



# U.S. Track & Field and Cross Country Coaches Association

Tuesday, September 15, 2009











## Division II Cross Country Rankings - By Region

Gender: **Women**











Ranking: **Regional**

Week: **Week 1**

### Atlantic

Rank	School
1	 <b>Shippensburg</b>
2	 <b>Slippery Rock</b>
3	 <b>Edinboro</b>
4	 <b>Millersville</b>
5	 <b>Bloomsburg</b>
6	 <b>Kutztown</b>
7	 <b>Lock Haven</b>
8	 <b>West Virginia Wesleyan</b>
9	 <b>West Chester</b>
10	 <b>Alderson-Broaddus</b>

### Central

Rank	School
1	 <b>Adams State</b>
2	 <b>Augustana (South Dakota)</b>
3	 <b>Western State</b>
4	 <b>Minnesota Duluth</b>
5	 <b>Mesa State</b>
6	 <b>Minnesota State</b>
7	 <b>Colorado School of Mines</b>
8	 <b>Metro State</b>
9	 <b>Mary</b>
10	 <b>Wayne State (Nebraska)</b>



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East	
Rank	School
1	 Stonehill
2	 Adelphi
3	 Southern Connecticut State
4	 UMass Lowell
5	 Philadelphia
6	 Saint Rose
7	 Bentley
8	 Merrimack
9	 Le Moyne
10	 Georgian Court

Midwest	
Rank	School
1	 Grand Valley State
2	 Southern Indiana
3	 Ashland
4	 Northern Kentucky
5	 Ferris State
6	 Findlay
7	 Northern Michigan
8	 Bellarmine
9	 Michigan Tech
10	 Lewis



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### South

Rank	School
1	 Tampa
2	 Harding
3	 Arkansas Tech
4	 Florida Southern
5	 West Georgia
6	 Florida Tech
7	 West Alabama
8	 UAH
9	 Valdosta State
10	 Nova Southeastern

### South Central

Rank	School
1	 Missouri Southern State
2	 MSU Midwestern State
3	 Dallas Baptist
4	 Pittsburg State
5	 Truman State
6	 Central Missouri
7	 Southwest Baptist
8	 Fort Hays State
9	 Eastern New Mexico
10	 Incarnate Word



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### Southeast

Rank	School
1	 <b>Lees-McRae</b>
2	 <b>Columbus State</b>
3	 <b>Augusta State</b>
4	 <b>Queens of Charlotte</b>
5	 <b>Lenoir-Rhyne</b>
6	 <b>Georgia College &amp; State U.</b>
7	 <b>Anderson (South Carolina)</b>
8	 <b>North Georgia College &amp; State U.</b>
9	 <b>Converse</b>
10	 <b>Carson-Newman</b>

### West

Rank	School
1	 <b>Seattle Pacific</b>
2	 <b>Chico State</b>
3	 <b>Alaska Anchorage</b>
4	 <b>Western Washington</b>
5	 <b>Cal State LA</b>
6	 <b>UC San Diego</b>
7	 <b>BYU Hawaii</b>
8	 <b>Humboldt State</b>
9	 <b>Northwest Nazarene</b>
10	 <b>Western Oregon</b>