



USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2022 Week #6, May 2

as of 5/2/2022 8:38:42 AM

East

Women's 100 Meters

1	5	Kianne BENJAMIN	#4 Bowdoin	11.96w	(2.6)	4/30
2	12	Katy NIPPERT	#3 WPI	11.99w	(3.1)	4/30
3	16	Margaret WALKER	#9 Wheaton (Mass.)	12.00w	(3.1)	4/30
4	18	Sade GREENIDGE	#5 Colby	12.02w	(2.5)	3/25
5	23	Katherine PAWLAK	#3 WPI	12.05w	(3.1)	4/30
6	32	Janelle KNIGHT	#3 WPI	12.12w	(3.1)	4/30
7		Alison MCDONOUGH	#7 Bridgewater State	12.43w	(3.0)	4/30
8		Dorinda OKORJI	UMass Boston	12.48	(0.7)	4/22
9		Athena COMEAU	#25 Plymouth State	12.53w	(2.4)	4/9
10		Jaiden ANDREWS	#13 UMass Dartmouth	12.54	(-1.6)	4/30

Women's 100 Meter Hurdles

1	11	Jayci ANDREWS	#7 Bridgewater State	14.26w	(3.6)	4/16
2	18	Katherine JACOBS	#17 Babson	14.47	(1.5)	4/30
3	22	Lydia PITTS	#4 Bowdoin	14.56	(1.4)	4/30
4	28	Alison MCDONOUGH	#7 Bridgewater State	14.59	(1.0)	4/30
5	40	Jaiden ANDREWS	#13 UMass Dartmouth	14.77w	(3.6)	4/16
6	46	Christina SPELIAKOS	#5 Colby	14.90w	(3.3)	3/25
7	51	Amanda KAUFMAN	#6 Bates	14.91	(0.2)	4/30
8	56	Alya CAMPBELL	#10 Brandeis	15.02w	(2.3)	4/23
9	64	Sarah PILLONE	#1 Tufts	15.10	(0.2)	4/30
10	65	Erin DAUGHERTY	#5 Colby	15.11w	(2.3)	4/15

Women's 200 Meters

1	7	Katy NIPPERT	#3 WPI	24.58	(1.8)	4/16
2	19	Kianne BENJAMIN	#4 Bowdoin	24.79	(1.2)	4/30
3	32	Sade GREENIDGE	#5 Colby	25.01w	(3.1)	3/25
4	49	Lottie FRANCK	#5 Colby	25.15	(0.8)	4/23
5	51	Schlyer WYSE	#9 Wheaton (Mass.)	25.18w	(3.9)	4/15
6	57	Julia PERUGINI	#1 Tufts	25.24	(1.2)	4/30
7	72	Janelle KNIGHT	#3 WPI	25.36	(0.4)	4/30
8	84	Alexandra CASE	#9 Wheaton (Mass.)	25.48w	(2.8)	3/18
9	96	Madison ASHLEY	#7 Bridgewater State	25.54w	(2.3)	4/30
10		Katherine PAWLAK	#3 WPI	25.59	(0.4)	4/30

Women's 400 Meters

1	14	Katy NIPPERT	#3 WPI	56.80		4/1
2	32	Julia HOWARTH	#2 MIT	57.61		4/30
3	61	Sonia PUROHIT	#2 MIT	58.33		4/23
4	65	Kaitlyn BERNIER	#13 UMass Dartmouth	58.46		4/30
5	69	Marina MILLER	#2 MIT	58.56		4/23
6	75	Schlyer WYSE	#9 Wheaton (Mass.)	58.70		4/23
7	83	Annika KRAL	#1 Tufts	59.02		4/30
8	89	Olivia DIAS	#2 MIT	59.09		4/30
9	92	Elizabeth KORN	#10 Brandeis	59.13		4/23
10	93	Cianna O'FLAHERTY	#4 Bowdoin	59.14		4/15

Women's 400 Meter Hurdles

1	14	Paige COOKSEY	#2 MIT	1:03.28		4/23
2	18	Jayci ANDREWS	#7 Bridgewater State	1:03.76		4/23
3	19	Campbell DEVLIN	#1 Tufts	1:03.77		4/23
4	23	Fiona MEJICO	#5 Colby	1:04.24		4/15
5	28	Anna RENY	#8 Southern Maine	1:04.48		4/16
6	37	Emma SMITH	#1 Tufts	1:04.85		4/23
7	39	Maddie LEE	#6 Bates	1:04.99		4/23
8	43	Antonia KNOTH	#1 Tufts	1:05.11		4/23
9	45	Erin DAUGHERTY	#5 Colby	1:05.28		3/25
10	49	Olivia ZARZYCKI	#10 Brandeis	1:05.43		4/23

Women's 800 Meters

1	12	Hannah NEILON	#1 Tufts	2:11.83		4/30
2	16	Sydney PACKARD	#3 WPI	2:12.87		4/30
3	26	Elise LAMBERT	#6 Bates	2:13.90		4/30
4	61	Tara LOWENSOHN	#1 Tufts	2:16.98		3/26
5	64	Chrissy AMAN	#6 Bates	2:17.07		4/23
6	85	Leila TRUMMEL	#4 Bowdoin	2:18.18		4/23
7	92	Gillian ROEDER	#2 MIT	2:18.36		4/30
8		Cameron MACKENZIE	#4 Bowdoin	2:19.91		4/9
9		Carly RINKO	#1 Tufts	2:20.42		4/23
10		Lauren TRAUM	#4 Bowdoin	2:20.88		4/9

Women's 1500 Meters

1	29	Ari MARKS	#11 Wellesley	4:37.74		4/15
2	31	Tara LOWENSOHN	#1 Tufts	4:38.17		4/30
3	44	Leila TRUMMEL	#4 Bowdoin	4:39.97		4/30
4	47	Sydney PACKARD	#3 WPI	4:40.43		4/23
5	49	Sarah BENTLEY	#2 MIT	4:40.67		4/9
6	56	Cameron MACKENZIE	#4 Bowdoin	4:41.49		4/30
7	70	Izzi GENGARO	#2 MIT	4:42.96		4/9
8	85	Natalie HATTAN	#10 Brandeis	4:44.44		4/23
9		Margo KENYON	#5 Colby	4:46.79		4/30
10		Carly RINKO	#1 Tufts	4:47.08		4/15

Women's Steeplechase

1	19	Anna SLAGER	#1 Tufts	11:09.45		4/30
2	28	Maya BRADBURY	#11 Wellesley	11:17.91		4/30
3	33	Einat GAVISH	#2 MIT	11:21.67		4/30
4	37	Kelsey CRAWFORD	#4 Bowdoin	11:25.01		4/30
5	39	Ellie MURPHY-WEISE	#11 Wellesley	11:25.49		4/30
6	41	Jordan WILSON	#6 Bates	11:25.94		4/30
7	47	Olivia REYNOLDS	#6 Bates	11:28.80		4/15
8	56	Grace HADLEY	#3 WPI	11:35.13		4/1
9	69	Anna HADDAD	#2 MIT	11:39.64		4/30
10		Kate BIDGOOD	#1 Tufts	11:54.54		4/30



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East

Women's 5000 Meters

1	4	Ari MARKS	#11 Wellesley	16:26.08	4/8
2	18	Erin MAGILL	#10 Brandeis	16:56.56	4/23
3	63	Sarah BENTLEY	#2 MIT	17:37.97	4/15
4	70	Anna SLAGER	#1 Tufts	17:41.42	4/30
5	79	Anna HADDAD	#2 MIT	17:46.18	4/15
6	99	Maya BRADBURY	#11 Wellesley	17:51.66	4/15
7	100	Anna CHAU	#2 MIT	17:51.85	4/15
8		Jillian RICHARDSON	#6 Bates	17:54.23	4/9
9		Claire BEEBE	#5 Colby	18:00.63	4/15
10		Claire ANDERSON	#11 Wellesley	18:05.98	4/15

Women's 10,000 Meters

1	11	Izzi GENGARO	#2 MIT	35:24.99	4/15
2	59	Jillian RICHARDSON	#6 Bates	37:54.86	4/30
3	72	Meghan DAVIS	#1 Tufts	38:11.52	4/30
4	91	Penny KING	#5 Colby	38:43.98	4/15
5		Anna CHAU	#2 MIT	39:01.46	4/30
6		Rachel BRENNAN	#14 Gordon (Mass.)	39:02.88	4/2
7		Archana MOHANDAS	#2 MIT	39:16.74	4/15
8		Jane HIRSCHMAN	#4 Bowdoin	39:33.74	4/30
9		Phoebe POHL	#6 Bates	39:34.01	4/15
10		Isabel MAY	#6 Bates	39:42.63	4/15

Women's 4x100 Relay

1	5	Katherine PAWLAK, Janelle KNIGHT, Jazmyn EWING, Katy NIPPERT	#3 WPI	47.23	4/30
2	15	Emily ZIELINSKI, Schyler WYSE, Alexandra CASE, Abigail ROGERS	#9 Wheaton (Mass.)	47.82	4/30
3	17	Lottie FRANCK, Fiona MEJICO, Katie- Marie ROY, Sade GREENIDGE	#5 Colby	47.86	4/23
4	36	Cora KAKALEC, Aoife HERNON, Annika KRAL, Julia PERUGINI	#1 Tufts	48.50	4/30
5	41	Alison MCDONOUGH, Jailene ESCALERA, Kiara ABRANTES,	#7 Bridgewater State	48.55	4/30
6	73	Anna TOUITOU, Alya CAMPBELL, Elizabeth KORN, Devin HILTUNEN	#10 Brandeis	49.37	4/23
7	79	Sophia SLOVENSKI, Emma NOONAN, Madison FORNASIER, Catriona GOULD	#8 Southern Maine	49.51	4/30
8	80	Ray ARMIJO, Jaiden ANDREWS, McKenzie CANUEL, Kaitlyn BERNIER	#13 UMass Dartmouth	49.52	4/30
9	82	Caroline REILLY, Rachel IP, Katherine JACOBS, Angela HAGSTROM	#17 Babson	49.53	4/30
10	95	Heather TURNER, Bridget MAUNSELL, Elena PELLEGRINI, Avonia HERBERT	#15 Worcester State	49.86	4/22



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East

Women's 4x400 Relay

1	11	Julia HOWARTH, Sonia PUROHIT, Marina MILLER, Olivia DIAS	#2 MIT	3:52.60	4/15
2	20	Campbell DEVLIN, Luana MACHADO, Aoife HERNON, Julia PERUGINI	#1 Tufts	3:56.60	4/30
3	39	Elizabeth KORN, Yahni LAPA, Alya CAMPBELL, Olivia ZARZYCKI	#10 Brandeis	4:02.66	4/23
4	47	Camilla MCALEER, Olivia TOMLIN, Charlotte FRENIERE, Kristina PIZZI	#5 Colby	4:03.52	3/18
5	55	Leithsa DIMANCHE, Isabel HALLAL, Elise DESHUSSES, Sydney PACKARD	#3 WPI	4:04.50	4/30
6	79	Cianna O'FLAHERTY, Gabby PHILLIPS, Katherine PAGE, Arly RODRIGUEZ	#4 Bowdoin	4:08.25	4/9
7	89	Anna RENY, Emma NOONAN, Sophia POOLE, Rosemary TRAIN	#8 Southern Maine	4:09.38	4/23
8	90	Kiara ABRANTES, Lily MARRA, Lindsey GOLDEN, Jayci ANDREWS	#7 Bridgewater State	4:09.64	4/30
9		Abbey OTTERBEIN, Amanda KAUFMAN, Chrissy AMAN, Emily- Claire DUFFY	#6 Bates	4:10.86	4/23
10		Morgan ZAKRZEWSKI, Abigail ROGERS, Grace BEACH, Claire O'CONNOR	#9 Wheaton (Mass.)	4:11.30	4/30

Women's High Jump

1	1	Jaidyn APPEL	#1 Tufts	1.75m	5-8¾	4/30
2	3	Abigael PETERSON	#7 Bridgewater State	1.71m	5-7¼	3/26
3	5	Kimmy MCPHERSON	#2 MIT	1.70m	5-7	4/9
4	8	Sharde JOHNSON	#5 Colby	1.69m	5-6½	3/25
5	17	Serenity SANDS	#7 Bridgewater State	1.67m	5-5¾	4/2
6	43	Dreya MARTIN	#3 WPI	1.61m	5-3¼	4/16
7	88	Isabel LLACH	#5 Colby	1.57m	5-1¾	4/30
7	88	Charlotte SWEET	#4 Bowdoin	1.57m	5-1¾	4/9
7	88	Olivia JALBERT	#8 Southern Maine	1.57m	5-1¾	4/23
10		Juliana PATRONE	#7 Bridgewater State	1.55m	5-1	4/30

Women's Pole Vault

1	14	Charlotte HODGE	#4 Bowdoin	3.75m	12-3½	4/30
2	17	Sarah FIRTH	#1 Tufts	3.71m	12-2	4/9
3	38	Lia ROTTI	#1 Tufts	3.55m	11-7¾	4/15
4	67	Jacqueline AHRENS	#2 MIT	3.40m	11-1¾	4/9
4	67	Mary CALVERT	#5 Colby	3.40m	11-1¾	4/30
4	67	Smiley HUYNH	#10 Brandeis	3.40m	11-1¾	5/1
4	67	Charlotte SWEET	#4 Bowdoin	3.40m	11-1¾	4/9
8	87	Sophia SLOVENSKI	#8 Southern Maine	3.35m	10-11¾	4/23
8	87	Bridget WIRTZ	#3 WPI	3.35m	10-11¾	4/9
10	10	Lila WINE	#2 MIT	3.30m	10-9¾	3/25

Women's Long Jump

1	1	Katy NIPPERT	#3 WPI	6.06m	19-10¾ (0.4)	4/16
2	13	Lia ROTTI	#1 Tufts	5.72mw	18-9¼ (2.9)	4/30
2	13	Jordan ANDREW	#1 Tufts	5.72m	18-9¼ (1.7)	4/30
4	50	Lydia PITTS	#4 Bowdoin	5.54m	18-2¼ (0.7)	4/23
5	53	Emma MARTIN	#2 MIT	5.52mw	18-1½ (2.9)	4/2
6	56	Katherine PAWLAK	#3 WPI	5.51mw	18-1 (2.6)	4/30
7	72	Jen ROTTI	#1 Tufts	5.46m	17-11 (1.8)	4/23
8	78	Jenna ALBANESE	#4 Bowdoin	5.42m	17-9½ (1.4)	4/15
8	78	Kathryn EZECHA	#1 Tufts	5.42m	17-9½ (2.0)	4/9
10	87	Alison MCDONOUGH	#7 Bridgewater State	5.40m	17-8¾ (0.0)	4/30

Women's Triple Jump

1	1	Lydia PITTS	#4 Bowdoin	12.34mw	40-6 (3.2)	4/15
2	5	Lia ROTTI	#1 Tufts	12.11mw	39-8¾ (2.4)	4/30
3	26	Kathryn EZECHA	#1 Tufts	11.70m	38-4¾ (2.0)	4/30
4	29	Jordan ANDREW	#1 Tufts	11.67mw	38-3½ (2.6)	4/30
5	30	Jaidyn APPEL	#1 Tufts	11.63m	38-2 (-2.0)	4/23
6	31	Jen ROTTI	#1 Tufts	11.62mw	38-1½ (3.1)	4/30
7	37	Laena TIENG	#2 MIT	11.53m	37-10 (0.2)	4/30
8	52	Katy NIPPERT	#3 WPI	11.29m	37-½ (1.0)	4/16
9	58	Sharde JOHNSON	#5 Colby	11.24m	36-10½ (1.3)	3/18
10	68	Maelynn UGOKWE	#1 Tufts	11.15m	36-7 (1.5)	4/9

Women's Shot Put

1	9	Skylar BARTHELMES	#3 WPI	13.96m	45-9¾	4/30
2	10	Alexis BOYKIN	#2 MIT	13.89m	45-7	4/30
3	74	Jaigan BOUDREAU	#8 Southern Maine	12.21m	40-¾	4/30
4	78	Emma HARGREAVES	#4 Bowdoin	12.14m	39-10	4/30
5	80	Zoe BARNES	#8 Southern Maine	12.13m	39-9¾	4/23
6	81	Shannon PARKS	#21 Keene State	12.12m	39-9¼	4/30
7	10	Nicole DANIELO	#19 Endicott	11.98m	39-3¾	4/2
8		Tianna ROGERS	#9 Wheaton (Mass.)	11.52m	37-9½	3/18
9		Emily BALL	#2 MIT	11.43m	37-6	4/23
10		Molly WALKER	#12 Thomas (Maine)	11.37m	37-3¾	4/30



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East

Women's Discus

1	7	Skylar BARTHELMES	#3	WPI	45.02m	147-9	4/30
2	13	Alexis BOYKIN	#2	MIT	43.99m	144-4	4/15
3	23	Emily BALL	#2	MIT	42.38m	139-1	4/2
4	28	Jaigan BOUDREAU	#8	Southern Maine	41.88m	137-5	4/2
5	96	Zoe BARNES	#8	Southern Maine	38.96m	127-10	4/2
6		Jada SCOTLAND	#4	Bowdoin	38.42m	126-1	4/9
7		Morgan COLLINS	#3	WPI	38.18m	125-3	4/30
8		Molly WALKER	#12	Thomas (Maine)	37.91m	124-5	4/30
9		Lily MCDOWELL	#9	Wheaton (Mass.)	35.65m	117-0	4/23
10		Ravyn TAMMIRUUSU	#1	Tufts	35.57m	116-9	4/2

Women's Hammer

1	6	Skylar BARTHELMES	#3	WPI	54.16m	177-8	4/30
2	23	Emma HARGREAVES	#4	Bowdoin	50.31m	165-1	4/9
3	28	Alexis BOYKIN	#2	MIT	50.11m	164-5	4/30
4	53	Caitlyn FILLORAMO	#16	Suffolk	47.75m	156-8	4/8
5	70	Emily BALL	#2	MIT	46.47m	152-6	4/30
6		Hannah CORBETT	#8	Southern Maine	44.68m	146-7	4/23
7		Jada SCOTLAND	#4	Bowdoin	43.53m	142-10	4/23
8		Corinne AHERN	#4	Bowdoin	43.13m	141-6	4/15
9		Amelia SOBIESKI	#9	Wheaton (Mass.)	41.86m	137-4	4/30
10		Caileigh BLACKMER	#18	Emmanuel (Mass)	41.64m	136-8	4/23

Women's Javelin

1	10	Riley SANDERSON	#15	Worcester State	42.66m	140-0	4/30
2	22	Skylar BARTHELMES	#3	WPI	39.89m	130-11	4/1
3	34	Julia RENY	#12	Thomas (Maine)	38.29m	125-8	4/15
4	35	Elizabeth MATTICOLI	#3	WPI	38.20m	125-4	4/1
5	47	Olivia JALBERT	#8	Southern Maine	37.53m	123-2	4/30
6	49	Corinne AHERN	#4	Bowdoin	37.34m	122-6	4/15
7	64	Samantha PERKINS	#22	Regis (Mass.)	37.05m	121-7	5/1
8	72	Victoria CARREIRO	#3	WPI	36.51m	119-10	4/30
9	78	Piper O'CONNELL	#3	WPI	36.24m	118-11	4/1
10	91	Abigail CALISTRA	#3	WPI	35.75m	117-4	4/9

Women's Heptathlon

1	16	Serena JONAS	#4	Bowdoin	4,225	4/15
2	43	Abbey OTTERBEIN	#6	Bates	3,662	4/15
3	50	Hannah WESCOTT	#9	Wheaton (Mass.)	3,625	4/15
4	58	Sydney SPIVY	#1	Tufts	3,548	4/23
5	59	Livia KOZICK	#6	Bates	3,537	4/15
5	59	Abigail BAIER	#14	Gordon (Mass.)	3,537	4/15
7	72	Julia RENY	#12	Thomas (Maine)	3,359	4/13
8	73	Madelyn SILVEIRA	#1	Tufts	3,354	4/23
9	76	Inga DOVRE	#4	Bowdoin	3,285	4/15
10	77	Afroditi GEORGIADI	#1	Tufts	3,284	4/23



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Great Lakes

Women's 100 Meters

1	38	Kenadee WAYT	#1	Mount Union	12.15	(0.8)	4/15
2	44	Avery CAMPBELL	#5	Albion	12.18w	(3.7)	4/22
3	50	Lucia CANNATA	#2	John Carroll	12.23	(1.5)	4/15
4	52	Zaleeya MARTIN	#14	Hanover	12.25w	(3.7)	4/16
5	65	Traci CROSS		Defiance	12.31w	(2.8)	4/22
6	73	Anaya JOLIVETTE	#17	Denison	12.33w	(3.7)	4/22
7	78	Sarah O'DAY		Franklin	12.36w	(3.7)	4/16
8	86	Madjo DOUMBIA	#15	Centre	12.37	(1.8)	4/29
9		Taylor ANTHONY	#2	John Carroll	12.45w	(2.7)	4/23
10		Haley LIVINGSTON	#3	Trine	12.53	(1.6)	4/16

Women's 100 Meter Hurdles

1	12	Daysia HARGRAVE	#9	Wooster	14.27w	(2.8)	3/17
2	17	Gracie DENNISON	#18	Otterbein	14.46w	(3.4)	4/22
3	24	Haley LIVINGSTON	#3	Trine	14.57w	(3.1)	4/22
4	34	Erin PASCH	#8	DePauw	14.66w	(2.3)	4/10
5	41	Clare TIEDEMANN	#4	Oberlin	14.78	(1.0)	4/30
6	52	Michaelina TERRANOVA	#1	Mount Union	14.93w	(2.2)	4/23
7	79	Nayaisha EDMOND	#5	Albion	15.30w	(2.5)	4/22
8	84	Megan CAREY	#18	Otterbein	15.37	(1.4)	4/15
9	98	Kennady GIBBINS	#1	Mount Union	15.46	(0.3)	4/14
10		Olivia BEAN		Heidelberg	15.51	(1.7)	4/22

Women's 200 Meters

1	30	Kenadee WAYT	#1	Mount Union	24.98	(-0.4)	4/8
2	48	Lucia CANNATA	#2	John Carroll	25.13	(0.9)	4/15
3	63	Madison MILES	#1	Mount Union	25.28	(0.0)	4/22
4	79	Danaysha MAUZY	#1	Mount Union	25.45	(-1.2)	4/28
5	85	Avery CAMPBELL	#5	Albion	25.49	(0.9)	4/15
5	85	Kymiah BLAIR		Berea (Ky.)	25.49	(1.9)	4/20
7		Kennady GIBBINS	#1	Mount Union	25.66	(2.0)	4/14
8		Anaya JOLIVETTE	#17	Denison	25.68	(1.6)	4/16
9		Erin PASCH	#8	DePauw	25.72w	(2.3)	3/25
10		Traci CROSS		Defiance	25.79w	(3.1)	4/22

Women's 400 Meters

1	10	Madison MILES	#1	Mount Union	56.42		4/8
2	22	Kenadee WAYT	#1	Mount Union	57.16		4/20
3	30	Lucia CANNATA	#2	John Carroll	57.57		4/1
4	45	Erica BIGHAM		Alma	57.95		4/29
5	58	Erin PASCH	#8	DePauw	58.24		4/2
6	59	Cortni ARP	#1	Mount Union	58.27		4/28
7	69	Micah DONLEY	#1	Mount Union	58.56		4/23
8	72	Delaney SALL	#6	Calvin	58.60		4/13
9	93	Taylor ALLEN		Transylvania	59.14		4/29
10		Elise MOORE	#7	Case Western Res	59.28		4/23

Women's 400 Meter Hurdles

1	33	Kennady GIBBINS	#1	Mount Union	1:04.78		4/28
2	36	Michaelina TERRANOVA	#1	Mount Union	1:04.84		4/23
3	38	Mia KILROY	#7	Case Western Res	1:04.87		4/23
4	42	Emma BURKE	#20	Wilmington (Ohic	1:05.07		4/22
5	50	Olyvia ASHBROOK	#12	Ohio Northern	1:05.49		4/14
6	58	Haley LIVINGSTON	#3	Trine	1:05.83		4/22
7	76	Daysia HARGRAVE	#9	Wooster	1:06.47		4/16
8	88	Aliisa JAMES	#13	Ohio Wesleyan	1:06.86		4/16
9	92	Genevieve ARNOLD	#2	John Carroll	1:06.90		4/15
10		Brooke BOUWENS	#21	Manchester	1:07.42		4/22

Women's 800 Meters

1	2	Delaney SALL	#6	Calvin	2:09.20		4/29
2	9	Evie MILLER	#3	Trine	2:11.57		4/16
3	11	Hope MURPHY	#10	Baldwin Wallace	2:11.82		4/28
4	48	Jessica KWASNY	#7	Case Western Res	2:15.94		4/23
5	55	Alyssa LAUGHNER	#10	Baldwin Wallace	2:16.42		4/23
6	56	Claire EBERHARDT	#2	John Carroll	2:16.51		4/15
7	66	Erin ANDERSON	#17	Denison	2:17.10		4/22
8	68	Kenadee WAYT	#1	Mount Union	2:17.38		4/1
9	89	Madison MILES	#1	Mount Union	2:18.22		4/1
10		Ellie JANKOWSKI	#11	Hope	2:19.25		4/22

Women's 1500 Meters

1	5	Evie MILLER	#3	Trine	4:27.69		4/16
2	8	Hope MURPHY	#10	Baldwin Wallace	4:31.02		4/22
3	25	Sadie HEERINGA	#6	Calvin	4:37.23		4/22
4	32	Delaney SALL	#6	Calvin	4:38.58		4/22
5	36	Brittany MCCAULEY	#1	Mount Union	4:39.03		4/29
6	64	Megan WERTZ	#1	Mount Union	4:42.47		4/15
7	66	Alyssa LAUGHNER	#10	Baldwin Wallace	4:42.75		4/9
8	67	Jacinda COLE	#11	Hope	4:42.78		4/29
9	74	Phoebe VON CONTA	#4	Oberlin	4:43.28		4/23
10	77	Catherine HALLMAN	#15	Centre	4:43.58		4/29

Women's Steeplechase

1	1	Evie MILLER	#3	Trine	10:06.26		4/22
2	14	Alyssa LAUGHNER	#10	Baldwin Wallace	11:05.47		4/15
3	15	Jenna ALLMAN	#6	Calvin	11:05.48		4/29
4	23	Elizabeth LOHMAN	#21	Manchester	11:12.77		4/16
5	31	Alison BRYANT	#25	Franciscan	11:20.13		4/28
6	38	Catherine HALLMAN	#15	Centre	11:25.22		4/29
7	45	Samantha BIETH	#5	Albion	11:27.11		4/1
8	58	Sydney KHOSLA	#22	Wittenberg	11:35.90		4/16
9	59	Katy FELLESTEIN	#2	John Carroll	11:36.64		4/14
10	68	Shauna GLAVIN	#2	John Carroll	11:39.44		4/14



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Great Lakes

Women's 5000 Meters

1	5	Evie MILLER	#3	Trine	16:26.99	3/24
2	7	Anastasia TUCKER	#11	Hope	16:36.95	4/27
3	9	Sadie HEERINGA	#6	Calvin	16:41.17	4/1
4	34	Sydney JENKO	#2	John Carroll	17:16.52	4/14
5	44	Alyssa LAUGHNER	#10	Baldwin Wallace	17:29.07	4/22
6	48	Hope MURPHY	#10	Baldwin Wallace	17:30.96	4/2
7	52	Sienna RUITER-DIAZ	#6	Calvin	17:32.60	4/29
8	57	Jana FISHER	#7	Case Western Res	17:36.40	4/23
9	61	Tessa PITCOVICH	#12	Ohio Northern	17:37.72	4/1
10	72	Megan AARON	#19	Allegheny (Pa.)	17:43.15	3/26

Women's 10,000 Meters

1	8	Anastasia TUCKER	#11	Hope	35:19.33	3/24
2	19	Cameron BUJAUCIUS	#2	John Carroll	35:59.23	4/14
3	24	Tessa PITCOVICH	#12	Ohio Northern	36:26.25	4/14
4	27	Megan MCCULLOCH	#5	Albion	36:42.12	4/1
5	29	Meghan OWENS	#15	Centre	36:46.08	4/8
6	30	Isabelle HOOVER	#9	Wooster	36:46.32	4/8
7	34	Lydia RANDOLPH	#3	Trine	37:07.99	4/1
8	35	Megan AARON	#19	Allegheny (Pa.)	37:08.33	4/14
9	46	Erica ESPER	#2	John Carroll	37:32.31	4/14
10	62	Brianna MEDCALF	#14	Hanover	38:00.74	4/16

Women's 4x100 Relay

1	15	Cortni ARP, Madison MILES, Kenadee WAYT, Lauren RONCONE	#1	Mount Union	47.82	4/15
2	21	Mia SCOTT, Lucia CANNATA, Taylor ANTHONY, Genevieve ARNOLD	#2	John Carroll	48.02	4/23
3	42	Layla WILKS, Lauren MCDOWELL, Ashley DUBOIS, Avery CAMPBELL	#5	Albion	48.56	4/22
4	70	Zoe PRICE, Julia DICKMAN, Sarah MAZZEI, Addystin LYKINS	#13	Ohio Wesleyan	49.31	4/16
5	71	Emma BURKE, Kylee SCHAFER, Haley COOK, Madison DIETZ	#20	Wilmington (Ohic	49.35	4/23
5	71	Zora SHAKHAM, Meghan FRAZIER, Haleigh WILLISON, Lindsey MAGOTEAUX	#22	Wittenberg	49.35	4/23
7	87	Helen DODGE, Amanda LINES, Kimmie DRAKE, Grace BEHRENS	#11	Hope	49.58	4/22
8	89	Nina JAZDZEWSKI, Alexis GERKE, Makenzie CARROLL, Zaleeya MARTIN	#14	Hanover	49.69	4/29
9	93	Maia DOESCHER, Maya VASTA, Drew PATTERSON, Daysia HARGRAVE	#9	Wooster	49.81	4/23
10	98	Alexandria COFFIN, Shelby SMITH, Callie GORMLEY, Madjo DOUMBIA	#15	Centre	49.90	4/29



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Women's 4x400 Relay

1	7	Kennady GIBBINS, Cortni ARP, Mary MASON, Madison MILES	#1 Mount Union	3:50.07	4/22
2	45	Charlotte BORLAND, Annalise GRAMMEL, Seelye STOFFREGEN, Erin PASCH	#8 DePauw	4:03.45	4/16
3	62	Katie GEORGES, Sadie HEERINGA, Delaney SALL, Cora MOORE	#6 Calvin	4:05.71	4/22
4	63	Melissa PHUNG, Mia KILROY, Elise MOORE, Jessica KWASNY	#7 Case Western Res	4:05.81	4/23
5	70	Clare TIEDEMANN, Sage REDDISH, Maggie ALLEN, Anna SCOTT	#4 Oberlin	4:07.01	4/23
6	72	Stephanie HARTPENCE, Evie MILLER, Haley LIVINGSTON, Paige MCGONIGAL	#3 Trine	4:07.12	4/11
7	77	Emma ANDERSON, Julia SCHWORM, Celia COCCA, Mihaela TOADER	#19 Allegheny (Pa.)	4:08.20	4/14
8	84	Julie TIMPERMAN, Grace BEHRENS, Jacinda COLE, Ellie JANKOWSKI	#11 Hope	4:08.98	4/22
9	86	Zaleeya MARTIN, Nina JAZDZEWSKI, Makenzie CARROLL, Brianna MEDCALF	#14 Hanover	4:09.15	4/29
10	88	Maya VASTA, Haley BLOOM, Ignacia MENDEZ, Athena THARENOS	#9 Wooster	4:09.37	4/16

Women's High Jump

1	3	Peyton HOWELL	#13 Ohio Wesleyan	1.71m	5-7¼	4/1
2	8	Cailey BEAUDOIN	Adrian	1.69m	5-6½	4/29
3	19	Kennady GIBBINS	#1 Mount Union	1.65m	5-5	4/22
4	28	Drew PATTERSON	#9 Wooster	1.63m	5-4¼	4/16
5	33	Emma KLOSTERMAN	#18 Otterbein	1.62m	5-3¾	4/1
6	54	Erin PASCH	#8 DePauw	1.60m	5-3	4/30
7	71	Allison SCHRAM	#11 Hope	1.59m	5-2½	4/13
7	71	Mia VARGO	#7 Case Western Res	1.59m	5-2½	4/1
9	76	Michaela BRYAN	#2 John Carroll	1.58m	5-2¼	4/23
9	76	Elena WELKER	#5 Albion	1.58m	5-2¼	4/9
9	76	Claudia PARTRIDGE	#9 Wooster	1.58m	5-2¼	4/16
9	76	Gloria JURCISEK	#10 Baldwin Wallace	1.58m	5-2¼	4/23
9	76	Sarah WATSON	#13 Ohio Wesleyan	1.58m	5-2¼	4/9

Women's Pole Vault

1	4	Sarah VOIT	#4 Oberlin	3.83m	12-6¾	4/23
2	19	Anna SCHATZLE	#12 Ohio Northern	3.70m	12-1½	4/11
3	26	Bri AVENI	#1 Mount Union	3.63m	11-10¾	4/23
4	34	Chase PATTON	#13 Ohio Wesleyan	3.60m	11-9¾	4/22
5	47	Cate GAGNIER	#17 Denison	3.51m	11-6¼	4/9
6	63	Caroline BEERY	#2 John Carroll	3.43m	11-3	4/29
7	82	Victoria ZHAO	#7 Case Western Res	3.37m	11-¾	4/23
8	85	Olivia OGG	#12 Ohio Northern	3.36m	11-¼	4/16
9	96	Ameila DIBIASE	#7 Case Western Res	3.31m	10-10¼	4/8
9	96	Morgan KROMER	#9 Wooster	3.31m	10-10¼	4/8

Women's Long Jump

1	21	Clare TIEDEMANN	#4 Oberlin	5.67mw	18-7¼ (2.6)	4/30
1	21	Lauren RONCONE	#1 Mount Union	5.67m	18-7¼ (0.3)	4/23
3	34	Erin PASCH	#8 DePauw	5.61mw	18-5 (2.8)	4/10
4	35	Haley LIVINGSTON	#3 Trine	5.60m	18-4½ (0.8)	4/1
5	37	Rofiat ADEYEMI	#16 Rose-Hulman	5.59m	18-4¼ (0.6)	4/29
6	41	Lauren MCDOWELL	#5 Albion	5.57m	18-3¼ (1.6)	4/15
6	41	Kennady GIBBINS	#1 Mount Union	5.57m	18-3¼ (0.9)	4/8
8	61	Malaika DJUNGU-SUNGU	#4 Oberlin	5.49m	18-¼ (1.5)	4/8
9	99	Madison DIETZ	#20 Wilmington (Ohic	5.35m	17-6¾ (-0.)	4/15
10		Emma KLOSTERMAN	#18 Otterbein	5.28m	17-4 (0.1)	4/29
10		Olivia BEAN	Heidelberg	5.28m	17-4 (0.1)	4/29
10		Daysia HARGRAVE	#9 Wooster	5.28m	17-4 (-0.8)	3/17
10		Chloe GIBSON	#12 Ohio Northern	5.28mw	17-4 (2.5)	4/1

Women's Triple Jump

1	8	Malaika DJUNGU-SUNGU	#4 Oberlin	12.05m	39-6½ (2.0)	4/2
2	32	Rofiat ADEYEMI	#16 Rose-Hulman	11.61m	38-1¼ (1.4)	4/22
3	39	Paula SORIC	#24 Kenyon	11.48m	37-8 (1.3)	4/23
4	43	Sarah OZEKI	#7 Case Western Res	11.41m	37-5¼ (2.0)	4/23
5	53	Emily HOPKINS	#7 Case Western Res	11.28m	37-¼ (0.7)	4/23
6	94	Genevieve ARNOLD	#2 John Carroll	10.98m	36-¼ (0.8)	4/1
6	94	Haley LIVINGSTON	#3 Trine	10.98mw	36-¼ (2.5)	4/1
8		Drew PATTERSON	#9 Wooster	10.89m	35-8¾ (0.0)	4/29
9		Aesha MOKASHI	#4 Oberlin	10.84m	35-6¾ (1.2)	4/2
10		Tori MILLER	#2 John Carroll	10.82m	35-6 (0.4)	4/1

Women's Shot Put

1	11	Annie PRIEST	#23 Marietta	13.78m	45-2½	4/23
2	14	Jessie STENGER	#14 Hanover	13.60m	44-7½	4/29
3	16	Carley CAMP	#21 Manchester	13.55m	44-5½	4/29
3	16	Ari MCPHETERS	#13 Ohio Wesleyan	13.55m	44-5½	4/22
5	25	Lillian ALBAUGH	Olivet	13.33m	43-8¾	4/14
6	26	Jessica BECKMAN	#14 Hanover	13.28m	43-7	4/9
7	32	Greta ROBRAHN	#11 Hope	13.01m	42-8¼	3/25
8	42	Abigail RODRIGUEZ	#10 Baldwin Wallace	12.76m	41-10½	3/25
9	65	Kayli SULLIVAN	#20 Wilmington (Ohic	12.41m	40-8¾	4/23
10	71	Evelyn UTLEY	#16 Rose-Hulman	12.24m	40-2	4/8



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Great Lakes

Women's Discus

1	5	Olivia HURTT	#2	John Carroll	45.94m	150-9	4/15
2	6	Kelsey DUNN	#2	John Carroll	45.56m	149-6	4/15
3	8	Jessie STENGER	#14	Hanover	44.30m	145-4	4/29
4	10	Valerie OBEAR	#3	Trine	44.10m	144-8	4/29
5	34	Brigid MACK	#25	Franciscan	41.38m	135-9	4/28
6	37	Jessica BECKMAN	#14	Hanover	41.28m	135-5	4/29
7	61	Sidney RAMBO	#1	Mount Union	40.00m	131-3	4/1
8	63	Anna ALBAUGH	#5	Albion	39.98m	131-2	4/15
9	67	Samantha SELLERS	#12	Ohio Northern	39.80m	130-7	4/22
10	86	Brooke HUFFMAN	#23	Marietta	39.17m	128-6	4/2

Women's Hammer

1	2	Valerie OBEAR	#3	Trine	59.50m	195-3	4/22
2	8	Olivia HURTT	#2	John Carroll	53.58m	175-10	4/15
3	17	Anna ALBAUGH	#5	Albion	51.67m	169-6	4/15
4	21	Iyanna LEWIS	#4	Oberlin	50.94m	167-2	4/2
5	22	Bailey HOFFMAN		Alma	50.47m	165-7	4/14
6	37	Khloe DUBENION	#13	Ohio Wesleyan	48.96m	160-8	4/29
7	42	Brooke HUFFMAN	#23	Marietta	48.64m	159-7	4/23
8	46	Kayli SULLIVAN	#20	Wilmington (Ohic	48.39m	158-9	4/15
9	52	Leah ACKERMAN	#17	Denison	47.80m	156-10	4/13
10	54	Carley CAMP	#21	Manchester	47.59m	156-2	4/29

Women's Javelin

1	5	Kamryn ELGERSMA	#6	Calvin	43.45m	142-7	4/29
2	18	Erin PASCH	#8	DePauw	40.48m	132-10	4/16
3	25	Meghan OWENS	#15	Centre	39.74m	130-5	4/29
4	31	Adrienne WACHTMAN	#7	Case Western Res	38.48m	126-3	4/1
5	32	Aaliyah BRIGGS	#16	Rose-Hulman	38.44m	126-2	4/2
6	45	Jessica BECKMAN	#14	Hanover	37.69m	123-8	4/29
7	51	Taylor TATLOCK		Franklin	37.27m	122-4	4/29
8	57	Evelyn UTLEY	#16	Rose-Hulman	37.20m	122-1	4/29
9	69	Madeline SCHERLE	#2	John Carroll	36.68m	120-4	4/2
10	84	Hope GOMEZ	#19	Allegheny (Pa.)	35.91m	117-10	3/26

Women's Heptathlon

1	1	Erin PASCH	#8	DePauw	5,041	4/30
2	10	Kennady GIBBINS	#1	Mount Union	4,467w	4/14
3	12	Clare TIEDEMANN	#4	Oberlin	4,331	4/30
4	18	Daysia HARGRAVE	#9	Wooster	4,185	4/30
5	30	Elena WELKER	#5	Albion	3,941w	4/14
6	48	Maya VASTA	#9	Wooster	3,627	4/30
6	48	Becca SANTOM	#1	Mount Union	3,627w	4/14
8	78	Hayden HILL	#4	Oberlin	3,279	4/30
9	79	Erica CONANT	#24	Kenyon	3,266	4/30
10		Lainee VALENTINE	#22	Wittenberg	2,447	4/30



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Metro

Women's 100 Meters

1	34	Gbarper DWAH	#11	Ramapo	12.13w	(3.5)	4/15
2	38	Crystal ROBINSON	#4	Moravian	12.15w	(3.5)	4/15
3	59	Promise FADAHUNSI	#2	Rowan	12.28w	(2.2)	4/23
4	62	Gina DELLO RUSSO	#3	Stevens	12.30	(0.0)	4/23
5	65	Helen DAVIS	#4	Moravian	12.31w	(3.8)	3/26
6	70	Rebecca KNEPPEL	#11	Ramapo	12.32w	(2.5)	4/8
6	70	Laura MATHEWS	#3	Stevens	12.32	(1.7)	4/30
8	86	Zrreyah MOORE	#12	Rutgers-Newark	12.37w	(3.5)	4/15
9	90	Maria GRILL	#1	TCNJ	12.38	(0.0)	4/2
10	95	Abigail GIAMONI	#4	Moravian	12.39w	(3.5)	4/15

Women's 100 Meter Hurdles

1	5	Laura MATHEWS	#3	Stevens	14.09	(1.5)	4/15
2	10	Nicole NOTARANNI	#2	Rowan	14.24	(0.2)	4/15
3	26	Delilah CRUZ	#11	Ramapo	14.58	(-0.2)	4/22
4	60	Eliza BRUNCAJ	#1	TCNJ	15.06	(-0.1)	3/25
5	62	Victoria PURRITANO	#1	TCNJ	15.08	(1.6)	4/2
6		Molly LODGE	#2	Rowan	15.50w	(2.3)	4/15
7		Kristen WILLIAMS	#3	Stevens	15.61	(0.6)	4/23
8		Kiantay DARRELL	#10	DeSales	15.62	(1.5)	4/7
9		Gloria HUGHES	#2	Rowan	15.68	(1.5)	4/29
10		Kayleigh DURNING	#14	Muhlenberg	15.79w	(2.4)	4/9

Women's 200 Meters

1	12	Gina DELLO RUSSO	#3	Stevens	24.68	(1.0)	4/15
2	29	Laura MATHEWS	#3	Stevens	24.97w	(2.3)	4/30
3	33	Zrreyah MOORE	#12	Rutgers-Newark	25.02	(0.0)	4/29
4	45	Crystal ROBINSON	#4	Moravian	25.09	(1.0)	4/15
5	50	Promise FADAHUNSI	#2	Rowan	25.16	(1.5)	4/23
6	59	Molly LODGE	#2	Rowan	25.25	(1.1)	4/23
7	66	Abigail GIAMONI	#4	Moravian	25.31	(1.0)	4/15
8	69	Maria GRILL	#1	TCNJ	25.34	(-0.3)	4/22
9	72	Meredith YASKOVIC	#11	Ramapo	25.36w	(3.3)	4/15
10	76	Amanda DEMKO	#1	TCNJ	25.42	(0.0)	4/29

Women's 400 Meters

1	16	Amanda DEMKO	#1	TCNJ	56.92		4/15
2	21	Nevaeh LORJUSTE	#2	Rowan	57.15		4/15
3	25	Allison UHL	#1	TCNJ	57.30		4/8
4	50	Maria GRILL	#1	TCNJ	58.03		4/8
5	60	Kathleen PEDERSEN	#2	Rowan	58.29		4/15
6	67	Molly LODGE	#2	Rowan	58.52		4/23
7	73	Crystal ROBINSON	#4	Moravian	58.61		4/2
8	79	Zrreyah MOORE	#12	Rutgers-Newark	58.84		4/8
9	84	Chidimma IGWE	#12	Rutgers-Newark	59.03		4/22
10	86	Abigail RADCLIFFE	#10	DeSales	59.06		4/22

Women's 400 Meter Hurdles

1	12	Laura MATHEWS	#3	Stevens	1:03.21		4/15
2	35	Eliza BRUNCAJ	#1	TCNJ	1:04.81		4/22
3	61	Victoria PURRITANO	#1	TCNJ	1:05.86		4/8
4	65	Siobhan MCSHEA	#21	Gwynedd-Mercy	1:05.94		4/29
5		Fiona FLYNN	#9	Haverford	1:08.00		4/1
6		Elise DANIEL	#5	Widener	1:08.31		4/22
7		Nicole BERTOLLO	#2	Rowan	1:08.66		4/29
8		Sameerah KHAN	#1	TCNJ	1:08.92		4/29
9		Mahon MCCLENAHAN	#2	Rowan	1:08.96		4/23
10		Jahsaiah MOSES	#9	Haverford	1:09.14		4/22

Women's 800 Meters

1	27	Rose TESZLER	#6	Swarthmore	2:14.04		4/22
2	32	Katelyn BERNOTAS	#5	Widener	2:15.12		4/22
3	41	Allison UHL	#1	TCNJ	2:15.50		4/22
4	46	Rachel CONHOFF	#8	Ursinus	2:15.89		4/15
5	96	Isabel THORNBERRY	#9	Haverford	2:18.61		4/25
6		Donna HOLT	#5	Widener	2:19.39		4/22
7		Anna SASSE	#2	Rowan	2:19.55		4/23
8		Mary BERNOTAS	#13	Eastern (Pa.)	2:19.88		4/30
9		Jessie KLENK	#7	Stockton	2:19.97		4/22
10		Natalie STABILITO	#4	Moravian	2:20.26		4/2

Women's 1500 Meters

1	46	Abby DALTON	#14	Muhlenberg	4:40.17		4/23
2	51	Rachel CONHOFF	#8	Ursinus	4:40.95		4/15
3	65	Amelia SMITH	#10	DeSales	4:42.71		4/22
4		Natalie STABILITO	#4	Moravian	4:47.29		4/15
5		Carly GABLE	#5	Widener	4:47.40		4/16
6		Katelyn BERNOTAS	#5	Widener	4:48.23		4/16
7		Kelsey KOBUS	#1	TCNJ	4:48.29		4/22
8		Nora BLODGETT	#6	Swarthmore	4:48.60		4/9
9		Anna SASSE	#2	Rowan	4:49.11		4/16
10		Jessie KLENK	#7	Stockton	4:49.47		4/15

Women's Steeplechase

1	16	Nora BLODGETT	#6	Swarthmore	11:08.76		4/22
2	21	Mary BERNOTAS	#13	Eastern (Pa.)	11:12.06		4/23
3	42	Mari AVOLA	#14	Muhlenberg	11:25.95		4/23
4	44	Rachel CONHOFF	#8	Ursinus	11:26.22		4/22
5	76	Emily COONEY	#5	Widener	11:42.32		4/16
6	81	Santina BURAK	#4	Moravian	11:44.11		4/23
7		Olivia HARRIS	#7	Stockton	11:52.19		4/22
8		Kelsey KOBUS	#1	TCNJ	12:11.00		4/16
9		Carley TOOL	#2	Rowan	12:12.82		4/16
10		Amber PONIATERA	#4	Moravian	12:14.08		4/29



USTFCCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2022 Week #6, May 2

as of 5/2/2022 8:38:43 AM

Metro

Women's 5000 Meters

1	89	Abby DALTON	#14	Muhlenberg	17:49.94	4/15
2		Carly GABLE	#5	Widener	17:52.55	4/22
3		Grace MURPHY	#5	Widener	17:54.08	4/22
4		Rachel CONHOFF	#8	Ursinus	17:55.14	4/9
5		Nora BLODGETT	#6	Swarthmore	18:04.25	4/1
6		Katherine HIRSCHKE	#9	Haverford	18:08.29	4/15
7		Lindsay MCNEILL	#11	Ramapo	18:17.65	4/8
8		Holly CHAMBERS	#8	Ursinus	18:27.32	4/9
9		Amelia SMITH	#10	DeSales	18:33.82	3/18
10		Sarah GROETZ	#5	Widener	18:33.84	4/22

Women's 10,000 Meters

1	67	Katherine HIRSCHKE	#9	Haverford	38:09.76	4/1
2	92	Grace MURPHY	#5	Widener	38:45.31	4/1
3		Emma MARION	#4	Moravian	39:46.87	4/15
4		Lauren FERGUSON	#8	Ursinus	40:01.19	4/22
5		Nicole FENSKE	#1	TCNJ	41:20.35	3/25
6		Brittany SCHOFIELD	#1	TCNJ	41:44.41	3/25
7		Tara DONOGHUE	#1	TCNJ	42:19.02	3/25
8		Shannon BLAIR	#10	DeSales	42:19.06	4/1
9		Krysta NICHOLS	#9	Haverford	42:50.47	4/1
10		Izzy RAVAGLIA	#20	Bryn Mawr	42:54.58	4/9

Women's 4x100 Relay

1	6	Delilah CRUZ, Rebecca KNEPPEL, Meredith YASKOVIC, Gbarper DWAH	#11	Ramapo	47.43	4/28
2	12	Helen DAVIS, Crystal ROBINSON, Racquel RAMEY, Abby GIAMONI	#4	Moravian	47.74	4/15
3	18	Ashlyn MACLURE, Amanda DEMKO, Maria GRILL, Valandra RIGGINS	#1	TCNJ	47.90	4/15
4	22	Molly LODGE, Promise FADAHUNSI, Nicole NOTARANNI, Nevaeh LORJUSTE	#2	Rowan	48.10	4/15
5	45	Kristen WILLIAMS, Allie CANCIANI, Laura MATHEWS, Gina DELLO RUSSO	#3	Stevens	48.61	4/23
6	96	Kiantay DARRELL, Natalie DORSHEIMER, Abigail RADCLIFFE, Breyanna ROPER	#10	DeSales	49.88	4/7
7		Pearl OPAREBEA, Brya BYRD, Chidimma IGWE, Zrreyah MOORE	#12	Rutgers-Newark	50.27	4/15
8		Naomi FUKUDA, Jahsaiah MOSES, Isabel THORNBERRY, Kayla	#9	Haverford	50.74	4/29
9		Megan SMITH, Ashanae MORRISON, Funmilayo AKA- BASHORUN, Kaylee APPLE	#7	Stockton	51.23	3/26
10		Kayleigh DURNING, Kayla MORISI, Corrin FERRIZZI, Annabel JACOBS	#14	Muhlenberg	51.31	4/23



USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2022 Week #6, May 2

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Metro

Women's 4x400 Relay

1	6	Allison UHL, Maria GRILL, Eliza BRUNCAJ, Amanda DEMKO	#1 TCNJ	3:50.02	4/22
2	15	Molly LODGE, Kathleen PEDERSEN, Amanthy SOSA CACERE, Nevaeh LORJUSTE	#2 Rowan	3:54.69	4/1
3	24	Laura MATHEWS, Liana MEYER, Allie CANCIANI, Gina DELLO RUSSO	#3 Stevens	3:59.61	4/28
4	46	Krystle BOADI, Kiara ABBEY, Gabby JOHNSON, Morgan MOUER	#6 Swarthmore	4:03.48	4/16
5	52	Zahkyrah CATER, Zrreyah MOORE, Chidimma IGWE, Gayathri NARYANAN	#12 Rutgers-Newark	4:04.36	4/28
6	66	Isabel THORNBERRY, Jahsaiah MOSES, Rachel NOVEMBER,	#9 Haverford	4:06.21	4/29
7	68	Theresa KERVICK, Donna HOLT, Jaden SWEELY, Katelyn BERNOTAS	#5 Widener	4:06.42	4/22
8	69	Jaelyn BARKLEY, Lauren MALDONADO, Meredith O'DONNELL, Khristina WASHINGTON	#7 Stockton	4:06.92	4/22
9	75	Zoey BRONSON, Crystal ROBINSON, Abby GIAMONI, Rachel BYRNE	#4 Moravian	4:07.68	4/23
10		Emily ALBRIGHT, Jealyne RAMOS, Sidney WHETSTONE, Natasha SENATUS	#18 Montclair State	4:14.02	4/22

Women's High Jump

1	12	Kira PORZIO	#17 Merchant Marine	1.68m	5-6	4/30
2	19	Emily TRELSTAD	#6 Swarthmore	1.65m	5-5	4/29
2	19	Lexi GROFF	#4 Moravian	1.65m	5-5	4/2
4	28	Susann FOLEY	#7 Stockton	1.63m	5-4¼	4/8
5	33	Margaret HARDIGG	#20 Bryn Mawr	1.62m	5-3¾	4/9
6	43	Gina DELLO RUSSO	#3 Stevens	1.61m	5-3¼	4/1
7	54	Kayley HARNETT	#1 TCNJ	1.60m	5-3	4/29
7	54	Caroline TIGHE	#3 Stevens	1.60m	5-3	4/23
7	54	Khadia JENKINS	#16 Farmingdale Stat	1.60m	5-3	4/29
10		Allie CANCIANI	#3 Stevens	1.56m	5-1¼	4/1

Women's Pole Vault

1	14	Lauren PRESTON	#7 Stockton	3.75m	12-3½	4/29
2	48	Nicole LESTER	#1 TCNJ	3.50m	11-5¾	3/25
2	48	Jeanmarie HARVEY	#7 Stockton	3.50m	11-5¾	4/29
4	67	Emma MELE	#10 DeSales	3.40m	11-1¾	4/29
5		Madison FEY	#7 Stockton	3.20m	10-6	4/29
5		Paige CARPENTER	#13 Eastern (Pa.)	3.20m	10-6	4/9
5		kate APPLEBY-WINEBERG	#2 Rowan	3.20m	10-6	4/29
5		Gina DELLO RUSSO	#3 Stevens	3.20m	10-6	4/15
9		Aliza WHITE-VEGA	#13 Eastern (Pa.)	3.10m	10-2	4/30
9		Savannah STEGER	#5 Widener	3.10m	10-2	4/16

Women's Long Jump

1	17	Gina DELLO RUSSO	#3 Stevens	5.69m	18-8 (-1.1)	4/23
2	78	Taylor BYNUM-BAIN	#13 Eastern (Pa.)	5.42m	17-9½ (-0.)	4/16
3		Liana MEYER	#3 Stevens	5.27mw	17-3½ (3.2)	4/13
4		Karla GOMEZ-MATOS	#1 TCNJ	5.26mw	17-3¼ (2.4)	4/8
5		Sidney WHETSTONE	#18 Montclair State	5.24mw	17-2¼ (3.1)	4/29
6		Sophia GRESHAM	#2 Rowan	5.23m	17-2 (0.0)	4/23
7		Kayla ROBINSON	#9 Haverford	5.21m	17-1¼ (0.3)	4/1
8		Kiara ABBEY	#6 Swarthmore	5.07m	16-7¾ (0.1)	4/16
9		Emily RUSSELL	#16 Farmingdale Stat	5.03m	16-6 (1.6)	4/24
9		Sofia WATSON	#2 Rowan	5.03mw	16-6 (2.4)	4/8

Women's Triple Jump

1	55	Zoe IOVINO	#1 TCNJ	11.27mw	36-11¾ (3.)	4/29
2	62	Megan BRUBAKER	#10 DeSales	11.22mw	36-9¾ (3.3)	4/7
3		Emma CHIAO	#6 Swarthmore	10.70m	35-1¼ (-1.)	4/22
4		Kayla ROBINSON	#9 Haverford	10.66mw	34-11¾ (2.)	4/25
5		Elizabeth DEMASSA	#4 Moravian	10.60mw	34-9½ (2.2)	4/29
6		Meredith O'DONNELL	#7 Stockton	10.50m	34-5½ (0.9)	4/2
7		Kiara ABBEY	#6 Swarthmore	10.42m	34-2¼ (0.2)	4/16
8		Kaitlyn VERVERIER	#7 Stockton	10.38m	34-¾ (0.0)	4/16
9		Khristina WASHINGTON	#7 Stockton	10.37m	34-¼ (1.1)	4/2
10		Camila KREJPOWICZ	#11 Ramapo	10.34m	33-11¼ (0.)	4/1
10		Sofia WATSON	#2 Rowan	10.34m	33-11¼ (-4)	3/26

Women's Shot Put

1	4	Anna COONEY	#5 Widener	14.37m	47-1¾	4/28
2	13	Adria RETTER	#6 Swarthmore	13.69m	44-11	4/1
3	27	Makayla TAYLOR	#2 Rowan	13.09m	42-11½	4/8
4	29	Shahyan ABRAHAM	#7 Stockton	13.04m	42-9½	4/29
5	39	Emily HILT	#15 Rutgers-Camden	12.83m	42-1¼	4/8
6	55	oghenefejiro AKIRI	#12 Rutgers-Newark	12.51m	41-½	4/29
7	73	Isabelle DEAL	#8 Ursinus	12.23m	40-1½	4/14
8	77	Jacqueline ALLEN	#8 Ursinus	12.18m	39-11½	4/22
9		Kerri MCCARTHY	#1 TCNJ	11.86m	38-11	4/29
10		Edith GONZALEZ	#1 TCNJ	11.68m	38-4	4/16



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Metro

Women's Discus

1	4	Adria RETTER	#6 Swarthmore	46.03m	151-0	4/2
2	18	Kinsey METZGER	#4 Moravian	42.76m	140-4	3/26
3	19	Isabelle MECKS	#10 DeSales	42.74m	140-3	3/18
4	31	Makayla TAYLOR	#2 Rowan	41.45m	136-0	4/8
5	54	AnaMaria LACCETTI	#3 Stevens	40.54m	133-0	4/15
6	69	Michaela POMATTO	#8 Ursinus	39.74m	130-5	4/15
7	72	Ashley MULIAWAN	#3 Stevens	39.70m	130-3	4/30
8		Jenna VIGORITO	#7 Stockton	38.50m	126-4	4/29
9		Olivia SCATTERGOOD	#2 Rowan	37.75m	123-10	3/26
10		Emily HILT	#15 Rutgers-Camden	37.49m	123-0	4/22

Women's Hammer

1	7	Anna COONEY	#5 Widener	53.76m	176-5	4/22
2	18	Emily HILT	#15 Rutgers-Camden	51.53m	169-1	4/1
3	47	Olivia SCATTERGOOD	#2 Rowan	48.14m	157-11	4/8
4	50	Makayla TAYLOR	#2 Rowan	47.98m	157-5	4/22
5	60	AnaMaria LACCETTI	#3 Stevens	47.47m	155-9	4/30
6		Shahyan ABRAHAM	#7 Stockton	43.95m	144-3	3/26
7		Jessica REILLY	#1 TCNJ	42.66m	140-0	4/2
8		Alexis MARINI	#15 Rutgers-Camden	41.76m	137-0	4/29
9		Kerri MCCARTHY	#1 TCNJ	41.20m	135-2	4/22
10		Adria RETTER	#6 Swarthmore	40.76m	133-9	4/2

Women's Javelin

1	3	Isabelle DEAL	#8 Ursinus	44.15m	144-10	4/15
2	9	Amanda MURILLO	#1 TCNJ	42.68m	140-1	4/22
3	39	Victoria DONOVAN	#4 Moravian	38.09m	125-0	4/23
4	71	Tiffany KURAS	#22 Cedar Crest	36.53m	119-10	4/2
5	85	Delaney WISEMAN	#4 Moravian	35.90m	117-10	4/15
6	96	Madison REDDICK	#17 Merchant Marine	35.40m	116-2	4/9
7	98	Hannah BIERLING	#8 Ursinus	35.29m	115-10	4/22
8	100	Katya GALKOWSKI	#8 Ursinus	35.07m	115-1	4/29
9		Rodina HEWEDY	#7 Stockton	34.96m	114-9	4/22
10		Morgan CARR	#2 Rowan	34.91m	114-7	4/8

Women's Heptathlon

1	31	Emily RUSSELL	#16 Farmingdale Stat	3,866		4/8
2	41	Liana MEYER	#3 Stevens	3,709		4/13
3	80	Kira BOCHARD	#19 Arcadia	3,260		4/8
4	81	Susan GEORGE	#3 Stevens	3,242		4/13
5		Alison PETRO	#15 Rutgers-Camden	2,663		4/8
6		Lily BECK	#15 Rutgers-Camden	2,078		4/8
7		Emily KIPERS	#23 Immaculata	1,846		4/8



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WOMEN — 2022 Week #6, May 2

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Mid-Atlantic

Women's 100 Meters

1	38	Samantha GIORDANI	#2	Carnegie Mellon	12.15	(-1.3)	4/14
2		Kyla WILSON	#18	Stevenson	12.46	(0.3)	4/13
3		Elisabeth SCHWARZ	#9	Alvernia	12.47	(0.8)	3/25
4		Jessica FATIGAI	#6	Westminster (Pa.)	12.52	(-1.0)	4/28
5		Victoria KADIRI	#1	Johns Hopkins	12.53	(0.9)	4/30
6		Emma VEZZOSI	#14	Grove City	12.54	(0.6)	4/28
7		Lauren PHILLIPS	#1	Johns Hopkins	12.58	(1.3)	4/15
8		Sarah WAGNER	#3	Misericordia	12.59	(-0.4)	4/12
8		Alexa RINE	#5	Susquehanna	12.59w	(2.4)	4/15
10		Julia PENA	#13	York (Pa.)	12.65	(0.3)	4/13

Women's 100 Meter Hurdles

1	13	Julia PENA	#13	York (Pa.)	14.40	(1.0)	4/30
2	24	Annie GUTIERREZ	#1	Johns Hopkins	14.57	(0.9)	4/1
3	28	Elizabeth BARRE	#2	Carnegie Mellon	14.59	(-1.1)	4/23
4	37	Leah BERGEY		Lancaster Bible	14.74	(-0.5)	4/29
5	66	Olivia YOUNGER	#19	Geneva	15.12w	(2.5)	4/28
6	75	Chloe YODER	#5	Susquehanna	15.21	(0.6)	3/25
7		Darya MIKUSOVA	#4	Dickinson	15.54	(0.5)	4/23
8		Susanna PIROLLO	#9	Alvernia	15.66	(-1.0)	4/2
9		Allison SILVA	#2	Carnegie Mellon	15.70w	(2.3)	4/23
10		Anna STROUP	#17	Washington & Jef	15.72w	(2.5)	4/28

Women's 200 Meters

1	16	Samantha GIORDANI	#2	Carnegie Mellon	24.74	(0.8)	4/30
2	54	Lauren PHILLIPS	#1	Johns Hopkins	25.20	(1.1)	4/23
3		Kyla WILSON	#18	Stevenson	25.66w	(2.1)	4/23
4		Elisabeth SCHWARZ	#9	Alvernia	25.75	(-0.3)	4/22
5		Elizabeth BARRE	#2	Carnegie Mellon	25.77	(0.8)	4/30
6		Emma VEZZOSI	#14	Grove City	26.12	(0.1)	4/28
7		Sarah WAGNER	#3	Misericordia	26.15	(0.0)	4/22
8		Annie GUTIERREZ	#1	Johns Hopkins	26.16	(-0.5)	4/13
9		Michaela ROSE	#12	Waynesburg	26.18	(0.1)	4/28
10		Ellie LONGSHAW	#7	Messiah	26.19	(-1.5)	4/30

Women's 400 Meters

1	11	Lauren PHILLIPS	#1	Johns Hopkins	56.46		4/23
2	24	Esther SEELAND	#7	Messiah	57.23		4/7
3	67	Ashley TYBURSKI	#1	Johns Hopkins	58.52		4/30
4	85	Noelle GONZALEZ	#15	Scranton	59.04		4/23
5	99	Isabella RHEE	#2	Carnegie Mellon	59.22		3/18
6		Amber HACKENBERG	#3	Misericordia	59.83		4/12
7		Anna ZAESKE	#1	Johns Hopkins	59.86		4/30
8		Tumba POWELL		Thiel	59.91		4/28
9		Elena VARGAS	#7	Messiah	1:00.07		4/30
10		Katie MORGAN		McDaniel	1:00.40		4/23

Women's 400 Meter Hurdles

1	21	Darya MIKUSOVA	#4	Dickinson	1:04.07		4/20
2	27	Christline EDWARD	#10	Franklin & Marsh	1:04.37		4/23
3	46	Sonialys BADILLO	#3	Misericordia	1:05.32		4/12
4	53	Olivia YOUNGER	#19	Geneva	1:05.62		4/28
5	62	Annie GUTIERREZ	#1	Johns Hopkins	1:05.87		4/9
6	66	Leah BERGEY		Lancaster Bible	1:05.95		4/29
7	74	Jadyn HARTNER	#17	Washington & Jef	1:06.44		4/23
8	89	Susanna PIROLLO	#9	Alvernia	1:06.87		4/22
9	94	Dana ANDREWS	#1	Johns Hopkins	1:06.97		4/23
10	95	Lillian MORRELL	#20	Gettysburg	1:07.00		4/23

Women's 800 Meters

1	1	Esther SEELAND	#7	Messiah	2:03.66		4/22
2	6	Ella BARAN	#1	Johns Hopkins	2:10.66		4/9
3	32	Marissa LAPINSKY	#8	Elizabethtown	2:15.12		4/29
4	35	Kelty OASTER	#8	Elizabethtown	2:15.27		4/29
5	38	Tatyana GIBSON	#24	Penn State Harris	2:15.40		4/30
6	53	Taylor JACOBS	#2	Carnegie Mellon	2:16.35		4/23
7	63	June SANCHEZ	#10	Franklin & Marsh	2:17.03		4/29
8	73	Harrinee SENTHILKUMAR	#1	Johns Hopkins	2:17.66		4/14
9	75	Sydney GREEN		Saint Vincent	2:17.77		4/14
10	83	Faith REMICH	#17	Washington & Jef	2:18.08		4/23

Women's 1500 Meters

1	1	Esther SEELAND	#7	Messiah	4:18.28		4/28
2	2	Ella BARAN	#1	Johns Hopkins	4:19.97		3/24
3	22	Lina SPJUT	#1	Johns Hopkins	4:36.91		4/14
4	35	Alex ROSS	#1	Johns Hopkins	4:38.98		4/9
5	68	Diana VIZZA	#1	Johns Hopkins	4:42.85		3/24
6	81	Katelyn SCHOENER	#9	Alvernia	4:43.85		4/14
7	83	Kallan CARTER	#5	Susquehanna	4:44.07		4/14
8	84	Elizabeth O'CONNELL	#10	Franklin & Marsh	4:44.36		4/14
9	91	Sydney FRIDEL	#1	Johns Hopkins	4:44.99		4/1
10		Jessica HOFFMANN	#15	Scranton	4:46.18		4/23

Women's Steeplechase

1	8	Sara STEPHENSON	#1	Johns Hopkins	10:55.68		4/23
2	30	Jessie TAYLOR	#19	Geneva	11:19.96		4/28
3	53	Kallan CARTER	#5	Susquehanna	11:33.25		4/7
4	54	Eleni ALVAREZ	#1	Johns Hopkins	11:33.50		4/23
5	92	Hallie WEAVER	#8	Elizabethtown	11:49.03		4/14
5	92	Amiyah PRIEBE	#4	Dickinson	11:49.03		4/20
7		Zoe TOMKO	#21	King's College (Pa.)	11:56.11		4/30
8		Freya LINDVALL	#10	Franklin & Marsh	11:58.44		4/29
9		Lauren WICK	#11	Lebanon Valley	11:59.08		4/7
10		Ella LYLE	#14	Grove City	12:04.58		4/28



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Mid-Atlantic

Women's 5000 Meters

1	1	Ella BARAN	#1	Johns Hopkins	15:49.09	4/22
2	8	Alex ROSS	#1	Johns Hopkins	16:41.14	3/24
3	10	Lina SPJUT	#1	Johns Hopkins	16:41.83	4/28
4	23	Sara STEPHENSON	#1	Johns Hopkins	17:01.02	3/24
5	32	Jessica HOFFMANN	#15	Scranton	17:14.24	4/14
6	37	Kristen SEBALLOS	#2	Carnegie Mellon	17:21.71	4/14
7	45	Bridgid SELFORS	#1	Johns Hopkins	17:29.57	4/14
8	97	Katharine PRIU	#1	Johns Hopkins	17:51.50	4/9
9		Olivia VISAGGIO	#3	Misericordia	17:52.63	4/22
10		Aubrey WINGEART	#12	Waynesburg	17:58.62	4/16

Women's 10,000 Meters

1	6	Alex ROSS	#1	Johns Hopkins	34:57.80	4/22
2	18	Bridgid SELFORS	#1	Johns Hopkins	35:54.04	4/28
3	47	Michelle MURRAY	#2	Carnegie Mellon	37:33.64	4/14
4	50	Aubrey WINGEART	#12	Waynesburg	37:41.43	4/1
5	69	Isabelle PARDEW	#18	Stevenson	38:10.51	4/1
6	73	Sydney RUCKEL	#25	Salisbury	38:13.94	3/17
7	84	Alexa THOMPSON	#3	Misericordia	38:28.46	4/1
8		Jordan HABERSTROH	#13	York (Pa.)	39:12.58	4/7
9		Samantha AROMIN	#24	Penn State Harris	39:35.50	4/7
10		Bridget KENNEDY	#8	Elizabethtown	39:36.33	3/25

Women's 4x100 Relay

1	42	Sonialys BADILLO, Amber HACKENBERG, Natasha MIHALKO, Sarah WAGNER	#3	Misericordia	48.56	4/12
2	53	Kaitlin BONNEY, Lauren PHILLIPS, Annie GUTIERREZ, Victoria KADIRI	#1	Johns Hopkins	48.81	4/23
3	74	Emerlee SIMONS, Darya MIKUSOVA, Mariana PENUELA, Sara PENUELA	#4	Dickinson	49.42	4/23
4	77	Elisabeth SCHWARZ, Olivia HERZOG, Micah YARBRAV, Shinelle FELIX	#9	Alvernia	49.46	4/22
5	88	Hannah MCCURDY, Laura GOOD, Alyssa PEIFFER, Darrian BERKHEIMER	#11	Lebanon Valley	49.61	4/30
6	92	Kelly LOUGHLIN, Alayna KREMPA, Addison YAUKEY, Alexa RINE	#5	Susquehanna	49.79	4/23
7		Jaelan GABRIEL, Tahira BAKARE, Nelisabel LA COURT RUIZ, Anise WILLIAMS	#22	Goucher	50.05	4/15
8		Jessica FATIGATI, Madison CONLEY, Emma RUDOLPH, Breannnda DAVIS	#6	Westminster (Pa.)	50.15	4/28
9		Rachel DIXON, Katie MORGAN, Yesenia ORTIZ, Gabrielle COLLINS		McDaniel	50.17	4/15
10		Claire MILLER, Emma GRAYBILL, Halle JENNETT, Ellie LONGSHAW	#7	Messiah	50.30	4/23



USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2022 Week #6, May 2

as of 5/2/2022 8:38:44 AM

Mid-Atlantic

Women's 4x400 Relay

1	19	Lauren PHILLIPS, Annie GUTIERREZ, Anna ZAESKE, Ashley TYBURSKI	#1 Johns Hopkins	3:56.26	4/28
2	31	Leanne WEAVER, Ellie LONGSHAW, Emma GRAYBILL, Esther SEELAND	#7 Messiah	4:01.05	4/28
3	33	Madison BROWN, Mariana PENUELA, Sara PENUELA, Darya MIKUSOVA	#4 Dickinson	4:01.80	4/20
4	38	Carmen ANDRADE, Taylor JACOBS, Emily LANNEN, Elizabeth BARRE	#2 Carnegie Mellon	4:02.63	4/23
5	49	Hannah MCCURDY, Laura GOOD, Alyssa PEIFFER, Darrian BERKHEIMER	#11 Lebanon Valley	4:03.63	4/22
6	64	Kelty OASTER, Sydney DETKY, Victoria WERT, Marissa LAPINSKY	#8 Elizabethtown	4:06.06	4/28
7	76	Jadyn HARTNER, Faith REMICH, Taylor JOHNSON, Bre TRUSLER	#17 Washington & Jef	4:08.06	4/28
8	80	Soniyals BADILLO, Amber HACKENBERG, Averi RINE, Kristin GALLAGHER	#3 Misericordia	4:08.29	4/22
9	81	Abby BIDDLE, Natalie MINNAAR, Gianna D'AMATO, Lydia BENNETT	#14 Grove City	4:08.30	4/28
10		June SANCHEZ, Valerie FIEBERG, Elizabeth O'CONNELL, Alexis SALERNO	#10 Franklin & Marsh	4:11.30	4/29

Women's High Jump

1	12	Elizabeth BARRE	#2 Carnegie Mellon	1.68m	5-6	4/2
1	12	Casey ALLEN	#3 Misericordia	1.68m	5-6	4/12
3	19	Colleen HOWARD	#25 Salisbury	1.65m	5-5	4/1
4	33	Sarah WAGNER	#3 Misericordia	1.62m	5-3¾	4/22
5	43	Meghan MCGONIGLE	#15 Scranton	1.61m	5-3¼	4/30
6	54	Aurielle BRUNNER	#16 Chatham	1.60m	5-3	4/14
6	54	Sydney DETKY	#8 Elizabethtown	1.60m	5-3	4/29
6	54	Taryn SILVERNALE	#1 Johns Hopkins	1.60m	5-3	4/1
9	76	Jocelynn ITTERLY	#8 Elizabethtown	1.58m	5-2¼	3/25
10	88	Victoria KADIRI	#1 Johns Hopkins	1.57m	5-1¾	4/13
10	88	Breannnda DAVIS	#6 Westminster (Pa.)	1.57m	5-1¾	4/28
10	88	Katie BALLER	#14 Grove City	1.57m	5-1¾	4/13

Women's Pole Vault

1	1	Emma RUDOLPH	#6 Westminster (Pa.)	3.90m	12-9½	4/2
2	11	Annie GUTIERREZ	#1 Johns Hopkins	3.76m	12-4	4/23
3	19	Julia PENA	#13 York (Pa.)	3.70m	12-1½	3/25
4	36	Taryn SILVERNALE	#1 Johns Hopkins	3.59m	11-9¼	4/15
5	67	Madison CONLEY	#6 Westminster (Pa.)	3.40m	11-1¾	4/2
6	78	Maiyunique SOUTH	#1 Johns Hopkins	3.38m	11-1	4/30
7	87	Jo-Michelle HUCZKO	#2 Carnegie Mellon	3.35m	10-11¾	4/30
8	96	Cassidy BROWN	#1 Johns Hopkins	3.31m	10-10¼	4/23
9		Madison SWARTOUT	#3 Misericordia	3.25m	10-8	4/12
9		Ashley ZHANG	#2 Carnegie Mellon	3.25m	10-8	4/2

Women's Long Jump

1	2	Victoria KADIRI	#1 Johns Hopkins	5.94mw	19-6 (2.3)	4/13
2	3	Sarah WAGNER	#3 Misericordia	5.93m	19-5½ (0.0)	4/12
3	23	Annie GUTIERREZ	#1 Johns Hopkins	5.66m	18-7 (1.0)	4/23
4	41	Julia PENA	#13 York (Pa.)	5.57m	18-3¼ (1.6)	4/13
5	53	Aurielle BRUNNER	#16 Chatham	5.52m	18-1½ (0.0)	4/28
6	64	Elizabeth BARRE	#2 Carnegie Mellon	5.48m	17-11¾ (0.0)	4/23
7	74	Shinelle FELIX	#9 Alvernia	5.45m	17-10¾ (2.0)	4/14
8	92	Jill OLEWINE	#3 Misericordia	5.36m	17-7 (0.1)	4/12
9		Remi ACORD	#5 Susquehanna	5.25m	17-2¾ (0.0)	4/15
10		Katherine HENDERSON	#12 Waynesburg	5.24m	17-2¼ (1.0)	4/8
10		Awnshae SMITH	#23 Marywood	5.24m	17-2¼ (1.1)	3/25

Women's Triple Jump

1	3	Victoria KADIRI	#1 Johns Hopkins	12.22m	40-1¼ (-0.0)	4/30
2	21	Aurielle BRUNNER	#16 Chatham	11.79mw	38-8¼ (2.2)	4/28
3	25	Shinelle FELIX	#9 Alvernia	11.74m	38-6¼ (1.4)	4/29
4	33	Natasha MIHALKO	#3 Misericordia	11.58mw	38-0 (2.5)	4/22
5	36	Remi ACORD	#5 Susquehanna	11.55m	37-10¾ (0.0)	4/15
6	45	Carter HINTON- AYODELE	#22 Goucher	11.39m	37-4½ (1.2)	4/23
7	76	Sarah WAGNER	#3 Misericordia	11.10m	36-5 (1.7)	4/22
8	99	Savannah SEVACKO	#17 Washington & Jef	10.96m	35-11½ (-0.0)	4/28
8	99	Katherine HENDERSON	#12 Waynesburg	10.96m	35-11½ (0.0)	4/22
10		Jill OLEWINE	#3 Misericordia	10.95mw	35-11¼ (2.0)	4/7

Women's Shot Put

1	6	Megan PARKER	#6 Westminster (Pa.)	14.30m	46-11	4/22
2	51	Maggie BOYER	#5 Susquehanna	12.56m	41-2½	4/23
3		Kathleen MONAHAN	#2 Carnegie Mellon	11.97m	39-3¼	3/18
3		Rosalyn PAGE	#23 Marywood	11.97m	39-3¼	4/12
5		Brenna KARNISH	#3 Misericordia	11.95m	39-2½	3/25
6		Emma STEFFAN	#10 Franklin & Marsh	11.90m	39-½	4/23
7		Adele HOLLANDER	#21 King's College (Pa.)	11.57m	37-11½	4/30
8		Abby EVERETT	#4 Dickinson	11.52m	37-9½	4/2
9		Sarah CASE	McDaniel	11.45m	37-6¾	4/2
10		McKenna LOUGHNEY	#11 Lebanon Valley	11.44m	37-6½	4/13



USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

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Mid-Atlantic

Women's Discus

1	26	Alexia PAGE-BOYD	#16	Chatham	42.09m	138-1	4/28
2	30	Megan PARKER	#6	Westminster (Pa.)	41.46m	136-0	4/22
3	47	Melinda CORNWALL	#2	Carnegie Mellon	40.75m	133-9	4/14
4	51	Sarayne FORBES	#4	Dickinson	40.61m	133-3	4/29
5	55	Katie CARRASCO	#14	Grove City	40.51m	132-11	4/13
6	73	Brenna KARNISH	#3	Misericordia	39.58m	129-10	3/25
7	89	Rosalyn PAGE	#23	Marywood	39.12m	128-4	4/23
8	98	Trinity SOTO	#8	Elizabethtown	38.84m	127-5	4/29
9		Aspen MAZZATTA	#10	Franklin & Marshall	37.65m	123-6	3/19
10		Makenze SPENCE	#11	Lebanon Valley	36.98m	121-4	4/13

Women's Hammer

1	1	Kendra NONEMAN	#2	Carnegie Mellon	60.15m	197-4	3/25
2	14	Brenna KARNISH	#3	Misericordia	52.24m	171-5	3/25
3	71	McKenna LOUGHNEY	#11	Lebanon Valley	46.40m	152-3	4/30
4		Maggie BOYER	#5	Susquehanna	42.95m	140-11	3/25
5		Ashley BARTELS	#11	Lebanon Valley	42.45m	139-3	4/7
6		Jessica ALESSI	#20	Gettysburg	42.35m	139-0	4/23
7		Julia ZAMBO	#1	Johns Hopkins	42.17m	138-4	4/1
8		Kathleen MONAHAN	#2	Carnegie Mellon	41.81m	137-2	4/14
9		Jillian BARGER	#10	Franklin & Marshall	41.15m	135-0	4/23
10		Emma STEFFAN	#10	Franklin & Marshall	41.07m	134-9	4/8

Women's Javelin

1	4	Erynn DAUBENMIRE	#6	Westminster (Pa.)	44.00m	144-4	4/13
2	11	Erin MILLER	#8	Elizabethtown	42.25m	138-8	4/29
3	14	Holly FERRARA	#20	Gettysburg	41.65m	136-8	4/2
4	23	Quintessa ZAMOLYI	#3	Misericordia	39.88m	130-10	3/25
5	27	Alexandra SNYDER	#3	Misericordia	39.60m	129-11	4/22
6	30	Jordyn CATHER	#3	Misericordia	38.58m	126-7	3/19
7	42	Jordan SCHUCKER	#4	Dickinson	37.90m	124-4	4/29
8	43	Analisa GROBLE	#4	Dickinson	37.77m	123-11	4/29
9	46	Megan BARRY	#12	Waynesburg	37.60m	123-5	4/28
10	54	Zoe MYERS	#13	York (Pa.)	37.21m	122-1	3/25

Women's Heptathlon

1	7	Annie GUTIERREZ	#1	Johns Hopkins	4,628	4/13
2	13	Elizabeth BARRE	#2	Carnegie Mellon	4,319	4/7
3	14	Susanna PIROLLO	#9	Alvernia	4,303	4/14
4	15	Victoria KADIRI	#1	Johns Hopkins	4,250	4/13
5	66	Katherine HENDERSON	#12	Waynesburg	3,411	4/13
6	71	Sydney DETKY	#8	Elizabethtown	3,360	4/7
7	91	Kyli MOON-RUMSEY	#24	Penn State Harris	3,122	4/7
8	92	Sophia KOVATSIS	#4	Dickinson	3,115	4/7
9	96	Chloe YODER	#5	Susquehanna	3,088	4/7
10	98	Emma SOMERS	#1	Johns Hopkins	3,085	4/13



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Mideast

Women's 100 Meters

1	1	Malissa LINDSEY	#7 Connecticut Coll	11.76w (2.6)	4/30
2	4	Michelle KWAFO	#5 Coast Guard	11.91w (3.1)	4/30
3	27	Kiara TAN	#1 Williams	12.07w (2.6)	4/30
4	37	Nicole STEWART	#12 Smith	12.14w (3.1)	4/30
5	57	Grace DEVANNY	#6 Wesleyan (Conn.)	12.26w (2.7)	4/15
6	62	Cady BARNES	#3 Middlebury	12.30 (1.7)	4/30
7	90	Michelle LOUIE	#3 Middlebury	12.38w (2.6)	4/30
7	90	Kathryn MORIN	#9 RPI	12.38w (2.2)	4/9
9	98	Trinity HAYES	#10 Rhode Island Coll	12.40w (2.6)	4/9
10		Sabria MERRIFIELD	#4 Springfield (Mass	12.41 (1.7)	4/23

Women's 100 Meter Hurdles

1	9	Eliza CARDWELL	#2 Amherst	14.23 (0.7)	4/30
2	36	Michelle KWAFO	#5 Coast Guard	14.67 (0.7)	4/30
3	56	Vicky MARIN	#15 Westfield State	15.02 (1.7)	4/30
4	72	Lindsay WARD	#2 Amherst	15.19 (1.4)	4/30
5	77	Hayden COLFAX	#1 Williams	15.27 (0.2)	4/30
6		Elizabeth HERLIHY	#4 Springfield (Mass	15.62w (2.4)	4/15
7		Julia ZACHER	#2 Amherst	15.91w (2.3)	4/9
8		Emma WHEELER	#7 Connecticut Coll	15.94 (1.6)	4/15
9		Alyssa SIRIANNI	#16 Eastern Connecti	15.99 (1.9)	4/16
10		Samantha STALLARD	#4 Springfield (Mass	16.06 (1.5)	4/30

Women's 200 Meters

1	1	Malissa LINDSEY	#7 Connecticut Coll	24.14 (1.2)	4/30
2	4	Grace DEVANNY	#6 Wesleyan (Conn.)	24.41 (1.2)	4/30
3	21	Nicole STEWART	#12 Smith	24.82 (-0.4)	4/23
4	47	Kiara TAN	#1 Williams	25.12 (1.2)	4/30
5	64	Michelle LOUIE	#3 Middlebury	25.29 (1.6)	4/23
6	85	Trinity HAYES	#10 Rhode Island Coll	25.49 (1.0)	4/16
7		Michelle KWAFO	#5 Coast Guard	25.70 (-0.4)	4/23
8		Kathryn MORIN	#9 RPI	25.84w (2.2)	4/9
9		Sophia JONES	#11 Trinity (Conn.)	25.86 (1.1)	4/30
9		Samantha TICHELAAR	#2 Amherst	25.86 (1.1)	4/30

Women's 400 Meters

1	1	Grace DEVANNY	#6 Wesleyan (Conn.)	55.01	4/30
2	19	Kennedy MULLEN	#11 Trinity (Conn.)	57.08	4/30
3	26	Anna MADDEN	#2 Amherst	57.36	4/3
4	35	Trinity HAYES	#10 Rhode Island Coll	57.69	4/30
5	46	Nicole JOHNSON	#3 Middlebury	57.96	4/30
6	51	Juanita JARAMILLO	#2 Amherst	58.04	4/3
7	78	Casie EIFRIG	#2 Amherst	58.83	4/9
8	80	Kenzie KELLY	#6 Wesleyan (Conn.)	58.92	4/30
9	LE+0:	Mary RUSNOCK	#7 Connecticut Coll	59.23	4/23
10		Jackie TOPPING	#3 Middlebury	59.33	3/26

Women's 400 Meter Hurdles

1	9	Eliza CARDWELL	#2 Amherst	1:02.66	4/30
2	13	Ciara DALE	#3 Middlebury	1:03.27	4/30
3	16	Janyll BARBER	#13 SUNY Plattsburg	1:03.47	4/30
4	17	Camryn TAYLOR	#1 Williams	1:03.74	4/15
5	44	Julia MUNZ	#3 Middlebury	1:05.18	4/30
6	48	Ava TILLMAN	#2 Amherst	1:05.38	4/30
7	58	Trintje NYDAM	#2 Amherst	1:05.83	4/30
8	73	Audrey GRIMES	#3 Middlebury	1:06.38	3/26
9	97	Allison RITCHIE	#4 Springfield (Mass	1:07.04	4/23
10		Erica MACSWEENEY	#7 Connecticut Coll	1:07.69	4/9

Women's 800 Meters

1	3	Cassidy KEARNEY	#3 Middlebury	2:09.51	4/30
2	13	Maeve HOFFMAN	#6 Wesleyan (Conn.)	2:12.17	4/30
3	14	Nicole JOHNSON	#3 Middlebury	2:12.42	4/15
4	21	Grace DEVANNY	#6 Wesleyan (Conn.)	2:13.11	4/15
5	23	Lucy GAGNON	#1 Williams	2:13.24	3/31
6	24	Katelyn PEASE	#3 Middlebury	2:13.29	4/15
7	28	Emily BULCZYNSKI	#3 Middlebury	2:14.39	4/30
8	39	Abby SCOTT	#1 Williams	2:15.43	4/9
9	45	Abigail PIPKIN	#6 Wesleyan (Conn.)	2:15.80	4/30
10	49	Liza JACOBY	#1 Williams	2:16.28	4/30

Women's 1500 Meters

1	3	Cassidy KEARNEY	#3 Middlebury	4:26.64	4/30
2	7	Abby SCOTT	#1 Williams	4:30.61	4/30
3	11	Lucy GAGNON	#1 Williams	4:33.64	4/14
4	21	Katherine KENNY	#3 Middlebury	4:36.89	3/19
5	23	Julia SCHOR	#2 Amherst	4:37.09	4/30
6	27	Katelyn PEASE	#3 Middlebury	4:37.59	4/30
7	28	Grace DAILEY	#1 Williams	4:37.67	3/31
8	38	Blakeley BUCKINGHAM	#1 Williams	4:39.43	4/30
9	42	Morgan LEE	#9 RPI	4:39.79	4/9
10	52	Molly FITZGIBBONS	#1 Williams	4:41.05	3/26

Women's Steeplechase

1	3	Molly FITZGIBBONS	#1 Williams	10:35.14	3/31
2	6	Katherine KENNY	#3 Middlebury	10:51.61	4/30
3	22	Mary Kate MCGRANAHAN	#2 Amherst	11:12.50	4/30
4	24	Emma PALUMBO	#8 St. Lawrence	11:13.82	4/2
5	29	Audrey GRIMES	#3 Middlebury	11:18.51	4/30
6	48	Grace DAILEY	#1 Williams	11:29.75	4/30
7	74	Claire CALLON	#2 Amherst	11:41.91	4/30
8	86	Tessa LANCASTER	#17 Mount Holyoke	11:45.95	4/30
9	98	Billie MCCLOSKEY	#8 St. Lawrence	11:50.29	4/14
10	99	Tatum PESKIN	#3 Middlebury	11:50.71	4/9



USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

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Midwest

Women's 5000 Meters

1	12	Sophia WOLMER	#2	Amherst	16:50.39	4/15
2	16	Cassidy KEARNEY	#3	Middlebury	16:54.89	4/23
3	24	Morgan LEE	#9	RPI	17:02.67	4/28
4	30	Sidnie KULIK	#2	Amherst	17:13.39	4/3
5	38	Molly FITZGIBBONS	#1	Williams	17:21.79	4/14
6	43	Ella BALL	#1	Williams	17:27.85	4/30
7	59	Sarah Jane O'CONNOR	#1	Williams	17:36.65	4/14
8	65	Laurel KRUGER	#12	Smith	17:38.89	4/2
9	66	Lauren SELKIN	#17	Mount Holyoke	17:40.59	4/15
10	84	Katherine KENNY	#3	Middlebury	17:48.78	4/30

Women's 10,000 Meters

1	7	Sophia WOLMER	#2	Amherst	34:59.86	4/30
2	12	Genna GIRARD	#1	Williams	35:35.90	3/31
3	13	Laurel KRUGER	#12	Smith	35:40.78	4/15
4	22	Emma TAPSCOTT	#1	Williams	36:03.20	4/14
5	33	Nia GODDARD	#9	RPI	37:01.29	4/14
6	36	Miranda GRAVES	#6	Wesleyan (Conn.)	37:08.61	4/15
7	39	Julia CURRAN	#7	Connecticut College	37:17.32	4/15
8	40	Sarah Jane O'CONNOR	#1	Williams	37:21.67	3/31
9	49	Lauren SELKIN	#17	Mount Holyoke	37:35.32	4/30
10	66	Meghan CHURM	#5	Coast Guard	38:08.98	4/30

Women's 4x100 Relay

1	26	Kiara TAN, Gabby ODOOM, Claudia IANNELLI, Camryn TAYLOR	#1	Williams	48.24	4/15
2	30	Gabby HARRIS, Kenzie KELLY, Augusta Clai BURHANS, Grace DEVANNY	#6	Wesleyan (Conn.)	48.34	3/26
3	32	Abby ILUSORIO, Erin FITZPATRICK, Jazmyn GILLESPIE, Malissa LINDSEY	#7	Connecticut College	48.39	4/30
4	38	Joely VIRZI, Michelle LOUIE, Eva KAIDEN, Cady BARNES	#3	Middlebury	48.53	4/30
5	51	Gwendolyn ANDERSEN, Sabria MERRIFIELD, Stephanie BROWN, Sydney FACKRELL	#4	Springfield (Mass)	48.78	4/23
6	58	Mia BAWENDI, Samantha TICHELAA, Muffie MAZAMBANI, Julia ZACHER	#2	Amherst	48.95	4/30
7	65	Elizabeth EVANS, Kathryn MORIN, Christine MALLETTE, Caitlin SMITH	#9	RPI	49.16	4/15
8	78	Michelle KWAFO, Kelly WADE, Heather HUANG, Hannah JAMISON	#5	Coast Guard	49.50	4/30
9	84	Nyla CONAWAY, Alina HEREDIA, Nicole STEWART, Shabathyah CHARLES	#12	Smith	49.55	4/23
10		Traci FRANCIS, Ava NOVAK, Lola PEREZ-FRY, Malinda SMITH	#14	Vassar	50.20	4/15



USTFCCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2022 Week #6, May 2

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Mideast

Women's 4x400 Relay

1	13	Grace DEVANNY, Kenzie KELLY, Maeve HOFFMAN, Addison THOMAS	#6 Wesleyan (Conn.)	3:53.87	4/30
2	14	Anna MADDEN, Juanita JARAMILLO, Samantha TICHELAR, Casie EIFRIG	#2 Amherst	3:54.56	4/30
3	17	Nicky JOHNSON, Michelle LOUIE, Ciara DALE, Elle THOMPSON	#3 Middlebury	3:56.13	4/30
4	27	Daisy VALLE, Claudia IANNELLI, Malia KLEIN, Camryn TAYLOR	#1 Williams	4:00.07	4/30
5	28	Cate KNEEBONE, Juliana KENNEDY, Sophia JONES, Kennedy MULLEN	#11 Trinity (Conn.)	4:00.56	4/30
6	65	Nyla CONAWAY, Alina HEREDIA, Shams FERVER, Pria PARKER	#12 Smith	4:06.11	4/30
7	82	Erin FITZPATRICK, Ellie EBBY, Mary RUSNOCK, Erica MACSWEENEY	#7 Connecticut Coll	4:08.37	4/15
8		Taylor WINTERS, Kelly WADE, Rachel BUBECK, Hannah JAMISON	#5 Coast Guard	4:10.75	4/30
9		Marley FROE, Kasey MCGERALD, Glory MONCION-ALLEN, Caroline STANTON	#21 Union (N.Y.)	4:11.66	4/9
10		Allison RITCHIE, Abigail CLINCH, Hope MAHER, Emma DONOHUE	#4 Springfield (Mass)	4:12.05	4/30

Women's High Jump

1	8	Chloe DEWHURST	#4 Springfield (Mass)	1.69m	5-6½	4/9
2	12	Maia WAHLQUIST	#8 St. Lawrence	1.68m	5-6	3/26
2	12	Maya VERMA	#9 RPI	1.68m	5-6	4/30
4	17	Julia ZACHER	#2 Amherst	1.67m	5-5¾	4/9
5	19	Gabriella GRATTAN	#11 Trinity (Conn.)	1.65m	5-5	4/23
6	76	Vicky MARIN	#15 Westfield State	1.58m	5-2¼	3/26
6	76	Jacy SCHARLOW	#9 RPI	1.58m	5-2¼	3/26
8	88	Shea BISNER- BOULAY	#4 Springfield (Mass)	1.57m	5-1¾	4/9
8	88	Peyton BELSHER	#3 Middlebury	1.57m	5-1¾	4/15
8	88	Emma WHEELER	#7 Connecticut Coll	1.57m	5-1¾	4/15

Women's Pole Vault

1	11	Kelsie HAO	#1 Williams	3.76m	12-4	4/15
2	38	Poppy MILLER	#1 Williams	3.55m	11-7¾	3/31
3	63	Madison GARRIGUS	#5 Coast Guard	3.43m	11-3	4/2
4	67	Zoe WANG	#3 Middlebury	3.40m	11-1¾	4/15
4	67	Eve GIANCARLO	#2 Amherst	3.40m	11-1¾	4/9
4	67	Jordan HECKER	#2 Amherst	3.40m	11-1¾	4/3
4	67	Mia BAWENDI	#2 Amherst	3.40m	11-1¾	4/30
4	67	Jae YU	#1 Williams	3.40m	11-1¾	3/31
9	87	Heidi LEEDS	#1 Williams	3.35m	10-11¾	4/15
10	LE+0:	Cristina YOUNG	#1 Williams	3.30m	10-9¾	4/23
10	LE+0:	Sophia SMITH	#12 Smith	3.30m	10-9¾	4/9

Women's Long Jump

1	10	Kelsie HAO	#1 Williams	5.78m	18-11¾ (1.9)	4/30
2	23	Cady BARNS	#3 Middlebury	5.66m	18-7 (0.9)	4/9
3	46	Eliza CARDWELL	#2 Amherst	5.56mw	18-3 (4.0)	4/30
4	48	Muffie MAZAMBANI	#2 Amherst	5.55m	18-2½ (1.5)	4/30
5	52	Kristen CHOU	#1 Williams	5.53mw	18-1¾ (2.2)	4/30
6	56	Kiara TAN	#1 Williams	5.51m	18-1 (0.0)	4/15
7	61	Matlyn GROSS	#4 Springfield (Mass)	5.49m	18-¼ (-0.4)	4/23
8	66	Kelly WADE	#5 Coast Guard	5.47mw	17-11½ (2.0)	4/9
9	78	Morgan NASIR	#1 Williams	5.42m	17-9½ (1.1)	4/30
10	92	Janyll BARBER	#13 SUNY Plattsburgh	5.36m	17-7 (1.9)	4/23

Women's Triple Jump

1	26	Cady BARNS	#3 Middlebury	11.70m	38-4¾ (1.9)	4/30
2	53	Hayden COLFAX	#1 Williams	11.28mw	37-¼ (3.5)	4/30
3	63	Muffie MAZAMBANI	#2 Amherst	11.21m	36-9¾ (1.5)	4/30
4	65	Matlyn GROSS	#4 Springfield (Mass)	11.19m	36-8½ (0.0)	4/9
5	68	Erica MACSWEENEY	#7 Connecticut Coll	11.15m	36-7 (1.2)	4/23
6	73	Vicky MARIN	#15 Westfield State	11.11mw	36-5½ (2.6)	4/30
7	76	Anaya THOMAS	#2 Amherst	11.10mw	36-5 (2.4)	4/30
8		Kelsie HAO	#1 Williams	10.93m	35-10½ (2.0)	4/30
9		Madelyne GREEN	#5 Coast Guard	10.84m	35-6¾ (1.4)	4/30
10		Manar ENANY	#16 Eastern Connecti	10.77mw	35-4 (2.2)	4/22

Women's Shot Put

1	58	Kathleen MERCHANT	#8 St. Lawrence	12.49m	40-11¾	4/30
2	69	Christa CARR	#4 Springfield (Mass)	12.27m	40-3¼	4/9
3	98	Sophie WARREN	#4 Springfield (Mass)	11.99m	39-4	4/15
4		Kimberly MERCHANT	#8 St. Lawrence	11.86m	38-11	4/22
5		Mary Scott ROBINSON	#3 Middlebury	11.74m	38-6¼	3/19
6		Kaitlyn BJELKO	#13 SUNY Plattsburgh	11.37m	37-3¾	4/16
7		Maureen HAMMOND	#5 Coast Guard	11.31m	37-1¼	4/30
8		Katelynn TAYLOR	#4 Springfield (Mass)	11.30m	37-1	4/23
9		Mackenzie GINGRAS	#4 Springfield (Mass)	11.24m	36-10½	4/23
10		Tiara OGUNSANYA	#11 Trinity (Conn.)	11.19m	36-8½	4/30



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Mideast

Women's Discus

1	60	Kimberly MERCHANT	#8	St. Lawrence	40.12m	131-8	4/30
2		Kalea SALANG	#5	Coast Guard	37.30m	122-5	4/23
3		Samantha SAINTRISIL	#10	Rhode Island Coll	37.10m	121-9	4/30
4		Journey MYRICKS	#13	SUNY Plattsburgh	36.75m	120-7	4/16
5		Kathleen MERCHANT	#8	St. Lawrence	36.68m	120-4	4/2
6		Melissa MEJIA	#10	Rhode Island Coll	36.28m	119-1	4/16
7		Hayley CHARITER	#10	Rhode Island Coll	36.09m	118-5	4/23
8		Brooke DUTTON	#18	Roger Williams	35.61m	116-10	4/2
9		Morgan DALEY	#9	RPI	35.52m	116-7	4/30
10		Sadie OLSON	#5	Coast Guard	35.47m	116-5	4/23

Women's Hammer

1	5	Chelsea YANG	#10	Rhode Island Coll	57.51m	188-8	4/23
2	25	Hayley CHARITER	#10	Rhode Island Coll	50.26m	164-11	4/1
3	33	Kamila ZYGADIO	#11	Trinity (Conn.)	49.41m	162-1	4/23
4	38	Morgan DALEY	#9	RPI	48.82m	160-2	4/30
5	44	Funmibi YUSUFF	#10	Rhode Island Coll	48.51m	159-2	4/30
6	88	Melissa MEJIA	#10	Rhode Island Coll	45.36m	148-10	4/16
7		Melissa MEJIA	#10	Rhode Island Coll	44.30m	145-4	4/30
8		Sophie WARREN	#4	Springfield (Mass)	43.72m	143-5	4/23
9		Manar ENANY	#16	Eastern Connecti	43.19m	141-9	4/16
10		Bethany MARTIN	#2	Amherst	42.73m	140-2	4/3

Women's Javelin

1	44	Kathleen MERCHANT	#8	St. Lawrence	37.74m	123-10	4/2
2	48	Courtney COLLIBEE	#19	Salve Regina	37.40m	122-9	4/30
3	65	Gwyn TATTON	#20	Castleton	37.01m	121-5	4/16
4	75	Jacey TIPPMAN	#5	Coast Guard	36.44m	119-7	3/25
5	80	Jaxon PALMER	#3	Middlebury	36.14m	118-7	3/26
6	93	Eleanor MERCATORIS	#5	Coast Guard	35.63m	116-11	4/30
7		Kimberly MERCHANT	#8	St. Lawrence	34.95m	114-8	4/30
8		Carolina ANDRADE	#2	Amherst	34.89m	114-6	3/26
9		Shannon BURBY	#16	Eastern Connecti	33.74m	110-9	3/26
10		Reilly ISLER	#3	Middlebury	32.76m	107-6	3/19

Women's Heptathlon

1	19	Emma WHEELER	#7	Connecticut Coll	4,146	4/15
2	27	Hayden COLFAX	#1	Williams	3,996	4/15
3	47	Trintje NYDAM	#2	Amherst	3,648	4/15
4	54	Faye STEVENS	#14	Vassar	3,569	4/15
5	55	Emma LESSER	#12	Smith	3,562	4/15
6	57	Annelise ROMERO	#2	Amherst	3,551	4/15
7	84	Elinor KOPS	#14	Vassar	3,233	4/15
8	87	Jackie MORRISON	#14	Vassar	3,160	4/15
9		Kate HOWE	#7	Connecticut Coll	2,762	4/15



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Midwest

Women's 100 Meters

1	2	Isabella HOGUE	#7	Nebraska Wesley.	11.80w	(2.2)	4/15
2	7	Myciah CLAY	#1	Washington (Mo.)	11.97w	(2.8)	4/29
3	12	Maddie MORAN	#7	Nebraska Wesley.	11.99	(1.8)	4/2
4	17	Alison BEEMAN	#6	Dubuque	12.01	(0.9)	4/22
5	21	Lauren GAY	#1	Washington (Mo.)	12.04	(1.2)	4/23
6	28	Mercedes JACKSON	#5	North Central (Ill.)	12.09	(1.3)	4/23
6	28	Alicia GUPTÉ	#1	Washington (Mo.)	12.09w	(2.8)	4/29
8	32	Lauren HAMILTON	#1	Washington (Mo.)	12.12w	(2.8)	4/29
9	44	Natalie SWINEHART	#1	Washington (Mo.)	12.18	(0.2)	4/23
10	50	Ava DAVID	#12	Elmhurst	12.23	(1.0)	4/29

Women's 100 Meter Hurdles

1	4	Julia BABINEC	#5	North Central (Ill.)	14.08	(1.0)	4/23
2	16	Ren BROWN	#4	Chicago	14.45	(-1.1)	4/23
3	19	Lauren GAY	#1	Washington (Mo.)	14.50w	(2.3)	4/23
4	26	Elayna BAHL	#3	Loras	14.58	(0.8)	4/13
5	30	Ava FORMAN	#1	Washington (Mo.)	14.60	(-1.1)	4/23
6	32	Denise PARTEE	#5	North Central (Ill.)	14.63w	(2.1)	4/29
7	39	Nakala NADEAU	#12	Elmhurst	14.76	(1.0)	4/23
8	44	Demetria JOHNSON	#6	Dubuque	14.84w	(2.6)	4/22
9	45	Cayden SHARP	#11	Greenville	14.88	(-0.8)	4/29
10	46	Ayah MUSTAFA	#17	Benedictine (Ill.)	14.90	(1.0)	4/23

Women's 200 Meters

1	2	Isabella HOGUE	#7	Nebraska Wesley.	24.24w	(2.3)	4/2
2	6	Lauren GAY	#1	Washington (Mo.)	24.56w	(3.0)	4/23
3	9	Kayla ARMSTRONG	#8	Concordia Chicago	24.64	(-0.9)	4/29
4	10	Alicia GUPTÉ	#1	Washington (Mo.)	24.65w	(2.6)	4/23
5	14	Lindsey NOVAK	#5	North Central (Ill.)	24.72	(-0.9)	4/23
5	14	Alyssa PFADENHAUER	#3	Loras	24.72w	(2.6)	4/13
7	20	Alison BEEMAN	#6	Dubuque	24.81w	(2.6)	4/13
8	23	Stevie LAMBE	#3	Loras	24.84	(-2.2)	4/22
9	25	Natalie SWINEHART	#1	Washington (Mo.)	24.94w	(2.6)	4/23
10	27	Jackie GANSHIRT	#2	Wartburg	24.96w	(2.9)	4/21

Women's 400 Meters

1	4	Alyssa PFADENHAUER	#3	Loras	55.60		4/9
2	5	Kayla ARMSTRONG	#8	Concordia Chicago	55.62		4/23
3	6	Simone WILSON	#8	Concordia Chicago	55.67		4/29
4	9	Emma KELLEY	#1	Washington (Mo.)	56.08		4/23
5	15	Katherine DUDLEY	#1	Washington (Mo.)	56.90		4/23
6	18	Jackie GANSHIRT	#2	Wartburg	56.95		3/26
7	27	Isabella HILGER	#7	Nebraska Wesley.	57.39		4/2
8	29	Mackenzie DIXON	#14	Millikin	57.51		4/29
9	36	Jordan PECKHAM	#13	Monmouth (Ill.)	57.74		4/22
10	47	Lindsey NOVAK	#5	North Central (Ill.)	57.99		4/23

Women's 400 Meter Hurdles

1	2	Simone WILSON	#8	Concordia Chicago	1:00.41		4/22
2	7	Elayna BAHL	#3	Loras	1:02.19		4/9
3	8	Ava FORMAN	#1	Washington (Mo.)	1:02.28		4/15
4	20	Carson MCSORLEY	#2	Wartburg	1:03.79		3/26
5	24	Ren BROWN	#4	Chicago	1:04.26		4/23
6	32	Ayah MUSTAFA	#17	Benedictine (Ill.)	1:04.69		4/15
7	63	Aleeza HASSAN	#4	Chicago	1:05.91		4/23
8	67	Eryn RENISON	#14	Millikin	1:06.01		3/26
9	70	Merryl GREEN	#3	Loras	1:06.26		4/22
10		Hannah JONES	#5	North Central (Ill.)	1:07.77		4/15

Women's 800 Meters

1	4	Emma KELLEY	#1	Washington (Mo.)	2:10.15		4/9
2	7	Claudia HARNETT	#4	Chicago	2:11.11		4/15
3	9	Maya ORDONEZ	#4	Chicago	2:11.57		4/23
4	15	Reagan JANZEN	#7	Nebraska Wesley.	2:12.58		4/2
5	17	Mackenzie DIXON	#14	Millikin	2:12.93		4/22
6	19	Aoife DUNNE	#1	Washington (Mo.)	2:13.06		4/23
7	20	Alyssa PFADENHAUER	#3	Loras	2:13.07		4/1
8	25	Grace BRISTOW	#1	Washington (Mo.)	2:13.78		4/23
9	47	Elisabeth CAMIC	#4	Chicago	2:15.92		4/23
10	51	Danielle SCHULTZ		Webster	2:16.30		4/15

Women's 1500 Meters

1	6	Claudia HARNETT	#4	Chicago	4:30.59		4/23
2	9	Maddie KELLY	#4	Chicago	4:32.58		4/23
3	14	Kassie PARKER	#3	Loras	4:34.62		4/9
4	18	Aubrie FISHER	#2	Wartburg	4:35.51		4/9
5	20	Emily KONKUS	#1	Washington (Mo.)	4:36.23		4/29
6	24	Aoife DUNNE	#1	Washington (Mo.)	4:37.21		4/23
7	30	Jenna FIORE	#5	North Central (Ill.)	4:37.89		4/15
8	37	Helena TEIXEIRA-DASILVA	#1	Washington (Mo.)	4:39.37		4/23
9	44	Lindsay OTT	#1	Washington (Mo.)	4:39.97		4/23
10	53	Catherine WIMMER	#4	Chicago	4:41.47		4/23

Women's Steeplechase

1	2	Aubrie FISHER	#2	Wartburg	10:21.64		4/27
2	7	Emily GILLIGAN	#12	Elmhurst	10:54.22		4/13
3	17	Caroline MCMARTIN	#10	Central (Iowa)	11:09.03		4/28
4	18	Brianna RENNER	#3	Loras	11:09.40		4/1
5	20	Ellie MEYER	#2	Wartburg	11:11.21		4/28
6	25	Moriah MORTER	#2	Wartburg	11:14.63		4/28
7	26	Natalia HERNANDEZ	#12	Elmhurst	11:16.79		4/1
8	32	Caitlin JORGENSEN	#4	Chicago	11:20.53		4/23
9	34	Megan JOHNSON	#10	Central (Iowa)	11:22.21		4/28
10	36	Carmen ROTTINGHAUS	#1	Washington (Mo.)	11:23.21		4/15



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Midwest

Women's 5000 Meters

1	2	Kassie PARKER	#3	Loras	16:09.66	4/27
2	11	Aubrie FISHER	#2	Wartburg	16:48.24	4/15
3	17	Riley MAYER	#2	Wartburg	16:55.15	4/15
4	19	Emily KONKUS	#1	Washington (Mo.)	16:56.88	4/1
5	21	Emma WALTER	#1	Washington (Mo.)	16:58.10	4/23
6	25	Ella BEHRENS	#1	Washington (Mo.)	17:03.67	4/1
7	33	Shaelyn HOSTAGER	#2	Wartburg	17:16.03	4/15
8	39	Natalie PAULSON	#2	Wartburg	17:24.72	4/15
9	46	Maddie KELLY	#4	Chicago	17:29.94	4/1
10	58	Ellie MEYER	#2	Wartburg	17:36.56	4/15

Women's 10,000 Meters

1	1	Kassie PARKER	#3	Loras	33:03.61	4/1
2	10	Emma WALTER	#1	Washington (Mo.)	35:21.49	4/1
3	15	Sophie YOUNG	#1	Washington (Mo.)	35:45.79	4/1
4	16	Frances SCHAEFFLER	#4	Chicago	35:51.51	4/1
5	17	Shaelyn HOSTAGER	#2	Wartburg	35:53.55	4/27
6	20	Kiera OLSON	#1	Washington (Mo.)	35:59.35	4/1
7	21	Riley MAYER	#2	Wartburg	36:02.86	4/1
8	23	Zarya DE SOUZA	#1	Washington (Mo.)	36:11.22	4/1
9	25	Susannah BENNETT	#20	Wheaton (Ill.)	36:29.29	4/21
10	31	Natalie PAULSON	#2	Wartburg	36:46.57	4/1

Women's 4x100 Relay

1	2	Alyssa PFADENHAUER, Kelly KOHLHOF, Stevie LAMBE, Marion EDWARDS	#3	Loras	46.77	4/22
2	3	Myciah CLAY, Natalie SWINEHART, Alicia GUPTA, Lauren GAY	#1	Washington (Mo.)	47.08	4/23
3	8	Shantel KORANDA, Isabella HOGUE, Breanne GEARY, Maddie MORAN	#7	Nebraska Wesley.	47.51	4/2
4	9	Julia BABINEC, Denise PARTEE, Lindsey NOVAK, Mercedes JACKSON	#5	North Central (Ill.)	47.59	4/23
5	25	Huda HUSSAINI, Lauren MARSHALL, Hanna MATUSZEWSKI, Ava DAVID	#12	Elmhurst	48.22	4/29
6	26	Jackie GANSHIRT, Brenna JACOBS, Carson MCSORLEY, Mikala SIDNEY	#2	Wartburg	48.24	4/27
7	31	Demetria JOHNSON, Alison BEEMAN, Ya'Mia AILES-PRIMES, Emma SEIPEL	#6	Dubuque	48.37	4/22
8	40	Maggie GIBBONS, Izzy LAYNE, Masa AL-SHAKA, Isabel MALETICH	#4	Chicago	48.54	4/23
9	61	Cayden SHARP, Alexa SEGER, Kiki BOSCOLO, Taylor TUCKER	#11	Greenville	49.02	4/29
10	86	Jade HAYS, Christina JACKSON, Katara JONDLE, Domonique RIVERS	#9	Buena Vista	49.56	4/27



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Midwest

Women's 4x400 Relay

1	2	Stevie LAMBE, Elayna BAHLE, Marion EDWARDS, Alyssa PFADENHAUER	#3 Loras	3:46.01	4/9
2	4	Katherine DUDLEY, Alicia GUPTA, Ava FORMAN, Emma KELLEY	#1 Washington (Mo.)	3:49.20	4/23
3	5	Carson MCSORLEY, Brenna JACOBS, Rachel NAGEL, Jackie GANSHIRT	#2 Wartburg	3:49.82	4/27
4	8	Isabella HILGER, Isabella HOGUE, Reagan JANZEN, Alexa KOZA	#7 Nebraska Wesley.	3:50.34	4/8
5	12	Hailey WIMBERLY, Eryn RENISON, Lovenya PERRY, Mackenzie DIXON	#14 Millikin	3:53.48	4/29
6	35	Kayla ARMSTRONG, Angelina NICHOLS, Simone WILSON, Diana ALMAZAN	#8 Concordia Chicago	4:02.00	4/29
7	40	Allison GRADY, Hannah JONES, Faith LADIN, Lindsey NOVAK	#5 North Central (Ill.)	4:02.73	4/29
8	48	Masa AL-SHAKA, Izzy LAYNE, Ren BROWN, Claudia HARNETT	#4 Chicago	4:03.55	4/23
9	71	Lexi WARD, Jules GRUNLOH, Katie VOGLER, Rebekah HARDEN	#16 Illinois Wesleyan	4:07.11	4/23
10	73	Jade HAYS, Tabitha GUYETT, Wren KLUMP, Jadyn FORBES	#9 Buena Vista	4:07.26	4/27

Women's High Jump

1	2	Breya CHRISTOPHER	#2 Wartburg	1.73m	5-8	4/27
2	8	Grace ALLEY	#3 Loras	1.69m	5-6½	4/22
3	19	Becca TARTER	#1 Washington (Mo.)	1.65m	5-5	4/2
4	33	Avylin POWELL- QUALO	#22 Westminster (Mo.)	1.62m	5-3¾	4/9
4	33	Cayden SHARP	#11 Greenville	1.62m	5-3¾	4/29
6	54	Natalie MCALLISTER	#24 Cornell College	1.60m	5-3	4/23
6	54	Riley ENDRIES	#1 Washington (Mo.)	1.60m	5-3	4/29
8	71	skylar COLE	#9 Buena Vista	1.59m	5-2½	4/8
9	76	Stefania CAMACI	#12 Elmhurst	1.58m	5-2¼	4/23
10	88	Evie WILSON	#16 Illinois Wesleyan	1.57m	5-1¾	4/9
10	88	Kat KREBASCH	#15 Augustana (Ill.)	1.57m	5-1¾	4/22

Women's Pole Vault

1	3	Yasmin RUFF	#1 Washington (Mo.)	3.84m	12-7¼	4/23
2	5	Kat KREBASCH	#15 Augustana (Ill.)	3.82m	12-6¼	4/9
3	16	Kathy MYRDA	#5 North Central (Ill.)	3.72m	12-2½	4/11
4	23	Rachel TERHAAR	#4 Chicago	3.65m	11-11¾	4/15
5	48	Natalie JOHNSON	#5 North Central (Ill.)	3.50m	11-5¾	4/11
6	57	Anna CURTIS	#1 Washington (Mo.)	3.45m	11-3¾	4/29
6	57	Amanda KATZ	#1 Washington (Mo.)	3.45m	11-3¾	4/15
8	82	Susannah TRUITT	#4 Chicago	3.37m	11-¾	4/23
9	87	Brooke ZIEGENHORN	#15 Augustana (Ill.)	3.35m	10-11¾	4/22
9	87	Kiarah HORN	#5 North Central (Ill.)	3.35m	10-11¾	4/15

Women's Long Jump

1	4	Isabel MALETICH	#4 Chicago	5.88mw	19-3½ (2.2)	4/23
2	9	Emma SEIPEL	#6 Dubuque	5.79mw	19-0 (2.6)	4/28
3	11	Alicia GUPTA	#1 Washington (Mo.)	5.76m	18-10¾ (1)	4/23
4	17	Harmony CREASY	#3 Loras	5.69m	18-8 (0.8)	4/22
5	29	Demetria JOHNSON	#6 Dubuque	5.62m	18-5¼ (1.9)	4/28
6	46	Ebunoluwa OPATA	#1 Washington (Mo.)	5.56m	18-3 (2.0)	4/15
7	56	Cayden SHARP	#11 Greenville	5.51mw	18-1 (2.8)	4/29
8	61	Shaniah JOHNSON	#2 Wartburg	5.49mw	18-¼ (2.2)	4/9
9	66	Amanda LAMS	#12 Elmhurst	5.47mw	17-11½ (3)	4/14
10	75	Zahra SAMMOUR	#8 Concordia Chicago	5.44m	17-10¼ (1)	4/14

Women's Triple Jump

1	2	Ebunoluwa OPATA	#1 Washington (Mo.)	12.32m	40-5 (0.6)	4/9
2	5	Isabel MALETICH	#4 Chicago	12.11m	39-8¾ (0.2)	4/23
3	7	Alicia GUPTA	#1 Washington (Mo.)	12.07m	39-7¼ (1.3)	4/23
4	9	Harmony CREASY	#3 Loras	12.04mw	39-6 (2.3)	4/13
5	10	Grace ALLEY	#3 Loras	11.98m	39-3¾ (1.5)	4/1
6	12	Zi'Onay WALKER	#1 Washington (Mo.)	11.92mw	39-1¼ (2.7)	3/26
7	14	Breya CHRISTOPHER	#2 Wartburg	11.91mw	39-1 (3.3)	4/21
8	15	Daekota KNOTT	#2 Wartburg	11.90mw	39-½ (3.5)	4/21
9	18	Zahra SAMMOUR	#8 Concordia Chicago	11.85m	38-10¼ (0)	4/29
10	19	De'ja AUSTIN- CHERRY	#3 Loras	11.83mw	38-9¾ (2.2)	4/22

Women's Shot Put

1	3	Kaitlyn WILDER	#6 Dubuque	14.59m	47-10½	4/13
2	12	Rebecca SIMPSON	#9 Buena Vista	13.76m	45-1¾	4/13
3	16	Kash ALLEN	#17 Benedictine (Ill.)	13.55m	44-5½	4/29
4	22	Madeline BOBINSKI	#8 Concordia Chicago	13.37m	43-10½	4/23
5	34	Tawny RODRIGUEZ	#11 Greenville	12.92m	42-4¾	4/9
6	38	Jaydyn PALMER	#25 Coe	12.84m	42-1½	4/23
7	41	Renee HARTMAN	#18 Illinois College	12.77m	41-10¾	4/9
8	47	Molly LAUMAKIS	#4 Chicago	12.62m	41-5	4/10
9	48	Anna BRENNAN	#9 Buena Vista	12.61m	41-4½	4/8
10	54	Kayla WEATHERLY	#3 Loras	12.54m	41-1¾	4/29



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Midwest

Women's Discus

1	2	Kaitlyn WILDER	#6 Dubuque	47.22m	154-11	4/13
2	17	Molly LAUMAKIS	#4 Chicago	43.32m	142-2	4/10
3	20	Maddie BOLEY	#13 Monmouth (Ill.)	42.70m	140-1	4/22
4	33	Taylor FLAIG	#3 Loras	41.39m	135-10	4/22
5	36	Lily MEESTER	#2 Wartburg	41.32m	135-7	4/9
6	42	Tawny RODRIGUEZ	#11 Greenville	41.02m	134-7	4/2
7	45	Madeline BOBINSKI	#8 Concordia Chicago	40.79m	133-10	4/23
8	56	Alyssa STRIEGEL	#10 Central (Iowa)	40.46m	132-9	4/14
9	65	Amanda DYBAL	#13 Monmouth (Ill.)	39.85m	130-9	4/22
10	68	Anna FRIEDRICHSEN	#9 Buena Vista	39.79m	130-7	4/21

Women's Hammer

1	3	Kaitlyn WILDER	#6 Dubuque	58.22m	191-0	4/9
2	11	Molly LAUMAKIS	#4 Chicago	52.55m	172-5	4/23
3	15	Rebecca SIMPSON	#9 Buena Vista	52.16m	171-2	4/8
4	20	Alexandra DRAVES	#5 North Central (Ill.)	51.13m	167-9	4/10
5	30	Kareema LAWAL	#13 Monmouth (Ill.)	49.57m	162-8	4/22
6	39	Anna FRIEDRICHSEN	#9 Buena Vista	48.81m	160-2	4/21
7	51	Krista SUDAR	#1 Washington (Mo.)	47.93m	157-3	4/23
8	55	Elizabeth BOWNS	#18 Illinois College	47.57m	156-1	4/9
9	56	Abby MARR	#10 Central (Iowa)	47.56m	156-1	4/9
10	58	Payton MCHONE	#6 Dubuque	47.50m	155-10	4/23

Women's Javelin

1	8	Rebecca SIMPSON	#9 Buena Vista	42.86m	140-8	3/26
2	13	Madeline BOBINSKI	#8 Concordia Chicago	41.66m	136-8	4/23
3	16	Avery DECKER	#7 Nebraska Wesley.	40.64m	133-4	4/28
4	17	Faith LADIN	#5 North Central (Ill.)	40.56m	133-1	4/10
5	19	Brenna JACOBS	#2 Wartburg	40.30m	132-3	4/21
6	29	Hannah JONES	#5 North Central (Ill.)	39.45m	129-5	4/22
7	50	Krissa LARSON	#10 Central (Iowa)	37.30m	122-5	4/21
8	76	Daekota KNOTT	#2 Wartburg	36.33m	119-3	4/1
9	77	Alivia AUER	#6 Dubuque	36.31m	119-2	4/2
10	83	Anna BRENNAN	#9 Buena Vista	35.93m	117-11	4/21

Women's Heptathlon

1	4	Grace ALLEY	#3 Loras	4,938		4/22
2	11	Cayden SHARP	#11 Greenville	4,442		4/21
3	24	Krissa LARSON	#10 Central (Iowa)	4,029		4/21
4	26	Hannah JONES	#5 North Central (Ill.)	4,014		4/22
5	34	Rayna SICKELS	#10 Central (Iowa)	3,852		4/21
6	35	Esther MILLER	North Park	3,829		4/27
7	85	Skylar GIBBS	#19 Aurora	3,208		4/22
8	89	Hailey FOXHOVEN	#2 Wartburg	3,131		4/27
9	97	Alayna KOEHLER	#19 Aurora	3,087		4/22
10		Wren KLUMP	#9 Buena Vista	2,975		4/13



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Niagara

Women's 100 Meters

1	42	Tia JONES	#3	Ithaca	12.16	(-0.3)	4/9
2	44	Mackenzie MIX	#9	Utica	12.18w	(3.0)	4/16
3	47	Jenna STRICKLAND	#1	SUNY Geneseo	12.20	(1.4)	4/11
4		Autumn PITTMAN	#5	SUNY Cortland	12.45	(0.2)	4/22
5		Sarah LEVINE	#4	SUNY Brockport	12.49	(-1.3)	4/23
6		Amerrah HORNE-VADEN	#16	Houghton	12.50	(1.1)	3/17
7		Laura MEADE	#9	Utica	12.52w	(3.0)	4/16
7		Taylor HUNTER	#5	SUNY Cortland	12.52	(0.2)	4/22
9		Susan BANSBACH	#2	Rochester (N.Y.)	12.58w	(2.9)	3/25
9		Ciarra FRANZ	#6	St. John Fisher	12.58w	(3.6)	4/11

Women's 100 Meter Hurdles

1	7	Gwen SHEPARDSON	#1	SUNY Geneseo	14.17w	(2.9)	4/11
2	21	Logan BRUCE	#3	Ithaca	14.51	(-0.3)	4/23
3	34	Ciarra FRANZ	#6	St. John Fisher	14.66	(0.9)	4/23
4	46	Ashley HEFFERNAN	#2	Rochester (N.Y.)	14.90	(1.2)	4/30
5	58	Marissa DISPENZA	#8	RIT	15.03	(1.2)	4/30
6	82	Laura SUPPA	#5	SUNY Cortland	15.35w	(2.9)	4/22
7	85	Glory ODEH	#20	Lehman	15.38w	(2.7)	4/28
8	99	Adriana STRAUGHTER	#1	SUNY Geneseo	15.46	(-0.3)	4/23
9		Kelsie NALDRETT	#4	SUNY Brockport	15.50	(1.2)	4/30
10		Eileen BEQUETTE	#2	Rochester (N.Y.)	15.56	(-0.2)	4/8

Women's 200 Meters

1	25	Tia JONES	#3	Ithaca	24.94	(-1.2)	4/2
2	37	Isre'al CONERLY	#10	NYU	25.05w	(3.0)	4/23
3	41	Jenna STRICKLAND	#1	SUNY Geneseo	25.06	(2.0)	4/11
4	54	Susan BANSBACH	#2	Rochester (N.Y.)	25.20	(1.2)	3/25
4	54	Madeline O'CONNELL	#2	Rochester (N.Y.)	25.20	(-0.2)	4/23
6	60	Mackenzie MIX	#9	Utica	25.26w	(3.6)	4/16
7	66	Marissa WISE	#4	SUNY Brockport	25.31	(1.3)	4/30
8	70	Madison MULDER	#1	SUNY Geneseo	25.35	(2.0)	4/11
9		Katelyn HUTCHISON	#3	Ithaca	25.68	(-0.2)	4/23
10		Sarah LEVINE	#4	SUNY Brockport	25.72	(0.6)	4/14

Women's 400 Meters

1	2	Madison MULDER	#1	SUNY Geneseo	55.10		4/11
2	3	Madeline O'CONNELL	#2	Rochester (N.Y.)	55.38		4/8
3	7	Susan BANSBACH	#2	Rochester (N.Y.)	55.98		4/23
4	13	Anna FLAITS	#1	SUNY Geneseo	56.67		4/23
5	23	Isre'al CONERLY	#10	NYU	57.17		4/23
6	28	Samantha SHEA	#6	St. John Fisher	57.44		4/23
7	31	Kristin HARDY	#2	Rochester (N.Y.)	57.60		4/23
8	36	Katelyn HUTCHISON	#3	Ithaca	57.74		4/14
9	42	Grace WRIGHT	#6	St. John Fisher	57.87		4/23
10	49	Brenna JOHNSON	#7	Nazareth	58.02		4/22

Women's 400 Meter Hurdles

1	5	Gwen SHEPARDSON	#1	SUNY Geneseo	1:01.22		4/14
2	10	Marissa DISPENZA	#8	RIT	1:03.03		4/22
3	15	Samantha BECKER	#5	SUNY Cortland	1:03.42		4/22
4	25	Clara SENSINI	#14	Buffalo State	1:04.30		4/8
5	26	Allyn MADDEN	#1	SUNY Geneseo	1:04.34		4/30
6	40	Elizabeth LIRIANO	#5	SUNY Cortland	1:05.06		4/30
7	83	Fiona KELLEHER	#10	NYU	1:06.74		4/23
8	85	Laura MEADE	#9	Utica	1:06.77		4/16
9	96	Claire LENIHAN	#1	SUNY Geneseo	1:07.01		4/30
10	E+0: Luca	PECORA	#3	Ithaca	1:07.18		4/14

Women's 800 Meters

1	30	Lisa PINK	#2	Rochester (N.Y.)	2:14.60		4/30
2	34	Windsor ARDNER	#1	SUNY Geneseo	2:15.15		4/23
3	40	Tess DUIGNAN	#1	SUNY Geneseo	2:15.48		4/14
4	59	Susan BANSBACH	#2	Rochester (N.Y.)	2:16.65		4/1
5	79	Paloma DEMONTE	#3	Ithaca	2:17.96		4/14
6	80	Katerina SALCEDO	#13	SUNY Delhi	2:18.02		4/14
7	90	Raechel ZIELINSKI	#1	SUNY Geneseo	2:18.26		4/14
8		Marcie HOGAN	#1	SUNY Geneseo	2:19.31		4/1
9		Eileen BEQUETTE	#2	Rochester (N.Y.)	2:19.72		4/23
10		Nieve MAHOOD	#1	SUNY Geneseo	2:19.77		4/14

Women's 1500 Meters

1	15	Windsor ARDNER	#1	SUNY Geneseo	4:35.19		4/14
2	41	Marcie HOGAN	#1	SUNY Geneseo	4:39.64		4/14
3	87	Lisa PINK	#2	Rochester (N.Y.)	4:44.60		4/8
4		Kaitlyn GROSSMAN	#1	SUNY Geneseo	4:45.77		4/1
5		Penelope GREENE	#1	SUNY Geneseo	4:45.82		4/8
6		Erin EIVERS	#1	SUNY Geneseo	4:46.09		4/14
7		Kathleen MCCAREY	#1	SUNY Geneseo	4:46.91		4/8
8		Catherine ZAMROZ	#5	SUNY Cortland	4:47.68		4/1
9		Mia SCHIEL	#12	Hamilton	4:47.78		4/30
10		Lauren LOBDELL	#3	Ithaca	4:48.00		4/14

Women's Steeplechase

1	4	Rachel HIRSCHKIND	#1	SUNY Geneseo	10:42.73		4/14
2	40	Kaitlyn GROSSMAN	#1	SUNY Geneseo	11:25.55		4/23
3	75	Betsy OVERSTRUM	#12	Hamilton	11:42.04		4/9
4	91	Rachel CASTELLO	#5	SUNY Cortland	11:48.67		4/14
5		Elizabeth GREENE	#12	Hamilton	11:55.16		4/2
6		Katherine BENNINGER	#2	Rochester (N.Y.)	11:59.38		4/30
7		Veronica DAILY	#4	SUNY Brockport	12:00.68		4/1
8		Katie COBOS	#8	RIT	12:03.56		4/1
9		Jade DENING	#9	Utica	12:06.76		4/9
10		Kassidy MANKE	#14	Buffalo State	12:13.79		4/30



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Women's 5000 Meters

1	15	Kathleen MCCAREY	#1	SUNY Geneseo	16:53.54	4/1
2	35	Windsor ARDNER	#1	SUNY Geneseo	17:17.62	4/23
3	42	Rachel HIRSCHKIND	#1	SUNY Geneseo	17:27.20	4/23
4	47	Penelope GREENE	#1	SUNY Geneseo	17:30.43	4/14
5	68	Kaitlyn GROSSMAN	#1	SUNY Geneseo	17:41.18	4/30
6	82	Marcie HOGAN	#1	SUNY Geneseo	17:47.87	4/23
7		Camryn MENNINGER	#10	NYU	17:59.40	4/15
8		Ava FOWLER	#3	Ithaca	17:59.81	4/23
9		Erin EIVERS	#1	SUNY Geneseo	18:00.98	4/23
10		Greta FLANAGAN	#1	SUNY Geneseo	18:03.67	4/14

Women's 10,000 Meters

1	2	Kathleen MCCAREY	#1	SUNY Geneseo	34:26.95	4/14
2	53	Camryn MENNINGER	#10	NYU	37:44.83	4/23
3	68	Ava FOWLER	#3	Ithaca	38:10.50	4/14
4	79	Emily MILLER	#1	SUNY Geneseo	38:24.99	4/14
5	96	Megan FRANCOEUR	#11	SUNY Oneonta	38:51.55	4/22
6	100	Kylie OBLAK	#12	Hamilton	38:58.46	3/25
7		Riley COREY	#6	St. John Fisher	39:12.24	4/22
8		Katherine VOGEL	#1	SUNY Geneseo	39:37.64	4/23
9		Erin PERCY	#8	RIT	39:42.78	4/1
10		Kerry FLOWER	#4	SUNY Brockport	39:47.53	4/23

Women's 4x100 Relay

1	10	Kate ISAAC, Susan BANSBACH, Ashley HEFFERNAN, Madeline O'CONNELL	#2	Rochester (N.Y.)	47.66	4/23
2	13	Laura ZOPF, Jenna STRICKLAND, Madison MULDER, Gwen SHEPARDSON	#1	SUNY Geneseo	47.78	4/11
3	26	Satin HOLMES, Marissa WISE, Aniya MCGHIE, Sarah LEVINE	#4	SUNY Brockport	48.24	4/23
4	32	Sara BROWN, Katelyn HUTCHISON, Logan BRUCE, Tia JONES	#3	Ithaca	48.39	4/9
5	47	Ciarra FRANZ, Samantha SHEA, Grace WRIGHT, Michaela KURBS	#6	St. John Fisher	48.68	4/22
6	56	Sabrina RICHARDS, Katerina SALCEDO, Jaylynn SHEPPARD, Kadie-Ann WHYTE	#13	SUNY Delhi	48.91	4/30
7	97	Faith NELSON, Alyssa LABELLE, Autumn PITTMAN, Taylor HUNTER	#5	SUNY Cortland	49.89	4/9
8		Laura MEADE, Mackenzie MIX, Ayjah CLARKE, Alexis COLE	#9	Utica	49.96	4/2
9		Hope OBOLANLE, Michelle WU, Hyla MOSHER, Nina SHAIKH	#12	Hamilton	50.02	4/30
10		Marissa DISPENZA, Caroline HILL, Ava PEZZIMENTI, Allison REGNANTE	#8	RIT	50.58	4/30



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Women's 4x400 Relay

1	1	Madeline O'CONNELL, Eileen BEQUETTE, Kristin HARDY, Susan BANSBACH	#2	Rochester (N.Y.)	3:45.24	4/30
2	9	Jenna STRICKLAND, Anna FLAITS, Gwen SHEPARDSON, Madison MULDER	#1	SUNY Geneseo	3:50.84	4/28
3	30	Abbey SZUMLOZ, Brenna JOHNSON, Lauren BENDALL, Elizabeth DECKER	#7	Nazareth	4:00.99	4/23
4	54	Grace WRIGHT, Emma WRIGHT, Breanna LAMBERT, Samantha SHEA	#6	St. John Fisher	4:04.42	4/14
5	67	Emily MCGRATH, Katherine DOWNEY, Katelyn HUTCHISON, Logan BRUCE	#3	Ithaca	4:06.30	4/28
6	94	Samantha BECKER, Katherine MCDOWELL, Katherine BURGESS, Elizabeth LIRIANO	#5	SUNY Cortland	4:10.09	4/22
7	97	Victoria FLORCZAK, Brooklyn LAWRENCE, Khia LASTER, Clara SENSINI	#14	Buffalo State	4:10.38	4/22
8		Marissa DISPENZA, Caroline HILL, Sierra KEGLER, Kristen MCDONOUGH	#8	RIT	4:13.65	4/22
9		Sabrina RICHARDS, Jaylynn SHEPPARD, Kadie-Ann WHYTE, Katerina SALCEDO	#13	SUNY Delhi	4:13.80	4/23
10		Eva ZEPEDA, Ella DEPHILLIPS, Danielle JACKSON, Taylor JOHNSON	#11	SUNY Oneonta	4:14.15	4/22

Women's High Jump

1	5	Danielle FISK	#5	SUNY Cortland	1.70m	5-7	4/22
2	19	Logan BRUCE	#3	Ithaca	1.65m	5-5	4/23
3	28	Charly SLUSSER	#3	Ithaca	1.63m	5-4¼	4/23
4	33	Jenna BERRY	#1	SUNY Geneseo	1.62m	5-3¾	4/11
5	43	Sarah KILLIP	#4	SUNY Brockport	1.61m	5-3¼	4/8
6	54	Michaela LEVESQUE	#4	SUNY Brockport	1.60m	5-3	4/30
6	54	Hayden WILLIAMSON	#16	Houghton	1.60m	5-3	4/22
8	71	Laura SUPPA	#5	SUNY Cortland	1.59m	5-2½	4/22
9	76	Halle KING	#4	SUNY Brockport	1.58m	5-2¼	4/8
9	76	Ezri SCOTT	#10	NYU	1.58m	5-2¼	4/23

Women's Pole Vault

1	7	Madeline O'CONNELL	#2	Rochester (N.Y.)	3.80m	12-5½	4/23
1	7	Sara ALTONEN	#3	Ithaca	3.80m	12-5½	3/25
1	7	Martha KEMP-NEILSON	#3	Ithaca	3.80m	12-5½	4/23
4	17	Meghan MATHENY	#3	Ithaca	3.71m	12-2	4/30
5	42	Anna AHLQUIST	#7	Nazareth	3.53m	11-7	4/15
6	48	Ashley HEFFERNAN	#2	Rochester (N.Y.)	3.50m	11-5¾	4/1
7	54	Andrea SHIPTON	#12	Hamilton	3.46m	11-4¼	4/9
8	85	Jamie ROSSIG	#3	Ithaca	3.36m	11-¼	4/30
9	87	Haley LERNER	#19	Fredonia	3.35m	10-11¾	4/23
10	E+0	Catherine FOX	#8	RIT	3.30m	10-9¾	4/11
10	E+0	Noelle COOLICAN	#1	SUNY Geneseo	3.30m	10-9¾	4/11

Women's Long Jump

1	7	Veronica DUELL	#6	St. John Fisher	5.81mw	19-¾ (2.6)	4/22
2	15	Michaela KURBS	#6	St. John Fisher	5.71mw	18-8¾ (3.4)	4/22
3	23	Brenna JOHNSON	#7	Nazareth	5.66mw	18-7 (2.4)	4/8
4	26	Logan BRUCE	#3	Ithaca	5.64m	18-6 (-2.3)	4/2
4	26	Chanyce POWELL	#4	SUNY Brockport	5.64m	18-6 (1.7)	4/8
6	29	Emily SALVEMINI	#1	SUNY Geneseo	5.62m	18-5¼ (1.1)	4/23
7	66	Alyssa HOOGS	#2	Rochester (N.Y.)	5.47m	17-11½ (2)	4/8
8	89	Sara BROWN	#3	Ithaca	5.38m	17-8 (0.0)	4/23
9	E+0	Halle KING	#4	SUNY Brockport	5.33m	17-6 (2.0)	4/14
10		Allyson SUROWICK	#1	SUNY Geneseo	5.32m	17-5½ (0.2)	4/23
10		Abigail MCDOWELL	#5	SUNY Cortland	5.32m	17-5½ (0.0)	4/16

Women's Triple Jump

1	11	Chanyce POWELL	#4	SUNY Brockport	11.96m	39-3 (1.2)	4/8
2	16	Katelyn JACQUES	#1	SUNY Geneseo	11.88m	38-11¾ (0)	4/23
3	34	Ally ALVIRA	#1	SUNY Geneseo	11.57m	37-11½ (1)	4/23
4	50	Isabella HEATH	#7	Nazareth	11.34m	37-2½ (0.0)	4/23
5	72	Alyssa HOOGS	#2	Rochester (N.Y.)	11.12m	36-5¾ (-0)	4/23
6	89	Mia MONTGOMERY	#4	SUNY Brockport	11.01m	36-1½ (0.0)	4/14
7	90	Hannah RAGULE	#7	Nazareth	11.00m	36-1¼ (2.0)	4/23
8	99	Ana ION	#15	Alfred	10.96m	35-11½ (0)	4/30
9		Abigail MCDOWELL	#5	SUNY Cortland	10.84m	35-6¾ (0.9)	4/16
10		Leah BASEL	#12	Hamilton	10.83m	35-6½ (1.8)	4/30

Women's Shot Put

1	20	Sarah CROCKETT	#4	SUNY Brockport	13.54m	44-5¼	4/1
2	46	Isabella FABRIZIO	#11	SUNY Oneonta	12.63m	41-5¼	4/30
3	57	Ariyahna BERNARD	#3	Ithaca	12.50m	41-¼	4/30
4	59	Jane FAHY	#9	Utica	12.48m	40-11½	4/2
5	90	Madison PALMER	#15	Alfred	12.03m	39-5¾	4/1
6		Makenna KING	#6	St. John Fisher	11.93m	39-1¾	4/11
7		Zoe CONNER	#1	SUNY Geneseo	11.91m	39-1	4/30
8		Moriah BYRD	#3	Ithaca	11.60m	38-¾	4/23
8		Maleenah ORTIZ	#4	SUNY Brockport	11.60m	38-¾	4/14
10		Kitty MESSINA	#13	SUNY Delhi	11.57m	37-11½	4/23



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Niagara

Women's Discus

1	24	Emily DIMARCO	#8	RIT	42.23m	138-7	4/11
2	41	Makenna KING	#6	St. John Fisher	41.03m	134-8	4/11
3	69	Maleenah ORTIZ	#4	SUNY Brockport	39.74m	130-5	4/23
4	71	Tirzah PILET	#8	RIT	39.72m	130-4	4/11
5	84	Cora ROSE	#2	Rochester (N.Y.)	39.23m	128-9	4/8
6	94	Gillian REEDER	#2	Rochester (N.Y.)	39.04m	128-1	4/1
7		Sarah CROCKETT	#4	SUNY Brockport	38.62m	126-9	4/30
8		Michelle UVIEGHARA	#10	NYU	38.18m	125-3	4/23
9		Ariyahna BERNARD	#3	Ithaca	37.91m	124-5	4/23
10		Jane FAHY	#9	Utica	37.59m	123-4	4/22

Women's Hammer

1	31	Sarah CROCKETT	#4	SUNY Brockport	49.56m	162-7	4/8
2	40	Liana SHAMES	#3	Ithaca	48.76m	160-0	4/23
3	43	Ellie RAMIREZ	#4	SUNY Brockport	48.59m	159-5	4/30
4	45	Alayna FREDENBURG	#4	SUNY Brockport	48.45m	159-0	4/14
5	48	Jordan LEHMAN	#6	St. John Fisher	48.13m	157-11	4/30
6	57	Lainey PORTER	#4	SUNY Brockport	47.51m	155-11	4/1
7	64	Ariyahna BERNARD	#3	Ithaca	46.99m	154-2	4/30
8	91	Gillian REEDER	#2	Rochester (N.Y.)	45.27m	148-6	4/8
9	96	Emma KINNICUTT	#4	SUNY Brockport	45.11m	148-0	4/23
10		Zoe CONNER	#1	SUNY Geneseo	44.72m	146-9	4/30

Women's Javelin

1	41	Alayna FREDENBURG	#4	SUNY Brockport	37.91m	124-5	4/1
2	59	Eileen BEQUETTE	#2	Rochester (N.Y.)	37.14m	121-10	4/23
3	60	Ayaka MACHIDA	#1	SUNY Geneseo	37.13m	121-10	4/23
4	70	Rebecca HEULER	#13	SUNY Delhi	36.64m	120-3	4/23
5	89	Kitty MESSINA	#13	SUNY Delhi	35.80m	117-6	4/23
6		Eleanor CLARKE	#19	Fredonia	34.41m	112-11	4/1
7		Moriah BYRD	#3	Ithaca	34.30m	112-7	3/25
8		Hannah MURDOCK	#11	SUNY Oneonta	33.84m	111-0	4/30
9		Gillian REEDER	#2	Rochester (N.Y.)	33.58m	110-2	4/1
10		Ellie RAMIREZ	#4	SUNY Brockport	33.42m	109-8	4/23

Women's Heptathlon

1	3	Logan BRUCE	#3	Ithaca	5,006	4/23
2	6	Eileen BEQUETTE	#2	Rochester (N.Y.)	4,715	4/23
3	22	Moriah BYRD	#3	Ithaca	4,045	4/23
4	38	Laura SUPPA	#5	SUNY Cortland	3,783	4/22
5	39	Abbey STOWELL	#3	Ithaca	3,746	4/23
6	42	Michelle FITTING	#1	SUNY Geneseo	3,689	4/23
7	46	Emma TAGGART	#17	Alfred State	3,652	4/9
8	61	Lanna WANDY	#1	SUNY Geneseo	3,508	4/23
9	62	Janelle ECKL	#1	SUNY Geneseo	3,492	4/23
10	68	Abrianna KRUGER	#1	SUNY Geneseo	3,391	4/23



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North

Women's 100 Meters

1	5	Audrey MAKOPE	#3	St. Norbert	11.96	(1.6)	4/23
2	7	Gwen ORR	#9	UW-Platteville	11.97	(1.7)	4/15
3	12	Kendra SCHUMACHER	#18	Wisconsin Luther	11.99w	(2.1)	4/10
4	18	Lexi LEFEVER	#14	UW-River Falls	12.02w	(3.9)	4/2
5	20	Sarah STELLMACH	#8	Bethel (Minn.)	12.03w	(3.4)	4/22
6	28	Emily DAWIDOWICH	#1	UW-La Crosse	12.09w	(2.5)	4/21
7	34	Birgen NELSON	#5	Gustavus Adolph	12.13w	(3.4)	4/23
8	38	Kady KOCHENDORFER	#2	UW-Eau Claire	12.15w	(3.9)	4/21
9	48	Sydney ZIMA	#3	St. Norbert	12.22	(1.6)	4/23
9	48	Tina SHELTON	#15	UW-Whitewater	12.22	(1.7)	4/15

Women's 100 Meter Hurdles

1	1	Hannah ZASTROW	#6	UW-Stout	14.05	(1.9)	4/21
2	2	Birgen NELSON	#5	Gustavus Adolph	14.06w	(2.1)	3/26
3	3	Emma LAWRENCE	#1	UW-La Crosse	14.07	(1.9)	4/21
4	13	Hannah ZENKOVICH	#1	UW-La Crosse	14.40	(1.8)	4/21
5	15	Kelsie SEALOCK	#8	Bethel (Minn.)	14.44	(-2.8)	4/27
6	31	Riley KINDT	#4	UW-Oshkosh	14.62w	(2.9)	4/9
7	42	Brooke MCDOWELL	#1	UW-La Crosse	14.80	(1.9)	4/21
8	46	Jaryn JOHANNSEN	#2	UW-Eau Claire	14.90w	(4.0)	4/21
9	52	Emilee BOOKER	#2	UW-Eau Claire	14.93	(1.8)	4/21
10	67	Christine HUGHES	#7	UW-Stevens Poin	15.14	(1.9)	4/15

Women's 200 Meters

1	5	Kendra SCHUMACHER	#18	Wisconsin Luther	24.42w	(3.6)	4/23
2	10	Gwen ORR	#9	UW-Platteville	24.65w	(3.7)	4/15
3	18	Emily DAWIDOWICH	#1	UW-La Crosse	24.78w	(2.9)	4/21
4	22	Leyna HERZOG	#7	UW-Stevens Poin	24.83w	(2.9)	4/21
5	27	Sydney ZIMA	#3	St. Norbert	24.96w	(2.4)	4/14
6	33	Lexi LEFEVER	#14	UW-River Falls	25.02w	(2.9)	4/21
7	52	Birgen NELSON	#5	Gustavus Adolph	25.19	(-3.3)	4/23
8	61	Sarah STELLMACH	#8	Bethel (Minn.)	25.27	(1.8)	4/2
9	77	Grace MAURER	#6	UW-Stout	25.44w	(2.7)	4/21
10	79	Audrey MAKOPE	#3	St. Norbert	25.45w	(2.3)	4/23

Women's 400 Meters

1	8	Maddie LEBRUN	#3	St. Norbert	56.02		4/13
2	16	Mara SCHROEDER	#1	UW-La Crosse	56.92		4/21
3	39	Elizabeth DONNELLY	#5	Gustavus Adolph	57.78		4/9
4	43	Amber JOHNSON	#1	UW-La Crosse	57.90		4/21
5	44	Kendra SCHUMACHER	#18	Wisconsin Luther	57.94		4/23
6	53	Daijah BROWN	#3	St. Norbert	58.06		4/23
7	55	Grace MAURER	#6	UW-Stout	58.10		4/21
8	57	Hannah SANKEY	#8	Bethel (Minn.)	58.21		4/9
9	62	Sarah STELLMACH	#8	Bethel (Minn.)	58.36		4/9
10	77	Mikayla TUREK	#8	Bethel (Minn.)	58.75		4/9

Women's 400 Meter Hurdles

1	1	Emma LAWRENCE	#1	UW-La Crosse	1:00.37		4/27
2	6	Birgen NELSON	#5	Gustavus Adolph	1:01.93		4/27
3	11	Melanie KUNZE	#1	UW-La Crosse	1:03.10		4/29
4	29	Brooke MCDOWELL	#1	UW-La Crosse	1:04.56		4/29
5	30	Grace ROBINSON	#17	Carthage	1:04.57		4/29
6	33	Mikayla TUREK	#8	Bethel (Minn.)	1:04.78		4/22
7	72	Jessica BUSS	#9	UW-Platteville	1:06.32		4/15
8	79	Jaryn JOHANNSEN	#2	UW-Eau Claire	1:06.51		4/15
9	86	Hannah HOLM	#1	UW-La Crosse	1:06.82		4/21
10	99	Ashley BARTELT	#7	UW-Stevens Poin	1:07.14		4/15

Women's 800 Meters

1	5	Elizabeth DONNELLY	#5	Gustavus Adolph	2:10.56		3/26
2	22	Zanzie DEMCO	#4	UW-Oshkosh	2:13.12		4/29
3	29	Anna SCHUETH	#2	UW-Eau Claire	2:14.55		4/21
4	31	Katie BANIE	#1	UW-La Crosse	2:14.77		4/9
5	36	Alexandra MADDUX	#16	Hamline	2:15.29		4/22
6	43	Maddie HANNAN	#1	UW-La Crosse	2:15.55		4/9
7	44	Libby GEISNESS	#4	UW-Oshkosh	2:15.69		4/29
8	60	Annessa IHDE	#8	Bethel (Minn.)	2:16.78		4/22
9	65	Cyna MADIGAN	#4	UW-Oshkosh	2:17.09		4/9
10	95	Alex BRULEY	#3	St. Norbert	2:18.59		4/30

Women's 1500 Meters

1	4	Zanzie DEMCO	#4	UW-Oshkosh	4:27.14		4/27
2	13	Fiona SMITH	#10	Saint Benedict	4:34.06		4/23
3	17	Clara MAYFIELD	#13	Carleton	4:35.33		4/23
4	19	Elizabeth DONNELLY	#5	Gustavus Adolph	4:35.63		4/2
5	26	Maddie HANNAN	#1	UW-La Crosse	4:37.56		4/21
6	33	Carolyn SHULT	#2	UW-Eau Claire	4:38.68		4/21
7	39	Emma MALOOLY	#1	UW-La Crosse	4:39.57		4/21
8	50	Anna SCHUETH	#2	UW-Eau Claire	4:40.77		4/9
9	80	Brooke WELLHAUSEN	#7	UW-Stevens Poin	4:43.79		4/21
10	82	Alexandra MADDUX	#16	Hamline	4:43.92		4/30

Women's Steeplechase

1	5	Emma MALOOLY	#1	UW-La Crosse	10:50.47		4/27
2	27	Maddy VANTASSEL	#1	UW-La Crosse	11:17.00		4/9
3	46	Elizabeth REDDEMAN	#11	Carroll (Wis.)	11:27.86		4/10
4	57	Brooke WELLHAUSEN	#7	UW-Stevens Poin	11:35.88		4/15
5	61	Paige ALLEMANN	#7	UW-Stevens Poin	11:37.19		4/2
6	64	Tracy RENIER	#10	Saint Benedict	11:37.85		4/9
7	66	Meygan BENZING	#4	UW-Oshkosh	11:38.75		4/9
8	70	McKayla FELTON	#6	UW-Stout	11:39.90		4/21
9	77	Kirstie RAMSEY	#9	UW-Platteville	11:42.70		4/22
10	78	Ari DE LA CERDA	#15	UW-Whitewater	11:43.14		4/10



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Women's 5000 Meters

1	3	Fiona SMITH	#10 Saint Benedict	16:16.54	4/27
2	6	Clara MAYFIELD	#13 Carleton	16:33.04	4/27
3	20	Ashton KEENE	#4 UW-Oshkosh	16:57.27	4/15
4	26	Rachel KROUSE	#7 UW-Stevens Poin	17:04.19	4/15
5	31	Emma MALOOLY	#1 UW-La Crosse	17:14.11	4/15
6	49	Carolyn SHULT	#2 UW-Eau Claire	17:31.29	4/15
7	50	Alison BODE	#12 St. Olaf	17:31.38	4/13
8	51	Maddie HANNAN	#1 UW-La Crosse	17:31.86	4/15
9	56	Rachel JEFFERS	#1 UW-La Crosse	17:36.26	4/15
10	60	Maddy VANTASSEL	#1 UW-La Crosse	17:37.36	4/15

Women's 10,000 Meters

1	3	Fiona SMITH	#10 Saint Benedict	34:33.37	4/9
2	5	Clara MAYFIELD	#13 Carleton	34:41.51	4/9
3	9	Rachel KROUSE	#7 UW-Stevens Poin	35:21.11	4/21
4	14	Ashton KEENE	#4 UW-Oshkosh	35:43.87	4/1
5	28	Katie FARIS	#2 UW-Eau Claire	36:44.21	4/21
6	32	Rachel JEFFERS	#1 UW-La Crosse	36:49.71	4/21
7	37	Sofia CARLSON	#12 St. Olaf	37:09.32	4/27
8	38	Maddy VANTASSEL	#1 UW-La Crosse	37:13.45	4/21
9	41	Naomi LONG	#2 UW-Eau Claire	37:22.03	4/21
10	44	Kendall MARKS	MSOE	37:30.85	4/21

Women's 4x100 Relay

1	4	Jessica STELZNER, Haley DURST, Emma LAWRENCE, Emily DAWIDOWICH	#1 UW-La Crosse	47.09	4/21
2	11	Megan BEST, Gianna KORNAUS, Erin JOHNSON, Kady KOCHENDORFER	#2 UW-Eau Claire	47.71	4/21
3	23	Sydney ZIMA, Nicole MAKOPE, Addison LUND, Audrey MAKOPE	#3 St. Norbert	48.11	4/23
4	48	Molly GREENINGER, Mikayla JACKSON, Rachel CASTELLI, Riley KINDT	#4 UW-Oshkosh	48.69	4/21
5	49	Danielle MILLER, Birgen NELSON, Megan GERAETS, Kate CARLSON	#5 Gustavus Adolphi	48.71	4/9
6	50	Sarah HANSEN, Lexi LEFEVER, Kimi ROBERTSON, Sarah LANGLOIS	#14 UW-River Falls	48.76	4/21
7	59	Dacoda SPEIDEL, Tiana JOHNSON, Hailey JOHNSON, Kate GALLAGHER	#10 Saint Benedict	48.97	4/13
8	63	Gracie HOLLAND, Tina SHELTON, Kylie JACOBS, Jacqueline KORNOWSKI	#15 UW-Whitewater	49.08	4/10
9	64	Jenna ERICKSON, Payton RAHN, Emma SPALDING, Kara BLOCK	#22 Ripon	49.12	4/27
10	67	Caitlin KRAVICK, Anetha VOGELE, Christine HUGHES, Leyna HERZOG	#7 UW-Stevens Poin	49.18	4/21



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Women's 4x400 Relay

1	3	Amber JOHNSON, Katie BANIE, Hannah ZENKOVICH, Mara SCHROEDER	#1	UW-La Crosse	3:47.81	4/27
2	10	Hannah SANKEY, Britta NORDBERG, Mikayla TUREK, Kelsie SEALOCK	#8	Bethel (Minn.)	3:50.97	4/27
3	22	Daijah BROWN, Julie DUNKEL, Maddie LEBRUN, Kennedy MARQUARDT	#3	St. Norbert	3:58.16	3/24
4	29	Savana BURG, Esme REINDERS, Ashley BARTELT, Anetha VOGELE	#7	UW-Stevens Poin	4:00.63	4/21
5	37	Cassidy EIERS, Jane KAUTZ, Jaryn JOHANNSEN, Emilee BOOKER	#2	UW-Eau Claire	4:02.28	4/29
6	58	Katelyn KNAPP, Kiley LEHMAN, Claire EBERTOWSKI, Grace MAURER	#6	UW-Stout	4:04.63	4/9
7	74	Ashlee MUELLER, Brooke GRAESSLIN, Grace WEIDE, Kendra SCHUMACHER	#18	Wisconsin Luther	4:07.38	4/23
8	85	Lucy HOELSCHER, Ellie LOGELIN, Alexandra MADDUX, Lindsey BERNARDY	#16	Hamline	4:09.02	3/18
9	87	Alaina WAGNER, Cyna MADIGAN, Libby GEISNESS, Vanessa JENNEMAN	#4	UW-Oshkosh	4:09.34	4/9
10	92	Jessica BUSS, Kaitlyn GALGON, Lindsey BARNES, Margaret RUSCH	#9	UW-Platteville	4:09.92	4/9

Women's High Jump

1	28	Hannah ZASTROW	#6	UW-Stout	1.63m	5-4¼	4/9
2	43	Olivia OWENS	#1	UW-La Crosse	1.61m	5-3¼	4/15
2	43	Macie TODD	#1	UW-La Crosse	1.61m	5-3¼	4/21
2	43	Emily WILLIAMS	#2	UW-Eau Claire	1.61m	5-3¼	4/21
5	76	Rachel AMOTH	#1	UW-La Crosse	1.58m	5-2¼	4/9
6	88	Liz KALK	#25	Beloit	1.57m	5-1¾	4/22
6	88	Riley KINDT	#4	UW-Oshkosh	1.57m	5-1¾	4/21
6	88	Lauren ROTTIER	#3	St. Norbert	1.57m	5-1¾	4/21
6	88	Hannah ZENKOVICH	#1	UW-La Crosse	1.57m	5-1¾	4/21
10		Alia VANDERHOEF	#1	UW-La Crosse	1.56m	5-1¼	4/15
10		Allison ANDERSON	#1	UW-La Crosse	1.56m	5-1¼	4/15
10		Ella WILLIAMSON	#2	UW-Eau Claire	1.56m	5-1¼	4/15

Women's Pole Vault

1	6	Gracie HOLLAND	#15	UW-Whitewater	3.81m	12-6	4/15
2	10	Grace KOWALKOWSKI	#3	St. Norbert	3.79m	12-5¼	3/26
3	28	Teresa PETTITT- KENNEY	#12	St. Olaf	3.62m	11-10½	4/30
3	28	Kimi ROBERTSON	#14	UW-River Falls	3.62m	11-10½	4/30
5	30	Ashley O'CONNELL	#1	UW-La Crosse	3.61m	11-10	4/29
5	30	Abby MEIDL	#1	UW-La Crosse	3.61m	11-10	4/29
5	30	Liz MISSIAEN	#1	UW-La Crosse	3.61m	11-10	4/29
8	34	Hannah GROSSE	#24	Macalester	3.60m	11-9¾	4/9
9	42	Kalli Jo KLOCKE	#14	UW-River Falls	3.53m	11-7	4/21
9	42	Grace MENZIA		MSOE	3.53m	11-7	4/21
9	42	Caroline GEARIN	#20	Saint Mary's (Mini	3.53m	11-7	4/21

Women's Long Jump

1	5	Lexi LEFEVER	#14	UW-River Falls	5.87mw	19-3¼ (2.5)	4/21
2	17	Sydney ZIMA	#3	St. Norbert	5.69m	18-8 (1.5)	4/23
3	20	Hannah MILLER	#6	UW-Stout	5.68mw	18-7¾ (3.5)	4/21
4	26	Jessica STELZNER	#1	UW-La Crosse	5.64mw	18-6 (3.0)	4/21
5	29	Sydney SPAETH	#3	St. Norbert	5.62mw	18-5¼ (2.2)	4/30
5	29	Jailyn ROBINSON	#16	Hamline	5.62m	18-5¼ (0.6)	3/18
5	29	Hannah ZENKOVICH	#1	UW-La Crosse	5.62mw	18-5¼ (3.7)	4/21
8	35	Nicole MAKOPE	#3	St. Norbert	5.60m	18-4½ (1.2)	4/28
9	39	Riley KINDT	#4	UW-Oshkosh	5.58mw	18-3¾ (2.3)	4/9
10	53	Annika MULLER	#12	St. Olaf	5.52mw	18-1½ (2.6)	4/22

Women's Triple Jump

1	4	Samantha BARRETT	#1	UW-La Crosse	12.14mw	39-10 (3.9)	4/21
2	12	Miah KELLER	#1	UW-La Crosse	11.92mw	39-1¼ (2.4)	4/21
3	16	Kady KOCHENDORFER	#2	UW-Eau Claire	11.88m	38-11¾ (-0)	4/27
4	20	Sydney SPAETH	#3	St. Norbert	11.82mw	38-9½ (2.8)	4/23
5	22	Hannah MILLER	#6	UW-Stout	11.77mw	38-7½ (3.9)	4/21
6	35	Kylah FREDERIXON	#1	UW-La Crosse	11.56mw	37-11¼ (2.)	4/21
7	38	Jessica STELZNER	#1	UW-La Crosse	11.50mw	37-8¾ (2.5)	4/21
8	46	Journey AMUNDSON	#24	Macalester	11.37mw	37-3¾ (2.5)	4/22
9	47	Madi KES	#5	Gustavus Adolph	11.36m	37-3¼ (1.4)	4/30
10	51	MacKenzie CAVES		MSOE	11.32mw	37-1¾ (3.8)	4/21

Women's Shot Put

1	1	Brianna LEAHY	#9	UW-Platteville	15.34m	50-4	4/22
2	2	Skye DIGMAN	#1	UW-La Crosse	14.66m	48-1¼	4/21
3	5	Catie FOBBE	#2	UW-Eau Claire	14.34m	47-¾	4/15
4	7	Annika POE	#5	Gustavus Adolph	14.19m	46-6¾	4/2
5	8	Vanessa UITENBROEK	#11	Carroll (Wis.)	14.00m	45-11¼	4/22
6	15	Brenna NOON	#9	UW-Platteville	13.57m	44-6¼	4/15
7	16	Mackenzie HUBER	#6	UW-Stout	13.55m	44-5½	4/13
8	23	Alexis MATTOX	#17	Carthage	13.36m	43-10	4/14
9	24	Cayle HOVLAND	#19	Concordia Moorh	13.35m	43-9¾	4/29
10	28	Aleah KESKE	#12	St. Olaf	13.05m	42-9¾	4/9



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North

Women's Discus

1	1	Gabby HICKS	#2	UW-Eau Claire	49.21m	161-6	4/29
2	3	Vanessa UITENBROEK	#11	Carroll (Wis.)	47.06m	154-5	4/29
3	9	Kayla BEHNKE	#2	UW-Eau Claire	44.12m	144-9	4/15
4	11	Evelyn WALKER	#2	UW-Eau Claire	44.08m	144-8	4/29
5	12	Brianna LEAHY	#9	UW-Platteville	44.07m	144-7	4/29
6	15	Nicole TARPLEY	#17	Carthage	43.59m	143-0	4/23
7	16	Jenneel RODNEY	#16	Hamline	43.42m	142-6	4/9
8	21	Skye DIGMAN	#1	UW-La Crosse	42.59m	139-9	4/9
9	27	Brilyn BRECKA	#7	UW-Stevens Poin	41.91m	137-6	4/10
10	32	Jenica MOES	#23	Minnesota Morris	41.42m	135-11	4/29

Women's Hammer

1	4	Emily UITENBROEK	#11	Carroll (Wis.)	57.54m	188-10	4/22
2	9	Skye DIGMAN	#1	UW-La Crosse	53.38m	175-2	4/15
3	10	Alexis MATTOX	#17	Carthage	53.31m	174-11	4/10
4	12	Demi PLOOR	#6	UW-Stout	52.50m	172-3	3/18
5	13	Leah SURPRENANT	#1	UW-La Crosse	52.30m	171-7	4/21
6	16	Jamie PANKRATZ	#11	Carroll (Wis.)	52.01m	170-8	4/9
7	19	Jenneel RODNEY	#16	Hamline	51.31m	168-4	4/2
8	24	Brenna MASLOROFF	#4	UW-Oshkosh	50.28m	165-0	4/2
9	27	Lily BENEKE		St. Scholastica	50.17m	164-7	4/30
10	35	Catie FOBBE	#2	UW-Eau Claire	49.11m	161-2	4/9

Women's Javelin

1	6	Anna SWANSON	#20	Saint Mary's (Mini	42.99m	141-1	3/23
2	24	Bryana LEVERENTZ	#21	St. Catherine (Mir	39.78m	130-6	4/27
3	28	Jenica MOES	#23	Minnesota Morris	39.49m	129-7	4/21
4	33	Cara VOLZ	#4	UW-Oshkosh	38.39m	126-0	4/29
5	36	Lauren ROTTIER	#3	St. Norbert	38.14m	125-2	4/21
6	37	Gabby JOHNSON	#1	UW-La Crosse	38.11m	125-1	4/29
7	53	Maya HIELSCHER		Concordia Wiscoi	37.24m	122-2	4/23
8	79	Rachel ERICKSON	#5	Gustavus Adolphi	36.21m	118-10	4/27
9	87	Hannah MILLER	#6	UW-Stout	35.86m	117-8	4/9
10		Erika GOSCH		Martin Luther	34.88m	114-5	4/8

Women's Heptathlon

1	2	Hannah ZENKOVICH	#1	UW-La Crosse	5,033	4/21
2	8	Lauren ROTTIER	#3	St. Norbert	4,546	4/21
3	9	Riley KINDT	#4	UW-Oshkosh	4,480	4/21
4	17	Emilee BOOKER	#2	UW-Eau Claire	4,223	4/21
5	20	Allison ANDERSON	#1	UW-La Crosse	4,101	4/21
6	21	Jane KAUTZ	#2	UW-Eau Claire	4,056	4/21
7	25	Peyton SELLE	#19	Concordia Moorh	4,024	4/9
8	28	Emma GRUEN	#2	UW-Eau Claire	3,990	4/21
9	29	Gabby SEMERAD	#2	UW-Eau Claire	3,976	4/21
10	36	Grace BLANCHETTE	#13	Carleton	3,801	3/24



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South

Women's 100 Meters

1	3	Adalia COLEMAN	#7 Bridgewater (Va.)	11.90	(0.9)	4/29
2	7	Katelyn GAMBLE	#4 Washington and I	11.97w	(3.6)	3/18
3	12	Mariah BROOKS	#17 North Carolina W	11.99	(1.6)	4/20
4	34	Kacee HOOKER	#7 Bridgewater (Va.)	12.13w	(3.6)	3/18
5	52	Abigail KINOSHITA	#8 Southern Virginia	12.25	(1.6)	4/20
5	52	Aniya SEWARD	#1 Lynchburg	12.25	(1.6)	4/29
7	61	Kendra OGUAMENA	#21 Eastern Mennonit	12.29w	(2.8)	4/15
8	73	Monasia TAYLOR	#14 Birmingham-Sou	12.33	(1.2)	4/29
9	78	Maddie CHANDLER	#3 Rhodes	12.36w	(3.3)	4/29
9	78	Eleanor HINCKLEY	#6 Roanoke	12.36	(1.9)	4/15
9	78	Kaya BINETTI	#2 Emory	12.36	(0.2)	4/23

Women's 100 Meter Hurdles

1	6	Aniya SEWARD	#1 Lynchburg	14.11	(1.9)	4/29
2	22	Hannah SNODGRASS	#6 Roanoke	14.56w	(3.2)	3/18
3	33	Alyssa ROACH	#5 Christopher Newj	14.65w	(3.2)	4/15
4	37	Jailah LOVING	#14 Birmingham-Sou	14.74	(1.2)	4/29
5	75	Deziree CONKLIN	#16 Marymount (Va.)	15.21	(1.9)	4/14
6	86	McKaley YOST	#2 Emory	15.39w	(3.8)	3/18
6	86	Amanda ROMANO	#4 Washington and I	15.39w	(2.9)	3/25
8	88	Clare MARSH	#13 Catholic (D.C.)	15.41	(1.9)	4/23
9	90	Claire EVANS	#2 Emory	15.42w	(2.4)	3/18
10	91	Cammi WINSTON	#6 Roanoke	15.43	(1.9)	4/29

Women's 200 Meters

1	7	Adalia COLEMAN	#7 Bridgewater (Va.)	24.58	(1.7)	4/15
2	36	Mariah BROOKS	#17 North Carolina W	25.04	(1.9)	4/20
3	37	Katelyn GAMBLE	#4 Washington and I	25.05	(1.2)	4/29
4	41	Aniya SEWARD	#1 Lynchburg	25.06w	(2.4)	4/15
5	43	Kacee HOOKER	#7 Bridgewater (Va.)	25.08	(1.7)	4/15
6	52	Abigail KINOSHITA	#8 Southern Virginia	25.19	(1.9)	4/20
7	68	Jessica BARBAROSH	#2 Emory	25.32w	(2.6)	4/23
8	75	Jaylyn LANE	#12 Virginia Wesleyan	25.41	(0.4)	4/29
9	83	Kaya BINETTI	#2 Emory	25.47w	(3.0)	4/23
10	90	Eleanor HINCKLEY	#6 Roanoke	25.51w	(2.1)	4/29

Women's 400 Meters

1	20	Kacee HOOKER	#7 Bridgewater (Va.)	57.14		4/29
2	40	Dashiel TAO HARRIS	#2 Emory	57.79		4/23
3	48	Libby RANOCHA	#2 Emory	58.00		4/23
4	51	Mikayla HEFFERON	#6 Roanoke	58.04		4/29
5	53	Kamryn BENDOLPH	#14 Birmingham-Sou	58.06		4/29
6	63	Ashaunti BARNES	#23 Belhaven (Miss.)	58.37		4/28
6	63	Vuronika BARNES	#1 Lynchburg	58.37		4/29
8	96	Haylee GAMBLE	#6 Roanoke	59.16		4/15
9		Jessica CAMMARATA	#1 Lynchburg	59.27		4/29
10		Mina LEOPOLD	#2 Emory	59.45		4/29

Women's 400 Meter Hurdles

1	22	Claire EVANS	#2 Emory	1:04.17		4/15
2	31	Lizzie DAVIS	#1 Lynchburg	1:04.60		4/15
3	51	Allison BOBST	#1 Lynchburg	1:05.52		4/15
4	54	Lily LIPPERT	#6 Roanoke	1:05.66		4/1
5	55	Amanda ROMANO	#4 Washington and I	1:05.68		4/2
6	57	Alli CUNDIFF	#3 Rhodes	1:05.82		4/29
7	60	Clare MARSH	#13 Catholic (D.C.)	1:05.84		4/9
8	71	Carolina TEAGUE	Millsaps	1:06.30		4/8
9	80	Deziree CONKLIN	#16 Marymount (Va.)	1:06.54		4/9
10	89	Hannah	#6 Roanoke	1:06.87		3/25

Women's 800 Meters

1	37	Jackie WILSON	#1 Lynchburg	2:15.37		4/23
2	52	Avery SCHIFFMAN	#4 Washington and I	2:16.31		3/31
3	67	Lily TAYLOR	#2 Emory	2:17.18		4/29
4	97	Sarah Kate LIPPERD	#18 Covenant	2:18.62		3/25
5		Lauren CUNILD	#2 Emory	2:18.87		4/23
6		Libby RANOCHA	#2 Emory	2:19.45		3/25
7		Christa PACKER	#1 Lynchburg	2:19.64		3/31
8		Parker HAWK	#4 Washington and I	2:19.93		4/29
9		Jenna DALY	#2 Emory	2:20.93		4/23
10		Logan FUNK	#5 Christopher Newj	2:21.26		4/8

Women's 1500 Meters

1	34	Annika URBAN	#2 Emory	4:38.95		4/1
2	43	Avery SCHIFFMAN	#4 Washington and I	4:39.94		4/23
3	62	Stephanie BURNETT	#1 Lynchburg	4:42.36		4/15
4	69	Parker HAWK	#4 Washington and I	4:42.92		4/29
5	72	Lily TAYLOR	#2 Emory	4:43.06		4/23
6		Logan FUNK	#5 Christopher Newj	4:45.76		4/15
7		Bella RACETTE	#2 Emory	4:46.44		3/18
8		Molly SILVA	#1 Lynchburg	4:47.84		4/29
9		Samantha WITHERS	#3 Rhodes	4:48.13		4/29
10		Lauren MASSEY	#1 Lynchburg	4:48.89		4/29

Women's Steeplechase

1	12	Bayleigh REDD	#8 Southern Virginia	11:00.52		3/31
2	13	Kelsey LAGUNAS	#1 Lynchburg	11:03.36		4/29
3	43	Corrine WEAVER	Meredith	11:26.17		4/1
4	60	Savy HAUSHALTER	#2 Emory	11:36.74		4/8
5	72	Samantha WITHERS	#3 Rhodes	11:41.38		4/15
6	73	Emily SMEDS	#7 Bridgewater (Va.)	11:41.48		4/29
7	90	Mackenzie YOUNG	#7 Bridgewater (Va.)	11:47.29		4/29
8	95	Erin ATKINSON	#10 Shenandoah	11:49.64		3/31
9		Mattie PARKER	#18 Covenant	11:56.23		4/20
10		Madison SELLERS	Univ. of the South	12:01.48		4/29



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South

Women's 5000 Meters

1	22	Annika URBAN	#2	Emory	17:00.46	4/8
2	28	Bella RACETTE	#2	Emory	17:05.09	4/8
3	29	Stephanie BURNETT	#1	Lynchburg	17:08.12	3/31
4	54	Kaitlyn ARDREY	#5	Christopher Newi	17:33.22	4/15
5	74	Kelsey LAGUNAS	#1	Lynchburg	17:44.11	3/31
6	78	Logan FUNK	#5	Christopher Newi	17:46.10	3/31
7	96	Allison DELL	#1	Lynchburg	17:51.33	4/29
8		Sarah JAMES	#1	Lynchburg	17:53.09	4/29
9		Logan WARDEN	#5	Christopher Newi	17:56.81	4/15
10		Carolyn TODD	#4	Washington and I	18:05.91	3/18

Women's 10,000 Meters

1	26	Kaitlyn ARDREY	#5	Christopher Newi	36:40.52	3/31
2	54	Sarah JAMES	#1	Lynchburg	37:45.43	3/31
3	56	Carolyn TODD	#4	Washington and I	37:49.33	3/31
4	90	Sasha WILLIE	#8	Southern Virginia	38:35.73	3/31
5		Stephanie BURNETT	#1	Lynchburg	38:59.93	4/29
6		Elise MOLINARO	#4	Washington and I	39:11.38	4/29
7		Valeria ANGEL	#11	Piedmont	39:12.79	3/18
8		Emily MILLER	#10	Shenandoah	39:22.38	4/29
9		Maddy RAWLINGS	#5	Christopher Newi	39:41.99	3/31
10		Emily SMEDS	#7	Bridgewater (Va.)	39:54.31	4/29

Women's 4x100 Relay

1	18	Ella LAVELLE, Jessica BARBAROSH, Dashiel Tao HARRIS, Kaya BINETTI	#2	Emory	47.90	4/29
2	20	Kiara SMITH, Jessica CAMMARATA, Vuronika BARNES, Aniya SEWARD	#1	Lynchburg	47.93	4/29
3	24	Cassidy OLIVER, Kacee HOOKER, Haleigh HAMLIN, Adalia COLEMAN	#7	Bridgewater (Va.)	48.21	4/15
4	37	Isabel FARNSWORTH, Maddie CHANDLER, Kendra PAYNE, Alli CUNDIFF	#3	Rhodes	48.51	4/29
5	38	Leighan WILLIAMS, Emily THOMPSON, Kammann BROWN, Grace SCHUMACHER	#9	Berry	48.53	4/29
6	44	Susannah BIRLE, Jordynn PALETHORPE, Ashley D'AMBROSIA, Katelyn GAMBLE	#4	Washington and I	48.60	4/29
7	46	Niya CROCKER, Jaylyn LANE, Ashantayye DUBOIS, Destini EVANS	#12	Virginia Wesleyan	48.66	3/19
8	53	Kamryn BENDOLPH, Monasia TAYLOR, Jailah LOVING, Paige WASHINGTON	#14	Birmingham-Sou	48.81	4/29
9	57	Eleanor HINCKLEY, Savannah GHEEN, Mikayla HEFFERON, Hannah SNODGRASS	#6	Roanoke	48.93	4/29
10	75	Tiffany CAREY, Chyna ROBERTS, Brii REDFEARN, Kendra OGUAMENA	#21	Eastern Mennonit	49.43	4/29



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Women's 4x400 Relay

1	16	Lizzie DAVIS, Vuronika BARNES, Jessica CAMMARATA, Allison BOBST	#1 Lynchburg	3:55.28	3/31
2	21	Haylee GAMBLE, Lily LIPPERT, Lauren HENSON, Mikayla HEFFERON	#6 Roanoke	3:57.92	3/18
3	23	Dashiel Tao HARRIS, Libby RANOCHA, Kaya BINETTI, Hannah LANSBERRY	#2 Emory	3:58.42	4/23
4	44	Emily THOMPSON, Brianna WADDELL, Leighan WILLIAMS, Grace SCHUMACHER	#9 Berry	4:03.44	4/15
5	53	Olivia CLARKE, Isabel FARNSWORTH, Samantha WITHERS, Alli CUNDIFF	#3 Rhodes	4:04.39	4/29
6	60	Clare MARSH, Anna WALCUTT, Afua AGYEKUM, Olivia FIORE	#13 Catholic (D.C.)	4:05.30	4/1
7	93	Eleni FILLEY, Jordynn PALETHORPE, Alex PREZIOTTI, Avery SCHIFFMAN	#4 Washington and I	4:09.97	4/29
8	98	Jannah MOEDE, Jailah LOVING, Monasia TAYLOR, Kamryn BENDOLPH	#14 Birmingham-Sou	4:10.50	4/29
9		Ileyna BROOKS, Jaycie PONCE, Madalyn WILLIAMS, Jahkida DOYLE	#11 Piedmont	4:14.55	4/20
10		Kacee HOOKER, Cassidy OLIVER, Adalia COLEMAN, Mackenzie YOUNG	#7 Bridgewater (Va.)	4:14.68	4/22

Women's High Jump

1	19	Lizzie DAVIS	#1 Lynchburg	1.65m	5-5	4/29
2	33	Kamman BROWN	#9 Berry	1.62m	5-3¾	4/29
2	33	Brooke SANDY	#10 Shenandoah	1.62m	5-3¾	4/29
2	33	Lucia BERKEY	#3 Rhodes	1.62m	5-3¾	4/15
2	33	Rachel SULLIVAN	#3 Rhodes	1.62m	5-3¾	4/29
6	43	Meghan CHAFFINS	#19 Randolph	1.61m	5-3¼	4/23
7	54	Kinsey WILSON	#20 Oglethorpe	1.60m	5-3	3/25
7	54	Jilane PEDERSEN	#8 Southern Virginia	1.60m	5-3	4/20
9	71	Hannah WETZEL	#22 Gallaudet	1.59m	5-2½	4/15
10	88	Kaitlyn NGUYEN	#6 Roanoke	1.57m	5-1¾	3/18

Women's Pole Vault

1	23	Grace COLE	#3 Rhodes	3.65m	11-11¾	3/5
2	26	Kendra PAYNE	#3 Rhodes	3.63m	11-10¾	4/29
3	30	Lauren ANDERSON	#1 Lynchburg	3.61m	11-10	4/29
4	38	Allison BOBST	#1 Lynchburg	3.55m	11-7¾	3/31
5	57	Peyton BLANDING	#5 Christopher New	3.45m	11-3¾	4/23
5	57	Octavia ALLAN	#20 Oglethorpe	3.45m	11-3¾	3/25
7	82	Alex FEURER	#2 Emory	3.37m	11-¾	4/23
8	1E+0	Madison CASSIDY	#11 Piedmont	3.30m	10-9¾	4/20
9		Ticia KING	#2 Emory	3.22m	10-6¾	4/23
10		Ashley D'AMBROSIA	#4 Washington and I	3.21m	10-6¼	4/2

Women's Long Jump

1	6	Maddie CHANDLER	#3 Rhodes	5.82mw	19-1¼ (2.1)	4/15
2	12	Jaylyn LANE	#12 Virginia Wesleyan	5.74m	18-10 (0.0)	4/29
3	41	Madelyn VENABLE	#4 Washington and I	5.57mw	18-3¼ (2.6)	4/23
4	48	Kaitlin MEASELL	#10 Shenandoah	5.55m	18-2½ (0.0)	4/29
5	56	Abigail KINOSHITA	#8 Southern Virginia	5.51m	18-1 (0.2)	4/15
6	64	Aniya SEWARD	#1 Lynchburg	5.48m	17-11¾ (0.0)	4/29
7		Meghan CHAFFINS	#19 Randolph	5.30m	17-4¾ (0.0)	4/29
8		Haileigh BYRD	#24 Mary Washington	5.29m	17-4¼ (0.7)	3/19
9		Kamman BROWN	#9 Berry	5.26m	17-3¼ (0.0)	4/29
10		Deziree CONKLIN	#16 Marymount (Va.)	5.23m	17-2 (1.4)	4/23

Women's Triple Jump

1	22	Jaylyn LANE	#12 Virginia Wesleyan	11.77m	38-7½ (0.3)	4/29
2	41	Aniya SEWARD	#1 Lynchburg	11.42m	37-5¾ (0.0)	4/29
3	58	Abigail KINOSHITA	#8 Southern Virginia	11.24m	36-10½ (0.0)	4/15
4	79	Meghan CHAFFINS	#19 Randolph	11.07m	36-4 (0.1)	4/15
5	98	Cammi WINSTON	#6 Roanoke	10.97m	36-0 (0.0)	4/29
6	99	Hannah WETZEL	#22 Gallaudet	10.96m	35-11½ (0.0)	4/23
7		Kamman BROWN	#9 Berry	10.94m	35-10¾ (0.0)	4/29
8		Lizzie DAVIS	#1 Lynchburg	10.89m	35-8¾ (0.0)	4/29
8		Madelyn VENABLE	#4 Washington and I	10.89m	35-8¾ (0.6)	3/18
10		Audrey JOHNSON	#2 Emory	10.86m	35-7¾ (0.9)	4/1
10		Maddie CHANDLER	#3 Rhodes	10.86mw	35-7¾ (2.2)	3/18

Women's Shot Put

1	21	Midajah DAVIS	#22 Gallaudet	13.40m	43-11¾	4/15
2	44	Sarah FINEMAN	#2 Emory	12.68m	41-7¼	4/29
3	78	Alivia ALLEN	#15 Hendrix	12.14m	39-10	4/29
4	95	Mazie CLARK	#5 Christopher New	12.00m	39-4½	4/8
4	95	Jillian GRAY	#3 Rhodes	12.00m	39-4½	4/29
6		Grace FOWLER	#6 Roanoke	11.89m	39-¼	4/29
7		Madeleine MAHER	#8 Southern Virginia	11.87m	38-11½	4/15
8		Christian VAN NORDEN	#17 North Carolina W	11.80m	38-8¾	3/5
9		Samantha HEALY	#16 Marymount (Va.)	11.71m	38-5	4/23
10		Ciara DONEGAN	#13 Catholic (D.C.)	11.70m	38-4¾	3/19



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South

Women's Discus

1	14	Madelyn KLINKERMAN	#15	Hendrix	43.98m	144-4	4/29
2	25	Hope JACKSON	#2	Emory	42.13m	138-3	4/29
3	40	Alivia ALLEN	#15	Hendrix	41.12m	134-11	4/29
4	61	Allie FELTUS	#11	Piedmont	40.00m	131-3	4/20
5	66	Quinlin ZUNK	#4	Washington and I	39.84m	130-9	4/2
6	77	Myla BARNES		William Peace	39.48m	129-7	4/15
7	78	Mariama DIALLO	#12	Virginia Wesleyan	39.42m	129-4	4/2
8		Jelesia BROWN	#23	Belhaven (Miss.)	37.56m	123-3	4/28
9		Aaliyah THOMAS	#25	Pfeiffer	36.45m	119-7	3/25
10		Sarah FINEMAN	#2	Emory	36.41m	119-6	4/23

Women's Hammer

1	29	Alex DEVAUX	#2	Emory	49.87m	163-8	4/1
2	32	Samantha HEALY	#16	Marymount (Va.)	49.47m	162-4	4/23
3	92	Madelyn KLINKERMAN	#15	Hendrix	45.25m	148-6	4/15
4		Kiara FELSTON	#10	Shenandoah	44.68m	146-7	4/15
5		Elle BENEFIELD	#1	Lynchburg	44.14m	144-10	3/17
6		Mary HANSBROUGH	#20	Oglethorpe	43.79m	143-8	4/8
7		Elisabeth CULLEN	#6	Roanoke	43.77m	143-7	4/29
8		Peyton REES	#2	Emory	43.09m	141-5	4/23
9		Katherine STEVENS	#5	Christopher New	42.52m	139-6	4/8
10		Tonishea FORD	#25	Pfeiffer	42.42m	139-2	3/5

Women's Javelin

1	54	Evan DUET	#3	Rhodes	37.21m	122-1	4/29
2	58	Maddie CHANDLER	#3	Rhodes	37.17m	122-0	4/8
3	62	Cailin DELEO	#9	Berry	37.11m	121-9	4/29
4	67	Zoe CURTIS	#3	Rhodes	36.80m	120-9	4/29
5	68	Perryn MORGAN	#11	Piedmont	36.72m	120-6	4/29
6	74	Dana CATALANO	#2	Emory	36.45m	119-7	4/15
7		Katya HOOVER	#10	Shenandoah	35.03m	114-11	4/15
8		Jillian GUERRA	#1	Lynchburg	35.00m	114-10	4/29
9		Jilane PEDERSEN	#8	Southern Virginia	34.10m	111-11	4/20
10		Mallie TAYLOR	#14	Birmingham-Sou	33.50m	109-11	3/18

Women's Heptathlon

1	95	Alyssa ROACH	#5	Christopher New	3,090	4/8
2		Kaitlyn MCREE		Mississippi Univ. f	2,620	4/7



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West

Women's 100 Meters

1	7	Bailey FORSYTH	#4	Pacific Lutheran	11.97	(1.4)	4/22
1	7	Jasmyn CRAWFORD	#5	Whittier	11.97w	(3.3)	3/26
3	21	Rhe Nae LEACH	#5	Whittier	12.04	(1.4)	4/30
4	23	Andrea LYON	#3	Redlands (Calif.)	12.05	(0.0)	4/2
5	25	Emily ROHRER	#1	George Fox	12.06w	(2.3)	4/22
5	25	Chisom BRIGHT-OSIGWE	#25	East Texas Baptis	12.06w	(2.9)	3/26
7	31	Alexandra ACKERMAN	#3	Redlands (Calif.)	12.10	(1.1)	4/30
8	42	Shekinah OLOYEDE	#9	Colorado College	12.16w	(3.2)	4/23
9	52	Mackenzie REED	#5	Whittier	12.25w	(2.9)	3/26
9	52	McKenzie FEINGLAS	#13	Linfield	12.25	(1.8)	4/22

Women's 100 Meter Hurdles

1	8	Amelia HEWSON	#7	Whitworth	14.19	(1.1)	4/22
2	19	Caroline DELVECCHIO	#2	Claremont-Mudd	14.50	(1.9)	4/30
3	43	Mira JUNCAJ	#22	La Verne	14.83	(1.9)	4/30
4	46	Ayahna BAHATI	#1	George Fox	14.90	(1.1)	4/22
5	55	Brecken VANDENHOEK	#1	George Fox	14.98w	(3.6)	3/19
6	63	Eleanor BACHMEIER	#3	Redlands (Calif.)	15.09	(0.9)	4/30
7	68	Naj CAMPBELL	#11	McMurry	15.17	(1.9)	3/4
8	70	Jolie CAYA	#18	Cal Lutheran	15.18	(1.9)	4/30
9	72	Kayden HULQUIST	#4	Pacific Lutheran	15.19	(1.9)	4/22
10	80	Kynnedi BROWN	#6	Hardin-Simmons	15.31w	(3.3)	4/28

Women's 200 Meters

1	3	Andrea LYON	#3	Redlands (Calif.)	24.28	(0.4)	4/16
2	13	Jasmyn CRAWFORD	#5	Whittier	24.71	(1.5)	4/30
3	17	Bailey FORSYTH	#4	Pacific Lutheran	24.77	(1.0)	4/22
4	24	Rhe Nae LEACH	#5	Whittier	24.93	(0.4)	4/16
5	35	Sydney RADIGAN	#1	George Fox	25.03	(1.6)	3/19
6	37	Emily ROHRER	#1	George Fox	25.05	(1.0)	4/22
7	46	Sydney HARNESS	#3	Redlands (Calif.)	25.11	(1.5)	4/30
8	57	Alexandra ACKERMAN	#3	Redlands (Calif.)	25.24w	(2.2)	4/30
9	61	McKenzie FEINGLAS	#13	Linfield	25.27	(1.6)	4/22
10	74	Katriona KIRKPATRICK	#10	Pomona-Pitzer	25.38	(0.8)	4/9

Women's 400 Meters

1	12	Andrea LYON	#3	Redlands (Calif.)	56.60		4/16
2	33	Bethany SCHMIDT	#1	George Fox	57.63		3/26
2	33	Bayli LUKE	#21	Concordia Texas	57.63		4/15
4	38	Christina STINSON	#24	St. Thomas (Texa)	57.75		4/23
5	41	Gabriella TORRES JOUBERT	#5	Whittier	57.80		4/13
6	56	Jackilyn LEWIS	#23	Puget Sound	58.19		4/22
7	71	Angelica GATICA GOMEZ	#12	Pacific (Ore.)	58.57		4/22
8	82	Bea PIERREPONT	#9	Colorado College	59.00		4/23
9	87	CC GRAY	#8	Trinity (Texas)	59.07		4/23
10	91	Allison KREMER	#20	Chapman	59.11		4/30

Women's 400 Meter Hurdles

1	3	Bethany SCHMIDT	#1	George Fox	1:01.08		4/1
2	4	Caroline DELVECCHIO	#2	Claremont-Mudd	1:01.21		4/13
3	40	Kynnedi BROWN	#6	Hardin-Simmons	1:05.06		4/28
4	47	Kayden HULQUIST	#4	Pacific Lutheran	1:05.34		4/1
5	52	Arden NEFF	#19	Southwestern (Te	1:05.59		4/8
6	56	Julia CAUSBIE	#4	Pacific Lutheran	1:05.74		3/26
7	68	Eleanor BACHMEIER	#3	Redlands (Calif.)	1:06.11		4/16
8	69	Emily RUTKOWSKI	#12	Pacific (Ore.)	1:06.13		4/22
9	75	Esther BRUTUS	#4	Pacific Lutheran	1:06.45		4/22
10	76	Davina TORRES	#5	Whittier	1:06.47		4/2

Women's 800 Meters

1	8	Margaret TRAUTNER	#14	Caltech	2:11.51		4/9
2	18	Laura ZIMMER	#2	Claremont-Mudd	2:13.00		4/9
3	41	Michaela JONES	#10	Pomona-Pitzer	2:15.50		4/9
4	49	Hana YAMAMOTO	#15	UC Santa Cruz	2:16.28		4/13
5	54	Kayla ALMEIDA	#20	Chapman	2:16.41		4/13
6	58	Natalie BITETTI	#2	Claremont-Mudd	2:16.60		4/2
7	70	Brenna SCLAIR	#1	George Fox	2:17.48		4/16
8	71	Nikohl JORDAN	#7	Whitworth	2:17.52		4/22
9	76	Megan MALEY	#2	Claremont-Mudd	2:17.88		4/2
10	81	Madison HABECK	#8	Trinity (Texas)	2:18.06		4/23

Women's 1500 Meters

1	10	Margaret TRAUTNER	#14	Caltech	4:32.60		4/30
2	12	Natalie BITETTI	#2	Claremont-Mudd	4:33.69		3/25
3	16	Laura ZIMMER	#2	Claremont-Mudd	4:35.27		4/13
4	40	Emily CLARKE	#2	Claremont-Mudd	4:39.61		4/9
5	48	Riley HARMON	#2	Claremont-Mudd	4:40.55		4/9
6	55	Brenna SCLAIR	#1	George Fox	4:41.48		4/22
7	57	Isabella GLENN	#3	Redlands (Calif.)	4:41.52		4/2
8	58	Jenna LANGE	#10	Pomona-Pitzer	4:42.04		4/30
9	59	Genevieve DIBARI	#10	Pomona-Pitzer	4:42.24		4/9
10	76	Elana MUZZY	#15	UC Santa Cruz	4:43.55		3/19

Women's Steeplechase

1	9	Riley HARMON	#2	Claremont-Mudd	10:56.44		4/30
2	10	Isabella GLENN	#3	Redlands (Calif.)	10:56.73		4/30
3	11	Kendall ACCETTA	#9	Colorado College	10:57.54		4/23
4	35	Ash BAUDIN	#15	UC Santa Cruz	11:22.43		4/13
5	49	Ellie CATRON	#8	Trinity (Texas)	11:30.75		4/23
6	50	Kelsey VAN ALLEN	#10	Pomona-Pitzer	11:32.15		4/13
7	55	Madelyn HUBBS	#12	Pacific (Ore.)	11:34.81		3/26
8	63	Na'ama NEVO	#9	Colorado College	11:37.63		4/23
9	67	Sophie GITLIN	#2	Claremont-Mudd	11:39.30		4/30
10	71	Chloe TAYLOR	#2	Claremont-Mudd	11:41.01		4/30



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West

Women's 5000 Meters

1	13	Meredith BLOSS	#2	Claremont-Mudd	16:51.32	3/25
2	14	Emily CLARKE	#2	Claremont-Mudd	16:53.28	4/13
3	27	Riley HARMON	#2	Claremont-Mudd	17:04.52	4/13
4	36	Genevieve DIBARI	#10	Pomona-Pitzer	17:20.93	3/12
5	40	Kendall ACCETTA	#9	Colorado College	17:25.12	4/6
6	41	Elliot SINGER	#9	Colorado College	17:26.46	4/6
7	53	Brenna SCLAIR	#1	George Fox	17:32.90	4/29
8	55	Riley BUESE	#17	Lewis & Clark	17:33.64	4/29
9	69	Elana MUZZY	#15	UC Santa Cruz	17:41.32	3/31
10	81	Annie BERRY	#12	Pacific (Ore.)	17:47.85	4/29

Women's 10,000 Meters

1	4	Meredith BLOSS	#2	Claremont-Mudd	34:35.52	4/13
2	42	Riley BUESE	#17	Lewis & Clark	37:24.20	4/22
3	45	Kara PUTMAN	#12	Pacific (Ore.)	37:31.43	3/4
4	64	Anna WILGENBUSCH		Dallas	38:04.20	4/9
5	65	Claire HU	#14	Caltech	38:04.27	4/30
6	71	Sophia DALFONZO	#14	Caltech	38:10.84	4/30
7	81	Alexis WALLACE	#3	Redlands (Calif.)	38:26.25	3/12
8	89	Kara HELLAND	#1	George Fox	38:35.68	4/22
9	98	Anika KIMME	#2	Claremont-Mudd	38:54.17	4/30
10		Dafna WILLIAMS	#9	Colorado College	39:09.96	4/6

Women's 4x100 Relay

1	1	Courtney O'NEAL, Alexandra ACKERMAN, Sydney HARNESS, Andrea LYON	#3	Redlands (Calif.)	46.67	4/16
2	6	Jasmyn CRAWFORD, Gabriella TORRES JOUBERT, Mackenzie REED, Rhe Nae LEACH	#5	Whittier	47.43	4/30
3	14	Ashley KORB-DOTY, Emily ROHRER, Ayahna BAHATI, Sydney RADIGAN	#1	George Fox	47.79	4/22
4	29	Jordyn LUNGO, Amelia HEWSON, Mackenzie WARD, Alison BALL	#7	Whitworth	48.29	4/22
5	34	Kayden HULQUIST, Bailey FORSYTH, Julia CAUSBIE, Lorin COX	#4	Pacific Lutheran	48.42	4/22
6	35	Hillary CONNORS, Jerrica PACHL, Justice MCBRIDE- STEIGER, McKenzie FEINGLAS	#13	Linfield	48.49	4/22
7	51	Jada SLAINE, Abigail BRAMLETT, Kendra FISHER, Kynnedi BROWN	#6	Hardin-Simmons	48.78	4/15
8	55	Ny'Cierra HINTON, Jamaya COASTER, Clydajia WILLIAMS, Kaela SAWYERS	#24	St. Thomas (Texa)	48.85	4/23
9	60	Joy AREOLA, Jordyn WHITE, Jalynn JUSTICE, Danya SELBER	#8	Trinity (Texas)	48.98	4/23
10	62	Sirena GOMEZ, Taylor NORRELL, Lily DAWSON, Leilani LOPEZ	#16	Texas Lutheran	49.05	4/23



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West

Women's 4x400 Relay

1	18	Katriona KIRKPATRICK, Shanthi ASHLEY, Michaela JONES, Olivia REICHEL	#10	Pomona-Pitzer	3:56.22	4/9
2	25	Mikaela LIPSKY, Lucy KONSMO, Laura ZIMMER, Caroline DELVECCHIO	#2	Claremont-Mudd	3:59.71	4/30
3	26	Elizabeth WARREN, Kylie BEAN, Annalise GONZALES, Bethany SCHMIDT	#1	George Fox	3:59.74	4/22
4	32	Allison KREMER, Kaylee SMITH, Kayla ALMEIDA, Carly TRENT	#20	Chapman	4:01.28	4/30
5	34	Gabriella TORRES JOUBERT, Taylor VIERA, Mackenzie REED, Jasmyn CRAWFORD	#5	Whittier	4:01.85	4/30
6	35	Julia CAUSBIE, Kayden HULQUIST, Esther BRUTUS, Bailey FORSYTH	#4	Pacific Lutheran	4:02.00	4/22
7	41	Erica ROBUCK, Keamber MCCracken, Arden NEFF, Lilly VAN METER	#19	Southwestern (Te	4:03.04	4/23
8	42	Jerrica PACHL, Jennifer TORRES-BERMEDEZ, Justice MCBRIDE-STEIGER, McKenzie FEINGLAS	#13	Linfield	4:03.33	4/22
9	43	Sealan LEDAT, CC GRAY, Aliya JACKSON, Taylor KOTFAS	#8	Trinity (Texas)	4:03.41	4/23
10	50	Kynnedi BROWN, Kendra FISHER, Hallie EDMONDSON, Abigail BRAMLETT	#6	Hardin-Simmons	4:03.84	4/15

Women's High Jump

1	5	Jerrica PACHL	#13	Linfield	1.70m	5-7	4/22
2	27	Karlie STEWART	#1	George Fox	1.64m	5-4½	3/26
3	28	Abby MCPHILLIPS	#15	UC Santa Cruz	1.63m	5-4¼	4/23
4	43	Marina CARROL	#1	George Fox	1.61m	5-3¾	4/9
4	43	Logan HALLER	#6	Hardin-Simmons	1.61m	5-3¾	3/26
4	43	Maddie O'HARE	#1	George Fox	1.61m	5-3¾	4/9
7	54	Chisom BRIGHT-OSIGWE	#25	East Texas Baptis	1.60m	5-3	4/15
7	54	Brecken VANDENHOEK	#1	George Fox	1.60m	5-3	3/24
7	54	Mira JUNCAJ	#22	La Verne	1.60m	5-3	4/16
7	54	Maya MOSSANEN	#9	Colorado College	1.60m	5-3	4/8

Women's Pole Vault

1	1	Brooke SIMON	#2	Claremont-Mudd	3.90m	12-9½	4/30
2	11	Lily LUKSICH	#4	Pacific Lutheran	3.76m	12-4	4/8
3	19	Alison YOUNG	#1	George Fox	3.70m	12-1½	4/1
4	22	Kristine NGUYEN	#4	Pacific Lutheran	3.66m	12-0	4/1
5	23	Payton DAVIDSON	#1	George Fox	3.65m	11-11¾	3/19
6	37	Emeliza FERNANDEZ	#5	Whittier	3.57m	11-8½	4/30
7	38	Kelby TIDWELL	#11	McMurry	3.55m	11-7¾	4/21
8	48	Grace TULLY	#1	George Fox	3.50m	11-5¾	3/19
9	57	Karissa RICKS	#5	Whittier	3.45m	11-3¾	4/16
10	78	Anna JOHNSON	#1	George Fox	3.38m	11-1	4/22

Women's Long Jump

1	8	Kendra FISHER	#6	Hardin-Simmons	5.80mw	19-½ (3.6)	4/28
2	16	Rhe Nae LEACH	#5	Whittier	5.70mw	18-8½ (2.2)	4/13
3	37	Kadi DOWNS	#6	Hardin-Simmons	5.59mw	18-4¼ (3.6)	4/9
4	39	Ciara AW	#3	Redlands (Calif.)	5.58m	18-3¾ (1.0)	3/18
5	41	Jordyn WHITE	#8	Trinity (Texas)	5.57m	18-3¼ (2.0)	4/8
6	50	Joy AREOLA	#8	Trinity (Texas)	5.54mw	18-2¼ (3.4)	3/26
7	72	Julia CAUSBIE	#4	Pacific Lutheran	5.46m	17-11 (0.4)	4/1
8	84	Kayden HULQUIST	#4	Pacific Lutheran	5.41m	17-9 (1.6)	4/1
9	89	Courtney O'NEAL	#3	Redlands (Calif.)	5.38m	17-8 (0.0)	4/2
10	92	Brecken VANDENHOEK	#1	George Fox	5.36m	17-7 (1.0)	4/22

Women's Triple Jump

1	22	Maigan ADAMS	#3	Redlands (Calif.)	11.77m	38-7½ (1.3)	4/16
2	28	Joy AREOLA	#8	Trinity (Texas)	11.69mw	38-4¼ (2.2)	4/23
3	41	She'Ray WILSON	#6	Hardin-Simmons	11.42mw	37-5¾ (3.6)	4/21
4	44	Logan HALLER	#6	Hardin-Simmons	11.40mw	37-5 (2.4)	4/15
5	47	Kyra STAFFORD	#8	Trinity (Texas)	11.36m	37-3¼ (1.7)	4/23
6	66	Kynnedi BROWN	#6	Hardin-Simmons	11.17m	36-7¾ (1.7)	3/17
7	73	Kadi DOWNS	#6	Hardin-Simmons	11.11m	36-5½ (1.0)	3/4
8	78	Cameryn NAGAJI	#17	Lewis & Clark	11.09m	36-4¾ (0.0)	4/22
9	79	Kendra FISHER	#6	Hardin-Simmons	11.07mw	36-4 (3.6)	4/9
10	84	Jenna PARKER	#5	Whittier	11.05m	36-3 (0.1)	4/8

Women's Shot Put

1	50	Julissa RODRIGUEZ	#16	Texas Lutheran	12.59m	41-3¾	3/4
2	66	Georjina SOLIAI	#4	Pacific Lutheran	12.39m	40-7¾	4/30
3	68	Renee TIUMALU	#7	Whitworth	12.30m	40-4¼	3/4
4	71	Vanessa MARTINEZ	#5	Whittier	12.24m	40-2	4/30
5	92	Kailee WALKER	#1	George Fox	12.02m	39-5¼	3/26
6		Ellena CORWIN	#1	George Fox	11.87m	38-11½	4/22
7		Kiki GONZALES	#6	Hardin-Simmons	11.66m	38-3¼	4/21
8		Carole RAMOS	#4	Pacific Lutheran	11.64m	38-2¼	3/26
9		Lynda FARMER	#6	Hardin-Simmons	11.50m	37-8¾	3/26
10		Kierra FRANCOIS	#8	Trinity (Texas)	11.49m	37-8½	3/26
10		Maggie NAVA	#8	Trinity (Texas)	11.49m	37-8½	4/23



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West

Women's Discus

1	22	Tiamara HILL-JOHNSON	#19	Southwestern (Te	42.52m	139-6	4/23
2	29	Laurn RAWLS	#7	Whitworth	41.54m	136-4	4/22
3	35	Peyton SANTOS	#4	Pacific Lutheran	41.35m	135-8	4/30
4	38	Naomi JOHNSON	#12	Pacific (Ore.)	41.25m	135-4	4/22
5	48	Erin TORO	#21	Concordia Texas	40.72m	133-7	4/15
6	49	Noelle CHAVEZ	#3	Redlands (Calif.)	40.70m	133-7	4/16
7	50	Zaria OPARA	#18	Cal Lutheran	40.62m	133-3	4/2
8	51	Kailee WALKER	#1	George Fox	40.61m	133-3	3/26
9	53	Laura BENNETT	#6	Hardin-Simmons	40.60m	133-3	4/15
10	75	Tahnisha MANIBUSAN	#1	George Fox	39.57m	129-10	4/22

Women's Hammer

1	26	Zaria OPARA	#18	Cal Lutheran	50.25m	164-11	4/30
2	34	Abbie Jo CARLSON	#7	Whitworth	49.33m	161-10	4/14
3	61	Tahnisha MANIBUSAN	#1	George Fox	47.34m	155-4	4/22
4	63	Samantha WATERS		Willamette	47.17m	154-9	4/22
5	98	Dejah CARR	#16	Texas Lutheran	45.08m	147-11	4/23
6	100	Kierra FRANCOIS	#8	Trinity (Texas)	44.97m	147-7	4/8
7		Amanda Jeanne GALLOP	#2	Claremont-Mudd	44.76m	146-10	4/30
8		Jaalah PURYEAR	#11	McMurry	44.53m	146-1	4/28
9		Megan ROBERSTON	#14	Caltech	43.90m	144-1	4/9
10		Elizabeth RYAN	#11	McMurry	43.29m	142-1	4/21

Women's Javelin

1	1	Ava NELSON	#4	Pacific Lutheran	45.79m	150-3	4/22
2	2	Chrissy STRICKLAND	#1	George Fox	45.04m	147-9	4/9
3	7	Jillian WEBER	#5	Whittier	42.91m	140-10	4/16
4	12	Ellena CORWIN	#1	George Fox	42.01m	137-10	4/29
5	15	Samantha SWARTOUT	#23	Puget Sound	40.80m	133-10	4/22
6	20	Brecken VANDENHOEK	#1	George Fox	40.18m	131-10	3/24
7	21	Eva MILLAN	#7	Whitworth	39.97m	131-2	3/24
8	26	Kaitlyn CALLAWAY	#6	Hardin-Simmons	39.66m	130-2	4/15
9	37	Jessica CERNE	#17	Lewis & Clark	38.11m	125-1	4/22
10	40	Grace PYTYNIA-HILLIER	#23	Puget Sound	38.06m	124-11	3/26

Women's Heptathlon

1	5	Brecken VANDENHOEK	#1	George Fox	4,733	3/24
2	23	Elisabeth JENSEN	#1	George Fox	4,041	3/24
3	32	Kelby TIDWELL	#11	McMurry	3,856	3/31
4	33	Breeauna O'REAR	#1	George Fox	3,855	3/24
5	37	Breanne RAWLS	#7	Whitworth	3,794	3/24
6	51	Jessica CERNE	#17	Lewis & Clark	3,618	4/11
7	52	Charlotte KRAUSHAAR	#19	Southwestern (Te	3,583	4/15
8	53	Vera JUNCAJ	#22	La Verne	3,581	3/24
9	82	Siera CRAWFORD	#13	Linfield	3,241	3/24
10		Madison PEFFERS	#7	Whitworth	2,923	4/11