



USTFCCA NCAA Division III Indoor Track & Field
Regional TFRI Event Summary

WOMEN — 2020 Week #1, January 28

as of 1/28/2020 6:21:20 PM

Atlantic

Women's 60 Meters

1	3	Tia JONES	FR Ithaca	7.63	12/7
2	16	Michaela BURRELL	SR Rochester (N.Y.)	7.85	1/25
3	17	Mikayla SASSON	JR Ramapo	7.88	12/7
4	34	Satin HOLMES	SR Brockport	7.94	1/25
5	36	Amanda WETMORE	SR Ithaca	7.95	1/25
6	41	Samantha GORMAN	SR TCNJ	7.96	1/11
7	46	Kathryn MORIN	SO RPI	7.98	12/13
8	49	Stefani TEGLASH	FR SUNY Geneseo	7.99	12/6
8	49	Lauryn KRUPA	SR SUNY Geneseo	7.99	1/25
10	56	Emily LAVARNWAY	SO SUNY Geneseo	8.00	1/25
10	56	Elisabeth PLYMPTON	SR SUNY Plattsburgh	8.00	1/24

Women's 200 Meters

1	3	Samantha GORMAN	SR TCNJ	25.25	1/24
2	5	Tia JONES	FR Ithaca	25.47	1/18
3	12	Michaela BURRELL	SR Rochester (N.Y.)	26.01	1/25
4	16	Satin HOLMES	SR Brockport	26.10	1/25
5	28	Avery MAILLET	JR CCNY	26.33c (25.92)	1/17
6	29	Taylor HUNTER	SO SUNY Cortland	26.34	1/25
7	40	Elisabeth PLYMPTON	SR SUNY Plattsburgh	26.41c (26.00)	1/24
8	43	Katelyn HUTCHISON	SO Ithaca	26.43	1/25
9	46	Isre'al CONERLY	FR NYU	26.45c (26.04)	1/17
10	49	Laura MATHEWS	FR Stevens	26.48	1/25

Women's 400 Meters

1	3	Samantha GORMAN	SR TCNJ	57.42	1/24
2	7	Katelyn HUTCHISON	SO Ithaca	58.55	1/25
3	10	Megan GASNICK	SO TCNJ	59.02c (58.24)	1/11
4	12	Kristin HARDY	FR Rochester (N.Y.)	59.08	1/25
5	13	Anna FLAITSZ	SO SUNY Geneseo	59.12	1/25
6	14	Evelyn NKANGA	SR NYU	59.27c (58.49)	1/24
7	18	Allison UHL	SO TCNJ	59.45c (58.67)	1/11
8	20	Tia JONES	FR Ithaca	59.69	1/25
9	22	Madison MULDER	SO SUNY Geneseo	59.79	1/25
10	25	Kallie VILLEMAIRE	SR SUNY Plattsburgh	59.97c (59.18)	1/24

Women's 800 Meters

1	5	Katie LACAPRIA	SR TCNJ	2:17.42	1/24
2	14	Allison UHL	SO TCNJ	2:19.15	1/24
3	21	Paloma DEMONTE	SO Ithaca	2:19.78c (2:18.19)	1/10
4	23	Margaret NICKERSON	SR Ithaca	2:20.00	1/18
5	26	Lindsay SCOTT	SO Ithaca	2:20.46c (2:18.86)	1/10
6	34	Madison PEREZ	SO RPI	2:21.37	12/13
7	39	Rebecca MACLEOD	SR NYU	2:21.89c (2:20.27)	1/24
8	47	Sarah RUDGE	SR Ithaca	2:22.92	1/18
9	50	Maddie FABRY	SR RPI	2:23.29	12/13
10	62	Hayley CONWAY	FR TCNJ	2:24.07c (2:22.43)	1/11

Women's Mile

1	1	Parley HANNAN	SO Ithaca	4:54.81	1/18
2	19	Maggie BOND	SR RPI	5:10.93	1/18
3	23	Andrea SQUERI	SR RPI	5:11.26	1/18
4	24	Siena MORAN	FR NYU	5:11.33c (5:08.27)	1/17
5	32	Genny CORCORAN	JR SUNY Geneseo	5:12.94	1/25
6	49	Leah HALEY	FR NYU	5:16.12c (5:13.02)	1/24
7	63	Jordan HURLBUT	SR Rochester (N.Y.)	5:17.72	1/18
8	99	Kelsey KOBUS	SO TCNJ	5:21.55c (5:18.39)	1/11
9	102	Laura KLANG	JR RPI	5:21.83	1/18
10	122	Athina ZODL	SO NYU	5:23.86c (5:20.68)	1/17

Women's 3000 Meters

1	1	Parley HANNAN	SO Ithaca	9:39.16c (9:34.22)	1/10
2	10	Jordan HURLBUT	SR Rochester (N.Y.)	10:12.19	1/25
3	19	Siena MORAN	FR NYU	10:19.39c(10:14.10)	1/24
4	22	Genny CORCORAN	JR SUNY Geneseo	10:20.46	1/18
5	34	Athina ZODL	SO NYU	10:26.23c(10:20.89)	1/24
6	67	Rachel HIRSCHKIND	FR SUNY Geneseo	10:38.01	1/25
7	82	Ciara KNOTT	FR SUNY Geneseo	10:40.96	1/25
8	85	Trinity LUNDEMO	SO Stevens	10:42.49	1/25
9	88	Kelsey KOBUS	SO TCNJ	10:43.21c(10:37.72)	1/17
10	109	Annibel COOLICAN	SR SUNY Geneseo	10:46.63	1/18

Women's 5000 Meters

1	1	Parley HANNAN	SO Ithaca	16:56.83	12/7
2	31	Eileen REINHARDT	JR SUNY Geneseo	18:12.90	1/25
3	39	Missy GRAHAM	JR SUNY Geneseo	18:25.73	1/25
4	43	Annibel COOLICAN	SR SUNY Geneseo	18:30.81	1/25
5	55	Laura KLANG	JR RPI	18:38.83	1/24
6	61	Riley COREY	FR St. John Fisher	18:46.14	1/25
7	69	Erin REYNER	SO Nazareth	18:51.11	1/25
8	70	Ximena REYES TORRES	JR Rochester (N.Y.)	18:52.17	1/25
9	77	Hannah WEPPNER	SR RIT	18:56.96	1/24
10	87	Michelle MURRAY	JR RPI	19:05.64	1/24

Women's 60 Meter Hurdles

1	3	Kaila CARTER	SR TCNJ	8.92	1/24
2	4	Laura MATHEWS	FR Stevens	8.95	12/7
3	7	Samara HERZOG	FR Ithaca	9.05	1/18
4	17	Amanda IASPARO	SR SUNY Oneonta	9.14	12/7
5	21	Logan BRUCE	SO Ithaca	9.16	1/10
6	25	Kassidy MULRYNE	SO TCNJ	9.19	12/7
7	30	Victoria PURRITANO	FR TCNJ	9.23	1/11
8	39	Emily LAVARNWAY	SO SUNY Geneseo	9.31	12/6
9	41	Pearl OPAREBEA	SO Rutgers-Newark	9.33	1/10
9	41	Annette WANJIKU	JR TCNJ	9.33	1/11



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WOMEN — 2020 Week #1, January 28

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Atlantic

Women's 4x400 Relay

1	1	Gasnick, Uhl, Gorman, LaCapria	TCNJ	3:55.97	1/24
2	2	Flaitz, Mulder, Nischo, Lavarnway	SUNY Geneseo	3:57.66	1/25
3	3	Burrell, Hardy, Bansbach, Bequette	Rochester (N.Y.)	3:57.88	12/6
4	18	Plympton, Barber, Canet, Villemaire	SUNY Plattsburgh	4:06.12c (4:02.89)	1/24
5	19	Competiello, Hoefler, Hutchison, Jones	Ithaca	4:06.18	12/7
6	20	Brandon, Joseph, Duffield, Manning	Rutgers-Newark	4:06.48c (4:03.24)	1/17
7	31	Meyer, Barnes, Mathews, Dello Russo	Stevens	4:09.22c (4:05.94)	12/7
8	33	Eckl, Dispenza, Binga, Wilson	RIT	4:09.53	12/6
9	35	Nicklas, Hart, DiTonno, Clarke	Rowan	4:09.66c (4:06.38)	1/17
10	39	Dence, Abbott, Pawlewicz, Robertson	St. John Fisher	4:11.85	1/18

Women's Distance Medley Relay

1	2	Hannan, Lachenmayr, Scott, Nickerson	Ithaca	12:14.69	1/25
2	13	Moheimani, Magnifico, Salcedo, Stewart	SUNY Delhi	13:19.21	12/7
3	27	Kluchinski, Beck, McAnaney, O'Donnell	St. Lawrence	13:33.91	12/7
4	41	Watts, Filippini, Senatus, Reynolds	Montclair State	13:58.47c (13:49.59)	1/17
5	43	McDonough, Rossier, Myer, Block	SUNY Plattsburgh	14:08.18	12/7
6	45	Murphy, McMaster, Lopez, Haviland	St. Joseph's (Long Isl)	14:10.85c (14:01.84)	1/17
7	46	Shea, Dewart, Anagnostopoulos, Larsen	Nazareth	14:11.69	1/25
8	48	Gould, Aldred, Pawlewicz, Corey	St. John Fisher	14:13.29c (14:04.25)	1/10
9	50	Marte, Guan, Gregg, Colasacco	Hunter	14:19.13	1/25
10	53	Passetti, Fancher, Brothers, Page	Alfred	14:32.88	1/25

Women's High Jump

1	6	Jacy SCHARLOW	SO RPI	1.68m	5-6	12/7
2	11	Kassidy MULRYNE	SO TCNJ	1.65m	5-5	1/17
2	11	Susann FOLEY	SO Stockton	1.65m	5-5	12/6
4	18	Jenna BERRY	JR SUNY Geneseo	1.64m	5-4½	1/18
5	26	Logan BRUCE	SO Ithaca	1.61m	5-3¼	1/18
5	26	Alexa LAPIERRE	SR SUNY Geneseo	1.61m	5-3¼	1/18
7	32	Maya VERMA	SO RPI	1.60m	5-3	1/24
8	45	Catarina BURKE	SR SUNY Oswego	1.59m	5-2½	12/7
9	50	Emily RUSSELL	FR SUNY Cortland	1.58m	5-2¼	1/24
10	64	Christine WOODS	SR TCNJ	1.56m	5-1¼	1/11
10	64	Gwen STOKES	SR Houghton	1.56m	5-1¼	12/13
10	64	Sarah MERRIWETHER	FR Nazareth	1.56m	5-1¼	1/18
10	64	Emily LAVARNWAY	SO SUNY Geneseo	1.56m	5-1¼	1/18
10	64	Estelle YEDYNAK	SR Ithaca	1.56m	5-1¼	1/25
10	64	Halle KING	SO Brockport	1.56m	5-1¼	1/18

Women's Pole Vault

1	1	Kristina LANGAN	SO Ramapo	3.85m	12-7½	12/7
2	4	Meghan MATHENY	SO Ithaca	3.80m	12-5½	1/11
3	7	Maya REINA	SR Brockport	3.75m	12-3½	1/25
4	19	Martha KEMP-NEILSON	FR Ithaca	3.50m	11-5¾	1/11
4	19	Juliann TERRY	JR Ithaca	3.50m	11-5¾	12/7
6	41	Emily CAREY	JR Ithaca	3.35m	10-11¾	12/7
6	41	Madeline PIZZO	SR RIT	3.35m	10-11¾	12/6
6	41	Jeanmarie HARVEY	SO Stockton	3.35m	10-11¾	1/17
6	41	Samantha KAPLAN	SR RIT	3.35m	10-11¾	12/13
6	41	Julia NOMBERG	JR Ithaca	3.35m	10-11¾	12/7
6	41	Nicole LESTER	SO TCNJ	3.35m	10-11¾	1/17

Women's Long Jump

1	10	Sarah YENSAN	SR SUNY Oswego	5.50m	18-½	12/7
2	11	Avery MAILLET	JR CCNY	5.49m	18-¼	1/17
3	13	Chanyce POWELL	JR Brockport	5.48m	17-11¾	1/25
4	19	Logan BRUCE	SO Ithaca	5.44m	17-10¼	1/25
5	22	Lonnie GARRETT	SR Rochester (N.Y.)	5.42m	17-9½	1/18
6	36	Emily LAVARNWAY	SO SUNY Geneseo	5.32m	17-5½	1/25
7	40	Madeeah ORANCHAK	SR SUNY Delhi	5.31m	17-5¼	1/24
8	44	Kelsey WANDS	FR Utica	5.30m	17-4¾	1/18
9	54	Emily SALVEMINI	SO SUNY Geneseo	5.24m	17-2¼	12/6
9	54	Adriana STRAUGHTER	SO SUNY Geneseo	5.24m	17-2¼	12/6

Women's Triple Jump

1	5	Jessica MCRAE	SR Stockton	11.57m	37-11½	1/17
2	7	Chanyce POWELL	JR Brockport	11.44m	37-6½	1/25
3	23	Nilya RHOOMES	FR Ramapo	11.14m	36-6¾	12/7
4	24	Mia MONTGOMERY	SO Brockport	11.12m	36-5¾	1/25
5	37	Lonnie GARRETT	SR Rochester (N.Y.)	11.02m	36-2	1/18
6	39	Elizabeth GEE	SR Ithaca	11.01m	36-1½	1/10
6	39	Lucy PIACENTINI	SR CCNY	11.01m	36-1½	1/3
8	42	Anna SCARPIS	JR Ramapo	10.99m	36-¾	1/17
9	46	Jennifer JOSEPH	SR SUNY Geneseo	10.98m	36-¾	12/6
10	51	Laura MEADE	SO Utica	10.92m	35-10	1/24



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Atlantic

Women's Shot Put

1	32	Sarah CROCKETT	FR Brockport	12.72m	41-8¾	1/25
2	37	Kathleen MERCHANT	SO St. Lawrence	12.59m	41-3¾	12/7
3	40	Madeline PIZZO	SR RIT	12.57m	41-3	12/6
4	48	Brianna COON	SR SUNY Plattsburgh	12.39m	40-7¾	1/18
5	57	Emily HILT	FR Rutgers-Camden	12.22m	40-1¼	1/25
6	59	Kendall WELLAUER	SR Ithaca	12.20m	40-½	1/18
7	63	Holly BUCCHERI	SR Brockport	12.13m	39-9¾	12/7
8	69	Akilah SANDERS	SO SUNY Delhi	12.04m	39-6	12/7
9	80	Jordan LEHMAN	JR St. John Fisher	11.94m	39-2¼	12/6
10	87	Mady DIBBLE	SR Brockport	11.88m	38-11¾	1/18

Women's Weight Throw

1	10	Kendall WELLAUER	SR Ithaca	16.90m	55-5½	1/18
2	39	Alayna FREDENBURG	JR Brockport	15.64m	51-3¾	1/25
3	40	Emily ZEBROWSKI	SR RIT	15.61m	51-2¾	12/6
4	46	Sarah CROCKETT	FR Brockport	15.45m	50-8¼	1/25
5	49	Kalena YEARWOOD	FR Ithaca	15.37m	50-5¼	1/25
6	57	Ariyahna BERNARD	JR Ithaca	15.28m	50-1¾	1/25
7	58	Grace MESSINA	JR Rochester (N.Y.)	15.27m	50-1¼	1/18
8	71	Brianna COON	SR SUNY Plattsburgh	15.00m	49-2½	1/11
9	83	Katrina CORNICK	SO Utica	14.77m	48-5½	1/24
10	84	Olivia GEORGE	JR Brockport	14.75m	48-4¾	1/25

Women's Pentathlon

1	17	Emily RUSSELL	FR SUNY Cortland	2,589		1/24
2	28	Lauren ANDERSON	FR SUNY Cortland	2,389		1/24
3	34	Alazia PETERS	FR SUNY Cortland	2,240		1/24
4	40	Glory ODEH	SO Lehman	2,155		12/7
5	48	Kimberly WHITE	JR SUNY Cortland	1,973		1/24



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Central

Women's 60 Meters

1	1	Terrianna BLACK	SR Loras	7.61	1/24
2	2	Gabrielle NOLAND	SR Loras	7.62	1/24
3	8	Jada LEWIS	JR Augsburg	7.81	1/11
4	9	Alanna MUHAMMAD	SO Wartburg	7.82	1/18
5	17	Alison BEEMAN	SR Dubuque	7.88	(7.31(55)) 12/7
6	22	Ya'Mia AILES-PRIMES	SO Dubuque	7.89	(7.32(55)) 1/18
7	28	Taylan OLSON	SO Wartburg	7.91	1/18
8	41	Anika KLING	SR St. Scholastica	7.96	1/11
9	56	Marion EDWARDS	SO Loras	8.00	(7.42(55)) 1/18
9	56	Kylie JOHNSTON	JR Buena Vista	8.00	12/6

Women's Mile

1	7	Tierney WINTER	SR Gustavus Adolphus	5:06.10	12/7
2	14	Kassie ROSENBUM	JR Loras	5:08.13	1/24
3	21	Clara MAYFIELD	FR Carleton	5:11.12	1/17
4	48	Helen SCHUDA	SR Carleton	5:16.07	1/25
5	76	Ellie BEIERMANN	SR Nebraska Wesleyan	5:18.87c	(5:15.74) 1/24
6	81	Aubrie FISHER	FR Wartburg	5:19.45	1/18
7	82	Erica RITTGERS	SR Wartburg	5:19.50	1/24
8	98	Madi BAHE	SO Nebraska Wesleyan	5:21.43c	(5:18.28) 1/24
9	116	Rainey TILLEY	FR Carleton	5:22.89	1/17
10	117	Christine ALBRECHT	FR St. Olaf	5:22.93	12/7

Women's 200 Meters

1	1	Gabrielle NOLAND	SR Loras	25.06	1/18
2	2	Alison BEEMAN	SR Dubuque	25.17	12/7
3	8	Terrianna BLACK	SR Loras	25.86	12/7
4	10	Ya'Mia AILES-PRIMES	SO Dubuque	25.92	12/7
5	20	Marion EDWARDS	SO Loras	26.19	1/18
6	21	Alanna MUHAMMAD	SO Wartburg	26.25	1/24
7	22	Delia LABATT	SR Bethel (Minn.)	26.26	1/24
8	29	Alyssa PFADENHAUER	FR Loras	26.34	1/24
9	32	Stevie LAMBE	SO Loras	26.36	12/7
10	51	Alexis ALT	SR Loras	26.54	1/24

Women's 3000 Meters

1	4	Clara MAYFIELD	FR Carleton	9:55.95	1/25
2	24	Aubrie FISHER	FR Wartburg	10:21.07	1/23
3	25	Carina COLLET	JR Wartburg	10:21.41	1/18
4	43	Bryony HAWGOOD	SR St. Olaf	10:28.94	12/7
5	45	Ellie BEIERMANN	SR Nebraska Wesleyan	10:29.87c	(10:24.50) 1/17
6	59	Natalie PAULSON	FR Wartburg	10:35.50	1/18
7	63	Helen SCHUDA	SR Carleton	10:37.30	1/17
8	66	Kourtney KULSETH	JR Gustavus Adolphus	10:37.79	1/19
9	69	Trinity BORLAND	SO Wartburg	10:38.13	1/18
10	75	Olivia MOLL	SO St. Thomas (Minn.)	10:39.39	1/24

Women's 400 Meters

1	1	Gabrielle NOLAND	SR Loras	57.18	1/24
2	4	Johanna GLAASER	SR St. Olaf	57.91	1/11
3	5	Olivia COSTLEY	SO Dubuque	58.12	1/23
4	23	Carson MCSORLEY	SO Wartburg	59.89	1/24
5	28	Anika KLING	SR St. Scholastica	1:00.09	1/25
6	33	Carlyn COLE	SR Coe	1:00.28c	(59.48) 1/17
7	35	Alyssa PFADENHAUER	FR Loras	1:00.34	12/7
8	36	Alexis ALT	SR Loras	1:00.36	12/7
9	48	Lily ANDERSON	SR Gustavus Adolphus	1:00.73	12/7
10	50	Stevie LAMBE	SO Loras	1:00.78	1/18

Women's 5000 Meters

1	38	Kourtney KULSETH	JR Gustavus Adolphus	18:25.62	1/24
2	96	Leah TREFFER	JR Nebraska Wesleyan	19:14.08c	(19:05.26) 1/17
3	128	Mackinzee MIEST	SO Gustavus Adolphus	19:33.68	1/24
4	161	Sarah ANDERSON	SR Gustavus Adolphus	19:55.84	1/24
5	230	Holly GORDON	JR St. Olaf	20:46.07	1/24
6	289	Jaylen ARNDT	FR Nebraska Wesleyan	21:35.75	1/18
7	310	Abigail CAWLEY	FR Nebraska Wesleyan	22:04.21	1/18
8	312	Elizabeth POSKIE	SR St. Scholastica	22:06.90	12/7
9	318	Nicole KOSKI	SO UW-Superior	22:16.37	12/7
10	323	Elizabeth KVEBAK	SR Gustavus Adolphus	22:27.44	1/24

Women's 800 Meters

1	7	Morgan DAMMANN	SR St. Thomas (Minn.)	2:18.12	1/24
2	9	Carly SCHEUERMAN	JR St. Thomas (Minn.)	2:18.13	1/24
3	13	Alexandra MADDUX	SO Hamline	2:19.03	1/25
4	19	Helen DOLAN	JR Hamline	2:19.69	1/25
5	28	Tierney WINTER	SR Gustavus Adolphus	2:20.56	1/24
6	46	Moriah MORTER	SO Wartburg	2:22.71	1/23
7	63	Jadyn FORBES	FR Buena Vista	2:24.15	12/6
8	64	Kaylee OSTERBERGER	FR Loras	2:24.43	12/7
9	76	Camryn LARSEN	JR Nebraska Wesleyan	2:24.92c	(2:23.27) 1/24
10	77	Wren KLUMP	SO Buena Vista	2:24.95	12/6

Women's 60 Meter Hurdles

1	6	Kelsie SEALOCK	FR Bethel (Minn.)	9.02	1/24
2	10	Elayna BAHL	SO Loras	9.07	1/24
3	27	Maggi BJUSTROM	SR Wartburg	9.21	1/18
4	41	Laura KAMMER	SR St. Olaf	9.33	1/24
5	44	Birgen NELSON	FR Gustavus Adolphus	9.34	1/24
6	52	Brittini THOMAS	JR Buena Vista	9.36	12/6
7	53	Corin MCKINSTREY	SR Bethel (Minn.)	9.37	1/24
8	56	Sailor HINEGARDNER	SO Wartburg	9.39	1/18
9	62	Mackenzie SCHOUSTRA	SR St. Olaf	9.41	1/11
10	64	Rebekah SALFER	FR St. Olaf	9.42	1/24



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Central

Women's 4x400 Relay

1	4	Ganshirt, Staebler, McSorley, Rittgers	Wartburg	3:58.29	1/18
2	8	Edwards, Osterberger, Bahl, Deitchler	Loras	4:02.84	1/24
3	11	Conradi, Turek, Labatt, McKinstrey	Bethel (Minn.)	4:03.91	1/24
4	16	Costley, Skrove, Smith, Beeman	Dubuque	4:04.99	1/23
5	22	Anderson, Moen, Winter, Donnelly	Gustavus Adolphus	4:06.49	1/24
6	26	Jansen, Elstad, Schoustra, Glaaser	St. Olaf	4:07.60	12/14
7	28	Smith, Chell, Dammann, McGuire	St. Thomas (Minn.)	4:08.27	1/24
8	34	Rolfes, Daniel, Gines, Larsen	Nebraska Wesleyan	4:09.55c (4:06.27)	1/17
9	64	Peebles, Airoldi, Marsh, Schuda	Carleton	4:17.85	1/25
10	66	Klump, Thomas, Forbes, Guyett	Buena Vista	4:18.12c (4:14.73)	1/24

Women's Distance Medley Relay

1	61	Hamanaka, Rowe, Kivela, Brink	UW-Superior	15:33.09	1/18
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Women's High Jump

1	4	Breya CHRISTOPHER	FR Wartburg	1.70m	5-7	1/18
2	20	Elayna BAHL	SO Loras	1.63m	5-4¼	1/18
3	32	Courtney KRUTHOFF	JR Central (Iowa)	1.60m	5-3	12/14
3	32	Emily BOHLIG	SR St. Olaf	1.60m	5-3	1/17
5	45	Tori VANVELZEN	JR Central (Iowa)	1.59m	5-2½	1/24
6	50	Rachel OHDE	JR Saint Mary's (Minn.)	1.58m	5-2¼	1/25
6	50	Alison BEEMAN	SR Dubuque	1.58m	5-2¼	1/18
8	56	Mackenzie SCHOUSTRA	SR St. Olaf	1.57m	5-1¾	1/11
9	82	Mariah TERHAAR	SR St. Thomas (Minn.)	1.55m	5-1	1/24
9	82	Lexi ERICKSON	JR St. Scholastica	1.55m	5-1	1/18

Women's Pole Vault

1	19	Mariah TERHAAR	SR St. Thomas (Minn.)	3.50m	11-5¾	1/24
2	26	Maddie TOLLY	SR Nebraska Wesleyan	3.43m	11-3	1/24
3	41	Sarina KOPF	SO Grinnell	3.35m	10-11¾	1/18
4	76	Jessica LILLAND	FR Bethel (Minn.)	3.20m	10-6	1/24
4	76	Doris-Klein MOR	SO Gustavus Adolphus	3.20m	10-6	1/24
6	117	Nicki SCHNEIDER	JR Wartburg	3.05m	10-0	1/23
6	117	Jenna HEIMARK	SR Dubuque	3.05m	10-0	1/23
6	117	Isabelle ALBERS	FR Wartburg	3.05m	10-0	1/23
6	117	Jordan SIFFERLE	SR St. Thomas (Minn.)	3.05m	10-0	1/11
6	117	Sadie KOELZ	JR Bethel (Minn.)	3.05m	10-0	1/24
6	117	Rachel BROCKISH	FR St. Thomas (Minn.)	3.05m	10-0	1/24
6	117	Olivia LEMKE	FR St. Thomas (Minn.)	3.05m	10-0	1/24

Women's Long Jump

1	7	Steph KRETLOW	SR St. Thomas (Minn.)	5.56m	18-3	1/24
2	13	Alyssa SKROVE	SR Dubuque	5.48m	17-11¾	1/23
3	20	Elyse ACOMPANADO	SR Loras	5.43m	17-9¾	1/24
4	31	Terrianna BLACK	SR Loras	5.35m	17-6¾	1/18
5	35	Cherisse WARD	SO Wartburg	5.33m	17-6	1/24
6	36	Sydney KLAUSLER	SO Saint Mary's (Minn.)	5.32m	17-5½	1/18
7	77	Maya CARSON	FR St. Thomas (Minn.)	5.16m	16-11¼	1/24
8	81	Annika MULLER	FR St. Olaf	5.15m	16-10¾	1/24
9	87	Anna ACHTER	SR Wartburg	5.14m	16-10½	1/18
10	90	Darian WEGNER	JR Wartburg	5.13m	16-10	1/24

Women's Triple Jump

1	13	Alyssa SKROVE	SR Dubuque	11.31m	37-1¼	1/18
2	17	Terrianna BLACK	SR Loras	11.20m	36-9	1/18
3	19	Holly FORRESTER	JR Central (Iowa)	11.17m	36-7¾	1/24
4	20	Breya CHRISTOPHER	FR Wartburg	11.16m	36-7½	1/24
5	27	Elyse ACOMPANADO	SR Loras	11.09m	36-4¾	1/24
6	30	Paige WOLDT	JR St. Olaf	11.07m	36-4	12/14
7	55	Aleen SOUVANNAVONG	FR Nebraska Wesleyan	10.86m	35-7¾	1/18
8	59	Grace ALLEY	FR Loras	10.83m	35-6½	1/24
9	61	Jenna HEIMARK	SR Dubuque	10.82m	35-6	12/7
10	84	Cherisse WARD	SO Wartburg	10.70m	35-1¼	1/24

Women's Shot Put

1	3	Caroline FERGUSON	JR Dubuque	13.88m	45-6½	12/7
2	4	Dayton DOLINCHECK	SR Nebraska Wesleyan	13.83m	45-4½	1/18
3	8	Megan GEHRKE	SO St. Thomas (Minn.)	13.63m	44-8¾	1/24
4	11	Kayla SLOWICK	JR Dubuque	13.57m	44-6¼	12/7
5	18	Anna REHBERG	SR Wartburg	13.21m	43-4¼	1/18
6	26	Linnaea KONFRST	SR Nebraska Wesleyan	12.88m	42-3¼	1/18
7	27	Ellie PAHL	FR St. Olaf	12.87m	42-2¾	1/24
8	30	Jessica BLIESE	JR Minnesota Morris	12.83m	42-1¼	12/7
9	31	Cayle HOVLAND	SO Concordia Moorhead	12.76m	41-10½	1/25
10	32	Ellie LAMB	FR Dubuque	12.72m	41-8¾	12/7

Women's Weight Throw

1	6	Agne LUKOSEVICIUTE	JR Grinnell	17.39m	57-¾	1/25
2	13	Kennedy MORRIS	JR Central (Iowa)	16.69m	54-9¼	1/18
3	14	Nyjah WILLIS	JR Hamline	16.65m	54-7½	1/25
4	15	Katie KEELIN	SR Gustavus Adolphus	16.55m	54-3¾	1/24
5	16	Anna REHBERG	SR Wartburg	16.54m	54-3¼	1/23
6	19	Berit BORSTAD	JR St. Thomas (Minn.)	16.30m	53-5¾	1/24
7	20	Emily BURT	SR Central (Iowa)	16.28m	53-5	1/18
8	21	Dayton DOLINCHECK	SR Nebraska Wesleyan	16.23m	53-3	1/17
9	25	Michelle BUDDEN	SR Loras	16.09m	52-9½	1/24
10	32	Carly FISCHER	JR Loras	15.82m	51-11	1/18

Women's Pentathlon

1	4	Mary GRAY	JR Central (Iowa)	3,257	12/5
2	5	Kiki PINGEL	JR Central (Iowa)	3,227	12/5
3	27	Krissa LARSON	SO Central (Iowa)	2,417	12/5
4	35	Malory JONES	FR Central (Iowa)	2,235	12/5



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Great Lakes

Women's 60 Meters

1	12	Lucia CANNATA	SO John Carroll	7.83	12/6
2	22	Taylor ANTHONY	FR John Carroll	7.89	1/18
3	30	Kenadee WAYT	FR Mount Union	7.92	12/7
4	36	Layla WILKS	JR Albion	7.95	1/24
5	44	Arinn HAYES	SO Heidelberg	7.97	1/25
6	49	Alexis WALKER	SO Wittenberg	7.99	1/25
6	49	Sara JOHNSON	SO John Carroll	7.99	1/18
8	56	Mariah EISENBRAUN	JR Mount Union	8.00	12/7
9	71	Kayla SILVA	SO Ohio Northern	8.02	1/24
10	79	Destinee RENCHER	FR Otterbein	8.03	1/18
10	79	Kelsey GROVE	SR Heidelberg	8.03	1/25

Women's 200 Meters

1	4	Lucia CANNATA	SO John Carroll	25.45c (25.06)	1/24
2	13	Cortni ARP	JR Mount Union	26.05	12/7
3	18	Alexis WALKER	SO Wittenberg	26.16c (25.76)	1/25
4	31	Kelsey GROVE	SR Heidelberg	26.35c (25.94)	1/25
5	34	Taylor ANTHONY	FR John Carroll	26.37c (25.96)	1/24
6	38	Layla WILKS	JR Albion	26.40	1/24
7	47	Rachael ADAMS	SR John Carroll	26.46c (26.05)	12/6
8	55	Kenadee WAYT	FR Mount Union	26.59	12/7
9	64	Lily BOGUNOVICH	SO Mount Union	26.63	12/7
10	87	Sara JOHNSON	SO John Carroll	26.84c (26.43)	1/24
10	87	Kennady GIBBINS	SO Mount Union	26.84c (26.43)	1/25

Women's 400 Meters

1	29	Autumn HALE	SO John Carroll	1:00.12c (59.33)	12/6
2	39	Hailey ACOSTA	SR Otterbein	1:00.40	1/25
3	43	Alexis GRAY	SR Wittenberg	1:00.53	1/18
4	61	Cortni ARP	JR Mount Union	1:01.02c (1:00.22)	1/25
5	64	Micah DONLEY	FR Mount Union	1:01.04	12/7
6	72	Marteana NEWTON	JR Wittenberg	1:01.18c (1:00.37)	12/6
7	78	Julie HINES	JR Case Western Reserv	1:01.26	1/25
8	79	Coree GIFFORD	SO Otterbein	1:01.29	12/7
9	82	Olivia POWERS	SO Mount Union	1:01.32	12/7
10	99	Julia HENDERSON	FR Mount Union	1:01.60c (1:00.79)	1/25

Women's 800 Meters

1	10	Sarah MASON	SR Mount Union	2:18.29c (2:16.71)	1/25
2	36	Oona JUNG-BEEMAN	SR Oberlin	2:21.56	1/10
3	41	Gina KOWALEWICZ	JR Otterbein	2:22.11	1/25
4	49	Megan WERTZ	FR Mount Union	2:23.02c (2:21.39)	1/25
5	58	Ana ACEVEDO	SR Manchester	2:23.61	1/17
6	75	Sally HANSMA	SR Hope	2:24.91c (2:23.26)	1/17
7	85	Jamie AMOROSO	SR John Carroll	2:25.68c (2:24.02)	1/24
8	100	Melissa PHUNG	FR Case Western Reserv	2:26.78	1/25
9	119	Rory VIGRASS	SO John Carroll	2:27.72c (2:26.04)	1/24
10	143	Maggie ALLEN	SO Oberlin	2:28.54	1/25

Women's Mile

1	3	Evie BULTEMEYER	JR Trine	4:59.94	1/24
2	30	Katie DURISIN	SR Mount Union	5:12.06c (5:09.00)	1/25
3	32	Sadie HEERINGA	SO Calvin	5:12.94c (5:09.87)	1/17
4	58	Hannah KENNY	SR Hope	5:17.52c (5:14.40)	1/17
5	60	Mackenzie DAVIS	FR Otterbein	5:17.54	1/25
6	69	Marija CROOK	SR Oberlin	5:18.30	1/25
7	71	Sarah MASON	SR Mount Union	5:18.38	12/7
8	91	Madelyn BRINDZA	SO John Carroll	5:20.34c (5:17.20)	1/24
9	93	Brittany MCCAULEY	JR Mount Union	5:20.70c (5:17.55)	1/17
10	110	Oona JUNG-BEEMAN	SR Oberlin	5:22.55	1/25

Women's 3000 Meters

1	9	Mica HANISH	JR Allegheny (Pa.)	10:10.93	1/25
2	21	Cameron BUJACIUS	SO John Carroll	10:20.16c(10:14.87)	1/24
3	33	Sydney JENKO	FR John Carroll	10:25.41c(10:20.07)	1/24
4	36	Sydney SMITH	JR Otterbein	10:27.17	1/18
5	44	Brittany MCCAULEY	JR Mount Union	10:29.42c(10:24.05)	1/25
6	46	Anastasia TUCKER	FR Hope	10:30.35c(10:24.97)	1/17
7	65	Megan WRIGHT	JR Ohio Northern	10:37.34	12/7
8	83	Michelle KOETJE	SR Calvin	10:42.03c(10:36.55)	1/17
9	92	Kylie VESTAL	JR Ohio Northern	10:43.93	12/7
10	97	Alice RILEY	FR Kenyon	10:44.37	1/25

Women's 5000 Meters

1	17	Sydney SMITH	JR Otterbein	17:51.71	1/25
2	22	Cameron BUJACIUS	SO John Carroll	18:04.14c(17:55.85)	12/6
3	33	Hastings MAREK	JR Baldwin Wallace	18:14.60	1/25
4	35	Allison CURREY	SR Otterbein	18:19.47	1/25
5	41	Katie DURISIN	SR Mount Union	18:26.79	12/7
6	48	Alyssa LAUGHNER	SO Baldwin Wallace	18:34.51	1/25
7	52	Emma BECKER	SO Kenyon	18:35.88	1/25
8	58	Jacinda COLE	JR Hope	18:40.26c(18:31.70)	12/6
9	73	Halle BENTLEY	SO Otterbein	18:54.22	1/25
10	75	Isabel CHASNEY	FR Heidelberg	18:56.38c(18:47.69)	1/25

Women's 60 Meter Hurdles

1	7	Mary-Helen SHOMBA	JR Rose-Hulman	9.05	1/24
2	19	Sabrina STOCKER	JR Mount Union	9.15	12/7
3	22	Ryelee CLARY	JR Wittenberg	9.17	1/25
4	29	Mitchel ACHIENG	SR Hope	9.22	12/6
5	34	Gracie DENNISON	SO Otterbein	9.27	12/7
6	57	Megan CAREY	SO Otterbein	9.40	1/25
6	57	Olivia BEAN	FR Heidelberg	9.40	1/25
8	64	Auquay DEAN	FR Mount Union	9.42	1/25
9	70	Aamirah HOWARD	SR Mount Union	9.44	12/7
10	89	Clare TIEDEMANN	SO Oberlin	9.50	1/25



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Great Lakes

Women's 4x400 Relay

1	12	Smeltzer, Cannata, Hale, Phoennik	John Carroll	4:04.04c (4:00.83)	1/24
2	20	Cupp, Thut, Mason, Donley	Mount Union	4:06.48c (4:03.24)	1/25
3	47	Brittain, Hartpence, Bultemeyer, Faulkner	Trine	4:12.58	1/24
4	55	Peterson, Cheatham, Bruns, Rogers	Rose-Hulman	4:16.19	1/24
5	65	Kowalewicz, Rogiers, Davis, Buckner	Otterbein	4:18.07	1/25
6	71	Impara, Allen, Rathbun, Jung-Beeman	Oberlin	4:18.77	1/25
7	74	Kruithof, Miskelley, Hansma, Scollard	Hope	4:19.89c (4:16.47)	1/17
8	75	Hunter, Craig, Osmun, Carroll	Hanover	4:20.24c (4:16.82)	1/25
9	78	McDowell, Sutton, Dubois, Brown	Albion	4:21.62	1/24
10	82	Routhier, Ellerbrock, Kowalczyk, Neff	Ohio Northern	4:22.09	1/24

Women's Distance Medley Relay

1	4	Vigrass, Morris, Brindza, Amoroso	John Carroll	12:45.02c(12:36.92)	1/24
2	25	Harnsberger, Kallay, Vrba, Riley	Kenyon	13:32.12	1/18
3	29	Trebella, Orleans-Onyina, Corbin, VanHoose	Ohio Wesleyan	13:35.12	1/17
4	37	Dwyer, Bentley, Hill, Nacci	Case Western Reserv	13:49.32	1/25
5	38	Warstler, Cordova, Montgomery, Hoover	Wooster	13:51.89	1/18
6	39	Hughes, Burke, Yontz, Wahl	Wilmington (Ohio)	13:54.33	1/18
7	60	Blatner, Hennesey, Cousins, Gearin	Earlham	15:22.83	1/18
8	64	Cooper, Dickerson, Zefi, Feekings	Adrian	15:50.06	1/18
9	66	Deighton, Gauch, Toth, Curavo	Muskingum	17:57.67	1/17

Women's High Jump

1	6	Cirrus ROBINSON	SR Ohio Wesleyan	1.68m	5-6	1/24
2	11	Laura PULLINS	SO Marietta	1.65m	5-5	12/6
2	11	Kennady GIBBINS	SO Mount Union	1.65m	5-5	12/7
2	11	Peyton HOWELL	FR Ohio Wesleyan	1.65m	5-5	1/24
5	22	Claudia PARTRIDGE	SO Wooster	1.62m	5-3¾	1/10
6	32	Mia VARGO	FR Case Western Reserv	1.60m	5-3	1/25
6	32	Bailey FLINT	JR Case Western Reserv	1.60m	5-3	1/25
6	32	Mariah MURRAY	SR Anderson (Ind.)	1.60m	5-3	12/6
9	45	Kenna HUNTER	SR Hanover	1.59m	5-2½	1/24
9	45	Aislinn CANNISTRARO	FR Oberlin	1.59m	5-2½	1/10

Women's Pole Vault

1	2	Sarah VOIT	SO Oberlin	3.82m	12-6¼	1/25
2	4	Bri AVENI	SO Mount Union	3.80m	12-5½	1/17
3	11	Maggie KRAUSE	SR Ohio Northern	3.60m	11-9¾	1/24
4	19	Anna SCHOSTER	SR Mount St. Joseph	3.50m	11-5¾	1/25
5	41	Grace FINNEY	SR Oberlin	3.35m	10-11¾	1/10
5	41	Allison STEVENS	SR Ohio Northern	3.35m	10-11¾	1/24
7	61	Kathleen KENNEDY	JR Otterbein	3.30m	10-9¾	1/25
7	61	Baylee BROWN	FR Marietta	3.30m	10-9¾	1/11
9	64	Anna SCHATZLE	FR Ohio Northern	3.29m	10-9½	12/7
10	66	Caroline BEERY	FR John Carroll	3.25m	10-8	1/18

Women's Long Jump

1	3	Ariana COLEMAN	FR Heidelberg	5.68m	18-7¾	1/25
1	3	Alexis JOHNSON	JR Wittenberg	5.68m	18-7¾	12/6
3	5	Stevie PLIKERD	SO Wittenberg	5.59m	18-4¼	12/6
4	27	Arinn HAYES	SO Heidelberg	5.38m	17-8	12/14
5	32	Courtney PHOENNIK	JR John Carroll	5.34m	17-6¼	1/18
6	36	Megan SIEVERS	SR Ohio Wesleyan	5.32m	17-5½	12/6
7	48	Audrey BISHOP	SO Mount Union	5.28m	17-4	1/25
8	58	Stella DEWITT	JR Ohio Northern	5.22m	17-1½	1/24
9	61	Destinee RENCHER	FR Otterbein	5.21m	17-1¼	1/18
9	61	Olivia BEAN	FR Heidelberg	5.21m	17-1¼	1/25

Women's Triple Jump

1	11	Alexis JOHNSON	JR Wittenberg	11.35m	37-3	12/6
2	18	Courtney PHOENNIK	JR John Carroll	11.18m	36-8¼	1/24
3	27	Maria DELUCA	JR John Carroll	11.09m	36-4¾	1/24
4	39	Mitchel ACHIENG	SR Hope	11.01m	36-1½	12/6
5	77	Malaika DJUNGU-SUNGU	SO Oberlin	10.76m	35-3¾	1/18
6	86	Sam KELTS	SR Case Western Reserv	10.68m	35-½	12/7
7	98	Stevie PLIKERD	SO Wittenberg	10.62m	34-10¼	12/6
8	100	Rian BOELTER	SR Transylvania	10.61m	34-9¾	1/18
9	101	Kiara HARRIS	SO Ohio Wesleyan	10.60m	34-9½	12/6
10	107	Addyson GERIG	SR Hope	10.56m	34-7¾	12/6

Women's Shot Put

1	6	Naeisha MCCLAIN	SR Oberlin	13.75m	45-1½	1/25
2	15	Kasey NEVILLE	SO Marietta	13.39m	43-11¼	12/6
3	28	Charley HENGESBACH	JR Alma	12.85m	42-2	1/24
4	35	Lillian ALBAUGH	SO Olivet	12.61m	41-4½	1/24
5	39	Kassie LEE	SR Capital	12.58m	41-3¼	1/25
6	52	Brooke BUCKHANNON	SR Baldwin Wallace	12.34m	40-6	1/25
7	55	Ari MCPHETERS	JR Ohio Wesleyan	12.25m	40-2¼	12/6
8	71	ShaQuoria THOMPSON	SO Albion	12.03m	39-5¾	12/7
9	72	Mariah DUNKIN	FR Alma	12.02m	39-5¼	1/24
9	72	Annie PRIEST	SO Marietta	12.02m	39-5¼	1/11



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Great Lakes

Women's Weight Throw

1	17	Brooke BUCKHANNON	SR <i>Baldwin Wallace</i>	16.49m	54-1¼	1/25
2	18	Madison BOWMAN	SR <i>Defiance</i>	16.34m	53-7½	1/18
3	22	Maya ENGLISH	SR <i>Oberlin</i>	16.22m	53-2¾	12/7
4	24	Valerie OBEAR	SO <i>Trine</i>	16.13m	52-11	1/24
5	27	ShaQuoria THOMPSON	SO <i>Albion</i>	15.99m	52-5½	1/24
6	37	Chayanne CONLEY	SO <i>Ohio Wesleyan</i>	15.71m	51-6½	1/24
7	38	Olivia HURTT	SO <i>John Carroll</i>	15.70m	51-6¼	1/24
8	49	Naeisha MCCLAIN	SR <i>Oberlin</i>	15.37m	50-5¼	1/10
9	51	Annie PRIEST	SO <i>Marietta</i>	15.36m	50-4¾	1/11
10	54	Taylor JACKSON	JR <i>Case Western Reserv</i>	15.34m	50-4	1/25

Women's Pentathlon

1	6	Kenna HUNTER	SR <i>Hanover</i>	3,011		1/24
2	23	Stephanie DAVIS	JR <i>Alma</i>	2,523c	(2544)	1/24
3	29	Mitchel ACHIENG	SR <i>Hope</i>	2,377c	(2398)	1/24
4	41	Spencer NEVILLE	SO <i>Muskingum</i>	2,149		12/6
5	42	Mikayla DEIOTTE	SO <i>Muskingum</i>	2,140		12/6



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Mideast

Women's 60 Meters

1	9	Marissa HSU	FR	Johns Hopkins	7.82	12/7
1	9	Evelina SLOBOH	SR	Wesley	7.82	1/24
3	12	Amanda CROOKS	SO	Moravian	7.83	12/6
4	66	Kathryn WIEDERRECHT	JR	Messiah	8.01	12/7
4	66	Abigail GERDES	FR	Johns Hopkins	8.01	12/7
6	83	Samantha GIORDANI	FR	Carnegie Mellon	8.04	1/25
7	123	Sara ARBOGAST	JR	Susquehanna	8.11	12/7
8	138	Jennica TERRY	JR	Bryn Mawr	8.13	1/18
8	138	Courtney MOYER	JR	Eastern (Pa.)	8.13	12/7
10	157	Gabriella LOEFFLER	SR	Penn State Behrend	8.15	12/13

Women's 200 Meters

1	10	Samantha GIORDANI	FR	Carnegie Mellon	25.92	1/25
2	13	Crystal ROBINSON	FR	Moravian	26.05	12/6
3	108	Nicole WEENINK	SR	Eastern (Pa.)	26.96	1/18
4	113	Helena HALL-THOMSEN	FR	Johns Hopkins	26.97	12/7
5	117	Taylor WIEDERRECHT	SR	Messiah	26.99	12/7
6	140	Amanda CROOKS	SO	Moravian	27.11	12/6
7	165	Chinaza NWANKPA	SO	Johns Hopkins	27.23	12/7
7	165	Alexandra DAMRON	JR	Johns Hopkins	27.23	1/25
9	177	Marina AYUSO	JR	Johns Hopkins	27.28	1/25
10	180	Kass WOJCIK	SO	Bryn Mawr	27.29	1/25

Women's 400 Meters

1	44	Ashley TYBURSKI	SO	Johns Hopkins	1:00.56	1/25
2	55	Crystal ROBINSON	FR	Moravian	1:00.94	1/25
3	58	Alexandra DAMRON	JR	Johns Hopkins	1:00.97	1/25
4	105	Tara FORD	JR	Eastern (Pa.)	1:01.68	12/7
5	116	Alicia MEIER	JR	Salisbury	1:01.97	1/24
6	118	Helena HALL-THOMSEN	FR	Johns Hopkins	1:02.01	1/25
7	142	Cecilia JONES	JR	Eastern (Pa.)	1:02.43	1/18
8	145	Grace CHAMBERS	SO	Bethany (W.Va.)	1:02.46c (1:01.64)	1/24
9	148	Jahsaiah MOSES	FR	Haverford	1:02.51	1/25
10	155	Sonialys BADILLO	FR	Misericordia	1:02.67c (1:01.84)	1/11

Women's 800 Meters

1	3	Carly DANOSKI	SR	Moravian	2:16.23	1/25
2	12	Erin WARD	JR	Westminster (Pa.)	2:18.97c (2:17.39)	1/24
3	43	Jenna SHELTON	SR	Penn State Behrend	2:22.19c (2:20.57)	1/25
4	60	Sydney COVITZ	SR	Swarthmore	2:23.75c (2:22.11)	1/17
5	72	Taylor BARKDOLL	SO	York (Pa.)	2:24.83	1/18
6	79	Taylor JACOBS	SO	Carnegie Mellon	2:25.25	1/25
7	104	Sydney DZENUTIS	FR	Franklin & Marshall	2:26.96	12/7
8	110	Callie JONES	FR	Johns Hopkins	2:27.36	1/18
9	123	Lilianna MATALA	SO	Dickinson	2:27.78	12/7
10	125	Abby DALTON	SO	Muhlenberg	2:27.89	1/18

Women's Mile

1	4	Ariel KEKLAK	JR	Johns Hopkins	5:03.20c (5:00.22)	1/11
2	5	Sam LEVY	SR	Johns Hopkins	5:04.94	1/18
3	8	Carly DANOSKI	SR	Moravian	5:06.95	1/18
4	9	Felicia KOERNER	SR	Johns Hopkins	5:07.17	1/18
5	10	Esther SEELAND	SO	Messiah	5:07.21	1/17
6	12	Ella BARAN	SO	Johns Hopkins	5:07.96c (5:04.94)	1/11
7	18	Leanne WEAVER	SR	Messiah	5:10.71	1/17
8	20	Katelyn BERNOTAS	JR	Eastern (Pa.)	5:11.07	1/18
9	53	Kathryn REILLY	SR	Carnegie Mellon	5:16.89	1/25
10	72	Callie JONES	FR	Johns Hopkins	5:18.40	1/25

Women's 3000 Meters

1	2	Isabel CARDI	JR	Dickinson	9:49.58	12/7
2	3	Rebecca GRUSBY	SR	Johns Hopkins	9:55.79	12/7
3	8	Ariel KEKLAK	JR	Johns Hopkins	10:09.48	12/7
4	12	Sam LEVY	SR	Johns Hopkins	10:14.06c(10:08.82)	1/11
5	14	Felicia KOERNER	SR	Johns Hopkins	10:14.69c(10:09.44)	1/11
6	16	Ella BARAN	SO	Johns Hopkins	10:17.33	12/7
7	28	Keri JONES	JR	Lebanon Valley	10:22.76	12/7
8	35	Julianna LAZZARI	SO	Johns Hopkins	10:26.80c(10:21.45)	1/11
9	48	Arielle SUMMITT	SO	Johns Hopkins	10:32.37	12/7
10	56	Olivia VISAGGIO	SO	Misericordia	10:34.23	1/25

Women's 5000 Meters

1	4	Sam LEVY	SR	Johns Hopkins	17:16.71	12/7
2	6	Rebecca GRUSBY	SR	Johns Hopkins	17:25.08	1/24
3	8	Felicia KOERNER	SR	Johns Hopkins	17:34.11	1/24
4	15	Alex ROSS	SO	Johns Hopkins	17:50.05	1/24
5	19	Emily GATES	JR	Stevenson	17:56.32	12/7
6	20	Kristin MEEK	SR	Johns Hopkins	17:58.77	12/7
7	21	Stephanie BROWN	FR	Johns Hopkins	17:59.26	12/7
8	23	Julianna LAZZARI	SO	Johns Hopkins	18:04.24	1/24
9	25	Katie SCHRANTZ	SR	Westminster (Pa.)	18:07.58c(17:59.27)	12/6
10	27	Tessa CASSIDY	SR	Dickinson	18:09.73	12/7

Women's 60 Meter Hurdles

1	19	Annie GUTIERREZ	JR	Johns Hopkins	9.15	1/24
2	44	Jennica TERRY	JR	Bryn Mawr	9.34	1/18
3	64	Leah KENDRICK	SR	Carnegie Mellon	9.42	1/25
4	68	Taylor WIEDERRECHT	SR	Messiah	9.43	1/17
5	70	Joanna BARANOWSKI	SR	Carnegie Mellon	9.44	1/25
6	80	Amanda TONY	FR	Alvernia	9.47	1/11
6	80	Susanna PIROLLO	JR	Alvernia	9.47	1/11
6	80	Olivia YOUNGER	SO	Geneva	9.47	1/25
9	89	Nicole WEENINK	SR	Eastern (Pa.)	9.50	1/18
10	91	Kathryn WIEDERRECHT	JR	Messiah	9.51	1/17



USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2020 Week #1, January 28

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Mideast

Women's 4x400 Relay

1	25	Sheppell, Tyburski, Jimoh, Hall-Thomsen	Johns Hopkins	4:07.39	12/7
2	44	Slader, Weaver, Seeland, Wiederrecht	Messiah	4:12.38	1/17
3	47	Baranowski, Fahrenkrug, Reiling, Giordani	Carnegie Mellon	4:12.58	1/25
4	56	Arbogast, Ross, Reed, Urban	Susquehanna	4:16.67	1/25
5	63	Connelly, Robinson, Danoski, Wells	Moravian	4:17.72	1/18
6	68	Ferguson, Jones, Crawford, Hand	Eastern (Pa.)	4:18.42	12/7
7	69	Coleman, Coleman, Timmons, Rotman	Ursinus	4:18.44	12/6
8	80	Small, Moses, Reed, Tanel	Haverford	4:21.95	12/7
9	84	Natoli, Dzenutis, Lienhard, Huelbig	Franklin & Marshall	4:22.43	12/7
10	91	Hackenberg, Colabelli, Rine, Badillo	Misericordia	4:22.97	1/17

Women's Distance Medley Relay

1	1	Keklak, Tyburski, Jones, Baran	Johns Hopkins	12:08.32	1/18
2	3	Shelton, Sule, Fasiczka, Carr	Penn State Behrend	12:38.67c(12:30.63)	1/24
3	7	Bernotas, Byrnes, LiVoti, Bernotas	Eastern (Pa.)	13:06.75	1/18
4	11	Axinn, Reed, Kaulbach, Dwyer-McNulty	Haverford	13:11.24	1/25
5	12	Blodgett, Teszler, Sweeney, Whiteside	Swarthmore	13:12.28c(13:03.89)	1/17
6	17	Collins, Yuan, Reilly, Lacey	Carnegie Mellon	13:24.37	1/25
7	22	Jones, Fritzsich, Hadsall, Mulhearn	Misericordia	13:27.79	1/25
8	24	Ross, Reese, Kleman, Reed	Susquehanna	13:31.34	1/17
9	31	Barkdoll, Gillcrist, Morgan, Wasserleben	York (Pa.)	13:38.77	1/18
10	33	Smith, DiCesare, Markwalter, Murawski	DeSales	13:39.28	1/25

Women's High Jump

1	3	Taylor WIEDERRECHT	SR	Messiah	1.71m	5-7¼	1/17
2	26	Emma TAGGART	FR	Alfred State	1.61m	5-3¼	12/13
3	32	Kelli GARRIOT	SO	Stevenson	1.60m	5-3	12/7
3	32	Sara GRAY		Gwynedd-Mercy	1.60m	5-3	12/6
5	56	Colleen HOWARD	SO	Salisbury	1.57m	5-1¾	12/7
5	56	Hayley ENGLE	SO	Misericordia	1.57m	5-1¾	12/7
7	82	Annie GUTIERREZ	JR	Johns Hopkins	1.55m	5-1	1/18
7	82	Elizabeth BARRE	FR	Carnegie Mellon	1.55m	5-1	1/25
9	117	Serena LI	FR	Carnegie Mellon	1.52m	4-11¾	1/18
9	117	Ashley BARTELS	FR	Lebanon Valley	1.52m	4-11¾	1/17
9	117	Le'June BERRY	FR	Misericordia	1.52m	4-11¾	12/7
9	117	Sarah ZULTEVICZ	JR	King's College (Pa.)	1.52m	4-11¾	12/7

Women's Pole Vault

1	8	Michelle KARABIN	SR	Carnegie Mellon	3.72m	12-2½	1/25
2	10	Annie GUTIERREZ	JR	Johns Hopkins	3.71m	12-2	1/24
3	14	Sophia CORTAZZO	SR	Johns Hopkins	3.56m	11-8	1/24
4	18	Emma RUDOLPH	FR	Westminster (Pa.)	3.52m	11-6½	1/17
5	26	Kyleigh DUMAS	SR	Salisbury	3.43m	11-3	12/7
5	26	Julia MULLEN	JR	Salisbury	3.43m	11-3	12/7
7	40	Morgan GOSSARD	SO	Westminster (Pa.)	3.37m	11-¾	1/24
8	41	Julia PENA	FR	York (Pa.)	3.35m	10-11¾	12/7
8	41	Julia STROBEL	JR	Westminster (Pa.)	3.35m	10-11¾	1/10
10	61	Miayunique SOUTH	FR	Johns Hopkins	3.30m	10-9¾	1/18

Women's Long Jump

1	28	Sara ARBOGAST	JR	Susquehanna	5.36m	17-7	12/7
2	32	Nicole WEENINK	SR	Eastern (Pa.)	5.34m	17-6¼	1/18
3	40	Emily MITCHELL	JR	Muhlenberg	5.31m	17-5¼	12/6
4	53	Marissa HSU	FR	Johns Hopkins	5.25m	17-2¾	12/7
5	58	Veronica MONTANE	JR	Johns Hopkins	5.22m	17-1½	1/24
6	68	Taylor WIEDERRECHT	SR	Messiah	5.18m	17-0	1/17
7	77	Annie GUTIERREZ	JR	Johns Hopkins	5.16m	16-11¼	1/24
8	87	Lindsey GRAVER	SR	Misericordia	5.14m	16-10½	1/17
9	98	Katlyn ADAMS	SR	Grove City	5.11m	16-9¼	12/6
10	112	Cherease LAMM	SO	Johns Hopkins	5.08m	16-8	12/7

Women's Triple Jump

1	4	Sara ARBOGAST	JR	Susquehanna	11.62m	38-1½	12/7
2	12	Amanda TONY	FR	Alvernia	11.32m	37-1¾	12/7
3	53	Veronica MONTANE	JR	Johns Hopkins	10.89m	35-8¾	12/7
4	59	Alexis BADDICK	SR	Misericordia	10.83m	35-6½	12/7
5	73	Emma CHIAO	SO	Swarthmore	10.77m	35-4	12/7
6	79	Gabriella CONFORTI	FR	King's College (Pa.)	10.75m	35-3¼	1/24
7	86	Cherease LAMM	SO	Johns Hopkins	10.68m	35-½	12/7
8	97	Corrin FERRIZZI	SO	Muhlenberg	10.63m	34-10½	1/18
9	103	Nicole OSEI	FR	Stevenson	10.59m	34-9	12/7
10	111	Katlyn ADAMS	SR	Grove City	10.53m	34-6¾	12/6



USTFCCA NCAA Division III Indoor Track & Field
Regional TFRI Event Summary

WOMEN — 2020 Week #1, January 28

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Mideast

Women's Shot Put

1	7	Clay CONLEY	SR	<i>Swarthmore</i>	13.69m	44-11	12/7
2	10	Danika ANI	SR	<i>Stevenson</i>	13.58m	44-6¾	1/12
3	24	Brenna KARNISH	SO	<i>Misericordia</i>	13.03m	42-9	1/17
4	46	Anna COONEY	SO	<i>Widener</i>	12.45m	40-10¼	1/18
5	64	Isabelle DEAL	FR	<i>Ursinus</i>	12.11m	39-8¾	1/25
6	104	Kelsey NEFF	SO	<i>Johns Hopkins</i>	11.77m	38-7½	1/18
7	110	Olivia ROTH	SO	<i>York (Pa.)</i>	11.70m	38-4¾	12/7
8	111	Amaya REED-CLARK	FR	<i>Widener</i>	11.69m	38-4¼	1/25
9	116	Sydney FITZWATER	JR	<i>York (Pa.)</i>	11.67m	38-3½	12/7
10	146	Sonia OKOLO	JR	<i>King's College (Pa.)</i>	11.35m	37-3	1/24

Women's Weight Throw

1	12	Danika ANI	SR	<i>Stevenson</i>	16.75m	54-11½	12/7
2	64	Brenna KARNISH	SO	<i>Misericordia</i>	15.11m	49-7	1/17
3	80	Sydney FITZWATER	JR	<i>York (Pa.)</i>	14.79m	48-6¼	12/7
4	101	Myeisha SANDERS	JR	<i>Penn State Behrend</i>	14.50m	47-7	1/25
5	110	McKenna LOUGHNEY	JR	<i>Lebanon Valley</i>	14.31m	46-11½	12/7
6	155	Mary SMITH	SR	<i>Dickinson</i>	13.81m	45-3¾	12/7
7	162	Anna COONEY	SO	<i>Widener</i>	13.73m	45-½	1/18
8	166	Clay CONLEY	SR	<i>Swarthmore</i>	13.69m	44-11	1/17
9	186	Reiley GAITA	SO	<i>DeSales</i>	13.50m	44-3½	1/18
10	195	Mariah CASEY	SR	<i>Marywood</i>	13.45m	44-1½	1/10

Women's Pentathlon

1	1	Taylor WIEDERRECHT	SR	<i>Messiah</i>	3,518		1/17
2	3	Annie GUTIERREZ	JR	<i>Johns Hopkins</i>	3,289		1/24
3	12	Lindsey GLADDEN	SR	<i>Marywood</i>	2,710		1/17
4	20	Awnshae SMITH	SO	<i>Marywood</i>	2,568		1/17
5	30	Caitlin HENNEFORTH	JR	<i>Misericordia</i>	2,375		1/17
6	31	Emma SOMERS	FR	<i>Johns Hopkins</i>	2,360		1/24
7	37	Sarah ZULTEVICZ	JR	<i>King's College (Pa.)</i>	2,219		1/17
8	38	Emily HARRINGTON	SO	<i>King's College (Pa.)</i>	2,203		1/17
9	39	Macy HAMLETT	FR	<i>Dickinson</i>	2,163		1/17
10	43	Sarah RIVET	FR	<i>Alfred State</i>	2,138c	(2159)	12/7



USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

IOMEN — 2020 Week #1, January 28

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Midwest

Women's 60 Meters

1	4	Savannah RYGIEWICZ	JR UW-La Crosse	7.73	1/25
2	7	Andrea HYDE	SR Illinois College	7.79	12/7
3	14	Kelly ALDRICH	JR UW-La Crosse	7.84	1/25
4	17	Kyra HUBER	FR UW-Oshkosh	7.88	12/7
4	17	Caira WATSON-HAYNES	JR Washington (Mo.)	7.88	1/25
6	30	Audrey MAKOPE	SO St. Norbert	7.92	1/19
7	32	Taylor PRALLE	SR UW-Oshkosh	7.93	1/18
8	34	Kailey REYNOLDS	SO UW-Whitewater	7.94	1/25
9	41	Haley DURST	FR UW-La Crosse	7.96	1/25
10	49	Kayla ARMSTRONG	JR Concordia Chicago	7.99	1/24
10	49	Isabel LAYNE	FR Chicago	7.99	1/11

Women's 200 Meters

1	6	Katie EASTBURN	SR Augustana (Ill.)	25.75	1/24
2	7	Kelly ALDRICH	JR UW-La Crosse	25.85	1/25
3	9	Savannah RYGIEWICZ	JR UW-La Crosse	25.87	1/25
4	15	Huda HUSSAINI	FR Elmhurst	26.06	12/6
5	23	Hailey WIMBERLY	SO Millikin	26.27	1/18
5	23	Lucy FASHINGBAUER	JR UW-La Crosse	26.27	1/25
7	27	Gwen ORR	JR UW-Platteville	26.31	1/25
8	36	Kelsey MCLAURIN	JR North Central (Ill.)	26.38	1/17
9	37	Simone WILSON	JR Concordia Chicago	26.39	12/6
10	42	Shannon NELSON	SO UW-Stevens Point	26.42	1/25

Women's 400 Meters

1	6	Maddie LEBRUN	SR St. Norbert	58.37c (57.60)	1/24
2	8	Simone WILSON	JR Concordia Chicago	58.66c (57.89)	1/17
3	9	Katie EASTBURN	SR Augustana (Ill.)	58.90	1/24
4	11	Kaitlin BONNEY	JR North Central (Ill.)	59.06	1/24
5	14	Hailey WIMBERLY	SO Millikin	59.27	1/18
6	16	Kayla ARMSTRONG	JR Concordia Chicago	59.28c (58.50)	1/17
7	17	Katie BANIE	SO UW-La Crosse	59.31	1/25
8	21	Daijah BROWN	FR St. Norbert	59.77	1/24
9	24	Kelsey MCLAURIN	JR North Central (Ill.)	59.93	1/24
10	49	Elle HANSEN	JR Washington (Mo.)	1:00.75	1/17

Women's 800 Meters

1	4	Kaitlyn VAN BAALEN	SO Chicago	2:17.16	1/25
2	7	Sophie GRIGAUX	JR Washington (Mo.)	2:18.12	1/25
3	11	Libby GEISNESS	FR UW-Oshkosh	2:18.81	12/7
4	16	Sara MESIANO	SR Washington (Mo.)	2:19.52	1/25
5	25	Joyana TARSA	SO St. Norbert	2:20.45c (2:18.85)	1/19
6	32	Yaneli GUAJARDO	JR Lake Forest	2:21.24	12/7
7	40	Maddie LEBRUN	SR St. Norbert	2:22.08c (2:20.46)	1/19
8	48	Kelley GARDIPEE	SR St. Norbert	2:23.01c (2:21.38)	1/24
9	53	Hannah LOHRENZ	SR UW-Oshkosh	2:23.34	1/18
10	54	Melissa SRNKA	SR UW-Oshkosh	2:23.40	12/7

Women's Mile

1	15	Maggie BOUDREAU	SR Chicago	5:08.16	1/25
2	22	Hannah LOHRENZ	SR UW-Oshkosh	5:11.25	12/7
3	25	Sophie ELGAMAL	JR Chicago	5:11.57	1/11
4	28	Yaneli GUAJARDO	JR Lake Forest	5:11.96	12/7
4	28	Claire BROCKWAY	SR Chicago	5:11.96	1/25
6	31	Kaitlyn VAN BAALEN	SO Chicago	5:12.63	1/11
7	36	Sarika TEMME-BAPAT	SO Chicago	5:13.53	1/11
8	40	Abigail SHOEMAKER	JR Chicago	5:14.38	1/11
9	43	Caitlin JORGENSEN	FR Chicago	5:14.60c (5:11.51)	1/17
10	50	Joyana TARSA	SO St. Norbert	5:16.20c (5:13.10)	1/24

Women's 3000 Meters

1	13	Maggie BOUDREAU	SR Chicago	10:14.64c(10:09.40)	1/17
2	15	Claire BROCKWAY	SR Chicago	10:16.45c(10:11.19)	1/17
3	26	Sophie ELGAMAL	JR Chicago	10:22.18c(10:16.87)	1/17
4	27	Ashton KEENE	SR UW-Oshkosh	10:22.44	12/7
5	30	Abigail SHOEMAKER	JR Chicago	10:23.51c(10:18.19)	1/17
6	49	Maddie HANNAN	FR UW-La Crosse	10:32.44	1/25
7	53	Libby BRUGGER	SR UW-La Crosse	10:33.11	1/25
8	54	Emma MALOOLY	JR UW-La Crosse	10:33.34	1/25
9	55	Sarika TEMME-BAPAT	SO Chicago	10:34.18c(10:28.77)	1/17
10	61	Kimberly CARVIOU	FR UW-La Crosse	10:35.61	1/25

Women's 5000 Meters

1	11	Maggie BOUDREAU	SR Chicago	17:44.19c(17:36.05)	12/6
2	18	Claire BROCKWAY	SR Chicago	17:52.96c(17:44.76)	12/6
3	90	Maddy BLAEDOW	SR Carroll (Wis.)	19:08.28	1/18
4	97	Katie JOHNSTON	FR Augustana (Ill.)	19:14.75	1/24
5	101	Elita SPADLOWSKI	JR Elmhurst	19:15.36	1/17
6	149	Emily KRAUS	SR Carroll (Wis.)	19:50.07	1/18
7	224	Kendall MARKS	SO MSOE	20:42.93	1/17
8	233	Alexa PERROW	FR Augustana (Ill.)	20:46.85	1/24
9	257	Jennifer CLAUDIO	JR Elmhurst	21:04.29	1/24
10	285	Hannah KLOEHN	SO Carroll (Wis.)	21:30.38	1/24

Women's 60 Meter Hurdles

1	1	Caira WATSON-HAYNES	JR Washington (Mo.)	8.80	1/25
2	5	Clair SHEPARDSON	JR UW-La Crosse	9.01	1/25
3	7	Elise RUUD	SR North Park	9.05	1/25
4	13	Hannah ZENKOVICH	SO UW-La Crosse	9.09	1/25
4	13	Sylviann MOMONT	SR UW-Stevens Point	9.09	1/25
6	15	Isabelle KICK	SR UW-La Crosse	9.11	1/25
7	16	Erin ZAJC	SR UW-La Crosse	9.13	1/25
8	22	Callista DECRAMER	SR Ripon	9.17	1/25
9	24	Eva LAUN-SMITH	JR Beloit	9.18 (8.53/55)	1/18
10	25	Shyneis CAMPO	FR Aurora	9.19	12/7



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Midwest

Women's 4x400 Relay

1	5	Fitzpatrick, Hassan, Layne, Martin	Chicago	4:00.54	1/25
2	7	Novick, Forman, Hansen, Grigaux	Washington (Mo.)	4:02.45	12/7
3	10	Schroeder, Zenkovich, Kunze, Banie	UW-La Crosse	4:03.83	1/25
4	17	Small, Armstrong, Nichols, Wilson	Concordia Chicago	4:05.62	1/24
5	24	Brown, McClone, LeBrun, Barta	St. Norbert	4:07.24c (4:03.99)	1/24
6	29	Wajner, Eastburn, Peterson, Glatz	Augustana (Ill.)	4:08.55	1/18
7	30	Parker, Grady, Buado, Ghiorsi	North Central (Ill.)	4:09.08	12/6
8	32	Dixon, Powers, Wimberly, Niebrugge	Millikin	4:09.37	1/24
9	37	Landry, David, Hussaini, Mondrella	Elmhurst	4:11.51	1/24
10	38	Gessay, Cure, Bergholz, Williams	Aurora	4:11.58	1/24

Women's Distance Medley Relay

1	5	Cook, Vaccaro, Rodriguez, Yakesh	North Central (Ill.)	12:48.72	1/17
2	6	Tarsa, LeBrun, McClone, Gardipee	St. Norbert	12:56.47c(12:48.25)	1/19
3	15	Parra, Lotz, Bennis, Humecke	Augustana (Ill.)	13:21.44	1/18
4	19	Baltierra-Chave, Fisher, Hofmann, Young	Monmouth (Ill.)	13:24.86	1/18
5	20	Szostak, Chapman, Paglia, Morland	Lake Forest	13:25.24	1/17
6	30	Diaz, Miller, Mondrella, Burke	Elmhurst	13:37.73	1/17
7	36	Braun, Fewell, Daley, Cavanaugh	UW-Whitewater	13:48.71	1/25
8	47	Balog, Carlson, Campbell, Marks	MSOE	14:11.87	1/25
9	65	Schulz, Effiong, Krevitz, Urig	Illinois Tech	16:58.97	1/24

Women's High Jump

1	6	Taiyah GALLISATH	SR North Central (Ill.)	1.68m	5-6	1/24
2	11	Kat KREBASCH	SO Augustana (Ill.)	1.65m	5-5	12/6
3	18	Sarah GOMEZ	SO Carroll (Wis.)	1.64m	5-4½	12/7
4	20	Jade GRIFFIN	FR UW-La Crosse	1.63m	5-4¼	1/25
5	26	Miranda REYNOLDS	FR UW-Whitewater	1.61m	5-3¼	1/25
6	32	Lauren ROTTIER	SO St. Norbert	1.60m	5-3	12/6
6	32	Shelby BERGHOLZ	FR Aurora	1.60m	5-3	12/7
6	32	Laura DARCEY	SR Chicago	1.60m	5-3	1/11
9	50	Laura BUCCHIERI	FR Washington (Mo.)	1.58m	5-2¼	1/25
9	50	Lizzy SUBBERT	SO UW-La Crosse	1.58m	5-2¼	1/25

Women's Pole Vault

1	2	Julia DANNENBAUM	JR Washington (Mo.)	3.82m	12-6¼	12/7
2	12	Isabel GARON	SR Chicago	3.57m	11-8½	1/17
2	12	Abigail NELSON	FR UW-Stevens Point	3.57m	11-8½	1/25
4	15	Heather BEECHER	SR UW-Stout	3.55m	11-7¾	1/25
4	15	Kathy MYRDA	SO North Central (Ill.)	3.55m	11-7¾	1/24
6	25	Allison WEIKER	SO UW-Eau Claire	3.47m	11-4½	1/25
7	26	Sydney DAVIDSON	JR UW-Whitewater	3.43m	11-3	1/25
7	26	Madison MCDONALD	SR UW-Whitewater	3.43m	11-3	1/25
9	31	Eve MEINTZ	SO Benedictine (Ill.)	3.42m	11-2½	1/24
9	31	Madilyn SMITH	FR Augustana (Ill.)	3.42m	11-2½	1/24

Women's Long Jump

1	1	Isabel MALETICH	SO Chicago	5.73m	18-9¾	1/25
2	6	Mary MARTIN	SR Chicago	5.58m	18-3¾	1/25
3	11	Shelby NICKELS	JR UW-Whitewater	5.49m	18-¼	1/25
4	13	Adrienne LEWIS	JR UW-Stevens Point	5.48m	17-11¾	1/25
4	13	Cora WILKINSON	JR Illinois Wesleyan	5.48m	17-11¾	12/7
4	13	Laura DARCEY	SR Chicago	5.48m	17-11¾	1/25
7	18	Eka JOSE	JR Washington (Mo.)	5.45m	17-10¾	1/17
8	24	Zahra SAMMOUR	FR Concordia Chicago	5.40m	17-8¾	1/11
9	28	Tyrani WHITE	JR Carthage	5.36m	17-7	1/24
10	32	Cindy LADNER	JR Monmouth (Ill.)	5.34m	17-6¼	1/18

Women's Triple Jump

1	1	Kelsey MCLAURIN	JR North Central (Ill.)	11.84m	38-10¼	1/17
2	2	Eka JOSE	JR Washington (Mo.)	11.74m	38-6¼	1/17
3	3	Zi'Onay WALKER	SO Washington (Mo.)	11.68m	38-4	12/7
4	6	Kasy WALKER-DANIELS	SO UW-Stevens Point	11.45m	37-6¾	1/25
5	9	Eva LAUN-SMITH	JR Beloit	11.38m	37-4	1/25
6	14	Callista DECRAMER	SR Ripon	11.29m	37-½	1/18
7	16	Aryn LYKE	SO Washington (Mo.)	11.24m	36-10½	12/7
8	20	Cara VOLZ	JR UW-Oshkosh	11.16m	36-7½	1/25
9	24	Isabel MALETICH	SO Chicago	11.12m	36-5¾	1/25
10	31	Zahra SAMMOUR	FR Concordia Chicago	11.06m	36-3½	12/6

Women's Shot Put

1	1	Skye DIGMAN	SO UW-La Crosse	14.15m	46-5¼	1/25
2	2	Elizabeth WILLIS	SR Carthage	14.09m	46-2¾	1/24
3	5	Larkin HOEPNER	SR UW-Stevens Point	13.77m	45-2¼	1/25
4	9	Sarah SCHMIDT	SR Carthage	13.59m	44-7	1/24
5	16	Ayana BLAIR	JR Illinois Wesleyan	13.38m	43-10¾	12/7
6	17	Sydney THOMPSON	JR UW-Oshkosh	13.33m	43-8¾	12/7
7	19	Katie GONTERMAN	JR Aurora	13.19m	43-3¼	1/17
8	22	Morgan FLOREK	JR UW-Oshkosh	13.11m	43-¼	1/18
9	23	Brianna SCHYVINCK	SR UW-La Crosse	13.07m	42-10¾	1/25
10	25	Brianna HALL	SR UW-Platteville	12.92m	42-4¾	1/25



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Midwest

Women's Weight Throw

1	2	Elizabeth WILLIS	SR	Carthage	18.36m	60-3	1/24
2	3	Jocelyn OCON	SR	Aurora	18.16m	59-7	1/24
3	5	Brianna SCHYWINCK	SR	UW-La Crosse	17.79m	58-4½	1/25
4	7	Emily UITENBROEK	SR	Carroll (Wis.)	17.18m	56-4½	1/24
5	9	Sarah SCHMIDT	SR	Carthage	16.99m	55-9	12/7
6	11	Skye DIGMAN	SO	UW-La Crosse	16.84m	55-3	1/25
7	23	Alexandra DRAVES	SO	North Central (Ill.)	16.16m	53-¼	1/24
8	26	Morgan FLOREK	JR	UW-Oshkosh	16.06m	52-8¼	12/7
9	28	Catie FOBBE	SO	UW-Eau Claire	15.96m	52-4½	1/25
10	29	Megan CURRAN	JR	Concordia Wisconsin	15.95m	52-4	1/25

Women's Pentathlon

1	2	Callista DECRAMER	SR	Ripon	3,385		12/6
2	10	Lauren ROTTIER	SO	St. Norbert	2,891		12/6
3	15	Janna HOLLINGSWORTH	SO	Carthage	2,601		1/24
4	22	Hayley WINZENRIED	SR	St. Norbert	2,541		12/6
5	26	Sydney SPAETH	FR	St. Norbert	2,429		12/6
6	32	Josie EBERLE	JR	Carroll (Wis.)	2,314		1/24
7	45	Brittany BROWN	JR	Ripon	2,068		12/6
8	50	Kaitlin SQUIER	SR	Carroll (Wis.)	1,958		1/24
9	59	Maya PETERSEN	SR	Ripon	1,439		12/6



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New England

Women's 60 Meters

1	14	Briana GAUSLAND	SR	Wheaton (Mass.)	7.84	1/25
2	17	Margaret WALKER	SO	Wheaton (Mass.)	7.88	1/17
3	25	Sabria MERRIFIELD	FR	Colby	7.90	12/7
4	28	Brittney MCKINLEY	JR	Bowdoin	7.91	1/18
5	36	Mylayla HOGGARD	SO	Southern Maine	7.95 (7.38(55))	1/25
5	36	Ally ISLEY	SR	Williams	7.95	1/25
7	46	Morgen GALLAGHER	SR	Bowdoin	7.98	1/11
8	56	Kiara TAN	SO	Williams	8.00	12/7
8	56	Katerine MARLOW-BENEDICK	SR	Trinity (Conn.)	8.00	12/7
10	71	Janelle KNIGHT	SO	WPI	8.02	1/25
10	71	Jessica MARTIN	FR	Tufts	8.02	1/18

Women's 200 Meters

1	17	Brittney MCKINLEY	JR	Bowdoin	26.14	1/11
2	25	Briana GAUSLAND	SR	Wheaton (Mass.)	26.30	1/25
3	32	Grace DEVANNY	FR	Wesleyan (Conn.)	26.36	1/25
4	34	Avonia HERBERT	FR	Worcester State	26.37c (25.96)	1/24
5	38	Megan POWELL	SR	Williams	26.40	1/25
6	40	Devin HILTUNEN	SO	Brandeis	26.41c (26.00)	1/24
7	45	Margaret WALKER	SO	Wheaton (Mass.)	26.44	1/25
8	52	Janelle KNIGHT	SO	WPI	26.56	1/25
9	53	Morgen GALLAGHER	SR	Bowdoin	26.57	1/18
9	53	Elena PELLEGRINI	FR	Worcester State	26.57c (26.16)	1/24

Women's 400 Meters

1	1	Megan POWELL	SR	Williams	57.18c (56.43)	12/7
2	19	Trinity HAYES	SO	Rhode Island College	59.54c (58.75)	1/24
3	25	Emma BEANE	JR	Bowdoin	59.97	1/18
4	31	Juanita JARAMILLO	SO	Amherst	1:00.20	1/11
5	34	Devin HILTUNEN	SO	Brandeis	1:00.31c (59.51)	1/24
6	36	Adora LAWRENCE	SR	Coast Guard	1:00.36	1/18
7	42	Claudia IANNELLI	FR	Williams	1:00.52c (59.72)	12/7
8	46	Julia GAKE	SR	Tufts	1:00.70	1/18
9	47	Anna MADDEN	SO	Amherst	1:00.72	1/24
10	55	Claire MELVIN	SO	MIT	1:00.94	12/14

Women's 800 Meters

1	1	Sydney PACKARD	SR	WPI	2:14.19	1/25
2	2	Margaret TRAUTNER	SR	MIT	2:15.29c (2:13.75)	1/24
3	6	Elise LAMBERT	SO	Bates	2:17.71c (2:16.14)	1/24
4	15	Marissa MCPHILLIPS	SR	MIT	2:19.32	1/11
5	18	Taylor WALSH	JR	UMass Dartmouth	2:19.65	1/25
6	20	Hannah NEILON	SO	Tufts	2:19.71	1/18
7	22	Skylar BROOKS	SR	MIT	2:19.95c (2:18.35)	1/24
8	24	Maeve ROACH	JR	Coast Guard	2:20.13	1/25
9	27	Grace HADLEY	FR	WPI	2:20.47	1/25
10	29	Rhemi TOTH	SR	Tufts	2:20.79	1/18

Women's Mile

1	2	Emily MANFRA	JR	Suffolk	4:57.46c (4:54.54)	1/24
2	6	Sarah GAYER	JR	Amherst	5:05.89	1/24
3	11	Sophia WOLMER	FR	Amherst	5:07.46	1/24
4	13	Marissa MCPHILLIPS	SR	MIT	5:07.97	1/18
5	16	Brianna BOURNE	JR	Williams	5:09.34	1/11
6	17	Margaret TRAUTNER	SR	MIT	5:09.74	1/18
7	25	Maddy BOUTET	FR	Williams	5:11.57	1/11
8	27	Cassidy KEARNEY	SO	Middlebury	5:11.88	1/24
9	34	Katie WILLIAMS	JR	MIT	5:13.17	1/18
10	35	Katie COLLINS	SO	MIT	5:13.46	1/11

Women's 3000 Meters

1	5	Katie COLLINS	SO	MIT	10:06.12	1/18
2	6	Niamh KENNEY	JR	Brandeis	10:08.17c(10:02.98)	1/24
3	7	Emily MANFRA	JR	Suffolk	10:08.39c(10:03.20)	1/10
4	11	Maddy BOUTET	FR	Williams	10:13.94	1/25
5	17	Grace PHAIR	FR	Westfield State	10:18.47	12/7
6	18	Eva BORTON	FR	Williams	10:19.07	1/11
7	23	Danielle BERTAUX	SR	Brandeis	10:20.63c(10:15.33)	1/24
8	29	Tasha GREENE	JR	Middlebury	10:23.21	1/24
9	31	Grace DAILEY	SO	Williams	10:24.65	1/25
10	32	Sarah TULLY	JR	Williams	10:24.73	1/11

Women's 5000 Meters

1	2	Danielle PAGE	SO	Tufts	16:59.77c(16:51.97)	12/7
2	3	Katie COLLINS	SO	MIT	17:12.99c(17:05.09)	1/24
3	5	Sarah TULLY	JR	Williams	17:20.41c(17:12.46)	12/7
4	7	Eva BORTON	FR	Williams	17:31.64	1/25
5	9	Jenna MELANSON	SR	MIT	17:42.67c(17:34.55)	1/24
6	10	Amy O'SULLIVAN	SO	Westfield State	17:43.35	1/18
7	12	Hannah RIEDERS	JR	Mount Holyoke	17:47.18c(17:39.02)	1/24
8	13	Madeline RIEDERS	JR	Mount Holyoke	17:47.44c(17:39.28)	1/24
9	14	Emily MANFRA	JR	Suffolk	17:49.67c(17:41.49)	12/7
10	16	Samantha FEENSTRA	SR	Trinity (Conn.)	17:51.16c(17:42.97)	1/24

Women's 60 Meter Hurdles

1	2	Ella ROSSA	JR	Amherst	8.88	1/24
2	10	Izabelle ITH	JR	Williams	9.07	12/7
3	12	Amanda KAUFMAN	JR	Bates	9.08	1/24
4	34	Lydia PITTS	SO	Bowdoin	9.27	1/11
4	34	Nina SCHOFIELD	SO	Wheaton (Mass.)	9.27	1/25
6	37	Michelle KWAFU	FR	Coast Guard	9.28	1/25
7	39	Grace DESMOND	FR	Middlebury	9.31	1/18
8	54	Christie WOODSIDE	SO	Colby	9.38	1/25
9	57	Alison MCDONOUGH	FR	Bridgewater State	9.40	12/7
9	57	Serena JONAS	SO	Bowdoin	9.40	1/11



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New England

Women's 4x400 Relay

1	6	Rabb, Kaufman, Willis, Seymour	Bates	4:01.27c (3:58.10)	1/24
2	9	Franck, Roy, Woodside, Rossvall	Colby	4:03.65	1/25
3	13	Powell, Iannelli, Chou, Thomas	Williams	4:04.18c (4:00.97)	12/7
4	14	Beck, Roach, Frazier, Lawrence	Coast Guard	4:04.19	1/25
5	15	McGrath, O'Mara, Hills, Desmond	Middlebury	4:04.28	1/24
6	23	Lobo, Rhodeman, Tillman, Lingen	Amherst	4:06.74	1/24
7	36	Packard, Kaija, Hadley, Warren	WPI	4:10.44	1/25
8	40	Purohit, Rhone, Brooks, Melvin	MIT	4:12.08	1/11
9	41	Lapa, D'Amaddio, Valdez, Hiltunen	Brandeis	4:12.20c (4:08.89)	12/7
10	43	Beane, O'Flaherty, Ralph, Gallagher	Bowdoin	4:12.32	1/18

Women's Distance Medley Relay

1	8	Glew, Willig, Wilson, Johnson	Middlebury	13:08.19	1/24
2	9	Gauthier, De Almeida, Page, Hebert	Keene State	13:10.06c(13:01.69)	1/24
3	10	Mackenzie, Noel, Zitzmann, Traum	Bowdoin	13:10.92	1/25
4	16	Glavin, Miller, Haywood, Madden	Bridgewater State	13:23.10	1/25
5	28	O'Dea, Abdullahi, Hillsamer, Duncan	Smith	13:34.84c(13:26.21)	1/10
6	32	LaChapelle, Murdock, Fairchild, Fontaine	Springfield (Mass.)	13:39.13	1/25
7	40	Boucias, Jones, Melvin, Kelley	Regis (Mass.)	13:56.43	1/25
8	49	Johnson, Dulak, Schmarr, Fontaine	Eastern Connecticut	14:16.67	1/25
9	52	Goodwin, Train, Garvey, Veits	Husson	14:23.32	12/14
10	56	Hopley, Kievman, Piermattei, Sefransky	Colby	14:59.86	12/7

Women's High Jump

1	1	Emma EGAN	SR Williams	1.75m 5-8¾	12/7
2	2	Sharde JOHNSON	SO Colby	1.73m 5-8	12/7
3	4	Jaidyn APPEL	FR Tufts	1.70m 5-7	1/18
4	10	Margaret REDFIELD	JR MIT	1.66m 5-5¼	12/14
5	11	Caroline HITCHCOCK	JR Springfield (Mass.)	1.65m 5-5	12/7
6	22	Summer-Solstice THOMAS	SR Williams	1.62m 5-3¾	1/11
6	22	Chloe DEWHURST	SO Springfield (Mass.)	1.62m 5-3¾	12/7
8	26	Elise LAMBERT	SO Bates	1.61m 5-3¼	1/11
8	26	Liana REILLY	JR MIT	1.61m 5-3¼	1/25
10	32	Abigail PETERSON	FR Bridgewater State	1.60m 5-3	12/7

Women's Pole Vault

1	6	Kelsie HAO	JR Williams	3.76m 12-4	1/11
2	8	Sophia SLOVENSKI	SO Southern Maine	3.72m 12-2½	1/18
3	15	Anais MARENCO	SO MIT	3.55m 11-7¾	1/18
4	33	Lily SIMMONS	SO Bates	3.40m 11-1¾	1/25
4	33	Jacqueline AHRENS	JR MIT	3.40m 11-1¾	1/25
4	33	Lila WINE	JR MIT	3.40m 11-1¾	1/25
7	66	Emily RACANA	FR Springfield (Mass.)	3.25m 10-8	1/25
7	66	Marina FLANDRICK	SO Trinity (Conn.)	3.25m 10-8	1/25
7	66	Lia ROTTI	FR Tufts	3.25m 10-8	1/25
10	76	Leah GRANGER	SO Middlebury	3.20m 10-6	1/18

Women's Long Jump

1	1	Mylayla HOGGARD	SO Southern Maine	5.73m 18-9¾	12/14
2	8	Adela KALILWA	SR Southern Maine	5.54m 18-2¼	12/14
3	20	Lia ROTTI	FR Tufts	5.43m 17-9¾	1/25
4	22	Kelsie HAO	JR Williams	5.42m 17-9½	1/11
5	24	Kiara TAN	SO Williams	5.40m 17-8¾	12/7
6	26	Izabelle ITH	JR Williams	5.39m 17-8¼	1/25
7	40	Emma EGAN	SR Williams	5.31m 17-5¼	1/11
8	44	Caroline DOUGLAS	FR Williams	5.30m 17-4¾	12/7
9	58	Grace DESMOND	FR Middlebury	5.22m 17-1½	1/11
10	61	Lydia PITTS	SO Bowdoin	5.21m 17-1¼	1/18

Women's Triple Jump

1	8	Adela KALILWA	SR Southern Maine	11.42m 37-5¾	1/25
2	10	Lia ROTTI	FR Tufts	11.37m 37-3¾	1/18
3	15	Lydia PITTS	SO Bowdoin	11.27m 36-11¾	1/25
4	22	Sierra DIAZ	SR Williams	11.15m 36-7	1/25
5	24	Cailin STOLLAR	JR Williams	11.12m 36-5¾	1/25
6	29	Skye EMBRAY	FR Trinity (Conn.)	11.08m 36-4¼	12/7
7	34	Lucy LEE	JR MIT	11.04m 36-2¾	1/18
8	35	Laena TIENG	FR MIT	11.03m 36-2¼	1/25
8	35	Lily MATSON	SO Colby	11.03m 36-2¼	1/25
10	42	Wasila YUSSIF	JR Smith	10.99m 36-¾	1/10
10	42	Christina SPELIAKOS	SO Colby	10.99m 36-¾	12/7



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New England

Women's Shot Put

1	12	Koko MENSAH	SR	Connecticut College	13.54m	44-5¼	1/11
2	14	Burabari KABARI	SR	Trinity (Conn.)	13.43m	44-¾	1/18
3	21	Lauren GILDERDALE	SR	Westfield State	13.12m	43-½	1/25
4	35	Mikaela LOPRIORE	SR	Springfield (Mass.)	12.61m	41-4½	12/7
5	81	Belinda SAINT LOUIS	JR	Bowdoin	11.93m	39-1¾	1/11
6	106	Wenesha STEWART	FR	Eastern Connecticut	11.75m	38-6¾	1/25
7	111	Odelia KONADU	FR	Worcester State	11.69m	38-4¼	1/10
8	115	Ivie UZAMERE	JR	Wesleyan (Conn.)	11.68m	38-4	12/6
9	119	Carina FRONTIERO	SR	Worcester State	11.64m	38-2¼	12/7
10	120	Funmibi YUSUFF	SR	Rhode Island College	11.63m	38-2	1/24

Women's Weight Throw

1	1	Ivie UZAMERE	JR	Wesleyan (Conn.)	18.90m	62-¼	1/11
2	4	Chelsea YANG	JR	Rhode Island College	18.10m	59-4¾	1/11
3	8	Lauren GILDERDALE	SR	Westfield State	17.04m	55-11	1/25
4	40	Funmibi YUSUFF	SR	Rhode Island College	15.61m	51-2¾	1/24
5	44	Leilani SALANG	JR	Coast Guard	15.52m	50-11	1/18
6	59	Georginna FARLEY	SO	Rhode Island College	15.26m	50-¾	1/18
7	68	Jamelah FOSTER	JR	Bridgewater State	15.04m	49-4¼	1/25
8	72	Mazie ALEXANDER	JR	Williams	14.95m	49-¾	1/11
9	85	Tema NWANA	JR	MIT	14.74m	48-4½	1/11
10	97	Savannah INGLIN	SO	MIT	14.54m	47-8½	1/25

Women's Pentathlon

1	7	Skyler GAUTHIER	JR	Keene State	3,010		1/17
2	8	Ella ROSSA	JR	Amherst	2,995		1/24
3	9	Serena JONAS	SO	Bowdoin	2,918		1/17
4	11	Annelise ROMERO	SO	Amherst	2,823		1/24
5	13	Emma O'HARA	SR	Colby	2,697		1/17
6	14	Jess REGAN	SR	Southern Maine	2,612		1/17
7	18	Olivia RICHMOND	SO	Southern Maine	2,576		1/17
8	21	Willa MOEN	SR	Brandeis	2,545		1/10
9	24	Allie GROSS	FR	Southern Maine	2,513		1/17
10	33	Leah MATARI	SR	Bowdoin	2,270		1/17



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South/Southeast

Women's 60 Meters

1	6	Rebekah BONDI	JR Emory	7.74	1/25
2	22	Sarah HORAN	JR LeTourneau	7.89	1/18
3	25	Ella LAVELLE	FR Emory	7.90	12/6
4	36	Jaylyn LANE	SO Virginia Wesleyan	7.95	1/17
5	46	Claire AURAND	SR Roanoke	7.98	12/6
6	49	Erin ANDREWLEVICH	SR Mary Washington	7.99	12/7
7	99	Kayla TRICE	SR Oglethorpe	8.07	1/19
8	104	Jessica EASTHAM	SR Hardin-Simmons	8.08c (8.06A)	1/17
9	123	Monasia TAYLOR	SO Birmingham-Southe	8.11	1/25
10	127	Tahira BAKARE	FR Eastern Mennonite	8.12	1/12

Women's 200 Meters

1	18	Erin ANDREWLEVICH	SR Mary Washington	26.16	12/7
2	25	Jaylyn LANE	SO Virginia Wesleyan	26.30	12/8
3	80	Nikki DOHERTY	SR Washington and Lee	26.78c (26.37)	1/17
4	104	Alison MOREAU	JR Roanoke	26.93	12/6
5	125	Ella LAVELLE	FR Emory	27.01	1/25
6	129	Kacee HOOKER	SO Bridgewater (Va.)	27.03c (26.61)	1/24
7	145	Rebekah BONDI	JR Emory	27.14c (26.72)	1/19
8	155	Tahira BAKARE	FR Eastern Mennonite	27.18	12/6
9	165	Michelle ROSENBLUM	JR Emory	27.23c (26.81)	1/19
10	175	Julia GRAHAM	SR Piedmont	27.27c (26.85)	1/11

Women's 400 Meters

1	39	Hannah LANSBERRY	SO Emory	1:00.40c (59.60)	12/6
2	45	Erin ANDREWLEVICH	SR Mary Washington	1:00.59	1/24
3	75	Taylor KOTFAS	FR Trinity (Texas)	1:01.23c (1:00.42)	1/25
4	87	Abby BAISLEY	FR Emory	1:01.40c (1:00.59)	1/19
5	98	Jessica EASTHAM	SR Hardin-Simmons	1:01.59c (1:00.67A)	1/17
6	124	Chelsea BLAGMON	FR Mary Baldwin	1:02.16	1/24
7	130	Kya WIGGINS	FR Berry	1:02.27c (1:01.45)	12/6
8	135	Kamryn BENDOLPH	SO Birmingham-Southe	1:02.32c (1:01.50)	1/19
9	173	Kacee HOOKER	SO Bridgewater (Va.)	1:02.90c (1:02.07)	1/24
10	177	Kamyrrn DECARMO	JR Lynchburg	1:02.94	12/6

Women's 800 Meters

1	17	Ashley RYNARD	SR Texas Lutheran	2:19.63c (2:18.04)	1/25
2	81	Anne CUNNINGHAM	JR Washington and Lee	2:25.53c (2:23.87)	1/17
3	82	Monica LANNEN	SR Christopher Newport	2:25.58	12/8
4	96	Calista ARIEL	SR Bridgewater (Va.)	2:26.50	1/12
5	140	Grace FORMICHELLA	FR Emory	2:28.38c (2:26.69)	12/6
6	149	Avery SCHIFFMAN	SO Washington and Lee	2:28.74	1/24
7	190	Mae SAVOIE	FR Christopher Newport	2:30.02	12/8
8	220	Hailey DRAPER	FR Roanoke	2:31.17	12/6
9	240	Shannon WOODS	SR Christopher Newport	2:31.66	1/24
10	251	Emily MILLER	SR Shenandoah	2:31.97c (2:30.24)	1/24

Women's Mile

1	52	Calista ARIEL	SR Bridgewater (Va.)	5:16.83	1/12
2	65	Sara STEPHENSON	SO Washington and Lee	5:18.02	1/24
3	75	Ashley RYNARD	SR Texas Lutheran	5:18.72c (5:15.59)	1/25
4	78	Avery SCHIFFMAN	SO Washington and Lee	5:19.28	1/24
5	92	Monica LANNEN	SR Christopher Newport	5:20.59	1/24
6	95	English JACKSON	JR Bridgewater (Va.)	5:21.17	1/12
7	113	Emily MILLER	SR Shenandoah	5:22.67c (5:19.50)	1/24
8	139	Anne CUNNINGHAM	JR Washington and Lee	5:25.19	1/24
9	156	Kaitlyn ARDREY	SO Christopher Newport	5:26.79	1/24
10	157	Katie BEARUP	SR Washington and Lee	5:26.81	1/24

Women's 3000 Meters

1	20	Calista ARIEL	SR Bridgewater (Va.)	10:20.07c(10:14.78)	1/24
2	40	Sara STEPHENSON	SO Washington and Lee	10:27.87c(10:22.51)	1/17
3	47	English JACKSON	JR Bridgewater (Va.)	10:32.14c(10:26.75)	1/24
4	51	Brianna RATLIFF	SR Trinity (Texas)	10:32.93c(10:27.53)	1/25
5	52	Jordan JURAN	JR Trinity (Texas)	10:32.95c(10:27.55)	1/25
6	78	Emily MILLER	SR Shenandoah	10:40.38	12/6
7	98	Abby BLACKWOOD	JR Trinity (Texas)	10:44.58c(10:39.08)	1/25
8	106	Rebecca DORAN	SO Shenandoah	10:45.98c(10:40.47)	1/24
9	113	Makayla LAWLER	JR Methodist	10:47.33c(10:41.81)	1/24
10	175	Alyssa FOWLER	JR Berry	10:54.93c(10:49.34)	12/6

Women's 5000 Meters

1	26	English JACKSON	JR Bridgewater (Va.)	18:08.16	12/6
2	29	Katie HARRIS	JR Washington and Lee	18:11.40	12/6
3	42	Julia MOODY	SR Washington and Lee	18:28.20	12/6
4	53	Katie BEARUP	SR Washington and Lee	18:36.59	12/6
5	100	Emily MILLER	SR Shenandoah	19:15.07c(19:06.24)	1/17
6	116	Olivia ALBRIGHT	SO Washington and Lee	19:27.14c(19:18.22)	1/17
7	177	Jacqueline CLARDY- JOSEPHS	FR Randolph	20:07.56	1/24
8	178	Courtney DRUMM	FR Methodist	20:07.63c(19:58.40)	1/24
9	189	Emily WINDER	FR Guilford	20:14.76	1/24
10	196	Valeria ANGEL	SO Piedmont	20:18.49c(20:09.18)	1/19

Women's 60 Meter Hurdles

1	17	Julia GRAHAM	SR Piedmont	9.14	1/11
2	27	Alyssa ROACH	FR Christopher Newport	9.21	1/24
3	47	Nikki DOHERTY	SR Washington and Lee	9.35	1/24
3	47	Maya LACY	JR Lynchburg	9.35	1/24
5	74	Androniki DEFTERAIUO	SR Trinity (Texas)	9.45	1/17
6	104	Claire EVANS	FR Emory	9.55	12/6
7	110	Haileigh BYRD	SO Mary Washington	9.57	12/7
7	110	Zoe SCALES	SO Lynchburg	9.57	1/17
9	118	Jordyn WHITE	FR Trinity (Texas)	9.59	1/25
10	160	Avery PUIG	FR Trinity (Texas)	9.74	1/25



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South/Southeast

Women's 4x400 Relay

1	27	St Cyr, Udobong, Withers, Capel	Rhodes	4:08.05c (4:04.79)	1/26
2	45	Baisley, Evans, Lansberry, Rosenblum	Emory	4:12.43	1/25
3	46	Garza, Kotfas, Puig, Defteraiou	Trinity (Texas)	4:12.50c (4:09.18)	1/25
4	58	Ryan, Moreau, Gheen, Koepfinger	Roanoke	4:16.82	1/24
5	76	Longood, Spanfeller, Rocha, Jones	Washington and Lee	4:20.76c (4:17.33)	1/17
6	95	Tidwell, McWilliams, Parker, Drury	McMurry	4:23.80	1/18
7	96	Warner, Farmer, Callaway, Eastham	Hardin-Simmons	4:23.88c (4:19.98A)	1/17
8	98	Barnes, Cammarata, Kozlowski, Ramsden	Lynchburg	4:24.20	1/24
9	99	Troy, Walcutt, Carlini, Strokis	Catholic (D.C.)	4:24.27	1/24
10	108	Hooker, Fitzpatrick, Oliver, Ariel	Bridgewater (Va.)	4:25.30c (4:21.81)	1/24

Women's Distance Medley Relay

1	14	Withers, Udobong, St Cyr, Stauber	Rhodes	13:21.01c(13:12.53)	1/26
2	18	Bearup, Teagle, Nelson, Hollen	Washington and Lee	13:24.39c(13:15.87)	1/17
3	21	Juran, Tangney, Perez, Kutsner	Trinity (Texas)	13:26.59c(13:18.05)	1/25
4	23	Brown, Dunlap, Draper, Maras	Roanoke	13:28.05	1/24
5	26	Marino, Rasmussen, Carlini, Wilderotter	Catholic (D.C.)	13:32.27	1/18
6	42	Bradach, Graham, Bolton, Angel	Piedmont	14:00.57c(13:51.67)	1/19
7	58	Richards, McGinnis, Wurgesa, Westerman	Randolph	15:18.17	12/6

Women's High Jump

1	9	Felicia CLEMENTS	JR	Bridgewater (Va.)	1.67m	5-5¾	1/12
2	32	Sara Kate CAPEL	SR	Rhodes	1.60m	5-3	1/26
3	82	Rachel SULLIVAN	FR	Rhodes	1.55m	5-1	1/26
3	82	Makenna BENTLEY	SR	Trinity (Texas)	1.55m	5-1	1/25
3	82	Alison MOREAU	JR	Roanoke	1.55m	5-1	12/6
6	103	Lauryn HELSTROM	JR	Christopher Newport	1.54m	5-½	12/8
7	117	Kristina PARKER	FR	McMurry	1.52m	4-11¾	1/18
7	117	Alyssa ROACH	FR	Christopher Newport	1.52m	4-11¾	1/24
9	150	Kamman BROWN	SO	Berry	1.50m	4-11	1/19
9	150	Meghan CHAFFINS	JR	Randolph	1.50m	4-11	12/6
9	150	Erin FITZPATRICK	JR	Bridgewater (Va.)	1.50m	4-11	1/12
9	150	Elizabeth	FR	Washington and Lee	1.50m	4-11	12/6
9	150	Jilane PEDERSEN	FR	Southern Virginia	1.50m	4-11	12/6
9	150	Josie ALLAMBY	FR	Mary Washington	1.50m	4-11	12/7
9	150	Androniki DEFTERAIOU	SR	Trinity (Texas)	1.50m	4-11	1/25
9	150	Taja HUNLEY	SO	Randolph	1.50m	4-11	12/6
9	150	Alexa CASTELLANA	SR	Washington and Lee	1.50m	4-11	1/12

Women's Pole Vault

1	19	Isabel SARIDAKIS	SR	Emory	3.50m	11-5¾	1/19
2	41	Grace COLE	SO	Rhodes	3.35m	10-11¾	1/26
2	41	Lauren ANDERSON	FR	Lynchburg	3.35m	10-11¾	12/6
2	41	Lindsey BAXTER	SR	Roanoke	3.35m	10-11¾	12/6
2	41	Bailey CASTO	SO	Lynchburg	3.35m	10-11¾	1/24
2	41	Chloe VAN DUYNE	FR	Roanoke	3.35m	10-11¾	12/6
7	74	Peyton BLANDING	SO	Christopher Newport	3.22m	10-6¾	12/8
8	97	Ticia KING	FR	Emory	3.15m	10-4	1/25
8	97	Murfee JONES	SO	Washington and Lee	3.15m	10-4	1/17
10	104	Bailey DUEITT	FR	Trinity (Texas)	3.12m	10-2¾	1/17

Women's Long Jump

1	9	Jordyn WHITE	FR	Trinity (Texas)	5.52m	18-1½	1/25
2	28	Rebekah BONDI	JR	Emory	5.36m	17-7	1/25
3	48	Maddie CHANDLER	SO	Rhodes	5.28m	17-4	1/26
4	54	Jaylyn LANE	SO	Virginia Wesleyan	5.24m	17-2¼	1/17
5	93	Aubrey TROOP-MCKITTRICK	SO	Rhodes	5.12m	16-9¾	1/26
6	112	Selina NOE	FR	Trinity (Texas)	5.08m	16-8	1/25
7	133	Keaira REESE	SR	Lynchburg	5.04m	16-6½	12/6
8	139	Donzailya BERG	SO	Lynchburg	5.02m	16-5¾	1/17
9	149	Quinland MUSGROVE	SO	Mary Baldwin	4.99m	16-4½	1/24
10	153	Androniki DEFTERAIOU	SR	Trinity (Texas)	4.98m	16-4¼	1/25



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South/Southeast

Women's Triple Jump

1	32	Jordyn WHITE	FR	Trinity (Texas)	11.05m	36-3	1/25
2	61	Amy HUNTER	SR	Emory	10.82m	35-6	1/19
3	65	Andy GARZA	SR	Trinity (Texas)	10.81m	35-5¾	1/17
4	68	Selina NOE	FR	Trinity (Texas)	10.78m	35-4½	1/17
5	81	Keaira REESE	SR	Lynchburg	10.73m	35-2½	12/6
6	98	Maya LACY	JR	Lynchburg	10.62m	34-10¼	1/17
7	111	Maddie CHANDLER	SO	Rhodes	10.53m	34-6¾	1/26
8	119	Alexa CASTELLANA	SR	Washington and Lee	10.48m	34-4¾	1/24
9	129	Zoe SCALES	SO	Lynchburg	10.41m	34-2	1/17
10	138	Parker LONGOOD	FR	Washington and Lee	10.34m	33-11¼	1/24

Women's Shot Put

1	13	Laura SHECKTER	JR	Emory	13.51m	44-4	1/19
2	20	Samantha WOODS	SR	Lynchburg	13.13m	43-1	1/17
3	44	Greta WILKER	SR	Emory	12.47m	40-11	12/6
4	79	Dejah CARR	JR	Texas Lutheran	11.95m	39-2½	1/25
5	158	Mazie CLARK	SO	Christopher Newport	11.26m	36-11½	12/8
6	178	Cor'shauna CUNNINGHAM	SO	Eastern Mennonite	11.14m	36-6¾	1/12
6	178	Darcy CREED	FR	Washington and Lee	11.14m	36-6¾	1/24
8	195	Cameron TERRELL	FR	Bridgewater (Va.)	11.05m	36-3	1/12
9	200	Danielle WERNER	SR	Bridgewater (Va.)	11.04m	36-2¾	1/17
10	203	Denae RIVERA	SO	Berry	11.03m	36-2¼	1/19

Women's Weight Throw

1	70	Mesi HAVEA	JR	Southern Virginia	15.01m	49-3	1/17
2	87	Dejah CARR	JR	Texas Lutheran	14.72m	48-3½	1/25
3	135	Kanani LASIKE	JR	Southern Virginia	14.02m	46-0	1/24
4	138	Jayna JEAN-JULES	SR	Roanoke	13.98m	45-10½	1/24
5	139	Laura SHECKTER	JR	Emory	13.97m	45-10	1/25
6	146	Sydne MOSELEY	SR	Bridgewater (Va.)	13.91m	45-7¾	1/12
7	159	Allie TORRES	SO	Piedmont	13.75m	45-1½	1/11
8	178	Denae RIVERA	SO	Berry	13.57m	44-6¼	1/19
9	191	Elle BENEFIELD	JR	Lynchburg	13.47m	44-2½	12/6
10	219	Jazmin NORRIS	SR	Birmingham-Southe	13.15m	43-1¾	1/25

Women's Pentathlon

1	16	Zoe STAUFFER	JR	Christopher Newport	2,595		1/24
2	19	Alyssa ROACH	FR	Christopher Newport	2,571		1/24
3	46	Delia MACK	SR	Shenandoah	2,019c	(2038)	1/17
4	54	Tiffany BARTHOLOMEW	SO	Pfeiffer	1,747		1/24
5	55	Clare KINNEY	FR	Roanoke	1,664		12/6
6	56	Clarece KRAUSE	SR	Methodist	1,574		12/6



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West

Women's 60 Meters

1	4	Kennedy TAUBE	JR George Fox	7.73	1/25
2	25	Kameha MEDALLADA	SR Whitworth	7.90	1/23
3	32	Mandi CALAVAN	SO George Fox	7.93	1/25
4	44	Sydney RADIGAN	SO George Fox	7.97	1/25
5	110	Amelia HEWSON	FR Whitworth	8.09	1/23
6	245	Megan MILLER	SO George Fox	8.25	1/25
7	260	Carli SHORT	FR George Fox	8.27	1/25
8	422	Marisol DELCID	SO Whitworth	8.42	1/10
9	432	McKenzie FEINGLAS	FR Linfield	8.43	1/10
10	493	Sarah COOL	SR Whitworth	8.48	1/23

Women's 200 Meters

1	50	Kameha MEDALLADA	SR Whitworth	26.53c (26.12)	1/23
2	857	McKenzie FEINGLAS	FR Linfield	29.36c (28.91)	1/10
3	941	Marisol DELCID	SO Whitworth	29.62c (29.16)	1/23
4	974	Emma INGE	FR Linfield	29.74c (29.28)	1/10
5	992	Savannah CORRADINI	FR Puget Sound	29.79c (29.33)	1/23
6	####	Kelby HUNT	JR Puget Sound	30.20c (29.74)	1/23
7	####	Jenna MIHELICH	JR Linfield	30.87c (30.39)	1/10
8	####	Tatiana KLEIN	JR Puget Sound	30.98c (30.50)	1/23
9	####	Alanna VOLK	SO Puget Sound	31.14c (30.66)	1/23

Women's 400 Meters

1	68	Macadia CALAVAN	SR George Fox	1:01.11c (1:00.30)	1/25
2	79	Katie JAMES	JR George Fox	1:01.29c (1:00.48)	1/25
3	90	Bethany GINGERICH	SO George Fox	1:01.42c (1:00.61)	1/25
4	195	Kiana RASUBALA	SR George Fox	1:03.17c (1:02.34)	1/25
5	292	Ryanne NAVARRO	FR Pacific (Ore.)	1:04.49c (1:03.64)	1/25
6	629	Megan STILLS	SR Puget Sound	1:09.68c (1:08.76)	1/23
7	680	Hannah COTTNAIR	SO Puget Sound	1:11.08c (1:10.14)	1/23

Women's 800 Meters

1	74	Kailey DOUTT	FR George Fox	2:24.89c (2:23.24)	1/25
2	228	Kylie BEAN	FR George Fox	2:31.39c (2:29.66)	1/25
3	292	Elizabeth BRADLEY	FR Pacific (Ore.)	2:33.20c (2:31.45)	1/25
4	347	Tatiana KLEIN	JR Puget Sound	2:35.15c (2:33.38)	1/23
5	368	Savannah CORRADINI	FR Puget Sound	2:35.99c (2:34.21)	1/23
6	539	McKenna CLARK	FR Puget Sound	2:43.45c (2:41.59)	1/23
7	673	Jordan GRAFTON	FR Pacific (Ore.)	2:49.97c (2:48.03)	1/25
8	888	Madison PEFFERS	FR Whitworth	3:09.79c (3:07.63)	1/10

Women's Mile

1	341	Hannah BERDAHL	SO Pacific (Ore.)	5:38.96c (5:35.63)	1/25
2	405	Mary NEDER	SO Whitworth	5:42.18c (5:38.82)	1/10
3	429	Brenna SCLAIR	FR George Fox	5:43.50c (5:40.13)	1/25
4	458	Erin PFUNDT	SO Whitworth	5:45.29c (5:41.90)	1/23
5	514	Kara PUTMAN	SO Pacific (Ore.)	5:48.26c (5:44.84)	1/25
6	578	Jessica NEAL	FR George Fox	5:51.20c (5:47.75)	1/25
7	592	Kristin PILGRIM	SO Pacific (Ore.)	5:52.17c (5:48.71)	1/25
8	641	Bethany KALEBAUGH	FR Pacific (Ore.)	5:54.87c (5:51.39)	1/25
9	772	Madelyn HUBBS	FR Pacific (Ore.)	6:03.67c (6:00.10)	1/25
10	779	Hailey CLEAVENGER	JR Whitworth	6:04.57c (6:00.99)	1/10

Women's 3000 Meters

1	212	Becky GEORGE	SO Whitworth	11:00.89c (10:55.25)	1/23
2	228	Nicole BISSEY	JR Linfield	11:05.36c (10:59.68)	1/25
3	258	Tanis LORRING	FR George Fox	11:10.81c (11:05.09)	1/25
4	297	Sam SCHAFFER	JR Puget Sound	11:15.57c (11:09.81)	1/23
5	495	Ashley AMBROSE	SO Linfield	11:42.44c (11:36.45)	1/25
6	572	Kelsey KUHN	SO Linfield	11:54.75c (11:48.65)	1/25
7	577	Amanda BAYS	FR George Fox	11:55.43c (11:49.33)	1/25
8	632	Lydia GRONSETH	FR George Fox	12:03.50c (11:57.33)	1/25
9	703	Olivia NYGREEN	FR George Fox	12:17.26c (12:10.97)	1/25
10	783	Kylie WONG	SR Puget Sound	12:37.23c (12:30.77)	1/23

Women's 60 Meter Hurdles

1	32	Amelia HEWSON	FR Whitworth	9.25	1/23
2	44	Madison PEFFERS	FR Whitworth	9.34	1/23
3	113	Ashley KORB-DOTY	SO George Fox	9.58	1/25
4	155	Brecken VANDENHOEK	FR George Fox	9.73	1/25
5	160	Alissa SWILLEY	SR George Fox	9.74	1/25
6	183	Jenna HOILAND	SR Pacific (Ore.)	9.82	1/25
7	233	Alexis LOWERY	FR Pacific (Ore.)	10.02	1/25
8	441	Emily DUBOIS	FR George Fox	10.75	1/25
9	534	Kalina BUHLER	SO George Fox	11.21	1/25

Women's High Jump

1	22	Madison PEFFERS	FR Whitworth	1.62m	5-3/4	1/23
2	82	Sophia HENKE	FR Pacific (Ore.)	1.55m	5-1	1/25

Women's Pole Vault

1	19	Meg ANGIER	JR Linfield	3.50m	11-5/4	1/25
2	117	Emma BARKER	SO Linfield	3.05m	10-0	1/25
2	117	Leah PFEIFFER	FR George Fox	3.05m	10-0	1/25
4	221	Anna JOHNSON	FR George Fox	2.75m	9-1/4	1/25

Women's Long Jump

1	412	Madison PEFFERS	FR Whitworth	4.61m	15-1 1/2	1/10
2	599	Emma HAMILTON	FR Linfield	4.31m	14-1 3/4	1/25
3	612	Itzel VAZQUEZ	FR Pacific (Ore.)	4.28m	14-1/2	1/25

Women's Shot Put

1	59	Kayla RAMBO	SO Whitworth	12.20m	40-1/2	1/10
2	190	Abbie Jo CARLSON	SO Whitworth	11.08m	36-4/4	1/23
3	324	Kayla RUEBER	FR Linfield	10.43m	34-2 3/4	1/10
4	332	Eva MILLAN	FR Whitworth	10.39m	34-1 1/4	1/23
5	458	Sarah COOL	SR Whitworth	9.83m	32-3	1/23
6	469	Tallie CARLSON	SR Whitworth	9.78m	32-1	1/23
7	573	Kes SANDSTROM	FR Linfield	9.32m	30-7	1/10
8	848	Madison PEFFERS	FR Whitworth	7.72m	25-4	1/10

Women's Weight Throw

1	186	Lala FRKETICH	FR George Fox	13.50m	44-3/2	1/25
2	200	Tahnisha MANIBUSAN	JR George Fox	13.38m	43-10 3/4	1/25
3	270	Meghan MCGRATH	FR Linfield	12.70m	41-8	1/25
4	481	Kes SANDSTROM	FR Linfield	11.04m	36-2 3/4	1/25
5	565	Abbie Jo CARLSON	SO Whitworth	10.16m	33-4	1/23
6	614	Kayla RUEBER	FR Linfield	9.70m	31-10	1/25



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West

Women's Pentathlon

1 25 Madison PEFFERS **FR** *Whitworth* **2,494c** (2512) 1/10