



Conference TFRI Event Summary

as of 2/15/2021 12:29:05 AM

A.I.I. (NAIA Independents)

Women's 60 Meters

1	1	Raheema WESTFALL	SR	#9	Wayland Baptist I	7.43w	(2.7)	2/6
2	2	Aniekeme ETIM	SR	#1	William Carey (Mi)	7.52		1/23
3	3	Cheyenne HILL-JOHNSON	SR	#9	Wayland Baptist I	7.54w	(2.7)	2/6
4	5	Brittany JONES	SR	#1	William Carey (Mi)	7.64		1/29
5	7	Argyanna BOLTON	SR	#9	Wayland Baptist I	7.69w	(2.7)	2/6
6	9	Jada MCBEAN	FR	#8	Xavier (La.)	7.71		2/13
7	11	Fredricka MCKENZIE	SO	#1	William Carey (Mi)	7.73		1/23
8	13	Jasmine DEVERS	SO	#3	Eastern Oregon	7.75	(1.3)	2/5
9	29	Dorothy JACKSON	SO	#5	Vanguard (Calif.)	7.88w	(2.6)	2/12
10	45	Olivia POLAND	SO	#5	Vanguard (Calif.)	7.93	(1.4)	2/12

Women's 200 Meters

1	1	Aniekeme ETIM	SR	#1	William Carey (Mi)	24.32		2/13
2	2	Raheema WESTFALL	SR	#9	Wayland Baptist I	24.52 fw	(3.6)	2/6
3	4	Jasmine DEVERS	SO	#3	Eastern Oregon	24.62w	(3.8)	2/5
4	5	Argyanna BOLTON	SR	#9	Wayland Baptist I	24.64 fw	(3.6)	2/6
5	6	Cheyenne HILL-JOHNSON	SR	#9	Wayland Baptist I	24.67 fw	(3.6)	2/6
6	7	Fredricka MCKENZIE	SO	#1	William Carey (Mi)	24.70		2/13
7	8	Joy ABU	SO	#1	William Carey (Mi)	24.71		2/13
8	11	Brittany JONES	SR	#1	William Carey (Mi)	25.05c	(25.44f)	1/29
9	20	Jasmine WILLIAMS	JR	#1	William Carey (Mi)	25.45		2/13
10	23	Jada MCBEAN	FR	#8	Xavier (La.)	25.54		2/13

Women's 400 Meters

1	4	Joy ABU	SO	#1	William Carey (Mi)	56.87		2/13
2	15	Jasmine WILLIAMS	JR	#1	William Carey (Mi)	58.54c	(59.31f)	1/29
3	33	Maysha VICKERS	SO	#14	Langston (Okla.)	1:00.09		2/13
4	39	Alexis WILLIAMS	SO	#8	Xavier (La.)	1:00.27		2/13
5	49	Rebecca HARDY	JR	#7	William Jessup (C)	1:00.68 out		2/12
6	51	Kierra FRAZIER	SR	#1	William Carey (Mi)	1:00.73c	(1:01.53f)	1/29
7	60	Jane FREEMAN	FR	#5	Vanguard (Calif.)	1:01.21 out		2/12
8	61	Kari WATTS	SO	#10	Mobile (Ala.)	1:01.26		2/13
9	67	Nia MCGRUFF	SO	#9	Wayland Baptist I	1:01.49 f		2/6
10	72	Darryan HORTON	SO	#8	Xavier (La.)	1:01.61		2/13

Women's 600 Meters

1	15	Coshan CAMPBELL	SR	#9	Wayland Baptist I	1:38.15 outA		1/29
2	24	Kristen MOHRHOFF	SR	#4	Westmont (Calif.)	1:40.13 out		1/29
3	49	Indya PRICE	FR	#12	Warner Pacific (O)	1:42.57 out		2/12
4	52	Regean COLLINS	FR	#8	Xavier (La.)	1:43.28		1/31
5	59	Callie GUTHRIE	SO	#4	Westmont (Calif.)	1:44.01 out		1/29
6	69	Nia MCGRUFF	SO	#9	Wayland Baptist I	1:44.40 outA		1/29
7	95	Lauren SMITH	SO	#7	William Jessup (C)	1:45.99 out		2/12
8		Alicia MORALES	SR	#4	Westmont (Calif.)	1:48.40 out		1/29
9		Casey JENSEN	SR	#4	Westmont (Calif.)	1:49.20 out		1/29
10		Maggie HOLLERAN	SO	#4	Westmont (Calif.)	1:58.04 out		2/12

Women's 800 Meters

1	4	Kendra DYKSTRA MUNSTERMAN	SR	#6	Rocky Mountain (	2:15.25c	(2:16.81)	2/5
2	5	Coshan CAMPBELL	SR	#9	Wayland Baptist I	2:15.94c	(2:17.50f)	1/22
3	14	RIANNA VIDALES	JR		Texas Wesleyan	2:18.33 OT		2/5
4	96	Regean COLLINS	FR	#8	Xavier (La.)	2:29.80		2/13
5		Olivia LANE	SR	#3	Eastern Oregon	2:31.77		2/5
6		Madelyn WELLS	SR	#10	Mobile (Ala.)	2:32.47		2/13
7		Roby YOUNG	SO	#2	College of Idaho	2:34.54		2/5
8		Kate PICANCO	SO	#11	Carroll (Mont.)	2:34.86c	(2:36.64)	2/5
9		Larissa SAAREL	SO	#6	Rocky Mountain (	2:40.50c	(2:42.35)	2/5
10		Cailen JOLLEY	SO	#13	Oklahoma City	2:42.73c out	(2:43.25A)	1/29

Women's 1000 Meters

1	16	Michelle HERBES	JR	#3	Eastern Oregon	3:03.96		2/5
2	18	Elizabeth HEFFERNAN	FR	#13	Oklahoma City	3:04.63c	(3:06.64f)	1/22
3	33	Indya PRICE	FR	#12	Warner Pacific (O)	3:07.22		2/5
4	70	Charlie DUFF	FR	#2	College of Idaho	3:14.33		2/5
5	76	Megan MCMANUS	SO	#2	College of Idaho	3:15.83		2/5
6	78	Bree LEWIS	FR	#2	College of Idaho	3:15.98		2/5
7	83	Kacie KWAN	FR	#4	Westmont (Calif.)	3:16.67 out		2/12
8	85	Jaimee BAXTER	FR	#3	Eastern Oregon	3:17.40		2/5
9		Kiana GARCIA	FR		Cottey (Mo.)	3:34.25c	(3:36.59f)	2/6
10		Deannndria SHIELDS	SO		Cottey (Mo.)	3:36.76c	(3:39.12f)	2/6

Women's Mile

1	16	Sydney LITTLE LIGHT	SO	#6	Rocky Mountain (	5:13.58c	(5:21.03fA)	2/13
2	21	Keili DORN	JR	#5	Vanguard (Calif.)	5:15.51 out		2/12
3	25	Mei-Li STEVENS	SR	#6	Rocky Mountain (	5:17.83c	(5:20.97)	2/5
4	35	VERONICA MORENO	FR		Texas Wesleyan	5:22.66c	(5:25.85f)	1/22
5	73	MELISSA GONZALES	SR		Texas Wesleyan	5:29.84c	(5:33.10f)	1/22
6		Isabel VALENZUELA	FR	#10	Mobile (Ala.)	5:41.87		2/13
7		Ally ESKENAZI	SO	#7	William Jessup (C)	5:45.91 out		2/12
8		Emma LOTTMAN	SO	#4	Westmont (Calif.)	5:46.87 out		1/29
9		Madelyn WELLS	SR	#10	Mobile (Ala.)	5:49.22		2/13
10		Macy CHOLOMETES	SO	#4	Westmont (Calif.)	5:53.38 out		1/29

Women's 3000 Meters

1	11	Arianna GHIORSO	JR		The Master's (Cal	10:14.77 out		2/12
2	22	Mei-Li STEVENS	SR	#6	Rocky Mountain (	10:31.38c	(10:46.18f)	2/13
3	36	Madden HUNDLEY	SO	#4	Westmont (Calif.)	10:41.85 out		1/29
4	37	Paige ANDERSON	SO	#1	William Carey (Mi)	10:42.48		2/13
5	47	Kynzie DELEON	FR	#12	Warner Pacific (O)	10:49.49 out		2/12
6	54	VERONICA MORENO	FR		Texas Wesleyan	10:52.45 OT		2/5
7	62	Bailey COSSENTINE	SR	#7	William Jessup (C)	10:56.42 out		2/12
8	72	Ellen PALMGREN	FR		The Master's (Cal	11:01.20 out		2/12
9	77	Meah WILSON	SO		Embry-Riddle (Ari	11:04.26 out		2/12
10	96	Alexis PARKER	SO		Embry-Riddle (Ari	11:09.68 out		2/12



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A.I.I. (NAIA Independents)

Women's 5000 Meters

1	14	Ariana ANDERSON	SO	Embry-Riddle (Ari)	17:54.86 out	2/12
2	15	Keili DORN	JR	#5 Vanguard (Calif.)	17:56.00 out	2/12
3	27	Bailey COSSENTINE	SR	#7 William Jessup (C	18:23.96 out	2/12
4	37	Jacinda KWAMBAI	SO	#13 Oklahoma City	18:52.42c (19:01.09f)	1/22
5	86	Sarah GEE	JR	#5 Vanguard (Calif.)	20:02.23 out	2/12
6	98	Abigail STATLANDER	JR	#4 Westmont (Calif.)	20:25.10 out	2/12
7		Abigail EDWARDS	SO	#4 Westmont (Calif.)	21:44.36 out	2/12
8		Jalyn JENKINS	FR	#8 Xavier (La.)	21:52.22	1/31
9		Rachel JARRIEL	SR	Brewton-Parker (	22:54.95 out	1/30
10		Macy TODD	FR	Brewton-Parker (	23:28.44 out	1/30

Women's 3000m Race Walk

1	31	Aurora BOARD	JR	#15 Lincoln (Ill.)	23:23.85 f	2/6
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Women's 60 Meter Hurdles

1	5	Zaria HUSBAND	SR	#1 William Carey (Mi	8.84	2/13
2	18	Kiersten LANCASTER	SR	#2 College of Idaho	9.04 (1.7)	2/5
3	19	Emerald CARTER	SO	#8 Xavier (La.)	9.06	2/13
4	22	Michaela SCHAEFFER	SR	#5 Vanguard (Calif.)	9.09w (3.4)	2/12
5	29	Anna CABRERA	SO	#10 Mobile (Ala.)	9.27	1/23
6	30	India RHODES	FR	#14 Langston (Okla.)	9.28	1/22
7	37	Kyla DANIELSON	SR	#7 William Jessup (C	9.36w (3.4)	2/12
8	44	Seanna NALBANDYAN	SR	The Master's (Cal	9.42w (3.6)	2/12
9	52	Keyana YEOMAN	SO	Voorhees (S.C.)	9.52	2/6
10	59	Destiny TOLLIVER	JR	#8 Xavier (La.)	9.59	2/13

Women's 4x400 Relay

1	9	https://www.tfrrs.org/teams/77178	#1 William Carey (Mi	4:01.59	1/23
2	13	https://www.tfrrs.org/teams/11386	#8 Xavier (La.)	4:03.66	2/13
3	16	https://www.tfrrs.org/teams/56842	#7 William Jessup (C	4:06.27 out	2/12
4	29	https://www.tfrrs.org/teams/9004	#5 Vanguard (Calif.)	4:12.48 out	2/12
5	30	https://www.tfrrs.org/teams/11156	#3 Eastern Oregon	4:12.54	2/5
6	32	https://www.tfrrs.org/teams/25492	#14 Langston (Okla.)	4:13.38	2/13
7	33	https://www.tfrrs.org/teams/11343	#10 Mobile (Ala.)	4:13.49	2/13
8	44	https://www.tfrrs.org/teams/9002	#4 Westmont (Calif.)	4:19.33 out	1/29
9	51	https://www.tfrrs.org/teams/63644	#6 Rocky Mountain (	4:25.67c (4:28.75fA)	1/29
10	69	https://www.tfrrs.org/teams/22831	#15 Lincoln (Ill.)	4:46.88c (4:50.68f)	2/6

Women's 4x800 Relay

1	8	https://www.tfrrs.org/teams/63644	#6 Rocky Mountain (	9:49.90c (9:56.70)	2/5
2	16	https://www.tfrrs.org/teams/9002	#4 Westmont (Calif.)	10:16.24 out	2/12

Women's Distance Medley Relay

1	7	https://www.tfrrs.org/teams/18782	#2 College of Idaho	12:30.93	2/5
2	16	https://www.tfrrs.org/teams/63644	#6 Rocky Mountain (	12:57.86c (13:13.67f)	1/29
3	21	https://www.tfrrs.org/teams/9002	#4 Westmont (Calif.)	13:17.73 out	2/12
4	40	https://www.tfrrs.org/teams/84055	Cotley (Mo.)	14:51.48c (15:01.03f)	2/6

Women's High Jump

1	2	Marquania ROWELL	SR	#13 Oklahoma City	1.71m	5-7¼	1/29
2	11	Amanda CHAN	SR	#5 Vanguard (Calif.)	1.63m	5-4¼	2/12
3	23	Morgan HARRISON	SO	#2 College of Idaho	1.59m	5-2½	2/5
4	26	Brittany JONES	SR	#1 William Carey (Mi	1.58m	5-2¼	1/29
5	41	Azaria JONES	SR	#10 Mobile (Ala.)	1.55m	5-1	2/13
5	41	Savannah PROSKE	SO	#12 Warner Pacific (O	1.55m	5-1	2/5
7	87	Cheyenne COLLINS	JR	#3 Eastern Oregon	1.49m	4-10½	2/5
8	89	McKenna BUSHONG	FR	#5 Vanguard (Calif.)	1.48m	4-10¼	2/12
9	96	Kenna JONES	FR	#2 College of Idaho	1.47m	4-9¾	2/5
9	96	Stephanie TOWLE	FR	#13 Oklahoma City	1.47m	4-9¾	1/22

Women's Pole Vault

1	4	Kelsey BASSETT	JR	#11 Carroll (Mont.)	3.80m	12-5½	2/5
2	9	Isabelle CARREON	FR	#5 Vanguard (Calif.)	3.60m	11-9¾	1/29
3	16	Reagan CRAIN	FR	#4 Westmont (Calif.)	3.50m	11-5¾	1/29
4	23	Shae HELTERBRAN	SR	#11 Carroll (Mont.)	3.35m	10-11¾	2/5
5	28	Payton JOLLEY	SR	#3 Eastern Oregon	3.27m	10-8¾	2/5
6	32	Rachel TRAVIS	SR	#7 William Jessup (C	3.25m	10-8	2/12
7	39	Dakota MANECKE	FR	#6 Rocky Mountain (	3.12m	10-2¾	2/13
8	42	Abby RUMOHR	FR	#4 Westmont (Calif.)	3.10m	10-2	2/12
9	45	Chloe GALLAGHER	FR	#11 Carroll (Mont.)	3.05m	10-0	2/5
10	54	Selina ANGEL	JR	#6 Rocky Mountain (	2.97m	9-9	2/13
10	54	Olivia EARLING	SO	#6 Rocky Mountain (	2.97m	9-9	2/13

Women's Long Jump

1	1	Brittany JONES	SR	#1 William Carey (Mi	6.14m	20-1¾	1/29
2	21	Ebony WILSON	SR	#3 Eastern Oregon	5.47m	17-11½ (1.	2/5
3	25	Anna CABRERA	SO	#10 Mobile (Ala.)	5.45m	17-10¾	2/13
4	36	Brandy MACKEY	SO	Voorhees (S.C.)	5.31m	17-5¼	2/12
5	37	Marquania ROWELL	SR	#13 Oklahoma City	5.30m	17-4¾	2/6
6	39	Nevagant JONES	SO	#1 William Carey (Mi	5.29m	17-4¼	2/13
7	55	Tori DAVIS	SR	#4 Westmont (Calif.)	5.17mw	16-11½ (2.	2/12
8	59	Alexis JONES	SO	#7 William Jessup (C	5.16mw	16-11¼ (2.	2/12
9	69	Jhanya QUINONES	SO	#10 Mobile (Ala.)	5.13m	16-10	2/13
10	81	Savannah PROSKE	SO	#12 Warner Pacific (O	5.07m	16-7¾ (0.0	2/5



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A.I.I. (NAIA Independents)

Women's Triple Jump

1	1	Brittany JONES	SR	#1	William Carey (Mi)	12.56m	41-2½	1/23
2	3	Nevagant JONES	SO	#1	William Carey (Mi)	11.89m	39-¼	1/23
3	6	Brittany COLEMAN	JR	#12	Warner Pacific (O)	11.62m	38-1½ (0.9)	2/5
4	7	Michaela SCHAEFFER	SR	#5	Vanguard (Calif.)	11.61mw	38-1¼ (2.9)	2/12
5	24	Madysen SALSBERY	SR	#14	Langston (Okla.)	11.05m	36-3	1/9
5	24	Chasity VEALS	FR	#14	Langston (Okla.)	11.05m	36-3	2/13
7	26	Myla EDWARDS	FR	#10	Mobile (Ala.)	11.04m	36-2¾	2/13
8	34	Sophie LOVELESS	SO	#11	Carroll (Mont.)	10.80m	35-5¼	2/5
9	36	Elaysa DURANT	FR		Brewton-Parker (	10.78mw	35-4½ (2.7)	1/30
10	39	TaNaja WILLIAMS	FR	#10	Mobile (Ala.)	10.76m	35-3¾	2/13

Women's Shot Put

1	1	Alexandra BANDUCCI	SO	#7	William Jessup (C	17.18m	56-4½	2/12
2	2	Nikki KRUEGER	JR	#11	Carroll (Mont.)	14.22m	46-8	2/5
3	27	Maggie LEDBETTER	JR	#3	Eastern Oregon	12.45m	40-10¼	2/5
4	32	Catlynn DUFF	JR	#2	College of Idaho	12.33m	40-5½	2/5
5	49	Michelle FLINT	SO	#7	William Jessup (C	11.82m	38-9½	2/12
6	74	Zhanye VINES	FR	#8	Xavier (La.)	11.43m	37-6	2/13
7	75	Allison HALVERSON	SO	#6	Rocky Mountain (	11.41mA	37-5¼	1/29
8	82	DaNya HORNE	SO	#8	Xavier (La.)	11.34m	37-2½	2/13
9	84	Maddie VILLARREAL	SR	#2	College of Idaho	11.31m	37-1¼	2/5
10	87	Emerald TOTH	SR	#11	Carroll (Mont.)	11.27m	36-11¾	2/5

Women's Weight Throw

1	2	Catlynn DUFF	JR	#2	College of Idaho	17.73m	58-2	2/5
2	46	Maggie LEDBETTER	JR	#3	Eastern Oregon	14.49m	47-6½	2/5
3	67	Michelle FLINT	SO	#7	William Jessup (C	14.02m	46-0	2/12
4	72	Maddie VILLARREAL	SR	#2	College of Idaho	13.69m	44-11	2/5
5	77	Robin CAMP	SR	#2	College of Idaho	13.56m	44-6	2/5
6	95	AaLea KOLB	JR	#2	College of Idaho	13.21m	43-4¼	2/5
7		Emily FOX	JR	#2	College of Idaho	12.53m	41-1½	2/5
8		Kenna WOODWARD	FR	#3	Eastern Oregon	11.88m	38-11¾	2/5
9		Alexandra BANDUCCI	SO	#7	William Jessup (C	11.58m	38-0	2/12
10		Tatalia CARMICHAEL	JR	#10	Mobile (Ala.)	11.33m	37-2¼	1/23

Women's Pentathlon

1	20	Olivia LANE	SR	#3	Eastern Oregon	2,907	2/5
2	22	Roby YOUNG	SO	#2	College of Idaho	2,886	2/5
3	25	Savannah PROSKE	SO	#12	Warner Pacific (O	2,822	2/5
4	31	Cheyenne COLLINS	JR	#3	Eastern Oregon	2,730	2/5
5	36	Sophi CLAY	FR	#2	College of Idaho	2,640	2/5
6	40	Karli BEDARD	SO	#3	Eastern Oregon	2,541	2/5
7	43	Kate PICANCO	SO	#11	Carroll (Mont.)	2,501	2/5
8	63	Juliana TAMPUS	SO	#5	Vanguard (Calif.)	2,123	2/12
9	66	Joelle HAMEISTER	JR	#7	William Jessup (C	2,051	2/12
10	74	Breah MULVEHILL	FR	#6	Rocky Mountain (	1,712	2/5



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AAC

Women's 60 Meters

1	58	Romane BAUDIN	JR	#5	Montreat (N.C.)	8.00	(0.0)	11/21
2		Kianna RYAN	SO	#1	Columbia (S.C.)	8.13	(0.0)	11/21
2		Kelsey WHITE-KENNEDY	SR	#1	Columbia (S.C.)	8.13	(0.9)	2/5
4		Rekia POLK	SO	#1	Columbia (S.C.)	8.16	(0.0)	11/21
4		Rachel SARGENT	SR	#3	Columbia Interna	8.16	(0.8)	2/5
6		Haley NEILL	JR	#4	Tennessee Wesle	8.18	(0.0)	11/21
7		Meghann MILLER	SR	#3	Columbia Interna	8.19		1/30
8		Daneen HAZELWOOD	SR	#3	Columbia Interna	8.20		1/30
8		Dana BURT	SO	#4	Tennessee Wesle	8.20	(0.0)	11/21
8		Chaggie BASSAR	FR	#4	Tennessee Wesle	8.20		1/22

Women's 200 Meters

1	70	Rachel SARGENT	SR	#3	Columbia Interna	26.40 out	(-1.2)	2/5
2	79	Dana BURT	SO	#4	Tennessee Wesle	26.52 out	(0.0)	11/21
3	84	Tiona WALLS	FR	#3	Columbia Interna	26.55c	(26.96f)	1/30
4	90	Haley NEILL	JR	#4	Tennessee Wesle	26.61 out	(0.0)	11/21
5		Kelsey WHITE-KENNEDY	SR	#1	Columbia (S.C.)	26.75 out	(-1.1)	2/5
6		Romane BAUDIN	JR	#5	Montreat (N.C.)	26.81		2/5
7		Jullia MORRIS	JR	#4	Tennessee Wesle	27.31 out	(-1.2)	2/5
8		Chaggie BASSAR	FR	#4	Tennessee Wesle	27.37 out	(0.0)	11/21
9		Meghann MILLER	SR	#3	Columbia Interna	27.38c	(27.80f)	1/30
10		Nia PERRYMAN	SO	#5	Montreat (N.C.)	27.45c	(27.87f)	1/30

Women's 400 Meters

1	69	Kiley WOOD	SO	#2	Milligan (Tenn.)	1:01.58 out		11/21
2	74	Fredrika TIMMONS	SR	#1	Columbia (S.C.)	1:01.71 out		11/21
3	76	Grace WRIGHT	SO	#1	Columbia (S.C.)	1:01.77 out		11/21
4	92	Kerri BROWN	FR	#1	Columbia (S.C.)	1:02.41 out		11/21
5	93	Esther BORAM	SO	#6	Union (Ky.)	1:02.44		1/31
5	93	Rachel SARGENT	SR	#3	Columbia Interna	1:02.44c	(1:03.26f)	1/30
7		Megan CHRISTIAN	FR	#2	Milligan (Tenn.)	1:02.66 out		11/21
8		Valetta BURGESS	SR	#3	Columbia Interna	1:03.10 out		11/21
9		Myia NEAL	SR		Brenau (Ga.)	1:04.68 out		2/5
10		Kelsey WHITE-KENNEDY	SR	#1	Columbia (S.C.)	1:04.70 out		2/12

Women's 600 Meters

1	25	Sarah WELCH	JR		Bryan (Tenn.)	1:40.29 out		2/5
2	41	Esther BORAM	SO	#6	Union (Ky.)	1:41.60 out		2/5
3	50	Kiyah PITTMON	FR		Brenau (Ga.)	1:42.96 out		2/5
4	51	Kiley WOOD	SO	#2	Milligan (Tenn.)	1:43.21 out		2/5
5	56	Gracie ALLEN	FR	#2	Milligan (Tenn.)	1:43.77 out		2/5
6	72	Valentina KENYERES	SR	#2	Milligan (Tenn.)	1:44.65 out		2/5
7		Valetta BURGESS	SR	#3	Columbia Interna	1:47.50 out		2/5
8		Megan CHRISTIAN	FR	#2	Milligan (Tenn.)	1:48.78 out		2/5
9		Esther EKUNDAYO	SO	#1	Columbia (S.C.)	1:49.70 out		2/5
10		Grace WRIGHT	SO	#1	Columbia (S.C.)	1:50.20 out		2/5

Women's 800 Meters

1	38	Sarah WELCH	JR		Bryan (Tenn.)	2:23.60 out		2/5
2	47	Gracie ALLEN	FR	#2	Milligan (Tenn.)	2:24.51 out		11/21
3	61	Esther BORAM	SO	#6	Union (Ky.)	2:27.03 OT		2/13
4	64	Rebecca GLOVER	SO	#2	Milligan (Tenn.)	2:27.48 out		11/21
5	72	Kiyah PITTMON	FR		Brenau (Ga.)	2:28.52 out		2/5
6	86	Erica MORIN	SR	#5	Montreat (N.C.)	2:29.42 out		2/5
7	LE+0	Valentina KENYERES	SR	#2	Milligan (Tenn.)	2:29.99		1/29
8		Mahaley CRONK	FR	#5	Montreat (N.C.)	2:34.24 out		2/5
9		Valetta BURGESS	SR	#3	Columbia Interna	2:35.91c	(2:37.70f)	1/30
10		Rosemary REED	FR	#3	Columbia Interna	2:36.53		1/23

Women's 1000 Meters

1	17	Avery DEWOLF	JR	#2	Milligan (Tenn.)	3:04.13 out		2/5
2	25	Bekah OWEN	JR	#2	Milligan (Tenn.)	3:05.87 out		2/5
3	29	Gabrielle MARDIS	JR	#2	Milligan (Tenn.)	3:06.41 out		2/5
4	33	Caitlin DOMINY	SO	#2	Milligan (Tenn.)	3:07.22 out		2/5
5	35	Gracie ALLEN	FR	#2	Milligan (Tenn.)	3:07.31 out		11/21
6	37	Sarah WELCH	JR		Bryan (Tenn.)	3:07.36 out		2/12
7	39	Alyssa BEARZI	FR	#2	Milligan (Tenn.)	3:07.52 out		2/5
8	64	Valentina KENYERES	SR	#2	Milligan (Tenn.)	3:13.11 out		11/21
9	80	Rebecca GLOVER	SO	#2	Milligan (Tenn.)	3:16.16 out		11/21
10	84	Makayla HOLLIFIELD	SO	#1	Columbia (S.C.)	3:17.05 out		11/21

Women's Mile

1	8	Avery DEWOLF	JR	#2	Milligan (Tenn.)	5:08.10 out		2/5
2	20	Ashley WALKER		#7	Point (Ga.)	5:15.30 out		2/5
3	24	Bekah OWEN	JR	#2	Milligan (Tenn.)	5:17.25 out		2/5
4	34	Gabrielle MARDIS	JR	#2	Milligan (Tenn.)	5:22.59 out		2/5
5	40	Hannah OLIVER	FR	#5	Montreat (N.C.)	5:23.61c	(5:26.81f)	1/30
6	44	Erica MORIN	SR	#5	Montreat (N.C.)	5:24.97 out		2/5
7	57	Mahaley CRONK	FR	#5	Montreat (N.C.)	5:27.41c	(5:30.65f)	1/30
8	58	Caitlin DOMINY	SO	#2	Milligan (Tenn.)	5:27.72 out		2/5
9		Makayla HOLLIFIELD	SO	#1	Columbia (S.C.)	5:43.34 out		11/21
10		Jenna MALLORY	SO	#5	Montreat (N.C.)	5:43.44c	(5:46.84f)	1/30

Women's 3000 Meters

1	3	Avery DEWOLF	JR	#2	Milligan (Tenn.)	9:57.91		1/29
2	8	Sierra POPPELL	SR	#8	Kentucky Christia	10:10.90c	(10:16.13)	2/6
3	9	Bekah OWEN	JR	#2	Milligan (Tenn.)	10:13.46		1/29
4	10	Alyssa BEARZI	FR	#2	Milligan (Tenn.)	10:14.59 out		2/5
5	20	Hannah OLIVER	FR	#5	Montreat (N.C.)	10:27.93 out		2/5
6	24	Gabrielle MARDIS	JR	#2	Milligan (Tenn.)	10:34.39		1/29
7	80	Mahaley CRONK	FR	#5	Montreat (N.C.)	11:06.00c	(11:11.71f)	1/30
8	85	Erica MORIN	SR	#5	Montreat (N.C.)	11:07.31c	(11:13.03f)	1/30
9	86	Ali BURNS	SO	#2	Milligan (Tenn.)	11:07.42 OT		2/5
10		Madison GUIDER	SR	#4	Tennessee Wesle	11:32.54 out		2/12



Conference TFRI Event Summary

as of 2/15/2021 12:29:06 AM

AAC

Women's 5000 Meters

1	3	Ashley WALKER	#7	Point (Ga.)	17:26.06 out	2/5
2	8	Avery DEWOLF	JR #2	Milligan (Tenn.)	17:42.79 out	11/21
3	10	Bekah OWEN	JR #2	Milligan (Tenn.)	17:48.20 out	11/21
4	13	Alyssa BEARZI	FR #2	Milligan (Tenn.)	17:53.49	1/29
5	16	Sierra POPPELL	SR #8	Kentucky Christia	17:59.18 out	11/20
6	20	Erica MORIN	SR #5	Montreat (N.C.)	18:09.12 out	11/21
7	23	Gabrielle MARDIS	JR #2	Milligan (Tenn.)	18:12.78 out	2/5
8	24	Hannah OLIVER	FR #5	Montreat (N.C.)	18:14.55 out	11/21
9	39	Lillie SINIARD	SO #5	Montreat (N.C.)	18:57.71 out	2/5
10	47	Mahaley CRONK	FR #5	Montreat (N.C.)	19:08.66 out	11/21

Women's 3000m Race Walk

1	3	Victoria HEISER-WHATLEY	SO #1	Columbia (S.C.)	15:36.44 out	2/5
2	8	Jessica HEISER-WHATLEY	SO #1	Columbia (S.C.)	16:07.64 out	2/12
3	9	Shelby WINN	JR #1	Columbia (S.C.)	16:30.64 out	11/21
4	14	Hannah MISHKOFF	JR #1	Columbia (S.C.)	20:02.38 out	2/5
5	18	Brittany ROBBINS	SR #1	Columbia (S.C.)	20:56.99 out	2/5
6	22	Morgan BLAKELY	FR #6	Union (Ky.)	21:22.27 OT	2/13
7	26	Esther EKUNDAYO	SO #1	Columbia (S.C.)	21:48.63 out	2/5
8	27	Taylor MERNER	SO #1	Columbia (S.C.)	22:17.93 out	2/5
9	30	Gabrielle HUGGINS	SO #1	Columbia (S.C.)	23:15.02 out	2/12
10	36	Anaia SINGLETON	JR #6	Union (Ky.)	26:26.87 out	2/5

Women's 60 Meter Hurdles

1	9	Kelsey WHITE-KENNEDY	SR #1	Columbia (S.C.)	8.95 (0.0)	11/21
2	19	Daneen HAZELWOOD	SR #3	Columbia Interna	9.06 (0.0)	11/21
3	38	Jasmine STARKS	FR #1	Columbia (S.C.)	9.37 (0.0)	11/21
4	46	Paige MANNEY	FR #4	Tennessee Wesle	9.45 (0.0)	11/21
5	83	Faith ROBINETTE	JR #4	Tennessee Wesle	9.84 (0.0)	11/21
6	85	Jayda BURKETT	SO	Brenau (Ga.)	9.85 (0.0)	2/5
7	94	Myia NEAL	SR	Brenau (Ga.)	9.94 (0.0)	2/5
8		Crystal JONES	JR #3	Columbia Interna	10.02 (0.0)	2/5
9		Lauren GARRISON	JR #4	Tennessee Wesle	10.08 (0.0)	11/21
10		Caley ESSIE	FR #4	Tennessee Wesle	10.35	1/22
10		Kelsey HENDERSON	SO	Bryan (Tenn.)	10.35 (0.6)	2/12

Women's 4x400 Relay

1	31	https://www.tfrrs.org/teams/79015	#3	Columbia Interna	4:13.32 out	11/21
2	37	https://www.tfrrs.org/teams/83796	#1	Columbia (S.C.)	4:15.97 out	11/21

Women's Distance Medley Relay

1	9	https://www.tfrrs.org/teams/11325	#2	Milligan (Tenn.)	12:36.78	1/29
2	19	https://www.tfrrs.org/teams/11327	#5	Montreat (N.C.)	13:04.77 out	2/12
3	38	https://www.tfrrs.org/teams/83796	#1	Columbia (S.C.)	14:18.03 out	2/5
4	44	https://www.tfrrs.org/teams/77150		Reinhardt (Ga.)	16:16.36 out	2/5

Women's High Jump

1	9	Paige MANNEY	FR #4	Tennessee Wesle	1.65m 5-5	1/22
2	33	Aijah LEWIS	SO #6	Union (Ky.)	1.57m 5-1¾	11/20
3	50	Tyleeah MADDOX	JR	Brenau (Ga.)	1.54m 5-½	2/5
4		Grace WRIGHT	SO #1	Columbia (S.C.)	1.45m 4-9	11/21
4		Caley ESSIE	FR #4	Tennessee Wesle	1.45m 4-9	1/22
6		Zykirah DAVIS	FR #1	Columbia (S.C.)	1.40m 4-7	11/21
6		Kenya CHAMBERS	FR #1	Columbia (S.C.)	1.40m 4-7	11/21
8		Javen WIMBERLY	SO	Reinhardt (Ga.)	1.35m 4-5	2/5
9		Gloriest LUBAMBA	FR #3	Columbia Interna	1.34m 4-4¾	2/5
10		Anaia SINGLETON	JR #6	Union (Ky.)	1.30m 4-3¾	1/24

Women's Pole Vault

1	19	Ashleigh HARDING	JR #3	Columbia Interna	3.42m 11-2½	11/21
2	45	Halie HAWKINS	SO #2	Milligan (Tenn.)	3.05m 10-0	1/29
3	89	Cassidi JONES	JR	Brenau (Ga.)	2.48m 8-1½	2/5
3	89	Meghann MILLER	SR #3	Columbia Interna	2.48m 8-1½	2/5
5	91	Nicole MILLER	FR	Reinhardt (Ga.)	2.45m 8-½	1/31
5	91	Daneen HAZELWOOD	SR #3	Columbia Interna	2.45m 8-½	1/30
7	LE+O:	Madison OBARSKY	JR	Reinhardt (Ga.)	2.33m 7-7¾	2/5
8		Grace WRIGHT	SO #1	Columbia (S.C.)	2.30m 7-6½	2/12

Women's Long Jump

1	10	Romane BAUDIN	JR #5	Montreat (N.C.)	5.60m 18-4½ (0.0)	11/21
2	19	Aijah LEWIS	SO #6	Union (Ky.)	5.49m 18-¼	2/13
3	39	Jamellia POTTS	SO #6	Union (Ky.)	5.29m 17-4¼	1/31
4	62	Jullia MORRIS	JR #4	Tennessee Wesle	5.15m 16-10¾ (0.1)	11/21
5		Javen WIMBERLY	SO	Reinhardt (Ga.)	4.82m 15-9¾ (0.4)	2/5
6		Jasmine STARKS	FR #1	Columbia (S.C.)	4.79m 15-8¾ (0.0)	11/21
7		Talara HARPER	JR	Brenau (Ga.)	4.74m 15-6¾ (0.7)	2/5
8		Heather WOOLARD	JR #1	Columbia (S.C.)	4.72m 15-6 (0.8)	2/5
9		Zykirah DAVIS	FR #1	Columbia (S.C.)	4.71m 15-5½ (0.0)	11/21
10		Kamarie GOODMAN	FR #1	Columbia (S.C.)	4.70m 15-5 (0.8)	2/5

Women's Triple Jump

1	17	Jullia MORRIS	JR #4	Tennessee Wesle	11.30m 37-1 (1.1)	2/5
2	22	Paige MANNEY	FR #4	Tennessee Wesle	11.20m 36-9 (1.4)	2/5
3	27	Jamellia POTTS	SO #6	Union (Ky.)	10.99m 36-¾	1/31
4	63	Heather WOOLARD	JR #1	Columbia (S.C.)	10.50m 34-5½ (0.4)	2/5
5	68	Javen WIMBERLY	SO	Reinhardt (Ga.)	10.40m 34-1½ (1.2)	2/5
6	92	Faith ROBINETTE	JR #4	Tennessee Wesle	10.05m 32-11¾ (0.	2/5
7		Rekia POLK	SO #1	Columbia (S.C.)	9.20m 30-2¼ (1.1)	2/5

Women's Shot Put

1	35	Aleah BROMELL	JR #1	Columbia (S.C.)	12.26m 40-2¾	11/21
2	51	Cameron MIMS	SR	Brenau (Ga.)	11.81m 38-9	2/5
3	70	Britany BROWN	SO #3	Columbia Interna	11.48m 37-8	1/30
4	99	Anaya CANTY	FR #3	Columbia Interna	11.08m 36-4¼	11/21
5		Jailyn KENDRICK	JR	Brenau (Ga.)	10.76m 35-3¾	2/5
6		Zaida CARSON	SO #1	Columbia (S.C.)	10.69m 35-1	2/5
7		Ti'ana ADAMS	FR #6	Union (Ky.)	10.59m 34-9	11/20
8		Allie ROSE	JR #2	Milligan (Tenn.)	10.56m 34-7¾	1/29
9		Lauren HANNAH	FR #8	Kentucky Christia	10.27m 33-8½	2/12
10		Kelly NELSON	FR	Bryan (Tenn.)	10.21m 33-6	1/29



Conference TFRI Event Summary

as of 2/15/2021 12:29:06 AM

AAC

Women's Weight Throw

1	60	Aleah BROMELL	JR	#1	Columbia (S.C.)	14.16m	46-5½	2/12
2	95	Jailyn KENDRICK	JR		Brenau (Ga.)	13.21m	43-4¼	2/5
3		Anaya CANTY	FR	#3	Columbia Interna	12.99m	42-7½	11/21
4		Kate BARBEE	SO	#3	Columbia Interna	12.73m	41-9¼	2/5
5		Cameron MIMS	SR		Brenau (Ga.)	12.37m	40-7	2/5
5		Morgan BROWN	SR	#1	Columbia (S.C.)	12.37m	40-7	11/21
7		Angelica RICHARDS	FR		Brenau (Ga.)	12.13m	39-9¾	2/5
8		Savannah SOLOMON	JR	#4	Tennessee Wesle	12.12m	39-9¼	1/29
9		Lauren FOUTCH	FR	#6	Union (Ky.)	11.91m	39-1	2/5
10		Zaida CARSON	SO	#1	Columbia (S.C.)	11.82m	38-9½	2/12

Women's Pentathlon

1	54	Tyleeah MADDOX	JR		Brenau (Ga.)	2,335		2/5
2	70	Zykirah DAVIS	FR	#1	Columbia (S.C.)	1,886		2/5
3	76	Gloriest LUBAMBA	FR	#3	Columbia Interna	1,498		2/5
4	77	Skylar SIMON	FR		Brenau (Ga.)	1,472		2/5
5	80	Maya HOMER	SR	#6	Union (Ky.)	1,324		2/5
6	81	Courtney LAMBERT	SR	#1	Columbia (S.C.)	1,299		2/5



AMC

Women's 60 Meters

1	63	Nakira GAGE	FR	#2	Missouri Baptist	8.01	2/12
2		Maegan SALEH	JR	#2	Missouri Baptist	8.13	2/5
3		Makenzie SCHWARTZ	SO	#1	Columbia (Mo.)	8.18 (7.59(55))	2/6
4		Lily ASHRAFAZADEH	SO	#1	Columbia (Mo.)	8.22	1/29
5		Ebony KIMMINS	JR	#1	Columbia (Mo.)	8.52	1/29
6		Derneisha JOHNSON	FR		Williams Baptist (	8.55	1/22
7		Katelyn CONNER	JR	#1	Columbia (Mo.)	8.83 (8.19(55))	2/13
8		Madison MITTAG	FR		Williams Baptist (	8.89	1/22
9		Dani BARSTEAD	SO		Williams Baptist (	9.06	1/22
9		Nadia PORRO - FANJUL	SR	#1	Columbia (Mo.)	9.06	1/29

Women's 200 Meters

1	86	Ally SWAIM	JR		Central Baptist (A	26.57c (26.98f)	1/22
2		Lily ASHRAFAZADEH	SO	#1	Columbia (Mo.)	27.47c (27.89f)	1/29
3		Nakira GAGE	FR	#2	Missouri Baptist	27.67c (28.10f)	2/12
4		Makenzie SCHWARTZ	SO	#1	Columbia (Mo.)	28.01c (28.73u)	2/6
5		Trinity THOMAS	SO	#3	William Woods (M	28.35c (28.79f)	2/12
6		Ebony KIMMINS	JR	#1	Columbia (Mo.)	28.55c (28.99f)	1/29
7		Derneisha JOHNSON	FR		Williams Baptist (	28.90c (29.35f)	1/22
8		Nia HAWKINS	SO	#3	William Woods (M	29.07c (29.52f)	1/29
9		Jessica CLAUSNER	FR	#3	William Woods (M	29.08c (29.53f)	2/12
10		Katelyn CONNER	JR	#1	Columbia (Mo.)	29.32c (29.77f)	1/29

Women's 400 Meters

1		Halie MOELLER	JR	#1	Columbia (Mo.)	1:06.05c (1:06.92f)	1/29
2		Kaiah FARID	SR	#2	Missouri Baptist	1:06.32c (1:07.20f)	2/12
3		Kristan WILSON	SO	#3	William Woods (M	1:08.60c (1:09.51f)	1/29
4		Abbey WALLACE	FR		St. Louis Pharma	1:08.62c (1:09.53f)	2/12
5		Victoria BOWEN	SR	#2	Missouri Baptist	1:08.98c (1:09.89f)	2/12
6		Kristin SUTTON	FR		Williams Baptist (	1:09.99c (1:10.92f)	2/6
7		Derneisha JOHNSON	FR		Williams Baptist (	1:10.16c (1:11.09f)	2/6
8		Jessica CLAUSNER	FR	#3	William Woods (M	1:10.77c (1:11.71f)	1/29
9		Nia HAWKINS	SO	#3	William Woods (M	1:11.82c (1:12.77f)	1/29
10		Madison MITTAG	FR		Williams Baptist (	1:14.88c (1:15.87f)	2/6

Women's 600 Meters

1		Kelcey COOPER	SR		Williams Baptist (	2:06.66c (2:08.21f)	1/22
2		Kyla DOWNES	SR		Williams Baptist (	2:12.33c (2:13.95f)	1/22

Women's 800 Meters

1		Alyssa MCPIKE	SO		St. Louis Pharma	2:32.69c (2:34.45f)	1/29
2		Claudia LABRUYERE	FR		St. Louis Pharma	2:43.43c (2:45.31f)	2/12
3		Dani BARSTEAD	SO		Williams Baptist (	2:49.31c (2:51.26f)	1/22
4		Alyssa MCCORMACK	FR	#2	Missouri Baptist	2:50.21c (2:52.17f)	1/29
5		Kelcey COOPER	SR		Williams Baptist (	2:51.36c (2:53.33f)	1/22
6		Sophie EASTHAM	FR		St. Louis Pharma	2:52.55c (2:54.54f)	2/12
7		Emily WEISS	SO		Williams Baptist (	2:55.50c (2:57.52f)	1/22
8		Keelee WATKINS	SO	#3	William Woods (M	2:55.91c (2:57.93f)	2/12
9		Meagan RYAN	SR	#2	Missouri Baptist	2:58.26c (3:00.31f)	1/29
10		Kyla DOWNES	SR		Williams Baptist (	3:09.10c (3:11.28f)	2/6

Women's 1000 Meters

1		Kelcey COOPER	SR		Williams Baptist (	3:54.37c (3:56.92f)	2/6
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Women's Mile

1	31	Emily BAYER	JR	#2	Missouri Baptist	5:21.18c (5:24.35f)	2/12
2		Alyssa JAKCSY	JR	#2	Missouri Baptist	5:40.52c (5:43.89f)	1/29
3		Allison WAKELAND	JR		St. Louis Pharma	5:41.02c (5:44.39f)	1/29
4		Elizabeth ROGERS	JR	#2	Missouri Baptist	5:44.19c (5:47.59f)	1/29
5		Ali WARD	FR		Williams Baptist (	5:56.25c (5:59.77f)	1/22
6		Alexandra PERRY	SR	#2	Missouri Baptist	6:07.41c (6:11.04f)	1/29
7		Vanessa WAIMANN	FR	#2	Missouri Baptist	6:09.99c (6:13.65f)	2/12
8		Emily WEISS	SO		Williams Baptist (	6:14.95c (6:18.66f)	2/6
9		Brooke ANTHONIES	SO		St. Louis Pharma	6:17.65c (6:21.38f)	2/12
10		Madison SARGENT	FR	#2	Missouri Baptist	6:25.22c (6:29.03f)	1/29

Women's 3000 Meters

1	64	Emily BAYER	JR	#2	Missouri Baptist	10:57.37 OT	2/5
2		Allison WAKELAND	JR		St. Louis Pharma	11:35.52c (11:41.48f)	2/12
3		Emily WEISS	SO		Williams Baptist (	12:50.15c (12:56.75f)	2/6
4		Amy MCMORRIS	SO		Williams Baptist (	13:15.25c (13:22.06f)	2/6

Women's 5000 Meters

1	50	Emily BAYER	JR	#2	Missouri Baptist	19:10.43c (19:19.24f)	1/29
2		Amy MCMORRIS	SO		Williams Baptist (	23:08.92c (23:19.55f)	2/6

Women's 3000m Race Walk

1	17	Amy MCMORRIS	SO		Williams Baptist (	20:42.98 f	2/5
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Women's 60 Meter Hurdles

1	17	Ally SWAIM	JR		Central Baptist (A	9.02	1/22
2	67	Shae BUCHMAN	SO	#1	Columbia (Mo.)	9.68	1/29
3		Makenzie SCHWARTZ	SO	#1	Columbia (Mo.)	10.13	1/29
4		Katelyn CONNER	JR	#1	Columbia (Mo.)	10.29 (9.56(55))	2/13
5		Madison REINHOLD	FR		St. Louis Pharma	11.23	1/29
6		Samantha SENKO	FR		St. Louis Pharma	11.92	2/12
7		Rachel MCKUIN	JR		Williams Baptist (	12.08	1/22
8		Kristin SUTTON	FR		Williams Baptist (	12.29	1/22
9		Emily WEISS	SO		Williams Baptist (	18.24	1/22

Women's 4x400 Relay

1	74	https://www.tfrrs.org/teams/83878			Williams Baptist (	5:01.21c (5:05.20f)	1/22
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Women's 4x800 Relay

1	39	https://www.tfrrs.org/teams/83878			Williams Baptist (	11:38.16c (11:46.21f)	1/22
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Women's High Jump

1	26	Kylie ZAMBONI-CUTTER	SR	#3	William Woods (M	1.58m 5-2¼	1/29
2	64	Kayla SHIVERDECKER	SO	#1	Columbia (Mo.)	1.52m 4-11¾	2/6
3		Jessica CLAUSNER	FR	#3	William Woods (M	1.42m 4-7¾	1/29
4		Emily WEISS	SO		Williams Baptist (	1.37m 4-6	2/6
5		Kristin SUTTON	FR		Williams Baptist (	1.31m 4-3½	1/22

Women's Pole Vault

1		Dani BARSTEAD	SO		Williams Baptist (	2.06m 6-9	2/6
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Conference TFRI Event Summary

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AMC

Women's Long Jump

1	28	Maegan SALEH	JR	#2	Missouri Baptist	5.39m	17-8¼	2/5
2		Lily ASHRAFAZADEH	SO	#1	Columbia (Mo.)	4.97m	16-3¾	1/29
3		Nia HAWKINS	SO	#3	William Woods (Mo.)	4.87m	15-11¾	1/29
4		Nadia PORRO - FANJUL	SR	#1	Columbia (Mo.)	4.77m	15-7¾	2/6
5		Trinity THOMAS	SO	#3	William Woods (Mo.)	4.63m	15-2¼	2/12
6		Katelyn CONNER	JR	#1	Columbia (Mo.)	4.60m	15-1¼	2/6
7		Kristin SUTTON	FR		Williams Baptist (Mo.)	4.08m	13-4¾	1/22
8		Rachel MCKUIN	JR		Williams Baptist (Mo.)	3.91m	12-10	1/22
9		Emily WEISS	SO		Williams Baptist (Mo.)	3.43m	11-3	1/22

Women's Triple Jump

1	71	Katelyn CONNER	JR	#1	Columbia (Mo.)	10.28m	33-8¾	1/29
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Women's Shot Put

1	14	Katie FRENCH	JR	#3	William Woods (Mo.)	12.97m	42-6¾	2/12
2	49	Ananiah TALTON	SR	#3	William Woods (Mo.)	11.82m	38-9½	2/12
3		Gabrielle MORGAN	SR		St. Louis Pharmacy	10.98m	36-¼	2/12
4		Hannah BAKER	SO		Williams Baptist (Mo.)	10.90m	35-9¼	1/22
5		Hannah RICKETTS	SR	#1	Columbia (Mo.)	10.69m	35-1	2/6
6		Nia HUNT	FR	#2	Missouri Baptist	10.59m	34-9	1/29
7		Nicole EMMONS	JR	#1	Columbia (Mo.)	10.22m	33-6½	2/13
8		Clara MACHERAS	SO		St. Louis Pharmacy	9.95m	32-7¾	2/12
9		Katie BRIGGS	SR	#1	Columbia (Mo.)	9.89m	32-5½	1/29
10		Reagan VERWYS	SO	#3	William Woods (Mo.)	9.57m	31-4¾	1/29

Women's Weight Throw

1	18	Hannah RICKETTS	SR	#1	Columbia (Mo.)	15.71m	51-6½	1/29
2	40	Katie FRENCH	JR	#3	William Woods (Mo.)	14.88m	48-10	1/29
3	64	Ananiah TALTON	SR	#3	William Woods (Mo.)	14.06m	46-1½	1/29
4		Clara MACHERAS	SO		St. Louis Pharmacy	12.94m	42-5½	1/29
5		Hannah BAKER	SO		Williams Baptist (Mo.)	12.82m	42-¾	2/6
6		Nicole EMMONS	JR	#1	Columbia (Mo.)	12.70m	41-8	2/6
7		Katie BRIGGS	SR	#1	Columbia (Mo.)	11.77m	38-7½	2/6
8		Gabrielle MORGAN	SR		St. Louis Pharmacy	11.57m	37-11½	2/12
9		Reagan VERWYS	SO	#3	William Woods (Mo.)	11.49m	37-8½	2/12
10		Samantha MABEE	JR	#2	Missouri Baptist	11.38m	37-4	2/12

Women's Pentathlon

1	79	Kristin SUTTON	FR		Williams Baptist (Mo.)	1,358		1/22
2	82	Rachel MCKUIN	JR		Williams Baptist (Mo.)	1,175		1/22



Conference TFRI Event Summary

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Chicagoland

Women's 60 Meters

1	46	Talia JONES-WRIGHT	JR	#3	St. Francis (Ill.)	7.96	1/22
1	46	Alyssa BUSKER	FR	#4	Trinity Christian (	7.96	2/13
3	77	Kimberly BRENT	SO	#1	Olivet Nazarene (	8.06	1/30
4	89	Tera MILLER	SO	#1	Olivet Nazarene (	8.10	2/13
5	98	Mara BRUNO	FR	#3	St. Francis (Ill.)	8.12	1/22
6		Olivia STURRUP	FR	#1	Olivet Nazarene (	8.17	1/30
7		Alyssa DOLAN	SO	#3	St. Francis (Ill.)	8.24	1/22
8		Celina MAYFORTH	SR	#3	St. Francis (Ill.)	8.28	1/30
9		Lani HILLARD	SR	#2	St. Ambrose (low.	8.32	1/22
10		Muabon PAYE	SR	#4	Trinity Christian (	8.50	1/29

Women's 200 Meters

1	24	Linda GRIFFITH	FR	#1	Olivet Nazarene (	25.58c	(25.97f)	2/13
2	43	Tera MILLER	SO	#1	Olivet Nazarene (	26.00c	(26.40f)	2/13
3	52	Alyssa BUSKER	FR	#4	Trinity Christian (	26.24 OT		2/13
4	70	Celina MAYFORTH	SR	#3	St. Francis (Ill.)	26.40c	(26.81f)	1/30
5	72	Kimberly BRENT	SO	#1	Olivet Nazarene (	26.41c	(26.82f)	1/30
6	77	Mara BRUNO	FR	#3	St. Francis (Ill.)	26.48c	(26.89f)	1/30
7	90	Megan JANSETT	JR	#2	St. Ambrose (low.	26.61c	(27.02f)	2/12
8	97	Keely WATTS	FR	#1	Olivet Nazarene (	26.66c	(27.07f)	2/6
9		Talia JONES-WRIGHT	JR	#3	St. Francis (Ill.)	26.77c	(27.18f)	1/22
10		Makayla BAREFIELD	SO	#3	St. Francis (Ill.)	26.93c	(27.34f)	1/22

Women's 400 Meters

1	18	Keely WATTS	FR	#1	Olivet Nazarene (	58.90c	(59.68f)	2/13
2	26	Megan JANSETT	JR	#2	St. Ambrose (low.	59.72c	(1:00.51f)	2/12
3	29	Makayla BAREFIELD	SO	#3	St. Francis (Ill.)	59.89c	(1:00.68f)	1/30
4	38	Tera MILLER	SO	#1	Olivet Nazarene (	1:00.26c	(1:01.06f)	1/30
5	45	Celina MAYFORTH	SR	#3	St. Francis (Ill.)	1:00.55c	(1:01.35f)	2/6
6	98	Jadie KNECHT	FR	#2	St. Ambrose (low.	1:02.50c	(1:03.33f)	2/12
7		Jasmine FREDERICK	SO	#1	Olivet Nazarene (	1:03.80c	(1:04.64f)	2/13
8		Lauryn HODGE	SO	#1	Olivet Nazarene (	1:04.46c	(1:05.31f)	2/13
9		Zoie ISON	SO	#6	Calumet St. Josep	1:04.64c	(1:05.49f)	2/12
10		Sydney HATCH	FR	#1	Olivet Nazarene (	1:05.03c	(1:05.89f)	2/13

Women's 600 Meters

1	16	Lindsey DIAZDELEON	SO	#1	Olivet Nazarene (	1:38.27c	(1:39.47f)	2/6
2	20	Makayla BAREFIELD	SO	#3	St. Francis (Ill.)	1:39.39c	(1:40.60f)	2/13
3	27	Mady ROGERS	FR	#1	Olivet Nazarene (	1:40.40c	(1:41.63f)	2/6
4	47	Delilah DELGADO	JR		Saint Xavier (Ill.)	1:42.39c	(1:43.64f)	2/13
5	93	Megan JANSETT	JR	#2	St. Ambrose (low.	1:45.93c	(1:47.22f)	2/6
6		Gwen MEYER	FR	#1	Olivet Nazarene (	1:49.19c	(1:50.52f)	2/13
7		MacKenzie RUMBOLD	JR	#1	Olivet Nazarene (	1:49.40c	(1:50.74f)	2/13
8		Jasmine FREDERICK	SO	#1	Olivet Nazarene (	1:52.03c	(1:53.40f)	2/6
9		Daniella NINO	JR		Saint Xavier (Ill.)	1:52.47c	(1:53.84f)	2/13
10		Brooke HASS	SO	#2	St. Ambrose (low.	1:54.27c	(1:55.67f)	1/22

Women's 800 Meters

1	6	Eva BRUNO	SR	#3	St. Francis (Ill.)	2:16.11c	(2:17.68f)	2/13
2	16	Rachel SHEPARD	SR	#1	Olivet Nazarene (	2:18.87c	(2:20.47f)	2/13
3	21	Lindsey DIAZDELEON	SO	#1	Olivet Nazarene (	2:20.87c	(2:22.49f)	1/30
4	34	Mady ROGERS	FR	#1	Olivet Nazarene (	2:22.98c	(2:24.62f)	2/13
5	54	Abigail GILMORE	SR	#1	Olivet Nazarene (	2:25.65c	(2:27.33f)	2/6
6	65	Emma DUNCAN	JR	#2	St. Ambrose (low.	2:27.57c	(2:29.27f)	1/22
7	81	Alexis KAMP	SO	#1	Olivet Nazarene (	2:28.72c	(2:30.43f)	2/6
8	84	Grace DWYER	SR	#6	Calumet St. Josep	2:29.30c	(2:31.02f)	2/12
9		Megan GRADY	SR	#2	St. Ambrose (low.	2:30.63c	(2:32.36f)	1/22
10		Claire DUNCAN	JR	#2	St. Ambrose (low.	2:31.31c	(2:33.05f)	2/12

Women's 1000 Meters

1	4	Eva BRUNO	SR	#3	St. Francis (Ill.)	2:57.81c	(2:59.75f)	2/6
2	20	Rachel SHEPARD	SR	#1	Olivet Nazarene (	3:04.89c	(3:06.90f)	2/6
3	30	Abigail GILMORE	SR	#1	Olivet Nazarene (	3:06.44c	(3:08.47f)	2/6
4	43	Grace DWYER	SR	#6	Calumet St. Josep	3:09.14c	(3:11.20f)	2/5
5	45	Sabrina BAFTIRI	JR	#3	St. Francis (Ill.)	3:09.75c	(3:11.82f)	2/13
6	61	Laisha CORONA	SR	#3	St. Francis (Ill.)	3:12.69c	(3:14.79f)	2/13
7	67	Megan RAMSEY	FR	#3	St. Francis (Ill.)	3:13.75c	(3:15.86f)	2/13
8	81	Marie MAYER	SR	#5	Judson (Ill.)	3:16.43c	(3:18.57f)	1/29
9	87	Ana PINEDA	FR	#3	St. Francis (Ill.)	3:17.85c	(3:20.01f)	2/13
10	89	Bailey WILK	FR	#3	St. Francis (Ill.)	3:19.13c	(3:21.30f)	2/13

Women's Mile

1	17	Daly GALLOWAY	JR	#3	St. Francis (Ill.)	5:14.05c	(5:17.15f)	1/30
2	23	Eva BRUNO	SR	#3	St. Francis (Ill.)	5:16.08c	(5:19.20f)	1/30
3	30	Laisha CORONA	SR	#3	St. Francis (Ill.)	5:21.15c	(5:24.32f)	1/30
4	43	Taylor WIDDER	JR	#1	Olivet Nazarene (	5:24.19c	(5:27.39f)	2/13
5	45	Michaela PIERONI	SO	#2	St. Ambrose (low.	5:25.08c	(5:28.29f)	2/6
6	46	Sabrina BAFTIRI	JR	#3	St. Francis (Ill.)	5:25.37c	(5:28.59f)	2/13
7	55	Elise CHAMPLIN	FR	#1	Olivet Nazarene (	5:27.26c	(5:30.49f)	2/13
8	66	Megan RAMSEY	FR	#3	St. Francis (Ill.)	5:28.46c	(5:31.71f)	1/30
9	71	Abigail GILMORE	SR	#1	Olivet Nazarene (	5:29.17c	(5:32.42f)	2/13
10	76	Marie MAYER	SR	#5	Judson (Ill.)	5:30.72c	(5:33.99f)	2/6

Women's 3000 Meters

1	19	Michaela PIERONI	SO	#2	St. Ambrose (low.	10:27.32c	(10:32.69f)	2/12
2	30	Bailey WILK	FR	#3	St. Francis (Ill.)	10:37.91c	(10:43.37f)	1/30
3	32	Sarai VARGAS	JR	#1	Olivet Nazarene (	10:40.23c	(10:45.71f)	1/30
4	33	Taylor WIDDER	JR	#1	Olivet Nazarene (	10:40.50c	(10:45.99f)	1/30
5	38	Megan GRADY	SR	#2	St. Ambrose (low.	10:42.99c	(10:48.50f)	1/16
6	49	Grace DWYER	SR	#6	Calumet St. Josep	10:50.30c	(10:55.87f)	2/5
7	51	Allison RAMSEY	FR	#3	St. Francis (Ill.)	10:51.07c	(10:56.65f)	1/30
8	59	Elise CHAMPLIN	FR	#1	Olivet Nazarene (	10:54.93c	(11:00.54f)	1/30
9	63	Emma DUNCAN	JR	#2	St. Ambrose (low.	10:57.11c	(11:02.74f)	2/12
10	71	Hannah BERDAHL	JR	#3	St. Francis (Ill.)	11:01.18c	(11:06.84f)	1/30



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Chicagoland

Women's 5000 Meters

1	28	Michaela PIERONI	SO	#2	St. Ambrose (low.	18:28.84c	(18:37.33f)	1/29
2	31	Megan GRADY	SR	#2	St. Ambrose (low.	18:38.47c	(18:47.03f)	1/29
3	46	Sarai VARGAS	JR	#1	Olivet Nazarene (	19:07.10c	(19:15.88f)	2/6
4	68	April VAN RYN	SR	#4	Trinity Christian (	19:30.29c	(19:39.25f)	1/29
5	94	Jessica MENDENHALL	JR	#2	St. Ambrose (low.	20:20.92c	(20:30.27f)	1/29
6		Jenni PARK	JR		Saint Xavier (Ill.)	21:09.42c	(21:19.14f)	2/5

Women's 3000m Race Walk

1	6	Nayeli CISNEROS	SR	#5	Judson (Ill.)	15:46.45 f		1/29
2	7	Maria ALARCON	JR	#5	Judson (Ill.)	15:47.65 f		1/29

Women's 60 Meter Hurdles

1	28	Linda GRIFFITH	FR	#1	Olivet Nazarene (	9.22		2/6
2	42	Leah ROSE	JR	#2	St. Ambrose (low.	9.39		2/12
3	54	Alyssa DOLAN	SO	#3	St. Francis (Ill.)	9.53		2/6
4	70	Gina MISEK	SO	#5	Judson (Ill.)	9.70		2/6
5	79	Meghann CULLEN	SR	#1	Olivet Nazarene (	9.78		2/13
6	91	Alexis VAN RYN	SR	#4	Trinity Christian (	9.90		1/29
7		Emma BETTS	FR	#1	Olivet Nazarene (	10.44		2/13
8		Hana HART	JR	#2	St. Ambrose (low.	10.45		2/12
9		Jasmine FREDERICK	SO	#1	Olivet Nazarene (	10.50		2/6
10		Abigail LYNN	FR	#1	Olivet Nazarene (	10.53		2/13

Women's 4x400 Relay

1	6	https://www.tfrrs.org/teams/11799	#1	Olivet Nazarene (	3:58.36c	(4:01.52f)	2/6
2	15	https://www.tfrrs.org/teams/32801	#3	St. Francis (Ill.)	4:04.26c	(4:07.50f)	2/6
3	52	https://www.tfrrs.org/teams/11239	#2	St. Ambrose (low.	4:26.08c	(4:29.61f)	2/12
4	57	https://www.tfrrs.org/teams/11233	#4	Trinity Christian (	4:30.86c	(4:34.45f)	1/16
5	60	https://www.tfrrs.org/teams/52644	#6	Calumet St. Josep	4:38.07c	(4:41.76f)	2/12
6	61	https://www.tfrrs.org/teams/63147	#5	Judson (Ill.)	4:38.57c	(4:42.26f)	1/16
7	68	https://www.tfrrs.org/teams/11241		Saint Xavier (Ill.)	4:46.75c	(4:50.55f)	2/13

Women's 4x800 Relay

1	2	https://www.tfrrs.org/teams/11799	#1	Olivet Nazarene (	9:34.15c	(9:40.77f)	2/13
2	21	https://www.tfrrs.org/teams/11241		Saint Xavier (Ill.)	10:22.06c	(10:29.23f)	2/13

Women's Distance Medley Relay

1	12	https://www.tfrrs.org/teams/11239	#2	St. Ambrose (low.	12:43.50c	(12:51.68f)	2/6
2	34	https://www.tfrrs.org/teams/11241		Saint Xavier (Ill.)	14:08.08c	(14:17.16f)	2/13

Women's High Jump

1	5	Lynette LATOCHA	JR	#1	Olivet Nazarene (	1.67m	5-5¾	2/6
2	19	Alyssa HORSTMAN	SO	#4	Trinity Christian (	1.60m	5-3	2/5
3	41	Madelyn CLAUSEN	SR	#4	Trinity Christian (	1.55m	5-1	1/16
4	54	Michaela HAYES	SR	#2	St. Ambrose (low.	1.53m	5-¼	2/6
5	76	Brooke HASS	SO	#2	St. Ambrose (low.	1.50m	4-11	1/22
6	96	Alexis VAN RYN	SR	#4	Trinity Christian (	1.47m	4-9¾	1/29
6	96	Melissa SANDERS	SO	#1	Olivet Nazarene (	1.47m	4-9¾	2/6
8		Hana HART	JR	#2	St. Ambrose (low.	1.46m	4-9½	2/12
9		Lilianna OLSEN	SO	#2	St. Ambrose (low.	1.44m	4-8¾	1/29
10		Gina MISEK	SO	#5	Judson (Ill.)	1.43m	4-8¼	2/6

Women's Pole Vault

1	34	Olivia EARL	FR	#1	Olivet Nazarene (	3.20m	10-6	1/30
1	34	Hannah SEARS	SR	#1	Olivet Nazarene (	3.20m	10-6	2/6
3	39	Alissa DESHANE	SR	#2	St. Ambrose (low.	3.12m	10-2¾	2/12
4	45	Madysin QUINN	SR	#1	Olivet Nazarene (	3.05m	10-0	2/13
4	45	Ellie SCHOON	FR	#1	Olivet Nazarene (	3.05m	10-0	1/30
6	66	Evelyn ODUM	SO	#3	St. Francis (Ill.)	2.75m	9-¼	2/6
6	66	Ande VEYDT	SO	#1	Olivet Nazarene (	2.75m	9-¼	1/30
8	81	Karleigh BARAN	FR	#1	Olivet Nazarene (	2.60m	8-6¼	1/30
9	86	Tara RYAN	FR	#2	St. Ambrose (low.	2.55m	8-4¼	1/29
10	91	Kelsey WEATHERFORD	SR	#2	St. Ambrose (low.	2.45m	8-½	1/16

Women's Long Jump

1	29	Abby CAMP	JR	#2	St. Ambrose (low.	5.38m	17-8	2/12
2	37	Lani HILLARD	SR	#2	St. Ambrose (low.	5.30m	17-4¾	1/22
3	59	Gina MISEK	SO	#5	Judson (Ill.)	5.16m	16-11¼	2/6
4	66	Mara BRUNO	FR	#3	St. Francis (Ill.)	5.14m	16-10½	1/30
5	81	Alexis VAN RYN	SR	#4	Trinity Christian (	5.07m	16-7¾	1/16
6	92	Madalyn OLTMAN	SO	#2	St. Ambrose (low.	5.03m	16-6	2/12
7		Meghann CULLEN	SR	#1	Olivet Nazarene (	4.97m	16-3¾	1/30
8		Leah ROSE	JR	#2	St. Ambrose (low.	4.80m	15-9	2/6
9		Madeline MANGANIELLO	JR	#1	Olivet Nazarene (	4.79m	15-8¾	2/6
10		Reaganne GRAFF	JR	#5	Judson (Ill.)	4.69m	15-4¾	1/29
10		Megan IFFT	JR	#3	St. Francis (Ill.)	4.69m	15-4¾	1/22
10		Hannah PARISEAU	FR	#1	Olivet Nazarene (	4.69m	15-4¾	2/13

Women's Triple Jump

1	67	Abby CAMP	JR	#2	St. Ambrose (low.	10.44m	34-3	1/16
2	69	Melissa SANDERS	SO	#1	Olivet Nazarene (	10.33m	33-10¾	2/13
3	87	Rosita PONCE	JR	#3	St. Francis (Ill.)	10.10m	33-1¾	2/13
4	90	Alexis VAN RYN	SR	#4	Trinity Christian (	10.06m	33-¼	2/5
5	99	Reaganne GRAFF	JR	#5	Judson (Ill.)	9.87m	32-4¾	2/6
6		Lani HILLARD	SR	#2	St. Ambrose (low.	9.86m	32-4¼	1/16
7		Lilianna OLSEN	SO	#2	St. Ambrose (low.	9.49m	31-1¾	1/22
8		Hannah PARISEAU	FR	#1	Olivet Nazarene (	9.47m	31-1	2/13



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Chicagoland

Women's Shot Put

1	17	Madelein ROBINSON	SR	#1	Olivet Nazarene (	12.75m	41-10	2/13
2	34	Annah MILLER	FR	#2	St. Ambrose (low.	12.27m	40-3¼	2/6
3	40	Lily ALSUM	FR	#4	Trinity Christian (	11.96m	39-3	1/29
4	73	Madison SIMPSON	FR		Saint Xavier (Ill.)	11.45m	37-6¾	2/13
5	95	Courtney HALL	SO	#1	Olivet Nazarene (	11.15m	36-7	2/13
6	98	Sara SMITH	JR	#2	St. Ambrose (low.	11.09m	36-4¾	2/12
7		Kayla MIKOTTIS	FR	#1	Olivet Nazarene (	10.63m	34-10½	2/6
8		Viktoria SUNDBERG	FR	#1	Olivet Nazarene (	10.21m	33-6	2/13
9		Anna DUNNE	SO	#2	St. Ambrose (low.	9.83m	32-3	1/29
10		Madeline MANGANIELLO	JR	#1	Olivet Nazarene (	9.41m	30-10½	1/30

Women's Weight Throw

1	22	Madelein ROBINSON	SR	#1	Olivet Nazarene (	15.53m	50-11½	2/6
2	38	Courtney HALL	SO	#1	Olivet Nazarene (	14.91m	48-11	2/6
3	85	Elizabeth TREADWAY	SO	#1	Olivet Nazarene (	13.34m	43-9¼	1/30
4		Colleen MURRAY	SR	#1	Olivet Nazarene (	12.83m	42-1¼	2/13
5		Lily ALSUM	FR	#4	Trinity Christian (	12.72m	41-8¾	1/29
6		Viktoria SUNDBERG	FR	#1	Olivet Nazarene (	11.89m	39-¼	2/13
7		Kayla MIKOTTIS	FR	#1	Olivet Nazarene (	11.75m	38-6¾	2/13
8		Jersey PANOCK	FR		Saint Xavier (Ill.)	11.69m	38-4¼	2/13
9		Jaryn PELLANT	SR	#1	Olivet Nazarene (	11.56m	37-11¼	2/6
9		Dariana ORTIZ	SO	#3	St. Francis (Ill.)	11.56m	37-11¼	2/13

Women's Pentathlon

1	34	Gina MISEK	SO	#5	Judson (Ill.)	2,659	1/29
2	38	Alexis VAN RYN	SR	#4	Trinity Christian (	2,606	1/29
3	64	Hana HART	JR	#2	St. Ambrose (low.	2,119	1/29
4	65	Reaganne GRAFF	JR	#5	Judson (Ill.)	2,057	1/29
5	73	Lilianna OLSEN	SO	#2	St. Ambrose (low.	1,725	1/29
6	78	Brooke HASS	SO	#2	St. Ambrose (low.	1,469	1/29



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Crossroads

Women's 60 Meters

1	13	Jocelynn BURTON	JR	#1	Marian (Ind.)	7.75	2/13
2	42	Nordia CAMPBELL	JR	#6	Grace (Ind.)	7.92	1/29
3	55	Sydni AUSBERRY	FR	#5	Huntington (Ind.)	7.99	1/22
3	55	Lyne CAMARA	SO	#6	Grace (Ind.)	7.99	2/13
5	58	Gracious O'CONNOR	FR	#6	Grace (Ind.)	8.00	2/5
6	63	Maria MALDONADO	FR	#7	Goshen (Ind.)	8.01	2/5
7	72	Michelle MORAITIS	JR	#2	Bethel (Ind.)	8.03	11/19
8	80	Missy EMERY	SR	#10	Mount Vernon Na	8.07	2/5
9	93	Alex MCFARLAND	SR	#4	Indiana Wesleyar	8.11	1/22
9	93	Jada BURTON	JR	#1	Marian (Ind.)	8.11	2/13

Women's 200 Meters

1	16	Nordia CAMPBELL	JR	#6	Grace (Ind.)	25.41 OT	2/13
2	17	Jocelynn BURTON	JR	#1	Marian (Ind.)	25.42 OT	2/13
3	28	Maria MALDONADO	FR	#7	Goshen (Ind.)	25.81c (26.21f)	2/5
4	29	Gracious O'CONNOR	FR	#6	Grace (Ind.)	25.82 OT	2/13
5	44	Erin OLESAK	SO	#1	Marian (Ind.)	26.06 OT	1/29
6	49	Lyne CAMARA	SO	#6	Grace (Ind.)	26.21 OT	1/29
7	64	Sarah MASCHINO	SR	#9	Spring Arbor (Mic	26.37c (26.78f)	2/5
8	68	Kailyn ELY	FR	#4	Indiana Wesleyar	26.39c (26.80f)	2/5
9	93	Jada BURTON	JR	#1	Marian (Ind.)	26.63 OT	2/13
10	99	Missy EMERY	SR	#10	Mount Vernon Na	26.67c (27.08f)	2/5

Women's 400 Meters

1	32	Jada BURTON	JR	#1	Marian (Ind.)	1:00.08c (1:00.87f)	1/23
2	35	Kayla KUNKEL	JR	#2	Bethel (Ind.)	1:00.18 OT	2/13
3	47	Eden SIPLES	SO	#3	Taylor (Ind.)	1:00.60c (1:01.40f)	2/5
4	69	Michelle MORAITIS	JR	#2	Bethel (Ind.)	1:01.58c (1:02.39f)	1/22
5	78	Julia MALSON	JR	#6	Grace (Ind.)	1:01.87c (1:02.69f)	2/5
6	86	Kailyn ELY	FR	#4	Indiana Wesleyar	1:02.13c (1:02.95f)	2/5
7	88	Ashley STOLTZFUS	JR	#6	Grace (Ind.)	1:02.19 OT	2/13
8		Kardia DUNAH	SR	#4	Indiana Wesleyar	1:03.20c (1:04.03f)	1/22
9		Taylor COLE	JR	#8	Saint Francis (Ind	1:03.36 OT	2/13
10		Olivia JEANETTE	FR	#3	Taylor (Ind.)	1:03.39c (1:04.23f)	2/5

Women's 600 Meters

1	4	Emma JANKOWSKI	SR	#2	Bethel (Ind.)	1:35.83c (1:37.00f)	2/5
2	28	Abbey BRENNAN	JR	#3	Taylor (Ind.)	1:40.50c (1:41.73f)	2/5
3	29	Annika FISHER	FR	#7	Goshen (Ind.)	1:40.58 OT	2/13
4	30	Taylor THOMAS	FR	#1	Marian (Ind.)	1:40.66 OT	2/13
5	35	Summer COOPER	FR	#7	Goshen (Ind.)	1:41.28c (1:42.52f)	2/5
6	44	Kaitlyn MACK	JR	#6	Grace (Ind.)	1:41.98 OT	1/29
7	64	Kelsey PECK	JR	#8	Saint Francis (Ind	1:44.25c (1:45.52f)	1/22
8	73	Kristina BAUM	FR	#8	Saint Francis (Ind	1:44.82c (1:46.10f)	2/5
9	76	Meg MCDONALD	FR	#5	Huntington (Ind.)	1:44.99c (1:46.27f)	2/5
10	78	Olivia JEANETTE	FR	#3	Taylor (Ind.)	1:45.08c (1:46.36f)	2/5

Women's 800 Meters

1	2	Emma JANKOWSKI	SR	#2	Bethel (Ind.)	2:14.40 OT	11/19
2	18	Summer COOPER	FR	#7	Goshen (Ind.)	2:19.11c (2:20.71f)	2/5
3	23	Abbey BRENNAN	JR	#3	Taylor (Ind.)	2:21.24 OT	1/29
4	31	Alex EBETINO	SO	#8	Saint Francis (Ind	2:22.54c (2:24.18f)	1/22
5	36	Annika FISHER	FR	#7	Goshen (Ind.)	2:23.29c (2:24.94f)	2/5
6	41	Heather PLASTOW	JR	#6	Grace (Ind.)	2:23.73c (2:25.38f)	1/22
7	44	Jill VANDYK	SR	#4	Indiana Wesleyar	2:24.36c (2:26.02f)	1/22
8	52	Jenna COUWENHOVEN	SO	#4	Indiana Wesleyar	2:25.54c (2:27.21f)	2/5
9	53	Morgan FARR	SO	#4	Indiana Wesleyar	2:25.59c (2:27.26f)	2/5
10	57	AnnaMarie MCKENZIE	SR	#4	Indiana Wesleyar	2:26.55c (2:28.24f)	2/5

Women's 1000 Meters

1	1	Emma WILSON	FR	#5	Huntington (Ind.)	2:56.27 OT	11/19
2	7	Emma JANKOWSKI	SR	#2	Bethel (Ind.)	2:58.94c (3:00.89f)	1/22
3	12	Sydney LAMBERT	FR	#5	Huntington (Ind.)	3:01.90 OT	11/19
4	13	Heather PLASTOW	JR	#6	Grace (Ind.)	3:01.96 OT	2/13
5	15	Alex EBETINO	SO	#8	Saint Francis (Ind	3:03.67c (3:05.67f)	2/5
6	19	Summer COOPER	FR	#7	Goshen (Ind.)	3:04.74c (3:06.75f)	1/22
7	42	Jill VANDYK	SR	#4	Indiana Wesleyar	3:09.09c (3:11.15f)	2/5
8	49	Olivia VON GUNTEN	JR	#5	Huntington (Ind.)	3:10.66 OT	11/19
9	50	Jessica CHOJNACKI	SR	#5	Huntington (Ind.)	3:10.70c (3:12.78f)	1/22
10	56	Morgan FORNEY	JR	#10	Mount Vernon Na	3:12.24c (3:14.33f)	2/5

Women's Mile

1	1	Emma WILSON	FR	#5	Huntington (Ind.)	4:54.35 OT	11/19
2	2	Emma JANKOWSKI	SR	#2	Bethel (Ind.)	4:56.89 OT	2/13
3	4	Alex EBETINO	SO	#8	Saint Francis (Ind	5:01.85 OT	2/13
4	6	Sydney LAMBERT	FR	#5	Huntington (Ind.)	5:06.92 OT	11/19
5	9	Annika FISHER	FR	#7	Goshen (Ind.)	5:10.41 OT	1/29
6	13	Heather PLASTOW	JR	#6	Grace (Ind.)	5:11.77 OT	1/29
7	14	Jessica CHOJNACKI	SR	#5	Huntington (Ind.)	5:12.02 OT	11/19
8	18	Summer COOPER	FR	#7	Goshen (Ind.)	5:14.25c (5:17.36f)	1/22
9	27	Jasmine HARPER	SR	#9	Spring Arbor (Mic	5:19.39c (5:22.55f)	2/12
10	28	Emily WESTRICK	SO	#9	Spring Arbor (Mic	5:20.05 OT	1/29

Women's 3000 Meters

1	1	Emma WILSON	FR	#5	Huntington (Ind.)	9:40.68c (9:45.65f)	2/5
2	4	Sarah HARDEN	SR	#3	Taylor (Ind.)	9:59.10c (10:04.23f)	2/5
3	6	Emma JANKOWSKI	SR	#2	Bethel (Ind.)	10:04.78c (10:09.96f)	2/5
4	7	Alex EBETINO	SO	#8	Saint Francis (Ind	10:05.56 OT	1/29
5	12	Saige NORRIS	JR	#5	Huntington (Ind.)	10:15.05 OT	11/19
6	13	Summer COOPER	FR	#7	Goshen (Ind.)	10:17.12 OT	2/13
7	14	Corinne O'LEARY	JR	#3	Taylor (Ind.)	10:25.11c (10:30.46f)	2/5
8	21	Heather PLASTOW	JR	#6	Grace (Ind.)	10:31.11c (10:36.52f)	2/5
9	25	Mallory HIATT	FR	#6	Grace (Ind.)	10:34.89 OT	1/29
10	29	Emily WESTRICK	SO	#9	Spring Arbor (Mic	10:37.43c (10:42.89f)	2/12



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Women's 5000 Meters

1	1	Sarah HARDEN	SR	#3	Taylor (Ind.)	17:23.48c (17:31.47f)	1/22
2	4	Emma WILSON	FR	#5	Huntington (Ind.)	17:33.26 OT	11/19
3	5	Alex EBETINO	SO	#8	Saint Francis (Ind)	17:33.65 OT	11/19
4	9	Olivia SCHRODER	SR	#3	Taylor (Ind.)	17:46.09c (17:54.25f)	2/5
5	25	Summer COOPER	FR	#7	Goshen (Ind.)	18:20.36 OT	11/19
6	30	Mallory HIATT	FR	#6	Grace (Ind.)	18:36.25c (18:44.79f)	1/22
7	36	Annika FISHER	FR	#7	Goshen (Ind.)	18:52.28 OT	11/19
8	41	Mollie GAMBLE	FR	#3	Taylor (Ind.)	19:02.13c (19:10.87f)	2/5
9	44	Catherine NEWHART	JR	#1	Marian (Ind.)	19:04.75 OT	2/13
10	62	Christina MAGERS	JR	#4	Indiana Wesleyan	19:22.65c (19:31.55f)	2/5

Women's 3000m Race Walk

1	10	Hayley BICKFORD	JR	#7	Goshen (Ind.)	16:39.93 OT	2/13
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Women's 60 Meter Hurdles

1	3	Erin OLEKSAK	SO	#1	Marian (Ind.)	8.82	2/13
2	9	Sarah MASCHINO	SR	#9	Spring Arbor (Mic	8.95	2/5
3	14	Patience SAKUEH	FR	#3	Taylor (Ind.)	8.99	1/22
4	45	Audrey ALTUM	SO	#3	Taylor (Ind.)	9.43	2/5
5	82	DeJae HUDSON	SO	#1	Marian (Ind.)	9.83	2/13
6	85	Lexa RICHARDSON	SR	#4	Indiana Wesleyan	9.85	2/5
7	99	Cailyn PENTECOST	FR	#2	Bethel (Ind.)	9.99	11/19
8		Michaela BARRETT	SO	#1	Marian (Ind.)	10.21	1/29
9		Laura JENKINS	JR	#9	Spring Arbor (Mic	10.35	2/5
9		Cassandra MCNAMARA	SO	#2	Bethel (Ind.)	10.35	1/22

Women's 4x400 Relay

1	7	https://www.tfrrs.org/teams/11245	#6	Grace (Ind.)	4:00.87 OT	2/13
2	12	https://www.tfrrs.org/teams/20216	#2	Bethel (Ind.)	4:03.29 OT	11/19
3	25	https://www.tfrrs.org/teams/11249	#1	Marian (Ind.)	4:11.71c (4:15.05f)	1/23
4	26	https://www.tfrrs.org/teams/11247	#4	Indiana Wesleyan	4:12.17c (4:15.51f)	1/22
5	36	https://www.tfrrs.org/teams/56466	#10	Mount Vernon Na	4:15.36c (4:18.75f)	2/12
6	39	https://www.tfrrs.org/teams/11251	#8	Saint Francis (Ind	4:17.86c (4:21.28f)	1/22
7	41	https://www.tfrrs.org/teams/11243	#7	Goshen (Ind.)	4:18.55c (4:21.98f)	2/5
8	43	https://www.tfrrs.org/teams/11257	#9	Spring Arbor (Mic	4:19.14c (4:22.58f)	1/22
9	46	https://www.tfrrs.org/teams/3602	#5	Huntington (Ind.)	4:20.90c (4:24.36f)	1/22

Women's 4x800 Relay

1	4	https://www.tfrrs.org/teams/3602	#5	Huntington (Ind.)	9:35.17 OT	11/19
2	6	https://www.tfrrs.org/teams/11253	#3	Taylor (Ind.)	9:37.80c (9:44.46f)	1/22
3	7	https://www.tfrrs.org/teams/11251	#8	Saint Francis (Ind	9:49.69c (9:56.49f)	1/22
4	10	https://www.tfrrs.org/teams/11243	#7	Goshen (Ind.)	9:53.23c (10:00.07f)	1/22
5	14	https://www.tfrrs.org/teams/11247	#4	Indiana Wesleyan	10:07.82c (10:14.83f)	2/5
6	19	https://www.tfrrs.org/teams/11245	#6	Grace (Ind.)	10:20.34c (10:27.49f)	2/5
7	25	https://www.tfrrs.org/teams/11249	#1	Marian (Ind.)	10:35.56 OT	1/29
8	26	https://www.tfrrs.org/teams/11257	#9	Spring Arbor (Mic	10:50.09c (10:57.58f)	1/22

Women's Distance Medley Relay

1	1	https://www.tfrrs.org/teams/3602	#5	Huntington (Ind.)	12:09.94c (12:17.76f)	2/5
2	2	https://www.tfrrs.org/teams/11253	#3	Taylor (Ind.)	12:23.05c (12:31.01f)	2/5
3	5	https://www.tfrrs.org/teams/11243	#7	Goshen (Ind.)	12:24.99c (12:32.97f)	2/5
4	10	https://www.tfrrs.org/teams/11247	#4	Indiana Wesleyan	12:39.87c (12:48.01f)	2/5
5	20	https://www.tfrrs.org/teams/56466	#10	Mount Vernon Na	13:11.21c (13:19.68f)	2/5
6	25	https://www.tfrrs.org/teams/11251	#8	Saint Francis (Ind	13:30.91c (13:39.59f)	2/5

Women's High Jump

1	1	Erin OLEKSAK	SO	#1	Marian (Ind.)	1.74m 5-8½	2/13
2	2	Kyara BLACK	JR	#9	Spring Arbor (Mic	1.71m 5-7¼	2/5
3	41	Jai-Lyn NORWOOD	JR	#1	Marian (Ind.)	1.55m 5-1	1/23
3	41	Kenley BLAKE	SO	#3	Taylor (Ind.)	1.55m 5-1	2/5
3	41	Lisa RUFFIN	JR	#2	Bethel (Ind.)	1.55m 5-1	2/5
6	54	Cailyn PENTECOST	FR	#2	Bethel (Ind.)	1.53m 5-¼	11/19
7	76	Harley BOOCHER	SO	#2	Bethel (Ind.)	1.50m 4-11	2/5
8		Michaela BARRETT	SO	#1	Marian (Ind.)	1.40m 4-7	1/23
8		Briana SCHANKE	JR	#2	Bethel (Ind.)	1.40m 4-7	2/5
10		Avery ADKINS	FR	#10	Mount Vernon Na	1.32m 4-4	2/12

Women's Pole Vault

1	13	Jada PARZYGNOT	SO	#2	Bethel (Ind.)	3.52m 11-6½	11/19
2	17	Sandy SLEDGE	JR	#1	Marian (Ind.)	3.45m 11-3¾	2/13
3	23	Celeste KUCK	JR	#4	Indiana Wesleyan	3.35m 10-11¾	2/13
4	26	Jael WOOD	FR	#2	Bethel (Ind.)	3.30m 10-9¾	11/19
5	28	Crystal TOVAR	SR	#9	Spring Arbor (Mic	3.27m 10-8¾	2/5
6	36	Grace MCINTYRE	JR	#1	Marian (Ind.)	3.15m 10-4	1/29
7	39	Keirstin PIATT	FR	#1	Marian (Ind.)	3.12m 10-2¾	1/23
8	42	Teagan BIXLER	FR	#1	Marian (Ind.)	3.10m 10-2	2/13
9	59	Abby KARNES	JR	#4	Indiana Wesleyan	2.95m 9-8	2/13
10	73	Davita MATER	SR	#9	Spring Arbor (Mic	2.67m 8-9	1/22
10	73	Erin CHAMPLIN	JR	#4	Indiana Wesleyan	2.67m 8-9	1/22



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Women's Long Jump

1	14	Patience SAKEUH	FR	#3	Taylor (Ind.)	5.55m	18-2½	1/29
1	14	Erin OLEKSAK	SO	#1	Marian (Ind.)	5.55m	18-2½	2/13
3	55	Jai-Lyn NORWOOD	JR	#1	Marian (Ind.)	5.17m	16-11½	1/29
4	76	Crystal TOVAR	SR	#9	Spring Arbor (Mic	5.10m	16-8¾	1/22
5	92	DeJae HUDSON	SO	#1	Marian (Ind.)	5.03m	16-6	2/13
6		Brooke RUSSELL	FR	#3	Taylor (Ind.)	4.98m	16-4¼	1/22
7		Lexie MORIARITY	SO	#8	Saint Francis (Ind	4.97m	16-3¾	1/22
8		Hannah CARUANA	FR	#3	Taylor (Ind.)	4.96m	16-3¼	1/22
9		Jada PARZYGNOT	SO	#2	Bethel (Ind.)	4.84m	15-10½	1/22
10		Malerie MECH	SR	#2	Bethel (Ind.)	4.83m	15-10¼	11/19

Women's Triple Jump

1	12	Naomi WALTERS	FR	#1	Marian (Ind.)	11.44m	37-6½	2/13
2	35	Jai-Lyn NORWOOD	JR	#1	Marian (Ind.)	10.79m	35-4¾	2/13
3	53	Crystal TOVAR	SR	#9	Spring Arbor (Mic	10.61m	34-9¾	2/5
4	57	Brooke RUSSELL	FR	#3	Taylor (Ind.)	10.55m	34-7½	2/5
5	77	Lexie MORIARITY	SO	#8	Saint Francis (Ind	10.19m	33-5¼	1/22
6	82	Lisa RUFFIN	JR	#2	Bethel (Ind.)	10.13m	33-3	11/19
7	89	Hannah CARUANA	FR	#3	Taylor (Ind.)	10.07m	33-½	1/22

Women's Shot Put

1	4	Paige SUTTER	SR	#4	Indiana Wesleyan	13.59m	44-7	2/5
2	10	Kasey KEITH	SR	#10	Mount Vernon Na	13.15m	43-1¾	1/29
3	12	Gloria DEAN	SR	#4	Indiana Wesleyan	13.00m	42-8	2/5
4	17	Taylor WATERWAY	SO	#4	Indiana Wesleyan	12.75m	41-10	2/5
5	30	Markala BARNES	FR	#2	Bethel (Ind.)	12.41m	40-8¾	1/22
6	48	Madison KAUFFMAN	SO	#2	Bethel (Ind.)	11.84m	38-10¼	2/5
7	63	Cailyn PENTECOST	FR	#2	Bethel (Ind.)	11.57m	37-11½	11/19
8	67	Grace VANDER HILL	FR	#9	Spring Arbor (Mic	11.52m	37-9½	2/5
9	70	Arcadia WOODS	JR	#2	Bethel (Ind.)	11.48m	37-8	11/19
10	75	Chloe MILLER	SO	#4	Indiana Wesleyan	11.41m	37-5¼	2/5

Women's Weight Throw

1	10	Gloria DEAN	SR	#4	Indiana Wesleyan	16.30m	53-5¾	2/5
2	13	Suzette RODRIGUEZ	SR	#7	Goshen (Ind.)	16.04m	52-7½	1/29
3	17	Paige SUTTER	SR	#4	Indiana Wesleyan	15.76m	51-8½	2/5
4	37	Natalie COTHERMAN	SR	#4	Indiana Wesleyan	15.01m	49-3	2/5
5	39	Madison KAUFFMAN	SO	#2	Bethel (Ind.)	14.90m	48-10¾	2/5
6	52	Grace VANDER HILL	FR	#9	Spring Arbor (Mic	14.36m	47-1½	2/5
7	62	Kasey KEITH	SR	#10	Mount Vernon Na	14.07m	46-2	1/29
8		Keeley HUGHES	FR	#1	Marian (Ind.)	12.96m	42-6¼	1/29
9		August PENGELLY	JR	#8	Saint Francis (Ind	12.88m	42-3¼	2/12
10		Arcadia WOODS	JR	#2	Bethel (Ind.)	12.69m	41-7¾	11/19

Women's Pentathlon

1	18	Cailyn PENTECOST	FR	#2	Bethel (Ind.)	3,034		11/19
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GPAC

Women's 60 Meters

1	8	Daisy MAESSNER	JR	#2	Hastings (Neb.)	7.70	2/5
2	21	Julyah WILSON	JR	#2	Hastings (Neb.)	7.84	1/29
3	22	Karsen SEARS	JR	#2	Hastings (Neb.)	7.85	2/5
4	32	Betsy RIDOUT	JR	#5	Morningside (Iowa)	7.90	2/6
4	32	Lindsey FLAMMANG	SR	#5	Morningside (Iowa)	7.90	2/6
6	42	Cora OLSON	JR	#1	Concordia (Neb.)	7.92	12/4
7	58	Lydia GERBER	SR	#8	Dakota Wesleyan	8.00	2/12
8	68	MacKenzie BRANDL	SR	#4	Doane (Neb.)	8.02	1/22
9	72	Caitlin OSTBYE	FR	#6	Northwestern (Iowa)	8.03	2/5
10	77	Emma BAKKER	JR	#3	Dordt (Iowa)	8.06	(7.48(55)) 11/21

Women's 200 Meters

1	22	Emma BAKKER	JR	#3	Dordt (Iowa)	25.53c	(25.92f) 11/21
2	25	MacKenzie BRANDL	SR	#4	Doane (Neb.)	25.69c	(26.09f) 2/5
3	32	Julyah WILSON	JR	#2	Hastings (Neb.)	25.83c	(26.23f) 2/13
4	37	Nicole HARMS	SO	#4	Doane (Neb.)	25.89c	(26.29f) 2/13
5	39	Karsen SEARS	JR	#2	Hastings (Neb.)	25.92c	(26.32f) 2/5
6	40	Cora OLSON	JR	#1	Concordia (Neb.)	25.94c	(26.34f) 12/4
7	41	Betsy RIDOUT	JR	#5	Morningside (Iowa)	25.96c	(26.36f) 2/6
8	49	Daisy MAESSNER	JR	#2	Hastings (Neb.)	26.21c	(26.61f) 2/5
9	55	Caitlin OSTBYE	FR	#6	Northwestern (Iowa)	26.26c	(26.66f) 2/12
10	57	Hannah MULLIGAN	JR	#1	Concordia (Neb.)	26.27c	(26.67f) 2/13

Women's 400 Meters

1	1	Rachel BATTERSHELL	JR	#1	Concordia (Neb.)	56.44c	(57.19f) 2/13
2	2	Emma BAKKER	JR	#3	Dordt (Iowa)	56.67c	(57.42f) 12/4
3	8	Lauren TAMAYO	JR	#2	Hastings (Neb.)	57.74c	(58.50f) 2/5
4	9	Sarah LEWIS	JR	#1	Concordia (Neb.)	57.99c	(58.76f) 2/5
5	11	Mika KOOISTRA	JR	#3	Dordt (Iowa)	58.19c	(58.96f) 2/12
6	12	Anmarie STUIT	JR	#3	Dordt (Iowa)	58.23c	(59.00f) 12/4
7	16	Julyah WILSON	JR	#2	Hastings (Neb.)	58.59c	(59.36f) 2/5
8	17	Betsy RIDOUT	JR	#5	Morningside (Iowa)	58.82c	(59.60f) 2/12
9	20	MacKenzie BRANDL	SR	#4	Doane (Neb.)	59.23c	(1:00.01f) 2/13
10	25	Calli DAVIS	FR	#7	Mount Marty (S.D.)	59.65c	(1:00.44f) 2/6

Women's 600 Meters

1	1	Mika KOOISTRA	JR	#3	Dordt (Iowa)	1:34.55c	(1:35.70f) 2/6
2	2	Annika RICK	SR	#3	Dordt (Iowa)	1:34.63c	(1:35.79f) 2/6
3	5	Rachel BATTERSHELL	JR	#1	Concordia (Neb.)	1:35.93c	(1:37.10f) 1/29
4	6	Anmarie STUIT	JR	#3	Dordt (Iowa)	1:36.12c	(1:37.29f) 1/29
5	9	Jacee PFEIFER	JR	#1	Concordia (Neb.)	1:36.75c	(1:37.93f) 1/16
6	10	Veronica PINKERTON	FR	#2	Hastings (Neb.)	1:37.13c	(1:38.32f) 1/29
7	11	Keri BAUER	FR	#1	Concordia (Neb.)	1:37.39c	(1:38.58f) 2/5
8	13	Meghan ORR	JR	#10	Jamestown (N.D.)	1:37.69c	(1:38.88f) 1/29
9	19	Annika PINGEL	JR	#4	Doane (Neb.)	1:39.37c	(1:40.58f) 1/16
10	21	Jo MCKIBBEN	JR	#5	Morningside (Iowa)	1:39.61c	(1:40.83f) 2/6

Women's 800 Meters

1	1	Emalee FUNDERMANN	SR	#5	Morningside (Iowa)	2:13.38c	(2:14.91f) 2/12
2	8	Mika KOOISTRA	JR	#3	Dordt (Iowa)	2:16.32c	(2:17.89f) 1/23
3	9	Annika RICK	SR	#3	Dordt (Iowa)	2:16.53c	(2:18.10f) 2/12
4	11	Veronica PINKERTON	FR	#2	Hastings (Neb.)	2:17.53c	(2:19.11f) 12/4
5	13	Payton BOER	SR	#5	Morningside (Iowa)	2:18.23c	(2:19.82f) 1/29
6	17	Bethany TEN HAKEN	SO	#3	Dordt (Iowa)	2:18.95c	(2:20.55f) 1/29
7	19	Jo MCKIBBEN	JR	#5	Morningside (Iowa)	2:19.38c	(2:20.98f) 1/29
8	20	Annika PINGEL	JR	#4	Doane (Neb.)	2:19.76c	(2:21.37f) 1/29
9	24	Vivian SANCHEZ	SR	#9	Midland (Neb.)	2:21.44c	(2:23.07f) 2/13
10	25	Rylee HAECKER	FR	#1	Concordia (Neb.)	2:21.59c	(2:23.22f) 1/29

Women's 1000 Meters

1	2	Emalee FUNDERMANN	SR	#5	Morningside (Iowa)	2:56.42c	(2:58.34f) 1/29
2	5	Kylahn HERITAGE	SO	#1	Concordia (Neb.)	2:58.02c	(2:59.96f) 2/13
3	8	Rylee HAECKER	FR	#1	Concordia (Neb.)	2:59.65c	(3:01.61f) 2/5
4	14	Jo MCKIBBEN	JR	#5	Morningside (Iowa)	3:03.42c	(3:05.42f) 2/12
5	21	Veronica PINKERTON	FR	#2	Hastings (Neb.)	3:05.03c	(3:07.05f) 1/9
6	22	Payton BOER	SR	#5	Morningside (Iowa)	3:05.35c	(3:07.37f) 2/6
7	23	Jessica KAMPMAN	SO	#3	Dordt (Iowa)	3:05.44c	(3:07.46f) 2/12
8	24	Madison GERKEN	FR	#2	Hastings (Neb.)	3:05.86c	(3:07.89f) 2/5
9	27	Annika PINGEL	JR	#4	Doane (Neb.)	3:06.15c	(3:08.18f) 1/22
10	28	Grace REIMAN	FR	#1	Concordia (Neb.)	3:06.33c	(3:08.36f) 2/13

Women's Mile

1	7	Kylahn HERITAGE	SO	#1	Concordia (Neb.)	5:07.57c	(5:10.61f) 2/5
2	11	Madison GERKEN	FR	#2	Hastings (Neb.)	5:11.53c	(5:14.61f) 2/5
3	12	Emalee FUNDERMANN	SR	#5	Morningside (Iowa)	5:11.65c	(5:14.73f) 2/6
4	15	Kristine HONOMICHL	SO	#5	Morningside (Iowa)	5:12.94c	(5:16.03f) 1/29
5	26	Jessica KAMPMAN	SO	#3	Dordt (Iowa)	5:19.32c	(5:22.48f) 2/6
6	33	Rylee HAECKER	FR	#1	Concordia (Neb.)	5:22.52c	(5:25.71f) 2/13
7	42	Hunter KOEPKE	SR	#6	Northwestern (Iowa)	5:24.10c	(5:27.30f) 2/5
8	48	Grace REIMAN	FR	#1	Concordia (Neb.)	5:25.57c	(5:28.79f) 1/16
9	52	Taylor ANEMA	FR	#3	Dordt (Iowa)	5:26.37c	(5:29.60f) 2/6
10	54	Anika HOMAN	FR	#3	Dordt (Iowa)	5:26.91c	(5:30.14f) 2/12

Women's 3000 Meters

1	15	Kristine HONOMICHL	SO	#5	Morningside (Iowa)	10:26.32c	(10:31.69f) 1/23
2	17	Taylor ANEMA	FR	#3	Dordt (Iowa)	10:27.23c	(10:32.60f) 1/23
3	18	Jordan BOS	SR	#3	Dordt (Iowa)	10:27.29c	(10:32.66f) 12/4
4	23	Eden WINSLOW	JR	#3	Dordt (Iowa)	10:34.27c	(10:39.70f) 1/23
5	46	Hunter KOEPKE	SR	#6	Northwestern (Iowa)	10:49.13c	(10:54.69f) 1/23
6	55	Amie MARTIN	SO	#1	Concordia (Neb.)	10:52.56c	(10:58.15f) 2/13
7	56	Anika HOMAN	FR	#3	Dordt (Iowa)	10:53.65c	(10:59.25f) 2/6
8	57	Anna TEIGLAND	SR	#6	Northwestern (Iowa)	10:53.78c	(10:59.38f) 1/23
9	58	Kylahn HERITAGE	SO	#1	Concordia (Neb.)	10:54.28c	(10:59.88f) 1/29
10	60	Sydney CLARK	SR	#1	Concordia (Neb.)	10:54.95c	(11:00.56f) 1/29



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Women's 5000 Meters

1	11	Taylor ANEMA	FR	#3	Dordt (Iowa)	17:50.24c	(17:58.43f)	11/21
2	12	Jordan BOS	SR	#3	Dordt (Iowa)	17:51.98c	(18:00.19f)	11/21
3	17	Jessica KAMPMAN	SO	#3	Dordt (Iowa)	18:01.67c	(18:09.95f)	11/21
4	18	Eden WINSLOW	JR	#3	Dordt (Iowa)	18:03.75c	(18:12.05f)	11/21
5	32	Kylahn HERITAGE	SO	#1	Concordia (Neb.)	18:43.29c	(18:51.89f)	1/22
6	34	Sydney CLARK	SR	#1	Concordia (Neb.)	18:49.60c	(18:58.25f)	2/5
7	40	Hunter KOEPKE	SR	#6	Northwestern (Iowa)	18:59.77c	(19:08.49f)	1/29
8	51	Amie MARTIN	SO	#1	Concordia (Neb.)	19:10.73c	(19:19.54f)	2/5
9	54	Brenna TOLKAMP	JR	#3	Dordt (Iowa)	19:14.36c	(19:23.20f)	11/21
10	56	Lydia COOK	SR	#1	Concordia (Neb.)	19:15.49c	(19:24.33f)	2/5

Women's 3000m Race Walk

1	13	Savannah CONGROVE	JR	#2	Hastings (Neb.)	19:02.34 OT		2/13
2	19	Olivia NELSON	JR	#2	Hastings (Neb.)	20:58.41 OT		2/13
3	20	Carley DAVIS	FR	#2	Hastings (Neb.)	21:07.69 OT		2/13

Women's 60 Meter Hurdles

1	4	Lauren TAMAYO	JR	#2	Hastings (Neb.)	8.83		2/5
2	7	Sarah LEWIS	JR	#1	Concordia (Neb.)	8.88		2/5
3	9	Rachel BATTERSHELL	JR	#1	Concordia (Neb.)	8.95		2/5
3	9	Nisa THOMAS	FR	#2	Hastings (Neb.)	8.95		2/13
5	24	Stephanie FAULHABER	SR	#7	Mount Marty (S.D.)	9.12		2/6
6	27	Nicole HARMS	SO	#4	Doane (Neb.)	9.20		2/13
7	33	Kaylee BOYLE	JR	#1	Concordia (Neb.)	9.31		2/5
8	34	Dayris BONILLAS	SR	#2	Hastings (Neb.)	9.32		1/29
9	36	Allison BIRKS	SR	#6	Northwestern (Iowa)	9.35		2/5
10	38	Emily LOY	SR	#1	Concordia (Neb.)	9.37		1/22
10	38	Amy RICHERT	FR	#1	Concordia (Neb.)	9.37		12/4

Women's 4x400 Relay

1	2	https://www.tfrrs.org/teams/4934	#3	Dordt (Iowa)	3:52.86c	(3:55.95f)	11/21
2	4	https://www.tfrrs.org/teams/6199	#1	Concordia (Neb.)	3:54.37c	(3:57.48f)	2/5
3	8	https://www.tfrrs.org/teams/1855	#2	Hastings (Neb.)	4:01.20c	(4:04.40f)	1/29
4	10	https://www.tfrrs.org/teams/1827	#4	Doane (Neb.)	4:02.64c	(4:05.86f)	1/29
5	11	https://www.tfrrs.org/teams/11201	#7	Mount Marty (S.D.)	4:03.17c	(4:06.39f)	2/12
6	14	https://www.tfrrs.org/teams/11199	#5	Morningside (Iowa)	4:03.99c	(4:07.22f)	2/6
7	21	https://www.tfrrs.org/teams/11203	#6	Northwestern (Iowa)	4:08.61c	(4:11.91f)	2/5
8	50	https://www.tfrrs.org/teams/18984	#10	Jamestown (N.D.)	4:24.83c	(4:30.26u)	1/22
9	67	https://www.tfrrs.org/teams/10375	#8	Dakota Wesleyan	4:46.53c	(4:50.33f)	1/15
10	72	https://www.tfrrs.org/teams/5700	#11	Briar Cliff (Iowa)	4:51.65c	(4:55.52f)	1/29

Women's 4x800 Relay

1	1	https://www.tfrrs.org/teams/11199	#5	Morningside (Iowa)	9:25.82c	(9:32.34f)	12/4
2	5	https://www.tfrrs.org/teams/6199	#1	Concordia (Neb.)	9:37.74c	(9:44.40f)	1/22
3	12	https://www.tfrrs.org/teams/1855	#2	Hastings (Neb.)	9:57.22c	(10:04.10f)	2/13
4	27	https://www.tfrrs.org/teams/11201	#7	Mount Marty (S.D.)	10:54.03c	(11:01.57f)	1/29
5	30	https://www.tfrrs.org/teams/11214		College of Saint Mary	11:01.80c	(11:09.43f)	1/16
6	42	https://www.tfrrs.org/teams/5700	#11	Briar Cliff (Iowa)	12:33.92c	(12:42.61f)	1/29

Women's Distance Medley Relay

1	3	https://www.tfrrs.org/teams/4934	#3	Dordt (Iowa)	12:24.07c	(12:32.04f)	2/12
2	4	https://www.tfrrs.org/teams/6199	#1	Concordia (Neb.)	12:24.63c	(12:32.60f)	1/29
3	15	https://www.tfrrs.org/teams/1855	#2	Hastings (Neb.)	12:51.84c	(13:00.11f)	2/13
4	24	https://www.tfrrs.org/teams/3647	#9	Midland (Neb.)	13:27.25c	(13:35.89f)	1/29
5	35	https://www.tfrrs.org/teams/10375	#8	Dakota Wesleyan	14:08.70c	(14:17.79f)	2/12
6	37	https://www.tfrrs.org/teams/11201	#7	Mount Marty (S.D.)	14:13.19c	(14:22.33f)	2/12

Women's High Jump

1	5	Lauren TAMAYO	JR	#2	Hastings (Neb.)	1.67m	5-5¾	2/13
2	7	Amy RICHERT	FR	#1	Concordia (Neb.)	1.66m	5-5¼	1/16
3	11	Sarah THEILER	FR	#4	Doane (Neb.)	1.63m	5-4¼	1/16
4	15	Sarah DE HAAN	SR	#3	Dordt (Iowa)	1.62m	5-3¾	2/12
5	19	Isabelle WATSON	SR	#4	Doane (Neb.)	1.60m	5-3	12/4
5	19	Lia GUIGUI	SR	#8	Dakota Wesleyan	1.60m	5-3	11/21
7	23	Grace REIMER	FR	#1	Concordia (Neb.)	1.59m	5-2½	2/13
8	33	Cori DE JONG	JR	#3	Dordt (Iowa)	1.57m	5-1¾	2/12
8	33	Kaylynn RIDGELY	FR	#6	Northwestern (Iowa)	1.57m	5-1¾	2/12
10	37	Lindsey CRAIG	SO	#6	Northwestern (Iowa)	1.56m	5-1¼	12/4

Women's Pole Vault

1	2	Josie PUELZ	SO	#1	Concordia (Neb.)	4.08m	13-4½	2/5
2	3	Abigail COLLINGHAM	SR	#2	Hastings (Neb.)	3.92m	12-10¼	2/13
3	6	Tiersa DARLEY	SR	#2	Hastings (Neb.)	3.68m	12-¾	2/13
4	7	Josie PETERSON	SR	#2	Hastings (Neb.)	3.66m	12-0	1/29
4	7	Kylee EDMONDS	SO	#9	Midland (Neb.)	3.66m	12-0	2/6
6	9	Alyssa DOWNS	SR	#4	Doane (Neb.)	3.60m	11-9¾	2/13
7	11	Anna BAACK	SR	#1	Concordia (Neb.)	3.56m	11-8	1/29
8	12	Amira CUMMINGS	FR	#1	Concordia (Neb.)	3.55m	11-7¾	1/22
9	13	Wendy VAN NES	FR	#9	Midland (Neb.)	3.52m	11-6½	2/13
9	13	Erin MAPSON	JR	#1	Concordia (Neb.)	3.52m	11-6½	2/13



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Women's Long Jump

1	6	Karsen SEARS	JR	#2	Hastings (Neb.)	5.80m	19-½	2/5
2	7	Daisy MAESSNER	JR	#2	Hastings (Neb.)	5.74m	18-10	1/29
3	8	Katie SEVERT	SO	#1	Concordia (Neb.)	5.67m	18-7¼	12/4
4	9	Jamey BROMAN	JR	#1	Concordia (Neb.)	5.61m	18-5	12/4
5	10	Lauren TAMAYO	JR	#2	Hastings (Neb.)	5.60m	18-4½	2/5
6	12	Nicole HARMS	SO	#4	Doane (Neb.)	5.56m	18-3	2/13
7	17	Cora OLSON	JR	#1	Concordia (Neb.)	5.51m	18-1	12/4
8	26	Emily LOY	SR	#1	Concordia (Neb.)	5.41m	17-9	12/4
9	29	Allison BIRKS	SR	#6	Northwestern (Iowa)	5.38m	17-8	1/29
10	32	Jessica KUCHERA	FR	#10	Jamestown (N.D.)	5.34m	17-6¼	1/22
10	32	Lydia GERBER	SR	#8	Dakota Wesleyan	5.34m	17-6¼	1/15

Women's Triple Jump

1	9	Daisy MAESSNER	JR	#2	Hastings (Neb.)	11.53m	37-10	1/29
2	10	Lydia GERBER	SR	#8	Dakota Wesleyan	11.52m	37-9½	2/5
3	33	Lauren THEILER	SR	#4	Doane (Neb.)	10.81m	35-5¾	2/5
4	36	Karsen SEARS	JR	#2	Hastings (Neb.)	10.78m	35-4½	1/29
5	38	Taylor MOES	SO	#1	Concordia (Neb.)	10.77m	35-4	12/4
6	49	Jaelyn DRAGT	FR	#3	Dordt (Iowa)	10.69m	35-1	2/6
6	49	Cora OLSON	JR	#1	Concordia (Neb.)	10.69m	35-1	2/13
8	51	Adrianna SIMS	JR	#1	Concordia (Neb.)	10.68m	35-½	12/4
9	58	Ashley VANDERMEER	SO	#3	Dordt (Iowa)	10.54m	34-7	2/6
10	66	Jessica KUCHERA	FR	#10	Jamestown (N.D.)	10.46m	34-4	1/15

Women's Shot Put

1	3	Allison SKALA	SO	#4	Doane (Neb.)	13.81m	45-3¾	2/13
2	7	Elle LUEHR	SO	#1	Concordia (Neb.)	13.35m	43-9¾	2/5
3	11	Brianna HUNTER	SR	#11	Briar Cliff (Iowa)	13.05m	42-9¾	2/12
4	13	Abigail GERBER	FR	#1	Concordia (Neb.)	12.99m	42-7½	2/5
5	19	Gracie BONENBERGER	SO	#2	Hastings (Neb.)	12.74m	41-9¾	12/4
6	20	Anna BROCK	SO	#10	Jamestown (N.D.)	12.71m	41-8½	1/9
7	21	MaKenzie PETERS	JR	#2	Hastings (Neb.)	12.70m	41-8	1/16
8	22	Jordyn ANDERSON	JR	#1	Concordia (Neb.)	12.64m	41-5¾	2/13
9	24	Hallie HALLOCK	JR	#7	Mount Marty (S.D.)	12.57m	41-3	2/6
10	25	Madison SUTTON	FR	#4	Doane (Neb.)	12.55m	41-2¼	2/5

Women's Weight Throw

1	3	MaKenzie PETERS	JR	#2	Hastings (Neb.)	17.42m	57-2	1/22
2	4	Morgan DE JONG	SR	#1	Concordia (Neb.)	17.34m	56-10¾	1/29
3	5	Sarah RAGLAND	SR	#1	Concordia (Neb.)	16.77m	55-¼	2/5
4	6	Kiara ANDERSON	SO	#2	Hastings (Neb.)	16.75m	54-11½	2/13
5	8	Madison SUTTON	FR	#4	Doane (Neb.)	16.54m	54-3¼	2/13
6	9	Morgan TAFT	SO	#8	Dakota Wesleyan	16.35m	53-7¾	2/12
7	15	Olivia BUSCHOW	SO	#1	Concordia (Neb.)	15.98m	52-5¼	2/5
8	16	Joey STENSON	JR	#4	Doane (Neb.)	15.77m	51-9	12/4
9	20	Jessa EDEN	SO	#2	Hastings (Neb.)	15.64m	51-3¾	1/22
10	26	Jordyn ANDERSON	JR	#1	Concordia (Neb.)	15.35m	50-4½	12/4
10	26	Elle LUEHR	SO	#1	Concordia (Neb.)	15.35m	50-4½	12/4

Women's Pentathlon

1	2	Lauren TAMAYO	JR	#2	Hastings (Neb.)	3,478	1/29
2	7	Nicole HARMS	SO	#4	Doane (Neb.)	3,256	1/29
3	10	Emily LOY	SR	#1	Concordia (Neb.)	3,188	1/29
4	12	Amy RICHERT	FR	#1	Concordia (Neb.)	3,158	12/4
5	13	Kennedy MOGUL	SR	#1	Concordia (Neb.)	3,133	12/4
6	15	Allison BIRKS	SR	#6	Northwestern (Iowa)	3,118	1/29
7	17	Stephanie FAULHABER	SR	#7	Mount Marty (S.D.)	3,059	2/6
8	23	Rylee RICE	FR	#4	Doane (Neb.)	2,848	1/29
9	24	Natalya WELLS	FR	#1	Concordia (Neb.)	2,837	12/4
10	26	Kaylee BOYLE	JR	#1	Concordia (Neb.)	2,788	1/29



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Women's 60 Meters

1	19	Corrssia PERRY	SO	#6	Sterling (Kan.)	7.83	2/6
2	51	Adia VAUGHN	SR	#5	Ottawa (Kan.)	7.98	2/6
3	58	Molly WATSON	FR	#3	Kansas Wesleyan	8.00	1/22
4	63	Jayda COOPER	SR	#2	Saint Mary (Kan.)	8.01	1/16
5	68	Maria BOTELLA MANICH	FR	#1	Friends (Kan.)	8.02	1/9
6	89	Aaliyah TARVER	FR	#6	Sterling (Kan.)	8.10	2/6
7	98	Bethany MASTERS	SO	#8	McPherson (Kan.)	8.12	2/6
8		Kaitlynn MASSEY	SO	#1	Friends (Kan.)	8.21	1/9
9		Alexis HILL	FR	#4	Tabor (Kan.)	8.29	2/6
10		Elaina HENDERSON	SR	#1	Friends (Kan.)	8.31	1/9

Women's 200 Meters

1	10	Corrssia PERRY	SO	#6	Sterling (Kan.)	24.93c	(25.31f)	1/22
2	47	Maria BOTELLA MANICH	FR	#1	Friends (Kan.)	26.18c	(26.58f)	2/6
3	55	Kaitlynn MASSEY	SO	#1	Friends (Kan.)	26.26c	(26.66f)	1/22
4	59	Molly WATSON	FR	#3	Kansas Wesleyan	26.33c	(26.74f)	1/22
5		Suleica LEE	JR	#5	Ottawa (Kan.)	27.01c	(27.43f)	1/22
6		Bethany MASTERS	SO	#8	McPherson (Kan.)	27.06c	(27.48f)	2/6
7		Jennifer ANDRES	SR	#7	Bethel (Kan.)	27.09c	(27.51f)	2/6
8		Adia VAUGHN	SR	#5	Ottawa (Kan.)	27.28c	(27.70f)	1/22
9		Stephany MEYER	SO	#7	Bethel (Kan.)	27.34c	(27.76f)	1/9
10		Jayda COOPER	SR	#2	Saint Mary (Kan.)	27.50 OT		2/5

Women's 400 Meters

1	27	Bethany MASTERS	SO	#8	McPherson (Kan.)	59.77c	(1:00.56f)	2/6
2	34	Kaitlynn MASSEY	SO	#1	Friends (Kan.)	1:00.11c	(1:00.90f)	2/6
3	53	Molly WATSON	FR	#3	Kansas Wesleyan	1:00.83c	(1:01.63f)	1/9
4	55	Tabetha DEINES	JR	#3	Kansas Wesleyan	1:00.90c	(1:01.70f)	1/22
5		Tatelyn MASLEY	SR	#8	McPherson (Kan.)	1:02.86c	(1:03.69f)	2/6
6		Stephany MEYER	SO	#7	Bethel (Kan.)	1:03.03c	(1:03.86f)	1/9
7		Josie RUSSELL	FR	#1	Friends (Kan.)	1:03.27c	(1:04.11f)	1/22
8		Destiny COOPER	FR	#4	Tabor (Kan.)	1:03.35c	(1:04.19f)	1/22
9		Veronica AGUILAR	SO	#2	Saint Mary (Kan.)	1:04.11 OT		1/30
10		Gabrielle MOORE	JR	#2	Saint Mary (Kan.)	1:04.65 OT		1/30

Women's 600 Meters

1	3	Aileen GURROLA	SR	#1	Friends (Kan.)	1:35.53c	(1:36.70f)	1/9
2	7	Aubry DONLEY	SO	#1	Friends (Kan.)	1:36.13c	(1:37.30f)	1/9
3	18	Tabetha DEINES	JR	#3	Kansas Wesleyan	1:39.01 OT	(1:28.40f)	1/30
4	46	Maria GEESAMAN	JR		York (Neb.)	1:42.22c	(1:43.47f)	2/6
5	57	Soledad BORGSTADT	SO	#4	Tabor (Kan.)	1:43.88c	(1:45.15f)	2/6
6	71	Sarah TARN	FR	#1	Friends (Kan.)	1:44.52c	(1:45.80f)	1/9
7		Veronica AGUILAR	SO	#2	Saint Mary (Kan.)	1:46.84 OT	(1:35.39f)	2/5
8		Stephanie MARTINEZ	JR	#3	Kansas Wesleyan	1:46.94c	(1:48.25f)	2/6
9		Destiny ESCOBAR	SO	#5	Ottawa (Kan.)	1:47.00 OT	(1:35.53f)	1/16
10		Bethany MASTERS	SO	#8	McPherson (Kan.)	1:47.46c	(1:48.77f)	1/22

Women's 800 Meters

1	3	Aubry DONLEY	SO	#1	Friends (Kan.)	2:15.07 OT		1/16
2	7	Tabetha DEINES	JR	#3	Kansas Wesleyan	2:16.28c	(2:17.85f)	1/22
3	10	Aileen GURROLA	SR	#1	Friends (Kan.)	2:16.74 OT		1/16
4	30	Maddie WALTER-SHERRETTS	FR	#2	Saint Mary (Kan.)	2:22.48 OT		2/5
5	37	Maria GEESAMAN	JR		York (Neb.)	2:23.52c	(2:25.17f)	1/29
6	48	Sarah TARN	FR	#1	Friends (Kan.)	2:24.79c	(2:26.46f)	1/9
7	49	Caroline GILES	SO	#1	Friends (Kan.)	2:25.15c	(2:26.82f)	1/22
8	60	Emma CAMPBELL	JR	#2	Saint Mary (Kan.)	2:26.95 OT		2/5
9	75	Natasha ORTIZ	SO	#2	Saint Mary (Kan.)	2:28.57 OT		1/30
10	83	Daegiona WILSON	SO	#9	Southwestern (Kc)	2:29.13c	(2:30.85f)	2/6

Women's 1000 Meters

1	6	Tabetha DEINES	JR	#3	Kansas Wesleyan	2:58.81c	(3:00.76f)	1/9
2	9	Aileen GURROLA	SR	#1	Friends (Kan.)	3:00.14c	(3:02.10f)	2/6
3	10	Aubry DONLEY	SO	#1	Friends (Kan.)	3:00.86c	(3:02.83f)	2/6
4	32	Maddie WALTER-SHERRETTS	FR	#2	Saint Mary (Kan.)	3:06.92 OT		1/30
5	51	Maria GEESAMAN	JR		York (Neb.)	3:11.12c	(3:13.20f)	1/22
6	62	Daegiona WILSON	SO	#9	Southwestern (Kc)	3:12.71c	(3:14.81f)	1/9
7	63	Alyssa ARMENDARIZ	FR	#2	Saint Mary (Kan.)	3:12.95 OT		1/30
8	68	Caroline GILES	SO	#1	Friends (Kan.)	3:14.09c	(3:16.21f)	1/9
9	72	Natasha ORTIZ	SO	#2	Saint Mary (Kan.)	3:14.96 OT		1/30
10	98	Reagan HIEBERT	FR	#2	Saint Mary (Kan.)	3:21.01 OT		1/30

Women's Mile

1	19	Tabetha DEINES	JR	#3	Kansas Wesleyan	5:14.77 OT		1/30
2	22	Maddie WALTER-SHERRETTS	FR	#2	Saint Mary (Kan.)	5:15.79 OT		2/5
3	32	Maria GEESAMAN	JR		York (Neb.)	5:22.13c	(5:25.31f)	1/22
4	38	Alyssa ARMENDARIZ	FR	#2	Saint Mary (Kan.)	5:23.27 OT		1/22
5	63	Natasha ORTIZ	SO	#2	Saint Mary (Kan.)	5:27.87 OT		1/22
6	77	Stephanie MARTINEZ	JR	#3	Kansas Wesleyan	5:30.96c	(5:34.23f)	1/22
7		Riley HIEBERT	FR	#2	Saint Mary (Kan.)	5:38.55 OT		1/22
8		Reagan HIEBERT	FR	#2	Saint Mary (Kan.)	5:39.05 OT		1/22
9		Emma CAMPBELL	JR	#2	Saint Mary (Kan.)	5:39.31 OT		1/22
10		Kara ZAHARIADES	SR	#1	Friends (Kan.)	5:43.11c	(5:46.50f)	1/9

Women's 3000 Meters

1	39	Maddie WALTER-SHERRETTS	FR	#2	Saint Mary (Kan.)	10:44.63 OT		1/30
2	42	Alyssa ARMENDARIZ	FR	#2	Saint Mary (Kan.)	10:47.61 OT		1/30
3	48	Riley HIEBERT	FR	#2	Saint Mary (Kan.)	10:49.71 OT		2/5
4	52	Natasha ORTIZ	SO	#2	Saint Mary (Kan.)	10:51.68 OT		2/5
5	53	Reagan HIEBERT	FR	#2	Saint Mary (Kan.)	10:52.08 OT		2/5
6	67	Stephanie MARTINEZ	JR	#3	Kansas Wesleyan	10:58.47 OT		1/30
7	90	Lexi CASTOR-INSCHO	JR	#2	Saint Mary (Kan.)	11:08.28 OT		1/22
8	94	Grace GARRISON	SO	#1	Friends (Kan.)	11:09.48c	(11:15.22f)	1/9
9		Emma WILLOUR	FR	#1	Friends (Kan.)	11:21.66c	(11:27.50f)	2/6
10		Christina TRIPP	FR	#3	Kansas Wesleyan	11:28.38c	(11:34.28f)	1/22



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KCAC

Women's 5000 Meters

1	22	Alyssa ARMENDARIZ	FR	#2	Saint Mary (Kan.)	18:12.47 OT	2/5
2	35	Stephanie MARTINEZ	JR	#3	Kansas Wesleyan	18:52.18c (19:00.85f)	1/22
3	53	Lexi CASTOR-INSCHO	JR	#2	Saint Mary (Kan.)	19:14.04	1/29
4	55	Natasha ORTIZ	SO	#2	Saint Mary (Kan.)	19:15.15	1/29
5	66	Grace GARRISON	SO	#1	Friends (Kan.)	19:29.05c (19:38.00f)	2/6
6	67	Riley HIEBERT	FR	#2	Saint Mary (Kan.)	19:30.25 OT	1/30
7	73	Reagan HIEBERT	FR	#2	Saint Mary (Kan.)	19:48.10	1/29
8	78	Estrella MENDOZA	FR	#1	Friends (Kan.)	19:54.59c (20:03.73f)	2/6
9	99	Jolene JENSON	JR	#1	Friends (Kan.)	20:27.85c (20:37.25f)	2/6
10		Elyse BODEN	FR		Bethany (Kan.)	20:52.78c (21:02.37f)	1/22

Women's 3000m Race Walk

1	2	Kayla ALLEN	SR	#1	Friends (Kan.)	15:28.77 f	1/22
2	4	Jolene JENSON	JR	#1	Friends (Kan.)	15:38.15 f	1/22
3	12	Moiria BURGESS	JR	#1	Friends (Kan.)	17:44.82 f	1/22
4	21	Nicole VICK	SO	#1	Friends (Kan.)	21:21.36 f	1/22

Women's 60 Meter Hurdles

1	47	Elaina HENDERSON	SR	#1	Friends (Kan.)	9.48	1/9
2	56	Suleica LEE	JR	#5	Ottawa (Kan.)	9.56	1/22
3	75	Caitlynn BARGAS	FR	#6	Sterling (Kan.)	9.73	2/6
4		Nina BARBEIRO	FR	#5	Ottawa (Kan.)	10.04	2/6
5		Jaden MONTOYA	FR	#1	Friends (Kan.)	10.08	2/6
6		Aubry GRAME	FR	#7	Bethel (Kan.)	10.63	2/6
7		Alyssa SHAW	FR		York (Neb.)	10.64	2/6
8		Destiny ESCOBAR	SO	#5	Ottawa (Kan.)	10.75	1/22
9		Makayla DINKLER	FR		York (Neb.)	10.77	1/29
10		Gabrielle MOORE	JR	#2	Saint Mary (Kan.)	11.05	2/5

Women's 4x400 Relay

1	35	https://www.tfrrs.org/teams/1881	#5	Ottawa (Kan.)	4:14.64c (4:18.02f)	2/6
2	40	https://www.tfrrs.org/teams/1893	#4	Tabor (Kan.)	4:18.33c (4:21.75f)	1/22
3	45	https://www.tfrrs.org/teams/3667	#6	Sterling (Kan.)	4:19.84c (4:23.29f)	2/6
4	47	https://www.tfrrs.org/teams/73932	#2	Saint Mary (Kan.)	4:23.01 OT	2/5
5	56	https://www.tfrrs.org/teams/1793	#7	Bethel (Kan.)	4:29.35	1/29
6	66	https://www.tfrrs.org/teams/1803	#3	Kansas Wesleyan	4:45.02c (4:48.80f)	2/6
7	76	https://www.tfrrs.org/teams/1791		Bethany (Kan.)	5:24.00c (5:28.30f)	2/6

Women's 4x800 Relay

1	3	https://www.tfrrs.org/teams/1847	#1	Friends (Kan.)	9:34.48c (9:41.10f)	1/22
2	17	https://www.tfrrs.org/teams/1793	#7	Bethel (Kan.)	10:16.82c (10:23.93f)	2/6
3	18	https://www.tfrrs.org/teams/11209		York (Neb.)	10:19.02c (10:26.15f)	2/6
4	23	https://www.tfrrs.org/teams/1881	#5	Ottawa (Kan.)	10:30.45c (10:37.72f)	2/6
5	24	https://www.tfrrs.org/teams/1893	#4	Tabor (Kan.)	10:33.80c (10:41.10f)	1/22
6	34	https://www.tfrrs.org/teams/1791		Bethany (Kan.)	11:18.85c (11:26.67f)	1/22
7	38	https://www.tfrrs.org/teams/3667	#6	Sterling (Kan.)	11:34.99c (11:43.00f)	1/22

Women's Distance Medley Relay

1	6	https://www.tfrrs.org/teams/1847	#1	Friends (Kan.)	12:28.26c (12:36.27f)	1/22
2	8	https://www.tfrrs.org/teams/73932	#2	Saint Mary (Kan.)	12:36.12 OT	2/5
3	22	https://www.tfrrs.org/teams/11209		York (Neb.)	13:19.39c (13:27.95f)	1/29
4	28	https://www.tfrrs.org/teams/1793	#7	Bethel (Kan.)	13:45.87c (13:54.71f)	1/22
5	29	https://www.tfrrs.org/teams/1893	#4	Tabor (Kan.)	13:48.27c (13:57.14f)	1/22
6	30	https://www.tfrrs.org/teams/1803	#3	Kansas Wesleyan	13:56.22c (14:05.17f)	2/6
7	41	https://www.tfrrs.org/teams/1791		Bethany (Kan.)	14:53.18c (15:02.75f)	1/22

Women's High Jump

1	26	Hannah SLATE	SO	#6	Sterling (Kan.)	1.58m	5-2¼	2/6
2	50	Megan MCMILLEN	SR	#2	Saint Mary (Kan.)	1.54m	5-½	2/5
3	96	Suleica LEE	JR	#5	Ottawa (Kan.)	1.47m	4-9¾	1/22
4		Makayla DINKLER	FR		York (Neb.)	1.45m	4-9	1/29
5		Myla WERSCHKY	SO	#9	Southwestern (Kc	1.43m	4-8¼	1/9
5		Danielle HUNSAKER	SO	#2	Saint Mary (Kan.)	1.43m	4-8¼	1/30
7		Destiny COOPER	FR	#4	Tabor (Kan.)	1.42m	4-7¾	2/6
8		Elaina HENDERSON	SR	#1	Friends (Kan.)	1.40m	4-7	1/22
9		Sadie CARR	JR		York (Neb.)	1.38m	4-6¼	12/4
10		Maria BOTELLA MANICH	FR	#1	Friends (Kan.)	1.37m	4-6	2/6

Women's Pole Vault

1	44	Gabrielle MOORE	JR	#2	Saint Mary (Kan.)	3.08m	10-1¼	1/29
2	58	Alaina MADDEN	FR	#1	Friends (Kan.)	2.96m	9-8½	2/6
3	65	Sadie CARR	JR		York (Neb.)	2.81m	9-2½	1/29
4	71	Sarah BIRD	SR	#4	Tabor (Kan.)	2.74m	8-11¾	1/22



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Women's Long Jump

1	46	Blessing OSUEKE	SR	York (Neb.)	5.25m	17-2¾	12/4
2	80	Gabrielle MOORE	JR	#2 Saint Mary (Kan.)	5.08m	16-8	2/5
3	84	Aaliyah TARVER	FR	#6 Sterling (Kan.)	5.06m	16-7¼	2/6
4	85	Casey ERICKSON	FR	#6 Sterling (Kan.)	5.05m	16-7	2/6
4	85	Makayla DINKLER	FR	York (Neb.)	5.05m	16-7	12/4
6		Destiny COOPER	FR	#4 Tabor (Kan.)	4.97m	16-3¾	2/6
7		Grace ROWLAND	SO	#1 Friends (Kan.)	4.91m	16-1½	2/6
8		Jayda COOPER	SR	#2 Saint Mary (Kan.)	4.89m	16-½	1/22
9		Stephany MEYER	SO	#7 Bethel (Kan.)	4.87m	15-11¾	1/29
10		Sarah BIRD	SR	#4 Tabor (Kan.)	4.84m	15-10½	1/22

Women's Triple Jump

1	11	Elaina HENDERSON	SR	#1 Friends (Kan.)	11.47m	37-7¾	2/6
2	27	Blessing OSUEKE	SR	York (Neb.)	10.99m	36-¾	2/6
3	29	Gabrielle MOORE	JR	#2 Saint Mary (Kan.)	10.97m	36-0	1/22
4	32	Aaliyah TARVER	FR	#6 Sterling (Kan.)	10.90m	35-9¼	2/6
5	39	Anya WALTON	FR	#1 Friends (Kan.)	10.76m	35-3¾	2/6
6	41	Stephany MEYER	SO	#7 Bethel (Kan.)	10.75m	35-3¼	1/9
7	43	Jayda COOPER	SR	#2 Saint Mary (Kan.)	10.74m	35-3	1/16
8	76	Grace ROWLAND	SO	#1 Friends (Kan.)	10.20m	33-5¾	2/6
9	82	Soledad BORGSTADT	SO	#4 Tabor (Kan.)	10.13m	33-3	1/9
10	84	Megan MCMILLEN	SR	#2 Saint Mary (Kan.)	10.12m	33-2½	2/5

Women's Shot Put

1	15	Kaileigh DILL	SR	#4 Tabor (Kan.)	12.89m	42-3½	2/6
1	15	Bri ECKERBERG	SR	York (Neb.)	12.89m	42-3½	1/29
3	33	Cassandra LOESCH	SR	#1 Friends (Kan.)	12.32m	40-5	1/9
4	44	Amber DOMINGUEZ	JR	York (Neb.)	11.92m	39-1¼	1/22
5	57	Cassidy KUEHL	JR	Bethany (Kan.)	11.65m	38-2¾	2/6
6		Raelynn DENSON	SO	#2 Saint Mary (Kan.)	10.88m	35-8½	1/22
7		Nicole HOLIDAY	SO	#3 Kansas Wesleyan	10.87m	35-8	2/6
8		Rachael MCWILLIAMS	FR	#3 Kansas Wesleyan	10.73m	35-2½	1/22
9		Kayla EDGETT	FR	#3 Kansas Wesleyan	10.68m	35-½	2/6
10		Laurel BARBER	FR	#5 Ottawa (Kan.)	10.49m	34-5	2/6

Women's Weight Throw

1	7	Kaileigh DILL	SR	#4 Tabor (Kan.)	16.57m	54-4½	1/16
2	24	Amber DOMINGUEZ	JR	York (Neb.)	15.41m	50-6¾	1/22
3	31	Makenzie BURNS	JR	#1 Friends (Kan.)	15.19m	49-10	1/22
4	54	Madison JOHNSON	SR	#4 Tabor (Kan.)	14.31m	46-11½	2/6
5	80	Madison GOOKIN	SO	York (Neb.)	13.50m	44-3½	1/22
6	90	Marisela HERNANDEZ-CASTRO	SR	#3 Kansas Wesleyan	13.26m	43-6	2/6
7	99	Kalyn CORLEY	SO	#7 Bethel (Kan.)	13.13m	43-1	12/4
8		Ascha UTTER	FR	York (Neb.)	12.70m	41-8	2/6
9		Sydney RABORN	SO	#5 Ottawa (Kan.)	12.58m	41-3¼	1/22
10		Hannah PASLEY	SR	#5 Ottawa (Kan.)	12.36m	40-6¾	1/23

Women's Pentathlon

1	28	Elaina HENDERSON	SR	#1 Friends (Kan.)	2,781	1/22
2	39	Makayla DINKLER	FR	York (Neb.)	2,547	1/29
3	56	Destiny ESCOBAR	SO	#5 Ottawa (Kan.)	2,298	1/22
4	60	Sadie CARR	JR	York (Neb.)	2,188	12/4
5	68	Sadie BAIRD	FR	Bethany (Kan.)	2,004	1/22



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Mid-South

Women's 60 Meters

1	16	Jamila GARBA	FR	#3	Campbellsville (K	7.77	(0.0)	11/20
2	18	Alana MACK	SO	#4	Cumberland (Ter	7.80		2/5
3	23	Iantha WRIGHT	JR	#2	Life (Ga.)	7.86		1/31
4	32	Kerryann SCOTT	SR		Lindsey Wilson (K	7.90		2/5
5	42	Kathryn HUNTER	SO	#1	Cumberlands (Ky	7.92		11/19
6	80	Dymanique THOMPSON	SR	#1	Cumberlands (Ky	8.07		11/19
7	84	Maya SMITH-SPEED	SO	#2	Life (Ga.)	8.08		1/31
7	84	Raegan GRANVILLE	SR	#1	Cumberlands (Ky	8.08		11/19
9		Alexia BOYD	FR	#3	Campbellsville (K	8.18		1/22
9		Dagbjort MAGNESDOTTIR	FR	#2	Life (Ga.)	8.18		1/24

Women's 200 Meters

1	45	Jamila GARBA	FR	#3	Campbellsville (K	26.10c	(26.50f)	1/22
2	46	Dymanique THOMPSON	SR	#1	Cumberlands (Ky	26.17 OT		11/19
3	59	Kathryn HUNTER	SO	#1	Cumberlands (Ky	26.33 OT		1/29
4		Maya SMITH-SPEED	SO	#2	Life (Ga.)	26.71		1/31
5		Elan ST. JULIAN	FR	#2	Life (Ga.)	27.77		1/31
6		Ta'Neshya ALLEN	JR	#3	Campbellsville (K	28.15 OT		2/13
7		Kaylee LOWE	FR	#2	Life (Ga.)	28.34		1/24
8		Ayani HISON	FR	#1	Cumberlands (Ky	28.50c	(28.94f)	1/22
9		Alyssa DINGUS	FR		Shawnee State (C	28.67 out	(0.0)	11/20
10		Serenity BAILEY	FR	#1	Cumberlands (Ky	28.75 OT		2/13

Women's 400 Meters

1	36	Jamila GARBA	FR	#3	Campbellsville (K	1:00.20 OT		2/13
2	52	Dagbjort MAGNESDOTTIR	FR	#2	Life (Ga.)	1:00.74		1/24
3	65	Dymanique THOMPSON	SR	#1	Cumberlands (Ky	1:01.45c	(1:02.26f)	1/22
4	87	Taylor COX	SR	#3	Campbellsville (K	1:02.15c	(1:02.97f)	1/22
5		Megan MCMANNON	SR	#1	Cumberlands (Ky	1:02.60 OT		2/13
6		Sabrina ANDERSON	FR	#4	Cumberland (Ter	1:03.15c	(1:03.98f)	2/5
7		Faith WILSON	JR	#4	Cumberland (Ter	1:05.23		1/31
8		Alyssa DINGUS	FR		Shawnee State (C	1:05.96 out		11/20
9		Des LINVILLE	SR	#1	Cumberlands (Ky	1:09.37 OT		11/19

Women's 600 Meters

1	42	Cora STEVENS	JR	#1	Cumberlands (Ky	1:41.83 OT		11/19
2	54	Taylor COX	SR	#3	Campbellsville (K	1:43.62 OT		2/13
3	62	Kamryn KIMMEL	JR	#2	Life (Ga.)	1:44.18		1/24
4	90	Alisa BOWLING	JR	#1	Cumberlands (Ky	1:45.69c	(1:46.98f)	2/5
5		Laila HARDIN	FR		Lindsey Wilson (K	1:47.35c	(1:48.66f)	2/5
6		Alyssa DINGUS	FR		Shawnee State (C	1:51.93c	(1:53.30f)	2/12
7		Marie Ann ESCOBAR	JR	#2	Life (Ga.)	2:01.35		1/24

Women's 800 Meters

1	46	Kamryn KIMMEL	JR	#2	Life (Ga.)	2:24.42		1/31
2	85	Kirsten CREPPS	JR		Lindsey Wilson (K	2:29.35c	(2:31.07f)	2/5
3		Alisa BOWLING	JR	#1	Cumberlands (Ky	2:32.64 OT		11/19
4		Elise KRONE	SO	#4	Cumberland (Ter	2:33.64 OT		2/13
5		India MASTIN	FR	#4	Cumberland (Ter	2:40.08 OT		2/13
6		Alyssa DINGUS	FR		Shawnee State (C	2:43.77c	(2:45.65f)	1/22
7		Jessica COOK	SR		Shawnee State (C	2:44.30 OT		1/15

Women's 1000 Meters

1	11	Meredith JOHNSON	JR		Lindsey Wilson (K	3:01.48c	(3:03.46f)	2/5
2	74	Kinsey FORGEY	JR	#1	Cumberlands (Ky	3:15.59 OT		11/19
3	92	Dezare JACKSON	SR		Lindsey Wilson (K	3:19.65c	(3:21.83f)	2/5
4		Jenna GROGAN	SO	#1	Cumberlands (Ky	3:45.13 OT		11/19

Women's Mile

1	10	Lisa VOYLES	SO	#1	Cumberlands (Ky	5:10.77 OT		1/29
2	53	Sharon JEROP	FR	#4	Cumberland (Ter	5:26.74c	(5:29.97f)	2/5
3	89	Kamryn KIMMEL	JR	#2	Life (Ga.)	5:33.67		1/24
4	94	Olivia MESSAR	SO		Shawnee State (C	5:34.45c	(5:37.76f)	1/22
5	97	Taylor WARD	SO	#2	Life (Ga.)	5:35.42		1/24
6	98	Alyssa SHARP	FR		Lindsey Wilson (K	5:35.52c	(5:38.84f)	2/5
7		Elise KRONE	SO	#4	Cumberland (Ter	5:38.74 OT		2/13
8		Kaylee MASDEN	FR		Lindsey Wilson (K	5:45.10c	(5:48.51f)	2/5
9		Taylor WARREN	SO	#1	Cumberlands (Ky	5:45.69 OT		11/19
10		India MASTIN	FR	#4	Cumberland (Ter	5:54.06 OT		2/13

Women's 3000 Meters

1	34	Jozi BROWN	SO		Shawnee State (C	10:40.85c	(10:46.34f)	1/22
2	41	Lauren MCHAN	SR	#1	Cumberlands (Ky	10:46.57 OT		11/19
3	50	Annabel CLAYTON	SO	#5	Thomas More	10:51.05c	(10:56.63f)	2/5
4	61	Sharon JEROP	FR	#4	Cumberland (Ter	10:55.63 OT		2/13
5	69	Mckenna PANNELL	SO		Shawnee State (C	11:00.62 OT		1/15
6	70	Taylor WARD	SO	#2	Life (Ga.)	11:01.01		1/24
7	76	Meredith ELSTUN	JR	#1	Cumberlands (Ky	11:03.29 OT		2/13
8		Aleksandra PETROVA	JR	#4	Cumberland (Ter	11:14.29 OT		2/13
9		Taylor WARREN	SO	#1	Cumberlands (Ky	11:20.74 OT		2/13
10		Olivia MESSAR	SO		Shawnee State (C	11:39.27 OT		1/29

Women's 5000 Meters

1	21	Lisa VOYLES	SO	#1	Cumberlands (Ky	18:09.13c	(18:17.47f)	2/5
2	26	Jozi BROWN	SO		Shawnee State (C	18:21.85 out		11/20
3	38	Taylor WARD	SO	#2	Life (Ga.)	18:53.42		1/31
4	43	Aleksandra PETROVA	JR	#4	Cumberland (Ter	19:04.71c	(19:13.47f)	2/5
5	45	Mckenna PANNELL	SO		Shawnee State (C	19:05.62 out		11/20
6	80	Olivia MESSAR	SO		Shawnee State (C	19:56.02 out		11/20
7	84	Kinsey FORGEY	JR	#1	Cumberlands (Ky	19:59.93c	(20:09.12f)	2/5
8	88	Deanna HALL	SO		Shawnee State (C	20:06.48 OT		2/12
9	96	Graci DAVIS	JR		Shawnee State (C	20:23.77 out		11/20
10		Hannah HENAGE	FR	#1	Cumberlands (Ky	20:37.08 OT		2/13

Women's 3000m Race Walk

1	11	Jenna GROGAN	SO	#1	Cumberlands (Ky	17:41.69 OT		2/13
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Conference TFRI Event Summary

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Mid-South

Women's 60 Meter Hurdles

1	31	Briana MADISON	FR	#2	Life (Ga.)	9.29	1/31
2	72	Hailey MARTIN	JR	#1	Cumberlands (Ky)	9.72	11/19
3		Ta'Neshya ALLEN	JR	#3	Campbellsville (K)	10.10	2/13
4		Ariana MADISON	FR	#2	Life (Ga.)	11.34	1/31

Women's 4x800 Relay

1	20	https://www.tfrrs.org/teams/27346	#5	Thomas More	10:21.36c	(10:28.52f)	2/5
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Women's High Jump

1		Tatiana WILLIAMS	SR		Lindsey Wilson (K)	1.45m	4-9	2/5
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Women's Pole Vault

1	17	Raegan GRANVILLE	SR	#1	Cumberlands (Ky)	3.45m	11-3¾	2/13
2	73	Trinity SHERROD	FR	#1	Cumberlands (Ky)	2.67m	8-9	1/22

Women's Long Jump

1	21	Ty'Nasia WALKER	FR		Lindsey Wilson (K)	5.47m	17-11½	2/5
2	42	Alexia BOYD	FR	#3	Campbellsville (K)	5.28m	17-4	2/13
3	50	Alana MACK	SO	#4	Cumberland (Ter)	5.24m	17-2¼	2/5
4	79	Kaylee LOWE	FR	#2	Life (Ga.)	5.09m	16-8½	1/24
5		Haley PAYTON	JR	#3	Campbellsville (K)	4.95m	16-3	1/29
6		N'Dia METCALF	FR	#4	Cumberland (Ter)	4.93m	16-2¼	2/5
7		Tatiana WILLIAMS	SR		Lindsey Wilson (K)	4.87m	15-11¾	2/5
8		Ta'Neshya ALLEN	JR	#3	Campbellsville (K)	4.82m	15-9¾	1/22
9		Lydia LE'DET	FR	#1	Cumberlands (Ky)	4.79m	15-8¾	2/13
10		Silja PETURSDOTTIR	JR	#2	Life (Ga.)	4.77m	15-7¾	1/31

Women's Triple Jump

1	31	Haley PAYTON	JR	#3	Campbellsville (K)	10.91m	35-9½	1/29
2	44	Lydia LE'DET	FR	#1	Cumberlands (Ky)	10.73m	35-2½	11/19
3	64	Ty'Nasia WALKER	FR		Lindsey Wilson (K)	10.49m	34-5	2/5
4	72	N'Dia METCALF	FR	#4	Cumberland (Ter)	10.27m	33-8½	1/31

Women's Shot Put

1	53	Summer TRAVIS	SR	#1	Cumberlands (Ky)	11.75m	38-6¾	11/19
2	58	Ricquel WILLIAMS	JR	#3	Campbellsville (K)	11.64m	38-2¼	11/20
3	66	Levonis DAVIS	JR	#2	Life (Ga.)	11.53m	37-10	1/24
4		Delores STEVENSON	SO	#1	Cumberlands (Ky)	10.95m	35-11¼	11/19
5		Kaitlyn TENNANT	JR	#2	Life (Ga.)	10.62m	34-10¼	1/31
6		Katelyn YOUNG	JR	#3	Campbellsville (K)	10.20m	33-5¾	1/29
7		Danielle ALBRIGHT	SR	#2	Life (Ga.)	10.15m	33-3¾	1/24
8		Mahogany HUDDLESTON	SR	#4	Cumberland (Ter)	9.53m	31-3¾	1/31
9		Macie RUSSELL	FR	#3	Campbellsville (K)	8.84m	29-0	2/13
10		Brooke COFFMAN	JR	#3	Campbellsville (K)	8.76m	28-9	11/20

Women's Weight Throw

1	32	Summer TRAVIS	SR	#1	Cumberlands (Ky)	15.16m	49-9	11/19
2	64	Levonis DAVIS	JR	#2	Life (Ga.)	14.06m	46-1½	1/24
3	69	Ricquel WILLIAMS	JR	#3	Campbellsville (K)	13.91m	45-7¾	1/29
4	88	Danielle ALBRIGHT	SR	#2	Life (Ga.)	13.29m	43-7¼	1/31
5		Katelyn YOUNG	JR	#3	Campbellsville (K)	12.45m	40-10¼	1/29
6		Delores STEVENSON	SO	#1	Cumberlands (Ky)	12.01m	39-5	11/19
7		Brooke COFFMAN	JR	#3	Campbellsville (K)	11.34m	37-2½	11/20
8		Mahogany HUDDLESTON	SR	#4	Cumberland (Ter)	10.86m	35-7¾	1/31
9		Kaitlyn TENNANT	JR	#2	Life (Ga.)	8.70m	28-6½	1/24



Conference TFRI Event Summary

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North Star

Women's 60 Meters

1	17	Ashley CASWELL	SR	#3	Viterbo (Wis.)	7.79	(7.23(55))	1/30
2	38	Illise JENNINGS	SO	#1	Dickinson State (I	7.91c	(7.89A)	1/29
2	38	Kaitlyn KEITHLEY	SO	#1	Dickinson State (I	7.91		2/5
4	63	Skila ROGERS	JR	#5	Waldorf (Iowa)	8.01		1/22
5	93	Lana YEAKEL	SO	#3	Viterbo (Wis.)	8.11		2/13
6	98	Brooke MALSOM	SO	#4	Valley City State (	8.12		2/13
7		Josie WOLF	SR	#2	Dakota State (S.C	8.16		2/12
8		Breanna IHDE	SO	#3	Viterbo (Wis.)	8.17		1/16
9		Amber CONNIFF	JR	#3	Viterbo (Wis.)	8.22		2/13
10		Kezley YEAGER	FR	#2	Dakota State (S.C	8.41		1/9

Women's 200 Meters

1	68	Ashley CASWELL	SR	#3	Viterbo (Wis.)	26.39c	(26.80f)	1/16
2	82	Kezley YEAGER	FR	#2	Dakota State (S.C	26.54c	(26.95f)	2/12
3	90	Kaitlyn KEITHLEY	SO	#1	Dickinson State (I	26.61c	(27.02)	2/5
4	95	Hannah PERRY	SO	#5	Waldorf (Iowa)	26.65c	(27.06)	2/13
5		Josie WOLF	SR	#2	Dakota State (S.C	26.71c	(27.12f)	2/6
6		Brooke MALSOM	SO	#4	Valley City State (	26.76c	(27.17)	2/5
7		Illise JENNINGS	SO	#1	Dickinson State (I	27.05c	(27.47)	2/5
8		Breanna IHDE	SO	#3	Viterbo (Wis.)	27.17c	(27.59f)	1/16
9		Quentinique WILKINSON	SR	#5	Waldorf (Iowa)	27.51c	(27.93)	2/13
10		Ashanti GUERTIN	FR	#4	Valley City State (	27.62c	(28.05f)	2/13

Women's 400 Meters

1	23	Kezley YEAGER	FR	#2	Dakota State (S.C	59.55c	(1:00.34f)	2/6
2	50	Hannah PERRY	SO	#5	Waldorf (Iowa)	1:00.69c	(1:01.49)	2/6
3	71	Ashanti GUERTIN	FR	#4	Valley City State (	1:01.59c	(1:02.40f)	2/13
4	95	Wrenzi WRZESINSKI	SO	#1	Dickinson State (I	1:02.45c	(1:03.16fA)	1/29
5	96	Jennifer GILES	JR	#2	Dakota State (S.C	1:02.47		1/29
6		Mackenzie GRUBBS	SR	#1	Dickinson State (I	1:03.23c	(1:04.07f)	2/13
7		Madison WHITCOMB	SR	#2	Dakota State (S.C	1:04.24		1/29
8		RaiLeigh STROMMEN	FR	#1	Dickinson State (I	1:05.15c	(1:06.01f)	2/13
9		Quentinique WILKINSON	SR	#5	Waldorf (Iowa)	1:05.39c	(1:06.25)	2/13
10		Catherine CLARKE-ASHFORD	SO	#5	Waldorf (Iowa)	1:05.96c	(1:06.83f)	1/29

Women's 600 Meters

1	39	Jennifer GILES	JR	#2	Dakota State (S.C	1:41.49c	(1:42.73f)	2/6
2	40	Emily KOLSTAD	SO	#1	Dickinson State (I	1:41.51c	(1:42.75f)	1/23
3	77	Madison WHITCOMB	SR	#2	Dakota State (S.C	1:45.01c	(1:46.29f)	2/6
4	98	Alexius MILLER	FR	#1	Dickinson State (I	1:46.42c	(1:47.72)	2/5
5		Allyssa WEITKUM	SR	#4	Valley City State (	1:48.12c	(1:50.06u)	1/22
6		Hannah PERRY	SO	#5	Waldorf (Iowa)	1:48.44c	(1:49.76f)	1/22
7		Jasmine BARNES	FR	#4	Valley City State (	1:49.09c	(1:51.05u)	1/22
8		Hope ISHIZAKA	FR	#4	Valley City State (	1:55.83c	(1:57.24f)	2/13
9		Avery VASICEK	SO	#4	Valley City State (	1:56.36c	(1:57.78f)	2/13
10		Cecelia HEMSWORTH	JR	#5	Waldorf (Iowa)	1:56.70c	(1:58.13f)	1/22

Women's 800 Meters

1	25	Jennifer GILES	JR	#2	Dakota State (S.C	2:21.59c	(2:23.22f)	2/12
2	69	Emily KOLSTAD	SO	#1	Dickinson State (I	2:28.15c	(2:29.85)	2/5
3	89	Hannah PERRY	SO	#5	Waldorf (Iowa)	2:29.47c	(2:31.19f)	1/29
4		Alexius MILLER	FR	#1	Dickinson State (I	2:31.73c	(2:33.48)	2/5
5		Mallory AUGHENBAUGH	SR	#2	Dakota State (S.C	2:32.62		1/29
6		Allyssa WEITKUM	SR	#4	Valley City State (	2:33.78c	(2:35.55f)	2/13
7		Wrenzi WRZESINSKI	SO	#1	Dickinson State (I	2:39.36c	(2:41.19)	2/5
8		Cecelia HEMSWORTH	JR	#5	Waldorf (Iowa)	2:40.17c	(2:42.01)	2/13
9		Madison WHITCOMB	SR	#2	Dakota State (S.C	2:40.54c	(2:42.39f)	1/9
10		Piper PEREZ	FR	#1	Dickinson State (I	2:41.89c	(2:44.29fA)	1/29

Women's 1000 Meters

1		Mallory AUGHENBAUGH	SR	#2	Dakota State (S.C	3:21.18c	(3:23.37f)	2/12
2		Jada ANDERSON	SO	#2	Dakota State (S.C	3:22.01c	(3:24.21f)	2/6
3		Allyssa WEITKUM	SR	#4	Valley City State (	3:22.37c	(3:25.45u)	1/22
4		Angeline GANNON	SO	#4	Valley City State (	3:22.88c	(3:25.97u)	1/22
5		Jasmine BARNES	FR	#4	Valley City State (	3:26.84c	(3:29.99u)	1/22
6		Vanessa THOMAS	FR	#3	Viterbo (Wis.)	3:31.85c	(3:34.16)	2/6
7		Naomi ALVAREZ	SR	#5	Waldorf (Iowa)	3:38.01c	(3:40.39f)	1/29
8		Cecelia HEMSWORTH	JR	#5	Waldorf (Iowa)	3:47.08c	(3:49.56f)	1/29
9		Mattie KANTOR	SO	#3	Viterbo (Wis.)	3:48.58c	(3:51.07)	2/6
10		Mya SNYDER	JR	#3	Viterbo (Wis.)	3:48.94c	(3:51.44)	2/6

Women's Mile

1	85	Jacia CHRISTIANSEN	JR	#2	Dakota State (S.C	5:32.90c	(5:36.19f)	2/6
2	87	Bailey SMITH	SR	#1	Dickinson State (I	5:33.21c	(5:41.13fA)	1/29
3		Jada ANDERSON	SO	#2	Dakota State (S.C	5:46.21c	(5:49.63f)	1/15
4		Allyssa WEITKUM	SR	#4	Valley City State (	5:46.88c	(5:50.31f)	2/13
5		Vanessa THOMAS	FR	#3	Viterbo (Wis.)	5:47.07c	(5:50.50)	2/13
6		Naomi ALVAREZ	SR	#5	Waldorf (Iowa)	5:47.50c	(5:50.94)	2/13
7		Ellie NYGREN	FR	#3	Viterbo (Wis.)	5:48.17c	(5:51.61)	2/13
8		Jasmine BARNES	FR	#4	Valley City State (	5:50.24c	(5:53.70f)	1/15
9		Madelyn ADAM	SO	#3	Viterbo (Wis.)	5:51.66c	(5:55.14)	2/13
10		Piper PEREZ	FR	#1	Dickinson State (I	5:54.32c	(6:02.74fA)	1/29

Women's 3000 Meters

1		Jacia CHRISTIANSEN	JR	#2	Dakota State (S.C	11:16.89c	(11:22.69f)	1/9
2		Allyssa WEITKUM	SR	#4	Valley City State (	11:27.11c	(11:33.00)	2/5
3		Jasmine BARNES	FR	#4	Valley City State (	11:29.86c	(11:35.77f)	2/13
4		Bailey SMITH	SR	#1	Dickinson State (I	11:33.56c	(11:39.50f)	1/23
5		Jada ANDERSON	SO	#2	Dakota State (S.C	11:45.13c	(11:51.17f)	1/9
6		Piper PEREZ	FR	#1	Dickinson State (I	11:45.99c	(11:52.04)	2/5
7		Naomi ALVAREZ	SR	#5	Waldorf (Iowa)	11:49.54c	(11:55.62f)	1/22
8		Sarah GRIFFIS	SO	#1	Dickinson State (I	11:51.93c	(11:58.03)	2/5
9		Ali CUNNINGHAM	FR	#1	Dickinson State (I	11:58.15c	(12:04.30)	2/5
10		Alana WICKERING	JR	#5	Waldorf (Iowa)	11:58.61c	(12:04.77)	2/6

Women's 5000 Meters

1	57	Jada ANDERSON	SO	#2	Dakota State (S.C	19:15.86		1/29
2	58	Jacia CHRISTIANSEN	JR	#2	Dakota State (S.C	19:19.66		1/29
3		Alana WICKERING	JR	#5	Waldorf (Iowa)	20:44.10c	(20:53.62)	2/13
4		Sarah GRIFFIS	SO	#1	Dickinson State (I	21:05.57c	(21:35.68f)	1/29



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North Star

Women's 60 Meter Hurdles

1	25	Wrenzi WRZESINSKI	SO	#1	Dickinson State (I)	9.17	2/5
2	52	Mackenzie GRUBBS	SR	#1	Dickinson State (I)	9.52	2/5
3	67	Taylor SARGENT	SO	#4	Valley City State (	9.68	2/5
4	72	Faith BRENNAN	FR	#1	Dickinson State (I)	9.72	1/16
5	80	Emily RYERSON	FR	#5	Waldorf (Iowa)	9.80	2/13
6		Camara GREEN	JR	#5	Waldorf (Iowa)	10.25	1/22
7		Alison JAECKS	JR	#3	Viterbo (Wis.)	10.34 (9.61(55))	1/30
8		Keolani SAYLES	FR	#4	Valley City State (	10.54	2/5
9		Tess DURSCHER	SO	#3	Viterbo (Wis.)	10.61	2/6
10		Katya BARANKO	FR	#1	Dickinson State (I)	10.66	2/5

Women's 4x400 Relay

1	28	https://www.tfrrs.org/teams/11187	#2	Dakota State (S.C	4:12.27	1/29
2	38	https://www.tfrrs.org/teams/11189	#1	Dickinson State (I	4:16.46c (4:19.41fA)	1/29
3	48	https://www.tfrrs.org/teams/73270	#3	Viterbo (Wis.)	4:23.79c (4:27.29)	2/6
4	53	https://www.tfrrs.org/teams/77186	#5	Waldorf (Iowa)	4:26.29c (4:29.82f)	1/29
5	62	https://www.tfrrs.org/teams/70797	#4	Valley City State (	4:39.24c (4:42.94f)	1/15

Women's 4x800 Relay

1	11	https://www.tfrrs.org/teams/11187	#2	Dakota State (S.C	9:55.78c (10:02.65f)	2/6
2	13	https://www.tfrrs.org/teams/11189	#1	Dickinson State (I	10:06.25c(10:13.24)	2/5
3	29	https://www.tfrrs.org/teams/70797	#4	Valley City State (	10:57.60c(11:05.18)	2/5
4	40	https://www.tfrrs.org/teams/77186	#5	Waldorf (Iowa)	11:52.76c(12:00.98f)	1/29

Women's Distance Medley Relay

1	18	https://www.tfrrs.org/teams/11187	#2	Dakota State (S.C	13:04.56c(13:12.96f)	2/12
2	32	https://www.tfrrs.org/teams/73270	#3	Viterbo (Wis.)	14:01.26c(14:10.27)	2/6
3	36	https://www.tfrrs.org/teams/77186	#5	Waldorf (Iowa)	14:12.44c(14:21.57)	2/6

Women's High Jump

1	33	Lahna MATUCHA	SO	#2	Dakota State (S.C	1.57m	5-1¾	1/15
2	76	Ruth KONZEN	SO	#3	Viterbo (Wis.)	1.50m	4-11	2/13
2	76	Alazey MISHLEAU	FR	#5	Waldorf (Iowa)	1.50m	4-11	2/13
4	89	Katya BARANKO	FR	#1	Dickinson State (I	1.48m	4-10¼	2/5
5		Skila ROGERS	JR	#5	Waldorf (Iowa)	1.46m	4-9½	1/29
6		Taylor SARGENT	SO	#4	Valley City State (	1.45m	4-9	2/13
6		Mackenzie GRUBBS	SR	#1	Dickinson State (I	1.45m	4-9	2/5
6		Wrenzi WRZESINSKI	SO	#1	Dickinson State (I	1.45mA	4-9	1/29
9		Alexie STEPHANI	FR	#3	Viterbo (Wis.)	1.44m	4-8¾	1/30
10		Abigail STAFFORD	SO	#3	Viterbo (Wis.)	1.40m	4-7	2/13

Women's Pole Vault

1	28	Hannah COLEMAN	SR	#3	Viterbo (Wis.)	3.27m	10-8¾	2/12
2	33	Cassidy JORENSON	SO	#1	Dickinson State (I	3.23mA	10-7	1/29
3	45	Bailey NUUTINEN	SO	#3	Viterbo (Wis.)	3.05m	10-0	1/16
4	66	Brook TIBKE	SO	#4	Valley City State (	2.75m	9-¼	1/22
5	81	Emily HOWELL	FR	#3	Viterbo (Wis.)	2.60m	8-6¼	1/16
5	81	Gabriella GESZVAIN	SO	#3	Viterbo (Wis.)	2.60m	8-6¼	1/16
7	84	Tess DURSCHER	SO	#3	Viterbo (Wis.)	2.59m	8-6	1/30

Women's Long Jump

1	39	Breanna IHDE	SO	#3	Viterbo (Wis.)	5.29m	17-4¼	1/16
2	42	Wrenzi WRZESINSKI	SO	#1	Dickinson State (I	5.28m	17-4	2/5
3	45	Brooke MALSOM	SO	#4	Valley City State (	5.26m	17-3¼	2/5
4	55	Skila ROGERS	JR	#5	Waldorf (Iowa)	5.17m	16-11½	1/22
5	59	Faith BRENNAN	FR	#1	Dickinson State (I	5.16m	16-11¼	1/16
6	85	Mackenzie GRUBBS	SR	#1	Dickinson State (I	5.05mA	16-7	1/29
7	97	Camara GREEN	JR	#5	Waldorf (Iowa)	5.00m	16-5	1/22
8		Lana YEAKEL	SO	#3	Viterbo (Wis.)	4.95m	16-3	2/6
9		Grace PEYRON	SO	#3	Viterbo (Wis.)	4.94m	16-2½	2/6
10		Karla GONZALEZ	FR	#5	Waldorf (Iowa)	4.82m	15-9¾	1/22

Women's Triple Jump

1	16	Skila ROGERS	JR	#5	Waldorf (Iowa)	11.35m	37-3	2/12
2	18	Faith BRENNAN	FR	#1	Dickinson State (I	11.25m	36-11	1/16
3	48	Alexie STEPHANI	FR	#3	Viterbo (Wis.)	10.70m	35-1¼	2/6
4	61	Camara GREEN	JR	#5	Waldorf (Iowa)	10.52m	34-6¼	1/29
5	78	Jocelyn OTT	SO	#1	Dickinson State (I	10.16m	33-4	2/5
6	96	Alyssa ANDRESS	FR	#1	Dickinson State (I	9.96m	32-8¼	2/5
7	99	Ruth KONZEN	SO	#3	Viterbo (Wis.)	9.87m	32-4¾	1/30
8		Ashantai HARRIS	FR	#4	Valley City State (	9.36m	30-8½	1/22
9		Karla GONZALEZ	FR	#5	Waldorf (Iowa)	8.96m	29-4¾	1/22

Women's Shot Put

1	5	Traia HUBBARD	SR	#2	Dakota State (S.C	13.55m	44-5½	2/6
2	40	Hannah GORDON	SO	#4	Valley City State (	11.96m	39-3	2/5
3	85	Skila ROGERS	JR	#5	Waldorf (Iowa)	11.30m	37-1	2/13
4	89	Alyssa JUELFs	JR	#2	Dakota State (S.C	11.26m	36-11½	2/12
5		Jessica WALTER	FR	#1	Dickinson State (I	10.92m	35-10	2/13
6		Kayla KLEMMER	FR	#4	Valley City State (	10.89m	35-8¾	2/13
6		Tyra PAYNE	JR	#2	Dakota State (S.C	10.89m	35-8¾	1/9
8		Britni PLUCKER	JR	#2	Dakota State (S.C	10.32m	33-10¼	2/6
9		Wrenzi WRZESINSKI	SO	#1	Dickinson State (I	10.21m	33-6	2/5
10		Kaylee HORSMAN	SO	#3	Viterbo (Wis.)	10.14m	33-3¼	2/13



Conference TFRI Event Summary

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North Star

Women's Weight Throw

1	12	Traia HUBBARD	SR	#2	Dakota State (S.D	16.06m	52-8¼	2/6
2	33	Tyra PAYNE	JR	#2	Dakota State (S.D	15.09m	49-6¼	2/12
3	50	Hannah GORDON	SO	#4	Valley City State (	14.43m	47-4¼	1/22
4	71	Alyssa JUELFs	JR	#2	Dakota State (S.D	13.72m	45-¼	11/21
5	87	Madalyn PINNOW	JR	#3	Viterbo (Wis.)	13.30m	43-7¾	2/6
6	94	Maren GULLINGSRUD	JR	#3	Viterbo (Wis.)	13.23m	43-5	2/13
7		Rebecca WARREN	SR	#3	Viterbo (Wis.)	12.84m	42-1½	1/30
8		Britni PLUCKER	JR	#2	Dakota State (S.D	12.68m	41-7¼	2/6
9		Skyler PATTISON	SO	#2	Dakota State (S.D	12.10m	39-8½	1/15
10		Tayla MULLINGS	FR	#4	Valley City State (	11.72m	38-5½	2/13

Women's Pentathlon

1	9	Wrenzi WRZESINSKI	SO	#1	Dickinson State (I	3,201		2/5
2	30	Mackenzie GRUBBS	SR	#1	Dickinson State (I	2,756		2/5
3	45	Taylor SARGENT	SO	#4	Valley City State (	2,476		2/5
4	46	Katya BARANKO	FR	#1	Dickinson State (I	2,444		2/5
5	72	Tyler SMITH	SO	#4	Valley City State (	1,802		2/5



Conference TFRI Event Summary

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River States

Women's 60 Meters

1	46	Keri LECHNER	FR	#1	Carlow (Pa.)	7.96	2/6
2		Alexandra ARCHEY	FR	#1	Carlow (Pa.)	8.27	2/13
3		Nia GOODMAN	JR	#2	Point Park (Pa.)	8.45	1/15
4		Gracie LANIER	SO		Ohio Christian	8.49	2/12
5		Sydney SEYMOUR	FR	#1	Carlow (Pa.)	8.60	2/13
6		Amanda MCCANN	FR	#1	Carlow (Pa.)	8.61	2/6
7		Acacia MAY	SO		Ohio Christian	8.64	2/6
8		Abigail BURGETT	FR		Brescia (Ky.)	8.67	2/6
9		Mallory TOLER	JR		Brescia (Ky.)	8.70 (1.0)	1/30
10		Sophie JEBOSE	JR	#2	Point Park (Pa.)	8.79	2/6

Women's 200 Meters

1		Keri LECHNER	FR	#1	Carlow (Pa.)	27.08c (27.50)	2/6
2		Alexandra ARCHEY	FR	#1	Carlow (Pa.)	27.47c (27.89)	2/6
3		Acacia MAY	SO		Ohio Christian	27.55c (27.97)	2/6
4		Gracie LANIER	SO		Ohio Christian	28.14c (28.57)	2/6
5		Nia GOODMAN	JR	#2	Point Park (Pa.)	28.15c (28.58f)	1/23
6		Natalea HILLEN	FR	#2	Point Park (Pa.)	28.76 OT	1/15
7		Amanda MCCANN	FR	#1	Carlow (Pa.)	29.30c (29.75)	2/6
8		Sydney SEYMOUR	FR	#1	Carlow (Pa.)	29.43c (29.88)	2/6
9		Gabrielle CATON	JR	#3	Midway (Ky.)	30.06c (30.52)	2/6
10		Anna EISAMAN	SO	#2	Point Park (Pa.)	30.57c (31.04f)	1/23

Women's 400 Meters

1	80	Alexandra ARCHEY	FR	#1	Carlow (Pa.)	1:01.93c (1:02.75f)	1/22
2	85	Acacia MAY	SO		Ohio Christian	1:02.11c (1:02.93)	2/12
3		Keri LECHNER	FR	#1	Carlow (Pa.)	1:03.57 OT	2/13
4		Alyssa BOYD	SR	#2	Point Park (Pa.)	1:07.31 OT	1/15
5		Natalea HILLEN	FR	#2	Point Park (Pa.)	1:07.46c (1:08.35f)	1/23
6		Sydney SEYMOUR	FR	#1	Carlow (Pa.)	1:09.50 OT	2/13

Women's 600 Meters

1		Selena VARGAS	FR	#3	Midway (Ky.)	1:49.02c (1:50.35)	2/6
2		Mackenzie SHANDOR	FR	#1	Carlow (Pa.)	1:50.40c (1:51.75)	2/6
3		Elise TEREPISTRA	FR		Asbury (Ky.)	1:51.65c (1:53.01)	2/6
4		Amanda MCCANN	FR	#1	Carlow (Pa.)	1:53.48c (1:54.87f)	1/22
5		Camilla CORTEZ	SO	#2	Point Park (Pa.)	1:58.04c (1:59.48)	2/6
6		Aliyah HELM	FR	#3	Midway (Ky.)	1:58.35c (1:59.80)	2/6
7		Mya HAWKINS	FR		Brescia (Ky.)	1:58.71c (2:00.16)	2/6
8		Monica WINTERS	SR		Ohio Christian	2:02.19c (2:03.68)	2/6
9		Rachel LOMAKA	SO		Ohio Christian	2:04.50c (2:06.02)	2/6
10		Marianne GLAZINER	SO		Brescia (Ky.)	2:08.59c (2:10.16)	2/6

Women's 800 Meters

1	76	Alyssa BOYD	SR	#2	Point Park (Pa.)	2:28.60 OT	1/15
2		Allison PLASSIO	FR	#2	Point Park (Pa.)	2:40.28 OT	1/29
3		Olivia MILLER	SR	#1	Carlow (Pa.)	2:45.77 OT	11/19
4		Monica WINTERS	SR		Ohio Christian	2:53.49c (2:55.49)	2/12
5		Christina SMITH	FR	#1	Carlow (Pa.)	3:06.20 OT	11/19
6		Keri LECHNER	FR	#1	Carlow (Pa.)	3:10.22 OT	11/19

Women's 1000 Meters

1	40	Alyssa BOYD	SR	#2	Point Park (Pa.)	3:07.78 OT	2/13
2		Brittany LENZ	JR		Ohio Christian	3:25.43c (3:27.67)	2/12

Women's Mile

1	3	Alyssa CAMPBELL	JR	#2	Point Park (Pa.)	4:58.61 OT	1/15
2	83	Alyssa BOYD	SR	#2	Point Park (Pa.)	5:32.36c (5:35.65)	2/6
3		Mackenzie SHANDOR	FR	#1	Carlow (Pa.)	5:50.04c (5:53.50f)	1/22
4		Alyssa FRAUSTO	SR	#2	Point Park (Pa.)	5:52.72c (5:56.21)	2/6
5		Carolina TRUMPOWER	FR		Asbury (Ky.)	5:55.27c (5:58.78)	2/6
6		Brittany LENZ	JR		Ohio Christian	5:58.73c (6:02.28)	2/6
7		Sadie TAYLOR	JR	#3	Midway (Ky.)	6:04.39 out	1/30
8		Sydney ACHTZEHN	JR	#1	Carlow (Pa.)	6:06.29c (6:09.91)	2/6
9		Allison PLASSIO	FR	#2	Point Park (Pa.)	6:08.34c (6:11.98)	2/6
10		Josette ISAACS	JR	#3	Midway (Ky.)	6:17.09c (6:20.82)	2/6

Women's 3000 Meters

1	2	Alyssa CAMPBELL	JR	#2	Point Park (Pa.)	9:50.85 OT	1/29
2		Bethany HAMILTON	FR		Asbury (Ky.)	11:24.65c (11:30.52)	2/6
3		Abagale HUELSMAN	SO		Brescia (Ky.)	11:37.17c (11:43.14)	2/6
4		Sadie TAYLOR	JR	#3	Midway (Ky.)	11:55.69c (12:01.82)	2/6
5		Natalia ZUCCO	SO	#2	Point Park (Pa.)	12:43.08c (12:49.62)	2/6
6		Hannah PRIDE	JR	#4	WVU Tech	13:08.44 out	2/12
7		Sydney ACHTZEHN	JR	#1	Carlow (Pa.)	13:18.26c (13:25.10f)	1/22
8		Madeline SEGARS	JR	#3	Midway (Ky.)	13:23.06c (13:29.94)	2/6
9		Alisa KUCHMAK	JR	#4	WVU Tech	13:53.28 out	2/12
10		Darcy WILLIAMS	FR		Rio Grande (Ohio)	14:04.57c (14:11.81)	2/6

Women's 5000 Meters

1	7	Lexi JACKSON	JR		IU Kokomo (Ind.)	17:41.49 OT	2/13
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Women's 3000m Race Walk

1	5	Stefanie MEACHUM	FR	#4	WVU Tech	15:39.37 out	2/12
2	23	Annmari GRUTTADAURO	JR	#4	WVU Tech	21:25.18 out	2/12
3	29	Rayshell BROWN	SR	#1	Carlow (Pa.)	22:51.55 OT	2/13

Women's 60 Meter Hurdles

1	23	Keri LECHNER	FR	#1	Carlow (Pa.)	9.10	2/13
2	67	Olivia MILLER	SR	#1	Carlow (Pa.)	9.68	11/19
3		Nia GOODMAN	JR	#2	Point Park (Pa.)	10.03	1/29
4		Natalea HILLEN	FR	#2	Point Park (Pa.)	10.20	1/29
5		Anna EISAMAN	SO	#2	Point Park (Pa.)	10.62	1/23
6		Taylor SEXTON	SO	#4	WVU Tech	10.63 (0.6)	2/12
7		Ann OAKLEY	JR	#3	Midway (Ky.)	10.70	2/6
8		Amanda MCCANN	FR	#1	Carlow (Pa.)	11.23	2/13
9		Christina SMITH	FR	#1	Carlow (Pa.)	11.43	2/13
10		California HEADLEE	SO		Ohio Christian	11.90	2/6



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River States

Women's 4x400 Relay

1	54	https://www.tfrrs.org/teams/77203	#1	Carlow (Pa.)	4:26.38c	(4:29.91f)	1/22
2	59	https://www.tfrrs.org/teams/11333		Asbury (Ky.)	4:37.36c	(4:41.04)	2/6
3	70	https://www.tfrrs.org/teams/45474	#3	Midway (Ky.)	4:47.94c	(4:51.76)	2/6
4	71	https://www.tfrrs.org/teams/77311		Ohio Christian	4:51.40c	(4:55.26)	2/6
5	77	https://www.tfrrs.org/teams/67648		Brescia (Ky.)	5:27.42 out		1/30

Women's 4x800 Relay

1	22	https://www.tfrrs.org/teams/11333		Asbury (Ky.)	10:22.69c	(10:29.87)	2/6
2	33	https://www.tfrrs.org/teams/45474	#3	Midway (Ky.)	11:13.59c	(11:21.35)	2/6
3	41	https://www.tfrrs.org/teams/67648		Brescia (Ky.)	12:05.41c	(12:13.77)	2/6

Women's Distance Medley Relay

1	17	https://www.tfrrs.org/teams/11269	#2	Point Park (Pa.)	12:58.61 OT		1/29
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Women's High Jump

1	9	Olivia MILLER	SR	#1	Carlow (Pa.)	1.65m	5-5	11/19
2	54	Christina SMITH	FR	#1	Carlow (Pa.)	1.53m	5-¼	11/19
3	64	Nia GOODMAN	JR	#2	Point Park (Pa.)	1.52m	4-11¾	1/23
4		Keri LECHNER	FR	#1	Carlow (Pa.)	1.40m	4-7	1/22
5		Abigail BURGETT	FR		Brescia (Ky.)	1.36m	4-5½	2/6
6		Sunni COYNE	SR	#1	Carlow (Pa.)	1.27m	4-2	2/6

Women's Pole Vault

1	94	Rachel FREY	JR		Brescia (Ky.)	2.43m	7-11½	1/30
1	94	Nevaeh BROWN	FR	#3	Midway (Ky.)	2.43m	7-11½	1/30

Women's Long Jump

1	46	Sophie JEBOSE	JR	#2	Point Park (Pa.)	5.25m	17-2¾	2/6
2	73	Olivia MILLER	SR	#1	Carlow (Pa.)	5.11m	16-9¼	2/13
3	85	Keri LECHNER	FR	#1	Carlow (Pa.)	5.05m	16-7	2/13
4		Mallory TOLER	JR		Brescia (Ky.)	4.70m	15-5 (0.0)	1/30
5		Sydney SEYMOUR	FR	#1	Carlow (Pa.)	4.69m	15-4¾	2/6
6		Marta HUGHES	FR		Brescia (Ky.)	4.65m	15-3¼	2/6
7		Abigail BURGETT	FR		Brescia (Ky.)	4.53m	14-10½	2/6
8		Sheyenna STYTZ	FR		Brescia (Ky.)	4.39m	14-5	2/6
9		Alayna PETRI	FR		Brescia (Ky.)	4.28m	14-½	2/6
10		Christina SMITH	FR	#1	Carlow (Pa.)	4.27m	14-¼	2/6

Women's Triple Jump

1	15	Olivia MILLER	SR	#1	Carlow (Pa.)	11.36m	37-3¼	2/13
2	52	Sophie JEBOSE	JR	#2	Point Park (Pa.)	10.65m	34-11¼	1/29
3		Alexis LANGDON	SO	#2	Point Park (Pa.)	9.80m	32-2	1/23
4		Sydney SEYMOUR	FR	#1	Carlow (Pa.)	9.69m	31-9½	1/15
5		Christina SMITH	FR	#1	Carlow (Pa.)	9.59m	31-5¾	1/15
6		Sunni COYNE	SR	#1	Carlow (Pa.)	9.17m	30-1	1/22
7		Gabrielle CATON	JR	#3	Midway (Ky.)	9.05m	29-8¼ (0.3)	1/30
8		Mallory TOLER	JR		Brescia (Ky.)	9.04m	29-8 (0.1)	1/30
9		Sheyenna STYTZ	FR		Brescia (Ky.)	8.25m	27-¾ (0.6)	1/30
10		Alayna PETRI	FR		Brescia (Ky.)	7.98m	26-2¼ (0.2)	1/30

Women's Shot Put

1	60	Morgan MAFFETT	SO		Ohio Christian	11.61m	38-1¼	2/12
2	69	MiKayla CHINN	SR		Brescia (Ky.)	11.49m	37-8½	2/6
3		Jasmine WICKS	SR	#1	Carlow (Pa.)	10.21m	33-6	2/13
4		Olivia MILLER	SR	#1	Carlow (Pa.)	9.86m	32-4¼	11/19
5		Britney ADRIAN	JR	#2	Point Park (Pa.)	8.99m	29-6	2/6
6		Sophie JEBOSE	JR	#2	Point Park (Pa.)	8.83m	28-11¾	2/6
7		Samantha MILLER	JR		Rio Grande (Ohio)	8.74m	28-8¼	2/6
8		Imani DONOVAN	JR		Ohio Christian	8.43m	27-8	2/6
9		Brooklin MCCOY	FR		Ohio Christian	8.32m	27-3¾	2/6
10		Marti HOOD	FR	#3	Midway (Ky.)	7.80m	25-7¼	1/30

Women's Weight Throw

1	19	Morgan MAFFETT	SO		Ohio Christian	15.66m	51-4½	2/12
2	45	Sierra CRESS	JR		Rio Grande (Ohio)	14.56m	47-9¼	2/6
3	56	Kaila BARR	SO		Rio Grande (Ohio)	14.28m	46-10¼	2/6
4		Imani DONOVAN	JR		Ohio Christian	11.35m	37-3	1/23
5		Samantha MILLER	JR		Rio Grande (Ohio)	11.23m	36-10¼	2/6
6		Britney ADRIAN	JR	#2	Point Park (Pa.)	10.52m	34-6¼	2/6
7		Emily COLLEY	SO	#3	Midway (Ky.)	10.18m	33-4¾	2/6
8		Brooklin MCCOY	FR		Ohio Christian	9.81m	32-2¼	2/6
9		Jasmine WICKS	SR	#1	Carlow (Pa.)	9.48m	31-1¼	2/6
10		Jordan PALMER	SR	#1	Carlow (Pa.)	6.60m	21-8	2/6

Women's Pentathlon

1	14	Olivia MILLER	SR	#1	Carlow (Pa.)	3,123		11/19
2	53	Keri LECHNER	FR	#1	Carlow (Pa.)	2,352		11/19
3	71	Christina SMITH	FR	#1	Carlow (Pa.)	1,828		11/19



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Sun Conference

Women's 60 Meters

1	9	Jaqual BUSH	FR	#1	Southeastern (Fla.)	7.71	(-0.7)	1/30
2	12	Oluwafikayomi LAWRENCE	SO	#1	Southeastern (Fla.)	7.74	(0.0)	11/21
3	23	Shaniya BERRY	FR	#1	Southeastern (Fla.)	7.86		2/13
3	23	Staicha LAROSE	FR	#3	Keiser (Fla.)	7.86		2/12
5	29	Iyana MCKEEVER	SR	#2	USC Beaufort (S.C.)	7.88		1/24
6	32	Shakera THOMPSON	JR	#1	Southeastern (Fla.)	7.90	(0.7)	1/16
7	46	Amaya KIER	SO	#1	Southeastern (Fla.)	7.96	(0.0)	11/21
8	51	Briana RAMOS	SO	#1	Southeastern (Fla.)	7.98	(0.0)	11/21
9	84	Sapphire MORGAN	FR	#3	Keiser (Fla.)	8.08	(-0.7)	1/30
10	89	Shikyla WALCOTT	JR	#4	Florida Memorial	8.10	(0.6)	1/16

Women's 200 Meters

1	9	Jaqual BUSH	FR	#1	Southeastern (Fla.)	24.83 out	(-1.7)	1/30
2	26	Namiah SIMPSON	JR	#1	Southeastern (Fla.)	25.75 out	(-1.7)	1/30
3	27	Shaniya BERRY	FR	#1	Southeastern (Fla.)	25.76		2/13
4	32	Shyann JACKSON	FR	#3	Keiser (Fla.)	25.83 out	(-1.8)	1/30
5	42	Oluwafikayomi LAWRENCE	SO	#1	Southeastern (Fla.)	25.98 out	(0.0)	11/21
6	47	Yuriah BIGOS	SO	#1	Southeastern (Fla.)	26.18 out	(-1.7)	1/30
7	61	Staicha LAROSE	FR	#3	Keiser (Fla.)	26.34	(0.2)	2/6
8	63	Amaya KIER	SO	#1	Southeastern (Fla.)	26.36 out	(-0.7)	1/16
9	64	Oriana HERNANDEZ	FR	#2	USC Beaufort (S.C.)	26.37 out	(0.0)	11/21
10	79	Qunizel BAZILIO	FR	#4	Florida Memorial	26.52 out	(-0.9)	1/30

Women's 400 Meters

1	5	Yuriah BIGOS	SO	#1	Southeastern (Fla.)	56.99		2/13
2	6	Namiah SIMPSON	JR	#1	Southeastern (Fla.)	57.01		2/13
3	10	Courtney GALES	JR	#1	Southeastern (Fla.)	58.06 out		11/21
4	14	Shyann JACKSON	FR	#3	Keiser (Fla.)	58.52 out		1/30
5	41	Miyah FORD	JR	#1	Southeastern (Fla.)	1:00.30 out		1/30
6	54	Denai WILSON	SO	#4	Florida Memorial	1:00.89 out		1/30
7	64	Marie MARC	FR	#3	Keiser (Fla.)	1:01.42 out		1/30
8		Staicha LAROSE	FR	#3	Keiser (Fla.)	1:02.72 out		1/30
9		Monique BROWN	FR	#4	Florida Memorial	1:03.18 out		1/30
10		Monique WOODS	FR	#4	Florida Memorial	1:03.42 out		1/30

Women's 600 Meters

1	14	Courtney GALES	JR	#1	Southeastern (Fla.)	1:37.80 out		1/30
2	45	Marie MARC	FR	#3	Keiser (Fla.)	1:42.10 out		1/30
3	58	Monique BROWN	FR	#4	Florida Memorial	1:44.00 out		1/30
4	87	Monique WOODS	FR	#4	Florida Memorial	1:45.49 out		1/16
5		Maya DUNN	JR	#1	Southeastern (Fla.)	1:48.42 out		11/21
6		Shyann JACKSON	FR	#3	Keiser (Fla.)	1:49.21 out		1/16
7		Rebecca LABERGE	SR	#3	Keiser (Fla.)	1:51.20 out		1/30
8		Neomi LEE	FR	#1	Southeastern (Fla.)	2:02.10 out		1/30
9		Madison BRANDT	SO	#3	Keiser (Fla.)	2:14.07 out		1/16

Women's 800 Meters

1	71	Julia ROHM	JR	#1	Southeastern (Fla.)	2:28.39 out		1/16
2	79	Jenitiza TRINIDAD	JR	#2	USC Beaufort (S.C.)	2:28.65		2/6
3	86	Emma WOLTJER	SO	#1	Southeastern (Fla.)	2:29.42		2/6
4		Isabel OLIVETO	JR	#1	Southeastern (Fla.)	2:34.50		2/6
5		Chanaiya RICHARDS	SR	#3	Keiser (Fla.)	2:37.42		2/6
6		Rebecca LABERGE	SR	#3	Keiser (Fla.)	2:40.44		2/6
7		Kendal CLARK	SR	#5	Webber International	2:40.84		2/6
8		Monique BROWN	FR	#4	Florida Memorial	2:41.03 out		1/16
9		Kathy MACEDO	SO	#1	Southeastern (Fla.)	2:42.43		1/24
10		Michelle TIERNEY	JR	#1	Southeastern (Fla.)	2:43.30 out		1/30

Women's 1000 Meters

1	52	Jenitiza TRINIDAD	JR	#2	USC Beaufort (S.C.)	3:11.22 out		11/21
2	58	Julia ROHM	JR	#1	Southeastern (Fla.)	3:12.33 out		1/16
3		Alexa LASHLEY	FR	#2	USC Beaufort (S.C.)	3:22.37 out		11/21
4		Kathy MACEDO	SO	#1	Southeastern (Fla.)	3:25.67		2/6
5		Madison LILIENTHAL	FR	#1	Southeastern (Fla.)	3:26.96		2/6
6		Chanaiya RICHARDS	SR	#3	Keiser (Fla.)	3:28.37 out		1/16
7		Isabel OLIVETO	JR	#1	Southeastern (Fla.)	3:30.92 out		1/16
8		Emma MCLAUGHLIN	SO	#1	Southeastern (Fla.)	3:33.71 out		1/30
9		Hazel RODRIGUEZ	SO	#3	Keiser (Fla.)	3:35.70 out		1/30
10		Mikayla KALAPUCH	JR	#1	Southeastern (Fla.)	3:36.89 out		1/30

Women's Mile

1	41	Julia ROHM	JR	#1	Southeastern (Fla.)	5:23.75 out		11/21
2	93	Isabel OLIVETO	JR	#1	Southeastern (Fla.)	5:34.41		2/6
3		Jenitiza TRINIDAD	JR	#2	USC Beaufort (S.C.)	5:35.90 out		11/21
4		Kendal CLARK	SR	#5	Webber International	5:36.26 out		1/30
5		Chanaiya RICHARDS	SR	#3	Keiser (Fla.)	5:36.40 out		1/30
6		Alexa LASHLEY	FR	#2	USC Beaufort (S.C.)	5:40.41 out		1/16
7		Raeanna PABON	SR	#1	Southeastern (Fla.)	5:42.78		1/24
8		Kathy MACEDO	SO	#1	Southeastern (Fla.)	5:52.22		2/6
9		Hazel RODRIGUEZ	SO	#3	Keiser (Fla.)	6:08.46 out		1/30
10		Gabriela LUGO-PARDO	FR	#3	Keiser (Fla.)	6:11.08 out		1/30

Women's 3000 Meters

1	31	Julia ROHM	JR	#1	Southeastern (Fla.)	10:39.58		2/13
2	79	Isabel OLIVETO	JR	#1	Southeastern (Fla.)	11:05.12 out		1/30
3		Alexa LASHLEY	FR	#2	USC Beaufort (S.C.)	11:17.38 out		1/16
4		Makenzie JOHNSON	JR	#1	Southeastern (Fla.)	11:25.34		2/6
5		Isabella PAYNE	FR	#1	Southeastern (Fla.)	11:42.87 out		1/30
6		Emma MCLAUGHLIN	SO	#1	Southeastern (Fla.)	11:44.82 out		1/30
7		Madison LILIENTHAL	FR	#1	Southeastern (Fla.)	11:47.40 out		1/30
8		Mikayla KALAPUCH	JR	#1	Southeastern (Fla.)	12:05.29 out		1/30
9		Teresa GASPER-HERRERA	SO	#3	Keiser (Fla.)	12:14.22 out		1/30
10		Hazel RODRIGUEZ	SO	#3	Keiser (Fla.)	12:19.02 out		1/16



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Sun Conference

Women's 5000 Meters

1	19	Julia ROHM	JR	#1	Southeastern (Fla.)	18:04.20 out	11/21
2	52	Makenzie JOHNSON	JR	#1	Southeastern (Fla.)	19:11.57	2/13
3	79	Emma MCLAUGHLIN	SO	#1	Southeastern (Fla.)	19:54.66	2/6
4	85	Isabel OLIVETO	JR	#1	Southeastern (Fla.)	20:00.47 out	1/16
5		Madison RILEY	SR	#2	USC Beaufort (S.C.)	20:47.53 out	11/21
6		Mikayla KALAPUCH	JR	#1	Southeastern (Fla.)	20:49.40	2/6
7		Teresa GASPER-HERRERA	SO	#3	Keiser (Fla.)	21:12.76	2/6
8		Madison LILIENTHAL	FR	#1	Southeastern (Fla.)	21:55.72 out	1/16
9		Sarahna HERNDON	SR	#2	USC Beaufort (S.C.)	22:05.38 out	11/21

Women's 3000m Race Walk

1	15	Katarina SCHWEBACH	JR	#2	USC Beaufort (S.C.)	20:20.99	2/6
2	16	Sydney SLAGEL	FR	#1	Southeastern (Fla.)	20:21.07	2/6

Women's 60 Meter Hurdles

1	15	Amaya KIER	SO	#1	Southeastern (Fla.)	9.00 (1.2)	1/16
2	32	Heaven KENNEDY	FR	#3	Keiser (Fla.)	9.30 (1.2)	1/16
3	95	Michelle TIERNEY	JR	#1	Southeastern (Fla.)	9.96	1/24
4	98	Oriana HERNANDEZ	FR	#2	USC Beaufort (S.C.)	9.98 (-0.9)	2/6
5		Emonei WYNN	SO	#3	Keiser (Fla.)	10.32 (-0.6)	1/30
6		Sarah WINTER	FR	#1	Southeastern (Fla.)	10.79 (-0.9)	2/6
7		Mariya MARTINO	SO	#2	USC Beaufort (S.C.)	11.08 (-0.9)	2/6

Women's 4x400 Relay

1	3	https://www.tfrrs.org/teams/6214	#1	Southeastern (Fla.)	3:54.02	2/13
2	34	https://www.tfrrs.org/teams/1662	#4	Florida Memorial	4:14.11 out	1/16
3	42	https://www.tfrrs.org/teams/77189	#3	Keiser (Fla.)	4:18.95 out	1/16
4	65	https://www.tfrrs.org/teams/63967	#2	USC Beaufort (S.C.)	4:43.28	2/6

Women's 4x800 Relay

1	28	https://www.tfrrs.org/teams/77189	#3	Keiser (Fla.)	10:57.15	2/6
2	35	https://www.tfrrs.org/teams/63967	#2	USC Beaufort (S.C.)	11:21.99	2/6
3	36	https://www.tfrrs.org/teams/6214	#1	Southeastern (Fla.)	11:26.65	2/6

Women's Distance Medley Relay

1	33	https://www.tfrrs.org/teams/6214	#1	Southeastern (Fla.)	14:06.70	2/6
2	42	https://www.tfrrs.org/teams/77189	#3	Keiser (Fla.)	15:07.32	2/6
3	43	https://www.tfrrs.org/teams/63967	#2	USC Beaufort (S.C.)	15:42.40	2/6

Women's High Jump

1	41	Maisonne JONES	SO	#2	USC Beaufort (S.C.)	1.55m 5-1	1/24
2	64	Emonei WYNN	SO	#3	Keiser (Fla.)	1.52m 4-11¾	2/6
3	76	Michelle TIERNEY	JR	#1	Southeastern (Fla.)	1.50m 4-11	1/30
4	96	Nicolette SNYDER	SR	#3	Keiser (Fla.)	1.47m 4-9¾	2/6
5		Oriana HERNANDEZ	FR	#2	USC Beaufort (S.C.)	1.45m 4-9	1/24
6		Erica CHRISTENSEN	SR	#3	Keiser (Fla.)	1.42m 4-7¾	1/16
7		Prosperity WRIGHT	SO	#1	Southeastern (Fla.)	1.40m 4-7	1/24
8		Katelyn SHINDLER	SR	#2	USC Beaufort (S.C.)	1.37m 4-6	2/6

Women's Pole Vault

1	88	Katelyn SHINDLER	SR	#2	USC Beaufort (S.C.)	2.50m 8-2½	2/6
2		Wesley MARTIN	SR	#2	USC Beaufort (S.C.)	2.25m 7-4½	2/6
2		Lauren BROWN	FR	#5	Webber International	2.25m 7-4½	2/6
4		Megan PANDOLFI	FR	#1	Southeastern (Fla.)	1.95m 6-4¾	2/6

Women's Long Jump

1	19	Iyana MCKEEVER	SR	#2	USC Beaufort (S.C.)	5.49m 18-¼	1/24
2	46	Maisonne JONES	SO	#2	USC Beaufort (S.C.)	5.25m 17-2¾	1/24
3	51	Denai WILSON	SO	#4	Florida Memorial	5.22m 17-1½ (-1)	1/30
4	69	Miyah FORD	JR	#1	Southeastern (Fla.)	5.13m 16-10	2/13
5	73	J'nai TAYLOR	JR	#5	Webber International	5.11m 16-9¼ (-0)	1/30
6		Emonei WYNN	SO	#3	Keiser (Fla.)	4.89m 16-½ (0.0)	1/30
7		Jade HINES	JR	#5	Webber International	4.87m 15-11¾ (0)	1/30
8		LaDaijahnae MILLER	SO	#1	Southeastern (Fla.)	4.84m 15-10½	1/24
9		Michelle TIERNEY	JR	#1	Southeastern (Fla.)	4.83m 15-10¼	2/13
10		Alohnna-Elyse LEE	FR	#5	Webber International	4.78m 15-8¼ (0.0)	1/30

Women's Triple Jump

1	13	LaDaijahnae MILLER	SO	#1	Southeastern (Fla.)	11.39m 37-4½	2/13
2	14	Iyana MCKEEVER	SR	#2	USC Beaufort (S.C.)	11.38m 37-4	1/24
3	20	Prosperity WRIGHT	SO	#1	Southeastern (Fla.)	11.23m 36-10¼	1/24
4	30	Miyah FORD	JR	#1	Southeastern (Fla.)	10.93m 35-10½	2/13
5	65	Nicolette SNYDER	SR	#3	Keiser (Fla.)	10.47m 34-4¼ (1.0)	1/30
6	92	Katelyn SHINDLER	SR	#2	USC Beaufort (S.C.)	10.05m 32-11¾ (0)	1/16
7	97	Emonei WYNN	SO	#3	Keiser (Fla.)	9.94m 32-7½ (1.6)	1/16
8	98	Al'leeyah STRAPPIER	FR	#3	Keiser (Fla.)	9.89m 32-5½ (1.9)	1/30
9		Algeria SCOTT	SO	#2	USC Beaufort (S.C.)	8.68m 28-5¼ (-1)	1/16

Women's Shot Put

1		Princess NWANKWO	JR	#1	Southeastern (Fla.)	10.96m 35-11½	2/6
2		Michelle TIERNEY	JR	#1	Southeastern (Fla.)	10.90m 35-9¼	2/6
3		Jana BARDEN	SO	#2	USC Beaufort (S.C.)	10.56m 34-7¾	2/6
4		Jennifer COLEMAN	SO		Thomas (Ga.)	9.96m 32-8¼	2/6
5		Sarah BYRD	SO	#3	Keiser (Fla.)	9.69m 31-9½	1/30
6		Melissa BROOKS	FR	#3	Keiser (Fla.)	8.93m 29-3¾	1/30
7		Bianca SIMPSON	SO	#2	USC Beaufort (S.C.)	8.92m 29-3¼	11/21
8		Emonei WYNN	SO	#3	Keiser (Fla.)	8.90m 29-2½	2/6
8		Isabelle LACHERMEIER	JR	#6	Warner (Fla.)	8.90m 29-2½	1/30
10		Jessica SIMPSON	FR	#2	USC Beaufort (S.C.)	7.81m 25-7½	11/21



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Sun Conference

Women's Weight Throw

1	21	Princess NWANKWO	JR	#1	Southeastern (Fla.)	15.56m	51-¾	2/13
2		Bianca SIMPSON	SO	#2	USC Beaufort (S.C.)	12.27m	40-3¼	2/6
3		Sarah BYRD	SO	#3	Keiser (Fla.)	10.94m	35-10¾	1/30
4		Jana BARDEN	SO	#2	USC Beaufort (S.C.)	10.19m	33-5¼	1/16
5		Melissa BROOKS	FR	#3	Keiser (Fla.)	8.00m	26-3	1/30
6		Jessica SIMPSON	FR	#2	USC Beaufort (S.C.)	7.28m	23-10¾	2/6

Women's Pentathlon

1	21	Michelle TIERNEY		#1	Southeastern (Fla.)	2,895		1/30
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The Heart

Women's 60 Meters

1	23	Haley FLAWS	JR	#1	Grand View (Iowa)	7.86	2/12
1	23	Kailey JOHNSON	FR	#3	Central Methodist	7.86	1/30
3	32	Elizabeth IBIDUNNI	SO	#6	Baker (Kan.)	7.90	2/13
3	32	Antoinette FLOWERS	SO	#3	Central Methodist	7.90 (7.33(55))	2/5
5	58	Shaniah NEWBY	SO	#8	William Penn (Iowa)	8.00	1/22
6	63	Jada GAINES	SR	#3	Central Methodist	8.01 (7.43(55))	1/22
7	72	Myah YODER	JR	#6	Baker (Kan.)	8.03	2/13
8	80	Selena TUCKER	FR	#4	MidAmerica Naza	8.07	2/6
9	88	Erika CANADA	SO	#1	Grand View (Iowa)	8.09	2/12
10		Alexandea ROSE	FR	#8	William Penn (Iowa)	8.15 (7.56(55))	1/16

Women's 200 Meters

1	29	Antoinette FLOWERS	SO	#3	Central Methodist	25.82 OT	1/30
2	36	Elizabeth IBIDUNNI	SO	#6	Baker (Kan.)	25.88	2/13
3	37	Shaniah NEWBY	SO	#8	William Penn (Iowa)	25.89c (26.29f)	2/5
4	61	Kailey JOHNSON	FR	#3	Central Methodist	26.34c (26.75f)	2/5
5	64	Myah YODER	JR	#6	Baker (Kan.)	26.37	2/13
6	75	Haley FLAWS	JR	#1	Grand View (Iowa)	26.42c (26.83f)	2/5
7	86	Raven WILLIAMS	JR	#8	William Penn (Iowa)	26.57c (26.98f)	1/30
8		Selena TUCKER	FR	#4	MidAmerica Naza	27.06c (27.48f)	2/6
9		Mason FITZGERALD	JR	#3	Central Methodist	27.14c (27.56f)	2/5
10		Abbie HALE	JR	#3	Central Methodist	27.19c (27.61f)	1/16

Women's 400 Meters

1	28	Elizabeth IBIDUNNI	SO	#6	Baker (Kan.)	59.79	2/13
2	30	Myah YODER	JR	#6	Baker (Kan.)	59.90	2/13
3	42	Raven WILLIAMS	JR	#8	William Penn (Iowa)	1:00.31 OT	1/22
4	59	Ashley WURTENBERGER	JR	#2	Benedictine (Kan)	1:01.07c (1:02.32u)	2/6
5	62	Abbie HALE	JR	#3	Central Methodist	1:01.33c (1:02.14f)	2/5
6	73	Mason FITZGERALD	JR	#3	Central Methodist	1:01.68 OT	1/30
7	75	Elise FEDERICI	JR	#2	Benedictine (Kan)	1:01.76 OT	1/30
8	79	Neomi SIDIQUE	FR	#1	Grand View (Iowa)	1:01.91c (1:02.73f)	1/30
9	83	Ashley OMOREGIE	JR	#8	William Penn (Iowa)	1:02.02 OT	1/22
10	LE+0:	Haley FLAWS	JR	#1	Grand View (Iowa)	1:02.57c (1:03.40f)	1/30

Women's 600 Meters

1	8	Kelly BROWN	JR	#4	MidAmerica Naza	1:36.69 OT (1:26.33/6)	1/30
2	12	Magdalena	JR	#4	MidAmerica Naza	1:37.46c (1:38.65f)	2/6
3	31	Caroline COBO	SO	#2	Benedictine (Kan)	1:40.67c (1:41.90f)	2/5
4	34	Maya EIDMAN	SO	#4	MidAmerica Naza	1:41.20 OT (1:30.35/6)	1/22
5	37	Myah YODER	JR	#6	Baker (Kan.)	1:41.40 OT (1:30.53/6)	1/30
6	48	Jordan HAWMAN	JR	#6	Baker (Kan.)	1:42.42 (1:31.44/6)	2/13
7	53	Elliana WYLLIE	SO	#2	Benedictine (Kan)	1:43.52c (1:44.78f)	2/5
8	55	Madeline WIESEMAN	SO	#3	Central Methodist	1:43.74 OT (1:32.62/6)	1/30
9	60	Elizabeth IBIDUNNI	SO	#6	Baker (Kan.)	1:44.05 OT (1:32.90/6)	1/30
10	68	Claire ZARYBNICKY	SO	#2	Benedictine (Kan)	1:44.36c (1:45.63f)	2/5

Women's 800 Meters

1	12	Andrea ERTZ	SR	#5	Mount Mercy (Iowa)	2:17.71c (2:19.29f)	2/6
2	15	Caroline COBO	SO	#2	Benedictine (Kan)	2:18.81c (2:20.41f)	1/22
3	27	Magdalena	JR	#4	MidAmerica Naza	2:21.75 OT	1/22
4	29	Mia WILHOIT	JR	#6	Baker (Kan.)	2:22.18	2/13
5	32	Kelly BROWN	JR	#4	MidAmerica Naza	2:22.59c (2:24.23f)	12/4
6	40	Maya EIDMAN	SO	#4	MidAmerica Naza	2:23.68c (2:25.33f)	2/6
7	51	Ceyda NAZLI	JR	#1	Grand View (Iowa)	2:25.49c (2:27.16f)	2/12
8	55	Claire ZARYBNICKY	SO	#2	Benedictine (Kan)	2:26.36 OT	1/30
9	70	Madeline WIESEMAN	SO	#3	Central Methodist	2:28.24c (2:29.95f)	2/5
10	86	Emily STANDAGE	SR		Evangel (Mo.)	2:29.42c (2:31.14f)	2/5

Women's 1000 Meters

1	3	Andrea ERTZ	SR	#5	Mount Mercy (Iowa)	2:57.59c (2:59.52f)	2/12
2	26	Mia WILHOIT	JR	#6	Baker (Kan.)	3:06.09 OT	1/30
3	41	Caroline COBO	SO	#2	Benedictine (Kan)	3:08.41c (3:10.46f)	1/16
4	44	Kelsi HUHNDOF	JR	#5	Mount Mercy (Iowa)	3:09.15c (3:11.21f)	2/12
5	55	Clare SMITH	SR	#2	Benedictine (Kan)	3:11.99c (3:14.08f)	1/22
6	69	Keagan PERKINS	JR	#7	Graceland (Iowa)	3:14.28c (3:16.40f)	2/5
7	71	Lexi KATS	FR	#2	Benedictine (Kan)	3:14.45c (3:16.57f)	2/5
8	75	Ceyda NAZLI	JR	#1	Grand View (Iowa)	3:15.76c (3:17.89f)	1/16
9	79	Jessica ERTZ	JR	#5	Mount Mercy (Iowa)	3:16.15c (3:18.29f)	2/12
10	93	Tatiana SMITH	SO	#2	Benedictine (Kan)	3:19.81c (3:21.99f)	1/22

Women's Mile

1	5	Andrea ERTZ	SR	#5	Mount Mercy (Iowa)	5:03.72c (5:06.72f)	1/22
2	36	Melanie COZZI	SR	#2	Benedictine (Kan)	5:22.76c (5:25.95f)	2/5
3	59	Isabella GUERRA	SO	#2	Benedictine (Kan)	5:27.73c (5:32.01u)	2/6
4	67	Lexi KATS	FR	#2	Benedictine (Kan)	5:28.92c (5:33.21u)	2/6
5	75	Sarah WHITE	SR	#2	Benedictine (Kan)	5:30.54c (5:34.86u)	2/6
6	90	Mary ROLWES	FR	#2	Benedictine (Kan)	5:33.70 OT	1/30
7	96	Keagan PERKINS	JR	#7	Graceland (Iowa)	5:34.93c (5:38.24f)	1/30
8		Claire RONNEBAUM	JR	#9	Clarke (Iowa)	5:41.46c (5:44.84f)	1/30
9		Clare SMITH	SR	#2	Benedictine (Kan)	5:42.45c (5:45.84f)	2/5
10		Agbigail ZITTER	FR	#4	MidAmerica Naza	5:44.01c (5:47.41f)	12/4

Women's 3000 Meters

1	27	Andrea ERTZ	SR	#5	Mount Mercy (Iowa)	10:35.84c (10:41.29f)	2/6
2	35	Kelsi HUHNDOF	JR	#5	Mount Mercy (Iowa)	10:41.27c (10:46.76f)	2/6
3	45	Sarah WHITE	SR	#2	Benedictine (Kan)	10:48.34c (10:53.89f)	1/22
4	74	Melanie COZZI	SR	#2	Benedictine (Kan)	11:02.06c (11:07.73f)	1/9
5	78	Morgan LAWSON	JR	#1	Grand View (Iowa)	11:04.67c (11:10.36f)	2/12
6	95	Isabella GUERRA	SO	#2	Benedictine (Kan)	11:09.59c (11:15.33f)	2/5
7	97	Lisa SAUTER	SR	#3	Central Methodist	11:09.88c (11:15.62f)	1/22
8	LE+0:	Laura MARTIN	FR	#2	Benedictine (Kan)	11:11.59c (11:17.34f)	2/5
9		Emily CHAMBERS	SR	#6	Baker (Kan.)	11:14.71c (11:20.49f)	2/5
10		Wasu JANIS	FR	#4	MidAmerica Naza	11:14.85c (11:20.63f)	12/4



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The Heart

Women's 5000 Meters

1	29	Sarah WHITE	SR	#2	Benedictine (Kan	18:31.97c (18:40.48f)	1/22
2	33	Lisa SAUTER	SR	#3	Central Methodis	18:48.18 OT	1/30
3	42	Kelsi HUHNDORF	JR	#5	Mount Mercy (Iow	19:04.70c (19:13.46f)	1/16
4	61	Emily CHAMBERS	SR	#6	Baker (Kan.)	19:22.16c (19:31.06f)	2/5
5	72	Hanna MEYER	JR	#9	Clarke (Iowa)	19:43.26c (19:52.32f)	1/30
6	82	Elizabeth KROHN	SR	#4	MidAmerica Naza	19:58.10 OT	1/16
7	87	Morgan LAWSON	JR	#1	Grand View (Iowa	20:03.03 OT	1/22
8	91	Claire RONNEBAUM	JR	#9	Clarke (Iowa)	20:15.23c (20:24.53f)	1/16
9	93	Laura MARTIN	FR	#2	Benedictine (Kan	20:20.23c (20:29.57f)	1/22
10		Chloe GREIG	SO	#1	Grand View (Iowa	20:54.33c (21:03.93f)	2/12

Women's 3000m Race Walk

1	24	Paige THOMPSON	SO	#1	Grand View (Iowa	21:33.51 f	2/5
2	25	Sarah KING	SO	#3	Central Methodis	21:46.42 f	2/5
3	28	Lilian PATTERSON	FR	#3	Central Methodis	22:47.50 f	2/5
4	32	Cherokee COX	FR	#4	MidAmerica Naza	23:59.07 f	2/5
5	33	Allison PROCTER	SO	#3	Central Methodis	24:31.26 f	2/5
6	34	Chloe GREIG	SO	#1	Grand View (Iowa	25:27.84 f	2/5
7	35	Megan SMOLDT	FR	#1	Grand View (Iowa	25:40.22 f	2/5
8	37	Sydney BAULE	JR	#9	Clarke (Iowa)	26:53.61 f	1/30

Women's 60 Meter Hurdles

1	26	Amara TAYLOR	SR	#1	Grand View (Iowa	9.18	2/12
2	35	Jade OSBORN	JR	#6	Baker (Kan.)	9.33	1/30
3	38	Annie LEOPOLD	FR	#5	Mount Mercy (Iow	9.37	2/12
4	42	Kailey JOHNSON	FR	#3	Central Methodis	9.39	1/30
5	51	Mya MOORE	FR	#1	Grand View (Iowa	9.50	2/12
6	57	Jayden HAMMOND	SR	#4	MidAmerica Naza	9.57	1/30
7	61	Katherine HUNTER	JR	#8	William Penn (Iov	9.60 (8.92(55))	2/5
8	62	Cassie YARDLEY	JR	#1	Grand View (Iowa	9.61 (8.93(55))	2/5
9	65	Carly LINDENMEYER	SO	#4	MidAmerica Naza	9.66	2/6
10	78	McKenna DAVIDSON	SO	#1	Grand View (Iowa	9.77	2/12

Women's 4x400 Relay

1	17	https://www.tfrrs.org/teams/1825	#3	Central Methodis	4:06.42 OT	1/30
2	18	https://www.tfrrs.org/teams/3697	#8	William Penn (Iov	4:07.93 OT	1/22
3	19	https://www.tfrrs.org/teams/1789	#2	Benedictine (Kan	4:08.40 OT	1/30
4	20	https://www.tfrrs.org/teams/21411	#4	MidAmerica Naza	4:08.59c (4:11.89f)	12/4
5	22	https://www.tfrrs.org/teams/60582	#1	Grand View (Iowa	4:09.52c (4:12.83f)	2/12
6	24	https://www.tfrrs.org/teams/1787	#6	Baker (Kan.)	4:11.01 OT	1/30
7	55	https://www.tfrrs.org/teams/11237	#5	Mount Mercy (Iow	4:26.98c (4:30.52f)	2/6
8	58	https://www.tfrrs.org/teams/27048	#9	Clarke (Iowa)	4:36.41c (4:40.07f)	1/16
9	63	https://www.tfrrs.org/teams/1849	#7	Graceland (Iowa)	4:40.26c (4:43.98f)	1/16

Women's 4x800 Relay

1	8	https://www.tfrrs.org/teams/1789	#2	Benedictine (Kan	9:49.90c (9:56.70f)	1/22
2	31	https://www.tfrrs.org/teams/11237	#5	Mount Mercy (Iow	11:07.88c (11:15.58f)	1/22
3	32	https://www.tfrrs.org/teams/1825	#3	Central Methodis	11:09.80c (11:17.52f)	2/5
4	37	https://www.tfrrs.org/teams/1849	#7	Graceland (Iowa)	11:32.33c (11:40.31f)	1/22

Women's Distance Medley Relay

1	11	https://www.tfrrs.org/teams/11237	#5	Mount Mercy (Iow	12:39.99c (12:48.13f)	2/12
2	14	https://www.tfrrs.org/teams/1789	#2	Benedictine (Kan	12:46.64c (12:54.85f)	1/22
3	26	https://www.tfrrs.org/teams/27048	#9	Clarke (Iowa)	13:37.48c (13:46.23)	2/6
4	27	https://www.tfrrs.org/teams/1849	#7	Graceland (Iowa)	13:42.03c (13:50.83f)	2/5
5	31	https://www.tfrrs.org/teams/1825	#3	Central Methodis	13:58.04c (14:07.01f)	2/5
6	39	https://www.tfrrs.org/teams/60582	#1	Grand View (Iowa	14:36.69c (14:46.08f)	2/5

Women's High Jump

1	11	Carly LINDENMEYER	SO	#4	MidAmerica Naza	1.63m	5-4¼	1/30
2	16	Kyleigh GUTHRIDGE	SO	#8	William Penn (Iov	1.61m	5-3¼	2/5
2	16	Ashlynn PERKINS	JR	#7	Graceland (Iowa)	1.61m	5-3¼	2/5
4	37	Jayden HAMMOND	SR	#4	MidAmerica Naza	1.56m	5-1¼	2/6
4	37	Tara SAMPSON	JR	#7	Graceland (Iowa)	1.56m	5-1¼	1/30
6	54	Mya MOORE	FR	#1	Grand View (Iowa	1.53m	5-¼	1/29
7	69	Calyssa PLYMELL	FR	#3	Central Methodis	1.51m	4-11½	2/5
7	69	Antonia RANDLE	FR	#3	Central Methodis	1.51m	4-11½	2/5
7	69	Ashtoni SANDS	JR	#10	Missouri Valley	1.51m	4-11½	1/30
7	69	Talisa STONE	SO	#6	Baker (Kan.)	1.51m	4-11½	1/30
7	69	Keagan PERKINS	JR	#7	Graceland (Iowa)	1.51m	4-11½	1/30

Women's Pole Vault

1	27	Suzanne GUERRERO	JR	#7	Graceland (Iowa)	3.28m	10-9	1/30
2	38	Katlin MARTIN	JR	#7	Graceland (Iowa)	3.13m	10-3¼	2/5
3	52	Kiana NEWBERRY	FR	#7	Graceland (Iowa)	2.98m	9-9¼	2/5
3	52	Amara REICHERT	FR	#3	Central Methodis	2.98m	9-9¼	2/5
5	80	Caroline WEATHERFORD	SO	#3	Central Methodis	2.61m	8-6¼	1/30

Women's Long Jump

1	21	Lexie JOHNSON	SO	#5	Mount Mercy (Iow	5.47m	17-11½	2/12
2	26	Carly LINDENMEYER	SO	#4	MidAmerica Naza	5.41m	17-9	12/4
3	42	Bayley WELK	JR	#4	MidAmerica Naza	5.28m	17-4	12/4
4	51	Jada GAINES	SR	#3	Central Methodis	5.22m	17-1½	1/16
5	55	Kaitlyn WEBER	SO	#3	Central Methodis	5.17m	16-11½	1/22
6	62	Amara FEYERER-MELK	JR	#2	Benedictine (Kan	5.15m	16-10¾	2/6
7	66	Paige MURPHY	SR	#9	Clarke (Iowa)	5.14m	16-10½	1/16
8	76	Kailey JOHNSON	FR	#3	Central Methodis	5.10m	16-8¾	1/9
9	92	Jayden HAMMOND	SR	#4	MidAmerica Naza	5.03m	16-6	2/6
10	100	Haley FLAWS	JR	#1	Grand View (Iowa	4.99m	16-4½	2/12



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The Heart

Women's Triple Jump

1	20	Bayley WELK	JR	#4	MidAmerica Naza	11.23m	36-10¼	2/6
2	54	Amara FEYRER-MELK	JR	#2	Benedictine (Kan	10.58m	34-8½	2/6
3	56	Kaitlyn WEBER	SO	#3	Central Methodis	10.56m	34-7¾	1/22
4	74	Abigail BATU-TIAKO	FR	#8	William Penn (Iov	10.21m	33-6	2/5
4	74	Haley FLAWS	JR	#1	Grand View (Iowa	10.21m	33-6	2/5
6	95	Maggie CHRISTIANSON	SR	#9	Clarke (Iowa)	10.00m	32-9¾	2/6
7		Catherine SHASERRE	FR	#2	Benedictine (Kan	9.86m	32-4¼	2/6
8		Kaylee PITZEN	SO	#9	Clarke (Iowa)	9.84m	32-3½	1/30
9		Paige MURPHY	SR	#9	Clarke (Iowa)	9.47m	31-1	2/6
10		Allison PROCTER	SO	#3	Central Methodis	9.29m	30-5¾	2/5

Women's Shot Put

1	6	LaVon DAVIS	SR	#1	Grand View (Iowa	13.38m	43-10¾	2/12
2	8	Bre NAIL	FR	#5	Mount Mercy (Iov	13.29m	43-7¼	2/12
3	9	Sydney FLATNESS	JR	#1	Grand View (Iowa	13.19m	43-3¾	2/12
4	23	Sara WINEMILLER	SO	#7	Graceland (Iowa)	12.61m	41-4½	1/16
5	36	Cassidy NERLAND	JR	#1	Grand View (Iowa	12.25m	40-2¼	2/12
6	38	Madison GREEN	FR	#1	Grand View (Iowa	12.09m	39-8	1/22
7	42	April CZARNECKI	SO	#1	Grand View (Iowa	11.93m	39-1¾	2/12
8	56	Hanna WOLFF	JR	#9	Clarke (Iowa)	11.66m	38-3¼	1/16
9	72	Oceana PAPAKEE	JR	#5	Mount Mercy (Iov	11.47m	37-7¾	2/12
10	77	Jasmine EVERS	JR	#3	Central Methodis	11.39m	37-4½	2/5

Women's Weight Throw

1	1	LaVon DAVIS	SR	#1	Grand View (Iowa	18.37m	60-3¼	2/12
2	11	Cassidy NERLAND	JR	#1	Grand View (Iowa	16.17m	53-¾	2/12
3	25	Katlyn HENDRICKSON	SR	#4	MidAmerica Naza	15.40m	50-6¼	12/4
4	28	April CZARNECKI	SO	#1	Grand View (Iowa	15.32m	50-3¼	1/16
5	34	Lauren WILLSON	SR	#5	Mount Mercy (Iov	15.08m	49-5¾	2/6
6	42	Ilyah MOORE	SO	#1	Grand View (Iowa	14.75m	48-4¾	1/26
7	43	Hanna WOLFF	JR	#9	Clarke (Iowa)	14.69m	48-2½	1/30
8	51	Jasmine EVERS	JR	#3	Central Methodis	14.40m	47-3	2/5
9	55	Madison GREEN	FR	#1	Grand View (Iowa	14.29m	46-10¾	1/26
10	66	Cristina VILLALOBOS	FR	#5	Mount Mercy (Iov	14.03m	46-½	1/16

Women's Pentathlon

1	8	Carly LINDENMEYER	SO	#4	MidAmerica Naza	3,216		2/6
2	16	Jayden HAMMOND	SR	#4	MidAmerica Naza	3,082		2/6
3	29	Mya MOORE	FR	#1	Grand View (Iowa	2,762		1/29
4	41	Caspian TRESSIN	SR	#4	MidAmerica Naza	2,531		12/4
5	49	Paige SCHMID	JR	#2	Benedictine (Kan	2,429		2/6
6	58	McKayla EDWARDS	JR	#1	Grand View (Iowa	2,272		1/29
7	61	Sydney NORMAN	FR	#9	Clarke (Iowa)	2,166		1/29
8	67	Marian COOVER	FR	#1	Grand View (Iowa	2,014		1/29



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WHAC

Women's 60 Meters

1	4	Sha'londa TERRY	SR	#1	Indiana Tech	7.59	2/13
2	5	Soyinne GREYNION	FR	#1	Indiana Tech	7.64	11/19
3	13	Doneasha BREWER	SR	#1	Indiana Tech	7.75	2/13
4	19	Jacqueline SCOTT	JR	#1	Indiana Tech	7.83	11/19
5	23	Nia WOOD	FR	#5	Madonna (Mich.)	7.86	2/7
6	31	Derica GIBSON	SO	#1	Indiana Tech	7.89	1/22
7	38	Jamaya WARTHEN	FR	#1	Indiana Tech	7.91	11/19
7	38	Erica XAYARATH	FR	#1	Indiana Tech	7.91	1/29
9	80	Antonishka DEVEAUX	SR	#1	Indiana Tech	8.07	1/22
10	93	Halle SCHNYDERS	FR	#3	Cornerstone (Mic	8.11	1/22

Women's 200 Meters

1	3	Sha'londa TERRY	SR	#1	Indiana Tech	24.54 OT	2/13
2	12	Doneasha BREWER	SR	#1	Indiana Tech	25.10 OT	2/13
3	13	Antonishka DEVEAUX	SR	#1	Indiana Tech	25.18 OT	2/13
4	14	Brianna TILLMAN	FR	#1	Indiana Tech	25.31 OT	2/13
5	15	Alysa COLEMAN	SO	#5	Madonna (Mich.)	25.40c (25.79f)	2/7
6	17	Derica GIBSON	SO	#1	Indiana Tech	25.42c (25.81f)	1/22
7	19	Jacqueline SCOTT	JR	#1	Indiana Tech	25.44 OT	11/19
8	20	Soyinne GREYNION	FR	#1	Indiana Tech	25.45 OT	2/13
9	34	Morgan LUEDY	SR	#3	Cornerstone (Mic	25.87c (26.27f)	2/13
10	52	Kayla MOODY	SO	#1	Indiana Tech	26.24 OT	2/13

Women's 400 Meters

1	3	Xuxa PEART	JR	#1	Indiana Tech	56.77 OT	1/29
2	7	Destinee MCGRADY	JR	#1	Indiana Tech	57.40 OT	1/29
3	13	Brianna TILLMAN	FR	#1	Indiana Tech	58.29 OT	2/13
4	19	Nia WOOD	FR	#5	Madonna (Mich.)	59.20 OT	2/13
5	21	Jo'Deci IRBY	SO	#1	Indiana Tech	59.41c (1:00.19f)	2/5
6	22	Morgan LUEDY	SR	#3	Cornerstone (Mic	59.54 OT	1/29
7	24	Alysa COLEMAN	SO	#5	Madonna (Mich.)	59.56 OT	1/29
8	37	Carlie TURNER	FR	#1	Indiana Tech	1:00.21 OT	1/29
9	44	olaide OLAPADE	SO	#1	Indiana Tech	1:00.46 OT	2/13
10	48	Jayla BROWN	JR	#5	Madonna (Mich.)	1:00.67 OT	2/13

Women's 600 Meters

1	17	renique SMITH	JR	#1	Indiana Tech	1:38.63 OT	2/13
2	43	Xuxa PEART	JR	#1	Indiana Tech	1:41.97c (1:43.21f)	1/22
3	64	Maggie WHITNEY	JR	#2	Aquinas (Mich.)	1:44.25c (1:45.52f)	2/7
4	66	Amanda WOOD	FR		Concordia (Mich.)	1:44.31c (1:45.58f)	2/12
5	82	Alexis CORDLE	SO	#4	Siena Heights (Mi	1:45.31c (1:46.60f)	2/7
6		Jordan GOODMAN	SR	#2	Aquinas (Mich.)	1:49.13c (1:50.46f)	2/13
7		Caroline JONES	SO	#2	Aquinas (Mich.)	1:49.20c (1:50.53f)	2/7
8		Nyla TAYLOR	FR	#1	Indiana Tech	1:49.74 OT	11/19
9		Isabella BLOMBERG	FR	#5	Madonna (Mich.)	1:49.77c (1:51.11f)	2/7
10		Paige SEELEY	FR	#2	Aquinas (Mich.)	1:49.88c (1:51.22f)	2/13

Women's 800 Meters

1	22	Angie SANCHEZ	SO	#1	Indiana Tech	2:21.11 OT	1/29
2	35	Maggie WHITNEY	JR	#2	Aquinas (Mich.)	2:23.26c (2:24.91f)	2/13
3	42	Lilly GRIEWE	SO	#1	Indiana Tech	2:23.91 OT	1/29
4	50	Caroline JONES	SO	#2	Aquinas (Mich.)	2:25.25c (2:26.92f)	2/13
5	63	Hannah ADLER	JR	#2	Aquinas (Mich.)	2:27.36c (2:29.06f)	2/13
6	90	Alexis CORDLE	SO	#4	Siena Heights (Mi	2:29.52c (2:31.24f)	2/13
7	94	renique SMITH	JR	#1	Indiana Tech	2:29.66 OT	1/15
8		Grace SWEET	JR	#2	Aquinas (Mich.)	2:30.34c (2:32.07f)	2/13
9		Emily MONROE	SO	#4	Siena Heights (Mi	2:32.07 OT	1/22
10		Emily MCMANUS	JR	#2	Aquinas (Mich.)	2:32.50c (2:34.25f)	2/13

Women's 1000 Meters

1	31	Nygia POLLARD	JR	#3	Cornerstone (Mic	3:06.66c (3:08.69f)	1/22
2	47	Annika SHOEMAKER	SO	#3	Cornerstone (Mic	3:10.11c (3:12.18f)	1/22
3	60	Eva CHMIELEWSKI	JR	#2	Aquinas (Mich.)	3:12.68c (3:14.78f)	2/13
4	66	Emily MONROE	SO	#4	Siena Heights (Mi	3:13.72c (3:15.83f)	2/13
5	90	Amanda MAURER	JR	#2	Aquinas (Mich.)	3:19.34c (3:21.51f)	2/13
6		Cammie MCCONNELL	SO	#3	Cornerstone (Mic	3:25.50c (3:27.74f)	1/22
7		Lydia SCHROEDER	JR		Concordia (Mich.)	3:30.94c (3:33.24f)	2/12
8		Desiree MCCONNELL	FR	#3	Cornerstone (Mic	3:36.19 OT	1/29
9		Megan ESPINOZA	FR		Concordia (Mich.)	3:38.21c (3:40.59f)	1/22

Women's Mile

1	29	Hannah ADLER	JR	#2	Aquinas (Mich.)	5:20.44c (5:23.61f)	2/13
2	47	Emily MCMANUS	JR	#2	Aquinas (Mich.)	5:25.40c (5:28.62f)	2/13
3	50	Megan GOUGH	SO	#2	Aquinas (Mich.)	5:26.16c (5:29.38f)	2/13
4	51	Haley NIEUWKOOP	SO	#3	Cornerstone (Mic	5:26.36 OT	1/29
5	56	Gabby BRANDONISIO	SR	#2	Aquinas (Mich.)	5:27.34c (5:30.58f)	2/13
6	61	Emily MONROE	SO	#4	Siena Heights (Mi	5:27.83c (5:31.07f)	2/13
7	69	Kara KLINE	JR	#1	Indiana Tech	5:29.08 OT	2/13
8	74	Anna FEDEWA	FR	#2	Aquinas (Mich.)	5:30.08c (5:33.34f)	2/13
9	88	Grace SWEET	JR	#2	Aquinas (Mich.)	5:33.23c (5:36.52f)	2/13
10		Xochitl GARCIA	SO	#4	Siena Heights (Mi	5:37.52c (5:40.86f)	2/13

Women's 3000 Meters

1	5	Nygia POLLARD	JR	#3	Cornerstone (Mic	10:04.76 OT	1/29
2	16	Haley NIEUWKOOP	SO	#3	Cornerstone (Mic	10:26.96c(10:32.33f)	2/5
3	26	Annika SHOEMAKER	SO	#3	Cornerstone (Mic	10:35.71c(10:41.16f)	2/5
4	28	Kateri MILLS	SR	#5	Madonna (Mich.)	10:36.50 OT	2/13
5	44	Hannah ADLER	JR	#2	Aquinas (Mich.)	10:48.24c(10:53.79f)	2/7
6	73	Megan GOUGH	SO	#2	Aquinas (Mich.)	11:01.44c(11:07.11f)	2/13
7	87	Cammie MCCONNELL	SO	#3	Cornerstone (Mic	11:07.61 OT	1/29
8	93	Hanna GRANT	JR	#2	Aquinas (Mich.)	11:08.80c(11:14.53f)	2/13
9		Anna FEDEWA	FR	#2	Aquinas (Mich.)	11:13.21c(11:18.98f)	2/7
10		Gabby BRANDONISIO	SR	#2	Aquinas (Mich.)	11:17.06c(11:22.86f)	2/7

Women's 5000 Meters

1	2	Nygia POLLARD	JR	#3	Cornerstone (Mic	17:23.61 OT	2/13
2	6	Haley NIEUWKOOP	SO	#3	Cornerstone (Mic	17:40.23 OT	2/13
3	81	Brenna STRATTON	JR	#3	Cornerstone (Mic	19:56.33c(20:05.49f)	1/22



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WHAC

Women's 3000m Race Walk

1	1	Loanie CELLARD	SR	#1	Indiana Tech	14:38.72 OT	2/13
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Women's 60 Meter Hurdles

1	1	Kylin NICHOLS	JR	#1	Indiana Tech	8.73	11/19
2	2	Leondra CORREIA	SR	#1	Indiana Tech	8.77	2/13
3	6	Katlyn JONES	SO	#1	Indiana Tech	8.86	2/13
4	8	Mary LEIGHTON	SR	#1	Indiana Tech	8.89	1/29
5	13	renique SMITH	JR	#1	Indiana Tech	8.97	2/13
6	15	Kierra RICE	JR	#4	Siena Heights (Mi	9.00	2/13
7	19	Destiny COPELAND	JR	#1	Indiana Tech	9.06	2/7
8	49	Shakirah KELLAM	SR	#1	Indiana Tech	9.49	11/19
9	50	Morgan LUEDY	SR	#3	Cornerstone (Mic	9.50	1/22
10	57	Mariam DAVIS	JR	#1	Indiana Tech	9.57	2/7

Women's 4x400 Relay

1	1	https://www.tfrrs.org/teams/59432	#1	Indiana Tech	3:49.12 OT	2/12
2	5	https://www.tfrrs.org/teams/77153	#5	Madonna (Mich.)	3:56.16 OT	1/29
3	23	https://www.tfrrs.org/teams/11255	#3	Cornerstone (Mic	4:10.79 OT	1/29
4	27	https://www.tfrrs.org/teams/10603	#4	Siena Heights (Mi	4:12.20c (4:15.54f)	2/13
5	49	https://www.tfrrs.org/teams/15416	#2	Aquinas (Mich.)	4:24.45c (4:27.96f)	2/13
6	64	https://www.tfrrs.org/teams/18850		Concordia (Mich.)	4:40.52c (4:44.24f)	2/12
7	75	https://www.tfrrs.org/teams/80338	#6	Rochester (Mich.)	5:11.28c (5:15.41f)	1/30

Women's 4x800 Relay

1	15	https://www.tfrrs.org/teams/15416	#2	Aquinas (Mich.)	10:13.90c (10:20.98f)	1/30
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Women's Distance Medley Relay

1	13	https://www.tfrrs.org/teams/59432	#1	Indiana Tech	12:44.35c (12:52.53f)	2/5
2	23	https://www.tfrrs.org/teams/15416	#2	Aquinas (Mich.)	13:20.04c (13:28.61f)	2/7

Women's High Jump

1	4	Erica XAYARATH	FR	#1	Indiana Tech	1.68m	5-6	11/19
2	7	Leondra CORREIA	SR	#1	Indiana Tech	1.66m	5-5¼	2/7
3	11	Kylin NICHOLS	JR	#1	Indiana Tech	1.63m	5-4¼	2/7
4	16	Braely HERREMA	FR	#3	Cornerstone (Mic	1.61m	5-3¼	1/22
5	19	Kaitlin ESSIG	SO	#3	Cornerstone (Mic	1.60m	5-3	1/29
6	23	Katlyn JONES	SO	#1	Indiana Tech	1.59m	5-2½	11/19
7	26	Brianna HATFIELD	SO	#4	Siena Heights (Mi	1.58m	5-2¼	1/30
7	26	Casey LENON	JR	#2	Aquinas (Mich.)	1.58m	5-2¼	2/13
7	26	Mary Catherine LEE	SO	#1	Indiana Tech	1.58m	5-2¼	2/13
7	26	Morgan LUEDY	SR	#3	Cornerstone (Mic	1.58m	5-2¼	1/22

Women's Pole Vault

1	1	Victoria FABER	JR	#2	Aquinas (Mich.)	4.10m	13-5¼	2/13
2	5	Tyler FUGATE	SO	#4	Siena Heights (Mi	3.72m	12-2½	2/13
3	19	Samantha NOWELL	SO	#4	Siena Heights (Mi	3.42m	11-2½	1/30
3	19	Ashley VERPLANK	SO	#3	Cornerstone (Mic	3.42m	11-2½	2/13
5	28	Laikyn KULMAN	JR	#2	Aquinas (Mich.)	3.27m	10-8¾	1/30
6	54	Mollie SMITH	JR	#4	Siena Heights (Mi	2.97m	9-9	2/13
6	54	Emily TUMMEL	FR	#3	Cornerstone (Mic	2.97m	9-9	2/13
8	61	Sara YOB	FR	#3	Cornerstone (Mic	2.82m	9-3	1/30
8	61	Morgan ADAMS	JR	#1	Indiana Tech	2.82m	9-3	2/7
8	61	Tatum TOWNSEND	FR	#3	Cornerstone (Mic	2.82m	9-3	1/30
8	61	Savannah EMAUS	FR	#1	Indiana Tech	2.82m	9-3	2/7

Women's Long Jump

1	2	Doneasha BREWER	SR	#1	Indiana Tech	6.11m	20-½	1/29
2	3	Destiny COPELAND	JR	#1	Indiana Tech	6.01m	19-8¾	1/29
3	4	Carlie TURNER	FR	#1	Indiana Tech	5.95m	19-6¼	1/15
4	5	Kylin NICHOLS	JR	#1	Indiana Tech	5.93m	19-5½	2/7
5	12	Katlyn JONES	SO	#1	Indiana Tech	5.56m	18-3	11/19
6	16	Mikaela HILLE	SR	#5	Madonna (Mich.)	5.53m	18-1¾	2/13
7	17	Mariam DAVIS	JR	#1	Indiana Tech	5.51m	18-1	2/13
8	24	Leondra CORREIA	SR	#1	Indiana Tech	5.46m	17-11	2/7
9	29	Erica XAYARATH	FR	#1	Indiana Tech	5.38m	17-8	1/15
10	34	renique SMITH	JR	#1	Indiana Tech	5.33m	17-6	1/29

Women's Triple Jump

1	2	Destiny COPELAND	JR	#1	Indiana Tech	12.26m	40-2¾	2/13
2	4	Leondra CORREIA	SR	#1	Indiana Tech	11.88m	38-11¾	2/13
3	5	Nekeima OBIKE	SR	#1	Indiana Tech	11.87m	38-11½	2/13
4	8	Katlyn JONES	SO	#1	Indiana Tech	11.60m	38-¾	2/13
5	19	Kylin NICHOLS	JR	#1	Indiana Tech	11.24m	36-10½	2/13
6	23	Mikaela HILLE	SR	#5	Madonna (Mich.)	11.10m	36-5	2/13
7	41	Domanique DOUGLAS	FR	#1	Indiana Tech	10.75m	35-3¼	11/19
8	54	Mehgan GODFREY	SO	#4	Siena Heights (Mi	10.58m	34-8½	2/7
9	62	Jeramea DENNISON	SO	#1	Indiana Tech	10.51m	34-5¾	1/15
10	81	Anajah GOMILLIA	FR	#1	Indiana Tech	10.14m	33-3¼	11/19

Women's Shot Put

1	59	Rebecca BELTRAN	SO	#2	Aquinas (Mich.)	11.63m	38-2	2/7
2	60	Gracie CLUTE	FR	#1	Indiana Tech	11.61m	38-1¼	2/13
3	77	Lilly LIVSEY	SO	#6	Rochester (Mich.)	11.39m	37-4½	2/13
4	86	Taishay PERRY	FR	#1	Indiana Tech	11.28m	37-¼	11/19
5	87	Sarah MITCHELL	FR	#5	Madonna (Mich.)	11.27m	36-11¾	2/13
6	90	Ebony BUTLER	JR	#1	Indiana Tech	11.24m	36-10½	1/29
7		Emilee KESSLER	JR	#5	Madonna (Mich.)	11.01m	36-1½	2/13
8		Manon LUTZKE	SR	#4	Siena Heights (Mi	10.76m	35-3¾	1/30
9		Erin GOTH	SO	#4	Siena Heights (Mi	10.75m	35-3¼	1/22
10		Skyler BEALS	FR	#4	Siena Heights (Mi	10.45m	34-3½	1/30



Conference TFRI Event Summary

as of 2/15/2021 12:29:11 AM

WHAC

Women's Weight Throw

1	14	Bailey BALLARD	SR	#2	Aquinas (Mich.)	16.01m	52-6½	2/13
2	23	Anna VANTUBERGEN	JR	#3	Cornerstone (Mic	15.48m	50-9½	2/13
3	29	Emilee KESSLER	JR	#5	Madonna (Mich.)	15.30m	50-2½	2/7
4	30	Lilly LIVSEY	SO	#6	Rochester (Mich.)	15.26m	50-¾	2/13
5	59	Ebony BUTLER	JR	#1	Indiana Tech	14.23m	46-8¼	1/29
6	75	Manon LUTZKE	SR	#4	Siena Heights (Mi	13.57m	44-6¼	2/13
7	83	Sarah MITCHELL	FR	#5	Madonna (Mich.)	13.45m	44-1½	2/13
8	88	Gracie CLUTE	FR	#1	Indiana Tech	13.29m	43-7¼	2/7
9	90	Victoria TODD	FR	#1	Indiana Tech	13.26m	43-6	2/7
10		Natalie KUTZLI	SO	#6	Rochester (Mich.)	12.90m	42-4	2/13

Women's Pentathlon

1	1	Kylin NICHOLS	JR	#1	Indiana Tech	3,488	2/7
2	3	Leondra CORREIA	SR	#1	Indiana Tech	3,457	2/7
3	4	renique SMITH	JR	#1	Indiana Tech	3,390	2/7
4	5	Destiny COPELAND	JR	#1	Indiana Tech	3,330	2/7
5	6	Katlyn JONES	SO	#1	Indiana Tech	3,294	11/19
6	11	Morgan LUEDY	SR	#3	Cornerstone (Mic	3,175	1/22
7	19	Mariam DAVIS	JR	#1	Indiana Tech	2,925	11/19
8	27	Braely HERREMA	FR	#3	Cornerstone (Mic	2,783	1/22
9	44	Erica XAYARATH	FR	#1	Indiana Tech	2,489	11/19
10	47	Sara YOB	FR	#3	Cornerstone (Mic	2,443	1/22