (Ill.)	2:17.26		5/3
4	34	Rebekah	SR	Northwestern (Iowa)	2:17.47		5/3
5	41	Kathryn VANDER POEL	SR	Mount Mercy (Iowa)	2:18.10		3/15
6	54	Jaci PARRIOTT	JR	Doane (Neb.)	2:19.38		4/19
7	56	Katrina ENGBRETSON	JR	Northwestern (Iowa)	2:19.56		5/3
8	59	Delaney LEMKAU	SR	Doane (Neb.)	2:19.79		5/3
9	62	Sabrina BAFTIRI	SO	St. Francis (Ill.)	2:20.06		5/3
10	63	Corrie REILEY	SR	St. Ambrose (Iowa)	2:20.19		5/3

Women's 1500 Meters

1	26	Sabrina BAFTIRI	SO	St. Francis (Ill.)	4:42.95		5/3
2	37	Kathryn VANDER POEL	SR	Mount Mercy (Iowa)	4:46.21		5/3
3	46	Taylor CONROY	JR	St. Francis (Ill.)	4:46.98		5/3
4	54	Angela BUDACH	JR	Olivet Nazarene (Ill.)	4:48.83		5/3
5	57	Bre RODRIGUEZ	JR	St. Francis (Ill.)	4:49.21		5/3
6	65	Laisha CORONA	SO	St. Francis (Ill.)	4:50.93		4/6
7	67	Annechiena KNEVELBAARD	SR	Dordt (Iowa)	4:51.37		5/3
8	78	Eva BRUNO	FR	St. Francis (Ill.)	4:52.72		4/6
9	82	Karalynn BROCK	SR	Olivet Nazarene (Ill.)	4:53.08		4/6
10	85	Andrea ERTZ	JR	Mount Mercy (Iowa)	4:53.38		3/30

Women's Steeplechase

1	11	Mallory RETTENMEIER	SR	St. Ambrose (Iowa)	11:12.38		4/18
2	33	Olivia COUCH	JR	Dordt (Iowa)	11:35.08		5/3
3	36	McKenna JOHNSON	SO	Mount Mercy (Iowa)	11:42.45		4/13
4	42	Chloe GUNN	SR	St. Ambrose (Iowa)	11:51.09		5/3
5	43	Emily RIESENBERG	SR	Clarke (Iowa)	11:51.19		5/3
6	44	Samantha SCHUYLER	SO	Dakota Wesleyan (S.)	11:58.40		5/3
7	52	Ashley ROBINSON	SO	Dakota State (S.D.)	12:10.62		5/3
8	55	Amy BROUCH	SO	St. Ambrose (Iowa)	12:15.68		5/3
9	56	Jaci PARRIOTT	JR	Doane (Neb.)	12:15.84		5/3
10	57	Jacy JOHNSTON	SR	Concordia (Neb.)	12:16.96		5/3

Women's 5000 Meters

1	32	Karalynn BROCK	SR	Olivet Nazarene (Ill.)	17:50.55		4/18
2	33	Sabrina BAFTIRI	SO	St. Francis (Ill.)	17:52.22		3/29
3	36	Laisha CORONA	SO	St. Francis (Ill.)	18:01.12		3/29
4	40	Taylor CONROY	JR	St. Francis (Ill.)	18:02.40		3/29
5	55	Gina NARCISI	SR	Roosevelt (Ill.)	18:24.44		5/3
6	60	Vanessa CORTES	JR	Mount Mercy (Iowa)	18:26.03		4/13
7	69	Chloe GUNN	SR	St. Ambrose (Iowa)	18:32.35		5/3
8	71	Chloe BURKHART	JR	Judson (Ill.)	18:32.67		4/16
9	72	Bre RODRIGUEZ	JR	St. Francis (Ill.)	18:32.80		4/25
10	80	Megan GRADY	SO	St. Ambrose (Iowa)	18:39.14		4/18

Women's 10,000 Meters

1	9	Karalynn BROCK	SR	Olivet Nazarene (Ill.)	37:05.22		5/3
2	16	Vanessa CORTES	JR	Mount Mercy (Iowa)	37:29.89		4/18
3	17	Laisha CORONA	SO	St. Francis (Ill.)	37:45.83		5/3
4	29	Sarai VARGAS	FR	Olivet Nazarene (Ill.)	38:34.23		5/3
5	31	Nicole SYVERSON	SR	Trinity Christian (Ill.)	38:48.00		4/12
6	33	Megan DEWEERD	SR	Trinity Christian (Ill.)	38:53.71		4/12
7	41	Alexa ZAMORA	SR	Mount Mercy (Iowa)	39:15.03		4/18
8	46	Braska PATTERSON	SR	Midland (Neb.)	39:21.38		5/3
9	48	Celine ESPINOZA	SR	St. Francis (Ill.)	39:22.93		5/3
10	52	Megan GRADY	SO	St. Ambrose (Iowa)	39:29.49		5/3



Regional TFRI Event Summary

as of 5/6/2019 9:32:00 AM

Midwest

Women's Marathon

1	6	Taylor GROVE	SR	Concordia (Neb.)	4:15:12	12/1
1	1	Gina NARCISI	SR	Roosevelt (Ill.)	4:21:38	4/20
2	7	Jacey WILSON	SR	Dickinson State (N.D.)	4:15:20	12/2
2	9	Marissa WIDENER	JR	Waldorf (Iowa)	4:33:29	4/20
3	16	Vanessa CORTES	JR	Mount Mercy (Iowa)	4:24:03	12/2
4	21	Braska PATTERSON	SR	Midland (Neb.)	4:25:03	12/2
5	31	Allison FOSTER	SR	Jamestown (N.D.)	4:27:50	3/19
6	33	Brittney GROVE	SR	Dickinson State (N.D.)	4:28:01	12/2
7	38	Grace MILLER	SO	Valley City State (N.	4:29:03	3/9
8	39	Megan DEWEERD	SR	Trinity Christian (Ill.)	4:29:18	12/1
8	39	Nicole SYVERSON	SR	Trinity Christian (Ill.)	4:29:18	12/1
10	43	Andrea ERTZ	JR	Mount Mercy (Iowa)	4:31:36	12/2

Women's 5000m Race Walk

1	1	Anali CISNEROS	JR	Judson (Ill.)	24:02.84	5/3
2	4	Maria ALARCON	FR	Judson (Ill.)	26:39.81	5/3
3	9	Michaela BARRETTA	JR	Grand View (Iowa)	27:25.96	4/13
4	10	Nayeli CISNEROS	SO	Judson (Ill.)	27:41.14	5/3
5	20	Mariah PELLINO	SO	Clarke (Iowa)	32:55.24	4/13
5	20	Rubi COLIN-ZARATE	FR	Clarke (Iowa)	32:55.24	4/13
7	23	Jenessa CARPENTER	FR	Grand View (Iowa)	33:21.45	5/3
8	25	Bree'Anna LEE	JR	William Penn (Iowa)	33:44.63	5/3
9	26	Amy BROUCH	SO	St. Ambrose (Iowa)	35:18.94	5/3
10	29	Grace WHITE	FR	Olivet Nazarene (Ill.)	37:20.01	5/3

Women's 100 Meter Hurdles

1	9	Kamberlyn LAMER	JR	Dakota Wesleyan (S.	14.26	(0.0)	5/3
2	19	Cali STEWART	JR	Hastings (Neb.)	14.63	(0.0)	4/27
3	22	Amara TAYLOR	SO	Grand View (Iowa)	14.65	(1.0)	4/19
4	32	MacKenzie KEUNE		Northwestern (Iowa)	14.94w	(2.2)	4/12
5	36	Mackenzie GRUBBS	SO	Dickinson State (N.D.)	14.97	(0.0)	4/19
6	37	Lauren TAMAYO	FR	Hastings (Neb.)	14.98	(0.0)	4/27
7	43	Dayris BONILLAS	SO	Hastings (Neb.)	15.08w	(2.2)	4/19
8	45	Sarah LEWIS	FR	Concordia (Neb.)	15.10	(0.0)	5/3
9	50	Kennedy MOGUL	SO	Concordia (Neb.)	15.21	(0.0)	5/3
10	53	Maddy YOUNGERS	JR	St. Ambrose (Iowa)	15.22w	(3.5)	4/16

Women's 400 Meter Hurdles

1	7	Anmarie STUIT	FR	Dordt (Iowa)	1:01.77	5/3
2	12	MacKenzie KEUNE	JR	Northwestern (Iowa)	1:02.41	5/3
3	22	Isabel HINDT	SO	Judson (Ill.)	1:04.72	5/3
4	30	Sarah LEWIS	FR	Concordia (Neb.)	1:05.43	4/19
5	31	Tori BERAN	SR	Concordia (Neb.)	1:05.51	5/3
6	34	Meghan ORR	FR	Jamestown (N.D.)	1:05.55	4/23
7	36	Kennedy MOGUL	SO	Concordia (Neb.)	1:05.64	4/25
8	38	Mackenzie GRUBBS	SO	Dickinson State (N.D.)	1:05.66	5/3
9	43	Lexi PREISSLER	FR	Hastings (Neb.)	1:05.97	5/3
10	52	Jessica GILES	FR	Dakota State (S.D.)	1:06.47	5/3
10	52	Amara TAYLOR	SO	Grand View (Iowa)	1:06.47	4/26

Women's 4x100 Relay

1	8	Hastings (Neb.)	46.86	5/3
2	19	Olivet Nazarene (Ill.)	48.15	5/3
3	28	Doane (Neb.)	48.58	5/3
4	31	Graceland (Iowa)	48.77	4/25
5	39	Viterbo (Wis.)	49.05	4/18
6	42	St. Ambrose (Iowa)	49.11	5/3
7	44	Northwestern (Iowa)	49.15	5/3
8	48	Jamestown (N.D.)	49.21	5/3
9	50	Concordia (Neb.)	49.28	4/5
10	53	York (Neb.)	49.39	4/5

Women's 4x400 Relay

1	10	Olivet Nazarene (Ill.)	3:54.41	4/24
2	11	Concordia (Neb.)	3:54.44	4/24
3	14	Dordt (Iowa)	3:54.86	4/24
4	18	Jamestown (N.D.)	3:55.74	5/3
5	23	Doane (Neb.)	3:56.83	5/3
6	40	St. Francis (Ill.)	4:03.43	5/3
7	44	Dakota State (S.D.)	4:05.22	5/3
8	46	Hastings (Neb.)	4:05.44	5/3
9	48	Northwestern (Iowa)	4:05.67	5/3
10	49	York (Neb.)	4:05.80	5/2

Women's 4x800 Relay

1	5	Northwestern (Iowa)	9:16.81	5/3
2	7	Doane (Neb.)	9:18.22	5/3
3	9	Morningside (Iowa)	9:19.01	5/3
4	10	St. Francis (Ill.)	9:20.31	4/18
5	11	Dordt (Iowa)	9:20.33	5/3
6	17	Olivet Nazarene (Ill.)	9:24.08	5/3
7	18	Concordia (Neb.)	9:24.90	5/3
8	22	St. Ambrose (Iowa)	9:29.89	5/3
9	24	Mount Mercy (Iowa)	9:38.58	5/3
10	34	York (Neb.)	9:57.56	4/18

Women's High Jump

1	1	Shay BROWN	SR	Doane (Neb.)	1.73m	5-8	4/18
1	1	Alexis DALE	JR	Doane (Neb.)	1.73m	5-8	4/19
1	1	Lynette LATOCHA	FR	Olivet Nazarene (Ill.)	1.73m	5-8	4/23
4	6	Chantel KYLER	SR	Clarke (Iowa)	1.71m	5-7½	4/16
5	7	Vashti NWAGBARAOCHA	SR	William Penn (Iowa)	1.70m	5-7	4/13
5	7	Sarah DE HAAN	SO	Dordt (Iowa)	1.70m	5-7	4/23
7	9	Madelyn CLAUSEN	SO	Trinity Christian (Ill.)	1.68m	5-6	4/12
8	13	Isabelle WATSON	SO	Doane (Neb.)	1.67m	5-5¾	4/12
8	13	Claire SINTEK	SR	Doane (Neb.)	1.67m	5-5¾	4/12
8	13	Brianna BOTTS	FR	Hastings (Neb.)	1.67m	5-5¾	4/19
8	13	Mackenzie KOEPKE	FR	Concordia (Neb.)	1.67m	5-5¾	4/5



Regional TFRI Event Summary

as of 5/6/2019 9:32:00 AM

Midwest

Women's Pole Vault

1	2	Erin MAPSON	FR	Concordia (Neb.)	3.80m	12-5½	4/19
2	5	McKenzie GRAVO	JR	Concordia (Neb.)	3.73m	12-2¾	4/25
3	9	Alyssa DOWNS	SO	Doane (Neb.)	3.63m	11-10¾	4/25
4	10	Tristen MOSIER	JR	Concordia (Neb.)	3.60m	11-9¾	4/5
4	10	Courtney SCHINDLER	JR	Doane (Neb.)	3.60m	11-9¾	4/5
6	16	Allison BROOKS	JR	Concordia (Neb.)	3.53m	11-7	4/25
7	17	Suzanne GUERRERO	FR	Graceland (Iowa)	3.50m	11-5¾	4/20
7	17	Abigail COLLINGHAM	JR	Hastings (Neb.)	3.50m	11-5¾	4/27
7	17	Josie PETERSON	SO	Hastings (Neb.)	3.50m	11-5¾	4/14
7	17	Shariden VARNER	JR	Olivet Nazarene (Ill.)	3.50m	11-5¾	3/29

Women's Long Jump

1	5	Kamberlyn LAMER	JR	Dakota Wesleyan (S.)	5.89m	19-4 (0.0)	4/6
2	6	Lexus LOVAN	SR	Graceland (Iowa)	5.88m	19-3½ (1.8)	4/13
3	9	Amazing ASHBY	FR	Lincoln (Ill.)	5.81m	19-¾ (-1.2)	4/6
4	10	Alex LAMBROS	SR	Saint Xavier (Ill.)	5.80m	19-½ (0.0)	5/3
5	13	Claire CORNELL	FR	Concordia (Neb.)	5.76m	18-10¾ (0.0)	4/5
6	14	Jessica DETERDING	JR	Concordia (Neb.)	5.71m	18-8¾ (0.0)	4/27
7	19	Breanna JUDKINS	JR	Clarke (Iowa)	5.67m	18-7¼ (1.7)	4/13
8	25	Jaysa HOINS	SR	Doane (Neb.)	5.62m	18-5¼ (0.0)	4/5
8	25	Abby CAMP	FR	St. Ambrose (Iowa)	5.62m	18-5¼ (0.0)	4/13
10	27	Jamaica LOVAN	SR	Graceland (Iowa)	5.61mw	18-5 (2.4)	4/17
10	27	Daisy MAESSNER	FR	Hastings (Neb.)	5.61m	18-5 (0.0)	4/27

Women's Triple Jump

1	2	Breanna JUDKINS	JR	Clarke (Iowa)	12.49m	40-11¾ (0.0)	5/3
2	3	Jaysa HOINS	SR	Doane (Neb.)	11.98mw	39-3¾ (2.2)	4/25
3	10	Alex LAMBROS	SR	Saint Xavier (Ill.)	11.82m	38-9½ (0.0)	5/3
4	13	Kamberlyn LAMER	JR	Dakota Wesleyan (S.)	11.78m	38-7¾ (0.0)	4/6
5	15	Julia JOHNSON	JR	Jamestown (N.D.)	11.67m	38-3½ (0.0)	4/19
5	15	Leah LARSON	SR	Concordia (Neb.)	11.67m	38-3½ (0.0)	4/27
7	23	Kristol VANTERPOOL	SR	Graceland (Iowa)	11.55m	37-10¾ (1.8)	4/17
8	27	Carmen DEVRIES	FR	Jamestown (N.D.)	11.49m	37-8½ (0.0)	4/19
9	31	Erin FLEMING	FR	Grand View (Iowa)	11.43m	37-6 (0.0)	5/3
10	35	Alea SHANER	SO	Doane (Neb.)	11.37m	37-3¾ (0.0)	5/3

Women's Shot Put

1	1	Samantha LIERMANN	SR	Concordia (Neb.)	15.40m	50-6¼	5/3
2	2	Kate GRINT	JR	Doane (Neb.)	14.91m	48-11	5/3
3	4	Kylie DAVIS	SR	Olivet Nazarene (Ill.)	14.76m	48-5¼	4/13
4	9	Mikaela STOFFERAHN	JR	Dakota Wesleyan (S.)	13.80m	45-3½	4/6
5	10	Eboni NASH	SR	Hastings (Neb.)	13.72m	45-¼	4/5
6	13	Adrianna SHAW	JR	Concordia (Neb.)	13.50m	44-3½	5/3
7	17	Johanna RAGLAND	SR	Concordia (Neb.)	13.34m	43-9¼	4/19
8	20	Kelbie LYON	SR	Hastings (Neb.)	13.04m	42-9½	4/5
9	21	Jasmine WARDELL	SO	Mount Mercy (Iowa)	13.01m	42-8¼	5/3
10	23	Keely PARISH	SR	Hastings (Neb.)	12.99m	42-7½	5/3

Women's Discus

1	1	Keely PARISH	SR	Hastings (Neb.)	48.04m	157-8	4/19
2	2	Kate GRINT	JR	Doane (Neb.)	47.50m	155-10	4/27
3	3	Adrianna SHAW	JR	Concordia (Neb.)	47.16m	154-9	4/5
4	4	Mikaela STOFFERAHN	JR	Dakota Wesleyan (S.)	46.07m	151-2	4/6
5	5	Carley WEISSER	SR	Concordia (Neb.)	45.80m	150-3	4/27
6	6	Traia HUBBARD	SO	Dakota State (S.D.)	45.49m	149-3	4/19
7	7	Kylie DAVIS	SR	Olivet Nazarene (Ill.)	45.19m	148-3	3/23
8	9	Bethany SHAW	JR	Concordia (Neb.)	44.87m	147-3	4/18
9	12	Mackenzie HUBER	JR	Valley City State (N.)	43.37m	142-4	4/19
10	14	Samantha LIERMANN	SR	Concordia (Neb.)	43.22m	141-10	4/27

Women's Hammer

1	1	Brittany BODNAR	JR	St. Francis (Ill.)	56.14m	184-2	4/23
2	2	Michelle CARRILLO	JR	Grand View (Iowa)	56.05m	183-11	4/24
3	3	Adrianna SHAW	JR	Concordia (Neb.)	55.88m	183-4	4/5
4	5	Keely PARISH	SR	Hastings (Neb.)	54.84m	179-11	4/5
5	6	Samantha LIERMANN	SR	Concordia (Neb.)	54.21m	177-10	4/5
6	7	Johanna RAGLAND	SR	Concordia (Neb.)	53.35m	175-1	5/3
7	8	Kelbie LYON	SR	Hastings (Neb.)	53.31m	174-11	4/14
8	9	Kate GRINT	JR	Doane (Neb.)	52.64m	172-9	5/3
9	10	Jezri RINEHART	SR	Olivet Nazarene (Ill.)	51.59m	169-3	4/23
10	12	Eboni NASH	SR	Hastings (Neb.)	51.49m	168-11	4/14

Women's Javelin

1	1	Kati KNEIFL	SR	Morningside (Iowa)	47.10m	154-7	4/19
2	5	Kamberlyn LAMER	JR	Dakota Wesleyan (S.)	42.30m	138-10	4/19
3	9	Maitlyn THOMSEN	SR	Doane (Neb.)	41.40m	135-10	4/18
4	11	Tiersa DARLEY	SO	Hastings (Neb.)	41.20m	135-2	4/19
5	14	Jasmine EICKHOFF	SR	Concordia (Neb.)	40.88m	134-2	4/18
6	16	Alyssa WISHER	SO	Dickinson State (N.D.)	40.42m	132-8	4/23
7	22	Katie DRAKE	SR	Doane (Neb.)	38.98m	127-11	4/18
8	28	Josie PETERSON	SO	Hastings (Neb.)	38.45m	126-2	4/27
9	31	Josie GLASER	FR	Jamestown (N.D.)	37.94m	124-6	4/6
10	32	Peyton HALVERSON	SO	Valley City State (N.)	37.89m	124-4	4/6

Women's Heptathlon

1	1	Kamberlyn LAMER	JR	Dakota Wesleyan (S.)	5,017	5/3
2	3	Jessica DETERDING	JR	Concordia (Neb.)	4,707	4/19
3	4	Maitlyn THOMSEN	SR	Doane (Neb.)	4,645	4/19
4	6	Joscelyn WIND	SR	Dordt (Iowa)	4,586	5/3
5	8	Aurora AREVALO	SR	Morningside (Iowa)	4,562	4/19
6	16	Rachel GADIENT	JR	Mount Mercy (Iowa)	4,408	4/24
7	18	Cali STEWART	JR	Hastings (Neb.)	4,390	5/3
8	19	Allison SKALA	FR	Doane (Neb.)	4,340	5/3
9	21	Lauren TAMAYO	FR	Hastings (Neb.)	4,236	4/19
10	22	Katie CANNON	SO	Jamestown (N.D.)	4,180	5/3



Regional TFRI Event Summary

as of 5/6/2019 9:32:01 AM

South

Women's 100 Meters

1	1	Aniekeme ETIM	JR	William Carey (Miss.)	11.38	(0.3)	4/19
2	3	Kimone HINDS	SO	Southern-New Orlea	11.55w	(2.7)	4/27
3	4	Monique SPENCER	SO	Southern-New Orlea	11.68w	(4.2)	4/27
4	9	Shalysa WRAY	FR	Xavier (La.)	11.87w	(3.8)	4/6
5	16	Kerry Ann SCOTT	SO	Southern-New Orlea	11.92w	(4.2)	4/27
6	18	Alexis MILTON	SR	Xavier (La.)	11.94w	(3.8)	4/6
7	20	Alexandria JOHNSON	SR	Tennessee Wesleyan	11.96	(-0.7)	4/26
8	21	Brittany JONES	SO	William Carey (Miss.)	11.97w	(2.2)	3/30
9	23	Keaghan PEPPERS	SO	William Carey (Miss.)	12.03w	(4.2)	4/27
10	25	Ariel FORD	FR	Xavier (La.)	12.09w	(3.8)	4/6
10	25	Zyshai BROWN	SO	Edward Waters (Fla.)	12.09	(0.0)	4/17

Women's 200 Meters

1	2	Aniekeme ETIM	JR	William Carey (Miss.)	23.65w	(2.7)	4/19
2	3	Kimone HINDS	SO	Southern-New Orlea	23.95	(1.2)	4/27
3	4	Kadeja CAMPBELL	FR	Southern-New Orlea	24.11	(0.0)	4/17
4	6	Shalysa WRAY	FR	Xavier (La.)	24.15	(0.0)	4/17
5	11	Namiah SIMPSON	FR	Southeastern (Fla.)	24.49w	(2.8)	3/29
6	17	Argyana BOLTON	JR	Southern-New Orlea	24.65	(1.4)	4/5
7	22	Faith CALLOWAY	SR	USC Beaufort (S.C.)	24.78w	(2.9)	4/20
8	23	Ariel FORD	FR	Xavier (La.)	24.79	(0.0)	4/17
9	24	Tamia FRANCIS	FR	Brenau (Ga.)	24.83	(-1.0)	4/26
10	27	Alexandria JOHNSON	SR	Tennessee Wesleyan	24.94	(-1.0)	4/26

Women's 400 Meters

1	1	Stacey Ann WILLIAMS	FR	Southern-New Orlea	52.74		4/20
2	2	Xuxa PEART	SO	Southern-New Orlea	54.75		4/27
3	4	Jezelle SHAW	FR	Southern-New Orlea	54.90		4/27
4	5	Kimona SMIKLE	SR	Southern-New Orlea	55.15		3/30
5	6	Shalysa WRAY	FR	Xavier (La.)	55.24		4/17
6	7	Argyana BOLTON	JR	Southern-New Orlea	55.55		3/30
7	9	Namiah SIMPSON	FR	Southeastern (Fla.)	55.87		3/22
8	10	O'shalia JOHNSON	FR	Southern-New Orlea	56.21		4/27
9	17	Courtney GALES	FR	Southeastern (Fla.)	56.84		4/19
10	21	Ariel FORD	FR	Xavier (La.)	56.96		3/2

Women's 800 Meters

1	5	Emily KEARNEY	JR	SCAD Atlanta (Ga.)	2:11.89		3/22
2	17	Jezelle SHAW	FR	Southern-New Orlea	2:14.77		3/30
3	33	Lauren GLENCROSS	SR	Columbia (S.C.)	2:17.31		4/12
4	37	Jaden RUSSELL	JR	William Carey (Miss.)	2:17.52		3/22
5	50	Erica STONE	JR	Milligan (Tenn.)	2:19.13		4/26
6	66	Tristin SANDERS	JR	Loyola (La.)	2:20.43		4/19
7	72	Elizabeth SKIPPER	SR	Life (Ga.)	2:20.91		3/22
8	81	Bekah OWEN	FR	Milligan (Tenn.)	2:21.40		3/29
9	88	Arrrielle EDWARDS	FR	St. Thomas (Fla.)	2:21.80		3/15
10	96	Sarah WELCH	FR	Bryan (Tenn.)	2:22.31		3/29

Women's 1500 Meters

1	2	Emily KEARNEY	JR	SCAD Atlanta (Ga.)	4:24.45		3/29
2	13	Susana GUTIERREZ	JR	St. Thomas (Fla.)	4:38.97		3/23
3	22	Lesly MARCIN	SO	St. Thomas (Fla.)	4:40.24		3/23
4	25	Andrea PETERSON	JR	St. Thomas (Fla.)	4:42.07		3/23
5	28	Lemi WUTZ	SO	SCAD Savannah (Ga.)	4:43.64		3/2
6	32	Sandra PFLUGHOFT	FR	SCAD Atlanta (Ga.)	4:44.92		3/29
7	52	Erica STONE	JR	Milligan (Tenn.)	4:48.48		4/4
8	61	Jessy SCARPONE	SR	SCAD Savannah (Ga.)	4:50.27		4/27
9	66	Julia ROHM	FR	Southeastern (Fla.)	4:51.35		3/22
10	74	Jaden RUSSELL	JR	William Carey (Miss.)	4:51.60		4/27
10	74	Lydia WILSON	JR	Montreat (N.C.)	4:51.60		3/29

Women's Steeplechase

1	13	Lemi WUTZ	SO	SCAD Savannah (Ga.)	11:13.62		3/29
2	21	Gabrielle MARDIS	FR	Milligan (Tenn.)	11:22.78		4/4
3	25	Ivie NOBLES	JR	Truett-McConnell (G	11:24.73		4/12
4	30	Andrea PETERSON	JR	St. Thomas (Fla.)	11:29.63		3/23
5	32	Rachel GALLISON	JR	Tennessee Wesleyan	11:33.13		5/4
6	40	Maddie MULLEN	SR	SCAD Atlanta (Ga.)	11:47.39		4/19
7	61	Christine SNUFFER	FR	Columbia Internatio	12:20.61		4/20
8	69	Abigayle GAWTHORP	JR	Cumberland (Tenn.)	12:29.17		4/26
9	74	Elizabeth SKIPPER	SR	Life (Ga.)	12:32.85		3/29
10	76	Ana Karen PADILLA	JR	Dalton State (Ga.)	12:33.44		4/19

Women's 5000 Meters

1	2	Emily KEARNEY	JR	SCAD Atlanta (Ga.)	16:32.35		4/19
2	12	Sandra PFLUGHOFT	FR	SCAD Atlanta (Ga.)	17:18.42		4/19
3	15	Jessy SCARPONE	SR	SCAD Savannah (Ga.)	17:24.99		4/19
4	19	Lemi WUTZ	SO	SCAD Savannah (Ga.)	17:33.83		4/19
5	23	Julia ROHM	FR	Southeastern (Fla.)	17:41.22		3/22
6	25	Lydia WILSON	JR	Montreat (N.C.)	17:43.27		4/4
7	26	Katie CLARKE	SO	SCAD Atlanta (Ga.)	17:43.62		4/19
8	42	Amy FERGUSON	SO	Milligan (Tenn.)	18:04.49		4/4
9	49	Avery DEWOLF	FR	Milligan (Tenn.)	18:15.08		4/4
10	63	Sarah BOMKAMP	JR	St. Thomas (Fla.)	18:28.75		3/1

Women's 10,000 Meters

1	2	Emily KEARNEY	JR	SCAD Atlanta (Ga.)	35:39.16		4/12
2	5	Jessy SCARPONE	SR	SCAD Savannah (Ga.)	36:14.46		3/29
3	14	Sarah BOMKAMP	JR	St. Thomas (Fla.)	37:24.33		3/23
4	49	Kalie DEMERJIAN	SR	SCAD Atlanta (Ga.)	39:27.92		4/26
5	56	Susana GUTIERREZ	JR	St. Thomas (Fla.)	39:37.29		4/27
6	69	Makenzie JOHNSON	FR	Southeastern (Fla.)	39:49.67		4/27
7	75	Maddie MULLEN	SR	SCAD Atlanta (Ga.)	39:59.21		3/22
8	83	Riley KILIAN	JR	Cumberland (Tenn.)	40:18.00		4/26
9	86	Raeanna PABON	SO	Southeastern (Fla.)	40:31.44		3/22
10	88	Andrea PETERSON	JR	St. Thomas (Fla.)	40:35.26		3/23



Regional TFRI Event Summary

as of 5/6/2019 9:32:01 AM

South

Women's Marathon

1	4	Stephanie COFFEY	SR	Milligan (Tenn.)	4:25:11	4/28
1	5	Lydia WILSON		Montreat (N.C.)	4:14:03	12/8
2	5	Kalie DEMERJIAN	SR	SCAD Atlanta (Ga.)	4:27:36	4/5
2	22	Riley KILIAN	JR	Cumberland (Tenn.)	4:25:27	2/23
3	7	Maddie MULLEN	SR	SCAD Atlanta (Ga.)	4:30:36	4/5
3	35	Sarah BOMKAMP	JR	St. Thomas (Fla.)	4:28:36	2/2
4	41	Andi WHEELER	FR	William Carey (Miss.)	4:29:39	2/10
5	45	Susana GUTIERREZ	JR	St. Thomas (Fla.)	4:32:33	2/2
6	54	Kristin KUMBERA	SO	Milligan (Tenn.)	5:27:00	2/2

Women's 5000m Race Walk

1	15	Shelby WINN	FR	Columbia (S.C.)	29:29.83	4/26
2	28	Brittany ROBBINS	SO	Columbia (S.C.)	35:47.54	3/29
3	33	Chloe IRELAND	JR	Brenau (Ga.)	39:07.24	4/26
4	35	Paola BENITEZ-HERNANDEZ	SO	Brenau (Ga.)	39:49.98	4/26
5	36	Deeanna JOSEPH	SO	Brenau (Ga.)	41:30.03	4/26

Women's 100 Meter Hurdles

1	5	Sasha NEWMAN	SR	Southern-New Orlea	14.14	(0.0)	4/17
2	19	Kelsey WHITE-KENNEDY	SO	Columbia (S.C.)	14.63	(0.7)	4/26
3	50	Terese LUJUA	SO	William Carey (Miss.)	15.21	(0.9)	4/19
4	61	Jaslyn JOSEPH	JR	USC Beaufort (S.C.)	15.38	(-1.9)	4/27
5	71	Dasia STEVENS	FR	Edward Waters (Fla.)	15.51	(1.6)	4/5
6	72	Tamia THOMPSON	JR	USC Beaufort (S.C.)	15.53	(-1.9)	4/27
7	77	Camille SIMS	FR	Edward Waters (Fla.)	15.54	(0.0)	4/17
8	84	Mackenzie INMAN	SO	Keiser (Fla.)	15.70	(0.2)	3/22
9	87	Jalicia NEIL	JR	Tennessee Wesleyan	15.74	(0.0)	4/6
10	98	Raven DAVIS	SR	Xavier (La.)	15.95w	(3.0)	4/6

Women's 400 Meter Hurdles

1	1	Kimona SMIKLE	SR	Southern-New Orlea	59.93	4/5
2	2	Sasha NEWMAN	SR	Southern-New Orlea	59.97	4/27
3	3	Namiah SIMPSON	FR	Southeastern (Fla.)	1:01.11	4/12
4	6	Shantae GREEN	SR	Southern-New Orlea	1:01.74	4/27
5	21	Kierra FRAZIER	SO	William Carey (Miss.)	1:04.70	4/19
6	49	Kelsey WHITE-KENNEDY	SO	Columbia (S.C.)	1:06.21	4/26
7	60	Sennia CORBIN	SO	William Carey (Miss.)	1:06.92	4/5
8	63	Dasia SHEPHERD	FR	Brewton-Parker (Ga.)	1:07.12	3/22
9	66	Raven RILEY	FR	Xavier (La.)	1:07.16	4/6
10	82	Ayana DANIELS	SR	Brenau (Ga.)	1:07.82	4/26

Women's 4x100 Relay

1	1	William Carey (Miss.)	45.92	4/5
2	2	Southern-New Orlea	46.19	4/17
3	5	Xavier (La.)	46.23	3/2
4	6	Tennessee Wesleyan	46.70	4/26
5	9	Brenau (Ga.)	47.00	4/26
6	12	USC Beaufort (S.C.)	47.67	4/27
7	15	Southeastern (Fla.)	47.94	4/27
8	17	Webber Internationa	48.02	3/29
9	27	Columbia (S.C.)	48.56	3/23
10	35	Florida Memorial	48.90	4/27

Women's 4x400 Relay

1	6	Xavier (La.)	3:53.20	3/2
2	8	Southeastern (Fla.)	3:54.23	3/22
3	9	Southern-New Orlea	3:54.24	4/17
4	22	William Carey (Miss.)	3:56.48	3/30
5	25	Tennessee Wesleyan	3:57.98	4/26
6	37	Florida Memorial	4:02.36	4/27
7	38	Life (Ga.)	4:03.04	4/26
8	41	Truett-McConnell (G	4:03.95	4/26
9	42	St. Thomas (Fla.)	4:03.97	3/1
10	47	Brenau (Ga.)	4:05.63	4/26

Women's 4x800 Relay

1	25	Milligan (Tenn.)	9:38.74	3/29
2	27	Southeastern (Fla.)	9:41.57	4/27
3	39	St. Thomas (Fla.)	10:04.91	4/27
4	41	Tennessee Wesleyan	10:05.46	3/22
5	45	William Carey (Miss.)	10:11.98	3/22
6	54	Montreat (N.C.)	10:20.11	4/26
7	60	Brenau (Ga.)	10:27.48	4/26
8	61	Blue Mountain (Miss.	10:28.53	3/15
9	65	SCAD Savannah (Ga.	10:34.27	4/27
10	67	Cumberland (Tenn.)	10:34.92	4/26

Women's High Jump

1	13	Bria SANDS	JR	Life (Ga.)	1.67m	5-5¾	4/26
2	23	Jalicia NEIL	JR	Tennessee Wesleyan	1.65m	5-5	4/6
3	27	Raven THOMPSON	FR	William Carey (Miss.)	1.64m	5-4½	4/19
3	27	Angel PETERSON	SO	Mobile (Ala.)	1.64m	5-4½	3/15
5	41	Tyleeah MADDOX	FR	Brenau (Ga.)	1.61m	5-3¾	4/26
6	45	Laura BORDERS	FR	Webber Internationa	1.60m	5-3	4/27
6	45	Brittany HOUSE	JR	Webber Internationa	1.60m	5-3	4/13
8	48	Brittany JONES	SO	William Carey (Miss.)	1.59m	5-2½	4/19
9	60	Amara EDWARDS	JR	Dillard (La.)	1.58m	5-2¼	4/17
10	70	Erica CHRISTENSEN	SO	Keiser (Fla.)	1.56m	5-1¼	3/9
10	70	Davia CHIN	JR	Edward Waters (Fla.)	1.56m	5-1¼	3/9



Regional TFRI Event Summary

as of 5/6/2019 9:32:01 AM

South

Women's Pole Vault

1	50	Katie COLEND	JR	Montreat (N.C.)	3.15m	10-4	4/6
2	55	Ayana DANIELS	SR	Brenau (Ga.)	3.10m	10-2	4/26
3	###	Haley GILL	SR	Brenau (Ga.)	2.70m	8-10¼	4/26
4	###	Olivia GEISEL	SO	USC Beaufort (S.C.)	2.62m	8-7	4/27
5	###	Madison OBARSKY	FR	Reinhardt (Ga.)	2.60m	8-6¼	4/26
6	###	Cecilia TERRACINA	SO	Loyola (La.)	2.47m	8-1¼	3/22
7	###	Gianna THORNTON	SR	Webber Internationa	2.44m	8-0	4/27
7	###	Courtney SHERRY	JR	USC Beaufort (S.C.)	2.44m	8-0	4/27
9	###	Makayla HICKMON	SR	Edward Waters (Fla.)	2.43m	7-11½	3/30
10	###	Aleah HALTIWANGER	SR	Columbia (S.C.)	2.36m	7-8¾	3/23

Women's Long Jump

1	2	Brittany JONES	SO	William Carey (Miss.)	6.04m	19-9¾ (-0.4)	4/27
2	17	J'nai TAYLOR	FR	Webber Internationa	5.70m	18-8½ (1.1)	4/27
3	19	Bria SANDS	JR	Life (Ga.)	5.67m	18-7¼ (0.2)	4/12
3	19	Zyshaí BROWN	SO	Edward Waters (Fla.)	5.67mw	18-7¼ (2.3)	4/5
5	40	Talayla DAVIS	FR	William Carey (Miss.)	5.57m	18-3¼ (0.6)	4/5
6	51	Akia ARMSTRONG	SR	Dillard (La.)	5.48m	17-11¾ (0.1)	4/27
6	51	Shatrice DIXON	FR	Brenau (Ga.)	5.48m	17-11¾ (0.0)	4/26
8	73	Iyana MCKEEVER	JR	USC Beaufort (S.C.)	5.38m	17-8 (-1.0)	3/29
9	76	Tamia FRANCIS	FR	Brenau (Ga.)	5.37m	17-7½ (0.4)	4/5
10	82	Chelsea KENDALL	JR	Mobile (Ala.)	5.34m	17-6¼ (1.7)	3/15

Women's Triple Jump

1	5	Brittany JONES	SO	William Carey (Miss.)	11.92m	39-1¼ (-0.2)	4/19
2	8	Nekeima OBIKE	SO	Florida Memorial	11.86mw	38-11 (2.8)	4/12
3	11	Miyah FORD	FR	Southeastern (Fla.)	11.80m	38-8¾ (1.5)	4/27
4	19	Shekinah WHITE	FR	Edward Waters (Fla.)	11.63m	38-2 (1.1)	4/5
5	26	Bria SANDS	JR	Life (Ga.)	11.51m	37-9¼ (-0.5)	4/12
6	27	Tiara TAYLOR	FR	Edward Waters (Fla.)	11.49m	37-8½ (-2.5)	4/5
7	35	Iyana MCKEEVER	SO	USC Beaufort (S.C.)	11.37m	37-3¾ (1.5)	4/27
7	35	Jaslyn JOSEPH	JR	USC Beaufort (S.C.)	11.37mw	37-3¾ (2.7)	4/27
9	46	Shatrice DIXON	FR	Brenau (Ga.)	11.23m	36-10¼ (0.0)	4/26
9	46	Arrrielle EDWARDS	FR	St. Thomas (Fla.)	11.23m	36-10¼ (0.0)	3/12

Women's Shot Put

1	14	Elizabeth MALLER	SR	Milligan (Tenn.)	13.49m	44-3¼	5/4
2	16	Kalea BARNETT	JR	Cumberland (Tenn.)	13.42m	44-½	4/26
3	51	Cameron MIMS	SO	Brenau (Ga.)	12.35m	40-6¼	4/26
4	58	Dekoya HODGE	SO	St. Thomas (Fla.)	12.30m	40-4¼	4/27
5	74	Toynell MING	FR	St. Thomas (Fla.)	12.12m	39-9¼	3/23
6	77	Thalia JACKSON	FR	Webber Internationa	12.00m	39-4½	4/13
7	78	Seauanna WATSON	FR	Dillard (La.)	11.98m	39-3¾	3/9
8	91	Britany BROWN	FR	Columbia Internatio	11.82m	38-9½	3/23
9	95	Lachen TERRELL	JR	William Carey (Miss.)	11.74m	38-6¼	3/22
10	###	Aleah BROMELL	FR	Columbia (S.C.)	11.65m	38-2¾	3/15

Women's Discus

1	33	Princess NWANKWO	FR	Southeastern (Fla.)	40.36m	132-5	4/19
2	41	Elizabeth MALLER	SR	Milligan (Tenn.)	39.86m	130-9	3/29
3	49	Elyssa PAULDING	FR	Mobile (Ala.)	39.36m	129-2	4/5
4	56	Zaldo MELISSA	SO	St. Thomas (Fla.)	39.05m	128-2	3/23
5	77	Taylor HAGINS	SR	Loyola (La.)	37.75m	123-10	4/19
6	79	Dekoya HODGE	SO	St. Thomas (Fla.)	37.64m	123-6	3/15
7	87	Toynell MING	FR	St. Thomas (Fla.)	37.46m	122-11	3/23
8	95	Britany BROWN	FR	Columbia Internatio	37.14m	121-10	3/29
9	96	Calah WILLIAMS	JR	Xavier (La.)	37.12m	121-10	4/17
10	###	Dajha HARPER	JR	Mobile (Ala.)	36.82m	120-10	3/15

Women's Hammer

1	15	Elizabeth MALLER	SR	Milligan (Tenn.)	50.48m	165-8	4/12
2	56	Kalea BARNETT	JR	Cumberland (Tenn.)	45.15m	148-2	4/26
3	70	Taylor HAGINS	SR	Loyola (La.)	43.76m	143-7	4/19
4	91	LaKirstan HOOKS	JR	Mobile (Ala.)	42.32m	138-10	4/19
5	###	Briana SHABLOM	FR	USC Beaufort (S.C.)	41.97m	137-9	4/27
6	###	Cameron MIMS	SO	Brenau (Ga.)	40.57m	133-1	4/26
7	###	Courtne PERRY	SO	Webber Internationa	39.55m	129-9	4/27
8	###	Mahogany HUDDLESTON		Cumberland (Tenn.)	39.15m	128-6	3/22
9	###	Thalia JACKSON	FR	Webber Internationa	39.14m	128-5	4/27
10	###	Deeanna JOSEPH	SO	Brenau (Ga.)	38.78m	127-3	4/26

Women's Javelin

1	29	Chrislyn WHALEY	JR	Mobile (Ala.)	38.15m	125-2	3/29
2	40	Makayla HICKMON	SR	Edward Waters (Fla.)	37.24m	122-2	4/5
3	55	Sarah RUCK	SR	Brewton-Parker (Ga.)	35.72m	117-2	4/5
4	57	Dekoya HODGE	SO	St. Thomas (Fla.)	35.70m	117-2	4/27
5	59	Laura BORDERS	FR	Webber Internationa	35.65m	117-0	4/13
6	86	Savannah VIGOR	FR	Mobile (Ala.)	33.31m	109-4	4/19
7	92	Shannon HESTER	SR	Loyola (La.)	32.94m	108-1	4/19
8	97	Tamia SCOTT	JR	Xavier (La.)	32.71m	107-4	4/17
9	###	Michelle TIERNEY	FR	Southeastern (Fla.)	32.32m	106-1	4/19
10	###	Keyvyn STINYARD	FR	Southeastern (Fla.)	31.61m	103-9	4/19

Women's Heptathlon

1	36	Jaslyn JOSEPH	SR	USC Beaufort (S.C.)	3,772		4/5
2	43	Michelle TIERNEY	FR	Southeastern (Fla.)	3,616		3/22
3	49	Kanyisola ANJORIN	SO	Brenau (Ga.)	3,481		4/26
4	50	Ayana DANIELS	SR	Brenau (Ga.)	3,459		3/22
5	59	Heather WOOLARD	FR	Columbia (S.C.)	3,047		4/26
6	61	Paulette WIMBERLY	SO	USC Beaufort (S.C.)	2,959		4/5
7	64	Gloria CLARK	SR	Brenau (Ga.)	2,886		4/26
8	65	Linnea ABERG	SO	USC Beaufort (S.C.)	2,876		4/5
9	70	Marialejandra JULIA	JR	Life (Ga.)	2,714		4/26
10	73	Courtney SHERRY	JR	USC Beaufort (S.C.)	2,570		4/5



Regional TFRI Event Summary

as of 5/6/2019 9:32:01 AM

South Central

Women's 100 Meters

1	2	Devin JOHNSON	SR	Wayland Baptist (Te	11.48c	(11.45A) (2.	4/20
2	4	Cheyenne HILL-JOHNSON	SO	Wayland Baptist (Te	11.68cw	(11.65A) (3.	4/5
3	6	Imani HUTCHINSON	JR	Park (Mo.)	11.77w	(3.0)	4/13
4	7	Adia VAUGHN	SO	Ottawa (Kan.)	11.81	(0.0)	5/2
5	11	Nikole HALLADAY-METH	FR	Oklahoma City	11.89w	(2.7)	4/5
6	14	Dazjah WHEELER	FR	Texas College	11.91	(0.0)	4/18
7	16	Amy BRAIMBRIDGE	JR	McPherson (Kan.)	11.92	(0.0)	4/13
8	22	Brandy SMITH	SO	Central Christian (Ka	12.02	(0.0)	4/20
9	38	Jayda COOPER	SO	Saint Mary (Kan.)	12.18	(0.0)	5/2
10	42	Jennifer ANDRES	SO	Bethel (Kan.)	12.21	(0.0)	5/2

Women's 200 Meters

1	1	Devin JOHNSON	SR	Wayland Baptist (Te	23.61w	(3.7)	4/27
2	7	Amy BRAIMBRIDGE	JR	McPherson (Kan.)	24.16	(0.0)	4/20
3	8	Cheyenne HILL-JOHNSON	SO	Wayland Baptist (Te	24.32cw	(24.25A) (2.	4/20
4	10	Adia VAUGHN	SO	Ottawa (Kan.)	24.45	(0.0)	5/2
5	12	Nikole HALLADAY-METH	FR	Oklahoma City	24.54w	(4.0)	4/17
6	14	Dazjah WHEELER	FR	Texas College	24.57	(0.0)	4/18
7	20	Brandy SMITH	SO	Central Christian (Ka	24.76	(0.0)	4/20
8	26	Imani HUTCHINSON	JR	Park (Mo.)	24.92	(0.0)	3/22
9	28	Myah YODER	FR	Baker (Kan.)	24.99	(0.0)	4/20
10	31	Jennifer ANDRES	SO	Bethel (Kan.)	25.11	(0.0)	4/20

Women's 400 Meters

1	3	Amy BRAIMBRIDGE	JR	McPherson (Kan.)	54.78		5/2
2	10	Adia VAUGHN	SO	Ottawa (Kan.)	56.21		4/27
3	13	Ardeen WALKER	JR	MidAmerica Nazaren	56.52		5/3
4	16	Genevie RIVERA	SO	McPherson (Kan.)	56.74		5/2
5	20	Kelly BROWN	JR	MidAmerica Nazaren	56.90		5/3
6	25	Pearl MORGAN	JR	Central Methodist (M	57.15		5/3
7	27	Jaylen KNIGHT	FR	Friends (Kan.)	57.28		5/2
8	34	Kaycee MAYFIELD	JR	Baker (Kan.)	57.47		5/3
9	35	Shelby HUNDLEY	SR	Friends (Kan.)	57.52		5/2
10	38	Myah YODER	FR	Baker (Kan.)	57.57		5/3

Women's 800 Meters

1	7	Tiffany CANO	SR	Wayland Baptist (Te	2:12.64c	(2:13.03A)	5/4
2	8	Teresha JACOBS	JR	Wayland Baptist (Te	2:12.77c	(2:13.22A)	4/5
3	10	Kelly BROWN	JR	MidAmerica Nazaren	2:13.05		4/19
4	12	Tenka STRINGER	JR	Avila (Mo.)	2:13.48		5/2
5	14	Elizabeth WILLIAMS	JR	Wayland Baptist (Te	2:13.92		4/27
6	19	Jackline CHERONO	SO	Wayland Baptist (Te	2:14.91c	(2:15.30A)	5/4
7	22	Sheridan HOYER	SR	Oklahoma City	2:15.49		4/5
8	28	Kara GRANT	FR	Wiley (Texas)	2:16.83		4/12
9	38	Lorena MORENO	SR	Saint Mary (Kan.)	2:17.69		5/2
10	40	Shelby HUNDLEY	SR	Friends (Kan.)	2:17.96		4/10

Women's 1500 Meters

1	9	Teresha JACOBS	JR	Wayland Baptist (Te	4:35.19c	(4:38.51A)	5/4
2	10	Jackline CHERONO	SO	Wayland Baptist (Te	4:36.25		4/27
3	21	Lorena MORENO	SR	Saint Mary (Kan.)	4:39.91		4/24
4	37	Kaitlyn SHOEMAKER	JR	Saint Mary (Kan.)	4:46.21		3/22
5	44	Melanie COZZI	SO	Benedictine (Kan.)	4:46.75		5/3
6	45	Sheridan HOYER	SR	Oklahoma City	4:46.97		4/10
7	48	Aminat OLOWORA	SR	Oklahoma City	4:47.36		3/29
8	49	Emily BAYER	FR	Missouri Baptist	4:47.57		4/6
9	55	Natalie DRYDEN	FR	Oklahoma City	4:49.02		4/17
10	68	Taylor WILLIAMS	JR	Wayland Baptist (Te	4:51.38c	(4:54.90A)	3/22

Women's Steeplechase

1	5	Teresha JACOBS	JR	Wayland Baptist (Te	11:04.56		4/27
2	14	Kari BLATTNER	SR	Southwestern (Kan.)	11:14.18		4/17
3	19	Christa FOLLETTE	SR	Friends (Kan.)	11:21.55		5/2
4	22	Rebecca STARRETT	SR	Missouri Baptist	11:23.20		4/6
5	23	Nicole BALLARD	SO	Friends (Kan.)	11:24.04		5/2
6	28	Rachel WHITE	SR	MidAmerica Nazaren	11:26.40		5/3
7	34	Julie LOEWEN	SR	Tabor (Kan.)	11:35.50		4/20
8	35	Lorena MORENO	SR	Saint Mary (Kan.)	11:41.76		5/2
9	41	Kathleen JOYCE	JR	Benedictine (Kan.)	11:49.26		5/3
10	59	Rachel FRANKLIN	JR	Park (Mo.)	12:19.63		4/26

Women's 5000 Meters

1	1	Aminat OLOWORA	SR	Oklahoma City	15:48.48		4/18
2	20	Lorena MORENO	SR	Saint Mary (Kan.)	17:35.69		4/17
3	22	Jackline CHERONO	SO	Wayland Baptist (Te	17:40.35		3/27
4	28	Natalie DRYDEN	FR	Oklahoma City	17:48.76		4/10
5	29	Kaitlyn SHOEMAKER	JR	Saint Mary (Kan.)	17:49.05		4/17
6	30	Prudence KIYENG	FR	Wayland Baptist (Te	17:49.98		4/27
7	31	Pia VON KEUTZ	FR	Columbia (Mo.)	17:50.17		4/26
8	38	Jackline JEMELI	JR	Wayland Baptist (Te	18:01.51		4/27
9	52	Brianna HALLER	FR	Columbia (Mo.)	18:19.00		4/26
10	57	Brittany WHITE-DOLD	JR	Saint Mary (Kan.)	18:25.77		4/17

Women's 10,000 Meters

1	1	Aminat OLOWORA	SR	Oklahoma City	33:33.33		4/5
2	10	Kaitlyn SHOEMAKER	JR	Saint Mary (Kan.)	37:08.02		3/30
3	11	Jackline JEMELI	JR	Wayland Baptist (Te	37:12.65c	(37:57.10A)	4/12
4	21	Pia VON KEUTZ	FR	Columbia (Mo.)	38:00.62		3/30
5	25	Brittany WHITE-DOLD	JR	Saint Mary (Kan.)	38:12.03		3/28
6	45	Lila DREVES	JR	MidAmerica Nazaren	39:21.17		4/13
7	47	Rachel WHITE	SR	MidAmerica Nazaren	39:22.30		4/13
8	51	Kassidy WILLIAMS	SR	Oklahoma City	39:29.25		4/17
9	61	Shelby KALLEM	SO	Hannibal-LaGrange	39:42.96		4/26
10	63	Lexi INSCHO	SO	Southwestern (Kan.)	39:44.15		4/5



Regional TFRI Event Summary

as of 5/6/2019 9:32:01 AM

South Central

Women's Marathon

1	1	Kaitlyn SHOEMAKER	JR	Saint Mary (Kan.)	4:11:39	12/8
2	2	Rachel WHITE	SR	MidAmerica Nazaren	4:12:06	12/8
3	3	Lila DREVES	JR	MidAmerica Nazaren	4:12:33	12/8
4	8	Breanna BARNEY	SR	MidAmerica Nazaren	4:16:30	12/8
5	10	Michaela WERNER	SR	Oklahoma City	4:20:06	3/9
6	11	Brittany WHITE-DOLD	JR	Saint Mary (Kan.)	4:20:30	12/8
7	12	Pia VON KEUTZ	FR	Columbia (Mo.)	4:21:49	3/22
8	13	Julie LOEWEN	SR	Tabor (Kan.)	4:22:40	12/8
9	14	Kaylee SHANLEY	SR	MidAmerica Nazaren	4:23:54	12/8
10	19	Lorena MORENO	SR	Saint Mary (Kan.)	4:24:51	12/8

Women's 5000m Race Walk

1	6	Kayla ALLEN	SO	Friends (Kan.)	26:50.01	3/30
2	7	Lila DREVES	JR	MidAmerica Nazaren	26:59.39	3/30
3	17	Mikayla KAMBEITZ	FR	MidAmerica Nazaren	31:06.59	3/30
4	18	Moiria BURGESS	FR	Friends (Kan.)	31:25.53	4/27
5	22	Jolene JENSON	FR	Friends (Kan.)	33:04.01	4/27
6	24	Emma CARTER	FR	MidAmerica Nazaren	33:37.13	3/30
7	27	Anna ZIRPOLO	SO	Park (Mo.)	35:20.08	3/30

Women's 100 Meter Hurdles

1	3	Tiona OWENS	SR	Wayland Baptist (Te	14.12w	(4.8)	4/27
2	7	Amanda MURRAY	SR	Central Christian (Ka	14.24	(0.0)	4/20
2	7	Shukura TYLER	JR	MidAmerica Nazaren	14.24	(0.5)	5/3
4	12	Lexanna MORGAN	SR	Central Methodist (M	14.44	(0.5)	5/3
5	15	Maddie MINNAERT	SR	Benedictine (Kan.)	14.47	(0.5)	5/3
6	17	Miki ROMAIN	JR	Our Lady of the Lake	14.57w	(4.8)	4/12
7	18	Dacia HARRIS	JR	MidAmerica Nazaren	14.58w	(3.2)	4/6
8	27	Shelby HUNDLEY	SR	Friends (Kan.)	14.84	(0.0)	4/20
9	30	Ally SWAIM	FR	Central Baptist (Ark.)	14.88	(0.5)	4/5
10	32	Megan MCCRARY	SR	Missouri Baptist	14.94	(0.4)	4/19

Women's 400 Meter Hurdles

1	5	Shelby HUNDLEY	SR	Friends (Kan.)	1:01.71	5/2
2	9	Kara SIMMONS	SR	Friends (Kan.)	1:02.11	5/2
3	16	Ardeen WALKER	JR	MidAmerica Nazaren	1:04.08	4/13
4	17	Maddie MINNAERT	SR	Benedictine (Kan.)	1:04.42	5/3
5	26	Teresa AMBUUL	JR	Benedictine (Kan.)	1:04.91	5/3
6	28	Helen THAMES	SR	Avila (Mo.)	1:05.30	4/19
7	49	Lauren DOLL	JR	Friends (Kan.)	1:06.21	5/2
8	54	Mary MCCOWEN	SO	Benedictine (Kan.)	1:06.53	5/3
9	69	Kaylee LUNN	FR	Avila (Mo.)	1:07.29	5/2
9	69	Madison PROBEN	SO	Evangel (Mo.)	1:07.29	5/3

Women's 4x100 Relay

1	4	Wayland Baptist (Te	46.22	3/28
2	11	McPherson (Kan.)	47.46	5/2
3	16	Baker (Kan.)	47.99	5/3
4	22	Park (Mo.)	48.31	4/17
5	29	Central Methodist (M	48.71	5/3
6	30	Friends (Kan.)	48.74	5/2
7	33	MidAmerica Nazaren	48.88	4/19
8	40	Benedictine (Kan.)	49.07	5/3
9	41	Saint Mary (Kan.)	49.10	3/22
10	54	Jarvis Christian (Tex	49.44	3/15

Women's 4x400 Relay

1	2	Friends (Kan.)	3:52.36	5/2
2	3	McPherson (Kan.)	3:52.78	5/2
3	5	Avila (Mo.)	3:52.84	5/2
4	12	Baker (Kan.)	3:54.57	5/3
5	13	Benedictine (Kan.)	3:54.73	5/3
6	15	Oklahoma City	3:54.94	5/5
7	21	MidAmerica Nazaren	3:56.01	4/19
8	31	Wayland Baptist (Te	3:59.42c	(3:58.98A) 5/4
9	34	Central Methodist (M	4:00.43	5/3
10	51	Park (Mo.)	4:06.93	4/26

Women's 4x800 Relay

1	1	Wayland Baptist (Te	9:03.34	3/27
2	13	Friends (Kan.)	9:21.06	4/24
3	19	Avila (Mo.)	9:25.25	5/2
4	21	Benedictine (Kan.)	9:28.17	5/3
5	31	Saint Mary (Kan.)	9:51.20	5/2
6	33	Baker (Kan.)	9:55.20	5/3
7	35	Tabor (Kan.)	9:57.75	5/2
8	44	Missouri Baptist	10:11.69	4/26
9	46	MidAmerica Nazaren	10:12.83	5/3
10	47	Park (Mo.)	10:13.09	4/26

Women's High Jump

1	9	Taylor BRANNEN	JR	Friends (Kan.)	1.68m	5-6	4/27
2	23	Ajanique WELLS	FR	Tabor (Kan.)	1.65m	5-5	4/27
3	27	Morgan THOMAS	SO	Baker (Kan.)	1.64m	5-4½	4/27
3	27	Sydney NEITER	JR	Missouri Baptist	1.64m	5-4½	4/19
5	38	Hannah EHLINGER	FR	William Woods (Mo.)	1.62m	5-3¾	4/26
6	45	Maddie MINNAERT	SR	Benedictine (Kan.)	1.60m	5-3	4/10
7	48	Megan MCMILLEN	SO	Saint Mary (Kan.)	1.59m	5-2½	5/2
7	48	Ardeen WALKER	JR	MidAmerica Nazaren	1.59m	5-2½	5/3
9	64	Shelley LAURES	SR	Benedictine (Kan.)	1.57m	5-1¾	4/10
10	70	Alyssa BALTIMORE	FR	Culver-Stockton (Mo.	1.56m	5-1¼	4/13



Regional TFRI Event Summary

as of 5/6/2019 9:32:01 AM

South Central

Women's Pole Vault

1	30	Marah FRANZ	JR	Tabor (Kan.)	3.35m	10-11¾	4/13
2	44	Alex STENBERG	SR	Benedictine (Kan.)	3.20m	10-6	5/3
2	44	Makayla HOLLIS	JR	Friends (Kan.)	3.20m	10-6	4/20
4	52	Michaela HUFF	JR	Hannibal-LaGrange (3.13m	10-3¾	4/13	
4	52	Mikaila LIVINGSTON	JR	Ozarks (Mo.)	3.13m	10-3¾	4/13
6	63	Gabrielle MOORE	FR	Saint Mary (Kan.)	3.05m	10-0	4/17
7	78	Mackenzie VAN PELT	SO	Friends (Kan.)	2.90m	9-6¼	5/2
7	78	Maggie SHEA	JR	Baker (Kan.)	2.90m	9-6¼	5/3
9	88	Taylor LUSTER	FR	Columbia (Mo.)	2.75m	9-¼	3/16
9	88	Sarah BIRD	SO	Tabor (Kan.)	2.75m	9-¼	4/13
9	88	Makenzie TUCKER	FR	Kansas Wesleyan	2.75m	9-¼	3/16
9	88	Caroline WEATHERFORD	FR	Central Methodist (M	2.75m	9-¼	5/3

Women's Long Jump

1	4	Ardeen WALKER	JR	MidAmerica Nazaren	5.95m	19-6¼ (0.0)	5/3
2	7	Bailey TURNER	FR	Park (Mo.)	5.85mw	19-2½ (4.7)	4/26
3	11	Maegan SALEH	FR	Missouri Baptist	5.79mw	19-0 (3.4)	5/3
4	12	Tiona OWENS	SR	Wayland Baptist (Te	5.78mA	18-11¾ (0.0)	5/4
5	17	Megan MCCRARY	SR	Missouri Baptist	5.70mw	18-8½ (2.8)	4/26
6	19	Alyjah KENNEDY	JR	Bethel (Kan.)	5.67m	18-7¼ (0.0)	4/27
7	23	Kyana RIVERA	SR	Southwest (N.M.)	5.64m	18-6 (0.0)	4/18
8	27	Lauren DOLL	JR	Friends (Kan.)	5.61m	18-5 (0.0)	4/27
9	31	Brittney WESLEY	FR	Baker (Kan.)	5.60m	18-4½ (0.0)	4/27
10	34	Jalia FRANKLIN	SO	Jarvis Christian (Tex	5.59m	18-4¼ (1.9)	3/15
10	34	Keandria FORD	JR	Langston (Okla.)	5.59mw	18-4¼ (3.1)	4/26
10	34	Shukura TYLER	JR	MidAmerica Nazaren	5.59m	18-4¼ (0.0)	4/27

Women's Triple Jump

1	1	Tiona OWENS	SR	Wayland Baptist (Te	12.57mw	41-3 (3.5)	4/27
2	5	Megan MCCRARY	SR	Missouri Baptist	11.92mw	39-1¼ (4.0)	4/19
3	9	Jayda COOPER	SO	Saint Mary (Kan.)	11.85mw	38-10½ (2.7)	4/17
4	14	Bailey TURNER	FR	Park (Mo.)	11.77mw	38-7½ (3.2)	4/17
5	15	Alyjah KENNEDY	JR	Bethel (Kan.)	11.67mw	38-3½ (5.1)	4/17
6	19	Kaleena LOGAN	SR	Columbia (Mo.)	11.63m	38-2 (1.2)	4/26
7	21	Cemaria WOODARD	FR	Central Methodist (M	11.61m	38-1¼ (0.0)	5/3
8	22	Sarah LUCAS	JR	Benedictine (Kan.)	11.56m	37-11¼ (0.0)	5/3
9	24	Elaina HENDERSON	SO	Friends (Kan.)	11.53m	37-10 (0.0)	4/20
10	29	Dacia HARRIS	JR	MidAmerica Nazaren	11.48m	37-8 (0.0)	5/3

Women's Shot Put

1	6	Aaliyah BROWN	SR	Park (Mo.)	14.11m	46-3½	3/22
2	7	Arriana BENJAMIN	FR	Bethany (Kan.)	14.01m	45-11¾	4/20
3	19	Kortney SCHUTT	JR	Friends (Kan.)	13.22m	43-4½	4/27
4	28	Megan VAN HARN	JR	William Woods (Mo.)	12.86m	42-2¼	4/19
5	34	Kaileigh DILL	SO	Tabor (Kan.)	12.74m	41-9¾	5/2
6	54	Jessica DEWEESE	JR	Friends (Kan.)	12.34m	40-6	3/29
7	64	Andrea HUGHES	JR	Missouri Baptist	12.23m	40-1½	4/19
7	64	Katie FRENCH	SO	William Woods (Mo.)	12.23m	40-1½	4/13
9	78	Hannah SHOEMAKER	SR	MidAmerica Nazaren	11.98m	39-3¾	4/6
10	89	Valencia EASON	JR	Avila (Mo.)	11.84m	38-10¼	3/22

Women's Discus

1	8	Hannah SHOEMAKER	SR	MidAmerica Nazaren	44.90m	147-4	4/27
2	11	Arriana BENJAMIN	FR	Bethany (Kan.)	44.72m	146-9	5/2
3	15	Kaileigh DILL	SO	Tabor (Kan.)	43.18m	141-8	5/2
4	18	Shaiann CHARLES	JR	Wiley (Texas)	42.93m	140-10	4/18
5	23	Kristen HERZET	JR	Bethel (Kan.)	42.23m	138-7	3/23
6	32	Jasmine EVERS	FR	Central Methodist (M	40.75m	133-9	5/3
7	39	Jamiah EVANS	SR	Southwest (N.M.)	40.00m	131-3	4/27
8	43	Kortney SCHUTT	JR	Friends (Kan.)	39.85m	130-9	4/27
9	45	Hannah MITCHELL	FR	Central Methodist (M	39.63m	130-0	5/3
10	54	Kelsey HEER	FR	Bethany (Kan.)	39.06m	128-2	4/27

Women's Hammer

1	11	Kortney SCHUTT	JR	Friends (Kan.)	51.52m	169-1	4/27
2	20	Marchya JACKSON	SO	Central Methodist (M	49.52m	162-6	4/19
3	30	Aaliyah BROWN	SR	Park (Mo.)	47.91m	157-2	4/6
4	32	Kristen HERZET	JR	Bethel (Kan.)	47.62m	156-3	5/2
5	35	Arriana BENJAMIN	FR	Bethany (Kan.)	47.31m	155-3	4/27
6	41	Ja'nique BROWN	SR	Missouri Baptist	46.29m	151-11	4/26
7	54	Hannah RICKETTS	SO	Columbia (Mo.)	45.28m	148-7	4/6
8	55	Jamiah EVANS	SR	Southwest (N.M.)	45.27mA	148-6	4/12
9	61	Isabelle WHYRICK	SO	Friends (Kan.)	44.55m	146-2	4/27
10	68	Kelsey HEER	FR	Bethany (Kan.)	44.16m	144-11	4/27

Women's Javelin

1	8	Shelley LAURES	SR	Benedictine (Kan.)	41.43m	135-11	4/19
2	12	Autumn AVERY	FR	MidAmerica Nazaren	41.11m	134-11	4/6
3	27	Morgan THOMAS	SO	Baker (Kan.)	38.78m	127-3	4/27
4	33	Kristen CALDERWOOD	SR	Sterling (Kan.)	37.76m	123-11	4/13
5	37	Kylie CRIST	FR	Tabor (Kan.)	37.59m	123-4	4/5
6	38	Brittany KARST	JR	Park (Mo.)	37.51m	123-1	4/17
7	39	Alyssa TREMBLY	SO	MidAmerica Nazaren	37.49m	123-0	5/3
8	45	Katlyn HENDRICKSON	JR	MidAmerica Nazaren	36.92m	121-2	4/6
9	49	Cassandra LOESCH	SO	Friends (Kan.)	36.39m	119-5	4/20
10	52	Megan VAN HARN	JR	William Woods (Mo.)	35.94m	117-11	5/4

Women's Heptathlon

1	7	Megan VAN HARN	JR	William Woods (Mo.)	4,578		4/19
2	9	Maddie MINNAERT	SR	Benedictine (Kan.)	4,556		4/10
3	14	Shelley LAURES	SR	Benedictine (Kan.)	4,443		5/3
4	27	Sheila LAZARO	JR	Missouri Valley	3,973		4/17
5	29	Kaleena LOGAN	SR	Columbia (Mo.)	3,948		4/19
6	31	Kaylee LUNN	FR	Avila (Mo.)	3,902		4/19
7	39	Morgan THOMAS	SO	Baker (Kan.)	3,670		4/17
8	40	Jayden HAMMOND	SO	MidAmerica Nazaren	3,663		4/10
9	48	Meaghan RICE	JR	Columbia (Mo.)	3,504		4/3
10	54	Kyana RIVERA	SR	Southwest (N.M.)	3,256A		4/5



Regional TFRI Event Summary

as of 5/6/2019 9:32:02 AM

West

Women's 100 Meters

1	8	Katherine LUCAS	SO	British Columbia	11.84w	4/17
2	42	Arianna DANIEL	JR	Southern Oregon	12.21 (0.5)	3/23
3	55	Mackenzie WILSON	SO	Corban (Ore.)	12.29w (4.1)	4/26
4	60	Monnie SPEARS-ROGERS	SO	Ottawa (Ariz.)	12.31 (1.2)	4/12
5	74	Brooke ENDY	JR	Carroll (Mont.)	12.40cw (12.37A)	4/20
6	75	Julia DELUCCHI	SO	Southern Oregon	12.42w (4.1)	4/26
7	82	Savannah GREENWADE	JR	Southern Oregon	12.44 (0.3)	3/9
8	85	Rebecca HARDY	SO	William Jessup (Calif)	12.45 (0.0)	4/20
9	94	Erika SODERSTROM	SR	Southern Oregon	12.50 (0.0)	4/12
10	98	Amber VON ESSEN	SR	Oregon Tech	12.53 (1.2)	4/13

Women's 200 Meters

1	16	Katherine LUCAS	SO	British Columbia	24.58w	4/17
2	25	Arianna DANIEL	JR	Southern Oregon	24.91 (1.6)	3/15
3	43	Brooke ENDY	JR	Carroll (Mont.)	25.26cw (25.19A)	4/20
4	53	Monnie SPEARS-ROGERS	SO	Ottawa (Ariz.)	25.38 (1.6)	4/12
5	66	Emily PARKS	JR	Westmont (Calif.)	25.47 (-0.4)	4/6
6	77	Savannah GREENWADE	JR	Southern Oregon	25.60 (0.0)	4/12
7	80	Loghan SPRAUER	JR	Southern Oregon	25.65 (-2.9)	4/18
8	82	Elizabeth HERBES	JR	Eastern Oregon	25.66 (0.0)	4/13
9	99	Amber VON ESSEN	SR	Oregon Tech	25.76 (0.0)	4/20
10	###	Erika SODERSTROM	SR	Southern Oregon	26.10 (0.0)	4/12

Women's 400 Meters

1	15	Arianna DANIEL	JR	Southern Oregon	56.65	3/15
2	17	Emily PARKS	JR	Westmont (Calif.)	56.84	4/6
3	21	Sienna LALONDE	FR	British Columbia	56.96	3/14
4	23	Jazzmin BRYAN	SR	Lewis-Clark State (Id)	56.98	4/27
5	24	Katherine LUCAS	SO	British Columbia	57.09	4/19
6	28	Amber VON ESSEN	SR	Oregon Tech	57.30	4/20
7	30	Seanna NALBANDYAN	SO	The Master's (Calif.)	57.33	3/21
8	54	Michelle HERBES	FR	Eastern Oregon	58.32	4/13
9	58	Elizabeth HERBES	JR	Eastern Oregon	58.45	5/3
10	75	Payton DUROCHER	SO	College of Idaho	58.95	3/22

Women's 800 Meters

1	2	Nicola SYMONDS	SR	British Columbia	2:08.48	5/3
2	3	Mikayla TINKHAM	JR	British Columbia	2:10.38	4/19
3	6	Madelyn HUSTON	SO	British Columbia	2:12.55	4/17
4	16	Danielle DE CASTRO	JR	Oregon Tech	2:14.58	4/20
5	18	Michelle HERBES	FR	Eastern Oregon	2:14.85	4/26
6	20	Susie GARZA	SR	Oregon Tech	2:15.44	4/13
7	24	Megan BOALS	SO	Eastern Oregon	2:16.19	5/3
8	26	Jenny SAPP	SR	Lewis-Clark State (Id)	2:16.49	3/21
9	32	Arianna GHIORSO	FR	The Master's (Calif.)	2:17.30	4/6
10	35	Rylee BROWN	FR	Lewis-Clark State (Id)	2:17.50	5/3
10	35	Abigail WHITE	SR	Westmont (Calif.)	2:17.50	4/13

Women's 1500 Meters

1	3	Danielle DE CASTRO	JR	Oregon Tech	4:27.52	3/15
2	4	Nicola SYMONDS	SR	British Columbia	4:29.08	4/27
3	5	Mikayla TINKHAM	JR	British Columbia	4:29.45	4/17
4	8	Sarah MACARTHUR	JR	British Columbia	4:34.74	4/27
5	11	Arianna GHIORSO	FR	The Master's (Calif.)	4:36.46	4/17
6	12	Jessica EMBRO	SR	Embry-Riddle (Ariz.)	4:38.13	4/6
7	14	Enid AU	SR	British Columbia	4:39.09	4/27
8	15	Gabrielle JOFFE	FR	British Columbia	4:39.22	3/30
9	16	Jamie HENNESSEY	SO	British Columbia	4:39.35	4/17
10	17	Casey JENSEN	SO	Westmont (Calif.)	4:39.45	3/9

Women's Steeplechase

1	1	Anika RASUBALA	JR	Northwest Christian	11:01.50	4/26
2	2	Jamie HENNESSEY	SO	British Columbia	11:01.79	4/27
3	3	Larissa MAUER	FR	College of Idaho	11:03.05	4/26
4	4	Madelyn BRUNT	SR	British Columbia	11:03.08	4/5
5	6	Hannah CLARIZIO	SR	Corban (Ore.)	11:07.00	3/14
6	7	Braana WEBER	SR	Southern Oregon	11:08.07	4/26
7	12	Jenna STORMS	SR	Southern Oregon	11:12.51	4/26
8	15	Tamika RUSSELL	SR	College of Idaho	11:14.82	4/5
9	16	Cassandra BROWNELL	SR	Northwest Christian	11:15.46	3/28
10	17	Annika AUSTIN	FR	British Columbia	11:18.89	5/3

Women's 5000 Meters

1	4	Cindy REED	JR	Oregon Tech	17:07.61	4/26
2	5	Mikayla TINKHAM	JR	British Columbia	17:09.07	3/30
3	6	Susie GARZA	SR	Oregon Tech	17:09.41	3/15
4	7	Enid AU	SR	British Columbia	17:11.64	3/30
5	9	Danielle DE CASTRO	JR	Oregon Tech	17:15.24	3/28
6	10	Sarah MACARTHUR	JR	British Columbia	17:16.15	3/30
7	13	Keili DORN	SR	Embry-Riddle (Ariz.)	17:20.82	3/9
8	14	Ariana ANDERSON	FR	Embry-Riddle (Ariz.)	17:20.84	4/17
9	17	Madelyn BRUNT	SR	British Columbia	17:30.85	4/27
10	21	Mindy KAUFMAN	JR	Montana Western	17:38.00c(17:58.45A)	4/26

Women's 10,000 Meters

1	3	Enid AU	SR	British Columbia	35:57.64	4/18
2	4	Cindy REED	JR	Oregon Tech	36:12.35	3/28
3	7	Molly VITALE-SULLIVAN	JR	College of Idaho	36:44.98	4/26
4	8	Marissa THOMPSON	SO	Vanguard (Calif.)	36:58.06	3/9
5	12	Bailey COSSENTINE	JR	William Jessup (Calif)	37:13.21	3/28
6	13	Madison PARR	FR	Vanguard (Calif.)	37:15.87	3/9
7	27	Erin MOYER	SO	College of Idaho	38:23.00	4/6
8	28	Avery DORFF	FR	Vanguard (Calif.)	38:32.11	3/9
9	34	Annika ANDERSEN	SR	Oregon Tech	38:54.75	4/20
10	39	Melissa RIOS	SR	Northwest Christian	39:05.93	3/28



Regional TFRI Event Summary

as of 5/6/2019 9:32:02 AM

West

Women's Marathon

1	2	Carina BRACY	SO	Rocky Mountain (Mo)	4:23:03	4/28
1	4	Kaitlyn SCHUT	JR	College of Idaho	4:13:18	3/9
2	9	Bailey COSSENTINE	JR	William Jessup (Calif)	4:16:48	3/17
2	6	Mei-Li STEVENS	SO	Rocky Mountain (Mo)	4:28:43	4/28
3	32	Mindy KAUFMAN	JR	Montana Western	4:27:51	12/2
4	50	Dominique DELGADO	SR	Westmont (Calif.)	4:35:39	3/16

Women's 5000m Race Walk

1	2	Audrey FOX	FR	British Columbia	26:23.91	3/30
2	3	Joan LU	FR	British Columbia	26:24.72	3/30
3	12	Kyra DANIELSON	FR	British Columbia	28:21.67	3/30
4	14	Zoe ZHANG	JR	British Columbia	29:01.72	3/30

Women's 100 Meter Hurdles

1	2	Kiersten LANCASTER	SO	College of Idaho	14.10	(1.9)	4/26
2	26	Michaela SCHAEFFER	JR	Vanguard (Calif.)	14.76	(0.9)	3/8
3	28	Loghan SPRAUER	JR	Southern Oregon	14.85w	(3.6)	4/26
4	29	Valerie SCHMIDT	FR	Corban (Ore.)	14.87	(0.0)	4/18
5	31	Paige DODD	JR	Eastern Oregon	14.93	(1.9)	4/26
6	40	Jenny SAPP	SR	Lewis-Clark State (Id)	15.05	(0.5)	5/3
7	43	Christy SEATON	JR	Northwest Christian	15.08	(0.5)	3/28
8	47	Michaela BANYI	JR	Westmont (Calif.)	15.14	(0.6)	4/13
9	49	Haley WHITE	SR	Eastern Oregon	15.20	(0.5)	5/3
10	60	Lesha TURNER	JR	Arizona Christian	15.34w	(2.5)	4/12

Women's 400 Meter Hurdles

1	3	Sienna LALONDE	FR	British Columbia	1:01.11	4/5
2	7	Seanna NALBANDYAN	SO	The Master's (Calif.)	1:01.77	4/17
3	10	Jenny SAPP	SR	Lewis-Clark State (Id)	1:02.23	4/18
4	11	Emily PARKS	JR	Westmont (Calif.)	1:02.26	3/21
5	13	Jessica WILLIAMS	SO	British Columbia	1:02.43	3/30
6	19	Gwyndalynne ROMRELL	FR	Ottawa (Ariz.)	1:04.52	4/26
7	20	Katie EMERSON	SR	Eastern Oregon	1:04.65	5/3
8	24	Haley WHITE	SR	Eastern Oregon	1:04.76	5/3
9	27	Lindsay ASPLUND	SR	Corban (Ore.)	1:05.05	4/5
10	31	Valerie SCHMIDT	FR	Corban (Ore.)	1:05.51	5/4

Women's 4x100 Relay

1	14			Southern Oregon	47.73	4/20
2	20			College of Idaho	48.17	4/26
3	23			Eastern Oregon	48.36	5/3
4	24			Corban (Ore.)	48.40	4/20
5	25			Carroll (Mont.)	48.45c	(48.33A) 5/2
6	26			British Columbia	48.55	3/30
7	32			Northwest Christian	48.78	4/5
8	38			Lewis-Clark State (Id)	49.00	4/18
9	45			Westmont (Calif.)	49.18	4/13
10	77			William Jessup (Calif)	50.56	4/26

Women's 4x400 Relay

1	3			Lewis-Clark State (Id)	3:52.78	5/3
2	7			Eastern Oregon	3:53.65	4/26
3	16			Southern Oregon	3:55.42	3/15
4	17			Westmont (Calif.)	3:55.61	4/13
5	19			Carroll (Mont.)	3:55.84c	(3:55.40A) 5/2
6	20			College of Idaho	3:55.88	4/26
7	24			Oregon Tech	3:57.70	4/13
8	32			Corban (Ore.)	3:59.55	4/20
9	36			British Columbia	4:01.54	4/5
10	52			Northwest Christian	4:06.98	4/12

Women's 4x800 Relay

1	4			Eastern Oregon	9:16.40	5/4
2	6			British Columbia	9:17.94	4/5
3	14			Lewis-Clark State (Id)	9:22.46	5/4
4	15			Northwest Christian	9:23.55	5/4
5	30			Westmont (Calif.)	9:50.66	3/21
6	49			Northwest (Wash.)	10:15.88	5/4
7	89			William Jessup (Calif)	11:27.15	4/26
8	95			Arizona Christian	12:10.99	4/26

Women's High Jump

1	4	Trinity HANSMA	FR	British Columbia	1.72m	5-7¾	3/30
2	9	Amanda CHAN	SO	Vanguard (Calif.)	1.68m	5-6	3/15
3	13	Kalulusno NGAIDA	FR	Eastern Oregon	1.67m	5-5¾	5/3
3	13	Paige DODD	JR	Eastern Oregon	1.67m	5-5¾	4/18
5	27	Savannah PROSKE	FR	Northwest Christian	1.64m	5-4½	4/20
6	41	Loghan SPRAUER	JR	Southern Oregon	1.61m	5-3¾	4/18
6	41	Kendra MURPHY	SO	Corban (Ore.)	1.61m	5-3¾	3/14
8	60	Olivia LANE	JR	Eastern Oregon	1.58m	5-2¼	4/18
9	64	Olivia CAMPBELL	SR	British Columbia	1.57m	5-1¾	3/30
9	64	Heather BETZ	JR	British Columbia	1.57m	5-1¾	3/30
9	64	Cheyenne COLLINS	FR	Eastern Oregon	1.57m	5-1¾	3/16

Women's Pole Vault

1	4	Madison CARSON	SO	Lewis-Clark State (Id)	3.75m	12-3½	5/4
2	6	Chena UNDERHILL	JR	Westmont (Calif.)	3.70m	12-1½	3/9
2	6	Kelsey BASSETT	FR	Carroll (Mont.)	3.70m	12-1½	4/26
2	6	Dana NEMITZ	SR	Westmont (Calif.)	3.70m	12-1½	4/6
5	10	Joanna GALLI	SR	Southern Oregon	3.60m	11-9¾	5/4
5	10	Shae HELTERBRAN	SO	Carroll (Mont.)	3.60m	11-9¾	4/26
7	15	Mika ROBINSON	SR	Carroll (Mont.)	3.55m	11-7¾	5/2
8	17	Nishi CHASE	SO	Oregon Tech	3.50m	11-5¾	3/28
8	17	Brianne WIENS	JR	Vanguard (Calif.)	3.50m	11-5¾	4/12
10	30	Payton JOLLEY	JR	Eastern Oregon	3.35m	10-11¾	3/16
10	30	Selina ANGEL	FR	Rocky Mountain (Mo)	3.35m	10-11¾	4/19



Regional TFRI Event Summary

as of 5/6/2019 9:32:02 AM

West

Women's Long Jump

1	1	Megan VAN MARTER	SO Northwest Christian	6.55m	21-6 (0.0)	5/4
2	31	Haleigh BATTY	JR Westmont (Calif.)	5.60m	18-4½ (0.6)	4/13
3	38	Allison MACDONALD	FR British Columbia	5.58mw	18-3¾ (4.6)	4/5
4	51	Paige DODD	JR Eastern Oregon	5.48mw	17-11¾ (3.0)	4/18
4	51	Morgan REDDINGTON	SR Eastern Oregon	5.48m	17-11¾ (0.0)	5/4
6	57	Michaela SCHAEFFER	JR Vanguard (Calif.)	5.47m	17-11½ (-1)	3/23
7	58	Payton JOLLEY	JR Eastern Oregon	5.46m	17-11 (0.0)	4/26
8	59	Vendela WILLIAMS	SO William Jessup (Calif.)	5.44m	17-10¼ (0.0)	4/26
9	73	Abigail SPENCER	JR Northwest Christian	5.38m	17-8 (1.6)	5/4
10	94	Taylor KNAUSS	JR Southern Oregon	5.28m	17-4 (0.0)	4/12

Women's Triple Jump

1	7	Michaela SCHAEFFER	JR Vanguard (Calif.)	11.89m	39-¼ (-1.2)	3/23
2	12	Brittany COLEMAN	JR Warner Pacific (Ore.)	11.79m	38-8¼ (1.9)	4/26
3	25	Kalulusno NGAIDA	FR Eastern Oregon	11.52mw	37-9½ (3.1)	4/26
4	30	Nadya WISHAM	JR Westmont (Calif.)	11.47mw	37-7¾ (4.0)	2/16
5	61	Madeline ALLMAN	SR Soka (Calif.)	11.06m	36-3½ (1.3)	3/30
6	62	Allison MACDONALD	FR British Columbia	11.04m	36-2¾ (0.1)	3/30
7	68	M'Kya WILLIAMS	JR Westmont (Calif.)	10.98m	36-¼ (0.3)	4/6
7	68	Michelle YEE	SR British Columbia	10.98mw	36-¼ (2.6)	4/5
9	81	Victoria BRANCH	SR Eastern Oregon	10.85m	35-7¼ (0.0)	3/22
10	84	Olivia CAMPBELL	SR British Columbia	10.83m	35-6½ (0.0)	4/7
10	84	Kenna GUENTHER	FR Carroll (Mont.)	10.83mA	35-6½ (0.0)	4/26

Women's Shot Put

1	8	Nikki KRUEGER	SO Carroll (Mont.)	13.86mA	45-5¾	4/26
2	21	Emily SHAW	SO Southern Oregon	13.01m	42-8¼	4/12
3	26	Maggie LEDBETTER	FR Eastern Oregon	12.89m	42-3½	4/26
4	29	Sydney MARR	SO Westmont (Calif.)	12.85m	42-2	4/13
5	44	Sarah FAJER	FR Multnomah (Ore.)	12.43m	40-9½	5/3
6	48	Myah HARTER	JR Northwest Christian	12.41m	40-8¾	4/12
7	54	Stephanie MIEARS	FR Eastern Oregon	12.34m	40-6	4/20
8	63	Danielle CHURCH	SO Eastern Oregon	12.24m	40-2	4/20
9	68	Kiashe HOBBS	FR Southern Oregon	12.20m	40-½	3/23
10	73	Sarah JOHNSTON	FR Southern Oregon	12.13m	39-9¾	4/20

Women's Discus

1	10	Maggie LEDBETTER	FR Eastern Oregon	44.74m	146-10	5/3
2	20	Delaney WARREN	SO Lewis-Clark State (Id)	42.47m	139-4	4/18
3	22	Nikki KRUEGER	SO Carroll (Mont.)	42.31m	138-10	3/30
4	25	Catlynn DUFF	FR College of Idaho	42.03m	137-11	4/13
5	26	AaLea KOLB	FR College of Idaho	42.02m	137-11	4/5
6	28	Jillian SANCHEZ	FR Providence (Mont.)	41.82m	137-3	3/30
7	31	Kaylee BEER	FR Providence (Mont.)	41.53mA	136-3	5/2
8	40	Gurleen BHANDAL	JR British Columbia	39.99m	131-3	4/27
9	57	Keagan UTTER	JR College of Idaho	38.98m	127-11	4/6
10	59	Meg BUXTON	FR College of Idaho	38.88m	127-7	4/5

Women's Hammer

1	4	Sydney MARR	SO Westmont (Calif.)	54.92m	180-2	4/6
2	23	Catlynn DUFF	FR College of Idaho	48.81m	160-2	4/26
3	25	Kiashe HOBBS	FR Southern Oregon	48.42m	158-10	4/12
4	41	Keagan UTTER	JR College of Idaho	46.29m	151-11	4/6
5	43	Arielle SADAKA	SO British Columbia	46.09m	151-3	4/5
6	49	Maggie LEDBETTER	FR Eastern Oregon	45.47m	149-2	4/26
7	50	Danielle CHURCH	SO Eastern Oregon	45.45m	149-2	4/26
8	58	Delaney WARREN	SO Lewis-Clark State (Id)	44.92m	147-5	3/16
9	65	Kabre MADRIGAL	JR College of Idaho	44.38m	145-7	4/6
10	66	Emily SHAW	SO Southern Oregon	44.19m	145-0	4/12

Women's Javelin

1	2	Anna MILLER	SR Northwest (Wash.)	45.11m	148-0	3/30
2	3	J.V. PATRY-SMITH	FR British Columbia	43.96m	144-3	3/30
3	4	Alex CONLEY	FR Oregon Tech	43.52m	142-10	3/28
4	6	Giovanna JANES	FR British Columbia	42.16m	138-4	4/19
5	7	Karianne ZOLLMAN	JR Eastern Oregon	41.60m	136-6	5/4
6	9	Shana COSBY	JR Providence (Mont.)	41.40m	135-10	3/30
7	15	Hope WELHAVEN	JR Carroll (Mont.)	40.51mA	132-11	4/20
8	19	Makayla AKERS	SO Eastern Oregon	39.18m	128-7	5/4
9	20	Sarah FALARDEAU	SO Corban (Ore.)	39.11m	128-4	3/2
10	23	Maia HALVORSON	JR Westmont (Calif.)	38.94m	127-9	3/21

Women's Heptathlon

1	2	Paige DODD	JR Eastern Oregon	4,826		4/18
2	5	Valerie SCHMIDT	FR Corban (Ore.)	4,620		4/18
3	10	Loghan SPRAUER	JR Southern Oregon	4,536		4/18
4	11	Olivia LANE	JR Eastern Oregon	4,476		4/18
5	12	Vendela WILLIAMS	SO William Jessup (Calif.)	4,456		4/26
6	13	Jenny SAPP	SR Lewis-Clark State (Id)	4,453		3/21
7	17	Michaela BANYI	JR Westmont (Calif.)	4,402		3/21
8	20	Kiersten LANCASTER	SO College of Idaho	4,274		3/22
9	24	Savannah PROSKE	FR Northwest Christian	4,136		4/18
10	28	Brianna STOPPA	SR Westmont (Calif.)	3,968		4/26