



Regional TFRI Event Summary

as of 1/31/2022 10:25:03 AM

Atlantic

Women's 60 Meters

1	8	Abigail DYETT	FR	#2	Monroe-New Roc	Q 7.68	1/7
2	64	Antonia BRANCATO	FR	#5	Hudson Valley (N.	8.25	1/29
3	73	yanique WHITE	FR	#1	Essex County (N.J	8.37	1/15
4	83	Iveion SEABROOKS	FR	#3	Mohawk Valley (N	8.55	1/29
5	94	shania GLASGOW	FR	#1	Essex County (N.J	8.70	1/22
6	96	Sadia ABAKAR	FR	#3	Mohawk Valley (N	8.72	1/29
7	99	Lia SOARES	FR	#5	Hudson Valley (N.	8.88	1/29
8	100	Chyra PATTERSON	SO	#4	Finger Lakes (N.Y.	8.92	1/22
9		Angre CATTOUSE	FR	#7	Monroe-Bronx (N.	9.01	1/21
10		Ciena LENTZ	FR	#5	Hudson Valley (N.	9.04	1/29

Women's 200 Meters

1	35	Chinenye ONUORAH	FR	#2	Monroe-New Roc	25.97	1/28
2	45	Farrah MILLER	FR	#2	Monroe-New Roc	26.39	1/7
3	59	Antonia BRANCATO	FR	#5	Hudson Valley (N.	26.94c (27.35f)	1/29
4	87	Jelese ALEXANDER	FR	#1	Essex County (N.J	27.98c (28.41f)	1/15
5		shania GLASGOW	FR	#1	Essex County (N.J	28.91	1/22
6		Sadia ABAKAR	FR	#3	Mohawk Valley (N	28.95c (29.40f)	1/29
7		Ericka MOODY	FR	#4	Finger Lakes (N.Y.	29.27c (29.72f)	1/22
8		Angre CATTOUSE	FR	#7	Monroe-Bronx (N.	29.42	1/28
9		Chyra PATTERSON	SO	#4	Finger Lakes (N.Y.	29.85c (30.31f)	1/22
10		Iveion SEABROOKS	FR	#3	Mohawk Valley (N	30.37c (30.84f)	1/29

Women's 400 Meters

1	9	Farrah MILLER	FR	#2	Monroe-New Roc	Q 57.24	1/28
2	10	Chinenye ONUORAH	FR	#2	Monroe-New Roc	Q 57.31	1/28
3	68	Arafa DJOUMA	FR	#3	Mohawk Valley (N	1:08.66c (1:09.57f)	1/29
4	83	Elizabeth ERNO	FR	#5	Hudson Valley (N.	1:26.83c (1:27.98f)	1/29

Women's 600 Meters

1	11	Farrah MILLER	FR	#2	Monroe-New Roc	Q 1:36.94 (1:16.93/50)	1/7
2	43	kayla CHARLES	FR	#1	Essex County (N.J	1:55.00 (1:31.27/50)	1/22
3	48	Delaney BREWER	FR	#3	Mohawk Valley (N	1:58.89c (1:35.51/50)	1/29

Women's 800 Meters

1	2	Aaliyah MOORE	FR	#2	Monroe-New Roc	Q 2:12.65	1/28
2	25	Delverna BROMFIELD	FR	#1	Essex County (N.J	2:31.30	1/22
3	36	Leah LLOYD	FR	#4	Finger Lakes (N.Y.	2:34.03c (2:35.80f)	1/22
4	49	thomyka VALCENT	FR	#1	Essex County (N.J	2:40.49c (2:42.34f)	1/15
5	62	Delaney BREWER	FR	#3	Mohawk Valley (N	2:48.66c (2:50.60f)	1/29
6	80	Ellicia SWEDISH	FR	#5	Hudson Valley (N.	2:59.17c (3:01.23f)	1/29
7	84	Hickory WHELAN	FR	#5	Hudson Valley (N.	3:01.86c (3:03.95f)	1/29
8	88	Eva SGAMBETTERA	FR	#5	Hudson Valley (N.	3:03.97c (3:06.09f)	1/29
9	92	Lillian TERRY	FR	#8	Patrick Henry (Va.	3:09.74c (3:11.92f)	1/15
10	98	kayla CHARLES	FR	#1	Essex County (N.J	3:34.60c (3:37.07f)	1/15

Women's 1000 Meters

1	2	Aaliyah MOORE	FR	#2	Monroe-New Roc	Q 3:00.42	1/21
2	4	Megan THOMPSON	SO	#1	Essex County (N.J	Q 3:05.82	1/22
3	22	thomyka VALCENT	FR	#1	Essex County (N.J	3:23.74	1/22

Women's Mile

1	3	Aaliyah MOORE	FR	#2	Monroe-New Roc	Q 5:09.01	1/7
2	5	Tshwanelo MARUPING	FR	#2	Monroe-New Roc	Q 5:11.39	1/21
3	26	Leah LLOYD	FR	#4	Finger Lakes (N.Y.	5:37.67c (5:41.01f)	1/29
4	41	Megan THOMPSON	SO	#1	Essex County (N.J	5:56.81c (6:00.34f)	1/15
5	61	zoey-ann WINT	FR	#1	Essex County (N.J	6:14.51	1/22
6	76	Olivia SKYLSTAD	FR	#5	Hudson Valley (N.	6:31.35c (6:35.22f)	1/29
7	84	Hickory WHELAN	FR	#5	Hudson Valley (N.	6:40.58c (6:44.54f)	1/29
8	87	Eva SGAMBETTERA	FR	#5	Hudson Valley (N.	6:46.72c (6:50.74f)	1/29
9	89	Ellicia SWEDISH	FR	#5	Hudson Valley (N.	6:52.98c (6:57.06f)	1/29
10	100	Jennifer WALIKE	SO	#3	Mohawk Valley (N	8:56.57c (9:01.88f)	1/29

Women's 3000 Meters

1	2	Tshwanelo MARUPING	FR	#2	Monroe-New Roc	Q 10:18.41	1/28
2	20	Leah LLOYD	FR	#4	Finger Lakes (N.Y.	11:26.14c (11:32.02f)	1/29
3	37	zoey-ann WINT	FR	#1	Essex County (N.J	12:09.97c (12:16.22f)	1/15
4	55	Gabrielle MYERS	FR	#3	Mohawk Valley (N	13:32.46c (13:39.42f)	1/29

Women's 5000 Meters

1	20	Gabrielle MYERS	FR	#3	Mohawk Valley (N	23:38.95c (23:49.81f)	1/29
2	21	Jennifer WALIKE	SO	#3	Mohawk Valley (N	29:24.16c (29:37.67f)	1/29

Women's 60 Meter Hurdles

1	28	yanique WHITE	FR	#1	Essex County (N.J	9.64	1/22
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Women's 4x400 Relay

1	13	https://www.tfrrs.org/teams/690	#1	Essex County (N.J	4:12.53	1/22
2	21	https://www.tfrrs.org/teams/712	#3	Mohawk Valley (N	4:38.37c (4:42.06f)	1/29
3	23	https://www.tfrrs.org/teams/96697	#5	Hudson Valley (N.	4:59.75c (5:03.72f)	1/29

Women's 4x800 Relay

1	1	https://www.tfrrs.org/teams/690	#1	Essex County (N.J	10:52.55	1/14
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Women's Distance Medley Relay

1	1	https://www.tfrrs.org/teams/59475	#2	Monroe-New Roc	Q 11:51.81	1/30
2	6	https://www.tfrrs.org/teams/690	#1	Essex County (N.J	13:49.53	1/14

Women's High Jump

1	13	Josey REINEMAN	FR	#6	Hagerstown (Md.)	1.55m 5-1	1/15
2	16	Jelese ALEXANDER	FR	#1	Essex County (N.J	1.50m 4-11	1/15
3	30	kayla CHARLES	FR	#1	Essex County (N.J	1.35m 4-5	1/15

Women's Pole Vault

1	12	Morgan WARD	FR	#4	Finger Lakes (N.Y.	2.00m 6-6¾	1/29
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Women's Long Jump

1	48	Eliane ROBINSON	FR	#1	Essex County (N.J	4.44m 14-6¾	1/7
2	53	Chyra PATTERSON	SO	#4	Finger Lakes (N.Y.	4.31m 14-1¾	1/22
3	55	Ericka MOODY	FR	#4	Finger Lakes (N.Y.	4.20m 13-9½	1/22
4	60	Ciena LENTZ	FR	#5	Hudson Valley (N.	4.02m 13-2¼	1/29
5	61	Angre CATTOUSE	FR	#7	Monroe-Bronx (N.	4.00m 13-1½	1/7
6	66	Yasmin WASHINGTON	FR	#3	Mohawk Valley (N	3.53m 11-7	1/29



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Women's Triple Jump

1	16	Jelese ALEXANDER	FR	#1	Essex County (N.J.)	10.38m	34-¾	1/22
2	17	Eliane ROBINSON	FR	#1	Essex County (N.J.)	10.37m	34-¼	1/22

Women's Shot Put

1	17	Kristin STICKDORN	FR	#2	Monroe-New Roc	11.49m	37-8½	1/15
2	45	Morgan COLLAZO	FR	#4	Finger Lakes (N.Y.)	9.73m	31-11¼	1/22
3	56	Gabrielle RILEY	FR	#2	Monroe-New Roc	8.64m	28-4¼	1/15
4	65	Erica MOODY	FR	#4	Finger Lakes (N.Y.)	7.62m	25-0	1/22
5	70	Cailynn PATTERSON	FR	#3	Mohawk Valley (N)	6.88m	22-7	1/29

Women's Weight Throw

1	4	Kristin STICKDORN	FR	#2	Monroe-New Roc	15.02m	49-3½	1/21
2	31	Gabrielle RILEY	FR	#2	Monroe-New Roc	11.85m	38-10½	1/21



Regional TFRI Event Summary

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Central

Women's 60 Meters

1	1	Kiara BROWN	FR	#6 Butler (Kan.) CC	Q 7.45	1/29
1	86	Reilly BAUGHMAN	FR	#1 Mineral Area (Mo.)	8.58	1/28
2	4	Sabrina DAVIS	SO	#9 Allen (Kan.) CC	Q 7.65	1/29
2		Brianna SANSOUCIE	FR	#1 Mineral Area (Mo.)	9.07	1/28
3	7	Toshel GOFFE	SO	#6 Butler (Kan.) CC	Q 7.66	1/13
4	11	Ariyonna BASTON	FR	#3 Fort Scott (Kan.) CC	Q 7.71	1/22
5	12	Kailah GILMORE	FR	#3 Fort Scott (Kan.) CC	Q 7.72	1/28
5	12	Miracle THOMPSON	FR	#1 Cloud County (Ka)	Q 7.72	1/22
7	14	Kayly GUTHRIE	FR	#7 Highland (Kan.) CC	Q 7.73	1/30
7	14	Kirstin JONES	SO	#6 Butler (Kan.) CC	Q 7.73	1/29
9	16	Shawnakay PEART	SO	#6 Butler (Kan.) CC	Q 7.74	1/13
10	17	Avagay MORRIS	SO	#12 Coffeyville (Kan.)	Q 7.75	1/30

Women's 200 Meters

1		Laine COTTRELL	FR	#1 Mineral Area (Mo.)	28.88c (29.32f)	1/28
1	2	Kiara BROWN	FR	#6 Butler (Kan.) CC	Q 24.46	1/14
2	9	Ashantae HARVEY	FR	#2 Barton (Kan.) CC	Q 25.01 OT	1/30
3	10	Jayda JONES	FR	#3 Fort Scott (Kan.) CC	25.04	1/28
4	13	Ariyonna BASTON	FR	#3 Fort Scott (Kan.) CC	25.26 OT	1/22
5	14	Shawnakay PEART	SO	#6 Butler (Kan.) CC	25.28	1/14
6	17	Jayda DILLON	SO	#2 Barton (Kan.) CC	25.49 OT	1/30
7	18	Avagay MORRIS	SO	#12 Coffeyville (Kan.)	25.54 OT	1/30
8	19	Keyann WILSON	FR	#3 Fort Scott (Kan.) CC	25.55	1/28
8	19	Naiya MORGAN	FR	#2 Barton (Kan.) CC	25.55 OT	1/30
10	21	Isila APKUP	FR	#1 Cloud County (Ka)	25.59 OT	1/30

Women's 400 Meters

1	3	Kiara BROWN	FR	#6 Butler (Kan.) CC	Q 55.97 OT	1/29
2	5	Vimbayi MAISOVOREWA	FR	#1 Cloud County (Ka)	Q 56.47	1/22
3	6	Leonie BEU	FR	#1 Cloud County (Ka)	Q 56.61 OT	1/30
4	7	Kirstin JONES	SO	#6 Butler (Kan.) CC	Q 56.93	1/14
5	10	Naiya MORGAN	FR	#2 Barton (Kan.) CC	Q 57.31	1/14
6	15	Ann DANGHA	SO	#6 Butler (Kan.) CC	58.32 OT	1/29
7	17	Adalin ROBINSON	FR	#2 Barton (Kan.) CC	58.68 OT	1/30
8	18	Deborah LOWE	FR	#2 Barton (Kan.) CC	58.82 OT	1/30
9	20	Jayda JONES	FR	#3 Fort Scott (Kan.) CC	59.41	1/28
10	21	Isila APKUP	FR	#1 Cloud County (Ka)	59.47	1/22

Women's 600 Meters

1	3	Kayan GREEN	SO	#2 Barton (Kan.) CC	Q 1:34.22 (1:24.12/60)	1/21
2	7	Leonie BEU	FR	#1 Cloud County (Ka)	Q 1:35.69	1/14
3	8	Vimbayi MAISOVOREWA	FR	#1 Cloud County (Ka)	Q 1:36.23 OT	1/30
4	10	Pamela MILANO	SO	#1 Cloud County (Ka)	Q 1:36.64	1/14
5	14	Lashanna GRAHAM	SO	#2 Barton (Kan.) CC	Q 1:37.87 OT	1/30
6	19	Jada SNEED	FR	#3 Fort Scott (Kan.) CC	1:40.34 (1:29.59/60)	1/14
7	23	Alisha DORIS	FR	#3 Fort Scott (Kan.) CC	1:41.59 OT	1/22
8	24	Passion CREWS	FR	#1 Cloud County (Ka)	1:41.79 (1:30.88/60)	1/22
9	27	Laura JUAREZ	FR	#14 Neosho County (Ks)	1:44.92 OT	1/22
10	28	Achai AROP	SO	#12 Coffeyville (Kan.)	1:45.71 OT (1:34.38/60)	1/29

Women's 800 Meters

1	5	Pamela MILANO	SO	#1 Cloud County (Ka)	Q 2:20.64	1/22
2	8	Abigail PINNOCK	FR	#4 Cowley (Kan.)	Q 2:22.64 OT	1/30
3	10	Lashanna GRAHAM	SO	#2 Barton (Kan.) CC	Q 2:23.47c (2:23.88A)	1/21
4	11	Abigail FISHER	FR	#1 Cloud County (Ka)	Q 2:23.60	1/22
5	13	Melody OCHANA	FR	#1 Cloud County (Ka)	Q 2:24.14	1/14
6	14	Ludjenie MONDESIR	FR	#1 Cloud County (Ka)	2:24.71	1/22
7	19	Passion CREWS	FR	#1 Cloud County (Ka)	2:26.67 OT	1/30
8	22	Alisha DORIS	FR	#3 Fort Scott (Kan.) CC	2:28.93	1/28
9	27	Layla INGALLS	FR	#4 Cowley (Kan.)	2:31.91 OT	1/30
10	28	Sicely JACKSON	FR	#1 Cloud County (Ka)	2:32.53	1/14

Women's 1000 Meters

1	1	Kayan GREEN	SO	#2 Barton (Kan.) CC	Q 2:57.42 OT	1/30
2	6	Melody OCHANA	FR	#1 Cloud County (Ka)	Q 3:09.53	1/14
3	8	Ludjenie MONDESIR	FR	#1 Cloud County (Ka)	Q 3:10.67 OT	1/30
4	9	Abigail FISHER	FR	#1 Cloud County (Ka)	3:11.00	1/14
5	12	Louise COCKING	FR	#5 Hutchinson (Kan.)	3:12.01 OT	1/30
6	18	Noel HIDALGO	FR	#5 Hutchinson (Kan.)	3:18.13 OT	1/30
7	25	Miranda HERNANDEZ	FR	#10 Dodge City (Kan.)	3:26.60 OT	1/30
8	27	Nevaeh PANTOJA	FR	#9 Allen (Kan.) CC	3:30.00 OT	1/30
9	31	Jurney YUNG	FR	#5 Hutchinson (Kan.)	3:38.26 OT	1/30
10	35	Aidyn WHITE	FR	#5 Hutchinson (Kan.)	3:48.63 OT	1/30

Women's Mile

1	11	Louise COCKING	FR	#5 Hutchinson (Kan.)	5:21.77	1/22
2	12	Regan HODSDEN	SO	#8 Colby (Kan.) CC	5:21.79	1/14
3	14	Melody OCHANA	FR	#1 Cloud County (Ka)	5:25.40	1/22
4	17	Noel HIDALGO	FR	#5 Hutchinson (Kan.)	5:26.40 OT	1/30
5	18	Kayan GREEN	SO	#2 Barton (Kan.) CC	5:29.03	1/14
6	23	Elka BILLINGS	SO	#9 Allen (Kan.) CC	5:34.09 OT	1/30
7	24	Shareen CHERUIYOT	FR	#11 Garden City (Kan.)	5:36.16 OT	1/30
8	28	Lucy NDUNGU	FR	#1 Cloud County (Ka)	5:40.48 OT	1/30
9	34	Anastasia MEYER	FR	#5 Hutchinson (Kan.)	5:50.63 OT	1/30
10	36	Cierra NORD	SO	#8 Colby (Kan.) CC	5:51.61	1/14

Women's 3000 Meters

1	5	Louise COCKING	FR	#5 Hutchinson (Kan.)	Q 10:36.98	1/22
1	52	Laura MADDOX	FR	#1 Mineral Area (Mo.)	13:07.43c (13:14.18f)	1/28
2	11	Elka BILLINGS	SO	#9 Allen (Kan.) CC	11:02.58 OT	1/30
3	14	Melody OCHANA	FR	#1 Cloud County (Ka)	11:08.47 OT	1/30
4	19	Kristen WILSON	FR	#4 Cowley (Kan.)	11:15.03	1/22
5	22	Noel HIDALGO	FR	#5 Hutchinson (Kan.)	11:28.96	1/22
6	23	Edith VALDEZ	FR	#10 Dodge City (Kan.)	11:32.39	1/22
7	27	Shareen CHERUIYOT	FR	#11 Garden City (Kan.)	11:43.41c (11:51.99A)	1/14
8	32	Ursula BILLINGS	FR	#9 Allen (Kan.) CC	11:50.63 OT	1/30
9	35	Karina HERRERA	FR	#2 Barton (Kan.) CC	12:02.82c (12:11.64A)	1/21
10	36	Valentine LAGAT	FR	#11 Garden City (Kan.)	12:04.87c (12:13.71A)	1/14



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as of 1/31/2022 10:25:04 AM

Central

Women's 5000 Meters

1	3	Regan HODSDEN	SO	#8 Colby (Kan.) CC	Q 18:25.58	1/28
1	15	Haley HERNANDEZ	FR	#1 Mineral Area (Mo.)	20:29.52c(20:38.93f)	1/28
2	7	Louise COCKING	FR	#5 Hutchinson (Kan.)	Q 18:56.51 OT	1/30
3	8	Kristen WILSON	FR	#4 Cowley (Kan.)	Q 19:09.75 OT	1/30
4	10	Cynthia DELAPAZ	FR	#10 Dodge City (Kan.)	Q 19:16.05 OT	1/30
5	11	Karissa GLOVER	FR	#4 Cowley (Kan.)	19:29.94 OT	1/30
6	14	Cierra NORD	SO	#8 Colby (Kan.) CC	20:24.49	1/28
7	17	Karina HERRERA	FR	#2 Barton (Kan.) CC	20:51.47 OT	1/30

Women's 60 Meter Hurdles

1	9	Miracle THOMPSON	FR	#1 Cloud County (Ka)	Q 8.74	1/30
2	10	Ashantae HARVEY	FR	#2 Barton (Kan.) CC	Q 8.76	1/30
3	11	Danae NEMBARD	FR	#2 Barton (Kan.) CC	Q 8.78	1/14
4	12	Diondra WILBORN	FR	#11 Garden City (Kan.)	Q 8.80	1/30
5	17	Aziel CHADDERTON	SO	#8 Colby (Kan.) CC	9.12	1/28
6	18	Ashanti HARVEY	SO	#2 Barton (Kan.) CC	9.13	1/14
7	23	Calleisha CHANCE	SO	#7 Highland (Kan.) C	9.45	1/30
8	27	Vanessa MERCERA	FR	#1 Cloud County (Ka)	9.62	1/30
9	30	LaShae' SMITH	FR	#4 Cowley (Kan.)	9.72	1/30
10	32	Patience HEATH	FR	#3 Fort Scott (Kan.) C	9.89	1/28

Women's 4x400 Relay

1	1	https://www.tfrrs.org/teams/537	#2 Barton (Kan.) CC	Q 3:46.21 OT	1/30
2	3	https://www.tfrrs.org/teams/545	#1 Cloud County (Ka)	Q 3:47.24 OT	1/30
3	5	https://www.tfrrs.org/teams/541	#6 Butler (Kan.) CC	Q 3:51.61	1/14
4	9	https://www.tfrrs.org/teams/8048	#3 Fort Scott (Kan.) C	4:06.39 OT	1/22
5	15	https://www.tfrrs.org/teams/660	#9 Allen (Kan.) CC	4:18.95 OT	1/29
6	16	https://www.tfrrs.org/teams/4654	#4 Cowley (Kan.)	4:23.36 OT	1/30
7	17	https://www.tfrrs.org/teams/547	#12 Coffeyville (Kan.)	4:24.18 OT	1/29
8	18	https://www.tfrrs.org/teams/549	#8 Colby (Kan.) CC	4:24.22	1/22
9	19	https://www.tfrrs.org/teams/978	#5 Hutchinson (Kan.)	4:25.13 OT	1/30
10	20	https://www.tfrrs.org/teams/992	#14 Neosho County (K)	4:30.74	1/28

Women's Distance Medley Relay

1	4	https://www.tfrrs.org/teams/545	#1 Cloud County (Ka)	Q 12:44.07 OT	1/30
2	7	https://www.tfrrs.org/teams/678	#10 Dodge City (Kan.)	13:55.94 OT	1/30
3	8	https://www.tfrrs.org/teams/660	#9 Allen (Kan.) CC	14:04.29 OT	1/30

Women's High Jump

1	5	Vanessa MERCERA	FR	#1 Cloud County (Ka)	Q 1.65m 5-5	1/14
2	7	Nia ROBINSON	SO	#2 Barton (Kan.) CC	Q 1.63m 5-4½	1/14
3	9	Calleisha CHANCE	SO	#7 Highland (Kan.) C	Q 1.60m 5-3	1/30
3	9	Dayjahney HIBBERT	FR	#7 Highland (Kan.) C	Q 1.60m 5-3	1/30
3	9	LaShae' SMITH	FR	#4 Cowley (Kan.)	Q 1.60m 5-3	1/30
6	13	Damazvia DAMES	FR	#3 Fort Scott (Kan.) C	1.55m 5-1	1/28
6	13	Mariah MEBRUER	FR	#13 State Fair (Mo.)	1.55m 5-1	12/4
8	16	Faithlyn IRVING	FR	#1 Cloud County (Ka)	1.50m 4-11	1/14
9	24	Gabi UNRUH	FR	#5 Hutchinson (Kan.)	1.45m 4-9	1/22
9	24	Achai AROP	SO	#12 Coffeyville (Kan.)	1.45m 4-9	1/30

Women's Pole Vault

1	1	Arantxa CORTEZ	FR	#4 Cowley (Kan.)	Q 3.30m 10-9¾	1/30
2	2	Maggie ARMSTRONG	FR	#1 Cloud County (Ka)	Q 3.20m 10-6	1/30
3	3	Kiana BROWN	SO	#5 Hutchinson (Kan.)	Q 3.15m 10-4	1/22
4	5	Mia MANLEY	FR	#1 Cloud County (Ka)	2.90m 9-6¼	1/30
5	6	McKenna JAGELS	FR	#11 Garden City (Kan.)	2.80m 9-2¼	1/30
6	7	Channa HINES	SO	#4 Cowley (Kan.)	2.75m 9-¼	1/15
7	9	Violet MARTINEZ	SO	#5 Hutchinson (Kan.)	2.70m 8-10¼	1/30
8	11	Jacie CARSON	FR	#4 Cowley (Kan.)	2.40m 7-10½	1/30

Women's Long Jump

1	2	Nia ROBINSON	SO	#2 Barton (Kan.) CC	Q 6.17m 20-3	1/21
1	46	Stephanie LATHAM	FR	#1 Mineral Area (Mo.)	4.51m 14-9¾	1/28
2	63	Brianna SANSOUCIE	FR	#1 Mineral Area (Mo.)	3.85m 12-7¾	1/28
2	7	Patience HEATH	FR	#3 Fort Scott (Kan.) C	Q 5.72m 18-9¼	1/22
3	65	Isabelle BRUCKERHOFF	FR	#1 Mineral Area (Mo.)	3.54m 11-7½	1/28
3	8	Kailah GILMORE	FR	#3 Fort Scott (Kan.) C	Q 5.71m 18-8¾	1/14
4	12	Damazvia DAMES	FR	#3 Fort Scott (Kan.) C	Q 5.48m 17-11¾	1/22
5	13	Vanessa MERCERA	FR	#1 Cloud County (Ka)	5.45m 17-10¾	1/22
6	16	Ida SEESAY	FR	#2 Barton (Kan.) CC	5.38m 17-8	1/30
7	18	Brittania INGRAM	FR	#2 Barton (Kan.) CC	5.22m 17-1½	1/21
8	19	Calleisha CHANCE	SO	#7 Highland (Kan.) C	5.16m 16-11¼	1/22
9	21	Sicely JACKSON	FR	#1 Cloud County (Ka)	5.12m 16-9¾	1/30
10	22	Daylece NEWSOM	FR	#12 Coffeyville (Kan.)	5.11m 16-9¼	1/30

Women's Triple Jump

1	22	Stephanie LATHAM	FR	#1 Mineral Area (Mo.)	9.56m 31-4½	1/28
1	2	Damazvia DAMES	FR	#3 Fort Scott (Kan.) C	Q 12.04m 39-6	1/28
2	5	Faithlyn IRVING	FR	#1 Cloud County (Ka)	Q 11.67m 38-3½	1/22
2	23	Brianna SANSOUCIE	FR	#1 Mineral Area (Mo.)	8.72m 28-7½	1/28
3	6	Nia ROBINSON	SO	#2 Barton (Kan.) CC	Q 11.57m 37-11½	1/30
4	11	Jasmine CARSON	FR	#2 Barton (Kan.) CC	10.93m 35-10½	1/30
5	13	Brittania INGRAM	FR	#2 Barton (Kan.) CC	10.58m 34-8½	1/30
6	14	Abby RUESCHHOFF	FR	#4 Cowley (Kan.)	10.55m 34-7½	1/15
7	18	Reanna GREEN	FR	#1 Cloud County (Ka)	10.35m 33-11½	1/14



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Central

Women's Shot Put

1	1	Kelsie MURRELL-ROSS	FR	#2	Barton (Kan.) CC	Q 15.04m	49-4¼	1/21
1	52	Molly GEARHART	FR	#1	Mineral Area (Mo.)	8.89m	29-2	1/28
2	69	Reilly BAUGHMAN	FR	#1	Mineral Area (Mo.)	7.06m	23-2	1/28
2	2	Santonya RALLIFORD	SO	#7	Highland (Kan.) CC	Q 14.27m	46-10	1/22
3	3	Jazmyn JAMES	FR	#7	Highland (Kan.) CC	Q 13.85m	45-5¼	1/30
4	4	Jada SEWELL	SO	#2	Barton (Kan.) CC	Q 13.14m	43-1½	1/30
5	6	Hollie STEWART	FR	#1	Cloud County (Kan.)	Q 12.78m	41-11¼	1/14
6	7	Shakera WILLIAMS	FR	#7	Highland (Kan.) CC	Q 12.67m	41-7	1/22
7	8	Efe LATHAM	FR	#2	Barton (Kan.) CC	12.05m	39-6½	1/30
8	9	Savannah ADAMS	FR	#8	Colby (Kan.) CC	11.97m	39-3¼	1/22
9	13	Lillian THOMAS	FR	#2	Barton (Kan.) CC	11.59m	38-¼	1/30
10	18	Alejandra HANDIE	FR	#4	Cowley (Kan.)	11.46m	37-7¼	1/22

Women's Weight Throw

1	2	Tahisha THOMPSON	FR	#1	Cloud County (Kan.)	Q 15.49m	50-10	1/22
2	3	Efe LATHAM	FR	#2	Barton (Kan.) CC	Q 15.03m	49-3¾	1/30
3	5	Santonya RALLIFORD	SO	#7	Highland (Kan.) CC	Q 14.75m	48-4¾	1/30
4	6	Bernesha KNOWLES	FR	#4	Cowley (Kan.)	Q 14.68m	48-2	1/30
5	7	Naliyah LANDRUM	FR	#12	Coffeyville (Kan.)	14.39m	47-2½	1/22
6	9	Kelsie MURRELL-ROSS	FR	#2	Barton (Kan.) CC	14.17m	46-6	1/30
7	10	Chloe WILSON	SO	#4	Cowley (Kan.)	14.10m	46-3¼	1/30
8	11	Jada SEWELL	SO	#2	Barton (Kan.) CC	13.91m	45-7¾	1/30
9	13	Ariana RODRIGUEZ	SO	#2	Barton (Kan.) CC	13.41m	44-0	1/30
10	14	Kayla MCCLELLAN	FR	#4	Cowley (Kan.)	13.36m	43-10	1/30

Women's Pentathlon

1	3	Patience HEATH	FR	#3	Fort Scott (Kan.) CC	Q 2,434		1/28
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Regional TFRI Event Summary

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Midwest

Women's 60 Meters

1	3	Terresha WALCOTT	SO	#1	Iowa Western CC	Q 7.64	1/22
2	4	Adeyah BREWSTER	FR	#3	Iowa Central CC	Q 7.65	1/28
3	9	Kayla MCCRAY	FR	#2	Indian Hills (Iowa)	Q 7.69	12/4
4	10	Victory GEORGE	SO	#1	Iowa Western CC	Q 7.70	1/14
5	20	Janyla HOSKINS	SO	#2	Indian Hills (Iowa)	7.77	12/4
6	25	Jia LEWIS	FR	#2	Indian Hills (Iowa)	7.80	12/11
7	27	Tirecia WALCOTT	SO	#1	Iowa Western CC	7.82	1/28
8	36	Jenna HUMMELL	SO	#4	Hawkeye (Iowa) C	7.95	1/21
9	37	Siby YAO	SO	#2	Indian Hills (Iowa)	7.96	12/11
9	37	Alisha THOMAS	FR	#3	Iowa Central CC	7.96	1/28

Women's 200 Meters

1	5	Nickisha PRYCE	SO	#1	Iowa Western CC	Q 24.68	1/28
2	8	Kahliyah ANDERSON	SO	#2	Indian Hills (Iowa)	Q 24.92 OT	12/11
3	11	Jia LEWIS	FR	#2	Indian Hills (Iowa)	25.10c (25.49f)	1/28
4	12	Dyandra GRAY	SO	#1	Iowa Western CC	25.16 OT	1/22
5	15	Terresha WALCOTT	SO	#1	Iowa Western CC	25.29	1/28
6	16	Kayla MCCRAY	FR	#2	Indian Hills (Iowa)	25.38	1/14
7	26	Janyla HOSKINS	SO	#2	Indian Hills (Iowa)	25.70c (26.10f)	1/28
8	27	Temira GOODS	SO	#2	Indian Hills (Iowa)	25.72c (26.12f)	1/28
9	28	Aimaya DRUMMOND	SO	#2	Indian Hills (Iowa)	25.73c (26.13f)	1/28
10	44	Alisha THOMAS	FR	#3	Iowa Central CC	26.37c (26.78f)	1/28

Women's 400 Meters

1	2	Kahliyah ANDERSON	SO	#2	Indian Hills (Iowa)	Q 55.94 OT	1/22
2	4	Nickisha PRYCE	SO	#1	Iowa Western CC	Q 56.21	1/28
3	13	Aimaya DRUMMOND	SO	#2	Indian Hills (Iowa)	58.27 OT	1/22
4	16	Temira GOODS	SO	#2	Indian Hills (Iowa)	58.65 OT	1/22
5	23	Kaylen PRYOR	FR	#2	Indian Hills (Iowa)	59.70 OT	12/11
6	24	Shariden RICHARDSON	SO	#1	Iowa Western CC	59.87 OT	1/22
7	25	Ja'Dashia CATLIN	FR	#2	Indian Hills (Iowa)	1:00.05c (1:00.84f)	1/28
8	38	Maci FREUND	FR	#4	Hawkeye (Iowa) C	1:01.20c (1:02.01f)	1/28
9	44	Elizabeth GIBSON	FR	#3	Iowa Central CC	1:02.60 OT	1/22
10	45	Jordan GALLENTINE	FR	#4	Hawkeye (Iowa) C	1:02.63c (1:03.46f)	1/28

Women's 600 Meters

1	1	Aliyah SIMMONS	SO	#2	Indian Hills (Iowa)	Q 1:32.42	1/14
2	2	Nickisha PRYCE	SO	#1	Iowa Western CC	Q 1:34.12 OT (1:24.03/60)	1/22
3	5	Shariden RICHARDSON	SO	#1	Iowa Western CC	Q 1:35.15 (1:24.95/60)	1/28
4	18	Jurnie HEMSLEY	FR	#8	Southeastern (Iov	1:40.24c (1:41.46f)	1/28
5	20	Kaylen PRYOR	FR	#2	Indian Hills (Iowa)	1:40.59 OT	12/4
6	22	Monique REMY	SO	#1	Iowa Western CC	1:41.54 OT (1:30.66/60)	1/22
7	29	Faith CLARK	SO	#11	Muskegon (Mich.)	1:45.75 OT	1/14
8	37	Allie SIMPSON	FR	#8	Southeastern (Iov	1:50.27c (1:51.62f)	1/21
9	39	Jade DURFEY	FR	#3	Iowa Central CC	1:51.38 OT	1/22
10	45	Kaitlyn KOENIG	SO	#5	Vincennes (Ind.)	1:57.08c (1:58.51f)	1/15

Women's 800 Meters

1	1	Aliyah SIMMONS	SO	#2	Indian Hills (Iowa)	Q 2:12.48 OT	1/22
2	6	Taylor MCCREEDY	FR	#3	Iowa Central CC	Q 2:22.01c (2:23.64f)	1/28
3	7	Chloe GARCIA GRAFING	FR	#3	Iowa Central CC	Q 2:22.11 OT	1/22
4	9	Emma HOINS	FR	#4	Hawkeye (Iowa) C	Q 2:23.10c (2:24.75f)	1/28
5	24	Bethany STACEY	FR	#1	Iowa Western CC	2:29.82 OT	1/22
6	33	Allie SIMPSON	FR	#8	Southeastern (Iov	2:33.40c (2:35.16f)	1/28
7	38	Mikayla PECKA	SO	#1	Iowa Western CC	2:35.03	1/28
8	39	Belle ADDUCI	FR	#9	DuPage (Ill.)	2:35.34	1/29
9	41	Elizabeth HUSSEY	FR	#1	Iowa Western CC	2:35.84	1/28
10	44	Brittany PAGE	FR	#5	Vincennes (Ind.)	2:37.70c (2:39.51f)	1/22

Women's 1000 Meters

1	3	Emma HOINS	FR	#4	Hawkeye (Iowa) C	Q 3:01.15c (3:03.12f)	1/28
2	5	Shariden RICHARDSON	SO	#1	Iowa Western CC	Q 3:06.63	1/14
3	7	Bethany STACEY	FR	#1	Iowa Western CC	Q 3:10.06	1/14
4	10	Chloe GARCIA GRAFING	FR	#3	Iowa Central CC	3:11.91	1/14
5	17	Kyra YOUNG	SO	#5	Vincennes (Ind.)	3:17.46	1/28
6	21	Shaunti LONGFELLOW	SO	#3	Iowa Central CC	3:22.15	1/14
7	24	Brittany PAGE	FR	#5	Vincennes (Ind.)	3:26.38	1/28
8	26	Josey FRENCH	FR	#1	Iowa Western CC	3:29.72c (3:32.01f)	1/8
9	28	Hope LAUGHLIN	FR	#5	Vincennes (Ind.)	3:34.69	1/28
10	29	Thalia THOMAS	SO	#8	Southeastern (Iov	3:36.55c (3:38.91f)	1/28

Women's Mile

1	1	Hilda CHEBET	FR	#1	Iowa Western CC	Q 5:04.56	1/28
2	4	Emma HOINS	FR	#4	Hawkeye (Iowa) C	Q 5:09.71c (5:12.77f)	1/21
3	6	Chloe GARCIA GRAFING	FR	#3	Iowa Central CC	Q 5:11.79c (5:14.87f)	1/28
4	9	Taylor MCCREEDY	FR	#3	Iowa Central CC	Q 5:21.37 OT	1/22
5	10	Mercy BIWOTT	FR	#1	Iowa Western CC	Q 5:21.64	1/28
6	13	Bethany STACEY	FR	#1	Iowa Western CC	5:24.45 OT	1/22
7	21	Lillan BUZANI	FR	#9	DuPage (Ill.)	5:33.22	1/29
8	31	Kyra YOUNG	SO	#5	Vincennes (Ind.)	5:40.84c (5:44.21f)	1/15
9	40	Brittany PAGE	FR	#5	Vincennes (Ind.)	5:56.69c (6:00.22f)	1/15
10	42	Shaunti LONGFELLOW	SO	#3	Iowa Central CC	5:57.57 OT	1/21

Women's 3000 Meters

1	4	Emma HOINS	FR	#4	Hawkeye (Iowa) C	Q 10:29.40	1/14
2	12	Taylor MCCREEDY	FR	#3	Iowa Central CC	11:03.95	1/14
3	17	Kyra YOUNG	SO	#5	Vincennes (Ind.)	11:11.25c (11:17.00f)	1/22
4	25	Monse CHAPULA	FR	#2	Indian Hills (Iowa)	11:34.35c (11:40.30f)	1/28
5	26	Zinash VALEN	FR	#3	Iowa Central CC	11:34.37	1/14
6	33	Isabelle MELLIN	FR	#2	Indian Hills (Iowa)	11:50.84 OT	1/22
7	34	Lizeth FLORES	FR	#2	Indian Hills (Iowa)	11:59.10 OT	1/22
8	41	Morgan KLAUS	FR	#2	Indian Hills (Iowa)	12:25.63c (12:32.02f)	1/28
9	44	Hope LAUGHLIN	FR	#5	Vincennes (Ind.)	12:32.78c (12:39.23f)	1/22
10	50	Kate MIRON	SO	#3	Iowa Central CC	12:51.31	1/14



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Midwest

Women's 5000 Meters

1	2	Mercy BIWOTT	FR	#1	Iowa Western CC	Q 17:54.46 OT	1/22
2	6	Taylor MCCREEDY	FR	#3	Iowa Central CC	Q 18:53.18 OT	1/21
3	13	Zinash VALEN	FR	#3	Iowa Central CC	19:59.81 OT	1/21
4	16	Mercy JEPNGETICH	FR	#3	Iowa Central CC	20:32.25 OT	1/21
5	18	Monse CHAPULA	FR	#2	Indian Hills (Iowa)	21:49.43c (21:59.45f) 1/28	
6	19	Morgan KLAUS	FR	#2	Indian Hills (Iowa)	23:19.05c (23:29.76f) 1/28	

Women's 60 Meter Hurdles

1	3	Osayi OMORODION	FR	#1	Iowa Western CC	Q 8.55	1/14
2	4	Dyandra GRAY	SO	#1	Iowa Western CC	Q 8.56	1/14
3	6	Adeyah BREWSTER	FR	#3	Iowa Central CC	Q 8.63	1/28
4	13	Peyton STEVA	SO	#2	Indian Hills (Iowa)	Q 8.86	12/4
5	15	Matayah NAYLOR	SO	#2	Indian Hills (Iowa)	Q 8.95	12/4
6	16	Antonia SEALY	FR	#1	Iowa Western CC	Q 9.00	1/8
7	25	Jade JACKSON	FR	#3	Iowa Central CC	9.55	1/22
8	26	Kylee NEIGHBORS	SO	#4	Hawkeye (Iowa) C	9.59	1/21
9	31	Holly HOEPNER	FR	#1	Iowa Western CC	9.77	1/22
10	36	Katelynn TROBAUGH	SO	#7	Sauk Valley (Ill.) C	9.97	1/29

Women's 4x400 Relay

1	4	https://www.tfrrs.org/teams/85621	#2	Indian Hills (Iowa)	Q 3:48.76 OT	1/22
2	6	https://www.tfrrs.org/teams/59718	#1	Iowa Western CC	Q 3:52.50 OT	1/22
3	10	https://www.tfrrs.org/teams/20051	#3	Iowa Central CC	4:08.12c (4:11.41f) 1/28	
4	11	https://www.tfrrs.org/teams/95006	#4	Hawkeye (Iowa) C	4:09.88c (4:13.19f) 1/28	
5	14	https://www.tfrrs.org/teams/98433	#7	Sauk Valley (Ill.) C	4:14.61c (4:17.99f) 1/21	
6	22	https://www.tfrrs.org/teams/708	#5	Vincennes (Ind.)	4:38.70c (4:42.40f) 1/22	

Women's 4x800 Relay

1	2	https://www.tfrrs.org/teams/708	#5	Vincennes (Ind.)	11:02.65	1/28
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Women's Distance Medley Relay

1	2	https://www.tfrrs.org/teams/59718	#1	Iowa Western CC	Q 12:39.42	1/28
2	9	https://www.tfrrs.org/teams/708	#5	Vincennes (Ind.)	14:21.28c (14:30.50f) 1/15	

Women's High Jump

1	1	Alliyah MCNEIL	SO	#1	Iowa Western CC	Q 1.77m 5-9¾	1/22
2	5	Haleigh HADLEY	FR	#2	Indian Hills (Iowa)	Q 1.65m 5-5	1/14
3	12	Kylee NEIGHBORS	SO	#4	Hawkeye (Iowa) C	1.57m 5-1¾	1/21
4	16	Antonia SEALY	FR	#1	Iowa Western CC	1.50m 4-11	1/8
4	16	Jordan SWENSON	FR	#10	North Iowa Area C	1.50m 4-11	1/21
4	16	Katie FERRIS	FR	#11	Muskegon (Mich.)	1.50m 4-11	1/21
7	21	Carlie HOPPE	SO	#4	Hawkeye (Iowa) C	1.48m 4-10¼	1/21
8	23	Cadence STANLEY	SO	#1	Iowa Western CC	1.46m 4-9½	1/22
9	27	Brianna OSTERSON	FR	#6	Southwestern (Iowa)	1.41m 4-7½	1/22
10	29	Calista POLK	FR	#10	North Iowa Area C	1.36m 4-5½	1/29

Women's Pole Vault

1	7	Mya MANGAN	FR	#9	DuPage (Ill.)	2.75m 9-¾	1/29
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Women's Long Jump

1	3	Osayi OMORODION	FR	#1	Iowa Western CC	Q 6.10m 20-¼	1/28
2	5	Alliyah MCNEIL	SO	#1	Iowa Western CC	Q 5.77m 18-11¼	1/28
3	11	Victory GEORGE	SO	#1	Iowa Western CC	Q 5.50m 18-½	1/28
4	15	Siby YAO	SO	#2	Indian Hills (Iowa)	5.41m 17-9	1/22
5	16	Antonia SEALY	FR	#1	Iowa Western CC	5.38m 17-8	1/28
6	19	Mattie JANSSEN	FR	#4	Hawkeye (Iowa) C	5.16m 16-11¼	1/15
7	22	Moselle PUNNI	SO	#1	Iowa Western CC	5.11m 16-9¼	1/28
8	31	Cadence STANLEY	SO	#1	Iowa Western CC	4.97m 16-3¾	1/28
9	33	Kylee NEIGHBORS	SO	#4	Hawkeye (Iowa) C	4.91m 16-1½	1/21
10	37	Kiley SANDERS	SO	#7	Sauk Valley (Ill.) C	4.84m 15-10½	1/29

Women's Triple Jump

1	1	Victory GEORGE	SO	#1	Iowa Western CC	Q 12.23m 40-1½	1/28
2	9	Siby YAO	SO	#2	Indian Hills (Iowa)	Q 11.22m 36-9¾	12/4
3	12	Moselle PUNNI	SO	#1	Iowa Western CC	10.71m 35-1¾	1/28
4	15	Nyadhol THICHOT	FR	#3	Iowa Central CC	10.50m 34-5½	1/22
5	19	Florence OMODAYO	FR	#6	Southwestern (Iowa)	10.20m 33-5¾	1/22
6	20	Sofia RUMBOLZ	FR	#7	Sauk Valley (Ill.) C	9.95m 32-7¾	1/29
7	21	Sadie LENZ	FR	#7	Sauk Valley (Ill.) C	9.91m 32-6¼	1/21

Women's Shot Put

1	9	Emma SEIDL	FR	#3	Iowa Central CC	11.97m 39-3¾	1/14
2	11	Allison FLANSCHA	SO	#4	Hawkeye (Iowa) C	11.91m 39-1	1/21
3	12	Lexi WOOD	FR	#3	Iowa Central CC	11.73m 38-6	1/22
4	14	Antonia SEALY	FR	#1	Iowa Western CC	11.58m 38-0	1/22
5	15	Molly VENTEICHER	FR	#6	Southwestern (Iowa)	11.55m 37-10¼	1/28
6	16	Victoria ADU	SO	#3	Iowa Central CC	11.50m 37-8¾	1/14
7	29	Elizabeth SEBERA	SO	#1	Iowa Western CC	10.89m 35-8¾	1/8
8	31	Lauren UPMEYER	FR	#1	Iowa Western CC	10.84m 35-6¾	1/28
9	33	Esther MENSAH	FR	#3	Iowa Central CC	10.70m 35-1¼	1/22
10	40	Kiana BEAN	SO	#1	Iowa Western CC	10.09m 33-1¼	1/22

Women's Weight Throw

1	1	Victoria ADU	SO	#3	Iowa Central CC	Q 17.50m 57-5	1/28
2	7	Elizabeth SEBERA	SO	#1	Iowa Western CC	14.39m 47-2½	1/28
3	15	Esther MENSAH	FR	#3	Iowa Central CC	13.31m 43-8	1/22
4	19	Khersa MORGAN	FR	#12	Bryant & Stratton	13.25m 43-5¾	1/15
5	21	Molly VENTEICHER	FR	#6	Southwestern (Iowa)	12.87m 42-2¾	1/22
6	30	Allison FLANSCHA	SO	#4	Hawkeye (Iowa) C	11.86m 38-11	1/28
7	33	Brenna PAULSON	SO	#10	North Iowa Area C	11.44m 37-6½	1/29
8	34	Lexi WOOD	FR	#3	Iowa Central CC	11.41m 37-5¼	1/22
9	35	Lauren UPMEYER	FR	#1	Iowa Western CC	11.37m 37-3¾	1/28
10	37	Emma SEIDL	FR	#3	Iowa Central CC	11.25m 36-11	1/28

Women's Pentathlon

1	1	Kylee NEIGHBORS	SO	#4	Hawkeye (Iowa) C	Q 2,943	1/21
2	2	Carlie HOPPE	SO	#4	Hawkeye (Iowa) C	Q 2,438	1/21
3	4	Mattie JANSSEN	FR	#4	Hawkeye (Iowa) C	Q 2,380	1/21
4	5	Brianna OSTERSON	FR	#6	Southwestern (Iowa)	Q 2,177	1/28



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West

Women's 60 Meters

1	2	Success UMUKORO	FR	#2	South Plains (Tex	Q	7.63c	(7.61A)	1/14
2	4	Ashantae BOLLERS	FR	#1	New Mexico JC	Q	7.65		1/29
3	18	Niesha BURGHER	SO	#4	Western Texas	Q	7.76c	(7.74A)	1/28
4	22	Kishawna WALLACE	SO	#1	New Mexico JC		7.79		1/29
5	29	Shanique ROWE	FR	#1	New Mexico JC		7.83		1/29
6	41	Ashyria SAVAGE	FR	#2	South Plains (Tex		8.00c	(7.98A)	1/14
7	42	Trinity WILLIAMS	FR	#5	Hinds (Miss.) CC		8.02		1/22
8	44	Kaitlyn DOYLE	FR	#3	Mesa (Ariz.) CC		8.04	(0.0)	1/22
9	46	Jada DAY	FR	#10	Meridian (Miss.) C		8.05		1/22
10	48	Tijuanique MORTON	FR	#1	New Mexico JC		8.06c	(8.04A)	1/21

Women's 200 Meters

1	1	Deshana SKEETE	FR	#1	New Mexico JC	Q	24.18c	(24.11A)	1/21
2	3	Ese AWUSA	FR	#1	New Mexico JC	Q	24.58c	(24.51A)	1/14
3	4	Success UMUKORO	FR	#2	South Plains (Tex	Q	24.64c	(24.57A)	1/21
4	6	Ashantae BOLLERS	FR	#1	New Mexico JC	Q	24.78c	(24.71A)	1/14
5	7	Niesha BURGHER	SO	#4	Western Texas	Q	24.80c	(24.73A)	1/28
6	29	Kaitlyn DOYLE	FR	#3	Mesa (Ariz.) CC		25.74 out	(0.0)	1/22
7	36	Kishawna WALLACE	SO	#1	New Mexico JC		25.98 OT		1/29
8	37	Kimeone MCLEOD	SO	#1	New Mexico JC		26.04 OT		1/29
9	38	Tijuanique MORTON	FR	#1	New Mexico JC		26.08c	(26.01A)	1/21
10	40	Corlasia SCOTT	FR	#2	South Plains (Tex		26.29c	(26.22A)	1/21

Women's 400 Meters

1	1	Deshana SKEETE	FR	#1	New Mexico JC	Q	55.41 OT		1/29
2	8	Calisha TAYLOR	FR	#1	New Mexico JC	Q	56.99 OT		1/29
3	12	Brooke GRAY	FR	#5	Hinds (Miss.) CC	Q	57.85		1/22
4	14	Diandrenique GAINES	FR	#5	Hinds (Miss.) CC		58.28		1/22
5	19	Michalilah VASSELL	FR	#1	New Mexico JC		59.10c	(58.99A)	1/21
6	22	Amaya PHILLIPS	SO	#2	South Plains (Tex		59.59c	(59.48A)	1/21
7	28	Jamelia SIMMONS	FR	#2	South Plains (Tex		1:00.46c	(1:00.35A)	1/21
8	29	Corlasia SCOTT	FR	#2	South Plains (Tex		1:00.75c	(1:00.64A)	1/14
9	31	Lazericka LOUIS	FR	#5	Hinds (Miss.) CC		1:00.89		1/22
10	32	Mikeibra MORRIS	FR	#5	Hinds (Miss.) CC		1:00.94		1/22

Women's 600 Meters

1	4	Maria SIMANCA	SO	#1	New Mexico JC	Q	1:34.29 OT	1:24.18/60	1/29
2	6	Shadae FINDLEY	SO	#4	Western Texas	Q	1:35.46	(1:25.23/60)	1/21
3	9	Sancia SMITH	FR	#4	Western Texas	Q	1:36.32		1/28
4	12	Camille LEWIS	FR	#2	South Plains (Tex	Q	1:37.06	(1:26.66/60)	1/21
5	13	Michalilah VASSELL	FR	#1	New Mexico JC	Q	1:37.59 OT	1:27.13/60	1/29
6	15	Calisha TAYLOR	FR	#1	New Mexico JC	Q	1:38.30	(1:27.76/60)	1/21
7	16	Brooke STRADLING	FR	#3	Mesa (Ariz.) CC	Q	1:39.72 out		1/22
8	17	Amaya PHILLIPS	SO	#2	South Plains (Tex	Q	1:40.03	(1:29.31/60)	1/14
9	21	Ciara BARDWELL	SO	#3	Mesa (Ariz.) CC		1:40.60 out		1/22
10	25	Nadine ROSE	SO	#1	New Mexico JC	Q	1:41.96 OT	1:31.03/60	1/29

Women's 800 Meters

1	3	Sancia SMITH	FR	#4	Western Texas	Q	2:15.90c	(2:16.29A)	1/21
2	4	Shadae FINDLEY	SO	#4	Western Texas	Q	2:16.42c	(2:16.81A)	1/28
3	12	Natalya BABCOCK	FR	#6	Southern Idaho	Q	2:23.96c	(2:24.64A)	1/28
4	15	Latifah PINNOCK	SO	#4	Western Texas		2:24.92c	(2:25.33A)	1/28
5	16	Camille LEWIS	FR	#2	South Plains (Tex		2:25.18c	(2:25.59A)	1/14
6	17	Cemore DONALD	FR	#2	South Plains (Tex		2:25.30c	(2:25.72A)	1/21
7	18	Lethogonolo MAGORO	FR	#1	New Mexico JC		2:25.97 OT		1/29
8	20	Latifah PENNOCK	SO	#4	Western Texas		2:28.29c	(2:28.71A)	1/14
9	21	Jaida LYLES	FR	#1	New Mexico JC		2:28.45c	(2:28.87A)	1/14
10	23	Bethany BLAKEY	FR	#6	Southern Idaho		2:29.06c	(2:29.77A)	1/28

Women's 1000 Meters

1	11	Jaida LYLES	FR	#1	New Mexico JC		3:11.94c	(3:12.49A)	1/14
2	13	Kate BROCKMAN	FR	#3	Mesa (Ariz.) CC		3:14.96 out		1/22
3	14	Latifah PENNOCK	SO	#4	Western Texas		3:16.36c	(3:16.92A)	1/14
4	15	Sarah BERTRY	SO	#1	New Mexico JC		3:16.75c	(3:17.31A)	1/14
5	16	Makayla ENGELHARDT	FR	#3	Mesa (Ariz.) CC		3:16.88 out		1/22
6	19	Ryan HEILIGER	FR	#8	Paradise Valley (A		3:18.99 out		1/22
7	20	Camille LEWIS	FR	#2	South Plains (Tex		3:19.44c	(3:20.01A)	1/14
8	23	Anna HARMON	FR	#3	Mesa (Ariz.) CC		3:26.18 out		1/22
9	32	Tanaeya JOHNSON	SO	#3	Mesa (Ariz.) CC		3:45.89 out		1/22
10	33	Kaelynn ASHLEY	FR	#8	Paradise Valley (A		3:48.48 out		1/22

Women's Mile

1	2	Natalya BABCOCK	FR	#6	Southern Idaho	Q	5:07.46c	(5:13.43A)	1/14
2	7	Jaida LYLES	FR	#1	New Mexico JC	Q	5:18.47 OT		1/29
3	8	Audrey CAMP	FR	#6	Southern Idaho	Q	5:20.44c	(5:26.66A)	1/14
4	15	Ashlyn WILLIS	FR	#6	Southern Idaho		5:25.61c	(5:31.93A)	1/28
5	16	Rushell JOHNSON	FR	#4	Western Texas		5:25.87c	(5:29.70A)	1/14
6	19	Sarah BERTRY	SO	#1	New Mexico JC		5:29.22c	(5:33.09A)	1/14
7	20	Makayla ENGELHARDT	FR	#3	Mesa (Ariz.) CC		5:32.94 out		1/22
8	22	Kate BROCKMAN	FR	#3	Mesa (Ariz.) CC		5:33.67 out		1/22
9	25	Teresa GALLEGOS	FR	#4	Western Texas		5:36.44c	(5:40.40A)	1/28
10	27	Bethany BLAKEY	FR	#6	Southern Idaho		5:39.36c	(5:45.95A)	1/14

Women's 3000 Meters

1	1	Damaris CHEWON	FR	#1	New Mexico JC	Q	10:18.10c	(10:25.64A)	1/21
2	3	Audrey CAMP	FR	#6	Southern Idaho	Q	10:28.44c	(10:42.15A)	1/28
3	6	Brooke REED	FR	#6	Southern Idaho	Q	10:49.37c	(11:03.53A)	1/28
4	7	Danielle BROW	FR	#6	Southern Idaho	Q	10:50.00c	(11:04.18A)	1/28
5	8	Sarah BERTRY	SO	#1	New Mexico JC	Q	10:52.72c	(11:00.68A)	1/21
6	9	Lydia FELIX	FR	#6	Southern Idaho		11:00.35c	(11:14.75A)	1/14
7	10	Ashley LAGAT	FR	#7	Trinidad State (Cc		11:01.18c	(11:17.87A)	1/29
8	13	Holly TSOSIE	FR	#7	Trinidad State (Cc		11:07.39c	(11:24.24A)	1/29
9	15	Taya BREWER	FR	#6	Southern Idaho		11:08.97c	(11:23.56A)	1/28
10	16	Sharon JESANG	SO	#7	Trinidad State (Cc		11:09.01c	(11:25.90A)	1/29



Regional TFRI Event Summary

as of 1/31/2022 10:25:05 AM

West

Women's 5000 Meters

1	1	Damaris CHEWON	FR	#1	New Mexico JC	Q	17:19.11 OT	1/29
2	4	Sarah BERTRY	SO	#1	New Mexico JC	Q	18:39.05 OT	1/29
3	5	Sharon JESANG	SO	#7	Trinidad State (Co	Q	18:46.29c (19:59.26fA)	12/11
4	9	Joan KIMALEL	FR	#1	New Mexico JC	Q	19:14.72 OT	1/29
5	12	Vanessa DOMINGUEZ	FR	#7	Trinidad State (Co	Q	19:36.87c (20:53.11fA)	12/11

Women's 60 Meter Hurdles

1	1	Kimeone MCLEOD	SO	#1	New Mexico JC	Q	8.40	1/29
2	2	Ese AWUSA	FR	#1	New Mexico JC	Q	8.45	1/29
3	5	Richara MCNEIL	SO	#1	New Mexico JC	Q	8.61	1/29
4	7	Jerricka AMBUS	FR	#5	Hinds (Miss.) CC	Q	8.64	1/22
5	8	Joniar THOMAS	FR	#2	South Plains (Tex	Q	8.69c (8.67A)	1/14
6	14	Amoy EDWARDS	FR	#1	New Mexico JC	Q	8.92c (8.90A)	1/21
7	19	Ashyiria SAVAGE	FR	#2	South Plains (Tex	Q	9.18c (9.16A)	1/14
8	20	Arryona SIMMONS	FR	#10	Meridian (Miss.) C	Q	9.23	1/14
9	21	Corlasia SCOTT	FR	#2	South Plains (Tex	Q	9.39c (9.37A)	1/21
10	22	Amaya PHILLIPS	SO	#2	South Plains (Tex	Q	9.44c (9.42A)	1/14

Women's 4x400 Relay

1	2	https://www.tfrs.org/teams/7933	#1	New Mexico JC	Q	3:47.09c (3:46.65A)	1/21
2	7	https://www.tfrs.org/teams/730	#2	South Plains (Tex	Q	3:54.45c (3:54.01A)	1/21
3	8	https://www.tfrs.org/teams/559	#5	Hinds (Miss.) CC	Q	3:56.74	1/22
4	12	https://www.tfrs.org/teams/656	#3	Mesa (Ariz.) CC	Q	4:10.07 out	1/22

Women's Distance Medley Relay

1	3	https://www.tfrs.org/teams/7933	#1	New Mexico JC	Q	12:39.49 OT	1/29
2	5	https://www.tfrs.org/teams/91664	#7	Trinidad State (Co	Q	13:35.55c (13:48.08A)	1/29

Women's High Jump

1	2	Breanna BROWN-MARSHALL	SO	#5	Hinds (Miss.) CC	Q	1.67m	5-5¾	1/22
1	2	Kayla JEMISON	FR	#5	Hinds (Miss.) CC	Q	1.67m	5-5¾	1/22
1	2	Aaliyah LINDSAY	FR	#1	New Mexico JC	Q	1.67m	5-5¾	1/29
4	7	Amaya BROWN	FR	#2	South Plains (Tex	Q	1.63m	5-4¼	1/21
5	22	Chloe WARREN	FR	#5	Hinds (Miss.) CC	Q	1.47m	4-9¾	1/22
6	24	Shay BERNAL	SO	#3	Mesa (Ariz.) CC	Q	1.45m	4-9	1/22

Women's Pole Vault

1	4	Alexa CONTRERAS	FR	#1	New Mexico JC	Q	3.05m	10-0	1/14
2	10	Anessa RODRIGUEZ	FR	#3	Mesa (Ariz.) CC	Q	2.55m	8-4¼	1/22

Women's Long Jump

1	1	Joniar THOMAS	FR	#2	South Plains (Tex	Q	6.21m	20-4½	1/14
2	4	Aaliyah LINDSAY	FR	#1	New Mexico JC	Q	5.95m	19-6¼	1/21
3	6	Amoy EDWARDS	FR	#1	New Mexico JC	Q	5.74m	18-10	1/29
4	9	Richara MCNEIL	SO	#1	New Mexico JC	Q	5.58m	18-3¾	1/29
5	10	Dejah FULLER	FR	#2	South Plains (Tex	Q	5.54m	18-2¼	1/21
6	14	Jamelia SIMMONS	FR	#2	South Plains (Tex	Q	5.42m	17-9½	1/21
7	28	Amaya BROWN	FR	#2	South Plains (Tex	Q	5.00m	16-5	1/21
8	32	MarieClaire ETON NTONGA	FR	#1	New Mexico JC	Q	4.94m	16-2½	1/29
9	39	Anessa RODRIGUEZ	FR	#3	Mesa (Ariz.) CC	Q	4.77m	15-7¾ (0.0)	1/22
10	59	Shay BERNAL	SO	#3	Mesa (Ariz.) CC	Q	4.13m	13-6¾ (0.0)	1/22

Women's Triple Jump

1	3	Aaliyah LINDSAY	FR	#1	New Mexico JC	Q	11.85m	38-10½	1/21
1	3	Dejah FULLER	FR	#2	South Plains (Tex	Q	11.85m	38-10½	1/21
3	7	Jayla BROWN	FR	#1	New Mexico JC	Q	11.46m	37-7¼	1/29
4	8	MarieClaire ETON NTONGA	FR	#1	New Mexico JC	Q	11.25m	36-11	1/29
5	10	Ahniesha PRESULUME	FR	#1	New Mexico JC	Q	11.11m	36-5½	1/29

Women's Shot Put

1	5	Karsten DEAKIN	FR	#3	Mesa (Ariz.) CC	Q	12.88m	42-3¼	1/22
2	21	Kimola HINES	FR	#2	South Plains (Tex	Q	11.13m	36-6¼	1/21
3	22	Julianna PEREZ	FR	#3	Mesa (Ariz.) CC	Q	11.12m	36-5¾	1/22
4	38	Isabelle BUHR	FR	#11	Dawson (Mont.) C	Q	10.32mA	33-10¼	1/21
5	54	Shay BERNAL	SO	#3	Mesa (Ariz.) CC	Q	8.76m	28-9	1/22
6	57	Kaprice FARACI	FR	#3	Mesa (Ariz.) CC	Q	8.57m	28-1½	1/22

Women's Weight Throw

1	12	Audrey ARMSTRONG	FR	#8	Paradise Valley (A	Q	13.71m	44-11¾	1/22
2	18	Karsten DEAKIN	FR	#3	Mesa (Ariz.) CC	Q	13.26m	43-6	1/22
3	23	Julianna PEREZ	FR	#3	Mesa (Ariz.) CC	Q	12.67m	41-7	1/22
4	42	Sarah SHEITELMAN	FR	#9	Glendale (Ariz.) C	Q	10.71m	35-1¾	1/22