



2016 Indoor Track & Field, Week #3

MEN

ATLANTIC Region				
Current	Chng	Last	School	This Week Total
1		1	Shippensburg	495.42
2	▲ 1	3	Saint Augustine's	270.85
3	▼ 1	2	Lock Haven	237.30
4	▲ 4	8	Indiana (Pa.)	119.59
5	▲ 4	9	East Stroudsburg	110.99
6	▼ 1	5	Johnson C. Smith	107.04
7	▼ 3	4	Kutztown	104.14
8	▼ 1	7	Notre Dame (Ohio)	88.49
9	▼ 3	6	West Chester	86.56
10		10	Virginia Union	77.28

CENTRAL Region				
Current	Chng	Last	School	This Week Total
1		1	Minnesota State	327.34
2		2	Lincoln (Mo.)	321.31
3		3	Pittsburg State	236.23
4		4	Missouri Southern	233.91
5	▲ 1	6	Northwest Missouri	151.00
6	▼ 1	5	Neb.-Kearney	137.30
7	▲ 2	9	Central Missouri	122.34
8		8	Emporia State	108.30
9	▼ 2	7	Southern Nazarene	95.37
10	▲ 3	13	St. Cloud State	93.85

EAST Region				
Current	Chng	Last	School	This Week Total
1		1	American International	531.55
2		2	Southern Connecticut	383.80
3		3	Franklin Pierce	297.79
4		4	Merrimack	228.65
5		5	Stonehill	161.43
6		6	New Haven	148.82
7		7	St. Thomas Aquinas	118.45
8	▲ 1	9	Bentley	110.76
9	▼ 1	8	Georgian Court	100.85
10		10	Roberts Wesleyan	88.12

MIDWEST Region				
Current	Chng	Last	School	This Week Total
1		1	Grand Valley State	458.03
2		2	Tiffin	350.67
3		3	Lewis	228.92
4	▲ 2	6	Hillsdale	214.07
5	▼ 1	4	Saginaw Valley State	200.36
6	▼ 1	5	Ashland	186.74
7		7	Findlay	157.23
8		8	Southern Indiana	106.98
9		9	Indianapolis	98.40
10	▲ 2	12	Saint Joseph's (Ind.)	72.13

SOUTH Region				
Current	Chng	Last	School	This Week Total
1		1	Shorter	421.96
2	▲ 1	3	Alabama-Huntsville	399.76
3	▼ 1	2	Embry-Riddle (Fla.)	336.95
4		4	Benedict	273.71
5		5	Lee (Tenn.)	228.70
6		6	Claflin	185.16
7		7	Mississippi College	123.51
8		8	Central State	0.00
9		8	Emmanuel (Ga.)	0.00
10		8	Kentucky State	0.00

SOUTH CENTRAL Region				
Current	Chng	Last	School	This Week Total
1	▲ 4	5	Adams State	381.31
2	▼ 1	1	Colorado Mines	355.32
3	▼ 1	2	Western State	300.18
4	▲ 2	6	Texas A&M-Commerce	297.46
5	▼ 2	3	Texas A&M-Kingsville	254.80
6	▼ 2	4	Chadron State	254.06
7	▲ 1	8	West Texas A&M	216.45
8	▼ 1	7	CSU-Pueblo	135.50
9	▲ 1	10	Black Hills State	74.95
10	▼ 1	9	Colorado Mesa	72.15

SOUTHEAST Region				
Current	Chng	Last	School	This Week Total
1		1	Limestone	401.05
2		2	Mount Olive	363.42
3	▲ 1	4	Carson-Newman	268.78
4	▼ 1	3	Queens (N.C.)	242.99
5		5	Wingate	187.75
6		6	North Greenville	150.13
7		7	Barton	107.59
8	▲ 2	10	UNC Pembroke	81.12
9		9	Lenoir-Rhyne	81.06
10	▼ 2	8	Mars Hill	70.36

WEST Region				
Current	Chng	Last	School	This Week Total
1		1	Alaska Anchorage	402.20
2		2	Azusa Pacific	361.13
3		3	Western Washington	309.01
4	▲ 2	6	Western Oregon	286.74
5	▼ 1	4	Academy of Art	264.87
6	▼ 1	5	Simon Fraser	239.29
7		7	Northwest Nazarene	191.94
8		8	Central Washington	148.56
9		9	Montana St.-Billings	108.95
10		10	Saint Martin's	80.26



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WOMEN

ATLANTIC Region				
Current	Chng	Last	School	This Week Total
1		1	Johnson C. Smith	253.74
2		2	Shippensburg	230.55
3		3	Saint Augustine's	224.96
4	▲ 1	5	Bloomsburg	160.95
5	▲ 2	7	Winston-Salem State	144.35
6	▼ 2	4	Seton Hill	142.07
7	▲ 1	8	Kutztown	109.37
8	▲ 3	11	California (Pa.)	102.12
9	▼ 3	6	Edinboro	95.85
10		10	Lock Haven	79.97

CENTRAL Region				
Current	Chng	Last	School	This Week Total
1		1	Lincoln (Mo.)	391.54
2		2	Pittsburg State	300.57
3		3	Minnesota State	207.15
4		4	Central Missouri	184.14
5	▲ 1	6	Minnesota Duluth	179.89
6	▼ 1	5	Augustana (S.D.)	177.10
7	▲ 2	9	Missouri Southern	138.00
8		8	Winona State	133.54
9	▼ 2	7	U-Mary	131.21
10		10	Northwest Missouri	91.75

EAST Region				
Current	Chng	Last	School	This Week Total
1		1	Stonehill	378.72
2	▲ 1	3	Southern Connecticut	304.77
3	▼ 1	2	Merrimack	277.01
4		4	American International	174.15
5	▲ 1	6	Roberts Wesleyan	165.59
6	▲ 1	7	Franklin Pierce	158.69
7	▼ 2	5	Adelphi	157.02
8		8	New Haven	140.31
9		9	UDC	121.42
10	▲ 2	12	Georgian Court	107.52

MIDWEST Region				
Current	Chng	Last	School	This Week Total
1		1	Grand Valley State	448.98
2	▲ 1	3	Hillsdale	306.15
3	▼ 1	2	Lewis	295.83
4		4	Ashland	275.08
5		5	Findlay	198.72
6		6	Tiffin	170.57
7		7	Saginaw Valley State	142.86
8		8	Wayne State (Mich.)	102.50
9	▲ 1	10	Northern Michigan	55.47
10	▲ 1	11	Bellarmine	53.74

SOUTH Region				
Current	Chng	Last	School	This Week Total
1		1	Shorter	552.32
2		2	Embry-Riddle (Fla.)	342.36
3		3	Alabama-Huntsville	283.87
4		4	Mississippi College	253.97
5		5	Benedict	185.67
6		6	Claflin	157.24
7		7	Lee (Tenn.)	95.92
8		8	North Alabama	53.77
9		9	Central State	0.00
10		9	Kentucky State	0.00
11		9	Emmanuel (Ga.)	0.00

SOUTH CENTRAL Region				
Current	Chng	Last	School	This Week Total
1		1	West Texas A&M	323.98
2	▲ 3	5	New Mexico Highlands	285.77
3	▲ 1	4	Adams State	265.74
4	▼ 2	2	Chadron State	240.99
5	▲ 1	6	Western State	184.90
6	▼ 3	3	CSU-Pueblo	169.14
7		7	Texas A&M-Kingsville	134.64
8		8	Colorado Mines	119.16
9	▲ 3	12	Texas A&M-Commerce	100.28
10	▼ 1	9	Colorado Mesa	97.86

SOUTHEAST Region				
Current	Chng	Last	School	This Week Total
1		1	Queens (N.C.)	474.94
2		2	Southern Wesleyan (S.C.)	288.71
3		3	Montevallo	227.74
4		4	Wingate	201.50
5	▲ 1	6	UNC Pembroke	161.55
6	▲ 1	7	Mount Olive	137.51
7	▼ 2	5	Limestone	134.90
8	▲ 1	9	Clayton State	121.85
9	▼ 1	8	Carson-Newman	103.23
10		10	Lenoir-Rhyne	94.23

WEST Region				
Current	Chng	Last	School	This Week Total
1		1	Seattle Pacific	395.58
2		2	Alaska Anchorage	323.06
3	▲ 1	4	Simon Fraser	306.74
4	▼ 1	3	Azusa Pacific	273.61
5		5	Western Washington	187.53
6		6	Academy of Art	166.59
7	▲ 2	9	Central Washington	155.02
8	▼ 1	7	Northwest Nazarene	143.22
9	▲ 1	10	Cal State Stanislaus	103.98
10	▼ 2	8	Western Oregon	102.07