



USTFCCCA NJCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2019 Week #3, April 17

as of 5/4/2019 3:24:46 PM

Atlantic

Women's 100 Meters

1	16	Taylor WASHINGTON	SO	Montgomery (Md.)	14.02w	(2.2)	3/16
2	20	Stacy BASMERA	FR	Montgomery (Md.)	14.19	(1.6)	3/16
3	35	Avryl BENNETT-STEWART	FR	Montgomery (Md.)	15.05	(1.6)	3/16

Women's 200 Meters

1	44	Avryl BENNETT-STEWART	FR	Montgomery (Md.)	32.08	(0.2)	3/23
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Women's 400 Meters

1	4	Blossom AKPEDEYE	FR	Montgomery (Md.)	1:02.20		3/16
2	20	Tanyka TROTMAN	SO	Montgomery (Md.)	1:07.29		3/16
3	22	Ashley NGUYEN	FR	Montgomery (Md.)	1:08.17		3/16

Women's Long Jump

1	3	Kalin COLBERT	FR	Montgomery (Md.)	5.21m	17-1¼ (0.0)	3/23
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Women's Shot Put

1	16	Kiana JOHNSON	FR	Montgomery (Md.)	8.55m	28-¾	3/23
2	17	Taylor WASHINGTON	SO	Montgomery (Md.)	8.44m	27-8¼	3/16
3	21	Stacy BASMERA	FR	Montgomery (Md.)	8.21m	26-11¼	3/16

Women's Discus

1	17	Kiana JOHNSON	FR	Montgomery (Md.)	19.98m	65-6¾	3/23
2	20	Stacy BASMERA	FR	Montgomery (Md.)	18.66m	61-2¾	3/16



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Central

Women's 100 Meters

1	2	Taneira BOWMAN	FR Delaware County (P	13.10	(-1.6)	4/6
2	6	Aleah LANGLEY	FR CC of Philadelphia (P	13.53	(-0.4)	4/6
3	8	Jada ERWIN	SO CC of Philadelphia (P	13.69	(0.0)	4/12
4	25	Alyssa SMULLIN	FR Harper (Ill.)	14.33	(-1.2)	4/6
5	29	Elizabeth CANNON	FR Triton (Ill.)	14.57w	(4.1)	4/12
6	30	Nicole MORA	FR Triton (Ill.)	14.67	(-1.2)	4/6
7	48	Domenica JARAMILLO	FR Harper (Ill.)	15.89w	(4.1)	4/12

Women's 200 Meters

1	3	Taneira BOWMAN	FR Delaware County (P	26.86	(-0.3)	3/29
2	6	Aleah LANGLEY	FR CC of Philadelphia (P	27.47		2/22
3	8	Jada ERWIN	SO CC of Philadelphia (P	27.55		2/22
4	12	Tianna JEFFCOAT	FR CC of Philadelphia (P	28.64	(1.0)	4/6
5	19	Grace CAREY	SO Harper (Ill.)	29.49		2/15
6	27	Alyssa SMULLIN	FR Harper (Ill.)	29.96	(1.1)	4/6
7	33	Nicole MORA	FR Triton (Ill.)	30.77	(0.9)	4/6
8	34	Elizabeth CANNON	FR Triton (Ill.)	30.85w	(2.7)	4/12
9	41	Cynthia PRESA	FR Triton (Ill.)	31.41	(-1.0)	4/6
10	51	Domenica JARAMILLO	FR Harper (Ill.)	33.92	(-1.0)	4/6

Women's 400 Meters

1	5	Maisha HUTCHINS-COLEMAN	FR CC of Philadelphia (P	1:03.77		3/30
2	9	Tianna JEFFCOAT	FR CC of Philadelphia (P	1:05.09		3/23
3	10	Jada ERWIN	SO CC of Philadelphia (P	1:05.66		2/22
4	12	Brianna SPENCER	FR Sandhills (N.C.) CC	1:05.92		3/30
5	18	Grace CAREY	SO Harper (Ill.)	1:06.62		2/8
6	25	Morgan HARWIN	FR Harper (Ill.)	1:10.89		4/12
7	27	Nicole MORA	FR Triton (Ill.)	1:12.01		3/30
8	32	Lillian INMAN	FR Sandhills (N.C.) CC	1:16.55		3/30
9	35	Alyssa SMULLIN	FR Harper (Ill.)	1:18.62		3/30

Women's 800 Meters

1	2	Misbah BAIG	SO Harper (Ill.)	2:22.53		2/15
2	3	Maisha HUTCHINS-COLEMAN	FR CC of Philadelphia (P	2:29.65		4/6
3	4	Brianna SPENCER	FR Sandhills (N.C.) CC	2:32.14		4/12
4	5	Roxanne TEMPLE	FR Harper (Ill.)	2:34.11		2/8
5	6	Rachael TEMPLE	SO Harper (Ill.)	2:35.17		4/6
6	13	Wilma RISHKO	FR Harper (Ill.)	2:39.84		4/6
7	14	Cynthia PRESA	FR Triton (Ill.)	2:41.04		3/30
8	15	Madison DECLUE	FR Mineral Area (Mo.)	2:42.82		4/13
9	31	Hannah CANADY	FR Sandhills (N.C.) CC	2:54.17		3/15
10	40	Nicole MORA	FR Triton (Ill.)	3:02.85		4/12

Women's 1500 Meters

1	1	Misbah BAIG	SO Harper (Ill.)	4:53.40	(5:16.88(1))	2/8
2	3	Rachael TEMPLE	SO Harper (Ill.)	5:10.95	(5:35.83(1))	2/15
3	5	Taylor KREISS	SO Harper (Ill.)	5:22.85		4/12
4	9	Jessi GESSNER	SO Harper (Ill.)	5:30.05		3/30
5	10	Cynthia PRESA	FR Triton (Ill.)	5:32.16		4/6
6	12	Wilma RISHKO	FR Harper (Ill.)	5:39.88	(6:07.08(1))	2/15
7	18	Madison DECLUE	FR Mineral Area (Mo.)	5:55.43		4/13
8	19	Sarah NELSON	FR Harper (Ill.)	5:57.18		3/30
9	20	Hannah CANADY	FR Sandhills (N.C.) CC	5:57.61		3/15
10	31	Izzabella MCNEIL	FR Sandhills (N.C.) CC	6:27.92		3/15

Women's Steeplechase

1	2	Sara LINDELL	SO Sandhills (N.C.) CC	13:30.24		3/30
2	3	Enya DEWARS	SO Sandhills (N.C.) CC	13:34.73		4/12

Women's 5000 Meters

1	1	Rachael TEMPLE	SO Harper (Ill.)	19:01.65		3/30
2	3	Taylor KREISS	FR Harper (Ill.)	19:53.74		3/1
3	7	Enya DEWARS	SO Sandhills (N.C.) CC	22:21.97		3/30
4	8	Hannah CANADY	FR Sandhills (N.C.) CC	23:24.44		4/12
5	11	Izzabella MCNEIL	FR Sandhills (N.C.) CC	24:48.31		3/30

Women's 10,000 Meters

1	2	Taylor KREISS	SO Harper (Ill.)	43:18.48		4/6
2	5	Sarah NELSON	FR Harper (Ill.)	49:57.14		4/6

Women's 100 Meter Hurdles

1	9	Roxanne TEMPLE	FR Harper (Ill.)	18.45	(0.2)	4/6
2	10	Claudette SMITH	SO Sandhills (N.C.) CC	18.63	(0.7)	4/12

Women's 400 Meter Hurdles

1	3	Grace CAREY	SO Harper (Ill.)	1:09.04		4/6
2	5	Roxanne TEMPLE	FR Harper (Ill.)	1:13.80		4/6
3	7	Claudette SMITH	SO Sandhills (N.C.) CC	1:18.78		4/12

Women's 4x100 Relay

1	4		Harper (Ill.)	54.50		4/12
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Women's 4x400 Relay

1	4		CC of Philadelphia (P	4:30.12		4/6
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Women's 4x800 Relay

1	1		Harper (Ill.)	10:22.59		4/12
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Women's High Jump

1	9	Elizabeth CHUKWUEZI	SO CC of Philadelphia (P	1.35m	4-5	4/12
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Women's Long Jump

1	1	Taneira BOWMAN	FR Delaware County (P	5.28m	17-4 (0.0)	4/6
2	9	Grace CAREY	SO Harper (Ill.)	4.51m	14-9¾	2/15
3	11	Elizabeth CHUKWUEZI	SO CC of Philadelphia (P	4.40m	14-5¼ (0.0)	4/6
4	12	Tianna JEFFCOAT	FR CC of Philadelphia (P	4.35m	14-3¼ (0.0)	4/6

Women's Triple Jump

1	1	Taneira BOWMAN	FR Delaware County (P	11.11m	36-5½	2/2
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Central

Women's Shot Put

1	5	Maddie BOBINSKI	SO Harper (Ill.)	11.07m	36-4	2/15
2	11	Genta VITIJA	SO Harper (Ill.)	9.59m	31-5¾	2/8
3	12	Emily DOOREY	SO Sandhills (N.C.) CC	9.27m	30-5	3/30
4	28	Chelsea GREEN	FR Sandhills (N.C.) CC	7.30m	23-11½	3/15
5	30	Meagan UA	FR Sandhills (N.C.) CC	7.12m	23-4½	3/15

Women's Discus

1	5	Maddie BOBINSKI	SO Harper (Ill.)	32.40m	106-4	4/6
2	6	Emily DOOREY	SO Sandhills (N.C.) CC	28.85m	94-8	3/30
3	12	Chelsea GREEN	FR Sandhills (N.C.) CC	23.35m	76-7¼	3/30
4	14	Genta VITIJA	SO Harper (Ill.)	23.15m	75-11½	3/30
5	25	Meagan UA	FR Sandhills (N.C.) CC	14.00m	45-11¼	3/15

Women's Hammer

1	9	Maddie BOBINSKI	SO Harper (Ill.)	25.46m	83-6½	4/12
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Women's Javelin

1	1	Maddie BOBINSKI	SO Harper (Ill.)	34.93m	114-7	3/30
2	10	Meagan UA	FR Sandhills (N.C.) CC	24.44m	80-2¼	3/30
3	24	Emily DOOREY	SO Sandhills (N.C.) CC	16.19m	53-1½	3/30



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East

Women's 100 Meters

1	4	Tochi CHINEDU	SO Union County (N.J.)	13.47	(0.0)	4/12
2	7	Chisom CHINEDU	SO Union County (N.J.)	13.56	(0.0)	4/12
3	8	Keniya ORANGE	FR Middlesex County (N.	13.69	(0.0)	4/6
4	15	Mahima MEMBALLY	FR Middlesex County (N.	14.00	(0.0)	3/30
5	21	Nwaneka CHINEDU	SO Union County (N.J.)	14.21	(0.0)	4/12
6	23	Treasure BAYLOR	FR Camden County (N.J)	14.24	(0.0)	4/12
7	24	Ashley LEVENSTONE	FR Union County (N.J.)	14.25	(-0.8)	4/5
8	27	Selen BERIL GUNER	SO Bergen (N.J.) CC	14.50	(0.0)	3/30
9	28	De'Ania DAVENPORT-WHITE	FR Rowan-Gloucester (	14.52	(0.0)	4/12
10	31	Keyonia VAUGHN	FR Rowan-Gloucester (	14.73	(-0.3)	3/29

Women's 200 Meters

1	6	Chisom CHINEDU	SO Union County (N.J.)	27.47	(0.6)	3/23
2	9	Tochi CHINEDU	SO Union County (N.J.)	28.10	(-1.5)	3/30
3	13	Allison BRYAN	SO Bergen (N.J.) CC	28.99	(1.4)	4/12
4	18	Treasure BAYLOR	FR Camden County (N.J)	29.33	(1.9)	4/12
5	20	Ashley LEVENSTONE	FR Union County (N.J.)	29.54	(0.5)	4/5
6	21	Nwaneka CHINEDU	SO Union County (N.J.)	29.68	(-1.2)	3/23
7	22	Keniya ORANGE	FR Middlesex County (N.	29.74		1/11
8	23	Allison BONE	SO Rowan-Gloucester (	29.78	(1.4)	4/12
8	23	Mahima MEMBALLY	FR Middlesex County (N.	29.78		1/11
10	26	Selen BERIL GUNER	SO Bergen (N.J.) CC	29.94	(0.0)	4/12

Women's 400 Meters

1	3	Tochi CHINEDU	SO Union County (N.J.)	1:01.40		4/12
2	16	Tolulope AKINYEMI	FR Prince George's (Md.	1:06.33		4/6
3	24	Selen BERIL GUNER	SO Bergen (N.J.) CC	1:09.50		4/12
4	28	Keyonia VAUGHN	FR Rowan-Gloucester (	1:13.00		3/23
5	34	Emily KOTARSKI	FR Camden County (N.J)	1:17.88		4/5
6	36	Betsy SANCHEZ	FR Middlesex County (N.	1:20.02		3/23

Women's 800 Meters

1	10	McKenna DOWD	SO Rowan-Gloucester (	2:38.81		3/29
2	11	Lyndsay BOYD	FR Rowan-Gloucester (	2:39.17		4/5
3	17	Katelyn RICHARDSON	SO Northern Essex (Mas	2:45.53		4/13
4	22	Katy PACHECO	SO Middlesex County (N.	2:48.19		4/12
5	28	Nicole GAITO	FR Bergen (N.J.) CC	2:52.31		4/5
6	29	Emily SANTANA	FR Camden County (N.J)	2:53.22		4/5
7	33	Alyssa FARIO	FR Camden County (N.J)	2:54.76		4/12
8	34	Betzabel A. DELOSSANTOS TRINIDAD	FR Camden County (N.J)	2:56.36		4/12
9	36	Mahima MEMBALLY	FR Middlesex County (N.	2:57.25		4/6
10	39	Emma O' BRIEN	FR Bergen (N.J.) CC	3:02.01		4/5

Women's 1500 Meters

1	6	McKenna DOWD	SO Rowan-Gloucester (	5:23.03		4/6
2	7	Lyndsay BOYD	FR Rowan-Gloucester (	5:25.20		4/12
3	13	Olivia MULLINS	SO Northern Essex (Mas	5:42.70		4/5
4	15	Emily SANTANA	FR Camden County (N.J)	5:51.71		4/12
5	17	Alyssa FARIO	FR Camden County (N.J)	5:53.31		4/5
6	21	Betzabel A. DELOSSANTOS TRINIDAD	FR Camden County (N.J)	6:00.51		4/12
7	23	Emma O' BRIEN	FR Bergen (N.J.) CC	6:07.83		4/5
8	26	Sofia CAMERON	FR Massasoit (Mass.) CC	6:13.24		4/6
9	27	Marina ROMERO	FR Union County (N.J.)	6:14.16		3/30

Women's 5000 Meters

1	4	Olivia MULLINS	SO Northern Essex (Mas	20:34.83		3/30
2	6	Alyssa FARIO	FR Camden County (N.J)	21:39.07		4/12
3	9	Sofia CAMERON	FR Massasoit (Mass.) CC	23:24.56		4/6
4	10	Emma O' BRIEN	FR Bergen (N.J.) CC	23:41.32		3/23

Women's 10,000 Meters

1	3	Marina ROMERO	FR Union County (N.J.)	47:59.90		3/23
2	4	Emma O' BRIEN	FR Bergen (N.J.) CC	49:22.99		4/12
3	6	Sofia CAMERON	FR Massasoit (Mass.) CC	55:53.23		3/30

Women's 100 Meter Hurdles

1	2	Chisom CHINEDU	SO Union County (N.J.)	15.91	(1.4)	4/5
2	5	Allison BRYAN	SO Bergen (N.J.) CC	17.68	(0.2)	4/12
3	6	Samaria WARD	SO Prince George's (Md.	17.76	(1.2)	4/6
4	12	Allison BONE	SO Rowan-Gloucester (	19.86	(1.4)	4/12
5	14	De'Ania DAVENPORT-WHITE	FR Rowan-Gloucester (	20.86	(-2.7)	3/23
6	15	Emileigh ZANE	FR Rowan-Gloucester (	23.54	(1.4)	4/12

Women's 400 Meter Hurdles

1	1	Chisom CHINEDU	SO Union County (N.J.)	1:05.53		4/12
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Women's 4x100 Relay

1	3	Union County (N.J.)	52.08		3/30
2	5	Middlesex County (N.	55.35		3/30
3	7	Bergen (N.J.) CC	57.25		4/5

Women's 4x400 Relay

1	3	Union County (N.J.)	4:19.76		4/5
2	6	Rowan-Gloucester (	4:47.74		3/29

Women's 4x800 Relay

1	3	Camden County (N.J)	11:23.93		4/12
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Women's High Jump

1	1	Allison BRYAN	SO Bergen (N.J.) CC	1.51m	4-11½	4/12
2	2	Nwaneka CHINEDU	SO Union County (N.J.)	1.50m	4-11	3/30
3	5	Katelyn RICHARDSON	SO Northern Essex (Mas	1.45m	4-9	4/6
3	5	Rayannia ROBINSON	FR Rowan-Gloucester (	1.45m	4-9	4/12
5	10	Allison BONE	SO Rowan-Gloucester (	1.33m	4-4¼	4/12
6	12	Emileigh ZANE	FR Rowan-Gloucester (	1.15m	3-9¼	4/12

Women's Pole Vault

1	2	Katy PACHECO	Middlesex County (N.	2.75m	9-¼	3/2
1	2	Katy PACHECO	SO Middlesex County (N.	2.75m	9-¼	4/12



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East

Women's Long Jump

1	4	Katy PACHECO	SO Middlesex County (N. 4.93m	16-2¼ (0.0)	3/30
2	6	Katy PACHECO	Middlesex County (N. 4.58m	15-½ (1.9)	3/2
3	10	Chisom CHINEDU	SO Union County (N.J.) 4.44m	14-6¾ (1.3)	4/5
4	15	Liana MARTINEZ	FR Bergen (N.J.) CC 4.31m	14-1¾ (0.0)	3/30
5	16	Allison BRYAN	SO Bergen (N.J.) CC 4.26m	13-11¾ (1.1)	4/12
6	19	Nwaneka CHINEDU	SO Union County (N.J.) 4.14m	13-7 (0.9)	4/5
7	21	Allison BONE	SO Rowan-Gloucester (4.00m	13-1½ (0.0)	4/12
8	22	Emileigh ZANE	FR Rowan-Gloucester (3.96m	13-0 (0.0)	4/12

Women's Triple Jump

1	1	Katy PACHECO	SO Middlesex County (N. 11.11m	36-5½ (0.0)	3/30
2	4	Allison BRYAN	SO Bergen (N.J.) CC 10.53m	34-6¾ (0.0)	4/5
3	6	Katy PACHECO	Middlesex County (N. 9.52m	31-2¾ (-0.4)	3/2

Women's Shot Put

1	1	Emily HILT	FR Rowan-Gloucester (13.12m	43-½	1/19
2	2	Elisia LANCASTER	SO Rowan-Gloucester (12.65m	41-6	4/12
3	6	Emileigh ZANE	FR Rowan-Gloucester (10.19m	33-5¼	4/12
4	7	Kadrian RICE	SO Union County (N.J.) 10.05m	32-11¾	4/5
5	18	Yvonne LIPSCOMB	FR Camden County (N.J 8.36m	27-5¼	4/12
6	22	Ajanae IRBY	SO Union County (N.J.) 8.14m	26-8½	4/12
7	23	Allison BRYAN	SO Bergen (N.J.) CC 8.07m	26-5¾	4/12
8	27	Elizabeth VARGAS	SO Bergen (N.J.) CC 7.52m	24-8¼	3/30
9	31	Amanda MODELFINO	SO Bergen (N.J.) CC 7.06m	23-2	4/12
10	34	Allison BONE	SO Rowan-Gloucester (6.64m	21-9½	4/12

Women's Discus

1	1	Elisia LANCASTER	SO Rowan-Gloucester (38.52m	126-5	3/29
2	2	Emily HILT	SO Rowan-Gloucester (36.23m	118-11	3/29
3	10	Kadrian RICE	SO Union County (N.J.) 25.27m	82-11	3/30
4	11	Yvonne LIPSCOMB	FR Camden County (N.J 24.27m	79-7½	4/12
5	13	Emileigh ZANE	FR Rowan-Gloucester (23.24m	76-3	3/23
6	22	Ajanae IRBY	SO Union County (N.J.) 16.72m	54-10¼	3/30

Women's Hammer

1	1	Elisia LANCASTER	SO Rowan-Gloucester (55.52m	182-2	4/6
2	2	Emily HILT	SO Rowan-Gloucester (40.56m	133-1	4/6
3	11	Nicole CARAMANNA	SO Rowan-Gloucester (23.73m	77-10¼	4/12

Women's Javelin

1	2	Elizabeth VARGAS	SO Bergen (N.J.) CC 33.87m	111-2	4/5
2	3	Catherine HANS	SO Rowan-Gloucester (30.93m	101-6	3/23
3	4	Nicole CARAMANNA	SO Rowan-Gloucester (29.62m	97-2¼	4/12
4	6	Emileigh ZANE	FR Rowan-Gloucester (28.76m	94-4¼	4/6
5	7	Allison BRYAN	SO Bergen (N.J.) CC 26.12m	85-8½	4/5
6	13	Nicole GAITO	FR Bergen (N.J.) CC 21.21m	69-7	4/12
7	20	Amanda MODELFINO	SO Bergen (N.J.) CC 17.63m	57-10¼	4/12
8	25	Allison BONE	SO Rowan-Gloucester (15.94m	52-3¾	4/12

Women's Heptathlon

1	2	Allison BRYAN	SO Bergen (N.J.) CC 2,482	4/12
2	3	Allison BONE	SO Rowan-Gloucester (2,344	4/12
3	4	Emileigh ZANE	FR Rowan-Gloucester (2,115	4/12



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Northeast

Women's 100 Meters

1	1	Jeanne-Marie JOHNSON	SO Kingsborough (N.Y.)	12.57	(-0.1)	4/13
2	3	Malaika PIERRE-LOUIS	FR Suffolk County (N.Y.)	13.40	(0.0)	4/5
3	5	Armanie ABREU	SO Suffolk County (N.Y.)	13.52	(0.0)	4/12
4	10	Nikianne OTTO	FR Suffolk County (N.Y.)	13.76	(0.0)	3/23
5	11	Francesca DONATELLO	FR Mohawk Valley (N.Y.)	13.78w	(2.5)	4/6
6	12	Shelby KITEVELES	SO Onondaga (N.Y.) CC	13.79w	(2.3)	4/6
7	13	Wallatta IFILL	FR Kingsborough (N.Y.)	13.86	(0.0)	4/12
8	14	Amina MOHAMED	FR Herkimer County (N.Y.)	13.87	(-2.1)	4/13
9	17	Liberty ZAMARRIPAS	FR Herkimer County (N.Y.)	14.03	(0.9)	4/6
10	18	Anya SWAPP	FR FIT (N.Y.)	14.04	(0.2)	3/29

Women's 200 Meters

1	1	Jeanne-Marie JOHNSON	SO Kingsborough (N.Y.)	25.66	(0.9)	4/13
2	2	Nyeira GORDON	SO Kingsborough (N.Y.)	26.32		1/25
3	4	Malaika PIERRE-LOUIS	FR Suffolk County (N.Y.)	27.18	(1.0)	4/12
4	5	Michelle MASI	SO Suffolk County (N.Y.)	27.38	(1.0)	4/12
5	10	Armanie ABREU	SO Suffolk County (N.Y.)	28.29	(0.5)	4/5
6	11	Wallatta IFILL	FR Kingsborough (N.Y.)	28.36		2/24
7	14	Amina MOHAMED	FR Herkimer County (N.Y.)	29.07	(-3.0)	4/13
8	15	Shelby KITEVELES	SO Onondaga (N.Y.) CC	29.10	(0.5)	4/6
9	16	Selene NEGRON	SO Suffolk County (N.Y.)	29.20	(0.0)	3/29
10	17	Ashley MARTINEZ	SO Hudson Valley (N.Y.)	29.24	(1.5)	3/23

Women's 400 Meters

1	1	Nyeira GORDON	SO Kingsborough (N.Y.)	58.56		1/12
2	2	Tyesha JAMES	SO Kingsborough (N.Y.)	59.28		3/28
3	6	Malaika PIERRE-LOUIS	FR Suffolk County (N.Y.)	1:03.94		3/29
4	7	Jeanne-Marie JOHNSON	SO Kingsborough (N.Y.)	1:04.14		3/23
5	8	Selene NEGRON	SO Suffolk County (N.Y.)	1:04.98		4/5
6	11	Amina MOHAMED	FR Herkimer County (N.Y.)	1:05.76		4/13
7	13	Shelby KITEVELES	SO Onondaga (N.Y.) CC	1:06.16		4/6
8	14	Alayna LANGAN	SO FIT (N.Y.)	1:06.17		4/5
9	15	Wallatta IFILL	FR Kingsborough (N.Y.)	1:06.22		2/24
10	17	Ashley MARTINEZ	SO Hudson Valley (N.Y.)	1:06.52		3/23

Women's 800 Meters

1	1	Tyesha JAMES	SO Kingsborough (N.Y.)	2:19.19		2/8
2	7	Mercedes PLANAVSKY	SO Hudson Valley (N.Y.)	2:35.94		4/6
3	8	Julianna FAUSTIN	FR Suffolk County (N.Y.)	2:36.42		4/12
4	9	Julia SCHAEFER	FR Suffolk County (N.Y.)	2:38.08		3/29
5	12	Alayna LANGAN	SO FIT (N.Y.)	2:39.25		3/29
6	16	Shannon CULHANE	FR FIT (N.Y.)	2:43.05		3/29
7	18	Sara MOORE	JR Mohawk Valley (N.Y.)	2:45.67		4/13
8	19	Olivia HILL	FR Suffolk County (N.Y.)	2:45.69		3/29
9	20	Katherine BURGESS	FR Nassau (N.Y.) CC	2:46.37		4/5
10	21	Brigid NUGENT	SO Suffolk County (N.Y.)	2:47.21		4/5

Women's 1500 Meters

1	2	Tyesha JAMES	SO Kingsborough (N.Y.)	5:01.73	(5:25.87(1))	1/18
2	4	Mercedes PLANAVSKY	SO Hudson Valley (N.Y.)	5:11.75		4/13
3	8	Julia SCHAEFER	FR Suffolk County (N.Y.)	5:27.71		4/5
4	11	Anna CLARKE	FR Hudson Valley (N.Y.)	5:38.57		4/13
5	14	Sarah CARPENTER	FR FIT (N.Y.)	5:49.73		4/5
6	16	Allaura DASHNAW	FR Suffolk County (N.Y.)	5:53.23		3/23
7	22	SaraMarie CERULLO	SO CCR	6:01.35		4/12
8	24	Riley WERNER	SO Columbia-Greene (N.Y.)	6:10.16		4/13
9	25	Nina BONETTI	FR Suffolk County (N.Y.)	6:11.33		3/29
10	28	Stephanie CARDALENA	FR Suffolk County (N.Y.)	6:16.92		3/29

Women's Steeplechase

1	1	Allaura DASHNAW	FR Suffolk County (N.Y.)	13:14.87		4/5
2	4	Nina BONETTI	FR Suffolk County (N.Y.)	14:08.37		4/12
3	5	Audrie PRUSINOWSKI	SO Finger Lakes (N.Y.) C	15:21.60		4/6

Women's 5000 Meters

1	2	Mercedes PLANAVSKY	SO Hudson Valley (N.Y.)	19:44.08		3/23
2	5	Allaura DASHNAW	FR Suffolk County (N.Y.)	21:17.89		4/12

Women's 10,000 Meters

1	1	Mercedes PLANAVSKY	SO Hudson Valley (N.Y.)	40:17.55		4/6
2	7	Alexa VALE	SO Kingsborough (N.Y.)	1:04:52		4/12

Women's 100 Meter Hurdles

1	1	Nyeira GORDON	SO Kingsborough (N.Y.)	14.67	(1.1)	4/13
2	3	Raquel BURTON	FR Herkimer County (N.Y.)	17.51	(1.0)	4/6
3	4	Erica MARTINEZ	FR Suffolk County (N.Y.)	17.53	(0.2)	4/12
4	7	Melinda WAAG	FR Finger Lakes (N.Y.) C	17.81	(1.0)	4/6
5	8	Mio SAKAI	JR Mohawk Valley (N.Y.)	18.13w	(5.1)	3/29
6	11	Audrie PRUSINOWSKI	SO Finger Lakes (N.Y.) C	19.73	(1.0)	4/6
7	13	Malerie BELLES	SO Herkimer County (N.Y.)	20.46	(1.0)	4/6

Women's 400 Meter Hurdles

1	2	Nyeira GORDON	SO Kingsborough (N.Y.)	1:07.99		4/13
2	4	Katherine BURGESS	FR Nassau (N.Y.) CC	1:11.64		4/12
3	6	Raquel BURTON	FR Herkimer County (N.Y.)	1:17.38		4/6
4	8	Chynalle WILLIAMS	FR Kingsborough (N.Y.)	1:31.93		4/12

Women's 4x100 Relay

1	1	Kingsborough (N.Y.)	49.87		3/28
2	2	Suffolk County (N.Y.)	51.51		4/12
3	6	Herkimer County (N.Y.)	55.68		4/13
4	8	FIT (N.Y.)	58.00		4/12

Women's 4x400 Relay

1	1	Kingsborough (N.Y.)	4:02.48		3/28
2	2	Suffolk County (N.Y.)	4:16.02		4/12
3	5	FIT (N.Y.)	4:45.33		4/12
4	7	Hudson Valley (N.Y.)	4:49.98		3/30
5	8	Herkimer County (N.Y.)	5:14.39		4/6

Women's 4x800 Relay

1	2	FIT (N.Y.)	11:00.77		4/12
2	4	Suffolk County (N.Y.)	12:17.41		3/23
3	5	Queensborough (N.Y.)	14:17.05		4/12



USTFCCA NJCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2019 Week #3, April 17

as of 5/4/2019 3:24:47 PM

Northeast

Women's High Jump

1	2	Julia STANGER	FR	Suffolk County (N.Y.)	1.50m	4-11	3/23
1	2	Nigeria JONES	FR	Suffolk County (N.Y.)	1.50m	4-11	4/5
3	5	Malerie BELLES	SO	Herkimer County (N.Y.)	1.45m	4-9	4/13
3	5	Jenna VAIRO	FR	Sullivan County (N.Y.)	1.45m	4-9	4/12
5	11	Erica MARTINEZ	FR	Suffolk County (N.Y.)	1.30m	4-3¼	4/12

Women's Pole Vault

1	1	Nikianne OTTO	FR	Suffolk County (N.Y.)	3.05m	10-0	4/12
2	4	Jodi COCHRANE	FR	Suffolk County (N.Y.)	2.60m	8-6¼	4/12
3	5	Isabella SABATINNI	FR	Onondaga (N.Y.) CC	2.45m	8-½	2/9

Women's Long Jump

1	2	Nigeria JONES	FR	Suffolk County (N.Y.)	5.26m	17-3¼ (0.0)	3/23
2	5	Erica MARTINEZ	FR	Suffolk County (N.Y.)	4.66m	15-3½ (0.0)	3/23
3	7	Jenna VAIRO	FR	Sullivan County (N.Y.)	4.55m	14-11¼ (1.3)	4/5
4	8	Melinda WAAG	FR	Finger Lakes (N.Y.) C	4.54m	14-10¾	2/1
5	13	Francesca DONATELLO	FR	Mohawk Valley (N.Y.)	4.33m	14-2½ (1.5)	4/13
6	14	Malerie BELLES	FR	Herkimer County (N.Y.)	4.32m	14-2¼	2/2
7	17	Alexis JACKSON	SO	Suffolk County (N.Y.)	4.25m	13-11½ (0.9)	4/5
8	18	Wallatta IFILL	FR	Kingsborough (N.Y.)	4.22m	13-10¼	2/1
9	20	Rose SIMMONS	SO	Mohawk Valley (N.Y.)	4.05m	13-3½ (1.5)	4/13
10	23	Julianna BEHR	SO	Mohawk Valley (N.Y.)	3.88m	12-8¾ (0.0)	4/13

Women's Triple Jump

1	3	Nigeria JONES	FR	Suffolk County (N.Y.)	10.92m	35-10 (-1.1)	3/29
2	5	Erica MARTINEZ	FR	Suffolk County (N.Y.)	9.53m	31-3¼ (0.8)	4/5
3	7	Alexis JACKSON	SO	Suffolk County (N.Y.)	9.42m	30-11 (1.6)	4/12

Women's Shot Put

1	3	Jane FAHY	FR	Mohawk Valley (N.Y.)	12.23m	40-1½	3/29
2	4	Ashley BOSCO	FR	Herkimer County (N.Y.)	11.63m	38-2	2/2
3	8	Skye-Linda ALEXANDER	FR	Suffolk County (N.Y.)	9.89m	32-5½	4/12
4	9	Milvia FENELON	SO	Kingsborough (N.Y.)	9.76m	32-¼	4/12
5	10	Alysha OWENS	SO	Westchester (N.Y.) C	9.67m	31-8¾	4/12
6	13	Alexis HOLMES	SO	Hudson Valley (N.Y.)	9.13m	29-11½	4/13
7	14	Melinda WAAG	FR	Finger Lakes (N.Y.) C	8.85m	29-½	3/29
8	15	Jasmine MINICK-SELDON	SO	Hudson Valley (N.Y.)	8.67m	28-5½	4/13
9	19	Erica MARTINEZ	FR	Suffolk County (N.Y.)	8.25m	27-¾	4/12
10	20	Kayla SANCHEZ	SO	Onondaga (N.Y.) CC	8.24m	27-½	2/16

Women's Discus

1	3	Jane FAHY	FR	Mohawk Valley (N.Y.)	33.89m	111-2	4/13
2	4	Alysha OWENS	SO	Westchester (N.Y.) C	32.65m	107-2	3/30
3	7	Skye-Linda ALEXANDER	FR	Suffolk County (N.Y.)	27.23m	89-4	4/12
4	8	Kaylee MEYERS	SO	Mohawk Valley (N.Y.)	26.66m	87-5¾	3/29
5	9	Alexis HOLMES	SO	Hudson Valley (N.Y.)	26.27m	86-2¼	4/13
6	15	Ashley BOSCO	FR	Herkimer County (N.Y.)	20.90m	68-7	4/6
7	16	MaeJean DELLABARCA-BARNES	FR	Hudson Valley (N.Y.)	20.14m	66-1	4/13
8	18	Alexa VALE	SO	Kingsborough (N.Y.)	19.89m	65-3¼	3/23
9	19	Kaitlyn BAUDENDISTEL	FR	Herkimer County (N.Y.)	19.26m	63-2¼	4/6
10	21	Kijana ALLEN	FR	Queensborough (N.Y.)	16.93m	55-6½	4/5

Women's Hammer

1	3	Ashley BOSCO	FR	Herkimer County (N.Y.)	32.42m	106-5	4/13
2	4	Milvia FENELON	SO	Kingsborough (N.Y.)	27.60m	90-6¾	4/12
3	5	Jane FAHY	FR	Mohawk Valley (N.Y.)	27.19m	89-2½	4/6
4	6	MaeJean DELLABARCA-BARNES	FR	Hudson Valley (N.Y.)	26.61m	87-3¾	3/23
5	7	Alysha OWENS	SO	Westchester (N.Y.) C	25.90m	84-11¾	4/12
6	8	Jasmine MINICK-SELDON	SO	Hudson Valley (N.Y.)	25.79m	84-7½	4/13
7	10	Kayla SANCHEZ	SO	Onondaga (N.Y.) CC	23.90m	78-5	3/29
8	12	Alexa VALE	SO	Kingsborough (N.Y.)	23.00m	75-5½	4/12
9	13	Kaylee MEYERS	SO	Mohawk Valley (N.Y.)	19.85m	65-1½	4/13
10	14	Christina SPRINGS	FR	Kingsborough (N.Y.)	19.35m	63-6	4/12

Women's Javelin

1	5	Jane FAHY	FR	Mohawk Valley (N.Y.)	28.79m	94-5½	4/13
2	8	Alexis HOLMES	SO	Hudson Valley (N.Y.)	25.67m	84-2¾	4/6
3	9	Melinda WAAG	FR	Finger Lakes (N.Y.) C	24.52m	80-5½	4/14
4	11	Alysha OWENS	SO	Westchester (N.Y.) C	22.79m	74-9¼	4/12
5	12	Kayla SANCHEZ	SO	Onondaga (N.Y.) CC	22.13m	72-7¼	4/6
6	14	Ashley BOSCO	FR	Herkimer County (N.Y.)	20.61m	67-7½	4/6
7	15	Milvia FENELON	SO	Kingsborough (N.Y.)	20.35m	66-9¼	4/12
8	16	Patricia FERNANDEZ	FR	Herkimer County (N.Y.)	19.64m	64-5¼	4/13
9	17	Julianna BEHR	SO	Mohawk Valley (N.Y.)	19.43m	63-9	4/13
10	18	MaeJean DELLABARCA-BARNES	FR	Hudson Valley (N.Y.)	17.90m	58-8¾	4/13

Women's Heptathlon

1	1	Erica MARTINEZ	FR	Suffolk County (N.Y.)	2,796		4/12
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