



USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2022 Week #1, March 28

as of 3/28/2022 4:07:48 PM

East

Women's 100 Meters

1	4	Sade GREENIDGE	SO	#2 Colby	12.02w	3/25
2	37	Lottie FRANCK	JR	#2 Colby	12.56	3/25
3	61	Julia PERUGINI	SO	#4 Tufts	12.71	3/26
4		AJ GODIOS	FR	#11 Emmanuel (Mass.)	12.92	3/26
5		Alison MCDONOUGH	JR	#1 Bridgewater State	12.99	3/26
6		Natasha MCINNIS	SR	#10 Fitchburg State	13.05	3/26
7		Amanda WALDEN	FR	#16 Suffolk	13.29	3/26
8		Ashley KELEHER	SO	#7 Colby-Sawyer	13.31	3/26
9		Jailene ESCALERA	JR	#1 Bridgewater State	13.44	3/26
10		Rachel PION	SR	Univ. of New Engl	13.47	3/26

Women's 100 Meter Hurdles

1	14	Christina SPELIAKOS	SR	#2 Colby	14.90w	3/25
2	24	Katherine JACOBS	SR	#6 Babson	15.32 (1.3)	3/19
3	29	Alison MCDONOUGH	JR	#1 Bridgewater State	15.45	3/26
4	32	Erin DAUGHERTY	FR	#2 Colby	15.52	3/25
5	34	Kassie BRINK	JR	#2 Colby	15.57w	3/25
6	43	Kimmy MCPHERSON	SO	#3 MIT	15.68	3/25
7	44	Jayci ANDREWS	SR	#1 Bridgewater State	15.69	3/26
8		Serenity SANDS	SO	#1 Bridgewater State	16.86	3/26
9		Rachel IP	JR	#6 Babson	17.47 (1.6)	3/19
10		Ava ESMAY	FR	Endicott	17.56	3/26

Women's 200 Meters

1	1	Sade GREENIDGE	SO	#2 Colby	25.01w	3/25
2	20	Lottie FRANCK	JR	#2 Colby	25.58	3/25
3	21	Julia PERUGINI	SO	#4 Tufts	25.59	3/26
4	46	AJ GODIOS	FR	#11 Emmanuel (Mass.)	26.02	3/26
5	64	Annika KRAL	FR	#4 Tufts	26.34	3/26
6		Kristina PIZZI	FR	#2 Colby	26.97	3/25
7		Kiara ABRANTES	FR	#1 Bridgewater State	27.18	3/26
8		Cora KAKALEC	SO	#4 Tufts	27.25	3/26
9		Ashley KELEHER	SO	#7 Colby-Sawyer	27.44	3/26
10		Madison ASHLEY	JR	#1 Bridgewater State	27.55	3/26

Women's 400 Meters

1	8	Julia HOWARTH	FR	#3 MIT	58.51	3/25
2	16	Maddy HON	FR	#3 MIT	59.48	3/25
3	18	Fiona MEJICO	FR	#2 Colby	59.51	3/25
4	36	Kristina PIZZI	FR	#2 Colby	1:00.33	3/25
5	38	Marina MILLER	FR	#3 MIT	1:00.46	3/25
6	44	Olivia DIAS	FR	#3 MIT	1:00.72	3/25
7	84	Angela HAGSTROM	FR	#6 Babson	1:01.78	3/26
8	95	Kiara ABRANTES	FR	#1 Bridgewater State	1:02.02	3/26
9		Erica DIMMICK	SR	Univ. of New Engl	1:02.69	3/26
10		Cora KAKALEC	SO	#4 Tufts	1:02.81	3/26

Women's 400 Meter Hurdles

1	8	Fiona MEJICO	FR	#2 Colby	1:04.72	3/25
2	11	Erin DAUGHERTY	FR	#2 Colby	1:05.28	3/25
3	12	Antonia KNOTH	SO	#4 Tufts	1:05.48	3/26
4	13	Emma SMITH	FR	#4 Tufts	1:05.59	3/26
5	22	Camilla MCALEER	FR	#2 Colby	1:06.47	3/25
6	40	Annah ROSSVALL	SR	#2 Colby	1:08.73	3/25
7	53	Willow WHITTEN	SO	#5 Husson	1:09.92	3/11
8	62	Emily SVERAK	SO	#4 Tufts	1:11.03	3/26
9	92	Norah GARVEY	SO	#5 Husson	1:13.30	3/11
10		Brooklyn GOFF	SO	#14 Saint Joseph's (M	1:15.12	3/26

Women's 800 Meters

1	6	Hannah NEILON	JR	#4 Tufts	2:15.72	3/26
2	7	Tara LOWENSOHN	JR	#4 Tufts	2:16.98	3/26
3	74	Olivia TOMLIN	FR	#2 Colby	2:25.86	3/25
4	77	Rose KITZ	SO	#4 Tufts	2:26.07	3/26
5	97	Charlotte FRENIERE	JR	#2 Colby	2:27.55	3/25
6		Charlotte WENTWORTH	FR	#15 UMaine Farmingto	2:28.40	3/26
7		Payton GOODWIN	SO	#5 Husson	2:28.46	3/11
8		Hannah FITZPATRICK	SR	#11 Emmanuel (Mass.)	2:28.59	3/26
9		Abigail BAIER	SR	#13 Gordon (Mass.)	2:28.96	3/26
10		Emily NEWCOMB	JR	Framingham Stat	2:29.26	3/26

Women's 1500 Meters

1	85	Rachel BRENNAN	SO	#13 Gordon (Mass.)	4:58.40	3/26
2		Ashleigh KELLEY	JR	#12 Regis (Mass.)	5:01.18	3/26
3		Ava DOWLING	FR	#5 Husson	5:03.99	3/11
4		Julie GLAVIN	JR	#1 Bridgewater State	5:04.74	3/26
5		Nicole MAJOR	SO	#1 Bridgewater State	5:05.60	3/26
6		Erin KELLEY	JR	#12 Regis (Mass.)	5:08.59	3/26
7		Skyler SPANBAUER	SO	#16 Suffolk	5:11.38	3/26
8		Hannah FITZPATRICK	SR	#11 Emmanuel (Mass.)	5:14.04	3/26
9		Allison RAPOSO	SO	#1 Bridgewater State	5:14.68	3/26
10		Kelsey KENNEDY	JR	#14 Saint Joseph's (M	5:19.00	3/26

Women's Steeplechase

1	79	Emily NEWCOMB	JR	Framingham Stat	13:15.68	3/26
2	90	Camryn BOYCE	SR	#17 Massachusetts M	14:06.55	3/26
3	96	Lilah MCANDREW	SO	#10 Fitchburg State	14:31.47	3/26
4	97	Emma ABBOTT	JR	#5 Husson	14:33.83	3/11
5	100	Courtney BROUILLET	JR	#10 Fitchburg State	17:48.22	3/26
6		Sophia LINGAR	FR	#9 Thomas (Maine)	17:53.47	3/11

Women's 5000 Meters

1		Ava DOWLING	FR	#5 Husson	19:07.36	3/11
2		Lily VALCOVIC	FR	#1 Bridgewater State	20:30.35	3/26
3		Caitlin KENDRICK	JR	#14 Saint Joseph's (M	20:40.81	3/26
4		Caitlin CONNEELY	JR	#8 Worcester State	20:41.15	3/26
5		Isabelle JACKSON	JR	#5 Husson	21:45.98	3/11
6		Amanda BEDARD	FR	Framingham Stat	21:49.54	3/26
7		Elliana MARTEL	FR	#1 Bridgewater State	23:01.79	3/26
8		Hannah VACCO	FR	#14 Saint Joseph's (M	23:04.76	3/26



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East

Women's 10,000 Meters

1	17	Penny KING	SO	#2 Colby	40:31.13	3/25
2	27	Samantha CARUS	FR	#7 Colby-Sawyer	40:58.44	3/26
3	35	Shannon O'CONNELL	JR	#7 Colby-Sawyer	41:27.36	3/26
4	55	Tessa MILLETTE	FR	#7 Colby-Sawyer	42:34.04	3/26
5	61	Maura BRUNS	JR	#1 Bridgewater State	43:07.84	3/26
6	66	Nicole JOHNS	JR	#6 Babson	43:21.88	3/26
7	69	Stephanie MISHLER	SR	#6 Babson	43:40.50	3/26
8	89	Eujin SHIN	FR	#6 Babson	46:40.39	3/26

Women's 4x100 Relay

1	5	Speliakos, Mejico, Roy, Greenidge	#2 Colby	48.50	3/25
2	37	Grady, Pellegrini, Maunsell, Herbert	#8 Worcester State	50.92	3/26
3	44	Reilly, Hagstrom, Ip, Jacobs	#6 Babson	51.11	3/19
4	67	Dangelo, Esmay, Aylwin, Dickens	Endicott	52.61	3/26
5	72	Pion, Kelley, King, Dimmick	Univ. of New Engl	52.94	3/26
6	78	Yanush, Young, Whitten, Banks	#5 Husson	53.40	3/11
7	79	Redding, Jensen, Emelo, Reny	#9 Thomas (Maine)	53.50	3/11
8	84	Concepcion, Walden, Wood, Seide	#16 Suffolk	54.10	3/26
9	86	McInnis, Messer, Spadafore, Aubuchon	#10 Fitchburg State	54.23	3/26
10	90	Belschner, Fagundo, Sheehan, Dellorusso	#12 Regis (Mass.)	54.44	3/26

Women's 4x400 Relay

1	7	Hon, Dias, Miller, Howarth	#3 MIT	3:58.46	3/25
2	10	Kral, Perugini, Neilon, Smith	#4 Tufts	4:02.09	3/26
3	30	Abrantes, Marra, Golden, Andrews	#1 Bridgewater State	4:13.73	3/26
4	53	Reilly, Ip, Mishler, Hagstrom	#6 Babson	4:24.58	3/26
5	61	O'Connell, Walsh, Keiper, Murph	#7 Colby-Sawyer	4:29.15	3/26
6	66	Whitten, Goodwin, Glisson, Dunton	#5 Husson	4:31.54	3/5
7	90	Huntington-Strohm, Redding, Bernard, Reny	#9 Thomas (Maine)	4:46.55	3/11
8	92	Minott, Pickarts, Burr, Wentworth	#15 UMaine Farmington	4:49.10	3/26
9	96	Kennedy, VanDeMoere, Kendrick, Goff	#14 Saint Joseph's (M)	4:54.39	3/26
10		Jean-Phillippe, D'Sa, Stevenson, Guirand	#12 Regis (Mass.)	5:08.85	3/26

Women's High Jump

1	1	Abigail PETERSON	JR	#1 Bridgewater State	1.71m	5-7¼	3/26
2	2	Sharde JOHNSON	SR	#2 Colby	1.69m	5-6½	3/25
3	5	Jaidyn APPEL	SO	#4 Tufts	1.65m	5-5	3/26
4	9	Serenity SANDS	SO	#1 Bridgewater State	1.62m	5-3¾	3/26
5	15	Kimmy MCPHERSON	SO	#3 MIT	1.60m	5-3	3/25
6	34	Isabel LLACH	FR	#2 Colby	1.55m	5-1	3/25
7	46	Anna EVANS	FR	Univ. of New Engl	1.53m	5-¼	3/26
8	52	Makany CAMARA	FR	#10 Fitchburg State	1.52m	4-11¾	3/26
8	52	Juliana PATRONE	SO	#1 Bridgewater State	1.52m	4-11¾	3/26
8	52	Lindsey GOLDEN	JR	#1 Bridgewater State	1.52m	4-11¾	3/26
8	52	Brooklyn GOFF	SO	#14 Saint Joseph's (M)	1.52m	4-11¾	3/26

Women's Pole Vault

1	5	Sarah FIRTH	FR	#4 Tufts	3.66m	12-0	3/26
2	26	Lila WINE	SO	#3 MIT	3.30m	10-9¾	3/25
3	66	Mary CALVERT	SO	#2 Colby	3.00m	9-10	3/25
4	82	Maya ANSBRO	SO	#4 Tufts	2.90m	9-6¼	3/26
5	98	Katie-Marie ROY	JR	#2 Colby	2.85m	9-4¼	3/25
6		Cassidy HO	SO	#4 Tufts	2.75m	9-¼	3/26
7		Camille HANNA	SR	#1 Bridgewater State	2.65m	8-8¼	3/26
7		Sarah AYLWIN	FR	Endicott	2.65m	8-8¼	3/26
9		Kinneal DICKENS	FR	Endicott	2.20m	7-2½	3/26
10		Alexa WILSON	SR	#1 Bridgewater State	2.05m	6-8¾	3/26

Women's Long Jump

1	32	Alison MCDONOUGH	JR	#1 Bridgewater State	5.18m	17-0	3/26
2	38	AJ GODIOS	FR	#11 Emmanuel (Mass.)	5.15m	16-10¾	3/26
3	43	Emma MARTIN	FR	#3 MIT	5.12m	16-9¾	3/25
4	51	Yilinn YANG	SO	#3 MIT	5.06m	16-7¼	3/25
5	79	Sarah AYLWIN	FR	Endicott	4.95m	16-3	3/26
6		Sydni LEHR	SO	Univ. of New Engl	4.84m	15-10½	3/26
7		Lily MATSON	SR	#2 Colby	4.81m	15-9½	3/25
8		Abigail BAIER	SR	#13 Gordon (Mass.)	4.80m	15-9	3/26
9		Maureen GRADY	JR	#8 Worcester State	4.79mw	15-8¾	3/26
10		Payton GOODWIN	SO	#5 Husson	4.70m	15-5 (-0.9)	3/11

Women's Triple Jump

1	15	Jaidyn APPEL	SO	#4 Tufts	11.02m	36-2	3/26
2	20	Lily MATSON	SR	#2 Colby	10.91m	35-9½	3/25
3	22	Emma MARTIN	FR	#3 MIT	10.89m	35-8¾	3/25
4	39	Avonia HERBERT	JR	#8 Worcester State	10.58m	34-8½	3/26
5	45	Kassie BRINK	JR	#2 Colby	10.51m	34-5¾	3/25
6	77	Tristen GOMES	FR	#1 Bridgewater State	10.10mw	33-1¾	3/26
7	90	Kinneal DICKENS	FR	Endicott	9.99m	32-9½	3/26
8	95	Allison KONDRACKI	SR	#5 Husson	9.91m	32-6¼ (0.0)	3/11
9		Sydni LEHR	SO	Univ. of New Engl	9.83m	32-3	3/26
10		Tiffany YANUSH	FR	#5 Husson	9.81m	32-2¼ (-1.1)	3/11



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East

Women's Shot Put

1	2	Alexis BOYKIN	FR	#3	MIT	13.11m	43-1/4	3/25
2	18	Shannon PARKS	SR	#18	Keene State	12.06m	39-6 3/4	3/26
3	58	Nicole DANIELLO	JR		Endicott	11.29m	37-1/2	3/26
4	69	Emily BALL	FR	#3	MIT	11.13m	36-6 1/4	3/25
5		Abigail WIRLING	JR	#13	Gordon (Mass.)	10.59m	34-9	3/26
6		Ephemian BAILEY	FR	#10	Fitchburg State	10.33m	33-10 3/4	3/26
7		Alyssa FRENCH- GRAHAM	FR	#11	Emmanuel (Mass.)	10.01m	32-10 1/4	3/26
8		Te'Yalla SIMPSON	FR		Eastern Nazarene	9.81m	32-2 1/4	3/26
9		Mary DISANTO	FR	#9	Thomas (Maine)	9.70m	31-10	3/11
10		Megan WEATHERBEE	SR	#1	Bridgewater State	9.57m	31-4 3/4	3/26

Women's Discus

1	8	Emily BALL	FR	#3	MIT	40.59m	133-2	3/25
2	51	Alexis BOYKIN	FR	#3	MIT	35.88m	117-9	3/25
3		Ephemian BAILEY	FR	#10	Fitchburg State	32.93m	108-1	3/26
4		Erika LEASHER	FR	#3	MIT	32.82m	107-8	3/25
5		Ashley GARVEY	SR	#1	Bridgewater State	32.67m	107-2	3/26
6		Alyssa CAPUTO	FR		Framingham State	31.41m	103-1	3/26
7		Madeline WALTERS	FR	#4	Tufts	29.89m	98-3/4	3/26
8		Asha SPELLER	FR	#10	Fitchburg State	29.58m	97-3/4	3/26
9		Elisabeth COOKE	SR	#12	Regis (Mass.)	28.42m	93-3	3/26
10		Te'Yalla SIMPSON	FR		Eastern Nazarene	28.16m	92-4 3/4	3/26

Women's Hammer

1	13	Alexis BOYKIN	FR	#3	MIT	46.22m	151-8	3/25
2	50	Emily BALL	FR	#3	MIT	40.90m	134-2	3/25
3	80	Caileigh BLACKMER	SR	#11	Emmanuel (Mass.)	38.74m	127-1	3/26
4	95	Ashley GARVEY	SR	#1	Bridgewater State	38.02m	124-9	3/26
5	100	Erika LEASHER	FR	#3	MIT	37.90m	124-4	3/25
6		Malika CRUICKSHANK	SR	#1	Bridgewater State	36.92m	121-2	3/26
7		Abigail WIRLING	JR	#13	Gordon (Mass.)	33.46m	109-10	3/26
8		Faith MAZZAPICA	SO	#7	Colby-Sawyer	33.26m	109-2	3/26
9		Emily HARGREAVES	JR	#15	UMaine Farmington	32.91m	108-0	3/26
10		Kimberly MOULTON	JR	#14	Saint Joseph's (Maine)	32.75m	107-6	3/26

Women's Javelin

1	24	Riley SANDERSON	SR	#8	Worcester State	36.43m	119-6	3/26
2	46	Samantha PERKINS	FR	#12	Regis (Mass.)	34.02m	111-8	3/26
3	67	Julia RENY	FR	#9	Thomas (Maine)	32.85m	107-10	3/11
4	85	Nina SITARSKI	SR	#6	Babson	31.84m	104-6	3/19
5		Maeghan BERNARD	FR	#9	Thomas (Maine)	30.05m	98-7 1/4	3/11
6		Molly WALKER	SO	#9	Thomas (Maine)	28.18m	92-5 1/2	3/11
7		Hailey KILROY	JR	#1	Bridgewater State	27.40m	89-10 3/4	3/26
8		Taylor SOLIMINE	JR	#8	Worcester State	27.39m	89-10 1/2	3/26
9		Arianna CONSTANT	FR	#8	Worcester State	26.46m	86-9 3/4	3/26
10		Sienna MATREGRANO	FR		Univ. of New England	24.34m	79-10 1/4	3/26



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Great Lakes

Women's 100 Meters

1	25	Madjo DOUMBIA	FR	#5	Centre	12.43w		3/5
2	36	Zaleeya MARTIN	SR	#14	Hanover	12.53w	(3.7)	3/19
3	37	Lindsey MAGOTEAUX	FR	#6	Wittenberg	12.56		3/25
4	82	Lydia BAUMGARTNER	FR	#13	Otterbein	12.79	(0.6)	3/17
4	82	Sarah O'DAY	SO	#16	Franklin	12.79w	(3.3)	3/19
6	92	Avery CAMPBELL	SO	#7	Albion	12.84	(-2.3)	3/11
7		Meghan FRAZIER	FR	#6	Wittenberg	12.90w		3/25
8		Helen DODGE	JR	#1	Hope	12.94w		3/25
9		Layla WILKS	SR	#7	Albion	13.04	(0.1)	3/11
10		Zora SHAKHAM	SO	#6	Wittenberg	13.05w		3/25

Women's 100 Meter Hurdles

1	2	Daysia HARGRAVE	FR	#8	Wooster	14.27w	(2.8)	3/17
2	10	Gracie DENNISON	SO	#13	Otterbein	14.68	(0.9)	3/17
3	20	Erin PASCH	SR	#3	DePauw	15.22		3/25
4	52	Sarah OZEKI	FR	#2	Case Western Res	15.85w	(3.2)	3/18
5	53	Emily HOPKINS	FR	#2	Case Western Res	15.86w	(3.2)	3/18
6	70	Nayaisha EDMOND	SO	#7	Albion	16.35	(-0.6)	3/11
7	75	Callie GORMLEY	FR	#5	Centre	16.41w	(3.6)	3/18
8	89	Emily NORKOWSKI	FR	#15	Olivet	16.64w		3/25
9	94	Mia KILROY	FR	#2	Case Western Res	16.69w	(2.5)	3/18
10	98	Melina MANGINO	JR	#10	Allegheny (Pa.)	16.75w		3/26

Women's 200 Meters

1	25	Erin PASCH	SR	#3	DePauw	25.72w		3/25
2	44	Lindsey MAGOTEAUX	FR	#6	Wittenberg	26.01w		3/25
3	54	Lydia BAUMGARTNER	FR	#13	Otterbein	26.21	(1.8)	3/17
4	56	Madjo DOUMBIA	FR	#5	Centre	26.23w	(3.6)	3/18
5	90	Grace BEHRENS	JR	#1	Hope	26.61w		3/25
6	93	Zaleeya MARTIN	SR	#14	Hanover	26.62	(1.8)	3/19
7		Meghan FRAZIER	FR	#6	Wittenberg	26.80		3/25
8		Mihaela TOADER	JR	#10	Allegheny (Pa.)	26.91		3/26
9		Helen DODGE	JR	#1	Hope	26.99		3/25
10		Amanda LINES	JR	#1	Hope	27.13w		3/25

Women's 400 Meters

1	10	Erin PASCH	SR	#3	DePauw	58.67		3/19
2	37	Elise MOORE	FR	#2	Case Western Res	1:00.35		3/18
3	55	Grace BEHRENS	JR	#1	Hope	1:00.98		3/25
4	61	Coree GIFFORD	FR	#13	Otterbein	1:01.26		3/17
5	71	Alexandria COFFIN	SR	#5	Centre	1:01.36		3/18
6	77	Madjo DOUMBIA	FR	#5	Centre	1:01.47		3/18
7	98	Annalise GRAMMEL	SO	#3	DePauw	1:02.15		3/19
8		Abby COLLIER	FR	#4	Baldwin Wallace	1:02.25		3/18
9		Taylor ALLEN	SR	#22	Transylvania	1:02.36		3/18
10		Mihaela TOADER	JR	#10	Allegheny (Pa.)	1:02.79		3/26

Women's 400 Meter Hurdles

1	30	Mia KILROY	FR	#2	Case Western Res	1:07.75		3/25
2	37	Hayley SCOLLARD	SR	#1	Hope	1:08.02		3/25
3	41	Daysia HARGRAVE	FR	#8	Wooster	1:08.78		3/17
4	43	Seelye STOFFREGEN	JR	#3	DePauw	1:08.89		3/19
5	58	Sophie HALL	SR	#1	Hope	1:10.84		3/25
6	77	Alexis GOZDAN	FR	#4	Baldwin Wallace	1:12.51		3/18
7	82	Reese NEUMEYER	FR	#6	Wittenberg	1:12.76		3/25
8	91	Nayaisha EDMOND	SO	#7	Albion	1:13.26		3/11
9	93	Kenni VOYTEK	FR	#4	Baldwin Wallace	1:13.32		3/18
10		Anna HASELEY	JR	#1	Hope	1:15.07		3/25

Women's 800 Meters

1	26	Jessica KWASNY	FR	#2	Case Western Res	2:20.77		3/18
2	57	Erin PASCH	SR	#3	DePauw	2:24.32		3/25
3	66	Catherine HALLMAN	SR	#5	Centre	2:25.59		3/5
4	70	Jessica CAMPBELL	FR	#18	Franciscan	2:25.70		3/17
5	83	Cassidy SHAVER	FR	#13	Otterbein	2:26.59		3/17
6		Emma JACOBS	FR	#3	DePauw	2:27.74		3/19
7		Rachel DELANCEY	JR	#3	DePauw	2:28.65		3/19
8		Susanna HENRY	JR	#2	Case Western Res	2:28.84		3/18
9		Ashlin LAFOND	SR	#18	Franciscan	2:30.27		3/17
10		Haley MAKOWSKI	FR	#16	Franklin	2:30.73		3/19

Women's 1500 Meters

1	14	Hope MURPHY	FR	#4	Baldwin Wallace	4:43.72		3/25
2	18	Jacinda COLE	SR	#1	Hope	4:45.28		3/25
3	26	Sydney JENKO	SO	#11	John Carroll	4:48.65		3/25
4	27	Jessica KWASNY	FR	#2	Case Western Res	4:49.12		3/18
5	30	Lauren WELKER	SR	#6	Wittenberg	4:50.09		3/25
6	47	Athena THARENOS	SO	#8	Wooster	4:54.20	(5:17.74(1))	3/17
7	49	Claire EBERHARDT	FR	#11	John Carroll	4:54.87		3/25
8	52	Erica ESPER	FR	#11	John Carroll	4:55.12		3/25
9	60	Anna MASON	JR	#1	Hope	4:55.99		3/25
10	69	Catherine HALLMAN	SR	#5	Centre	4:57.23		3/5

Women's Steeplechase

1	4	Alyssa LAUGHNER	JR	#4	Baldwin Wallace	11:16.60		3/25
2	9	Samantha BIETH	JR	#7	Albion	11:42.79		3/11
3	10	Shauna GLAVIN	JR	#11	John Carroll	11:46.55		3/25
4	13	Sydney KHOSLA	SO	#6	Wittenberg	11:54.92		3/25
5	21	Elizabeth LOHMAN	JR	#19	Manchester	12:02.64		3/18
6	23	Shannon WIESZCZEK	SR	#18	Franciscan	12:03.73		3/17
7	30	Cassandra KOLONCHUK	FR	#4	Baldwin Wallace	12:09.96		3/18
8	33	Madelyn MARCINIAK	SR	#1	Hope	12:12.08		3/25
9	37	Kendall MANN	FR	#3	DePauw	12:19.82		3/19
10	50	Jaelyn JAQUAY	FR	#4	Baldwin Wallace	12:34.10		3/25



USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2022 Week #1, March 28

as of 3/28/2022 4:07:49 PM

Great Lakes

Women's 5000 Meters

1	1	Evie MILLER	SR #20 Trine	16:26.99	3/24
2	9	Megan AARON	JR #10 Allegheny (Pa.)	17:43.15	3/26
3	10	Rebecca MARKHAM	SO #1 Hope	17:43.49	3/25
4	13	Megan MCCULLOCH	JR #7 Albion	17:51.53	3/11
5	15	Meghan OWENS	JR #5 Centre	17:53.40	3/18
6	27	Athena THARENOS	SO #8 Wooster	18:11.65	3/17
7	31	Brianna MEDCALF	SR #14 Hanover	18:17.37	3/19
8	43	Catherine HALLMAN	SR #5 Centre	18:28.62	3/18
9	48	Corin TURKOVICH	SO #6 Wittenberg	18:33.78	3/25
10	55	Isabelle HOOVER	JR #8 Wooster	18:39.40	3/17

Women's 10,000 Meters

1	1	Anastasia TUCKER	JR #1 Hope	35:19.33	3/24
2	11	Halle BENTLEY	JR #13 Otterbein	40:11.46	3/17
3	56	Kayla BERTHOLF	SR #8 Wooster	42:36.52	3/17

Women's 4x100 Relay

1	23	Dodge, Lines, Drake, Behrens	#1 Hope	50.30	3/25
2	34	Collier, Childers, Voytek, Varga	#4 Baldwin Wallace	50.74	3/18
3	42	Anderson, Martino, Schworm, Toader	#10 Allegheny (Pa.)	51.09	3/26
4	43	Neumeyer, Frazier, Collins, Magoteaux	#6 Wittenberg	51.10	3/25
5	45	Zinsser, Moore, Hopkins, Scherf	#2 Case Western Res	51.16	3/18
6	52	Borland, Grammel, Cagan, Stoffregen	#3 DePauw	51.64	3/19
7	55	Coffin, Gormley, Smith, Doumbia	#5 Centre	51.67	3/18
8	56	Wilks, Welker, Brown, Campbell	#7 Albion	51.77	3/11
9	87	Eldridge, Norkowski, Jolliff, DeVault	#15 Olivet	54.25	3/25

Women's 4x400 Relay

1	23	Childers, Collier, Voytek, Varga	#4 Baldwin Wallace	4:10.63	3/18
2	42	Timperman, Behrens, Haseley,	#1 Hope	4:18.43	3/25
3	49	Zinsser, Phung, Kilroy, Kwasny	#2 Case Western Res	4:21.90	3/18
4	58	Desenberg, Makowski, Watson, Gregory	#16 Franklin	4:27.78	3/19
5	62	Norkowski, Eldridge, Tepin, Stevens	#15 Olivet	4:29.49	3/25
6	73	Willison, Khosla, Shakham, Welker	#6 Wittenberg	4:35.82	3/25
7	98	Lindfelt, Sebastian, Knudtson, Villa	#9 Rose-Hulman	4:59.44	3/19

Women's High Jump

1	28	Mia VARGO	FR #2 Case Western Res	1.57m	5-1¾	3/18
1	28	Julissa WILLIAMS	FR #6 Wittenberg	1.57m	5-1¾	3/19
3	46	Erin PASCH	SR #3 DePauw	1.53m	5-¼	3/25
3	46	Drew PATTERSON	SO #8 Wooster	1.53m	5-¼	3/17
5	52	Gloria JURCISEK	FR #4 Baldwin Wallace	1.52m	4-11¾	3/18
6	91	Abby HARTMAN	FR #3 DePauw	1.49m	4-10½	3/19
7	93	Elena WELKER	JR #7 Albion	1.48m	4-10¼	3/11
8		Taylor WEISS	FR #6 Wittenberg	1.45m	4-9	3/25
8		Allison SCHRAM	FR #1 Hope	1.45m	4-9	3/25
8		Gabby JOLLIFF	JR #15 Olivet	1.45m	4-9	3/25
8		Spencer NEVILLE	SR #17 Muskingum	1.45m	4-9	3/19

Women's Pole Vault

1	30	Caroline BEERY	FR #11 John Carroll	3.20m	10-6	3/25
2	41	Nina JAZDZEWSKI	SO #14 Hanover	3.12m	10-2¾	3/19
2	41	Emma STEMEN	SO #3 DePauw	3.12m	10-2¾	3/19
4	44	Victoria ZHAO	FR #2 Case Western Res	3.07m	10-¾	3/18
5	47	Gabby JOLLIFF	JR #15 Olivet	3.05m	10-0	3/25
6	66	Kyria GOWMAN	JR #1 Hope	3.00m	9-10	3/25
7	75	Claire PERKINS	SR #9 Rose-Hulman	2.97m	9-9	3/19
8	78	Shelby COOPER	FR #2 Case Western Res	2.92m	9-7	3/18
8	78	Ameila DIBIASE	FR #2 Case Western Res	2.92m	9-7	3/18
10	98	Kenzie MURRAY	SO #23 Heidelberg	2.85m	9-4¼	3/26

Women's Long Jump

1	13	Rofiat ADEYEMI	SO #9 Rose-Hulman	5.40m	17-8¾ (0.0)	3/19
2	14	Erin PASCH	SR #3 DePauw	5.37m	17-7½	3/25
3	19	Daysia HARGRAVE	FR #8 Wooster	5.28m	17-4 (-0.8)	3/17
4	28	Callie GORMLEY	FR #5 Centre	5.19m	17-½ (2.0)	3/18
4	28	Lauren MCDOWELL	SR #7 Albion	5.19m	17-½ (0.0)	3/11
6	80	Mihaela TOADER	JR #10 Allegheny (Pa.)	4.94m	16-2½	3/26
7	89	Elena WELKER	JR #7 Albion	4.90m	16-1 (0.0)	3/11
8		Jaida SMITH	JR #3 DePauw	4.84m	15-10½ (0.0)	3/19
9		Emily HOPKINS	FR #2 Case Western Res	4.81m	15-9½	3/25
10		Shelby SMITH	SO #5 Centre	4.80m	15-9 (2.0)	3/18

Women's Triple Jump

1	11	Sarah OZEKI	FR #2 Case Western Res	11.09m	36-4¾ (1.7)	3/18
2	24	Emily HOPKINS	FR #2 Case Western Res	10.88m	35-8½ (2.0)	3/18
3	26	Rofiat ADEYEMI	SO #9 Rose-Hulman	10.82m	35-6 (0.0)	3/19
4	64	Shelby SMITH	SO #5 Centre	10.22m	33-6½	3/5
5	68	Ashley DUBOIS	SR #7 Albion	10.19m	33-5¼ (0.9)	3/11
6	89	Kyra HICKS	SO #9 Rose-Hulman	10.00m	32-9¾ (0.0)	3/19
7	90	Emma FEHRMAN	FR #12 Marietta	9.99mw	32-9½ (4.0)	3/19
8		Taylor WEISS	FR #6 Wittenberg	9.85m	32-3¾	3/25
9		Taylor NOVOTNY	SO #1 Hope	9.47m	31-1	3/25
10		Jacquelynn GRINNELL	FR #17 Muskingum	9.32m	30-7 (-1.1)	3/19



USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2022 Week #1, March 28

as of 3/28/2022 4:07:49 PM

Great Lakes

Women's Shot Put

1	3	Greta ROBRAHN	FR	#1	Hope	13.01m	42-8¼	3/25
2	8	Abigail RODRIGUEZ	JR	#4	Baldwin Wallace	12.76m	41-10½	3/25
3	19	Lydia GIANNINI	JR	#10	Allegheny (Pa.)	12.02m	39-5¼	3/26
4	26	Lauren FOUTCH	SO	#5	Centre	11.83m	38-9¾	3/5
5	27	Erin PASCH	SR	#3	DePauw	11.81m	38-9	3/25
6	42	Annie PRIEST	JR	#12	Marietta	11.53m	37-10	3/19
7	45	Amelia BONT	JR	#1	Hope	11.46m	37-7¼	3/25
8	46	Adrienne WACHTMAN	FR	#2	Case Western Res	11.44m	37-6½	3/25
9	48	Catherine DIAL	FR	#4	Baldwin Wallace	11.40m	37-5	3/18
10	53	Evelyn UTLEY	FR	#9	Rose-Hulman	11.32m	37-1¾	3/19

Women's Discus

1	19	Lilly JOHNS	FR	#4	Baldwin Wallace	38.48m	126-3	3/18
2	20	Brooke HUFFMAN	SO	#12	Marietta	38.38m	125-11	3/19
3	47	Lauren FOUTCH	SO	#5	Centre	36.09m	118-5	3/5
4	50	Abigail RODRIGUEZ	JR	#4	Baldwin Wallace	35.93m	117-11	3/25
5	52	Greta ROBRAHN	FR	#1	Hope	35.83m	117-7	3/25
6	59	Anna ALBAUGH	SR	#7	Albion	35.49m	116-5	3/11
7	61	Tess ANTHONY	FR	#7	Albion	35.48m	116-5	3/11
8	64	Annie PRIEST	JR	#12	Marietta	35.05m	115-0	3/19
9	69	Ravyn GOODSON	FR	#13	Otterbein	34.81m	114-3	3/17
10	76	Makaylah CASTELOW	FR		Earlham	34.54m	113-4	3/19

Women's Hammer

1	7	Olivia HURTT	JR	#11	John Carroll	49.21m	161-6	3/25
2	16	Anna ALBAUGH	SR	#7	Albion	45.21m	148-4	3/11
3	22	Annie PRIEST	JR	#12	Marietta	44.14m	144-10	3/19
4	27	Lauren FOUTCH	SO	#5	Centre	43.47m	142-8	3/5
5	28	Brooke HUFFMAN	SO	#12	Marietta	43.25m	141-11	3/19
6	37	Catherine DIAL	FR	#4	Baldwin Wallace	42.41m	139-2	3/18
7	46	Kelsey DUNN	JR	#11	John Carroll	41.19m	135-2	3/25
8	56	Emily TORRES	FR	#4	Baldwin Wallace	40.45m	132-9	3/25
9	60	Erica MOHR	SR	#19	Manchester	40.02m	131-4	3/18
10	62	Lydia GIANNINI	JR	#10	Allegheny (Pa.)	39.85m	130-9	3/26

Women's Javelin

1	21	Erin PASCH	SR	#3	DePauw	37.01m	121-5	3/25
2	26	Hope GOMEZ	JR	#10	Allegheny (Pa.)	35.91m	117-10	3/26
3	31	Meghan OWENS	JR	#5	Centre	35.44m	116-3	3/26
4	53	Aaliyah BRIGGS	SO	#9	Rose-Hulman	33.68m	110-6	3/19
5	71	Mikayla DEIOTTE	SR	#17	Muskingum	32.66m	107-2	3/19
6	73	Anna ALBAUGH	SR	#7	Albion	32.43m	106-5	3/11
7	83	Taylor TATLOCK	SO	#16	Franklin	31.94m	104-10	3/19
8	91	Ainsley WIESNER	SO	#8	Wooster	31.29m	102-8	3/17
9		Samantha NYSTROM	SR	#9	Rose-Hulman	30.75m	100-11	3/19
10		Elena WELKER	JR	#7	Albion	30.62m	100-6	3/11

Women's Heptathlon

1	1	Erin PASCH	SR	#3	DePauw	4,978		3/25
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USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2022 Week #1, March 28

as of 3/28/2022 4:07:49 PM

Metro

Women's 100 Meters

1	16	Helen DAVIS	JR	#3	Moravian	12.31w	3/26
2	26	Promise FADAHUNSI	JR	#1	Rowan	12.45w (3.6)	3/18
3	58	Zrreyah MOORE	SO	#5	Rutgers-Newark	12.69w (3.4)	3/17
4	100	Nicole NOTARANNI	SR	#1	Rowan	12.89w (3.6)	3/18
5		Chidimma IGWE	SO	#5	Rutgers-Newark	13.00w	3/26
6		Katelyn SPRAGUE	FR	#1	Rowan	13.17 (1.8)	3/18
7		Megan SMITH	FR	#4	Stockton	13.21	3/26
8		Samantha ELOY	SO	#1	Rowan	13.23w	3/26
8		Sophia GRESHAM	JR	#1	Rowan	13.23	3/26
10		Karla GOMEZ-MATOS	FR	#2	TCNJ	13.31	3/25

Women's 100 Meter Hurdles

1	4	Nicole NOTARANNI	SR	#1	Rowan	14.47w (3.2)	3/18
2	16	Eliza BRUNCAJ	FR	#2	TCNJ	15.06	3/25
3	30	Victoria PURRITANO	JR	#2	TCNJ	15.47	3/25
4	40	Molly LODGE	FR	#1	Rowan	15.64w (3.2)	3/18
5	55	Gloria HUGHES	FR	#1	Rowan	15.98	3/26
6	61	Sarah MULLEN	SO	#17	Delaware Valley	16.14w	3/26
7	87	Kayleigh DURNING	SR	#13	Muhlenberg	16.61w	3/26
8	92	Kristen WILLIAMS	SO	#6	Stevens	16.66w	3/26
9		Funmilayo AKA-BASHORUN	JR	#4	Stockton	17.33	3/26
10		Pearl OPAREBEA	SR	#5	Rutgers-Newark	17.52 (1.8)	3/17

Women's 200 Meters

1	4	Crystal ROBINSON	JR	#3	Moravian	25.17	3/26
2	10	Molly LODGE	FR	#1	Rowan	25.33 (1.2)	3/18
3	17	Zrreyah MOORE	SO	#5	Rutgers-Newark	25.48w (2.7)	3/17
4	27	Gina DELLO RUSSO	SR	#6	Stevens	25.78w	3/26
5	28	Abigail GIAMONI	FR	#3	Moravian	25.79	3/26
6	44	Helen DAVIS	JR	#3	Moravian	26.01	3/26
7	49	Nevaeh LORJUSTE	FR	#1	Rowan	26.07 (0.9)	3/18
8	54	Promise FADAHUNSI	JR	#1	Rowan	26.21 (1.2)	3/18
9	62	Chidimma IGWE	SO	#5	Rutgers-Newark	26.32w (2.2)	3/17
10	81	Kathleen PEDERSEN	JR	#1	Rowan	26.51 (0.7)	3/18

Women's 400 Meters

1	5	Nevaeh LORJUSTE	FR	#1	Rowan	58.22	3/18
2	24	Kathleen PEDERSEN	JR	#1	Rowan	59.81	3/18
3	39	Zrreyah MOORE	SO	#5	Rutgers-Newark	1:00.48	3/17
4	41	Ashlyn MACLURE	JR	#2	TCNJ	1:00.56	3/25
5	43	Crystal ROBINSON	JR	#3	Moravian	1:00.63	3/26
6	53	Valandra RIGGINS	SO	#2	TCNJ	1:00.94	3/25
6	53	Abigail RADCLIFFE	FR	#8	DeSales	1:00.94	3/18
8	55	Abigail GIAMONI	FR	#3	Moravian	1:00.98	3/26
9	83	Amanthy SOSA CACERE	SR	#1	Rowan	1:01.76	3/26
10	90	Jasmine BROADWAY	FR	#1	Rowan	1:01.90	3/18

Women's 400 Meter Hurdles

1	10	Eliza BRUNCAJ	FR	#2	TCNJ	1:05.01	3/25
2	29	Victoria PURRITANO	JR	#2	TCNJ	1:07.70	3/25
3	52	Sameerah KHAN	SO	#2	TCNJ	1:09.79	3/25
4	55	Mahon MCCLENAHAN	SR	#1	Rowan	1:09.95	3/18
5	85	Quinn BASEWITZ	JR	#11	Swarthmore	1:13.02	3/11
6	96	Nicole BERTOLLO	JR	#1	Rowan	1:13.45	3/26
7		Pearl OPAREBEA	SR	#5	Rutgers-Newark	1:13.89	3/26
8		Liz BLASKI	FR	#3	Moravian	1:14.50	3/26
9		Brya BYRD	SO	#5	Rutgers-Newark	1:16.23	3/26
10		Ashley RODRIGUES	FR	#3	Moravian	1:19.98	3/26

Women's 800 Meters

1	48	Jessie KLENK	SO	#4	Stockton	2:23.01	3/26
2	61	Hailey SHREFFLER	FR	#7	Eastern (Pa.)	2:24.90	3/19
3	71	Gayathri NARYANAN	FR	#5	Rutgers-Newark	2:25.77	3/17
4	76	Anna SASSE	FR	#1	Rowan	2:25.94	3/26
5	85	Sarah TUOHY	FR	#2	TCNJ	2:26.70	3/25
6		Salini IYER	FR	#2	TCNJ	2:28.09	3/25
7		Sha'Lynn CLARKE	JR	#1	Rowan	2:28.52	3/18
8		Malin JUST	FR	#10	Bryn Mawr	2:28.54	3/26
9		Carley TOOL	SR	#1	Rowan	2:28.78	3/18
10		Jaelyn BARKLEY	FR	#4	Stockton	2:28.84	3/26

Women's 1500 Meters

1	68	Kelsey KOBUS	JR	#2	TCNJ	4:57.05	3/25
2	79	Natalie STABILITO	SR	#3	Moravian	4:57.96	3/26
3		Anna SASSE	FR	#1	Rowan	5:05.99	3/26
4		Hailey SHREFFLER	FR	#7	Eastern (Pa.)	5:06.05	3/25
5		Alina IRVINE	FR	#11	Swarthmore	5:06.24	3/11
6		Carley TOOL	SR	#1	Rowan	5:06.89	3/18
7		LeeAnn MARKWALTER	JR	#8	DeSales	5:07.26	3/18
8		Cassidy QUINN	SO	#2	TCNJ	5:09.20	3/25
9		Courtney HUMPHREYS	SO	#18	Neumann	5:10.12	3/25
10		Alycia HAYNES	SR	#12	Farmingdale State	5:10.33	3/26

Women's Steeplechase

1	20	Santina BURAK	SR	#3	Moravian	12:01.82	3/26
2	89	Rachael GOODMAN	FR	#3	Moravian	13:52.40	3/26
3	98	Kelly CUMMINGS	SO	#7	Eastern (Pa.)	14:47.67	3/25

Women's 5000 Meters

1	49	Amelia SMITH	SO	#8	DeSales	18:33.82	3/18
2	78	Lyndsay BOYD	SR	#1	Rowan	18:54.35	3/18
3		Jenna PRIORE	JR	#2	TCNJ	19:15.69	3/25
4		Emma MARION	SR	#3	Moravian	19:16.74	3/26
5		Elizabeth ASKIN	SO	#2	TCNJ	19:17.88	3/25
6		Riley STELLITANO	FR	#2	TCNJ	19:18.05	3/25
7		Cameron WRIGHT	SO	#1	Rowan	19:52.26	3/18
8		Izzy RAVAGLIA	FR	#10	Bryn Mawr	19:59.65	3/26
9		Camryn KARIS-SCONYERS	FR	#10	Bryn Mawr	20:30.60	3/26
10		Sam LYSTER	FR	#10	Bryn Mawr	20:42.65	3/26



USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2022 Week #1, March 28

as of 3/28/2022 4:07:49 PM

Metro

Women's 10,000 Meters

1	32	Nicole FENSKE	JR	#2	TCNJ	41:20.35	3/25
2	43	Brittany SCHOFIELD	SR	#2	TCNJ	41:44.41	3/25
3	51	Tara DONOGHUE	JR	#2	TCNJ	42:19.02	3/25
4	88	Fionna FEERICK	FR	#6	Stevens	45:46.17	3/25

Women's 4x100 Relay

1	21	Lodge, Fadahunsi, Notaranni, Sosa Cacere	#1	Rowan	50.09	3/26
2	46	Smith, Morrison, Aka- Bashorun, Apple	#4	Stockton	51.23	3/26
3	75	Wright, Cichon, Kosky, McNeil	#12	Farmingdale Stat	53.09	3/26
4	88	Scott, McIntosh, Webb, Bellmon		York (N.Y.)	54.40	3/26
5	92	Whetstone, Tarangelo, Ramos, Albright		Montclair State	54.50	3/26
6	97	McShea, La Grotte, Clarency, O'Neill	#15	Gwynedd-Mercy	55.72	3/26

Women's 4x400 Relay

1	4	Lodge, Sosa Cacere, Pedersen, Lorjuste	#1	Rowan	3:57.76	3/18
2	35	Maldonado, O'Donnell, Barkley, Washington	#4	Stockton	4:16.89	3/26
3	40	Igwe, Moore, Oparebea, Naryanan	#5	Rutgers-Newark	4:18.39	3/17
4	48	Bossdorf, Diaz, Iyer, Tuohy	#2	TCNJ	4:21.00	3/25
5	76	Stabilito, Murphy, Byrne, Poniktera	#3	Moravian	4:36.30	3/26
6	89	Pasia, Wojcik, Just, Parker	#10	Bryn Mawr	4:46.36	3/26
7	94	Jacobs, Durning, Ferrizzi, Morisi	#13	Muhlenberg	4:50.86	3/26
8		Kern, Riley, Dunleavy, Marone	#14	Cedar Crest	5:06.75	3/19

Women's High Jump

1	15	Susann FOLEY	SO	#4	Stockton	1.60m	5-3	3/26
1	15	Lexi GROFF	SO	#3	Moravian	1.60m	5-3	3/26
3	21	Margaret HARDIGG	SO	#10	Bryn Mawr	1.58m	5-2¼	3/26
4	34	Kayley HARNETT	FR	#2	TCNJ	1.55m	5-1	3/25
5	52	Tyra WINGLE	SR	#8	DeSales	1.52m	4-11¾	3/18
6	69	Abigail PFAFF	FR	#2	TCNJ	1.50m	4-11	3/25
6	69	Kaitlyn VERVER	FR	#4	Stockton	1.50m	4-11	3/26
8		Allie CANCIANI	SO	#6	Stevens	1.44m	4-8¾	3/26
8		Cristina D'AMATO	FR	#7	Eastern (Pa.)	1.44m	4-8¾	3/19
10		Gloria HUGHES	FR	#1	Rowan	1.42m	4-7¾	3/18

Women's Pole Vault

1	14	Nicole LESTER	JR	#2	TCNJ	3.50m	11-5¾	3/25
1	14	Lauren PRESTON	JR	#4	Stockton	3.50m	11-5¾	3/26
3	47	Aliza WHITE-VEGA	FR	#7	Eastern (Pa.)	3.05m	10-0	3/25
3	47	Gina DELLO RUSSO	SR	#6	Stevens	3.05m	10-0	3/26
5	82	Paige CARPENTER	FR	#7	Eastern (Pa.)	2.90m	9-6¼	3/25
6		Lily BENANCHIETTI	JR	#13	Muhlenberg	2.75m	9-¼	3/26
7		Madison FEY	FR	#4	Stockton	2.60m	8-6¼	3/26
7		Amanda MAUSSER	JR	#1	Rowan	2.60m	8-6¼	3/26
7		Alaysia COURSEY	FR	#1	Rowan	2.60m	8-6¼	3/26

Women's Long Jump

1	20	Gina DELLO RUSSO	SR	#6	Stevens	5.27m	17-3½	3/26
2	36	Taylor BYNUM-BAIN	FR	#7	Eastern (Pa.)	5.16m	16-11¼ (-1)	3/19
3	60	Megan BRUBAKER	SO	#8	DeSales	5.02m	16-5¾ (0.8)	3/18
4	69	Karla GOMEZ-MATOS	FR	#2	TCNJ	4.99mw	16-4½	3/25
5	86	Khristina WASHINGTON	FR	#4	Stockton	4.91m	16-1½	3/26
6	93	Tyra WINGLE	SR	#8	DeSales	4.88m	16-¼ (1.9)	3/18
7	95	Elizabeth DEMASSA	JR	#3	Moravian	4.87mw	15-11¾	3/26
8		Liana MEYER	SO	#6	Stevens	4.85m	15-11	3/26
9		Emily RUSSELL	SO	#12	Farmingdale Stat	4.81m	15-9½	3/26
10		Brooke VALAN	FR	#4	Stockton	4.78m	15-8¼	3/26

Women's Triple Jump

1	37	Megan BRUBAKER	SO	#8	DeSales	10.64m	34-11 (1.5)	3/18
2	50	Zoe IOVINO	SO	#2	TCNJ	10.45m	34-3½	3/25
3	57	Sofia WATSON	FR	#1	Rowan	10.34m	33-11¼	3/26
4	69	Elizabeth DEMASSA	JR	#3	Moravian	10.18mw	33-4¾	3/26
5	87	Khristina WASHINGTON	FR	#4	Stockton	10.01m	32-10¼	3/26
6		Nicole WALETZKI	FR	#6	Stevens	9.85m	32-3¾	3/26
7		Ashanae MORRISON	FR	#4	Stockton	9.73m	31-11¼	3/26
8		Mikayla DEMICHELE	FR	#13	Muhlenberg	9.58mw	31-5¼	3/26
9		Haylee SAYLOR	JR	#3	Moravian	9.54m	31-3¾	3/26
10		Meredith O'DONNELL	FR	#4	Stockton	9.23m	30-3½	3/26

Women's Shot Put

1	7	Emily HILT	SR	#9	Rutgers-Camden	12.78m	41-11¼	3/26
2	13	oghenefejiro AKIRI	SO	#5	Rutgers-Newark	12.24m	40-2	3/26
3	15	Shahyan ABRAHAM	FR	#4	Stockton	12.20m	40-½	3/26
4	17	Makayla TAYLOR	JR	#1	Rowan	12.12m	39-9¼	3/18
5	41	AnaMaria LACCETTI	JR	#6	Stevens	11.55m	37-10¾	3/26
6	76	Kerri MCCARTHY	FR	#2	TCNJ	11.03m	36-2¼	3/25
7	85	Shanil AUGUSTE	SO	#5	Rutgers-Newark	10.94m	35-10¾	3/26
8	97	Arin PEYKAR	FR	#3	Moravian	10.81m	35-5¾	3/26
9		Faith REMIAS	SO	#5	Rutgers-Newark	10.58m	34-8½	3/17
10		Emily RUSSELL	SO	#12	Farmingdale Stat	10.49m	34-5	3/26
10		Megan BICKFORD	FR	#11	Swarthmore	10.49m	34-5	3/11



Regional TFRI Event Summary

as of 3/28/2022 4:07:49 PM

Metro

Women's Discus

1	2	Kinsey METZGER	SO	#3	Moravian	42.76m	140-4	3/26
2	3	Isabelle MECKS	SO	#8	DeSales	42.74m	140-3	3/18
3	16	Makayla TAYLOR	JR	#1	Rowan	38.82m	127-5	3/18
4	23	Olivia SCATTERGOOD	SR	#1	Rowan	37.75m	123-10	3/26
5	37	AnaMaria LACCETTI	JR	#6	Stevens	36.84m	120-11	3/25
6	44	Jenna VIGORITO	SO	#4	Stockton	36.37m	119-4	3/26
7	62	Madeline WICKEL	JR	#3	Moravian	35.27m	115-9	3/26
8	70	Emily HILT	SR	#9	Rutgers-Camden	34.67m	113-9	3/26
9	73	Tara MASTROIANNI	JR		Montclair State	34.57m	113-5	3/26
10	96	Caillie FISH	FR	#3	Moravian	33.51m	109-11	3/26

Women's Hammer

1	6	Emily HILT	SR	#9	Rutgers-Camden	50.06m	164-3	3/26
2	25	Shahyan ABRAHAM	FR	#4	Stockton	43.95m	144-3	3/26
3	26	Makayla TAYLOR	JR	#1	Rowan	43.82m	143-9	3/26
4	31	Olivia SCATTERGOOD	SR	#1	Rowan	43.12m	141-6	3/18
5	83	Alexis MARINI	SO	#9	Rutgers-Camden	38.63m	126-9	3/26
6	91	AnaMaria LACCETTI	JR	#6	Stevens	38.30m	125-8	3/26
7		Ashley MULIAWAN	FR	#6	Stevens	36.97m	121-4	3/26
8		Jean WALTER	SR	#2	TCNJ	36.73m	120-6	3/25
9		oghenefejiro AKIRI	SO	#5	Rutgers-Newark	36.58m	120-0	3/17
10		Corrin FERRIZZI	SR	#13	Muhlenberg	36.32m	119-2	3/26

Women's Javelin

1	5	Amanda MURILLO	JR	#2	TCNJ	41.58m	136-5	3/25
2	27	Tiffany KURAS	FR	#14	Cedar Crest	35.84m	117-7	3/19
3	42	Logan MARTIN	FR	#7	Eastern (Pa.)	34.31m	112-7	3/25
4	45	Dimitra KOSSIS	FR	#1	Rowan	34.13m	112-0	3/26
5	61	Morgan CARR	JR	#1	Rowan	33.38m	109-6	3/26
6	62	Jess RODGERS	SO	#1	Rowan	33.16m	108-10	3/26
7	78	Brooke TULLOCH	SO	#3	Moravian	32.21m	105-8	3/26
8	81	Megan SCHERER	SR	#2	TCNJ	32.04m	105-2	3/25
9	87	Delaney WISEMAN	SO	#3	Moravian	31.79m	104-4	3/26
10	92	Abby MCCLASKEY	FR	#3	Moravian	31.25m	102-7	3/26



USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2022 Week #1, March 28

as of 3/28/2022 4:07:50 PM

Mid-Atlantic

Women's 100 Meters

1	29	Elisabeth SCHWARZ	FR	#16	Alvernia	12.47	3/25
2	46	Emma VEZZOSI	JR	#20	Grove City	12.62	3/26
3	50	Alexa RINE	SO	#3	Susquehanna	12.64w (3.6)	3/18
4	59	Sonialys BADILLO	SO	#2	Misericordia	12.70w (2.1)	3/19
5	71	Tahira BAKARE	SO	#22	Goucher	12.74 (0.9)	3/25
6	79	Michaela ROSE	SO	#18	Waynesburg	12.77	3/26
7	82	Julia PENA	SO	#20	York (Pa.)	12.79w	3/25
8	85	Sarah WAGNER	FR	#2	Misericordia	12.81 (0.0)	3/19
9	87	Sara PENUELA RODRIGUEZ	SO	#4	Dickinson	12.82	3/26
10		Natasha MIHALKO	FR	#2	Misericordia	12.96 (-0.1)	3/19

Women's 100 Meter Hurdles

1	8	Annie GUTIERREZ	SR	#8	Johns Hopkins	14.59	3/26
2	10	Julia PENA	SO	#20	York (Pa.)	14.68	3/25
3	19	Chloe YODER	SO	#3	Susquehanna	15.21	3/25
4	49	Leah BERGEY	SO	#25	Lancaster Bible	15.76	3/25
5	51	Elizabeth BARRE	JR	#1	Carnegie Mellon	15.82	3/25
6	56	Susanna PIROLLO	JR	#16	Alvernia	15.99	3/25
7	65	Allison SILVA	FR	#1	Carnegie Mellon	16.19w (2.5)	3/18
8	80	Darya MIKUSOVA	SO	#4	Dickinson	16.48	3/26
9	89	Christline EDWARD	FR	#6	Franklin & Marsha	16.64	3/26
10	96	Alexandra COLBY	SR	#4	Dickinson	16.72	3/26

Women's 200 Meters

1	58	Sarah WAGNER	FR	#2	Misericordia	26.28 (-0.1)	3/19
2	64	Elisabeth SCHWARZ	FR	#16	Alvernia	26.34	3/25
3	66	Isabella RHEE	SO	#1	Carnegie Mellon	26.35 (0.7)	3/18
4	87	Michaela ROSE	SO	#18	Waynesburg	26.57	3/26
5		Sara PENUELA RODRIGUEZ	SO	#4	Dickinson	26.76w	3/26
6		Sonialys BADILLO	SO	#2	Misericordia	27.01 (-0.1)	3/19
7		Natasha MIHALKO	FR	#2	Misericordia	27.18	3/25
8		Darrian BERKHEIMER	FR	#13	Lebanon Valley	27.24	3/25
9		Lillian MORRELL	JR	#12	Gettysburg	27.31 (1.0)	3/19
10		Mariana PENUELA RODRIGUEZ	SO	#4	Dickinson	27.33w	3/26
10		Elena VARGAS	FR	#7	Messiah	27.33	3/25

Women's 400 Meters

1	14	Isabella RHEE	SO	#1	Carnegie Mellon	59.22	3/18
2	58	Emerlee SIMONS	SO	#4	Dickinson	1:01.20	3/26
3	61	Averi RINE	JR	#2	Misericordia	1:01.26	3/19
4	65	Kate ROSS	SR	#3	Susquehanna	1:01.27	3/18
5	78	Amber HACKENBERG	SO	#2	Misericordia	1:01.49	3/25
6	87	Maryam HAMIDI	SO	#10	Marywood	1:01.83	3/19
7	89	Katie MORGAN	SO	#24	McDaniel	1:01.84	3/25
8		Casey ALLEN	FR	#2	Misericordia	1:02.37	3/19
9		Tatum EVANS	SO	#6	Franklin & Marsha	1:02.41	3/19
10		Anne HOLDEMAN	FR	#17	Geneva	1:02.57	3/18

Women's 400 Meter Hurdles

1	14	Christline EDWARD	FR	#6	Franklin & Marsha	1:05.61	3/19
2	50	Darya MIKUSOVA	SO	#4	Dickinson	1:09.75	3/26
3	65	Leanne WEAVER	SR	#7	Messiah	1:11.39	3/25
4	66	Carmen ANDRADE	JR	#1	Carnegie Mellon	1:11.48	3/25
5	77	Courtney MARTIN	SO	#11	Salisbury	1:12.51	3/17
6	79	Naomi SWARTZBAUGH	JR	#17	Geneva	1:12.57	3/18
7	80	Allison SILVA	FR	#1	Carnegie Mellon	1:12.68	3/18
8	90	Casey ALLEN	FR	#2	Misericordia	1:13.23	3/25
9		Laura CARDONA	JR	#5	Elizabethtown	1:14.12	3/25
10		Lillian MORRELL	JR	#12	Gettysburg	1:14.63	3/26

Women's 800 Meters

1	1	Esther SEELAND	SO	#7	Messiah	2:05.01	3/24
2	17	Kate ROSS	SR	#3	Susquehanna	2:19.45	3/25
3	21	Marissa LAPINSKY	SR	#5	Elizabethtown	2:20.00	3/25
4	36	Sydney GREEN	SR	#23	Saint Vincent	2:21.88	3/25
5	40	Kallan CARTER	JR	#3	Susquehanna	2:22.56	3/25
6	47	Kelty OASTER	SO	#5	Elizabethtown	2:22.91	3/25
7	58	Mona YUAN	JR	#1	Carnegie Mellon	2:24.49	3/18
8	67	Kavya TUMMALAPALLI	JR	#1	Carnegie Mellon	2:25.62	3/25
9	75	Heather DELAPLAINE	SR	#11	Salisbury	2:25.91	3/17
10	86	Katryn GATCHELL	SR	#17	Geneva	2:26.78	3/25

Women's 1500 Meters

1	1	Ella BARAN	JR	#8	Johns Hopkins	4:19.97	3/24
2	10	Diana VIZZA	SR	#8	Johns Hopkins	4:42.85	3/24
3	28	Taylor JACOBS	SR	#1	Carnegie Mellon	4:49.33	3/25
4	43	Sydney GREEN	SR	#23	Saint Vincent	4:53.44	3/25
5	48	Kate DICKOW	FR	#7	Messiah	4:54.21	3/25
6	58	Faith REMICH	SO		Washington & Jef	4:55.20	3/25
7	62	Kelty OASTER	SO	#5	Elizabethtown	4:56.38	3/25
8	67	Jessica HOFFMANN	SR	#9	Scranton	4:56.96	3/25
9	95	Marissa LAPINSKY	SR	#5	Elizabethtown	4:59.16	3/25
10	98	Samantha HOFFMAN	FR	#9	Scranton	4:59.70	3/25

Women's Steeplechase

1	17	Jessie TAYLOR	SR	#17	Geneva	11:57.75	3/25
2	26	Cora MARCET	FR	#1	Carnegie Mellon	12:05.83	3/25
3	32	Hallie WEAVER	SR	#5	Elizabethtown	12:10.29	3/25
4	52	Amiyah PRIEBE	FR	#4	Dickinson	12:35.23	3/26
5	54	Freya LINDVALL	SR	#6	Franklin & Marsha	12:36.76	3/26
6	59	Alissa BEAM	SR	#23	Saint Vincent	12:41.01	3/25
7	61	Norah CZAJKA	FR	#1	Carnegie Mellon	12:42.06	3/25
8	68	Alyssa SANTORO	JR	#11	Salisbury	12:52.76	3/17
9	71	Ella LYLE	FR	#20	Grove City	13:00.52	3/26
10	72	Casey FRANZREB	SO	#2	Misericordia	13:03.68	3/25



USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2022 Week #1, March 28

as of 3/28/2022 4:07:50 PM

Mid-Atlantic

Women's 5000 Meters

1	2	Alex ROSS	JR	#8 Johns Hopkins	16:41.14	3/24
2	5	Sara STEPHENSON	SO	#8 Johns Hopkins	17:01.02	3/24
3	14	Jessica HOFFMANN	SR	#9 Scranton	17:52.56	3/25
4	16	Kristen SEBALLOS	SR	#1 Carnegie Mellon	17:54.61	3/25
5	24	Michelle MURRAY	SR	#1 Carnegie Mellon	18:08.42	3/25
6	39	Alexa THOMPSON	JR	#2 Misericordia	18:25.48	3/19
7	45	Megan BAKER	SO	#1 Carnegie Mellon	18:31.45	3/25
8	47	Olivia VISAGGIO	JR	#2 Misericordia	18:33.27	3/19
9	51	Keri JONES	SR	#13 Lebanon Valley	18:35.98	3/25
10	52	Kallan CARTER	JR	#3 Susquehanna	18:36.88	3/18

Women's 10,000 Meters

1	3	Sydney RUCKEL	SR	#11 Salisbury	38:13.94	3/17
2	8	Bridget KENNEDY	JR	#5 Elizabethtown	39:36.33	3/25
3	12	Lindsay NOTARIANNI	SR	#9 Scranton	40:17.32	3/25
4	14	Madison WEBBER	JR	#5 Elizabethtown	40:25.76	3/25
5	25	Sarah KERN	JR	#9 Scranton	40:57.41	3/25
6	30	Isabel FRIES	FR	#16 Alvernia	41:04.98	3/25
7	46	Amanda KAUFFMAN	FR	#5 Elizabethtown	42:03.41	3/25
8	52	Clare ERWIN	FR	#14 Chatham	42:19.05	3/18
9	58	Molly REPECKI	SO	#10 Marywood	42:45.21	3/25
10	62	Alaina POST	JR	#20 Grove City	43:09.29	3/26

Women's 4x100 Relay

1	17	Penuela, Mikusova, Simons, Penuela	#4 Dickinson	50.03	3/26
2	25	Loughlin, Alderfer, Yaukey, Rine	#3 Susquehanna	50.33	3/18
3	40	Dixon, Bidgell, Ortiz, Collins	#24 McDaniel	50.99	3/25
4	49	Miller, Graybill, Jennett, Longshaw	#7 Messiah	51.35	3/25
5	53	Lienhard, Edward, Petralia, Evans	#6 Franklin & Marsha	51.65	3/26
6	59	Brady, Steibler, Broga, Springer	#15 King's College (Pa.)	52.01	3/19
7	62	Holdeman, Younger, Waters, Shaporka	#17 Geneva	52.15	3/18
8	66	Smith, Andrade-Foster, Howell, Hamidi	#10 Marywood	52.52	3/19
9	74	Burke, Gonzalez, Solano, Tokash	#9 Scranton	53.02	3/25
10	77	Biddle, Colteryahn, Minnaar, Vezzosi	#20 Grove City	53.27	3/26

Women's 4x400 Relay

1	15	Rhee, Lannen, Tummalapalli, Kolb	#1 Carnegie Mellon	4:09.25	3/18
2	16	Rine, Allen, Hackenberg, Badillo	#2 Misericordia	4:09.33	3/19
3	28	Evans, Greene, Dzenutis, Sanchez	#6 Franklin & Marsha	4:12.67	3/26
4	34	Penuela, Brown, Mikusova, Penuela	#4 Dickinson	4:16.58	3/26
5	38	Ross, Levin, Kuhn, Francis	#3 Susquehanna	4:17.66	3/18
6	57	Smith, Gaines, Hamidi, Andrade-Foster	#10 Marywood	4:27.71	3/19
7	59	Cory, Bernd, Weaver, Rickard	#7 Messiah	4:28.09	3/25
8	63	Coon, Sirignano, Brunner, Heller	#14 Chatham	4:30.13	3/25
9	65	Wert, Patton, Evoy, Cardona	#5 Elizabethtown	4:30.63	3/25
10	71	Sheehan, Onwuka, Malasky, Welby	#9 Scranton	4:33.75	3/25

Women's High Jump

1	6	Casey ALLEN	FR	#2 Misericordia	1.64m	5-4½	3/25
2	8	Elizabeth BARRE	JR	#1 Carnegie Mellon	1.63m	5-4¼	3/25
3	9	Colleen HOWARD	SR	#11 Salisbury	1.62m	5-3¾	3/5
4	21	Jocelynn ITTERLY	JR	#5 Elizabethtown	1.58m	5-2¼	3/25
4	21	Sydney DETKY	JR	#5 Elizabethtown	1.58m	5-2¼	3/25
6	34	Melena KOUTCH	FR	#13 Lebanon Valley	1.55m	5-1	3/25
6	34	Meghan MCGONIGLE	SR	#9 Scranton	1.55m	5-1	3/25
8	46	Aurielle BRUNNER	FR	#14 Chatham	1.53m	5-¼	3/25
9	69	Kiri ALSTON-BUCK	FR	#22 Goucher	1.50m	4-11	3/25
9	69	Leah BERGEY	SO	#25 Lancaster Bible	1.50m	4-11	3/25
9	69	Abby KORBA	SO	#3 Susquehanna	1.50m	4-11	3/25

Women's Pole Vault

1	4	Julia PENA	SO	#20 York (Pa.)	3.70m	12-1½	3/25
2	12	Annie GUTIERREZ	SR	#8 Johns Hopkins	3.60m	11-9¾	3/26
3	30	Jo-Michelle HUCZKO	SO	#1 Carnegie Mellon	3.20m	10-6	3/25
4	46	Stephani FRANKS	SO	#6 Franklin & Marsha	3.06m	10-½	3/19
5	47	Sarah BOWER	FR	#3 Susquehanna	3.05m	10-0	3/25
6	76	Sophia CROZIER-CAROLE	SO	#11 Salisbury	2.95m	9-8	3/5
7	82	Alexa SCHAUDER	SO	#12 Gettysburg	2.90m	9-6¼	3/26
7	82	Ashley ZHANG	JR	#1 Carnegie Mellon	2.90m	9-6¼	3/25
7	82	Sidney WIKE	SO	#13 Lebanon Valley	2.90m	9-6¼	3/25
7	82	Lily SWAIN	FR	#4 Dickinson	2.90m	9-6¼	3/26
7	82	Ally MANISCALCO	SR	#9 Scranton	2.90m	9-6¼	3/25



USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2022 Week #1, March 28

as of 3/28/2022 4:07:50 PM

Mid-Atlantic

Women's Long Jump

1	8	Annie GUTIERREZ	SR	#8 Johns Hopkins	5.52m	18-1½	3/26
2	9	Sarah WAGNER	FR	#2 Misericordia	5.50m	18-½	3/25
3	23	Awnshae SMITH	JR	#10 Marywood	5.24m	17-2¼	3/25
4	28	Remi ACORD	FR	#3 Susquehanna	5.19m	17-½	3/25
5	41	Jill OLEWINE	JR	#2 Misericordia	5.14m	16-10½ (1.0)	3/19
6	51	Katherine HENDERSON	JR	#18 Waynesburg	5.06m	16-7¼ (2.0)	3/18
7	57	Megan EMMET	SR	#3 Susquehanna	5.04m	16-6½	3/25
8	80	Abby LIENHARD	JR	#6 Franklin & Marsha	4.94m	16-2½ (0.0)	3/19
9	82	Serena LI	SO	#1 Carnegie Mellon	4.92m	16-1¾ (1.6)	3/18
10	95	Nofisat AINA	FR	Penn State Harris	4.87m	15-11¾ (0.0)	3/25

Women's Triple Jump

1	7	Aurielle BRUNNER	FR	#14 Chatham	11.17mw	36-7¼ (2.2)	3/18
2	13	Remi ACORD	FR	#3 Susquehanna	11.07m	36-4 (0.0)	3/18
3	33	Natasha MIHALKO	FR	#2 Misericordia	10.72m	35-2 (0.2)	3/19
4	35	Jill OLEWINE	JR	#2 Misericordia	10.69m	35-1	3/25
5	41	Sarah WAGNER	FR	#2 Misericordia	10.55m	34-7½	3/25
6	43	Gabriella CONFORTI	FR	#15 King's College (Pa.)	10.54m	34-7 (0.7)	3/19
7	46	Elena VARGAS	FR	#7 Messiah	10.50m	34-5½	3/25
8	54	Awnshae SMITH	JR	#10 Marywood	10.38m	34-¾	3/25
9	64	Jocelyn KIEFEL	FR	#1 Carnegie Mellon	10.22m	33-6½ (0.5)	3/18
10	70	Kaya SKINNER	FR	#19 Westminster (Pa.)	10.16mw	33-4 (3.1)	3/17

Women's Shot Put

1	1	Megan PARKER	SR	#19 Westminster (Pa.)	13.50m	44-3½	3/17
2	11	Maggie BOYER	SO	#3 Susquehanna	12.45m	40-10¼	3/18
3	21	Kathleen MONAHAN	FR	#1 Carnegie Mellon	11.97m	39-3¼	3/18
4	23	Brenna KARNISH	JR	#2 Misericordia	11.95m	39-2½	3/25
5	28	Rosalyn PAGE	FR	#10 Marywood	11.80m	38-8¾	3/25
6	48	Lexi SHIDERLY	FR	#19 Westminster (Pa.)	11.40m	37-5	3/17
7	54	Emma STEFFAN	SR	#6 Franklin & Marsha	11.31m	37-1¼	3/19
8	65	Adele HOLLANDER	FR	#15 King's College (Pa.)	11.22m	36-9¾	3/25
9	92	Kirsten PERSICO	JR	#10 Marywood	10.84m	35-6¾	3/19
10		Kya TAYLOR	FR	#22 Goucher	10.72m	35-2	3/25

Women's Discus

1	5	Alexia PAGE-BOYD	SR	#14 Chatham	40.93m	134-4	3/25
2	11	Brenna KARNISH	JR	#2 Misericordia	39.58m	129-10	3/25
3	17	Sarayne FORBES	FR	#4 Dickinson	38.61m	126-8	3/26
4	25	Aspen MAZZATTA	FR	#6 Franklin & Marsha	37.65m	123-6	3/19
5	27	Megan PARKER	SR	#19 Westminster (Pa.)	37.34m	122-6	3/17
6	34	Melinda CORNWALL	SO	#1 Carnegie Mellon	36.90m	121-1	3/18
7	36	Abby EVERETT	SO	#4 Dickinson	36.88m	121-0	3/26
8	38	Makenze SPENCE	SO	#13 Lebanon Valley	36.78m	120-8	3/25
9	48	Kathleen MONAHAN	FR	#1 Carnegie Mellon	36.04m	118-3	3/25
10	53	Trinity SOTO	JR	#5 Elizabethtown	35.81m	117-6	3/25

Women's Hammer

1	1	Kendra NONEMAN	SR	#1 Carnegie Mellon	60.15m	197-4	3/25
2	3	Brenna KARNISH	JR	#2 Misericordia	52.24m	171-5	3/25
3	33	Maggie BOYER	SO	#3 Susquehanna	42.95m	140-11	3/25
4	52	Jillian BARGER	JR	#6 Franklin & Marsha	40.85m	134-0	3/19
5	54	Abigail SHOLDERS	SR	#3 Susquehanna	40.61m	133-3	3/25
6	76	Jessica ALESSI	SR	#12 Gettysburg	38.84m	127-5	3/26
7	82	Emma STEFFAN	SR	#6 Franklin & Marsha	38.64m	126-9	3/26
8		Abby EVERETT	SO	#4 Dickinson	37.86m	124-3	3/26
9		Kathleen MONAHAN	FR	#1 Carnegie Mellon	37.62m	123-5	3/25
10		Ola OWODUNNI	JR	#1 Carnegie Mellon	37.08m	121-8	3/25

Women's Javelin

1	9	Quintessa ZAMOLYI	JR	#2 Misericordia	39.88m	130-10	3/25
2	11	Holly FERRARA	SO	#12 Gettysburg	39.34m	129-1	3/19
3	12	Jordyn CATHER	FR	#2 Misericordia	38.58m	126-7	3/19
4	13	Alexandra SNYDER	FR	#2 Misericordia	38.54m	126-6	3/25
5	15	Erin MILLER	SO	#5 Elizabethtown	37.61m	123-5	3/25
6	18	Zoe MYERS	FR	#20 York (Pa.)	37.21m	122-1	3/25
7	33	Jordan SCHUCKER	FR	#4 Dickinson	34.93m	114-7	3/26
8	37	Susanna PIROLLO	JR	#16 Alvernia	34.78m	114-1	3/25
9	38	Erynn DAUBENMIRE	JR	#19 Westminster (Pa.)	34.75m	114-0	3/17
10	47	Maddie SIMPSON	SO	Washington & Jef	33.98m	111-6	3/19



USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2022 Week #1, March 28

as of 3/28/2022 4:07:50 PM

Mideast

Women's 100 Meters

1	3	Malissa LINDSEY	JR	#6 Connecticut Colle	11.98	3/26
2	17	Nicole STEWART	FR	#13 Smith	12.32	3/26
3	42	Michelle LOUIE	SO	#1 Middlebury	12.60 (1.4)	3/19
4	46	Kathryn MORIN	SO	#4 RPI	12.62	3/26
4	46	Cady BARNES	SR	#1 Middlebury	12.62	3/26
6	50	Erin FITZPATRICK	SR	#6 Connecticut Colle	12.64	3/26
7	52	Michelle KWAFO	JR	#2 Coast Guard	12.65	3/25
8	85	Kelsie HAO	JR	#3 Williams	12.81	3/26
9		Paige MORONEY	SO	#10 Westfield State	12.92	3/26
10		Briana JOHNSON	JR	#1 Middlebury	12.95	3/26

Women's 100 Meter Hurdles

1	28	Michelle KWAFO	JR	#2 Coast Guard	15.40	3/25
2	47	Hayden COLFAX	FR	#3 Williams	15.70c (15.66A) (0. 3/18)	
3	54	Vicky MARIN	FR	#10 Westfield State	15.97	3/26
4	77	Alyssa SIRIANNI	SO	#9 Eastern Connecti	16.44	3/26
5		Maria DOMINGO	FR	#4 RPI	16.93	3/26
6		Audrey GRIMES	JR	#1 Middlebury	17.08w	3/26
7		Faye STEVENS	FR	#7 Vassar	17.20	3/25
8		Emma LESSER	SR	#13 Smith	17.27	3/26
9		Erica MACSWEENEY	JR	#6 Connecticut Colle	17.43	3/26
10		Meaghan MCENROE	FR	#1 Middlebury	17.57w	3/26

Women's 200 Meters

1	16	Michelle LOUIE	SO	#1 Middlebury	25.45	3/26
2	18	Malissa LINDSEY	JR	#6 Connecticut Colle	25.52	3/26
3	32	Nicole STEWART	FR	#13 Smith	25.86	3/26
4	60	Jackie TOPPING	SR	#1 Middlebury	26.30	3/26
5		Eva KAIDEN	JR	#1 Middlebury	26.78 (0.6)	3/19
6		Ava NOVAK	SO	#7 Vassar	26.90 (0.7)	3/18
7		Joely VIRZI	SO	#1 Middlebury	27.09	3/26
8		Kelly WADE	JR	#2 Coast Guard	27.16	3/25
9		Paige MORONEY	SO	#10 Westfield State	27.21	3/26
10		Kristen CHOU	SO	#3 Williams	27.26	3/26

Women's 400 Meters

1	9	Nicole JOHNSON	SR	#1 Middlebury	58.55	3/26
2	15	Jackie TOPPING	SR	#1 Middlebury	59.33	3/26
3	51	Emma HILLS	SR	#1 Middlebury	1:00.86	3/19
4	52	Elle THOMPSON	FR	#1 Middlebury	1:00.89	3/26
5	61	Mary RUSNOCK	JR	#6 Connecticut Colle	1:01.26	3/26
6	68	Mary SCALZULLI	JR	#12 Salve Regina	1:01.31	3/26
7		Anna KROUSE	FR	#1 Middlebury	1:02.20	3/26
8		Nyla CONAWAY	JR	#13 Smith	1:02.52	3/26
9		Hannah JAMISON	SR	#2 Coast Guard	1:02.66	3/25
10		Ashley RAYNOR	SO	#1 Middlebury	1:02.86	3/19

Women's 400 Meter Hurdles

1	6	Ciara DALE	SO	#1 Middlebury	1:04.35	3/26
2	9	Camryn TAYLOR	SO	#3 Williams	1:04.89	3/26
3	19	Audrey GRIMES	JR	#1 Middlebury	1:06.38	3/26
4	23	Julia MUNZ	SR	#1 Middlebury	1:06.51	3/26
5	54	Erica MACSWEENEY	JR	#6 Connecticut Colle	1:09.94	3/26
6	60	Faye STEVENS	FR	#7 Vassar	1:10.93	3/18
7		Alyssa SIRIANNI	SO	#9 Eastern Connecti	1:14.30	3/26
8		Tatum PESKIN	SO	#1 Middlebury	1:14.84	3/26
9		Marisela ACKERMAN	JR	#12 Salve Regina	1:16.30	3/26
10		Jordina COLEMAN	FR	#4 RPI	1:16.36	3/26

Women's 800 Meters

1	3	Cassidy KEARNEY	SR	#1 Middlebury	2:10.82	3/19
2	4	Nicole JOHNSON	SR	#1 Middlebury	2:13.02	3/19
3	8	Grace DEVANNY	JR	#14 Wesleyan (Conn.)	2:17.42	3/26
4	22	Emily BULCZYNSKI	SR	#1 Middlebury	2:20.08	3/26
5	24	Grace DAILEY	JR	#3 Williams	2:20.45	3/26
6	27	Grace KAERCHER	FR	#3 Williams	2:20.86	3/26
7	54	Taylor WINTERS	JR	#2 Coast Guard	2:24.02	3/25
8	55	Simone JACOB	SR	#15 Mount Holyoke	2:24.16	3/26
9	73	Nora JOHNSON	FR	#3 Williams	2:25.82	3/26
10	78	Laurel KRUGER	SR	#13 Smith	2:26.22	3/26

Women's 1500 Meters

1	2	Cassidy KEARNEY	SR	#1 Middlebury	4:32.89	3/26
2	4	Katherine KENNY	JR	#1 Middlebury	4:36.89	3/19
3	6	Molly FITZGIBBONS	SO	#3 Williams	4:41.05	3/26
4	7	Lucy GAGNON	SO	#3 Williams	4:41.19	3/26
5	9	Katelyn PEASE	SR	#1 Middlebury	4:42.30	3/26
6	20	Becky VELIE	SR	#14 Wesleyan (Conn.)	4:47.00	3/26
7	25	Emma PALUMBO	FR	#5 St. Lawrence	4:48.27	3/26
8	34	Bea PARR	FR	#1 Middlebury	4:51.05	3/26
9	38	Simone JACOB	SR	#15 Mount Holyoke	4:52.96	3/26
10	45	Greta SIREK	SR	#1 Middlebury	4:54.04	3/26

Women's Steeplechase

1	53	Aliza KOTZEN	SO	#2 Coast Guard	12:36.54	3/25
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Women's 5000 Meters

1	11	Bea PARR	FR	#1 Middlebury	17:51.20	3/19
2	26	Meghan CHURM	SO	#2 Coast Guard	18:10.87	3/25
3	44	Morgane ORCUTT	FR	#1 Middlebury	18:30.39	3/19
4	50	Claudia ZHANG	SO	#3 Williams	18:35.65	3/26
5	64	Sophie ROSENCRANS	FR	#3 Williams	18:47.19	3/26
6	71	Savannah OLYNIEC	JR	#2 Coast Guard	18:52.01	3/25
7	75	Noni PATTINGTON	FR	#7 Vassar	18:53.26	3/25
8	88	Sasha ALLISON	SR	#7 Vassar	18:57.76	3/18
9		Maddy FOHT	SO	#2 Coast Guard	19:26.38	3/25
10		Grace KIRKPATRICK	SR	#1 Middlebury	19:39.20	3/26



USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2022 Week #1, March 28

as of 3/28/2022 4:07:50 PM

Mideast

Women's 10,000 Meters

1	24	Tessa LANCASTER	FR	#15 Mount Holyoke	40:56.90	3/26
2	26	Maggie SANTACROCE	SR	#9 Eastern Connecticut	40:57.67	3/26
3	28	Grace BROLLY	SO	#4 RPI	40:59.86	3/26
4	33	Leah GOODLOE	FR	#4 RPI	41:23.48	3/26
5	34	Leigh MCCAFFREY	FR	#4 RPI	41:26.58	3/26
6	63	Olivia JOHNSON	FR	#15 Mount Holyoke	43:18.77	3/26
7	70	Anna CAPUANO	FR	#4 RPI	43:40.97	3/26
8	73	Grace POPLAWSKI	FR	#10 Westfield State	44:01.38	3/26
9	83	Jillian MCGAHAN	JR	#9 Eastern Connecticut	44:47.97	3/26

Women's 4x100 Relay

1	4	Harris, Kelly, Burhans, Devanny	#14 Wesleyan (Conn.)	48.34	3/26
2	8	Virzi, Louie, Kaiden, Barns	#1 Middlebury	48.70	3/26
3	15	Gillespie, Lindsey, Ebby, Fitzpatrick	#6 Connecticut College	49.86	3/26
4	29	Evans, Morin, Mallette, Hubbard	#4 RPI	50.45	3/26
5	48	Burgoyne, Moroney, Marin, Welch	#10 Westfield State	51.33	3/26
6	60	Cunningham, Schneeberg, Kaganis, Odom	#3 Williams	52.02	3/26
7	80	Castagnier, Marcus, Mooney, Middleton	#5 St. Lawrence	53.63	3/26
8	89	Scalzulli, Ackerman, Burke, Rawnsley	#12 Salve Regina	54.43	3/26
9	94	Falkowski, Francis, Miller, Novak	#7 Vassar	55.01	3/25
10	100	Kester, Dennis, Strock, Lajoie	#11 Roger Williams	1:06.45	3/26

Women's 4x400 Relay

1	2	Kearney, Johnson, Louie, Munz	#1 Middlebury	3:56.17	3/26
2	39	Norman, Novak, Mason, Wong	#7 Vassar	4:18.36	3/18
3	69	Smith, Sibold, Koes, Palumbo	#5 St. Lawrence	4:32.79	3/26
4	91	Braccia, Esposito, Fidrocki, Kubat	#12 Salve Regina	4:48.16	3/26
5	95	Caspe, Martin, Wieler, Cooke	#11 Roger Williams	4:52.64	3/26

Women's High Jump

1	3	Maia WAHLQUIST	FR	#5 St. Lawrence	1.68m	5-6	3/26
2	21	Vicky MARIN	FR	#10 Westfield State	1.58m	5-2¼	3/26
2	21	Maya VERMA	SO	#4 RPI	1.58m	5-2¼	3/26
2	21	Jacy SCHARLOW	SO	#4 RPI	1.58m	5-2¼	3/26
5	34	Peyton BELSHER	JR	#1 Middlebury	1.55m	5-1	3/26
5	34	Mackenzie DAGGITT	FR	#1 Middlebury	1.55m	5-1	3/26
7	46	Emma WHEELER	SO	#6 Connecticut College	1.53m	5-¼	3/26
8	93	Carly SMITH	SR	#10 Westfield State	1.48m	4-10¼	3/26
9		Elinor KOPS	FR	#7 Vassar	1.45m	4-9	3/25
10		Briana JOHNSON	JR	#1 Middlebury	1.40m	4-7	3/26

Women's Pole Vault

1	6	Kelsie HAO	JR	#3 Williams	3.65m	11-11¾	3/26
2	22	Zoe WANG	FR	#1 Middlebury	3.36m	11-¼	3/19
3	30	Madison GARRIGUS	SO	#2 Coast Guard	3.20m	10-6	3/25
4	43	Sophia SMITH	SR	#13 Smith	3.10m	10-2	3/26
5	47	Jae YU	FR	#3 Williams	3.05m	10-0	3/26
5	47	Leah GRANGER	SR	#1 Middlebury	3.05m	10-0	3/26
5	47	Poppy MILLER	FR	#3 Williams	3.05m	10-0	3/26
8	76	Fiona CARROLL	FR	#14 Wesleyan (Conn.)	2.95m	9-8	3/26
9	82	Heidi LEEDS	JR	#3 Williams	2.90m	9-6¼	3/26
10		Erika KLUGE	JR	#14 Wesleyan (Conn.)	2.80m	9-2¼	3/26
10		Shirah STROCK	SR	#11 Roger Williams	2.80m	9-2¼	3/26

Women's Long Jump

1	6	Cady BARNES	SR	#1 Middlebury	5.54m	18-2¼ (0.0)	3/19
2	26	Janyll BARBER	JR	#8 SUNY Plattsburgh	5.20m	17-¾	3/26
3	32	Vicky MARIN	FR	#10 Westfield State	5.18m	17-0	3/26
4	43	Kristen CHOU	SO	#3 Williams	5.12m	16-9¾	3/26
5	49	Mackenzie DUNN	JR	#9 Eastern Connecticut	5.08m	16-8	3/26
6	55	Kelly WADE	JR	#2 Coast Guard	5.05m	16-7	3/25
6	55	Zoe WANG	FR	#1 Middlebury	5.05m	16-7 (0.0)	3/19
8	69	Morgan NASIR	FR	#3 Williams	4.99m	16-4½	3/26
8	69	Emily VALLEE	SO	#4 RPI	4.99m	16-4½	3/26
10	75	Mackenzie DAGGITT	FR	#1 Middlebury	4.98m	16-4¼	3/26

Women's Triple Jump

1	9	Cady BARNES	SR	#1 Middlebury	11.12m	36-5¾ (0.0)	3/19
2	17	Erica MACSWEENEY	JR	#6 Connecticut College	11.00m	36-1¼	3/26
3	52	Zoe WANG	FR	#1 Middlebury	10.42m	34-2¼ (0.0)	3/19
4	58	Mackenzie DUNN	JR	#9 Eastern Connecticut	10.33m	33-10¾	3/26
4	58	Nicole POPHAM	FR	#9 Eastern Connecticut	10.33m	33-10¾	3/26
6	61	Ryanne WILLIAMS	FR	#4 RPI	10.27m	33-8½	3/26
7	66	Rhys MILLER	FR	#7 Vassar	10.21m	33-6 (1.7)	3/18
8	71	Kelly WADE	JR	#2 Coast Guard	10.15m	33-3¾	3/25
8	71	Tyra KUTSAFTIS	JR	#11 Roger Williams	10.15mw	33-3¾	3/26
10	74	Julia HUBBARD	FR	#4 RPI	10.13m	33-3	3/26

Women's Shot Put

1	31	Kathleen MERCHANT	JR	#5 St. Lawrence	11.77m	38-7½	3/26
2	33	Mary Scott ROBINSON	SO	#1 Middlebury	11.74m	38-6¼	3/19
3	54	Kimberly MERCHANT	JR	#5 St. Lawrence	11.31m	37-1¼	3/26
4	76	Journey MYRICKS	JR	#8 SUNY Plattsburgh	11.03m	36-2¼	3/26
4	76	Kaitlyn BJELKO	JR	#8 SUNY Plattsburgh	11.03m	36-2¼	3/26
6		Emma WHEELER	SO	#6 Connecticut College	10.48m	34-4¾	3/26
7		Jennifer SILVA	SR	#12 Salve Regina	10.37m	34-¼	3/26
8		Kalea SALANG	JR	#2 Coast Guard	10.34m	33-11¼	3/25
9		Madeline SAUNDERS	FR	#1 Middlebury	10.27m	33-8½	3/26
10		Sadie OLSON	SO	#2 Coast Guard	10.12m	33-2½	3/25



Regional TFRI Event Summary

as of 3/28/2022 4:07:51 PM

Midwest

Women's Discus

1	35	Kimberly MERCHANT	JR	#5	St. Lawrence	36.89m	121-1	3/26
2	41	Kathleen MERCHANT	JR	#5	St. Lawrence	36.46m	119-8	3/26
3	72	Kalea SALANG	JR	#2	Coast Guard	34.64m	113-8	3/25
4		Journey MYRICKS	JR	#8	SUNY Plattsburgh	33.11m	108-8	3/26
5		Madeline SAUNDERS	FR	#1	Middlebury	32.96m	108-2	3/26
6		Sadie OLSON	SO	#2	Coast Guard	32.59m	106-11	3/25
7		Brooke DUTTON	JR	#11	Roger Williams	30.87m	101-4	3/26
8		Stephanie DUNLAP	SO	#18	SUNY Potsdam	30.16m	98-11½	3/26
9		Bliss RHOADS	JR	#8	SUNY Plattsburgh	27.80m	91-2½	3/26
10		Kelly PLATT	SR		Mount Saint Mary	26.30m	86-3½	3/26

Women's Hammer

1	12	Morgan DALEY	SO	#4	RPI	46.41m	152-3	3/26
2	66	Kimberly MERCHANT	JR	#5	St. Lawrence	39.47m	129-6	3/26
3	84	Kalea SALANG	JR	#2	Coast Guard	38.60m	126-8	3/25
4	87	Georgia PARKER	SR	#2	Coast Guard	38.42m	126-1	3/25
5		Kathleen MERCHANT	JR	#5	St. Lawrence	36.31m	119-2	3/26
6		Journey MYRICKS	JR	#8	SUNY Plattsburgh	35.20m	115-6	3/26
7		Kaitlyn BJELKO	JR	#8	SUNY Plattsburgh	35.18m	115-5	3/26
8		Mary Scott ROBINSON	SO	#1	Middlebury	34.98m	114-9	3/26
9		Laura DAVIS	SO	#4	RPI	34.47m	113-1	3/26
10		Madeline SAUNDERS	FR	#1	Middlebury	33.77m	110-10	3/19

Women's Javelin

1	16	Kathleen MERCHANT	JR	#5	St. Lawrence	37.60m	123-5	3/26
2	23	Jacey TIPPAN	FR	#2	Coast Guard	36.44m	119-7	3/25
3	25	Jaxon PALMER	FR	#1	Middlebury	36.14m	118-7	3/26
4	30	Gwyn TATTON	JR	#16	Castleton	35.46m	116-4	3/26
5	34	Carolina ANDRADE	SO	#17	Amherst	34.89m	114-6	3/26
6	35	Courtney COLLIBEE	JR	#12	Salve Regina	34.86m	114-5	3/26
7	51	Shannon BURBY	SO	#9	Eastern Connecticut	33.74m	110-9	3/26
8	63	Kimberly MERCHANT	JR	#5	St. Lawrence	32.98m	108-3	3/26
9	69	Reilly ISLER	FR	#1	Middlebury	32.76m	107-6	3/19
10	98	Chiara CHRISTIE	JR	#14	Wesleyan (Conn.)	30.84m	101-2	3/26



USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2022 Week #1, March 28

as of 3/28/2022 4:07:51 PM

Midwest

Women's 100 Meters

1	10	Lauren GAY	FR	#1	Washington (Mo.)	12.24	(1.5)	3/26
2	19	Natalie SWINEHART	SO	#1	Washington (Mo.)	12.35	(1.5)	3/26
3	20	Myciah CLAY	JR	#1	Washington (Mo.)	12.36	(1.5)	3/26
4	32	Alicia GUPTÉ	SR	#1	Washington (Mo.)	12.50	(1.5)	3/26
5	41	Lauren HAMILTON	JR	#1	Washington (Mo.)	12.59	(1.5)	3/26
6	80	Taylor TUCKER	SO	#5	Greenville	12.78	(1.5)	3/26
7	92	Casey KOHLSTRUK	SR	#1	Washington (Mo.)	12.84	(1.5)	3/26
8		Kylie JOHNSTON	SR	#2	Buena Vista	12.95w		3/26
9		Eva CARCHIDI	SO	#8	Grinnell	12.97w		3/25
10		Domonique RIVERS	SO	#2	Buena Vista	13.00w		3/26

Women's 100 Meter Hurdles

1	9	Lauren GAY	FR	#1	Washington (Mo.)	14.64w	(2.1)	3/26
2	13	Ava FORMAN	SR	#1	Washington (Mo.)	14.73w	(2.1)	3/26
3	48	Charis RIEBE	SO	#1	Washington (Mo.)	15.73w	(2.1)	3/26
4	91	Amil-lion DERRICK	FR	#2	Buena Vista	16.65		3/26
5		Vanessa JONES	SR	#9	Webster	17.18	(1.4)	3/26
6		Kristina HILMES	JR	#7	Illinois College	17.21w	(2.1)	3/26
7		Anne LONGMAN	SR	#4	Millikin	17.50w	(2.1)	3/26
8		Madison MORROW	SO	#6	Augustana (Ill.)	17.52w	(2.1)	3/26
9		Emma BROWN	FR	#5	Greenville	18.90w	(2.1)	3/26
10		Emilie MINEO	JR	#4	Millikin	20.16w	(2.1)	3/26

Women's 200 Meters

1	4	Natalie SWINEHART	SO	#1	Washington (Mo.)	25.17w	(3.7)	3/26
2	12	Alicia GUPTÉ	SR	#1	Washington (Mo.)	25.35w	(3.7)	3/26
3	37	Lauren HAMILTON	JR	#1	Washington (Mo.)	25.93w	(3.7)	3/26
4	42	Taylor TUCKER	SO	#5	Greenville	25.99w	(3.7)	3/26
5	60	Kathryn LEIGHTY	SO	#1	Washington (Mo.)	26.30w	(3.7)	3/26
6	72	Casey KOHLSTRUK	SR	#1	Washington (Mo.)	26.40w	(3.7)	3/26
7		Eva CARCHIDI	SO	#8	Grinnell	26.68w		3/25
8		Hailey WIMBERLY	SR	#4	Millikin	26.79w	(3.7)	3/26
9		Paige OLOWU	SR	#8	Grinnell	27.13		3/25
10		Gemma PLEAS	SO	#1	Washington (Mo.)	27.14w	(3.7)	3/26

Women's 400 Meters

1	2	Jackie GANSHIRT	SR	#3	Wartburg	56.95		3/26
2	11	Brenna JACOBS	JR	#3	Wartburg	58.69		3/26
3	12	Emma KELLEY	SO	#1	Washington (Mo.)	58.74		3/26
4	50	Kathryn LEIGHTY	SO	#1	Washington (Mo.)	1:00.85		3/26
5	76	Jadyn FORBES	SR	#2	Buena Vista	1:01.45		3/26
6	87	Alessia SARUSSI	SO	#1	Washington (Mo.)	1:01.83		3/26
7	96	Taylan OLSON	JR	#3	Wartburg	1:02.06		3/26
8		Katie RISNER	SO	#4	Millikin	1:02.23		3/19
9		Abby HOLT	SR	#10	Principia	1:02.29		3/26
10		Hailey WIMBERLY	SR	#4	Millikin	1:03.04		3/26

Women's 400 Meter Hurdles

1	4	Ava FORMAN	SR	#1	Washington (Mo.)	1:03.76		3/26
2	5	Carson MCSORLEY	JR	#3	Wartburg	1:03.79		3/26
3	16	Eryn RENISON	SR	#4	Millikin	1:06.01		3/26
4	59	Kristina HILMES	JR	#7	Illinois College	1:10.92		3/26
5	71	Ruby KAPLAN	FR	#1	Washington (Mo.)	1:11.79		3/26
6	73	Isabella LLEVAT	SO	#1	Washington (Mo.)	1:11.82		3/26
7		Sejal RAJAMANI	JR	#1	Washington (Mo.)	1:15.72		3/26

Women's 800 Meters

1	11	Lindsay OTT	JR	#1	Washington (Mo.)	2:18.60		3/26
2	16	Helena TEIXEIRA-DASILVA	SO	#1	Washington (Mo.)	2:19.12		3/26
3	37	Katie RISNER	SO	#4	Millikin	2:22.38		3/26
4	46	Alyssa RUIZ	SO	#4	Millikin	2:22.86		3/26
5	49	Virginia PRIDGEN	FR	#1	Washington (Mo.)	2:23.18		3/26
6	60	Anna KARNER	JR	#1	Washington (Mo.)	2:24.79		3/26
7	63	Lovenya PERRY	FR	#4	Millikin	2:25.01		3/26
8	72	Danielle SCHULTZ	JR	#9	Webster	2:25.78		3/26
9	91	Morgan FOWLER	FR	#1	Washington (Mo.)	2:27.17		3/26
10	95	Aliya SCHENCK	SR	#1	Washington (Mo.)	2:27.46		3/26

Women's 1500 Meters

1	17	Emily KONKUS	JR	#1	Washington (Mo.)	4:44.50		3/26
2	37	Mackenzie DIXON	SR	#4	Millikin	4:51.54		3/26
3	51	Carmen ROTTINGHAUS	SR	#1	Washington (Mo.)	4:54.98		3/26
4	53	Avery MCCAMMON	SO	#1	Washington (Mo.)	4:55.13		3/26
5	74	Marlee FRADKIN	SO	#1	Washington (Mo.)	4:57.48		3/26
6	96	Hailey O'MALLEY	SR	#4	Millikin	4:59.51		3/26
7		Julia THIGPEN	JR	#1	Washington (Mo.)	5:01.36		3/26
8		Irais TENORIO	SR	#6	Augustana (Ill.)	5:01.94		3/26
9		Molly MORTON	FR	#1	Washington (Mo.)	5:02.71		3/26
10		Micaela DANAY	SR	#8	Grinnell	5:03.03		3/25

Women's Steeplechase

1	12	Julia PATTERSON	FR	#1	Washington (Mo.)	11:54.23		3/26
2	19	Abigail PATTERSON	FR	#1	Washington (Mo.)	12:00.47		3/26
3	41	Jenna MURDOCK	JR	#1	Washington (Mo.)	12:23.01		3/26

Women's 5000 Meters

1		Anna BOARDMAN	SO	#6	Augustana (Ill.)	19:48.14		3/26
2		Alicia REPKA	JR	#1	Washington (Mo.)	20:27.21		3/26
3		Elizabeth HULICK	FR	#4	Millikin	20:35.92		3/26
4		Megan LEBLANC	JR	#8	Grinnell	20:37.53		3/25
5		Avery DAMRON	SO	#4	Millikin	20:45.56		3/26
6		Chloe BOYER	SO	#12	Ozarks (Ark.)	22:37.55		3/25
7		Solena MARTINEZ ALEMAN	SO	#12	Ozarks (Ark.)	24:01.47		3/12

Women's 4x100 Relay

1	29	Hays, Jackson, Jondle, Rivers	#2	Buena Vista	50.45		3/26
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USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2022 Week #1, March 28

as of 3/28/2022 4:07:51 PM

Midwest

Women's 4x400 Relay

1	1	McSorley, Jacobs, Olson, Ganshirt	#3	Wartburg	3:52.20	3/26
2	3	Gupte, Leighty, Forman, Kelley	#1	Washington (Mo.)	3:57.09	3/26
3	13	Dixon, Renison, Risner, Wimberly	#4	Millikin	4:08.09	3/26
4	32	Frasca, Carchidi, Olowu, Crowe	#8	Grinnell	4:15.83	3/25
5	37	Hays, Olson, Jondle, Forbes	#2	Buena Vista	4:17.36	3/26
6	88	Roberts, Mansfield, Williams, Thomason	#5	Greenville	4:46.02	3/26

Women's High Jump

1	4	Breya CHRISTOPHER	SO	#3	Wartburg	1.66m	5-5¼	3/26
2	32	Abby HOLT	SR	#10	Principia	1.56m	5-1¼	3/26
3	69	Riley ENDRIES	SO	#1	Washington (Mo.)	1.50m	4-11	3/26
3	69	Kayla GREEN	SO	#4	Millikin	1.50m	4-11	3/26
3	69	Becca TARTER	SR	#1	Washington (Mo.)	1.50m	4-11	3/26
6		Anna Beth VANCIL	FR	#5	Greenville	1.45m	4-9	3/26
6		Aaliyah VASQUEZ	FR	#5	Greenville	1.45m	4-9	3/26
6		Madelyn MOENICKHEIM	SO	#1	Washington (Mo.)	1.45m	4-9	3/26
6		Laura BUCCHIERI	JR	#1	Washington (Mo.)	1.45m	4-9	3/26
6		Julia HILDEBRANDT	FR	#7	Illinois College	1.45m	4-9	3/26

Women's Pole Vault

1	12	Yasmin RUFF	FR	#1	Washington (Mo.)	3.60m	11-9¾	3/26
2	26	Kat KREBASCH	SR	#6	Augustana (Ill.)	3.30m	10-9¾	3/26
3	39	Amanda KATZ	SR	#1	Washington (Mo.)	3.15m	10-4	3/26
4	98	Brooke ZIEGENHORN	JR	#6	Augustana (Ill.)	2.85m	9-4¼	3/26
5		Madison MORROW	SO	#6	Augustana (Ill.)	2.45m	8-½	3/26
5		Carson BEYERS	SO	#7	Illinois College	2.45m	8-½	3/26
7		Rachel KELLY	FR	#11	Fontbonne	2.40m	7-10½	3/18
8		Grace HATCHER	FR	#2	Buena Vista	1.98m	6-6	3/26

Women's Long Jump

1	12	Ebunoluwa OPATA	FR	#1	Washington (Mo.)	5.41m	17-9 (1.1)	3/26
2	51	Jessica SUMP	SO	#2	Buena Vista	5.06m	16-7¼	3/26
3	86	Laura BUCCHIERI	JR	#1	Washington (Mo.)	4.91m	16-1½ (2.0)	3/26
4		Aaliyah VASQUEZ	FR	#5	Greenville	4.85m	15-11 (0.7)	3/26
5		Amil-lion DERRICK	FR	#2	Buena Vista	4.84m	15-10½	3/26
6		Sara YAKANA	FR	#5	Greenville	4.76m	15-7½ (-1.2)	3/26
7		Melanie ODEN	FR	#8	Grinnell	4.59m	15-¾	3/25
8		Eleanor ELLIOTT-RUDE	FR	#8	Grinnell	4.57m	15-0	3/25
8		Sylvia HARVIN	JR	#6	Augustana (Ill.)	4.57mw	15-0 (3.0)	3/26
10		Anne LONGMAN	SR	#4	Millikin	4.55mw	14-11¼ (3.8)	3/26

Women's Triple Jump

1	1	Zi'Onay WALKER	SR	#1	Washington (Mo.)	11.92mw	39-1¼ (2.7)	3/26
2	6	Breya CHRISTOPHER	SO	#3	Wartburg	11.18m	36-8¼	3/26
3		Ronnautica DIXON	JR	#7	Illinois College	9.71mw	31-10¼ (2.3)	3/26
4		Whitney SMITH	SR	#4	Millikin	9.54m	31-3¾ (0.0)	3/26

Women's Shot Put

1	6	Rebecca SIMPSON	SR	#2	Buena Vista	12.81m	42-½	3/26
2	21	Kristen REICKS	SO	#3	Wartburg	11.97m	39-3¼	3/26
3	24	Tawny RODRIGUEZ	SO	#5	Greenville	11.85m	38-10½	3/26
4	25	Haley BEMINIO	FR	#3	Wartburg	11.84m	38-10¼	3/26
5	28	Lily MEESTER	FR	#3	Wartburg	11.80m	38-8¾	3/26
6	34	Elizabeth BOWNS	SR	#7	Illinois College	11.72m	38-5½	3/26
7	37	Renee HARTMAN	SR	#7	Illinois College	11.64m	38-2¼	3/26
8	47	Courtney JOHNSON	FR	#2	Buena Vista	11.41m	37-5¼	3/26
9	62	Jillian VENEGAS	JR	#11	Fontbonne	11.26m	36-11½	3/18
10	71	Anna FRIEDRICHSSEN	SO	#2	Buena Vista	11.09m	36-4¾	3/26
10	71	Krista SUDAR	SR	#1	Washington (Mo.)	11.09m	36-4¾	3/26

Women's Discus

1	14	Krista SUDAR	SR	#1	Washington (Mo.)	39.05m	128-2	3/26
2	28	Heather MICHALSKI	FR	#6	Augustana (Ill.)	37.29m	122-4	3/26
3	39	Lily MEESTER	FR	#3	Wartburg	36.74m	120-7	3/26
4	45	Tawny RODRIGUEZ	SO	#5	Greenville	36.16m	118-8	3/26
5	46	Nora ANSBURG	SO	#6	Augustana (Ill.)	36.11m	118-6	3/26
6	55	Renee HARTMAN	SR	#7	Illinois College	35.63m	116-11	3/26
7	57	Anna FRIEDRICHSSEN	SO	#2	Buena Vista	35.54m	116-7	3/26
8	63	Brittany LINGENFELTER	FR	#3	Wartburg	35.22m	115-7	3/26
9	68	Peyton TURNER	SR	#2	Buena Vista	34.86m	114-5	3/26
10	77	Talbot KINNEY	FR	#3	Wartburg	34.50m	113-2	3/26

Women's Hammer

1	4	Rebecca SIMPSON	SR	#2	Buena Vista	51.99m	170-7	3/26
2	8	Anna FRIEDRICHSSEN	SO	#2	Buena Vista	48.67m	159-8	3/26
3	15	Krista SUDAR	SR	#1	Washington (Mo.)	45.40m	149-0	3/26
4	18	Elizabeth BOWNS	SR	#7	Illinois College	45.03m	147-9	3/26
5	39	Peyton TURNER	SR	#2	Buena Vista	41.69m	136-10	3/26
6	44	Haley BEMINIO	FR	#3	Wartburg	41.47m	136-1	3/26
7	55	Courtney JOHNSON	FR	#2	Buena Vista	40.56m	133-1	3/26
8	57	Emma TRUE	FR	#3	Wartburg	40.27m	132-2	3/26
9	59	Tawny RODRIGUEZ	SO	#5	Greenville	40.03m	131-4	3/26
10	77	Taylor SIMPSON	FR	#1	Washington (Mo.)	38.79m	127-3	3/26

Women's Javelin

1	3	Rebecca SIMPSON	SR	#2	Buena Vista	42.86m	140-8	3/26
2	54	Heather MICHALSKI	FR	#6	Augustana (Ill.)	33.62m	110-4	3/26
3	57	Andrea HUDSON	FR	#5	Greenville	33.53m	110-0	3/26
4	67	Anna BRENNAN	SO	#2	Buena Vista	32.85m	107-10	3/26
5	84	Isabelle LLEWELLYN	SO	#9	Webster	31.87m	104-7	3/26
6	89	Emma BROWN	FR	#5	Greenville	31.48m	103-4	3/26
7		Jaderial STAEBLER	SR	#3	Wartburg	30.74m	100-10	3/26
8		Abbi THOMASON	FR	#5	Greenville	30.41m	99-9¼	3/26
9		Jessie HEMPEN	SR	#7	Illinois College	29.23m	95-10¾	3/26
10		Carson BEYERS	SO	#7	Illinois College	28.36m	93-½	3/26



USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2022 Week #1, March 28

as of 3/28/2022 4:07:51 PM

Niagara

Women's 100 Meters

1	20	Mackenzie MIX	FR	#7 Utica	12.36w	3/26
2	32	Amerrah HORNE-VADEN	FR	#10 Houghton	12.50 (1.1)	3/17
3	39	Susan BANSBACH	JR	#1 Rochester (N.Y.)	12.58w	3/25
4	61	Caroline HILL	FR	#8 RIT	12.71 (1.1)	3/17
5	80	Jaylynn SHEPPARD	SR	#11 SUNY Delhi	12.78	3/26
6	87	Isre'al CONERLY	SO	#6 NYU	12.82	3/26
7	92	Taylor HUNTER	JR	#4 SUNY Cortland	12.84	3/25
8		Brenna JOHNSON	SR	#3 Nazareth	12.90w	3/25
9		Autumn PITTMAN	FR	#4 SUNY Cortland	12.95	3/25
10		Summer REID	FR	#6 NYU	12.98 (1.6)	3/18

Women's 100 Meter Hurdles

1	12	Logan BRUCE	JR	#2 Ithaca	14.72	3/25
2	37	Marissa DISPENZA	SR	#8 RIT	15.61w (2.2)	3/17
3	58	Mackenzie GILLIGAN	FR	#3 Nazareth	16.06w	3/25
4	65	Emma TAGGART	SO	#9 Alfred State	16.19	3/25
5	69	Sophie HENDERSON	SR	#7 Utica	16.33w	3/26
6	79	Ashley HEFFERNAN	SO	#1 Rochester (N.Y.)	16.47w	3/25
7		Lauren ANDERSON	SO	#4 SUNY Cortland	17.25w	3/25
8		Alyssa DELANY	JR	#9 Alfred State	17.35	3/25
9		Sydney VANDERHOOF	JR	#3 Nazareth	17.40	3/25
10		Grace CLARK	SO	#2 Ithaca	17.83	3/25

Women's 200 Meters

1	3	Tia JONES	JR	#2 Ithaca	25.06	3/25
2	7	Susan BANSBACH	JR	#1 Rochester (N.Y.)	25.20	3/25
3	19	Madeline O'CONNELL	JR	#1 Rochester (N.Y.)	25.55	3/25
4	22	Isre'al CONERLY	SO	#6 NYU	25.68w (2.2)	3/18
5	41	Caroline HILL	FR	#8 RIT	25.98 (1.0)	3/17
6	48	Brenna JOHNSON	SR	#3 Nazareth	26.05	3/25
7	80	Summer REID	FR	#6 NYU	26.49 (1.5)	3/18
8	81	Kristin HARDY	JR	#1 Rochester (N.Y.)	26.51	3/25
9		Kate ISAAC	SO	#1 Rochester (N.Y.)	26.80	3/25
10		Taylor HUNTER	JR	#4 SUNY Cortland	26.81	3/25

Women's 400 Meters

1	22	Kristin HARDY	JR	#1 Rochester (N.Y.)	59.75	3/25
2	67	Megan BELL	FR	#1 Rochester (N.Y.)	1:01.28	3/25
3	68	Abbey SZUMLOZ	SR	#3 Nazareth	1:01.31	3/17
4	94	Kate ISAAC	SO	#1 Rochester (N.Y.)	1:01.97	3/25
5		Alexis ABOAGYE	FR	#1 Rochester (N.Y.)	1:03.10	3/25
6		Isabella HEATH	SO	#3 Nazareth	1:03.56	3/25
7		Isre'al CONERLY	SO	#6 NYU	1:03.86	3/18
8		Kamila SANUSI	SO	#6 NYU	1:03.91	3/18
9		Brianna KING	SO	#6 NYU	1:04.36	3/18
10		Lauren BENDALL	SO	#3 Nazareth	1:04.48	3/25

Women's 400 Meter Hurdles

1	32	Marissa DISPENZA	SR	#8 RIT	1:07.80	3/17
2	46	Luca PECORA	FR	#2 Ithaca	1:09.49	3/25
3	75	Ashley PAGE	JR	#12 Alfred	1:12.44	3/17
4	88	Katie SANDS	SO	#5 Hamilton	1:13.17	3/25
5	95	Katherine BURGESS	JR	#4 SUNY Cortland	1:13.41	3/25
6		Elizabeth LIRIANO	SO	#4 SUNY Cortland	1:13.67	3/25
7		Laura MEADE	JR	#7 Utica	1:15.27	3/26
8		Glenda BOEKER	FR	#6 NYU	1:15.97	3/18
9		Sarah RIVET	JR	#9 Alfred State	1:16.87	3/25
10		Sabrina TURNER	SO	#5 Hamilton	1:17.39	3/25

Women's 800 Meters

1	90	Elizabeth DECKER	SR	#3 Nazareth	2:27.15	3/25
2	95	Katerina SALCEDO	SR	#11 SUNY Delhi	2:27.46	3/26
3		Frankie LILLY	JR	#5 Hamilton	2:28.52	3/25
4		Tabitha CLARK	FR	#10 Houghton	2:30.01	3/17
5		Amelia GILBERT	JR	#8 RIT	2:30.68	3/17
6		Christina BAGIN	SO	#5 Hamilton	2:33.90	3/25
7		Taylor CANET	SR	#13 Hunter	2:34.03	3/26
8		Alexis COLE	JR	#7 Utica	2:34.50	3/26
9		Janaia CRUZ-BERMEDEZ	FR	#7 Utica	2:35.47	3/26
10		Jaylyn WAGNER	JR	#6 NYU	2:35.87	3/18

Women's 1500 Meters

1	35	Katherine CHENG	FR	#6 NYU	4:51.06	3/18
2	56	Athina ZODL	SR	#6 NYU	4:55.17	3/18
3	80	Olivia NOLA	FR	#14 Penn State Behre	4:58.01	3/25
4	85	Mia SCHIEL	SR	#5 Hamilton	4:58.40	3/25
5	89	Elizabeth GREENE	SR	#5 Hamilton	4:58.59	3/25
6		Kelley FOLEY	JR	#1 Rochester (N.Y.)	5:02.43	3/25
7		Gabrielle STANKOSH	SR	#6 NYU	5:03.42	3/18
8		Jade DENING	FR	#7 Utica	5:04.68	3/26
9		Lauren LOBDELL	JR	#2 Ithaca	5:06.45	3/25
10		Katie COBOS	JR	#8 RIT	5:07.37	3/17

Women's Steeplechase

1	14	Betsy OVERSTRUM	SO	#5 Hamilton	11:55.15	3/25
2	62	Sylvie NAJARIAN	FR	#5 Hamilton	12:43.43	3/25
3	64	Hannah FICHTER	FR	#2 Ithaca	12:44.13	3/25

Women's 5000 Meters

1	23	Rachel DENNIS	JR	#1 Rochester (N.Y.)	18:07.56	3/25
2	42	Ava FOWLER	SO	#2 Ithaca	18:28.47	3/25
3	61	Katherine BENNINGER	SO	#1 Rochester (N.Y.)	18:43.99	3/25
4		Julia TOMANOVICH	SO	#2 Ithaca	19:11.00	3/25
5		Maddie FOSS	FR	#5 Hamilton	19:11.06	3/25
6		Meredith GARRITY	SO	#2 Ithaca	19:11.78	3/25
7		Catherine ZAMROZ	SR	#4 SUNY Cortland	19:15.97	3/25
8		Vanessa BURKARD	SO	#4 SUNY Cortland	19:19.13	3/25
9		Marlee ANGUS	SO	#4 SUNY Cortland	19:19.23	3/25
10		Khalifah TRACEY	SO	#4 SUNY Cortland	19:19.89	3/25



USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2022 Week #1, March 28

as of 3/28/2022 4:07:52 PM

Niagara

Women's 10,000 Meters

1	6	Kylie OBLAK	SO	#5 Hamilton	38:58.46	3/25
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Women's 4x100 Relay

1	9	Isaac, Bansbach, Heffernan, O'Connell	#1 Rochester (N.Y.)	48.83	3/25
2	11	Bruce, Hutchison, McGrath, Jones	#2 Ithaca	49.53	3/25
3	35	Clarke, Mix, Meade, Cole	#7 Utica	50.76	3/26
4	36	Dean, Salcedo, Sheppard, Whyte	#11 SUNY Delhi	50.85	3/26
5	69	Wisniewski, Spronk, Roth, Horne-Vaden	#10 Houghton	52.79	3/17
5	69	Wu, Basel, Turner, Sands	#5 Hamilton	52.79	3/25
7	76	Delany, Snayczuk, Cole, Davis	#9 Alfred State	53.24	3/25
8	99	McPartland, Williams, Cortez, Warner	CCNY	59.41	3/26

Women's 4x400 Relay

1	43	Bruce, Byrd, Downey, Gross	#2 Ithaca	4:18.76	3/25
2	79	Miketish, O'Buckley, Cole, Rivet	#9 Alfred State	4:38.26	3/25
3	83	Regnante, Gilbert, Amelee, Burrows	#8 RIT	4:41.40	3/17

Women's High Jump

1	12	Charly SLUSSER	FR	#2 Ithaca	1.61m	5-3¼	3/25
2	32	Hayden WILLIAMSON	FR	#10 Houghton	1.56m	5-1¼	3/17
3	34	Danielle FISK	SO	#4 SUNY Cortland	1.55m	5-1	3/25
4	69	Emma TAGGART	SO	#9 Alfred State	1.50m	4-11	3/25
5	91	Ezri SCOTT	FR	#6 NYU	1.49m	4-10½	3/26
6		Bianca DURSO	JR	#12 Alfred	1.45m	4-9	3/17
6		Mackenzie GILLIGAN	FR	#3 Nazareth	1.45m	4-9	3/25
6		Malana BOOKER	FR	#4 SUNY Cortland	1.45m	4-9	3/25
9		Kassidy BURROWS	SO	#8 RIT	1.40m	4-7	3/17
9		Brenna JOHNSON	SR	#3 Nazareth	1.40m	4-7	3/25
9		Anne SPILA	FR	#12 Alfred	1.40m	4-7	3/17

Women's Pole Vault

1	1	Sara ALTONEN	SO	#2 Ithaca	3.80m	12-5½	3/25
2	6	Madeline O'CONNELL	JR	#1 Rochester (N.Y.)	3.65m	11-11¼	3/25
3	14	Martha KEMP-NEILSON	SO	#2 Ithaca	3.50m	11-5¼	3/25
4	23	Ashley HEFFERNAN	SO	#1 Rochester (N.Y.)	3.35m	10-11¼	3/25
5	30	Jamie ROSSIG	SO	#2 Ithaca	3.20m	10-6	3/25
6	47	Kimmy ARENA	SO	#4 SUNY Cortland	3.05m	10-0	3/25
6	47	Catherine FOX	JR	#8 RIT	3.05m	10-0	3/17
6	47	Nathalie SHOJI	SO	#6 NYU	3.05m	10-0	3/26
9	82	Madison KAPPELER	FR	#14 Penn State Behre	2.90m	9-6¼	3/25
9	82	Madison RICHARDSON	JR	#6 NYU	2.90m	9-6¼	3/26
9	82	Kennedy HEICHEL	SO	#2 Ithaca	2.90m	9-6¼	3/25

Women's Long Jump

1	2	Brenna JOHNSON	SR	#3 Nazareth	5.63m	18-5¾	3/25
2	16	Alyssa HOOGS	JR	#1 Rochester (N.Y.)	5.33m	17-6	3/25
3	21	Hannah RAGULE	SO	#3 Nazareth	5.26m	17-3¼	3/25
4	36	Lauren ANDERSON	SO	#4 SUNY Cortland	5.16m	16-11¼	3/25
5	59	McKenzie LEAHEY	JR	#3 Nazareth	5.03m	16-6	3/25
6	60	Isabella HEATH	SO	#3 Nazareth	5.02m	16-5¾	3/25
7	95	Zoe FORTIN	SR	#1 Rochester (N.Y.)	4.87m	15-11¼	3/25
8		Leah BASEL	SO	#5 Hamilton	4.77m	15-7¾	3/25
9		Danielle FISK	SO	#4 SUNY Cortland	4.75m	15-7	3/25
10		Alyssa DELANY	JR	#9 Alfred State	4.66m	15-3½	3/25
10		Lauren BERRY	SR	#1 Rochester (N.Y.)	4.66m	15-3½	3/25

Women's Triple Jump

1	20	Alyssa HOOGS	JR	#1 Rochester (N.Y.)	10.91mw	35-9½	3/25
2	30	Zoe FORTIN	SR	#1 Rochester (N.Y.)	10.76m	35-3¾	3/25
3	44	Isabella HEATH	SO	#3 Nazareth	10.53m	34-6¾	3/25
4	53	Hannah RAGULE	SO	#3 Nazareth	10.41m	34-2	3/25
5	74	Matteson DONNELLY	SO	#4 SUNY Cortland	10.13m	33-3	3/25
6		Kitty TANG	JR	#4 SUNY Cortland	9.87m	32-4¾	3/25
7		Madison SNAYCZUK	FR	#9 Alfred State	9.74m	31-11½	3/25
8		Lily SCHNELL	JR	#9 Alfred State	9.38m	30-9¼	3/25
9		Sarah DAUNCE	FR	#9 Alfred State	9.36m	30-8½	3/25

Women's Shot Put

1	16	Jane FAHY	JR	#7 Utica	12.19m	40-0	3/26
2	52	Madison PALMER	SR	#12 Alfred	11.33m	37-2¼	3/17
3	54	Emily DIMARCO	FR	#8 RIT	11.31m	37-1¼	3/17
4	75	Moriah BYRD	SO	#2 Ithaca	11.05m	36-3	3/25
5	81	Ariahna BERNARD	JR	#2 Ithaca	11.01m	36-1½	3/25
6	84	Michelle UVIEGHARA	FR	#6 NYU	10.95m	35-11¼	3/26
7	91	Kitty MESSINA	FR	#11 SUNY Delhi	10.85m	35-7¼	3/26
8		Grace MUELLER	SR	#1 Rochester (N.Y.)	10.67m	35-¼	3/25
9		Deziree GARRICK	FR	#1 Rochester (N.Y.)	10.27m	33-8½	3/25
10		Abbey STOWELL	JR	#2 Ithaca	10.23m	33-6¾	3/25

Women's Discus

1	66	Gillian REEDER	JR	#1 Rochester (N.Y.)	34.97m	114-9	3/25
2	95	Nicole HUME	FR	#9 Alfred State	33.53m	110-0	3/25
3		Rebecca HEULER	FR	#11 SUNY Delhi	33.18m	108-10	3/26
4		Cora ROSE	FR	#1 Rochester (N.Y.)	33.12m	108-8	3/25
5		Catie LALLY	JR	#4 SUNY Cortland	32.90m	107-11	3/25
6		Jane FAHY	JR	#7 Utica	32.34m	106-1	3/26
7		Liz SPENCER	JR	#4 SUNY Cortland	30.32m	99-5¾	3/25
8		Michelle UVIEGHARA	FR	#6 NYU	29.87m	98-0	3/26
9		Lea RICHARD	SO	#3 Nazareth	28.64m	93-11¼	3/25
10		Ariahna BERNARD	JR	#2 Ithaca	28.42m	93-3	3/25



Regional TFRI Event Summary

as of 3/28/2022 4:07:52 PM

Niagara

Women's Hammer

1	11	Liana SHAMES	JR	#2	Ithaca	46.63m	153-0	3/25
2	19	Gillian REEDER	JR	#1	Rochester (N.Y.)	44.93m	147-5	3/25
3	28	Ariyahna BERNARD	JR	#2	Ithaca	43.25m	141-11	3/25
4	35	Lea RICHARD	SO	#3	Nazareth	42.44m	139-3	3/25
5	53	Vanessa WISH	JR	#1	Rochester (N.Y.)	40.65m	133-5	3/25
6	61	Madison PALMER	SR	#12	Alfred	39.88m	130-10	3/11
7	70	Gabrielle DESANCTIS	SO	#7	Utica	39.27m	128-10	3/26
8		Skyler WHORF	FR	#7	Utica	37.81m	124-1	3/26
9		Sarah PARR	FR	#4	SUNY Cortland	35.42m	116-3	3/25
10		Nicole HUME	FR	#9	Alfred State	33.91m	111-3	3/25

Women's Javelin

1	43	Moriah BYRD	SO	#2	Ithaca	34.30m	112-7	3/25
2		Logan BRUCE	JR	#2	Ithaca	30.60m	100-5	3/25
3		Olivia DITOMASSO	SO	#5	Hamilton	29.60m	97-1½	3/25
4		Alexandra LENZ	JR	#13	Hunter	27.98m	91-9¾	3/18
5		Brianna DOWNING	FR	#14	Penn State Behre	26.71m	87-7¾	3/25
6		Morgan SHARER	JR	#4	SUNY Cortland	24.26m	79-7¼	3/25
7		Serena WARNER	FR		CCNY	24.02m	78-9¾	3/26
8		Kitty MESSINA	FR	#11	SUNY Delhi	23.85m	78-3	3/26
9		Liz SPENCER	JR	#4	SUNY Cortland	23.48m	77-½	3/25
10		Abbey STOWELL	JR	#2	Ithaca	22.98m	75-4¾	3/25



USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2022 Week #1, March 28

as of 3/28/2022 4:07:52 PM

North

Women's 100 Meters

1	8	Kendra	SR	#8 Wisconsin Luther.	12.18	(0.3)	3/19
2	9	Audrey MAKOPE	SR	#3 St. Norbert	12.20		3/24
3	15	Sarah STELLMACH	FR	#1 Bethel (Minn.)	12.29w	(3.4)	3/17
4	29	Sydney ZIMA	SR	#3 St. Norbert	12.47w		3/24
5	57	Nicole MAKOPE	FR	#3 St. Norbert	12.68		3/24
6	71	Jordyn MCDONALD	JR	#7 Beloit	12.74	(1.9)	3/17
7		Addison LUND	FR	#3 St. Norbert	12.93		3/24
8		Alayna FURCH	SO	#7 Beloit	13.04	(0.0)	3/17
9		Deanna TRUCKSESS	SO	#12 Northwestern-St.	13.10w		3/26
10		Jenna ZAHORIK	SO	#10 Concordia Wiscor	13.14	(1.9)	3/17

Women's 100 Meter Hurdles

1	1	Birgen NELSON	FR	#11 Gustavus Adolphu	14.06w		3/26
2	6	Hannah ZASTROW	FR	#2 UW-Stout	14.48w	(3.6)	3/18
3	42	AnnaGrace NELSON	FR	#1 Bethel (Minn.)	15.66	(-1.1)	3/17
4	64	Kaylie RATHS	FR	#2 UW-Stout	16.18w	(3.6)	3/18
5	71	Cecelia MILLER	SR	#5 Hamline	16.36	(0.3)	3/18
6	81	Sydney SPAETH	JR	#3 St. Norbert	16.49		3/24
7	83	Grace WEIDE	JR	#8 Wisconsin Luther.	16.50	(2.0)	3/19
8	93	Hannah EBEL	SO	#10 Concordia Wiscor	16.68	(-2.2)	3/17
9		Lexi COLE	FR	#2 UW-Stout	16.98w	(3.6)	3/18
10		Ally STACKHOUSE	FR	#1 Bethel (Minn.)	17.04	(-1.1)	3/17

Women's 200 Meters

1	4	Kendra	SR	#8 Wisconsin Luther.	25.17	(-4.3)	3/19
2	15	Sarah STELLMACH	FR	#1 Bethel (Minn.)	25.43w	(3.2)	3/17
3	43	Sydney ZIMA	SR	#3 St. Norbert	26.00		3/24
4	67	Maddie LEBRUN	SR	#3 St. Norbert	26.36		3/24
5	86	Daijah BROWN	SR	#3 St. Norbert	26.56		3/24
6		Katelyn KNAPP	FR	#2 UW-Stout	26.97w	(3.6)	3/18
7		Nicole MAKOPE	FR	#3 St. Norbert	27.08		3/24
8		Brianna PARSONS	FR	#13 Augsburg	27.25	(0.9)	3/19
9		Deanna TRUCKSESS	SO	#12 Northwestern-St.	27.26		3/26
10		Lindsey BERNARDY	FR	#5 Hamline	27.42	(1.2)	3/18

Women's 400 Meters

1	1	Maddie LEBRUN	SR	#3 St. Norbert	56.84		3/24
2	49	Lindsey BERNARDY	FR	#5 Hamline	1:00.83		3/18
3	86	Katelyn KNAPP	FR	#2 UW-Stout	1:01.80		3/18
4		Britta NORDBERG	SO	#1 Bethel (Minn.)	1:02.33		3/17
5		Hailey GREGG	FR	#1 Bethel (Minn.)	1:02.54		3/17
6		Rachel EHRHART	SO	#9 Edgewood	1:02.58		3/17
7		Makenna BROWN	SO	#1 Bethel (Minn.)	1:03.49		3/17
8		Deanna TRUCKSESS	SO	#12 Northwestern-St.	1:04.44		3/26
9		Carolyn EVERS	SO	#9 Edgewood	1:04.62		3/17
10		Mya BISHOP	SO	#13 Augsburg	1:04.83		3/19

Women's 400 Meter Hurdles

1	3	Birgen NELSON	FR	#11 Gustavus Adolphu	1:03.23		3/26
2	27	Mikayla TUREK	SO	#1 Bethel (Minn.)	1:07.34		3/17
3	67	Grace WEIDE	JR	#8 Wisconsin Luther.	1:11.51		3/19
4	83	Hannah WELTE	SO	#7 Beloit	1:12.88		3/17
5		Andreiana AURELIUS	FR	#5 Hamline	1:14.14		3/18
6		Hannah EBEL	SO	#10 Concordia Wiscor	1:17.49		3/17

Women's 800 Meters

1	2	Elizabeth DONNELLY	SO	#11 Gustavus Adolphu	2:10.56		3/26
2		Eve FARRELL	JR	#4 Carleton	2:31.36		3/24
3		Sydney MARSH	JR	#4 Carleton	2:34.14		3/24
4		Claire TOMHAVE	SO	#6 Martin Luther	2:35.55		3/25
5		Grace BLANCHETTE	SO	#4 Carleton	2:36.35		3/24
6		Lydia KRENKE	SO	#6 Martin Luther	2:42.76		3/25
7		Katelyn MENSCHING	FR	#6 Martin Luther	2:51.70		3/25
8		Karly MATHENA	JR	#6 Martin Luther	3:01.03		3/25
9		Annabel LANTZ	FR	#13 Augsburg	3:02.06		3/19
10		Stephanie HINTZ	JR	#6 Martin Luther	3:06.10		3/25

Women's 1500 Meters

1	92	Ally VERBAUWHEDE	SO	#9 Edgewood	4:58.81	(5:22.72(1))	3/17
2		Josie HARMS	FR	#1 Bethel (Minn.)	5:20.86	(5:46.53(1))	3/17
3		Ruby GERNANDT	FR	#1 Bethel (Minn.)	5:23.91	(5:49.83(1))	3/17
4		Aspen VALENTINE	SO	#7 Beloit	5:26.15	(5:52.25(1))	3/17
5		Laura HARDWICK	FR	#1 Bethel (Minn.)	5:29.14	(5:55.48(1))	3/17
6		Maya HABBEN	SO	#6 Martin Luther	5:31.26		3/25
7		Emily AUSTIN	FR	#9 Edgewood	5:32.12	(5:58.69(1))	3/17
8		Lydia GESSNER	FR	#1 Bethel (Minn.)	5:35.24	(6:02.07(1))	3/17
9		Marianna CARUS	SO	#7 Beloit	5:35.48	(6:02.32(1))	3/17
10		Christina BIFFERT	SR	#8 Wisconsin Luther.	5:49.21		3/19

Women's Steeplechase

1	47	Erika SWANSON	SO	#1 Bethel (Minn.)	12:29.23		3/17
2	95	Karly MATHENA	JR	#6 Martin Luther	14:30.96		3/25

Women's 5000 Meters

1	3	Clara MAYFIELD	SO	#4 Carleton	16:44.82		3/25
2	62	McKayla FELTON	FR	#2 UW-Stout	18:44.31		3/18
3		Emma MADER	SR	#5 Hamline	19:19.57		3/18
4		Miranda EKLEBERRY	SO	#5 Hamline	19:58.59		3/18
5		Irene EHRHART	FR	#9 Edgewood	20:19.24		3/17
6		Hope SULZLE	FR	#6 Martin Luther	23:21.36		3/25

Women's 10,000 Meters

1	92	Maggie BAUGH	SR	#7 Beloit	51:56.97		3/17
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Women's 4x100 Relay

1	6	Zima, Makope, Lund, Makope	#3 St. Norbert	48.66		3/23
2	31	Aurelius, Logelin, Bernardy, Robinson	#5 Hamline	50.49		3/18
3	51	McDonald, McMahon, Welte, Furch	#7 Beloit	51.56		3/17
4	63	Driscoll, Rath, Sorensen, Block	#2 UW-Stout	52.27		3/18



USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2022 Week #1, March 28

as of 3/28/2022 4:07:52 PM

North

Women's 4x400 Relay

1	6	Brown, Dunkel, LeBrun, Marquardt	#3	St. Norbert	3:58.16	3/24
2	14	Hoelscher, Logelin, Maddux, Bernardy	#5	Hamline	4:09.02	3/18
3	56	Wrzesien, Ihde, Rysdahl, Wrzesien	#1	Bethel (Minn.)	4:27.68	3/17
4	60	Habben, Gabb, Nelson, Tomhave	#6	Martin Luther	4:28.67	3/25

Women's High Jump

1	12	Hannah ZASTROW	FR	#2	UW-Stout	1.61m	5-3¼	3/18
2	46	AnnaGrace NELSON	FR	#1	Bethel (Minn.)	1.53m	5-¼	3/17
3	93	Grace BLANCHETTE	SO	#4	Carleton	1.48m	4-10¼	3/24
4		Eve FARRELL	JR	#4	Carleton	1.45m	4-9	3/24
5		Elizabeth EILERTSON	FR	#8	Wisconsin Luther:	1.43m	4-8¼	3/19
6		Sydney MARSH	JR	#4	Carleton	1.42m	4-7¾	3/24
7		Liz KALK	FR	#7	Beloit	1.38m	4-6¼	3/17
7		Sadie SILVA	SO	#10	Concordia Wiscor	1.38m	4-6¼	3/17
7		Grace SEIM	FR	#6	Martin Luther	1.38m	4-6¼	3/25
10		Sophia HOPPE	FR	#6	Martin Luther	1.32m	4-4	3/25

Women's Pole Vault

1	3	Grace KOWALKOWSKI	JR	#3	St. Norbert	3.79m	12-5¼	3/26
2	20	Sara DEGROOT	SR	#3	St. Norbert	3.45m	11-3¾	3/26
3	66	Raegan SORENSEN	FR	#2	UW-Stout	3.00m	9-10	3/18
4		Ally PLATZER	JR	#6	Martin Luther	2.30m	7-6½	3/25

Women's Long Jump

1	3	Jailyn ROBINSON	SO	#5	Hamline	5.62m	18-5¼ (0.6)	3/18
2	15	Nicole MAKOPPE	FR	#3	St. Norbert	5.36m	17-7	3/24
3	28	Sydney SPAETH	JR	#3	St. Norbert	5.19m	17-½	3/24
4	45	Sydney MARSH	JR	#4	Carleton	5.11m	16-9¼ (0.0)	3/24
5	65	Jenna DRISCOLL	FR	#2	UW-Stout	5.00mw	16-5 (3.0)	3/18
6	77	LaRissa BLOCK	FR	#2	UW-Stout	4.96m	16-3¼ (2.0)	3/18
7	82	Ella ELIASON	SO	#1	Bethel (Minn.)	4.92m	16-1¾ (0.3)	3/17
7	82	Jordan TERRY	SR	#13	Augsburg	4.92m	16-1¾ (0.0)	3/19
9		Grace PERRENOUD	JR	#1	Bethel (Minn.)	4.82m	15-9¾ (-0.2)	3/17
10		Kehau PHILLIPS	FR	#2	UW-Stout	4.75mw	15-7 (2.1)	3/18

Women's Triple Jump

1	3	AnnaGrace NELSON	FR	#1	Bethel (Minn.)	11.23mw	36-10¼ (3.6)	3/17
2	4	Sydney SPAETH	JR	#3	St. Norbert	11.21m	36-9½	3/24
3	18	Grace PERRENOUD	JR	#1	Bethel (Minn.)	10.99mw	36-¾ (2.2)	3/17
4	29	Jenna DRISCOLL	FR	#2	UW-Stout	10.77mw	35-4 (2.4)	3/18
5	41	Kehau PHILLIPS	FR	#2	UW-Stout	10.55m	34-7½ (1.9)	3/18
6		Aubrey THIEDE	FR	#10	Concordia Wiscor	8.93mw	29-3¾ (2.2)	3/17
7		Kalleigh SCHROEDER	FR	#10	Concordia Wiscor	8.69m	28-6¼ (0.0)	3/17
8		Grace SEIM	FR	#6	Martin Luther	8.37m	27-5½	3/25

Women's Shot Put

1	4	Demi PLOOR	JR	#2	UW-Stout	12.95m	42-6	3/18
2	10	Emma ROETHLER	FR	#1	Bethel (Minn.)	12.57m	41-3	3/17
3		Kelsie FETTIG	FR	#1	Bethel (Minn.)	10.55m	34-7½	3/17
4		Emma NELSON	SO	#6	Martin Luther	10.04m	32-11¼	3/25
5		Sam LEONI	FR	#2	UW-Stout	9.82m	32-2¾	3/18
6		Payton PACKER	SO	#5	Hamline	9.72m	31-10¾	3/18
7		Grace BLANCHETTE	SO	#4	Carleton	9.21m	30-2¾	3/24
8		Sydney MARSH	JR	#4	Carleton	9.11m	29-10¾	3/24
9		Kiya HERRERA	FR	#7	Beloit	9.02m	29-7¼	3/17
10		Kayla PAGEL	JR	#8	Wisconsin Luther:	8.69m	28-6¼	3/19

Women's Discus

1	24	Jenneel RODNEY	JR	#5	Hamline	37.70m	123-8	3/18
2	33	Payton SCHNEIDER	FR	#2	UW-Stout	36.93m	121-2	3/18
3	85	Payton PACKER	SO	#5	Hamline	34.04m	111-8	3/18
4		Emma ROETHLER	FR	#1	Bethel (Minn.)	33.35m	109-5	3/17
5		Madison REED	FR	#5	Hamline	30.96m	101-7	3/18
6		Lexi ELLINGHUYSEN	SO	#1	Bethel (Minn.)	28.57m	93-8¾	3/17
7		Molly LUKENBILL	SO	#1	Bethel (Minn.)	27.59m	90-6¼	3/17
8		Kelsie FETTIG	FR	#1	Bethel (Minn.)	27.40m	89-10¾	3/17
9		Kayla PAGEL	JR	#8	Wisconsin Luther:	27.12m	88-11¾	3/19
10		Isabelle KETTLER	JR	#6	Martin Luther	26.28m	86-2¾	3/25

Women's Hammer

1	2	Demi PLOOR	JR	#2	UW-Stout	52.50m	172-3	3/18
2	5	Jenneel RODNEY	JR	#5	Hamline	50.19m	164-8	3/18
3	30	Payton SCHNEIDER	FR	#2	UW-Stout	43.19m	141-9	3/18
4	47	Madison FIECKE	SR	#5	Hamline	41.06m	134-9	3/18
5	63	Madison REED	FR	#5	Hamline	39.82m	130-8	3/18
6	86	Lexi ELLINGHUYSEN	SO	#1	Bethel (Minn.)	38.51m	126-4	3/17
7		Molly LUKENBILL	SO	#1	Bethel (Minn.)	36.06m	118-4	3/17
8		Kelsie FETTIG	FR	#1	Bethel (Minn.)	32.66m	107-2	3/17
9		Alekzandria TAYLOR	JR	#7	Beloit	32.14m	105-6	3/17
10		Kayla PAGEL	JR	#8	Wisconsin Luther:	31.83m	104-5	3/19

Women's Javelin

1	2	Anna SWANSON	JR	#14	Saint Mary's (Minr	42.99m	141-1	3/23
2	57	Demi PLOOR	JR	#2	UW-Stout	33.53m	110-0	3/18
3	82	Grace BLANCHETTE	SO	#4	Carleton	31.95m	104-10	3/24
4		Paige SWEEM	JR	#8	Wisconsin Luther:	29.90m	98-1¼	3/19
5		Hannah ZASTROW	FR	#2	UW-Stout	28.04m	92-0	3/18
6		Raegan SORENSEN	FR	#2	UW-Stout	27.89m	91-6	3/18
7		Sydney MARSH	JR	#4	Carleton	24.40m	80-¾	3/24
8		Lexi ELLINGHUYSEN	SO	#1	Bethel (Minn.)	22.98m	75-4¾	3/17
9		Aoife ZAMACONA	SR	#5	Hamline	20.81m	68-3¼	3/18
10		Lexi COLE	FR	#2	UW-Stout	20.66m	67-9½	3/18

Women's Heptathlon

1	5	Grace BLANCHETTE	SO	#4	Carleton	3,801	3/24
2	8	Sydney MARSH	JR	#4	Carleton	3,720	3/24
3	11	Eve FARRELL	JR	#4	Carleton	3,188	3/24



USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2022 Week #1, March 28

as of 3/28/2022 4:07:52 PM

South

Women's 100 Meters

1	1	Katelyn GAMBLE	SO	#2	Washington and L	11.97w	(3.6)	3/18
2	7	Kacee HOOKER	SR	#9	Bridgewater (Va.)	12.13w	(3.6)	3/18
3	17	Mariah BROOKS	FR		North Carolina W	12.32		3/5
4	23	Loren WINTERS	FR		Mississippi Univ. f	12.39w		3/5
5	26	Kaya BINETTI	FR	#1	Emory	12.45		3/25
6	31	Jessica BARBAROSH	SR	#1	Emory	12.48w		3/25
7	32	Gracie SCHUMACHER	SR	#10	Berry	12.50w		3/5
8	35	Ella LAVELLE	SO	#1	Emory	12.52w		3/25
9	39	Kendra OGUAMENA	SO	#23	Eastern Mennonit	12.58	(1.8)	3/18
10	42	Jessica CAMMARATA	SR	#3	Lynchburg	12.60w		3/25

Women's 100 Meter Hurdles

1	3	Aniya SEWARD	SO	#3	Lynchburg	14.32w		3/25
2	7	Hannah SNODGRASS	SO	#5	Roanoke	14.56w	(3.2)	3/18
3	16	Alyssa ROACH	SO	#7	Christopher Newp	15.06w		3/26
4	27	Amanda ROMANO	FR	#2	Washington and L	15.39w		3/25
5	31	Jailah LOVING	FR	#13	Birmingham-Sou	15.49		3/25
6	39	Claire EVANS	SO	#1	Emory	15.62w		3/25
7	40	Madelyn VENABLE	FR	#2	Washington and L	15.64w		3/25
8	44	Deziree CONKLIN	FR	#12	Marymount (Va.)	15.69	(0.2)	3/19
9	57	Hannah KOEPFINGER	SR	#5	Roanoke	16.03w		3/25
10	59	McKaley YOST	FR	#1	Emory	16.07		3/25

Women's 200 Meters

1	8	Mariah BROOKS	FR		North Carolina W	25.25		3/5
2	9	Katelyn GAMBLE	SO	#2	Washington and L	25.32		3/25
3	13	Kacee HOOKER	SR	#9	Bridgewater (Va.)	25.38	(1.2)	3/18
4	26	Dashiel TAO HARRIS	FR	#1	Emory	25.77		3/25
5	29	Jessica BARBAROSH	SR	#1	Emory	25.84w		3/25
6	33	Jazmine RYAN	FR	#25	William Peace	25.87		3/5
7	34	Eleanor HINCKLEY	FR	#5	Roanoke	25.88		3/25
8	36	Kaya BINETTI	FR	#1	Emory	25.92		3/25
9	38	Haylee GAMBLE	JR	#5	Roanoke	25.95		3/25
10	51	Gracie SCHUMACHER	SR	#10	Berry	26.10		3/5

Women's 400 Meters

1	23	Kamryn BENDOLPH	SR	#13	Birmingham-Sou	59.80		3/25
2	25	Ashaunti BARNES	SO		Belhaven (Miss.)	59.82		3/5
3	30	Vuronika BARNES	SO	#3	Lynchburg	1:00.03		3/25
4	32	Kacee HOOKER	SR	#9	Bridgewater (Va.)	1:00.15		3/26
5	34	Anna WALCUTT	SR	#11	Catholic (D.C.)	1:00.17		3/19
6	35	Dashiel TAO HARRIS	FR	#1	Emory	1:00.19		3/25
7	45	Kylie HANSON	FR	#1	Emory	1:00.73		3/25
8	46	Elysse CARRILLO	SO	#8	Covenant	1:00.76		3/25
9	47	Bailey CASTO	SR	#3	Lynchburg	1:00.78		3/25
10	58	Jahkida DOYLE	SO	#14	Piedmont	1:01.20		3/25

Women's 400 Meter Hurdles

1	7	Claire EVANS	SO	#1	Emory	1:04.46		3/25
2	18	Allison BOBST	SO	#3	Lynchburg	1:06.35		3/17
3	20	Amanda ROMANO	FR	#2	Washington and L	1:06.40		3/18
4	25	Hannah KOEPFINGER	SR	#5	Roanoke	1:06.87		3/25
5	31	Lizzie DAVIS	SR	#3	Lynchburg	1:07.76		3/17
6	32	Clare MARSH	FR	#11	Catholic (D.C.)	1:07.80		3/19
7	35	Lily LIPPERT	SR	#5	Roanoke	1:07.82		3/18
8	39	Deziree CONKLIN	FR	#12	Marymount (Va.)	1:08.62		3/19
9	44	Alli CUNDIFF	SR	#4	Rhodes	1:08.93		3/25
10	49	Megan WEILMUNSTER	FR	#4	Rhodes	1:09.64		3/18

Women's 800 Meters

1	9	Lily TAYLOR	SO	#1	Emory	2:17.72		3/25
2	12	Sarah Kate LIPPERD	SR	#8	Covenant	2:18.62		3/25
3	15	Avery SCHIFFMAN	SR	#2	Washington and L	2:18.98		3/18
4	17	Libby RANOCHA	FR	#1	Emory	2:19.45		3/25
5	25	Lauren CUNILD	JR	#1	Emory	2:20.59		3/25
6	33	Parker HAWK	JR	#2	Washington and L	2:21.59		3/18
7	38	Stephanie BURNETT	SR	#3	Lynchburg	2:22.40		3/25
8	44	Jenna DALY	FR	#1	Emory	2:22.64		3/25
9	45	Samantha WITHERS	JR	#4	Rhodes	2:22.70		3/5
10	53	Lauren ANSHEN	FR	#1	Emory	2:23.63		3/25

Women's 1500 Meters

1	16	Avery SCHIFFMAN	SR	#2	Washington and L	4:44.00		3/18
2	19	Parker HAWK	JR	#2	Washington and L	4:46.65		3/18
3	24	Stephanie BURNETT	SR	#3	Lynchburg	4:47.99		3/25
4	29	Paige WILDEROTTER	SR	#11	Catholic (D.C.)	4:50.08		3/19
5	42	Sarah Kate LIPPERD	SR	#8	Covenant	4:53.38		3/18
6	53	Logan FUNK	JR	#7	Christopher Newp	4:55.13		3/26
6	53	Mae SAVOIE	SO	#7	Christopher Newp	4:55.13		3/19
8	59	Kelsey LAGUNAS	SO	#3	Lynchburg	4:55.54		3/25
9	61	Molly SILVA	FR	#3	Lynchburg	4:56.30		3/25
10	81	Bayleigh REDD	FR	#16	Southern Virginia	4:58.12		3/25

Women's Steeplechase

1	5	Corrine WEAVER	JR	#17	Meredith	11:27.36		3/25
2	22	Erin ATKINSON	SO	#6	Shenandoah	12:03.37		3/25
3	25	Mattie PARKER	JR	#8	Covenant	12:05.32		3/25
4	28	Samantha WITHERS	JR	#4	Rhodes	12:07.23		3/18
5	29	Savy HAUSHALTER	FR	#1	Emory	12:09.19		3/25
6	44	Madison SELLERS	JR	#22	Univ. of the South	12:26.90		3/5
7	46	Britany ZIEMER	SO	#4	Rhodes	12:27.84		3/18
8	57	Vanessa GARDINER	SO	#23	Eastern Mennonit	12:37.64		3/18
9	69	Sarah STRICKLAND	FR	#19	Millsaps	12:53.70		3/5
10	75	Hannah Jane MILLER	FR	#4	Rhodes	13:09.05		3/5



Regional TFRI Event Summary

as of 3/28/2022 4:07:53 PM

South

Women's 5000 Meters

1	22	Carolyn TODD	JR	#2	Washington and L	18:05.91	3/18
2	41	Mae SAVOIE	SO	#7	Christopher Newp	18:27.83	3/26
3	59	Allison SHELLY	JR	#23	Eastern Mennonit	18:41.31	3/18
4	60	Corrine WEAVER	JR	#17	Meredith	18:43.01	3/5
5	68	Julie TONON	JR	#17	Meredith	18:48.97	3/25
6	79	Sasha WILLIE	FR	#16	Southern Virginia	18:54.37	3/25
7	80	Maddy RAWLINGS	SO	#7	Christopher Newp	18:54.46	3/19
8	82	Erin ATKINSON	SO	#6	Shenandoah	18:55.06	3/11
9	83	Kate FREYALDENHOVEN	JR	#4	Rhodes	18:55.09	3/18
10	87	Valeria ANGEL	SR	#14	Piedmont	18:57.00	3/11

Women's 10,000 Meters

1	37	Lex MCGRAIL	FR	#7	Christopher Newp	41:29.50	3/26
2	41	Emily MILLER	SR	#6	Shenandoah	41:37.33	3/25
3	42	Claire GARSTER	SO	#7	Christopher Newp	41:43.39	3/26
4	44	Madeline LOTTIS	FR	#6	Shenandoah	41:47.40	3/25
5	47	Libby MILES	SO	#7	Christopher Newp	42:06.34	3/26
6	72	Abby TEW	SR	#19	Millsaps	44:01.19	3/5
7	74	Isabel HOGG	JR	#7	Christopher Newp	44:10.69	3/26
8	75	Hannah HALE	FR	#6	Shenandoah	44:11.74	3/25
9	76	Lydia DORMAN	SO	#8	Covenant	44:13.58	3/25
10	77	Brooke MCDONALD	JR	#8	Covenant	44:15.86	3/25

Women's 4x100 Relay

1	6	Crocker, Lane, Dubois, Evans	#18	Virginia Wesleyan	48.66	3/19
2	10	Oliver, Hooker, Hamlin, Coleman	#9	Bridgewater (Va.)	49.44	3/26
3	14	Gheen, Hefferon, Poole, Hinckley	#5	Roanoke	49.64	3/18
4	18	Weilmuenster, Chandler, Payne, Cundiff	#4	Rhodes	50.04	3/18
5	20	Birle, Palethorpe, D'Ambrosia, Jones	#2	Washington and L	50.08	3/25
6	22	Smith, Cammarata, Barnes, Casto	#3	Lynchburg	50.12	3/17
7	28	Harris, Lansberry, McPherson, Hanson	#1	Emory	50.41	3/25
8	33	Williams, Moell, Brown, Schumacher	#10	Berry	50.73	3/25
9	38	Mcghee, Towns, Winters, Adams		Mississippi Univ. f	50.94	3/5
10	41	Greer, Knight, Barnes, Winford		Belhaven (Miss.)	51.05	3/23

Women's 4x400 Relay

1	5	Gamble, Lippert, Henson, Hefferon	#5	Roanoke	3:57.92	3/18
2	8	Leopold, Hanson, Harris, Evans	#1	Emory	4:00.46	3/25
3	26	Farnsworth, Thomas, Sullivan, Cundiff	#4	Rhodes	4:11.59	3/18
4	27	Filley, Rocha, Teagle, Romano	#2	Washington and L	4:12.29	3/18
5	31	Schumacher, Waddell, Thompson, Taylor	#10	Berry	4:13.96	3/5
6	46	Carrillo, Baker, Henry, Lipperd	#8	Covenant	4:20.28	3/5
7	47	Wilson, Kozlowski, Ramsden, Laine	#3	Lynchburg	4:20.36	3/25
8	50	Bendolph, Loving, Taylor, Moede	#13	Birmingham-Sout	4:22.22	3/18
9	51	Van Voorhis, Hubbard, Plowman, Nicely	#6	Shenandoah	4:22.31	3/18
10	54	Delean, Heckman, Morrissey, Perez Rondon	#21	Mary Washington	4:24.72	3/19

Women's High Jump

1	15	Brooke SANDY	FR	#6	Shenandoah	1.60m	5-3	3/18
1	15	Kinsey WILSON	SO	#20	Oglethorpe	1.60m	5-3	3/25
3	21	Lizzie DAVIS	SR	#3	Lynchburg	1.58m	5-2¼	3/17
4	28	Jilane PEDERSEN	FR	#16	Southern Virginia	1.57m	5-1¾	3/18
4	28	Kaitlyn NGUYEN	SO	#5	Roanoke	1.57m	5-1¾	3/18
6	34	Lucia BERKEY	SO	#4	Rhodes	1.55m	5-1	3/5
7	52	Sydney HEIFNER	SO	#2	Washington and L	1.52m	4-11¾	3/18
7	52	Ellie VEENHOF	FR	#2	Washington and L	1.52m	4-11¾	3/18
7	52	Cammi WINSTON	SO	#5	Roanoke	1.52m	4-11¾	3/18
10	69	Kym YOUNG	FR	#4	Rhodes	1.50m	4-11	3/5
10	69	Eleanor HINCKLEY	FR	#5	Roanoke	1.50m	4-11	3/25
10	69	Emma CHRISTENSEN	FR	#8	Covenant	1.50m	4-11	3/18
10	69	Meghan CHAFFINS	SR		Randolph	1.50m	4-11	3/25
10	69	Kamman BROWN	SR	#10	Berry	1.50m	4-11	3/25
10	69	Madi DUKE	FR	#10	Berry	1.50m	4-11	3/25
10	69	Hannah UNGER	JR	#21	Mary Washington	1.50m	4-11	3/19



USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2022 Week #1, March 28

as of 3/28/2022 4:07:53 PM

South

Women's Pole Vault

1	6	Grace COLE	SR	#4 Rhodes	3.65m	11-11 $\frac{3}{4}$	3/5
2	14	Kendra PAYNE	SO	#4 Rhodes	3.50m	11-5 $\frac{3}{4}$	3/5
3	20	Octavia ALLAN	FR	#20 Oglethorpe	3.45m	11-3 $\frac{3}{4}$	3/25
4	26	Alex FEURER	FR	#1 Emory	3.30m	10-9 $\frac{3}{4}$	3/25
5	30	Allison BOBST	SO	#3 Lynchburg	3.20m	10-6	3/17
5	30	Ashley D'AMBROSIA	FR	#2 Washington and L	3.20m	10-6	3/25
7	44	Alexis VANWINKLE	SR	#22 Univ. of the South	3.07m	10- $\frac{3}{4}$	3/5
8	47	Madison CASSIDY	SR	#14 Piedmont	3.05m	10-0	3/11
8	47	Jillian GUERRA	SR	#3 Lynchburg	3.05m	10-0	3/25
8	47	Bailey CASTO	SR	#3 Lynchburg	3.05m	10-0	3/17
8	47	Peyton BLANDING	JR	#7 Christopher Newp	3.05m	10-0	3/26
8	47	Cora KAUFMAN	SR	#3 Lynchburg	3.05m	10-0	3/25

Women's Long Jump

1	1	Maddie CHANDLER	SR	#4 Rhodes	5.74m	18-10	3/5
2	10	Kaitlin MEASELL	FR	#6 Shenandoah	5.49m	18- $\frac{1}{4}$	3/25
3	17	Haileigh BYRD	SR	#21 Mary Washington	5.29m	17-4 $\frac{1}{4}$ (0.7)	3/19
4	25	Natalie BURKE	FR	#19 Millsaps	5.21m	17-1 $\frac{1}{4}$ (-2.1)	3/12
5	38	Grace SCOWDEN	SO	#4 Rhodes	5.15m	16-10 $\frac{3}{4}$	3/5
5	38	Cassidy OLIVER	JR	#9 Bridgewater (Va.)	5.15m	16-10 $\frac{3}{4}$	3/26
7	45	Deziree CONKLIN	FR	#12 Marymount (Va.)	5.11m	16-9 $\frac{1}{4}$ (0.0)	3/25
8	47	Savannah GHEEN	SR	#5 Roanoke	5.09m	16-8 $\frac{1}{2}$ (0.0)	3/18
8	47	Afua AGYEKUM	FR	#11 Catholic (D.C.)	5.09m	16-8 $\frac{1}{2}$ (0.1)	3/19
10	49	Madelyn VENABLE	FR	#2 Washington and L	5.08m	16-8 (0.0)	3/18

Women's Triple Jump

1	22	Madelyn VENABLE	FR	#2 Washington and L	10.89m	35-8 $\frac{3}{4}$ (0.6)	3/18
2	25	Maddie CHANDLER	SR	#4 Rhodes	10.86mw	35-7 $\frac{3}{4}$ (2.2)	3/18
3	32	Kara MORGAN	FR	#25 William Peace	10.73m	35-2 $\frac{1}{2}$	3/5
4	33	Hannah WETZEL	SO	#24 Gallaudet	10.72m	35-2	3/26
5	38	Lizzie DAVIS	SR	#3 Lynchburg	10.62m	34-10 $\frac{1}{4}$	3/25
6	48	Haileigh BYRD	SR	#21 Mary Washington	10.48m	34-4 $\frac{3}{4}$ (0.0)	3/19
7	54	Kiara SMITH	FR	#3 Lynchburg	10.38m	34- $\frac{3}{4}$ (0.5)	3/17
8	56	Shirell WASHINGTON	JR	#18 Virginia Wesleyan	10.37m	34- $\frac{1}{4}$	3/25
9	58	Elizabeth	JR	#2 Washington and L	10.33m	33-10 $\frac{3}{4}$ (0.5)	3/18
10	63	J'Quaycia BROWN	SO	#9 Bridgewater (Va.)	10.23m	33-6 $\frac{3}{4}$ (1.1)	3/18

Women's Shot Put

1	5	Midajah DAVIS	FR	#24 Gallaudet	12.93m	42-5 $\frac{1}{4}$	3/5
2	14	Sarah FINEMAN	FR	#1 Emory	12.22m	40-1 $\frac{1}{4}$	3/25
3	28	Christian VAN NORDEN	FR	North Carolina W	11.80m	38-8 $\frac{3}{4}$	3/5
4	36	Ciara DONEGAN	FR	#11 Catholic (D.C.)	11.70m	38-4 $\frac{3}{4}$	3/19
5	40	Samantha HEALY	SR	#12 Marymount (Va.)	11.57m	37-11 $\frac{1}{2}$	3/5
6	50	Mazie CLARK	JR	#7 Christopher Newp	11.37m	37-3 $\frac{3}{4}$	3/26
7	57	Alivia ALLEN	SO	Hendrix	11.30m	37-1	3/12
8	63	Jelesia BROWN	FR	Belhaven (Miss.)	11.25m	36-11	3/5
9	66	Aaliyah THOMAS	SR	#15 Pfeiffer	11.20m	36-9	3/5
10	68	Grace FOWLER	SO	#5 Roanoke	11.14m	36-6 $\frac{3}{4}$	3/18

Women's Discus

1	4	Madelyn KLINKERMAN	SR	Hendrix	41.92m	137-7	3/18
2	9	Hope JACKSON	SO	#1 Emory	40.45m	132-9	3/25
3	12	Quinlin ZUNK	FR	#2 Washington and L	39.33m	129-1	3/18
4	29	Allie FELTUS	FR	#14 Piedmont	37.24m	122-2	3/5
5	40	Alivia ALLEN	SO	Hendrix	36.70m	120-5	3/12
6	43	Aaliyah THOMAS	SR	#15 Pfeiffer	36.45m	119-7	3/25
7	65	Sarah FINEMAN	FR	#1 Emory	35.00m	114-10	3/25
8	67	Mariama DIALLO	SR	#18 Virginia Wesleyan	34.95m	114-8	3/19
9	73	Myla BARNES	SR	#25 William Peace	34.57m	113-5	3/25
10	81	Afua AGYEKUM	FR	#11 Catholic (D.C.)	34.21m	112-3	3/19

Women's Hammer

1	9	Samantha HEALY	SR	#12 Marymount (Va.)	47.64m	156-4	3/19
2	10	Alex DEVAUX	JR	#1 Emory	47.29m	155-2	3/25
3	22	Elle BENEFIELD	SR	#3 Lynchburg	44.14m	144-10	3/17
4	32	Kiara FELSTON	FR	#6 Shenandoah	43.00m	141-1	3/25
5	36	Tonishea FORD	SR	#15 Pfeiffer	42.42m	139-2	3/5
6	38	Madelyn KLINKERMAN	SR	Hendrix	41.83m	137-3	3/26
7	43	Abbey GAJKOWSKI	JR	#5 Roanoke	41.49m	136-2	3/18
8	45	Katherine STEVENS	FR	#7 Christopher Newp	41.29m	135-6	3/19
9	49	Aaliyah THOMAS	SR	#15 Pfeiffer	40.91m	134-3	3/5
10	58	Jessica RENDFREY	FR	#6 Shenandoah	40.06m	131-5	3/11

Women's Javelin

1	32	Evan DUET	FR	#4 Rhodes	34.95m	114-8	3/5
2	39	Dana CATALANO	FR	#1 Emory	34.72m	113-11	3/25
3	59	Mallie TAYLOR	JR	#13 Birmingham-Sout	33.50m	109-11	3/18
4	60	Jillian GUERRA	SR	#3 Lynchburg	33.40m	109-7	3/25
5	64	Maddie CHANDLER	SR	#4 Rhodes	32.91m	108-0	3/18
6	75	Katya HOOVER	FR	#6 Shenandoah	32.31m	106-0	3/18
7	79	Cailin DELEO	SO	#10 Berry	32.14m	105-6	3/25
8	94	Perryn MORGAN	SR	#14 Piedmont	31.15m	102-3	3/11
9		Cortney BROWN	SO	#14 Piedmont	30.66m	100-7	3/11
10		Francie MILLER	FR	#11 Catholic (D.C.)	30.38m	99-8 $\frac{1}{4}$	3/19



USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2022 Week #1, March 28

as of 3/28/2022 4:07:53 PM

West

Women's 100 Meters

1	1	Jasmyn CRAWFORD	SO	#7 Whittier	11.97w		3/26
2	5	Chisom BRIGHT-OSIGWE	SO	#23 East Texas Baptis	12.06w		3/26
3	6	Bailey FORSYTH	SR	#4 Pacific Lutheran	12.11	(0.0)	3/26
4	11	Emily ROHRER	JR	#1 George Fox	12.25w	(2.5)	3/19
4	11	Mackenzie REED	SO	#7 Whittier	12.25w		3/26
6	13	Alexandra ACKERMAN	JR	#6 Redlands (Calif.)	12.27	(1.8)	3/18
7	14	Sydney RADIGAN	JR	#1 George Fox	12.28w	(2.5)	3/19
8	22	Tashianna GRAY	SO	#17 LeTourneau	12.38w		3/26
9	24	Leilani LOPEZ	FR	#15 Texas Lutheran	12.40w		3/26
10	28	McKenzie FEINGLAS	SO	#14 Linfield	12.46w	(2.5)	3/19

Women's 100 Meter Hurdles

1	4	Amelia HEWSON	FR	#3 Whitworth	14.47	(0.9)	3/24
2	15	Brecken VANDENHOEK	SO	#1 George Fox	14.98w	(3.6)	3/19
3	18	Naj CAMPBELL	FR	#11 McMurry	15.17		3/4
4	21	Ayahna BAHATI	FR	#1 George Fox	15.22w	(3.6)	3/19
5	22	Eleanor BACHMEIER	SO	#6 Redlands (Calif.)	15.29	(2.0)	3/18
6	23	Kayden HULQUIST	FR	#4 Pacific Lutheran	15.30		3/11
7	25	Kynnedi BROWN	SO	#9 Hardin-Simmons	15.34	(1.6)	3/17
8	26	Mira JUNCAJ	FR	#25 La Verne	15.38w		3/26
9	32	Elisabeth JENSEN	SO	#1 George Fox	15.52	(0.3)	3/24
10	35	Caroline DELVECCHIO	JR	#2 Claremont-Mudd-	15.59		3/5

Women's 200 Meters

1	2	Sydney RADIGAN	JR	#1 George Fox	25.03	(1.6)	3/19
2	11	Jasmyn CRAWFORD	SO	#7 Whittier	25.34		3/26
3	13	Emily ROHRER	JR	#1 George Fox	25.38	(0.0)	3/26
4	23	McKenzie FEINGLAS	SO	#14 Linfield	25.69w	(3.8)	3/19
5	24	Alexandra ACKERMAN	JR	#6 Redlands (Calif.)	25.71	(-0.4)	3/18
6	29	Mackenzie REED	SO	#7 Whittier	25.84		3/26
7	31	Tashianna GRAY	SO	#17 LeTourneau	25.85		3/5
8	35	Leilani LOPEZ	FR	#15 Texas Lutheran	25.90w		3/26
9	38	Katriona KIRKPATRICK	FR	#8 Pomona-Pitzer	25.95		3/26
10	40	Bayli LUKE	SR	#22 Concordia Texas	25.97		3/4

Women's 400 Meters

1	3	Bethany SCHMIDT	JR	#1 George Fox	57.63		3/26
2	4	Christina STINSON	FR	#24 St. Thomas (Texa	58.08		3/4
3	6	Gabriella TORRES JOUBERT	JR	#7 Whittier	58.23		3/18
4	7	Bayli LUKE	SR	#22 Concordia Texas	58.31		3/24
5	13	Jackilyn LEWIS	SO	#20 Puget Sound	58.91		3/4
6	17	CC GRAY	FR	#5 Trinity (Texas)	59.49		3/4
7	19	Sami RIGGS	SO	#21 Willamette	59.61		3/26
8	20	Allison KREMER	FR	#13 Chapman	59.72		3/26
9	21	Olivia REICHLE	FR	#8 Pomona-Pitzer	59.74		3/26
10	26	Tashianna GRAY	SO	#17 LeTourneau	59.84		3/18

Women's 400 Meter Hurdles

1	1	Bethany SCHMIDT	JR	#1 George Fox	1:01.86		3/26
2	2	Caroline DELVECCHIO	JR	#2 Claremont-Mudd-	1:02.92		3/26
3	15	Julia CAUSBIE	FR	#4 Pacific Lutheran	1:05.74		3/26
4	17	Kayden HULQUIST	FR	#4 Pacific Lutheran	1:06.04		3/26
5	21	Eleanor BACHMEIER	SO	#6 Redlands (Calif.)	1:06.46		3/18
6	24	Ellie MARSH	FR	#17 LeTourneau	1:06.76		3/26
7	26	Arden NEFF	FR	#18 Southwestern (Te	1:07.30		3/17
8	28	Emily RUTKOWSKI	JR	#12 Pacific (Ore.)	1:07.42		3/4
9	32	Esther BRUTUS	FR	#4 Pacific Lutheran	1:07.80		3/26
10	36	Katarina MARIC	FR	#13 Chapman	1:07.93		3/19

Women's 800 Meters

1	5	Laura ZIMMER	SO	#2 Claremont-Mudd-	2:15.66		3/12
2	10	Nikohl JORDAN	JR	#3 Whitworth	2:17.96		3/24
3	13	Maddie MIRRO	FR	#13 Chapman	2:18.66		3/19
4	14	Annalise GONZALES	FR	#1 George Fox	2:18.97		3/18
5	19	Megan MALEY	JR	#2 Claremont-Mudd-	2:19.61		3/12
6	20	Megan KOCH	JR	#10 Colorado College	2:19.94		3/12
7	23	Michaela JONES	SO	#8 Pomona-Pitzer	2:20.22		3/12
8	28	Kayla ALMEIDA	FR	#13 Chapman	2:20.95		3/19
9	29	Madison HABECK	SO	#5 Trinity (Texas)	2:21.20		3/4
10	30	Samira NEGRETE	FR	#16 Cal Lutheran	2:21.26		3/12

Women's 1500 Meters

1	3	Natalie BITETTI	SO	#2 Claremont-Mudd-	4:33.69		3/25
2	5	Laura ZIMMER	SO	#2 Claremont-Mudd-	4:39.39		3/25
3	8	Genevieve DIBARI	JR	#8 Pomona-Pitzer	4:42.25		3/26
4	11	Elana MUZZY	JR	UC Santa Cruz	4:43.55		3/19
5	12	Kendall ACCETTA	SO	#10 Colorado College	4:43.59c	(4:49.68A)	3/18
6	13	Maddie MIRRO	FR	#13 Chapman	4:43.60		3/5
7	15	Brenna SCLAIR	SO	#1 George Fox	4:43.91		3/18
8	21	Jenna LANGE	JR	#8 Pomona-Pitzer	4:47.28		3/26
9	22	Riley MARTEL-PHILLIPS	SO	UC Santa Cruz	4:47.39		3/19
10	23	Jessie BAILEY	FR	#1 George Fox	4:47.84		3/26

Women's Steeplechase

1	1	Riley HARMON	SR	#2 Claremont-Mudd-	11:08.15		3/5
2	2	Kendall ACCETTA	SO	#10 Colorado College	11:11.04		3/12
3	3	Isabella GLENN	SR	#6 Redlands (Calif.)	11:16.53		3/5
4	6	Ellie CATRON	SO	#5 Trinity (Texas)	11:32.04		3/4
5	7	Madelyn HUBBS	SO	#12 Pacific (Ore.)	11:34.81		3/26
6	8	Kelsey VAN ALLEN	JR	#8 Pomona-Pitzer	11:37.86		3/5
7	11	Na'ama NEVO	SO	#10 Colorado College	11:53.64c	(12:11.00A)	3/18
8	15	Jenessa TEACHOUT	FR	#1 George Fox	11:55.97		3/26
9	16	Veronica REDPATH	SR	#16 Cal Lutheran	11:57.43		3/5
10	18	Katya SCHWIETERMAN	FR	#19 Lewis & Clark	11:59.23		3/4



USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2022 Week #1, March 28

as of 3/28/2022 4:07:53 PM

West

Women's 5000 Meters

1	4	Meredith BLOSS	JR	#2 Claremont-Mudd-	16:51.32	3/25
2	6	Riley HARMON	SR	#2 Claremont-Mudd-	17:19.11	3/12
3	7	Genevieve DIBARI	JR	#8 Pomona-Pitzer	17:20.93	3/12
4	8	Elliot SINGER	FR	#10 Colorado College	17:40.04c (18:07.79A)	3/18
5	12	Chloe TAYLOR	SR	#2 Claremont-Mudd-	17:51.28	3/12
6	17	Kelsey VAN ALLEN	JR	#8 Pomona-Pitzer	17:55.30	3/12
7	18	Anika KIMME	JR	#2 Claremont-Mudd-	17:56.21	3/12
8	19	Clare QUINN	SO	#10 Colorado College	17:57.72	3/12
9	20	Anna WILGENBUSCH	SR	Dallas	18:03.10	3/12
10	21	Brooklyn BUTTON	SR	#2 Claremont-Mudd-	18:03.92	3/12

Women's 10,000 Meters

1	2	Kara PUTMAN	SR	#12 Pacific (Ore.)	37:31.43	3/4
2	4	Alexis WALLACE	SR	#6 Redlands (Calif.)	38:26.25	3/12
3	5	Riley BUESE	FR	#19 Lewis & Clark	38:49.97	3/4
4	7	Anna WILGENBUSCH	SR	Dallas	39:31.18	3/5
5	9	Elaine KASTER	JR	#5 Trinity (Texas)	39:50.12	3/4
6	10	Abby KLEIN	SR	#12 Pacific (Ore.)	39:53.38	3/4
7	13	Sophia BIGIO	SR	Whitman	40:22.86	3/4
8	15	Kendall MCKIBBON	FR	#1 George Fox	40:25.96	3/4
9	16	Dori BUTTLEMAN	FR	Whitman	40:27.69	3/4
10	18	Adalynn GRIESSER	JR	#19 Lewis & Clark	40:34.23	3/4

Women's 4x100 Relay

1	1	Ackerman, Harness, Lyon, O'Neal	#6 Redlands (Calif.)	47.29	3/18
2	2	Crawford, Torres Joubert, Reed, Johnson	#7 Whittier	48.18	3/18
3	3	Lungo, Hewson, Ward, Ball	#3 Whitworth	48.31	3/24
4	12	Tidwell, Moss, Conner, Morris	#11 McMurry	49.55	3/26
5	13	Slaine, Brown, Fisher, Downs	#9 Hardin-Simmons	49.62	3/26
6	16	Hinton, Sawyers, Williams, Coaster	#24 St. Thomas (Texa)	49.89	3/25
7	19	Stiner, Smith, Kremer, Zurasky	#13 Chapman	50.07	3/26
8	24	Connors, McBride-Steiger, Scott, Feinglas	#14 Linfield	50.32	3/4
9	26	Areola, Ledat, Justice, Selber	#5 Trinity (Texas)	50.39	3/4
10	27	Gomez, Norrell, Williams, Lopez	#15 Texas Lutheran	50.40	3/26

Women's 4x400 Relay

1	9	Li, Ashley, Jones, Reichle	#8 Pomona-Pitzer	4:00.71	3/26
2	11	Albrecht, Bullock, Bachmeier, Lyon	#6 Redlands (Calif.)	4:06.49	3/5
3	12	Lipsky, Zimmer, DelVecchio, Maley	#2 Claremont-Mudd-	4:07.21	3/5
4	17	Torres Joubert, Viera, Torres, Reed	#7 Whittier	4:10.13	3/5
5	18	Carrol, Mulkey, Stewart, O'Hare	#1 George Fox	4:10.14	3/26
6	19	Mirro, Kremer, Trent, Kitnitchiva	#13 Chapman	4:10.15	3/5
7	20	Ward, Ball, Caniglia, Jordan	#3 Whitworth	4:10.22	3/24
8	21	Thompson, McCracken, Neff, Robuck	#18 Southwestern (Te	4:10.29	3/17
9	22	Williams, Lopez, Adams, Gomez	#15 Texas Lutheran	4:10.32	3/26
10	24	Kotfas, Ledat, Gray, Huck	#5 Trinity (Texas)	4:10.75	3/17

Women's High Jump

1	6	Karlie STEWART	FR	#1 George Fox	1.64m	5-4½	3/26
2	9	Jerrica PACHL	FR	#14 Linfield	1.62m	5-3¾	3/4
3	12	Logan HALLER	SR	#9 Hardin-Simmons	1.61m	5-3¼	3/26
4	15	Brecken VANDENHOEK	SO	#1 George Fox	1.60m	5-3	3/24
5	34	Mira JUNCAJ	FR	#25 La Verne	1.55m	5-1	3/26
5	34	Simone ROGERS	FR	#2 Claremont-Mudd-	1.55m	5-1	3/26
5	34	Marina CARROL	FR	#1 George Fox	1.55m	5-1	3/26
8	45	Breanne RAWLS	FR	#3 Whitworth	1.54m	5-½	3/24
9	52	Maddie O'HARE	JR	#1 George Fox	1.52m	4-11¾	3/4
9	52	Brynne BLACKMAR	FR	UT Dallas	1.52m	4-11¾	3/18

Women's Pole Vault

1	1	Brooke SIMON	JR	#2 Claremont-Mudd-	3.80m	12-5½	3/18
2	6	Alison YOUNG	SO	#1 George Fox	3.65m	11-11¾	3/19
2	6	Payton DAVIDSON	JR	#1 George Fox	3.65m	11-11¾	3/19
2	6	Lily LUKSICH	FR	#4 Pacific Lutheran	3.65m	11-11¾	3/26
5	14	Grace TULLY	FR	#1 George Fox	3.50m	11-5¾	3/19
5	14	Emeliza FERNANDEZ	SO	#7 Whittier	3.50m	11-5¾	3/18
7	23	Karissa RICKS	JR	#7 Whittier	3.35m	10-11¾	3/5
7	23	Kristine NGUYEN	SO	#4 Pacific Lutheran	3.35m	10-11¾	3/26
9	26	Kelby TIDWELL	SO	#11 McMurry	3.30m	10-9¾	3/26
10	30	Anna JOHNSON	SR	#1 George Fox	3.20m	10-6	3/19
10	30	Shelby LARSON	FR	#1 George Fox	3.20m	10-6	3/19
10	30	Brighten WINN	JR	Occidental	3.20m	10-6	3/18



USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2022 Week #1, March 28

as of 3/28/2022 4:07:54 PM

West

Women's Long Jump

1	4	Ciara AW	JR	#6	Redlands (Calif.)	5.58m	18-3¼ (1.0)	3/18
2	5	Jordyn WHITE	JR	#5	Trinity (Texas)	5.55mw	18-2½	3/26
3	6	Joy AREOLA	FR	#5	Trinity (Texas)	5.54mw	18-2¼	3/26
4	11	Kadi DOWNS	FR	#9	Hardin-Simmons	5.45mw	17-10¾	3/4
5	17	Kendra FISHER	JR	#9	Hardin-Simmons	5.29m	17-4¼	3/4
6	21	Julia CAUSBIE	FR	#4	Pacific Lutheran	5.26m	17-3¼ (0.0)	3/19
7	23	Chisom BRIGHT-OSIGWE	SO	#23	East Texas Baptis	5.24m	17-2¼	3/26
8	26	Devyn COPE	JR	#3	Whitworth	5.20m	17-¾ (0.0)	3/24
9	34	Jada MORRIS	FR	#11	McMurry	5.17m	16-11½	3/26
9	34	Brecken VANDENHOEK	SO	#1	George Fox	5.17m	16-11½ (0.9)	3/24

Women's Triple Jump

1	2	Joy AREOLA	FR	#5	Trinity (Texas)	11.39m	37-4½	3/26
2	5	Logan HALLER	SR	#9	Hardin-Simmons	11.19mw	36-8½	3/26
3	7	Kynnedi BROWN	SO	#9	Hardin-Simmons	11.17m	36-7¾ (1.7)	3/17
4	10	Kadi DOWNS	FR	#9	Hardin-Simmons	11.11m	36-5½	3/4
5	12	Kyra STAFFORD	SO	#5	Trinity (Texas)	11.08mw	36-4¼	3/26
6	14	Ashley KORB-DOTY	JR	#1	George Fox	11.04m	36-2¾ (0.5)	3/26
7	15	Bella DEAN	SO	#1	George Fox	11.02mw	36-2 (2.4)	3/19
8	19	Jordyn WHITE	JR	#5	Trinity (Texas)	10.93m	35-10½	3/26
9	26	Devyn COPE	JR	#3	Whitworth	10.82m	35-6 (0.0)	3/24
10	28	Maigan ADAMS	FR	#6	Redlands (Calif.)	10.79m	35-4¾ (0.5)	3/18

Women's Shot Put

1	9	Julissa RODRIGUEZ	FR	#15	Texas Lutheran	12.59m	41-3¾	3/4
2	12	Renee TIUMALU	JR	#3	Whitworth	12.30m	40-4¼	3/4
3	19	Kailee WALKER	SO	#1	George Fox	12.02m	39-5¼	3/26
4	32	Ellena CORWIN	SO	#1	George Fox	11.75m	38-6¾	3/4
5	35	Vanessa MARTINEZ	JR	#7	Whittier	11.71m	38-5	3/26
6	37	Carole RAMOS	FR	#4	Pacific Lutheran	11.64m	38-2¼	3/26
7	39	Georjina SOLIAI	FR	#4	Pacific Lutheran	11.62m	38-1½	3/4
8	43	Lynda FARMER	SO	#9	Hardin-Simmons	11.50m	37-8¾	3/26
9	44	Kierra FRANCOIS	JR	#5	Trinity (Texas)	11.49m	37-8½	3/26
10	51	Maggie NAVA	SO	#5	Trinity (Texas)	11.35m	37-3	3/4

Women's Discus

1	1	Eva WIRTH	FR	#4	Pacific Lutheran	44.01m	144-5	3/26
2	6	Tiamara HILL-JOHNSON	SO	#18	Southwestern (Te	40.79m	133-10	3/17
3	7	Kailee WALKER	SO	#1	George Fox	40.61m	133-3	3/26
4	10	Noelle CHAVEZ	SO	#6	Redlands (Calif.)	39.65m	130-1	3/18
5	13	Abbie Jo CARLSON	SR	#3	Whitworth	39.11m	128-4	3/24
6	15	Tahnisha MANIBUSAN	JR	#1	George Fox	39.03m	128-1	3/4
7	18	Jamie COPELAND	SR	#3	Whitworth	38.55m	126-6	3/19
8	21	Peyton SANTOS	SO	#4	Pacific Lutheran	38.18m	125-3	3/26
9	22	Kierra FRANCOIS	JR	#5	Trinity (Texas)	38.01m	124-9	3/17
10	26	Laura BENNETT	SR	#9	Hardin-Simmons	37.64m	123-6	3/26

Women's Hammer

1	14	Zaria OPARA	JR	#16	Cal Lutheran	45.61m	149-8	3/18
2	17	Abbie Jo CARLSON	SR	#3	Whitworth	45.14m	148-1	3/4
3	20	Samantha WATERS	FR	#21	Willamette	44.91m	147-4	3/16
4	21	Tahnisha MANIBUSAN	JR	#1	George Fox	44.28m	145-4	3/19
5	24	Kierra FRANCOIS	JR	#5	Trinity (Texas)	44.04m	144-6	3/4
6	34	Tabitha MESSINEO	JR	#4	Pacific Lutheran	42.52m	139-6	3/4
7	40	Elizabeth RYAN	FR	#11	McMurry	41.60m	136-6	3/4
7	40	Kailee WALKER	SO	#1	George Fox	41.60m	136-6	3/19
9	42	Leslie SERNAQUE FALCON	SR	#6	Redlands (Calif.)	41.50m	136-2	3/18
10	48	Peyton SANTOS	SO	#4	Pacific Lutheran	40.98m	134-6	3/4

Women's Javelin

1	1	Chrissy STRICKLAND	JR	#1	George Fox	43.65m	143-3	3/4
2	4	Ava NELSON	JR	#4	Pacific Lutheran	42.39m	139-1	3/4
3	6	Samantha SWARTOUT	JR	#20	Puget Sound	40.55m	133-1	3/26
4	7	Brecken VANDENHOEK	SO	#1	George Fox	40.18m	131-10	3/24
5	8	Eva MILLAN	JR	#3	Whitworth	39.97m	131-2	3/24
6	10	Jillian WEBER	JR	#7	Whittier	39.72m	130-4	3/18
7	14	Grace PYTYNIA-HILLIER	JR	#20	Puget Sound	38.06m	124-11	3/26
8	17	Jensyn LOWN	SR	#1	George Fox	37.25m	122-3	3/4
9	19	Emily MAUCH	SO	#3	Whitworth	37.13m	121-10	3/19
10	20	Logan SPOONEMORE	FR	#8	Pomona-Pitzer	37.10m	121-9	3/26

Women's Heptathlon

1	2	Brecken VANDENHOEK	SO	#1	George Fox	4,733		3/24
2	3	Elisabeth JENSEN	SO	#1	George Fox	4,041		3/24
3	4	Breeauna O'REAR	SO	#1	George Fox	3,855		3/24
4	6	Breanne RAWLS	FR	#3	Whitworth	3,794		3/24
5	7	Kelby TIDWELL	SO	#11	McMurry	3,730		3/17
6	9	Vera JUNCAJ	SO	#25	La Verne	3,581		3/24
7	10	Siera CRAWFORD	FR	#14	Linfield	3,241		3/24