



USTFCCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2021 Week #7, March 8

as of 3/8/2021 11:34:34 AM

Atlantic

Women's 60 Meters

1	56	Brenna JOHNSON	JR	#3	Nazareth	8.06	3/6
2	80	Kat GOMEZ	FR	#1	Ithaca	8.12	3/6
3		Sara BROWN	SO	#1	Ithaca	8.31	3/6
3		Madison SABOURIN	JR	#3	Nazareth	8.31	2/27
5		Caroline CASTRIOTTA	JR	#6	Utica	8.35	2/21
6		Ayenaliz VELASQUEZ	SO	#1	Ithaca	8.39	3/6
7		Kealy DEFOREST	JR	#5	Houghton	8.43	3/6
8		Lauren BERRY	JR	#2	Rochester (N.Y.)	8.47	2/27
9		Kristin HARDY	SO	#2	Rochester (N.Y.)	8.48	2/27
10		Moriah BYRD	SO	#1	Ithaca	8.62	3/6

Women's 200 Meters

1	42	Katelyn HUTCHISON	JR	#1	Ithaca	26.17c	(26.57f)	3/6
2	72	Kat GOMEZ	FR	#1	Ithaca	26.55c	(26.96f)	3/6
3	87	Kate ISAAC	FR	#2	Rochester (N.Y.)	26.64c	(27.05f)	2/27
4		Brenna JOHNSON	JR	#3	Nazareth	26.96c	(27.37f)	2/20
5		Madison SABOURIN	JR	#3	Nazareth	27.66c	(28.09f)	3/6
6		Madeleine VOGEL	JR	#2	Rochester (N.Y.)	27.68c	(28.11f)	2/27
7		Susan BANSBACH	SO	#2	Rochester (N.Y.)	27.84c	(28.27f)	2/27
8		Breanna LAMBERT	JR	#4	St. John Fisher	28.68c	(29.12f)	3/6
9		Hannah RAGULE	FR	#3	Nazareth	28.82c	(29.26f)	2/27
10		Ayenaliz VELASQUEZ	SO	#1	Ithaca	29.01c	(29.46f)	3/6

Women's 400 Meters

1	16	Katelyn HUTCHISON	JR	#1	Ithaca	58.96c	(59.74f)	3/6
2	61	Brenna JOHNSON	JR	#3	Nazareth	1:00.62c	(1:01.42f)	3/6
3		Lauren BENDALL	FR	#3	Nazareth	1:03.29c	(1:04.13f)	2/20
4		Claire BARGABOS	JR	#3	Nazareth	1:03.76c	(1:04.60f)	2/27
5		Katherine DOWNEY	SO	#1	Ithaca	1:04.05c	(1:04.90f)	3/6
6		Elizabeth DECKER	SR	#3	Nazareth	1:04.14c	(1:04.99f)	2/27
7		Abbey SZUMLOZ	SR	#3	Nazareth	1:04.92c	(1:05.78f)	2/20
8		Janaiya CRUZ-BERMEDEZ	FR	#6	Utica	1:05.32c	(1:06.18f)	2/21
9		Breanna LAMBERT	JR	#4	St. John Fisher	1:05.75c	(1:06.62f)	3/6
10		Julianne EMERSON	SR	#6	Utica	1:06.07c	(1:06.94f)	2/21

Women's 800 Meters

1	16	Lauren LOBDELL	JR	#1	Ithaca	2:16.98c	(2:18.56f)	3/6
2	47	Rachel ROSE	SO	#1	Ithaca	2:22.03c	(2:23.66f)	3/6
3	93	Edena SANCHEZ	SR	#5	Houghton	2:25.52c	(2:27.19f)	3/6
4		Julia TOMANOVICH	SO	#1	Ithaca	2:26.85c	(2:28.54f)	3/6
5		Olivia PAWLEWICZ	JR	#4	St. John Fisher	2:29.02c	(2:30.73f)	3/6
6		Elizabeth DECKER	SR	#3	Nazareth	2:30.56c	(2:32.29f)	3/6
7		Leah O'CONNELL	SO	#5	Houghton	2:31.59c	(2:33.33f)	3/6
8		Kendra WATSON	JR	#2	Rochester (N.Y.)	2:33.29c	(2:35.05f)	2/27
9		Leigha GOULD	FR	#3	Nazareth	2:33.97c	(2:35.74f)	2/27
10		Claire BARGABOS	JR	#3	Nazareth	2:34.10c	(2:35.87f)	2/20

Women's Mile

1	63	Lindsay SCOTT	JR	#1	Ithaca	5:19.13c	(5:22.28f)	3/6
2	72	Kristen LODATO	SR	#2	Rochester (N.Y.)	5:20.46c	(5:23.63f)	2/27
3	78	Samantha MAUSER	SR	#2	Rochester (N.Y.)	5:22.17c	(5:25.35f)	2/27
4	81	Icel SUKOVATY	SO	#2	Rochester (N.Y.)	5:22.51c	(5:25.70f)	2/27
5		Katherine BENNINGER	FR	#2	Rochester (N.Y.)	5:32.05c	(5:35.33f)	2/27
6		Sabrina TERANDO	FR	#2	Rochester (N.Y.)	5:34.91c	(5:38.22f)	2/27
7		Ella WISE BELLIN	JR	#2	Rochester (N.Y.)	5:35.95c	(5:39.27f)	2/27
8		Paige ACKLEY	FR	#3	Nazareth	5:37.12c	(5:40.45f)	2/27
9		Emily WEAVER	SO	#3	Nazareth	5:39.61c	(5:42.97f)	2/27
10		Elisabeth ROTT	SR	#2	Rochester (N.Y.)	5:41.72c	(5:45.10f)	2/27

Women's 3000 Meters

1	64	Rachel DENNIS	SO	#2	Rochester (N.Y.)	10:44.67c	(10:50.19f)	2/27
2	77	Meredith ACKLEY	SR	#2	Rochester (N.Y.)	10:47.88c	(10:53.43f)	2/27
3	84	Icel SUKOVATY	SO	#2	Rochester (N.Y.)	10:52.25c	(10:57.84f)	2/27
4	85	Amanda BURRICHTER	SO	#5	Houghton	10:52.35c	(10:57.94f)	3/6
5	87	Katherine BENNINGER	FR	#2	Rochester (N.Y.)	10:52.55c	(10:58.14f)	2/27
6		Samantha MAUSER	SR	#2	Rochester (N.Y.)	11:02.39c	(11:08.06f)	2/27
7		Sabrina TERANDO	FR	#2	Rochester (N.Y.)	11:17.09c	(11:22.89f)	2/27
8		Lauren DEMICHELE	FR	#4	St. John Fisher	11:21.54c	(11:27.38f)	3/6
9		Lilianna HANNING	FR	#3	Nazareth	11:28.75c	(11:34.65f)	2/27
10		Amanda ADAMS	JR	#2	Rochester (N.Y.)	11:36.25c	(11:42.21f)	2/27

Women's 5000 Meters

1	1	Parley HANNAN	SR	#1	Ithaca	16:32.69c	(16:40.29f)	3/6
2	55	Riley COREY	SO	#4	St. John Fisher	18:49.41c	(18:58.06f)	3/6
3	68	Morgan GOULD	JR	#4	St. John Fisher	19:05.03c	(19:13.79f)	3/6
4	84	Meredith GARRITY	SO	#1	Ithaca	19:17.87c	(19:26.73f)	3/6
5	94	Kelly FARRELL	SR	#1	Ithaca	19:22.08c	(19:30.98f)	3/6
6		Laura WITT	FR	#4	St. John Fisher	19:49.81c	(19:58.92f)	3/6
7		Lilianna HANNING	FR	#3	Nazareth	20:08.34c	(20:17.59f)	3/6
8		Madeline DOVI	SO	#3	Nazareth	20:33.71c	(20:43.15f)	3/6
9		Brigid MCGEE	FR	#4	St. John Fisher	20:40.49c	(20:49.99f)	3/6
10		Sophia PROUTY	SO	#4	St. John Fisher	20:50.25c	(20:59.82f)	3/6

Women's 60 Meter Hurdles

1	17	Logan BRUCE	JR	#1	Ithaca	9.05	3/6
2	79	McKenna CONE	SO	#4	St. John Fisher	9.81	3/6
3	91	Eileen BEQUETTE	SR	#2	Rochester (N.Y.)	10.01	2/27
4		Grace CLARK	SO	#1	Ithaca	10.14	3/6
5		Abbey SZUMLOZ	SR	#3	Nazareth	10.33	3/6
6		Sydney VANDERHOOF	SO	#3	Nazareth	10.47	3/6
6		Hannah RAGULE	FR	#3	Nazareth	10.47	3/6
8		Cora MAXWELL	SR	#6	Utica	10.74	2/21
9		Lauren BENDALL	FR	#3	Nazareth	10.93	3/6
10		Alexandria WISNIEWSKI	SO	#5	Houghton	10.94	3/6



Atlantic

Women's 4x400 Relay

1	31	Downey, Tomanovich, Gomez, Rose	#1	Ithaca	4:12.57c	(4:15.92f)	3/6
2	32	Vogel, Hardy, Watson, Bequette	#2	Rochester (N.Y.)	4:12.62c	(4:15.97f)	2/27
3	38	Bargabos, Bendall, Ragule, Johnson	#3	Nazareth	4:15.93c	(4:19.32f)	2/20

Women's Distance Medley Relay

1	6	Lobdell, Hutchison, Scott, Hannan	#1	Ithaca	12:24.44c	(12:32.41f)	3/6
2	45	Ackley, Szumloz, Anagnostopoulos, Weaver	#3	Nazareth	14:14.73c	(14:23.88f)	2/27
3	52	Passetti, Gilbert, Brothers, Page		Alfred	14:41.87c	(14:51.31f)	3/6

Women's High Jump

1	12	Logan BRUCE	JR	#1	Ithaca	1.62m	5-3¾	3/6
2	52	Amina SINCLAIR	FR	#6	Utica	1.53m	5-¼	2/21
3	59	Hayden WILLIAMSON	SO	#5	Houghton	1.52m	4-11¾	3/6
4		Bianca DURSO	FR		Alfred	1.47m	4-9¾	3/6
5		Moriah BYRD	SO	#1	Ithaca	1.42m	4-7¾	3/6
5		Claudia VOGEL	FR	#4	St. John Fisher	1.42m	4-7¾	3/6
5		Ariahna BERNARD	SR	#1	Ithaca	1.42m	4-7¾	3/6
8		Halle TICKELL	JR	#4	St. John Fisher	1.37m	4-6	3/6

Women's Pole Vault

1	16	Meghan MATHENY	JR	#1	Ithaca	3.50m	11-5¾	3/6
2	26	Gwen GISLER	FR	#1	Ithaca	3.35m	10-11¾	3/6
3	41	Julianne TERRY	SR	#1	Ithaca	3.20m	10-6	3/6
4		Alondra ARROYO	JR	#4	St. John Fisher	2.75m	9-¼	3/6
5		Caroline CASTRIOTTA	JR	#6	Utica	2.70m	8-10¼	2/21

Women's Long Jump

1	9	Logan BRUCE	JR	#1	Ithaca	5.56m	18-3	3/6
2	70	Hannah RAGULE	FR	#3	Nazareth	5.08m	16-8	2/20
3	88	Eileen BEQUETTE	SR	#2	Rochester (N.Y.)	5.00m	16-5	2/27
4	91	Zoe FORTIN	JR	#2	Rochester (N.Y.)	4.97m	16-3¾	2/27
5	96	Michaela KURBS	FR	#4	St. John Fisher	4.95m	16-3	3/6
6		Sara BROWN	SO	#1	Ithaca	4.91m	16-1½	3/6
7		Moriah BYRD	SO	#1	Ithaca	4.79m	15-8¾	3/6
8		McKenna CONE	SO	#4	St. John Fisher	4.73m	15-6¼	3/6
9		Molly SEAR	SR	#1	Ithaca	4.68m	15-4¼	3/6
10		Lauren BERRY	JR	#2	Rochester (N.Y.)	4.67m	15-4	2/27

Women's Triple Jump

1	56	Grace CLARK	SO	#1	Ithaca	10.60m	34-9½	3/6
1	56	Hannah RAGULE	FR	#3	Nazareth	10.60m	34-9½	3/6
3	69	Molly SEAR	SR	#1	Ithaca	10.46m	34-4	3/6
4	76	Zoe FORTIN	JR	#2	Rochester (N.Y.)	10.29m	33-9¼	2/27
5	97	Krissy ROBERTS	SR		Alfred	10.05m	32-11¾	3/6
6		McKenna CONE	SO	#4	St. John Fisher	9.92m	32-6½	3/6
7		Maria COVELLI	SO	#4	St. John Fisher	9.80m	32-2	3/6
8		Isabella HEATH	FR	#3	Nazareth	9.76m	32-¼	2/20
9		Laura MEADE	JR	#6	Utica	9.61m	31-6½	2/21
10		Michaela KURBS	FR	#4	St. John Fisher	9.27m	30-5	3/6

Women's Shot Put

1	37	Ariahna BERNARD	SR	#1	Ithaca	12.20m	40-½	3/6
2	47	Samantha HEALY	SR	#1	Ithaca	12.02m	39-5¼	3/6
3		Madison PALMER	JR		Alfred	11.18m	36-8¼	3/6
4		Gabrielle PIGHETTI	JR	#3	Nazareth	11.12m	36-5¾	2/27
5		Grace MESSINA	SR	#2	Rochester (N.Y.)	11.11m	36-5½	2/27
6		Karen LEAP	SR	#2	Rochester (N.Y.)	11.04m	36-2¾	2/27
7		Lea RICHARD	FR	#3	Nazareth	10.78m	35-4½	2/27
8		Jordan LEHMAN	SR	#4	St. John Fisher	10.60m	34-9½	3/6
9		Liana SHAMES	SR	#1	Ithaca	10.34m	33-11¼	3/6
10		Lyndsay O'BRIEN	SO	#4	St. John Fisher	10.26m	33-8	3/6
10		Grace MUELLER	JR	#2	Rochester (N.Y.)	10.26m	33-8	2/27

Women's Weight Throw

1	13	Grace MESSINA	SR	#2	Rochester (N.Y.)	16.49m	54-1¼	2/27
2	23	Samantha HEALY	SR	#1	Ithaca	15.98m	52-5¼	3/6
3	25	Ariahna BERNARD	SR	#1	Ithaca	15.92m	52-2¾	3/6
4	58	Lea RICHARD	FR	#3	Nazareth	14.75m	48-4¾	3/6
5	59	Gillian REEDER	SO	#2	Rochester (N.Y.)	14.70m	48-2¾	2/27
6	77	Liana SHAMES	SR	#1	Ithaca	14.25m	46-9	3/6
7	91	Karen LEAP	SR	#2	Rochester (N.Y.)	14.00m	45-11¼	2/27
8	95	Jordan LEHMAN	SR	#4	St. John Fisher	13.81m	45-3¾	3/6
9		Gabrielle PIGHETTI	JR	#3	Nazareth	13.28m	43-7	3/6
10		Elizabeth IZYDORCZAK	SR	#4	St. John Fisher	12.69m	41-7¾	3/6



Regional TFRI Event Summary

as of 3/8/2021 11:34:35 AM

Central

Women's 60 Meters

1	2	Marion EDWARDS	JR	#2	Loras	7.71	3/6
2	10	Ya'Mia AILES-PRIMES	JR	#3	Dubuque	7.82	3/6
3	16	Delaney MCLOONE	SR	#6	St. Thomas (Minn)	7.87	3/6
4	19	Alanna MUHAMMAD	JR	#1	Wartburg	7.91	3/6
5	27	Jailyn ROBINSON	SO	#9	Hamline	7.95	1/23
6	29	Stevie LAMBE	JR	#2	Loras	7.96	3/6
7	31	Tay WALGRAVE	FR	#6	St. Thomas (Minn)	7.97	3/6
7	31	Breanne GEARY	FR	#4	Nebraska Wesley.	7.97	3/6
7	31	Maddie MORAN	JR	#4	Nebraska Wesley.	7.97	3/6
10	38	Birgen NELSON	SO	#8	Gustavus Adolph	8.00	3/6
10	38	Kylie JOHNSTON	SR	#11	Buena Vista	8.00	3/6
10	38	Jada LEWIS	SR	#20	Augsburg	8.00 (7.42(55))	3/6

Women's 200 Meters

1	3	Aspen ROLFES	SR	#4	Nebraska Wesley.	24.96c (25.34f)	2/20
2	5	Birgen NELSON	SO	#8	Gustavus Adolph	25.12c (25.51f)	2/26
3	15	Marion EDWARDS	JR	#2	Loras	25.70 f	3/6
4	21	Delaney MCLOONE	SR	#6	St. Thomas (Minn)	25.83c (26.23f)	3/6
5	24	Jackie GANSHIRT	SR	#1	Wartburg	25.87c (26.27f)	2/20
6	25	Stevie LAMBE	JR	#2	Loras	25.89c (26.29f)	2/20
7	26	Kelsie SEALOCK	SO	#7	Bethel (Minn.)	25.94c (26.34f)	2/27
8	38	Alyssa PFADENHAUER	SO	#2	Loras	26.13 f	3/6
9	39	Elayna BAHL	JR	#2	Loras	26.15 f	3/6
9	39	Sarah STELLMACH	FR	#6	St. Thomas (Minn)	26.15c (26.55f)	2/26

Women's 400 Meters

1	1	Aspen ROLFES	SR	#4	Nebraska Wesley.	57.09c (58.26u)	2/27
2	2	Hannah SANKEY	SR	#7	Bethel (Minn.)	57.70c (58.46f)	2/27
3	3	Alyssa PFADENHAUER	SO	#2	Loras	57.74c (58.50f)	2/20
4	4	Camryn LARSEN	SR	#4	Nebraska Wesley.	57.98c (59.17u)	2/27
5	5	Mikayla TUREK	SO	#7	Bethel (Minn.)	58.22c (58.99f)	2/27
6	6	Taylan OLSON	JR	#1	Wartburg	58.23 f	3/6
7	8	Jackie GANSHIRT	SR	#1	Wartburg	58.38c (59.15f)	2/20
8	9	Stevie LAMBE	JR	#2	Loras	58.39 f	3/6
9	12	Birgen NELSON	SO	#8	Gustavus Adolph	58.62c (59.39f)	3/6
10	14	Grace MCGUIRE	JR	#6	St. Thomas (Minn)	58.79c (59.57f)	3/6

Women's 800 Meters

1	1	Alexandra MADDUX	JR	#9	Hamline	2:11.83c (2:13.35f)	2/27
2	4	Reagan JANZEN	JR	#4	Nebraska Wesley.	2:14.59c (2:16.80u)	2/27
3	5	Annessa IHDE	FR	#7	Bethel (Minn.)	2:14.74c (2:16.29f)	2/27
4	7	Josie HERRMANN	SR	#13	Concordia Moorh	2:15.22c (2:13.68OT)	2/20
5	10	Camryn LARSEN	SR	#4	Nebraska Wesley.	2:16.12c (2:17.69f)	2/20
6	12	Elizabeth DONNELLY	JR	#8	Gustavus Adolph	2:16.25c (2:17.82f)	2/26
7	13	Carson MCSORLEY	JR	#1	Wartburg	2:16.43c (2:18.00f)	2/20
8	15	Gabby THOMAS	FR	#4	Nebraska Wesley.	2:16.78c (2:19.03u)	2/27
9	19	Mari STEIN	SO	#5	Central (Iowa)	2:17.42 f	3/6
10	26	Lily CAMPBELL	SO	#1	Wartburg	2:18.62c (2:20.21f)	2/20

Women's Mile

1	5	Fiona SMITH	FR	#12	Saint Benedict	4:57.16c (5:00.10f)	2/28
2	6	Kassie ROSENBUM	SR	#2	Loras	4:59.60 f	2/6
3	9	Josie HERRMANN	SR	#13	Concordia Moorh	5:03.72c (5:06.72f)	2/28
4	10	Alexandra MADDUX	JR	#9	Hamline	5:04.41 f	2/19
5	11	Aubrie FISHER	SO	#1	Wartburg	5:04.63c (5:07.64f)	2/20
6	20	Moriah MORTER	JR	#1	Wartburg	5:08.51 f	3/6
7	29	Caroline MCMARTIN	FR	#5	Central (Iowa)	5:11.81c (5:14.89f)	2/27
8	30	Alexis BROWN	SO	#1	Wartburg	5:12.00c (5:15.08f)	2/20
9	31	Helen DOLAN	SR	#9	Hamline	5:12.05 f	2/19
10	32	Madi BAHE	JR	#4	Nebraska Wesley.	5:12.39c (5:15.48f)	2/20

Women's 3000 Meters

1	2	Kassie ROSENBUM	SR	#2	Loras	9:48.63 f	1/29
2	3	Helen DOLAN	SR	#9	Hamline	9:51.95c (9:57.02f)	2/27
3	5	Aubrie FISHER	SO	#1	Wartburg	9:59.66 f	3/6
4	6	Fiona SMITH	FR	#12	Saint Benedict	10:03.09 f	2/7
5	26	Riley MCMAHON	SR	#16	St. Catherine (Mir	10:29.48c(10:34.87f)	2/27
6	33	Olivia MOLL	JR	#6	St. Thomas (Minn)	10:31.19c(10:36.60f)	3/6
7	37	Lauren BERG	JR	#10	Luther	10:33.77c(10:39.20f)	2/27
8	40	Natalie PAULSON	SO	#1	Wartburg	10:35.28 f	1/29
9	41	Alexis BROWN	SO	#1	Wartburg	10:35.56c(10:41.00f)	2/13
10	44	Emily HOESING	SR	#11	Buena Vista	10:37.56c(10:43.02f)	2/13

Women's 5000 Meters

1	2	Kassie ROSENBUM	SR	#2	Loras	16:43.14c(16:50.82f)	2/20
2	5	Fiona SMITH	FR	#12	Saint Benedict	17:31.19 f	2/13
3	14	Carina COLLET	SR	#1	Wartburg	17:48.23 f	3/6
4	16	Natalie PAULSON	SO	#1	Wartburg	17:58.22 f	3/6
5	19	Leah TREFFER	SR	#4	Nebraska Wesley.	18:00.65 f	3/6
6	27	Janelle BAESKENS	JR	#1	Wartburg	18:17.68c(18:26.08f)	2/20
7	28	Emily HOESING	SR	#11	Buena Vista	18:18.43 f	3/6
8	31	Shaelyn HOSTAGER	FR	#1	Wartburg	18:20.94c(18:29.37f)	2/20
9	32	Sara MILLER	SR	#6	St. Thomas (Minn)	18:23.41c(18:31.86f)	2/26
10	34	Olivia MOLL	JR	#6	St. Thomas (Minn)	18:23.59c(18:32.04f)	2/26

Women's 60 Meter Hurdles

1	3	Birgen NELSON	SO	#8	Gustavus Adolph	8.76	3/6
2	4	Kelsie SEALOCK	SO	#7	Bethel (Minn.)	8.83	2/27
3	7	Tay WALGRAVE	FR	#6	St. Thomas (Minn)	8.87	3/6
4	8	Elayna BAHL	JR	#2	Loras	8.92	3/6
5	13	Kiki PINGEL	SR	#5	Central (Iowa)	8.97	3/6
5	13	Demetria JOHNSON	SR	#3	Dubuque	8.97	3/6
7	20	Mary GRAY	SR	#5	Central (Iowa)	9.13	2/5
8	22	Sailor HINEGARDNER	JR	#1	Wartburg	9.18	3/6
9	24	Bailey VANCE	SR	#2	Loras	9.20	3/6
10	35	Audrey ARNOLD	FR	#14	Simpson (Iowa)	9.36 (8.70(55))	2/27



USTFCCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2021 Week #7, March 8

as of 3/8/2021 11:34:35 AM

Central

Women's 4x400 Relay

1	1	Pfadenhauer, Edwards, Bahl, Lambe	#2	Loras	3:52.10c (3:55.18f)	2/20
2	2	Hilger, Larsen, Janzen, Rolfes	#4	Nebraska Wesley.	3:52.41c (3:55.49f)	2/20
3	5	Olson, McSorley, Campbell, Jacobs	#1	Wartburg	3:55.45c (3:58.57f)	2/20
4	6	Sankey, Sealock, Nordberg, Turek	#7	Bethel (Minn.)	3:55.48 f	2/20
5	8	McGuire, Stellmach, Scheuerman, Cater	#6	St. Thomas (Minn)	3:59.18c (4:02.35f)	3/6
6	18	Costley, Smith, Miller, Ailes-Primes	#3	Dubuque	4:06.06 f	3/6
7	19	Gray, Roerdink, Thoreson, Miller	#5	Central (Iowa)	4:06.10 f	3/6
8	22	Nelson, Donnelly, Moen, Studer	#8	Gustavus Adolph	4:06.79c (4:10.06f)	2/26
9	26	Krasowski, Maahs, Johnson, Klingelhut	#12	Saint Benedict	4:08.71c (4:12.01f)	3/6
10	27	Haller, Keller, Hornseth, Knauss	#10	Luther	4:09.66c (4:12.97f)	2/27

Women's Distance Medley Relay

1	2	Brown, Ganshirt, McSorley, Fisher	#1	Wartburg	12:00.54c (12:08.26f)	2/27
2	5	Lewis, Sieve, Knauss, Hornseth	#10	Luther	12:23.08c (12:31.04f)	2/27
3	8	Thomas, Janzen, Carley, Bahe	#4	Nebraska Wesley.	12:34.04c (12:42.11f)	2/20
4	14	Osterberger, Green, Osterberger, Riesberg	#2	Loras	12:45.72 f	3/6
5	21	Forbes, Brich, Hodges, Roderick	#11	Buena Vista	13:10.19 f	3/6
6	24	Young, Mangold, Loecke, Laughlin	#14	Simpson (Iowa)	13:17.77 f	3/6
7	25	Burke, Silva, Jesuit, Kittinger	#19	Coe	13:18.65 f	3/6
8	30	Bytnar, Thoreson, Loper, Mayhew	#5	Central (Iowa)	13:36.29 f	3/6
9	31	Whitcomb, Moen, Tillman, Donnelly	#8	Gustavus Adolph	13:37.07 f	2/6
10	36	Crow, Holloway, Hansen, Gessner	#7	Bethel (Minn.)	13:51.17 f	2/6

Women's High Jump

1	3	Breya CHRISTOPHER	SO	#1	Wartburg	1.69m 5-6½	1/16
2	12	Abigail SMITH	SO	#3	Dubuque	1.62m 5-3¾	2/27
2	12	Rachael LUEBBE	SO	#10	Luther	1.62m 5-3¾	2/27
2	12	Malory JONES	SO	#5	Central (Iowa)	1.62m 5-3¾	2/12
5	22	Elayna BAHL	JR	#2	Loras	1.59m 5-2½	3/6
5	22	Sara HOSKINS	FR	#2	Loras	1.59m 5-2½	3/6
7	24	Addy VINTON	SR	#4	Nebraska Wesley.	1.58m 5-2¼	2/20
7	24	AnnaGrace NELSON	FR	#7	Bethel (Minn.)	1.58m 5-2¼	2/6
7	24	Ashlyn JONES	JR	#6	St. Thomas (Minn)	1.58m 5-2¼	2/5
10	34	Grace ALLEY	SO	#2	Loras	1.57m 5-1¾	2/27
10	34	Alaina SCHOENFELDER	FR	#6	St. Thomas (Minn)	1.57m 5-1¾	3/6

Women's Pole Vault

1	17	Doris-Klein MOR	JR	#8	Gustavus Adolph	3.47m 11-4½	2/26
2	19	Caroline DOCHTERMAN	JR	#3	Dubuque	3.42m 11-2½	3/6
3	22	Jessica LILLAND	SO	#7	Bethel (Minn.)	3.40m 11-1¾	2/6
4	30	Nicki SCHNEIDER	SR	#1	Wartburg	3.32m 10-10¾	3/6
5	34	Sadie KOELZ	SR	#7	Bethel (Minn.)	3.25m 10-8	2/27
6	36	Olivia LEMKE	SO	#6	St. Thomas (Minn)	3.24m 10-7½	2/19
7	41	Caroline GEARIN	FR	#15	Saint Mary's (Mini	3.20m 10-6	3/6
8	48	Isabelle ALBERS	SO	#1	Wartburg	3.12m 10-2¾	3/6
9	50	Shanoah HARREN	SR	#9	Hamline	3.10m 10-2	2/27
10	57	Rachel BROCKISH	SO	#6	St. Thomas (Minn)	3.09m 10-1½	2/19

Women's Long Jump

1	20	Demetria JOHNSON	SR	#3	Dubuque	5.46m 17-11	3/6
1	20	Emma SEIPEL	FR	#3	Dubuque	5.46m 17-11	2/27
3	24	Shaniah JOHNSON	FR	#1	Wartburg	5.40m 17-8¾	2/27
4	27	Sophia SCHULER	FR	#2	Loras	5.36m 17-7	2/13
5	30	Holly FORRESTER	SR	#5	Central (Iowa)	5.34m 17-6¼	3/6
6	33	Sydney KLAUSLER	JR	#15	Saint Mary's (Mini	5.32m 17-5½	3/6
6	33	Mary GRAY	SR	#5	Central (Iowa)	5.32m 17-5½	2/5
8	35	Kiki PINGEL	SR	#5	Central (Iowa)	5.31m 17-5¼	2/5
9	37	Jen VALLEY	SO	#9	Hamline	5.30m 17-4¾	2/7
10	39	Breanne GEARY	FR	#4	Nebraska Wesley.	5.29m 17-4¼	1/30

Women's Triple Jump

1	3	Madi KES	FR	#8	Gustavus Adolph	11.69m 38-4¼	2/26
2	7	Shaniah JOHNSON	FR	#1	Wartburg	11.38m 37-4	3/6
3	11	Holly FORRESTER	SR	#5	Central (Iowa)	11.31m 37-1¼	2/20
4	14	Breya CHRISTOPHER	SO	#1	Wartburg	11.28m 37-¼	3/6
5	18	Tessa HOFFMAN	JR	#4	Nebraska Wesley.	11.16m 36-7½	3/6
6	24	Daekota KNOTT	FR	#1	Wartburg	11.08m 36-4¼	1/16
7	27	Madeline MCDERMOTT	SR	#8	Gustavus Adolph	11.02m 36-2	2/26
8	29	Grace PERRENOUD	JR	#7	Bethel (Minn.)	10.92m 35-10	1/23
9	34	Emma SEIPEL	FR	#3	Dubuque	10.85m 35-7¼	3/6
10	35	Grace ALLEY	SO	#2	Loras	10.84m 35-6¾	3/6



Regional TFRI Event Summary

as of 3/8/2021 11:34:35 AM

Central

Women's Shot Put

1	3	Kaytlin WILDER	FR	#3	Dubuque	14.01m	45-11¾	3/6
2	5	Caroline FERGUSON	SR	#3	Dubuque	13.89m	45-7	3/6
3	8	Annika POE	SO	#8	Gustavus Adolphi	13.50m	44-3½	3/6
4	10	Cayle HOVLAND	JR	#13	Concordia Moorh	13.35m	43-9¾	2/13
5	13	Kayla WEATHERLY	SR	#2	Loras	13.26m	43-6	2/27
6	15	Jessica BLIESE	SR	#17	Minnesota Morris	13.20m	43-3¾	2/27
7	16	Lily MEESTER	FR	#1	Wartburg	13.19m	43-3¼	2/5
8	20	Courtney SCHNOOR	SR	#2	Loras	13.03m	42-9	1/29
9	21	Megan GEHRKE	JR	#6	St. Thomas (Minn)	12.92m	42-4¾	2/5
10	33	Emma ROETHLER	SO	#7	Bethel (Minn.)	12.37m	40-7	2/27

Women's Weight Throw

1	3	Kennedy MORRIS	SR	#5	Central (Iowa)	17.33m	56-10¼	2/20
2	5	Carly FISCHER	SR	#2	Loras	17.12m	56-2	2/20
3	10	Caroline FERGUSON	SR	#3	Dubuque	16.62m	54-6½	2/12
4	14	Dani JOHNSON	SR	#1	Wartburg	16.43m	53-11	3/6
5	17	Rebecca SIMPSON	SO	#11	Buena Vista	16.36m	53-8¼	2/27
6	18	Megan GEHRKE	JR	#6	St. Thomas (Minn)	16.34m	53-7½	2/5
7	19	Kaytlin WILDER	FR	#3	Dubuque	16.20m	53-1¾	3/6
8	20	Nyjah WILLIS	SR	#9	Hamline	16.15m	53-0	2/19
9	24	Jenneel RODNEY	JR	#9	Hamline	15.96m	52-4½	2/27
10	26	Courtney SCHNOOR	SR	#2	Loras	15.88m	52-1¼	2/27

Women's Pentathlon

1	5	Mary GRAY	SR	#5	Central (Iowa)	3,476	2/5
2	7	Kiki PINGEL	SR	#5	Central (Iowa)	3,406	2/5
3	12	Hailey FOXHOVEN	FR	#1	Wartburg	2,851	3/6
4	13	Jamie GLANZ	SR	#14	Simpson (Iowa)	2,843	3/6
5	14	Grace ALLEY	SO	#2	Loras	2,787	3/6
6	15	Olivia MILLER	FR	#3	Dubuque	2,754	3/6
7	16	Sally PAUL	SR	#7	Bethel (Minn.)	2,728	2/27
8	26	Ryin LEHMANN	SO	#1	Wartburg	2,391	3/6
9	29	Kaelyn KURTENBACH-WINCH	FR	#10	Luther	2,238	3/6
10	34	Wren KLUMP	JR	#11	Buena Vista	2,142	3/6



USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2021 Week #7, March 8

as of 3/8/2021 11:34:35 AM

Great Lakes

Women's 60 Meters

1	1	Lucia CANNATA	JR	#1	John Carroll	7.65		3/5
2	5	Taylor ANTHONY	SO	#1	John Carroll	7.76		3/5
3	10	Kayla SILVA	JR	#5	Ohio Northern	7.82	2/27	
4	17	Kenadee WAYT	SO	#2	Mount Union	7.89	2/14	
5	19	Alexis JOHNSON	SR	#7	Wittenberg	7.91		3/6
6	22	Zaleeya MARTIN	SO	#21	Hanover	7.92	2/20	
7	23	Avery CAMPBELL	FR	#12	Albion	7.93		3/5
8	31	Gracie DENNISON	JR		Otterbein	7.97	(7.40(55))	1/31
9	38	Cortni ARP	SR	#2	Mount Union	8.00		3/5
10	43	Lydia BAUMGARTNER	SO		Otterbein	8.01	2/20	

Women's 200 Meters

1	2	Lucia CANNATA	JR	#1	John Carroll	24.92c	(25.30f)	3/5
2	12	Avery CAMPBELL	FR	#12	Albion	25.63c	(26.02f)	3/5
3	13	Kayla SILVA	JR	#5	Ohio Northern	25.67c	(26.06f)	3/5
4	17	Kenadee WAYT	SO	#2	Mount Union	25.73c	(26.13f)	3/5
5	22	Gracie DENNISON	JR		Otterbein	25.86c	(26.26f)	3/5
6	27	Taylor ANTHONY	SO	#1	John Carroll	25.95c	(26.35f)	3/5
6	27	Micah DONLEY	SO	#2	Mount Union	25.95c	(26.35f)	3/5
8	29	Kennady GIBBINS	JR	#2	Mount Union	25.96c	(26.36f)	3/5
9	36	Lily BOGUNOVICH	JR	#2	Mount Union	26.08c	(26.48f)	3/5
10	37	Lydia BAUMGARTNER	SO		Otterbein	26.12c	(26.52f)	3/5

Women's 400 Meters

1	17	Kenadee WAYT	SO	#2	Mount Union	59.05c	(59.83f)	3/5
2	19	Delaney SALL	FR	#9	Calvin	59.13c	(59.91f)	3/5
3	22	Cortni ARP	SR	#2	Mount Union	59.26c	(1:00.04f)	3/5
4	29	Grace BEHRENS	SO	#3	Hope	59.54c	(1:00.33f)	3/5
5	33	Micah DONLEY	SO	#2	Mount Union	59.71c	(1:00.50f)	3/5
6	36	Michaelina TERRANOVA	JR	#2	Mount Union	59.88c	(1:00.67f)	3/5
7	40	Autumn HALE	JR	#1	John Carroll	1:00.05c	(1:00.84f)	3/5
8	42	Erin ANDERSON	SO	#17	Denison	1:00.11c	(1:00.90f)	2/27
9	63	Claire BENEDICT	SO	#3	Hope	1:00.74c	(1:01.54f)	3/5
10	66	Lily BOGUNOVICH	JR	#2	Mount Union	1:00.79 f	2/14	

Women's 800 Meters

1	3	Alexis GRAY	SR	#7	Wittenberg	2:14.44 OT		3/6
2	6	Delaney SALL	FR	#9	Calvin	2:14.98c	(2:16.53f)	3/5
3	17	Hastings MAREK	SR	#4	Baldwin Wallace	2:17.09 f	2/7	
4	21	Hope MURPHY	FR	#4	Baldwin Wallace	2:17.73c	(2:19.31f)	3/5
5	25	Jacinda COLE	SR	#3	Hope	2:18.29c	(2:19.88f)	3/5
6	27	Claire EBERHARDT	FR	#1	John Carroll	2:19.13c	(2:20.73f)	3/5
7	33	Molina OTTE	SR	#4	Baldwin Wallace	2:19.97c	(2:21.58f)	3/5
8	34	Gina KOWALEWICZ	SR		Otterbein	2:20.07c	(2:21.68f)	3/5
9	35	Hannah KENNY	SR	#3	Hope	2:20.11c	(2:21.72f)	3/5
10	37	Megan WERTZ	SO	#2	Mount Union	2:20.27c	(2:21.88f)	2/27

Women's Mile

1	2	Anastasia TUCKER	SO	#3	Hope	4:55.00c	(4:57.92f)	3/5
2	3	Hastings MAREK	SR	#4	Baldwin Wallace	4:56.67c	(4:59.60f)	2/27
3	8	Jacinda COLE	SR	#3	Hope	5:03.57c	(5:06.57f)	3/5
4	15	Sadie HEERINGA	JR	#9	Calvin	5:07.37c	(5:10.41f)	3/5
5	17	Alyssa LAUGHNER	JR	#4	Baldwin Wallace	5:07.39c	(5:10.43f)	2/27
6	18	Brittany MCCAULEY	SR	#2	Mount Union	5:08.26c	(5:11.31f)	3/5
7	21	Sydney JENKO	SO	#1	John Carroll	5:09.05 f		1/24
8	22	Hope MURPHY	FR	#4	Baldwin Wallace	5:09.93 f		1/30
9	24	Madelyn BRINDZA	SR	#1	John Carroll	5:10.70c	(5:13.77f)	3/5
10	25	Erica ESPER	SO	#1	John Carroll	5:10.83c	(5:13.90f)	2/27

Women's 3000 Meters

1	1	Anastasia TUCKER	SO	#3	Hope	9:46.33c	(9:41.33OT)	1/23
2	4	Sydney SMITH	SR		Otterbein	9:57.81c	(10:02.93f)	3/5
3	7	Hastings MAREK	SR	#4	Baldwin Wallace	10:09.98 f		2/14
4	9	Megan THEISMANN	SR	#6	Trine	10:14.39c	(10:19.65f)	2/20
5	11	Cameron BUJACIUS	JR	#1	John Carroll	10:15.57c	(10:20.84f)	3/5
6	12	Alyssa LAUGHNER	JR	#4	Baldwin Wallace	10:17.80 f		2/14
7	13	Macy MCADAMS	SR	#18	Muskingum	10:18.11 f		2/14
8	14	Morgan KELLEY	SR	#1	John Carroll	10:19.55c	(10:24.86f)	3/5
9	16	Sydney JENKO	SO	#1	John Carroll	10:21.87c	(10:27.20f)	3/5
10	17	Erica ESPER	SO	#1	John Carroll	10:22.31c	(10:27.64f)	3/5

Women's 5000 Meters

1	3	Anastasia TUCKER	SO	#3	Hope	17:11.98c	(17:04.09O)	2/12
2	4	Sydney JENKO	SO	#1	John Carroll	17:29.66c	(17:37.69f)	3/5
3	6	Macy MCADAMS	SR	#18	Muskingum	17:33.76c	(17:41.83f)	3/5
4	7	Megan THEISMANN	SR	#6	Trine	17:34.86c	(17:42.93f)	3/5
5	9	Alyssa LAUGHNER	JR	#4	Baldwin Wallace	17:39.22c	(17:47.33f)	3/5
6	11	Cameron BUJACIUS	JR	#1	John Carroll	17:43.68c	(17:51.82f)	3/5
7	13	Elizabeth LOHMAN	SR	#6	Trine	17:47.14c	(17:55.31f)	3/5
8	17	Erica ESPER	SO	#1	John Carroll	17:58.27c	(18:06.52f)	3/5
9	21	Megan MCCULLOCH	SO	#12	Albion	18:02.47c	(18:10.76f)	3/5
10	22	Anna MASON	SO	#3	Hope	18:02.77c	(17:54.49O)	2/12

Women's 60 Meter Hurdles

1	4	Sabrina STOCKER	SR	#2	Mount Union	8.83		3/5
2	9	Gracie DENNISON	JR		Otterbein	8.93		3/5
3	15	Michaelina TERRANOVA	JR	#2	Mount Union	9.02		3/5
4	18	Stella DEWITT	SR	#5	Ohio Northern	9.07		2/27
5	25	Monica BRADFORD	FR	#17	Denison	9.23		3/6
6	30	Zarriyah BOARD	FR	#2	Mount Union	9.28		3/5
7	34	Haley LIVINGSTON	FR	#6	Trine	9.35		3/5
8	35	Megan CAREY	JR		Otterbein	9.36		2/20
9	45	Zoe PRICE	JR	#8	Ohio Wesleyan	9.48		2/27
10	47	Alexis STARNER	FR	#5	Ohio Northern	9.49		3/5



USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

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Great Lakes

Women's 4x400 Relay

1	4	Wayt, Miller, Arp, Donley	#2	Mount Union	3:54.31c (3:57.42f)	2/27
2	14	Grammel, Stoffregen, Pasch, Borland	#11	DePauw	4:03.85c (4:07.08f)	2/27
3	17	Benedict, Kenny, Cole, Behrens	#3	Hope	4:05.56c (4:08.82f)	3/5
4	21	Otte, Montgomery, Marek, Murphy	#4	Baldwin Wallace	4:06.75c (4:10.02f)	3/5
5	23	Cannata, Clemente, Hale, Eberhardt	#1	John Carroll	4:06.85c (4:10.12f)	3/5
6	29	Neff, Vestal, Herron, Ellerbrock	#5	Ohio Northern	4:11.47c (4:14.80f)	3/5
7	30	Austin, Taghon, Padilla, Gotaas	#16	Alma	4:11.66c (4:15.00f)	3/5
8	33	Hartpence, Brittain, Faulkner, Kenney	#6	Trine	4:13.55c (4:16.91f)	3/5
9	36	Dennison, Baumgartner, Kowalewicz, Shaver		Otterbein	4:14.97c (4:18.35f)	3/5
10	39	Hayes, Wishman, Welker, Gray	#7	Wittenberg	4:16.25 OT	2/26

Women's Distance Medley Relay

1	1	Cole, Behrens, Kenny, Tucker	#3	Hope	11:58.53c (11:50.92O)	2/13
2	3	Laughner, Vinci, Otte, Marek	#4	Baldwin Wallace	12:04.17c (12:11.92f)	2/21
3	4	Brindza, Hale, Eberhardt, Jenko	#1	John Carroll	12:15.03c (12:22.90f)	2/21
4	7	Vestal, Herron, Ellerbrock, Wright	#5	Ohio Northern	12:30.03c (12:38.06f)	3/5
5	11	Heeringa, Ruiters-Diaz, Sall, Ten Pas	#9	Calvin	12:41.88c (12:50.04f)	2/20
6	18	McCulloch, Tuttle, Abbott, Bieth	#12	Albion	13:01.17c (13:09.54f)	3/5
7	19	Russell, Bober, Defabio, Smith	#2	Mount Union	13:01.50c (13:09.87f)	3/5
8	23	Parker, McGonigal, Kenney, Luebcke	#6	Trine	13:17.59c (13:26.13f)	3/5
9	27	Gregory, Desenberg, Watson, Wooten	#23	Franklin	13:27.16c (13:35.80f)	2/20
10	29	Mauger, Abbitt, Allsop, Shanaman	#15	Heidelberg	13:33.63c (13:42.34f)	3/5

Women's High Jump

1	1	Peyton HOWELL	SO	#8	Ohio Wesleyan	1.74m	5-8½	2/27
2	7	Laura PULLINS	JR	#10	Marietta	1.66m	5-5¼	2/28
3	8	Hannah SCHATZ	FR	#7	Wittenberg	1.65m	5-5	3/6
4	9	Emma KLOSTERMAN	FR		Otterbein	1.63m	5-4¼	2/20
5	16	Elizabeth CLEMENTE	FR	#1	John Carroll	1.61m	5-3¼	2/27
6	18	Nosa IGIEHON	SO	#13	Rose-Hulman	1.60m	5-3	2/12
6	18	Erin PASCH	JR	#11	DePauw	1.60m	5-3	2/13
6	18	Kennady GIBBINS	JR	#2	Mount Union	1.60m	5-3	2/20
6	18	Sarah WATSON	FR	#8	Ohio Wesleyan	1.60m	5-3	2/12
10	24	Courtney PHOENNIK	SR	#1	John Carroll	1.58m	5-2¼	3/5
10	24	Lily BOGUNOVICH	JR	#2	Mount Union	1.58m	5-2¼	3/5

Women's Pole Vault

1	2	Chase PATTON	JR	#8	Ohio Wesleyan	3.69m	12-1¼	3/6
2	4	Bri AVENI	JR	#2	Mount Union	3.66m	12-0	2/20
3	7	Emily PHILLIPS	JR	#2	Mount Union	3.57m	11-8½	2/27
4	12	Baylee BROWN	SO	#10	Marietta	3.52m	11-6½	3/5
5	17	Kathleen KENNEDY	SR		Otterbein	3.47m	11-4½	2/27
6	24	Jaimie BLUNT	SR		Otterbein	3.37m	11-¾	2/27
7	26	Alison LOASE	SO	#10	Marietta	3.35m	10-11¾	2/14
8	30	Anna SCHATZLE	SO	#5	Ohio Northern	3.32m	10-10¾	2/27
9	32	Alexis PENNELL	SO	#10	Marietta	3.30m	10-9¾	2/28
10	41	Andrea RODEHEFFER	FR	#6	Trine	3.20m	10-6	2/5

Women's Long Jump

1	2	Alexis JOHNSON	SR	#7	Wittenberg	5.68m	18-7¾	2/26
2	5	Maria DELUCA	SR	#1	John Carroll	5.62m	18-5¼	3/5
3	7	Ariana COLEMAN	SO	#15	Heidelberg	5.58m	18-3¾	2/14
4	14	Stevie PLIKERD	JR	#7	Wittenberg	5.51m	18-1	2/20
5	15	Courtney PHOENNIK	SR	#1	John Carroll	5.50m	18-½	2/14
6	18	Stella DEWITT	SR	#5	Ohio Northern	5.49m	18-¼	2/14
7	24	Kayla SILVA	JR	#5	Ohio Northern	5.40m	17-8¾	2/27
8	26	Renee MILLER	JR	#9	Calvin	5.37m	17-7½	3/5
9	27	Kennady GIBBINS	JR	#2	Mount Union	5.36m	17-7	3/5
10	29	Alexianna JOHNSON	SR	#2	Mount Union	5.35m	17-6¾	2/14

Women's Triple Jump

1	1	Courtney PHOENNIK	SR	#1	John Carroll	12.07m	39-7¼	2/14
2	5	Maria DELUCA	SR	#1	John Carroll	11.52m	37-9½	2/27
3	23	Nosa IGIEHON	SO	#13	Rose-Hulman	11.10m	36-5	2/12
4	32	Alexis JOHNSON	SR	#7	Wittenberg	10.86m	35-7¾	3/6
5	38	Stevie PLIKERD	JR	#7	Wittenberg	10.79m	35-4¾	2/20
6	46	Genevieve ARNOLD	FR	#1	John Carroll	10.70m	35-1¼	3/5
6	46	Rofiat ADEYEMI	FR	#13	Rose-Hulman	10.70m	35-1¼	2/20
8	48	Stella DEWITT	SR	#5	Ohio Northern	10.68m	35-½	2/14
9	56	Tori MILLER	FR	#1	John Carroll	10.60m	34-9½	3/5
10	61	Tamsin DAY	SR		Otterbein	10.58m	34-8½	2/14



Regional TFRI Event Summary

as of 3/8/2021 11:34:36 AM

Great Lakes

Women's Shot Put

1	12	Lillian ALBAUGH	JR #20 Olivet	13.29m	43-7¼	3/5
2	14	Kayli SULLIVAN	SR #14 Wilmington (Ohic	13.22m	43-4½	3/5
3	22	Kasey NEVILLE	JR #10 Marietta	12.70m	41-8	2/7
4	25	Ari MCPHETERS	SR #8 Ohio Wesleyan	12.61m	41-4½	2/20
5	31	Jalayah MIXON	FR #2 Mount Union	12.40m	40-8¼	3/5
6	35	Annie PRIEST	JR #10 Marietta	12.24m	40-2	2/28
7	43	Kanemah RAMBI	JR #2 Mount Union	12.07m	39-7¼	3/5
8	56	Olivia HURTT	JR #1 John Carroll	11.89m	39-¼	2/6
9	57	Valerie OBEAR	JR #6 Trine	11.88m	38-11¾	2/27
10	61	Charley HENGESBACH	SR #16 Alma	11.86m	38-11	2/13

Women's Weight Throw

1	2	Valerie OBEAR	JR #6 Trine	17.46m	57-3½	3/5
2	8	Olivia HURTT	JR #1 John Carroll	16.85m	55-3½	3/5
3	10	Kayli SULLIVAN	SR #14 Wilmington (Ohic	16.62m	54-6½	3/5
4	16	Waverly VERHILL	JR #9 Calvin	16.38m	53-9	2/13
5	30	Bailey HOFFMAN	JR #16 Alma	15.79m	51-9¾	3/5
6	37	Kasey NEVILLE	JR #10 Marietta	15.38m	50-5½	2/7
7	38	Chayanne CONLEY	JR #8 Ohio Wesleyan	15.34m	50-4	2/27
8	42	Annie PRIEST	JR #10 Marietta	15.21m	49-11	3/5
9	61	Kelsey DUNN	JR #1 John Carroll	14.56m	47-9¼	3/5
10	64	Natalie GARRETT	FR #5 Ohio Northern	14.50m	47-7	2/27

Women's Pentathlon

1	6	Erin PASCH	JR #11 DePauw	3,411		3/6
2	42	Amanda CHURCH	FR #19 Bluffton	1,502		2/5



Regional TFRI Event Summary

as of 3/8/2021 11:34:36 AM

Midwest

Women's 60 Meters

1	23	Selena THOMAS	SR	Westminster (Pa.)	7.93	1/29
2		Olivia YOUNGER	JR	#2 Geneva	8.36	1/29

Women's 200 Meters

1		Selena THOMAS	SR	Westminster (Pa.)	27.58c (27.16OT)	1/29
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Women's 400 Meters

1		Haley MOORE	SR	Westminster (Pa.)	1:06.98c (1:06.10OT)	1/29
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Women's 800 Meters

1	61	Katelyn BERNOTAS	SR	#1 Eastern (Pa.)	2:23.11	2/12
2	66	Erin WARD	SR	Westminster (Pa.)	2:23.75c (2:22.11OT)	1/29

Women's Mile

1	66	Katelyn BERNOTAS	SR	#1 Eastern (Pa.)	5:19.92	2/12
2		Mary BERNOTAS	JR	#1 Eastern (Pa.)	5:40.65	2/12
3		Ashlin LAFOND	JR	#3 Franciscan	6:01.94c (5:58.39OT)	1/15

Women's 3000 Meters

1		Mary BERNOTAS	JR	#1 Eastern (Pa.)	10:56.10	2/12
2		Marisa LIVOTI	SR	#1 Eastern (Pa.)	11:03.84	2/12
3		Katie SCHRANTZ	SR	Westminster (Pa.)	11:24.83c (11:18.99O)	1/29
4		Sydney LORENTZ	SO	#3 Franciscan	12:33.41c (12:26.98O)	1/15

Women's 5000 Meters

1		Katie SCHRANTZ	SR	Westminster (Pa.)	20:28.59c (20:19.20O)	1/29
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Women's 60 Meter Hurdles

1	32	Olivia YOUNGER	JR	#2 Geneva	9.30	1/29
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Women's Long Jump

1	11	Selena THOMAS	SR	Westminster (Pa.)	5.53m 18-1¾	1/29
2	96	Judith MCCHESENEY	JR	#2 Geneva	4.95m 16-3	1/29

Women's Triple Jump

1		Judith MCCHESENEY	JR	#2 Geneva	9.88m 32-5	1/29
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Women's Shot Put

1	67	Megan PARKER	SR	Westminster (Pa.)	11.77m 38-7½	1/29
2		Joelle WASH	JR	#1 Eastern (Pa.)	10.03m 32-11	2/12
3		Saige HEIGEL	FR	Westminster (Pa.)	9.02m 29-7¼	1/29

Women's Weight Throw

1		Megan PARKER	SR	Westminster (Pa.)	11.99m 39-4	1/29
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USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2021 Week #7, March 8

as of 3/8/2021 11:34:36 AM

Midwest

Women's 60 Meters

1	2	Lexi LEFEVER	JR	#7	UW-River Falls	7.71	3/6
2	4	Emily DAWIDOWICH	FR	#1	UW-La Crosse	7.72	3/6
3	5	Savannah RYGIWICZ	SR	#1	UW-La Crosse	7.76	2/27
4	7	Megan BEST	SO	#2	UW-Eau Claire	7.77	3/6
5	8	Aly REUVERS	SO	#1	UW-La Crosse	7.79	3/6
6	9	Addison BENDERY	SO	#4	Illinois Wesleyan	7.81	3/6
7	12	Kayla ARMSTRONG	SR	#15	Concordia Chicago	7.83	2/27
8	13	Gwen ORR	SR	#10	UW-Platteville	7.84	3/6
9	14	Shannon NELSON	JR	#5	UW-Stevens Point	7.85	2/27
9	14	Kelly ALDRICH	SR	#1	UW-La Crosse	7.85	3/6

Women's 200 Meters

1	1	Lexi LEFEVER	JR	#7	UW-River Falls	24.65c	(25.03f)	3/6
2	4	Emily DAWIDOWICH	FR	#1	UW-La Crosse	24.99c	(25.37f)	3/6
3	6	Kayla ARMSTRONG	SR	#15	Concordia Chicago	25.24		2/27
4	7	Addison BENDERY	SO	#4	Illinois Wesleyan	25.27c	(25.66f)	3/6
5	8	Leyna HERZOG	FR	#5	UW-Stevens Point	25.36c	(25.75f)	3/6
6	9	Kaitlin BONNEY	SR	#6	North Central (Ill.)	25.41c	(25.80f)	3/5
7	10	Gwen ORR	SR	#10	UW-Platteville	25.55c	(25.94f)	3/6
8	11	Aly REUVERS	SO	#1	UW-La Crosse	25.58c	(25.97f)	3/6
9	13	Kelly ALDRICH	SR	#1	UW-La Crosse	25.67c	(26.06f)	3/6
10	15	Mikayla JACKSON	SO	#3	UW-Oshkosh	25.70c	(26.10f)	3/6

Women's 400 Meters

1	7	Katie BANIE	JR	#1	UW-La Crosse	58.28c	(59.05f)	3/6
2	10	Kaitlin BONNEY	SR	#6	North Central (Ill.	58.43c	(59.20f)	2/26
3	11	Hailey WIMBERLY	JR	#12	Millikin	58.58 f		2/13
4	13	Mara SCHROEDER	JR	#1	UW-La Crosse	58.71c	(59.49f)	3/6
5	15	Zanzie DEMCO	JR	#3	UW-Oshkosh	58.94c	(59.72f)	2/27
6	23	Simone WILSON	SR	#15	Concordia Chicag	59.28		2/27
7	25	Kelsey WYMAN	SR	#4	Illinois Wesleyan	59.40c	(1:00.18f)	3/6
7	25	Sarah LANGLOIS	SO	#7	UW-River Falls	59.40c	(1:00.18f)	2/27
9	27	Eryn RENISON	JR	#12	Millikin	59.45c	(1:00.24f)	2/27
10	28	Cassidy EIERS	JR	#2	UW-Eau Claire	59.47c	(1:00.26f)	2/27

Women's 800 Meters

1	2	Anna SCHUETH	SO	#2	UW-Eau Claire	2:14.09c	(2:15.63f)	2/27
2	8	Zanzie DEMCO	JR	#3	UW-Oshkosh	2:15.58 f		2/19
3	10	Brooke WELLHAUSEN	SR	#5	UW-Stevens Poin	2:16.12c	(2:17.69f)	2/27
4	14	Kaitlyn GALGON	JR	#10	UW-Platteville	2:16.67c	(2:18.24f)	3/6
5	18	Libby GEISNESS	SO	#3	UW-Oshkosh	2:17.31c	(2:18.89f)	2/27
6	20	Katie BANIE	JR	#1	UW-La Crosse	2:17.53c	(2:19.11f)	2/27
7	22	Rebekah HARDEN	JR	#4	Illinois Wesleyan	2:18.06c	(2:19.65f)	2/27
8	23	Jenna YAKESH	SR	#6	North Central (Ill.	2:18.07c	(2:19.66f)	3/5
9	24	Hannah LOHRENZ	SR	#3	UW-Oshkosh	2:18.25c	(2:19.84f)	3/6
10	28	Kelsey WYMAN	SR	#4	Illinois Wesleyan	2:19.23c	(2:20.83f)	2/27

Women's Mile

1	1	Zanzie DEMCO	JR	#3	UW-Oshkosh	4:54.93c	(4:57.84f)	3/6
2	7	Hannah LOHRENZ	SR	#3	UW-Oshkosh	5:03.31c	(5:06.31f)	3/6
3	12	Emma DRANGSTVEIT	SR	#2	UW-Eau Claire	5:04.75c	(5:07.76f)	2/27
4	13	Emma MALOOLY	SR	#1	UW-La Crosse	5:05.32 f		2/20
5	14	Rebekah HARDEN	JR	#4	Illinois Wesleyan	5:06.48c	(5:09.51f)	2/27
6	16	Maddie HANNAN	SO	#1	UW-La Crosse	5:07.38 f		2/20
7	19	Paige ALLEMANN	JR	#5	UW-Stevens Poin	5:08.43c	(5:11.48f)	3/6
8	23	Emmy FARAGO	JR	#7	UW-River Falls	5:10.27c	(5:13.34f)	3/6
9	26	Kylie JUDD	SO	#2	UW-Eau Claire	5:11.29c	(5:14.37f)	3/6
10	27	Jenna YAKESH	SR	#6	North Central (Ill.	5:11.73c	(5:14.81f)	2/26

Women's 3000 Meters

1	8	Katie FARIS	JR	#2	UW-Eau Claire	10:11.21c(10:16.45f)	3/6
2	10	Rebekah HARDEN	JR	#4	Illinois Wesleyan	10:15.24c(10:20.51f)	3/6
3	15	Katie NORTH	SR	#4	Illinois Wesleyan	10:19.98c(10:25.29f)	3/6
4	20	Alyssa MANTIA	SO	#11	Wheaton (Ill.)	10:23.45c(10:28.79f)	3/6
5	22	Zanzie DEMCO	JR	#3	UW-Oshkosh	10:27.44 f	2/13
6	23	Christi FORMAN	FR	#2	UW-Eau Claire	10:28.81c(10:34.20f)	3/6
7	27	Emmy FARAGO	JR	#7	UW-River Falls	10:29.69c(10:35.08f)	2/27
8	29	Liz GALLOWAY	SR	#2	UW-Eau Claire	10:30.01c(10:35.41f)	3/6
9	31	Jenna FIORE	JR	#6	North Central (Ill.)	10:31.12c(10:36.53f)	2/26
9	31	Emma DRANGSTVEIT	SR	#2	UW-Eau Claire	10:31.12 f	2/13

Women's 5000 Meters

1	8	Zanzie DEMCO	JR	#3	UW-Oshkosh	17:35.89c(17:43.97f)	2/24
2	10	Emma MALOOLY	SR	#1	UW-La Crosse	17:39.66c(17:47.77f)	2/24
3	12	Katie FARIS	JR	#2	UW-Eau Claire	17:46.35c(17:54.51f)	2/24
4	15	Maddie HANNAN	SO	#1	UW-La Crosse	17:57.96c(18:06.21f)	2/24
5	18	Rachel JEFFERS	SR	#1	UW-La Crosse	17:58.90c(18:07.16f)	2/24
6	20	Katie NORTH	SR	#4	Illinois Wesleyan	18:02.41 f	2/13
7	25	Molly PERKINS	SR	#8	UW-Stout	18:14.00c(18:22.37f)	2/24
8	29	Maddy VANTASSEL	SO	#1	UW-La Crosse	18:19.55c(18:27.97f)	2/24
9	30	Liz GALLOWAY	SR	#2	UW-Eau Claire	18:19.88c(18:28.30f)	2/24
10	35	Alyssa MANTIA	SO	#11	Wheaton (Ill.)	18:27.43 f	2/13
10	35	Julia ANDERSON	FR	#1	UW-La Crosse	18:27.43c(18:35.91f)	2/24

Women's 60 Meter Hurdles

1	1	Hannah ZENKOVICH	JR	#1	UW-La Crosse	8.69	3/6
2	2	Emma LAWRENCE	SO	#1	UW-La Crosse	8.71	3/6
3	6	Sylvann MOMONT	SR	#5	UW-Stevens Point	8.84	3/6
4	10	Megan WALLACE	SR	#2	UW-Eau Claire	8.95	3/6
4	10	Hannah ZASTROW	FR	#8	UW-Stout	8.95	2/13
6	12	Riley KINDT	FR	#3	UW-Oshkosh	8.96	3/6
7	19	Clair SHEPARDSON	SR	#1	UW-La Crosse	9.08	3/6
8	21	Brooke MCDOWELL	SO	#1	UW-La Crosse	9.17	3/6
9	23	Sofia WAJNER	SR	#14	Augustana (Ill.)	9.19	1/30
10	25	Julia BABINEC	JR	#6	North Central (Ill.)	9.23	3/5



USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2021 Week #7, March 8

as of 3/8/2021 11:34:36 AM

Midwest

Women's 4x400 Relay

1	3	Banie, Rygiewicz, Wiebke, Lawrence	#1	UW-La Crosse	3:53.76c (3:56.86f)	3/6
2	7	Campbell, Eiers, Schueth, Wallace	#2	UW-Eau Claire	3:57.83c (4:00.98f)	3/6
3	9	Demco, Jenneman, Huber, Geisness	#3	UW-Oshkosh	3:59.35c (4:02.52f)	3/6
4	10	Maculan, Spatz, Reinders, Wellhausen	#5	UW-Stevens Poin	3:59.73c (4:02.91f)	3/6
5	11	Buss, Schilling, Holter, Galgon	#10	UW-Platteville	4:01.53c (4:04.73f)	3/6
6	12	Bendery, Wilkinson, Wyman, Harden	#4	Illinois Wesleyan	4:03.31c (4:06.54f)	2/6
7	13	Jacobs, McNamara, Fassbender, Nieheuser	#9	UW-Whitewater	4:03.44c (4:06.67f)	3/6
8	14	Bullard, Maurer, Lehman, Reisner	#8	UW-Stout	4:03.85c (4:07.08f)	3/6
9	16	Bonney, Grady, Hodonicky, McLaurin	#6	North Central (Ill.)	4:05.10 f	2/19
10	20	Wiegand, Dixon, Renison, Ruiz	#12	Millikin	4:06.58c (4:09.85f)	2/6

Women's Distance Medley Relay

1	9	Lohrenz, Jenneman, Geisness, Demco	#3	UW-Oshkosh	12:38.41 f	2/19
2	10	Harden, Wilkinson, Wyman, Mirande	#4	Illinois Wesleyan	12:41.73c(12:49.89f)	3/6
3	12	Schultz, Knoernschild, Koehler, Carviou	#1	UW-La Crosse	12:42.81c(12:50.98f)	3/6
4	13	Thomas, Lehman, Jackson, Brockman	#8	UW-Stout	12:44.99c(12:53.18f)	3/6
5	15	Braun, Handchetz, Nieheuser, De La Cerda	#9	UW-Whitewater	12:46.90c(12:55.11f)	3/6
6	16	Canavera, Syverson, Stordahl, Dahl	#2	UW-Eau Claire	12:47.88c(12:56.10f)	3/6
7	17	Gage, Burg, Dolsen, Gaines	#5	UW-Stevens Poin	12:57.78c(13:06.11f)	3/6
8	20	Fisler, Milligan, Kimble, Mantia	#11	Wheaton (Ill.)	13:03.37c(13:11.76f)	3/6
9	22	Rafuse, Hussaini, Gilligan, Clausen	#13	Elmhurst	13:13.00c(13:21.49f)	3/5
10	26	Henz, Yakesh, Mussey, Vaccaro	#6	North Central (Ill.)	13:22.40c(13:30.99f)	3/5

Women's High Jump

1	2	Bailey WALDHAUSER	SR	#2	UW-Eau Claire	1.70m	5-7	2/27
2	4	Hannah ZASTROW	FR	#8	UW-Stout	1.67m	5-5¾	3/6
2	4	Riley KINDT	FR	#3	UW-Oshkosh	1.67m	5-5¾	3/6
2	4	Sylvann MOMONT	SR	#5	UW-Stevens Poin	1.67m	5-5¾	3/6
5	9	Amanda WIEBKE	SR	#1	UW-La Crosse	1.63m	5-4¼	2/6
6	16	Megan WALLACE	SR	#2	UW-Eau Claire	1.61m	5-3¼	2/6
7	24	Kat KREBASCH	JR	#14	Augustana (Ill.)	1.58m	5-2¼	2/6
7	24	Brooke WALLING	JR	#9	UW-Whitewater	1.58m	5-2¼	2/13
7	24	Mallory BURKE	JR	#13	Elmhurst	1.58m	5-2¼	2/13
7	24	Olivia OWENS	FR	#1	UW-La Crosse	1.58m	5-2¼	2/6
7	24	Hannah ZENKOVICH	JR	#1	UW-La Crosse	1.58m	5-2¼	2/13

Women's Pole Vault

1	1	Emma WARR	SO	#3	UW-Oshkosh	3.70m	12-1½	2/27
2	3	Kat KREBASCH	JR	#14	Augustana (Ill.)	3.67m	12-½	3/6
3	4	Ashley O'CONNELL	SO	#1	UW-La Crosse	3.66m	12-0	3/6
4	6	Kathy MYRDA	JR	#6	North Central (Ill.)	3.65m	11-11¾	3/5
5	7	Kimberly ROBERTSON	SR	#7	UW-River Falls	3.57m	11-8½	2/27
5	7	Samantha KRUEGER	JR	#7	UW-River Falls	3.57m	11-8½	2/27
5	7	Gracie HOLLAND	FR	#9	UW-Whitewater	3.57m	11-8½	2/26
8	11	Abigail NELSON	SO	#5	UW-Stevens Poin	3.53m	11-7	2/27
9	12	Abby MEIDL	SO	#1	UW-La Crosse	3.52m	11-6½	2/20
10	14	Allison WEIKER	JR	#2	UW-Eau Claire	3.51m	11-6¼	3/6
10	14	Sara DEGROOT	JR	#17	St. Norbert	3.51m	11-6¼	3/6

Women's Long Jump

1	1	Lexi LEFEVER	JR	#7	UW-River Falls	5.82m	19-1¼	3/6
2	3	Hannah ZENKOVICH	JR	#1	UW-La Crosse	5.66m	18-7	3/6
3	4	Adrienne LEWIS	SR	#5	UW-Stevens Poin	5.65m	18-6½	3/6
4	6	Megan WALLACE	SR	#2	UW-Eau Claire	5.59m	18-4¼	2/24
5	8	Gracie HOLLAND	FR	#9	UW-Whitewater	5.57m	18-3¼	2/26
6	10	Shelby NICKELS	SR	#9	UW-Whitewater	5.55m	18-2½	2/13
7	11	Nicole LORD	JR	#1	UW-La Crosse	5.53m	18-1¾	2/27
8	13	Jessica STELZNER	JR	#1	UW-La Crosse	5.52m	18-1½	3/6
9	15	Sydney WAMBACH	FR	#1	UW-La Crosse	5.50m	18-½	3/6
9	15	Cora WILKINSON	SR	#4	Illinois Wesleyan	5.50m	18-½	2/13

Women's Triple Jump

1	2	Kady KOCHENDORFER	JR	#2	UW-Eau Claire	11.81m	38-9	2/27
2	4	Jessica STELZNER	JR	#1	UW-La Crosse	11.66m	38-3¼	2/6
3	6	Kelsey MCLAURIN	SR	#6	North Central (Ill.)	11.50m	37-8¾	2/19
4	8	Sydney WAMBACH	FR	#1	UW-La Crosse	11.35m	37-3	3/6
5	9	Amanda LAMS	JR	#13	Elmhurst	11.33m	37-2¼	3/5
5	9	Maddie KEIFER	SR	#9	UW-Whitewater	11.33m	37-2¼	2/26
7	12	Kasy WALKER-DANIELS	JR	#5	UW-Stevens Poin	11.30m	37-1	3/6
8	13	Bailey WALDHAUSER	SR	#2	UW-Eau Claire	11.29m	37-½	2/27
9	14	Kristi SPRINGER	SR	#2	UW-Eau Claire	11.28m	37-¼	2/27
10	16	Lauren WONG	FR	#4	Illinois Wesleyan	11.27m	36-11¾	2/6



Regional TFRI Event Summary

as of 3/8/2021 11:34:36 AM

Midwest

Women's Shot Put

1	1	Skye DIGMAN	JR	#1	UW-La Crosse	14.11m	46-3½	3/6
2	2	Sydney THOMPSON	SR	#3	UW-Oshkosh	14.10m	46-3¼	3/6
3	4	Catie FOBBE	JR	#2	UW-Eau Claire	13.96m	45-9¾	3/6
4	6	Mackenzie HUBER	SO	#8	UW-Stout	13.80m	45-3½	3/6
5	7	Ayana BLAIR	SR	#4	Illinois Wesleyan	13.69m	44-11	3/6
6	9	Morgan FLOREK	SR	#3	UW-Oshkosh	13.48m	44-2¾	2/27
7	11	Megan WALLACE	SR	#2	UW-Eau Claire	13.30m	43-7¾	2/13
8	17	Madeline BOBINSKI	SR	#6	North Central (Ill.)	13.10m	42-11¾	3/5
9	18	Vanessa UITENBROEK	FR	#16	Carroll (Wis.)	13.06m	42-10¼	3/6
10	19	Demi PLOOR	JR	#8	UW-Stout	13.05m	42-9¾	2/6

Women's Weight Throw

1	1	Skye DIGMAN	JR	#1	UW-La Crosse	17.95m	58-10¾	2/13
2	3	Ayana BLAIR	SR	#4	Illinois Wesleyan	17.33m	56-10¼	3/6
3	6	Sydney THOMPSON	SR	#3	UW-Oshkosh	16.90m	55-5½	2/19
4	7	Pamela GRAMER	SR	#1	UW-La Crosse	16.89m	55-5	2/20
5	9	Alexandra DRAVES	JR	#6	North Central (Ill.)	16.72m	54-10¼	3/5
6	12	Morgan FLOREK	SR	#3	UW-Oshkosh	16.53m	54-2¾	2/6
7	14	Mackenzie HUBER	SO	#8	UW-Stout	16.43m	53-11	2/20
8	21	Catie FOBBE	JR	#2	UW-Eau Claire	16.13m	52-11	2/27
9	29	Adriyanna PATTERSON	SO	#12	Millikin	15.83m	51-11¼	2/27
10	33	Emma SWEERE	SR	#17	St. Norbert	15.51m	50-10¾	3/6

Women's Pentathlon

1	1	Megan WALLACE	SR	#2	UW-Eau Claire	3,775	2/24
2	2	Sylviann MOMONT	SR	#5	UW-Stevens Poin	3,605	2/24
3	3	Amanda WIEBKE	SR	#1	UW-La Crosse	3,563	2/24
4	4	Hannah ZENKOVICH	JR	#1	UW-La Crosse	3,543	2/24
5	8	Hannah ZASTROW	FR	#8	UW-Stout	3,301	2/24
6	9	Skylar WHITE	FR	#1	UW-La Crosse	3,172	2/24
7	10	Abigail MISSIAEN	JR	#9	UW-Whitewater	3,068	2/24
8	11	Amy KEANE	SO	#11	Wheaton (Ill.)	2,985	2/19
9	17	Katheryn HOLTER	SR	#10	UW-Platteville	2,709	2/24
10	18	Jane KAUTZ	SO	#2	UW-Eau Claire	2,690	2/24



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New England

Women's 60 Meters

1	62	Catriona GOULD	FR	#2	Southern Maine	8.08	(7.50(55))	2/26
1	62	Junne ROBERTSON-MCINTIRE	FR	#4	Saint Joseph's (M)	8.08	(7.50(55))	2/19
3	68	Sophia SLOVENSKI	JR	#2	Southern Maine	8.09	(7.51(55))	2/13
4		Madison FORNASIER	SO	#2	Southern Maine	8.20	(7.61(55))	2/26
5		Isabella SNYDER	FR	#2	Southern Maine	8.49	(7.88(55))	2/13
6		Wenesha STEWART	SO		Eastern Connecti	9.02	(8.37(55))	2/12
7		Tawnee ROBERTS	SO	#5	UMaine Farmingt	9.15	(8.49(55))	2/19
8		Mackenzie BANKS	SO	#2	Southern Maine	9.41	(8.73(55))	2/26
9		Julie UNCZUR	JR	#4	Saint Joseph's (M)	9.74	(9.04(55))	2/19

Women's 200 Meters

1		Catriona GOULD	FR	#2	Southern Maine	26.84c	(27.25f)	2/26
2		Madison FORNASIER	SO	#2	Southern Maine	27.35c	(27.77f)	2/26
3		Taylor CHAMBERLAIN	JR	#2	Southern Maine	27.67c	(28.10f)	2/26
4		Amy FORESTER	FR	#2	Southern Maine	29.95c	(30.41f)	2/26
5		Markiana HEWETT	SO	#2	Southern Maine	30.54 f		2/13
6		Abby MINOTT	JR	#5	UMaine Farmingt	30.67 f		2/19
7		Hanna ROY	FR	#4	Saint Joseph's (M)	31.01 f		2/19
8		Alyssa LEONARD	SO	#5	UMaine Farmingt	32.08 f		2/19
9		Tawnee ROBERTS	SO	#5	UMaine Farmingt	32.29 f		2/19

Women's 400 Meters

1		Hannah JAMISON	JR	#1	Coast Guard	1:04.09c	(1:05.40u)	3/6
2		Kevelyn FRAZIER	SO	#1	Coast Guard	1:04.11c	(1:04.56u)	2/12
2		Rachel BUBECK	SO	#1	Coast Guard	1:04.11c	(1:04.56u)	2/12
4		Elise BIRKHAUSER	SO	#1	Coast Guard	1:04.85c	(1:05.31u)	2/12
5		Norah GARVEY	SO	#3	Husson	1:07.05 f		2/13
6		Gisella RODRIGUEZ	FR		Eastern Connecti	1:08.55c	(1:09.95u)	3/6
7		Hanna ROY	FR	#4	Saint Joseph's (M)	1:10.01 f		2/19
8		Cara PERRY	FR	#5	UMaine Farmingt	1:14.06 f		2/19
9		Amy FORESTER	FR	#2	Southern Maine	1:16.53 f		2/13

Women's 800 Meters

1	9	Maeve ROACH	SR	#1	Coast Guard	2:15.96c	(2:16.63u)	2/12
2		Taylor WINTERS	SO	#1	Coast Guard	2:26.67c	(2:29.08u)	3/6
3		Lauren BRESSON	SR		Eastern Connecti	2:27.51c	(2:29.93u)	3/6
4		Lucy KNOWLTON	SR	#2	Southern Maine	2:29.44 f		2/19
5		Meghan O'BRIEN	SR	#1	Coast Guard	2:30.43c	(2:32.90u)	3/6
6		Alexandra MURPHY	SO	#1	Coast Guard	2:30.92c	(2:31.66u)	2/12
7		Miranda DUNTON	FR	#3	Husson	2:33.10 f		2/19
8		Payton GOODWIN	SO	#3	Husson	2:34.44 f		2/19
9		Samantha VANDEMOERE	JR	#4	Saint Joseph's (M)	2:34.75 f		2/19
10		Celine PISANIC	SO	#1	Coast Guard	2:35.51c	(2:36.27u)	2/12

Women's Mile

1	3	Maeve ROACH	SR	#1	Coast Guard	4:56.67c	(5:00.54u)	3/6
2		Lucy KNOWLTON	SR	#2	Southern Maine	5:29.39 f		2/13
3		Meghan O'BRIEN	SR	#1	Coast Guard	5:51.86c	(5:52.95u)	2/12
4		Rasa KIRVELEVICIUS	JR	#1	Coast Guard	5:56.93c	(5:58.04u)	2/12
5		Madeline KALLER	SR	#1	Coast Guard	5:59.65c	(6:00.76u)	2/12
6		Maggie SANTACROCE	JR		Eastern Connecti	5:59.90c	(6:04.60u)	3/6
7		Corinne STROMMER	FR	#1	Coast Guard	6:11.36c	(6:12.51u)	2/12
8		Julia HEROUX	JR	#4	Saint Joseph's (M)	6:14.98 f		2/19
9		Carly JORDAN	JR	#4	Saint Joseph's (M)	6:17.61 f		2/19
10		Tabitha LINGAR	SR	#5	UMaine Farmingt	6:27.09 f		2/19

Women's 3000 Meters

1	52	Mia HUNCHAREK	SR	#1	Coast Guard	10:40.37c	(10:41.59u)	2/12
2	60	Lucy KNOWLTON	SR	#2	Southern Maine	10:44.30c	(10:49.82f)	2/26
3		Savannah OLYNIEC	SO	#1	Coast Guard	11:00.80c	(11:02.05u)	2/12
4		Meghan CHURM	FR	#1	Coast Guard	11:03.89c	(11:05.15u)	2/12
5		Amanda KERR	FR	#1	Coast Guard	11:48.11c	(11:49.45u)	2/12
6		Megan GOULDEN	SO	#1	Coast Guard	12:09.15c	(12:10.53u)	2/12
7		Maggie SANTACROCE	JR		Eastern Connecti	12:21.18c	(12:22.59u)	2/12
8		Jenna CHERNIK	SR		Eastern Connecti	12:53.58c	(12:55.05u)	2/12
9		Jillian MCGAHAN	SO		Eastern Connecti	13:31.96c	(13:33.50u)	2/12

Women's 5000 Meters

1	33	Mia HUNCHAREK	SR	#1	Coast Guard	18:23.57c	(18:33.25u)	3/6
2	39	Meghan CHURM	FR	#1	Coast Guard	18:28.41c	(18:38.13u)	3/6
3	46	Savannah OLYNIEC	SO	#1	Coast Guard	18:41.50c	(18:51.34u)	3/6
4		Aliza KOTZEN	FR	#1	Coast Guard	20:05.94c	(20:16.52u)	3/6
5		Kelsey ZATOR	SO		Eastern Connecti	20:29.19c	(20:39.97u)	3/6
6		Jillian MCGAHAN	SO		Eastern Connecti	21:43.16c	(21:54.59u)	3/6

Women's 60 Meter Hurdles

1	50	Michelle KWAFO	SO	#1	Coast Guard	9.52	(8.85(55))	2/12
2		Alyssa SIRIANNI	FR		Eastern Connecti	10.18	(9.46(55))	2/12
2		Allie GROSS	SO	#2	Southern Maine	10.18	(9.46(55))	2/19
4		Isabella SNYDER	FR	#2	Southern Maine	10.33	(9.60(55))	2/26
5		Willow WHITTEN	SO	#3	Husson	10.78	(10.02(55))	2/19
6		Olivia RICHMOND	JR	#2	Southern Maine	10.88	(10.11(55))	2/19
7		Norah GARVEY	SO	#3	Husson	11.00	(10.22(55))	2/19
8		Rachel SABALL	FR	#3	Husson	11.26	(10.47(55))	2/19
9		Jasmine CONDUAH	SR		Eastern Connecti	11.33	(10.53(55))	2/12
10		Danielle VERMETTE	JR	#4	Saint Joseph's (M)	11.44	(10.63(55))	2/19

Women's 4x400 Relay

1	28	Bubeck, Birkhaeuser, Roach, Winters		#1	Coast Guard	4:11.01c	(4:16.15u)	3/6
2	76	Dunton, Garvey, Whitten, Glisson		#3	Husson	4:40.38 f		2/13
3	78	Bresson, Rodriguez, Rodil, Santacroce			Eastern Connecti	4:41.19c	(4:46.95u)	3/6
4	91	Forester, DiRisi, Taylor, Gross		#2	Southern Maine	5:11.88 f		2/13



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New England

Women's Distance Medley Relay

1	40	Colby, Taylor, DiRisi, Knowlton	#2	Southern Maine	14:02.11 f	2/19
2	41	Abbott, Garvey, Goodwin, Dunton	#3	Husson	14:05.29 f	2/19
3	54	Glisson, Heroux, Jordan, Roy	#4	Saint Joseph's (M	14:58.23 f	2/19
4	60	Durgin, Chapin, Moody, Lingar	#5	UMaine Farmingt	15:33.39 f	2/19

Women's High Jump

1	34	Olivia JALBERT	FR	#2	Southern Maine	1.57m	5-1¾	2/13
1	34	Allie GROSS	SO	#2	Southern Maine	1.57m	5-1¾	2/13
3	52	Allie OSBORN	FR	#1	Coast Guard	1.53m	5-¼	2/12
4	80	Jasmine CONDUAH	SR		Eastern Connecti	1.50m	4-11	3/6
4	80	Olivia RICHMOND	JR	#2	Southern Maine	1.50m	4-11	2/26
6	93	Rachel SABALL	FR	#3	Husson	1.48m	4-10¼	2/19
7		Madison GARRIGUS	FR	#1	Coast Guard	1.40m	4-7	3/6
8		Arlene BLACKWELL	SR		Eastern Connecti	1.38m	4-6¼	2/12
8		Taylor CHAMBERLAIN	JR	#2	Southern Maine	1.38m	4-6¼	2/19

Women's Pole Vault

1	26	Sophia SLOVENSKI	JR	#2	Southern Maine	3.35m	10-11¾	2/26
2	41	Madison GARRIGUS	FR	#1	Coast Guard	3.20m	10-6	3/6
3		Taylor CHAMBERLAIN	JR	#2	Southern Maine	2.31m	7-7	2/13
4		Isabella COMEAU	SR	#3	Husson	2.15m	7-½	2/13

Women's Long Jump

1	74	Kelly WADE	SO	#1	Coast Guard	5.07m	16-7¾	3/6
2		Olivia RICHMOND	JR	#2	Southern Maine	4.80m	15-9	2/26
3		Olivia JALBERT	FR	#2	Southern Maine	4.69m	15-4¾	2/13
4		Allie GROSS	SO	#2	Southern Maine	4.63m	15-2¼	2/19
5		Mackenzie DUNN	SO		Eastern Connecti	4.56m	14-11½	3/6
6		Quinn YOUNG	FR	#3	Husson	4.52m	14-10	2/19
7		Abby MINOTT	JR	#5	UMaine Farmingt	4.48m	14-8½	2/19
8		Allison KONDRACKI	SR	#3	Husson	4.42m	14-6	2/13
9		Claire LANGTON	FR		Eastern Connecti	4.37m	14-4	3/6
10		Payton GOODWIN	SO	#3	Husson	4.35m	14-3¾	2/19

Women's Triple Jump

1		Kelly WADE	SO	#1	Coast Guard	9.97m	32-8½	3/6
2		Elise BIRKHAUSER	SO	#1	Coast Guard	9.68m	31-9¼	3/6
3		Mackenzie DUNN	SO		Eastern Connecti	9.65m	31-8	2/12
3		Allison KONDRACKI	SR	#3	Husson	9.65m	31-8	2/19
5		Abby MINOTT	JR	#5	UMaine Farmingt	9.47m	31-1	2/19
6		Quinn YOUNG	FR	#3	Husson	9.46m	31-½	2/13
7		Claire LANGTON	FR		Eastern Connecti	9.45m	31-0	3/6
8		Shie SMITH	SR	#3	Husson	9.27m	30-5	2/13
9		Abby O'BRIEN	FR	#4	Saint Joseph's (M	8.08m	26-6¼	2/19

Women's Shot Put

1	73	Kalea SALANG	SO	#1	Coast Guard	11.66m	38-3¼	2/12
2	95	Wenesha STEWART	SO		Eastern Connecti	11.44m	37-6½	3/6
3		Alexis KAILEY	FR	#2	Southern Maine	11.40m	37-5	2/26
4		Leilani SALANG	SR	#1	Coast Guard	11.20m	36-9	3/6
5		Sadie OLSON	FR	#1	Coast Guard	10.95m	35-11¼	2/12
6		Samantha COMEAU	SR	#2	Southern Maine	10.58m	34-8½	2/26
7		Manar ENANY	JR		Eastern Connecti	10.24m	33-7¼	3/6
8		Hannah CORBETT	FR	#2	Southern Maine	9.89m	32-5½	2/26
9		Natasha MUIRHEAD	FR	#1	Coast Guard	9.56m	31-4½	2/12
10		Olivia RICHMOND	JR	#2	Southern Maine	9.42m	30-11	2/26

Women's Weight Throw

1	22	Leilani SALANG	SR	#1	Coast Guard	16.11m	52-10¼	3/6
2	84	Kalea SALANG	SO	#1	Coast Guard	14.06m	46-1½	2/12
3		Manar ENANY	JR		Eastern Connecti	13.64m	44-9	3/6
4		Samantha COMEAU	SR	#2	Southern Maine	13.07m	42-10¾	2/26
5		Wenesha STEWART	SO		Eastern Connecti	12.25m	40-2¼	3/6
6		Sophia STAFFORD	JR	#1	Coast Guard	11.90m	39-½	2/12
7		Natasha MUIRHEAD	FR	#1	Coast Guard	11.83m	38-9¾	2/12
8		Hannah CORBETT	FR	#2	Southern Maine	11.40m	37-5	2/19
9		Sadie OLSON	FR	#1	Coast Guard	11.13m	36-6¼	3/6
10		Stephanie MCLEAN	SR	#5	UMaine Farmingt	10.99m	36-¾	2/19

Women's Pentathlon

1	22	Allie GROSS	SO	#2	Southern Maine	2,564	2/26
2	23	Olivia RICHMOND	JR	#2	Southern Maine	2,463	2/26



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South/Southeast

Women's 60 Meters

1	23	Adalia COLEMAN	FR	#4	Bridgewater (Va.)	7.93	2/20
2	45	Kacee HOOKER	JR	#4	Bridgewater (Va.)	8.02	2/20
3	62	Alison MOREAU	SR	#2	Roanoke	8.08	2/20
4	87	Monasia TAYLOR	JR	#14	Birmingham-Sou	8.14	2/13
5	LE+0	Abigail KINOSHITA	SR	#8	Southern Virginia	8.17	2/20
6		Kendra FISHER	SR	#9	Hardin-Simmons	8.19	1/22
6		Daniell COOPER	FR	#9	Hardin-Simmons	8.19	1/22
8		Haleigh HAMLIN	FR	#4	Bridgewater (Va.)	8.21	1/29
8		Jaylyn LANE	JR	#7	Virginia Wesleyan	8.21	2/12
8		Tori FIELD	SR	#3	LeTourneau	8.21	2/4

Women's 200 Meters

1	32	Kacee HOOKER	JR	#4	Bridgewater (Va.)	26.01c	(26.41f)	2/20
2	33	Alison MOREAU	SR	#2	Roanoke	26.02c	(26.42f)	2/20
3	49	Adalia COLEMAN	FR	#4	Bridgewater (Va.)	26.25c	(26.65f)	2/20
4	80	Jaylyn LANE	JR	#7	Virginia Wesleyan	26.57		2/12
5	91	Abigail KINOSHITA	SR	#8	Southern Virginia	26.71c	(27.12f)	2/20
6		Mikayla HEFFERON	FR	#2	Roanoke	27.14c	(27.56f)	2/20
7		Taylor POOLE	FR	#2	Roanoke	27.18c	(27.60f)	2/20
8		Aniya SEWARD	FR	#1	Lynchburg	27.23c	(27.65f)	2/20
9		Daniell COOPER	FR	#9	Hardin-Simmons	27.30 f		1/22
10		Shirell WASHINGTON	FR	#7	Virginia Wesleyan	27.55		2/12

Women's 400 Meters

1	58	Vuronika BARNES	SO	#1	Lynchburg	1:00.58c	(1:01.38f)	2/20
2	62	Lily LIPPERT	JR	#2	Roanoke	1:00.65c	(1:01.45f)	2/20
3	86	Kamryn BENDOLPH	JR	#14	Birmingham-Sou	1:01.74c	(1:00.93b)	2/13
4	90	Alison BOBST	FR	#1	Lynchburg	1:01.79c	(1:02.61f)	2/20
5	98	Bailey CASTO	JR	#1	Lynchburg	1:02.03c	(1:02.85f)	2/20
6		Emily BALL	JR	#2	Roanoke	1:02.21c	(1:03.03f)	2/20
7		Daniell COOPER	FR	#9	Hardin-Simmons	1:02.96 f		1/22
8		Hannah	JR	#2	Roanoke	1:03.66 f		1/30
9		Breauna CONNER	FR	#12	McMurry	1:03.99c	(1:03.15b)	1/29
10		Ashaunti BARNES	FR		Belhaven (Miss.)	1:04.22c	(1:03.37b)	1/23

Women's 800 Meters

1	78	Jackie WILSON	SR	#1	Lynchburg	2:24.61c	(2:26.27f)	2/20
2		Zoe DUNLAP	SO	#2	Roanoke	2:27.20 f		2/6
3		Kelsey LAGUNAS	SO	#1	Lynchburg	2:29.99 f		1/30
4		Hannah	JR	#2	Roanoke	2:31.14c	(2:32.88f)	2/20
5		Alexis SEGURA	SR	#3	LeTourneau	2:31.30 f		2/4
6		Genesis PINEIRO	SO	#17	Ferrum	2:32.87c	(2:34.63f)	2/20
7		Lauren MASSEY	FR	#1	Lynchburg	2:34.48 f		1/30
8		Ryleigh BELL	FR	#6	Piedmont	2:34.92c	(2:33.15b)	2/13
9		Allison BARTHOL	SR	#2	Roanoke	2:35.06c	(2:36.84f)	2/20
10		Abigail LAINE	SO	#1	Lynchburg	2:36.72c	(2:38.52f)	2/20

Women's Mile

1	60	Alexis SEGURA	SR	#3	LeTourneau	5:18.66 f	2/4
2		Kelsey LAGUNAS	SO	#1	Lynchburg	5:27.80 f	1/30
3		Makayla LAWLER	SR	#15	Methodist	5:32.52 f	2/6
4		Lauren MASSEY	FR	#1	Lynchburg	5:38.63 f	1/30
5		Allison SHELLY	SO	#13	Eastern Mennonit	5:40.30c	(5:43.66f) 2/20
6		Erin ATKINSON	JR	#5	Shenandoah	5:44.67c	(5:41.29b) 2/5
7		Karalyn TIMMES	FR	#1	Lynchburg	5:45.68 f	1/30
8		Kate HUBER	SO	#8	Southern Virginia	5:47.15 f	2/6
9		Kodi PAYNE	SO	#1	Lynchburg	5:48.04c	(5:44.62b) 1/16
10		Josey GEORGE	SO	#6	Piedmont	5:51.97 f	2/6

Women's 3000 Meters

1	77	Kelsey LAGUNAS	SO	#1	Lynchburg	10:47.88c	(10:53.43f) 2/20
2		Kodi PAYNE	SO	#1	Lynchburg	10:56.08c	(11:01.70f) 2/20
3		Rebecca DORAN	JR	#5	Shenandoah	11:04.68c	(10:59.01b) 1/16
4		Allison SHELLY	SO	#13	Eastern Mennonit	11:09.84c	(11:15.58f) 2/20
5		Alexis SEGURA	SR	#3	LeTourneau	11:15.16 f	1/29
6		Erin ATKINSON	JR	#5	Shenandoah	11:21.59c	(11:15.77b) 2/12
7		Mackenzie YOUNG	FR	#4	Bridgewater (Va.)	11:34.94c	(11:40.89f) 2/20
8		Addie BOLTON	SO	#6	Piedmont	11:40.99c	(11:35.01b) 1/24
9		Josey GEORGE	SO	#6	Piedmont	11:43.78c	(11:37.78b) 1/24
10		Valeria ANGEL	JR	#6	Piedmont	11:43.83c	(11:37.82b) 2/13

Women's 5000 Meters

1	59	Kelsey LAGUNAS	SO	#1	Lynchburg	18:54.92c	(18:46.24b) 2/5
2	64	Rebecca DORAN	JR	#5	Shenandoah	19:02.79c	(18:54.05b) 2/12
3		Addie BOLTON	SO	#6	Piedmont	19:32.20	1/31
4		Josey GEORGE	SO	#6	Piedmont	20:05.80	1/31
5		Valeria ANGEL	JR	#6	Piedmont	20:25.28	1/31
6		Erin ATKINSON	JR	#5	Shenandoah	20:32.91c	(20:23.49b) 1/29
7		Hannah HALE	SO	#5	Shenandoah	20:44.52c	(20:35.01b) 2/5
8		Jennifer MACIAS	JR	#5	Shenandoah	21:00.71c	(20:51.07b) 2/5

Women's 60 Meter Hurdles

1	16	Maya LACY	SR	#1	Lynchburg	9.04	2/20
2	28	Aniya SEWARD	FR	#1	Lynchburg	9.26	2/20
3	33	Shirell WASHINGTON	FR	#7	Virginia Wesleyan	9.33	2/12
4	40	Nandhi BROWN	JR	#12	McMurry	9.44	1/29
4	40	Tori FIELD	SR	#3	LeTourneau	9.44	2/4
6	70	Hannah	JR	#2	Roanoke	9.69	2/20
7	71	Erin FITZPATRICK	SR	#4	Bridgewater (Va.)	9.72	2/20
8	76	Naj CAMPBELL	FR	#12	McMurry	9.76	1/29
9	80	Kaitlyn REED	SO	#3	LeTourneau	9.82	2/4
10	83	Cammi WINSTON	FR	#2	Roanoke	9.86	2/20



Regional TFRI Event Summary

as of 3/8/2021 11:34:37 AM

South/Southeast

Women's 4x400 Relay

1	46	Fisher, Tolbert, Bramlett, Cooper	#9	Hardin-Simmons	4:20.28 f	1/22
2	47	Crocker, Washington, Stedman, Lane	#7	Virginia Wesleyan	4:21.07	2/12
3	51	Bouldin, Knight, Barnes, Winford		Belhaven (Miss.)	4:25.11c (4:21.63b)	1/16
4	53	Ball, Hefferon, Gheen, Henson	#2	Roanoke	4:25.36 f	2/6
5	67	Ramsden, Kozlowski, Barnes, Cammarata	#1	Lynchburg	4:32.99 f	1/30
6	75	Doyle, Brown, Beil, Ponce	#6	Piedmont	4:39.63 f	2/6
7	88	Barton, Parker, Griffith, Maslich	#8	Southern Virginia	4:50.41 f	2/6

Women's High Jump

1	9	Alison MOREAU	SR	#2	Roanoke	1.63m	5-4¼	2/20
2	34	Savannah TAFT	FR	#3	LeTourneau	1.57m	5-1¾	2/4
3	44	Kaitlyn NGUYEN	FR	#2	Roanoke	1.55m	5-1	2/6
3	44	Kamman BROWN	JR	#11	Berry	1.55m	5-1	2/6
5	80	Erin FITZPATRICK	SR	#4	Bridgewater (Va.)	1.50m	4-11	2/20
5	80	Mary SLATE	FR	#11	Berry	1.50m	4-11	2/6
5	80	Cammi WINSTON	FR	#2	Roanoke	1.50m	4-11	2/20
8		Abby RUSSELL	FR	#1	Lynchburg	1.47m	4-9¾	2/5
8		Logan HALLER	SO	#9	Hardin-Simmons	1.47m	4-9¾	1/22
10		Kendra FISHER	SR	#9	Hardin-Simmons	1.42m	4-7¾	1/22
10		Kaitlyn REED	SO	#3	LeTourneau	1.42m	4-7¾	1/29
10		Shai GEIGER	FR	#5	Shenandoah	1.42m	4-7¾	2/5

Women's Pole Vault

1	19	Bailey CASTO	JR	#1	Lynchburg	3.42m	11-2½	2/20
2	26	Lauren ANDERSON	JR	#1	Lynchburg	3.35m	10-11¾	1/16
3	49	Kaylee PACKER	JR	#3	LeTourneau	3.11m	10-2½	2/4
4	50	Alison BOBST	FR	#1	Lynchburg	3.10m	10-2	2/5
5	58	Madison CASSIDY	JR	#6	Piedmont	3.08m	10-1¼	2/27
6	65	Claire TROTTO	SR	#2	Roanoke	3.05m	10-0	2/6
6	65	Chloe VAN DUYNE	SO	#2	Roanoke	3.05m	10-0	2/6
8	84	Louise TESTER	JR	#2	Roanoke	2.90m	9-6¼	2/6
8	84	Eva PROELS	JR	#11	Berry	2.90m	9-6¼	2/6
10		Perryn MORGAN	JR	#6	Piedmont	2.75m	9-¼	2/6
10		Caitlin GILLIHAN	SO	#11	Berry	2.75m	9-¼	2/6

Women's Long Jump

1	30	Kaitlin MEASSELL	FR	#5	Shenandoah	5.34m	17-6¼	2/12
2	74	Hannah	JR	#2	Roanoke	5.07m	16-7¾	2/20
3	78	Kendra FISHER	SR	#9	Hardin-Simmons	5.06m	16-7¼	1/22
4	96	Aniya SEWARD	FR	#1	Lynchburg	4.95m	16-3	1/16
5		Jaylyn LANE	JR	#7	Virginia Wesleyan	4.90m	16-1	2/6
6		Brooke RYMAN	JR	#2	Roanoke	4.79m	15-8¾	2/20
7		Tori FIELD	SR	#3	LeTourneau	4.78m	15-8¼	2/4
8		Haleigh HAMLIN	FR	#4	Bridgewater (Va.)	4.76m	15-7½	1/29
9		Tiffany BARTHOLOMEW	SR	#10	Pfeiffer	4.75m	15-7	1/29
9		Kamman BROWN	JR	#11	Berry	4.75m	15-7	2/6
9		Haylee GAMBLE	FR	#2	Roanoke	4.75m	15-7	2/6

Women's Triple Jump

1	19	Aniya SEWARD	FR	#1	Lynchburg	11.14m	36-6¾	2/20
2	26	Jaylyn LANE	JR	#7	Virginia Wesleyan	11.06m	36-3½	2/12
3	32	Shirell WASHINGTON	FR	#7	Virginia Wesleyan	10.86m	35-7¾	2/12
4	37	Shelby SMITH	FR	#16	Centre	10.81m	35-5¾	2/19
5	48	Maya LACY	SR	#1	Lynchburg	10.68m	35-½	2/20
6	52	Cammi WINSTON	FR	#2	Roanoke	10.62m	34-10¼	2/6
7	59	Kaitlin MEASSELL	FR	#5	Shenandoah	10.59m	34-9	2/12
8	61	Katelyn WILEY	SO	#2	Roanoke	10.58m	34-8½	2/20
9	66	Cassidy OLIVER	SO	#4	Bridgewater (Va.)	10.52m	34-6¼	1/29
10	72	Brooke RYMAN	JR	#2	Roanoke	10.37m	34-¼	2/20

Women's Shot Put

1	53	Rheagan WHITE	FR	#3	LeTourneau	11.94m	39-2¼	2/4
2	92	Grace FOWLER	FR	#2	Roanoke	11.46m	37-7¼	2/20
3		Alicia TUCKER	FR	#4	Bridgewater (Va.)	10.90m	35-9¼	1/29
4		Mesi HAVEA	SR	#8	Southern Virginia	10.88m	35-8½	2/6
5		Elizabeth RYAN	SO	#12	McMurry	10.78m	35-4½	1/29
6		Antranae THOMAS	FR	#3	LeTourneau	10.72m	35-2	2/4
7		Tiffany BARTHOLOMEW	SR	#10	Pfeiffer	10.66m	34-11¾	1/29
8		Cameron TERRELL	SO	#4	Bridgewater (Va.)	10.54m	34-7	2/20
9		Elle BENEFIELD	SR	#1	Lynchburg	10.51m	34-5¾	2/5
10		Dale MORROW	SR	#1	Lynchburg	10.32m	33-10¼	2/20

Women's Weight Throw

1	51	Kanani LASIKE	SR	#8	Southern Virginia	14.92m	48-11½	2/6
2	54	Mesi HAVEA	SR	#8	Southern Virginia	14.86m	48-9	2/6
3	79	Elle BENEFIELD	SR	#1	Lynchburg	14.19m	46-6¾	2/20
4		Aaliyah THOMAS	JR	#10	Pfeiffer	13.04m	42-9½	2/6
5		Tonishea FORD	SR	#10	Pfeiffer	12.68m	41-7¼	1/29
6		Cameron TERRELL	SO	#4	Bridgewater (Va.)	12.54m	41-1¾	2/20
7		Grace FOWLER	FR	#2	Roanoke	12.47m	40-11	2/6
8		Olivia KLOSTER	JR	#4	Bridgewater (Va.)	12.46m	40-10½	1/29
9		Kiara FELSTON	SO	#5	Shenandoah	12.22m	40-1¼	2/12
10		Alex STANCELL	FR	#10	Pfeiffer	12.12m	39-9¼	2/5

Women's Pentathlon

1	21	Kaitlyn REED	SO	#3	LeTourneau	2,613		2/4
2	38	Tiffany BARTHOLOMEW	SR	#10	Pfeiffer	2,086		2/5