



USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2021 Week #6, March 1

as of 3/2/2021 6:14:58 AM

Atlantic

Women's 60 Meters

1	62	Brenna JOHNSON	JR	#1	Nazareth	8.10	2/20
2		Madison SABOURIN	JR	#1	Nazareth	8.31	2/27
3		Caroline CASTRIOTTA	JR	#3	Utica	8.35	2/21
4		Lauren BERRY	JR	#2	Rochester (N.Y.)	8.47	2/27
5		Kristin HARDY	SO	#2	Rochester (N.Y.)	8.48	2/27
6		Laura MEADE	JR	#3	Utica	8.66	2/21
7		Alexa RIZZO	FR	#1	Nazareth	8.67	2/27
8		Sophie HARTZ	FR	#1	Nazareth	8.68	2/20
9		Julianna BUNNELL	JR	#1	Nazareth	8.74	2/27
10		Bryanna ROOS	JR	#1	Nazareth	8.97	2/27

Women's 200 Meters

1	80	Kate ISAAC	FR	#2	Rochester (N.Y.)	26.64c	(27.05f)	2/27
2		Brenna JOHNSON	JR	#1	Nazareth	26.96c	(27.37f)	2/20
3		Madeleine VOGEL	JR	#2	Rochester (N.Y.)	27.68c	(28.11f)	2/27
4		Susan BANSBACH	SO	#2	Rochester (N.Y.)	27.84c	(28.27f)	2/27
5		Madison SABOURIN	JR	#1	Nazareth	27.98c	(28.41f)	2/27
6		Hannah RAGULE	FR	#1	Nazareth	28.82c	(29.26f)	2/27
7		Jael ERNEST FLEURANT	SO	#2	Rochester (N.Y.)	29.02c	(29.47f)	2/27
8		Julianna BUNNELL	JR	#1	Nazareth	29.03c	(29.48f)	2/27
9		Alexa RIZZO	FR	#1	Nazareth	29.62c	(30.08f)	2/27
10		Bryanna ROOS	JR	#1	Nazareth	30.19c	(30.66f)	2/20

Women's 400 Meters

1		Lauren BENDALL	FR	#1	Nazareth	1:03.29c	(1:04.13f)	2/20
2		Claire BARGABOS	JR	#1	Nazareth	1:03.76c	(1:04.60f)	2/27
3		Elizabeth DECKER	SR	#1	Nazareth	1:04.14c	(1:04.99f)	2/27
4		Abbey SZUMLOZ	SR	#1	Nazareth	1:04.92c	(1:05.78f)	2/20
5		Janaia CRUZ-BERMEDEZ	FR	#3	Utica	1:05.32c	(1:06.18f)	2/21
6		Julianne EMERSON	SR	#3	Utica	1:06.07c	(1:06.94f)	2/21
7		Cora MAXWELL	SR	#3	Utica	1:06.50c	(1:07.38f)	2/21
8		Bryanna ROOS	JR	#1	Nazareth	1:12.47c	(1:13.43f)	2/20

Women's 800 Meters

1		Kendra WATSON	JR	#2	Rochester (N.Y.)	2:33.29c	(2:35.05f)	2/27
2		Leigha GOULD	FR	#1	Nazareth	2:33.97c	(2:35.74f)	2/27
3		Claire BARGABOS	JR	#1	Nazareth	2:34.10c	(2:35.87f)	2/20
4		Paige ACKLEY	FR	#1	Nazareth	2:34.39c	(2:36.17f)	2/20
5		Alexis ANAGNOSTOPOULOS	SO	#1	Nazareth	2:35.96c	(2:37.75f)	2/20
6		Erin REYNER	JR	#1	Nazareth	2:42.32c	(2:44.19f)	2/20
7		Madeline DOVI	SO	#1	Nazareth	2:42.95c	(2:44.83f)	2/20
8		Laura LEVI	JR	#3	Utica	2:44.52c	(2:46.41f)	2/21
9		Giselle RAINVILLE	SO	#1	Nazareth	2:47.38c	(2:49.31f)	2/20
10		Lilianna HANNING	FR	#1	Nazareth	2:52.80c	(2:54.79f)	2/20

Women's Mile

1	64	Kristen LODATO	SR	#2	Rochester (N.Y.)	5:20.46c	(5:23.63f)	2/27
2	73	Samantha MAUSER	SR	#2	Rochester (N.Y.)	5:22.17c	(5:25.35f)	2/27
3	76	Icel SUKOVATY	SO	#2	Rochester (N.Y.)	5:22.51c	(5:25.70f)	2/27
4		Katherine BENNINGER	FR	#2	Rochester (N.Y.)	5:32.05c	(5:35.33f)	2/27
5		Sabrina TERANDO	FR	#2	Rochester (N.Y.)	5:34.91c	(5:38.22f)	2/27
6		Ella WISE BELLIN	JR	#2	Rochester (N.Y.)	5:35.95c	(5:39.27f)	2/27
7		Paige ACKLEY	FR	#1	Nazareth	5:37.12c	(5:40.45f)	2/27
8		Emily WEAVER	SO	#1	Nazareth	5:39.61c	(5:42.97f)	2/27
9		Elisabeth ROTT	SR	#2	Rochester (N.Y.)	5:41.72c	(5:45.10f)	2/27
10		Madeline DOVI	SO	#1	Nazareth	5:50.65c	(5:54.12f)	2/20

Women's 3000 Meters

1	61	Rachel DENNIS	SO	#2	Rochester (N.Y.)	10:44.67c	(10:50.19f)	2/27
2	72	Meredith ACKLEY	SR	#2	Rochester (N.Y.)	10:47.88c	(10:53.43f)	2/27
3	87	Icel SUKOVATY	SO	#2	Rochester (N.Y.)	10:52.25c	(10:57.84f)	2/27
4	90	Katherine BENNINGER	FR	#2	Rochester (N.Y.)	10:52.55c	(10:58.14f)	2/27
5		Samantha MAUSER	SR	#2	Rochester (N.Y.)	11:02.39c	(11:08.06f)	2/27
6		Sabrina TERANDO	FR	#2	Rochester (N.Y.)	11:17.09c	(11:22.89f)	2/27
7		Lilianna HANNING	FR	#1	Nazareth	11:28.75c	(11:34.65f)	2/27
8		Amanda ADAMS	JR	#2	Rochester (N.Y.)	11:36.25c	(11:42.21f)	2/27
9		Emily WEAVER	SO	#1	Nazareth	11:39.93c	(11:45.93f)	2/20
10		Erin REYNER	JR	#1	Nazareth	11:52.34c	(11:58.44f)	2/27

Women's 60 Meter Hurdles

1	87	Eileen BEQUETTE	SR	#2	Rochester (N.Y.)	10.01	2/27
2		Abbey SZUMLOZ	SR	#1	Nazareth	10.50	2/27
3		Sydney VANDERHOOF	SO	#1	Nazareth	10.59	2/27
4		Cora MAXWELL	SR	#3	Utica	10.74	2/21
5		Hannah RAGULE	FR	#1	Nazareth	10.88	2/27
6		Lauren BENDALL	FR	#1	Nazareth	11.10	2/27

Women's 4x400 Relay

1	26	Vogel, Hardy, Watson, Bequette	#2	Rochester (N.Y.)	4:12.62c	(4:15.97f)	2/27
2	33	Bargabos, Bendall, Ragule, Johnson	#1	Nazareth	4:15.93c	(4:19.32f)	2/20

Women's Distance Medley Relay

1	26	Ackley, Szumloz, Anagnostopoulos, Weaver	#1	Nazareth	14:14.73c	(14:23.88f)	2/27
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Women's High Jump

1	47	Amina SINCLAIR	FR	#3	Utica	1.53m	5-¼	2/21
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Women's Pole Vault

1		Caroline CASTRIOTTA	JR	#3	Utica	2.70m	8-10¼	2/21
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Regional TFRI Event Summary

as of 3/2/2021 6:14:58 AM

Atlantic

Women's Long Jump

1	62	Hannah RAGULE	FR	#1	Nazareth	5.08m	16-8	2/20
2	80	Eileen BEQUETTE	SR	#2	Rochester (N.Y.)	5.00m	16-5	2/27
3	83	Zoe FORTIN	JR	#2	Rochester (N.Y.)	4.97m	16-3¾	2/27
4		Lauren BERRY	JR	#2	Rochester (N.Y.)	4.67m	15-4	2/27
5		Laura MEADE	JR	#3	Utica	4.43m	14-6½	2/21
6		Isabella HEATH	FR	#1	Nazareth	4.34m	14-3	2/20
7		Cora MAXWELL	SR	#3	Utica	4.26m	13-11¾	2/21
8		Alexa RIZZO	FR	#1	Nazareth	4.21m	13-9¾	2/27

Women's Triple Jump

1	55	Hannah RAGULE	FR	#1	Nazareth	10.48m	34-4¾	2/20
2	65	Zoe FORTIN	JR	#2	Rochester (N.Y.)	10.29m	33-9¼	2/27
3		Isabella HEATH	FR	#1	Nazareth	9.76m	32-¼	2/20
4		Laura MEADE	JR	#3	Utica	9.61m	31-6½	2/21
5		Alexa RIZZO	FR	#1	Nazareth	8.77m	28-9¼	2/20

Women's Shot Put

1		Gabrielle PIGHETTI	JR	#1	Nazareth	11.12m	36-5¾	2/27
2		Grace MESSINA	SR	#2	Rochester (N.Y.)	11.11m	36-5½	2/27
3		Karen LEAP	SR	#2	Rochester (N.Y.)	11.04m	36-2¾	2/27
4		Lea RICHARD	FR	#1	Nazareth	10.78m	35-4½	2/27
5		Grace MUELLER	JR	#2	Rochester (N.Y.)	10.26m	33-8	2/27
6		Eileen BEQUETTE	SR	#2	Rochester (N.Y.)	9.28m	30-5½	2/27
7		Vanessa WISH	SO	#2	Rochester (N.Y.)	9.25m	30-4¼	2/27
8		Gillian REEDER	SO	#2	Rochester (N.Y.)	8.44m	27-8¼	2/27
9		Gabrielle DESANCTIS	SO	#3	Utica	8.08m	26-6¼	2/21

Women's Weight Throw

1	10	Grace MESSINA	SR	#2	Rochester (N.Y.)	16.49m	54-1¼	2/27
2	50	Gillian REEDER	SO	#2	Rochester (N.Y.)	14.70m	48-2¾	2/27
3	74	Lea RICHARD	FR	#1	Nazareth	14.09m	46-2¾	2/27
4	83	Karen LEAP	SR	#2	Rochester (N.Y.)	14.00m	45-11¼	2/27
5		Grace MUELLER	JR	#2	Rochester (N.Y.)	12.55m	41-2¼	2/27
6		Abbey GILMAN	JR	#2	Rochester (N.Y.)	12.48m	40-11½	2/27
7		Gabrielle PIGHETTI	JR	#1	Nazareth	11.73m	38-6	2/20
8		Vanessa WISH	SO	#2	Rochester (N.Y.)	11.47m	37-7¾	2/27
9		Gabrielle DESANCTIS	SO	#3	Utica	10.94m	35-10¾	2/21
10		Katherine VONGLIS	JR	#2	Rochester (N.Y.)	10.83m	35-6½	2/27



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as of 3/2/2021 6:14:59 AM

Central

Women's 60 Meters

1	3	Marion EDWARDS	JR	#2	Loras	7.77	1/29
2	12	Ya'Mia AILES-PRIMES	JR	#5	Dubuque	7.88 (7.31(55))	1/30
3	17	Alanna MUHAMMAD	JR	#1	Wartburg	7.93	1/16
4	21	Jailyn ROBINSON	SO	#9	Hamline	7.95	1/23
5	27	Breanne GEARY	FR	#3	Nebraska Wesley.	7.98	1/30
6	28	Maddie MORAN	JR	#3	Nebraska Wesley.	7.99 (7.41(55))	2/27
6	28	Stevie LAMBE	JR	#2	Loras	7.99	2/27
8	32	Kylie JOHNSTON	SR	#12	Buena Vista	8.00	2/6
9	34	Grace SCOTT	JR	#4	Bethel (Minn.)	8.01	2/27
10	36	Delaney MCLOONE	SR	#8	St. Thomas (Minn)	8.02	2/26

Women's 200 Meters

1	1	Aspen ROLFES	SR	#3	Nebraska Wesley.	24.96c (25.34f)	2/20
2	2	Birgen NELSON	SO	#7	Gustavus Adolph	25.12c (25.51f)	2/26
3	8	Marion EDWARDS	JR	#2	Loras	25.54c (25.93f)	1/29
4	15	Hannah SANKEY	SR	#4	Bethel (Minn.)	25.81c (26.21f)	2/20
5	17	Jackie GANSHIRT	SR	#1	Wartburg	25.87c (26.27f)	2/20
6	18	Stevie LAMBE	JR	#2	Loras	25.89c (26.29f)	2/20
7	21	Kelsie SEALOCK	SO	#4	Bethel (Minn.)	25.94c (26.34f)	2/27
8	27	Alyssa PFADENHAUER	SO	#2	Loras	26.00c (26.40f)	2/13
9	34	Ya'Mia AILES-PRIMES	JR	#5	Dubuque	26.08c (26.48f)	2/20
10	35	Sarah STELLMACH	FR	#8	St. Thomas (Minn)	26.15c (26.55f)	2/26

Women's 400 Meters

1	1	Aspen ROLFES	SR	#3	Nebraska Wesley.	57.09c (58.26u)	2/27
2	2	Hannah SANKEY	SR	#4	Bethel (Minn.)	57.70c (58.46f)	2/27
3	3	Alyssa PFADENHAUER	SO	#2	Loras	57.74c (58.50f)	2/20
4	5	Camryn LARSEN	SR	#3	Nebraska Wesley.	57.98c (59.17u)	2/27
5	6	Mikayla TUREK	SO	#4	Bethel (Minn.)	58.22c (58.99f)	2/27
6	7	Olivia COSTLEY	JR	#5	Dubuque	58.37c (59.14f)	2/20
7	8	Jackie GANSHIRT	SR	#1	Wartburg	58.38c (59.15f)	2/20
8	10	Birgen NELSON	SO	#7	Gustavus Adolph	58.48c (59.25f)	2/13
9	12	Stevie LAMBE	JR	#2	Loras	58.67c (59.44f)	2/13
10	14	Taylan OLSON	JR	#1	Wartburg	58.85c (59.63f)	2/5

Women's 800 Meters

1	1	Alexandra MADDUX	JR	#9	Hamline	2:11.83c (2:13.35f)	2/27
2	2	Josie HERRMANN	SR	#13	Concordia Moorh	2:13.68 OT	2/20
3	6	Reagan JANZEN	JR	#3	Nebraska Wesley.	2:14.59c (2:16.80u)	2/27
4	7	Annessa IHDE	FR	#4	Bethel (Minn.)	2:14.74c (2:16.29f)	2/27
5	9	Camryn LARSEN	SR	#3	Nebraska Wesley.	2:16.12c (2:17.69f)	2/20
6	11	Elizabeth DONNELLY	JR	#7	Gustavus Adolph	2:16.25c (2:17.82f)	2/26
7	12	Carson MCSORLEY	JR	#1	Wartburg	2:16.43c (2:18.00f)	2/20
8	13	Gabby THOMAS	FR	#3	Nebraska Wesley.	2:16.78c (2:19.03u)	2/27
9	15	Mari STEIN	SO	#6	Central (Iowa)	2:17.31c (2:18.89f)	2/5
10	20	Aubrie FISHER	SO	#1	Wartburg	2:17.99c (2:19.58f)	2/5

Women's Mile

1	1	Kassie ROSENBUM	SR	#2	Loras	4:56.67c (4:59.60f)	2/6
2	3	Fiona SMITH	FR	#10	Saint Benedict	4:57.16c (5:00.10f)	2/28
3	4	Alexandra MADDUX	JR	#9	Hamline	5:01.43c (5:04.41f)	2/19
4	7	Josie HERRMANN	SR	#13	Concordia Moorh	5:03.72c (5:06.72f)	2/28
5	9	Aubrie FISHER	SO	#1	Wartburg	5:04.63c (5:07.64f)	2/20
6	17	Helen DOLAN	SR	#9	Hamline	5:09.00c (5:12.05f)	2/19
7	21	Mari STEIN	SO	#6	Central (Iowa)	5:10.69c (5:13.76f)	2/20
8	25	Caroline MCMARTIN	FR	#6	Central (Iowa)	5:11.81c (5:14.89f)	2/27
9	26	Alexis BROWN	SO	#1	Wartburg	5:12.00c (5:15.08f)	2/20
10	27	Madi BAHE	JR	#3	Nebraska Wesley.	5:12.39c (5:15.48f)	2/20

Women's 3000 Meters

1	2	Kassie ROSENBUM	SR	#2	Loras	9:43.63c (9:48.63f)	1/29
2	3	Helen DOLAN	SR	#9	Hamline	9:51.95c (9:57.02f)	2/27
3	4	Fiona SMITH	FR	#10	Saint Benedict	9:57.97c (10:03.09f)	2/7
4	6	Aubrie FISHER	SO	#1	Wartburg	9:59.06c (10:04.19f)	1/16
5	22	Riley MCMAHON	SR	#14	St. Catherine (Mir	10:29.48c(10:34.87f)	2/27
6	24	Natalie PAULSON	SO	#1	Wartburg	10:29.88c(10:35.28f)	1/29
7	27	Olivia MOLL	JR	#8	St. Thomas (Minn)	10:31.80c(10:37.21f)	2/19
8	32	Brianna RENNER	JR	#2	Loras	10:32.83c(10:38.25f)	1/29
9	35	Lauren BERG	JR	#11	Luther	10:33.77c(10:39.20f)	2/27
10	40	Alexis BROWN	SO	#1	Wartburg	10:35.56c(10:41.00f)	2/13

Women's 5000 Meters

1	1	Kassie ROSENBUM	SR	#2	Loras	16:43.14c(16:50.82f)	2/20
2	3	Fiona SMITH	FR	#10	Saint Benedict	17:23.20c(17:31.19f)	2/13
3	19	Carina COLLET	SR	#1	Wartburg	18:14.06c(18:22.43f)	2/20
4	20	Natalie PAULSON	SO	#1	Wartburg	18:17.53c(18:25.93f)	2/20
5	21	Janelle BAESKENS	JR	#1	Wartburg	18:17.68c(18:26.08f)	2/20
6	23	Leah TREFFER	SR	#3	Nebraska Wesley.	18:17.96c(18:26.36f)	2/20
7	24	Emily HOESING	SR	#12	Buena Vista	18:18.68c(18:27.09f)	2/20
8	31	Shaelyn HOSTAGER	FR	#1	Wartburg	18:20.94c(18:29.37f)	2/20
9	32	Sara MILLER	SR	#8	St. Thomas (Minn)	18:23.41c(18:31.86f)	2/26
10	33	Olivia MOLL	JR	#8	St. Thomas (Minn)	18:23.59c(18:32.04f)	2/26

Women's 60 Meter Hurdles

1	1	Birgen NELSON	SO	#7	Gustavus Adolph	8.76	2/26
2	3	Kelsie SEALOCK	SO	#4	Bethel (Minn.)	8.83	2/27
3	7	Kiki PINGEL	SR	#6	Central (Iowa)	8.97	2/20
4	12	Elayna BAHL	JR	#2	Loras	9.06	2/20
5	14	Tay WALGRAVE	FR	#8	St. Thomas (Minn)	9.08	2/26
6	16	Demetria JOHNSON	SR	#5	Dubuque	9.11 (8.47(55))	2/27
7	17	Mary GRAY	SR	#6	Central (Iowa)	9.13	2/5
8	22	Sailor HINEGARDNER	JR	#1	Wartburg	9.27	2/20
9	28	Audrey ARNOLD	FR	#17	Simpson (Iowa)	9.36 (8.70(55))	2/27
10	36	Bailey VANCE	SR	#2	Loras	9.42	2/20



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Central

Women's 4x400 Relay

1	1	Pfadenhauer, Edwards, Bahl, Lambe	#2	Loras	3:52.10c (3:55.18f)	2/20
2	2	Sankey, Sealock, Nordberg, Turek	#4	Bethel (Minn.)	3:52.40c (3:55.48f)	2/20
3	3	Hilger, Larsen, Janzen, Rolfes	#3	Nebraska Wesley.	3:52.41c (3:55.49f)	2/20
4	5	Olson, McSorley, Campbell, Jacobs	#1	Wartburg	3:55.45c (3:58.57f)	2/20
5	10	Pingel, Stein, Gray, McMartin	#6	Central (Iowa)	4:03.30c (4:06.53f)	2/5
6	13	McGuire, Scheuerman, O'Connor, Cater	#8	St. Thomas (Minn)	4:04.11c (4:07.35f)	2/26
7	17	Nelson, Donnelly, Moen, Studer	#7	Gustavus Adolph	4:06.79c (4:10.06f)	2/26
8	21	Haller, Keller, Hornseth, Knauss	#11	Luther	4:09.66c (4:12.97f)	2/27
9	22	Costley, Smith, Innamorato, Braaten	#5	Dubuque	4:10.56c (4:13.88f)	2/27
10	27	Klump, Forbes, Telleen, Guyett	#12	Buena Vista	4:12.89c (4:16.24f)	2/20

Women's Distance Medley Relay

1	2	Brown, Ganshirt, McSorley, Fisher	#1	Wartburg	12:00.54c (12:08.26f)	2/27
2	5	Lewis, Sieve, Knauss, Hornseth	#11	Luther	12:23.08c (12:31.04f)	2/27
3	7	Thomas, Janzen, Carley, Bahe	#3	Nebraska Wesley.	12:34.04c (12:42.11f)	2/20
4	9	Osterberger, Green, Heavlin, Riesberg	#2	Loras	13:09.73c (13:18.19f)	2/20
5	12	Whitcomb, Moen, Tillman, Donnelly	#7	Gustavus Adolph	13:28.41c (13:37.07f)	2/6
6	14	Burke, Silva, Jesuit, Kittinger	#18	Coe	13:38.89c (13:47.66f)	2/5
7	17	Crow, Holloway, Hansen, Gessner	#4	Bethel (Minn.)	13:42.36c (13:51.17f)	2/6
8	25	Tobin, Hoppe, Kuhlman, Merwin	#20	Bethany Lutherar	14:11.97c (14:21.09f)	2/27
9	29	Yeager, Ladwig, Prieve, Langerud	#15	Minnesota Morris	14:21.29c (14:30.51f)	2/27
10	39	Robelia, Koski, Hara, Johnson	#21	UW-Superior	15:16.07c (15:25.88f)	2/27

Women's High Jump

1	3	Breya CHRISTOPHER	SO	#1	Wartburg	1.69m	5-6½	1/16
2	11	Rachael LUEBBE	SO	#11	Luther	1.62m	5-3¾	2/27
2	11	Abigail SMITH	SO	#5	Dubuque	1.62m	5-3¾	2/27
2	11	Malory JONES	SO	#6	Central (Iowa)	1.62m	5-3¾	2/12
5	20	Ashlyn JONES	JR	#8	St. Thomas (Minn)	1.58m	5-2¼	2/5
5	20	Addy VINTON	SR	#3	Nebraska Wesley.	1.58m	5-2¼	2/20
5	20	Elayna BAHL	JR	#2	Loras	1.58m	5-2¼	1/29
5	20	AnnaGrace NELSON	FR	#4	Bethel (Minn.)	1.58m	5-2¼	2/6
9	29	Grace ALLEY	SO	#2	Loras	1.57m	5-1¾	2/27
10	37	Elsie LUNDQUIST	SR	#14	St. Catherine (Mir	1.55m	5-1	2/27

Women's Pole Vault

1	14	Doris-Klein MOR	JR	#7	Gustavus Adolph	3.47m	11-4½	2/26
2	18	Jessica LILLAND	SO	#4	Bethel (Minn.)	3.40m	11-1¾	2/6
3	27	Nicki SCHNEIDER	SR	#1	Wartburg	3.30m	10-9¾	2/27
3	27	Caroline DOCHTERMAN	JR	#5	Dubuque	3.30m	10-9¾	2/27
5	30	Sadie KOELZ	SR	#4	Bethel (Minn.)	3.25m	10-8	2/27
6	32	Olivia LEMKE	SO	#8	St. Thomas (Minn)	3.24m	10-7½	2/19
7	42	Shanoah HARREN	SR	#9	Hamline	3.10m	10-2	2/27
8	49	Rachel BROCKISH	SO	#8	St. Thomas (Minn)	3.09m	10-1½	2/19
9	52	Abby FAULK	SO	#11	Luther	3.07m	10-¾	2/20
10	57	Daya DAVIDSON	JR	#16	St. Scholastica	3.05m	10-0	1/30

Women's Long Jump

1	17	Emma SEIPEL	FR	#5	Dubuque	5.46m	17-11	2/27
2	19	Shaniah JOHNSON	FR	#1	Wartburg	5.40m	17-8¾	2/27
3	24	Sophia SCHULER	FR	#2	Loras	5.36m	17-7	2/13
4	26	Demetria JOHNSON	SR	#5	Dubuque	5.34m	17-6¼	2/6
5	29	Mary GRAY	SR	#6	Central (Iowa)	5.32m	17-5½	2/5
6	30	Kiki PINGEL	SR	#6	Central (Iowa)	5.31m	17-5¼	2/5
7	31	Jen VALLEY	SO	#9	Hamline	5.30m	17-4¾	2/7
8	33	Breanne GEARY	FR	#3	Nebraska Wesley.	5.29m	17-4¼	1/30
9	43	Jailyn ROBINSON	SO	#9	Hamline	5.24m	17-2¼	1/23
10	49	Megan ZURBAY	SR	#8	St. Thomas (Minn)	5.16m	16-11¼	2/19

Women's Triple Jump

1	3	Madi KES	FR	#7	Gustavus Adolph	11.69m	38-4¼	2/26
2	8	Holly FORRESTER	SR	#6	Central (Iowa)	11.31m	37-1¼	2/20
3	14	Shaniah JOHNSON	FR	#1	Wartburg	11.19m	36-8½	1/29
4	16	Tessa HOFFMAN	JR	#3	Nebraska Wesley.	11.15m	36-7	2/20
5	22	Daekota KNOTT	FR	#1	Wartburg	11.08m	36-4¼	1/16
6	26	Madeline MCDERMOTT	SR	#7	Gustavus Adolph	11.02m	36-2	2/26
7	27	Grace PERRENOUD	JR	#4	Bethel (Minn.)	10.92m	35-10	1/23
8	31	Paige PATTERSON	SR	#7	Gustavus Adolph	10.83m	35-6½	2/26
9	34	De'ja AUSTIN-CHERRY	FR	#2	Loras	10.78m	35-4½	1/29
10	40	AnnaGrace NELSON	FR	#4	Bethel (Minn.)	10.62m	34-10¼	2/27

Women's Shot Put

1	2	Kaytlin WILDER	FR	#5	Dubuque	14.00m	45-11¼	2/20
2	3	Caroline FERGUSON	SR	#5	Dubuque	13.89m	45-7	2/27
3	8	Cayle HOVLAND	JR	#13	Concordia Moorh	13.35m	43-9¾	2/13
4	10	Kayla WEATHERLY	SR	#2	Loras	13.26m	43-6	2/27
5	11	Annika POE	SO	#7	Gustavus Adolph	13.21m	43-4¼	2/26
6	12	Jessica BLIESE	SR	#15	Minnesota Morris	13.20m	43-3¾	2/27
7	13	Lily MEESTER	FR	#1	Wartburg	13.19m	43-3¼	2/5
8	16	Courtney SCHNOOR	SR	#2	Loras	13.03m	42-9	1/29
9	17	Megan GEHRKE	JR	#8	St. Thomas (Minn)	12.92m	42-4¾	2/5
10	29	Emma ROETHLER	SO	#4	Bethel (Minn.)	12.37m	40-7	2/27



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Central

Women's Weight Throw

1	2	Kennedy MORRIS	SR	#6	Central (Iowa)	17.33m	56-10¼	2/20
2	3	Carly FISCHER	SR	#2	Loras	17.12m	56-2	2/20
3	8	Caroline FERGUSON	SR	#5	Dubuque	16.62m	54-6½	2/12
4	14	Rebecca SIMPSON	SO	#12	Buena Vista	16.36m	53-8¼	2/27
5	15	Dani JOHNSON	SR	#1	Wartburg	16.35m	53-7¾	2/27
6	16	Megan GEHRKE	JR	#8	St. Thomas (Minn)	16.34m	53-7½	2/5
7	18	Nyjah WILLIS	SR	#9	Hamline	16.15m	53-0	2/19
8	20	Kaytlin WILDER	SO	#5	Dubuque	16.10m	52-10	1/22
9	21	Jenneel RODNEY	JR	#9	Hamline	15.96m	52-4½	2/27
10	22	Courtney SCHNOOR	SR	#2	Loras	15.88m	52-1¼	2/27

Women's Pentathlon

1	5	Mary GRAY	SR	#6	Central (Iowa)	3,476		2/5
2	6	Kiki PINGEL	SR	#6	Central (Iowa)	3,406		2/5
3	11	Sally PAUL	SR	#4	Bethel (Minn.)	2,728		2/27
4	13	Hailey FOXHOVEN	FR	#1	Wartburg	2,694		2/5
5	19	Olivia MILLER	FR	#5	Dubuque	2,518		2/12
6	23	Ryin LEHMANN	SO	#1	Wartburg	2,375		2/5
7	36	Akyma BUSH	SO	#1	Wartburg	1,578		2/5



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Great Lakes

Women's 60 Meters

1	5	Taylor ANTHONY	SO	#1	John Carroll	7.82	(7.26(55))	2/21
1	5	Kayla SILVA	JR	#5	Ohio Northern	7.82		2/27
3	8	Lucia CANNATA	JR	#1	John Carroll	7.83	(7.27(55))	2/21
4	13	Kenadee WAYT	SO	#2	Mount Union	7.89		2/14
5	16	Zaleeya MARTIN	SO	#21	Hanover	7.92		2/20
6	23	Avery CAMPBELL	FR	#13	Albion	7.96		2/20
7	25	Gracie DENNISON	JR		Otterbein	7.97	(7.40(55))	1/31
8	34	Lydia BAUMGARTNER	SO		Otterbein	8.01		2/20
9	47	Alexis JOHNSON	SR	#9	Wittenberg	8.06		2/13
10	50	Kennedi STERNBERG	FR	#6	Trine	8.07		2/27

Women's 200 Meters

1	6	Lucia CANNATA	JR	#1	John Carroll	25.27c	(25.66f)	2/27
2	13	Kenadee WAYT	SO	#2	Mount Union	25.79c	(26.19f)	2/6
3	33	Avery CAMPBELL	FR	#13	Albion	26.07c	(26.47f)	2/20
4	35	Taylor ANTHONY	SO	#1	John Carroll	26.15c	(26.55f)	2/27
5	37	Kayla SILVA	JR	#5	Ohio Northern	26.16c	(26.56f)	2/14
6	40	Micah DONLEY	SO	#2	Mount Union	26.21c	(26.61f)	2/20
7	49	Gracie DENNISON	JR		Otterbein	26.31c	(26.71f)	2/7
8	53	Lydia BAUMGARTNER	SO		Otterbein	26.32c	(26.72f)	2/14
9	58	Michaelina TERRANOVA	JR	#2	Mount Union	26.38c	(26.79f)	2/27
10	59	Grace BEHRENS	SO	#4	Hope	26.39c	(26.80f)	2/20
10	59	Arinn HAYES	JR	#12	Heidelberg	26.39c	(26.80f)	2/27

Women's 400 Meters

1	15	Kenadee WAYT	SO	#2	Mount Union	58.92c	(59.70f)	2/20
2	20	Delaney SALL	FR	#10	Calvin	59.30c	(1:00.08f)	2/20
3	24	Grace BEHRENS	SO	#4	Hope	59.55c	(1:00.34f)	2/20
4	33	Lily BOGUNOVICH	JR	#2	Mount Union	---	(1:00.79f)	2/14
5	36	Erin ANDERSON	SO	#16	Denison	1:00.11c	(1:00.90f)	2/27
6	37	Cortni ARP	SR	#2	Mount Union	1:00.12c	(1:00.91f)	2/20
7	47	Micah DONLEY	SO	#2	Mount Union	1:00.49c	(1:01.29f)	2/14
8	52	Autumn HALE	JR	#1	John Carroll	1:00.61c	(1:01.41f)	2/14
9	56	Claire EBERHARDT	FR	#1	John Carroll	1:00.78c	(1:01.58f)	2/6
10	57	Liberty BROCK	FR	#7	Ohio Wesleyan	1:00.80c	(1:01.60f)	2/27

Women's 800 Meters

1	8	Hastings MAREK	SR	#3	Baldwin Wallace	2:15.53c	(2:17.09f)	2/7
2	14	Alexis GRAY	SR	#9	Wittenberg	2:16.99 OT		2/13
3	19	Delaney SALL	FR	#10	Calvin	2:17.87 OT		2/13
4	25	Hope MURPHY	FR	#3	Baldwin Wallace	2:19.47c	(2:21.07f)	2/14
5	28	Megan WERTZ	SO	#2	Mount Union	2:20.27c	(2:21.88f)	2/27
6	31	Claire EBERHARDT	FR	#1	John Carroll	2:21.22c	(2:22.84f)	2/14
7	36	Sydney SMITH	SR		Otterbein	2:21.57c	(2:23.20f)	2/20
8	37	Gina KOWALEWICZ	SR		Otterbein	2:21.61c	(2:23.24f)	2/14
9	39	Molina OTTE	SR	#3	Baldwin Wallace	2:21.80c	(2:23.43f)	2/7
10	41	Madelyn BRINDZA	SR	#1	John Carroll	2:21.96c	(2:23.59f)	2/14

Women's Mile

1	1	Hastings MAREK	SR	#3	Baldwin Wallace	4:56.67c	(4:59.60f)	2/27
2	11	Sydney JENKO	SO	#1	John Carroll	5:06.03c	(5:09.05f)	1/24
3	13	Hope MURPHY	FR	#3	Baldwin Wallace	5:06.90c	(5:09.93f)	1/30
3	13	Alyssa LAUGHNER	JR	#3	Baldwin Wallace	5:06.90c	(5:09.93f)	2/7
5	16	Sadie HEERINGA	JR	#10	Calvin	5:08.43 OT		2/13
6	18	Madelyn BRINDZA	SR	#1	John Carroll	5:09.05c	(5:12.10f)	1/30
7	19	Sydney SMITH	SR		Otterbein	5:09.82c	(5:12.88f)	2/7
8	20	Brittany MCCAULEY	SR	#2	Mount Union	5:10.21c	(5:13.28f)	2/27
9	22	Erica ESPER	SO	#1	John Carroll	5:10.83c	(5:13.90f)	2/27
10	23	Jacinda COLE	SR	#4	Hope	5:11.08 OT		1/23

Women's 3000 Meters

1	1	Anastasia TUCKER	SO	#4	Hope	9:41.33 OT		1/23
2	5	Sydney SMITH	SR		Otterbein	9:58.69c	(10:03.82f)	2/14
3	7	Hastings MAREK	SR	#3	Baldwin Wallace	10:04.80c	(10:09.98f)	2/14
4	8	Alyssa LAUGHNER	JR	#3	Baldwin Wallace	10:12.55c	(10:17.80f)	2/14
5	9	Macy MCADAMS	SR	#22	Muskingum	10:12.86c	(10:18.11f)	2/14
6	10	Megan THEISMANN	SR	#6	Trine	10:14.39c	(10:19.65f)	2/20
7	11	Brittany MCCAULEY	SR	#2	Mount Union	10:17.49c	(10:22.78f)	2/14
8	13	Morgan KELLEY	SR	#1	John Carroll	10:21.53c	(10:26.85f)	2/14
9	15	Elizabeth LOHMAN	SR	#6	Trine	10:23.39c	(10:28.73f)	2/20
10	16	Molina OTTE	SR	#3	Baldwin Wallace	10:23.69c	(10:29.03f)	2/14

Women's 5000 Meters

1	2	Anastasia TUCKER	SO	#4	Hope	17:04.09 OT		2/12
2	4	Sydney JENKO	SO	#1	John Carroll	17:33.48c	(17:41.54f)	2/14
3	8	Megan THEISMANN	SR	#6	Trine	17:53.20c	(18:01.41f)	2/13
4	10	Anna MASON	SO	#4	Hope	17:54.49 OT		2/12
5	11	Isabel CHASNEY	SO	#12	Heidelberg	17:56.50c	(18:04.74f)	2/14
6	14	Elizabeth LOHMAN	SR	#6	Trine	18:00.30c	(18:08.57f)	2/13
7	15	Annie NEEDS	SR	#10	Calvin	18:01.14 OT		2/12
8	16	Cameron BUJAUCIUS	JR	#1	John Carroll	18:03.07c	(18:11.36f)	2/14
9	17	Erica ESPER	SO	#1	John Carroll	18:12.73c	(18:21.09f)	1/24
10	22	Alyssa LAUGHNER	JR	#3	Baldwin Wallace	18:17.82c	(18:26.22f)	1/30

Women's 60 Meter Hurdles

1	7	Gracie DENNISON	JR		Otterbein	8.97		2/27
2	10	Sabrina STOCKER	SR	#2	Mount Union	9.04		2/14
3	13	Stella DEWITT	SR	#5	Ohio Northern	9.07		2/27
4	17	Michaelina TERRANOVA	JR	#2	Mount Union	9.13		2/14
5	27	Monica BRADFORD	FR	#16	Denison	9.35		2/27
6	28	Zarriyah BOARD	FR	#2	Mount Union	9.36		2/27
6	28	Megan CAREY	JR		Otterbein	9.36		2/20
8	42	Zoe PRICE	JR	#7	Ohio Wesleyan	9.48		2/27
9	48	Olivia BEAN	SO	#12	Heidelberg	9.54		1/31
9	48	Nosa IGIEHON	SO	#11	Rose-Hulman	9.54		2/20



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Great Lakes

Women's 4x400 Relay

1	4	Wayt, Miller, Arp, Donley	#2	Mount Union	3:54.31c (3:57.42f)	2/27
2	12	Grammel, Stoffregen, Pasch, Borland	#14	DePauw	4:03.85c (4:07.08f)	2/27
3	15	Clemente, Eberhardt, Hale, Phoennik	#1	John Carroll	4:06.02c (4:09.28f)	2/6
4	24	Murphy, Laughner, Marek, Otte	#3	Baldwin Wallace	4:11.79c (4:15.13f)	2/7
5	25	Moore, Benedict, Timperman, Behrens	#4	Hope	4:12.26c (4:15.60f)	2/20
6	30	Nowak, Brock, Price, Lykins	#7	Ohio Wesleyan	4:14.04c (4:17.41f)	2/12
7	32	Livingston, Hartpence, Theismann, Lohman	#6	Trine	4:15.77c (4:19.16f)	2/20
8	34	Hayes, Wishman, Welker, Gray	#9	Wittenberg	4:16.25 OT	2/26
9	36	Ellerbrock, Neff, Goodrich, Herron	#5	Ohio Northern	4:16.67c (4:20.07f)	1/24
10	38	Peterson, Smith, Cheatham, Rogers	#11	Rose-Hulman	4:17.14c (4:20.55f)	2/20

Women's Distance Medley Relay

1	1	Cole, Behrens, Kenny, Tucker	#4	Hope	11:50.92 OT	2/13
2	3	Laughner, Vinci, Otte, Marek	#3	Baldwin Wallace	12:04.17c (12:11.92f)	2/21
3	4	Brindza, Hale, Eberhardt, Jenko	#1	John Carroll	12:15.03c (12:22.90f)	2/21
4	8	Heeringa, Ruiters-Diaz, Sall, Ten Pas	#10	Calvin	12:41.88c (12:50.04f)	2/20
5	11	Gregory, Desenberg, Watson, Wooten	#19	Franklin	13:27.16c (13:35.80f)	2/20
6	13	Russell, Henderson, Bober, Boyce	#2	Mount Union	13:31.89c (13:40.58f)	2/14
7	15	Kenney, Zumbun, Parker, Haldeman	#6	Trine	13:41.32c (13:50.12f)	2/20
8	19	Penick, Moss, Guthrie, Loller		Anderson (Ind.)	13:54.34c (14:03.27f)	2/20
9	21	Brownrigg, Barnes, Nixon, Billman	#15	Bluffton	13:57.17c (14:06.14f)	2/20
10	22	Hunter, Folz, Giraldo, Baker	#11	Rose-Hulman	13:57.88c (14:06.85f)	2/20

Women's High Jump

1	1	Peyton HOWELL	SO	#7	Ohio Wesleyan	1.74m 5-8½	2/27
2	4	Laura PULLINS	JR	#8	Marietta	1.66m 5-5¼	2/20
3	8	Emma KLOSTERMAN	FR		Otterbein	1.63m 5-4¼	2/20
4	14	Elizabeth CLEMENTE	FR	#1	John Carroll	1.61m 5-3¼	2/27
5	16	Nosa IGIEHON	SO	#11	Rose-Hulman	1.60m 5-3	2/12
5	16	Kennady GIBBINS	JR	#2	Mount Union	1.60m 5-3	2/20
5	16	Sarah WATSON	FR	#7	Ohio Wesleyan	1.60m 5-3	2/12
5	16	Erin PASCH	JR	#14	DePauw	1.60m 5-3	2/13
9	29	Madison MANNIS	SO	#7	Ohio Wesleyan	1.57m 5-1¾	2/20
9	29	Hannah SCHATZ	FR	#9	Wittenberg	1.57m 5-1¾	2/13
9	29	Claudia PARTRIDGE	JR	#23	Wooster	1.57m 5-1¾	2/26

Women's Pole Vault

1	2	Bri AVENI	JR	#2	Mount Union	3.66m 12-0	2/20
2	5	Emily PHILLIPS	JR	#2	Mount Union	3.57m 11-8½	2/27
3	11	Baylee BROWN	SO	#8	Marietta	3.51m 11-6¼	2/20
4	12	Chase PATTON	JR	#7	Ohio Wesleyan	3.50m 11-5¾	2/27
5	14	Kathleen KENNEDY	SR		Otterbein	3.47m 11-4½	2/27
6	20	Jaimie BLUNT	SR		Otterbein	3.37m 11-¾	2/27
7	22	Alison LOASE	SO	#8	Marietta	3.35m 10-11¾	2/14
8	26	Anna SCHATZLE	SO	#5	Ohio Northern	3.32m 10-10¾	2/27
9	27	Alexis PENNELL	SO	#8	Marietta	3.30m 10-9¾	2/28
10	37	Andrea RODEHEFFER	FR	#6	Trine	3.20m 10-6	2/5

Women's Long Jump

1	1	Alexis JOHNSON	SR	#9	Wittenberg	5.68m 18-7¾	2/26
2	4	Ariana COLEMAN	SO	#12	Heidelberg	5.58m 18-3¾	2/14
3	10	Stevie PLIKERD	JR	#9	Wittenberg	5.51m 18-1	2/20
4	11	Courtney PHOENNIK	SR	#1	John Carroll	5.50m 18-½	2/14
5	13	Stella DEWITT	SR	#5	Ohio Northern	5.49m 18-¼	2/14
6	16	Maria DELUCA	SR	#1	John Carroll	5.47m 17-11½	1/24
7	19	Kayla SILVA	JR	#5	Ohio Northern	5.40m 17-8¾	2/27
8	25	Alexianna JOHNSON	SR	#2	Mount Union	5.35m 17-6¾	2/14
9	33	Haley LIVINGSTON	FR	#6	Trine	5.29m 17-4¼	2/27
10	36	Kennady GIBBINS	JR	#2	Mount Union	5.28m 17-4	2/14

Women's Triple Jump

1	1	Courtney PHOENNIK	SR	#1	John Carroll	12.07m 39-7¼	2/14
2	5	Maria DELUCA	SR	#1	John Carroll	11.52m 37-9½	2/27
3	20	Nosa IGIEHON	SO	#11	Rose-Hulman	11.10m 36-5	2/12
4	33	Stevie PLIKERD	JR	#9	Wittenberg	10.79m 35-4¾	2/20
5	37	Rofiat ADEYEMI	FR	#11	Rose-Hulman	10.70m 35-1¼	2/20
6	38	Stella DEWITT	SR	#5	Ohio Northern	10.68m 35-½	2/14
7	46	Tamsin DAY	SR		Otterbein	10.58m 34-8½	2/14
7	46	Genevieve ARNOLD	FR	#1	John Carroll	10.58m 34-8½	2/14
9	55	Alexianna JOHNSON	SR	#2	Mount Union	10.48m 34-4¾	2/6
10	63	Kyra HICKS	FR	#11	Rose-Hulman	10.31m 33-10	2/20



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Great Lakes

Women's Shot Put

1	19	Kasey NEVILLE	JR	#8	Marietta	12.70m	41-8	2/7
2	22	Kayli SULLIVAN	SR	#17	Wilmington (Ohic	12.63m	41-5¼	2/14
3	23	Ari MCPHETERS	SR	#7	Ohio Wesleyan	12.61m	41-4½	2/20
4	25	Lillian ALBAUGH	JR	#20	Olivet	12.59m	41-3¾	1/15
5	30	Annie PRIEST	JR	#8	Marietta	12.24m	40-2	2/28
6	32	Jalayah MIXON	FR	#2	Mount Union	12.20m	40-½	2/20
7	47	Kanemah RAMBI	JR	#2	Mount Union	11.93m	39-1¾	2/6
8	49	Olivia HURTT	JR	#1	John Carroll	11.89m	39-¼	2/6
9	50	Valerie OBEAR	JR	#6	Trine	11.88m	38-11¾	2/27
10	53	Charley HENGESBACH	SR	#18	Alma	11.86m	38-11	2/13

Women's Weight Throw

1	11	Olivia HURTT	JR	#1	John Carroll	16.43m	53-11	2/21
2	13	Waverly VERHILL	JR	#10	Calvin	16.38m	53-9	2/13
3	17	Valerie OBEAR	JR	#6	Trine	16.24m	53-3½	2/13
4	29	Bailey HOFFMAN	JR	#18	Alma	15.57m	51-1	2/27
5	30	Kayli SULLIVAN	SR	#17	Wilmington (Ohic	15.50m	50-10¼	2/21
6	33	Kasey NEVILLE	JR	#8	Marietta	15.38m	50-5½	2/7
7	35	Chayanne CONLEY	JR	#7	Ohio Wesleyan	15.34m	50-4	2/27
8	54	Annie PRIEST	JR	#8	Marietta	14.56m	47-9¼	2/28
9	56	Natalie GARRETT	FR	#5	Ohio Northern	14.50m	47-7	2/27
10	57	Hunter FIELDS	SR	#19	Franklin	14.49m	47-6½	2/20

Women's Pentathlon

1	37	Amanda CHURCH	FR	#15	Bluffton	1,502		2/5
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Regional TFRI Event Summary

as of 3/2/2021 6:15:00 AM

Midwest

Women's 60 Meters

1	17	Selena THOMAS	SR	Westminster (Pa.)	7.93	1/29
2		Olivia YOUNGER	JR	#2 Geneva	8.36	1/29

Women's 200 Meters

1		Selena THOMAS	SR	Westminster (Pa.)	27.16 OT	1/29
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Women's 400 Meters

1		Haley MOORE	SR	Westminster (Pa.)	1:06.10 OT	1/29
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Women's 800 Meters

1	43	Erin WARD	SR	Westminster (Pa.)	2:22.11 OT	1/29
2	58	Katelyn BERNOTAS	SR	#1 Eastern (Pa.)	2:23.11	2/12

Women's Mile

1	61	Katelyn BERNOTAS	SR	#1 Eastern (Pa.)	5:19.92	2/12
2		Mary BERNOTAS	JR	#1 Eastern (Pa.)	5:40.65	2/12
3		Ashlin LAFOND	JR	#3 Franciscan	5:58.39 OT	1/15

Women's 3000 Meters

1		Mary BERNOTAS	JR	#1 Eastern (Pa.)	10:56.10	2/12
2		Marisa LIVOTI	SR	#1 Eastern (Pa.)	11:03.84	2/12
3		Katie SCHRANTZ	SR	Westminster (Pa.)	11:18.99 OT	1/29
4		Sydney LORENTZ	SO	#3 Franciscan	12:26.98 OT	1/15

Women's 5000 Meters

1		Katie SCHRANTZ	SR	Westminster (Pa.)	20:19.20 OT	1/29
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Women's 60 Meter Hurdles

1	25	Olivia YOUNGER	JR	#2 Geneva	9.30	1/29
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Women's Long Jump

1	8	Selena THOMAS	SR	Westminster (Pa.)	5.53m	18-1¾	1/29
2	87	Judith MCCHESENEY	JR	#2 Geneva	4.95m	16-3	1/29

Women's Triple Jump

1	98	Judith MCCHESENEY	JR	#2 Geneva	9.88m	32-5	1/29
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Women's Shot Put

1	60	Megan PARKER	SR	Westminster (Pa.)	11.77m	38-7½	1/29
2		Joelle WASH	JR	#1 Eastern (Pa.)	10.03m	32-11	2/12
3		Saige HEIGEL	FR	Westminster (Pa.)	9.02m	29-7¼	1/29

Women's Weight Throw

1		Megan PARKER	SR	Westminster (Pa.)	11.99m	39-4	1/29
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USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2021 Week #6, March 1

as of 3/2/2021 6:15:00 AM

Midwest

Women's 60 Meters

1	1	Lexi LEFEVER	JR	#7	UW-River Falls	7.71	2/27
2	2	Savannah RYGIEWICZ	SR	#1	UW-La Crosse	7.76	2/27
3	4	Emily DAWIDOWICH	FR	#1	UW-La Crosse	7.81	2/6
4	5	Addison BENDERY	SO	#5	Illinois Wesleyan	7.82	2/27
5	8	Kayla ARMSTRONG	SR	#14	Concordia Chicago	7.83	2/27
6	10	Shannon NELSON	JR	#4	UW-Stevens Point	7.85	2/27
7	11	Megan BEST	SO	#2	UW-Eau Claire	7.87	2/20
8	14	Kady KOCHENDORFER	JR	#2	UW-Eau Claire	7.90	2/27
9	15	Kaitlin BONNEY	SR	#6	North Central (Ill.)	7.91	2/19
10	17	Kelly ALDRICH	SR	#1	UW-La Crosse	7.93	2/6

Women's 200 Meters

1	2	Lexi LEFEVER	JR	#7	UW-River Falls	25.12c (25.51f)	2/20
2	4	Emily DAWIDOWICH	FR	#1	UW-La Crosse	25.16c (25.55f)	2/13
3	5	Kayla ARMSTRONG	SR	#14	Concordia Chicago	25.24	2/27
4	7	Kaitlin BONNEY	SR	#6	North Central (Ill.)	25.47c (25.86f)	2/26
5	9	Addison BENDERY	SO	#5	Illinois Wesleyan	25.60c (25.99f)	2/27
6	10	Shannon NELSON	JR	#4	UW-Stevens Point	25.64c (26.03f)	2/13
7	11	Aly REUVERS	SO	#1	UW-La Crosse	25.78c (26.18f)	2/20
7	11	Kelsey MCLAURIN	SR	#6	North Central (Ill.)	25.78c (26.18f)	2/19
9	14	Leyna HERZOG	FR	#4	UW-Stevens Point	25.80c (26.20f)	2/27
10	16	Savannah RYGIEWICZ	SR	#1	UW-La Crosse	25.86c (26.26f)	2/27

Women's 400 Meters

1	4	Hailey WIMBERLY	JR	#10	Millikin	57.82c (58.58f)	2/13
2	9	Kaitlin BONNEY	SR	#6	North Central (Ill.)	58.43c (59.20f)	2/26
3	11	Katie BANIE	JR	#1	UW-La Crosse	58.51c (59.28f)	2/20
4	13	Amber JOHNSON	SO	#1	UW-La Crosse	58.77c (59.55f)	2/20
5	16	Zanzie DEMCO	JR	#3	UW-Oshkosh	58.94c (59.72f)	2/27
6	19	Simone WILSON	SR	#14	Concordia Chicago	59.28	2/27
7	21	Sarah LANGLOIS	SO	#7	UW-River Falls	59.40c (1:00.18f)	2/27
8	22	Eryn RENISON	JR	#10	Millikin	59.45c (1:00.24f)	2/27
9	23	Cassidy EIERS	JR	#2	UW-Eau Claire	59.47c (1:00.26f)	2/27
10	27	Kaitlyn GALGON	JR	#13	UW-Platteville	59.59c (1:00.38f)	2/26

Women's 800 Meters

1	3	Zanzie DEMCO	JR	#3	UW-Oshkosh	2:14.04c (2:15.58f)	2/19
2	4	Anna SCHUETH	SO	#2	UW-Eau Claire	2:14.09c (2:15.63f)	2/27
3	9	Brooke WELHAUSEN	SR	#4	UW-Stevens Point	2:16.12c (2:17.69f)	2/27
4	15	Libby GEISNESS	SO	#3	UW-Oshkosh	2:17.31c (2:18.89f)	2/27
5	17	Katie BANIE	JR	#1	UW-La Crosse	2:17.53c (2:19.11f)	2/27
6	18	Kaitlyn GALGON	JR	#13	UW-Platteville	2:17.69c (2:19.27f)	2/13
7	21	Rebekah HARDEN	JR	#5	Illinois Wesleyan	2:18.06c (2:19.65f)	2/27
8	23	Kelsey WYMAN	SR	#5	Illinois Wesleyan	2:19.23c (2:20.83f)	2/27
9	30	Sydney REISNER	SO	#8	UW-Stout	2:20.79c (2:22.41f)	2/13
10	31	Jenna YAKESH	SR	#6	North Central (Ill.)	2:21.22c (2:22.84f)	2/26

Women's Mile

1	5	Emma MALOOLY	SR	#1	UW-La Crosse	5:02.33c (5:05.32f)	2/20
2	6	Zanzie DEMCO	JR	#3	UW-Oshkosh	5:02.96c (5:05.95f)	2/6
3	8	Maddie HANNAN	SO	#1	UW-La Crosse	5:04.37c (5:07.38f)	2/20
4	10	Emma DRANGSTVEIT	SR	#2	UW-Eau Claire	5:04.75c (5:07.76f)	2/27
5	12	Rebekah HARDEN	JR	#5	Illinois Wesleyan	5:06.48c (5:09.51f)	2/27
6	15	Hannah LOHRENTZ	SR	#3	UW-Oshkosh	5:07.24c (5:10.28f)	2/27
7	24	Jenna YAKESH	SR	#6	North Central (Ill.)	5:11.73c (5:14.81f)	2/26
8	30	Kylie JUDD	SO	#2	UW-Eau Claire	5:13.26c (5:16.36f)	2/6
9	31	Emmy FARAGO	JR	#7	UW-River Falls	5:13.35c (5:16.45f)	2/13
10	40	Christi FORMAN	FR	#2	UW-Eau Claire	5:14.89c (5:18.00f)	2/27

Women's 3000 Meters

1	12	Katie FARIS	JR	#2	UW-Eau Claire	10:19.25c (10:24.55f)	2/13
2	14	Zanzie DEMCO	JR	#3	UW-Oshkosh	10:22.11c (10:27.44f)	2/13
3	18	Emma DRANGSTVEIT	SR	#2	UW-Eau Claire	10:25.76c (10:31.12f)	2/13
4	23	Emmy FARAGO	JR	#7	UW-River Falls	10:29.69c (10:35.08f)	2/27
5	26	Jenna FIORE	JR	#6	North Central (Ill.)	10:31.12c (10:36.53f)	2/26
6	33	Hannah LOHRENTZ	SR	#3	UW-Oshkosh	10:33.58c (10:39.01f)	2/13
7	34	Jenna MIRANDE	JR	#5	Illinois Wesleyan	10:33.69c (10:39.12f)	2/27
8	36	Molly PERKINS	SR	#8	UW-Stout	10:34.26c (10:39.69f)	2/13
9	41	Liz GALLOWAY	SR	#2	UW-Eau Claire	10:35.77c (10:41.22f)	2/13
10	48	Christi FORMAN	FR	#2	UW-Eau Claire	10:39.34c (10:44.82f)	2/13

Women's 5000 Meters

1	5	Zanzie DEMCO	JR	#3	UW-Oshkosh	17:35.89c (17:43.97f)	2/24
2	6	Emma MALOOLY	SR	#1	UW-La Crosse	17:39.66c (17:47.77f)	2/24
3	7	Katie FARIS	JR	#2	UW-Eau Claire	17:46.35c (17:54.51f)	2/24
4	9	Katie NORTH	SR	#5	Illinois Wesleyan	17:54.19c (18:02.41f)	2/13
5	12	Maddie HANNAN	SO	#1	UW-La Crosse	17:57.96c (18:06.21f)	2/24
6	13	Rachel JEFFERS	SR	#1	UW-La Crosse	17:58.90c (18:07.16f)	2/24
7	18	Molly PERKINS	SR	#8	UW-Stout	18:14.00c (18:22.37f)	2/24
8	25	Alyssa MANTIA	SO	#12	Wheaton (Ill.)	18:19.02c (18:27.43f)	2/13
9	27	Maddy VANTASSEL	SO	#1	UW-La Crosse	18:19.55c (18:27.97f)	2/24
10	28	Liz GALLOWAY	SR	#2	UW-Eau Claire	18:19.88c (18:28.30f)	2/24

Women's 60 Meter Hurdles

1	1	Emma LAWRENCE	SO	#1	UW-La Crosse	8.76	2/27
2	4	Sylvian MOMONT	SR	#4	UW-Stevens Point	8.92	2/24
3	5	Hannah ZASTROW	FR	#8	UW-Stout	8.95	2/13
4	6	Hannah ZENKOVICH	JR	#1	UW-La Crosse	8.96	2/13
5	9	Riley KINDT	FR	#3	UW-Oshkosh	9.03	2/19
6	14	Megan WALLACE	SR	#2	UW-Eau Claire	9.08	2/6
7	17	Clair SHEPARDSON	SR	#1	UW-La Crosse	9.13	2/27
8	20	Sofia WAJNER	SR	#11	Augustana (Ill.)	9.19	1/30
9	22	Elle MACULAN	JR	#4	UW-Stevens Point	9.27	2/6
9	22	Julia BABINEC	JR	#6	North Central (Ill.)	9.27	2/26



USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2021 Week #6, March 1

as of 3/2/2021 6:15:00 AM

Midwest

Women's 4x400 Relay

1	6	Lawrence, Knoernschild, Johnson, Banie	#1	UW-La Crosse	3:58.99c	(4:02.16f)	2/20
2	7	Maculan, Wellhausen, Reinders, Spatz	#4	UW-Stevens Poin	4:00.54c	(4:03.73f)	2/27
3	8	Bonney, Grady, Hodonicky, McLaurin	#6	North Central (Ill.)	4:01.89c	(4:05.10f)	2/19
4	9	Eiers, Syverson, Johannsen, Wallace	#2	UW-Eau Claire	4:02.78c	(4:06.00f)	2/6
5	11	Bendery, Wilkinson, Wyman, Harden	#5	Illinois Wesleyan	4:03.31c	(4:06.54f)	2/6
6	14	Fassbender, Jacobs, Nieheuser, McNamara	#9	UW-Whitewater	4:05.64c	(4:08.90f)	2/19
7	16	Wiegand, Dixon, Renison, Ruiz	#10	Millikin	4:06.58c	(4:09.85f)	2/6
8	18	Langlois, LeFever, Dietrich, Farago	#7	UW-River Falls	4:07.51c	(4:10.79f)	2/20
9	19	Huber, Jackson, Wagner, Polka	#3	UW-Oshkosh	4:07.81c	(4:11.10f)	2/19
10	20	Sutton, Coyle, Fisler, Gum	#12	Wheaton (Ill.)	4:08.86c	(4:12.16f)	2/26

Women's Distance Medley Relay

1	6	Lohrenz, Jenneman, Geisness, Demco	#3	UW-Oshkosh	12:30.37c	(12:38.41f)	2/19
2	10	Leslie, Adhikari, Schaefer, Holt	#16	Principia	13:23.76c	(13:32.37f)	2/19
3	16	Tenorio, Warkocki, Lotz, Odle	#11	Augustana (Ill.)	13:42.11c	(13:50.91f)	2/27
4	24	DeJonge, Kovats, Burke, Hernandez	#15	Elmhurst	14:10.96c	(14:20.07f)	2/6
5	28	Poitrass, Lande, Bayne, Reed		Webster	14:21.05c	(14:30.27f)	2/27
6	30	Mayhill, Schirmacher, Rinon, Sanders	#17	Carthage	14:26.97c	(14:36.25f)	1/30
7	36	Miazek, Cifuentes, Mendro, Mendro	#22	North Park	14:55.68c	(15:05.27f)	2/6
8	37	Favela, Comer, Logan, Brown	#19	Greenville	15:02.61c	(15:12.28f)	2/27
9	42	Morgan, Avalos, Houston, Morris	#23	Iowa Wesleyan	15:47.02c	(15:57.16f)	2/27
10	43	Dunder, Pearce, Kelly, Brooks	#21	Fontbonne	15:50.63c	(16:00.81f)	2/27

Women's High Jump

1	2	Bailey WALDHAUSER	SR	#2	UW-Eau Claire	1.70m	5-7	2/13
2	4	Sylvian MOMONT	SR	#4	UW-Stevens Poin	1.66m	5-5¼	2/6
3	6	Hannah ZASTROW	FR	#8	UW-Stout	1.65m	5-5	2/6
3	6	Riley KINDT	FR	#3	UW-Oshkosh	1.65m	5-5	2/27
5	8	Amanda WIEBKE	SR	#1	UW-La Crosse	1.63m	5-4¼	2/6
6	14	Megan WALLACE	SR	#2	UW-Eau Claire	1.61m	5-3¼	2/6
7	20	Brooke WALLING	JR	#9	UW-Whitewater	1.58m	5-2¼	2/13
7	20	Hannah ZENKOVICH	JR	#1	UW-La Crosse	1.58m	5-2¼	2/13
7	20	Mallory BURKE	JR	#15	Elmhurst	1.58m	5-2¼	2/13
7	20	Olivia OWENS	FR	#1	UW-La Crosse	1.58m	5-2¼	2/6
7	20	Kat KREBASCH	JR	#11	Augustana (Ill.)	1.58m	5-2¼	2/6

Women's Pole Vault

1	1	Emma WARR	SO	#3	UW-Oshkosh	3.70m	12-1½	2/27
2	3	Ashley O'CONNELL	SO	#1	UW-La Crosse	3.63m	11-10¾	2/27
3	4	Kat KREBASCH	JR	#11	Augustana (Ill.)	3.60m	11-9¾	2/27
4	5	Samantha KRUEGER	JR	#7	UW-River Falls	3.57m	11-8½	2/27
4	5	Kimberly ROBERTSON	SR	#7	UW-River Falls	3.57m	11-8½	2/27
4	5	Gracie HOLLAND	FR	#9	UW-Whitewater	3.57m	11-8½	2/26
7	9	Abigail NELSON	SO	#4	UW-Stevens Poin	3.53m	11-7	2/27
8	10	Abby MEIDL	SO	#1	UW-La Crosse	3.52m	11-6½	2/20
9	12	Kathy MYRDA	JR	#6	North Central (Ill.)	3.50m	11-5¾	2/19
10	16	Jordan MECIEJ	SR	#13	UW-Platteville	3.42m	11-2½	2/26

Women's Long Jump

1	2	Megan WALLACE	SR	#2	UW-Eau Claire	5.59m	18-4¼	2/24
1	2	Lexi LEFEVER	JR	#7	UW-River Falls	5.59m	18-4¼	2/13
3	5	Gracie HOLLAND	FR	#9	UW-Whitewater	5.57m	18-3¼	2/26
4	6	Shelby NICKELS	SR	#9	UW-Whitewater	5.55m	18-2½	2/6
5	7	Adrienne LEWIS	SR	#4	UW-Stevens Poin	5.54m	18-2¼	2/20
6	8	Nicole LORD	JR	#1	UW-La Crosse	5.53m	18-1¾	2/27
7	11	Cora WILKINSON	SR	#5	Illinois Wesleyan	5.50m	18-½	2/13
8	13	Vanessa JENNEMAN	FR	#3	UW-Oshkosh	5.49m	18-¼	2/13
9	15	Hannah ZENKOVICH	JR	#1	UW-La Crosse	5.48m	17-11¾	2/6
10	18	Sylvian MOMONT	SR	#4	UW-Stevens Poin	5.42m	17-9½	2/24

Women's Triple Jump

1	2	Kady KOCHENDORFER	JR	#2	UW-Eau Claire	11.81m	38-9	2/27
2	4	Jessica STELZNER	JR	#1	UW-La Crosse	11.66m	38-3¼	2/6
3	6	Kelsey MCLAURIN	SR	#6	North Central (Ill.)	11.50m	37-8¾	2/19
4	7	Maddie KEIFER	SR	#9	UW-Whitewater	11.33m	37-2¼	2/26
5	9	Bailey WALDHAUSER	SR	#2	UW-Eau Claire	11.29m	37-½	2/27
6	10	Kristi SPRINGER	SR	#2	UW-Eau Claire	11.28m	37-¼	2/27
7	11	Lauren WONG	FR	#5	Illinois Wesleyan	11.27m	36-11¾	2/6
8	12	Sydney WAMBACH	FR	#1	UW-La Crosse	11.23m	36-10¼	2/6
9	13	Riley KINDT	FR	#3	UW-Oshkosh	11.20m	36-9	2/6
10	14	Amanda LAMS	JR	#15	Elmhurst	11.19m	36-8½	2/19



Regional TFRI Event Summary

as of 3/2/2021 6:15:00 AM

Midwest

Women's Shot Put

1	1	Sydney THOMPSON	SR	#3	UW-Oshkosh	14.01m	45-11¾	2/27
2	4	Mackenzie HUBER	SO	#8	UW-Stout	13.73m	45-½	2/13
3	5	Morgan FLOREK	SR	#3	UW-Oshkosh	13.48m	44-2¾	2/27
4	6	Catie FOBBE	JR	#2	UW-Eau Claire	13.46m	44-2	2/20
5	7	Skye DIGMAN	JR	#1	UW-La Crosse	13.42m	44-½	2/20
6	9	Megan WALLACE	SR	#2	UW-Eau Claire	13.30m	43-7¾	2/13
7	14	Ayana BLAIR	SR	#5	Illinois Wesleyan	13.05m	42-9¾	1/30
7	14	Demi PLOOR	JR	#8	UW-Stout	13.05m	42-9¾	2/6
9	18	Madeline BOBINSKI	SR	#6	North Central (Ill.)	12.80m	42-0	2/19
10	20	Kassie WICHESKI	FR	#3	UW-Oshkosh	12.66m	41-6½	2/27

Women's Weight Throw

1	1	Skye DIGMAN	JR	#1	UW-La Crosse	17.95m	58-10¾	2/13
2	4	Ayana BLAIR	SR	#5	Illinois Wesleyan	16.91m	55-5¾	2/27
3	5	Sydney THOMPSON	SR	#3	UW-Oshkosh	16.90m	55-5½	2/19
4	6	Pamela GRAMER	SR	#1	UW-La Crosse	16.89m	55-5	2/20
5	7	Alexandra DRAVES	JR	#6	North Central (Ill.)	16.67m	54-8¼	2/26
6	9	Morgan FLOREK	SR	#3	UW-Oshkosh	16.53m	54-2¾	2/6
7	11	Mackenzie HUBER	SO	#8	UW-Stout	16.43m	53-11	2/20
8	19	Catie FOBBE	JR	#2	UW-Eau Claire	16.13m	52-11	2/27
9	26	Adriyanna PATTERSON	SO	#10	Millikin	15.83m	51-11¼	2/27
10	30	Megan CURRAN	SR	#20	Concordia Wiscoi	15.50m	50-10¼	2/27

Women's Pentathlon

1	1	Megan WALLACE	SR	#2	UW-Eau Claire	3,775		2/24
2	2	Sylviann MOMONT	SR	#4	UW-Stevens Poin	3,605		2/24
3	3	Amanda WIEBKE	SR	#1	UW-La Crosse	3,563		2/24
4	4	Hannah ZENKOVICH	JR	#1	UW-La Crosse	3,543		2/24
5	7	Hannah ZASTROW	FR	#8	UW-Stout	3,301		2/24
6	8	Skylar WHITE	FR	#1	UW-La Crosse	3,172		2/24
7	9	Abigail MISSIAEN	JR	#9	UW-Whitewater	3,068		2/24
8	10	Amy KEANE	SO	#12	Wheaton (Ill.)	2,985		2/19
9	12	Katheryn HOLTER	SR	#13	UW-Platteville	2,709		2/24
10	14	Jane KAUTZ	SO	#2	UW-Eau Claire	2,690		2/24



USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2021 Week #6, March 1

as of 3/2/2021 6:15:00 AM

New England

Women's 60 Meters

1	51	Junne ROBERTSON-MCINTIRE	FR	#4	Saint Joseph's (M	8.08	(7.50(55))	2/19
1	51	Catriona GOULD	FR	#1	Southern Maine	8.08	(7.50(55))	2/26
3	57	Sophia SLOVENSKI	JR	#1	Southern Maine	8.09	(7.51(55))	2/13
4	98	Madison FORNASIER	SO	#1	Southern Maine	8.20	(7.61(55))	2/26
5		Isabella SNYDER	FR	#1	Southern Maine	8.49	(7.88(55))	2/13
6		Wenesha STEWART	SO		Eastern Connecti	9.02	(8.37(55))	2/12
7		Tawnee ROBERTS	SO	#5	UMaine Farmingt	9.15	(8.49(55))	2/19
8		Mackenzie BANKS	SO	#1	Southern Maine	9.41	(8.73(55))	2/26
9		Julie UNCZUR	JR	#4	Saint Joseph's (M	9.74	(9.04(55))	2/19

Women's 200 Meters

1		Catriona GOULD	FR	#1	Southern Maine	26.84c	(27.25f)	2/26
2		Madison FORNASIER	SO	#1	Southern Maine	27.35c	(27.77f)	2/26
3		Taylor CHAMBERLAIN	JR	#1	Southern Maine	27.67c	(28.10f)	2/26
4		Amy FORESTER	FR	#1	Southern Maine	29.95c	(30.41f)	2/26
5		Markiana HEWETT	SO	#1	Southern Maine	30.08c	(30.54f)	2/13
6		Abby MINOTT	JR	#5	UMaine Farmingt	30.20c	(30.67f)	2/19
7		Hanna ROY	FR	#4	Saint Joseph's (M	30.54c	(31.01f)	2/19
8		Alyssa LEONARD	SO	#5	UMaine Farmingt	31.59c	(32.08f)	2/19
9		Tawnee ROBERTS	SO	#5	UMaine Farmingt	31.80c	(32.29f)	2/19

Women's 400 Meters

1		Kevilyn FRAZIER	SO	#2	Coast Guard	1:03.27c	(1:04.56u)	2/12
1		Rachel BUBECK	SO	#2	Coast Guard	1:03.27c	(1:04.56u)	2/12
3		Elise BIRKHAUSER	SO	#2	Coast Guard	1:04.00c	(1:05.31u)	2/12
4		Norah GARVEY	SO	#3	Husson	1:06.18c	(1:07.05f)	2/13
5		Hanna ROY	FR	#4	Saint Joseph's (M	1:09.10c	(1:10.01f)	2/19
6		Gisella RODRIGUEZ	FR		Eastern Connecti	1:11.40c	(1:12.86u)	2/12
7		Cara PERRY	FR	#5	UMaine Farmingt	1:13.09c	(1:14.06f)	2/19
8		Amy FORESTER	FR	#1	Southern Maine	1:15.53c	(1:16.53f)	2/13

Women's 800 Meters

1	5	Maeve ROACH	SR	#2	Coast Guard	2:14.42c	(2:16.63u)	2/12
2		Taylor WINTERS	SO	#2	Coast Guard	2:27.52c	(2:29.95u)	2/12
3		Lucy KNOWLTON	SR	#1	Southern Maine	2:27.74c	(2:29.44f)	2/19
4		Lauren BRESSON	SR		Eastern Connecti	2:28.87c	(2:31.32u)	2/12
5		Alexandra MURPHY	SO	#2	Coast Guard	2:29.21c	(2:31.66u)	2/12
6		Miranda DUNTON	FR	#3	Husson	2:31.36c	(2:33.10f)	2/19
7		Payton GOODWIN	SO	#3	Husson	2:32.68c	(2:34.44f)	2/19
8		Samantha VANDEMOERE	JR	#4	Saint Joseph's (M	2:32.99c	(2:34.75f)	2/19
9		Celine PISANIC	SO	#2	Coast Guard	2:33.74c	(2:36.27u)	2/12
10		Emily COLBY	JR	#1	Southern Maine	2:34.80c	(2:36.58f)	2/19

Women's Mile

1		Lucy KNOWLTON	SR	#1	Southern Maine	5:26.17c	(5:29.39f)	2/13
2		Meghan O'BRIEN	SR	#2	Coast Guard	5:48.40c	(5:52.95u)	2/12
3		Rasa KIRVELEVICIUS	JR	#2	Coast Guard	5:53.43c	(5:58.04u)	2/12
4		Madeline KALLER	SR	#2	Coast Guard	5:56.11c	(6:00.76u)	2/12
5		Corinne STROMMER	FR	#2	Coast Guard	6:07.71c	(6:12.51u)	2/12
6		Julia HEROUX	JR	#4	Saint Joseph's (M	6:11.31c	(6:14.98f)	2/19
7		Carly JORDAN	JR	#4	Saint Joseph's (M	6:13.91c	(6:17.61f)	2/19
8		Tabitha LINGAR	SR	#5	UMaine Farmingt	6:23.30c	(6:27.09f)	2/19
9		Rachael RAYMOND	JR	#1	Southern Maine	6:46.06c	(6:50.07f)	2/13
10		Teagan EWINGS	FR	#3	Husson	6:54.70c	(6:58.80f)	2/13

Women's 3000 Meters

1	37	Mia HUNCHAREK	SR	#2	Coast Guard	10:34.92c	(10:41.59u)	2/12
2	59	Lucy KNOWLTON	SR	#1	Southern Maine	10:44.30c	(10:49.82f)	2/26
3	99	Savannah OLYNIEC	SO	#2	Coast Guard	10:55.17c	(11:02.05u)	2/12
4		Meghan CHURM	FR	#2	Coast Guard	10:58.24c	(11:05.15u)	2/12
5		Amanda KERR	FR	#2	Coast Guard	11:42.08c	(11:49.45u)	2/12
6		Megan GOULDEN	SO	#2	Coast Guard	12:02.94c	(12:10.53u)	2/12
7		Maggie SANTACROCE	JR		Eastern Connecti	12:14.87c	(12:22.59u)	2/12
8		Jenna CHERNIK	SR		Eastern Connecti	12:46.99c	(12:55.05u)	2/12
9		Jillian MCGAHAN	SO		Eastern Connecti	13:25.04c	(13:33.50u)	2/12

Women's 60 Meter Hurdles

1	45	Michelle KWAFO	SO	#2	Coast Guard	9.52	(8.85(55))	2/12
2		Allie GROSS	SO	#1	Southern Maine	10.18	(9.46(55))	2/19
2		Alyssa SIRIANNI	FR		Eastern Connecti	10.18	(9.46(55))	2/12
4		Isabella SNYDER	FR	#1	Southern Maine	10.33	(9.60(55))	2/26
5		Willow WHITTEN	SO	#3	Husson	10.78	(10.02(55))	2/19
6		Olivia RICHMOND	JR	#1	Southern Maine	10.88	(10.11(55))	2/19
7		Norah GARVEY	SO	#3	Husson	11.00	(10.22(55))	2/19
8		Rachel SABALL	FR	#3	Husson	11.26	(10.47(55))	2/19
9		Jasmine CONDUAH	SR		Eastern Connecti	11.33	(10.53(55))	2/12
10		Danielle VERMETTE	JR	#4	Saint Joseph's (M	11.44	(10.63(55))	2/19

Women's 4x400 Relay

1	50	Frazier, Jamison, Roach, Murphy	#2	Coast Guard	4:23.98c	(4:29.39u)	2/12
2	69	Dunton, Garvey, Whitten, Glisson	#3	Husson	4:36.71c	(4:40.38f)	2/13
3	74	Bresson, Rodriguez, Rodil, Sirianni		Eastern Connecti	4:41.29c	(4:47.06u)	2/12
4	86	Forester, DiRisi, Taylor, Gross	#1	Southern Maine	5:07.80c	(5:11.88f)	2/13

Women's Distance Medley Relay

1	18	Colby, Taylor, DiRisi, Knowlton	#1	Southern Maine	13:53.19c	(14:02.11f)	2/19
2	20	Abbott, Garvey, Goodwin, Dunton	#3	Husson	13:56.33c	(14:05.29f)	2/19
3	35	Glisson, Heroux, Jordan, Roy	#4	Saint Joseph's (M	14:48.71c	(14:58.23f)	2/19
4	41	Durgin, Chapin, Moody, Lingar	#5	UMaine Farmingt	15:23.50c	(15:33.39f)	2/19



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New England

Women's High Jump

1	29	Allie GROSS	SO	#1	Southern Maine	1.57m	5-1¾	2/13
1	29	Olivia JALBERT	FR	#1	Southern Maine	1.57m	5-1¾	2/13
3	47	Allie OSBORN	FR	#2	Coast Guard	1.53m	5-¼	2/12
4	68	Olivia RICHMOND	JR	#1	Southern Maine	1.50m	4-11	2/26
5	83	Rachel SABALL	FR	#3	Husson	1.48m	4-10¼	2/19
6		Jasmine CONDUAH	SR		Eastern Connecti	1.43m	4-8¾	2/12
7		Arlene BLACKWELL	SR		Eastern Connecti	1.38m	4-6¾	2/12
7		Taylor CHAMBERLAIN	JR	#1	Southern Maine	1.38m	4-6¾	2/19

Women's Pole Vault

1	22	Sophia SLOVENSKI	JR	#1	Southern Maine	3.35m	10-11¾	2/26
2		Taylor CHAMBERLAIN	JR	#1	Southern Maine	2.31m	7-7	2/13
3		Isabella COMEAU	SR	#3	Husson	2.15m	7-½	2/13

Women's Long Jump

1		Olivia RICHMOND	JR	#1	Southern Maine	4.80m	15-9	2/26
2		Olivia JALBERT	FR	#1	Southern Maine	4.69m	15-4¾	2/13
3		Allie GROSS	SO	#1	Southern Maine	4.63m	15-2¼	2/19
4		Quinn YOUNG	FR	#3	Husson	4.52m	14-10	2/19
5		Abby MINOTT	JR	#5	UMaine Farmingt	4.48m	14-8½	2/19
6		Mackenzie DUNN	SO		Eastern Connecti	4.45m	14-7¼	2/12
7		Allison KONDRACKI	SR	#3	Husson	4.42m	14-6	2/13
8		Claire LANGTON	FR		Eastern Connecti	4.35m	14-3¾	2/12
8		Payton GOODWIN	SO	#3	Husson	4.35m	14-3¾	2/19
10		Abby O'BRIEN	FR	#4	Saint Joseph's (M	3.97m	13-¼	2/19

Women's Triple Jump

1		Mackenzie DUNN	SO		Eastern Connecti	9.65m	31-8	2/12
1		Allison KONDRACKI	SR	#3	Husson	9.65m	31-8	2/19
3		Abby MINOTT	JR	#5	UMaine Farmingt	9.47m	31-1	2/19
4		Quinn YOUNG	FR	#3	Husson	9.46m	31-½	2/13
5		Claire LANGTON	FR		Eastern Connecti	9.42m	30-11	2/12
6		Shie SMITH	SR	#3	Husson	9.27m	30-5	2/13
7		Abby O'BRIEN	FR	#4	Saint Joseph's (M	8.08m	26-6¼	2/19

Women's Shot Put

1	66	Kalea SALANG	SO	#2	Coast Guard	11.66m	38-3¼	2/12
2	93	Alexis KAILEY	FR	#1	Southern Maine	11.40m	37-5	2/26
3		Wenesha STEWART	SO		Eastern Connecti	11.09m	36-4¾	2/12
4		Sadie OLSON	FR	#2	Coast Guard	10.95m	35-11¼	2/12
5		Samantha COMEAU	SR	#1	Southern Maine	10.58m	34-8½	2/26
6		Leilani SALANG	SR	#2	Coast Guard	10.14m	33-3¾	2/12
7		Manar ENANY	JR		Eastern Connecti	10.03m	32-11	2/12
8		Hannah CORBETT	FR	#1	Southern Maine	9.89m	32-5½	2/26
9		Natasha MUIRHEAD	FR	#2	Coast Guard	9.56m	31-4½	2/12
10		Olivia RICHMOND	JR	#1	Southern Maine	9.42m	30-11	2/26

Women's Weight Throw

1	25	Leilani SALANG	SR	#2	Coast Guard	15.84m	51-11¾	2/12
2	76	Kalea SALANG	SO	#2	Coast Guard	14.06m	46-1½	2/12
3		Samantha COMEAU	SR	#1	Southern Maine	13.07m	42-10¾	2/26
4		Manar ENANY	JR		Eastern Connecti	12.92m	42-4¾	2/12
5		Sophia STAFFORD	JR	#2	Coast Guard	11.90m	39-½	2/12
6		Natasha MUIRHEAD	FR	#2	Coast Guard	11.83m	38-9¾	2/12
7		Wenesha STEWART	SO		Eastern Connecti	11.51m	37-9¼	2/12
8		Hannah CORBETT	FR	#1	Southern Maine	11.40m	37-5	2/13
9		Stephanie MCLEAN	SR	#5	UMaine Farmingt	10.99m	36-¾	2/19
10		Cassidy RINEHART	SO	#3	Husson	10.88m	35-8½	2/19

Women's Pentathlon

1	18	Allie GROSS	SO	#1	Southern Maine	2,564		2/26
2	20	Olivia RICHMOND	JR	#1	Southern Maine	2,463		2/26



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South/Southeast

Women's 60 Meters

1	17	Adalia COLEMAN	FR	#4	Bridgewater (Va.)	7.93	2/20
2	36	Kacee HOOKER	JR	#4	Bridgewater (Va.)	8.02	2/20
3	51	Alison MOREAU	SR	#2	Roanoke	8.08	2/20
4	77	Monasia TAYLOR	JR	#14	Birmingham-Sou	8.14	2/13
5	87	Abigail KINOSHITA	SR	#9	Southern Virginia	8.17	2/20
6	95	Kendra FISHER	SR	#8	Hardin-Simmons	8.19	1/22
6	95	Daniell COOPER	FR	#8	Hardin-Simmons	8.19	1/22
8		Haleigh HAMLIN	FR	#4	Bridgewater (Va.)	8.21	1/29
8		Jaylyn LANE	JR	#7	Virginia Wesleyan	8.21	2/12
8		Tori FIELD	SR	#3	LeTourneau	8.21	2/4

Women's 200 Meters

1	28	Kacee HOOKER	JR	#4	Bridgewater (Va.)	26.01c	(26.41f)	2/20
2	29	Alison MOREAU	SR	#2	Roanoke	26.02c	(26.42f)	2/20
3	43	Adalia COLEMAN	FR	#4	Bridgewater (Va.)	26.25c	(26.65f)	2/20
4	73	Jaylyn LANE	JR	#7	Virginia Wesleyan	26.57		2/12
5	87	Abigail KINOSHITA	SR	#9	Southern Virginia	26.71c	(27.12f)	2/20
6		Daniell COOPER	FR	#8	Hardin-Simmons	26.89c	(27.30f)	1/22
7		Mikayla HEFFERON	FR	#2	Roanoke	27.14c	(27.56f)	2/20
8		Taylor POOLE	FR	#2	Roanoke	27.18c	(27.60f)	2/20
9		Haylee GAMBLE	FR	#2	Roanoke	27.21c	(27.63f)	2/6
10		Hannah	JR	#2	Roanoke	27.22c	(27.64f)	2/6

Women's 400 Meters

1	49	Vuronika BARNES	SO	#1	Lynchburg	1:00.58c	(1:01.38f)	2/20
2	53	Lily LIPPERT	JR	#2	Roanoke	1:00.65c	(1:01.45f)	2/20
3	63	Kamryn BENDOLPH	JR	#14	Birmingham-Sou	1:00.93		2/13
4	83	Alison BOBST	FR	#1	Lynchburg	1:01.79c	(1:02.61f)	2/20
5	90	Bailey CASTO	JR	#1	Lynchburg	1:02.03c	(1:02.85f)	2/20
6	93	Daniell COOPER	FR	#8	Hardin-Simmons	1:02.14c	(1:02.96f)	1/22
7		Emily BALL	JR	#2	Roanoke	1:02.21c	(1:03.03f)	2/20
8		Hannah	JR	#2	Roanoke	1:02.83c	(1:03.66f)	1/30
9		Breauna CONNER	FR	#12	McMurry	1:03.15		1/29
10		Ashaunti BARNES	FR		Belhaven (Miss.)	1:03.37		1/23

Women's 800 Meters

1	76	Jackie WILSON	SR	#1	Lynchburg	2:24.61c	(2:26.27f)	2/20
2	88	Zoe DUNLAP	SO	#2	Roanoke	2:25.53c	(2:27.20f)	2/6
3		Kelsey LAGUNAS	SO	#1	Lynchburg	2:28.28c	(2:29.99f)	1/30
4		Alexis SEGURA	SR	#3	LeTourneau	2:29.58c	(2:31.30f)	2/4
5		Hannah	JR	#2	Roanoke	2:31.14c	(2:32.88f)	2/20
6		Lauren MASSEY	FR	#1	Lynchburg	2:32.72c	(2:34.48f)	1/30
7		Genesis PINEIRO	SO	#17	Ferrum	2:32.87c	(2:34.63f)	2/20
8		Ryleigh BELL	FR	#6	Piedmont	2:33.15		2/13
9		Allison BARTHOL	SR	#2	Roanoke	2:35.06c	(2:36.84f)	2/20
10		Kodi PAYNE	SO	#1	Lynchburg	2:35.17c	(2:36.96f)	1/30

Women's Mile

1	43	Alexis SEGURA	SR	#3	LeTourneau	5:15.54c	(5:18.66f)	2/4
2	86	Kelsey LAGUNAS	SO	#1	Lynchburg	5:24.59c	(5:27.80f)	1/30
3		Makayla LAWLER	SR	#15	Methodist	5:29.27c	(5:32.52f)	2/6
4		Lauren MASSEY	FR	#1	Lynchburg	5:35.32c	(5:38.63f)	1/30
5		Allison SHELLY	SO	#13	Eastern Mennonit	5:40.30c	(5:43.66f)	2/20
6		Erin ATKINSON	JR	#5	Shenandoah	5:41.29		2/5
7		Karalyn TIMMES	FR	#1	Lynchburg	5:42.30c	(5:45.68f)	1/30
8		Kate HUBER	SO	#9	Southern Virginia	5:43.75c	(5:47.15f)	2/6
9		Kodi PAYNE	SO	#1	Lynchburg	5:44.62		1/16
10		Josey GEORGE	SO	#6	Piedmont	5:48.52c	(5:51.97f)	2/6

Women's 3000 Meters

1	72	Kelsey LAGUNAS	SO	#1	Lynchburg	10:47.88c	(10:53.43f)	2/20
2		Kodi PAYNE	SO	#1	Lynchburg	10:56.08c	(11:01.70f)	2/20
3		Rebecca DORAN	JR	#5	Shenandoah	10:59.01		1/16
4		Alexis SEGURA	SR	#3	LeTourneau	11:09.43c	(11:15.16f)	1/29
5		Allison SHELLY	SO	#13	Eastern Mennonit	11:09.84c	(11:15.58f)	2/20
6		Erin ATKINSON	JR	#5	Shenandoah	11:15.77		2/12
7		Mackenzie YOUNG	FR	#4	Bridgewater (Va.)	11:34.94c	(11:40.89f)	2/20
8		Addie BOLTON	SO	#6	Piedmont	11:35.01		1/24
9		Josey GEORGE	SO	#6	Piedmont	11:37.78		1/24
10		Valeria ANGEL	JR	#6	Piedmont	11:37.82		2/13

Women's 5000 Meters

1	45	Kelsey LAGUNAS	SO	#1	Lynchburg	18:46.24		2/5
2	53	Rebecca DORAN	JR	#5	Shenandoah	18:54.05		2/12
3	85	Addie BOLTON	SO	#6	Piedmont	19:32.20		1/31
4		Josey GEORGE	SO	#6	Piedmont	20:05.80		1/31
5		Erin ATKINSON	JR	#5	Shenandoah	20:23.49		1/29
6		Valeria ANGEL	JR	#6	Piedmont	20:25.28		1/31
7		Hannah HALE	SO	#5	Shenandoah	20:35.01		2/5
8		Jennifer MACIAS	JR	#5	Shenandoah	20:51.07		2/5

Women's 60 Meter Hurdles

1	10	Maya LACY	SR	#1	Lynchburg	9.04		2/20
2	21	Aniya SEWARD	FR	#1	Lynchburg	9.26		2/20
3	26	Shirell WASHINGTON	FR	#7	Virginia Wesleyan	9.33		2/12
4	37	Tori FIELD	SR	#3	LeTourneau	9.44		2/4
4	37	Nandhi BROWN	JR	#12	McMurry	9.44		1/29
6	64	Hannah	JR	#2	Roanoke	9.69		2/20
7	67	Erin FITZPATRICK	SR	#4	Bridgewater (Va.)	9.72		2/20
8	72	Naj CAMPBELL	FR	#12	McMurry	9.76		1/29
9	75	Kaitlyn REED	SO	#3	LeTourneau	9.82		2/4
10	77	Cammi WINSTON	FR	#2	Roanoke	9.86		2/20



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South/Southeast

Women's 4x400 Relay

1	37	Fisher, Tolbert, Bramlett, Cooper	#8	Hardin-Simmons	4:16.87c	(4:20.28f)	1/22
2	42	Crocker, Washington, Stedman, Lane	#7	Virginia Wesleyan	4:21.07		2/12
3	44	Bouldin, Knight, Barnes, Winford		Belhaven (Miss.)	4:21.63		1/16
4	45	Ball, Hefferon, Gheen, Henson	#2	Roanoke	4:21.89c	(4:25.36f)	2/6
5	56	Ramsden, Kozlowski, Barnes, Cammarata	#1	Lynchburg	4:29.42c	(4:32.99f)	1/30
6	68	Doyle, Brown, Beil, Ponce	#6	Piedmont	4:35.97c	(4:39.63f)	2/6
7	81	Barton, Parker, Griffith, Maslich	#9	Southern Virginia	4:46.61c	(4:50.41f)	2/6

Women's High Jump

1	8	Alison MOREAU	SR	#2	Roanoke	1.63m	5-4¼	2/20
2	29	Savannah TAFT	FR	#3	LeTourneau	1.57m	5-1¾	1/29
3	37	Kamman BROWN	JR	#11	Berry	1.55m	5-1	2/6
3	37	Kaitlyn NGUYEN	FR	#2	Roanoke	1.55m	5-1	2/6
5	68	Cammi WINSTON	FR	#2	Roanoke	1.50m	4-11	2/20
5	68	Erin FITZPATRICK	SR	#4	Bridgewater (Va.)	1.50m	4-11	2/20
5	68	Mary SLATE	FR	#11	Berry	1.50m	4-11	2/6
8	E+0:	Logan HALLER	SO	#8	Hardin-Simmons	1.47m	4-9¾	1/22
8	E+0:	Abby RUSSELL	FR	#1	Lynchburg	1.47m	4-9¾	2/5
10		Shai GEIGER	FR	#5	Shenandoah	1.42m	4-7¾	2/5
10		Kaitlyn REED	SO	#3	LeTourneau	1.42m	4-7¾	1/29
10		Kendra FISHER	SR	#8	Hardin-Simmons	1.42m	4-7¾	1/22

Women's Pole Vault

1	16	Bailey CASTO	JR	#1	Lynchburg	3.42m	11-2½	2/20
2	22	Lauren ANDERSON	JR	#1	Lynchburg	3.35m	10-11¾	1/16
3	41	Kaylee PACKER	JR	#3	LeTourneau	3.11m	10-2½	2/4
4	42	Alison BOBST	FR	#1	Lynchburg	3.10m	10-2	2/5
5	50	Madison CASSIDY	JR	#6	Piedmont	3.08m	10-1¼	2/27
6	57	Claire TROTTO	SR	#2	Roanoke	3.05m	10-0	2/6
6	57	Chloe VAN DUYNE	SO	#2	Roanoke	3.05m	10-0	2/6
8	76	Eva PROELS	JR	#11	Berry	2.90m	9-6¼	2/6
8	76	Louise TESTER	JR	#2	Roanoke	2.90m	9-6¼	2/6
10	92	Perryn MORGAN	JR	#6	Piedmont	2.75m	9-¼	2/6
10	92	Caitlin GILLIHAN	SO	#11	Berry	2.75m	9-¼	2/6

Women's Long Jump

1	26	Kaitlin MEASSELL	FR	#5	Shenandoah	5.34m	17-6¼	2/12
2	68	Hannah	JR	#2	Roanoke	5.07m	16-7¾	2/20
3	70	Kendra FISHER	SR	#8	Hardin-Simmons	5.06m	16-7¼	1/22
4	87	Aniya SEWARD	FR	#1	Lynchburg	4.95m	16-3	1/16
5		Jaylyn LANE	JR	#7	Virginia Wesleyan	4.90m	16-1	2/6
6		Brooke RYMAN	JR	#2	Roanoke	4.79m	15-8¾	2/20
7		Tori FIELD	SR	#3	LeTourneau	4.78m	15-8¼	2/4
8		Haleigh HAMLIN	FR	#4	Bridgewater (Va.)	4.76m	15-7½	1/29
9		Tiffany BARTHOLOMEW	SR	#10	Pfeiffer	4.75m	15-7	1/29
9		Haylee GAMBLE	FR	#2	Roanoke	4.75m	15-7	2/6
9		Kamman BROWN	JR	#11	Berry	4.75m	15-7	2/6

Women's Triple Jump

1	17	Aniya SEWARD	FR	#1	Lynchburg	11.14m	36-6¾	2/20
2	24	Jaylyn LANE	JR	#7	Virginia Wesleyan	11.06m	36-3½	2/12
3	30	Shirell WASHINGTON	FR	#7	Virginia Wesleyan	10.86m	35-7¾	2/12
4	32	Shelby SMITH	FR	#16	Centre	10.81m	35-5¾	2/19
5	38	Maya LACY	SR	#1	Lynchburg	10.68m	35-½	2/20
6	40	Cammi WINSTON	FR	#2	Roanoke	10.62m	34-10¼	2/6
7	44	Kaitlin MEASSELL	FR	#5	Shenandoah	10.59m	34-9	2/12
8	46	Katelyn WILEY	SO	#2	Roanoke	10.58m	34-8½	2/20
9	52	Cassidy OLIVER	SO	#4	Bridgewater (Va.)	10.52m	34-6¼	1/29
10	62	Brooke RYMAN	JR	#2	Roanoke	10.37m	34-¼	2/20

Women's Shot Put

1	45	Rheagan WHITE	FR	#3	LeTourneau	11.94m	39-2¼	2/4
2	86	Grace FOWLER	FR	#2	Roanoke	11.46m	37-7¼	2/20
3		Alicia TUCKER	FR	#4	Bridgewater (Va.)	10.90m	35-9¼	1/29
4		Mesi HAVEA	SR	#9	Southern Virginia	10.88m	35-8½	2/6
5		Elizabeth RYAN	SO	#12	McMurry	10.78m	35-4½	1/29
6		Antranae THOMAS	FR	#3	LeTourneau	10.72m	35-2	2/4
7		Tiffany BARTHOLOMEW	SR	#10	Pfeiffer	10.66m	34-11¾	1/29
8		Cameron TERRELL	SO	#4	Bridgewater (Va.)	10.54m	34-7	2/20
9		Elle BENEFIELD	SR	#1	Lynchburg	10.51m	34-5¾	2/5
10		Dale MORROW	SR	#1	Lynchburg	10.32m	33-10¼	2/20

Women's Weight Throw

1	44	Kanani LASIKE	SR	#9	Southern Virginia	14.92m	48-11½	2/6
2	48	Mesi HAVEA	SR	#9	Southern Virginia	14.86m	48-9	2/6
3	69	Elle BENEFIELD	SR	#1	Lynchburg	14.19m	46-6¾	2/20
4		Aaliyah THOMAS	JR	#10	Pfeiffer	13.04m	42-9½	2/6
5		Tonishea FORD	SR	#10	Pfeiffer	12.68m	41-7¼	1/29
6		Cameron TERRELL	SO	#4	Bridgewater (Va.)	12.54m	41-1¾	2/20
7		Grace FOWLER	FR	#2	Roanoke	12.47m	40-11	2/6
8		Olivia KLOSTER	JR	#4	Bridgewater (Va.)	12.46m	40-10½	1/29
9		Kiara FELSTON	SO	#5	Shenandoah	12.22m	40-1¼	2/12
10		Alex STANCELL	FR	#10	Pfeiffer	12.12m	39-9¼	2/5

Women's Pentathlon

1	17	Kaitlyn REED	SO	#3	LeTourneau	2,613		2/4
2	33	Tiffany BARTHOLOMEW	SR	#10	Pfeiffer	2,086		2/5