



USTFCCA NCAA Division II Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2020 Week #1, January 28

as of 1/27/2020 9:25:41 AM

Atlantic

Women's 60 Meters

1	6	Cierra THOMPSON	SR	Winston-Salem State	7.54	12/7
2	23	Kayla LITTLE	SO	Bowie State	7.64	1/4
2	23	Raven HASTON	FR	Winston-Salem State	7.64	12/7
4	27	Tiana WEBSTER	SR	East Stroudsburg	7.65	12/6
5	30	Ma'Kyia GAYDEN	JR	Winston-Salem State	7.67	12/7
6	35	Jerinique BROOKS	SR	Fayetteville State	7.68	1/19
7	41	Divonne FRANKLIN	SO	California (Pa.)	7.70	12/6
8	51	Shellece CLARK	FR	Saint Augustine's	7.73	1/24
8	51	Destinee HOLLOWAN	JR	Millersville	7.73	12/7
10	55	Leah GRAYBILL	FR	Shippensburg	7.75	1/25
10	55	Brene' DONALDSON	FR	Johnson C. Smith	7.75	12/7

Women's 200 Meters

1	4	Jerinique BROOKS	SR	Fayetteville State	24.31c	(24.68f)	1/24
2	18	Alicia COLLIER	SR	California (Pa.)	24.88 OT		12/6
3	21	Divonne FRANKLIN	SO	California (Pa.)	24.90 OT		12/6
4	30	Kayla LITTLE	SO	Bowie State	25.03		1/24
5	34	Leah GRAYBILL	FR	Shippensburg	25.10c	(25.49f)	1/25
6	41	Caroline LEWIS	JR	West Chester	25.20		1/17
7	56	Cierra THOMPSON	SR	Winston-Salem State	25.35		12/7
8	62	Raven HASTON	FR	Winston-Salem State	25.40		12/7
8	62	Rachel BRUNO	JR	Shippensburg	25.40c	(25.79f)	1/25
10	66	Ma'Kyia GAYDEN	JR	Winston-Salem State	25.41		12/7
10	66	Michaelia JONAS	SO	Fayetteville State	25.41c	(25.80f)	1/24

Women's 400 Meters

1	1	Shanae INGRAM	SO	Fayetteville State	52.51c	(53.20f)	1/24
2	10	Michaelia JONAS	SO	Fayetteville State	55.65c	(56.38f)	1/24
3	11	Shannon KALAWAN	JR	Saint Augustine's	55.71		1/17
4	23	Tawana ALLEN	SO	Fayetteville State	56.53c	(57.28f)	1/24
5	35	Mya JOHNSON	JR	Fayetteville State	57.42c	(58.18f)	1/24
6	39	Jaria HOYTE	SO	Saint Augustine's	57.52c	(58.28f)	12/7
7	42	Davia SMITH	SR	Saint Augustine's	57.58c	(58.34f)	12/7
8	48	Aaliyah BURTON	JR	Winston-Salem State	57.74		12/7
9	51	Victoria PORTER	JR	Winston-Salem State	57.80		12/7
10	53	Tamia MCLEAN	JR	Winston-Salem State	57.86		1/17

Women's 800 Meters

1	7	Stefanie PARSONS	JR	Edinboro	2:13.69 OT		1/17
2	29	Kacey RAIBLE	SR	Slippery Rock	2:16.81 OT		1/25
3	57	Carisha LEONARD	JR	Fayetteville State	2:19.55		12/7
4	60	Sydney WOLF	SO	Seton Hill	2:19.82 OT		1/24
5	75	Darby ROTH	FR	Seton Hill	2:21.04 OT		1/24
6	79	Julia WIEMKEN	JR	Kutztown	2:21.29		1/17
7	89	Kyla FRANK	SR	Virginia State	2:21.68		1/24
8	91	Alexis FIRMENT	SO	Slippery Rock	2:21.80 OT		1/17
9	112	Devon MONTANARI	SO	Kutztown	2:23.04c	(2:24.69f)	12/6
10	120	Kyra GERBER	SO	Shippensburg	2:23.47c	(2:25.12f)	1/25

Women's Mile

1	22	Kathryn BLAIR	SO	Bloomsburg	5:03.18c	(5:06.18f)	1/25
2	43	Kacey RAIBLE	SR	Slippery Rock	5:07.00 OT		1/25
3	61	Autumn AVERY	JR	Bloomsburg	5:10.10c	(5:13.17f)	1/25
4	65	Skye CHRISTIAN	SR	Seton Hill	5:10.56c	(5:13.63f)	1/11
5	76	Kimberly GOERSS	FR	Edinboro	5:11.81 OT		1/17
6	97	Laurel MOYER	JR	Lock Haven	5:15.17 OT		1/25
7	117	Hope PIETROCARLO	JR	Edinboro	5:17.53 OT		1/25
8	127	Alexis CUNNINGHAM	SO	Seton Hill	5:18.83 OT		1/17
9	140	Lyndsey PAYNE	SR	Mansfield	5:20.28c	(5:23.45f)	1/24
10	141	Hannah KEMP	FR	West Liberty State	5:20.33 OT		1/24

Women's 3000 Meters

1	59	Skye CHRISTIAN	SR	Seton Hill	10:19.47c	(10:24.78f)	12/14
2	78	Sarah SUPPLEE	FR	West Chester	10:27.85		1/17
3	86	Alissa VANDEBUNTE	SO	West Chester	10:29.95c	(10:35.35f)	1/10
4	109	Elizabeth EDWARDS	JR	West Chester	10:34.93		1/17
5	114	Brianna VANDEBUNTE	SO	West Chester	10:35.42		1/17
6	115	Caitlyn PADGETT	SR	Seton Hill	10:35.80 OT		1/24
7	121	Svea TIMM	FR	Davis and Elkins	10:36.84c	(10:42.30f)	12/6
8	180	Lyndsey PAYNE	SR	Mansfield	10:51.12c	(10:56.70f)	1/11
9	186	Isabelle MCCABE	FR	Seton Hill	10:51.91 OT		1/17
10	192	Nicole KEELEY	FR	Bloomsburg	10:52.79c	(10:58.38f)	12/6

Women's 5000 Meters

1	11	Hope PIETROCARLO	JR	Edinboro	17:08.97 OT		12/6
2	20	Stefanie PARSONS	JR	Edinboro	17:30.45 OT		12/6
3	51	Alissa VANDEBUNTE	SO	West Chester	18:20.19		1/17
4	59	Tara MCLAUGHLIN	SR	West Chester	18:32.18		1/17
5	87	Amanda FINE	JR	East Stroudsburg	18:55.85c	(19:04.54f)	1/25
6	94	Sarah SUPPLEE	FR	West Chester	19:06.15c	(19:14.92f)	12/6
7	95	Yoangelys CEDENO	JR	Millersville	19:07.43c	(19:16.21f)	12/7
8	105	Sydney GALSTER	FR	West Chester	19:14.20c	(19:23.04f)	12/6
9	106	Elizabeth EDWARDS	JR	West Chester	19:14.22c	(19:23.06f)	12/6
10	109	Natalie POULTON	SO	Millersville	19:15.93c	(19:24.78f)	12/7

Women's 60 Meter Hurdles

1	15	Caroline LEWIS	JR	West Chester	8.76		1/17
2	20	Brene' DONALDSON	FR	Johnson C. Smith	8.80		12/7
3	23	Danielle SCANTLEBURY	SO	Saint Augustine's	8.84		1/24
4	34	Amique WILLIS	SO	Winston-Salem State	8.93		12/8
5	43	Karryngton HARRISON	SO	Johnson C. Smith	8.98		1/24
6	55	Jamara WATSON	FR	Virginia Union	9.03		1/4
7	59	Talayna REED	SO	Johnson C. Smith	9.05		12/7
8	62	Mya JOHNSON	JR	Fayetteville State	9.07		1/24
9	74	Ashley WHITE	FR	Virginia Union	9.13		1/17
10	101	Shanae INGRAM	SO	Fayetteville State	9.22		1/19



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Atlantic

Women's 4x400 Relay

1	5	Williams, Burton, McLean, Porter	Winston-Salem State	3:48.63c (3:51.66f)	12/8
2	7	Hoyte, Scantlebury, Smith, Kalawan	Saint Augustine's	3:49.06	1/17
3	18	Brooks, Allen, Johnson, Jonas	Fayetteville State	3:53.94c (3:57.04f)	1/19
4	21	Oliver, Horstman, Donatelli, Speigle	Slippery Rock	3:54.83 OT	12/6
5	33	Peoples, Scott- McKoy, Cook, Smith	Johnson C. Smith	3:58.64c (4:01.80f)	12/7
6	36	Franklin, Young, Kelly, McIntosh	California (Pa.)	3:58.89 OT	1/24
7	43	Bruno, Black, Higgins, Graybill	Shippensburg	4:00.23c (4:03.41f)	1/25
8	48	Forsythe, Groth, Wiemken, Montanari	Kutztown	4:02.24	1/17
9	60	Jones, Stitzer, Kyle, Klag	East Stroudsburg	4:04.26c (4:07.50f)	1/25
10	72	Frank, Burzynski, Harris, Hyppolite	Virginia State	4:06.89c (4:10.16f)	12/8

Women's Distance Medley Relay

1	5	Cunningham, Roth, Wolf, Christian	Seton Hill	12:14.80 OT	1/24
2	18	Blair, Konitzer, Snyder, Fortune	Bloomsburg	12:51.07c (12:59.33f)	1/17
3	25	Payton, Chernutan, Altizer, Mills	Concord	13:06.27c (13:14.69f)	1/24
4	29	Leonard, Shedrick, McKoy, Kandie	Fayetteville State	13:20.95c (13:29.53f)	1/24
5	33	Upole, Wilson, Louk, Kemp	West Liberty State	13:24.95 OT	1/24
6	35	Noel, Grow, Judy, Moyer	Lock Haven	13:28.97 OT	1/25
7	37	Snyder, Raczka, Carratura, Davalos	East Stroudsburg	13:35.40c (13:44.13f)	1/18
8	40	Anderson, Burgess, Kinmond, Delaney	Wheeling	13:44.36 OT	1/24
9	45	Schaller, Varsek, Spears, Sullivan	Clarion	13:50.30 OT	1/25
10	48	Johnson, Tatum, Thompson, Brooks	Winston-Salem State	14:16.20	12/7

Women's High Jump

1	13	Caroline LEWIS	JR West Chester	1.70m 5-7	12/6
2	18	Taye DAIRO	SO Kutztown	1.68m 5-6	1/10
3	37	Kennedy ALEXANDER	FR Winston-Salem State	1.65m 5-5	12/8
3	37	Cecily GREGGS	SO Slippery Rock	1.65m 5-5	12/7
5	51	Olivia MILLER	FR West Liberty State	1.64m 5-4½	12/7
6	54	Anna EBERSOLE	FR California (Pa.)	1.63m 5-4¼	1/24
6	54	Rebecca HEMINGWAY	JR Kutztown	1.63m 5-4¼	1/10
6	54	Beyonc'e KELLY	FR California (Pa.)	1.63m 5-4¼	1/24
9	71	Kayla GILLEN	FR Indiana (Pa.)	1.61m 5-3¼	12/6
9	71	Madison JAMES	JR West Chester	1.61m 5-3¼	12/6

Women's Pole Vault

1	17	Danielle STEWART	SR Wheeling	3.70m 12-1½	1/24
2	28	Alexandra TAMA	JR Kutztown	3.65m 11-11¾	1/17
3	35	Madeline MARSHALL	SR Slippery Rock	3.60m 11-9¾	1/25
4	58	Nickolina ANNELLI	FR East Stroudsburg	3.45m 11-3¾	1/25
4	58	Morgan VINCENT	SO Seton Hill	3.45m 11-3¾	1/11
6	75	Olivia SENTLE	SO Slippery Rock	3.37m 11-¾	1/17
7	81	Katie SEEGERT	SR Kutztown	3.35m 10-11¾	12/6
7	81	Sarah BOURDON	SR Shippensburg	3.35m 10-11¾	12/6
9	97	Sarah SCHNEIDER	SO Slippery Rock	3.27m 10-8¾	12/6
10	112	Lauren RITENOUR	SO Seton Hill	3.22m 10-6¾	1/24

Women's Long Jump

1	5	Caroline LEWIS	JR West Chester	5.88m 19-3½	1/10
2	9	Reagan HESS	JR Slippery Rock	5.78m 18-11¾	12/6
3	13	Nikeela AUSTIN	SR Indiana (Pa.)	5.76m 18-10¾	12/6
4	21	Zarria WILLIAMS	SR Shippensburg	5.69m 18-8	12/6
5	22	Rebecca HEMINGWAY	JR Kutztown	5.68m 18-7¾	1/10
6	37	Dahlia HOSEY	FR Bloomsburg	5.60m 18-4½	12/6
6	37	Madison JAMES	JR West Chester	5.60m 18-4½	1/10
6	37	Kathleen STEVENSON	JR Bloomsburg	5.60m 18-4½	12/6
9	42	M'Smyra SEWARD	FR Fayetteville State	5.58m 18-3¾	1/19
10	48	Christina ADLAM	JR Virginia State	5.55m 18-2½	1/17

Women's Triple Jump

1	7	Alisha ST. LOUIS	JR Johnson C. Smith	12.11m 39-8¾	12/7
2	18	Nikeela AUSTIN	SR Indiana (Pa.)	11.79m 38-8¼	12/6
3	45	Olivia EMBLETON	SR West Chester	11.34m 37-2½	1/10
4	51	Krystahl GORDON	JR Lincoln (Pa.)	11.29m 37-½	1/17
5	57	Tatiana WILLIAMS	SR East Stroudsburg	11.23m 36-10¼	1/10
6	63	Dahlia HOSEY	FR Bloomsburg	11.17m 36-7¾	12/6
6	63	Sara MCKEAN	FR Shippensburg	11.17m 36-7¾	12/6
6	63	Aaliyah LEWIS	SO California (Pa.)	11.17m 36-7¾	12/6
9	78	Karrynton HARRISON	SO Johnson C. Smith	11.10m 36-5	1/19
10	83	Hope MCQUEENEY	FR Clarion	11.09m 36-4¾	12/6

Women's Shot Put

1	13	Elizabeth FLEMING	JR Wheeling	14.16m 46-5½	1/17
2	27	Aliyah STRIVER	JR Millersville	13.69m 44-11	12/7
3	34	Megan WILFONG	SR Glenville State	13.55m 44-5½	1/11
4	45	Kate MATRISCIANO	JR Shippensburg	13.26m 43-6	1/25
5	54	Samaria CHANCE	SR Livingstone	12.86m 42-2¼	1/10
6	63	Me'Saj CLOSS	SR East Stroudsburg	12.74m 41-9¾	1/25
7	69	Shelly JONES	FR Clarion	12.62m 41-5	1/25
8	85	Emma PESICKA	FR Clarion	12.38m 40-7½	12/6
9	93	Kelsi HULIT	SO West Liberty State	12.29m 40-4	1/24
10	101	Abby WAY	SR Slippery Rock	12.24m 40-2	12/6



USTFCCA NCAA Division II Indoor Track & Field
Regional TFRI Event Summary

WOMEN — 2020 Week #1, January 28

as of 1/27/2020 9:25:41 AM

Atlantic

Women's Weight Throw

1	18	Elizabeth FLEMING	JR	Wheeling	17.72m	58-1¾	1/17
2	32	Madison MARTIN	SR	Millersville	17.23m	56-6½	12/7
3	35	Me'Saj CLOSS	SR	East Stroudsburg	16.92m	55-6¼	1/25
4	46	Aliyah STRIVER	JR	Millersville	16.42m	53-10½	12/7
5	55	Sam GIANGRASSO	SR	East Stroudsburg	16.20m	53-1¾	1/10
6	56	Megan WILFONG	SR	Glennville State	16.18m	53-1	12/14
7	59	Abby WAY	SR	Slippery Rock	16.14m	52-11½	12/6
8	89	Rachel HUTCHINSON	SO	Slippery Rock	15.31m	50-2¾	1/25
9	107	Skye BOSHOFF	FR	Kutztown	14.94m	49-¼	1/10
10	111	Stephanie GARNER	SR	Millersville	14.87m	48-9½	12/7

Women's Pentathlon

1	2	Caroline LEWIS	JR	West Chester	3,747c	(3725)	12/6
2	17	Madison JAMES	JR	West Chester	3,413c	(3391)	12/6
3	37	Amanda AULENBACH	SR	Bloomsburg	3,135c	(3113)	12/6
4	43	Anna EBERSOLE	FR	California (Pa.)	3,083		12/7
5	53	Louise CRANSTON	FR	Charleston (W.Va.)	3,014c	(2992)	12/6
6	55	Lauren LEAMAN	JR	West Virginia Wesley	2,973c	(2952)	12/6
7	62	Darcie FRAZIER	FR	California (Pa.)	2,933		12/7
8	63	Kira SOLT	SO	Kutztown	2,925c	(2902)	12/6
9	68	Shanae INGRAM	SO	Fayetteville State	2,897c	(2875)	1/24
10	74	Kayla BROOKS	FR	Shippensburg	2,853c	(2833)	12/6



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Central

Women's 60 Meters

1	2	Rene MEDLEY	SR Lincoln (Mo.)	7.42	12/13
2	3	Makayla JACKSON	FR Minnesota State	7.50	12/7
2	3	Ja'Cey SIMMONS	FR Minnesota State	7.50	1/19
4	19	Toni CANFALL	JR Concordia-St. Paul	7.61	1/11
5	21	Grace HARTMAN	JR Minnesota State	7.62	1/19
5	21	Jasmine DECKARD	JR Missouri Southern	7.62	1/24
7	23	Venice STEWART	JR Bemidji State	7.64	1/25
8	30	Bonet HENDERSON	FR U-Mary	7.67	1/25
9	37	Emma BAYNES	JR St. Cloud State	7.69	12/6
9	37	Jordan HAMMOND	SR Northwest Missouri	7.69	1/24

Women's 200 Meters

1	1	Rene MEDLEY	SR Lincoln (Mo.)	23.81c (24.18f)	12/6
2	2	Hiba MAHGOUB	SR Northwest Missouri	23.98 OT	12/6
3	3	Jasmine DECKARD	JR Missouri Southern	24.26 OT	1/24
4	5	Ja'Cey SIMMONS	FR Minnesota State	24.35c (24.72f)	12/7
5	8	Grace HARTMAN	JR Minnesota State	24.42c (24.80f)	12/7
6	12	Christine MOSS	SR Lincoln (Mo.)	24.67	12/13
7	14	Venice STEWART	JR Bemidji State	24.83c (25.21f)	1/25
7	14	Bonet HENDERSON	FR U-Mary	24.83c (25.21f)	12/7
9	16	Mackenzie WOODARD	JR Minnesota State	24.85c (25.23f)	12/7
10	25	Makayla JACKSON	FR Minnesota State	24.95c (25.33f)	12/7

Women's 400 Meters

1	2	Hiba MAHGOUB	SR Northwest Missouri	54.48 OT	12/6
2	4	Cameka WITTER	JR Oklahoma Baptist	55.23 OT	12/7
3	5	Christine MOSS	SR Lincoln (Mo.)	55.25 OT	12/6
4	6	Kissi-Ann BROWN	SR Lincoln (Mo.)	55.32	12/13
5	8	Jordan HAMMOND	SR Northwest Missouri	55.40 OT	1/24
6	12	Chriss-Ann THOMAS	SR U-Mary	55.92 OT	1/25
7	29	Brooklyn SCHVINCK	SO Winona State	57.26c (58.02f)	1/25
8	30	Mackenzie WOODARD	JR Minnesota State	57.28 OT	1/17
9	31	Crystal MALONE	SR Minnesota State	57.32 OT	1/17
10	33	Rebekah ROH	SO Neb.-Kearney	57.37 OT	12/6

Women's 800 Meters

1	5	Haleigh REINDL	SO Minnesota Duluth	2:12.22 OT	1/25
2	9	Kelly-Ann BECKFORD	FR Lincoln (Mo.)	2:13.83c (2:15.37f)	1/23
3	11	Elizabeth ACHESON	FR U-Mary	2:14.09 OT	1/25
4	24	Isabelle BREZINKA	JR Minnesota Duluth	2:16.37 OT	1/25
5	26	Ryne PRIGGE	SO Bemidji State	2:16.47c (2:18.04f)	1/25
6	31	Taryn CEGLOWSKI	JR Sioux Falls	2:17.10 OT	1/17
7	37	Kimone CAMPBELL	FR Lincoln (Mo.)	2:18.03 OT	12/6
8	38	Kinga SZARZYNSKA	JR Harding	2:18.14	1/11
9	45	Tesa POTTER	SR Oklahoma Baptist	2:18.78 OT	12/7
10	51	Courtney DEMBROWSKI	SO U-Mary	2:19.25c (2:20.85f)	12/7

Women's Mile

1	5	Kelly-Ann BECKFORD	FR Lincoln (Mo.)	4:55.35 OT	12/6
2	18	Taylor HESTEKIN	SO U-Mary	5:01.66 OT	1/25
3	23	Becca RICHTMAN	JR Winona State	5:03.68c (5:06.68f)	1/25
4	33	Anna ROGAHN	SR Winona State	5:05.01c (5:08.02f)	1/18
5	36	Arizona HUMMINGBIRD	JR Central Oklahoma	5:05.62c (5:08.64f)	1/24
6	47	Taryn CEGLOWSKI	JR Sioux Falls	5:07.75c (5:10.79f)	1/19
7	60	Lily JOHNSON	SO Washburn	5:09.91 OT	1/24
8	66	Cassidy WESTHOFF	JR Pittsburg State	5:10.63 OT	1/24
9	67	Destiny REINKE	JR Neb.-Kearney	5:10.66	1/24
10	72	Haleigh REINDL	SO Minnesota Duluth	5:11.44c (5:14.52f)	1/18

Women's 3000 Meters

1	26	Becca RICHTMAN	JR Winona State	10:02.40c(10:07.56f)	1/18
2	33	Anna ROGAHN	SR Winona State	10:07.57c(10:12.77f)	1/25
3	35	Starlynn COSTA	SO U-Mary	10:09.34 OT	1/25
4	36	Taryn CEGLOWSKI	JR Sioux Falls	10:09.85 OT	12/6
5	44	Chrissy LOFGREN	SR St. Cloud State	10:13.78 OT	1/25
6	51	Kelie HENDERSON	SO Missouri Southern	10:16.64 OT	1/24
7	54	Mackenzie HALL	SO Minnesota Duluth	10:17.26 OT	1/25
8	57	Maddie BACH	JR Neb.-Kearney	10:18.81 OT	12/6
9	72	Destiny REINKE	JR Neb.-Kearney	10:23.77 OT	12/6
10	76	Amanda MONTPLAISIR	SO Minnesota State	10:27.25c(10:32.62f)	1/19

Women's 5000 Meters

1	1	Ida NARBUVOLL	SR U-Mary	16:14.33 OT	12/6
2	15	Sydney LAWRENCE	SR Oklahoma Baptist	17:19.88 OT	12/7
3	16	Nicolette SCHMIDT	SO Augustana (S.D.)	17:20.50 OT	12/6
4	21	PJ ENGLISH	FR Augustana (S.D.)	17:34.73 OT	12/6
5	24	Cait SAVEY	SO Augustana (S.D.)	17:43.14 OT	12/6
6	26	Rebekah RAIKDON	JR Augustana (S.D.)	17:45.60 OT	12/6
7	28	Rachel RAIKDON	JR Augustana (S.D.)	17:49.52 OT	12/6
8	36	Haylee WATERFALL	SO Augustana (S.D.)	18:03.72 OT	12/6
9	42	Kara LINDBERG	JR Concordia-St. Paul	18:13.92 OT	1/17
10	43	Ashley FRANCO	JR Minot State	18:14.36 OT	1/17

Women's 60 Meter Hurdles

1	5	Olivia MONTEZ BROWN	SR Augustana (S.D.)	8.63	12/6
2	10	Claire LUALLAN	SO Missouri Southern	8.69	12/6
3	11	Kiara SMITH	FR Missouri Southern	8.71	1/24
4	25	Jordan HAMMOND	SR Northwest Missouri	8.87	1/24
4	25	Vivian AKUNNA	SO Lincoln (Mo.)	8.87	1/23
6	29	Tyjai ADAMS	SR Washburn	8.89	1/24
7	31	Trace MOSBY	SO Pittsburg State	8.91	12/6
8	34	Tereza BOLIBRUCH	SO U-Mary	8.93	1/18
8	34	Cornesia CALHOUN-WHITE	FR Missouri Southern	8.93	1/24
10	39	Shanice BURRELL	JR Northern State	8.94 (8.31(55))	1/19
10	39	Faith LUBNER	JR St. Cloud State	8.94	12/6



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as of 1/27/2020 9:25:41 AM

Central

Women's 4x400 Relay

1	2	Moss, Ambersley, Brown, Brown	Lincoln (Mo.)	3:44.35c (3:47.32f)	1/23
2	3	Mahgoub, Hammond, Palser, Bianchi	Northwest Missouri	3:46.04c (3:49.04f)	1/23
3	8	Brooks, James, Van Der Westhui, Witter	Oklahoma Baptist	3:50.31 OT	12/7
4	9	Gaye, Malone, Hartman, Woodard	Minnesota State	3:50.88c (3:53.94f)	1/19
5	19	Harris, Zeman, Patterson, Schyvinck	Winona State	3:54.57c (3:57.68f)	1/18
6	22	Grimm, Dembrowski, Moser, Acheson	U-Mary	3:54.91 OT	1/25
7	30	Mudgett, Montez Brown, Ryan, Mulder	Augustana (S.D.)	3:58.10 OT	12/6
8	31	Luallen, Wallace, Overstreet, Adeoye	Missouri Southern	3:58.59 OT	1/24
9	34	Foote, Larson, Gonzalez, Nash	Central Missouri	3:58.66c (4:01.82f)	1/24
10	37	Hillebert, Okoro, Hohl, Stinson	Washburn	3:58.90 OT	12/6

Women's Distance Medley Relay

1	6	Tyme, Fagan, Campbell, Beckford	Lincoln (Mo.)	12:21.96c(12:29.90f)	1/23
2	9	Rinke, Arradondo, Reindl, Kyes	Minnesota Duluth	12:32.04c(12:40.09f)	1/18
3	10	Gepford, Vanatter, Hautala, Henderson	Missouri Southern	12:32.69 OT	1/24
4	17	Pierce, Wiebe, Salmans, Wilson	Fort Hays State	12:46.78 OT	1/24
5	28	Kraft, Shurbert-Hetzel, Welhouse, Todd	St. Cloud State	13:18.35c(13:26.90f)	1/25
6	32	Kvale, Kelsey, Goodwin, Miller	Missouri Western	13:23.12	1/17
7	38	Barnett, Downham, Anderson, Danson	Neb.-Kearney	13:36.89	1/17
8	39	Tucker, Briery, Meier, Wheatley	Emporia State	13:42.77c(13:51.58f)	1/24
9	42	James, Johnson, Fitzgerald, Sweeney	Northwest Missouri	13:46.24 OT	1/24
10	43	Fane, Sanford, Smith, Trice	Harding	13:47.54c(13:56.40f)	1/24

Women's High Jump

1	4	Audrey WICHMANN	SR Northwest Missouri	1.74m	5-8½	1/24
2	7	Jada SHANKLIN	FR Northwest Missouri	1.73m	5-8	12/6
2	7	Skyler SAUNDERS	SO Washburn	1.73m	5-8	12/6
4	9	Evelyn CARSWELL	JR Oklahoma Baptist	1.72m	5-7¾	1/18
5	11	Abena SEY	SO Central Oklahoma	1.71m	5-7¼	1/24
6	17	Hannah VANBUSKIRK	JR Central Missouri	1.69m	5-6½	1/24
7	22	Alyssa SCHLAHT	SO Neb.-Kearney	1.67m	5-5¾	12/12
7	22	Trace MOSBY	SO Pittsburg State	1.67m	5-5¾	12/6
7	22	D'Andra MORRIS	JR U-Mary	1.67m	5-5¾	1/18
10	30	Elizabeth SCHAEFER	FR Augustana (S.D.)	1.66m	5-5¼	12/6

Women's Pole Vault

1	1	Haven LANDER	JR Pittsburg State	4.11m	13-5¾	12/7
2	4	Cassie JENNINGS	JR Central Missouri	3.91m	12-10	1/24
3	9	Samantha PETRY	JR Missouri Southern	3.82m	12-6¼	1/24
4	12	Virgi SCARDANZAN	JR Washburn	3.80m	12-5½	1/17
5	16	Kealy HILL	SO Northern State	3.76m	12-4	1/19
6	19	Amira LINSON	SO Washburn	3.69m	12-1¼	12/6
7	23	Elena BISOTTO	JR Missouri Southern	3.67m	12-½	1/24
7	23	Megan TRAMEL	SO Missouri Southern	3.67m	12-½	1/24
9	28	Natalie LANMAN	JR Washburn	3.65m	11-11¾	1/17
9	28	Sierra WHITE	FR Harding	3.65m	11-11¾	1/11

Women's Long Jump

1	9	Makayla JACKSON	FR Minnesota State	5.78m	18-11¾	12/7
1	9	Jaleesa MCWASHINGTON	FR Northwest Missouri	5.78m	18-11¾	12/6
3	15	Bailey GILBERT	SO Missouri Western	5.75m	18-10½	12/6
4	17	Cali MODGLIN	JR U-Mary	5.70m	18-8½	12/7
5	23	Rohey SINGHATEH	SR Fort Hays State	5.67m	18-7¼	12/7
5	23	Trace MOSBY	SO Pittsburg State	5.67m	18-7¼	12/6
7	29	Elizabeth SCHWERDTFEGER	FR Emporia State	5.63m	18-5¾	12/7
8	37	Arianna PASSERI	FR U-Mary	5.60m	18-4½	1/18
9	42	Claire LUALLEN	SO Missouri Southern	5.58m	18-3¾	12/6
9	42	Jazmin WILLIAMS	SR Emporia State	5.58m	18-3¾	1/17

Women's Triple Jump

1	5	D'Andra MORRIS	JR U-Mary	12.18m	39-11½	1/18
2	12	Rusheda BLAKE	SR Lincoln (Mo.)	12.03m	39-5¾	12/13
3	15	Cali MODGLIN	JR U-Mary	11.95m	39-2½	12/7
4	20	Samiya ABU-YOUM	JR Minnesota State	11.75m	38-6¾	12/7
5	22	Jennifer OKEKE	FR Missouri Southern	11.71m	38-5	1/24
6	24	Jaleesa MCWASHINGTON	FR Northwest Missouri	11.68m	38-4	12/6
7	25	Lindsay MARUSKA	JR Minnesota Duluth	11.67m	38-3½	1/25
8	30	Elizabeth BRUNNER	SR Minnesota State	11.61m	38-1¼	1/17
9	33	Kayla SMITH	SO Fort Hays State	11.57m	37-11½	12/7
10	38	Mercedes ISAACSON-COVER	SR Northwest Missouri	11.44m	37-6½	12/6

Women's Shot Put

1	1	Ashlan BURTON	JR Central Missouri	15.22m	49-11¼	1/24
2	8	Brinn GRUNDER	SR Upper Iowa	14.50m	47-7	1/23
3	9	Payton ROBERTS	SR Missouri Southern	14.45m	47-5	1/24
4	10	Katie TAYLOR	JR Minnesota State	14.28m	46-10¼	1/19
5	11	Tiara SCHMIDT	JR Neb.-Kearney	14.26m	46-9½	12/6
6	16	Zoe CHRISTENSEN	SO Bemidji State	14.13m	46-4¼	1/18
7	17	Jordan MENKEN	JR Northern State	14.11m	46-3½	1/19
8	22	Brianna COOKS	SR Pittsburg State	13.87m	45-6¼	1/24
9	23	Cooper MONN	SO Harding	13.77m	45-2¼	1/24
10	24	Madelyn CALDWELL	SR Central Oklahoma	13.76m	45-1¾	12/7



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Central

Women's Weight Throw

1	2	Katie TAYLOR	JR	Minnesota State	19.66m	64-6	12/7
2	4	Rebecca MANTEUFFEL	JR	Southwest Minnesot	18.61m	61-¾	1/17
3	5	Kaylee JENSEN	JR	Minnesota State	18.47m	60-7¼	12/7
4	6	Hannah GUSTAFSON	SR	Concordia-St. Paul	18.44m	60-6	12/6
5	8	Kirsten LEISINGER	SR	Missouri Southern	18.25m	59-10½	12/7
6	9	Tiara SCHMIDT	JR	Neb.-Kearney	18.24m	59-10¼	12/12
7	10	Mckenzie SCHEIL	SO	Wayne State (Neb.)	18.19m	59-8¼	1/17
8	11	Brianna COOKS	SR	Pittsburg State	18.18m	59-7¾	12/7
9	13	Brinn GRUNDER	SR	Upper Iowa	18.02m	59-1½	1/23
10	20	Hannah SMITH	JR	Missouri Southern	17.63m	57-10¼	12/7

Women's Pentathlon

1	1	Trace MOSBY	SO	Pittsburg State	3,884		12/6
2	6	Jordan HAMMOND	SR	Northwest Missouri	3,671		12/6
3	9	Claire LUALLEN	SO	Missouri Southern	3,571		12/6
4	11	Audrey WICHMANN	SR	Northwest Missouri	3,515		12/6
5	13	Elizabeth SCHAEFER	FR	Augustana (S.D.)	3,505		12/6
6	19	Alex KOSCHEL	JR	Northwest Missouri	3,386		12/6
7	20	Faith LUBNER	JR	St. Cloud State	3,377		12/6
8	21	McKenzie PENNE	JR	Pittsburg State	3,359		12/6
9	24	Lynzi MILLER	SO	Missouri Western	3,279		12/6
10	25	Dakota HUTZLER	JR	Northern State	3,250c	(3229)	12/6



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East

Women's 60 Meters

1	10	Roxan FOSTER	FR	American Internatio	7.57	12/14
2	54	Haja DONZO	SR	American Internatio	7.74	12/7
3	59	Kathleen AMSTAD	SR	New Haven	7.76	12/14
4	82	Oceana WILLIAMS	SR	Southern Connecticu	7.81	12/14
5	88	Charisma BOSLEY	SO	Georgian Court	7.82	12/7
6	104	Tiandra ROBINSON	JR	American Internatio	7.85	1/18
6	104	Martina STANCHI	FR	Post	7.85	(7.28(55)) 12/6
8	120	Victoria STEFFON	SO	Assumption	7.87	12/7
9	167	Kiara FELIX	JR	American Internatio	7.93	12/7
10	185	Cori RICHARDSON	FR	Southern Connecticu	7.95	1/18

Women's Mile

1	9	Katie OLDING	FR	American Internatio	4:56.58	12/7
2	27	Ashley CORCORAN	SO	Southern New Hamp	5:04.36	1/24
3	48	Alyssa FREEMAN	SR	Stonehill	5:07.86	1/24
4	56	Siobhan O'KEEFE	SO	Stonehill	5:08.90	1/24
5	58	Anna LASTRA	SR	Stonehill	5:09.46	1/10
6	70	Kaitlyn BRAGEN	JR	Georgian Court	5:11.05	1/17
7	100	Jillian HOWARD	JR	Stonehill	5:15.60c	(5:18.72f) 1/18
8	108	Christina MARETZO	JR	St. Thomas Aquinas	5:16.38	1/3
9	136	Abagaile KIMBRELL	JR	St. Thomas Aquinas	5:19.63	1/17
10	137	Bailey GOSTOMSKI	SO	Roberts Wesleyan	5:19.88c	(5:23.04f) 1/18

Women's 200 Meters

1	9	Roxan FOSTER	FR	American Internatio	24.65	1/24
2	44	Begotty LAROCHE	JR	Southern Connecticu	25.23	1/24
3	53	Nyah YOUNG-BEY	FR	Franklin Pierce	25.32c	(25.71f) 1/11
3	53	Kathleen AMSTAD	SR	New Haven	25.32	1/24
5	84	Kimesha LEWIS	FR	American Internatio	25.52	12/14
5	84	Cori RICHARDSON	FR	Southern Connecticu	25.52	1/24
7	98	Olivia D'HAITI	FR	Southern Connecticu	25.65	1/24
8	100	Charisma BOSLEY	SO	Georgian Court	25.67	1/10
9	106	Victoria STEFFON	SO	Assumption	25.68	1/24
10	143	Nyimah AMBROSE	FR	American Internatio	25.91	12/7

Women's 3000 Meters

1	17	Bailey GOSTOMSKI	SO	Roberts Wesleyan	9:58.18 OT	1/24
2	58	Jillian HOWARD	JR	Stonehill	10:18.84	1/24
3	61	Kialeigh MARSTON	SR	Assumption	10:21.31c	(10:26.63f) 12/7
4	65	Abagaile KIMBRELL	JR	St. Thomas Aquinas	10:22.19	1/24
5	68	Siobhan O'KEEFE	SO	Stonehill	10:22.78	1/10
6	69	Maura COAKLEY	JR	Southern New Hamp	10:22.89	1/24
7	108	Michaela BIERLY	SR	Roberts Wesleyan	10:34.09 OT	1/24
8	113	Jordan CALLAHAN	SR	Stonehill	10:35.22	1/10
9	133	Mary Kate BARTON	SR	New Haven	10:40.14c	(10:45.62f) 1/17
10	151	Kassandra NOLET	SO	Daemen	10:44.90c	(10:50.42f) 1/18

Women's 400 Meters

1	20	Wahjerjay BLANGO	SR	American Internatio	56.38	12/7
2	21	Gabrielle BUISSERETH	SO	Adelphi	56.43	1/24
3	28	Nyah YOUNG-BEY	FR	Franklin Pierce	57.25	1/24
4	43	Kwamesha KYLES	FR	American Internatio	57.60	12/7
5	65	Cecilia SPOLDI	SO	Post	58.12c	(58.89f) 12/6
6	95	Damahya PHIPPS	SO	American Internatio	58.91	12/7
7	112	Meghan STROH	SO	Southern New Hamp	59.20	1/24
8	129	Nyoki JONES	SO	Holy Family (Pa.)	59.44	1/10
9	131	Natalee SEIPIO	FR	Southern Connecticu	59.45	12/7
10	135	Jaelyn HOWARD	FR	Saint Rose	59.50c	(1:00.29f) 1/18

Women's 5000 Meters

1	14	Ashley CORCORAN	SO	Southern New Hamp	17:17.01	12/7
2	33	Kialeigh MARSTON	SR	Assumption	17:59.60	1/24
3	38	Jordan CALLAHAN	SR	Stonehill	18:10.43	1/24
4	61	Grace HENSON	SO	Southern New Hamp	18:33.78	12/7
5	67	Nicole JULIAN	SR	Adelphi	18:38.23	1/24
6	80	Gabriella MOTT	SO	St. Thomas Aquinas	18:51.27	1/24
7	85	Victoria LOMBARDI	FR	Stonehill	18:55.63c	(19:04.32f) 1/18
8	93	Samantha BILODEAU	SO	Bentley	19:05.07	12/7
9	96	Jillian CALLAHAN	FR	Stonehill	19:08.63c	(19:17.42f) 1/18
10	101	Kassandra NOLET	SO	Daemen	19:12.28c	(19:21.10f) 12/7

Women's 800 Meters

1	13	Katherine MARSH	FR	Adelphi	2:14.58	1/24
2	14	Katie OLDING	FR	American Internatio	2:14.77	1/24
3	16	Jill COUTO	JR	Southern New Hamp	2:14.99	1/24
4	32	Abigail GOSTOMSKI	SO	Roberts Wesleyan	2:17.35 OT	1/24
5	39	Anna LASTRA	SR	Stonehill	2:18.15c	(2:19.74f) 1/18
6	48	Ashley CORCORAN	SO	Southern New Hamp	2:19.02c	(2:20.62f) 1/10
7	49	Emily MAFFEO	SR	Southern Connecticu	2:19.19	1/24
8	50	Alyssa FREEMAN	SR	Stonehill	2:19.23c	(2:20.83f) 1/18
9	53	Kaitlyn BRAGEN	JR	Georgian Court	2:19.32c	(2:20.92f) 1/25
10	62	Jada BOYD	FR	American Internatio	2:20.17	12/7

Women's 60 Meter Hurdles

1	3	Roxan FOSTER	FR	American Internatio	8.60	12/7
2	39	Zoe SMITH	SR	Stonehill	8.94	1/10
3	51	Nasharie DAVIS	SO	Southern Connecticu	9.00	12/14
4	59	Savanna MACALUSO	SO	Stonehill	9.05	12/7
5	98	Shanise ROSE	SO	UDC	9.21	1/17
6	116	Lindzey MOSLEY	JR	Holy Family (Pa.)	9.27	12/6
7	125	Casey GANNON	JR	Stonehill	9.30	(8.64(55)) 1/25
8	128	Shannell HIBBERT	SR	UDC	9.31	1/24
9	137	Chase DAVIES	SO	Bentley	9.34	1/24
10	146	Rhema PHILLIPS	FR	Southern Connecticu	9.37	1/10



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East

Women's 4x400 Relay

1	11	Blango, Lewis, Kyles, Foster	American Internatio	3:51.29	1/24
2	51	Blanchard, Long, VanBurch, Washington	New Haven	4:02.44	1/24
3	52	Griffin, Buissereth, Marsh, Marsh	Adelphi	4:02.61	1/17
4	63	Joseph, Granese, Coleman, Jones	Southern Connecticut	4:04.60c (4:07.84f)	12/6
5	64	Roberts, Rose, Hibbert, Dozier	UDC	4:04.67c (4:07.91f)	12/7
6	68	Jones, LeMaitre, Draper, Lash	Holy Family (Pa.)	4:06.01	1/10
7	76	Stroh, Tautkus, Couto, Ward	Southern New Hamp	4:07.24	12/7
8	79	Colarusso, Hurtado, O'Brien, Gannon	Stonehill	4:07.58c (4:10.86f)	1/25
9	82	Vaseghi, McCaffery, O'Callaghan, Weber	Molloy	4:08.31	1/24
10	86	Young-Bey, Thompson, Joyce, Hill-Edwards	Franklin Pierce	4:09.42	1/24

Women's Distance Medley Relay

1	8	Marsh, Buissereth, Minikel, Marsh	Adelphi	12:27.63	1/24
2	21	Snow, DelloRusso, Polak, Marston	Assumption	13:00.34c(13:08.70f)	1/18
3	22	Maretzo, Cobelli, Kimbrell, Pekin-Schlicht	St. Thomas Aquinas	13:01.66	1/24
4	30	Barton, Burrell, Swain, Kenealy	New Haven	13:21.13	1/10
5	49	Chant, Bragen, Quinones, Pausz	Georgian Court	14:18.00	1/17
6	50	Hall, Jia, Calle, Williams	Queens (N.Y.)	14:21.35c(14:30.57f)	12/8
7	52	Faust, Washington, Josilien, Bridge	Holy Family (Pa.)	14:27.26	1/17

Women's High Jump

1	1	Paola BRENA	SO Franklin Pierce	1.76m	5-9¼	1/11
2	22	Madison WARD	SR Stonehill	1.67m	5-5¾	1/18
3	64	Rashya EDWARDS	SO Post	1.62m	5-3¾	12/6
4	71	Kathleen GIUSTI	JR Stonehill	1.61m	5-3¼	1/10
5	123	Abigail MCKEOWN	SO Assumption	1.56m	5-1¼	1/10
5	123	Diana ZAMUDIO	SO New Haven	1.56m	5-1¼	1/17
7	134	Olivia MABBETT	SR Franklin Pierce	1.55m	5-1	1/24
7	134	Kailee VASEGHI	SO Molloy	1.55m	5-1	1/19
9	176	Jessydoris IWUALA	JR Stonehill	1.53m	5-¼	1/25
10	185	Mikayla MANCINI	SO Southern Connecticut	1.52m	4-11¾	12/6

Women's Pole Vault

1	68	Haley LIGHTBODY	FR Stonehill	3.40m	11-1¼	1/18
2	81	Ashley COLARUSSO	SR Stonehill	3.35m	10-11¾	12/7
3	89	Alexandra SEXTON	JR Stonehill	3.30m	10-9¾	1/10
4	102	Maria DESOUZA	FR Southern Connecticut	3.25m	10-8	1/25
4	102	Elaina DISALVO	SR Southern Connecticut	3.25m	10-8	1/18
6	120	Anna AHLQUIST	JR Roberts Wesleyan	3.20m	10-6	12/6
7	145	Amelie LEGG	JR Assumption	3.10m	10-2	1/25
8	155	Taylor HAUDE	SR Daemen	3.05m	10-0	1/24
8	155	Hannah GRAVANTE	FR Georgian Court	3.05m	10-0	1/25
10	180	Stephanie PHOENIX	SO Franklin Pierce	2.95m	9-8	1/17

Women's Long Jump

1	23	Cierra ROBERTS	JR UDC	5.67m	18-7¼	1/17
2	29	Kristen WASHINGTON	SO New Haven	5.63m	18-5¾	12/6
3	61	Olivia JOHNSON	FR Assumption	5.49m	18-¼	1/10
4	64	Dahsia MIDDLEBROOKS	SR American Internatio	5.48m	17-11¾	1/18
5	80	Aniyah RUSSELL	SO Georgian Court	5.42m	17-9½	1/10
6	95	Jaelyn HOWARD	FR Saint Rose	5.37m	17-7½	12/7
7	148	Jayla SEMEDO	SR New Haven	5.23m	17-2	12/6
7	148	Caylea LANDRIE	SR Southern Connecticut	5.23m	17-2	12/6
9	153	Nyimah AMBROSE	FR American Internatio	5.22m	17-1½	12/14
10	165	Haley LIGHTBODY	FR Stonehill	5.19m	17-½	1/25
10	165	Katherine ECKERSON	JR Assumption	5.19m	17-½	1/25

Women's Triple Jump

1	8	Lyric GREEN	SR Georgian Court	12.07m	39-7¼	12/7
2	9	Dahsia MIDDLEBROOKS	SR American Internatio	12.06m	39-6¾	1/24
3	36	Damahya PHIPPS	SO American Internatio	11.46m	37-7¼	1/10
4	38	Kwamesha KYLES	FR American Internatio	11.44m	37-6½	1/18
5	40	Caylea LANDRIE	SR Southern Connecticut	11.43m	37-6	12/6
6	41	Kristen WASHINGTON	SO New Haven	11.41m	37-5¼	12/6
7	44	Shayna SMITH	SO Southern Connecticut	11.37m	37-3¾	12/6
8	73	Nalah ABUL-KASIM	FR New Haven	11.13m	36-6¼	12/6
9	85	Lavondae DOUGLAS	FR UDC	11.06m	36-3½	1/24
10	92	Nyakuome THICHOT	JR Queens (N.Y.)	11.02m	36-2	1/10

Women's Shot Put

1	4	Ashley ELDER	SR Southern New Hamp	15.07m	49-5½	12/14
2	28	Julieth NWOSU	FR Franklin Pierce	13.68m	44-10¾	12/7
3	42	Emily CASELLA	SR Assumption	13.34m	43-9¼	12/7
4	69	Shayla LYONS	SR Stonehill	12.62m	41-5	1/25
5	89	Kiah STRICKLAND	SR Southern Connecticut	12.34m	40-6	1/18
6	110	Katey COMSTOCK	SR Franklin Pierce	12.18m	39-11½	1/24
7	113	Mikaylah SCHWARTZ	SO Assumption	12.15m	39-10½	1/10
8	122	Elizabeth BALZARINI	SR Stonehill	12.07m	39-7¼	1/25
9	149	Krista STRACQUALURSI	SO Stonehill	11.76m	38-7	1/18
10	159	Korryn BRAXTON-YOUNG	FR Holy Family (Pa.)	11.64m	38-2¼	1/10



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East

Women's Weight Throw

1	78	Jesica LITWA	SR	Stonehill	15.47m	50-9¼	1/18
2	82	Emily CASELLA	SR	Assumption	15.43m	50-7½	12/7
3	83	Bennie ALULA	SO	Southern New Hamp	15.42m	50-7¼	1/24
4	94	Stephanie BOCK	SR	Georgian Court	15.20m	49-10½	12/7
5	132	Michelle ALMEIDA	SR	Georgian Court	14.49m	47-6½	12/7
6	137	Shayla LYONS	SR	Stonehill	14.37m	47-1¾	1/25
7	191	Kassidy GALLAGHER	FR	Assumption	13.64m	44-9	1/10
8	252	Jalynn MCCOWIN	FR	New Haven	12.98m	42-7	12/6
9	263	Isabella ALLOCCO	SO	Queens (N.Y.)	12.86m	42-2¼	12/7
10	268	Mikaylah SCHWARTZ	SO	Assumption	12.78m	41-11¼	1/25

Women's Pentathlon

1	46	Kiara BIRCH	JR	Adelphi	3,070		1/23
2	90	Therese REMBETSY-BROWN	SR	Assumption	2,732c	(2712)	1/10
3	108	Olivia DEMONICO	SR	Assumption	2,542c	(2522)	1/10
4	126	Emma SANTEE	JR	Assumption	2,430c	(2415)	1/10



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Midwest

Women's 60 Meters

1	5	Rajiah ANDREWS	SO Tiffin	7.51	12/14
2	6	Nicole SREENAN	JR Grand Valley State	7.54	1/24
3	10	Keyonna MCGILL	FR Tiffin	7.57	1/24
4	16	Tamia RAYFORD	JR Southwest Baptist	7.60	1/24
4	16	Angelica FLOYD	JR Grand Valley State	7.60	1/24
6	23	Tatiana COOPER-LAYLOR	SO Tiffin	7.64	12/14
7	28	Jada HOFFMAN	SO Lewis	7.66	12/14
8	30	Alona OLSHEVSKA	SO Saginaw Valley Stat	7.67	12/14
9	46	Kajsa JOHANSSON	JR Hillsdale	7.71	1/11
10	51	Gariana BERCHENI	SR Ashland	7.73	12/6

Women's 200 Meters

1	7	Nicole SREENAN	JR Grand Valley State	24.40	1/11
2	10	Tamia RAYFORD	JR Southwest Baptist	24.66c (25.04f)	1/24
3	20	Kajsa JOHANSSON	JR Hillsdale	24.89 OT	12/6
4	21	Allie HEINZER	SR Lewis	24.90c (25.28f)	1/18
5	28	Alona OLSHEVSKA	SO Saginaw Valley Stat	24.99 OT	1/24
6	31	Debra WALLACE	SO Northwood (Mich.)	25.04	1/24
7	42	Gariana BERCHENI	SR Ashland	25.22 OT	12/6
7	42	Keyonna MCGILL	FR Tiffin	25.22c (25.61f)	1/18
9	48	Lauren HUEBNER	SR Saginaw Valley Stat	25.28 OT	1/17
10	62	Maddi YINGST	JR Ashland	25.40 OT	1/17

Women's 400 Meters

1	3	Nicole SREENAN	JR Grand Valley State	55.19	1/11
2	17	Maddi YINGST	JR Ashland	56.28 OT	12/6
3	22	Allie HEINZER	SR Lewis	56.44c (57.19f)	1/18
4	26	Kaylee LANE	FR Southern Indiana	57.14c (57.89f)	1/24
5	27	Alona OLSHEVSKA	SO Saginaw Valley Stat	57.16 OT	1/17
6	32	Keyonna MCGILL	FR Tiffin	57.34 OT	1/24
7	44	Tamia RAYFORD	JR Southwest Baptist	57.65	1/17
8	47	Dakota STAMM	FR Hillsdale	57.72c (58.48f)	1/24
9	49	Debra WALLACE	SO Northwood (Mich.)	57.79 OT	1/17
10	54	Berenice CLEYET-MERLE	JR Indianapolis	57.92c (58.68f)	1/18

Women's 800 Meters

1	4	Berenice CLEYET-MERLE	JR Indianapolis	2:11.62c (2:13.13f)	1/18
2	6	Elysia BURGOS	SO Southwest Baptist	2:13.37c (2:14.90f)	1/24
3	8	Abbie PORTER	JR Hillsdale	2:13.80 OT	12/6
4	20	Bre BAKAN	SR Walsh	2:16.02 OT	1/17
5	21	Morgan FUERST	JR Saginaw Valley Stat	2:16.17 OT	1/24
6	23	Carissa SCHURR	JR Ferris State	2:16.30 OT	1/17
7	27	Ines MACADAM	FR Tiffin	2:16.62 OT	1/24
8	28	Calli TOWNSEND	JR Hillsdale	2:16.68 OT	12/6
9	33	Taylor THRUSH	SR Ferris State	2:17.73 OT	1/17
10	34	Klaudia O'MALLEY	FR Grand Valley State	2:17.86	1/24

Women's Mile

1	1	Berenice CLEYET-MERLE	JR Indianapolis	4:46.06c (4:48.89f)	1/24
2	2	Elysia BURGOS	SO Southwest Baptist	4:47.38 OT	12/7
3	10	Lauren BAILEY	JR Indianapolis	4:57.37c (5:00.31f)	1/24
4	14	Klaudia O'MALLEY	FR Grand Valley State	5:00.17	1/24
5	15	Andra LEHOTAY	SR Walsh	5:00.69 OT	1/24
6	16	Amanda JOHNSON	SR UW-Parkside	5:00.93 OT	1/17
7	20	Mackenna CURTIS-COLLINS	JR Malone	5:02.43 OT	1/17
8	25	Jennifer COMASTRI	JR Southern Indiana	5:03.80	1/11
9	26	Gloria ESARCO	JR Illinois-Springfield	5:04.16c (5:07.17f)	1/24
10	30	Morgan FUERST	JR Saginaw Valley Stat	5:04.63 OT	1/17

Women's 3000 Meters

1	1	Allie LUDGE	SR Grand Valley State	9:18.04 OT	12/6
2	4	Lauren BAILEY	JR Indianapolis	9:38.79	12/13
3	8	Jennifer COMASTRI	JR Southern Indiana	9:42.53	1/24
4	14	Jenna KEISER	JR Saginaw Valley Stat	9:54.32 OT	12/6
5	15	Klaudia O'MALLEY	FR Grand Valley State	9:54.66 OT	1/17
6	16	Alexa LEPPELMEIER	JR Walsh	9:55.93 OT	1/24
7	18	Kathryn ETELAMAKI	SR Ferris State	9:58.76 OT	1/17
8	19	Mackenna CURTIS-COLLINS	JR Malone	9:59.57 OT	1/24
9	30	Sophia MAEDA	SO Hillsdale	10:04.09 OT	1/17
10	39	Bridget HAHN	FR Walsh	10:11.57 OT	1/24

Women's 5000 Meters

1	2	Lauren BAILEY	JR Indianapolis	16:17.70 OT	12/6
2	3	Hanna GROEBER	SR Grand Valley State	16:30.76 OT	12/6
3	4	Jennifer COMASTRI	JR Southern Indiana	16:31.25 OT	12/6
4	5	Jessica GOCKLEY	JR Grand Valley State	16:35.85 OT	12/6
5	6	Natalie GRABER	FR Grand Valley State	16:51.99 OT	12/6
6	7	Hope JONES	SR Southern Indiana	16:59.32 OT	12/6
7	10	Madison GOEN	SR Grand Valley State	17:05.45 OT	12/6
8	13	Kathryn ETELAMAKI	SR Ferris State	17:14.19 OT	12/6
9	17	Tessa VALDIVIA	FR Southwest Baptist	17:24.65 OT	12/6
10	18	Tabitha WEBER	SO Southwest Baptist	17:24.75 OT	12/6

Women's 60 Meter Hurdles

1	7	Cheyenne WILLIAMSON	FR Saginaw Valley Stat	8.65	1/24
2	13	Rajiah ANDREWS	SO Tiffin	8.74	1/24
3	16	Kerigan ETEL	SR Indianapolis	8.78	12/6
4	19	Aliyah MCDONALD	SO Wayne State (Mich.)	8.79	1/24
5	25	Joelle ATAESSIEN	SR Lewis	8.87	12/6
6	29	Gariana BERCHENI	SR Ashland	8.89	12/6
7	34	Lauren HUEBNER	SR Saginaw Valley Stat	8.93	12/6
8	39	Meleah RIDENOUR	JR Southwest Baptist	8.94	1/24
9	43	Jazilee WILLIAMS	JR Tiffin	8.98	12/14
10	55	Cyann MOYER	JR Ursuline	9.03	12/7



USTFCCA NCAA Division II Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2020 Week #1, January 28

as of 1/27/2020 9:25:42 AM

Midwest

Women's 4x400 Relay

1	4	Batterham, Ataessien, Heinzer, Zaragueta	Lewis	3:46.82c (3:49.83f)	1/24
2	6	Sreenan, Eby, Smith, Beulla	Grand Valley State	3:48.97	1/24
3	10	Olshenska, Fuerst, Williamson, Huebner	Saginaw Valley Stat	3:50.90 OT	1/17
4	13	O'Leary, Porter, Botha, Stamm	Hillsdale	3:52.08 OT	12/6
5	35	Peoples, Sandlin, Cooper-Laylor, McGill	Tiffin	3:58.88 OT	1/24
6	38	Creamer, Yingst, Miller, Davis	Ashland	3:59.51 OT	12/6
7	45	Eriksen, Affes, Braman, Bertolini	Wayne State (Mich.)	4:00.61 OT	12/6
8	46	McPeters, Martin, Du Bois, Jones	Northern Michigan	4:01.62 OT	1/24
9	49	Smith, Hemmings, Jutte, Manns	Findlay	4:02.34 OT	1/24
10	53	Watts, Bailey, Vauters, Cleyet-Merle	Indianapolis	4:02.69c (4:05.91f)	1/24

Women's Distance Medley Relay

1	3	Leppelmeier, Bookless, Bakan, Lehotay	Walsh	11:52.86 OT	1/24
2	7	Kelley, Du Bois, Vegeberg, Longley	Northern Michigan	12:23.83 OT	1/24
3	13	Sanchez, Eck, Galusha, Learn	Lewis	12:40.26c (12:48.40f)	1/24
4	15	Brannan, Christy, Curry, Price	Illinois-Springfield	12:43.76c (12:51.94f)	1/24
5	19	Vauters, Subris, Stein, Spencer	Indianapolis	12:53.14c (13:01.42f)	1/24
6	20	Burgos, Risenhoover, Barber, Barber	Southwest Baptist	12:56.02c (13:04.33f)	1/24
7	26	Macadam, Doss, Springer, Will	Tiffin	13:16.08c (13:24.60f)	1/18
8	34	Howard, Smith, Oxandale, Bostick	Truman	13:26.94c (13:35.58f)	1/25
9	44	Sporcich, Kensey, Peters, Huffman	Ursuline	13:49.49	1/10

Women's High Jump

1	1	Cheyenne WILLIAMSON	FR Saginaw Valley Stat	1.76m 5-9¼	12/14
1	1	Marisa GWINNER	SO Tiffin	1.76m 5-9¼	12/14
3	4	Ellie JINDRA	SR Ashland	1.74m 5-8½	1/17
4	9	Meleah RIDENOUR	JR Southwest Baptist	1.72m 5-7¾	1/24
5	11	Mercedeez FRANCIS	JR Tiffin	1.71m 5-7¼	1/18
6	13	Miyuki SUGIYAMA	SO Ashland	1.70m 5-7	12/6
6	13	Teresa ZARAGUETA	SR Lewis	1.70m 5-7	1/24
8	22	Laila GRAHAM	FR McKendree	1.67m 5-5¾	1/10
8	22	Paula WOLLENSLEGEL	SR Ashland	1.67m 5-5¾	12/6
8	22	Casey BERBERICH	JR Maryville (Mo.)	1.67m 5-5¾	12/6

Women's Pole Vault

1	5	Brittney CLARK	SO Indianapolis	3.89m 12-9	12/6
1	5	Kassidie STIMMEL	SO Grand Valley State	3.89m 12-9	1/24
3	7	Ellianne KIMES	JR Grand Valley State	3.87m 12-8¾	1/17
4	8	Morgan ENGLAND	FR Findlay	3.84m 12-7¼	12/7
5	12	Erin SIEVERS	FR Ashland	3.80m 12-5½	1/17
5	12	Lindsey KLUESENER	FR Findlay	3.80m 12-5½	1/17
7	15	Meadow CROMER	SO Findlay	3.77m 12-4½	1/17
8	19	Lydia DEPREY	SO Tiffin	3.69m 12-1¼	12/14
9	26	Nicole BARTON	JR Lindenwood	3.66m 12-0	1/24
10	32	Madeline HAYES	SO Tiffin	3.62m 11-10½	1/24

Women's Long Jump

1	3	Tamia RAYFORD	JR Southwest Baptist	6.07m 19-11	12/7
2	8	Meleah RIDENOUR	JR Southwest Baptist	5.81m 19-¾	12/6
3	17	Shalbe EVANS	SR Tiffin	5.70m 18-8½	1/18
4	26	Simone GREEN	FR Findlay	5.66m 18-7	1/17
4	26	Cheyenne WILLIAMSON	FR Saginaw Valley Stat	5.66m 18-7	1/10
6	29	Angelica FLOYD	JR Grand Valley State	5.63m 18-5¾	1/24
6	29	Anna LAUDIZIO	JR Lewis	5.63m 18-5¾	12/6
8	35	Rachael RAMON	JR Lewis	5.61m 18-5	12/6
9	46	Casey BERBERICH	JR Maryville (Mo.)	5.56m 18-3	12/6
10	51	Lauren HUEBNER	SR Saginaw Valley Stat	5.53m 18-1¾	1/24

Women's Triple Jump

1	12	Meleah RIDENOUR	JR Southwest Baptist	12.03m 39-5¾	12/7
2	15	Anna LAUDIZIO	JR Lewis	11.95m 39-2½	12/6
3	17	Tsitsi MAHACHI	JR McKendree	11.84m 38-10¼	1/24
4	19	Anna OBI	SO Grand Valley State	11.78m 38-7¾	1/17
5	25	Alecea CARDILLO	SO Lewis	11.67m 38-3½	12/6
6	27	Aylexus LESHAY	SO Southwest Baptist	11.65m 38-2¾	1/24
6	27	Serena WILLIAMS	FR Maryville (Mo.)	11.65m 38-2¾	12/14
8	34	Rachael RAMON	JR Lewis	11.53m 37-10	12/6
9	37	Sugar HENRY	JR Ursuline	11.45m 37-6¾	1/10
10	52	Emily GERDIN	FR Hillsdale	11.26m 36-11½	12/6

Women's Shot Put

1	2	Brenda JOHNSON	SR Tiffin	15.12m 49-7¼	1/18
2	3	Nicole BERRY	SO Tiffin	15.10m 49-6½	1/24
3	6	Erika LECHNER	JR Grand Valley State	14.56m 47-9¼	12/6
4	7	Nikita MAINES	SO Hillsdale	14.53m 47-8	12/6
5	12	Jessica KURSINSKY	JR Northwood (Mich.)	14.18m 46-6¼	12/6
6	13	Elizabeth WEIMER	SO Ashland	14.16m 46-5½	1/11
7	15	Hannah HAHLER	SR Findlay	14.15m 46-5¼	1/11
8	19	Gianna DIPIPO	JR Ashland	14.04m 46-¾	1/11
9	20	Katrinia HOPKINS	JR Indianapolis	14.02m 46-0	12/6
10	25	Kylie WYMER	JR Lewis	13.74m 45-1	1/24



USTFCCA NCAA Division II Indoor Track & Field
Regional TFRI Event Summary

WOMEN — 2020 Week #1, January 28

as of 1/27/2020 9:25:42 AM

Midwest

Women's Weight Throw

1	1	Bobbie GOODWIN	SR	Grand Valley State	20.69m	67-10 $\frac{3}{4}$	1/24
2	3	Franesha ROBINSON-MITCHELL	SO	Grand Valley State	19.23m	63-1 $\frac{1}{4}$	1/17
3	12	Judith ESSEMAH	SO	Grand Valley State	18.13m	59-5 $\frac{3}{4}$	12/6
4	14	Taylor KROLL	SO	Ashland	17.92m	58-9 $\frac{1}{2}$	1/11
5	15	Ali ALDRICH	SO	Saginaw Valley Stat	17.89m	58-8 $\frac{1}{2}$	1/24
6	16	Timyah MEEKS	FR	Saginaw Valley Stat	17.83m	58-6	1/10
7	19	Gianna DIPIPPA	JR	Ashland	17.66m	57-11 $\frac{1}{4}$	1/24
8	24	Jenna SCHUMAKER	SR	Davenport (Mich.)	17.46m	57-3 $\frac{1}{2}$	1/24
9	27	Carrol PAULEY	SO	Ashland	17.36m	56-11 $\frac{1}{2}$	12/7
10	29	Nikita MAINES	SO	Hillsdale	17.32m	56-10	1/24

Women's Pentathlon

1	3	Meleah RIDENOUR	JR	Southwest Baptist	3,745		12/6
2	4	Casey BERBERICH	JR	Maryville (Mo.)	3,694		12/6
3	5	Lauren HUEBNER	SR	Saginaw Valley Stat	3,690		12/6
4	8	Cheyenne WILLIAMSON	FR	Saginaw Valley Stat	3,630		12/6
5	12	Emma SCHAFER	JR	Davenport (Mich.)	3,512		12/6
6	16	Jazilee WILLIAMS	JR	Tiffin	3,433		12/6
7	41	Nina AUGSTEN	JR	Northern Michigan	3,091		1/24
8	47	Paula WOLLENSLEGEL	SR	Ashland	3,065		12/6
9	54	Samantha MORRISON	SO	Davenport (Mich.)	2,996		12/6
10	61	Kaitlynn MCGINNITEY	FR	Maryville (Mo.)	2,935		12/6



USTFCCA NCAA Division II Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2020 Week #1, January 28

as of 1/27/2020 9:25:42 AM

South

Women's 60 Meters

1	10	Denisha CARTWRIGHT	FR	Central State	7.57	1/24
2	30	Krystal MITCHELL	SR	Central State	7.67	12/6
3	41	Breona BUTTS	SR	Embry-Riddle (Fla.)	7.70 (0.0)	1/25
4	100	Ezra MCCAWE	SO	Mississippi College	7.84	12/6
4	100	Nina RICHARDSON	FR	Embry-Riddle (Fla.)	7.84 (0.0)	1/25
4	100	Helcey-Ann SAUVER	SO	Benedict	7.84	12/8
7	104	Destiny RHODES	FR	Shorter	7.85	12/6
8	137	Epiphany SMITH	SO	Kentucky State	7.89	1/10
9	149	Tylar LIGHTBOURN	FR	Central State	7.90	12/6
10	154	Bianca BROWNE	FR	Shorter	7.91	1/11

Women's Mile

1	4	Celine RITTER	JR	Lee (Tenn.)	4:55.26	1/19
2	7	Charlee BOXALL	SR	Lee (Tenn.)	4:56.44	1/24
3	12	Chloe FLORA	JR	Lee (Tenn.)	4:59.20	1/19
4	28	Toni MOORE	JR	Lee (Tenn.)	5:04.47	1/26
5	57	Emma LANGLEY	FR	Mississippi College	5:09.19	1/17
6	74	Dawnel COLLYMORE	SR	Benedict	5:11.72c (5:14.80f)	12/8
7	125	Taylor GONZALES	SR	Montevallo	5:18.77	1/26
8	164	Taylor ENGRAM	FR	Alabama-Huntsville	5:21.88	1/11
9	168	Madeline CAMPBELL	JR	Mississippi College	5:22.09	12/6
10	170	Emma LANGLEY	FR	Mississippi College	5:22.24	12/6

Women's 200 Meters

1	10	Denisha CARTWRIGHT	FR	Central State	24.66 OT	1/24
2	33	Chelsea WALKER	JR	Christian Brothers	25.09	1/19
3	50	Amber LITTLEJOHN	SR	Lee (Tenn.)	25.29	12/6
4	100	Krystal MITCHELL	SR	Central State	25.67 OT	1/24
5	106	Ezra MCCAWE	SO	Mississippi College	25.68	12/6
6	109	Jordan SAFFOLD	SO	Central State	25.71 OT	1/24
7	116	Dhakirah BARAKA	FR	Alabama-Huntsville	25.76	1/19
8	151	Ayanna O'NEAL	SR	Central State	25.95 OT	1/24
9	173	Kristen BLEVINS	SO	Lee (Tenn.)	26.04	12/6
10	190	Nina RICHARDSON	FR	Embry-Riddle (Fla.)	26.10 (0.0)	1/25

Women's 3000 Meters

1	2	Celine RITTER	JR	Lee (Tenn.)	9:31.08	1/24
2	10	Chloe FLORA	JR	Lee (Tenn.)	9:45.48	1/24
3	25	Charlee BOXALL	SR	Lee (Tenn.)	10:02.36	12/6
4	31	Stellah KIPTUI	FR	Benedict	10:04.12c (10:09.30f)	12/8
5	63	Toni MOORE	JR	Lee (Tenn.)	10:21.54	12/6
6	74	Emma CLARK	FR	Lee (Tenn.)	10:25.98	1/26
7	92	Madeline CAMPBELL	JR	Mississippi College	10:31.15	12/6
8	116	Olivia MCLAIN	FR	Lee (Tenn.)	10:35.84	1/19
9	120	Kaylee STEWART	FR	Alabama-Huntsville	10:36.38	1/19
10	127	Kara FUNKE	SO	Embry-Riddle (Fla.)	10:38.43	1/25

Women's 400 Meters

1	13	Chelsea WALKER	JR	Christian Brothers	55.96	12/6
2	18	Amber LITTLEJOHN	SR	Lee (Tenn.)	56.32	1/24
3	46	Serenity ANDRUS	JR	Alabama-Huntsville	57.67	1/11
4	59	Ukeyvia BECKWITH	JR	Embry-Riddle (Fla.)	57.97	1/17
5	140	Ezra MCCAWE	SO	Mississippi College	59.57	1/17
6	168	Mikayla BEELER	JR	Lee (Tenn.)	59.97	1/26
6	168	Morgan DUDLEY	FR	Embry-Riddle (Fla.)	59.97	1/25
8	207	Nikki MATTA	FR	Alabama-Huntsville	1:00.54	1/11
9	208	Madison YOUNG	FR	Central State	1:00.56 OT	1/24
10	224	Devonne FRIDAY	JR	Embry-Riddle (Fla.)	1:00.75	1/25

Women's 5000 Meters

1	32	Toni MOORE	JR	Lee (Tenn.)	17:58.02	1/19
2	39	McKenzie HARGROVE	JR	Mississippi College	18:11.14	1/17
3	56	Madeline CAMPBELL	JR	Mississippi College	18:29.80	1/17
4	132	Claudia DASSOW	FR	Alabama-Huntsville	19:38.22	1/19
5	143	Maggie ALLEN	JR	Embry-Riddle (Fla.)	19:45.60	1/25
6	161	Rachel FAULK	SO	Mississippi College	20:18.58	1/17
7	185	Kaitlyn BUCK	SR	Embry-Riddle (Fla.)	20:56.06	1/25
8	190	Taylor COLACICCO	SR	Montevallo	21:02.17	1/11
9	200	Madelyn WATKINS	SO	Montevallo	21:39.47	1/17
10	203	Samantha BURNS	SO	Montevallo	21:44.57	1/11

Women's 800 Meters

1	10	Serenity ANDRUS	JR	Alabama-Huntsville	2:13.84	1/19
2	17	Ukeyvia BECKWITH	JR	Embry-Riddle (Fla.)	2:15.31	12/6
3	18	Celine RITTER	JR	Lee (Tenn.)	2:15.91	1/19
4	19	Raeven VEAL	JR	Christian Brothers	2:15.95	12/6
5	55	Charlee BOXALL	SR	Lee (Tenn.)	2:19.49	1/19
6	81	Mikayla BEELER	JR	Lee (Tenn.)	2:21.34	1/19
7	88	Erin CANNON	FR	Alabama-Huntsville	2:21.56	1/19
8	94	Emma LANGLEY	FR	Mississippi College	2:21.85	1/17
9	105	Lea GRAY	JR	Christian Brothers	2:22.53	12/6
10	113	Anna MILLER	FR	Embry-Riddle (Fla.)	2:23.12	1/25

Women's 60 Meter Hurdles

1	1	Denisha CARTWRIGHT	FR	Central State	8.55	1/11
2	3	Chelsea WALKER	JR	Christian Brothers	8.60	12/6
3	16	Ayanna O'NEAL	SR	Central State	8.78	1/24
4	24	Nadia DAVILA	JR	West Georgia	8.86	1/19
5	62	SheQuilla MCCLAIN	JR	Shorter	9.07	1/11
6	105	Devonne FRIDAY	JR	Embry-Riddle (Fla.)	9.23 (0.0)	1/25
7	112	Jaylyne WILLIAMS	FR	Kentucky State	9.26	12/6
8	128	Miranda HARBIN	FR	West Georgia	9.31	12/6
9	138	Tora WRIGHT	FR	West Georgia	9.35	12/6
10	183	Jordan ALLISON	SR	Lee (Tenn.)	9.47	1/26



USTFCCA NCAA Division II Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2020 Week #1, January 28

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South

Women's 4x400 Relay

1	23	Beckwith, Friday, Dudley, Miller	Embry-Riddle (Fla.)	3:55.47	1/25
2	41	Andrus, Cannon, Baraka, Matta	Alabama-Huntsville	3:59.88	1/11
3	69	Whitaker, Blevins, Allison, Beeler	Lee (Tenn.)	4:06.25	1/26
4	78	Saffold, Mitchell, O'Neal, Young	Central State	4:07.55	1/11
5	85	St. Julian, Collier, NewKirk, Daniels	West Georgia	4:09.19	1/19
6	93	McCaw, Beccera, Cicco, Hardy	Mississippi College	4:10.73	1/17
7	143	Akambasi, Nibitanga, Crayton-Prionaleau, Williams	Kentucky State	4:23.27c (4:26.76f)	12/14
8	158	Ross, Clark, Hubert, Browne	Shorter	4:39.76	12/6

Women's Distance Medley Relay

1	2	Ritter, Littlejohn, Boxall, Flora	Lee (Tenn.)	11:38.54	1/24
2	14	Beckwith, Friday, Zack, Miller	Embry-Riddle (Fla.)	12:42.26	1/17
3	24	Cannon, Andrus, Ursprung, Stewart	Alabama-Huntsville	13:04.04	1/19
4	46	Wilson, Terrell, Collier, Helms	West Georgia	14:06.30	12/6
5	47	Colacicco, Bochard, Gonzales, Watkins	Montevallo	14:13.32	1/26

Women's High Jump

1	13	Tytavia HARDY	SO Mississippi College	1.70m	5-7	1/17
2	37	Ukeyvia BECKWITH	JR Embry-Riddle (Fla.)	1.65m	5-5	12/6
3	81	Nadia DAVILA	JR West Georgia	1.60m	5-3	12/6
4	134	Jordan ALLISON	SR Lee (Tenn.)	1.55m	5-1	1/19
4	134	Madelyn BRIGHT	FR Montevallo	1.55m	5-1	1/17
4	134	Hannah BUTTOLPH	SR Lee (Tenn.)	1.55m	5-1	1/26
4	134	Kristion JEFFRIES	SO Benedict	1.55m	5-1	12/8
4	134	Jade JOHNSON	SO Alabama-Huntsville	1.55m	5-1	1/11
9	185	Jordan ROLLINS	FR Central State	1.52m	4-11¾	12/14
10	255	Jordan SAFFOLD	SO Central State	1.47m	4-9¾	12/14

Women's Pole Vault

1	68	Merica VALDEZ	SR West Georgia	3.40m	11-1¾	12/6
1	68	Marina RIZK	SO Mississippi College	3.40m	11-1¾	12/6
3	81	Ann HAMPTON	FR Alabama-Huntsville	3.35m	10-11¾	1/19
4	120	Emee BALDWIN	SO Alabama-Huntsville	3.20m	10-6	1/19
5	155	Lauren HAMM	FR Alabama-Huntsville	3.05m	10-0	1/11
5	155	Kendra IRVINE	SR Lee (Tenn.)	3.05m	10-0	1/26
7	180	Rachel BAUER	JR Embry-Riddle (Fla.)	2.95m	9-8	12/6
8	190	Morgan JUAREZ	FR Montevallo	2.90m	9-6¼	1/11
9	209	Morgan ALDRIDGE	SO Alabama-Huntsville	2.75m	9-¼	1/19
10	216	Sydney ROSS	FR West Georgia	2.65m	8-8¼	12/6
10	216	Jessy BRASELTON	SO Embry-Riddle (Fla.)	2.65m	8-8¼	1/17

Women's Long Jump

1	80	Tytavia HARDY	SO Mississippi College	5.42m	17-9½	12/6
2	111	Paishence COLLIER	FR West Georgia	5.32m	17-5½	1/19
3	159	Jordan ALLISON	SR Lee (Tenn.)	5.21m	17-1¼	1/26
4	162	Miranda HARBIN	FR West Georgia	5.20m	17-¾	1/19
5	178	Tora WRIGHT	FR West Georgia	5.17m	16-11½	12/6
6	186	Meghan DANIELS	FR West Georgia	5.16m	16-11¼	12/6
7	220	Avery TRUELOVE	JR Lee (Tenn.)	5.08m	16-8	1/19
7	220	Mykayla HARRISON	SR Montevallo	5.08m	16-8	1/17
9	254	Tyra DUMA	SR Lee (Tenn.)	5.03m	16-6	1/19
10	345	Ketisa AKAMBASI	FR Kentucky State	4.86m	15-11½	1/25

Women's Triple Jump

1	21	Tytavia HARDY	SO Mississippi College	11.72m	38-5½	12/6
2	23	Jade JOHNSON	SO Alabama-Huntsville	11.70m	38-4¾	1/11
3	66	Avery TRUELOVE	JR Lee (Tenn.)	11.16m	36-7½	12/6
4	98	Tyra DUMA	SR Lee (Tenn.)	10.98m	36-¼	1/26
5	163	Mykayla HARRISON	SR Montevallo	10.53m	34-6¾	1/26
6	202	Emma SORENSON	SO Embry-Riddle (Fla.)	10.25m	33-7½ (0.0)	1/25
7	230	Hidejuha KENNEDY	FR Kentucky State	10.04m	32-11¼	12/14
8	236	Dejah SAUNDERS	FR Embry-Riddle (Fla.)	10.00m	32-9¾	12/6

Women's Shot Put

1	57	Brandi BODDY	SO West Georgia	12.82m	42-¾	1/19
2	79	Skakira ARDISTER	FR Shorter	12.45m	40-10¼	12/6
3	87	Faith LEWIS	JR Lee (Tenn.)	12.37m	40-7	1/19
4	98	Amani WAGNER	SO Kentucky State	12.26m	40-2¾	12/6
5	149	Ravae COX	FR West Georgia	11.76m	38-7	1/19
6	181	Mattie THOMAS	SO Lee (Tenn.)	11.50m	37-8¾	1/19
7	190	Deborah RUBIN	SO Lee (Tenn.)	11.44m	37-6½	1/19
8	205	Jhonnelle JOHNSON	FR Benedict	11.31m	37-1¼	12/8
9	206	Angel FREEMAN	JR Kentucky State	11.29m	37-½	1/25
10	212	Brianna CALHOUN	SR Alabama-Huntsville	11.26m	36-11½	1/11

Women's Weight Throw

1	42	Essence TORNABENE	SO Christian Brothers	16.62m	54-6½	1/19
2	85	Amani WAGNER	SO Kentucky State	15.35m	50-4½	1/25
3	90	Nya MOSES	JR West Georgia	15.29m	50-2	1/19
3	90	Deborah RUBIN	SO Lee (Tenn.)	15.29m	50-2	1/19
5	118	Brandi BODDY	SO West Georgia	14.73m	48-4	1/19
6	160	Autumn MEEK	SO Lee (Tenn.)	13.98m	45-10½	1/19
7	182	Jovoroya GRANT	SO Shorter	13.75m	45-1½	1/17
8	207	Raelle HILL	FR Kentucky State	13.43m	44-¾	1/25
9	236	Amber SAUER	FR Embry-Riddle (Fla.)	13.11m	43-¼	1/25
10	268	Tyra BABBS	SO West Georgia	12.78m	41-11¼	1/19



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South Central

Women's 60 Meters

1	8	Brooklynn YORK	JR	Colorado Mesa	7.55c	(7.51A)	12/14
2	9	Kayla ZINK	JR	UC-Colorado Springs	7.56c	(7.52A)	12/14
3	16	Leah BELFIELD	FR	West Texas A&M	7.60		12/7
4	28	Kayla WILSON	SR	West Texas A&M	7.66		12/7
5	30	Rachel CRUTCHER	SO	Colorado Mesa	7.67c	(7.63A)	12/7
6	46	Kayla WATERMAN	SO	UC-Colorado Springs	7.71c	(7.67A)	12/14
7	59	Shynesti JOHNSON	SO	Western Colorado	7.76c	(7.72A)	12/7
8	69	Brittany FUCHS	SO	UC-Colorado Springs	7.79c	(7.75A)	12/6
9	75	Kadesha ADAMS	SR	New Mexico Highlan	7.80c	(7.78A)	12/5
10	82	Sierra ARCENEUX	SO	Colorado Mesa	7.81c	(7.77A)	12/7

Women's 200 Meters

1	18	Rachel CRUTCHER	SO	Colorado Mesa	24.88c	(25.12FA)	12/7
2	23	Sierra ARCENEUX	SO	Colorado Mesa	24.93c	(25.17FA)	1/24
3	32	Brittany FUCHS	SO	UC-Colorado Springs	25.07c	(25.31FA)	12/14
4	35	Kayla ZINK	JR	UC-Colorado Springs	25.12c	(25.36FA)	12/14
5	39	Lawanda HARVEY	SR	Oklahoma Christian	25.19		1/17
6	47	Kayla WILSON	SR	West Texas A&M	25.27c	(25.52FA)	1/24
7	48	Brooklynn YORK	JR	Colorado Mesa	25.28c	(25.53FA)	1/24
8	59	Breanne FULLER	SO	Black Hills State	25.38c	(25.70FA)	12/6
9	60	Minna SVEARD	JR	Texas A&M-Commerc	25.39 OT		12/7
10	66	Dejah GLOVER	JR	UC-Colorado Springs	25.41c	(25.66FA)	12/14

Women's 400 Meters

1	9	Minna SVEARD	JR	Texas A&M-Commerc	55.54c	(55.43A)	1/17
2	38	Kaija CROWE	JR	UC-Colorado Springs	57.50c	(58.05FA)	12/14
3	54	Kaiya FIROR	FR	Western Colorado	57.92c	(58.47FA)	1/24
4	60	Dejah GLOVER	JR	UC-Colorado Springs	57.99c	(58.54FA)	12/14
5	66	Tianna TERRELL	JR	Western Colorado	58.13c	(58.68FA)	12/7
6	83	Kylee PONDER	JR	Tarleton State	58.60c	(58.49A)	1/17
7	92	Sophie PURSE	SO	Western Colorado	58.87c	(59.43FA)	1/24
8	100	Danielle NICHOLSON	FR	Texas A&M-Commerc	59.04c	(58.93A)	1/17
9	101	Miranda MANFRE	FR	Colo. School of Mines	59.06c	(1:00.16uA)	12/5
10	121	Zoe LANGSETH	SR	Black Hills State	59.32c	(1:00.42uA)	1/18

Women's 800 Meters

1	2	Yasmine HERNANDEZ	JR	CSU-Pueblo	2:09.95c	(2:12.65FA)	12/14
2	3	Bailey SHARON	SR	Western Colorado	2:10.59c	(2:13.90FA)	1/24
3	12	Nele HEINRICH	SR	West Texas A&M	2:14.30c	(2:17.71FA)	1/24
4	41	Michela HEWITT	FR	UC-Colorado Springs	2:18.37c	(2:21.25FA)	12/14
5	44	Ashten LOEKS	FR	UC-Colorado Springs	2:18.75c	(2:21.63FA)	12/14
6	47	Allison VAN PELT	FR	CSU-Pueblo	2:18.90c	(2:21.79FA)	12/14
7	55	Elizabeth BINDERT	FR	UC-Colorado Springs	2:19.49c	(2:22.39FA)	12/14
8	58	Sabrina RAUTTER	SR	MSU Denver	2:19.57c	(2:22.28uA)	1/18
9	64	Malethabo SEEMA	JR	Eastern New Mexico	2:20.33c	(2:21.11A)	1/24
10	67	Miranda MANFRE	FR	Colo. School of Mines	2:20.67c	(2:21.58A)	1/10

Women's Mile

1	6	Hailey STREFF	JR	CSU-Pueblo	4:56.28c	(5:08.42uA)	12/5
2	8	Yasmine HERNANDEZ	JR	CSU-Pueblo	4:56.45c	(5:08.60uA)	12/5
3	19	Maia AUSTIN	JR	UC-Colorado Springs	5:01.82c	(5:14.73FA)	12/14
4	29	Nicole BOUMA	JR	CSU-Pueblo	5:04.60c	(5:11.38A)	1/24
5	31	Abbie FREDRICK	SR	Black Hills State	5:04.69c	(5:11.93FA)	1/25
6	34	Mercy ROTICH	SR	Eastern New Mexico	5:05.49c	(5:12.29A)	1/24
7	38	Nicole LAWRENCE	FR	Adams State	5:05.90c	(5:22.53FA)	1/24
8	41	Katie DOUCETTE	FR	Western Colorado	5:06.33c	(5:22.98FA)	1/24
9	45	Ruby LINDQUIST	FR	Black Hills State	5:07.07c	(5:14.37FA)	1/25
10	49	Allison VAN PELT	FR	CSU-Pueblo	5:08.00c	(5:14.85A)	1/24

Women's 3000 Meters

1	3	Kaylee BOGINA	SR	Adams State	9:37.93c	(10:12.40FA)	1/24
2	7	HaLeigh HUNTER-GALVAN	SR	Adams State	9:41.48c	(10:16.16FA)	1/24
3	12	Brianna ROBLES	FR	Adams State	9:49.92c	(10:25.10FA)	1/24
4	13	Piper MEUWISSEN	JR	Adams State	9:52.35c	(10:27.68FA)	1/24
5	24	Hailey STREFF	JR	CSU-Pueblo	10:01.76c	(10:16.95A)	1/24
6	28	Mercy ROTICH	SR	Eastern New Mexico	10:03.89c	(10:19.14A)	1/24
7	29	Nicole BOUMA	JR	CSU-Pueblo	10:04.04c	(10:19.29A)	1/24
8	34	Maia AUSTIN	JR	UC-Colorado Springs	10:08.57c	(10:36.07A)	1/16
9	37	Layla ALMASRI	JR	UC-Colorado Springs	10:10.09c	(10:37.65A)	1/16
10	42	Alexia THIROIS	JR	Western Colorado	10:13.50c	(10:50.09FA)	1/24

Women's 5000 Meters

1	9	Zoe BAKER	FR	Colo. School of Mines	17:02.64 OT		12/6
2	12	Morgan MOLESWORTH	SO	Colo. School of Mines	17:10.14 OT		12/6
3	35	Melina ENDSLEY	FR	Colo. School of Mines	18:01.54c	(18:48.05uA)	12/5
4	37	Leah LEWIS	SR	Dallas Baptist	18:03.96 OT		12/7
5	41	Sabrina RAUTTER	SR	MSU Denver	18:13.61c	(19:00.64uA)	12/5
6	45	Xiomara ROBINSON	SO	Black Hills State	18:15.10c	(18:41.15FA)	1/25
7	53	Kayla HANSON	SR	Colorado Christian	18:24.01		1/24
8	70	Daphne PATE	FR	West Texas A&M	18:39.37 OT		12/7
9	71	Cheney SINGER	FR	Colorado Mesa	18:42.19c	(19:36.29FA)	12/14
10	74	Madi WATSON	JR	Chadron State	18:48.30c	(19:15.14FA)	1/25

Women's 60 Meter Hurdles

1	2	Oweneika WATSON	SR	Adams State	8.58c	(8.54A)	12/6
2	6	Chelsey MURPHY	JR	Western Colorado	8.64c	(8.60A)	12/14
3	9	Renae DENNIE	SR	Adams State	8.68c	(8.64A)	12/6
4	12	Madison THETFORD	SR	West Texas A&M	8.73		12/7
5	64	Terra VALADEZ	JR	UC-Colorado Springs	9.09c	(9.05A)	12/14
6	67	Maggie REMSBERG	FR	UC-Colorado Springs	9.10c	(9.06A)	12/14
6	67	Lauren COBABE	SO	Westminster (Utah)	9.10c	(9.08A)	1/17
8	70	Karlea DUHON	SO	Angelo State	9.11		12/6
9	73	Kaija CROWE	JR	UC-Colorado Springs	9.12c	(9.09A)	12/5
10	77	Kennede BROWN	JR	Colo. School of Mines	9.14c	(9.12A)	12/5



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South Central

Women's 4x400 Relay

1	1	Brotherson, Johnson, Scott, Hooper	Westminster (Utah)	3:17.48c (3:17.04A)	1/17
2	12	Murphy, Firor, Terrell, Sharon	Western Colorado	3:51.78c (3:54.00fA)	1/24
3	14	Matthews, Roberson, Rivera, Walters	Angelo State	3:52.11c (3:51.67A)	1/17
4	15	Wilson, Belfield, Thetford, Heinrich	West Texas A&M	3:52.69 OT	12/7
5	26	Higashi, Wright, Moriarty, Manfre	Colo. School of Mines	3:57.16c (4:01.57uA)	12/5
6	27	Sommer, Hernandez, Streff, Van Pelt	CSU-Pueblo	3:57.35c (4:01.77uA)	12/5
7	28	Glover, Crowe, Loeks, Jordan	UC-Colorado Springs	3:57.54c (3:57.10A)	1/24
8	39	Ponder, King, Anglin, Munden	Tarleton State	3:59.69c (3:59.25A)	1/17
9	44	Kent, Aguero, Redding, Warren	Dallas Baptist	4:00.43 OT	12/7
10	62	Crutcher, Golden, Trichler, Pippin	Colorado Mesa	4:04.42c (4:06.81fA)	12/14

Women's Distance Medley Relay

1	4	Lawrence, Watson, Simon, Hunter-Galvan	Adams State	12:01.39c (12:31.14fA)	1/24
2	23	Singer, Pippin, McCullough, Brent	Colorado Mesa	13:02.52c (13:34.79fA)	1/24
3	35	Strahan, Nowlin, Corbin, Smith	Western Colorado	13:28.97c (14:02.33fA)	1/24

Women's High Jump

1	18	Brooke URBAN	FR West Texas A&M	1.68m	5-6	1/24
1	18	Taylor NELLOMS	FR West Texas A&M	1.68m	5-6	1/24
3	22	Sarah CERRONE	JR Colorado Mesa	1.67m	5-5½	12/14
4	30	Faith NOVESS	FR UC-Colorado Springs	1.66m	5-5¼	12/5
5	37	Aidan CHACE	FR Angelo State	1.65m	5-5	1/17
6	64	Torie COMEAUX	FR Texas A&M-Commerc	1.62m	5-3¾	12/7
7	71	Karlea DUHON	SO Angelo State	1.61m	5-3¼	12/6
8	81	Gentrye MUNDEN	SO Tarleton State	1.60m	5-3	1/17
8	81	Emily CASTLEBERRY	JR Tarleton State	1.60m	5-3	1/17
8	81	Kaija CROWE	JR UC-Colorado Springs	1.60m	5-3	12/5
8	81	Maggie REMSBERG	FR UC-Colorado Springs	1.60m	5-3	12/5
8	81	Jessica CAMPBELL	SO Eastern New Mexico	1.60m	5-3	1/24

Women's Pole Vault

1	2	Erica KEEBLE	JR South Dakota Mines	4.05m	13-3½	1/18
2	10	Hannah MILLER	FR Colo. School of Mines	3.81m	12-6	12/5
3	21	Faith ROBERSON	JR Angelo State	3.68m	12-¾	1/17
3	21	Minna SVEARD	JR Texas A&M-Commerc	3.68m	12-¾	1/17
5	23	Whitney SCOTT	JR Black Hills State	3.67m	12-½	1/25
6	28	Kimberly ORTOLON	FR Texas A&M-Kingsvill	3.65m	11-11¾	1/25
7	36	Hannah HENDRICK	SO Black Hills State	3.59m	11-9¼	12/6
8	46	Choying O'BRIEN	FR Western Colorado	3.52m	11-6½	12/7
9	49	Gabrielle GRINER	SO Colo. School of Mines	3.51m	11-6¼	12/5
10	52	Kamryn SCULLY	FR South Dakota Mines	3.50m	11-5¾	1/18

Women's Long Jump

1	1	Fatim AFFESSI	SR West Texas A&M	6.37m	20-10¾	1/17
2	2	Hannah MEEK	JR UC-Colorado Springs	6.08m	19-11½	12/5
3	4	Jasmine MCQUIRTER	SR Tarleton State	6.00m	19-8¾	1/17
4	5	Oweneika WATSON	SR Adams State	5.88m	19-3½	1/24
5	16	Kaija CROWE	JR UC-Colorado Springs	5.72m	18-9¼	12/5
6	17	Miriam ZANOVELLO	SO West Texas A&M	5.70m	18-8½	1/17
6	17	Chian DELOACH	SO Colorado Mesa	5.70m	18-8½	12/7
8	26	Daniela PESIC	FR West Texas A&M	5.66m	18-7	1/17
9	29	Trenadey SCOTT	SR Angelo State	5.63m	18-5¾	1/17
10	35	Karlea DUHON	SO Angelo State	5.61m	18-5	12/6

Women's Triple Jump

1	2	Hannah MEEK	JR UC-Colorado Springs	12.26m	40-2¾	12/6
2	3	Kiana JACKSON	SO Colorado Mesa	12.22m	40-1¼	12/7
3	4	Trenadey SCOTT	SR Angelo State	12.19m	40-0	1/17
4	5	Taylor NELLOMS	FR West Texas A&M	12.18m	39-11½	1/17
5	11	Miriam ZANOVELLO	SO West Texas A&M	12.04m	39-6	1/17
6	12	Chian DELOACH	SO Colorado Mesa	12.03m	39-5¾	12/7
7	35	Miah KELLER	SO UC-Colorado Springs	11.52m	37-9½	12/6
8	41	Reagan ANDREWS	SR CSU-Pueblo	11.41m	37-5¼	1/24
9	45	Demi OLIVIER	SO Dallas Baptist	11.34m	37-2½	12/7
10	71	Audrey BLOOMQUIST	FR UC-Colorado Springs	11.14m	36-6¾	12/6
10	71	Adut ANGONG	SO West Texas A&M	11.14m	36-6¾	1/24

Women's Shot Put

1	5	Zada SWOOPES	JR West Texas A&M	15.05m	49-4½	1/17
2	21	Kyla SAWWELL	SO Black Hills State	13.95m	45-9¼	12/6
3	35	Courtney CLARK	SR Colo. School of Mines	13.54m	44-5¼	12/5
4	50	Jazmine CHOSA	SO Adams State	13.03m	42-9	1/24
5	58	Tessa ANDERSON	JR Western Colorado	12.80m	42-0	12/14
6	62	Mia VAN OUDSTHOORN	JR Angelo State	12.75m	41-10	1/17
7	65	La'Troneitte DAVIS	FR Tarleton State	12.71m	41-8½	1/17
8	72	Heather GRAHAM	SO CSU-Pueblo	12.57m	41-3	12/5
9	74	Inuito UKPONG	JR Texas A&M-Commerc	12.54m	41-1¾	1/17
10	82	Amber GUSTASON	SO Western Colorado	12.43m	40-9½	12/7

Women's Weight Throw

1	17	Jayla JARNAGIN	SR South Dakota Mines	17.82m	58-5¾	1/25
2	21	Kyla SAWWELL	SO Black Hills State	17.60m	57-9	12/6
3	38	Zada SWOOPES	JR West Texas A&M	16.83m	55-2¾	1/24
4	50	Krista CARLO	JR Colo. School of Mines	16.27m	53-4½	12/5
5	61	Sierra SUAZO	JR UC-Colorado Springs	16.09m	52-9½	12/6
6	66	Maddi FIDLER	JR Black Hills State	15.95m	52-4	12/6
7	71	Sara RAMOS	JR Angelo State	15.71m	51-6½	1/17
8	80	Courtney SMITH	FR Chadron State	15.44m	50-8	1/18
9	99	Elizabeth LOCKHART	JR CSU-Pueblo	15.11m	49-7	12/14
10	106	Raeana MAYO	JR Angelo State	14.97m	49-1½	1/17



Regional TFRI Event Summary

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South Central

Women's Pentathlon

1	7	Karlea DUHON	SO Angelo State	3,652	12/6
2	14	Kaija CROWE	JR UC-Colorado Springs	3,475cA (3443)	12/5
3	27	Maggie REMSBERG	FR UC-Colorado Springs	3,235cA (3203)	12/5
4	29	Julianne THOMSEN	JR Chadron State	3,217cA (3185)	12/5
5	30	Faith NOVESS	FR UC-Colorado Springs	3,200cA (3171)	12/5
6	32	Aleksandra ANDERSON	SR UC-Colorado Springs	3,185cA (3155)	12/5
7	38	Ella MCKINNA-WORRELL	SO UC-Colorado Springs	3,133cA (3102)	12/5
8	40	Chloe ZAMZOW	FR Angelo State	3,092	12/6
9	52	Raeana MAYO	JR Angelo State	3,028	12/6
10	57	Lauren COBABE	SO Westminster (Utah)	2,956A	1/9



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Southeast

Women's 60 Meters

1	19	Calene LAZARE	SO Coker	7.61	12/7
2	35	Kayla WILLIAMS	SO Clayton State	7.68	12/6
3	37	Kierra MCNEILL	SO Catawba	7.69	12/8
3	37	Sydney MCCOY	JR Mount Olive	7.69	12/7
5	41	Jenny KOEHNE	FR Queens (N.C.)	7.70	12/6
6	49	Nia ELMORE	SR Clayton State	7.72	1/19
7	55	Valencia CARTER	FR Limestone	7.75	12/7
8	59	Tamerah SEBREE	JR Wingate	7.76	1/24
9	69	Jahniya LYNCH	SO Limestone	7.79	12/7
10	82	Jaylin REEVES	SO Limestone	7.81	12/7

Women's Mile

1	50	Erman JEPLETING	SO UNC Pembroke	5:08.10c (5:11.15f)	12/7
2	103	Kylie DAHLBERG	JR Lenoir-Rhyne	5:15.82c (5:18.94f)	1/24
3	118	Emily WALLACE	FR Wingate	5:17.54	1/24
4	121	Malia CRYAN	JR Flagler	5:17.94c (5:21.08f)	12/7
5	123	Kayla MCMANAMA	SR Flagler	5:18.30c (5:21.45f)	12/7
6	154	Tatjana MENSE	FR Wingate	5:21.05	1/24
7	182	Lauryn TUMEY	JR Wingate	5:23.80	1/24
8	192	Na'ilah ALLEN	SO Clayton State	5:24.56	12/6
9	201	Amber OWENS	SO Mount Olive	5:25.12	1/24
10	237	Olivia RISH	JR Anderson (S.C.)	5:27.48	12/7

Women's 200 Meters

1	51	Jenny KOEHNE	FR Queens (N.C.)	25.30c (25.69f)	1/25
2	60	Jasmine RADFORD	SR Clayton State	25.39	12/6
3	66	Michele BEUGRE	SO Southern Wesleyan (25.41	1/17
4	75	Sydney MCCOY	JR Mount Olive	25.46c (25.85f)	12/7
5	76	Kayla WILLIAMS	SO Clayton State	25.47	12/6
6	81	Saidah HARDWICK	JR Lenoir-Rhyne	25.49c (25.88f)	12/7
7	83	Jami WRIGHT	SR Southern Wesleyan (25.51	1/17
8	88	Jordan SHEALEY	FR Lenoir-Rhyne	25.56c (25.95f)	12/7
9	100	Jaylin REEVES	SO Limestone	25.67	1/17
10	108	Calene LAZARE	SO Coker	25.69	1/17

Women's 3000 Meters

1	22	Franziska ALTHAUS	SO Wingate	10:00.77	1/24
2	88	Rachel STRAYER	SO Carson-Newman	10:30.58c(10:35.98f)	1/24
3	105	Tatjana MENSE	FR Wingate	10:33.84	1/17
4	106	Lauryn TUMEY	JR Wingate	10:33.89	1/17
5	107	Stevie LAWRENCE	FR Queens (N.C.)	10:33.96 OT	12/6
6	156	Faith MARK	FR Flagler	10:46.02c(10:51.55f)	12/7
7	159	Kylie DAHLBERG	JR Lenoir-Rhyne	10:46.31c(10:51.85f)	12/7
8	160	Allison HORWITCH	JR Flagler	10:46.35c(10:51.89f)	12/7
9	161	Caroline HILLIARD	SO Lenoir-Rhyne	10:46.40c(10:51.94f)	12/7
10	162	Jessie MESCAL	SO Flagler	10:46.47c(10:52.01f)	12/7

Women's 400 Meters

1	24	Collia ROWE	JR North Greenville	56.63	1/17
2	44	Saidah HARDWICK	JR Lenoir-Rhyne	57.65c (58.41f)	12/7
3	49	Hachlaine PETIT	FR Tusculum	57.79	1/17
4	52	Samantha PAYNE	FR Catawba	57.81c (58.57f)	12/8
5	77	Tyra POOLE	SO Lenoir-Rhyne	58.45c (59.22f)	12/7
6	90	Jacqueline THRING	SO Mount Olive	58.79	1/24
7	101	Mye'Kelah MCMILLER	SO Tusculum	59.06	1/17
8	104	Skylur TAYLOR	SO Limestone	59.09	12/7
9	118	Michele BEUGRE	SO Southern Wesleyan (59.27c (1:00.05f)	12/7
10	177	Kenisha STUBBS	JR Tusculum	1:00.10	1/17

Women's 5000 Meters

1	8	Nicole MCMILLEN	SR Tusculum	17:01.33	1/17
2	19	Franziska ALTHAUS	SO Wingate	17:28.18	1/17
3	29	Natane DERUYTTER	SR Queens (N.C.)	17:49.62 OT	12/6
4	40	Gillian KASITZ	JR Queens (N.C.)	18:13.43 OT	12/6
5	47	Madison WEBSTER	FR Queens (N.C.)	18:15.81 OT	12/6
6	50	Allyson ARELLANO	JR Queens (N.C.)	18:17.81 OT	12/6
7	66	Amber OWENS	SO Mount Olive	18:38.02	1/24
8	69	Caroline HILLIARD	SO Lenoir-Rhyne	18:38.67	1/17
9	82	KELSEY HORNER	SR Anderson (S.C.)	18:52.28	1/17
10	88	Hannah BEACH	JR Anderson (S.C.)	18:57.29	1/17

Women's 800 Meters

1	109	Olivia RISH	JR Anderson (S.C.)	2:22.73	1/17
2	119	Na'ilah ALLEN	SO Clayton State	2:23.33	12/6
3	137	Brianna QUARTARARO	FR Anderson (S.C.)	2:24.11	12/7
4	145	Briley ARNOLD	SO North Greenville	2:24.39	1/17
5	157	Gabrielle BECKETT	FR Tusculum	2:24.81	1/17
6	169	Kylie DAHLBERG	JR Lenoir-Rhyne	2:25.17c (2:26.84f)	1/24
7	173	Tatjana MENSE	FR Wingate	2:25.34	1/17
8	178	Reagan BUSH	JR Flagler	2:25.57c (2:27.24f)	12/7
9	186	Lauryn TUMEY	JR Wingate	2:25.95	1/17
10	188	Katinka PRESTOEY	FR Queens (N.C.)	2:26.00c (2:27.68f)	1/19

Women's 60 Meter Hurdles

1	7	Jenny KOEHNE	FR Queens (N.C.)	8.65	1/25
2	28	Alisha WRIGHT	SR Emmanuel (Ga.)	8.88	1/11
3	31	Keyasha BROWN	SO Limestone	8.91	12/7
4	33	Malak KAFI	SR Mount Olive	8.92	1/19
5	34	Jasmine RICHARDSON	FR Mount Olive	8.93	12/7
6	51	Elise ULSETH	SO Queens (N.C.)	9.00	1/25
7	58	Molly BARNETT	FR Queens (N.C.)	9.04	1/17
8	81	Daeja BELTON	JR Converse	9.16	12/7
9	98	Luisa STUTZKE	JR Mount Olive	9.21	12/8
10	101	Chyna CAMPBELL	JR Southern Wesleyan (9.22	12/7



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Southeast

Women's 4x400 Relay

1	16	Griffith, McMiller, Stubbs, Petit	Tusculum	3:53.48	1/17
2	32	Poole, Shealey, Harrison, Hardwick	Lenoir-Rhyne	3:58.62c (4:01.78f)	12/7
3	50	Moody, Beckford, Richardson, Thring	Mount Olive	4:02.43c (4:05.64f)	12/7
4	67	Crawford, Scott, Mathis, Zander	Lincoln Memorial	4:05.88 OT	1/10
5	83	Sanders, Elmore, Daniels, Allen	Clayton State	4:08.74	1/19
6	87	Tucker, Jackson, Harrison, Reynolds	UNC Pembroke	4:09.61c (4:12.92f)	12/7
7	90	Payne, Gutierrez, Gatewood, Payne	Catawba	4:10.49	1/24
8	106	Arnold, Rowe, Ward, Croker	North Greenville	4:12.39	1/11
9	116	Talbut-Smith, Hegarty, Nelms, Davis	Carson-Newman	4:14.60c (4:17.98f)	12/6
10	120	Lawrence, Arellano, Kasitz, Prestoey	Queens (N.C.)	4:15.14c (4:18.52f)	1/19

Women's Distance Medley Relay

1	27	Stoddard, Pernell, Quartararo, Rish	Anderson (S.C.)	13:17.43	12/7
2	31	Harp, Gibbs, Earley, Chellah	Lincoln Memorial	13:22.09 OT	1/10
3	41	Smith, Brown, Jones, Berghaus	Erskine	13:45.82c(13:54.66f)	1/25
4	53	Felkel, Brown, Turner, Grant	Converse	14:29.23 OT	1/10

Women's High Jump

1	18	Nathalie SCHUMACHER	SO Carson-Newman	1.68m	5-6	1/10
2	30	Jenny KOEHNE	FR Queens (N.C.)	1.66m	5-5¼	12/6
2	30	Lucy WALLIKER	SO Queens (N.C.)	1.66m	5-5¼	1/19
4	54	Sophie-Marielle SCHELINSKI	FR Queens (N.C.)	1.63m	5-4¼	12/6
5	64	Kylee PECK	SO Mars Hill	1.62m	5-3¾	12/5
6	71	Taylor MONCRIEF	SR Mount Olive	1.61m	5-3¼	1/19
7	81	Hannah MOORHOUSE	SR Carson-Newman	1.60m	5-3	1/10
7	81	Brittany BECKFORD	JR Mount Olive	1.60m	5-3	12/7
9	134	Kennedy CONNER	SO Lenoir-Rhyne	1.55m	5-1	12/7
9	134	Destiny GAYTON	SO Lenoir-Rhyne	1.55m	5-1	1/17
9	134	Tiffany NOE	SO Carson-Newman	1.55m	5-1	12/6
9	134	Cerys LEE	FR Queens (N.C.)	1.55m	5-1	12/6

Women's Pole Vault

1	81	Kristin FROST	SR Converse	3.35m	10-11¾	1/24
1	81	Abby OWENS	FR Carson-Newman	3.35m	10-11¾	1/24
3	102	Amy ZADROGA	JR Carson-Newman	3.25m	10-8	1/10
4	120	Haley MCLAUGHLIN	JR Southern Wesleyan (3.20m	10-6	12/7
4	120	Alayna RICHARDSON	SO UNC Pembroke	3.20m	10-6	1/24
6	178	Megan GUESS	SO Lees-McRae	2.96m	9-8½	12/6
6	178	Aliah WILLIAMS	FR Lees-McRae	2.96m	9-8½	12/6
8	180	Marlee BAKER	FR Carson-Newman	2.95m	9-8	1/10
8	180	Lacey TRIPLETT	SO Lenoir-Rhyne	2.95m	9-8	1/19
10	190	Caroline FLAX	FR UNC Pembroke	2.90m	9-6¼	12/7

Women's Long Jump

1	7	Jenny KOEHNE	FR Queens (N.C.)	5.86m	19-2¾	1/17
2	12	MeKayla WHITE	SO Catawba	5.77m	18-11¼	12/8
3	34	Mycherie ONWUZURUKIE	SO Southern Wesleyan (5.62m	18-5¼	1/17
4	51	Elise ULSETH	SO Queens (N.C.)	5.53m	18-1¾	1/25
5	56	Savannah WATKINS	JR Lenoir-Rhyne	5.51m	18-1	1/24
6	61	Taylor MONCRIEF	SR Mount Olive	5.49m	18-¼	1/24
7	84	Serenity HUNT	JR Converse	5.41m	17-9	1/24
8	95	Daryn MCDONALD	FR Limestone	5.37m	17-7½	12/7
9	103	Mikenzie YOUNG-MULLINS	SO Converse	5.34m	17-6¼	1/10
10	148	Taiy'E HOLMES	SO Limestone	5.23m	17-2	12/7

Women's Triple Jump

1	29	Kayonna LEWIS	SR Lenoir-Rhyne	11.63m	38-2	1/24
2	32	MeKayla WHITE	SO Catawba	11.59m	38-¼	12/8
3	45	Taylor MONCRIEF	SR Mount Olive	11.34m	37-2½	12/7
4	48	Mikenzie YOUNG-MULLINS	SO Converse	11.33m	37-2¼	1/10
5	66	Mycherie ONWUZURUKIE	SO Southern Wesleyan (11.16m	36-7½	12/7
5	66	Mora SMITH	FR Mount Olive	11.16m	36-7½	1/19
7	90	Shaniqua STEVENS	SR Mars Hill	11.03m	36-2¼	1/19
8	113	Tierra JOHNSON	JR Southern Wesleyan (10.90m	35-9¼	12/7
9	117	D'Arion JOHNSTON	JR Newberry	10.86m	35-7¾	1/24
10	132	Shacoja PRICE	SO Queens (N.C.)	10.76m	35-3¾	1/19

Women's Shot Put

1	69	Danielle CRAWFORD	FR Wingate	12.62m	41-5	1/24
2	77	Tiffany HOLLOWAY	JR Mars Hill	12.50m	41-¼	1/19
3	84	To'mara CARMICHAEL	JR Queens (N.C.)	12.41m	40-8¾	1/24
4	92	Skyler GADSDEN	JR Limestone	12.31m	40-4¾	1/17
5	95	Paris WEST	SR Southern Wesleyan (12.28m	40-3½	12/7
6	117	Autumn DRAYTON	SR Lenoir-Rhyne	12.11m	39-8¾	12/7
6	117	Daphne HAWKINS	SR Mount Olive	12.11m	39-8¾	1/24
8	120	Kelsi SHELDON	SR UNC Pembroke	12.10m	39-8½	1/19
9	130	Kelsie SMITH	JR Southern Wesleyan (11.96m	39-3	12/7
10	146	Alyssa FARMER	SO Tusculum	11.79m	38-8¼	1/17



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Regional TFRI Event Summary

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Southeast

Women's Weight Throw

1	64	Raigan EVANS	SO <i>UNC Pembroke</i>	16.05m	52-8	12/7
2	73	To'mara CARMICHAEL	JR <i>Queens (N.C.)</i>	15.63m A	51-3½	12/6
3	75	Janae CUNNINGHAM	SR <i>Barton</i>	15.60m	51-2¼	1/24
4	77	Candy LOCKETT	JR <i>Mount Olive</i>	15.51m	50-10¾	12/8
5	88	Jade JOHNSON	JR <i>Limestone</i>	15.33m	50-3½	12/7
6	104	Autumn DRAYTON	SR <i>Lenoir-Rhyne</i>	15.04m	49-4¼	12/7
7	105	Carly PLATT	SO <i>Wingate</i>	14.99m	49-2¼	1/24
8	115	Mary KECK	SO <i>Mount Olive</i>	14.82m	48-7½	1/24
9	124	Avianna HOPKINS	JR <i>Queens (N.C.)</i>	14.60m A	47-10¾	12/6
10	131	Candace SWEPSON	SO <i>Catawba</i>	14.50m	47-7	1/24

Women's Pentathlon

1	22	Jenny KOEHNE	FR <i>Queens (N.C.)</i>	3,317c	(3295)	12/6
2	39	Taylor MONCRIEF	SR <i>Mount Olive</i>	3,129		1/24
3	50	Cerys LEE	FR <i>Queens (N.C.)</i>	3,042c	(3021)	12/6
4	69	Sophie-Marielle SCHELINSKI	FR <i>Queens (N.C.)</i>	2,889c	(2868)	12/6
5	103	Tiffany NOE	SO <i>Carson-Newman</i>	2,614c	(2593)	12/6
6	113	Lucy WALLIKER	SO <i>Queens (N.C.)</i>	2,519c	(2499)	12/6
7	114	Shacoya PRICE	SO <i>Queens (N.C.)</i>	2,514c	(2495)	12/6



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West

Women's 60 Meters

1	1	Mechaela HYACYNTH	FR Azusa Pacific	7.41c	(7.39A)	12/5
2	10	Maya HOPWOOD	FR Western Oregon	7.57	(7.02(55))	12/6
2	10	Ombretta MINKUE MEYE	JR Academy of Art	7.57		1/11
4	15	Darria MATTHIAS	SO Academy of Art	7.58		1/26
5	41	Macie ALLEN	JR Concordia (Ore.)	7.70		1/24
6	46	Selena ARJONA-ALCAZAR	SO Academy of Art	7.71		12/6
7	66	Zaria FRANCIS	JR Cal Poly Pomona	7.78c	(7.76A)	1/24
8	75	Tamia PRINCE	SR Concordia (Calif.)	7.80		1/25
9	88	Julia STEPPER	JR Seattle Pacific	7.82		1/18
10	100	Paige JOHNSON	JR Concordia (Ore.)	7.84		1/24

Women's 200 Meters

1	6	Alexis HENRY	JR SF State	24.39		1/17
2	13	Ombretta MINKUE MEYE	JR Academy of Art	24.68		1/11
3	17	Ayana FIELDS	FR Cal Poly Pomona	24.86c	(24.79A)	1/24
4	23	Darria MATTHIAS	SO Academy of Art	24.93		1/26
5	26	Tylantiss ATLAS	SO Alaska Anchorage	24.96		1/24
6	29	Erykah WEEMS	SR Central Washington	25.00 OT		1/23
7	44	Mechaela HYACYNTH	FR Azusa Pacific	25.23c	(25.16A)	1/24
8	51	Selena ARJONA-ALCAZAR	SO Academy of Art	25.30 OT		12/6
9	71	Grace BLEY	SR Seattle Pacific	25.42 OT		1/18
10	77	Meagan WARWICK	JR Azusa Pacific	25.48c	(25.41A)	1/24

Women's 400 Meters

1	6	Alexis HENRY	JR SF State	55.32c	(55.21A)	1/24
2	14	Jaylah WALKER	SR Azusa Pacific	56.01c	(55.90A)	1/24
3	15	Sidney TRINIDAD	JR Central Washington	56.19		12/14
4	16	Ayana FIELDS	FR Cal Poly Pomona	56.25c	(56.14A)	1/24
5	19	Tylantiss ATLAS	SO Alaska Anchorage	56.33		1/24
6	25	Marie RIES	SR Alaska Anchorage	57.01		1/24
7	36	Erykah WEEMS	SR Central Washington	57.46 OT		1/18
8	37	Amelia MAGUIN	SR Concordia (Ore.)	57.48 OT		1/18
9	40	Renate BLUSCHKE	JR Simon Fraser	57.56 OT		1/18
10	70	Noelia JUAREZ	SO Central Washington	58.25 OT		1/23

Women's 800 Meters

1	1	Addy TOWNSEND	SR Simon Fraser	2:08.47		1/24
2	15	Clarissa GARCIA	SO Cal State San Marcos	2:14.86 OT		1/18
3	22	Mairin SHIELDS-BROWN	JR Simon Fraser	2:16.20 OT		1/18
4	25	Sidney TRINIDAD	JR Central Washington	2:16.45 OT		1/18
5	30	Megan ROXBY	SO Simon Fraser	2:16.90 OT		1/18
6	36	Shawnee KONRAD	JR Western Washington	2:18.00 OT		1/18
7	43	Nicole LINDSAY	SR Simon Fraser	2:18.58 OT		1/18
8	46	Bibiana ENRIQUEZ	JR SF State	2:18.84		1/24
9	54	Hasna KAAROUR	JR Academy of Art	2:19.43		1/26
10	59	Emily CHILTON	JR Simon Fraser	2:19.68		1/25

Women's Mile

1	3	Addy TOWNSEND	SR Simon Fraser	4:49.03 OT		1/18
2	11	Dania HOLMBERG	SO Seattle Pacific	4:58.90 OT		1/18
3	13	Nancy JEPTOO	SO Alaska Anchorage	4:59.95		1/24
4	17	Hasna KAAROUR	JR Academy of Art	5:01.60		1/26
5	21	Emmanuelah CHELIMO	SR Alaska Anchorage	5:03.17		1/24
6	24	Natalia NOVAK	FR Academy of Art	5:03.74		1/26
7	46	Marina MCDONOUGH	JR Cal State San Marcos	5:07.67 OT		1/18
8	55	Grace KENNY	FR Cal State Stanislaus	5:08.70		1/24
9	68	Megan ROXBY	SO Simon Fraser	5:10.74		1/24
10	69	Jillian GREEN	FR Western Oregon	5:10.79		1/25

Women's 3000 Meters

1	5	Clarissa MORALES	SR Cal State Stanislaus	9:39.04 OT		1/18
2	6	Cynthia MEJIA	SR Cal State Stanislaus	9:41.21 OT		1/18
3	9	Emmanuelah CHELIMO	SR Alaska Anchorage	9:44.61 OT		1/18
4	11	Hasna KAAROUR	JR Academy of Art	9:46.22 OT		12/6
5	20	Nancy JEPTOO	SO Alaska Anchorage	10:00.43 OT		1/18
6	21	Dania HOLMBERG	SO Seattle Pacific	10:00.46 OT		1/18
7	23	Olivia WILLET	JR Simon Fraser	10:01.01		1/24
8	27	Grace KNAPP	SR Western Oregon	10:03.05 OT		1/18
9	32	Sabrina GARCIA	SR Cal State Stanislaus	10:04.81 OT		1/18
10	38	Ruth BLANCO	FR Cal State Stanislaus	10:11.43 OT		1/18

Women's 5000 Meters

1	84	Nikki AIKEN	SR Montana St.-Billings	18:54.16c	(19:21.14fA)	1/25
2	92	Anamauri HERNANDEZ	SR Concordia (Calif.)	19:04.50c	(19:13.26f)	1/25
3	159	Kailee STOPPEL	SO Montana St.-Billings	20:10.57c	(20:52.63fA)	12/6

Women's 60 Meter Hurdles

1	13	Tamia PRINCE	SR Concordia (Calif.)	8.74		1/24
2	16	Erykah WEEMS	SR Central Washington	8.78		1/18
3	21	Paige JOHNSON	JR Concordia (Ore.)	8.81		1/24
4	22	Jaylah WALKER	SR Azusa Pacific	8.82c	(8.80A)	1/24
5	47	Sidney TRINIDAD	JR Central Washington	8.99		12/14
5	47	Elena CANO	SR Alaska Anchorage	8.99		1/24
7	51	Meagan WARWICK	JR Azusa Pacific	9.00c	(8.98A)	1/24
8	70	Camille JOUANNO	JR Academy of Art	9.11		1/26
9	84	Alysa HENRY	SO Azusa Pacific	9.17c	(9.14A)	12/5
9	84	Lauryn CHANDLER	FR Central Washington	9.17		12/14



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West

Women's 4x400 Relay

1	17	Glaude, Napoleon, Byrd, Fields	Cal Poly Pomona	3:53.83c (3:53.39A)	1/24
2	19	Lindsay, Lindsay, Townsend, Bluschke	Simon Fraser	3:54.57 OT	1/18
3	24	Hawkins, Avila, Arjona-Alcazar, Minkue Meye	Academy of Art	3:55.91	1/11
4	25	Maguin, VanZant, Allen, Hurley	Concordia (Ore.)	3:55.92 OT	1/18
5	29	Doss, DeChenne, Trinidad, Weems	Central Washington	3:57.97 OT	1/18
6	42	Cai, Igbonagwam, Stepper, Bley	Seattle Pacific	4:00.04 OT	1/18
7	54	Hergert, Prince, Adeyemi, Gomez	Concordia (Calif.)	4:03.07	1/24
8	55	Holmes, Thomas, Warwick, Walker	Azusa Pacific	4:03.09c OT (03.66/44)	12/6
9	58	Jenkins, Henry, Hutchinson, Enriquez	SF State	4:03.51	1/17
10	59	Moya, Braden, Jackson, McCloud	Cal State LA	4:04.17	1/18

Women's Distance Medley Relay

1	1	Shields-Brown, Bluschke, Roxby, Townsend	Simon Fraser	11:36.73	1/24
2	11	Kaarour, Hawkins, Novak, Rosencrans	Academy of Art	12:33.25	1/10
3	12	Uribe, Hutchinson, Enriquez, Candray	SF State	12:36.21	1/24
4	16	Johnson, Wuertz, Nisly, Danner	Northwest Nazarene	12:45.63	1/24

Women's High Jump

1	4	Chinenye AGINA	SO Azusa Pacific	1.74m	5-8½	1/24
2	30	Paige JOHNSON	JR Concordia (Ore.)	1.66m	5-5¼	1/24
2	30	Madison VONBRETHORST	SO Northwest Nazarene	1.66m	5-5¼	1/24
2	30	Alysa HENRY	SO Azusa Pacific	1.66m	5-5¼	12/5
5	37	Sydney KANIA	FR Simon Fraser	1.65m	5-5	1/24
6	54	Elena CANO	SR Alaska Anchorage	1.63m	5-4¼	1/24
7	71	Javany MCDERMOTT	JR Cal State LA	1.61m	5-3¼	1/18
8	81	Ashley VEST	JR Saint Martin's	1.60m	5-3	1/25
8	81	Heather FARETTA	JR Western Washington	1.60m	5-3	12/6
8	81	Madison MCMAHON	FR Academy of Art	1.60m	5-3	1/10
8	81	Jenelle HURLEY	FR Western Oregon	1.60m	5-3	1/18
8	81	Kalulusno NGAIDA	SO Western Oregon	1.60m	5-3	1/18
8	81	Jessica NEAL	FR Western Washington	1.60m	5-3	1/18

Women's Pole Vault

1	2	Amanda FASSOLD	SO Azusa Pacific	4.05m	13-3½	12/6
2	10	Abigail GRAY	SO Azusa Pacific	3.81m	12-6	12/5
3	17	Halle IRVINE	SR Central Washington	3.70m	12-1½	12/14
4	26	Scout CAI	SR Seattle Pacific	3.66m	12-0	1/18
5	45	Alyssa SMITH	JR Saint Martin's	3.55m	11-7¾	12/14
6	49	Lexi PERRY	SR Western Washington	3.51m	11-6¼	1/18
7	52	Alysa HENRY	SO Azusa Pacific	3.50m	11-5¾	12/6
8	58	Sara WAGENVELD	SR Azusa Pacific	3.45m	11-3¾	1/24
9	68	Amy CHRISTENSEN	FR SF State	3.40m	11-1¾	1/24
10	97	Damie ZOMERSCHOE	JR Concordia (Calif.)	3.27m	10-8¾	1/25

Women's Long Jump

1	13	Keshara ROMAIN	SO Saint Martin's	5.76m	18-10¾	12/14
2	41	Paige JOHNSON	JR Concordia (Ore.)	5.59m	18-4¼	1/24
3	49	Aliyah DAWKINS	SO Western Washington	5.54m	18-2¼	12/6
3	49	Halle IRVINE	SR Central Washington	5.54m	18-2¼	12/14
5	56	Peace IGBONAGWAM	SO Seattle Pacific	5.51m	18-1	1/18
6	72	Jenelle HURLEY	FR Western Oregon	5.45m	17-10¾	1/25
7	75	Alyssa JOHNSON	FR Cal State LA	5.44m	17-10¼	1/18
8	77	Renick MEYER	JR Seattle Pacific	5.43m	17-9¾	1/18
9	80	Elena CANO	SR Alaska Anchorage	5.42m	17-9½	1/24
10	93	Alysa HENRY	SO Azusa Pacific	5.38m	17-8	12/5

Women's Triple Jump

1	1	Keshara ROMAIN	SO Saint Martin's	12.65m	41-6	12/14
2	9	Camille JOUANNO	JR Academy of Art	12.06m	39-6¾	1/26
3	30	Javany MCDERMOTT	JR Cal State LA	11.61m	38-1¼	1/18
4	54	Kalulusno NGAIDA	SO Western Oregon	11.25m	36-11	1/18
5	74	Brenna BECKETT	SR Montana St.-Billings	11.12m	36-5¾	1/25
6	77	Karlie HURLEY	SR Concordia (Ore.)	11.11m	36-5½	1/24
7	83	Emma CLARK	FR Northwest Nazarene	11.09m	36-4¾	1/18
8	177	Madison VONBRETHORST	SO Northwest Nazarene	10.44m	34-3	1/18
8	177	Dezirae SMITH	FR SF State	10.44m	34-3	1/24
10	180	Katie HECKATHORN	JR Northwest Nazarene	10.42m	34-2¼	1/24

Women's Shot Put

1	18	Samantha LA RUE	SR Central Washington	14.08m	46-2½	1/23
2	41	Katrina LINENKO	SR Concordia (Ore.)	13.35m	43-9¾	1/24
3	55	Moana GIANOTTI	Western Oregon	12.85m	42-2	12/6
4	60	Emily ARSENEAU	FR Concordia (Calif.)	12.78m	41-11¼	1/25
5	82	Sasha KOROLENKO	JR Concordia (Ore.)	12.43m	40-9½	1/24
6	116	Brittany DODGE	SR Central Washington	12.12m	39-9¼	12/14
7	133	Kori SPRAGUE	SR Concordia (Ore.)	11.94m	39-2¼	1/24
8	136	Sarah FAJER	SO Concordia (Ore.)	11.88m	38-11¾	1/24
9	158	Avery FISK	SO Central Washington	11.67m	38-3½	12/14
10	188	Katerina MOELLER	SO Northwest Nazarene	11.45m	37-6¾	1/18



USTFCCA NCAA Division II Indoor Track & Field
Regional TFRI Event Summary

WOMEN — 2020 Week #1, January 28

as of 1/27/2020 9:25:43 AM

West

Women's Weight Throw

1	7	Kori SPRAGUE	SR	Concordia (Ore.)	18.28m	59-11¾	1/18
2	25	Elle ALEXANDER	SR	Azusa Pacific	17.38m A	57-¼	12/6
3	45	Meagan SMALLBECK	SO	Central Washington	16.45m	53-11¾	12/14
4	54	Samantha LA RUE	SR	Central Washington	16.22m	53-2¾	1/23
5	61	Sasha KOROLENKO	JR	Concordia (Ore.)	16.09m	52-9½	1/24
6	102	Moana GIANOTTI	JR	Western Oregon	15.06m	49-5	1/25
7	113	Ja'Narie RHAMBO	SO	Cal State LA	14.85m A	48-8¾	1/10
8	121	Montserrat MONTANES	FR	Concordia (Ore.)	14.63m	48-0	1/24
9	132	Mariah JONES	JR	Central Washington	14.49m	47-6½	1/23
10	150	Katrina LINENKO	SR	Concordia (Ore.)	14.16m	46-5½	1/24

Women's Pentathlon

1	10	Alysa HENRY	SO	Azusa Pacific	3,522cA	(3491)	12/5
2	15	Elena CANO	SR	Alaska Anchorage	3,436		1/24
3	18	Paige JOHNSON	JR	Concordia (Ore.)	3,398		1/24
4	23	Sidney TRINIDAD	JR	Central Washington	3,282c	(3263)	12/6
5	26	Nicole WARWICK	JR	Azusa Pacific	3,244cA	(3213)	12/5
6	31	Franchesca SHEPARD	SR	Cal State Stanislaus	3,189		1/24
7	34	Chase STEPHENS	SR	Concordia (Ore.)	3,179		1/24
8	42	Aliyah DAWKINS	SO	Western Washington	3,090c	(3073)	12/6
9	49	Ronni VANZANT	SO	Concordia (Ore.)	3,052		1/24
10	72	McCall DECHENNE	FR	Central Washington	2,875c	(2857)	12/6