*USTFCCCA NJCAA Indoor Track & Field*

# Regional TFRI Event Summary

*WOMEN — 2022 Week #5, February 21*

as of 2/21/2022 8:09:48 AM

## Atlantic

### Women's 60 Meters

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 15 | Abigail DYETT | FR | #1 | Monroe-New Roc | Q | 7.68 | | 1/7 |
| 2 | 60 | Tracy IDUGBOE | | #3 | Bryant & Stratton | | 8.03 | | 1/30 |
| 3 | 83 | Antonia BRANCATO | FR | #6 | Hudson Valley (N. | | 8.25 | | 1/29 |
| 4 | 96 | yanique WHITE | FR | #2 | Essex County (N.J | | 8.37 | | 1/15 |
| 5 | 99 | Farrah MILLER | FR | #1 | Monroe-New Roc | | 8.41 | | 2/19 |
| 6 | | Asharee THOMAS | | #3 | Bryant & Stratton | | 8.48 | | 1/30 |
| 7 | | Iveion SEABROOKS | FR | #4 | Mohawk Valley (N | | 8.55 | | 1/29 |
| 8 | | shania GLASGOW | FR | #2 | Essex County (N.J | | 8.61 | (7.99(55)) | 2/5 |
| 9 | | Sadia ABAKAR | FR | #4 | Mohawk Valley (N | | 8.72 | | 1/29 |
| 10 | | Moenae WASHINGTON | FR | #4 | Mohawk Valley (N | | 8.74 | | 2/18 |
| 10 | | Angre CATTOUSE | FR | #7 | Monroe-Bronx (N. | | 8.74 | | 2/4 |

### Women's 60 Meter Hurdles

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 27 | L'Tamra WEEKS | | #3 | Bryant & Stratton | | 9.30 | | 12/5 |
| 2 | 29 | yanique WHITE | FR | #2 | Essex County (N.J | | 9.43 | | 2/20 |
| 3 | 52 | Jelese ALEXANDER | FR | #2 | Essex County (N.J | | 10.17 | | 2/11 |

### Women's 200 Meters

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 49 | Chinenye ONUORAH | FR | #1 | Monroe-New Roc | | 25.97 | | 1/28 |
| 2 | 61 | Farrah MILLER | FR | #1 | Monroe-New Roc | | 26.39 | | 1/7 |
| 3 | 83 | Antonia BRANCATO | FR | #6 | Hudson Valley (N. | | 26.94c | (27.35f) | 1/29 |
| 4 | 86 | Jelese ALEXANDER | FR | #2 | Essex County (N.J | | 26.96c | (27.37f) | 2/5 |
| 5 | 100 | Asharee THOMAS | | #3 | Bryant & Stratton | | 27.47 | | 12/5 |
| 6 | | shania GLASGOW | FR | #2 | Essex County (N.J | | 27.57c | (27.99f) | 2/20 |
| 7 | | Angre CATTOUSE | FR | #7 | Monroe-Bronx (N. | | 28.53c | (28.97f) | 2/20 |
| 8 | | Moenae WASHINGTON | FR | #4 | Mohawk Valley (N | | 28.74c | (29.18f) | 2/5 |
| 9 | | Sadia ABAKAR | FR | #4 | Mohawk Valley (N | | 28.77c | (29.21f) | 2/18 |
| 10 | | Arafa DJOUMA | FR | #4 | Mohawk Valley (N | | 28.87c | (29.31f) | 2/18 |

### Women's 400 Meters

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 8 | Farrah MILLER | FR | #1 | Monroe-New Roc | Q | 56.39 | | 2/11 |
| 2 | 20 | Chinenye ONUORAH | FR | #1 | Monroe-New Roc | Q | 57.31 | | 1/28 |
| 3 | 59 | Tracy IDUGBOE | | #3 | Bryant & Stratton | | 1:01.11c | (1:01.92f) | 1/15 |
| 4 | 94 | Asharee THOMAS | | #3 | Bryant & Stratton | | 1:04.84 | | 12/5 |
| 5 | | yanique WHITE | FR | #2 | Essex County (N.J | | 1:06.47c | (1:07.35f) | 2/11 |
| 6 | | Arafa DJOUMA | FR | #4 | Mohawk Valley (N | | 1:06.68c | (1:07.56f) | 2/18 |
| 7 | | Pleasure MITCHELL | SO | #9 | Louisburg (N.C.) | | 1:10.16 | | 2/11 |
| 8 | | Cameron LYNCH | FR | #9 | Louisburg (N.C.) | | 1:10.24 | | 2/11 |
| 9 | | shania GLASGOW | FR | #2 | Essex County (N.J | | 1:12.86c | (1:13.82f) | 2/11 |
| 10 | | Elizabeth ERNO | FR | #6 | Hudson Valley (N. | | 1:26.83c | (1:27.98f) | 1/29 |

### Women's 600 Meters

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 17 | Farrah MILLER | FR | #1 | Monroe-New Roc | Q | 1:36.94 | (1:16.93(50 | 1/7 |
| 2 | 26 | Delverna BROMFIELD | FR | #2 | Essex County (N.J | | 1:40.93c | (1:42.16f) | 2/5 |
| 3 | 37 | thomyka VALCENT | FR | #2 | Essex County (N.J | | 1:43.39c | (1:44.65f) | 2/5 |
| 4 | 59 | kayla CHARLES | FR | #2 | Essex County (N.J | | 1:55.00 | (1:31.27(50 | 1/22 |
| 5 | 67 | Delaney BREWER | FR | #4 | Mohawk Valley (N | | 1:58.89c | (1:35.51(50 | 1/29 |

### Women's 800 Meters

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 2 | Aaliyah MOORE | FR | #1 | Monroe-New Roc | Q | 2:12.00 | | 2/11 |
| 2 | 3 | Farrah MILLER | FR | #1 | Monroe-New Roc | Q | 2:14.88 | | 2/11 |
| 3 | 19 | Megan THOMPSON | SO | #2 | Essex County (N.J | Q | 2:23.73c | (2:25.38f) | 2/5 |
| 4 | 32 | Delverna BROMFIELD | FR | #2 | Essex County (N.J | | 2:26.01c | (2:27.69f) | 2/20 |
| 5 | 56 | thomyka VALCENT | FR | #2 | Essex County (N.J | | 2:32.33c | (2:34.08f) | 2/11 |
| 6 | 61 | Leah LLOYD | FR | #5 | Finger Lakes (N.Y. | | 2:34.03c | (2:35.80f) | 1/22 |
| 7 | 76 | zoey-ann WINT | FR | #2 | Essex County (N.J | | 2:37.65c | (2:39.46f) | 2/11 |
| 8 | | Delaney BREWER | FR | #4 | Mohawk Valley (N | | 2:48.66c | (2:50.60f) | 1/29 |
| 9 | | L'Tamra WEEKS | SO | #3 | Bryant & Stratton | | 2:54.43 | | 2/6 |
| 10 | | Jelese ALEXANDER | FR | #2 | Essex County (N.J | | 2:56.07c | (2:58.10f) | 2/11 |

### Women's 1000 Meters

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 1 | Aaliyah MOORE | FR | #1 | Monroe-New Roc | Q | 2:51.52 | | 2/11 |
| 2 | 7 | Tshwanelo MARUPING | FR | #1 | Monroe-New Roc | Q | 3:01.30 | | 2/11 |
| 3 | 8 | Megan THOMPSON | SO | #2 | Essex County (N.J | Q | 3:05.82 | | 1/22 |
| 4 | 18 | Farrah MILLER | FR | #1 | Monroe-New Roc | Q | 3:10.26c | (3:12.33f) | 2/19 |
| 5 | 33 | thomyka VALCENT | FR | #2 | Essex County (N.J | | 3:16.44c | (3:18.58f) | 2/20 |
| 6 | 51 | zoey-ann WINT | FR | #2 | Essex County (N.J | | 3:25.69c | (3:27.93f) | 2/20 |

### Women's Mile

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 3 | Aaliyah MOORE | FR | #1 | Monroe-New Roc | Q | 5:09.01 | | 1/7 |
| 2 | 6 | Tshwanelo MARUPING | FR | #1 | Monroe-New Roc | Q | 5:11.23 | | 2/11 |
| 3 | 30 | Megan THOMPSON | SO | #2 | Essex County (N.J | | 5:30.31c | (5:33.58f) | 2/20 |
| 4 | 40 | Leah LLOYD | FR | #5 | Finger Lakes (N.Y. | | 5:37.67c | (5:41.01f) | 1/29 |
| 5 | 46 | zoey-ann WINT | FR | #2 | Essex County (N.J | | 5:48.42c | (5:51.86f) | 2/20 |
| 6 | | Olivia SKYLSTAD | FR | #6 | Hudson Valley (N. | | 6:31.35c | (6:35.22f) | 1/29 |
| 7 | | Hickory WHELAN | FR | #6 | Hudson Valley (N. | | 6:40.58c | (6:44.54f) | 1/29 |
| 8 | | Eva SGAMBETTERA | FR | #6 | Hudson Valley (N. | | 6:46.72c | (6:50.74f) | 1/29 |
| 9 | | Ellicia SWEDISH | FR | #6 | Hudson Valley (N. | | 6:52.98c | (6:57.06f) | 1/29 |
| 10 | | Jennifer WALIKE | SO | #4 | Mohawk Valley (N | | 8:56.57c | (9:01.88f) | 1/29 |

### Women's 3000 Meters

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 4 | Tshwanelo MARUPING | FR | #1 | Monroe-New Roc | Q | 10:18.41 | | 1/28 |
| 2 | 7 | Aaliyah MOORE | FR | #1 | Monroe-New Roc | Q | 10:33.21c | (10:38.63f) | 2/19 |
| 3 | 34 | Leah LLOYD | FR | #5 | Finger Lakes (N.Y. | | 11:26.14c | (11:32.02f) | 1/29 |
| 4 | 62 | zoey-ann WINT | FR | #2 | Essex County (N.J | | 12:09.97c | (12:16.22f) | 1/15 |
| 5 | 75 | Gabrielle MYERS | FR | #4 | Mohawk Valley (N | | 12:57.75c | (13:04.41f) | 2/5 |

### Women's 5000 Meters

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 45 | Gabrielle MYERS | FR | #4 | Mohawk Valley (N | | 22:45.20c | (22:55.65f) | 2/5 |
| 2 | 51 | Jennifer WALIKE | SO | #4 | Mohawk Valley (N | | 29:19.58c | (29:33.05f) | 2/5 |

### Women's 4x400 Relay

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 9 | https://www.tfrrs.org/teams/59475 | | #1 | Monroe-New Roc | Q | 3:58.17c | (4:01.33f) | 2/19 |
| 2 | 14 | https://www.tfrrs.org/teams/690 | | #2 | Essex County (N.J | | 4:10.75c | (4:14.07f) | 2/11 |
| 3 | 27 | https://www.tfrrs.org/teams/712 | | #4 | Mohawk Valley (N | | 4:38.37c | (4:42.06f) | 1/29 |
| 4 | 32 | https://www.tfrrs.org/teams/96697 | | #6 | Hudson Valley (N. | | 4:59.75c | (5:03.72f) | 1/29 |

*USTFCCCA NJCAA Indoor Track & Field*

# Regional TFRI Event Summary

***WOMEN — 2022 Week #5, February 21***

as of 2/21/2022 8:09:49 AM

## Atlantic

### *Women's 4x800 Relay*

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 1 | 5 | https://www.tfrrs.org/teams/690 | | #2 | Essex County (N.J | | 10:52.55 | | 1/14 |

### *Women's Distance Medley Relay*

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 1 | 1 | https://www.tfrrs.org/teams/59475 | | #1 | Monroe-New Roc | Q | 11:51.81 | | 1/30 |
| 2 | 12 | https://www.tfrrs.org/teams/690 | | #2 | Essex County (N.J | Q | 13:18.10 | | 2/11 |

### *Women's High Jump*

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 16 | Jelese ALEXANDER | FR | #2 | Essex County (N.J | | 1.57m | 5-1¾ | 2/5 |
| 1 | 16 | Josey REINEMAN | FR | #8 | Hagerstown (Md.) | | 1.57m | 5-1¾ | 2/11 |
| 3 | 47 | L'Tamra WEEKS | | #3 | Bryant & Stratton | | 1.40m | 4-7 | 1/15 |
| 4 | 53 | kayla CHARLES | FR | #2 | Essex County (N.J | | 1.35m | 4-5 | 1/15 |

### *Women's Pole Vault*

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 19 | Morgan WARD | FR | #5 | Finger Lakes (N.Y. | | 2.00m | 6-6¾ | 1/29 |

### *Women's Long Jump*

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 18 | Tracy IDUGBOE | FR | #3 | Bryant & Stratton | Q | 5.51m | 18-1 | 2/6 |
| 2 | 24 | L'Tamra WEEKS | SO | #3 | Bryant & Stratton | | 5.30m | 17-4¾ | 2/11 |
| 3 | 38 | Jelese ALEXANDER | FR | #2 | Essex County (N.J | | 5.09m | 16-8½ | 2/20 |
| 4 | 75 | Eliane ROBINSON | FR | #2 | Essex County (N.J | | 4.44m | 14-6¾ | 1/7 |
| 5 | 77 | Angre CATTOUSE | FR | #7 | Monroe-Bronx (N. | | 4.42m | 14-6 | 2/11 |
| 6 | 83 | Chyra PATTERSON | SO | #5 | Finger Lakes (N.Y. | | 4.31m | 14-1¾ | 1/22 |
| 7 | 86 | Ericka MOODY | FR | #5 | Finger Lakes (N.Y. | | 4.20m | 13-9½ | 1/22 |
| 8 | 90 | Ciena LENTZ | FR | #6 | Hudson Valley (N. | | 4.02m | 13-2¼ | 1/29 |
| 9 | 92 | Yasmin WASHINGTON | FR | #4 | Mohawk Valley (N | | 3.78m | 12-5 | 2/18 |

### *Women's Triple Jump*

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 7 | Tracy IDUGBOE | | #3 | Bryant & Stratton | Q | 11.66m | 38-3¼ | 12/5 |
| 2 | 16 | L'Tamra WEEKS | | #3 | Bryant & Stratton | Q | 11.10m | 36-5 | 12/5 |
| 3 | 21 | Jelese ALEXANDER | FR | #2 | Essex County (N.J | | 10.79m | 35-4¾ | 2/20 |
| 4 | 26 | Eliane ROBINSON | FR | #2 | Essex County (N.J | | 10.37m | 34-¼ | 1/22 |

### *Women's Shot Put*

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 21 | Kristin STICKDORN | FR | #1 | Monroe-New Roc | | 11.60m | 38-¾ | 2/11 |
| 2 | 56 | Morgan COLLAZO | FR | #5 | Finger Lakes (N.Y. | | 9.73m | 31-11¼ | 1/22 |
| 3 | 71 | Jelese ALEXANDER | FR | #2 | Essex County (N.J | | 8.89m | 29-2 | 2/11 |
| 4 | 77 | Gabrielle RILEY | FR | #1 | Monroe-New Roc | | 8.66m | 28-5 | 2/11 |
| 5 | 95 | Ericka MOODY | FR | #5 | Finger Lakes (N.Y. | | 7.62m | 25-0 | 1/22 |
| 6 | 98 | Cailynn PATTERSON | FR | #4 | Mohawk Valley (N | | 7.50m | 24-7¼ | 2/18 |
| 7 | | L'Tamra WEEKS | SO | #3 | Bryant & Stratton | | 7.05m | 23-1¾ | 2/6 |

### *Women's Weight Throw*

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 5 | Kristin STICKDORN | FR | #1 | Monroe-New Roc | Q | 15.44m | 50-8 | 2/11 |
| 2 | 40 | Gabrielle RILEY | FR | #1 | Monroe-New Roc | | 11.85m | 38-10½ | 1/21 |
| 3 | 60 | Skylar LENTZ | FR | #4 | Mohawk Valley (N | | 8.88m | 29-1¾ | 2/18 |

### *Women's Pentathlon*

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 19 | L'Tamra WEEKS | SO | #3 | Bryant & Stratton | Q | 2,696 | | 2/11 |

*USTFCCCA NJCAA Indoor Track & Field*

# Regional TFRI Event Summary

*WOMEN — 2022 Week #5, February 21*

as of 2/21/2022 8:09:49 AM

## Central

### Women's 60 Meters

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | | Reilly BAUGHMAN | FR | #1 | Mineral Area (Mo. | | 8.58 | | 1/28 |
| 1 | 1 | Kiara BROWN | FR | #7 | Butler (Kan.) CC | Q | 7.45 | | 1/29 |
| 2 | 6 | Yaria AKERS | FR | #3 | Fort Scott (Kan.) ( | Q | 7.58 | | 2/19 |
| 2 | | Brianna SANSOUCIE | FR | #1 | Mineral Area (Mo. | | 9.07 | | 1/28 |
| 3 | | Isabelle BRUCKERHOFF | FR | #1 | Mineral Area (Mo. | | 9.31 | (8.64(55)) | 2/18 |
| 3 | 9 | Miracle THOMPSON | FR | #1 | Cloud County (Ka | Q | 7.63 | | 2/19 |
| 4 | 10 | Sabrina DAVIS | SO | #9 | Allen (Kan.) CC | Q | 7.65 | | 1/29 |
| 5 | 13 | Toshel GOFFE | SO | #7 | Butler (Kan.) CC | Q | 7.66 | | 1/13 |
| 6 | 15 | Kailah GILMORE | FR | #3 | Fort Scott (Kan.) ( | Q | 7.68 | | 2/19 |
| 6 | 15 | Avagay MORRIS | SO | #12 | Coffeyville (Kan.) | Q | 7.68 | | 2/19 |
| 8 | 19 | Ariyonna BASTON | FR | #3 | Fort Scott (Kan.) ( | Q | 7.71 | | 1/22 |
| 9 | 23 | Kirstin JONES | SO | #7 | Butler (Kan.) CC | Q | 7.73 | | 1/29 |
| 9 | 23 | Kayly GUTHRIE | FR | #6 | Highland (Kan.) C | Q | 7.73 | | 1/30 |
| 9 | 23 | Shawnakay PEART | SO | #7 | Butler (Kan.) CC | Q | 7.73 | | 2/19 |

### Women's 60 Meter Hurdles

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 8 | Miracle THOMPSON | FR | #1 | Cloud County (Ka | Q | 8.57 | | 2/19 |
| 2 | 10 | Ashantae HARVEY | FR | #2 | Barton (Kan.) CC | Q | 8.76 | | 1/30 |
| 3 | 11 | Danae NEMBHARD | FR | #2 | Barton (Kan.) CC | Q | 8.78 | | 1/14 |
| 4 | 14 | Diondra WILBORN | FR | #10 | Garden City (Kan. | Q | 8.80 | | 1/30 |
| 5 | 16 | Ashanti HARVEY | SO | #2 | Barton (Kan.) CC | Q | 8.87 | | 2/19 |
| 6 | 20 | Calleisha CHANCE | SO | #6 | Highland (Kan.) C | Q | 9.04 | | 2/19 |
| 7 | 21 | Azriel CHADDERTON | SO | #8 | Colby (Kan.) CC | Q | 9.08 | | 2/19 |
| 8 | 23 | Machala HENGEN | FR | #11 | Dodge City (Kan.) | | 9.15 | | 2/19 |
| 9 | 30 | Vanessa MERCERA | FR | #1 | Cloud County (Ka | | 9.44 | | 2/19 |
| 10 | 33 | Patience HEATH | FR | #3 | Fort Scott (Kan.) ( | | 9.45 | | 2/19 |

### Women's 200 Meters

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | | Laine COTTRELL | FR | #1 | Mineral Area (Mo. | | 28.88c | (29.32f) | 1/28 |
| 1 | 1 | Kiara BROWN | FR | #7 | Butler (Kan.) CC | Q | 24.03 | | 2/4 |
| 2 | | Stephanie LATHAM | FR | #1 | Mineral Area (Mo. | | 29.85c | (30.31f) | 2/18 |
| 2 | 11 | Leonie BEU | FR | #1 | Cloud County (Ka | Q | 24.65 OT | | 2/19 |
| 3 | 15 | Ashantae HARVEY | FR | #2 | Barton (Kan.) CC | Q | 24.71 OT | | 2/19 |
| 4 | 16 | Ariyonna BASTON | FR | #3 | Fort Scott (Kan.) ( | Q | 24.81 OT | | 2/19 |
| 5 | 17 | Shawnakay PEART | SO | #7 | Butler (Kan.) CC | Q | 24.88 | | 2/4 |
| 6 | 19 | Isila APKUP | FR | #1 | Cloud County (Ka | Q | 24.89 | | 2/10 |
| 7 | 20 | Charleyanse HOWARD | FR | #3 | Fort Scott (Kan.) ( | Q | 24.92 OT | | 2/19 |
| 8 | 21 | Jayda JONES | FR | #3 | Fort Scott (Kan.) ( | | 25.04 | | 1/28 |
| 9 | 26 | Damazvia DAMES | FR | #3 | Fort Scott (Kan.) ( | | 25.27 OT | | 2/11 |
| 10 | 27 | Jayda DILLON | SO | #2 | Barton (Kan.) CC | | 25.44 | | 2/11 |

### Women's 400 Meters

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 100 | Laine COTTRELL | FR | #1 | Mineral Area (Mo. | | 1:05.54c | (1:06.41f) | 2/18 |
| 1 | 1 | Vimbayi | FR | #1 | Cloud County (Ka | Q | 54.65 OT | | 2/19 |
| 2 | 3 | Ashantae HARVEY | FR | #2 | Barton (Kan.) CC | Q | 55.26 | | 2/11 |
| 3 | 4 | Kiara BROWN | FR | #7 | Butler (Kan.) CC | Q | 55.28 OT | | 2/19 |
| 4 | 7 | Leonie BEU | FR | #1 | Cloud County (Ka | Q | 56.38 OT | | 2/19 |
| 5 | 11 | Naiya MORGAN | FR | #2 | Barton (Kan.) CC | Q | 56.89 | | 2/11 |
| 6 | 12 | Kirstin JONES | SO | #7 | Butler (Kan.) CC | Q | 56.93 | | 1/14 |
| 7 | 15 | Ann DANGHA | SO | #7 | Butler (Kan.) CC | Q | 57.06 OT | | 2/19 |
| 8 | 17 | Lashanna GRAHAM | SO | #2 | Barton (Kan.) CC | Q | 57.10 OT | | 2/19 |
| 9 | 22 | Pamela MILANO | SO | #1 | Cloud County (Ka | Q | 57.52 | | 2/10 |
| 10 | 24 | Isila APKUP | FR | #1 | Cloud County (Ka | Q | 57.61 OT | | 2/19 |

### Women's 600 Meters

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 2 | Pamela MILANO | SO | #1 | Cloud County (Ka | Q | 1:33.34 OT | | 2/19 |
| 2 | 8 | Kayan GREEN | SO | #2 | Barton (Kan.) CC | Q | 1:34.22 | (1:24.12(60 | 1/21 |
| 3 | 13 | Leonie BEU | FR | #1 | Cloud County (Ka | Q | 1:35.69 | | 1/14 |
| 4 | 15 | Vimbayi | FR | #1 | Cloud County (Ka | Q | 1:36.23 OT | | 1/30 |
| 5 | 19 | Lashanna GRAHAM | SO | #2 | Barton (Kan.) CC | Q | 1:37.87 OT | | 1/30 |
| 6 | 21 | Sicely JACKSON | FR | #1 | Cloud County (Ka | Q | 1:39.15 OT | | 2/19 |
| 7 | 22 | Jada SNEED | FR | #3 | Fort Scott (Kan.) ( | Q | 1:39.47 OT | | 2/19 |
| 8 | 27 | Ann DANGHA | SO | #7 | Butler (Kan.) CC | | 1:40.99 OT | | 2/19 |
| 9 | 28 | Alisha DORIS | FR | #3 | Fort Scott (Kan.) ( | | 1:41.21 OT | (1:30.36(60 | 2/4 |
| 10 | 29 | Deborah LOWE | FR | #2 | Barton (Kan.) CC | | 1:41.41 OT | | 2/19 |

### Women's 800 Meters

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 7 | Pamela MILANO | SO | #1 | Cloud County (Ka | Q | 2:16.49 | | 2/4 |
| 1 | | Rachel WILSON | FR | #1 | Mineral Area (Mo. | | 2:47.18c | (2:49.10f) | 2/18 |
| 2 | 12 | Passion CREWS | FR | #1 | Cloud County (Ka | Q | 2:20.34 | | 2/4 |
| 3 | 15 | Abigail FISHER | FR | #1 | Cloud County (Ka | Q | 2:22.17 | | 2/4 |
| 4 | 16 | Abigail PINNOCK | FR | #4 | Cowley (Kan.) | Q | 2:22.64 OT | | 1/30 |
| 5 | 18 | Lashanna GRAHAM | SO | #2 | Barton (Kan.) CC | Q | 2:23.47c | (2:23.88A) | 1/21 |
| 6 | 20 | Sicely JACKSON | FR | #1 | Cloud County (Ka | Q | 2:23.84 | | 2/10 |
| 7 | 23 | Melody OCHANA | FR | #1 | Cloud County (Ka | Q | 2:24.14 | | 1/14 |
| 8 | 27 | Ludjenie MONDESIR | FR | #1 | Cloud County (Ka | | 2:24.71 | | 1/22 |
| 9 | 33 | Karol PADILLA | FR | #11 | Dodge City (Kan.) | | 2:26.78c | (2:29.19u) | 2/12 |
| 10 | 36 | Angelica BERNAL | FR | #3 | Fort Scott (Kan.) ( | | 2:27.45 OT | | 2/11 |

### Women's 1000 Meters

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 3 | Kayan GREEN | SO | #2 | Barton (Kan.) CC | Q | 2:57.42 OT | | 1/30 |
| 2 | 12 | Ludjenie MONDESIR | FR | #1 | Cloud County (Ka | Q | 3:08.21 OT | | 2/19 |
| 3 | 16 | Melody OCHANA | FR | #1 | Cloud County (Ka | Q | 3:09.53 | | 1/14 |
| 4 | 21 | Abigail FISHER | FR | #1 | Cloud County (Ka | | 3:11.00 | | 1/14 |
| 5 | 23 | Louise COCKING | FR | #5 | Hutchinson (Kan. | | 3:12.01 OT | | 1/30 |
| 6 | 24 | Karol PADILLA | FR | #11 | Dodge City (Kan.) | | 3:12.71 OT | | 2/19 |
| 7 | 27 | Noel HIDALGO | FR | #5 | Hutchinson (Kan. | | 3:14.06 OT | | 2/19 |
| 8 | 31 | Cheyenne CORBITT | FR | #3 | Fort Scott (Kan.) ( | | 3:16.21 OT | | 2/4 |
| 9 | 39 | Angelica BERNAL | FR | #3 | Fort Scott (Kan.) ( | | 3:19.14 OT | | 2/19 |
| 10 | 44 | Nevaeh PANTOJA | FR | #9 | Allen (Kan.) CC | | 3:23.08 OT | | 2/19 |

*USTFCCCA NJCAA Indoor Track & Field*

# Regional TFRI Event Summary

***WOMEN — 2022 Week #5, February 21***

as of 2/21/2022 8:09:49 AM

## Central

### Women's Mile

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 1 | 11 | Melody OCHANA | FR | #1 | Cloud County (Ka | Q | 5:17.28 OT | 2/19 |
| 1 | 55 | Haley HERNANDEZ | FR | #1 | Mineral Area (Mo. | | 5:53.60c (5:57.10f) | 2/18 |
| 2 | 13 | Louise COCKING | FR | #5 | Hutchinson (Kan. | Q | 5:19.22 OT | 2/19 |
| 2 | 78 | Rachel WILSON | FR | #1 | Mineral Area (Mo. | | 6:07.82c (6:11.46f) | 2/18 |
| 3 | 17 | Regan HODSDEN | SO | #8 | Colby (Kan.) CC | | 5:21.79 | 1/14 |
| 4 | 19 | Shareen CHERUIYOT | FR | #10 | Garden City (Kan. | | 5:22.47 OT | 2/19 |
| 5 | 25 | Noel HIDALGO | FR | #5 | Hutchinson (Kan. | | 5:26.40 OT | 1/30 |
| 6 | 26 | Ludjenie MONDESIR | FR | #1 | Cloud County (Ka | | 5:28.08 OT | 2/19 |
| 7 | 28 | Kayan GREEN | SO | #2 | Barton (Kan.) CC | | 5:29.03 | 1/14 |
| 8 | 32 | Lucy NDUNGU | FR | #1 | Cloud County (Ka | | 5:31.09 OT | 2/19 |
| 9 | 35 | Karissa GLOVER | FR | #4 | Cowley (Kan.) | | 5:31.94c (5:35.22f) | 2/4 |
| 10 | 37 | Elka BILLINGS | SO | #9 | Allen (Kan.) CC | | 5:34.09 OT | 1/30 |

### Women's 3000 Meters

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 1 | 44 | Haley HERNANDEZ | FR | #1 | Mineral Area (Mo. | | 11:47.24c (11:53.30f) | 2/18 |
| 1 | 8 | Regan HODSDEN | SO | #8 | Colby (Kan.) CC | Q | 10:34.47 OT | 2/4 |
| 2 | 64 | Laura MADDOX | FR | #1 | Mineral Area (Mo. | | 12:16.84c (12:23.15f) | 2/18 |
| 2 | 10 | Louise COCKING | FR | #5 | Hutchinson (Kan. | Q | 10:36.98 | 1/22 |
| 3 | 12 | Ludjenie MONDESIR | FR | #1 | Cloud County (Ka | Q | 10:38.53 | 2/4 |
| 4 | 14 | Melody OCHANA | FR | #1 | Cloud County (Ka | Q | 10:44.09 OT | 2/19 |
| 5 | 20 | Valentine LAGAT | FR | #10 | Garden City (Kan. | Q | 10:51.75 OT | 2/19 |
| 6 | 22 | Karissa GLOVER | FR | #4 | Cowley (Kan.) | Q | 10:53.17 OT | 2/19 |
| 7 | 23 | Lucy NDUNGU | FR | #1 | Cloud County (Ka | | 10:54.08 OT | 2/19 |
| 8 | 25 | Cynthia DELAPAZ | FR | #11 | Dodge City (Kan.) | | 10:55.95 OT | 2/19 |
| 9 | 26 | Kristen WILSON | FR | #4 | Cowley (Kan.) | | 11:02.32 OT | 2/19 |
| 10 | 27 | Elka BILLINGS | SO | #9 | Allen (Kan.) CC | | 11:02.58 OT | 1/30 |

### Women's 5000 Meters

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 1 | 5 | Regan HODSDEN | SO | #8 | Colby (Kan.) CC | Q | 18:25.58 | 1/28 |
| 1 | 25 | Haley HERNANDEZ | FR | #1 | Mineral Area (Mo. | | 19:57.99c (20:07.16f) | 2/12 |
| 2 | 6 | Lucy NDUNGU | FR | #1 | Cloud County (Ka | Q | 18:30.14 OT | 2/19 |
| 3 | 14 | Louise COCKING | FR | #5 | Hutchinson (Kan. | Q | 18:56.51 OT | 1/30 |
| 4 | 15 | Valentine LAGAT | FR | #10 | Garden City (Kan. | Q | 18:57.08 OT | 2/19 |
| 5 | 17 | Kristen WILSON | FR | #4 | Cowley (Kan.) | Q | 19:03.42 OT | 2/19 |
| 6 | 18 | Elka BILLINGS | SO | #9 | Allen (Kan.) CC | Q | 19:010.00 OT | 2/4 |
| 7 | 20 | Cierra NORD | SO | #8 | Colby (Kan.) CC | Q | 19:13.89 OT | 2/19 |
| 8 | 22 | Cynthia DELAPAZ | FR | #11 | Dodge City (Kan.) | Q | 19:16.05 OT | 1/30 |
| 9 | 23 | Karissa GLOVER | FR | #4 | Cowley (Kan.) | | 19:20.76 OT | 2/19 |
| 10 | 24 | Ursula BILLINGS | FR | #9 | Allen (Kan.) CC | | 19:49.99 OT | 2/19 |

### Women's 4x400 Relay

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 1 | 1 | https://www.tfrrs.org /teams/537 | #2 | Barton (Kan.) CC | Q | 3:42.51 | 2/11 |
| 2 | 5 | https://www.tfrrs.org /teams/545 | #1 | Cloud County (Ka | Q | 3:47.24 OT | 1/30 |
| 3 | 7 | https://www.tfrrs.org /teams/541 | #7 | Butler (Kan.) CC | Q | 3:51.61 | 1/14 |
| 4 | 10 | https://www.tfrrs.org /teams/8048 | #3 | Fort Scott (Kan.) C | Q | 3:58.71 OT | 2/19 |
| 5 | 15 | https://www.tfrrs.org /teams/549 | #8 | Colby (Kan.) CC | | 4:11.40 OT | 2/19 |
| 6 | 16 | https://www.tfrrs.org /teams/551 | #10 | Garden City (Kan. | | 4:13.15 OT | 2/19 |
| 7 | 17 | https://www.tfrrs.org /teams/678 | #11 | Dodge City (Kan.) | | 4:14.45 OT | 2/19 |
| 8 | 20 | https://www.tfrrs.org /teams/660 | #9 | Allen (Kan.) CC | | 4:17.57 OT | 2/19 |
| 9 | 21 | https://www.tfrrs.org /teams/4654 | #4 | Cowley (Kan.) | | 4:20.83 OT | 2/19 |
| 10 | 22 | https://www.tfrrs.org /teams/978 | #5 | Hutchinson (Kan. | | 4:20.95 OT | 2/19 |

### Women's 4x800 Relay

| | | | | | | |
|---|---|---|---|---|---|---|
| 1 | 1 | https://www.tfrrs.org /teams/660 | #9 | Allen (Kan.) CC | 10:30.33 OT | 2/19 |
| 2 | 2 | https://www.tfrrs.org /teams/4654 | #4 | Cowley (Kan.) | 10:35.18 OT | 2/19 |
| 3 | 4 | https://www.tfrrs.org /teams/992 | #13 | Neosho County (K | 10:50.40 OT | 2/19 |
| 4 | 6 | https://www.tfrrs.org /teams/978 | #5 | Hutchinson (Kan. | 10:57.30 OT | 2/19 |
| 5 | 9 | https://www.tfrrs.org /teams/547 | #12 | Coffeyville (Kan.) | 11:45.24 OT | 2/19 |
| 6 | 10 | https://www.tfrrs.org /teams/551 | #10 | Garden City (Kan. | 11:56.78 OT | 2/19 |

### Women's Distance Medley Relay

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 1 | 6 | https://www.tfrrs.org /teams/545 | #1 | Cloud County (Ka | Q | 12:44.07 OT | 1/30 |
| 2 | 8 | https://www.tfrrs.org /teams/978 | #5 | Hutchinson (Kan. | Q | 12:59.96 OT | 2/19 |
| 3 | 10 | https://www.tfrrs.org /teams/4654 | #4 | Cowley (Kan.) | Q | 13:13.86 OT | 2/19 |
| 4 | 11 | https://www.tfrrs.org /teams/8048 | #3 | Fort Scott (Kan.) C | Q | 13:14.34 OT | 2/19 |
| 5 | 13 | https://www.tfrrs.org /teams/678 | #11 | Dodge City (Kan.) | | 13:29.21 OT | 2/19 |
| 6 | 16 | https://www.tfrrs.org /teams/660 | #9 | Allen (Kan.) CC | | 14:04.29 OT | 1/30 |
| 7 | 19 | https://www.tfrrs.org /teams/992 | #13 | Neosho County (K | | 14:21.57 OT | 2/11 |
| 8 | 20 | https://www.tfrrs.org /teams/551 | #10 | Garden City (Kan. | | 14:28.99 OT | 2/19 |
| 9 | 21 | https://www.tfrrs.org /teams/541 | #7 | Butler (Kan.) CC | | 14:40.57 OT | 2/19 |
| 10 | 23 | https://www.tfrrs.org /teams/547 | #12 | Coffeyville (Kan.) | | 20:42.73 OT | 2/19 |

*USTFCCCA NJCAA Indoor Track & Field*

# Regional TFRI Event Summary

***WOMEN — 2022 Week #5, February 21***

as of 2/21/2022 8:09:49 AM

## Central

### Women's High Jump

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 5 | Nia ROBINSON | SO | #2 | Barton (Kan.) CC | Q | 1.67m | 5-5¾ | 2/11 |
| 2 | 9 | Vanessa MERCERA | FR | #1 | Cloud County (Ka | Q | 1.65m | 5-5 | 1/14 |
| 2 | 9 | Dayjahney HIBBERT | FR | #6 | Highland (Kan.) C | Q | 1.65m | 5-5 | 2/19 |
| 4 | 11 | Calleisha CHANCE | SO | #6 | Highland (Kan.) C | Q | 1.63m | 5-4¼ | 2/19 |
| 5 | 12 | LaShae' SMITH | FR | #4 | Cowley (Kan.) | Q | 1.60m | 5-3 | 1/30 |
| 6 | 18 | Faithlyn IRVING | FR | #1 | Cloud County (Ka | | 1.56m | 5-1¼ | 2/4 |
| 7 | 20 | Mariah MEBRUER | FR | #14 | State Fair (Mo.) | | 1.55m | 5-1 | 12/4 |
| 7 | 20 | Damazvia DAMES | FR | #3 | Fort Scott (Kan.) ( | | 1.55m | 5-1 | 1/28 |
| 9 | 27 | Achai AROP | SO | #12 | Coffeyville (Kan.) | | 1.54m | 5-½ | 2/11 |
| 10 | 37 | Gabi UNRUH | FR | #5 | Hutchinson (Kan. | | 1.47m | 4-9¾ | 2/4 |

### Women's Pole Vault

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 1 | Arantxa CORTEZ | FR | #4 | Cowley (Kan.) | Q | 3.51m | 11-6¼ | 2/11 |
| 2 | 4 | Maggie ARMSTRONG | FR | #1 | Cloud County (Ka | Q | 3.20m | 10-6 | 1/30 |
| 3 | 5 | Kiana BROWN | SO | #5 | Hutchinson (Kan. | Q | 3.15m | 10-4 | 1/22 |
| 4 | 6 | Mia MANLEY | FR | #1 | Cloud County (Ka | Q | 3.06m | 10-½ | 2/4 |
| 5 | 10 | Violet MARTINEZ | SO | #5 | Hutchinson (Kan. | Q | 3.00m | 9-10 | 2/19 |
| 6 | 12 | Channa HINES | SO | #4 | Cowley (Kan.) | | 2.91m | 9-6½ | 2/4 |
| 7 | 13 | McKenna JAGELS | FR | #10 | Garden City (Kan. | | 2.80m | 9-2¼ | 1/30 |
| 8 | 18 | Jacie CARSON | FR | #4 | Cowley (Kan.) | | 2.40m | 7-10½ | 1/30 |

### Women's Long Jump

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 68 | Stephanie LATHAM | FR | #1 | Mineral Area (Mo. | | 4.51m | 14-9¾ | 1/28 |
| 1 | 2 | Nia ROBINSON | SO | #2 | Barton (Kan.) CC | Q | 6.17m | 20-3 | 1/21 |
| 2 | 85 | Brianna SANSOUCIE | FR | #1 | Mineral Area (Mo. | | 4.21m | 13-9¾ | 2/18 |
| 2 | 9 | Patience HEATH | FR | #3 | Fort Scott (Kan.) ( | Q | 5.72m | 18-9¼ | 1/22 |
| 3 | 10 | Kailah GILMORE | FR | #3 | Fort Scott (Kan.) ( | Q | 5.71m | 18-8¾ | 1/14 |
| 3 | 93 | Isabelle BRUCKERHOFF | FR | #1 | Mineral Area (Mo. | | 3.67m | 12-½ | 2/12 |
| 4 | 12 | Ida SEESAY | FR | #2 | Barton (Kan.) CC | Q | 5.64m | 18-6 | 2/19 |
| 5 | 13 | Calleisha CHANCE | SO | #6 | Highland (Kan.) C | Q | 5.63m | 18-5¾ | 2/12 |
| 6 | 14 | Damazvia DAMES | FR | #3 | Fort Scott (Kan.) ( | Q | 5.56m | 18-3 | 2/19 |
| 7 | 16 | Brittania INGRAM | FR | #2 | Barton (Kan.) CC | Q | 5.53m | 18-1¾ | 2/11 |
| 8 | 19 | Princess BROWNE | SO | #8 | Colby (Kan.) CC | | 5.45m | 17-10¾ | 2/19 |
| 8 | 19 | Vanessa MERCERA | FR | #1 | Cloud County (Ka | | 5.45m | 17-10¾ | 1/22 |
| 10 | 22 | Faithlyn IRVING | FR | #1 | Cloud County (Ka | | 5.36m | 17-7 | 2/19 |

### Women's Triple Jump

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 31 | Stephanie LATHAM | FR | #1 | Mineral Area (Mo. | | 9.56m | 31-4½ | 1/28 |
| 1 | 2 | Nia ROBINSON | SO | #2 | Barton (Kan.) CC | Q | 12.41m | 40-8¾ | 2/19 |
| 2 | 33 | Brianna SANSOUCIE | FR | #1 | Mineral Area (Mo. | | 9.03m | 29-7½ | 2/12 |
| 2 | 3 | Damazvia DAMES | FR | #3 | Fort Scott (Kan.) ( | Q | 12.05m | 39-6½ | 2/19 |
| 3 | 6 | Faithlyn IRVING | FR | #1 | Cloud County (Ka | Q | 11.67m | 38-3½ | 1/22 |
| 4 | 10 | Brittania INGRAM | FR | #2 | Barton (Kan.) CC | Q | 11.41m | 37-5¼ | 2/19 |
| 5 | 12 | Princess BROWNE | SO | #8 | Colby (Kan.) CC | Q | 11.36m | 37-3¼ | 2/12 |
| 6 | 17 | Ida SEESAY | FR | #2 | Barton (Kan.) CC | | 10.99m | 36-¾ | 2/19 |
| 7 | 18 | Jasmine CARSON | FR | #2 | Barton (Kan.) CC | | 10.93m | 35-10½ | 1/30 |
| 8 | 24 | Abby RUESCHHOFF | FR | #4 | Cowley (Kan.) | | 10.62m | 34-10¼ | 2/11 |
| 9 | 27 | Reanna GREEN | FR | #1 | Cloud County (Ka | | 10.35m | 33-11½ | 1/14 |
| 10 | 32 | Emme WATKINS | FR | #5 | Hutchinson (Kan. | | 9.49m | 31-1¾ | 2/4 |

### Women's Shot Put

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 69 | Molly GEARHART | FR | #1 | Mineral Area (Mo. | | 8.91m | 29-2¾ | 2/18 |
| 1 | 1 | Kelsie MURRELL-ROSS | FR | #2 | Barton (Kan.) CC | Q | 15.04m | 49-4¼ | 1/21 |
| 2 | 2 | Santornya RALLIFORD | SO | #6 | Highland (Kan.) C | Q | 14.27m | 46-10 | 1/22 |
| 2 | | Reilly BAUGHMAN | FR | #1 | Mineral Area (Mo. | | 7.06m | 23-2 | 1/28 |
| 3 | 3 | Jazmyn JAMES | FR | #6 | Highland (Kan.) C | Q | 13.85m | 45-5¼ | 1/30 |
| 4 | 4 | Jada SEWELL | SO | #2 | Barton (Kan.) CC | Q | 13.14m | 43-1½ | 1/30 |
| 5 | 5 | Shakera WILLIAMS | FR | #6 | Highland (Kan.) C | Q | 12.89m | 42-3½ | 2/4 |
| 6 | 7 | Hollie STEWART | FR | #1 | Cloud County (Ka | Q | 12.83m | 42-1¼ | 2/19 |
| 7 | 8 | Savannah ADAMS | FR | #8 | Colby (Kan.) CC | Q | 12.34m | 40-6 | 2/19 |
| 8 | 9 | Efe LATHAM | FR | #2 | Barton (Kan.) CC | Q | 12.28m | 40-3½ | 2/19 |
| 9 | 14 | Shonase COLLINS | FR | #12 | Coffeyville (Kan.) | | 12.02m | 39-5¼ | 2/11 |
| 10 | 19 | Saqqary BAKER | SO | #8 | Colby (Kan.) CC | | 11.71m | 38-5 | 2/19 |

### Women's Weight Throw

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 2 | Santornya RALLIFORD | SO | #6 | Highland (Kan.) C | Q | 15.88m | 52-1¼ | 2/12 |
| 2 | 4 | Tahisha THOMPSON | FR | #1 | Cloud County (Ka | Q | 15.49m | 50-10 | 1/22 |
| 3 | 6 | Jada SEWELL | SO | #2 | Barton (Kan.) CC | Q | 15.05m | 49-4½ | 2/19 |
| 4 | 7 | Efe LATHAM | FR | #2 | Barton (Kan.) CC | Q | 15.03m | 49-3¾ | 1/30 |
| 5 | 8 | Kayla MCCLELLAN | FR | #4 | Cowley (Kan.) | Q | 14.95m | 49-¾ | 2/4 |
| 6 | 9 | Saqqary BAKER | SO | #8 | Colby (Kan.) CC | Q | 14.94m | 49-¼ | 2/19 |
| 7 | 11 | Bernesha KNOWLES | FR | #4 | Cowley (Kan.) | Q | 14.82m | 48-7½ | 2/19 |
| 8 | 13 | Naliyah LANDRUM | FR | #12 | Coffeyville (Kan.) | | 14.60m | 47-10¾ | 2/19 |
| 9 | 15 | Kyra CHOICE | FR | #4 | Cowley (Kan.) | | 14.20m | 46-7¼ | 2/11 |
| 10 | 16 | Kelsie MURRELL-ROSS | FR | #2 | Barton (Kan.) CC | | 14.17m | 46-6 | 1/30 |

### Women's Pentathlon

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 2 | Vanessa MERCERA | FR | #1 | Cloud County (Ka | Q | 3,218 | | 2/19 |
| 2 | 6 | Calleisha CHANCE | SO | #6 | Highland (Kan.) C | Q | 2,986 | | 2/19 |
| 3 | 10 | Damazvia DAMES | FR | #3 | Fort Scott (Kan.) ( | Q | 2,902 | | 2/19 |
| 4 | 11 | Deborah LOWE | FR | #2 | Barton (Kan.) CC | Q | 2,888 | | 2/19 |
| 5 | 13 | Faithlyn IRVING | FR | #1 | Cloud County (Ka | Q | 2,828 | | 2/4 |
| 6 | 15 | Patience HEATH | FR | #3 | Fort Scott (Kan.) ( | Q | 2,777 | | 2/19 |
| 7 | 18 | LaShae' SMITH | FR | #4 | Cowley (Kan.) | Q | 2,714 | | 2/4 |
| 8 | 23 | Sicely JACKSON | FR | #1 | Cloud County (Ka | Q | 2,530 | | 2/4 |
| 9 | 26 | Jasmine CARSON | FR | #2 | Barton (Kan.) CC | Q | 2,257 | | 2/19 |
| 10 | 27 | Gretchen BABCOCK | FR | #6 | Highland (Kan.) C | Q | 2,244 | | 2/19 |

*USTFCCCA NJCAA Indoor Track & Field*

# Regional TFRI Event Summary

***WOMEN — 2022 Week #5, February 21***

as of 2/21/2022 8:09:50 AM

## Midwest

### Women's 60 Meters

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 2 | Terresha WALCOTT | SO | #1 | Iowa Western CC | Q | 7.49 | | 2/4 |
| 2 | 4 | Tirecia WALCOTT | SO | #1 | Iowa Western CC | Q | 7.54 | | 2/18 |
| 3 | 5 | Kayla MCCRAY | FR | #3 | Indian Hills (Iowa | Q | 7.55 | | 2/4 |
| 4 | 10 | Adeyah BREWSTER | FR | #2 | Iowa Central CC | Q | 7.65 | | 1/28 |
| 5 | 14 | Victory GEORGE | SO | #1 | Iowa Western CC | Q | 7.67 | | 2/18 |
| 6 | 18 | Jia LEWIS | FR | #3 | Indian Hills (Iowa | Q | 7.70 | | 2/18 |
| 7 | 19 | Nikiwe MONGWE | FR | #2 | Iowa Central CC | Q | 7.71 | | 2/18 |
| 8 | 26 | Janyla HOSKINS | SO | #3 | Indian Hills (Iowa | Q | 7.74 | | 2/18 |
| 9 | 41 | Jenna HUMMELL | SO | #4 | Hawkeye (Iowa) C | | 7.88 | | 2/12 |
| 10 | 44 | Alisha THOMAS | FR | #2 | Iowa Central CC | | 7.90 | | 2/11 |

### Women's 60 Meter Hurdles

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 3 | Dyandra GRAY | SO | #1 | Iowa Western CC | Q | 8.46 | | 2/11 |
| 2 | 4 | Adeyah BREWSTER | FR | #2 | Iowa Central CC | Q | 8.51 | | 2/11 |
| 3 | 6 | Osayi OMORODION | FR | #1 | Iowa Western CC | Q | 8.55 | | 1/14 |
| 4 | 11 | Antonia SEALY | FR | #1 | Iowa Western CC | Q | 8.78 | | 2/18 |
| 5 | 15 | Peyton STEVA | SO | #3 | Indian Hills (Iowa | Q | 8.86 | | 12/4 |
| 6 | 18 | Matayah NAYLOR | SO | #3 | Indian Hills (Iowa | Q | 8.95 | | 12/4 |
| 7 | 22 | Jade JACKSON | FR | #2 | Iowa Central CC | | 9.11 | | 2/18 |
| 8 | 36 | Kylee NEIGHBORS | SO | #4 | Hawkeye (Iowa) C | | 9.52 | | 2/18 |
| 9 | 40 | Katelynn TROBAUGH | SO | #8 | Sauk Valley (Ill.) C | | 9.60 | | 2/18 |
| 10 | 44 | Holly HOEPNER | FR | #1 | Iowa Western CC | | 9.68 | | 2/18 |

### Women's 200 Meters

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 3 | Nickisha PRYCE | SO | #1 | Iowa Western CC | Q | 24.19c | (24.56f) | 2/18 |
| 2 | 4 | Terresha WALCOTT | SO | #1 | Iowa Western CC | Q | 24.38 OT | | 2/11 |
| 3 | 6 | Nikiwe MONGWE | FR | #2 | Iowa Central CC | Q | 24.53c | (24.91f) | 2/18 |
| 4 | 9 | Dyandra GRAY | SO | #1 | Iowa Western CC | Q | 24.61c | (24.99f) | 2/18 |
| 5 | 11 | Kahliyah ANDERSON | SO | #3 | Indian Hills (Iowa | Q | 24.65 OT | | 2/4 |
| 6 | 14 | Tirecia WALCOTT | SO | #1 | Iowa Western CC | Q | 24.69c | (25.07f) | 2/18 |
| 7 | 17 | Kayla MCCRAY | FR | #3 | Indian Hills (Iowa | Q | 24.88 OT | | 2/11 |
| 8 | 23 | Jia LEWIS | FR | #3 | Indian Hills (Iowa | | 25.10c | (25.49f) | 1/28 |
| 9 | 34 | Janyla HOSKINS | SO | #3 | Indian Hills (Iowa | | 25.56 OT | | 2/11 |
| 10 | 41 | Temira GOODS | SO | #3 | Indian Hills (Iowa | | 25.72c | (26.12f) | 1/28 |

### Women's 400 Meters

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 2 | Nickisha PRYCE | SO | #1 | Iowa Western CC | Q | 54.86c | (55.58f) | 2/18 |
| 2 | 6 | Kahliyah ANDERSON | SO | #3 | Indian Hills (Iowa | Q | 55.94 OT | | 1/22 |
| 3 | 9 | Daniella DEER | FR | #1 | Iowa Western CC | Q | 56.67 OT | | 2/11 |
| 4 | 16 | Aimaya DRUMMOND | SO | #3 | Indian Hills (Iowa | Q | 57.09c | (57.84f) | 2/18 |
| 5 | 31 | Britney BROWN | FR | #2 | Iowa Central CC | Q | 58.03c | (58.80f) | 2/5 |
| 6 | 38 | Temira GOODS | SO | #3 | Indian Hills (Iowa | | 58.65 OT | | 1/22 |
| 7 | 46 | Ja'Dashia CATLIN | FR | #3 | Indian Hills (Iowa | | 59.37 OT | | 2/11 |
| 8 | 48 | Kaylen PRYOR | FR | #3 | Indian Hills (Iowa | | 59.70 OT | | 12/11 |
| 9 | 50 | Shariden RICHARDSON | SO | #1 | Iowa Western CC | | 59.87 OT | | 1/22 |
| 10 | 56 | Chloe KNEPP | SO | #5 | Vincennes (Ind.) | | 1:00.56c | (1:01.36f) | 2/19 |

### Women's 600 Meters

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 1 | Aliyah SIMMONS | SO | #3 | Indian Hills (Iowa | Q | 1:32.42 | | 1/14 |
| 2 | 5 | Nickisha PRYCE | SO | #1 | Iowa Western CC | Q | 1:34.12 OT | (1:24.03(60 | 1/22 |
| 3 | 7 | Britney BROWN | FR | #2 | Iowa Central CC | Q | 1:34.21c | (1:35.36f) | 2/18 |
| 4 | 10 | Shariden RICHARDSON | SO | #1 | Iowa Western CC | Q | 1:35.15 | (1:24.95(60 | 1/28 |
| 5 | 12 | Daniella DEER | FR | #1 | Iowa Western CC | Q | 1:35.52c | (1:36.69f) | 2/18 |
| 6 | 23 | Jurnie HEMSLEY | FR | #9 | Southeastern (Iov | | 1:40.24c | (1:41.46f) | 1/28 |
| 7 | 24 | Kaylen PRYOR | FR | #3 | Indian Hills (Iowa | | 1:40.59 OT | | 12/4 |
| 8 | 30 | Monique REMY | SO | #1 | Iowa Western CC | | 1:41.54 OT | (1:30.66(60 | 1/22 |
| 9 | 38 | Jordan GALLENTINE | FR | #4 | Hawkeye (Iowa) C | | 1:44.89 OT | (1:33.65(60 | 2/4 |
| 10 | 41 | Faith CLARK | SO | #12 | Muskegon (Mich.) | | 1:45.75 OT | | 1/14 |

### Women's 800 Meters

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 1 | Aliyah SIMMONS | SO | #3 | Indian Hills (Iowa | Q | 2:11.10 OT | | 2/11 |
| 2 | 8 | Shariden RICHARDSON | SO | #1 | Iowa Western CC | Q | 2:16.73 OT | | 2/4 |
| 3 | 11 | Chloe GARCIA GRAFING | FR | #2 | Iowa Central CC | Q | 2:18.98 | | 2/4 |
| 4 | 14 | Taylor MCCREEDY | FR | #2 | Iowa Central CC | Q | 2:22.01c | (2:23.64f) | 1/28 |
| 5 | 17 | Emma HOINS | FR | #4 | Hawkeye (Iowa) C | Q | 2:23.10c | (2:24.75f) | 1/28 |
| 6 | 35 | Fiona METZO | FR | #11 | Harper (Ill.) | | 2:27.17c | (2:28.86f) | 2/18 |
| 7 | 37 | Shaunti LONGFELLOW | SO | #2 | Iowa Central CC | | 2:27.89c | (2:29.59f) | 2/18 |
| 8 | 43 | Bethany STACEY | FR | #1 | Iowa Western CC | | 2:29.82 OT | | 1/22 |
| 9 | 45 | Allie SIMPSON | FR | #9 | Southeastern (Iov | | 2:29.96c | (2:31.69f) | 2/18 |
| 10 | 49 | Faith CLARK | SO | #12 | Muskegon (Mich.) | | 2:31.44c | (2:33.18f) | 2/19 |

### Women's 1000 Meters

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 2 | Hilda CHEBET | FR | #1 | Iowa Western CC | Q | 2:51.93 OT | | 2/11 |
| 2 | 4 | Chloe GARCIA GRAFING | FR | #2 | Iowa Central CC | Q | 3:00.60 OT | | 2/11 |
| 3 | 6 | Emma HOINS | FR | #4 | Hawkeye (Iowa) C | Q | 3:01.15c | (3:03.12f) | 1/28 |
| 4 | 9 | Shariden RICHARDSON | SO | #1 | Iowa Western CC | Q | 3:06.63 | | 1/14 |
| 5 | 14 | Taylor MCCREEDY | FR | #2 | Iowa Central CC | Q | 3:08.95c | (3:11.01f) | 2/18 |
| 6 | 17 | Bethany STACEY | FR | #1 | Iowa Western CC | Q | 3:10.06 | | 1/14 |
| 7 | 36 | Kyra YOUNG | SO | #5 | Vincennes (Ind.) | | 3:17.46 | | 1/28 |
| 8 | 38 | Lizeth FLORES | FR | #3 | Indian Hills (Iowa | | 3:18.84 OT | | 2/4 |
| 9 | 42 | Shaunti LONGFELLOW | SO | #2 | Iowa Central CC | | 3:22.15 | | 1/14 |
| 10 | 43 | Allie SIMPSON | FR | #9 | Southeastern (Iov | | 3:22.90c | (3:25.11f) | 2/18 |

### Women's Mile

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 1 | Hilda CHEBET | FR | #1 | Iowa Western CC | Q | 4:51.81 OT | | 2/11 |
| 2 | 4 | Emma HOINS | FR | #4 | Hawkeye (Iowa) C | Q | 5:09.71c | (5:12.77f) | 1/21 |
| 3 | 7 | Chloe GARCIA GRAFING | FR | #2 | Iowa Central CC | Q | 5:11.79c | (5:14.87f) | 1/28 |
| 4 | 10 | Mercy BIWOTT | FR | #1 | Iowa Western CC | Q | 5:16.71c | (5:19.84f) | 2/18 |
| 5 | 16 | Taylor MCCREEDY | FR | #2 | Iowa Central CC | Q | 5:21.37 OT | | 1/22 |
| 6 | 18 | Lillan BUZANI | FR | #6 | DuPage (Ill.) | | 5:22.14c | (5:25.32f) | 2/18 |
| 7 | 21 | Bethany STACEY | FR | #1 | Iowa Western CC | | 5:24.45 OT | | 1/22 |
| 8 | 23 | Kyra YOUNG | SO | #5 | Vincennes (Ind.) | | 5:25.38c | (5:28.60f) | 2/19 |
| 9 | 48 | Hope LAUGHLIN | FR | #5 | Vincennes (Ind.) | | 5:49.23c | (5:52.68f) | 2/19 |
| 10 | 51 | Shaylinn AVER | SO | #6 | DuPage (Ill.) | | 5:50.13c | (5:53.59f) | 2/12 |

*USTFCCCA NJCAA Indoor Track & Field*

# Regional TFRI Event Summary

***WOMEN — 2022 Week #5, February 21***

as of 2/21/2022 8:09:50 AM

## Midwest

### Women's 3000 Meters

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 1 | Hilda CHEBET | FR | #1 | Iowa Western CC | Q | 10:07.56c | (10:12.76f) | 2/18 |
| 2 | 2 | Mercy BIWOTT | FR | #1 | Iowa Western CC | Q | 10:13.92 OT | | 2/4 |
| 3 | 5 | Emma HOINS | FR | #4 | Hawkeye (Iowa) C | Q | 10:20.62c | (10:25.94f) | 2/18 |
| 4 | 9 | Taylor MCCREEDY | FR | #2 | Iowa Central CC | Q | 10:35.46 | | 2/4 |
| 5 | 16 | Lillan BUZANI | FR | #6 | DuPage (Ill.) | Q | 10:46.26c | (10:51.80f) | 2/12 |
| 6 | 31 | Kyra YOUNG | SO | #5 | Vincennes (Ind.) | | 11:11.25c | (11:17.00f) | 1/22 |
| 7 | 32 | Zinash VALEN | FR | #2 | Iowa Central CC | | 11:16.78 OT | | 2/11 |
| 8 | 33 | Monse CHAPULA | FR | #3 | Indian Hills (Iowa | | 11:20.67 OT | | 2/11 |
| 9 | 40 | Josie STACKIS | SO | #2 | Iowa Central CC | | 11:42.92 OT | | 2/11 |
| 10 | 47 | Hope LAUGHLIN | FR | #5 | Vincennes (Ind.) | | 11:50.10c | (11:56.18f) | 2/19 |

### Women's 5000 Meters

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 1 | Hilda CHEBET | FR | #1 | Iowa Western CC | Q | 17:08.71 OT | | 2/4 |
| 2 | 3 | Mercy BIWOTT | FR | #1 | Iowa Western CC | Q | 17:54.46 OT | | 1/22 |
| 3 | 4 | Emma HOINS | FR | #4 | Hawkeye (Iowa) C | Q | 17:59.57 OT | | 2/4 |
| 4 | 12 | Taylor MCCREEDY | FR | #2 | Iowa Central CC | Q | 18:53.18 OT | | 1/21 |
| 5 | 26 | Zinash VALEN | FR | #2 | Iowa Central CC | | 19:58.91c | (20:08.09f) | 2/5 |
| 6 | 28 | Monse CHAPULA | FR | #3 | Indian Hills (Iowa | | 20:15.33 OT | | 2/4 |
| 7 | 30 | Mercy JEPNGETICH | FR | #2 | Iowa Central CC | | 20:32.25 OT | | 1/21 |
| 8 | 32 | Josie STACKIS | SO | #2 | Iowa Central CC | | 20:39.18c | (20:48.67f) | 2/18 |
| 9 | 35 | Morgan KLAUS | FR | #3 | Indian Hills (Iowa | | 20:52.43 OT | | 2/11 |
| 10 | 40 | Kate MIRON | SO | #2 | Iowa Central CC | | 22:03.92c | (22:14.05f) | 2/5 |

### Women's 4x400 Relay

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 2 | https://www.tfrrs.org /teams/59718 | | #1 | Iowa Western CC | Q | 3:43.96c | (3:46.93f) | 2/18 |
| 2 | 6 | https://www.tfrrs.org /teams/85621 | | #3 | Indian Hills (Iowa | Q | 3:48.68 OT | | 2/11 |
| 3 | 12 | https://www.tfrrs.org /teams/20051 | | #2 | Iowa Central CC | | 4:08.12c | (4:11.41f) | 1/28 |
| 4 | 13 | https://www.tfrrs.org /teams/95006 | | #4 | Hawkeye (Iowa) C | | 4:09.88c | (4:13.19f) | 1/28 |
| 5 | 18 | https://www.tfrrs.org /teams/98433 | | #8 | Sauk Valley (Ill.) C | | 4:14.61c | (4:17.99f) | 1/21 |
| 6 | 19 | https://www.tfrrs.org /teams/686 | | #6 | DuPage (Ill.) | | 4:15.01c | (4:18.39f) | 2/18 |
| 7 | 28 | https://www.tfrrs.org /teams/708 | | #5 | Vincennes (Ind.) | | 4:38.70c | (4:42.40f) | 1/22 |
| 8 | 29 | https://www.tfrrs.org /teams/104138 | | #9 | Southeastern (Iov | | 4:38.92c | (4:42.62f) | 2/18 |
| 9 | 30 | https://www.tfrrs.org /teams/28039 | | #7 | North Iowa Area C | | 4:47.24c | (4:51.05f) | 2/18 |

### Women's 4x800 Relay

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 3 | https://www.tfrrs.org /teams/59718 | | #1 | Iowa Western CC | | 10:38.48c | (10:45.84f) | 2/18 |
| 2 | 7 | https://www.tfrrs.org /teams/708 | | #5 | Vincennes (Ind.) | | 11:02.65 | | 1/28 |
| 3 | 8 | https://www.tfrrs.org /teams/104138 | | #9 | Southeastern (Iov | | 11:22.02c | (11:29.88f) | 2/18 |

### Women's Distance Medley Relay

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 2 | https://www.tfrrs.org /teams/20051 | | #2 | Iowa Central CC | Q | 12:32.58 OT | | 2/11 |
| 2 | 4 | https://www.tfrrs.org /teams/59718 | | #1 | Iowa Western CC | Q | 12:39.42 | | 1/28 |
| 3 | 15 | https://www.tfrrs.org /teams/85621 | | #3 | Indian Hills (Iowa) | | 13:44.42c | (13:53.25f) | 2/18 |
| 4 | 17 | https://www.tfrrs.org /teams/104138 | | #9 | Southeastern (Iov | | 14:15.30c | (14:24.46f) | 2/18 |
| 5 | 18 | https://www.tfrrs.org /teams/708 | | #5 | Vincennes (Ind.) | | 14:20.14 | | 2/11 |
| 6 | 22 | https://www.tfrrs.org /teams/98433 | | #8 | Sauk Valley (Ill.) C | | 15:09.40c | (15:19.14f) | 2/12 |

### Women's High Jump

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 1 | Miracle AILES | FR | #1 | Iowa Western CC | Q | 1.80m | 5-10¾ | 2/18 |
| 2 | 2 | Alliyah MCNEIL | SO | #1 | Iowa Western CC | Q | 1.78m | 5-10 | 2/4 |
| 3 | 8 | Haleigh HADLEY | FR | #3 | Indian Hills (Iowa | Q | 1.66m | 5-5¼ | 2/11 |
| 4 | 12 | Kylee NEIGHBORS | SO | #4 | Hawkeye (Iowa) C | Q | 1.60m | 5-3 | 2/18 |
| 5 | 14 | Samira ROSENFELD | FR | #11 | Harper (Ill.) | | 1.59m | 5-2½ | 2/18 |
| 6 | 20 | Jade JACKSON | FR | #2 | Iowa Central CC | | 1.55m | 5-1 | 2/18 |
| 6 | 20 | Cadence STANLEY | SO | #1 | Iowa Western CC | | 1.55m | 5-1 | 2/18 |
| 6 | 20 | Antonia SEALY | FR | #1 | Iowa Western CC | | 1.55m | 5-1 | 2/18 |
| 6 | 20 | Kiley SANDERS | SO | #8 | Sauk Valley (Ill.) C | | 1.55m | 5-1 | 2/18 |
| 6 | 20 | Jordan SWENSON | FR | #7 | North Iowa Area C | | 1.55m | 5-1 | 2/5 |

### Women's Pole Vault

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 9 | Mya MANGAN | FR | #6 | DuPage (Ill.) | Q | 3.01m | 9-10½ | 2/18 |
| 2 | 20 | Jade DURFEY | FR | #2 | Iowa Central CC | | 1.95m | 6-4¾ | 2/18 |

### Women's Long Jump

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 3 | Osayi OMORODION | FR | #1 | Iowa Western CC | Q | 6.10m | 20-¼ | 1/28 |
| 2 | 4 | Alliyah MCNEIL | SO | #1 | Iowa Western CC | Q | 6.04m | 19-9¾ | 2/18 |
| 3 | 6 | Antonia SEALY | FR | #1 | Iowa Western CC | Q | 5.75m | 18-10½ | 2/18 |
| 4 | 11 | Victory GEORGE | SO | #1 | Iowa Western CC | Q | 5.68m | 18-7¾ | 2/18 |
| 5 | 21 | Siby YAO | SO | #3 | Indian Hills (Iowa) | | 5.41m | 17-9 | 1/22 |
| 6 | 26 | Elizabeth GIBSON | FR | #2 | Iowa Central CC | | 5.23m | 17-2 | 2/18 |
| 6 | 26 | Nyadhol THICHIOT | FR | #2 | Iowa Central CC | | 5.23m | 17-2 | 2/18 |
| 8 | 32 | Mattie JANSSEN | FR | #4 | Hawkeye (Iowa) C | | 5.16m | 16-11¼ | 1/15 |
| 9 | 36 | Moselle PUNNI | SO | #1 | Iowa Western CC | | 5.11m | 16-9¼ | 1/28 |
| 10 | 40 | Kiley SANDERS | SO | #8 | Sauk Valley (Ill.) C | | 5.03m | 16-6 | 2/18 |

### Women's Triple Jump

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 1 | Victory GEORGE | SO | #1 | Iowa Western CC | Q | 12.68m | 41-7¼ | 2/18 |
| 2 | 11 | Siby YAO | SO | #3 | Indian Hills (Iowa) | Q | 11.40m | 37-5 | 2/18 |
| 3 | 14 | Osayi OMORODION | FR | #1 | Iowa Western CC | Q | 11.26m | 36-11½ | 2/18 |
| 4 | 19 | Elizabeth GIBSON | FR | #2 | Iowa Central CC | | 10.84m | 35-6¾ | 2/18 |
| 5 | 20 | Nyadhol THICHIOT | FR | #2 | Iowa Central CC | | 10.81m | 35-5¾ | 2/18 |
| 6 | 22 | Florence OMODAYO | FR | #10 | Southwestern (Iov | | 10.71m | 35-1¾ | 2/18 |
| 6 | 22 | Moselle PUNNI | SO | #1 | Iowa Western CC | | 10.71m | 35-1¾ | 1/28 |
| 8 | 25 | Adeyah BREWSTER | FR | #2 | Iowa Central CC | | 10.54m | 34-7 | 2/18 |
| 9 | 28 | Sadie LENZ | FR | #8 | Sauk Valley (Ill.) C | | 10.28m | 33-8¾ | 2/18 |
| 10 | 29 | Sofia RUMBOLZ | FR | #8 | Sauk Valley (Ill.) C | | 9.95m | 32-7¾ | 1/29 |

*USTFCCCA NJCAA Indoor Track & Field*

# Regional TFRI Event Summary

***WOMEN — 2022 Week #5, February 21***

as of 2/21/2022 8:09:50 AM

## Midwest

### *Women's Shot Put*

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|
| 1 | 11 | Emma SEIDL | FR | #2 | Iowa Central CC | Q | 12.21m | 40-¾ | 2/5 |
| 2 | 12 | Antonia SEALY | FR | #1 | Iowa Western CC | Q | 12.17m | 39-11¼ | 2/18 |
| 3 | 13 | Allison FLANSCHA | SO | #4 | Hawkeye (Iowa) C | Q | 12.15m | 39-10½ | 2/18 |
| 4 | 15 | Victoria ADU | SO | #2 | Iowa Central CC | | 11.98m | 39-3¾ | 2/18 |
| 5 | 17 | Lauren UPMEYER | FR | #1 | Iowa Western CC | | 11.76m | 38-7 | 2/18 |
| 6 | 18 | Lexi WOOD | FR | #2 | Iowa Central CC | | 11.73m | 38-6 | 1/22 |
| 7 | 20 | Molly VENTEICHER | FR | #10 | Southwestern (Io | | 11.64m | 38-2¼ | 2/18 |
| 8 | 28 | Elizabeth SEBERA | SO | #1 | Iowa Western CC | | 11.19m | 36-8½ | 2/18 |
| 9 | 29 | Esther MENSAH | FR | #2 | Iowa Central CC | | 11.15m | 36-7 | 2/11 |
| 10 | 31 | Cheyanne FEARON | FR | #1 | Iowa Western CC | | 11.13m | 36-6¼ | 2/11 |

### *Women's Weight Throw*

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 1 | Victoria ADU | SO | #2 | Iowa Central CC | Q | 17.99m | 59-¼ | 2/18 |
| 2 | 3 | Elizabeth SEBERA | SO | #1 | Iowa Western CC | Q | 15.82m | 51-11 | 2/18 |
| 3 | 12 | Khersa MORGAN | FR | #13 | Bryant & Stratton | Q | 14.75m | 48-4¾ | 2/19 |
| 4 | 20 | Cheyanne FEARON | FR | #1 | Iowa Western CC | | 13.77m | 45-2¼ | 2/18 |
| 5 | 21 | Cinnamon EVANS | SO | #7 | North Iowa Area ( | | 13.66m | 44-9¾ | 2/11 |
| 6 | 24 | Esther MENSAH | FR | #2 | Iowa Central CC | | 13.42m | 44-½ | 2/5 |
| 7 | 30 | Molly VENTEICHER | FR | #10 | Southwestern (Io | | 12.87m | 42-2¾ | 1/22 |
| 8 | 32 | Brenna PAULSON | SO | #7 | North Iowa Area ( | | 12.52m | 41-1 | 2/18 |
| 9 | 34 | Lauren UPMEYER | FR | #1 | Iowa Western CC | | 12.43m | 40-9½ | 2/18 |
| 10 | 39 | Allison FLANSCHA | SO | #4 | Hawkeye (Iowa) C | | 12.04m | 39-6 | 2/12 |

### *Women's Pentathlon*

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 1 | 1 | Antonia SEALY | FR | #1 | Iowa Western CC | Q | 3,403 | 2/18 |
| 2 | 7 | Kylee NEIGHBORS | SO | #4 | Hawkeye (Iowa) C | Q | 2,943 | 1/21 |
| 3 | 12 | Jade JACKSON | FR | #2 | Iowa Central CC | Q | 2,841 | 2/18 |
| 4 | 20 | Cadence STANLEY | SO | #1 | Iowa Western CC | Q | 2,651 | 2/18 |
| 5 | 22 | Carlie HOPPE | SO | #4 | Hawkeye (Iowa) C | Q | 2,591 | 2/18 |
| 6 | 24 | Mattie JANSSEN | FR | #4 | Hawkeye (Iowa) C | Q | 2,429 | 2/18 |
| 7 | 25 | Brianna OSTERSON | FR | #10 | Southwestern (Io | Q | 2,337 | 2/18 |
| 8 | 29 | Halsie KELTNER | SO | #7 | North Iowa Area ( | Q | 2,183 | 2/18 |
| 9 | 32 | Jordan SWENSON | FR | #7 | North Iowa Area ( | Q | 2,063 | 2/18 |
| 10 | 36 | Lynn HOFETT | SO | #7 | North Iowa Area ( | Q | 1,668 | 2/18 |

*USTFCCCA NJCAA Indoor Track & Field*

# Regional TFRI Event Summary

***WOMEN — 2022 Week #5, February 21***

as of 2/21/2022 8:09:50 AM

## West

### Women's 60 Meters

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|
| 1 | 3 | Success UMUKORO | FR | #2 | South Plains (Tex | Q | 7.53c | (7.51A) | 2/11 |
| 2 | 7 | Ese AWUSA | FR | #1 | New Mexico JC | Q | 7.60c | (7.58A) | 2/4 |
| 3 | 8 | Brianna CHARLES | FR | #6 | Hinds (Miss.) CC | Q | 7.62 | | 2/18 |
| 4 | 10 | Ashantae BOLLERS | FR | #1 | New Mexico JC | Q | 7.65 | | 1/29 |
| 5 | 19 | Ciara BARDWELL | SO | #3 | Mesa (Ariz.) CC | Q | 7.71 | (0.0) | 2/11 |
| 6 | 22 | Niesha BURGHER | SO | #7 | Western Texas | Q | 7.72c | (7.70A) | 2/18 |
| 7 | 28 | Tijuanique MORTON | FR | #1 | New Mexico JC | Q | 7.76c | (7.74A) | 2/18 |
| 8 | 29 | Kishawna WALLACE | SO | #1 | New Mexico JC | | 7.79 | | 1/29 |
| 8 | 29 | Kiersten CLARK | FR | #6 | Hinds (Miss.) CC | | 7.79 | | 2/18 |
| 10 | 36 | Shanique ROWE | FR | #1 | New Mexico JC | | 7.83 | | 1/29 |

### Women's 60 Meter Hurdles

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 1 | Kimeone MCLEOD | SO | #1 | New Mexico JC | Q | 8.37c | (8.35A) | 2/4 |
| 2 | 2 | Ese AWUSA | FR | #1 | New Mexico JC | Q | 8.45 | | 1/29 |
| 3 | 5 | Jerricka AMBUS | FR | #6 | Hinds (Miss.) CC | Q | 8.52 | | 2/18 |
| 4 | 7 | Richara MCNEIL | SO | #1 | New Mexico JC | Q | 8.56c | (8.54A) | 2/4 |
| 5 | 9 | Joniar THOMAS | FR | #2 | South Plains (Tex | Q | 8.69c | (8.67A) | 1/14 |
| 6 | 13 | Ashyiria SAVAGE | FR | #2 | South Plains (Tex | Q | 8.79c | (8.77A) | 2/18 |
| 7 | 17 | Amoy EDWARDS | FR | #1 | New Mexico JC | Q | 8.92c | (8.90A) | 1/21 |
| 8 | 19 | Aaliyah LINDSAY | FR | #1 | New Mexico JC | Q | 8.98c | (8.96A) | 2/4 |
| 9 | 23 | Justyce THOMAS | FR | #6 | Hinds (Miss.) CC | | 9.15 | | 2/12 |
| 9 | 23 | Xazari NAYLOR | FR | #2 | South Plains (Tex | | 9.15c | (9.13A) | 2/18 |

### Women's 200 Meters

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 2 | Deshana SKEETE | FR | #1 | New Mexico JC | Q | 24.18c | (24.11A) | 1/21 |
| 2 | 5 | Brooke GRAY | FR | #6 | Hinds (Miss.) CC | Q | 24.40c | (24.78f) | 2/18 |
| 3 | 7 | Niesha BURGHER | SO | #7 | Western Texas | Q | 24.56c | (24.49A) | 2/18 |
| 4 | 8 | Ese AWUSA | FR | #1 | New Mexico JC | Q | 24.58c | (24.51A) | 1/14 |
| 5 | 10 | Success UMUKORO | FR | #2 | South Plains (Tex | Q | 24.64c | (24.57A) | 1/21 |
| 6 | 13 | Ashantae BOLLERS | FR | #1 | New Mexico JC | Q | 24.67c | (24.60A) | 2/4 |
| 7 | 22 | Tijuanique MORTON | FR | #1 | New Mexico JC | | 25.09c | (25.02A) | 2/18 |
| 8 | 24 | Diandrenique GAINES | FR | #6 | Hinds (Miss.) CC | | 25.12 | | 2/12 |
| 9 | 25 | Brianna CHARLES | FR | #6 | Hinds (Miss.) CC | | 25.14 | | 2/12 |
| 10 | 29 | Kiersten CLARK | FR | #6 | Hinds (Miss.) CC | | 25.49c | (25.88f) | 2/4 |

### Women's 400 Meters

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 5 | Deshana SKEETE | FR | #1 | New Mexico JC | Q | 55.41 OT | | 1/29 |
| 2 | 10 | Cemore DONALD | FR | #2 | South Plains (Tex | Q | 56.81c | (56.70A) | 2/11 |
| 3 | 13 | Success UMUKORO | FR | #2 | South Plains (Tex | Q | 56.95 | | 2/4 |
| 4 | 14 | Calisha TAYLOR | FR | #1 | New Mexico JC | Q | 56.99 OT | | 1/29 |
| 5 | 18 | Anna-Kay ALLEN | SO | #2 | South Plains (Tex | Q | 57.15c | (57.04A) | 2/11 |
| 6 | 19 | Maria SIMANCA | SO | #1 | New Mexico JC | Q | 57.18c | (57.07A) | 2/4 |
| 7 | 21 | Diandrenique GAINES | FR | #6 | Hinds (Miss.) CC | Q | 57.47c | (58.23f) | 2/18 |
| 8 | 22 | Ciara BARDWELL | SO | #3 | Mesa (Ariz.) CC | Q | 57.52 out | | 2/11 |
| 9 | 25 | Ashantae BOLLERS | FR | #1 | New Mexico JC | Q | 57.64c | (57.53A) | 2/11 |
| 10 | 26 | Michaliliah VASSELL | FR | #1 | New Mexico JC | Q | 57.68c | (57.57A) | 2/18 |

### Women's 600 Meters

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 3 | Calisha TAYLOR | FR | #1 | New Mexico JC | Q | 1:33.95 | (1:23.88(60 | 2/11 |
| 2 | 4 | Sancia SMITH | FR | #7 | Western Texas | Q | 1:34.06 | (1:23.98(60 | 2/18 |
| 3 | 6 | Cemore DONALD | FR | #2 | South Plains (Tex | Q | 1:34.17 | (1:24.08(60 | 2/11 |
| 4 | 9 | Maria SIMANCA | SO | #1 | New Mexico JC | Q | 1:34.29 OT | (1:24.18(60 | 1/29 |
| 5 | 11 | Shadae FINDLEY | SO | #7 | Western Texas | Q | 1:35.46 | (1:25.23(60 | 1/21 |
| 6 | 14 | Camille LEWIS | FR | #2 | South Plains (Tex | Q | 1:35.98 | (1:25.69(60 | 2/11 |
| 7 | 16 | Amaya PHILLIPS | SO | #2 | South Plains (Tex | Q | 1:36.32 | (1:26.00(60 | 2/11 |
| 8 | 18 | Michaliliah VASSELL | FR | #1 | New Mexico JC | Q | 1:37.59 OT | (1:27.13(60 | 1/29 |
| 9 | 20 | Brooke STRADLING | FR | #3 | Mesa (Ariz.) CC | Q | 1:38.07 OTA | | 2/18 |
| 10 | 25 | Ciara BARDWELL | SO | #3 | Mesa (Ariz.) CC | | 1:40.60 out | | 1/22 |

### Women's 800 Meters

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 4 | Sancia SMITH | FR | #7 | Western Texas | Q | 2:15.90c | (2:16.29A) | 1/21 |
| 2 | 5 | Shadae FINDLEY | SO | #7 | Western Texas | Q | 2:16.42c | (2:16.81A) | 1/28 |
| 3 | 6 | Camille LEWIS | FR | #2 | South Plains (Tex | Q | 2:16.45c | (2:16.84A) | 2/18 |
| 4 | 9 | Letlhogonolo MAGORO | FR | #1 | New Mexico JC | Q | 2:17.18c | (2:17.57A) | 2/18 |
| 5 | 10 | Cemore DONALD | FR | #2 | South Plains (Tex | Q | 2:18.94 | | 2/4 |
| 6 | 13 | Natalya BABCOCK | FR | #5 | Southern Idaho | Q | 2:20.58c | (2:21.25A) | 2/11 |
| 7 | 21 | Nadine ROSE | SO | #1 | New Mexico JC | Q | 2:23.96c | (2:24.37A) | 2/18 |
| 8 | 22 | Minankolo MAGASSA | FR | #1 | New Mexico JC | Q | 2:24.12c | (2:24.53A) | 2/18 |
| 9 | 24 | Kate BROCKMAN | FR | #3 | Mesa (Ariz.) CC | Q | 2:24.16 out | | 2/11 |
| 10 | 25 | Jaida LYLES | FR | #1 | New Mexico JC | | 2:24.41c | (2:24.82A) | 2/11 |

### Women's 1000 Meters

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 5 | Sancia SMITH | FR | #7 | Western Texas | Q | 3:01.14c | (3:01.66A) | 2/11 |
| 2 | 10 | Natalya BABCOCK | FR | #5 | Southern Idaho | Q | 3:07.21c | (3:11.98fA) | 2/18 |
| 3 | 11 | Rushell JOHNSON | FR | #7 | Western Texas | Q | 3:07.48c | (3:08.02A) | 2/11 |
| 4 | 13 | Teresa GALLEGOS | FR | #7 | Western Texas | Q | 3:08.29c | (3:08.83A) | 2/11 |
| 5 | 15 | Jaida LYLES | FR | #1 | New Mexico JC | Q | 3:09.03c | (3:09.57A) | 2/11 |
| 6 | 19 | Kate BROCKMAN | FR | #3 | Mesa (Ariz.) CC | Q | 3:10.72 out | | 1/29 |
| 7 | 20 | Brooke STRADLING | FR | #3 | Mesa (Ariz.) CC | Q | 3:10.80 out | | 2/5 |
| 8 | 22 | Letlhogonolo MAGORO | FR | #1 | New Mexico JC | | 3:11.23c | (3:11.78A) | 2/11 |
| 9 | 25 | Sarah BERTRY | SO | #1 | New Mexico JC | | 3:12.95c | (3:13.50A) | 2/11 |
| 10 | 26 | Anna HARMON | FR | #3 | Mesa (Ariz.) CC | | 3:12.98 out | | 2/11 |

### Women's Mile

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 2 | Natalya BABCOCK | FR | #5 | Southern Idaho | Q | 5:07.46c | (5:13.43A) | 1/14 |
| 2 | 5 | Damaris CHEWON | FR | #1 | New Mexico JC | Q | 5:10.21c | (5:13.86A) | 2/18 |
| 3 | 8 | Audrey CAMP | FR | #5 | Southern Idaho | Q | 5:13.85c | (5:19.95A) | 2/11 |
| 4 | 9 | Sharon JESANG | SO | #8 | Trinidad State (Co | Q | 5:16.68 | | 2/10 |
| 5 | 12 | Jaida LYLES | FR | #1 | New Mexico JC | Q | 5:18.47 OT | | 1/29 |
| 6 | 14 | Rushell JOHNSON | FR | #7 | Western Texas | Q | 5:19.70c | (5:23.46A) | 2/18 |
| 7 | 15 | Brooke REED | FR | #5 | Southern Idaho | Q | 5:20.05c | (5:38.01fA) | 2/18 |
| 8 | 20 | Sarah BERTRY | SO | #1 | New Mexico JC | | 5:24.23c | (5:28.04A) | 2/18 |
| 9 | 22 | Ryan HEILIGER | FR | #9 | Paradise Valley (A | | 5:24.54c OT | (5:36.77A) | 2/18 |
| 10 | 24 | Ashlyn WILLIS | FR | #5 | Southern Idaho | | 5:25.61c | (5:31.93A) | 1/28 |

*USTFCCCA NJCAA Indoor Track & Field*

# Regional TFRI Event Summary

***WOMEN — 2022 Week #5, February 21***

as of 2/21/2022 8:09:51 AM

## West

### Women's 3000 Meters

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 3 | Damaris CHEWON | FR | #1 | New Mexico JC | Q | 10:18.10c | (10:25.64A) | 1/21 |
| 2 | 6 | Audrey CAMP | FR | #5 | Southern Idaho | Q | 10:24.35c | (11:02.84fA | 2/18 |
| 3 | 11 | Sharon JESANG | SO | #8 | Trinidad State (Co | Q | 10:37.31 | | 2/12 |
| 4 | 13 | Joan KIMALEL | FR | #1 | New Mexico JC | Q | 10:39.72c | (10:47.52A) | 2/18 |
| 5 | 15 | Lydia FELIX | FR | #5 | Southern Idaho | Q | 10:45.44c | (11:25.23fA | 2/18 |
| 6 | 17 | Ashley LAGAT | FR | #8 | Trinidad State (Co | Q | 10:47.71c | (11:27.64fA | 2/18 |
| 7 | 18 | Brooke REED | FR | #5 | Southern Idaho | Q | 10:49.37c | (11:03.53A) | 1/28 |
| 8 | 19 | Danielle BROW | FR | #5 | Southern Idaho | Q | 10:50.00c | (11:04.18A) | 1/28 |
| 9 | 21 | Sarah BERTRY | SO | #1 | New Mexico JC | Q | 10:52.72c | (11:00.68A) | 1/21 |
| 10 | 24 | Taya BREWER | FR | #5 | Southern Idaho | | 10:55.28c | (11:35.67fA | 2/18 |

### Women's 5000 Meters

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 2 | Damaris CHEWON | FR | #1 | New Mexico JC | Q | 17:19.11 OT | | 1/29 |
| 2 | 7 | Brooke REED | FR | #5 | Southern Idaho | Q | 18:34.36c | (19:00.55A) | 2/11 |
| 3 | 8 | Sarah BERTRY | SO | #1 | New Mexico JC | Q | 18:39.05 OT | | 1/29 |
| 4 | 9 | Lydia FELIX | FR | #5 | Southern Idaho | Q | 18:40.30c | (19:06.63A) | 2/11 |
| 5 | 10 | Danielle BROW | FR | #5 | Southern Idaho | Q | 18:46.20c | (19:12.66A) | 2/11 |
| 6 | 11 | Sharon JESANG | SO | #8 | Trinidad State (Co | Q | 18:46.29c | (19:59.26fA | 12/11 |
| 7 | 13 | Ashley LAGAT | FR | #8 | Trinidad State (Co | Q | 18:55.65 | | 2/12 |
| 8 | 16 | Taya BREWER | FR | #5 | Southern Idaho | Q | 19:00.64c | (19:27.44A) | 2/11 |
| 9 | 19 | Vanessa DOMINGUEZ | FR | #8 | Trinidad State (Co | Q | 19:12.21 | | 2/12 |
| 10 | 21 | Joan KIMALEL | FR | #1 | New Mexico JC | Q | 19:14.72 OT | | 1/29 |

### Women's 4x400 Relay

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 3 | https://www.tfrrs.org/teams/730 | | #2 | South Plains (Tex | Q | 3:46.20c | (3:45.76A) | 2/18 |
| 2 | 4 | https://www.tfrrs.org/teams/7933 | | #1 | New Mexico JC | Q | 3:47.09c | (3:46.65A) | 1/21 |
| 3 | 8 | https://www.tfrrs.org/teams/559 | | #6 | Hinds (Miss.) CC | Q | 3:51.84 | | 2/12 |
| 4 | 11 | https://www.tfrrs.org/teams/656 | | #3 | Mesa (Ariz.) CC | Q | 4:00.74 out | | 2/11 |
| 5 | 23 | https://www.tfrrs.org/teams/567 | | #4 | Pima (Ariz.) CC | | 4:22.56c OT | (4:21.72A) | 2/18 |
| 6 | 31 | https://www.tfrrs.org/teams/565 | | #10 | Phoenix (Ariz.) | | 4:49.89 out | | 2/11 |

### Women's Distance Medley Relay

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 3 | https://www.tfrrs.org/teams/95073 | | #5 | Southern Idaho | Q | 12:37.57c | (12:47.74A) | 2/11 |
| 2 | 5 | https://www.tfrrs.org/teams/7933 | | #1 | New Mexico JC | Q | 12:39.49 OT | | 1/29 |
| 3 | 7 | https://www.tfrrs.org/teams/730 | | #2 | South Plains (Tex | Q | 12:48.90 | | 2/4 |
| 4 | 9 | https://www.tfrrs.org/teams/656 | | #3 | Mesa (Ariz.) CC | Q | 13:13.04 out | | 2/5 |
| 5 | 14 | https://www.tfrrs.org/teams/91664 | | #8 | Trinidad State (Co | | 13:35.55c | (13:48.08A) | 1/29 |

### Women's High Jump

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 3 | Breanna BROWN-MARSHALL | SO | #6 | Hinds (Miss.) CC | Q | 1.71m | 5-7¼ | 2/12 |
| 2 | 4 | Amaya BROWN | FR | #2 | South Plains (Tex | Q | 1.68m | 5-6 | 2/4 |
| 3 | 5 | Kayla JEMISON | FR | #6 | Hinds (Miss.) CC | Q | 1.67m | 5-5¾ | 1/22 |
| 3 | 5 | Aaliyah LINDSAY | FR | #1 | New Mexico JC | Q | 1.67m | 5-5¾ | 1/29 |
| 5 | 14 | Jerricka AMBUS | FR | #6 | Hinds (Miss.) CC | | 1.59m | 5-2½ | 2/18 |
| 6 | 18 | Abigail WALLS | FR | #4 | Pima (Ariz.) CC | | 1.56m | 5-1¼ | 2/11 |
| 7 | 28 | Sara JACOBSON | FR | #3 | Mesa (Ariz.) CC | | 1.53m | 5-¼ | 2/11 |
| 7 | 28 | Littlewood ELIZABETH | FR | #4 | Pima (Ariz.) CC | | 1.53m | 5-¼ | 2/11 |
| 9 | 30 | Joniar THOMAS | FR | #2 | South Plains (Tex | | 1.52m | 4-11¾ | 2/4 |
| 9 | 30 | Jamelia SIMMONS | FR | #2 | South Plains (Tex | | 1.52m | 4-11¾ | 2/4 |
| 9 | 30 | Amoy EDWARDS | FR | #1 | New Mexico JC | | 1.52mA | 4-11¾ | 2/4 |

### Women's Pole Vault

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 2 | Jaida OLSON | FR | #4 | Pima (Ariz.) CC | Q | 3.45m | 11-3¾ | 1/29 |
| 2 | 3 | TaraLee MCKARNS | FR | #2 | South Plains (Tex | Q | 3.35m | 10-11¾ | 2/4 |
| 3 | 7 | Sarahi BAEZA | FR | #2 | South Plains (Tex | Q | 3.05m | 10-0 | 2/4 |
| 3 | 7 | Alexa CONTRERAS | FR | #1 | New Mexico JC | Q | 3.05m | 10-0 | 1/14 |
| 5 | 10 | Darian CALICDAN | FR | #4 | Pima (Ariz.) CC | Q | 3.00m | 9-10 | 2/5 |
| 6 | 14 | Littlewood ELIZABETH | FR | #4 | Pima (Ariz.) CC | | 2.75m | 9-¼ | 2/11 |
| 7 | 15 | Candice POCASE | FR | #4 | Pima (Ariz.) CC | | 2.70m | 8-10¼ | 2/5 |
| 8 | 16 | Anessa RODRIGUEZ | FR | #3 | Mesa (Ariz.) CC | | 2.60m | 8-6¼ | 1/29 |
| 9 | 17 | Aaliyah PRICE | FR | #11 | Glendale (Ariz.) C( | | 2.58mA | 8-5½ | 2/18 |

### Women's Long Jump

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 1 | Joniar THOMAS | FR | #2 | South Plains (Tex | Q | 6.21m | 20-4½ | 1/14 |
| 2 | 5 | Aaliyah LINDSAY | FR | #1 | New Mexico JC | Q | 5.95m | 19-6¼ | 1/21 |
| 3 | 7 | Amoy EDWARDS | FR | #1 | New Mexico JC | Q | 5.74m | 18-10 | 1/29 |
| 3 | 7 | Richara MCNEIL | SO | #1 | New Mexico JC | Q | 5.74m | 18-10 | 2/11 |
| 5 | 15 | Dejah FULLER | FR | #2 | South Plains (Tex | Q | 5.54m | 18-2¼ | 1/21 |
| 6 | 17 | Jamelia SIMMONS | FR | #2 | South Plains (Tex | Q | 5.52m | 18-1½ | 2/4 |
| 7 | 28 | Breanna BROWN-MARSHALL | SO | #6 | Hinds (Miss.) CC | | 5.21m | 17-1¼ | 2/4 |
| 8 | 29 | Psalm JOHNSON | FR | #4 | Pima (Ariz.) CC | | 5.20m | 17-¾ (0.0) | 2/5 |
| 8 | 29 | Abigail WALLS | FR | #4 | Pima (Ariz.) CC | | 5.20m | 17-¾ (0.0) | 2/5 |
| 10 | 31 | Jacklyn TRICE | FR | #4 | Pima (Ariz.) CC | | 5.19mA | 17-½ | 2/18 |

### Women's Triple Jump

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 4 | Aaliyah LINDSAY | FR | #1 | New Mexico JC | Q | 11.85m | 38-10½ | 1/21 |
| 1 | 4 | Dejah FULLER | FR | #2 | South Plains (Tex | Q | 11.85m | 38-10½ | 1/21 |
| 3 | 8 | MarieClaire ETON NTONGA | FR | #1 | New Mexico JC | Q | 11.64m | 38-2¼ | 2/18 |
| 4 | 9 | Jayla BROWN | FR | #1 | New Mexico JC | Q | 11.46m | 37-7¼ | 1/29 |
| 5 | 13 | Kayla JEMISON | FR | #6 | Hinds (Miss.) CC | Q | 11.31m | 37-1¼ | 2/18 |
| 6 | 15 | Ahniesha PRESULUME | FR | #1 | New Mexico JC | Q | 11.11m | 36-5½ | 1/29 |
| 7 | 30 | Jaida OLSON | FR | #4 | Pima (Ariz.) CC | | 9.90m | 32-5¾ (0.0) | 1/29 |

*USTFCCCA NJCAA Indoor Track & Field*

# Regional TFRI Event Summary

***WOMEN — 2022 Week #5, February 21***

as of 2/21/2022 8:09:51 AM

## West

### *Women's Shot Put*

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|
| 1 | 6 | Karsten DEAKIN | FR | #3 | Mesa (Ariz.) CC | Q | 12.88m | 42-3¼ | 1/22 |
| 2 | 10 | Julianna PEREZ | FR | #3 | Mesa (Ariz.) CC | Q | 12.27m | 40-3¼ | 2/5 |
| 3 | 15 | Luciana CHAVEZ | FR | #4 | Pima (Ariz.) CC | | 11.98m | 39-3¾ | 2/11 |
| 4 | 27 | Ronelle PLAZA | FR | #2 | South Plains (Tex | | 11.43m | 37-6 | 2/18 |
| 5 | 31 | Kimola HINES | FR | #2 | South Plains (Tex | | 11.13m | 36-6¼ | 1/21 |
| 6 | 36 | Kaprice FARACI | FR | #3 | Mesa (Ariz.) CC | | 10.96mA | 35-11½ | 2/18 |
| 7 | 38 | Isabelle BUHR | FR | #12 | Dawson (Mont.) C | | 10.83mA | 35-6½ | 2/18 |
| 8 | 40 | Alana JONES | FR | #4 | Pima (Ariz.) CC | | 10.72mA | 35-2 | 2/18 |
| 9 | 46 | Akira JONES | FR | #4 | Pima (Ariz.) CC | | 10.40m | 34-1½ | 2/5 |
| 10 | 48 | Amoy EDWARDS | FR | #1 | New Mexico JC | | 10.25mA | 33-7½ | 2/4 |

### *Women's Weight Throw*

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 10 | Luciana CHAVEZ | FR | #4 | Pima (Ariz.) CC | Q | 14.90m | 48-10¾ | 2/11 |
| 2 | 14 | Karsten DEAKIN | FR | #3 | Mesa (Ariz.) CC | | 14.35mA | 47-1 | 2/18 |
| 3 | 16 | Audrey ARMSTRONG | FR | #9 | Paradise Valley (A | | 14.17m | 46-6 | 1/29 |
| 4 | 19 | Akira JONES | FR | #4 | Pima (Ariz.) CC | | 13.93mA | 45-8½ | 2/18 |
| 5 | 21 | Julianna PEREZ | FR | #3 | Mesa (Ariz.) CC | | 13.66m | 44-9¾ | 2/5 |
| 6 | 31 | Ronelle PLAZA | FR | #2 | South Plains (Tex | | 12.70m | 41-8 | 2/18 |
| 7 | 49 | Sarah SHEITELMAN | FR | #11 | Glendale (Ariz.) C( | | 10.71m | 35-1¾ | 1/22 |
| 8 | 53 | Alana JONES | FR | #4 | Pima (Ariz.) CC | | 10.25m | 33-7½ | 2/11 |

### *Women's Pentathlon*

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 1 | 3 | Aaliyah LINDSAY | FR | #1 | New Mexico JC | Q | 3,144A | 2/4 |
| 2 | 4 | Jamelia SIMMONS | FR | #2 | South Plains (Tex | Q | 3,107 | 2/4 |
| 3 | 5 | Amoy EDWARDS | FR | #1 | New Mexico JC | Q | 3,068A | 2/4 |
| 4 | 8 | Joniar THOMAS | FR | #2 | South Plains (Tex | Q | 2,933 | 2/4 |
| 5 | 9 | Abigail WALLS | FR | #4 | Pima (Ariz.) CC | Q | 2,922 | 2/11 |
| 6 | 14 | Littlewood ELIZABETH | FR | #4 | Pima (Ariz.) CC | Q | 2,816 | 2/11 |
| 7 | 16 | Sara JACOBSON | FR | #3 | Mesa (Ariz.) CC | Q | 2,776 | 2/11 |
| 8 | 17 | Shay BERNAL | SO | #3 | Mesa (Ariz.) CC | Q | 2,725 | 2/11 |
| 9 | 21 | Jacklyn TRICE | FR | #4 | Pima (Ariz.) CC | Q | 2,629 | 2/11 |
| 10 | 31 | Ahniesha PRESULUME | FR | #1 | New Mexico JC | Q | 2,140A | 2/4 |