



Conference TFRI Event Summary

as of 2/21/2022 8:12:34 AM

AAC

Women's 60 Meters

1	56	Shatrice DIXON	SR	Brenau (Ga.)	7.86	2/17
2	70	Meghann MILLER	SR	#5 Columbia Interna	7.89 (0.4)	12/4
3	74	Talara HARPER	SR	Brenau (Ga.)	7.90	2/17
4	98	Camara MIDDLETON	SO	#1 Columbia (S.C.)	7.95	2/17
5		Haley NEILL	JR	#4 Tennessee Wesley	7.97	2/17
6		Morgan JOHNSON	FR	#5 Columbia Interna	7.99 (0.4)	12/4
7		Amiri MASON	FR	#1 Columbia (S.C.)	8.02	2/17
7		Chaggie BASSAR	FR	#4 Tennessee Wesley	8.02	2/17
9		Daneen HAZELWOOD	SR	#5 Columbia Interna	8.07 (0.3)	12/4
10		Rekia POLK	JR	#1 Columbia (S.C.)	8.08	12/3

Women's 60 Meter Hurdles

1	21	Daneen HAZELWOOD	SR	#5 Columbia Interna	A 8.95	2/17
2	30	Paige MANNEY	FR	#4 Tennessee Wesley	B 9.04	2/17
3	64	Tyleeah MADDOX	SR	Brenau (Ga.)	9.34	2/17
4	72	Crystal JONES	SR	#5 Columbia Interna	9.39	2/17
5	96	Jayda BURKETT	JR	Brenau (Ga.)	9.56	2/17
6		Aniecia GOSS	FR	#4 Tennessee Wesley	9.63	2/17
7		Sarah UNTERHOLZNER	FR	Bryan (Tenn.)	9.92 (9.22(55))	1/29
8		Morgan JOHNSON	FR	#5 Columbia Interna	9.95 (-0.8)	12/4
9		Nathalia ROWE	FR	Brenau (Ga.)	10.05	2/17
10		Zykirah DAVIS	SO	#1 Columbia (S.C.)	10.08	2/17

Women's 200 Meters

1	58	Camara MIDDLETON	SO	#1 Columbia (S.C.)	25.68c (26.08f)	2/17
2	71	Meghann MILLER	SR	#5 Columbia Interna	25.82c (26.22f)	2/17
3		Talara HARPER	SR	Brenau (Ga.)	26.52c (26.93f)	2/17
4		Haley NEILL	JR	#4 Tennessee Wesley	26.71c (27.12f)	2/17
5		Rekia POLK	JR	#1 Columbia (S.C.)	26.77c (27.18f)	12/3
6		Chaggie BASSAR	FR	#4 Tennessee Wesley	26.84c (27.25f)	2/17
7		Shatrice DIXON	SR	Brenau (Ga.)	26.85c (27.26f)	2/17
8		Amiri MASON	FR	#1 Columbia (S.C.)	26.99 out (0.3)	12/4
8		Sinai WEEKS	FR	#5 Columbia Interna	26.99 out (0.3)	12/4
10		Vanessa PROVIDENCE	JR	Brenau (Ga.)	27.00c (27.42f)	2/17

Women's 400 Meters

1	72	Grace WRIGHT	JR	#1 Columbia (S.C.)	1:00.24c (1:01.04f)	2/17
2	93	Nathalia ROWE	FR	Brenau (Ga.)	1:00.73c (1:01.53f)	2/17
3		Jessika RENNICH	FR	Bryan (Tenn.)	1:01.13c (1:02.38u)	1/29
4		Camara MIDDLETON	SO	#1 Columbia (S.C.)	1:01.16c (1:01.97f)	2/17
5		Valeria BOGDANOVA	JR	#1 Columbia (S.C.)	1:01.31c (1:02.12f)	2/17
6		Sarah WELCH	SR	Bryan (Tenn.)	1:01.37c (1:02.18f)	2/17
7		Kiley WOOD	JR	#2 Milligan (Tenn.)	1:01.84 OT	2/3
8		Megan CHRISTIAN	SO	#2 Milligan (Tenn.)	1:02.18 OT	2/3
9		Sarah UNTERHOLZNER	FR	Bryan (Tenn.)	1:02.32c (1:03.14f)	2/17
10		Jayda BURKETT	JR	Brenau (Ga.)	1:02.33c (1:03.15f)	2/17

Women's 600 Meters

1	54	Megan CHRISTIAN	SO	#2 Milligan (Tenn.)	1:41.07c (1:42.30f)	12/4
2	55	Emily STANDIFER	FR	#3 Montreat (N.C.)	1:41.21c (1:42.45f)	2/17
3	73	Kiley WOOD	JR	#2 Milligan (Tenn.)	1:41.81c (1:43.05f)	12/4
4	87	Nathalia ROWE	FR	Brenau (Ga.)	1:42.60c (1:43.85f)	2/17
5	92	Esther EKUNDAYO	JR	#1 Columbia (S.C.)	1:42.97c (1:44.23f)	2/17
6		Kilia HASTY	FR	#3 Montreat (N.C.)	1:43.76c (1:45.03f)	2/17
7		Esther BORAM	JR	Union (Ky.)	1:44.00c (1:45.27f)	2/17
8		Mercy BERKEMEYER	FR	#5 Columbia Interna	1:44.10c (1:45.37f)	2/17
9		Rebecca GLOVER	JR	#2 Milligan (Tenn.)	1:44.25c (1:45.52f)	1/23
10		Valeria BOGDANOVA	JR	#1 Columbia (S.C.)	1:45.68c (1:46.97f)	1/15

Women's 800 Meters

1	32	Dylan GARCIA	FR	#3 Montreat (N.C.)	2:19.18c (2:20.78f)	2/17
2	35	Yessenia CASTELLANOS	FR	#3 Montreat (N.C.)	2:19.96c (2:21.57f)	2/17
3	45	Sarah WELCH	SR	Bryan (Tenn.)	2:21.17c (2:22.79f)	2/17
4	49	Valeria BOGDANOVA	JR	#1 Columbia (S.C.)	2:21.42c (2:23.05f)	2/17
5	54	Gracie ALLEN	SO	#2 Milligan (Tenn.)	2:21.70 OT	1/14
6	69	Rebecca GLOVER	JR	#2 Milligan (Tenn.)	2:23.11c (2:24.76f)	2/17
7	71	Emily STANDIFER	FR	#3 Montreat (N.C.)	2:23.17c (2:24.82f)	12/4
8		Mahaley CRONK	FR	#3 Montreat (N.C.)	2:25.21c (2:26.88f)	2/17
9		Esther EKUNDAYO	JR	#1 Columbia (S.C.)	2:26.90c (2:28.59f)	2/17
10		Makayla HOLLIFIELD	JR	#1 Columbia (S.C.)	2:27.29c (2:28.98f)	2/17

Women's 1000 Meters

1	10	Avery DEWOLF	SR	#2 Milligan (Tenn.)	A 2:58.63c (3:00.58f)	2/17
2	16	Caitlin DOMINY	JR	#2 Milligan (Tenn.)	B 3:00.00c (3:01.96f)	2/17
3	18	Gracie ALLEN	SO	#2 Milligan (Tenn.)	B 3:00.47c (3:02.44f)	2/17
4	42	Dylan GARCIA	FR	#3 Montreat (N.C.)	3:04.33c (3:06.34f)	1/15
5	50	Yessenia CASTELLANOS	FR	#3 Montreat (N.C.)	3:06.25c (3:08.28f)	2/4
6	53	Esther EKUNDAYO	JR	#1 Columbia (S.C.)	3:06.64c (3:08.67f)	2/17
7	57	Catherine SLACK	FR	#3 Montreat (N.C.)	3:07.32c (3:09.36f)	2/17
8	61	Makayla HOLLIFIELD	JR	#1 Columbia (S.C.)	3:09.20c (3:11.26f)	2/17
9	74	Rebecca GLOVER	JR	#2 Milligan (Tenn.)	3:10.60c (3:12.68f)	2/17
10		Abigail HAMPTON	FR	#4 Tennessee Wesley	3:18.30c (3:20.46f)	2/17

Women's Mile

1	6	Avery DEWOLF	SR	#2 Milligan (Tenn.)	A 4:58.81c (5:01.76f)	2/17
2	21	Dylan GARCIA	FR	#3 Montreat (N.C.)	B 5:07.78c (5:10.82f)	1/23
3	41	Caitlin DOMINY	JR	#2 Milligan (Tenn.)	B 5:11.72 OT	1/14
4	60	Ali BURNS	JR	#2 Milligan (Tenn.)	5:15.86c (5:18.98f)	2/17
5	62	Gracie ALLEN	SO	#2 Milligan (Tenn.)	5:15.92c (5:19.04f)	12/4
6	89	Alyssa BEARZI	SO	#2 Milligan (Tenn.)	5:21.52c (5:24.70f)	1/23
7	92	Mahaley CRONK	FR	#3 Montreat (N.C.)	5:21.85c (5:25.03f)	12/4
8	96	Yessenia CASTELLANOS	FR	#3 Montreat (N.C.)	5:22.06c (5:25.24f)	2/17
9		Makayla HOLLIFIELD	JR	#1 Columbia (S.C.)	5:24.67c (5:27.88f)	2/17
10		Madison GUIDER	SO	#4 Tennessee Wesley	5:37.91c (5:41.25f)	2/17



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AAC

Women's 3000 Meters

1	8	Avery DEWOLF	SR	#2	Milligan (Tenn.)	A	10:02.77	1/28
2	15	Alyssa BEARZI	SO	#2	Milligan (Tenn.)	A	10:09.38c(10:14.60f)	2/17
3	24	Dylan GARCIA	FR	#3	Montreat (N.C.)	A	10:19.63c(10:24.94f)	12/4
4	38	Gracie ALLEN	SO	#2	Milligan (Tenn.)	B	10:24.57c(10:29.92f)	12/4
5	67	Caitlin DOMINY	JR	#2	Milligan (Tenn.)		10:35.89 OT	1/14
6	76	Mahaley CRONK	FR	#3	Montreat (N.C.)		10:39.07c(10:44.54f)	12/4
7		Yessenia CASTELLANOS	FR	#3	Montreat (N.C.)		10:49.53c(10:55.09f)	12/4
8		Catherine SLACK	FR	#3	Montreat (N.C.)		11:03.79c(11:09.48f)	2/17
9		Brooke SIMON	FR	#6	Reinhardt (Ga.)		11:03.89c(11:09.58f)	2/17
10		Madison GUIDER	SO	#4	Tennessee Wesley		11:04.56	1/28

Women's 5000 Meters

1	7	Alyssa BEARZI	SO	#2	Milligan (Tenn.)	A	17:24.33c(17:32.32f)	2/17
2	39	Caitlin DOMINY	JR	#2	Milligan (Tenn.)		18:29.85c(18:38.35f)	12/4
3	55	Madison GUIDER	SO	#4	Tennessee Wesley		18:48.70c(18:57.34f)	2/17
4	57	Makayla HOLLIFIELD	JR	#1	Columbia (S.C.)		18:50.40c(18:59.05f)	2/17
5	80	Ali BURNS	JR	#2	Milligan (Tenn.)		19:08.51c(19:17.30f)	2/17
6	91	Brooke SIMON	FR	#6	Reinhardt (Ga.)		19:18.01c(19:26.87f)	2/17
7		Jordan RILEY	FR	#7	Kentucky Christia		19:29.26c(19:38.21f)	2/17
8		Esther EKUNDAYO	JR	#1	Columbia (S.C.)		19:31.76c(19:40.73f)	2/17
9		Lillie SINIARD	SO	#3	Montreat (N.C.)		19:33.09c(19:42.07f)	2/17
10		Sydney REED	FR	#7	Kentucky Christia		19:37.45c(19:46.46f)	2/17

Women's 3000m Race Walk

1	2	Izabelle TREFTS	FR	#1	Columbia (S.C.)	A	14:52.36 f	2/17
2	5	Jessica HEISER-WHATLEY	JR	#1	Columbia (S.C.)	A	15:53.34 f	1/15
3	6	Victoria HEISER-WHATLEY	JR	#1	Columbia (S.C.)	A	15:56.55 f	1/15
4	8	Shelby WINN	SR	#1	Columbia (S.C.)	B	16:51.33 out	12/4
5	20	Ariana PRATT	JR	#1	Columbia (S.C.)		19:24.45	2/6
6	23	Josalynn CARSON	FR	#1	Columbia (S.C.)		19:57.03	2/6
7	26	Gabrielle HUGGINS	JR	#1	Columbia (S.C.)		20:42.10 f	1/15
8	42	Hannah Grace SPARKS	FR	#5	Columbia Interna		31:03.34 f	2/17
9	43	Aliyah OVERTON	JR	#1	Columbia (S.C.)		32:05.34 f	2/17

Women's 4x400 Relay

1	49	https://www.tfrrs.org/teams/51972	Bryan (Tenn.)		4:10.52c (4:13.84f)	2/17
2	58	https://www.tfrrs.org/teams/77148	#4	Tennessee Wesley	4:12.79c (4:16.14f)	2/17
3	60	https://www.tfrrs.org/teams/11327	#3	Montreat (N.C.)	4:13.23c (4:16.59f)	1/23
4	63	https://www.tfrrs.org/teams/79015	#5	Columbia Interna	4:14.36	2/5
5	72	https://www.tfrrs.org/teams/11347		Brenau (Ga.)	4:17.69c (4:21.11f)	2/17
6	80	https://www.tfrrs.org/teams/11325	#2	Milligan (Tenn.)	4:21.20c (4:24.66f)	2/17
7	83	https://www.tfrrs.org/teams/83796	#1	Columbia (S.C.)	4:22.94c (4:26.43f)	2/17

Women's 4x800 Relay

1	21	https://www.tfrrs.org/teams/11325	#2	Milligan (Tenn.)	9:43.47c (9:50.19f)	1/23
2	36	https://www.tfrrs.org/teams/11327	#3	Montreat (N.C.)	10:12.10c(10:19.15f)	1/15
3	39	https://www.tfrrs.org/teams/79015	#5	Columbia Interna	10:16.68c(10:23.79f)	2/17
4	40	https://www.tfrrs.org/teams/83796	#1	Columbia (S.C.)	10:16.94	2/6
5	59	https://www.tfrrs.org/teams/77148	#4	Tennessee Wesley	10:36.46c(10:43.80f)	2/17
6	75	https://www.tfrrs.org/teams/77170	#7	Kentucky Christia	10:59.76c(11:07.36f)	2/17
7	78	https://www.tfrrs.org/teams/11347		Brenau (Ga.)	11:11.08c(11:18.81f)	2/17

Women's Distance Medley Relay

1	9	https://www.tfrrs.org/teams/11325	#2	Milligan (Tenn.)	A	12:11.26c(12:19.09f)	2/17
2	25	https://www.tfrrs.org/teams/11327	#3	Montreat (N.C.)		12:31.47c(12:39.52f)	2/17
3	32	https://www.tfrrs.org/teams/83796	#1	Columbia (S.C.)		12:58.33	1/28
4	48	https://www.tfrrs.org/teams/77148	#4	Tennessee Wesley		13:43.62 OT	2/3
5	66	https://www.tfrrs.org/teams/77170	#7	Kentucky Christia		14:23.43c(14:32.68f)	2/17
6	67	https://www.tfrrs.org/teams/51972		Bryan (Tenn.)		14:23.45c(14:36.33u)	1/29
7	69	https://www.tfrrs.org/teams/11347		Brenau (Ga.)		14:26.97c(14:36.25f)	2/17

Women's High Jump

1	54	Paige MANNEY	FR	#4	Tennessee Wesley	1.58m	5-2¼	2/3
2	66	Tyleeah MADDOX	SR		Brenau (Ga.)	1.56m	5-1¼	2/17
3	100	Aniecia GOSS	FR	#4	Tennessee Wesley	1.52m	4-11¾	2/3
4		Caley ESSIE	FR	#4	Tennessee Wesley	1.50m	4-11	12/3
5		Aijah LEWIS	JR		Union (Ky.)	1.47m	4-9¾	2/17
6		Anna TASTINGER	FR	#3	Montreat (N.C.)	1.46m	4-9½	2/3
7		Grace WRIGHT	JR	#1	Columbia (S.C.)	1.45m	4-9	2/6
7		Ashleigh HARDING	SR	#5	Columbia Interna	1.45m	4-9	12/4
7		Sinai WEEKS	FR	#5	Columbia Interna	1.45m	4-9	12/4
10		Kaitlyn BECKHAM	FR		Bryan (Tenn.)	1.42m	4-7¾	1/22
10		Zykirah DAVIS	SO	#1	Columbia (S.C.)	1.42m	4-7¾	2/6

Women's Pole Vault

1	14	Ashleigh HARDING	SR	#5	Columbia Interna	B	3.50m	11-5¾	2/17
2	41	Halie HAWKINS	JR	#2	Milligan (Tenn.)		3.21m	10-6¼	12/3
3	43	Hannah BULLER	JR		Brenau (Ga.)		3.20m	10-6	1/23
4	98	Anna TASTINGER	FR	#3	Montreat (N.C.)		2.62m	8-7	2/17
4	98	Madison OBARSKY	JR	#6	Reinhardt (Ga.)		2.62m	8-7	2/17
6		Cassidy HUNTER	SO		Brenau (Ga.)		2.52m	8-3¼	2/17
7		Seire BAKER-MORGAN	FR	#1	Columbia (S.C.)		2.42m	7-11¼	2/17
8		Grace WRIGHT	JR	#1	Columbia (S.C.)		2.30m	7-6½	2/6



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AAC

Women's Long Jump

1	25	Shatrice DIXON	SR	Brenau (Ga.)	B	5.51m	18-1	2/17
2	59	Jamellia POTTS	JR	Union (Ky.)		5.35m	17-6¾	2/17
3	64	Talara HARPER	SR	Brenau (Ga.)		5.31m	17-5¼	2/17
4		Jessica GAKERI	FR	#3 Montreat (N.C.)		5.14m	16-10½	2/3
5		Paige MANNEY	FR	#4 Tennessee Wesley		5.04m	16-6½	2/3
6		Aijah LEWIS	JR	Union (Ky.)		5.02m	16-5¾	2/11
7		Meghann MILLER	SR	#5 Columbia Interna		5.01m	16-5¼	2/17
8		Jemimah NDUNE	JR	#2 Milligan (Tenn.)		4.96m	16-3¼	1/14
9		Jayda BURKETT	JR	Brenau (Ga.)		4.93m	16-2¼	2/17
10		Aniecia GOSS	FR	#4 Tennessee Wesley		4.89m	16-½	2/3

Women's Triple Jump

1	10	Paige MANNEY	FR	#4 Tennessee Wesley	A	11.73m	38-6	2/17
2	30	Jessica GAKERI	FR	#3 Montreat (N.C.)	B	11.30m	37-1	2/17
3	42	Shatrice DIXON	SR	Brenau (Ga.)		10.96m	35-11½	2/17
4	45	Aniecia GOSS	FR	#4 Tennessee Wesley		10.93m	35-10½	2/17
5	66	Oluwatomisin JOHN	JR	Brenau (Ga.)		10.69m	35-1	2/17
6		Javen WIMBERLY	SO	#6 Reinhardt (Ga.)		10.22m	33-6½	1/23
7		Caley ESSIE	FR	#4 Tennessee Wesley		9.89m	32-5½	2/17
8		Darien WATKINS	JR	#1 Columbia (S.C.)		8.32m	27-3¾ (2.0)	2/6

Women's Shot Put

1	26	Aleah BROMELL	SR	#1 Columbia (S.C.)		12.91m	42-4¼	2/6
2	39	Zaida CARSON	JR	#1 Columbia (S.C.)		12.57m	41-3	2/6
3	50	Kloey PICKENS	FR	#5 Columbia Interna		12.33m	40-5½	2/17
4	79	Jamellia POTTS	JR	Union (Ky.)		11.85m	38-10½	1/21
5		Camille HOLLEY	JR	Bryan (Tenn.)		11.34m	37-2½	1/29
6		Allie ROSE	SR	#2 Milligan (Tenn.)		11.21m	36-9½	12/3
7		Darci DAWSON	FR	#1 Columbia (S.C.)		11.20m	36-9	2/6
8		Jailyn KENDRICK	JR	Brenau (Ga.)		11.05m	36-3	2/17
9		Rae GORE	FR	#4 Tennessee Wesley		11.04m	36-2¾	12/3
10		Ellie AYERS	SO	#2 Milligan (Tenn.)		10.88m	35-8½	1/28

Women's Weight Throw

1	50	Aleah BROMELL	SR	#1 Columbia (S.C.)		15.10m	49-6½	1/15
2	69	Kate BARBEE	SR	#5 Columbia Interna		14.57m	47-9¾	2/17
3	73	Jailyn KENDRICK	JR	Brenau (Ga.)		14.44m	47-4½	2/17
4	85	Angelica RICHARDS	SO	Brenau (Ga.)		14.21m	46-7½	2/17
5	94	Zaida CARSON	JR	#1 Columbia (S.C.)		14.00m	45-11¼	2/6
6		Dazanni HINTON	SO	#5 Columbia Interna		13.52m	44-4¼	2/17
7		Kloey PICKENS	FR	#5 Columbia Interna		12.89m	42-3½	2/17
8		Anaya CANTY	SO	#5 Columbia Interna		12.87m	42-2¾	12/4
9		Lauren HANNAH	SO	#7 Kentucky Christia		12.41m	40-8¾	2/17
10		Allie ROSE	SR	#2 Milligan (Tenn.)		12.13m	39-9¾	12/3

Women's Pentathlon

1	18	Paige MANNEY	FR	#4 Tennessee Wesley	B	3,083	2/3
2	38	Tyleeah MADDOX	SR	Brenau (Ga.)		2,843	2/7
3	60	Jayda BURKETT	JR	Brenau (Ga.)		2,504	2/7
4	66	Anna TASTINGER	FR	#3 Montreat (N.C.)		2,451	2/3
5	76	Aniecia GOSS	FR	#4 Tennessee Wesley		2,260	2/3
6	83	Caley ESSIE	FR	#4 Tennessee Wesley		2,191	2/3
7	92	Zykirah DAVIS	SO	#1 Columbia (S.C.)		1,942	12/3
8	96	Skylar SIMON	JR	Brenau (Ga.)		1,858	2/7



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AMC

Women's 60 Meters

1	53	Brittany WILLIS	SR	#4	Park (Mo.)	7.85	2/18
2		Nakira GAGE	SO	#2	Missouri Baptist	8.00	2/19
3		Lily ASHRAFZADEH	SO	#1	Columbia (Mo.)	8.06	2/19
4		Makenzie SCHWARTZ	SO	#1	Columbia (Mo.)	8.08	12/4
5		Maegan SALEH	SR	#2	Missouri Baptist	8.13	1/21
6		Layla HORN	FR		Hannibal-LaGrange	8.19	1/28
7		Shelby BIRMINGHAM	FR	#4	Park (Mo.)	8.25	1/28
8		Faith WILLIAMS	FR	#4	Park (Mo.)	8.32	2/4
9		Gracie SCHULTZ	FR	#1	Columbia (Mo.)	8.35	2/19
10		Madeline BURTON	FR	#1	Columbia (Mo.)	8.41	2/19

Women's 60 Meter Hurdles

1	28	Ally SWAIM	SO		Central Baptist (A B	9.02	1/28
2	39	Lisha MCKENZIE	FR	#4	Park (Mo.)	B 9.11	2/18
3		Makenzie SCHWARTZ	SO	#1	Columbia (Mo.)	9.63	2/19
4		Tiah CUPP	FR		Hannibal-LaGrange	10.00	2/19
5		Katelyn CONNER	JR	#1	Columbia (Mo.)	10.10	12/4
6		Madison REINHOLD	SO		St. Louis Pharmac	11.07	2/19
7		Isabella SCHREIBER	FR	#2	Missouri Baptist	11.32	2/19
8		Madeline BURTON	FR	#1	Columbia (Mo.)	11.78	2/19
9		Emily WEISS	SO	#5	Williams Baptist (	12.52	1/28

Women's 200 Meters

1		Shelby BIRMINGHAM	FR	#4	Park (Mo.)	26.27 OT	2/4
2		Ally SWAIM	SO		Central Baptist (A	26.37c (26.78f)	2/19
3		Lily ASHRAFZADEH	SO	#1	Columbia (Mo.)	26.80c (27.21f)	2/19
4		Brittany WILLIS		#4	Park (Mo.)	26.86 OT	12/4
5		Nakira GAGE	SO	#2	Missouri Baptist	26.97c (27.39f)	2/19
6		Layla HORN	FR		Hannibal-LaGrange	27.00c (27.42f)	2/11
7		Makenzie SCHWARTZ	SO	#1	Columbia (Mo.)	27.05c (27.47f)	2/19
8		Allison ANDERSON		#4	Park (Mo.)	27.07 OT	12/4
9		Faith WILLIAMS		#4	Park (Mo.)	27.11 OT	12/4
10		Maegan SALEH	SR	#2	Missouri Baptist	27.45c (27.87f)	1/21

Women's 400 Meters

1	79	Shelby BIRMINGHAM	FR	#4	Park (Mo.)	1:00.47 OT	2/18
2		Layla HORN	FR		Hannibal-LaGrange	1:01.87c (1:02.69f)	2/19
3		Allison ANDERSON		#4	Park (Mo.)	1:02.59 OT	12/4
4		Karoline KOLIE	FR		Hannibal-LaGrange	1:02.65c (1:03.48f)	2/19
5		Faith WILLIAMS	FR	#4	Park (Mo.)	1:03.27 OT	2/18
6		Kristan WILSON	JR	#3	William Woods (M	1:03.80c (1:04.64f)	2/19
7		Halie MOELLER	JR	#1	Columbia (Mo.)	1:04.53c (1:05.38f)	12/4
8		Hadley SANDERS	FR	#1	Columbia (Mo.)	1:04.57c (1:05.42f)	2/19
9		Tiah CUPP	FR		Hannibal-LaGrange	1:06.74c (1:07.62f)	1/28
10		Alyssa MCPIKE	JR		St. Louis Pharmac	1:07.05c (1:07.94f)	2/12

Women's 600 Meters

1	12	Jena HAHLEBECK	JR	#4	Park (Mo.)	A 1:35.70 OT	2/18
2	85	Isabel RINKENBERGER	FR	#2	Missouri Baptist	1:42.44c (1:43.69f)	2/5
3		Halie MOELLER	JR	#1	Columbia (Mo.)	1:43.52c (1:33.56/60)	1/28
4		Ellie DIMOND	SO	#3	William Woods (M	1:44.68c (1:45.96f)	2/19
5		Hadley SANDERS	FR	#1	Columbia (Mo.)	1:45.35c (1:35.21/60)	1/28
6		Harley NALE	SR	#3	William Woods (M	1:45.38c (1:46.67f)	2/19
7		Mikey LARSON	FR	#5	Williams Baptist (	1:46.76c (1:48.06f)	2/19
8		Daylin HUEBOTTER	SO	#1	Columbia (Mo.)	1:52.28c (1:53.65f)	2/19
9		Mary BALASHOVA	FR		Hannibal-LaGrange	1:53.74c (1:55.13f)	2/19
10		Emma SHAW	FR	#5	Williams Baptist (	1:54.24 OT	1/22

Women's 800 Meters

1	29	Emily BAYER	SR	#2	Missouri Baptist	2:18.79c (2:20.39f)	2/19
2	57	Mia REED	FR	#2	Missouri Baptist	2:21.93c (2:23.56f)	1/21
3	58	Isabel RINKENBERGER	FR	#2	Missouri Baptist	2:22.21 OT	2/11
4	68	Jena HAHLEBECK	JR	#4	Park (Mo.)	2:23.05 OT	2/4
5		Emma HOMFELDT	SO	#1	Columbia (Mo.)	2:29.47c (2:31.19f)	2/19
6		Kyla BERTSCHINGER	JR	#1	Columbia (Mo.)	2:30.27c (2:32.00f)	2/19
7		Alyssa MCPIKE	JR		St. Louis Pharmac	2:32.10c (2:33.85f)	2/19
8		Hadley SANDERS	FR	#1	Columbia (Mo.)	2:33.93c (2:35.70f)	2/19
9		Jada O'DONNELL	SO	#1	Columbia (Mo.)	2:35.35c (2:37.14f)	2/19
10		Allison WAKELAND	SR		St. Louis Pharmac	2:36.35c (2:38.15f)	2/19

Women's 1000 Meters

1	55	Mia REED	FR	#2	Missouri Baptist	3:06.90c (3:08.94f)	2/19
2	80	Harley NALE	SR	#3	William Woods (M	3:11.34c (3:13.42f)	2/19
3		Jena HAHLEBECK		#4	Park (Mo.)	3:15.86 OT	12/4
4		Ellie DIMOND	SO	#3	William Woods (M	3:16.96c (3:19.11f)	2/19
5		Mekayla GIBSON	FR	#3	William Woods (M	3:24.79c (3:27.02f)	2/19
6		Daylin HUEBOTTER	SO	#1	Columbia (Mo.)	3:28.79c (3:31.07f)	2/19
7		Mikey LARSON	FR	#5	Williams Baptist (	3:30.59c (3:32.89f)	2/19
8		Sophie EASTHAM	SO		St. Louis Pharmac	3:32.34c (3:34.65f)	2/19
9		Grace BRINKMANN	SO	#1	Columbia (Mo.)	3:37.66c (3:40.03f)	2/19
10		Mary BALASHOVA	FR		Hannibal-LaGrange	3:40.93c (3:43.34f)	2/19

Women's Mile

1	19	Emily BAYER	SR	#2	Missouri Baptist	A 5:06.58 OT	2/11
2	33	Mia REED	FR	#2	Missouri Baptist	B 5:10.17 OT	2/11
3		Isabel RINKENBERGER	FR	#2	Missouri Baptist	5:24.28c (5:27.49f)	1/28
4		Kyla BERTSCHINGER	JR	#1	Columbia (Mo.)	5:29.18 OT	1/22
5		Emma HOMFELDT	SO	#1	Columbia (Mo.)	5:37.06c (5:40.39f)	2/19
6		Jada O'DONNELL	SO	#1	Columbia (Mo.)	5:37.46c (5:40.80f)	1/28
7		Mekayla GIBSON	FR	#3	William Woods (M	5:37.76c (5:41.10f)	1/28
8		Harley NALE	SR	#3	William Woods (M	5:37.88c (5:41.22f)	2/11
9		Grace BRINKMANN	SO	#1	Columbia (Mo.)	5:41.34c (5:44.71f)	1/28
10		Clare WILBER	SO	#6	Lyon (Ark.)	5:46.71c (5:51.24u)	2/12



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Women's 3000 Meters

1	26	Emily BAYER	SR	#2	Missouri Baptist	A	10:21.10c	(10:26.42f)	2/5
2	90	Alicia ENGELBRECHT	SR	#3	William Woods (M)		10:45.05c	(10:50.58f)	2/11
3		Peri WELCH	FR	#1	Columbia (Mo.)		10:53.77 OT		1/22
4		Kyla BERTSCHINGER	JR	#1	Columbia (Mo.)		11:01.91c	(11:07.58f)	1/28
5		Jada O'DONNELL	SO	#1	Columbia (Mo.)		11:03.90 OT		1/22
6		Emma HOMFELDT	SO	#1	Columbia (Mo.)		11:20.26c	(11:26.09f)	1/28
7		Mary GROVER	SO	#3	William Woods (M)		11:33.38c	(11:39.32f)	2/11
8		Mikayla SHERRILL	JR		St. Louis Pharmac		11:35.26c	(11:41.22f)	2/19
9		Nani BREWINGTON	JR	#2	Missouri Baptist		11:40.26c	(11:46.26f)	1/28
10		Grace BRINKMANN	SO	#1	Columbia (Mo.)		11:46.91c	(11:52.97f)	1/28

Women's 5000 Meters

1	59	Alicia ENGELBRECHT	SR	#3	William Woods (M)		18:54.37c	(19:03.05f)	2/19
2	70	Jada O'DONNELL	SO	#1	Columbia (Mo.)		19:03.14c	(19:11.89f)	2/19
3		Kyla BERTSCHINGER	JR	#1	Columbia (Mo.)		19:47.96c	(19:57.05f)	2/19
4		Grace BRINKMANN	SO	#1	Columbia (Mo.)		19:49.46c	(19:58.57f)	2/19
5		Mary GROVER	SO	#3	William Woods (M)		20:10.62c	(20:19.89f)	2/19
6		Nani BREWINGTON	JR	#2	Missouri Baptist		20:49.02c	(20:58.58f)	2/5
7		Alexis HERMAN	JR	#6	Lyon (Ark.)		21:23.55c	(21:33.38f)	2/19
8		Kimi PUTNAM	SR	#3	William Woods (M)		22:04.60c	(22:14.74f)	2/19
9		Ali WARD	FR	#5	Williams Baptist (		23:29.52c	(23:40.31f)	2/19

Women's 3000m Race Walk

1	25	Amy MCMORRIS	SR	#5	Williams Baptist (		20:27.06 f		1/28
2	29	Mia WINTERS	FR	#6	Lyon (Ark.)		21:26.41 f		2/19

Women's 4x400 Relay

1	44	https://www.tfrrs.org/teams/1883		#4	Park (Mo.)		4:09.07 OT		2/4
2	52	https://www.tfrrs.org/teams/3649		#2	Missouri Baptist		4:11.18c	(4:14.51f)	2/19
3	69	https://www.tfrrs.org/teams/77207		#1	Columbia (Mo.)		4:16.06c	(4:19.45f)	2/19
4	93	https://www.tfrrs.org/teams/18843		#3	William Woods (M)		4:27.35c	(4:30.89f)	2/19
5	94	https://www.tfrrs.org/teams/11218			Hannibal-LaGrange		4:27.43c	(4:30.98f)	2/19
6	100	https://www.tfrrs.org/teams/11220			St. Louis Pharmac		4:30.41c	(4:34.00f)	2/19
7		https://www.tfrrs.org/teams/83878		#5	Williams Baptist (		4:45.90c	(4:49.69f)	2/19

Women's 4x800 Relay

1	18	https://www.tfrrs.org/teams/3649		#2	Missouri Baptist		9:42.88c	(9:49.60f)	2/5
2	56	https://www.tfrrs.org/teams/11220			St. Louis Pharmac		10:32.02c	(10:39.30f)	2/19
3	62	https://www.tfrrs.org/teams/18843		#3	William Woods (M)		10:42.66c	(10:50.07f)	2/19
4	81	https://www.tfrrs.org/teams/77207		#1	Columbia (Mo.)		11:13.76c	(11:21.53f)	2/19
5	85	https://www.tfrrs.org/teams/11218			Hannibal-LaGrange		11:31.15c	(11:39.12f)	2/19
6	87	https://www.tfrrs.org/teams/83878		#5	Williams Baptist (		11:44.40c	(11:52.52f)	1/28

Women's Distance Medley Relay

1	15	https://www.tfrrs.org/teams/3649		#2	Missouri Baptist	A	12:19.76 OT		2/11
2	54	https://www.tfrrs.org/teams/11220			St. Louis Pharmac		13:59.03c	(14:08.01f)	1/28
3	59	https://www.tfrrs.org/teams/18843		#3	William Woods (M)		14:06.27c	(14:15.33f)	2/19
4	68	https://www.tfrrs.org/teams/11313		#6	Lyon (Ark.)		14:25.97c	(14:35.24f)	2/19
5	70	https://www.tfrrs.org/teams/83878		#5	Williams Baptist (		14:27.58c	(14:36.87f)	1/28
6	74	https://www.tfrrs.org/teams/11218			Hannibal-LaGrange		14:38.40c	(14:47.81f)	2/19
7	78	https://www.tfrrs.org/teams/77207		#1	Columbia (Mo.)		14:56.88c	(15:06.48f)	2/19

Women's High Jump

1	93	Josephine WRIGHT	FR	#1	Columbia (Mo.)		1.53m	5-¼	2/19
2		Kayla SHIVERDECKER	JR	#1	Columbia (Mo.)		1.50m	4-11	12/4
3		Liberty COLEMAN	FR		St. Louis Pharmac		1.42m	4-7¾	12/4
4		Susan MOMAN	FR	#3	William Woods (M)		1.40m	4-7	2/19
5		Emma CLIFFORD	FR	#3	William Woods (M)		1.35m	4-5	2/19
5		Madeline BURTON	FR	#1	Columbia (Mo.)		1.35m	4-5	2/19
5		Katelyn CONNER	JR	#1	Columbia (Mo.)		1.35m	4-5	12/4
5		Nia HAWKINS	JR	#3	William Woods (M)		1.35m	4-5	2/19
9		Emily WEISS	SO	#5	Williams Baptist (		1.30m	4-3¾	2/19
9		Jaylynn TUCKER		#4	Park (Mo.)		1.30m	4-3¾	12/4
9		Lauren IMLER	SO	#3	William Woods (M)		1.30m	4-3¾	2/19

Women's Pole Vault

1	74	Alaina SCOTT	FR	#2	Missouri Baptist		2.82m	9-3	2/5
2	88	Halie MOELLER	JR	#1	Columbia (Mo.)		2.70m	8-10¼	1/28
3		Liberty COLEMAN	FR		St. Louis Pharmac		2.45m	8-½	12/4
4		Allyson MARLOW	FR	#5	Williams Baptist (		2.37m	7-9¼	2/19

Women's Long Jump

1	20	Bailey TURNER	JR	#4	Park (Mo.)	B	5.56m	18-3	2/12
2	38	Lily ASHRAFAZADEH	SO	#1	Columbia (Mo.)		5.41m	17-9	12/4
3	43	Maegan SALEH	SR	#2	Missouri Baptist		5.39m	17-8¼	2/19
4	53	Madeline BURTON	FR	#1	Columbia (Mo.)		5.36m	17-7	12/4
5		Nia HAWKINS	JR	#3	William Woods (M)		5.13m	16-10	2/11
6		Gracie SCHULTZ	FR	#1	Columbia (Mo.)		4.98m	16-4¼	1/15
7		Katelyn CONNER	JR	#1	Columbia (Mo.)		4.94m	16-2½	2/19
8		Nadia PORRO - FANJUL	SR	#1	Columbia (Mo.)		4.90m	16-1	12/4
9		Tamia DANDRIDGE	FR	#5	Williams Baptist (		4.75m	15-7	2/19
10		Layla HORN	FR		Hannibal-LaGrange		4.69m	15-4¾	2/4



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Women's Triple Jump

1	21	Bailey TURNER	JR	#4	Park (Mo.)	A	11.44m	37-6½	2/12
2	52	Maegan SALEH	SR	#2	Missouri Baptist		10.80m	35-5¼	2/19
3	76	Madeline BURTON	FR	#1	Columbia (Mo.)		10.59m	34-9	2/19
4	78	Katelyn CONNER	JR	#1	Columbia (Mo.)		10.56m	34-7¾	2/19
5		Nia HAWKINS	JR	#3	William Woods (M)		10.29m	33-9¼	2/19
6		Tamia DANDRIDGE	FR	#5	Williams Baptist (		9.99m	32-9½	2/19
7		Gracie SCHULTZ	FR	#1	Columbia (Mo.)		9.74m	31-11½	2/19
8		Allyson MARLOW	FR	#5	Williams Baptist (		9.28m	30-5½	2/19

Women's Shot Put

1	5	Katie FRENCH	SR	#3	William Woods (M)	A	13.84m	45-5	2/11
2	71	Kaylyn POWERS	FR		Hannibal-LaGrange		11.96m	39-3	2/11
3	86	Gabrielle MORGAN	SR		St. Louis Pharmac		11.77m	38-7½	1/28
4		Hannah BAKER	SO	#5	Williams Baptist (		11.37m	37-3¾	2/19
5		Nicole EMMONS	JR	#1	Columbia (Mo.)		11.27m	36-11¾	1/22
6		Drew BILLUPS	FR		Hannibal-LaGrange		10.76m	35-3¾	2/11
7		Shikayla WALKER		#4	Park (Mo.)		10.62m	34-10¼	12/4
8		Hannah KOENIGSFELD	FR	#1	Columbia (Mo.)		10.38m	34-¾	2/19
9		Susan MOMAN	FR	#3	William Woods (M)		10.11m	33-2	1/28
10		Camryn CADENHEAD		#4	Park (Mo.)		9.93m	32-7	12/4

Women's Weight Throw

1	23	Katie FRENCH	SR	#3	William Woods (M)	A	16.27m	53-4½	2/11
2	67	Kennise ANDERSON	FR	#4	Park (Mo.)		14.59m	47-10½	2/18
3	76	Hannah BAKER	SO	#5	Williams Baptist (		14.37m	47-1¾	1/22
4	98	Shikayla WALKER	SR	#4	Park (Mo.)		13.84m	45-5	2/18
5		Nicole EMMONS	JR	#1	Columbia (Mo.)		13.41m	44-0	2/19
6		Jeanette WOEHRLE	FR	#1	Columbia (Mo.)		13.30m	43-7¾	12/4
7		Kaylyn POWERS	FR		Hannibal-LaGrange		13.23m	43-5	2/4
8		Clara MACHERAS	JR		St. Louis Pharmac		12.96m	42-6¼	2/19
9		Kennedy BENNETT	JR	#2	Missouri Baptist		12.84m	42-1½	2/19
10		Gabrielle MORGAN	SR		St. Louis Pharmac		11.76m	38-7	2/12

Women's Pentathlon

1	79	Katelyn CONNER	JR	#1	Columbia (Mo.)		2,212		1/28
2	88	Madeline BURTON	FR	#1	Columbia (Mo.)		2,117		1/28
3	97	Isabella SCHREIBER	FR	#2	Missouri Baptist		1,844		1/28
4		Emily WEISS	SO	#5	Williams Baptist (		1,278		1/28



Conference TFRI Event Summary

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Chicagoland

Women's 60 Meters

1	46	Alyssa BUSKER	FR	#6	Trinity Christian (I B	7.82	12/4
2	56	Mara BRUNO	SO	#2	St. Francis (Ill.)	7.86	2/5
3	70	Talia JONES-WRIGHT	SR	#2	St. Francis (Ill.)	7.89	2/18
4	84	Linda GRIFFITH	FR	#1	Olivet Nazarene (I	7.92	1/21
5	91	Olivia STURRUP	FR	#1	Olivet Nazarene (I	7.93	2/12
5	91	Kimberly BRENT	SO	#1	Olivet Nazarene (I	7.93	2/18
7	98	Jamaya JENKINS	FR	#3	Saint Xavier (Ill.)	7.95	2/18
8		Tera MILLER	SO	#1	Olivet Nazarene (I	8.02	2/5
9		Kayah CHERRY-MYLES	FR	#2	St. Francis (Ill.)	8.10	12/4
10		Shyasia BAKER	JR	#2	St. Francis (Ill.)	8.14	2/5

Women's 60 Meter Hurdles

1	41	Linda GRIFFITH	FR	#1	Olivet Nazarene (I	9.17	2/18
2	44	Leah ROSE	SR	#4	St. Ambrose (low:	9.20	2/18
3	58	Alyssa DOLAN	SO	#2	St. Francis (Ill.)	9.31	12/10
4	62	Hannah ANTKOVIK	FR	#1	Olivet Nazarene (I	9.32	2/18
5	85	Gina MISEK	JR	#5	Judson (Ill.)	9.49	2/18
6	87	Amia HARRISON	FR	#3	Saint Xavier (Ill.)	9.50	1/28
7	95	Olivia BUNDY	FR	#3	Saint Xavier (Ill.)	9.55	2/5
8		Meghann CULLEN	SR	#1	Olivet Nazarene (I	9.58	2/18
9		Gianna TRENTER	FR	#2	St. Francis (Ill.)	9.89	12/10
10		Laurny BENNETT	FR	#4	St. Ambrose (low:	9.92	1/21

Women's 200 Meters

1	14	Alyssa BUSKER	FR	#6	Trinity Christian (I A	25.04c	(25.42f)	2/18
2	17	Tera MILLER	SO	#1	Olivet Nazarene (I A	25.12c	(25.51f)	2/18
3	21	Kimberly BRENT	SO	#1	Olivet Nazarene (I A	25.20c	(25.59f)	2/18
4	38	Mara BRUNO	SO	#2	St. Francis (Ill.)	25.52c	(25.91f)	2/5
5	55	Olivia STURRUP	FR	#1	Olivet Nazarene (I	25.67c	(26.06f)	2/18
6	89	Linda GRIFFITH	FR	#1	Olivet Nazarene (I	26.00 OT		12/3
7		Hannah ANTKOVIK	FR	#1	Olivet Nazarene (I	26.27c	(26.67f)	12/4
8		Shyasia BAKER	JR	#2	St. Francis (Ill.)	26.30c	(26.70f)	2/18
9		Jamaya JENKINS	FR	#3	Saint Xavier (Ill.)	26.34c	(26.75f)	1/28
10		Celina MAYFORTH	SR	#2	St. Francis (Ill.)	26.39c	(26.80f)	12/10

Women's 400 Meters

1	21	Tera MILLER	SO	#1	Olivet Nazarene (I B	57.74c	(58.50f)	2/18
2	26	Linda GRIFFITH	FR	#1	Olivet Nazarene (I B	58.10 OT		2/12
3	32	Hannah ANTKOVIK	FR	#1	Olivet Nazarene (I B	58.57c	(59.34f)	2/18
4	51	Megan JANSETT	SR	#4	St. Ambrose (low:	59.47c	(1:00.26f)	2/18
5	60	Mara BRUNO	SO	#2	St. Francis (Ill.)	59.86c	(1:00.65f)	2/18
6	81	Katie LAMBRECHT	FR	#4	St. Ambrose (low:	1:00.48c	(1:01.28f)	12/10
7		Celina MAYFORTH	SR	#2	St. Francis (Ill.)	1:00.99 OT		12/3
8		Gabbi BUTLER	SO	#4	St. Ambrose (low:	1:01.80c	(1:02.62f)	2/18
9		Olivia BUNDY	FR	#3	Saint Xavier (Ill.)	1:02.25c	(1:03.07f)	1/28
10		Tori ORTON	FR	#1	Olivet Nazarene (I	1:02.30c	(1:03.12f)	1/21

Women's 600 Meters

1	27	Keeley LEARY	JR	#3	Saint Xavier (Ill.)	1:38.37c	(1:39.57f)	2/18
2	33	Sabrina BAFTIRI	SR	#2	St. Francis (Ill.)	1:38.84c	(1:40.05f)	1/28
3	40	Lindsey DIAZDELEON	SO	#1	Olivet Nazarene (I	1:39.34c	(1:40.55f)	2/18
4	52	Delilah DELGADO	JR	#3	Saint Xavier (Ill.)	1:40.80c	(1:42.03f)	1/28
5	60	Megan JANSETT	SR	#4	St. Ambrose (low:	1:41.45c	(1:42.69f)	12/10
6	79	Tori ORTON	FR	#1	Olivet Nazarene (I	1:42.25c	(1:43.50f)	2/18
7	88	Mady ROGERS	FR	#1	Olivet Nazarene (I	1:42.66c	(1:43.91f)	1/29
8		Karissa KOVAL	FR	#4	St. Ambrose (low:	1:43.73c	(1:45.00f)	2/18
9		Megan KRISCH	SR	#2	St. Francis (Ill.)	1:45.54c	(1:46.83f)	12/10
10		Claire ROBERTS	FR	#2	St. Francis (Ill.)	1:45.68c	(1:46.97f)	2/5

Women's 800 Meters

1	34	Ana PINEDA	SO	#2	St. Francis (Ill.)	2:19.64c	(2:21.25f)	2/18
2	66	Rachel SHEPARD	JR	#1	Olivet Nazarene (I	2:23.00 OT		12/3
3	70	Sabrina BAFTIRI	SR	#2	St. Francis (Ill.)	2:23.14c	(2:24.79f)	2/18
4	89	Lindsey DIAZDELEON	SO	#1	Olivet Nazarene (I	2:24.06c	(2:25.72f)	2/12
5	92	Mady ROGERS	FR	#1	Olivet Nazarene (I	2:24.24 OT		12/3
6		Veronica NAVARRETE	SR	#2	St. Francis (Ill.)	2:26.31c	(2:27.99f)	2/18
7		Tori ORTON	FR	#1	Olivet Nazarene (I	2:27.18c	(2:28.87f)	2/12
8		Olivia BUKOWSKI	SO	#2	St. Francis (Ill.)	2:27.32 OT		2/12
9		Delilah DELGADO	JR	#3	Saint Xavier (Ill.)	2:27.34c	(2:29.03f)	1/22
10		Mackenzie PARK	FR	#1	Olivet Nazarene (I	2:29.48c	(2:31.20f)	2/18

Women's 1000 Meters

1	6	Sabrina BAFTIRI	SR	#2	St. Francis (Ill.)	A 2:57.38c	(2:59.31f)	2/18
2	9	Laisha CORONA	SR	#2	St. Francis (Ill.)	A 2:58.37c	(3:00.31f)	2/18
3	20	Allison RAMSEY	SO	#2	St. Francis (Ill.)	B 3:00.58c	(3:02.55f)	2/18
4	67	Ana PINEDA	SO	#2	St. Francis (Ill.)	3:09.79c	(3:11.86f)	2/5
5	69	Alexia BIBAKIS	SO	#2	St. Francis (Ill.)	3:10.19c	(3:12.26f)	2/5
6	72	Katherine BAKKEN	SO	#2	St. Francis (Ill.)	3:10.51c	(3:12.59f)	2/5
7	88	Delilah DELGADO	JR	#3	Saint Xavier (Ill.)	3:12.04c	(3:14.13f)	2/18
8	89	Keeley LEARY	JR	#3	Saint Xavier (Ill.)	3:12.12c	(3:14.21f)	2/18
9	92	Veronica NAVARRETE	SR	#2	St. Francis (Ill.)	3:12.42c	(3:14.52f)	1/15
10	94	Olivia BUKOWSKI	SO	#2	St. Francis (Ill.)	3:12.47c	(3:14.57f)	2/5

Women's Mile

1	4	Laisha CORONA	SR	#2	St. Francis (Ill.)	A 4:57.43c	(5:00.37f)	12/10
2	5	Sabrina BAFTIRI	SR	#2	St. Francis (Ill.)	A 4:58.20 OT		2/11
3	25	Ana PINEDA	SO	#2	St. Francis (Ill.)	B 5:07.92c	(5:10.96f)	2/18
4	37	Allison RAMSEY	SO	#2	St. Francis (Ill.)	B 5:10.69c	(5:13.76f)	2/18
5	49	Katherine BAKKEN	SO	#2	St. Francis (Ill.)	5:12.96c	(5:16.05f)	1/28
6	52	Daly GALLOWAY	SR	#2	St. Francis (Ill.)	5:13.19c	(5:16.29f)	1/28
7	54	Bailey WILK	SO	#2	St. Francis (Ill.)	5:13.74c	(5:16.84f)	1/28
8		Hannah BERDAHL	JR	#2	St. Francis (Ill.)	5:24.90c	(5:28.11f)	12/4
9		Alexia BIBAKIS	SO	#2	St. Francis (Ill.)	5:25.05c	(5:28.26f)	12/4
10		April VAN RYN	SR	#6	Trinity Christian (I	5:26.10c	(5:29.32f)	2/18



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Women's 3000 Meters

1	2	Laisha CORONA	SR	#2	St. Francis (Ill.)	A	9:48.80 OT	2/11
2	3	Sabrina BAFTIRI	SR	#2	St. Francis (Ill.)	A	9:52.79c (9:57.87f)	2/5
3	11	Daly GALLOWAY	SR	#2	St. Francis (Ill.)	A	10:05.25c (10:10.43f)	2/18
4	14	Bailey WILK	SO	#2	St. Francis (Ill.)	A	10:09.09c (10:14.31f)	12/10
5	17	Katherine BAKKEN	SO	#2	St. Francis (Ill.)	A	10:11.29 OT	2/12
6	21	Ana PINEDA	SO	#2	St. Francis (Ill.)	A	10:15.16c (10:20.43f)	12/10
7	53	Jaclyn LATOCHA	JR	#1	Olivet Nazarene (I	A	10:30.40c (10:35.80f)	2/18
8	61	Alexia BIBAKIS	SO	#2	St. Francis (Ill.)	A	10:32.94c (10:38.36f)	12/10
9	68	Sarai VARGAS	JR	#1	Olivet Nazarene (I	A	10:36.25c (10:41.70f)	2/5
10	79	Eleanor FOURNIER	FR	#1	Olivet Nazarene (I	A	10:41.21c (10:46.70f)	1/21

Women's 5000 Meters

1	2	Sabrina BAFTIRI	SR	#2	St. Francis (Ill.)	A	17:07.13 OT	12/3
2	3	Laisha CORONA	SR	#2	St. Francis (Ill.)	A	17:08.40 OT	12/3
3	5	Katherine BAKKEN	SO	#2	St. Francis (Ill.)	A	17:16.25c (17:24.18f)	2/18
4	10	Jaclyn LATOCHA	JR	#1	Olivet Nazarene (I	A	17:43.54 OT	12/3
5	16	Daly GALLOWAY	SR	#2	St. Francis (Ill.)	A	17:50.73 OT	12/3
6	25	Sarai VARGAS	JR	#1	Olivet Nazarene (I	A	17:58.79c (18:07.05f)	2/18
7	37	Ana PINEDA	SO	#2	St. Francis (Ill.)	A	18:22.81 OT	12/3
8	46	Jacey SCHICKEL	JR	#1	Olivet Nazarene (I	A	18:36.94 OT	12/3
9	72	Kelsey RICE	SO	#2	St. Francis (Ill.)	A	19:05.23c (19:14.00f)	2/18
10	79	April VAN RYN	SR	#6	Trinity Christian (I	A	19:08.07c (19:16.86f)	2/5

Women's 3000m Race Walk

1	3	Maria ALARCON	SR	#5	Judson (Ill.)	A	15:00.48 f	1/29
2	4	Nayeli CISNEROS	SR	#5	Judson (Ill.)	A	15:20.73 f	1/29
3	10	Beth RODRIGUEZ	SO	#5	Judson (Ill.)	B	17:13.24 f	1/29
4	27	Jocelyn ORDONEZ	SO	#3	Saint Xavier (Ill.)	A	21:12.39 f	2/18
5	33	Abby MCVEY	FR	#1	Olivet Nazarene (I	A	22:41.51 f	2/18

Women's 4x400 Relay

1	6	https://www.tfrrs.org/teams/11799	#1	Olivet Nazarene (I	A	3:54.86 OT	2/11
2	21	https://www.tfrrs.org/teams/32801	#2	St. Francis (Ill.)	A	4:00.67c (4:03.86f)	12/4
3	40	https://www.tfrrs.org/teams/11241	#3	Saint Xavier (Ill.)	A	4:07.97c (4:11.26f)	1/28
4	43	https://www.tfrrs.org/teams/11239	#4	St. Ambrose (lowe	A	4:08.74c (4:12.04f)	2/18
5	91	https://www.tfrrs.org/teams/63147	#5	Judson (Ill.)	A	4:26.70c (4:30.24f)	2/18
6	98	https://www.tfrrs.org/teams/11233	#6	Trinity Christian (I	A	4:29.51c (4:33.08f)	2/18
7		https://www.tfrrs.org/teams/22831	#7	Lincoln (Ill.)	A	4:36.92c (4:40.59f)	2/11

Women's 4x800 Relay

1	11	https://www.tfrrs.org/teams/32801	#2	St. Francis (Ill.)	A	9:33.53c (9:40.14f)	2/5
2	19	https://www.tfrrs.org/teams/11799	#1	Olivet Nazarene (I	A	9:42.92c (9:49.64f)	2/18
3	30	https://www.tfrrs.org/teams/11241	#3	Saint Xavier (Ill.)	A	10:06.81c (10:13.80f)	2/5
4	46	https://www.tfrrs.org/teams/11233	#6	Trinity Christian (I	A	10:18.29c (10:25.42f)	2/18
5	53	https://www.tfrrs.org/teams/63147	#5	Judson (Ill.)	A	10:27.12c (10:34.35f)	2/18
6	61	https://www.tfrrs.org/teams/11239	#4	St. Ambrose (lowe	A	10:40.60c (10:47.98f)	2/18
7	89	https://www.tfrrs.org/teams/22831	#7	Lincoln (Ill.)	A	11:54.69c (12:02.93f)	2/18

Women's Distance Medley Relay

1	1	https://www.tfrrs.org/teams/32801	#2	St. Francis (Ill.)	A	11:58.64 OT	2/12
2	44	https://www.tfrrs.org/teams/11233	#6	Trinity Christian (I	A	13:23.77c (13:32.38f)	2/11
3	65	https://www.tfrrs.org/teams/11241	#3	Saint Xavier (Ill.)	A	14:18.21c (14:27.40f)	1/22
4	82	https://www.tfrrs.org/teams/22831	#7	Lincoln (Ill.)	A	16:09.93c (16:20.32f)	2/5

Women's High Jump

1	2	Lynette LATOCHA	JR	#1	Olivet Nazarene (I	A	1.71m	5-7¼	2/12
2	5	Macy O'NEILL	FR	#1	Olivet Nazarene (I	A	1.68m	5-6	2/18
3	12	Alyssa HORSTMAN	SO	#6	Trinity Christian (I	B	1.65m	5-5	1/28
3	12	Teghan TILLMAN	FR	#2	St. Francis (Ill.)	B	1.65m	5-5	1/21
3	12	Laila GRAHM	SO	#7	Lincoln (Ill.)	B	1.65m	5-5	1/29
6	66	Lana MUSA	SO	#3	Saint Xavier (Ill.)	A	1.56m	5-1¼	1/28
7	72	Ambyer MAREE-DERRICK	FR	#3	Saint Xavier (Ill.)	A	1.55m	5-1	1/28
7	72	Melissa SANDERS	SO	#1	Olivet Nazarene (I	A	1.55m	5-1	1/29
9		Madalyn OLTMAN	JR	#4	St. Ambrose (lowe	A	1.50m	4-11	12/10
9		Serena MILLER	FR	#5	Judson (Ill.)	A	1.50m	4-11	2/18

Women's Pole Vault

1	10	Olivia EARL	FR	#1	Olivet Nazarene (I	A	3.52m	11-6½	2/18
2	29	Lindsey SHOUSE	FR	#1	Olivet Nazarene (I	A	3.30m	10-9¾	12/3
3	48	Karleigh BARAN	FR	#1	Olivet Nazarene (I	A	3.12m	10-2¾	2/18
4	74	Ellie SCHOON	FR	#1	Olivet Nazarene (I	A	2.82m	9-3	12/4
4	74	Kenna BORTON	SO	#5	Judson (Ill.)	A	2.82m	9-3	1/29
6	83	Tara RYAN	SO	#4	St. Ambrose (lowe	A	2.80m	9-2¼	12/10
7	91	Ande VEYDT	SO	#1	Olivet Nazarene (I	A	2.67m	8-9	12/4
8		Reaganne GRAFF	SR	#5	Judson (Ill.)	A	2.52m	8-3¼	2/18
8		Evelyn ODUM	JR	#2	St. Francis (Ill.)	A	2.52m	8-3¼	2/18



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Women's Long Jump

1	21	Mara BRUNO	SO	#2	St. Francis (Ill.)	B	5.55m	18-2½	1/28
2	78	Tristyn GRUBE	FR	#1	Olivet Nazarene (I		5.23m	17-2	2/5
3		Lexie JOHNSON	SO	#4	St. Ambrose (low:		5.14m	16-10½	2/18
4		Gina MISEK	JR	#5	Judson (Ill.)		5.08m	16-8	2/5
5		Madalyn OLTMAN	JR	#4	St. Ambrose (low:		5.06m	16-7¼	12/4
6		Abby CAMP	SR	#4	St. Ambrose (low:		4.97m	16-3¾	2/18
7		Amia HARRISON	FR	#3	Saint Xavier (Ill.)		4.95m	16-3	2/18
8		Nyasia YOUNG	JR	#7	Lincoln (Ill.)		4.90m	16-1	2/18
9		Lana MUSA	SO	#3	Saint Xavier (Ill.)		4.89m	16-½	2/18
10		Lilianna OLSEN	JR	#4	St. Ambrose (low:		4.88m	16-¼	12/10

Women's Triple Jump

1	31	Madeline MANGANIello	JR	#1	Olivet Nazarene (I	B	11.29m	37-½	2/18
2	38	Melissa SANDERS	SO	#1	Olivet Nazarene (I		10.98m	36-¼	2/12
3	49	Amia HARRISON	FR	#3	Saint Xavier (Ill.)		10.85m	35-7¼	2/18
4	74	Jolene MANTOAN	SO	#1	Olivet Nazarene (I		10.61m	34-9¾	2/18
5	86	Rosita PONCE	JR	#2	St. Francis (Ill.)		10.48m	34-4¾	1/28
6	90	Claire ROBERTS	FR	#2	St. Francis (Ill.)		10.40m	34-1½	12/10
7	97	Leah ROSE	SR	#4	St. Ambrose (low:		10.36m	34-0	1/28
8		Lilianna OLSEN	JR	#4	St. Ambrose (low:		10.27m	33-8½	12/10
9		Addison ADAMS	FR	#1	Olivet Nazarene (I		10.24m	33-7¼	2/18
10		Nyasia YOUNG	JR	#7	Lincoln (Ill.)		10.08m	33-1	2/11

Women's Shot Put

1	7	Madeleine ROBINSON	JR	#1	Olivet Nazarene (I	A	13.75m	45-1½	2/18
2	36	Courtney HALL	SO	#1	Olivet Nazarene (I		12.62m	41-5	2/18
3	43	Erica MARTIN	SO	#7	Lincoln (Ill.)		12.47m	40-11	2/18
4	44	Annah MILLER	SO	#4	St. Ambrose (low:		12.45m	40-10¼	1/28
5	84	Lana KROHE	FR	#1	Olivet Nazarene (I		11.81m	38-9	2/18
6		Kayla MIKOTTIS	FR	#1	Olivet Nazarene (I		11.39m	37-4½	1/29
7		Madison SIMPSON	SO	#3	Saint Xavier (Ill.)		11.25m	36-11	1/15
8		Lily ALSUM	SO	#6	Trinity Christian (I		11.24m	36-10½	12/4
9		Brenna MCGUIRE	FR	#5	Judson (Ill.)		11.21m	36-9½	2/5
10		Precious AGUAGYO	FR	#3	Saint Xavier (Ill.)		10.96m	35-11½	1/15

Women's Weight Throw

1	24	Courtney HALL	SO	#1	Olivet Nazarene (I	A	16.25m	53-3¾	12/4
2	27	Madeleine ROBINSON	JR	#1	Olivet Nazarene (I	B	16.12m	52-10¾	2/18
3	52	Arianna TROTTER	SR	#7	Lincoln (Ill.)		15.07m	49-5½	2/18
4	55	Kayla MIKOTTIS	FR	#1	Olivet Nazarene (I		14.89m	48-10¼	2/18
5	86	Madison SIMPSON	SO	#3	Saint Xavier (Ill.)		14.19m	46-6¾	2/18
6	100	Elizabeth TREADWAY	SO	#1	Olivet Nazarene (I		13.80m	45-3½	12/4
7		Precious AGUAGYO	FR	#3	Saint Xavier (Ill.)		13.64m	44-9	1/22
8		Annah MILLER	SO	#4	St. Ambrose (low:		13.33m	43-8¾	2/18
9		Jasmine WATSON	SR	#7	Lincoln (Ill.)		12.93m	42-5¼	2/5
10		Avery SPENCER	FR	#1	Olivet Nazarene (I		12.72m	41-8¾	2/12

Women's Pentathlon

1	33	Gina MISEK	JR	#5	Judson (Ill.)		2,894	2/18
2	35	Mara BRUNO	SO	#2	St. Francis (Ill.)		2,861	12/10
3	39	Lana MUSA	SO	#3	Saint Xavier (Ill.)		2,831	1/28
4	54	Meghann CULLEN	SR	#1	Olivet Nazarene (I		2,623	2/18
5	80	Madalyn OLTMAN	JR	#4	St. Ambrose (low:		2,199	12/10
6	87	Valerie HOLLAND	FR	#3	Saint Xavier (Ill.)		2,129	2/18
7	91	Hana HART	SR	#4	St. Ambrose (low:		1,952	1/28
8	93	Reaganne GRAFF	SR	#5	Judson (Ill.)		1,908	2/18
9	98	Brenna MCGUIRE	FR	#5	Judson (Ill.)		1,774	2/18
10	99	Natalie ANDRADE	SR	#3	Saint Xavier (Ill.)		1,750	2/18



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Crossroads

Women's 60 Meters

1	15	Jocelynn BURTON	SR	#1	Marian (Ind.)	A	7.66	2/18
2	43	Gracious O'CONNOR	SO	#4	Grace (Ind.)	B	7.79	2/18
3	46	Giorgia MAMELI	FR	#1	Marian (Ind.)	B	7.82	2/18
4	61	Patience SAKEUH	SO	#3	Taylor (Ind.)		7.87	1/21
4	61	Makayla MELVIN	JR	#1	Marian (Ind.)		7.87	2/18
6	65	Nordia CAMPBELL	SR	#4	Grace (Ind.)		7.88	2/18
7	95	Sydni AUSBERRY	SO	#6	Huntington (Ind.)		7.94	2/4
8		Maria MALDONADO	SO	#8	Goshen (Ind.)		7.96	2/18
9		Gabi ALLEN	FR	#1	Marian (Ind.)		8.03	1/28
10		Missy EMERY	SR	#9	Mount Vernon Na		8.05	2/18

Women's 60 Meter Hurdles

1	15	Erin OLESAK	JR	#1	Marian (Ind.)	A	8.91	2/18
2	20	Patience SAKEUH	SO	#3	Taylor (Ind.)	A	8.94	2/4
3	23	Audrey ALTUM	JR	#3	Taylor (Ind.)	A	8.97	2/18
4	25	Gabi ALLEN	FR	#1	Marian (Ind.)	A	8.98	2/18
5	30	Ellie RUBY	SO	#9	Mount Vernon Na	B	9.04	1/14
6	37	Rylin BAGARUS	SO	#2	Bethel (Ind.)	B	9.08	12/3
7		Luisana ALONSO	FR	#2	Bethel (Ind.)		9.58	1/21
8		Cailyn PENTECOST	SO	#2	Bethel (Ind.)		9.66	2/18
9		Emma CONRAD	FR	#4	Grace (Ind.)		9.66	2/18
10		DeJae HUDSON	JR	#1	Marian (Ind.)		9.77	1/15

Women's 200 Meters

1	16	Jocelynn BURTON	SR	#1	Marian (Ind.)	A	25.09c	(25.48f)	2/18
2	35	Nordia CAMPBELL	SR	#4	Grace (Ind.)	B	25.44c	(25.83f)	1/21
3	38	Gracious O'CONNOR	SO	#4	Grace (Ind.)		25.52c	(25.91f)	1/21
4	45	Gabi ALLEN	FR	#1	Marian (Ind.)		25.57c	(25.96f)	2/18
5	47	Maria MALDONADO	SO	#8	Goshen (Ind.)		25.58c	(25.97f)	2/4
6		Makayla MELVIN	JR	#1	Marian (Ind.)		26.12c	(26.52f)	1/21
7		Eden SIPLES	JR	#3	Taylor (Ind.)		26.18c	(26.58f)	2/18
8		Giorgia MAMELI	FR	#1	Marian (Ind.)		26.22c	(26.62f)	1/21
9		Kayla KUNKEL	JR	#2	Bethel (Ind.)		26.24c	(26.64f)	1/21
10		Brianna HOOTON	FR	#2	Bethel (Ind.)		26.40c	(26.81f)	2/18

Women's 400 Meters

1	22	Kayla KUNKEL	JR	#2	Bethel (Ind.)	B	57.76c	(58.52f)	2/18
2	29	Jezelle SHAW	JR	#5	Indiana Wesleyan	B	58.17 OT		2/11
3	45	Jada BURTON	SR	#1	Marian (Ind.)		59.18 OT		12/10
4	49	Giorgia MAMELI	FR	#1	Marian (Ind.)		59.41c	(1:00.19f)	2/18
5	53	Michelle MORAITIS	SR	#2	Bethel (Ind.)		59.66c	(1:00.45f)	2/11
6	55	Lyne CAMARA	SR	#4	Grace (Ind.)		59.75c	(1:00.54f)	2/18
7	65	Eden SIPLES	JR	#3	Taylor (Ind.)		59.99c	(1:00.78f)	2/18
8	67	Jai-Lyn NORWOOD	SR	#1	Marian (Ind.)		1:00.06c	(1:00.85f)	2/18
9	73	Kailyn ELY	FR	#5	Indiana Wesleyan		1:00.27c	(1:01.07f)	2/18
10		Taylor THOMAS	SO	#1	Marian (Ind.)		1:00.90c	(1:01.70f)	2/18

Women's 600 Meters

1	19	Brooke STUDNICKI	JR	#3	Taylor (Ind.)	B	1:37.18c	(1:38.37f)	2/18
2	21	Kayla KUNKEL	JR	#2	Bethel (Ind.)	B	1:37.30c	(1:38.49f)	2/4
3	23	Kylie SAUDER	FR	#4	Grace (Ind.)		1:38.04c	(1:39.24f)	1/21
4	35	Taylor THOMAS	SO	#1	Marian (Ind.)		1:39.03c	(1:40.24f)	2/4
5	37	Mariah MALEY	FR	#7	Saint Francis (Ind.)		1:39.08c	(1:40.29f)	2/4
6	44	Adrianna BOYD	FR	#1	Marian (Ind.)		1:39.55c	(1:40.77f)	2/4
7	50	Jezelle SHAW	JR	#5	Indiana Wesleyan		1:40.62c	(1:41.85f)	2/18
8	59	Emily JOHNSON	SO	#3	Taylor (Ind.)		1:41.40c	(1:42.64f)	1/21
9	63	Olivia JEANETTE	SO	#3	Taylor (Ind.)		1:41.48c	(1:42.72f)	2/18
10	67	Nora STEELE	FR	#1	Marian (Ind.)		1:41.64c	(1:42.88f)	1/15

Women's 800 Meters

1	9	Kylie SAUDER	FR	#4	Grace (Ind.)	A	2:15.82c	(2:17.38f)	2/11
2	11	Abbey BRENNAN	SR	#3	Taylor (Ind.)	A	2:15.86c	(2:17.42f)	1/21
3	12	Brooke STUDNICKI	JR	#3	Taylor (Ind.)	A	2:15.93c	(2:17.49f)	2/18
4	22	Abigail MAYS	FR	#6	Huntington (Ind.)	B	2:17.95c	(2:19.54f)	2/18
5	28	Adrianna BOYD	FR	#1	Marian (Ind.)		2:18.78c	(2:20.38f)	2/18
6	36	Anna HULSTEDT	SO	#4	Grace (Ind.)		2:20.34c	(2:21.95f)	2/18
7	40	Jezelle SHAW	JR	#5	Indiana Wesleyan		2:20.60c	(2:22.22f)	1/21
8	44	Alex EBETINO	JR	#7	Saint Francis (Ind.)		2:20.93c	(2:22.55f)	2/4
9	55	Nora STEELE	FR	#1	Marian (Ind.)		2:21.88c	(2:23.51f)	1/21
10	59	Makenzie ADAMS	JR	#4	Grace (Ind.)		2:22.26c	(2:23.90f)	2/18

Women's 1000 Meters

1	8	Sydney LAMBERT	SO	#6	Huntington (Ind.)	A	2:58.31c	(3:00.25f)	2/18
2	11	Heather PLASTOW	SR	#4	Grace (Ind.)	A	2:59.02c	(3:00.97f)	2/18
3	12	Abigail MAYS	FR	#6	Huntington (Ind.)	A	2:59.36c	(3:01.31f)	2/4
4	15	Giovanna DOMENE	SR	#3	Taylor (Ind.)	B	2:59.99c	(3:01.95f)	2/18
5	17	Jenna COUWENHOVEN	SO	#5	Indiana Wesleyan	B	3:00.09c	(3:02.05f)	2/4
6	26	Corinne O'LEARY	SR	#3	Taylor (Ind.)	B	3:01.31c	(3:03.29f)	2/4
7	49	Emily TEDDER	FR	#6	Huntington (Ind.)		3:05.96c	(3:07.99f)	2/18
8	52	Liz LOICHINGER	SO	#1	Marian (Ind.)		3:06.44c	(3:08.47f)	2/18
9	60	Hailley O'NEILL	SR	#7	Saint Francis (Ind.)		3:09.16c	(3:11.22f)	1/21
10	62	Ellyn COE	FR	#9	Mount Vernon Na		3:09.25c	(3:11.31f)	2/18

Women's Mile

1	3	Abbey BRENNAN	SR	#3	Taylor (Ind.)	A	4:56.19c	(4:59.12f)	2/18
2	7	Shelby CHRISTMAS	FR	#6	Huntington (Ind.)	A	5:00.37c	(5:03.34f)	2/18
3	10	Alex EBETINO	JR	#7	Saint Francis (Ind.)	A	5:01.93c	(5:04.91f)	2/4
4	13	Heather PLASTOW	SR	#4	Grace (Ind.)	A	5:02.48c	(5:05.47f)	2/11
5	17	Jenna COUWENHOVEN	SO	#5	Indiana Wesleyan	A	5:05.30c	(5:08.32f)	2/18
6	28	Sydney LAMBERT	SO	#6	Huntington (Ind.)	B	5:08.80c	(5:11.85f)	12/4
7	32	Summer COOPER	SO	#8	Goshen (Ind.)	B	5:10.08c	(5:13.14f)	2/18
8	38	Leah HALL	JR	#7	Saint Francis (Ind.)	B	5:11.27c	(5:14.35f)	2/12
9	39	Annika ALDERFER FISHER	SO	#8	Goshen (Ind.)	B	5:11.33c	(5:14.41f)	2/18
10	45	Hailley O'NEILL	SR	#7	Saint Francis (Ind.)	B	5:12.61c	(5:15.70f)	12/4



Conference TFRI Event Summary

as of 2/21/2022 8:12:36 AM

Crossroads

Women's 3000 Meters

1	4	Shelby CHRISTMAS	FR	#6	Huntington (Ind.)	A	9:54.44c	(9:59.53f)	2/18
2	6	Alex EBETINO	JR	#7	Saint Francis (Ind.)	A	9:57.26c	(10:02.38f)	12/4
3	18	Leah HALL	JR	#7	Saint Francis (Ind.)	A	10:12.06c	(10:17.30f)	2/18
4	19	Addi DEWEY	FR	#5	Indiana Wesleyan	A	10:13.47 OT		1/28
5	27	Ahna VANDERWALL	SO	#3	Taylor (Ind.)	A	10:21.81c	(10:27.14f)	2/4
6	39	Kylie SAUDER	FR	#4	Grace (Ind.)	B	10:24.61 OT		12/3
7	42	Elayna KITT	FR	#3	Taylor (Ind.)	B	10:25.49c	(10:30.85f)	2/18
8	45	Macy KRASOFSKY	JR	#9	Mount Vernon Na	B	10:26.82c	(10:32.19f)	1/28
9	47	Lynae ACKLEY	FR	#3	Taylor (Ind.)	B	10:27.94c	(10:33.32f)	2/18
10	51	Emily WESTRICK	SO	#10	Spring Arbor (Micl		10:30.28c	(10:35.68f)	1/29

Women's 5000 Meters

1	4	Alex EBETINO	JR	#7	Saint Francis (Ind.)	A	17:14.25c	(17:22.17f)	1/21
2	15	Shelby CHRISTMAS	FR	#6	Huntington (Ind.)	A	17:48.34c	(17:56.52f)	12/4
3	22	Mollie GAMBLE	SO	#3	Taylor (Ind.)	A	17:58.02c	(18:06.27f)	2/18
4	31	Leah HALL	JR	#7	Saint Francis (Ind.)	B	18:13.89c	(18:22.26f)	2/4
5	36	Mallory HIATT	SO	#4	Grace (Ind.)	B	18:19.09c	(18:27.50f)	2/11
6	44	Ashlyn HASTINGS	FR	#5	Indiana Wesleyan		18:35.80c	(18:44.34f)	2/18
7	45	Christina MAGERS	JR	#5	Indiana Wesleyan		18:36.17c	(18:44.71f)	2/18
8	53	Kristina BAUM	SO	#7	Saint Francis (Ind.)		18:45.66c	(18:54.28f)	2/18
9	54	Megan COOPER	JR	#2	Bethel (Ind.)		18:47.68c	(18:56.31f)	2/18
10	58	Macy KRASOFSKY	JR	#9	Mount Vernon Na		18:53.25c	(19:01.92f)	1/14

Women's 4x400 Relay

1	17	https://www.tfrrs.org/teams/11245	#4	Grace (Ind.)	B	3:59.41c	(4:02.58f)	2/18
2	18	https://www.tfrrs.org/teams/11249	#1	Marian (Ind.)	B	3:59.55c	(4:02.73f)	2/18
3	23	https://www.tfrrs.org/teams/11253	#3	Taylor (Ind.)		4:01.12c	(4:04.32f)	2/18
4	28	https://www.tfrrs.org/teams/11247	#5	Indiana Wesleyan		4:02.72c	(4:05.94f)	2/18
5	35	https://www.tfrrs.org/teams/20216	#2	Bethel (Ind.)		4:06.37c	(4:09.64f)	2/4
6	55	https://www.tfrrs.org/teams/11243	#8	Goshen (Ind.)		4:11.74c	(4:15.08f)	2/18
7	64	https://www.tfrrs.org/teams/11251	#7	Saint Francis (Ind.)		4:14.70c	(4:18.08f)	2/18
8	76	https://www.tfrrs.org/teams/56466	#9	Mount Vernon Na		4:18.47c	(4:21.90f)	1/14
9	82	https://www.tfrrs.org/teams/3602	#6	Huntington (Ind.)		4:22.83c	(4:26.31f)	1/22
10	87	https://www.tfrrs.org/teams/11257	#10	Spring Arbor (Micl		4:26.17c	(4:29.70f)	2/18

Women's 4x800 Relay

1	1	https://www.tfrrs.org/teams/11253	#3	Taylor (Ind.)	A	9:16.69c	(9:23.11f)	2/18
2	2	https://www.tfrrs.org/teams/3602	#6	Huntington (Ind.)	A	9:22.66c	(9:29.14f)	2/18
3	5	https://www.tfrrs.org/teams/11249	#1	Marian (Ind.)	A	9:27.34c	(9:33.88f)	2/18
4	7	https://www.tfrrs.org/teams/11243	#8	Goshen (Ind.)	A	9:28.18c	(9:34.73f)	2/18
5	12	https://www.tfrrs.org/teams/11245	#4	Grace (Ind.)	A	9:38.31c	(9:44.97f)	1/21
6	31	https://www.tfrrs.org/teams/11247	#5	Indiana Wesleyan		10:08.69c	(10:15.71f)	2/18
7	37	https://www.tfrrs.org/teams/20216	#2	Bethel (Ind.)		10:13.19c	(10:20.26f)	2/11
8	51	https://www.tfrrs.org/teams/11251	#7	Saint Francis (Ind.)		10:23.58c	(10:30.77f)	1/15

Women's Distance Medley Relay

1	3	https://www.tfrrs.org/teams/3602	#6	Huntington (Ind.)	A	12:06.60c	(12:14.38f)	2/18
2	5	https://www.tfrrs.org/teams/11253	#3	Taylor (Ind.)	A	12:08.32c	(12:16.12f)	2/4
3	6	https://www.tfrrs.org/teams/11251	#7	Saint Francis (Ind.)	A	12:09.45c	(12:17.26f)	2/18
4	11	https://www.tfrrs.org/teams/11245	#4	Grace (Ind.)	A	12:15.79c	(12:23.67f)	2/4
5	12	https://www.tfrrs.org/teams/11243	#8	Goshen (Ind.)	A	12:17.35c	(12:25.25f)	2/4
6	24	https://www.tfrrs.org/teams/11247	#5	Indiana Wesleyan		12:31.26c	(12:39.30f)	2/18
7	27	https://www.tfrrs.org/teams/56466	#9	Mount Vernon Na		12:34.87c	(12:42.95f)	2/18
8	39	https://www.tfrrs.org/teams/20216	#2	Bethel (Ind.)		13:10.03c	(13:18.49f)	2/11
9	43	https://www.tfrrs.org/teams/11249	#1	Marian (Ind.)		13:22.09c	(13:30.68f)	2/18
10	64	https://www.tfrrs.org/teams/11257	#10	Spring Arbor (Micl		14:15.85c	(14:25.02f)	2/12

Women's High Jump

1	5	Erin OLEKSAK	JR	#1	Marian (Ind.)	A	1.68m	5-6	1/28
2	12	Gina BUTZ	FR	#1	Marian (Ind.)	B	1.65m	5-5	2/18
3	31	Jai-Lyn NORWOOD	SR	#1	Marian (Ind.)		1.60m	5-3	1/21
4	54	Cailyn PENTECOST	SO	#2	Bethel (Ind.)		1.58m	5-2¼	2/18
5	72	Harley BOOCHER	SR	#2	Bethel (Ind.)		1.55m	5-1	1/21
5	72	Lisa RUFFIN	JR	#2	Bethel (Ind.)		1.55m	5-1	1/21
7		Emily MCCREARY	FR	#4	Grace (Ind.)		1.50m	4-11	1/15
7		Rachel MANNING	FR	#5	Indiana Wesleyan		1.50m	4-11	2/4
9		Michaela BARRETT	JR	#1	Marian (Ind.)		1.45m	4-9	1/15
9		Grace STEVENS	FR	#8	Goshen (Ind.)		1.45m	4-9	2/18



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as of 2/21/2022 8:12:37 AM

Crossroads

Women's Pole Vault

1	5	Sandy SLEDGE	SR	#1	Marian (Ind.)	A	3.75m	12-3½	1/28
2	6	Jada PARZYGNOT	JR	#2	Bethel (Ind.)	A	3.72m	12-2½	2/18
3	8	Grace CONWAY	FR	#2	Bethel (Ind.)	A	3.62m	11-10½	2/18
4	17	Teagan BIXLER	SO	#1	Marian (Ind.)	B	3.42m	11-2½	12/10
5	32	Keirstin PIATT	SO	#1	Marian (Ind.)		3.27m	10-8¾	2/4
5	32	Jael WOOD	SO	#2	Bethel (Ind.)		3.27m	10-8¾	1/21
5	32	Celeste KUCK	JR	#5	Indiana Wesleyan		3.27m	10-8¾	2/18
8	48	Brooke MALLOY	FR	#10	Spring Arbor (Mich)		3.12m	10-2¾	2/18
8	48	Grace MCINTYRE	SR	#1	Marian (Ind.)		3.12m	10-2¾	2/4
10	74	Allison SCHROCK	FR	#2	Bethel (Ind.)		2.82m	9-3	2/4
10	74	Betsy UNDERWOOD	FR	#3	Taylor (Ind.)		2.82m	9-3	1/21

Women's Long Jump

1	14	Ellie RUBY	SO	#9	Mount Vernon Na	A	5.62m	18-5¼	1/21
2	16	Erin OLEKSAK	JR	#1	Marian (Ind.)	B	5.59m	18-4¼	2/18
3	19	Jai-Lyn NORWOOD	SR	#1	Marian (Ind.)	B	5.57m	18-3¼	2/18
4	35	DeJae HUDSON	JR	#1	Marian (Ind.)		5.45m	17-10¾	12/10
5	50	Naomi WALTERS	SO	#1	Marian (Ind.)		5.37m	17-7½	1/28
6	82	Patience SAKUHU	SO	#3	Taylor (Ind.)		5.22m	17-1½	2/4
7	84	Rylin BAGARUS	SO	#2	Bethel (Ind.)		5.20m	17-¾	2/11
8		Macy MORGAN	SO	#2	Bethel (Ind.)		5.14m	16-10½	2/18
9		Brooke RUSSELL	SO	#3	Taylor (Ind.)		5.06m	16-7¼	2/4
10		Grace CONWAY	FR	#2	Bethel (Ind.)		4.97m	16-3¾	2/11

Women's Triple Jump

1	12	Jai-Lyn NORWOOD	SR	#1	Marian (Ind.)	A	11.64m	38-2¼	1/21
2	18	Naomi WALTERS	SO	#1	Marian (Ind.)	A	11.46m	37-7¼	1/15
3	22	Blessing LAUDERMILCH	SO	#5	Indiana Wesleyan	A	11.41m	37-5¼	2/4
4	88	Brooke RUSSELL	SO	#3	Taylor (Ind.)		10.42m	34-2¼	2/18
5	90	Lisa RUFFIN	JR	#2	Bethel (Ind.)		10.40m	34-1½	2/18
6		Grace CONWAY	FR	#2	Bethel (Ind.)		10.30m	33-9½	2/18
7		Sandy SLEDGE	SR	#1	Marian (Ind.)		10.01m	32-10¼	2/4
8		Kenley BLAKE	JR	#3	Taylor (Ind.)		9.98m	32-9	2/18
9		Macy MORGAN	SO	#2	Bethel (Ind.)		9.50m	31-2	2/18

Women's Shot Put

1	1	Arriana BENJAMIN	JR	#1	Marian (Ind.)	A	14.72m	48-3½	2/4
2	16	Markala BARNES	SO	#2	Bethel (Ind.)	B	13.30m	43-7¾	2/18
3	18	Taylor WATERWAY	SO	#5	Indiana Wesleyan	B	13.23m	43-5	2/18
4	42	Merideth DEVRIES	FR	#5	Indiana Wesleyan		12.49m	40-11¾	1/28
5	55	Madison KAUFFMAN	SO	#2	Bethel (Ind.)		12.26m	40-2¾	1/29
6	60	Morgan MAFFETT	SO	#9	Mount Vernon Na		12.15m	39-10½	1/14
6	60	Makayla ROBERTS	FR	#9	Mount Vernon Na		12.15m	39-10½	1/14
8	92	Mackenzie DELONG	JR	#4	Grace (Ind.)		11.74m	38-6¼	2/18
9		Sarah SPANGLER	SR	#1	Marian (Ind.)		11.56m	37-11¼	2/18
10		Paige HOOG	SR	#1	Marian (Ind.)		11.55m	37-10¾	1/28

Women's Weight Throw

1	7	Arriana BENJAMIN	JR	#1	Marian (Ind.)	A	17.11m	56-1¾	2/18
2	14	Suzette RODRIGUEZ	SR	#8	Goshen (Ind.)	A	16.57m	54-4½	2/18
3	18	Madison KAUFFMAN	SO	#2	Bethel (Ind.)	A	16.40m	53-9¾	2/11
4	36	Paige HOOG	SR	#1	Marian (Ind.)		15.64m	51-3¾	2/18
5	59	Keeley HUGHES	SO	#1	Marian (Ind.)		14.80m	48-6¾	1/28
5	59	Aanyah WRIGHT	SO	#6	Huntington (Ind.)		14.80m	48-6¾	2/18
7	64	Morgan MAFFETT	SO	#9	Mount Vernon Na		14.65m	48-¾	1/21
8	66	Chloe MILLER	SO	#5	Indiana Wesleyan		14.60m	47-10¾	1/21
9	78	Allie MILLER	FR	#1	Marian (Ind.)		14.35m	47-1	1/28
10	91	Makayla ROBERTS	FR	#9	Mount Vernon Na		14.08m	46-2½	2/18

Women's Pentathlon

1	4	Erin OLEKSAK	JR	#1	Marian (Ind.)	B	3,491		1/28
2	14	Cailyn PENTECOST	SO	#2	Bethel (Ind.)	B	3,188		2/18
3	65	Olivia LUGIBIHL	SR	#4	Grace (Ind.)		2,463		2/18
4	81	Michaela BARRETT	JR	#1	Marian (Ind.)		2,192		2/18



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Frontier

Women's 60 Meters

1	24	Natylia JACOBSON	FR	#1	Montana Tech	A	7.72c	(7.70A)	2/18
2		Emily RATZ	FR	#1	Montana Tech		8.19c	(8.17A)	1/13
3		Naiya BEAUDIN	FR	#1	Montana Tech		8.32c	(8.30A)	2/18
4		Taylor TORGERSON	FR	#1	Montana Tech		8.45c	(8.43A)	2/18
5		Hailee STILES	FR	#1	Montana Tech		8.54c	(8.52A)	2/18

Women's 60 Meter Hurdles

1	81	Olleca SEVERSON	FR	#1	Montana Tech		9.47c	(9.45A)	2/18
2		Naiya BEAUDIN	FR	#1	Montana Tech		9.78c	(9.76A)	1/13
3		Abby CLARK	FR	#1	Montana Tech		10.14c	(10.12A)	2/11

Women's 200 Meters

1	53	Natylia JACOBSON	FR	#1	Montana Tech		25.65c	(25.58A)	2/11
2		Emily RATZ	FR	#1	Montana Tech		27.50c	(27.43A)	1/28
3		Taylor TORGERSON	FR	#1	Montana Tech		27.85c	(28.21fA)	2/18
4		Olleca SEVERSON	FR	#1	Montana Tech		28.50c	(28.43A)	1/28

Women's 800 Meters

1		Carlin MANNING	FR	#1	Montana Tech		2:31.35c	(2:32.07A)	1/28
2		Naiya BEAUDIN	FR	#1	Montana Tech		2:32.48c	(2:35.09fA)	1/13
3		Olleca SEVERSON	FR	#1	Montana Tech		2:35.99c	(2:36.73A)	2/11
4		Karolyna BUCK	FR	#1	Montana Tech		2:41.38c	(2:42.14A)	1/28
5		Madison KELLY	FR	#1	Montana Tech		2:42.40c	(2:44.81fA)	2/18
6		Abby CLARK	FR	#1	Montana Tech		2:48.88c	(2:51.77fA)	1/13
7		Alisa HASHLEY	SR	#1	Montana Tech		2:52.69c	(2:53.51A)	1/28

Women's Mile

1	1	Becca RICHTMAN	SR	#1	Montana Tech	A	4:49.27c	(4:54.89A)	1/28
2		Hailey NIELSON	FR	#1	Montana Tech		5:26.33c	(5:32.67A)	1/28
3		Carlin MANNING	FR	#1	Montana Tech		5:29.78c	(5:37.62fA)	2/18
4		Madison KELLY	FR	#1	Montana Tech		5:47.32c	(5:55.58fA)	2/18
5		Karolyna BUCK	FR	#1	Montana Tech		6:02.48c	(6:09.52A)	1/28
6		Alisa HASHLEY	SR	#1	Montana Tech		6:02.56c	(6:11.18fA)	2/18
7		Abby HOFFMAN	FR	#1	Montana Tech		6:20.94c	(6:33.19fA)	1/13

Women's 3000 Meters

1	1	Becca RICHTMAN	SR	#1	Montana Tech	A	9:23.98		2/5
2	28	Hailey NIELSON	FR	#1	Montana Tech	A	10:22.03		2/5
3		Alisa HASHLEY	SR	#1	Montana Tech		12:26.86c	(12:52.08fA)	1/13

Women's 5000 Meters

1	1	Becca RICHTMAN	SR	#1	Montana Tech	A	16:27.63c	(16:51.12fA)	2/18
2	40	Hailey NIELSON	FR	#1	Montana Tech		18:33.37c	(18:59.86fA)	2/18

Women's 4x400 Relay

1	59	https://www.tfrrs.org/teams/77182		#1	Montana Tech		4:12.99c	(4:15.90fA)	2/18
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Women's High Jump

1	47	Abby CLARK	FR	#1	Montana Tech		1.59mA	5-2½	2/11
2		Hailee STILES	FR	#1	Montana Tech		1.44mA	4-8¾	1/13
3		Jenna JORDAN	FR	#1	Montana Tech		1.39mA	4-6¾	1/13
4		Naiya BEAUDIN	FR	#1	Montana Tech		1.38mA	4-6¼	2/11

Women's Long Jump

1	85	Abby CLARK	FR	#1	Montana Tech		5.19mA	17-½	2/11
2		Hailee STILES	FR	#1	Montana Tech		5.00mA	16-5	2/11
3		Naiya BEAUDIN	FR	#1	Montana Tech		4.76mA	15-7½	2/11
4		Olleca SEVERSON	FR	#1	Montana Tech		4.42mA	14-6	2/11

Women's Triple Jump

1	34	Naiya BEAUDIN	FR	#1	Montana Tech		11.13mA	36-6¼	2/18
2	75	Hailee STILES	FR	#1	Montana Tech		10.60mA	34-9½	2/18
3		Olleca SEVERSON	FR	#1	Montana Tech		10.03mA	32-11	2/11

Women's Shot Put

1		Jody DETLAFF	FR	#1	Montana Tech		9.18mA	30-1½	1/13
2		Naiya BEAUDIN	FR	#1	Montana Tech		8.54mA	28-¼	2/11
3		Olleca SEVERSON	FR	#1	Montana Tech		8.15mA	26-9	2/11
4		Abby CLARK	FR	#1	Montana Tech		7.65mA	25-1¼	2/11

Women's Weight Throw

1		Tristen SEDGWICK	FR	#1	Montana Tech		8.79mA	28-10¼	2/11
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Women's Pentathlon

1	45	Naiya BEAUDIN	FR	#1	Montana Tech		2,732A		2/11
2	59	Abby CLARK	FR	#1	Montana Tech		2,536A		1/13
3	84	Olleca SEVERSON	FR	#1	Montana Tech		2,189A		2/11



Conference TFRI Event Summary

as of 2/21/2022 8:12:37 AM

GPAC

Women's 60 Meters

1	7	Daisy MAESSNER	JR	#2	Hastings (Neb.)	A	7.59	2/4
2	20	Julyah WILSON	JR	#2	Hastings (Neb.)	A	7.68	2/18
3	46	Nisa THOMAS	FR	#2	Hastings (Neb.)	B	7.82	2/18
4	50	Karsen SEARS	JR	#2	Hastings (Neb.)		7.83	2/4
5	65	Brittney AITKEN	FR	#1	Concordia (Neb.)		7.88	2/18
6	78	Cora OLSON	JR	#1	Concordia (Neb.)		7.91	12/10
7	84	Betsy RIDOUT	SR	#6	Morningside (Iowa)		7.92	2/18
8		Elianna CLARK	SR	#7	Mount Marty (S.D.)		7.97	2/12
9		Isabel BOTHWELL	SO	#4	Doane (Neb.)		7.99	2/18
10		Lizzy BLUM	SO	#5	Northwestern (Iowa)		8.01	(7.43(55)) 1/15

Women's 60 Meter Hurdles

1	3	Nisa THOMAS	FR	#2	Hastings (Neb.)	A	8.60	2/18
2	12	Lauren TAMAYO	JR	#2	Hastings (Neb.)	A	8.83	2/18
3	13	Sarah LEWIS	JR	#1	Concordia (Neb.)	A	8.87	12/10
4	23	Lindsay ADAMS	FR	#4	Doane (Neb.)	A	8.97	2/18
5	26	Nicole HARMS	SO	#4	Doane (Neb.)	A	8.99	2/4
6	40	Amy RICHERT	FR	#1	Concordia (Neb.)	B	9.14	2/18
7	42	Rhys MAXEY	FR	#2	Hastings (Neb.)		9.19	2/18
8	49	Ashnee GEORGE	SO	#7	Mount Marty (S.D.)		9.25	2/4
8	49	Jordan KOEPKE	FR	#1	Concordia (Neb.)		9.25	12/10
10	58	Dayris BONILLAS	SR	#2	Hastings (Neb.)		9.31	1/22
10	58	Cienna WOMACK	SO	#10	Midland (Neb.)		9.31	12/3

Women's 200 Meters

1	33	Julyah WILSON	JR	#2	Hastings (Neb.)	B	25.42c	(25.81f) 2/18
2	36	Karsen SEARS	JR	#2	Hastings (Neb.)	B	25.46c	(25.85f) 2/18
3	37	Nisa THOMAS	FR	#2	Hastings (Neb.)	B	25.49c	(25.88f) 2/18
4	43	Cora OLSON	JR	#1	Concordia (Neb.)		25.54c	(25.93f) 12/10
5	63	Rachel BATTERSHELL	JR	#1	Concordia (Neb.)		25.70c	(26.10f) 2/12
6	65	Elianna CLARK	SR	#7	Mount Marty (S.D.)		25.71c	(26.11f) 2/12
7	74	Kennedy KRAMER	FR	#5	Northwestern (Iowa)		25.84c	(26.24f) 2/18
8	78	Betsy RIDOUT	SR	#6	Morningside (Iowa)		25.88c	(26.28f) 2/18
9	81	Lauren TAMAYO	JR	#2	Hastings (Neb.)		25.91c	(26.57u) 12/10
9	81	Brittney AITKEN	FR	#1	Concordia (Neb.)		25.91c	(26.31f) 2/12

Women's 400 Meters

1	5	Kennedy KRAMER	FR	#5	Northwestern (Iowa)	A	56.34c	(57.08f) 2/18
2	8	Rachel BATTERSHELL	JR	#1	Concordia (Neb.)	A	56.77c	(57.52f) 2/18
3	13	Sarah LEWIS	JR	#1	Concordia (Neb.)	A	57.34c	(58.10f) 12/10
4	20	Emma BAKKER	SR	#3	Dordt (Iowa)	B	57.72 OT	2/11
5	24	Emilee HEYNEN	FR	#3	Dordt (Iowa)	B	58.01 OT	2/11
6	33	Trinity TULS	FR	#1	Concordia (Neb.)	B	58.62c	(59.39f) 2/12
7	34	Anmarie STUIT	SR	#3	Dordt (Iowa)		58.64c	(59.41f) 1/15
8	35	Annika PINGEL	JR	#4	Doane (Neb.)		58.69c	(59.46f) 2/4
9	42	Abigail CLARKE	JR	#5	Northwestern (Iowa)		59.00c	(59.78f) 12/10
10	48	Jordan KOEPKE	FR	#1	Concordia (Neb.)		59.30c	(1:00.08f) 1/28

Women's 600 Meters

1	3	Mika KOOISTRA	SR	#3	Dordt (Iowa)	A	1:34.64 OT	2/11
2	5	Anmarie STUIT	SR	#3	Dordt (Iowa)	A	1:34.84	2/4
3	6	Jordan KOEPKE	FR	#1	Concordia (Neb.)	A	1:34.86c	(1:36.02f) 2/12
4	9	Annika PINGEL	JR	#4	Doane (Neb.)	A	1:35.45c	(1:36.61f) 2/18
4	9	Emilee HEYNEN	FR	#3	Dordt (Iowa)	A	1:35.45c	(1:36.61f) 1/28
6	13	Abigail CLARKE	JR	#5	Northwestern (Iowa)	A	1:35.77c	(1:36.94f) 2/18
7	15	Keri BAUER	FR	#1	Concordia (Neb.)	B	1:36.51c	(1:37.69f) 2/12
8	17	Jacee PFEIFER	JR	#1	Concordia (Neb.)	B	1:36.94c	(1:38.12f) 2/12
9	41	Veronica PINKERTON	FR	#2	Hastings (Neb.)		1:39.37 OT	12/3
10	62	Chantaya GRIFFIN	JR	#12	College of Saint M		1:41.47c	(1:42.71f) 2/18

Women's 800 Meters

1	13	Emilee HEYNEN	FR	#3	Dordt (Iowa)	A	2:16.01	2/4
2	14	Rylee HAECKER	FR	#1	Concordia (Neb.)	A	2:16.34c	(2:17.91f) 2/12
3	15	Veronica PINKERTON	FR	#2	Hastings (Neb.)	B	2:16.52c	(2:18.09f) 2/12
4	16	Anmarie STUIT	SR	#3	Dordt (Iowa)	B	2:16.69 OT	2/11
5	17	Annika PINGEL	JR	#4	Doane (Neb.)	B	2:17.01c	(2:18.59f) 2/12
6	18	Bethany TEN HAKEN	SO	#3	Dordt (Iowa)	B	2:17.41 OT	1/21
7	21	Emalee FUNDERMANN	SR	#6	Morningside (Iowa)	B	2:17.91	2/4
8	23	Morgan VAN DER BRINK	SR	#5	Northwestern (Iowa)	B	2:18.21c	(2:19.80f) 12/10
9	24	Mika KOOISTRA	SR	#3	Dordt (Iowa)	B	2:18.23c	(2:19.82f) 12/10
10	30	Madison GERKEN	FR	#2	Hastings (Neb.)		2:18.98c	(2:21.26u) 1/28

Women's 1000 Meters

1	4	Rylee HAECKER	FR	#1	Concordia (Neb.)	A	2:56.11c	(2:58.03f) 2/18
2	14	Annika PINGEL	JR	#4	Doane (Neb.)	B	2:59.63c	(3:01.59f) 1/28
3	23	Morgan VAN DER BRINK	SR	#5	Northwestern (Iowa)	B	3:00.70 OT	2/11
4	31	Madison GERKEN	FR	#2	Hastings (Neb.)	B	3:01.76c	(3:03.74f) 2/12
5	35	Grace REIMAN	FR	#1	Concordia (Neb.)		3:02.47c	(3:04.46f) 2/12
6	41	Emalee FUNDERMANN	SR	#6	Morningside (Iowa)		3:03.99c	(3:05.99f) 2/18
7	43	Tirzah WITTENBERG	SO	#5	Northwestern (Iowa)		3:04.75c	(3:06.76f) 2/18
8	45	Kylahn HERITAGE	SO	#1	Concordia (Neb.)		3:05.40c	(3:07.42f) 2/18
9	54	Tenna BEEL	JR	#6	Morningside (Iowa)		3:06.87c	(3:08.91f) 2/18
10	59	Veronica PINKERTON	FR	#2	Hastings (Neb.)		3:09.06c	(3:11.12f) 1/8

Women's Mile

1	29	Jessica KAMPMAN	JR	#3	Dordt (Iowa)	B	5:09.18c	(5:12.24f) 1/28
2	34	Rylee HAECKER	FR	#1	Concordia (Neb.)	B	5:10.18c	(5:13.25f) 2/18
3	36	Kylahn HERITAGE	SO	#1	Concordia (Neb.)	B	5:10.44c	(5:13.51f) 2/18
4	42	Morgan VAN DER BRINK	SR	#5	Northwestern (Iowa)	B	5:11.81c	(5:14.89f) 2/18
5	57	Kristine HONOMICHL	JR	#6	Morningside (Iowa)		5:14.81c	(5:17.92f) 2/18
6	59	Madison GERKEN	FR	#2	Hastings (Neb.)		5:15.78c	(5:18.90f) 2/18
7	63	Jo MCKIBBEN	SR	#6	Morningside (Iowa)		5:15.93c	(5:19.05f) 2/5
8	78	Veronica PINKERTON	FR	#2	Hastings (Neb.)		5:19.38c	(5:22.54f) 1/15
9	80	Bethany TEN HAKEN	SO	#3	Dordt (Iowa)		5:19.76c	(5:22.92f) 12/10
10	84	Grace REIMAN	FR	#1	Concordia (Neb.)		5:20.59	2/4



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Women's 3000 Meters

1	13	Jessica KAMPMAN	JR	#3	Dordt (Iowa)	A	10:07.95	2/4
2	46	Anika HOMAN	SO	#3	Dordt (Iowa)	B	10:27.14 OT	2/11
3	70	Allie BINDER	JR	#4	Doane (Neb.)		10:37.09c (10:42.55f)	2/12
4	91	Myia JOHNSON	FR	#10	Midland (Neb.)		10:45.41c (10:50.94f)	2/18
5	94	Margaret MYSKOWSKI	SO	#3	Dordt (Iowa)		10:46.92c (10:52.46f)	1/28
6	97	Kristine HONOMICHL	JR	#6	Morningside (Iowa)		10:47.83c (10:53.38f)	1/28
7	99	Lucy BORKOWSKI	SO	#3	Dordt (Iowa)		10:48.38c (10:53.93f)	1/28
8		Mary Kate POSTMA	SR	#3	Dordt (Iowa)		10:50.67c (10:56.24f)	1/28
9		Katlyn WIESE	SO	#5	Northwestern (Iowa)		10:51.46 OT	2/11
10		Eden WINSLOW	SR	#3	Dordt (Iowa)		10:58.23c (11:03.87f)	2/18

Women's 5000 Meters

1	21	Jessica KAMPMAN	JR	#3	Dordt (Iowa)	A	17:57.28 OT	1/21
2	42	Eden WINSLOW	SR	#3	Dordt (Iowa)		18:33.86c (18:42.39f)	2/18
3	49	Katlyn WIESE	SO	#5	Northwestern (Iowa)		18:40.04c (18:48.61f)	2/18
4	51	Margaret MYSKOWSKI	SO	#3	Dordt (Iowa)		18:44.37c (18:52.98f)	2/18
5	56	Lucy BORKOWSKI	SO	#3	Dordt (Iowa)		18:48.95c (18:57.59f)	2/18
6	63	Allie BINDER	JR	#4	Doane (Neb.)		18:57.76c (19:06.47f)	2/4
7	74	Greichaly KASTER	SR	#3	Dordt (Iowa)		19:05.60c (19:14.37f)	2/18
8	77	Shania SANTOS	FR	#2	Hastings (Neb.)		19:07.79c (19:16.58f)	2/18
9	98	Mary Kate POSTMA	SR	#3	Dordt (Iowa)		19:26.08 OT	1/21
10		Emma HALEY	FR	#5	Northwestern (Iowa)		19:35.65c (19:44.65f)	2/18

Women's 3000m Race Walk

1	7	Savannah CONGROVE	JR	#2	Hastings (Neb.)	A	16:12.23 f	1/29
2	15	Tristyn DIPENTINO	FR	#2	Hastings (Neb.)		18:42.26 f	2/12
3	16	Carley DAVIS	FR	#2	Hastings (Neb.)		18:42.81 f	2/12

Women's 4x400 Relay

1	3	https://www.tfrrs.org/teams/6199		#1	Concordia (Neb.)	A	3:52.96	2/4
2	4	https://www.tfrrs.org/teams/4934		#3	Dordt (Iowa)	A	3:53.57	2/4
3	5	https://www.tfrrs.org/teams/1855		#2	Hastings (Neb.)	A	3:54.38c (3:57.49f)	2/4
4	8	https://www.tfrrs.org/teams/11203		#5	Northwestern (Iowa)	A	3:56.45 OT	2/11
5	20	https://www.tfrrs.org/teams/1827		#4	Doane (Neb.)		3:59.99c (4:03.17f)	2/4
6	26	https://www.tfrrs.org/teams/11201		#7	Mount Marty (S.D.)		4:02.49c (4:05.70f)	2/12
7	39	https://www.tfrrs.org/teams/11199		#6	Morningside (Iowa)		4:07.84 OT	1/21
8	45	https://www.tfrrs.org/teams/18984		#9	Jamestown (N.D.)		4:10.07c (4:13.39f)	2/18
9		https://www.tfrrs.org/teams/10375		#8	Dakota Wesleyan		4:37.85c (4:41.53f)	2/5

Women's 4x800 Relay

1	3	https://www.tfrrs.org/teams/4934		#3	Dordt (Iowa)	A	9:22.75c (9:29.24f)	1/28
2	8	https://www.tfrrs.org/teams/1855		#2	Hastings (Neb.)	A	9:29.05c (9:35.61f)	2/4
3	9	https://www.tfrrs.org/teams/6199		#1	Concordia (Neb.)	A	9:29.48c (9:36.04f)	1/22
4	14	https://www.tfrrs.org/teams/11199		#6	Morningside (Iowa)	B	9:38.83 OT	2/11
5	26	https://www.tfrrs.org/teams/11203		#5	Northwestern (Iowa)		9:57.59c (10:04.48f)	2/18
6	41	https://www.tfrrs.org/teams/1827		#4	Doane (Neb.)		10:17.13c (10:24.24f)	2/18
7	42	https://www.tfrrs.org/teams/11201		#7	Mount Marty (S.D.)		10:17.18c (10:24.29f)	2/18
8	77	https://www.tfrrs.org/teams/18984		#9	Jamestown (N.D.)		11:05.69c (11:13.36f)	2/18

Women's Distance Medley Relay

1	18	https://www.tfrrs.org/teams/1855		#2	Hastings (Neb.)	A	12:24.57 OT	2/11
2	20	https://www.tfrrs.org/teams/4934		#3	Dordt (Iowa)	B	12:26.08 OT	2/11
3	22	https://www.tfrrs.org/teams/6199		#1	Concordia (Neb.)	B	12:28.44	1/14

Women's High Jump

1	2	Lauren TAMAYO	JR	#2	Hastings (Neb.)	A	1.71m	5-7¼	2/18
2	12	Lia GUIGUI	SR	#8	Dakota Wesleyan	B	1.65m	5-5	2/18
2	12	Sarah THEILER	FR	#4	Doane (Neb.)	B	1.65m	5-5	1/28
2	12	Amy RICHERT	FR	#1	Concordia (Neb.)	B	1.65m	5-5	2/18
2	12	Hannah NEWTON	FR	#1	Concordia (Neb.)	B	1.65m	5-5	1/15
6	31	Grace REIMER	FR	#1	Concordia (Neb.)		1.60m	5-3	1/28
6	31	Cori DE JONG	SR	#3	Dordt (Iowa)		1.60m	5-3	2/18
6	31	Jacie VANDER WAAL	FR	#5	Northwestern (Iowa)		1.60m	5-3	12/10
6	31	Madison BLACKSTONE	SO	#4	Doane (Neb.)		1.60m	5-3	1/15
6	31	Zailee POULSON	FR	#2	Hastings (Neb.)		1.60m	5-3	1/8

Women's Pole Vault

1	1	Josie PUELZ	SO	#1	Concordia (Neb.)	A	4.09m	13-5	2/18
2	3	Erin MAPSON	JR	#1	Concordia (Neb.)	A	3.90m	12-9½	2/4
3	10	Amira CUMMINGS	FR	#1	Concordia (Neb.)	A	3.52m	11-6½	12/10
4	17	Gracie RIPPEN	JR	#7	Mount Marty (S.D.)	B	3.42m	11-2½	2/18
4	17	Erin HULBERG	FR	#5	Northwestern (Iowa)	B	3.42m	11-2½	2/18
6	32	Sydney REICHERT	FR	#1	Concordia (Neb.)		3.27m	10-8¾	2/4
6	32	Erin BOGGS	FR	#1	Concordia (Neb.)		3.27m	10-8¾	2/18
8	48	Nicole EVERHART	FR	#4	Doane (Neb.)		3.12m	10-2¾	1/22
8	48	Samantha KNAPP	FR	#4	Doane (Neb.)		3.12m	10-2¾	2/18
10	62	Saydie CLARK	FR	#3	Dordt (Iowa)		2.98m	9-9¼	12/3



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Women's Long Jump

1	4	Karsen SEARS	JR	#2	Hastings (Neb.)	A	5.88m	19-3½	2/12
2	9	Lindsay ADAMS	FR	#4	Doane (Neb.)	A	5.71m	18-8¾	12/11
3	10	Lauren TAMAYO	JR	#2	Hastings (Neb.)	A	5.69m	18-8	2/18
4	13	Amy RICHERT	FR	#1	Concordia (Neb.)	A	5.63m	18-5¾	2/12
5	15	Daisy MAESSNER	JR	#2	Hastings (Neb.)	A	5.61m	18-5	1/28
6	31	Nicole HARMS	SO	#4	Doane (Neb.)	A	5.48m	17-11¾	1/22
7	38	Gabby DIAMOND	SR	#1	Concordia (Neb.)	A	5.41m	17-9	2/4
8	41	Cora OLSON	JR	#1	Concordia (Neb.)	A	5.40m	17-8¾	1/15
9	43	Lia GUIGUI	SR	#8	Dakota Wesleyan	A	5.39m	17-8¼	2/18
10	48	Jordynn TOLIVER	SO	#9	Jamestown (N.D.)	A	5.38m	17-8	1/28

Women's Triple Jump

1	14	Daisy MAESSNER	JR	#2	Hastings (Neb.)	A	11.61m	38-1¼	2/4
2	46	Olivia DIGGINS	FR	#4	Doane (Neb.)	A	10.90m	35-9¼	2/12
3	48	Gabby DIAMOND	SR	#1	Concordia (Neb.)	A	10.87m	35-8	1/22
4	57	Isabel SLAYER	JR	#11	Briar Cliff (Iowa)	A	10.78m	35-4½	2/4
5	58	Lauren THEILER	SR	#4	Doane (Neb.)	A	10.77m	35-4	2/12
6	62	Haley MILLER	JR	#4	Doane (Neb.)	A	10.74m	35-3	1/22
7	72	Cienna WOMACK	SO	#10	Midland (Neb.)	A	10.63m	34-10½	2/18
8	79	Cora OLSON	JR	#1	Concordia (Neb.)	A	10.54m	34-7	2/12
9	82	Lexa BURTZLAFF	FR	#7	Mount Marty (S.D.)	A	10.51m	34-5¾	12/10
10	84	Katie SEVERT	SO	#1	Concordia (Neb.)	A	10.49m	34-5	2/12

Women's Shot Put

1	3	Allison SKALA	JR	#4	Doane (Neb.)	A	14.07m	46-2	2/12
2	10	Alivia BAUCOM	FR	#4	Doane (Neb.)	A	13.70m	44-11½	1/15
3	13	Jordyn ANDERSON	JR	#1	Concordia (Neb.)	A	13.49m	44-3¼	2/18
4	14	Abigail GERBER	FR	#1	Concordia (Neb.)	B	13.41m	44-0	2/18
5	17	Hope WAGNER	SO	#11	Briar Cliff (Iowa)	B	13.24m	43-5¼	1/28
6	23	Claire CASPERSEN	FR	#12	College of Saint N	B	13.00m	42-8	1/28
7	25	Kiara ANDERSON	SO	#2	Hastings (Neb.)	A	12.96m	42-6¼	1/28
8	27	Alli OWINGS	SO	#1	Concordia (Neb.)	A	12.89m	42-3½	2/4
9	29	Hallie HALLOCK	SR	#7	Mount Marty (S.D.)	A	12.75m	41-10	2/12
10	33	Katie VANLANINGHAM	JR	#4	Doane (Neb.)	A	12.68m	41-7¼	2/12

Women's Weight Throw

1	4	Sarah RAGLAND	SR	#1	Concordia (Neb.)	A	17.37m	57-0	1/28
2	5	Kiara ANDERSON	SO	#2	Hastings (Neb.)	A	17.28m	56-8½	2/4
3	6	Morgan DE JONG	SR	#1	Concordia (Neb.)	A	17.26m	56-7½	2/18
4	8	Abigail GERBER	FR	#1	Concordia (Neb.)	A	17.01m	55-9¾	2/12
5	11	Katlyn BRIGGS	FR	#8	Dakota Wesleyan	A	16.72m	54-10¼	2/18
6	13	Allison SKALA	JR	#4	Doane (Neb.)	A	16.58m	54-4¾	2/18
7	15	Macy FULLER	FR	#4	Doane (Neb.)	A	16.56m	54-4	2/12
8	17	Morgan TAFT	JR	#8	Dakota Wesleyan	A	16.42m	53-10½	12/10
9	20	Jessa EDEN	SO	#2	Hastings (Neb.)	A	16.32m	53-6½	2/18
9	20	Alivia BAUCOM	FR	#4	Doane (Neb.)	A	16.32m	53-6½	2/4

Women's Pentathlon

1	1	Lindsay ADAMS	FR	#4	Doane (Neb.)	B	3,717	12/11
2	2	Amy RICHERT	FR	#1	Concordia (Neb.)	B	3,500	2/18
3	3	Lauren TAMAYO	JR	#2	Hastings (Neb.)	B	3,497	1/22
4	6	Nicole HARMS	SO	#4	Doane (Neb.)	B	3,437	12/11
5	7	Jordynn TOLIVER	SO	#9	Jamestown (N.D.)	B	3,432	2/18
6	15	Elena BATENHORST	FR	#1	Concordia (Neb.)	B	3,177	2/18
7	19	Lindsey CRAIG	JR	#5	Northwestern (Iov	B	3,066	2/18
8	28	Ashinee GEORGE	SO	#7	Mount Marty (S.D.)	B	2,974	12/10
9	29	Zailee POULSON	FR	#2	Hastings (Neb.)		2,940	1/22
10	30	Kaylee BOYLE	JR	#1	Concordia (Neb.)		2,925	2/18



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Gulf Coast

Women's 60 Meters

1	Shanice BATTLE	FR	#1	Talladega (Ala.)	8.65	1/22
2	Athaliah TOWNSEND	FR	#1	Talladega (Ala.)	9.02	1/16

Women's 200 Meters

1	Shanice BATTLE	FR	#1	Talladega (Ala.)	27.50	2/7
2	Iyana HAYES	FR	#1	Talladega (Ala.)	28.66	1/22
3	Athaliah TOWNSEND	FR	#1	Talladega (Ala.)	29.80	1/16
4	Josephine GATES	FR	#1	Talladega (Ala.)	30.57	1/22

Women's 400 Meters

1	Iyana HAYES	FR	#1	Talladega (Ala.)	1:12.27	1/16
2	Gabrielle COX	FR	#1	Talladega (Ala.)	1:13.89	1/22

Women's 600 Meters

1	Morgan WEST	FR	#1	Talladega (Ala.)	2:29.78	2/7
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Women's 4x400 Relay

1	https://www.tfrs.org/teams/81692		#1	Talladega (Ala.)	4:36.05	2/7
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Women's High Jump

1	Josephine GATES	FR	#1	Talladega (Ala.)	1.30m	4-3¼ 2/7
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Women's Long Jump

1	Josephine GATES	FR	#1	Talladega (Ala.)	4.29m	14-1 2/7
2	Shanice BATTLE	FR	#1	Talladega (Ala.)	4.03m	13-2¾ 2/7

Women's Shot Put

1	Leondra TURNER	FR	#1	Talladega (Ala.)	9.54m	31-3¾ 2/7
2	Kaytlin BOYKINS	FR	#1	Talladega (Ala.)	9.07m	29-9¼ 1/16
3	Mya TOWNS	FR	#1	Talladega (Ala.)	8.84m	29-0 2/7
4	Kalena HALL	FR	#1	Talladega (Ala.)	8.64m	28-4¼ 1/16

Women's Weight Throw

1	Kalena HALL	FR	#1	Talladega (Ala.)	10.78m	35-4½ 1/16
2	Leondra TURNER	FR	#1	Talladega (Ala.)	9.31m	30-6½ 2/7
3	Kaytlin BOYKINS	FR	#1	Talladega (Ala.)	8.95m	29-4½ 1/16
4	Mya TOWNS	FR	#1	Talladega (Ala.)	6.14m	20-1¾ 2/7



Conference TFRI Event Summary

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Indep.

Women's 60 Meters

1	3	Raheema WESTFALL	SR	#9 Wayland Baptist (A)	A	7.42c	(7.40A)	2/18
2	4	Fredricka MCKENZIE	SO	#1 William Carey (Mi)	A	7.52		12/11
3	5	Jovanna GUSTAVE	FR	#9 Wayland Baptist (A)	A	7.54		1/29
4	7	Brittany JONES	SR	#1 William Carey (Mi)	A	7.59		2/7
4	7	Kevell BYRD	FR	#12 Dillard (La.)	A	7.59w	(2.5)	2/18
6	13	Latavia JACK	FR	#7 Mobile (Ala.)	A	7.65		1/22
7	22	Brandy MACKEY	SO	Voorhees (S.C.)	A	7.71		2/7
7	22	Jasmine WILLIAMS	JR	#1 William Carey (Mi)	A	7.71		12/11
9	24	Ronika ROBINSON	JR	#24 Ottawa (Ariz.)	A	7.72c	(7.68A)	2/18
10	30	Chasity VEALS	SO	#13 Langston (Okla.)	B	7.75		1/15
10	30	Kynneddy TURNER	FR	#17 Xavier (La.)	B	7.75w	(2.5)	2/18

Women's 60 Meter Hurdles

1	1	Selieci MYLES	FR	#1 William Carey (Mi)	A	8.44		2/7
2	2	Joy ABU	SO	#1 William Carey (Mi)	A	8.47		2/18
3	6	Emerald CARTER	JR	#17 Xavier (La.)	A	8.74		2/12
4	17	Madigan KELLY	FR	#6 Lewis-Clark State	A	8.92		1/22
5	27	Keyana YEOMAN	SO	Voorhees (S.C.)	A	9.00		1/30
6	30	Kiersten LANCASTER	SR	#3 College of Idaho	B	9.04c	(9.02A)	2/11
7	33	Anna CABRERA	JR	#7 Mobile (Ala.)	B	9.06		1/23
8	42	Sara HATHAWAY	SO	#6 Lewis-Clark State	A	9.19		1/22
9	44	Ja'hliia EVANS	FR	Voorhees (S.C.)	A	9.20		1/30
10	68	Ashley BRITT	JR	#6 Lewis-Clark State	A	9.37		2/12

Women's 200 Meters

1	3	Joy ABU	SO	#1 William Carey (Mi)	A	24.01		2/18
2	4	Raheema WESTFALL	SR	#9 Wayland Baptist (A)	A	24.05c	(23.98A)	2/11
3	7	Fredricka MCKENZIE	SO	#1 William Carey (Mi)	A	24.41 OT		1/14
4	11	Argyanna BOLTON	SR	#9 Wayland Baptist (A)	A	24.84c	(24.77A)	2/11
5	12	Kevell BYRD	FR	#12 Dillard (La.)	A	24.86 outw	(2.4)	2/18
6	15	Eryn BURKE	FR	#4 Vanguard (Calif.)	A	25.07 out	(0.0)	2/11
7	23	Latavia JACK	FR	#7 Mobile (Ala.)	B	25.24	(1.9)	1/14
8	26	Jasmine WILLIAMS	JR	#1 William Carey (Mi)	B	25.27 OT		1/14
9	30	Selieci MYLES	FR	#1 William Carey (Mi)	B	25.30 OT		1/14
10	34	Armiyah JOHNSON	SO	#4 Vanguard (Calif.)	B	25.43 outw	(4.0)	2/19

Women's 400 Meters

1	2	Joy ABU	SO	#1 William Carey (Mi)	A	55.04		2/7
2	3	Eryn BURKE	FR	#4 Vanguard (Calif.)	A	55.62 out		2/11
3	9	Argyanna BOLTON	SR	#9 Wayland Baptist (A)	A	56.86c	(56.75A)	2/18
4	18	Jasmine WILLIAMS	JR	#1 William Carey (Mi)	B	57.67 OT		1/14
5	26	Kevell BYRD	FR	#12 Dillard (La.)	B	58.10		1/23
5	26	Maysa VICKERS	SO	#13 Langston (Okla.)	B	58.10 OT		2/11
7	30	Camille LAWRENCE	FR	#10 Southern Oregon	B	58.18		2/12
8	36	Anika GROGAN	SO	#6 Lewis-Clark State	A	58.73 OT		1/22
9	39	Alyssa NELSON	FR	Huston-Tillotson	A	58.79c	(58.68A)	2/18
10	41	Feja HODGES	JR	#1 William Carey (Mi)	A	58.90 OT		1/14

Women's 600 Meters

1	26	Katie Jo GEBHARDT	SO	#2 Eastern Oregon	A	1:38.35		2/18
2	28	Kari WATTS	JR	#7 Mobile (Ala.)	A	1:38.39 out		2/18
3	30	Geraldin CORREA	SO	#6 Lewis-Clark State	A	1:38.61 OT		1/22
4	42	Sevilla GROEBE	FR	Park (Ariz.)	A	1:39.42 out		1/29
5	43	Morgan BAYES	SO	#2 Eastern Oregon	A	1:39.48		2/18
6	45	Laurny MITCHELL	FR	#2 Eastern Oregon	A	1:39.94		2/18
7	46	Ashley BRITT	JR	#6 Lewis-Clark State	A	1:39.98 OT		1/22
8	48	Renee PAYNE	SR	#21 Arizona Christian	A	1:40.24 out		2/11
9	49	Cailen JOLLEY	SO	#15 Oklahoma City	A	1:40.28 OT		1/22
10	51	Nia MCGRIF	SO	#9 Wayland Baptist (	A	1:40.76	(1:29.96f60)	1/14

Women's 800 Meters

1	6	Rianna VIDALES	JR	Texas Wesleyan	A	2:14.41 OT		2/11
2	8	Sydney LITTLE LIGHT	JR	#8 Rocky Mountain (	A	2:15.60c	(2:17.61fA)	2/18
3	20	Keili DORN	SO	#4 Vanguard (Calif.)	B	2:17.57 out		2/19
4	27	Cailen JOLLEY	SO	#15 Oklahoma City	A	2:18.74 OT		2/11
5	33	Michelle HERBES	JR	#2 Eastern Oregon	A	2:19.47		2/12
6	43	Geraldin CORREA	SO	#6 Lewis-Clark State	A	2:20.75		2/12
7	52	Katie Jo GEBHARDT	SO	#2 Eastern Oregon	A	2:21.50		2/12
8	61	Natalie YOCUM	JR	#11 Carroll (Mont.)	A	2:22.42c	(2:24.86fA)	1/13
9	62	Sevilla GROEBE	FR	Park (Ariz.)	A	2:22.48 out		2/11
10	65	Elly MACHADO	SR	#11 Carroll (Mont.)	A	2:22.80c	(2:23.48A)	2/11

Women's 1000 Meters

1	3	Abbey SHIRTS	SO	#3 College of Idaho	A	2:54.60		2/18
2	13	Sevilla GROEBE	FR	Park (Ariz.)	A	2:59.44c	(3:01.40f)	2/20
3	29	Abigail HUNDLEY	FR	#5 Westmont (Calif.)	B	3:01.49 out		2/19
4	33	Cailen JOLLEY	SO	#15 Oklahoma City	A	3:02.22c	(3:04.21f)	2/18
5	37	Michelle HERBES	JR	#2 Eastern Oregon	A	3:02.78		2/18
6	39	Katie Jo GEBHARDT	SO	#2 Eastern Oregon	A	3:03.07		2/18
7	63	Kahea FIGUEIRA	FR	#3 College of Idaho	A	3:09.30		2/18
8	77	Blanca CONTESA	FR	#1 William Carey (Mi)	A	3:10.73c	(3:12.81f)	12/11
9	81	Bree LEWIS	FR	#3 College of Idaho	A	3:11.44		2/18
10	85	Rylee BROWN	SR	#6 Lewis-Clark State	A	3:11.74 OT		1/22

Women's Mile

1	2	Sydney LITTLE LIGHT	JR	#8 Rocky Mountain (	A	4:53.95c	(4:59.66A)	2/11
2	12	Keili DORN	SO	#4 Vanguard (Calif.)	A	5:02.39 out		2/11
3	15	Abbey SHIRTS	SO	#3 College of Idaho	A	5:03.50c	(5:09.40A)	1/28
4	22	Anneline BREYTENBACH	FR	#5 Westmont (Calif.)	B	5:07.79 out		2/19
5	27	Kari ANEMA	FR	#5 Westmont (Calif.)	B	5:08.18 out		2/19
6	31	Natalie YOCUM	JR	#11 Carroll (Mont.)	B	5:09.66c	(5:15.68A)	2/11
7	43	Elizabeth HEFFERNAN	SO	#15 Oklahoma City	B	5:12.14		2/18
8	44	Sage MARTIN	FR	#3 College of Idaho	B	5:12.52c	(5:18.59A)	1/28
9	46	Abigail HUNDLEY	FR	#5 Westmont (Calif.)	B	5:12.73 out		2/11
10	50	Rianna VIDALES	JR	Texas Wesleyan	A	5:12.99c	(5:16.67A)	2/18



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Indep.

Women's 3000 Meters

1	10	Keili DORN	SO	#4	Vanguard (Calif.)	A	10:05.13 out	2/11
2	22	Sydney LITTLE LIGHT	JR	#8	Rocky Mountain (Calif.)	A	10:15.44c(10:29.87fA)	1/21
3	25	Allika PEARSON	JR	#19	John Brown (Ark.)	A	10:20.81 OT	1/22
4	29	Anneline BREYTENBACH	FR	#5	Westmont (Calif.)	A	10:22.30 out	2/11
5	30	Kari ANEMA	FR	#5	Westmont (Calif.)	A	10:22.31 out	2/11
6	34	Sophie SOUTHERDEN	JR	#14	The Master's (Calif.)	B	10:23.95 out	2/19
7	37	Regan WORLEY	JR	#11	Carroll (Mont.)	B	10:24.27c(10:37.89A)	2/11
8	40	Emily ADAMS	SR	#6	Lewis-Clark State	B	10:24.89	2/4
9	41	Sage MARTIN	FR	#3	College of Idaho	B	10:25.28	2/18
10	43	Ellyse TINGELSTAD	FR	#3	College of Idaho	B	10:25.95	2/18

Women's 5000 Meters

1	9	Naomy LAGAT	JR	#22	Menlo (Calif.)	A	17:41.95 OT	12/3
2	13	Allika PEARSON	JR	#19	John Brown (Ark.)	A	17:44.13c(17:52.28f)	2/4
3	20	Shiloh NAJJAR	SO	#23	Multnomah (Ore.)	A	17:56.14	12/11
4	26	Keili DORN	SO	#4	Vanguard (Calif.)	A	17:59.28 out	1/28
5	29	India MOORS	FR	#4	Vanguard (Calif.)	A	18:09.28 out	2/19
6	34	Sydney LITTLE LIGHT	JR	#8	Rocky Mountain (Calif.)	B	18:17.46c(18:43.57fA)	1/21
7	43	Savannah CAMPBELL	JR		Truett-McConnell		18:35.49	2/6
8	52	Nadia SIFUENTES	JR		Our Lady of the Lake		18:45.55 OT	2/11
9	67	Autumn NOOTBAAR	SR	#14	The Master's (Calif.)		19:00.73 out	1/28
10	68	Sharon KOIMA	SO	#15	Oklahoma City		19:01.62 OT	2/11

Women's 4x400 Relay

1	9	https://www.tfrrs.org/teams/8504	#6	Lewis-Clark State	A	3:56.67	2/12
2	10	https://www.tfrrs.org/teams/9004	#4	Vanguard (Calif.)	B	3:57.47 out	2/19
3	13	https://www.tfrrs.org/teams/8653	#10	Southern Oregon	B	3:58.24	2/12
4	14	https://www.tfrrs.org/teams/25492	#13	Langston (Okla.)	B	3:58.51 OT	12/4
5	24	https://www.tfrrs.org/teams/9002	#5	Westmont (Calif.)		4:01.24 out	2/19
6	31	https://www.tfrrs.org/teams/66848		Our Lady of the Lake		4:05.25 OT	2/11
7	32	https://www.tfrrs.org/teams/11341	#12	Dillard (La.)		4:05.67c (4:08.93f)	1/28
8	34	https://www.tfrrs.org/teams/77178	#1	William Carey (Miss.)		4:06.31	2/7
9	41	https://www.tfrrs.org/teams/4925		Huston-Tillotson		4:08.12c (4:07.68A)	2/18
10	50	https://www.tfrrs.org/teams/11156	#2	Eastern Oregon		4:10.81	2/12

Women's 4x800 Relay

1	10	https://www.tfrrs.org/teams/11166	#14	The Master's (Calif.)	A	9:32.12 out	1/28
2	20	https://www.tfrrs.org/teams/18782	#3	College of Idaho		9:43.40	2/12
3	27	https://www.tfrrs.org/teams/11156	#2	Eastern Oregon		9:58.44	2/12
4	32	https://www.tfrrs.org/teams/77178	#1	William Carey (Miss.)		10:09.25	2/7
5	47	https://www.tfrrs.org/teams/9002	#5	Westmont (Calif.)		10:18.55 out	1/28
6	58	https://www.tfrrs.org/teams/11343	#7	Mobile (Ala.)		10:35.26	2/7
7	60	https://www.tfrrs.org/teams/11370	#18	Loyola (La.)		10:37.42	2/7
8	79	https://www.tfrrs.org/teams/11341	#12	Dillard (La.)		11:11.21 out	2/18
9	86	https://www.tfrrs.org/teams/67709		Truett-McConnell		11:38.33	2/6

Women's Distance Medley Relay

1	2	https://www.tfrrs.org/teams/11166	#14	The Master's (Calif.)	A	12:00.64 out	2/19
2	10	https://www.tfrrs.org/teams/9004	#4	Vanguard (Calif.)	A	12:13.76 out	2/19
3	14	https://www.tfrrs.org/teams/9002	#5	Westmont (Calif.)	A	12:19.74 out	2/11
4	21	https://www.tfrrs.org/teams/18782	#3	College of Idaho	B	12:27.04	2/12
5	23	https://www.tfrrs.org/teams/64754	#11	Carroll (Mont.)		12:30.96c(12:41.04A)	2/11
6	26	https://www.tfrrs.org/teams/8504	#6	Lewis-Clark State		12:32.38	2/12
7	29	https://www.tfrrs.org/teams/63323	#15	Oklahoma City		12:42.96 OT	2/11
8	35	https://www.tfrrs.org/teams/63644	#8	Rocky Mountain (Calif.)		13:03.45c(13:13.97A)	2/11
9	62	https://www.tfrrs.org/teams/11370	#18	Loyola (La.)		14:15.26	2/7
10	76	https://www.tfrrs.org/teams/77188	#19	John Brown (Ark.)		14:42.73c(14:52.18f)	2/4

Women's High Jump

1	4	Abi STEVENS	FR	#10	Southern Oregon	A	1.69m	5-6½	2/5
2	12	Lily SWEEN	FR	#5	Westmont (Calif.)	B	1.65m	5-5	2/11
3	28	Jennah CARPENTER	FR	#6	Lewis-Clark State		1.63m	5-4¼	1/22
4	31	Cassidy STODDARD	FR	#3	College of Idaho		1.60mA	5-3	2/11
4	31	Morgan HARRISON	SO	#3	College of Idaho		1.60m	5-3	2/18
6	54	Sara HATHAWAY	SO	#6	Lewis-Clark State		1.58m	5-2¼	2/4
6	54	Karli BEDARD	SO	#2	Eastern Oregon		1.58m	5-2¼	1/22
8	72	Nevagant JONES	SO	#1	William Carey (Miss.)		1.55m	5-1	2/7
8	72	Julianna HOLM	FR	#4	Vanguard (Calif.)		1.55m	5-1	2/11
8	72	Madde BOLES	JR	#11	Carroll (Mont.)		1.55mA	5-1	2/11
8	72	Brittany JONES	SR	#1	William Carey (Miss.)		1.55m	5-1	2/7



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Indep.

Women's Pole Vault

1	10	Rachel TRAVIS	SR	#16 William Jessup (C)	A	3.52m	11-6½	2/19
2	14	Dakota MANECKE	SO	#8 Rocky Mountain (C)	B	3.50mA	11-5¾	2/18
3	16	Chloe GALLAGHER	SO	#11 Carroll (Mont.)	B	3.45mA	11-3¾	1/13
4	17	Abby RUMOHR	FR	#5 Westmont (Calif.)	B	3.42m	11-2½	2/11
5	28	Natalie HENDRIX	JR	#21 Arizona Christian		3.33mA	10-11	2/18
6	29	Cynthia SMITH	JR	#6 Lewis-Clark State		3.30m	10-9¾	12/11
7	46	Abby WINSTEAD	SO	#2 Eastern Oregon		3.15m	10-4	12/11
7	46	Olivia EARLING	SO	#8 Rocky Mountain (C)		3.15mA	10-4	2/18
9	48	Moriah CHIANG	FR	#5 Westmont (Calif.)		3.12m	10-2¾	2/11
10	56	Kailen HERBSTTRITT	FR	#11 Carroll (Mont.)		3.10mA	10-2	2/11

Women's Long Jump

1	1	Brittany JONES	SR	#1 William Carey (Mont.)	A	6.01m	19-8¾	2/7
2	22	Brandy MACKEY	SO	Voorhees (S.C.)	B	5.54m	18-2¼	1/30
3	25	Nevagant JONES	SO	#1 William Carey (Mont.)	B	5.51m	18-1 (1.7)	2/18
4	28	Tamia CRAWFORD	SO	Voorhees (S.C.)		5.49m	18-¼	1/30
5	32	Anna CABRERA	JR	#7 Mobile (Ala.)		5.47m	17-11½ (0.3)	2/18
6	33	Jayla SCHULTZ	FR	#9 Wayland Baptist (Tex.)		5.46m	17-11	2/18
7	53	Rachel ROWE	JR	#12 Dillard (La.)		5.36m	17-7	1/16
7	53	Abi STEVENS	FR	#10 Southern Oregon		5.36m	17-7	1/23
9	61	Roniekka ROBINSON	JR	#24 Ottawa (Ariz.)		5.34mA	17-6¼	2/18
10	62	Kelsey DRAPEAU	SO	Southwestern Ch		5.33m	17-6	2/11

Women's Triple Jump

1	1	Brittany JONES	SR	#1 William Carey (Mont.)	A	12.71m	41-8½	1/22
2	5	Chasity VEALS	SO	#13 Langston (Okla.)	A	11.98m	39-3¾	1/22
3	7	Nevagant JONES	SO	#1 William Carey (Mont.)	A	11.83m	38-9¾	1/14
4	11	Ahmia DORSEY	SO	#13 Langston (Okla.)	A	11.71m	38-5	1/22
5	13	Ja'hliia EVANS	FR	Voorhees (S.C.)	A	11.63m	38-2	1/30
6	24	Leila WALTON	SO	#12 Dillard (La.)	B	11.39m	37-4½ (1.2)	2/18
7	28	Rachel ROWE	JR	#12 Dillard (La.)	B	11.34m	37-2½	1/16
8	32	Angel EDWARDS	FR	#13 Langston (Okla.)	B	11.22m	36-9¾	1/15
9	33	Jayda LOWE	FR	Voorhees (S.C.)	B	11.19m	36-8½	2/11
10	38	Sophi CLAY	FR	#3 College of Idaho		10.98mA	36-¼	2/11

Women's Shot Put

1	2	Nikki KRUEGER	SR	#11 Carroll (Mont.)	A	14.44mA	47-4½	2/11
2	9	Maggie LEDBETTER	SO	#2 Eastern Oregon	A	13.71m	44-11¾	2/18
3	15	Fedra FLORENTIN	FR	#7 Mobile (Ala.)	B	13.32m	43-8½	1/14
4	20	Bryana BAZILE	FR	#18 Loyola (La.)	B	13.14m	43-1½	2/7
5	22	Catlynn DUFF	JR	#3 College of Idaho	B	13.08m	42-11	2/18
6	46	Mykhala COLEMAN	FR	#18 Loyola (La.)		12.39m	40-7¾	2/18
7	48	Emily FOX	JR	#3 College of Idaho		12.37m	40-7	2/18
8	53	Grace JONES	FR	Truett-McConnell		12.28m	40-3½	2/6
9	69	Esther EZEUGU	FR	#3 College of Idaho		11.99mA	39-4	1/14
10	80	Kenna WOODWARD	FR	#2 Eastern Oregon		11.84m	38-10¼	2/18
10	80	kathryn EVANS	SO	#20 Providence (Mont.)		11.84mA	38-10¼	1/28

Women's Weight Throw

1	1	Catlynn DUFF	JR	#3 College of Idaho	A	18.69m	61-4	2/18
2	12	Jillian SANCHEZ	JR	#20 Providence (Mont.)	A	16.63mA	54-6¾	1/13
3	16	Kenna WOODWARD	FR	#2 Eastern Oregon	A	16.48m	54-1	2/18
4	35	Maggie LEDBETTER	SO	#2 Eastern Oregon		15.73m	51-7¼	2/18
5	79	Trinity HILL	FR	#2 Eastern Oregon		14.32m	46-11¾	2/12
6	80	Danielle CHURCH	JR	#2 Eastern Oregon		14.28m	46-10¼	2/18
7	86	Allyson CONNER	SO	#20 Providence (Mont.)		14.19mA	46-6¾	1/13
8	88	Michelle FLINT	SR	#16 William Jessup (C)		14.17m	46-6	2/19
9		Emily FOX	JR	#3 College of Idaho		13.78m	45-2½	2/18
10		Elyssa PAULDING	SR	#7 Mobile (Ala.)		13.66m	44-9¾	12/3

Women's Pentathlon

1	5	Lily SWEEN	FR	#5 Westmont (Calif.)	B	3,445		2/11
2	8	Abi STEVENS	FR	#10 Southern Oregon	B	3,387		2/5
3	10	Anna CABRERA	JR	#7 Mobile (Ala.)	B	3,254		2/18
4	22	Jayden JACKSON	FR	#16 William Jessup (C)	B	3,052		2/11
5	23	Juliana TAMPUS	SO	#4 Vanguard (Calif.)	B	3,046		2/11
6	24	Karli BEDARD	SO	#2 Eastern Oregon	B	3,032		2/18
7	25	Sammy CONLEY	FR	#2 Eastern Oregon	B	3,023		2/18
8	31	Penelopi LEACH	FR	#4 Vanguard (Calif.)		2,922		2/11
8	31	Jenna HODGES	JR	#10 Southern Oregon		2,922		2/5
10	40	Julia DELUCCHI	SR	#10 Southern Oregon		2,810		2/5



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Women's 60 Meters

1	15	Corrssia PERRY	JR	#6 Sterling (Kan.)	A	7.66	2/18
2	39	Rachel BOOKER	JR	#5 Southwestern (Ka	B	7.78	2/12
3	56	Brooklyn TORRENCE	FR	#2 Saint Mary (Kan.)		7.86	12/4
4	65	Jayda COOPER	SR	#2 Saint Mary (Kan.)		7.88	2/18
5	74	Laiya PALMER	FR	#8 Bethel (Kan.)		7.90	1/13
6		Vilma LAMBERT	FR	#1 Friends (Kan.)		7.97	12/4
7		Maria BOTELLA MANICH	JR	#1 Friends (Kan.)		7.98	2/18
8		Kaitlynn MASSEY	SO	#1 Friends (Kan.)		7.99	12/4
9		Halle NAGEL	FR	#1 Friends (Kan.)		8.00	12/4
10		Hope MCGUIRE	FR	#4 Saint Mary-of-the		8.07	2/19

Women's 60 Meter Hurdles

1	15	Sydney WILSON	SR	#6 Sterling (Kan.)	A	8.91	2/18
2	38	Shavonte HARRIS	SO	#1 Friends (Kan.)	B	9.10	2/18
3	46	Keiana NEWMAN	SO	#1 Friends (Kan.)		9.21	2/18
4	64	Suleica LEE	SR	Ottawa (Kan.)		9.34	2/18
5	69	Irian PADULLES	FR	#1 Friends (Kan.)		9.38	2/18
5	69	Samantha COLSON	FR	#2 Saint Mary (Kan.)		9.38	12/4
7	81	Moriah SHAW	FR	#1 Friends (Kan.)		9.47	1/8
8	96	Elaina HENDERSON	SR	#1 Friends (Kan.)		9.56	12/1
9		Jessenia VELEZ	FR	Ottawa (Kan.)		9.63	2/18
10		Aubry GRAME	SO	#8 Bethel (Kan.)		9.64	2/18

Women's 200 Meters

1	4	Corrssia PERRY	JR	#6 Sterling (Kan.)	A	24.05c	(24.42f)	2/4
2	27	Rachel BOOKER	JR	#5 Southwestern (Ka	B	25.28c	(25.67f)	2/18
3	58	Jayda COOPER	SR	#2 Saint Mary (Kan.)		25.68c	(26.08f)	2/18
4	66	Jaylen KNIGHT	JR	#1 Friends (Kan.)		25.73c	(26.13f)	2/18
5	87	Maria BOTELLA MANICH	JR	#1 Friends (Kan.)		25.93c	(26.33f)	2/18
6	91	Kaitlynn MASSEY	SO	#1 Friends (Kan.)		26.01c	(26.41f)	2/18
7		Dekayla GAINES	SO	#7 Tabor (Kan.)		26.11c	(26.51f)	2/18
8		Halle NAGEL	FR	#1 Friends (Kan.)		26.15c	(26.55f)	2/18
9		J'Layah SPELLMAN	FR	Oklahoma Wesley		26.24c	(26.64f)	2/18
10		Lauryn TERRY	FR	#5 Southwestern (Ka		26.31c	(26.71f)	2/18

Women's 400 Meters

1	6	Corrssia PERRY	JR	#6 Sterling (Kan.)	A	56.38c	(57.12f)	2/4
2	47	Kyah HILL	FR	#5 Southwestern (Ka		59.28c	(1:00.06f)	2/18
3	57	Kendra BLAYLOCK	FR	#1 Friends (Kan.)		59.80c	(1:00.59f)	2/18
3	57	Tabetha DEINES	JR	#3 Kansas Wesleyan		59.80c	(1:00.59f)	2/12
5	76	Kaitlynn MASSEY	SO	#1 Friends (Kan.)		1:00.32c	(1:01.12f)	2/18
6	77	Lexi WARDLOW	FR	#2 Saint Mary (Kan.)		1:00.35c	(1:01.15f)	2/18
7		Maria GEESAMAN	JR	York (Neb.)		1:00.91c	(1:01.71f)	1/28
8		Jaylen KNIGHT	JR	#1 Friends (Kan.)		1:00.98c	(1:01.79f)	2/18
9		Kamrie DILLAN	FR	York (Neb.)		1:01.18c	(1:01.99f)	2/18
10		Meliah HANNA	FR	#5 Southwestern (Ka		1:01.64c	(1:02.45f)	2/18

Women's 600 Meters

1	18	Aileen GURROLA	SR	#1 Friends (Kan.)	B	1:37.05c	(1:38.23f)	1/13
2	20	Aubry DONLEY	SO	#1 Friends (Kan.)	B	1:37.23c	(1:38.42f)	2/18
3	25	Tabetha DEINES	JR	#3 Kansas Wesleyan		1:38.19 OT	(1:27.67/60)	2/4
4	47	Kourtney WARREN	FR	#1 Friends (Kan.)		1:39.99c	(1:41.21f)	2/18
5	58	Kentayshija PRUITT	SO	#5 Southwestern (Ka		1:41.39c	(1:42.63f)	2/12
6	80	Veronica AGUILAR	SO	#2 Saint Mary (Kan.)		1:42.27c	(1:43.52f)	2/18
7	82	Sarah TARN	FR	#1 Friends (Kan.)		1:42.34c	(1:43.59f)	2/4
8		Destiny ESCOBAR	JR	Ottawa (Kan.)		1:43.37c	(1:44.63f)	2/18
9		Kayli GONZALES	FR	#1 Friends (Kan.)		1:43.38c	(1:44.64f)	2/4
10		Selema ORTIZ	FR	#1 Friends (Kan.)		1:46.29	(1:34.90/60)	12/4

Women's 800 Meters

1	3	Aubry DONLEY	SO	#1 Friends (Kan.)	A	2:12.87 OT		2/11
2	7	Tabetha DEINES	JR	#3 Kansas Wesleyan	A	2:14.69		1/28
3	10	Aileen GURROLA	SR	#1 Friends (Kan.)	A	2:15.85 OT		2/11
4	19	Maria GEESAMAN	JR	York (Neb.)	B	2:17.43c	(2:19.01f)	2/18
5	41	Alyssa ARMENDARIZ	FR	#2 Saint Mary (Kan.)		2:20.63 OT		1/22
6	46	Maddy WALTER-SHERRETTS	FR	#2 Saint Mary (Kan.)		2:21.27 OT		2/4
7	84	Sonya ZIMMERMAN	FR	#7 Tabor (Kan.)		2:23.90c	(2:25.56f)	2/18
8	91	Emma CAMPBELL	JR	#2 Saint Mary (Kan.)		2:24.16c	(2:25.82f)	2/18
9		Carlie GREGG	FR	#2 Saint Mary (Kan.)		2:25.74 OT		2/4
10		Daegiona WILSON	SO	#5 Southwestern (Ka		2:27.60 OT		1/22

Women's 1000 Meters

1	5	Tabetha DEINES	JR	#3 Kansas Wesleyan	A	2:57.05c	(2:58.98f)	1/22
2	25	Alyssa ARMENDARIZ	FR	#2 Saint Mary (Kan.)	B	3:01.23 OT		2/4
3	27	Maddy WALTER-SHERRETTS	FR	#2 Saint Mary (Kan.)	B	3:01.40c	(3:03.38f)	2/18
4	28	Caroline GILES	SO	#1 Friends (Kan.)	B	3:01.47c	(3:03.45f)	2/18
5	30	Aileen GURROLA	SR	#1 Friends (Kan.)	B	3:01.61c	(3:03.59f)	1/8
6	36	Maria GEESAMAN	JR	York (Neb.)		3:02.69c	(3:04.68f)	2/4
7	44	Aubry DONLEY	SO	#1 Friends (Kan.)		3:05.27c	(3:07.29f)	2/18
8	47	Riley HIEBERT	FR	#2 Saint Mary (Kan.)		3:05.51 OT		2/4
9	68	Emma CAMPBELL	JR	#2 Saint Mary (Kan.)		3:10.05 OT		2/4
10	73	Daegiona WILSON	SO	#5 Southwestern (Ka		3:10.56 OT		2/4

Women's Mile

1	11	Maddy WALTER-SHERRETTS	FR	#2 Saint Mary (Kan.)	A	5:02.28 OT		2/11
2	14	Alyssa ARMENDARIZ	FR	#2 Saint Mary (Kan.)	A	5:02.68c	(5:05.67f)	2/18
3	20	Caroline GILES	SO	#1 Friends (Kan.)	B	5:07.41c	(5:10.45f)	2/18
4	24	Tabetha DEINES	JR	#3 Kansas Wesleyan	B	5:07.84c	(5:10.88f)	2/18
5	58	Riley HIEBERT	FR	#2 Saint Mary (Kan.)		5:15.07c	(5:18.18f)	2/18
6	70	Stephanie MARTINEZ	JR	#3 Kansas Wesleyan		5:16.77c	(5:19.90f)	2/18
7	72	Emma CAMPBELL	JR	#2 Saint Mary (Kan.)		5:17.05 OT		1/29
8	92	Carlie GREGG	FR	#2 Saint Mary (Kan.)		5:21.85c	(5:25.03f)	2/18
9	95	Reagan HIEBERT	FR	#2 Saint Mary (Kan.)		5:21.87c	(5:25.05f)	2/18
10	97	Daegiona WILSON	SO	#5 Southwestern (Ka		5:22.32c	(5:25.51f)	2/18



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Women's 3000 Meters

1	7	Alyssa ARMENDARIZ	FR	#2	Saint Mary (Kan.)	A	9:58.33 OT	2/4
2	33	Maddy WALTER-SHERRETTS	FR	#2	Saint Mary (Kan.)	B	10:23.76 OT	1/22
3	35	Caroline GILES	SO	#1	Friends (Kan.)	B	10:24.01c(10:29.36f)	2/18
4	48	Stephanie MARTINEZ	JR	#3	Kansas Wesleyan	B	10:28.09c(10:33.47f)	2/18
5	55	Riley HIEBERT	FR	#2	Saint Mary (Kan.)		10:30.98 OT	2/11
6	66	Reagan HIEBERT	FR	#2	Saint Mary (Kan.)		10:35.73 OT	2/11
7		Kate MADSEN	FR	#2	Saint Mary (Kan.)		10:54.37	1/15
8		Lexi CASTOR-INSCHO	JR	#2	Saint Mary (Kan.)		11:04.25c(11:09.94f)	2/18
9		Emma WILLISON	FR	#7	Tabor (Kan.)		11:09.51c(11:15.25f)	2/18
10		Zoe TRAUSCH	JR	#4	Saint Mary-of-the		11:09.52c(11:15.26f)	2/19

Women's 5000 Meters

1	6	Alyssa ARMENDARIZ	FR	#2	Saint Mary (Kan.)	A	17:20.21 OT	1/29
2	30	Riley HIEBERT	FR	#2	Saint Mary (Kan.)	B	18:12.88 OT	1/29
3	35	Stephanie MARTINEZ	JR	#3	Kansas Wesleyan	B	18:17.87 OT	2/4
4	64	Reagan HIEBERT	FR	#2	Saint Mary (Kan.)		18:58.29 OT	2/4
5	65	Kate MADSEN	FR	#2	Saint Mary (Kan.)		18:59.97 OT	2/4
6		Lexi CASTOR-INSCHO	JR	#2	Saint Mary (Kan.)		19:28.93 OT	2/4
7		Emma WILLISON	FR	#7	Tabor (Kan.)		19:31.24	1/28
8		Kayla CORYEA	SR	#4	Saint Mary-of-the		19:34.36c(19:43.35f)	2/19
9		Gracen GLOVER	FR	#2	Saint Mary (Kan.)		19:47.75c(19:56.84f)	2/18
10		Kendyll SCHULZ	SR	#4	Saint Mary-of-the		19:59.54c(20:08.72f)	2/19

Women's 3000m Race Walk

1	18	Moira BURGESS	SR	#1	Friends (Kan.)		18:51.53 f	2/12
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Women's 4x400 Relay

1	12	https://www.tfrrs.org/teams/1847	#1	Friends (Kan.)	B	3:58.23 OT	2/11
2	27	https://www.tfrrs.org/teams/1897	#5	Southwestern (Ka		4:02.50c (4:05.71f)	2/12
3	42	https://www.tfrrs.org/teams/73932	#2	Saint Mary (Kan.)		4:08.64	12/4
4	53	https://www.tfrrs.org/teams/11209		York (Neb.)		4:11.25c (4:14.58f)	2/11
5	56	https://www.tfrrs.org/teams/1793	#8	Bethel (Kan.)		4:12.29	1/28
6	62	https://www.tfrrs.org/teams/1803	#3	Kansas Wesleyan		4:14.28c (4:17.65f)	2/18
7	67	https://www.tfrrs.org/teams/1881		Ottawa (Kan.)		4:15.40c (4:18.79f)	2/18
8	70	https://www.tfrrs.org/teams/1893	#7	Tabor (Kan.)		4:16.12c (4:19.52f)	2/18
9	79	https://www.tfrrs.org/teams/1863	#9	McPherson (Kan.)		4:20.30c (4:23.75f)	2/18
10		https://www.tfrrs.org/teams/66918	#4	Saint Mary-of-the		4:34.78c (4:38.42f)	2/19

Women's 4x800 Relay

1	6	https://www.tfrrs.org/teams/1847	#1	Friends (Kan.)	A	9:27.78c (9:34.32f)	2/4
2	13	https://www.tfrrs.org/teams/73932	#2	Saint Mary (Kan.)	B	9:38.55 OT	1/22
3	29	https://www.tfrrs.org/teams/1893	#7	Tabor (Kan.)		10:01.09c(10:08.02f)	2/18
4	38	https://www.tfrrs.org/teams/66918	#4	Saint Mary-of-the		10:16.24c(10:23.34f)	2/19
5	50	https://www.tfrrs.org/teams/11209		York (Neb.)		10:22.25c(10:29.42f)	2/18
6	52	https://www.tfrrs.org/teams/1897	#5	Southwestern (Ka		10:24.48c(10:31.68f)	2/18
7	54	https://www.tfrrs.org/teams/1803	#3	Kansas Wesleyan		10:27.93c(10:35.17f)	2/18
8	70	https://www.tfrrs.org/teams/1881		Ottawa (Kan.)		10:53.11c(11:00.64f)	2/18
9	72	https://www.tfrrs.org/teams/1863	#9	McPherson (Kan.)		10:57.69c(11:05.27f)	2/18
10	80	https://www.tfrrs.org/teams/1791		Bethany (Kan.)		11:12.72c(11:20.47f)	2/18

Women's Distance Medley Relay

1	8	https://www.tfrrs.org/teams/73932	#2	Saint Mary (Kan.)	A	12:10.47	1/28
2	16	https://www.tfrrs.org/teams/1847	#1	Friends (Kan.)	A	12:23.23	1/28
3	38	https://www.tfrrs.org/teams/1893	#7	Tabor (Kan.)		13:06.34c(13:14.76f)	2/18
4	42	https://www.tfrrs.org/teams/11209		York (Neb.)		13:20.44c(13:29.01f)	2/11
5	46	https://www.tfrrs.org/teams/1803	#3	Kansas Wesleyan		13:28.98c(13:37.64f)	2/18
6	49	https://www.tfrrs.org/teams/1881		Ottawa (Kan.)		13:44.85c(13:53.68f)	2/18
7	52	https://www.tfrrs.org/teams/66918	#4	Saint Mary-of-the		13:48.04c(13:56.91f)	1/14
8	55	https://www.tfrrs.org/teams/1863	#9	McPherson (Kan.)		13:59.15c(14:08.14f)	2/18
9	73	https://www.tfrrs.org/teams/1791		Bethany (Kan.)		14:35.89c(14:45.27f)	2/18

Women's High Jump

1	5	Sydney WILSON	SR	#6	Sterling (Kan.)	A	1.68m	5-6	2/18
2	31	Megan MCMILLEN	SR	#2	Saint Mary (Kan.)		1.60m	5-3	12/4
2	31	Kaileigh PRUITT	JR	#4	Saint Mary-of-the		1.60m	5-3	1/14
4	72	Jaylen KNIGHT	JR	#1	Friends (Kan.)		1.55m	5-1	2/18
5	93	Hannah SLATE	SO	#6	Sterling (Kan.)		1.53m	5-¼	2/4
6		Diamond GENTRY	FR	#9	McPherson (Kan.)		1.50m	4-11	2/18
6		Gabrielle MOORE	JR	#2	Saint Mary (Kan.)		1.50m	4-11	2/18
6		Jessenia VELEZ	FR		Ottawa (Kan.)		1.50m	4-11	2/18
9		Lara SKAGGS	FR	#4	Saint Mary-of-the		1.45m	4-9	1/14
9		Suleica LEE	SR		Ottawa (Kan.)		1.45m	4-9	1/22
9		Makayla DINKLER	FR		York (Neb.)		1.45m	4-9	1/28



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Women's Pole Vault

1	17	Gabrielle MOORE	JR	#2	Saint Mary (Kan.)	B	3.42m	11-2½	2/18
2	32	Brynna HALATA	FR	#1	Friends (Kan.)		3.27m	10-8¾	2/18
3	43	Krislynn BAILEY	SO	#4	Saint Mary-of-the		3.20m	10-6	1/28
4	63	Bailey HARTLEY	FR	#9	McPherson (Kan.)		2.97m	9-9	2/18
4	63	Sadie CARR	JR		York (Neb.)		2.97m	9-9	2/11
6	74	Gwen SHUGART	FR	#2	Saint Mary (Kan.)		2.82m	9-3	2/18
7		Alaina MADDEN	FR	#1	Friends (Kan.)		2.59m	8-6	12/4
8		Reagan STEVENS	FR	#2	Saint Mary (Kan.)		2.45m	8-½	1/28
9		Ella BAVER	FR	#4	Saint Mary-of-the		2.30m	7-6½	12/10
10		Lara SKAGGS	FR	#4	Saint Mary-of-the		2.27m	7-5¼	2/19

Women's Long Jump

1	24	Sydney WILSON	SR	#6	Sterling (Kan.)	B	5.53m	18-1¾	2/18
2	35	Sarah SIZEMORE	FR	#4	Saint Mary-of-the		5.45m	17-10¾	12/10
3	41	Jayda COOPER	SR	#2	Saint Mary (Kan.)		5.40m	17-8¾	2/18
4	73	Vilma LAMBERT	FR	#1	Friends (Kan.)		5.25m	17-2¾	2/18
4	73	Rachel BOOKER	JR	#5	Southwestern (Kc)		5.25m	17-2¾	2/18
6	75	Elaina HENDERSON	SR	#1	Friends (Kan.)		5.24m	17-2¼	2/18
7	78	Gabrielle MOORE	JR	#2	Saint Mary (Kan.)		5.23m	17-2	2/18
8	83	Karsen DUNHAM	FR	#8	Bethel (Kan.)		5.21m	17-1¼	2/18
9	85	Brooklyn TORRENCE	FR	#2	Saint Mary (Kan.)		5.19m	17-½	12/4
10		Megan MCMILLEN	SR	#2	Saint Mary (Kan.)		5.11m	16-9¼	2/12

Women's Triple Jump

1	17	Elaina HENDERSON	SR	#1	Friends (Kan.)	A	11.55m	37-10¾	2/18
2	18	Jayda COOPER	SR	#2	Saint Mary (Kan.)	A	11.46m	37-7¼	1/15
3	26	Anya WALTON	FR	#1	Friends (Kan.)	B	11.36m	37-3¼	1/22
4	28	Gabrielle MOORE	JR	#2	Saint Mary (Kan.)	B	11.34m	37-2½	2/12
5	52	Megan MCMILLEN	SR	#2	Saint Mary (Kan.)		10.80m	35-5¼	12/4
6	62	Karsen DUNHAM	FR	#8	Bethel (Kan.)		10.74m	35-3	1/13
7	80	Stephany MEYER	SO	#8	Bethel (Kan.)		10.52m	34-6¼	1/13
8		Grace ROWLAND	SO	#1	Friends (Kan.)		10.29m	33-9¼	12/4
9		Briley BAGLEY	FR	#2	Saint Mary (Kan.)		10.21m	33-6	2/18
10		Makayla DINKLER	FR		York (Neb.)		9.89m	32-5½	12/10

Women's Shot Put

1	12	Kortney SCHUTT	SR	#1	Friends (Kan.)	A	13.59m	44-7	2/18
2	40	Laurel BARBER	SO		Ottawa (Kan.)		12.53m	41-1½	2/12
3	46	Tyresha CLARK	FR	#4	Saint Mary-of-the		12.39m	40-7¾	2/19
4	67	Mariah GRIZZLE	JR		Ottawa (Kan.)		12.01m	39-5	2/18
5	70	Evie SCOLES	FR	#5	Southwestern (Kc)		11.98m	39-3¾	2/18
6	74	Madison GOOKIN	SO		York (Neb.)		11.90m	39-½	2/18
7	89	Nicole HOLIDAY	SO	#3	Kansas Wesleyan		11.76m	38-7	12/10
8	91	Amber DOMINGUEZ	JR		York (Neb.)		11.75m	38-6¾	2/11
9		Molly CHITTY	SO		Bethany (Kan.)		11.50m	37-8¾	1/28
10		Raelynn DENSON	SO	#2	Saint Mary (Kan.)		11.44m	37-6½	2/18

Women's Weight Throw

1	2	Kortney SCHUTT	SR	#1	Friends (Kan.)	A	17.89m	58-8½	2/18
2	34	Makenzie BURNS	SR	#1	Friends (Kan.)		15.77m	51-9	2/18
3	49	Ascha UTTER	FR		York (Neb.)		15.12m	49-7¼	2/18
4	54	Amber DOMINGUEZ	JR		York (Neb.)		14.97m	49-1½	12/10
5	64	Raelynn DENSON	SO	#2	Saint Mary (Kan.)		14.65m	48-¾	2/18
6	71	Nicole HOLIDAY	SO	#3	Kansas Wesleyan		14.51m	47-7¼	2/12
7	75	Kalyn CORLEY	SO	#8	Bethel (Kan.)		14.39m	47-2½	2/18
8	81	Molly CHITTY	SO		Bethany (Kan.)		14.27m	46-10	12/10
9	83	Madison GOOKIN	SO		York (Neb.)		14.26m	46-9½	2/18
10	92	Marisela HERNANDEZ-CASTRO	SO	#3	Kansas Wesleyan		14.05m	46-1¼	2/12

Women's Pentathlon

1	42	Elaina HENDERSON	SR	#1	Friends (Kan.)		2,766		1/28
2	52	Makayla DINKLER	FR		York (Neb.)		2,650		2/11
3	56	Hannah SLATE	SO	#6	Sterling (Kan.)		2,613		2/4
4	73	Sadie CARR	JR		York (Neb.)		2,365		2/11



Conference TFRI Event Summary

as of 2/21/2022 8:12:39 AM

Mid-South

Women's 60 Meters

1	1	Iantha WRIGHT	JR	#1	Life (Ga.)	A	7.35	2/18
2	2	Praise IDAMADUDU	FR	#4	Cumberland (Ten	A	7.40	2/18
3	19	Jozlen BRISBON	FR		Lindsey Wilson (K	A	7.67	2/18
4	27	Maya SMITH-SPEED	SO	#1	Life (Ga.)	B	7.73	2/18
5	30	Alana MACK	JR	#4	Cumberland (Ten	B	7.75	2/18
6	35	Jamila GARBA	SO	#3	Campbellsville (K	B	7.77	(7.21(55)) 12/3
7	39	Talayla DAVIS	SO	#1	Life (Ga.)	B	7.78	1/16
8	53	Kaylee LOWE	FR	#1	Life (Ga.)		7.85	2/18
9	78	Kerryann SCOTT	SR		Lindsey Wilson (K		7.91	2/18
9	78	Alexia BOYD	SO	#3	Campbellsville (K		7.91	(7.34(55)) 12/3

Women's 60 Meter Hurdles

1	9	Alisha WRIGHT	SR	#1	Life (Ga.)	A	8.79	2/18
2	33	Briana MADISON	FR	#1	Life (Ga.)	B	9.06	2/18
3	72	Sarah BOLTON	JR	#6	Georgetown (Ky.)		9.39	2/18
4	77	Myah MENFEE	SR	#6	Georgetown (Ky.)		9.43	2/18
5	93	Ariana MADISON	FR	#1	Life (Ga.)		9.54	1/23
6		Henriette HAWLAS	FR		Lindsey Wilson (K		9.60	2/18
7		Kaylee LOWE	FR	#1	Life (Ga.)		9.79	(0.4) 2/6
8		Lydia WORKMAN	SO	#5	Thomas More		10.18	2/18
9		Hailey MARTIN	SO	#2	Cumberlands (Ky.		10.57	2/18

Women's 200 Meters

1	1	Praise IDAMADUDU	FR	#4	Cumberland (Ten	A	23.61	2/18
2	2	Iantha WRIGHT	JR	#1	Life (Ga.)	A	23.81	2/18
3	18	Aliyah SANGSTER	JR	#1	Life (Ga.)	A	25.13	2/18
4	20	Jamila GARBA	SO	#3	Campbellsville (K	A	25.16	12/11
5	22	Maya SMITH-SPEED	SO	#1	Life (Ga.)	B	25.21	2/18
6	38	Jozlen BRISBON	FR		Lindsey Wilson (K		25.52	2/18
7	49	Brianna FLORVILUS	JR	#1	Life (Ga.)		25.59	12/3
8	72	Kaylee LOWE	FR	#1	Life (Ga.)		25.83	2/18
9	77	Kathryn HUNTER	SO	#2	Cumberlands (Ky.		25.87	2/18
10		Alexia BOYD	SO	#3	Campbellsville (K		26.28	1/28

Women's 400 Meters

1	1	Praise IDAMADUDU	FR	#4	Cumberland (Ten	A	53.16	2/18
2	7	Brianna FLORVILUS	JR	#1	Life (Ga.)	A	56.62	2/18
3	54	Jamila GARBA	SO	#3	Campbellsville (K		59.72	1/28
4	56	Aliyah SANGSTER	JR	#1	Life (Ga.)		59.76	2/18
5	75	Alisha WRIGHT	SR	#1	Life (Ga.)		1:00.29	2/6
6		Milan MCNULTY		#5	Thomas More		1:01.92 OT	1/29
7		Lauren SANDERSON	FR	#2	Cumberlands (Ky.		1:01.96	1/22
8		Alisha CLAYCOMB	FR	#3	Campbellsville (K		1:02.23	2/18
9		Alana MACK	JR	#4	Cumberland (Ten		1:02.24	1/28
10		Cora STEVENS	JR	#2	Cumberlands (Ky.		1:02.34	1/22

Women's 600 Meters

1	11	Brianna FLORVILUS	JR	#1	Life (Ga.)	A	1:35.61	2/18
2	32	Cora STEVENS	JR	#2	Cumberlands (Ky.		1:38.74	2/18
3	38	Lauren SANDERSON	FR	#2	Cumberlands (Ky.		1:39.11	2/18
4	39	Milan MCNULTY	SR	#5	Thomas More		1:39.24	2/18
5	84	Ashley TERRY	FR	#2	Cumberlands (Ky.		1:42.42	2/18
6	98	Kaitlin IVEY	SO	#1	Life (Ga.)		1:43.26	2/18
7		Olivia RUDDER	FR		Lindsey Wilson (K		1:43.56	2/18
8		Caileigh WATERS	FR	#5	Thomas More		1:44.81	2/18
9		Hailie LAMAR	FR	#3	Campbellsville (K		1:45.61	2/18
10		Hope BRITT	FR	#4	Cumberland (Ten		1:48.05	2/18

Women's 800 Meters

1	51	Kamryn KIMMEL	SR	#1	Life (Ga.)		2:21.47	1/28
2	64	Annabel CLAYTON	JR	#5	Thomas More		2:22.61c	(2:24.25) 2/12
3	87	Madelyn WALTMON	SR	#6	Georgetown (Ky.)		2:23.99	2/18
4	94	T'Lea SCOTT	SO	#3	Campbellsville (K		2:24.49	12/11
5		Lauren SANDERSON	FR	#2	Cumberlands (Ky.		2:25.38	1/28
6		Ashley AKINS	SO	#5	Thomas More		2:25.74	2/18
7		Milan MCNULTY	SR	#5	Thomas More		2:26.46c	(2:28.14) 2/12
8		Meredith JOHNSON	JR		Lindsey Wilson (K		2:26.47	1/22
9		Cora STEVENS	JR	#2	Cumberlands (Ky.		2:27.49c	(2:29.19f) 2/4
10		Henriette HAWLAS	FR		Lindsey Wilson (K		2:27.67	2/18

Women's 1000 Meters

1	32	Meredith JOHNSON	JR		Lindsey Wilson (K	B	3:01.90c	(3:03.88f) 2/5
2	34	Kamryn KIMMEL	SR	#1	Life (Ga.)		3:02.30	2/18
3	75	Lauren SANDERSON	FR	#2	Cumberlands (Ky.		3:10.62	2/18
4	76	Annabel CLAYTON	JR	#5	Thomas More		3:10.72	2/18
5		Ashley TERRY	FR	#2	Cumberlands (Ky.		3:14.91	2/18
6		Lydia STRAUDEL	FR	#2	Cumberlands (Ky.		3:16.34c	(3:18.48f) 2/4
7		Mckenna PANNELL	SO		Shawnee State (C		3:18.40c	(3:20.56f) 1/22
8		Hailie LAMAR	FR	#3	Campbellsville (K		3:18.43	2/18
9		Mikella MEDDOCK	FR		Shawnee State (C		3:18.66c	(3:20.82f) 1/22
10		Nevaeh WARREN	FR	#2	Cumberlands (Ky.		3:20.28	2/18

Women's Mile

1	35	Kamryn KIMMEL	SR	#1	Life (Ga.)	B	5:10.29	2/18
2	65	Meredith JOHNSON	JR		Lindsey Wilson (K		5:16.48	1/28
3	87	Annabel CLAYTON		#5	Thomas More		5:21.02 OT	1/29
4		Lauren MCHAN	SR	#2	Cumberlands (Ky.		5:25.51c	(5:28.73f) 1/15
5		Daniela RIVERA	FR	#4	Cumberland (Ten		5:29.95	2/18
6		Kinsey FORGEY	JR	#2	Cumberlands (Ky.		5:33.08c	(5:36.37f) 1/15
7		Mikella MEDDOCK	FR		Shawnee State (C		5:34.93	2/18
8		Mckenna PANNELL	SO		Shawnee State (C		5:35.01 OT	1/28
9		Taylor WARREN	JR	#2	Cumberlands (Ky.		5:36.81c	(5:40.14f) 1/15
10		Sharon JEROP	FR	#4	Cumberland (Ten		5:36.84	2/18



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Mid-South

Women's 3000 Meters

1	23	Sierra POPPELL	SR	Shawnee State (C)	A	10:18.39	2/18
2	31	Meredith JOHNSON	JR	Lindsey Wilson (K)	B	10:23.41c (10:28.75f)	2/12
3	63	Taylor WARD	SR	#1 Life (Ga.)		10:34.66	2/18
4	69	Lauren MCHAN	SR	#2 Cumberland (Ky.)		10:36.78c (10:42.23f)	1/15
5	88	Emma STEFF	FR	#3 Campbellsville (K)		10:44.51	2/18
6		Kinsey FORGEY	JR	#2 Cumberland (Ky.)		10:53.61c (10:59.21f)	1/15
7		Taylor WARREN	JR	#2 Cumberland (Ky.)		10:57.83	2/18
8		Mckenna PANNELL	SO	Shawnee State (C)		10:58.53	2/18
9		Sarah BERTSCH	SO	#5 Thomas More		11:04.33c (11:10.02)	2/12
10		Aleksandra PETROVA	JR	#4 Cumberland (Ten)		11:05.98	2/18

Women's 5000 Meters

1	8	Jozi BROWN	JR	Shawnee State (C)	A	17:40.55 OT	12/3
2	23	Sierra POPPELL	SR	Shawnee State (C)	A	17:58.14 OT	2/11
3	32	Taylor WARD	SR	#1 Life (Ga.)	B	18:15.05 OT	1/21
4	33	Lauren MCHAN	SR	#2 Cumberland (Ky.)	B	18:17.41	1/22
5	48	Emma STEFF	FR	#3 Campbellsville (K)		18:39.45	2/18
6	62	Mercy KIBIWOTT	FR	#4 Cumberland (Ten)		18:57.06	2/18
7	66	Mckenna PANNELL	SO	Shawnee State (C)		19:00.33	2/18
8	76	Elise KRONE	SO	#4 Cumberland (Ten)		19:07.04	2/18
9	78	Aleksandra PETROVA	JR	#4 Cumberland (Ten)		19:07.87	2/18
10	95	Sarah BERTSCH	SO	#5 Thomas More		19:22.15	2/18

Women's 3000m Race Walk

1	9	Jenna GROGAN	SO	#2 Cumberland (Ky.)	B	16:57.37	2/18
2	14	Tara TODD	JR	#2 Cumberland (Ky.)		18:35.96	2/18
3	34	Claire GYOMORY	SO	#1 Life (Ga.)		22:47.64	2/18
4	35	Hannah BURNER	FR	#1 Life (Ga.)		22:52.86	2/18
5	36	Madison WELCH	FR	#3 Campbellsville (K)		23:08.82	2/18
6	38	Isabelle BLATZ	FR	#2 Cumberland (Ky.)		24:03.59	2/18
7	39	Marie Ann ESCOBAR	JR	#1 Life (Ga.)		24:25.84	2/18

Women's 4x400 Relay

1	7	https://www.tfrrs.org/teams/1805	#1 Life (Ga.)	A	3:56.13	1/16
2	38	https://www.tfrrs.org/teams/6820	#2 Cumberland (Ky.)		4:07.32c (4:10.60f)	2/4
3	61	https://www.tfrrs.org/teams/11295	#4 Cumberland (Ten)		4:14.04	1/28
4	71	https://www.tfrrs.org/teams/11297	#3 Campbellsville (K)		4:17.22	2/18
5	73	https://www.tfrrs.org/teams/27346	#5 Thomas More		4:17.96c (4:21.38)	2/12
6	88	https://www.tfrrs.org/teams/11299	#6 Georgetown (Ky.)		4:26.41	2/18
7	90	https://www.tfrrs.org/teams/11303	Lindsey Wilson (K)		4:26.69c (4:30.23f)	2/5

Women's 4x800 Relay

1	23	https://www.tfrrs.org/teams/27346	#5 Thomas More		9:48.13	2/18
2	28	https://www.tfrrs.org/teams/11297	#3 Campbellsville (K)		9:58.54c (10:05.44f)	2/11
3	34	https://www.tfrrs.org/teams/6820	#2 Cumberland (Ky.)		10:10.97	2/18
4	48	https://www.tfrrs.org/teams/11295	#4 Cumberland (Ten)		10:19.91	2/18
5	49	https://www.tfrrs.org/teams/11303	Lindsey Wilson (K)		10:22.11	1/28
6	69	https://www.tfrrs.org/teams/11299	#6 Georgetown (Ky.)		10:52.44	2/18

Women's Distance Medley Relay

1	28	https://www.tfrrs.org/teams/27346	#5 Thomas More		12:41.02	2/18
2	30	https://www.tfrrs.org/teams/11297	#3 Campbellsville (K)		12:48.87c (12:57.10f)	2/11
3	34	https://www.tfrrs.org/teams/6820	#2 Cumberland (Ky.)		13:01.67	2/18
4	37	https://www.tfrrs.org/teams/11295	#4 Cumberland (Ten)		13:06.33	2/18
5	45	https://www.tfrrs.org/teams/11303	Lindsey Wilson (K)		13:26.68	2/18
6	56	https://www.tfrrs.org/teams/11275	Shawnee State (C)		13:59.23	2/18
7	57	https://www.tfrrs.org/teams/1805	#1 Life (Ga.)		14:00.51	2/18
8	61	https://www.tfrrs.org/teams/11299	#6 Georgetown (Ky.)		14:11.18	2/18

Women's High Jump

1	29	Emma BIANCHI	SR	#6 Georgetown (Ky.)		1.62m	5-3¾	2/12
2	60	Kaylee LOWE	FR	#1 Life (Ga.)		1.57m	5-1¾	1/21
2	60	Henriette HAWLAS	FR	Lindsey Wilson (K)		1.57m	5-1¾	2/12
4	72	Sarah BOLTON		#6 Georgetown (Ky.)		1.55m	5-1	1/22
5		Myah MENFEE		#6 Georgetown (Ky.)		1.50m	4-11	1/22
6		Paige NEWBY	FR	#2 Cumberland (Ky.)		1.45m	4-9	1/22
6		Luna SENICA	FR	Lindsey Wilson (K)		1.45m	4-9	2/18
8		Mikkah SILER	FR	#2 Cumberland (Ky.)		1.42m	4-7¾	1/15
9		Amber BROWN	JR	#6 Georgetown (Ky.)		1.40m	4-7	2/18
9		Silja PETURSDOTTIR	JR	#1 Life (Ga.)		1.40m	4-7	2/18

Women's Pole Vault

1	71	Trinity SHERROD	FR	#2 Cumberland (Ky.)		2.92m	9-7	2/18
2		Marie Ann ESCOBAR	JR	#1 Life (Ga.)		2.15m	7-½	1/23



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Mid-South

Women's Long Jump

1	5	Kaylee LOWE	FR	#1	Life (Ga.)	A	5.78m	18-11¾	1/16
2	25	Luna SENICA	FR		Lindsey Wilson (K	B	5.51m	18-1	2/5
3	28	Alana MACK	JR	#4	Cumberland (Ten		5.49m	18-¼	1/21
4	33	Sarah BOLTON	JR	#6	Georgetown (Ky.)		5.46m	17-11	2/18
5	37	Haley PAYTON	SR	#3	Campbellsville (K		5.43m	17-9¾	12/11
6	50	Alexia BOYD	SO	#3	Campbellsville (K		5.37m	17-7½	12/3
7	65	Talayla DAVIS	SO	#1	Life (Ga.)		5.30m	17-4¾ (1.7)	2/6
8	66	Henriette HAWLAS	FR		Lindsey Wilson (K		5.29m	17-4¼	1/28
9	69	Brianna FLORVILUS	JR	#1	Life (Ga.)		5.27mw	17-3½ (2.1)	2/6
10	85	Silja PETURSDOTTIR	JR	#1	Life (Ga.)		5.19m	17-½ (0.0)	2/6

Women's Triple Jump

1	6	Julia MORRIS	SR	#2	Cumberlands (Ky)	A	11.86m	38-11	2/18
2	16	Haley PAYTON	SR	#3	Campbellsville (K	A	11.56m	37-11¼	12/3
3	18	Kaylee LOWE	FR	#1	Life (Ga.)	A	11.46m	37-7¼	1/23
4	60	Silja PETURSDOTTIR	JR	#1	Life (Ga.)		10.75m	35-3¼	2/18
5	71	Lydia LE'DET	FR	#2	Cumberlands (Ky)		10.64m	34-11	1/28
6	98	Ariana MADISON	FR	#1	Life (Ga.)		10.35m	33-11½	2/18
7		N'Dia METCALF	SO	#4	Cumberland (Ten		10.26m	33-8	2/18
8		Alexia BOYD	SO	#3	Campbellsville (K		9.96m	32-8¼	12/3
9		Corrina WATTS		#5	Thomas More		9.57m	31-4¾	1/29

Women's Shot Put

1	21	Levonis DAVIS		#1	Life (Ga.)	B	13.10m	42-11¾	2/13
2	24	Valerie KENDRICK	FR	#7	Pikeville (Ky.)		12.99m	42-7½	12/3
3	34	Summer TRAVIS	JR	#2	Cumberlands (Ky)		12.65m	41-6	2/18
4	51	Ricquel WILLIAMS	SR	#3	Campbellsville (K		12.29m	40-4	2/18
5	64	Danielle ALBRIGHT	JR	#1	Life (Ga.)		12.07m	39-7¼	2/6
6	78	Daveina WATSON	FR	#4	Cumberland (Ten		11.86m	38-11	2/4
7		Verlecia SCARLETT	SO	#7	Pikeville (Ky.)		11.62m	38-1½	2/18
8		Delores STEVENSON	FR	#2	Cumberlands (Ky)		11.08m	36-4¼	2/18
9		Mersadies FOOTE		#1	Life (Ga.)		11.02m	36-2	2/13
10		Miracle TAYLOR	FR	#7	Pikeville (Ky.)		10.33m	33-10¾	2/18

Women's Weight Throw

1	20	Danielle ALBRIGHT		#1	Life (Ga.)	A	16.32m	53-6½	2/13
2	30	Summer TRAVIS	JR	#2	Cumberlands (Ky)	B	16.02m	52-6¾	1/28
3	51	Ricquel WILLIAMS	SR	#3	Campbellsville (K		15.08m	49-5¾	2/18
4	69	Miracle TAYLOR	FR	#7	Pikeville (Ky.)		14.57m	47-9¾	2/18
5	81	Levonis DAVIS		#1	Life (Ga.)		14.27m	46-10	2/13
6	84	Zoe BOX	SO	#3	Campbellsville (K		14.23m	46-8¼	2/11
7	90	Verlecia SCARLETT	SO	#7	Pikeville (Ky.)		14.11m	46-3½	2/18
8		Mersadies FOOTE		#1	Life (Ga.)		13.70m	44-11½	2/13
9		Malorie CARTER	SO		Lindsey Wilson (K		13.57m	44-6¼	2/5
10		Delores STEVENSON	FR	#2	Cumberlands (Ky)		13.53m	44-4¾	1/28

Women's Pentathlon

1	20	Kaylee LOWE	FR	#1	Life (Ga.)	B	3,065		1/21
2	70	Ariana MADISON	FR	#1	Life (Ga.)		2,412		1/21



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North Star

Women's 60 Meters

1	13	Illise JENNINGS	SO	#1	Dickinson State (I) A	7.65	12/11
2	61	Josie WOLF	SR	#2	Dakota State (S.D)	7.87	2/20
3	78	Kezley YEAGER	FR	#2	Dakota State (S.D)	7.91	2/20
4	91	Breanna IHDE	JR	#3	Viterbo (Wis.)	7.93	2/20
5		Brooke MALSOM	SO	#4	Valley City State (	7.99	2/20
6		Wrenzi WRZESINSKI	SO	#1	Dickinson State (I)	8.02	2/20
7		Lana YEAKEL	JR	#3	Viterbo (Wis.)	8.06 (7.48(55f))	2/12
8		Fane SAUVAKACOLO	SO	#2	Dakota State (S.D)	8.09	2/20
9		Madissyn MOORE	FR	#2	Dakota State (S.D)	8.21	2/20
10		Skylar CROW	FR	#1	Dickinson State (I)	8.33	12/11

Women's 60 Meter Hurdles

1	19	Kaitlyn MCCOLLEY	FR	#1	Dickinson State (I) A	8.93	2/20
2	28	Wrenzi WRZESINSKI	SO	#1	Dickinson State (I) B	9.02	2/20
3	47	Taylor SARGENT	SO	#4	Valley City State (	9.22	2/20
4	84	Ashley VERONEN	FR	#3	Viterbo (Wis.)	9.48	2/20
5	85	Fane SAUVAKACOLO	SO	#2	Dakota State (S.D)	9.49	2/20
6		Emily RYERSON	FR		Waldorf (Iowa)	9.79	2/20
7		Emma JOHNSON	FR	#3	Viterbo (Wis.)	9.96	2/20
8		Tess DURSCHER	JR	#3	Viterbo (Wis.)	9.98	2/20
9		Kyley BARNETT	FR	#1	Dickinson State (I)	10.26	12/11
10		Camara GREEN	JR		Waldorf (Iowa)	10.34	1/28

Women's 200 Meters

1	55	Josie WOLF	SR	#2	Dakota State (S.D)	25.67 OT	2/11
2	69	Illise JENNINGS	SO	#1	Dickinson State (I)	25.81 OT	2/20
3	72	Brooke MALSOM	SO	#4	Valley City State (	25.83 OT	2/20
4		Kezley YEAGER	FR	#2	Dakota State (S.D)	26.21 OT	2/11
5		Breanna IHDE	JR	#3	Viterbo (Wis.)	26.40c (26.81f)	2/12
6		Wrenzi WRZESINSKI	SO	#1	Dickinson State (I)	26.67 OT	2/20
7		Madissyn MOORE	FR	#2	Dakota State (S.D)	26.80c (27.21f)	1/28
8		Lana YEAKEL	JR	#3	Viterbo (Wis.)	26.86c (27.27f)	2/12
9		Fane SAUVAKACOLO	SO	#2	Dakota State (S.D)	27.32 OT	2/20
10		Kaitlyn MCCOLLEY	FR	#1	Dickinson State (I)	27.58c (27.93fA)	1/21

Women's 400 Meters

1	25	Kezley YEAGER	FR	#2	Dakota State (S.D) B	58.08 OT	2/11
2	44	Josie WOLF	SR	#2	Dakota State (S.D)	59.15 OT	2/20
3		Kaitlyn MCCOLLEY	FR	#1	Dickinson State (I)	1:01.75 OT	2/20
4		Kyley BARNETT	FR	#1	Dickinson State (I)	1:02.38c (1:03.20f)	12/11
5		Catherine CLARKE-ASHFORD	SO		Waldorf (Iowa)	1:02.57c (1:03.40f)	1/28
6		Jewel OLSON	FR	#1	Dickinson State (I)	1:02.70 OT	2/20
7		Ashanti GUERTIN	FR	#4	Valley City State (	1:02.88 OT	2/20
8		Jennifer GILES	JR	#2	Dakota State (S.D)	1:04.25c (1:05.10f)	1/28
9		Emily BECK	FR	#1	Dickinson State (I)	1:04.72c (1:05.58f)	2/4
10		Claudia SCHUNK	SO	#3	Viterbo (Wis.)	1:05.77 OT	2/20

Women's 600 Meters

1	57	Grace TIMM	FR	#1	Dickinson State (I)	1:41.32 OT	2/20
2	86	Alexius MILLER	FR	#1	Dickinson State (I)	1:42.54 OT	2/20
3		Jennifer GILES	JR	#2	Dakota State (S.D)	1:43.48 OT	2/20
4		Jewel OLSON	FR	#1	Dickinson State (I)	1:43.90 OT	2/20
5		Tori GERBER	SO	#3	Viterbo (Wis.)	1:44.75 OT	2/20
6		Sarah FELTEN	FR	#5	Bellevue (Neb.)	1:46.77c (1:48.07f)	2/12
7		Emily GREVE	FR	#2	Dakota State (S.D)	1:49.17 OT	2/20
8		Anya HIRSCH	SO	#3	Viterbo (Wis.)	1:50.15 OT	2/20
9		Saddie PALMQUIST	FR	#2	Dakota State (S.D)	1:51.18 OT	2/20
10		Kyley LAUF	SO	#4	Valley City State (I)	1:52.15c (1:53.52f)	12/11

Women's 800 Meters

1	73	Grace TIMM	FR	#1	Dickinson State (I)	2:23.34c (2:24.99f)	2/4
2		Jennifer GILES	JR	#2	Dakota State (S.D)	2:26.76 OT	2/11
3		Alexius MILLER	FR	#1	Dickinson State (I)	2:27.98 OT	2/20
4		Tori GERBER	SO	#3	Viterbo (Wis.)	2:32.52c (2:34.27f)	2/5
5		Lorelei HAYDEN	SO	#5	Bellevue (Neb.)	2:34.00 OT	2/20
6		Jerica MUELLER	FR	#3	Viterbo (Wis.)	2:34.14c (2:35.91f)	2/5
7		Vanessa THOMAS	SO	#3	Viterbo (Wis.)	2:34.25c (2:36.02f)	2/12
8		Saddie PALMQUIST	FR	#2	Dakota State (S.D)	2:36.07 OT	1/21
9		Caroline FEIG	SO	#5	Bellevue (Neb.)	2:36.88 OT	2/20
10		Piper PEREZ	FR	#1	Dickinson State (I)	2:37.71 OT	2/11

Women's 1000 Meters

1		Lorelei HAYDEN	SO	#5	Bellevue (Neb.)	3:22.29c (3:24.49f)	1/28
2		Jerica MUELLER	FR	#3	Viterbo (Wis.)	3:25.36c (3:27.60f)	2/12
3		Anya HIRSCH	SO	#3	Viterbo (Wis.)	3:27.09c (3:29.35f)	2/12
4		Caroline FEIG	SO	#5	Bellevue (Neb.)	3:29.03c (3:31.31f)	1/28
5		Alisiara HOBBS	SO	#5	Bellevue (Neb.)	3:32.19c (3:34.50f)	2/4
6		Olivia RUSSO	JR	#5	Bellevue (Neb.)	3:33.05	1/21
7		Sarah FELTEN	FR	#5	Bellevue (Neb.)	3:33.30	1/21
8		Faith YOUNCE	FR	#6	Iowa Wesleyan	3:43.41c (3:45.85f)	1/15
9		Emily GREVE	FR	#2	Dakota State (S.D)	3:48.25c (3:50.74f)	1/15
10		Liberty CLEVELAND	FR	#4	Valley City State (I)	3:52.34 OT	1/28

Women's Mile

1		Grace TIMM	FR	#1	Dickinson State (I)	5:29.59 OT	2/11
2		Jacia CHRISTIANSEN	SR	#2	Dakota State (S.D)	5:31.04c (5:34.31f)	2/5
3		Lorelei HAYDEN	SO	#5	Bellevue (Neb.)	5:36.20 OT	2/20
4		Madison NELSON	FR	#5	Bellevue (Neb.)	5:39.39c (5:42.74f)	2/12
5		Piper PEREZ	FR	#1	Dickinson State (I)	5:41.57 OT	2/20
6		Madelyn ADAM	SO	#3	Viterbo (Wis.)	5:42.44 OT	2/20
7		Jada ANDERSON	SO	#2	Dakota State (S.D)	5:43.08c (5:46.47f)	1/28
8		Vanessa THOMAS	SO	#3	Viterbo (Wis.)	5:44.53c (5:47.94f)	1/28
9		Alexius MILLER	FR	#1	Dickinson State (I)	5:45.15 OT	1/28
10		Hallie HEMENWAY	FR	#1	Dickinson State (I)	5:47.20 OT	2/11



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North Star

Women's 3000 Meters

1	Jacia CHRISTIANSEN	SR	#2	Dakota State (S.D)	10:50.85 OT	2/11
2	Madison NELSON	FR	#5	Bellevue (Neb.)	10:52.34 OT	2/20
3	Sarah GRIFFIS	SO	#1	Dickinson State (I)	11:20.18 OT	2/20
4	Vanessa THOMAS	SO	#3	Viterbo (Wis.)	11:32.79 OT	2/20
5	Piper PEREZ	FR	#1	Dickinson State (I)	11:35.69 OT	2/20
6	Jada ANDERSON	SO	#2	Dakota State (S.D)	11:36.21 OT	2/11
7	Jasmine BARNES	FR	#4	Valley City State (I)	11:38.87 OT	2/20
8	Zoey STROOP	FR	#1	Dickinson State (I)	11:43.13c(11:59.61f)	1/21
9	Madelyn ADAM	SO	#3	Viterbo (Wis.)	11:48.76 OT	2/20
10	Brenna MCDONOUGH	SO	#3	Viterbo (Wis.)	11:49.72 OT	2/20

Women's 5000 Meters

1	61 Jacia CHRISTIANSEN	SR	#2	Dakota State (S.D)	18:56.33 OT	2/20
2	69 Madison NELSON	FR	#5	Bellevue (Neb.)	19:02.95 OT	2/20
3	Sarah GRIFFIS	SO	#1	Dickinson State (I)	19:38.33 OT	2/20
4	Jasmine BARNES	FR	#4	Valley City State (I)	20:01.02c(20:10.21f)	2/4
5	Jada ANDERSON	SO	#2	Dakota State (S.D)	20:15.54 OT	1/21
6	Zoey STROOP	FR	#1	Dickinson State (I)	20:17.55 OT	2/11
7	Hallie HEMENWAY	FR	#1	Dickinson State (I)	20:20.22 OT	2/20
8	Brenna MCDONOUGH	SO	#3	Viterbo (Wis.)	20:22.78 OT	2/20
9	Faith YOUNCE	FR	#6	Iowa Wesleyan	21:04.75 OT	2/20
10	Alana WICKERING	JR		Waldorf (Iowa)	21:17.86 OT	2/20

Women's 4x400 Relay

1	33	https://www.tfrrs.org/teams/11187	#2	Dakota State (S.D)	4:06.08 OT	2/20
2	37	https://www.tfrrs.org/teams/11189	#1	Dickinson State (I)	4:06.97 OT	2/11
3	85	https://www.tfrrs.org/teams/73270	#3	Viterbo (Wis.)	4:24.14 OT	2/20
4		https://www.tfrrs.org/teams/70797	#4	Valley City State (I)	4:31.60 OT	2/20
5		https://www.tfrrs.org/teams/77186		Waldorf (Iowa)	4:41.67c (4:45.40f)	1/28
6		https://www.tfrrs.org/teams/52422	#6	Iowa Wesleyan	4:55.92c (4:59.84f)	1/21

Women's 4x800 Relay

1	63	https://www.tfrrs.org/teams/73270	#3	Viterbo (Wis.)	10:43.52 OT	2/20
2	65	https://www.tfrrs.org/teams/98272	#5	Bellevue (Neb.)	10:49.57c(10:57.06f)	1/15
3	73	https://www.tfrrs.org/teams/11189	#1	Dickinson State (I)	10:57.94 OT	2/20
4	82	https://www.tfrrs.org/teams/70797	#4	Valley City State (I)	11:19.64 OT	2/20
5	88	https://www.tfrrs.org/teams/11187	#2	Dakota State (S.D)	11:51.83 OT	2/20
6	90	https://www.tfrrs.org/teams/77186		Waldorf (Iowa)	12:01.69 OT	2/20
7	92	https://www.tfrrs.org/teams/52422	#6	Iowa Wesleyan	13:07.12 OT	2/20

Women's Distance Medley Relay

1	79	https://www.tfrrs.org/teams/52422	#6	Iowa Wesleyan	14:59.13c(15:08.76f)	1/28
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Women's High Jump

1	12	Lahna MATUCHA	SO	#2	Dakota State (S.D B	1.65m	5-5	12/3
1	12	Abbey GRANBOIS	FR	#1	Dickinson State (I B	1.65m	5-5	12/11
3	54	Miranda KENDALL	FR	#3	Viterbo (Wis.)	1.58m	5-2¼	2/12
4	66	Madissyn MOORE	FR	#2	Dakota State (S.D	1.56m	5-1¼	2/4
4	66	Ashley VERONEN	FR	#3	Viterbo (Wis.)	1.56m	5-1¼	12/3
6	72	Taylor SARGENT	SO	#4	Valley City State (I	1.55m	5-1	12/11
7	93	Katya BARANKO	SO	#1	Dickinson State (I	1.53m	5-¼	2/4
8		Sydney CO	FR	#4	Valley City State (I	1.50m	4-11	2/11
8		Alexie STEPHANI	SO	#3	Viterbo (Wis.)	1.50m	4-11	2/20
10		Kaitlyn MCCOLLEY	FR	#1	Dickinson State (I	1.49m	4-10½	1/15
10		Tyler SMITH	SO	#4	Valley City State (I	1.49m	4-10½	12/11

Women's Pole Vault

1	17	Bailey NUUTINEN	JR	#3	Viterbo (Wis.)	B 3.42m	11-2½	2/20
2	31	Cassidy JORENSEN	SO	#1	Dickinson State (I	3.28m	10-9	12/11
3	32	Madison WAHL	FR	#1	Dickinson State (I	3.27m	10-8¾	2/20
4	41	Emma JOHNSON	FR	#3	Viterbo (Wis.)	3.21m	10-6¼	2/12
5	48	Tess DURSCHER	JR	#3	Viterbo (Wis.)	3.12m	10-2¾	2/20
6	74	Gabriella GESZVAIN	JR	#3	Viterbo (Wis.)	2.82m	9-3	2/20
7	88	Emily HOWELL	JR	#3	Viterbo (Wis.)	2.70m	8-10¼	2/5
8	100	Hannah LORD	SR	#1	Dickinson State (I	2.61m	8-6¾	2/4
9		Kaitlyn MCCOLLEY	FR	#1	Dickinson State (I	2.52m	8-3¼	1/15
10		Michelle CHAVEZ ESCALERA	JR	#3	Viterbo (Wis.)	2.37m	7-9¼	2/20

Women's Long Jump

1	53	Brooke MALSOM	SO	#4	Valley City State (I	5.36m	17-7	2/11
2	72	Skyler CROW	FR	#1	Dickinson State (I	5.26mA	17-3¼	1/21
3	78	Kaitlyn MCCOLLEY	FR	#1	Dickinson State (I	5.23m	17-2	2/20
4	85	Breanna IHDE	JR	#3	Viterbo (Wis.)	5.19m	17-½	2/20
5	98	Madissyn MOORE	FR	#2	Dakota State (S.D	5.15m	16-10¾	2/4
6		Wrenzi WRZESINSKI	SO	#1	Dickinson State (I	5.14m	16-10½	2/4
7		Lana YEAKEL	JR	#3	Viterbo (Wis.)	5.04m	16-6½	2/20
7		Josie WOLF	SR	#2	Dakota State (S.D	5.04m	16-6½	2/20
7		Grace PEYRON	JR	#3	Viterbo (Wis.)	5.04m	16-6½	2/5
10		Sydney CO	FR	#4	Valley City State (I	4.95m	16-3	2/11

Women's Triple Jump

1	50	Fane SAUVAKACOLO	SO	#2	Dakota State (S.D	10.83m	35-6½	1/21
2	66	Kaitlyn MCCOLLEY	FR	#1	Dickinson State (I	10.69m	35-1	2/4
3	88	Brooke MALSOM	SO	#4	Valley City State (I	10.42m	34-2¼	2/20
4		Alexie STEPHANI	SO	#3	Viterbo (Wis.)	10.31m	33-10	2/20
5		Jocelyn OTT	JR	#1	Dickinson State (I	10.16mA	33-4	1/21
6		Hayleigh SOLANO	JR		Waldorf (Iowa)	9.90m	32-5¾	2/5
7		Ruth KONZEN	JR	#3	Viterbo (Wis.)	9.89m	32-5½	2/5
7		Alyssa ANDRESS	FR	#1	Dickinson State (I	9.89mA	32-5½	1/21
9		Hazel WANJIRU	FR		Waldorf (Iowa)	9.67m	31-8¾	1/28
10		Carson QUIGLEY	FR	#2	Dakota State (S.D	9.48m	31-1¼	2/20



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North Star

Women's Shot Put

1	8	Traia HUBBARD	SR	#2	Dakota State (S.D.)	A	13.72m	45-1/4	2/5
2	11	Brianna HUNTER	JR	#6	Iowa Wesleyan	A	13.63m	44-8 3/4	1/21
3	31	Hannah GORDON	JR	#4	Valley City State (		12.71m	41-8 1/2	2/20
4	57	Sadie HANSEN	FR	#4	Valley City State (		12.24m	40-2	2/11
5	97	Jade AZURE	FR	#4	Valley City State (		11.67m	38-3 1/2	2/20
6		Maren GULLINGSRUD	SR	#3	Viterbo (Wis.)		11.62m	38-1 1/2	2/20
7		Kelsee CUMMINGS	FR	#1	Dickinson State (I		11.15m	36-7	2/20
8		Kiana MILLER	FR	#1	Dickinson State (I		11.08m	36-4 1/4	2/20
8		Britni PLUCKER	JR	#2	Dakota State (S.D		11.08m	36-4 1/4	1/28
10		Tyra PAYNE	JR	#2	Dakota State (S.D		10.65m	34-11 1/4	2/12

Women's Weight Throw

1	38	Tyra PAYNE	JR	#2	Dakota State (S.D		15.61m	51-2 3/4	2/20
2	46	Traia HUBBARD	SR	#2	Dakota State (S.D		15.20m	49-10 1/2	12/3
3	62	Hannah GORDON	JR	#4	Valley City State (		14.72m	48-3 1/2	1/22
4		Payton DRYDEN	JR	#3	Viterbo (Wis.)		13.44m	44-1 1/4	2/20
5		Maren GULLINGSRUD	SR	#3	Viterbo (Wis.)		13.29m	43-7 1/4	1/22
6		Britni PLUCKER	JR	#2	Dakota State (S.D		12.86m	42-2 1/4	2/20
7		Gabriella PEITZMEIER	FR	#2	Dakota State (S.D		12.61m	41-4 1/2	2/12
8		Skyler PATTISON	SO	#2	Dakota State (S.D		12.51m	41-1 1/2	2/5
9		Yessenia MUNOZ	FR	#6	Iowa Wesleyan		12.23m	40-1 1/2	2/2
10		Jade AZURE	FR	#4	Valley City State (		11.96m	39-3	12/11

Women's Pentathlon

1	16	Kaitlyn MCCOLLEY	FR	#1	Dickinson State (I	B	3,152		2/4
2	26	Wrenzi WRZESINSKI	SO	#1	Dickinson State (I	B	3,021		2/4
3	44	Taylor SARGENT	SO	#4	Valley City State (		2,735		12/3
4	57	Fane SAUVAKACOLO	SO	#2	Dakota State (S.D		2,602		2/4
5	71	Katya BARANKO	SO	#1	Dickinson State (I		2,390		2/4
6	72	Madissyn MOORE	FR	#2	Dakota State (S.D		2,384		2/4
7	74	Tyler SMITH	SO	#4	Valley City State (		2,345		12/3
8	81	Camara GREEN	JR		Waldorf (Iowa)		2,192		1/28
9	100	Teya HAWKINS	FR	#6	Iowa Wesleyan		1,358		1/28



Conference TFRI Event Summary

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Region XVI

Women's 400 Meters

1	Mikaela FABEY	FR	#1	Cottey (Mo.)	1:07.79c	(1:08.69f)	2/4
2	Marinna MENTZEL	FR	#1	Cottey (Mo.)	1:15.40c	(1:16.40f)	2/4

Women's 600 Meters

1	Katie WRIGHT	SO	#1	Cottey (Mo.)	2:20.27 OT		1/22
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Women's 800 Meters

1	Kiana GARCIA	SO	#1	Cottey (Mo.)	2:45.40c	(2:47.30f)	2/4
2	Mikaela FABEY	FR	#1	Cottey (Mo.)	2:46.28c	(2:48.19f)	2/4

Women's Mile

1	Kiana GARCIA	SO	#1	Cottey (Mo.)	6:03.16c	(6:06.75f)	2/4
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Women's 3000 Meters

1	Taylor RECHENMACHER	FR	#1	Cottey (Mo.)	12:44.98 OT		1/22
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Women's 5000 Meters

1	Taylor RECHENMACHER	FR	#1	Cottey (Mo.)	22:18.81c	(22:29.06f)	2/4
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Conference TFRI Event Summary

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River States

Women's 60 Meters

1	Molly WAGNER	FR	#4	Carlow (Pa.)	7.96	2/19
2	Keri LECHNER	SO	#4	Carlow (Pa.)	8.17	12/3
3	Abigail BURGETT	SO	#2	Brescia (Ky.)	8.23	2/19
4	Jeneil MORRIS	FR	#2	Brescia (Ky.)	8.27	2/19
5	Alexandra ARCHEY	SO	#4	Carlow (Pa.)	8.29	1/15
6	Kaniyah RUSH	SR	#3	IU East (Ind.)	8.31	12/10
7	Nia GOODMAN	JR	#1	Point Park (Pa.)	8.38	2/19
8	Kara FUNK	JR	#6	IU Kokomo (Ind.)	8.42	12/10
8	RaKeya ELLSBERRY	FR	#1	Point Park (Pa.)	8.42	2/19
10	Kevaray GILLETTE	SR	#3	IU East (Ind.)	8.43	12/10
10	Gracie LANIER	JR		Ohio Christian	8.43	2/19

Women's 60 Meter Hurdles

1	80 Terese LUJUA	SR	#1	Point Park (Pa.)	9.45	2/19
2	81 Keri LECHNER	SO	#4	Carlow (Pa.)	9.47	12/3
3	93 Nia GOODMAN	JR	#1	Point Park (Pa.)	9.54	2/19
4	Cassidy VOGT	FR	#5	Rio Grande (Ohio)	9.66	2/19
5	Lauren JOLLY	FR	#5	Rio Grande (Ohio)	9.70	2/12
6	Jordyn CARDWELL	FR	#2	Brescia (Ky.)	9.72	2/19
7	Jada SAUNDERS	JR	#2	Brescia (Ky.)	9.94	2/19
8	Anna EISAMAN	SO	#1	Point Park (Pa.)	10.12	2/19
9	Frantysa WALLACE	FR	#3	IU East (Ind.)	10.16	2/19
10	Sarah CECIL	SO		Alice Lloyd (Ky.)	10.23	2/11
10	Christina SMITH	SO	#4	Carlow (Pa.)	10.23	2/19

Women's 200 Meters

1	55 Alexia SCHOFIELD	FR	#7	Midway (Ky.)	25.67c	(26.06) 2/19
2	Molly WAGNER	FR	#4	Carlow (Pa.)	26.40c	(26.81) 2/19
3	India BENTON	SO	#3	IU East (Ind.)	26.56c	(26.97f) 1/29
4	Emma PAVELEK	FR	#1	Point Park (Pa.)	27.10c	(27.52) 2/19
5	Kaniyah RUSH	SR	#3	IU East (Ind.)	27.11 OT	12/10
6	Jeneil MORRIS	FR	#2	Brescia (Ky.)	27.82c	(28.25f) 1/21
7	Alexandra ARCHEY	SO	#4	Carlow (Pa.)	27.83 OT	12/3
8	Alyssa DINGUS	FR	#5	Rio Grande (Ohio)	27.87c	(28.30) 2/19
9	Terese LUJUA	SR	#1	Point Park (Pa.)	27.91c	(28.34) 2/19
10	Abigail BURGETT	SO	#2	Brescia (Ky.)	27.93c	(28.36f) 2/12

Women's 400 Meters

1	92 Alyssa DINGUS	FR	#5	Rio Grande (Ohio)	1:00.67c	(1:01.47) 2/12
2	Molly WAGNER	FR	#4	Carlow (Pa.)	1:00.89c	(1:01.69) 2/19
3	India BENTON	SO	#3	IU East (Ind.)	1:01.21c	(1:02.02f) 1/29
4	Acacia MAY	JR		Ohio Christian	1:01.44c	(1:02.25) 2/19
5	Alexia SCHOFIELD	FR	#7	Midway (Ky.)	1:01.79c	(1:02.61) 2/19
6	Emma PAVELEK	FR	#1	Point Park (Pa.)	1:02.19c	(1:03.01) 2/19
7	Jayden ROACH	FR	#5	Rio Grande (Ohio)	1:02.29 OT	12/4
8	Hannah BOND	FR	#1	Point Park (Pa.)	1:02.70c	(1:03.53) 2/19
9	Alexandra ARCHEY	SO	#4	Carlow (Pa.)	1:03.13 OT	1/21
10	Casey LECHNER	JR	#6	IU Kokomo (Ind.)	1:04.00c	(1:04.85) 2/19

Women's 600 Meters

1	60 Jayden ROACH	FR	#5	Rio Grande (Ohio)	1:41.45c	(1:42.69) 2/19
2	Lexi NICHOLAS	SR	#2	Brescia (Ky.)	1:44.77c	(1:46.05) 2/19
3	Jana SCHMID	FR	#1	Point Park (Pa.)	1:46.14c	(1:47.44) 2/19
4	Acacia MAY	JR		Ohio Christian	1:47.08c	(1:48.39) 2/19
5	Alexis LANGDON	SO	#1	Point Park (Pa.)	1:48.47c	(1:49.79) 2/19
6	Casey LECHNER	JR	#6	IU Kokomo (Ind.)	1:49.27c	(1:50.60f) 1/29
7	Amanda MCCANN	SO	#4	Carlow (Pa.)	1:53.94c	(1:55.33) 2/19
8	Chandni SHAH	FR	#1	Point Park (Pa.)	1:55.61c	(1:57.02) 2/19
9	Emma WALBURN	FR	#3	IU East (Ind.)	1:57.98c	(1:59.42) 2/19
10	Aliyah HELM	FR	#7	Midway (Ky.)	2:02.92c	(2:04.42) 2/19

Women's 800 Meters

1	48 Alyssa CAMPBELL	JR	#1	Point Park (Pa.)	2:21.35c	(2:22.98) 2/19
2	75 Mackenzie MCCARTHY	FR	#5	Rio Grande (Ohio)	2:23.35c	(2:25.00) 2/19
3	99 Casey LECHNER	JR	#6	IU Kokomo (Ind.)	2:25.10c	(2:26.77) 2/19
4	Kaitlynn MELVIN	SR	#4	Carlow (Pa.)	2:25.42c	(2:27.09) 2/19
5	Allison PLASSIO	FR	#1	Point Park (Pa.)	2:31.90c	(2:33.65) 2/19
6	Raegan HELDT	FR		Oakland City (Ind.)	2:33.44c	(2:35.21) 2/19
7	Lexi NICHOLAS	SR	#2	Brescia (Ky.)	2:35.16	1/28
8	Trinity SMITH	FR	#7	Midway (Ky.)	2:36.26c	(2:38.06) 2/19
9	Trinity THOMPSON	FR	#4	Carlow (Pa.)	2:37.43 OT	12/10
10	Savannah HART	JR	#3	IU East (Ind.)	2:37.53c	(2:39.34) 2/12

Women's 1000 Meters

1	7 Breanna ALDERTON	JR	#2	Brescia (Ky.)	A 2:58.01c	(2:59.95) 2/19
2	Edmalie CRUZ-SANCHEZ	SR	#3	IU East (Ind.)	3:16.58c	(3:18.72) 2/19
3	Abagale HUELSMAN	JR	#2	Brescia (Ky.)	3:19.02c	(3:21.19) 2/19
4	Jana SCHMID	FR	#1	Point Park (Pa.)	3:19.76c	(3:21.94) 2/19
5	Abby PAGE	FR	#3	IU East (Ind.)	3:22.07c	(3:24.27) 2/19
6	Alyssa FRAUSTO	JR	#1	Point Park (Pa.)	3:22.11c	(3:24.31) 2/19
7	Brittany LENZ	SR		Ohio Christian	3:23.31c	(3:25.53) 2/19
8	Casey LECHNER	JR	#6	IU Kokomo (Ind.)	3:24.22c	(3:26.45f) 1/29
9	Corinne LEE-HAUSER	FR	#1	Point Park (Pa.)	3:25.54c	(3:27.78) 2/19
10	Abby HARRIS	FR	#7	Midway (Ky.)	3:28.03c	(3:30.30) 2/19

Women's Mile

1	16 Breanna ALDERTON	JR	#2	Brescia (Ky.)	A 5:04.65c	(5:07.66f) 2/12
2	47 Alyssa CAMPBELL	JR	#1	Point Park (Pa.)	B 5:12.80 OT	2/11
3	85 Mackenzie MCCARTHY	FR	#5	Rio Grande (Ohio)	5:20.78c	(5:23.95f) 1/22
4	Casey LECHNER	JR	#6	IU Kokomo (Ind.)	5:30.65c	(5:33.92f) 1/21
5	Carmen CAMINO	SO		WVU Tech	5:32.47c	(5:35.76) 2/19
6	Allison PLASSIO	FR	#1	Point Park (Pa.)	5:37.92c	(5:41.26) 2/19
7	Savannah HART	JR	#3	IU East (Ind.)	5:40.90c	(5:44.27) 2/12
8	Alyssa FRAUSTO	JR	#1	Point Park (Pa.)	5:42.79 OT	1/21
9	Carmela SHORKEY	FR	#2	Brescia (Ky.)	5:54.04	1/28
10	Abagale HUELSMAN	JR	#2	Brescia (Ky.)	5:55.59c	(5:59.11f) 2/12



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River States

Women's 3000 Meters

1	12	Breanna ALDERTON	JR	#2	Brescia (Ky.)	A	10:07.85	1/28
2	32	Alyssa CAMPBELL	JR	#1	Point Park (Pa.)	B	10:23.62 OT	1/28
3	73	Mackenzie MCCARTHY	FR	#5	Rio Grande (Ohio)		10:37.97c(10:43.44f)	1/28
4		Edmalie CRUZ-SANCHEZ	SR	#3	IU East (Ind.)		11:00.00c(11:05.65f)	1/29
5		Carmen CAMINO	SO		WVU Tech		11:04.62c(11:10.31)	2/19
6		Savannah HART	JR	#3	IU East (Ind.)		11:16.55c(11:22.35f)	1/14
7		Julia ARRUDA	SO	#3	IU East (Ind.)		11:18.24c(11:24.05)	2/12
8		Carmela SHORKEY	FR	#2	Brescia (Ky.)		11:45.36c(11:51.40f)	2/12
9		April CHRISMAN	JR	#6	IU Kokomo (Ind.)		11:46.96c(11:53.02f)	1/29
10		Ella KANTZ	FR	#6	IU Kokomo (Ind.)		11:47.46c(11:53.52f)	1/29

Women's 5000 Meters

1	11	Mackenzie MCCARTHY	FR	#5	Rio Grande (Ohio)	A	17:43.97 OT	12/3
2	18	Breanna ALDERTON	JR	#2	Brescia (Ky.)	A	17:54.51c(18:02.73)	2/19
3	88	Savannah HART	JR	#3	IU East (Ind.)		19:16.86c(19:25.72f)	1/21
4		Ella KANTZ	FR	#6	IU Kokomo (Ind.)		20:28.10c(20:37.50f)	2/5
5		Natalia ZUCCO	SO	#1	Point Park (Pa.)		20:56.08c(21:05.70)	2/19
6		Evie HASENOUR	FR		Oakland City (Ind.)		20:56.17c(21:05.79)	2/19
7		April CHRISMAN	JR	#6	IU Kokomo (Ind.)		21:21.04c(21:30.85f)	2/5
8		Sophia LEE-HAUSER	FR	#1	Point Park (Pa.)		21:37.74c(21:47.67)	2/19
9		Jessica YORK	FR		WVU Tech		22:04.85c(22:14.99)	2/19
10		Hannah PRIDE	SR		WVU Tech		22:17.57c(22:27.81)	2/19

Women's 3000m Race Walk

1	11	Lanie POCOCK	JR	#6	IU Kokomo (Ind.)		17:51.39	2/19
2	21	Annmarie GRUTTADAURO	JR		WVU Tech		19:40.30	2/19
3	32	Elizabeth SMITH	JR	#6	IU Kokomo (Ind.)		22:10.19 OT	12/10
4	40	Arianna SANKER	SO	#1	Point Park (Pa.)		25:18.10	2/19
5	41	Mya JACKSON	JR	#1	Point Park (Pa.)		25:43.87	2/19

Women's 4x400 Relay

1	48	https://www.tfrrs.org/teams/6528		#5	Rio Grande (Ohio)		4:10.47c (4:13.79)	2/12
2	68	https://www.tfrrs.org/teams/67648		#2	Brescia (Ky.)		4:15.50c (4:18.89)	2/19
3	77	https://www.tfrrs.org/teams/11269		#1	Point Park (Pa.)		4:19.08c (4:22.51)	2/19
4	78	https://www.tfrrs.org/teams/77203		#4	Carlow (Pa.)		4:19.11 OT	12/10
5		https://www.tfrrs.org/teams/67976		#3	IU East (Ind.)		4:32.02c (4:35.63f)	1/21
6		https://www.tfrrs.org/teams/45474		#7	Midway (Ky.)		4:33.64c (4:37.27)	2/12
7		https://www.tfrrs.org/teams/27254			Oakland City (Ind.)		4:35.49c (4:39.14f)	2/12
8		https://www.tfrrs.org/teams/77311			Ohio Christian		4:41.57c (4:45.30f)	2/12
9		https://www.tfrrs.org/teams/77219		#6	IU Kokomo (Ind.)		4:44.60c (4:48.37f)	2/5
10		https://www.tfrrs.org/teams/77166			WVU Tech		5:26.08c (5:30.40)	2/19

Women's 4x800 Relay

1	35	https://www.tfrrs.org/teams/11269		#1	Point Park (Pa.)		10:11.28c(10:18.32)	2/19
2	45	https://www.tfrrs.org/teams/67976		#3	IU East (Ind.)		10:17.84c(10:24.96)	2/19
3	57	https://www.tfrrs.org/teams/77203		#4	Carlow (Pa.)		10:32.58c(10:39.87)	2/19
4	64	https://www.tfrrs.org/teams/67648		#2	Brescia (Ky.)		10:47.18c(10:54.64)	2/19
5	76	https://www.tfrrs.org/teams/45474		#7	Midway (Ky.)		11:02.25	1/22
6	83	https://www.tfrrs.org/teams/27254			Oakland City (Ind.)		11:23.65c(11:31.53)	2/19
7	84	https://www.tfrrs.org/teams/77219		#6	IU Kokomo (Ind.)		11:25.38c(11:33.28f)	1/21
8	93	https://www.tfrrs.org/teams/77166			WVU Tech		13:09.45c(13:18.55)	2/19

Women's Distance Medley Relay

1	36	https://www.tfrrs.org/teams/11269		#1	Point Park (Pa.)		13:03.59 OT	1/28
2	50	https://www.tfrrs.org/teams/77219		#6	IU Kokomo (Ind.)		13:47.26c(13:56.12)	2/19
3	60	https://www.tfrrs.org/teams/67976		#3	IU East (Ind.)		14:10.22c(14:19.32)	2/19
4	71	https://www.tfrrs.org/teams/27254			Oakland City (Ind.)		14:29.62c(14:38.93)	2/19
5	72	https://www.tfrrs.org/teams/45474		#7	Midway (Ky.)		14:35.78c(14:45.16)	2/19
6	80	https://www.tfrrs.org/teams/77166			WVU Tech		15:19.22c(15:29.06)	2/19

Women's High Jump

1	5	Emma PAVELEK	FR	#1	Point Park (Pa.)	A	1.68m	5-6	1/28
2	47	Jaden HINES	FR	#1	Point Park (Pa.)		1.59m	5-2½	2/11
3	72	Cassidy VOGT	FR	#5	Rio Grande (Ohio)		1.55m	5-1	2/19
3	72	Christina SMITH	SO	#4	Carlow (Pa.)		1.55m	5-1	12/3
5		Jordyn CARDWELL	FR	#2	Brescia (Ky.)		1.50m	4-11	1/28
5		Nia GOODMAN	JR	#1	Point Park (Pa.)		1.50m	4-11	2/19
7		Kendra GROOMS	FR	#5	Rio Grande (Ohio)		1.43m	4-8¼	12/4
8		Luchama LUBIN	FR	#1	Point Park (Pa.)		1.40m	4-7	12/3
9		Mary SADLEK	SO	#4	Carlow (Pa.)		1.35m	4-5	12/10
9		Jada SAUNDERS	JR	#2	Brescia (Ky.)		1.35m	4-5	1/28

Women's Pole Vault

1	10	Nevaeh BROWN	FR	#7	Midway (Ky.)	A	3.52m	11-6½	2/12
2	58	Sophie JEBOSE	JR	#1	Point Park (Pa.)		3.02m	9-10¾	2/19
2	58	Acacia MAY	JR		Ohio Christian		3.02m	9-10¾	2/19



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River States

Women's Long Jump

1	43	Jordyn CARDWELL	FR	#2	Brescia (Ky.)	5.39m	17-8¼	2/19
2	53	Alexia SCHOFIELD	FR	#7	Midway (Ky.)	5.36m	17-7	1/28
3	69	Sophie JEBOSE	JR	#1	Point Park (Pa.)	5.27m	17-3½	2/19
4	96	Lauren JOLLY	FR	#5	Rio Grande (Ohio)	5.16m	16-11¼	2/19
5		Emma PAVELEK	FR	#1	Point Park (Pa.)	5.07m	16-7¾	2/19
6		Luchama LUBIN	FR	#1	Point Park (Pa.)	4.94m	16-2½	12/3
6		Keri LECHNER	SO	#4	Carlow (Pa.)	4.94m	16-2½	12/3
8		Terese LUJUA	SR	#1	Point Park (Pa.)	4.91m	16-1½	2/11
9		Abigail BURGETT	SO	#2	Brescia (Ky.)	4.86m	15-11½	2/19
10		Mallory TOLER	SR	#2	Brescia (Ky.)	4.71m	15-5½	2/19

Women's Triple Jump

1	26	Sophie JEBOSE	JR	#1	Point Park (Pa.)	B 11.36m	37-3¼	2/11
2	36	Alexia SCHOFIELD	FR	#7	Midway (Ky.)	11.08m	36-4¼	2/19
3	38	Jordyn CARDWELL	FR	#2	Brescia (Ky.)	10.98m	36-¼	2/19
4	69	Frantysa WALLACE	FR	#3	IU East (Ind.)	10.66m	34-11¾	2/19
5	76	Jaden HINES	FR	#1	Point Park (Pa.)	10.59m	34-9	2/19
6		Christina SMITH	SO	#4	Carlow (Pa.)	10.08m	33-1	2/19
7		Luchama LUBIN	FR	#1	Point Park (Pa.)	9.89m	32-5½	2/19
8		Anna EISAMAN	SO	#1	Point Park (Pa.)	9.38m	30-9¼	2/19
9		Lexi HOFFMAN	JR	#7	Midway (Ky.)	9.31m	30-6½	1/22
10		Mallory TOLER	SR	#2	Brescia (Ky.)	9.19m	30-2	2/19

Women's Shot Put

1		Ashby GREENWELL	FR	#2	Brescia (Ky.)	11.55m	37-10¾	2/19
2		Bethany ARNOLD	FR	#5	Rio Grande (Ohio)	10.71m	35-1¾	2/19
3		Shalihn COMPTON	SO	#6	IU Kokomo (Ind.)	10.70m	35-1¼	1/21
4		Sophia ROZZI	FR	#6	IU Kokomo (Ind.)	10.34m	33-11¼	12/10
5		Emma BYRUM	SO	#6	IU Kokomo (Ind.)	10.12m	33-2½	2/19
6		Caitlin GILLAND	FR	#3	IU East (Ind.)	9.93m	32-7	2/12
7		Danielle RUHL	JR	#3	IU East (Ind.)	9.84m	32-3½	1/14
8		Abby PATTERSON	SO	#4	Carlow (Pa.)	9.79m	32-1½	2/19
9		Sophie JEBOSE	JR	#1	Point Park (Pa.)	9.78m	32-1	1/28
10		Taylor CALDWELL	FR		Alice Lloyd (Ky.)	9.76m	32-¼	12/3

Women's Weight Throw

1		Sophie JEBOSE	JR	#1	Point Park (Pa.)	12.66m	41-6½	2/19
2		Danielle RUHL	JR	#3	IU East (Ind.)	12.56m	41-2½	1/29
3		Imani DONOVAN	SR		Ohio Christian	12.44m	40-9¾	2/19
4		Caitlin GILLAND	FR	#3	IU East (Ind.)	12.29m	40-4	2/19
5		Ashby GREENWELL	FR	#2	Brescia (Ky.)	11.54m	37-10½	2/12
6		Kathleen ROOT	SR	#5	Rio Grande (Ohio)	11.10m	36-5	2/19
7		Emily COLLEY	JR	#7	Midway (Ky.)	10.62m	34-10¼	2/19
8		Samantha MILLER	FR	#5	Rio Grande (Ohio)	10.09m	33-1¼	1/28
9		Marti HOOD	FR	#7	Midway (Ky.)	9.90m	32-5¾	2/12
10		Rikki PHENIS	JR	#3	IU East (Ind.)	8.62m	28-3½	1/29

Women's Pentathlon

1	86	Nia GOODMAN	JR	#1	Point Park (Pa.)	2,150		1/28
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SSAC

Women's 800 Meters

1	Rebecca POE	JR	Dalton State (Ga.)	2:27.86	2/7
2	Haley TILLERY	JR	Dalton State (Ga.)	2:40.05	1/23
3	Kayla MATTOX	SO	Dalton State (Ga.)	2:40.58	2/7

Women's 1000 Meters

1	66 Kathryn VRADENBURGH	JR	Dalton State (Ga.)	3:09.71	2/7
2	Kate ROBERTS	JR	Dalton State (Ga.)	3:18.96	2/7
3	Haley TILLERY	JR	Dalton State (Ga.)	3:24.18	2/7

Women's Mile

1	71 Kathryn VRADENBURGH	JR	Dalton State (Ga.)	5:16.88	2/7
2	Kate ROBERTS	JR	Dalton State (Ga.)	5:36.68	2/7
3	Giselle DOMINGUEZ	FR	Dalton State (Ga.)	5:55.75	1/23

Women's 3000 Meters

1	Riley Jo FORD	SO	Dalton State (Ga.)	10:58.57	1/23
2	Alex GASS	SR	Dalton State (Ga.)	11:25.75	2/7
3	Ella COLEY	FR	Dalton State (Ga.)	12:03.24	2/7

Women's 5000 Meters

1	81 Riley Jo FORD	SO	Dalton State (Ga.)	19:11.33	2/7
2	Alex GASS	SR	Dalton State (Ga.)	19:58.05	2/7
3	Ella COLEY	FR	Dalton State (Ga.)	20:45.05	2/7
4	Giselle DOMINGUEZ	FR	Dalton State (Ga.)	21:08.02	2/7

Women's 4x400 Relay

1	https://www.tfrrs.org/teams/81922		Dalton State (Ga.)	4:53.47	1/23
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Women's Distance Medley Relay

1	41 https://www.tfrrs.org/teams/81922		Dalton State (Ga.)	13:19.72	1/23
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Women's Pole Vault

1	Briana RAY	SO	Dalton State (Ga.)	2.00m 6-6¾	2/7
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Sun Conference

Women's 60 Meters

1	12	Shikyla WALCOTT	SR	#4	Florida Memorial	A	7.64	2/7
2	21	Ke'aira HENDERSON	FR	#1	Southeastern (Fla)	A	7.70	2/7
3	27	Denai WILSON	JR	#4	Florida Memorial	B	7.73	2/7
4	34	Jaqual BUSH	SO	#1	Southeastern (Fla)	B	7.76	12/3
5	35	Oluwafikayomi LAWRENCE	SO	#1	Southeastern (Fla)	B	7.77	12/3
6	44	Iyana MCKEEVER	SR	#2	USC Beaufort (S.C)	B	7.80	(-1.5) 12/4
7	56	Alohnna-Elyse LEE	SO	#6	Webber Internatic		7.86	2/7
8	61	Maisonne JONES	JR	#2	USC Beaufort (S.C)		7.87	(0.3) 12/4
9	65	Irmiris MENDEZ	FR	#1	Southeastern (Fla)		7.88	12/3
10	74	Amaya KIER	SO	#1	Southeastern (Fla)		7.90	12/3

Women's 60 Meter Hurdles

1	48	Amaya KIER	SO	#1	Southeastern (Fla)		9.23	12/3
2	49	Maisonne JONES	JR	#2	USC Beaufort (S.C)		9.25	1/15
3	54	Qunizel BAZILIO	SO	#4	Florida Memorial		9.28	2/7
4	55	Irmiris MENDEZ	FR	#1	Southeastern (Fla)		9.30	2/7
5	64	Victoria MORRIS	FR	#1	Southeastern (Fla)		9.34	12/3
6	72	Alexandrea GAETZ	SO	#6	Webber Internatic		9.39	2/7
7		Michelle TIERNEY	JR	#1	Southeastern (Fla)		9.89	1/20
8		Oriana HERNANDEZ	SO	#2	USC Beaufort (S.C)		9.95	2/7
9		Jazmyn DENNIS	SR		Thomas (Ga.)		10.16	(0.0) 12/4
10		Lisa KIRCHNER	FR	#3	Keiser (Fla.)		11.64	1/20

Women's 200 Meters

1	9	Denai WILSON	JR	#4	Florida Memorial	A	24.67	2/7
2	10	Jaqual BUSH	SO	#1	Southeastern (Fla)	A	24.72	12/3
3	23	Shikyla WALCOTT	SR	#4	Florida Memorial	B	25.24	2/7
4	27	Shyann JACKSON	SO	#3	Keiser (Fla.)	B	25.28	2/7
5	50	Ke'aira HENDERSON	FR	#1	Southeastern (Fla)		25.60	2/7
6	53	Iyana MCKEEVER	SR	#2	USC Beaufort (S.C)		25.65	1/15
7	62	Oluwafikayomi LAWRENCE	SO	#1	Southeastern (Fla)		25.69	12/3
8	63	Alohnna-Elyse LEE	SO	#6	Webber Internatic		25.70	2/18
9	99	Namiah SIMPSON	JR	#1	Southeastern (Fla)		26.08	2/18
10		Anitria SANGSTER	JR	#4	Florida Memorial		26.21w	(2.4) 1/22

Women's 400 Meters

1	10	Namiah SIMPSON	JR	#1	Southeastern (Fla)	A	56.90	12/3
2	11	Shyann JACKSON	SO	#3	Keiser (Fla.)	A	57.13 OT	2/18
3	15	Yuriah BIGOS	SO	#1	Southeastern (Fla)	A	57.44	12/3
4	19	Courtney GALES	JR	#1	Southeastern (Fla)	B	57.69 f	2/19
5	98	Daveela BAUER	FR	#3	Keiser (Fla.)		1:00.77 OT	2/18
6		Oriana HERNANDEZ	SO	#2	USC Beaufort (S.C)		1:00.88	2/7
7		Oluwafikayomi LAWRENCE	SO	#1	Southeastern (Fla)		1:01.04	1/22
8		Monique BROWN	SO	#4	Florida Memorial		1:01.91	1/22
9		Monique WOODS	SO	#4	Florida Memorial		1:02.30	1/22
10		Jailyn GILMORE	SR	#4	Florida Memorial		1:04.91	1/22

Women's 600 Meters

1	1	Harriet TUSON	FR	#3	Keiser (Fla.)	A	1:32.12	2/11
2	24	Courtney GALES	JR	#1	Southeastern (Fla)		1:38.07	2/7
3		Marie MARC	SO	#3	Keiser (Fla.)		1:46.38	2/7
4		Grace CARPENTER	SO	#1	Southeastern (Fla)		1:47.38	2/7
5		Marie MARC	FR	#3	Keiser (Fla.)		1:50.48 out	1/16
6		Oriana HERNANDEZ	SO	#2	USC Beaufort (S.C)		1:51.11c	(1:52.47f) 1/23
7		Ashanti RAMIREZ	FR	#3	Keiser (Fla.)		1:52.32	2/7
8		Itiana BRUTTON	JR	#2	USC Beaufort (S.C)		1:58.69c	(2:00.14f) 1/23
9		Sydney SLAGEL	JR	#1	Southeastern (Fla)		2:18.67	2/7
10		Joy SPEARS	SR	#1	Southeastern (Fla)		2:19.02	2/7

Women's 800 Meters

1	1	Harriet TUSON	FR	#3	Keiser (Fla.)	A	2:11.14 OT	2/18
2	60	Emma WOLTJER	JR	#1	Southeastern (Fla)		2:22.37 f	2/19
3	63	Monique BROWN	SO	#4	Florida Memorial		2:22.60	1/16
4	100	Julia ROHM	SR	#1	Southeastern (Fla)		2:25.11	2/7
5		Jillian BLASER	FR	#1	Southeastern (Fla)		2:25.74	2/7
6		Montserrat DE SANTIAGO	JR	#5	SCAD Savannah (i)		2:27.35	2/7
7		Grace FEDER	FR	#1	Southeastern (Fla)		2:29.19 f	2/19
8		Grace CARPENTER	SO	#1	Southeastern (Fla)		2:30.80 f	2/19
9		Jailyn GILMORE	SR	#4	Florida Memorial		2:34.85	2/7
10		Isabel OLIVETO	SR	#1	Southeastern (Fla)		2:35.24 f	2/19

Women's 1000 Meters

1	19	Emma WOLTJER	JR	#1	Southeastern (Fla)	B	3:00.52	2/7
2		Grace FEDER	FR	#1	Southeastern (Fla)		3:19.69	2/7
3		Kathy MACEDO	JR	#1	Southeastern (Fla)		3:20.19	2/7
4		Abbie BAKER	FR	#1	Southeastern (Fla)		3:22.48	2/7
5		Isabel OLIVETO	SR	#1	Southeastern (Fla)		3:22.84	2/7
6		Jillian BLASER	FR	#1	Southeastern (Fla)		3:26.35	1/22
7		Madison LILIENTHAL	SO	#1	Southeastern (Fla)		3:27.36	1/22
8		Riley EDWARDS	JR	#2	USC Beaufort (S.C)		3:33.79 out	12/4
9		Emma MCLAUGHLIN	JR	#1	Southeastern (Fla)		3:35.10	1/22
10		Isabella PAYNE	SO	#1	Southeastern (Fla)		3:39.11	2/7

Women's Mile

1	23	Sarah FOREMAN	SR	#5	SCAD Savannah (i)	B	5:07.80	2/18
2	30	Talia SULLIVAN	SO	#5	SCAD Savannah (i)	B	5:09.24	2/18
3	66	Julia ROHM	SR	#1	Southeastern (Fla)		5:16.49	2/7
4		Emma WOLTJER	JR	#1	Southeastern (Fla)		5:26.68	1/22
5		Isabel OLIVETO	SR	#1	Southeastern (Fla)		5:27.82	2/7
6		Montserrat DE SANTIAGO	JR	#5	SCAD Savannah (i)		5:31.06	1/21
7		Grace FEDER	FR	#1	Southeastern (Fla)		5:42.77	2/7
8		Kathy MACEDO	JR	#1	Southeastern (Fla)		5:43.07	2/7
9		Grace CARPENTER	SO	#1	Southeastern (Fla)		5:43.28	2/7
10		Abbie BAKER	FR	#1	Southeastern (Fla)		5:50.68	2/7



Conference TFRI Event Summary

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Sun Conference

Women's 3000 Meters

1	20	Julia ROHM	SR	#1	Southeastern (Fla)	A	10:14.11 f	2/19
2	50	Talia SULLIVAN	SO	#5	SCAD Savannah (Ga)	B	10:29.53	1/21
3	71	Montserrat DE SANTIAGO	JR	#5	SCAD Savannah (Ga)	B	10:37.10	2/18
4	72	Emma WOLTJER	JR	#1	Southeastern (Fla)	A	10:37.63	12/3
5	89	Sarah FOREMAN	SR	#5	SCAD Savannah (Ga)	B	10:44.58	2/7
6		Isabel OLIVETO	SR	#1	Southeastern (Fla)	A	11:18.40	1/22
7		Emma MCLAUGHLIN	JR	#1	Southeastern (Fla)	A	11:30.91 f	2/19
8		Abbie BAKER	FR	#1	Southeastern (Fla)	A	11:33.27 f	2/19
9		Makenzie JOHNSON	SR	#1	Southeastern (Fla)	A	11:41.22 out	1/16
10		Liliana BAKER	JR	#1	Southeastern (Fla)	A	11:57.10	1/22

Women's 5000 Meters

1	17	Julia ROHM	SR	#1	Southeastern (Fla)	A	17:53.57	1/22
2	27	Talia SULLIVAN	SO	#5	SCAD Savannah (Ga)	A	18:04.92	1/21
3		Makenzie JOHNSON	SR	#1	Southeastern (Fla)	A	19:51.82	2/7
4		Emma MCLAUGHLIN	JR	#1	Southeastern (Fla)	A	20:08.30	2/7
5		Liliana BAKER	JR	#1	Southeastern (Fla)	A	20:24.12	2/7
6		Cassandra RICHARDS	FR		Thomas (Ga.)		20:38.14	12/4
7		Madison LILIENTHAL	SO	#1	Southeastern (Fla)	A	20:42.05	2/7
8		Jonna WITTWER	JR		Thomas (Ga.)		21:12.43	12/4
9		Isabella PAYNE	SO	#1	Southeastern (Fla)	A	21:51.23	2/7
10		Emilie COPELAND	FR	#7	Warner (Fla.)		23:18.92 out	1/16

Women's 4x400 Relay

1	2	https://www.tfrrs.org/teams/6214	#1	Southeastern (Fla)	A	3:51.62	12/3
2	22	https://www.tfrrs.org/teams/1662	#4	Florida Memorial		4:00.83	2/7
3	25	https://www.tfrrs.org/teams/77189	#3	Keiser (Fla.)		4:01.76	2/7
4	92	https://www.tfrrs.org/teams/63967	#2	USC Beaufort (S.C)		4:26.73	2/7
5		https://www.tfrrs.org/teams/102920		Thomas (Ga.)		4:59.85	12/4

Women's 4x800 Relay

1	17	https://www.tfrrs.org/teams/6214	#1	Southeastern (Fla)	B	9:40.86	2/7
2	67	https://www.tfrrs.org/teams/24115	#5	SCAD Savannah (Ga)		10:50.80	2/7
3	74	https://www.tfrrs.org/teams/77189	#3	Keiser (Fla.)		10:58.88	2/7
4	91	https://www.tfrrs.org/teams/63967	#2	USC Beaufort (S.C)		12:04.90	2/7

Women's Distance Medley Relay

1	16	https://www.tfrrs.org/teams/24115	#5	SCAD Savannah (Ga)	A	12:23.23	2/18
2	19	https://www.tfrrs.org/teams/6214	#1	Southeastern (Fla)	B	12:25.57 f	2/19
3	58	https://www.tfrrs.org/teams/63967	#2	USC Beaufort (S.C)		14:01.59	2/7
4	77	https://www.tfrrs.org/teams/77189	#3	Keiser (Fla.)		14:49.10	2/7

Women's High Jump

1	54	Victoria MORRIS	FR	#1	Southeastern (Fla)		1.58m	5-2¼	12/3
2	72	Laquandra MOORE	FR	#3	Keiser (Fla.)		1.55m	5-1	2/7
2	72	Maisonnie JONES	JR	#2	USC Beaufort (S.C)		1.55m	5-1	12/4
4		Lisa KIRCHNER	FR	#3	Keiser (Fla.)		1.50m	4-11	2/7
4		Jazmyn DENNIS	SR		Thomas (Ga.)		1.50m	4-11	12/4
4		Oriana HERNANDEZ	SO	#2	USC Beaufort (S.C)		1.50m	4-11	2/7
7		Michelle TIERNEY	JR	#1	Southeastern (Fla)		1.49m	4-10½	1/20
8		Alexandrea GAETZ	SO	#6	Webber Internatic		1.45m	4-9	1/16
9		Tessa SHRIVER	FR	#6	Webber Internatic		1.40m	4-7	1/16
9		Kailyn KELLY	FR	#3	Keiser (Fla.)		1.40m	4-7	1/16

Women's Pole Vault

1		Oriana HERNANDEZ	SO	#2	USC Beaufort (S.C)		2.30m	7-6½	2/7
2		Amari GRAHAM	FR	#1	Southeastern (Fla)		2.00m	6-6¾	1/22

Women's Long Jump

1	6	Maisonnie JONES	JR	#2	USC Beaufort (S.C)	A	5.75m	18-10½ (0.0)	12/4
2	16	Ilyana MCKEEVER	SR	#2	USC Beaufort (S.C)	B	5.59m	18-4¼	1/15
3	43	Andreana GRAHAM	FR	#4	Florida Memorial		5.39m	17-8¼ (0.0)	1/22
4	48	Jade HINES	SR	#6	Webber Internatic		5.38m	17-8	2/18
5		Miyah FORD	JR	#1	Southeastern (Fla)	A	5.13m	16-10 (0.0)	1/22
6		Kailyn KELLY	FR	#3	Keiser (Fla.)		5.07m	16-7¾ (0.0)	1/22
7		LaDaijahnae MILLER	SO	#1	Southeastern (Fla)	A	4.96m	16-3¼ (0.0)	1/22
8		Idalia ROMERO-TALBERT	SO	#1	Southeastern (Fla)	A	4.94m	16-2½ (0.0)	1/22
9		Xaniah WILLIAMS	FR	#6	Webber Internatic		4.92m	16-1¾	2/7
10		Al'leeyah STRAPPIER	SO	#3	Keiser (Fla.)		4.86m	15-11½ (0.0)	1/22

Women's Triple Jump

1	9	Ilyana MCKEEVER	SR	#2	USC Beaufort (S.C)	A	11.75m	38-6¾ (0.0)	12/4
2	15	LaDaijahnae MILLER	SO	#1	Southeastern (Fla)	A	11.60m	38-¾	12/3
3	23	Miyah FORD	JR	#1	Southeastern (Fla)	A	11.40m	37-5	12/3
4	35	Xaniah WILLIAMS	FR	#6	Webber Internatic		11.09m	36-4¾	2/18
5	47	Abigail LEUTHOLD	SO	#6	Webber Internatic		10.89m	35-8¾ (0.3)	1/16
6	93	Idalia ROMERO-TALBERT	SO	#1	Southeastern (Fla)	A	10.38m	34-¾	2/7
7	98	Al'leeyah STRAPPIER	SO	#3	Keiser (Fla.)		10.35m	33-11½	2/7
7	98	Andreana GRAHAM	FR	#4	Florida Memorial		10.35m	33-11½	2/7
9		Kailyn KELLY	FR	#3	Keiser (Fla.)		10.21m	33-6 (0.0)	1/22
10		Algeria SCOTT	JR	#2	USC Beaufort (S.C)		10.03m	32-11 (0.0)	12/4

Women's Shot Put

1	96	Charle ALEXANDER	FR	#1	Southeastern (Fla)		11.68m	38-4	2/18
2		Anaya HOLLOWAY	FR	#4	Florida Memorial		11.61m	38-1¼	2/7
3		Jennifer COLEMAN	SO		Thomas (Ga.)		11.45m	37-6¾	2/7
4		Niesha ALDAJUSTE	FR	#6	Webber Internatic		11.01m	36-1½	2/7
5		Amber POWELL	FR	#3	Keiser (Fla.)		10.94m	35-10¾	1/22
6		Bianca SIMPSON	JR	#2	USC Beaufort (S.C)		10.19m	33-5¼	12/4
7		Allyah BRYANT	SO	#2	USC Beaufort (S.C)		10.11m	33-2	12/4
8		Michelle TIERNEY	JR	#1	Southeastern (Fla)		10.06m	33-¼	2/7
9		Jana BARDEN	JR	#2	USC Beaufort (S.C)		9.94m	32-7½	1/23
10		Yasmine CUMMINGS	FR	#3	Keiser (Fla.)		9.66m	31-8½	1/22



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Sun Conference

Women's Weight Throw

1	43	Niesha ALDAJUSTE	FR	#6 Webber Internatic	15.44m	50-8	2/18
2		Charle ALEXANDER	FR	#1 Southeastern (Fla	13.74m	45-1	2/7
3		Allyah BRYANT	SO	#2 USC Beaufort (S.C	13.30m	43-7¾	2/7
4		Sarah BYRD	SO	#3 Keiser (Fla.)	11.96m	39-3	2/7
5		Bianca SIMPSON	JR	#2 USC Beaufort (S.C	11.94m	39-2¼	12/4
6		Jennifer COLEMAN	SO	Thomas (Ga.)	11.91m	39-1	2/7
7		Anaya HOLLOWAY	FR	#4 Florida Memorial	11.64m	38-2¼	1/16
8		Destinee ALFORD	FR	#6 Webber Internatic	11.50m	37-8¾	1/16
9		Jana BARDEN	JR	#2 USC Beaufort (S.C	10.47m	34-4¼	2/7
10		Rachel GARRISON	FR	Thomas (Ga.)	10.36m	34-0	12/4

Women's Pentathlon

1	43	Michelle TIERNEY	JR	#1 Southeastern (Fla	2,756		1/20
2	62	Victoria MORRIS	FR	#1 Southeastern (Fla	2,487		1/20
3	69	Lisa KIRCHNER	FR	#3 Keiser (Fla.)	2,419		1/20



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The Heart

Women's 60 Meters

1	15	Kailey JOHNSON	FR	#1	Central Methodist	A	7.66	1/28
2	27	Delaney WEIMER	FR		Evangel (Mo.)	B	7.73	2/11
3	30	Elizabeth IBIDUNNI	JR	#6	Baker (Kan.)	B	7.75	2/18
4	39	Kylar BROWN	SO	#3	MidAmerica Naza	B	7.78	1/22
5	52	Jada GAINES	SR	#1	Central Methodist		7.84	2/18
6	56	Makeila DAVIS	FR	#3	MidAmerica Naza		7.86	2/18
7	84	Daizy SOLIR	FR	#3	MidAmerica Naza		7.92	2/18
8	91	Haley FLAWS	JR	#2	Grand View (Iowa		7.93	2/4
9		Carter HAWKINS	FR	#1	Central Methodist		8.04	12/10
9		Brittney WESLEY	JR	#3	MidAmerica Naza		8.04	2/4

Women's 60 Meter Hurdles

1	10	Kailey JOHNSON	FR	#1	Central Methodist	A	8.80	2/18
2	14	Tajanique BELL	JR	#6	Baker (Kan.)	A	8.88	1/28
3	36	Megan AUBUCHON	FR	#1	Central Methodist	B	9.07	2/18
4	49	Katie GOLDRING	FR	#2	Grand View (Iowa		9.25	2/18
5	55	Mya MOORE	FR	#2	Grand View (Iowa		9.30	1/15
6	62	Jade OSBORN	SR	#6	Baker (Kan.)		9.32	2/18
7	75	Annie LEOPOLD	SO	#5	Mount Mercy (Iow		9.41	12/10
8	77	Carly LINDENMEYER	SO	#3	MidAmerica Naza		9.43	2/18
9		Sadie HEISNER	FR	#1	Central Methodist		9.61	12/4
10		McKenna DAVIDSON	JR	#2	Grand View (Iowa		9.65	2/18

Women's 200 Meters

1	13	Kylar BROWN	SO	#3	MidAmerica Naza	A	24.96 OT	12/4
2	31	Elizabeth IBIDUNNI	JR	#6	Baker (Kan.)	B	25.31 OT	2/18
3	43	Makeila DAVIS	FR	#3	MidAmerica Naza		25.54 OT	12/4
4	58	Kailey JOHNSON	FR	#1	Central Methodist		25.68 OT	2/18
5	85	Delaney WEIMER	FR		Evangel (Mo.)		25.92 OT	2/18
6	100	Alison AMBUUL	FR	#4	Benedictine (Kan.		26.09 OT	2/18
7		Daizy SOLIR	FR	#3	MidAmerica Naza		26.16 OT	2/18
8		Haley FLAWS	JR	#2	Grand View (Iowa		26.33 OT	2/18
9		Neomi SIDIQUE	FR	#2	Grand View (Iowa		26.34 OT	2/18
10		Raven WILLIAMS	SR	#9	William Penn (Iow		26.49c (26.90f)	12/4

Women's 400 Meters

1	12	Kylar BROWN	SO	#3	MidAmerica Naza	A	57.19 OT	1/22
2	17	Alison AMBUUL	FR	#4	Benedictine (Kan.	A	57.57 OT	2/18
3	23	Darly CAMILO-MONTENEGRO	FR	#1	Central Methodist	B	57.95 OT	1/22
4	31	Elizabeth IBIDUNNI	JR	#6	Baker (Kan.)	B	58.44 OT	2/18
5	62	Elise FEDERICI	SR	#4	Benedictine (Kan.		59.91 OT	2/18
6	81	Jessica BAILEY	FR	#1	Central Methodist		1:00.48 OT	2/18
7	86	Neomi SIDIQUE	FR	#2	Grand View (Iowa		1:00.52 OT	2/18
8	94	Ashley WURTENBERGER	SR	#4	Benedictine (Kan.		1:00.74	1/28
9	100	Raven WILLIAMS	SR	#9	William Penn (Iow		1:00.84c (1:01.64f)	1/15
10		Shelby BUTTS	JR	#6	Baker (Kan.)		1:01.10	2/12

Women's 600 Meters

1	2	Alison AMBUUL	FR	#4	Benedictine (Kan.	A	1:34.59 OT	2/18
2	14	Darly CAMILO-MONTENEGRO	FR	#1	Central Methodist	A	1:35.99 OT	2/18
3	22	Magdalena BURDOVA	JR	#3	MidAmerica Naza		1:37.69 OT (1:27.22/60)	2/4
4	56	Ashley WURTENBERGER	SR	#4	Benedictine (Kan.		1:41.23 OT	2/18
5	68	Mia WILHOIT	SR	#6	Baker (Kan.)		1:41.65 OT	12/4
5	68	Jordan HAWMAN	SR	#6	Baker (Kan.)		1:41.65 OT	1/22
7	71	Tatiana SMITH	JR	#4	Benedictine (Kan.		1:41.66 (1:30.76/60)	1/15
8	72	Claire ZARYBNICKY	SR	#4	Benedictine (Kan.		1:41.72 OT	2/18
9	78	Carli REITTINGER	SO	#5	Mount Mercy (Iow		1:42.18 OT	2/18
10	93	Cameron MESECHER	SO	#2	Grand View (Iowa		1:43.00 OT	2/18

Women's 800 Meters

1	5	Andrea ERTZ	SR	#5	Mount Mercy (Iow	A	2:14.12	1/21
2	26	Magdalena BURDOVA	JR	#3	MidAmerica Naza		2:18.71c (2:20.31f)	1/28
3	31	Caroline COBO	JR	#4	Benedictine (Kan.		2:19.10 OT	2/18
4	38	Ashlynn PERKINS	SR	#7	Graceland (Iowa)		2:20.42 OT	2/18
5	73	Mia WILHOIT	SR	#6	Baker (Kan.)		2:23.34 OT	1/22
6	86	Maya EIDMAN	SO	#3	MidAmerica Naza		2:23.97 OT	2/4
7	88	Tatiana SMITH	JR	#4	Benedictine (Kan.		2:24.02 OT	12/4
8	90	Jordan HAWMAN	SR	#6	Baker (Kan.)		2:24.11 OT	2/4
9	95	Madeline WIESEMAN	JR	#1	Central Methodist		2:24.63 OT	2/18
10		Ceyda NAZLI	JR	#2	Grand View (Iowa		2:25.82c (2:27.50f)	1/28

Women's 1000 Meters

1	2	Andrea ERTZ	SR	#5	Mount Mercy (Iow	A	2:53.96c (2:55.86f)	1/28
2	40	Caroline COBO	JR	#4	Benedictine (Kan.		3:03.19 OT	2/18
3	46	Maya EIDMAN	SO	#3	MidAmerica Naza		3:05.49 OT	2/18
4	55	Mia WILHOIT	SR	#6	Baker (Kan.)		3:06.90 OT	2/4
5	64	Madeline WIESEMAN	JR	#1	Central Methodist		3:09.47 OT	2/18
6	65	Abigail ALRED	FR	#3	MidAmerica Naza		3:09.49 OT	2/18
7	84	Ceyda NAZLI	JR	#2	Grand View (Iowa		3:11.66c (3:13.75f)	1/15
8		Isabella GUERRA	JR	#4	Benedictine (Kan.		3:13.96c (3:16.07f)	2/4
9		Sienna SCHMIDT	JR	#3	MidAmerica Naza		3:16.29 OT	2/18
10		Mary Cate GOLDEN	FR	#4	Benedictine (Kan.		3:17.54 OT	2/4

Women's Mile

1	8	Andrea ERTZ	SR	#5	Mount Mercy (Iow	A	5:01.21c (5:04.19f)	12/10
2	51	Isabella GUERRA	JR	#4	Benedictine (Kan.		5:13.16 OT	2/4
3	55	Morgan LAWSON	JR	#2	Grand View (Iowa		5:14.52 OT	2/18
4	73	J'Lyn KNUTSON	FR	#5	Mount Mercy (Iow		5:17.86 OT	2/18
5	100	Ceyda NAZLI	JR	#2	Grand View (Iowa		5:23.73c (5:26.93f)	1/28
6		Julia MCLAUGHLIN	FR	#4	Benedictine (Kan.		5:23.83 OT	1/22
7		Keagan PERKINS	SR	#7	Graceland (Iowa)		5:24.01c (5:27.21f)	2/12
8		Mary ROLWES	SO	#4	Benedictine (Kan.		5:28.52 OT	2/18
9		Rory BICKLER	SO	#8	Clarke (Iowa)		5:29.25c (5:32.50f)	2/12
10		Ashlynn PERKINS	SR	#7	Graceland (Iowa)		5:29.61	1/15



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The Heart

Women's 3000 Meters

1	65	Morgan LAWSON	JR	#2	Grand View (Iowa)	10:35.71 OT	2/18
2	75	Deanna NEWHOUSE	FR	#5	Mount Mercy (Iowa)	10:38.89 OT	2/18
3	95	Andrea ERTZ	SR	#5	Mount Mercy (Iowa)	10:47.28c (10:52.82f)	2/5
4	98	Mary O'CONNOR	FR	#4	Benedictine (Kan.)	10:48.20 OT	2/18
5		Isabella GUERRA	JR	#4	Benedictine (Kan.)	10:50.40	1/28
6		J'Lyn KNUTSON	FR	#5	Mount Mercy (Iowa)	10:52.33c (10:57.92f)	2/5
7		Ceyda NAZLI	JR	#2	Grand View (Iowa)	10:56.98 OT	2/18
8		Mary ROLWES	SO	#4	Benedictine (Kan.)	11:00.91 OT	2/4
9		Julia MCLAUGHLIN	FR	#4	Benedictine (Kan.)	11:03.44	1/28
10		Rory BICKLER	SO	#8	Clarke (Iowa)	11:06.90c (11:12.61f)	2/5

Women's 5000 Meters

1	19	Morgan LAWSON	JR	#2	Grand View (Iowa)	17:55.55 OT	12/4
2	41	Deanna NEWHOUSE	FR	#5	Mount Mercy (Iowa)	18:33.74 OT	2/18
3	71	Ceyda NAZLI	JR	#2	Grand View (Iowa)	19:04.91 OT	2/18
4	85	Keagan PERKINS	SR	#7	Graceland (Iowa)	19:13.44 OT	2/18
5	89	Emma SWANSON	FR	#2	Grand View (Iowa)	19:17.11 OT	2/18
6	92	Rory BICKLER	SO	#8	Clarke (Iowa)	19:18.51 OT	2/18
7	94	Brooke ALLEN	SO	#6	Baker (Kan.)	19:19.38 OT	2/18
8	100	Valerie ACEVES-POWER	JR	#6	Baker (Kan.)	19:27.48 OT	2/18
9		Agbigail ZITTER	FR	#3	MidAmerica Naza	19:29.32 OT	1/22
10		J'Lyn KNUTSON	FR	#5	Mount Mercy (Iowa)	19:30.21c (19:39.17f)	1/28

Women's 3000m Race Walk

1	12	Paige THOMPSON	SO	#2	Grand View (Iowa)	18:13.22 OT	2/18
2	13	Lilian PATTERSON	SO	#1	Central Methodist	18:16.90 OT	2/18
3	17	Mikayla KAMBEITZ	JR	#3	MidAmerica Naza	18:46.05 f	1/29
4	22	Baileigh MORRIS	FR	#1	Central Methodist	19:45.06 OT	2/18
5	24	Allison PROCTER	JR	#1	Central Methodist	20:07.92 OT	2/18
6	28	Emalee HARRIS	FR	#1	Central Methodist	21:22.33 f	1/8
7	30	Calyssa PLYMELL	SO	#1	Central Methodist	21:58.45 OT	2/18
8	31	Chloe GREIG	SO	#2	Grand View (Iowa)	22:01.76 OT	2/18
9	37	Lainey SORENSON	FR	#3	MidAmerica Naza	23:48.43 OT	2/18

Women's 4x400 Relay

1	15	https://www.tfrrs.org/teams/21411	#3	MidAmerica Naza B	3:59.02 OT	2/18
2	16	https://www.tfrrs.org/teams/1825	#1	Central Methodist B	3:59.40 OT	2/18
3	19	https://www.tfrrs.org/teams/1789	#4	Benedictine (Kan.)	3:59.82 OT	12/4
4	29	https://www.tfrrs.org/teams/60582	#2	Grand View (Iowa)	4:03.32 OT	2/18
5	30	https://www.tfrrs.org/teams/1787	#6	Baker (Kan.)	4:04.23 OT	2/18
6	73	https://www.tfrrs.org/teams/171	#10	Missouri Valley	4:17.96 OT	2/18
7	75	https://www.tfrrs.org/teams/3697	#9	William Penn (Iowa)	4:18.43c (4:21.86f)	1/21
8	81	https://www.tfrrs.org/teams/11237	#5	Mount Mercy (Iowa)	4:21.62c (4:25.09f)	2/5
9		https://www.tfrrs.org/teams/27048	#8	Clarke (Iowa)	4:40.15c (4:43.86f)	2/12

Women's 4x800 Relay

1	15	https://www.tfrrs.org/teams/1789	#4	Benedictine (Kan. B)	9:38.96c (9:45.63f)	2/4
2	22	https://www.tfrrs.org/teams/1787	#6	Baker (Kan.)	9:44.10 OT	2/18
3	25	https://www.tfrrs.org/teams/21411	#3	MidAmerica Naza	9:50.21 OT	2/18
4	33	https://www.tfrrs.org/teams/60582	#2	Grand View (Iowa)	10:10.16 OT	2/18
5	44	https://www.tfrrs.org/teams/11237	#5	Mount Mercy (Iowa)	10:17.40 OT	2/18
6	71	https://www.tfrrs.org/teams/1825	#1	Central Methodist	10:55.22 OT	2/18

Women's Distance Medley Relay

1	31	https://www.tfrrs.org/teams/1789	#4	Benedictine (Kan.)	12:56.37	1/28
2	33	https://www.tfrrs.org/teams/60582	#2	Grand View (Iowa)	12:58.88 OT	2/18
3	40	https://www.tfrrs.org/teams/21411	#3	MidAmerica Naza	13:15.52 OT	2/18
4	47	https://www.tfrrs.org/teams/1787	#6	Baker (Kan.)	13:34.17 OT	2/18
5	51	https://www.tfrrs.org/teams/11237	#5	Mount Mercy (Iowa)	13:47.38 OT	2/18
6	63	https://www.tfrrs.org/teams/1825	#1	Central Methodist	14:15.28 OT	2/18

Women's High Jump

1	12	Ashlynn PERKINS	SR	#7	Graceland (Iowa)	B 1.65m	5-5	1/29
1	12	Carly LINDENMEYER	SO	#3	MidAmerica Naza	B 1.65m	5-5	2/18
3	31	Sidney GILLILAND	FR	#7	Graceland (Iowa)	1.60m	5-3	2/18
3	31	Renee FINKE	FR	#1	Central Methodist	1.60m	5-3	12/3
5	47	Katie GOLDRING	FR	#2	Grand View (Iowa)	1.59m	5-2½	12/10
6	60	Alyssa BALTIMORE	SR	#11	Culver-Stockton (	1.57m	5-1¾	2/5
7	66	Tara SAMPSON	SR	#7	Graceland (Iowa)	1.56m	5-1¼	2/4
8	72	Megan AUBUCHON	FR	#1	Central Methodist	1.55m	5-1	1/28
9		Sydney NORMAN	SO	#8	Clarke (Iowa)	1.50m	4-11	2/18
9		Maddison COOK	SR	#1	Central Methodist	1.50m	4-11	1/28
9		Keagan PERKINS	SR	#7	Graceland (Iowa)	1.50m	4-11	1/29
9		Haley FLAWS	JR	#2	Grand View (Iowa)	1.50m	4-11	1/15

Women's Pole Vault

1	17	Suzanne GUERRERO	SR	#7	Graceland (Iowa)	B 3.42m	11-2½	1/29
1	17	Carter HAWKINS	FR	#1	Central Methodist	B 3.42m	11-2½	1/22
3	32	Sadie HEISNER	FR	#1	Central Methodist	3.27m	10-8¾	2/4
4	43	Emma GRANT	FR	#8	Clarke (Iowa)	3.20m	10-6	1/28
5	63	Katlin MARTIN	SR	#7	Graceland (Iowa)	2.97m	9-9	1/29
5	63	Caroline WEATHERFORD	SR	#1	Central Methodist	2.97m	9-9	1/8
7	88	Samantha BITZ	FR	#10	Missouri Valley	2.70m	8-10¼	1/28
8	91	Amara REICHERT	SO	#1	Central Methodist	2.67m	8-9	1/8
9		Payton FLOWERS	JR	#11	Culver-Stockton (	2.51m	8-2¾	2/5
10		Arielle PRINCE	FR	#1	Central Methodist	2.45m	8-½	1/15



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The Heart

Women's Long Jump

1	16	Kylar BROWN	SO	#3	MidAmerica Naza B	5.59m	18-4¼	12/4
2	28	Kailey JOHNSON	FR	#1	Central Methodist	5.49m	18-¼	2/18
3	38	Neomi SIDIQUE	FR	#2	Grand View (Iowa	5.41m	17-9	12/4
4	43	Carly LINDENMEYER	SO	#3	MidAmerica Naza	5.39m	17-8¼	2/18
5	53	Kaitlyn WEBER	JR	#1	Central Methodist	5.36m	17-7	1/28
6	78	Brittney WESLEY	JR	#3	MidAmerica Naza	5.23m	17-2	1/22
7	92	Alyssa DAVIS	FR	#3	MidAmerica Naza	5.17m	16-11½	2/18
8	98	Abigail BATU-TIAKO	SO	#9	William Penn (Iov	5.15m	16-10¾	1/15
8	98	Amara FEYRER-MELK	SR	#4	Benedictine (Kan.	5.15m	16-10¾	2/18
10		Jada GAINES	SR	#1	Central Methodist	5.07m	16-7¾	1/28

Women's Triple Jump

1	25	Kaitlyn WEBER	JR	#1	Central Methodist B	11.38m	37-4	2/18
2	37	Sadie HEISNER	FR	#1	Central Methodist	11.03m	36-2¼	2/18
3	42	Alyssa DAVIS	FR	#3	MidAmerica Naza	10.96m	35-11½	2/18
4	52	Sarah JOHNSON	FR	#1	Central Methodist	10.80m	35-5¼	2/18
5	82	Bayley WELK	SR	#3	MidAmerica Naza	10.51m	34-5¾	2/18
6	84	Amara FEYRER-MELK	SR	#4	Benedictine (Kan.	10.49m	34-5	2/18
7	90	Promise NENNIE	FR	#3	MidAmerica Naza	10.40m	34-1½	2/18
8		Renee FINKE	FR	#1	Central Methodist	10.04m	32-11¼	2/4
9		Megan AUBUCHON	FR	#1	Central Methodist	9.97m	32-8½	2/18
10		Abigail BATU-TIAKO	SO	#9	William Penn (Iov	9.84m	32-3½	2/4

Women's Shot Put

1	4	Bre NAIL	SO	#5	Mount Mercy (Iow	A 14.06m	46-1½	2/18
2	6	Madison SUTTON	SO	#4	Benedictine (Kan.	A 13.82m	45-4¼	1/28
3	19	Sydney FLATNESS	JR	#2	Grand View (Iowa B	13.21m	43-4¼	2/18
4	28	Cassidy NERLAND	JR	#2	Grand View (Iowa	12.85m	42-2	1/15
5	38	April CZARNECKI	SO	#2	Grand View (Iowa	12.59m	41-3¾	2/18
6	41	Madison GREEN	FR	#2	Grand View (Iowa	12.50m	41-¼	2/2
7	51	Cristina VILLALOBOS	SO	#5	Mount Mercy (Iow	12.29m	40-4	2/11
8	65	Ellen KANGAS	FR	#5	Mount Mercy (Iow	12.06m	39-6¾	2/18
9	66	Lauren WILLSON	SR	#5	Mount Mercy (Iow	12.04m	39-6	2/18
10	80	Ava CONRAD	FR	#2	Grand View (Iowa	11.84m	38-10¼	2/18

Women's Weight Throw

1	3	Madison SUTTON	SO	#4	Benedictine (Kan.	A 17.46m	57-3½	2/18
2	9	Madison GREEN	FR	#2	Grand View (Iowa	A 16.99m	55-9	2/18
3	10	Cassidy NERLAND	JR	#2	Grand View (Iowa	A 16.92m	55-6¼	2/18
4	25	April CZARNECKI	SO	#2	Grand View (Iowa B	16.18m	53-1	2/18
5	31	Lauren WILLSON	SR	#5	Mount Mercy (Iow B	15.96m	52-4½	12/10
6	44	Savannah FIELDS	SO	#10	Missouri Valley	15.30m	50-2½	2/5
7	48	Ilyah MOORE	SO	#2	Grand View (Iowa	15.13m	49-7¾	2/2
8	53	Victoria LOTZ	FR	#3	MidAmerica Naza	15.05m	49-4½	2/18
9	55	Sydney FLATNESS	JR	#2	Grand View (Iowa	14.89m	48-10¼	2/18
10	61	Cristina VILLALOBOS	SO	#5	Mount Mercy (Iow	14.77m	48-5½	2/18

Women's Pentathlon

1	9	Carly LINDENMEYER	SO	#3	MidAmerica Naza B	3,298	2/18
2	17	Katie GOLDRING	FR	#2	Grand View (Iowa B	3,147	2/18
3	21	Ashlynn PERKINS	SR	#7	Graceland (Iowa) B	3,058	2/18
4	34	Mya MOORE	FR	#2	Grand View (Iowa	2,874	12/10
5	36	Renee FINKE	FR	#1	Central Methodist	2,859	12/3
6	37	Magdalena BURDOVA	JR	#3	MidAmerica Naza	2,857	12/11
7	49	Amara FEYRER-MELK	SR	#4	Benedictine (Kan.	2,717	2/18
8	53	Paige SCHMID	SR	#4	Benedictine (Kan.	2,634	12/4
9	55	Aquila MUCUBAQUIRE	SO	#1	Central Methodist	2,618	12/3
10	85	Jane WATTS	FR	#10	Missouri Valley	2,153	1/28



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WHAC

Women's 60 Meters

1	6	Soyinne GRENYION	FR	#1	Indiana Tech	A	7.56	1/15
2	10	Taylor KYLE	FR	#1	Indiana Tech	A	7.62	2/11
2	10	Kiya POGUE	FR	#1	Indiana Tech	A	7.62	1/22
4	15	Derica GIBSON	SO	#1	Indiana Tech	A	7.66	2/18
5	24	Sha'londa TERRY	SR	#1	Indiana Tech	A	7.72	2/5
6	39	Anaiya JONES	SO	#4	Madonna (Mich.)	B	7.78	2/18
7	46	Nia WOOD	SO	#4	Madonna (Mich.)	B	7.82	1/14
8	53	Jacqueline SCOTT	JR	#1	Indiana Tech		7.85	1/15
9	65	Jamaya WARTHEN	FR	#1	Indiana Tech		7.88	2/18
10	74	Mia JORDAN	FR	#7	Lawrence Tech (M)		7.90	1/14

Women's 60 Meter Hurdles

1	4	Kiya POGUE	FR	#1	Indiana Tech	A	8.65	2/18
2	5	Katlyn JONES	SO	#1	Indiana Tech	A	8.67	2/11
3	7	Mary LEIGHTON	SR	#1	Indiana Tech		8.77	2/18
4	8	Mia JORDAN	FR	#7	Lawrence Tech (M)		8.78	2/18
5	11	Faith JACKSON	SO	#5	Siena Heights (Mi)		8.81	2/18
6	17	Kylin NICHOLS	JR	#1	Indiana Tech	A	8.92	2/11
7	21	Jaunita WEBSTER-FREEMAN	FR	#1	Indiana Tech	A	8.95	2/18
8	33	Tarshana KIMBROUGH	SO	#3	Aquinas (Mich.)	B	9.06	1/15
9	53	Linnearia RICHARDS	FR	#5	Siena Heights (Mi)		9.26	12/3
10	55	Mariam DAVIS	JR	#1	Indiana Tech		9.30	12/10

Women's 200 Meters

1	6	Derica GIBSON	SO	#1	Indiana Tech	A	24.08c	(24.45f)	2/18
2	8	Soyinne GRENYION	FR	#1	Indiana Tech	A	24.45 OT		1/22
3	18	Jacqueline SCOTT	JR	#1	Indiana Tech	A	25.13c	(25.52f)	2/5
4	25	Antonishka DEVEAUX	SR	#1	Indiana Tech	B	25.26c	(25.65f)	2/18
5	27	Taylor KYLE	FR	#1	Indiana Tech	B	25.28c	(25.67f)	2/18
6	32	Destinee MCGRADY	JR	#1	Indiana Tech	B	25.33c	(25.72f)	2/18
7	41	Jayla BROWN	SR	#4	Madonna (Mich.)		25.53 OT		1/28
8	69	Nia WOOD	SO	#4	Madonna (Mich.)		25.81		1/22
9	75	Casey LENON	JR	#3	Aquinas (Mich.)		25.86c	(26.26f)	2/18
10	78	Sha'londa TERRY	SR	#1	Indiana Tech		25.88c	(26.28f)	2/18

Women's 400 Meters

1	4	Destinee MCGRADY	JR	#1	Indiana Tech	A	55.80 OT		1/22
2	13	Jo'Deci IRBY	SO	#1	Indiana Tech	A	57.34c	(58.10f)	12/4
3	16	Xuxa PEART	JR	#1	Indiana Tech	A	57.51 OT		2/11
4	36	olaide OLAPADE	SO	#1	Indiana Tech		58.73 OT		1/28
5	38	Jayla BROWN	SR	#4	Madonna (Mich.)		58.78c	(59.56f)	2/18
6	40	Kamry BROWN	SR	#4	Madonna (Mich.)		58.86 OT		1/28
7	43	Tarshana KIMBROUGH	SO	#3	Aquinas (Mich.)		59.07c	(59.85f)	2/18
8	59	Kayla MOODY	SO	#1	Indiana Tech		59.83c	(1:00.62f)	12/4
9	61	Haven EVANS	JR	#1	Indiana Tech		59.90 OT		1/22
10	69	Junae BENNETT	FR	#1	Indiana Tech		1:00.17c	(1:00.96f)	12/4

Women's 600 Meters

1	4	olaide OLAPADE	SO	#1	Indiana Tech	A	1:34.83c	(1:35.99f)	2/18
2	7	Jessica PHILLIPS	FR	#4	Madonna (Mich.)	A	1:34.87 OT		2/11
3	8	Maggie WHITNEY	JR	#3	Aquinas (Mich.)	A	1:35.37c	(1:36.53f)	2/18
4	16	Haven EVANS	JR	#1	Indiana Tech	B	1:36.79c	(1:37.97f)	2/18
5	29	Kennia DEXTER	FR	#1	Indiana Tech		1:38.58c	(1:39.78f)	2/18
6	31	Kayla MOODY	SO	#1	Indiana Tech		1:38.71 OT		2/11
7	34	Destinee MCGRADY	JR	#1	Indiana Tech		1:38.86c	(1:40.07f)	1/15
8	36	Jo'Deci IRBY	SO	#1	Indiana Tech		1:39.04 OT		12/10
9	68	Tarshana KIMBROUGH	SO	#3	Aquinas (Mich.)		1:41.65c	(1:42.89f)	1/21
10	81	Grace SWEET	JR	#3	Aquinas (Mich.)		1:42.29c	(1:43.54f)	1/21

Women's 800 Meters

1	2	Lisa VOYLES	SO	#1	Indiana Tech	A	2:11.96 OT		2/11
2	4	Maggie WHITNEY	JR	#3	Aquinas (Mich.)	A	2:13.80 OT		2/11
3	25	Anna MARTIN	FR	#2	Cornerstone (Mich)		2:18.34c	(2:19.93f)	1/21
4	37	Jessica PHILLIPS	FR	#4	Madonna (Mich.)		2:20.40		1/22
5	39	Grace SWEET	JR	#3	Aquinas (Mich.)		2:20.49c	(2:22.11f)	2/18
6	53	Lilly GRIEWE	SO	#1	Indiana Tech		2:21.52 OT		1/28
7	56	jackie ALBO	SO	#7	Lawrence Tech (M)		2:21.89c	(2:23.52f)	2/18
8	97	Kori BAUMANN	FR	#2	Cornerstone (Mich)		2:25.01c	(2:26.68f)	2/18
9		Lily ROTHERT	FR	#1	Indiana Tech		2:25.63c	(2:27.31f)	2/18
10		Izzie LASHAWAY	FR	#4	Madonna (Mich.)		2:26.27c	(2:27.95f)	2/18

Women's 1000 Meters

1	1	Lisa VOYLES	SO	#1	Indiana Tech	A	2:49.28c	(2:51.12f)	2/18
2	20	Lilly GRIEWE	SO	#1	Indiana Tech	B	3:00.58c	(3:02.55f)	2/5
3	22	Maggie WHITNEY	JR	#3	Aquinas (Mich.)	B	3:00.65c	(3:02.62f)	2/4
4	24	Hannah ADLER	JR	#3	Aquinas (Mich.)	B	3:00.90c	(3:02.87f)	1/21
5	38	Krista BOESE	SO	#1	Indiana Tech		3:03.04c	(3:05.03f)	2/5
6	48	Nygia POLLARD	JR	#2	Cornerstone (Mich)		3:05.52c	(3:07.54f)	1/21
7	51	Jessica PHILLIPS	FR	#4	Madonna (Mich.)		3:06.33c	(3:08.36f)	2/5
8	58	Grace SWEET	JR	#3	Aquinas (Mich.)		3:07.86c	(3:09.91f)	2/4
9	82	Katherine HAUP	FR	#4	Madonna (Mich.)		3:11.53		2/4
10	86	Darbey JOHNSON	JR	#7	Lawrence Tech (M)		3:11.78c	(3:13.87f)	2/18

Women's Mile

1	9	Anna MARTIN	FR	#2	Cornerstone (Mich)	A	5:01.92c	(5:04.90f)	1/21
2	18	Hannah ADLER	JR	#3	Aquinas (Mich.)	A	5:05.34 OT		2/11
3	26	Krista BOESE	SO	#1	Indiana Tech	B	5:08.03c	(5:11.07f)	2/18
4	40	Nygia POLLARD	JR	#2	Cornerstone (Mich)	B	5:11.49 OT		1/15
5	64	Maggie WHITNEY	JR	#3	Aquinas (Mich.)		5:16.45c	(5:19.58f)	2/4
6	67	Annika SHOEMAKER	SO	#2	Cornerstone (Mich)		5:16.52c	(5:19.65f)	2/18
7	68	Haley NIEUWKOOP	SO	#2	Cornerstone (Mich)		5:16.55c	(5:19.68f)	2/18
8	79	Darbey JOHNSON	JR	#7	Lawrence Tech (M)		5:19.53 OT		1/21
9	99	Kori BAUMANN	FR	#2	Cornerstone (Mich)		5:23.24c	(5:26.44f)	2/18
10		Kateri MILLS	SR	#4	Madonna (Mich.)		5:26.06c	(5:29.28f)	2/18



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WHAC

Women's 3000 Meters

1	5	Anna MARTIN	FR	#2	Cornerstone (Mich.)	A	9:55.53 OT	2/11
2	9	Hannah ADLER	JR	#3	Aquinas (Mich.)	A	10:03.34 OT	1/28
3	16	Nygia POLLARD	JR	#2	Cornerstone (Mich.)	A	10:10.45 OT	1/15
4	36	Haley NIEUWKOOP	SO	#2	Cornerstone (Mich.)	B	10:24.03 OT	1/15
5	49	Cammie MCCONNELL	SO	#2	Cornerstone (Mich.)	B	10:29.29c (10:34.68f)	2/18
6	54	Annika SHOEMAKER	SO	#2	Cornerstone (Mich.)	A	10:30.95c (10:36.35f)	1/29
7	81	Krista BOESE	SO	#1	Indiana Tech	A	10:42.48 OT	12/10
8	84	Megan GOUGH	JR	#3	Aquinas (Mich.)	A	10:43.41c (10:48.92f)	2/18
9	85	Xochitl GARCIA	SO	#5	Siena Heights (Mich.)	A	10:43.47c (10:48.98f)	2/18
10	100	Hanna GRANT	JR	#3	Aquinas (Mich.)	A	10:49.48c (10:55.04f)	2/18

Women's 5000 Meters

1	11	Nygia POLLARD	JR	#2	Cornerstone (Mich.)	A	17:43.97 OT	2/11
2	14	Haley NIEUWKOOP	SO	#2	Cornerstone (Mich.)	A	17:44.59c (17:52.74f)	1/21
3	24	Cammie MCCONNELL	SO	#2	Cornerstone (Mich.)	A	17:58.77c (18:07.03f)	2/18
4	28	Annika SHOEMAKER	SO	#2	Cornerstone (Mich.)	A	18:05.04c (18:13.35f)	1/21
5	38	Hanna GRANT	JR	#3	Aquinas (Mich.)	A	18:25.68c (18:34.14f)	2/18
6	47	Megan GOUGH	JR	#3	Aquinas (Mich.)	A	18:38.66 OT	2/11
7	50	Xochitl GARCIA	SO	#5	Siena Heights (Mich.)	A	18:42.39	2/4
8	86	Kori BAUMANN	FR	#2	Cornerstone (Mich.)	A	19:14.24c (19:23.08f)	2/4
9		Isabelle UGANSKI	FR	#5	Siena Heights (Mich.)	A	19:51.07c (20:00.19f)	1/28
10		Haley BEIER	FR	#5	Siena Heights (Mich.)	A	19:53.56 OT	12/3

Women's 3000m Race Walk

1	1	Loanie CELLARD	SR	#1	Indiana Tech	A	14:09.32 OT	12/10
2	19	Isabella BLOMBERG	SO	#4	Madonna (Mich.)	A	19:05.82 f	2/18

Women's 4x400 Relay

1	1	https://www.tfrrs.org/teams/59432	#1	Indiana Tech	A	3:44.39 OT	2/11
2	11	https://www.tfrrs.org/teams/77153	#4	Madonna (Mich.)	B	3:57.85 OT	1/14
3	36	https://www.tfrrs.org/teams/15416	#3	Aquinas (Mich.)	A	4:06.90c (4:10.17f)	2/18
4	46	https://www.tfrrs.org/teams/11255	#2	Cornerstone (Mich.)	A	4:10.16c (4:13.48f)	1/29
5	47	https://www.tfrrs.org/teams/77225	#7	Lawrence Tech (Mich.)	A	4:10.24 OT	12/3
6	54	https://www.tfrrs.org/teams/10603	#5	Siena Heights (Mich.)	A	4:11.28 OT	12/3
7	96	https://www.tfrrs.org/teams/80338	#6	Rochester (Mich.)	A	4:29.21c (4:32.78f)	2/18
8	97	https://www.tfrrs.org/teams/77258	#8	Cleary (Mich.)	A	4:29.29	2/4
9		https://www.tfrrs.org/teams/18850		Concordia (Mich.)	A	4:35.44c (4:39.09f)	2/18

Women's 4x800 Relay

1	4	https://www.tfrrs.org/teams/59432	#1	Indiana Tech	A	9:25.81c (9:32.33f)	2/18
2	16	https://www.tfrrs.org/teams/15416	#3	Aquinas (Mich.)	B	9:40.36c (9:47.05f)	2/18
3	24	https://www.tfrrs.org/teams/77153	#4	Madonna (Mich.)	A	9:48.46c (9:55.24f)	2/18
4	43	https://www.tfrrs.org/teams/10603	#5	Siena Heights (Mich.)	A	10:17.24c (10:24.35f)	2/18
5	55	https://www.tfrrs.org/teams/11255	#2	Cornerstone (Mich.)	A	10:29.45c (10:36.70f)	2/18
6	66	https://www.tfrrs.org/teams/80338	#6	Rochester (Mich.)	A	10:50.13c (10:57.62f)	2/18
7	68	https://www.tfrrs.org/teams/18850		Concordia (Mich.)	A	10:51.81c (10:59.32f)	2/18

Women's Distance Medley Relay

1	4	https://www.tfrrs.org/teams/15416	#3	Aquinas (Mich.)	A	12:07.16 OT	2/12
2	7	https://www.tfrrs.org/teams/59432	#1	Indiana Tech	A	12:10.31 OT	1/28
3	13	https://www.tfrrs.org/teams/11255	#2	Cornerstone (Mich.)	A	12:18.38c (12:26.29f)	1/29
4	53	https://www.tfrrs.org/teams/80338	#6	Rochester (Mich.)	A	13:54.51c (14:03.45f)	1/29
5	75	https://www.tfrrs.org/teams/18850		Concordia (Mich.)	A	14:41.94c (14:51.38f)	1/29

Women's High Jump

1	1	Jaunita WEBSTER-FREEMAN	FR	#1	Indiana Tech	A	1.72m	5-7¾	2/18
2	5	Crystal GOYETTE	JR	#3	Aquinas (Mich.)	A	1.68m	5-6	2/11
2	5	Erica XAYARATH	FR	#1	Indiana Tech	A	1.68m	5-6	12/10
2	5	Kylin NICHOLS	JR	#1	Indiana Tech	A	1.68m	5-6	12/10
5	12	Mary Catherine LEE	SO	#1	Indiana Tech	B	1.65m	5-5	12/4
5	12	Casey LENON	JR	#3	Aquinas (Mich.)	B	1.65m	5-5	2/4
5	12	Daijah HILL	SO	#5	Siena Heights (Mich.)	B	1.65m	5-5	2/18
8	29	Kiara HERRING	SO	#1	Indiana Tech	A	1.62m	5-3¾	12/10
9	31	Callan NOBIS	FR	#1	Indiana Tech	A	1.60m	5-3	1/22
9	31	Kaitlin ESSIG	SO	#2	Cornerstone (Mich.)	A	1.60m	5-3	2/4
9	31	Mariam DAVIS	JR	#1	Indiana Tech	A	1.60m	5-3	2/11
9	31	Kaylee DIAMOND	FR	#3	Aquinas (Mich.)	A	1.60m	5-3	1/15

Women's Pole Vault

1	2	Tyler FUGATE	SO	#5	Siena Heights (Mich.)	A	4.07m	13-4¼	12/10
2	4	Ashley VERPLANK	SO	#2	Cornerstone (Mich.)	A	3.76m	12-4	2/11
3	6	Laikyn KULMAN	JR	#3	Aquinas (Mich.)	A	3.72m	12-2½	1/21
4	8	Samantha NOWELL	SO	#5	Siena Heights (Mich.)	A	3.62m	11-10½	2/18
5	17	Maeve MILLIGAN	FR	#1	Indiana Tech	B	3.42m	11-2½	2/5
5	17	Morgan VARGO	FR	#2	Cornerstone (Mich.)	B	3.42m	11-2½	2/4
5	17	Shaily BAYNES	FR	#3	Aquinas (Mich.)	B	3.42m	11-2½	1/21
8	32	Tatum TOWNSEND	SO	#2	Cornerstone (Mich.)	A	3.27m	10-8¾	2/11
9	48	Emily TUMMEL	SO	#2	Cornerstone (Mich.)	A	3.12m	10-2¾	2/4
10	57	Savannah EMAUS	FR	#1	Indiana Tech	A	3.05m	10-0	2/5



Conference TFRI Event Summary

as of 2/21/2022 8:12:43 AM

WHAC

Women's Long Jump

1	2	Carlie TURNER	FR	#1	Indiana Tech	A	5.92m	19-5¼	12/10
2	3	Destiny COPELAND	JR	#1	Indiana Tech	A	5.89m	19-4	12/10
3	7	Erica XAYARATH	FR	#1	Indiana Tech	A	5.73m	18-9¾	12/10
3	7	Katlyn JONES	SO	#1	Indiana Tech	A	5.73m	18-9¾	12/4
5	11	Morgan VARGO	FR	#2	Cornerstone (Mich.)	A	5.67m	18-7¼	2/11
6	12	Mariam DAVIS	JR	#1	Indiana Tech	A	5.64m	18-6	2/18
7	22	Kylin NICHOLS	JR	#1	Indiana Tech	B	5.54m	18-2¼	2/5
8	69	Tiffani LARDER	FR	#5	Siena Heights (Mich.)	A	5.27m	17-3½	1/14
9	89	Shanna HAN	JR	#3	Aquinas (Mich.)	A	5.18m	17-0	2/11
9	89	Nekeima OBIKE	SR	#1	Indiana Tech	A	5.18m	17-0	1/15

Women's Triple Jump

1	2	Katlyn JONES	SO	#1	Indiana Tech	A	12.29m	40-4	12/10
2	3	Destiny COPELAND	JR	#1	Indiana Tech	A	12.27m	40-3¼	12/10
3	4	Nekeima OBIKE	SR	#1	Indiana Tech	A	12.11m	39-8¾	1/28
4	8	Erica XAYARATH	FR	#1	Indiana Tech	A	11.77m	38-7½	2/11
5	68	Kaitlin ESSIG	SO	#2	Cornerstone (Mich.)	A	10.68m	35-½	2/4
6	70	Crystal GOYETTE	JR	#3	Aquinas (Mich.)	A	10.65m	34-11¼	1/21
7	73	Shanna HAN	JR	#3	Aquinas (Mich.)	A	10.62m	34-10¼	1/28
8		Tiffani LARDER	FR	#5	Siena Heights (Mich.)	A	10.06m	33-¼	1/14
9		Jeramea DENNISON	SO	#1	Indiana Tech	A	10.05m	32-11¾	2/18
10		Kaylee FISHER	FR	#1	Indiana Tech	A	9.92m	32-6½	12/10

Women's Shot Put

1	29	Jaunita WEBSTER-FREEMAN	FR	#1	Indiana Tech	A	12.75m	41-10	2/11
2	32	Jenna BREUKER	JR	#2	Cornerstone (Mich.)	A	12.69m	41-7¾	2/18
3	59	Lena KORTE	FR		Concordia (Mich.)	A	12.16m	39-10¾	2/18
4	68	Brooke BEYER	FR	#5	Siena Heights (Mich.)	A	12.00m	39-4½	1/22
5	72	Emilee KESSLER	SR	#4	Madonna (Mich.)	A	11.94m	39-2¼	1/28
6	76	Skyler BEALS	FR	#5	Siena Heights (Mich.)	A	11.89m	39-¼	2/11
7	83	Anna VANTUBERGEN	JR	#2	Cornerstone (Mich.)	A	11.83m	38-9¾	2/11
8	85	Rebecca BELTRAN	SO	#3	Aquinas (Mich.)	A	11.78m	38-7¾	2/4
9	89	Lilly LIVSEY	JR	#6	Rochester (Mich.)	A	11.76m	38-7	1/21
10	93	Gracie CLUTE	FR	#1	Indiana Tech	A	11.71m	38-5	1/15

Women's Weight Throw

1	19	Emilee KESSLER	SR	#4	Madonna (Mich.)	A	16.37m	53-8½	2/18
2	38	Jenna BREUKER	JR	#2	Cornerstone (Mich.)	A	15.61m	51-2¾	2/11
3	40	Lilly LIVSEY	JR	#6	Rochester (Mich.)	A	15.59m	51-1¾	2/12
4	42	Anna VANTUBERGEN	JR	#2	Cornerstone (Mich.)	A	15.48m	50-9½	2/18
5	47	Gracie CLUTE	FR	#1	Indiana Tech	A	15.16m	49-9	2/5
6	89	Ebony BUTLER	JR	#1	Indiana Tech	A	14.13m	46-4¼	2/5
7	97	Erin GOTHA	SO	#5	Siena Heights (Mich.)	A	13.93m	45-8½	2/4
8		LaTarsha MOORE	FR	#1	Indiana Tech	A	13.67m	44-10¼	2/5
9		Brooke BEYER	FR	#5	Siena Heights (Mich.)	A	13.50m	44-3½	2/18
10		Shekira EDGAR	JR	#3	Aquinas (Mich.)	A	13.35m	43-9¾	1/28

Women's Pentathlon

1	11	Destiny COPELAND	JR	#1	Indiana Tech	B	3,242	12/3
2	12	Kylin NICHOLS	JR	#1	Indiana Tech	B	3,211	2/5
3	13	Mariam DAVIS	JR	#1	Indiana Tech	B	3,205	1/28
4	27	Sara YOB	SO	#2	Cornerstone (Mich.)	B	2,982	1/28
5	51	Katlyn JONES	SO	#1	Indiana Tech		2,683	12/3
6	63	Hope KUSHION	FR	#4	Madonna (Mich.)		2,485	1/28
7	68	Katelyn SEBRING	FR	#1	Indiana Tech		2,442	12/3
8	94	Emma LINGER	FR	#4	Madonna (Mich.)		1,896	1/28