



USTFCCA NJCAA Division I Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2019 Week #7, May 13

as of 5/13/2019 12:31:20 PM

Atlantic

Women's 100 Meters

1	9	Nercely SOTO	SO ASA Miami	11.66	(1.8)	3/12
2	28	Blossom AKPEDEYE	SO Montgomery (Md.)	12.20	(0.3)	4/19
3	31	Tarira BROWN	SO ASA Miami	12.27	(0.0)	3/23
4	38	Daijah MILES	FR Louisburg (N.C.)	12.35w	(2.7)	5/1
5	40	Shericka TRECO	SO ASA Miami	12.37	(1.9)	3/29
6	42	Anatasia KINLAW	Spartanburg Method	12.42w	(2.4)	3/30
7	44	Onassha ROGERS	SO Monroe (N.Y.)	12.43	(-0.9)	3/29
8	57	Kamry BROWN	SO Cuyahoga (Ohio) CC	12.59w	(4.2)	3/14
9	60	Tamiyah MEGGINSON	FR Louisburg (N.C.)	12.66w	(3.1)	5/1
10	70	Aja DUVALL	FR Cuyahoga (Ohio) CC	12.85	(1.0)	4/6

Women's 200 Meters

1	2	Nercely SOTO	SO ASA Miami	23.52	(0.8)	4/5
2	18	Blossom AKPEDEYE	SO Montgomery (Md.)	24.47	(1.5)	5/3
3	37	Ashley PEARCE	FR Louisburg (N.C.)	25.32w	(2.8)	5/1
4	41	Onassha ROGERS	SO Monroe (N.Y.)	25.41	(0.0)	5/4
5	56	Anatasia KINLAW	Spartanburg Method	25.64	(-2.6)	3/30
6	71	Shericka TRECO	SO ASA Miami	25.92w	(2.1)	3/29
7	74	Daijah MILES	FR Louisburg (N.C.)	26.02	(1.3)	5/1
8	75	Tamiyah MEGGINSON	FR Louisburg (N.C.)	26.03	(1.3)	4/12
9	76	Tarira BROWN	SO ASA Miami	26.04	(2.0)	3/29
10	87	Aja DUVALL	FR Cuyahoga (Ohio) CC	26.27	(1.9)	3/14

Women's 400 Meters

1	7	Avon SAMUELS	SO Monroe (N.Y.)	55.37		3/29
2	11	Joanna ARCHER	FR Monroe (N.Y.)	55.97		3/29
3	29	Kamry BROWN	SO Cuyahoga (Ohio) CC	57.93		4/12
4	48	Malethabo SEEMA	SO Monroe (N.Y.)	59.16		2/15
5	55	Faten LARIBI	FR Monroe (N.Y.)	59.58		1/18
6	57	Ashley PEARCE	FR Louisburg (N.C.)	1:00.09		4/12
7	72	Mia WIEDERKEHR	FR Tallahassee (Fla.) CC	1:01.69		4/20
8	77	Ti'Coiya GIDDERON	FR Bryant & Stratton (N.	1:01.93		3/16
9	92	Inayah BOONE	SO Bryant & Stratton (N.	1:02.53		2/1
10	95	Kimara FRANCIS	FR Bryant & Stratton (N.	1:02.77		3/16

Women's 800 Meters

1	1	Joanna ARCHER	FR Monroe (N.Y.)	2:11.71		4/4
2	2	Faten LARIBI	FR Monroe (N.Y.)	2:12.97		1/25
3	3	Claudrice MCKOY	SO Monroe (N.Y.)	2:13.32		4/12
4	8	Malethabo SEEMA	SO Monroe (N.Y.)	2:16.21		1/25
5	18	Lethabo SEEMA	SO Monroe (N.Y.)	2:19.17		2/8
6	21	Ti'Coiya GIDDERON	FR Bryant & Stratton (N.	2:20.11		3/1
7	25	Mia WIEDERKEHR	FR Tallahassee (Fla.) CC	2:20.80		3/30
8	49	Ally SLONE	SO Macomb (Mich.) CC	2:24.87		5/7
9	60	Genevieve PRINTISS	FR Tallahassee (Fla.) CC	2:27.38		4/20
10	65	Morgan MARKEL	SO Macomb (Mich.) CC	2:28.06		2/15

Women's 1500 Meters

1	5	Claudrice MCKOY	SO Monroe (N.Y.)	4:44.83		4/4
2	8	Joanna ARCHER	FR Monroe (N.Y.)	4:46.19		4/4
3	16	Malethabo SEEMA	SO Monroe (N.Y.)	4:48.23		4/4
4	19	Faten LARIBI	FR Monroe (N.Y.)	4:50.32		4/12
5	24	Sharon CHUMO	FR Monroe (N.Y.)	4:52.29		3/29
6	30	Genevieve PRINTISS	FR Tallahassee (Fla.) CC	4:57.01		3/30
7	35	Lethabo SEEMA	SO Monroe (N.Y.)	4:58.85		4/4
8	44	Morgan MARKEL	SO Macomb (Mich.) CC	5:02.24	(5:26.42(1))	12/7
9	54	Ally SLONE	SO Macomb (Mich.) CC	5:08.23		4/5
10	58	Claudia BARYO	FR Lansing (Mich.) CC	5:10.80		4/26

Women's Steeplechase

1	29	Emily ZIMMERMAN	FR Cuyahoga (Ohio) CC	13:38.50		4/26
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Women's 5000 Meters

1	8	Sharon CHUMO	FR Monroe (N.Y.)	18:00.10		2/8
2	16	Claudrice MCKOY	SO Monroe (N.Y.)	18:26.56		4/4
3	28	Elizabeth BREDEWEG	SO Vincennes (Ind.)	19:19.39		4/13
4	29	Claudia BARYO	FR Lansing (Mich.) CC	19:25.81		4/25
5	30	Lethabo SEEMA	SO Monroe (N.Y.)	19:28.00		4/4
6	47	Hope BROWN	FR Cuyahoga (Ohio) CC	20:19.01		4/26
7	48	Anne LYON	FR Lansing (Mich.) CC	20:24.68		4/26
8	55	Hailey EULER	SO Louisburg (N.C.)	20:47.03		3/21
9	60	Hannah HEATH	FR Cuyahoga (Ohio) CC	20:56.71		4/26
10	62	Emma DISTELRATH	SO Lansing (Mich.) CC	20:59.72		4/5

Women's 10,000 Meters

1	5	Sharon CHUMO	FR Monroe (N.Y.)	37:10.39		4/4
2	26	Sierra TAYLOR	FR Cuyahoga (Ohio) CC	51:37.30		4/26

Women's 100 Meter Hurdles

1	33	Micaela FLEETWOOD	SO Hagerstown (Md.) CC	16.29	(0.0)	3/29
2	39	Vanessa LANE	SO Cuyahoga (Ohio) CC	16.92	(0.7)	3/29
3	43	I'Tayia HARRIS	FR Cuyahoga (Ohio) CC	17.33	(-2.1)	4/26
4	52	Madison TASICH	FR Cuyahoga (Ohio) CC	19.06	(-2.2)	4/26

Women's 400 Meter Hurdles

1	23	I'Tayia HARRIS	FR Cuyahoga (Ohio) CC	1:10.85		4/6
2	24	Vanessa LANE	SO Cuyahoga (Ohio) CC	1:10.98		3/14
3	26	Madison TASICH	FR Cuyahoga (Ohio) CC	1:11.36		3/29

Women's 4x100 Relay

1	14	Louisburg (N.C.)	48.65		5/1
2	17	Cuyahoga (Ohio) CC	49.46		4/12
3	19	Montgomery (Md.)	50.14		4/6
4	24	Lansing (Mich.) CC	56.59		4/26

Women's 4x400 Relay

1	5	Monroe (N.Y.)	3:53.57		4/25
2	12	Montgomery (Md.)	4:17.10		4/6
3	16	Vincennes (Ind.)	4:29.74		3/23
4	17	Lansing (Mich.) CC	4:33.32		4/26

Women's 4x800 Relay

1	1	Monroe (N.Y.)	9:00.61		3/29
2	10	Cuyahoga (Ohio) CC	11:12.41		3/14



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Women's High Jump

1	22	Vanessa LANE	SO Cuyahoga (Ohio) CC	1.57m	5-1¾	2/8
2	33	Sarah SCHULTZ	FR Lansing (Mich.) CC	1.50m	4-11	4/12
3	35	Micaela FLEETWOOD	SO Hagerstown (Md.) CC	1.48m	4-10¾	4/11
4	46	Aja DUVALL	FR Cuyahoga (Ohio) CC	1.40m	4-7	4/20

Women's Long Jump

1	10	Maria Vargas PARRA	SO ASA Miami	5.82m	19-1¼ (0.0)	3/12
2	42	Tamiyah MEGGINSON	FR Louisburg (N.C.)	5.15m	16-10¾	3/1
3	48	Nyakuome THICHOT	SO ASA Miami	5.01m	16-5¼ (0.0)	4/29
4	54	Jasmon SCOTT	FR Cuyahoga (Ohio) CC	4.88mw	16-¼ (4.2)	4/26
5	59	Nikola BARTOSOVA	FR Cuyahoga (Ohio) CC	4.77m	15-7¾ (1.5)	4/26
6	61	Micaela FLEETWOOD	SO Hagerstown (Md.) CC	4.72m	15-6 (0.7)	4/11
7	72	Vanessa LANE	SO Cuyahoga (Ohio) CC	4.56mw	14-11½ (2.6)	4/26

Women's Triple Jump

1	9	Nyakuome THICHOT	SO ASA Miami	11.78m	38-7¾ (0.0)	3/23
2	12	Tamiyah MEGGINSON	FR Louisburg (N.C.)	11.22m	36-9¾	1/19
3	36	Nikola BARTOSOVA	FR Cuyahoga (Ohio) CC	9.88m	32-5 (1.5)	4/26
4	41	Jasmon SCOTT	FR Cuyahoga (Ohio) CC	9.61m	31-6½	1/25

Women's Shot Put

1	8	Alexis CLARK	FR Bryant & Stratton (N.C.)	13.69m	44-11	4/19
2	10	Artis SIMS	SO Cuyahoga (Ohio) CC	13.44m	44-1¼	4/20
3	16	Antonella CREAZZOLA	SO ASA Miami	12.51m	41-½	3/23
4	19	Jazzmine POOLE	SO Vincennes (Ind.)	12.13m	39-9¾	2/2
5	35	Zalaaya WOOD	FR Louisburg (N.C.)	11.63m	38-2	2/1
6	45	Teaira EDWARDS	SO Monroe (N.Y.)	11.20m	36-9	1/25
7	69	Micaela FLEETWOOD	SO Hagerstown (Md.) CC	9.77m	32-¾	3/23
8	77	Hannah MUTTI	FR Cuyahoga (Ohio) CC	9.24m	30-3¾	4/20
9	80	Taylor WASHINGTON	SO Montgomery (Md.)	8.86m	29-1	4/19
10	81	Skylar SELBY	FR Hagerstown (Md.) CC	8.81m	28-11	4/20

Women's Discus

1	10	Alexis CLARK	FR Bryant & Stratton (N.C.)	42.40m	139-1	4/19
2	12	Jazzmine POOLE	SO Vincennes (Ind.)	41.80m	137-2	4/26
3	16	Artis SIMS	SO Cuyahoga (Ohio) CC	39.88m	130-10	4/26
4	32	Noelle JACKSON	FR ASA Miami	34.23m	112-4	3/23
5	42	Taylor WASHINGTON	SO Montgomery (Md.)	31.51m	103-5	5/3
6	57	Hannah MUTTI	FR Cuyahoga (Ohio) CC	20.02m	65-8¼	4/6
7	58	Ta'Lor WALKER	FR Cuyahoga (Ohio) CC	18.99m	62-3¾	4/26

Women's Hammer

1	1	Antonella CREAZZOLA	SO ASA Miami	56.97m	186-11	3/12
2	12	Artis SIMS	SO Cuyahoga (Ohio) CC	46.63m	153-0	3/14
3	38	Teaira EDWARDS	SO Monroe (N.Y.)	38.63m	126-9	5/4
4	48	Hannah MUTTI	FR Cuyahoga (Ohio) CC	35.11m	115-2	4/20
5	54	Ta'Lor WALKER	FR Cuyahoga (Ohio) CC	33.13m	108-9	4/20
6	56	Jazzmine POOLE	SO Vincennes (Ind.)	30.98m	101-8	4/13
7	60	Taylor WASHINGTON	SO Montgomery (Md.)	20.63m	67-8¼	5/3

Women's Javelin

1	20	Micaela FLEETWOOD	SO Hagerstown (Md.) CC	31.02m	101-9	5/3
2	39	Artis SIMS	SO Cuyahoga (Ohio) CC	22.80m	74-9¾	4/26
3	40	Ta'Lor WALKER	FR Cuyahoga (Ohio) CC	22.04m	72-3¾	4/6
4	43	Hannah MUTTI	FR Cuyahoga (Ohio) CC	16.55m	54-3¾	4/6
5	44	Taylor WASHINGTON	SO Montgomery (Md.)	15.04m	49-4¼	4/6

Women's Heptathlon

1	9	Micaela FLEETWOOD	SO Hagerstown (Md.) CC	3,831		4/11
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Central

Women's 100 Meters

1	2	T'Nia RILEY	FR Barton (Kan.) CC	11.48c	(11.45A) (1.	4/5
2	4	Octavia CATO	SO Butler (Kan.) CC	11.58w	(2.3)	5/2
2	4	Deborah GIFFARD	SO Barton (Kan.) CC	11.58w	(3.1)	4/19
4	6	Kadesha PRESCOTT	FR Pratt (Kan.) CC	11.62w	(2.3)	4/19
5	10	Kaytie BLACK	FR Barton (Kan.) CC	11.74w	(2.6)	3/23
6	12	Yoveinny MOTA	FR Barton (Kan.) CC	11.88w	(6.2)	3/28
7	15	Sharikae CAMPBELL	FR Barton (Kan.) CC	11.90cw	(11.87A) (3.	4/5
7	15	Isheena BELNAVIS	FR Barton (Kan.) CC	11.90	(1.5)	4/19
9	19	Sedrickia WYNN	FR Highland (Kan.) CC	11.95	(0.0)	5/2
10	20	Myflore METHELUS	SO Cloud County (Kan.)	11.99	(0.0)	5/2

Women's 200 Meters

1	6	T'Nia RILEY	FR Barton (Kan.) CC	23.70c	(23.63A) (0.	4/5
2	7	Christal MOSLEY	FR Barton (Kan.) CC	23.72	(1.3)	5/2
3	9	Octavia CATO	SO Butler (Kan.) CC	23.96	(1.3)	5/2
4	10	Kadesha PRESCOTT	FR Pratt (Kan.) CC	24.03	(-0.3)	4/19
5	15	Sylvia FREEMAN	SO Pratt (Kan.) CC	24.40	(1.3)	5/2
6	16	Isheena BELNAVIS	FR Barton (Kan.) CC	24.43w	(3.0)	4/19
7	17	Sharikae CAMPBELL	FR Barton (Kan.) CC	24.45c	(24.38A) (0.	4/5
8	19	Kaytie BLACK	FR Barton (Kan.) CC	24.52		3/1
9	21	Nikeshia PIERRE	FR Pratt (Kan.) CC	24.65cw	(24.58A) (3.	3/22
10	24	Chanice FORBES	SO Cloud County (Kan.)	24.74	(1.3)	5/2

Women's 400 Meters

1	2	Christal MOSLEY	FR Barton (Kan.) CC	53.96		5/2
2	4	Nijah ROBERSON	SO Barton (Kan.) CC	54.84		4/19
3	6	Azan SARGUSINGH	SO Barton (Kan.) CC	55.23c	(55.12A)	4/5
4	8	Shenelle TOMLINSON	SO Butler (Kan.) CC	55.49		5/2
5	13	Kimorla MUSHETTE	FR Hinds (Miss.) CC	56.20		4/5
6	14	Maresha CHANDLER	SO Hinds (Miss.) CC	56.31		4/5
7	15	Edita SKLENSKA	FR Highland (Kan.) CC	56.38		2/15
8	16	Jamaya RAND	FR Hinds (Miss.) CC	56.51		4/11
9	19	Chanice FORBES	SO Cloud County (Kan.)	57.28		5/2
10	20	Sylvia FREEMAN	SO Pratt (Kan.) CC	57.32		4/6

Women's 800 Meters

1	7	Cadeebra CALCOTE	SO Barton (Kan.) CC	2:15.43		2/1
2	11	Anna KELLER	SO Cowley (Kan.)	2:16.90		4/27
3	13	Sasha ELIZONDO	SO Cowley (Kan.)	2:17.59		2/8
4	16	Shanique MASTERS	FR Barton (Kan.) CC	2:17.85		3/1
5	17	Emily SALMANS	FR Dodge City (Kan.) CC	2:18.72		5/2
6	19	Aileen GURROLA	SO Colby (Kan.) CC	2:19.21		1/26
7	22	Ieshia DICKERSON	SO Cowley (Kan.)	2:20.37		1/26
8	29	Claudina CONSTANTINE	SO Butler (Kan.) CC	2:21.08		5/2
9	31	Nikera DURR	FR Pratt (Kan.) CC	2:21.28		5/2
10	36	Raye MORAN	SO Cowley (Kan.)	2:21.79		5/2

Women's 1500 Meters

1	6	Ieshia DICKERSON	SO Cowley (Kan.)	4:44.87	(5:07.66(1))	2/8
2	10	Aileen GURROLA	SO Colby (Kan.) CC	4:46.60		4/10
3	11	Sasha ELIZONDO	SO Cowley (Kan.)	4:46.79		4/17
4	20	Anna KELLER	SO Cowley (Kan.)	4:50.71		5/2
5	27	Aminata KENYAWANI	SO Pratt (Kan.) CC	4:54.18	(5:17.72(1))	2/8
6	32	Harlie SCHMELING-HANSON	SO Cowley (Kan.)	4:58.17	(5:22.03(1))	2/15
7	34	Abigail STEWART	SO Dodge City (Kan.) CC	4:58.63	(5:22.53(1))	2/15
8	39	Brooke NAVARRO	FR Colby (Kan.) CC	5:00.72		5/2
9	40	Shantierra JACKSON	FR Pratt (Kan.) CC	5:00.89		5/2
10	48	Gabby COLLINS	SO Hutchinson (Kan.) C	5:04.30		4/10

Women's Steeplechase

1	5	Ieshia DICKERSON	SO Cowley (Kan.)	11:35.44		5/2
2	13	Anna KELLER	SO Cowley (Kan.)	12:11.40		3/31
3	14	Esmeralda RODRIGUEZ	SO Allen (Kan.) CC	12:12.79		5/2
4	18	Gabby COLLINS	SO Hutchinson (Kan.) C	12:21.20		4/5
5	19	Katelynn SOLTERO	SO Cowley (Kan.)	12:23.53		5/2
6	22	Aileen GURROLA	SO Colby (Kan.) CC	12:35.51		4/20
7	26	Macy LINENBERGER	SO Hutchinson (Kan.) C	13:07.15		4/5
8	31	Janne HAMISI	SO Cloud County (Kan.)	13:44.65		5/2
9	33	Sadie JONES	SO Cloud County (Kan.)	14:19.64		4/5

Women's 5000 Meters

1	11	Aminata KENYAWANI	SO Pratt (Kan.) CC	18:09.41		3/1
2	13	Harlie SCHMELING-HANSON	SO Cowley (Kan.)	18:15.84		3/1
3	14	Brooke NAVARRO	FR Colby (Kan.) CC	18:18.37		4/10
4	15	Ieshia DICKERSON	SO Cowley (Kan.)	18:25.83		4/10
5	17	Amber GLORIA	FR Allen (Kan.) CC	18:28.62		3/1
6	24	Aileen GOMEZ	SO Hutchinson (Kan.) C	19:09.52		4/5
7	32	Katelynn SOLTERO	SO Cowley (Kan.)	19:31.99		4/10
8	33	Esmeralda RODRIGUEZ	SO Allen (Kan.) CC	19:34.97		4/19
9	35	Jasmin MARTINEZ	SO Cowley (Kan.)	19:42.17		4/10
10	36	Michelle SANCHEZ	FR Butler (Kan.) CC	19:42.55		3/8

Women's 10,000 Meters

1	7	Harlie SCHMELING-HANSON	SO Cowley (Kan.)	38:54.48		4/10
2	10	Michelle SANCHEZ	FR Butler (Kan.) CC	40:43.61		4/10
3	12	Erika ALAVARDO	SO Colby (Kan.) CC	40:53.31		4/10
4	14	Sheila TOO	FR Hutchinson (Kan.) C	42:11.32		5/2
5	16	Jasmin MARTINEZ	SO Cowley (Kan.)	42:55.94		5/2
6	17	Luz LOPEZ	FR Dodge City (Kan.) CC	43:16.12		5/2
7	19	Emisela MARTINES	FR Allen (Kan.) CC	44:41.59		5/2
8	20	Brooklynn RIGGLE	SO Cowley (Kan.)	46:14.84		5/2
9	23	Hilda KIPRUTO	FR Butler (Kan.) CC	47:04.09		5/2



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Central

Women's 100 Meter Hurdles

1	1	Yoveinny MOTA	FR Barton (Kan.) CC	13.30w	(2.1)	4/19
2	4	Trishauna HEMMINGS	SO Hinds (Miss.) CC	13.82	(1.0)	4/27
3	5	Jewel BOLDEN	SO Hutchinson (Kan.) C	14.03w	(3.4)	4/17
3	5	Jacqueline POKUAAH	FR Cloud County (Kan.)	14.03	(0.0)	5/2
5	7	Sedrickia WYNN	FR Highland (Kan.) CC	14.26w	(3.0)	3/23
6	9	Janeia WREN	FR Barton (Kan.) CC	14.32w	(2.7)	4/19
7	12	Aquila ST. LOUIS	FR Barton (Kan.) CC	14.48	(0.0)	5/2
8	16	Lauryn TRUESDELL	FR Pratt (Kan.) CC	14.79	(0.0)	5/2
9	19	Kierra SINGLETON-GREENE	FR Pratt (Kan.) CC	14.97	(0.8)	4/19
10	20	Jene't CAMPBELL	FR Garden City (Kan.) C	14.99	(0.0)	5/2

Women's 400 Meter Hurdles

1	5	Magdalena BURDOVA	FR Highland (Kan.) CC	1:03.07		5/2
2	7	Casly ISRAEL	FR Pratt (Kan.) CC	1:03.84		5/2
3	8	Kenisha STUBBS	SO Cloud County (Kan.)	1:03.90		4/24
4	12	Shackera SAMUELS	FR Cloud County (Kan.)	1:04.62		4/24
5	15	Janeia WREN	FR Barton (Kan.) CC	1:06.55		4/19
6	19	Tanya HARCUM	FR Cloud County (Kan.)	1:10.15		5/2
7	20	Feja HODGES	SO Pratt (Kan.) CC	1:10.43		4/6
8	22	Jahairah JOSEPH	SO Barton (Kan.) CC	1:10.59		5/2
9	28	Arhianna FRANKLIN	Garden City (Kan.) C	1:12.32		4/5
10	29	Jene't CAMPBELL	FR Garden City (Kan.) C	1:12.97		5/2

Women's 4x100 Relay

1	1	Barton (Kan.) CC	45.19		4/19
2	5	Hinds (Miss.) CC	46.23		4/5
3	7	Pratt (Kan.) CC	46.71		4/6
4	8	Cloud County (Kan.)	46.74		4/24
5	10	Coffeyville (Kan.) CC	48.05		5/2
6	11	Garden City (Kan.) C	48.08		3/27
7	13	Hutchinson (Kan.) C	48.17		4/5
8	21	Coahoma CC	50.35		4/5

Women's 4x400 Relay

1	1	Barton (Kan.) CC	3:43.73c	(3:43.29A)	4/5
2	3	Pratt (Kan.) CC	3:52.66		5/2
3	7	Coffeyville (Kan.) CC	4:03.58		5/2
4	9	Cowley (Kan.)	4:08.61		5/2
5	13	Hutchinson (Kan.) C	4:19.39		4/5
6	19	Coahoma CC	4:37.38		4/5

Women's 4x800 Relay

1	2	Cowley (Kan.)	9:40.68		5/2
2	4	Colby (Kan.) CC	9:48.21		5/2
3	6	Hutchinson (Kan.) C	9:55.68		5/2
4	7	Cloud County (Kan.)	9:59.96		5/2
5	8	Pratt (Kan.) CC	10:13.29		5/2

Women's High Jump

1	1	Grace CHINONYELUM	FR Cloud County (Kan.)	1.76m	5-9¼	3/1
2	3	Marquania ROWELL	SO Meridian (Miss.) CC	1.73m	5-8	5/7
3	4	Takia ZACHERY	FR Cowley (Kan.)	1.69m	5-6½	4/20
4	5	Madelynn FLUKER	FR Garden City (Kan.) C	1.67m	5-5¾	5/2
4	5	Semaj MCGHEE	FR Cloud County (Kan.)	1.67m	5-5¾	5/2
6	7	Jessica CARRILLO	Garden City (Kan.) C	1.66m	5-5¼	3/22
7	8	Jessica WILLIAMS	FR Cloud County (Kan.)	1.65m	5-5	2/2
7	8	Sanise SEABROOK	FR Allen (Kan.) CC	1.65m	5-5	4/27
9	13	Arianna HAYDE	FR Barton (Kan.) CC	1.61m	5-3¼	2/15
9	13	Jessica MONROE	FR Highland (Kan.) CC	1.61m	5-3¼	2/15

Women's Pole Vault

1	2	Jessica WILLIAMS	FR Cloud County (Kan.)	3.70m	12-1½	4/5
2	3	Thais GOMES	SO Cowley (Kan.)	3.55m	11-7¾	2/15
3	5	Sophie JEBOSE	FR Cloud County (Kan.)	3.41m	11-2¼	1/25
4	6	Summer CASEY	SO Hutchinson (Kan.) C	3.35m	10-11¾	4/20
5	7	Kylie KLASSEN	FR Cowley (Kan.)	3.20m	10-6	3/1
6	12	Talia THOMPSON	FR Neosho County (Kan.)	2.30m	7-6½	4/13

Women's Long Jump

1	4	Jacqueline POKUAAH	FR Cloud County (Kan.)	6.12m	20-1	2/15
2	6	Trishauna HEMMINGS	SO Hinds (Miss.) CC	5.98m	19-7½ (0.7)	4/5
3	7	Jewel BOLDEN	SO Hutchinson (Kan.) C	5.94m	19-6	2/15
4	8	Grace CHINONYELUM	FR Cloud County (Kan.)	5.91m	19-4¾ (0.0)	4/5
5	11	Arianna HAYDE	FR Barton (Kan.) CC	5.80m	19-½	2/15
6	12	Tracy Ann POWELL	FR Barton (Kan.) CC	5.78mw	18-11¾ (5.3)	3/28
7	14	Aleekia LEWIS	FR Hinds (Miss.) CC	5.63m	18-5¾ (1.0)	4/5
8	18	Lanecia CROSBY	Garden City (Kan.) C	5.58m	18-3¾ (0.0)	4/5
9	20	Kai LEWIS	SO Butler (Kan.) CC	5.52m	18-1½	2/15
10	25	Semaj MCGHEE	FR Cloud County (Kan.)	5.47m	17-11½ (0.0)	4/20

Women's Triple Jump

1	1	Grace CHINONYELUM	FR Cloud County (Kan.)	13.36mw	43-10 (4.6)	3/28
2	5	Kichauna WEST	SO Coffeyville (Kan.) CC	12.12m	39-9¼ (1.7)	4/6
3	7	Keyara ROBINSON	FR Butler (Kan.) CC	11.92m	39-1¼	1/26
4	11	Semaj MCGHEE	FR Cloud County (Kan.)	11.37m	37-3¾ (0.0)	4/5
5	16	Reygan BROWN	FR Barton (Kan.) CC	11.01m	36-1½ (0.0)	5/2
6	17	Taylor MCGLOTHLIN	SO Hutchinson (Kan.) C	10.96m	35-11½ (0.0)	4/20
7	18	Lanecia CROSBY	Garden City (Kan.) C	10.94m	35-10¾ (0.0)	4/5
8	19	Sophie JEBOSE	FR Cloud County (Kan.)	10.92m	35-10	2/15
9	22	Karrington TURNER	FR Coffeyville (Kan.) CC	10.84m	35-6¾	2/8
10	24	Marquania ROWELL	SO Meridian (Miss.) CC	10.68m	35-½	2/8



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Central

Women's Shot Put

1	3	Latavia MAINES	SO Barton (Kan.) CC	15.93m	52-3¼	4/5
2	6	Fiona RICHARDS	FR Barton (Kan.) CC	14.70m	48-2¾	3/23
3	7	Nu'uausala TUILEFANO	FR Coffeyville (Kan.) CC	14.17m	46-6	3/1
4	9	Deonmonique GRANVILLE	FR Dodge City (Kan.) CC	13.53m	44-4¾	4/27
5	12	Takyra HILTON	SO Cloud County (Kan.)	13.38m	43-10¾	4/5
6	13	Brooklynne WILSON	SO Coffeyville (Kan.) CC	13.19m	43-3¼	4/26
7	14	Daija KISER	SO Coffeyville (Kan.) CC	13.10m	42-11¾	4/26
8	17	Dachey STUBBS	FR Cowley (Kan.)	12.49m	40-11¾	2/15
9	22	Madison KANDEL	FR Coffeyville (Kan.) CC	11.97m	39-3¼	4/26
10	28	Grace NEWHOUSE	SO Neosho County (Kan.)	11.75m	38-6¾	3/8

Women's Heptathlon

1	4	Arianna HAYDE	FR Barton (Kan.) CC	4,455	5/2
2	5	Aquila ST. LOUIS	FR Barton (Kan.) CC	4,299	5/2
3	6	Maryse MBENOUN	FR Cloud County (Kan.)	4,062	5/2
4	11	Semaj MCGHEE	FR Cloud County (Kan.)	3,733	5/2
5	12	Madelynn FLUKER	FR Garden City (Kan.) C	3,688	5/2
6	13	Tamera RHODE	FR Butler (Kan.) CC	3,680	5/2
7	15	Maurina PRIETO	FR Barton (Kan.) CC	3,443	5/2
8	18	Aaliyah JONES	FR Cowley (Kan.)	2,903	5/2

Women's Discus

1	2	Fiona RICHARDS	FR Barton (Kan.) CC	52.01m	170-8	4/5
2	5	Brooklynne WILSON	SO Coffeyville (Kan.) CC	48.20m	158-2	4/13
3	8	Nu'uausala TUILEFANO	FR Coffeyville (Kan.) CC	43.77m	143-7	4/13
4	13	Kayla NOEAR	FR Cowley (Kan.)	40.96m	134-5	3/22
5	14	Jessica CASTELLUCCI	FR Dodge City (Kan.) CC	40.07m	131-6	5/2
6	17	Markita SWANAGAN	FR Coffeyville (Kan.) CC	39.17m	128-6	4/26
7	18	Kaylah COOK	SO Coffeyville (Kan.) CC	38.12m	125-1	4/17
8	23	Sabrina LUTTIG	JR Hutchinson (Kan.) C	36.86m	120-11	5/11
9	24	Marianne ROBIN	FR Neosho County (Kan.)	36.79m	120-9	3/23
10	25	Madison KANDEL	FR Coffeyville (Kan.) CC	36.36m	119-4	4/6

Women's Hammer

1	3	Hannah SMITH	SO Hutchinson (Kan.) C	52.83m	173-4	5/2
2	7	Brooklynne WILSON	SO Coffeyville (Kan.) CC	48.93m	160-7	4/26
3	8	Belen PAREJO	FR Neosho County (Kan.)	48.55m	159-4	4/20
4	9	Kameliah STYLE	JR Barton (Kan.) CC	48.28m	158-5	5/2
5	14	Nu'uausala TUILEFANO	FR Coffeyville (Kan.) CC	45.03m	147-9	4/13
5	14	Caitlin MANNON	FR Cowley (Kan.)	45.03m	147-9	5/2
7	18	Marianne ROBIN	FR Neosho County (Kan.)	43.60m	143-1	4/5
8	19	Shikayla WALKER	SO Coffeyville (Kan.) CC	43.34m	142-2	4/13
9	21	Tierra MYERS	SO Coffeyville (Kan.) CC	43.07m	141-4	4/26
10	24	Kayla NOEAR	FR Cowley (Kan.)	42.72m	140-2	4/10

Women's Javelin

1	2	Shanee ANGOL	SO Cloud County (Kan.)	40.83m	134-0	4/17
2	4	Katy COMMONS	FR Hutchinson (Kan.) C	39.54m	129-9	5/2
3	5	Ashlyn WEBB	FR Dodge City (Kan.) CC	39.18m	128-7	4/14
4	6	Erika HOAG	FR Cowley (Kan.)	38.17m	125-3	4/10
5	8	Arianna HAYDE	FR Barton (Kan.) CC	37.52m	123-1	5/2
6	11	Grace NEWHOUSE	SO Neosho County (Kan.)	34.92m	114-7	3/8
7	17	Aspen JONES	FR Hutchinson (Kan.) C	32.42m	106-5	4/10
8	18	Kendall RAY	FR Cowley (Kan.)	32.06m	105-2	3/8
9	21	Aquila ST. LOUIS	FR Barton (Kan.) CC	30.74m	100-10	5/2
10	23	Aaliyah JONES	FR Cowley (Kan.)	28.94m	94-11½	4/10



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Midwest

Women's 100 Meters

1	13	Traci BROWN	SO Iowa Western CC	11.89	(0.0)	5/4
2	15	Amya CLARKE	FR Iowa Western CC	11.90	(0.0)	5/4
3	22	Patricia JOHNSON	FR Iowa Western CC	12.06	(0.0)	5/4
4	35	Paighton MALEK	FR Hawkeye (Iowa) CC	12.32w	(3.0)	4/19
4	35	Arianna FINLEY	FR DuPage (Ill.)	12.32w	(5.2)	3/29
4	35	MyKedra CRAIG	FR Indian Hills (Iowa) C	12.32w	(2.2)	4/25
7	47	Accacia HINDS	FR Iowa Western CC	12.44	(0.0)	5/4
8	52	Jocelyn HUFFMAN	FR Iowa Central CC	12.52w	(2.4)	4/13
9	55	Rachael RAMON	SO DuPage (Ill.)	12.55w	(2.6)	4/6
10	61	Dyashia COLVIN	FR Indian Hills (Iowa) C	12.70	(0.0)	5/4

Women's 1500 Meters

1	1	Florance UWAJENEZA	FR Iowa Central CC	4:38.97	4/25
2	7	Winrose CHESANG	SO Iowa Central CC	4:45.92	4/13
3	17	Lilian BUSIENEI	FR Iowa Central CC	4:48.61	5/4
4	21	Eleonora CURTABBI	FR Iowa Central CC	4:50.96	4/13
5	23	Joanna TOPHAM	SO Hawkeye (Iowa) CC	4:51.88	4/6
6	33	Emma DAVISON	FR North Iowa Area CC	4:58.58	3/30
7	38	Abeba SULLIVAN	SO Iowa Central CC	5:00.63	3/29
8	43	Alayna KOLLASCH	SO Hawkeye (Iowa) CC	5:01.91	(5:26.07(1)) 2/15
9	53	Madison LARSEN	FR Hawkeye (Iowa) CC	5:06.86	4/19
10	65	Grace SWEET	FR Muskegon (Mich.) CC	5:12.75	4/19

Women's 200 Meters

1	11	Amya CLARKE	FR Iowa Western CC	24.18	(0.0)	5/4
2	12	Christine IRVING	FR Iowa Western CC	24.20	(0.0)	5/4
3	13	Tatyana MCKENZIE	FR Iowa Central CC	24.32	(0.0)	5/4
4	22	Dorcas GYIMAH	SO Iowa Western CC	24.66		1/19
5	29	Traci BROWN	SO Iowa Western CC	25.07	(0.0)	5/4
6	35	Marjanae COLEY	SO Iowa Central CC	25.27	(0.6)	3/22
7	44	Tyarra ENGLISH-PAULSON	SO Indian Hills (Iowa) C	25.46w	(3.5)	4/12
8	49	India MCNEILL	SO Iowa Central CC	25.53	(0.0)	5/4
9	54	Aliyah GEORGE	FR Iowa Western CC	25.61	(0.0)	5/4
10	56	MyKedra CRAIG	FR Indian Hills (Iowa) C	25.64w	(3.5)	4/12

Women's Steeplechase

1	1	Lilian BUSIENEI	FR Iowa Central CC	10:56.32	4/25
2	4	Eleonora CURTABBI	FR Iowa Central CC	11:25.71	5/4
3	12	Joanna TOPHAM	SO Hawkeye (Iowa) CC	12:06.71	4/19
4	15	Madison LARSEN	FR Hawkeye (Iowa) CC	12:16.66	5/4
5	25	Morgan LAWSON	FR Indian Hills (Iowa) C	12:59.14	4/25

Women's 5000 Meters

1	1	Winrose CHESANG	SO Iowa Central CC	16:33.35	4/24
2	3	Florance UWAJENEZA	FR Iowa Central CC	17:10.45	3/1
3	7	Lilian BUSIENEI	FR Iowa Central CC	17:58.46	1/18
4	19	Joanna TOPHAM	SO Hawkeye (Iowa) CC	18:56.55	4/6
5	27	Madison LARSEN	FR Hawkeye (Iowa) CC	19:13.70	2/8
6	37	Janet NYAMBONEKA	FR Iowa Central CC	19:44.34	3/29
7	49	Mackenzie GAHERTY	FR Iowa Central CC	20:28.67	3/29
8	50	Ashlyn ELMORE	SO Indian Hills (Iowa) C	20:29.13	2/2
9	64	Julia DUNLAVEY	SO North Iowa Area CC	21:01.42	1/26
10	74	Jezaelle RODRIGUEZ	SO Iowa Central CC	21:39.66	1/18

Women's 400 Meters

1	10	Christine IRVING	FR Iowa Western CC	55.90	5/4
2	17	Makeda NEWMAN	FR Iowa Western CC	56.92	5/4
3	18	Marjanae COLEY	SO Iowa Central CC	57.01	4/5
4	23	Tatyana MCKENZIE	FR Iowa Central CC	57.64	5/4
5	24	Aliyah GEORGE	FR Iowa Western CC	57.78	5/4
6	30	India MCNEILL	SO Iowa Central CC	57.97	5/4
7	45	Tyarra ENGLISH-PAULSON	SO Indian Hills (Iowa) C	59.08	4/25
8	56	Elenani TINAI	FR Southwestern (Iowa)	59.80	5/4
9	62	Dyashia COLVIN	FR Indian Hills (Iowa) C	1:00.58	5/4
10	68	Sydney DAVIS	FR Hawkeye (Iowa) CC	1:01.26	2/8

Women's 10,000 Meters

1	2	Florance UWAJENEZA	FR Iowa Central CC	36:00.84	3/30
2	3	Winrose CHESANG	SO Iowa Central CC	36:03.85	3/30
3	4	Lilian BUSIENEI	FR Iowa Central CC	36:38.60	3/30
4	27	Jezaelle RODRIGUEZ	SO Iowa Central CC	56:26.96	5/4

Women's 100 Meter Hurdles

1	14	Eleonora CURTABBI	FR Iowa Central CC	2:17.65	4/18
2	15	Florance UWAJENEZA	FR Iowa Central CC	2:17.76	5/4
3	24	Jade FORD	FR Iowa Central CC	2:20.44	5/4
4	26	Neri GETRAIDE	SO Iowa Western CC	2:20.88	4/17
5	32	Joanna TOPHAM	SO Hawkeye (Iowa) CC	2:21.29	5/4
6	33	Winrose CHESANG	SO Iowa Central CC	2:21.31	5/4
7	40	Halley WILMES	FR Indian Hills (Iowa) C	2:22.41	5/4
8	42	Emma DAVISON	FR North Iowa Area CC	2:23.66	4/12
9	44	Lilian BUSIENEI	FR Iowa Central CC	2:23.85	4/18
10	48	Alayna KOLLASCH	SO Hawkeye (Iowa) CC	2:24.77	4/19

1	14	Sierra COWARD	FR Iowa Western CC	14.66w	(2.2)	4/17
2	15	Kitra BELL	FR Iowa Western CC	14.78	(0.0)	5/4
3	21	Megan HUDSON	SO Hawkeye (Iowa) CC	15.16w	(3.6)	4/19
4	22	Rebekah VANDEWEG	FR Muskegon (Mich.) CC	15.55w	(7.0)	4/12
5	25	Samiya ABU-YOUM	SO Iowa Western CC	15.60	(0.0)	5/4
6	37	Elenani TINAI	FR Southwestern (Iowa)	16.79	(0.0)	5/4
7	38	Alysse PARKER	FR Iowa Central CC	16.86	(0.0)	5/4
8	40	Jocelyn HUFFMAN	FR Iowa Central CC	16.98	(0.0)	5/4
9	44	Remie HAYNES	FR Southwestern (Iowa)	17.48	(0.0)	5/4
10	46	Jillian HEITLAND	FR North Iowa Area CC	17.69	(0.0)	5/4



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Women's 400 Meter Hurdles

1	3	Tyarra ENGLISH-PAULSON	SO	Indian Hills (Iowa) C	1:02.65	5/4
2	14	Sydney DAVIS	FR	Hawkeye (Iowa) CC	1:06.13	4/19
3	16	Accacia HINDS	FR	Iowa Western CC	1:06.99	4/10
4	21	Ally TRAGER	FR	North Iowa Area CC	1:10.57	5/4
5	32	Jillian HEITLAND	FR	North Iowa Area CC	1:18.80	4/5
6	34	Jocelyn HUFFMAN	FR	Iowa Central CC	1:21.14	5/4
7	36	Alysse PARKER	FR	Iowa Central CC	1:25.94	5/4

Women's 4x100 Relay

1	4	Iowa Western CC	46.03	5/4
2	9	Iowa Central CC	47.32	5/4
3	16	Hawkeye (Iowa) CC	49.23	5/4
4	20	DuPage (Ill.)	50.19	4/12
5	22	Indian Hills (Iowa) C	51.45	3/22
6	23	Southwestern (Iowa)	53.47	4/20

Women's 4x400 Relay

1	4	Iowa Western CC	3:53.25	5/4
2	8	Iowa Central CC	4:05.13	4/19
3	11	Hawkeye (Iowa) CC	4:13.22	4/19
4	14	Southwestern (Iowa)	4:23.65	4/20
5	18	North Iowa Area CC	4:34.71	3/23

Women's 4x800 Relay

1	11	Southwestern (Iowa)	11:39.44	5/4
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Women's High Jump

1	11	Shalandra SCHILLING	SO	Indian Hills (Iowa) C	1.63m	5-4¼	2/15
1	11	Dijana HAMMOND	FR	Iowa Central CC	1.63m	5-4¼	1/19
3	16	Lexi JONES	FR	North Iowa Area CC	1.60m	5-3	5/4
4	22	Rebekah VANDEWEG	FR	Muskegon (Mich.) CC	1.57m	5-1¾	2/8
5	27	Sierra COWARD	FR	Iowa Western CC	1.53m	5-¼	5/4
6	30	Monyjok AYWAK	FR	Iowa Western CC	1.52m	4-11¾	2/2
7	35	Paige TUCKER	FR	Iowa Central CC	1.48m	4-10¼	1/25
8	41	Elenani TINAI	FR	Southwestern (Iowa)	1.45m	4-9	12/7
9	46	Remie HAYNES	FR	Southwestern (Iowa)	1.40m	4-7	3/30

Women's Pole Vault

1	11	Emily HOVDEN	FR	Hawkeye (Iowa) CC	2.85m	9-4¼	2/15
2	13	Caitlyn JUHL	SO	Iowa Western CC	1.80m	5-10¾	5/4

Women's Long Jump

1	3	Patricia JOHNSON	FR	Iowa Western CC	6.17mw	20-3 (4.7)	4/24
2	19	Sierra COWARD	FR	Iowa Western CC	5.55m	18-2½ (0.0)	5/4
3	23	Kitra BELL	FR	Iowa Western CC	5.49m	18-¼ (0.0)	5/4
4	26	Elenani TINAI	FR	Southwestern (Iowa)	5.46m	17-11 (0.0)	5/4
5	32	Paighton MALEK	FR	Hawkeye (Iowa) CC	5.32mw	17-5½ (3.0)	4/13
6	34	Janiya DAVIS-HINES	FR	Iowa Western CC	5.30m	17-4¾	1/12
7	36	Zarreeel KNOX	SO	Hawkeye (Iowa) CC	5.24m	17-2¼ (0.0)	5/4
8	37	Dijana HAMMOND	FR	Iowa Central CC	5.22m	17-1½	2/2
8	37	Samiya ABU-YOUM	SO	Iowa Western CC	5.22m	17-1½	1/19
10	58	Shalandra SCHILLING	SO	Indian Hills (Iowa) C	4.78m	15-8¼ (0.0)	5/4

Women's Triple Jump

1	8	Rachael RAMON	SO	DuPage (Ill.)	11.81m	38-9 (0.2)	5/9
2	10	Samiya ABU-YOUM	SO	Iowa Western CC	11.42mw	37-5¾ (3.1)	4/10
3	14	Kitra BELL	FR	Iowa Western CC	11.18m	36-5¼ (0.0)	5/4
4	20	Monyjok AYWAK	FR	Iowa Western CC	10.88m	35-8½ (0.7)	4/26
5	23	Zarreeel KNOX	SO	Hawkeye (Iowa) CC	10.75m	35-3¼	1/24
6	32	Remie HAYNES	FR	Southwestern (Iowa)	10.20m	33-5¾ (0.0)	5/4
7	34	Paige TUCKER	FR	Iowa Central CC	10.03m	32-11	2/15
8	35	Dijana HAMMOND	FR	Iowa Central CC	9.92m	32-6½	2/15
9	43	Danielle COSTAIN	FR	Southwestern (Iowa)	9.45m	31-0 (0.0)	5/4
10	44	Yasmine CRIBB	FR	Southwestern (Iowa)	8.94m	29-4 (-0.8)	4/20

Women's Shot Put

1	4	Lea GRADY	FR	Iowa Central CC	15.26m	50-¾	4/19
2	11	Maddie SCHMOKER	SO	Iowa Central CC	13.42m	44-½	5/4
3	14	Tricee BEELEN	FR	Iowa Central CC	13.10m	42-11¾	5/4
4	20	Rochell-Ann BAILEY	SO	Iowa Western CC	12.01m	39-5	2/15
5	24	Jasmine LEWIS	SO	Iowa Western CC	11.90m	39-½	4/26
6	31	Haley REVELL	FR	Indian Hills (Iowa) C	11.70m	38-4¾	1/24
7	32	Dasiah TATUM	FR	North Iowa Area CC	11.69m	38-4¼	4/20
8	34	Haile COOK	SO	Hawkeye (Iowa) CC	11.67m	38-3½	2/8
9	36	Grace HEIMER	FR	North Iowa Area CC	11.49m	37-8½	4/20
10	57	Payton JELLISON	FR	Southwestern (Iowa)	10.44m	34-3	2/15

Women's Discus

1	4	Lea GRADY	FR	Iowa Central CC	48.99m	160-9	4/13
2	9	Rochell-Ann BAILEY	SO	Iowa Western CC	43.09m	141-5	4/26
3	27	Jasmine LEWIS	SO	Iowa Western CC	36.01m	118-2	4/19
4	28	Dasiah TATUM	FR	North Iowa Area CC	35.42m	116-3	4/26
5	29	Maddie SCHMOKER	SO	Iowa Central CC	35.14m	115-4	5/4
6	31	Haile COOK	SO	Hawkeye (Iowa) CC	34.40m	112-11	4/13
7	34	Jessica THURSTON	FR	Iowa Central CC	34.03m	111-8	4/13
8	37	Julia PIEPER	FR	North Iowa Area CC	32.57m	106-10	4/20
9	39	Mari SHAVERS	FR	Hawkeye (Iowa) CC	32.47m	106-7	4/6
10	47	Tricee BEELEN	FR	Iowa Central CC	29.91m	98-1¾	5/4

Women's Hammer

1	5	Lea GRADY	FR	Iowa Central CC	49.39m	162-1	4/5
2	6	Maddie SCHMOKER	SO	Iowa Central CC	49.03m	160-11	5/4
3	11	Haile COOK	SO	Hawkeye (Iowa) CC	46.70m	153-3	5/4
4	13	Tricee BEELEN	FR	Iowa Central CC	46.56m	152-9	5/4
5	22	Jasmine LEWIS	SO	Iowa Western CC	42.96m	141-0	5/4
6	23	Jessica THURSTON	FR	Iowa Central CC	42.89m	140-9	4/13
7	30	Zakiya PHILLIP-HORSFORD	SO	Iowa Western CC	40.59m	133-2	4/10
8	32	Mari SHAVERS	FR	Hawkeye (Iowa) CC	39.85m	130-9	4/19
9	33	Dasiah TATUM	FR	North Iowa Area CC	39.77m	130-6	4/20
10	35	Rochell-Ann BAILEY	SO	Iowa Western CC	38.97m	127-10	5/4



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Midwest

Women's Javelin

1	7	Kasey PARISH	FR	<i>North Iowa Area CC</i>	37.56m	<i>123-3</i>	4/5
2	16	Caitlin SERLE	FR	<i>North Iowa Area CC</i>	32.51m	<i>106-8</i>	4/20
3	22	Sierra COWARD	FR	<i>Iowa Western CC</i>	30.70m	<i>100-9</i>	5/4
4	24	Lexi JONES	FR	<i>North Iowa Area CC</i>	28.46m	<i>93-4½</i>	4/20
5	31	Megan HUDSON	SO	<i>Hawkeye (Iowa) CC</i>	25.90m	<i>84-11¾</i>	5/4
6	32	Jasmine LEWIS	SO	<i>Iowa Western CC</i>	25.82m	<i>84-8½</i>	5/4
7	36	Elenani TINAI	FR	<i>Southwestern (Iowa)</i>	23.24m	<i>76-3</i>	3/30
8	37	Payton JELLISON	FR	<i>Southwestern (Iowa)</i>	23.14m	<i>75-11</i>	5/4
9	38	Mari SHAVERS	FR	<i>Hawkeye (Iowa) CC</i>	23.02m	<i>75-6¼</i>	5/4
10	41	Samiya ABU-YOUM	SO	<i>Iowa Western CC</i>	21.99m	<i>72-1¾</i>	5/4

Women's Heptathlon

1	7	Sierra COWARD	FR	<i>Iowa Western CC</i>	4,047	5/4
2	10	Elenani TINAI	FR	<i>Southwestern (Iowa)</i>	3,795	5/4
3	17	Rebekah VANDEWEG	FR	<i>Muskegon (Mich.) CC</i>	3,233	4/12
4	19	Remie HAYNES	FR	<i>Southwestern (Iowa)</i>	2,778	5/4



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West

Women's 100 Meters

1	1	Brittney JOHNSON	SO Western Texas	11.43c	(11.40A) (2. 4/20)
2	3	Mariya HUDSON	SO Western Texas	11.53cw	(11.50A) (2. 3/22)
3	7	Raheema WESTFALL	SO New Mexico JC	11.63c	(11.60A) (1. 5/4)
4	8	Ruth USORO	SO South Plains (Texas)	11.65	(1.5) 4/6
5	11	Shikyla WALCOTT	FR Western Texas	11.78	(1.0) 4/6
6	13	Kelliesha KING	FR New Mexico JC	11.89c	(11.86A) (1. 5/4)
7	18	Monique GRANT	FR New Mexico JC	11.94c	(11.91A) (0. 4/12)
8	21	Demisha ROSWELL	FR New Mexico JC	12.02cw	(11.99A) (3. 3/22)
9	22	Yanique DAYLE	FR New Mexico JC	12.06cw	(12.03A) (2. 3/22)
10	32	Onome UGBISIEN	FR Central Arizona	12.28	(1.4) 4/12

Women's 200 Meters

1	1	Mariya HUDSON	SO Western Texas	23.19cw	(23.12A) (2. 4/20)
2	2	Brittney JOHNSON	SO Western Texas	23.52cw	(23.45A) (2. 5/4)
3	4	Ruth USORO	SO South Plains (Texas)	23.53cw	(23.46A) (5. 3/22)
4	5	Raheema WESTFALL	SO New Mexico JC	23.61cw	(23.54A) (2. 4/20)
5	8	Satanya WRIGHT	SO Western Texas	23.79cw	(23.72A) (2. 5/4)
6	14	Monique GRANT	FR New Mexico JC	24.35w	(3.2) 3/28
7	20	Shikyla WALCOTT	FR Western Texas	24.62	(1.9) 4/25
8	23	Kelliesha KING	FR New Mexico JC	24.70c	(24.63A) (1. 4/5)
9	24	Erin SERMONS	SO New Mexico JC	24.74c	(24.67A) (1. 4/5)
10	26	Yanique DAYLE	FR New Mexico JC	24.78cw	(24.71A) (5. 3/22)

Women's 400 Meters

1	1	Satanya WRIGHT	SO Western Texas	53.69c	(53.58A) 5/4
2	3	Mariya HUDSON	SO Western Texas	54.22	3/1
3	5	Janiel MOORE	SO South Plains (Texas)	55.20c	(55.09A) 5/4
4	9	Erin SERMONS	SO New Mexico JC	55.50c	(55.39A) 4/20
5	12	Monique GRANT	FR New Mexico JC	56.03	2/1
6	24	Cavell WHITELEY	FR New Mexico JC	57.78c	(57.67A) 5/4
7	27	Moisha BARNES	FR New Mexico JC	57.90	3/28
8	28	Alyssa HERNANDEZ	SO South Plains (Texas)	57.92	4/6
9	32	Geordan BLANCHARD	FR South Plains (Texas)	58.09	4/6
10	33	Regina YEBOAH	SO Central Arizona	58.17	3/29

Women's 800 Meters

1	4	Dorcus EWOI	FR South Plains (Texas)	2:13.80c	(2:14.25A) 4/12
2	5	Itzel GARCIA-SANTOS	FR South Plains (Texas)	2:14.97	4/6
3	6	Britnie DIXON	FR New Mexico JC	2:15.03c	(2:15.42A) 5/4
4	9	Quin JOHNSON	SO Mesa (Ariz.) CC	2:16.41	4/22
5	10	Gladys JEMAIYO	FR South Plains (Texas)	2:16.47	2/15
6	12	Jenny SCHENK	FR Southern Idaho	2:16.96	4/13
7	20	Allison TEEMANT	SO Southern Idaho	2:19.91c	(2:20.63A) 5/1
8	23	Kaylen FOX	SO Pima (Ariz.) CC	2:20.43	4/22
9	27	Benadine CHELIMO	SO Trinidad State (Colo.)	2:20.91c	(2:21.66A) 3/16
10	28	Montserrat RIOS	FR New Mexico JC	2:21.02c	(2:21.43A) 5/4

Women's 1500 Meters

1	2	Dorcus EWOI	FR South Plains (Texas)	4:39.91	(5:02.31(1)) 2/8
2	3	Gladys JEMAIYO	FR South Plains (Texas)	4:41.51	(5:04.03(1)) 2/8
3	4	Quin JOHNSON	SO Mesa (Ariz.) CC	4:42.53	4/22
4	9	Bailey WALL	SO Southern Idaho	4:46.22	(5:09.12(1)) 3/1
5	12	Benadine CHELIMO	SO Trinidad State (Colo.)	4:46.86	(5:09.81(1)) 3/1
6	13	Kami WITHERS	FR Southern Idaho	4:46.97	(5:09.93(1)) 3/1
7	14	Dune COSTES	FR New Mexico JC	4:47.05c	(4:50.52A) 5/4
8	15	Lesego MPSHE	FR Central Arizona	4:48.20	4/22
9	18	Allison TEEMANT	SO Southern Idaho	4:49.74c	(5:19.19(1)) 4/25
10	22	Katherine BRUNO	SO Pima (Ariz.) CC	4:51.30	3/29

Women's Steeplechase

1	2	Benadine CHELIMO	SO Trinidad State (Colo.)	11:09.59	4/19
2	3	Bailey WALL	SO Southern Idaho	11:22.54	4/5
3	6	Katherine BRUNO	SO Pima (Ariz.) CC	11:36.62	4/5
4	7	Kayli EMMANUEL	SO Southern Idaho	11:43.99	4/5
5	8	Toni MOORE	SO Trinidad State (Colo.)	11:47.63	4/19
6	9	Katie CHRISTOPHERSON	SO Southern Idaho	11:50.44	4/13
7	10	Mary SIML	FR Pima (Ariz.) CC	11:56.66	4/22
8	11	Angela RODRIGUEZ	FR South Plains (Texas)	12:02.96c	(12:12.09A) 5/4
9	16	Marley MAY	SO Southern Idaho	12:17.71	4/5
10	17	Maggie ORR	FR Mesa (Ariz.) CC	12:17.75	4/22

Women's 5000 Meters

1	2	Gladys JEMAIYO	FR South Plains (Texas)	16:51.52	2/1
2	4	Quin JOHNSON	SO Mesa (Ariz.) CC	17:50.59	4/12
3	5	Dorcus EWOI	FR South Plains (Texas)	17:55.26	4/6
4	6	Lesego MPSHE	FR Central Arizona	17:58.08	4/5
5	9	Katherine BRUNO	SO Pima (Ariz.) CC	18:03.32	4/12
6	10	Alliana ATENCIO	SO Central Arizona	18:06.89	4/12
7	12	Shaylee HILL	SO Southern Idaho	18:10.51	4/5
8	18	Kayli EMMANUEL	SO Southern Idaho	18:46.27	3/1
9	20	Bailey WALL	SO Southern Idaho	18:57.37c	(19:25.73A) 3/29
10	21	Erica KENT	FR Southern Idaho	18:59.04c	(19:27.44A) 3/29

Women's 10,000 Meters

1	1	Gladys JEMAIYO	FR South Plains (Texas)	34:58.67c	(35:40.46A) 4/12
2	6	Lesego MPSHE	FR Central Arizona	37:15.40	4/17
3	8	Taylor LOWRY	FR Paradise Valley (Ariz.)	40:02.04	3/21
4	9	Erica KENT	FR Southern Idaho	40:12.01	4/5
5	11	Mikaila LOCKHART	FR Paradise Valley (Ariz.)	40:51.37	3/21
6	13	Lacey FRON	SO Paradise Valley (Ariz.)	41:54.93	3/21
7	15	Doris KITONY	FR Central Arizona	42:26.43	4/22
8	18	Esther BECK	FR Central Arizona	44:30.02	4/22
9	21	Rainbow HOSS	FR Pima (Ariz.) CC	46:43.66	4/22
10	22	Brittany MARKEE	FR Central Arizona	46:58.23	4/22



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West

Women's 100 Meter Hurdles

1	2	Demisha ROSWELL	FR	New Mexico JC	13.56c	(13.52A) (1.	5/4
2	3	Monique GRANT	FR	New Mexico JC	13.78c	(13.74A) (1.	5/4
3	8	Alyssa HERNANDEZ	SO	South Plains (Texas)	14.30c	(14.26A) (1.	5/4
4	10	Nicolee FOSTER	SO	Central Arizona	14.43	(0.0)	4/22
4	10	Latoyia BROOKS	SO	Central Arizona	14.43	(0.0)	4/22
6	13	Patrice MOODY	SO	South Plains (Texas)	14.49	(1.9)	4/25
7	17	Kyra ATKINS	FR	New Mexico JC	14.81c	(14.77A) (-0	4/12
8	18	Mecca MARKS	SO	Pima (Ariz.) CC	14.87	(0.0)	4/22
9	23	Regina YEBOAH	SO	Central Arizona	15.58	(0.0)	4/22
10	25	Rees YOUNG	SO	Mesa (Ariz.) CC	15.60	(0.0)	3/21

Women's 400 Meter Hurdles

1	1	Mariya HUDSON	SO	Western Texas	1:00.07		4/25
2	2	Janiel MOORE	SO	South Plains (Texas)	1:01.09		4/25
3	4	Machiyla KNIGHT	FR	New Mexico JC	1:02.94c	(1:02.83A)	5/4
4	6	Nicolee FOSTER	SO	Central Arizona	1:03.78		3/21
5	8	Moisha BARNES	FR	New Mexico JC	1:03.90c	(1:03.79A)	4/5
6	10	Keiara-Ashley CUNNINGHAM	FR	Western Texas	1:03.92c	(1:03.81A)	4/20
7	11	Latoyia BROOKS	SO	Central Arizona	1:04.00		4/22
8	13	Alyssa HERNANDEZ	SO	South Plains (Texas)	1:05.38		4/25
9	16	Annabella SPENCER	SO	Pima (Ariz.) CC	1:06.99		3/29
10	18	Tamia ROBINSON	SO	Glendale (Ariz.) CC	1:10.12		4/12

Women's 4x100 Relay

1	2	Western Texas	45.24c	(45.12A)	5/4
2	3	New Mexico JC	45.47		3/27
3	6	South Plains (Texas)	46.70		4/6
4	12	Central Arizona	48.13		4/12
5	15	Pima (Ariz.) CC	48.90		4/22
6	18	Mesa (Ariz.) CC	49.55		4/22

Women's 4x400 Relay

1	2	South Plains (Texas)	3:52.10c	(3:51.66A)	5/4
2	6	Central Arizona	4:03.42		4/22
3	10	Mesa (Ariz.) CC	4:11.62		4/22
4	15	Pima (Ariz.) CC	4:26.18		3/29

Women's 4x800 Relay

1	3	Pima (Ariz.) CC	9:42.63		4/22
2	5	Central Arizona	9:50.51		4/22
3	9	Paradise Valley (Ariz.)	10:32.53		4/22

Women's High Jump

1	1	Regina YEBOAH	SO	Central Arizona	1.76m	5-9¼	4/17
2	8	Rushellee JONES	FR	New Mexico JC	1.65m	5-5	1/18
3	13	Anahiramar LOPEZ	SO	Pima (Ariz.) CC	1.61m	5-3¼	3/1
4	16	Olivia MAGBY	FR	Glendale (Ariz.) CC	1.60m	5-3	4/12
5	19	Monique GRANT	FR	New Mexico JC	1.58m	5-2¼	2/15
6	24	Malena CAMPBELL-MCDONALD	FR	Pima (Ariz.) CC	1.56m	5-1¼	2/2
6	24	Nicole ROSS	FR	Mesa (Ariz.) CC	1.56m	5-1¼	3/21
8	27	Rees YOUNG	SO	Mesa (Ariz.) CC	1.53m	5-¼	4/22
9	35	Bailey KIRKHAM	SO	Paradise Valley (Ariz.)	1.48m	4-10¼	2/8
9	35	Terayah STUKES	FR	Glendale (Ariz.) CC	1.48m	4-10¼	4/22
9	35	Latoyia BROOKS	SO	Central Arizona	1.48m	4-10¼	4/22

Women's Pole Vault

1	1	Victoria VILLANUEVA	FR	New Mexico JC	3.92m	12-10¼	2/1
2	3	Lily STANDLEY	FR	Paradise Valley (Ariz.)	3.55m	11-7¼	3/1
3	7	Karli FAWCETT	SO	Paradise Valley (Ariz.)	3.20m	10-6	3/29
3	7	Stephanie CASAUS	FR	Paradise Valley (Ariz.)	3.20m	10-6	3/1
5	10	Ashley BERRY	SO	Glendale (Ariz.) CC	3.05m	10-0	2/2

Women's Long Jump

1	1	Monique GRANT	FR	New Mexico JC	6.36mA	20-10½ (-3.	4/12
2	2	Kristal LIBURD	SO	New Mexico JC	6.29m	20-7¾	2/1
3	5	Ruth USORO	SO	South Plains (Texas)	6.07mA	19-11 (-2.6)	4/12
4	8	Elon'a JONES	FR	South Plains (Texas)	5.91mw	19-4¾ (2.2)	4/25
5	13	Raelynn FAIR	FR	Pima (Ariz.) CC	5.73m	18-9¾	3/1
6	14	Regina YEBOAH	SO	Central Arizona	5.63m	18-5¾ (0.0)	3/29
7	16	Hailey MYLES	SO	Pima (Ariz.) CC	5.61m	18-5 (0.0)	4/5
8	17	Mariya HUDSON	SO	Western Texas	5.60m	18-4½	2/1
9	21	Terayah STUKES	FR	Glendale (Ariz.) CC	5.51m	18-1 (0.0)	4/22
9	21	Sametria SMITH	FR	New Mexico JC	5.51m	18-1	1/18

Women's Triple Jump

1	2	Ruth USORO	SO	South Plains (Texas)	12.50m	41-¼	3/1
2	3	Kristal LIBURD	SO	New Mexico JC	12.45m	40-10¼	3/1
3	4	Hailey MYLES	SO	Pima (Ariz.) CC	12.35m	40-6¼ (0.0)	4/5
4	6	Monique GRANT	FR	New Mexico JC	12.07m	39-7¼	1/18
5	13	Mecca MARKS	SO	Pima (Ariz.) CC	11.21m	36-9½	2/2
6	15	BaiLee FLAKE	FR	Paradise Valley (Ariz.)	11.13m	36-6¼ (0.0)	4/22
7	20	Sametria SMITH	FR	New Mexico JC	10.88m	35-8½	2/1
8	25	Hailey HOLMES	FR	Central Arizona	10.65m	34-11¼	2/2
9	29	Quinn WILLIAMS	FR	Pima (Ariz.) CC	10.36m	34-0	2/16
10	37	Azaria BROWN	FR	Mesa (Ariz.) CC	9.77m	32-¾	1/26



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West

Women's Shot Put

1	1	Devia BROWN	SO Central Arizona	17.76mA	58-3¼	2/15
2	2	Cherisse MURRAY	SO Central Arizona	16.30m	53-5¾	3/1
3	5	Siyu GU	FR New Mexico JC	14.78m	48-6	3/1
4	18	Alexandria FLOREA	FR Mesa (Ariz.) CC	12.29m	40-4	4/22
5	21	Brianna BROCK	FR New Mexico JC	11.99mA	39-4	5/4
6	23	Ziakerah MUMIN	FR Glendale (Ariz.) CC	11.96m	39-3	1/19
7	25	Sadie SWEENEY	SO Mesa (Ariz.) CC	11.89m	39-¼	4/22
8	26	Akira PHILLIP	FR South Plains (Texas)	11.88mA	38-11¾	5/4
9	27	Yessie VALENCIA	SO Glendale (Ariz.) CC	11.87m	38-11½	2/8
10	29	Rees YOUNG	SO Mesa (Ariz.) CC	11.72m	38-5½	2/8

Women's Heptathlon

1	1	Regina YEBOAH	SO Central Arizona	4,935	4/17
2	2	Monique GRANT	FR New Mexico JC	4,734A	4/5
3	3	Rees YOUNG	SO Mesa (Ariz.) CC	4,456	4/22
4	8	Terayah STUKES	FR Glendale (Ariz.) CC	3,903	4/22
5	14	Hailley HOLMES	FR Central Arizona	3,469	3/21
6	15	Lynsie FIKE	SO Paradise Valley (Ariz.)	3,443	3/21

Women's Discus

1	1	Devia BROWN	SO Central Arizona	52.49m	172-3	4/12
2	3	Siyu GU	FR New Mexico JC	50.96mA	167-2	4/5
3	6	Cherisse MURRAY	SO Central Arizona	47.99m	157-6	3/21
4	7	Jaztyne GRIFFIN	FR Central Arizona	46.46m	152-5	4/5
5	10	Yessie VALENCIA	SO Glendale (Ariz.) CC	42.40m	139-1	4/22
6	15	Taylor VUELVAS	FR New Mexico JC	40.00mA	131-3	3/22
7	19	Brogan HANSON	FR Mesa (Ariz.) CC	38.10m	125-0	4/22
8	20	Olivia LENTZ	FR Glendale (Ariz.) CC	37.83m	124-2	4/22
9	21	Sadie SWEENEY	SO Mesa (Ariz.) CC	37.45m	122-11	3/15
10	22	Jacqueline CASTILLO	FR South Plains (Texas)	37.39mA	122-8	4/12

Women's Hammer

1	2	Devia BROWN	SO Central Arizona	54.30m	178-2	3/29
2	4	Sadie SWEENEY	SO Mesa (Ariz.) CC	49.85m	163-7	3/15
3	10	Yessie VALENCIA	SO Glendale (Ariz.) CC	46.89m	153-10	3/21
4	16	Siyu GU	FR New Mexico JC	44.33mA	145-5	3/15
5	17	Jaztyne GRIFFIN	FR Central Arizona	43.63m	143-2	4/22
6	20	Olivia LENTZ	FR Glendale (Ariz.) CC	43.26m	141-11	4/22
7	31	Monay BRANHAM	SO Glendale (Ariz.) CC	40.10m	131-7	3/21
8	36	Brianna BROCK	FR New Mexico JC	38.83mA	127-5	4/12
9	37	Hannah STUTZ	SO Mesa (Ariz.) CC	38.82m	127-5	4/22
10	39	Alyssa BRINKERHOFF	FR Paradise Valley (Ariz.)	38.37m	125-11	3/21

Women's Javelin

1	1	Akira PHILLIP	FR South Plains (Texas)	41.97m	137-9	4/25
2	3	Devia BROWN	SO Central Arizona	40.03m	131-4	3/29
3	9	Rees YOUNG	SO Mesa (Ariz.) CC	36.90m	121-1	4/12
4	10	Bailey KIRKHAM	SO Paradise Valley (Ariz.)	35.71m	117-2	3/21
5	12	Riley MARSH	FR Mesa (Ariz.) CC	34.67m	113-9	4/22
6	13	Jessica MORA	SO Glendale (Ariz.) CC	32.85m	107-10	4/22
7	14	Lynsie FIKE	SO Paradise Valley (Ariz.)	32.84m	107-9	4/22
8	15	Jacqueline CASTILLO	FR South Plains (Texas)	32.75mA	107-6	5/4
9	19	Regina YEBOAH	SO Central Arizona	31.07m	101-11	4/22
10	24	Jaztyne GRIFFIN	FR Central Arizona	28.46m	93-4½	4/22