



USTFCCA NJCAA Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2020 Week #3, February 12

as of 2/10/2020 10:48:12 PM

Atlantic

Women's 60 Meters

1	14	Nercely SOTO	FR ASA Miami	7.62	(0.0)	1/25
2	19	Tamia ARNOLD	FR Bryant & Stratton (Va)	7.66		1/4
3	21	Shenequa BATTLE	FR Bryant & Stratton (Va)	7.72		1/4
4	23	Tenae MINOR	FR Bryant & Stratton (Va)	7.73		1/31
5	44	Dianisty BOLDEN	FR ASA Miami	7.87	(0.0)	2/8
6	56	Ashley PEARCE	SO Louisburg (N.C.)	8.01		2/9
7	65	Bethany BLACKWELL	FR Louisburg (N.C.)	8.16		1/24
8	80	Nicole HENRY	FR Roxbury CC	8.44		12/7
9	81	Domonique BRANCH	SO Louisburg (N.C.)	8.45		12/8
10	83	Keniya ORANGE	SO Middlesex County (N.)	8.49		1/17
10	83	Aleah LANGLEY	SO CC of Philadelphia (P.)	8.49		1/25
10	83	Kori ADDISON	FR Spartanburg Methodi	8.49		2/2

Women's 200 Meters

1	17	Nercely SOTO	FR ASA Miami	25.05	(0.0)	1/25
2	22	Shenequa BATTLE	FR Bryant & Stratton (Va)	25.22c	(25.61f)	12/8
3	30	Bahiyah BARNES	FR Bryant & Stratton (Va)	25.61c	(26.00f)	1/24
4	32	Tenae MINOR	FR Bryant & Stratton (Va)	25.62c	(26.01f)	2/7
5	53	Ashley PEARCE	SO Louisburg (N.C.)	26.46c	(26.87f)	2/9
6	58	Janielle HEATH	FR Monroe-New Rochell	26.55		1/24
7	64	Bethany BLACKWELL	FR Louisburg (N.C.)	26.69c	(27.10f)	2/2
8	78	Domonique BRANCH	SO Louisburg (N.C.)	27.75c	(28.18f)	2/2
8	78	samara EDWARD	SO Essex County (N.J.)	27.75		1/19
10	82	Aaliyah GORDON	SO Essex County (N.J.)	27.82		1/3

Women's 400 Meters

1	2	Joanna ARCHER	FR Monroe-New Rochell	55.72		2/7
2	9	Tracy IDUGBOE	FR Bryant & Stratton (Va)	57.45c	(58.21f)	1/31
3	16	Bahiyah BARNES	FR Bryant & Stratton (Va)	58.27c	(59.04f)	2/7
4	19	Kaelyn WOODRUM	FR Bryant & Stratton (Va)	58.63c	(59.40f)	2/7
5	30	Ashley PEARCE	SO Louisburg (N.C.)	59.87c	(1:00.66f)	2/2
6	33	Janielle HEATH	FR Monroe-New Rochell	1:00.12		2/7
7	41	samara EDWARD	SO Essex County (N.J.)	1:00.57		2/1
8	50	Jada BLACKHEART	FR Monroe-New Rochell	1:02.30		2/1
9	54	Aaliyah GORDON	SO Essex County (N.J.)	1:02.78		1/10
10	68	Domonique BRANCH	SO Louisburg (N.C.)	1:04.71c	(1:05.56f)	2/9

Women's 600 Meters

1	1	Joanna ARCHER	FR Monroe-New Rochell	1:33.51	(1:14.21/50)	1/11
2	5	Bahiyah BARNES	FR Bryant & Stratton (Va)	1:38.59	(1:18.24/50)	1/17
3	14	Tracy IDUGBOE	FR Bryant & Stratton (Va)	1:40.62c	(1:41.85f)	2/7
4	15	Jada BLACKHEART	FR Monroe-New Rochell	1:41.25	(1:20.35/50)	1/24
5	17	Kaelyn WOODRUM	FR Bryant & Stratton (Va)	1:41.48c	(1:21.52/50)	1/31
6	48	Adanna THOMAS	SO Louisburg (N.C.)	1:52.81c	(1:54.19f)	12/8

Women's 800 Meters

1	1	Joanna ARCHER	FR Monroe-New Rochell	2:11.85		1/24
2	3	Faten LARIBI	SO Monroe-New Rochell	2:13.65		2/7
3	5	Thobile AMON	FR Monroe-New Rochell	2:15.91		1/24
4	24	Aaliyah GORDON	SO Essex County (N.J.)	2:25.98		1/19
5	27	Selena WILSON	FR Bryant & Stratton (Va)	2:26.62c	(2:28.31f)	1/24
6	32	Bahiyah BARNES	FR Bryant & Stratton (Va)	2:27.77c	(2:29.47f)	1/31
7	36	Precious SWINTON	FR Bryant & Stratton (Va)	2:29.54c	(2:31.26f)	2/7
8	47	Shelby HILT	FR Spartanburg Methodi	2:32.44c	(2:34.19f)	2/2
9	48	Megan THOMPSON	FR Essex County (N.J.)	2:32.56		2/1
10	52	Khelsa CONNOLLY	FR Hagerstown (Md.) CC	2:34.13c	(2:35.90f)	1/31

Women's 1000 Meters

1	2	Faten LARIBI	SO Monroe-New Rochell	2:55.77		1/11
2	4	Thobile AMON	FR Monroe-New Rochell	2:58.25		1/24
3	5	Thulisile AMON	FR Monroe-New Rochell	2:59.00		1/11
4	25	Khelsa CONNOLLY	FR Hagerstown (Md.) CC	3:20.45		2/7
5	30	Selena WILSON	FR Bryant & Stratton (Va)	3:22.11c	(3:24.31f)	1/4
6	34	Precious SWINTON	FR Bryant & Stratton (Va)	3:26.00c	(3:28.25f)	1/4
7	40	Adanna THOMAS	SO Louisburg (N.C.)	3:44.78		1/24
8	43	India PACK	FR Hagerstown (Md.) CC	3:52.53		2/7
9	45	Ashley LAWRENCE	FR CCRI	4:14.87c	(4:17.65f)	2/1

Women's Mile

1	10	Thulisile AMON	FR Monroe-New Rochell	5:12.81		1/17
2	11	Thobile AMON	FR Monroe-New Rochell	5:13.57		1/11
3	14	Sharon CHUMO	SO Monroe-New Rochell	5:19.50		1/24
4	37	Khelsa CONNOLLY	FR Hagerstown (Md.) CC	5:47.83		2/7
5	46	Alana MORGAN	FR Louisburg (N.C.)	5:53.15		1/24
6	55	Megan THOMPSON	FR Essex County (N.J.)	6:06.84		1/19
7	66	India PACK	FR Hagerstown (Md.) CC	6:37.10c	(6:41.03f)	1/31
8	68	Kimberly WHITTAKER	FR Mohawk Valley (N.Y.)	6:50.25c	(6:54.31f)	2/7
9	73	Rachel BEAULIEU	SO Mohawk Valley (N.Y.)	8:03.98c	(8:08.77f)	1/25

Women's 3000 Meters

1	9	Sharon CHUMO	SO Monroe-New Rochell	10:23.45		2/7
2	10	Thobile AMON	FR Monroe-New Rochell	10:30.70		1/17
3	32	Khelsa CONNOLLY	FR Hagerstown (Md.) CC	11:43.53c	(11:49.56f)	1/31
4	45	India PACK	FR Hagerstown (Md.) CC	12:49.00c	(12:55.59f)	1/31

Women's 5000 Meters

1	6	Sharon CHUMO	SO Monroe-New Rochell	18:14.63		1/17
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Women's 60 Meter Hurdles

1	3	Tamia ARNOLD	FR Bryant & Stratton (Va)	8.65		12/8
2	10	Tania DUNBAR	FR Bryant & Stratton (Va)	8.88		1/4
3	18	Phoebe MYERS	FR Monroe-New Rochell	9.12		2/7
4	22	Elizabeth TAYLOR	FR Bryant & Stratton (Va)	9.19		1/4
5	23	India NORMAN	FR Essex County (N.J.)	9.22		1/25
6	30	Nicole HENRY	FR Roxbury CC	9.40		1/11
7	53	Jaeda RIVERA	SO Louisburg (N.C.)	11.02		2/9



Regional TFRI Event Summary

as of 2/10/2020 10:48:13 PM

Atlantic

Women's 4x400 Relay

1	8	https://www.tfrrs.org/teams/98403	Bryant & Stratton (Va)	3:57.68c (4:00.83f)	12/8
2	13	https://www.tfrrs.org/teams/690	Essex County (N.J.)	4:04.81	2/1
3	31	https://www.tfrrs.org/teams/692	Hagerstown (Md.) CC	5:07.44c (5:11.52f)	1/31

Women's 4x800 Relay

1	1	https://www.tfrrs.org/teams/98403	Bryant & Stratton (Va)	10:00.97c (10:07.90f)	1/4
2	3	https://www.tfrrs.org/teams/690	Essex County (N.J.)	10:25.46	1/10

Women's Distance Medley Relay

1	3	https://www.tfrrs.org/teams/59475	Monroe-New Rochell	12:17.03	2/8
2	9	https://www.tfrrs.org/teams/98403	Bryant & Stratton (Va)	13:15.65c (13:24.17f)	12/8
3	13	https://www.tfrrs.org/teams/690	Essex County (N.J.)	13:52.32c (14:01.23f)	1/25

Women's High Jump

1	8	Phoebe MYERS	FR Monroe-New Rochell	1.60m	5-3	1/17
1	8	Cassidy BUNYARD	FR Howard (Md.) CC	1.60m	5-3	1/18
3	26	Elizabeth TAYLOR	FR Bryant & Stratton (Va)	1.50m	4-11	1/17
4	31	Jada VENTERS	FR Bryant & Stratton (Va)	1.46m	4-9½	1/24
5	39	Ja'Celyn BARNETT	FR Bryant & Stratton (Va)	1.35m	4-5	1/4
6	42	Bella ZITO	FR Herkimer County (N.Y)	1.26m	4-1½	2/1

Women's Long Jump

1	11	Elizabeth TAYLOR	FR Bryant & Stratton (Va)	5.57m	18-3¼	1/4
2	14	Tania DUNBAR	FR Bryant & Stratton (Va)	5.51m	18-1	1/31
3	18	Maria Vargas PARRA	SO ASA Miami	5.32m	17-5½	1/11
4	19	Jada VENTERS	FR Bryant & Stratton (Va)	5.29m	17-4¼	1/4
5	30	Nicole HENRY	FR Roxbury CC	4.93m	16-2¼	1/11
6	39	Alicia WILLIAMS	FR Herkimer County (N.Y)	4.61m	15-1½	2/1
7	46	Lexi PHILLIPS	FR Mohawk Valley (N.Y.)	4.31m	14-1¾	2/1
8	50	Ashley PEARCE	SO Louisburg (N.C.)	4.00m	13-1½	2/9
9	51	Bella ZITO	FR Herkimer County (N.Y)	3.93m	12-10¾	2/1

Women's Triple Jump

1	5	Tracy IDUGBOE	FR Bryant & Stratton (Va)	11.09m	36-4¾	12/8
2	9	Diamond LYERLY	FR Bryant & Stratton (Va)	10.81m	35-5¾	1/31
3	11	Tania DUNBAR	FR Bryant & Stratton (Va)	10.65m	34-11¼	1/4
4	21	Lexi PHILLIPS	FR Mohawk Valley (N.Y.)	9.62m	31-6¾	2/7

Women's Shot Put

1	22	Nikki MARCEUS	FR ASA Miami	11.30m	37-1	2/8
2	23	Ashley BOSCO	SO Herkimer County (N.Y)	11.28m	37-¼	2/1
3	45	Taylor RICCITELLI	FR ASA Miami	9.57m	31-4¾	1/25
4	48	Makayla PETERS	FR Mohawk Valley (N.Y.)	9.53m	31-3¼	2/1
5	58	Jada VENTERS	FR Bryant & Stratton (Va)	8.29m	27-2½	1/24
6	59	Deanna VANDERWOOD	FR Mohawk Valley (N.Y.)	8.21m	26-11¼	2/7
7	60	Elizabeth TAYLOR	FR Bryant & Stratton (Va)	8.14m	26-8½	1/17
8	61	Bryonna GARLAND	FR Bryant & Stratton (Va)	8.13m	26-8¼	1/31
9	64	Courtney LUDOVICI	SO CCRI	5.41m	17-9	1/19
10	65	Jessica WESTCOTT	FR Mohawk Valley (N.Y.)	4.57m	15-0	2/1

Women's Weight Throw

1	19	Nikki MARCEUS	FR ASA Miami	13.49m	44-3¼	1/25
2	41	Ashley BOSCO	SO Herkimer County (N.Y)	9.69m	31-9½	2/1
3	48	Makayla PETERS	FR Mohawk Valley (N.Y.)	8.35m	27-4¾	2/1

Women's Pentathlon

1	2	Elizabeth TAYLOR	FR Bryant & Stratton (Va)	3,096		1/17
2	6	Jada VENTERS	FR Bryant & Stratton (Va)	2,749c	(2730)	1/24
3	7	Kaelyn WOODRUM	FR Bryant & Stratton (Va)	2,512c	(2491)	1/24



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Central

Women's 60 Meters

1	2	Kadesha PRESCOTT	SO Pratt (Kan.) CC	7.38	2/1
2	4	Mercy NTIA-OBONG	FR Cloud County (Kan.) C	7.41	2/7
3	5	T'Nia RILEY	SO Barton (Kan.) CC	7.44	1/31
4	8	Linesha THOMPSON	FR Butler (Kan.) CC	7.53	2/1
5	12	Kaleb MCDONALD	FR Butler (Kan.) CC	7.60	1/17
6	13	Yoveinny MOTA	SO Barton (Kan.) CC	7.61	2/7
7	15	Aarika LISTER	SO Coffeyville (Kan.) CC	7.63	2/1
7	15	Sharikae CAMPBELL	SO Barton (Kan.) CC	7.63	2/7
9	17	Destiny CASTILLO	FR Allen (Kan.) CC	7.64	1/17
9	17	Ockeria MYRIE	FR Hinds (Miss.) CC	7.64	1/26

Women's 200 Meters

1	1	Mercy NTIA-OBONG	FR Cloud County (Kan.) C	23.96	2/7
2	3	Christal MOSLEY	SO Barton (Kan.) CC	24.02c (23.95A)	1/24
3	6	Linesha THOMPSON	FR Butler (Kan.) CC	24.41	2/7
4	7	T'Nia RILEY	SO Barton (Kan.) CC	24.47	1/17
5	8	Kadesha PRESCOTT	SO Pratt (Kan.) CC	24.49 OT	2/1
6	9	Kaleb MCDONALD	FR Butler (Kan.) CC	24.60	2/7
7	12	Sharikae CAMPBELL	SO Barton (Kan.) CC	24.95	2/7
8	15	Aarika LISTER	SO Coffeyville (Kan.) CC	25.03 OT	2/1
9	18	Toshel GOFFE	FR Butler (Kan.) CC	25.10	2/7
10	20	Jacqueline POKUAAH	SO Cloud County (Kan.) C	25.20 OT	1/24

Women's 400 Meters

1	1	Christal MOSLEY	SO Barton (Kan.) CC	54.45	2/7
2	3	Linesha THOMPSON	FR Butler (Kan.) CC	56.09	2/7
3	9	Cameron HINTON	SO Barton (Kan.) CC	57.45c (57.34A)	1/24
4	21	Jamaya RAND	SO Hinds (Miss.) CC	58.92	2/2
5	22	Jyria SMITH	SO Butler (Kan.) CC	59.03c (59.81f)	1/17
6	23	Kaleb MCDONALD	FR Butler (Kan.) CC	59.23c (1:00.01f)	1/17
7	25	Aliya HATTON	FR Cloud County (Kan.) C	59.37	2/7
8	26	Giavonni CUNNINGHAM	FR Allen (Kan.) CC	59.47 OT	2/7
9	28	Taryn O'NEAL	FR Pratt (Kan.) CC	59.68 OT	2/7
10	29	Shemia ODAINE	FR Barton (Kan.) CC	59.81	1/31

Women's 600 Meters

1	7	Sasha BROWN	FR Barton (Kan.) CC	1:39.63 (1:28.95/60)	1/24
2	8	Maryse MBENOUN	SO Cloud County (Kan.) C	1:39.70 OT(1:29.01/60)	1/24
3	10	Zinara LESLEY	FR Cowley (Kan.)	1:40.47 OT	2/1
4	16	Samantha AMADOR	FR Barton (Kan.) CC	1:41.33 (1:30.47/60)	1/24
5	18	Pamela MILANO	Cloud County (Kan.) C	1:41.66 OT(1:30.76/60)	1/24
5	18	Pamela MILANO	FR Cloud County (Kan.) C	1:41.66 OT(1:30.76/60)	1/24
7	23	Octavia WRIGHT	SO Highland (Kan.) CC	1:42.79 OT(1:31.77/60)	2/7
8	25	Aailyah MITCHELL	FR Pratt (Kan.) CC	1:43.58 OT(1:32.48/60)	2/7
9	26	Linesha THOMPSON	FR Butler (Kan.) CC	1:43.80c (1:33.81/60)	1/23
10	32	Kentayshija PRUITT	FR Fort Scott (Kan.) CC	1:45.36 OT	2/1

Women's 800 Meters

1	7	Shanique MASTERS	SO Butler (Kan.) CC	2:18.39	2/7
2	9	Zadie ST. LOUIS	FR Butler (Kan.) CC	2:18.81	2/7
3	12	Sasha BROWN	FR Barton (Kan.) CC	2:20.62	2/7
4	16	Maryse MBENOUN	SO Cloud County (Kan.) C	2:22.85c (2:24.49f)	1/31
5	18	Zinara LESLEY	FR Cowley (Kan.)	2:23.12	1/17
6	19	Gabby COLLINS	SO Hutchinson (Kan.) CC	2:24.40 OT	2/1
7	20	Pamela MILANO	FR Cloud County (Kan.) C	2:25.40c (2:27.07f)	1/31
8	22	Jordan CONNER	FR Meridian (Miss.) CC	2:25.87	2/7
9	25	Kya JOHNSON	FR Cloud County (Kan.) C	2:26.32	2/7
10	26	Karina MARAVILLAS	FR Cowley (Kan.)	2:26.40c (2:28.08f)	2/7

Women's 1000 Meters

1	7	Sasha ELIZONDO	SO Cowley (Kan.)	3:03.42c (3:05.42f)	1/31
2	14	Karina MARAVILLAS	FR Cowley (Kan.)	3:09.35	1/17
3	16	Gabby COLLINS	SO Hutchinson (Kan.) CC	3:11.83c (3:13.92f)	2/7
4	18	Christina BRUCE	SO Hutchinson (Kan.) CC	3:14.57c (3:16.69f)	2/7
5	22	Cameren BARTLETT	FR Dodge City (Kan.) CC	3:18.72 OT	1/24
6	28	Leah WAGNER	FR Highland (Kan.) CC	3:21.12c (3:23.31f)	1/23
7	32	Megan MILLER	FR Hutchinson (Kan.) CC	3:23.42c (3:25.64f)	2/7
8	33	Kya JOHNSON	FR Cloud County (Kan.) C	3:23.62	1/17
9	42	Jerika COON	SO Dodge City (Kan.) CC	3:46.52c (3:48.99f)	1/31

Women's Mile

1	7	Sasha ELIZONDO	SO Cowley (Kan.)	5:09.04 OT	2/1
2	17	Evelin SANTACLARA	FR Highland (Kan.) CC	5:29.58 OT	2/1
3	21	Lubna SUIED	FR Cowley (Kan.)	5:31.20c (5:34.47f)	2/7
4	23	Miyah MILLER	FR Meridian (Miss.) CC	5:33.39	2/7
5	25	Abigael KEMBOI	FR Colby (Kan.) CC	5:35.99 OT	1/24
6	26	Sheila TOO	SO Hutchinson (Kan.) CC	5:36.20c (5:39.52f)	1/17
7	27	Karina MARAVILLAS	FR Cowley (Kan.)	5:37.68 OT	1/24
8	30	Gabby COLLINS	SO Hutchinson (Kan.) CC	5:43.81c (5:47.21f)	1/17
9	33	Victorine KIPROP	FR Colby (Kan.) CC	5:44.83 OT	1/24
10	35	Cameren BARTLETT	FR Dodge City (Kan.) CC	5:46.97 OT	1/24

Women's 3000 Meters

1	11	Abigael KEMBOI	FR Colby (Kan.) CC	10:31.89	2/7
2	13	Sasha ELIZONDO	SO Cowley (Kan.)	10:40.21	1/17
3	22	Michelle SANCHEZ	SO Butler (Kan.) CC	11:07.22c(11:12.94f)	1/17
4	23	Sylvia KORIR	FR Butler (Kan.) CC	11:08.14c(11:13.86f)	1/17
5	24	Sheila TOO	SO Hutchinson (Kan.) CC	11:16.73c(11:22.53f)	1/17
6	25	Lubna SUIED	FR Cowley (Kan.)	11:18.13 OT	1/24
7	31	Claire JEPTANUI	FR Colby (Kan.) CC	11:41.47	1/17
8	33	Victorine KIPROP	FR Colby (Kan.) CC	11:45.45	2/7
9	35	Zadie ST. LOUIS	FR Butler (Kan.) CC	11:46.23c(11:52.28f)	1/17
10	36	Cameren BARTLETT	FR Dodge City (Kan.) CC	11:49.19c(11:55.27f)	1/31

Women's 5000 Meters

1	8	Michelle SANCHEZ	SO Butler (Kan.) CC	18:38.52 OT	2/1
2	12	Sheila TOO	SO Hutchinson (Kan.) CC	19:16.78 OT	2/1
3	15	Patricia KOMA	FR Pratt (Kan.) CC	19:46.00 OT	2/1
4	16	Luz LOPEZ	SO Dodge City (Kan.) CC	20:20.06 OT	1/24
5	17	Jamie DELATORRE	FR Pratt (Kan.) CC	20:51.37 OT	2/7
6	19	Celeste ZAMARRON	SO Pratt (Kan.) CC	22:12.81 OT	2/7



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Central

Women's 60 Meter Hurdles

1	2	Yoveinny MOTA	SO Barton (Kan.) CC	8.27	2/7
2	5	Sophia MYERS	SO Hinds (Miss.) CC	8.74	1/26
2	5	Jacqueline POKUAAH	SO Cloud County (Kan.) CC	8.74	1/17
4	7	Sedrickia WYNN	SO Highland (Kan.) CC	8.76	2/1
5	8	Aquila ST. LOUIS	SO Barton (Kan.) CC	8.82	1/31
6	11	Aliya HATTON	FR Cloud County (Kan.) CC	8.93	1/17
7	12	Ryah JACKSON	FR Meridian (Miss.) CC	8.96	1/24
8	14	Arianna HAYDE	SO Barton (Kan.) CC	9.05	1/31
9	16	Ayesha NELSON	FR Highland (Kan.) CC	9.08	2/1
10	20	Mone' OCTAVE	FR Garden City (Kan.) CC	9.17	2/7

Women's 4x400 Relay

1	1	https://www.tfrrs.org/teams/537	Barton (Kan.) CC	3:46.93	1/31
2	4	https://www.tfrrs.org/teams/559	Hinds (Miss.) CC	3:51.40	2/2
3	6	https://www.tfrrs.org/teams/541	Butler (Kan.) CC	3:53.66	2/7
4	10	https://www.tfrrs.org/teams/545	Cloud County (Kan.) CC	3:58.44	2/7
5	11	https://www.tfrrs.org/teams/551	Garden City (Kan.) CC	4:03.25	2/7
6	14	https://www.tfrrs.org/teams/557	Highland (Kan.) CC	4:07.25 OT	2/1
7	16	https://www.tfrrs.org/teams/706	Meridian (Miss.) CC	4:09.80	1/24
8	18	https://www.tfrrs.org/teams/4654	Cowley (Kan.)	4:14.21 OT	1/24
9	19	https://www.tfrrs.org/teams/8048	Fort Scott (Kan.) CC	4:14.25c (4:17.62f)	1/23
10	20	https://www.tfrrs.org/teams/547	Coffeyville (Kan.) CC	4:14.89c (4:18.27f)	1/23

Women's 4x800 Relay

1	2	https://www.tfrrs.org/teams/545	Cloud County (Kan.) CC	10:04.75 OT	1/24
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Women's Distance Medley Relay

1	4	https://www.tfrrs.org/teams/4654	Cowley (Kan.)	12:49.94	1/17
2	6	https://www.tfrrs.org/teams/541	Butler (Kan.) CC	12:58.22 OT	2/1
3	10	https://www.tfrrs.org/teams/557	Highland (Kan.) CC	13:32.68 OT	2/7
4	11	https://www.tfrrs.org/teams/978	Hutchinson (Kan.) CC	13:34.50 OT	2/1

Women's High Jump

1	1	Jessica MONROE	SO Highland (Kan.) CC	1.72m	5-7¾	2/7
2	2	Annia ASHLEY	FR Barton (Kan.) CC	1.70m	5-7	1/31
3	6	Breanna BROWN-MARSHALL	FR Hinds (Miss.) CC	1.65m	5-5	1/26
4	8	Madelynn FLUKER	SO Garden City (Kan.) CC	1.60m	5-3	1/17
4	8	Brittany REECE	FR Coffeyville (Kan.) CC	1.60m	5-3	1/17
6	13	Semaj MCGHEE	SO Cloud County (Kan.) CC	1.57m	5-1¾	1/31
7	17	Alyssa DOTSON	SO Barton (Kan.) CC	1.55m	5-1	1/24
7	17	Takia ZACHARY	SO Dodge City (Kan.) CC	1.55m	5-1	1/24
7	17	Aquila ST. LOUIS	SO Barton (Kan.) CC	1.55m	5-1	1/31
10	21	Maryse MBENOUN	SO Cloud County (Kan.) CC	1.52m	4-11¾	1/31

Women's Pole Vault

1	6	Sophie JEBOSE	SO Cloud County (Kan.) CC	3.16m	10-4¼	1/31
2	7	Paige DORAN	FR Cloud County (Kan.) CC	2.77m	9-1	1/24
3	8	Violet MARTINEZ	FR Hutchinson (Kan.) CC	2.65m	8-8¼	1/17
4	9	Brianna WILLIAMS	FR Cowley (Kan.)	2.52m	8-3¼	1/24
5	10	Aracely VILLEGAS	FR Hutchinson (Kan.) CC	2.50m	8-2½	1/17
6	11	Kiana BROWN	FR Hutchinson (Kan.) CC	2.48m	8-1½	2/7
7	12	Ju JU EATON	FR Cowley (Kan.)	2.46m	8-¾	1/31

Women's Long Jump

1	2	Jacqueline POKUAAH	SO Cloud County (Kan.) CC	6.01m	19-8¾	1/24
2	3	Anigbata Grace CHINONYELUM	SO Cloud County (Kan.) CC	5.94m	19-6	1/17
3	6	Destiny CASTILLO	FR Allen (Kan.) CC	5.75m	18-10½	1/17
4	7	Shemia ODAINE	FR Barton (Kan.) CC	5.70m	18-8½	1/31
5	9	Annia ASHLEY	FR Barton (Kan.) CC	5.58m	18-3¾	1/31
6	11	Arianna HAYDE	SO Barton (Kan.) CC	5.57m	18-3¼	2/7
7	20	Semaj MCGHEE	SO Cloud County (Kan.) CC	5.17m	16-11½	1/17
8	22	Jessica DENTON	FR Northwest Kansas Te	5.14m	16-10½	1/10
9	23	Bertine EUGENE	FR Allen (Kan.) CC	5.07m	16-7¾	2/7
9	23	Mone' OCTAVE	FR Garden City (Kan.) CC	5.07m	16-7¾	1/23

Women's Triple Jump

1	2	Annia ASHLEY	FR Barton (Kan.) CC	12.24m	40-2	1/24
2	4	Reygan BROWN	SO Barton (Kan.) CC	11.23m	36-10¼	1/31
3	6	Arlet NAVARRO	FR Highland (Kan.) CC	10.96m	35-11½	2/7
4	7	Jessica DENTON	FR Northwest Kansas Te	10.90m	35-9¼	1/10
5	10	Semaj MCGHEE	SO Cloud County (Kan.) CC	10.79m	35-4¾	2/7
6	13	Karrington TURNER	SO Coffeyville (Kan.) CC	10.53m	34-6¾	2/7
7	14	Nyasia YOUNG	FR Northwest Kansas Te	10.52m	34-6¼	12/7
8	16	Keyara ROBINSON	SO Butler (Kan.) CC	10.42m	34-2¼	2/1
9	17	Sophie JEBOSE	SO Cloud County (Kan.) CC	10.38m	34-¾	2/7
10	20	Miracle VARNELL	SO Coffeyville (Kan.) CC	9.71m	31-10¼	2/7



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Central

Women's Shot Put

1	1	Fiona RICHARDS	SO Barton (Kan.) CC	16.28m	53-5	2/7
2	4	Ana DA SILVA	FR Barton (Kan.) CC	13.94m	45-9	1/31
3	5	Nu'uauasala TUILEFANO	SO Coffeyville (Kan.) CC	13.58m	44-6¾	1/17
4	6	Marie FORBES	FR Cloud County (Kan.) C	13.04m	42-9½	2/7
5	8	Maleah DECUIR	FR Coffeyville (Kan.) CC	12.53m	41-1½	2/7
6	12	Kayla NOEAR	SO Cowley (Kan.)	12.22m	40-1¼	1/17
7	13	Nelia SIMEON	SO Coffeyville (Kan.) CC	12.01m	39-5	1/23
8	14	Dachey STUBBS	SO Cowley (Kan.)	11.79m	38-8¼	1/24
9	25	Maycee CALIHAN	FR Cloud County (Kan.) C	11.10m	36-5	2/7
10	26	Grace NEWHOUSE	SO Neosho County (Kan.)	11.09m	36-4¾	12/7

Women's Weight Throw

1	3	Ana DA SILVA	FR Barton (Kan.) CC	17.43m	57-2¼	1/31
2	6	Fiona RICHARDS	SO Barton (Kan.) CC	16.31m	53-6¼	1/23
2	6	Nu'uauasala TUILEFANO	SO Coffeyville (Kan.) CC	16.31m	53-6¼	2/1
4	9	Nelia SIMEON	SO Coffeyville (Kan.) CC	15.69m	51-5¾	1/17
5	10	Kristina TCHOUMAK	FR Coffeyville (Kan.) CC	15.42m	50-7¼	1/23
6	13	Marie FORBES	FR Cloud County (Kan.) C	14.69m	48-2½	2/7
7	14	Caitlin MANNON	SO Cowley (Kan.)	14.14m	46-4¾	2/7
8	15	Kayla NOEAR	SO Cowley (Kan.)	13.91m	45-7¾	1/17
9	24	Alexia SCRIMALI	FR Cowley (Kan.)	12.59m	41-3¾	1/31
10	25	Taylon MENDENHALL	FR Hutchinson (Kan.) CC	12.45m	40-10¼	2/7

Women's Pentathlon

1	1	Maryse MBENOUN	SO Cloud County (Kan.) C	3,166		1/17
2	10	Madelynn FLUKER	SO Garden City (Kan.) CC	1,994		2/7



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Midwest

Women's 60 Meters

1	8	Odell FRYE	FR Iowa Central CC	7.53	2/8
1	8	Hannah CONNELL	FR Iowa Central CC	7.53	1/31
3	11	Amya CLARKE	SO Iowa Western CC	7.54	1/31
4	26	Sanique ROSE	FR Hawkeye (Iowa) CC	7.78	1/18
5	28	Patricia JOHNSON	SO Iowa Western CC	7.79	1/11
6	31	Tatyana MCKENZIE	SO Iowa Central CC	7.80	1/10
7	35	Kiana ESTIMA	FR Iowa Western CC	7.81	2/7
8	47	Elenani TINAI	SO Southwestern (Iowa)	7.92	1/31
8	47	Paighton MALEK	SO Hawkeye (Iowa) CC	7.92	12/14
10	49	Jocelynn CROWELL	FR Indian Hills (Iowa) CC	7.95	1/10

Women's 200 Meters

1	10	Hannah CONNELL	FR Iowa Central CC	24.68	1/31
2	12	Christine IRVING	SO Iowa Western CC	24.95 OT	2/7
3	14	Tatyana MCKENZIE	SO Iowa Central CC	25.00	1/31
4	16	Odell FRYE	FR Iowa Central CC	25.04c (25.42f)	1/19
5	23	Amya CLARKE	SO Iowa Western CC	25.25 OT	2/7
6	28	Jocelynn CROWELL	FR Indian Hills (Iowa) CC	25.52c (25.91f)	1/31
7	33	Aliyah GEORGE	SO Iowa Western CC	25.67 OT	2/7
7	33	Sanique ROSE	FR Hawkeye (Iowa) CC	25.67c (26.06f)	2/8
9	42	Kylar BROWN	FR Indian Hills (Iowa) CC	25.85c (26.25f)	1/31
10	47	Destiny LOTTIE	FR Indian Hills (Iowa) CC	26.11 OT	2/7

Women's 400 Meters

1	4	Mikeisha COVINGTON	FR Iowa Central CC	56.34c (57.08f)	2/8
2	6	Christine IRVING	SO Iowa Western CC	56.88 OT	2/7
3	14	Makeda NEWMAN	SO Iowa Western CC	58.24	1/31
4	17	Aliyah GEORGE	SO Iowa Western CC	58.43 OT	2/7
5	20	Tatyana MCKENZIE	SO Iowa Central CC	58.71	1/31
6	27	Kylar BROWN	FR Indian Hills (Iowa) CC	59.53 OT	2/7
7	35	Odell FRYE	FR Iowa Central CC	1:00.15 OT	1/25
8	37	Summer BARTHELMAN	FR Hawkeye (Iowa) CC	1:00.22c (1:01.02f)	2/8
8	37	Melanie HALL	FR Indian Hills (Iowa) CC	1:00.22 OT	2/7
10	42	I'roina LIGHTSEY	FR Indian Hills (Iowa) CC	1:00.78c (1:01.58f)	1/23

Women's 600 Meters

1	4	Makeda NEWMAN	SO Iowa Western CC	1:38.38 OT (1:27.84/60)	1/24
2	10	Christine IRVING	SO Iowa Western CC	1:40.47 OT (1:29.70/60)	1/24
3	12	Aliyah GEORGE	SO Iowa Western CC	1:40.48 OT (1:29.71/60)	1/24
4	20	Abigail BROOKS	FR Iowa Central CC	1:42.24c (1:43.49f)	2/8
5	24	Halley WILMES	SO Indian Hills (Iowa) CC	1:43.28 OT (1:32.21/60)	12/6
6	27	Kaylee HOSCH	FR Hawkeye (Iowa) CC	1:43.87c (1:45.14f)	1/18
7	28	Ceyda NAZLI	SO Indian Hills (Iowa) CC	1:44.38c (1:23.85/50)	1/31
8	29	Caitlyn REGAN	SO North Iowa Area CC	1:44.74c (1:46.02f)	1/23
9	30	Shiggo SHADIN	FR Indian Hills (Iowa) CC	1:45.05c (1:46.33f)	1/23
10	31	Tatyana MCKENZIE	SO Iowa Central CC	1:45.07	1/10

Women's 800 Meters

1	6	Eleonora CURTABBI	SO Iowa Central CC	2:17.18c (2:18.76f)	1/31
2	14	Florence UWAJENEZA	SO Iowa Central CC	2:20.89c (2:22.51f)	1/31
3	15	Faith CHEPENGAT	FR Iowa Western CC	2:22.78c (2:24.42f)	1/18
4	17	Rosalie FISH	FR Iowa Central CC	2:22.94c (2:24.58f)	1/31
5	29	Emma DAVISON	SO North Iowa Area CC	2:27.53c (2:29.23f)	2/1
6	33	Halley WILMES	SO Indian Hills (Iowa) CC	2:28.52	1/17
7	34	Caitlyn REGAN	SO North Iowa Area CC	2:28.90c (2:30.61f)	2/1
8	37	Cecelia HEMSWORTH	SO North Iowa Area CC	2:29.66c (2:31.38f)	2/8
9	39	Blayne LECHANCE	FR Iowa Western CC	2:31.01 OT	2/7
10	40	Juliet RAYER	FR Cuyahoga (Ohio) CC	2:31.24c (2:32.98f)	2/8

Women's 1000 Meters

1	3	Eleonora CURTABBI	SO Iowa Central CC	2:57.66c (2:59.60f)	1/19
2	6	Florence UWAJENEZA	SO Iowa Central CC	3:00.58c (3:02.55f)	1/19
3	9	Emma DAVISON	SO North Iowa Area CC	3:04.42c (3:06.43f)	2/8
4	10	Faith CHEPENGAT	FR Iowa Western CC	3:04.77c (3:06.78f)	1/11
5	11	Halley WILMES	SO Indian Hills (Iowa) CC	3:07.85 OT	2/7
6	12	Lilia ALVAREZ	FR Iowa Central CC	3:08.08c (3:10.13f)	1/19
7	13	Caitlyn REGAN	SO North Iowa Area CC	3:08.54c (3:10.59f)	2/8
8	21	Blayne LECHANCE	FR Iowa Western CC	3:17.57 OT	2/7
9	26	Grace SWEET	SO Muskegon (Mich.) CC	3:20.61c (3:22.80f)	1/31
10	29	Nia TAYLOR	FR Iowa Western CC	3:21.52 OT	1/24

Women's Mile

1	2	Eleonora CURTABBI	SO Iowa Central CC	4:55.47 OT	1/25
2	4	Florence UWAJENEZA	SO Iowa Central CC	5:04.12 OT	1/25
3	8	Faith CHEPENGAT	FR Iowa Western CC	5:10.50 OT	2/7
4	9	Rosalie FISH	FR Iowa Central CC	5:10.52c (5:13.59f)	2/8
5	18	Meagan MORENO	FR Vincennes (Ind.)	5:29.68c (5:32.94f)	2/1
6	24	Emma DAVISON	SO North Iowa Area CC	5:35.12c (5:38.43f)	1/23
7	31	Claudia MENDEK	FR Cuyahoga (Ohio) CC	5:44.14c (5:47.54f)	2/8
8	38	Grace SWEET	SO Muskegon (Mich.) CC	5:48.07 OT	1/10
9	39	Raegen LOCKHART	FR Muskegon (Mich.) CC	5:48.85 OT	1/10
10	40	Hannah HEATH	SO Cuyahoga (Ohio) CC	5:50.71c (5:54.18f)	2/8

Women's 3000 Meters

1	1	Eleonora CURTABBI	SO Iowa Central CC	9:42.13	2/7
2	2	Faith CHEPENGAT	FR Iowa Western CC	9:46.57	1/31
3	3	Florence UWAJENEZA	SO Iowa Central CC	9:49.49	2/7
4	7	Lilian BUSIENEI	SO Iowa Central CC	10:15.95c (10:21.23f)	1/31
5	19	Hannah HEATH	SO Cuyahoga (Ohio) CC	10:47.90c (10:53.45f)	1/25
6	20	Meagan MORENO	FR Vincennes (Ind.)	10:59.94c (11:05.59f)	1/24
7	28	Claudia MENDEK	FR Cuyahoga (Ohio) CC	11:26.03c (11:31.91f)	1/18
8	29	Morgan LAWSON	SO Indian Hills (Iowa) CC	11:27.64c (11:33.53f)	1/23
9	34	Alana WICKERING	SO North Iowa Area CC	11:45.63c (11:51.68f)	2/1
10	38	Emmy JEPKEMEI	FR Iowa Western CC	11:50.60 OT	2/7



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Midwest

Women's 5000 Meters

1	2	Faith CHEPENGAT	FR	Iowa Western CC	16:57.46 OT	1/24
2	3	Florance UWAJENEZA	SO	Iowa Central CC	17:09.01 OT	1/17
3	4	Eleonora CURTABBI	SO	Iowa Central CC	17:24.63 OT	1/17
4	5	Lilian BUSIENEI	SO	Iowa Central CC	17:34.94	2/7
5	13	Claudia MENDEK	FR	Cuyahoga (Ohio) CC	19:17.22c(19:26.08f)	2/8
6	18	Morgan HARWIN	FR	Iowa Western CC	21:39.56 OT	2/7
7	20	Hailey CORTEZ	FR	Mineral Area (Mo.)	23:02.49c(23:13.07f)	1/31

Women's 60 Meter Hurdles

1	4	Hannah CONNELL	FR	Iowa Central CC	8.72	1/25
2	9	Sierra COWARD	SO	Iowa Western CC	8.83	2/7
3	17	Cierra HAMPTON	SO	Iowa Western CC	9.11	2/7
4	19	Najat BRESH	FR	Iowa Western CC	9.14	2/7
5	24	Dayvione BRIGGS	FR	Cuyahoga (Ohio) CC	9.23	1/18
6	36	Monise BARRONETTE	SO	Iowa Central CC	9.63	1/31
6	36	Rebekah VANDEWEG	SO	Muskegon (Mich.) CC	9.63	1/31
8	38	Elenani TINAI	SO	Southwestern (Iowa)	9.64	2/7
9	39	Kiya WULF	FR	Iowa Central CC	9.75	1/31
10	40	Adeline MCDERMOTT	FR	Hawkeye (Iowa) CC	9.80	1/10

Women's 4x400 Relay

1	3	https://www.tfrrs.org/teams/20051		Iowa Central CC	3:51.38c (3:54.45f)	2/8
2	7	https://www.tfrrs.org/teams/59718		Iowa Western CC	3:54.49	1/31
3	9	https://www.tfrrs.org/teams/85621		Indian Hills (Iowa) CC	3:57.82c (4:00.97f)	1/31
4	15	https://www.tfrrs.org/teams/95006		Hawkeye (Iowa) CC	4:08.10c (4:11.39f)	2/8
5	23	https://www.tfrrs.org/teams/1062		Cuyahoga (Ohio) CC	4:22.17c (4:25.65f)	2/8
6	24	https://www.tfrrs.org/teams/28039		North Iowa Area CC	4:22.49c (4:25.97f)	2/8
7	25	https://www.tfrrs.org/teams/77884		Southwestern (Iowa)	4:23.06 OT	1/24
8	26	https://www.tfrrs.org/teams/708		Vincennes (Ind.)	4:26.98c (4:30.52f)	1/18
9	28	https://www.tfrrs.org/teams/77902		Muskegon (Mich.) CC	4:38.03c (4:41.72f)	1/31
10	30	https://www.tfrrs.org/teams/742		Harper (Ill.)	4:51.04c (4:54.90f)	2/8

Women's Distance Medley Relay

1	8	https://www.tfrrs.org/teams/28039		North Iowa Area CC	13:08.60c(13:17.04f)	2/1
2	12	https://www.tfrrs.org/teams/1062		Cuyahoga (Ohio) CC	13:47.50c(13:56.36f)	1/18
3	14	https://www.tfrrs.org/teams/85621		Indian Hills (Iowa) CC	14:44.58	1/17

Women's High Jump

1	4	Madison JOHNSON	FR	Iowa Central CC	1.67m	5-5¾	2/8
2	13	Sierra COWARD	SO	Iowa Western CC	1.57m	5-1¾	1/18
3	17	Acey JELLISON	FR	Hawkeye (Iowa) CC	1.55m	5-1	12/14
4	23	Tamadja RODGERS	FR	Iowa Central CC	1.51m	4-11½	1/31
5	26	Rebekah VANDEWEG	SO	Muskegon (Mich.) CC	1.50m	4-11	1/31
5	26	Lexi JONES	SO	North Iowa Area CC	1.50m	4-11	1/23
7	32	Elenani TINAI	SO	Southwestern (Iowa)	1.45m	4-9	2/7
8	36	Lily BECKER	FR	Hawkeye (Iowa) CC	1.42m	4-7¾	2/8
9	38	Dayvione BRIGGS	FR	Cuyahoga (Ohio) CC	1.40m	4-7	2/8
10	39	Kasey PARISH	SO	North Iowa Area CC	1.35m	4-5	1/23

Women's Pole Vault

1	3	Makinzi MEUER	FR	Vincennes (Ind.)	3.41m	11-2¼	1/24
2	13	Wilma RISHKO	SO	Harper (Ill.)	2.35m	7-8½	2/8

Women's Long Jump

1	5	Patricia JOHNSON	SO	Iowa Western CC	5.79m	19-0	1/11
2	8	Paighton MALEK	SO	Hawkeye (Iowa) CC	5.60m	18-4½	1/23
3	9	Kiana ESTIMA	FR	Iowa Western CC	5.58m	18-3¾	1/24
4	13	Sanique ROSE	FR	Hawkeye (Iowa) CC	5.52m	18-1½	2/8
5	15	Elenani TINAI	SO	Southwestern (Iowa)	5.43m	17-9¾	1/24
6	16	Sierra COWARD	SO	Iowa Western CC	5.41m	17-9	1/11
7	21	Dayvione BRIGGS	FR	Cuyahoga (Ohio) CC	5.15m	16-10¾	1/18
8	25	Kylar BROWN	FR	Indian Hills (Iowa) CC	5.06m	16-7¼	1/23
9	26	Chloe KNEPP	FR	Vincennes (Ind.)	5.02m	16-5¾	2/1
10	37	Lily BECKER	FR	Hawkeye (Iowa) CC	4.74m	15-6¾	12/14

Women's Triple Jump

1	8	Dayvione BRIGGS	FR	Cuyahoga (Ohio) CC	10.85m	35-7¼	1/18
2	12	Tamadja RODGERS	FR	Iowa Central CC	10.57m	34-8¼	1/10
3	15	Kylar BROWN	FR	Indian Hills (Iowa) CC	10.45m	34-3½	2/7
4	18	Monyjok AYWAK	SO	Iowa Western CC	10.16m	33-4	1/18
5	19	Fane SAUVAKACOLO	FR	Southwestern (Iowa)	9.91m	32-6¼	1/24
6	24	Danielle COSTAIN	SO	Southwestern (Iowa)	8.95m	29-4½	1/31
7	25	Sydney PATTERSON	FR	Cuyahoga (Ohio) CC	8.58m	28-1¾	2/8

Women's Shot Put

1	2	Lea GRADY	SO	Iowa Central CC	14.60m	47-10¾	2/8
2	9	Ashley MICHEAUX	FR	Iowa Central CC	12.51m	41-½	1/19
3	10	Shania PARKINSON	FR	Iowa Western CC	12.47m	40-11	1/24
4	11	Tricee BEELEN	SO	Iowa Central CC	12.23m	40-1½	1/25
5	20	Mari SHAVERS	SO	Hawkeye (Iowa) CC	11.41m	37-5¼	2/8
6	21	Haley REVELL	SO	Indian Hills (Iowa) CC	11.34m	37-2½	12/6
7	24	Aubree' BURNETT	FR	Southwestern (Iowa)	11.22m	36-9¾	1/31
8	28	A'Daya LEMON	FR	Cuyahoga (Ohio) CC	10.98m	36-¼	1/25
9	30	Dasiah TATUM	SO	North Iowa Area CC	10.66m	34-11¾	1/23
10	31	Ellexis TRACY	FR	Cuyahoga (Ohio) CC	10.65m	34-11¼	2/8



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Midwest

Women's Weight Throw

1	1	Lea GRADY	SO Iowa Central CC	19.24m	63-1½	1/19
2	5	Tricee BEELEN	SO Iowa Central CC	16.53m	54-2¾	1/25
3	8	Ashley MICHEAUX	FR Iowa Central CC	15.75m	51-8¼	1/31
4	11	Mari SHAVERS	SO Hawkeye (Iowa) CC	15.33m	50-3½	1/23
5	17	Shania PARKINSON	FR Iowa Western CC	13.83m	45-4½	2/7
6	18	Dasiah TATUM	SO North Iowa Area CC	13.67m	44-10¼	1/23
7	20	Julia PIEPER	SO North Iowa Area CC	13.16m	43-2¼	2/8
8	22	Ellexis TRACY	FR Cuyahoga (Ohio) CC	12.79m	41-11½	1/18
9	23	Journee CARNEGIE	FR Cuyahoga (Ohio) CC	12.77m	41-10¾	1/25
10	27	A'Daya LEMON	FR Cuyahoga (Ohio) CC	12.31m	40-4¾	1/18

Women's Pentathlon

1	4	Sierra COWARD	SO Iowa Western CC	2,999		2/7
2	5	Elenani TINAI	SO Southwestern (Iowa)	2,837		2/7
3	9	Lily BECKER	FR Hawkeye (Iowa) CC	2,041c	(2028)	1/23



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West

Women's 60 Meters

1	1	Rosemary CHUKWUMA	FR South Plains (Texas)	7.35c	(7.33A)	1/24
2	3	Ayla STANISCLAUS	FR New Mexico JC	7.39c	(7.37A)	2/1
3	6	Demisha ROSWELL	SO New Mexico JC	7.48c	(7.46A)	2/7
4	7	Yanique DAYLE	SO New Mexico JC	7.50c	(7.48A)	2/7
5	26	Keshana PAGE	FR South Plains (Texas)	7.78c	(7.76A)	1/17
6	28	Jovanna GUSTAVE	FR Western Texas	7.79		1/17
7	39	Synfanie CRUDDER	FR Glendale (Ariz.) CC	7.84	(0.0)	1/31
7	39	Camille FOSTER	SO Mesa (Ariz.) CC	7.84	(0.0)	1/31
9	44	Daijanae SAMPLE	FR Paradise Valley (Ariz.)	7.87	(0.0)	1/31
10	54	Tia HARRY	FR South Plains (Texas)	7.99c	(7.97A)	1/24

Women's 200 Meters

1	2	Rosemary CHUKWUMA	FR South Plains (Texas)	23.98		2/7
2	4	Ayla STANISCLAUS	FR New Mexico JC	24.13c	(24.06A)	2/7
3	5	Demisha ROSWELL	SO New Mexico JC	24.33c	(24.26A)	1/17
4	11	Yanique DAYLE	SO New Mexico JC	24.76c	(24.69A)	2/7
5	19	Keshana PAGE	FR South Plains (Texas)	25.13c	(25.06A)	1/24
6	20	Jovanna GUSTAVE	FR Western Texas	25.20c	(25.13A)	1/30
7	24	Camille FOSTER	SO Mesa (Ariz.) CC	25.28	(0.0)	1/31
8	25	KeiKei WILLIAMS	FR Western Texas	25.49c	(25.42A)	1/30
9	26	Jordan BROWN	FR South Plains (Texas)	25.50c	(25.43A)	1/24
10	28	Yasmen HATCHER	FR Paradise Valley (Ariz.)	25.52	(0.0)	2/7

Women's 400 Meters

1	5	Yasmen HATCHER	FR Paradise Valley (Ariz.)	56.81		2/7
2	7	Anna-Kay ALLEN	FR South Plains (Texas)	57.22		2/7
3	8	Moisha BARNES	SO New Mexico JC	57.43c	(57.32A)	2/1
4	11	Nadine ROSE	FR New Mexico JC	57.56c	(57.45A)	1/24
5	12	Camille FOSTER	SO Mesa (Ariz.) CC	57.96		1/25
6	13	Jordan BROWN	FR South Plains (Texas)	58.13c	(58.02A)	1/17
7	15	Amaya PHILLIPS	FR South Plains (Texas)	58.26		2/7
8	18	Maria SIMANCA	FR New Mexico JC	58.59c	(58.48A)	1/24
9	24	Brooklyn HOWE	FR Glendale (Ariz.) CC	59.29		2/7
10	32	KeiKei WILLIAMS	FR Western Texas	1:00.11c	(1:00.00A)	1/30

Women's 600 Meters

1	2	Maria SIMANCA	FR New Mexico JC	1:36.41A		2/7
2	3	Nadine ROSE	FR New Mexico JC	1:37.31	(1:26.88/60)	1/17
3	6	Machiyla KNIGHT	SO New Mexico JC	1:39.16A		2/1
4	9	Keiara-Ashley CUNNINGHAM	SO Western Texas	1:40.29		1/30
5	13	Lexi JACKSON	FR South Plains (Texas)	1:40.61	(1:29.83/60)	1/24
6	21	Camille FOSTER	SO Mesa (Ariz.) CC	1:42.40		2/7
7	22	Nijillanaa HUNTER	SO Mesa (Ariz.) CC	1:42.65		1/31
8	34	Ashlee FERRARI	FR Trinidad State (Colo.)	1:46.49A		2/7
9	38	Kayla PARISIEN	FR Dawson (Mont.) CC	1:47.39c	(1:48.70f)	2/7
10	43	Elisia ESCANUELA	FR Mesa (Ariz.) CC	1:49.49		1/31

Women's 800 Meters

1	2	Jenny SCHENK	SO Southern Idaho	2:13.47		1/24
2	4	Dorcus EWOI	SO South Plains (Texas)	2:13.83c	(2:14.21A)	1/24
3	8	Itzel GARCIA-SANTOS	SO South Plains (Texas)	2:18.53		2/7
4	10	Lexi JACKSON	FR South Plains (Texas)	2:19.90		2/7
5	11	Britnie DIXON	SO New Mexico JC	2:20.18c	(2:20.58A)	1/24
6	13	Montserret RIOS	SO New Mexico JC	2:20.78c	(2:21.57A)	2/7
7	21	Madison NORRIS	SO Southern Idaho	2:25.57c	(2:26.26A)	2/7
8	23	Megan GALBRAITH	SO Southern Idaho	2:25.92c	(2:26.61A)	2/7
9	28	Mary SIML	SO Mesa (Ariz.) CC	2:27.30		2/7
10	30	Nijillanaa HUNTER	SO Mesa (Ariz.) CC	2:27.63		2/7

Women's 1000 Meters

1	1	Flomena ASEKOL	FR New Mexico JC	2:50.29c	(2:50.78A)	1/17
2	8	Britnie DIXON	SO New Mexico JC	3:04.26c	(3:04.79A)	1/17
3	15	Madison NORRIS	SO Southern Idaho	3:10.23		1/24
4	17	Mary SIML	SO Mesa (Ariz.) CC	3:12.01		1/31
5	19	Maggie ORR	SO Mesa (Ariz.) CC	3:16.29		1/31
6	20	Tanaeya JOHNSON	FR Mesa (Ariz.) CC	3:17.07		1/25
7	23	Rilie FAIRLEY	SO Paradise Valley (Ariz.)	3:19.30		2/7
8	24	Shakayla MORGAN	FR Southern Idaho	3:20.01		1/24
9	27	Amy WHITE	FR Southern Idaho	3:21.02		1/24
10	31	Gladys KOECH	FR New Mexico JC	3:22.13c	(3:22.71A)	1/17

Women's Mile

1	1	Flomena ASEKOL	FR New Mexico JC	4:50.30c	(4:53.71A)	1/24
2	3	Dorcus EWOI	SO South Plains (Texas)	4:55.61		2/7
3	5	Jenny SCHENK	SO Southern Idaho	5:04.70c	(5:10.62A)	2/7
4	6	Gladys JEMAIYO	SO South Plains (Texas)	5:07.22c	(5:10.83A)	1/24
5	12	Daisy KIBET	FR South Plains (Texas)	5:16.54c	(5:20.26A)	1/24
6	13	Montserret RIOS	SO New Mexico JC	5:17.33c	(5:21.06A)	1/24
7	15	Sheilah CHERUIYOT	FR Trinidad State (Colo.)	5:22.12c	(5:29.29A)	2/7
8	16	Madison FLIPPENCE	SO Southern Idaho	5:26.17		1/24
9	19	Maura WILLIAMS	FR Southern Idaho	5:29.91c	(5:36.32A)	2/7
10	20	Mary SIML	SO Mesa (Ariz.) CC	5:30.10		1/25

Women's 3000 Meters

1	4	Flomena ASEKOL	FR New Mexico JC	10:03.85c	(10:11.22A)	1/17
2	5	Dorcus EWOI	SO South Plains (Texas)	10:12.17c	(10:19.64A)	1/17
3	6	Gladys JEMAIYO	SO South Plains (Texas)	10:14.67c	(10:22.17A)	1/17
4	8	Daisy KIBET	FR South Plains (Texas)	10:18.92		2/7
5	12	Montserret RIOS	SO New Mexico JC	10:37.70c	(10:53.80A)	2/7
6	14	Erica KENT	SO Southern Idaho	10:42.25c	(10:56.26A)	1/10
7	15	Madison FLIPPENCE	SO Southern Idaho	10:43.46c	(10:57.50A)	1/10
8	16	Maura WILLIAMS	FR Southern Idaho	10:45.33c	(10:59.41A)	1/10
9	17	Sheilah CHERUIYOT	FR Trinidad State (Colo.)	10:45.63c	(11:01.93A)	2/7
10	18	Gladys KOECH	FR New Mexico JC	10:46.94c	(11:03.27A)	2/7



Regional TFRI Event Summary

as of 2/10/2020 10:48:14 PM

West

Women's 5000 Meters

1	1	Gladys JEMAIYO	SO South Plains (Texas)	16:38.42	2/7
2	7	Madison FLIPPENCE	SO Southern Idaho	18:37.30c(19:03.55A)	2/7
3	9	Sheilah CHERUIYOT	FR Trinidad State (Colo.)	18:39.55c(19:33.52fA)	12/14
4	10	Erica KENT	SO Southern Idaho	18:48.64c(19:15.16A)	2/7
5	11	Mary BALDWIN	SO Trinidad State (Colo.)	19:05.73c(20:00.96fA)	12/14
6	14	Maura WILLIAMS	FR Southern Idaho	19:21.09c(19:48.37A)	2/7

Women's 60 Meter Hurdles

1	1	Demisha ROSWELL	SO New Mexico JC	8.21c (8.19A)	2/1
2	13	Tia HARRY	FR South Plains (Texas)	8.97	2/7
3	14	Destinee JACKSON	FR Mesa (Ariz.) CC	9.05 (0.0)	1/31
4	24	Amaya PHILLIPS	FR South Plains (Texas)	9.23	2/7
5	26	Maricia SPENCE	FR Western Texas	9.28	1/17
5	26	Kelvi SEARCY	FR New Mexico JC	9.28c (9.26A)	2/1
7	28	Daija BURRELL	FR Glendale (Ariz.) CC	9.35 (0.0)	1/31
8	29	Kyra ATKINS	SO New Mexico JC	9.39c (9.37A)	2/7
9	43	Ari VILLAFRANCO	FR South Plains (Texas)	10.12c (10.10A)	1/17

Women's 4x400 Relay

1	2	https://www.tfrrs.org/teams/7933	New Mexico JC	3:47.57c (3:47.13A)	2/7
2	5	https://www.tfrrs.org/teams/730	South Plains (Texas)	3:53.11	2/7
3	12	https://www.tfrrs.org/teams/656	Mesa (Ariz.) CC	4:03.97	1/31
4	17	https://www.tfrrs.org/teams/553	Glendale (Ariz.) CC	4:10.22	1/31

Women's Distance Medley Relay

1	1	https://www.tfrrs.org/teams/7933	New Mexico JC	11:48.32c(11:59.20A)	2/1
2	2	https://www.tfrrs.org/teams/730	South Plains (Texas)	12:05.80	2/7
3	5	https://www.tfrrs.org/teams/656	Mesa (Ariz.) CC	12:56.87	2/7
4	7	https://www.tfrrs.org/teams/95073	Southern Idaho	13:05.50	1/24

Women's High Jump

1	2	Rushellee JONES	SO New Mexico JC	1.70m 5-7	1/24
2	5	Sidney RHYMES	FR Glendale (Ariz.) CC	1.66m 5-5½	1/18
3	6	Susan FRANCIS	FR New Mexico JC	1.65m 5-5	1/24
4	8	Victoria HALLMAN	FR South Plains (Texas)	1.60m 5-3	1/17
5	15	Jayden EDWARDS	FR Paradise Valley (Ariz.)	1.56m 5-1½	2/7
5	15	Daija BURRELL	FR Glendale (Ariz.) CC	1.56m 5-1½	1/31
7	21	Ari VILLAFRANCO	FR South Plains (Texas)	1.52m 4-11¾	2/7
8	23	Olivia MAGBY	SO Glendale (Ariz.) CC	1.51m 4-11½	1/18
9	35	Maricia SPENCE	FR Western Texas	1.44m 4-8¾	1/30

Women's Pole Vault

1	1	Victoria VILLANUEVA	SO New Mexico JC	3.96m 12-11¾	1/24
2	2	Belle HUBER	FR Mesa (Ariz.) CC	3.54m 11-7¼	1/31
3	4	Jolynn FLEMING	FR Mesa (Ariz.) CC	3.24m 10-7½	1/31
3	4	Janie TENNEY	FR Mesa (Ariz.) CC	3.24m 10-7½	1/18

Women's Long Jump

1	1	Susan FRANCIS	FR New Mexico JC	6.20m 20-4¼	1/17
2	4	Onaara OBAMUWAGUN	FR South Plains (Texas)	5.90m 19-4¼	1/24
3	17	Maricia SPENCE	FR Western Texas	5.34m 17-6¼	1/30
4	28	Sidney RHYMES	FR Glendale (Ariz.) CC	4.98m 16-4¼ (0.0)	1/18
5	29	Belle HUBER	FR Mesa (Ariz.) CC	4.95m 16-3 (0.0)	1/31
6	38	Olivia MAGBY	SO Glendale (Ariz.) CC	4.62m 15-2 (0.0)	1/31
7	42	Ari VILLAFRANCO	FR South Plains (Texas)	4.49m 14-8¾	1/17
8	45	Kaitlyn KOMOROWSKI	FR Glendale (Ariz.) CC	4.36m 14-3¾ (0.0)	2/7

Women's Triple Jump

1	1	Onaara OBAMUWAGUN	FR South Plains (Texas)	13.20m 43-3¾	1/17
2	3	Susan FRANCIS	FR New Mexico JC	11.63mA 38-2	2/1
3	22	Kaitlyn KOMOROWSKI	FR Glendale (Ariz.) CC	9.60m 31-6 (0.0)	1/31

Women's Shot Put

1	3	Siiva TAFITI	FR South Plains (Texas)	14.55m 47-9	1/24
2	7	Genevieve IGE	FR South Plains (Texas)	12.74m 41-9¾	1/24
3	15	Olivia LENTZ	SO Glendale (Ariz.) CC	11.74m 38-6¼	1/18
4	16	Brianna BROCK	SO New Mexico JC	11.64m 38-2¼	1/17
5	17	Alexandria FLOREA	SO Mesa (Ariz.) CC	11.47m 37-7¾	2/7
6	18	Akira PHILLIP	SO South Plains (Texas)	11.44m 37-6½	1/17
7	19	Jaztyn GRIFFIN	SO New Mexico JC	11.43m 37-6	1/24
8	36	AJ BOWENS	FR Mesa (Ariz.) CC	10.16m 33-4	1/31
9	39	Jaylyn MILLER	FR Glendale (Ariz.) CC	9.98m 32-9	1/25
10	41	Maricia SPENCE	FR Western Texas	9.81m 32-2¼	1/30

Women's Weight Throw

1	2	AJ BOWENS	FR Mesa (Ariz.) CC	18.41m 60-4¾	1/31
2	4	Mathilda BJORKLUND	FR New Mexico JC	16.96mA 55-7¾	2/7
3	12	Olivia LENTZ	SO Glendale (Ariz.) CC	14.95m 49-¾	2/7
4	16	Brianna BROCK	SO New Mexico JC	13.86m 45-5¾	1/17
5	21	Jaztyn GRIFFIN	SO New Mexico JC	13.05mA 42-9¾	2/7
6	31	Brogan HANSON	SO Mesa (Ariz.) CC	11.79m 38-8¼	2/7
7	32	Alexandria FLOREA	SO Mesa (Ariz.) CC	11.78m 38-7¾	2/7
8	33	Jaylyn MILLER	FR Glendale (Ariz.) CC	11.69m 38-4¼	1/25
9	35	Kenedee POOLER	FR Glendale (Ariz.) CC	11.27m 36-11¾	1/31

Women's Pentathlon

1	3	Maricia SPENCE	FR Western Texas	3,071	1/30
2	8	Ari VILLAFRANCO	FR South Plains (Texas)	2,362	2/7