



Conference TFRI Event Summary

as of 2/21/2022 8:12:16 AM

American Rivers

Women's 60 Meters

1	1	Maddie MORAN	JR	#4	Nebraska Wesley:	7.59	2/18
2	3	Isabella HOGUE	SO	#4	Nebraska Wesley:	7.63	1/28
3	8	Marion EDWARDS	JR	#2	Loras	7.71	2/18
4	49	Breanne GEARY	SO	#4	Nebraska Wesley:	7.89	2/18
4	49	Mikala SIDNEY	SO	#1	Wartburg	7.89	2/12
6	70	Shantel KORANDA	SO	#4	Nebraska Wesley:	7.94	1/28
7	83	Kelly KOHLHOF	FR	#2	Loras	7.95	12/10
8	90	Stevie LAMBE	JR	#2	Loras	7.97	12/10
9	94	Alyssa PFADENHAUER	SO	#2	Loras	7.98	1/29
10		Ya'Mia AILES-PRIMES	JR	#3	Dubuque	7.99	12/10
10		Taylan OLSON	JR	#1	Wartburg	7.99	2/4

Women's 60 Meter Hurdles

1	8	Elayna BAHL	SR	#2	Loras	8.81	2/18
2	27	Demetria JOHNSON	SR	#3	Dubuque	9.06	2/4
3	37	Sailor HINEGARDNER	JR	#1	Wartburg	9.16	2/4
4	73	Aricka LAMBSON	FR	#1	Wartburg	9.34	2/4
5	85	Jessica SUMP	SO	#6	Buena Vista	9.39	2/12
6		Grace ALLEY	SO	#2	Loras	9.46	2/4
7		Merryl GREEN	SO	#2	Loras	9.59	1/15
8		Krissa LARSON	JR	#5	Central (Iowa)	9.64	2/12
9		Rayna SICKELS	FR	#5	Central (Iowa)	9.66	2/12
10		Keeley HOURIGAN	FR	#4	Nebraska Wesley:	9.75	1/28

Women's 200 Meters

1	4	Marion EDWARDS	JR	#2	Loras	25.27 f	2/4
2	6	Isabella HOGUE	SO	#4	Nebraska Wesley:	25.33c (24.94b)	2/18
3	14	Jackie GANSHIRT	SR	#1	Wartburg	25.52 f	2/19
4	22	Alyssa PFADENHAUER	SO	#2	Loras	25.68 f	2/12
5	38	Stevie LAMBE	JR	#2	Loras	26.02 f	2/18
6	42	Elayna BAHL	SR	#2	Loras	26.06 f	2/18
7	65	Harmony CREAMY	FR	#2	Loras	26.27 f	2/4
8	69	Brenna JACOBS	JR	#1	Wartburg	26.28 f	2/19
9	78	Mikala SIDNEY	SO	#1	Wartburg	26.35 f	2/19
10	94	Kelly KOHLHOF	FR	#2	Loras	26.47 f	12/10

Women's 400 Meters

1	1	Alyssa PFADENHAUER	SO	#2	Loras	55.95 f	2/4
2	5	Isabella HOGUE	SO	#4	Nebraska Wesley:	57.09c (56.34b)	1/21
3	6	Jackie GANSHIRT	SR	#1	Wartburg	57.24 f	2/4
4	12	Marion EDWARDS	JR	#2	Loras	57.82 f	2/18
5	23	Isabella HILGER	SO	#4	Nebraska Wesley:	58.73 f	2/4
6	33	Stevie LAMBE	JR	#2	Loras	59.11 f	2/4
7	38	Carson MCSORLEY	JR	#1	Wartburg	59.16 f	2/4
8	39	Taylan OLSON	JR	#1	Wartburg	59.17 f	2/19
9	70	Brenna JACOBS	JR	#1	Wartburg	59.96 f	2/4
10	76	Abigail SMITH	SO	#3	Dubuque	1:00.02 f	2/4

Women's 800 Meters

1	12	Lily CAMPBELL	SO	#1	Wartburg	2:13.93 f	2/12
2	17	Reagan JANZEN	JR	#4	Nebraska Wesley:	2:15.57 f	2/4
3	18	Alyssa PFADENHAUER	SO	#2	Loras	2:15.61 f	1/29
4	33	Aubrie FISHER	JR	#1	Wartburg	2:17.71 f	2/4
5	36	Carson MCSORLEY	JR	#1	Wartburg	2:18.06 f	2/12
6	46	Gabby THOMAS	SO	#4	Nebraska Wesley:	2:19.11 f	2/12
7	59	Jadyn FORBES	SR	#6	Buena Vista	2:20.53 f	2/12
8	81	Erin PHELAN	FR	#1	Wartburg	2:21.53 f	2/19
9	89	Ellie OSTERBERGER	JR	#2	Loras	2:21.72 f	2/18
10	93	Ellie MEYER	FR	#1	Wartburg	2:21.85 f	2/4

Women's Mile

1	3	Kassie PARKER	SR	#2	Loras	4:50.29 f	1/22
2	12	Aubrie FISHER	JR	#1	Wartburg	5:00.40 f	2/12
3	35	Riley MAYER	SR	#1	Wartburg	5:06.65 f	1/28
4	55	Caroline MCMARTIN	FR	#5	Central (Iowa)	5:10.31c (5:07.26b)	2/11
5	70	Ellie MEYER	FR	#1	Wartburg	5:12.27 f	1/28
6	76	Alexis BROWN	SO	#1	Wartburg	5:12.93 f	1/28
7	90	Ellie OSTERBERGER	JR	#2	Loras	5:14.29 f	2/12
8		Natalie PAULSON	JR	#1	Wartburg	5:15.35 f	1/28
9		Gabby THOMAS	SO	#4	Nebraska Wesley:	5:15.74 f	2/4
10		Moriah MORTER	JR	#1	Wartburg	5:18.48 f	2/19

Women's 3000 Meters

1	1	Kassie PARKER	SR	#2	Loras	9:17.86c (9:13.10OT)	2/4
2	10	Aubrie FISHER	JR	#1	Wartburg	9:52.41c (9:47.35b)	1/21
3	26	Ellie MEYER	FR	#1	Wartburg	10:06.87 f	2/19
4	34	Caroline MCMARTIN	FR	#5	Central (Iowa)	10:12.29 f	2/19
5	65	Lexi BROWN	SO	#1	Wartburg	10:22.30 f	2/12
6	74	Anna HERTZ	JR	#1	Wartburg	10:24.70 f	2/4
7	76	Megan JOHNSON	FR	#5	Central (Iowa)	10:24.95c (10:19.62b)	2/11
8		Shaelyn HOSTAGER	FR	#1	Wartburg	10:39.41 f	1/28
9		Brianna RENNER	JR	#2	Loras	10:39.43 f	2/4
10		Moriah MORTER	JR	#1	Wartburg	10:40.12 f	1/15

Women's 5000 Meters

1	1	Kassie PARKER	SR	#2	Loras	16:05.97c (15:58.58O)	2/11
2	13	Riley MAYER	SR	#1	Wartburg	17:23.26c (17:15.28O)	12/3
3	14	Aubrie FISHER	JR	#1	Wartburg	17:24.20c (17:16.22O)	12/3
4	18	Shaelyn HOSTAGER	FR	#1	Wartburg	17:36.11 f	2/12
5	52	Natalie PAULSON	JR	#1	Wartburg	18:05.68 f	1/15
6	58	Alexis BROWN	SO	#1	Wartburg	18:09.98c (18:01.65O)	12/3
7	83	Anna HERTZ	JR	#1	Wartburg	18:22.54 f	2/12
8	87	Lexi BROWN	SO	#1	Wartburg	18:25.56 f	1/15
9		Caroline COLLET	SR	#1	Wartburg	19:04.64 f	2/12
10		Addy CARLSON	SO	#1	Wartburg	19:12.17 f	2/12



Conference TFRI Event Summary

as of 2/21/2022 8:12:17 AM

American Rivers

Women's 4x400 Relay

1	1	Lambe, Bahl, Edwards, Pfadenhauer	#2	Loras	3:48.97 f	2/12
2	2	Ganshirt, Jacobs, McSorley, Olson	#1	Wartburg	3:53.95 f	2/19
3	5	Hilger, Koza, Hogue, Janzen	#4	Nebraska Wesley:	3:55.09 f	2/12
4	38	Smith, Collier, Borzileri, Finn	#3	Dubuque	4:07.63 f	1/29
5	44	Brown, Thoreson, McMartin, Roerdink	#5	Central (Iowa)	4:10.45 f	2/4
6	45	Hays, Olson, Jondle, Forbes	#6	Buena Vista	4:10.64 f	2/18
7		Ploor, Rasmussen, Keller, Goellner	#8	Luther	4:19.68 f	2/18
8		Forbes, Loecke, Schewe, Johnson	#9	Simpson (Iowa)	4:27.80 f	2/19
9		Dukuly, Pecharich, Wright, Burke	#7	Coe	4:29.03 f	2/19

Women's Distance Medley Relay

1	3	Osterberger, Lambe, Herbst, Parker	#2	Loras	11:53.66 f	2/18
2	4	Mayer, Ganshirt, Campbell, Fisher	#1	Wartburg	11:55.64 f	2/4
3	26	Marsh, Dalton, Larsen, Thomas	#4	Nebraska Wesley:	12:54.03 f	2/12
4	42	Mayhew, Brown, Coon, Parrott	#5	Central (Iowa)	13:25.91 f	2/12
5	57	Angus, Mertens, Booth, Hall	#9	Simpson (Iowa)	13:53.20 f	1/29

Women's High Jump

1	1	Breya CHRISTOPHER	SO	#1	Wartburg	1.74m	5-8½	1/15
2	5	Aaliyah COLLIER	FR	#3	Dubuque	1.70m	5-7	2/18
3	20	Elayna BAHL	SR	#2	Loras	1.65m	5-5	2/18
4	31	Taryn HINTZ	FR	#5	Central (Iowa)	1.62m	5-3¾	1/15
5	39	Grace ALLEY	SO	#2	Loras	1.61m	5-3¾	12/10
6	49	Sara HOSKINS	FR	#2	Loras	1.60m	5-3	1/15
7	65	Malory JONES	SO	#5	Central (Iowa)	1.59m	5-2½	12/10
8	84	Abigail SMITH	SO	#3	Dubuque	1.56m	5-1¼	1/29
8	84	Meghan PROHASKA	SO	#3	Dubuque	1.56m	5-1¼	1/29
10		skylar COLE	SO	#6	Buena Vista	1.55m	5-1	2/12

Women's Pole Vault

1	87	Caroline DOCHTERMAN	JR	#3	Dubuque	3.30m	10-9¾	2/12
2		Carleen SNOW	FR	#3	Dubuque	3.20m	10-6	1/29
3		Isabelle ALBERS	SO	#1	Wartburg	3.12m	10-2¾	2/19
4		Meghan PROHASKA	SO	#3	Dubuque	3.07m	10-¾	12/10
5		Hannah PECHARICH	FR	#7	Coe	3.05m	10-0	12/10
6		Samantha HARVELL	FR	#3	Dubuque	3.00m	9-10	2/12
7		Emily DRUSE	SO	#4	Nebraska Wesley:	2.97m	9-9	2/4
8		Mya PLOOR	SO	#8	Luther	2.95m	9-8	2/18
9		Abby FAULK	JR	#8	Luther	2.91m	9-6½	1/14
10		Cali COFFMAN	SO	#5	Central (Iowa)	2.90m	9-6¼	2/12

Women's Long Jump

1	9	Emma SEIPEL	FR	#3	Dubuque	5.69m	18-8	12/10
2	15	Grace ALLEY	SO	#2	Loras	5.62m	18-5¼	2/12
3	35	Jessica SUMP	SO	#6	Buena Vista	5.45m	17-10¾	2/18
4	52	Harmony CREASY	FR	#2	Loras	5.39m	17-8¼	2/12
5	61	Vanessa ENIOLA	SO	#3	Dubuque	5.36m	17-7	1/29
6	71	Grace MUELLER	FR	#4	Nebraska Wesley:	5.33m	17-6	2/4
6	71	Aaliyah COLLIER	FR	#3	Dubuque	5.33m	17-6	1/29
8	76	Morgan RAMIREZ	FR	#2	Loras	5.31m	17-5¼	1/22
9	85	Demetria JOHNSON	SR	#3	Dubuque	5.28m	17-4	2/12
10	94	Daekota KNOTT	FR	#1	Wartburg	5.25m	17-2¾	2/12

Women's Triple Jump

1	4	Grace ALLEY	SO	#2	Loras	12.07m	39-7¼	2/12
2	26	Aaliyah COLLIER	FR	#3	Dubuque	11.41m	37-5¼	2/18
3	41	Daekota KNOTT	FR	#1	Wartburg	11.26m	36-11½	1/21
4	47	Shaniah JOHNSON	FR	#1	Wartburg	11.18m	36-8¼	1/21
5	56	De'ja AUSTIN-CHERRY	FR	#2	Loras	11.10m	36-5	2/18
6	58	Breya CHRISTOPHER	SO	#1	Wartburg	11.09m	36-4¾	1/28
7	61	Emma SEIPEL	FR	#3	Dubuque	11.05m	36-3	2/18
8	65	Tessa HOFFMAN	JR	#4	Nebraska Wesley:	11.01m	36-1½	2/12
9	74	Grace MUELLER	FR	#4	Nebraska Wesley:	10.92m	35-10	2/4
10	94	Addie THOMAS	FR	#4	Nebraska Wesley:	10.80m	35-5¼	2/12

Women's Shot Put

1	6	Caroline FERGUSON	SR	#3	Dubuque	14.11m	46-3½	2/4
2	9	Kaitlyn WILDER	FR	#3	Dubuque	13.87m	45-6¼	2/18
3	10	Rebecca SIMPSON	JR	#6	Buena Vista	13.80m	45-3½	2/18
4	15	Jaydyn PALMER	JR	#7	Coe	13.39m	43-11¼	2/19
5	19	Lily MEESTER	FR	#1	Wartburg	13.18m	43-3	2/4
6	23	Kayla WEATHERLY	SR	#2	Loras	13.08m	42-11	1/29
7	25	Anna BRENNAN	SO	#6	Buena Vista	13.02m	42-8¾	2/12
8	43	Taylor FLAIG	FR	#2	Loras	12.57m	41-3	1/29
9	63	Courtney JOHNSON	FR	#6	Buena Vista	12.36m	40-6¾	2/18
10	68	Haley BEMINIO	FR	#1	Wartburg	12.27m	40-3¼	2/12

Women's Weight Throw

1	4	Kaitlyn WILDER	FR	#3	Dubuque	17.99m	59-¼	2/4
2	6	Caroline FERGUSON	SR	#3	Dubuque	17.68m	58-¼	2/12
3	10	Abby MARR	SO	#5	Central (Iowa)	17.15m	56-3¼	1/28
4	14	Rebecca SIMPSON	JR	#6	Buena Vista	17.01m	55-9¾	2/12
5	34	Madison BRASE	JR	#4	Nebraska Wesley:	16.08m	52-9¼	2/18
6	51	Haley BEMINIO	FR	#1	Wartburg	15.54m	51-0	2/12
7	56	Taylor FLAIG	FR	#2	Loras	15.39m	50-6	1/29
8	68	Jaydyn PALMER	JR	#7	Coe	15.14m	49-8¼	2/19
9	70	Destiny SCHWARTZ	FR	#2	Loras	15.11m	49-7	2/18
10	80	Grace MCCARTAN	SO	#1	Wartburg	14.96m	49-1	2/4



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American Rivers

Women's Pentathlon

1	5	Grace ALLEY	SO	#2	Loras	3,531	12/10
2	14	Aaliyah COLLIER	FR	#3	Dubuque	3,139	12/10
3	16	Krissa LARSON	JR	#5	Central (Iowa)	3,093	12/11
4	34	Taryn HINTZ	FR	#5	Central (Iowa)	2,865	2/4
5	60	Rayna SICKELS	FR	#5	Central (Iowa)	2,605	12/11
6	74	Hailey FOXHOVEN	FR	#1	Wartburg	2,502	2/4
7	80	Wren KLUMP	SR	#6	Buena Vista	2,455	2/18
8	89	Aaliyah JOHNSON	FR	#9	Simpson (Iowa)	2,372	1/14
9	96	Ryin LEHMANN	SO	#1	Wartburg	2,311	2/4
10		Demetria JOHNSON	SR	#3	Dubuque	2,284	12/10



Conference TFRI Event Summary

as of 2/21/2022 8:12:17 AM

C2C

Women's 60 Meters

1	94	Amaya CUMMINS	FR	#2	UC Santa Cruz	7.98	2/18
2		Adrianna DESANTIS	JR	#1	Christopher Newf	8.06	2/6
3		Sydney TRUSSELL	FR	#1	Christopher Newf	8.08	12/5
4		Lindsey STIRLING	SO	#1	Christopher Newf	8.24	2/18
5		Siena SUJITNO	FR	#6	Pratt Institute	8.25	12/4
6		Valentina LEON LEDEZMA	JR	#4	Mary Washington	8.32	12/5
7		Abigail SCHUGELD	FR	#1	Christopher Newf	8.37	2/18
8		Chloe SOLUMA	SO	#2	UC Santa Cruz	8.39	2/5
9		Haileigh BYRD	JR	#4	Mary Washington	8.42	12/5
9		Hannah GENTRUP	FR	#1	Christopher Newf	8.42	1/30
9		Amelia TREMAIN	FR	#2	UC Santa Cruz	8.42	2/5

Women's 60 Meter Hurdles

1	52	Alyssa ROACH	SO	#1	Christopher Newf	9.24	2/18
2		Haileigh BYRD	JR	#4	Mary Washington	9.61	2/18
3		Amelia TREMAIN	FR	#2	UC Santa Cruz	9.67	2/18
4		Baylee HODSON	FR	#1	Christopher Newf	9.81	12/5
5		Danielle JENSEN	SO	#3	Salisbury	9.85	2/18
6		Abby MCPHILLIPS	SR	#2	UC Santa Cruz	10.06	2/18
7		Desmone LOGAN	JR	#4	Mary Washington	10.12	2/18
8		Courtney MARTIN	SO	#3	Salisbury	10.18	2/18
9		Lian PEACH	FR	#3	Salisbury	10.59	2/18
10		Grace DEAR	SO	#3	Salisbury	11.10	2/6

Women's 200 Meters

1		Adrianna DESANTIS	JR	#1	Christopher Newf	26.86 f	1/30
2		Amaya CUMMINS	FR	#2	UC Santa Cruz	27.10 f	2/18
3		Sydney TRUSSELL	FR	#1	Christopher Newf	27.21 f	12/5
4		Alyssa ROACH	SO	#1	Christopher Newf	27.41 f	2/18
5		Haileigh BYRD	JR	#4	Mary Washington	27.46 f	2/18
6		Zoe JOHNSON	JR	#2	UC Santa Cruz	27.48 f	2/18
7		Grace DAMEWOOD	FR	#1	Christopher Newf	28.38 f	12/5
7		Valentina LEON LEDEZMA	JR	#4	Mary Washington	28.38 f	2/18
9		Hannah GENTRUP	FR	#1	Christopher Newf	28.39 f	2/18
10		Siena SUJITNO	FR	#6	Pratt Institute	28.69 f	2/18

Women's 400 Meters

1	99	Adrianna DESANTIS	JR	#1	Christopher Newf	1:00.38c (59.58b)	2/6
2		Sydney TRUSSELL	FR	#1	Christopher Newf	1:03.63 f	1/15
3		Casey YENYO	SO	#1	Christopher Newf	1:04.68 f	2/18
4		Hannah GENTRUP	FR	#1	Christopher Newf	1:05.16 f	2/18
5		Sophia LLAMAS-CERVANTES	JR	#2	UC Santa Cruz	1:05.54 f	2/18
6		Ariat OJULU	FR	#5	St. Mary's (Md.)	1:05.81 f	2/18
7		Caroline JOYCE	SO	#4	Mary Washington	1:05.82 f	2/18
8		Alana THOMPSON	FR	#5	St. Mary's (Md.)	1:07.07 f	2/18
9		Mackenzie JONES	FR	#2	UC Santa Cruz	1:07.24 f	2/18
10		Natalie ROMERO	FR	#5	St. Mary's (Md.)	1:08.27 f	2/18

Women's 800 Meters

1		Hana VRABLIK	SO	#2	UC Santa Cruz	2:24.02 f	2/18
2		Mae SAVOIE	SO	#1	Christopher Newf	2:25.20 f	2/18
3		Hanna HEKKANEN	FR	#2	UC Santa Cruz	2:25.56 f	2/18
4		Heather DELAPLAINE	SR	#3	Salisbury	2:27.99 f	2/18
5		Arabella EDLER	FR	#2	UC Santa Cruz	2:28.96 f	2/18
6		Destinee EKANEM	SO	#3	Salisbury	2:31.22 f	12/5
7		Camy DELEAN	JR	#4	Mary Washington	2:31.86 f	2/18
8		Chloe MARTIN	FR	#1	Christopher Newf	2:33.71 f	2/18
9		Casey YENYO	SO	#1	Christopher Newf	2:34.12c (2:32.36b)	2/6
10		Camila PEREZ RONDON	FR	#4	Mary Washington	2:34.37 f	2/18

Women's Mile

1	80	Elana MUZZY	JR	#2	UC Santa Cruz	5:13.11 f	2/18
2		Ashley BAUDIN	SO	#2	UC Santa Cruz	5:16.28 f	2/18
3		Riley MARTEL-PHILLIPS	SO	#2	UC Santa Cruz	5:20.73c (5:17.58OT)	2/5
4		Logan FUNK	JR	#1	Christopher Newf	5:24.22 f	1/15
5		Heather DELAPLAINE	SR	#3	Salisbury	5:30.28 f	12/5
6		Mae SAVOIE	SO	#1	Christopher Newf	5:30.86 f	1/15
7		Kenzie HURLEY	FR	#1	Christopher Newf	5:31.58 f	2/4
8		Eliza DANA	FR	#1	Christopher Newf	5:37.17c (5:33.86b)	2/6
9		Kelly YOUNG	FR	#4	Mary Washington	5:38.41c (5:35.09b)	2/6
10		Logan WARDEN	FR	#1	Christopher Newf	5:38.51 f	1/15

Women's 3000 Meters

1	84	Logan FUNK	JR	#1	Christopher Newf	10:26.82 f	2/18
2	97	Riley MARTEL-PHILLIPS	SO	#2	UC Santa Cruz	10:28.82 f	2/18
3		Elana MUZZY	JR	#2	UC Santa Cruz	10:29.98 f	2/18
4		Ashley BAUDIN	SO	#2	UC Santa Cruz	10:35.61 f	2/18
5		Sydney RUCKEL	SR	#3	Salisbury	10:37.94 f	2/18
6		Logan WARDEN	FR	#1	Christopher Newf	10:40.89 f	2/18
7		Grace PIPPIN	SO	#4	Mary Washington	10:48.67 f	2/18
8		Magdalena RALSTON	JR	#1	Christopher Newf	11:00.92c(10:55.28b)	2/6
9		Kaitlyn ARDREY	JR	#1	Christopher Newf	11:07.05 f	2/18
10		Kenzie HURLEY	FR	#1	Christopher Newf	11:09.42c(11:03.71b)	2/6

Women's 5000 Meters

1		Sydney RUCKEL	SR	#3	Salisbury	18:58.73 f	2/18
2		Maddy RAWLINGS	FR	#1	Christopher Newf	19:00.08 f	2/18
3		Grace PIPPIN	SO	#4	Mary Washington	19:09.61 f	2/18
4		Alyssa SANTORO	JR	#3	Salisbury	19:17.61 f	2/18
5		Kelly YOUNG	FR	#4	Mary Washington	19:23.75 f	2/18
6		Magdalena RALSTON	JR	#1	Christopher Newf	19:27.64 f	2/18
7		Allyson WAGNER	SO	#3	Salisbury	19:55.14 f	2/18
8		Libby MILES	SO	#1	Christopher Newf	20:09.76c(20:00.51b)	1/21
9		Lex MCGRAIL	FR	#1	Christopher Newf	20:12.97 f	2/18
10		Claire GARSTER	SO	#1	Christopher Newf	20:25.48 f	2/18



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C2C

Women's 4x400 Relay

1	McPhillips, Yamamoto, Cervantes Llama, Johnson	#2	UC Santa Cruz	4:20.59 f	2/18
2	Joyce, Delean, Perez Rondon, Heckman	#4	Mary Washington	4:21.26 f	2/18
3	DeSantis, Trussell, Yenyo, Gentrup	#1	Christopher Newç	4:23.35 f	12/5
4	Ekanem, Long, Simmons, Delaplaine	#3	Salisbury	4:31.99 f	12/5
5	Ojulu, Romero, Robey, Thompson	#5	St. Mary's (Md.)	4:34.65 f	2/18
6	Sancho-Spore, Lisa, Villarama, Hunwick	#6	Pratt Institute	4:59.84 f	2/18

Women's Distance Medley Relay

1	18	Hekkanen, Cervantes Llama, Edler, Martel-Phillips	#2	UC Santa Cruz	12:47.02 f	2/18
2	24	Savoie, Pratt, Yenyo, Ardrey	#1	Christopher Newç	12:49.61 f	2/18
3	45	Rathmann, Connelly, Simmons, Delaplaine	#3	Salisbury	13:30.24 f	2/18
4	47	Delean, Heckman, Perez Rondon, Kapp	#4	Mary Washington	13:34.88 f	2/18
5	78	Lisa, Hunwick, Das, Sancho-Spore	#6	Pratt Institute	14:30.79 f	2/18
6	96	Lally, Marchbank, Eldridge, Lecouras	#5	St. Mary's (Md.)	15:23.45 f	2/18

Women's High Jump

1	15	Abby MCPHILLIPS	SR	#2	UC Santa Cruz	1.67m	5-5¾	2/18
2	76	Colleen HOWARD	JR	#3	Salisbury	1.57m	5-1¾	2/6
3		Alyssa ROACH	SO	#1	Christopher Newç	1.55m	5-1	1/21
4		Hannah UNGER	SO	#4	Mary Washington	1.51m	4-11½	2/18
5		Baylee HODSON	FR	#1	Christopher Newç	1.35m	4-5	1/15

Women's Pole Vault

1	70	Peyton BLANDING	JR	#1	Christopher Newç	3.35m	10-11¾	2/18
2		Ainsley MILLER	FR	#1	Christopher Newç	3.09m	10-1½	2/18
3		Sophia CROZIER-CAROLE	SO	#3	Salisbury	2.99m	9-9¾	2/18
4		Maddie PHILLIPS	FR	#4	Mary Washington	2.69m	8-9¾	2/18
5		Hana BUSSELL	SO	#4	Mary Washington	2.45m	8-½	2/6

Women's Long Jump

1		Alyssa ROACH	SO	#1	Christopher Newç	5.18m	17-0	2/18
2		Haileigh BYRD	JR	#4	Mary Washington	5.07m	16-7¾	2/18
3		Grace DAMEWOOD	FR	#1	Christopher Newç	5.05m	16-7	1/21
4		Danielle JENSEN	SO	#3	Salisbury	4.79m	15-8¾	12/5
5		Nadia RAWLE	FR	#6	Pratt Institute	4.77m	15-7¾	12/4
6		Lian PEACH	FR	#3	Salisbury	4.76m	15-7½	1/28
7		Desmone LOGAN	JR	#4	Mary Washington	4.72m	15-6	12/5
8		Alana THOMPSON	FR	#5	St. Mary's (Md.)	4.65m	15-3¾	2/5
8		Amelia TREMAIN	FR	#2	UC Santa Cruz	4.65m	15-3¾	2/18
10		Sophia CROZIER-CAROLE	SO	#3	Salisbury	4.55m	14-11¼	12/5

Women's Triple Jump

1	Danielle JENSEN	SO	#3	Salisbury	10.64m	34-11	2/6
2	Haileigh BYRD	JR	#4	Mary Washington	10.54m	34-7	2/18
3	Desmone LOGAN	JR	#4	Mary Washington	10.34m	33-11¼	2/18
4	Grace DAMEWOOD	FR	#1	Christopher Newç	10.26m	33-8	1/21
5	Lian PEACH	FR	#3	Salisbury	10.17m	33-4½	12/5
6	Abby POTTER	SO	#3	Salisbury	9.98m	32-9	2/18
7	Taymar GORELICK	SO	#4	Mary Washington	9.46m	31-½	2/18

Women's Shot Put

1	Abigail HONEYCUTT	FR	#1	Christopher Newç	11.79m	38-8¼	2/18
2	Mazie CLARK	JR	#1	Christopher Newç	11.53m	37-10	2/6
3	Katherine STEVENS	FR	#1	Christopher Newç	11.35m	37-3	2/18
4	Makayla DAVIS	SO	#3	Salisbury	10.62m	34-10¼	2/18
5	Abbie BOLINGER	SO	#4	Mary Washington	9.99m	32-9½	2/18
6	Meaghan COLLINS	FR	#5	St. Mary's (Md.)	9.43m	30-11¼	2/18
7	Cheyenne WRAY	FR	#4	Mary Washington	9.12m	29-11¼	1/15
8	Morgan MARZEC	FR	#5	St. Mary's (Md.)	8.91m	29-2¾	2/18
9	Faith JONES	FR	#4	Mary Washington	8.74m	28-8¼	12/5
10	Baylee HODSON	FR	#1	Christopher Newç	8.06m	26-5½	12/5

Women's Weight Throw

1	Mazie CLARK	JR	#1	Christopher Newç	13.51m	44-4	2/18
2	Katherine STEVENS	FR	#1	Christopher Newç	13.46m	44-2	2/18
3	Makayla DAVIS	SO	#3	Salisbury	13.10m	42-11¾	2/18
4	Alexandra JAKUBOWSKI	JR	#3	Salisbury	12.82m	42-¾	2/18
5	Abigail HONEYCUTT	FR	#1	Christopher Newç	11.64m	38-2¼	1/30
6	Abbie BOLINGER	SO	#4	Mary Washington	10.41m	34-2	12/5
7	Faith JONES	FR	#4	Mary Washington	9.92m	32-6½	2/18
8	Meaghan COLLINS	FR	#5	St. Mary's (Md.)	7.69m	25-2¾	2/18
9	Morgan MARZEC	FR	#5	St. Mary's (Md.)	7.68m	25-2½	2/18



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CCIW

Women's 60 Meters

1	26	Ava DAVID	JR	#2	Elmhurst	7.82	2/18
2	27	Mercedes JACKSON	SR	#1	North Central (Ill.)	7.83	2/18
3	70	Addison BENDERY	JR	#4	Illinois Wesleyan	7.94	2/18
3	70	Lexi ELEGBEDE-PEER	FR	#3	Carroll (Wis.)	7.94	2/12
5	86	Julia BABINEC	SR	#1	North Central (Ill.)	7.96	2/5
6		Stephanie GARCIA	SR	#1	North Central (Ill.)	7.99	2/12
7		Huda HUSSAINI	JR	#2	Elmhurst	8.00	2/18
8		Lindsey NOVAK	SO	#1	North Central (Ill.)	8.03	2/18
9		Lauren LARSEN	JR	#1	North Central (Ill.)	8.06	2/12
10		Itzel GARCIA	FR	#7	Millikin	8.12	1/28

Women's 60 Meter Hurdles

1	2	Julia BABINEC	SR	#1	North Central (Ill.)	8.62	2/18
2	11	Denise PARTEE	SO	#1	North Central (Ill.)	8.86	2/18
3	33	Nakala NADEAU	FR	#2	Elmhurst	9.13	2/18
4	52	Edith MERCADO	SR	#2	Elmhurst	9.24	2/18
5	64	Amy KEANE	JR	#6	Wheaton (Ill.)	9.31	2/12
6	98	Katie WAGNER	FR	#1	North Central (Ill.)	9.43	2/18
7		Abi GUM	JR	#6	Wheaton (Ill.)	9.60 (8.92(55))	2/4
7		Hannah JONES	SO	#1	North Central (Ill.)	9.60 (8.92(55))	2/4
9		Marissa HAGLAR	FR	#4	Illinois Wesleyan	9.63	12/4
10		Mary QUINN	JR	#3	Carroll (Wis.)	9.65	1/29

Women's 200 Meters

1	26	Lindsey NOVAK	SO	#1	North Central (Ill.)	25.75 f	2/18
2	32	Ava DAVID	JR	#2	Elmhurst	25.82 f	2/12
3	63	Abi GUM	JR	#6	Wheaton (Ill.)	26.23 f	2/18
4	64	Julia BABINEC	SR	#1	North Central (Ill.)	26.24 f	1/21
5	100	Addison BENDERY	JR	#4	Illinois Wesleyan	26.49 f	2/18
6		Itzel GARCIA	FR	#7	Millikin	26.59 f	2/5
7		Amy KEANE	JR	#6	Wheaton (Ill.)	26.64 f	2/4
8		Lexi ELEGBEDE-PEER	FR	#3	Carroll (Wis.)	26.88 f	2/4
9		Avery SMITH	SO	#4	Illinois Wesleyan	26.92 f	2/18
10		Huda HUSSAINI	JR	#2	Elmhurst	26.99 f	2/12

Women's 400 Meters

1	22	Lindsey NOVAK	SO	#1	North Central (Ill.)	58.68 f	2/12
2	50	Ava DAVID	JR	#2	Elmhurst	59.50 f	2/18
3	70	Hailey WIMBERLY	JR	#7	Millikin	59.96 f	2/18
4		Eryn RENISON	JR	#7	Millikin	1:00.41 f	1/21
5		Grace ROBINSON	FR	#5	Carthage	1:00.82 f	2/19
6		Abi GUM	JR	#6	Wheaton (Ill.)	1:01.25 f	2/12
7		Katie RISNER	FR	#7	Millikin	1:01.59 f	2/18
8		Allison GRADY	SR	#1	North Central (Ill.)	1:01.62 f	2/12
9		Mackenzie DIXON	SR	#7	Millikin	1:01.68 f	2/18
10		Faith LADIN	SO	#1	North Central (Ill.)	1:01.73 f	2/18

Women's 800 Meters

1	73	Abbey CASEY	JR	#3	Carroll (Wis.)	2:21.11 f	2/19
2	78	Alyssa RAFUSE	JR	#2	Elmhurst	2:21.37 f	2/5
3	81	Rebekah HARDEN	JR	#4	Illinois Wesleyan	2:21.53c (2:19.92OT)	2/18
4	83	Alli SPITZER	JR	#3	Carroll (Wis.)	2:21.58 f	2/19
5		Madzia MYRDA	JR	#1	North Central (Ill.)	2:23.65 f	2/12
6		Mackenzie DIXON	SR	#7	Millikin	2:24.37c (2:22.72b)	2/11
7		Katie RISNER	FR	#7	Millikin	2:25.19c (2:23.54b)	2/11
8		Carmen BRUCHNAK	SR	#8	Augustana (Ill.)	2:25.45 f	2/18
9		Irais TENORIO	SR	#8	Augustana (Ill.)	2:27.80 f	2/18
10		Kerigann BALLARD	SO	#5	Carthage	2:28.09 f	2/19

Women's Mile

1	38	Rebekah HARDEN	JR	#4	Illinois Wesleyan	5:07.28c (5:04.26OT)	2/11
2		Jenna FIORE	SR	#1	North Central (Ill.)	5:15.43 f	2/18
3		Susannah BENNETT	JR	#6	Wheaton (Ill.)	5:19.08 f	2/4
4		Alli SPITZER	JR	#3	Carroll (Wis.)	5:19.94 f	2/12
5		Alyssa RAFUSE	JR	#2	Elmhurst	5:20.64 f	2/18
6		Emily GILLIGAN	SR	#2	Elmhurst	5:21.07 f	2/5
7		Julianne BILLINGS	SO	#1	North Central (Ill.)	5:22.52 f	2/18
8		Patrycja MIAZEK	JR	#9	North Park	5:22.69 f	1/22
9		Hailey POE	FR	#1	North Central (Ill.)	5:24.20 f	2/5
10		Natalia HERNANDEZ	SR	#2	Elmhurst	5:24.66 f	2/12

Women's 3000 Meters

1		Lexie DORSEY	SR	#4	Illinois Wesleyan	10:32.05 f	2/12
2		Emily GILLIGAN	SR	#2	Elmhurst	10:35.26 f	1/28
3		Susannah BENNETT	JR	#6	Wheaton (Ill.)	10:38.04 f	1/29
4		Natalia HERNANDEZ	SR	#2	Elmhurst	10:44.79 f	1/28
5		Patrycja MIAZEK	JR	#9	North Park	10:46.75 f	2/5
6		Elizabeth REDDEMAN	SO	#3	Carroll (Wis.)	10:48.29c (10:42.76)	1/29
7		Annalese CHUDY	FR	#4	Illinois Wesleyan	10:51.99 f	2/12
8		Emily CLAUSEN	SR	#2	Elmhurst	10:52.42 f	2/18
9		Jenna FIORE	SR	#1	North Central (Ill.)	10:53.21 f	2/5
10		Quincy COLLINGS	FR	#7	Millikin	10:53.86 f	2/5

Women's 5000 Meters

1	62	Susannah BENNETT	JR	#6	Wheaton (Ill.)	18:12.41 f	2/12
2	97	Elizabeth REDDEMAN	SO	#3	Carroll (Wis.)	18:31.40 f	2/12
3		Lexie DORSEY	SR	#4	Illinois Wesleyan	18:34.37c (18:25.85)	1/29
4		Jenna FIORE	SR	#1	North Central (Ill.)	18:40.92 f	2/12
5		Natalia HERNANDEZ	SR	#2	Elmhurst	18:42.91 f	2/5
6		Julianne BILLINGS	SO	#1	North Central (Ill.)	18:51.77 f	2/12
7		Elita SPADLOWSKI	SR	#2	Elmhurst	18:57.91 f	2/5
8		Patrycja MIAZEK	JR	#9	North Park	18:59.35c (18:50.64)	1/29
9		Hope CLARK	SO	#6	Wheaton (Ill.)	19:05.61 f	2/12
10		Nicole BRANDY	SO	#1	North Central (Ill.)	19:09.44 f	2/12



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Women's 4x400 Relay

1	34	Grady, Novak, Jones, Garcia	#1	North Central (Ill.)	4:07.00 f	2/12
2	42	Renison, Wimberly, Risner, Dixon	#7	Millikin	4:09.25 f	1/28
3	52	Robinson, Heinrichs, Kerfin, Topolski	#5	Carthage	4:12.95 f	2/19
4	54	Grunloh, Bendery, Ward, Harden	#4	Illinois Wesleyan	4:13.09 f	2/12
5	80	Flesch, Landry, Hartmann, Munoz	#2	Elmhurst	4:16.88 f	2/18
6	85	Bouwkamp, Brinkman, Casey, Spitzer	#3	Carroll (Wis.)	4:17.67 f	2/12
7	88	Keane, Eisses, Milligan, Gum	#6	Wheaton (Ill.)	4:18.01 f	2/12
8		Clapp, Nelson, Reser, Bruchnak	#8	Augustana (Ill.)	4:21.36 f	2/18
9		Rozen, Dowling, Miazek, Svendsen	#9	North Park	4:36.65 f	1/22

Women's High Jump

1	49	Kat KREBASCH	SR	#8	Augustana (Ill.)	1.60m	5-3	12/4
2	65	Stefania CAMACI	SR	#2	Elmhurst	1.59m	5-2½	2/18
3	84	Sarah ELISCHER	FR	#1	North Central (Ill.)	1.56m	5-1¼	1/15
4		Pearl MOSS	FR	#5	Carthage	1.55m	5-1	12/4
4		Evie WILSON	FR	#4	Illinois Wesleyan	1.55m	5-1	2/12
6		Anna COTTER	SO	#1	North Central (Ill.)	1.52m	4-11¾	1/21
6		Angelika TOKARCZYK	FR	#1	North Central (Ill.)	1.52m	4-11¾	1/21
6		Sydney HALVERSEN	SO	#3	Carroll (Wis.)	1.52m	4-11¾	1/15
9		Teagan JOHNSTON	FR	#5	Carthage	1.50m	4-11	12/4
9		Sarah STEPHENS	SO	#2	Elmhurst	1.50m	4-11	12/4
9		Kayla GREEN	SO	#7	Millikin	1.50m	4-11	2/18

Women's Pole Vault

1	4	Kat KREBASCH	SR	#8	Augustana (Ill.)	3.86m	12-8	1/21
2	16	Kathy MYRDA	SR	#1	North Central (Ill.)	3.66m	12-0	1/21
3	41	Natalie JOHNSON	FR	#1	North Central (Ill.)	3.46m	11-4¼	2/18
4	64	Jessica MUELLER	JR	#3	Carroll (Wis.)	3.36m	11-¼	2/19
5	70	Brooke ZIEGENHORN	JR	#8	Augustana (Ill.)	3.35m	10-11¾	2/12
5	70	Kiarah HORN	SR	#1	North Central (Ill.)	3.35m	10-11¾	1/29
7		Kelsey BECKER	SO	#2	Elmhurst	3.16m	10-4¼	2/5
8		Riley LYONS	SO	#1	North Central (Ill.)	3.06m	10-½	1/21
9		Ariana RIVERA	FR	#1	North Central (Ill.)	3.01m	9-10½	2/18
10		Genevieve BERRYMAN	SO	#8	Augustana (Ill.)	3.00m	9-10	1/21

Women's Long Jump

1	41	Amanda LAMS	SR	#2	Elmhurst	5.41m	17-9	2/12
2	47	Emma HELFERICH	SR	#4	Illinois Wesleyan	5.40m	17-8¾	2/18
3	92	Brea BLACKWELL	SR	#7	Millikin	5.26m	17-3¼	12/4
4		Marisa BROWN	FR	#2	Elmhurst	5.17m	16-11½	2/18
5		Rachel PARTHEMORE	SO	#1	North Central (Ill.)	5.11m	16-9¼	2/12
6		Abigail CALHOUN	FR	#5	Carthage	5.08m	16-8	2/12
7		Faith LADIN	SO	#1	North Central (Ill.)	5.07m	16-7¾	2/18
8		Mckinlee MILLER	JR	#4	Illinois Wesleyan	5.06m	16-7¼	1/22
8		Francesca SCARABAGGIO	FR	#2	Elmhurst	5.06m	16-7¼	1/28
10		Ilana MILOS	SO	#5	Carthage	4.96m	16-3¼	12/4

Women's Triple Jump

1	23	Amanda LAMS	SR	#2	Elmhurst	11.46m	37-7¼	2/18
2	48	Lauren WONG	SO	#4	Illinois Wesleyan	11.16m	36-7½	12/4
3	69	Breonna BECKLEY	FR	#4	Illinois Wesleyan	10.98m	36-¼	12/4
4	84	Francesca SMITH	FR	#4	Illinois Wesleyan	10.86m	35-7¾	2/5
5	90	Abigail CALHOUN	FR	#5	Carthage	10.82m	35-6	2/19
6		Brea BLACKWELL	SR	#7	Millikin	10.35m	33-11½	1/21
7		Angelika TOKARCZYK	FR	#1	North Central (Ill.)	10.28m	33-8¾	2/18
8		Taylor PRICE	FR	#1	North Central (Ill.)	10.24m	33-7¼	2/18
9		Erin MATTHIAS	JR	#2	Elmhurst	10.15m	33-3¾	2/18
10		Peyton POLLMAN	SO	#4	Illinois Wesleyan	10.10m	33-1¾	2/18

Women's Shot Put

1	3	Vanessa UITENBROEK	FR	#3	Carroll (Wis.)	14.30m	46-11	1/22
2	31	Maria FALK	FR	#3	Carroll (Wis.)	12.94m	42-5½	2/19
3	33	Alexis MATTOX	SO	#5	Carthage	12.88m	42-3¼	2/19
4	57	Heather MICHALSKI	FR	#8	Augustana (Ill.)	12.39m	40-7¾	1/15
5	60	Jamie PANKRATZ	JR	#3	Carroll (Wis.)	12.37m	40-7	1/22
6	64	Cate GUDAITIS	SO	#3	Carroll (Wis.)	12.33m	40-5½	2/4
6	64	Olivia CAREL	FR	#5	Carthage	12.33m	40-5½	2/19
8	83	Anna CRESSMAN	SR	#6	Wheaton (Ill.)	12.13m	39-9¾	2/12
9		Mikayla WRIGHT	FR	#5	Carthage	11.97m	39-3¼	1/29
10		Aubrey SCHOENEMAN	FR	#5	Carthage	11.94m	39-2¼	2/12

Women's Weight Throw

1	5	Alexandra DRAVES	SR	#1	North Central (Ill.)	17.80m	58-4¾	2/12
2	8	Jamie PANKRATZ	JR	#3	Carroll (Wis.)	17.45m	57-3	2/12
3	9	Alexis MATTOX	SO	#5	Carthage	17.41m	57-1½	2/19
4	11	Hannah LIZANO	SO	#5	Carthage	17.14m	56-2¾	2/19
5	38	Vanessa UITENBROEK	FR	#3	Carroll (Wis.)	15.97m	52-4¾	2/4
6	47	Katie ABELL	SO	#7	Millikin	15.61m	51-2¾	2/18
7	82	Maria FALK	FR	#3	Carroll (Wis.)	14.94m	49-¼	2/4
8		Cate GUDAITIS	SO	#3	Carroll (Wis.)	14.50m	47-7	2/19
9		Nicole TARPLEY	FR	#5	Carthage	14.45m	47-5	2/19
10		Olivia CAREL	FR	#5	Carthage	14.44m	47-4½	2/12



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CCIW

Women's Pentathlon

1	22	Abi GUM	JR	#6 Wheaton (Ill.)	2,986	2/4
2	32	Hannah JONES	SO	#1 North Central (Ill.)	2,867	2/4
3	56	Mary QUINN	JR	#3 Carroll (Wis.)	2,636	2/4
4	58	Mckinlee MILLER	JR	#4 Illinois Wesleyan	2,621	2/5
5	87	Olivia EISSES	JR	#6 Wheaton (Ill.)	2,388	2/4
6	90	Katie VOGLER	SR	#4 Illinois Wesleyan	2,359	2/5
7	91	Anne LONGMAN	SR	#7 Millikin	2,348	2/5
8	99	Sarah STEPHENS	SO	#2 Elmhurst	2,298	1/28
9		Ally LABERGE	FR	#5 Carthage	2,041	2/4
10		Alicia FELKER	FR	#8 Augustana (Ill.)	2,010	1/28



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Centennial

Women's 60 Meters

1	22	Victoria KADIRI	FR	#1	Johns Hopkins	7.81	1/21
2	41	Gabrielle COLLINS	SO	#7	McDaniel	7.86	2/5
3		Abigail GERDES	SO	#1	Johns Hopkins	8.00	2/4
3		Lauren PHILLIPS	FR	#1	Johns Hopkins	8.00	1/28
5		Annie GUTIERREZ	SR	#1	Johns Hopkins	8.02	1/28
6		Sara PENUELA RODRIGUEZ	SO	#3	Dickinson	8.07	2/4
7		Marissa HSU	SO	#1	Johns Hopkins	8.10	1/21
8		Krystle BOADI	JR	#2	Swarthmore	8.13	1/15
8		Kaitlin BONNEY	SR	#1	Johns Hopkins	8.13	1/14
10		Rachel DIXON	JR	#7	McDaniel	8.16	2/5

Women's 60 Meter Hurdles

1	9	Annie GUTIERREZ	SR	#1	Johns Hopkins	8.82	2/4
2		Kayleigh DURNING	SR	#9	Muhlenberg	9.58	12/3
3		Victoria KADIRI	FR	#1	Johns Hopkins	9.67	1/28
4		Taryn SILVERNALE	FR	#1	Johns Hopkins	9.73	2/4
5		Darya MIKUSOVA	SO	#3	Dickinson	9.87	2/4
6		Alexandra COLBY	SR	#3	Dickinson	9.94	12/10
7		Sophia KOVATIS	SO	#3	Dickinson	10.14	1/28
8		Jahsaiah MOSES	JR	#6	Haverford	10.21	2/19
9		Quinn BASEWITZ	JR	#2	Swarthmore	10.23	2/5
10		Naomi ALPERIN	SO	#3	Dickinson	10.27	2/4

Women's 200 Meters

1	44	Lauren PHILLIPS	FR	#1	Johns Hopkins	26.10c	(25.70b)	2/11
2	93	Victoria KADIRI	FR	#1	Johns Hopkins	26.46c	(26.05b)	2/11
3		Annie GUTIERREZ	SR	#1	Johns Hopkins	26.58c	(26.17b)	2/4
4		Sara PENUELA RODRIGUEZ	SO	#3	Dickinson	26.62 f		12/10
5		Krystle BOADI	JR	#2	Swarthmore	26.63 f		2/5
6		Abigail GERDES	SO	#1	Johns Hopkins	26.67 f		2/12
7		Kaitlin BONNEY	SR	#1	Johns Hopkins	26.74c	(26.33b)	2/11
8		Grace MASSILLON	FR	#1	Johns Hopkins	26.89c	(26.48b)	2/11
9		Katie MORGAN	FR	#7	McDaniel	26.99 f		12/4
10		Kass WOJCIK	JR	#10	Bryn Mawr	27.27 f		2/5

Women's 400 Meters

1	28	Lauren PHILLIPS	FR	#1	Johns Hopkins	59.02c	(58.24b)	2/11
2	47	Ashley TYBURSKI	JR	#1	Johns Hopkins	59.38c	(58.60b)	2/11
3	48	Annie GUTIERREZ	SR	#1	Johns Hopkins	59.45c	(58.67b)	2/11
4	87	Rose TESZLER	JR	#2	Swarthmore	1:00.17 f		2/19
5		Isabel THORNBERRY	SO	#6	Haverford	1:00.40 f		2/19
6		Kaitlin BONNEY	SR	#1	Johns Hopkins	1:00.56c	(59.76b)	2/11
7		Grace MASSILLON	FR	#1	Johns Hopkins	1:01.15c	(1:00.34b)	2/11
8		Anna ZAESKE	FR	#1	Johns Hopkins	1:01.18c	(1:00.37b)	2/11
9		Katie SULLIVAN	FR	#1	Johns Hopkins	1:01.59c	(1:00.78b)	2/11
10		Kass WOJCIK	JR	#10	Bryn Mawr	1:01.66 f		2/20

Women's 800 Meters

1	29	Annie HUANG	FR	#1	Johns Hopkins	2:17.57c	(2:16.00b)	2/11
2	31	Rose TESZLER	JR	#2	Swarthmore	2:17.68c	(2:16.11b)	1/22
3	76	Elizabeth O'CONNELL	SR	#5	Franklin & Marsha	2:21.34 f		2/5
4	91	Lily SHETH	FR	#1	Johns Hopkins	2:21.74c	(2:20.12b)	2/11
5		Laura GREENE	SR	#5	Franklin & Marsha	2:22.66c	(2:21.03b)	2/11
6		Alexis SALERNO	SR	#5	Franklin & Marsha	2:23.57 f		1/22
7		Isabel THORNBERRY	SO	#6	Haverford	2:24.07c	(2:22.43b)	2/11
8		Rachel CONHOFF	JR	#4	Ursinus	2:24.09 f		1/28
9		Sara STEPHENSON	SO	#1	Johns Hopkins	2:25.00 f		1/14
10		June SANCHEZ	SR	#5	Franklin & Marsha	2:25.01 f		2/5

Women's Mile

1	1	Ella BARAN	JR	#1	Johns Hopkins	4:43.31c	(4:40.53b)	2/4
2	36	Sara STEPHENSON	SO	#1	Johns Hopkins	5:06.88 f		1/28
3	54	Nora BLODGETT	SR	#2	Swarthmore	5:10.27c	(5:07.22b)	1/22
4	60	Lina SPJUT	JR	#1	Johns Hopkins	5:11.05 f		1/28
5	79	Rachel CONHOFF	JR	#4	Ursinus	5:13.08c	(5:10.01b)	2/11
6		Abby DALTON	SR	#9	Muhlenberg	5:15.97 f		1/22
7		Eleni ALVAREZ	FR	#1	Johns Hopkins	5:17.56c	(5:14.44b)	2/11
8		Sydney FRIDEL	SO	#1	Johns Hopkins	5:18.11 f		1/14
9		Harrinee SENTHILKUMAR	FR	#1	Johns Hopkins	5:18.36c	(5:15.24b)	2/11
10		Katherine HIRSCH	FR	#6	Haverford	5:19.38 f		1/22

Women's 3000 Meters

1	2	Ella BARAN	JR	#1	Johns Hopkins	9:18.08c	(9:13.32b)	2/11
2	8	Alex ROSS	JR	#1	Johns Hopkins	9:48.98c	(9:43.95b)	2/11
3	9	Sara STEPHENSON	SO	#1	Johns Hopkins	9:49.55c	(9:44.52b)	2/11
4	11	Lina SPJUT	JR	#1	Johns Hopkins	9:53.31c	(9:48.25b)	2/11
5	16	Sydney FRIDEL	SO	#1	Johns Hopkins	9:58.70c	(9:53.59b)	2/11
6	17	Diana VIZZA	SR	#1	Johns Hopkins	9:59.72 f		1/28
7	47	Angelina PETRICHENKO	SR	#6	Haverford	10:17.43 f		2/5
8	49	Aishanee WIJERATNA	JR	#1	Johns Hopkins	10:17.54c	(10:12.27b)	2/11
9	62	Abby DALTON	SR	#9	Muhlenberg	10:21.95c	(10:16.64b)	2/4
10	70	Molly KUZMA	FR	#1	Johns Hopkins	10:23.78c	(10:18.46b)	2/11

Women's 5000 Meters

1	5	Alex ROSS	JR	#1	Johns Hopkins	16:52.23 f		1/28
2	21	Sydney FRIDEL	SO	#1	Johns Hopkins	17:38.19c	(17:30.10b)	12/3
3	42	Angelina PETRICHENKO	SR	#6	Haverford	17:57.13c	(17:48.90b)	2/11
4	45	Molly KUZMA	FR	#1	Johns Hopkins	18:00.31 f		1/28
5	46	Aishanee WIJERATNA	JR	#1	Johns Hopkins	18:00.68c	(17:52.42b)	12/3
6	55	Bridgid SELFORS	SR	#1	Johns Hopkins	18:06.30c	(17:58.00b)	12/3
7	76	Katherine HIRSCH	FR	#6	Haverford	18:18.35c	(18:09.95b)	2/11
8		Rachel CONHOFF	JR	#4	Ursinus	18:47.44 f		12/10
9		Grace TATE	JR	#1	Johns Hopkins	18:50.93c	(18:42.28b)	12/3
10		Elizabeth CASSELL	JR	#3	Dickinson	18:51.17 f		12/4



Conference TFRI Event Summary

as of 2/21/2022 8:12:18 AM

Centennial

Women's 4x400 Relay

1	19	Phillips, Huang, Zaeske, Tyburski	#1	Johns Hopkins	4:03.23c	(4:00.03b)	2/4
2	53	Boadi, Johnson, Teszler, Kashynski	#2	Swarthmore	4:12.96 f		12/4
3	55	Penuela, Brown, Simons, Mikusova	#3	Dickinson	4:13.15 f		2/12
4	61	Fukuda, Moses, Thornberry, November	#6	Haverford	4:13.85c	(4:10.51b)	2/11
5	95	Dzenutis, Greene, Sanchez, O'Connell	#5	Franklin & Marsha	4:19.36 f		1/28
6		Carroll, Chambers, Conhoff, Hunt	#4	Ursinus	4:23.82c	(4:20.35b)	2/4
7		Morgan, Collins, Ortiz, Dixon	#7	McDaniel	4:23.93c	(4:20.46b)	2/11
8		Morrell, Trout, O'Hara, Larzelere	#8	Gettysburg	4:26.42 f		2/12
9		Durning, Jacobs, Ellison, Dalton	#9	Muhlenberg	4:27.48 f		1/22
10		Pasia, Wojcik, Bati, Fort	#10	Bryn Mawr	4:32.73c	(4:29.15b)	2/11

Women's Distance Medley Relay

1	2	Stephenson, Tyburski, Huang, Baran	#1	Johns Hopkins	11:51.47c	(11:43.93b)	2/11
2	35	Chambers, Carroll, Adams, Conhoff	#4	Ursinus	13:11.42c	(13:03.04b)	2/11
3	59	Naqvi, Matala, Berman, Cassell	#3	Dickinson	13:56.34 f		12/4

Women's High Jump

1	39	Emily TRELSTAD	FR	#2	Swarthmore	1.61m	5-3¼	1/15
2	49	Taryn SILVERNALE	FR	#1	Johns Hopkins	1.60m	5-3	12/3
3		Margaret HARDIGG	JR	#10	Bryn Mawr	1.55m	5-1	2/5
3		Annie GUTIERREZ	SR	#1	Johns Hopkins	1.55m	5-1	2/4
5		Victoria KADIRI	FR	#1	Johns Hopkins	1.52m	4-11¾	12/3
6		Emma SOMERS	SO	#1	Johns Hopkins	1.47m	4-9¾	2/12
7		Kaitlyn SHAUGHNESSY	FR	#1	Johns Hopkins	1.44m	4-8¾	1/28
8		Renee DUPRE	SO	#7	McDaniel	1.43m	4-8¼	2/5
9		Jillian BARGER	JR	#5	Franklin & Marsha	1.42m	4-7¾	2/18
10		Anna PIENKOS	SR	#8	Gettysburg	1.40m	4-7	2/5
10		Alexa SCHAUDER	SO	#8	Gettysburg	1.40m	4-7	2/5

Women's Pole Vault

1	17	Annie GUTIERREZ	SR	#1	Johns Hopkins	3.65m	11-11¾	12/3
2	48	Taryn SILVERNALE	FR	#1	Johns Hopkins	3.43m	11-3	2/12
3	53	Cassidy BROWN	FR	#1	Johns Hopkins	3.40m	11-1¾	1/7
4	85	Maiyunique SOUTH	SO	#1	Johns Hopkins	3.32m	10-10¾	1/28
5		Stephani FRANKS	SO	#5	Franklin & Marsha	3.05m	10-0	12/4
5		Bianca SKELTON	SO	#1	Johns Hopkins	3.05m	10-0	2/12
5		Emma SOMERS	SO	#1	Johns Hopkins	3.05m	10-0	2/12
5		Alice CREED	SO	#6	Haverford	3.05m	10-0	2/11
9		Alexa SCHAUDER	SO	#8	Gettysburg	2.90m	9-6¼	2/5
10		Olivia TAYLOR	FR	#8	Gettysburg	2.75m	9-¼	2/12
10		Caitlin YAP	SR	#8	Gettysburg	2.75m	9-¼	2/12
10		Cassidy CALLAHAN	JR	#8	Gettysburg	2.75m	9-¼	2/12
10		Alexandra COLBY	SR	#3	Dickinson	2.75m	9-¼	12/10

Women's Long Jump

1	17	Annie GUTIERREZ	SR	#1	Johns Hopkins	5.60m	18-4½	2/11
2	26	Victoria KADIRI	FR	#1	Johns Hopkins	5.55m	18-2½	2/20
3	68	Marissa HSU	SO	#1	Johns Hopkins	5.34m	17-6¼	12/3
4	92	Sara PENUELA RODRIGUEZ	SO	#3	Dickinson	5.26m	17-3¼	12/4
5		Taryn SILVERNALE	FR	#1	Johns Hopkins	5.23m	17-2	2/4
6		Mariana PENUELA RODRIGUEZ	SO	#3	Dickinson	5.21m	17-1¼	12/4
7		Sophie NILSSON	FR	#1	Johns Hopkins	5.20m	17-¾	1/7
8		Abby LIENHARD	JR	#5	Franklin & Marsha	5.06m	16-7¼	2/18
9		Annie LEDER	FR	#3	Dickinson	5.05m	16-7	2/12
10		Sara BARTLETT	FR	#1	Johns Hopkins	4.98m	16-4¼	1/28
10		Kaitlyn SHAUGHNESSY	FR	#1	Johns Hopkins	4.98m	16-4¼	2/4

Women's Triple Jump

1	29	Sophie NILSSON	FR	#1	Johns Hopkins	11.38m	37-4	2/11
2	86	Sara BARTLETT	FR	#1	Johns Hopkins	10.85m	35-7¼	12/3
3		Annie LEDER	FR	#3	Dickinson	10.55m	34-7½	2/4
3		Emma CHIAO	SR	#2	Swarthmore	10.55m	34-7½	2/20
5		Emily CAHILL	SO	#1	Johns Hopkins	10.53m	34-6¾	2/12
6		Alyssa ZHANG	SO	#2	Swarthmore	10.48m	34-4¾	2/20
7		Esther AKANDE	FR	#4	Ursinus	10.09m	33-1¼	1/28
8		Miranda KASHYNSKI	SO	#2	Swarthmore	10.00m	32-9¾	1/15
9		Elizabeth LIEB	JR	#3	Dickinson	9.99m	32-9½	12/4
10		Cherease LAMM	JR	#1	Johns Hopkins	9.91m	32-6¼	2/4

Women's Shot Put

1	8	Adria RETTER	JR	#2	Swarthmore	13.92m	45-8	2/20
2	89	Sarah CASE	JR	#7	McDaniel	12.07m	39-7¼	12/4
3		Abby EVERETT	SO	#3	Dickinson	11.93m	39-1¾	12/4
4		Kelsey NEFF	SO	#1	Johns Hopkins	11.61m	38-1¼	2/12
5		Jacqueline ALLEN	FR	#4	Ursinus	11.49m	37-8½	2/19
6		Isabelle DEAL	SO	#4	Ursinus	11.43m	37-6	2/11
7		Emma STEFFAN	SR	#5	Franklin & Marsha	11.24m	36-10½	12/4
8		Hannah BIERLING	SO	#4	Ursinus	11.19m	36-8½	1/28
9		Megan BICKFORD	FR	#2	Swarthmore	11.11m	36-5½	12/4
10		Victoria KADIRI	FR	#1	Johns Hopkins	11.04m	36-2¾	12/3



Conference TFRI Event Summary

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Centennial

Women's Weight Throw

1	74	Adria RETTER	JR	#2	Swarthmore	15.02m	49-3½	2/5
2		Emma STEFFAN	SR	#5	Franklin & Marshall	14.18m	46-6¼	1/15
3		Zenya YANOFF	JR	#4	Ursinus	13.55m	44-5½	2/11
4		Jessica ALESSI	SR	#8	Gettysburg	13.41m	44-0	2/5
5		Julia ZAMBO	SO	#1	Johns Hopkins	13.10m	42-11¾	1/21
6		Isabelle DEAL	SO	#4	Ursinus	12.94m	42-5½	2/5
7		Faith FEZENKO	SO	#9	Muhlenberg	12.89m	42-3½	2/18
8		Jillian BARGER	JR	#5	Franklin & Marshall	12.83m	42-1¼	2/18
9		Abby EVERETT	SO	#3	Dickinson	12.77m	41-10¾	2/4
10		Jacqueline ALLEN	FR	#4	Ursinus	12.51m	41-½	1/22

Women's Pentathlon

1	6	Annie GUTIERREZ	SR	#1	Johns Hopkins	3,499	12/3
2	10	Victoria KADIRI	FR	#1	Johns Hopkins	3,190	1/28
3	44	Taryn SILVERNALE	FR	#1	Johns Hopkins	2,796	1/28
4	63	Emma CHIAO	SR	#2	Swarthmore	2,583	2/5
5	72	Kaitlyn SHAUGHNESSY	FR	#1	Johns Hopkins	2,516	1/28
6	78	Quinn BASEWITZ	JR	#2	Swarthmore	2,467	2/5
7	83	Emma SOMERS	SO	#1	Johns Hopkins	2,400	1/28
8		Renee DUPRE	SO	#7	McDaniel	2,136	2/5



Conference TFRI Event Summary

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CUNYAC

Women's 60 Meters

1	Glory ODEH	JR	#1	Lehman	8.14	2/4
2	Destiny SCOTT	SR		York (N.Y.)	8.32	2/11
3	Victory IKE	JR	#1	Lehman	8.63 (8.01(55))	12/4
4	Elsie SAPATHY	SO	#1	Lehman	8.79	2/19
5	Charlia WEBB	FR		York (N.Y.)	9.11	2/11
6	Jahla LASSITER	FR	#1	Lehman	9.15	2/19
7	Taylor BELLMON	SR		York (N.Y.)	9.27	1/21
8	Serena WARNER	FR		CCNY	9.30	2/11
9	Aminata SISSOKO	FR	#1	Lehman	9.34	2/11
10	Shalanie MCINTOSH	SR		York (N.Y.)	9.41	1/14

Women's 60 Meter Hurdles

1	Glory ODEH	JR	#1	Lehman	9.72	2/19
2	Elsie SAPATHY	SO	#1	Lehman	10.15	2/20
3	Aakaysha WILLIAMS	FR		CCNY	12.35	2/20
4	Hillary PHAM	FR	#2	Hunter	15.34	2/11

Women's 200 Meters

1	Glory ODEH	JR	#1	Lehman	26.83 f	2/20
2	Destiny SCOTT	SR		York (N.Y.)	29.19c (28.74b)	1/21
3	Elsie SAPATHY	SO	#1	Lehman	29.66 f	2/20
4	Taylor BELLMON	SR		York (N.Y.)	30.52c (30.05b)	2/11
5	Zara MCPARTLAND	FR		CCNY	31.13 f	2/11
6	Jahla LASSITER	FR	#1	Lehman	31.28c (30.80b)	2/11
7	Aminata SISSOKO	FR	#1	Lehman	31.46 f	2/19
8	Shalanie MCINTOSH	SR		York (N.Y.)	31.55c (31.06b)	1/14
9	Helen DAI	SO	#2	Hunter	31.94 f	2/11
10	Serena WARNER	FR		CCNY	32.29 f	2/11

Women's 400 Meters

1	Glory ODEH	JR	#1	Lehman	1:04.21 f	2/19
2	Destiny SCOTT	SR		York (N.Y.)	1:06.27c (1:05.40b)	2/11
3	Aakaysha WILLIAMS	FR		CCNY	1:08.73 f	2/20
4	Zara MCPARTLAND	FR		CCNY	1:08.95 f	2/20
5	Helen DAI	SO	#2	Hunter	1:11.28 f	2/11
6	Aminata SISSOKO	FR	#1	Lehman	1:12.39 f	2/19
7	Shalanie MCINTOSH	SR		York (N.Y.)	1:13.04c (1:12.08b)	2/11
8	Taylor BELLMON	SR		York (N.Y.)	1:13.20c (1:12.24b)	2/11
9	Jaylene COYE	SR		York (N.Y.)	1:14.99c (1:14.00b)	2/11
10	Sandra LU	FR		CCNY	1:17.73c (1:16.71b)	1/21

Women's 800 Meters

1	Elsie SAPATHY	SO	#1	Lehman	2:51.24 f	2/19
2	Zara MCPARTLAND	FR		CCNY	2:53.70c (2:51.72b)	1/15
3	Aakaysha WILLIAMS	FR		CCNY	2:58.42 f	2/11
4	Glory ODEH	JR	#1	Lehman	3:00.69c (2:58.63b)	2/4
5	Helen DAI	SO	#2	Hunter	3:01.37 f	2/20
6	Sandra LU	FR		CCNY	3:01.85 f	2/11
7	Nabila JAHAN	SR		CCNY	3:02.37c (3:00.29b)	2/4
8	Jaylene COYE	SR		York (N.Y.)	3:18.35c (3:16.09b)	1/21
9	Nayelly ROJAS	JR		York (N.Y.)	3:27.00c (3:24.64b)	2/11
10	Israt JAHAN	SR		CCNY	3:36.55c (3:34.08b)	2/4

Women's Mile

1	Zara MCPARTLAND	FR		CCNY	6:30.44 f	2/11
2	Aakaysha WILLIAMS	FR		CCNY	6:46.44c (6:42.45b)	2/4
3	Sandra LU	FR		CCNY	6:47.75 f	2/20
4	Nabila JAHAN	SR		CCNY	7:04.57 f	2/20
5	Sindy KALAUCH	FR	#2	Hunter	7:34.82 f	2/20
6	Jaylene COYE	SR		York (N.Y.)	7:42.80c (7:38.26b)	1/14
7	Israt JAHAN	SR		CCNY	8:14.32c (8:09.47b)	1/21
8	Effie PANG	FR	#1	Lehman	8:41.04 f	2/20
9	Uzoma IKEANUSI	FR	#1	Lehman	9:38.56 f	2/19
10	Tiffany AZUBUIKE	FR	#1	Lehman	11:51.56 f	2/19

Women's 3000 Meters

1	Zara MCPARTLAND	FR		CCNY	13:21.90c (13:15.06b)	2/4
2	Effie PANG	FR	#1	Lehman	18:01.77 f	2/19

Women's 4x400 Relay

1	Lassiter, Ike, Sapathy, Mercado	#1	Lehman	4:42.77 f	2/19
2	McPartland, Lu, Williams, Jahan		CCNY	5:05.77c (5:01.75b)	12/10
3	Coye, McIntosh, Bellmon, Rojas		York (N.Y.)	5:06.07c (5:02.05b)	2/11
4	Carabazo, Gregg, McClay, Guan	#2	Hunter	5:14.58 f	2/20

Women's Distance Medley Relay

1	Ikeanus, Azubuike, Mercado, Ike	#1	Lehman	21:40.24c (21:26.47b)	2/11
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Women's High Jump

1	Glory ODEH	JR	#1	Lehman	1.25m 4-1¼	12/4
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Women's Long Jump

1	Elsie SAPATHY	SO	#1	Lehman	4.66m 15-3½	2/20
2	Victory IKE	JR	#1	Lehman	4.58m 15-½	12/4
3	Eki IGBINWEKA	FR		CCNY	3.80m 12-5¾	2/4
4	Sandra LU	FR		CCNY	3.77m 12-4½	2/4

Women's Triple Jump

1	Eki IGBINWEKA	FR		CCNY	8.02m 26-3¾	2/4
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Women's Shot Put

1	Serena WARNER	FR		CCNY	9.20m 30-2¼	2/20
2	Stephanie TOUSSAINT	FR		CCNY	8.92m 29-3¼	2/4
3	Victory IKE	JR	#1	Lehman	8.54m 28-¼	2/4
4	Uzoma IKEANUSI	FR	#1	Lehman	7.37m 24-2¼	1/14
5	Jennasia NELSON	FR	#1	Lehman	6.56m 21-6¼	2/4
6	Glory ODEH	JR	#1	Lehman	5.97m 19-7	12/4
7	Tiffany AZUBUIKE	FR	#1	Lehman	4.14m 13-7	1/21



Conference TFRI Event Summary

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CUNYAC

Women's Weight Throw

1	Stephanie TOUSSAINT	FR	CCNY	11.28m	37-¼	2/11
2	Serena WARNER	FR	CCNY	10.66m	34-11¾	2/20
3	Uzoma IKEANUSI	FR	#1 Lehman	8.59m	28-2¼	2/20
4	Tiffany AZUBUIKE	FR	#1 Lehman	8.17m	26-9¾	2/4
5	Jennasia NELSON	FR	#1 Lehman	7.40m	24-3½	2/20
6	Israt JAHAN	SR	CCNY	3.03m	9-11¼	2/11



Conference TFRI Event Summary

as of 2/21/2022 8:12:19 AM

Empire 8

Women's 60 Meters

1	70	Amerrah HORNE-VADEN	FR	#4	Houghton	7.94	1/28
2		Samantha SHEA	SR	#2	St. John Fisher	8.00	1/22
3		Brenna JOHNSON	SR	#1	Nazareth	8.05	1/29
4		Ciarra FRANZ	FR	#2	St. John Fisher	8.08	2/4
5		Mackenzie MIX	FR	#3	Utica	8.11	1/21
6		Natalie RICCI	JR	#6	Sage Colleges	8.15	2/18
7		Michaela KURBS	SO	#2	St. John Fisher	8.18	2/11
8		Riley NORRIS	FR	#1	Nazareth	8.22	2/18
9		Maria COVELLI	JR	#2	St. John Fisher	8.24	2/11
10		Laura MEADE	SR	#3	Utica	8.28	1/29

Women's 60 Meter Hurdles

1	38	Ciarra FRANZ	FR	#2	St. John Fisher	9.18	2/11
2	91	Mackenzie GILLIGAN	FR	#1	Nazareth	9.41	2/18
3		McKenna CONE	JR	#2	St. John Fisher	9.71	2/11
4		Sophie HENDERSON	SR	#3	Utica	9.72	2/12
5		Milan SIMMONS	FR	#2	St. John Fisher	9.78	2/4
6		Abbey SZUMLOZ	SR	#1	Nazareth	9.89	2/18
7		Alexandria WISNIEWSKI	SO	#4	Houghton	9.92	2/4
8		Sydney VANDERHOOF	JR	#1	Nazareth	10.32	2/5
9		Selah KURTZ	FR	#4	Houghton	10.38	12/3
10		Hannah RAGULE	SO	#1	Nazareth	10.41	2/11

Women's 200 Meters

1	65	Mackenzie MIX	FR	#3	Utica	26.27 f	2/12
2	70	Samantha SHEA	SR	#2	St. John Fisher	26.31 f	1/22
3	74	Amerrah HORNE-VADEN	FR	#4	Houghton	26.34 f	1/22
4		Brenna JOHNSON	SR	#1	Nazareth	26.51 f	2/18
5		Natalie RICCI	JR	#6	Sage Colleges	26.52 f	2/18
6		Grace WRIGHT	FR	#2	St. John Fisher	26.60 f	2/18
7		Breanna LAMBERT	SR	#2	St. John Fisher	27.77 f	2/18
8		Amelia GEESLER	FR	#6	Sage Colleges	27.79 f	2/18
9		Abbey SZUMLOZ	SR	#1	Nazareth	27.81 f	2/18
10		Julia GERRINGER	SO	#6	Sage Colleges	27.88 c (27.45b)	2/11

Women's 400 Meters

1	21	Samantha SHEA	SR	#2	St. John Fisher	58.55 c (57.78b)	2/11
2	52	Grace WRIGHT	FR	#2	St. John Fisher	59.54 c (58.75b)	2/11
3	55	Mackenzie MIX	FR	#3	Utica	59.65 f	1/29
4	76	Brenna JOHNSON	SR	#1	Nazareth	1:00.02 f	12/10
5		Abbey SZUMLOZ	SR	#1	Nazareth	1:02.12 c (1:01.30b)	2/11
6		Amelia GEESLER	FR	#6	Sage Colleges	1:02.60 c (1:01.77b)	2/11
7		Breanna LAMBERT	SR	#2	St. John Fisher	1:02.95 c (1:02.12b)	2/11
8		Janaiya CRUZ-BERMEDEZ	FR	#3	Utica	1:03.01 f	12/11
9		Alexandria WISNIEWSKI	SO	#4	Houghton	1:03.05 c (1:02.22b)	2/11
10		Elizabeth DECKER	SR	#1	Nazareth	1:03.32 f	2/5

Women's 800 Meters

1	79	Elizabeth DECKER	SR	#1	Nazareth	2:21.40 c (2:19.79b)	2/11
2		Jade DENING	FR	#3	Utica	2:25.28 f	2/5
3		Taylor HIGHERS	SR	#2	St. John Fisher	2:27.27 c (2:25.59b)	2/11
4		Claire BARGABOS	SR	#1	Nazareth	2:27.76 f	1/22
5		Alivia COLLINS	SR	#2	St. John Fisher	2:27.99 c (2:26.30b)	2/11
6		Tabitha CLARK	FR	#4	Houghton	2:28.76 c (2:27.06b)	2/11
7		Olivia GILBERT	FR	#5	Alfred	2:29.21 f	2/5
8		Amanda BURRICHTER	SO	#4	Houghton	2:29.56 f	2/18
9		Emily WEAVER	SR	#1	Nazareth	2:31.51 f	2/18
10		Paige ACKLEY	SO	#1	Nazareth	2:32.17 f	2/18

Women's Mile

1		Megan MORIN	SR	#1	Nazareth	5:24.87 f	2/18
2		Jade DENING	FR	#3	Utica	5:26.25 f	2/18
3		Amanda BURRICHTER	SO	#4	Houghton	5:26.43 f	1/22
4		Emily WEAVER	SR	#1	Nazareth	5:27.99 f	2/5
5		Claire BARGABOS	SR	#1	Nazareth	5:29.56 c (5:26.33b)	2/11
6		Taylor HIGHERS	SR	#2	St. John Fisher	5:30.63 f	2/18
7		Elizabeth DECKER	SR	#1	Nazareth	5:31.21 f	1/22
8		Riley COREY	JR	#2	St. John Fisher	5:35.98 f	1/22
9		Alivia COLLINS	SR	#2	St. John Fisher	5:36.13 f	2/18
10		Mackenzie FEENEY	JR	#6	Sage Colleges	5:39.73 f	2/18

Women's 3000 Meters

1	93	Amanda BURRICHTER	SO	#4	Houghton	10:28.55 c (10:23.19b)	2/11
2		Riley COREY	JR	#2	St. John Fisher	10:47.25 f	1/8
3		Lilianna HANNING	SO	#1	Nazareth	10:55.92 f	1/29
4		Emily WEAVER	SR	#1	Nazareth	11:01.20 f	1/29
5		Lauren DEMICHELE	SO	#2	St. John Fisher	11:02.59 f	12/10
6		Megan MORIN	SR	#1	Nazareth	11:08.92 f	1/29
7		Laura WITT	SO	#2	St. John Fisher	11:11.48 f	12/10
8		Rachel DOMARACKI	SO	#4	Houghton	11:21.58 f	2/4
9		Emma CRONIN	JR	#6	Sage Colleges	11:23.18 f	2/18
10		Morgan GOULD	SR	#2	St. John Fisher	11:24.59 f	2/11

Women's 5000 Meters

1	57	Riley COREY	JR	#2	St. John Fisher	18:07.14 c (17:58.83b)	2/11
2		Emily WEAVER	SR	#1	Nazareth	18:38.28 c (18:29.73b)	2/11
3		Amanda BURRICHTER	SO	#4	Houghton	18:51.85 f	1/28
4		Megan MORIN	SR	#1	Nazareth	19:02.13 c (18:53.40b)	2/11
5		Lauren DEMICHELE	SO	#2	St. John Fisher	19:20.27 f	2/4
6		Lilianna HANNING	SO	#1	Nazareth	19:34.51 c (19:25.53b)	2/11
7		Laura WITT	SO	#2	St. John Fisher	19:47.42 f	2/11
8		Brigid MCGEE	SO	#2	St. John Fisher	19:56.45 f	1/29
9		Morgan GOULD	SR	#2	St. John Fisher	19:58.83 f	1/29
10		Rachel DOMARACKI	SO	#4	Houghton	20:01.90 f	1/28



Conference TFRI Event Summary

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Empire 8

Women's 4x400 Relay

1	27	Wright, Wright, Lambert, Shea	#2	St. John Fisher	4:05.36c	(4:02.14b)	2/11
2	32	Szumloz, Decker, Bendall, Johnson	#1	Nazareth	4:06.85 f		2/18
3	33	Cruz-Bermudez, Meade, Dening, Mix	#3	Utica	4:06.94c	(4:03.69b)	2/11
4		Wisniewski, Shaker, Brown, DeJager	#4	Houghton	4:20.46c	(4:17.04b)	2/11
5		Geesler, Gerringer, Cronin, Feeney	#6	Sage Colleges	4:29.67c	(4:26.13b)	2/11
6		Page, Hall, Gilbert, Brothers	#5	Alfred	4:31.97 f		2/18

Women's Distance Medley Relay

1	66	Levi, Cole, Sharpe, Dening	#3	Utica	14:04.24 f		12/4
2	71	Ackley, Heath, DeSanctis, Anagnostopulos	#1	Nazareth	14:11.42 f		1/29

Women's High Jump

1	84	Mackenzie GILLIGAN	FR	#1	Nazareth	1.56m	5-1¼	12/10
1	84	Hayden WILLIAMSON	SO	#4	Houghton	1.56m	5-1¼	1/22
3		Sarah MERRIWETHER	JR	#1	Nazareth	1.55m	5-1	2/11
4		Makiya DONNELLY	FR	#3	Utica	1.53m	5-¼	12/4
4		Bianca DURSO	SO	#5	Alfred	1.53m	5-¼	12/11
6		Jennah FERRARI	JR	#2	St. John Fisher	1.51m	4-11½	1/29
7		Amina SINCLAIR	FR	#3	Utica	1.50m	4-11	1/21
8		Claudia VOGEL	SO	#2	St. John Fisher	1.41m	4-7½	1/22
8		Sara BADEAU	FR	#5	Alfred	1.41m	4-7½	12/3
8		Brenna JOHNSON	SR	#1	Nazareth	1.41m	4-7½	2/18

Women's Pole Vault

1	34	Anna AHLQUIST	SR	#1	Nazareth	3.50m	11-5¾	1/22
2		Alondra ARROYO	SR	#2	St. John Fisher	2.90m	9-6¼	2/11
3		Hosanna SPRONK	FR	#4	Houghton	2.76m	9-½	2/18
4		Lauren BENDALL	SO	#1	Nazareth	2.61m	8-6¾	2/18
5		Hayly FREDRICKSON	FR	#2	St. John Fisher	2.60m	8-6¼	1/15
6		Emily FRECH	FR	#2	St. John Fisher	2.45m	8-½	1/22
7		Jordyn POOLE	SR	#2	St. John Fisher	2.40m	7-10½	2/11
8		Tabitha CLARK	FR	#4	Houghton	2.30m	7-6½	1/22
8		Reegan MITCHELL	FR	#4	Houghton	2.30m	7-6½	12/10
10		Gabrielle DESANTIS	SO	#3	Utica	2.15m	7-½	12/11
10		Holly CIFONELLI	FR	#3	Utica	2.15m	7-½	2/18

Women's Long Jump

1	20	Brenna JOHNSON	SR	#1	Nazareth	5.58m	18-3¾	2/11
2	32	Michaela KURBS	SO	#2	St. John Fisher	5.47m	17-11½	1/29
3	56	Veronica DUELL	FR	#2	St. John Fisher	5.37m	17-7½	2/4
4		McKenzie LEAHEY	JR	#1	Nazareth	5.11m	16-9¼	2/11
5		Kelsey WANDS	SO	#3	Utica	5.07m	16-7¾	12/4
6		Hannah RAGULE	SO	#1	Nazareth	5.00m	16-5	2/18
7		Laura MEADE	SR	#3	Utica	4.98m	16-4¼	12/11
8		Sarah MERRIWETHER	JR	#1	Nazareth	4.97m	16-3¾	2/5
9		McKenna CONE	JR	#2	St. John Fisher	4.87m	15-11¾	1/29
10		Gianna COGNETTI	SO	#3	Utica	4.82m	15-9¾	2/5

Women's Triple Jump

1		Laura MEADE	SR	#3	Utica	10.67m	35-¼	12/11
2		Isabella HEATH	SO	#1	Nazareth	10.58m	34-8½	2/5
3		Hannah RAGULE	SO	#1	Nazareth	10.50m	34-5½	1/22
4		McKenna CONE	JR	#2	St. John Fisher	10.36m	34-0	2/18
5		Mackenzie GILLIGAN	FR	#1	Nazareth	10.05m	32-11¾	2/18
6		Savarrah SOJDA	SO	#7	Hartwick	9.94m	32-7½	1/29
7		Miah IDZI	FR	#4	Houghton	9.83m	32-3	1/22
8		Sarah MERRIWETHER	JR	#1	Nazareth	9.81m	32-2¼	1/29
9		McKenzie LEAHEY	JR	#1	Nazareth	9.69m	31-9½	2/5
10		Gianna COGNETTI	SO	#3	Utica	9.68m	31-9¼	12/4

Women's Shot Put

1	23	Jane FAHY	JR	#3	Utica	13.08m	42-11	1/21
2	89	Makenna KING	SO	#2	St. John Fisher	12.07m	39-7¼	2/18
3	98	Madison PALMER	JR	#5	Alfred	12.00m	39-4½	2/11
4		Jordan LEHMAN	SR	#2	St. John Fisher	11.64m	38-2¼	1/15
5		Lea RICHARD	SO	#1	Nazareth	11.27m	36-11¾	12/10
6		Lyndsay O'BRIEN	JR	#2	St. John Fisher	11.07m	36-4	1/22
7		Ally CRISWELL	SR	#1	Nazareth	9.98m	32-9	1/22
8		Giovanna WALL	FR	#7	Hartwick	9.67m	31-8¾	2/19
9		Kathryn EVANS	SO	#4	Houghton	9.59m	31-5¾	1/28
10		Emilia COSTELLO	FR	#3	Utica	9.36m	30-8½	2/18

Women's Weight Throw

1	43	Lea RICHARD	SO	#1	Nazareth	15.72m	51-7	2/18
2	60	Jordan LEHMAN	SR	#2	St. John Fisher	15.30m	50-2½	12/10
3	75	Gabrielle DESANTIS	SO	#3	Utica	15.01m	49-3	2/18
4		Madison PALMER	JR	#5	Alfred	14.50m	47-7	2/18
5		Elizabeth IZYDORCZAK	SR	#2	St. John Fisher	13.44m	44-1¼	1/22
6		Skyler WHORF	FR	#3	Utica	12.83m	42-1¼	2/18
7		Jane FAHY	JR	#3	Utica	12.54m	41-1¾	2/5
8		Grace MOYER	FR	#1	Nazareth	12.42m	40-9	2/18
9		Ally CRISWELL	SR	#1	Nazareth	12.35m	40-6¼	2/5
10		Makenna KING	SO	#2	St. John Fisher	11.97m	39-3¼	12/10



Conference TFRI Event Summary

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Empire 8

Women's Pentathlon

1	70	Hannah RAGULE	SO	#1	Nazareth	2,532	1/29
2	85	Bianca DURSO	SO	#5	Alfred	2,397	12/11
3	94	Logan FREDRICKSON	FR	#2	St. John Fisher	2,319	2/4
4		Hayden WILLIAMSON	SO	#4	Houghton	2,160	2/4
5		Mackenzie GILLIGAN	FR	#1	Nazareth	2,028	1/29



Conference TFRI Event Summary

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GNAC

Women's 60 Meters

1	AJ GODIOS	FR	#4	Emmanuel (Mass.)	8.11	2/13
2	Mikayla FRANCOIS	SO	#1	Regis (Mass.)	8.26	2/13
3	Emily FAGUNDO	JR	#1	Regis (Mass.)	8.38	2/13
4	Ashley KELEHER	SO	#2	Colby-Sawyer	8.41	2/19
5	Lindy HYNDMAN	FR	#3	Saint Joseph's (M)	8.51	2/13
6	Erin SHEEHAN	JR	#1	Regis (Mass.)	8.57	2/13
7	Diana DELLORUSSO	SO	#1	Regis (Mass.)	8.66	2/13
8	Kaylee TODISCO	SR	#3	Saint Joseph's (M)	8.67 (8.05(55))	1/8
9	Abigail KILBRIDE	FR	#1	Regis (Mass.)	8.78	2/13
10	Hanna ROY	SO	#3	Saint Joseph's (M)	8.87 (8.23(55))	12/11

Women's 60 Meter Hurdles

1	Mikayla FRANCOIS	SO	#1	Regis (Mass.)	10.25	12/4
2	Hannah PLAMONDON	JR	#1	Regis (Mass.)	10.37	2/13
3	Laurel BLACKMAN	JR	#2	Colby-Sawyer	11.04	2/13
4	Emma ALLEN	SR	#3	Saint Joseph's (M)	11.25	2/13
5	Emily AHO	FR	#1	Regis (Mass.)	11.58	2/13
6	Naomi OBENHAUS	FR	#4	Emmanuel (Mass.)	11.59	2/13
7	Morgan FLEISCHER	SO	#2	Colby-Sawyer	12.08	2/13
8	Cynthia BRITO	FR	#4	Emmanuel (Mass.)	12.78	2/13
9	Abagayle HAMELIN	JR	#2	Colby-Sawyer	12.81	2/13

Women's 200 Meters

1	AJ GODIOS	FR	#4	Emmanuel (Mass.)	26.74c (26.33b)	2/13
2	Erin SHEEHAN	JR	#1	Regis (Mass.)	28.34c (27.90b)	2/13
3	Ashley KELEHER	SO	#2	Colby-Sawyer	28.62 f	2/19
4	Heather HANSON	FR	#2	Colby-Sawyer	29.41 f	1/15
5	Emily FAGUNDO	JR	#1	Regis (Mass.)	29.50c (29.05b)	2/13
6	Alayja LINTON	FR	#1	Regis (Mass.)	29.68c (29.22b)	2/13
7	Mikayla FRANCOIS	SO	#1	Regis (Mass.)	29.70c (29.24b)	2/13
8	Bridget O'CONNELL	FR	#2	Colby-Sawyer	30.17 f	1/15
9	Diana DELLORUSSO	SO	#1	Regis (Mass.)	30.24c (29.77b)	2/13
10	Abigail KILBRIDE	FR	#1	Regis (Mass.)	30.33c (29.86b)	2/13

Women's 400 Meters

1	AJ GODIOS	FR	#4	Emmanuel (Mass.)	1:01.24c (1:00.43b)	2/13
2	Bridget O'CONNELL	FR	#2	Colby-Sawyer	1:06.30c (1:05.43b)	2/13
3	Emily FAGUNDO	JR	#1	Regis (Mass.)	1:07.97c (1:07.07b)	2/13
4	Kara KEIPER	SO	#2	Colby-Sawyer	1:08.42 f	2/19
5	Juleen GUIRAND	FR	#1	Regis (Mass.)	1:08.89c (1:07.98b)	2/13
6	Hanna ROY	SO	#3	Saint Joseph's (M)	1:10.72c (1:09.79b)	2/13
7	Annabelle JEAN-PHILLIPPE	FR	#1	Regis (Mass.)	1:11.09c (1:10.15b)	2/13
8	Samantha VANDEMOERE	SR	#3	Saint Joseph's (M)	1:11.98 f	1/8
9	Abagayle HAMELIN	JR	#2	Colby-Sawyer	1:14.22c (1:13.24b)	2/13
10	Hannah BROWN	FR	#2	Colby-Sawyer	1:16.32c (1:15.31b)	2/13

Women's 800 Meters

1	Samantha VANDEMOERE	SR	#3	Saint Joseph's (M)	2:27.60 f	2/4
2	Heather HANSON	FR	#2	Colby-Sawyer	2:30.10 f	2/19
3	Grace WALSH	JR	#2	Colby-Sawyer	2:31.45c (2:29.72b)	2/13
4	Ashleigh KELLEY	JR	#1	Regis (Mass.)	2:34.25c (2:32.49b)	2/13
5	Tessa MILLETTE	FR	#2	Colby-Sawyer	2:36.16c (2:34.38b)	2/13
6	Carly JORDAN	SR	#3	Saint Joseph's (M)	2:45.33c (2:43.45b)	2/13
7	Elizabeth STEVENSON	FR	#1	Regis (Mass.)	2:50.31c (2:48.37b)	2/13
8	Elizabeth MELVIN	SO	#1	Regis (Mass.)	2:53.95c (2:51.97b)	2/13
9	Shannon O'CONNELL	JR	#2	Colby-Sawyer	2:55.54 f	1/21
10	Annabelle JEAN-PHILLIPPE	FR	#1	Regis (Mass.)	2:57.80 f	1/8

Women's Mile

1	Ashleigh KELLEY	JR	#1	Regis (Mass.)	5:23.83 f	1/22
2	Erin KELLEY	JR	#1	Regis (Mass.)	5:47.81c (5:44.40b)	2/13
3	Samantha CARUS	FR	#2	Colby-Sawyer	5:50.17c (5:46.73b)	2/13
4	Shannon O'CONNELL	JR	#2	Colby-Sawyer	5:51.87 f	1/21
5	Tessa MILLETTE	FR	#2	Colby-Sawyer	5:58.76 f	1/30
6	Caitlin KENDRICK	JR	#3	Saint Joseph's (M)	5:59.41 f	1/23
7	Emma ALLEN	SR	#3	Saint Joseph's (M)	6:01.20c (5:57.66b)	2/13
8	Quinn ALDRICH	FR	#2	Colby-Sawyer	6:28.32 f	2/19
9	Libby PARKER	SO	#1	Regis (Mass.)	6:29.75 f	1/22
10	Elizabeth STEVENSON	FR	#1	Regis (Mass.)	6:30.56 f	12/4

Women's 3000 Meters

1	Samantha CARUS	FR	#2	Colby-Sawyer	11:01.36 f	1/30
2	Erin KELLEY	JR	#1	Regis (Mass.)	11:05.29 f	1/22
3	Tessa MILLETTE	FR	#2	Colby-Sawyer	11:24.66 f	2/19
4	Shannon O'CONNELL	JR	#2	Colby-Sawyer	11:29.34 f	2/19
5	Caitlin KENDRICK	JR	#3	Saint Joseph's (M)	11:36.62c (11:30.68b)	2/13
6	Emma ALLEN	SR	#3	Saint Joseph's (M)	12:25.47c (12:19.11b)	2/13
7	Terry CASSETTA	FR	#3	Saint Joseph's (M)	14:30.48c (14:23.05b)	2/13

Women's 5000 Meters

1	Samantha CARUS	FR	#2	Colby-Sawyer	18:57.71c (18:49.01b)	2/13
2	Shannon O'CONNELL	JR	#2	Colby-Sawyer	19:51.42 f	1/30
3	Tessa MILLETTE	FR	#2	Colby-Sawyer	20:47.42c (20:37.88b)	2/13
4	Caitlin KENDRICK	JR	#3	Saint Joseph's (M)	20:55.63c (20:46.03b)	2/13
5	Heather HANSON	FR	#2	Colby-Sawyer	21:12.65c (21:02.92b)	2/13
6	Libby PARKER	SO	#1	Regis (Mass.)	22:37.88c (22:27.50b)	2/13
7	Quinn ALDRICH	FR	#2	Colby-Sawyer	23:48.66c (23:37.74b)	2/13
8	Anna GOODWIN	SO	#4	Emmanuel (Mass.)	25:48.56c (25:36.72b)	2/13



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GNAC

Women's 4x400 Relay

1	Hanson, Walsh, O'Connell, Keleher	#2	Colby-Sawyer	4:37.84c (4:34.19b)	2/13
2	Boisvert, Fitzpatrick, Ruggiero, Ruggiero	#4	Emmanuel (Mass.)	4:47.68 f	1/30
3	Jordan, Kendrick, Roy, VanDeMoere	#3	Saint Joseph's (M)	4:52.56 f	1/23
4	Guirand, Jean-Phillippe, Kelley, Melvin	#1	Regis (Mass.)	4:56.28 f	1/22

Women's Distance Medley Relay

1	75	Winship, Boisvert, Krantz, Fitzpatrick	#4	Emmanuel (Mass.)	14:23.97c(14:14.82b)	2/13
2	88	Jordan, Allen, VanDeMoere, Kendrick	#3	Saint Joseph's (M)	14:52.98c(14:43.52b)	2/13
3	98	Parker, Kelley, Melvin, Stevenson	#1	Regis (Mass.)	15:37.50c(15:27.57b)	2/13

Women's High Jump

1	Cynthia BRITO	FR	#4	Emmanuel (Mass.)	1.46m	4-9½	2/13
1	AJ GODIOS	FR	#4	Emmanuel (Mass.)	1.46m	4-9½	2/13
3	Mikayla FRANCOIS	SO	#1	Regis (Mass.)	1.35m	4-5	12/4
4	Laurel BLACKMAN	JR	#2	Colby-Sawyer	1.31m	4-3½	2/13
5	Calie SORENSON	JR	#2	Colby-Sawyer	1.26m	4-1½	2/13

Women's Pole Vault

1	Laurel BLACKMAN	JR	#2	Colby-Sawyer	2.95m	9-8	1/21
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Women's Long Jump

1	AJ GODIOS	FR	#4	Emmanuel (Mass.)	4.97m	16-3¾	2/13
2	Mikayla FRANCOIS	SO	#1	Regis (Mass.)	4.81m	15-9½	2/13
3	Emily FAGUNDO	JR	#1	Regis (Mass.)	4.66m	15-3½	2/13
4	Hannah PLAMONDON	JR	#1	Regis (Mass.)	4.42m	14-6	2/13
5	Francesca SEAC	FR	#1	Regis (Mass.)	4.29m	14-1	2/13
6	Abby O'BRIEN	SO	#3	Saint Joseph's (M)	4.26m	13-11¾	2/13
7	Lindy HYNDMAN	FR	#3	Saint Joseph's (M)	4.15m	13-7½	2/13
8	Bridget O'CONNELL	FR	#2	Colby-Sawyer	4.14m	13-7	2/13
9	Emily AHO	FR	#1	Regis (Mass.)	4.06m	13-4	1/8
9	Samantha VANDEMOERE	SR	#3	Saint Joseph's (M)	4.06m	13-4	12/11

Women's Triple Jump

1	Hannah PLAMONDON	JR	#1	Regis (Mass.)	9.54m	31-3¾	2/13
2	Catherine HEGARTY	FR	#1	Regis (Mass.)	9.46m	31-½	2/13
3	Anna BIESZCZAD	SO	#2	Colby-Sawyer	9.30m	30-6¼	2/19
4	Emily AHO	FR	#1	Regis (Mass.)	9.23m	30-3½	2/13
5	Abby O'BRIEN	SO	#3	Saint Joseph's (M)	8.67m	28-5½	12/11
6	AJ GODIOS	FR	#4	Emmanuel (Mass.)	8.63m	28-3¾	2/13
7	Katie KELLEY	SO	#1	Regis (Mass.)	8.16m	26-9¼	2/13

Women's Shot Put

1	Alyssa FRENCH-GRAHAM	FR	#4	Emmanuel (Mass.)	10.26m	33-8	2/13
2	Alexandra SANIDAS	SO	#1	Regis (Mass.)	8.90m	29-2½	2/13
3	Piper WETHERBY	JR	#3	Saint Joseph's (M)	8.83m	28-11¾	1/23
4	Abby O'BRIEN	SO	#3	Saint Joseph's (M)	8.77m	28-9¼	2/13
5	Kimberly MOULTON	JR	#3	Saint Joseph's (M)	8.64m	28-4¼	12/11
6	Faith MAZZAPICA	SO	#2	Colby-Sawyer	8.33m	27-4	1/30
6	Julie UNCZUR	SR	#3	Saint Joseph's (M)	8.33m	27-4	2/13
8	Claudia SEVI	FR	#1	Regis (Mass.)	8.27m	27-1¾	2/13
9	Victoria BRADLEY	SO	#1	Regis (Mass.)	8.17m	26-9¾	1/22
10	Mikayla FRANCOIS	SO	#1	Regis (Mass.)	7.38m	24-2½	2/13

Women's Weight Throw

1	Piper WETHERBY	JR	#3	Saint Joseph's (M)	10.58m	34-8½	1/23
2	Faith MAZZAPICA	SO	#2	Colby-Sawyer	10.51m	34-5¾	2/19
3	Alexandra SANIDAS	SO	#1	Regis (Mass.)	9.91m	32-6¼	2/13
4	Abby O'BRIEN	SO	#3	Saint Joseph's (M)	9.67m	31-8¾	12/11
5	Victoria BRADLEY	SO	#1	Regis (Mass.)	9.52m	31-2¾	2/13
6	Kimberly MOULTON	JR	#3	Saint Joseph's (M)	9.29m	30-5¾	1/8
7	Anastazia COPELAND	FR	#1	Regis (Mass.)	9.20m	30-2¼	2/13
8	Claudia SEVI	FR	#1	Regis (Mass.)	8.83m	28-11¾	1/22
9	Anna BIESZCZAD	SO	#2	Colby-Sawyer	7.79m	25-6¾	2/13
10	Madelyn ROBERTSON	FR	#1	Regis (Mass.)	7.30m	23-11½	2/13



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HCAC

Women's 60 Meters

1	36	Traci CROSS	FR	#6 Defiance	7.85	2/19
2	53	Zaleeya MARTIN	JR	#3 Hanover	7.90	2/19
3		Delaney MOORE	FR	#4 Anderson (Ind.)	8.04	2/19
4		Katrina AGUSTIN	JR	#2 Rose-Hulman	8.07	2/19
4		Lisa-Maria MARKAU	JR	#6 Defiance	8.07	2/19
6		Adelle STANKO	JR	#1 Manchester	8.29	2/19
7		Madalynn SCHIFER	JR	Bluffton	8.31	2/19
8		Hannah KEITH	FR	#8 Mount St. Joseph	8.34	2/19
9		Krista FRANKLIN	SR	#4 Anderson (Ind.)	8.35	2/5
10		Maya JAZDZEWSKI	JR	#7 Transylvania	8.45	1/21

Women's 60 Meter Hurdles

1		Alexis GERKE	SR	#3 Hanover	9.80	2/19
2		Janae JOHNSON	JR	#5 Franklin	10.05	2/12
3		Brantley WATHEN	FR	#5 Franklin	10.62	2/19
4		Lyndsey HERMES	JR	Earlham	10.84	2/19
5		Brooke BOUWENS	JR	#1 Manchester	11.20	2/19
6		Haley CARRIER	SR	#8 Mount St. Joseph	11.29	1/22
7		Josie LYONS	SO	#5 Franklin	11.49	2/19
8		Sophie BAER	JR	#2 Rose-Hulman	11.51	2/19

Women's 200 Meters

1	79	Traci CROSS	FR	#6 Defiance	26.37 f	2/19
2		Ashanti ELKINS	FR	#6 Defiance	27.07 f	1/14
3		Delaney MOORE	FR	#4 Anderson (Ind.)	27.19 f	2/19
4		Adelle STANKO	JR	#1 Manchester	27.33 f	2/19
5		Zaleeya MARTIN	JR	#3 Hanover	27.50 f	1/28
6		Lyndsey HERMES	JR	Earlham	27.51 f	2/19
6		Tina ROGERS	SR	#2 Rose-Hulman	27.51 f	1/28
8		Lisa-Maria MARKAU	JR	#6 Defiance	27.61 f	2/19
9		Hannah KEITH	FR	#8 Mount St. Joseph	27.90 f	2/19
10		Jada HUNTER-HAYS	FR	#2 Rose-Hulman	28.26 f	2/19

Women's 400 Meters

1		Tina ROGERS	SR	#2 Rose-Hulman	1:01.80 f	2/19
2		Emily PETERSON	JR	#2 Rose-Hulman	1:02.44 f	2/19
3		Brooke BOUWENS	JR	#1 Manchester	1:03.69 f	2/19
4		Olivia KYRK	SO	Earlham	1:04.83 f	2/19
5		Kailea KERR	FR	Bluffton	1:05.38c (1:04.52OT)	1/29
5		Makenzie CARROLL	SR	#3 Hanover	1:05.38 f	2/19
7		Carson GRAVES	FR	#7 Transylvania	1:05.63 f	2/5
8		Lex DESEMBERG	JR	#5 Franklin	1:05.69 f	2/19
9		Brandi SMITH	JR	#1 Manchester	1:05.89 f	2/19
10		Liv ASPHOLM	FR	#2 Rose-Hulman	1:05.91 f	1/28

Women's 800 Meters

1		Madison LINDFELT	JR	#2 Rose-Hulman	2:28.87 f	2/19
2		Haley MAKOWSKI	FR	#5 Franklin	2:29.00 f	2/12
3		Elizabeth LOHMAN	JR	#1 Manchester	2:30.13 f	2/19
4		Amberleigh SORENSEN	SO	#3 Hanover	2:30.16 f	2/19
5		Emily PETERSON	JR	#2 Rose-Hulman	2:32.28 f	2/4
6		Alexandria AUSMUS	FR	#6 Defiance	2:32.31 f	2/19
7		Rebecca GREGG	SR	#4 Anderson (Ind.)	2:33.44 f	2/19
8		Caitlin BIEHLE	SR	#8 Mount St. Joseph	2:33.46 f	2/19
9		Lauren SMITH	JR	#1 Manchester	2:33.67 f	2/12
10		Abi CLAYTON	SR	#2 Rose-Hulman	2:34.09 f	1/28

Women's Mile

1		Elizabeth LOHMAN	JR	#1 Manchester	5:17.78 f	2/12
2		Brianna MEDCALF	SR	#3 Hanover	5:31.28 f	2/12
3		Hannah BRUBAKER	JR	#1 Manchester	5:32.72 f	2/12
4		Abi CLAYTON	SR	#2 Rose-Hulman	5:40.02 f	2/4
5		Noelle LOLLER	SR	#4 Anderson (Ind.)	5:40.10 f	1/21
6		Lauren SMITH	JR	#1 Manchester	5:41.23 f	1/14
7		Lydia DYER	FR	#4 Anderson (Ind.)	5:44.31 f	2/19
8		Taylor WOOTEN	SR	#5 Franklin	5:46.31 f	2/4
9		Shianna BELLINGHAM	SR	Earlham	5:46.57 f	2/19
10		Hanna WHITNEY	FR	#3 Hanover	5:49.64 f	1/28

Women's 3000 Meters

1		Elizabeth LOHMAN	JR	#1 Manchester	10:45.34 f	2/5
2		Hannah BRUBAKER	JR	#1 Manchester	10:57.09 f	2/5
3		Noelle LOLLER	SR	#4 Anderson (Ind.)	10:59.41 f	2/5
4		Brianna MEDCALF	SR	#3 Hanover	11:15.18 f	1/28
5		Lauren SMITH	JR	#1 Manchester	11:16.47 f	2/5
6		Lydia DYER	FR	#4 Anderson (Ind.)	11:30.06 f	2/12
7		Abigail KURFMAN	FR	#2 Rose-Hulman	11:33.31 f	1/14
8		Fiona FROST	SR	#1 Manchester	11:33.53 f	1/14
9		Allie THOMAS	FR	#3 Hanover	11:41.76 f	2/19
10		Taylor WOOTEN	SR	#5 Franklin	11:43.46 f	1/28

Women's 5000 Meters

1		Hannah BRUBAKER	JR	#1 Manchester	19:04.06 f	1/21
2		Brianna MEDCALF	SR	#3 Hanover	19:12.31 f	2/19
3		Elizabeth LOHMAN	JR	#1 Manchester	19:15.94 f	2/19
4		Noelle LOLLER	SR	#4 Anderson (Ind.)	19:24.78 f	2/19
5		Lauren SMITH	JR	#1 Manchester	19:46.77 f	1/21
6		Abigail KURFMAN	FR	#2 Rose-Hulman	20:25.70 f	2/19
7		Allie THOMAS	FR	#3 Hanover	20:26.25 f	2/19
8		Fiona FROST	SR	#1 Manchester	20:26.42 f	2/19
9		Jill ANSPAUGH	JR	#5 Franklin	20:40.03 f	2/19
10		Ella BASHOR	FR	#5 Franklin	21:13.31 f	2/19



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HCAC

Women's 4x400 Relay

1	87	Peterson, Shepherd, Aspholm, Rogers	#2	Rose-Hulman	4:17.95 f	2/19
2	98	Smith, Ernestes, Cofield, Stanko	#1	Manchester	4:19.46 f	2/12
3		Sorensen, Carroll, Jazdzewski, Medcalf	#3	Hanover	4:20.84 f	2/19
4		Desenberg, Makowski, Watson, Gregory	#5	Franklin	4:29.24 f	2/19
5		Hermes, Kyrk, Bellingham, Stirn		Earlham	4:30.02 f	2/19
6		Smith, Markau, Cross, Ausmus	#6	Defiance	4:30.83 f	2/19
7		Moore, Gregg, Stewart, Saunders	#4	Anderson (Ind.)	4:36.06 f	2/12
8		Schifer, Myers, Matthews, Kerr		Bluffton	4:37.16 f	2/19
9		Graves, Rowe, Aldridge, Johnson	#7	Transylvania	4:44.99 f	2/19
10		Biehle, Hess, Lenart, Salmons	#8	Mount St. Joseph	4:58.87	1/22

Women's Distance Medley Relay

1	51	Gregory, Desenberg, Watson, Wooten	#5	Franklin	13:43.86 f	2/19
2	61	Schamel, Hermes, Stirn, Bellingham		Earlham	14:01.70 f	2/4
3	67	Lindfelt, Shoemaker, Sebastian, Braker	#2	Rose-Hulman	14:04.45 f	2/19
4	68	Guthrie, Sones, Gregg, Dyer	#4	Anderson (Ind.)	14:04.88 f	2/19
5	70	Chupp, Cofield, Hilliker, Smith	#1	Manchester	14:07.50 f	2/19
6	79	Lenart, Salmons, Biehle, Hess	#8	Mount St. Joseph	14:31.39 f	2/19
7	84	Medcalf, Sorensen, Thomas, Whitney	#3	Hanover	14:41.20 f	2/4
8	91	Nixon, Myers, Brownrigg, Matthews		Bluffton	15:03.30 f	2/19

Women's High Jump

1	76	Delaney MOORE	FR	#4	Anderson (Ind.)	1.57m	5-1¾	1/14
2		Dara SMITH	SR	#2	Rose-Hulman	1.47m	4-9¾	1/14
2		Kendal GARRINGER	JR	#1	Manchester	1.47m	4-9¾	2/19
4		Olivia RIDER	FR		Bluffton	1.43m	4-8¾	1/29
5		Jada HUNTER-HAYS	FR	#2	Rose-Hulman	1.42m	4-7¾	1/28
5		Taylor ROARK	FR	#7	Transylvania	1.42m	4-7¾	2/5
7		Lili SEALS	FR	#3	Hanover	1.41m	4-7½	2/19
8		Mere JOHNSON	SO	#7	Transylvania	1.37m	4-6	2/5
9		Josie LYONS	SO	#5	Franklin	1.36m	4-5½	2/19
9		Emma MCPEEK	FR	#3	Hanover	1.36m	4-5½	2/19
9		Katelyn SMITH	FR	#6	Defiance	1.36m	4-5½	1/21

Women's Pole Vault

1	70	Nina JAZDZEWSKI	FR	#3	Hanover	3.35m	10-11¾	1/28
2		Claire PERKINS	SR	#2	Rose-Hulman	3.05m	10-0	2/4
3		Claire BUTLER	JR	#1	Manchester	2.72m	8-11	2/19
4		Ally MCGUIRE	FR	#3	Hanover	2.42m	7-11¼	1/22
5		Jaela FAULKNER	FR	#1	Manchester	2.27m	7-5¼	2/19

Women's Long Jump

1	64	Rofiat ADEYEMI	SO	#2	Rose-Hulman	5.35m	17-6¾	2/19
2		Adelle STANKO	JR	#1	Manchester	5.01m	16-5¼	2/19
3		Delaney MOORE	FR	#4	Anderson (Ind.)	4.91m	16-1½	2/19
4		Zaleeya MARTIN	JR	#3	Hanover	4.89m	16-½	2/19
5		Maya JAZDZEWSKI	JR	#7	Transylvania	4.86m	15-11½	1/21
6		Madison HUELKAMP	JR		Earlham	4.84m	15-10½	1/22
7		Dara SMITH	SR	#2	Rose-Hulman	4.69m	15-4¾	1/28
8		Kyra HICKS	SO	#2	Rose-Hulman	4.65m	15-3¼	1/21
9		Brooke BOUWENS	JR	#1	Manchester	4.53m	14-10½	1/21
10		Liang JIA	SR	#2	Rose-Hulman	4.34m	14-3	1/28

Women's Triple Jump

1	36	Rofiat ADEYEMI	SO	#2	Rose-Hulman	11.31m	37-1¼	2/19
2	84	Kyra HICKS	SO	#2	Rose-Hulman	10.86m	35-7¾	2/19
3		Adelle STANKO	JR	#1	Manchester	10.44m	34-3	2/19
4		Maya JAZDZEWSKI	JR	#7	Transylvania	10.04m	32-11¼	2/5
5		Madison HUELKAMP	JR		Earlham	9.75m	32-0	1/29
6		Jaela FAULKNER	FR	#1	Manchester	9.61m	31-6½	2/19
7		Kendal GARRINGER	JR	#1	Manchester	9.31m	30-6½	2/12
8		Mere JOHNSON	SO	#7	Transylvania	9.01m	29-6¾	2/5
9		Liang JIA	SR	#2	Rose-Hulman	8.73m	28-7¾	2/19
10		Audrianna DIAZ	JR	#1	Manchester	7.98m	26-2¼	1/21

Women's Shot Put

1	60	Evelyn UTLEY	FR	#2	Rose-Hulman	12.37m	40-7	2/4
2	79	Jessica BECKMAN	JR	#3	Hanover	12.15m	39-10½	2/19
3		Carley CAMP	FR	#1	Manchester	11.70m	38-4¾	2/19
4		Jessie STENGER	FR	#3	Hanover	11.48m	37-8	2/19
5		Aaliyah BRIGGS	SO	#2	Rose-Hulman	11.30m	37-1	2/4
6		Erica MOHR	SR	#1	Manchester	10.60m	34-9½	2/19
7		Kamran MILES	JR	#3	Hanover	10.38m	34-¾	2/19
8		Samantha NYSTROM	SR	#2	Rose-Hulman	9.99m	32-9½	2/19
9		Haley MORVILIUS	SO	#4	Anderson (Ind.)	9.87m	32-4¾	2/19
10		Ayanna MACKEY	FR		Bluffton	9.79m	32-1½	2/19

Women's Weight Throw

1	67	Erica MOHR	SR	#1	Manchester	15.16m	49-9	1/14
2		Cameron WEBER	FR	#2	Rose-Hulman	13.91m	45-7¾	1/14
2		Maddie HAINES	SR	#1	Manchester	13.91m	45-7¾	2/19
4		Carley CAMP	FR	#1	Manchester	13.88m	45-6½	2/12
5		Dakota GOETZ	JR	#1	Manchester	13.87m	45-6¼	2/19
6		Lydia LUPINSKI	JR	#3	Hanover	13.40m	43-11¾	2/19
7		Emma PAYNE	JR		Bluffton	13.20m	43-3¾	2/19
8		Samantha NYSTROM	SR	#2	Rose-Hulman	12.83m	42-1¼	2/4
9		Haley MORVILIUS	SO	#4	Anderson (Ind.)	12.51m	41-½	2/19
10		Jessie STENGER	FR	#3	Hanover	12.49m	40-11¾	2/19



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Independent

Women's 60 Meters

1	5	Margaret WALKER	SR #17 Wheaton (Mass.)	7.64	2/19
2	7	Katy NIPPERT	SR #7 WPI	7.70	2/19
3	8	Kiara TAN	JR #1 Williams	7.71	2/12
4	13	Bailey FORSYTH	SR #19 Pacific Lutheran	7.75	2/12
5	17	Malissa LINDSEY	JR #12 Connecticut College	7.78	2/4
6	21	Sade GREENIDGE	FR #8 Colby	7.80	1/21
7	22	Jasmyn CRAWFORD	SO Whittier	7.81c (7.77A)	2/4
8	30	Alexandra CASE	SR #17 Wheaton (Mass.)	7.84	2/19
8	30	Kianne BENJAMIN	SO #4 Bowdoin	7.84	1/15
10	42	Vivienne EVANS	SO #7 WPI	7.87	2/4
10	42	Janelle KNIGHT	SR #7 WPI	7.87	1/15
10	42	Alexandra ACKERMAN	JR Redlands (Calif.)	7.87c (7.83A)	2/18

Women's 60 Meter Hurdles

1	7	Lydia PITTS	SR #4 Bowdoin	8.80	2/18
2	14	Amelia HEWSON	JR #23 Whitworth	8.89	2/12
3	16	Eliza CARDWELL	FR #5 Amherst	8.92	2/12
4	22	Christina SPELIAKOS	JR #8 Colby	9.01	12/11
5	24	Caroline DOUGLAS	SO #1 Williams	9.02	2/19
6	32	Amanda KAUFMAN	SR #9 Bates	9.12	1/21
7	55	Hayden COLFAX	FR #1 Williams	9.25	2/12
8	57	Sarah PILLONE	FR #3 Tufts	9.26	2/19
8	57	Erin DAUGHERTY	FR #8 Colby	9.26	2/4
10	60	Ayahna BAHATI	FR #15 George Fox	9.27	1/23

Women's 200 Meters

1	3	Grace DEVANNY	JR #10 Wesleyan (Conn.)	25.19c (24.80b)	2/11
2	7	Nicole STEWART	FR #24 Smith	25.39c (25.00b)	2/11
3	9	Bailey FORSYTH	SR #19 Pacific Lutheran	25.41c (25.02)	2/12
4	12	Janelle KNIGHT	SR #7 WPI	25.49c (25.10b)	2/11
5	15	Kiara TAN	JR #1 Williams	25.54c (25.15b)	2/11
5	15	Katy NIPPERT	SR #7 WPI	25.54c (25.15b)	1/28
7	18	Sade GREENIDGE	FR #8 Colby	25.57c (25.18b)	2/11
8	22	Rachel ARTHUR	FR #1 Williams	25.68c (25.28b)	2/11
9	28	Alexandra CASE	SR #17 Wheaton (Mass.)	25.78c (25.38b)	2/11
10	31	Vivienne EVANS	SO #7 WPI	25.80c (25.40b)	2/11

Women's 400 Meters

1	3	Grace DEVANNY	JR #10 Wesleyan (Conn.)	56.55c (55.80b)	2/11
2	10	Camryn TAYLOR	FR #1 Williams	57.78c (57.02b)	2/11
2	10	Kennedy MULLEN	FR #20 Trinity (Conn.)	57.78c (57.02b)	2/11
4	19	Bethany GINGERICH	JR #15 George Fox	58.16c (57.39OT)	1/28
5	30	Anna MADDEN	SR #5 Amherst	59.04 f	2/4
6	31	Cianna O'FLAHERTY	JR #4 Bowdoin	59.05c (58.27b)	2/11
7	33	Juanita JARAMILLO	SR #5 Amherst	59.11 f	2/4
8	39	Julia HOWARTH	FR #2 MIT	59.17 f	1/22
9	42	Kristina PIZZI	FR #8 Colby	59.25c (58.47b)	2/11
10	58	Casie EIFRIG	FR #5 Amherst	59.75 f	2/4

Women's 800 Meters

1	6	Elise LAMBERT	SR #9 Bates	2:12.90c (2:11.39b)	2/11
2	10	Cassidy KEARNEY	SR #6 Middlebury	2:13.74c (2:12.22b)	2/11
3	14	Hannah NEILON	JR #3 Tufts	2:14.37c (2:12.84b)	2/11
4	16	Nicole JOHNSON	SR #6 Middlebury	2:15.00c (2:13.46b)	2/11
5	20	Maeve HOFFMAN	JR #10 Wesleyan (Conn.)	2:15.76c (2:14.21b)	2/11
6	27	Lucy GAGNON	FR #1 Williams	2:17.17c (2:15.61b)	2/11
7	35	Margaret TRAUTNER	SR #25 Caltech	2:18.04c (2:17.99OT)	2/4
8	40	Ava ZIELINSKI	FR #5 Amherst	2:18.50 f	2/18
9	51	Becky VELIE	SR #10 Wesleyan (Conn.)	2:19.80c (2:18.21b)	1/21
10	52	Chrissy AMAN	SO #9 Bates	2:19.85c (2:18.26b)	2/11

Women's Mile

1	18	Abby SCOTT	JR #1 Williams	5:03.49c (5:00.51b)	2/11
2	21	Jordan WILSON	JR #9 Bates	5:04.21c (5:01.22b)	2/11
3	24	Molly FITZGIBBONS	FR #1 Williams	5:04.72c (5:01.73b)	2/11
4	25	Margaret TRAUTNER	SR #25 Caltech	5:04.84c (5:01.85b)	2/11
5	28	Leila TRUMMEL	JR #4 Bowdoin	5:05.61c (5:02.61b)	2/11
6	29	Katelyn PEASE	SR #6 Middlebury	5:05.73c (5:02.73b)	2/11
7	32	Cassidy KEARNEY	SR #6 Middlebury	5:05.95 f	2/4
8	46	Elise LAMBERT	SR #9 Bates	5:08.02 f	2/4
9	48	Sidnie KULIK	FR #5 Amherst	5:08.37 f	2/18
10	51	Katherine KENNY	JR #6 Middlebury	5:09.54 f	2/12

Women's 3000 Meters

1	6	Ari MARKS	SR #18 Wellesley	9:41.76c (9:36.80b)	2/11
2	13	Izzi GENGARO	JR #2 MIT	9:54.75c (9:49.67b)	2/11
3	20	Anna SLAGER	JR #3 Tufts	10:01.83 f	2/4
4	21	Sidnie KULIK	FR #5 Amherst	10:02.23 f	1/22
5	25	Emily CLARKE	SR #14 Claremont-Mudd.	10:06.57c (10:01.39)	2/12
6	28	Lauren SELKIN	JR #16 Mount Holyoke	10:08.76c (10:03.57b)	2/4
7	33	Cassidy KEARNEY	SR #6 Middlebury	10:10.85 f	2/4
8	35	Ella BALL	FR #1 Williams	10:12.89c (10:07.66b)	12/4
9	37	Sophia WOLMER	JR #5 Amherst	10:13.39 f	2/4
10	38	Grace KAERCHER	FR #1 Williams	10:13.93c (10:08.69b)	12/4

Women's 5000 Meters

1	4	Ari MARKS	SR #18 Wellesley	16:45.90c (16:38.21b)	1/28
2	9	Izzi GENGARO	JR #2 MIT	17:06.26c (16:58.41b)	1/28
3	10	Meredith BLOSS	SO #14 Claremont-Mudd.	17:07.26c (16:59.41b)	12/4
4	17	Hannah RIEDERS	SR #16 Mount Holyoke	17:34.84c (17:26.78b)	12/4
5	20	Lauren SELKIN	JR #16 Mount Holyoke	17:37.67c (17:29.58b)	2/11
6	24	Emma TAPSCOTT	JR #1 Williams	17:40.77c (17:32.66b)	2/11
7	26	Bea PARR	FR #6 Middlebury	17:44.03 f	2/4
8	33	Laurel KRUGER	JR #24 Smith	17:51.35c (17:43.16b)	2/11
9	35	Madeline RIEDERS	SR #16 Mount Holyoke	17:53.07c (17:44.87b)	12/4
10	37	Sophia WOLMER	JR #5 Amherst	17:53.67 f	1/22



Conference TFRI Event Summary

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Independent

Women's 4x400 Relay

1	9	Hon, Purohit, Dias, Howarth	#2 MIT	3:56.72c (3:53.61b)	2/11
2	11	Madden, Jaramillo, Eifrig, Lingen	#5 Amherst	3:57.97 f	1/22
3	12	Kral, Machado, Hernon, Smith	#3 Tufts	3:59.40c (3:56.25b)	2/11
4	14	Franck, Freniere, Mejico, Pizzi	#8 Colby	3:59.93c (3:56.78b)	2/11
5	17	Louie, Dale, Munz, Thompson	#6 Middlebury	4:02.64c (3:59.45b)	2/11
6	25	Taylor, Arthur, Klein, Green	#1 Williams	4:04.95c (4:01.73b)	12/4
7	29	Kneebone, Kennedy, Jones, Mullen	#20 Trinity (Conn.)	4:05.68c (4:02.45b)	2/11
8	31	Evans, Knight, Dimanche, Nippert	#7 WPI	4:06.55 f	2/4
9	35	Schlosberg, Hausladen, Devanny, Kelly	#10 Wesleyan (Conn.)	4:07.05 f	1/15
10	47	Kaufman, Willis, Corcoran, Lambert	#9 Bates	4:10.92 f	1/21

Women's Distance Medley Relay

1	6	Gagnon, Taylor, Kaercher, Scott	#1 Williams	11:58.14c(11:50.53b)	2/11
2	8	Bulczynski, Louie, Johnson, Kearney	#6 Middlebury	12:00.32c(11:52.69b)	2/11
3	10	Lowensohn, Perugini, Neilon, Slager	#3 Tufts	12:15.92c(12:08.13b)	2/11
4	11	Stoner, Miller, Cooksey, Bentley	#2 MIT	12:18.72c(12:10.90b)	2/11
5	14	Neal, Warren, Sclair, Bailey	#15 George Fox	12:32.31c(12:24.34b)	1/28
6	20	Anderson, Hallal, Kokernak, Guilfoyle	#7 WPI	12:47.81 f	2/19
7	21	Schor, Phillips, Pedersen, Wolmer	#5 Amherst	12:47.84 f	2/12
8	29	Curran, Ebby, Gutowski, Schwab	#12 Connecticut College	12:57.86 f	2/19
9	31	Velie, Hoffman, Thomas, Scobell	#10 Wesleyan (Conn.)	13:04.54c(12:56.23b)	1/21
10	33	Schiel, Basel, Sands, Greene	Hamilton	13:10.04 f	2/19

Women's High Jump

1	2	Jaidyn APPEL	SO #3 Tufts	1.72m 5-7¾	2/19
2	3	Chloe DEWHURST	SR #13 Springfield (Mass.)	1.71m 5-7¼	1/22
3	5	Sharde JOHNSON	JR #8 Colby	1.70m 5-7	1/28
4	9	Gabriella GRATTAN	FR #20 Trinity (Conn.)	1.68m 5-6	2/19
4	9	Julia ZACHER	FR #5 Amherst	1.68m 5-6	1/22
4	9	Jerrica PACHL	FR Linfield	1.68m 5-6	1/22
7	17	Sofia HAUG	FR #2 MIT	1.66m 5-5¼	2/5
8	20	Kira PORZIO	JR Merchant Marine	1.65m 5-5	12/4
8	20	Karlie STEWART	FR #15 George Fox	1.65m 5-5	1/15
10	25	Kimmy MCPHERSON	SO #2 MIT	1.63m 5-4¼	2/12

Women's Pole Vault

1	3	Sarah FIRTH	FR #3 Tufts	3.87m 12-8¼	2/19
2	6	Brooke SIMON	JR #14 Claremont-Mudd-	3.82m 12-6¼	2/12
3	9	Jacqueline AHRENS	JR #2 MIT	3.75m 12-3½	1/22
3	9	Charlotte HODGE	FR #4 Bowdoin	3.75m 12-3½	2/4
3	9	Kelsie HAO	JR #1 Williams	3.75m 12-3½	2/12
6	19	Lila WINE	JR #2 MIT	3.60m 11-9¾	2/12
6	19	Lia ROTTI	SO #3 Tufts	3.60m 11-9¾	2/12
8	23	Madison GARRIGUS	SO #21 Coast Guard	3.58m 11-9	1/28
9	25	Lily LUKSICH	FR #19 Pacific Lutheran	3.57m 11-8½	1/15
10	34	Anais MARENCO	JR #2 MIT	3.50m 11-5¾	1/22
10	34	Kendra PAYNE	SO Rhodes	3.50m 11-5¾	1/23
10	34	Alison YOUNG	FR #15 George Fox	3.50m 11-5¾	2/5

Women's Long Jump

1	1	Katy NIPPERT	SR #7 WPI	5.88m 19-3½	2/19
2	6	Jasmine CLAUNCH	SO #11 Centre	5.75m 18-10½	1/28
2	6	Caroline DOUGLAS	SO #1 Williams	5.75m 18-10½	1/29
4	13	Kelsie HAO	JR #1 Williams	5.64m 18-6	2/19
5	18	Cady BARNES	SR #6 Middlebury	5.59m 18-4¼	2/4
6	24	Abigail KINOSHITA	SR #22 Southern Virginia	5.56m 18-3	1/28
6	24	Eliza CARDWELL	FR #5 Amherst	5.56m 18-3	2/4
8	27	Lia ROTTI	SO #3 Tufts	5.53m 18-1¾	2/4
9	28	Jenna ALBANESE	SO #4 Bowdoin	5.52m 18-1½	2/18
10	31	Lydia PITTS	SR #4 Bowdoin	5.48m 17-11¾	2/4

Women's Triple Jump

1	3	Lydia PITTS	SR #4 Bowdoin	12.19m 40-0	2/4
2	5	Jasmine CLAUNCH	SO #11 Centre	12.02m 39-5¼	1/28
3	12	Lia ROTTI	SO #3 Tufts	11.72m 38-5½	1/30
4	18	Erica MACSWEENEY	JR #12 Connecticut College	11.52m 37-9½	1/28
5	21	Abigail LO	FR #2 MIT	11.50m 37-8¾	1/15
6	30	Sharde JOHNSON	JR #8 Colby	11.37m 37-3¾	12/11
7	32	Cady BARNES	SR #6 Middlebury	11.36m 37-3¼	1/29
8	33	Christina SPELIAKOS	JR #8 Colby	11.35m 37-3	2/4
9	35	Hayden COLFAX	FR #1 Williams	11.32m 37-1¾	2/12
10	37	Sarah PILLONE	FR #3 Tufts	11.30m 37-1	2/19

Women's Shot Put

1	11	Alexis BOYKIN	FR #2 MIT	13.79m 45-3	2/19
2	22	Midajah DAVIS	SO Gallaudet	13.11m 43-¼	1/22
3	100	Lauren FOUTCH	SO #11 Centre	11.99m 39-4	12/4
4		Nicole DANDELO	JR Endicott	11.89m 39-¼	12/4
5		Emma HARGREAVES	JR #4 Bowdoin	11.88m 38-11¾	2/4
6		Renee TIUMALU	JR #23 Whitworth	11.79m 38-8¼	2/12
7		Christa CARR	JR #13 Springfield (Mass.)	11.72m 38-5½	12/4
8		Khadia JENKINS	FR Farmingdale State	11.69m 38-4¼	2/11
9		Mary Scott ROBINSON	SO #6 Middlebury	11.61m 38-1¼	1/29
9		Elizabeth MATTICOLI	SO #7 WPI	11.61m 38-1¼	2/4



Conference TFRI Event Summary

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Independent

Women's Weight Throw

1	31	Alexis BOYKIN	FR	#2	MIT	16.09m	52-9½	2/19
2	35	Mesi HAVEA	SR	#22	Southern Virginia	16.07m	52-8¾	1/28
3	40	Emma HARGREAVES	JR	#4	Bowdoin	15.86m	52-½	2/18
4	77	Jada SCOTLAND	JR	#4	Bowdoin	15.00m	49-2½	2/4
5	81	Dejah CARR	SR		Texas Lutheran	14.95m	49-¾	1/28
6	90	Lily GOULD	JR	#13	Springfield (Mass.	14.75m	48-4¾	2/19
7		Lauren FOUTCH	SO	#11	Centre	14.59m	47-10½	2/19
8		Kalea SALANG	JR	#21	Coast Guard	14.55m	47-9	1/15
9		Christa CARR	JR	#13	Springfield (Mass.	14.08m	46-2½	2/19
10		Oluwatobi ADEBOWALE	FR		Alfred State	13.84m	45-5	1/22

Women's Pentathlon

1	8	Caroline DOUGLAS	SO	#1	Williams	3,302		1/29
2	18	Hayden COLFAX	FR	#1	Williams	3,067		1/29
3	21	Serena JONAS	SR	#4	Bowdoin	3,003		1/21
4	31	Erica MACSWEENEY	JR	#12	Connecticut College	2,874		2/4
5	33	Trintje NYDAM	SO	#5	Amherst	2,866		2/4
6	41	Annelise ROMERO	JR	#5	Amherst	2,811		2/18
7	46	Emma WHEELER	SO	#12	Connecticut College	2,790		2/18
8	47	Leah BERGEY	FR		Lancaster Bible	2,786		2/11
9	48	Rachel EAGLIN	JR	#3	Tufts	2,735		2/4
10	55	Abby OTTERBEIN	JR	#9	Bates	2,644		2/18



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Landmark

Women's 60 Meters

1	86	Crystal ROBINSON	JR	#3	Moravian	7.96	12/3
2		Helen DAVIS	JR	#3	Moravian	8.04	2/5
3		Tahira BAKARE	SO	#6	Goucher	8.09 (7.51(55))	12/4
4		Alexa RINE	SO	#1	Susquehanna	8.14	2/18
5		Abigail GIAMONI	FR	#3	Moravian	8.17	2/5
6		Sydney DETKY	JR	#5	Elizabethtown	8.24	2/18
7		Hannah ALDERFER	FR	#1	Susquehanna	8.29	2/18
7		Kelly LOUGHLIN	FR	#1	Susquehanna	8.29	2/12
9		Ellie BIXENMAN	SO	#2	Catholic (D.C.)	8.30	1/28
9		Nelisabel LA COURT RUIZ	SO	#6	Goucher	8.30 (7.70(55))	1/14
9		Afua AGYEKUM	FR	#2	Catholic (D.C.)	8.30	12/4

Women's 60 Meter Hurdles

1	47	Chloe YODER	SO	#1	Susquehanna	9.23	2/12
2		Clare MARSH	FR	#2	Catholic (D.C.)	9.49	1/28
3		Afua AGYEKUM	FR	#2	Catholic (D.C.)	9.85	1/22
4		Alyssa LAMBERT	SR	#3	Moravian	9.91	12/3
5		Abby KORBA	SO	#1	Susquehanna	9.99	2/5
5		Jasmine AHMED	JR	#4	Scranton	9.99	2/5
7		Liz BLASKI	FR	#3	Moravian	10.08	12/3
8		Kiri ALSTON-BUCK	FR	#6	Goucher	10.10	2/18
9		Ashley BENHAM	JR	#4	Scranton	10.18	2/5
10		Isabella DEMASSA	FR	#3	Moravian	10.31	12/3

Women's 200 Meters

1	90	Helen DAVIS	JR	#3	Moravian	26.42 f	2/5
2	92	Crystal ROBINSON	JR	#3	Moravian	26.45 f	12/3
3		Abigail GIAMONI	FR	#3	Moravian	26.70c (26.29b)	2/18
4		Tahira BAKARE	SO	#6	Goucher	26.76 f	2/12
5		Hannah ALDERFER	FR	#1	Susquehanna	27.63 f	2/18
6		Anna WALCUTT	SR	#2	Catholic (D.C.)	27.74 f	1/22
7		Noelle GONZALEZ	JR	#4	Scranton	27.81 f	2/12
8		Ellie BIXENMAN	SO	#2	Catholic (D.C.)	27.82 f	2/12
9		Zoey BRONSON	FR	#3	Moravian	27.92 f	12/3
9		Addison YAUKEY	FR	#1	Susquehanna	27.92 f	2/12

Women's 400 Meters

1		Anna WALCUTT	SR	#2	Catholic (D.C.)	1:00.88 f	2/12
2		Crystal ROBINSON	JR	#3	Moravian	1:01.37c (1:00.56b)	2/11
3		Clare MARSH	FR	#2	Catholic (D.C.)	1:01.40 f	1/28
4		Rachel BYRNE	JR	#3	Moravian	1:02.94c (1:02.11b)	2/18
5		Kate ROSS	SR	#1	Susquehanna	1:03.22 f	1/22
6		Liza LEVIN	FR	#1	Susquehanna	1:03.48 f	2/12
7		Abigail GIAMONI	FR	#3	Moravian	1:03.56 f	1/29
8		Ellie BIXENMAN	SO	#2	Catholic (D.C.)	1:03.59 f	1/28
9		Olivia FIORE	SR	#2	Catholic (D.C.)	1:03.91 f	12/4
10		Emma KISTNER	FR	#6	Goucher	1:04.77 f	2/12

Women's 800 Meters

1	72	Kate ROSS	SR	#1	Susquehanna	2:21.02 f	2/12
2		Marissa LAPINSKY	SR	#5	Elizabethtown	2:22.43c (2:20.81b)	2/11
3		Kelty OASTER	SO	#5	Elizabethtown	2:22.46c (2:20.84b)	2/11
4		Kallan CARTER	JR	#1	Susquehanna	2:23.22 f	1/22
5		Megan GORMAN	SR	#4	Scranton	2:27.25 f	2/18
6		Paige WILDEROTTER	SR	#2	Catholic (D.C.)	2:27.47 f	1/28
7		Natalie STABILITO	SR	#3	Moravian	2:28.13 f	2/5
8		Apolline GASPERS	FR	#2	Catholic (D.C.)	2:28.62 f	1/28
9		Emily MOEHRINGER	FR	#2	Catholic (D.C.)	2:29.52 f	2/12
10		Samantha HOFFMAN	FR	#4	Scranton	2:29.74 f	2/5

Women's Mile

1	57	Kate ROSS	SR	#1	Susquehanna	5:10.62 f	1/29
2	89	Kallan CARTER	JR	#1	Susquehanna	5:14.22 f	2/18
3		Natalie STABILITO	SR	#3	Moravian	5:15.88 f	2/5
4		Paige WILDEROTTER	SR	#2	Catholic (D.C.)	5:17.34 f	1/28
5		Kelty OASTER	SO	#5	Elizabethtown	5:18.83c (5:15.70b)	2/4
6		Jessica HOFFMANN	SR	#4	Scranton	5:19.01 f	1/28
7		Marissa LAPINSKY	SR	#5	Elizabethtown	5:19.26c (5:16.13b)	2/4
8		Kate INGLIS	FR	#2	Catholic (D.C.)	5:25.17 f	2/12
9		Samantha HOFFMAN	FR	#4	Scranton	5:28.77 f	2/12
10		Olivia TULLMAN	SO	#4	Scranton	5:29.41 f	2/12

Women's 3000 Meters

1	79	Jessica HOFFMANN	SR	#4	Scranton	10:25.52 f	2/5
2		Natalie STABILITO	SR	#3	Moravian	10:38.23 f	1/22
3		Paige WILDEROTTER	SR	#2	Catholic (D.C.)	10:45.76 f	12/4
4		Melissa FITZGIBBON	SR	#5	Elizabethtown	10:45.81c(10:40.30b)	2/4
5		Kate ROSS	SR	#1	Susquehanna	10:57.19 f	1/22
6		Emma MYERS	SO	#1	Susquehanna	10:59.50 f	2/12
7		Kallan CARTER	JR	#1	Susquehanna	10:59.81 f	12/4
8		Santina BURAK	SR	#3	Moravian	11:08.66c(11:02.95b)	2/11
9		Hallie WEAVER	SR	#5	Elizabethtown	11:11.39c(11:05.66b)	2/4
10		Lindsay NOTARIANNI	SR	#4	Scranton	11:12.61 f	2/18

Women's 5000 Meters

1	59	Jessica HOFFMANN	SR	#4	Scranton	18:10.65 f	2/12
2	90	Paige WILDEROTTER	SR	#2	Catholic (D.C.)	18:27.26 f	2/12
3		Kallan CARTER	JR	#1	Susquehanna	18:52.21 f	1/14
4		Zoe ZELCH	JR	#2	Catholic (D.C.)	19:01.96 f	1/28
5		Melissa FITZGIBBON	SR	#5	Elizabethtown	19:18.08c(19:09.23b)	2/11
6		Catriona CORBETT	SO	#4	Scranton	19:24.84 f	2/12
7		Emily VOGT	FR	#7	Juniata	19:28.94 f	1/28
8		Hallie WEAVER	SR	#5	Elizabethtown	19:33.06c(19:24.09b)	2/11
9		Emma MARION	SR	#3	Moravian	19:40.41c(19:31.39b)	2/11
10		Jordan BENDER	FR	#1	Susquehanna	19:54.78 f	1/29



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Landmark

Women's 4x400 Relay

1	56	Bronson, Robinson, Byrne, Giamoni	#3	Moravian	4:13.19c	(4:09.86b)	2/18
2	57	Lapinsky, Patton, Detky, Oaster	#5	Elizabethtown	4:13.38 f		1/22
3	63	Agyekum, Fiore, Walcutt, Bixenman	#2	Catholic (D.C.)	4:13.96 f		12/4
4	90	Ross, Levin, Krempa, Korba	#1	Susquehanna	4:18.39 f		1/29
5		Solano, Gorman, Onwuka, Tullman	#4	Scranton	4:28.70 f		2/5
6		O'Connor, Archiega, Alston-Buck, Kelsey-Toomer	#6	Goucher	4:43.72 f		2/5

Women's Distance Medley Relay

1	15	Carter, Levin, Myers, Ross	#1	Susquehanna	12:40.97 f		2/5
2	46	Tullman, Onwuka, Gorman, Hoffmann	#4	Scranton	13:30.61 f		1/22

Women's High Jump

1	25	Alexis GROFF	SO	#3	Moravian	1.63m	5-4¼	1/22
2	76	Abby KORBA	SO	#1	Susquehanna	1.57m	5-1¾	12/4
2	76	Meghan MCGONIGLE	SR	#4	Scranton	1.57m	5-1¾	2/12
4		Sydney DETKY	JR	#5	Elizabethtown	1.55m	5-1	2/4
5		Kiri ALSTON-BUCK	FR	#6	Goucher	1.52m	4-11¾	2/12
5		Dorian CHENEY	FR	#6	Goucher	1.52m	4-11¾	2/12
5		Jocelynn ITTERLY	JR	#5	Elizabethtown	1.52m	4-11¾	2/12
8		Sheila MAGRINI	SR	#2	Catholic (D.C.)	1.47m	4-9¾	2/12
9		Courtney CUTTING	SO	#2	Catholic (D.C.)	1.45m	4-9	2/5
10		Amy FISHER	SR	#1	Susquehanna	1.42m	4-7¾	12/4
10		Jasmine AHMED	JR	#4	Scranton	1.42m	4-7¾	12/4

Women's Pole Vault

1		Sarah BOWER	FR	#1	Susquehanna	3.05m	10-0	12/4
2		Brooke LEITZEL	JR	#1	Susquehanna	2.91m	9-6½	2/5
3		Ally MANISCALCO	SR	#4	Scranton	2.90m	9-6¼	2/5
3		Charissa KELLER	SR	#2	Catholic (D.C.)	2.90m	9-6¼	2/12
3		Devin RISS	SO	#5	Elizabethtown	2.90m	9-6¼	2/12
6		Jordan YINGLING	SO	#1	Susquehanna	2.45m	8-½	2/12
6		Sarah URBAN	JR	#1	Susquehanna	2.45m	8-½	12/4
8		Katie SEAL	FR	#4	Scranton	2.40m	7-10½	2/18
9		Amanda NICOLosi	FR	#3	Moravian	2.35m	7-8½	2/18
10		Kaede GOODELIUNAS	JR	#5	Elizabethtown	2.20m	7-2½	2/18

Women's Long Jump

1	83	Carter HINTON-AYODELE	FR	#6	Goucher	5.29m	17-4¼	2/12
2	85	Hannah ALDERFER	FR	#1	Susquehanna	5.28m	17-4	1/29
2	85	Remi ACORD	FR	#1	Susquehanna	5.28m	17-4	12/4
4		Abby KORBA	SO	#1	Susquehanna	5.02m	16-5¾	12/4
5		Chloe YODER	SO	#1	Susquehanna	5.00m	16-5	2/12
6		Sydney DETKY	JR	#5	Elizabethtown	4.89m	16-½	2/18
7		Sarah HABIBALLAH	SR	#5	Elizabethtown	4.83m	15-10¼	12/4
8		Megan EMLET	SR	#1	Susquehanna	4.80m	15-9	2/18
9		Audrey MAK	SO	#2	Catholic (D.C.)	4.78m	15-8¼	2/12
10		Elizabeth DEMASSA	JR	#3	Moravian	4.77m	15-7¾	2/11
10		Courtney CUTTING	SO	#2	Catholic (D.C.)	4.77m	15-7¾	2/5

Women's Triple Jump

1	15	Carter HINTON-AYODELE	FR	#6	Goucher	11.66m	38-3¼	1/14
2	60	Remi ACORD	FR	#1	Susquehanna	11.08m	36-4¼	1/29
3		Abby KORBA	SO	#1	Susquehanna	10.66m	34-11¾	1/22
4		Abigail BUFFINGTON	FR	#5	Elizabethtown	10.29m	33-9¼	12/4
5		Hannah ALDERFER	FR	#1	Susquehanna	10.24m	33-7¼	1/14
6		Afua AGYEKUM	FR	#2	Catholic (D.C.)	10.17m	33-4½	1/15
7		Elizabeth DEMASSA	JR	#3	Moravian	10.09m	33-1¼	2/5
8		Julia ACEVEDO	SO	#1	Susquehanna	9.96m	32-8¼	1/14
9		Meghan WINTER	JR	#4	Scranton	9.89m	32-5½	2/18
10		Sarah HABIBALLAH	SR	#5	Elizabethtown	9.85m	32-3¾	2/12

Women's Shot Put

1	59	Maggie BOYER	SO	#1	Susquehanna	12.38m	40-7½	2/12
2		Ciara DONEGAN	FR	#2	Catholic (D.C.)	11.78m	38-7¾	2/5
3		Nandee CORREIA	FR	#7	Juniata	11.25m	36-11	1/28
4		Grace BUTTIGLIERI	FR	#2	Catholic (D.C.)	10.90m	35-9¼	1/15
5		Kinsey METZGER	SO	#3	Moravian	10.61m	34-9¾	1/29
6		Alexandra FERRADOR	SO	#4	Scranton	10.59m	34-9	2/12
7		Arin PEYKAR	FR	#3	Moravian	10.42m	34-2¼	2/5
8		Mylea NEIDIG	SO	#5	Elizabethtown	10.33m	33-10¾	12/4
9		Andrea MARQUEZ-AGUILAR	FR	#2	Catholic (D.C.)	10.08m	33-1	1/15
10		Afua AGYEKUM	FR	#2	Catholic (D.C.)	10.03m	32-11	1/28

Women's Weight Throw

1		Maggie BOYER	SO	#1	Susquehanna	14.27m	46-10	1/22
2		Abigail SHOLDERS	SR	#1	Susquehanna	13.48m	44-2¾	2/12
3		Grace BUTTIGLIERI	FR	#2	Catholic (D.C.)	13.29m	43-7¼	1/15
4		Jenna JUNTUNEN	JR	#1	Susquehanna	13.10m	42-11¾	2/12
5		Madeline WICKEL	JR	#3	Moravian	12.71m	41-8½	2/18
6		Katherine FAFIAN	SR	#4	Scranton	12.40m	40-8¼	2/12
7		Nandee CORREIA	FR	#7	Juniata	12.03m	39-5¾	2/18
8		Ciara DONEGAN	FR	#2	Catholic (D.C.)	12.02m	39-5¼	1/28
9		Caillie FISH	FR	#3	Moravian	11.76m	38-7	2/18
10		Trinity SOTO	JR	#5	Elizabethtown	11.64m	38-2¼	2/18



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Landmark

Women's Pentathlon

1	28	Abby KORBA	SO	#1	Susquehanna	2,918	2/5
2	42	Afua AGYEKUM	FR	#2	Catholic (D.C.)	2,802	1/28
3	62	Chloe YODER	SO	#1	Susquehanna	2,584	1/14
4	81	Jasmine AHMED	JR	#4	Scranton	2,452	2/5
5		Elizabeth DEMASSA	JR	#3	Moravian	2,167	12/3



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Liberty League

Women's 60 Meters

1	1	Tia JONES	SO	#1	Ithaca	7.59	2/19
2		Kathryn MORIN	JR	#3	RPI	8.02	2/5
3		Susan BANSBACH	JR	#2	Rochester (N.Y.)	8.03	2/5
4		Logan BRUCE	JR	#1	Ithaca	8.06	2/19
5		Ashley HEFFERNAN	SO	#2	Rochester (N.Y.)	8.07	2/5
5		Katelyn HUTCHISON	JR	#1	Ithaca	8.07	2/19
5		Caroline HILL	FR	#5	RIT	8.07	2/11
5		Annabelle SHANKS	FR	#2	Rochester (N.Y.)	8.07	2/18
9		Kat GOMEZ	FR	#1	Ithaca	8.17	12/4
10		Kristin HARDY	JR	#2	Rochester (N.Y.)	8.18	2/5

Women's 60 Meter Hurdles

1	15	Logan BRUCE	JR	#1	Ithaca	8.91	2/11
2	45	Ashley HEFFERNAN	SO	#2	Rochester (N.Y.)	9.22	2/18
3		Eileen BEQUETTE	SR	#2	Rochester (N.Y.)	9.59	2/18
4		Allison REGNANTE	FR	#5	RIT	9.74	2/18
5		Isabel CAPROOD	JR	#4	St. Lawrence	9.92	12/4
6		Stephany HEIBERGER	JR	#6	Union (N.Y.)	9.95	2/11
7		Maria DOMINGO	FR	#3	RPI	9.99	2/12
8		Abbey STOWELL	JR	#1	Ithaca	10.01	2/19
9		Grace CLARK	SO	#1	Ithaca	10.03	2/19
10		Lucia D'ACCHILLE	SO	#4	St. Lawrence	10.04	2/18
10		Moriah BYRD	SO	#1	Ithaca	10.04	2/5

Women's 200 Meters

1	2	Tia JONES	SO	#1	Ithaca	25.11 f	2/19
2	28	Susan BANSBACH	JR	#2	Rochester (N.Y.)	25.78 f	2/18
3	38	Katelyn HUTCHISON	JR	#1	Ithaca	26.02c	(25.62b) 2/11
4	57	Caroline HILL	FR	#5	RIT	26.22 f	2/4
5	83	Kristin HARDY	JR	#2	Rochester (N.Y.)	26.39 f	2/5
6	85	Madeline O'CONNELL	JR	#2	Rochester (N.Y.)	26.40c	(25.99b) 2/11
7		Kathryn MORIN	JR	#3	RPI	26.64c	(26.23b) 2/11
8		Kate ISAAC	SO	#2	Rochester (N.Y.)	26.68c	(26.27b) 2/11
9		Logan BRUCE	JR	#1	Ithaca	26.84c	(26.43b) 2/11
10		Annabelle SHANKS	FR	#2	Rochester (N.Y.)	27.04c	(26.62b) 2/11

Women's 400 Meters

1	2	Susan BANSBACH	JR	#2	Rochester (N.Y.)	56.44c	(55.70b) 2/11
2	8	Katelyn HUTCHISON	JR	#1	Ithaca	57.56c	(56.80b) 2/11
3	14	Kristin HARDY	JR	#2	Rochester (N.Y.)	57.96c	(57.20b) 2/11
4	44	Madeline O'CONNELL	JR	#2	Rochester (N.Y.)	59.30 f	2/18
5	46	Tia JONES	SO	#1	Ithaca	59.35 f	2/5
6		Caroline HILL	FR	#5	RIT	1:00.74 f	2/4
7		Emily MCGRATH	FR	#1	Ithaca	1:01.75c	(1:00.94b) 2/11
7		Paloma DEMONTE	JR	#1	Ithaca	1:01.75 f	2/5
9		Kate ISAAC	SO	#2	Rochester (N.Y.)	1:01.97 f	2/18
10		Ava PEZZIMENTI	FR	#5	RIT	1:02.07 f	1/22

Women's 800 Meters

1	21	Lisa PINK	SR	#2	Rochester (N.Y.)	2:15.83c	(2:14.28b) 2/11
2	22	Paloma DEMONTE	JR	#1	Ithaca	2:15.85c	(2:14.30b) 2/11
3	39	Lauren LOBDELL	JR	#1	Ithaca	2:18.49c	(2:16.91b) 2/11
4	99	Rachel ROSE	SO	#1	Ithaca	2:22.10c	(2:20.48b) 2/11
5		Megan BELL	FR	#2	Rochester (N.Y.)	2:22.19c	(2:20.57b) 2/11
6		Eileen BEQUETTE	SR	#2	Rochester (N.Y.)	2:22.33c	(2:20.71b) 2/11
7		Megan GIOVANNIELLO	SR	#1	Ithaca	2:23.57c	(2:21.93b) 2/11
8		Jillian LEES	SO	#3	RPI	2:24.21 f	2/5
9		Emma PALUMBO	FR	#4	St. Lawrence	2:24.37 f	2/5
10		Lindsay SCOTT	SR	#1	Ithaca	2:25.20 f	2/5

Women's Mile

1	16	Morgan LEE	SO	#3	RPI	5:02.92c	(4:59.95b) 2/11
2	95	Allison SIBOLD	FR	#4	St. Lawrence	5:14.90c	(5:11.81b) 2/11
3		Emma PALUMBO	FR	#4	St. Lawrence	5:16.97c	(5:13.86b) 2/11
4		Lauren LOBDELL	JR	#1	Ithaca	5:17.34 f	2/5
5		Catherine DACEY	FR	#6	Union (N.Y.)	5:18.34 f	2/19
6		Paloma DEMONTE	JR	#1	Ithaca	5:19.94 f	1/14
7		Jillian LEES	SO	#3	RPI	5:20.28c	(5:17.14b) 2/11
8		Marian DRAPER	SR	#5	RIT	5:23.27 f	2/4
9		Kelley FOLEY	JR	#2	Rochester (N.Y.)	5:24.92 f	2/5
10		Megan GIOVANNIELLO	SR	#1	Ithaca	5:26.55 f	2/19

Women's 3000 Meters

1	19	Morgan LEE	SO	#3	RPI	10:01.76 f	2/5
2	48	Nia GODDARD	SO	#3	RPI	10:17.49 f	2/5
3	82	Grace ILLIS	SO	#2	Rochester (N.Y.)	10:26.49c	(10:21.14b) 2/11
4		Katherine SHEEHY	SO	#4	St. Lawrence	10:29.67c	(10:24.30b) 2/11
5		Eileen BERES	JR	#3	RPI	10:39.13 f	2/19
6		Billie MCCLOSKEY	FR	#4	St. Lawrence	10:41.66 f	2/5
7		Katie COBOS	JR	#5	RIT	10:42.78 f	2/18
8		Rachel DENNIS	JR	#2	Rochester (N.Y.)	10:44.33 f	2/5
9		Meredith GARRITY	SO	#1	Ithaca	10:51.71 f	1/22
10		Ava FOWLER	SO	#1	Ithaca	10:55.05 f	1/22

Women's 5000 Meters

1	61	Nia GODDARD	SO	#3	RPI	18:10.95c	(18:02.61b) 2/11
2	82	Rachel DENNIS	JR	#2	Rochester (N.Y.)	18:20.87c	(18:12.45b) 2/11
3	91	Ava FOWLER	SO	#1	Ithaca	18:27.37c	(18:18.90b) 2/11
4		Katie COBOS	JR	#5	RIT	18:33.85 f	1/28
5		Katherine SHEEHY	SO	#4	St. Lawrence	18:41.40 f	2/5
6		Ella WISE BELLIN	SR	#2	Rochester (N.Y.)	18:51.16c	(18:42.51b) 2/11
7		Julia TOMANOVICH	SO	#1	Ithaca	18:53.05c	(18:44.39b) 2/11
8		Billie MCCLOSKEY	FR	#4	St. Lawrence	19:00.10c	(18:51.38b) 2/11
9		Meredith GARRITY	SO	#1	Ithaca	19:07.02 f	1/29
10		Erin PERCY	SR	#5	RIT	19:08.95 f	1/28



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Liberty League

Women's 4x400 Relay

1	4	Hardy, Pink, Bansbach, Bequette	#2	Rochester (N.Y.)	3:54.92c (3:51.83b)	2/11
2	46	Scott, Johnson, MacArthur, Lobdell	#1	Ithaca	4:10.87 f	2/19
3	66	Hill, Kegler, McDonough, Pezzimenti	#5	RIT	4:14.90 f	2/18
4		Stanton, Froe, Van Eer, Gibson	#6	Union (N.Y.)	4:23.32 f	2/5
5		Smith, Koes, Castagnier, Palumbo	#4	St. Lawrence	4:24.78c (4:21.30b)	2/11
6		Lees, Perez, Shore, Crippen	#3	RPI	4:31.59 f	1/29
7		Chilton, Dickson, Moochhala, Yoder	#7	Bard	4:36.61c (4:32.98b)	12/4

Women's Distance Medley Relay

1	13	DeMonte, Scott, Rose, Lobdell	#1	Ithaca	12:29.02c (12:21.09b)	2/11
2	27	Palumbo, Smith, Sibold, McClosky	#4	St. Lawrence	12:56.37 f	2/18
3	95	Kelly, Malatesta, Dacey, Chesnut	#6	Union (N.Y.)	15:10.94 f	12/4

Women's High Jump

1	9	Charly SLUSSER	FR	#1	Ithaca	1.68m 5-6	2/19
1	9	Jacy SCHARLOW	JR	#3	RPI	1.68m 5-6	12/11
3	17	Maia WAHLQUIST	FR	#4	St. Lawrence	1.66m 5-5½	2/18
4	49	Logan BRUCE	JR	#1	Ithaca	1.60m 5-3	12/4
4	49	Maya VERMA	JR	#3	RPI	1.60m 5-3	1/22
6	84	Eileen BEQUETTE	SR	#2	Rochester (N.Y.)	1.56m 5-1¼	1/29
7		Kassidy BURROWS	SO	#5	RIT	1.51m 4-11½	12/10
8		Caroline STANTON	SO	#6	Union (N.Y.)	1.47m 4-9¾	1/29
9		Gabrielle SCHLESSINGER	JR	#1	Ithaca	1.46m 4-9½	2/5
10		Abbey STOWELL	JR	#1	Ithaca	1.41m 4-7½	2/5

Women's Pole Vault

1	1	Meghan MATHENY	JR	#1	Ithaca	3.94m 12-11	2/5
2	7	Martha KEMP- NEILSON	SO	#1	Ithaca	3.80m 12-5½	2/11
3	12	Sara ALTONEN	SO	#1	Ithaca	3.71m 12-2	2/19
4	19	Madeline O'CONNELL	JR	#2	Rochester (N.Y.)	3.60m 11-9¾	1/22
5	32	Ashley HEFFERNAN	SO	#2	Rochester (N.Y.)	3.51m 11-6¼	2/18
6	64	Jamie ROSSIG	SO	#1	Ithaca	3.36m 11-¼	2/5
7	70	Gwen GISLER	FR	#1	Ithaca	3.35m 10-11¾	1/29
8		Catherine FOX	JR	#5	RIT	3.20m 10-6	2/4
9		Kennedy HEICHEL	SO	#1	Ithaca	3.11m 10-2½	2/19
10		Dayna MOYER	FR	#3	RPI	2.75m 9-¼	2/5

Women's Long Jump

1	16	Logan BRUCE	JR	#1	Ithaca	5.61m 18-5	1/14
2	39	Sara BROWN	SO	#1	Ithaca	5.43m 17-9¾	2/11
3	54	Alyssa HOOGS	JR	#2	Rochester (N.Y.)	5.38m 17-8	2/11
4		Eileen BEQUETTE	SR	#2	Rochester (N.Y.)	5.18m 17-0	1/29
5		Zoe FORTIN	SR	#2	Rochester (N.Y.)	5.11m 16-9¼	2/18
6		Ayenaliz VELASQUEZ	SO	#1	Ithaca	5.00m 16-5	2/11
7		Laken MOONEY	SO	#4	St. Lawrence	4.96m 16-3¼	2/18
8		Allison REGNANTE	FR	#5	RIT	4.93m 16-2¼	2/4
9		Jana FRATELLONE	SO	#3	RPI	4.88m 16-¼	12/11
9		Emily MCGRATH	FR	#1	Ithaca	4.88m 16-¼	2/19

Women's Triple Jump

1	63	Alyssa HOOGS	JR	#2	Rochester (N.Y.)	11.04m 36-2¾	2/5
2		Julia HUBBARD	SO	#3	RPI	10.61m 34-9¾	12/11
3		Violet AMEELE	SO	#5	RIT	10.47m 34-4¼	12/10
4		Allison REGNANTE	FR	#5	RIT	10.45m 34-3½	2/11
4		Denesha LAFONTANT	SO	#6	Union (N.Y.)	10.45m 34-3½	2/11
6		Zoe FORTIN	SR	#2	Rochester (N.Y.)	10.38m 34-¾	2/5
7		Grace CLARK	SO	#1	Ithaca	10.28m 33-8¾	1/14
8		Cora ROSE	FR	#2	Rochester (N.Y.)	10.25m 33-7½	2/5
9		Katie MANNING	FR	#3	RPI	10.20m 33-5¾	1/29
10		Ileana SIROIS	JR	#3	RPI	10.13m 33-3	12/11

Women's Shot Put

1	66	Kathleen MERCHANT	JR	#4	St. Lawrence	12.32m 40-5	2/18
2	87	Ariahna BERNARD	SR	#1	Ithaca	12.08m 39-7¾	2/5
3		Kimberly MERCHANT	JR	#4	St. Lawrence	11.73m 38-6	2/18
4		Moriah BYRD	SO	#1	Ithaca	11.58m 38-0	2/19
5		Abbey STOWELL	JR	#1	Ithaca	11.21m 36-9½	2/19
6		Emily DIMARCO	FR	#5	RIT	10.99m 36-¾	2/18
7		Grace MUELLER	SR	#2	Rochester (N.Y.)	10.86m 35-7¾	2/11
8		Deziree GARRICK	FR	#2	Rochester (N.Y.)	10.58m 34-8½	1/22
9		Emily BOSWELL	FR	#4	St. Lawrence	10.57m 34-8¼	12/4
10		Morgan DALEY	JR	#3	RPI	10.51m 34-5¾	12/4

Women's Weight Throw

1	15	Ariahna BERNARD	SR	#1	Ithaca	16.70m 54-9½	2/5
2	61	Gillian REEDER	JR	#2	Rochester (N.Y.)	15.28m 50-1¾	2/11
3	82	Kimberly MERCHANT	JR	#4	St. Lawrence	14.94m 49-¼	2/18
4		Kathleen MERCHANT	JR	#4	St. Lawrence	14.55m 47-9	2/18
5		Morgan DALEY	JR	#3	RPI	14.46m 47-5¼	12/11
6		Liana SHAMES	SR	#1	Ithaca	14.26m 46-9½	2/19
7		Grace MUELLER	SR	#2	Rochester (N.Y.)	14.02m 46-0	2/11
8		Jessey BRUENING	JR	#3	RPI	13.40m 43-11¾	2/12
9		Deziree GARRICK	FR	#2	Rochester (N.Y.)	13.30m 43-7¾	2/11
10		Laura DAVIS	JR	#3	RPI	13.14m 43-1½	2/12



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Liberty League

Women's Pentathlon

1	4	Logan BRUCE	JR	#1	Ithaca	3,543	2/5
2	7	Eileen BEQUETTE	SR	#2	Rochester (N.Y.)	3,322	1/29
3	36	Moriah BYRD	SO	#1	Ithaca	2,856	2/5
4	57	Emily MCGRATH	FR	#1	Ithaca	2,630	2/5
5	77	Abbey STOWELL	JR	#1	Ithaca	2,477	2/5
6	93	Maria DOMINGO	FR	#3	RPI	2,333	2/5
7		Charly SLUSSER	FR	#1	Ithaca	2,229	2/5
8		Maya VERMA	JR	#3	RPI	2,220	2/5
9		Holly LAUZON	SO	#3	RPI	2,218	2/5
10		Halle RAINA	FR	#3	RPI	1,796	2/5



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Little East

Women's 60 Meters

1	36	Athena COMEAU	SO	#6	Plymouth State	7.85		1/30
2	58	Catriona GOULD	FR	#1	Southern Maine	7.91	(7.34(55))	2/19
3		Trinity HAYES	JR	#3	Rhode Island Coll	8.04	(7.46(55))	2/19
4		Emma NOONAN	FR	#1	Southern Maine	8.10	(7.52(55))	2/19
5		Ray ARMIJO	FR	#4	UMass Dartmouth	8.15		1/15
6		Dorinda OKORJI	FR		UMass Boston	8.17	(7.58(55))	2/19
7		Maizy MOONEY	SR	#7	Castleton	8.21		2/12
8		Madison FORNASIER	SO	#1	Southern Maine	8.23	(7.64(55))	2/19
8		Mackenzie BETTY	FR	#1	Southern Maine	8.23	(7.64(55))	2/19
10		Jaiden ANDREWS	FR	#4	UMass Dartmouth	8.24		2/12

Women's 60 Meter Hurdles

1	60	Jaiden ANDREWS	FR	#4	UMass Dartmouth	9.27	(8.62(55))	2/19
2	82	Anna RENY	FR	#1	Southern Maine	9.38	(8.72(55))	2/19
3		Markiana HEWETT	SO	#1	Southern Maine	9.80	(9.11(55))	2/19
4		Alyssa SIRIANNI	SO	#2	Eastern Connecticut	9.84	(9.15(55))	2/19
5		Olivia RICHMOND	JR	#1	Southern Maine	10.57	(9.82(55))	2/19
6		Analiese POISSON	FR	#2	Eastern Connecticut	10.71	(9.95(55))	2/19
7		Jordan VELIE	JR	#6	Plymouth State	10.92	(10.15(55))	2/19
8		Allie GROSS	SO	#1	Southern Maine	10.94	(10.17(55))	12/11
9		Shay LAWRENCE	JR	#7	Castleton	11.02		2/12
10		Raeann REID	FR	#2	Eastern Connecticut	11.10	(10.32(55))	2/19

Women's 200 Meters

1	57	Trinity HAYES	JR	#3	Rhode Island Coll	26.22 f		2/19
2	74	Catriona GOULD	FR	#1	Southern Maine	26.34 f		2/19
3		Athena COMEAU	SO	#6	Plymouth State	26.60 f		1/15
4		Kaitlyn BERNIER	SO	#4	UMass Dartmouth	26.71 f		2/19
5		Heaven CONLEY	FR	#1	Southern Maine	27.15 f		2/19
6		Jaiden ANDREWS	FR	#4	UMass Dartmouth	27.30 f		2/19
7		Anna RENY	FR	#1	Southern Maine	27.45 f		1/30
8		Emma NOONAN	FR	#1	Southern Maine	27.56 f		2/19
9		Madison FORNASIER	SO	#1	Southern Maine	27.59 f		12/11
10		Ray ARMIJO	FR	#4	UMass Dartmouth	27.76 f		1/15

Women's 400 Meters

1	20	Kaitlyn BERNIER	SO	#4	UMass Dartmouth	58.50c	(57.73b)	2/11
2	49	Trinity HAYES	JR	#3	Rhode Island Coll	59.46c	(58.68b)	2/11
3		Anna RENY	FR	#1	Southern Maine	1:01.32 f		2/19
4		Claire GREINER	SR	#6	Plymouth State	1:04.26 f		2/19
5		Sophia POOLE	FR	#1	Southern Maine	1:04.68 f		2/19
6		McKenzie CANUEL	SO	#4	UMass Dartmouth	1:05.49 f		1/21
7		Marlena DWYER	FR	#5	Keene State	1:07.70 f		2/19
8		Johnna GALLO	FR	#3	Rhode Island Coll	1:08.32c	(1:07.42b)	2/11
9		Haley ROBERTSON	FR	#2	Eastern Connecticut	1:08.41 f		2/19
10		Lexi DESIATA	FR	#2	Eastern Connecticut	1:12.60c	(1:13.12u)	2/4

Women's 800 Meters

1		Maryann COUSENS	SR	#6	Plymouth State	2:27.41 f		1/30
2		Rosemary TRAIN	SO	#1	Southern Maine	2:32.14 f		1/15
3		Amber CUTHBERT	FR	#7	Castleton	2:35.94 f		2/19
4		Shayna COUSINEAU	SR	#3	Rhode Island Coll	2:36.67c	(2:37.44u)	2/4
5		Sarah AMES	FR	#5	Keene State	2:37.16 f		2/19
6		Elisabeth RODIL	SO	#2	Eastern Connecticut	2:37.37 f		2/19
7		Lucy KNOWLTON	SR	#1	Southern Maine	2:38.01 f		1/30
8		Alison LECLERC	FR	#2	Eastern Connecticut	2:38.36 f		2/19
9		Keara FONTAINE	JR	#2	Eastern Connecticut	2:39.66 f		12/4
10		Riley SPECHT	FR	#3	Rhode Island Coll	2:40.32c	(2:41.11u)	2/4

Women's Mile

1		Maryann COUSENS	SR	#6	Plymouth State	5:31.10 f		1/30
2		Shayna COUSINEAU	SR	#3	Rhode Island Coll	5:35.23 f		1/22
3		Lucy KNOWLTON	SR	#1	Southern Maine	5:36.54 f		2/19
4		Sarah AMES	FR	#5	Keene State	5:39.10 f		12/4
5		Olivia MOSCA	FR	#1	Southern Maine	5:39.29 f		2/19
6		Alexa VANVOORHIS	JR	#4	UMass Dartmouth	5:43.54 f		2/12
7		Carly ALSTON	SO	#2	Eastern Connecticut	5:45.72 f		2/19
8		Amber CUTHBERT	FR	#7	Castleton	5:52.54 f		1/29
9		Sophia MEDEIROS	FR	#4	UMass Dartmouth	5:57.75 f		1/21
10		Bee GREENBERG	FR	#4	UMass Dartmouth	6:00.04 f		1/21

Women's 3000 Meters

1		Shayna COUSINEAU	SR	#3	Rhode Island Coll	10:51.70 f		12/4
2		Lucy KNOWLTON	SR	#1	Southern Maine	11:01.62c	(10:55.97b)	2/11
3		Grace FURLONG	SR	#5	Keene State	11:21.05 f		1/23
4		Amber LOPES	FR	#3	Rhode Island Coll	11:32.94 f		1/22
5		Maggie SANTACROCE	SR	#2	Eastern Connecticut	11:47.03 f		12/4
6		Kelsey ZATOR	JR	#2	Eastern Connecticut	11:57.53 f		12/4
7		Aurora COUTO	FR	#5	Keene State	11:58.54 f		1/15
8		Hannah JONES	FR	#5	Keene State	12:00.16 f		12/4
9		Rachael RAYMOND	JR	#1	Southern Maine	12:09.01 f		2/19
10		Bee GREENBERG	FR	#4	UMass Dartmouth	12:12.66 f		2/19

Women's 5000 Meters

1		Shayna COUSINEAU	SR	#3	Rhode Island Coll	19:28.67c	(19:29.95u)	2/4
2		Lucy KNOWLTON	SR	#1	Southern Maine	19:31.15 f		2/4
3		Grace FURLONG	SR	#5	Keene State	19:43.92 f		1/15
4		Alexa VANVOORHIS	JR	#4	UMass Dartmouth	19:53.80 f		2/19
5		Maggie SANTACROCE	SR	#2	Eastern Connecticut	19:57.98c	(19:59.30u)	2/4
6		Keara FONTAINE	JR	#2	Eastern Connecticut	20:51.61 f		2/19
7		Kelsey ZATOR	JR	#2	Eastern Connecticut	21:05.61c	(21:07.00u)	2/4
8		Amber LOPES	FR	#3	Rhode Island Coll	21:46.57c	(21:48.00u)	2/4
9		Jillian MCGAHAN	JR	#2	Eastern Connecticut	22:31.52c	(22:33.00u)	2/4



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Little East

Women's 4x400 Relay

1	72	Reny, Conley, Train, Gould	#1	Southern Maine	4:15.62 f	2/19
2		Hayes, Gallo, Cousineau, Specht	#3	Rhode Island Coll	4:30.09 f	1/22
3		Greineder, Marcolini, Cousens, Good	#6	Plymouth State	4:34.37 f	1/23
4		Desiata, Robertson, Gentile, Sirianni	#2	Eastern Connecti	4:37.71 f	2/19
5		Bartel, Foster, Steele, Valez		UMass Boston	4:38.93 f	12/11
6		Greenberg, VanVoorhis, Medeiros, Heller	#4	UMass Dartmouth	4:45.11 f	1/21
7		Jones, Couto, Yialiades, Ames	#5	Keene State	4:55.09 f	12/4

Women's Distance Medley Relay

1	85	Couto, Yialiades, Ames, Jones	#5	Keene State	14:42.57 f	2/12
2	89	Rodil, Popham, Fontaine, Santacroce	#2	Eastern Connecti	14:53.30 f	1/22

Women's High Jump

1	15	Olivia JALBERT	FR	#1	Southern Maine	1.67m	5-5¾	12/11
2		Olivia RICHMOND	JR	#1	Southern Maine	1.55m	5-1	1/23
3		Allie GROSS	SO	#1	Southern Maine	1.46m	4-9½	12/11
4		Cassandra KANE	SO	#1	Southern Maine	1.43m	4-8¾	1/15
5		Claire LANGTON	SO	#2	Eastern Connecti	1.35m	4-5	12/4

Women's Pole Vault

1		Phoebe SLOVENSKI	FR	#1	Southern Maine	3.10m	10-2	2/4
2		Sarah FECTEAU	FR	#1	Southern Maine	2.20m	7-2½	12/11
2		Danielle SOLOMON	JR	#7	Castleton	2.20m	7-2½	2/19

Women's Long Jump

1		Olivia JALBERT	FR	#1	Southern Maine	5.19m	17-½	2/19
2		Emily GEYSELAERS	SR	#6	Plymouth State	5.05m	16-7	2/19
3		Mackenzie DUNN	JR	#2	Eastern Connecti	5.01m	16-5¼	2/19
4		Dorinda OKORJI	FR		UMass Boston	4.91m	16-1½	2/19
5		Olivia RICHMOND	JR	#1	Southern Maine	4.90m	16-1	2/19
6		Ella BOUCHER	FR	#1	Southern Maine	4.87m	15-11¾	2/19
7		Hannah COUPAS	SR	#7	Castleton	4.61m	15-1½	2/19
8		Alyssa SIRIANNI	SO	#2	Eastern Connecti	4.56m	14-11½	12/4
8		Shay LAWRENCE	JR	#7	Castleton	4.56m	14-11½	1/22
10		Acadia CASS	SO	#4	UMass Dartmouth	4.55m	14-11¼	2/19

Women's Triple Jump

1		Manar ENANY	SR	#2	Eastern Connecti	10.57m	34-8¼	12/4
2		Ella BOUCHER	FR	#1	Southern Maine	10.11m	33-2	2/19
3		Mackenzie DUNN	JR	#2	Eastern Connecti	10.04m	32-11¼	2/4
4		Nicole POPHAM	FR	#2	Eastern Connecti	9.99m	32-9½	2/19
5		Acadia CASS	SO	#4	UMass Dartmouth	9.98m	32-9	2/19
6		Taylor ROSS	FR	#7	Castleton	9.43m	30-11¼	1/29
7		Alexis BURGESS	JR	#2	Eastern Connecti	9.36m	30-8½	2/4
8		Claire LANGTON	SO	#2	Eastern Connecti	9.13m	29-11½	12/4

Women's Shot Put

1	55	Jaigan BOUDREAU	FR	#1	Southern Maine	12.42m	40-9	2/5
2	68	Shannon PARKS	SR	#5	Keene State	12.27m	40-3¼	1/28
3		Zoe BARNES	FR	#1	Southern Maine	11.95m	39-2½	2/19
4		Hannah CORBETT	SO	#1	Southern Maine	11.51m	37-9¼	1/30
5		Kate HOCKENBURY	FR	#4	UMass Dartmouth	11.19m	36-8½	1/21
6		Lauren FOLLAND	SR	#7	Castleton	11.06m	36-3½	2/12
7		Hayley CHARITER	FR	#3	Rhode Island Coll	10.98m	36-¼	2/19
8		Manar ENANY	SR	#2	Eastern Connecti	10.94m	35-10¾	12/4
9		Alexis KAILEY	FR	#1	Southern Maine	10.73m	35-2½	12/11
10		Kristin SLOWINSKI	JR	#4	UMass Dartmouth	10.44m	34-3	2/12

Women's Weight Throw

1	2	Chelsea YANG	SR	#3	Rhode Island Coll	18.64m	61-2	2/11
2	62	Shannon PARKS	SR	#5	Keene State	15.26m	50-¾	1/8
3	89	Hayley CHARITER	FR	#3	Rhode Island Coll	14.76m	48-5¼	2/19
4	97	Hannah CORBETT	SO	#1	Southern Maine	14.67m	48-1¾	1/30
5		Jaigan BOUDREAU	FR	#1	Southern Maine	13.36m	43-10	2/4
6		Kristin SLOWINSKI	JR	#4	UMass Dartmouth	13.19m	43-3¼	2/19
7		Manar ENANY	SR	#2	Eastern Connecti	12.71m	41-8½	12/4
8		Samantha SAINTRISIL	FR	#3	Rhode Island Coll	12.58m	41-3¼	2/19
9		Zoe BARNES	FR	#1	Southern Maine	12.54m	41-1¾	2/19
10		Alexis KAILEY	FR	#1	Southern Maine	12.19m	40-0	1/8



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MAC

Women's 60 Meters

1	22	Laura MATHEWS	SO	#4 Stevens	7.81	2/11
2	66	Elizabeth SCHWARZ	FR	#6 Alvernia	7.93	2/12
3		Taylor BYNUM-BAIN	FR	#8 Eastern (Pa.)	8.01	2/5
4		Sarah WAGNER	FR	#1 Misericordia	8.03	2/12
5		Ellie LONGSHAW	JR	#5 Messiah	8.10	2/12
6		Kyla WILSON	FR	#11 Stevenson	8.12	1/9
7		Grace KANE	FR	#12 Delaware Valley	8.17	1/15
8		Abigail SPRINGER	FR	#10 King's College (Pa.)	8.21	12/4
8		Maria MUZZARELLI	FR	#3 Widener	8.21	2/11
10		Sonialys BADILLO	SO	#1 Misericordia	8.22	2/12
10		Natasha MIHALKO	FR	#1 Misericordia	8.22	2/5

Women's 60 Meter Hurdles

1	13	Laura MATHEWS	SO	#4 Stevens	8.88	2/11
2	40	Julia PENA	SO	#9 York (Pa.)	9.19	2/11
3	95	Kiantay DARRELL	SO	#7 DeSales	9.42	2/19
4		Kristen WILLIAMS	SO	#4 Stevens	9.46	1/15
4		Sarah MULLEN	FR	#12 Delaware Valley	9.46	2/11
6		Susanna PIROLLO	SR	#6 Alvernia	9.60	12/4
7		Shani HODGES	FR	#8 Eastern (Pa.)	9.67	12/4
8		Claire MILLER	FR	#5 Messiah	9.92	2/4
9		Nicole WALETZKI	FR	#4 Stevens	9.97	12/4
9		Julianna SIMUNEK	JR	#1 Misericordia	9.97	1/22
9		Kiana MACK	SO	#11 Stevenson	9.97	1/22

Women's 200 Meters

1	85	Elizabeth SCHWARZ	FR	#6 Alvernia	26.40 f	2/12
2		Laura MATHEWS	SO	#4 Stevens	26.63 f	2/5
3		Kyla WILSON	FR	#11 Stevenson	26.88 f	2/5
4		Darrian BERKHEIMER	FR	#2 Lebanon Valley	26.96 f	2/5
5		Ellie LONGSHAW	JR	#5 Messiah	27.18 f	1/28
6		Sarah WAGNER	FR	#1 Misericordia	27.23 f	2/12
7		Grace KANE	FR	#12 Delaware Valley	27.25 f	1/15
8		Brianna ULAKY	JR	#8 Eastern (Pa.)	27.52 f	2/18
9		Shania MASON	FR	#14 Hood	27.64 f	2/18
10		Sonialys BADILLO	SO	#1 Misericordia	27.65 f	1/14

Women's 400 Meters

1	53	Esther SEELAND	JR	#5 Messiah	59.56 f	1/22
2		Darrian BERKHEIMER	FR	#2 Lebanon Valley	1:00.86 f	1/28
3		Sonialys BADILLO	SO	#1 Misericordia	1:02.06 f	2/12
4		Amber HACKENBERG	FR	#1 Misericordia	1:02.07 f	2/12
5		Abigail RADCLIFFE	FR	#7 DeSales	1:02.65 f	2/19
6		Brianna ULAKY	JR	#8 Eastern (Pa.)	1:02.67 f	2/18
7		Alyssa PEIFFER	FR	#2 Lebanon Valley	1:03.25 f	1/28
8		Theresa KERVICK	FR	#3 Widener	1:03.45c (1:02.61b)	2/11
8		Tara FORD	SR	#3 Widener	1:03.45c (1:02.61b)	2/11
10		Averi RINE	SO	#1 Misericordia	1:03.46 f	1/22

Women's 800 Meters

1	1	Esther SEELAND	JR	#5 Messiah	2:06.84c (2:05.39b)	2/11
2	53	Katelyn BERNOTAS	SR	#3 Widener	2:19.92c (2:18.33b)	2/11
3		Mary BERNOTAS	JR	#8 Eastern (Pa.)	2:25.31 f	2/5
4		Lauren BUNKE	SO	#2 Lebanon Valley	2:25.51c (2:23.85b)	2/11
5		Donna HOLT	FR	#3 Widener	2:26.07c (2:24.41b)	2/11
5		Taylor BARKDOLL	JR	#9 York (Pa.)	2:26.07 f	1/22
7		Micah GORDLEY	SO	#13 Arcadia	2:26.54 f	2/5
8		Kira BOCHARD	SR	#13 Arcadia	2:27.11 f	12/4
9		Nina BURDEN	FR	#4 Stevens	2:27.97 f	2/19
10		Averi RINE	SO	#1 Misericordia	2:28.08 f	2/12

Women's Mile

1	4	Esther SEELAND	JR	#5 Messiah	4:52.25 f	1/28
2	40	Katelyn BERNOTAS	SR	#3 Widener	5:07.44c (5:04.42b)	2/18
3		Lauren BUNKE	SO	#2 Lebanon Valley	5:17.57 f	2/5
4		Amelia SMITH	JR	#7 DeSales	5:22.66 f	2/19
5		Alexa THOMPSON	JR	#1 Misericordia	5:22.87 f	2/12
6		Lauren WICK	SR	#2 Lebanon Valley	5:23.56 f	2/5
7		Katelyn BERNOTAS	SR	#5 Messiah	5:24.16 f	12/4
8		Kate DICKOW	SO	#5 Messiah	5:24.22 f	1/28
9		Mary BERNOTAS	JR	#8 Eastern (Pa.)	5:25.18 f	1/22
10		Tate DAWSON	SR	#13 Arcadia	5:26.01 f	12/4

Women's 3000 Meters

1	12	Esther SEELAND	JR	#5 Messiah	9:54.15 f	1/22
2		Carly GABLE	SO	#3 Widener	10:35.45 f	2/5
3		Alexa THOMPSON	JR	#1 Misericordia	10:38.02 f	1/29
4		Lauren WICK	SR	#2 Lebanon Valley	10:40.42 f	2/5
5		Zoe TOMKO	FR	#10 King's College (Pa.)	10:40.99 f	2/12
6		Mary BERNOTAS	JR	#8 Eastern (Pa.)	10:41.01 f	2/12
7		Kate DICKOW	SO	#5 Messiah	10:43.39c (10:37.90b)	2/4
8		Grace MURPHY	JR	#3 Widener	10:43.56c (10:38.07b)	2/11
9		Keri JONES	SR	#2 Lebanon Valley	10:44.23 f	12/4
10		Amelia SMITH	JR	#7 DeSales	10:51.08c (10:45.52b)	2/4

Women's 5000 Meters

1		Grace MURPHY	JR	#3 Widener	18:44.43 f	2/5
2		Alexa THOMPSON	JR	#1 Misericordia	18:45.02 f	1/14
3		Lauren WICK	SR	#2 Lebanon Valley	18:53.99 f	1/28
4		Carly GABLE	SO	#3 Widener	18:56.36 f	1/22
5		Jordan HABERSTROH	JR	#9 York (Pa.)	19:09.45c (19:00.66b)	2/11
6		Zoe TOMKO	FR	#10 King's College (Pa.)	19:10.57 f	1/14
7		Mary BERNOTAS	JR	#8 Eastern (Pa.)	19:20.91 f	1/14
8		Abby SYKES	SR	#9 York (Pa.)	19:33.07 f	1/22
9		Katherine JONES	FR	#1 Misericordia	19:38.87 f	2/5
10		Julia RESELE	JR	#2 Lebanon Valley	19:45.46 f	12/4



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MAC

Women's 4x400 Relay

1	49	Burden, Meyer, Waletzki, Canciani	#4 Stevens	4:12.21c (4:08.90b)	2/11
2	97	McCurdy, Peiffer, Good, Berkheimer	#2 Lebanon Valley	4:19.45 f	1/22
3		Badillo, Hackenberg, Gallagher, Rine	#1 Misericordia	4:19.82 f	1/29
4		Ford, Kervick, Holt, Bernotas	#3 Widener	4:20.16 f	2/5
5		White-Vega, Peters, Crawford, Ulaky	#8 Eastern (Pa.)	4:21.79 f	2/12
6		Chandler, Hess, Graybill, Seeland	#5 Messiah	4:22.18 f	2/12
7		Gordley, Stravinsky, Dawson, Bochard	#13 Arcadia	4:25.93 f	2/5
8		Philippe, Angstadt, Sternberg, Pirolo	#6 Alvernia	4:26.20 f	2/12
9		Steibler, Dainauski, Zambetti, Albright	#10 King's College (Pa.)	4:26.58 f	2/12
10		Skane, Barkdoll, Henry, Mann	#9 York (Pa.)	4:30.93 f	1/22

Women's Distance Medley Relay

1	23	Gable, Ford, Holt, Bernotas	#3 Widener	12:48.73c (12:40.59b)	2/11
2	28	Resele, Berkheimer, Bunke, Wick	#2 Lebanon Valley	12:57.55c (12:49.31b)	2/11
3	48	Wagner, Gallagher, Rine, Devries	#1 Misericordia	13:36.86 f	1/14
4	52	Barkdoll, Henry, Skane, Haberstroh	#9 York (Pa.)	13:44.65 f	1/15
5	62	Lulaj, Canciani, Burden, Pinho	#4 Stevens	14:02.04 f	1/29
6	65	Zambetti, Steibler, Albright, Majcher	#10 King's College (Pa.)	14:03.92 f	1/14
7	73	Smith, Klinger, Zeitler, Markwalter	#7 DeSales	14:21.27 f	1/22

Women's High Jump

1	31	Casey ALLEN	FR #1 Misericordia	1.62m 5-3¾	12/4
2	49	Melena KOUTCH	FR #2 Lebanon Valley	1.60m 5-3	1/28
2	49	Caroline TIGHE	FR #4 Stevens	1.60m 5-3	2/18
4	76	Tatina CARR	FR #3 Widener	1.57m 5-1¾	2/19
5	84	Hayley ENGLE	JR #1 Misericordia	1.56m 5-1¼	1/22
6		Allie CANCIANI	FR #4 Stevens	1.55m 5-1	12/4
7		Emily GOURLEY	JR #5 Messiah	1.53m 5-¼	1/22
8		Tyra WINGLE	JR #7 DeSales	1.52m 4-11¾	2/5
9		Chloe MCQUILLEN	FR #14 Hood	1.47m 4-9¾	2/6
9		Susanna PIROLLO	SR #6 Alvernia	1.47m 4-9¾	2/12

Women's Pole Vault

1	31	Julia PENA	SO #9 York (Pa.)	3.54m 11-7¼	12/4
2	70	Savannah STEGER	SO #3 Widener	3.35m 10-11¾	2/11
3		Rachel SNAVELY	FR #2 Lebanon Valley	3.20m 10-6	12/4
4		Emma MELE	FR #7 DeSales	3.11m 10-2½	2/19
5		Aliza WHITE-VEGA	FR #8 Eastern (Pa.)	3.05m 10-0	2/12
5		Sidney WIKE	SO #2 Lebanon Valley	3.05m 10-0	2/18
5		Madison SWARTOUT	SR #1 Misericordia	3.05m 10-0	2/12
8		Paige CARPENTER	FR #8 Eastern (Pa.)	2.90m 9-6¼	2/12
9		Cadee WOOD	FR #5 Messiah	2.75m 9-¼	1/22
10		Noelle CROWLEY	SO #5 Messiah	2.60m 8-6¼	2/18
10		Grace ROWLEY	FR #3 Widener	2.60m 8-6¼	2/19

Women's Long Jump

1	20	Sarah WAGNER	FR #1 Misericordia	5.58m 18-3¾	2/12
2	74	Shinelle FELIX	FR #6 Alvernia	5.32m 17-5½	1/28
3	76	Julia PENA	SO #9 York (Pa.)	5.31m 17-5¼	12/4
4	88	Taylor BYNUM-BAIN	FR #8 Eastern (Pa.)	5.27m 17-3½	2/18
5	94	Megan BRUBAKER	SO #7 DeSales	5.25m 17-2¾	2/19
5	94	Tyra WINGLE	JR #7 DeSales	5.25m 17-2¾	1/22
7	99	Liana MEYER	SO #4 Stevens	5.24m 17-2¼	2/11
8		Kiantay DARRELL	SO #7 DeSales	5.12m 16-9¾	1/28
9		Olivia SENSENIG	FR #2 Lebanon Valley	5.10m 16-8¾	2/18
9		Susanna PIROLLO	SR #6 Alvernia	5.10m 16-8¾	1/22

Women's Triple Jump

1	34	Shinelle FELIX	FR #6 Alvernia	11.34m 37-2½	1/22
2	67	Natasha MIHALKO	FR #1 Misericordia	11.00m 36-1¼	1/14
3	92	Megan BRUBAKER	SO #7 DeSales	10.81m 35-5¾	2/19
4		Sarah WAGNER	FR #1 Misericordia	10.76m 35-3¾	2/12
5		Jill OLEWINE	JR #1 Misericordia	10.63m 34-10½	2/12
6		Olivia SENSENIG	FR #2 Lebanon Valley	10.52m 34-6¼	2/5
7		Gabriella CONFORTI	SO #10 King's College (Pa.)	10.48m 34-4¾	2/12
8		Grace APLIN	FR #2 Lebanon Valley	10.44m 34-3	1/28
9		London POWELL	SO #11 Stevenson	10.38m 34-¾	12/3
10		Elena VARGAS	FR #5 Messiah	10.32m 33-10¼	1/28

Women's Shot Put

1	28	Anna COONEY	JR #3 Widener	12.99m 42-7½	2/5
2	38	Brenna KARNISH	JR #1 Misericordia	12.77m 41-10¾	12/4
3		AnaMaria LACCETTI	JR #4 Stevens	11.91m 39-1	1/22
4		McKenna LOUGHNEY	SR #2 Lebanon Valley	11.65m 38-2¾	1/28
5		Lauren ASSANTE	FR #2 Lebanon Valley	11.30m 37-1	1/14
6		Ashley BARTELS	SO #2 Lebanon Valley	11.24m 36-10½	2/18
7		Susanna PIROLLO	SR #6 Alvernia	11.13m 36-6¼	2/18
8		Adele HOLLANDER	FR #10 King's College (Pa.)	10.68m 35-½	1/22
9		Makayla VAUGHNS	SO #11 Stevenson	10.60m 34-9½	2/5
10		Danielle KITCHNER	JR #10 King's College (Pa.)	10.55m 34-7½	12/4



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MAC

Women's Weight Throw

1	19	Brenna KARNISH	JR	#1	Misericordia	16.51m	54-2	2/12
2	21	Anna COONEY	JR	#3	Widener	16.31m	53-6¼	1/29
3	49	McKenna LOUGHNEY	SR	#2	Lebanon Valley	15.57m	51-1	1/28
4		Ashley BARTELS	SO	#2	Lebanon Valley	14.13m	46-4¼	1/28
5		AnaMaria LACCETTI	JR	#4	Stevens	14.11m	46-3½	2/18
6		Kaitlyn JONES	FR	#12	Delaware Valley	13.59m	44-7	2/18
7		Makenze SPENCE	SO	#2	Lebanon Valley	13.14m	43-1½	2/18
8		Makayla VAUGHNS	SO	#11	Stevenson	13.05m	42-9¾	1/9
9		Isabelle MECKS	JR	#7	DeSales	12.99m	42-7½	12/3
10		Lauren ASSANTE	FR	#2	Lebanon Valley	12.41m	40-8¾	2/5

Women's Pentathlon

1	26	Susanna PIROLLO	SR	#6	Alvernia	2,942		1/28
2	49	Casey ALLEN	FR	#1	Misericordia	2,725		2/5
3	52	Liana MEYER	SO	#4	Stevens	2,681		1/29
4		Susan GEORGE	SO	#4	Stevens	2,228		1/29
5		Greta PLECHNER	FR	#2	Lebanon Valley	1,637		1/14



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MASCAC

Women's 60 Meters

1	70	Alison MCDONOUGH	SO	#1	Bridgewater State	7.94	2/19
2		Jailene ESCALERA	SO	#1	Bridgewater State	8.11	1/22
3		Elena PELLEGRINI	JR	#3	Worcester State	8.18	12/11
4		Maureen GRADY	JR	#3	Worcester State	8.22	12/11
5		Paige MORONEY	SO	#2	Westfield State	8.23	2/12
6		Natasha MCINNIS	SR	#4	Fitchburg State	8.25	1/30
7		Bridget MAUNSELL	SO	#3	Worcester State	8.26	2/12
8		Avonia HERBERT	JR	#3	Worcester State	8.30	2/12
8		Colleen WATERS	FR	#1	Bridgewater State	8.30 (7.70(55))	12/5
10		Mackenzie BURGOYNE	FR	#2	Westfield State	8.45	2/19

Women's 60 Meter Hurdles

1	31	Alison MCDONOUGH	SO	#1	Bridgewater State	9.11	2/4
2		Vicky MARIN	FR	#2	Westfield State	9.44	2/19
3		Samila ADILAS	SO	#1	Bridgewater State	9.58	2/12
4		Serenity SANDS	FR	#1	Bridgewater State	9.95	2/12
5		Makany CAMARA	SO	#4	Fitchburg State	9.98	2/12
6		Cheyenne NELSON	FR	#1	Bridgewater State	10.05	2/12
7		Meg MCCULLOUGH	FR	#1	Bridgewater State	10.06	2/12
8		Rachel BALBONI	FR	#1	Bridgewater State	10.26	2/12
9		Devin TORMEY	SR	#4	Fitchburg State	10.69	12/4
10		Riley CLARK	FR	#3	Worcester State	10.70	12/11

Women's 200 Meters

1		Kiara ABRANTES	FR	#1	Bridgewater State	27.01 f	2/19
2		Paige MORONEY	SO	#2	Westfield State	27.40 f	2/12
3		Jailene ESCALERA	SO	#1	Bridgewater State	27.67 f	12/5
4		Alison MCDONOUGH	SO	#1	Bridgewater State	27.88 f	2/12
5		Elena PELLEGRINI	JR	#3	Worcester State	27.96c (27.53b)	12/11
6		Madison ASHLEY	SO	#1	Bridgewater State	28.02 f	2/12
7		Avonia HERBERT	JR	#3	Worcester State	28.03 f	2/12
8		Bridget MAUNSELL	SO	#3	Worcester State	28.09 f	2/12
9		Mackenzie BURGOYNE	FR	#2	Westfield State	28.31 f	2/19
10		Rebecca WELCH	FR	#2	Westfield State	28.49 f	2/12

Women's 400 Meters

1		Kiara ABRANTES	FR	#1	Bridgewater State	1:02.21 f	2/12
2		Rebecca WELCH	FR	#2	Westfield State	1:05.70 f	2/12
3		Savannah CAMPBELL	FR	#2	Westfield State	1:06.45 f	12/4
4		Lindsey GOLDEN	SO	#1	Bridgewater State	1:06.58 f	2/12
5		Lily MARRA	SO	#1	Bridgewater State	1:07.04 f	1/22
6		Jill MCGRATH	SO	#2	Westfield State	1:10.64 f	12/4
7		Rayna CONSIGLIO	FR	#2	Westfield State	1:13.78c (1:14.30u)	2/4
8		Libby BARNES	FR	#2	Westfield State	1:14.63 f	2/12
9		Lena SPADAFORÉ	FR	#4	Fitchburg State	1:14.68 f	1/22
10		Maggie VELIOTIS	FR	#4	Fitchburg State	1:15.99 f	1/30

Women's 800 Meters

1		Nicole MAJOR	FR	#1	Bridgewater State	2:26.32c (2:24.65b)	2/5
2		Kerin JOHNSON	FR	#2	Westfield State	2:31.55 f	2/12
3		Julie GLAVIN	SO	#1	Bridgewater State	2:32.40c (2:30.66b)	2/5
4		Allison RAPOSO	SO	#1	Bridgewater State	2:33.39 f	1/22
5		Sarah TORMEY	JR	#2	Westfield State	2:35.78 f	2/19
6		Kasey CLARK	SR	#3	Worcester State	2:38.74c (2:36.93b)	1/28
7		Erica HANLON	JR	#3	Worcester State	2:41.56c (2:39.72b)	12/11
8		Mackenzie MARSHALL	SO	#3	Worcester State	2:52.08c (2:50.12b)	12/11
9		Rebecca GROME	SO	#2	Westfield State	2:55.76 f	2/12
10		Ana IMRIE	FR	#1	Bridgewater State	3:04.53 f	2/12

Women's Mile

1		Amy O'SULLIVAN	SR	#2	Westfield State	5:21.36 f	2/12
2		Nicole MAJOR	FR	#1	Bridgewater State	5:27.66 f	2/12
2		Kayla WHITCOMB	SR	#2	Westfield State	5:27.66 f	2/19
4		Kerin JOHNSON	FR	#2	Westfield State	5:31.88 f	2/19
5		Kasey CLARK	SR	#3	Worcester State	5:38.32c (5:35.00b)	12/11
6		Allison RAPOSO	SO	#1	Bridgewater State	5:41.95 f	12/5
7		Ariann LECOURS	FR	#2	Westfield State	5:47.66 f	2/19
8		Mia MCDONALD	SR	#2	Westfield State	5:54.97 f	1/22
9		Julie GLAVIN	SO	#1	Bridgewater State	5:58.57 f	1/15
10		Molly KENNEDY	FR	#2	Westfield State	5:59.28c (6:00.39u)	2/4

Women's 3000 Meters

1		Amy O'SULLIVAN	SR	#2	Westfield State	10:41.87 f	12/4
2		Kayla WHITCOMB	SR	#2	Westfield State	11:13.16 f	2/12
3		Mia MCDONALD	SR	#2	Westfield State	11:30.10 f	12/4
4		Molly KENNEDY	FR	#2	Westfield State	11:35.36 f	2/19
5		Kerin JOHNSON	FR	#2	Westfield State	11:37.84 f	12/4
6		Lily VALCOVIC	FR	#1	Bridgewater State	11:47.97 f	12/5
7		Grace POPLAWSKI	SO	#2	Westfield State	11:51.78 f	2/19
8		Caitlin CONNEELY	JR	#3	Worcester State	11:53.56 f	2/12
9		Megan LEARY	JR	#1	Bridgewater State	11:58.62 f	1/15
10		Maura BRUNS	SO	#1	Bridgewater State	12:02.21 f	2/12

Women's 5000 Meters

1	22	Amy O'SULLIVAN	SR	#2	Westfield State	17:38.89c (17:30.79b)	2/11
2		Kayla WHITCOMB	SR	#2	Westfield State	19:36.55 f	12/11
3		Mia MCDONALD	SR	#2	Westfield State	19:54.40 f	12/11
4		Maura BRUNS	SO	#1	Bridgewater State	20:22.23 f	2/12
5		Lily VALCOVIC	FR	#1	Bridgewater State	20:36.36 f	2/12
6		Grace POPLAWSKI	SO	#2	Westfield State	20:54.34 f	12/11
7		Lauren FLYNN	FR	#2	Westfield State	21:36.64 f	2/12

Women's 4x400 Relay

1		Marra, Major, Raposo, Golden	#1	Bridgewater State	4:22.94c (4:19.48b)	2/5
2		Campbell, McGrath, Welch, Moroney	#2	Westfield State	4:36.12 f	2/12
3		Clark, Hanlon, Conneely, Turner	#3	Worcester State	4:48.66 f	2/12
4		Veliotis, Spadafore, Donelan, McInnis	#4	Fitchburg State	5:18.79 f	2/12



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Women's High Jump

1	17	Abigael PETERSON	SO	#1	Bridgewater State	1.66m	5-5¼	1/15
2	39	Vicky MARIN	FR	#2	Westfield State	1.61m	5-3¼	2/19
3	84	Lindsey GOLDEN	SO	#1	Bridgewater State	1.56m	5-1¼	2/19
3	84	Serenity SANDS	FR	#1	Bridgewater State	1.56m	5-1¼	1/22
5		Tristen GOMES	FR	#1	Bridgewater State	1.51m	4-11½	1/15
5		Juliana PATRONE	FR	#1	Bridgewater State	1.51m	4-11½	2/12
5		Makany CAMARA	SO	#4	Fitchburg State	1.51m	4-11½	1/30
5		Rachel BALBONI	FR	#1	Bridgewater State	1.51m	4-11½	1/22
9		Carly SMITH	SR	#2	Westfield State	1.46m	4-9½	2/4

Women's Pole Vault

1		Camille HANNA	JR	#1	Bridgewater State	2.80m	9-2¼	1/22
2		Kate MESSER	FR	#4	Fitchburg State	2.20m	7-2½	2/12

Women's Long Jump

1	76	Alison MCDONOUGH	SO	#1	Bridgewater State	5.31m	17-5¼	2/12
2		Vicky MARIN	FR	#2	Westfield State	5.22m	17-1½	2/12
3		Jailene ESCALERA	SO	#1	Bridgewater State	5.19m	17-½	2/5
4		Natasha MCINNIS	SR	#4	Fitchburg State	4.84m	15-10½	1/22
5		Hailey KILROY	SO	#1	Bridgewater State	4.79m	15-8¾	2/12
6		Maureen GRADY	JR	#3	Worcester State	4.78m	15-8¼	2/12
7		Tristen GOMES	FR	#1	Bridgewater State	4.73m	15-6¼	2/12
8		Carly SMITH	SR	#2	Westfield State	4.57m	15-0	2/12
9		Sarah POLLARD	SO	#1	Bridgewater State	4.52m	14-10	2/12
10		Paige MORONEY	SO	#2	Westfield State	4.39m	14-5	12/11
10		Marissa JACOB	SO	#2	Westfield State	4.39m	14-5	12/11

Women's Triple Jump

1		Tristen GOMES	FR	#1	Bridgewater State	10.60m	34-9½	1/22
2		Marissa JACOB	SO	#2	Westfield State	9.75m	32-0	2/4
3		Avonia HERBERT	JR	#3	Worcester State	9.70m	31-10	12/11
4		Julie CARRINGTON	SO	#2	Westfield State	9.57m	31-4¾	12/4
5		Sarah POLLARD	SO	#1	Bridgewater State	9.48m	31-1¼	2/12
6		Carly SMITH	SR	#2	Westfield State	9.45m	31-0	2/12
7		Hailey KILROY	SO	#1	Bridgewater State	9.44m	30-11¾	2/12
8		Eryca LOPES	SO	#3	Worcester State	9.19m	30-2	2/12
9		Madison BREUER	FR	#3	Worcester State	9.16m	30-¾	12/11

Women's Shot Put

1		Ashley GARVEY	SR	#1	Bridgewater State	10.41m	34-2	2/12
2		Megan WEATHERBEE	SR	#1	Bridgewater State	8.53m	28-0	1/15
3		Katelyn BEDDIA	FR	#2	Westfield State	8.52m	27-11½	12/11
4		Charlie KATZ	FR	#1	Bridgewater State	8.24m	27-½	1/15
5		Antonia SACRAMONE	FR	#4	Fitchburg State	8.08m	26-6¼	1/22
6		Olivia KEPHART	SO	#4	Fitchburg State	7.83m	25-8¼	1/22
7		Erin DONELAN	SO	#4	Fitchburg State	6.97m	22-10½	1/22
8		Kandy LEDESMA-ACOSTA	FR	#1	Bridgewater State	6.93m	22-9	2/12
9		Malika CRUICKSHANK	JR	#1	Bridgewater State	6.89m	22-7¼	2/12
10		Marissa JACOB	SO	#2	Westfield State	6.57m	21-6¾	2/4

Women's Weight Throw

1		Ashley GARVEY	SR	#1	Bridgewater State	12.71m	41-8½	12/5
2		Malika CRUICKSHANK	JR	#1	Bridgewater State	11.15m	36-7	2/12
3		Megan WEATHERBEE	SR	#1	Bridgewater State	10.94m	35-10¾	12/5
4		Kandy LEDESMA-ACOSTA	FR	#1	Bridgewater State	10.09m	33-1¼	2/12
5		Olivia KEPHART	SO	#4	Fitchburg State	8.58m	28-1¾	1/30
6		Charlie KATZ	FR	#1	Bridgewater State	8.18m	26-10	2/12
7		Petrina PEARSON	FR	#2	Westfield State	5.54m	18-2¼	12/11
8		Katelyn BEDDIA	FR	#2	Westfield State	5.47m	17-11½	12/11



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MIAA

Women's 60 Meters

1	27	Avery CAMPBELL	FR	#4	Albion	7.83	2/4
2	94	Haley LIVINGSTON	SO	#2	Trine	7.98	1/29
3		Kennedi STERNBERG	SO	#2	Trine	8.18	12/10
3		Grace BEHRENS	JR	#1	Hope	8.18	2/18
5		Ericka BIGHAM	JR	#5	Alma	8.19	2/11
6		Helen DODGE	JR	#1	Hope	8.21	1/21
6		Amanda LINES	JR	#1	Hope	8.21	12/3
8		Layla WILKS	SR	#4	Albion	8.24	1/29
9		Alexis MCGINLEY	JR	#4	Albion	8.26	2/4
10		Kylie BALDWIN	FR	#6	Adrian	8.30	2/19

Women's 60 Meter Hurdles

1	25	Haley LIVINGSTON	SO	#2	Trine	9.04	1/29
2	98	Nayaisha EDMOND	FR	#4	Albion	9.43	2/11
3		Renee MILLER	SR	#3	Calvin	9.62	2/18
4		Emily NORKOWSKI	FR	#7	Olivet	9.70	2/4
5		London ELDRIDGE	FR	#7	Olivet	9.90	2/19
6		Dana AVERY	SO	#6	Adrian	10.12	2/19
7		Andrea TAGHON	SO	#5	Alma	10.30	2/11
8		Jenna BELMAS	FR	#5	Alma	10.54	2/18
9		Hayley SCOLLARD	SR	#1	Hope	10.59	2/18
10		Lily KUEBER	FR	#1	Hope	10.71	2/11

Women's 200 Meters

1		Avery CAMPBELL	FR	#4	Albion	26.52 f	2/11
2		Grace BEHRENS	JR	#1	Hope	26.77c (26.36OT)	2/18
3		Ericka BIGHAM	JR	#5	Alma	26.82 f	1/29
4		Kennedi STERNBERG	SO	#2	Trine	27.07 f	2/12
4		Helen DODGE	JR	#1	Hope	27.07c (26.65OT)	12/3
6		Haley LIVINGSTON	SO	#2	Trine	27.09 f	2/12
7		Renee MILLER	SR	#3	Calvin	27.26c (26.84OT)	2/18
8		Amanda LINES	JR	#1	Hope	27.34c (26.92OT)	1/15
9		Rylea MOUGRABI	FR	#6	Adrian	27.58 f	2/12
10		Cora MOORE	FR	#3	Calvin	27.82 f	2/4

Women's 400 Meters

1	26	Ericka BIGHAM	JR	#5	Alma	58.87c (58.09OT)	2/18
2	59	Delaney SALL	SO	#3	Calvin	59.78 f	2/4
3		Grace BEHRENS	JR	#1	Hope	1:01.21c (1:00.40OT)	1/28
4		Stephanie HARTPENCE	SR	#2	Trine	1:03.44 f	2/12
5		Madeline MOORE	SO	#1	Hope	1:03.60c (1:02.76OT)	2/18
6		London ELDRIDGE	FR	#7	Olivet	1:03.68 f	2/19
7		Julie TIMPERMAN	JR	#1	Hope	1:04.13c (1:03.28OT)	2/18
8		Rylea MOUGRABI	FR	#6	Adrian	1:04.66 f	2/12
9		Anna HASELEY	SR	#1	Hope	1:04.91c (1:04.05OT)	1/28
10		Paige MCGONIGAL	SR	#2	Trine	1:05.16c (1:04.30OT)	1/29

Women's 800 Meters

1	15	Delaney SALL	SO	#3	Calvin	2:14.63c (2:13.10OT)	1/28
2	61	Sadie HEERINGA	JR	#3	Calvin	2:20.58c (2:18.98OT)	1/22
3		Ellie JANKOWSKI	JR	#1	Hope	2:22.85c (2:21.22OT)	1/28
4		Jessica SCHAMANEK	SO	#1	Hope	2:23.42c (2:21.79OT)	1/28
5		Natalie TEBBEN	FR	#3	Calvin	2:23.76c (2:22.12OT)	2/18
6		Jacinda COLE	SR	#1	Hope	2:24.96c (2:23.31OT)	1/15
7		Sienna RUITER-DIAZ	JR	#3	Calvin	2:25.53c (2:23.87OT)	2/18
8		Emme KOUTZ	SO	#6	Adrian	2:25.80 f	2/19
9		Marissa KENNEY	SO	#2	Trine	2:26.94c (2:25.27OT)	1/29
10		Cornelia GOTAAS	JR	#5	Alma	2:27.26c (2:25.58OT)	2/18
10		Jenna ALLMAN	SO	#3	Calvin	2:27.26c (2:25.58OT)	1/22

Women's Mile

1	2	Evie BULTEMEYER	SR	#2	Trine	4:47.96c (4:45.13OT)	2/19
2	5	Sadie HEERINGA	JR	#3	Calvin	4:53.64c (4:50.76OT)	2/11
3	39	Jacinda COLE	SR	#1	Hope	5:07.41c (5:04.39OT)	2/4
4	87	Ellie JANKOWSKI	JR	#1	Hope	5:13.92c (5:10.84OT)	2/4
5	99	Rebecca MARKHAM	SO	#1	Hope	5:15.29c (5:12.20OT)	2/4
6		Jessica SCHAMANEK	SO	#1	Hope	5:15.86c (5:12.76OT)	2/4
7		Jenna ALLMAN	SO	#3	Calvin	5:18.00c (5:14.88OT)	1/22
8		Sienna RUITER-DIAZ	JR	#3	Calvin	5:19.25c (5:16.12OT)	2/18
9		Megan MCCULLOCH	SO	#4	Albion	5:19.33c (5:16.20)	2/4
10		Heleyna TUCKER	JR	#1	Hope	5:19.80c (5:16.66OT)	1/28

Women's 3000 Meters

1	5	Evie BULTEMEYER	SR	#2	Trine	9:37.54c (9:32.61OT)	2/11
2	7	Sadie HEERINGA	JR	#3	Calvin	9:46.32c (9:41.32OT)	1/28
3	36	Anastasia TUCKER	JR	#1	Hope	10:12.90c (10:07.67OT)	2/4
4	38	Jacinda COLE	SR	#1	Hope	10:13.93c (10:08.69OT)	12/3
5	51	Rebecca MARKHAM	SO	#1	Hope	10:17.93c (10:12.66OT)	1/28
6	52	Jenna ALLMAN	SO	#3	Calvin	10:18.09c (10:12.82OT)	1/28
7		Megan MCCULLOCH	SO	#4	Albion	10:35.78c (10:30.35OT)	1/29
8		Anna MASON	JR	#1	Hope	10:37.72c (10:32.28OT)	1/28
9		Carol HALDEMAN	SO	#2	Trine	10:40.24 f	1/21
10		Lydia RANDOLPH	FR	#2	Trine	10:47.31 f	1/21

Women's 5000 Meters

1	6	Evie BULTEMEYER	SR	#2	Trine	16:53.05c (16:45.31OT)	12/3
2	8	Anastasia TUCKER	JR	#1	Hope	17:05.30c (16:57.46OT)	12/3
3	53	Rebecca MARKHAM	SO	#1	Hope	18:06.19c (17:57.89OT)	12/3
4	63	Carol HALDEMAN	SO	#2	Trine	18:13.88c (18:05.52OT)	1/29
5	73	Megan MCCULLOCH	SO	#4	Albion	18:17.29c (18:08.90OT)	2/11
6	74	Samantha BIETH	SO	#4	Albion	18:17.76c (18:09.37OT)	2/11
7	77	Lydia RANDOLPH	FR	#2	Trine	18:18.75c (18:10.35OT)	1/29
8		Brynne WINIARSKI	JR	#3	Calvin	19:02.13c (18:53.40OT)	2/11
9		Sienna RUITER-DIAZ	JR	#3	Calvin	19:03.24c (18:54.50OT)	2/11
10		Alli SMITH	JR	#2	Trine	19:04.73c (18:55.98OT)	2/11



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MIAA

Women's 4x400 Relay

1	69	Dubois, Brown, McDowell, Campbell	#4 Albion	4:15.28 f	2/11
2	79	Behrens, Haseley, Timperman, Moore	#1 Hope	4:16.73c (4:13.36OT)	1/28
3		Sall, Moore, Georges, Tebben	#3 Calvin	4:19.92c (4:16.50OT)	1/28
4		Bigham, Gotaas, Taghon, Gotaas	#5 Alma	4:22.39 f	2/11
5		Avery, Mougrabi, Zefi, Koutz	#6 Adrian	4:24.70 f	2/12
6		Kenney, Faulkner, Randolph, Hawkins	#2 Trine	4:27.41c (4:23.90OT)	1/29
7		Norkowski, Eldridge, Peters, Stevens	#7 Olivet	4:33.19c (4:29.60OT)	1/29

Women's Distance Medley Relay

1	5	Sall, Moore, Allman, Heeringa	#3 Calvin	11:56.80c(11:49.21O)	2/12
2	7	Cole, Behrens, Jankowski, Tucker	#1 Hope	11:59.75c(11:52.13O)	2/12
3	32	Parker, McGonigal, Kenney, Randolph	#2 Trine	13:06.36 f	2/5
4	58	Gotaas, Bigham, Gotaas, Winters	#5 Alma	13:53.91 f	1/29

Women's High Jump

1	23	Cailey BEAUDOIN	SO #6 Adrian	1.64m	5-4½	1/29
2	69	Ciara HESLET	FR #6 Adrian	1.58m	5-2¼	2/19
3		Allison SCHRAM	FR #1 Hope	1.55m	5-1	1/21
3		Lia VAWTER	JR #2 Trine	1.55m	5-1	1/15
5		Aubrey LARNER	FR #2 Trine	1.52m	4-11¾	1/21
6		Emily NORKOWSKI	FR #7 Olivet	1.48m	4-10¼	2/19
7		Stephanie HARTPENCE	SR #2 Trine	1.47m	4-9¾	2/12
8		Gabby JOLLIFF	JR #7 Olivet	1.46m	4-9½	1/21
9		Victoria GOTAAS	FR #5 Alma	1.45m	4-9	2/11
9		Lindsay LANE	JR #1 Hope	1.45m	4-9	1/21
9		Laura KLUBECK	JR #1 Hope	1.45m	4-9	2/18

Women's Pole Vault

1		Autumn PRESLEY	SR #2 Trine	3.07m	10-¾	12/4
1		Gabby JOLLIFF	JR #7 Olivet	3.07m	10-¾	1/29
3		Bella CHARRON	FR #3 Calvin	2.90m	9-6¼	1/28
4		Lindsay LANE	JR #1 Hope	2.82m	9-3	1/21
5		Jocelyn SINGER	FR #4 Albion	2.77m	9-1	1/29
6		Kyria GOWMAN	JR #1 Hope	2.67m	8-9	1/21
7		Morgan MOSLOW	FR #2 Trine	2.62m	8-7	12/4
8		Mallory WOOD	FR #2 Trine	2.60m	8-6¼	2/12
9		Samantha BUIST	FR #3 Calvin	2.52m	8-3¾	2/4
9		Claire SHEPPARD	SO #3 Calvin	2.52m	8-3¾	2/4
9		Mya SCOTT	FR #5 Alma	2.52m	8-3¾	2/11

Women's Long Jump

1	33	Haley LIVINGSTON	SO #2 Trine	5.46m	17-11	1/29
2	56	Renee MILLER	SR #3 Calvin	5.37m	17-7½	1/28
3	61	Kennedi STERNBERG	SO #2 Trine	5.36m	17-7	2/12
4	76	Lauren MCDOWELL	JR #4 Albion	5.31m	17-5¼	1/29
5		Aubrey LARNER	FR #2 Trine	5.14m	16-10½	1/21
6		Helen DODGE	JR #1 Hope	4.76m	15-7½	2/4
7		Emily NORKOWSKI	FR #7 Olivet	4.75m	15-7	2/4
8		Onyinyechi IHEME	JR #3 Calvin	4.66m	15-3½	2/4
9		Ellie HAAN	SR #1 Hope	4.65m	15-3¼	1/21
10		Allison SCHRAM	FR #1 Hope	4.58m	15-½	1/21

Women's Triple Jump

1	43	Haley LIVINGSTON	SO #2 Trine	11.23m	36-10¼	12/10
2		Cianna BROWN	JR #4 Albion	10.74m	35-3	1/29
3		Jessye VANDEN AKKER	SO #3 Calvin	10.55m	34-7½	2/18
4		Ashley DUBOIS	JR #4 Albion	10.42m	34-2¼	2/4
5		Taylor NOVOTNY	SO #1 Hope	10.25m	33-7½	2/11
6		Amanda MATHEWS	FR #6 Adrian	9.60m	31-6	2/19
7		Peyton SMITH	SO #4 Albion	9.49m	31-1¾	12/10
8		Allison SCHRAM	FR #1 Hope	9.46m	31-½	1/28
9		Aubrey LARNER	FR #2 Trine	9.37m	30-9	2/5
10		Kyria GOWMAN	JR #1 Hope	9.13m	29-11½	2/4

Women's Shot Put

1	34	Greta ROBRAHN	FR #1 Hope	12.87m	42-2¾	2/4
2	36	Lillian ALBAUGH	SR #7 Olivet	12.84m	42-1½	2/11
3	86	Madelyn SUMMERS	JR #2 Trine	12.10m	39-8½	1/21
4		Amelia BONT	JR #1 Hope	11.92m	39-1¼	2/4
5		Anna ALBAUGH	JR #4 Albion	11.55m	37-10¾	1/29
6		Karen BEKHET	FR #3 Calvin	11.51m	37-9¼	1/28
7		Sylvia UPTHEGROVE	FR #4 Albion	11.45m	37-6¾	1/29
8		Bailey HOFFMAN	SR #5 Alma	11.42m	37-5¾	1/14
9		Bryanna CAREY	SO #6 Adrian	11.33m	37-2¼	1/29
10		Tess ANTHONY	FR #4 Albion	11.28m	37-¼	12/10

Women's Weight Throw

1	1	Valerie OBEAR	SR #2 Trine	19.00m	62-4	2/19
2	17	Bailey HOFFMAN	SR #5 Alma	16.68m	54-8¾	2/11
3	58	Anna ALBAUGH	JR #4 Albion	15.36m	50-4¾	2/11
4	85	Waverly VERHILL	SR #3 Calvin	14.89m	48-10¼	2/18
5		Tess ANTHONY	FR #4 Albion	13.89m	45-7	2/11
6		Sylvia UPTHEGROVE	FR #4 Albion	13.75m	45-1½	1/29
7		Madelyn SUMMERS	JR #2 Trine	13.74m	45-1	1/29
8		Lillian ALBAUGH	SR #7 Olivet	13.39m	43-11¼	2/19
9		Ti VANHORN	SO #6 Adrian	13.33m	43-8¾	2/19
10		Amelia BONT	JR #1 Hope	13.26m	43-6	1/21

Women's Pentathlon

1	42	Renee MILLER	SR #3 Calvin	2,802		1/28
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Conference TFRI Event Summary

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MIAC

Women's 60 Meters

1	42	Sarah STELLMACH	FR	#1	Bethel (Minn.)	7.87	2/18
2	66	Jailyn ROBINSON	SO	#7	Hamline	7.93	2/18
3	70	Kate GALLAGHER	SO	#4	Saint Benedict	7.94	2/12
3	70	Jireh BABALOLA	SO	#1	Bethel (Minn.)	7.94	2/18
5	83	Birgen NELSON	SO	#3	Gustavus Adolphus	7.95	1/28
6		Tiana JOHNSON	SO	#4	Saint Benedict	8.03	2/12
7		Dacoda SPEIDEL	SR	#4	Saint Benedict	8.06	2/12
8		Madi GENZ	FR	#11	St. Catherine (Min)	8.09	2/18
9		Kate CARLSON	FR	#3	Gustavus Adolphus	8.13	2/18
10		Brianna PARSONS	FR	#12	Augsburg	8.20	2/5

Women's 60 Meter Hurdles

1	1	Birgen NELSON	SO	#3	Gustavus Adolphus	8.60	2/5
2	3	Kelsie SEALOCK	SO	#1	Bethel (Minn.)	8.70	2/18
3	55	Nayeli WILLIAMS	FR	#2	Carleton	9.25 (8.60(55))	2/12
4	67	AnnaGrace NELSON	FR	#1	Bethel (Minn.)	9.32	2/5
5	82	Danielle MILLER	FR	#3	Gustavus Adolphus	9.38	2/18
6	91	Rebekah SALFER	JR	#5	St. Olaf	9.41	2/18
7	95	McKenzie WILLIAMS	FR	#8	St. Scholastica	9.42	2/18
8		Peyton SELLE	SO	#6	Concordia Moorh	9.53	2/12
9		Stephanie PICKTHORN	SR	#4	Saint Benedict	9.56	2/12
10		Nicole LILLEBERG	JR	#6	Concordia Moorh	9.59	2/12

Women's 200 Meters

1	35	Birgen NELSON	SO	#3	Gustavus Adolphus	25.94c (25.54OT)	2/11
2	42	Megan GERAETS	FR	#3	Gustavus Adolphus	26.06c (25.66OT)	2/11
3	50	Tiana JOHNSON	SO	#4	Saint Benedict	26.14 f	2/12
4		Dacoda SPEIDEL	SR	#4	Saint Benedict	26.75 f	2/18
5		Sarah STELLMACH	FR	#1	Bethel (Minn.)	26.81 f	1/28
6		Hannah SANKEY	SR	#1	Bethel (Minn.)	26.92 f	2/5
7		Karla KROSCHER	SO	#5	St. Olaf	27.08 f	2/18
7		Britta NORDBERG	SO	#1	Bethel (Minn.)	27.08 f	1/22
9		Sydney KLAUSLER	SR	#9	Saint Mary's (Minr	27.29 f	2/18
10		Nayeli WILLIAMS	FR	#2	Carleton	27.30 f	2/18

Women's 400 Meters

1	35	Hannah SANKEY	SR	#1	Bethel (Minn.)	59.13 f	2/11
2	43	Megan GERAETS	FR	#3	Gustavus Adolphus	59.26c (58.48OT)	2/11
3	54	Elizabeth DONNELLY	JR	#3	Gustavus Adolphus	59.62 f	1/28
4	56	Birgen NELSON	SO	#3	Gustavus Adolphus	59.68c (58.89OT)	2/11
5	79	Mikayla TUREK	SO	#1	Bethel (Minn.)	1:00.07 f	2/5
6	81	Alexandra MADDUX	JR	#7	Hamline	1:00.09 f	2/18
7	92	Jocelyn FERGUSON	FR	#2	Carleton	1:00.29 f	2/18
8	96	Britta NORDBERG	SO	#1	Bethel (Minn.)	1:00.35 f	2/18
9		Caroline GEARIN	SO	#9	Saint Mary's (Minr	1:01.40 f	2/18
10		Ellie SHOLING	SO	#8	St. Scholastica	1:01.48 f	2/18

Women's 800 Meters

1	4	Elizabeth DONNELLY	JR	#3	Gustavus Adolphus	2:11.97 f	2/18
2	23	Katherine GEIST	FR	#2	Carleton	2:15.89 f	2/12
3	37	Alexandra MADDUX	JR	#7	Hamline	2:18.31c (2:16.73OT)	2/11
4	43	Annessa IHDE	FR	#1	Bethel (Minn.)	2:18.86 f	2/18
5	70	Clara MAYFIELD	SO	#2	Carleton	2:20.94 f	1/21
6	84	Ali SEATON	SO	#5	St. Olaf	2:21.59 f	2/5
7		Lara ERICKSON	FR	#2	Carleton	2:22.14 f	2/12
8		Drew FROLEK	FR	#6	Concordia Moorh	2:23.06 f	2/12
9		Bella CALL	SO	#5	St. Olaf	2:23.70 f	2/5
10		Amy KROPP	JR	#2	Carleton	2:23.83 f	2/12

Women's Mile

1	6	Clara MAYFIELD	SO	#2	Carleton	4:53.68 f	1/21
2	7	Fiona SMITH	SO	#4	Saint Benedict	4:55.30 f	2/4
3	10	Ellen MICKELSON	SR	#5	St. Olaf	4:59.76 f	2/12
4	31	Maria BLAESING	SO	#10	Macalester	5:05.91 f	2/4
5	42	Katherine GEIST	FR	#2	Carleton	5:07.73 f	1/21
6	53	Alexandra MADDUX	JR	#7	Hamline	5:10.16 f	12/4
7	77	Christine ALBRECHT	JR	#5	St. Olaf	5:13.05 f	12/4
8	93	Katie GEBERT	SO	#5	St. Olaf	5:14.59 f	2/18
9		Mary BLANCHARD	FR	#2	Carleton	5:16.34 f	2/12
10		Helen CROSS	FR	#2	Carleton	5:16.72 f	2/5

Women's 3000 Meters

1	3	Clara MAYFIELD	SO	#2	Carleton	9:35.77 f	1/28
2	4	Fiona SMITH	SO	#4	Saint Benedict	9:37.36 f	1/28
3	66	Helen CROSS	FR	#2	Carleton	10:22.61 f	2/12
4	100	Sophie CALL	SO	#5	St. Olaf	10:29.58 f	2/5
5		Sofia CARLSON	FR	#5	St. Olaf	10:30.72 f	2/5
6		Sophie MCMANUS	FR	#2	Carleton	10:30.76 f	2/12
7		Alison BODE	FR	#5	St. Olaf	10:31.27 f	2/5
8		Sam POSEY	JR	#5	St. Olaf	10:31.43c(10:26.04b)	1/22
9		Ellen MICKELSON	SR	#5	St. Olaf	10:35.71 f	1/14
10		Phoebe WARD	FR	#2	Carleton	10:38.68 f	2/12

Women's 5000 Meters

1	2	Fiona SMITH	SO	#4	Saint Benedict	16:42.91c(16:35.24O)	2/11
2	7	Clara MAYFIELD	SO	#2	Carleton	16:57.86c(16:50.08O)	2/11
3	43	Sofia CARLSON	FR	#5	St. Olaf	17:58.25 f	2/12
4	50	Alison BODE	FR	#5	St. Olaf	18:03.47 f	2/12
5	81	Mikayla ERLNBORN	FR	#1	Bethel (Minn.)	18:20.45 f	2/11
6	95	Tracy RENIER	SR	#4	Saint Benedict	18:30.88c(18:22.39O)	2/11
7	100	Iliana RAMON	JR	#3	Gustavus Adolphus	18:33.56c(18:25.05O)	2/11
8		Evelyn VILLALOBOS	FR	#3	Gustavus Adolphus	18:34.51c(18:25.99O)	2/11
9		Bridget TETMEYER	FR	#4	Saint Benedict	18:39.84c(18:31.28O)	2/11
10		Phoebe WARD	FR	#2	Carleton	18:40.26 f	1/28



Conference TFRI Event Summary

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MIAC

Women's 4x400 Relay

1	7	Sankey, Stellmach, Turek, Sealock	#1	Bethel (Minn.)	3:55.26 f	2/18
2	24	Donnelly, Geraets, Nelson, Huetten	#3	Gustavus Adolphus	4:04.59 f	2/5
3	43	Ferguson, Williams, Kropp, Marsh	#2	Carleton	4:09.80 f	2/12
4	51	Kroschel, Storbakken, Sahly, Holman	#5	St. Olaf	4:12.53 f	1/28
5	59	Selle, Fredrickson, Smith, Frolek	#6	Concordia Moorh	4:13.81c (4:10.47OT)	2/19
6	70	Kiminiski, Voss, Chromy, Sholing	#8	St. Scholastica	4:15.34 f	2/18
7	73	Gearin, Swanson, Freire, Kern	#9	Saint Mary's (Minr	4:15.66 f	2/18
8	83	Logelin, Hoelscher, Maddux, Hamilton	#7	Hamline	4:17.23 f	1/28
9	92	Amundson, Blaesing, Preston, Grosse	#10	Macalester	4:19.13 f	2/12
10		Knapp, Johnson, Ganley, Nyuga	#4	Saint Benedict	4:21.63 f	1/29

Women's High Jump

1	49	AnnaGrace NELSON	FR	#1	Bethel (Minn.)	1.60m	5-3	1/22
2	84	Peyton SELLE	SO	#6	Concordia Moorh	1.56m	5-1 1/4	2/4
3		Justus FLOREN	FR	#4	Saint Benedict	1.55m	5-1	2/12
4		Eve FARRELL	JR	#2	Carleton	1.53m	5- 1/4	1/28
5		Teresa PETTITT-KENNEY	JR	#5	St. Olaf	1.50m	4-11	1/28
5		Olivia MOTLEY	SO	#3	Gustavus Adolphus	1.50m	4-11	1/22
7		Elizabeth SELISKER	SO	#4	Saint Benedict	1.48m	4-10 1/4	2/18
8		Stephanie PICKTHORN	SR	#4	Saint Benedict	1.47m	4-9 3/4	2/4
8		Rebekah SALFER	JR	#5	St. Olaf	1.47m	4-9 3/4	1/14
10		Claire NICHOLS	JR	#11	St. Catherine (Min	1.45m	4-9	1/22
10		Alli JOERGER	FR	#3	Gustavus Adolphus	1.45m	4-9	1/22
10		Jordyn JOHNSON	FR	#6	Concordia Moorh	1.45m	4-9	1/28
10		Ally RAKOW	FR	#3	Gustavus Adolphus	1.45m	4-9	1/22
10		Jensen LEUHR	FR	#3	Gustavus Adolphus	1.45m	4-9	1/28

Women's Pole Vault

1	23	Jessica LILLAND	SO	#1	Bethel (Minn.)	3.58m	11-9	2/18
2	41	Hannah GROSSE	SR	#10	Macalester	3.46m	11-4 1/4	1/29
3	60	Teresa PETTITT-KENNEY	JR	#5	St. Olaf	3.38m	11-1	2/18
3	60	Gabrielle EVANS	JR	#2	Carleton	3.38m	11-1	2/18
5	62	Sadie KOELZ	SR	#1	Bethel (Minn.)	3.37m	11- 3/4	2/11
6		Molly VAUGHAN	FR	#4	Saint Benedict	3.23m	10-7	2/18
7		Caroline GEARIN	SO	#9	Saint Mary's (Minr	3.21m	10-6 1/4	2/12
7		Nathalie FREIRE	SR	#9	Saint Mary's (Minr	3.21m	10-6 1/4	2/12
7		Sydney MARSH	JR	#2	Carleton	3.21m	10-6 1/4	2/12
10		Melanie ROBERTS	SO	#5	St. Olaf	3.17m	10-4 3/4	2/5
10		Caitlin SALFER	JR	#4	Saint Benedict	3.17m	10-4 3/4	2/5

Women's Long Jump

1	18	Jailyn ROBINSON	SO	#7	Hamline	5.59m	18-4 1/4	2/18
2	20	Jen VALLEY	SO	#7	Hamline	5.58m	18-3 3/4	2/18
3	40	Megan GERAETS	FR	#3	Gustavus Adolphus	5.42m	17-9 1/2	2/18
4	64	Annika MULLER	JR	#5	St. Olaf	5.35m	17-6 3/4	1/21
5		Madi KES	FR	#3	Gustavus Adolphus	5.22m	17-1 1/2	1/28
6		Sydney MARSH	JR	#2	Carleton	5.21m	17-1 1/4	2/18
7		Briana GILBERT	FR	#7	Hamline	5.19m	17- 1/2	2/18
8		Sydney KLAUSLER	SR	#9	Saint Mary's (Minr	5.17m	16-11 1/2	2/18
9		Nayeli WILLIAMS	FR	#2	Carleton	5.13m	16-10	2/12
10		Justus FLOREN	FR	#4	Saint Benedict	5.10m	16-8 3/4	2/18

Women's Triple Jump

1	27	Annika MULLER	JR	#5	St. Olaf	11.40m	37-5	2/18
2	46	Madi KES	FR	#3	Gustavus Adolphus	11.20m	36-9	1/28
3	71	Journey AMUNDSON	JR	#10	Macalester	10.96m	35-11 1/2	1/29
4	87	AnnaGrace NELSON	FR	#1	Bethel (Minn.)	10.84m	35-6 3/4	2/11
5	94	Stephanie PICKTHORN	SR	#4	Saint Benedict	10.80m	35-5 1/4	2/12
6	100	Ainslee PARKER	SO	#5	St. Olaf	10.77m	35-4	1/28
7		Grace PERRENOUD	JR	#1	Bethel (Minn.)	10.65m	34-11 1/4	1/28
8		Reilee SCHEPPER	SR	#11	St. Catherine (Min	10.59m	34-9	1/28
9		Burnices BARLUE	FR	#11	St. Catherine (Min	10.51m	34-5 3/4	2/12
10		Briana GILBERT	FR	#7	Hamline	10.24m	33-7 1/4	2/12

Women's Shot Put

1	12	Annika POE	SO	#3	Gustavus Adolphus	13.69m	44-11	2/18
2	16	Allyson KANGAS	JR	#6	Concordia Moorh	13.24m	43-5 1/4	2/4
3	20	Cayle HOVLAND	SR	#6	Concordia Moorh	13.16m	43-2 1/4	2/12
4	30	Emma ROETHLER	FR	#1	Bethel (Minn.)	12.95m	42-6	2/11
5	40	Aleah KESKE	SO	#5	St. Olaf	12.69m	41-7 3/4	2/12
6	67	Jacey SCHLOSSER	JR	#6	Concordia Moorh	12.31m	40-4 3/4	2/12
7	79	Sam HEDTKE	SO	#5	St. Olaf	12.15m	39-10 1/2	2/18
8	85	Samantha KUBES	SO	#9	Saint Mary's (Minr	12.12m	39-9 1/4	2/12
9		Anna BECKER	JR	#8	St. Scholastica	11.90m	39- 1/2	1/22
10		Haley JOOS	SO	#4	Saint Benedict	11.71m	38-5	2/12

Women's Weight Throw

1	13	Jenneel RODNEY	JR	#7	Hamline	17.04m	55-11	2/18
2	25	Cayle HOVLAND	SR	#6	Concordia Moorh	16.23m	53-3	2/19
3	27	Maggie BECKMANN	SR	#4	Saint Benedict	16.20m	53-1 3/4	2/12
4	40	Lily BENEKE	FR	#8	St. Scholastica	15.86m	52- 1/2	2/5
5	43	Anna BECKER	JR	#8	St. Scholastica	15.72m	51-7	2/18
6	69	Allyson KANGAS	JR	#6	Concordia Moorh	15.13m	49-7 3/4	2/19
7	91	Jacey SCHLOSSER	JR	#6	Concordia Moorh	14.74m	48-4 1/2	1/22
8		Samantha KUBES	SO	#9	Saint Mary's (Minr	14.23m	46-8 1/4	2/12
9		Emily WHITE	SR	#6	Concordia Moorh	13.73m	45- 1/2	1/28
10		Madison REED	FR	#7	Hamline	13.61m	44-8	1/21



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MIAC

Women's Pentathlon

1	23	AnnaGrace NELSON	FR	#1	Bethel (Minn.)	2,964	1/28
2	24	Peyton SELLE	SO	#6	Concordia Moorh	2,962	2/4
3	25	Stephanie PICKTHORN	SR	#4	Saint Benedict	2,944	2/4
4	35	Justus FLOREN	FR	#4	Saint Benedict	2,860	2/4
5	38	Rebekah SALFER	JR	#5	St. Olaf	2,838	1/28
6	40	Sydney MARSH	JR	#2	Carleton	2,833	1/28
7	65	Eve FARRELL	JR	#2	Carleton	2,560	1/28
8	82	Aoife ZAMACONA	SR	#7	Hamline	2,442	1/28
9		Jenna KALEVIK	FR	#6	Concordia Moorh	2,184	2/4
10		Kaitlyn BRAUN	FR	#1	Bethel (Minn.)	2,181	1/28



Conference TFRI Event Summary

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MWC

Women's 60 Meters

1	70	Jordan PECKHAM	SR	#2	Monmouth (Ill.)	7.94	2/5
2		Paige OLOWU	SR	#3	Grinnell	8.06	12/10
3		Emma KARPINSKI	JR	#1	Ripon	8.09	2/19
4		Ava TAYLOR	FR	#3	Grinnell	8.10	12/10
5		Jordyn MCDONALD	SR	#7	Beloit	8.19	2/5
6		Alyssa VILLARREAL	FR	#2	Monmouth (Ill.)	8.22	2/5
7		Alayna FURCH	SO	#7	Beloit	8.23	2/12
8		Brianna WALLACE	JR	#5	Illinois College	8.28	2/11
9		Kayla HEARON	SR	#5	Illinois College	8.30 (7.70(55))	2/18
10		Kara BLOCK	SO	#1	Ripon	8.31	12/3

Women's 60 Meter Hurdles

1	79	Natalie MCALLISTER	SO	#6	Cornell College	9.37	1/29
2		Mariana ZENDEJAS	FR	#4	Lawrence	10.07	2/12
3		Sadie STAKER	SO	#3	Grinnell	10.49	1/29
4		Kristina HILMES	JR	#5	Illinois College	10.50 (9.76(55))	2/5
5		Sara GARCIA	FR	#3	Grinnell	10.55	2/19
6		Irene YANK	FR	#4	Lawrence	10.60	2/12
7		Meredith LEPPER	FR	#8	Knox	10.89	2/12
8		Claire PAQUIN	FR	#4	Lawrence	10.90	2/5
9		Montana MCMAHON	JR	#7	Beloit	11.00	2/12
10		Bridget FINN	JR	#1	Ripon	11.16	2/12

Women's 200 Meters

1	52	Jordan PECKHAM	SR	#2	Monmouth (Ill.)	26.15 f	2/5
2		Emma KARPINSKI	JR	#1	Ripon	26.55 f	2/19
3		Jordyn MCDONALD	SR	#7	Beloit	27.11 f	2/19
4		Payton RAHN	SR	#1	Ripon	27.16 f	2/12
5		Paige OLOWU	SR	#3	Grinnell	27.37 f	2/19
6		Alayna FURCH	SO	#7	Beloit	27.38 f	2/12
7		Nicole HOYER	SO	#2	Monmouth (Ill.)	27.52 f	2/18
8		Kara BLOCK	SO	#1	Ripon	27.67 f	12/11
9		Athena FRASCA	JR	#3	Grinnell	27.69 f	12/10
10		Natalie MCALLISTER	SO	#6	Cornell College	27.93 f	1/22
10		Kayla HEARON	SR	#5	Illinois College	27.93 f	2/18

Women's 400 Meters

1	32	Jordan PECKHAM	SR	#2	Monmouth (Ill.)	59.08 f	2/11
2		Payton RAHN	SR	#1	Ripon	1:01.24 f	2/19
3		Lilia BODNAR	FR	#4	Lawrence	1:02.57 f	2/12
4		Alayna FURCH	SO	#7	Beloit	1:02.67 f	2/19
5		Sidney BROWN	SO	#6	Cornell College	1:03.27 f	2/18
6		Nicole HOYER	SO	#2	Monmouth (Ill.)	1:03.52 f	1/28
7		Sadie STAKER	SO	#3	Grinnell	1:03.63 f	2/19
8		Sara GARCIA	FR	#3	Grinnell	1:04.44 f	2/19
9		Kristina HILMES	JR	#5	Illinois College	1:04.53 f	2/18
10		Montana MCMAHON	JR	#7	Beloit	1:05.10 f	2/19

Women's 800 Meters

1	90	Makaila WEDDLE	SR	#1	Ripon	2:21.73 f	2/19
2		Audrey PAGLIA	SR	#9	Lake Forest	2:26.80 f	2/4
3		Lilia BODNAR	FR	#4	Lawrence	2:27.06 f	2/5
4		Kara FISHER	SR	#2	Monmouth (Ill.)	2:27.22 f	2/18
5		Grace ENGBRETSON	JR	#1	Ripon	2:28.33 f	2/5
6		Arika HOFMANN	SR	#2	Monmouth (Ill.)	2:29.21 f	2/18
7		Isabelle WILLETT	SO	#1	Ripon	2:29.68 f	2/19
8		Leah HAWKSFORD	JR	#4	Lawrence	2:31.33 f	2/5
9		Sam REID	FR	#3	Grinnell	2:31.71 f	2/19
10		Micaela DANAY	SR	#3	Grinnell	2:32.26 f	2/19

Women's Mile

1		Cristyn OLIVER	FR	#4	Lawrence	5:20.37 f	2/5
2		Makaila WEDDLE	SR	#1	Ripon	5:25.60 f	2/12
3		Mikayla FLYTE	JR	#1	Ripon	5:25.86 f	2/12
4		Madeline MORLAND	JR	#9	Lake Forest	5:26.86 f	2/12
5		Emma SCHAEFER	JR	#3	Grinnell	5:26.88 f	2/19
6		Leah HAWKSFORD	JR	#4	Lawrence	5:26.89 f	2/19
7		Natalie PAKOSZ	JR	#1	Ripon	5:29.08 f	2/12
8		Althea FOSTER	FR	#4	Lawrence	5:31.94 f	2/5
9		Grace ENGBRETSON	JR	#1	Ripon	5:32.48 f	1/22
10		Billie FOGARTY	JR	#6	Cornell College	5:35.19 f	1/29

Women's 3000 Meters

1		Mikayla FLYTE	JR	#1	Ripon	10:50.77 f	2/19
2		Riley WINEBRENNER	FR	#4	Lawrence	10:54.80 f	2/19
3		Grace ENGBRETSON	JR	#1	Ripon	10:56.64 f	2/19
4		Cristyn OLIVER	FR	#4	Lawrence	10:58.06 f	1/22
5		Emma SCHAEFER	JR	#3	Grinnell	10:59.83 f	2/5
6		Althea FOSTER	FR	#4	Lawrence	11:02.95 f	2/19
7		Billie FOGARTY	JR	#6	Cornell College	11:09.50 f	1/22
8		Ali DENAMUR	FR	#1	Ripon	11:11.18 f	2/19
9		Makaila WEDDLE	SR	#1	Ripon	11:11.57 f	1/22
10		Natalie NEUHAUS	FR	#6	Cornell College	11:23.93 f	1/22

Women's 5000 Meters

1		Cristyn OLIVER	FR	#4	Lawrence	18:35.64c(18:27.11)	1/29
2		Emma SCHAEFER	JR	#3	Grinnell	18:40.10 f	2/12
3		Riley WINEBRENNER	FR	#4	Lawrence	18:55.54c(18:46.86)	1/29
4		Mikayla FLYTE	JR	#1	Ripon	18:59.39 f	1/28
5		Billie FOGARTY	JR	#6	Cornell College	19:20.25 f	2/12
6		Althea FOSTER	FR	#4	Lawrence	19:22.25c(19:13.370)	2/11
7		Natalie PAKOSZ	JR	#1	Ripon	19:36.96 f	1/28
8		Ali DENAMUR	FR	#1	Ripon	19:55.09 f	1/28
9		Mira DIAMOND-BERMAN	FR	#3	Grinnell	20:03.76 f	2/12
10		Edythmae FRODL	FR	#4	Lawrence	20:17.71 f	2/5



Conference TFRI Event Summary

as of 2/21/2022 8:12:25 AM

MWC

Women's 4x400 Relay

1	84	Spalding, Engebretson, Weddle, Rahn	#1	Ripon	4:17.51 f	2/5
2		Olowu, Garcia, Staker, Frasca	#3	Grinnell	4:19.98 f	2/12
3		Peckham, Hofmann, Fisher, Cruz	#2	Monmouth (Ill.)	4:20.84 f	1/22
4		Hawksford, Yank, Sugiyama, Bodnar	#4	Lawrence	4:23.38 f	2/19
5		Loos-Austin, Damste, Valentine, Czuj	#7	Beloit	4:28.34 f	2/19
6		Brown, Lambert-Mergend, Neuhaus, See	#6	Cornell College	4:32.60 f	1/29
7		Paglia, Jorgensen, Ray, Morland	#9	Lake Forest	4:50.43 f	2/12
8		Rivera, Lepper, Irani, Dockins	#8	Knox	4:56.80 f	2/12

Women's Distance Medley Relay

1	76	Daney, Reid, Timmermans, Rabbani	#3	Grinnell	14:26.12 f	1/29
2	80	Lammers, Numedahl, See, Walsh	#6	Cornell College	14:33.59 f	2/12
3	97	Browne, Carus, Valentine, Holicky	#7	Beloit	15:32.71 f	1/28
4		Kwamboka, Eaton, Cruz, Wohlstadter	#2	Monmouth (Ill.)	16:29.92 f	1/22

Women's High Jump

1	49	Natalie MCALLISTER	SO	#6	Cornell College	1.60m	5-3	1/15
2		Lauren ANDERSON	FR	#2	Monmouth (Ill.)	1.51m	4-11½	2/18
2		Kara BLOCK	SO	#1	Ripon	1.51m	4-11½	12/11
2		Bethany ALLEN	FR	#2	Monmouth (Ill.)	1.51m	4-11½	2/18
5		Julia HILDEBRANDT	FR	#5	Illinois College	1.50m	4-11	1/28
6		Rojhna GORDON	FR	#5	Illinois College	1.46m	4-9½	2/18
6		Bridget FINN	JR	#1	Ripon	1.46m	4-9½	1/22
6		Caroline FLESCHE	JR	#1	Ripon	1.46m	4-9½	12/3
9		Dinah SCHMIDT	FR	#1	Ripon	1.41m	4-7½	2/19
10		Kynaeda GRAY	SO	#1	Ripon	1.40m	4-7	12/3
10		Peyton BALFOUR	SO	#8	Knox	1.40m	4-7	1/15

Women's Pole Vault

1	93	Sarina KOPF	SR	#3	Grinnell	3.28m	10-9	1/29
2		Madeline BENSON	FR	#5	Illinois College	3.11m	10-2½	2/18
3		Linsey TURNER	JR	#2	Monmouth (Ill.)	3.05m	10-0	1/28
4		Paige NOWAK	SO	#5	Illinois College	2.96m	9-8½	2/18
4		Ashley GROTHAUS	FR	#2	Monmouth (Ill.)	2.96m	9-8½	2/18
6		Meredith LEPPER	FR	#8	Knox	2.66m	8-8¾	2/5
6		Carson BEYERS	SO	#5	Illinois College	2.66m	8-8¾	2/18
8		Delaney REXROAT	FR	#2	Monmouth (Ill.)	2.14m	7-¼	2/11
9		Caroline FLESCHE	JR	#1	Ripon	1.98m	6-6	2/12
10		Bridget FINN	JR	#1	Ripon	1.83m	6-0	2/12

Women's Long Jump

1	68	Paige OLOWU	SR	#3	Grinnell	5.34m	17-6¼	12/10
2		Kara BLOCK	SO	#1	Ripon	5.07m	16-7¾	12/11
3		Alyssa VILLARREAL	FR	#2	Monmouth (Ill.)	4.87m	15-11¾	2/11
4		Lauren ANDERSON	FR	#2	Monmouth (Ill.)	4.85m	15-11	2/11
5		Jessie HEMPEN	SR	#5	Illinois College	4.78m	15-8¼	2/11
6		Eleanor ELLIOTT-RUDE	FR	#3	Grinnell	4.71m	15-5½	2/19
7		Riley BRANDENBURG	FR	#5	Illinois College	4.67m	15-4	2/18
8		Peyton BALFOUR	SO	#8	Knox	4.66m	15-3½	2/5
9		Melanie ODEN	FR	#3	Grinnell	4.60m	15-1¼	2/19
10		Irene YANK	FR	#4	Lawrence	4.56m	14-11½	2/19

Women's Triple Jump

1		Paige OLOWU	SR	#3	Grinnell	10.43m	34-2¾	1/29
2		Mariana ZENDEJAS	FR	#4	Lawrence	10.27m	33-8½	2/19
3		Irene YANK	FR	#4	Lawrence	10.26m	33-8	2/19
4		Payton RAHN	SR	#1	Ripon	10.19m	33-5¼	2/19
5		Linsey TURNER	JR	#2	Monmouth (Ill.)	10.13m	33-3	2/11
6		Riley BRANDENBURG	FR	#5	Illinois College	9.72m	31-10¾	2/18
7		Melanie ODEN	FR	#3	Grinnell	9.67m	31-8¾	2/19
8		Nicole HOYER	SO	#2	Monmouth (Ill.)	9.59m	31-5¾	2/5
9		Thao LOUNG	JR	#8	Knox	9.53m	31-3¼	2/12
10		Ronnaudica DIXON	JR	#5	Illinois College	9.51m	31-2½	2/18

Women's Shot Put

1	29	Elizabeth BOWNS	SR	#5	Illinois College	12.98m	42-7	2/11
2	49	Renee HARTMAN	SR	#5	Illinois College	12.49m	40-11¾	1/28
3	79	Maddie BOLEY	FR	#2	Monmouth (Ill.)	12.15m	39-10½	2/11
4		Kalyn OTZELBERGER	SO	#1	Ripon	11.97m	39-3¼	2/5
5		Addi COX	JR	#2	Monmouth (Ill.)	11.86m	38-11	2/18
6		Kareema LAWAL	SR	#2	Monmouth (Ill.)	11.77m	38-7½	2/18
7		Anastasia SMITH	SO	#1	Ripon	11.24m	36-10½	12/3
7		Arynn MATHIEU	JR	#1	Ripon	11.24m	36-10½	12/11
9		Natalie MCALLISTER	SO	#6	Cornell College	11.19m	36-8½	1/29
10		Taylor CRUZ	SR	#6	Cornell College	11.03m	36-2¼	2/18

Women's Weight Throw

1	26	Kareema LAWAL	SR	#2	Monmouth (Ill.)	16.22m	53-2¾	2/18
2	37	Elizabeth BOWNS	SR	#5	Illinois College	16.04m	52-7½	2/5
3	66	Renee HARTMAN	SR	#5	Illinois College	15.18m	49-9¾	2/5
4	98	Maddie BOLEY	FR	#2	Monmouth (Ill.)	14.64m	48-½	2/11
5		Addi COX	JR	#2	Monmouth (Ill.)	14.53m	47-8	2/18
6		Arynn MATHIEU	JR	#1	Ripon	14.22m	46-8	2/19
7		Kalyn OTZELBERGER	SO	#1	Ripon	14.12m	46-4	2/12
8		Amanda DYBAL	JR	#2	Monmouth (Ill.)	14.03m	46-½	1/28
9		Taylor CRUZ	SR	#6	Cornell College	13.56m	44-6	2/18
10		Anastasia SMITH	SO	#1	Ripon	13.04m	42-9½	12/11

Women's Pentathlon

1	86	Bridget FINN	JR	#1	Ripon	2,395		12/3
2		Caroline FLESCHE	JR	#1	Ripon	2,182		1/28
3		Kynaeda GRAY	SO	#1	Ripon	1,969		12/3



Conference TFRI Event Summary

as of 2/21/2022 8:12:25 AM

NACC

Women's 60 Meters

1	8	Kendra	SR	#6 Wisconsin Luther:	7.71	2/19
2	14	Audrey MAKOPE	SR	#1 St. Norbert	7.76	12/3
3	18	Kayla ARMSTRONG	SR	#2 Concordia Chicag	7.79	2/19
4		Sydney ZIMA	SR	#1 St. Norbert	7.99	2/19
5		Nicole MAKOPE	FR	#1 St. Norbert	8.11	2/19
6		Tiana JONES	FR	#3 Benedictine (Ill.)	8.12	2/18
7		Hailey TAYLOR		#3 Benedictine (Ill.)	8.15	12/3
8		Emelia LICHTY	SR	#1 St. Norbert	8.18	12/3
9		Timera WILLIAMS	FR	#3 Benedictine (Ill.)	8.24	12/3
10		Addison LUND	FR	#1 St. Norbert	8.28	2/5

Women's 60 Meter Hurdles

1	67	Ayah MUSTAFA	FR	#3 Benedictine (Ill.)	9.32	2/12
2		Brianna BARWICK	FR	#3 Benedictine (Ill.)	9.45	12/3
3		Lauren BORCHARDT	FR	#1 St. Norbert	9.50	2/12
4		Sydney SPAETH	JR	#1 St. Norbert	9.52	2/19
5		Lauren ROTTIER	SR	#1 St. Norbert	9.59	(8.91(55)) 2/4
6		Grace WEIDE	JR	#6 Wisconsin Luther:	9.63	2/19
7		Eve SHELTON	FR	#2 Concordia Chicag	9.64	2/12
8		Zahra SAMMOUR	JR	#2 Concordia Chicag	9.78	12/4
9		Jayla HARRIS	FR	#3 Benedictine (Ill.)	9.79	2/12
10		Grace KOWALKOWSKI	JR	#1 St. Norbert	9.87	12/3

Women's 200 Meters

1	1	Kendra	SR	#6 Wisconsin Luther:	24.97 f	2/19
2	20	Kayla ARMSTRONG	SR	#2 Concordia Chicag	25.64c	(25.24b) 2/11
3	33	Sydney ZIMA	SR	#1 St. Norbert	25.86 f	2/19
4	57	Simone WILSON	SR	#2 Concordia Chicag	26.22c	(25.82b) 2/11
5		Jenna ZAHORIK	SO	#4 Concordia Wiscor	26.97 f	2/19
6		Makayla BRUTON	SR	Lakeland (Wis.)	27.00 f	2/19
7		Kennedy MARQUARDT	FR	#1 St. Norbert	27.31 f	1/28
8		Ayah MUSTAFA	FR	#3 Benedictine (Ill.)	27.32 f	2/5
9		Nicole MAKOPE	FR	#1 St. Norbert	27.36 f	1/28
10		Tiana JONES	FR	#3 Benedictine (Ill.)	27.42 f	2/18

Women's 400 Meters

1	9	Simone WILSON	SR	#2 Concordia Chicag	57.76c	(57.00b) 2/11
2	14	Kendra	SR	#6 Wisconsin Luther:	57.96 f	2/4
2	14	Kayla ARMSTRONG	SR	#2 Concordia Chicag	57.96c	(57.20b) 2/11
4	68	Daijah BROWN	SR	#1 St. Norbert	59.89 f	2/12
5		Makayla BRUTON	SR	Lakeland (Wis.)	1:01.76 f	2/19
6		Cora PURDUE	SR	#1 St. Norbert	1:02.29 f	2/19
7		Kennedy MARQUARDT	FR	#1 St. Norbert	1:02.44 f	1/22
8		Ayah MUSTAFA	FR	#3 Benedictine (Ill.)	1:02.57 f	2/19
9		Marie STAUB	JR	#9 Illinois Tech	1:02.62 f	2/12
10		Julie DUNKEL	SO	#1 St. Norbert	1:02.80 f	12/3

Women's 800 Meters

1	60	Simone WILSON	SR	#2 Concordia Chicag	2:20.57 f	2/5
2	98	Alex BRULEY	SR	#1 St. Norbert	2:22.08 f	2/5
3		Mikaela SULLIVAN	JR	#6 Wisconsin Luther:	2:23.80 f	2/4
4		Rachel EHRHART	SO	#8 Edgewood	2:23.86 f	2/19
5		Angelina NICHOLS	SR	#2 Concordia Chicag	2:25.41c	(2:23.75b) 2/11
6		Joyana TARSA	SR	#1 St. Norbert	2:25.84 f	1/28
7		Julie DUNKEL	SO	#1 St. Norbert	2:25.92 f	2/12
8		Brooke GRAESSLIN	JR	#6 Wisconsin Luther:	2:26.64 f	2/19
9		Deyanneira COLON MALDONADO	FR	#7 Aurora	2:27.19 f	2/18
10		LaNea BARTEL	SR	#4 Concordia Wiscor	2:31.09 f	1/22

Women's Mile

1	59	Joyana TARSA	SR	#1 St. Norbert	5:10.95 f	2/19
2	92	Alex BRULEY	SR	#1 St. Norbert	5:14.40 f	2/12
3		LaNea BARTEL	SR	#4 Concordia Wiscor	5:17.88 f	2/19
4		Ally VERBAUWHEDE	SO	#8 Edgewood	5:18.47 f	2/19
5		Kaitlyn RODMAN	SO	#5 MSOE	5:22.07 f	1/8
6		Deyanneira COLON MALDONADO	FR	#7 Aurora	5:23.72 f	2/12
7		Mikaela SULLIVAN	JR	#6 Wisconsin Luther:	5:24.62 f	2/19
8		Rachel EHRHART	SO	#8 Edgewood	5:25.03 f	2/5
9		Madison ETHERIDGE	FR	#7 Aurora	5:34.66 f	2/12
10		Chloe PIERSON	SO	#1 St. Norbert	5:39.29 f	2/19

Women's 3000 Meters

1		LaNea BARTEL	SR	#4 Concordia Wiscor	10:40.52 f	2/5
2		Ally VERBAUWHEDE	SO	#8 Edgewood	10:43.31 f	1/29
3		Kaitlyn RODMAN	SO	#5 MSOE	10:45.01 f	2/5
4		Rachel EHRHART	SO	#8 Edgewood	10:46.75 f	12/3
5		Mikaela SULLIVAN	JR	#6 Wisconsin Luther:	10:47.19 f	2/12
6		Deyanneira COLON MALDONADO	FR	#7 Aurora	10:50.60 f	2/12
7		Kendall MARKS	SR	#5 MSOE	10:57.48 f	2/5
8		Abby LIESEN	FR	#7 Aurora	11:07.40 f	2/5
9		Lauren TALABAC	SR	#1 St. Norbert	11:12.32 f	1/22
10		Irene EHRHART	FR	#8 Edgewood	11:21.53 f	2/19

Women's 5000 Meters

1		Ally VERBAUWHEDE	SO	#8 Edgewood	18:42.60 f	2/5
2		Deyanneira COLON MALDONADO	FR	#7 Aurora	18:42.91 f	2/5
3		Kendall MARKS	SR	#5 MSOE	18:57.68 f	2/12
4		Abby LIESEN	FR	#7 Aurora	19:22.50 f	2/12
5		Emily FETZER	SO	#7 Aurora	19:53.90 f	2/12
6		Molly STEWART	SO	#5 MSOE	20:05.14 f	1/28
7		Faith MERTZIG	SO	#1 St. Norbert	20:14.93 f	2/5
8		Chloe PIERSON	SO	#1 St. Norbert	20:23.41 f	2/5
9		Micah HILL	SO	#4 Concordia Wiscor	20:39.89 f	2/5
10		Ella STADER	FR	#4 Concordia Wiscor	20:45.37 f	2/5



Conference TFRI Event Summary

as of 2/21/2022 8:12:26 AM

NACC

Women's 4x400 Relay

1	16	Marquardt, Brown, Dunkel, Bruley	#1	St. Norbert	4:01.41 f	2/19
2	21	Nichols, Armstrong, Wingood, Wilson	#2	Concordia Chicag	4:03.49 f	2/19
3	48	Schumacher, Graesslin, Mueller, Weide	#6	Wisconsin Luther:	4:11.25 f	2/12
4	100	Burg, Jones, Evers, Ehrhart	#8	Edgewood	4:19.54 f	2/19
5		Gahan, Bartel, Cleinmark, Pluister	#4	Concordia Wiscor	4:23.89 f	2/19
6		Mack, Cure, Davis, Gibbs	#7	Aurora	4:24.97 f	2/5
7		Douedari, Jones, Meintz, Mustafa	#3	Benedictine (Ill.)	4:37.72 f	2/5

Women's Distance Medley Relay

1	36	Bruley, Nummi, Colon Torres, Talabac	#1	St. Norbert	13:11.63 f	1/28
2	53	Bartel, Chiappetta, Gahan, Cleinmark	#4	Concordia Wiscor	13:48.01 f	1/22

Women's High Jump

1	39	Lauren ROTTIER	SR	#1	St. Norbert	1.61m	5-3¼	12/3
2	84	Jordyn SCHMIDT	JR	#4	Concordia Wiscor	1.56m	5-1¼	2/5
3		Sydney SPAETH	JR	#1	St. Norbert	1.55m	5-1	12/3
4		Kiana VALERI	FR	#1	St. Norbert	1.51m	4-11½	2/19
5		Yngride JEAN-PHILLIPE	FR	#3	Benedictine (Ill.)	1.50m	4-11	2/18
6		Brianna BARWICK	FR	#3	Benedictine (Ill.)	1.49m	4-10½	12/3
7		Sydney MOORE	SR	#1	St. Norbert	1.48m	4-10¼	1/28
8		Lauren BORCHARDT	FR	#1	St. Norbert	1.46m	4-9½	1/22
9		Eve MEINTZ	SR	#3	Benedictine (Ill.)	1.45m	4-9	2/5
10		Alayna KOEHLER	FR	#7	Aurora	1.43m	4-8¼	2/12

Women's Pole Vault

1	28	Grace KOWALKOWSKI	JR	#1	St. Norbert	3.55m	11-7¼	12/3
2	64	Grace MENZIA	SO	#5	MSOE	3.36m	11-¼	2/12
2	64	Sara DEGROOT	SR	#1	St. Norbert	3.36m	11-¼	1/28
4		Lora HAUPT	JR	#2	Concordia Chicag	3.06m	10-½	1/21
5		Paige WINTERFELDT	SO	#4	Concordia Wiscor	2.90m	9-6¼	1/22
6		Karissa WALTERS	SR	#2	Concordia Chicag	2.60m	8-6¼	1/29
6		Natalia GABRIEL	FR	#7	Aurora	2.60m	8-6¼	1/22
8		Sydney ZIMA	SR	#1	St. Norbert	2.45m	8-½	1/22
8		Lauren SPAIN	FR	#7	Aurora	2.45m	8-½	1/22

Women's Long Jump

1	41	Zahra SAMMOUR	JR	#2	Concordia Chicag	5.41m	17-9	1/21
2	54	Sydney SPAETH	JR	#1	St. Norbert	5.38m	17-8	2/19
3	64	Nicole MAKOPE	FR	#1	St. Norbert	5.35m	17-6¾	2/12
4	83	Ashley SAMUTA	FR	#4	Concordia Wiscor	5.29m	17-4¼	2/19
5		Sydney ZIMA	SR	#1	St. Norbert	5.19m	17-½	12/3
6		Hailey TAYLOR		#3	Benedictine (Ill.)	5.18m	17-0	12/3
7		Brooklyn GROMKO	FR	#2	Concordia Chicag	5.02m	16-5¾	2/19
8		Jayla HARRIS	FR	#3	Benedictine (Ill.)	4.99m	16-4½	2/18
9		Lauren ROTTIER	SR	#1	St. Norbert	4.96m	16-3¼	1/28
10		Marissa LORENZ	FR	#1	St. Norbert	4.93m	16-2¼	2/12

Women's Triple Jump

1	10	Zahra SAMMOUR	JR	#2	Concordia Chicag	11.76m	38-7	2/11
2	18	Sydney SPAETH	JR	#1	St. Norbert	11.52m	37-9½	2/19
3	77	MacKenzie CAVES	SO	#5	MSOE	10.89m	35-8¾	2/12
4	81	Ashley SAMUTA	FR	#4	Concordia Wiscor	10.87m	35-8	12/11
5		Gillian SPUHLER	SO	#5	MSOE	10.66m	34-11¾	1/22
6		Nicole MAKOPE	FR	#1	St. Norbert	10.57m	34-8¼	2/19
7		Jayla HARRIS	FR	#3	Benedictine (Ill.)	10.46m	34-4	1/29
8		Marissa LORENZ	FR	#1	St. Norbert	10.34m	33-11¼	2/12
9		Jaiya WORTHY	FR	#3	Benedictine (Ill.)	10.04m	32-11¼	2/12
10		Natalie LENDT	SR	#6	Wisconsin Luther:	9.99m	32-9½	1/29

Women's Shot Put

1	27	Madeline BOBINSKI	SR	#2	Concordia Chicag	13.00m	42-8	1/21
2	37	Kash ALLEN	FR	#3	Benedictine (Ill.)	12.79m	41-11½	2/18
3	51	Miani BLACKWELL	JR	#1	St. Norbert	12.46m	40-10½	2/5
4		Ava LARSON	FR	#5	MSOE	11.43m	37-6	2/5
5		Claire URCELL	SR	#2	Concordia Chicag	11.15m	36-7	12/4
6		Lauren ROTTIER	SR	#1	St. Norbert	11.09m	36-4¾	12/3
7		Gabrielle HARDING	SO	#2	Concordia Chicag	10.92m	35-10	2/19
8		Kayla STARNES	FR	#1	St. Norbert	10.60m	34-9½	2/19
9		Abby WINZENRIED	JR	#1	St. Norbert	10.58m	34-8½	12/3
10		Morgan BOZE	FR	#5	MSOE	10.50m	34-5½	2/12

Women's Weight Throw

1		Elizabeth MIKKELSON	JR	#5	MSOE	14.08m	46-2½	2/12
2		Claire URCELL	SR	#2	Concordia Chicag	13.64m	44-9	2/19
3		Miani BLACKWELL	JR	#1	St. Norbert	13.61m	44-8	2/5
4		Madeline BOBINSKI	SR	#2	Concordia Chicag	13.25m	43-5¾	2/5
5		Gabrielle HARDING	SO	#2	Concordia Chicag	13.19m	43-3¼	2/5
6		Erin VANBERKEL	JR	#1	St. Norbert	12.89m	42-3½	12/3
7		Ava LARSON	FR	#5	MSOE	12.84m	42-1½	1/22
8		Kash ALLEN	FR	#3	Benedictine (Ill.)	12.79m	41-11½	2/18
9		Emily GONNERING	JR	#1	St. Norbert	12.75m	41-10	2/12
10		Kayla STARNES	FR	#1	St. Norbert	12.56m	41-2½	2/12

Women's Pentathlon

1	11	Lauren ROTTIER	SR	#1	St. Norbert	3,160	2/4
2	51	Sydney SPAETH	JR	#1	St. Norbert	2,708	12/3



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NCAC

Women's 60 Meters

1	53	Lindsey MAGOTEAUX	FR	#4	Wittenberg	7.90	1/29
2	61	Anaya JOLIVETTE	FR	#6	Denison	7.92	12/4
3		Erin PASCH	SR	#2	DePauw	8.05	2/12
4		Zoe PRICE	JR	#5	Ohio Wesleyan	8.11	12/4
5		Caliyah BENNETT	SO	#6	Denison	8.17	2/12
6		Meghan FRAZIER	FR	#4	Wittenberg	8.18	12/4
7		Julia DICKMAN	JR	#5	Ohio Wesleyan	8.20	2/5
8		Eva MARTINO	SO	#7	Allegheny (Pa.)	8.22	2/18
9		Charlotte BORLAND	SR	#2	DePauw	8.23	2/4
10		Maya VASTA	SR	#3	Wooster	8.26	2/5

Women's 60 Meter Hurdles

1	22	Clare TIEDEMANN	SR	#1	Oberlin	9.01	2/19
2	29	Erin PASCH	SR	#2	DePauw	9.07	2/12
3	47	Chilly WALLACE	JR	#1	Oberlin	9.23	2/12
4	67	Daysia HARGRAVE	FR	#3	Wooster	9.32	2/12
5	73	Reese NEUMEYER	FR	#4	Wittenberg	9.34	12/4
6	88	Caliyah BENNETT	SO	#6	Denison	9.40	2/19
7		Zoe PRICE	JR	#5	Ohio Wesleyan	9.46	12/4
8		Grace NEUGER	FR	#8	Kenyon	9.79	12/4
9		Melina MANGINO	JR	#7	Allegheny (Pa.)	9.84	2/19
10		Aliisa JAMES	FR	#5	Ohio Wesleyan	9.86	1/14

Women's 200 Meters

1		Erin PASCH	SR	#2	DePauw	26.79 f	2/4
2		Clare TIEDEMANN	SR	#1	Oberlin	26.89 f	2/4
2		Anaya JOLIVETTE	FR	#6	Denison	26.89c (26.48OT)	2/19
4		Maya VASTA	SR	#3	Wooster	27.00 f	2/12
4		Lindsey MAGOTEAUX	FR	#4	Wittenberg	27.00 f	1/22
6		Mihaela TOADER	JR	#7	Allegheny (Pa.)	27.30 f	2/19
7		Zoe PRICE	JR	#5	Ohio Wesleyan	27.43c (27.01OT)	2/19
8		Meghan FRAZIER	FR	#4	Wittenberg	27.51c (27.09OT)	12/4
8		Annalise GRAMMEL	SO	#2	DePauw	27.51 f	2/12
10		Seelye STOFFREGEN	JR	#2	DePauw	27.54 f	2/12

Women's 400 Meters

1	97	Erin PASCH	SR	#2	DePauw	1:00.36 f	1/21
2		Annalise GRAMMEL	SO	#2	DePauw	1:01.37 f	2/12
3		Erin ANDERSON	JR	#6	Denison	1:01.39 f	2/12
4		Clare TIEDEMANN	SR	#1	Oberlin	1:01.61 f	1/29
5		Meghan FRAZIER	FR	#4	Wittenberg	1:02.41c (1:01.59OT)	2/19
6		Seelye STOFFREGEN	JR	#2	DePauw	1:02.87c (1:02.04OT)	2/19
7		Kyngston COLLINS	FR	#4	Wittenberg	1:03.16c (1:02.33OT)	1/29
8		Mihaela TOADER	JR	#7	Allegheny (Pa.)	1:03.24c (1:02.41OT)	1/29
9		Emma ANDERSON	JR	#7	Allegheny (Pa.)	1:03.58c (1:02.74OT)	2/18
10		Lia SADD	FR	#5	Ohio Wesleyan	1:03.83c (1:02.99OT)	12/4

Women's 800 Meters

1	85	Sage REDDISH	FR	#1	Oberlin	2:21.60 f	2/12
2		Athena THARENOS	SO	#3	Wooster	2:22.40 f	2/18
3		Annalise GRAMMEL	SO	#2	DePauw	2:22.73c (2:21.10OT)	2/19
4		Erin ANDERSON	JR	#6	Denison	2:24.70c (2:23.05OT)	2/19
5		Erin PASCH	SR	#2	DePauw	2:24.95 f	2/19
6		Clare TIEDEMANN	SR	#1	Oberlin	2:25.43 f	2/19
7		Celia COCCA	FR	#7	Allegheny (Pa.)	2:26.93c (2:25.26OT)	1/29
8		Nelly STAFFORD	FR	#7	Allegheny (Pa.)	2:27.03c (2:25.35OT)	1/29
9		Davida HARRIS	JR	#8	Kenyon	2:27.35 f	2/12
10		Emma JACOBS	FR	#2	DePauw	2:27.37 f	2/12

Women's Mile

1		Dylan KRETCHMAR	FR	#3	Wooster	5:18.09 f	1/27
2		Phoebe VON CONTA	SR	#1	Oberlin	5:18.19 f	2/4
3		Anna SCOTT	SR	#1	Oberlin	5:18.44 f	2/12
4		Rachel DELANCEY	JR	#2	DePauw	5:20.09c (5:16.95OT)	2/19
5		Athena THARENOS	SO	#3	Wooster	5:21.02 f	1/27
6		Sophie PORTER	FR	#2	DePauw	5:23.86 f	2/12
7		Isabelle HOOVER	JR	#3	Wooster	5:24.96 f	1/27
8		Meredith SIERPINA	SO	#2	DePauw	5:25.24 f	2/12
9		Megan AARON	JR	#7	Allegheny (Pa.)	5:26.25 f	2/11
10		Nelly STAFFORD	FR	#7	Allegheny (Pa.)	5:27.65 f	2/11

Women's 3000 Meters

1	96	Isabelle HOOVER	JR	#3	Wooster	10:28.78 f	1/22
2		Phoebe VON CONTA	SR	#1	Oberlin	10:30.20 f	2/12
3		Meredith SIERPINA	SO	#2	DePauw	10:37.76c(10:32.32O)	2/19
4		Emma BECKER	JR	#8	Kenyon	10:41.50 f	2/12
5		Dylan KRETCHMAR	FR	#3	Wooster	10:48.36 f	2/18
6		Alice RILEY	SO	#8	Kenyon	10:49.50 f	2/12
7		Anna SCOTT	SR	#1	Oberlin	10:49.92 f	2/4
8		Megan KEYS	FR	#4	Wittenberg	10:50.07c(10:44.52O)	12/4
9		Megan AARON	JR	#7	Allegheny (Pa.)	10:55.22c(10:49.63O)	1/29
10		Lauren WELKER	JR	#4	Wittenberg	10:55.93c(10:50.33O)	12/4

Women's 5000 Meters

1		Corin TURKOVICH	FR	#4	Wittenberg	18:49.10 f	2/12
2		Ella WILSON	SO	#8	Kenyon	19:06.29 f	2/12
3		Megan KEYS	FR	#4	Wittenberg	19:20.33c(19:11.46O)	1/29
4		Sunniva SHEFFIELD	SR	#1	Oberlin	19:31.46 f	1/29
5		Elizabeth CANRIGHT	JR	#4	Wittenberg	20:04.65c(19:55.44O)	1/29
6		Caroline ARNDT	SO	#4	Wittenberg	20:15.65c(20:06.36O)	2/19
7		Maddie PERRY	JR	#2	DePauw	20:19.19 f	2/12
8		Jenna HALLETT	FR	#4	Wittenberg	20:50.53c(20:40.97O)	1/29
9		Kiki KROHMER	FR	#4	Wittenberg	20:52.72c(20:43.14O)	2/19
10		Jenna HOTCHKISS	JR	#5	Ohio Wesleyan	20:53.12 f	1/29



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Women's 4x400 Relay

1	71	Grammel, Borland, Stoffregen, Cagan	#2	DePauw	4:15.60 f	2/12
2	75	Tiedemann, Montoye, Reddish, Allen	#1	Oberlin	4:16.04 f	2/12
3	82	Sadd, Elder, McFarland, Dickman	#5	Ohio Wesleyan	4:16.89 f	2/12
4	86	Anderson, Ellerkmann, Gerhardt, Bennett	#6	Denison	4:17.73 f	2/12
5		Vasta, Bloom, Mendez, Tharenos	#3	Wooster	4:20.15 f	2/12
6		Neumeyer, Frazier, Wishman, Collins	#4	Wittenberg	4:23.70 f	2/5
7		Smith, McCarty, Vidal, Virdell	#8	Kenyon	4:23.91 f	2/5
8		Cocca, Anderson, Anderson, Toader	#7	Allegheny (Pa.)	4:33.21 f	2/11

Women's Distance Medley Relay

1	30	Tharenos, Bloom, Mendez, Kretchmar	#3	Wooster	13:03.61 f	1/22
2	37	Khosla, Valentine, Hartsaugh, Welker	#4	Wittenberg	13:18.82 f	2/12
3	50	Renetzky, Gerhardt, Ellerkmann, Bodary	#6	Denison	13:43.69 f	2/12
4	56	Hotchkiss, Calvin, Elder, Montgomery	#5	Ohio Wesleyan	13:52.80 f	2/12
5	90	Walters, Mumford, O'Neill, Crist	#7	Allegheny (Pa.)	15:02.82c (14:53.26) 2/18	

Women's High Jump

1	3	Peyton HOWELL	SO	#5	Ohio Wesleyan	1.71m	5-7½	12/4
2	25	Hannah SCHARTZ	FR	#4	Wittenberg	1.63m	5-4¼	2/12
3	31	Claudia PARTRIDGE	JR	#3	Wooster	1.62m	5-3¾	1/15
3	31	Drew PATTERSON	SO	#3	Wooster	1.62m	5-3¾	1/15
5	39	Hayden HILL	SO	#1	Oberlin	1.61m	5-3¾	12/2
6	49	Sarah WATSON	FR	#5	Ohio Wesleyan	1.60m	5-3	2/5
7	69	Julissa WILLIAMS	FR	#4	Wittenberg	1.58m	5-2¼	12/4
7	69	Erin PASCH	SR	#2	DePauw	1.58m	5-2¼	2/19
9	84	Madison MANNIS	SO	#5	Ohio Wesleyan	1.56m	5-1¼	1/29
10		Aislinn CANNISTRARO	SO	#1	Oberlin	1.55m	5-1	2/18

Women's Pole Vault

1	2	Sarah VOIT	JR	#1	Oberlin	3.90m	12-9½	1/29
2	19	Chase PATTON	JR	#5	Ohio Wesleyan	3.60m	11-9¾	1/29
3	59	Cate GAGNIER	FR	#6	Denison	3.39m	11-1½	2/12
4	70	Morgan KROMER	JR	#3	Wooster	3.35m	10-11¾	2/18
5	91	Annika GREEN	FR	#5	Ohio Wesleyan	3.29m	10-9½	2/12
6		Emma STEMEN	SO	#2	DePauw	3.24m	10-7½	12/4
7		Abbie WADDELL	FR	#5	Ohio Wesleyan	3.20m	10-6	12/4
8		Grace VON SCHELIHA	SR	#3	Wooster	3.05m	10-0	2/18
8		Danielle WYDICK	JR	#6	Denison	3.05m	10-0	1/22
10		Reese NEUMEYER	FR	#4	Wittenberg	2.92m	9-7	1/29

Women's Long Jump

1	41	Malaika DJUNGU-SUNGU	SR	#1	Oberlin	5.41m	17-9	2/12
2	76	Erin PASCH	SR	#2	DePauw	5.31m	17-5¼	2/19
3	99	Daysia HARGRAVE	FR	#3	Wooster	5.24m	17-2¼	2/12
4		Clare TIEDEMANN	SR	#1	Oberlin	5.22m	17-1½	2/12
5		Aesha MOKASHI	SR	#1	Oberlin	5.08m	16-8	12/4
6		Jada KENNERLY	SR	#1	Oberlin	4.95m	16-3	2/12
7		Julissa WILLIAMS	FR	#4	Wittenberg	4.93m	16-2¼	2/19
8		Aliisa JAMES	FR	#5	Ohio Wesleyan	4.92m	16-1¾	1/14
9		Rainer YAEGER	SO	#6	Denison	4.89m	16-½	12/4
10		Charlotte BORLAND	SR	#2	DePauw	4.88m	16-¼	2/4

Women's Triple Jump

1	20	Malaika DJUNGU-SUNGU	SR	#1	Oberlin	11.51m	37-9¼	2/12
2	51	Paula SORIC	FR	#8	Kenyon	11.13m	36-6¼	1/22
3	77	Chilly WALLACE	JR	#1	Oberlin	10.89m	35-8¾	2/4
4		Aesha MOKASHI	SR	#1	Oberlin	10.65m	34-11¼	2/12
5		Rainer YAEGER	SO	#6	Denison	10.41m	34-2	2/5
6		Drew PATTERSON	SO	#3	Wooster	10.40m	34-1½	2/5
7		Mihaela TOADER	JR	#7	Allegheny (Pa.)	10.12m	33-2½	2/11
8		Taylor WEISS	FR	#4	Wittenberg	9.67m	31-8¾	1/29
9		Ireland NOWAK	FR	#5	Ohio Wesleyan	9.64m	31-7½	1/14
10		Nina HOYT	SO	#1	Oberlin	9.52m	31-2¾	2/18

Women's Shot Put

1	32	Ari MCPHETERS	SR	#5	Ohio Wesleyan	12.92m	42-4¾	2/12
2	47	Leah ACKERMAN	SR	#6	Denison	12.51m	41-½	12/4
3	52	Bree MAHONEY-SUTHERLAND	FR	#2	DePauw	12.45m	40-10¼	2/12
4	60	Abby CANNON	SO	#1	Oberlin	12.37m	40-7	2/12
5		Emma MILLER	FR	#7	Allegheny (Pa.)	11.77m	38-7½	12/4
6		Erin PASCH	SR	#2	DePauw	11.49m	37-8½	12/2
7		Lyida GIANNINI	JR	#7	Allegheny (Pa.)	11.36m	37-3¼	2/4
8		Laila DAVIS	FR	#7	Allegheny (Pa.)	11.22m	36-9¾	12/4
9		Kylee SILVERMAN	SO	#6	Denison	11.13m	36-6¼	2/5
10		Tamara DZOLIC	JR	#6	Denison	10.75m	35-3¼	2/19

Women's Weight Throw

1	7	Iyanna LEWIS	JR	#1	Oberlin	17.57m	57-7¾	2/4
2	23	Abby CANNON	SO	#1	Oberlin	16.26m	53-4¼	12/10
3	49	Khloe DUBENION	JR	#5	Ohio Wesleyan	15.57m	51-1	2/12
4	65	Lyida GIANNINI	JR	#7	Allegheny (Pa.)	15.20m	49-10½	2/11
5	75	Leah ACKERMAN	SR	#6	Denison	15.01m	49-3	2/5
6	94	Ari MCPHETERS	SR	#5	Ohio Wesleyan	14.70m	48-2¾	2/19
7		Kylee SILVERMAN	SO	#6	Denison	14.13m	46-4¼	2/5
8		Tamara DZOLIC	JR	#6	Denison	13.95m	45-9¼	2/12
9		Natalie TANNER	FR	#3	Wooster	13.72m	45-¼	2/5
10		Victoria BLAIR	SR	#1	Oberlin	13.65m	44-9½	2/11



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Women's Pentathlon

1	3	Erin PASCH	SR	#2	DePauw	3,578	2/19
2	12	Clare TIEDEMANN	SR	#1	Oberlin	3,157	2/19
3	27	Daysia HARGRAVE	FR	#3	Wooster	2,924	2/19
4	53	Hayden HILL	SO	#1	Oberlin	2,659	2/19
5	54	Claudia PARTRIDGE	JR	#3	Wooster	2,655	2/19
6	67	Aliisa JAMES	FR	#5	Ohio Wesleyan	2,556	2/19
7	68	Aimee WATTS	SO	#1	Oberlin	2,550	2/19
8	75	Maya VASTA	SR	#3	Wooster	2,496	2/19
9	76	Ireland NOWAK	FR	#5	Ohio Wesleyan	2,494	2/19
10	96	Erica CONANT	SO	#8	Kenyon	2,311	2/19



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NJAC

Women's 60 Meters

1	36	Promise FADAHUNSI	SO	#2	Rowan	7.85	12/4
2	70	Rebecca KNEPPEL	FR	#4	Ramapo	7.94	2/11
3		Zrreyah MOORE	JR	#5	Rutgers-Newark	8.02	2/11
4		Valandra RIGGINS	SO	#1	TCNJ	8.04	2/11
5		Megan GASNICK	JR	#1	TCNJ	8.05	1/28
6		Maria GRILL	JR	#1	TCNJ	8.06	12/4
7		Molly LODGE	FR	#2	Rowan	8.10	1/21
8		Meredith YASKOVIC	FR	#4	Ramapo	8.14	2/11
9		Amanda DEMKO	FR	#1	TCNJ	8.15	2/4
10		Ashanae MORRISON	FR	#3	Stockton	8.16	1/21

Women's 60 Meter Hurdles

1	18	Delilah CRUZ	SO	#4	Ramapo	8.94	2/4
2	36	Nicole NOTARANNI	JR	#2	Rowan	9.15	2/11
3	43	Eliza BRUNCAJ	FR	#1	TCNJ	9.21	2/4
4	79	Victoria PURRITANO	SO	#1	TCNJ	9.37	12/4
5		Kaela EDWARDS	FR	#1	TCNJ	9.46	1/22
6		Molly LODGE	FR	#2	Rowan	9.47	2/5
7		Pearl OPAREBEA	SR	#5	Rutgers-Newark	10.00	12/3
8		Gloria HUGHES	FR	#2	Rowan	10.11	1/28
8		Susann FOLEY	JR	#3	Stockton	10.11	12/10
8		Funmilayo AKA-BASHORUN	JR	#3	Stockton	10.11	2/11

Women's 200 Meters

1	27	Maria GRILL	JR	#1	TCNJ	25.76c	(25.36b)	2/11
2	28	Megan GASNICK	JR	#1	TCNJ	25.78 f		1/22
3	79	Molly LODGE	FR	#2	Rowan	26.37 f		2/5
4	85	Promise FADAHUNSI	SO	#2	Rowan	26.40c	(25.99b)	2/11
5	88	Amanda DEMKO	FR	#1	TCNJ	26.41c	(26.00b)	1/28
6		Meredith YASKOVIC	FR	#4	Ramapo	26.60c	(26.19b)	2/11
7		Zrreyah MOORE	JR	#5	Rutgers-Newark	26.69 f		2/5
8		Ashlyn MACLURE	JR	#1	TCNJ	26.72c	(26.31b)	2/11
9		Chidimma IGWE	SO	#5	Rutgers-Newark	26.74 f		2/19
10		Valandra RIGGINS	SO	#1	TCNJ	26.89c	(26.48b)	2/11

Women's 400 Meters

1	18	Megan GASNICK	JR	#1	TCNJ	58.08c	(57.31b)	1/15
2	24	Amanda DEMKO	FR	#1	TCNJ	58.76c	(57.98b)	2/11
3	45	Maria GRILL	JR	#1	TCNJ	59.34c	(58.56b)	2/4
4	82	Valandra RIGGINS	SO	#1	TCNJ	1:00.10c	(59.31b)	2/4
5	84	Allison UHL	JR	#1	TCNJ	1:00.13c	(59.34b)	1/28
6		Nevaeh LORJUSTE	FR	#2	Rowan	1:00.75c	(59.95b)	1/21
7		Chidimma IGWE	SO	#5	Rutgers-Newark	1:00.76c	(59.96b)	1/21
8		Amanthy SOSA CACERE	SO	#2	Rowan	1:00.93c	(1:00.13b)	2/11
9		Molly LODGE	FR	#2	Rowan	1:01.30c	(1:00.49b)	1/28
10		Zrreyah MOORE	JR	#5	Rutgers-Newark	1:01.56 f		2/5

Women's 800 Meters

1	11	Allison UHL	JR	#1	TCNJ	2:13.81c	(2:12.28b)	2/11
2	56	Tatyana GIBSON	FR	#7	Penn State Harris	2:20.11 f		2/11
3		Gayathri NARYANAN	FR	#5	Rutgers-Newark	2:23.75 f		2/5
4		Erin HANLON	FR	#1	TCNJ	2:25.79c	(2:24.13b)	2/4
5		Salini IYER	FR	#1	TCNJ	2:27.42c	(2:25.74b)	2/4
6		Sha'Lynn CLARKE	SO	#2	Rowan	2:27.64c	(2:25.96b)	2/11
7		Robin COLLURA	FR	#2	Rowan	2:27.93 f		2/5
8		Abigail WEBB	FR	#3	Stockton	2:28.45c	(2:26.76b)	12/3
9		Sameerah KHAN	SO	#1	TCNJ	2:28.91c	(2:27.21b)	2/11
10		Sarah TUOHY	FR	#1	TCNJ	2:29.12 f		2/11

Women's Mile

1		Jessie KLENK	JR	#3	Stockton	5:22.61c	(5:19.44b)	1/21
2		Salini IYER	FR	#1	TCNJ	5:24.80c	(5:21.61b)	1/28
3		Jazzlyn DIAZ	JR	#1	TCNJ	5:28.12c	(5:24.90b)	2/4
4		Marlee THARP	FR	#3	Stockton	5:32.43c	(5:29.17b)	2/11
5		Olivia HARRIS	SO	#3	Stockton	5:32.85c	(5:29.58b)	2/11
6		Kelsey KOBUS	JR	#1	TCNJ	5:36.13c	(5:32.83b)	1/15
7		Madison EDWARDS	JR	#2	Rowan	5:39.96 f		12/4
8		Suzanne ZAUGG	SO	#4	Ramapo	5:41.22c	(5:37.87b)	1/28
9		Zoey CASSAVELL	FR	#4	Ramapo	5:43.48c	(5:40.11b)	2/11
10		Tatyana GIBSON	FR	#7	Penn State Harris	5:44.40 f		12/4

Women's 3000 Meters

1		Cassidy QUINN	FR	#1	TCNJ	10:51.10 f		2/11
2		Samantha AROMIN	FR	#7	Penn State Harris	10:54.21 f		2/11
3		Salini IYER	FR	#1	TCNJ	10:59.25 f		1/22
4		Kelsey KOBUS	JR	#1	TCNJ	11:03.08 f		1/22
5		Jazzlyn DIAZ	JR	#1	TCNJ	11:03.20c	(10:57.54b)	1/28
6		Nicole FENSKE	JR	#1	TCNJ	11:04.14 f		2/11
7		Lyndsay BOYD	JR	#2	Rowan	11:04.23c	(10:58.56b)	2/11
8		Kiersten CLEM	FR	#3	Stockton	11:06.55c	(11:00.86b)	2/11
9		Olivia HARRIS	SO	#3	Stockton	11:16.64c	(11:10.87b)	12/3
10		Julianne FERRARO	FR	#2	Rowan	11:17.82c	(11:12.04b)	2/11

Women's 5000 Meters

1		Samantha AROMIN	FR	#7	Penn State Harris	19:00.25c	(18:51.53b)	1/28
2		Lyndsay BOYD	JR	#2	Rowan	19:14.33 f		2/5
3		Riley STELLITANO	FR	#1	TCNJ	19:42.17 f		1/22
4		Jenna PRIORE	JR	#1	TCNJ	19:42.95 f		2/5
5		Nicole FENSKE	JR	#1	TCNJ	20:03.19c	(19:53.99b)	1/28
6		Cameron WRIGHT	FR	#2	Rowan	20:03.56 f		2/5
7		Zoey CASSAVELL	FR	#4	Ramapo	20:33.34c	(20:23.91b)	12/4
8		Elizabeth ASKIN	SO	#1	TCNJ	20:42.39c	(20:32.89b)	1/28
9		Brittany SCHOFIELD	JR	#1	TCNJ	20:55.30 f		2/5
10		Tara DONOGHUE	JR	#1	TCNJ	20:59.27 f		2/5



Conference TFRI Event Summary

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NJAC

Women's 4x400 Relay

1	13	Demko, Bruncaj, Riggins, Grill	#1 TCNJ	3:59.69c (3:56.54b)	2/11
2	26	Lodge, Sosa Cacere, Clarke, Lorjuste	#2 Rowan	4:04.97c (4:01.75b)	1/28
3	99	Maldonado, Washington, Barkley, O'Donnell	#3 Stockton	4:19.47c (4:16.06b)	2/11
4		Igwe, Moore, Naryanan, Oparebea	#5 Rutgers-Newark	4:22.29 f	2/5
5		Ewing, Yaskovic, Zaugg, Ayoub	#4 Ramapo	4:27.30c (4:23.79b)	2/4
6		Albright, Senatus, Ramos, Tarangelo	Montclair State	4:36.48c (4:32.85b)	1/21
7		Beckles, Aromin, May, Gibson	#7 Penn State Harris	4:42.99 f	12/4
8		Slater, Alexander, Kustera, Beck	#6 Rutgers-Camden	5:03.94c (4:59.95b)	2/11

Women's Distance Medley Relay

1	74	Tool, Amicare, Collura, Sasse	#2 Rowan	14:22.35c (14:13.22b)	1/21
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Women's High Jump

1	49	Susann FOLEY	JR #3 Stockton	1.60m 5-3	12/10
2	84	Kayley HARNETT	SO #1 TCNJ	1.56m 5-1¼	1/15
3		Abigail PFAFF	FR #1 TCNJ	1.55m 5-1	2/4
3		Eliza BRUNCAJ	FR #1 TCNJ	1.55m 5-1	2/4
3		Kaitlyn VERVER	FR #3 Stockton	1.55m 5-1	12/10
6		Meghan MACALUSO	SO #1 TCNJ	1.51m 4-11½	12/12
7		Sofia WATSON	FR #2 Rowan	1.50m 4-11	12/4
8		Molly LODGE	FR #2 Rowan	1.45m 4-9	1/21
8		Gloria HUGHES	FR #2 Rowan	1.45m 4-9	1/21
8		Sarah SIMEUS	FR #1 TCNJ	1.45m 4-9	2/11

Women's Pole Vault

1	28	Lauren PRESTON	SR #3 Stockton	3.55m 11-7¾	12/10
2	34	Nicole LESTER	JR #1 TCNJ	3.50m 11-5¾	2/11
3	70	Jeanmarie HARVEY	JR #3 Stockton	3.35m 10-11¾	12/3
4		kate APPLEBY-WINEBERG	SO #2 Rowan	3.05m 10-0	12/4
4		Julia DAKWAR	SO #1 TCNJ	3.05m 10-0	1/22
6		Madison FEY	FR #3 Stockton	2.90m 9-6¼	12/3
7		Afreen SATARAWALLA	SO #1 TCNJ	2.75m 9-¼	1/22
8		Alaysia COURSEY	FR #2 Rowan	2.40m 7-10½	2/5

Women's Long Jump

1		Promise FADAHUNSI	SO #2 Rowan	5.16m 16-11¼	1/28
2		Karla GOMEZ-MATOS	SO #1 TCNJ	5.11m 16-9¼	2/11
3		Polina AGUTINA	SO #8 New Jersey City	5.09m 16-8½	2/4
4		Sidney WHETSTONE	FR Montclair State	4.98m 16-4¼	2/11
5		Khristina WASHINGTON	FR #3 Stockton	4.92m 16-1¾	2/11
6		Eliza BRUNCAJ	FR #1 TCNJ	4.89m 16-½	1/22
7		Ashanae MORRISON	FR #3 Stockton	4.83m 15-10¼	2/11
8		Camila KREJPOWICZ	FR #4 Ramapo	4.79m 15-8¾	2/11
9		Sophia GRESHAM	SO #2 Rowan	4.78m 15-8¼	2/11
10		Nofisat AINA	FR #7 Penn State Harris	4.76m 15-7½	12/4

Women's Triple Jump

1	54	Camila KREJPOWICZ	FR #4 Ramapo	11.11m 36-5½	2/11
2	98	Ashanae MORRISON	FR #3 Stockton	10.78m 35-4½	12/3
3		Polina AGUTINA	SO #8 New Jersey City	10.73m 35-2½	2/4
4		Zoe IOVINO	SO #1 TCNJ	10.60m 34-9½	12/4
5		Sofia WATSON	FR #2 Rowan	10.39m 34-1¼	12/4
6		Eliza BRUNCAJ	FR #1 TCNJ	10.37m 34-¼	2/11
7		Khristina WASHINGTON	FR #3 Stockton	9.98m 32-9	12/3
8		Meredith O'DONNELL	FR #3 Stockton	9.97m 32-8½	1/21
9		Barbara EXILUS	FR #4 Ramapo	9.95m 32-7¾	12/4
10		Mia PEGUERO	SO Montclair State	9.88m 32-5	2/11

Women's Shot Put

1	35	Emily HILT	SR #6 Rutgers-Camden	12.85m 42-2	12/10
2	56	Makayla TAYLOR	SO #2 Rowan	12.41m 40-8¾	2/5
3	76	oghenefejiro AKIRI	SO #5 Rutgers-Newark	12.19m 40-0	2/11
4	94	Shahyan ABRAHAM	FR #3 Stockton	12.03m 39-5¾	2/11
5		Edith GONZALEZ	SO #1 TCNJ	11.60m 38-¾	2/5
6		Shanil AUGUSTE	SO #5 Rutgers-Newark	11.49m 37-8½	2/11
7		Alexis MARINI	SO #6 Rutgers-Camden	11.30m 37-1	2/11
8		Kerri MCCARTHY	FR #1 TCNJ	10.90m 35-9¼	2/5
9		Ariel NYAMEKYE	FR #4 Ramapo	10.54m 34-7	2/11
10		Quamora PROCTOR	FR #3 Stockton	10.42m 34-2¼	12/10

Women's Weight Throw

1	45	Makayla TAYLOR	SO #2 Rowan	15.66m 51-4½	12/4
2	51	Olivia SCATTERGOOD	JR #2 Rowan	15.54m 51-0	1/28
3	72	Emily HILT	SR #6 Rutgers-Camden	15.10m 49-6½	2/5
4		Jessica REILLY	FR #1 TCNJ	14.10m 46-3¾	12/4
5		Emily DISZLER	FR #1 TCNJ	13.21m 43-4¼	2/11
6		Isabella FREDA	FR #3 Stockton	12.99m 42-7½	2/11
7		Jean WALTER	JR #1 TCNJ	12.97m 42-6¾	2/11
8		oghenefejiro AKIRI	SO #5 Rutgers-Newark	12.39m 40-7¾	2/11
9		Kerri MCCARTHY	FR #1 TCNJ	12.32m 40-5	2/11
10		Shanil AUGUSTE	SO #5 Rutgers-Newark	12.12m 39-9¼	12/3

Women's Pentathlon

1		Lizette ABAH	SO #6 Rutgers-Camden	850	2/5
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Conference TFRI Event Summary

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OAC

Women's 60 Meters

1	6	Kenadee WAYT	SO	#1	Mount Union	7.67	2/12
2	30	Gracie DENNISON	JR	#5	Otterbein	7.84	2/12
3	49	Lucia CANNATA	JR	#2	John Carroll	7.89	1/22
4	53	Taylor ANTHONY	SO	#2	John Carroll	7.90	1/22
4	53	Kayla SILVA	SR	#3	Ohio Northern	7.90	1/29
6	70	Lauren RONCONE	FR	#1	Mount Union	7.94	2/12
7	90	Lydia BAUMGARTNER	SO	#5	Otterbein	7.97	2/12
8	94	Genevieve ARNOLD	FR	#2	John Carroll	7.98	1/22
9		Carlie PRATT	SO	#1	Mount Union	8.01	2/12
10		Nevaeh LEWIS	FR	#1	Mount Union	8.02	2/12

Women's 60 Meter Hurdles

1	10	Gracie DENNISON	JR	#5	Otterbein	8.85	2/12
2	34	Genevieve ARNOLD	FR	#2	John Carroll	9.14	2/12
3	43	Kennady GIBBINS	JR	#1	Mount Union	9.21	2/5
4	47	Michaelina TERRANOVA	JR	#1	Mount Union	9.23	2/12
5	79	Alexis STARNER	SO	#3	Ohio Northern	9.37	2/12
6	88	Natasha ZAHURSKY	FR	#1	Mount Union	9.40	2/12
7		Megan CAREY	JR	#5	Otterbein	9.44	2/19
8		Lexi WACHTMAN	FR	#8	Heidelberg	9.53	2/12
9		Olivia BEAN	JR	#8	Heidelberg	9.59	12/10
10		McKenzie CHINE	FR	#1	Mount Union	9.64	2/5

Women's 200 Meters

1	10	Kenadee WAYT	SO	#1	Mount Union	25.47 f	2/12
2	41	Lucia CANNATA	JR	#2	John Carroll	26.04 f	2/12
3	44	Kennady GIBBINS	JR	#1	Mount Union	26.10c (25.70OT)	1/21
4	83	Lydia BAUMGARTNER	SO	#5	Otterbein	26.39 f	2/12
5	91	Gracie DENNISON	JR	#5	Otterbein	26.44 f	1/15
6		Micah DONLEY	JR	#1	Mount Union	26.50 f	2/12
7		Kayla SILVA	SR	#3	Ohio Northern	26.54 f	1/29
8		Cortni ARP	SR	#1	Mount Union	26.74 f	2/19
9		Danaysha MAUZY	FR	#1	Mount Union	26.75 f	2/19
10		Nevaeh LEWIS	FR	#1	Mount Union	26.80 f	2/12
10		Lily BOGUNOVICH	JR	#1	Mount Union	26.80 f	2/5

Women's 400 Meters

1	17	Kenadee WAYT	SO	#1	Mount Union	58.04c (57.27OT)	1/29
2	89	Lucia CANNATA	JR	#2	John Carroll	1:00.24c (59.45OT)	12/10
3		Abby COLLIER	FR	#4	Baldwin Wallace	1:00.48 f	2/18
4		Mary MASON	FR	#1	Mount Union	1:00.70 f	2/18
5		Micah DONLEY	JR	#1	Mount Union	1:00.99c (1:00.19OT)	1/29
6		Claire EBERHARDT	FR	#2	John Carroll	1:01.02 f	1/29
7		Lily BOGUNOVICH	JR	#1	Mount Union	1:01.26 f	2/12
8		Cortni ARP	SR	#1	Mount Union	1:01.78 f	2/12
9		Olivia POWERS	JR	#1	Mount Union	1:01.99 f	2/12
10		Hope MURPHY	FR	#4	Baldwin Wallace	1:02.09 f	2/4

Women's 800 Meters

1	45	Hope MURPHY	FR	#4	Baldwin Wallace	2:19.02 f	2/12
2	50	Mary MASON	FR	#1	Mount Union	2:19.40 f	12/4
3	61	Claire EBERHARDT	FR	#2	John Carroll	2:20.58c (2:18.98f)	2/4
4	71	Megan WERTZ	FR	#1	Mount Union	2:21.00 f	2/12
5		Cassidy SHAVER	FR	#5	Otterbein	2:24.10 f	2/12
6		Katy FELLESTEIN	SO	#2	John Carroll	2:24.39 f	1/29
7		Alyssa LAUGHNER	JR	#4	Baldwin Wallace	2:24.68 f	2/4
8		Lexi NEFF	JR	#3	Ohio Northern	2:25.13 f	2/4
9		Olyvia ASHBROOK	FR	#3	Ohio Northern	2:26.16 f	2/12
10		Taylor ELLERBROCK	SR	#3	Ohio Northern	2:26.44 f	1/29

Women's Mile

1	9	Hope MURPHY	FR	#4	Baldwin Wallace	4:57.05 f	2/18
2	20	Alyssa LAUGHNER	JR	#4	Baldwin Wallace	5:04.17 f	2/4
3	34	Brittany MCCAULEY	SR	#1	Mount Union	5:06.10c (5:03.10OT)	1/29
4	82	Sydney JENKO	SO	#2	John Carroll	5:13.23 f	1/22
5	98	Cameron BUJAUCIUS	JR	#2	John Carroll	5:15.14 f	1/22
6		Angela DEFABIO	FR	#1	Mount Union	5:16.76 f	2/12
7		Tessa PITCOVICH	SR	#3	Ohio Northern	5:17.35 f	1/29
8		Erica ESPER	FR	#2	John Carroll	5:17.44 f	1/22
9		Rory VIGRASS	JR	#2	John Carroll	5:18.53 f	1/22
10		Taylor ELLERBROCK	SR	#3	Ohio Northern	5:19.45 f	2/4

Women's 3000 Meters

1	18	Sydney JENKO	SO	#2	John Carroll	10:00.97 f	1/29
2	22	Brittany MCCAULEY	SR	#1	Mount Union	10:02.27 f	2/12
3	32	Alyssa LAUGHNER	JR	#4	Baldwin Wallace	10:10.72 f	1/29
4	80	Cameron BUJAUCIUS	JR	#2	John Carroll	10:25.84 f	1/29
5		Tessa PITCOVICH	SR	#3	Ohio Northern	10:30.60 f	1/22
6		Rory VIGRASS	JR	#2	John Carroll	10:30.67 f	1/29
7		Erica ESPER	FR	#2	John Carroll	10:31.48c (10:26.09f)	2/4
8		Ciara SPACE	FR	#6	Marietta	10:44.04 f	2/12
9		Maira ANDERSON	JR	#2	John Carroll	10:44.27c (10:38.77f)	2/4
10		Taylor ELLERBROCK	SR	#3	Ohio Northern	10:44.97 f	1/22

Women's 5000 Meters

1	19	Cameron BUJAUCIUS	JR	#2	John Carroll	17:36.13c (17:28.06O)	2/11
2	36	Alyssa LAUGHNER	JR	#4	Baldwin Wallace	17:53.22 f	2/11
3	38	Tessa PITCOVICH	SR	#3	Ohio Northern	17:54.51c (17:46.30O)	2/11
4	39	Sydney JENKO	SO	#2	John Carroll	17:54.59c (17:46.37O)	2/11
5	51	Erica ESPER	FR	#2	John Carroll	18:03.84c (17:55.55O)	2/11
6		Marie PINZONE	FR	#2	John Carroll	18:47.08c (18:38.46f)	2/4
7		Rue WHITMORE	SR	#3	Ohio Northern	18:49.64 f	2/12
8		Jennifer MASSUCCI	SO	#2	John Carroll	18:50.07c (18:41.43f)	2/4
9		Adriana RUSSELL	FR	#1	Mount Union	18:50.28 f	2/5
10		Milena WAHL	JR	#7	Wilmington (Ohio)	18:52.98c (18:44.32O)	1/29



Conference TFRI Event Summary

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OAC

Women's 4x400 Relay

1	10	Gibbins, Donley, Mason, Wayt	#1	Mount Union	3:57.86c (3:54.73OT)	1/29
2	37	Cannata, Hale, Arnold, Eberhardt	#2	John Carroll	4:07.53 f	2/18
3	64	Shaver, Gifford, Caldwell, Baumgartner	#5	Otterbein	4:14.27 f	2/12
4	68	Ashbrook, Neff, Herron, Ellerbrock	#3	Ohio Northern	4:15.13 f	1/29
5	78	Collier, Voytek, Varga, Murphy	#4	Baldwin Wallace	4:16.42 f	2/12
6		Daley, Agbor- Nkongho, Bauer, Humes	#10	Capital	4:28.58 f	1/15
7		Sutherland, Abbitt, Beach, Fountain	#8	Heidelberg	4:41.47 f	1/15
8		Grinnell, Deiotte, Neville, Stroud	#9	Muskingum	5:04.27 f	1/22

Women's Distance Medley Relay

1	12	Wertz, Wayt, Mason, McCauley	#1	Mount Union	12:28.55c (12:20.62O)	2/4
2	49	Gluchowski, Schafer, Rhodes, Wahl	#7	Wilmington (Ohio)	13:39.74 f	2/12
3	92	Boone, Fehrman, Moran, Rogers	#6	Marietta	15:04.44 f	1/14

Women's High Jump

1	8	Kennady GIBBINS	JR	#1	Mount Union	1.69m	5-6½	2/12
2	31	Emma KLOSTERMAN	FR	#5	Otterbein	1.62m	5-3¾	12/2
3	69	Toria INGALLS	FR	#3	Ohio Northern	1.58m	5-2¼	1/21
4		Michaela BRYAN	FR	#2	John Carroll	1.54m	5-½	1/22
5		Gloria JURCISEK	FR	#4	Baldwin Wallace	1.53m	5-¼	1/29
5		Spencer NEVILLE	SR	#9	Muskingum	1.53m	5-¼	1/29
7		Natasha ZAHURSKY	FR	#1	Mount Union	1.50m	4-11	2/12
8		Amanda RADKE	FR	#5	Otterbein	1.47m	4-9¾	1/29
9		Sarah SHREFFLER	SO	#2	John Carroll	1.46m	4-9½	2/18
10		Elizabeth CLEMENTE	FR	#2	John Carroll	1.45m	4-9	2/11

Women's Pole Vault

1	15	Anna SCHATZLE	JR	#3	Ohio Northern	3.69m	12-1¼	2/19
2	39	Emily PHILLIPS	JR	#1	Mount Union	3.49m	11-5¼	2/12
3	44	Caroline BEERY	FR	#2	John Carroll	3.45m	11-3¾	12/4
4	62	Bri AVENI	JR	#1	Mount Union	3.37m	11-¾	12/4
5	64	Alison LOASE	SO	#6	Marietta	3.36m	11-¼	2/5
6	70	Olivia OGG	SO	#3	Ohio Northern	3.35m	10-11¾	1/21
7	85	Mackenzie TUBAUGH	SO	#1	Mount Union	3.32m	10-10¾	1/29
8	91	Cienna KUHN	SO	#3	Ohio Northern	3.29m	10-9½	2/12
9		Meredith GLAVACH	FR	#2	John Carroll	3.15m	10-4	1/29
10		Lauren PHILIPS	FR	#1	Mount Union	3.06m	10-½	2/5
10		Alexis PENNELL	SO	#6	Marietta	3.06m	10-½	2/5

Women's Long Jump

1	10	Genevieve ARNOLD	FR	#2	John Carroll	5.68m	18-7¾	12/10
2	11	Kennady GIBBINS	JR	#1	Mount Union	5.66m	18-7	1/21
3	20	Lauren RONCONE	FR	#1	Mount Union	5.58m	18-3¾	12/4
4	52	Ariana COLEMAN	JR	#8	Heidelberg	5.39m	17-8¼	2/19
5	61	Olivia BEAN	JR	#8	Heidelberg	5.36m	17-7	2/19
6	94	Emma KLOSTERMAN	FR	#5	Otterbein	5.25m	17-2¾	2/12
7		Madison DIETZ	SR	#7	Wilmington (Ohio)	5.23m	17-2	1/29
8		Lexi WACHTMAN	FR	#8	Heidelberg	5.14m	16-10½	1/29
9		Kayla SILVA	SR	#3	Ohio Northern	5.06m	16-7¼	1/29
10		Chloe GIBSON	FR	#3	Ohio Northern	5.04m	16-6½	2/4

Women's Triple Jump

1	24	Genevieve ARNOLD	FR	#2	John Carroll	11.44m	37-6½	2/19
2	76	Audrey BISHOP	JR	#1	Mount Union	10.90m	35-9¼	1/21
3		Tori MILLER	FR	#2	John Carroll	10.58m	34-8½	2/4
4		Chloe GIBSON	FR	#3	Ohio Northern	10.49m	34-5	2/19
5		Madison DIETZ	SR	#7	Wilmington (Ohio)	10.17m	33-4½	12/4
6		Mackenzie DETMER	SR	#3	Ohio Northern	10.01m	32-10¼	2/12
7		Riley BARRINGTON	FR	#3	Ohio Northern	9.95m	32-7¾	2/19
8		Emma KLOSTERMAN	FR	#5	Otterbein	9.86m	32-4¼	1/29
9		Naomi POKRZYWA	FR	#1	Mount Union	9.84m	32-3½	12/4
10		Olivia STEFKA	FR	#2	John Carroll	9.49m	31-1¾	2/18

Women's Shot Put

1	39	Annie PRIEST	JR	#6	Marietta	12.71m	41-8½	2/5
2	43	Abigail RODRIGUEZ	SO	#4	Baldwin Wallace	12.57m	41-3	2/12
3	57	Kayli SULLIVAN	SR	#7	Wilmington (Ohio)	12.39m	40-7¾	2/19
4	87	Buzz KLINE	FR	#1	Mount Union	12.08m	39-7¾	2/12
5	98	Brooke HUFFMAN	SO	#6	Marietta	12.00m	39-4½	2/12
6		Catherine DIAL	FR	#4	Baldwin Wallace	11.67m	38-3½	2/18
7		Kennady GIBBINS	JR	#1	Mount Union	11.59m	38-¼	12/4
8		Olivia HURTT	JR	#2	John Carroll	11.49m	37-8½	1/29
9		Cameryn WALTERS	FR	#1	Mount Union	11.28m	37-¼	12/4
10		Kelsey DUNN	JR	#2	John Carroll	11.24m	36-10½	2/11
10		Alyssa WILSON	FR	#1	Mount Union	11.24m	36-10½	2/19

Women's Weight Throw

1	20	Annie PRIEST	JR	#6	Marietta	16.42m	53-10½	1/14
2	21	Olivia HURTT	JR	#2	John Carroll	16.31m	53-6¼	2/12
3	28	Kayli SULLIVAN	SR	#7	Wilmington (Ohio)	16.18m	53-1	1/22
4	56	Natalie GARRETT	SO	#3	Ohio Northern	15.39m	50-6	2/19
5	82	Beth SCHULTZ	FR	#4	Baldwin Wallace	14.94m	49-¼	2/18
6	95	Lindsey WRIGHT	FR	#9	Muskingum	14.69m	48-2½	1/14
7		Catherine DIAL	FR	#4	Baldwin Wallace	14.40m	47-3	1/29
8		Brooke HUFFMAN	SO	#6	Marietta	14.34m	47-¾	2/5
9		Kelsey DUNN	JR	#2	John Carroll	14.05m	46-1¼	2/18
10		Alexa POLING	SO	#10	Capital	14.00m	45-11¼	12/3



Conference TFRI Event Summary

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OAC

Women's Pentathlon

1	2	Kennady GIBBINS	JR	#1	Mount Union	3,592	12/4
2	71	Rebecca SANTOM	FR	#1	Mount Union	2,519	12/4
3		Amanda RADKE	FR	#5	Otterbein	2,282	2/12
4		Cali BARNES-PIEROTTI	FR	#6	Marietta	1,726	2/12



Conference TFRI Event Summary

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ODAC

Women's 60 Meters

1	3	Katelyn GAMBLE	FR	#2	Washington and L	7.63	2/11
2	11	Adalia COLEMAN	FR	#6	Bridgewater (Va.)	7.73	2/12
3		Jaylyn LANE	JR	#5	Virginia Wesleyan	8.01	1/30
4		Kacee HOOKER	JR	#6	Bridgewater (Va.)	8.05	2/18
4		Kendra OGUAMENA	SO	#7	Eastern Mennonit	8.05	1/21
6		Mikayla HEFFERON	SO	#3	Roanoke	8.10	12/3
7		Jessica CAMMARATA	JR	#1	Lynchburg	8.11	2/12
7		Destini EVANS	FR	#5	Virginia Wesleyan	8.11	1/30
9		Taylor POOLE	SO	#3	Roanoke	8.17	2/5
10		Eleanor HINCKLEY	FR	#3	Roanoke	8.19	12/3

Women's 60 Meter Hurdles

1	16	Aniya SEWARD	FR	#1	Lynchburg	8.92	2/18
2	21	Hannah SNODGRASS	SO	#3	Roanoke	8.97	2/18
3	95	Betsy MOHNKERN	FR	#1	Lynchburg	9.42	2/5
4		Madelyn VENABLE	FR	#2	Washington and L	9.49	2/5
5		Hannah KOEPFINGER	SR	#3	Roanoke	9.53	2/12
5		Shirell WASHINGTON	SO	#5	Virginia Wesleyan	9.53	1/30
7		Aanykka JACKSON	FR	#5	Virginia Wesleyan	9.59	12/5
8		Destini EVANS	FR	#5	Virginia Wesleyan	9.68	1/21
9		Amanda ROMANO	FR	#2	Washington and L	9.70	2/18
10		Cammi WINSTON	SO	#3	Roanoke	9.96	2/5

Women's 200 Meters

1	37	Adalia COLEMAN	FR	#6	Bridgewater (Va.)	25.99 f	2/18
2	50	Katelyn GAMBLE	FR	#2	Washington and L	26.14 f	2/5
3	65	Jaylyn LANE	JR	#5	Virginia Wesleyan	26.27c (25.87b)	2/11
4	74	Kacee HOOKER	JR	#6	Bridgewater (Va.)	26.34 f	2/18
5		Mikayla HEFFERON	SO	#3	Roanoke	26.63 f	2/12
6		Eleanor HINCKLEY	FR	#3	Roanoke	26.64 f	2/12
7		Taylor POOLE	SO	#3	Roanoke	26.91 f	2/12
8		Jessica CAMMARATA	JR	#1	Lynchburg	26.97 f	2/12
9		Aniya SEWARD	FR	#1	Lynchburg	27.05c (26.63OT)	1/29
10		Lily LIPPERT	SR	#3	Roanoke	27.12 f	2/12

Women's 400 Meters

1	51	Mikayla HEFFERON	SO	#3	Roanoke	59.53 f	2/5
2	66	Madison GRAY	FR	#4	Shenandoah	59.87c (59.08b)	2/11
3	80	Kacee HOOKER	JR	#6	Bridgewater (Va.)	1:00.08 f	2/12
4		Bailey CASTO	JR	#1	Lynchburg	1:00.52 f	2/12
5		Vuronika BARNES	JR	#1	Lynchburg	1:01.41 f	2/12
6		Jessica CAMMARATA	JR	#1	Lynchburg	1:01.64 f	1/21
7		Jordynn PALETHORPE	FR	#2	Washington and L	1:01.84 f	2/5
8		Murfie JONES	JR	#2	Washington and L	1:02.20 f	2/5
9		Eleni FILLEY	JR	#2	Washington and L	1:02.39 f	2/18
10		Allison BOBST	FR	#1	Lynchburg	1:02.53 f	1/21

Women's 800 Meters

1		Abbey PINKERTON	JR	#2	Washington and L	2:22.88 f	2/18
2		Madison GRAY	FR	#4	Shenandoah	2:23.95c (2:22.31b)	1/28
3		Jackie WILSON	SR	#1	Lynchburg	2:24.79c (2:23.14OT)	1/29
4		Molly SILVA	FR	#1	Lynchburg	2:25.82 f	2/18
5		Christa PACKER	FR	#1	Lynchburg	2:26.02 f	2/12
6		Lauren MASSEY	FR	#1	Lynchburg	2:26.70c (2:25.03OT)	1/29
7		Alex PREZIOTTI	FR	#2	Washington and L	2:26.85 f	2/18
8		Sarah HOLLEN	JR	#2	Washington and L	2:28.35 f	2/5
9		Haleigh KOZLOWSKI	SO	#1	Lynchburg	2:29.08 f	2/18
10		Hannah KOEPFINGER	SR	#3	Roanoke	2:29.15 f	2/5

Women's Mile

1		Avery SCHIFFMAN	JR	#2	Washington and L	5:16.64c (5:13.53b)	2/11
2		Allison DELL	FR	#1	Lynchburg	5:16.94 f	2/18
3		Lauren MASSEY	FR	#1	Lynchburg	5:17.62c (5:14.50OT)	1/29
4		Parker HAWK	SO	#2	Washington and L	5:19.60c (5:16.46b)	2/11
5		Sarah JAMES	FR	#1	Lynchburg	5:19.72 f	2/18
6		Molly SILVA	FR	#1	Lynchburg	5:19.86c (5:16.72OT)	1/29
7		Christa PACKER	FR	#1	Lynchburg	5:20.96 f	2/18
8		Stephanie BURNETT	SR	#1	Lynchburg	5:23.61c (5:20.43b)	1/15
9		Erin ATKINSON	JR	#4	Shenandoah	5:27.59 f	2/5
10		Mimi KEMP	FR	#2	Washington and L	5:27.88 f	2/18

Women's 3000 Meters

1	99	Kelsey LAGUNAS	SO	#1	Lynchburg	10:29.34 f	2/18
2		Avery SCHIFFMAN	JR	#2	Washington and L	10:35.44 f	12/3
3		Lauren MASSEY	FR	#1	Lynchburg	10:40.43 f	2/18
4		Parker HAWK	SO	#2	Washington and L	10:41.37 f	1/21
5		Stephanie BURNETT	SR	#1	Lynchburg	10:43.22 f	2/18
6		Allison DELL	FR	#1	Lynchburg	10:52.00c (10:46.44b)	1/15
7		Carolyn TODD	SO	#2	Washington and L	10:53.60 f	2/5
8		Erin ATKINSON	JR	#4	Shenandoah	10:54.35 f	12/3
9		Claire HAMLET	FR	#2	Washington and L	11:00.33c (10:54.70b)	1/28
10		Elise MOLINARO	FR	#2	Washington and L	11:03.24 f	1/21

Women's 5000 Meters

1	15	Stephanie BURNETT	SR	#1	Lynchburg	17:31.69c (17:23.65b)	2/11
2	93	Allison DELL	FR	#1	Lynchburg	18:29.57c (18:21.09O)	1/29
3		Kelsey LAGUNAS	SO	#1	Lynchburg	18:34.23c (18:25.71O)	1/29
4		Sarah JAMES	FR	#1	Lynchburg	18:36.13c (18:27.60O)	1/29
5		Carolyn TODD	SO	#2	Washington and L	18:48.70 f	2/18
6		Erin ATKINSON	JR	#4	Shenandoah	19:00.70c (18:51.98b)	2/11
7		Claire HAMLET	FR	#2	Washington and L	19:12.34c (19:03.53b)	2/11
8		Allison SHELLY	JR	#7	Eastern Mennonit	19:25.18 f	12/3
9		Elise MOLINARO	FR	#2	Washington and L	19:37.90c (19:28.90b)	2/11
10		Emily SMEDS	FR	#6	Bridgewater (Va.)	19:49.23c (19:40.14b)	2/11



Conference TFRI Event Summary

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ODAC

Women's 4x400 Relay

1	39	Cammarata, Bobst, Casto, Barnes	#1	Lynchburg	4:07.77c (4:04.51OT)	1/29
2	74	Romano, Jones, Teagle, Palethorpe	#2	Washington and L	4:15.70 f	2/5
3	76	Lippert, Gamble, Hefferon, Koepfinger	#3	Roanoke	4:16.23 f	2/12
4		Crocker, Lane, Dubois, Stedman	#5	Virginia Wesleyan	4:21.18c (4:17.75b)	2/11
5		Hubbard, Plowman, Nicely, Gray	#4	Shenandoah	4:23.08 f	2/5
6		Oguamena, Mast, Gardiner, Franklin	#7	Eastern Mennonit	4:47.73 f	2/12
7		Hairston, Pineiro, McGovern, Ojeda	#10	Ferrum	4:48.65 f	2/18
8		Derksen, Moore, Torres, Messi	#9	Randolph	4:51.63 f	12/3
9		Stuhlmiller, Williams, Siv, Brousseau	#8	Hollins	4:57.37 f	2/5

Women's Distance Medley Relay

1	25	Schiffman, Teagle, Hollen, Hawk	#2	Washington and L	12:50.53 f	2/18
2	63	Mast, Gussler, Gardiner, Weaver	#7	Eastern Mennonit	14:02.24 f	1/21
3	99	Stuhlmiller, Faulk, Siv, Dillon	#8	Hollins	15:58.04 f	12/3

Women's High Jump

1	49	Tiffany MCLAUGHLIN	FR	#8	Hollins	1.60m	5-3	2/18
2		Brooke SANDY	FR	#5	Virginia Wesleyan	1.55m	5-1	12/5
2		Kaitlyn NGUYEN	SO	#3	Roanoke	1.55m	5-1	2/12
2		Cammi WINSTON	SO	#3	Roanoke	1.55m	5-1	2/5
2		Aanykka JACKSON	FR	#5	Virginia Wesleyan	1.55m	5-1	1/21
6		Taja HUNLEY	JR	#9	Randolph	1.52m	4-11¾	12/3
7		Donzailya BERG	JR	#1	Lynchburg	1.50m	4-11	2/5
7		Meghan CHAFFINS	SR	#9	Randolph	1.50m	4-11	2/11
7		Eleanor HINCKLEY	FR	#3	Roanoke	1.50m	4-11	1/21
7		Sydney HEIFNER	FR	#2	Washington and L	1.50m	4-11	2/5

Women's Pole Vault

1		Chloe VAN DUYNE	JR	#3	Roanoke	3.20m	10-6	2/5
1		Bailey CASTO	JR	#1	Lynchburg	3.20m	10-6	2/5
1		Ashley D'AMBROSIA	FR	#2	Washington and L	3.20m	10-6	1/21
1		Allison BOBST	FR	#1	Lynchburg	3.20m	10-6	2/12
5		Cora KAUFMAN	SR	#1	Lynchburg	3.05m	10-0	1/21
5		Murfee JONES	JR	#2	Washington and L	3.05m	10-0	12/3
5		Jillian GUERRA	JR	#1	Lynchburg	3.05m	10-0	2/12
8		Stephanie FELMLEY	FR	#3	Roanoke	2.90m	9-6¼	2/12
9		Clare KINNEY	JR	#3	Roanoke	2.75m	9-¼	12/3
9		Kelly AKERS	JR	#6	Bridgewater (Va.)	2.75m	9-¼	1/21

Women's Long Jump

1	35	Kaitlin MEASSELL	FR	#4	Shenandoah	5.45m	17-10¾	2/11
2	41	Jaylyn LANE	JR	#5	Virginia Wesleyan	5.41m	17-9	2/6
3	88	Hannah KOEPFINGER	SR	#3	Roanoke	5.27m	17-3½	1/28
4		Aniya SEWARD	FR	#1	Lynchburg	5.22m	17-1½	2/5
5		Madelyn VENABLE	FR	#2	Washington and L	5.20m	17-¾	2/5
6		Kylah GRAY	FR	#6	Bridgewater (Va.)	5.12m	16-9¾	1/15
7		Katelyn GAMBLE	FR	#2	Washington and L	5.09m	16-8½	12/3
8		Sydney HEIFNER	FR	#2	Washington and L	5.03m	16-6	2/11
9		Elizabeth	SO	#2	Washington and L	5.02m	16-5¾	2/11
10		Parker LONGOOD	SO	#2	Washington and L	4.97m	16-3¾	2/11

Women's Triple Jump

1	7	Jaylyn LANE	JR	#5	Virginia Wesleyan	11.90m	39-½	1/21
2	13	Aniya SEWARD	FR	#1	Lynchburg	11.69m	38-4¼	12/3
3		Madelyn VENABLE	FR	#2	Washington and L	10.68m	35-½	2/5
4		Kylah GRAY	FR	#6	Bridgewater (Va.)	10.65m	34-11¼	2/18
5		Shirell WASHINGTON	SO	#5	Virginia Wesleyan	10.53m	34-6¾	2/11
6		Brooke RYMAN	SR	#3	Roanoke	10.43m	34-2¾	12/3
7		Cammi WINSTON	SO	#3	Roanoke	10.39m	34-1¼	1/21
8		Katelyn WILEY	SR	#3	Roanoke	10.25m	33-7½	12/3
9		Meghan CHAFFINS	SR	#9	Randolph	10.14m	33-3¾	2/5
10		Haylee GAMBLE	SO	#3	Roanoke	10.09m	33-1¼	1/21

Women's Shot Put

1		Elle BENEFIELD	SR	#1	Lynchburg	11.77m	38-7½	1/15
2		Jessica RENDFREY	FR	#4	Shenandoah	11.74m	38-6¼	2/11
3		Tiera HUDSON	FR	#3	Roanoke	11.62m	38-1½	12/3
3		Grace FOWLER	SO	#3	Roanoke	11.62m	38-1½	12/3
5		Katya HOOVER	FR	#4	Shenandoah	11.27m	36-11¾	1/15
6		Logan BABBS	FR	#1	Lynchburg	10.98m	36-¼	1/21
7		Kiara FELSTON	FR	#4	Shenandoah	10.83m	35-6½	1/28
8		Clare KINNEY	JR	#3	Roanoke	10.80m	35-5¼	2/5
9		Elisabeth CULLEN	FR	#3	Roanoke	10.61m	34-9¾	12/3
10		Quinlin ZUNK	FR	#2	Washington and L	10.49m	34-5	1/28

Women's Weight Throw

1	53	Elle BENEFIELD	SR	#1	Lynchburg	15.49m	50-10	2/18
2	55	Kiara FELSTON	FR	#4	Shenandoah	15.40m	50-6¼	2/11
3		Grace FOWLER	SO	#3	Roanoke	14.34m	47-¾	2/12
4		Elisabeth CULLEN	FR	#3	Roanoke	14.10m	46-3¼	2/5
5		Jessica RENDFREY	FR	#4	Shenandoah	13.42m	44-½	2/11
6		Tiera HUDSON	FR	#3	Roanoke	13.01m	42-8¼	2/5
7		Liberty TENNYSON	FR	#4	Shenandoah	12.88m	42-3¼	1/22
8		Mariama DIALLO	JR	#5	Virginia Wesleyan	12.63m	41-5¼	1/30
9		Andrea DECKER	FR	#4	Shenandoah	12.29m	40-4	2/11
10		Caitlin CULHANE	JR	#3	Roanoke	12.28m	40-3½	1/28

Women's Pentathlon

1	30	Hannah KOEPFINGER	SR	#3	Roanoke	2,889		1/28
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Conference TFRI Event Summary

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PAC

Women's 60 Meters

1	61	Jessica FATIGAI	SO	#5	Westminster (Pa.)	7.92	(7.35(55))	2/11
2		Emma VEZZOSI	JR	#2	Grove City	8.00	(7.42(55))	2/11
3		Michaela ROSE	SO	#4	Waynesburg	8.08		2/5
4		Olivia YOUNGER	SR	#3	Geneva	8.20		12/3
5		Brooke WATERS	SR	#3	Geneva	8.42		2/5
6		Carolyn COLTERYAHN	FR	#2	Grove City	8.43	(7.82(55))	2/11
7		Anne HOLDEMAN	FR	#3	Geneva	8.49		12/3
8		Emma GILMORE	JR	#3	Geneva	8.58		12/10
8		Kaylee SUAREZ	JR	#6	Thiel	8.58		1/28
10		Hailey WEINERT	JR	#2	Grove City	8.62		2/19

Women's 60 Meter Hurdles

1	30	Olivia YOUNGER	SR	#3	Geneva	9.10		12/3
2		Naomi SWARTZBAUGH	JR	#3	Geneva	9.92		1/28
3		Anna STROUP	FR	#1	Washington & Jef	9.98	(9.28(55))	2/11
4		Aliza CLARK	FR	#10	Bethany (W.Va.)	10.22		2/19
5		Emily MAIN	JR	#6	Thiel	10.53	(9.79(55))	2/11
6		Jadyn HARTNER	FR	#1	Washington & Jef	10.63		2/12
7		Ali PETRISEK	SO	#1	Washington & Jef	11.45	(10.64(55))	2/11
8		Abbey KINNEY	SO	#9	Saint Vincent	11.50	(10.69(55))	2/11
9		Jenna ZAWISLAK	FR	#4	Waynesburg	11.57		2/5
10		Paige COTTON	SO	#2	Grove City	11.79		2/19

Women's 200 Meters

1		Michaela ROSE	SO	#4	Waynesburg	26.86 f		2/11
2		Jessica FATIGAI	SO	#5	Westminster (Pa.)	27.25 f		2/4
3		Emma VEZZOSI	JR	#2	Grove City	27.97c	(27.54OT)	1/28
4		Olivia YOUNGER	SR	#3	Geneva	28.06c	(27.63OT)	1/28
5		Anne HOLDEMAN	FR	#3	Geneva	28.07c	(27.64OT)	12/3
6		Bre TRUSLER	SO	#1	Washington & Jef	28.36 f		2/19
7		Hailey WEINERT	JR	#2	Grove City	28.55 f		2/5
8		Kaylee SUAREZ	JR	#6	Thiel	28.56 f		2/11
9		Kendall SHAPORKA	FR	#3	Geneva	28.74c	(28.30OT)	12/10
10		Carolyn COLTERYAHN	FR	#2	Grove City	28.75 f		2/11

Women's 400 Meters

1		Bre TRUSLER	SO	#1	Washington & Jef	1:03.81 f		2/11
2		Anne HOLDEMAN	FR	#3	Geneva	1:04.07 f		2/11
3		Abby BIDDLE	JR	#2	Grove City	1:04.22 f		2/11
4		Gianna D'AMATO	FR	#2	Grove City	1:04.33 f		2/19
5		Faith REMICH	JR	#1	Washington & Jef	1:04.79 f		2/11
6		Carolyn COLTERYAHN	FR	#2	Grove City	1:04.87 f		2/19
7		Katryn GATCHELL	SR	#3	Geneva	1:05.12 f		2/5
8		Natalie MINNAAR	FR	#2	Grove City	1:05.29 f		2/19
9		Jadyn HARTNER	FR	#1	Washington & Jef	1:05.40 f		2/19
10		Kendall SHAPORKA	FR	#3	Geneva	1:05.55c	(1:04.69OT)	12/10

Women's 800 Meters

1		Katryn GATCHELL	SR	#3	Geneva	2:22.83 f		2/11
2		Faith REMICH	JR	#1	Washington & Jef	2:27.75 f		2/19
3		Sydney GREEN	SR	#9	Saint Vincent	2:30.10 f		1/22
4		Grace SMITH	FR	#2	Grove City	2:31.14 f		2/11
5		Jessica CAMPBELL	FR	#7	Franciscan	2:31.31c	(2:29.59OT)	2/11
6		Kaylynn JOHNSON	FR	#2	Grove City	2:31.40 f		2/11
7		Cassie CARR	FR	#1	Washington & Jef	2:33.34 f		2/11
8		Madison CASTRO	FR	#3	Geneva	2:33.37 f		2/11
9		Hannah STROTT	JR	#6	Thiel	2:33.83 f		2/19
10		Catherine O'DONNELL	FR	#3	Geneva	2:33.84 f		2/11

Women's Mile

1		Aubrey WINGEART	SR	#4	Waynesburg	5:20.84c	(5:17.69b)	1/28
2		Sydney GREEN	SR	#9	Saint Vincent	5:22.38 f		2/11
3		Cassie CARR	FR	#1	Washington & Jef	5:24.67 f		2/19
4		Alison BRYANT	SR	#7	Franciscan	5:26.87 f		2/5
5		Grace SMITH	FR	#2	Grove City	5:27.97 f		2/19
6		Faith REMICH	JR	#1	Washington & Jef	5:29.13 f		2/11
7		Jessie TAYLOR	SR	#3	Geneva	5:29.58c	(5:26.35OT)	12/10
8		Katryn GATCHELL	SR	#3	Geneva	5:46.38c	(5:42.98OT)	12/10
9		Kaylynn JOHNSON	FR	#2	Grove City	5:46.73 f		2/19
10		Alissa BEAM	SR	#9	Saint Vincent	5:49.35 f		2/11

Women's 3000 Meters

1		Alison BRYANT	SR	#7	Franciscan	10:43.68c	(10:38.19O)	2/11
2		Lydia BENNETT	FR	#2	Grove City	11:02.45c	(10:56.80O)	12/3
3		Cassie CARR	FR	#1	Washington & Jef	11:04.21 f		2/5
4		Grace SMITH	FR	#2	Grove City	11:07.04c	(11:01.35O)	1/28
5		Abby LABORDE	SO	#3	Geneva	11:10.83c	(11:05.11O)	1/15
6		Jessie TAYLOR	SR	#3	Geneva	11:24.49c	(11:18.65O)	1/28
7		Faith REMICH	JR	#1	Washington & Jef	11:24.95 f		2/5
8		Jaci MENNETTI	SO	#3	Geneva	11:28.85c	(11:22.97O)	1/15
9		Katryn GATCHELL	SR	#3	Geneva	11:30.14c	(11:24.25O)	1/15
10		Alaina POST	JR	#2	Grove City	11:34.35 f		2/11

Women's 5000 Meters

1	71	Alison BRYANT	SR	#7	Franciscan	18:16.20c	(18:07.82O)	12/3
2	80	Aubrey WINGEART	SR	#4	Waynesburg	18:20.05c	(18:11.64b)	1/28
3		Clare ERWIN	FR	#8	Chatham	19:12.34 f		2/5
4		Abby LABORDE	SO	#3	Geneva	19:14.06c	(19:05.24O)	1/28
5		Cassie CARR	FR	#1	Washington & Jef	19:27.99 f		2/5
6		Ashlin LAFOND	SR	#7	Franciscan	19:53.46c	(19:44.34O)	12/3
7		Alaina POST	JR	#2	Grove City	20:08.48c	(19:59.24O)	1/28
8		Gabrielle	SO	#4	Waynesburg	20:20.02 f		2/5
9		Rebecca PENNINGTON	SR	#8	Chatham	20:20.72 f		1/22
10		Faith REMICH	JR	#1	Washington & Jef	20:20.83c	(20:11.50O)	12/3



Conference TFRI Event Summary

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PAC

Women's 4x400 Relay

1	Waters, Shaporka, Holdeman, Younger	#3 Geneva	4:21.83c	(4:18.39OT)	12/10
2	Hartner, Remich, Carr, Trusler	#1 Washington & Jef	4:23.77 f		2/11
3	Allison, Biddle, Johnson, Bennett	#2 Grove City	4:27.11c	(4:23.60OT)	12/3
4	Hurley, Campbell, LaFond, Wieszczyk	#7 Franciscan	4:33.93 f		2/5
5	Ambrisco, Kelly, Stains, Frame	#4 Waynesburg	4:45.03c	(4:41.28OT)	1/28
6	Hofmann, Paxton, Williams, Vivian	#10 Bethany (W.Va.)	4:48.25 f		2/19

Women's Distance Medley Relay

1	39 Remich, Hartner, Trusler, Carr	#1 Washington & Jef	13:22.83c	(13:14.33O)	1/28
2	40 Bennett, Biddle, Johnson, Smith	#2 Grove City	13:24.41 f		2/19
3	41 Gatchell, Holdeman, Castro, Taylor	#3 Geneva	13:25.08 f		2/11
4	64 Coon, Erwin, Pennington, Sirignano	#8 Chatham	14:03.88 f		2/5
5	82 Frame, Stains, Anderson, Kolencik	#4 Waynesburg	14:35.18 f		2/5
6	93 Jones, Kidder, Strott, Merlino	#6 Thiel	15:05.48 f		2/19

Women's High Jump

1	Ivy ALLEN	SR	#4 Waynesburg	1.50m	4-11	1/22
1	Katherine HENDERSON	JR	#4 Waynesburg	1.50m	4-11	1/22
3	Kaylee SUAREZ	JR	#6 Thiel	1.49m	4-10½	2/19
4	Jadyn HARTNER	FR	#1 Washington & Jef	1.46m	4-9½	2/12
5	Tori STEWART	FR	#2 Grove City	1.45m	4-9	2/11
6	Brianna REEHER	JR	#2 Grove City	1.42m	4-7¾	2/5
7	Katie HAHN	FR	#1 Washington & Jef	1.40m	4-7	2/11
8	Ashley KOVEL	JR	#1 Washington & Jef	1.39m	4-6¾	2/19
9	Grace TICE	FR	#10 Bethany (W.Va.)	1.35m	4-5	2/11
10	Audrey DOBY	SR	#4 Waynesburg	1.30m	4-3¾	1/22

Women's Pole Vault

1	4 Emma RUDOLPH	JR	#5 Westminster (Pa.)	3.86m	12-8	2/5
2	41 Madison CONLEY	SO	#5 Westminster (Pa.)	3.46m	11-4¼	2/5
3	98 Abigail WESTCOTT	SR	#5 Westminster (Pa.)	3.25m	10-8	1/28
4	Sydney STAINBROOK	SO	#2 Grove City	2.91m	9-6½	2/19
5	Emily STOLL	FR	#2 Grove City	2.61m	8-6¾	2/19
6	Brianna REEHER	JR	#2 Grove City	2.46m	8-¾	2/19

Women's Long Jump

1	Savannah SEVACKO	FR	#1 Washington & Jef	5.09m	16-8½	12/3
2	Katherine HENDERSON	JR	#4 Waynesburg	4.91m	16-1½	2/11
3	Jadyn HARTNER	FR	#1 Washington & Jef	4.80m	15-9	12/3
4	Brooke WATERS	SR	#3 Geneva	4.75m	15-7	1/28
5	Kaya SKINNER	FR	#5 Westminster (Pa.)	4.70m	15-5	1/21
6	Naomi SWARTZBAUGH	JR	#3 Geneva	4.66m	15-3½	1/28
7	Anne HOLDEMAN	FR	#3 Geneva	4.65m	15-3¼	2/5
8	Alexis MCFADDEN	FR	#6 Thiel	4.58m	15-½	2/11
9	Lana JORDAN	FR	#4 Waynesburg	4.46m	14-7¾	12/3
10	Emily MAIN	JR	#6 Thiel	4.41m	14-5¾	2/5

Women's Triple Jump

1	72 Savannah SEVACKO	FR	#1 Washington & Jef	10.95m	35-11¼	2/11
2	Jadyn HARTNER	FR	#1 Washington & Jef	10.16m	33-4	2/19
3	Katherine HENDERSON	JR	#4 Waynesburg	9.82m	32-2¾	2/11
4	Kaya SKINNER	FR	#5 Westminster (Pa.)	9.64m	31-7½	2/19
5	Tori STEWART	FR	#2 Grove City	9.62m	31-6¾	2/19
6	Elissa O'CONNOR	SR	#3 Geneva	9.51m	31-2½	12/3
7	Ashley KOVEL	JR	#1 Washington & Jef	9.49m	31-1¾	2/19
8	Jill DOUGLAS	SR	#5 Westminster (Pa.)	8.91m	29-2¾	2/4
9	Audrey DOBY	SR	#4 Waynesburg	8.84m	29-0	12/3

Women's Shot Put

1	7 Megan PARKER	SR	#5 Westminster (Pa.)	13.93m	45-8½	2/19
2	52 Lexi SHIDERLY	FR	#5 Westminster (Pa.)	12.45m	40-10¼	1/21
3	Tessa WEAVER	SO	#6 Thiel	10.79m	35-4¾	2/19
4	Saige HEIGEL	SO	#5 Westminster (Pa.)	10.64m	34-11	12/3
5	Lynn BURTON	FR	#10 Bethany (W.Va.)	10.61m	34-9¾	2/11
6	Violeta KENZEVICH	SO	#8 Chatham	10.58m	34-8½	2/11
7	Danika SUDAR	FR	#2 Grove City	10.41m	34-2	2/11
8	Brooke MOTTLEY	SO	#6 Thiel	10.35m	33-11½	2/11
9	Josephine OSCAR	SR	#6 Thiel	10.34m	33-11¼	2/11
10	Anna Rose SAYLES	JR	#2 Grove City	10.10m	33-1¾	2/5

Women's Weight Throw

1	28 Megan PARKER	SR	#5 Westminster (Pa.)	16.18m	53-1	2/19
2	Alexia PAGE-BOYD	SR	#8 Chatham	14.31m	46-11½	2/5
3	Erynn DAUBENMIRE	JR	#5 Westminster (Pa.)	12.70m	41-8	2/19
4	Kiersten WALTHER	JR	#1 Washington & Jef	11.88m	38-11¾	1/28
5	Brooke MOTTLEY	SO	#6 Thiel	11.27m	36-11¾	2/19
6	Caitlyn MATTOCKS	SR	#5 Westminster (Pa.)	10.89m	35-8¾	2/19
7	Danika SUDAR	FR	#2 Grove City	9.82m	32-2¾	2/11
8	Violeta KENZEVICH	SO	#8 Chatham	9.68m	31-9¼	2/5
9	Emma JACKMAN	SR	#3 Geneva	9.63m	31-7¼	1/15
10	Megan BARRY	FR	#4 Waynesburg	9.57m	31-4¾	2/5

Women's Pentathlon

1	66 Jadyn HARTNER	FR	#1 Washington & Jef	2,559		2/12
2	Katherine HENDERSON	JR	#4 Waynesburg	2,075		1/28
3	Ivy ALLEN	SR	#4 Waynesburg	1,720		1/28



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SLIAC

Women's 60 Meters

1	Taylor TUCKER	SO	#1	Greenville	8.02	2/11
2	Alexa SEGER	SO	#1	Greenville	8.03	12/4
3	Kiki BOSCOLO	FR	#1	Greenville	8.15	12/4
4	Jordan LANDE	SR	#2	Webster	8.38	2/11
5	Jocelyn FRITZ	FR	#1	Greenville	8.78 (8.15(55))	2/18
6	Micah BARNES	JR	#2	Webster	8.83	1/28
7	Kianna PATTON	FR	#2	Webster	8.87	1/28
8	Abbi THOMASON	FR	#1	Greenville	9.11	12/4

Women's 60 Meter Hurdles

1	47 Cayden SHARP	JR	#1	Greenville	9.23	2/11
2	Vanessa JONES	SR	#2	Webster	9.75	1/21
3	Tytiana HALL	FR	#1	Greenville	10.20	2/11
4	Emma BROWN	FR	#1	Greenville	10.39 (9.66(55))	2/18
5	Aaliyah VASQUEZ	FR	#1	Greenville	10.41 (9.68(55))	2/18
6	Abbi THOMASON	FR	#1	Greenville	10.67	2/11

Women's 200 Meters

1	Taylor TUCKER	SO	#1	Greenville	26.52 f	1/22
2	Cayden SHARP	JR	#1	Greenville	27.53 f	12/4
3	Sara YAKANA	FR	#1	Greenville	28.32 f	2/18
4	Vanessa JONES	SR	#2	Webster	28.51 f	1/28
5	Kiki BOSCOLO	FR	#1	Greenville	28.67 f	2/18
6	Jordan LANDE	SR	#2	Webster	28.87 f	1/28
7	Alexa SEGER	SO	#1	Greenville	29.30 f	1/28
8	Micah BARNES	JR	#2	Webster	29.87 f	1/21

Women's 400 Meters

1	Micah BARNES	JR	#2	Webster	1:05.82 f	2/5
2	Alexis ROBERTS	FR	#1	Greenville	1:06.61 f	2/18
3	Jordan LANDE	SR	#2	Webster	1:07.06 f	2/5
4	Danielle SCHULTZ	JR	#2	Webster	1:09.72 f	1/21
5	Payten GEPPERT	FR	#1	Greenville	1:11.54 f	2/18
6	Isabella CARBAJAL	FR	#3	Eureka	1:15.20 f	2/18
7	Michelle GRANT	SO	#2	Webster	1:20.96 f	1/21
8	Odessa GROVE	FR	#3	Eureka	1:23.00 f	2/12

Women's 800 Meters

1	66 Danielle SCHULTZ	JR	#2	Webster	2:20.84c (2:19.23OT)	2/11
2	Olivia MANSFIELD	FR	#1	Greenville	2:29.25 f	2/18
3	Hannah WILLIAMS	JR	#1	Greenville	2:37.98 f	2/18
4	Gretchen CARIE	FR	#1	Greenville	2:41.18 f	2/5
5	Karissa HEFFERNAN	FR	#3	Eureka	2:41.49 f	2/12
6	Vanessa COMPTON	FR	#1	Greenville	2:43.13 f	2/18
7	Leah BROWN	SO	#1	Greenville	2:44.35 f	2/5
8	Keiko PALEN	FR	#1	Greenville	2:44.79 f	2/5
9	Cayden SHARP	JR	#1	Greenville	2:45.06 f	1/28
10	Eva SCHWAAB	FR	#1	Greenville	2:49.66 f	2/18

Women's Mile

1	Danielle SCHULTZ	JR	#2	Webster	5:32.16 f	1/28
2	Gretchen CARIE	FR	#1	Greenville	5:44.39 f	2/11
3	Karissa HEFFERNAN	FR	#3	Eureka	5:52.50 f	2/12
4	Emma LEONHARD	FR	#1	Greenville	5:56.16 f	2/5
5	Michelle GRANT	SO	#2	Webster	6:12.42 f	1/28
6	Leah BROWN	SO	#1	Greenville	6:14.95 f	2/18
7	Megan BARTZ	SR	#2	Webster	6:19.20 f	2/5
8	Sarah KIMBRO	JR	#3	Eureka	6:59.93 f	2/18
9	Sophia SIMONIS	SO	#3	Eureka	7:48.56 f	2/18

Women's 3000 Meters

1	Emma LEONHARD	FR	#1	Greenville	11:46.47 f	2/11
2	Aryn SCOTT	FR	#1	Greenville	13:49.53 f	1/28
3	Odessa GROVE	FR	#3	Eureka	15:10.64 f	1/28

Women's 4x400 Relay

1	Roberts, Williams, Compton, Mansfield	#1	Greenville	4:32.39 f	2/11
2	Barnes, Schultz, Grant, Lande	#2	Webster	4:36.94 f	2/5

Women's Distance Medley Relay

1	54 Mansfield, Roberts, Williams, Carie	#1	Greenville	13:49.20 f	2/11
2	72 Bartz, Barnes, Schultz, Grant	#2	Webster	14:15.84c(14:06.78O)	2/11

Women's High Jump

1	31 Cayden SHARP	JR	#1	Greenville	1.62m	5-3¾	12/4
2	Aaliyah VASQUEZ	FR	#1	Greenville	1.51m	4-11½	2/18
3	Anna Beth VANCIL	FR	#1	Greenville	1.36m	4-5½	2/18
4	Abbi THOMASON	FR	#1	Greenville	1.26m	4-1½	2/11
4	Alli GOERING	FR	#1	Greenville	1.26m	4-1½	2/18

Women's Long Jump

1	68 Cayden SHARP	JR	#1	Greenville	5.34m	17-6¼	1/28
2	Katieanna WILLIAMS	FR	#1	Greenville	5.15m	16-10¾	12/4
3	Sara YAKANA	FR	#1	Greenville	5.06m	16-7¼	2/18
4	Zoe RAY	SO	#1	Greenville	4.63m	15-2¼	12/4
5	Aaliyah VASQUEZ	FR	#1	Greenville	4.58m	15-½	2/18
6	Kianna PATTON	FR	#2	Webster	4.56m	14-11½	2/18
7	Tytiana HALL	FR	#1	Greenville	4.50m	14-9¼	12/4
8	Kiki BOSCOLO	FR	#1	Greenville	4.35m	14-3¼	2/18
9	Abbi THOMASON	FR	#1	Greenville	4.07m	13-4¼	12/4

Women's Triple Jump

1	1 Jordan LANDE	SR	#2	Webster	12.87m	42-2¾	2/18
2	14 Cayden SHARP	JR	#1	Greenville	11.67m	38-3½	12/4
3	45 Katieanna WILLIAMS	FR	#1	Greenville	11.22m	36-9¾	12/4
4	100 Sara YAKANA	FR	#1	Greenville	10.77m	35-4	2/11
5	Zoe RAY	SO	#1	Greenville	9.91m	32-6¼	12/4
6	Emma BROWN	FR	#1	Greenville	9.46m	31-½	2/18



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SLIAC

Women's Shot Put

1	94	Tawny RODRIGUEZ	SO	#1	Greenville	12.03m	39-5¾	2/5
2		Ashley SMITH	FR	#1	Greenville	10.44m	34-3	1/28
3		Abbi THOMASON	FR	#1	Greenville	10.02m	32-10½	2/5
4		Talahiva TALANOA	FR	#1	Greenville	9.84m	32-3½	12/4
5		Cayden SHARP	JR	#1	Greenville	9.76m	32-¼	1/28
6		Isabelle LLEWELLYN	SO	#2	Webster	9.02m	29-7¼	2/18
7		Lilly AGUILAR	SO	#2	Webster	8.86m	29-1	1/28
8		Dahlia STUCKEY	FR	#1	Greenville	8.18m	26-10	2/18
9		Ella RAY	FR	#1	Greenville	8.15m	26-9	1/28

Women's Weight Throw

1		Tawny RODRIGUEZ	SO	#1	Greenville	13.91m	45-7¾	2/11
2		Talahiva TALANOA	FR	#1	Greenville	13.81m	45-3¾	2/18
3		Ashley SMITH	FR	#1	Greenville	12.93m	42-5¼	2/18
4		Isabelle LLEWELLYN	SO	#2	Webster	12.45m	40-10¼	2/5
5		Lilly AGUILAR	SO	#2	Webster	9.69m	31-9½	1/28
6		Ella RAY	FR	#1	Greenville	9.52m	31-2¾	2/18
7		Abigail SZYDLOWSK	FR	#2	Webster	9.38m	30-9¼	1/28
8		Dahlia STUCKEY	FR	#1	Greenville	8.16m	26-9¼	2/18

Women's Pentathlon

1	9	Cayden SHARP	JR	#1	Greenville	3,258		1/28
2		Abbi THOMASON	FR	#1	Greenville	2,006		1/28



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SUNYAC

Women's 60 Meters

1	30	Jenna STRICKLAND	SR	#1	SUNY Geneseo	7.84	2/4
1	30	Madison MULDER	JR	#1	SUNY Geneseo	7.84	2/4
3	58	Sarah LEVINE	JR	#2	SUNY Brockport	7.91	2/4
4		Autumn PITTMAN	FR	#3	SUNY Cortland	8.06	12/11
4		Khia LASTER	FR	#6	Buffalo State	8.06	2/11
6		Ashleigh LACY	SR	#7	SUNY Oswego	8.08	2/11
7		Taylor HUNTER	JR	#3	SUNY Cortland	8.14	12/4
8		Josephine LEWIS	SO	#1	SUNY Geneseo	8.16	12/10
9		Kate	SO	#1	SUNY Geneseo	8.17	2/18
10		Elizabeth LIRIANO	FR	#3	SUNY Cortland	8.19	12/4

Women's 60 Meter Hurdles

1	27	Gwen SHEPARDSON	JR	#1	SUNY Geneseo	9.06	12/3
2	45	Adriana STRAUGHTER	JR	#1	SUNY Geneseo	9.22	12/10
3	52	Ejim NNATE	FR	#4	SUNY Oneonta	9.24	2/11
4	57	Laura SUPPA	FR	#3	SUNY Cortland	9.26	2/19
5	67	Kelsie NALDRETT	SR	#2	SUNY Brockport	9.32	2/18
6		Michelle FITTING	FR	#1	SUNY Geneseo	9.64	12/3
7		Allison SUROWICK	FR	#1	SUNY Geneseo	9.66	2/4
8		Marissa WISE	FR	#2	SUNY Brockport	9.91	1/22
9		Lauren ANDERSON	SO	#3	SUNY Cortland	10.03	2/19
10		Abrianna KRUGER	SO	#1	SUNY Geneseo	10.04	12/10
10		Antone'nic BENJAMIN	FR	#6	Buffalo State	10.04	12/3

Women's 200 Meters

1	8	Jenna STRICKLAND	SR	#1	SUNY Geneseo	25.40c	(25.01b) 2/11
2	36	Madison MULDER	JR	#1	SUNY Geneseo	25.95 f	1/22
3	53	Sarah LEVINE	JR	#2	SUNY Brockport	26.16c	(25.76b) 2/11
4	57	Anna FLAITS	JR	#1	SUNY Geneseo	26.22 f	1/22
5		Laura ZOPF	SR	#1	SUNY Geneseo	26.56c	(26.15b) 2/11
6		Gwen SHEPARDSON	JR	#1	SUNY Geneseo	26.61c	(26.20b) 2/11
7		Kate	SO	#1	SUNY Geneseo	26.73 f	2/18
8		Marissa WISE	FR	#2	SUNY Brockport	26.82 f	1/29
9		Ashleigh LACY	SR	#7	SUNY Oswego	26.83 f	2/18
10		Taylor HUNTER	JR	#3	SUNY Cortland	26.88c	(26.47b) 2/11

Women's 400 Meters

1	4	Madison MULDER	JR	#1	SUNY Geneseo	56.89 f	12/10
2	13	Anna FLAITS	JR	#1	SUNY Geneseo	57.95 f	1/29
3	57	Janyll BARBER	SR	#5	SUNY Plattsburgh	59.73c	(58.94b) 2/11
4	86	Laura ZOPF	SR	#1	SUNY Geneseo	1:00.14c	(59.35b) 2/11
5	93	Emma FLAITS	FR	#1	SUNY Geneseo	1:00.31 f	2/18
6	100	Clara SENSINI	SR	#6	Buffalo State	1:00.39 f	2/18
7		Katie MULLADY	JR	#1	SUNY Geneseo	1:00.94c	(1:00.14b) 2/11
8		Allyn MADDEN	JR	#1	SUNY Geneseo	1:01.08c	(1:00.27b) 2/11
9		Lena KIEHL	FR	#1	SUNY Geneseo	1:01.43c	(1:00.62b) 2/11
10		Lucia SIBLEY	JR	#2	SUNY Brockport	1:01.45c	(1:00.64b) 2/11

Women's 800 Meters

1	30	Tess DUIGNAN	JR	#1	SUNY Geneseo	2:17.63c	(2:16.06b) 2/11
2	32	Windsor ARDNER	FR	#1	SUNY Geneseo	2:17.69 f	2/5
3	41	Marcie HOGAN	SO	#1	SUNY Geneseo	2:18.58 f	2/5
4	74	Aislyn MCDONOUGH	JR	#5	SUNY Plattsburgh	2:21.23c	(2:19.62b) 2/11
5	75	Raechel ZIELINSKI	SO	#1	SUNY Geneseo	2:21.30c	(2:19.69b) 2/11
6		Nieve MAHOOD	FR	#1	SUNY Geneseo	2:22.21c	(2:20.59b) 2/11
7		Catherine ZAMROZ	SR	#3	SUNY Cortland	2:22.82 f	2/5
8		Jennifer METZ	JR	#2	SUNY Brockport	2:25.20c	(2:23.55b) 2/11
9		Kaylee HAYNES	SO	#2	SUNY Brockport	2:25.81c	(2:24.15b) 2/11
10		Lucia SIBLEY	JR	#2	SUNY Brockport	2:26.25 f	2/4

Women's Mile

1	17	Marcie HOGAN	SO	#1	SUNY Geneseo	5:03.00c	(5:00.03b) 2/11
2	22	Windsor ARDNER	FR	#1	SUNY Geneseo	5:04.33 f	1/29
3	67	Kathleen MCCAREY	SO	#1	SUNY Geneseo	5:11.94 f	2/18
4		Rachel HIRSCHKIND	SO	#1	SUNY Geneseo	5:21.32 f	2/5
5		Lilly FOWLER-CONNER	FR	#1	SUNY Geneseo	5:21.52 f	2/18
6		Kaitlyn GROSSMAN	FR	#1	SUNY Geneseo	5:22.29 f	2/5
7		Penelope GREENE	FR	#1	SUNY Geneseo	5:22.63 f	2/5
8		Catherine ZAMROZ	SR	#3	SUNY Cortland	5:23.10c	(5:19.93b) 2/11
9		Veronica DAILY	SR	#2	SUNY Brockport	5:23.58c	(5:20.40b) 2/11
10		Tess DUIGNAN	JR	#1	SUNY Geneseo	5:24.45 f	2/5

Women's 3000 Meters

1	14	Kathleen MCCAREY	SO	#1	SUNY Geneseo	9:54.92 f	2/5
2	15	Windsor ARDNER	FR	#1	SUNY Geneseo	9:58.56c	(9:53.45b) 2/11
3	29	Rachel HIRSCHKIND	SO	#1	SUNY Geneseo	10:08.99 f	2/18
4	53	Marcie HOGAN	SO	#1	SUNY Geneseo	10:19.13 f	1/22
5	68	Penelope GREENE	FR	#1	SUNY Geneseo	10:23.35c	(10:18.03b) 2/11
6	95	Kerry FLOWER	JR	#2	SUNY Brockport	10:28.65c	(10:23.29b) 2/11
7		Emily MILLER	FR	#1	SUNY Geneseo	10:42.11 f	2/18
8		Lilly FOWLER-CONNER	FR	#1	SUNY Geneseo	10:45.95 f	2/5
9		Veronica DAILY	SR	#2	SUNY Brockport	10:48.58 f	2/18
10		Kaitlyn GROSSMAN	FR	#1	SUNY Geneseo	10:52.57 f	1/29

Women's 5000 Meters

1	3	Kathleen MCCAREY	SO	#1	SUNY Geneseo	16:44.36c	(16:36.68b) 2/11
2	25	Windsor ARDNER	FR	#1	SUNY Geneseo	17:43.47 f	1/22
3	27	Rachel HIRSCHKIND	SO	#1	SUNY Geneseo	17:46.16 f	1/29
4		Megan FRANCOEUR	SO	#4	SUNY Oneonta	18:50.76 f	1/14
5		Kerry FLOWER	JR	#2	SUNY Brockport	19:06.74 f	1/22
6		Greta FLANAGAN	FR	#1	SUNY Geneseo	19:09.49 f	2/5
7		Emily MILLER	FR	#1	SUNY Geneseo	19:22.20 f	1/29
8		Vanessa BURKARD	FR	#3	SUNY Cortland	19:29.95 f	1/29
9		Rebecca BLOCK	JR	#5	SUNY Plattsburgh	19:34.52 f	2/5
10		Khalifah TRACEY	SO	#3	SUNY Cortland	19:44.37 f	1/29



Conference TFRI Event Summary

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SUNYAC

Women's 4x400 Relay

1	8	Strickland, Zopf, Shepardson, Flaitz	#1	SUNY Geneseo	3:55.96 f	2/18
2	23	Winter, Haynes, Levine, Wise	#2	SUNY Brockport	4:04.27c (4:01.06b)	2/11
3	65	Becker, McDowell, Hebert, Liriano	#3	SUNY Cortland	4:14.82 f	2/5
4		Zepeda, Jackson, Gallagher, Johnson	#4	SUNY Oneonta	4:20.07c (4:16.65b)	2/11
5		Barber, Landman, McDonough, Castro	#5	SUNY Plattsburgh	4:31.13 f	2/18
6		Smith, Tredo, Dixon, Schaffert	#8	Fredonia	4:38.43 f	12/3
7		Florczak, Moore, Holmes, Rivera	#6	Buffalo State	4:49.37 f	12/3

Women's Distance Medley Relay

1	9	Hogan, Zopf, Duignan, Ardrer	#1	SUNY Geneseo	12:04.47c (11:56.80b)	2/11
2	77	Luby, Johnson, O'Donnell, Mena	#4	SUNY Oneonta	14:27.12 f	1/29
3	87	Purvis, Castro, Ginnane, Thomas	#5	SUNY Plattsburgh	14:49.97 f	12/4

Women's High Jump

1	9	Michaela LEVESQUE	SO	#2	SUNY Brockport	1.68m	5-6	2/4
2	25	Danielle FISK	FR	#3	SUNY Cortland	1.63m	5-4¼	2/12
3	39	Jenna BERRY	SR	#1	SUNY Geneseo	1.61m	5-3¾	1/29
4	65	Halle KING	SR	#2	SUNY Brockport	1.59m	5-2½	2/4
4	65	Katie MULLADY	JR	#1	SUNY Geneseo	1.59m	5-2½	1/29
6	84	Sarah KILLIP	JR	#2	SUNY Brockport	1.56m	5-1¼	2/11
6	84	Adriana STRAUGHTER	JR	#1	SUNY Geneseo	1.56m	5-1¼	12/10
6	84	Lela SPRONZ	FR	#1	SUNY Geneseo	1.56m	5-1¼	12/10
9		Michelle FITTING	FR	#1	SUNY Geneseo	1.51m	4-11½	12/10
10		Emily ABBATI	SO	#1	SUNY Geneseo	1.49m	4-10½	2/4
10		Destiny RIVERA	FR	#6	Buffalo State	1.49m	4-10½	2/4

Women's Pole Vault

1	70	Noelle COOLICAN	JR	#1	SUNY Geneseo	3.35m	10-11¾	12/10
2		Haley LERNER	FR	#8	Fredonia	3.20m	10-6	1/28
2		Mya HENRY	FR	#2	SUNY Brockport	3.20m	10-6	2/11
4		Kimmy ARENA	SO	#3	SUNY Cortland	3.06m	10-½	2/5
4		Tess EICHNER	SO	#2	SUNY Brockport	3.06m	10-½	2/18
6		Sydney ANGUS	JR	#1	SUNY Geneseo	2.91m	9-6½	2/18
7		Gillian LACO	SR	#2	SUNY Brockport	2.76m	9-½	2/18
8		Ciara MURPHY	FR	#2	SUNY Brockport	2.75m	9-¼	12/11
9		Claire LENIHAN	JR	#1	SUNY Geneseo	2.65m	8-8¼	1/29
10		Eva ZEPEDA	JR	#4	SUNY Oneonta	2.60m	8-6¼	1/21

Women's Long Jump

1	30	Emily SALVEMINI	SO	#1	SUNY Geneseo	5.50m	18-½	12/10
2	47	Adriana STRAUGHTER	JR	#1	SUNY Geneseo	5.40m	17-8¾	12/3
2	47	Halle KING	SR	#2	SUNY Brockport	5.40m	17-8¾	2/11
4	56	Olivia SMOCK	FR	#1	SUNY Geneseo	5.37m	17-7½	2/11
5	76	Allison SUROWICK	FR	#1	SUNY Geneseo	5.31m	17-5¼	12/3
6		Katie MULLADY	JR	#1	SUNY Geneseo	5.23m	17-2	2/4
7		Mia MONTGOMERY	SR	#2	SUNY Brockport	5.20m	17-¾	2/11
8		Aniya MCGHIE	FR	#2	SUNY Brockport	5.15m	16-10¾	2/11
9		Katelyn JACQUES	FR	#1	SUNY Geneseo	5.14m	16-10½	2/18
10		Sam PYNN	FR	#1	SUNY Geneseo	5.13m	16-10	2/18

Women's Triple Jump

1	15	Chanyce POWELL	SR	#2	SUNY Brockport	11.66m	38-3¼	2/11
2	52	Ally ALVIRA	FR	#1	SUNY Geneseo	11.12m	36-5¾	2/11
3	54	Mia MONTGOMERY	SR	#2	SUNY Brockport	11.11m	36-5½	2/11
4	56	Katelyn JACQUES	FR	#1	SUNY Geneseo	11.10m	36-5	12/10
5	89	Abigail MCDOWELL	SO	#3	SUNY Cortland	10.83m	35-6½	1/22
6	94	Emily SALVEMINI	SO	#1	SUNY Geneseo	10.80m	35-5¼	12/10
7		Matteson DONNELLY	FR	#3	SUNY Cortland	10.56m	34-7¾	2/5
8		Lena KIEHL	FR	#1	SUNY Geneseo	10.54m	34-7	12/10
8		Isabel BUCKINGHAM	FR	#6	Buffalo State	10.54m	34-7	12/3
10		Jenna BERRY	SR	#1	SUNY Geneseo	10.46m	34-4	2/18

Women's Shot Put

1	14	Sarah CROCKETT	JR	#2	SUNY Brockport	13.51m	44-4	2/18
2	52	Isabella FABRIZIO	FR	#4	SUNY Oneonta	12.45m	40-10¼	12/4
3	72	Zoe CONNER	FR	#1	SUNY Geneseo	12.22m	40-1¼	2/18
4	74	Maleenah ORTIZ	FR	#2	SUNY Brockport	12.20m	40-½	2/18
5		Alandra JONES	FR	#7	SUNY Oswego	11.96m	39-3	2/11
6		Ellie RAMIREZ	SR	#2	SUNY Brockport	11.89m	39-¼	2/4
7		Lauren KLUCK	JR	#1	SUNY Geneseo	11.63m	38-2	2/11
8		Emma KINNICUTT	FR	#2	SUNY Brockport	11.54m	37-10½	12/11
9		Journey MYRICKS	SO	#5	SUNY Plattsburgh	11.36m	37-3¼	2/18
10		Alayna FREDENBURG	SR	#2	SUNY Brockport	11.30m	37-1	2/11
10		Kaitlyn BJELKO	JR	#5	SUNY Plattsburgh	11.30m	37-1	2/18

Women's Weight Throw

1	15	Alayna FREDENBURG	SR	#2	SUNY Brockport	16.70m	54-9½	2/18
2	35	Sarah CROCKETT	JR	#2	SUNY Brockport	16.07m	52-8¾	2/18
3	62	Emma KINNICUTT	FR	#2	SUNY Brockport	15.26m	50-¾	1/29
4		Ellie RAMIREZ	SR	#2	SUNY Brockport	14.12m	46-4	2/18
5		Zoe CONNER	FR	#1	SUNY Geneseo	14.10m	46-3¼	2/11
6		Kaitlyn BJELKO	JR	#5	SUNY Plattsburgh	13.71m	44-11¾	2/18
7		Isabella FABRIZIO	FR	#4	SUNY Oneonta	13.65m	44-9½	1/29
8		Sarah PARR	SO	#3	SUNY Cortland	13.64m	44-9	2/12
9		Hannah JACKSON	SO	#4	SUNY Oneonta	13.36m	43-10	2/19
10		Jasmine PIPER	SO	#5	SUNY Plattsburgh	13.05m	42-9¾	12/4



Conference TFRI Event Summary

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SUNYAC

Women's Pentathlon

1	19	Katie MULLADY	JR	#1	SUNY Geneseo	3,060	1/29
2	44	Michelle FITTING	FR	#1	SUNY Geneseo	2,796	1/29
3	79	Lanna WANDY	FR	#1	SUNY Geneseo	2,460	1/29
4	92	Madison BAKER	SR	#2	SUNY Brockport	2,340	2/4
5		Sage DOUGLASS	FR	#4	SUNY Oneonta	1,790	2/5
6		Hunter CZAJKOWSKI	FR	#2	SUNY Brockport	1,677	2/4
7		Michelle RUSSOTTI	FR	#2	SUNY Brockport	1,576	2/4



Conference TFRI Event Summary

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UAA

Women's 60 Meters

1	16	Gabriela MESCHINO	FR	#2	Chicago	7.77	2/12
2	18	Lauren GAY	FR	#1	Washington (Mo.)	7.79 (7.23(55))	2/18
3	22	Isabel LAYNE	SO	#2	Chicago	7.81	2/19
4	27	Samantha GIORDANI	JR	#3	Carnegie Mellon	7.83	2/12
5	30	Natalie SWINEHART	SO	#1	Washington (Mo.)	7.84	1/28
6	42	Mycah CLAY	JR	#1	Washington (Mo.)	7.87	2/12
7	66	Isabel MALETICH	JR	#2	Chicago	7.93	2/19
8	83	Alicia GUPTÉ	SR	#1	Washington (Mo.)	7.95	2/12
9	90	Audrey JOHNSON	FR	#4	Emory	7.97	1/16
10	94	Ella LAVELLE	SO	#4	Emory	7.98	12/3

Women's 60 Meter Hurdles

1	5	Loren BROWN	FR	#2	Chicago	8.76	2/12
2	18	Lauren GAY	FR	#1	Washington (Mo.)	8.94	1/14
3	38	Elizabeth BARRE	JR	#3	Carnegie Mellon	9.18	2/12
4	40	Charis RIEBE	SO	#1	Washington (Mo.)	9.19	2/5
4	40	Ava FORMAN	SR	#1	Washington (Mo.)	9.19	2/12
6	64	Amaya MARTIN	FR	#4	Emory	9.31	2/4
7	72	Rebecca STEWART	FR	#2	Chicago	9.33	2/19
8	73	Claire EVANS	SO	#4	Emory	9.34	12/3
9	91	Sonali ANDERSON	JR	#6	Brandeis	9.41	12/4
10	98	Ebunoluwa OPATA	FR	#1	Washington (Mo.)	9.43	2/12

Women's 200 Meters

1	10	Samantha GIORDANI	JR	#3	Carnegie Mellon	25.47 f	2/12
2	15	Lauren GAY	FR	#1	Washington (Mo.)	25.54 f	1/14
3	34	Natalie SWINEHART	SO	#1	Washington (Mo.)	25.92 f	2/12
4	46	Gabriela MESCHINO	FR	#2	Chicago	26.11 f	2/19
5	53	Devin HILTUNEN	JR	#6	Brandeis	26.16 f	2/19
6	55	Meg FITZPATRICK	JR	#2	Chicago	26.19 f	2/19
7	57	Alicia GUPTÉ	SR	#1	Washington (Mo.)	26.22 f	2/12
7	57	Isabel LAYNE	SO	#2	Chicago	26.22 f	2/12
9	65	Mycah CLAY	JR	#1	Washington (Mo.)	26.27 f	2/18
10	88	Masa AL-SHAKA	FR	#2	Chicago	26.41 f	2/5

Women's 400 Meters

1	7	Emma KELLEY	SO	#1	Washington (Mo.)	57.32 f	1/28
2	27	Katherine DUDLEY	SR	#1	Washington (Mo.)	58.91 f	2/12
3	36	Meg FITZPATRICK	JR	#2	Chicago	59.14 f	2/5
4	83	Ava FORMAN	SR	#1	Washington (Mo.)	1:00.12 f	2/12
5	89	Isabel LAYNE	SO	#2	Chicago	1:00.24 f	1/22
6	91	Masa AL-SHAKA	FR	#2	Chicago	1:00.28 f	2/19
7	98	Aoife DUNNE	JR	#1	Washington (Mo.)	1:00.37 f	1/14
8		Isre'al CONERLY	SO	#7	NYU	1:00.55c (59.75b)	1/28
9		Alessia SARUSSI	SO	#1	Washington (Mo.)	1:00.62 f	1/28
10		Loren BROWN	FR	#2	Chicago	1:00.82c (1:00.02)	1/29

Women's 800 Meters

1	2	Emma KELLEY	SO	#1	Washington (Mo.)	2:10.86 f	1/22
2	5	Claudia HARNETT	FR	#2	Chicago	2:12.18 f	1/22
3	7	Alessia SARUSSI	SO	#1	Washington (Mo.)	2:13.24 f	2/12
4	9	Aoife DUNNE	JR	#1	Washington (Mo.)	2:13.67 f	2/12
5	34	Kaitlyn VAN BAALEN	JR	#2	Chicago	2:17.95 f	2/5
6	42	Elisabeth CAMIC	FR	#2	Chicago	2:18.83 f	2/5
7	44	Maddie KELLY	FR	#2	Chicago	2:19.01 f	2/5
8	47	Grace BRISTOW	SR	#1	Washington (Mo.)	2:19.12 f	2/12
9	48	Lauren CUNILD	JR	#4	Emory	2:19.13c (2:17.54b)	2/18
10	49	Lindsay OTT	JR	#1	Washington (Mo.)	2:19.35 f	2/18

Women's Mile

1	11	Maddie KELLY	FR	#2	Chicago	5:00.14c (4:57.19OT)	2/11
2	14	Kaitlyn VAN BAALEN	JR	#2	Chicago	5:01.66c (4:58.70)	1/29
3	15	Claudia HARNETT	FR	#2	Chicago	5:02.72 f	2/5
4	19	Sarika TEMME-BAPAT	JR	#2	Chicago	5:04.01 f	2/19
5	26	Ella BEHRENS	JR	#1	Washington (Mo.)	5:05.34 f	2/5
6	27	Emma WALTER	SR	#1	Washington (Mo.)	5:05.49 f	2/5
7	33	Emily KONKUS	JR	#1	Washington (Mo.)	5:05.96 f	2/18
8	37	Helena TEIXEIRA-DASILVA	SO	#1	Washington (Mo.)	5:06.90 f	2/18
9	41	Alexandria BLAKE	SO	#1	Washington (Mo.)	5:07.47 f	2/18
10	43	Natalie HATTAN	JR	#6	Brandeis	5:07.78c (5:04.76b)	2/11

Women's 3000 Meters

1	24	Sarika TEMME-BAPAT	JR	#2	Chicago	10:04.78c (9:59.62OT)	2/11
2	27	Frances SCHAFFLER	SO	#2	Chicago	10:07.51 f	2/12
3	30	Caitlin JORGENSEN	SO	#2	Chicago	10:09.02 f	2/12
4	31	Maddie KELLY	FR	#2	Chicago	10:09.03 f	1/22
5	40	Emma WALTER	SR	#1	Washington (Mo.)	10:14.69 f	1/22
6	41	Page CASSIDY	FR	#2	Chicago	10:14.78 f	2/12
7	43	Kristen SEBALLOS	SR	#3	Carnegie Mellon	10:15.83 f	2/5
8	44	Ella BEHRENS	JR	#1	Washington (Mo.)	10:15.94 f	1/22
9	55	Camryn MENNINGER	FR	#7	NYU	10:19.66c (10:14.37b)	1/21
10	58	Cecelia ZIELKE	FR	#5	Case Western Res	10:20.72 f	2/5

Women's 5000 Meters

1	12	Emma WALTER	SR	#1	Washington (Mo.)	17:17.59 f	2/12
2	16	Erin MAGILL	JR	#6	Brandeis	17:32.28c (17:24.24b)	2/11
3	23	Kiera OLSON	SR	#1	Washington (Mo.)	17:39.14 f	2/12
4	29	Frances SCHAFFLER	SO	#2	Chicago	17:47.79c (17:39.63)	1/29
5	31	Bella RACETTE	JR	#4	Emory	17:50.39c (17:42.21b)	2/11
6	32	Zarya DE SOUZA	SR	#1	Washington (Mo.)	17:50.87 f	2/12
7	34	Sophie YOUNG	SR	#1	Washington (Mo.)	17:52.64 f	2/12
8	60	Anna KENIG-ZIESLER	JR	#2	Chicago	18:10.69c (18:02.35)	1/29
9	64	Catherine WIMMER	FR	#2	Chicago	18:14.26c (18:05.89)	1/29
10	65	Liesl SCHERRER	FR	#4	Emory	18:14.63 f	2/4



Conference TFRI Event Summary

as of 2/21/2022 8:12:30 AM

UAA

Women's 4x400 Relay

1	3	Dudley, Forman, Gupta, Kelley	#1	Washington (Mo.)	3:54.13 f	2/12
2	15	Brown, Layne, Hassan, Fitzpatrick	#2	Chicago	4:00.79 f	2/12
3	28	Binetti, Ranocha, Leopold, Evans	#4	Emory	4:05.49 f	2/4
4	36	Rhee, Lannen, Jacobs, Giordani	#3	Carnegie Mellon	4:07.26 f	2/12
5	39	Korn, Zarzycki, Campbell, Hiltunen	#6	Brandeis	4:07.77c (4:04.51b)	2/11
6	93	Zinsser, Phung, Kilroy, Moore	#5	Case Western Res	4:19.27 f	2/12
7		Conerly, King, Gayles, Sanusi	#7	NYU	4:36.83c (4:33.19b)	1/15

Women's Distance Medley Relay

1	1	Dunne, Dudley, Kelley, Walter	#1	Washington (Mo.)	11:43.70 f	2/18
2	16	Kenig-Ziesler, Dombroski, Birimac, Cassidy	#2	Chicago	12:42.35 f	2/5
3	17	Racette, Ranocha, Cunild, Scherrer	#4	Emory	12:45.82c (12:37.71b)	1/16
4	19	Jacobs, Lannen, Tummalapalli, Seballos	#3	Carnegie Mellon	12:47.40 f	2/5
5	22	Kocherzat, Phung, Kwasny, Jackson	#5	Case Western Res	12:48.48 f	2/12

Women's High Jump

1	25	Elizabeth BARRE	JR	#3	Carnegie Mellon	1.63m	5-4¼	2/12
2	49	Becca TARTER	SR	#1	Washington (Mo.)	1.60m	5-3	1/28
2	49	Mia VARGO	FR	#5	Case Western Res	1.60m	5-3	2/18
4	69	Riley ENDRIES	SO	#1	Washington (Mo.)	1.58m	5-2¼	1/22
5	84	Laura BUCCHIERI	JR	#1	Washington (Mo.)	1.56m	5-1¼	2/18
6		Ezri SCOTT	FR	#7	NYU	1.55m	5-1	2/4
7		Oni SCOTT	FR	#7	NYU	1.52m	4-11¼	1/21
7		Samantha DUNN	FR	#2	Chicago	1.52m	4-11¼	2/19
9		Olivia ZARZYCKI	FR	#6	Brandeis	1.51m	4-11½	12/4
9		Madelyn MOENICKHEIM	SO	#1	Washington (Mo.)	1.51m	4-11½	2/18

Women's Pole Vault

1	12	Yasmin RUFF	FR	#1	Washington (Mo.)	3.71m	12-2	2/12
2	17	Rachel TERHAAR	JR	#2	Chicago	3.65m	11-11¼	2/12
3	50	Amanda KATZ	SR	#1	Washington (Mo.)	3.41m	11-2¼	2/18
4	64	Susannah TRUITT	FR	#2	Chicago	3.36m	11-¼	2/5
5	70	Emilia CURRENT	FR	#2	Chicago	3.35m	10-11¼	2/12
5	70	Smiley HUYNH	FR	#6	Brandeis	3.35m	10-11¼	2/19
7	97	Anna CURTIS	SO	#1	Washington (Mo.)	3.26m	10-8¼	2/18
8		Jo-Michelle HUCZKO	SO	#3	Carnegie Mellon	3.20m	10-6	2/5
9		Ashley ZHANG	JR	#3	Carnegie Mellon	3.16m	10-4¼	2/19
10		Victoria ZHAO	FR	#5	Case Western Res	3.15m	10-4	12/4

Women's Long Jump

1	2	Isabel MALETICH	JR	#2	Chicago	5.86m	19-2¾	1/15
2	11	Ebunoluwa OPATA	FR	#1	Washington (Mo.)	5.66m	18-7	2/12
3	33	Alicia GUPTÉ	SR	#1	Washington (Mo.)	5.46m	17-11	1/22
4	47	Rebecca STEWART	FR	#2	Chicago	5.40m	17-8¾	2/12
5	88	Smiley HUYNH	FR	#6	Brandeis	5.27m	17-3½	12/4
6		Aryn LYKE	SR	#1	Washington (Mo.)	5.11m	16-9¼	12/4
7		Caroline HANSEN	FR	#4	Emory	5.05m	16-7	1/22
8		Laura BUCCHIERI	JR	#1	Washington (Mo.)	5.04m	16-6½	12/4
9		Elizabeth BARRE	JR	#3	Carnegie Mellon	5.02m	16-5¾	1/29
9		Rebecca LIM	SR	#1	Washington (Mo.)	5.02m	16-5¾	1/22

Women's Triple Jump

1	2	Isabel MALETICH	JR	#2	Chicago	12.39m	40-7¾	2/19
2	8	Ebunoluwa OPATA	FR	#1	Washington (Mo.)	11.87m	38-11½	12/4
3	11	Alicia GUPTÉ	SR	#1	Washington (Mo.)	11.73m	38-6	1/22
4	17	Rebecca STEWART	FR	#2	Chicago	11.63m	38-2	2/5
5	28	Zi'Onay WALKER	SR	#1	Washington (Mo.)	11.39m	37-4½	2/18
6	39	Caroline HANSEN	FR	#4	Emory	11.28m	37-¼	12/3
7	81	Camryn BOURNE	FR	#2	Chicago	10.87m	35-8	2/12
8	87	Emily HOPKINS	FR	#5	Case Western Res	10.84m	35-6¾	2/18
9		Kaitlin DAY	JR	#1	Washington (Mo.)	10.74m	35-3	1/28
10		Sarah OZEKI	FR	#5	Case Western Res	10.65m	34-11¼	2/18

Women's Shot Put

1	13	Molly LAUMAKIS	FR	#2	Chicago	13.54m	44-5¼	2/19
2	89	Sarah FINEMAN	FR	#4	Emory	12.07m	39-7¼	2/12
3	92	Krista SUDAR	SR	#1	Washington (Mo.)	12.06m	39-6¾	2/12
4	94	Taylor SIMPSON	FR	#1	Washington (Mo.)	12.03m	39-5¾	2/18
5		Taylor SYMONETTE	FR	#3	Carnegie Mellon	11.83m	38-9¾	12/4
6		Kathleen MONAHAN	FR	#3	Carnegie Mellon	11.62m	38-1½	2/19
7		Opeoluwa OLUSI	SO	#2	Chicago	11.36m	37-3¼	1/29
8		Taryn SALAKO	SO	#4	Emory	11.31m	37-1¼	1/22
9		Michelle UVIEGHARA	FR	#7	NYU	11.29m	37-½	2/11
10		Mandi MOHR	JR	#2	Chicago	11.13m	36-6¼	2/5

Women's Weight Throw

1	38	Alex DEVAUX	JR	#4	Emory	15.97m	52-4¾	12/3
2	46	Molly LAUMAKIS	FR	#2	Chicago	15.65m	51-4¼	2/5
3	64	Opeoluwa OLUSI	SO	#2	Chicago	15.24m	50-0	2/19
4		Taylor SIMPSON	FR	#1	Washington (Mo.)	14.59m	47-10½	2/12
5		Ola OWODUNNI	JR	#3	Carnegie Mellon	14.31m	46-11½	2/12
6		Krista SUDAR	SR	#1	Washington (Mo.)	14.05m	46-1¼	1/14
7		Ella CORNWELL	SO	#2	Chicago	13.51m	44-4	2/19
8		Mandi MOHR	JR	#2	Chicago	13.25m	43-5¾	1/8
9		Kayla ROUNTREE	FR	#3	Carnegie Mellon	13.08m	42-11	2/19
10		Tori COHEN	FR	#5	Case Western Res	12.75m	41-10	2/5

Women's Pentathlon

1	13	Elizabeth BARRE	JR	#3	Carnegie Mellon	3,141		12/4
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Conference TFRI Event Summary

as of 2/21/2022 8:12:30 AM

UMAC

Women's 60 Meters

1	Chloe HIGGINS	SO	#3	UW-Superior	8.22	12/11
2	Deanna TRUCKSESS	FR	#4	Northwestern-St.	8.24	12/11
3	Kacy SELJE	SO	#4	Northwestern-St.	8.28	12/11
4	Olivia SALZWEDEL	SR	#1	Minnesota Morris	8.33	2/5
5	Jenna BENSON	SR	#1	Minnesota Morris	8.36	2/12
6	Jasmine TERRY	SR	#1	Minnesota Morris	8.41	1/29
7	Lydia GROSS	SO	#1	Minnesota Morris	8.50	2/19
8	Anna BRUECKNER	SO	#5	Crown	8.59	2/18
9	Skyla THOMPSON	FR	#4	Northwestern-St.	8.71	12/11
10	Grace HAMBIKE	FR	#1	Minnesota Morris	8.73	1/29

Women's 60 Meter Hurdles

1	Megan NOWAK	SR	#4	Northwestern-St.	9.79	2/12
2	Stephanie WITBROD	FR	#2	Bethany Lutherar	9.98	2/5
3	Alexxa DEQUEVEDO	JR	#3	UW-Superior	10.03	1/14
4	Juanel ROUX	SO	#5	Crown	10.60	2/18
5	Elsie ESTENSON	FR	#5	Crown	10.72	2/5
6	Emily JACKSON	FR	#2	Bethany Lutherar	10.86	(10.09/55) 2/12
7	Megan MCCUE	FR	#2	Bethany Lutherar	10.89	12/4
8	Claudia ANDROSKY	SO	#3	UW-Superior	11.52	12/11
9	Kenzy KREUZER	FR	#3	UW-Superior	11.57	2/12
10	Jessica NEWMAN	JR	#3	UW-Superior	11.87	1/22

Women's 200 Meters

1	Deanna TRUCKSESS	FR	#4	Northwestern-St.	26.96 f	2/12
2	Elizabeth FRIAS	FR	#1	Minnesota Morris	28.24 f	12/4
3	Anna BRUECKNER	SO	#5	Crown	28.36 f	2/12
4	Chloe HIGGINS	SO	#3	UW-Superior	28.59 f	12/11
5	Kacy SELJE	SO	#4	Northwestern-St.	28.63 f	1/28
6	Alexxa DEQUEVEDO	JR	#3	UW-Superior	28.86 f	1/14
7	Grace HAMBIKE	FR	#1	Minnesota Morris	28.99 f	1/22
8	Jasmine TERRY	SR	#1	Minnesota Morris	29.08 f	2/12
9	Lydia GROSS	SO	#1	Minnesota Morris	29.16c	(28.71OT) 2/19
10	Kim PETERS	FR	#1	Minnesota Morris	29.61c	(29.15OT) 2/19

Women's 400 Meters

1	Deanna TRUCKSESS	FR	#4	Northwestern-St.	1:01.78 f	2/18
2	Anna BRUECKNER	SO	#5	Crown	1:03.10 f	2/12
3	Elizabeth FRIAS	FR	#1	Minnesota Morris	1:05.55c	(1:04.69OT) 2/19
4	Cianna HOPPE	SO	#2	Bethany Lutherar	1:05.69 f	2/12
5	Grace HAMBIKE	FR	#1	Minnesota Morris	1:05.89 f	1/22
6	Lizzy RYDBERG	FR	#4	Northwestern-St.	1:08.96 f	2/12
7	Maggie LANDWER	FR	#1	Minnesota Morris	1:09.07 f	2/5
8	Alexxa DEQUEVEDO	JR	#3	UW-Superior	1:09.25 f	2/12
9	Kim PETERS	FR	#1	Minnesota Morris	1:09.44 f	2/12
10	Stephanie WITBROD	FR	#2	Bethany Lutherar	1:10.76 f	2/12

Women's 800 Meters

1	Maddie CARRINGTON	SO	#1	Minnesota Morris	2:26.26 f	1/29
2	Briahna HENSEL	FR	#1	Minnesota Morris	2:31.62 f	2/5
3	Abby HAGEN	JR	#5	Crown	2:31.74 f	2/12
4	Elizabeth LOFSTAD	SO		North Central (Mir)	2:34.93 f	1/28
5	Kaitlyn LADWIG	SR	#1	Minnesota Morris	2:36.76 f	2/12
6	Cianna HOPPE	SO	#2	Bethany Lutherar	2:39.98 f	2/5
7	Nicole KOSKI	SR	#3	UW-Superior	2:41.01 f	2/5
8	Jordan MERWIN	FR	#2	Bethany Lutherar	2:42.54 f	2/5
9	Meagan BERG	FR	#3	UW-Superior	2:42.68 f	2/12
10	Chloe KUHLMAN	SO	#2	Bethany Lutherar	2:45.23 f	2/12

Women's Mile

1	Maddie CARRINGTON	SO	#1	Minnesota Morris	5:21.28c	(5:18.13OT) 2/19
2	Abby HAGEN	JR	#5	Crown	5:30.34 f	2/5
3	Briahna HENSEL	FR	#1	Minnesota Morris	5:37.65 f	1/29
4	Kayla TOBIN	FR	#2	Bethany Lutherar	5:41.48 f	12/4
5	Elizabeth LOFSTAD	SO		North Central (Mir)	5:42.32 f	2/12
6	Jordan MERWIN	FR	#2	Bethany Lutherar	5:47.78 f	2/12
7	Kaitlyn LADWIG	SR	#1	Minnesota Morris	5:48.73c	(5:45.31OT) 2/19
8	Ilsa HOAGLUND	FR	#1	Minnesota Morris	6:02.77c	(5:59.21OT) 2/19
9	Chloe KUHLMAN	SO	#2	Bethany Lutherar	6:04.42 f	2/12
10	Zoe HOAGLUND	FR	#1	Minnesota Morris	6:08.87 f	2/12

Women's 3000 Meters

1	Kayla TOBIN	FR	#2	Bethany Lutherar	11:01.46 f	2/12
2	Briahna HENSEL	FR	#1	Minnesota Morris	11:13.37 f	2/12
3	Nicole KOSKI	SR	#3	UW-Superior	11:37.86 f	1/14
4	Jordan MERWIN	FR	#2	Bethany Lutherar	11:46.81c	(11:40.78OT) 2/11
5	Ilsa HOAGLUND	FR	#1	Minnesota Morris	11:49.41 f	2/12
6	Zoe HOAGLUND	FR	#1	Minnesota Morris	12:36.60 f	1/29
7	Meagan BERG	FR	#3	UW-Superior	12:36.84 f	1/28
8	Jeanna SCANLON	FR	#3	UW-Superior	12:54.36 f	2/12
9	Kennedy ROBELLIA	JR	#3	UW-Superior	13:00.38 f	1/28
10	Emmeline METZ	FR	#2	Bethany Lutherar	13:08.14 f	1/28

Women's 5000 Meters

1	Kayla TOBIN	FR	#2	Bethany Lutherar	19:19.27c	(19:10.41OT) 2/11
2	Nicole KOSKI	SR	#3	UW-Superior	20:21.84 f	2/12
3	Kennedy ROBELLIA	JR	#3	UW-Superior	22:12.22 f	2/12
4	Tea BOERNER	FR	#3	UW-Superior	23:35.19 f	2/12

Women's 4x400 Relay

1	Witbrod, Hoppe, Anderson, Kuhlman	#2	Bethany Lutherar	4:42.20 f	2/5
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Women's Distance Medley Relay

1	69 Kuhlman, Zaccaria, Hoppe, Merwin	#2	Bethany Lutherar	14:06.16 f	2/5
2	94 Koski, Barker, Boerner, Kreuzer	#3	UW-Superior	15:08.39 f	2/5



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UMAC

Women's High Jump

1	Emily JACKSON	FR	#2	Bethany Lutherar	1.53m	5-1¼	2/12
2	Jasmine TERRY	SR	#1	Minnesota Morris	1.52m	4-11¾	2/5
3	Stephanie WITBROD	FR	#2	Bethany Lutherar	1.48m	4-10¼	2/12
4	Taylor WEAVER	FR	#5	Crown	1.38m	4-6¼	2/5
4	Jasmine BEJARANO	JR	#2	Bethany Lutherar	1.38m	4-6¼	1/22
4	Naomi OREN	FR	#4	Northwestern-St.	1.38m	4-6¼	1/28
7	Ellen BECKIUS	FR	#1	Minnesota Morris	1.35m	4-5	1/29
8	Juanel ROUX	SO	#5	Crown	1.33m	4-4¼	2/5
9	Alexxa DEQUEVEDO	JR	#3	UW-Superior	1.25m	4-1¼	2/12
9	Sheena JAMES	FR	#1	Minnesota Morris	1.25m	4-1¼	2/12

Women's Pole Vault

1	Maggie LANDWER	FR	#1	Minnesota Morris	2.65m	8-8¼	2/12
2	Skyla THOMPSON	FR	#4	Northwestern-St.	2.63m	8-7½	2/18
3	Kacy SELJE	SO	#4	Northwestern-St.	2.45m	8-½	12/11
4	Chloe HIGGINS	SO	#3	UW-Superior	2.30m	7-6½	12/11
5	Kaitlyn LADWIG	SR	#1	Minnesota Morris	2.20m	7-2½	2/12
6	Kenzy KREUZER	FR	#3	UW-Superior	1.68m	5-6	2/12

Women's Long Jump

1	Emily JACKSON	FR	#2	Bethany Lutherar	4.71m	15-5½	2/12
2	Stephanie WITBROD	FR	#2	Bethany Lutherar	4.57m	15-0	1/28
3	Jenna BENSON	SR	#1	Minnesota Morris	4.52m	14-10	2/12
4	Alexxa DEQUEVEDO	JR	#3	UW-Superior	4.47m	14-8	2/12
5	Lizzy RYDBERG	FR	#4	Northwestern-St.	4.44m	14-6¾	2/5
6	Kim PETERS	FR	#1	Minnesota Morris	4.30m	14-1¼	2/12
7	Megan MCCUE	FR	#2	Bethany Lutherar	4.18m	13-8¾	2/12
8	Maggie LANDWER	FR	#1	Minnesota Morris	4.13m	13-6¾	1/22
9	Jeanna SCANLON	FR	#3	UW-Superior	4.09m	13-5	12/11
10	Brooke KOENEN	SO	#3	UW-Superior	4.02m	13-2¼	1/14

Women's Triple Jump

1	Stephanie WITBROD	FR	#2	Bethany Lutherar	10.74m	35-3	1/22
2	Lizzy RYDBERG	FR	#4	Northwestern-St.	9.52m	31-2¾	1/28
3	Kim PETERS	FR	#1	Minnesota Morris	9.46m	31-½	2/19
4	Elizabeth LOFSTAD	SO		North Central (Mi	9.34m	30-7¾	2/12
5	Jasmine BEJARANO	JR	#2	Bethany Lutherar	8.94m	29-4	2/12

Women's Shot Put

1	Hailey GILL	SO	#1	Minnesota Morris	11.84m	38-10¼	1/22
2	Jenica MOES	SR	#1	Minnesota Morris	11.46m	37-7¼	2/19
3	Stephanie WITBROD	FR	#2	Bethany Lutherar	11.25m	36-11	1/28
4	Kasha HUGHLETT	JR	#3	UW-Superior	9.98m	32-9	1/14
5	Dyna BOLINGER	FR	#1	Minnesota Morris	9.13m	29-11½	12/4
6	Jennifer STEINBRING	FR	#1	Minnesota Morris	8.69m	28-6¼	2/5
7	McKenzie TUURA	FR	#3	UW-Superior	8.65m	28-4½	1/28
8	Anna BRIGGS	FR	#1	Minnesota Morris	8.64m	28-4¼	2/19
9	Emma ERICKSON	FR	#3	UW-Superior	8.31m	27-3¼	1/14
10	Megan MCCUE	FR	#2	Bethany Lutherar	8.08m	26-6¼	12/4

Women's Weight Throw

1	54 Hailey GILL	SO	#1	Minnesota Morris	15.46m	50-8¾	1/22
2	79 Kasha HUGHLETT	JR	#3	UW-Superior	14.97m	49-1½	2/5
3	Stephanie WITBROD	FR	#2	Bethany Lutherar	13.86m	45-5¾	2/5
4	Jenica MOES	SR	#1	Minnesota Morris	12.03m	39-5¾	2/19
5	Emma ERICKSON	FR	#3	UW-Superior	11.51m	37-9¼	2/12
6	McKenzie TUURA	FR	#3	UW-Superior	11.19m	36-8½	1/28
7	Anna BRIGGS	FR	#1	Minnesota Morris	11.10m	36-5	2/5
8	Megan MCCUE	FR	#2	Bethany Lutherar	9.92m	32-6½	2/12
9	Analía HANSON	SO	#5	Crown	9.35m	30-8¼	12/4
10	Jennifer STEINBRING	FR	#1	Minnesota Morris	9.29m	30-5¾	2/5



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WIAC

Women's 60 Meters

1	12	Gwen ORR	SR	#6 UW-Platteville	7.74	2/18
2	14	Lexi LEFEVER	SO	#8 UW-River Falls	7.76	1/28
3	18	Kady KOCHENDORFER	JR	#2 UW-Eau Claire	7.79	2/19
4	36	Haley DURST	SO	#1 UW-La Crosse	7.85	1/28
4	36	Emily DAWIDOWICH	FR	#1 UW-La Crosse	7.85	2/5
6	47	Jessica STELZNER	JR	#1 UW-La Crosse	7.88	2/18
7	53	Leyna HERZOG	FR	#5 UW-Stevens Point	7.90	2/19
8	66	Tina SHELTON	FR	#7 UW-Whitewater	7.93	2/18
9	86	Molly GREENINGER	FR	#3 UW-Oshkosh	7.96	2/19
10	94	Kyra HUBER	JR	#3 UW-Oshkosh	7.98	2/19
10	94	Megan BEST	SO	#2 UW-Eau Claire	7.98	2/11

Women's 60 Meter Hurdles

1	4	Emma LAWRENCE	JR	#1 UW-La Crosse	8.74	2/18
2	6	Hannah ZASTROW	FR	#4 UW-Stout	8.78	2/11
3	12	Hannah ZENKOVICH	JR	#1 UW-La Crosse	8.87	2/12
4	18	Riley KINDT	SO	#3 UW-Oshkosh	8.94	2/12
5	26	Brooke MCDOWELL	SO	#1 UW-La Crosse	9.05	2/12
6	34	Jaryn JOHANNSEN	FR	#2 UW-Eau Claire	9.14	2/11
7	47	Lexi LITCHY	FR	#1 UW-La Crosse	9.23	2/18
8	63	Emilee BOOKER	FR	#2 UW-Eau Claire	9.30	2/19
9	78	Hannah HOLM	FR	#1 UW-La Crosse	9.36	2/12
10	91	Christine HUGHES	FR	#5 UW-Stevens Point	9.41	1/28

Women's 200 Meters

1	5	Lexi LEFEVER	SO	#8 UW-River Falls	25.31 f	1/22
2	12	Gwen ORR	SR	#6 UW-Platteville	25.49 f	2/18
3	19	Leyna HERZOG	FR	#5 UW-Stevens Point	25.58 f	2/19
4	21	Kady KOCHENDORFER	JR	#2 UW-Eau Claire	25.65 f	2/19
5	24	Emily DAWIDOWICH	FR	#1 UW-La Crosse	25.69 f	2/12
5	24	Emma LAWRENCE	JR	#1 UW-La Crosse	25.69 f	2/18
7	49	Grace MAURER	JR	#4 UW-Stout	26.13 f	2/19
8	79	Gianna KORNAUS	FR	#2 UW-Eau Claire	26.37 f	2/19
9	82	Carley ELMHORST	JR	#1 UW-La Crosse	26.38 f	2/18
10	96	Elizabeth HREN	SO	#3 UW-Oshkosh	26.48 f	12/11

Women's 400 Meters

1	25	Grace MAURER	JR	#4 UW-Stout	58.77 f	2/11
2	29	Zanzie DEMCO	SR	#3 UW-Oshkosh	59.03 f	1/28
3	36	Katie BANIE	JR	#1 UW-La Crosse	59.14 f	1/22
4	41	Mara SCHROEDER	JR	#1 UW-La Crosse	59.23 f	2/12
5	59	Amber JOHNSON	SO	#1 UW-La Crosse	59.78 f	2/5
6	65	Lilly HALVORSON	FR	#1 UW-La Crosse	59.85 f	2/5
7	88	Melanie KUNZE	SO	#1 UW-La Crosse	1:00.19 f	2/5
8		Izi KNOERNSCHILD	SO	#1 UW-La Crosse	1:00.45 f	2/12
9		Anna AYD	FR	#1 UW-La Crosse	1:00.87 f	2/12
10		Esme REINDERS	SO	#5 UW-Stevens Point	1:00.91 f	2/12

Women's 800 Meters

1	3	Zanzie DEMCO	SR	#3 UW-Oshkosh	2:11.49 f	2/5
2	8	Cyna MADIGAN	SO	#3 UW-Oshkosh	2:13.27 f	12/11
3	13	Libby GEISNESS	JR	#3 UW-Oshkosh	2:14.31 f	12/11
4	18	Katie BANIE	JR	#1 UW-La Crosse	2:15.61 f	2/12
5	24	Anna SCHUETH	SO	#2 UW-Eau Claire	2:16.39 f	2/11
6	25	Hannah LOHRENZ	SR	#3 UW-Oshkosh	2:16.45 f	1/28
7	26	Kaitlyn GALGON	SR	#6 UW-Platteville	2:16.91 f	1/29
8	28	Claire KOENECKE	JR	#1 UW-La Crosse	2:17.49 f	2/12
9	38	Paige FASSBENDER	SO	#7 UW-Whitewater	2:18.46 f	2/18
10	69	Greta KOEHLER	SO	#1 UW-La Crosse	2:20.88 f	2/5

Women's Mile

1	8	Zanzie DEMCO	SR	#3 UW-Oshkosh	4:55.34 f	2/12
2	13	Hannah LOHRENZ	SR	#3 UW-Oshkosh	5:01.27 f	12/3
3	23	Emma MALOOLY	SR	#1 UW-La Crosse	5:04.38 f	1/22
4	30	Maddie HANNAN	SO	#1 UW-La Crosse	5:05.75 f	2/12
5	49	Amelia LEHMAN	SO	#3 UW-Oshkosh	5:08.63 f	2/19
6	50	Carolyn SHULT	SO	#2 UW-Eau Claire	5:09.29 f	2/11
7	65	Kylie JUDD	SO	#2 UW-Eau Claire	5:11.83 f	2/11
8	72	Katelyn CHADWICK	FR	#1 UW-La Crosse	5:12.50 f	2/18
9	73	Ari DE LA CERDA	FR	#7 UW-Whitewater	5:12.77 f	2/18
10	74	Ashley KACHURIK	SO	#2 UW-Eau Claire	5:12.78 f	2/11

Women's 3000 Meters

1	23	Hannah LOHRENZ	SR	#3 UW-Oshkosh	10:04.02 f	12/11
2	45	Emily CUNNINGHAM	FR	#4 UW-Stout	10:16.03 f	2/19
3	61	Katie FARIS	SR	#2 UW-Eau Claire	10:21.75 f	1/28
4	67	Rachel KROUSE	FR	#5 UW-Stevens Point	10:22.92 f	1/28
5	69	Maddie HANNAN	SO	#1 UW-La Crosse	10:23.66 f	1/28
6		Carolyn SHULT	SO	#2 UW-Eau Claire	10:29.75 f	1/28
7		Katelyn CHADWICK	FR	#1 UW-La Crosse	10:31.94 f	1/28
8		Julia ANDERSON	FR	#1 UW-La Crosse	10:31.95 f	1/28
9		Rachel JEFFERS	SR	#1 UW-La Crosse	10:34.45 f	2/18
10		Ari DE LA CERDA	FR	#7 UW-Whitewater	10:37.73 f	2/12

Women's 5000 Meters

1	11	Rachel KROUSE	FR	#5 UW-Stevens Point	17:16.22 f	2/12
2	28	Rachel JEFFERS	SR	#1 UW-La Crosse	17:46.23 f	2/12
3	30	Katelyn CHADWICK	FR	#1 UW-La Crosse	17:48.96 f	2/12
4	41	Katie FARIS	SR	#2 UW-Eau Claire	17:55.99 f	2/11
5	54	Emily CUNNINGHAM	FR	#4 UW-Stout	18:06.25 f	2/11
6	66	Julia ANDERSON	FR	#1 UW-La Crosse	18:15.07 f	2/12
7	70	Katie SCHAEFER	JR	#5 UW-Stevens Point	18:16.19 f	2/12
8	84	Naomi LONG	JR	#2 UW-Eau Claire	18:22.64 f	2/11
9	86	Madelynn MCINTYRE	FR	#1 UW-La Crosse	18:24.76 f	2/12
10	89	Maddy VANTASSEL	SO	#1 UW-La Crosse	18:26.81 f	2/12



Conference TFRI Event Summary

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WIAC

Women's 4x400 Relay

1	6	Johnson, Lawrence, Banie, Schroeder	#1	UW-La Crosse	3:55.23 f	2/5
2	18	Eiers, Kornaus, Booker, Kautz	#2	UW-Eau Claire	4:02.85 f	2/19
3	20	Demco, Madigan, Lohrenz, Geisness	#3	UW-Oshkosh	4:03.36 f	12/11
4	22	Lehman, Reisner, Maurer, Knapp	#4	UW-Stout	4:03.73 f	2/11
5	30	Hansen, Langlois, Halbach, LeFever	#8	UW-River Falls	4:06.29 f	2/12
6	41	Jacobs, McNamara, Fassbender, Nieheuser	#7	UW-Whitewater	4:08.92 f	2/5
7	58	Reinders, Herzog, Bartelt, Spatz	#5	UW-Stevens Point	4:13.56 f	1/28
8	59	Buss, Barnes, Ramsey, Galgon	#6	UW-Platteville	4:13.81 f	2/12

Women's Distance Medley Relay

1	60	De La Cerdá, Nieheuser, Cavanaugh, Smazinski	#7	UW-Whitewater	14:00.73 f	1/22
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Women's High Jump

1	5	Olivia OWENS	FR	#1	UW-La Crosse	1.70m	5-7	1/28
2	23	Hannah ZASTROW	FR	#4	UW-Stout	1.64m	5-4½	2/5
3	25	Riley KINDT	SO	#3	UW-Oshkosh	1.63m	5-4¼	2/12
4	31	Macie TODD	FR	#1	UW-La Crosse	1.62m	5-3¾	2/18
5	39	Emily WILLIAMS	FR	#2	UW-Eau Claire	1.61m	5-3¼	2/19
6	49	Ella WILLIAMSON	FR	#2	UW-Eau Claire	1.60m	5-3	1/22
6	49	Grace ELVERT	JR	#6	UW-Platteville	1.60m	5-3	2/18
8	69	Alia VANDERHOEF	FR	#1	UW-La Crosse	1.58m	5-2¼	2/12
9	84	Mariah LANG	SR	#4	UW-Stout	1.56m	5-1¼	2/19
9	84	Julia THOMPSON	FR	#2	UW-Eau Claire	1.56m	5-1¼	2/11

Women's Pole Vault

1	8	Gracie HOLLAND	FR	#7	UW-Whitewater	3.76m	12-4	2/18
2	12	Ashley O'CONNELL	SO	#1	UW-La Crosse	3.71m	12-2	2/5
3	26	Abby MEIDL	SO	#1	UW-La Crosse	3.56m	11-8	2/12
3	26	Emma WARR	JR	#3	UW-Oshkosh	3.56m	11-8	2/12
5	28	Kimberly ROBERTSON	SR	#8	UW-River Falls	3.55m	11-7¾	1/22
6	32	Ayden FLEECHARTY	SO	#2	UW-Eau Claire	3.51m	11-6¼	2/19
7	39	Abigail NELSON	SO	#5	UW-Stevens Point	3.49m	11-5¼	2/5
8	44	Jordan MECIEJ	SR	#6	UW-Platteville	3.45m	11-3¾	2/4
9	50	Lindsay RUF	JR	#1	UW-La Crosse	3.41m	11-2¼	2/12
9	50	Liz MISSIAEN	FR	#1	UW-La Crosse	3.41m	11-2¼	2/12

Women's Long Jump

1	3	Riley KINDT	SO	#3	UW-Oshkosh	5.85m	19-2½	2/12
2	4	Hannah ZENKOVICH	JR	#1	UW-La Crosse	5.79m	19-0	2/12
3	5	Lexi LEFEVER	SO	#8	UW-River Falls	5.76m	18-10¾	1/28
4	8	Jessica STELZNER	JR	#1	UW-La Crosse	5.70m	18-8½	1/28
5	13	Hannah MILLER	SR	#4	UW-Stout	5.64m	18-6	2/19
6	28	Madison PAGE	SO	#1	UW-La Crosse	5.52m	18-1½	2/12
7	35	Abbey FITZGERALD	FR	#2	UW-Eau Claire	5.45m	17-10¾	2/19
8	38	Gabi MELLA	SO	#2	UW-Eau Claire	5.44m	17-10¼	2/19
9	47	Samantha BARRETT	FR	#1	UW-La Crosse	5.40m	17-8¾	2/12
10	56	Nicole LORD	JR	#1	UW-La Crosse	5.37m	17-7½	2/12

Women's Triple Jump

1	6	Kady KOCHENDORFER	JR	#2	UW-Eau Claire	11.97m	39-3¼	2/11
2	9	Samantha BARRETT	FR	#1	UW-La Crosse	11.81m	38-9	1/28
3	22	Hannah MILLER	SR	#4	UW-Stout	11.49m	37-8½	1/28
4	24	Jessica STELZNER	JR	#1	UW-La Crosse	11.44m	37-6½	2/12
5	30	Miah KELLER	JR	#1	UW-La Crosse	11.37m	37-3¾	2/12
6	37	Kylah FREDERIXON	SO	#1	UW-La Crosse	11.30m	37-1	1/28
7	42	Abbey FITZGERALD	FR	#2	UW-Eau Claire	11.24m	36-10½	2/19
8	64	Kelli SCHNEIDER	JR	#6	UW-Platteville	11.02m	36-2	2/18
9	77	Kasy WALKER- DANIELS	JR	#5	UW-Stevens Point	10.89m	35-8¾	2/19
10	92	Molly KALLENBACH	FR	#2	UW-Eau Claire	10.81m	35-5¾	2/19

Women's Shot Put

1	1	Brianna LEAHY	SR	#6	UW-Platteville	14.84m	48-8¼	1/29
2	2	Skye DIGMAN	JR	#1	UW-La Crosse	14.72m	48-3½	1/28
3	4	Mackenzie HUBER	SO	#4	UW-Stout	14.29m	46-10¾	2/19
4	5	Catie FOBBE	JR	#2	UW-Eau Claire	14.21m	46-7½	2/11
5	17	Brenna MASLOROFF	SO	#3	UW-Oshkosh	13.23m	43-5	12/11
6	18	Demi PLOOR	JR	#4	UW-Stout	13.19m	43-3¼	2/5
7	21	Brenna NOON	FR	#6	UW-Platteville	13.15m	43-1¾	1/29
8	26	Katie FRUTH	JR	#3	UW-Oshkosh	13.01m	42-8¼	2/5
9	41	Brilyn BRECKA	JR	#5	UW-Stevens Point	12.65m	41-6	1/22
10	42	Sarah HULSTEDT	FR	#1	UW-La Crosse	12.61m	41-4½	2/18

Women's Weight Throw

1	3	Skye DIGMAN	JR	#1	UW-La Crosse	18.10m	59-4¾	1/28
2	12	Mackenzie HUBER	SO	#4	UW-Stout	17.05m	55-11¼	2/19
3	17	Catie FOBBE	JR	#2	UW-Eau Claire	16.68m	54-8¾	1/22
4	23	Teagan JONES	FR	#2	UW-Eau Claire	16.26m	53-4¼	2/5
5	30	Brenna MASLOROFF	SO	#3	UW-Oshkosh	16.17m	53-¾	2/12
6	31	Paulina WIENKE	SR	#6	UW-Platteville	16.09m	52-9½	2/12
6	31	Allie MARINEAU	SR	#3	UW-Oshkosh	16.09m	52-9½	1/22
8	42	Jillian HESSE	FR	#5	UW-Stevens Point	15.75m	51-8¼	2/19
9	48	Leah SURPRENANT	SO	#1	UW-La Crosse	15.60m	51-2¼	2/12
10	59	Demi PLOOR	JR	#4	UW-Stout	15.35m	50-4½	2/11



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WIAC

Women's Pentathlon

1	1	Hannah ZENKOVICH	JR	#1	UW-La Crosse	3,664	1/28
2	15	Grace ELVERT	JR	#6	UW-Platteville	3,124	2/4
3	16	Skylar WHITE	FR	#1	UW-La Crosse	3,093	1/28
4	19	Jane KAUTZ	SO	#2	UW-Eau Claire	3,060	1/28
5	29	Emma GRUEN	FR	#2	UW-Eau Claire	2,906	1/28
6	37	Gabby SEMERAD	SO	#2	UW-Eau Claire	2,850	1/28
7	39	Allison ANDERSON	FR	#1	UW-La Crosse	2,834	1/28
8	50	Alexys SCHEURELL	FR	#1	UW-La Crosse	2,711	1/28
9	64	Jessica KEMSTRA	FR	#2	UW-Eau Claire	2,580	1/28
10	69	Jordan SHAMION	FR	#5	UW-Stevens Point	2,537	1/28