



USTFCCCA NJCAA Indoor Track & Field

WOMEN — 2021 Week #2, February 1

Regional TFRI Event Summary

as of 2/1/2021 8:43:31 AM

Atlantic

Women's 600 Meters

1	28	Princess JOHNSON	SO	#1	Louisburg (N.C.)	2:23.72	(1:54.06/5)	1/29
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Women's 800 Meters

1	37	Alana MORGAN	SO	#1	Louisburg (N.C.)	3:11.83		1/29
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2	41	Princess JOHNSON	SO	#1	Louisburg (N.C.)	3:58.72		1/23
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Regional TFRI Event Summary

as of 2/1/2021 8:43:31 AM

Central

Women's 60 Meters

1	1	Mercy NTIA-OBONG	SO	#1	Cloud County (Ka	Q	7.41	1/31
2	6	Isila APKUP	FR	#1	Cloud County (Ka	Q	7.62	1/31
3	8	Trinity SINEGAL	FR	#3	Fort Scott (Kan.)	Q	7.66	1/31
4	9	Shemia ODAINE	SO	#2	Barton (Kan.) CC	Q	7.77	1/31
5	13	Taneka BALLARD	FR	#2	Barton (Kan.) CC		7.80	1/31
6	15	Kailah GILMORE	FR	#3	Fort Scott (Kan.)		7.87	1/23
7	16	Dzarya PENNEY	SO	#5	Coffeyville (Kan.)		7.88	1/31
8	19	Jayda DILLON	FR	#2	Barton (Kan.) CC		7.92	1/31
9	20	Charleyanse HOWARD	FR	#3	Fort Scott (Kan.)		7.94	1/31
10	25	Jameka CHISHOLM	SO	#12	Pratt (Kan.) CC		8.01	1/31

Women's 200 Meters

1	1	Mercy NTIA-OBONG	SO	#1	Cloud County (Ka	Q	24.14	1/23
2	2	Trinity SINEGAL	FR	#3	Fort Scott (Kan.)	Q	24.84 OT	1/31
3	3	Isila APKUP	FR	#1	Cloud County (Ka		25.07	1/23
4	8	Shemia ODAINE	SO	#2	Barton (Kan.) CC		25.64 OT	1/31
5	9	Jayda DILLON	FR	#2	Barton (Kan.) CC		25.67 OT	1/31
6	11	Taneka BALLARD	FR	#2	Barton (Kan.) CC		25.71	1/23
7	17	Diondra WILBORN	FR	#8	Garden City (Kan.)		26.01c (26.68u)	1/15
8	19	Ariyonna BASTON	FR	#3	Fort Scott (Kan.)		26.07 OT	1/31
9	22	Charleyanse HOWARD	FR	#3	Fort Scott (Kan.)		26.13 OT	1/31
10	27	Avagay MORRIS	SO	#5	Coffeyville (Kan.)		26.59 OT	1/31

Women's 400 Meters

1	2	Isila APKUP	FR	#1	Cloud County (Ka	Q	56.94 OT	1/31
2	3	Leonie BEU	FR	#1	Cloud County (Ka	Q	57.85 OT	1/31
3	5	Pamela MILANO	SO	#1	Cloud County (Ka	Q	58.01	1/23
4	7	Lashanna GRAHAM	FR	#2	Barton (Kan.) CC	Q	58.11 OT	1/31
5	9	Jayda JONES	FR	#3	Fort Scott (Kan.)		59.73 OT	1/31
6	11	Jada SNEED	FR	#3	Fort Scott (Kan.)		1:00.25 OT	1/31
7	13	Dayjsha FANNING	SO	#2	Barton (Kan.) CC		1:00.91 OT	1/31
8	14	Tatiana WASHINGTON	FR	#5	Coffeyville (Kan.)		1:01.56 OT	1/31
9	15	Mikeibra MORRIS	FR	#9	Hinds (Miss.) CC		1:02.11	1/31
10	17	Alisha DORIS	FR	#3	Fort Scott (Kan.)		1:02.27 OT	1/31

Women's 600 Meters

1	1	Pamela MILANO	SO	#1	Cloud County (Ka	Q	1:34.08c (1:35.77u)	1/15
2	2	Leonie BEU	FR	#1	Cloud County (Ka	Q	1:36.01c (1:37.74u)	1/15
3	3	Tashira EDWARDS	FR	#1	Cloud County (Ka		1:40.90 OT	1/31
4	4	Sasha BROWN	SO	#2	Barton (Kan.) CC		1:41.18 OT	1/31
5	7	Jada SNEED	FR	#3	Fort Scott (Kan.)		1:42.04 OT	1/31
6	8	Emily FLORES	FR	#4	Cowley (Kan.)		1:42.68 OT	1/31
7	10	Kentayshija PRUITT	SO	#3	Fort Scott (Kan.)		1:44.21 OT	1/31
8	12	Kadija SOUMAORO	FR	#5	Coffeyville (Kan.)		1:45.36 OT	1/31
9	14	Alisha DORIS	FR	#3	Fort Scott (Kan.)		1:45.77 OT	1/31
10	15	Achai AROP	SO	#5	Coffeyville (Kan.)		1:46.24 OT	1/31

Women's 800 Meters

1	1	Kayan GREEN	FR	#2	Barton (Kan.) CC	Q	2:14.28 OT	1/31
2	2	Pamela MILANO	SO	#1	Cloud County (Ka	Q	2:14.90 OT	1/31
3	5	Zinara LESLEY	SO	#4	Cowley (Kan.)	Q	2:24.27	1/23
4	9	Patricia KOMA	SO	#1	Cloud County (Ka		2:26.20	1/23
5	12	Kya JOHNSON	SO	#1	Cloud County (Ka		2:29.89	1/23
6	18	Emily FLORES	FR	#4	Cowley (Kan.)		2:32.66	1/23
7	21	Abigail PINNOCK	FR	#8	Garden City (Kan.)		2:35.81	1/23
8	22	Angelica BERNAL	FR	#3	Fort Scott (Kan.)		2:36.33	1/23
9	27	Aydan BASS	FR	#6	Highland (Kan.) C		2:39.73 OT	1/31
10	35	Tara ELMER	FR	#2	Barton (Kan.) CC		3:00.71 out	1/14

Women's 1000 Meters

1	1	Patricia KOMA	SO	#1	Cloud County (Ka	Q	3:09.33 OT	1/31
2	2	Zinara LESLEY	SO	#4	Cowley (Kan.)	Q	3:09.37 OT	1/31
3	3	Lubna SUIED	SO	#4	Cowley (Kan.)		3:15.73 OT	1/31
4	4	Ludjenie MONDESIR	FR	#1	Cloud County (Ka		3:16.29c (3:19.28u)	1/15
5	5	Kya JOHNSON	SO	#1	Cloud County (Ka		3:17.66 OT	1/31
6	7	Miranda HERNANDEZ	FR	#7	Dodge City (Kan.)		3:20.18 OT	1/31
7	8	Sasha BROWN	SO	#2	Barton (Kan.) CC		3:21.44 OT	1/31
8	11	Angelica BERNAL	FR	#3	Fort Scott (Kan.)		3:29.21 OT	1/31
9	13	Ashley ISLE	FR	#5	Coffeyville (Kan.)		3:33.84 OT	1/31
10	15	Tara ELMER	FR	#2	Barton (Kan.) CC		3:42.60 OT	1/31

Women's Mile

1	1	Patricia KOMA	SO	#1	Cloud County (Ka	Q	5:20.39	1/23
2	4	Kayan GREEN	FR	#2	Barton (Kan.) CC		5:28.97c (5:32.84u)	1/23
3	5	Kya JOHNSON	SO	#1	Cloud County (Ka		5:35.95	1/23
4	7	Ludjenie MONDESIR	FR	#1	Cloud County (Ka		5:38.19	1/23
5	12	Edith VALDEZ	FR	#7	Dodge City (Kan.)		5:55.51 OT	1/31
6	13	Angelica BERNAL	FR	#3	Fort Scott (Kan.)		5:58.62 OT	1/31
7	14	Eva MIRANDA	FR	#3	Fort Scott (Kan.)		5:59.64 OT	1/31
8	20	Desiree GUERRA	FR	#10	Neosho County (I		6:11.04 OT	1/31
9	23	Maranda MITCHELL	FR	#3	Fort Scott (Kan.)		6:25.01	1/23
10	26	Ely DORADO	FR	#7	Dodge City (Kan.)		6:39.05 OT	1/31

Women's 3000 Meters

1	3	Patricia KOMA	SO	#1	Cloud County (Ka		11:00.89c(11:07.83u)	1/15
2	4	Ludjenie MONDESIR	FR	#1	Cloud County (Ka		11:22.28 OT	1/31
3	8	Edith VALDEZ	FR	#7	Dodge City (Kan.)		11:36.73 OT	1/31
4	10	Karissa GLOVER	FR	#4	Cowley (Kan.)		11:49.63 OT	1/31
5	13	Denise DOMINGUEZ	FR	#7	Dodge City (Kan.)		11:57.96 OT	1/31
6	14	Kya JOHNSON	SO	#1	Cloud County (Ka		12:02.41c(12:10.00u)	1/15
7	17	Eva MIRANDA	FR	#3	Fort Scott (Kan.)		12:19.87 OT	1/31
8	20	Paula VICIANO-CANSINO	FR	#4	Cowley (Kan.)		12:30.19 OT	1/31
9	22	Desiree GUERRA	FR	#10	Neosho County (I		12:42.11 OT	1/31

Women's 5000 Meters

1	2	Patricia KOMA	SO	#1	Cloud County (Ka	Q	18:48.18 OT	1/31
2	3	Lubna SUIED	SO	#4	Cowley (Kan.)	Q	18:54.43 OT	1/31
3	7	Abbey HOOVER	FR	#1	Cloud County (Ka		21:34.92 OT	1/31
4	8	Sara WHITE	FR	#7	Dodge City (Kan.)		22:45.29 OT	1/31



Regional TFRI Event Summary

as of 2/1/2021 8:43:32 AM

Central

Women's 60 Meter Hurdles

1	2	Ayesha NELSON	SO	#2	Barton (Kan.) CC	Q	8.71		1/31
2	3	Jerricka AMBUS	FR	#9	Hinds (Miss.) CC	Q	8.83		1/31
3	5	Kijah DAVENPORT	FR	#9	Hinds (Miss.) CC	Q	8.99		1/31
4	6	Diondra WILBORN	FR	#8	Garden City (Kan.)	Q	9.00		1/23
5	8	Ashanti HARVEY	FR	#2	Barton (Kan.) CC		9.09		1/31
6	9	Keiana NEWMAN	SO	#1	Cloud County (Ka)		9.45		1/31
7	10	Shavonte HARRIS	SO	#6	Highland (Kan.) C		9.47		1/31
8	12	Aeryn RECKWARD	FR	#1	Cloud County (Ka)		9.71		1/31
9	14	Jasmine SIMMONS	FR	#3	Fort Scott (Kan.)		10.15		1/31
10	16	Aliya HATTON	SO	#1	Cloud County (Ka)		10.41		1/23

Women's 4x400 Relay

1	1	https://www.tfrrs.org/teams/545	#1	Cloud County (Ka)	Q	3:50.61		1/23
2	5	https://www.tfrrs.org/teams/8048	#3	Fort Scott (Kan.)		4:05.98 OT		1/31
3	7	https://www.tfrrs.org/teams/547	#5	Coffeyville (Kan.)		4:09.30 OT		1/31
4	9	https://www.tfrrs.org/teams/557	#6	Highland (Kan.) C		4:26.25 OT		1/31
5	10	https://www.tfrrs.org/teams/551	#8	Garden City (Kan.)		4:26.94c (4:32.41u)		1/15
6	11	https://www.tfrrs.org/teams/992	#10	Neosho County (I)		4:35.20 OT		1/31
7	12	https://www.tfrrs.org/teams/4654	#4	Cowley (Kan.)		4:37.25 OT		1/31

Women's Distance Medley Relay

1	1	https://www.tfrrs.org/teams/545	#1	Cloud County (Ka)	Q	13:11.24 OT		1/31
2	2	https://www.tfrrs.org/teams/678	#7	Dodge City (Kan.)		14:01.02 OT		1/31

Women's High Jump

1	2	Annia ASHLEY	SO	#2	Barton (Kan.) CC	Q	1.66m	5-5¼	1/31
2	3	Nia ROBINSON	FR	#2	Barton (Kan.) CC	Q	1.63m	5-4¼	1/23
3	4	Victoria AUGUSTIN	FR	#5	Coffeyville (Kan.)	Q	1.61m	5-3¼	1/31
4	8	Jerricka AMBUS	FR	#9	Hinds (Miss.) CC		1.55m	5-1	1/31
5	11	Taylor MEINEN	SO	#4	Cowley (Kan.)		1.41m	4-7½	1/31
6	13	Diamond SULLIVAN	SO	#6	Highland (Kan.) C		1.34m	4-4¾	1/15

Women's Pole Vault

1	2	Georgia BELL	FR	#1	Cloud County (Ka)	Q	3.09m	10-1½	1/15
2	4	Taylor FRANCIS	FR	#6	Highland (Kan.) C		2.94m	9-7¾	1/31
3	5	Kassidy BLANN	FR	#4	Cowley (Kan.)		2.79m	9-1¾	1/24
4	6	Evie MARSHALL	SO	#6	Highland (Kan.) C		2.64m	8-8	1/31

Women's Long Jump

1	1	Annia ASHLEY	SO	#2	Barton (Kan.) CC	Q	5.74m	18-10	1/31
2	5	Jada MEECHAM	FR	#5	Coffeyville (Kan.)	Q	5.55m	18-2½	1/31
3	6	Kailah GILMORE	FR	#3	Fort Scott (Kan.)	Q	5.52m	18-1½	1/23
4	7	Nia ROBINSON	FR	#2	Barton (Kan.) CC	Q	5.46m	17-11 (0.0)	1/14
4	7	Shemia ODAINE	SO	#2	Barton (Kan.) CC	Q	5.46m	17-11	1/31
6	9	Tatiana WASHINGTON	FR	#5	Coffeyville (Kan.)		5.35m	17-6¾	1/31
7	12	Damazvia DAMES	FR	#3	Fort Scott (Kan.)		5.29m	17-4¼	1/31
8	14	Trinity SINEGAL	FR	#3	Fort Scott (Kan.)		5.12m	16-9¾	1/23
9	15	Daylece NEWSOM	FR	#5	Coffeyville (Kan.)		5.11m	16-9¼	1/31
10	19	Faithlyn IRVING	FR	#1	Cloud County (Ka)		4.86m	15-11½	1/31

Women's Triple Jump

1	2	Nia ROBINSON	FR	#2	Barton (Kan.) CC	Q	12.58m	41-3¼	1/23
2	3	Annia ASHLEY	SO	#2	Barton (Kan.) CC	Q	12.49m	40-11¾	1/23
3	6	Faithlyn IRVING	FR	#1	Cloud County (Ka)	Q	11.20m	36-9	1/31
4	7	Damazvia DAMES	FR	#3	Fort Scott (Kan.)	Q	11.10m	36-5	1/23
5	12	Charleyanse HOWARD	FR	#3	Fort Scott (Kan.)		10.66m	34-11¾	1/23
6	13	Jessica DENTON	SO	#11	Northwest Kansa		10.58m	34-8½	1/29
7	17	Ashanti HARVEY	FR	#2	Barton (Kan.) CC		9.73m	31-11¼ (0.	1/14
8	18	Keiana NEWMAN	SO	#1	Cloud County (Ka)		9.58m	31-5¼	1/15

Women's Shot Put

1	1	Ana DA SILVA	SO	#2	Barton (Kan.) CC	Q	14.62m	47-11¾	1/31
2	2	Marie FORBES	SO	#1	Cloud County (Ka)	Q	14.23m	46-8¼	1/15
3	3	Jada SEWELL	FR	#2	Barton (Kan.) CC	Q	12.43m	40-9½	1/31
4	6	Santornya RALLIFORD	FR	#6	Highland (Kan.) C		11.84m	38-10¼	1/31
5	9	Naliyah LANDRUM	FR	#5	Coffeyville (Kan.)		11.31m	37-1¼	1/14
6	10	Maycee CALIHAN	SO	#1	Cloud County (Ka)		11.29m	37-½	1/31
7	11	Shonase COLLINS	FR	#5	Coffeyville (Kan.)		11.17m	36-7¾	1/14
8	12	Kailee CHOICE	FR	#4	Cowley (Kan.)		10.80m	35-5¼	1/24
9	15	Shardenai DAVIS	FR	#4	Cowley (Kan.)		10.49m	34-5	1/31
10	17	Rashanna THORNE	FR	#4	Cowley (Kan.)		10.08m	33-1	1/31

Women's Weight Throw

1	2	Ana DA SILVA	FR	#2	Barton (Kan.) CC	Q	17.82m	58-5¾	1/14
2	3	Marie FORBES	SO	#1	Cloud County (Ka)	Q	16.28m	53-5	1/15
3	4	Deisiane TEXEIRA	SO	#6	Highland (Kan.) C		14.65m	48-¾	1/31
4	5	Maycee CALIHAN	SO	#1	Cloud County (Ka)		13.45m	44-1½	1/15
5	6	Santornya RALLIFORD	FR	#6	Highland (Kan.) C		12.85m	42-2	1/31
6	7	Naliyah LANDRUM	FR	#5	Coffeyville (Kan.)		12.80m	42-0	1/14
7	8	Shonase COLLINS	FR	#5	Coffeyville (Kan.)		12.77m	41-10¾	1/14
8	9	Jada SEWELL	FR	#2	Barton (Kan.) CC		12.76m	41-10½	1/31
9	11	Brenna DAVIDSON	SO	#1	Cloud County (Ka)		12.31m	40-4¾	1/31
10	12	Chole WILSON	SO	#4	Cowley (Kan.)		12.15m	39-10½	1/24

Women's Pentathlon

1	2	Taylor MEINEN	SO	#4	Cowley (Kan.)	Q	2,093		1/15
2	3	Diamond SULLIVAN	SO	#6	Highland (Kan.) C	Q	1,979		1/15
3	4	Channa HINES	SO	#4	Cowley (Kan.)	Q	833		1/15



Regional TFRI Event Summary

as of 2/1/2021 8:43:32 AM

Midwest

Women's 60 Meters

1	3	Odell FRYE	SO	#1	Iowa Central CC	Q 7.56	1/31
1	3	Hannah CONNELL	SO	#1	Iowa Central CC	Q 7.56	1/22
3	5	Terresha WALCOTT	FR	#2	Iowa Western CC	Q 7.60	1/30
4	7	Tirecia WALCOTT	FR	#2	Iowa Western CC	Q 7.65	1/30
5	9	Nayomie GREEN	FR	#2	Iowa Western CC	Q 7.77	1/30
6	14	Janyla HOSKINS	FR	#3	Indian Hills (Iowa)	7.83	1/30
7	17	Kylar BROWN	SO	#3	Indian Hills (Iowa)	7.90	1/22
8	18	Dasauna COMBS	SO	#3	Indian Hills (Iowa)	7.91	1/22
9	30	Fane SAUVAKACOLO	SO	#7	Southwestern (Iowa)	8.06	1/22
10	35	Patience HEATH	FR	#1	Iowa Central CC	8.10	1/22

Women's 200 Meters

1	4	Hannah CONNELL	SO	#1	Iowa Central CC	25.20 out (0.0)	1/14
2	6	Kahliyah ANDERSON	FR	#3	Indian Hills (Iowa)	25.54 OT	1/30
3	7	Odell FRYE	SO	#1	Iowa Central CC	25.60 OT	1/31
4	11	Temira GOODS	FR	#3	Indian Hills (Iowa)	25.71 OT	1/16
5	13	Kylar BROWN	SO	#3	Indian Hills (Iowa)	25.72 OT	1/16
6	19	Nayomie GREEN	FR	#2	Iowa Western CC	26.07 OT	1/30
7	21	Sanique ROSE	SO	#2	Iowa Western CC	26.11 OT	1/22
8	24	Patience HEATH	FR	#1	Iowa Central CC	26.43 OT	1/31
9	26	Fane SAUVAKACOLO	SO	#7	Southwestern (Iowa)	26.56c (26.97f)	1/22
10	47	Jenna HUMMELL	SO	#4	Hawkeye (Iowa)	27.89c (28.32f)	1/22

Women's 400 Meters

1	1	Nickisha PRYCE	FR	#2	Iowa Western CC	Q 55.39 OT	1/30
2	4	Kahliyah ANDERSON	FR	#3	Indian Hills (Iowa)	Q 57.96 OT	1/22
3	6	Aliyah MCNEIL	FR	#2	Iowa Western CC	Q 58.09 OT	1/22
4	8	Kylar BROWN	SO	#3	Indian Hills (Iowa)	58.79 OT	1/22
5	9	Temira GOODS	FR	#3	Indian Hills (Iowa)	59.73 OT	1/22
6	12	Monique REMY	FR	#2	Iowa Western CC	1:00.35 OT	1/30
7	16	Nadesha WALLACE	FR	#1	Iowa Central CC	1:02.12c (1:02.94f)	1/22
8	34	Sophie SPARGUR	FR	#4	Hawkeye (Iowa)	1:09.16c (1:10.07f)	1/22
9	40	Chloe KNEPP	SO	#6	Vincennes (Ind.)	1:12.24c (1:13.19f)	1/23
10	42	Selena VALENZUELA	FR	#1	Iowa Central CC	1:26.09 out	1/14

Women's 600 Meters

1	5	Nickisha PRYCE	FR	#2	Iowa Western CC	1:41.72 OT 1:30.82/6	1/16
2	6	Shariden RICHARDSON	FR	#2	Iowa Western CC	1:41.86 OT 1:30.94/6	1/22
3	9	Nadesha WALLACE	FR	#1	Iowa Central CC	1:43.20 OT	1/31
4	13	Kaylee LEICHT	FR	#4	Hawkeye (Iowa)	1:45.63 OT 1:34.31/6	1/16
5	16	Mohussin ABAKAR	SO	#2	Iowa Western CC	1:46.33 OT 1:34.93/6	1/16
6	18	Shaunti LONGFELLOW	FR	#1	Iowa Central CC	1:46.54 OT	1/31
7	26	Emma DRAKE	FR	#4	Hawkeye (Iowa)	1:55.45 OT 1:43.08/6	1/16

Women's 800 Meters

1	3	Ryann PORTCH	FR	#4	Hawkeye (Iowa)	Q 2:21.64c (2:23.27f)	1/22
2	4	Rosalie FISH	SO	#1	Iowa Central CC	Q 2:23.97c (2:25.63f)	1/22
3	7	Chloe LENOIR	FR	#1	Iowa Central CC	2:25.30 OT	1/31
4	8	Mohussin ABAKAR	FR	#2	Iowa Western CC	2:26.14 OT	1/30
5	10	Sarah BERTRY	FR	#5	North Iowa Area	2:26.59c (2:28.28f)	1/22
6	11	Kaylee LEICHT	FR	#4	Hawkeye (Iowa)	2:29.48c (2:31.20f)	1/22
7	16	Lilia ALVAREZ	SO	#1	Iowa Central CC	2:31.99c (2:33.74f)	1/22
8	17	Blayne LECHANCE	SO	#2	Iowa Western CC	2:32.45 OT	1/30
9	19	Kyra YOUNG	SO	#6	Vincennes (Ind.)	2:33.35c (2:35.11f)	1/23
10	24	Sophie SPARGUR	FR	#4	Hawkeye (Iowa)	2:37.77 OT	1/16

Women's 1000 Meters

1	6	Chloe LENOIR	FR	#1	Iowa Central CC	3:18.80 out	1/14
2	12	Kirstyn BEAMAN	FR	#1	Iowa Central CC	3:32.61 OT	1/31
3	14	Shaunti LONGFELLOW	FR	#1	Iowa Central CC	3:41.73 out	1/14

Women's Mile

1	8	Josie STACKIS	FR	#1	Iowa Central CC	5:49.82c (5:53.28f)	1/22
2	9	Mohussin ABAKAR	SO	#2	Iowa Western CC	5:51.99 OT	1/16
3	15	Kirstyn BEAMAN	FR	#1	Iowa Central CC	6:00.12 OT	1/31
4	16	Jacy COLLINS	FR	#6	Vincennes (Ind.)	6:00.71c (6:04.28f)	1/23
5	18	Hannah PAYNE	FR	#4	Hawkeye (Iowa)	6:07.33c (6:10.96f)	1/22
6	19	Whitney MARTIN	SO	#5	North Iowa Area	6:010.00c(6:13.66f)	1/22
7	21	Mindi SANDE	FR	#4	Hawkeye (Iowa)	6:12.48 OT	1/16
8	24	Morgan HARWIN	SO	#2	Iowa Western CC	6:25.88 OT	1/30
9	25	Lauren KERN	SO	#5	North Iowa Area	6:30.40c (6:34.26f)	1/22
10	27	Mia BLODGETT	FR	#1	Iowa Central CC	6:49.47c (6:53.52f)	1/22

Women's 3000 Meters

1	2	Meagan MORENO	SO	#6	Vincennes (Ind.)	Q 10:53.49c(10:59.09f)	1/23
2	6	Lilia ALVAREZ	SO	#1	Iowa Central CC	11:31.11 out	1/14
3	12	Nia TAYLOR	SO	#2	Iowa Western CC	11:56.32 OT	1/30
4	16	Monse CHAPULA	FR	#3	Indian Hills (Iowa)	12:18.83 OT	1/30
5	18	Mindi SANDE	FR	#4	Hawkeye (Iowa)	12:24.77c(12:31.15f)	1/22
6	21	Josie STACKIS	FR	#1	Iowa Central CC	12:30.64 out	1/14
7	23	Morgan HARWIN	SO	#2	Iowa Western CC	13:20.03 OT	1/30
8	24	Julie GRANAHAN	FR	#3	Indian Hills (Iowa)	13:42.39 OT	1/30

Women's 5000 Meters

1	5	Lilia ALVAREZ	SO	#1	Iowa Central CC	20:04.41 OT	1/31
2	6	Josie STACKIS	FR	#1	Iowa Central CC	20:30.30 OT	1/31

Women's 60 Meter Hurdles

1	1	Hannah CONNELL	SO	#1	Iowa Central CC	Q 8.42	1/31
2	4	Dyandra GRAY	FR	#2	Iowa Western CC	Q 8.89	1/16
3	11	Thalia SUMMERVILLE	FR	#2	Iowa Western CC	9.63	1/22
4	13	Kylee NEIGHBORS	FR	#4	Hawkeye (Iowa)	9.91	1/22
5	20	Lynn HOFETT	FR	#5	North Iowa Area	10.54	1/22
6	22	Margaret NIELSEN	FR	#4	Hawkeye (Iowa)	11.06	1/22
6	22	Carlie HOPPE	FR	#4	Hawkeye (Iowa)	11.06	1/22
8	26	Fane SAUVAKACOLO	SO	#7	Southwestern (Iowa)	11.46	1/29



Regional TFRI Event Summary

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Midwest

Women's 4x400 Relay

1	2	https://www.tfrrs.org/teams/85621	#3	Indian Hills (Iowa)	Q 3:54.71 OT	1/30
2	3	https://www.tfrrs.org/teams/59718	#2	Iowa Western CC	Q 3:56.11 OT	1/16
3	6	https://www.tfrrs.org/teams/20051	#1	Iowa Central CC	4:06.87c (4:10.14f)	1/22
4	8	https://www.tfrrs.org/teams/95006	#4	Hawkeye (Iowa) C	4:21.71 OT	1/16
5	13	https://www.tfrrs.org/teams/708	#6	Vincennes (Ind.)	4:40.05c (4:43.76f)	1/23
6	14	https://www.tfrrs.org/teams/28039	#5	North Iowa Area C	4:51.73c (4:55.60f)	1/22

Women's 4x800 Relay

1	1	https://www.tfrrs.org/teams/20051	#1	Iowa Central CC	Q 9:51.16c (9:57.97f)	1/22
2	2	https://www.tfrrs.org/teams/95006	#4	Hawkeye (Iowa) C	10:06.97c(10:13.97f)	1/22

Women's Distance Medley Relay

1	3	https://www.tfrrs.org/teams/20051	#1	Iowa Central CC	14:12.05 out	1/14
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Women's High Jump

1	1	Aliyah MCNEIL	FR	#2	Iowa Western CC	Q 1.72m 5-7¾	1/16
2	4	Madison JOHNSON	SO	#1	Iowa Central CC	Q 1.61m 5-3¼	1/31
3	6	Ciara CORLEY	FR	#3	Indian Hills (Iowa)	1.58m 5-2¼	1/30
4	7	Kylee NEIGHBORS	FR	#4	Hawkeye (Iowa) C	1.57m 5-1¾	1/16
5	9	Cadence STANLEY	FR	#2	Iowa Western CC	1.47m 4-9¾	1/16
6	12	Ryann GRIESEMER	FR	#6	Vincennes (Ind.)	1.40m 4-7	1/23
7	13	Fane SAUVAKACOLO	SO	#7	Southwestern (Iowa)	1.34m 4-4¾	1/29

Women's Pole Vault

1	1	Makinzi MEURER	SO	#6	Vincennes (Ind.)	Q 3.27m 10-8¾	1/23
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Women's Long Jump

1	1	Victory GEORGE	FR	#2	Iowa Western CC	Q 5.74m 18-10	1/22
2	10	Sanique ROSE	FR	#2	Iowa Western CC	5.33m 17-6	1/16
2	10	Siby YAO	FR	#3	Indian Hills (Iowa)	5.33m 17-6	1/22
4	13	Kylar BROWN	SO	#3	Indian Hills (Iowa)	5.27m 17-3½	1/16
5	16	Ciara CORLEY	FR	#3	Indian Hills (Iowa)	4.99m 16-4½	1/16
6	21	Fane SAUVAKACOLO	SO	#7	Southwestern (Iowa)	4.78m 15-8¼	1/16
7	23	Moselle PUNNI	FR	#2	Iowa Western CC	4.70m 15-5	1/30
8	25	Patience HEATH	FR	#1	Iowa Central CC	4.67m 15-4 (0.0)	1/14
9	31	Margaret NIELSEN	FR	#4	Hawkeye (Iowa) C	4.05m 13-3½	1/16
10	32	Anna TAFT	FR	#4	Hawkeye (Iowa) C	4.01m 13-2	1/16

Women's Triple Jump

1	4	Victory GEORGE	FR	#2	Iowa Western CC	Q 11.83m 38-9¾	1/22
2	8	Ciara CORLEY	FR	#3	Indian Hills (Iowa)	11.02m 36-2	1/30
3	9	Siby YAO	FR	#3	Indian Hills (Iowa)	10.97m 36-0	1/30
4	10	Fane SAUVAKACOLO	SO	#7	Southwestern (Iowa)	10.74m 35-3	1/16
5	11	Patience HEATH	FR	#1	Iowa Central CC	10.73m 35-2½ (0.0)	1/14
6	14	Kylar BROWN	SO	#3	Indian Hills (Iowa)	10.33m 33-10¾	1/30
7	15	Moselle PUNNI	FR	#2	Iowa Western CC	10.06m 33-¼	1/30

Women's Shot Put

1	4	Lauren UPMEYER	FR	#3	Indian Hills (Iowa)	12.13m 39-9¾	1/16
2	5	Victoria ADU	FR	#1	Iowa Central CC	11.98m 39-3¾	1/14
3	8	Alyssa STRIEGEL	FR	#4	Hawkeye (Iowa) C	11.42m 37-5¾	1/16
4	13	Allison FLANSCHA	FR	#4	Hawkeye (Iowa) C	10.78m 35-4½	1/16
5	14	Kiana BEAN	SO	#2	Iowa Western CC	10.59m 34-9	1/22
6	16	Ariana RODRIGUEZ	FR	#1	Iowa Central CC	10.29m 33-9¾	1/31
7	18	Elizabeth SEBERA	FR	#2	Iowa Western CC	10.01m 32-10¼	1/16
8	19	Erionna HAMILTON	FR	#3	Indian Hills (Iowa)	9.97m 32-8½	1/30
9	21	Cinnamon EVANS	SO	#5	North Iowa Area C	9.55m 31-4	1/16
10	27	Brenna PAULSON	FR	#5	North Iowa Area C	8.97m 29-5¼	1/16

Women's Weight Throw

1	1	Victoria ADU	FR	#1	Iowa Central CC	Q 19.61m 64-4	1/31
2	10	Elizabeth SEBERA	FR	#2	Iowa Western CC	12.59m 41-3¾	1/16
3	16	Alyssa STRIEGEL	FR	#4	Hawkeye (Iowa) C	11.22m 36-9¾	1/22
4	20	Cinnamon EVANS	SO	#5	North Iowa Area C	10.54m 34-7	1/16
5	21	Brenna PAULSON	FR	#5	North Iowa Area C	10.43m 34-2¾	1/16
6	22	Ariana RODRIGUEZ	FR	#1	Iowa Central CC	10.11m 33-2	1/31
7	23	Kiana BEAN	SO	#2	Iowa Western CC	9.82m 32-2¾	1/16
8	24	Allison FLANSCHA	FR	#4	Hawkeye (Iowa) C	9.78m 32-1	1/22

Women's Pentathlon

1	1	Fane SAUVAKACOLO	SO	#7	Southwestern (Iowa)	Q 2,150	1/29
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Regional TFRI Event Summary

as of 2/1/2021 8:43:33 AM

West

Women's 60 Meters

1	2	Rosemary CHUKWUMA	SO	#1	South Plains (Tex)	Q 7.48c	(7.46A) (0.0)	1/29
2	11	Success UMURO	FR	#1	South Plains (Tex)	Q 7.78c	(7.76A) (0.0)	1/29
3	30	Keshana PAGE	SO	#1	South Plains (Tex)	8.06c	(8.04A) (0.0)	1/29

Women's 200 Meters

1	5	Jordan BROWN	SO	#1	South Plains (Tex)	25.36 outA	(0.0)	1/29
2	10	Success UMURO	FR	#1	South Plains (Tex)	25.70 outA	(0.0)	1/29
3	30	Keshana PAGE	SO	#1	South Plains (Tex)	26.67 outA	(0.0)	1/29

Women's 600 Meters

1	17	Lexi JACKSON	SO	#1	South Plains (Tex)	1:46.49 outA		1/29
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Women's 800 Meters

1	6	Camille LEWIS	FR	#1	South Plains (Tex)	2:24.57c outA	(2:25.03A)	1/29
2	13	Amy WHITE	SO	#2	Southern Idaho	2:30.01c	(2:32.24fA)	1/29
3	15	Cemore DONALD	FR	#1	South Plains (Tex)	2:31.94c outA	(2:32.42A)	1/29
4	32	Analine GONZALEZ	FR	#2	Southern Idaho	2:47.93c	(2:50.42fA)	1/29
5	33	Madison PEDROW	FR	#2	Southern Idaho	2:49.65c	(2:52.17fA)	1/29

Women's 1000 Meters

1	9	Sheilah CHERUIYOT	SO	#3	Trinidad State (Co)	3:21.68c	(3:26.67fA)	1/23
2	10	Ashley LAGAT	FR	#3	Trinidad State (Co)	3:22.95c	(3:27.97fA)	1/23

Women's Mile

1	2	Amy WHITE	SO	#2	Southern Idaho	Q 5:21.37c	(5:29.01fA)	1/29
2	3	Sheilah CHERUIYOT	SO	#3	Trinidad State (Co)	5:26.92c	(5:44.69fA)	1/23
3	6	Ashley LAGAT	FR	#3	Trinidad State (Co)	5:38.13c	(5:56.51fA)	1/23
4	10	Analine GONZALEZ	FR	#2	Southern Idaho	5:52.90c	(6:01.29fA)	1/29
5	11	Sharon JESANG	SO	#3	Trinidad State (Co)	5:55.40c	(6:14.72fA)	1/23
6	22	Madison PEDROW	FR	#2	Southern Idaho	6:16.87c	(6:25.83fA)	1/29

Women's 3000 Meters

1	1	Maura WILLIAMS	SO	#2	Southern Idaho	Q 10:38.39c	(10:53.36f)	1/29
2	5	Danielle BROW	FR	#2	Southern Idaho	11:29.15c	(11:45.31f)	1/29
3	7	Gloria AGUILERA	SO	#4	Western Texas	#####	(12.88A)	1/29
4	9	Esmeralda ESPINOZA	FR	#1	South Plains (Tex)	#####	(15.04A)	1/29
5	11	Faith CHEREM	FR	#1	South Plains (Tex)	#####	(15.13A)	1/29

Women's 5000 Meters

1	1	Maura WILLIAMS	SO	#2	Southern Idaho	Q 18:25.18c	(18:51.47f)	1/29
2	4	Danielle BROW	FR	#2	Southern Idaho	19:50.62c	(20:18.94f)	1/29

Women's 60 Meter Hurdles

1	7	Tia HARRY	SO	#1	South Plains (Tex)	Q 9.05c	(9.03A) (0.0)	1/29
2	15	Ari VILLAFRANCO	SO	#1	South Plains (Tex)	10.38c	(10.36A) (0.0)	1/29
3	25	Kaitlyn CLARDY	FR	#1	South Plains (Tex)	11.27c	(11.25A) (0.0)	1/29

Women's 4x400 Relay

1	4	https://www.tfrs.org/teams/730		#1	South Plains (Tex)	Q 3:57.73 outA		1/29
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Women's High Jump

1	10	Ari VILLAFRANCO	SO	#1	South Plains (Tex)	1.46mA	4-9½	1/29
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Women's Pole Vault

1	3	Mackenzie GRIFFIN	FR	#1	South Plains (Tex)	Q 3.05mA	10-0	1/29
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Women's Long Jump

1	3	Onaara OBAMUWAGUN	SO	#1	South Plains (Tex)	Q 5.62mA	18-5¼ (0.0)	1/29
2	4	Dejah FULLER	FR	#1	South Plains (Tex)	Q 5.58mA	18-3¾ (0.0)	1/29
3	18	Kaitlyn CLARDY	FR	#1	South Plains (Tex)	4.88mA	16-¼ (0.0)	1/29

Women's Triple Jump

1	1	Onaara OBAMUWAGUN	SO	#1	South Plains (Tex)	Q 13.38mA	43-10¾ (0.0)	1/29
2	5	Dejah FULLER	FR	#1	South Plains (Tex)	Q 11.55mA	37-10¾ (0.0)	1/29

Women's Shot Put

1	7	Genevieve IGE	SO	#1	South Plains (Tex)	11.54mA	37-10½	1/29
2	31	Kaitlyn CLARDY	FR	#1	South Plains (Tex)	8.07mA	26-5¾	1/29
3	32	Ari VILLAFRANCO	SO	#1	South Plains (Tex)	7.92mA	26-0	1/29