













U.S. Track & Field and Cross Country Coaches Association











Tuesday, September 29, 2009

Division II Cross Country Rankings - By Region Gender: **Women** Ranking: **Regional** Week: **3**

Atlantic

Rank	School
1	 Shippensburg
2	 Slippery Rock
3	 Lock Haven
4	 Millersville
5	 Edinboro
6	 Bloomsburg
7	 Kutztown
8	 East Stroudsburg
9	 West Virginia Wesleyan
10	 Alderson-Broadus

Central











Rank	School
1	 Adams State
2	 Minnesota Duluth
3	 Augustana (South Dakota)
4	 Western State
5	 Mesa State
6	 Fort Lewis
7	 Colorado School of Mines
8	 Winona State
9	 Mary
10	 Wayne State (Nebraska)



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East	
Rank	School
1	 Stonehill
2	 Adelphi
3	 Southern Connecticut State
4	 UMass Lowell
5	 Bentley
6	 Philadelphia
7	 Saint Rose
8	 NYIT NYIT
9	 Merrimack
10	 Georgian Court











Midwest	
Rank	School
1	 Grand Valley State
2	 Southern Indiana
3	 Ashland
4	 Hillsdale
5	 Northern Kentucky
6	 Ferris State
7	 Findlay
8	 Bellarmine
9	 Northern Michigan
10	 Lewis













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South	
Rank	School
1	 Tampa
2	 Harding
3	 Arkansas Tech
4	 Florida Southern
5	 West Georgia
6	 Florida Tech
7	 West Florida
8	 UAH
9	 Nova Southeastern
10	 West Alabama

South Central	
Rank	School
1	 Missouri Southern State
2	 Dallas Baptist
3	 Pittsburg State
4	 Truman State
5	 Midwestern State
6	 Central Missouri
7	 Fort Hays State
8	 Northwest Missouri State
9	 West Texas A&M
10	 Southwest Baptist



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Southeast	
Rank	School
1	 Queens of Charlotte
2	 Lees-McRae
3	 Columbus State
4	 Augusta State
5	 Lenoir-Rhyne
6	 Anderson (South Carolina)
7	 Carson-Newman
8	 Converse
9	 Montevallo
10	 Georgia College & State U.

West	
Rank	School
1	 Chico State
2	 Alaska Anchorage
3	 Western Washington
4	 Seattle Pacific
5	 Cal State LA
6	 Cal Poly Pomona
7	 UC San Diego
8	 Northwest Nazarene
9	 Western Oregon
10	 BYU Hawaii