













U.S. Track & Field and Cross Country Coaches Association

Tuesday, October 20, 2009

Division II Cross Country Rankings - **By Region** Gender: **Women** Ranking: **Regional** Week: **6**

| Atlantic | |
|----------|--|
| Rank | School |
| 1 |  Shippensburg |
| 2 |  Kutztown |
| 3 |  Slippery Rock |
| 4 |  Lock Haven |
| 5 |  Bloomsburg |
| 6 |  Millersville |
| 7 |  East Stroudsburg |
| 8 |  West Virginia Wesleyan |
| 9 |  Mansfield |
| 10 |  Edinboro |

| Central | |
|---------|--|
| Rank | School |
| 1 |  Adams State |
| 2 |  Augustana (South Dakota) |
| 3 |  Mesa State |
| 4 |  Minnesota Duluth |
| 5 |  Western State |
| 6 |  Colorado School of Mines |
| 7 |  Mary |
| 8 |  Fort Lewis |
| 9 |  Winona State |
| 10 |  Minnesota State |



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Gender: **Women**

Ranking: **Regional**

Week: **6**

| East | |
|------|--|
| Rank | School |
| 1 |  Stonehill |
| 2 |  Adelphi |
| 3 |  UMass Lowell |
| 4 |  Southern Connecticut State |
| 5 |  Bentley |
| 6 |  Philadelphia |
| 7 |  Saint Rose |
| 8 |  Georgian Court |
| 9 |  NYIT NYIT |
| 10 |  New Haven |











| Midwest | |
|---------|--|
| Rank | School |
| 1 |  Grand Valley State |
| 2 |  Southern Indiana |
| 3 |  Ferris State |
| 4 |  Hillsdale |
| 5 |  Findlay |
| 6 |  Ashland |
| 7 |  Bellarmine |
| 8 |  Northern Michigan |
| 9 |  Northern Kentucky |
| 10 |  Lewis |













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| South | |
|-------|--|
| Rank | School |
| 1 |  Tampa |
| 2 |  Harding |
| 3 |  Arkansas Tech |
| 4 |  West Florida |
| 5 |  Florida Southern |
| 6 |  Florida Tech |
| 7 |  West Georgia |
| 8 |  West Alabama |
| 9 |  UAH |
| 10 |  Valdosta State |

| South Central | |
|---------------|--|
| Rank | School |
| 1 |  Missouri Southern State |
| 2 |  Dallas Baptist |
| 3 |  Truman State |
| 4 |  Pittsburg State |
| 5 |  Fort Hays State |
| 6 |  Northwest Missouri State |
| 7 |  Central Missouri |
| 8 |  Midwestern State |
| 9 |  Emporia State |
| 10 |  Angelo State |













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Southeast

| Rank | School |
|------|---|
| 1 |  Queens of Charlotte |
| 2 |  Lees-McRae |
| 3 |  Lenoir-Rhyne |
| 4 |  Columbus State |
| 5 |  Augusta State |
| 6 |  Anderson (South Carolina) |
| 7 |  Carson-Newman |
| 8 |  Converse |
| 9 |  Montevallo |
| 10 |  Georgia College & State U. |

West

| Rank | School |
|------|--|
| 1 |  Chico State |
| 2 |  Alaska Anchorage |
| 3 |  Seattle Pacific |
| 4 |  Western Washington |
| 5 |  UC San Diego |
| 6 |  Cal State LA |
| 7 |  Cal Poly Pomona |
| 8 |  Northwest Nazarene |
| 9 |  BYU Hawaii |
| 10 |  Western Oregon |