

















U.S. Track & Field and Cross Country Coaches Association

Wednesday, September 30, 2009

Division II Cross Country National Rankings

Gender: **Women**

Week: **3**

1		Adams State <i>Rocky Mountain Athletic Conference</i> Central	Previous: 1
- 0			
2		Grand Valley State <i>Great Lakes Intercollegiate Athletic Conference</i> Midwest	Previous: 2
- 0			
3		Chico State <i>California Collegiate Athletic Association</i> West	Previous: 5
↑ 2			
4		Shippensburg <i>Pennsylvania State Athletic Conference</i> Atlantic	Previous: 6
↑ 2			
5		Alaska Anchorage <i>Great Northwest Athletic Conference</i> West	Previous: 7
↑ 2			
6		Minnesota Duluth <i>Northern Sun Intercollegiate Conference</i> Central	Previous: 10
↑ 4			
7		Missouri Southern State <i>Mid-America Intercollegiate Athletics Association</i> South Central	Previous: 8
↑ 1			
8		Western Washington <i>Great Northwest Athletic Conference</i> West	Previous: 9
↑ 1			
9		Tampa <i>Sunshine State Conference</i> South	Previous: 13
↑ 4			
10		Augustana (South Dakota) <i>Northern Sun Intercollegiate Conference</i> Central	Previous: 3
↓ 7			
11		Western State <i>Rocky Mountain Athletic Conference</i> Central	Previous: 4
↓ 7			
12		Seattle Pacific <i>Great Northwest Athletic Conference</i> West	Previous: 12
- 0			
13		Southern Indiana <i>Great Lakes Valley Conference</i> Midwest	Previous: 11
↓ 2			
14		Ashland <i>Great Lakes Intercollegiate Athletic Conference</i> Midwest	Previous: 14
- 0			










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15		Mesa State <i>Rocky Mountain Athletic Conference</i> Central	↑ 1	Previous: 16
16		Dallas Baptist <i>Heartland Conference</i> South Central	↑ 1	Previous: 17
17		Hillsdale <i>Great Lakes Intercollegiate Athletic Conference</i> Midwest	↑ 1	Previous: 18
18		Pittsburg State <i>Mid-America Intercollegiate Athletics Association</i> South Central	↑ 1	Previous: 19
19		Cal State LA <i>California Collegiate Athletic Association</i> West	↓ 4	Previous: 15
20		Ferris State <i>Great Lakes Intercollegiate Athletic Conference</i> Midwest	↑ 3	Previous: 23
21		Northern Kentucky <i>Great Lakes Valley Conference</i> Midwest	↓ 1	Previous: 20

22		Stonehill <i>Northeast-10 Conference</i> East	- 0	Previous: 22
23		Slippery Rock <i>Pennsylvania State Athletic Conference</i> Atlantic	↑ 1	Previous: 24
24		Harding <i>Gulf South Conference</i> South	↓ 3	Previous: 21
25		Adelphi <i>Northeast-10 Conference</i> East	- 0	Previous: 25

Dropped Out:
None.