



Regional TFRI Event Summary

as of 2/23/2021 12:44:52 PM

Atlantic

Women's 60 Meters

1	55	Brenna JOHNSON	JR	#1	Nazareth	8.10	2/20
2		Caroline CASTRIOTTA	JR	#2	Utica	8.35	2/21
3		Madison SABOURIN	JR	#1	Nazareth	8.50	2/20
4		Laura MEADE	JR	#2	Utica	8.66	2/21
5		Sophie HARTZ	FR	#1	Nazareth	8.68	2/20
6		Julianna BUNNELL	JR	#1	Nazareth	8.76	2/20
7		Alexa RIZZO	FR	#1	Nazareth	8.83	2/20

Women's 200 Meters

1	97	Brenna JOHNSON	JR	#1	Nazareth	26.96c	(27.37f)	2/20
2		Madison SABOURIN	JR	#1	Nazareth	28.01c	(28.44f)	2/20
3		Julianna BUNNELL	JR	#1	Nazareth	29.64c	(30.10f)	2/20
4		Alexa RIZZO	FR	#1	Nazareth	29.90c	(30.36f)	2/20
5		Bryanna ROOS	JR	#1	Nazareth	30.19c	(30.66f)	2/20
6		Janaia CRUZ-BERMEDEZ	FR	#2	Utica	30.92c	(31.40f)	2/21
7		Sydney VANDERHOOF	SO	#1	Nazareth	31.03c	(31.51f)	2/20

Women's 400 Meters

1		Lauren BENDALL	FR	#1	Nazareth	1:03.29c	(1:04.13f)	2/20
2		Abbey SZUMLOZ	SR	#1	Nazareth	1:04.92c	(1:05.78f)	2/20
3		Janaia CRUZ-BERMEDEZ	FR	#2	Utica	1:05.32c	(1:06.18f)	2/21
4		Elizabeth DECKER	SR	#1	Nazareth	1:05.42c	(1:06.28f)	2/20
5		Julianne EMERSON	SR	#2	Utica	1:06.07c	(1:06.94f)	2/21
6		Cora MAXWELL	SR	#2	Utica	1:06.50c	(1:07.38f)	2/21
7		Bryanna ROOS	JR	#1	Nazareth	1:12.47c	(1:13.43f)	2/20

Women's 800 Meters

1		Claire BARGABOS	JR	#1	Nazareth	2:34.10c	(2:35.87f)	2/20
2		Paige ACKLEY	FR	#1	Nazareth	2:34.39c	(2:36.17f)	2/20
3		Alexis ANAGNOSTOPOULOS	SO	#1	Nazareth	2:35.96c	(2:37.75f)	2/20
4		Erin REYNER	JR	#1	Nazareth	2:42.32c	(2:44.19f)	2/20
5		Madeline DOVI	SO	#1	Nazareth	2:42.95c	(2:44.83f)	2/20
6		Laura LEVI	JR	#2	Utica	2:44.52c	(2:46.41f)	2/21
7		Leigha GOULD	FR	#1	Nazareth	2:45.14c	(2:47.04f)	2/20
8		Giselle RAINVILLE	SO	#1	Nazareth	2:47.38c	(2:49.31f)	2/20
9		Lilianna HANNING	FR	#1	Nazareth	2:52.80c	(2:54.79f)	2/20

Women's Mile

1		Madeline DOVI	SO	#1	Nazareth	5:50.65c	(5:54.12f)	2/20
2		Erin REYNER	JR	#1	Nazareth	5:58.71c	(6:02.26f)	2/20
3		Giselle RAINVILLE	SO	#1	Nazareth	6:00.04c	(6:03.60f)	2/20
4		Lilianna HANNING	FR	#1	Nazareth	6:00.07c	(6:03.63f)	2/20

Women's 3000 Meters

1		Emily WEAVER	SO	#1	Nazareth	11:39.93c	(11:45.93f)	2/20
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Women's 60 Meter Hurdles

1		Cora MAXWELL	SR	#2	Utica	10.74	2/21
2		Sydney VANDERHOOF	SO	#1	Nazareth	10.75	2/20
3		Hannah RAGULE	FR	#1	Nazareth	11.00	2/20
4		Abbey SZUMLOZ	SR	#1	Nazareth	11.29	2/20
5		Lauren BENDALL	FR	#1	Nazareth	11.36	2/20

Women's 4x400 Relay

1	32	Bargabos, Bendall, Ragule, Johnson	#1	Nazareth	4:15.93c	(4:19.32f)	2/20
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Women's High Jump

1	42	Amina SINCLAIR	FR	#2	Utica	1.53m	5'-¼"	2/21
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Women's Pole Vault

1	94	Caroline CASTRIOTTA	JR	#2	Utica	2.70m	8'-10¼"	2/21
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Women's Long Jump

1	52	Hannah RAGULE	FR	#1	Nazareth	5.08m	16'-8"	2/20
2		Laura MEADE	JR	#2	Utica	4.43m	14'-6½"	2/21
3		Isabella HEATH	FR	#1	Nazareth	4.34m	14'-3"	2/20
4		Cora MAXWELL	SR	#2	Utica	4.26m	13'-11¼"	2/21

Women's Triple Jump

1	51	Hannah RAGULE	FR	#1	Nazareth	10.48m	34'-4¾"	2/20
2	1E+00	Isabella HEATH	FR	#1	Nazareth	9.76m	32'-¼"	2/20
3		Laura MEADE	JR	#2	Utica	9.61m	31'-6½"	2/21
4		Alexa RIZZO	FR	#1	Nazareth	8.77m	28'-9¼"	2/20

Women's Shot Put

1		Lea RICHARD	FR	#1	Nazareth	10.71m	35'-1¾"	2/20
2		Gabrielle PIGHETTI	JR	#1	Nazareth	10.37m	34'-¼"	2/20
3		Gabrielle DESANCTIS	SO	#2	Utica	8.08m	26'-6¼"	2/21

Women's Weight Throw

1	73	Lea RICHARD	FR	#1	Nazareth	13.96m	45'-9¾"	2/20
2		Gabrielle PIGHETTI	JR	#1	Nazareth	11.73m	38'-6"	2/20
3		Gabrielle DESANCTIS	SO	#2	Utica	10.94m	35'-10¾"	2/21



Regional TFRI Event Summary

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Central

Women's 60 Meters

1	2	Marion EDWARDS	JR	#2	Loras	7.77	1/29
2	9	Ya'Mia AILES-PRIMES	JR	#3	Dubuque	7.88 (7.31(55))	1/30
3	14	Alanna MUHAMMAD	JR	#1	Wartburg	7.93	1/16
4	19	Jailyn ROBINSON	SO	#9	Hamline	7.95	1/23
5	24	Breanne GEARY	FR	#5	Nebraska Wesley.	7.98	1/30
6	27	Kylie JOHNSTON	SR	#11	Buena Vista	8.00	2/6
7	30	Stevie LAMBE	JR	#2	Loras	8.01	2/20
8	35	Jada LEWIS	SR	#17	Augsburg	8.03	2/13
9	37	Grace SCOTT	JR	#6	Bethel (Minn.)	8.04	2/20
10	40	Kate GALLAGHER	FR	#10	Saint Benedict	8.05	2/13

Women's 200 Meters

1	1	Aspen ROLFES	SR	#5	Nebraska Wesley.	24.96c (25.34f)	2/20
2	4	Marion EDWARDS	JR	#2	Loras	25.54c (25.93f)	1/29
3	9	Hannah SANKEY	SR	#6	Bethel (Minn.)	25.81c (26.21f)	2/20
4	11	Jackie GANSHIRT	SR	#1	Wartburg	25.87c (26.27f)	2/20
5	13	Stevie LAMBE	JR	#2	Loras	25.89c (26.29f)	2/20
6	15	Birgen NELSON	SO	#7	Gustavus Adolph	25.92c (26.32f)	2/6
7	20	Alyssa PFADENHAUER	SO	#2	Loras	26.00c (26.40f)	2/13
8	27	Ya'Mia AILES-PRIMES	JR	#3	Dubuque	26.08c (26.48f)	2/20
9	37	Kelly KOHLHOF	FR	#2	Loras	26.27c (26.67f)	2/20
10	39	Victoria ADEBISI	SO	#7	Gustavus Adolph	26.30c (26.70f)	2/13

Women's 400 Meters

1	1	Alyssa PFADENHAUER	SO	#2	Loras	57.74c (58.50f)	2/20
2	3	Olivia COSTLEY	JR	#3	Dubuque	58.37c (59.14f)	2/20
3	4	Jackie GANSHIRT	SR	#1	Wartburg	58.38c (59.15f)	2/20
4	5	Aspen ROLFES	SR	#5	Nebraska Wesley.	58.43c (59.20f)	2/12
5	6	Birgen NELSON	SO	#7	Gustavus Adolph	58.48c (59.25f)	2/13
6	8	Mikayla TUREK	SO	#6	Bethel (Minn.)	58.59c (59.36f)	2/6
7	9	Stevie LAMBE	JR	#2	Loras	58.67c (59.44f)	2/13
8	11	Taylan OLSON	JR	#1	Wartburg	58.85c (59.63f)	2/5
9	13	Grace MCGUIRE	JR	#8	St. Thomas (Minn)	59.04c (59.82f)	2/19
10	14	Britta NORDBERG	SO	#6	Bethel (Minn.)	59.25c (1:00.03f)	2/6

Women's 800 Meters

1	1	Josie HERRMANN	SR	#12	Concordia Moorh	2:13.68 OT	2/20
2	5	Alexandra MADDUX	JR	#9	Hamline	2:16.08c (2:17.65f)	2/7
3	6	Camryn LARSEN	SR	#5	Nebraska Wesley.	2:16.12c (2:17.69f)	2/20
4	7	Carson MCSORLEY	JR	#1	Wartburg	2:16.43c (2:18.00f)	2/20
5	9	Mari STEIN	SO	#4	Central (Iowa)	2:17.31c (2:18.89f)	2/5
6	11	Reagan JANZEN	JR	#5	Nebraska Wesley.	2:17.55c (2:19.13f)	2/12
7	14	Aubrie FISHER	SO	#1	Wartburg	2:17.99c (2:19.58f)	2/5
8	15	Lily CAMPBELL	SO	#1	Wartburg	2:18.62c (2:20.21f)	2/20
9	16	Annessa IHDE	FR	#6	Bethel (Minn.)	2:19.08c (2:20.68f)	2/6
10	18	Gabby THOMAS	FR	#5	Nebraska Wesley.	2:19.34c (2:20.94f)	2/6

Women's Mile

1	1	Kassie ROSENBUM	SR	#2	Loras	4:56.67c (4:59.60f)	2/6
2	3	Alexandra MADDUX	JR	#9	Hamline	5:01.43c (5:04.41f)	2/19
3	6	Fiona SMITH	FR	#10	Saint Benedict	5:03.12c (5:06.12f)	2/20
4	8	Aubrie FISHER	SO	#1	Wartburg	5:04.63c (5:07.64f)	2/20
5	13	Helen DOLAN	SR	#9	Hamline	5:09.00c (5:12.05f)	2/19
6	17	Mari STEIN	SO	#4	Central (Iowa)	5:10.69c (5:13.76f)	2/20
7	19	Alexis BROWN	SO	#1	Wartburg	5:12.00c (5:15.08f)	2/20
8	21	Madi BAHE	JR	#5	Nebraska Wesley.	5:12.39c (5:15.48f)	2/20
9	23	Moriah MORTER	JR	#1	Wartburg	5:12.95c (5:16.04f)	1/29
10	27	Caroline MCMARTIN	FR	#4	Central (Iowa)	5:13.48c (5:16.58f)	2/12

Women's 3000 Meters

1	2	Kassie ROSENBUM	SR	#2	Loras	9:43.63c (9:48.63f)	1/29
2	3	Fiona SMITH	FR	#10	Saint Benedict	9:57.97c (10:03.09f)	2/7
3	5	Aubrie FISHER	SO	#1	Wartburg	9:59.06c (10:04.19f)	1/16
4	6	Helen DOLAN	SR	#9	Hamline	10:00.64c (10:05.79f)	2/7
5	21	Natalie PAULSON	SO	#1	Wartburg	10:29.88c (10:35.28f)	1/29
6	23	Olivia MOLL	JR	#8	St. Thomas (Minn)	10:31.80c (10:37.21f)	2/19
7	29	Brianna RENNER	JR	#2	Loras	10:32.83c (10:38.25f)	1/29
8	36	Alexis BROWN	SO	#1	Wartburg	10:35.56c (10:41.00f)	2/13
9	38	Moriah MORTER	JR	#1	Wartburg	10:36.72c (10:42.17f)	1/16
10	40	Emily HOESING	SR	#11	Buena Vista	10:37.56c (10:43.02f)	2/13

Women's 5000 Meters

1	1	Kassie ROSENBUM	SR	#2	Loras	16:43.14c (16:50.82f)	2/20
2	3	Fiona SMITH	FR	#10	Saint Benedict	17:23.20c (17:31.19f)	2/13
3	13	Carina COLLET	SR	#1	Wartburg	18:14.06c (18:22.43f)	2/20
4	14	Natalie PAULSON	SO	#1	Wartburg	18:17.53c (18:25.93f)	2/20
5	15	Janelle BAESKENS	JR	#1	Wartburg	18:17.68c (18:26.08f)	2/20
6	17	Leah TREFFER	SR	#5	Nebraska Wesley.	18:17.96c (18:26.36f)	2/20
7	18	Emily HOESING	SR	#11	Buena Vista	18:18.68c (18:27.09f)	2/20
8	23	Shaelyn HOSTAGER	FR	#1	Wartburg	18:20.94c (18:29.37f)	2/20
9	27	Brianna RENNER	JR	#2	Loras	18:30.06c (18:38.56f)	2/20
10	32	Alexis BROWN	SO	#1	Wartburg	18:38.04c (18:46.60f)	1/16

Women's 60 Meter Hurdles

1	1	Kelsie SEALOCK	SO	#6	Bethel (Minn.)	8.85	2/6
2	2	Birgen NELSON	SO	#7	Gustavus Adolph	8.88	2/13
3	6	Kiki PINGEL	SR	#4	Central (Iowa)	8.97	2/20
4	11	Elayna BAHL	JR	#2	Loras	9.06	2/20
5	14	Tay WALGRAVE	FR	#8	St. Thomas (Minn)	9.09 (8.45(55))	2/19
6	15	Mary GRAY	SR	#4	Central (Iowa)	9.13	2/5
7	21	Sailor HINEGARDNER	JR	#1	Wartburg	9.27	2/20
8	27	Demetria JOHNSON	SR	#3	Dubuque	9.40 (8.74(55))	2/6
9	29	Bailey VANCE	SR	#2	Loras	9.42	2/20
10	34	Audrey ARNOLD	FR	#18	Simpson (Iowa)	9.46	2/20



USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2021 Week #5, February 22

as of 2/23/2021 12:44:52 PM

Central

Women's 4x400 Relay

1	1	Pfadenhauer, Edwards, Bahl, Lambe	#2	Loras	3:52.10c (3:55.18f)	2/20
2	2	Sankey, Sealock, Nordberg, Turek	#6	Bethel (Minn.)	3:52.40c (3:55.48f)	2/20
3	3	Hilger, Larsen, Janzen, Rolfes	#5	Nebraska Wesley.	3:52.41c (3:55.49f)	2/20
4	4	Olson, McSorley, Campbell, Jacobs	#1	Wartburg	3:55.45c (3:58.57f)	2/20
5	8	Pingel, Stein, Gray, McMartin	#4	Central (Iowa)	4:03.30c (4:06.53f)	2/5
6	16	McGuire, McLoone, Simon, Arett	#8	St. Thomas (Minn)	4:09.41c (4:12.72f)	2/19
7	20	Smith, Costley, Ailes-Primes, Innamorato	#3	Dubuque	4:10.90c (4:14.23f)	2/6
8	22	Sieve, Ploor, Haller, Keller	#13	Luther	4:11.50c (4:14.83f)	2/6
9	25	Klump, Forbes, Telleen, Guyett	#11	Buena Vista	4:12.89c (4:16.24f)	2/20
10	27	Krasowski, Johnson, Maahs, Klingelhutz	#10	Saint Benedict	4:13.58c (4:16.94f)	2/20

Women's Distance Medley Relay

1	5	Thomas, Janzen, Carley, Bahe	#5	Nebraska Wesley.	12:34.04c (12:42.11f)	2/20
2	7	Osterberger, Green, Heavlin, Riesberg	#2	Loras	13:09.73c (13:18.19f)	2/20
3	10	Whitcomb, Moen, Tillman, Donnelly	#7	Gustavus Adolph	13:28.41c (13:37.07f)	2/6
4	12	Burke, Silva, Jesuit, Kittinger	#15	Coe	13:38.89c (13:47.66f)	2/5
5	14	Crow, Holloway, Hansen, Gessner	#6	Bethel (Minn.)	13:42.36c (13:51.17f)	2/6

Women's High Jump

1	2	Breya CHRISTOPHER	SO	#1	Wartburg	1.69m	5-6½	1/16
2	10	Malory JONES	SO	#4	Central (Iowa)	1.62m	5-3¾	2/12
3	12	Abigail SMITH	SO	#3	Dubuque	1.61m	5-3¼	2/20
4	19	Addy VINTON	SR	#5	Nebraska Wesley.	1.58m	5-2¼	2/20
4	19	Rachael LUEBBE	SO	#13	Luther	1.58m	5-2¼	2/6
4	19	Ashlyn JONES	JR	#8	St. Thomas (Minn)	1.58m	5-2¼	2/5
4	19	AnnaGrace NELSON	FR	#6	Bethel (Minn.)	1.58m	5-2¼	2/6
4	19	Elayna BAHL	JR	#2	Loras	1.58m	5-2¼	1/29
9	41	Meghan PROHASKA	SO	#3	Dubuque	1.54m	5-½	1/30
10	42	Olivia MOTLEY	SO	#7	Gustavus Adolph	1.53m	5-¼	2/6
10	42	Ellie ROQUET	SR	#1	Wartburg	1.53m	5-¼	2/5
10	42	Hannah ZORTMAN	FR	#2	Loras	1.53m	5-¼	1/29

Women's Pole Vault

1	11	Jessica LILLAND	SO	#6	Bethel (Minn.)	3.40m	11-1¾	2/6
2	18	Doris-Klein MOR	JR	#7	Gustavus Adolph	3.35m	10-11¾	2/6
3	23	Caroline DOCHTERMAN	JR	#3	Dubuque	3.25m	10-8	2/6
4	27	Olivia LEMKE	SO	#8	St. Thomas (Minn)	3.24m	10-7½	2/19
5	32	Sadie KOELZ	SR	#6	Bethel (Minn.)	3.20m	10-6	1/23
6	40	Rachel BROCKISH	SO	#8	St. Thomas (Minn)	3.09m	10-1½	2/19
7	41	Abby FAULK	SO	#13	Luther	3.07m	10-¾	2/20
8	51	Daya DAVIDSON	JR	#14	St. Scholastica	3.05m	10-0	1/30
8	51	Shanoah HARREN	SR	#9	Hamline	3.05m	10-0	1/23
10	61	Isabelle ALBERS	SO	#1	Wartburg	3.01m	9-10½	2/5

Women's Long Jump

1	17	Shaniah JOHNSON	FR	#1	Wartburg	5.39m	17-8¼	2/5
2	19	Sophia SCHULER	FR	#2	Loras	5.36m	17-7	2/13
3	20	Emma SEIPEL	FR	#3	Dubuque	5.35m	17-6¾	1/22
4	22	Demetria JOHNSON	SR	#3	Dubuque	5.34m	17-6¼	2/6
5	25	Mary GRAY	SR	#4	Central (Iowa)	5.32m	17-5½	2/5
6	27	Kiki PINGEL	SR	#4	Central (Iowa)	5.31m	17-5¼	2/5
7	29	Jen VALLEY	SO	#9	Hamline	5.30m	17-4¾	2/7
8	30	Breanne GEARY	FR	#5	Nebraska Wesley.	5.29m	17-4¼	1/30
9	36	Jailyn ROBINSON	SO	#9	Hamline	5.24m	17-2¼	1/23
10	43	Megan ZURBAY	SR	#8	St. Thomas (Minn)	5.16m	16-11¼	2/19

Women's Triple Jump

1	4	Madi KES	FR	#7	Gustavus Adolph	11.34m	37-2½	2/13
2	6	Holly FORRESTER	SR	#4	Central (Iowa)	11.31m	37-1¼	2/20
3	11	Shaniah JOHNSON	FR	#1	Wartburg	11.19m	36-8½	1/29
4	13	Tessa HOFFMAN	JR	#5	Nebraska Wesley.	11.15m	36-7	2/20
5	17	Daekota KNOTT	FR	#1	Wartburg	11.08m	36-4¼	1/16
6	21	Grace PERRENOUD	JR	#6	Bethel (Minn.)	10.92m	35-10	1/23
7	29	De'ja AUSTIN-CHERRY	FR	#2	Loras	10.78m	35-4½	1/29
8	45	Madeline MCDERMOTT	SR	#7	Gustavus Adolph	10.54m	34-7	2/13
9	46	Demetria JOHNSON	SR	#3	Dubuque	10.53m	34-6¾	2/20
10	47	Breya CHRISTOPHER	SO	#1	Wartburg	10.52m	34-6¼	1/29

Women's Shot Put

1	1	Kaytlin WILDER	FR	#3	Dubuque	14.00m	45-11¼	2/20
2	2	Caroline FERGUSON	SR	#3	Dubuque	13.81m	45-3¾	1/22
3	7	Cayle HOVLAND	JR	#12	Concordia Moorh	13.35m	43-9¾	2/13
4	9	Lily MEESTER	FR	#1	Wartburg	13.19m	43-3¼	2/5
5	12	Courtney SCHNOOR	SR	#2	Loras	13.03m	42-9	1/29
6	13	Megan GEHRKE	JR	#8	St. Thomas (Minn)	12.92m	42-4¾	2/5
7	14	Annika POE	SO	#7	Gustavus Adolph	12.83m	42-1¼	2/13
8	25	Jessica BLIESE	SR	#16	Minnesota Morris	12.49m	40-11¾	2/13
9	26	Rebecca SIMPSON	SO	#11	Buena Vista	12.24m	40-2	2/6
10	29	Alexandra KOLSTAD	JR	#9	Hamline	12.03m	39-5¾	2/7



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Central

Women's Weight Throw

1	2	Kennedy MORRIS	SR	#4	Central (Iowa)	17.33m	56-10¼	2/20
2	3	Carly FISCHER	SR	#2	Loras	17.12m	56-2	2/20
3	6	Caroline FERGUSON	SR	#3	Dubuque	16.62m	54-6½	2/12
4	12	Megan GEHRKE	JR	#8	St. Thomas (Minn)	16.34m	53-7½	2/5
5	13	Dani JOHNSON	SR	#1	Wartburg	16.27m	53-4½	2/13
6	14	Rebecca SIMPSON	SO	#11	Buena Vista	16.25m	53-3¾	2/20
7	17	Nyjah WILLIS	SR	#9	Hamline	16.15m	53-0	2/19
8	18	Kaytlin WILDER	SO	#3	Dubuque	16.10m	52-10	1/22
9	20	Cayle HOVLAND	JR	#12	Concordia Moorh	15.87m	52-¾	2/13
10	21	Michaela KARELS	JR	#11	Buena Vista	15.86m	52-½	2/13

Women's Pentathlon

1	1	Mary GRAY	SR	#4	Central (Iowa)	3,476	2/5
2	2	Kiki PINGEL	SR	#4	Central (Iowa)	3,406	2/5
3	4	Hailey FOXHOVEN	FR	#1	Wartburg	2,694	2/5
4	7	Olivia MILLER	FR	#3	Dubuque	2,518	2/12
5	8	Ryin LEHMANN	SO	#1	Wartburg	2,375	2/5
6	15	Akyma BUSH	SO	#1	Wartburg	1,578	2/5



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Great Lakes

Women's 60 Meters

1	5	Taylor ANTHONY	SO	#1	John Carroll	7.82	(7.26(55))	2/21
2	6	Lucia CANNATA	JR	#1	John Carroll	7.83	(7.27(55))	2/21
3	10	Kenadee WAYT	SO	#2	Mount Union	7.89		2/14
4	13	Zaleeya MARTIN	SO	#20	Hanover	7.92		2/20
5	18	Kayla SILVA	JR	#5	Ohio Northern	7.94		2/14
6	20	Avery CAMPBELL	FR	#13	Albion	7.96		2/20
7	21	Gracie DENNISON	JR		Otterbein	7.97	(7.40(55))	1/31
8	30	Lydia BAUMGARTNER	SO		Otterbein	8.01		2/20
9	41	Alexis JOHNSON	SR	#9	Wittenberg	8.06		2/13
10	56	Layla WILKS	SR	#13	Albion	8.11		2/5

Women's 200 Meters

1	8	Kenadee WAYT	SO	#2	Mount Union	25.79c	(26.19f)	2/6
2	10	Lucia CANNATA	JR	#1	John Carroll	25.82c	(26.22f)	1/30
3	26	Avery CAMPBELL	FR	#13	Albion	26.07c	(26.47f)	2/20
4	29	Kayla SILVA	JR	#5	Ohio Northern	26.16c	(26.56f)	2/14
5	31	Micah DONLEY	SO	#2	Mount Union	26.21c	(26.61f)	2/20
6	41	Gracie DENNISON	JR		Otterbein	26.31c	(26.71f)	2/7
7	43	Lydia BAUMGARTNER	SO		Otterbein	26.32c	(26.72f)	2/14
8	45	Taylor ANTHONY	SO	#1	John Carroll	26.35c	(26.76f)	2/6
9	47	Grace BEHRENS	SO	#4	Hope	26.39c	(26.80f)	2/20
10	50	Kennady GIBBINS	JR	#2	Mount Union	26.48c	(26.89f)	2/14

Women's 400 Meters

1	12	Kenadee WAYT	SO	#2	Mount Union	58.92c	(59.70f)	2/20
2	16	Delaney SALL	FR	#10	Calvin	59.30c	(1:00.08f)	2/20
3	19	Grace BEHRENS	SO	#4	Hope	59.55c	(1:00.34f)	2/20
4	26	Lily BOGUNOVICH	JR	#2	Mount Union	---	(1:00.79f)	2/14
5	27	Cortni ARP	SR	#2	Mount Union	1:00.12c	(1:00.91f)	2/20
6	31	Erin ANDERSON	SO	#18	Denison	1:00.42c	(1:01.22f)	2/20
7	34	Micah DONLEY	SO	#2	Mount Union	1:00.49c	(1:01.29f)	2/14
8	37	Autumn HALE	JR	#1	John Carroll	1:00.61c	(1:01.41f)	2/14
9	42	Claire EBERHARDT	FR	#1	John Carroll	1:00.78c	(1:01.58f)	2/6
10	43	Kayla SILVA	JR	#5	Ohio Northern	1:00.83c	(1:01.63f)	2/21

Women's 800 Meters

1	4	Hastings MAREK	SR	#3	Baldwin Wallace	2:15.53c	(2:17.09f)	2/7
2	8	Alexis GRAY	SR	#9	Wittenberg	2:16.99 OT		2/13
3	13	Delaney SALL	FR	#10	Calvin	2:17.87 OT		2/13
4	20	Hope MURPHY	FR	#3	Baldwin Wallace	2:19.47c	(2:21.07f)	2/14
5	24	Claire EBERHARDT	FR	#1	John Carroll	2:21.22c	(2:22.84f)	2/14
6	27	Sydney SMITH	SR		Otterbein	2:21.57c	(2:23.20f)	2/20
7	28	Gina KOWALEWICZ	SR		Otterbein	2:21.61c	(2:23.24f)	2/14
8	29	Molina OTTE	SR	#3	Baldwin Wallace	2:21.80c	(2:23.43f)	2/7
9	31	Madelyn BRINDZA	SR	#1	John Carroll	2:21.96c	(2:23.59f)	2/14
10	38	Taylor ELLERBROCK	JR	#5	Ohio Northern	2:22.50c	(2:24.14f)	1/30

Women's Mile

1	2	Hastings MAREK	SR	#3	Baldwin Wallace	5:00.62c	(5:03.59f)	2/7
2	9	Sydney JENKO	SO	#1	John Carroll	5:06.03c	(5:09.05f)	1/24
3	10	Alyssa LAUGHNER	JR	#3	Baldwin Wallace	5:06.90c	(5:09.93f)	2/7
3	10	Hope MURPHY	FR	#3	Baldwin Wallace	5:06.90c	(5:09.93f)	1/30
5	12	Sadie HEERINGA	JR	#10	Calvin	5:08.43 OT		2/13
6	14	Madelyn BRINDZA	SR	#1	John Carroll	5:09.05c	(5:12.10f)	1/30
7	16	Sydney SMITH	SR		Otterbein	5:09.82c	(5:12.88f)	2/7
8	18	Jacinda COLE	SR	#4	Hope	5:11.08 OT		1/23
9	24	Mackenzie DAVIS	SO		Otterbein	5:12.97c	(5:16.06f)	2/7
10	28	Hannah KENNY	SR	#4	Hope	5:13.79 OT		1/23

Women's 3000 Meters

1	1	Anastasia TUCKER	SO	#4	Hope	9:41.33 OT		1/23
2	4	Sydney SMITH	SR		Otterbein	9:58.69c	(10:03.82f)	2/14
3	7	Hastings MAREK	SR	#3	Baldwin Wallace	10:04.80c	(10:09.98f)	2/14
4	8	Alyssa LAUGHNER	JR	#3	Baldwin Wallace	10:12.55c	(10:17.80f)	2/14
5	9	Macy MCADAMS	SR	#22	Muskingum	10:12.86c	(10:18.11f)	2/14
6	10	Megan THEISMANN	SR	#6	Trine	10:14.39c	(10:19.65f)	2/20
7	11	Brittany MCCAULEY	SR	#2	Mount Union	10:17.49c	(10:22.78f)	2/14
8	13	Morgan KELLEY	SR	#1	John Carroll	10:21.53c	(10:26.85f)	2/14
9	15	Elizabeth LOHMAN	SR	#6	Trine	10:23.39c	(10:28.73f)	2/20
10	16	Molina OTTE	SR	#3	Baldwin Wallace	10:23.69c	(10:29.03f)	2/14

Women's 5000 Meters

1	2	Anastasia TUCKER	SO	#4	Hope	17:04.09 OT		2/12
2	4	Sydney JENKO	SO	#1	John Carroll	17:33.48c	(17:41.54f)	2/14
3	5	Megan THEISMANN	SR	#6	Trine	17:53.20c	(18:01.41f)	2/13
4	7	Anna MASON	SO	#4	Hope	17:54.49 OT		2/12
5	8	Isabel CHASNEY	SO	#12	Heidelberg	17:56.50c	(18:04.74f)	2/14
6	9	Elizabeth LOHMAN	SR	#6	Trine	18:00.30c	(18:08.57f)	2/13
7	10	Annie NEEDS	SR	#10	Calvin	18:01.14 OT		2/12
8	11	Cameron BUJAUCIUS	JR	#1	John Carroll	18:03.07c	(18:11.36f)	2/14
9	12	Erica ESPER	SO	#1	John Carroll	18:12.73c	(18:21.09f)	1/24
10	16	Alyssa LAUGHNER	JR	#3	Baldwin Wallace	18:17.82c	(18:26.22f)	1/30

Women's 60 Meter Hurdles

1	7	Gracie DENNISON	JR		Otterbein	9.02		2/14
2	9	Sabrina STOCKER	SR	#2	Mount Union	9.04		2/14
3	15	Michaelina TERRANOVA	JR	#2	Mount Union	9.13		2/14
4	17	Stella DEWITT	SR	#5	Ohio Northern	9.15		2/6
5	25	Megan CAREY	JR		Otterbein	9.36		2/20
6	34	Monica BRADFORD	FR	#18	Denison	9.46		2/20
7	40	Zarliyah BOARD	FR	#2	Mount Union	9.50		2/20
8	45	Olivia BEAN	SO	#12	Heidelberg	9.54		1/31
8	45	Nosa IGIEHON	SO	#11	Rose-Hulman	9.54		2/20
10	48	Claire BENEDICT	SO	#4	Hope	9.61		2/13



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Great Lakes

Women's 4x400 Relay

1	11	Clemente, Eberhardt, Hale, Phoennik	#1	John Carroll	4:06.02c (4:09.28f)	2/6
2	17	Wertz, Swisher, Smith, Bober	#2	Mount Union	4:10.35c (4:13.67f)	2/20
3	18	Gammel, Stoffregen, Truax, Borland	#14	DePauw	4:10.51c (4:13.83f)	2/19
4	23	Murphy, Laughner, Marek, Otte	#3	Baldwin Wallace	4:11.79c (4:15.13f)	2/7
5	24	Moore, Benedict, Timperman, Behrens	#4	Hope	4:12.26c (4:15.60f)	2/20
6	28	Nowak, Brock, Price, Lykins	#8	Ohio Wesleyan	4:14.04c (4:17.41f)	2/12
7	31	Livingston, Hartpence, Theismann, Lohman	#6	Trine	4:15.77c (4:19.16f)	2/20
8	34	Ellerbrock, Neff, Goodrich, Herron	#5	Ohio Northern	4:16.67c (4:20.07f)	1/24
9	36	Peterson, Smith, Cheatham, Rogers	#11	Rose-Hulman	4:17.14c (4:20.55f)	2/20
10	37	Hayes, Papocchia, Wishman, Gray	#9	Wittenberg	4:17.59 OT	2/20

Women's Distance Medley Relay

1	1	Cole, Behrens, Kenny, Tucker	#4	Hope	11:50.92 OT	2/13
2	2	Laughner, Vinci, Otte, Marek	#3	Baldwin Wallace	12:04.17c (12:11.92f)	2/21
3	3	Brindza, Hale, Eberhardt, Jenko	#1	John Carroll	12:15.03c (12:22.90f)	2/21
4	6	Heeringa, Ruiters-Diaz, Sall, Ten Pas	#10	Calvin	12:41.88c (12:50.04f)	2/20
5	9	Gregory, Desenberg, Watson, Wooten	#19	Franklin	13:27.16c (13:35.80f)	2/20
6	11	Russell, Henderson, Bober, Boyce	#2	Mount Union	13:31.89c (13:40.58f)	2/14
7	13	Kenney, Zumbun, Parker, Haldeman	#6	Trine	13:41.32c (13:50.12f)	2/20
8	16	Penick, Moss, Guthrie, Loller	#25	Anderson (Ind.)	13:54.34c (14:03.27f)	2/20
9	18	Brownrigg, Barnes, Nixon, Billman	#16	Bluffton	13:57.17c (14:06.14f)	2/20
10	19	Hunter, Folz, Giraldo, Baker	#11	Rose-Hulman	13:57.88c (14:06.85f)	2/20

Women's High Jump

1	3	Laura PULLINS	JR	#7	Marietta	1.66m 5-5¼	2/20
2	6	Emma KLOSTERMAN	FR		Otterbein	1.63m 5-4¼	2/20
3	10	Peyton HOWELL	SO	#8	Ohio Wesleyan	1.62m 5-3¾	2/20
4	14	Sarah WATSON	FR	#8	Ohio Wesleyan	1.60m 5-3	2/12
4	14	Nosa IGIEHON	SO	#11	Rose-Hulman	1.60m 5-3	2/12
4	14	Kennady GIBBINS	JR	#2	Mount Union	1.60m 5-3	2/20
4	14	Elizabeth CLEMENTE	FR	#1	John Carroll	1.60m 5-3	2/14
4	14	Erin PASCH	JR	#14	DePauw	1.60m 5-3	2/13
9	29	Madison MANNIS	SO	#8	Ohio Wesleyan	1.57m 5-1¾	2/20
9	29	Hannah SCHATZ	FR	#9	Wittenberg	1.57m 5-1¾	2/13

Women's Pole Vault

1	1	Bri AVENI	JR	#2	Mount Union	3.66m 12-0	2/20
2	3	Emily PHILLIPS	JR	#2	Mount Union	3.51m 11-6¼	2/20
2	3	Baylee BROWN	SO	#7	Marietta	3.51m 11-6¼	2/20
4	16	Chase PATTON	JR	#8	Ohio Wesleyan	3.36m 11-¼	2/12
4	16	Kathleen KENNEDY	SR		Otterbein	3.36m 11-¼	2/20
6	18	Alison LOASE	SO	#7	Marietta	3.35m 10-11¼	2/14
7	23	Anna SCHATZLE	SO	#5	Ohio Northern	3.25m 10-8	2/14
7	23	Alexis PENNELL	SO	#7	Marietta	3.25m 10-8	2/14
9	32	Andrea RODEHEFFER	FR	#6	Trine	3.20m 10-6	2/5
10	35	Autumn PRESLEY	JR	#6	Trine	3.15m 10-4	2/13

Women's Long Jump

1	1	Alexis JOHNSON	SR	#9	Wittenberg	5.64m 18-6	2/13
2	3	Ariana COLEMAN	SO	#12	Heidelberg	5.58m 18-3¾	2/14
3	7	Stevie PLIKERD	JR	#9	Wittenberg	5.51m 18-1	2/20
4	8	Courtney PHOENNIK	SR	#1	John Carroll	5.50m 18-½	2/14
5	10	Stella DEWITT	SR	#5	Ohio Northern	5.49m 18-¼	2/14
6	13	Maria DELUCA	SR	#1	John Carroll	5.47m 17-11½	1/24
7	20	Alexianna JOHNSON	SR	#2	Mount Union	5.35m 17-6¾	2/14
8	25	Kayla SILVA	JR	#5	Ohio Northern	5.32m 17-5½	2/14
9	31	Kennady GIBBINS	JR	#2	Mount Union	5.28m 17-4	2/14
10	34	Emma KLOSTERMAN	FR		Otterbein	5.27m 17-3½	2/20

Women's Triple Jump

1	1	Courtney PHOENNIK	SR	#1	John Carroll	12.07m 39-7¼	2/14
2	4	Maria DELUCA	SR	#1	John Carroll	11.34m 37-2½	2/6
3	16	Nosa IGIEHON	SO	#11	Rose-Hulman	11.10m 36-5	2/12
4	28	Stevie PLIKERD	JR	#9	Wittenberg	10.79m 35-4¾	2/20
5	33	Rofiat ADEYEMI	FR	#11	Rose-Hulman	10.70m 35-1¼	2/20
6	34	Stella DEWITT	SR	#5	Ohio Northern	10.68m 35-½	2/14
7	40	Tamsin DAY	SR		Otterbein	10.58m 34-8½	2/14
7	40	Genevieve ARNOLD	FR	#1	John Carroll	10.58m 34-8½	2/14
9	51	Alexianna JOHNSON	SR	#2	Mount Union	10.48m 34-4¾	2/6
10	61	Kyra HICKS	FR	#11	Rose-Hulman	10.31m 33-10	2/20



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Great Lakes

Women's Shot Put

1	17	Kasey NEVILLE	JR	#7	Marietta	12.70m	41-8	2/7
2	19	Kayli SULLIVAN	SR	#15	Wilmington (Ohic	12.63m	41-5¼	2/14
3	20	Ari MCPHETERS	SR	#8	Ohio Wesleyan	12.61m	41-4½	2/20
4	22	Lillian ALBAUGH	JR	#21	Olivet	12.59m	41-3¾	1/15
5	27	Jalayah MIXON	FR	#2	Mount Union	12.20m	40-½	2/20
6	35	Kanemah RAMBI	JR	#2	Mount Union	11.93m	39-1¾	2/6
7	38	Annie PRIEST	JR	#7	Marietta	11.92m	39-1¼	2/20
8	40	Olivia HURTT	JR	#1	John Carroll	11.89m	39-¼	2/6
9	44	Charley HENGESBACH	SR	#17	Alma	11.86m	38-11	2/13
10	47	Madelyn SUMMERS	SO	#6	Trine	11.83m	38-9¾	2/5

Women's Weight Throw

1	9	Olivia HURTT	JR	#1	John Carroll	16.43m	53-11	2/21
2	11	Waverly VERHILL	JR	#10	Calvin	16.38m	53-9	2/13
3	15	Valerie OBEAR	JR	#6	Trine	16.24m	53-3½	2/13
4	25	Kayli SULLIVAN	SR	#15	Wilmington (Ohic	15.50m	50-10¼	2/21
5	27	Kasey NEVILLE	JR	#7	Marietta	15.38m	50-5½	2/7
6	39	Bailey HOFFMAN	JR	#17	Alma	14.82m	48-7½	2/13
7	42	Chayanne CONLEY	JR	#8	Ohio Wesleyan	14.76m	48-5¼	2/20
8	49	Hunter FIELDS	SR	#19	Franklin	14.49m	47-6½	2/20
9	50	Annie PRIEST	JR	#7	Marietta	14.48m	47-6¼	2/20
10	56	Kelsey DUNN	JR	#1	John Carroll	14.30m	46-11	1/24

Women's Pentathlon

1	16	Amanda CHURCH	FR	#16	Bluffton	1,502		2/5
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Midwest

Women's 60 Meters

1	14	Selena THOMAS	SR	Westminster (Pa.)	7.93	1/29
2		Olivia YOUNGER	JR	#2 Geneva	8.36	1/29

Women's 200 Meters

1		Selena THOMAS	SR	Westminster (Pa.)	27.16 OT	1/29
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Women's 400 Meters

1		Haley MOORE	SR	Westminster (Pa.)	1:06.10 OT	1/29
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Women's 800 Meters

1	33	Erin WARD	SR	Westminster (Pa.)	2:22.11 OT	1/29
2	43	Katelyn BERNOTAS	SR	#1 Eastern (Pa.)	2:23.11	2/12

Women's Mile

1	52	Katelyn BERNOTAS	SR	#1 Eastern (Pa.)	5:19.92	2/12
2		Mary BERNOTAS	JR	#1 Eastern (Pa.)	5:40.65	2/12
3		Ashlin LAFOND	JR	#3 Franciscan	5:58.39 OT	1/15

Women's 3000 Meters

1	79	Mary BERNOTAS	JR	#1 Eastern (Pa.)	10:56.10	2/12
2		Marisa LIVOTI	SR	#1 Eastern (Pa.)	11:03.84	2/12
3		Katie SCHRANTZ	SR	Westminster (Pa.)	11:18.99 OT	1/29
4		Sydney LORENTZ	SO	#3 Franciscan	12:26.98 OT	1/15

Women's 5000 Meters

1	LE+0:	Katie SCHRANTZ	SR	Westminster (Pa.)	20:19.20 OT	1/29
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Women's 60 Meter Hurdles

1	23	Olivia YOUNGER	JR	#2 Geneva	9.30	1/29
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Women's Long Jump

1	6	Selena THOMAS	SR	Westminster (Pa.)	5.53m	18-1¾	1/29
2	78	Judith MCCHESENEY	JR	#2 Geneva	4.95m	16-3	1/29

Women's Triple Jump

1	91	Judith MCCHESENEY	JR	#2 Geneva	9.88m	32-5	1/29
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Women's Shot Put

1	50	Megan PARKER	SR	Westminster (Pa.)	11.77m	38-7½	1/29
2		Joelle WASH	JR	#1 Eastern (Pa.)	10.03m	32-11	2/12
3		Saige HEIGEL	FR	Westminster (Pa.)	9.02m	29-7¼	1/29

Women's Weight Throw

1		Megan PARKER	SR	Westminster (Pa.)	11.99m	39-4	1/29
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Midwest

Women's 60 Meters

1	1	Lexi LEFEVER	JR	#8	UW-River Falls	7.75	2/20
2	3	Savannah RYGIEWICZ	SR	#1	UW-La Crosse	7.80	2/20
3	4	Emily DAWIDOWICH	FR	#1	UW-La Crosse	7.81	2/6
4	6	Addison BENDERY	SO	#4	Illinois Wesleyan	7.83	2/13
5	8	Megan BEST	SO	#3	UW-Eau Claire	7.87	2/20
6	10	Shannon NELSON	JR	#5	UW-Stevens Poin	7.89	2/6
7	12	Kaitlin BONNEY	SR	#6	North Central (Ill.)	7.91	2/19
8	14	Kelly ALDRICH	SR	#1	UW-La Crosse	7.93	2/6
9	21	Aly REUVERS	SO	#1	UW-La Crosse	7.97	2/6
9	21	Jessica STELZNER	JR	#1	UW-La Crosse	7.97	2/6

Women's 200 Meters

1	2	Lexi LEFEVER	JR	#8	UW-River Falls	25.12c (25.51f)	2/20
2	3	Emily DAWIDOWICH	FR	#1	UW-La Crosse	25.16c (25.55f)	2/13
3	5	Shannon NELSON	JR	#5	UW-Stevens Poin	25.64c (26.03f)	2/13
4	6	Aly REUVERS	SO	#1	UW-La Crosse	25.78c (26.18f)	2/20
4	6	Kelsey MCLAURIN	SR	#6	North Central (Ill.)	25.78c (26.18f)	2/19
6	12	Addison BENDERY	SO	#4	Illinois Wesleyan	25.88c (26.28f)	2/6
7	13	Kaitlin BONNEY	SR	#6	North Central (Ill.)	25.89c (26.29f)	2/19
8	15	Megan WALLACE	SR	#3	UW-Eau Claire	25.92c (26.32f)	2/20
9	17	Gwen ORR	SR	#13	UW-Platteville	25.94c (26.34f)	2/13
10	18	Kelly ALDRICH	SR	#1	UW-La Crosse	25.96c (26.36f)	2/20

Women's 400 Meters

1	2	Hailey WIMBERLY	JR	#12	Millikin	57.82c (58.58f)	2/13
2	7	Katie BANIE	JR	#1	UW-La Crosse	58.51c (59.28f)	2/20
3	10	Amber JOHNSON	SO	#1	UW-La Crosse	58.77c (59.55f)	2/20
4	14	Kaitlin BONNEY	SR	#6	North Central (Ill.)	59.25c (1:00.03f)	2/6
5	17	Sarah LANGLOIS	SO	#8	UW-River Falls	59.41c (1:00.19f)	2/20
6	18	Simone WILSON	SR	#20	Concordia Chicago	59.48c (1:00.27f)	2/19
7	22	Brooke WELLHAUSEN	SR	#5	UW-Stevens Poin	59.66c (1:00.45f)	2/20
8	23	Addison BENDERY	SO	#4	Illinois Wesleyan	59.73c (1:00.52f)	2/13
9	25	Lydia MITCHELL	JR	#23	Knox	59.75c (1:00.54f)	2/20
10	28	Mara SCHROEDER	JR	#1	UW-La Crosse	1:00.23c (1:01.03f)	2/20

Women's 800 Meters

1	2	Zanzie DEMCO	JR	#2	UW-Oshkosh	2:14.04c (2:15.58f)	2/19
2	10	Brooke WELLHAUSEN	SR	#5	UW-Stevens Poin	2:17.50c (2:19.08f)	2/13
3	12	Kaitlyn GALGON	JR	#13	UW-Platteville	2:17.69c (2:19.27f)	2/13
4	17	Libby GEISNESS	SO	#2	UW-Oshkosh	2:19.15c (2:20.75f)	2/19
5	22	Sydney REISNER	SO	#9	UW-Stout	2:20.79c (2:22.41f)	2/13
6	25	Kylie JUDD	SO	#3	UW-Eau Claire	2:21.43c (2:23.06f)	2/13
7	26	Rebekah HARDEN	JR	#4	Illinois Wesleyan	2:21.55c (2:23.18f)	1/30
8	32	Hannah LOHRENTZ	SR	#2	UW-Oshkosh	2:22.09c (2:23.72f)	2/19
9	34	Kelsey WYMAN	SR	#4	Illinois Wesleyan	2:22.15c (2:23.79f)	2/13
10	37	Ashley KACHURIK	SO	#3	UW-Eau Claire	2:22.26c (2:23.90f)	2/13

Women's Mile

1	4	Emma MALOOLY	SR	#1	UW-La Crosse	5:02.33c (5:05.32f)	2/20
2	5	Zanzie DEMCO	JR	#2	UW-Oshkosh	5:02.96c (5:05.95f)	2/6
3	7	Maddie HANNAN	SO	#1	UW-La Crosse	5:04.37c (5:07.38f)	2/20
4	15	Hannah LOHRENTZ	SR	#2	UW-Oshkosh	5:09.40c (5:12.46f)	2/6
5	20	Emma DRANGSTVEIT	SR	#3	UW-Eau Claire	5:12.10c (5:15.18f)	2/6
6	22	Jenna YAKESH	SR	#6	North Central (Ill.)	5:12.92c (5:16.01f)	2/19
7	25	Kylie JUDD	SO	#3	UW-Eau Claire	5:13.26c (5:16.36f)	2/6
8	26	Emmy FARAGO	JR	#8	UW-River Falls	5:13.35c (5:16.45f)	2/13
9	31	Rebekah HARDEN	JR	#4	Illinois Wesleyan	5:14.37c (5:17.48f)	2/13
10	39	Jenna FIORE	JR	#6	North Central (Ill.)	5:15.90c (5:19.02f)	2/6

Women's 3000 Meters

1	12	Katie FARIS	JR	#3	UW-Eau Claire	10:19.25c (10:24.55f)	2/13
2	14	Zanzie DEMCO	JR	#2	UW-Oshkosh	10:22.11c (10:27.44f)	2/13
3	18	Emma DRANGSTVEIT	SR	#3	UW-Eau Claire	10:25.76c (10:31.12f)	2/13
4	28	Jenna FIORE	JR	#6	North Central (Ill.)	10:32.81c (10:38.23f)	2/19
5	30	Hannah LOHRENTZ	SR	#2	UW-Oshkosh	10:33.58c (10:39.01f)	2/13
6	31	Emmy FARAGO	JR	#8	UW-River Falls	10:33.74c (10:39.17f)	2/20
7	32	Molly PERKINS	SR	#9	UW-Stout	10:34.26c (10:39.69f)	2/13
8	37	Liz GALLOWAY	SR	#3	UW-Eau Claire	10:35.77c (10:41.22f)	2/13
9	43	Christi FORMAN	FR	#3	UW-Eau Claire	10:39.34c (10:44.82f)	2/13
10	47	Alyssa MANTIA	SO	#7	Wheaton (Ill.)	10:40.16c (10:45.64f)	2/6

Women's 5000 Meters

1	6	Katie NORTH	SR	#4	Illinois Wesleyan	17:54.19c (18:02.41f)	2/13
2	19	Alyssa MANTIA	SO	#7	Wheaton (Ill.)	18:19.02c (18:27.43f)	2/13
3	21	Jenna MIRANDE	JR	#4	Illinois Wesleyan	18:20.46c (18:28.88f)	2/13
4	24	Maddie HANNAN	SO	#1	UW-La Crosse	18:23.27c (18:31.72f)	2/13
5	29	Maddy VANTASSEL	SO	#1	UW-La Crosse	18:34.15c (18:42.68f)	2/13
6	30	Julia ANDERSON	FR	#1	UW-La Crosse	18:36.61c (18:45.16f)	2/13
7	31	Jenna LOVEJOY	FR	#1	UW-La Crosse	18:37.64c (18:46.20f)	2/13
8	33	Hope CLARK	FR	#7	Wheaton (Ill.)	18:43.70c (18:52.30f)	2/13
9	35	Elita SPADLOWSKI	SR	#11	Elmhurst	18:46.45c (18:55.07f)	2/13
10	39	Rachel JEFFERS	SR	#1	UW-La Crosse	18:48.67c (18:57.31f)	2/13

Women's 60 Meter Hurdles

1	3	Emma LAWRENCE	SO	#1	UW-La Crosse	8.92	2/20
2	4	Hannah ZASTROW	FR	#9	UW-Stout	8.95	2/13
3	5	Hannah ZENKOVICH	JR	#1	UW-La Crosse	8.96	2/13
4	8	Riley KINDT	FR	#2	UW-Oshkosh	9.03	2/19
5	11	Sylvann MOMONT	SR	#5	UW-Stevens Poin	9.06	2/6
6	13	Megan WALLACE	SR	#3	UW-Eau Claire	9.08	2/6
7	18	Sofia WAJNER	SR	#15	Augustana (Ill.)	9.19	1/30
8	19	Clair SHEPARDSON	SR	#1	UW-La Crosse	9.22	2/20
9	21	Elle MACULAN	JR	#5	UW-Stevens Poin	9.27	2/6
10	26	Cayden SHARP	JR	#18	Greenville	9.38	1/29



USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2021 Week #5, February 22

as of 2/23/2021 12:44:53 PM

Midwest

Women's 4x400 Relay

1	5	Lawrence, Knoernschild, Johnson, Banie	#1	UW-La Crosse	3:58.99c	(4:02.16f)	2/20
2	6	Bonney, Grady, Hodonicky, McLaurin	#6	North Central (Ill.)	4:01.89c	(4:05.10f)	2/19
3	7	Eiers, Syverson, Johannsen, Wallace	#3	UW-Eau Claire	4:02.78c	(4:06.00f)	2/6
4	9	Bendery, Wilkinson, Wyman, Harden	#4	Illinois Wesleyan	4:03.31c	(4:06.54f)	2/6
5	10	Fassbender, Jacobs, Nieheuser, McNamara	#10	UW-Whitewater	4:05.64c	(4:08.90f)	2/19
6	12	Maculan, Milliren, Johnson, Spatz	#5	UW-Stevens Poin	4:06.43c	(4:09.70f)	2/20
7	13	Wiegand, Dixon, Renison, Ruiz	#12	Millikin	4:06.58c	(4:09.85f)	2/6
8	14	Langlois, LeFever, Dietrich, Farago	#8	UW-River Falls	4:07.51c	(4:10.79f)	2/20
9	15	Huber, Jackson, Wagner, Polka	#2	UW-Oshkosh	4:07.81c	(4:11.10f)	2/19
10	21	Buss, Gorge, Holter, Galgon	#13	UW-Platteville	4:11.23c	(4:14.56f)	2/13

Women's Distance Medley Relay

1	4	Lohrenz, Jenneman, Geisness, Demco	#2	UW-Oshkosh	12:30.37c	(12:38.41f)	2/19
2	8	Leslie, Adhikari, Schaefer, Holt	#17	Principia	13:23.76c	(13:32.37f)	2/19
3	21	DeJonge, Kovats, Burke, Hernandez	#11	Elmhurst	14:10.96c	(14:20.07f)	2/6
4	23	Mayhill, Schirmacher, Rinon, Sanders	#16	Carthage	14:26.97c	(14:36.25f)	1/30
5	28	Miazek, Cifuentes, Mendro, Mendro	#21	North Park	14:55.68c	(15:05.27f)	2/6

Women's High Jump

1	1	Bailey WALDHAUSER	SR	#3	UW-Eau Claire	1.70m	5-7	2/13
2	3	Sylviann MOMONT	SR	#5	UW-Stevens Poin	1.66m	5-5½	2/6
3	5	Hannah ZASTROW	FR	#9	UW-Stout	1.65m	5-5	2/6
4	6	Amanda WIEBKE	SR	#1	UW-La Crosse	1.63m	5-4¼	2/6
4	6	Riley KINDT	FR	#2	UW-Oshkosh	1.63m	5-4¼	2/19
6	12	Megan WALLACE	SR	#3	UW-Eau Claire	1.61m	5-3¼	2/6
7	19	Hannah ZENKOVICH	JR	#1	UW-La Crosse	1.58m	5-2¼	2/13
7	19	Olivia OWENS	FR	#1	UW-La Crosse	1.58m	5-2¼	2/6
7	19	Kat KREBASCH	JR	#15	Augustana (Ill.)	1.58m	5-2¼	2/6
7	19	Brooke WALLING	JR	#10	UW-Whitewater	1.58m	5-2¼	2/13
7	19	Mallory BURKE	JR	#11	Elmhurst	1.58m	5-2¼	2/13

Women's Pole Vault

1	2	Abby MEIDL	SO	#1	UW-La Crosse	3.52m	11-6½	2/20
2	5	Emma WARR	SO	#2	UW-Oshkosh	3.50m	11-5¾	2/13
2	5	Kathy MYRDA	JR	#6	North Central (Ill.)	3.50m	11-5¾	2/19
2	5	Ashley O'CONNELL	SO	#1	UW-La Crosse	3.50m	11-5¾	2/13
5	8	Gracie HOLLAND	FR	#10	UW-Whitewater	3.48m	11-5	2/6
6	9	Kat KREBASCH	JR	#15	Augustana (Ill.)	3.43m	11-3	2/6
7	11	Abigail NELSON	SO	#5	UW-Stevens Poin	3.40m	11-1¾	2/20
8	13	Allison WEIKER	JR	#3	UW-Eau Claire	3.37m	11-¾	2/13
8	13	Samantha KRUEGER	JR	#8	UW-River Falls	3.37m	11-¾	2/6
8	13	Kimberly ROBERTSON	SR	#8	UW-River Falls	3.37m	11-¾	2/6

Women's Long Jump

1	2	Lexi LEFEVER	JR	#8	UW-River Falls	5.59m	18-4¼	2/13
2	4	Shelby NICKELS	SR	#10	UW-Whitewater	5.55m	18-2½	2/6
3	5	Adrienne LEWIS	SR	#5	UW-Stevens Poin	5.54m	18-2¼	2/20
4	8	Cora WILKINSON	SR	#4	Illinois Wesleyan	5.50m	18-½	2/13
5	10	Vanessa JENNEMAN	FR	#2	UW-Oshkosh	5.49m	18-¼	2/13
6	12	Hannah ZENKOVICH	JR	#1	UW-La Crosse	5.48m	17-11¾	2/6
7	14	Megan WALLACE	SR	#3	UW-Eau Claire	5.46m	17-11	2/20
8	15	Emma HELFERICH	JR	#4	Illinois Wesleyan	5.40m	17-8¾	1/30
8	15	Sydney WAMBACH	FR	#1	UW-La Crosse	5.40m	17-8¾	2/6
10	18	Jessica STELZNER	JR	#1	UW-La Crosse	5.38m	17-8	2/13

Women's Triple Jump

1	2	Jessica STELZNER	JR	#1	UW-La Crosse	11.66m	38-3¼	2/6
2	3	Kelsey MCLAURIN	SR	#6	North Central (Ill.)	11.50m	37-8¾	2/19
3	7	Kady KOCHENDORFER	JR	#3	UW-Eau Claire	11.27m	36-11¾	2/13
3	7	Lauren WONG	FR	#4	Illinois Wesleyan	11.27m	36-11¾	2/6
5	9	Sydney WAMBACH	FR	#1	UW-La Crosse	11.23m	36-10¼	2/6
6	10	Riley KINDT	FR	#2	UW-Oshkosh	11.20m	36-9	2/6
7	11	Amanda LAMS	JR	#11	Elmhurst	11.19m	36-8½	2/19
8	14	Alden GOUCHER	SR	#19	Concordia Wisco	11.14m	36-6¾	2/6
9	17	Kylah FREDERIXON	SO	#1	UW-La Crosse	11.08m	36-4¼	2/6
10	20	Cara VOLZ	SR	#2	UW-Oshkosh	11.03m	36-2¼	2/19

Women's Shot Put

1	3	Sydney THOMPSON	SR	#2	UW-Oshkosh	13.78m	45-2½	2/13
2	4	Mackenzie HUBER	SO	#9	UW-Stout	13.73m	45-½	2/13
3	5	Catie FOBBE	JR	#3	UW-Eau Claire	13.46m	44-2	2/20
4	6	Skye DIGMAN	JR	#1	UW-La Crosse	13.42m	44-½	2/20
5	8	Megan WALLACE	SR	#3	UW-Eau Claire	13.30m	43-7¾	2/13
6	10	Ayana BLAIR	SR	#4	Illinois Wesleyan	13.05m	42-9¾	1/30
6	10	Demi PLOOR	JR	#9	UW-Stout	13.05m	42-9¾	2/6
8	15	Morgan FLOREK	SR	#2	UW-Oshkosh	12.81m	42-½	2/6
9	16	Madeline BOBINSKI	SR	#6	North Central (Ill.)	12.80m	42-0	2/19
10	18	Raven VENEGAS	SR	#22	Fontbonne	12.64m	41-5¾	1/29



Regional TFRI Event Summary

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Midwest

Women's Weight Throw

1	1	Skye DIGMAN	JR	#1	UW-La Crosse	17.95m	58-10¾	2/13
2	4	Sydney THOMPSON	SR	#2	UW-Oshkosh	16.90m	55-5½	2/19
3	5	Pamela GRAMER	SR	#1	UW-La Crosse	16.89m	55-5	2/20
4	7	Morgan FLOREK	SR	#2	UW-Oshkosh	16.53m	54-2¾	2/6
5	8	Ayana BLAIR	SR	#4	Illinois Wesleyan	16.47m	54-½	2/13
6	9	Mackenzie HUBER	SO	#9	UW-Stout	16.43m	53-11	2/20
7	16	Alexandra DRAVES	JR	#6	North Central (Ill.)	16.21m	53-2¼	2/19
8	19	Catie FOBBE	JR	#3	UW-Eau Claire	16.00m	52-6	2/6
9	23	Adriyanna PATTERSON	SO	#12	Millikin	15.80m	51-10	1/30
10	26	Hannah LIZANO	SO	#16	Carthage	15.45m	50-8¼	2/6

Women's Pentathlon

1	3	Amy KEANE	SO	#7	Wheaton (Ill.)	2,985		2/19
2	5	Abi GUM	SO	#7	Wheaton (Ill.)	2,664		2/19
3	9	Olivia EISSES	SO	#7	Wheaton (Ill.)	2,296		2/19
4	10	Josie EBERLE	SR	#14	Carroll (Wis.)	2,254		2/19
5	11	Sarah STEPHENS	FR	#11	Elmhurst	2,089		2/19
6	13	Olivia DUNKLEBERGER	FR	#14	Carroll (Wis.)	1,918		2/19
7	14	Amber SIMIC	FR	#7	Wheaton (Ill.)	1,719		2/19



USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2021 Week #5, February 22

as of 2/23/2021 12:44:54 PM

New England

Women's 60 Meters

1	44	Junne ROBERTSON-MCINTIRE	FR	#4	Saint Joseph's (M	8.08	(7.50(55))	2/19
2	50	Sophia SLOVENSKI	JR	#1	Southern Maine	8.09	(7.51(55))	2/13
3	64	Catrina GOULD	FR	#1	Southern Maine	8.13	(7.54(55))	2/19
4		Madison FORNASIER	SO	#1	Southern Maine	8.28	(7.68(55))	2/19
5		Isabella SNYDER	FR	#1	Southern Maine	8.49	(7.88(55))	2/13
6		Wenesha STEWART	SO		Eastern Connecti	9.02	(8.37(55))	2/12
7		Tawnee ROBERTS	SO	#5	UMaine Farmingt	9.15	(8.49(55))	2/19
8		Julie UNCZUR	JR	#4	Saint Joseph's (M	9.74	(9.04(55))	2/19

Women's 200 Meters

1		Catrina GOULD	FR	#1	Southern Maine	27.17c	(27.59f)	2/19
2		Madison FORNASIER	SO	#1	Southern Maine	27.56c	(27.98f)	2/13
3		Taylor CHAMBERLAIN	JR	#1	Southern Maine	28.56c	(29.00f)	2/13
4		Markiana HEWETT	SO	#1	Southern Maine	30.08c	(30.54f)	2/13
5		Abby MINOTT	JR	#5	UMaine Farmingt	30.20c	(30.67f)	2/19
6		Amy FORESTER	FR	#1	Southern Maine	30.51c	(30.98f)	2/19
7		Hanna ROY	FR	#4	Saint Joseph's (M	30.54c	(31.01f)	2/19
8		Alyssa LEONARD	SO	#5	UMaine Farmingt	31.59c	(32.08f)	2/19
9		Tawnee ROBERTS	SO	#5	UMaine Farmingt	31.80c	(32.29f)	2/19

Women's 400 Meters

1		Kevilyn FRAZIER	SO	#2	Coast Guard	1:03.27c	(1:04.56u)	2/12
1		Rachel BUBECK	SO	#2	Coast Guard	1:03.27c	(1:04.56u)	2/12
3		Elise BIRKHAUSER	SO	#2	Coast Guard	1:04.00c	(1:05.31u)	2/12
4		Norah GARVEY	SO	#3	Husson	1:06.18c	(1:07.05f)	2/13
5		Hanna ROY	FR	#4	Saint Joseph's (M	1:09.10c	(1:10.01f)	2/19
6		Grisella RODRIGUEZ	FR		Eastern Connecti	1:11.40c	(1:12.86u)	2/12
7		Cara PERRY	FR	#5	UMaine Farmingt	1:13.09c	(1:14.06f)	2/19
8		Amy FORESTER	FR	#1	Southern Maine	1:15.53c	(1:16.53f)	2/13

Women's 800 Meters

1	3	Maevie ROACH	SR	#2	Coast Guard	2:14.42c	(2:16.63u)	2/12
2	93	Taylor WINTERS	SO	#2	Coast Guard	2:27.52c	(2:29.95u)	2/12
3	95	Lucy KNOWLTON	SR	#1	Southern Maine	2:27.74c	(2:29.44f)	2/19
4		Lauren BRESSON	SR		Eastern Connecti	2:28.87c	(2:31.32u)	2/12
5		Alexandra MURPHY	SO	#2	Coast Guard	2:29.21c	(2:31.66u)	2/12
6		Miranda DUNTON	FR	#3	Husson	2:31.36c	(2:33.10f)	2/19
7		Payton GOODWIN	SO	#3	Husson	2:32.68c	(2:34.44f)	2/19
8		Samantha VANDEMOERE	JR	#4	Saint Joseph's (M	2:32.99c	(2:34.75f)	2/19
9		Celine PISANIC	SO	#2	Coast Guard	2:33.74c	(2:36.27u)	2/12
10		Emily COLBY	JR	#1	Southern Maine	2:34.80c	(2:36.58f)	2/19

Women's Mile

1	90	Lucy KNOWLTON	SR	#1	Southern Maine	5:26.17c	(5:29.39f)	2/13
2		Meghan O'BRIEN	SR	#2	Coast Guard	5:48.40c	(5:52.95u)	2/12
3		Rasa KIRVELEVICIUS	JR	#2	Coast Guard	5:53.43c	(5:58.04u)	2/12
4		Madeline KALLER	SR	#2	Coast Guard	5:56.11c	(6:00.76u)	2/12
5		Corinne STROMMER	FR	#2	Coast Guard	6:07.71c	(6:12.51u)	2/12
6		Julia HEROUX	JR	#4	Saint Joseph's (M	6:11.31c	(6:14.98f)	2/19
7		Carly JORDAN	JR	#4	Saint Joseph's (M	6:13.91c	(6:17.61f)	2/19
8		Tabitha LINGAR	SR	#5	UMaine Farmingt	6:23.30c	(6:27.09f)	2/19
9		Rachael RAYMOND	JR	#1	Southern Maine	6:46.06c	(6:50.07f)	2/13
10		Teagan EWINGS	FR	#3	Husson	6:54.70c	(6:58.80f)	2/13

Women's 3000 Meters

1	33	Mia HUNCHAREK	SR	#2	Coast Guard	10:34.92c	(10:41.59u)	2/12
2	75	Savannah OLYNIEC	SO	#2	Coast Guard	10:55.17c	(11:02.05u)	2/12
3	88	Meghan CHURM	FR	#2	Coast Guard	10:58.24c	(11:05.15u)	2/12
4		Amanda KERR	FR	#2	Coast Guard	11:42.08c	(11:49.45u)	2/12
5		Megan GOULDEN	SO	#2	Coast Guard	12:02.94c	(12:10.53u)	2/12
6		Maggie SANTACROCE	JR		Eastern Connecti	12:14.87c	(12:22.59u)	2/12
7		Jenna CHERNIK	SR		Eastern Connecti	12:46.99c	(12:55.05u)	2/12
8		Jillian MCGAHAN	SO		Eastern Connecti	13:25.04c	(13:33.50u)	2/12

Women's 60 Meter Hurdles

1	42	Michelle KWAFO	SO	#2	Coast Guard	9.52	(8.85(55))	2/12
2	90	Alyssa SIRIANNI	FR		Eastern Connecti	10.18	(9.46(55))	2/12
2	90	Allie GROSS	SO	#1	Southern Maine	10.18	(9.46(55))	2/19
4		Isabella SNYDER	FR	#1	Southern Maine	10.54	(9.80(55))	2/19
5		Willow WHITTEN	SO	#3	Husson	10.78	(10.02(55))	2/19
6		Olivia RICHMOND	JR	#1	Southern Maine	10.88	(10.11(55))	2/19
7		Norah GARVEY	SO	#3	Husson	11.00	(10.22(55))	2/19
8		Rachel SABALL	FR	#3	Husson	11.26	(10.47(55))	2/19
9		Jasmine CONDUAH	SR		Eastern Connecti	11.33	(10.53(55))	2/12
10		Danielle VERMETTE	JR	#4	Saint Joseph's (M	11.44	(10.63(55))	2/19

Women's 4x400 Relay

1	47	Frazier, Jamison, Roach, Murphy	#2	Coast Guard	4:23.98c	(4:29.39u)	2/12
2	63	Dunton, Garvey, Whitten, Glisson	#3	Husson	4:36.71c	(4:40.38f)	2/13
3	66	Bresson, Rodriguez, Rodil, Sirianni		Eastern Connecti	4:41.29c	(4:47.06u)	2/12
4	73	Forester, DiRisi, Taylor, Gross	#1	Southern Maine	5:07.80c	(5:11.88f)	2/13

Women's Distance Medley Relay

1	15	Colby, Taylor, DiRisi, Knowlton	#1	Southern Maine	13:53.19c	(14:02.11f)	2/19
2	17	Abbott, Garvey, Goodwin, Dunton	#3	Husson	13:56.33c	(14:05.29f)	2/19
3	27	Glisson, Heroux, Jordan, Roy	#4	Saint Joseph's (M	14:48.71c	(14:58.23f)	2/19
4	30	Durgin, Chapin, Moody, Lingar	#5	UMaine Farmingt	15:23.50c	(15:33.39f)	2/19



Regional TFRI Event Summary

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New England

Women's High Jump

1	29	Allie GROSS	SO	#1	Southern Maine	1.57m	5-1¾	2/13
1	29	Olivia JALBERT	FR	#1	Southern Maine	1.57m	5-1¾	2/13
3	42	Allie OSBORN	FR	#2	Coast Guard	1.53m	5-¼	2/12
4	71	Rachel SABALL	FR	#3	Husson	1.48m	4-10¼	2/19
4	71	Olivia RICHMOND	JR	#1	Southern Maine	1.48m	4-10¼	2/19
6		Jasmine CONDUAH	SR		Eastern Connecti	1.43m	4-8¼	2/12
7		Arlene BLACKWELL	SR		Eastern Connecti	1.38m	4-6¼	2/12
7		Taylor CHAMBERLAIN	JR	#1	Southern Maine	1.38m	4-6¼	2/19

Women's Pole Vault

1	46	Sophia SLOVENSKI	JR	#1	Southern Maine	3.06m	10-½	2/13
2		Taylor CHAMBERLAIN	JR	#1	Southern Maine	2.31m	7-7	2/13
3		Isabella COMEAU	SR	#3	Husson	2.15m	7-½	2/13

Women's Long Jump

1		Olivia JALBERT	FR	#1	Southern Maine	4.69m	15-4¾	2/13
2		Olivia RICHMOND	JR	#1	Southern Maine	4.68m	15-4¼	2/13
3		Allie GROSS	SO	#1	Southern Maine	4.63m	15-2¼	2/19
4		Quinn YOUNG	FR	#3	Husson	4.52m	14-10	2/19
5		Abby MINOTT	JR	#5	UMaine Farmingt	4.48m	14-8½	2/19
6		Mackenzie DUNN	SO		Eastern Connecti	4.45m	14-7¼	2/12
7		Allison KONDRACKI	SR	#3	Husson	4.42m	14-6	2/13
8		Claire LANGTON	FR		Eastern Connecti	4.35m	14-3¾	2/12
8		Payton GOODWIN	SO	#3	Husson	4.35m	14-3¾	2/19
10		Abby O'BRIEN	FR	#4	Saint Joseph's (M	3.97m	13-¼	2/19

Women's Triple Jump

1		Allison KONDRACKI	SR	#3	Husson	9.65m	31-8	2/19
1		Mackenzie DUNN	SO		Eastern Connecti	9.65m	31-8	2/12
3		Abby MINOTT	JR	#5	UMaine Farmingt	9.47m	31-1	2/19
4		Quinn YOUNG	FR	#3	Husson	9.46m	31-½	2/13
5		Claire LANGTON	FR		Eastern Connecti	9.42m	30-11	2/12
6		Shie SMITH	SR	#3	Husson	9.27m	30-5	2/13
7		Abby O'BRIEN	FR	#4	Saint Joseph's (M	8.08m	26-6¼	2/19

Women's Shot Put

1	57	Kalea SALANG	SO	#2	Coast Guard	11.66m	38-3¼	2/12
2	98	Wenesha STEWART	SO		Eastern Connecti	11.09m	36-4¾	2/12
3		Alexis KAILEY	FR	#1	Southern Maine	11.05m	36-3	2/19
4		Sadie OLSON	FR	#2	Coast Guard	10.95m	35-11¼	2/12
5		Samantha COMEAU	SR	#1	Southern Maine	10.38m	34-¾	2/19
6		Leilani SALANG	SR	#2	Coast Guard	10.14m	33-3¾	2/12
7		Manar ENANY	JR		Eastern Connecti	10.03m	32-11	2/12
8		Hannah CORBETT	FR	#1	Southern Maine	9.82m	32-2¾	2/13
9		Natasha MUIRHEAD	FR	#2	Coast Guard	9.56m	31-4½	2/12
10		Cassidy RINEHART	SO	#3	Husson	9.14m	30-0	2/19

Women's Weight Throw

1	22	Leilani SALANG	SR	#2	Coast Guard	15.84m	51-11¾	2/12
2	64	Kalea SALANG	SO	#2	Coast Guard	14.06m	46-1½	2/12
3		Manar ENANY	JR		Eastern Connecti	12.92m	42-4¾	2/12
4		Samantha COMEAU	SR	#1	Southern Maine	12.82m	42-¾	2/19
5		Sophia STAFFORD	JR	#2	Coast Guard	11.90m	39-½	2/12
6		Natasha MUIRHEAD	FR	#2	Coast Guard	11.83m	38-9¾	2/12
7		Wenesha STEWART	SO		Eastern Connecti	11.51m	37-9¼	2/12
8		Hannah CORBETT	FR	#1	Southern Maine	11.40m	37-5	2/13
9		Stephanie MCLEAN	SR	#5	UMaine Farmingt	10.99m	36-¾	2/19
10		Cassidy RINEHART	SO	#3	Husson	10.88m	35-8½	2/19



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South/Southeast

Women's 60 Meters

1	14	Adalia COLEMAN	FR	#4	Bridgewater (Va.)	7.93	2/20
2	32	Kacee HOOKER	JR	#4	Bridgewater (Va.)	8.02	2/20
3	44	Alison MOREAU	SR	#2	Roanoke	8.08	2/20
4	67	Monasia TAYLOR	JR	#14	Birmingham-Sou	8.14	2/13
5	78	Abigail KINOSHITA	SR	#8	Southern Virginia	8.17	2/20
6	85	Kendra FISHER	SR	#9	Hardin-Simmons	8.19	1/22
6	85	Daniell COOPER	FR	#9	Hardin-Simmons	8.19	1/22
8	92	Tori FIELD	SR	#3	LeTourneau	8.21	2/4
8	92	Haleigh HAMLIN	FR	#4	Bridgewater (Va.)	8.21	1/29
8	92	Jaylyn LANE	JR	#7	Virginia Wesleyan	8.21	2/12

Women's 200 Meters

1	21	Kacee HOOKER	JR	#4	Bridgewater (Va.)	26.01c	(26.41f)	2/20
2	22	Alison MOREAU	SR	#2	Roanoke	26.02c	(26.42f)	2/20
3	35	Adalia COLEMAN	FR	#4	Bridgewater (Va.)	26.25c	(26.65f)	2/20
4	58	Jaylyn LANE	JR	#7	Virginia Wesleyan	26.57		2/12
5	72	Abigail KINOSHITA	SR	#8	Southern Virginia	26.71c	(27.12f)	2/20
6	91	Daniell COOPER	FR	#9	Hardin-Simmons	26.89c	(27.30f)	1/22
7		Mikayla HEFFERON	FR	#2	Roanoke	27.14c	(27.56f)	2/20
8		Taylor POOLE	FR	#2	Roanoke	27.18c	(27.60f)	2/20
9		Haylee GAMBLE	FR	#2	Roanoke	27.21c	(27.63f)	2/6
10		Hannah	JR	#2	Roanoke	27.22c	(27.64f)	2/6

Women's 400 Meters

1	36	Vuronika BARNES	SO	#1	Lynchburg	1:00.58c	(1:01.38f)	2/20
2	38	Lily LIPPERT	JR	#2	Roanoke	1:00.65c	(1:01.45f)	2/20
3	46	Kamryn BENDOLPH	JR	#14	Birmingham-Sou	1:00.93		2/13
4	67	Alison BOBST	FR	#1	Lynchburg	1:01.79c	(1:02.61f)	2/20
5	72	Bailey CASTO	JR	#1	Lynchburg	1:02.03c	(1:02.85f)	2/20
6	74	Daniell COOPER	FR	#9	Hardin-Simmons	1:02.14c	(1:02.96f)	1/22
7	81	Emily BALL	JR	#2	Roanoke	1:02.21c	(1:03.03f)	2/20
8	93	Hannah	JR	#2	Roanoke	1:02.83c	(1:03.66f)	1/30
9		Breauna CONNER	FR	#12	McMurry	1:03.15		1/29
10		Ashaunti BARNES	FR		Belhaven (Miss.)	1:03.37		1/23

Women's 800 Meters

1	56	Jackie WILSON	SR	#1	Lynchburg	2:24.61c	(2:26.27f)	2/20
2	65	Zoe DUNLAP	SO	#2	Roanoke	2:25.53c	(2:27.20f)	2/6
3		Kelsey LAGUNAS	SO	#1	Lynchburg	2:28.28c	(2:29.99f)	1/30
4		Alexis SEGURA	SR	#3	LeTourneau	2:29.58c	(2:31.30f)	2/4
5		Hannah	JR	#2	Roanoke	2:31.14c	(2:32.88f)	2/20
6		Lauren MASSEY	FR	#1	Lynchburg	2:32.72c	(2:34.48f)	1/30
7		Genesis PINEIRO	SO	#17	Ferrum	2:32.87c	(2:34.63f)	2/20
8		Ryleigh BELL	FR	#6	Piedmont	2:33.15		2/13
9		Allison BARTHOL	SR	#2	Roanoke	2:35.06c	(2:36.84f)	2/20
10		Kodi PAYNE	SO	#1	Lynchburg	2:35.17c	(2:36.96f)	1/30

Women's Mile

1	38	Alexis SEGURA	SR	#3	LeTourneau	5:15.54c	(5:18.66f)	2/4
2	70	Kelsey LAGUNAS	SO	#1	Lynchburg	5:24.59c	(5:27.80f)	1/30
3		Makayla LAWLER	SR	#15	Methodist	5:29.27c	(5:32.52f)	2/6
4		Lauren MASSEY	FR	#1	Lynchburg	5:35.32c	(5:38.63f)	1/30
5		Allison SHELLY	SO	#13	Eastern Mennonit	5:40.30c	(5:43.66f)	2/20
6		Erin ATKINSON	JR	#5	Shenandoah	5:41.29		2/5
7		Karalyn TIMMES	FR	#1	Lynchburg	5:42.30c	(5:45.68f)	1/30
8		Kate HUBER	SO	#8	Southern Virginia	5:43.75c	(5:47.15f)	2/6
9		Kodi PAYNE	SO	#1	Lynchburg	5:44.62		1/16
10		Josey GEORGE	SO	#6	Piedmont	5:48.52c	(5:51.97f)	2/6

Women's 3000 Meters

1	54	Kelsey LAGUNAS	SO	#1	Lynchburg	10:47.88c	(10:53.43f)	2/20
2	78	Kodi PAYNE	SO	#1	Lynchburg	10:56.08c	(11:01.70f)	2/20
3	89	Rebecca DORAN	JR	#5	Shenandoah	10:59.01		1/16
4		Alexis SEGURA	SR	#3	LeTourneau	11:09.43c	(11:15.16f)	1/29
5		Allison SHELLY	SO	#13	Eastern Mennonit	11:09.84c	(11:15.58f)	2/20
6		Erin ATKINSON	JR	#5	Shenandoah	11:15.77		2/12
7		Mackenzie YOUNG	FR	#4	Bridgewater (Va.)	11:34.94c	(11:40.89f)	2/20
8		Addie BOLTON	SO	#6	Piedmont	11:35.01		1/24
9		Josey GEORGE	SO	#6	Piedmont	11:37.78		1/24
10		Valeria ANGEL	JR	#6	Piedmont	11:37.82		2/13

Women's 5000 Meters

1	34	Kelsey LAGUNAS	SO	#1	Lynchburg	18:46.24		2/5
2	43	Rebecca DORAN	JR	#5	Shenandoah	18:54.05		2/12
3	73	Addie BOLTON	SO	#6	Piedmont	19:32.20		1/31
4	94	Josey GEORGE	SO	#6	Piedmont	20:05.80		1/31
5		Erin ATKINSON	JR	#5	Shenandoah	20:23.49		1/29
6		Valeria ANGEL	JR	#6	Piedmont	20:25.28		1/31
7		Hannah HALE	SO	#5	Shenandoah	20:35.01		2/5
8		Jennifer MACIAS	JR	#5	Shenandoah	20:51.07		2/5

Women's 60 Meter Hurdles

1	9	Maya LACY	SR	#1	Lynchburg	9.04	2/20
2	20	Aniya SEWARD	FR	#1	Lynchburg	9.26	2/20
3	24	Shirell WASHINGTON	FR	#7	Virginia Wesleyan	9.33	2/12
4	31	Nandhi BROWN	JR	#12	McMurry	9.44	1/29
4	31	Tori FIELD	SR	#3	LeTourneau	9.44	2/4
6	55	Hannah	JR	#2	Roanoke	9.69	2/20
7	60	Erin FITZPATRICK	SR	#4	Bridgewater (Va.)	9.72	2/20
8	65	Naj CAMPBELL	FR	#12	McMurry	9.76	1/29
9	68	Kaitlyn REED	SO	#3	LeTourneau	9.82	2/4
10	70	Cammi WINSTON	FR	#2	Roanoke	9.86	2/20



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South/Southeast

Women's 4x400 Relay

1	19	Casto, Bobst, Wilson, Barnes	#1	Lynchburg	4:10.68c	(4:14.00f)	2/20
2	30	Gamble, Lippert, Hefferon, Ball	#2	Roanoke	4:15.60c	(4:18.99f)	2/20
3	35	Fisher, Tolbert, Bramlett, Cooper	#9	Hardin-Simmons	4:16.87c	(4:20.28f)	1/22
4	41	Crocker, Washington, Stedman, Lane	#7	Virginia Wesleyan	4:21.07		2/12
5	43	Bouldin, Knight, Barnes, Winford		Belhaven (Miss.)	4:21.63		1/16
6	62	Doyle, Brown, Beil, Ponce	#6	Piedmont	4:35.97c	(4:39.63f)	2/6
7	69	Barton, Parker, Griffith, Maslich	#8	Southern Virginia	4:46.61c	(4:50.41f)	2/6

Women's High Jump

1	6	Alison MOREAU	SR	#2	Roanoke	1.63m	5-4¼	2/20
2	29	Savannah TAFT	FR	#3	LeTourneau	1.57m	5-1¾	1/29
3	35	Kaitlyn NGUYEN	FR	#2	Roanoke	1.55m	5-1	2/6
3	35	Kamman BROWN	JR	#11	Berry	1.55m	5-1	2/6
5	56	Cammi WINSTON	FR	#2	Roanoke	1.50m	4-11	2/20
5	56	Mary SLATE	FR	#11	Berry	1.50m	4-11	2/6
5	56	Erin FITZPATRICK	SR	#4	Bridgewater (Va.)	1.50m	4-11	2/20
8	87	Logan HALLER	SO	#9	Hardin-Simmons	1.47m	4-9¾	1/22
8	87	Abby RUSSELL	FR	#1	Lynchburg	1.47m	4-9¾	2/5
10		Kaitlyn REED	SO	#3	LeTourneau	1.42m	4-7¾	1/29
10		Kendra FISHER	SR	#9	Hardin-Simmons	1.42m	4-7¾	1/22
10		Shai GEIGER	FR	#5	Shenandoah	1.42m	4-7¾	2/5

Women's Pole Vault

1	10	Bailey CASTO	JR	#1	Lynchburg	3.42m	11-2½	2/20
2	18	Lauren ANDERSON	JR	#1	Lynchburg	3.35m	10-11¾	1/16
3	36	Kaylee PACKER	JR	#3	LeTourneau	3.11m	10-2½	2/4
4	37	Alison BOBST	FR	#1	Lynchburg	3.10m	10-2	2/5
5	51	Madison CASSIDY	JR	#6	Piedmont	3.05m	10-0	2/6
5	51	Claire TROTTO	SR	#2	Roanoke	3.05m	10-0	2/6
5	51	Chloe VAN DUYN	SO	#2	Roanoke	3.05m	10-0	2/6
8	71	Eva PROELS	JR	#11	Berry	2.90m	9-6¼	2/6
8	71	Louise TESTER	JR	#2	Roanoke	2.90m	9-6¼	2/6
10	84	Caitlin GILLIHAN	SO	#11	Berry	2.75m	9-¼	2/6
10	84	Perryn MORGAN	JR	#6	Piedmont	2.75m	9-¼	2/6

Women's Long Jump

1	22	Kaitlin MEASSELL	FR	#5	Shenandoah	5.34m	17-6¼	2/12
2	57	Hannah	JR	#2	Roanoke	5.07m	16-7¾	2/20
3	60	Kendra FISHER	SR	#9	Hardin-Simmons	5.06m	16-7¼	1/22
4	78	Aniya SEWARD	FR	#1	Lynchburg	4.95m	16-3	1/16
5	93	Jaylyn LANE	JR	#7	Virginia Wesleyan	4.90m	16-1	2/6
6		Brooke RYMAN	JR	#2	Roanoke	4.79m	15-8¾	2/20
7		Tori FIELD	SR	#3	LeTourneau	4.78m	15-8¼	2/4
8		Haleigh HAMLIN	FR	#4	Bridgewater (Va.)	4.76m	15-7½	1/29
9		Kamman BROWN	JR	#11	Berry	4.75m	15-7	2/6
9		Haylee GAMBLE	FR	#2	Roanoke	4.75m	15-7	2/6
9		Tiffany BARTHOLOMEW	SR	#10	Pfeiffer	4.75m	15-7	1/29

Women's Triple Jump

1	14	Aniya SEWARD	FR	#1	Lynchburg	11.14m	36-6¾	2/20
2	19	Jaylyn LANE	JR	#7	Virginia Wesleyan	11.06m	36-3½	2/12
3	24	Shirell WASHINGTON	FR	#7	Virginia Wesleyan	10.86m	35-7¾	2/12
4	26	Shelby SMITH	FR	#16	Centre	10.81m	35-5¾	2/19
5	34	Maya LACY	SR	#1	Lynchburg	10.68m	35-½	2/20
6	37	Cammi WINSTON	FR	#2	Roanoke	10.62m	34-10¼	2/6
7	39	Kaitlin MEASSELL	FR	#5	Shenandoah	10.59m	34-9	2/12
8	40	Katelyn WILEY	SO	#2	Roanoke	10.58m	34-8½	2/20
9	47	Cassidy OLIVER	SO	#4	Bridgewater (Va.)	10.52m	34-6¼	1/29
10	59	Brooke RYMAN	JR	#2	Roanoke	10.37m	34-¼	2/20

Women's Shot Put

1	34	Rheagan WHITE	FR	#3	LeTourneau	11.94m	39-2¼	2/4
2	73	Grace FOWLER	FR	#2	Roanoke	11.46m	37-7¼	2/20
3		Alicia TUCKER	FR	#4	Bridgewater (Va.)	10.90m	35-9¼	1/29
4		Mesi HAVEA	SR	#8	Southern Virginia	10.88m	35-8½	2/6
5		Elizabeth RYAN	SO	#12	McMurry	10.78m	35-4½	1/29
6		Antranae THOMAS	FR	#3	LeTourneau	10.72m	35-2	2/4
7		Tiffany BARTHOLOMEW	SR	#10	Pfeiffer	10.66m	34-11¾	1/29
8		Cameron TERRELL	SO	#4	Bridgewater (Va.)	10.54m	34-7	2/20
9		Elle BENEFIELD	SR	#1	Lynchburg	10.51m	34-5¾	2/5
10		Dale MORROW	SR	#1	Lynchburg	10.32m	33-10¼	2/20

Women's Weight Throw

1	35	Kanani LASIKE	SR	#8	Southern Virginia	14.92m	48-11½	2/6
2	38	Mesi HAVEA	SR	#8	Southern Virginia	14.86m	48-9	2/6
3	59	Elle BENEFIELD	SR	#1	Lynchburg	14.19m	46-6¾	2/20
4		Aaliyah THOMAS	JR	#10	Pfeiffer	13.04m	42-9½	2/6
5		Tonishea FORD	SR	#10	Pfeiffer	12.68m	41-7¼	1/29
6		Cameron TERRELL	SO	#4	Bridgewater (Va.)	12.54m	41-1¾	2/20
7		Grace FOWLER	FR	#2	Roanoke	12.47m	40-11	2/6
8		Olivia KLOSTER	JR	#4	Bridgewater (Va.)	12.46m	40-10½	1/29
9		Kiara FELSTON	SO	#5	Shenandoah	12.22m	40-1¼	2/12
10		Alex STANCELL	FR	#10	Pfeiffer	12.12m	39-9¼	2/5

Women's Pentathlon

1	6	Kaitlyn REED	SO	#3	LeTourneau	2,613		2/4
2	12	Tiffany BARTHOLOMEW	SR	#10	Pfeiffer	2,086		2/5