










U.S. Track & Field and Cross Country Coaches Association








Wednesday, November 11, 2009

Division II Cross Country National Rankings

Gender: **Women**

Week: **Pre NCAA**s

1		Grand Valley State Great Lakes Intercollegiate Athletic Conference Midwest	Previous: 1
- 0			
2		Missouri Southern State Mid-America Intercollegiate Athletics Association South Central	Previous: 3
↑ 1			
3		Alaska Anchorage Great Northwest Athletic Conference West	Previous: 5
↑ 2			
4		Adams State Rocky Mountain Athletic Conference Central	Previous: 4
- 0			
5		Chico State California Collegiate Athletic Association West	Previous: 2
↓ 3			
6		Seattle Pacific Great Northwest Athletic Conference West	Previous: 6
- 0			
7		Western State Rocky Mountain Athletic Conference Central	Previous: 12
↑ 5			

8		Shippensburg Pennsylvania State Athletic Conference Atlantic	Previous: 8
- 0			
9		Augustana (South Dakota) Northern Sun Intercollegiate Conference Central	Previous: 7
↓ 2			
10		Southern Indiana Great Lakes Valley Conference Midwest	Previous: 9
↓ 1			
11		Western Washington Great Northwest Athletic Conference West	Previous: 10
↓ 1			
12		Tampa Sunshine State Conference South	Previous: 11
↓ 1			
13		Dallas Baptist Heartland Conference South Central	Previous: 17
↑ 4			
14		Ferris State Great Lakes Intercollegiate Athletic Conference Midwest	Previous: 18
↑ 4			










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15		Truman State <i>Mid-America Intercollegiate Athletics Association</i> <i>South Central</i>	↓ 1	Previous: 14
16		Kutztown <i>Pennsylvania State Athletic Conference</i> <i>Atlantic</i>	↑	Previous:
17		Stonehill <i>Northeast-10 Conference</i> <i>East</i>	↑ 5	Previous: 22
18		Bloomsburg <i>Pennsylvania State Athletic Conference</i> <i>Atlantic</i>	↓ 2	Previous: 16
19		Mary <i>Northern Sun Intercollegiate Conference</i> <i>Central</i>	↑	Previous:
20		Metro State <i>Rocky Mountain Athletic Conference</i> <i>Central</i>	↑	Previous:
21		Minnesota Duluth <i>Northern Sun Intercollegiate Conference</i> <i>Central</i>	↓ 8	Previous: 13

22		Harding <i>Gulf South Conference</i> <i>South</i>	↑ 2	Previous: 24
23		Hillsdale <i>Great Lakes Intercollegiate Athletic Conference</i> <i>Midwest</i>	↓ 4	Previous: 19
24		Pittsburg State <i>Mid-America Intercollegiate Athletics Association</i> <i>South Central</i>	↓ 4	Previous: 20
25		UMass Lowell <i>Northeast-10 Conference</i> <i>East</i>	↑	Previous:

Dropped Out:

No. 15 Mesa State, No. 21 Slippery Rock, No. 23 Colorado School of Mines, and No. 25 Bellarmine.