



Conference TFRI Event Summary

as of 5/9/2022 11:04:47 AM

AAC

Women's 100 Meters

1	36	Myesha HALL	#3	Truett-McConne	12.14	(1.5)	4/22
2	66	Camara MIDDLETON	#1	Columbia (S.C.)	12.25	(1.5)	4/22
3	74	Meghann MILLER	#5	Columbia Intern	12.28	(1.9)	3/18
4	78	Talara HARPER	#2	Brenau (Ga.)	12.29	(1.5)	4/22
5	82	Shatrice DIXON	#2	Brenau (Ga.)	12.30	(1.5)	4/22
6		Rekia POLK	#1	Columbia (S.C.)	12.44	(1.5)	4/22
7		Haley NEILL	#6	Tennessee Wesl	12.46	(1.5)	4/22
8		Chaggie BASSAR	#6	Tennessee Wesl	12.53	(1.6)	4/22
9		Aaliyah WILSON	#3	Truett-McConne	12.57	(1.5)	4/22
10		Morgan JOHNSON	#5	Columbia Intern	12.63	(1.9)	3/18

Women's 100 Meter Hurdles

1	32	Daneen HAZELWOOD	#5	Columbia Intern B	14.68	(1.3)	4/7
2	33	Paige MANNEY	#6	Tennessee Wesl B	14.69	(1.3)	4/22
3	54	Tenae GRIGSBY	#3	Truett-McConne	15.25	(1.3)	4/22
4	91	Tyleeah MADDOX	#2	Brenau (Ga.)	15.64w	(2.1)	3/18
5		Zhaire CASTEAL	#1	Columbia (S.C.)	15.91w	(2.1)	3/18
6		Sarah UNTERHOLZNER	#8	Bryan (Tenn.)	15.99w	(3.0)	3/19
7		Jayda BURKETT	#2	Brenau (Ga.)	16.21w	(2.1)	3/18
8		Crystal JONES	#5	Columbia Intern	16.32	(1.4)	3/18
9		Lauren GARRISON	#6	Tennessee Wesl	16.39	(1.3)	4/22
10		Morgan JOHNSON	#5	Columbia Intern	16.58	(-1.9)	4/22

Women's 200 Meters

1	64	Myesha HALL	#3	Truett-McConne	25.23	(0.0)	4/22
2	70	Meghann MILLER	#5	Columbia Intern	25.27	(0.0)	4/22
3	74	Camara MIDDLETON	#1	Columbia (S.C.)	25.33	(0.0)	4/22
4		Chaggie BASSAR	#6	Tennessee Wesl	25.84	(0.0)	4/22
5		Talara HARPER	#2	Brenau (Ga.)	25.91	(-0.1)	4/22
6		Nathalia ROWE	#2	Brenau (Ga.)	25.98	(-0.1)	4/22
7		Aaliyah WILSON	#3	Truett-McConne	25.99	(0.0)	4/22
8		Rekia POLK	#1	Columbia (S.C.)	26.09	(1.9)	3/18
9		Haley NEILL	#6	Tennessee Wesl	26.11	(-0.1)	4/15
10		Ja'Taria JACKSON	#3	Truett-McConne	26.40	(1.7)	4/15

Women's 400 Meters

1	43	Nathalia ROWE	#2	Brenau (Ga.)	58.37		4/22
2	94	Grace WRIGHT	#1	Columbia (S.C.)	59.45		4/22
3		Chaggie BASSAR	#6	Tennessee Wesl	1:00.28		4/15
4		Sarah WELCH	#8	Bryan (Tenn.)	1:00.32		4/8
5		Sarah UNTERHOLZNER	#8	Bryan (Tenn.)	1:00.52		4/22
6		Valeria BOGDANOVA	#1	Columbia (S.C.)	1:00.88		4/8
7		Esther NAKANWAGI	#3	Truett-McConne	1:01.00		4/22
8		Megan CHRISTIAN	#7	Milligan (Tenn.)	1:01.33		3/25
9		Emily STANDIFER	#4	Montreat (N.C.)	1:01.44		4/22
10		Kiley WOOD	#7	Milligan (Tenn.)	1:02.43		3/25

Women's 400 Meter Hurdles

1	15	Nathalia ROWE	#2	Brenau (Ga.)	B 1:03.42		4/22
2	16	Tenae GRIGSBY	#3	Truett-McConne B	1:03.45		4/22
3	33	Sarah UNTERHOLZNER	#8	Bryan (Tenn.)	1:04.79		4/22
4	53	Daneen HAZELWOOD	#5	Columbia Intern	1:06.99		4/22
5	56	Jayda BURKETT	#2	Brenau (Ga.)	1:07.16		3/25
6	64	Esther BORAM	#11	Union (Ky.)	1:07.77		4/22
7	98	Grace WRIGHT	#1	Columbia (S.C.)	1:09.55		4/8
8		Brianna MCRAE	#10	Reinhardt (Ga.)	1:11.24		3/25
9		Autumn SHEPHERD	#3	Truett-McConne	1:11.57		3/25
10		Anna TASTINGER	#4	Montreat (N.C.)	1:13.64		5/6

Women's 800 Meters

1	36	Yessenia CASTELLANOS	#4	Montreat (N.C.)	2:17.62		4/22
2	49	Dylan GARCIA	#4	Montreat (N.C.)	2:18.75		4/22
3	81	Gracie ALLEN	#7	Milligan (Tenn.)	2:21.70		4/15
4	95	Sarah WELCH	#8	Bryan (Tenn.)	2:22.33		3/19
5	99	Rebecca GLOVER	#7	Milligan (Tenn.)	2:22.43		3/18
6		Kiley WOOD	#7	Milligan (Tenn.)	2:23.08		4/15
7		Emily STANDIFER	#4	Montreat (N.C.)	2:24.26		3/18
8		Mahaley CRONK	#4	Montreat (N.C.)	2:24.36		4/22
9		Kilia HASTY	#4	Montreat (N.C.)	2:24.50		5/6
10		Makayla HOLLIFIELD	#1	Columbia (S.C.)	2:28.58		4/8

Women's 1500 Meters

1	21	Avery DEWOLF BURTON	#7	Milligan (Tenn.) B	4:38.55		4/15
2	23	Caitlin DOMINY	#7	Milligan (Tenn.) B	4:39.44		5/6
3	55	Alyssa BEARZI	#7	Milligan (Tenn.)	4:46.26		4/15
4	57	Dylan GARCIA	#4	Montreat (N.C.)	4:46.39		3/25
5	61	Mahaley CRONK	#4	Montreat (N.C.)	4:47.26		5/6
6		Gracie ALLEN	#7	Milligan (Tenn.)	4:53.06		4/15
7		Yessenia CASTELLANOS	#4	Montreat (N.C.)	4:53.56		3/18
8		Madison GUIDER	#6	Tennessee Wesl	4:59.98		3/25
9		Sarah WELCH	#8	Bryan (Tenn.)	5:01.94		3/5
10		Ali BURNS	#7	Milligan (Tenn.)	5:03.02		4/22

Women's Steeplechase

1	47	Catherine SLACK	#4	Montreat (N.C.)	11:57.86		4/8
2	58	Ali BURNS	#7	Milligan (Tenn.)	12:07.43		4/22
3	60	Valeria BOGDANOVA	#1	Columbia (S.C.)	12:09.22		4/22
4	61	Jenna MALLORY	#4	Montreat (N.C.)	12:09.81		4/22
5	93	Raquel SMITH	#4	Montreat (N.C.)	12:38.81		4/22
6		Lydia WILLHITE	#5	Columbia Intern	12:46.05		4/22
7		Esther EKUNDAYO	#1	Columbia (S.C.)	12:59.30		3/18
8		Zoie GARDNER	#2	Brenau (Ga.)	13:48.91		4/22
9		Elana PRESTON	#1	Columbia (S.C.)	13:53.58		4/22
10		Esther BORAM	#11	Union (Ky.)	14:01.00		3/18



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AAC

Women's 5000 Meters

1	19	Avery DEWOLF BURTON	#7	Milligan (Tenn.) A:B	17:20.83	3/18
2	22	Alyssa BEARZI	#7	Milligan (Tenn.) A:B	17:27.24	3/18
3	39	Caitlin DOMINY	#7	Milligan (Tenn.) B	17:45.56	3/18
4	72	Savannah CAMPBELL	#3	Truett-McConne	18:26.12	3/18
5	83	Madison GUIDER	#6	Tennessee Wesl	18:32.10	3/19
6	90	Ali BURNS	#7	Milligan (Tenn.)	18:33.53	3/18
7		Makayla HOLLIFIELD	#1	Columbia (S.C.)	18:50.28	5/6
8		Brooke SIMON	#10	Reinhardt (Ga.)	19:14.88	4/8
9		Sydney REED	#9	Kentucky Christi	19:17.44	4/8
10		Jordan RILEY	#9	Kentucky Christi	19:21.13	3/18

Women's 10,000 Meters

1	55	Madison GUIDER	#6	Tennessee Wesl	39:26.47	4/22
2	58	Makayla HOLLIFIELD	#1	Columbia (S.C.)	39:33.21	3/25
3	77	Lillie SINIARD	#4	Montreat (N.C.)	40:38.06	3/25
4		Abriella EDELEN	#9	Kentucky Christi	41:59.51	4/22
5		Sydney REED	#9	Kentucky Christi	43:11.50	4/22
6		Jordan RILEY	#9	Kentucky Christi	43:11.99	3/11
7		Esther EKUNDAYO	#1	Columbia (S.C.)	43:34.13	3/18
8		Valeria BOGDANOVA	#1	Columbia (S.C.)	43:34.34	3/18
9		Dzana CISIC	#5	Columbia Intern	44:51.42	4/22
10		Gabrielle HUGGINS	#1	Columbia (S.C.)	45:03.83	4/22

Women's Half-Marathon

1	24	Lillie SINIARD	#4	Montreat (N.C.) A:B	1:28:42	2/26
2	31	Makayla HOLLIFIELD	#1	Columbia (S.C.) B	1:30:30	2/26
3	35	Sydney REED	#9	Kentucky Christi	1:34:13	12/5
4	36	Gabrielle HUGGINS	#1	Columbia (S.C.)	1:37:23	2/26

Women's Marathon

1	4	Makayla HOLLIFIELD	#1	Columbia (S.C.) A:B	3:33:58	3/19
2	6	Gabrielle HUGGINS	#1	Columbia (S.C.)	3:59:22	3/19

Women's 5000m Race Walk

1	5	Izabelle TREFTS	#1	Columbia (S.C.) A:B	25:41.10	5/6
2	9	Victoria HEISER- WHATLEY	#1	Columbia (S.C.) A:B	27:33.57	3/18
3	10	Jessica HEISER- WHATLEY	#1	Columbia (S.C.) A:B	27:38.62	3/18
4	14	Shelby WINN	#1	Columbia (S.C.)	29:01.10	3/25
5	35	Gabrielle HUGGINS	#1	Columbia (S.C.)	36:57.74	4/22
6	38	Ariana PRATT	#1	Columbia (S.C.)	38:13.36	3/18
7	44	Lahna WEMPNER	#2	Brenau (Ga.)	40:45.91	4/22
8	46	Kayleigh LODGE	#1	Columbia (S.C.)	41:03.65	4/22
9	47	Julia GRAVES	#9	Kentucky Christi	41:20.96	4/22

Women's 4x100 Relay

1	17	Aaliyah WILSON, Myesha HALL, Ja'Taria JACKSON, Heaven SIMMONS	#3	Truett-McConneA:B	47.74	4/22
2	32	Paige MANNEY, Chaggie BASSAR, Lauren GARRISON, Aniecia GOSS	#6	Tennessee WeslB	48.14	4/22
3	39	Daneen HAZELWOOD, Meghann MILLER, Sinai WEEKS, Morgan JOHNSON	#5	Columbia Intern	48.33	4/22
4	50	Nathalia ROWE, Shartrice DIXON, Oluwatomisin JOHN, Talara HARPER	#2	Brenau (Ga.)	48.79	4/22
5	57	Rekia POLK, Tehraja OWENS, Amiri MASON, Camara MIDDLETON	#1	Columbia (S.C.)	49.01	4/22
6	82	Jessika RENNICH, Sarah UNTERHOLZNER, Mikaela REAGAN, Kaitlyn BECKHAM	#8	Bryan (Tenn.)	50.68	3/19
7	89	Jessica GAKERI, Triniti LOCKHART, Adrianna GULLETTE, Kilia HASTY	#4	Montreat (N.C.)	51.35	4/22
8		Javen WIMBERLY, Brianna MCRAE, Madison OBARSKY, Jillian HOELL	#10	Reinhardt (Ga.)	54.58	4/22
9		Dariel RHONE, Aijah PALMORE, KaShaelyn FUSELIER, Patience PARKER	#12	St. Andrews (N.C)	55.51	4/22



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AAC

Women's 4x400 Relay

1	18	Esther NAKANWAGI, Myesha HALL, Trenyonna ALLEN, Tenae GRIGSBY	#3	Truett-McConne	3:57.87	4/29
2	38	Kayland THOMASON, Amaranta SERNA, Taylor GREEN, Nathalia ROWE	#2	Brenau (Ga.)	4:03.05	4/22
3	50	Kaitlyn BECKHAM, Sarah UNTERHOLZNER, Jessika RENNICH, Sarah WELCH	#8	Bryan (Tenn.)	4:06.32	4/22
4	53	Grace WRIGHT, Jaida MACK, Esther EKUNDAYO, Camara MIDDLETON	#1	Columbia (S.C.)	4:07.10	4/22
5	57	Paige MANNEY, Elizabeth NICKENS, Chaggie BASSAR, Aniecia GOSS	#6	Tennessee Wesl	4:08.20	4/22
6	67	Megan CHRISTIAN, Rebecca GLOVER, Kiley WOOD, Jemimah NDUNE	#7	Milligan (Tenn.)	4:09.47	3/18
7	76	Dylan GARCIA, Yessenia CASTELLANOS, Mahaley CRONK, Emily STANDIFER	#4	Montreat (N.C.)	4:12.06	4/1
8	86	Daneen HAZELWOOD, Meghann MILLER, Lydia WILLHITE, Rosemary REED	#5	Columbia Intern	4:17.01	3/25
9		Hayley AKBARI, Chazmere ANDERSON, Macy BABBS, Destinee ELLISON	#13	Point (Ga.)	5:03.04	4/22

Women's 4x800 Relay

1	21	Kiley WOOD, Gracie ALLEN, Megan CHRISTIAN, Rebecca GLOVER	#7	Milligan (Tenn.)	9:33.33	4/22
2	31	Catherine SLACK, Jenna MALLORY, Kilia HASTY, Emily STANDIFER	#4	Montreat (N.C.)	9:47.43	4/22
3	63	Savannah CAMPBELL, Hayden PONCE, Simone CHOCK, Elle SIMS	#3	Truett-McConne	10:26.80	4/22
4	68	Esther EKUNDAYO, Elana PRESTON, Makayla HOLLIFIELD, Valeria BOGDANOVA	#1	Columbia (S.C.)	10:33.98	3/25
5	75	Molly WOODBY, Ashlee CARON, Ashlynn BROWN, Abigail HAMPTON	#6	Tennessee Wesl	10:40.87	4/22
6	78	Kayland THOMASON, Taylor GREEN, Amaranta SERNA, Lahna WEMPNER	#2	Brenau (Ga.)	10:45.01	4/22
7	94	https://www.tfrrs.org/teams/77170	#9	Kentucky Christi	11:37.35	4/22

Women's High Jump

1	8	Tyleeah MADDOX	#2	Brenau (Ga.)	1.67m	5-5¾	4/22
2	16	Paige MANNEY	#6	Tennessee Wesl	1.65m	5-5	4/22
3	82	Ashleigh HARDING	#5	Columbia Intern	1.56m	5-1¼	4/22
4	1E+00	Sinai WEEKS	#5	Columbia Intern	1.54m	5-½	3/18
5		Aijah LEWIS	#11	Union (Ky.)	1.50m	4-11	4/2
5		Grace WRIGHT	#1	Columbia (S.C.)	1.50m	4-11	4/22
7		Anna TASTINGER	#4	Montreat (N.C.)	1.48m	4-10¼	4/22
8		Vanessa PROVIDENCE	#2	Brenau (Ga.)	1.40m	4-7	3/18
8		Brianna MCRAE	#10	Reinhardt (Ga.)	1.40m	4-7	3/25
8		Caley ESSIE	#6	Tennessee Wesl	1.40m	4-7	4/15
8		Aniecia GOSS	#6	Tennessee Wesl	1.40m	4-7	3/19
8		Keren KAPWADI	#2	Brenau (Ga.)	1.40m	4-7	4/1

Women's Pole Vault

1	14	Ashleigh HARDING	#5	Columbia Intern B	3.55m	11-7¾	4/22
2	38	Halie HAWKINS	#7	Milligan (Tenn.)	3.25m	10-8	5/6
3	64	Addison WILSON	#3	Truett-McConne	3.05m	10-0	4/22
3	64	Ella MAIDEN	#7	Milligan (Tenn.)	3.05m	10-0	4/22
5	72	Hannah BULLER	#2	Brenau (Ga.)	3.00m	9-10	3/25
6	84	Madison OBARSKY	#10	Reinhardt (Ga.)	2.85m	9-4¼	3/25
7		Anna TASTINGER	#4	Montreat (N.C.)	2.70m	8-10¼	3/18
8		Lily LIPSEY	#3	Truett-McConne	2.55m	8-4¼	4/22
9		Grace WRIGHT	#1	Columbia (S.C.)	2.30m	7-6½	4/1
10		Gloriest LUBAMBA	#5	Columbia Intern	1.98m	6-6	4/8
10		Sinai WEEKS	#5	Columbia Intern	1.98m	6-6	4/8



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AAC

Women's Long Jump

1	11	Myesha HALL	#3	Truett-McConneA:B	5.77m	18-11¼ (0. 4/22
2	13	Shatrice DIXON	#2	Brenau (Ga.) B	5.72m	18-9¼ (-0. 4/22
3	40	Paige MANNEY	#6	Tennessee Wesl	5.54m	18-2¼ (0.8 3/19
4	45	Aniecia GOSS	#6	Tennessee Wesl	5.50m	18-½ (0.0) 4/22
5	58	Talara HARPER	#2	Brenau (Ga.)	5.43m	17-9¾ (-0. 4/22
6	63	Jessica GAKERI	#4	Montreat (N.C.)	5.41m	17-9 (0.0) 4/22
7	67	Tyleeah MADDOX	#2	Brenau (Ga.)	5.40m	17-8¾ (0.0 3/18
8		Oluwatomisin JOHN	#2	Brenau (Ga.)	5.22m	17-1½ (-1. 4/22
9		Meghann MILLER	#5	Columbia Intern	5.03m	16-6 (-0.5) 3/25
10		Morgan JOHNSON	#5	Columbia Intern	4.97m	16-3¾ (-0. 4/8

Women's Triple Jump

1	4	Paige MANNEY	#6	Tennessee WeslA:B	12.13m	39-9¾ (-0. 4/22
2	17	Jessica GAKERI	#4	Montreat (N.C.) A:B	11.78mw	38-7¾ (2.3 4/8
3	26	Myesha HALL	#3	Truett-McConne B	11.57m	37-11½ (0. 3/18
4	35	Aniecia GOSS	#6	Tennessee Wesl	11.49m	37-8½ (0.0 4/22
5	64	Shatrice DIXON	#2	Brenau (Ga.)	10.91m	35-9½ (-1. 4/22
6	71	Oluwatomisin JOHN	#2	Brenau (Ga.)	10.82m	35-6 (0.0) 4/22
7	74	Tyleeah MADDOX	#2	Brenau (Ga.)	10.80m	35-5¼ (-0. 4/22
8		Esther NAKANWAGI	#3	Truett-McConne	10.30m	33-9½ (-1. 4/1
9		Javen WIMBERLY	#10	Reinhardt (Ga.)	9.89m	32-5½ (0.0 4/8
10		Addison WILSON	#3	Truett-McConne	9.87m	32-4¾ (-0. 4/22

Women's Shot Put

1	33	Aleah BROMELL	#1	Columbia (S.C.)	12.87m	42-2¾ 4/22
2	41	Kloey PICKENS	#5	Columbia Intern	12.76m	41-10½ 4/22
3	56	Cameron MIMS	#2	Brenau (Ga.)	12.38m	40-7½ 4/22
4	88	Grace JONES	#3	Truett-McConne	11.89m	39-¼ 4/15
5		Zaida CARSON	#1	Columbia (S.C.)	11.37m	37-3¾ 4/22
6		Jailyn KENDRICK	#2	Brenau (Ga.)	11.27m	36-11¾ 3/18
7		Darci DAWSON	#1	Columbia (S.C.)	11.17m	36-7¾ 4/22
8		Acoya HUNT	#5	Columbia Intern	11.14m	36-6¾ 3/5
9		Katherine FOURIE	#2	Brenau (Ga.)	10.90m	35-9¼ 3/25
10		Rae GORE	#6	Tennessee Wesl	10.87m	35-8 3/19

Women's Discus

1	88	Zaida CARSON	#1	Columbia (S.C.)	37.32m	122-5 4/22
2	99	Ellie AYERS	#7	Milligan (Tenn.)	37.04m	121-6 3/25
3		Rae GORE	#6	Tennessee Wesl	36.81m	120-9 3/19
4		Angelica RICHARDS	#2	Brenau (Ga.)	35.79m	117-5 4/16
5		Grace JONES	#3	Truett-McConne	35.13m	115-3 4/22
6		Dazanni HINTON	#5	Columbia Intern	34.85m	114-4 4/22
7		Allison CRAIG	#3	Truett-McConne	34.84m	114-4 3/5
8		Makayla ANDERSON	#4	Montreat (N.C.)	34.62m	113-7 3/25
9		Acoya HUNT	#5	Columbia Intern	34.36m	112-9 4/8
10		Kristen BANKS	#1	Columbia (S.C.)	34.21m	112-3 4/8

Women's Hammer

1	42	Dazanni HINTON	#5	Columbia Intern	47.09m	154-6 3/25
2	50	Kate BARBEE	#5	Columbia Intern	45.83m	150-5 4/22
3	54	Angelica RICHARDS	#2	Brenau (Ga.)	45.13m	148-1 3/25
4	62	Angelica RICHARDS	#2	Brenau (Ga.)	44.42m	145-9 3/18
5		Aleah BROMELL	#1	Columbia (S.C.)	41.07m	134-9 4/1
6		Jailyn KENDRICK	#2	Brenau (Ga.)	39.99m	131-3 4/22
7		Cameron MIMS	#2	Brenau (Ga.)	38.54m	126-6 4/22
8		Zaida CARSON	#1	Columbia (S.C.)	37.23m	122-2 4/22
9		Lauren HANNAH	#9	Kentucky Christi	36.67m	120-4 4/8
10		Joy REKS	#7	Milligan (Tenn.)	36.50m	119-9 4/22

Women's Javelin

1	9	Katilyn BABB	#3	Truett-McConneA:B	42.52m	139-6 4/29
2	71	Katherine FOURIE	#2	Brenau (Ga.)	34.73m	114-0 4/22
3	75	Camille HOLLEY	#8	Bryan (Tenn.)	34.45m	113-0 4/22
4	76	Kloey PICKENS	#5	Columbia Intern	34.44m	113-0 3/18
5	89	Grace JONES	#3	Truett-McConne	33.53m	110-0 4/22
6	96	Kristen BANKS	#1	Columbia (S.C.)	33.25m	109-1 4/22
7		Jayda BURKETT	#2	Brenau (Ga.)	29.59m	97-1 4/22
7		Tyleeah MADDOX	#2	Brenau (Ga.)	29.59m	97-1 4/22
9		Rae GORE	#6	Tennessee Wesl	29.18m	95-9 3/19
10		Gloriest LUBAMBA	#5	Columbia Intern	28.40m	93-2¼ 4/22

Women's Heptathlon

1	43	Jayda BURKETT	#2	Brenau (Ga.)	3,703	4/22
2	59	Anna TASTINGER	#4	Montreat (N.C.)	3,325	4/22
3	63	Morgan JOHNSON	#5	Columbia Intern	3,241	4/22
4	66	Zykirah DAVIS	#1	Columbia (S.C.)	3,124	4/22
5	71	Caley ESSIE	#6	Tennessee Wesl	2,769	4/22
6	79	Gloriest LUBAMBA	#5	Columbia Intern	2,600	4/22
7	81	Skylar SIMON	#2	Brenau (Ga.)	2,446	4/22
8	85	Jasmine STARKS	#1	Columbia (S.C.)	2,174	4/22



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Women's 100 Meters

1	83	Brittany WILLIS	#4	Park (Mo.)	12.31	(2.0)	4/9
2		Nakira GAGE	#3	Missouri Baptist	12.53w	(4.0)	4/22
3		Makenzie SCHWARTZ	#1	Columbia (Mo.)	12.74w	(2.7)	3/26
4		Ally SWAIM	#9	Central Baptist (	12.88	(1.5)	4/22
5		Lily ASHRAFZADEH	#1	Columbia (Mo.)	12.92	(-1.1)	3/19
6		Tiah CUPP	#6	Hannibal-LaGra	13.06w	(2.4)	4/1
7		Nia HAWKINS	#2	William Woods (	13.11	(-0.1)	4/9
8		Layla HORN	#6	Hannibal-LaGra	13.18	(-0.4)	4/9
8		Miracle HOLMES	#5	Williams Baptist	13.18w	(4.0)	4/9
10		Gracie SCHULTZ	#1	Columbia (Mo.)	13.45	(1.4)	3/19
10		Madeline BURTON	#1	Columbia (Mo.)	13.45	(-1.4)	4/9

Women's 100 Meter Hurdles

1	27	Ally SWAIM	#9	Central Baptist (	14.58w	(2.2)	4/14
2	28	Lisha MCKENZIE	#4	Park (Mo.)	14.60w	(2.2)	4/1
3	98	Makenzie SCHWARTZ	#1	Columbia (Mo.)	15.79	(1.9)	3/19
4		Tiah CUPP	#6	Hannibal-LaGra	16.04w	(2.6)	4/1
5		Katelyn CONNER	#1	Columbia (Mo.)	16.75	(-1.2)	4/28
6		Alaina SCOTT	#3	Missouri Baptist	17.37	(0.6)	4/15
7		Isabella SCHREIBER	#3	Missouri Baptist	19.07	(0.6)	4/15
8		Zaelin MORRIS	#5	Williams Baptist	19.40	(0.9)	4/1
9		Madeline BURTON	#1	Columbia (Mo.)	20.70	(-2.7)	3/26

Women's 200 Meters

1	91	Shelby BIRMINGHAM	#4	Park (Mo.)	25.46w	(2.6)	5/6
2		Brittany WILLIS	#4	Park (Mo.)	26.01	(1.3)	4/9
3		Lily ASHRAFZADEH	#1	Columbia (Mo.)	26.18	(1.4)	3/19
4		Faith WILLIAMS	#4	Park (Mo.)	26.24	(1.5)	5/6
5		Ally SWAIM	#9	Central Baptist (	26.91	(-2.0)	4/14
6		Nakira GAGE	#3	Missouri Baptist	26.93w	(2.5)	4/22
7		Layla HORN	#6	Hannibal-LaGra	27.11w	(4.0)	4/1
8		Makenzie SCHWARTZ	#1	Columbia (Mo.)	27.16	(0.8)	3/19
9		Nia HAWKINS	#2	William Woods (	27.91	(0.3)	3/26
10		Karoline KOLIE	#6	Hannibal-LaGra	28.24	(2.0)	4/1

Women's 400 Meters

1		Shelby BIRMINGHAM	#4	Park (Mo.)	1:00.19		4/15
2		Jena HAHLEBECK	#4	Park (Mo.)	1:00.68		3/19
3		Layla HORN	#6	Hannibal-LaGra	1:00.75		5/6
4		Allison ANDERSON	#4	Park (Mo.)	1:01.91		4/9
5		Halie MOELLER	#1	Columbia (Mo.)	1:01.99		5/6
6		Faith WILLIAMS	#4	Park (Mo.)	1:02.19		4/24
7		Karoline KOLIE	#6	Hannibal-LaGra	1:02.42		5/6
8		Kristan WILSON	#2	William Woods (	1:02.90		5/6
9		Tiah CUPP	#6	Hannibal-LaGra	1:03.10		5/6
10		Mikey LARSON	#5	Williams Baptist	1:03.60		4/22

Women's 400 Meter Hurdles

1	90	Tiah CUPP	#6	Hannibal-LaGra	1:08.96		5/6
2	91	Katelyn CONNER	#1	Columbia (Mo.)	1:08.97		5/6
3		Ellie DIMOND	#2	William Woods (	1:10.03		4/15
4		Halie MOELLER	#1	Columbia (Mo.)	1:10.36		5/6
5		Kristan WILSON	#2	William Woods (	1:12.76		4/15
6		Ally SWAIM	#9	Central Baptist (	1:14.11		5/6
7		Mia WINTERS	#8	Lyon (Ark.)	1:19.59		4/22
8		Hope CRAM	#5	Williams Baptist	1:19.77		4/1

Women's 800 Meters

1	20	Jena HAHLEBECK	#4	Park (Mo.)	B 2:16.00		5/6
2	56	Emily BAYER	#3	Missouri Baptist	2:19.33		4/9
3	69	Mia REED	#3	Missouri Baptist	2:20.49		4/9
4	E+0:	Isabel RINKENBERGER	#3	Missouri Baptist	2:22.45		4/15
5		Ellie DIMOND	#2	William Woods (	2:25.26		3/26
6		Harley NALE	#2	William Woods (	2:26.80		4/1
7		Emma HOMFELDT	#1	Columbia (Mo.)	2:27.01		4/28
8		Hadley SANDERS	#1	Columbia (Mo.)	2:28.58		5/6
9		Mikey LARSON	#5	Williams Baptist	2:29.86		4/9
10		Alyssa MCPIKE	#7	St. Louis Pharmi	2:31.83		5/6

Women's 1500 Meters

1	41	Emily BAYER	#3	Missouri Baptist	B 4:43.25		4/15
2	68	Mia REED	#3	Missouri Baptist	4:48.10		4/15
3		Harley NALE	#2	William Woods (	4:57.84		4/1
4		Isabel RINKENBERGER	#3	Missouri Baptist	4:58.74		4/15
5		Jada O'DONNELL	#1	Columbia (Mo.)	5:01.24		4/9
6		Ellie DIMOND	#2	William Woods (	5:04.30		5/6
7		Emma HOMFELDT	#1	Columbia (Mo.)	5:08.04		5/6
8		Daylin HUEBOTTER	#1	Columbia (Mo.)	5:08.92		4/9
9		Grace BRINKMANN	#1	Columbia (Mo.)	5:10.06		5/6
10		Mekayla GIBSON	#2	William Woods (	5:10.33		3/19

Women's Steeplechase

1	17	Mia REED	#3	Missouri Baptist	A:B 11:09.02		4/1
2	21	Emily BAYER	#3	Missouri Baptist	A:B 11:14.00		4/1
3	26	Ellie DIMOND	#2	William Woods (	B 11:20.77		5/6
4	32	Harley NALE	#2	William Woods (	11:30.28		5/6
5		Clare WILBER	#8	Lyon (Ark.)	13:15.84		4/8
6		Ali WARD	#5	Williams Baptist	13:39.58		5/6
7		Emily WEISS	#5	Williams Baptist	15:16.08		4/14



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Women's 5000 Meters

1	Isabel RINKENBERGER	#3	Missouri Baptist	18:42.11	4/1
2	Alicia ENGELBRECHT	#2	William Woods (	18:47.52	4/15
3	Jada O'DONNELL	#1	Columbia (Mo.)	18:59.72	4/15
4	Grace BRINKMANN	#1	Columbia (Mo.)	19:30.74	4/15
5	Faith GERLING	#2	William Woods (	19:44.41	5/6
6	Daylin HUEBOTTER	#1	Columbia (Mo.)	19:55.36	4/15
7	Mary GROVER	#2	William Woods (	20:09.09	4/9
8	Emma HOMFELDT	#1	Columbia (Mo.)	20:12.13	3/26
9	Kyla BERTSCHINGER	#1	Columbia (Mo.)	20:19.39	3/26
10	Brooke HEBERER	#3	Missouri Baptist	20:29.79	4/15

Women's 10,000 Meters

1	78 Alicia ENGELBRECHT	#2	William Woods (	40:40.28	4/1
2	89 Jada O'DONNELL	#1	Columbia (Mo.)	41:06.83	5/6
3	93 Grace BRINKMANN	#1	Columbia (Mo.)	41:22.76	5/6
4	94 Nani BREWINGTON	#3	Missouri Baptist	41:30.60	4/1
5	Mary GROVER	#2	William Woods (	43:14.86	5/6
6	Megan KORTE	#1	Columbia (Mo.)	44:21.40	5/6
7	Emma SHAW	#5	Williams Baptist	46:13.40	5/6
8	Kimi PUTNAM	#2	William Woods (	46:18.66	5/6
9	Maddie MENDELL	#2	William Woods (	46:31.01	5/6
10	Lucia SUAREZ -VEGA	#1	Columbia (Mo.)	48:16.34	5/6

Women's 5000m Race Walk

1	28 Amy MCMORRIS	#5	Williams Baptist	34:29.20	4/1
2	37 Mia WINTERS	#8	Lyon (Ark.)	37:53.38	5/6

Women's 4x100 Relay

1	41 Bailey TURNER, Brittany WILLIS, Shelby BIRMINGHAM, Faith WILLIAMS	#4	Park (Mo.)	48.50	4/1
2	66 Lily ASHRAFZADEH, Gracie SCHULTZ, Makenzie SCHWARTZ, Madeline BURTON	#1	Columbia (Mo.)	49.60	4/15
3	95 Tiah CUPP, Grace PHILLIPS, Karoline KOLIE, Layla HORN	#6	Hannibal-LaGra	51.62	5/6
4	Zaelin MORRIS, Hope CRAM, Tamia DANDRIDGE, Miracle HOLMES	#5	Williams Baptist	51.95	4/9
5	Camille SCHROEDER, Emma CLIFFORD, Kristan WILSON, Nia HAWKINS	#2	William Woods (	52.80	4/1
6	Raven WRIGHT, Clare WILBER, Mia WINTERS, Alexis HERMAN	#8	Lyon (Ark.)	58.84	4/8

Women's 4x400 Relay

1	52 Faith WILLIAMS, Jena HAHLEBECK, Bailey TURNER, Allison ANDERSON	#4	Park (Mo.)	4:06.81	5/6
2	73 Lily ASHRAFZADEH, Madeline BURTON, Halie MOELLER, Hadley SANDERS	#1	Columbia (Mo.)	4:11.75	4/15
3	94 Layla HORN, Mary BALASHOVA, Karoline KOLIE, Tiah CUPP	#6	Hannibal-LaGra	4:19.29	5/6
4	96 Isabel RINKENBERGER, Mia REED, Madison SARGENT, Emily BAYER	#3	Missouri Baptist	4:19.47	4/9
5	Kristan WILSON, Nia HAWKINS, Lauren IMLER, Emma CLIFFORD	#2	William Woods (	4:25.60	3/26
6	Hope CRAM, Allyson MARLOW, Kaylee CLARK, Mikey LARSON	#5	Williams Baptist	4:29.71	5/6
7	Alyssa MCPIKE, Allison WAKELAND, Abbey WALLACE, Claudia LABRUYERE	#7	St. Louis Pharmi	4:30.27	5/6
8	Clare WILBER, Mia WINTERS, Haeley PINES, Chloe DESOUZA	#8	Lyon (Ark.)	4:43.95	5/6

Women's 4x800 Relay

1	40 Mia REED, Madison SARGENT, Isabel RINKENBERGER, Emily BAYER	#3	Missouri Baptist	9:59.93	5/6
2	50 Daylin HUEBOTTER, Emma HOMFELDT, Kyla BERTSCHINGER, Hadley SANDERS	#1	Columbia (Mo.)	10:09.09	5/6
3	53 Harley NALE, Emma CLIFFORD, Faith GERLING, Ellie DIMOND	#2	William Woods (	10:13.34	5/6
4	64 Alyssa MCPIKE, Claudia LABRUYERE, Allison WAKELAND, Sophie EASTHAM	#7	St. Louis Pharmi	10:27.06	5/6
5	72 Mikey LARSON, Emma SHAW, Hope CRAM, Ali WARD	#5	Williams Baptist	10:36.31	5/6
6	80 Mary BALASHOVA, Harlee HUGHES, Madelyn NEWSOM, Karoline KOLIE	#6	Hannibal-LaGra	10:45.78	5/6



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Women's High Jump

1	36	Kaylee CLARK	#5	Williams Baptist	1.62m	5-3¾	4/14
2		Josephine WRIGHT	#1	Columbia (Mo.)	1.49m	4-10½	4/9
3		Emily WEISS	#5	Williams Baptist	1.45m	4-9	4/9
3		Kayla SHIVERDECKER	#1	Columbia (Mo.)	1.45m	4-9	3/26
5		Katelyn CONNER	#1	Columbia (Mo.)	1.40m	4-7	5/6
6		Madeline BURTON	#1	Columbia (Mo.)	1.35m	4-5	3/19
6		Emma CLIFFORD	#2	William Woods (	1.35m	4-5	5/6
8		Lauren IMLER	#2	William Woods (	1.30m	4-3¾	3/19
8		Susan MOMAN	#2	William Woods (	1.30m	4-3¾	3/19
10		Isabella SCHREIBER	#3	Missouri Baptist	1.23m	4-½	4/1

Women's Pole Vault

1	51	Alaina SCOTT	#3	Missouri Baptist	3.20m	10-6	4/22
2		Allyson MARLOW	#5	Williams Baptist	2.74m	8-11¾	5/6
3		Halie MOELLER	#1	Columbia (Mo.)	2.60m	8-6¾	4/28
4		Dani BARSTEAD	#5	Williams Baptist	2.59m	8-6	5/6

Women's Long Jump

1	6	Bailey TURNER	#4	Park (Mo.)	A:B 5.81mw	19-¾ (2.6)	4/1
2	34	Nia HAWKINS	#2	William Woods (	5.59m	18-4¼ (0.0)	5/6
3	63	Madeline BURTON	#1	Columbia (Mo.)	5.41m	17-9 (0.0)	5/6
4	83	Lily ASHRAFZADEH	#1	Columbia (Mo.)	5.32m	17-5½ (0.0)	5/6
5		Maegan SALEH	#3	Missouri Baptist	5.11m	16-9¼ (0.0)	4/15
6		Katelyn CONNER	#1	Columbia (Mo.)	5.08m	16-8 (0.0)	5/6
7		Gracie SCHULTZ	#1	Columbia (Mo.)	4.99m	16-4½ (0.0)	5/6
8		Camille SCHROEDER	#2	William Woods (	4.89m	16-½ (0.6)	4/9
9		Tamia DANDRIDGE	#5	Williams Baptist	4.87m	15-11¾ (0.0)	5/6
10		Nadia PORRO - FANJUL	#1	Columbia (Mo.)	4.66m	15-3½ (0.0)	5/6

Women's Triple Jump

1	8	Bailey TURNER	#4	Park (Mo.)	A:B 12.02mw	39-5¼ (2.9)	4/1
2	61	Tamia DANDRIDGE	#5	Williams Baptist	10.95mw	35-11¼ (2.0)	4/9
3	76	Madeline BURTON	#1	Columbia (Mo.)	10.77m	35-4 (0.0)	3/19
4	80	Nia HAWKINS	#2	William Woods (	10.73m	35-2½ (0.8)	4/1
5	91	Katelyn CONNER	#1	Columbia (Mo.)	10.63m	34-10½ (0.0)	5/6
6		Allyson MARLOW	#5	Williams Baptist	10.35mw	33-11½ (2.0)	4/14
7		Gracie SCHULTZ	#1	Columbia (Mo.)	9.86m	32-4¼ (0.0)	5/6
8		Nadia PORRO - FANJUL	#1	Columbia (Mo.)	9.45m	31-0 (0.0)	4/9
8		Camille SCHROEDER	#2	William Woods (	9.45m	31-0 (0.0)	5/6

Women's Shot Put

1	12	Katie FRENCH	#2	William Woods (A:B	13.75m	45-1½	3/26
2	45	Kaylyn POWERS	#6	Hannibal-LaGra	12.60m	41-4¼	5/6
3	69	Hannah BAKER	#5	Williams Baptist	12.08m	39-7¾	5/6
4		Drew BILLUPS	#6	Hannibal-LaGra	11.29m	37-½	4/23
5		Nicole EMMONS	#1	Columbia (Mo.)	11.24m	36-10½	3/19
6		Clara MACHERAS	#7	St. Louis Pharm	11.11m	36-5½	3/25
7		Shikayla WALKER	#4	Park (Mo.)	10.99m	36-¾	4/1
8		Kennise ANDERSON	#4	Park (Mo.)	10.62m	34-10¼	4/15
9		Hannah KOENIGSFELD	#1	Columbia (Mo.)	10.48m	34-4¾	5/6
10		Evelyn ROLAND	#1	Columbia (Mo.)	9.90m	32-5¾	5/6

Women's Discus

1	18	Katie FRENCH	#2	William Woods (B	43.44m	142-6	4/15
2	72	Kaylyn POWERS	#6	Hannibal-LaGra	38.70m	127-0	4/1
3		Kennedy BENNETT	#3	Missouri Baptist	36.43m	119-6	4/22
4		Kennise ANDERSON	#4	Park (Mo.)	35.71m	117-2	4/15
5		Hannah BAKER	#5	Williams Baptist	34.40m	112-11	4/14
6		Nicole EMMONS	#1	Columbia (Mo.)	32.75m	107-6	4/28
7		Susan MOMAN	#2	William Woods (	32.73m	107-5	4/28
8		Drew BILLUPS	#6	Hannibal-LaGra	31.92m	104-9	5/6
9		Elisabeth SISTRUNK	#2	William Woods (	31.91m	104-8	3/19
10		Jordyn ZOPH	#3	Missouri Baptist	31.39m	103-0	4/22

Women's Hammer

1	33	Katie FRENCH	#2	William Woods (	48.28m	158-5	5/6
2	59	Shikayla WALKER	#4	Park (Mo.)	44.58m	146-3	4/9
3	94	Hannah BAKER	#5	Williams Baptist	42.08m	138-1	5/6
4		Kaylyn POWERS	#6	Hannibal-LaGra	41.60m	136-6	5/6
5		Nicole EMMONS	#1	Columbia (Mo.)	41.14m	135-0	4/9
6		Drew BILLUPS	#6	Hannibal-LaGra	39.85m	130-9	4/28
7		Kennise ANDERSON	#4	Park (Mo.)	39.66m	130-2	5/6
8		Clara MACHERAS	#7	St. Louis Pharm	38.36m	125-10	4/22
9		Kennedy BENNETT	#3	Missouri Baptist	36.07m	118-4	5/6
10		Ke'La CAMPBELL	#6	Hannibal-LaGra	33.82m	111-0	5/6

Women's Javelin

1	23	Natalie THOMAS	#2	William Woods (B	39.20m	128-8	4/9
2	34	Madeline BURTON	#1	Columbia (Mo.)	37.90m	124-4	4/9
3	36	Susan MOMAN	#2	William Woods (	37.87m	124-3	4/1
4	50	Evelyn ROLAND	#1	Columbia (Mo.)	36.67m	120-4	4/15
5	88	Isabella SCHREIBER	#3	Missouri Baptist	33.57m	110-2	4/22
6	90	Alexis CLIFFORD	#2	William Woods (	33.48m	109-10	4/28
7		Grace PHILLIPS	#6	Hannibal-LaGra	32.30m	106-0	4/23
8		Karoline KOLIE	#6	Hannibal-LaGra	31.65m	103-10	4/23
9		Hannah KOENIGSFELD	#1	Columbia (Mo.)	31.16m	102-3	4/28
10		Hannah DURO	#3	Missouri Baptist	30.64m	100-6	4/15

Women's Heptathlon

1	73	Isabella SCHREIBER	#3	Missouri Baptist	2,741		4/1
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American

Women's 100 Meters

1	Claudia SANTANA	#1	Bluefield (Va.)	13.29	(0.0)	4/22
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Women's 200 Meters

1	Claudia SANTANA	#1	Bluefield (Va.)	28.31	(0.0)	3/5
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Women's 800 Meters

1	Kristina SANCHEZ	#1	Bluefield (Va.)	2:58.65		3/5
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Women's High Jump

1	Nialla CURTIS	#1	Bluefield (Va.)	1.40m	4-7	4/1
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Women's Long Jump

1	Claudia SANTANA	#1	Bluefield (Va.)	4.93m	16-2¼ (-1)	4/22
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2	Nialla CURTIS	#1	Bluefield (Va.)	4.55m	14-11¼ (0)	4/1
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3	Tianna CROCKETT	#1	Bluefield (Va.)	4.44mw	14-6¾ (3.8)	3/26
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Women's Triple Jump

1	Tianna CROCKETT	#1	Bluefield (Va.)	9.54m	31-3¾ (0.0)	3/18
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Women's Shot Put

1	Nialla CURTIS	#1	Bluefield (Va.)	7.96m	26-1½	4/1
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2	Tianna CROCKETT	#1	Bluefield (Va.)	7.74m	25-4¾	4/1
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Women's Discus

1	Nialla CURTIS	#1	Bluefield (Va.)	22.87m	75-½	4/1
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Women's Javelin

1	Nialla CURTIS	#1	Bluefield (Va.)	17.08m	56-½	4/1
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Cascade

Women's 100 Meters

1	19	Katherine LUCAS	#1	British Columbia B	11.95	(-0.3)	4/30
2	36	Camille LAWRENCE	#2	Southern Orego	12.14	(1.5)	4/8
3	55	Lindsey BONNEY	#2	Southern Orego	12.20w	(3.4)	4/15
4	72	Hanna SOBKOWICH	#1	British Columbia	12.27	(-0.3)	4/30
5	78	Katie BROWN	#4	Eastern Oregon	12.29	(1.9)	4/22
6		Cayla SMITH	#1	British Columbia	12.47w	(2.5)	3/26
7		Jessica DOROHOF	#3	College of Idaho	12.52	(1.9)	4/22
7		Valerie SCHMIDT	#6	Corban (Ore.)	12.52w	(3.4)	3/16
9		Baylee TOUEY	#2	Southern Orego	12.57	(0.1)	4/1
10		Aayzia DUMAS	#2	Southern Orego	12.65	(1.0)	4/22
10		Charlotte WILSON	#3	College of Idaho	12.65c		4/29

Women's 100 Meter Hurdles

1	7	Kiersten LANCASTER	#3	College of Idaho A:B	14.09w	(2.5)	4/22
2	8	Madigan KELLY	#5	Lewis-Clark Stat A:B	14.12w	(3.0)	4/29
3	11	Hassy FASHINA-BOMBATA	#1	British Columbia A:B	14.23	(1.4)	4/21
4	26	Valerie SCHMIDT	#6	Corban (Ore.) B	14.57	(1.4)	4/21
5	38	Sara HATHAWAY	#5	Lewis-Clark Stat	14.84	(1.6)	3/19
6	44	Abi STEVENS	#2	Southern Orego	15.03	(0.3)	4/15
6	44	Rebecca DUTCHAK	#1	British Columbia	15.03	(0.8)	4/2
8	48	Ashley BRITT	#5	Lewis-Clark Stat	15.13	(1.6)	3/19
9	49	India COLLINS	#2	Southern Orego	15.14w	(2.5)	3/19
10	69	Morgan BAYES	#4	Eastern Oregon	15.40w	(2.5)	4/22

Women's 200 Meters

1	17	Katherine LUCAS	#1	British Columbia A:B	24.56	(0.9)	4/30
2	29	Anika GROGAN	#5	Lewis-Clark Stat B	24.88w	(3.3)	4/1
3	48	Camille LAWRENCE	#2	Southern Orego	25.05	(-0.5)	4/22
4	50	Lindsey BONNEY	#2	Southern Orego	25.10w	(2.8)	4/15
5	61	Hanna SOBKOWICH	#1	British Columbia	25.19	(0.9)	4/30
6	78	Hassy FASHINA-BOMBATA	#1	British Columbia	25.37	(-0.5)	3/26
7	83	Katie BROWN	#4	Eastern Oregon	25.42	(1.7)	4/22
8		Cayla SMITH	#1	British Columbia	25.60	(1.7)	3/26
9		Baylee TOUEY	#2	Southern Orego	25.71	(-0.3)	3/24
10		Aayzia DUMAS	#2	Southern Orego	25.78w	(2.8)	4/15

Women's 400 Meters

1	13	Katherine LUCAS	#1	British Columbia A:B	56.51		4/30
2	16	Cayla SMITH	#1	British Columbia A:B	56.86		3/18
3	17	Anika GROGAN	#5	Lewis-Clark Stat B	57.01		3/24
4	28	Camille LAWRENCE	#2	Southern Orego	57.41		4/1
5	29	Erin GIBSON	#2	Southern Orego	57.45		4/22
6	36	Aayzia DUMAS	#2	Southern Orego	57.98		4/29
7	40	Hanna SOBKOWICH	#1	British Columbia	58.19		4/15
8	60	Karlie SMITH	#5	Lewis-Clark Stat	59.00		3/24
9	62	Michelle HERBES	#4	Eastern Oregon	59.01		4/1
10	64	Lily LAVINE	#8	Oregon Tech	59.02		4/22

Women's 400 Meter Hurdles

1	17	Ashley BRITT	#5	Lewis-Clark Stat B	1:03.46		3/24
2	24	Morgan BAYES	#4	Eastern Oregon B	1:04.08		4/29
3	28	Sara HATHAWAY	#5	Lewis-Clark Stat B	1:04.58c		5/7
4	36	Kiersten LANCASTER	#3	College of Idaho	1:05.48		4/1
5	43	Madigan KELLY	#5	Lewis-Clark Stat	1:06.16		3/24
6	50	India COLLINS	#2	Southern Orego	1:06.45		4/22
7	60	Keelyn PILCHER	#5	Lewis-Clark Stat	1:07.63		4/14
8	73	Kendall BONZANI	#4	Eastern Oregon	1:08.21		4/1
9	74	Abigail STRICKLAND	#10	Evergreen State	1:08.39		3/26
10	97	Karli BEDARD	#4	Eastern Oregon	1:09.47		5/7

Women's 800 Meters

1	4	Holly MACGILLIVARY	#1	British Columbia A:B	2:12.60		4/13
2	26	Abbey SHIRTS	#3	College of Idaho	2:16.59c		4/8
3	27	Geraldin CORREA	#5	Lewis-Clark Stat	2:16.75		3/24
4	34	Michelle HERBES	#4	Eastern Oregon	2:17.44		4/29
5	35	Sarah MAUK	#2	Southern Orego	2:17.57		3/26
6	38	Amelia PFOHL	#1	British Columbia	2:17.80		4/30
7	40	Erin GIBSON	#2	Southern Orego	2:18.05		4/29
8	44	Abby YLIPAHKALA	#1	British Columbia	2:18.20		4/30
9	47	Katie Jo GEBHARDT	#4	Eastern Oregon	2:18.46		3/18
10	84	Lauryn MITCHELL	#4	Eastern Oregon	2:21.87		4/16

Women's 1500 Meters

1	1	Holly MACGILLIVARY	#1	British Columbia A:B	4:23.74		4/13
2	9	Kyla BECKER	#1	British Columbia A:B	4:30.43		4/30
3	11	Rachel MORTIMER	#1	British Columbia A:B	4:34.09		4/30
4	14	Jamie HENNESSEY	#1	British Columbia A:B	4:36.07		4/15
5	17	Abbey SHIRTS	#3	College of Idaho B	4:37.53		5/7
6	22	Zoe DOORENSPLEET	#1	British Columbia B	4:38.91		4/2
7	29	Michelle HERBES	#4	Eastern Oregon B	4:41.04		4/29
8	32	Katie NEWLOVE	#1	British Columbia B	4:41.37		4/2
9	43	Gracie LONG	#6	Corban (Ore.) B	4:43.48		4/15
10	48	Emily ADAMS	#5	Lewis-Clark Stat	4:45.03c		5/7

Women's Steeplechase

1	1	Jenna MELANSON	#1	British Columbia A:B	10:11.03		5/7
2	3	Sage MARTIN	#3	College of Idaho A:B	10:30.32		4/22
3	4	Jamie HENNESSEY	#1	British Columbia A:B	10:36.65		4/13
4	5	Gracie LONG	#6	Corban (Ore.) A:B	10:43.44		4/29
5	12	Annika AUSTIN	#1	British Columbia A:B	11:02.43		5/7
6	20	Larissa MAUER	#3	College of Idaho A:B	11:10.80c		4/29
7	28	Ellie SUMMERS	#9	Northwest (Was B	11:21.47		4/30
8	34	Molly STRAIN	#1	British Columbia	11:35.75		5/7
9	48	Sam GOEDDE	#9	Northwest (Was	12:00.74		5/7
10	49	Elysse FLEMING	#1	British Columbia	12:01.90		4/2



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Cascade

Women's 5000 Meters

1	1	Glynis SIM	#1	British ColumbiaA:B	15:39.23	5/7
2	3	Holly MACGILLIVARY	#1	British ColumbiaA:B	16:27.32	5/7
3	6	Zoe DOORENSPLEET	#1	British ColumbiaA:B	16:43.16	3/26
4	7	Katie NEWLOVE	#1	British ColumbiaA:B	16:48.13	5/7
5	8	Kyla BECKER	#1	British ColumbiaA:B	16:50.73	5/7
6	10	Rachel MORTIMER	#1	British ColumbiaA:B	16:56.34	5/7
7	12	Jamie HENNESSEY	#1	British ColumbiaA:B	17:04.08	3/26
8	18	Sage MARTIN	#3	College of IdahoA:B	17:17.09c	4/29
9	47	Shiloh NAJJAR	#11	Multnomah (Ore)	17:58.92	3/26
10	48	Haylee BRODAHL	#2	Southern Orego	18:01.06	4/15

Women's 10,000 Meters

1	1	Kyla BECKER	#1	British ColumbiaA:B	35:40.26	4/13
2	14	Kayla CLAYTON	#2	Southern OregoA:B	36:58.16	3/31
3	15	Haylee BRODAHL	#2	Southern OregoA:B	37:02.90	4/29
4	47	Emily ADAMS	#5	Lewis-Clark Stat	39:02.83	4/8
5	51	Rebecca KUSKIE	#7	Bushnell (Ore.)	39:13.15	4/8
6	59	Faith WIDMAN	#8	Oregon Tech	39:35.09	4/8
7	67	Anna SWEDIN	#9	Northwest (Was)	40:16.67	4/30
8	72	Claire TILLET	#2	Southern Orego	40:26.50	4/8
9	73	Roba ANNA	#3	College of Idaho	40:30.01	4/1
10		Hannah SCOTT	#7	Bushnell (Ore.)	42:28.86	4/29

Women's 5000m Race Walk

1	1	Olivia LUNDMAN	#1	British ColumbiaA:B	23:12.53	3/26
2	2	Joan LU	#1	British ColumbiaA:B	23:59.78	3/26
3	4	Cassidy CARDLE	#1	British ColumbiaA:B	25:10.72	3/26
4	6	Joanna YU	#1	British ColumbiaA:B	26:56.90	3/26

Women's 4x100 Relay

1	9	Aayzia DUMAS, Camille LAWRENCE, Baylee TOUEY, Lindsey BONNEY	#2	Southern OregoA:B	47.01	4/29
2	25	Hassy FASHINA- BOMBATA, Cayla SMITH, Emma RASTAD, Rebecca DUTCHAK	#1	British ColumbiaA:B	47.94	3/18
3	36	Ashley BRITT, Anika GROGAN, Jennah CARPENTER, Madigan KELLY	#5	Lewis-Clark Stat B	48.25	4/14
4	47	Charlotte WILSON, Laken WOLF, Sage WOOD, Jessica DOROHOF	#3	College of Idaho	48.60c	4/29
5	62	Emmy WILLIAMS, Morgan BAYES, Madison MACMILLAN, Katie BROWN	#4	Eastern Oregon	49.31	4/22
6	93	Hero PETERS, Juliana BROWN, Jenna MILLER, Kendall MARTIN	#6	Corban (Ore.)	51.52	5/7
7	LE+0	Adrienne MAI, Sarah PHILLIPS, Madeline DESEMONE, Trinity HAZELITT	#7	Bushnell (Ore.)	51.68	5/7



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Women's 4x400 Relay

1	7	Erin GIBSON, Aayzia DUMAS, Abi STEVENS, Camille LAWRENCE	#2 Southern Oregon	A: 3:50.92	4/1
2	21	Madigan KELLY, Ashley BRITT, Sydnie ZYWINA, Anika GROGAN	#5 Lewis-Clark Stat	3:58.84	4/14
3	29	Sage WOOD, Kiersten LANCASTER, Roby YOUNG, Abbey SHIRTS	#3 College of Idaho	4:00.55c	4/29
4	39	Morgan BAYES, Katie BROWN, Michelle HERBES, Lauryn MITCHELL	#4 Eastern Oregon	4:03.44	4/29
5	74	Mayah PAPPAS, Sarah PHILLIPS, Madeline DESEMONE, Adrienne MAI	#7 Bushnell (Ore.)	4:11.83	3/26
6	81	Gracie LONG, Kendra MURPHY, Valerie SCHMIDT, Maggie RAMEY	#6 Corban (Ore.)	4:14.10	3/16
7		Lizzy BEHNKE, Anya BOHUTA, Gretchen STOTTLEMYRE, Grace GERARDI	#9 Northwest (Was)	4:27.16	3/26

Women's 4x800 Relay

1	5	Amelia PFOHL, Abby YLIPAHKALA, Rachel MORTIMER, Holly MACGILLIVRAY	#1 British Columbia	A: 9:15.51	5/7
2	6	Lauryn MITCHELL, Jaimee BAXTER, Katie Jo GEBHARDT, Michelle HERBES	#4 Eastern Oregon	A: 9:16.50	5/7
3	11	Sarah MAUK, Lauren FORSTER, Maya SMITH, Erin GIBSON	#2 Southern Oregon	A: 9:21.27	5/7
4	26	Geraldine CORREA, Rylee BROWN, Maja PLAZNIK, Brooklyn SHELL	#5 Lewis-Clark Stat	9:43.76	4/14

Women's High Jump

1	1	Abi STEVENS	#2 Southern Oregon	A: 1.72m	5-7¾	3/19
2	8	Jennah CARPENTER	#5 Lewis-Clark Stat	A: 1.67m	5-5¾	3/19
3	20	Hassy FASHINA-BOMBATA	#1 British Columbia	B: 1.64m	5-4½	4/21
3	20	Cassidy STODDARD	#3 College of Idaho	B: 1.64m	5-4½	4/1
5	36	Kendra MURPHY	#6 Corban (Ore.)	1.62m	5-3¾	3/24
6	40	Valerie SCHMIDT	#6 Corban (Ore.)	1.61m	5-3¼	4/21
6	40	Roby YOUNG	#3 College of Idaho	1.61m	5-3¼	4/21
8	55	Sara HATHAWAY	#5 Lewis-Clark Stat	1.59m	5-2½	3/19
9	74	Karli BEDARD	#4 Eastern Oregon	1.58m	5-2¼	4/1
10	77	Morgan HARRISON	#3 College of Idaho	1.57m	5-1¾	3/18

Women's Pole Vault

1	14	Sage STOYKA KAY	#1 British Columbia	B: 3.55m	11-7¾	4/30
2	23	Cynthia SMITH	#5 Lewis-Clark Stat	3.45m	11-3¾	4/1
3	38	Faith WAGNER	#4 Eastern Oregon	3.25m	10-8	4/22
4	49	Abby WINSTEAD	#4 Eastern Oregon	3.22m	10-6¾	3/18
5	50	Carina HAAS	#7 Bushnell (Ore.)	3.21m	10-6¼	4/8
6	51	Gabi HANSEN	#2 Southern Oregon	3.20m	10-6	3/26
7	56	JoAnna CAMPBELL	#4 Eastern Oregon	3.15m	10-4	4/1
8	63	Maggie RAMEY	#6 Corban (Ore.)	3.08m	10-1¼	4/15
9	83	Briana CHURCH	#4 Eastern Oregon	2.86m	9-4½	4/8
10	84	Alex PARTCH	#4 Eastern Oregon	2.85m	9-4¼	4/1
10	84	Desiree WINSLOW	#5 Lewis-Clark Stat	2.85m	9-4¼	4/1

Women's Long Jump

1	14	Emma RASTAD	#1 British Columbia	B: 5.71mw	18-8¾ (2.3)	4/13
2	24	Rebecca DUTCHAK	#1 British Columbia	B: 5.65m	18-6½ (0.7)	3/18
3	45	Allison MACDONALD	#1 British Columbia	5.50m	18-½ (0.9)	4/30
4	48	Abi STEVENS	#2 Southern Oregon	5.48mw	17-11¾ (2.)	4/21
5	51	Valerie SCHMIDT	#6 Corban (Ore.)	5.47mw	17-11½ (2.)	4/21
6	72	Jennah CARPENTER	#5 Lewis-Clark Stat	5.39m	17-8¼ (0.6)	4/14
7	86	Hassy FASHINA-BOMBATA	#1 British Columbia	5.30mw	17-4¾ (3.2)	4/21
8	91	Mayah PAPPAS	#7 Bushnell (Ore.)	5.29m	17-4¼ (-1.)	3/12
9		Jenna HODGES	#2 Southern Oregon	5.21m	17-1¼ (1.9)	4/21
10		Cassidy STODDARD	#3 College of Idaho	5.20m	17-¾ (0.0)	4/21

Women's Triple Jump

1	19	Allison MACDONALD	#1 British Columbia	B: 11.74m	38-6¼ (1.2)	5/6
2	80	Jenna HODGES	#2 Southern Oregon	10.73m	35-2½ (0.0)	4/29
3	84	Sydnie ZYWINA	#5 Lewis-Clark Stat	10.71m	35-1¾ (0.0)	3/24
4	85	Dylan LOVETT	#3 College of Idaho	10.70mw	35-1¼ (3.0)	4/29
5	91	Isabelle JENSEN	#10 Evergreen State	10.63m	34-10½ (0.)	3/4
6	93	Sienna BAUER	#2 Southern Oregon	10.62m	34-10¼ (0.)	4/22
7	97	Cassidy STODDARD	#3 College of Idaho	10.60mw	34-9½ (3.8)	4/8
8		Naeve RODGERS	#3 College of Idaho	10.47mA	34-4¼ (1.7)	4/29
9		Taylor MCCARRELL	#4 Eastern Oregon	10.46m	34-4 (1.2)	4/8
10		JoAnna CAMPBELL	#4 Eastern Oregon	10.26mw	33-8 (3.1)	4/22



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Cascade

Women's Shot Put

1	10	Maggie LEDBETTER	#4	Eastern Oregon	A:B 13.77m	45-2¼	5/7
2	27	Michelle DADSON	#1	British Columbia	12.97m	42-6¾	5/6
3	35	Catlynn DUFF	#3	College of Idaho	12.85m	42-2	4/1
4	36	Kiashe HOBBY	#2	Southern Oregon	12.81m	42-½	4/22
5	52	Kenna WOODWARD	#4	Eastern Oregon	12.45m	40-10¼	3/18
6	54	Esther EZEUGU	#3	College of Idaho	12.40m	40-8¼	4/1
7	92	Valerie SCHMIDT	#6	Corban (Ore.)	11.85m	38-10½	4/21
8		Danielle CHURCH	#4	Eastern Oregon	11.73m	38-6	4/8
9		Emily FOX	#3	College of Idaho	11.69m	38-4¼	3/18
10		Sarah JOHNSTON	#2	Southern Oregon	11.62m	38-1½	5/7
10		Andrea OSBON	#2	Southern Oregon	11.62m	38-1½	4/15

Women's Discus

1	4	Molly GUERRA	#2	Southern Oregon	A:B 48.06m	157-8	4/22
2	28	Maggie LEDBETTER	#4	Eastern Oregon	B 43.06m	141-3	4/16
3	57	Catlynn DUFF	#3	College of Idaho	39.70m	130-3	4/1
4	61	AaLea KOLB	#3	College of Idaho	39.56m	129-10	3/18
5	67	Kiashe HOBBY	#2	Southern Oregon	39.36m	129-2	3/19
6	78	Kenna WOODWARD	#4	Eastern Oregon	38.20m	125-4	4/1
7	84	Gabrielle TATA-RODRIGUES	#6	Corban (Ore.)	37.61m	123-5	4/8
8		Lily STEWART	#10	Evergreen State	37.00m	121-5	3/4
9		Trinity HILL	#4	Eastern Oregon	35.27m	115-9	4/22
10		Star HERRON	#3	College of Idaho	34.46m	113-1	4/22

Women's Hammer

1	1	Catlynn DUFF	#3	College of Idaho	A:B 55.67m	182-8	4/8
2	11	Kiashe HOBBY	#2	Southern Oregon	A:B 51.50m	169-0	4/29
3	19	Kenna WOODWARD	#4	Eastern Oregon	B 49.60m	162-9	4/29
4	24	Emily FOX	#3	College of Idaho	B 49.07m	161-0	4/22
5	25	Maggie LEDBETTER	#4	Eastern Oregon	B 49.02m	160-10	5/7
6	26	Michelle DADSON	#1	British Columbia	B 48.89m	160-5	4/2
7	38	Molly GUERRA	#2	Southern Oregon	47.43m	155-8	4/15
8	52	Jaelene CHAVEZ	#6	Corban (Ore.)	45.29m	148-7	5/7
9	73	Lily CAMPBELL	#3	College of Idaho	43.59m	143-0	4/22
10	77	Trinity HILL	#4	Eastern Oregon	43.15m	141-7	4/22

Women's Javelin

1	1	Hailey KJAER	#1	British Columbia	A:B 45.94m	150-9	4/13
2	2	Giovanna JANES	#1	British Columbia	A:B 44.28m	145-4	4/2
3	6	J.V. PATRY-SMITH	#1	British Columbia	A:B 43.10m	141-5	3/18
4	8	Alex CONLEY	#8	Oregon Tech	A:B 42.61m	139-10	4/29
5	12	Aarika BROOKS	#8	Oregon Tech	A:B 41.30m	135-6	4/29
6	13	Brittan BRATSCHER	#8	Oregon Tech	A:B 40.96m	134-5	4/29
7	17	Kea STIEGLITZ	#5	Lewis-Clark State	A:B 40.53m	133-0	5/7
8	24	Allie BEST	#4	Eastern Oregon	B 39.00m	128-0	5/7
9	25	Amber MILLER	#8	Oregon Tech	38.83m	127-5	4/15
10	27	Lily CAMPBELL	#3	College of Idaho	38.60m	126-8	4/29

Women's Heptathlon

1	1	Valerie SCHMIDT	#6	Corban (Ore.)	B 5,086	4/21
2	4	Hassy FASHINA-BOMBATA	#1	British Columbia	B 4,867	4/21
3	5	Abi STEVENS	#2	Southern Oregon	B 4,673	4/21
4	10	Roby YOUNG	#3	College of Idaho	B 4,545	4/21
5	12	Rebecca DUTCHAK	#1	British Columbia	B 4,494	4/21
6	19	Jenna HODGES	#2	Southern Oregon	B 4,171	4/21
7	20	Jennah CARPENTER	#5	Lewis-Clark State	B 4,152	4/1
8	21	Ally ODELL	#8	Oregon Tech	B 4,146	4/21
9	24	Sammy CONLEY	#4	Eastern Oregon	B 4,057	4/21
10	25	Baylee TOUEY	#2	Southern Oregon	B 4,047	4/21



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Chicagoland

Women's 100 Meters

1	12	Alyssa BUSKER	#7	Trinity Christian	A:B 11.89	(0.9)	5/6
2	30	Kimberly BRENT	#1	Olivet Nazarene	B 12.08	(0.9)	5/6
3	38	Linda GRIFFITH	#1	Olivet Nazarene	12.15w	(2.1)	5/6
4	74	Olivia STURRUP	#1	Olivet Nazarene	12.28	(0.9)	5/6
5	91	Mara BRUNO	#2	St. Francis (Ill.)	12.35w	(3.2)	5/6
5	91	Tera MILLER	#1	Olivet Nazarene	12.35	(1.8)	4/23
7		Jamaya JENKINS	#3	Saint Xavier (Ill.)	12.56	(1.8)	4/23
7		Paige CRIPPES	#4	St. Ambrose (Iov	12.56	(0.6)	4/22
9		Rakiya LAWRENCE	#3	Saint Xavier (Ill.)	12.58w	(3.2)	5/6
10		Talia JONES-WRIGHT	#2	St. Francis (Ill.)	12.83	(-0.2)	4/11

Women's 100 Meter Hurdles

1	20	Hannah ANTKOVIK	#1	Olivet Nazarene	A:B 14.43w	(2.2)	5/6
2	22	Linda GRIFFITH	#1	Olivet Nazarene	A:B 14.52w	(2.2)	5/6
3	50	Leah ROSE	#4	St. Ambrose (Iov	15.18	(0.9)	4/22
4	57	Meghann CULLEN	#1	Olivet Nazarene	15.28w	(2.2)	5/6
5	72	Amia HARRISON	#3	Saint Xavier (Ill.)	15.44	(1.2)	4/14
6	79	Olivia BUNDY	#3	Saint Xavier (Ill.)	15.46w	(3.5)	5/6
7		Lauryn BENNETT	#4	St. Ambrose (Iov	15.98w	(2.2)	5/6
8		Gina MISEK	#6	Judson (Ill.)	16.03w	(2.2)	5/6
9		Gianna TRENTER	#2	St. Francis (Ill.)	16.29w	(2.2)	5/6
10		Faith DILLMAN	#4	St. Ambrose (Iov	16.84w	(2.1)	4/15

Women's 200 Meters

1	21	Alyssa BUSKER	#7	Trinity Christian	A:B 24.66	(1.2)	5/6
2	30	Linda GRIFFITH	#1	Olivet Nazarene	B 24.90	(0.8)	5/6
3	33	Kimberly BRENT	#1	Olivet Nazarene	24.94	(1.2)	5/6
4	40	Tera MILLER	#1	Olivet Nazarene	24.99	(1.2)	5/6
5	74	Olivia STURRUP	#1	Olivet Nazarene	25.33	(1.2)	5/6
5	74	Mara BRUNO	#2	St. Francis (Ill.)	25.33	(1.2)	5/6
7		Hannah ANTKOVIK	#1	Olivet Nazarene	25.88	(-2.4)	4/23
8		Katie LAMBRECHT	#4	St. Ambrose (Iov	26.07	(0.8)	5/6
9		Zoie ISON	#8	Calumet St. Jose	26.16	(1.3)	4/30
10		Tristyn GRUBE	#1	Olivet Nazarene	26.17	(-2.4)	4/23

Women's 400 Meters

1	24	Tera MILLER	#1	Olivet Nazarene	B 57.33		3/25
2	44	Hannah ANTKOVIK	#1	Olivet Nazarene	58.42		4/23
3	57	Keeley LEARY	#3	Saint Xavier (Ill.)	58.97		4/23
4	69	Gabbi BUTLER	#4	St. Ambrose (Iov	59.10		4/22
5		Megan JANSETT	#4	St. Ambrose (Iov	59.59		5/6
6		Zoie ISON	#8	Calumet St. Jose	1:01.04		5/6
7		Sydney HATCH	#1	Olivet Nazarene	1:01.45		5/6
8		Katie LAMBRECHT	#4	St. Ambrose (Iov	1:01.62		4/2
9		Tori ORTON	#1	Olivet Nazarene	1:02.00		4/30
10		Linda GRIFFITH	#1	Olivet Nazarene	1:02.08		4/23

Women's 400 Meter Hurdles

1	6	Linda GRIFFITH	#1	Olivet Nazarene	A:B 1:01.96		3/25
2	7	Hannah ANTKOVIK	#1	Olivet Nazarene	A:B 1:01.97		5/6
3	42	Katie LAMBRECHT	#4	St. Ambrose (Iov	1:06.07		5/6
4	46	Lana MUSA	#3	Saint Xavier (Ill.)	1:06.28		5/6
5	69	Olivia BUNDY	#3	Saint Xavier (Ill.)	1:08.04		4/11
6	72	Emma BETTS	#1	Olivet Nazarene	1:08.20		4/23
7	85	Gianna TRENTER	#2	St. Francis (Ill.)	1:08.67		5/6
8		Jolene MANTOAN	#1	Olivet Nazarene	1:09.88		4/11
9		Victoria DOLBNIK	#3	Saint Xavier (Ill.)	1:11.33		4/11
10		Faith DILLMAN	#4	St. Ambrose (Iov	1:11.36		5/6

Women's 800 Meters

1	13	Keeley LEARY	#3	Saint Xavier (Ill.)	B 2:15.04		4/11
2	48	Ana PINEDA	#2	St. Francis (Ill.)	2:18.73		5/6
3		Delilah DELGADO	#3	Saint Xavier (Ill.)	2:23.47		5/6
4		Mady ROGERS	#1	Olivet Nazarene	2:24.31		4/11
5		Lindsey DIAZDELEON	#1	Olivet Nazarene	2:24.80		4/11
6		Rachel SHEPARD	#1	Olivet Nazarene	2:24.95		4/11
7		Allison RAMSEY	#2	St. Francis (Ill.)	2:25.87		5/6
8		Tori ORTON	#1	Olivet Nazarene	2:27.00		4/23
9		Nayely MARTINEZ	#3	Saint Xavier (Ill.)	2:29.45		4/23
10		Annet JUAREZ	#2	St. Francis (Ill.)	2:30.61		5/6

Women's 1500 Meters

1	16	Sabrina BAFTIRI	#2	St. Francis (Ill.)	A:B 4:37.48		4/28
2	34	Ana PINEDA	#2	St. Francis (Ill.)	B 4:41.61		5/6
3	54	Bailey WILK	#2	St. Francis (Ill.)	4:45.93		4/11
4	70	Allison RAMSEY	#2	St. Francis (Ill.)	4:48.29		4/11
5	75	Laisha CORONA	#2	St. Francis (Ill.)	4:49.56		4/23
6		Daly GALLOWAY	#2	St. Francis (Ill.)	4:55.66		4/23
7		Katherine BAKKEN	#2	St. Francis (Ill.)	4:59.08		4/23
8		Olivia BUKOWSKI	#2	St. Francis (Ill.)	4:59.88		5/6
9		Megan RAMSEY	#2	St. Francis (Ill.)	5:01.12		4/11
10		Julie O'SULLIVAN	#7	Trinity Christian	5:01.16		5/6

Women's Steeplechase

1	37	April VAN RYN	#7	Trinity Christian	11:38.74		5/6
2	46	Taylor WIDDER	#1	Olivet Nazarene	11:55.10		4/11
3	80	Eleanor FOURNIER	#1	Olivet Nazarene	12:30.12		4/30
4	90	Naomi DAHLQUIST	#1	Olivet Nazarene	12:37.21		5/6
5	1E+0	Kathryn SWANSON	#1	Olivet Nazarene	12:44.54		5/6
6		Natalie ANDRADE	#3	Saint Xavier (Ill.)	13:12.41		5/6
7		Hatianna THOMAS	#5	Lincoln (Ill.)	15:11.58		5/6



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Chicagoland

Women's 5000 Meters

1	9	Sabrina BAFTIRI	#2 St. Francis (Ill.)	A:B 16:55.89	4/1
2	13	Laisha CORONA	#2 St. Francis (Ill.)	A:B 17:05.81	4/27
3	26	Daly GALLOWAY	#2 St. Francis (Ill.)	A:B 17:32.45	4/28
4	27	Ana PINEDA	#2 St. Francis (Ill.)	A:B 17:34.16	4/1
5	28	Katherine BAKKEN	#2 St. Francis (Ill.)	A:B 17:34.79	4/28
6	35	Bailey WILK	#2 St. Francis (Ill.)	B 17:36.97	4/1
7	62	Allison RAMSEY	#2 St. Francis (Ill.)	18:13.64	4/1
8	73	Hannah BERDAHL	#2 St. Francis (Ill.)	18:26.13	4/1
9	80	Olivia BUKOWSKI	#2 St. Francis (Ill.)	18:30.86	4/1
10	92	Emma DUNCAN	#4 St. Ambrose (Iov	18:34.37	5/6

Women's 10,000 Meters

1	3	Laisha CORONA	#2 St. Francis (Ill.)	A:B 35:53.98	4/1
2	4	Katherine BAKKEN	#2 St. Francis (Ill.)	A:B 35:58.05	4/1
3	5	Daly GALLOWAY	#2 St. Francis (Ill.)	A:B 36:07.35	4/1
4	11	Sarai VARGAS	#1 Olivet Nazarene	A:B 36:48.54	5/6
5	56	Jacey SCHICKEL	#1 Olivet Nazarene	39:27.24	5/6
6	79	Veronica NAVARRETE	#2 St. Francis (Ill.)	40:40.88	5/6
7	95	Karen DORANTES	#3 Saint Xavier (Ill.)	41:38.69	5/6
8		Lia MUNOZ	#3 Saint Xavier (Ill.)	45:29.56	5/6
9		Tessa MOON	#5 Lincoln (Ill.)	53:27.66	4/23

Women's 5000m Race Walk

1	7	Nayeli CISNEROS	#6 Judson (Ill.)	A:B 26:58.37	5/6
2	8	Maria ALARCON	#6 Judson (Ill.)	A:B 27:05.06	4/11
3	12	Beth RODRIGUEZ	#6 Judson (Ill.)	B 28:31.91	5/6
4	29	Jocelyn ORDONEZ	#3 Saint Xavier (Ill.)	35:24.37	4/23

Women's 4x100 Relay

1	8	Tera MILLER, Kimberly BRENT, Tristyn GRUBE, Olivia STURRUP	#1 Olivet Nazarene	A:B 46.92	5/6
2	33	Rakiya LAWRENCE, Jamaya JENKINS, Amia HARRISON, Olivia BUNDY	#3 Saint Xavier (Ill.)	B 48.19	5/6
3	37	Mara BRUNO, Shyasia BAKER, Alyssa DOLAN, Talia JONES-WRIGHT	#2 St. Francis (Ill.)	B 48.31	4/23
4	58	Paige CRIPPES, Gabbi BUTLER, Katie LAMBRECHT, Leah ROSE	#4 St. Ambrose (Iov	49.07	4/22
5	86	Marissa SIFUENTEZ, Laila GRAHAM, Nyasia YOUNG, Sunnie COLLINS	#5 Lincoln (Ill.)	51.09	4/9
6		Serena MILLER, Amanda CHARPENTIER, Gina MISEK, Lauren JONES	#6 Judson (Ill.)	52.49	4/29

Women's 4x400 Relay

1	3	Tera MILLER, Hannah ANTKOVIK, Kimberly BRENT, Linda GRIFFITH	#1 Olivet Nazarene	A:B 3:47.22	4/27
2	25	Gabbi BUTLER, Megan JANSETT, Katie LAMBRECHT, Karissa KOVAL	#4 St. Ambrose (Iov	3:59.92	4/27
3	42	Delilah DELGADO, Lana MUSA, Kristen BOOKER, Keeley LEARY	#3 Saint Xavier (Ill.)	4:03.54	5/6
4	83	Mara BRUNO, Gianna TRENTER, Claire ROBERTS, Megan KRISCH	#2 St. Francis (Ill.)	4:15.27	5/6
5		Natalia KURNYTA, Alyssa HORSTMAN, Julie O'SULLIVAN, April VAN RYN	#7 Trinity Christian	4:23.28	4/23
6		Marissa SIFUENTEZ, Aurora BOARD, Hatianna THOMAS, Nyasia YOUNG	#5 Lincoln (Ill.)	4:42.04	4/23
7		Lauren JONES, Kasey MORENO, Grace GARCIA, Amanda CHARPENTIER	#6 Judson (Ill.)	4:45.10	5/6

Women's 4x800 Relay

1	12	Sabrina BAFTIRI, Bailey WILK, Allison RAMSEY, Ana PINEDA	#2 St. Francis (Ill.)	A:B 9:21.99	5/6
2	25	Keeley LEARY, Delilah DELGADO, Nayely MARTINEZ, Victoria DOLBNIK	#3 Saint Xavier (Ill.)	9:43.70	5/6
3	55	Lindsey DIAZDELEON, Mackenzie PARK, Molly RAYMOND, Mady ROGERS	#1 Olivet Nazarene	10:14.52	5/6
4	73	Julie O'SULLIVAN, Chloe KIKSTRA, Valerie WELLMAN, April VAN RYN	#7 Trinity Christian	10:38.05	5/6
5	82	Eva SERRATO, Laysha HERNANDEZ, Kasey MORENO, Grace GARCIA	#6 Judson (Ill.)	10:54.29	5/6
6	83	Emma DUNCAN, Karissa KOVAL, Christyna LAMANTIA, Anna PIERCE	#4 St. Ambrose (Iov	10:56.30	5/6
7	LE+0:	Tessa MOON, McKenzie BOREN, Aurora BOARD, Hatianna THOMAS	#5 Lincoln (Ill.)	11:52.83	4/9



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Women's High Jump

1	4	Lynette LATOCHA	#1	Olivet Nazarene A:B	1.70m	5-7	4/23
2	36	Laila GRAHAM	#5	Lincoln (Ill.)	1.62m	5-3¾	4/30
3	44	Teghan TILLMAN	#2	St. Francis (Ill.)	1.60m	5-3	4/14
4	55	Alyssa HORSTMAN	#7	Trinity Christian	1.59m	5-2½	4/23
4	55	Macy O'NEILL	#1	Olivet Nazarene	1.59m	5-2½	4/30
4	55	Ambyer MAREE-DERRICK	#3	Saint Xavier (Ill.)	1.59m	5-2½	4/23
7	84	Lana MUSA	#3	Saint Xavier (Ill.)	1.55m	5-1	3/25
8	E+0	Melissa SANDERS	#1	Olivet Nazarene	1.54m	5-½	4/23
9		Natalia KURNYTA	#7	Trinity Christian	1.47m	4-9¾	4/29
10		Serena MILLER	#6	Judson (Ill.)	1.44m	4-8¾	5/6

Women's Pole Vault

1	14	Olivia EARL	#1	Olivet Nazarene B	3.55m	11-7¾	4/23
2	51	Lindsey SHOUSE	#1	Olivet Nazarene	3.20m	10-6	4/11
3	64	Karleigh BARAN	#1	Olivet Nazarene	3.05m	10-0	5/6
3	64	Ellie SCHOON	#1	Olivet Nazarene	3.05m	10-0	5/6
5	94	Ande VEYDT	#1	Olivet Nazarene	2.80m	9-2¼	4/30
6		Kenna BORTON	#6	Judson (Ill.)	2.75m	9-¼	5/6
6		Tara RYAN	#4	St. Ambrose (Iov	2.75m	9-¼	4/22
8		Kylie DITTMAN	#1	Olivet Nazarene	2.50m	8-2½	4/23
9		Reaganne GRAFF	#6	Judson (Ill.)	2.35m	7-8½	4/23
10		Danielle GIBSON	#6	Judson (Ill.)	2.20m	7-2½	4/23

Women's Long Jump

1	51	Mara BRUNO	#2	St. Francis (Ill.)	5.47mw	17-11½ (2.0)	4/30
2	77	Abby CAMP	#4	St. Ambrose (Iov	5.35m	17-6¾ (0.0)	4/22
3		Amia HARRISON	#3	Saint Xavier (Ill.)	5.24m	17-2¼ (-1.0)	4/1
3		Laila GRAHAM	#5	Lincoln (Ill.)	5.24m	17-2¼ (0.0)	4/30
5		Hannah ANTKOVIK	#1	Olivet Nazarene	5.22mw	17-1½ (3.7)	4/23
6		Lexie JOHNSON	#4	St. Ambrose (Iov	5.21m	17-1¼ (-0.0)	4/22
7		Tristyn GRUBE	#1	Olivet Nazarene	5.14mw	16-10½ (3.0)	4/23
8		Nyasia YOUNG	#5	Lincoln (Ill.)	5.05m	16-7 (0.0)	4/30
9		Olivia BUNDY	#3	Saint Xavier (Ill.)	5.03m	16-6 (1.2)	4/30
10		Angela LOUIS	#9	Roosevelt (Ill.)	4.91mw	16-1½ (2.8)	4/23

Women's Triple Jump

1	26	Madeline MANGANIello	#1	Olivet Nazarene B	11.57m	37-11½ (0.0)	5/6
2	33	Amia HARRISON	#3	Saint Xavier (Ill.) B	11.50mw	37-8¾ (2.3)	5/6
3	53	Melissa SANDERS	#1	Olivet Nazarene	11.17mw	36-7¾ (2.3)	5/6
4	65	Jolene MANTOAN	#1	Olivet Nazarene	10.90mw	35-9¾ (3.2)	5/6
5	90	Abby CAMP	#4	St. Ambrose (Iov	10.64mw	34-11 (3.5)	5/6
6		Nyasia YOUNG	#5	Lincoln (Ill.)	10.52m	34-6¼ (1.3)	4/23
7		Rosita PONCE	#2	St. Francis (Ill.)	10.45mw	34-3½ (2.3)	4/23
8		Leah ROSE	#4	St. Ambrose (Iov	10.35mw	33-11½ (3.0)	5/6
9		Addison ADAMS	#1	Olivet Nazarene	10.33mw	33-10¾ (3.0)	5/6
10		Tristyn GRUBE	#1	Olivet Nazarene	10.30m	33-9½ (1.7)	5/6

Women's Shot Put

1	3	Madeline ROBINSON	#1	Olivet Nazarene A:B	14.71m	48-3¼	5/6
2	9	Annah MILLER	#4	St. Ambrose (Iov A:B	13.80m	45-3½	4/15
3	29	Courtney HALL	#1	Olivet Nazarene	12.90m	42-4	3/25
4	32	Lana KROHE	#1	Olivet Nazarene	12.88m	42-3¼	5/6
5	64	Erica MARTIN	#5	Lincoln (Ill.)	12.23m	40-1½	4/9
6		Kayla MIKOTTIS	#1	Olivet Nazarene	11.70m	38-4¾	4/9
7		Madison SIMPSON	#3	Saint Xavier (Ill.)	11.26m	36-11½	4/1
8		Sara SMITH	#4	St. Ambrose (Iov	10.77m	35-4	4/29
9		Anna DUNNE	#4	St. Ambrose (Iov	10.74m	35-3	4/2
10		Layla ALEXANDER	#3	Saint Xavier (Ill.)	10.25m	33-7½	5/6

Women's Discus

1	27	Annah MILLER	#4	St. Ambrose (Iov B	43.07m	141-4	4/22
2	37	Kayla MIKOTTIS	#1	Olivet Nazarene	42.27m	138-8	4/23
3	50	Courtney HALL	#1	Olivet Nazarene	40.58m	133-2	4/23
4		Madeline ROBINSON	#1	Olivet Nazarene	36.37m	119-4	3/25
5		Elizabeth TREADWAY	#1	Olivet Nazarene	35.56m	116-8	4/30
6		Lana KROHE	#1	Olivet Nazarene	34.99m	114-10	4/23
7		Jersey PANOCK	#3	Saint Xavier (Ill.)	34.78m	114-1	3/25
8		Julianna JONES	#4	St. Ambrose (Iov	34.19m	112-2	5/6
9		Valerie HOLLAND	#3	Saint Xavier (Ill.)	33.25m	109-1	4/23
10		Kaylee HOLT	#2	St. Francis (Ill.)	32.46m	106-6	5/6

Women's Hammer

1	6	Madeline ROBINSON	#1	Olivet Nazarene A:B	53.74m	176-4	4/23
2	17	Courtney HALL	#1	Olivet Nazarene B	49.91m	163-9	4/23
3	63	Arianna TROTTER	#5	Lincoln (Ill.)	44.40m	145-8	4/9
4	82	Kayla MIKOTTIS	#1	Olivet Nazarene	42.77m	140-4	4/30
5	97	Madison SIMPSON	#3	Saint Xavier (Ill.)	41.98m	137-9	5/6
6		Avery SPENCER	#1	Olivet Nazarene	39.59m	129-11	4/23
7		Kaylee HOLT	#2	St. Francis (Ill.)	39.17m	128-6	4/30
8		Elizabeth TREADWAY	#1	Olivet Nazarene	39.14m	128-5	4/9
9		Jersey PANOCK	#3	Saint Xavier (Ill.)	38.25m	125-6	4/1
10		Madi BLUMHOFF	#4	St. Ambrose (Iov	36.35m	119-3	4/29

Women's Javelin

1	20	Avery SPENCER	#1	Olivet Nazarene B	39.68m	130-2	5/6
2	56	Madeline MANGANIello	#1	Olivet Nazarene	35.89m	117-9	4/23
3	69	Tori ORTON	#1	Olivet Nazarene	34.86m	114-5	4/23
4		Valerie HOLLAND	#3	Saint Xavier (Ill.)	30.88m	101-4	4/14
5		Iesha CROWE	#5	Lincoln (Ill.)	29.13m	95-7	4/1
6		Courtney HALL	#1	Olivet Nazarene	29.08m	95-5	5/6
7		Jenna PANOCK	#3	Saint Xavier (Ill.)	28.81m	94-6¼	5/6
8		Maggie WERTS	#5	Lincoln (Ill.)	25.43m	83-5¼	5/6
9		Olivia SOBIESZCZYK	#4	St. Ambrose (Iov	25.30m	83-¼	5/6
10		Danielle GIBSON	#6	Judson (Ill.)	23.69m	77-8¾	5/6



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Crossroads

Women's 100 Meters

1	14	Giorgia MAMELI	#1	Marian (Ind.)	A:B 11.91w	(2.3)	4/22
2	40	Gracious O'CONNOR	#5	Grace (Ind.)	12.16w	(2.3)	4/22
3	48	Maria MALDONADO	#7	Goshen (Ind.)	12.18w	(2.3)	4/22
4	51	Makayla MELVIN	#1	Marian (Ind.)	12.19w	(2.3)	4/22
5	63	Jocelynn BURTON	#1	Marian (Ind.)	12.24	(0.3)	5/5
6	91	Nordia CAMPBELL	#5	Grace (Ind.)	12.35w	(2.3)	4/22
7	96	Sydni AUSBERRY	#9	Huntington (Ind)	12.37w	(2.3)	4/22
8		Audrey ALTUM	#2	Taylor (Ind.)	12.43w	(3.1)	4/22
9		Brianna HOOTON	#3	Bethel (Ind.)	12.61w	(3.1)	4/22
10		Zoe HULEY	#5	Grace (Ind.)	12.67w	(2.8)	4/22

Women's 100 Meter Hurdles

1	14	Erin OLESAK	#1	Marian (Ind.)	A:B 14.25	(0.7)	4/11
2	15	Audrey ALTUM	#2	Taylor (Ind.)	A:B 14.26w	(3.1)	4/22
3	19	Patience SAKEUH	#2	Taylor (Ind.)	A:B 14.36	(1.7)	3/25
4	62	Rylin BAGARUS	#3	Bethel (Ind.)	15.32w	(3.1)	4/22
5	67	Emma CONRAD	#5	Grace (Ind.)	15.38w	(3.1)	4/22
6		Michaela BARRETT	#1	Marian (Ind.)	15.89	(0.7)	5/5
7		Cailyn PENTECOST	#3	Bethel (Ind.)	16.16	(0.3)	5/5
8		DeJae HUDSON	#1	Marian (Ind.)	16.16w	(2.9)	4/22
9		Madelyn YODER	#5	Grace (Ind.)	16.66	(0.7)	5/5
10		Beth LUCAS	#4	Indiana Wesleya	16.98w	(2.9)	4/22

Women's 200 Meters

1	12	Gracious O'CONNOR	#5	Grace (Ind.)	A:B 24.34w	(2.5)	5/5
2	14	Giorgia MAMELI	#1	Marian (Ind.)	A:B 24.53w	(4.0)	4/22
3	26	Jezelle SHAW	#4	Indiana Wesleya B	24.79w	(2.5)	5/5
4	44	Maria MALDONADO	#7	Goshen (Ind.)	25.03w	(2.5)	5/5
5	52	Makayla MELVIN	#1	Marian (Ind.)	25.13w	(2.5)	5/5
6	66	Jocelynn BURTON	#1	Marian (Ind.)	25.25w	(3.8)	3/25
7	72	Brianna HOOTON	#3	Bethel (Ind.)	25.30w	(2.5)	5/5
8	73	Nordia CAMPBELL	#5	Grace (Ind.)	25.32w	(4.0)	4/22
9	99	Patience SAKEUH	#2	Taylor (Ind.)	25.57w	(2.4)	3/25
10		Eden SIPLES	#2	Taylor (Ind.)	25.63w	(4.0)	4/22

Women's 400 Meters

1	15	Jezelle SHAW	#4	Indiana Wesleya	A:B 56.81		4/11
2	41	Kayla KUNKEL	#3	Bethel (Ind.)	58.31		4/11
3	47	Jai-Lyn NORWOOD	#1	Marian (Ind.)	58.60		4/22
4	65	Michelle MORAITIS	#3	Bethel (Ind.)	59.05		4/22
5	77	Eden SIPLES	#2	Taylor (Ind.)	59.16		4/22
6		Kailyn ELY	#4	Indiana Wesleya	59.88		4/22
7		Taylor THOMAS	#1	Marian (Ind.)	1:00.10		5/5
8		Maria MALDONADO	#7	Goshen (Ind.)	1:00.13		4/29
9		Jada BURTON	#1	Marian (Ind.)	1:00.26		5/5
9		Giorgia MAMELI	#1	Marian (Ind.)	1:00.26		4/15

Women's 400 Meter Hurdles

1	40	Giovanna DOMENE	#2	Taylor (Ind.)	1:05.95		5/5
2	49	Erin OLESAK	#1	Marian (Ind.)	1:06.40		5/5
3	59	Mariah MALEY	#6	Saint Francis (In	1:07.43		5/5
4	82	Audrey ZEIGLER	#6	Saint Francis (In	1:08.56		4/29
5	88	Laura JENKINS	#8	Spring Arbor (Mi	1:08.85		5/5
6		Luisana ALONSO	#3	Bethel (Ind.)	1:10.42		4/11
7		Michaela BARRETT	#1	Marian (Ind.)	1:10.82		3/25
8		Audrey ALTUM	#2	Taylor (Ind.)	1:11.27		3/25
9		Michaela BURIFF	#5	Grace (Ind.)	1:11.58		5/5
10		Emily JOHNSON	#2	Taylor (Ind.)	1:11.60		5/5

Women's 800 Meters

1	2	Abbey BRENNAN	#2	Taylor (Ind.)	A:B 2:11.34		4/13
2	6	Kylie SAUDER	#5	Grace (Ind.)	A:B 2:12.98		4/15
3	19	Brooke STUDNICKI	#2	Taylor (Ind.)	B 2:15.90		4/11
4	23	Annika ALDERFER FISHER	#7	Goshen (Ind.)	2:16.33		4/11
5	33	Abigail MAYS	#9	Huntington (Ind	2:17.43		5/5
6	45	Sterling SIMEK	#4	Indiana Wesleya	2:18.30		4/22
7	52	Tara FRIESEN	#5	Grace (Ind.)	2:18.98		4/29
8	57	Heather PLASTOW	#5	Grace (Ind.)	2:19.43		4/9
9	59	Anna HULSTEDT	#5	Grace (Ind.)	2:19.69		5/5
10	61	Summer COOPER	#7	Goshen (Ind.)	2:19.91		4/11

Women's 1500 Meters

1	12	Abbey BRENNAN	#2	Taylor (Ind.)	A:B 4:34.34		4/22
2	18	Brooke STUDNICKI	#2	Taylor (Ind.)	B 4:37.93		4/11
3	25	Annika ALDERFER FISHER	#7	Goshen (Ind.)	B 4:39.88		4/22
4	30	Kylie SAUDER	#5	Grace (Ind.)	B 4:41.11		4/22
5	36	Alex EBETINO	#6	Saint Francis (In B	4:42.16		4/9
6	39	Heather PLASTOW	#5	Grace (Ind.)	B 4:43.12		4/9
7	45	Jenna COUWENHOVEN	#4	Indiana Wesleya	4:43.75		5/5
8	58	Giovanna DOMENE	#2	Taylor (Ind.)	4:46.85		4/22
9	60	Leah HALL	#6	Saint Francis (In	4:46.92		4/9
10	67	Shelby CHRISTMAN	#9	Huntington (Ind	4:47.87		4/2

Women's Steeplechase

1	6	Ahna VANDERWALL	#2	Taylor (Ind.)	A:B 10:43.98		5/5
2	9	Giovanna DOMENE	#2	Taylor (Ind.)	A:B 10:52.48		5/5
3	25	Mollie GAMBLE	#2	Taylor (Ind.)	B 11:19.45		4/11
4	29	Audrey BRINKRUFF	#2	Taylor (Ind.)	B 11:26.64		5/5
5	31	ChristyAnn DELAHUNTY	#4	Indiana Wesleya B	11:28.66		4/22
6	35	Elayna KITT	#2	Taylor (Ind.)	11:36.77		4/11
7	36	Sydni MONTGOMERY	#1	Marian (Ind.)	11:37.97		4/11
8	41	Lynae ACKLEY	#2	Taylor (Ind.)	11:48.83		4/22
9	44	Kristina BAUM	#6	Saint Francis (In	11:53.16		4/22
10	52	Katie ACKER	#5	Grace (Ind.)	12:03.10		4/22



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Crossroads

Women's 5000 Meters

1	15	Alex EBETINO	#6 Saint Francis (InA:B	17:12.53	4/1
2	25	Leah HALL	#6 Saint Francis (InA:B	17:30.46	4/1
3	32	Emily WESTRICK	#8 Spring Arbor (MA:B	17:35.87	4/29
4	46	Macy KRASOFSKY	#10 Mount Vernon N	17:58.01	3/18
5	52	Heather PLASTOW	#5 Grace (Ind.)	18:06.44	4/15
6	55	Jenna COUWENHOVEN	#4 Indiana Wesleya	18:08.46	4/2
7	56	Mallory HIATT	#5 Grace (Ind.)	18:09.73	4/15
8	70	Hailley O'NEILL	#6 Saint Francis (In	18:23.07	4/1
9	71	Madeline PURDOM	#2 Taylor (Ind.)	18:25.72	4/11
10	75	Addi DEWEY	#4 Indiana Wesleya	18:27.45	4/22

Women's 10,000 Meters

1	8	Leah HALL	#6 Saint Francis (InA:B	36:37.99	5/5
2	17	Emily WESTRICK	#8 Spring Arbor (MA:B	37:15.50	5/5
3	20	Macy KRASOFSKY	#10 Mount Vernon NA:B	37:17.92	5/5
4	21	Ashlyn HASTINGS	#4 Indiana WesleyaA:B	37:21.43	5/5
5	28	Mollie GAMBLE	#2 Taylor (Ind.) B	37:52.90	5/5
6	32	Carmen TRIER	#9 Huntington (Ind B	38:04.47	5/5
7	36	Lynae ACKLEY	#2 Taylor (Ind.)	38:20.77	5/5
8	41	Christina MAGERS	#4 Indiana Wesleya	38:40.09	5/5
9	48	Madeline PURDOM	#2 Taylor (Ind.)	39:05.79	5/5
10	62	Summer COOPER	#7 Goshen (Ind.)	39:52.14	5/5

Women's Half-Marathon

1	19	Macy KRASOFSKY	#10 Mount Vernon NA:B	1:28:12	2/6
2	26	Carmen TRIER	#9 Huntington (Ind B	1:29:05	3/26

Women's Marathon

1	3	Teresa ROSS RICHER	#7 Goshen (Ind.) A:B	3:28:50	3/19
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Women's 5000m Race Walk

1	26	Emma ZUERCHER	#7 Goshen (Ind.)	33:30.04	4/11
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Women's 4x100 Relay

1	12	Jai-Lyn NORWOOD, Erin OLEKSAK, Jocelynn BURTON, Makayla MELVIN	#1 Marian (Ind.) A:B	47.48	5/5
2	24	Lyne CAMARA, Nordia CAMPBELL, Zoe HULEY, Gracious O'CONNOR	#5 Grace (Ind.) A:B	47.92	4/11
3	35	Kilynn GUILER, Kayla KUNKEL, Brianna HOOTON, Michelle MORAITIS	#3 Bethel (Ind.) B	48.24	4/22
4	38	https://www.tfrrs.org/teams/11253	#2 Taylor (Ind.) B	48.32	4/22
5	79	Rosine OLONI, Laura JENKINS, Julia ROSSINI, Shailin GOLDEN	#8 Spring Arbor (Mi	50.57	5/5
6	93	Ashley RANKIN, Missy EMERY, Vivienne CUTRUPI, Madaline KITCHEN	#10 Mount Vernon N	51.52	4/23

Women's 4x400 Relay

1	27	Adrianna BOYD, Giorgia MAMELI, Makayla MELVIN, Erin OLEKSAK	#1 Marian (Ind.)	4:00.28	4/22
2	33	Kailyn ELY, Blessing LAUDERMILCH, Erin WADLEY, Jezelle SHAW	#4 Indiana Wesleya	4:01.87	5/5
3	43	https://www.tfrrs.org/teams/11253	#2 Taylor (Ind.)	4:03.56	4/22
4	46	Michelle MORAITIS, Kayla KUNKEL, Vladlena KLYMOVA, Brianna HOOTON	#3 Bethel (Ind.)	4:03.90	4/22
5	48	Gracious O'CONNOR, Zoe HULEY, Nordia CAMPBELL, Kylie SAUDER	#5 Grace (Ind.)	4:04.68	5/5
6	75	Annika ALDERFER FISHER, Maria MALDONADO, Naomi ROSS RICHER, Summer COOPER	#7 Goshen (Ind.)	4:11.91	4/22
7	89	Emily TEDDER, Abigail MAYS, Shaylynn REYES, Madeline GILE	#9 Huntington (Ind	4:18.05	4/8
8		Ashley BURGESS, Grace CHESSER, Missy EMERY, Madaline KITCHEN	#10 Mount Vernon N	4:22.58	4/28
9		https://www.tfrrs.org/teams/11257	#8 Spring Arbor (Mi	4:23.39	4/2
10		Kelsey PECK, Yami DIAZ, Hailley O'NEILL, Alex EBETINO	#6 Saint Francis (In	4:24.06	4/29



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Women's 4x800 Relay

1	1	https://www.tfrrs.org/teams/11253	#2	Taylor (Ind.)	A:B 9:03.64	4/22
2	4	Tara FRIESEN, Heather PLASTOW, Anna HULSTEDT, Kylie SAUDER	#5	Grace (Ind.)	A:B 9:13.66	4/22
3	13	Taylor THOMAS, Adrianna BOYD, Liz LOICHINGER, Nora STEELE	#1	Marian (Ind.)	A:B 9:22.15	5/5
4	17	Leah HALL, Alex EBETINO, Mariah MALEY, Hailley O'NEILL	#6	Saint Francis (In	9:29.36	4/22
5	18	Jenna COUWENHOVEN, Sterling SIMEK, Morgan FARR, Raegan TIPPEY	#4	Indiana Wesleya	9:31.20	5/5
6	19	Annika ALDERFER FISHER, Summer COOPER, Naomi ROSS RICHER, Mia WELLINGTON	#7	Goshen (Ind.)	9:31.87	4/22
7	76	Haley WIMMER, Diamond TAHER, Emma COUGILL, Megan COOPER	#3	Bethel (Ind.)	10:41.96	5/5

Women's High Jump

1	4	Erin OLEKSAK	#1	Marian (Ind.)	A:B 1.70m	5-7	4/22
2	44	Gina BUTZ	#1	Marian (Ind.)	1.60m	5-3	4/1
2	44	Jai-Lyn NORWOOD	#1	Marian (Ind.)	1.60m	5-3	4/1
4	55	Lisa RUFFIN	#3	Bethel (Ind.)	1.59m	5-2½	3/31
5	74	Cailyn PENTECOST	#3	Bethel (Ind.)	1.58m	5-2¼	5/5
6	E+0:	Dolly SLENK	#4	Indiana Wesleya	1.54m	5-½	5/5
6	E+0:	Emily MCCREARY	#5	Grace (Ind.)	1.54m	5-½	4/22
6	E+0:	Maiah SHELTON	#3	Bethel (Ind.)	1.54m	5-½	3/31
6	E+0:	Harley BOOCHER	#3	Bethel (Ind.)	1.54m	5-½	4/22
10		Rachel MANNING	#4	Indiana Wesleya	1.49m	4-10½	4/2

Women's Pole Vault

1	5	Sandy SLEDGE	#1	Marian (Ind.)	A:B 3.75m	12-3½	5/5
2	8	Jada PARZYGNOT	#3	Bethel (Ind.)	A:B 3.65m	11-11¾	3/31
3	14	Grace CONWAY	#3	Bethel (Ind.)	B 3.55m	11-7¾	3/31
4	23	Teagan BIXLER	#1	Marian (Ind.)	3.45m	11-3¾	4/22
5	33	Keirstin PIATT	#1	Marian (Ind.)	3.36m	11-¼	4/15
6	38	Grace MCINTYRE	#1	Marian (Ind.)	3.25m	10-8	5/5
6	38	Brooke MALLOY	#8	Spring Arbor (Mi	3.25m	10-8	5/5
6	38	Celeste KUCK	#4	Indiana Wesleya	3.25m	10-8	5/5
9	56	Jael WOOD	#3	Bethel (Ind.)	3.15m	10-4	3/31
10	76	Emma LEHMAN	#5	Grace (Ind.)	2.95m	9-8	5/5

Women's Long Jump

1	5	Erin OLEKSAK	#1	Marian (Ind.)	A:B 5.92mw	19-5¼ (2.1	4/1
2	7	Jai-Lyn NORWOOD	#1	Marian (Ind.)	A:B 5.80mw	19-½ (2.5)	4/1
3	45	Patience SAKEUH	#2	Taylor (Ind.)	5.50m	18-½ (0.9)	4/11
4	74	Naomi WALTERS	#1	Marian (Ind.)	5.37m	17-7½ (1.7	5/5
5		Lexie MORIARITY	#6	Saint Francis (In	5.13m	16-10 (1.8)	4/9
6		Macy MORGAN	#3	Bethel (Ind.)	5.08mw	16-8 (3.0)	4/22
7		DeJae HUDSON	#1	Marian (Ind.)	5.06m	16-7¼ (1.2	4/1
8		Grace CONWAY	#3	Bethel (Ind.)	5.03m	16-6 (0.0)	4/13
9		Missy EMERY	#10	Mount Vernon N	4.98m	16-4¼ (1.7	4/23
10		Brooke RUSSELL	#2	Taylor (Ind.)	4.84mw	15-10½ (3.	4/22

Women's Triple Jump

1	5	Jai-Lyn NORWOOD	#1	Marian (Ind.)	A:B 12.07mw	39-7¼ (3.4	4/1
2	12	Naomi WALTERS	#1	Marian (Ind.)	A:B 11.89m	39-¼ (1.1)	4/22
3	21	Blessing LAUDERMILCH	#4	Indiana Wesleya B	11.63mw	38-2 (2.2)	4/22
4	69	Grace CONWAY	#3	Bethel (Ind.)	10.85m	35-7¼ (0.0)	3/31
5	94	Brooke RUSSELL	#2	Taylor (Ind.)	10.61m	34-9¾ (1.2	4/22
6		Lisa RUFFIN	#3	Bethel (Ind.)	10.27m	33-8½ (0.0)	3/31
7		Lexie MORIARITY	#6	Saint Francis (In	10.07m	33-½ (0.0)	4/9
8		Sandy SLEDGE	#1	Marian (Ind.)	9.63m	31-7¼ (1.2	5/5
9		Macy MORGAN	#3	Bethel (Ind.)	9.60m	31-6 (1.8)	4/22
10		Kylie BARCELONA	#6	Saint Francis (In	8.95m	29-4½ (0.0	5/5

Women's Shot Put

1	1	Arriana BENJAMIN	#1	Marian (Ind.)	A:B 15.05m	49-4½	4/11
2	12	Merideth DEVRIES	#4	Indiana Wesleya	A:B 13.75m	45-1½	4/22
3	28	Taylor WATERWAY	#4	Indiana Wesleya	12.93m	42-5¼	4/22
4	31	Markala BARNES	#3	Bethel (Ind.)	12.89m	42-3½	5/5
5	53	Mackenzie DELONG	#5	Grace (Ind.)	12.43m	40-9½	4/22
6	55	Madison KAUFFMAN	#3	Bethel (Ind.)	12.39m	40-7¾	3/31
7	76	Lydia HALL	#8	Spring Arbor (Mi	12.00m	39-4½	4/29
8		Makayla ROBERTS	#10	Mount Vernon N	11.51m	37-9¼	4/11
9		Sarah SPANGLER	#1	Marian (Ind.)	11.48m	37-8	4/22
10		Cailyn PENTECOST	#3	Bethel (Ind.)	11.36m	37-3¼	3/31

Women's Discus

1	3	Merideth DEVRIES	#4	Indiana Wesleya	A:B 48.13m	157-11	4/22
2	9	Taylor WATERWAY	#4	Indiana Wesleya	A:B 46.45m	152-5	4/22
3	12	Arriana BENJAMIN	#1	Marian (Ind.)	A:B 45.29m	148-7	4/22
4	15	Chloe MILLER	#4	Indiana Wesleya B	43.67m	143-3	4/22
5	19	Maci HEIMLICH	#3	Bethel (Ind.)	B 43.38m	142-4	4/1
6	39	Markala BARNES	#3	Bethel (Ind.)	41.82m	137-3	4/29
7	46	Lanae CROWE	#5	Grace (Ind.)	40.70m	133-7	4/29
8	47	Sarah SPANGLER	#1	Marian (Ind.)	40.63m	133-4	4/1
9	51	Madison KAUFFMAN	#3	Bethel (Ind.)	40.53m	133-0	4/1
10	54	Mackenzie DELONG	#5	Grace (Ind.)	40.14m	131-9	4/9



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Women's Hammer

1	13	Arriana BENJAMIN	#1	Marian (Ind.)	A:B 51.05m	167-6	3/25
2	28	Paige HOOG	#1	Marian (Ind.)	B 48.78m	160-1	4/22
3	31	Chloe MILLER	#4	Indiana Wesleya	48.37m	158-9	4/14
4	40	Madison KAUFFMAN	#3	Bethel (Ind.)	47.22m	154-11	5/5
5	49	Aanyah WRIGHT	#9	Huntington (Ind	46.28m	151-10	4/29
6	60	Suzette RODRIGUEZ	#7	Goshen (Ind.)	44.50m	146-0	4/22
7	74	Allie MILLER	#1	Marian (Ind.)	43.49m	142-8	5/5
8	93	Keeley HUGHES	#1	Marian (Ind.)	42.16m	138-4	4/15
9		Hallie BRENNER	#2	Taylor (Ind.)	41.47m	136-1	5/5
10		Alaina SIMPSON	#3	Bethel (Ind.)	41.27m	135-5	5/5

Women's Javelin

1	40	Juliana FENSKE	#4	Indiana Wesleya	37.35m	122-7	4/11
2	54	Precious SWEN	#4	Indiana Wesleya	35.96m	118-0	4/11
3	60	Macy PUTHOFF	#4	Indiana Wesleya	35.53m	116-7	5/5
4	78	Gisele SALLADE	#4	Indiana Wesleya	34.39m	112-10	4/2
5	99	Haley MOORE	#6	Saint Francis (In	33.22m	109-0	3/31
6		Paige HOOG	#1	Marian (Ind.)	32.84m	107-9	4/22
7		Mackenzie DELONG	#5	Grace (Ind.)	32.32m	106-1	4/9
8		Cailyn PENTECOST	#3	Bethel (Ind.)	32.00m	105-0	5/5
9		Aanyah WRIGHT	#9	Huntington (Ind	31.45m	103-2	4/2
10		Sarah SPANGLER	#1	Marian (Ind.)	31.29m	102-8	4/1

Women's Heptathlon

1	22	Cailyn PENTECOST	#3	Bethel (Ind.)	B 4,116	5/5
2	67	Emma PACHULSKI	#8	Spring Arbor (Mi	2,956	5/5
3	75	Olivia LUGIBIHL	#5	Grace (Ind.)	2,713	5/5
4	76	Siera WEATHERS	#9	Huntington (Ind	2,630	5/5



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Frontier

Women's 100 Meters

1	74	Natylia JACOBSON	#2	Montana Tech	12.28c	3/25
2		Paige BAXSTRESSER	#1	Carroll (Mont.)	12.71c	4/7
3		Brooklyn SCHULTZ	#1	Carroll (Mont.)	12.87c	4/21
4		Taylor TORGERSON	#2	Montana Tech	13.37c	3/25
5		Emily RATZ	#2	Montana Tech	13.48c	3/19
6		Hailee STILES	#2	Montana Tech	13.71c	3/25
7		Alexis COONEY	#1	Carroll (Mont.)	14.06c	4/21

Women's 100 Meter Hurdles

1	94	Olleca SEVERSON	#2	Montana Tech	15.73c	4/7
2		Abby CLARK	#2	Montana Tech	16.04c	4/26
3		Naiya BEAUDIN	#2	Montana Tech	16.25c	4/7
4		Brette GRAHAM	#1	Carroll (Mont.)	16.34c	4/21
5		Kamden HILLBORN	#1	Carroll (Mont.)	16.46c	4/7
6		Mikayla GOFFENA	#1	Carroll (Mont.)	20.24c	4/7

Women's 200 Meters

1		Natylia JACOBSON	#2	Montana Tech	25.63c	4/7
2		Paige BAXSTRESSER	#1	Carroll (Mont.)	25.82c	4/7
3		Brooklyn SCHULTZ	#1	Carroll (Mont.)	26.81c	3/25
4		Emily RATZ	#2	Montana Tech	26.83cw	3/25
5		Madde BOLES	#1	Carroll (Mont.)	27.58cw	3/25
6		Taylor TORGERSON	#2	Montana Tech	27.78c	3/25
7		Abby CLARK	#2	Montana Tech	28.33c	3/19
8		Avery TRIPP	#1	Carroll (Mont.)	30.12c	4/21

Women's 400 Meters

1	92	Paige BAXSTRESSER	#1	Carroll (Mont.)	59.42c	5/7
2		Emily RATZ	#2	Montana Tech	1:01.48	4/14
3		Abby CLARK	#2	Montana Tech	1:02.87	4/14
4		London LAMBRECHT	#1	Carroll (Mont.)	1:03.09c	4/7
5		Kate PICANCO	#1	Carroll (Mont.)	1:03.19c	4/26
6		Rakiah GRENDE	#1	Carroll (Mont.)	1:03.37c	4/26
7		Taylor TORGERSON	#2	Montana Tech	1:04.71c	4/7
8		Avery TRIPP	#1	Carroll (Mont.)	1:05.25c	4/26
9		Emma PATEK	#1	Carroll (Mont.)	1:06.65c	4/7
10		Finleigh LEVINSON	#1	Carroll (Mont.)	1:07.42c	4/26

Women's 400 Meter Hurdles

1	39	Olleca SEVERSON	#2	Montana Tech	1:05.80	4/14
2	78	Naiya BEAUDIN	#2	Montana Tech	1:08.48c	4/7
3	80	Brette GRAHAM	#1	Carroll (Mont.)	1:08.53c	4/7
4		Abby CLARK	#2	Montana Tech	1:12.64c	4/7
5		Carlin MANNING	#2	Montana Tech	1:13.32c	4/26
6		Cori HATFIELD	#1	Carroll (Mont.)	1:16.90c	4/26
7		Alisa HASHLEY	#2	Montana Tech	1:23.71c	4/26

Women's 800 Meters

1	28	Becca RICHTMAN	#2	Montana Tech	2:16.93c	4/26
2	41	Natalie YOCUM	#1	Carroll (Mont.)	2:18.06c	4/7
3	81	Kate PICANCO	#1	Carroll (Mont.)	2:21.70c	3/25
4	85	Elly MACHADO	#1	Carroll (Mont.)	2:21.89c	4/7
5		Andria MOURICH	#1	Carroll (Mont.)	2:25.23c	4/21
6		Hanna ZIEGENHAGAN	#1	Carroll (Mont.)	2:29.16c	4/21
7		London LAMBRECHT	#1	Carroll (Mont.)	2:30.87c	5/7
8		McKenna BOMENGEN	#1	Carroll (Mont.)	2:32.71c	4/21
9		Katelyn MCKAY	#1	Carroll (Mont.)	2:32.72c	4/21
10		Madison KELLY	#2	Montana Tech	2:34.17c	3/25

Women's 1500 Meters

1	8	Becca RICHTMAN	#2	Montana Tech	A: 4:30.21c	5/7
2	46	Natalie YOCUM	#1	Carroll (Mont.)	4:43.87c	4/26
3	63	Elly MACHADO	#1	Carroll (Mont.)	4:47.35c	4/26
4	66	Hailey NIELSON	#2	Montana Tech	4:47.71c	4/2
5	90	Reghan WORLEY	#1	Carroll (Mont.)	4:51.47c	4/2
6		Carlin MANNING	#2	Montana Tech	5:05.21c	4/26
7		Hanna ZIEGENHAGAN	#1	Carroll (Mont.)	5:08.84c	4/21
8		Katelyn MCKAY	#1	Carroll (Mont.)	5:10.59c	4/21
9		Erika ARTHUR	#1	Carroll (Mont.)	5:12.79c	4/21
10		McKenna BOMENGEN	#1	Carroll (Mont.)	5:15.67c	4/26

Women's Steeplechase

1	2	Becca RICHTMAN	#2	Montana Tech	A: 10:17.30	4/13
2	71	Carlin MANNING	#2	Montana Tech	12:20.76	4/14
3	88	Andria MOURICH	#1	Carroll (Mont.)	12:36.67	4/8
4	91	Erika ARTHUR	#1	Carroll (Mont.)	12:37.70c	3/25
5		Alisa HASHLEY	#2	Montana Tech	13:23.33	4/14

Women's 5000 Meters

1	2	Becca RICHTMAN	#2	Montana Tech	A: 16:23.08	4/13
2	40	Reghan WORLEY	#1	Carroll (Mont.)	B 17:45.77c	5/7
3	43	Hailey NIELSON	#2	Montana Tech	17:53.35	4/14
4		Erika ARTHUR	#1	Carroll (Mont.)	19:50.24c	4/26
5		Andria MOURICH	#1	Carroll (Mont.)	19:51.13c	4/26
6		Nicole MORGEN	#1	Carroll (Mont.)	19:51.77c	4/21
7		Katelyn MCKAY	#1	Carroll (Mont.)	19:54.79c	3/25
8		Carlin MANNING	#2	Montana Tech	19:55.80c	3/19
9		Alisa HASHLEY	#2	Montana Tech	21:19.37c	3/19
10		Dylan STEARNS	#1	Carroll (Mont.)	21:23.64c	4/7

Women's 10,000 Meters

1	10	Becca RICHTMAN	#2	Montana Tech	A: 36:47.55c	4/26
2	35	Reghan WORLEY	#1	Carroll (Mont.)	38:15.97c	4/26
3	63	Hailey NIELSON	#2	Montana Tech	39:56.34c	4/26
4	E+0:	Katelyn MCKAY	#1	Carroll (Mont.)	41:44.60c	4/26
5		Nicole MORGEN	#1	Carroll (Mont.)	43:59.92c	4/26
6		Emma STACHOFKY	#1	Carroll (Mont.)	48:43.66c	4/26



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Frontier

Women's 4x100 Relay

1	59	Naiya BEAUDIN, Emily RATZ, Olleca SEVERSON, Natylia JACOBSON	#2	Montana Tech	49.09	4/14
2	67	Brooklyn SCHULTZ, Paige BAXSTRESSER, Sophie LOVELESS, Madde BOLES	#1	Carroll (Mont.)	49.87c	4/26

Women's 4x400 Relay

1	49	Paige BAXSTRESSER, Kate PICANCO, London LAMBRECHT, Natalie YOCUM	#1	Carroll (Mont.)	4:05.46c	4/26
2	79	Emily RATZ, Abby CLARK, Naiya BEAUDIN, Olleca SEVERSON	#2	Montana Tech	4:13.30c	4/26

Women's 4x800 Relay

1	15	Kate PICANCO, Elly MACHADO, Reghan WORLEY, Natalie YOCUM	#1	Carroll (Mont.)	B 9:27.88c	4/21
2	71	Madison KELLY, Alisa HASHLEY, Taylor TORGERSON, Carlin MANNING	#2	Montana Tech	10:35.88c	4/26

Women's High Jump

1	13	Madde BOLES	#1	Carroll (Mont.)	B 1.66m 5-5½	5/7
2	20	Abby CLARK	#2	Montana Tech	B 1.64mA 5-4½	4/21
3		Alexis COONEY	#1	Carroll (Mont.)	1.47m 4-9¾	4/2
4		Rakiah GRENDE	#1	Carroll (Mont.)	1.45mA 4-9	4/26
5		Jenna JORDAN	#2	Montana Tech	1.42m 4-7¾	4/2
6		Olleca SEVERSON	#2	Montana Tech	1.41mA 4-7½	4/21
7		Hailee STILES	#2	Montana Tech	1.40mA 4-7	4/26
8		Naiya BEAUDIN	#2	Montana Tech	1.38mA 4-6¾	4/21

Women's Pole Vault

1	34	Kailen HERBSTTRITT	#1	Carroll (Mont.)	3.35mA 10-11¾	4/21
2	37	Chloe GALLAGHER	#1	Carroll (Mont.)	3.28m 10-9	5/7
3	58	Kamden HILLBORN	#1	Carroll (Mont.)	3.13m 10-3¾	5/7
4		Olivia WEYER	#1	Carroll (Mont.)	2.74mA 8-11¾	4/7

Women's Long Jump

1	54	Naiya BEAUDIN	#2	Montana Tech	5.45mwA 17-10¾ (2.1)	4/26
2	92	Abby CLARK	#2	Montana Tech	5.28mwA 17-4 (2.6)	4/26
3		Paige BAXSTRESSER	#1	Carroll (Mont.)	5.07mA 16-7¾ (1.0)	4/21
4		Sophie LOVELESS	#1	Carroll (Mont.)	5.06m 16-7¼ (1.6)	4/2
5		Hailee STILES	#2	Montana Tech	4.97m 16-3¾ (0.0)	3/19
6		Alexis COONEY	#1	Carroll (Mont.)	4.83m 15-10¼ (-0)	4/2
7		Mikayla GOFFENA	#1	Carroll (Mont.)	4.30mA 14-1¼ (1.0)	4/7

Women's Triple Jump

1	29	Naiya BEAUDIN	#2	Montana Tech	B 11.55mw 37-10¾ (2.3)	3/19
2	49	Sophie LOVELESS	#1	Carroll (Mont.)	11.25mA 36-11 (0.0)	4/7
3	94	Hailee STILES	#2	Montana Tech	10.61m 34-9¾ (1.7)	3/25
4		Olleca SEVERSON	#2	Montana Tech	10.30mwA 33-9½ (2.4)	4/26
5		Rakiah GRENDE	#1	Carroll (Mont.)	9.67mA 31-8¾ (0.5)	4/7

Women's Shot Put

1	4	Nikki KRUEGER	#1	Carroll (Mont.)	A: B 14.39mA 47-2½	4/7
2		Abigail PETERSON	#1	Carroll (Mont.)	10.38mA 34-¾	4/7
3		Crisha POLK	#1	Carroll (Mont.)	10.06mA 33-¼	4/26
4		Gabrielle HAGEN	#1	Carroll (Mont.)	10.00mA 32-9¾	4/26
5		Brooke MCCLENNING	#1	Carroll (Mont.)	9.43mA 30-11¼	4/21
6		Abby CLARK	#2	Montana Tech	8.64mA 28-4¼	4/21
7		Lydia CRUMPLER	#1	Carroll (Mont.)	8.48mA 27-10	4/21
8		Naiya BEAUDIN	#2	Montana Tech	8.33mA 27-4	4/21
9		Olleca SEVERSON	#2	Montana Tech	8.08mA 26-6¼	4/21
10		Mikayla GOFFENA	#1	Carroll (Mont.)	7.44mA 24-5	4/21

Women's Discus

1	26	Tristen SEDGWICK	#2	Montana Tech	B 43.09mA 141-5	4/26
2	33	Nikki KRUEGER	#1	Carroll (Mont.)	B 42.58mA 139-9	4/26
3		Abigail PETERSON	#1	Carroll (Mont.)	36.58mA 120-0	4/21
4		Brooke MCCLENNING	#1	Carroll (Mont.)	34.10mA 111-11	4/26
5		Gabrielle HAGEN	#1	Carroll (Mont.)	31.59mA 103-8	4/26
6		Crisha POLK	#1	Carroll (Mont.)	31.30mA 102-8	4/26
7		Lydia CRUMPLER	#1	Carroll (Mont.)	21.63mA 70-11¾	4/7

Women's Javelin

1	10	Jenna JORDAN	#2	Montana Tech	A: B 42.51m 139-6	4/14
2	48	Tristen SEDGWICK	#2	Montana Tech	37.00m 121-5	3/25
3	55	Karly LAWSON	#2	Montana Tech	35.90mA 117-10	4/26
4		Abigail PETERSON	#1	Carroll (Mont.)	32.19mA 105-8	4/21
5		Audrey BROWN	#1	Carroll (Mont.)	31.91m 104-8	3/25
6		Brielle AKLESTAD	#1	Carroll (Mont.)	31.79m 104-4	3/25
7		Mikayla GOFFENA	#1	Carroll (Mont.)	28.83mA 94-7	4/7
8		Callie WARFLE	#1	Carroll (Mont.)	28.37mA 93-1	4/7
9		Abby CLARK	#2	Montana Tech	27.07mA 88-9¾	4/21
10		Gabrielle HAGEN	#1	Carroll (Mont.)	27.04mA 88-8¾	4/21

Women's Heptathlon

1	31	Abby CLARK	#2	Montana Tech	B 3,963A	4/21
2	39	Olleca SEVERSON	#2	Montana Tech	3,823A	4/21
3	45	Naiya BEAUDIN	#2	Montana Tech	3,682A	4/21
4	84	Mikayla GOFFENA	#1	Carroll (Mont.)	2,220A	4/21



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Women's 100 Meters

1	17	Daisy MAESSNER	#2	Hastings (Neb.)	B	11.93	(1.8)	4/28
2	30	Julyah WILSON	#2	Hastings (Neb.)	B	12.08w	(3.2)	4/28
3	48	Elianna CLARK	#8	Mount Marty (S.I.)		12.18	(1.9)	4/8
4	89	Betsy RIDOUT	#6	Morningside (Iowa)		12.34	(-0.1)	5/6
5	91	Emma BAKKER	#3	Dordt (Iowa)		12.35	(-0.1)	5/6
6		Brittney AITKEN	#1	Concordia (Neb.)		12.40	(-0.1)	5/6
7		Karsen SEARS	#2	Hastings (Neb.)		12.45	(1.8)	4/28
8		Alexandra BECKMANN	#3	Dordt (Iowa)		12.50w	(3.8)	4/2
9		Cora OLSON	#1	Concordia (Neb.)		12.51	(0.6)	5/6
10		Rhys MAXEY	#2	Hastings (Neb.)		12.52w	(3.2)	4/28

Women's 100 Meter Hurdles

1	5	Nisa THOMAS	#2	Hastings (Neb.)	A:B	14.02	(1.4)	4/28
2	9	Lauren TAMAYO	#2	Hastings (Neb.)	A:B	14.15	(1.4)	4/28
3	22	Sarah LEWIS	#1	Concordia (Neb.)	A:B	14.52	(1.6)	5/6
4	24	Jordan KOEPKE	#1	Concordia (Neb.)	A:B	14.54	(1.6)	5/6
5	41	Lindsay ADAMS	#4	Doane (Neb.)		14.97w	(3.8)	4/21
6	42	Ashinee GEORGE	#8	Mount Marty (S.I.)		15.01w	(2.3)	4/8
7	46	Emma ZOET	#5	Northwestern (Ia.)		15.09	(0.4)	5/6
8	62	Nicole HARMS	#4	Doane (Neb.)		15.32w	(3.4)	4/15
9	77	Rachel BATTERSHELL	#1	Concordia (Neb.)		15.45w	(2.3)	4/8
10	82	Rhys MAXEY	#2	Hastings (Neb.)		15.56w	(2.9)	4/15

Women's 200 Meters

1	57	Emma BAKKER	#3	Dordt (Iowa)		25.16	(1.2)	5/6
2	58	Lauren TAMAYO	#2	Hastings (Neb.)		25.17w	(2.5)	4/21
2	58	Elianna CLARK	#8	Mount Marty (S.I.)		25.17w	(3.1)	4/8
4	71	Julyah WILSON	#2	Hastings (Neb.)		25.28w	(3.3)	4/21
5	82	Nisa THOMAS	#2	Hastings (Neb.)		25.40	(1.3)	4/28
6	E+0:	Cora OLSON	#1	Concordia (Neb.)		25.58w	(3.3)	4/21
7		Emily LOSEKE	#1	Concordia (Neb.)		25.62w	(4.0)	4/21
8		Brittney AITKEN	#1	Concordia (Neb.)		25.70w	(2.7)	5/6
9		Betsy RIDOUT	#6	Morningside (Iowa)		25.73	(1.2)	5/6
10		Alexandra BECKMANN	#3	Dordt (Iowa)		25.75w	(2.7)	5/6

Women's 400 Meters

1	12	Emma BAKKER	#3	Dordt (Iowa)	A:B	56.45		5/6
2	26	Kennedy KRAMER	#5	Northwestern (Ia.)		57.37		4/2
3	31	Rachel BATTERSHELL	#1	Concordia (Neb.)		57.61		5/6
4	42	Jenna ESCH	#1	Concordia (Neb.)		58.33		5/6
5	46	Emilee HEYNEN	#3	Dordt (Iowa)		58.58		4/2
6	56	Trinity TULS	#1	Concordia (Neb.)		58.94		5/6
7	72	Calli DAVIS	#8	Mount Marty (S.I.)		59.13		5/6
8	75	Anni STIER	#7	Jamestown (N.D.)		59.14		4/9
9	81	Emily CHICOINE	#6	Morningside (Iowa)		59.22		5/6
10	87	Jacee PFEIFER	#1	Concordia (Neb.)		59.37		5/6

Women's 400 Meter Hurdles

1	2	Jordan KOEPKE	#1	Concordia (Neb.)	A:B	59.90		5/6
2	3	Nisa THOMAS	#2	Hastings (Neb.)	A:B	1:01.54		5/6
3	5	Sarah LEWIS	#1	Concordia (Neb.)	A:B	1:01.91		5/6
4	12	Abigail CLARKE	#5	Northwestern (Ia.)	A:B	1:03.03		5/6
5	25	Callie YEAKEL	#6	Morningside (Iowa)	B	1:04.22		5/6
6	27	Emma ZOET	#5	Northwestern (Ia.)	B	1:04.45		4/21
7	29	Anmarie STUIT	#3	Dordt (Iowa)	B	1:04.60		5/6
8	37	Rhys MAXEY	#2	Hastings (Neb.)		1:05.52		5/6
9	47	Anni STIER	#7	Jamestown (N.D.)		1:06.32		4/28
10	52	Jordynn TOLIVER	#7	Jamestown (N.D.)		1:06.84c		4/1

Women's 800 Meters

1	10	Keri BAUER	#1	Concordia (Neb.)	A:B	2:14.01		5/6
2	15	Emilee HEYNEN	#3	Dordt (Iowa)	B	2:15.48		5/6
3	16	Veronica PINKERTON	#2	Hastings (Neb.)	B	2:15.71		4/28
4	21	Mika KOOISTRA	#3	Dordt (Iowa)		2:16.08		5/6
5	22	Annika PINGEL	#4	Doane (Neb.)		2:16.10		4/28
6	24	Emalee FUNDERMANN	#6	Morningside (Iowa)		2:16.43		4/21
7	54	Rylee HAECKER	#1	Concordia (Neb.)		2:19.10		4/15
8	75	Tenna BEEL	#6	Morningside (Iowa)		2:21.41		4/21
9	76	Abigail CLARKE	#5	Northwestern (Ia.)		2:21.47		4/21
10	86	Kylahn HERITAGE	#1	Concordia (Neb.)		2:21.90		4/15

Women's 1500 Meters

1	33	Rylee HAECKER	#1	Concordia (Neb.)	B	4:41.50		5/6
2	51	Kylahn HERITAGE	#1	Concordia (Neb.)		4:45.42		4/2
3	79	Jo MCKIBBEN	#6	Morningside (Iowa)		4:50.20		5/6
4	E+0:	Tirzah WITTENBERG	#5	Northwestern (Ia.)		4:52.46		5/6
5		Tenna BEEL	#6	Morningside (Iowa)		4:56.30		5/6
6		Emalee FUNDERMANN	#6	Morningside (Iowa)		4:58.40		4/8
7		Kristine HONOMICHL	#6	Morningside (Iowa)		4:59.07		4/8
8		Keri BAUER	#1	Concordia (Neb.)		4:59.29		4/8
9		Madison GERKEN	#2	Hastings (Neb.)		5:00.16		4/2
10		Veronica PINKERTON	#2	Hastings (Neb.)		5:00.25		4/15

Women's Steeplechase

1	42	Madison GERKEN	#2	Hastings (Neb.)		11:50.22		5/6
2	51	Elyse KUPERUS	#3	Dordt (Iowa)		12:02.44		5/6
3	53	Margaret MYSKOWSKI	#3	Dordt (Iowa)		12:04.04		5/6
4	66	Elyse KUPERUS	#3	Dordt (Iowa)		12:14.52		4/21
5	67	Emma HALEY	#5	Northwestern (Ia.)		12:14.73		5/6
6	72	Myia JOHNSON	#12	Midland (Neb.)		12:21.88		5/6
7	74	Grace REIMAN	#1	Concordia (Neb.)		12:24.07		4/15
8	79	Kaia RICHMOND	#1	Concordia (Neb.)		12:29.37		4/8
9	86	Landry HINKSON	#2	Hastings (Neb.)		12:35.62		4/15
10		Grace PENNEKAMP	#1	Concordia (Neb.)		12:51.90		5/6



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Women's 5000 Meters

1	61	Kristine HONOMICHL	#6	Morningside (Iowa)	18:13.45	4/21
2	78	Kylahn HERITAGE	#1	Concordia (Neb.)	18:29.11	4/8
3	15	Allie BINDER	#4	Doane (Neb.)	18:40.67	4/15
4		Katlyn WIESE	#5	Northwestern (Iowa)	18:43.02	4/21
5		Anika HOMAN	#3	Dordt (Iowa)	18:45.05	4/2
6		Myia JOHNSON	#12	Midland (Neb.)	18:56.02	3/17
7		Chloe INHELDER	#10	College of Saint	19:01.42	4/28
8		Margaret MYSKOWSKI	#3	Dordt (Iowa)	19:08.83	4/28
9		Eden WINSLOW	#3	Dordt (Iowa)	19:13.90	4/21
10		Lucy BORKOWSKI	#3	Dordt (Iowa)	19:15.05	4/21

Women's 10,000 Meters

1	31	Allie BINDER	#4	Doane (Neb.)	B 37:59.41	5/6
2	34	Eden WINSLOW	#3	Dordt (Iowa)	B 38:12.40	4/8
3	44	Brenna TOLKAMP	#3	Dordt (Iowa)	38:53.51	4/8
4	52	Kristine HONOMICHL	#6	Morningside (Iowa)	39:22.96	4/13
5	54	Katlyn WIESE	#5	Northwestern (Iowa)	39:26.00	4/13
6	57	Lucy BORKOWSKI	#3	Dordt (Iowa)	39:30.82	4/8
7	61	Greichaly KASTER	#3	Dordt (Iowa)	39:50.18	4/8
8	66	Shania SANTOS	#2	Hastings (Neb.)	40:07.42	5/6
9	71	Sydney STIEMSMA	#3	Dordt (Iowa)	40:24.87	4/8
10	74	Mary Kate POSTMA	#3	Dordt (Iowa)	40:30.34	4/8

Women's Half-Marathon

1	5	Brenna TOLKAMP	#3	Dordt (Iowa)	A:B 1:25:51	12/4
2	7	Katlyn WIESE	#5	Northwestern (Iowa)	A:B 1:26:13	12/4
3	11	Greichaly KASTER	#3	Dordt (Iowa)	A:B 1:27:01	12/4
4	14	Jaden HILKEMANN	#4	Doane (Neb.)	A:B 1:27:49	12/4

Women's 5000m Race Walk

1	13	Savannah CONGROVE	#2	Hastings (Neb.)	B 28:44.11	4/1
2	18	Tristyn DIPENTINO	#2	Hastings (Neb.)	30:58.20	4/23
3	23	Carley DAVIS	#2	Hastings (Neb.)	32:51.29	4/23

Women's 4x100 Relay

1	6	Julyah WILSON, Lauren TAMAYO, Karsen SEARS, Daisy MAESSNER	#2	Hastings (Neb.)	A:B 46.64	4/28
2	33	Rachel BATTERSHELL, Brittney AITKEN, Sarah LEWIS, Cora OLSON	#1	Concordia (Neb.)	B 48.19	4/21
3	44	Erica NIKKEL, Emma BAKKER, Mikayla BALT, Alexandra BECKMANN	#3	Dordt (Iowa)	48.55	4/27
4	45	Ariel WALLER, Calli DAVIS, Tianna BUMBACE-KUEHL, Elianna CLARK	#8	Mount Marty (S.D.)	48.56	5/6
5	63	Lindsay ADAMS, Caitlyn COTTON, Isabel BOTHWELL, Nicole HARMS	#4	Doane (Neb.)	49.35	4/15
6	64	Natalie LAUSEN, Taylor DAVIES, Caitlin OSTBYE, Lizzy BLUM	#5	Northwestern (Iowa)	49.48	5/6
7	76	Kristina BROSSART, Jordynn TOLIVER, Kylie BURGESS, Anni STIER	#7	Jamestown (N.D.)	50.42	5/6
8	95	Avany LONG, Adaya PLASTOW, Taylor POURIER, Lia GUIGUI	#9	Dakota Wesleyan	51.62	5/6
9		Kiana VEREEN, Jasmine JOSEPH, Ariyah WILLIAMS, Isabel SAYLER	#11	Briar Cliff (Iowa)	52.28	4/21



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Women's 4x400 Relay

1	4	Anmarie SUIIT, Emilee HEYNEN, Mika KOOISTRA, Emma BAKKER	#3 Dordt (Iowa)	A:B 3:48.30	5/6
2	5	Sarah LEWIS, Jordan KOEPEKE, Jenna ESCH, Keri BAUER	#1 Concordia (Neb.)	A:B 3:48.93	5/6
3	20	Abigail CLARKE, Savonne STERK, Emma ZOET, Caitlin OSTBYE	#5 Northwestern (I)	3:58.21	4/27
4	23	Betsy RIDOUT, Callie YEAKEL, Emalee FUNDERMANN, Emily CHICOINE	#6 Morningside (Iowa)	3:59.04	5/6
5	28	Calli DAVIS, Elianna CLARK, Tianna BUMBACE-KUEHL, Ashinee GEORGE	#8 Mount Marty (S.I)	4:00.46	4/27
6	66	Veronica PINKERTON, Rhys MAXEY, Diana KOLLARS, Madison GERKEN	#2 Hastings (Neb.)	4:09.28	5/6
7	80	Annika PINGEL, Caitlyn COTTON, Jacee ZOUBEK, Rylee RICE	#4 Doane (Neb.)	4:13.36	5/6
8	84	Brittney REISTER, Jordynn TOLIVER, Anni STIER, Sara BONN	#7 Jamestown (N.D)	4:16.13c	4/1
9		Adaya PLASTOW, Avany LONG, Ashtyn EVANS, Taylor POURIER	#9 Dakota Wesleyan	4:23.42	5/6

Women's 4x800 Relay

1	2	Rylee HAECKER, Jenna ESCH, Jordan KOEPEKE, Keri BAUER	#1 Concordia (Neb.)	A:B 9:09.24	4/27
2	3	Bethany TEN HAKEN, Emilee HEYNEN, Anmarie SUIIT, Mika KOOISTRA	#3 Dordt (Iowa)	A:B 9:10.57	4/27
3	8	Tenna BEEL, Emalee FUNDERMANN, Jo MCKIBBEN, Emily CHICOINE	#6 Morningside (Iowa)	A:B 9:17.81	5/6
4	20	Tirzah WITTENBERG, Savonne STERK, Abby ERVIN, Abigail CLARKE	#5 Northwestern (I)	9:32.05	5/6
5	28	Jilee GOLUS, Veronica PINKERTON, Jayden EBY, Madison GERKEN	#2 Hastings (Neb.)	9:45.47	5/6
6	36	Rachel WALTERS, Aly PLOCK, Rylee RICE, Annika PINGEL	#4 Doane (Neb.)	9:57.29	5/6
7	79	Jordyn FISCHER, Kiah TRAINOR, Emily JOHNSON, Bree EISENHAEUER	#8 Mount Marty (S.I)	10:45.17	5/6
8	90	Allyson SCHREIBER, Paige ERBSTOESSER, Kate BUSEK, Jennifer TALLACKSON	#7 Jamestown (N.D)	11:19.09	5/6

Women's High Jump

1	1	Lauren TAMAYO	#2 Hastings (Neb.)	A:B 1.72m	5-7¾	4/21
2	16	Lia GUIGUI	#9 Dakota Wesleyan	B 1.65m	5-5	4/22
3	20	Amy RICHERT	#1 Concordia (Neb.)	B 1.64m	5-4½	5/6
3	20	Cori DE JONG	#3 Dordt (Iowa)	B 1.64m	5-4½	5/6
3	20	Jacie VANDER WAAL	#5 Northwestern (I)	B 1.64m	5-4½	4/29
3	20	Lindsey CRAIG	#5 Northwestern (I)	B 1.64m	5-4½	5/6
7	44	Zailee POULSON	#2 Hastings (Neb.)	1.60m	5-3	4/21
8	55	Hannah NEWTON	#1 Concordia (Neb.)	1.59m	5-2½	4/21
8	55	Lexie KAMPMAN	#3 Dordt (Iowa)	1.59m	5-2½	4/2
8	55	Sarah THEILER	#4 Doane (Neb.)	1.59m	5-2½	5/6
8	55	Madison BLACKSTONE	#4 Doane (Neb.)	1.59m	5-2½	4/2
8	55	Grace REIMER	#1 Concordia (Neb.)	1.59m	5-2½	4/21



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Women's Pole Vault

1	1	Josie PUELZ	#1	Concordia (Neb.) A:B 4.10m	13-5¼	4/15
2	8	Erin MAPSON	#1	Concordia (Neb.) A:B 3.65m	11-11¾	4/2
3	14	Erin HULBERG	#5	Northwestern (I.B.) 3.55m	11-7¾	5/6
3	14	Amira CUMMINGS	#1	Concordia (Neb.) B 3.55m	11-7¾	5/6
5	29	Erin BOGGS	#1	Concordia (Neb.) 3.40m	11-1¾	4/2
5	29	Gracie RIPPEN	#8	Mount Marty (S.I.) 3.40m	11-1¾	5/6
7	35	Samantha KNAPP	#4	Doane (Neb.) 3.30m	10-9¾	4/8
8	38	Hallee MANN	#2	Hastings (Neb.) 3.25m	10-8	5/6
8	38	Sydney REICHERT	#1	Concordia (Neb.) 3.25m	10-8	4/2
10	76	Abby SHAY	#1	Concordia (Neb.) 2.95m	9-8	4/21

Women's Long Jump

1	1	Karsen SEARS	#2	Hastings (Neb.) A:B 6.06mw	19-10¾ (3.)	4/21
2	7	Lauren TAMAYO	#2	Hastings (Neb.) A:B 5.80mw	19-½ (3.2)	4/21
3	19	Daisy MAESSNER	#2	Hastings (Neb.) B 5.68mw	18-7¾ (2.3)	4/21
4	21	Lindsay ADAMS	#4	Doane (Neb.) B 5.67m	18-7¼ (0.0)	5/6
5	30	Cora OLSON	#1	Concordia (Neb.) 5.62m	18-5¼ (2.0)	4/21
6	53	Jordynn TOLIVER	#7	Jamestown (N.C.) 5.46m	17-11 (1.4)	4/1
7	54	Katie SEVERT	#1	Concordia (Neb.) 5.45m	17-10¾ (0.)	5/6
8	61	Nicole HARMS	#4	Doane (Neb.) 5.42m	17-9½ (1.8)	4/2
9	63	Lia GUIGUI	#9	Dakota Wesleyan 5.41m	17-9 (1.6)	3/26
10	67	Ikeah CUFF	#2	Hastings (Neb.) 5.40mw	17-8¾ (2.1)	4/8

Women's Triple Jump

1	11	Daisy MAESSNER	#2	Hastings (Neb.) A:B 11.90mw	39-½ (3.8)	4/21
2	57	Cora OLSON	#1	Concordia (Neb.) 11.09mw	36-4¾ (2.1)	5/6
3	60	Olivia DIGGINS	#4	Doane (Neb.) 11.00mw	36-1¼ (3.8)	4/21
4	70	Katie SEVERT	#1	Concordia (Neb.) 10.84m	35-6¾ (1.3)	5/6
5	72	Isabel SLAYER	#11	Briar Cliff (Iowa) 10.81m	35-5¾ (-0.)	5/6
6	82	Gabby DIAMOND	#1	Concordia (Neb.) 10.72m	35-2 (0.1)	5/6
7	85	Averie LAMBRECHT	#1	Concordia (Neb.) 10.70mw	35-1¼ (2.1)	4/28
8	88	Ikeah CUFF	#2	Hastings (Neb.) 10.68m	35-½ (0.0)	5/6
9	LE+0:	Ashley VANDERMEER	#3	Dordt (Iowa) 10.56m	34-7¾ (-1.)	5/6
10		Elena BATENHORST	#1	Concordia (Neb.) 10.52m	34-6¼ (0.0)	5/6

Women's Shot Put

1	2	Allison SKALA	#4	Doane (Neb.) A:B 14.87m	48-9½	4/28
2	6	Kiara ANDERSON	#2	Hastings (Neb.) A:B 14.22m	46-8	5/6
3	8	Lila GRONSETH	#9	Dakota Wesleyan A:B 13.93m	45-8½	4/8
4	14	Asia TYLER	#2	Hastings (Neb.) A:B 13.64m	44-9	5/6
5	15	Claire CASPERSEN	#10	College of Saint A:B 13.60m	44-7½	4/8
6	19	Hope WAGNER	#11	Briar Cliff (Iowa) B 13.41m	44-0	4/2
7	20	Abigail GERBER	#1	Concordia (Neb.) B 13.35m	43-9¾	4/28
8	21	Jordyn ANDERSON	#1	Concordia (Neb.) B 13.24m	43-5¼	3/26
9	22	Alli OWINGS	#1	Concordia (Neb.) B 13.15m	43-1¾	4/8
9	22	Kamryn POKORNEY	#1	Concordia (Neb.) B 13.15m	43-1¾	4/21

Women's Discus

1	6	Alli OWINGS	#1	Concordia (Neb.) A:B 47.75m	156-8	4/21
2	7	Kiara ANDERSON	#2	Hastings (Neb.) A:B 47.12m	154-7	5/6
3	8	Sara HUSS	#1	Concordia (Neb.) A:B 46.51m	152-7	4/21
4	10	Allison SKALA	#4	Doane (Neb.) A:B 46.28m	151-10	4/21
5	11	Erin PAINTER	#1	Concordia (Neb.) A:B 45.79m	150-3	4/21
6	14	Jessa EDEN	#2	Hastings (Neb.) A:B 44.70m	146-8	4/8
7	24	Olivia BUSCHOW	#1	Concordia (Neb.) B 43.13m	141-6	4/15
8	29	Katie VANLANINGHAM	#4	Doane (Neb.) B 42.93m	140-10	4/21
9	34	Katlyn BRIGGS	#9	Dakota Wesleyan B 42.43m	139-3	4/8
10	40	Lila GRONSETH	#9	Dakota Wesleyan 41.78m	137-1	4/8

Women's Hammer

1	4	Kiara ANDERSON	#2	Hastings (Neb.) A:B 54.29m	178-2	3/26
2	5	Morgan DE JONG	#1	Concordia (Neb.) A:B 53.75m	176-4	4/15
3	7	Sarah RAGLAND	#1	Concordia (Neb.) A:B 53.46m	175-5	4/8
4	9	Jessa EDEN	#2	Hastings (Neb.) A:B 52.03m	170-9	4/28
5	10	Macy FULLER	#4	Doane (Neb.) A:B 51.94m	170-5	4/28
6	15	Mackenzie FERRELL	#1	Concordia (Neb.) B 50.09m	164-4	4/2
7	16	Alli OWINGS	#1	Concordia (Neb.) B 49.93m	163-10	4/8
8	18	Kamryn POKORNEY	#1	Concordia (Neb.) B 49.78m	163-4	4/28
9	21	Joey STENSON	#4	Doane (Neb.) B 49.52m	162-6	4/8
10	23	Erin PAINTER	#1	Concordia (Neb.) B 49.12m	161-2	4/21

Women's Javelin

1	5	Allison SKALA	#4	Doane (Neb.) A:B 43.24m	141-11	5/6
2	14	Rylee OLSON	#6	Morningside (Iowa) A:B 40.74m	133-8	4/2
3	15	Jordynn TOLIVER	#7	Jamestown (N.C.) A:B 40.66m	133-5	4/1
4	16	Lexus MOSBRUCKER	#11	Briar Cliff (Iowa) A:B 40.57m	133-1	3/25
5	18	Rian BOUB	#12	Midland (Neb.) B 39.96m	131-1	3/17
6	26	Madalynn RHODES	#10	College of Saint 38.65m	126-10	5/6
7	45	Paige ERHARDT	#7	Jamestown (N.C.) 37.10m	121-9	5/6
8	51	Kate BUSEK	#7	Jamestown (N.C.) 36.56m	120-0	5/6
9	57	Grace DAMME	#4	Doane (Neb.) 35.78m	117-5	4/21
10	77	Holly SEVERANCE	#6	Morningside (Iowa) 34.40m	112-11	3/26

Women's Heptathlon

1	2	Lauren TAMAYO	#2	Hastings (Neb.) B 5,053		4/21
2	3	Lindsay ADAMS	#4	Doane (Neb.) B 4,924		4/21
3	8	Jordynn TOLIVER	#7	Jamestown (N.C.) B 4,546		4/22
4	14	Nicole HARMS	#4	Doane (Neb.) B 4,389		5/6
5	17	Amy RICHERT	#1	Concordia (Neb.) B 4,291		5/6
6	28	Zailee POULSON	#2	Hastings (Neb.) B 4,002		4/21
7	35	Elena BATENHORST	#1	Concordia (Neb.) 3,899		4/21
8	40	Kaylee BOYLE	#1	Concordia (Neb.) 3,816		5/6
9	46	Sara BONN	#7	Jamestown (N.C.) 3,629		5/6
10	49	Maddison DOREN	#8	Mount Marty (S.I.) 3,557		5/6



Conference TFRI Event Summary

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GSAC

Women's 100 Meters

1	27	Dorothy JACKSON	#1	Vanguard (Calif. B	12.04w	(3.3)	3/26
2	29	Armiyah JOHNSON	#1	Vanguard (Calif. B	12.07w	(3.3)	3/26
3	63	Ronieka ROBINSON	#5	Ottawa (Ariz.)	12.24	(0.3)	3/18
4	78	Brooke DALGITY	#1	Vanguard (Calif.	12.29	(1.6)	3/26
5	86	Jordyn BURKE	#1	Vanguard (Calif.	12.33	(-0.3)	4/28
6		Nohemi ANDERSON	#1	Vanguard (Calif.	12.63w	(2.9)	3/26
6		Ayala HARRIS	#5	Ottawa (Ariz.)	12.63	(-0.3)	4/28
6		Isabella ALVAREZ	#1	Vanguard (Calif.	12.63w	(2.6)	3/26
9		Jaiden RODRIGUES	#2	Westmont (Calif	12.72	(-0.3)	4/28
9		Jane FREEMAN	#1	Vanguard (Calif.	12.72	(1.6)	3/26

Women's 100 Meter Hurdles

1	58	Seanna NALBANDYAN	#3	The Master's (Ca	15.29	(-0.9)	4/28
2	82	Lily SWEEN	#2	Westmont (Calif	15.56	(1.1)	4/28
3	87	Juliana TAMPUS	#1	Vanguard (Calif.	15.58	(1.1)	4/28
4		Micaiah SCOTT	#3	The Master's (Ca	16.12	(1.1)	4/28
5		Penelopi LEACH	#1	Vanguard (Calif.	16.23	(1.1)	4/28
6		Jayden JACKSON	#4	William Jessup (	16.25w	(2.4)	4/23
7		Jordyn BURKE	#1	Vanguard (Calif.	16.31	(0.0)	4/9
8		Leina CARVALHO	#5	Ottawa (Ariz.)	16.38	(0.6)	4/8
9		Kourtney BRUNER	#6	Arizona Christia	16.65	(-0.9)	4/28
10		Yahsmeene DUFFEY	#2	Westmont (Calif	16.70	(0.0)	3/26

Women's 200 Meters

1	10	Eryn BURKE	#1	Vanguard (Calif. A:B	24.31w	(3.1)	4/9
2	27	Armiyah JOHNSON	#1	Vanguard (Calif. B	24.83	(0.8)	4/9
3	34	Brooke DALGITY	#1	Vanguard (Calif.	24.95	(1.7)	4/9
4	42	Dorothy JACKSON	#1	Vanguard (Calif.	25.00	(1.7)	4/9
5		Ayala HARRIS	#5	Ottawa (Ariz.)	25.88	(1.8)	4/13
6		Jaiden RODRIGUES	#2	Westmont (Calif	25.92	(0.2)	4/28
7		Nohemi ANDERSON	#1	Vanguard (Calif.	26.17	(1.3)	3/26
8		Ariana RODRIGUEZ	#1	Vanguard (Calif.	26.43	(1.5)	4/9
8		Jane FREEMAN	#1	Vanguard (Calif.	26.43	(0.5)	3/19
10		Isabella ALVAREZ	#1	Vanguard (Calif.	26.46	(1.3)	3/26

Women's 400 Meters

1	6	Eryn BURKE	#1	Vanguard (Calif. A:B	55.09		4/9
2	10	Brooke DALGITY	#1	Vanguard (Calif. A:B	55.89		4/9
3	82	Alexis JONES	#4	William Jessup (	59.25		4/28
4	83	Jordyn BURKE	#1	Vanguard (Calif.	59.28		3/12
5	85	Jaiden RODRIGUES	#2	Westmont (Calif	59.33		4/9
6	89	Ariana RODRIGUEZ	#1	Vanguard (Calif.	59.40		4/9
7		Siena KECK	#2	Westmont (Calif	1:00.04		4/28
8		Jane FREEMAN	#1	Vanguard (Calif.	1:00.73		3/19
9		Abbie MONK	#2	Westmont (Calif	1:00.76		4/28
10		LyQualah KINSEY	#5	Ottawa (Ariz.)	1:01.14		4/28

Women's 400 Meter Hurdles

1	8	Jordyn BURKE	#1	Vanguard (Calif. A:B	1:02.30		4/28
2	31	Seanna NALBANDYAN	#3	The Master's (Ca B	1:04.68		4/28
3	68	Leina CARVALHO	#5	Ottawa (Ariz.)	1:07.96		4/28
4	83	Jayden JACKSON	#4	William Jessup (	1:08.58		4/28
5	94	Landyn LOVELADY	#5	Ottawa (Ariz.)	1:09.31		3/18
6		Renee PAYNE	#6	Arizona Christia	1:10.37		3/4
7		Grace ROBERTS	#1	Vanguard (Calif.	1:12.21		3/26
8		Roberts JADE	#6	Arizona Christia	1:12.34		4/28
9		Keili BUTLER	#2	Westmont (Calif	1:13.49		3/26
10		Logan KALOUS	#5	Ottawa (Ariz.)	1:13.78		3/18

Women's 800 Meters

1	8	Ellen PALMGREN	#3	The Master's (Ca A:B	2:13.48		3/12
2	32	Anneline BREYTENBACH	#2	Westmont (Calif	2:17.39		4/9
3	46	Hannah FREDERICKS	#3	The Master's (Ca	2:18.37		3/19
4	58	Arianna GHIORSO	#3	The Master's (Ca	2:19.46		4/9
5	67	Abigail HUNDLEY	#2	Westmont (Calif	2:20.45		3/18
6	83	Jayden JACKSON	#4	William Jessup (	2:21.86		3/19
7	90	Kari ANEMA	#2	Westmont (Calif	2:22.02		3/18
8		Landon TORRES	#2	Westmont (Calif	2:24.30		3/26
9		India MOORS	#1	Vanguard (Calif.	2:24.43		3/19
10		Elise SHORT	#2	Westmont (Calif	2:24.82		4/28

Women's 1500 Meters

1	5	Ellen PALMGREN	#3	The Master's (Ca A:B	4:29.44		3/25
2	7	Hannah FREDERICKS	#3	The Master's (Ca A:B	4:30.10		4/9
3	20	Arianna GHIORSO	#3	The Master's (Ca B	4:38.48		3/25
4	26	Anneline BREYTENBACH	#2	Westmont (Calif B	4:40.04		4/13
5	37	Kari ANEMA	#2	Westmont (Calif B	4:42.69		4/28
6	40	Abigail HUNDLEY	#2	Westmont (Calif B	4:43.17		3/26
7	77	Elizabeth RADMILOVICH	#3	The Master's (Ca	4:50.04		4/28
8	83	Kate BARANSKI	#1	Vanguard (Calif.	4:50.78		4/28
9	88	Emma TIMMERMANS	#7	Hope Internatio	4:51.32		4/28
10	90	Landon TORRES	#2	Westmont (Calif	4:51.47		4/28

Women's Steeplechase

1	30	India MOORS	#1	Vanguard (Calif. B	11:27.84		3/26
2	43	Ariz DUARTE	#6	Arizona Christia	11:50.42		4/28
3		Miriam MELKONIAN	#2	Westmont (Calif	12:51.63		4/9
4		Juliana TAMPUS	#1	Vanguard (Calif.	12:56.58		4/28
5		Bianca RIVAS	#3	The Master's (Ca	13:19.59		4/28
6		Megan TURNER	#3	The Master's (Ca	13:42.98		4/28
7		Vivianna GARDEA	#4	William Jessup (	14:18.32		4/28
8		Grace ROBERTS	#1	Vanguard (Calif.	15:03.51		4/28



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GSAC

Women's 5000 Meters

1	4	Hannah FREDERICKS	#3	The Master's (Ca	A: 16:32.66	4/13
2	24	Kari ANEMA	#2	Westmont (Calif	A: 17:29.63	3/26
3	31	Anneline BREYTENBACH	#2	Westmont (Calif	A: 17:35.57	3/18
4	33	Arianna GHIORSO	#3	The Master's (Ca	A: 17:35.92	3/19
5	59	Azalea PRINCE	#4	William Jessup (	18:12.37	4/15
6	60	Sophie SOUTHERDEN	#3	The Master's (Ca	18:12.58	4/9
7	63	Sarah GEE	#1	Vanguard (Calif.	18:16.31	3/26
8	79	Emma TIMMERMANS	#7	Hope Internatio	18:30.41	4/15
9	82	Naomy LAGAT	#8	Menlo (Calif.)	18:31.95	3/19
10	87	Autumn NOOTBAAR	#3	The Master's (Ca	18:32.72	4/9

Women's 10,000 Meters

1	16	Sophie SOUTHERDEN	#3	The Master's (Ca	A: 37:06.64	3/12
2	22	Azalea PRINCE	#4	William Jessup (A	B: 37:23.07	3/31
3	25	Anneline BREYTENBACH	#2	Westmont (Calif	B: 37:35.38	4/28
4	27	Autumn NOOTBAAR	#3	The Master's (Ca	B: 37:52.48	3/12
5	29	Kimberly PAGE	#3	The Master's (Ca	B: 37:54.10	4/28
6	39	Mariah HILDEBRANDT	#3	The Master's (Ca	38:28.82	3/12
7	40	Sarah GEE	#1	Vanguard (Calif.	38:38.97	3/12
8	53	Abigail STATLANDER	#2	Westmont (Calif	39:25.71	4/28
9	76	Brooke MILAM	#3	The Master's (Ca	40:31.13	3/12
10	91	Madison PARR	#1	Vanguard (Calif.	41:17.78	4/28

Women's Half-Marathon

1	6	Abigail STATLANDER	#2	Westmont (Calif	A: 1:26:12	2/27
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Women's Marathon

1	2	Alex CEJA	#4	William Jessup (A	B: 3:14:51	12/5
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Women's 4x100 Relay

1	3	Dorothy JACKSON, Eryn BURKE, Brooke DALGITY, Armiyah JOHNSON	#1	Vanguard (Calif.	A: 46.06	4/28
2	43	LyQualah KINSEY, Ayala HARRIS, Leina CARVALHO, Ronieka ROBINSON	#5	Ottawa (Ariz.)	48.52	4/28
3	54	Abby RUMOHR, Siena KECK, Abbie MONK, Jaiden RODRIGUES	#2	Westmont (Calif	48.89	4/28
4	79	Renee PAYNE, Mariyah BECKER, Kourtney BRUNER, Roberts JADE	#6	Arizona Christia	50.57	3/24
5	90	Julissa CASILLAS, Rachel TRAVIS, Alexis JONES, Eleanor KANIA	#4	William Jessup (	51.42	4/28
6		Micaiah SCOTT, Seanna NALBANDYAN, Oliva PRETTYMAN, Jessi SWENNING	#3	The Master's (Ca	53.60	4/28

Women's 4x400 Relay

1	9	Ariana RODRIGUEZ, Jane FREEMAN, Jordyn BURKE, Eryn BURKE	#1	Vanguard (Calif.	A: 3:53.01	4/28
2	24	Siena KECK, Abby RUMOHR, Lily SWEEN, Jaiden RODRIGUES	#2	Westmont (Calif	3:59.21	4/28
3	51	Ellen PALMGREN, Arianna GHIORSO, Hannah FREDERICKS, Seanna NALBANDYAN	#3	The Master's (Ca	4:06.45	4/28
4	68	Jayden JACKSON, Alexis JONES, Rachel TRAVIS, Hailey HOPKINS	#4	William Jessup (	4:09.85	4/28
5	99	Mariyah BECKER, Roberts JADE, Renee PAYNE, Kourtney BRUNER	#6	Arizona Christia	4:21.04	3/24
6		Abby THEIS, Hannah GAGER, Chantelle SIMPKINS, LyQualah KINSEY	#5	Ottawa (Ariz.)	4:23.86	4/28



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Women's 4x800 Relay

1	24	Mariah BRICENO, Arianna GHIORSO, Hannah FREDERICKS, Ellen PALMGREN	#3	The Master's (Ca	9:43.62	4/28
2	33	Elise SHORT, Landon TORRES, Meredith SCHROCK, Kari ANEMA	#2	Westmont (Calif	9:54.73	4/28
3	66	Kate BARANSKI, Sarah GEE, Ellie BRANCH, Jessina MORALES	#1	Vanguard (Calif.	10:29.90	2/26
4	87	Aliyah BALDERAMMA, Holley NICHOLS, Gabriela ESPINOSA, Allena FUGATT	#6	Arizona Christia	11:06.47	4/28
5	98	Lacy CEREMONY, Haley BORJAS, Hailey HOPKINS, Rachel TRAVIS	#4	William Jessup (	11:43.23	4/28

Women's High Jump

1	13	Lily SWEEN	#2	Westmont (Calif B	1.66m	5-5¼	3/24
2	16	Juliana HOLM	#1	Vanguard (Calif. B	1.65m	5-5	4/9
3	84	Kylee DAVIS	#5	Ottawa (Ariz.)	1.55m	5-1	3/18
4		Penelopi LEACH	#1	Vanguard (Calif.	1.51m	4-11½	4/28
5		Oliva PRETTYMAN	#3	The Master's (Ca	1.50m	4-11	4/9
5		Jayden JACKSON	#4	William Jessup (	1.50m	4-11	4/28
5		Jessi SWENNING	#3	The Master's (Ca	1.50m	4-11	4/9
8		Juliana TAMPUS	#1	Vanguard (Calif.	1.45m	4-9	4/28
9		Micaiah SCOTT	#3	The Master's (Ca	1.42m	4-7¾	3/24
10		Nadjee' ESKRIDGE	#1	Vanguard (Calif.	1.36m	4-5½	3/24

Women's Pole Vault

1	8	Abby RUMOHR	#2	Westmont (Calif A: B	3.65m	11-11¾	4/28
1	8	Rachel TRAVIS	#4	William Jessup (A: B	3.65m	11-11¾	3/31
3	22	Natalie HENDRIX	#6	Arizona Christia	3.46m	11-4¼	3/24
4	38	Moriah CHIANG	#2	Westmont (Calif	3.25m	10-8	4/28
5	69	Samantha KUNST	#6	Arizona Christia	3.03m	9-11¼	4/1
6	71	Sarah COOPER	#6	Arizona Christia	3.01m	9-10½	4/22
7	76	Jayden JACKSON	#4	William Jessup (	2.95m	9-8	4/28
8	94	Brooke POWELL	#2	Westmont (Calif	2.80m	9-2¼	4/28
9		Micaiah SCOTT	#3	The Master's (Ca	2.50m	8-2½	4/28

Women's Long Jump

1	28	Ronieka ROBINSON	#5	Ottawa (Ariz.)	5.64m	18-6 (0.0)	3/18
2	34	Lily SWEEN	#2	Westmont (Calif	5.59m	18-4¼ (-0.	4/9
3		LyQualah KINSEY	#5	Ottawa (Ariz.)	5.17m	16-11½ (0.	4/8
4		Micaiah SCOTT	#3	The Master's (Ca	5.12m	16-9¾ (0.0)	3/24
5		Alexis JONES	#4	William Jessup (	5.02m	16-5¾ (0.7	4/28
6		Juliana HOLM	#1	Vanguard (Calif.	5.01m	16-5¼ (0.3	4/9
7		Juliana TAMPUS	#1	Vanguard (Calif.	5.00m	16-5 (0.0)	4/28
8		Kylee DAVIS	#5	Ottawa (Ariz.)	4.93m	16-2¼ (-0.	4/1
9		Natalie HENDRIX	#6	Arizona Christia	4.90m	16-1 (0.0)	4/16
10		Faith HUNT	#1	Vanguard (Calif.	4.81m	15-9½ (0.0)	3/26

Women's Triple Jump

1	30	Alexis JONES	#4	William Jessup (B	11.53mw	37-10 (4.0)	4/9
2	63	Lily SWEEN	#2	Westmont (Calif	10.92m	35-10 (0.9)	4/28
3	78	Micaiah SCOTT	#3	The Master's (Ca	10.75m	35-3¼ (0.6	4/28
4		Faith HUNT	#1	Vanguard (Calif.	10.17m	33-4½ (0.0)	4/28
5		Chantelle SIMPKINS	#5	Ottawa (Ariz.)	10.08m	33-1 (0.0)	4/1
6		Ronieka ROBINSON	#5	Ottawa (Ariz.)	9.97m	32-8½ (1.2	4/28
7		Kourtney BRUNER	#6	Arizona Christia	9.87m	32-4¾ (0.0)	4/16
8		Eleanor KANIA	#4	William Jessup (	9.39mw	30-9¾ (3.0)	4/9
9		Oliva PRETTYMAN	#3	The Master's (Ca	9.36m	30-8½ (1.7	4/9

Women's Shot Put

1	37	Michelle FLINT	#4	William Jessup (	12.80m	42-0	3/31
2	49	Jessica PEDRETTI	#4	William Jessup (	12.53m	41-1½	3/31
3		Kaylee JONES	#1	Vanguard (Calif.	11.34m	37-2½	4/28
4		Jaelah BUTLER	#1	Vanguard (Calif.	11.29m	37-½	3/19
5		Jayden JACKSON	#4	William Jessup (	10.54m	34-7	4/23
6		Micaiah SCOTT	#3	The Master's (Ca	10.38m	34-¾	2/26
7		Lily SWEEN	#2	Westmont (Calif	10.25m	33-7½	3/24
8		Leina CARVALHO	#5	Ottawa (Ariz.)	10.23m	33-6¾	3/18
9		Jacey DANKS	#5	Ottawa (Ariz.)	10.09m	33-1¼	4/1
10		Nadjee' ESKRIDGE	#1	Vanguard (Calif.	9.52m	31-2¾	4/28

Women's Discus

1	21	Jessica PEDRETTI	#4	William Jessup (B	43.23m	141-10	3/19
2	47	Michelle FLINT	#4	William Jessup (	40.63m	133-4	4/28
3	64	Jaelah BUTLER	#1	Vanguard (Calif.	39.40m	129-3	3/19
4		Alexandra BANDUCCI	#4	William Jessup (	31.21m	102-5	3/31
5		CJ SPAANSTRA	#6	Arizona Christia	31.08m	102-0	3/24
6		Kaylee JONES	#1	Vanguard (Calif.	30.13m	98-10¼	4/13
7		Jacey DANKS	#5	Ottawa (Ariz.)	29.97m	98-4	4/8
8		Daniela CERDA- PEREZ	#1	Vanguard (Calif.	29.23m	95-10¾	4/9
9		Sydney BURNAMA	#2	Westmont (Calif	25.49m	83-7½	4/9
10		Katie BOGGESE	#3	The Master's (Ca	25.23m	82-9½	4/9



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GSAC

Women's Hammer

1	43	Michelle FLINT	#4	William Jessup (	47.07m	154-5	4/23
2	44	Jessica PEDRETTI	#4	William Jessup (	46.54m	152-8	4/23
3		Alexandra BANDUCCI	#4	William Jessup (	38.83m	127-5	4/23
4		Kaylee JONES	#1	Vanguard (Calif.	38.15m	125-2	3/26
5		Jaelah BUTLER	#1	Vanguard (Calif.	37.21m	122-1	4/28
6		Daniela CERDA-PEREZ	#1	Vanguard (Calif.	30.98m	101-8	3/12
7		Leina CARVALHO	#5	Ottawa (Ariz.)	29.65m	97-3½	4/28
8		Jacey DANKS	#5	Ottawa (Ariz.)	26.04m	85-5¼	4/28
9		Anastazia UWINGENEYE	#5	Ottawa (Ariz.)	25.34m	83-1¾	4/28
10		CJ SPAANSTRA	#6	Arizona Christian	24.34m	79-10¼	4/22

Women's Javelin

1	11	Micaiah SCOTT	#3	The Master's (Ca B	42.10m	138-2	4/9
2	43	Michelle FLINT	#4	William Jessup (	37.19m	122-0	4/28
3	62	Jessica PEDRETTI	#4	William Jessup (	35.43m	116-3	3/31
4		Penelopi LEACH	#1	Vanguard (Calif.	31.75m	104-2	2/26
5		Lily SWEEN	#2	Westmont (Calif	30.69m	100-8	3/24
6		Sydney BURNAMA	#2	Westmont (Calif	30.16m	98-11½	4/9
7		Leina CARVALHO	#5	Ottawa (Ariz.)	29.48m	96-8¾	4/28
8		Juliana HOLM	#1	Vanguard (Calif.	28.86m	94-8¼	3/19
9		Jaelah BUTLER	#1	Vanguard (Calif.	27.66m	90-9	4/9
10		CJ SPAANSTRA	#6	Arizona Christian	25.72m	84-4¾	4/22

Women's Heptathlon

1	8	Lily SWEEN	#2	Westmont (Calif B	4,546	3/24
2	23	Jayden JACKSON	#4	William Jessup (B	4,113	4/23
3	27	Micaiah SCOTT	#3	The Master's (Ca B	4,009	3/24
4	37	Juliana TAMPUS	#1	Vanguard (Calif.	3,865	3/24
5	52	Leina CARVALHO	#5	Ottawa (Ariz.)	3,510	3/24
6	58	Penelopi LEACH	#1	Vanguard (Calif.	3,329	4/28
7	74	Nadjee' ESKRIDGE	#1	Vanguard (Calif.	2,728	4/28
8	80	Bella NELSON	#1	Vanguard (Calif.	2,470	4/28



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Gulf Coast

Women's 100 Meters

1	10	Kevell BYRD	#1	Dillard (La.)	A:B 11.85	(1.8)	4/6
2	61	Brandy MACKEY	#4	Voorhees (S.C.)	12.23w	(2.1)	4/22
3	66	Ta'nijal MATTHEWS	#1	Dillard (La.)	12.25	(0.8)	4/6
4		Ryan SMITH	#1	Dillard (La.)	12.55	(1.8)	4/6
5		Rachel ROWE	#1	Dillard (La.)	12.86	(-0.7)	3/25
6		Mallory PENDLETON	#2	Philander Smith	12.98	(1.9)	3/5
7		Dasia STEVENS	#3	Edward Waters (	12.99w	(2.1)	4/29
8		Jakenzie THYMES	#1	Dillard (La.)	13.00	(1.8)	4/6
9		Kieana LITTLETON	#4	Voorhees (S.C.)	13.03w	(2.8)	4/9
10		Janiya PETERSON	#3	Edward Waters (	13.08	(-1.3)	5/5

Women's 100 Meter Hurdles

1	36	Dasia STEVENS	#3	Edward Waters (B	14.77	(-0.6)	5/5
2	62	Amari FERGUSON	#1	Dillard (La.)	15.32	(1.8)	4/6
3	86	Keyana YEOMAN	#4	Voorhees (S.C.)	15.57w	(2.3)	3/18
4		Ja'hlia EVANS	#4	Voorhees (S.C.)	16.00	(1.4)	4/16
5		Leila WALTON	#1	Dillard (La.)	16.11	(0.5)	4/22
6		Rachel JACKSON	#1	Dillard (La.)	16.76	(0.5)	4/22
7		Kaylyn TURNER	#1	Dillard (La.)	17.45	(0.5)	4/22
8		Tiara TAYLOR	#3	Edward Waters (	17.81	(-0.6)	5/5
9		Cemaria WOODARD	#1	Dillard (La.)	18.33w	(2.8)	3/25
10		Alanni MARTIN	#1	Dillard (La.)	18.89	(0.5)	4/22

Women's 200 Meters

1	5	Kevell BYRD	#1	Dillard (La.)	A:B 23.72w	(2.2)	4/22
2	6	Jakenzie THYMES	#1	Dillard (La.)	A:B 23.77w	(2.2)	4/22
3	7	Ryan SMITH	#1	Dillard (La.)	A:B 23.81w	(2.2)	4/22
4		Ta'nijal MATTHEWS	#1	Dillard (La.)	25.75w	(2.2)	4/22
5		Brandy MACKEY	#4	Voorhees (S.C.)	25.92	(1.0)	4/16
6		Ayanna ALLEN	#2	Philander Smith	26.21	(-0.3)	4/8
7		Mallory PENDLETON	#2	Philander Smith	26.60w	(2.2)	4/22
8		Karmyn DOTSON	#1	Dillard (La.)	26.70	(1.7)	4/1
9		Rachel ROWE	#1	Dillard (La.)	26.79	(0.0)	3/18
10		Janiya PETERSON	#3	Edward Waters (	26.88	(-0.4)	5/5

Women's 400 Meters

1	8	Kevell BYRD	#1	Dillard (La.)	A:B 55.48		3/25
2	72	Anginique ANDREWS	#1	Dillard (La.)	59.13		4/22
3	84	Ta'nijal MATTHEWS	#1	Dillard (La.)	59.32		4/22
4	95	Ayanna ALLEN	#2	Philander Smith	59.47		4/8
5	99	Jakenzie THYMES	#1	Dillard (La.)	59.56		4/22
6		Karmyn DOTSON	#1	Dillard (La.)	1:01.54		4/6
7		Tiara TAYLOR	#3	Edward Waters (	1:04.80		4/9
8		Janiya PETERSON	#3	Edward Waters (	1:05.54		4/22
9		Mallory PENDLETON	#2	Philander Smith	1:07.53		4/22
10		Allyson EDWARDS	#2	Philander Smith	1:07.67		4/8

Women's 400 Meter Hurdles

1	65	Leila WALTON	#1	Dillard (La.)	1:07.79		4/22
2	71	Kaylyn TURNER	#1	Dillard (La.)	1:08.19		4/22
3	86	Rachel JACKSON	#1	Dillard (La.)	1:08.75		4/22
4		Ryan SMITH	#1	Dillard (La.)	1:12.94		4/6
5		Tiara TAYLOR	#3	Edward Waters (	1:13.08		4/16
6		Nyjae BLANTON	#1	Dillard (La.)	1:16.34		4/1
7		Amari FERGUSON	#1	Dillard (La.)	1:18.94		4/6
8		Dasia STEVENS	#3	Edward Waters (	1:21.81		4/22

Women's 800 Meters

1		Karmyn DOTSON	#1	Dillard (La.)	2:29.54		4/16
2		Allyson EDWARDS	#2	Philander Smith	2:34.71		4/22
3		Mikiya PATTERSON	#2	Philander Smith	2:35.89		4/22
4		Ishmia BLACK	#2	Philander Smith	2:36.65		4/22
5		Jaelynn HOFFMAN	#1	Dillard (La.)	2:38.33		3/11
6		Rachel JACKSON	#1	Dillard (La.)	2:41.72		3/11
7		Nyjae BLANTON	#1	Dillard (La.)	2:42.70		4/16
8		Graciela GOMEZ	#2	Philander Smith	2:43.87		3/26
9		Brooklyn ACOSTA	#1	Dillard (La.)	2:53.24		4/22
10		Kaylyn TURNER	#1	Dillard (La.)	2:55.84		4/6

Women's 1500 Meters

1		Ishmia BLACK	#2	Philander Smith	5:26.87		3/26
2		Allyson EDWARDS	#2	Philander Smith	5:31.15		3/18
3		Graciela GOMEZ	#2	Philander Smith	5:35.48		3/26
4		Jaelynn HOFFMAN	#1	Dillard (La.)	5:38.72		4/16
5		Mikiya PATTERSON	#2	Philander Smith	5:42.36		3/26
6		Brooklyn ACOSTA	#1	Dillard (La.)	5:51.12		4/6
7		Karmyn DOTSON	#1	Dillard (La.)	6:08.14		4/22
8		Nyjae BLANTON	#1	Dillard (La.)	7:04.92		4/22

Women's 5000 Meters

1		Ishmia BLACK	#2	Philander Smith	20:09.88		3/12
2		Graciela GOMEZ	#2	Philander Smith	21:06.35		3/12
3		Jaelynn HOFFMAN	#1	Dillard (La.)	21:52.37		3/18
4		Rachel JACKSON	#1	Dillard (La.)	21:58.65		4/22
5		Allyson EDWARDS	#2	Philander Smith	23:00.31		3/5
6		Mikiya PATTERSON	#2	Philander Smith	23:01.33		3/5
7		Brooklyn ACOSTA	#1	Dillard (La.)	23:47.99		4/22

Women's 10,000 Meters

1		Ishmia BLACK	#2	Philander Smith	46:20.71		3/5
2		Graciela GOMEZ	#2	Philander Smith	46:47.58		3/5



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Gulf Coast

Women's 4x100 Relay

1	16	Kevell BYRD, Ta'nijal MATTHEWS, Rachel ROWE, Ryan SMITH	#1	Dillard (La.)	A:B 47.59	4/22
2	45	Tamia CRAWFORD, Kieana LITTLETON, Jah'lia EVANS, Brandy MACKEY	#4	Voorhees (S.C.)	48.56	4/22
3	91	Dasia STEVENS, Janiya PETERSON, Tiara TAYLOR, Shakwanza BROWN	#3	Edward Waters (	51.47	4/16
4		Mallory PENDLETON, Ayanna ALLEN, Ky'arra CRIGLER,	#2	Philander Smith	52.80	4/22

Women's 4x400 Relay

1	11	Kevell BYRD, Anginique ANDREWS, Karmyn DOTSON, Ta'nijal MATTHEWS	#1	Dillard (La.)	A:B 3:54.65	4/28
2		Mallory PENDLETON, Ayanna ALLEN, Mikiya PATTERSON,	#2	Philander Smith	4:22.42	3/12
3		https://www.tfrs.org/teams/27419	#3	Edward Waters (	4:36.42	3/5

Women's 4x800 Relay

1	58	Karmyn DOTSON, Nyjae BLANTON, Rachel JACKSON, Jaelynn HOFFMAN	#1	Dillard (La.)	10:20.38	4/22
2	69	Graciela GOMEZ, Mikiya PATTERSON, Ishmia BLACK, Allyson EDWARDS	#2	Philander Smith	10:34.68	4/22
3		Tiara TAYLOR, Andrianna WALKER, Laelani NESMITH, Abnelle JEAN LOUIS	#3	Edward Waters (	13:02.01	4/22

Women's High Jump

1	44	Ayanna ALLEN	#2	Philander Smith	1.60m	5-3	3/5
2		Codi FILLMORE	#1	Dillard (La.)	1.50m	4-11	4/16
2		Rachel ROWE	#1	Dillard (La.)	1.50m	4-11	4/22
4		Jazmine RILEY	#5	Rust (Miss.)	1.47m	4-9¾	4/14
4		Ta'nijal MATTHEWS	#1	Dillard (La.)	1.47m	4-9¾	4/6
6		Brooke MOORE	#1	Dillard (La.)	1.45m	4-9	4/22
7		Saldy AMPARO SMITH	#3	Edward Waters (	1.37m	4-6	4/9
8		Caitlyn WILLIS	#3	Edward Waters (	1.35m	4-5	5/5
9		Laelani NESMITH	#3	Edward Waters (	1.30m	4-3¾	5/5

Women's Long Jump

1	12	Rachel ROWE	#1	Dillard (La.)	A:B 5.75m	18-10½ (0. 4/22
2	15	Brandy MACKEY	#4	Voorhees (S.C.)	B 5.70mw	18-8½ (2.3 4/22
3	77	Shakwanza BROWN	#3	Edward Waters (	5.35m	17-6¾ (0.5 4/22
4	83	Leila WALTON	#1	Dillard (La.)	5.32m	17-5½ (-1. 4/16
5		Tiara TAYLOR	#3	Edward Waters (	5.16m	16-11¼ (0. 4/22
6		Anginique ANDREWS	#1	Dillard (La.)	4.83m	15-10¼ (1. 3/25
6		Jayda LOWE	#4	Voorhees (S.C.)	4.83m	15-10¼ (0. 3/18
8		Laelani NESMITH	#3	Edward Waters (	4.74m	15-6¾ (0.0 5/5
9		Tamia CRAWFORD	#4	Voorhees (S.C.)	4.66m	15-3½ (0.4 4/22
10		Janiya PETERSON	#3	Edward Waters (	4.61m	15-1½ (0.0 3/5

Women's Triple Jump

1	6	Rachel ROWE	#1	Dillard (La.)	A:B 12.05m	39-6½ (0.5 4/22
2	22	Leila WALTON	#1	Dillard (La.)	B 11.62m	38-1½ (0.3 3/25
3	31	Ja'hlia EVANS	#4	Voorhees (S.C.)	B 11.52m	37-9½ (0.0 4/16
4	32	Tiara TAYLOR	#3	Edward Waters (	B 11.51mw	37-9¼ (2.9 3/11
5	40	Jayda LOWE	#4	Voorhees (S.C.)	11.40m	37-5 (0.0 3/11
6	51	Kieana LITTLETON	#4	Voorhees (S.C.)	11.18m	36-8¼ (0.5 4/22
7		Andrianna WALKER	#3	Edward Waters (	10.22m	33-6½ (0.5 4/22
8		Briana MORRIS	#3	Edward Waters (	9.80m	32-2 (1.1 4/29
9		Karmyn DOTSON	#1	Dillard (La.)	9.70m	31-10 (1.5 4/6
10		Laelani NESMITH	#3	Edward Waters (	8.46m	27-9¼ (0.5 4/22

Women's Shot Put

1		Amy HERNANDEZ	#3	Edward Waters (	11.30m	37-1	5/5
2		Zoe STRONG	#2	Philander Smith	11.14m	36-6¾	4/8
3		Antanisha WADE	#2	Philander Smith	10.02m	32-10½	4/22
4		Cemaria WOODARD	#1	Dillard (La.)	9.60m	31-6	3/25
5		Andre'a KING	#2	Philander Smith	9.41m	30-10½	3/26
6		Kaylyn TURNER	#1	Dillard (La.)	9.25m	30-4¼	4/22
7		Alexis LEWIS	#2	Philander Smith	8.90m	29-2½	3/18
8		Fanta KEITA	#3	Edward Waters (	8.89m	29-2	4/29
9		Nylah LLOYD	#2	Philander Smith	8.80m	28-10½	3/5
10		Kamayah ROBINSON	#3	Edward Waters (	8.24m	27-½	4/22

Women's Discus

1	86	Andre'a KING	#2	Philander Smith	37.42m	122-9	3/18
2		Amy HERNANDEZ	#3	Edward Waters (	34.87m	114-5	4/22
3		Zoe STRONG	#2	Philander Smith	34.80m	114-2	4/22
4		Alexis LEWIS	#2	Philander Smith	29.47m	96-8¼	4/22
5		Abnelle JEAN LOUIS	#3	Edward Waters (	28.96m	95-¼	3/5
6		Kaylyn TURNER	#1	Dillard (La.)	23.62m	77-6	4/22
7		Fanta KEITA	#3	Edward Waters (	22.95m	75-3½	4/22
8		Antanisha WADE	#2	Philander Smith	22.40m	73-6	4/8
9		Cemaria WOODARD	#1	Dillard (La.)	21.34m	70-¼	3/25
10		Nylah LLOYD	#2	Philander Smith	18.34m	60-2	3/26



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Gulf Coast

Women's Hammer

1	Zoe STRONG	#2	Philander Smith	29.21m	95-10	4/22
2	Alexis LEWIS	#2	Philander Smith	28.27m	92-9	4/22
3	Nylah LLOYD	#2	Philander Smith	25.45m	83-6	4/22
4	Kaylyn TURNER	#1	Dillard (La.)	24.80m	81-4½	4/22
5	Amy HERNANDEZ	#3	Edward Waters (	24.18m	79-4	4/22
6	Andre'a KING	#2	Philander Smith	24.17m	79-3¾	4/22
7	Cemaria WOODARD	#1	Dillard (La.)	23.21m	76-1¾	3/25
8	Amyah MOSLEY	#2	Philander Smith	19.15m	62-10	3/26
9	Fanta KEITA	#3	Edward Waters (	19.03m	62-5¼	4/22
10	Alanni MARTIN	#1	Dillard (La.)	16.66m	54-8	3/25

Women's Javelin

1	Nylah LLOYD	#2	Philander Smith	28.25m	92-8¼	4/22
2	Kamayah ROBINSON	#3	Edward Waters (	28.20m	92-6¼	4/22
3	Akyma DAVID	#3	Edward Waters (	27.09m	88-10½	4/16
4	Kaylyn TURNER	#1	Dillard (La.)	27.06m	88-9½	4/22
5	Amy HERNANDEZ	#3	Edward Waters (	26.46m	86-9¾	4/22
6	Catherine RICHARDS	#3	Edward Waters (	23.07m	75-8¼	3/5
7	Laelani NESMITH	#3	Edward Waters (	22.00m	72-2¼	5/5
8	Alexis LEWIS	#2	Philander Smith	21.35m	70-½	4/8
9	Zoe STRONG	#2	Philander Smith	21.28m	69-9¾	4/22
10	Amyah MOSLEY	#2	Philander Smith	20.37m	66-10	4/22



Conference TFRI Event Summary

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KCAC

Women's 100 Meters

1	33	Corrssia PERRY	#10	Sterling (Kan.)	B	12.10	(-2.0)	3/26
2	57	Rachel BOOKER	#4	Southwestern (I)		12.21	(1.2)	5/5
3	70	Maria BOTELLA MANICH	#2	Friends (Kan.)		12.26	(1.7)	4/23
4	72	Jayda COOPER	#1	Saint Mary (Kan.)		12.27	(2.0)	4/9
5	89	Halle NAGEL	#2	Friends (Kan.)		12.34w	(4.0)	4/23
6		Laurny TERRY	#4	Southwestern (I)		12.50	(-0.9)	4/30
7		Alexis HILL	#9	Tabor (Kan.)		12.52	(-0.1)	5/5
8		J'Layah SPELLMAN	#13	Oklahoma Wesleyan		12.54w	(3.0)	4/6
9		Laiya PALMER	#8	Bethel (Kan.)		12.55	(1.9)	4/15
10		Kaitlynn MASSEY	#2	Friends (Kan.)		12.56	(0.3)	4/1

Women's 100 Meter Hurdles

1	24	Sydney WILSON	#10	Sterling (Kan.)	A:B	14.54	(0.8)	4/15
2	35	Irian PADULLES	#2	Friends (Kan.)	B	14.74cw		4/8
3	59	Mikalah BROWN	#11	McPherson (Kan.)		15.30	(0.8)	4/15
4	60	Moriah SHAW	#2	Friends (Kan.)		15.31w	(2.1)	5/5
5	68	Samantha COLSON	#1	Saint Mary (Kan.)		15.39	(-0.8)	5/5
6	72	Gabrielle MOORE	#1	Saint Mary (Kan.)		15.44w	(2.1)	5/5
7	79	Aubry GRAME	#8	Bethel (Kan.)		15.46	(1.3)	5/5
8	81	Keiana NEWMAN	#2	Friends (Kan.)		15.49w	(3.3)	4/1
9	92	Shavonte HARRIS	#2	Friends (Kan.)		15.66w	(3.7)	4/23
10		Suleica LEE	#3	Ottawa (Kan.)		15.84	(1.8)	4/1

Women's 200 Meters

1	8	Corrssia PERRY	#10	Sterling (Kan.)	A:B	23.83	(1.7)	4/23
2	32	Rachel BOOKER	#4	Southwestern (I)	B	24.93	(1.7)	4/23
3	37	Kaitlynn MASSEY	#2	Friends (Kan.)		24.98cw		4/8
4	64	Kyah HILL	#4	Southwestern (I)		25.23w	(3.1)	4/16
5	66	Maria BOTELLA MANICH	#2	Friends (Kan.)		25.25cw		4/8
6	78	Laurny TERRY	#4	Southwestern (I)		25.37w	(2.3)	4/16
7	83	Dekayla GAINES	#9	Tabor (Kan.)		25.42	(1.7)	4/23
8		J'Layah SPELLMAN	#13	Oklahoma Wesleyan		25.60w	(4.0)	4/16
8		Halle NAGEL	#2	Friends (Kan.)		25.60	(0.3)	4/30
10		Jayda COOPER	#1	Saint Mary (Kan.)		25.64	(0.9)	4/9

Women's 400 Meters

1	3	Corrssia PERRY	#10	Sterling (Kan.)	A:B	54.16		5/5
2	47	Kyah HILL	#4	Southwestern (I)		58.60		4/1
3	55	Kendra BLAYLOCK	#2	Friends (Kan.)		58.85		5/5
4	60	Mumina MILLINGTON	#3	Ottawa (Kan.)		59.00		4/1
5	66	Lexi WARDLOW	#1	Saint Mary (Kan.)		59.07		4/28
6	79	Aileen GURROLA	#2	Friends (Kan.)		59.18		4/1
7	96	Aubry DONLEY	#2	Friends (Kan.)		59.53		4/1
8		Meliah HANNA	#4	Southwestern (I)		1:00.55		5/5
9		Kaitlynn MASSEY	#2	Friends (Kan.)		1:00.63		3/25
10		Bailey MANN	#6	Kansas Wesleyan		1:00.65		5/5

Women's 400 Meter Hurdles

1	20	Nina BARBEIRO	#3	Ottawa (Kan.)	B	1:03.79		5/5
2	23	Aubry GRAME	#8	Bethel (Kan.)	B	1:04.07		5/5
3	31	Destiny ESCOBAR	#3	Ottawa (Kan.)	B	1:04.68		5/5
4	35	Kentayshija PRUITT	#4	Southwestern (I)		1:05.04		5/5
5	38	Moriah SHAW	#2	Friends (Kan.)		1:05.78		5/5
6	41	Jane DUTEIL	#1	Saint Mary (Kan.)		1:06.06		5/5
7	74	Gabrielle MOORE	#1	Saint Mary (Kan.)		1:08.39		5/5
8	92	Jessenia VELEZ	#3	Ottawa (Kan.)		1:09.25		5/5
9		Samantha COLSON	#1	Saint Mary (Kan.)		1:10.01		4/28
10		Alexandra MENDOZA	#8	Bethel (Kan.)		1:10.19		5/5

Women's 800 Meters

1	3	Aubry DONLEY	#2	Friends (Kan.)	A:B	2:12.10c		4/8
2	5	Aileen GURROLA	#2	Friends (Kan.)	A:B	2:12.65c		4/8
3	7	Tabetha DEINES	#6	Kansas Wesleyan	A:B	2:13.12		4/1
4	30	Carlie GREGG	#1	Saint Mary (Kan.)		2:17.07		5/5
5	62	Maddy WALTER-SHERRETTS	#1	Saint Mary (Kan.)		2:19.93		5/5
6	63	Emma CAMPBELL	#1	Saint Mary (Kan.)		2:19.99		3/31
7	88	Kourtney WARREN	#2	Friends (Kan.)		2:21.94c		4/8
8		Veronica AGUILAR	#1	Saint Mary (Kan.)		2:22.71		5/5
9		Sonya ZIMMERMAN	#9	Tabor (Kan.)		2:24.44		5/5
10		Daegiona WILSON	#4	Southwestern (I)		2:25.44		5/5

Women's 1500 Meters

1	10	Aubry DONLEY	#2	Friends (Kan.)	A:B	4:33.96		5/5
2	13	Maddy WALTER-SHERRETTS	#1	Saint Mary (Kan.)	A:B	4:35.85		5/5
3	15	Alyssa ARMENDARIZ	#1	Saint Mary (Kan.)	A:B	4:37.41		5/5
4	19	Tabetha DEINES	#6	Kansas Wesleyan	A:B	4:38.23		5/5
5	62	Reagan HIEBERT	#1	Saint Mary (Kan.)		4:47.33		5/5
6	87	Riley HIEBERT	#1	Saint Mary (Kan.)		4:51.26		3/19
7	98	Aileen GURROLA	#2	Friends (Kan.)		4:52.15		3/25
8		Emma CAMPBELL	#1	Saint Mary (Kan.)		4:52.71		3/31
9		Daegiona WILSON	#4	Southwestern (I)		4:58.44		5/5
10		Danielle ALLISON	#9	Tabor (Kan.)		4:59.91		5/5

Women's Steeplechase

1	8	Alyssa ARMENDARIZ	#1	Saint Mary (Kan.)	A:B	10:48.60		5/5
2	13	Riley HIEBERT	#1	Saint Mary (Kan.)	A:B	11:02.95		5/5
3	14	Reagan HIEBERT	#1	Saint Mary (Kan.)	A:B	11:03.30		5/5
4	18	Caroline GILES	#2	Friends (Kan.)	A:B	11:09.07c		4/8
5	19	Maddy WALTER-SHERRETTS	#1	Saint Mary (Kan.)	A:B	11:10.06		4/6
6	27	Maria GEESAMAN	#5	York (Neb.)	B	11:20.79		5/5
7	55	Kate MADSEN	#1	Saint Mary (Kan.)		12:05.59		5/5
8	57	Emily TRUAX	#7	Saint Mary-of-the-Valley		12:06.41		4/29
9	70	Abby SECHRIST	#9	Tabor (Kan.)		12:19.09		5/5
10	75	Natalie GRABER	#8	Bethel (Kan.)		12:24.81		5/5



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Women's 5000 Meters

1	14	Alyssa ARMENDARIZ	#1 Saint Mary (Kan.)	A: B 17:05.96	4/6
2	30	Maddy WALTER-SHERRETTS	#1 Saint Mary (Kan.)	A: B 17:35.14	4/1
3	41	Riley HIEBERT	#1 Saint Mary (Kan.)	B 17:47.54	4/1
4	58	Reagan HIEBERT	#1 Saint Mary (Kan.)	18:12.12	5/5
5	65	Stephanie MARTINEZ	#6 Kansas Wesleyan	18:17.81	5/5
6	89	Kate MADSEN	#1 Saint Mary (Kan.)	18:33.52	4/1
7		Caroline GILES	#2 Friends (Kan.)	18:42.18	4/23
8		Emma CAMPBELL	#1 Saint Mary (Kan.)	18:47.72	4/6
9		Lexi INSCHO	#1 Saint Mary (Kan.)	18:55.33	4/6
10		Emily TRUAX	#7 Saint Mary-of-the-valley	19:04.39	4/14

Women's 10,000 Meters

1	9	Alyssa ARMENDARIZ	#1 Saint Mary (Kan.)	A: B 36:43.14	3/31
2	23	Stephanie MARTINEZ	#6 Kansas Wesleyan	B 37:31.42	4/6
3	82	Kayla CORYEA	#7 Saint Mary-of-the-valley	40:47.97	4/29
4	98	Lexi INSCHO	#1 Saint Mary (Kan.)	41:42.69	5/5
5	99	Mallory GALLET	#1 Saint Mary (Kan.)	41:43.12	5/5
6		Kate HAVNER	#1 Saint Mary (Kan.)	42:14.03	5/5
7		Kate MADSEN	#1 Saint Mary (Kan.)	42:21.49	5/5
8		Kendyll SCHULZ	#7 Saint Mary-of-the-valley	42:22.97	4/14
9		Emma LYNCH	#7 Saint Mary-of-the-valley	50:25.83	4/29

Women's Half-Marathon

1	8	Stephanie MARTINEZ	#6 Kansas Wesleyan	A: B 1:26:15	3/12
2	12	Lexi INSCHO	#1 Saint Mary (Kan.)	A: B 1:27:09	3/27
3	20	Kate MADSEN	#1 Saint Mary (Kan.)	A: B 1:28:13	12/5

Women's 5000m Race Walk

1	43	Lynnzey YOUNG	#8 Bethel (Kan.)	39:53.93	4/1
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Women's 4x100 Relay

1	20	Halle NAGEL, Maria BOTELLA MANICH, Kaylah PETTY, Kaitlynn MASSEY	#2 Friends (Kan.)	A: B 47.77	5/5
2	29	KeMya KEETON, Rachel BOOKER, Kyah HILL, Lauryn TERRY	#4 Southwestern (Kan.)	B 48.07	4/30
3	31	Zaira SPENCER, Gretchen RANEY, Lexi WARDLOW, Jayda COOPER	#1 Saint Mary (Kan.)	B 48.11	5/5
4	51	Destiny COOPER, Alexis HILL, Alexis VALLE-PONDS, Dekayla GAINES	#9 Tabor (Kan.)	48.83	4/30
5	65	Laiya PALMER, Stephany MEYER, Mia ROMAN, Aubry GRAME	#8 Bethel (Kan.)	49.54	4/15
6	70	Ty IRVIN, Kamrie DILLAN, Sadie CARR, Makayla DINKLER	#5 York (Neb.)	50.13	5/5
7	74	Alyssa WINTERSTEIN, Khloe HOAR, Savannah LEWIS, Hope MCGUIRE	#7 Saint Mary-of-the-valley	50.34	4/29
8	77	Samiyah WALKER, Tamayia WASHINGTON, Tiffany PACE, Bailey MANN	#6 Kansas Wesleyan	50.52	5/5
9	81	Juliet LANE, Jordyn WEEMS, Nina BARBEIRO, Jessenia VELEZ	#3 Ottawa (Kan.)	50.67	5/5
10	83	Shyanne HENKIS, Mikalah BROWN, Calijah PEAY, Markeya MACK	#11 McPherson (Kan.)	50.74	4/15



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Women's 4x400 Relay

1	12	Kaitlynn MASSEY, Maria BOTELLA MANICH, Aubry DONLEY, Kendra BLAYLOCK	#2 Friends (Kan.)	B 3:55.31	5/5
2	26	Kentayshija PRUITT, Meliah HANNA, Rachel BOOKER, Kyah HILL	#4 Southwestern (†)	4:00.13	5/5
3	40	Tamayia WASHINGTON, Bailey MANN, Samiyah WALKER, Tabetha DEINES	#6 Kansas Wesleyan	4:03.49	5/5
4	54	Jordyn LOWRIE, Dekayla GAINES, Brooke WIEBE, Destiny COOPER	#9 Tabor (Kan.)	4:07.26	5/5
5	55	Kamrie DILLAN, Maria GEESAMAN, Makayla DINKLER, Ty IRVIN	#5 York (Neb.)	4:07.88	5/5
6	60	Jane DUTEIL, Maddy WALTER- SHERRETTS, Veronica AGUILAR, Lexi WARDLOW	#1 Saint Mary (Kan.)	4:08.57	5/5
7	64	Aubry GRAME, Laiya PALMER, Mia ROMAN, Stephany MEYER	#8 Bethel (Kan.)	4:09.13	4/15
8	69	Nina BARBEIRO, Destiny ESCOBAR, Suleica LEE, Mumina MILLINGTON	#3 Ottawa (Kan.)	4:10.11	3/19
9	72	J'Niyah SPELLMAN, Emma SANDERS, Natalia QUIROZ, J'Layah SPELLMAN	#13 Oklahoma Wesleyan	4:11.05	5/5
10	87	Tya JACKSON, Markeya MACK, Mikalah BROWN, Calijah PEAY	#11 McPherson (Kan.)	4:17.21	4/6

Women's 4x800 Relay

1	7	Aubry DONLEY, Kourtney WARREN, Aileen GURROLA, Caroline GILES	#2 Friends (Kan.)	A: B 9:17.00	5/5
2	10	Maddy WALTER- SHERRETTS, Veronica AGUILAR, Carlie GREGG, Emma CAMPBELL	#1 Saint Mary (Kan.)	A: B 9:19.75	5/5
3	37	Danielle ALLISON, Emma WILLISON, Sonya ZIMMERMAN, Brooke WIEBE	#9 Tabor (Kan.)	9:58.13	5/5
4	47	Kacie LANCASTER, Kierra JENSEN, Daegiona WILSON, Katie KLIMKOWSKI	#4 Southwestern (†)	10:07.38	5/5
5	60	Josie KOPPE, Regan RHODES, Daniella GAONA, Kylie MOUSER	#6 Kansas Wesleyan	10:23.61	5/5
6	67	Patricia HENNEY, Zoe TRAUSCH, Olivia TRAUSCH, Emily TRUAX	#7 Saint Mary-of-the-Rock	10:31.62	4/29
7	84	Jamaira ROSS, Destiny ESCOBAR, Jennae RAMIREZ, Alexis REIM	#3 Ottawa (Kan.)	10:56.63	5/5
8	86	Georgia HITCHCOCK, Ellyce MARES, Sarah STEBBINS, Samantha THOMPSON	#11 McPherson (Kan.)	11:03.00	5/5
9	97	Rylee PARAMORE, Elyse BODEN, Zoe AULD, Makayla THULL	#12 Bethany (Kan.)	11:41.79	5/5

Women's High Jump

1	6	Sydney WILSON	#10 Sterling (Kan.)	A: B 1.68m	5-6	3/26
2	20	Jordyn LOWRIE	#9 Tabor (Kan.)	B 1.64m	5-4½	4/30
3	55	Kaileigh PRUITT	#7 Saint Mary-of-the-Rock	1.59m	5-2½	4/22
3	55	Megan MCMILLEN	#1 Saint Mary (Kan.)	1.59m	5-2½	5/5
5	LE+0:	Diamond GENTRY	#11 McPherson (Kan.)	1.54m	5-½	4/15
5	LE+0:	Jessenia VELEZ	#3 Ottawa (Kan.)	1.54m	5-½	5/5
5	LE+0:	Kaylynn BARTON	#7 Saint Mary-of-the-Rock	1.54m	5-½	3/19
8		Suleica LEE	#3 Ottawa (Kan.)	1.51m	4-11½	4/1
9		Lara SKAGGS	#7 Saint Mary-of-the-Rock	1.50m	4-11	4/29
9		Danielle HUNSAKER	#1 Saint Mary (Kan.)	1.50m	4-11	3/24



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Women's Pole Vault

1	29	Gabrielle MOORE	#1	Saint Mary (Kan.)	3.40m	11-1¾	4/1
2	38	Bailey HARTLEY	#11	McPherson (Kan.)	3.25m	10-8	4/23
3	61	Brynn HALATA	#2	Friends (Kan.)	3.10m	10-2	4/1
4	70	Krislynn BAILEY	#7	Saint Mary-of-th	3.02m	9-10¾	4/29
5	72	Sadie CARR	#5	York (Neb.)	3.00m	9-10	4/8
6	76	Taya WILSON	#10	Sterling (Kan.)	2.95m	9-8	4/23
7		Jessenia VELEZ	#3	Ottawa (Kan.)	2.50m	8-2½	5/5
8		Ashley COCKRAM	#4	Southwestern (I)	2.45m	8-½	4/30
9		Reagan STEVENS	#1	Saint Mary (Kan.)	2.35m	7-8½	4/1
10		Lara SKAGGS	#7	Saint Mary-of-th	2.12m	6-11½	4/29

Women's Long Jump

1	10	Jayda COOPER	#1	Saint Mary (Kan.)	5.78m	18-11¾ (-0)	4/28
2	56	Gabrielle MOORE	#1	Saint Mary (Kan.)	5.44m	17-10¼ (0)	4/1
3	67	Destiny COOPER	#9	Tabor (Kan.)	5.40m	17-8¾ (-0)	4/15
4	79	Makayla DINKLER	#5	York (Neb.)	5.34m	17-6¼ (1.6)	5/5
5	81	Samiyah WALKER	#6	Kansas Wesleyan	5.33m	17-6 (0.0)	5/5
6	92	Megan MCMILLEN	#1	Saint Mary (Kan.)	5.28m	17-4 (1.8)	5/5
7	97	Karsen DUNHAM	#8	Bethel (Kan.)	5.27m	17-3½ (1.1)	5/5
8		Vilma LAMBERT	#2	Friends (Kan.)	5.13mw	16-10 (2.7)	4/23
9		Anyia WALTON	#2	Friends (Kan.)	5.08m	16-8 (0.8)	4/30
10		Stephany MEYER	#8	Bethel (Kan.)	5.04m	16-6½ (1.7)	4/1
10		Rachel BOOKER	#4	Southwestern (I)	5.04m	16-6½ (0.3)	5/5

Women's Triple Jump

1	16	Anyia WALTON	#2	Friends (Kan.)	11.79m	38-8¼ (0.6)	4/1
2	28	Gabrielle MOORE	#1	Saint Mary (Kan.)	11.56mw	37-11¼ (2)	4/9
3	39	Jayda COOPER	#1	Saint Mary (Kan.)	11.41m	37-5¼ (-0)	4/1
4	41	Karsen DUNHAM	#8	Bethel (Kan.)	11.37mw	37-3¾ (2.9)	4/6
5	58	Megan MCMILLEN	#1	Saint Mary (Kan.)	11.08m	36-4¼ (0.1)	5/5
6	89	Stephany MEYER	#8	Bethel (Kan.)	10.66m	34-11¾ (1)	5/5
7	94	Briley BAGLEY	#1	Saint Mary (Kan.)	10.61m	34-9¾ (0.6)	4/24
8		Mary PARKS	#12	Bethany (Kan.)	10.31m	33-10 (1.4)	5/5
9		Jordyn WEEMS	#3	Ottawa (Kan.)	9.85m	32-3¾ (1.2)	5/5
10		Juliet LANE	#3	Ottawa (Kan.)	9.78m	32-1 (-1.8)	4/15

Women's Shot Put

1	5	Kortney SCHUTT	#2	Friends (Kan.)	14.24m	46-8¾	4/1
2	46	Tyresha CLARK	#7	Saint Mary-of-th	12.57m	41-3	4/14
3	50	Mariah GRIZZLE	#3	Ottawa (Kan.)	12.49m	40-11¾	4/1
4	51	Nicole HOLIDAY	#6	Kansas Wesleyan	12.46m	40-10½	4/30
5	67	Candice JONES	#5	York (Neb.)	12.11m	39-8¾	5/5
6	78	Evie SCOLES	#4	Southwestern (I)	11.99m	39-4	5/5
7	80	Madison GOOKIN	#5	York (Neb.)	11.97m	39-3¼	3/26
7	80	Laurel BARBER	#3	Ottawa (Kan.)	11.97m	39-3¼	5/5
9	86	Amber DOMINGUEZ	#5	York (Neb.)	11.94m	39-2¼	4/21
10	99	Raelynn DENSON	#1	Saint Mary (Kan.)	11.74m	38-6¼	4/28

Women's Discus

1	1	Kortney SCHUTT	#2	Friends (Kan.)	51.39m	168-7	4/23
2	36	Amber DOMINGUEZ	#5	York (Neb.)	42.32m	138-10	4/21
3	45	Saffron JACOBS	#6	Kansas Wesleyan	40.95m	134-4	4/6
4	85	Tyresha CLARK	#7	Saint Mary-of-th	37.60m	123-5	4/22
5	97	Deja DELAINE	#3	Ottawa (Kan.)	37.12m	121-10	5/5
6	LE+0	Andelyn JOHNSON	#9	Tabor (Kan.)	37.01m	121-5	4/30
7		Raelynn DENSON	#1	Saint Mary (Kan.)	36.89m	121-1	4/24
8		Jaine JOHNSON	#3	Ottawa (Kan.)	36.84m	120-11	3/17
9		Ascha UTTER	#5	York (Neb.)	36.00m	118-2	4/21
10		Madison GOOKIN	#5	York (Neb.)	35.70m	117-2	3/26

Women's Hammer

1	3	Kortney SCHUTT	#2	Friends (Kan.)	54.72m	179-7	4/1
2	20	Makenzie BURNS	#2	Friends (Kan.)	49.54m	162-7	4/30
3	37	Sidney DENNIS	#4	Southwestern (I)	47.71m	156-7	4/30
4	51	Madison GOOKIN	#5	York (Neb.)	45.79m	150-3	5/5
5	57	Marisela HERNANDEZ-CASTRO	#6	Kansas Wesleyan	44.69m	146-8	4/30
6	64	Kalyn CORLEY	#8	Bethel (Kan.)	44.34m	145-6	4/15
7	71	Ascha UTTER	#5	York (Neb.)	43.68m	143-4	4/8
8	83	Sydney RABORN	#3	Ottawa (Kan.)	42.75m	140-3	4/24
9	90	Molly CHITTY	#12	Bethany (Kan.)	42.19m	138-5	5/5
10	91	Amber DOMINGUEZ	#5	York (Neb.)	42.18m	138-5	4/8

Women's Javelin

1	4	Laurel BARBER	#3	Ottawa (Kan.)	43.81m	143-9	4/1
2	21	Taylor CLAUSSEN	#12	Bethany (Kan.)	39.48m	129-7	5/5
3	41	Sydney RABORN	#3	Ottawa (Kan.)	37.25m	122-3	3/19
4	63	Kylie CRIST	#9	Tabor (Kan.)	35.40m	116-2	5/5
5	66	Kalyn CORLEY	#8	Bethel (Kan.)	35.09m	115-2	4/1
6	68	Taya WILSON	#10	Sterling (Kan.)	34.95m	114-8	4/23
7	79	Kortney SCHUTT	#2	Friends (Kan.)	34.34m	112-8	5/5
8	83	Makayla DINKLER	#5	York (Neb.)	34.10m	111-11	4/2
9	84	Maya MARLATT	#3	Ottawa (Kan.)	34.05m	111-9	3/26
10	94	Mariah GRIZZLE	#3	Ottawa (Kan.)	33.31m	109-4	3/26

Women's Heptathlon

1	38	Makayla DINKLER	#5	York (Neb.)	3,845		4/21
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Midlands

Women's 100 Meters

1	Aysa BENALLY	#1	Haskell (Kan.)	13.24w	(2.2)	4/1
2	Sonia KHAN	#1	Haskell (Kan.)	13.73w	(2.9)	4/24
3	Amaya HARRIS	#1	Haskell (Kan.)	13.95	(2.0)	4/1
4	Nakooma PELT	#1	Haskell (Kan.)	15.39w	(2.9)	4/24

Women's 200 Meters

1	Aysa BENALLY	#1	Haskell (Kan.)	26.56	(-0.8)	4/30
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Women's 800 Meters

1	Jayme MORRIS	#1	Haskell (Kan.)	2:48.32		4/15
2	Hannah POORMAN	#1	Haskell (Kan.)	2:51.32		4/1

Women's 1500 Meters

1	AJ HOLDER	#1	Haskell (Kan.)	7:40.85		4/30
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Women's Steeplechase

1	Tavia HART	#1	Haskell (Kan.)	13:47.80		5/6
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Women's Discus

1	Tilda HUBBELL	#1	Haskell (Kan.)	25.62m	84-3/4	4/1
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Women's Javelin

1	22 Amaya HARRIS	#1	Haskell (Kan.)	B 39.34m	129-1	4/15
2	Aysa BENALLY	#1	Haskell (Kan.)	31.88m	104-7	4/24



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Mid-South

Women's 100 Meters

1	2	Iantha WRIGHT	#1	Life (Ga.)	A:B 11.44	(0.0)	5/1
2	6	Praise IDAMADUDU	#5	Cumberland (Te	A:B 11.76	(-1.0)	4/15
3	13	Jozlen BRISBON	#4	Lindsey Wilson (A	B 11.90	(0.5)	5/1
4	17	Maya SMITH-SPEED	#1	Life (Ga.)	B 11.93	(0.0)	5/1
5	32	Alexia BOYD	#3	Campbellsville (	B 12.09	(0.0)	5/1
6	43	Jamila GARBA	#3	Campbellsville (	12.17	(0.0)	5/1
7	51	Alana MACK	#5	Cumberland (Te	12.19	(0.5)	5/1
8	66	Kaylee LOWE	#1	Life (Ga.)	12.25	(0.6)	5/1
9	78	Kathryn HUNTER	#2	Cumberlands (K	12.29w	(3.9)	4/8
10	91	Jaida REED	#2	Cumberlands (K	12.35	(0.6)	5/1

Women's 100 Meter Hurdles

1	3	Alisha WRIGHT	#1	Life (Ga.)	A:B 13.66	(1.8)	5/1
2	18	Brianna MADISON	#1	Life (Ga.)	A:B 14.35	(1.8)	5/1
3	51	Sarah BOLTON	#6	Georgetown (Ky	15.19	(1.8)	5/1
4	55	Henriette HALWAS	#4	Lindsey Wilson (	15.26w	(3.8)	3/25
5	56	Ariana MADISON	#1	Life (Ga.)	15.27	(1.8)	5/1
6		Myah MENFEE	#6	Georgetown (Ky	15.89	(-0.4)	3/25
7		Hailey MARTIN	#2	Cumberlands (K	15.93	(1.8)	5/1
8		Lydia WORKMAN	#7	Thomas More	17.03	(1.8)	5/1
9		Marlena SIPES	#3	Campbellsville (	21.85	(-0.4)	5/1
10		Asia COOPER	#3	Campbellsville (	21.90	(-0.4)	5/1

Women's 200 Meters

1	1	Praise IDAMADUDU	#5	Cumberland (Te	A:B 22.96	(2.0)	5/1
2	2	Iantha WRIGHT	#1	Life (Ga.)	A:B 23.33w	(4.0)	5/1
3	14	Jamila GARBA	#3	Campbellsville (A	B 24.53	(1.7)	5/1
4	19	Maya SMITH-SPEED	#1	Life (Ga.)	A:B 24.62	(2.0)	5/1
5	24	Brianna FLORVILUS	#1	Life (Ga.)	B 24.78	(1.7)	5/1
6	37	Alexia BOYD	#3	Campbellsville (	24.98w	(4.0)	5/1
7	42	Breanna PRATT	#1	Life (Ga.)	25.00	(2.0)	5/1
8	44	Jaida REED	#2	Cumberlands (K	25.03w	(4.0)	5/1
9	LE+0:	Alana MACK	#5	Cumberland (Te	25.58w	(4.0)	5/1
10		Kaylee LOWE	#1	Life (Ga.)	25.72	(1.6)	4/2

Women's 400 Meters

1	1	Praise IDAMADUDU	#5	Cumberland (Te	A:B 52.27		5/1
2	4	Brianna FLORVILUS	#1	Life (Ga.)	A:B 54.58		5/1
3	5	Breanna PRATT	#1	Life (Ga.)	A:B 54.96		5/1
4	80	Cora STEVENS	#2	Cumberlands (K	59.20		5/1
5		Henriette HALWAS	#4	Lindsey Wilson (	1:00.16		4/1
6		Jamila GARBA	#3	Campbellsville (	1:00.51		4/8
7		Luna SENICA	#4	Lindsey Wilson (	1:00.89		4/1
8		Dagbjort MAGNUSDOTTIR	#1	Life (Ga.)	1:00.96		4/2
9		Tori FORD	#10	Freed-Hardema	1:01.45		5/1
10		Jessica MUSSELMAN	#10	Freed-Hardema	1:01.96		4/23

Women's 400 Meter Hurdles

1	10	Alisha WRIGHT	#1	Life (Ga.)	A:B 1:02.71		4/15
2	58	Hailey MARTIN	#2	Cumberlands (K	1:07.37		5/1
3		Meredith JOHNSON	#4	Lindsey Wilson (	1:09.90		5/1
4		Hailey SHANK	#3	Campbellsville (	1:10.02		5/1
5		Lydia WORKMAN	#7	Thomas More	1:11.39		5/1
6		Alexis HALE	#4	Lindsey Wilson (	1:12.83		5/1
7		Grace THAMANN	#7	Thomas More	1:12.98		5/1
8		Mikkah SILER	#2	Cumberlands (K	1:17.01		4/16
9		Nevaeh WARREN	#2	Cumberlands (K	1:18.54		5/1
10		Kirsten CREPPS	#4	Lindsey Wilson (	1:18.91		4/15

Women's 800 Meters

1	9	Jessica PRICE	#8	Shawnee State (A	B 2:13.53		5/1
2	42	Ashley AKINS	#7	Thomas More	2:18.14		5/1
3	51	Jessica MUSSELMAN	#10	Freed-Hardema	2:18.88		5/1
4	55	Madelyn WALTMON	#6	Georgetown (Ky	2:19.17		5/1
5	60	Meredith JOHNSON	#4	Lindsey Wilson (	2:19.72		4/1
6	80	Kamryn KIMMEL	#1	Life (Ga.)	2:21.67		4/2
7		Ashley TERRY	#2	Cumberlands (K	2:23.43		5/1
8		Lauren SANDERSON	#2	Cumberlands (K	2:23.93		5/1
9		T'Lea SCOTT	#3	Campbellsville (	2:24.55		4/1
10		Sierra POPPELL	#8	Shawnee State (	2:24.68		3/17

Women's 1500 Meters

1	3	Jessica PRICE	#8	Shawnee State (A	B 4:28.86		5/1
2	47	Meredith JOHNSON	#4	Lindsey Wilson (	4:43.90		5/1
3	49	Sierra POPPELL	#8	Shawnee State (	4:45.05		5/1
4	64	Annabel CLAYTON	#7	Thomas More	4:47.50		4/8
5	93	Emma STEFF	#3	Campbellsville (	4:51.62		4/22
6	99	Kamryn KIMMEL	#1	Life (Ga.)	4:52.34		4/15
7		Lauren MCHAN	#2	Cumberlands (K	4:53.72		5/1
8		Hailie LAMAR	#3	Campbellsville (	4:55.67		4/22
9		Andrea DE LA ROSA	#11	Bethel (Tenn.)	4:59.00		4/15
10		Olivia RUDDER	#4	Lindsey Wilson (	5:01.70		4/1

Women's Steeplechase

1	22	Lauren MCHAN	#2	Cumberlands (K	A:B 11:17.16		4/1
2	23	Meredith JOHNSON	#4	Lindsey Wilson (A	B 11:18.00		3/18
3	50	Daniela RIVERA	#5	Cumberland (Te	12:02.20		4/1
4	64	Meredith ELSTUN	#2	Cumberlands (K	12:13.44		4/16
5	65	Hailey SHANK	#3	Campbellsville (	12:14.35		4/1
6	73	Elise KRONE	#5	Cumberland (Te	12:22.63		4/1
7	76	Alyssa SHARP	#4	Lindsey Wilson (	12:25.09		4/8
8		Rachel PUCKETT	#6	Georgetown (Ky	12:48.73		4/2
9		Annabelle WALKER	#4	Lindsey Wilson (	12:51.14		5/1
10		Nevaeh WARREN	#2	Cumberlands (K	12:58.62		4/8



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Mid-South

Women's 5000 Meters

1	5	Jessica PRICE	#8 Shawnee State (A:B	16:42.59	4/22
2	20	Sierra POPPELL	#8 Shawnee State (A:B	17:21.67	4/1
3	38	Meredith JOHNSON	#4 Lindsey Wilson (B	17:43.89	4/8
4	49	Emma STEFF	#3 Campbellsville (	18:01.98	4/8
5	51	Taylor WARD	#1 Life (Ga.)	18:05.62	4/15
6	98	Lauren MCHAN	#2 Cumberlands (K	18:37.92	4/16
7		Taylor WARREN	#2 Cumberlands (K	18:56.48	4/16
8		Madison GRANT	#10 Freed-Hardema	19:13.35	3/18
9		Aleksandra PETROVA	#5 Cumberland (Te	19:31.57	4/1
10		Sarah BERTSCH	#7 Thomas More	19:35.16	3/26

Women's 10,000 Meters

1	12	Jessica PRICE	#8 Shawnee State (A:B	36:50.72	4/28
2	19	Sierra POPPELL	#8 Shawnee State (A:B	37:16.81	4/28
3	50	Emma STEFF	#3 Campbellsville (	39:08.68	3/18
4	64	Aleksandra PETROVA	#5 Cumberland (Te	39:58.01	4/8
5	69	Taylor WARREN	#2 Cumberlands (K	40:17.69	4/1
6	84	Mercy KIBIWOTT	#5 Cumberland (Te	40:51.06	4/8
7		Kinsey FORGEY	#2 Cumberlands (K	41:52.15	4/8
8		Macey WILSON	#4 Lindsey Wilson (	41:52.37	4/8
9		Annabelle WALKER	#4 Lindsey Wilson (	42:35.03	4/15
10		Nina DAMAN	#3 Campbellsville (	43:10.49	3/18

Women's Half-Marathon

1	1	Taylor WARD	#1 Life (Ga.)	A:B 1:23:30	3/19
2	9	Aleksandra PETROVA	#5 Cumberland (TeA:B	1:26:37	2/26
3	23	Elise KRONE	#5 Cumberland (TeA:B	1:28:32	2/26
4	32	Madison GRANT	#10 Freed-Hardema	B 1:30:33	2/26

Women's 5000m Race Walk

1	11	Jenna GROGAN	#2 Cumberlands (K B	28:28.24	4/8
2	20	Tara TODD	#2 Cumberlands (K	31:25.74	4/8
3	25	Hope BRITT	#5 Cumberland (Te	33:16.55	5/1
4	27	Cady SCHOEK	#4 Lindsey Wilson (	33:59.91	5/1
5	32	Kirsten CREPPS	#4 Lindsey Wilson (	36:18.40	5/1
6	33	Eliza HAGENS	#4 Lindsey Wilson (	36:42.08	5/1
7	34	Isabelle BLATZ	#2 Cumberlands (K	36:56.46	5/1
8	36	Madison WELCH	#3 Campbellsville (	37:12.81	5/1
9	39	Daniela RIVERA	#5 Cumberland (Te	38:19.84	5/1
10	40	Claire GYMORY	#1 Life (Ga.)	38:52.76	5/1

Women's 4x100 Relay

1	4	Brianna FLORVILUS, Maya SMITH-SPEED, Kaylee LOWE, Iantha WRIGHT	#1 Life (Ga.)	A:B 46.10	5/1
2	15	LaAuhnni LEWIS, Jamila GARBA, Haley PAYTON, Alexia BOYD	#3 Campbellsville (A:B	47.54	5/1
3	19	Kerryann SCOTT, Luna SENICA, Jordan NELSON, Jozlen BRISBON	#4 Lindsey Wilson (A:B	47.76	5/1
4	23	Jullia MORRIS, Kathryn HUNTER, Morgan BRUIN, Jaida REED	#2 Cumberlands (KA:B	47.87	5/1
5	69	Sarah BOLTON, Jalynn LANDVERSICHT, Lani IRWIN, Libby MILLER	#6 Georgetown (Ky	50.07	5/1
6		Corrina WATTS, Milan MCNULTY, Lydia WORKMAN, Grace THAMANN	#7 Thomas More	55.36	3/26

Women's 4x400 Relay

1	2	Brianna FLORVILUS, Dagbjort MAGNUSDOTTIR, Breanna PRATT, Iantha WRIGHT	#1 Life (Ga.)	A:B 3:44.68	4/22
2	31	Morgan BRUIN, Ashley TERRY, Lauren SANDERSON, Cora STEVENS	#2 Cumberlands (K	4:01.43	5/1
3	56	Haley PAYTON, Jamila GARBA, Hailie LAMAR, Alexia BOYD	#3 Campbellsville (	4:07.96	5/1
4	62	Luna SENICA, Henriette HALWAS, Alexis HALE, Meredith JOHNSON	#4 Lindsey Wilson (	4:08.78	5/1
5	71	Lani IRWIN, Libby MILLER, Madelyn WALTMON, Jalynn LANDVERSICHT	#6 Georgetown (Ky	4:10.86	5/1
6	82	Ashley AKINS, Maddie DAVIS, Grace THAMANN, Caileigh WATERS	#7 Thomas More	4:14.24	5/1
7	LE+0:	Arnazsia JOHNSON, N'Dia METCALF, Maddie BITTLE, Hailee SERVAIS	#5 Cumberland (Te	4:21.79	4/23



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Women's 4x800 Relay

1	22	Cora STEVENS, Lauren MCHAN, Lauren SANDERSON, Ashley TERRY	#2	Cumberlands (K	9:34.35	5/1
2	29	Henriette HALWAS, Olivia RUDDER, Kaylee MASDEN, Meredith JOHNSON	#4	Lindsey Wilson (	9:45.85	5/1
3	39	Ashley AKINS, Ashley ALBRINCK, Sarah BERTSCH, Caileigh WATERS	#7	Thomas More	9:58.46	5/1
4	42	Hailie LAMAR, Hailey SHANK, Marlena SIPES, Emma STEFF	#3	Campbellsville (	10:02.21	5/1
5	43	Mikella MEDDOCK, Sierra POPPELL, Emma MARSHALL, Jessica PRICE	#8	Shawnee State (	10:03.11	5/1
6	44	Kamryn KIMMEL, Dagbjort MAGNUSDOTTIR, Darcy PICKER, Taylor WARD	#1	Life (Ga.)	10:04.09	5/1
7	54	Lani IRWIN, Kate REESE, Katie MILBY, Madelyn WALTMON	#6	Georgetown (Ky	10:14.29	5/1
8	56	India MASTIN, Sharon JEROP, Elise KRONE, Daniela RIVERA	#5	Cumberland (Te	10:14.57	5/1

Women's High Jump

1	13	Henriette HALWAS	#4	Lindsey Wilson (	1.66m	5-5¼	4/15
2	20	Haidyn WAMSLEY	#8	Shawnee State (	1.64m	5-4½	5/1
3	40	Sarah BOLTON	#6	Georgetown (Ky	1.61m	5-3¼	5/1
4	44	Jalynn LANDVERSICHT	#6	Georgetown (Ky	1.60m	5-3	3/18
5	84	Kaylee LOWE	#1	Life (Ga.)	1.55m	5-1	4/15
6	1E+0	Emma BIANCHI	#6	Georgetown (Ky	1.54m	5-½	3/25
7		Myah MENFEE	#6	Georgetown (Ky	1.50m	4-11	3/25
8		Paige NEWBY	#2	Cumberlands (K	1.49m	4-10½	5/1
9		Mikkah SILER	#2	Cumberlands (K	1.44m	4-8¾	4/8
9		Amber BROWN	#6	Georgetown (Ky	1.44m	4-8¾	5/1

Women's Pole Vault

1	72	Trinity SHERROD	#2	Cumberlands (K	3.00m	9-10	3/25
2		Lauren JACKSON	#6	Georgetown (Ky	2.50m	8-2½	5/1
3		Marie Ann ESCOBAR	#1	Life (Ga.)	2.20m	7-2½	5/1
4		Claire GYOMORY	#1	Life (Ga.)	2.05m	6-8¾	5/1

Women's Long Jump

1	3	Kaylee LOWE	#1	Life (Ga.)	A: B 5.95m	19-6¼ (-0.0)	4/22
2	21	Alana MACK	#5	Cumberland (Te	B 5.67m	18-7¼ (1.4)	4/1
3	33	Luna SENICA	#4	Lindsey Wilson (	5.61m	18-5 (1.9)	3/25
4	36	Henriette HALWAS	#4	Lindsey Wilson (	5.58mw	18-3¾ (3.7)	3/25
5	44	Haley PAYTON	#3	Campbellsville (	5.51mw	18-1 (2.3)	4/22
6	92	Alexia BOYD	#3	Campbellsville (	5.28m	17-4 (0.6)	4/1
6	92	Jullia MORRIS	#2	Cumberlands (K	5.28m	17-4 (-0.6)	3/25
8	99	Sarah BOLTON	#6	Georgetown (Ky	5.25m	17-2¾ (0.9)	4/23
9		Silja PETURSDOTTIR	#1	Life (Ga.)	5.16mw	16-11¼ (3.0)	3/25
10		Haidyn WAMSLEY	#8	Shawnee State (	5.05mw	16-7 (2.2)	5/1

Women's Triple Jump

1	18	Jullia MORRIS	#2	Cumberlands (K	A: B 11.77m	38-7½ (0.0)	5/1
2	22	Kaylee LOWE	#1	Life (Ga.)	B 11.62m	38-1½ (1.1)	4/15
3	38	Haley PAYTON	#3	Campbellsville (	11.46m	37-7¼ (1.5)	4/22
4	67	Lydia LE'DET	#2	Cumberlands (K	10.89m	35-8¾ (0.4)	3/17
5	74	Alana MACK	#5	Cumberland (Te	10.80m	35-5¼ (0.0)	5/1
6	87	Silja PETURSDOTTIR	#1	Life (Ga.)	10.69m	35-1 (0.1)	4/22
7	98	Alexia BOYD	#3	Campbellsville (	10.59m	34-9 (-0.8)	5/1
8		N'Dia METCALF	#5	Cumberland (Te	10.47m	34-4¼ (-0.0)	5/1
9		Ariana MADISON	#1	Life (Ga.)	10.25m	33-7½ (0.1)	3/18

Women's Shot Put

1	16	Daveina WATSON	#5	Cumberland (Te	A: B 13.55m	44-5½	4/1
2	17	Levonis DAVIS	#1	Life (Ga.)	B 13.51m	44-4	4/15
3	39	Ricquel WILLIAMS	#3	Campbellsville (	12.77m	41-10¾	4/15
4	72	Valerie KENDRICK	#9	Pikeville (Ky.)	12.06m	39-6¾	5/1
5	76	Danielle ALBRIGHT	#1	Life (Ga.)	12.00m	39-4½	4/15
6		Delores STEVENSON	#2	Cumberlands (K	11.25m	36-11	5/1
7		Verlecia SCARLETT	#9	Pikeville (Ky.)	11.01m	36-1½	5/1
8		Miracle TAYLOR	#9	Pikeville (Ky.)	10.73m	35-2½	3/18
9		Mersadies FOOTE	#1	Life (Ga.)	10.44m	34-3	4/15
10		Henriette HALWAS	#4	Lindsey Wilson (	10.29m	33-9¼	4/8

Women's Discus

1	43	Valerie KENDRICK	#9	Pikeville (Ky.)	41.07m	134-9	5/6
2	44	Rachel BERWANGER	#7	Thomas More	41.03m	134-8	4/23
3	70	Levonis DAVIS	#1	Life (Ga.)	39.13m	128-5	4/15
4		Daveina WATSON	#5	Cumberland (Te	36.31m	119-2	5/1
5		Danielle ALBRIGHT	#1	Life (Ga.)	35.64m	116-11	5/1
6		Kaylee Dee LONG	#6	Georgetown (Ky	35.59m	116-9	5/1
7		Ricquel WILLIAMS	#3	Campbellsville (	35.47m	116-5	4/2
8		Brooke COFFMAN	#3	Campbellsville (	31.24m	102-6	5/1
9		Magan STACEY	#5	Cumberland (Te	30.82m	101-2	4/23
10		Emily HUBER	#4	Lindsey Wilson (	30.37m	99-7¾	3/25



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Women's Hammer

1	34	Danielle ALBRIGHT	#1	Life (Ga.)	48.02m	157-7	4/15
2	89	Delores STEVENSON	#2	Cumberlands (K	42.20m	138-6	5/1
3	99	Levonis DAVIS	#1	Life (Ga.)	41.73m	136-11	4/15
4	100	Verlecia SCARLETT	#9	Pikeville (Ky.)	41.72m	136-11	5/1
5		Zoe BOX	#3	Campbellsville (	41.65m	136-8	5/1
6		Brooke COFFMAN	#3	Campbellsville (	41.40m	135-10	5/1
7		Ricquel WILLIAMS	#3	Campbellsville (	41.36m	135-9	4/2
8		Miracle TAYLOR	#9	Pikeville (Ky.)	40.85m	134-0	4/2
9		Mersadies FOOTE	#1	Life (Ga.)	40.81m	133-11	3/25
10		Malorie CARTER	#4	Lindsey Wilson (	40.03m	131-4	5/1

Women's Javelin

1	73	Rachel BERWANGER	#7	Thomas More	34.56m	113-5	5/1
2	74	Silja PETURSDOTTIR	#1	Life (Ga.)	34.47m	113-1	5/1
3		Emma BIANCHI	#6	Georgetown (Ky	32.70m	107-4	3/25
4		Myah MENFEE	#6	Georgetown (Ky	31.77m	104-3	3/25
5		Henriette HALWAS	#4	Lindsey Wilson (	30.32m	99-5¾	5/1
6		Ariana MADISON	#1	Life (Ga.)	29.91m	98-1¾	4/15
7		Macie RUSSELL	#3	Campbellsville (	29.71m	97-5¾	5/1
8		Jalynn LANDVERSICHT	#6	Georgetown (Ky	26.38m	86-6¾	5/1
9		Ricquel WILLIAMS	#3	Campbellsville (	26.29m	86-3	5/1
10		Sarah BOLTON	#6	Georgetown (Ky	25.52m	83-8¾	5/1

Women's Heptathlon

1	11	Henriette HALWAS	#4	Lindsey Wilson (B	4,514	4/8
2	15	Sarah BOLTON	#6	Georgetown (Ky B	4,370	5/1
3	44	Myah MENFEE	#6	Georgetown (Ky	3,689	3/25
4	83	Marlena SIPES	#3	Campbellsville (	2,283	5/1
5	86	Asia COOPER	#3	Campbellsville (	1,637	5/1



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North Star

Women's 100 Meters

1	24	Illise JENNINGS	#1	Dickinson State B	11.98w	(2.2)	4/9
2		Brooke MALSOM	#4	Valley City State	12.49w	(2.2)	4/9
3		Breanna IHDE	#2	Viterbo (Wis.)	12.52	(0.8)	5/6
4		Lana YEAKEL	#2	Viterbo (Wis.)	12.56w	(2.5)	4/21
5		Fane SAUVAKACOLO	#3	Dakota State (S.	12.66w	(4.0)	5/6
6		Josie WOLF	#3	Dakota State (S.	12.71	(0.6)	4/15
7		Madissyn MOORE	#3	Dakota State (S.	12.92	(1.9)	3/25
8		Morgan HUBER	#3	Dakota State (S.	13.22	(1.9)	4/15
9		Alexie STEPHANI	#2	Viterbo (Wis.)	13.24w	(4.0)	4/21
10		Lily BALDWIN	#4	Valley City State	13.31	(1.2)	4/28

Women's 100 Meter Hurdles

1	33	Kaitlyn MCCOLLY	#1	Dickinson State B	14.69w	(3.3)	4/9
2	37	Wrenzi WRZESINSKI	#1	Dickinson State B	14.80	(1.2)	4/28
3	65	Fane SAUVAKACOLO	#3	Dakota State (S.	15.33	(0.8)	4/15
4	66	Taylor SARGENT	#4	Valley City State	15.37w	(2.4)	5/4
5		Emma JOHNSON	#2	Viterbo (Wis.)	16.21	(1.7)	5/6
6		Ashley VERONEN	#2	Viterbo (Wis.)	16.24	(1.8)	5/6
7		Shaylee DEBEER	#3	Dakota State (S.	16.30w	(2.6)	4/8
8		Tess DURSCHER	#2	Viterbo (Wis.)	16.48	(1.7)	5/6
9		Emily RYERSON	#6	Waldorf (Iowa)	16.57	(0.7)	4/9
10		Tinley PIERSON	#1	Dickinson State	17.52	(1.9)	5/5

Women's 200 Meters

1	56	Illise JENNINGS	#1	Dickinson State	25.15w	(3.1)	5/5
2	66	Brooke MALSOM	#4	Valley City State	25.25w	(3.9)	4/9
3		Josie WOLF	#3	Dakota State (S.	25.75	(1.8)	4/15
4		Wrenzi WRZESINSKI	#1	Dickinson State	26.10	(0.3)	4/22
5		Breanna IHDE	#2	Viterbo (Wis.)	26.43w	(4.0)	4/21
6		Fane SAUVAKACOLO	#3	Dakota State (S.	27.03	(1.8)	4/15
7		Shaylee DEBEER	#3	Dakota State (S.	27.04	(0.2)	4/2
8		Jewel OLSON	#1	Dickinson State	27.07w	(2.7)	4/9
9		Jessica GILES	#3	Dakota State (S.	27.09w	(3.7)	4/21
10		Lana YEAKEL	#2	Viterbo (Wis.)	27.11w	(2.7)	4/2

Women's 400 Meters

1	71	Josie WOLF	#3	Dakota State (S.	59.12		5/6
2		Jewel OLSON	#1	Dickinson State	59.95		5/5
3		Jessica GILES	#3	Dakota State (S.	1:00.07		5/6
4		Claudia SCHUNK	#2	Viterbo (Wis.)	1:01.99		4/21
5		Lana YEAKEL	#2	Viterbo (Wis.)	1:02.35		4/2
6		Aimee KEMPER	#2	Viterbo (Wis.)	1:02.85		4/9
7		Catherine CLARKE-ASHFORD	#6	Waldorf (Iowa)	1:02.88		4/28
8		Elizabeth WIDMER	#1	Dickinson State	1:04.36		5/5
9		Kyley LAUF	#4	Valley City State	1:05.19		4/9
10		Jennifer GILES	#3	Dakota State (S.	1:06.39		4/8

Women's 400 Meter Hurdles

1	22	Wrenzi WRZESINSKI	#1	Dickinson State B	1:03.96		4/28
2	44	Kaitlyn MCCOLLY	#1	Dickinson State	1:06.17		4/28
3	51	Shaylee DEBEER	#3	Dakota State (S.	1:06.55		5/6
4		Tess DURSCHER	#2	Viterbo (Wis.)	1:09.91		5/6
5		Kyley LAUF	#4	Valley City State	1:14.50		4/28
6		Emily RYERSON	#6	Waldorf (Iowa)	1:17.03		4/23
7		Carmen MATA	#6	Waldorf (Iowa)	1:17.88		5/6
8		Ayana LEWIS	#5	Iowa Wesleyan	1:23.85		5/7
9		Teya HAWKINS	#5	Iowa Wesleyan	1:55.26		4/23

Women's 800 Meters

1		Jennifer GILES	#3	Dakota State (S.	2:24.99		5/6
2		Grace TIMM	#1	Dickinson State	2:25.42		5/5
3		Sophie LEINFELDER	#2	Viterbo (Wis.)	2:28.05		5/6
4		Vanessa THOMAS	#2	Viterbo (Wis.)	2:28.44		4/21
5		Madelyn ADAM	#2	Viterbo (Wis.)	2:29.62		4/21
6		Jerica MUELLER	#2	Viterbo (Wis.)	2:31.72		4/21
7		Anya HIRSCH	#2	Viterbo (Wis.)	2:31.79		5/6
8		Alexius MILLER	#1	Dickinson State	2:32.38		4/28
9		Elizabeth WIDMER	#1	Dickinson State	2:33.56		4/28
10		Saddie PALMQUIST	#3	Dakota State (S.	2:33.71		4/21

Women's 1500 Meters

1		Grace TIMM	#1	Dickinson State	5:05.79		4/28
2		Piper PEREZ	#1	Dickinson State	5:12.72		4/9
3		Jacia CHRISTIANSEN	#3	Dakota State (S.	5:13.19		4/15
4		Hallie HEMENWAY	#1	Dickinson State	5:14.60		5/5
5		Alexius MILLER	#1	Dickinson State	5:14.99c		4/2
6		Madelyn ADAM	#2	Viterbo (Wis.)	5:15.21		4/2
7		Vanessa THOMAS	#2	Viterbo (Wis.)	5:16.87		4/21
8		Jasmine BARNES	#4	Valley City State	5:19.31		4/9
9		Jada ANDERSON	#3	Dakota State (S.	5:19.68		4/15
10		Anya HIRSCH	#2	Viterbo (Wis.)	5:19.88		4/2

Women's Steeplechase

1		Anya HIRSCH	#2	Viterbo (Wis.)	13:14.69		4/21
2		Alana WICKERING	#6	Waldorf (Iowa)	13:15.62		4/9
3		Karly JUST	#4	Valley City State	13:43.34		4/28
4		Allison MORRIS	#5	Iowa Wesleyan	13:47.61		4/23
5		Zoey STROOP	#1	Dickinson State	13:58.17		5/5
6		Lilly GARNSEY	#5	Iowa Wesleyan	15:01.44		4/29
7		Megan SCHEUER	#2	Viterbo (Wis.)	15:32.54		4/21
8		Rebecca YORK	#2	Viterbo (Wis.)	16:19.29		4/21
9		Katelynn DENNY	#5	Iowa Wesleyan	16:25.93		4/29



Conference TFRI Event Summary

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North Star

Women's 5000 Meters

1	81	Jacia CHRISTIANSEN	#3	Dakota State (S.	18:31.16	5/6
2		Madison NELSON	#7	Bellevue (Neb.)	18:54.51	4/28
3		Madelyn ADAM	#2	Viterbo (Wis.)	19:41.28	4/9
4		Brenna MCDONOUGH	#2	Viterbo (Wis.)	19:48.44	4/9
5		Sarah GRIFFIS	#1	Dickinson State	19:53.06	4/28
6		Piper PEREZ	#1	Dickinson State	19:59.44c	4/2
7		Jasmine BARNES	#4	Valley City State	20:21.74c	3/26
8		Vanessa THOMAS	#2	Viterbo (Wis.)	20:31.62	4/9
9		Zoey STROOP	#1	Dickinson State	20:56.67	4/28
10		Haylie OBERLANDER	#1	Dickinson State	20:58.41	4/28

Women's 10,000 Meters

1	37	Madison NELSON	#7	Bellevue (Neb.)	38:21.70	4/8
2	38	Jacia CHRISTIANSEN	#3	Dakota State (S.	38:26.52	4/8
3	97	Brenna MCDONOUGH	#2	Viterbo (Wis.)	41:40.34	4/21
4		Lilly GARNSEY	#5	Iowa Wesleyan	46:21.90	4/9
5		Allison MORRIS	#5	Iowa Wesleyan	46:56.94	4/9

Women's Half-Marathon

1	13	Jacia CHRISTIANSEN	#3	Dakota State (S.A:B	1:27:41	12/4
2	27	Madison NELSON	#7	Bellevue (Neb.) B	1:29:29	12/4
3	30	Brenna MCDONOUGH	#2	Viterbo (Wis.) B	1:30:24	3/12
4	33	Sarah GRIFFIS	#1	Dickinson State	1:32:21	3/20
5	34	Madelyn ADAM	#2	Viterbo (Wis.)	1:33:40	3/12
6	37	Faith YOUNCE	#5	Iowa Wesleyan	1:40:30	12/4
7	38	Allison MORRIS	#5	Iowa Wesleyan	1:44:15	12/4

Women's Marathon

1	5	Faith YOUNCE	#5	Iowa Wesleyan	3:52:24	3/19
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Women's 5000m Race Walk

1	22	Faith YOUNCE	#5	Iowa Wesleyan	32:27.21	4/23
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Women's 4x100 Relay

1	52	Wrenzi WRZESINSKI, Ilise JENNINGS, Jewel OLSON, Kaitlyn MCCOLLY	#1	Dickinson State	48.87	5/5
2	67	Shaylee DEBEER, Morgan HUBER, Jessica GILES, Josie WOLF	#3	Dakota State (S.	49.87	5/6
3	75	Lana YEAKEL, Ashley VERONEN, Claudia SCHUNK, Breanna IHDE	#2	Viterbo (Wis.)	50.40	4/21
4		Izela AVALOS, Ayana LEWIS, Shermaine PRESTON, Irakunda APOLINA	#5	Iowa Wesleyan	56.78	4/15

Women's 4x400 Relay

1	36	Shaylee DEBEER, Jennifer GILES, Jessica GILES, Josie WOLF	#3	Dakota State (S.	4:02.61	5/6
2	44	Elizabeth WIDMER, Grace TIMM, Alexius MILLER, Kaitlyn MCCOLLY	#1	Dickinson State	4:03.61	5/5
3	61	Aimee KEMPER, Lana YEAKEL, Claudia SCHUNK, Breanna IHDE	#2	Viterbo (Wis.)	4:08.65	5/6
4		Catherine CLARKE-ASHFORD, Emily RYERSON, Carmen MATA, Danielle WOOD	#6	Waldorf (Iowa)	4:42.61	4/9
5		Brook TIBKE, Misa MIYASHIRO, Liberty CLEVELAND, Emily HATLEWICK	#4	Valley City State	4:52.10c	3/26
6		Katelynn DENNY, Lilly GARNSEY, Ayana LEWIS, Izela AVALOS	#5	Iowa Wesleyan	5:22.49	4/9

Women's High Jump

1	44	Miranda KENDALL	#2	Viterbo (Wis.)	1.60m	5-3	5/6
2	84	Alexie STEPHANI	#2	Viterbo (Wis.)	1.55m	5-1	4/30
2	84	Lahna MATUCHA	#3	Dakota State (S.	1.55m	5-1	4/22
2	84	Madissyn MOORE	#3	Dakota State (S.	1.55m	5-1	4/2
2	84	Abbey GRANBOIS	#1	Dickinson State	1.55m	5-1	5/5
6		Ashley VERONEN	#2	Viterbo (Wis.)	1.53m	5-¼	4/9
7		Wrenzi WRZESINSKI	#1	Dickinson State	1.52m	4-11¾	4/22
8		Katya BARANKO	#1	Dickinson State	1.50m	4-11	4/28
9		Kaitlyn MCCOLLY	#1	Dickinson State	1.49m	4-10½	4/22
10		Sydney CO	#4	Valley City State	1.45m	4-9	3/26

Women's Pole Vault

1	13	Bailey NUUTINEN	#2	Viterbo (Wis.) B	3.58m	11-9	5/6
2	14	Madison WAHL	#1	Dickinson State B	3.55m	11-7¾	5/5
3	51	Cassidy JORENSEN	#1	Dickinson State	3.20m	10-6	4/28
4	58	Tess DURSCHER	#2	Viterbo (Wis.)	3.13m	10-3¼	4/30
5	60	Emma JOHNSON	#2	Viterbo (Wis.)	3.12m	10-2¾	4/9
6	84	Gabriella GESZVAIN	#2	Viterbo (Wis.)	2.85m	9-4¼	4/13
7		Hannah LORD	#1	Dickinson State	2.75m	9-¼	5/5
8		Tinley PIERSON	#1	Dickinson State	2.45m	8-½	5/5



Conference TFRI Event Summary

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North Star

Women's Long Jump

1	19	Jocelyn OTT	#1	Dickinson State	B	5.68mw	18-7¾ (3.0)	5/5
2	38	Brooke MALSOM	#4	Valley City State		5.57mw	18-3¼ (2.9)	5/5
3	67	Lana YEAKEL	#2	Viterbo (Wis.)		5.40mw	17-8¾ (2.7)	4/21
4	86	Wrenzi WRZESINSKI	#1	Dickinson State		5.30mw	17-4¾ (2.5)	4/22
4	86	Madissyn MOORE	#3	Dakota State (S.		5.30mw	17-4¾ (2.7)	3/25
6		Kaitlyn MCCOLLY	#1	Dickinson State		5.17mw	16-11½ (2.)	4/22
7		Grace PEYRON	#2	Viterbo (Wis.)		5.16m	16-11¼ (1.)	4/2
8		Taylor SARGENT	#4	Valley City State		5.06m	16-7¼ (0.4)	4/28
8		Sydney CO	#4	Valley City State		5.06mw	16-7¼ (3.6)	5/4
10		Skylar CROW	#1	Dickinson State		4.94mA	16-2½ (-1.)	3/26

Women's Triple Jump

1	55	Jocelyn OTT	#1	Dickinson State		11.15mw	36-7 (2.5)	5/5
2	68	Brooke MALSOM	#4	Valley City State		10.86m	35-7¾ (0.9)	4/28
3	98	Fane SAUVAKACOLO	#3	Dakota State (S.		10.59m	34-9 (0.8)	5/6
4		Alexie STEPHANI	#2	Viterbo (Wis.)		10.38m	34-¾ (1.7)	5/6
5		Kaitlyn MCCOLLY	#1	Dickinson State		10.27mw	33-8½ (2.2)	5/5
6		Shermaine PRESTON	#5	Iowa Wesleyan		10.17m	33-4½ (0.0)	5/7
7		Elizabeth WIDMER	#1	Dickinson State		10.16m	33-4 (-1.7)	4/9
8		Tinley PIERSON	#1	Dickinson State		10.10m	33-1¾ (1.4)	4/28
9		Alyssa ANDRESS	#1	Dickinson State		10.09mw	33-1¼ (3.2)	5/5
10		Ruth KONZEN	#2	Viterbo (Wis.)		9.80m	32-2 (1.6)	4/2

Women's Shot Put

1	26	Brianna HUNTER	#5	Iowa Wesleyan	B	13.03m	42-9	5/6
2	96	Hannah GORDON	#4	Valley City State		11.80m	38-8¾	5/5
3		Sadie HANSEN	#4	Valley City State		11.52m	37-9½	5/4
4		Maren GULLINGSRUD	#2	Viterbo (Wis.)		11.40m	37-5	4/9
5		Kelsee CUMMINGS	#1	Dickinson State		10.97m	36-0	4/28
6		Jade AZURE	#4	Valley City State		10.92m	35-10	4/22
7		Kaitlyn MCCOLLY	#1	Dickinson State		10.64m	34-11	4/22
8		Molly FARSTVEET	#1	Dickinson State		10.61m	34-9¾	5/5
9		Tyra PAYNE	#3	Dakota State (S.		10.52m	34-6¼	4/15
10		Kiana MILLER	#1	Dickinson State		10.44mA	34-3	3/26

Women's Discus

1	55	Tyra PAYNE	#3	Dakota State (S.		40.02m	131-4	4/8
2	64	Payton DRYDEN	#2	Viterbo (Wis.)		39.40m	129-3	5/6
3	66	Jade AZURE	#4	Valley City State		39.38m	129-3	4/22
4	91	Maria DADE	#2	Viterbo (Wis.)		37.22m	122-2	5/6
5		Britni PLUCKER	#3	Dakota State (S.		36.35m	119-3	4/15
6		Ella PETERSON	#1	Dickinson State		36.19m	118-9	4/22
7		Kendra ODEGARD	#4	Valley City State		35.64m	116-11	4/9
8		Sadie HANSEN	#4	Valley City State		35.52m	116-7	4/28
9		Hannah GORDON	#4	Valley City State		35.07m	115-1	4/28
10		Gabriella PEITZMEIER	#3	Dakota State (S.		34.60m	113-6	5/6

Women's Hammer

1	46	Tyra PAYNE	#3	Dakota State (S.		46.46m	152-5	4/22
2	53	Hannah GORDON	#4	Valley City State		45.22m	148-5	5/4
3	56	Payton DRYDEN	#2	Viterbo (Wis.)		44.70m	146-8	4/21
4	67	Britni PLUCKER	#3	Dakota State (S.		44.05m	144-6	5/6
5		Skyler PATTISON	#3	Dakota State (S.		41.64m	136-8	5/6
6		Gabriella PEITZMEIER	#3	Dakota State (S.		41.11m	134-11	5/6
7		Maren GULLINGSRUD	#2	Viterbo (Wis.)		40.39m	132-6	4/21
8		Jade AZURE	#4	Valley City State		37.55m	123-3	4/22
9		Kendra ODEGARD	#4	Valley City State		36.44m	119-7	4/22
10		Madison MCGRANE	#2	Viterbo (Wis.)		35.26m	115-8	5/6

Women's Javelin

1	7	Kendra ODEGARD	#4	Valley City State	A	42.95m	140-11	5/4
2	49	Tia HALOCK	#1	Dickinson State		36.85m	120-11	5/5
3	82	Kiana MILLER	#1	Dickinson State		34.18m	112-2	4/9
4	96	Hannah GORDON	#4	Valley City State		33.25m	109-1	4/9
5		Alyssa ANDRESS	#1	Dickinson State		32.86m	107-10	5/5
6		Wrenzi WRZESINSKI	#1	Dickinson State		31.48m	103-4	4/22
7		Kailey FERGUSON	#1	Dickinson State		30.96m	101-7	5/5
8		Jocelyn OTT	#1	Dickinson State		30.25m	99-3	5/5
9		Skyler PATTISON	#3	Dakota State (S.		29.01m	95-2¼	5/6
10		Kaitlyn MCCOLLY	#1	Dickinson State		28.40m	93-2¼	4/22

Women's Heptathlon

1	13	Wrenzi WRZESINSKI	#1	Dickinson State	B	4,442		4/22
2	18	Kaitlyn MCCOLLY	#1	Dickinson State	B	4,289		4/22
3	47	Fane SAUVAKACOLO	#3	Dakota State (S.		3,574		4/22
4	61	Katya BARANKO	#1	Dickinson State		3,267		4/22
5	70	Camara GREEN	#6	Waldorf (Iowa)		2,817		4/22
6	82	Izela AVALOS	#5	Iowa Wesleyan		2,391		4/22



Conference TFRI Event Summary

as of 5/9/2022 11:04:56 AM

Red River

Women's 100 Meters

1	25	Jada MCBEAN	#1	Xavier (La.)	B	11.99w	(2.8)	3/25
2	34	Darnee WILLIAMS	#2	Wiley (Texas)	B	12.12w	(3.7)	4/9
3	51	Kynneddy TURNER	#1	Xavier (La.)		12.19w	(2.7)	3/18
4	83	Shayla ARTHUR	#2	Wiley (Texas)		12.31w	(3.1)	4/9
5	86	Kiana JOHNSON	#5	Jarvis Christian		12.33	(1.3)	4/23
6	98	Kiana KEBBI	#3	Our Lady of the I		12.38	(1.3)	3/23
7		Christina GREEN	#4	Huston-Tillotson		12.40w	(2.4)	4/8
8		Alondra TOLEDO	#3	Our Lady of the I		12.49w	(2.4)	4/8
9		Dezeria BOOKER	#5	Jarvis Christian		12.60w	(3.6)	4/9
10		Shayla ARTHUR	#2	Wiley (Texas)		12.61	(-0.3)	3/25

Women's 100 Meter Hurdles

1	6	Emerald CARTER	#1	Xavier (La.)	A:B	14.08	(1.1)	4/1
2		Channell DEVAUGHN	#1	Xavier (La.)		16.15	(1.0)	4/1
3		Deona ROBERTS	#4	Huston-Tillotson		17.29w	(2.8)	3/25
4		Kali RYDOLPH-GARRETT	#2	Wiley (Texas)		17.61	(1.7)	4/15
5		Hailie WILLIAMS	#2	Wiley (Texas)		17.68	(2.0)	3/18
6		Alycia SHAW	#4	Huston-Tillotson		20.59w	(3.1)	4/8
7		Christina GREEN	#4	Huston-Tillotson		21.51	(1.9)	4/8
8		Triston DEMBY	#4	Huston-Tillotson		50.08w	(3.1)	4/8

Women's 200 Meters

1	20	Shayla ARTHUR	#2	Wiley (Texas)	A:B	24.64	(0.8)	4/23
2	21	Darnee WILLIAMS	#2	Wiley (Texas)	A:B	24.66w	(3.9)	4/23
3	34	Jada MCBEAN	#1	Xavier (La.)		24.95	(1.0)	4/1
4	44	Kiana KEBBI	#3	Our Lady of the I		25.03	(0.7)	4/15
5	60	Kynneddy TURNER	#1	Xavier (La.)		25.18	(1.9)	3/18
6	61	Ariel FORD	#1	Xavier (La.)		25.19	(-1.0)	4/16
7	86	Alyssa NELSON	#4	Huston-Tillotson		25.43	(0.0)	4/8
8		Emerald CARTER	#1	Xavier (La.)		25.60	(0.0)	3/18
9		Shayla ARTHUR	#2	Wiley (Texas)		25.78	(0.9)	3/25
10		Christina GREEN	#4	Huston-Tillotson		25.99	(-0.2)	3/25

Women's 400 Meters

1	30	Alyssa NELSON	#4	Huston-Tillotson		57.51		3/25
2	58	Ariel FORD	#1	Xavier (La.)		58.98		4/29
3	98	Shakayla CARTER	#2	Wiley (Texas)		59.55		4/9
4		Jada MCBEAN	#1	Xavier (La.)		59.62		4/29
5		Alexandria SEGURA	#3	Our Lady of the I		59.83		4/29
6		Shayla ARTHUR	#2	Wiley (Texas)		59.99		4/23
7		Jaymee YELTON	#4	Huston-Tillotson		1:00.07		4/29
8		Serenity PARKER	#4	Huston-Tillotson		1:00.09		4/8
9		Kynneddy TURNER	#1	Xavier (La.)		1:01.95		4/29
10		Brianna PANTOJA	#3	Our Lady of the I		1:02.13		4/29

Women's 400 Meter Hurdles

1	26	Alyssa NELSON	#4	Huston-Tillotson	B	1:04.43		4/29
2	60	Emerald CARTER	#1	Xavier (La.)		1:07.63		4/29
3	63	Serenity PARKER	#4	Huston-Tillotson		1:07.71		4/29
4		Channell DEVAUGHN	#1	Xavier (La.)		1:10.68		3/25
5		Mariah WATTS	#3	Our Lady of the I		1:14.86		4/15
6		Jacoria MOORE	#5	Jarvis Christian		1:16.88		4/23
7		Deona ROBERTS	#4	Huston-Tillotson		1:25.49		4/29

Women's 800 Meters

1	53	Jaymee YELTON	#4	Huston-Tillotson		2:19.00		4/29
2	94	Nadia SIFUENTES	#3	Our Lady of the I		2:22.28		4/15
3		Brianna PANTOJA	#3	Our Lady of the I		2:25.42		4/15
4		Regean COLLINS	#1	Xavier (La.)		2:29.00		4/29
5		Alexandria SEGURA	#3	Our Lady of the I		2:29.89		3/4
6		Delisha PAUL	#2	Wiley (Texas)		2:31.84		3/25
7		Viridiana ZUNIGA	#3	Our Lady of the I		2:31.97		4/8
8		Skylah BARTON	#1	Xavier (La.)		2:32.00		4/29
9		Robbie ESPERICUETA	#3	Our Lady of the I		2:32.62		4/15
10		Sierra RAMIREZ	#3	Our Lady of the I		2:40.50		3/24

Women's 1500 Meters

1	76	Nadia SIFUENTES	#3	Our Lady of the I		4:49.70		4/23
2		Robbie ESPERICUETA	#3	Our Lady of the I		5:15.11		4/8
3		Jasmine	#3	Our Lady of the I		5:23.65		3/24
4		Sierra RAMIREZ	#3	Our Lady of the I		5:28.64		4/8
5		Viridiana ZUNIGA	#3	Our Lady of the I		5:31.45		4/15
6		Lindsey BROUSSARD	#3	Our Lady of the I		5:31.68		4/15
7		Regean COLLINS	#1	Xavier (La.)		5:40.02		4/29
8		Delisha PAUL	#2	Wiley (Texas)		5:43.08		4/29
9		Jaymee YELTON	#4	Huston-Tillotson		5:51.59		4/8
10		Peyton LAMMONS	#3	Our Lady of the I		5:59.16		3/4

Women's 5000 Meters

1		Nadia SIFUENTES	#3	Our Lady of the I		19:15.32		4/8
2		Jasmine	#3	Our Lady of the I		19:24.40		4/8
3		Lindsey BROUSSARD	#3	Our Lady of the I		20:22.86		4/8
4		Bria GAINES	#1	Xavier (La.)		22:48.00		4/29
5		Delisha PAUL	#2	Wiley (Texas)		23:03.20		3/12
6		Peyton LAMMONS	#3	Our Lady of the I		23:57.18		3/24
7		Fatima ORTEGA	#2	Wiley (Texas)		24:27.56		3/12
8		Jalyn JENKINS	#1	Xavier (La.)		27:03.00		4/29
9		Irma MATA	#5	Jarvis Christian		31:43.00		4/29

Women's 10,000 Meters

1		Maryeld GONZALEZ	#5	Jarvis Christian		59:58.00		4/29
2		Irma MATA	#5	Jarvis Christian		59:59.00		4/29



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Red River

Women's 4x100 Relay

1	7	Jada MCBEAN, Ariel FORD, Kynneddy TURNER, Emerald CARTER	#1	Xavier (La.)	A:B 46.82	4/29
2	18	Darnee WILLIAMS, Shayla ARTHUR, Shakayla CARTER, Kailie WILLIAMS	#2	Wiley (Texas)	A:B 47.75	3/25
3	22	Autumn ROBERTS, Larrisa MCHENRY, Alondra TOLEDO, Kiana KEBBI	#3	Our Lady of the I	A:B 47.85	4/15
4	26	Kiana JOHNSON, Garlanesha HICKMAN-GILBERT, Tennille FRENCH, Dezeria BOOKER	#5	Jarvis Christian B	48.00	4/9
5	60	Triston DEMBY, Alyssa NELSON, Serenity PARKER, Christina GREEN	#4	Huston-Tillotsoi	49.17	4/8

Women's 4x400 Relay

1	17	Alexandria SEGURA, Autumn ROBERTS, Brianna PANTOJA, Alondra TOLEDO	#3	Our Lady of the I	3:57.66	4/23
2	41	Alyssa NELSON, Jaymee YELTON, Alycia SHAW, Serenity PARKER	#4	Huston-Tillotsoi	4:03.52	4/29
3	58	Ariel FORD, Darryan HORTON, Jada MCBEAN, Kynneddy TURNER	#1	Xavier (La.)	4:08.43	4/29
4	70	Dezeria BOOKER, Garlanesha HICKMAN-GILBERT, Tennille FRENCH, Jacoria MOORE	#5	Jarvis Christian	4:10.49	4/29

Women's 4x800 Relay

1	59	Jaymee YELTON, Ra'Shaye MAYES, Triston DEMBY, Deona ROBERTS	#4	Huston-Tillotsoi	10:23.48	4/29
2	65	Viridiana ZUNIGA, Sierra RAMIREZ, Robbie ESPERICUETA, Nadia SIFUENTES	#3	Our Lady of the I	10:29.68	4/29
3	74	Bria GAINES, Regean COLLINS, Leilani JOHNSON, Jalyn JENKINS	#1	Xavier (La.)	10:39.79	4/29
4	96	Tiyanna JOHNSON, Marissa NEAL, Delisha PAUL, Fatima ORTEGA	#2	Wiley (Texas)	11:41.28	4/29
5		Vanessa RAMOS, Maryeld GONZALEZ, Irma MATA, Jacoria MOORE	#5	Jarvis Christian	13:04.46	4/29

Women's High Jump

1	44	Kali RYDOLPH-GARRETT	#2	Wiley (Texas)	1.60m	5-3	4/9
2		Hailie WILLIAMS	#2	Wiley (Texas)	1.42m	4-7¾	3/18

Women's Long Jump

1	23	Shayla ARTHUR	#2	Wiley (Texas)	B 5.66mw	18-7 (2.8)	4/9
2	56	Shayla ARTHUR	#2	Wiley (Texas)	5.44m	17-10½ (0.	3/25
3	58	Emerald CARTER	#1	Xavier (La.)	5.43m	17-9¾ (0.7	3/25
4	61	Alexandria SEGURA	#3	Our Lady of the I	5.42m	17-9½ (0.0	4/15
5		Tristan WHEELER	#5	Jarvis Christian	5.22m	17-1½ (0.8	4/16
6		A'Blessin WILSON	#1	Xavier (La.)	5.14m	16-10½ (-1	4/16
7		Zoe CORDOVA	#1	Xavier (La.)	5.09m	16-8½ (1.5	4/16
8		Autumn ROBERTS	#3	Our Lady of the I	5.07m	16-7¾ (1.2	4/8
8		Jacoria MOORE	#5	Jarvis Christian	5.07m	16-7¾ (-1.	4/16
10		Audren PINEDA	#3	Our Lady of the I	4.95m	16-3 (1.8)	3/4

Women's Triple Jump

1	36	Zoe CORDOVA	#1	Xavier (La.)	11.48m	37-8 (0.9)	3/25
2		Minnie MILLER	#2	Wiley (Texas)	9.21mw	30-2¾ (4.0	4/23

Women's Shot Put

1	25	Carmen GARCIA	#2	Wiley (Texas)	B 13.09m	42-11½	4/29
2	58	Keshuna BYRD	#5	Jarvis Christian	12.37m	40-7	4/29
3	85	Destiny WILFORK	#1	Xavier (La.)	11.96m	39-3	3/25
4		Elise ADAMS	#1	Xavier (La.)	11.67m	38-3½	4/29
5		Darnee WILLIAMS	#2	Wiley (Texas)	11.58m	38-0	4/29
6		Reign RILEY	#1	Xavier (La.)	11.06m	36-3½	4/29
7		DaNya HORNE	#1	Xavier (La.)	10.94m	35-10¾	4/29
8		Hailie WILLIAMS	#2	Wiley (Texas)	10.63m	34-10½	4/29
9		Kelise CHRISTOPHER	#4	Huston-Tillotsoi	9.35m	30-8¼	4/8
10		Assata BAILEY	#4	Huston-Tillotsoi	9.11m	29-10¾	4/29



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Red River

Women's Discus

1	35	DaNya HORNE	#1	Xavier (La.)	B	42.41m	139-2	4/1
2	38	Keshuna BYRD	#5	Jarvis Christian		41.92m	137-7	4/29
3		Kelise CHRISTOPHER	#4	Huston-Tillotsor		36.84m	120-11	4/29
4		Elise ADAMS	#1	Xavier (La.)		35.06m	115-1	4/29
5		Britney DIXON	#1	Xavier (La.)		34.89m	114-6	4/29
6		Assata BAILEY	#4	Huston-Tillotsor		31.55m	103-6	3/12
7		Reign RILEY	#1	Xavier (La.)		27.82m	91-3¼	4/29
8		Carmen GARCIA	#2	Wiley (Texas)		25.52m	83-8¾	4/29
9		Krishawn CLARK	#5	Jarvis Christian		24.29m	79-8¼	3/25
10		Cassandra WALKER	#5	Jarvis Christian		24.10m	79-1	3/5

Women's Hammer

1		Kelise CHRISTOPHER	#4	Huston-Tillotsor		32.97m	108-2	4/8
2		Assata BAILEY	#4	Huston-Tillotsor		32.79m	107-7	4/29
3		Akasha CHAPMAN	#4	Huston-Tillotsor		27.82m	91-3¼	4/29
4		Carmen GARCIA	#2	Wiley (Texas)		26.93m	88-4¼	4/23

Women's Javelin

1	53	Kelise CHRISTOPHER	#4	Huston-Tillotsor		36.09m	118-5	4/8
2	93	Channell DEVAUGHN	#1	Xavier (La.)		33.32m	109-4	4/1
3		Carmen GARCIA	#2	Wiley (Texas)		32.01m	105-0	3/25
4		Hailie WILLIAMS	#2	Wiley (Texas)		27.03m	88-8¼	3/18
5		Assata BAILEY	#4	Huston-Tillotsor		21.27m	69-9½	4/29
6		Keshuna BYRD	#5	Jarvis Christian		19.25m	63-2	4/29
7		Natalie MARTINEZ	#3	Our Lady of the I		18.20m	59-8½	4/29
8		Akasha CHAPMAN	#4	Huston-Tillotsor		15.54m	51-0	3/12
9		Krishawn CLARK	#5	Jarvis Christian		14.63m	48-0	4/29



Conference TFRI Event Summary

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Region XVI

Women's 400 Meters

1	Mikaela FABEY	#1	Cottey (Mo.)	1:07.84	4/15
2	Lauren WILSON	#1	Cottey (Mo.)	1:11.54	4/30
3	Kiana GARCIA	#1	Cottey (Mo.)	1:14.70	4/23
4	Katie WRIGHT	#1	Cottey (Mo.)	1:27.16	4/15

Women's 800 Meters

1	Mikaela FABEY	#1	Cottey (Mo.)	2:41.59	4/1
2	Kiana GARCIA	#1	Cottey (Mo.)	2:47.06	4/1
3	Lauren WILSON	#1	Cottey (Mo.)	3:00.98	4/1
4	Katie WRIGHT	#1	Cottey (Mo.)	3:15.99	4/23

Women's 1500 Meters

1	Kiana GARCIA	#1	Cottey (Mo.)	5:36.41	4/30
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Women's 5000 Meters

1	Taylor RECHENMACHER	#1	Cottey (Mo.)	21:57.44	4/15
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Women's 10,000 Meters

1	Taylor RECHENMACHER	#1	Cottey (Mo.)	48:01.78	4/23
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Conference TFRI Event Summary

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River States

Women's 100 Meters

1	Abigail BURGETT	#3	Brescia (Ky.)	12.74	(1.9)	4/29
2	Molly WAGNER	#7	Carlow (Pa.)	12.81	(-0.2)	4/22
3	Lauren JOLLY	#2	Rio Grande (Ohio)	12.92	(-0.4)	4/22
4	Emma PAVELEK	#1	Point Park (Pa.)	13.00	(1.9)	4/29
5	Sanaa CARTLEDGE	#4	IU Kokomo (Ind.)	13.16w	(3.3)	4/8
5	Jeneil MORRIS	#3	Brescia (Ky.)	13.16	(1.9)	4/29
7	Alyssa DINGUS	#2	Rio Grande (Ohio)	13.22	(-0.4)	4/22
8	Gracie LANIER	#9	Ohio Christian	13.26	(1.8)	4/29
9	Tori TAMBORINO	#7	Carlow (Pa.)	13.36	(1.9)	4/29
10	India BENTON	#6	IU East (Ind.)	13.37	(0.9)	4/14

Women's 100 Meter Hurdles

1	97 Lauren JOLLY	#2	Rio Grande (Ohio)	15.78	(-1.2)	4/29
2	Cassidy VOGT	#2	Rio Grande (Ohio)	15.86	(-1.0)	4/29
3	Jada SAUNDERS	#3	Brescia (Ky.)	16.00	(-1.0)	4/29
4	Terese LUJUA	#1	Point Park (Pa.)	16.12	(-1.2)	4/14
5	Natalea HILLEN	#1	Point Park (Pa.)	16.44	(0.7)	4/8
6	Jordyn CARDWELL	#3	Brescia (Ky.)	16.73	(2.0)	4/8
7	Sarah CECIL	#10	Alice Lloyd (Ky.)	17.12	(2.0)	4/8
7	Frantysa WALLACE	#6	IU East (Ind.)	17.12	(-1.0)	4/29
9	Anna EISAMAN	#1	Point Park (Pa.)	17.19	(-1.0)	4/29
10	Christina SMITH	#7	Carlow (Pa.)	17.23	(-1.2)	4/29

Women's 200 Meters

1	31 Alexia SCHOFIELD	#5	Midway (Ky.)	24.91	(1.6)	4/29
2	Molly WAGNER	#7	Carlow (Pa.)	26.08w	(2.3)	4/6
3	Abigail BURGETT	#3	Brescia (Ky.)	26.26	(1.3)	4/29
3	Alyssa DINGUS	#2	Rio Grande (Ohio)	26.26	(1.3)	4/29
5	Emma PAVELEK	#1	Point Park (Pa.)	26.28	(1.6)	4/29
6	Jayden ROACH	#2	Rio Grande (Ohio)	26.58	(1.3)	4/29
7	Jordan YANIGA	#1	Point Park (Pa.)	26.77	(1.2)	4/29
8	Sanaa CARTLEDGE	#4	IU Kokomo (Ind.)	26.96	(1.6)	4/29
9	India BENTON	#6	IU East (Ind.)	27.19	(1.6)	4/29
10	Kendra GROOMS	#2	Rio Grande (Ohio)	27.21	(1.3)	4/29

Women's 400 Meters

1	72 Alyssa DINGUS	#2	Rio Grande (Ohio)	59.13		4/11
2	88 Jayden ROACH	#2	Rio Grande (Ohio)	59.38		4/11
3	Molly WAGNER	#7	Carlow (Pa.)	1:00.07		4/29
4	Alexia SCHOFIELD	#5	Midway (Ky.)	1:00.08		3/25
5	Jordan YANIGA	#1	Point Park (Pa.)	1:01.64		4/29
6	Acacia MAY	#9	Ohio Christian	1:02.22		4/22
7	Emma PAVELEK	#1	Point Park (Pa.)	1:03.03		4/14
8	India BENTON	#6	IU East (Ind.)	1:03.48		4/22
9	Hannah BOND	#1	Point Park (Pa.)	1:03.64		4/29
10	Lexi NICHOLAS	#3	Brescia (Ky.)	1:04.04		4/22

Women's 400 Meter Hurdles

1	67 Natalea HILLEN	#1	Point Park (Pa.)	1:07.90		4/14
2	Jada SAUNDERS	#3	Brescia (Ky.)	1:10.42		4/15
3	Sarah CECIL	#10	Alice Lloyd (Ky.)	1:10.73		4/29
4	Lauren JOLLY	#2	Rio Grande (Ohio)	1:11.52		4/1
5	Kiera CUTRIGHT	#1	Point Park (Pa.)	1:11.66		4/2
6	Christina SMITH	#7	Carlow (Pa.)	1:12.34		4/29
7	Cheyenne PATTON	#5	Midway (Ky.)	1:13.33		4/29
8	Carmen CAMINO	#8	WVU Tech	1:14.46		4/29
9	Hannah BOND	#1	Point Park (Pa.)	1:14.47		4/8
10	Terese LUJUA	#1	Point Park (Pa.)	1:16.35		4/14

Women's 800 Meters

1	39 Breanna ALDERTON	#3	Brescia (Ky.)	2:18.03		4/15
2	72 Mackenzie MCCARTHY	#2	Rio Grande (Ohio)	2:21.18		4/11
3	96 Jayden ROACH	#2	Rio Grande (Ohio)	2:22.37		4/16
4	Raegan HELDT	#11	Oakland City (Ind.)	2:24.19		4/23
5	Jana SCHMID	#1	Point Park (Pa.)	2:26.44		4/14
6	Kaitlynn MELVIN	#7	Carlow (Pa.)	2:27.68		4/2
7	Alyssa CAMPBELL	#1	Point Park (Pa.)	2:28.17		4/2
8	Casey LECHNER	#4	IU Kokomo (Ind.)	2:28.67		4/22
9	Abby HARRIS	#5	Midway (Ky.)	2:30.65		4/22
10	Trinity SMITH	#5	Midway (Ky.)	2:31.94		4/29

Women's 1500 Meters

1	2 Breanna ALDERTON	#3	Brescia (Ky.)	4:28.67		4/22
2	27 Mackenzie MCCARTHY	#2	Rio Grande (Ohio)	4:40.16		4/11
3	93 Alyssa CAMPBELL	#1	Point Park (Pa.)	4:51.62		4/9
4	Casey LECHNER	#4	IU Kokomo (Ind.)	5:06.09		4/29
5	Jana SCHMID	#1	Point Park (Pa.)	5:06.78		4/29
6	Gabbi FUNK	#5	Midway (Ky.)	5:08.65		4/29
7	Carmen CAMINO	#8	WVU Tech	5:10.37		4/22
8	Savannah HART	#6	IU East (Ind.)	5:12.46		4/29
9	Edmalie CRUZ-SANCHEZ	#6	IU East (Ind.)	5:14.83		4/29
10	Alyssa FRAUSTO	#1	Point Park (Pa.)	5:16.87		4/29

Women's Steeplechase

1	10 Mackenzie MCCARTHY	#2	Rio Grande (Ohio)	10:55.77		4/16
2	38 Carmen CAMINO	#8	WVU Tech	11:40.11		4/29
3	45 Savannah HART	#6	IU East (Ind.)	11:53.69		4/29
4	62 Gabbi FUNK	#5	Midway (Ky.)	12:11.04		4/29
5	68 Alyssa BOYD	#1	Point Park (Pa.)	12:14.77		4/29
6	96 Edmalie CRUZ-SANCHEZ	#6	IU East (Ind.)	12:40.66		3/25
7	Isabelle ALTIC	#4	IU Kokomo (Ind.)	13:13.72		4/29
8	Abby CUNNINGHAM	#5	Midway (Ky.)	13:29.71		4/29
9	Sarah CECIL	#10	Alice Lloyd (Ky.)	13:34.12		4/8
10	Hailey VITOLO	#3	Brescia (Ky.)	13:42.62		4/29



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River States

Women's 5000 Meters

1	11	Breanna ALDERTON	#3	Brescia (Ky.)	16:58.39	4/8
2	17	Mackenzie MCCARTHY	#2	Rio Grande (Ohio)	17:15.11	4/1
3		Alyssa CAMPBELL	#1	Point Park (Pa.)	19:06.05	4/29
4		Gabbi FUNK	#5	Midway (Ky.)	19:45.84	4/29
5		Alyssa BOYD	#1	Point Park (Pa.)	19:47.99	4/29
6		Brittany LENZ	#9	Ohio Christian	19:49.77	4/29
7		Julia ARRUDA	#6	IU East (Ind.)	19:57.18	4/11
8		Audrey BENEFIEL	#4	IU Kokomo (Ind.)	20:05.89	4/29
9		Evie HASENOUR	#11	Oakland City (In)	20:12.75	3/19
10		Natalia ZUCCO	#1	Point Park (Pa.)	20:23.25	4/8

Women's 10,000 Meters

1	80	Alyssa CAMPBELL	#1	Point Park (Pa.)	40:43.06	4/29
2		Natalia ZUCCO	#1	Point Park (Pa.)	44:45.12	4/29
3		Sophia LEE-HAUSER	#1	Point Park (Pa.)	45:57.06	4/29
4		Hannah PRIDE	#8	WVU Tech	47:22.62	4/29
5		Jessica YORK	#8	WVU Tech	48:42.76	4/29
6		Amanda LISOTTO	#1	Point Park (Pa.)	48:46.92	4/29

Women's 5000m Race Walk

1	16	Lanie POCOCCO	#4	IU Kokomo (Ind.)	30:51.42	4/8
2	30	Annmarie GRUTTADAURO	#8	WVU Tech	35:49.13	4/29
3	31	Hailey LAW	#4	IU Kokomo (Ind.)	35:52.40	4/29
4	42	Sidney BERRY	#4	IU Kokomo (Ind.)	39:20.27	4/29
5	48	Arianna SANKER	#1	Point Park (Pa.)	41:52.05	4/29
6	49	Mya JACKSON	#1	Point Park (Pa.)	41:52.11	4/29

Women's 4x100 Relay

1	78	RaKeya ELLSBERRY, Natalea HILLEN, Jordan YANIGA, Emma PAVELEK	#1	Point Park (Pa.)	50.54	4/14
2	85	Mallory TOLER, Abigail BURGETT, Ashaunte WATTS, Jeneil MORRIS	#3	Brescia (Ky.)	50.90	4/15
3	88	Lauren JOLLY, Alyssa DINGUS, Jayden ROACH, Cassidy VOGT	#2	Rio Grande (Ohio)	51.26	4/29
4	99	Nevaeh BROWN, Autumn BOYLES, Cheyenne PATTON, Alexia SCHOFIELD	#5	Midway (Ky.)	51.65	4/29
5		Sanaa CARTLEDGE, Emma BYRUM, Kailyn DEVAULT, Kelsey COFFMAN	#4	IU Kokomo (Ind.)	54.73	4/29

Women's 4x400 Relay

1	45	Jayden ROACH, Mackenzie MCCARTHY, Lauren JOLLY, Cassidy VOGT	#2	Rio Grande (Ohio)	4:03.64	4/11
2	85	Emma PAVELEK, Natalea HILLEN, Jana SCHMID, Jordan YANIGA	#1	Point Park (Pa.)	4:16.72	4/29
3	88	Autumn BOYLES, Trinity SMITH, Aliyah HELM, Alexia SCHOFIELD	#5	Midway (Ky.)	4:17.58	4/29
4	90	Mallory TOLER, Breanna ALDERTON, Lexi NICHOLAS, Abigail BURGETT	#3	Brescia (Ky.)	4:18.30	4/15
5	97	Christina SMITH, Kaitlynn MELVIN, Trinity THOMPSON, Molly WAGNER	#7	Carlow (Pa.)	4:20.93	4/2
6		Macy ADAMS, India BENTON, Sarah MARSHALL, Sarai SOSA PEREZ	#6	IU East (Ind.)	4:35.76	4/29
7		Casey LECHNER, Erica WHITE, Kelsey COFFMAN, Kailyn DEVAULT	#4	IU Kokomo (Ind.)	4:42.41	4/22
8		Madison NICOLAS, Evie HASENOUR, Halley POWERS, Raegan HELDT	#11	Oakland City (In)	4:44.81	4/15
9		Carmen CAMINO, Madelyn GRIMMETT, Alisa KUCHMAK, Jessica YORK	#8	WVU Tech	5:15.88	4/29



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River States

Women's 4x800 Relay

1	34	Lexi NICHOLAS, Breanna ALDERTON, Abagale HUELSMAN, Carmela SHORKEY	#3	Brescia (Ky.)	9:55.81	4/29
2	49	Alyssa CAMPBELL, Jana SCHMID, Alyssa FRAUSTO, Corinne LEE-HAUSER	#1	Point Park (Pa.)	10:08.44	4/29
3	62	Macy ADAMS, Sarah MARSHALL, Julia ARRUDA, Edmalie CRUZ-SANCHEZ	#6	IU East (Ind.)	10:26.11	4/29
4	70	Abby HARRIS, Aliyah HELM, Trinity SMITH, Emily CHANDLER	#5	Midway (Ky.)	10:35.86	4/29
5	77	Casey LECHNER, Ella KANTZ, Thalia PARSON, Erica WHITE	#4	IU Kokomo (Ind.)	10:42.41	4/29
6	88	Raegan HELDT, Halley POWERS, Evie HASENOUR, Ellie HASENOUR	#11	Oakland City (In	11:07.96	4/29
7		Madelyn GRIMMETT, Alisa KUCHMAK, Hannah PRIDE, Jessica YORK	#8	WVU Tech	12:23.32	4/29

Women's High Jump

1	8	Emma PAVELEK	#1	Point Park (Pa.)	A:B 1.67m	5-5¾	4/29
2	84	Jaden HINES	#1	Point Park (Pa.)	1.55m	5-1	4/29
2	84	Christina SMITH	#7	Carlow (Pa.)	1.55m	5-1	4/29
2	84	Jordyn CARDWELL	#3	Brescia (Ky.)	1.55m	5-1	4/29
5		Cassidy VOGT	#2	Rio Grande (Ohio	1.52m	4-11¾	4/22
5		Kendra GROOMS	#2	Rio Grande (Ohio	1.52m	4-11¾	4/22
7		Nia GOODMAN	#1	Point Park (Pa.)	1.50m	4-11	4/29
8		Jordan YANIGA	#1	Point Park (Pa.)	1.41m	4-7½	4/14
8		Jana SCHMID	#1	Point Park (Pa.)	1.41m	4-7½	4/14
10		Luchama LUBIN	#1	Point Park (Pa.)	1.40m	4-7	4/29

Women's Pole Vault

1	4	Nevaeh BROWN	#5	Midway (Ky.)	A:B 3.81m	12-6	4/29
2	55	Sophie JEBOSE	#1	Point Park (Pa.)	3.17m	10-4¾	4/29
3		Acacia MAY	#9	Ohio Christian	2.57m	8-5¼	4/29

Women's Long Jump

1	92	Jordyn CARDWELL	#3	Brescia (Ky.)	5.28m	17-4 (0.0)	4/15
2		Sophie JEBOSE	#1	Point Park (Pa.)	5.15mw	16-10¾ (3)	3/18
2		Emma PAVELEK	#1	Point Park (Pa.)	5.15mw	16-10¾ (4)	3/18
4		Alexia SCHOFIELD	#5	Midway (Ky.)	5.06m	16-7¼ (1.3)	3/25
5		Lauren JOLLY	#2	Rio Grande (Ohio	4.89m	16-½ (1.9)	3/18
6		Abigail BURGETT	#3	Brescia (Ky.)	4.83m	15-10¼ (0)	4/15
7		Terese LUJUA	#1	Point Park (Pa.)	4.82m	15-9¾ (0.6)	4/14
8		Jaden HINES	#1	Point Park (Pa.)	4.81m	15-9½ (1.0)	3/18
9		Mallory TOLER	#3	Brescia (Ky.)	4.77m	15-7¾ (0.0)	4/15
10		Cassidy VOGT	#2	Rio Grande (Ohio	4.75m	15-7 (1.7)	4/11

Women's Triple Jump

1	9	Jordyn CARDWELL	#3	Brescia (Ky.)	A:B 11.96m	39-3 (0.0)	4/8
2	55	Sophie JEBOSE	#1	Point Park (Pa.)	11.15m	36-7 (0.5)	4/14
3		Alexia SCHOFIELD	#5	Midway (Ky.)	10.36m	34-0 (-1.3)	4/22
4		Jaden HINES	#1	Point Park (Pa.)	10.34mw	33-11¼ (2)	3/18
5		Christina SMITH	#7	Carlow (Pa.)	10.05m	32-11¾ (0)	3/18
6		Luchama LUBIN	#1	Point Park (Pa.)	9.73m	31-11¼ (0)	4/14
7		Mallory TOLER	#3	Brescia (Ky.)	9.66m	31-8½ (0.0)	4/8
8		Chianti MARKS	#2	Rio Grande (Ohio	9.21m	30-2¾ (1.5)	4/1
8		Sheyenna STYTZ	#3	Brescia (Ky.)	9.21m	30-2¾ (0.0)	4/8
10		Abigail BURGETT	#3	Brescia (Ky.)	9.11m	29-10¾ (1)	3/25

Women's Shot Put

1		Ashby GREENWELL	#3	Brescia (Ky.)	11.43m	37-6	4/29
2		Shalihn COMPTON	#4	IU Kokomo (Ind.)	11.17m	36-7¾	3/26
3		Bethany ARNOLD	#2	Rio Grande (Ohio	10.79m	35-4¾	4/22
4		Sierra CRESS	#2	Rio Grande (Ohio	10.25m	33-7½	4/29
5		Emma BYRUM	#4	IU Kokomo (Ind.)	9.97m	32-8½	4/29
6		Abby PATTERSON	#7	Carlow (Pa.)	9.89m	32-5½	4/2
7		Danielle RUHL	#6	IU East (Ind.)	9.84m	32-3½	4/14
8		Jena CHASE	#4	IU Kokomo (Ind.)	9.82m	32-2¾	3/26
9		Caitlin GILLAND	#6	IU East (Ind.)	9.65m	31-8	3/18
10		Sophie JEBOSE	#1	Point Park (Pa.)	9.58m	31-5¼	3/25

Women's Discus

1	77	Shalihn COMPTON	#4	IU Kokomo (Ind.)	38.23m	125-5	4/22
2	86	Sierra CRESS	#2	Rio Grande (Ohio	37.42m	122-9	4/29
3		Emma PISKE	#4	IU Kokomo (Ind.)	34.57m	113-5	4/1
4		Bethany ARNOLD	#2	Rio Grande (Ohio	33.51m	109-11	3/18
5		Ashby GREENWELL	#3	Brescia (Ky.)	33.09m	108-7	4/29
6		Samantha MILLER	#2	Rio Grande (Ohio	32.25m	105-10	3/18
7		Danielle RUHL	#6	IU East (Ind.)	30.77m	101-0	4/22
8		Caitlin GILLAND	#6	IU East (Ind.)	30.72m	100-10	4/22
9		Kenya GARCIA	#4	IU Kokomo (Ind.)	29.71m	97-5¾	4/1
10		Abby PATTERSON	#7	Carlow (Pa.)	29.57m	97-¼	4/2

Women's Hammer

1	34	Sierra CRESS	#2	Rio Grande (Ohio	48.02m	157-7	4/29
2		Danielle RUHL	#6	IU East (Ind.)	39.96m	131-1	4/14
3		Sophie JEBOSE	#1	Point Park (Pa.)	36.34m	119-3	4/29
4		Samantha MILLER	#2	Rio Grande (Ohio	36.17m	118-8	4/29
5		Imani DONOVAN	#9	Ohio Christian	35.19m	115-6	4/29
6		Kathleen ROOT	#2	Rio Grande (Ohio	34.51m	113-3	4/29
7		Caitlin GILLAND	#6	IU East (Ind.)	33.06m	108-6	3/18
8		Emily COLLEY	#5	Midway (Ky.)	31.53m	103-6	3/18
9		Ashby GREENWELL	#3	Brescia (Ky.)	28.19m	92-6	4/29
10		Rikki PHENIS	#6	IU East (Ind.)	27.02m	88-7¾	4/29



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River States

Women's Javelin

1	64	Emma BYRUM	#4	IU Kokomo (Ind.)	35.31m	<i>115-10</i>	4/22
2		Keely ACOR	#7	Carlow (Pa.)	32.75m	<i>107-6</i>	4/29
3		Riley SCHRECK	#10	Alice Lloyd (Ky.)	32.59m	<i>106-11</i>	4/2
4		Ashby GREENWELL	#3	Brescia (Ky.)	30.88m	<i>101-4</i>	4/22
5		Sierra CRESS	#2	Rio Grande (Ohio)	29.63m	<i>97-2½</i>	4/29
6		Rikki PHENIS	#6	IU East (Ind.)	29.34m	<i>96-3¼</i>	4/22
7		Sierra DAWSON	#1	Point Park (Pa.)	27.83m	<i>91-3¾</i>	3/18
8		Alexis COX	#2	Rio Grande (Ohio)	27.73m	<i>90-11¾</i>	4/29
9		Sophie JEBOSE	#1	Point Park (Pa.)	26.70m	<i>87-7¼</i>	4/29
10		Hannah BOND	#1	Point Park (Pa.)	26.54m	<i>87-1</i>	4/29

Women's Heptathlon

1	77	Emma BYRUM	#4	IU Kokomo (Ind.)	2,620	4/8
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SAC

Women's 100 Meters

1	1	Raheema WESTFALL	#5	Wayland Baptist	A: B 11.23cw	4/22
2	8	Jovanna GUSTAVE	#5	Wayland Baptist	A: B 11.84cw	4/22
3	11	Malaisha CARTWRIGHT	#6	UNT Dallas	A: B 11.87w (3.2)	4/22
4	43	Faith CASTILLO	#5	Wayland Baptist	12.17cw	4/22
4	43	Ava'yon HARRIS	#6	UNT Dallas	12.17w (3.2)	4/22
6	48	Cheyenne HILL-JOHNSON	#5	Wayland Baptist	12.18cw	4/22
7		Naija KEITH	#4	Langston (Okla.)	12.40w (2.4)	3/25
8		Maysa VICKERS	#4	Langston (Okla.)	12.47 (-0.9)	4/30
9		Shawna SMITH	#2	Oklahoma City	12.59 (0.1)	4/30
10		LaJada OWENS	#4	Langston (Okla.)	12.62 (1.1)	5/6

Women's 100 Meter Hurdles

1		Sh'kaila STARKS	#6	UNT Dallas	16.21 (2.0)	3/18
2		Desi MEEK	#1	John Brown (Ar)	16.39w (2.5)	4/30
3		Shaylee COX	#3	SAGU (Texas)	17.46 (-0.4)	3/25
4		Brianna GARZA	#3	SAGU (Texas)	17.49w (3.4)	4/9
5		Alexandra HENSLEY	#3	SAGU (Texas)	17.51 (-1.3)	4/30
6		Maddie KNEIP	#3	SAGU (Texas)	17.92w (3.4)	4/9
7		Stephanie TOWLE	#2	Oklahoma City	19.85 (1.2)	4/15

Women's 200 Meters

1	2	Raheema WESTFALL	#5	Wayland Baptist	A: B 23.33c	4/1
2	24	Maysa VICKERS	#4	Langston (Okla.)	B 24.78w (3.0)	4/16
3	37	Ava'yon HARRIS	#6	UNT Dallas	24.98 (0.0)	4/2
4	80	Malaisha CARTWRIGHT	#6	UNT Dallas	25.39w (2.3)	4/28
4	80	Sakena MASSIAH	#5	Wayland Baptist	25.39cw	4/8
6		Naija KEITH	#4	Langston (Okla.)	25.88 (1.4)	4/2
7		Faith CASTILLO	#5	Wayland Baptist	26.05cw	4/8
8		Shawna SMITH	#2	Oklahoma City	26.18 (0.0)	4/30
9		Ahmia DORSEY	#4	Langston (Okla.)	26.21w (3.0)	4/16
10		Cheyenne BLUNTSON	#3	SAGU (Texas)	26.81 (-0.1)	3/25

Women's 400 Meters

1	23	Raheema WESTFALL	#5	Wayland Baptist	B 57.30c	4/8
2	39	Ava'yon HARRIS	#6	UNT Dallas	58.16	4/2
3	62	Maysa VICKERS	#4	Langston (Okla.)	59.01	3/25
4	93	Nia MCGRIFF	#5	Wayland Baptist	59.43c	4/29
5		Sakena MASSIAH	#5	Wayland Baptist	59.70c	4/8
6		Shawna SMITH	#2	Oklahoma City	1:00.80	5/6
7		Yessica ARAIZA	#6	UNT Dallas	1:04.30	4/28
8		Savannah CREECH	#8	Science & Arts (C	1:04.31	4/15
9		Chasiti HUFF	#4	Langston (Okla.)	1:05.27	4/30
10		Cedar STEWART	#2	Oklahoma City	1:05.69	5/6

Women's 400 Meter Hurdles

1	10	Cassidy VALENZUELA	#1	John Brown (Ar)	1:09.72	3/12
2		Maddie KNEIP	#3	SAGU (Texas)	1:13.84	4/30
3		Sh'kaila STARKS	#6	UNT Dallas	1:16.42	3/18
4		Alexandra HENSLEY	#3	SAGU (Texas)	1:17.93	3/12
5		Anastasia PACE	#1	John Brown (Ar)	1:18.10	4/1
6		Brianna GARZA	#3	SAGU (Texas)	1:21.73	3/25

Women's 800 Meters

1	18	Cailen JOLLEY	#2	Oklahoma City	B 2:15.83	5/7
2		Daisy KORIR	#8	Science & Arts (C	2:34.24	4/1
3		Allika PEARSON	#1	John Brown (Ar)	2:34.74	4/30
4		Ryleigh HALE	#1	John Brown (Ar)	2:35.47	4/30
5		Naomi SALIL	#8	Science & Arts (C	2:39.78	4/1
6		Stephanie TOWLE	#2	Oklahoma City	2:47.35	3/25
7		Elizabeth BROWNELL	#1	John Brown (Ar)	2:47.52	4/8
8		Avery EDWARDS	#1	John Brown (Ar)	2:48.39	4/8
9		Renny BUCHANAN	#1	John Brown (Ar)	2:48.45	4/1
10		Olivia SCATES	#1	John Brown (Ar)	2:48.47	4/30

Women's 1500 Meters

1		Elizabeth HEFFERNAN	#2	Oklahoma City	4:54.97	4/6
2		Allika PEARSON	#1	John Brown (Ar)	4:57.72	4/30
3		Cailen JOLLEY	#2	Oklahoma City	4:58.93	4/6
4		Sharon KOIMA	#2	Oklahoma City	5:15.46	4/15
5		Sarays FLORES	#7	Texas Wesleyan	5:19.06	4/15
6		Emerson TURNER	#1	John Brown (Ar)	5:19.59	3/12
7		Melissa GONZALES	#7	Texas Wesleyan	5:24.32	4/15
8		Veronica MORENO	#7	Texas Wesleyan	5:25.03	4/28
9		Naomi SALIL	#8	Science & Arts (C	5:27.22	4/1
10		Avery EDWARDS	#1	John Brown (Ar)	5:34.81	4/1

Women's 5000 Meters

1	21	Allika PEARSON	#1	John Brown (Ar)	A: B 17:23.90	3/12
2	76	Elizabeth HEFFERNAN	#2	Oklahoma City	18:28.19	3/25
3		Sharon KOIMA	#2	Oklahoma City	18:59.04	4/6
4		Cailen JOLLEY	#2	Oklahoma City	19:05.57	3/25
5		Emerson TURNER	#1	John Brown (Ar)	19:47.52	4/8
6		Sarays FLORES	#7	Texas Wesleyan	20:23.84	4/28
7		Sarah SMITH	#1	John Brown (Ar)	20:27.45	4/8
8		Elizabeth BROWNELL	#1	John Brown (Ar)	20:29.48	4/30
9		Katlyn DAVENPORT	#2	Oklahoma City	20:36.54	4/6
10		Ana RIVERA	#2	Oklahoma City	20:39.92	4/6

Women's 10,000 Meters

1	6	Allika PEARSON	#1	John Brown (Ar)	A: B 36:11.59	3/23
2		Emerson TURNER	#1	John Brown (Ar)	42:32.37	4/22

Women's Half-Marathon

1	15	Melissa GONZALES	#7	Texas Wesleyan	A: B 1:27:49	3/26
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SAC

Women's 4x100 Relay

1	10	Cheyenne HILL-JOHNSON, Jovanna GUSTAVE, Faith CASTILLO, Sakena MASSIAH	#5	Wayland Baptist	47.11c	4/29
2	26	Maysha VICKERS, LaJada OWENS, Naija KEITH, Chasity VEALS	#4	Langston (Okla.)	48.00	4/2
3	84	Cheyenne BLUNTSON, Brooklyn TAYLOR, Shaylee COX, Shinyah MOTT	#3	SAGU (Texas)	50.82	4/9

Women's 4x400 Relay

1	32	Maysha VICKERS, Ahmia DORSEY, Naija KEITH, Chasiti HUFF	#4	Langston (Okla.)	4:01.54	4/30
2	93	Cailen JOLLEY, Shawna SMITH, Elizabeth HEFFERNAN, Cedar STEWART	#2	Oklahoma City	4:19.13	4/15
3		Ryleigh HALE, Rachael STONE, Emma BROWN, Renny BUCHANAN	#1	John Brown (Ar)	4:38.43	4/22
4		Cheyenne BLUNTSON, Brianna GARZA, Alexandra HENSLEY, Maddie KNEIP	#3	SAGU (Texas)	4:56.71	3/25

Women's 4x800 Relay

1	91	Renny BUCHANAN, Elizabeth BROWNELL, Olivia SCATES, Avery EDWARDS	#1	John Brown (Ar)	11:19.68	4/22
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Women's High Jump

1	10	Selena MCDONALD	#2	Oklahoma City	1.54m	5-½	4/2
2		Skyler ROBBINS	#1	John Brown (Ar)	1.51m	4-11½	4/8
3		Brooklyn TAYLOR	#3	SAGU (Texas)	1.50m	4-11	4/9
4		Stephanie TOWLE	#2	Oklahoma City	1.48m	4-10¼	4/2
5		Ariadna GARZA	#7	Texas Wesleyan	1.46m	4-9½	4/15

Women's Pole Vault

1	82	Grace MITCHELL	#1	John Brown (Ar)	2.90m	9-6¼	4/22
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Women's Long Jump

1	30	jayla SCHULTZ	#5	Wayland Baptist	5.62m	18-5¼ (1.3)	4/8
2	42	Cheyenne BLUNTSON	#3	SAGU (Texas)	5.53m	18-1¾ (3.0)	3/25
3	43	Kelsey DRAPEAU		Southwestern C	5.52m	18-1½ (2.8)	4/22
4	58	Cassie COOLONG		Southwestern C	5.43m	17-9¾ (1.5)	4/2
5		Ahmia DORSEY	#4	Langston (Okla.)	5.12m	16-9¾ (2.2)	4/16
6		Alysa HENDERSON	#7	Texas Wesleyan	5.06m	16-7¼ (-4)	5/6
7		Shinyah MOTT	#3	SAGU (Texas)	5.02m	16-5¾ (2.5)	4/9
8		Erin MULLIN	#1	John Brown (Ar)	4.71m	15-5½ (0.2)	4/8
9		KateLynn ODEN	#1	John Brown (Ar)	4.41m	14-5¾ (-0)	3/12
10		Stephanie TOWLE	#2	Oklahoma City	4.03m	13-2¾ (0.0)	3/25

Women's Triple Jump

1	7	Ahmia DORSEY	#4	Langston (Okla.)	12.03m	39-5¾ (0.0)	4/30
2	13	Chasity VEALS	#4	Langston (Okla.)	11.83m	38-9¾ (1.7)	4/2
3	22	Angel EDWARDS	#4	Langston (Okla.)	11.62m	38-1½ (1.3)	4/30
4	37	Cheyenne BLUNTSON	#3	SAGU (Texas)	11.47m	37-7¾ (2.0)	4/30
5	65	Shinyah MOTT	#3	SAGU (Texas)	10.90m	35-9¼ (0.0)	4/30

Women's Shot Put

1	56	Danielle NOBLE		Southwestern C	12.38m	40-7½	4/16
2		Fiona WILSON	#2	Oklahoma City	11.61m	38-1¼	4/2
3		Tia GONZALEZ	#2	Oklahoma City	10.16m	33-4	4/2
4		Arlette MELENDEZ	#8	Science & Arts (C	9.68m	31-9¼	4/15
5		Chelsea FUSTON	#8	Science & Arts (C	8.97m	29-5¼	4/15
6		Journie MOORE	#6	UNT Dallas	8.81m	28-11	4/2
7		Journie MOORE	#6	UNT Dallas	8.76m	28-9	4/22
8		Stephanie TOWLE	#2	Oklahoma City	8.75m	28-8½	3/25
9		Haley LINDSEY	#3	SAGU (Texas)	8.74m	28-8¼	3/25
10		Sonia RUIZ	#2	Oklahoma City	8.73m	28-7¾	4/2

Women's Discus

1		Fiona WILSON	#2	Oklahoma City	31.03m	101-10	4/2
2		Haley LINDSEY	#3	SAGU (Texas)	30.53m	100-2	3/25
3		Journie MOORE	#6	UNT Dallas	28.95m	94-11¾	4/22
4		Arlette MELENDEZ	#8	Science & Arts (C	27.43m	90-0	3/19
5		Danielle NOBLE		Southwestern C	27.41m	89-11¼	4/30
6		Journie MOORE	#6	UNT Dallas	26.76m	87-9½	4/9
7		Tia GONZALEZ	#2	Oklahoma City	26.62m	87-4	4/30
8		Alyssa ROBINSON	#3	SAGU (Texas)	24.08m	79-0	4/9
9		Sonia RUIZ	#2	Oklahoma City	23.67m	77-8	3/25
10		Jessica DESHAZO	#3	SAGU (Texas)	20.44m	67-¾	3/25

Women's Hammer

1		Haley LINDSEY	#3	SAGU (Texas)	37.97m	124-7	4/9
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Women's Javelin

1		Auryana JOHNSON	#4	Langston (Okla.)	30.79m	101-0	3/25
2		Brooklyn TAYLOR	#3	SAGU (Texas)	23.84m	78-2¾	4/30
3		Stephanie TOWLE	#2	Oklahoma City	22.48m	73-9	4/30

Women's Heptathlon

1	69	Stephanie TOWLE	#2	Oklahoma City	2,846		3/25
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SSAC

Women's 100 Meters

1	3	Fredricka MCKENZIE	#2	William Carey (M:B 11.50w (3.8)	3/18
2	8	Selieci MYLES	#2	William Carey (M:B 11.84w (3.8)	3/18
3	19	Brittany JONES	#2	William Carey (M:B 11.95 (-0.7)	4/22
4	26	Jasmine WILLIAMS	#2	William Carey (M:B 12.00w (2.5)	3/23
5	40	Latavia JACK	#1	Mobile (Ala.) 12.16w (2.5)	3/23
6	59	Monica KOROWI	#2	William Carey (M:B 12.22w (3.9)	3/23
7	61	Myla EDWARDS	#1	Mobile (Ala.) 12.23w (2.7)	4/7
8	86	Samantha MANSUR	#1	Mobile (Ala.) 12.33 (-0.7)	4/22
9		Jerenie JACKSON	#1	Mobile (Ala.) 12.41w (2.1)	4/1
10		Jhanya QUINONES	#1	Mobile (Ala.) 12.48 (0.1)	4/1

Women's 100 Meter Hurdles

1	1	Joy ABU	#2	William Carey (M:B 13.60w (2.8)	3/23
2	2	Selieci MYLES	#2	William Carey (M:B 13.61w (2.8)	3/23
3	29	Anna CABRERA	#1	Mobile (Ala.) B 14.62w (2.1)	3/23
4	71	Jalicia NEIL	#1	Mobile (Ala.) 15.43 (-1.8)	3/18

Women's 200 Meters

1	50	Jhanya QUINONES	#1	Mobile (Ala.) 25.10 (-0.5)	4/22
2	52	Monica KOROWI	#2	William Carey (M:B 25.13w (2.4)	4/7
3	63	Feja HODGES	#2	William Carey (M:B 25.21w (2.4)	4/7
4	74	Latavia JACK	#1	Mobile (Ala.) 25.33 (0.7)	4/1
5	86	Jasmine WILLIAMS	#2	William Carey (M:B 25.43w (2.3)	3/23
6	89	Myla EDWARDS	#1	Mobile (Ala.) 25.45 (1.9)	4/1
7	92	Shanice BATTLE	#8	Talladega (Ala.) 25.47 (-0.5)	4/22
8	97	Samantha MANSUR	#1	Mobile (Ala.) 25.56 (1.8)	4/1
9		Jerenie JACKSON	#1	Mobile (Ala.) 25.78 (1.8)	4/1
10		Kamryn HARRIS	#6	Stillman (Ala.) 25.95 (-0.5)	4/22

Women's 400 Meters

1	2	Joy ABU	#2	William Carey (M:B 53.92	4/29
2	18	Jasmine WILLIAMS	#2	William Carey (M:B 57.03	3/18
3	33	Jhanya QUINONES	#1	Mobile (Ala.) 57.75	4/22
4	37	Feja HODGES	#2	William Carey (M:B 58.10	3/18
5	38	Kamryn HARRIS	#6	Stillman (Ala.) 58.13	4/22
6	45	Shawnessy EDWARDS	#1	Mobile (Ala.) 58.45	4/22
7		Termetrius STONE	#6	Stillman (Ala.) 1:01.26	4/22
8		Kya GARDNER	#1	Mobile (Ala.) 1:01.77	3/23
9		Iyana HAYES	#8	Talladega (Ala.) 1:02.73	4/22
10		Brianna PAGE	#1	Mobile (Ala.) 1:02.77	3/18

Women's 400 Meter Hurdles

1	1	Joy ABU	#2	William Carey (M:B 57.78	3/18
2	19	Kari WATTS	#1	Mobile (Ala.) B 1:03.67	3/18
3	21	Selieci MYLES	#2	William Carey (M:B 1:03.80	4/22
4	30	Alyssa SALAZAR	#4	Loyola (La.) B 1:04.62	5/6
5	44	Brianna PAGE	#1	Mobile (Ala.) 1:06.17	3/23
6	80	Anna CABRERA	#1	Mobile (Ala.) 1:08.53	4/22
7		Indeya ARMSTEAD	#1	Mobile (Ala.) 1:14.78	4/1

Women's 800 Meters

1	31	Kathryn VRADENBURGH	#3	Dalton State (Ga 2:17.34	4/15
2	43	Madisyn ACOSTA	#4	Loyola (La.) 2:18.18	4/22
3	73	Sarah OLAMIDE	#2	William Carey (M:B 2:21.22	4/22
4		Makayla BLESSIKE	#7	Blue Mountain (I 2:23.30	4/22
5		Rayvion WILLIAMS	#1	Mobile (Ala.) 2:25.14	4/22
6		Shelby HILT	#9	Florida College 2:27.08	4/8
7		Blanca CONTESSA	#2	William Carey (M:B 2:28.02	4/7
8		Haley TILLERY	#3	Dalton State (Ga 2:28.32	4/22
9		Amber BYRD	#4	Loyola (La.) 2:28.57	4/1
10		Angela OPORE	#2	William Carey (M:B 2:29.80	4/22

Women's 1500 Meters

1	31	Kathryn VRADENBURGH	#3	Dalton State (Ga B 4:41.28	4/22
2	42	Madisyn ACOSTA	#4	Loyola (La.) B 4:43.27	4/28
3	65	Sarah OLAMIDE	#2	William Carey (M:B 4:47.51	4/22
4		Blanca CONTESSA	#2	William Carey (M:B 4:55.42	3/23
5		Shelby HILT	#9	Florida College 5:04.58	4/29
6		Kate ROBERTS	#3	Dalton State (Ga 5:05.06	4/15
7		Haley TILLERY	#3	Dalton State (Ga 5:10.07	3/17
8		Amber BYRD	#4	Loyola (La.) 5:10.53	3/18
9		Giselle DOMINGUEZ	#3	Dalton State (Ga 5:13.84	4/22
10		Sara PORTILLA ORTIZ	#1	Mobile (Ala.) 5:15.29	4/22

Women's Steeplechase

1	11	Rachel JARRIEL	#5	Brewton-Parker (Ala.) B 11:00.24	4/30
2	59	Haley TILLERY	#3	Dalton State (Ga 12:07.60	4/22
3	69	Blanca CONTESSA	#2	William Carey (M:B 12:15.31	3/18
4	83	Kayla MATTOX	#3	Dalton State (Ga 12:34.80	4/22
5		Ella COLEY	#3	Dalton State (Ga 13:09.58	4/15
6		Rebecca POE	#3	Dalton State (Ga 13:45.58	3/17

Women's 5000 Meters

1	37	Madisyn ACOSTA	#4	Loyola (La.) B 17:42.92	4/8
2		Riley Jo FORD	#3	Dalton State (Ga 18:45.52	4/15
3		Abigael KIPTOO	#7	Blue Mountain (I 19:20.75	4/8
4		Sarah OLAMIDE	#2	William Carey (M:B 19:28.65	4/22
5		Isabelle WHEELER	#2	William Carey (M:B 19:32.76	4/7
6		Alex GASS	#3	Dalton State (Ga 19:33.00	4/15
7		Aminatta SHERIF	#7	Blue Mountain (I 20:00.27	4/8
8		Olivia PITTS	#2	William Carey (M:B 20:12.16	4/7
9		Sharon KURUI	#6	Stillman (Ala.) 20:26.88	4/1
10		Giselle DOMINGUEZ	#3	Dalton State (Ga 20:31.30	3/5

Women's 10,000 Meters

1	49	Riley Jo FORD	#3	Dalton State (Ga 39:07.37	3/25
2	85	Alex GASS	#3	Dalton State (Ga 40:57.60	3/17
3		Olivia PITTS	#2	William Carey (M:B 44:07.48	4/22
4		Ella COLEY	#3	Dalton State (Ga 44:47.04	3/17
5		Sharon KURUI	#6	Stillman (Ala.) 45:51.26	4/22
6		Rachel JARRIEL	#5	Brewton-Parker 46:19.30	4/22



Conference TFRI Event Summary

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SSAC

Women's Half-Marathon

1	16	Riley Jo FORD	#3 Dalton State (Ga)	A:B 1:28:04	12/4
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Women's Marathon

1	1	Riley Jo FORD	#3 Dalton State (Ga)	A:B 3:12:36	1/15
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Women's 4x100 Relay

1	1	Brittany JONES, Fredricka MCKENZIE, Salieci MYLES, Joy ABU	#2 William Carey (M)	A:B 45.12	4/22
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2	11	Myla EDWARDS, Latavia JACK, Samantha MANSUR, Jerenie JACKSON	#1 Mobile (Ala.)	A:B 47.26	3/18
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3	71	Nia JOHNSON, Dasia SHEPHERD, A'Shanti SURREY, Keonna HAMLER	#5 Brewton-Parker	50.15	4/22
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4	87	Kiera FUQUA-BROWN, Kamryn HARRIS, Malisha WHIGHAM, Termetrius STONE	#6 Stillman (Ala.)	51.10	4/22
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5	95	Iyana HAYES, Josephine GATES, Athaliah TOWNSEND, Shanice BATTLE	#8 Talladega (Ala.)	51.62	4/22
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Women's 4x400 Relay

1	10	Shawnessy EDWARDS, Kari WATTS, Rayvion WILLIAMS, Jhanya QUINONES	#1 Mobile (Ala.)	A:B 3:53.58	4/22
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2	37	Jasmine WILLIAMS, Feja HODGES, Nevagant JONES, Joy ABU	#2 William Carey (M)	4:02.67	4/22
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3	77	Alyssa SALAZAR, Isabel ESTEB, Amber BYRD, Mallory FORET	#4 Loyola (La.)	4:12.08	4/22
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4	98	Kiera FUQUA-BROWN, Kamryn HARRIS, Sharon KURUI, Termetrius STONE	#6 Stillman (Ala.)	4:20.94	4/22
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5		Kathryn VRADENBURGH, Giselle DOMINGUEZ, Haley TILLERY, Kate ROBERTS	#3 Dalton State (Ga)	4:23.61	4/22
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Women's 4x800 Relay

1	23	Angela OPORE, Sarah OLAMIDE, Blanca CONESA, Joy ABU	#2 William Carey (M)	9:36.40	4/22
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2	27	Giselle DOMINGUEZ, Haley TILLERY, Kate ROBERTS, Kathryn VRADENBURGH	#3 Dalton State (Ga)	9:44.79	4/22
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3	32	Rayvion WILLIAMS, Lillie HAWTHORNE-ABRAMS, Olivia FULFORD, Sara PORTILLA ORTIZ	#1 Mobile (Ala.)	9:53.44	4/22
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4	35	Madisyn ACOSTA, Amber BYRD, Isabel ESTEB, Mallory FORET	#4 Loyola (La.)	9:57.03	4/22
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5	89	Makayla BLESSIKE, Sierra WALLACE, Abigael KIPTOO, Aminatta SHERIF	#7 Blue Mountain (I)	11:09.61	3/18
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Women's High Jump

1	8	Brittany JONES	#2 William Carey (M)	A:B 1.67m	5-5¾	4/22
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2	16	Jalicia NEIL	#1 Mobile (Ala.)	B 1.65m	5-5	3/23
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3	20	Kaitlyn BECNEL	#4 Loyola (La.)	B 1.64m	5-4½	4/22
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4	44	Olivia FULFORD	#1 Mobile (Ala.)	1.60m	5-3	3/18
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5	55	Anna CABRERA	#1 Mobile (Ala.)	1.59m	5-2½	4/22
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5	55	Nevagant JONES	#2 William Carey (M)	1.59m	5-2½	4/22
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7	84	Abigail REVIEL	#4 Loyola (La.)	1.55m	5-1	4/8
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8		Josephine GATES	#8 Talladega (Ala.)	1.39m	4-6¾	4/22
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8		Dasia SHEPHERD	#5 Brewton-Parker	1.39m	4-6¾	4/22
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Women's Pole Vault

1		Briana RAY	#3 Dalton State (Ga)	2.62m	8-7	3/5
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Women's Long Jump

1	2	Brittany JONES	#2 William Carey (M)	A:B 6.00mw	19-8¼ (2.7)	3/23
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2	17	Nevagant JONES	#2 William Carey (M)	B 5.69m	18-8 (0.0)	4/22
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3	30	Anna CABRERA	#1 Mobile (Ala.)	5.62m	18-5¼ (0.0)	4/22
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4	40	Jhanya QUINONES	#1 Mobile (Ala.)	5.54m	18-2¼ (0.6)	4/22
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5	48	Dasia SHEPHERD	#5 Brewton-Parker	5.48m	17-11¾ (1.)	4/22
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6		Kamryn HARRIS	#6 Stillman (Ala.)	5.16m	16-11¼ (0.)	3/12
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7		TaNaja WILLIAMS	#1 Mobile (Ala.)	4.97m	16-3¾ (0.0)	4/22
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8		Monica KOROWI	#2 William Carey (M)	4.95m	16-3 (1.7)	4/22
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9		Caitlyn TURNER	#1 Mobile (Ala.)	4.75m	15-7 (1.3)	4/22
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10		A'Shanti SURREY	#5 Brewton-Parker	4.60m	15-1¼ (-1.)	3/11
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Conference TFRI Event Summary

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SSAC

Women's Triple Jump

1	2	Nevagant JONES	#2	William Carey (M;B	12.45mw	40-10¼ (3.	3/23
2	3	Brittany JONES	#2	William Carey (M;B	12.30m	40-4¼ (0.1	4/22
3	20	Dasia SHEPHERD	#5	Brewton-Parker B	11.65mw	38-2¾ (2.2	4/9
4	53	Alyssa SALAZAR	#4	Loyola (La.)	11.17m	36-7¾ (0.0	4/22
5	82	TaNaja WILLIAMS	#1	Mobile (Ala.)	10.72mw	35-2 (2.4)	4/22
6		Jalicia NEIL	#1	Mobile (Ala.)	10.55m	34-7½ (1.4	4/22
7		Kiera DOAKS	#1	Mobile (Ala.)	10.49m	34-5 (0.0)	3/11
8		Caitlyn TURNER	#1	Mobile (Ala.)	10.40m	34-1½ (0.1	4/22
9		A'Shanti SURREY	#5	Brewton-Parker	10.38m	34-¾ (-2.0)	4/9

Women's Shot Put

1	10	Fedra FLORENTIN	#1	Mobile (Ala.)	A;B 13.77m	45-2¼	4/22
2	29	Bryana BAZILE	#4	Loyola (La.)	12.90m	42-4	3/18
3	42	Jada FARRELL	#4	Loyola (La.)	12.74m	41-9¾	4/1
4	48	Mykhala COLEMAN	#4	Loyola (La.)	12.54m	41-1¾	4/22
5		Somara BUTCHER	#1	Mobile (Ala.)	11.54m	37-10½	4/22
6		Tatalia CARMICHAEL	#1	Mobile (Ala.)	11.32m	37-1¾	3/18
7		Elyssa PAULDING	#1	Mobile (Ala.)	11.13m	36-6¼	4/22
8		Daja FREEMAN	#5	Brewton-Parker	11.05m	36-3	4/22
9		Anna CABRERA	#1	Mobile (Ala.)	10.93m	35-10½	4/22
10		Alicia TRIPP	#5	Brewton-Parker	10.75m	35-3¼	3/25

Women's Discus

1	23	Bryana BAZILE	#4	Loyola (La.)	B 43.18m	141-8	3/18
2	30	Elyssa PAULDING	#1	Mobile (Ala.)	B 42.86m	140-8	3/18
3	60	Fedra FLORENTIN	#1	Mobile (Ala.)	39.60m	129-11	3/18
4	68	Tatalia CARMICHAEL	#1	Mobile (Ala.)	39.15m	128-6	3/18
5	93	Shaylah ROBINSON	#4	Loyola (La.)	37.15m	121-11	4/22
6		Alicia TRIPP	#5	Brewton-Parker	36.26m	119-0	4/22
7		Jolie MATHERNE	#4	Loyola (La.)	34.26m	112-5	4/28
8		Daja FREEMAN	#5	Brewton-Parker	32.49m	106-7	3/25
9		Mykhala COLEMAN	#4	Loyola (La.)	32.06m	105-2	4/22
10		Kalena HALL	#8	Talladega (Ala.)	29.35m	96-3½	4/22

Women's Hammer

1	85	Elyssa PAULDING	#1	Mobile (Ala.)	42.42m	139-2	4/22
2	88	Alyssia EWING	#4	Loyola (La.)	42.21m	138-6	3/18
3		Tatalia CARMICHAEL	#1	Mobile (Ala.)	40.02m	131-4	4/22
4		Savannah VIGOR	#1	Mobile (Ala.)	36.88m	121-0	4/1
5		Jolie MATHERNE	#4	Loyola (La.)	36.55m	119-11	4/22
6		Camille MENDEZ	#5	Brewton-Parker	32.41m	106-4	4/9
7		Daja FREEMAN	#5	Brewton-Parker	30.61m	100-5	3/25
8		Fedra FLORENTIN	#1	Mobile (Ala.)	27.65m	90-8¾	3/18
9		Mekayla WATLINGTON	#5	Brewton-Parker	19.27m	63-2¾	4/22

Women's Javelin

1	52	Anna CABRERA	#1	Mobile (Ala.)	36.55m	119-11	4/22
2		Savannah VIGOR	#1	Mobile (Ala.)	30.70m	100-9	4/1
3		Elyssa PAULDING	#1	Mobile (Ala.)	29.98m	98-4½	4/22
4		Fedra FLORENTIN	#1	Mobile (Ala.)	29.60m	97-1½	4/22
5		Kari WATTS	#1	Mobile (Ala.)	29.42m	96-6¼	4/22
6		Jolie MATHERNE	#4	Loyola (La.)	28.43m	93-3¼	3/18
7		Katie HEAVEY	#4	Loyola (La.)	28.18m	92-5½	4/22
8		Alicia TRIPP	#5	Brewton-Parker	28.01m	91-10¾	4/22
9		Kalena HALL	#8	Talladega (Ala.)	23.90m	78-5	4/22
10		Nevagant JONES	#2	William Carey (N	22.98m	75-4¾	4/22

Women's Heptathlon

1	7	Anna CABRERA	#1	Mobile (Ala.)	B 4,557	4/7
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Conference TFRI Event Summary

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Sun Conference

Women's 100 Meters

1	7	Jaqual BUSH	#1	Southeastern (F)	11.78w	(3.4)	4/8
2	14	Shikyla WALCOTT	#5	Florida Memorial (A)	11.91	(1.4)	4/23
2	14	Ke'aira HENDERSON	#1	Southeastern (F)	11.91	(2.0)	4/23
4	34	Pamela SANDERS-BOOKER	#2	St. Thomas (Fla. B)	12.12	(1.5)	3/26
5	51	Oluwafikayomi LAWRENCE	#1	Southeastern (F)	12.19	(1.4)	4/23
6	59	Shanya DONALDSON	#4	Webber International	12.22w	(3.3)	3/18
7	66	Alohnna-Elyse LEE	#4	Webber International	12.25w	(3.0)	3/25
8	85	Jameka CHISHOLM	#2	St. Thomas (Fla.)	12.32	(1.4)	4/23
9	98	Anitria SANGSTER	#5	Florida Memorial	12.38	(1.4)	4/23
10		Acheline DELHOMME	#9	Warner (Fla.)	12.52	(1.6)	4/8

Women's 100 Meter Hurdles

1	39	Amaya KIER	#1	Southeastern (F)	14.88	(2.0)	4/29
2	40	Victoria MORRIS	#1	Southeastern (F)	14.89w	(2.2)	4/23
3	52	Irmiris MENDEZ	#1	Southeastern (F)	15.23w	(2.2)	4/23
4	82	Qunizel BAZILIO	#5	Florida Memorial	15.56w	(2.2)	4/23
5		Alexandrea GAETZ	#4	Webber International	15.83	(-0.9)	4/23
6		Oriana HERNANDEZ	#7	USC Beaufort (S)	15.98	(-0.9)	4/23
7		Chauneese NEWBY	#2	St. Thomas (Fla.)	16.16	(0.9)	4/8
8		Michelle TIERNEY	#1	Southeastern (F)	16.22w	(3.6)	3/18
9		Andreana GRAHAM	#5	Florida Memorial	16.63w	(2.2)	4/23
10		Lisa KIRCHNER	#3	Keiser (Fla.)	17.89	(-0.9)	4/23

Women's 200 Meters

1	4	Jaqual BUSH	#1	Southeastern (F)	23.68w	(3.4)	4/23
2	14	Shikyla WALCOTT	#5	Florida Memorial (A)	24.53w	(3.4)	4/23
3	23	Pamela SANDERS-BOOKER	#2	St. Thomas (Fla. B)	24.74w	(3.4)	4/23
4	27	Shyann JACKSON	#3	Keiser (Fla.)	24.83w	(2.4)	3/18
5	34	Oluwafikayomi LAWRENCE	#1	Southeastern (F)	24.95w	(3.4)	4/23
6	48	Denai WILSON	#5	Florida Memorial	25.05	(0.9)	4/8
7	86	Alohnna-Elyse LEE	#4	Webber International	25.43	(0.9)	3/15
8	96	Yuriah BIGOS	#1	Southeastern (F)	25.54w	(2.4)	4/23
9		Ke'aira HENDERSON	#1	Southeastern (F)	25.61	(2.0)	4/23
10		Qunizel BAZILIO	#5	Florida Memorial	25.77	(1.3)	3/26

Women's 400 Meters

1	11	Shyann JACKSON	#3	Keiser (Fla.)	56.19		3/25
2	14	Pamela SANDERS-BOOKER	#2	St. Thomas (Fla. A)	56.56		4/23
3	19	Courtney GALES	#1	Southeastern (F)	57.08		4/23
4	21	Namiah SIMPSON	#1	Southeastern (F)	57.26		3/18
5	34	Yuriah BIGOS	#1	Southeastern (F)	57.80		4/23
6	50	Harriet TUSON	#3	Keiser (Fla.)	58.65		3/18
7	52	Jada BLACKHEART	#2	St. Thomas (Fla.)	58.74		4/29
8	86	Maya-Angela MILLER	#2	St. Thomas (Fla.)	59.34		4/23
9		Daveela BAUER	#3	Keiser (Fla.)	59.75		4/8
10		Monique BROWN	#5	Florida Memorial	59.77		3/26

Women's 400 Meter Hurdles

1	11	Namiah SIMPSON	#1	Southeastern (F)	1:02.94		3/25
2	95	Amaya KIER	#1	Southeastern (F)	1:09.34		2/19
3		Oriana HERNANDEZ	#7	USC Beaufort (S)	1:09.88		4/8
4		Irmiris MENDEZ	#1	Southeastern (F)	1:12.98		4/23
5		Sophia ALEXANDER	#8	Thomas (Ga.)	1:14.74		4/9
6		Victoria MORRIS	#1	Southeastern (F)	1:19.15		4/8
7		Marilena KALAITZIS	#8	Thomas (Ga.)	1:19.36		4/23

Women's 800 Meters

1	37	Harriet TUSON	#3	Keiser (Fla.)	2:17.64		4/8
2	50	Montserrat DE SANTIAGO	#6	SCAD Savannah	2:18.77		4/23
3	64	Monique BROWN	#5	Florida Memorial	2:20.07		4/8
4	96	Emma WOLTJER	#1	Southeastern (F)	2:22.37		2/19
5		Jillian BLASER	#1	Southeastern (F)	2:23.00		4/8
6		Maggie FRONING	#6	SCAD Savannah	2:25.26		4/23
7		Grace CARPENTER	#1	Southeastern (F)	2:25.58		5/6
8		Samaya BATSON-CAURTHENS	#3	Keiser (Fla.)	2:27.87		4/8
9		Grace FEDER	#1	Southeastern (F)	2:29.19		2/19
10		Marie MARC	#3	Keiser (Fla.)	2:30.29		3/25

Women's 1500 Meters

1	38	Sarah FOREMAN	#6	SCAD Savannah	4:42.86		4/1
2	85	Julia ROHM	#1	Southeastern (F)	4:50.92		4/8
3		Jillian BLASER	#1	Southeastern (F)	4:54.65		3/25
4		Montserrat DE SANTIAGO	#6	SCAD Savannah	4:55.03		4/23
5		Emma WOLTJER	#1	Southeastern (F)	4:56.35		3/25
6		Talia SULLIVAN	#6	SCAD Savannah	4:56.69		4/8
7		Maggie FRONING	#6	SCAD Savannah	5:04.15		4/1
8		Isabel OLIVETO	#1	Southeastern (F)	5:08.56		2/19
9		Monique BROWN	#5	Florida Memorial	5:09.18		3/18
10		Grace CARPENTER	#1	Southeastern (F)	5:09.39		2/19

Women's Steeplechase

1	40	Isabel OLIVETO	#1	Southeastern (F)	11:47.33		4/23
2		Emma MCLAUGHLIN	#1	Southeastern (F)	12:45.17		4/23
3		Riley EDWARDS	#7	USC Beaufort (S)	13:46.58		4/23

Women's 5000 Meters

1	34	Sarah FOREMAN	#6	SCAD Savannah	17:36.22		4/8
2	44	Julia ROHM	#1	Southeastern (F)	17:55.32		3/25
3	54	Talia SULLIVAN	#6	SCAD Savannah	18:07.95		3/25
4		Makenzie JOHNSON	#1	Southeastern (F)	19:24.97		4/8
5		Jillian BLASER	#1	Southeastern (F)	19:29.04		4/1
6		Montserrat DE SANTIAGO	#6	SCAD Savannah	19:31.62		4/1
7		Emma WOLTJER	#1	Southeastern (F)	19:54.83		4/1
8		Kathy MACEDO	#1	Southeastern (F)	19:56.19		4/8
9		Grace CARPENTER	#1	Southeastern (F)	20:16.82		4/1
10		Maggie FRONING	#6	SCAD Savannah	20:39.75		4/1



Conference TFRI Event Summary

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Sun Conference

Women's 10,000 Meters

1	18	Julia ROHM	#1	Southeastern (FA:B	37:16.51	4/8
2	26	Talia SULLIVAN	#6	SCAD Savannah B	37:40.18	4/1
3	88	Makenzie JOHNSON	#1	Southeastern (F	41:05.82	3/18
4	90	Isabel OLIVETO	#1	Southeastern (F	41:15.53	4/23
5		Cassandra RICHARDS	#8	Thomas (Ga.)	43:59.78	4/23
6		Emma MCLAUGHLIN	#1	Southeastern (F	44:30.83	3/18
7		Isabella PAYNE	#1	Southeastern (F	44:50.92	3/18
8		Stef BARACALDO	#6	SCAD Savannah	46:12.91	3/25
9		Maya ADJIL	#3	Keiser (Fla.)	51:47.22	3/18
10		Joy SPEARS	#1	Southeastern (F	53:38.74	4/1

Women's Half-Marathon

1	3	Talia SULLIVAN	#6	SCAD Savannah A:B	1:24:14	3/19
2	25	Makenzie JOHNSON	#1	Southeastern (FA:B	1:28:48	2/27

Women's 5000m Race Walk

1	45	Alessandra BARQUIN	#2	St. Thomas (Fla.	41:01.14	3/18
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Women's 4x100 Relay

1	5	Ke'aira HENDERSON, Jaqual BUSH, Oluwafikayom LAWRENCE, Namiah SIMPSON	#1	Southeastern (FA:B	46.55	3/25
2	14	Anitria SANGSTER, Shikyla WALCOTT, Qunizel BAZILIO, Andreana GRAHAM	#5	Florida Memoria A:B	47.53	4/8
3	28	Megan SPRINKMAN, Pamela SANDERS-BOOKER, Dai'ja THOMPSON, Jameka CHISHOLM	#2	St. Thomas (Fla. B	48.01	3/26
4	40	https://www.tfrs.org/teams/1664	#4	Webber Internat	48.42	4/1
5	54	Daveela BAUER, Shyann JACKSON, Sapphire MORGAN, Faith TURNER	#3	Keiser (Fla.)	48.89	4/1
6		Maisonne JONES, Itiana BRUTTON, Aniah WRIGHT, Madeline MATUSIK	#7	USC Beaufort (S	51.73	4/23
7		Sophia ALEXANDER, IlaClare WHITLOCK, Victoria RICHARDS, Cassandra RICHARDS	#8	Thomas (Ga.)	1:06.53	4/23

Women's 4x400 Relay

1	6	Yuriah BIGOS, Oluwafikayom LAWRENCE, Namiah SIMPSON, Courtney GALES	#1	Southeastern (FA:B	3:49.56	3/18
2	15	Anitria SANGSTER, Shikyla WALCOTT, Jailyn GILMORE, Monique BROWN	#5	Florida Memoria B	3:56.94	4/23
3	16	Camille BARRON, Pamela SANDERS-BOOKER, Jada BLACKHEART, Maya-Angela MILLER	#2	St. Thomas (Fla.	3:57.60	4/23
4	35	Shyann JACKSON, Daveela BAUER, Samaya BATSON-CAURTHEN, Harriet TUSON	#3	Keiser (Fla.)	4:02.56	4/8
5	95	Jillian WILSON, Maggie FRONING, Montserrat DE SANTIAGO, Sarah FOREMAN	#6	SCAD Savannah	4:19.35	4/23
6		Shanya DONALDSON, Alexandria GAETZ, Xaniah WILLIAMS, Alohnna-Elys LEE	#4	Webber Internat	4:26.90	4/23
7		Itiana BRUTTON, Aniah WRIGHT, Madeline MATUSIK, Oriana HERNANDEZ	#7	USC Beaufort (S	4:33.29	4/23
8		Sophia ALEXANDER, Marilena KALAITZIS, Cassandra RICHARDS, Victoria RICHARDS	#8	Thomas (Ga.)	5:02.86	3/19
Women's 4x800 Relay						
1	16	Jillian BLASER, Emma WOLTJER, Grace CARPENTER, Kathy MACEDO	#1	Southeastern (F B	9:28.47	4/1
2	52	Sarah FOREMAN, Maggie FRONING, Bella EDWARDS, Montserrat DE SANTIAGO	#6	SCAD Savannah	10:12.87	4/23
3	92	Naomi MARCIN, Chauneese NEWBY, Emily HOLZER, Jada BLACKHEART	#2	St. Thomas (Fla.	11:24.39	4/23
4	93	IlaClare WHITLOCK, Victoria RICHARDS, Marilena KALAITZIS, Sophia ALEXANDER	#8	Thomas (Ga.)	11:27.16	4/23
5		Itiana BRUTTON, Madeline MATUSIK, Aniah WRIGHT, Cydney STEVENSON	#7	USC Beaufort (S	12:14.57	4/23



Conference TFRI Event Summary

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Sun Conference

Women's High Jump

1	20	Laquandra MOORE	#3	Keiser (Fla.)	B	1.64m	5-4½	4/23
2	77	Victoria MORRIS	#1	Southeastern (F		1.57m	5-1¾	4/23
3		Lisa KIRCHNER	#3	Keiser (Fla.)		1.52m	4-11¾	3/18
4		Oriana HERNANDEZ	#7	USC Beaufort (S		1.50m	4-11	4/1
5		Michelle TIERNEY	#1	Southeastern (F		1.48m	4-10¼	4/23
6		Alexandrea GAETZ	#4	Webber Internat		1.42m	4-7¾	4/23
7		Tessa SHRIVER	#4	Webber Internat		1.38m	4-6¼	3/15
8		Sophia ALEXANDER	#8	Thomas (Ga.)		1.37m	4-6	4/9
9		Jalayla WRIGHT	#1	Southeastern (F		1.27m	4-2	3/18

Women's Pole Vault

1	76	Lauren BROWN	#4	Webber Internat		2.95m	9-8	4/1
2		Amari GRAHAM	#1	Southeastern (F		2.50m	8-2½	4/1
3		Oriana HERNANDEZ	#7	USC Beaufort (S		2.30m	7-6½	4/23

Women's Long Jump

1	48	Jade HINES	#4	Webber Internat		5.48m	17-11¾ (0.	3/18
2	74	Andreana GRAHAM	#5	Florida Memoria		5.37m	17-7½ (-0.	4/23
3	99	Al'leeyah STRAPIER	#3	Keiser (Fla.)		5.25m	17-2¾ (-0.	4/1
4		Miyah FORD	#1	Southeastern (F		5.24m	17-2¼ (0.0	4/1
5		Renice DACRES	#2	St. Thomas (Fla.		5.23m	17-2 (0.2)	4/8
5		Laquandra MOORE	#3	Keiser (Fla.)		5.23m	17-2 (0.0)	4/1
7		Xaniah WILLIAMS	#4	Webber Internat		5.21m	17-1¼ (0.0	3/18
8		Abigail LEUTHOLD	#4	Webber Internat		5.18m	17-0 (1.6)	4/8
9		Lisa KIRCHNER	#3	Keiser (Fla.)		5.15m	16-10¾ (-2	4/23
10		Idalia ROMERO-TALBERT	#1	Southeastern (F		5.11m	16-9¼ (0.0	4/1

Women's Triple Jump

1	33	Miyah FORD	#1	Southeastern (F B		11.50m	37-8¾ (0.9	3/25
2	42	Renice DACRES	#2	St. Thomas (Fla.		11.36m	37-3¼ (0.0	4/8
3	43	Idalia ROMERO-TALBERT	#1	Southeastern (F		11.33mw	37-2¼ (2.7	4/8
4	47	Abigail LEUTHOLD	#4	Webber Internat		11.28m	37-¼ (0.0)	3/18
5	49	Xaniah WILLIAMS	#4	Webber Internat		11.25m	36-11 (0.0)	3/18
6	51	Chauneese NEWBY	#2	St. Thomas (Fla.		11.18m	36-8¼ (0.0	4/8
7	62	LaDaijahnae MILLER	#1	Southeastern (F		10.93m	35-10½ (0.	3/18
8	72	Andreana GRAHAM	#5	Florida Memoria		10.81m	35-5¾ (1.9	3/18
9		Al'leeyah STRAPIER	#3	Keiser (Fla.)		10.55m	34-7½ (1.2	3/25
10		Gabrielle AGUIGUI	#2	St. Thomas (Fla.		10.37m	34-¼ (0.0)	3/18

Women's Shot Put

1	34	Leilah VIGIL	#1	Southeastern (F		12.86m	42-2¼	4/23
2	38	Anaya HOLLOWAY	#5	Florida Memoria		12.78m	41-11¼	3/26
3	64	Toynell MING	#2	St. Thomas (Fla.		12.23m	40-1½	4/23
4	80	Charle ALEXANDER	#1	Southeastern (F		11.97m	39-3¼	4/23
5	97	Dekoya HODGE	#2	St. Thomas (Fla.		11.78m	38-7¾	3/4
6		Jennifer COLEMAN	#8	Thomas (Ga.)		11.33m	37-2¼	4/9
7		Narvaez SAMANTHA	#2	St. Thomas (Fla.		10.99m	36-¾	3/4
8		Michelle TIERNEY	#1	Southeastern (F		10.86m	35-7¾	3/18
9		Niesha ALDAJUSTE	#4	Webber Internat		10.80m	35-5¼	4/8
10		Dream GREGORY	#2	St. Thomas (Fla.		10.06m	33-¼	3/4

Women's Discus

1	22	Charle ALEXANDER	#1	Southeastern (F B		43.21m	141-9	3/25
2	83	Toynell MING	#2	St. Thomas (Fla.		37.73m	123-10	3/4
3	96	Niesha ALDAJUSTE	#4	Webber Internat		37.13m	121-10	4/8
4	98	Yasmine CUMMINGS	#3	Keiser (Fla.)		37.05m	121-7	3/18
5		Anaya HOLLOWAY	#5	Florida Memoria		36.10m	118-5	4/23
6		Amber POWELL	#3	Keiser (Fla.)		36.01m	118-2	3/15
7		Jennifer COLEMAN	#8	Thomas (Ga.)		35.79m	117-5	4/15
8		Dekoya HODGE	#2	St. Thomas (Fla.		33.69m	110-7	2/19
9		Narvaez SAMANTHA	#2	St. Thomas (Fla.		31.86m	104-7	4/23
10		Leilah VIGIL	#1	Southeastern (F		30.61m	100-5	5/6

Women's Hammer

1	45	Niesha ALDAJUSTE	#4	Webber Internat		46.51m	152-7	4/8
2		Charle ALEXANDER	#1	Southeastern (F		36.02m	118-2	4/23
3		Anaya HOLLOWAY	#5	Florida Memoria		34.96m	114-9	4/23
4		Bianca SIMPSON	#7	USC Beaufort (S		34.03m	111-8	3/18
5		Jennifer COLEMAN	#8	Thomas (Ga.)		34.02m	111-8	3/19
6		Destinee ALFORD	#4	Webber Internat		33.02m	108-4	4/8
7		Rachel GARRISON	#8	Thomas (Ga.)		32.75m	107-6	4/9
8		Allyah BRYANT	#7	USC Beaufort (S		30.00m	98-5¼	3/18
9		Jana BARDEN	#7	USC Beaufort (S		28.55m	93-8	3/18

Women's Javelin

1	85	Charle ALEXANDER	#1	Southeastern (F		34.00m	111-7	4/23
2		Michelle TIERNEY	#1	Southeastern (F		33.16m	108-10	4/23
3		Narvaez SAMANTHA	#2	St. Thomas (Fla.		32.50m	106-8	3/15
4		Madison PETRICEVIC	#3	Keiser (Fla.)		31.63m	103-9	3/25
5		Dekoya HODGE	#2	St. Thomas (Fla.		30.75m	100-11	3/18
6		Michelle SANCHEZ	#3	Keiser (Fla.)		29.10m	95-5¾	4/23
7		Jennifer COLEMAN	#8	Thomas (Ga.)		28.81m	94-6¼	3/19
8		Irmiris MENDEZ	#1	Southeastern (F		26.48m	86-10½	4/23
9		Oriana HERNANDEZ	#7	USC Beaufort (S		26.04m	85-5¼	4/23
10		Jana BARDEN	#7	USC Beaufort (S		24.55m	80-6½	3/18

Women's Heptathlon

1	33	Michelle TIERNEY	#1	Southeastern (F B		3,955		3/18
2	42	Oriana HERNANDEZ	#7	USC Beaufort (S		3,770		4/1
3	55	Lisa KIRCHNER	#3	Keiser (Fla.)		3,428		4/23
4	64	Alexandrea GAETZ	#4	Webber Internat		3,228		4/1
5	78	Tessa SHRIVER	#4	Webber Internat		2,613		4/23



Conference TFRI Event Summary

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The Heart

Women's 100 Meters

1	21	Elizabeth IBIDUNNI	#5	Baker (Kan.)	B	11.96	(1.9)	5/6
2	22	Kylar BROWN	#3	MidAmerica Naz	B	11.97w	(2.7)	5/6
3	40	Kailey JOHNSON	#1	Central Methodi		12.16	(1.5)	4/1
4	43	Delaney WEIMER	#10	Evangel (Mo.)		12.17w	(2.4)	4/1
5	57	Daizy SOLIR	#3	MidAmerica Naz		12.21w	(3.1)	4/9
6	63	Makeila DAVIS	#3	MidAmerica Naz		12.24w	(3.1)	4/9
7	74	Naomi KILSON	#5	Baker (Kan.)		12.28w	(3.8)	4/30
8		Jada GAINES	#1	Central Methodi		12.43	(1.9)	5/6
9		Haley FLAWS	#2	Grand View (Iow		12.46w	(2.7)	5/6
10		Alison AMBUUL	#4	Benedictine (Ka		12.47	(1.7)	4/8

Women's 100 Meter Hurdles

1	12	Tajanique BELL	#5	Baker (Kan.)	A:B	14.24w	(2.3)	5/6
2	16	Kailey JOHNSON	#1	Central Methodi	A:B	14.31w	(2.8)	4/1
3	17	Megan AUBUCHON	#1	Central Methodi	A:B	14.34w	(2.8)	4/1
4	43	Mya MOORE	#2	Grand View (Iow		15.02w	(2.6)	5/6
5	46	Jade OSBORN	#5	Baker (Kan.)		15.09w	(2.3)	5/6
6	52	Carly LINDENMEYER	#3	MidAmerica Naz		15.23w	(2.8)	5/6
7	60	Katie GOLDRING	#2	Grand View (Iow		15.31	(1.7)	5/6
8	72	Annie LEOPOLD	#6	Mount Mercy (Io		15.44w	(2.3)	5/6
9	90	Rhakala BLACKMON	#1	Central Methodi		15.63w	(2.6)	4/1
10		Sadie HEISNER	#1	Central Methodi		15.86	(0.6)	4/15

Women's 200 Meters

1	11	Elizabeth IBIDUNNI	#5	Baker (Kan.)	A:B	24.33w	(2.6)	5/6
2	13	Kylar BROWN	#3	MidAmerica Naz	A:B	24.43	(1.5)	5/6
3	52	Makeila DAVIS	#3	MidAmerica Naz		25.13w	(2.6)	5/6
3	52	Kailey JOHNSON	#1	Central Methodi		25.13	(1.4)	5/6
5	69	Daizy SOLIR	#3	MidAmerica Naz		25.26	(1.4)	5/6
6	94	Ashley GRIFFIN	#5	Baker (Kan.)		25.51	(1.2)	5/6
7	95	Raven WILLIAMS	#8	William Penn (Io		25.53	(1.4)	5/6
8	97	Alison AMBUUL	#4	Benedictine (Ka		25.56	(1.3)	3/24
9		Haley FLAWS	#2	Grand View (Iow		25.64	(1.5)	5/6
10		Naomi KILSON	#5	Baker (Kan.)		25.65w	(2.9)	4/24

Women's 400 Meters

1	20	Darly CAMILO-MONTENEGRO	#1	Central Methodi	B	57.10		5/6
2	22	Alison AMBUUL	#4	Benedictine (Ka	B	57.27		5/6
3	25	Kylar BROWN	#3	MidAmerica Naz	B	57.34		4/1
4	53	Elizabeth IBIDUNNI	#5	Baker (Kan.)		58.79		3/19
5	68	Neomi SIDIQUE	#2	Grand View (Iow		59.08		5/6
6	89	Raven WILLIAMS	#8	William Penn (Io		59.40		5/6
7		Ashley WURTENBERGER	#4	Benedictine (Ka		1:00.02		5/6
8		Daizy SOLIR	#3	MidAmerica Naz		1:00.29		4/1
9		Elise FEDERICI	#4	Benedictine (Ka		1:00.44		4/8
10		Sakoya JOHNSON	#1	Central Methodi		1:00.69		5/6

Women's 400 Meter Hurdles

1	4	Keiara-Ashley CUNNINGHAM	#1	Central Methodi	A:B	1:01.64		5/6
2	9	Magdalena	#3	MidAmerica Naz	A:B	1:02.61		5/6
3	14	Kailey JOHNSON	#1	Central Methodi	B	1:03.41		4/22
4	18	Alison AMBUUL	#4	Benedictine (Ka	B	1:03.55		4/24
5	48	Jessica BAILEY	#1	Central Methodi		1:06.35		4/9
6	55	Katie GOLDRING	#2	Grand View (Iow		1:07.03		4/2
7	57	Cayna LOVE	#4	Benedictine (Ka		1:07.33		3/24
8	70	Abigail GOOD	#10	Evangel (Mo.)		1:08.17		4/28
9	77	Katherine HUNTER	#8	William Penn (Io		1:08.45		4/1
10	78	Cameron MESECHER	#2	Grand View (Iow		1:08.48		4/23

Women's 800 Meters

1	17	Caroline COBO	#4	Benedictine (Ka	B	2:15.80		4/15
2	25	Mia WILHOIT	#5	Baker (Kan.)		2:16.53		4/9
3	29	Darly CAMILO-MONTENEGRO	#1	Central Methodi		2:16.98		4/15
4	79	Tatiana SMITH	#4	Benedictine (Ka		2:21.65		5/6
5		Maya EIDMAN	#3	MidAmerica Naz		2:23.22		5/6
6		Madeline WIESEMAN	#1	Central Methodi		2:23.85		4/15
7		Claire ZARYBNICKY	#4	Benedictine (Ka		2:24.42		5/6
8		Maytane MOHAMMED	#2	Grand View (Iow		2:24.50		5/6
9		Carli REITTINGER	#6	Mount Mercy (Io		2:25.66		5/6
10		Ashlynn PERKINS	#7	Graceland (Iowa		2:26.16		4/28

Women's 1500 Meters

1	71	Caroline COBO	#4	Benedictine (Ka		4:49.09		5/6
2	82	Isabella GUERRA	#4	Benedictine (Ka		4:50.54		5/6
3		J'Lyn KNUTSON	#6	Mount Mercy (Io		4:56.05		4/9
4		Mary ROLWES	#4	Benedictine (Ka		4:56.48		5/6
5		Madeline WIESEMAN	#1	Central Methodi		5:05.90		5/6
6		Skylar ADAMS	#10	Evangel (Mo.)		5:06.46		4/15
7		Deanna NEWHOUSE	#6	Mount Mercy (Io		5:07.72		4/15
8		Julia MCLAUGHLIN	#4	Benedictine (Ka		5:08.11		5/6
9		Abigail ALRED	#3	MidAmerica Naz		5:08.85		5/6
10		Rory BICKLER	#11	Clarke (Iowa)		5:10.93		4/9

Women's Steeplechase

1	16	Morgan LAWSON	#2	Grand View (Iow	A:B	11:08.84		5/6
2	24	Caroline COBO	#4	Benedictine (Ka	B	11:18.20		5/6
3	33	Keagan PERKINS	#7	Graceland (Iowa		11:32.08		5/6
4	54	Grace STEWART	#7	Graceland (Iowa		12:05.11		4/1
5	89	Agbigail ZITTER	#3	MidAmerica Naz		12:37.18		5/6
6	97	Sienna SCHMIDT	#3	MidAmerica Naz		12:42.04		5/6
7	98	Jessa DAY	#6	Mount Mercy (Io		12:42.42		5/6
8		Melody RUELLE	#2	Grand View (Iow		12:50.14		5/6
9		Katherine BANGERT	#1	Central Methodi		12:59.32		4/1
10		Ikilas HASAN	#2	Grand View (Iow		13:52.41		5/6



Conference TFRI Event Summary

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The Heart

Women's 5000 Meters

1	42	Morgan LAWSON	#2	Grand View (Iow	17:52.63	4/27
2	69	Deanna NEWHOUSE	#6	Mount Mercy (Io	18:21.75	4/2
3	95	Isabella GUERRA	#4	Benedictine (Ka	18:36.74	4/6
4	97	Mary O'CONNOR	#4	Benedictine (Ka	18:37.58	3/24
5		Mary ROLWES	#4	Benedictine (Ka	18:46.98	3/24
6		Emma SWANSON	#2	Grand View (Iow	19:01.22	5/6
7		Ceyda NAZLI	#2	Grand View (Iow	19:07.16	3/26
8		Brooke ALLEN	#5	Baker (Kan.)	19:07.39	3/24
9		Claire RONNEBAUM	#11	Clarke (Iowa)	19:21.85	4/2
10		Wasu JANIS	#3	MidAmerica Naz	19:38.04	4/1

Women's 10,000 Meters

1	30	Deanna NEWHOUSE	#6	Mount Mercy (Io B	37:58.95	4/9
2	43	Ceyda NAZLI	#2	Grand View (Iow	38:43.15	4/8
3	46	Emma SWANSON	#2	Grand View (Iow	38:57.95	5/6
4	60	Wasu JANIS	#3	MidAmerica Naz	39:50.04	4/15
5	68	Brooke ALLEN	#5	Baker (Kan.)	40:17.21	4/24
6	81	Rory BICKLER	#11	Clarke (Iowa)	40:45.32	3/26
7		Chloe GREIG	#2	Grand View (Iow	42:25.13	5/6
8		Lily MENGhini	#4	Benedictine (Ka	43:07.87	4/6
9		Delana JORDAN	#8	William Penn (Io	46:15.41	5/6
10		Lilian GAULRAPP	#6	Mount Mercy (Io	47:35.82	4/9

Women's Half-Marathon

1	17	Valerie ACEVES-POWER	#5	Baker (Kan.)	A:B 1:28:07	12/5
1	17	Brooke ALLEN	#5	Baker (Kan.)	A:B 1:28:07	12/5
3	22	Jackie DE LA FUNENTE	#5	Baker (Kan.)	A:B 1:28:22	12/5

Women's 5000m Race Walk

1	15	Paige THOMPSON	#2	Grand View (Iow	29:45.65	4/23
2	17	Lilian PATTERSON	#1	Central Methodi	30:55.81	4/1
3	19	Baileigh MORRIS	#1	Central Methodi	30:58.50	4/1
4	41	Jessica ARELLANO	#9	Missouri Valley	39:05.58	4/1

Women's 4x100 Relay

1	12	Janiah NICHOLSON, Kylar BROWN, Makeila DAVIS, Daizy SOLIR	#3	MidAmerica Naz	A:B 47.48	5/6
2	21	Naomi KILSON, Elizabeth IBIDUNNI, Shelby BUTTS, Tajanique BELL	#5	Baker (Kan.)	A:B 47.79	5/6
3	48	Raven WILLIAMS, DeAva ADDERLEY, Danisha WASHINGTON, Abigail BATU-TIAKO	#8	William Penn (Io	48.62	4/27
4	49	Jada GAINES, Keiara-Ashle CUNNINGHAM, Kailey JOHNSON, Carter HAWKINS	#1	Central Methodi	48.63	5/6
5	53	Erika CANADA, Haley FLAWS, Anna PAUL, Naomi SIDIQUE	#2	Grand View (Iow	48.88	5/6
6	72	Elise FEDERICI, Elliana WYLLIE, Alison AMBUUL, Ashley WURTENBERGER	#4	Benedictine (Ka	50.22	5/6
7	98	McKenzie ROBBINS, Abigail GOOD, Camille STEVENSON, Delaney WEIMER	#10	Evangel (Mo.)	51.63	4/1
8		Shu'ron THOMPSON, Samantha BITZ, Makayla GARNER, Jane WATTS	#9	Missouri Valley	51.82	5/6
9		Annie LEOPOLD, Ally TRAGER, Katie GARNER, Sophie FEHN	#6	Mount Mercy (Io	51.94	5/6



Conference TFRI Event Summary

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The Heart

Women's 4x400 Relay

1	13	Darly CAMILO-MONTENEG, Keiara-Ashle CUNNINGHAM, Kailey JOHNSON, Carter HAWKINS	#1 Central Methodi B	3:55.75	5/6
2	19	Elise FEDERICI, Ashley WURTENBERGER, Alison AMBUUL, Elliana WYLLIE	#4 Benedictine (Ka)	3:57.91	5/6
3	22	Daizy SOLIR, Magdalena BURDOVA, Maya EIDMAN, Kylar BROWN	#3 MidAmerica Naz	3:58.88	4/9
4	30	Elizabeth IBIDUNNI, Shelby BUTTS, Tajanique BELL, Mia WILHOIT	#5 Baker (Kan.)	4:00.56	4/24
5	47	Katie GOLDRING, Haley FLAWS, Cameron MESECHER, Neomi SIDIQUE	#2 Grand View (Iow)	4:04.21	4/27
6	78	Katherine HUNTER, Raven WILLIAMS, DeAva ADDERLEY, Carol FAYE	#8 William Penn (Io)	4:12.38	4/29
7	91	Camille STEVENSON, Skylar ADAMS, Ariana CRUZ, Abigail GOOD	#10 Evangel (Mo.)	4:18.59	5/6
8	92	Katie GARNER, Ally TRAGER, Sydney WOODS, Carli REITTINGER	#6 Mount Mercy (Io)	4:18.89	4/23
9		Ashlynn PERKINS, Katlin MARTIN, Jacey LEWIS, Keagan PERKINS	#7 Graceland (Iowa)	4:33.65	5/6
10		Shu'ron THOMPSON, Makayla GARNER, Lauren WILSON, Jane WATTS	#9 Missouri Valley	4:44.62	4/23

Women's 4x800 Relay

1	14	Caroline COBO, Tatiana SMITH, Claire ZARYBNICKY, Ashley WURTENBERGER	#4 Benedictine (KaA:B)	9:23.52	5/6
2	30	Mia WILHOIT, Jordan HAWMAN, Peyton SANNAN, Rachel STERNER	#5 Baker (Kan.)	9:45.86	4/1
3	41	Maytane MOHAMMED, Katie GOLDRING, Liberty LEIS, Cameron MESECHER	#2 Grand View (Iow)	10:01.69	5/6
4	45	Maya EIDMAN, Abigail ALRED, Sienna SCHMIDT, Shelby DUNCAN	#3 MidAmerica Naz	10:05.72	5/6
5	57	Carli REITTINGER, J'Lyn KNUTSON, Sydney WOODS, Jessa DAY	#6 Mount Mercy (Io)	10:16.35	5/6
6	61	Madeline WIESEMAN, Katherine BANGERT, Isabella ROSS, Caroline WEATHERFORD	#1 Central Methodi	10:25.16	5/6

Women's High Jump

1	20	Carly LINDENMEYER	#3 MidAmerica Naz B	1.64m	5-4½	5/6
1	20	Sidney GILLILAND	#7 Graceland (Iowa B)	1.64m	5-4½	5/6
3	40	Ashlynn PERKINS	#7 Graceland (Iowa)	1.61m	5-3¼	4/9
4	44	Ashley GRIFFIN	#5 Baker (Kan.)	1.60m	5-3	3/19
4	44	Alyssa BALTIMORE	#12 Culver-Stockton	1.60m	5-3	4/23
6	55	Tara SAMPSON	#7 Graceland (Iowa)	1.59m	5-2½	5/6
7	74	Megan AUBUCHON	#1 Central Methodi	1.58m	5-2¼	4/9
8	77	Renee FINKE	#1 Central Methodi	1.57m	5-1¾	4/15
9	84	Sophie FEAHN	#6 Mount Mercy (Io)	1.55m	5-1	4/23
9	84	Haley HARTSHORNE	#6 Mount Mercy (Io)	1.55m	5-1	4/23
9	84	Katie GOLDRING	#2 Grand View (Iow)	1.55m	5-1	4/2

Women's Pole Vault

1	8	Sadie HEISNER	#1 Central MethodiA:B	3.65m	11-11¾	4/9
2	23	Carter HAWKINS	#1 Central Methodi	3.45m	11-3¾	4/15
3	38	Emma GRANT	#11 Clarke (Iowa)	3.25m	10-8	4/13
3	38	Suzanne GUERRERO	#7 Graceland (Iowa)	3.25m	10-8	5/6
5	76	Amara REICHERT	#1 Central Methodi	2.95m	9-8	5/6
6	94	Katlin MARTIN	#7 Graceland (Iowa)	2.80m	9-2¼	5/6
7		Samantha BITZ	#9 Missouri Valley	2.75m	9-¼	4/23
8		Arielle PRINCE	#1 Central Methodi	2.65m	8-8¼	5/6
9		Payton FLOWERS	#12 Culver-Stockton	2.60m	8-6¼	4/28
10		Reagan STERNER	#5 Baker (Kan.)	2.13m	6-11¾	4/9



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The Heart

Women's Long Jump

1	7	Kylar BROWN	#3	MidAmerica NazA:B	5.80mw	19-½ (2.2)	4/1
2	24	Kaitlyn WEBER	#1	Central Methodi B	5.65mw	18-6½ (2.2)	4/1
3	29	Carly LINDENMEYER	#3	MidAmerica Naz	5.63m	18-5¾ (0.6)	4/15
4	39	Kailey JOHNSON	#1	Central Methodi	5.55m	18-2½ (1.8)	4/1
5	67	Abigail BATU-TIAKO	#8	William Penn (Io	5.40m	17-8¾ (1.8)	4/29
6	74	Jada GAINES	#1	Central Methodi	5.37m	17-7½ (0.0)	5/6
7	86	Alyssa DAVIS	#3	MidAmerica Naz	5.30m	17-4¾ (1.9)	4/9
8	97	Naomi KILSON	#5	Baker (Kan.)	5.27mw	17-3½ (3.0)	4/24
9		Sarah JOHNSON	#1	Central Methodi	5.24m	17-2¼ (-2.)	5/6
10		Brittney WESLEY	#3	MidAmerica Naz	5.22mw	17-1½ (3.6)	4/22

Women's Triple Jump

1	44	Kaitlyn WEBER	#1	Central Methodi	11.31mw	37-1¼ (3.5)	5/6
1	44	Sadie HEISNER	#1	Central Methodi	11.31m	37-1¼ (1.7)	4/9
1	44	Alyssa DAVIS	#3	MidAmerica Naz	11.31mw	37-1¼ (3.1)	4/9
4	48	Sarah JOHNSON	#1	Central Methodi	11.27m	36-11¾ (0.)	5/6
5	59	Amy KAMTIO	#5	Baker (Kan.)	11.02m	36-2 (1.6)	5/6
6		Jessica SHEIL	#10	Evangel (Mo.)	10.52m	34-6¼ (1.2)	5/6
7		Promise NENNIE	#3	MidAmerica Naz	10.45mw	34-3½ (2.4)	4/1
8		Amara FEYRER-MELK	#4	Benedictine (Ka	10.32m	33-10¼ (-0)	4/1
9		Abigail BATU-TIAKO	#8	William Penn (Io	10.17m	33-4½ (1.4)	4/9
10		Jasmine ROLAND	#3	MidAmerica Naz	9.79mw	32-1½ (3.5)	4/22

Women's Shot Put

1	7	Bre NAIL	#6	Mount Mercy (IoA:B	14.07m	46-2	4/15
2	18	Madison GREEN	#2	Grand View (Iow B	13.47m	44-2½	4/8
3	24	Cassidy NERLAND	#2	Grand View (Iow B	13.13m	43-1	5/6
4	39	Madison SUTTON	#4	Benedictine (Ka	12.77m	41-10¾	5/6
5	43	Sydney FLATNESS	#2	Grand View (Iow	12.73m	41-9¼	4/29
6	60	April CZARNECKI	#2	Grand View (Iow	12.35m	40-6¼	5/6
7	61	Cristina VILLALOBOS	#6	Mount Mercy (Io	12.34m	40-6	4/23
8	66	Salima OMARI	#8	William Penn (Io	12.14m	39-10	4/29
9	74	Victoria LOTZ	#3	MidAmerica Naz	12.01m	39-5	4/30
10	80	Lauren WILLSON	#6	Mount Mercy (Io	11.97m	39-3¼	4/23

Women's Discus

1	2	Madison GREEN	#2	Grand View (IowA:B	49.40m	162-1	4/14
2	5	Madison SUTTON	#4	Benedictine (KaA:B	47.98m	157-5	4/9
3	13	Victoria LOTZ	#3	MidAmerica NazA:B	44.76m	146-10	4/23
4	24	Phoebe BURT	#8	William Penn (Io B	43.13m	141-6	5/6
5	31	Ava CONRAD	#2	Grand View (Iow B	42.77m	140-4	4/14
6	32	Ilyiah MOORE	#2	Grand View (Iow B	42.71m	140-2	4/14
7	42	Lauren WILSON	#9	Missouri Valley	41.08m	134-10	4/28
8	58	Ellen KANGAS	#6	Mount Mercy (Io	39.67m	130-2	4/15
9	74	Cassidy NERLAND	#2	Grand View (Iow	38.57m	126-7	3/26
10	75	Savannah FIELDS	#9	Missouri Valley	38.43m	126-1	5/6

Women's Hammer

1	2	Madison GREEN	#2	Grand View (IowA:B	55.34m	181-7	4/8
2	8	Cassidy NERLAND	#2	Grand View (IowA:B	52.35m	171-9	5/6
3	27	Savannah FIELDS	#9	Missouri Valley B	48.82m	160-2	4/14
4	32	Madison SUTTON	#4	Benedictine (Ka	48.31m	158-6	4/24
5	36	Cristina VILLALOBOS	#6	Mount Mercy (Io	47.98m	157-5	4/9
6	41	April CZARNECKI	#2	Grand View (Iow	47.18m	154-10	5/6
7	47	Samantha KANE	#11	Clarke (Iowa)	46.44m	152-5	5/6
7	47	Ilyiah MOORE	#2	Grand View (Iow	46.44m	152-5	4/29
9	61	Victoria LOTZ	#3	MidAmerica Naz	44.45m	145-10	4/30
10	68	Lauren WILLSON	#6	Mount Mercy (Io	44.00m	144-4	5/6

Women's Javelin

1	29	Autumn AVERY	#3	MidAmerica Naz	38.45m	126-2	4/15
2	33	Abby HILL	#6	Mount Mercy (Io	38.02m	124-9	5/6
3	35	Kiana ORTIZ	#12	Culver-Stockton	37.88m	124-4	5/6
4	37	Kennedy COMSTOCK	#5	Baker (Kan.)	37.86m	124-3	3/19
5	38	Calyssa PLYMELL	#1	Central Methodi	37.72m	123-9	4/9
6	58	Jessica ARELLANO	#9	Missouri Valley	35.69m	117-1	5/6
7	59	Victoria LOTZ	#3	MidAmerica Naz	35.68m	117-1	4/30
8	92	Melanie HUBBS	#12	Culver-Stockton	33.34m	109-5	5/6
9		Aquila MUCUBAQUIRE	#1	Central Methodi	33.10m	108-7	4/9
10		Holly PIROLI	#9	Missouri Valley	32.83m	107-9	4/14

Women's Heptathlon

1	16	Carly LINDENMEYER	#3	MidAmerica Naz B	4,319		5/6
2	26	Mya MOORE	#2	Grand View (Iow B	4,011		5/6
3	36	Aquila MUCUBAQUIRE	#1	Central Methodi	3,875		5/6
4	48	Renee FINKE	#1	Central Methodi	3,573		4/1
5	53	Ashlynn PERKINS	#7	Graceland (Iowa	3,507		4/23
6	56	Paige SCHMID	#4	Benedictine (Ka	3,420		3/24
7	62	Sadie HEISNER	#1	Central Methodi	3,254		4/1
8	68	Leah SATTler	#4	Benedictine (Ka	2,918		5/6



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WHAC

Women's 100 Meters

1	4	Soyinne GRENYION	#1	Indiana Tech	A:B 11.59w	(3.6)	4/21
2	5	Sha'londa TERRY	#1	Indiana Tech	A:B 11.75	(0.6)	5/5
3	22	Derica GIBSON	#1	Indiana Tech	B 11.97	(1.1)	4/28
4	27	Taylor KYLE	#1	Indiana Tech	B 12.04w	(3.6)	4/21
5	38	Anaiya JONES	#5	Madonna (Mich.)	12.15w	(2.2)	4/22
6	43	Jamaya WARTHEN	#1	Indiana Tech	12.17	(0.6)	5/5
7	70	Kiya POGUE	#1	Indiana Tech	12.26	(1.5)	4/15
8	96	Alysa COLEMAN	#5	Madonna (Mich.)	12.37	(0.6)	5/5
9	98	Jayla BROWN	#5	Madonna (Mich.)	12.38w	(2.6)	4/29
10		Casey LENON	#3	Aquinas (Mich.)	12.41w	(2.6)	4/22

Women's 100 Meter Hurdles

1	4	Katlyn JONES	#1	Indiana Tech	A:B 13.84	(1.4)	5/5
2	10	Kiya POGUE	#1	Indiana Tech	A:B 14.20w	(3.7)	4/21
3	12	Mia JORDAN	#9	Lawrence Tech	A:B 14.24w	(3.4)	4/22
4	21	Faith JACKSON	#4	Siena Heights (M	A:B 14.49	(1.4)	5/5
5	29	Tarshana KIMBROUGH	#3	Aquinas (Mich.)	B 14.62	(1.1)	5/5
6	31	Mary LEIGHTON	#1	Indiana Tech	B 14.65	(1.4)	5/5
7	70	Theresa JUDD	#3	Aquinas (Mich.)	15.42	(1.4)	5/5
8	72	Braely HERREMA	#2	Cornerstone (Mi	15.44	(1.3)	5/5
9	76	Mariam DAVIS	#1	Indiana Tech	15.45w	(2.9)	4/14
10		Shanna HAN	#3	Aquinas (Mich.)	15.90w	(3.4)	4/22

Women's 200 Meters

1	9	Soyinne GRENYION	#1	Indiana Tech	A:B 24.19	(0.9)	4/15
2	18	Derica GIBSON	#1	Indiana Tech	A:B 24.57	(-1.5)	3/25
3	40	Sha'londa TERRY	#1	Indiana Tech	24.99	(0.9)	4/15
4	44	Destinee MCGRADY	#1	Indiana Tech	25.03	(-0.4)	3/25
5	83	Alysa COLEMAN	#5	Madonna (Mich.)	25.42w	(3.4)	4/29
6	89	Jacqueline SCOTT	#1	Indiana Tech	25.45	(0.1)	4/11
7	93	Jayla BROWN	#5	Madonna (Mich.)	25.49w	(3.4)	4/29
8		Elissa BLACKMON-TODD	#4	Siena Heights (M	A:B 25.70w	(3.1)	4/22
9		Taylor KYLE	#1	Indiana Tech	25.71	(0.3)	4/15
10		Mariam DAVIS	#1	Indiana Tech	25.72	(2.0)	4/14

Women's 400 Meters

1	7	Xuxa PEART	#1	Indiana Tech	A:B 55.14		4/21
2	9	Destinee MCGRADY	#1	Indiana Tech	A:B 55.68		4/11
3	27	Jayla BROWN	#5	Madonna (Mich.)	57.39		5/5
4	32	olaide OLAPADE	#1	Indiana Tech	57.67		4/11
5	35	Jo'Deci IRBY	#1	Indiana Tech	57.92		5/5
6	49	Jacqueline SCOTT	#1	Indiana Tech	58.61		5/5
7	51	Haven EVANS	#1	Indiana Tech	58.67		3/25
8	54	Kamry BROWN	#5	Madonna (Mich.)	58.82		4/29
9	58	Jessica PHILLIPS	#5	Madonna (Mich.)	58.98		4/29
10	66	Nia WOOD	#5	Madonna (Mich.)	59.07		4/22

Women's 400 Meter Hurdles

1	13	Tarshana KIMBROUGH	#3	Aquinas (Mich.)	A:B 1:03.15		5/5
2	34	Antonishka DEVEAUX	#1	Indiana Tech	1:04.94		4/29
3	87	Faith KURTZ	#2	Cornerstone (Mi	1:08.82		5/5
4	96	Chelsee MARTINO	#2	Cornerstone (Mi	1:09.40		5/5
5		Jordyn JACKSON	#1	Indiana Tech	1:09.97		4/15
6		Aniya ADAMS	#9	Lawrence Tech (	1:10.46		4/29
7		Theresa JUDD	#3	Aquinas (Mich.)	1:11.22		5/5
8		Mikayla DUNN	#1	Indiana Tech	1:12.06		4/21
9		Kayla MOODY	#1	Indiana Tech	1:12.55		4/15
10		Promise KENT	#8	Lourdes (Ohio)	1:12.80		5/5

Women's 800 Meters

1	1	Lisa VOYLES	#1	Indiana Tech	A:B 2:08.44		5/5
2	11	Jessica PHILLIPS	#5	Madonna (Mich.)	A:B 2:14.34		4/22
3	12	Maggie WHITNEY	#3	Aquinas (Mich.)	B 2:14.87		4/8
4	76	Krista BOESE	#1	Indiana Tech	2:21.47		4/21
5	91	jackie ALBO	#9	Lawrence Tech (	2:22.14		4/2
6	98	Haven EVANS	#1	Indiana Tech	2:22.41		5/5
7		Lilly GRIEWE	#1	Indiana Tech	2:22.89		5/5
8		Kori BAUMANN	#2	Cornerstone (Mi	2:23.14		4/11
9		Anna MARTIN	#2	Cornerstone (Mi	2:23.48		4/2
10		Lily ROTHERT	#1	Indiana Tech	2:24.09		5/5

Women's 1500 Meters

1	6	Lisa VOYLES	#1	Indiana Tech	A:B 4:29.99		4/11
2	24	Maggie WHITNEY	#3	Aquinas (Mich.)	B 4:39.53		4/22
3	28	Anna MARTIN	#2	Cornerstone (Mi	B 4:40.64		4/22
4	44	Nygia POLLARD	#2	Cornerstone (Mi	4:43.51		5/5
5	50	Krista BOESE	#1	Indiana Tech	4:45.15		4/15
6		Annika SHOEMAKER	#2	Cornerstone (Mi	4:55.59		4/22
7		Emily MCMANUS	#3	Aquinas (Mich.)	5:01.33		4/29
8		Kori BAUMANN	#2	Cornerstone (Mi	5:01.34		5/5
9		Lilly GRIEWE	#1	Indiana Tech	5:02.76		4/11
10		Darbey JOHNSON	#9	Lawrence Tech (	5:04.19		4/2

Women's Steeplechase

1	15	Nygia POLLARD	#2	Cornerstone (Mi	A:B 11:08.57		4/27
2	39	Emily MCMANUS	#3	Aquinas (Mich.)	11:44.83		4/13
3	81	Emily MONROE	#4	Siena Heights (M	12:30.15		4/11
4	85	Gabby PORTER	#7	Concordia (Mich	12:35.49		5/5
5	92	Hannah ASSENMACHER	#9	Lawrence Tech (	12:38.12		5/5
6		Sophia SHOEMAKER	#2	Cornerstone (Mi	13:55.96		4/29
7		Eleanor KOSEK	#8	Lourdes (Ohio)	13:56.44		4/28
8		Jillian CLARK	#10	Cleary (Mich.)	15:58.51		5/5



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WHAC

Women's 5000 Meters

1	16	Anna MARTIN	#2	Cornerstone (MiA:B	17:13.13	4/27
2	29	Hannah ADLER	#3	Aquinas (Mich.) A:B	17:35.08	4/1
3	45	Haley NIEUWKOOP	#2	Cornerstone (Mi	17:55.58	4/2
4	53	Annika SHOEMAKER	#2	Cornerstone (Mi	18:06.84	4/29
5	57	Krista BOESE	#1	Indiana Tech	18:11.15	4/11
6	86	Megan GOUGH	#3	Aquinas (Mich.)	18:32.63	4/1
7	91	Xochitl GARCIA	#4	Siena Heights (N	18:33.70	4/11
8		Nygia POLLARD	#2	Cornerstone (Mi	18:52.22	5/5
9		Isabelle UGANSKI	#4	Siena Heights (N	19:03.26	4/11
10		Darbey JOHNSON	#9	Lawrence Tech (	19:04.54	4/2

Women's 10,000 Meters

1	2	Haley NIEUWKOOP	#2	Cornerstone (MiA:B	35:50.49	4/14
2	7	Hannah ADLER	#3	Aquinas (Mich.) A:B	36:11.93	4/8
3	24	Annika SHOEMAKER	#2	Cornerstone (Mi B	37:34.63	5/5
4	33	Megan GOUGH	#3	Aquinas (Mich.) B	38:10.72	4/8
5	42	Cammie MCCONNELL	#2	Cornerstone (Mi	38:43.13	4/14
6	45	Hanna GRANT	#3	Aquinas (Mich.)	38:57.65	5/5
7	70	Laurn GORES	#10	Cleary (Mich.)	40:22.91	5/5
8		Brenna STRATTON	#2	Cornerstone (Mi	41:47.93	5/5
9		Olivia WATERSTRADT	#8	Lourdes (Ohio)	42:46.58	4/14

Women's Half-Marathon

1	2	Hanna GRANT	#3	Aquinas (Mich.) A:B	1:23:33	12/4
2	10	Mallory TOGNETTI	#10	Cleary (Mich.) A:B	1:27:01	2/26
3	28	Brenna STRATTON	#2	Cornerstone (Mi B	1:29:46	12/4

Women's 5000m Race Walk

1	3	Loanie CELLARD	#1	Indiana Tech A:B	24:19.68	4/11
2	21	Korissa VANOVER	#1	Indiana Tech	32:14.28	5/5
3	24	Whitley BLAKE	#1	Indiana Tech	32:52.23	5/5

Women's 4x100 Relay

1	2	Sha'londa TERRY, Kiya POGUE, Derica GIBSON, Soyinne GRENION	#1	Indiana Tech A:B	45.30	4/11
2	30	Anaiya JONES, Nekold JONES, Nia WOOD, Alysia COLEMAN	#5	Madonna (Mich. B	48.09	4/29
3	41	Faith JACKSON, Chelsea SHORT, McKenna RUSSELL, Elissa BLACKMON- TODD	#4	Siena Heights (N	48.50	4/29
4	56	Casey LENON, Tarshana KIMBROUGH, Shanna HAN, Mia STANKIEWICZ	#3	Aquinas (Mich.)	48.90	4/22
5	60	Kara HENRY, Paige THOMAS, Olivia MATHIS, Lindsey PUMFORD	#8	Lourdes (Ohio)	49.17	4/22
6	73	Tatum TOWNSEND, Asia BULLARD, Chelsee MARTINO, Halle SCHNYDERS	#2	Cornerstone (Mi	50.29	4/22
7		Kirsten SCHAPMAN, Delanie NICKLAS, Meriah SMITH, Myesha REESE	#6	Rochester (Mich	51.71	4/1
8		Emily BELINSKY, Hailey STASIUKINAS, Hope RENFER, Hayle FLOWERS	#7	Concordia (Mich	53.18	5/5



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WHAC

Women's 4x400 Relay

1	1	Destinee MCGRADY, Soyinne GRENYION, Olaide OLAPADE, Xuxa PEART	#1 Indiana Tech	A:B 3:44.26	4/28
2	8	Jayla BROWN, Kamry BROWN, Jessica PHILLIPS, Alysa COLEMAN	#5 Madonna (Mich.)	A:B 3:52.24	4/22
3	14	Tarshana KIMBROUGH, Casey LENON, Ronnie MCMILLAN, Maggie WHITNEY	#3 Aquinas (Mich.)	B 3:56.57	5/5
4	34	Jenna SALEK, Tiffani LARDER, McKenna RUSSELL, Chelsea SHORT	#4 Siena Heights (N)	4:02.02	5/5
5	59	Sarah GENZINK, Chelsee MARTINO, Madi HAID, Halle SCHNYDERS	#2 Cornerstone (Mi)	4:08.52	5/5
6	65	Olivia MATHIS, Aliyah PEREZ, Promise KENT, Lindsey PUMFORD	#8 Lourdes (Ohio)	4:09.16	4/22
7		Delanie NICKLAS, Kirsten SCHAPMAN, Aleah DYMOND, Myesha REESE	#6 Rochester (Mich)	4:32.78	5/5
8		Sierra STECHEBAR, Hope RENFER, Lydia SCHROEDER, Chloe GUNTER	#7 Concordia (Mich)	4:42.85	5/5

Women's 4x800 Relay

1	9	Lilly GRIEWE, Krista BOESE, Lily ROTHERT, Lisa VOYLES	#1 Indiana Tech	A:B 9:18.85	4/15
2	38	Emily MCMANUS, Hannah ADLER, Maggie WHITNEY, Genevieve MOORE	#3 Aquinas (Mich.)	9:58.18	5/5
3	46	Katherine HAUT, Isabella BLOMBERG, Mackenzie GURNE, Jessica PHILLIPS	#5 Madonna (Mich.)	10:06.38	5/5
4	48	Allyson SLONE, Heather ELLER, Aleah DYMOND, Delanie NICKLAS	#6 Rochester (Mich)	10:07.78	5/5
5	51	Alexis CORDLE, Morgan TURK, Xochitl GARCIA, Emily MONROE	#4 Siena Heights (N)	10:10.12	4/2
6	85	Juliana DITULLIO, Jasmine BERTI, Kelly KIBLER, Aliyah	#8 Lourdes (Ohio)	10:58.85	4/2
7	95	Maddy ANKOVIK, Elizabeth TRENT, Chloe GUNTER, Lydia SCHROEDER	#7 Concordia (Mich)	11:39.37	5/5

Women's High Jump

1	1	Kaylee DIAMOND	#3 Aquinas (Mich.)	A:B 1.72m	5-7¾	4/22
2	6	Erica XAYARATH	#1 Indiana Tech	A:B 1.68m	5-6	4/15
3	8	Casey LENON	#3 Aquinas (Mich.)	A:B 1.67m	5-5¾	4/13
4	20	Crystal GOYETTE	#3 Aquinas (Mich.)	B 1.64m	5-4½	4/13
5	34	Daijah HILL	#4 Siena Heights (N)	1.63m	5-4¼	4/29
5	34	Brianna HATFIELD	#4 Siena Heights (N)	1.63m	5-4¼	4/29
7	36	Braely HERREMA	#2 Cornerstone (Mi)	1.62m	5-3¾	4/29
8	55	Kiara HERRING	#1 Indiana Tech	1.59m	5-2½	5/5
8	55	Mariam DAVIS	#1 Indiana Tech	1.59m	5-2½	3/31
8	55	Callan NOBIS	#1 Indiana Tech	1.59m	5-2½	3/31
8	55	Kaitlin ESSIG	#2 Cornerstone (Mi)	1.59m	5-2½	4/13

Women's Pole Vault

1	2	Victoria FABER	#3 Aquinas (Mich.)	A:B 3.97m	13-¼	4/22
2	3	Ashley VERPLANK	#2 Cornerstone (Mi)	A:B 3.85m	12-7½	4/13
3	5	Laikyn KULMAN	#3 Aquinas (Mich.)	A:B 3.75m	12-3½	5/5
4	7	Morgan VARGO	#2 Cornerstone (Mi)	A:B 3.70m	12-1½	4/13
5	14	Samantha NOWELL	#4 Siena Heights (N)	B 3.55m	11-7¾	4/22
6	23	Maeve MILLIGAN	#1 Indiana Tech	3.45m	11-3¾	4/22
6	23	Tatum TOWNSEND	#2 Cornerstone (Mi)	3.45m	11-3¾	4/22
6	23	Shaily BAYNES	#3 Aquinas (Mich.)	3.45m	11-3¾	4/11
9	35	Savannah EMAUS	#1 Indiana Tech	3.30m	10-9¾	3/31
10	84	Emma VARKALIS	#1 Indiana Tech	2.85m	9-4¼	5/5
10	84	Katelyn LATOUR	#2 Cornerstone (Mi)	2.85m	9-4¼	5/5
10	84	Makenna YOUNG	#2 Cornerstone (Mi)	2.85m	9-4¼	5/5



Conference TFRI Event Summary

as of 5/9/2022 11:05:00 AM

WHAC

Women's Long Jump

1	3	Destiny COPELAND	#1	Indiana Tech	A:B 5.95mw	19-6¼ (3.8)	3/25
2	15	Erica XAYARATH	#1	Indiana Tech	B 5.70m	18-8½ (0.8)	4/15
3	17	Carlie TURNER	#1	Indiana Tech	B 5.69m	18-8 (1.5)	4/28
4	24	Mariam DAVIS	#1	Indiana Tech	B 5.65mw	18-6½ (3.1)	4/15
4	24	Morgan VARGO	#2	Cornerstone (Mi)	B 5.65m	18-6½ (-0.)	4/22
6	36	Katlyn JONES	#1	Indiana Tech	5.58m	18-3¾ (0.0)	5/5
7	63	Meriah SMITH	#6	Rochester (Mich)	5.41m	17-9 (0.7)	5/5
8	73	Shanna HAN	#3	Aquinas (Mich.)	5.38mw	17-8 (3.1)	4/29
9	81	Kaylee DIAMOND	#3	Aquinas (Mich.)	5.33m	17-6 (0.7)	5/5
10	99	Tiffani LARDER	#4	Siena Heights (N)	5.25m	17-2¾ (1.7)	4/14

Women's Triple Jump

1	1	Destiny COPELAND	#1	Indiana Tech	A:B 12.47m	40-11 (0.7)	4/28
2	10	Katlyn JONES	#1	Indiana Tech	A:B 11.91m	39-1 (1.5)	4/28
3	13	Erica XAYARATH	#1	Indiana Tech	A:B 11.83m	38-9¾ (1.7)	5/5
4	15	Kylin NICHOLS	#1	Indiana Tech	A:B 11.81m	38-9 (1.0)	5/5
5	25	Nekeima OBIKE	#1	Indiana Tech	B 11.59m	38-¼ (0.0)	3/31
6	76	Kaitlin ESSIG	#2	Cornerstone (Mi)	10.77mw	35-4 (3.1)	4/29
7	78	Kirsten SCHAPMAN	#6	Rochester (Mich)	10.75m	35-3¼ (0.0)	4/22
8	E+0:	Shanna HAN	#3	Aquinas (Mich.)	10.56m	34-7¾ (2.0)	4/22
9		Tiffani LARDER	#4	Siena Heights (N)	10.34m	33-11¼ (0.)	4/22
10		Domanique DOUGLAS	#1	Indiana Tech	10.32m	33-10¼ (1.)	5/5

Women's Shot Put

1	68	Emilee KESSLER	#5	Madonna (Mich.)	12.10m	39-8½	5/5
2	71	Jenna BREUKER	#2	Cornerstone (Mi)	12.07m	39-7¼	4/11
3	79	Gracie CLUTE	#1	Indiana Tech	11.98m	39-3¾	3/31
4	87	Skyler BEALS	#4	Siena Heights (N)	11.91m	39-1	5/5
5	93	Brooke BEYER	#4	Siena Heights (N)	11.84m	38-10¼	5/5
6		Anna VANTUBERGEN	#2	Cornerstone (Mi)	11.62m	38-1½	4/2
7		Winter WHIPPLE	#2	Cornerstone (Mi)	11.43m	37-6	4/22
8		Ebony BUTLER	#1	Indiana Tech	11.41m	37-5¼	4/11
9		Rebecca BELTRAN	#3	Aquinas (Mich.)	11.20m	36-9	4/1
10		Erin GOTH	#4	Siena Heights (N)	11.06m	36-3½	5/5

Women's Discus

1	17	Emilee KESSLER	#5	Madonna (Mich.)	43.47m	142-8	5/5
2	53	Julia HIRT	#7	Concordia (Mich)	40.32m	132-4	5/5
3	62	Anna VANTUBERGEN	#2	Cornerstone (Mi)	39.55m	129-9	4/13
4	71	Jenna BREUKER	#2	Cornerstone (Mi)	39.03m	128-1	4/22
5	73	Ebony BUTLER	#1	Indiana Tech	38.67m	126-11	4/22
6	90	Natalie KUTZLI	#6	Rochester (Mich)	37.30m	122-5	5/5
7		Rebecca BELTRAN	#3	Aquinas (Mich.)	35.88m	117-9	4/1
8		Jordan LUMBREZER	#4	Siena Heights (N)	34.78m	114-1	5/5
9		Narpreet SINGH	#4	Siena Heights (N)	34.76m	114-1	5/5
10		Victoria TODD	#1	Indiana Tech	34.21m	112-3	5/5

Women's Hammer

1	14	Emilee KESSLER	#5	Madonna (Mich.)	50.41m	165-5	4/29
2	30	Anna VANTUBERGEN	#2	Cornerstone (Mi)	48.66m	159-8	4/29
3	72	Gracie CLUTE	#1	Indiana Tech	43.62m	143-2	4/14
4	78	Erin GOTH	#4	Siena Heights (N)	43.07m	141-4	5/5
5	86	Shekira EDGAR	#3	Aquinas (Mich.)	42.37m	139-0	4/29
6		Jordan LUMBREZER	#4	Siena Heights (N)	41.24m	135-4	5/5
7		Lilly LIVSEY	#6	Rochester (Mich)	41.20m	135-2	4/14
8		Jenna BREUKER	#2	Cornerstone (Mi)	41.17m	135-1	4/2
9		Narpreet SINGH	#4	Siena Heights (N)	41.04m	134-8	4/22
10		Victoria TODD	#1	Indiana Tech	40.45m	132-9	4/14

Women's Javelin

1	19	Mary LEIGHTON	#1	Indiana Tech	39.87m	130-10	5/5
2	81	Braely HERREMA	#2	Cornerstone (Mi)	34.23m	112-4	5/5
3		Mariam DAVIS	#1	Indiana Tech	32.77m	107-6	5/5
4		Hayle FLOWERS	#7	Concordia (Mich)	31.94m	104-10	5/5
5		Jenna BREUKER	#2	Cornerstone (Mi)	31.85m	104-6	4/2
6		Narpreet SINGH	#4	Siena Heights (N)	30.30m	99-5	5/5
7		Hailey STASIUKINAS	#7	Concordia (Mich)	29.93m	98-2½	5/5
8		Peyton HANSEN	#4	Siena Heights (N)	29.28m	96-¾	4/14
9		Halle SCHNYDERS	#2	Cornerstone (Mi)	28.50m	93-6	5/5
10		Sara YOB	#2	Cornerstone (Mi)	28.42m	93-3	5/5

Women's Heptathlon

1	6	Mariam DAVIS	#1	Indiana Tech	B 4,639w	4/14
2	29	Braely HERREMA	#2	Cornerstone (Mi)	B 3,974	4/21
3	72	Kirsten SCHAPMAN	#6	Rochester (Mich)	2,749	4/8