



USTFCCA NJCAA Division I Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2022 Week #6, May 2

as of 5/2/2022 8:42:59 AM

Atlantic

Women's 100 Meters

1	82	yanique WHITE	#1	Essex County (N.J.)	DI 12.89		4/22
2	83	Morgan JEFFRIES	#3	Lansing (Mich.)	CI DI 12.91	(2.0)	4/29
3	91	Fatima MORRIS		Tallahassee (Fla.)	DI 13.04		3/26
4		Asia MCLEMORE	#4	Vincennes (Ind.)	DI 13.22w	(4.7)	4/22
5		Natalia JOHNSON	#7	CCBC Essex (Md.)	DI 13.23	(1.7)	4/29
6		Cheyenne HARDIMON	#10	Bryant & Stratton	DI 13.31	(1.7)	4/29
7		Daijah DACOSTA-MOORE		Tallahassee (Fla.)	DI 13.46		3/26
8		Damisi KAYODE	#7	CCBC Essex (Md.)	DI 13.62w	(3.1)	4/23
9		shania GLASGOW	#1	Essex County (N.J.)	DI 13.84	(-1.5)	4/8
10		Kaylin MEYERS	#6	Muskegon (Mich.)	DI 13.96w	(2.6)	4/22

Women's 100 Meter Hurdles

1	30	yanique WHITE	#1	Essex County (N.J.)	DI 15.51	(0.7)	4/2
2	32	L'Tamra WEEKS	#5	Bryant & Stratton	DI 15.53	(0.7)	4/15
3	35	Jelese ALEXANDER	#1	Essex County (N.J.)	DI 15.73		4/22
4	49	Cheyenne HARDIMON	#10	Bryant & Stratton	DI 17.23	(-0.2)	4/15

Women's 200 Meters

1	58	Chinenye ONUORAH	#2	Monroe-New Rod	Q DI 25.39	(0.9)	3/24
2	92	Chloe KNEPP	#4	Vincennes (Ind.)	DI 26.16w	(4.8)	4/22
2	92	Jelese ALEXANDER	#1	Essex County (N.J.)	DI 26.16	(1.5)	4/8
4		Farrah MILLER	#2	Monroe-New Rod	Q DI 26.39		1/7
5		yanique WHITE	#1	Essex County (N.J.)	DI 26.75	(-1.3)	4/8
6		Morgan JEFFRIES	#3	Lansing (Mich.)	CI DI 26.78w	(2.9)	4/22
7		Fatima MORRIS		Tallahassee (Fla.)	DI 27.07w	(2.2)	4/9
8		D'Iviona HAWKINS	#10	Bryant & Stratton	DI 27.14		1/21
9		Cheyenne HARDIMON	#10	Bryant & Stratton	DI 27.46		1/21
10		Asharee THOMAS	#5	Bryant & Stratton	DI 27.47		12/5

Women's 400 Meters

1	13	Chinenye ONUORAH	#2	Monroe-New Rod	Q DI 55.84		4/15
2	17	Farrah MILLER	#2	Monroe-New Rod	Q DI 56.08		4/15
3	31	Aaliyah MOORE	#2	Monroe-New Rod	Q DI 57.21		2/18
4	69	Delverna BROMFIELD	#1	Essex County (N.J.)	DI 59.89		4/8
5	80	Chloe KNEPP	#4	Vincennes (Ind.)	DI 1:00.89		4/8
6	83	Tracy IDUGBOE	#5	Bryant & Stratton	DI 1:01.31		12/5
7		Raeven BYRD		Tallahassee (Fla.)	DI 1:02.73		2/13
8		Morgan HETHERINGTON	#3	Lansing (Mich.)	CI DI 1:03.27		4/1
9		thomyka VALCENT	#1	Essex County (N.J.)	DI 1:03.49		3/26
10		Faith CLARK	#6	Muskegon (Mich.)	DI 1:04.07		4/22

Women's 400 Meter Hurdles

1	8	Megan THOMPSON	#1	Essex County (N.J.)	Q DI 1:02.99		4/22
2	18	Tracy IDUGBOE	#5	Bryant & Stratton	Q DI 1:05.55		4/15
3	48	L'Tamra WEEKS	#5	Bryant & Stratton	DI 1:18.53		3/25

Women's 800 Meters

1	1	Aaliyah MOORE	#2	Monroe-New Rod	Q DI 2:08.58		4/22
2	5	Farrah MILLER	#2	Monroe-New Rod	Q DI 2:12.83		4/22
3	13	Tshwanelo MARUPING	#2	Monroe-New Rod	Q DI 2:17.31		2/18
4	14	Delverna BROMFIELD	#1	Essex County (N.J.)	Q DI 2:17.49		4/2
5	16	Megan THOMPSON	#1	Essex County (N.J.)	Q DI 2:17.94		4/15
6	38	Morgan HETHERINGTON	#3	Lansing (Mich.)	CI DI 2:24.05		4/22
7	50	Haley ELLIS	#3	Lansing (Mich.)	CI DI 2:27.20		4/22
8	54	thomyka VALCENT	#1	Essex County (N.J.)	DI 2:27.52		4/8
9	55	Brittany PAGE	#4	Vincennes (Ind.)	DI 2:27.73		4/22
10	62	Arielle VALDES		Tallahassee (Fla.)	DI 2:29.36		4/9

Women's 1500 Meters

1	3	Aaliyah MOORE	#2	Monroe-New Rod	Q DI 4:40.73		4/22
2	4	Tshwanelo MARUPING	#2	Monroe-New Rod	Q DI 4:42.17		4/22
3	35	Haley ELLIS	#3	Lansing (Mich.)	CI DI 5:01.58		4/22
4	39	Kyra YOUNG	#4	Vincennes (Ind.)	DI 5:03.72		4/22
5	51	Katelyn SLONE	#3	Lansing (Mich.)	CI DI 5:07.39		4/22
6	54	Gabrielle METZGER	#3	Lansing (Mich.)	CI DI 5:08.56		4/22
7	55	Farrah MILLER	#2	Monroe-New Rod	Q DI 5:08.78		2/18
8	56	Megan THOMPSON	#1	Essex County (N.J.)	DI 5:08.87		2/20
9	73	Madison CHESNEY	#11	Spartanburg Met	DI 5:18.79		4/8
10	78	Faith CLARK	#6	Muskegon (Mich.)	DI 5:21.39		4/9

Women's Steeplechase

1	3	Tshwanelo MARUPING	#2	Monroe-New Rod	Q DI 11:40.53		4/15
2	22	Kaitlyn KOENIG	#4	Vincennes (Ind.)	DI 13:00.57		4/8

Women's 5000 Meters

1	9	Tshwanelo MARUPING	#2	Monroe-New Rod	Q DI 18:12.88		2/18
2	22	Haley ELLIS	#3	Lansing (Mich.)	CI Q DI 18:37.58		4/8
3	42	Kayla CRAWFORD	#3	Lansing (Mich.)	CI DI 19:34.35		4/1
4	43	Kyra YOUNG	#4	Vincennes (Ind.)	DI 19:38.54		4/2
5	50	Katelyn SLONE	#3	Lansing (Mich.)	CI DI 20:01.64		4/8
6	57	zoey-ann WINT	#1	Essex County (N.J.)	DI 20:32.92		4/8
7	58	Haley BELL	#3	Lansing (Mich.)	CI DI 20:35.10		4/29
8	67	Hope LAUGHLIN	#4	Vincennes (Ind.)	DI 21:25.66		4/2

Women's 10,000 Meters

1	13	Haley ELLIS	#3	Lansing (Mich.)	CI Q DI 40:10.95		4/29
2	17	Kayla CRAWFORD	#3	Lansing (Mich.)	CI DI 41:20.55		4/29

Women's 4x100 Relay

1	13	Jelese ALEXANDER, Eliane ROBINSON, shania GLASGOW, yanique WHITE	#1	Essex County (N.J.)	DI 48.29		4/15
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as of 5/2/2022 8:42:59 AM

Atlantic

Women's 4x400 Relay

1	11	Delverna BROMFIELD, thomyka VALCENT, Megan THOMPSON, zoey-ann WINT	#1	Essex County (N.J.):Q 3:52.15	4/28
2	14	https://www.tfrrs.org/teams/59475	#2	Monroe-New Roc DI 4:01.33	2/19
3	27	Chloe KNEPP, Kaitlyn KOENIG, Brittany PAGE, Kyra YOUNG	#4	Vincennes (Ind.) DI 4:24.87	4/22
4	28	https://www.tfrrs.org/teams/91750		Tallahassee (Fla.) DI 4:27.43	2/13
5	31	Morgan HETHERINGTON, Haley ELLIS, Katelyn SLOANE, Teagan NORMAN	#3	Lansing (Mich.) CI 4:32.83	4/1

Women's 4x800 Relay

1	6	https://www.tfrrs.org/teams/690	#1	Essex County (N.J.):Q 9:42.17	3/4
2	9	https://www.tfrrs.org/teams/561	#3	Lansing (Mich.) CI:Q 9:55.92	4/23
3	15	Chloe KNEPP, Kyra YOUNG, Brittany PAGE, Hope LAUGHLIN	#4	Vincennes (Ind.) DI 10:29.55	4/22

Women's High Jump

1	14	Josey REINEMAN	#9	Hagerstown (Md.):Q 1.62m	5-3¾	4/15
1	14	Fatima MORRIS		Tallahassee (Fla.):Q 1.62m	5-3¾	4/9
3	18	Jelesse ALEXANDER	#1	Essex County (N.J.) DI 1.61m	5-3¾	4/8
4	41	Katie FERRIS	#6	Muskegon (Mich.) DI 1.50m	4-11	1/21
5	59	L'Tamra WEEKS	#5	Bryant & Stratton DI 1.40m	4-7	1/15
6	65	kayla CHARLES	#1	Essex County (N.J.) 1.35m	4-5	1/15

Women's Long Jump

1	29	Tracy IDUGBOE	#5	Bryant & Stratton DI 5.51m	18-1	2/6
2	33	L'Tamra WEEKS	#5	Bryant & Stratton DI 5.30m	17-4¾	2/11
3	34	Jelesse ALEXANDER	#1	Essex County (N.J.) DI 5.29m		4/22
4	70	Raeven BYRD		Tallahassee (Fla.) DI 4.90m		3/26
5	72	Justine BELL	#2	Monroe-New Roc DI 4.87m	15-11¾ (-2)	4/2
6	84	Damisi KAYODE	#7	CCBC Essex (Md.) DI 4.69m	15-4¾ (1.4)	4/23
7	91	Natalia JOHNSON	#7	CCBC Essex (Md.) 4.57m	15-0 (-2.7)	3/5
8	95	Eliane ROBINSON	#1	Essex County (N.J.) 4.44m	14-6¾	1/7
9		Kaylin MEYERS	#6	Muskegon (Mich.) 4.32m	14-2¾ (0.6)	4/14
10		Daijah DACOSTA-MOORE		Tallahassee (Fla.) 4.10m		4/9

Women's Triple Jump

1	8	Tracy IDUGBOE	#5	Bryant & Stratton:Q 12.08m	39-7¾	3/4
2	20	Eliane ROBINSON	#1	Essex County (N.J.) DI 11.19m		4/22
3	23	L'Tamra WEEKS	#5	Bryant & Stratton DI 11.10m	36-5	12/5
4	24	Jelesse ALEXANDER	#1	Essex County (N.J.) DI 10.99m		4/22
5	30	Raeven BYRD		Tallahassee (Fla.) DI 10.63m	34-10½ (0.4)	4/29
6	46	Natalia JOHNSON	#7	CCBC Essex (Md.) DI 9.63m	31-7¼ (-0.)	3/5
7	48	Daijah DACOSTA-MOORE		Tallahassee (Fla.) 9.22m		3/26
8	49	Daijah DACOSTA-MOORE		Tallahassee (Fla.) 8.91m	29-2¾ (-1.)	4/9
9	50	Kaylin MEYERS	#6	Muskegon (Mich.) 8.90m	29-2½ (0.6)	4/9

Women's Shot Put

1	28	Kristin STICKDORN	#2	Monroe-New Roc DI 11.60m	38-¾	2/11
2	36	Karleigh JEFFRIES	#6	Muskegon (Mich.) DI 11.17m	36-7¾	4/29
3	65	Tamia WALKER	#3	Lansing (Mich.) CI DI 9.84m	32-3½	4/1
4	66	Giorgia FINO	#4	Vincennes (Ind.) DI 9.77m	32-¾	4/15
5	71	Olivia KELLER	#8	Montgomery (Md.) DI 9.63m	31-7¼	4/15
6	78	Serenity PRATHER	#9	Hagerstown (Md.) 9.34m	30-7¾	4/15
7	82	Kayla MOORE	#8	Montgomery (Md.) 9.11m	29-10¾	4/15
8	84	Jelesse ALEXANDER	#1	Essex County (N.J.) 8.93m	29-3¾	2/25
9	93	Gabrielle RILEY	#2	Monroe-New Roc 8.66m	28-5	2/11
10	95	L'Tamra WEEKS	#5	Bryant & Stratton 8.53m	28-0	3/4

Women's Discus

1	11	Kristin STICKDORN	#2	Monroe-New Rod:Q 42.77m	140-4	4/2
2	35	Karleigh JEFFRIES	#6	Muskegon (Mich.) DI 35.83m	117-7	4/29
3	52	Abeyela CRUZ	#4	Vincennes (Ind.) DI 30.53m	100-2	4/22
4	55	Olivia KELLER	#8	Montgomery (Md.) DI 29.99m	98-4¾	4/15
5	63	Gabrielle RILEY	#2	Monroe-New Roc 25.63m	84-1¼	3/26
6	65	Serenity PRATHER	#9	Hagerstown (Md.) 24.89m	81-8	4/23

Women's Hammer

1	1	Kristin STICKDORN	#2	Monroe-New Rod:Q 53.66m	176-1	4/9
2	35	Gabrielle RILEY	#2	Monroe-New Roc DI 37.09m	121-8	4/9
3	55	Olivia KELLER	#8	Montgomery (Md.) 24.92m	81-9¼	4/15
4	57	Abeyela CRUZ	#4	Vincennes (Ind.) 18.90m	62-¼	4/8

Women's Javelin

1	5	Giorgia FINO	#4	Vincennes (Ind.) I:Q 40.62m	133-3	4/22
2	37	Abeyela CRUZ	#4	Vincennes (Ind.) DI 27.87m	91-5¼	4/22
3	42	Jelesse ALEXANDER	#1	Essex County (N.J.) DI 27.14m	89-½	4/8
4	53	L'Tamra WEEKS	#5	Bryant & Stratton 21.87m	71-9	4/15

Women's Heptathlon

1	8	Jelesse ALEXANDER	#1	Essex County (N.J.):Q 3,883		4/8
2	15	L'Tamra WEEKS	#5	Bryant & Stratton:Q 2,532		4/8



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WOMEN — 2022 Week #6, May 2

as of 5/2/2022 8:43:00 AM

Central

Women's 100 Meters

1	5	Jayda DILLON	#2	Barton (Kan.) CC I:Q 11.64cw	4/8
2	7	Shawnakay PEART	#8	Butler (Kan.) CC I:Q 11.67 (1.8)	4/1
3	8	Ashantae HARVEY	#2	Barton (Kan.) CC I:Q 11.69cw	4/8
4	13	Kiara BROWN	#8	Butler (Kan.) CC I:Q 11.72w (3.8)	4/30
5	14	Kaleb MCDONALD	#8	Butler (Kan.) CC I:Q 11.78w (2.6)	3/23
6	16	Shavell RILEY	#11	Coffeyville (Kan.) I:Q 11.79w (4.0)	4/23
7	17	Kirstin JONES	#8	Butler (Kan.) CC I:Q 11.81w (2.5)	3/23
8	19	Damazvia DAMES	#4	Fort Scott (Kan.) I:Q 11.83w (2.8)	3/25
9	21	Leonie BEU	#1	Cloud County (Kd:Q 11.89w (5.7)	4/6
9	21	Ariyonna BASTON	#4	Fort Scott (Kan.) I:Q 11.89 (1.7)	4/9

Women's 100 Meter Hurdles

1	3	Miracle THOMPSON	#1	Cloud County (Kd:Q 13.58 (1.5)	4/15
2	5	Danae NEMBARD	#2	Barton (Kan.) CC I:Q 13.67 (1.7)	4/22
3	10	Ashantae HARVEY	#2	Barton (Kan.) CC I:Q 14.00w (2.7)	3/18
4	14	Diondra WILBORN	#9	Garden City (Kan.) I:Q 14.34w (3.4)	4/1
5	15	Azriel CHADDERTON	#5	Colby (Kan.) CC I:Q 14.39w (3.4)	4/1
6	17	Calleisha CHANCE	#7	Highland (Kan.) Q:Q 14.55w (4.3)	4/16
7	19	Ashanti HARVEY	#2	Barton (Kan.) CC DI 14.73c	4/1
8	20	Machala HENGEN	#12	Dodge City (Kan.) DI 14.74w (5.9)	4/23
9	25	Deborah LOWE	#2	Barton (Kan.) CC DI 15.19c	4/8
10	26	Keyann WILSON	#4	Fort Scott (Kan.) DI 15.24w (2.1)	4/9

Women's 200 Meters

1	2	Ashantae HARVEY	#2	Barton (Kan.) CC I:Q 23.59cw	4/8
2	5	Jayda DILLON	#2	Barton (Kan.) CC I:Q 23.83cw	4/8
3	8	Kiara BROWN	#8	Butler (Kan.) CC I:Q 23.99	3/4
4	9	Isila APKUP	#1	Cloud County (Kd:Q 24.01w (4.7)	4/23
5	12	Vimbayi MAISVOREWA	#1	Cloud County (Kd:Q 24.04w (4.7)	4/23
6	13	Kaleb MCDONALD	#8	Butler (Kan.) CC I:Q 24.07 (0.3)	4/1
7	17	Naiya MORGAN	#2	Barton (Kan.) CC I:Q 24.17cw	4/8
8	20	Shawnakay PEART	#8	Butler (Kan.) CC I:Q 24.27w (4.8)	4/30
8	20	Leonie BEU	#1	Cloud County (Kd:Q 24.27w (2.2)	3/24
10	25	Jayda JONES	#4	Fort Scott (Kan.) I:Q 24.56w (2.7)	3/18

Women's 400 Meters

1	1	Ashantae HARVEY	#2	Barton (Kan.) CC I:Q 53.15	4/22
2	2	Vimbayi MAISVOREWA	#1	Cloud County (Kd:Q 53.66	4/30
3	5	Lashanna GRAHAM	#2	Barton (Kan.) CC I:Q 55.11c	4/8
4	7	Kiara BROWN	#8	Butler (Kan.) CC I:Q 55.28	2/19
5	8	Kirstin JONES	#8	Butler (Kan.) CC I:Q 55.33	3/4
6	18	Leonie BEU	#1	Cloud County (Kd:Q 56.09	4/1
7	20	Ann DANGHA	#8	Butler (Kan.) CC I:Q 56.21	4/22
8	23	Kaleb MCDONALD	#8	Butler (Kan.) CC DI 56.52	4/16
9	26	Naiya MORGAN	#2	Barton (Kan.) CC DI 56.73	4/22
10	33	Charleyanse HOWARD	#4	Fort Scott (Kan.) DI 57.26	3/4

Women's 400 Meter Hurdles

1	1	Lashanna GRAHAM	#2	Barton (Kan.) CC I:Q 58.41	4/22
2	3	Ashantae HARVEY	#2	Barton (Kan.) CC I:Q 59.28c	4/8
3	10	Deborah LOWE	#2	Barton (Kan.) CC I:Q 1:03.11	3/18
4	15	Sicely JACKSON	#1	Cloud County (Kd:Q 1:04.51	4/23
5	17	Machala HENGEN	#12	Dodge City (Kan.) I:Q 1:05.14	4/23
6	19	Diondra WILBORN	#9	Garden City (Kan.) I:Q 1:05.59c	3/19
7	22	Patience HEATH	#4	Fort Scott (Kan.) I:Q 1:06.21	3/25
8	23	Maddox GOMERZ	#10	Allen (Kan.) CC I:Q 1:06.41	4/23
9	29	Achai AROP	#11	Coffeyville (Kan.) DI 1:08.57	4/9
10	31	Keneah ROMNEY	#6	Hutchinson (Kan.) DI 1:08.64	3/26

Women's 800 Meters

1	6	Pamela MILANO	#1	Cloud County (Kd:Q 2:13.73	3/24
2	7	Kayan GREEN	#2	Barton (Kan.) CC I:Q 2:15.25	3/18
3	19	Passion CREWS	#1	Cloud County (Kd:Q 2:19.04	3/24
4	22	Vimbayi MAISVOREWA	#1	Cloud County (Kd:Q 2:19.87	3/19
5	24	Abigail FISHER	#1	Cloud County (Kd:Q 2:20.93	4/1
6	29	Alisha DORIS	#4	Fort Scott (Kan.) DI 2:22.64	4/28
6	29	Abigail PINNOCK	#3	Cowley (Kan.) DI 2:22.64	1/30
8	35	Sicely JACKSON	#1	Cloud County (Kd:Q 2:23.84	2/10
9	36	Louise COCKING	#6	Hutchinson (Kan.) DI 2:23.88	4/1
9	36	Lashanna GRAHAM	#2	Barton (Kan.) CC DI 2:23.88	1/21

Women's 1500 Meters

1	12	Emily DIERCKS	#5	Colby (Kan.) CC I:Q 4:51.00	4/6
2	13	Louise COCKING	#6	Hutchinson (Kan.) I:Q 4:51.28	3/26
3	20	Melody OCHANA	#1	Cloud County (Kd:Q 4:53.77	2/19
4	22	Kayan GREEN	#2	Barton (Kan.) CC I:Q 4:55.76c	4/1
5	23	Ludjenie MONDESIR	#1	Cloud County (Kd:Q 4:55.95	4/6
6	24	Shareen CHERUIYOT	#9	Garden City (Kan.) I:Q 4:56.37	3/4
7	29	Regan HODSDEN	#5	Colby (Kan.) CC I:Q 4:57.95	1/14
8	36	Noel HIDALGO	#6	Hutchinson (Kan.) DI 5:02.22	1/30
9	37	Lucy NDUNGU	#1	Cloud County (Kd:Q 5:02.90	4/15
10	40	Karissa GLOVER	#3	Cowley (Kan.) DI 5:03.89	4/30

Women's Steeplechase

1	2	Shareen CHERUIYOT	#9	Garden City (Kan.) I:Q 11:37.88	4/1
2	4	Ludjenie MONDESIR	#1	Cloud County (Kd:Q 11:43.00	3/24
3	6	Melody OCHANA	#1	Cloud County (Kd:Q 11:46.64	3/24
4	14	Noel HIDALGO	#6	Hutchinson (Kan.) I:Q 12:11.58	3/26
5	20	Cierra NORD	#5	Colby (Kan.) CC DI 12:56.62	4/6
6	21	Laura JUAREZ	#13	Neosho County (DI 12:57.96	3/19
7	29	McKenna ESFELD	#10	Allen (Kan.) CC DI 13:31.50	3/25
8	30	Cielo GARCIA	#9	Garden City (Kan.) DI 13:43.81	4/1
9	31	Sydney GRAUER	#6	Hutchinson (Kan.) DI 14:00.04	4/23
10	37	Andrea SERRANO	#9	Garden City (Kan.) 15:42.55	4/23



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Central

Women's 5000 Meters

1	4	Louise COCKING	#6 Hutchinson (Kan.):Q	17:57.27	4/6
2	6	Regan HODSDEN	#5 Colby (Kan.) CC I:Q	18:07.11	4/6
3	11	Lucy NDUNGU	#1 Cloud County (Ka):Q	18:18.18	3/4
4	18	Karissa GLOVER	#3 Cowley (Kan.) I:Q	18:30.47	4/6
5	20	Valentine LAGAT	#9 Garden City (Kan.):Q	18:32.20	3/4
6	23	Elka BILLINGS	#10 Allen (Kan.) CC I:Q	18:48.28	3/25
7	24	Kristen WILSON	#3 Cowley (Kan.) I:Q	18:48.89	3/4
8	26	Shareen CHERUIYOT	#9 Garden City (Kan.):Q	18:51.79	4/23
9	27	Emily DIERCKS	#5 Colby (Kan.) CC I:Q	18:52.45	4/24
10	33	Cynthia DELAPAZ	#12 Dodge City (Kan.):DI	19:07.59	3/4

Women's 10,000 Meters

1	2	Lucy NDUNGU	#1 Cloud County (Ka):Q	37:29.44	4/6
2	4	Valentine LAGAT	#9 Garden City (Kan.):Q	38:49.77	4/6
3	9	Elka BILLINGS	#10 Allen (Kan.) CC I:Q	39:14.29	4/13
4	19	Cynthia DELAPAZ	#12 Dodge City (Kan.):DI	41:37.18	4/23

Women's 4x100 Relay

1	5	Yaria AKERS, Ariyonna BASTON, Kailah GILMORE, Charleyanse HOWARD	#4 Fort Scott (Kan.) I:Q	45.99	3/18
1	5	Ashantae HARVEY, Naiya MORGAN, Ida SEESAY, Jayda DILLON	#2 Barton (Kan.) CC I:Q	45.99	3/18
3	9	Kirstin JONES, Kiara BROWN, Shawnakay PEART, Kaleb MCDONALD	#8 Butler (Kan.) CC I:Q	46.21	3/19
4	10	Miracle THOMPSON, Leonie BEU, Isila APKUP, Vimbayi MAISVOREWA	#1 Cloud County (Ka):Q	46.68	4/23
5	12	Brianisha ROLLING, Machala HENGEN, Krissalynn HENDERSON, On'Hay PHILLIPS	#12 Dodge City (Kan.):I:Q	48.17	4/23
6	15	Aziel CHADDERTON, Kaylin HEWITT, Troynelle MILLER, Princess BROWNE	#5 Colby (Kan.) CC I:DI	48.78	3/19
7	16	Janae THOMAS, Kali FLOWERS, Jodian REID, Felicity WATKINS	#10 Allen (Kan.) CC I:DI	48.94	4/16
8	18	Gretchen BABCOCK, Kayly GUTHRIE, Brandi DUNN, Joze BAKER	#7 Highland (Kan.) Q:DI	50.27	4/1
9	19	Ashliona MARTIN, Keneah ROMNEY, Courtney BAETZ, Kiana BROWN	#6 Hutchinson (Kan.):DI	50.42	4/15
10	20	Diondra WILBORN, Areli MORENO, McKenna JAGELS, Erica DAVIS	#9 Garden City (Kan.):DI	50.68	4/1



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Central

Women's 4x400 Relay

1	3	https://www.tfrrs.org/teams/537	#2 Barton (Kan.) CC I:Q	3:42.51	2/11
2	4	https://www.tfrrs.org/teams/545	#1 Cloud County (Kd:Q	3:44.15	3/4
3	5	Kirstin JONES, Ann DANGHA, Shawnakay PEART, Kaleb MCDONALD	#8 Butler (Kan.) CC I:Q	3:45.31	4/22
4	10	https://www.tfrrs.org/teams/8048	#4 Fort Scott (Kan.) I:Q	3:50.34	3/4
5	17	https://www.tfrrs.org/teams/549	#5 Colby (Kan.) CC DI	4:11.40	2/19
6	18	https://www.tfrrs.org/teams/551	#9 Garden City (Kan.) DI	4:11.64	3/4
7	19	Courtney BAETZ, Kiana BROWN, Noel BUCKHAULTS, Keneah ROMNEY	#6 Hutchinson (Kan.) DI	4:13.68	4/1
8	21	https://www.tfrrs.org/teams/678	#12 Dodge City (Kan.) DI	4:14.45	2/19
9	23	https://www.tfrrs.org/teams/660	#10 Allen (Kan.) CC DI	4:17.57	2/19
10	25	https://www.tfrrs.org/teams/4654	#3 Cowley (Kan.) DI	4:20.83	2/19

Women's 4x800 Relay

1	1	https://www.tfrrs.org/teams/545	#1 Cloud County (Kd:Q	9:13.57	4/27
2	7	https://www.tfrrs.org/teams/537	#2 Barton (Kan.) CC I:Q	9:51.39	3/4
3	8	https://www.tfrrs.org/teams/978	#6 Hutchinson (Kan.) I:Q	9:53.47	4/18
4	10	https://www.tfrrs.org/teams/8048	#4 Fort Scott (Kan.) I:Q	9:56.64	3/4
5	11	https://www.tfrrs.org/teams/4654	#3 Cowley (Kan.) DI	10:05.30	3/4
6	13	https://www.tfrrs.org/teams/660	#10 Allen (Kan.) CC DI	10:16.81	3/4
7	18	https://www.tfrrs.org/teams/992	#13 Neosho County (I:Q	10:44.74	3/4
8	19	Shareen CHERUIYOT, Valentine LAGAT, Cielo GARCIA, Jania DON JUAN	#9 Garden City (Kan.) DI	11:08.80	4/1
9	21	https://www.tfrrs.org/teams/547	#11 Coffeyville (Kan.) DI	11:45.24	2/19

Women's High Jump

1	4	Calleisha CHANCE	#7 Highland (Kan.) Q:Q	1.70m	5-7	3/4
1	4	Nia ROBINSON	#2 Barton (Kan.) CC I:Q	1.70m	5-7	3/4
3	7	Dayjahney HIBBERT	#7 Highland (Kan.) Q:Q	1.68m	5-6	4/23
4	9	Vanessa MERCERA	#1 Cloud County (Kd:Q	1.67m	5-5¾	4/1
5	18	Victoria AUGUSTIN	#11 Coffeyville (Kan.) DI	1.61m	5-3¼	4/9
6	20	LaShae' SMITH	#3 Cowley (Kan.) DI	1.60m	5-3	1/30
7	26	Faithlyn IRVING	#1 Cloud County (Kd:Q	1.56m	5-1¼	2/4
8	27	Damazvia DAMES	#4 Fort Scott (Kan.) DI	1.55m	5-1	1/28
9	35	Achai AROP	#11 Coffeyville (Kan.) DI	1.54m	5-½	2/11
10	36	Kiarra HENDERSON	#5 Colby (Kan.) CC DI	1.53m	5-¼	4/24

Women's Pole Vault

1	2	Arantxa CORTEZ	#3 Cowley (Kan.) I:Q	3.55m	11-7¾	3/4
2	4	Kiana BROWN	#6 Hutchinson (Kan.) Q:Q	3.25m	10-8	3/26
3	6	Mia MANLEY	#1 Cloud County (Kd:Q	3.24m	10-7½	4/23
4	7	Maggie ARMSTRONG	#1 Cloud County (Kd:Q	3.22m	10-6¾	4/6
5	8	Violet MARTINEZ	#6 Hutchinson (Kan.) Q:Q	3.20m	10-6	4/30
6	12	Channa HINES	#3 Cowley (Kan.) DI	3.11m	10-2½	3/10
7	14	McKenna JAGELS	#9 Garden City (Kan.) DI	2.90m	9-6¼	4/1
8	18	Jacie CARSON	#3 Cowley (Kan.) DI	2.55m	8-4¼	4/1

Women's Long Jump

1	1	Nia ROBINSON	#2 Barton (Kan.) CC I:Q	6.36mw	20-10½ (4.1)	4/22
2	7	Damazvia DAMES	#4 Fort Scott (Kan.) I:Q	6.02m		4/28
3	10	Kailah GILMORE	#4 Fort Scott (Kan.) I:Q	5.85m	19-2½	3/4
4	14	Patience HEATH	#4 Fort Scott (Kan.) I:Q	5.72m	18-9¼	1/22
5	17	Ida SEESAY	#2 Barton (Kan.) CC I:Q	5.64m	18-6	2/19
6	19	Calleisha CHANCE	#7 Highland (Kan.) Q:Q	5.63m	18-5¾	2/12
7	20	Vanessa MERCERA	#1 Cloud County (Kd:Q	5.62mw	18-5¼ (2.1)	4/23
8	21	Princess BROWNE	#5 Colby (Kan.) CC I:Q	5.60mw	18-4¾ (3.6)	4/24
9	22	Brittania INGRAM	#2 Barton (Kan.) CC I:Q	5.59m	18-4¼	3/4
9	22	Tatiana WASHINGTON	#11 Coffeyville (Kan.) I:Q	5.59m	18-4¼ (2.0)	4/1
9	22	Faithlyn IRVING	#1 Cloud County (Kd:Q	5.59m	18-4¼ (1.4)	4/23

Women's Triple Jump

1	2	Nia ROBINSON	#2 Barton (Kan.) CC I:Q	12.77m	41-10¾ (1.1)	4/22
2	4	Damazvia DAMES	#4 Fort Scott (Kan.) I:Q	12.34m	40-6	3/4
3	11	Faithlyn IRVING	#1 Cloud County (Kd:Q	11.98m	39-3¾ (0.0)	4/23
4	14	Brittania INGRAM	#2 Barton (Kan.) CC I:Q	11.77mw	38-7½ (2.8)	4/22
5	15	Princess BROWNE	#5 Colby (Kan.) CC I:Q	11.75mw	38-6¾ (4.3)	4/6
6	21	Ashley ROBINSON	#10 Allen (Kan.) CC DI	11.15mw	36-7 (4.3)	3/18
7	22	Brandi DUNN	#7 Highland (Kan.) Q:Q	11.11m	36-5½ (1.3)	3/24
8	24	Ida SEESAY	#2 Barton (Kan.) CC DI	10.99m	36-¾	2/19
9	27	Jasmine CARSON	#2 Barton (Kan.) CC DI	10.93m	35-10½	1/30
10	29	Abby RUESCHHOFF	#3 Cowley (Kan.) DI	10.67mw	35-¼ (3.1)	4/6



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Central

Women's Shot Put

1	1	Kelsie MURRELL-ROSS	#2	Barton (Kan.) CC I:Q 16.00m	52-6	4/22
2	3	Jazmyn JAMES	#7	Highland (Kan.) Q:Q 14.36m	47-1½	4/23
3	4	Santornya RALLIFORD	#7	Highland (Kan.) Q:Q 14.27m	46-10	1/22
4	5	Shakera WILLIAMS	#7	Highland (Kan.) Q:Q 13.85m	45-5¼	4/23
5	6	Hollie STEWART	#1	Cloud County (Ka:Q 13.77m	45-2¼	3/4
6	8	Efe LATHAM	#2	Barton (Kan.) CC I:Q 13.40m	43-11¾	4/22
7	10	Jada SEWELL	#2	Barton (Kan.) CC I:Q 13.14m	43-1½	1/30
8	11	Kyra CHOICE	#3	Cowley (Kan.) I:Q 12.99m	42-7½	4/16
9	15	Savannah ADAMS	#5	Colby (Kan.) CC I:Q 12.34m	40-6	2/19
10	16	Shonase COLLINS	#11	Coffeyville (Kan.) DI 12.30m	40-4¼	3/4

Women's Discus

1	2	Santornya RALLIFORD	#7	Highland (Kan.) Q:Q 48.42m	158-10	4/9
2	4	Jazmyn JAMES	#7	Highland (Kan.) Q:Q 45.85m	150-5	4/23
3	6	Kelsie MURRELL-ROSS	#2	Barton (Kan.) CC I:Q 44.45m	145-10	4/22
4	7	Kayla MCCLELLAN	#3	Cowley (Kan.) I:Q 44.30m	145-4	4/6
5	18	Jada SEWELL	#2	Barton (Kan.) CC I:Q 40.49mA	132-10	4/1
6	19	Hannah SCHROCK	#6	Hutchinson (Kan.) I:Q 40.47m	132-10	4/30
7	20	Angela SANCHEZ	#11	Coffeyville (Kan.) I:Q 40.33m	132-4	4/9
8	21	Bernesha KNOWLES	#3	Cowley (Kan.) DI 39.23m	128-9	4/1
9	22	Reahnaa ROBERTS	#4	Fort Scott (Kan.) DI 39.11m	128-4	4/9
10	23	Tahisha THOMPSON	#1	Cloud County (Ka: DI 38.99m	127-11	4/23

Women's Hammer

1	2	Jada SEWELL	#2	Barton (Kan.) CC I:Q 51.93m	170-5	4/22
2	3	Efe LATHAM	#2	Barton (Kan.) CC I:Q 50.53m	165-10	4/22
3	4	Kayla MCCLELLAN	#3	Cowley (Kan.) I:Q 48.34m	158-7	4/30
4	5	Ariana RODRIGUEZ	#2	Barton (Kan.) CC I:Q 48.33mA	158-7	4/8
5	6	Chloe WILSON	#3	Cowley (Kan.) I:Q 47.82m	156-11	4/30
6	9	Naliyah LANDRUM	#11	Coffeyville (Kan.) I:Q 45.49m	149-3	3/10
7	12	Bernesha KNOWLES	#3	Cowley (Kan.) I:Q 44.21m	145-1	4/30
8	13	Saqqary BAKER	#5	Colby (Kan.) CC I:Q 43.89m	144-0	4/29
9	16	Hannah SCHROCK	#6	Hutchinson (Kan.) I:Q 43.30m	142-1	4/30
10	17	Sarah ROBINSON	#3	Cowley (Kan.) DI 42.58m	139-9	4/30

Women's Javelin

1	1	Jessi BRUMMETT	#1	Cloud County (Ka:Q 43.70m	143-5	4/23
2	2	Hollie STEWART	#1	Cloud County (Ka:Q 43.17m	141-8	4/16
3	6	Shade TORRES	#12	Dodge City (Kan.) I:Q 39.16m	128-6	4/23
4	8	Efe LATHAM	#2	Barton (Kan.) CC I:Q 38.77mA	127-3	4/8
5	10	Patrishia DOLL	#6	Hutchinson (Kan.) I:Q 38.20m	125-4	4/30
6	14	Santornya RALLIFORD	#7	Highland (Kan.) Q:Q 36.96m	121-3	4/23
7	19	Shardenai DAVIS	#3	Cowley (Kan.) DI 33.88m	111-2	4/30
8	20	Savannah ADAMS	#5	Colby (Kan.) CC DI 33.58m	110-2	4/6
9	22	Lillian THOMAS	#2	Barton (Kan.) CC DI 32.09m	105-4	3/26
10	26	Hannah SCHROCK	#6	Hutchinson (Kan.) DI 31.73m	104-1	4/9

Women's Heptathlon

1	5	Vanessa MERCERA	#1	Cloud County (Ka:Q 4,178	4/15
2	9	Calleisha CHANCE	#7	Highland (Kan.) Q:Q 3,633	3/24
3	13	Chantal GAYLE	#5	Colby (Kan.) CC I:Q 2,752	4/1
4	14	Meagan BURKHART	#9	Garden City (Kan.) I:Q 2,673	4/1
5	16	Gretchen BABCOCK	#7	Highland (Kan.) Q:Q 1,900	3/24



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Midwest

Women's 100 Meters

1	2	Tirecia WALCOTT	#1	Iowa Western CCI:Q	11.48w	(5.8)	4/6
2	3	Kayla MCCRAY	#3	Indian Hills (Iowa):Q	11.49w	(5.8)	4/6
3	8	Brianna CHARLES	#4	Hinds (Miss.) CC I:Q	11.69	(1.7)	4/28
4	12	Diandrenique GAINES	#4	Hinds (Miss.) CC I:Q	11.71	(-1.3)	4/16
5	14	Kahliyah ANDERSON	#3	Indian Hills (Iowa):Q	11.78w	(6.1)	4/6
6	29	Janyla HOSKINS	#3	Indian Hills (Iowa):Q	11.96w	(2.5)	3/24
7	30	Kiersten CLARK	#4	Hinds (Miss.) CC I:Q	11.97	(0.8)	4/6
8	39	Marquetta BERLIN-BURNS	#1	Iowa Western CC DI	12.08w	(5.3)	4/22
9	40	Jenna HUMMELL	#5	Hawkeye (Iowa) C DI	12.12w	(5.3)	4/23
10	41	Antiana WALSH	#3	Indian Hills (Iowa) DI	12.15	(1.1)	4/1

Women's 100 Meter Hurdles

1	2	Jerricka AMBUS	#4	Hinds (Miss.) CC I:Q	13.32	(1.2)	4/28
2	4	Dyandra GRAY	#1	Iowa Western CCI:Q	13.65w	(2.2)	4/22
3	8	Osayi OMORODION	#1	Iowa Western CCI:Q	13.94w	(2.3)	4/15
4	12	Matayah NAYLOR	#3	Indian Hills (Iowa):Q	14.22	(1.1)	4/28
5	16	Adeyeh BREWSTER	#2	Iowa Central CC I:Q	14.43	(1.1)	4/28
6	18	Antonia SEALY	#1	Iowa Western CCI:Q	14.63	(0.5)	4/2
7	22	Arryona SIMMONS	#12	Meridian (Miss.) C DI	14.77	(1.2)	4/28
8	24	Peyton STEVA	#3	Indian Hills (Iowa) DI	15.13	(1.9)	4/1
9	29	Kylee NEIGHBORS	#5	Hawkeye (Iowa) C DI	15.46w	(3.4)	4/23
10	33	Nyadhol THICHIOT	#2	Iowa Central CC DI	15.54w	(2.6)	4/22

Women's 200 Meters

1	6	Nickisha PRYCE	#1	Iowa Western CCI:Q	23.87	(0.7)	4/6
2	10	Diandrenique GAINES	#4	Hinds (Miss.) CC I:Q	24.02		3/4
3	14	Kayla MCCRAY	#3	Indian Hills (Iowa):Q	24.09w	(2.3)	4/6
4	16	Kahliyah ANDERSON	#3	Indian Hills (Iowa):Q	24.16	(0.3)	4/1
5	18	Terresha WALCOTT	#1	Iowa Western CCI:Q	24.23		3/4
6	24	Antiana WALSH	#3	Indian Hills (Iowa):Q	24.54w	(2.9)	3/24
7	26	Brooke GRAY	#4	Hinds (Miss.) CC I:Q	24.57	(1.8)	4/28
8	27	Dyandra GRAY	#1	Iowa Western CC DI	24.64		3/4
9	33	Nikiwe MONGWE	#2	Iowa Central CC DI	24.91		2/18
10	35	Jia LEWIS	#3	Indian Hills (Iowa) DI	24.98		3/4

Women's 400 Meters

1	3	Nickisha PRYCE	#1	Iowa Western CCI:Q	53.68		3/4
2	10	Daniella DEER	#1	Iowa Western CCI:Q	55.65		4/22
3	12	Britney BROWN	#2	Iowa Central CC I:Q	55.74		4/2
4	16	Kahliyah ANDERSON	#3	Indian Hills (Iowa):Q	55.94		1/22
5	24	Aimaya DRUMMOND	#3	Indian Hills (Iowa) DI	56.62		4/22
6	28	JodyAnn DIXON	#4	Hinds (Miss.) CC DI	57.01		3/4
7	34	Brooke GRAY	#4	Hinds (Miss.) CC DI	57.35		4/1
8	43	Lazericka LOUIS	#4	Hinds (Miss.) CC DI	57.65		4/28
9	46	Diandrenique GAINES	#4	Hinds (Miss.) CC DI	58.23		2/18
10	48	Kaylin ROBINSON	#4	Hinds (Miss.) CC DI	58.62		4/23

Women's 400 Meter Hurdles

1	5	JodyAnn DIXON	#4	Hinds (Miss.) CC I:Q	1:01.07		4/28
2	7	Dyandra GRAY	#1	Iowa Western CCI:Q	1:02.80		4/22
3	14	Justyce THOMAS	#4	Hinds (Miss.) CC I:Q	1:04.34		4/16
4	26	Matayah NAYLOR	#3	Indian Hills (Iowa) DI	1:07.85		4/28
5	28	Holly HOEPNER	#1	Iowa Western CC DI	1:08.02		4/15
6	30	Monique REMY	#1	Iowa Western CC DI	1:08.60		4/6
7	32	Kiley SANDERS	#6	Sauk Valley (Ill.) C DI	1:08.90		4/15
8	34	Katelynn TROBAUGH	#6	Sauk Valley (Ill.) C DI	1:09.78		4/9
9	36	Taylor MCCREEDY	#2	Iowa Central CC DI	1:10.39		4/22
10	44	Jade DURFEY	#2	Iowa Central CC DI	1:14.24		4/15

Women's 800 Meters

1	2	Aliyah SIMMONS	#3	Indian Hills (Iowa):Q	2:10.55		3/4
2	8	Britney BROWN	#2	Iowa Central CC I:Q	2:15.38		4/22
3	10	Shariden RICHARDSON	#1	Iowa Western CCI:Q	2:15.57		4/22
4	18	Chloe GARCIA GRAFING	#2	Iowa Central CC I:Q	2:18.65		4/7
5	33	Emma HOINS	#5	Hawkeye (Iowa) C DI	2:23.55		2/4
6	34	Taylor MCCREEDY	#2	Iowa Central CC DI	2:23.64		1/28
7	59	Shaunti LONGFELLOW	#2	Iowa Central CC DI	2:28.45		2/11
8	66	Bethany STACEY	#1	Iowa Western CC DI	2:29.82		1/22
9	68	Lillian GARAY	#1	Iowa Western CC DI	2:30.03		4/15
10	76	Allie SIMPSON	#11	Southeastern (Iowa) DI	2:31.69		2/18

Women's 1500 Meters

1	1	Hilda CHEBET	#1	Iowa Western CCI:Q	4:30.19		2/11
2	5	Emma HOINS	#5	Hawkeye (Iowa) C DI	4:43.18		4/28
3	8	Chloe GARCIA GRAFING	#2	Iowa Central CC I:Q	4:46.46		3/4
4	10	Mercy BIWOTT	#1	Iowa Western CCI:Q	4:49.49		3/4
5	16	Taylor MCCREEDY	#2	Iowa Central CC I:Q	4:51.60		4/22
6	21	Aliyah SIMMONS	#3	Indian Hills (Iowa):Q	4:54.85		4/1
7	32	Bethany STACEY	#1	Iowa Western CC DI	5:00.41		1/22
8	33	Britney BROWN	#2	Iowa Central CC DI	5:00.46		4/28
9	63	Zinash VALEN	#2	Iowa Central CC DI	5:13.67		4/22
10	85	Allie SIMPSON	#11	Southeastern (Iowa) DI	5:23.24		4/23

Women's Steeplechase

1	1	Emma HOINS	#5	Hawkeye (Iowa) C DI	11:34.46		4/14
2	5	Taylor MCCREEDY	#2	Iowa Central CC I:Q	11:45.05		4/7
3	25	Josey FRENCH	#1	Iowa Western CC DI	13:06.00		4/22
4	26	Mercy JEPNGETICH	#2	Iowa Central CC DI	13:23.98		3/25
5	27	Josie STACKIS	#2	Iowa Central CC DI	13:24.25		3/25
6	28	Kate MIRON	#2	Iowa Central CC DI	13:27.14		4/7
7	32	Madison BLAND	#6	Sauk Valley (Ill.) C DI	14:03.04		4/22
8	33	Jorden ROBINSON	#6	Sauk Valley (Ill.) C DI	14:28.27		4/22
9	36	Mika MARTINEZ	#6	Sauk Valley (Ill.) C DI	15:06.43		4/15
10	38	Kayleigh THOMAS	#6	Sauk Valley (Ill.) C	16:10.63		4/15



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Midwest

Women's 5000 Meters

1	1	Hilda CHEBET	#1	Iowa Western CCI:Q 16:07.40	4/27
2	3	Mercy BIWOTT	#1	Iowa Western CCI:Q 17:25.11	4/27
3	5	Emma HOINS	#5	Hawkeye (Iowa) I:Q 17:59.57	2/4
4	12	Chloe GARCIA GRAFING	#2	Iowa Central CC I:Q 18:18.81	4/15
5	13	Taylor MCCREEDY	#2	Iowa Central CC I:Q 18:21.46	4/1
6	31	Zinash VALEN	#2	Iowa Central CC I:Q 18:59.15	4/15
7	37	Monserrat GUERRERO-CHAPULA	#3	Indian Hills (Iowa) DI 19:12.07	3/24
8	55	Morgan KLAUS	#3	Indian Hills (Iowa) DI 20:30.94	3/24
9	56	Mercy JEPNGETICH	#2	Iowa Central CC DI 20:32.25	1/21
10	61	Josie STACKIS	#2	Iowa Central CC DI 20:48.67	2/18

Women's 10,000 Meters

1	7	Zinash VALEN	#2	Iowa Central CC I:Q 39:09.26	4/1
2	14	Monserrat GUERRERO-CHAPULA	#3	Indian Hills (Iowa):Q 40:33.30	4/6
3	16	Josie STACKIS	#2	Iowa Central CC I:Q 40:54.25	4/1
4	18	Morgan KLAUS	#3	Indian Hills (Iowa) DI 41:36.14	4/6

Women's 4x100 Relay

1	2	Diandrenique GAINES, Brooke GRAY, Jerricka AMBUS, Brianna CHARLES	#4	Hinds (Miss.) CC I:Q 45.39	4/1
2	3	https://www.tfrrs.org/teams/85621	#3	Indian Hills (Iowa):Q 45.69	4/1
3	7	Osayi OMORODION, Victory GEORGE, Dyandra GRAY, Nickisha PRYCE	#1	Iowa Western CCI:Q 46.05	4/2
4	14	Alisha THOMAS, Britney BROWN, Adeyah BREWSTER, Elizabeth GIBSON	#2	Iowa Central CC DI 48.36	4/22
5	23	Zyaire ROBINSON, Daylynn BAKER, Zaya DOVE, Ella GOLDEN	#9	State Fair (Mo.) DI 51.83	4/1
6	24	Katyrna PECK, Calista POLK, Lynn HOEFT, Jordan SWENSON	#7	North Iowa Area C DI 53.53	4/1
7	25	Mattie JANSSEN, Maci FREUND, Jordan GALLENTINE, Jenna HUMMELL	#5	Hawkeye (Iowa) C DI 53.80	3/26

Women's 4x400 Relay

1	2	Alliyah MCNEIL, Daniella DEER, Dyandra GRAY, Nickisha PRYCE	#1	Iowa Western CCI:Q 3:42.46	4/27
2	7	https://www.tfrrs.org/teams/85621	#3	Indian Hills (Iowa):Q 3:47.82	3/4
3	9	JodyAnn DIXON, Lazericka LOUIS, Diandrenique GAINES, Brooke GRAY	#4	Hinds (Miss.) CC I:Q 3:48.99	4/1
4	15	Nyadhol THICHIOT, Taylor MCCREEDY, Britney BROWN, Chloe GARCIA GRAFING	#2	Iowa Central CC DI 4:06.68	4/7
5	16	https://www.tfrrs.org/teams/95006	#5	Hawkeye (Iowa) C DI 4:08.03	3/4
6	22	Melissa ALLEN, Sadie LENZ, Kiley SANDERS, Katelynn TROBAUGH	#6	Sauk Valley (Ill.) C DI 4:16.87	4/9
7	32	https://www.tfrrs.org/teams/104138	#11	Southeastern (Iowa) DI 4:42.62	2/18
8	35	https://www.tfrrs.org/teams/28039	#7	North Iowa Area C 4:51.05	2/18

Women's 4x800 Relay

1	2	https://www.tfrrs.org/teams/20051	#2	Iowa Central CC I:Q 9:28.99	3/4
2	12	https://www.tfrrs.org/teams/85621	#3	Indian Hills (Iowa) DI 10:09.85	2/22
3	16	https://www.tfrrs.org/teams/95006	#5	Hawkeye (Iowa) C DI 10:39.92	2/18
4	17	https://www.tfrrs.org/teams/59718	#1	Iowa Western CC DI 10:41.91	3/4
5	20	https://www.tfrrs.org/teams/104138	#11	Southeastern (Iowa) DI 11:29.88	2/18

Women's High Jump

1	1	Miracle AILES	#1	Iowa Western CCI:Q 1.82m	5-11½	4/27
2	2	Alliyah MCNEIL	#1	Iowa Western CCI:Q 1.78m	5-10	2/4
3	3	Breanna BROWN-MARSHALL	#4	Hinds (Miss.) CC I:Q 1.76m	5-9¼	4/28
4	7	Haleigh HADLEY	#3	Indian Hills (Iowa):Q 1.68m	5-6	4/22
5	9	Kayla JEMISON	#4	Hinds (Miss.) CC I:Q 1.67m	5-5¾	1/22
6	12	Kylee NEIGHBORS	#5	Hawkeye (Iowa) I:Q 1.65m	5-5	4/23
7	20	Jerricka AMBUS	#4	Hinds (Miss.) CC DI 1.60m	5-3	3/4
8	27	Mariah MEBRUER	#9	State Fair (Mo.) DI 1.55m	5-1	12/4
8	27	Jordan SWENSON	#7	North Iowa Area C DI 1.55m	5-1	4/9
8	27	Jade JACKSON	#2	Iowa Central CC DI 1.55m	5-1	2/18
8	27	Antonia SEALY	#1	Iowa Western CC DI 1.55m	5-1	2/18
8	27	Cadence STANLEY	#1	Iowa Western CC DI 1.55m	5-1	2/18
8	27	Kiley SANDERS	#6	Sauk Valley (Ill.) C DI 1.55m	5-1	2/18

Women's Pole Vault

1	20	Jade DURFEY	#2	Iowa Central CC DI 1.95m	6-4¾	2/18
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USTFCCA NJCAA Division I Outdoor Track & Field Regional TFRI Event Summary

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Midwest

Women's Long Jump

1	4	Osayi OMORODION	#1	Iowa Western CCI:Q	6.10m	20-¼	1/28
2	5	Miracle AILES	#1	Iowa Western CCI:Q	6.07mw	19-11 (3.2)	4/22
3	6	Alliyah MCNEIL	#1	Iowa Western CCI:Q	6.04m	19-9¾	2/18
4	9	Victory GEORGE	#1	Iowa Western CCI:Q	5.94m	19-6	3/4
5	11	Antonia SEALY	#1	Iowa Western CCI:Q	5.75m	18-10½	2/18
6	12	Siby YAO	#3	Indian Hills (Iowa):Q	5.74m	18-10 (1.5)	4/1
7	26	Elizabeth GIBSON	#2	Iowa Central CC I:Q	5.57mw	18-3¼ (7.1)	4/22
8	38	Nyadhol THICHOT	#2	Iowa Central CC I:Q	5.25m	17-2¾ (-0.)	3/25
9	40	Katelynn TROBAUGH	#6	Sauk Valley (Ill.):Q	5.24m	17-2¼ (1.3)	4/22
10	42	Breanna BROWN-MARSHALL	#4	Hinds (Miss.) CC I:Q	5.21m	17-1¼	2/4

Women's Triple Jump

1	1	Victory GEORGE	#1	Iowa Western CCI:Q	12.86m	42-2¼	3/4
2	7	Siby YAO	#3	Indian Hills (Iowa):Q	12.12m	39-9¼ (0.5)	4/28
3	13	Kayla JEMISON	#4	Hinds (Miss.) CC I:Q	11.79m	38-8¼ (0.0)	4/28
4	16	Nyadhol THICHOT	#2	Iowa Central CC I:Q	11.72m	38-5½ (1.2)	4/22
5	17	Elizabeth GIBSON	#2	Iowa Central CC I:Q	11.42m	37-5¾ (-0.)	4/2
6	18	Osayi OMORODION	#1	Iowa Western CCI:Q	11.41m	37-5¼	3/4
7	26	Moselle PUNNI	#1	Iowa Western CCI:Q	10.97m	36-0 (1.0)	4/2
8	28	Florence OMODAYO	#8	Southwestern (Iowa):Q	10.71m	35-1¾	2/18
9	31	Adeyeh BREWSTER	#2	Iowa Central CC I:Q	10.54m	34-7	2/18
10	36	Sadie LENZ	#6	Sauk Valley (Ill.):Q	10.31m	33-10 (-2.4)	4/22

Women's Shot Put

1	12	Antonia SEALY	#1	Iowa Western CCI:Q	12.62m	41-5	3/4
2	13	Allison FLANSCHA	#5	Hawkeye (Iowa):Q	12.50m	41-¼	4/23
3	14	Emma SEIDL	#2	Iowa Central CC I:Q	12.49m	40-11¾	3/4
4	18	Molly VENTEICHER	#8	Southwestern (Iowa):Q	12.19m	40-0	4/9
5	21	Victoria ADU	#2	Iowa Central CC I:Q	11.98m	39-3¾	2/18
6	25	Lauren UPMEYER	#1	Iowa Western CCI:Q	11.76m	38-7	2/18
7	26	Lexi WOOD	#2	Iowa Central CC I:Q	11.75m	38-6¾	4/7
8	35	Elizabeth SEBERA	#1	Iowa Western CCI:Q	11.19m	36-8½	2/18
9	37	Esther MENSAH	#2	Iowa Central CC I:Q	11.15m	36-7	2/11
10	39	Cheyenne FEARON	#1	Iowa Western CCI:Q	11.13m	36-6¼	2/11

Women's Discus

1	5	Cheyenne FEARON	#1	Iowa Western CCI:Q	45.29m	148-7	4/22
2	8	Elizabeth SEBERA	#1	Iowa Western CCI:Q	43.98m	144-4	4/15
3	13	Lauren UPMEYER	#1	Iowa Western CCI:Q	42.23m	138-7	4/22
4	25	Khersa MORGAN	#10	Bryant & Stratton DI	38.52m	126-5	3/17
5	28	Allison FLANSCHA	#5	Hawkeye (Iowa):Q	37.95m	124-6	4/23
6	39	Brenna PAULSON	#7	North Iowa Area DI	33.95m	111-5	4/9
7	41	Molly VENTEICHER	#8	Southwestern (Iowa):Q	33.80m	110-11	4/23
8	46	Halsie KELTNER	#7	North Iowa Area DI	32.25m	105-10	4/23
9	48	Emma SEIDL	#2	Iowa Central CC I:Q	32.15m	105-6	3/19
10	50	Lexi WOOD	#2	Iowa Central CC I:Q	31.52m	103-5	3/19

Women's Hammer

1	11	Elizabeth SEBERA	#1	Iowa Western CCI:Q	44.90m	147-4	4/22
2	20	Khersa MORGAN	#10	Bryant & Stratton DI	41.39m	135-10	3/17
3	21	Brenna PAULSON	#7	North Iowa Area DI	41.16m	135-1	4/29
4	26	Esther MENSAH	#2	Iowa Central CC I:Q	39.28m	128-11	4/2
5	28	Cinnamon EVANS	#7	North Iowa Area DI	38.85m	127-6	4/29
6	36	Allison FLANSCHA	#5	Hawkeye (Iowa):Q	37.06m	121-7	4/23
7	40	Molly VENTEICHER	#8	Southwestern (Iowa):Q	34.22m	112-3	4/28
8	44	Lexi WOOD	#2	Iowa Central CC I:Q	33.40m	109-7	4/2
9	45	Madelyn WILSON	#7	North Iowa Area DI	33.19m	108-11	4/23
10	47	Emma SEIDL	#2	Iowa Central CC I:Q	31.69m	104-0	4/15

Women's Javelin

1	4	Antonia SEALY	#1	Iowa Western CCI:Q	42.39m	139-1	4/2
2	11	Lauren UPMEYER	#1	Iowa Western CCI:Q	37.71m	123-9	4/22
3	18	Halsie KELTNER	#7	North Iowa Area DI	34.70m	113-10	4/23
4	21	Elizabeth SEBERA	#1	Iowa Western CCI:Q	33.09m	108-7	3/24
5	23	Kiley SANDERS	#6	Sauk Valley (Ill.):Q	31.95m	104-10	4/22
6	24	Allison FLANSCHA	#5	Hawkeye (Iowa):Q	31.80m	104-4	4/23
7	25	Emma DECKER	#8	Southwestern (Iowa):Q	31.79m	104-4	4/23
8	27	Molly VENTEICHER	#8	Southwestern (Iowa):Q	31.64m	103-10	4/9
9	30	Carlie HOPPE	#5	Hawkeye (Iowa):Q	31.02m	101-9	4/14
10	31	Cadence STANLEY	#1	Iowa Western CCI:Q	30.61m	100-5	4/2

Women's Heptathlon

1	6	Kiley SANDERS	#6	Sauk Valley (Ill.):Q	3,936		4/22
2	7	Katelynn TROBAUGH	#6	Sauk Valley (Ill.):Q	3,900		4/22
3	10	Carlie HOPPE	#5	Hawkeye (Iowa):Q	3,338		4/14
4	11	Brianna OSTERSON	#8	Southwestern (Iowa):Q	3,222		4/14



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West

Women's 100 Meters

1	1	Success UMUKORO	#2	South Plains (Tex):Q 11.45cw	4/22
2	4	Juvonna CORNETTE	#3	Central Arizona I:Q 11.56w (3.4)	4/8
3	6	Niesha BURGHER	#7	Western Texas I:Q 11.65cw	4/22
4	8	Ese AWUSA	#1	New Mexico JC I:Q 11.69cw	4/8
5	11	Ashantai BOLLERS	#1	New Mexico JC I:Q 11.70cw	4/22
6	18	Tijuanique MORTON	#1	New Mexico JC I:Q 11.82cw	4/1
7	20	Xazari NAYLOR	#2	South Plains (Tex):Q 11.87cw	4/22
8	23	Shanique ROWE	#1	New Mexico JC I:Q 11.90cw	4/22
8	23	Kishawna WALLACE	#1	New Mexico JC I:Q 11.90cw	4/22
10	35	Ciara BARDWELL	#5	Mesa (Ariz.) CC DI 12.07	4/16

Women's 100 Meter Hurdles

1	1	Kimeone MCLEOD	#1	New Mexico JC I:Q 13.29cw	4/22
2	6	Joniar THOMAS	#2	South Plains (Tex):Q 13.77cw	4/22
3	7	Ese AWUSA	#1	New Mexico JC I:Q 13.83cw	4/22
4	9	Richara MCNEIL	#1	New Mexico JC I:Q 13.96c	4/29
5	11	Ashyiria SAVAGE	#2	South Plains (Tex):Q 14.10cw	4/22
6	12	Xazari NAYLOR	#2	South Plains (Tex):Q 14.22cw	4/22
7	20	Amoy EDWARDS	#1	New Mexico JC DI 14.74c	4/8
8	23	Jamelia SIMMONS	#2	South Plains (Tex) DI 14.90cw	4/22
9	27	Fatmata CONTEH	#4	Pima (Ariz.) CC DI 15.34 (0.1)	4/22
10	28	Abigail WALLS	#4	Pima (Ariz.) CC DI 15.44	4/16

Women's 200 Meters

1	1	Deshana SKEETE	#1	New Mexico JC I:Q 23.56cw	4/8
2	3	Niesha BURGHER	#7	Western Texas I:Q 23.82cw	4/8
2	3	Ese AWUSA	#1	New Mexico JC I:Q 23.82c	4/1
4	7	Success UMUKORO	#2	South Plains (Tex):Q 23.88cw	4/22
5	10	Ashantai BOLLERS	#1	New Mexico JC I:Q 24.02cw	4/8
6	15	Joniar THOMAS	#2	South Plains (Tex):Q 24.11 (0.0)	3/31
7	19	Juvonna CORNETTE	#3	Central Arizona I:Q 24.25 (0.8)	4/13
8	22	Shanique ROWE	#1	New Mexico JC I:Q 24.53cw	4/1
8	22	Tijuanique MORTON	#1	New Mexico JC I:Q 24.53c	4/1
10	30	Cece CHARLES	#3	Central Arizona DI 24.77 (1.1)	4/13

Women's 400 Meters

1	4	Deshana SKEETE	#1	New Mexico JC I:Q 54.99c	4/29
2	6	Success UMUKORO	#2	South Plains (Tex):Q 55.12c	4/8
3	9	Dy'Mond WILEY	#7	Western Texas I:Q 55.47c	4/29
4	11	Maria SIMANCA	#1	New Mexico JC I:Q 55.69	3/24
5	14	Shadae FINDLEY	#7	Western Texas I:Q 55.85	3/17
6	15	Cece CHARLES	#3	Central Arizona I:Q 55.92	4/22
7	19	Anna-Kay ALLEN	#2	South Plains (Tex):Q 56.12	3/4
8	21	Camille LEWIS	#2	South Plains (Tex):Q 56.23	3/31
9	22	Amaya PHILLIPS	#2	South Plains (Tex) DI 56.38c	4/22
10	25	Cemore DONALD	#2	South Plains (Tex) DI 56.70	2/11

Women's 400 Meter Hurdles

1	2	Calisha TAYLOR	#1	New Mexico JC I:Q 58.91c	4/29
2	4	Shenell TUCKER	#2	South Plains (Tex):Q 1:00.78	3/31
3	6	Amaya PHILLIPS	#2	South Plains (Tex):Q 1:01.57	3/31
4	9	Corlasia SCOTT	#2	South Plains (Tex):Q 1:03.02c	4/29
5	11	Silet GRAY	#3	Central Arizona I:Q 1:03.21	4/22
6	12	Camille LEWIS	#2	South Plains (Tex):Q 1:03.58c	4/8
7	13	Michaliliah VASSELL	#1	New Mexico JC I:Q 1:03.62	3/23
8	16	Nadine ROSE	#1	New Mexico JC I:Q 1:05.06c	4/29
9	20	Ashanti GORDON	#3	Central Arizona I:Q 1:05.67	4/22
10	21	Fatmata CONTEH	#4	Pima (Ariz.) CC I:Q 1:06.16	4/16

Women's 800 Meters

1	3	Cemore DONALD	#2	South Plains (Tex):Q 2:11.65c	4/8
2	4	Shadae FINDLEY	#7	Western Texas I:Q 2:12.36	3/4
3	9	Letlhogonolo MAGORO	#1	New Mexico JC I:Q 2:15.42c	4/29
4	11	Sancia SMITH	#7	Western Texas I:Q 2:16.29	1/21
5	12	Camille LEWIS	#2	South Plains (Tex):Q 2:16.84	2/18
6	15	Minankolo MAGASSA	#1	New Mexico JC I:Q 2:17.86c	4/29
7	17	Latifah PINNOCK	#7	Western Texas I:Q 2:18.62	3/31
8	20	Audrey CAMP	#6	Southern Idaho I:Q 2:19.06c	4/9
9	21	Brooke STRADLING	#5	Mesa (Ariz.) CC I:Q 2:19.32	3/18
10	23	Kate BROCKMAN	#5	Mesa (Ariz.) CC I:Q 2:20.06	3/24

Women's 1500 Meters

1	2	Audrey CAMP	#6	Southern Idaho I:Q 4:39.01c	4/8
2	6	Damaris CHEWON	#1	New Mexico JC I:Q 4:45.37c	4/1
3	7	Natalya BABCOCK	#6	Southern Idaho I:Q 4:46.00	3/4
4	9	Sharon JESANG	#8	Trinidad State (Cl):Q 4:47.73	3/4
5	11	Beatrice KEDITUKEI	#3	Central Arizona I:Q 4:50.36	4/8
6	13	Joan KIMALEL	#1	New Mexico JC I:Q 4:51.28c	4/1
7	15	Kate BROCKMAN	#5	Mesa (Ariz.) CC I:Q 4:51.33	4/7
8	17	Jaida LYLES	#1	New Mexico JC I:Q 4:51.85c	4/1
9	18	Danielle BROW	#6	Southern Idaho I:Q 4:53.07c	4/8
10	19	Letlhogonolo MAGORO	#1	New Mexico JC I:Q 4:53.46c	4/22

Women's Steeplechase

1	7	Kate BROCKMAN	#5	Mesa (Ariz.) CC I:Q 11:47.57	4/2
2	8	Rushell JOHNSON	#7	Western Texas I:Q 11:48.46c	4/29
3	9	Anette CARRASCO CATA	#3	Central Arizona I:Q 11:57.77	4/8
4	10	Jaida LYLES	#1	New Mexico JC I:Q 11:57.82c	4/29
5	11	Ashley LAGAT	#8	Trinidad State (Cl):Q 11:58.37c	4/21
6	12	Anna HARMON	#5	Mesa (Ariz.) CC I:Q 12:01.91	4/22
7	13	Jeniell JONES	#2	South Plains (Tex):Q 12:09.97c	4/8
8	15	Lisbet PORRAS	#3	Central Arizona I:Q 12:12.20	4/2
9	16	Ashlyn WILLIS	#6	Southern Idaho I:Q 12:18.23	3/25
10	17	Purity KATTAM	#1	New Mexico JC I:Q 12:22.58c	4/22



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West

Women's 5000 Meters

1	2	Damaris CHEWON	#1	New Mexico JC	I:Q 17:19.11	1/29
2	7	Beatrice KEDITUKEI	#3	Central Arizona	I:Q 18:09.62	4/15
3	8	Audrey CAMP	#6	Southern Idaho	I:Q 18:10.55	3/25
4	10	Sharon JESANG	#8	Trinidad State (Cl:Q	18:14.07c	4/1
5	14	Sarah BERTRY	#1	New Mexico JC	I:Q 18:21.62	3/4
6	15	Joan KIMALEL	#1	New Mexico JC	I:Q 18:25.08	3/4
7	16	Danielle BROW	#6	Southern Idaho	I:Q 18:26.30	3/25
8	17	Brooke REED	#6	Southern Idaho	I:Q 18:27.66c	4/29
9	19	Natalya BABCOCK	#6	Southern Idaho	I:Q 18:30.49	3/25
10	21	Taya BREWER	#6	Southern Idaho	I:Q 18:35.68	3/25

Women's 10,000 Meters

1	1	Damaris CHEWON	#1	New Mexico JC	I:Q 36:33.60c	4/22
2	3	Taya BREWER	#6	Southern Idaho	I:Q 38:45.38c	4/20
3	5	Lacey FRON	#10	Paradise Valley (A:Q	38:51.97	4/13
4	6	Lydia FELIX	#6	Southern Idaho	I:Q 39:04.70c	4/20
5	8	Beatrice KEDITUKEI	#3	Central Arizona	I:Q 39:12.32	3/24
6	10	Sarah BERTRY	#1	New Mexico JC	I:Q 39:14.59c	4/22
7	11	Ashley LAGAT	#8	Trinidad State (Cl:Q	39:44.23c	4/1
8	12	Bella GALLO	#3	Central Arizona	I:Q 40:08.70	3/24
9	15	Lisbet PORRAS	#3	Central Arizona	I:Q 40:34.21	3/24
10	20	Vanessa DOMINGUEZ	#8	Trinidad State (Cl:Q	DI 42:16.23c	4/1

Women's 4x100 Relay

1	1	Xazari NAYLOR, Corlasia SCOTT, Joniar THOMAS, Success UMUKORO	#2	South Plains (Tex:Q	45.36c	4/29
2	3	Silet GRAY, Juvonna CORNETTE, Cece CHARLES, Zamesha MYLE	#3	Central Arizona	I:Q 45.69	4/22
3	8	Ashantai BOLLERS, Shanique ROWE, Kishawna WALLACE, Jada MARTIN	#1	New Mexico JC	I:Q 46.14c	4/29
4	11	Ciara BARDWELL, Zana RYAN, Zaria HAMILTON, Kaitlyn DOYLE	#5	Mesa (Ariz.) CC	I:Q 47.94	4/7
5	17	Camille GARCIA, Lola POSEY, Kaylynn THORNTON, JaMiyah BURTON	#9	Jacksonville (Tex:Q	DI 49.88	4/23
6	21	Samantha EAGAN, Melvina CHEH, Brandi SPANN, Nevaeh COLE	#11	Glendale (Ariz.) C:Q	DI 51.22	3/24
7	22	Dejanae WILMORE, Abigail WALLS, Madison WARREN, Fatmata CONTEH	#4	Pima (Ariz.) CC	DI 51.26	4/22

Women's 4x400 Relay

1	1	Success UMUKORO, Cemore DONALD, Anna-Kay ALLEN, Amaya PHILLIPS	#2	South Plains (Tex:Q	3:41.67	3/23
2	6	Deshana SKEETE, Ashantai BOLLERS, Calisha TAYLOR, Maria SIMANCA	#1	New Mexico JC	I:Q 3:46.30c	4/22
3	8	Silet GRAY, Ashanti GORDON, Cece CHARLES, Zamesha MYLE	#3	Central Arizona	I:Q 3:48.40	4/22
4	12	Ciara BARDWELL, Zaria HAMILTON, Brooke STRADLING, Sara JACOBSON	#5	Mesa (Ariz.) CC	I:Q 3:55.94	4/2
5	13	https://www.tfrrs.org/teams/60191	#7	Western Texas	I:Q 3:57.35	3/4
6	20	Sydney KLUMP, Marissa LOPEZ, Dejanae WILMORE, Nyah TORRES	#4	Pima (Ariz.) CC	DI 4:14.05	4/16
7	24	Melvina CHEH, Nevaeh COLE, Catalina SOTO, Sarae MORALES	#11	Glendale (Ariz.) C:Q	DI 4:17.86	4/2
8	30	Sharon JESANG, Tamsin STEWART, Holly TSOSIE, Kianna QUINTANA	#8	Trinidad State (Cl:Q	DI 4:28.61c	3/18
9	34	https://www.tfrrs.org/teams/565	#13	Phoenix (Ariz.)	DI 4:49.89	2/11

Women's 4x800 Relay

1	3	https://www.tfrrs.org/teams/730	#2	South Plains (Tex:Q	9:29.72	3/4
2	4	https://www.tfrrs.org/teams/7933	#1	New Mexico JC	I:Q 9:34.19	3/4
3	5	https://www.tfrrs.org/teams/656	#5	Mesa (Ariz.) CC	I:Q 9:35.07	3/4
4	14	Arden KESTERSON, Makenzie FOX, Jenna MAKENZIE, Taylor PIZZICA	#12	North Central Tex:Q	DI 10:21.29	3/25

Women's High Jump

1	6	Amaya BROWN	#2	South Plains (Tex:Q	1.69m	5-6½	3/31
2	9	Aaliyah LINDSAY	#1	New Mexico JC	I:Q 1.67m	5-5¾	1/29
3	12	Jaiyah HODGE	#9	Jacksonville (Tex:Q	1.65m	5-5	4/8
4	14	Abigail WALLS	#4	Pima (Ariz.) CC	I:Q 1.62m	5-3¾	4/16
4	14	Zamesha MYLE	#3	Central Arizona	I:Q 1.62m	5-3¾	4/8
6	20	Amoy EDWARDS	#1	New Mexico JC	DI 1.60m	5-3	3/4
7	23	Jamelia SIMMONS	#2	South Plains (Tex:Q	DI 1.58m	5-2¼	4/8
8	24	Joniar THOMAS	#2	South Plains (Tex:Q	DI 1.57m	5-1¾	3/17
8	24	Lexi MYERS	#9	Jacksonville (Tex:Q	DI 1.57m	5-1¾	3/18
10	27	Emily FELIX	#4	Pima (Ariz.) CC	DI 1.55m	5-1	3/18



USTFCCA NJCAA Division I Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2022 Week #6, May 2

as of 5/2/2022 8:43:01 AM

West

Women's Pole Vault

1	1	Jaida OLSON	#4	Pima (Ariz.) CC	I:Q 3.80m	12-5½	4/2
2	3	TaraLee MCKARNS	#2	South Plains (Tex.)	I:Q 3.35m	10-11¾	3/4
3	4	Alexa CONTRERAS	#1	New Mexico JC	I:Q 3.25m	10-8	4/8
4	8	Darian CALICDAN	#4	Pima (Ariz.) CC	I:Q 3.20m	10-6	4/16
5	10	Sarahi BAEZA	#2	South Plains (Tex.)	I:Q 3.17m	10-4¾	4/29
6	13	Candice POCASE	#4	Pima (Ariz.) CC	DI 3.01m	9-10½	4/22
7	15	Aaliyah PRICE	#11	Glendale (Ariz.) CC	DI 2.86m	9-4½	4/22
8	16	Littlewood ELIZABETH	#4	Pima (Ariz.) CC	DI 2.78m	9-1½	3/18
9	17	Anessa RODRIGUEZ	#5	Mesa (Ariz.) CC	DI 2.60m	8-6¼	1/29
10	19	Iliana VIJARRO	#4	Pima (Ariz.) CC	DI 2.26m	7-5	4/22

Women's Long Jump

1	2	Joniar THOMAS	#2	South Plains (Tex.)	I:Q 6.32m	20-9	3/4
2	3	Richara MCNEIL	#1	New Mexico JC	I:Q 6.11m	20-½ (7.5)	4/22
3	8	Aaliyah LINDSAY	#1	New Mexico JC	I:Q 5.95m	19-6¼	1/21
4	12	Amoy EDWARDS	#1	New Mexico JC	I:Q 5.74m	18-10	1/29
5	15	Abria PAUL	#12	North Central Tex.	I:Q 5.68m		3/12
6	16	Jacklyn TRICE	#4	Pima (Ariz.) CC	I:Q 5.65m		4/16
7	17	Jamelia SIMMONS	#2	South Plains (Tex.)	I:Q 5.64m	18-6 (7.6)	4/22
8	25	Kaise UGEH	#3	Central Arizona	I:Q 5.58m	18-3¾ (1.6)	3/18
9	27	Zamesha MYLE	#3	Central Arizona	DI 5.54m		3/24
9	27	Dejah FULLER	#2	South Plains (Tex.)	DI 5.54m	18-2¼	1/21

Women's Triple Jump

1	3	Zamesha MYLE	#3	Central Arizona	I:Q 12.39m	40-7¾ (1.5)	4/13
2	5	Dejah FULLER	#2	South Plains (Tex.)	I:Q 12.22m	40-1¼	3/4
3	6	Aaliyah LINDSAY	#1	New Mexico JC	I:Q 12.20m	40-½	3/4
4	9	MarieClaire ETONGA	#1	New Mexico JC	I:Q 12.04m	39-6 (1.8)	4/29
5	10	Ahniesha PRESULUME	#1	New Mexico JC	I:Q 11.99m	39-4 (1.4)	4/8
6	12	Jayla BROWN	#1	New Mexico JC	I:Q 11.84m	38-10¼ (2)	4/8
7	19	Abria PAUL	#12	North Central Tex.	DI 11.28m		3/12
8	34	Littlewood ELIZABETH	#4	Pima (Ariz.) CC	DI 10.46m		4/2
9	37	Jamelia SIMMONS	#2	South Plains (Tex.)	DI 10.29m	33-9¼ (0.4)	4/22
10	39	Jaida OLSON	#4	Pima (Ariz.) CC	DI 10.26m		4/2

Women's Shot Put

1	2	Princess KARA	#3	Central Arizona	I:Q 15.03m	49-3¾	3/24
2	7	Kaise UGEH	#3	Central Arizona	I:Q 13.56m	44-6	4/8
3	9	Karsten DEAKIN	#5	Mesa (Ariz.) CC	I:Q 13.28m	43-7	4/2
4	17	Julianna PEREZ	#5	Mesa (Ariz.) CC	DI 12.27m	40-3¼	2/5
5	21	Luciana CHAVEZ	#4	Pima (Ariz.) CC	DI 11.98m	39-3¾	2/11
6	30	Akira JONES	#4	Pima (Ariz.) CC	DI 11.59m	38-¼	4/16
7	32	Ronelle PLAZA	#2	South Plains (Tex.)	DI 11.53m	37-10	3/31
8	34	Shakera KIK	#3	Central Arizona	DI 11.39m	37-4½	3/24
9	39	Kimola HINES	#2	South Plains (Tex.)	DI 11.13m	36-6¼	1/21
10	44	Amoy EDWARDS	#1	New Mexico JC	DI 11.04m	36-2¾	3/4

Women's Discus

1	1	Princess KARA	#3	Central Arizona	I:Q 55.57m	182-4	4/13
2	3	Kimola HINES	#2	South Plains (Tex.)	I:Q 46.33m	152-0	3/17
3	9	Kaise UGEH	#3	Central Arizona	I:Q 43.74m	143-6	4/13
4	10	Victoria MALAKI	#4	Pima (Ariz.) CC	I:Q 42.86m	140-8	4/22
5	12	Shakera KIK	#3	Central Arizona	I:Q 42.55m	139-7	3/24
6	14	Akira JONES	#4	Pima (Ariz.) CC	I:Q 41.91m	137-6	4/16
7	15	Luciana CHAVEZ	#4	Pima (Ariz.) CC	I:Q 41.36m	135-9	4/8
8	16	Karsten DEAKIN	#5	Mesa (Ariz.) CC	I:Q 41.32m	135-7	4/2
9	17	Julianna PEREZ	#5	Mesa (Ariz.) CC	I:Q 40.80m	133-10	4/2
10	31	Audrey ARMSTRONG	#10	Paradise Valley (Ariz.)	DI 36.33m	119-3	4/2

Women's Hammer

1	7	Audrey ARMSTRONG	#10	Paradise Valley (Ariz.)	I:Q 47.56m	156-1	3/24
2	8	Julianna PEREZ	#5	Mesa (Ariz.) CC	I:Q 45.79m	150-3	4/22
3	10	Karsten DEAKIN	#5	Mesa (Ariz.) CC	I:Q 45.45m	149-2	4/2
4	14	Luciana CHAVEZ	#4	Pima (Ariz.) CC	I:Q 43.82m	143-9	3/24
5	15	Kaprice FARACI	#5	Mesa (Ariz.) CC	I:Q 43.73m	143-6	3/24
6	18	Akira JONES	#4	Pima (Ariz.) CC	DI 42.47m	139-4	4/16
7	23	Ronelle PLAZA	#2	South Plains (Tex.)	DI 40.76m	133-9	4/8
8	29	Kimola HINES	#2	South Plains (Tex.)	DI 38.69m	126-11	4/29
9	33	Alana JONES	#4	Pima (Ariz.) CC	DI 37.69m	123-8	4/22
10	37	Sarah SHEITELMAN	#11	Glendale (Ariz.) CC	DI 36.13m	118-7	4/16

Women's Javelin

1	3	Kaise UGEH	#3	Central Arizona	I:Q 42.97m	141-0	4/22
2	7	Sara JACOBSON	#5	Mesa (Ariz.) CC	I:Q 38.78m	127-3	4/16
3	9	Kaprice FARACI	#5	Mesa (Ariz.) CC	I:Q 38.64m	126-9	4/2
4	12	Valeria IBARRA	#4	Pima (Ariz.) CC	I:Q 37.49m	123-0	4/8
5	13	Jessica BRIGHT-SHADE	#4	Pima (Ariz.) CC	I:Q 37.36m	122-7	4/8
6	15	Joniar THOMAS	#2	South Plains (Tex.)	I:Q 36.79m	120-9	3/31
7	16	Ariana LUERA	#10	Paradise Valley (Ariz.)	DI 36.27m	119-0	4/13
8	17	Ayanna VALENZUELA	#4	Pima (Ariz.) CC	DI 36.07m	118-4	4/2
9	28	Shay BERNAL	#5	Mesa (Ariz.) CC	DI 31.29m	102-8	3/18
10	33	Jamelia SIMMONS	#2	South Plains (Tex.)	DI 29.25m	95-11¼	4/8

Women's Heptathlon

1	1	Joniar THOMAS	#2	South Plains (Tex.)	I:Q 5,256		3/31
2	2	Jamelia SIMMONS	#2	South Plains (Tex.)	I:Q 4,450A		4/8
3	3	Sara JACOBSON	#5	Mesa (Ariz.) CC	I:Q 4,357		3/24
4	4	Amoy EDWARDS	#1	New Mexico JC	I:Q 4,273A		4/8
5	12	Shay BERNAL	#5	Mesa (Ariz.) CC	I:Q 2,770		3/24