



U.S. Track & Field and Cross Country Coaches Association

Tuesday, October 13, 2009

Division III Cross Country Rankings - By Region

Gender: **Men**

Ranking: **Regional**

Week: **5**

Atlantic	
Rank	School
1	 SUNY Cortland
2	 SUNY Geneseo
3	 St. Lawrence
4	 NYU
5	 RIT
6	 Plattsburgh State
7	 Rochester
8	 Ithaca
9	 TCNJ
10	 Hamilton

Central	
Rank	School
1	 Nebraska Wesleyan
2	 Saint John's (Minnesota)
3	 Grinnell
4	 St. Thomas (Minnesota)
5	 St. Olaf
6	 Hamline
7	 Luther
8	 Wartburg
9	 Carleton
10	 Cornell College



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Great Lakes	
Rank	School
1	 Calvin
2	 Ohio Northern
3	 Heidelberg
4	 Manchester
5	 Oberlin
6	 Mount Union
7	 Case Western Reserve
8	 Hope
9	 Ohio Wesleyan
10	 DePauw

Mideast	
Rank	School
1	 Allegheny
2	 Haverford
3	 Dickinson
4	 Carnegie Mellon
5	 Johns Hopkins
6	 Gettysburg
7	 Susquehanna
8	 Elizabethtown
9	 Messiah
10	 DeSales



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Midwest	
Rank	School
1	 North Central College
2	 UW La Crosse
3	 UW Stevens Point
4	 Augustana (Illinois)
5	 UW Platteville
6	 UW Oshkosh
7	 UW Whitewater
8	 UW Eau Claire
9	 Wheaton (Illinois)
10	 Washington (Missouri)

New England	
Rank	School
1	 Southern Maine
2	 Williams
3	 Brandeis
4	 Amherst
5	 Keene State
6	 Middlebury
7	 Tufts
8	 Bowdoin
9	 Wesleyan (Connecticut)
10	 MIT



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South/Southeast	
Rank	School
1	 Emory
2	 Lynchburg
3	 Mary Washington
4	 Centre
4	 Rhodes
6	 Trinity (Texas)
7	 Virginia Wesleyan
8	 Washington and Lee
9	 Bridgewater (Virginia)
10	 Sewanee

West	
Rank	School
1	 Willamette
2	 Claremont-Mudd-Scripps
3	 Whitworth
4	 Pomona-Pitzer
5	 Linfield
6	 Colorado College
7	 Lewis & Clark
8	 Occidental
9	 Whitman
10	 Puget Sound