

**2016 Indoor Track & Field, Week #1****MEN**

ATLANTIC Region				
Current	Chng	Last	School	This Week Total
1			Shippensburg	534.46
2			Slippery Rock	385.98
3			Saint Augustine's	209.88
4			Lock Haven	165.63
5			Virginia State	164.56
6			Johnson C. Smith	123.66
7			Notre Dame (Ohio)	111.21
8			Kutztown	109.69
9			West Chester	100.40
10			East Stroudsburg	87.38

MIDWEST Region				
Current	Chng	Last	School	This Week Total
1			Grand Valley State	376.99
2			Tiffin	323.82
3			Lewis	278.72
4			Saginaw Valley State	222.14
5			Hillsdale	220.04
6			Ashland	200.62
7			Findlay	153.55
8			Southern Indiana	104.93
9			Saint Joseph's (Ind.)	84.34
10			McKendree	72.32

SOUTHEAST Region				
Current	Chng	Last	School	This Week Total
1			Limestone	418.99
2			Queens (N.C.)	255.39
3			Mount Olive	243.72
4			Carson-Newman	231.88
5			Wingate	134.54
6			Anderson (S.C.)	119.25
7			Barton	115.74
8			North Greenville	104.26
9			Mars Hill	103.01
10			Clayton State	96.87

CENTRAL Region				
Current	Chng	Last	School	This Week Total
1			Minnesota State	360.93
2			Lincoln (Mo.)	290.77
3			Pittsburg State	205.37
4			Missouri Southern	198.65
5			Neb.-Kearney	143.27
6			Emporia State	117.36
7			Oklahoma Baptist	116.48
8			St. Cloud State	106.67
9			Southern Nazarene	100.47
10			Southwest Baptist	94.97

SOUTH Region				
Current	Chng	Last	School	This Week Total
1			Shorter	479.04
2			Alabama-Huntsville	320.62
3			Benedict	320.62
4			Embry-Riddle (Fla.)	219.07
5			Claflin	206.01
6			Lee (Tenn.)	131.40
7			Mississippi College	126.05
8			Central State	125.60
9			Emmanuel (Ga.)	118.41
10			Kentucky State	93.90

WEST Region				
Current	Chng	Last	School	This Week Total
1			Alaska Anchorage	380.36
2			Western Washington	319.22
3			Azusa Pacific	283.15
4			Western Oregon	204.19
5			Montana St.-Billings	196.00
6			Northwest Nazarene	192.62
7			Academy of Art	190.34
8			Simon Fraser	184.99
9			Central Washington	180.80
10			Saint Martin's	97.36

EAST Region				
Current	Chng	Last	School	This Week Total
1			American International	496.82
2			Southern Connecticut	436.05
3			Franklin Pierce	283.48
4			Merrimack	218.03
5			New Haven	153.35
6			St. Thomas Aquinas	130.42
7			Stonehill	130.20
8			Roberts Wesleyan	94.24
9			Bentley	91.26
10			Georgian Court	91.15

SOUTH CENTRAL Region				
Current	Chng	Last	School	This Week Total
1			Western State	360.91
2			Adams State	347.31
3			Chadron State	324.00
4			Colorado Mines	304.38
5			Texas A&M-Kingsville	231.80
6			CSU-Pueblo	201.15
7			West Texas A&M	138.62
8			Black Hills State	130.20
9			Oklahoma Christian	122.86
10			South Dakota Mines	62.82



2016 Indoor Track & Field, Week #1

WOMEN

ATLANTIC Region				
Current	Chng	Last	School	This Week Total
1			Slippery Rock	376.53
2			Johnson C. Smith	267.24
3			Shippensburg	255.54
4			Saint Augustine's	174.97
5			Bloomsburg	173.28
6			Winston-Salem State	153.00
7			Seton Hill	151.69
8			Kutztown	109.66
9			Lock Haven	95.00
10			Edinboro	90.64

MIDWEST Region				
Current	Chng	Last	School	This Week Total
1			Grand Valley State	411.70
2			Lewis	320.58
3			Hillsdale	299.22
4			Ashland	240.92
5			Tiffin	197.11
6			Findlay	156.71
7			Saginaw Valley State	118.77
8			Wayne State (Mich.)	93.58
9			Indianapolis	81.21
10			McKendree	74.94

SOUTHEAST Region				
Current	Chng	Last	School	This Week Total
1			Queens (N.C.)	388.44
2			Montevallo	221.97
3			Southern Wesleyan (S.C.)	202.38
4			Limestone	186.92
5			UNC Pembroke	154.07
6			Mount Olive	144.41
7			Carson-Newman	144.25
8			Clayton State	122.91
9			Wingate	115.27
10			Anderson (S.C.)	106.49

CENTRAL Region				
Current	Chng	Last	School	This Week Total
1			Lincoln (Mo.)	397.83
2			Minnesota State	262.04
3			Pittsburg State	243.31
4			Central Missouri	170.25
5			Winona State	160.98
6			U-Mary	154.52
7			Minnesota Duluth	134.52
8			Missouri Southern	124.83
9			Northwest Missouri	122.41
10			Sioux Falls	94.86

SOUTH Region				
Current	Chng	Last	School	This Week Total
1			Shorter	594.05
2			Embry-Riddle (Fla.)	261.23
3			Alabama-Huntsville	256.78
4			Mississippi College	225.94
5			Benedict	215.82
6			Clafin	213.73
7			Kentucky State	144.54
8			Emmanuel (Ga.)	99.38
9			North Alabama	55.08
10			Central State	51.03

WEST Region				
Current	Chng	Last	School	This Week Total
1			Seattle Pacflc	303.97
2			Alaska Anchorage	287.24
3			Azusa Pacific	226.37
4			Simon Fraser	177.84
5			Northwest Nazarene	175.81
6			Central Washington	174.84
7			Montana St.-Billings	164.52
8			Academy of Art	149.66
9			Cal State Stanislaus	131.39
10			Western Oregon	121.44

EAST Region				
Current	Chng	Last	School	This Week Total
1			Southern Connecticut	317.88
2			Stonehill	289.24
3			Merrimack	262.97
4			Adelphi	210.59
5			Franklin Pierce	175.67
6			Roberts Wesleyan	165.44
7			Queens (N.Y.)	155.92
8			New Haven	151.71
9			American International	148.73
10			UDC	131.18

SOUTH CENTRAL Region				
Current	Chng	Last	School	This Week Total
1			Chadron State	346.21
2			Adams State	266.09
3			CSU-Pueblo	264.99
4			West Texas A&M	236.64
5			Western State	184.08
6			Texas A&M-Kingsville	168.81
7			Colorado Mesa	158.52
8			Colorado Mines	150.52
9			Angelo State	135.24
10			Black Hills State	123.71