



2016 Indoor Track & Field, Week #4

Men's 60 Meters

ATLANTIC

1	Nicodemus GAMBILL	JR	Utica	6.91	2/13
2	Shaquille HODGE	SR	York (N.Y.)	6.97	2/12
3	Cory COX	SR	Buffalo State	7.01	2/6
4	Aaron MATTHIAS	SR	Ithaca	7.02	2/13
5	Michael SEGELIN	SR	SUNY Geneseo	7.03	12/10
5	Stephan JOHNSON	SO	Buffalo State	7.03	1/22
5	Dior HIGHTOWER	SO	Rowan	7.03	1/15
5	Shai MUMFORD	FR	Rowan	7.03c 6.54(55)	2/6

CENTRAL

1	Manni EGBUJOR	FR	Augsburg	6.95	1/15
2	Undre SMITH-BREWER	JR	Augsburg	7.00	1/15
3	Anthony EKHOLM	FR	St. Thomas (Minn.)	7.02	1/22
4	Moussa KUYATEH	FR	Buena Vista	7.03	2/13
4	Tom LARSON	SR	Hamline	7.03	1/15
6	Jordan FLEMINGTON	SO	Nebraska Wesleyan	7.04	1/22
6	Evan HOWARD	JR	Carleton	7.04	1/22
8	Charles JOHNSON	SO	Bethel (Minn.)	7.07	1/22

GREAT LAKES

1	Louis BERRY	FR	Mount Union	6.89	2/6
2	Benjamin BEIDLEMAN	SR	Baldwin Wallace	6.97	2/13
2	Cole GREEN	JR	Transylvania	6.97	2/6
4	Colin MCSHANE	JR	Ohio Wesleyan	6.98	1/15
5	Jordan LEVERETTE	FR	Baldwin Wallace	6.99	2/13
6	Michael BEIDLEMAN	SR	Baldwin Wallace	7.02c 6.53(55)	1/29
6	Will COLLINS	FR	Trine	7.02	12/5
8	Garrett COOLEY	JR	Anderson (Ind.)	7.03	1/23
8	Griffin PEYTON	SO	Ohio Wesleyan	7.03	2/6
8	Brian BURNETT	JR	Ohio Wesleyan	7.03	2/13
8	Justin MEREDITH	SR	Albion	7.03	2/12

MIDEAST

1	Anthony SIMPSON	FR	Wesley	6.77	2/6
2	Kwane HAYLE	SR	Susquehanna	6.92	2/12
3	DaJahn LOWERY	JR	Wesley	6.93	2/6
3	Greg TAYLOR	JR	Wesley	6.93c 6.44(55)	1/29
5	Anthony WARE	SO	Muhlenberg	6.95c 6.46(55)	1/29
6	Rafael FERGUSON	FR	Johns Hopkins	6.96	12/5
7	Sterlyn ELDER	JR	Frostburg State	7.00c 6.51(55)	1/16
7	Jaevon HARDY	SO	Westminster (Pa.)	7.00	2/6

MIDWEST

1	David PAYNOTTA	SR	UW-River Falls	6.82	2/5
1	Alex KOENEN	SR	UW-La Crosse	6.82	2/6
3	Parker WITT	SO	UW-Whitewater	6.87	1/16
4	Naji ALLAN	SR	UW-Oshkosh	6.91	1/22
5	Matt ADAMS	JR	UW-La Crosse	6.94	2/6
6	Ernest WINTERS	SO	UW-La Crosse	6.99	2/13
6	Timmy WILLIAMS	FR	Monmouth (Ill.)	6.99	2/6
6	Joe KOENECKE	JR	UW-La Crosse	6.99	1/29

NEW ENGLAND

1	Zach MILLER	JR	Southern Maine	6.97c 6.48(55)	2/6
2	Dominic NDA	SO	UMass Boston	6.98	2/13
2	Alexander NIEMIEC	JR	Springfield (Mass.)	6.98	1/30
4	Chinedu CHUKWU	SR	Bridgewater State	6.99	2/13
5	Katakyie OFORI-ATTA	SR	Williams	7.00	12/5
6	Isaiah BOLDEN	FR	Plymouth State	7.02	2/6
7	Jared BARROS	JR	Worcester State	7.03	1/16
8	Andrew COUTURE	SR	Bridgewater State	7.05	12/5

SOUTH/SOUTHEAST

1	Jamal WATKINS	SO	Birmingham-Southern	6.87c 6.39(55)	2/6
2	Jeremy PHILLIPS	SR	Rhodes	6.92	2/13
3	Kevonte SHAW	JR	UT Tyler	6.98	1/15
4	Josephus MITCHELL	SO	Guilford	7.02	2/6
4	Davonta WOMACK	FR	Bridgewater (Va.)	7.02	1/9
4	Ryan SCOTT	SO	Christopher Newport	7.02	1/22
7	Daniel FISHER	FR	Methodist	7.04	12/5
8	Cameron THOMPSON	JR	Roanoke	7.05	1/29

WEST

1	Joey COLUCCI	JR	Redlands	7.12cA 7.08	1/29
2	Kane KENNEDY	SO	Linfield	7.14	2/5
3	Dale STOLLER	SO	Redlands	7.17cA 7.13	1/29
4	Myles SPEEGLE	SO	Redlands	7.18cA 7.14	1/29
5	Michael MORIKAWA	JR	George Fox	7.19	1/22
6	Spencer PAYNE	SO	Linfield	7.23	2/14
6	Garret PRICE	FR	Pacific (Ore.)	7.23	2/5
6	Kodie ARTNER	JR	Lewis & Clark	7.23	2/14

USTFCCCA Non-Member Will NOT be ranked, beginning Week 2



2016 Indoor Track & Field, Week #4

Men's 200 Meters

ATLANTIC

1	Matt POWERS	SR	NYU	22.02cb	21.63	2/12
2	Joe CARR	SR	SUNY Oneonta	22.18cb	21.79	2/12
3	Nicodemus GAMBILL	JR	Utica	22.22		2/13
4	Cory COX	SR	Buffalo State	22.40co OT	22.00	1/22
5	Aaron MATTHIAS	SR	Ithaca	22.41		2/13
6	Shane CHIARAVALLE	SR	Stevens	22.46		2/13
7	Eli SAUCIER	SO	Hamilton	22.48		2/6
8	Nicholas CRAWFORD	SR	St. Lawrence	22.60		2/13

CENTRAL

1	Chris NOTHNICK	SR	Wartburg	22.60		1/23
2	Manni EGBUJOR	FR	Augsburg	22.62		1/23
2	Anthony EKHOLM	FR	St. Thomas (Minn.)	22.62		2/12
4	Erik FRANKLIN	JR	Coe	22.77		1/30
5	Zach HOLKA	JR	Nebraska Wesleyan	22.80		2/13
6	Garrett TEEL	JR	Nebraska Wesleyan	22.83		2/13
6	Emmitt WHEATLEY	FR	Simpson (Iowa)	22.83		2/13
8	Dylan KALINAY	SO	Simpson (Iowa)	22.95		2/13

GREAT LAKES

1	Jordan LEVERETTE	FR	Baldwin Wallace	22.06		2/13
2	Benjamin BEIDLEMAN	SR	Baldwin Wallace	22.23		2/13
3	Julian LOWE	JR	Otterbein	22.34		2/13
4	Cole GREEN	JR	Transylvania	22.53		2/13
5	Christian RUPE	SR	Ohio Northern	22.54		2/13
6	Michael BEIDLEMAN	SR	Baldwin Wallace	22.68		2/13
7	Tyler NEFF	SO	Mount Union	22.69		2/13
7	Justin MEREDITH	SR	Albion	22.69		2/6

MIDEAST

1	Luke CAMPBELL	SR	Salisbury	22.41		2/6
2	Kyle MINGER	SR	Bethany (W.Va.)	22.56co OT	22.16	1/29
2	Andre BUTLER	JR	Bethany (W.Va.)	22.56		2/6
4	Darnell TILLMAN	SR	York (Pa.)	22.57		1/22
5	Evan FRIEND	SR	Franklin & Marshall	22.58		1/30
6	Anthony SIMPSON	FR	Wesley	22.62		2/6
7	Zach SCHMELZ	SO	Salisbury	22.67		2/6
8	Robert JONES	SO	DeSales	22.68		12/4
8	Oumar DIAWARA	SR	Albright	22.68		2/6

MIDWEST

1	Ethan RESCHKE	JR	Monmouth (Ill.)	22.12		2/6
2	James WILSON	SR	Monmouth (Ill.)	22.13		2/6
3	Parker WITT	SO	UW-Whitewater	22.16		2/13
4	David PAYNOTTA	SR	UW-River Falls	22.26		2/5
5	Alex KOENEN	SR	UW-La Crosse	22.34		2/6
6	Brandon CHRISTNOVICH	FR	UW-Eau Claire	22.54		1/29
7	Adam PARR	SR	Monmouth (Ill.)	22.59		2/13
8	Ryan POWERS	FR	UW-Oshkosh	22.62		2/13

NEW ENGLAND

1	Tre ALBRITTEN	SO	MIT	22.27cb	21.87	2/12
2	Michael KABA	JR	MIT	22.30cb	21.90	1/29
3	Brian SOMMERS	JR	Colby	22.34cb	21.94	2/12
4	Katakyie OFORI-ATTA	SR	Williams	22.39cb	21.99	2/6
5	Alex MACMILLAN	FR	UMass Dartmouth	22.50		2/13
5	Jared BARROS	JR	Worcester State	22.50cb	22.10	1/29
7	Jeremy COLLINS	SR	Southern Maine	22.61		2/13
8	Zach MILLER	JR	Southern Maine	22.63		1/9

SOUTH/SOUTHEAST

1	Jeremy PHILLIPS	SR	Rhodes	22.21cb	21.82	1/24
2	Ryan SCOTT	SO	Christopher Newport	22.43		2/6
3	Kevonte SHAW	JR	UT Tyler	22.46		1/15
4	Marquis BROWN	SO	Texas Lutheran	22.51		1/29
5	Cameron THOMPSON	JR	Roanoke	22.61		1/16
6	Jamal WATKINS	SO	Birmingham-Southern	22.66cu	22.95	2/6
7	Alex GALLOWAY	FR	Bridgewater (Va.)	22.82		1/15
8	Daniel PIETSCH	SO	Emory	22.84co OT	22.43	1/15

WEST

1	Jake MIHELICH	JR	Linfield	22.42		1/22
2	Nicholas GOSSELIN	SR	Whitworth	23.02co OT	22.61	2/14
3	Jalen ROBINSON-MCCLURE	FR	Whitworth	23.31		2/5
4	Kane KENNEDY	SO	Linfield	23.37c	22.96	1/29
5	Spencer PAYNE	SO	Linfield	23.44		1/22
6	Trent ALSIN	SR	Whitworth	23.66		1/22
7	Dalton STANLEY	FR	Pacific (Ore.)	23.76co OT	23.34	2/14
8	Riley MOORE	FR	Linfield	23.80co OT	23.38	2/14

USTFCCCA Non-Member

Will NOT be ranked, beginning Week 2



2016 Indoor Track & Field, Week #4

Men's 400 Meters

ATLANTIC

1	Tom SIPP	SR	Nazareth	49.04	2/13
2	Budd BROWN	JR	NYU	49.47cb 48.69	1/29
3	Nicholas CRAWFORD	SR	St. Lawrence	49.57	2/13
4	Nick LABARBERA	SO	Nazareth	49.61	2/13
5	Shane CHIARAVALLE	SR	Stevens	49.85	2/13
6	Eli SAUCIER	SO	Hamilton	50.07	2/13
6	Mohamed KOUYATE	SO	Buffalo State	50.07	2/6
8	Ruben GIL	FR	SUNY Oneonta	50.08cb 49.29	2/12

CENTRAL

1	Garrett TEEL	JR	Nebraska Wesleyan	49.50	2/13
2	Tanner DEWEY	JR	Nebraska Wesleyan	49.79	1/29
3	Manni EGBUJOR	FR	Augsburg	50.01	1/29
4	Barinedum KORDAH	JR	Augsburg	50.09	1/29
5	James MCFARLIN	SR	St. Olaf	50.15	2/12
6	Justin ANDERLIK	SR	Wartburg	50.57	2/5
7	Zach HOLKA	JR	Nebraska Wesleyan	50.83	1/29
8	Alex BLEADORN	SR	Central (Iowa)	50.84	2/5

GREAT LAKES

1	Julian LOWE	JR	Otterbein	49.92	2/13
2	Adam TURNER	SR	Ohio Wesleyan	49.95co OT 49.16	2/5
3	Tyler NEFF	SO	Mount Union	50.22co OT 49.43	1/29
3	Ethan VALENTINE	SO	Calvin	50.22	2/12
5	Joe FELDMANN	SR	Hanover	50.28	1/30
6	Josh HENNIG	SO	Rose-Hulman	50.62	1/30
7	Zach MARKLEY	SO	Trine	50.63	2/5
8	Justin MCCURDY	FR	Otterbein	50.73	1/16

MIDEAST

1	Luke CAMPBELL	SR	Salisbury	49.07	1/30
2	Dominic MCANULTY	JR	Wesley	49.49c 48.71	1/22
3	Kyle MINGER	SR	Bethany (W.Va.)	49.69	2/6
4	Zach SCHMELZ	SO	Salisbury	49.71	2/6
5	Andre BUTLER	JR	Bethany (W.Va.)	50.12	2/6
6	Aaron TEDYS	SO	Geneva	50.17	2/13
7	Liam LYNCH	FR	Haverford	50.28	12/10
8	Josh TUPPER	SO	Widener	50.55c 49.75	2/6
8	Darnell TILLMAN	SR	York (Pa.)	50.55	12/5

MIDWEST

1	Ryan POWERS	FR	UW-Oshkosh	49.01	2/5
2	Ethan RESCHKE	JR	Monmouth (Ill.)	49.02	2/13
3	Isaac SMITH	JR	Augustana (Ill.)	49.18	2/13
4	James WILSON	SR	Monmouth (Ill.)	49.52	2/6
5	Eric FOGLTANZ	FR	UW-Stout	49.55	2/12
6	Mark HIBEN	SR	Wheaton (Ill.)	49.58	2/12
7	Nils EASTBURG	SR	Wheaton (Ill.)	49.67	2/12
8	Jeffrey SWANSON	SO	Augustana (Ill.)	49.72	1/29

NEW ENGLAND

1	Brian SOMMERS	JR	Colby	48.74cb 47.97	2/12
2	William LEE	SR	MIT	49.33cb 48.55	2/12
3	Warren STAVAR	SO	WPI	49.38cb 48.60	2/6
4	Jeremy COLLINS	SR	Southern Maine	49.50cb 48.72	1/29
5	Jimmy MARTINEZ	FR	Middlebury	49.58cb 48.80	2/12
6	Michael KABA	JR	MIT	49.77cb 48.98	1/29
7	Alex NICHOLS	JR	Middlebury	49.81cb 49.02	2/12
8	Andrew DIMAITI	SO	Tufts	49.94cb 49.15	1/29

SOUTH/SOUTHEAST

1	Daniel PIETSCH	SO	Emory	48.86cb 48.09	2/12
2	Marquis BROWN	SO	Texas Lutheran	49.30	1/29
3	Trey WHITE	JR	Virginia Wesleyan	50.83	2/6
4	John JONES	JR	Washington and Lee	51.00	12/3
5	Alex GALLOWAY	FR	Bridgewater (Va.)	51.19	1/29
6	Connor FAINT	SO	Eastern Mennonite	51.41	1/29
7	AJ RAMIREZ	FR	Virginia Wesleyan	51.57	12/5
8	Ansel BORHAUER	JR	Shenandoah	51.64	2/6

WEST

1	Jake MIHELICH	JR	Linfield	48.67co OT 47.90	2/12
2	Nicholas GOSSELIN	SR	Whitworth	51.57	1/22
3	Jalen ROBINSON-MCCLURE	FR	Whitworth	52.13	2/5
4	John-Robert WOOLLEY	SO	Whitworth	52.24	2/5
5	Alex HARDLUND	SR	Whitworth	52.46co OT 51.63	2/14
6	Pekthra CHHOR	JR	Redlands	52.52cAo OT 51.48	1/29
7	Taylor FELHMAN	FR	George Fox	52.78c 51.94	1/22
8	John KOCH	JR	George Fox	53.12c 52.28	2/5

USTFCCCA Non-Member

Will NOT be ranked, beginning Week 2



2016 Indoor Track & Field, Week #4

Men's 800 Meters

ATLANTIC

1	Collin MULCAHY	SR	Fredonia	1:53.63	2/6
2	Jeremy HERNANDEZ	SO	Ramapo	1:53.69c 1:52.08	2/12
3	Noah OSTERHUS	FR	TCNJ	1:54.96cb 1:53.34	2/12
4	Ethan VINSON	JR	SUNY Plattsburgh	1:55.62cb 1:53.99	2/12
5	Matt BATTAGLIA	JR	Nazareth	1:55.93	2/13
6	Daniel LYNCH	SO	TCNJ	1:55.96cb 1:54.32	2/12
7	Ryan MOYNIHAN	SR	SUNY Geneseo	1:56.44	1/29
8	Jeremy HASSETT	SR	Rochester (N.Y.)	1:56.54	1/29

CENTRAL

1	Zach FREY	SR	Loras	1:53.61	2/13
2	Carl KLAMM	FR	Bethel (Minn.)	1:55.54	2/13
3	Donson COOK-GALLARDO	SO	Carleton	1:55.64	1/22
4	Ben SAMPSON	JR	Buena Vista	1:55.78	2/13
5	Cody SNIDER	SO	Wartburg	1:56.19	1/29
6	Sean BJORK	JR	St. Olaf	1:56.21cb 1:54.57	2/5
7	Nicholas GREEN	SR	Wartburg	1:56.29	1/29
8	Mark SCHULZ	FR	Wartburg	1:56.30	2/5

GREAT LAKES

1	Matt MOLINARO	SO	Ohio Northern	1:52.64	2/13
2	Will CAMERON	SR	John Carroll	1:55.62	2/13
3	Jacob LEOPOLD	JR	Trine	1:55.80	2/5
4	Mike HYDZIK	SR	John Carroll	1:56.64	2/13
5	Kevin JONES	FR	Ohio Wesleyan	1:56.65co O1:55.00	2/5
6	Hayden BAEHL	SO	Wabash	1:56.83	2/13
7	Richard GOPEL	SR	Otterbein	1:57.15	2/13
8	Ryan SCANLON	FR	John Carroll	1:57.42	1/29

MIDEAST

1	Leo HARMON	SR	Widener	1:54.62	1/30
2	Charlie MARQUARDT	SR	Haverford	1:54.70	1/30
3	Liam LYNCH	FR	Haverford	1:55.51	1/30
4	Andrew MACKIN	SR	Ursinus	1:56.10	1/30
5	Vincent TONZO	SO	Saint Vincent	1:56.46	2/12
6	Trevor HOLMGREN	SR	Johns Hopkins	1:56.51cb 1:54.86	2/12
7	Dominic YARED	FR	Johns Hopkins	1:56.56cb 1:54.91	2/12
8	Sam GOTTUSO	SR	Johns Hopkins	1:56.71cb 1:55.06	2/12

MIDWEST

1	Deko RICKETTS	JR	Washington (Mo.)	1:52.18cb 1:50.59	2/12
2	Aron SEBHAT	SR	North Central (Ill.)	1:53.33	2/6
3	Andrew DEBOLT	SR	Elmhurst	1:53.52	2/12
4	Cyrus MASON	SR	UW-La Crosse	1:53.74	2/6
5	Dan POPEK	SR	Augustana (Ill.)	1:54.22	2/13
6	Joe HINZ	JR	UW-La Crosse	1:54.71	2/6
7	Cole FITZGERALD	FR	UW-Stevens Point	1:54.81	2/13
8	Wal KHAT	FR	UW-Oshkosh	1:55.02	2/5

NEW ENGLAND

1	Mitchell BLACK	SR	Tufts	1:50.89cb 1:49.32	2/12
2	Veer BHALLA	SR	Tufts	1:52.32	2/6
3	Lee CATTANACH	SR	Eastern Connecticut Stat	1:53.37cb 1:51.77	1/29
4	Daniel WEBB	SR	Southern Maine	1:53.39cb 1:51.79	1/29
5	Jarod WILSON	FR	MIT	1:54.36cb 1:52.74	1/29
6	Kevin SERRAO	SO	Middlebury	1:54.87cb 1:53.25	2/12
7	Kristian SOGAARD	FR	Amherst	1:55.27cb 1:53.64	2/12
8	Patrick GRIFFIN	JR	Bates	1:55.29cb 1:53.66	1/29

SOUTH/SOUTHEAST

1	Tyler DENLINGER	JR	Eastern Mennonite	1:56.50	1/29
2	Max BROWN	SO	Emory	1:56.82cb 1:55.17	1/24
3	Nevin HECKMAN	SR	Bridgewater (Va.)	1:56.85	1/29
4	Ian MCISAAC	JR	Emory	1:57.44cb 1:55.78	2/12
5	Sam GUNTHER	SR	Bridgewater (Va.)	1:57.60	1/29
6	Trent EVANS	SR	Guilford	1:57.78	12/5
7	Jeffrey DOVER	SO	Christopher Newport	1:57.95	12/5
8	Cullen MONAHAN	SO	Christopher Newport	1:58.29	1/22

WEST

1	Will LAWRENCE	JR	George Fox	1:55.81cb 1:54.17	12/12
2	Chris POLK	FR	George Fox	1:57.94c 1:56.27	2/5
3	Geremia LIZIER-ZMUDZINSKI	FR	Puget Sound	2:00.23	1/22
4	Christian PARR	FR	George Fox	2:00.53co O1:58.83	2/14
5	Daniel HARPER	SO	Whitworth	2:00.71co O1:59.00	1/16
6	Art O'KELLY	JR	Linfield	2:01.41	1/22
7	Alex LULL	JR	George Fox	2:01.62co O1:59.90	2/14
8	Manuel FINLEY	SR	Linfield	2:02.04	1/22

USTFCCCA Non-Member

Will NOT be ranked, beginning Week 2



2016 Indoor Track & Field, Week #4

Men's Mile

ATLANTIC

1	Benjamin FAZIO	JR	RPI	4:11.25	2/6
2	Isaac GARCIA-CASSANI	SO	SUNY Geneseo	4:13.09cb 4:09.89	2/12
3	Jeremy HERNANDEZ	SO	Ramapo	4:14.17cb 4:10.95	1/30
4	Collin MULCAHY	SR	Fredonia	4:14.54cb 4:11.32	1/29
5	Nick ZICKGRAF	SO	Stevens	4:18.12cb 4:14.85	1/29
6	Zakk HESS	SR	Fredonia	4:19.48	2/6
7	Sean PHILLIPS	JR	Ithaca	4:20.04	2/6
8	Grant O'CONNOR	FR	RPI	4:20.29	2/6

CENTRAL

1	Paul ESCHER	SR	St. Olaf	4:08.27	1/22
2	Jake CAMPBELL	SR	St. Olaf	4:08.66	1/15
3	Joe COFFEY	JR	St. Olaf	4:09.66	1/15
4	Ryan HERMSEN	SR	Wartburg	4:15.93	1/29
5	Jacob EGGERS	JR	St. Olaf	4:16.95	1/22
6	Thomas FEICHTINGER	SR	Saint John's (Minn.)	4:17.22	2/13
7	Sean BJORK	JR	St. Olaf	4:18.39	1/15
8	Donson COOK-GALLARDO	SO	Carleton	4:20.25	1/30

GREAT LAKES

1	Matt ANDREWS	SO	John Carroll	4:17.01	2/6
2	Matt MOLINARO	SO	Ohio Northern	4:17.70	2/6
3	Ian KELLOGG	FR	Otterbein	4:19.24	2/6
4	Geno ARTHUR	SR	Oberlin	4:19.38	2/5
5	John SOTOS	JR	Ohio Wesleyan	4:19.83	2/13
6	Joe LEDGER	JR	Case Western Reserve	4:21.45	2/13
7	Aidan DESANTO	SO	Case Western Reserve	4:21.47	2/13
8	Pat O'BRIEN	SR	John Carroll	4:21.49	2/6

MIDEAST

1	Charlie MARQUARDT	SR	Haverford	4:05.34c 4:02.24	2/12
2	Qadree COUNSEL	SR	Widener	4:17.78c 4:14.52	2/12
3	Henry WOODS	SO	Haverford	4:17.86c 4:14.60	2/6
4	Matt MCWILLIAMS	JR	Penn State Behrend	4:19.07	2/6
5	Will MCDERMOTT	JR	Widener	4:19.18	12/10
6	Ernie PITONE	JR	Widener	4:19.32c 4:16.04	1/22
7	Curtis WATRO	JR	Carnegie Mellon	4:20.46	1/30
8	Scott POURSHALCHI	FR	Johns Hopkins	4:20.89cb 4:17.59	2/12

MIDWEST

1	Aron SEBHAT	SR	North Central (Ill.)	4:10.21	1/22
2	Nick PETERSSON	JR	UW-Eau Claire	4:12.73	1/23
3	Josh THORSON	JR	UW-Eau Claire	4:13.01	1/23
4	Neil PEDERSEN	SR	UW-Stevens Point	4:14.28	1/29
5	Tanner OSING	JR	Augustana (Ill.)	4:14.49	2/6
6	Josh CLARK	SR	Washington (Mo.)	4:15.27cb 4:12.04	2/12
7	Darin LAU	SO	UW-Eau Claire	4:15.29	1/23
8	Ian EWERS	JR	UW-La Crosse	4:17.16	2/13

NEW ENGLAND

1	Mitchell BLACK	SR	Tufts	4:12.97cb 4:09.77	1/29
2	Will DUDEK	JR	Wesleyan (Conn.)	4:14.53cb 4:11.31	2/12
3	Aidan GILSON	FR	MIT	4:15.46	1/23
4	Ben BOSWORTH	JR	Connecticut College	4:16.24	1/23
5	Kunal TANGRI	FR	MIT	4:16.50cb 4:13.25	1/29
6	Steven LUCEY	JR	Amherst	4:17.07	2/6
7	Kevin CONNORS	JR	Amherst	4:17.44cb 4:14.18	1/29
8	Griffin GAGNON	JR	Colby	4:17.56	2/6

SOUTH/SOUTHEAST

1	Max BROWN	SO	Emory	4:14.97cb 4:11.74	2/12
2	William RABIL	JR	Christopher Newport	4:16.36	2/6
3	Jeffrey DOVER	SO	Christopher Newport	4:16.40	2/6
4	Zachary CAMPBELL	JR	Christopher Newport	4:18.44	2/6
5	Austin BROWN	JR	Trinity (Texas)	4:19.56	2/12
6	Alec THIBODEAUX	JR	Eastern Mennonite	4:19.61	2/6
7	Ian MCDONALD	JR	Washington and Lee	4:19.84	1/29
8	Matt DSIDA	SR	Rhodes	4:23.42	2/13

WEST

1	Geremia LIZIER-ZMUDZINSKI	FR	Puget Sound	4:12.86co O4:09.66	2/12
2	Christopher MACMURRAY	SR	Whitworth	4:32.25co O4:28.81	1/16
3	Christian PARR	FR	George Fox	4:35.17cb 4:31.69	12/12
4	James MARKIN	JR	Puget Sound	4:37.32	2/5
5	Grant BINGHAM	SO	Whitworth	4:37.85	2/5
6	Sam CARILLI	SR	Puget Sound	4:39.18co O4:35.65	2/14
7	Justin BIGELOW	JR	Puget Sound	4:40.50	2/5
8	Ethan PATTERSON	FR	George Fox	4:44.36cb 4:40.76	12/12

USTFCCCA Non-Member

Will NOT be ranked, beginning Week 2



2016 Indoor Track & Field, Week #4

Men's 3000 Meters

ATLANTIC

1	Benjamin FAZIO	JR	RPI	8:24.37	1/22
2	Nick KARAM	JR	NYU	8:34.03cb 8:28.13	1/30
3	Kyle COLLINS	SR	Fredonia	8:35.13cb 8:29.22	1/29
4	Jeremy HERNANDEZ	SO	Ramapo	8:35.20c 8:29.29	1/22
5	Zakk HESS	SR	Fredonia	8:36.83	2/12
6	Isaac GARCIA-CASSANI	SO	SUNY Geneseo	8:37.07	1/22
7	Travis BRIGGS	JR	SUNY Geneseo	8:37.54	1/29
8	Mitch RYAN	JR	SUNY Cortland	8:37.96cb 8:32.02	2/12

CENTRAL

1	Paul ESCHER	SR	St. Olaf	8:21.96	1/22
2	Jake CAMPBELL	SR	St. Olaf	8:25.56	1/22
3	Cole DECKER	SR	Central (Iowa)	8:29.31cf 8:23.47	2/12
4	Charles CORBETT	SR	UW-Superior	8:30.41	1/29
5	Hart HORNOR	SR	Carleton	8:30.65	2/6
6	Ryan PETERSON	SR	Hamline	8:32.94	1/22
7	Jordan WHEELER	SO	Nebraska Wesleyan	8:34.33	2/13
8	Bennet MOSER	SR	Wartburg	8:35.90	1/29

GREAT LAKES

1	Fabian HOUSE	SR	Wabash	8:36.30	1/30
2	Kase SCHALOIS	JR	Ohio Northern	8:40.92co 08:34.94	1/30
3	Dylan DOMBI	SO	Heidelberg	8:41.06	1/15
4	John SOTOS	JR	Ohio Wesleyan	8:41.48	2/13
5	Adam TOGAMI	SR	Wabash	8:42.73	1/30
6	Ian KELLOGG	FR	Otterbein	8:43.00	2/13
7	Galen CALDWELL	JR	Case Western Reserve	8:43.41	2/13
8	Ethan ANDERSON	JR	Calvin	8:43.55	2/5

MIDEAST

1	Charlie MARQUARDT	SR	Haverford	8:12.21c 8:06.56	2/6
2	Ernie PITONE	JR	Widener	8:25.52c 8:19.72	2/6
3	Will MCDERMOTT	JR	Widener	8:29.70	1/22
4	Brandon FIELDER	SO	Johns Hopkins	8:38.43cb 8:32.48	2/12
5	Curtis WATRO	JR	Carnegie Mellon	8:40.58	2/6
6	Ryan ARCHER	JR	Carnegie Mellon	8:41.78co 08:35.79	1/23
7	Jared SCHATZ	SR	Messiah	8:41.83	1/29
8	Brandon MORETTON	SO	Saint Vincent	8:42.46	2/12

MIDWEST

1	Josh THORSON	JR	UW-Eau Claire	8:16.07	1/29
2	Darin LAU	SO	UW-Eau Claire	8:24.53	1/29
3	Nick PETERSSON	JR	UW-Eau Claire	8:26.91	1/29
4	Tony CASS	SR	UW-Stout	8:29.22	1/29
5	Tim VAZQUEZ	SR	North Central (Ill.)	8:29.85co 08:24.00	1/15
6	Tanner OSING	JR	Augustana (Ill.)	8:31.32	1/22
7	Zach PLANK	JR	North Central (Ill.)	8:31.84co 08:25.97	1/15
8	Ethan KOCH	SR	Augustana (Ill.)	8:32.24	1/29

NEW ENGLAND

1	Luke O'CONNOR	JR	Tufts	8:25.99	2/6
2	Peter HALE	JR	Williams	8:26.31	2/6
3	Bijan MAZAHARI	SR	Williams	8:28.26	1/23
4	James TRAESTER	SR	Tufts	8:28.40	2/6
5	Dan CROWLEY	SR	Amherst	8:28.73cb 8:22.89	1/29
6	Colin GODWIN	SO	MIT	8:29.25cb 8:23.41	1/29
7	Patrick HOAGLAND	SR	Trinity (Conn.)	8:32.92	2/6
8	Mohamed HUSSEIN	SO	Amherst	8:33.08cb 8:27.19	1/29

SOUTH/SOUTHEAST

1	Ian MCDONALD	JR	Washington and Lee	8:42.19	2/6
2	Alec THIBODEAUX	JR	Eastern Mennonite	8:43.68	1/29
3	Lukas MEES	SR	Emory	8:47.18cb 8:41.13	2/12
4	Tyler TIMBLIN	SR	Lynchburg	8:49.73	1/29
5	Taylor PISKE	SR	Trinity (Texas)	8:52.49	2/12
6	Andrew OSBORNE	JR	Lynchburg	8:54.89	1/29
7	Max BROWN	SO	Emory	8:57.03co 08:50.87	1/15
8	Spencer FIELDS	FR	Rhodes	8:57.57cb 8:51.40	2/12

WEST

1	Geremia LIZIER-ZMUDZINSKI	FR	Puget Sound	8:17.67co 08:11.96	2/14
2	Tyler SHIPLEY	SR	Puget Sound	8:28.71co 08:22.87	2/14
3	James MARKIN	JR	Puget Sound	8:57.74co 08:51.57	2/14
4	Justin BIGELOW	JR	Puget Sound	9:05.65co 08:59.39	2/14
5	Colin ATCHISON	SO	George Fox	9:06.86co 09:00.59	2/14
6	Mick WHITEHEAD	SO	Whitworth	9:15.06	2/5
7	Josh MEYER	FR	George Fox	9:21.56c 9:15.12	1/29
8	Grant BINGHAM	SO	Whitworth	9:27.61co 09:21.10	1/16

USTFCCCA Non-Member

Will NOT be ranked, beginning Week 2



2016 Indoor Track & Field, Week #4

Men's 5000 Meters

ATLANTIC

1	Thomas CAULFIELD	JR	St. Lawrence	14:53.73	1/29
2	Kyle COLLINS	SR	Fredonia	14:58.29	2/6
3	Jon STOUBER	JR	TCNJ	15:01.30cb14:51.75	2/12
4	Alfredo MAZZUCA	JR	SUNY Geneseo	15:01.91	2/6
5	Jorge MALDONADO	JR	NYU	15:03.50cb14:53.93	2/12
6	John PANUS	JR	SUNY Geneseo	15:06.08cb14:56.48	2/12
7	Anthony LUPIA	JR	SUNY Oneonta	15:06.37cb14:56.77	1/29
8	Nick MARCANTONIO	SR	SUNY Cortland	15:08.39cb14:58.77	2/12

CENTRAL

1	Cole DECKER	SR	Central (Iowa)	14:39.29	2/5
2	Charles CORBETT	SR	UW-Superior	14:40.41	2/12
3	Jordan WHEELER	SO	Nebraska Wesleyan	14:55.43cb14:45.95	2/5
4	Paul NORDQUIST	SR	Gustavus Adolphus	14:58.47	2/12
5	Hart HORNOR	SR	Carleton	14:59.07	2/12
6	Thomas KNOBBE	JR	Gustavus Adolphus	15:02.15	2/12
7	Alec BASS	SO	Dubuque	15:02.33	2/13
8	Ryan PETERSON	SR	Hamline	15:04.61	2/12

GREAT LAKES

1	Geno ARTHUR	SR	Oberlin	14:41.11cb14:31.78	2/12
2	Sam MERRIMAN	SO	Case Western Reserve	14:45.45	2/13
3	Alex WILSON	SR	Mount Union	14:50.75	2/13
4	Colin RINNE	SO	Wabash	14:51.57	2/13
5	Ethan ANDERSON	JR	Calvin	14:53.69co14:44.22	2/12
6	Fabian HOUSE	SR	Wabash	14:58.78	2/13
7	Dylan DOMBI	SO	Heidelberg	15:04.46	2/13
8	Benjamin ZANK	SR	Hope	15:05.13co14:55.54	2/12

MIDEAST

1	Ernie PITONE	JR	Widener	14:35.45c 14:26.18	2/12
2	Jaryd FLANK	JR	Muhlenberg	14:55.23c 14:45.75	2/12
3	Schaffer OCHSTEIN	SR	Johns Hopkins	15:03.24cb14:53.67	2/12
4	Dylan VERNER-CRIST	SR	Haverford	15:09.53	1/30
5	Zach TRAMA	SR	Elizabethtown	15:09.58	2/6
6	Nick GANDOLFO-LUCIA	SR	Haverford	15:10.38	1/30
7	Jared SCHATZ	SR	Messiah	15:12.61	2/6
8	Jeff DUNCAN	SR	Haverford	15:15.43	1/30

MIDWEST

1	Josh THORSON	JR	UW-Eau Claire	14:21.88	2/12
2	Darin LAU	SO	UW-Eau Claire	14:31.22	2/12
3	Nick PETERSSON	JR	UW-Eau Claire	14:32.18	2/12
4	Tony CASS	SR	UW-Stout	14:33.67	2/12
5	Zach PLANK	JR	North Central (Ill.)	14:36.91	2/12
6	Tanner OSING	JR	Augustana (Ill.)	14:38.73	2/13
7	Tim VAZQUEZ	SR	North Central (Ill.)	14:43.52	1/22
8	Ethan KOCH	SR	Augustana (Ill.)	14:50.68	2/13

NEW ENGLAND

1	Colin COTTON	SR	Williams	14:17.66	12/5
2	Bijan MAZAHARI	SR	Williams	14:20.60cb14:11.49	2/12
3	Tim NICHOLS	JR	Tufts	14:34.05	2/6
4	Mohamed HUSSEIN	SO	Amherst	14:36.60	2/6
5	Luke O'CONNOR	JR	Tufts	14:37.98cb14:28.68	2/12
6	Allen SUMRALL	SR	Bates	14:45.22cb14:35.84	1/29
7	Patrick HOAGLAND	SR	Trinity (Conn.)	14:45.74	12/5
8	Peter HALE	JR	Williams	14:45.96	12/5

SOUTH/SOUTHEAST

1	Grayson REID	SO	Christopher Newport	15:01.16	12/5
2	Victor PATAKY	SR	Centre	15:06.99	2/13
3	Tyler TIMBLIN	SR	Lynchburg	15:17.37	2/6
4	Shane SULLIVAN	SO	Emory	15:18.44cb15:08.71	2/12
5	Andrew OSBORNE	JR	Lynchburg	15:21.99	2/6
6	Alec THIBODEAUX	JR	Eastern Mennonite	15:25.53	12/5
7	Lukas MEES	SR	Emory	15:28.34	1/29
8	Trey GIBSON	JR	Bridgewater (Va.)	15:29.53	12/3

WEST

1	Tyler SHIPLEY	SR	Puget Sound	14:34.72co14:25.46	2/12
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USTFCCCA Non-Member

Will NOT be ranked, beginning Week 2



2016 Indoor Track & Field, Week #4

Men's 60 Meter Hurdles

ATLANTIC

1	David BENJAMIN	SO	Rowan	8.11	2/12
2	Jake ALVIENE	SR	SUNY Oneonta	8.19	1/29
3	Peter GIRARDI	SO	St. John Fisher	8.22	2/13
4	Chase TOLIVER	JR	Rowan	8.35	2/12
5	Michael OUTING	FR	SUNY Cortland	8.38	12/5
6	Kris ALVAREZ	SR	Stevens	8.39	2/13
7	Storm MALONE	FR	SUNY Cortland	8.43	2/6
8	Connor CHRISTOPHERSON	JR	SUNY Cortland	8.44	1/23

CENTRAL

1	Dan ROEMERMAN	SR	Central (Iowa)	8.21	2/12
2	Dylan KALINAY	SO	Simpson (Iowa)	8.34	2/13
3	Gerrand MOODY	SO	Loras	8.43	2/6
4	Kevin WAGNER	SO	St. Scholastica	8.45	2/13
5	Jackson REEMTSMA	FR	Luther	8.50	2/13
6	Chris HAWKINS	SO	Coe	8.51	2/13
7	Austin GROTH	SR	Buena Vista	8.54c	7.92(55) 1/16
8	Isaac FRAZIER	JR	Simpson (Iowa)	8.55	2/13

GREAT LAKES

1	Roemello COOK	SR	Ohio Wesleyan	8.32	2/13
2	Andrew MILHOAN	SR	Mount Union	8.33	1/29
2	Adam WADLINGTON	SR	Wabash	8.33	12/5
4	Jordan DAVIS	FR	Adrian	8.38	1/29
5	Derek MALLORY	JR	Anderson (Ind.)	8.42	2/13
6	Ifa ABDULJELIL	JR	Ohio Wesleyan	8.46	2/13
7	Matt DICKERSON	SR	Wabash	8.48	2/13
8	Laike WALLACE	SR	Wittenberg	8.50	2/13

MIDEAST

1	Luke CAMPBELL	SR	Salisbury	8.00	2/6
2	Roland ATTOH-OKINE	SO	Wesley	8.18	1/22
3	Nick BETZ	JR	Grove City	8.21	12/4
4	Jeff AINSLEY	SR	Haverford	8.40	2/6
5	Michael HOFFMAN	SO	Franklin & Marshall	8.53	1/30
6	Aliou COLE	SO	Salisbury	8.66	12/5
7	Matthew GRAFTON	JR	Penn State Behrend	8.68	2/6
8	Dwight NELSON	FR	Washington & Jefferson	8.69c	8.06(55) 1/16

MIDWEST

1	Dan ARNOLD	SO	UW-Platteville	8.03	2/13
2	Bobby COOKS	SO	Aurora	8.04	2/12
3	Luke SAUERMAN	SR	UW-La Crosse	8.20	2/6
4	Daniel OTTO	SR	UW-La Crosse	8.27	2/6
4	Darin WARD	SO	UW-Stevens Point	8.27	1/29
6	Adam LUNDQUIST	SR	North Central (Ill.)	8.32	1/29
7	Luke ROHLOFF	JR	UW-La Crosse	8.34	1/23
8	Jonah PEOPLES	JR	Greenville	8.35	1/29

NEW ENGLAND

1	Conor MURTAGH	JR	Bridgewater State	8.17	2/13
2	Luis ROSADO	SR	Eastern Connecticut Stat	8.36	2/6
3	Nolan RAIMO	SR	Williams	8.43	12/5
3	Michael KABA	JR	MIT	8.43	2/6
5	Joseph STAUDT	FR	Bowdoin	8.47	1/23
6	Chris SWEENEY	SO	MIT	8.48	2/6
7	Josh ETKIND	FR	Tufts	8.49	2/6
8	Duy TRUONG	SR	Worcester State	8.50	1/9

SOUTH/SOUTHEAST

1	Cody HALL	SO	Trinity (Texas)	8.31	1/29
2	Ryan SCOTT	SO	Christopher Newport	8.36	1/22
3	Anthony QUINN	JR	Randolph	8.49	2/6
4	Benjamin ROGIN	SO	Emory	8.56	1/24
5	Adam RABUSHKA	SR	Emory	8.58	1/15
6	Evan WOLD	FR	UT Tyler	8.66	2/12
7	Drew PRANKA	FR	Washington and Lee	8.68	1/29
8	Darren PETTY	FR	Randolph	8.71	1/29

WEST

1	Kodie ARTNER	JR	Lewis & Clark	8.31	2/12
2	Nathan MUNOZ	FR	Redlands	8.59cA	8.55 1/29
3	John-Robert WOOLLEY	SO	Whitworth	8.75	2/5
4	Max PATTERSON	FR	Linfield	9.05	1/15
5	Jon PROCTOR	SO	George Fox	9.11	1/29
6	Taylor VICKNAIR	FR	Linfield	9.12	2/5
7	Lucas MCGILL	JR	Whitworth	9.32	1/16
8	Thomas HARSHAW	FR	Whitworth	9.34	1/22

USTFCCCA Non-Member

Will NOT be ranked, beginning Week 2

**2016 Indoor Track & Field, Week #4****Men's 4x400 Relay****ATLANTIC**

1	Carr, Engesser, Farrell, Gil	<i>SUNY Oneonta</i>	3:20.35cb	3:17.19	2/12
2	LaBarbera, Battaglia, Morris, Sippie	<i>Nazareth</i>	3:21.72		2/13
3	Powers, Montilus, Mann, Brown	<i>NYU</i>	3:21.82cb	3:18.64	2/12
4	Osterhus, Williams, Lynch, Osterhus	<i>TCNJ</i>	3:22.88cb	3:19.68	2/12
5	Christian, Laguerre, Switzer, Wach	<i>SUNY Geneseo</i>	3:23.07cb	3:19.87	2/12
6	Viscardi, Stivers, Hamre, Crawford	<i>St. Lawrence</i>	3:24.03		2/6
7	Ramirez, Victor, James, Jackson	<i>Rowan</i>	3:24.68c	3:21.45	12/5
8	Munoz-Celada, Abbott, Fausold, Howes	<i>Ithaca</i>	3:25.09		2/13

CENTRAL

1	Teel, Holka, Moerer, Dewey	<i>Nebraska Wesleyan</i>	3:20.52cb	3:17.36	2/5
2	Klamm, Olsen, Wahlstedt, Klamm	<i>Bethel (Minn.)</i>	3:21.88		2/13
3	Mueller, Queenan, Skidmore, Jarvey	<i>St. Thomas (Minn.)</i>	3:22.92		2/5
4	Anderlik, Green, Kregel, Schulz	<i>Wartburg</i>	3:23.54		2/5
5	Bleadorn, Howe, Roberts, Morgan	<i>Central (Iowa)</i>	3:24.10cf	3:20.88	2/12
6	Frey, Lally, Gradoville, Foster	<i>Loras</i>	3:25.71		2/13
7	Elstad, Pugh, McFarlin, Skrip	<i>St. Olaf</i>	3:26.92		1/22
8		<i>Gustavus Adolphus</i>	3:27.25		2/13

GREAT LAKES

1	Grayson, Lowe, McCurdy, Knudsen	<i>Otterbein</i>	3:22.26		1/29
2	Leverette, Beidleman, Beidleman, Sealey	<i>Baldwin Wallace</i>	3:23.01		2/13
3	Mlack, Cabral, Ibibo, Wahner	<i>Case Western Reserve</i>	3:23.86		2/13
4	Hydzik, Woods, McIlvaine, Cameron	<i>John Carroll</i>	3:25.14		2/13
5	Smyth, Smith, Borden, Hennig	<i>Rose-Hulman</i>	3:25.48		1/30
6	Neff, Weber, Etzler, Gentry	<i>Mount Union</i>	3:28.18		2/13
7	Hale, Shutt, Entsminger, Wallace	<i>Wittenberg</i>	3:28.66		2/13
8	Emert, Molinaro, McKee, Karg	<i>Ohio Northern</i>	3:28.83		2/13

MIDEAST

1	Schmelz, Halton, Madison, Campbell	<i>Salisbury</i>	3:21.17		1/30
2	Pope, Mitchell, McCormick, Mackin	<i>Ursinus</i>	3:24.13cb	3:20.91	2/12
3	Perry, Bayley, Mills, Norley	<i>Carnegie Mellon</i>	3:25.37		1/30
4	Schlosser, McAnulty, Sheppard, Bedell	<i>Wesley</i>	3:25.68c	3:22.44	2/12
5	Harth, Oyola, Lamberson, Nelson	<i>Misericordia</i>	3:26.69		1/29
6	Buffington, Cornell, Graf, Grafton	<i>Penn State Behrend</i>	3:27.20co	O3:23.93	1/29
7	Theophile, Clayton, Christian, Waters	<i>Penn State Harrisburg</i>	3:27.86		1/29
8	Bailey, Dwyer, Blaylock, Taggart	<i>Moravian</i>	3:28.38		2/13

MIDWEST

1	Smith, Wallenfang, Smith, Mason	<i>UW-La Crosse</i>	3:19.92		2/6
2	Parr, Wilson, Trainor, Reschke	<i>Monmouth (Ill.)</i>	3:19.94		1/29
3	Spaccapaniccia, Nordman, Kirby, Piron	<i>North Central (Ill.)</i>	3:20.30		1/29
4	LaMendola, Popek, Smith, Swanson	<i>Augustana (Ill.)</i>	3:20.36		2/6
5	Bertram, Hiben, Cole, Eastburg	<i>Wheaton (Ill.)</i>	3:20.77		2/12
6	Burcham, Lange, Hudziak, Thompson	<i>UW-Platteville</i>	3:21.77		2/5
7	Manzuk, Clark, Diehl, Downey	<i>Chicago</i>	3:23.07		2/12
8	Fitzhugh, Bastian, Henderson, Ricketts	<i>Washington (Mo.)</i>	3:23.85		2/6

NEW ENGLAND

1	Kaba, Newman, Wilson, Lee	<i>MIT</i>	3:18.51cb	3:15.38	2/12
2	DiMaiti, Agosti, Kasemir, Goins	<i>Tufts</i>	3:20.81cb	3:17.64	2/12
3	Collins, Anderson, Miller, Webb	<i>Southern Maine</i>	3:21.26cb	3:18.09	1/29
4	Schoenhagen, Kelly, Dennis, Staver	<i>WPI</i>	3:21.97cb	3:18.79	2/12
5	Reh fuss, Ireland, Pawlina, Penny	<i>Coast Guard</i>	3:23.19cb	3:19.99	2/12
6	Raimo, Yannacone, LeAndre, Daring	<i>Williams</i>	3:23.75cb	3:20.54	2/12
7	Caballero, Summers, Sommers, Boutin	<i>Colby</i>	3:26.31		1/30
8	Porter, Power, Kent, Kennealy	<i>Bowdoin</i>	3:27.46		1/23

**2016 Indoor Track & Field, Week #4****Men's 4x400 Relay****SOUTH/SOUTHEAST**

1	Koh, Rogin, McIsaac, Pietsch	Emory	3:24.66	1/29
2	Hawkins, Ramirez, Sivals, White	Virginia Wesleyan	3:24.86	2/6
3	Breedlove, Gunther, Heckman, Galloway	Bridgewater (Va.)	3:25.61	1/15
4	Bush, Dews, Faint, Sampson	Eastern Mennonite	3:28.34	1/29
5	Campbell, Houser, Richardson, Davidson	UT Tyler	3:30.77	2/12
6	Tum, Monahan, Rodriguez, Scott	Christopher Newport	3:31.47	1/22
7	Zachariades, Del Cristo, Huffman, Jones	Washington and Lee	3:32.18	2/6
8	Sumner, Clemons, Joyner, Evans	Guilford	3:32.23	12/5

WEST

1	Lawrence, Parr, Lull, Polk	George Fox	3:29.97co	O3:26.66	2/14
2	Gosselin, Woolley, Robinson-McClur, Larson	Whitworth	3:35.11		2/5
3	Pappas, Engle, Muller, Higinbotham	Pacific (Ore.)	3:37.37c	3:33.94	2/5
4	MacAusland, Cobb, Carilli, Braithwaite	Puget Sound	3:47.92co	O3:44.33	2/14

USTFCCCA Non-Member

Will NOT be ranked, beginning Week 2



2016 Indoor Track & Field, Week #4

Men's Distance Medley Relay

ATLANTIC

1	Moynihan, Laguerre, Mazzuca, Garcia-Cassani	SUNY Geneseo	10:09.52cb10:01.34	2/12
2	Cooper, Watson, Mulcahy, Collins	Fredonia	10:19.14cb10:10.83	1/29
3	Juelis, Wood, Dugan, Hernandez	Ramapo	10:21.77c 10:13.42	2/12
4	Neville, McCurry, Eldershaw, Mesiano	Rowan	10:23.87	2/12
5	Avila, Montilus, Mann, Mudd	NYU	10:27.96c 10:19.53	2/4
6	Bohanan, Fausold, Gutierrez, Phillips	Ithaca	10:34.70	2/13
7		Stevens	10:43.92c 10:35.28	1/22
8	Claffey, Carr, Nolte, Kulpa	Utica	10:44.65	2/13

CENTRAL

1	Donner, Roberts, Pape, Rathje	Central (Iowa)	10:32.86cf 10:24.36	2/12
2	Nevills, Ofosu, Klose, Bass	Dubuque	10:44.64	1/30
3	Izer, Schreiber, Nelson, Springsteen	Coe	10:50.31	1/30
4	Berens, Butler, Plugge, Bohlken	Nebraska Wesleyan	10:58.36	2/13
5	Brecheisen, Pearson, Huffman, Nelson	Bethel (Minn.)	11:03.75	2/13
6	Crail, Anderson, Baumann, Kolacia	Grinnell	11:07.15	2/13
7	Lindsay, Proby, Wilson, Bach	Cornell College	11:19.50	1/30
8	Mazurek, Walfridsson, Koski, Corbett	UW-Superior	11:23.50	1/23

GREAT LAKES

1	Dilley, Vincent, Gopel, Kellogg	Otterbein	10:14.39	2/13
2	O'Brien, Hydzik, Scanlon, Andrews	John Carroll	10:21.54	2/13
3	Keller, Munn, Clancey, Cove	Denison	10:22.46	2/13
4	Peterson, Churchya, Berryman, Dombi	Heidelberg	10:24.07	1/29
5	Trimble, Ross, Menear, O'Neil	Mount Union	10:26.04	2/13
6	Mauser, Hennig, Loyer, Mattiuz	Rose-Hulman	10:26.47	2/13
7	Horton, Davis, Jones, Geiger	Ohio Wesleyan	10:30.33	2/13
8	McVey, McKee, Molinaro, Harden	Ohio Northern	10:33.30	1/22

MIDEAST

1	Pavarini, Dembinski, Yared, Pourshalchi	Johns Hopkins	10:15.32cb10:07.06	2/12
2	Buffington, Grafton, Natalie, McWilliams	Penn State Behrend	10:18.65co10:10.35	1/29
3	Deignan, Nelson, Buck, Hause	Misericordia	10:26.46	1/29
4	Tonzo, Detsch, Jaross, Moretton	Saint Vincent	10:28.34co10:19.91	2/5
5	Shirk, Whitehead, Headland, Scheib	Messiah	10:37.05	1/29
6	Moody, Mills, Norley, Moore	Carnegie Mellon	10:42.05	1/30
7	Porquin, Milton, Martinez, Stretz	Salisbury	10:49.68	1/30
8	Drastura, Jones, Ludlow, Edwards	DeSales	10:53.30c 10:44.53	2/12

MIDWEST

1	Runnion, Nordman, Hall, Vazquez	North Central (Ill.)	10:24.43	2/12
2	Sundberg, Koenig, Marton, DeGroot	Carroll (Wis.)	10:30.10	2/6
3	Melia, Clark, Ferguson, Booth	Chicago	10:31.01	2/12
4	Spahn, Wollenberg, Schultz, Jurenec	UW-Stevens Point	10:39.80	2/5
5	Avila, Larson, Wright, Horbinski	MSOE	10:41.86	1/15
6	Howard, Sanchez, Collins, Cotton	Carthage	10:42.11	1/15
7	Meixelsperger, Sauer, Mindham, Miede	UW-Whitewater	10:43.88	2/5
8	Wendt, Lidinsky, Lavelle, Daly	Augustana (Ill.)	10:57.03	2/13

NEW ENGLAND

1	Williams, Whitaker, Trapp, Bosworth	Connecticut College	10:04.94cb 9:56.82	2/12
2	Tangri, Lee, Wilson, Gilson	MIT	10:11.94cb10:03.73	2/12
3	Larsson, Bocobo, Wright, Hoagland	Trinity (Conn.)	10:14.94cb10:06.69	2/12
4	Griffin, Flynn, Fusco, Heller	Bates	10:16.60cb10:08.32	2/12
5	Watanabe, DiMaiti, Apostolides, O'Connor	Tufts	10:18.39cb10:10.09	1/29
6	Teachout, Penny, Ireland, Foster	Coast Guard	10:18.85cb10:10.54	2/12
7	Donahue, Power, Ellis, Henry	Bowdoin	10:19.83cb10:11.51	2/12
8	Serrao, Nichols, Martinez, Cartwright	Middlebury	10:20.36	1/29



2016 Indoor Track & Field, Week #4

Men's Distance Medley Relay

SOUTH/SOUTHEAST

1	Campbell, Monahan, Dover, Rabil	Christopher Newport	10:09.56	1/29
2	Heckman, Breedlove, Gunther, Maguder	Bridgewater (Va.)	10:24.58	1/29
3	McDonald, Roberts, Harmon, Leroy	Washington and Lee	10:27.47	1/29
4	Sampson, Faint, Thibodeaux, Bush	Eastern Mennonite	10:29.09	1/29
5	Fagan, Phillips, Dsida, Noel	Rhodes	10:30.41cb10:21.95	1/24
6	Hammond, Ventura, Creasy, Erickson	Trinity (Texas)	10:48.09	1/29
7	Brown, McBane, Schlessinger, Traynelis	Emory	10:58.72	1/29
8	Anderson, McCarthy, Houff, Speray	Mary Washington	11:00.76	2/6

WEST

1	Lawrence, Polk, Lull, Parr	George Fox	10:56.97c 10:48.15	1/29
2	Naegeli, Ungermann, Bass, Eisenbeis	Pacific (Ore.)	11:36.60c 11:27.25	2/5

USTFCCCA Non-Member

Will NOT be ranked, beginning Week 2



2016 Indoor Track & Field, Week #4

Men's High Jump

ATLANTIC

1	Andrew BRANDT	SR	Ithaca	2.05m	6-8%	1/22
2	Jack FLOOD	JR	SUNY Cortland	2.04m	6-8%	12/5
2	Jeffrey Jon TUCKER	SO	Rowan	2.04m	6-8%	12/5
4	Kenneth PRESSEY	SR	Merchant Marine Acad	2.03m	6-8	12/6
5	Nick VACHON	SO	SUNY Cortland	2.00m	6-6%	2/14
5	Jamie MULLINGS	SO	Buffalo State	2.00m	6-6%	1/22
7	Thomas BUBB	JR	SUNY Oneonta	1.99m	6-6%	12/5
8	Mark VANMARTER	SO	St. John Fisher	1.98m	6-6	1/16

CENTRAL

1	Logan MULFORD	JR	Central (Iowa)	2.14m	7-¾	2/13
2	DuVaun GOODLOW	JR	Dubuque	2.09m	6-10%	12/5
3	Logan HOVIE	SR	Macalester	2.03m	6-8	1/30
4	Pete DEHKES	SO	Carleton	2.00m	6-6%	2/6
4	Jeremy LAWSON	JR	Dubuque	2.00m	6-6%	12/5
6	Malik MORRIS	SO	Nebraska Wesleyan	1.99m	6-6%	1/22
7	Isaac FRAZIER	JR	Simpson (Iowa)	1.97m	6-5%	2/13
7	Nathan KECK	FR	Wartburg	1.97m	6-5%	1/23

GREAT LAKES

1	Zack WUKOTICH	JR	Mount Union	2.14m	7-¾	2/6
2	Rory JUHN	JR	Mount Union	2.06m	6-9	2/6
3	Richard ANNORAT	FR	Albion	2.01m	6-7	2/12
4	Michael BENNETT	SO	Heidelberg	1.98m	6-6	2/6
5	Logan ALLISON	SO	Capital	1.95m	6-4%	1/23
5	Tom HOLLIS	JR	Mount Union	1.95m	6-4%	12/5
5	Nate NEWMAN	SO	Ohio Wesleyan	1.95m	6-4%	12/5
8	Tanner ODLE	SR	Manchester	1.93m	6-4	2/12
8	Wes FRITZ	FR	Heidelberg	1.93m	6-4	2/13
8	P.J. SHAFFER	SO	Wabash	1.93m	6-4	12/11
8	Garrett COOLEY	JR	Anderson (Ind.)	1.93m	6-4	2/6
8	Josh HUDSON	SR	Mount Union	1.93m	6-4	2/13

MIDEAST

1	Kahron WALKER	JR	Moravian	2.00m	6-6%	12/4
2	Kevin GARDNER	SR	Penn State Behrend	1.98m	6-6	2/13
3	Jalil CLAYTON	FR	Penn State Harrisburg	1.95m	6-4%	1/14
4	Tevin BAILEY	FR	Stevenson	1.94m	6-4%	1/30
5	Randy HARRIS	FR	Lebanon Valley	1.93m	6-4	12/5
5	Logan WINKLER	FR	Thomas More	1.93m	6-4	2/6
7	Collin SCHULTZ	SO	Frostburg State	1.92m	6-3%	1/16
8	Jean FALCON	SO	DeSales	1.90m	6-2%	12/4
8	Olutobi OLUGBENGA	FR	Misericordia	1.90m	6-2%	12/4
8	Ben WAUGH	SO	Washington & Jefferson	1.90m	6-2%	12/4

MIDWEST

1	Brendan DEISS	SO	UW-La Crosse	2.14m	7-¾	1/23
1	Robert STARNES	SO	UW-Whitewater	2.14m	7-¾	1/22
3	Collin GRAY	SO	Wheaton (Ill.)	2.02m	6-7½	1/22
4	Austen STEWART	JR	Aurora	2.01m	6-7	1/22
5	Cameron MAGEE	SO	UW-Whitewater	2.00m	6-6%	2/13
6	Matt DIETLIN	JR	UW-Eau Claire	1.97m	6-5½	1/23
6	Eric RYDELL	JR	Illinois Wesleyan	1.97m	6-5½	12/5
6	Adam POKLOP	SO	North Central (Ill.)	1.97m	6-5½	2/12
6	Brian RUDELICH	SO	Aurora	1.97m	6-5½	12/5

NEW ENGLAND

1	Ben SATTIEWHITE	SO	Fitchburg State	2.09m	6-10%	12/5
2	Travon GODETTE	SR	Westfield State	2.08m	6-9%	1/30
3	Kevin CUTLER	SR	UMass Dartmouth	2.05m	6-8%	12/5
4	Connor HARRIS	JR	Southern Maine	2.03m	6-8	1/30
5	Jason LARAMEE	SO	Springfield (Mass.)	1.98m	6-6	1/23
5	Alexander NIEMIEC	JR	Springfield (Mass.)	1.98m	6-6	1/30
7	Chavinskee MILCENT	SO	Fitchburg State	1.95m	6-4%	1/24
8	Deklan ROBINSON	SR	Middlebury	1.93m	6-4	1/29
8	Jacob CLEMENTS	JR	Westfield State	1.93m	6-4	1/23
8	Joao BAPTISTA	FR	UMass Dartmouth	1.93m	6-4	1/30
8	Brandon HOGHAUG	SO	WPI	1.93m	6-4	1/30
8	John TOMLIN	SR	Westfield State	1.93m	6-4	12/5
8	Elijah MAWEJJE	SO	Worcester State	1.93m	6-4	2/13

SOUTH/SOUTHEAST

1	Robert EASON	SO	Rhodes	2.11m	6-11	1/24
2	Joshua REED	SR	Belhaven (Miss.)	2.10m	6-10%	2/12
3	Elijah SCOTT	JR	Centre	1.95m	6-4%	2/13
4	Davis TURNER	JR	Washington and Lee	1.94m	6-4%	12/3
5	Cameron LUSTER	FR	Birmingham-Southern	1.93m	6-4	2/6
6	Jay BAKER	JR	Rhodes	1.90m	6-2%	1/24
7	Wesley SHRIEVES	SO	Christopher Newport	1.88m	6-2	2/6
8	Quincy WATFORD	JR	Berry	1.85m	6-¾	1/24

WEST

1	JC GRIM	FR	Linfield	1.95m	6-4%	2/5
2	Devin GEIGER	JR	George Fox	1.94m	6-4%	12/12
3	Lucas MCGILL	JR	Whitworth	1.90m	6-2%	1/22
4	Alex CANCHOLA	SO	George Fox	1.85m	6-¾	1/22
4	George TWIGG-SMITH		Pacific (Ore.)	1.85m	6-¾	1/15
4	Jon PROCTOR	SO	George Fox	1.85m	6-¾	1/22
7	Bryce JOHNSON	FR	Lewis & Clark	1.80m	5-10%	2/5
7	Steven HOLLAND	SR	Linfield	1.80m	5-10%	1/22

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2016 Indoor Track & Field, Week #4

Men's Pole Vault

ATLANTIC

1	Whitman OEHLER-MARX	JR	Brockport	4.85m	15-11	12/5
2	Kyle COHEN	SO	Brockport	4.70m	15-5	2/6
2	Josh STEINMAN	JR	Brockport	4.70m	15-5	2/13
4	Calvin HARTMAN	JR	Ramapo	4.62m	15-1½	1/15
5	Cameron SHAUGHNESSY	SR	Brockport	4.60m	15-1	2/6
5	Michael WHELTON	SR	RIT	4.60m	15-1	1/29
7	Nicholas PEREZ	SR	RIT	4.55m	14-11	12/5
8	Ethan MAGUIRE	FR	RIT	4.50m	14-9	1/16
8	Austin WHITE	JR	RIT	4.50m	14-9	1/29
8	Nick HESPE	SR	NYU	4.50m	14-9	2/12
8	Chris GUGLIELMO	JR	TCNJ	4.50m	14-9	2/12
8	Charles KOLLMER	SO	SUNY Cortland	4.50m	14-9	12/12
8	Justyn HAINES	SO	Fredonia	4.50m	14-9	12/5

CENTRAL

1	Joe MATHESON	SR	Hamline	4.57m	15-0	2/13
2	David HOIEN	JR	Gustavus Adolphus	4.47m	14-8	1/29
2	Derek HUNTLEY	JR	Gustavus Adolphus	4.47m	14-8	1/29
4	Evan KEIL	JR	St. Thomas (Minn.)	4.40m	14-5½	2/12
4	AJ FARRAND	SR	Nebraska Wesleyan	4.40m	14-5½	1/29
6	Hunter DUNLAP	SO	Loras	4.30m	14-1½	1/22
6	Eddie CLIFTON	SO	Concordia Moorhead	4.30m	14-1½	2/13
8	Steve ZINGSHEIM	SR	Hamline	4.27m	14-0	2/13
8	Josh MURREY	JR	Concordia Moorhead	4.27m	14-0	2/6

GREAT LAKES

1	Tyler OREWILER	SR	Mount Union	5.22m	17-1½	2/6
2	Lucas WOLTERS	SO	Calvin	4.81m	15-9½	2/12
3	Christian RHODES	JR	Wabash	4.76m	15-7½	2/6
4	Brandon IKE	SR	Ohio Northern	4.65m	15-3	1/30
4	Brian HAYHURST	SR	Wabash	4.65m	15-3	2/13
4	Nathan GREEN	JR	Rose-Hulman	4.65m	15-3	1/30
7	Johnathon SPILKER	JR	Baldwin Wallace	4.57m	15-0	2/6
7	Joshua BLOME	JR	Rose-Hulman	4.57m	15-0	2/6

MIDEAST

1	Andrew BARTNETT	JR	Johns Hopkins	5.20m	17-¾	2/12
2	Tim MOSES	JR	Messiah	5.10m	16-8¾	12/12
3	Andrew BRANNEN	SR	Westminster (Pa.)	4.60m	15-1	1/22
3	Luke PATTEN	JR	Penn State Behrend	4.60m	15-1	1/23
5	Jake KESTER	FR	Westminster (Pa.)	4.56m	14-11½	2/12
5	Evan LESNICK	FR	Westminster (Pa.)	4.56m	14-11½	2/12
7	Ryan KARNOPP	SR	Moravian	4.40m	14-5½	1/30
7	Dane CORNELIUS	JR	Messiah	4.40m	14-5½	2/12

MIDWEST

1	Luke WINDER	SO	North Central (Ill.)	5.40m	17-8½	2/6
2	Christian LUCCHESI	SO	UW-Stout	4.96m	16-3¾	1/29
3	Conrad BOLLINGER	SR	Principia	4.90m	16-¾	2/6
4	Matthew DWYER	JR	UW-Platteville	4.86m	15-11½	2/5
5	Devan GERTSCHEN	SO	UW-Oshkosh	4.83m	15-10	2/13
6	Garrett RIGGS	SR	UW-Platteville	4.82m	15-9¾	2/13
7	Spencer LAHAYE	JR	North Central (Ill.)	4.80m	15-9	2/6
8	Brendan COLE	SR	Wheaton (Ill.)	4.76m	15-7¾	1/22

NEW ENGLAND

1	Ron HELDERMAN	SO	Southern Maine	4.80m	15-9	2/13
2	Zachary DELISLE	SR	Westfield State	4.71m	15-5½	1/30
3	John NATALONE	FR	Middlebury	4.68m	15-4¾	1/29
4	Pierceson BROWN	SO	Williams	4.55m	14-11	2/6
4	Michael FRICK	FR	Coast Guard	4.55m	14-11	2/13
4	Scott CAMERON	FR	MIT	4.55m	14-11	2/13
4	Marshall WENTWORTH	SR	MIT	4.55m	14-11	1/30
4	Matt NAVETTA	SR	Coast Guard	4.55m	14-11	2/13

SOUTH/SOUTHEAST

1	Jonathan GRAHAM	FR	Christopher Newport	4.65m	15-3	2/6
2	Eli SUMNER	SO	Berry	4.64m	15-2¾	2/6
3	Spencer KOH	SR	Emory	4.45m	14-7¾	1/29
4	Babadamilola ALAO	FR	Christopher Newport	4.35m	14-3¾	12/5
5	Wes HANCE	FR	Hendrix	4.15m	13-7¾	2/6
6	David CAMPBELL	SO	Birmingham-Southern	4.10m	13-5½	1/24
7	Dylon GARRETT	SO	Mary Washington	4.05m	13-3¾	2/6
7	Isaac TONEY	SR	Centre	4.05m	13-3¾	2/13

WEST

1	Everett KLEVEN	JR	Whitworth	4.75m	15-7	2/5
2	Deion MOCK	SR	Lewis & Clark	4.48m	14-8¾	2/14
3	Dallas FAGEN	JR	Linfield	4.40m	14-5¾	1/29
4	Hayden DAVISSON	SO	Linfield	4.07m	13-4¾	1/22
5	Will JONES	FR	George Fox	3.95m	12-11½	1/29

USTFCCCA Non-Member

Will NOT be ranked, beginning Week 2



2016 Indoor Track & Field, Week #4

Men's Long Jump

ATLANTIC

1	Mark VANMARTER	SO	St. John Fisher	7.21m	23-8	1/22
2	Cory COX	SR	Buffalo State	7.14m	23-5½	1/22
3	Jeffrey Jon TUCKER	SO	Rowan	7.02m	23-¾	2/12
4	Jonathan KUBERKA	SR	Rochester (N.Y.)	6.96m	22-10	12/10
5	George ALEXANDRIS	SO	Rowan	6.95m	22-9½	2/12
6	James GUARNERA	SR	SUNY Oneonta	6.94m	22-9½	1/9
7	Thomas COSGROVE	JR	St. John Fisher	6.87m	22-6½	12/10
8	De'Marquis MALONE	SR	Ithaca	6.86m	22-6½	1/22

CENTRAL

1	Chris HAWKINS	SO	Coe	7.03m	23-¾	1/16
2	Dwight ALEXANDER	SO	Carleton	6.89m	22-7½	1/22
3	Michael WITSCHEN	JR	St. Thomas (Minn.)	6.86m	22-6½	2/5
4	Malik MORRIS	SO	Nebraska Wesleyan	6.83m	22-5	1/29
5	Kortez PICKETT	FR	Dubuque	6.76m	22-2½	1/16
6	Justin WIMBISH	SO	Central (Iowa)	6.69m	21-11½	2/12
7	Keontae NEELY	SR	Loras	6.67m	21-10½	12/5
8	Famiek COOK	FR	Wartburg	6.65m	21-10	1/29

GREAT LAKES

1	Logan ALLISON	SO	Capital	6.92m	22-8½	2/6
2	Aaron MELSOP	SR	Wittenberg	6.90m	22-7½	12/5
3	Garrett COOLEY	JR	Anderson (Ind.)	6.88m	22-7	1/23
4	Jeffery BARNETT	FR	Trine	6.80m	22-3½	12/5
5	Austin RODRIGUEZ	SR	Alma	6.76m	22-2½	12/4
6	Adam NORTH	SO	John Carroll	6.75m	22-1½	2/13
7	Logan LINDSLEY	JR	Trine	6.73m	22-1	12/5
8	Ahmed ABDEL HALIM	SR	Ohio Wesleyan	6.67m	21-10½	2/13

MIDEAST

1	Ta'riq THOMAS	SO	Delaware Valley	7.00m	22-11½	12/5
2	Rai WALTERS	FR	Carnegie Mellon	6.95m	22-9½	1/30
3	Umar MOORE	SR	Bethany (W.Va.)	6.92m	22-8½	2/6
4	Josh COLLEY	JR	Widener	6.88m	22-7	1/30
4	Gavin BAILEY	SR	Moravian	6.88m	22-7	2/13
6	Kenneth SCOTT-KELOW	JR	Stevenson	6.87m	22-6½	1/9
7	Travis ANDREWS	SR	Gettysburg	6.86m	22-6½	1/30
8	Kahron WALKER	JR	Moravian	6.82m	22-4½	12/4

MIDWEST

1	Robert STARNES	SO	UW-Whitewater	7.32m	24-¾	2/5
2	James WILSON	SR	Monmouth (Ill.)	7.23m	23-8½	1/16
3	Jordan RICHARDS	SR	UW-Stevens Point	7.21m	23-8	1/29
4	Brendan COLE	SR	Wheaton (Ill.)	7.03m	23-¾	1/29
5	Jerry WILLIAMS	JR	UW-Stevens Point	6.87m	22-6½	2/13
5	Hunter EFFA	JR	UW-Oshkosh	6.87m	22-6½	2/5
7	Alec DIX	SR	UW-Stevens Point	6.84m	22-5½	1/29
8	Bryce MANCHESKI	SO	UW-Oshkosh	6.82m	22-4½	2/5

NEW ENGLAND

1	John LATOUR	SR	Westfield State	6.89m	22-7½	2/6
2	Stephan DECARLO	SO	Bowdoin	6.88m	22-7	1/23
3	Alexander NIEMIEC	JR	Springfield (Mass.)	6.86m	22-6½	12/5
4	Arinze OKEKE	JR	MIT	6.77m	22-2½	1/16
5	Jared HANNON	FR	Keene State	6.76m	22-2½	12/5
6	Duy TRUONG	SR	Worcester State	6.70m	21-11½	2/13
7	Linus GORDON	SO	Tufts	6.68m	21-11	1/16
8	Chavinskee MILCENT	SO	Fitchburg State	6.65m	21-10	1/24
8	Brian GREENBERG	SO	Bowdoin	6.65m	21-10	2/6

SOUTH/SOUTHEAST

1	Evan TRUMAN	JR	Lynchburg	6.87m	22-6½	2/6
2	Scott LEWIS	JR	Birmingham-Southern	6.86m	22-6½	1/16
3	Davonta WOMACK	FR	Bridgewater (Va.)	6.77m	22-2½	2/6
3	Kyle VEATOR	JR	Emory	6.77m	22-2½	1/15
5	Nuriddin ABDUS-SALAAM	FR	Eastern Mennonite	6.70m	21-11½	12/5
6	Daniel FISHER	FR	Methodist	6.69m	21-11½	12/5
7	Wesley SHRIEVES	SO	Christopher Newport	6.54m	21-5½	2/6
8	Darren PETTY	FR	Randolph	6.46m	21-2½	1/29

WEST

1	JC GRIM	FR	Linfield	6.82m	22-4½	1/22
2	Alex CANCHOLA	SO	George Fox	6.49m	21-3½	1/29
3	Devin GEIGER	JR	George Fox	6.48m	21-3½	12/12
4	Afari LA-ANYANE	SO	Redlands	6.06m	19-10½	1/29
5	Lucas MCGILL	JR	Whitworth	6.01m	19-8½	2/14
5	Cameron BRAITHWAITE	SR	Puget Sound	6.01m	19-8½	2/14
5	Chris BRANHAM	SO	Puget Sound	6.01m	19-8½	1/22
8	Steven BRANHAM	JR	Puget Sound	5.91m	19-4½	1/22

USTFCCCA Non-Member

Will NOT be ranked, beginning Week 2



2016 Indoor Track & Field, Week #4

Men's Triple Jump

ATLANTIC

1	Jared LEWIS	SO	Stockton	14.73m	48-4	12/5
2	Boubacar DIALLO	SR	Rochester (N.Y.)	14.29m	46-10½	12/10
3	Andrew MCNUTT	SO	TCNJ	14.28m	46-10½	1/24
4	Dwight CORLEY	FR	Buffalo State	14.25m	46-9	2/12
5	Dawan JONES	SO	SUNY Cortland	14.19m	46-6½	2/6
6	Shane RUFFING	SR	Utica	14.12m	46-4	2/13
7	De'Marquis MALONE	SR	Ithaca	14.00m	45-11½	1/22
8	Christopher WHITE	FR	SUNY Cortland	13.98m	45-10½	12/12

CENTRAL

1	Garrett SELLHORST	SR	Nebraska Wesleyan	14.55m	47-9	1/22
2	Kebba BOJANG	SR	Dubuque	14.23m	46-8½	12/5
3	Charles JACKSON III	FR	Dubuque	13.97m	45-10	1/16
4	AJ FARRAND	SR	Nebraska Wesleyan	13.86m	45-5½	2/13
5	Bryan ORTMAN	SR	Saint Mary's (Minn.)	13.68m	44-10½	1/16
6	Raymond TWUMASI	JR	Saint John's (Minn.)	13.67m	44-10½	2/5
7	Ryan SEARLE	FR	Nebraska Wesleyan	13.22m	43-4½	2/6
8	Bakari JACKSON	FR	Hamline	13.20m	43-3½	2/5

GREAT LAKES

1	Ahmed ABDEL HALIM	SR	Ohio Wesleyan	14.52m	47-7½	1/29
2	Justin FISHER	SR	Wittenberg	13.73m	45-½	1/16
3	Logan ALLISON	SO	Capital	13.68m	44-10½	1/29
4	Ananth SURESH	FR	Case Western Reserve	13.20m	43-3½	2/6
4	Jephte JEAN CLAUDE	FR	Albion	13.20m	43-3½	2/12
6	Aaron MELSOP	SR	Wittenberg	13.14m	43-1½	1/16
7	Louis KOPP	FR	Hope	13.13m	43-1	1/22
8	Brendan SMYTH	JR	Rose-Hulman	13.09m	42-11½	1/22

MIDEAST

1	Ameer SORRELL	SR	Widener	14.69m	48-2½	2/13
2	Josh COLLEY	JR	Widener	14.42m	47-3½	2/13
3	Samuel POPE	FR	Ursinus	14.09m	46-2½	2/12
4	Umar MOORE	SR	Bethany (W.Va.)	13.83m	45-4½	1/16
4	Kenneth SCOTT-KELOW	JR	Stevenson	13.83m	45-4½	2/6
6	Matthew ADEDEJI	SO	Salisbury	13.66m	44-9½	1/30
7	Zaire WEAVER	FR	Stevenson	13.61m	44-8	1/29
8	Adam DIABAGATE	SO	Stevenson	13.59m	44-7	2/6

MIDWEST

1	Sola OLATEJU	SO	Wheaton (Ill.)	14.33m	47-¾	1/29
2	Matt BRENDENMIHL	JR	UW-Platteville	14.15m	46-5½	2/13
3	Tyler WHITE	SO	Concordia Wisconsin	14.07m	46-2	1/29
4	Alec DIX	SR	UW-Stevens Point	13.89m	45-7	2/5
5	Julian GREENUP	SR	UW-La Crosse	13.78m	45-2½	2/13
6	Travon ALDRIDGE	SO	Augustana (Ill.)	13.77m	45-2½	1/29
7	Jarrid WILLIAMS	JR	Greenville	13.65m	44-9½	2/6
8	Matt LORENZ	SR	UW-La Crosse	13.61m	44-8	2/13

NEW ENGLAND

1	Arinze OKEKE	JR	MIT	14.52m	47-7½	1/30
2	Brian GREENBERG	SO	Bowdoin	14.34m	47-¾	2/12
3	William RUSCHEL	SO	MIT	14.31m	46-11½	1/30
4	Cameron WILLIAMSON	SO	Bridgewater State	14.16m	46-5½	2/13
5	Connor HARRIS	JR	Southern Maine	14.01m	45-11½	2/13
6	David MOTLEY	SR	MIT	13.95m	45-9½	1/30
7	Drew GAMAGE	FR	Southern Maine	13.91m	45-7½	2/13
8	Christian HOLWAY	FR	Williams	13.83m	45-4½	1/23

SOUTH/SOUTHEAST

1	Max HOBERMAN	SR	Emory	14.47m	47-5½	1/24
2	Darin COUNCIL	JR	Bridgewater (Va.)	14.01m	45-11½	2/6
3	Michael AGYEMAN	FR	Christopher Newport	13.52m	44-4½	2/6
4	Adam BUTLER	SR	Bridgewater (Va.)	13.35m	43-9½	2/6
5	Charlie HU	SO	Emory	13.34m	43-9½	1/24
6	Khiry WEAVER	SO	Christopher Newport	13.18m	43-3	2/6
7	Grant AMOATENG	FR	Eastern Mennonite	12.88m	42-3½	2/6
8	Brandon CHRISTIAN	FR	Bridgewater (Va.)	12.87m	42-2½	1/9
8	Linwood STEVENS	SR	Lynchburg	12.87m	42-2½	1/29

WEST

1	Cameron BRAITHWAITE	SR	Puget Sound	12.68m	41-7½	2/5
2	George TWIGG-SMITH	SO	Pacific (Ore.)	12.16m	39-10½	1/22

USTFCCCA Non-Member

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2016 Indoor Track & Field, Week #4

Men's Shot Put

ATLANTIC

1	Kyle KOEHLER	SR	St. John Fisher	16.65m	54-7½	1/16
2	Jon ROGERS	JR	Brockport	15.61m	51-2½	2/13
3	Tyler YEASTEDT	SR	RPI	15.53m	50-11½	2/13
4	Glenn KOHLES	JR	Rowan	15.50m	50-10½	1/15
5	Samuel KACZMAREK	JR	Utica	15.47m	50-9½	12/5
6	Michael BEGEN	JR	Ramapo	15.35m	50-4½	1/15
7	Edward DENNERLEIN	FR	Rutgers-Newark	15.32m	50-3½	1/15
8	Matthew SANTANGELO	JR	Montclair State	15.17m	49-9½	2/6

CENTRAL

1	Matt SCHAUER	JR	St. Thomas (Minn.)	16.36m	53-8½	2/5
2	Thomas UDENBERG	JR	UW-Superior	16.35m	53-7½	1/29
3	Eric DOLS	FR	Hamline	16.28m	53-5	2/5
4	Chase DUWENHOEGGER	SO	Hamline	15.95m	52-4	2/5
5	Travis JACOBSON	SO	Hamline	15.88m	52-1½	2/5
6	Charles ZILAITIS	JR	Cornell College	15.82m	51-11	2/6
7	Blaze MURFIN	FR	Dubuque	15.77m	51-9	2/6
8	Nick WOODS	JR	St. Olaf	15.30m	50-2½	2/12

GREAT LAKES

1	Marcus DOZIER	SR	DePauw	17.23m	56-6½	2/5
2	Charles SPAETH	JR	Rose-Hulman	15.87m	52-1	1/30
3	Tyler BURDORFF	SR	Baldwin Wallace	15.69m	51-5½	2/6
4	Cody SMITH	SO	Baldwin Wallace	15.45m	50-8½	2/13
5	Jason COON	FR	Capital	15.44m	50-8	1/29
6	Myron GOLDSMITH	SO	Capital	15.42m	50-7½	1/8
7	Josh HIMES	SO	Rose-Hulman	15.09m	49-6½	2/13
8	Lucas COOPER	FR	Mount Union	14.92m	48-11½	2/6

MIDEAST

1	John LOWERY	SR	Frostburg State	16.77m	55-¼	2/12
2	Mitchell OBENRADER	JR	Penn State Behrend	16.39m	53-9½	2/13
3	Tom SCHETROMA	SR	Susquehanna	15.76m	51-8½	1/29
4	Parker MUNSON	SR	Moravian	15.70m	51-6½	2/13
5	Logan LEWIS	SO	Franklin & Marshall	15.44m	50-8	2/13
6	Greg CAHILL	JR	Moravian	15.14m	49-8½	12/11
7	Alexander PALESCANDOLO	SR	York (Pa.)	15.03m	49-3½	2/12
8	Denzel PETTWAY	FR	Moravian	14.89m	48-10½	12/11

MIDWEST

1	Alex MESS	SR	UW-Eau Claire	17.14m	56-3	2/12
2	Zachary BAEHMAN	SR	UW-Oshkosh	17.03m	55-10½	2/5
3	Theron BAUMANN	SO	UW-Whitewater	16.84m	55-3	1/16
4	Ryan PAULICK	JR	UW-Oshkosh	15.87m	52-1	1/22
5	Kyle WHALEY	JR	UW-Platteville	15.81m	51-10½	2/13
6	Nate NEWBERRY	JR	UW-La Crosse	15.79m	51-9½	2/13
7	Jordan JENSEN	SR	UW-Eau Claire	15.68m	51-5½	2/5
8	Logan MAURER	FR	Ripon	15.59m	51-1½	2/5

NEW ENGLAND

1	Nick MARGITZA	SR	Bates	16.61m	54-6	1/29
2	Karl NYHOLM	SO	Colby-Sawyer	15.83m	51-11½	2/13
3	Sam WEEKS	JR	Worcester State	15.36m	50-4½	2/13
4	Atticus SWETT	SR	Tufts	15.22m	49-11½	1/23
5	Jared LOUF-WOODS	SO	UMass Dartmouth	14.78m	48-6	2/13
6	Colin CABRAL	JR	Rhode Island College	14.76m	48-5½	2/13
7	Agbon EDOMWONYI	SR	Wesleyan (Conn.)	14.75m	48-4½	1/16
8	John PIETRO	SO	Bowdoin	14.32m	46-11½	1/15

SOUTH/SOUTHEAST

1	Keiundas WADE	SR	UT Tyler	14.92m	48-11½	1/24
2	Jeremy HEIZER	SR	Eastern Mennonite	14.89m	48-10½	12/5
3	Patrick ROBERTSON	JR	Washington and Lee	14.01m	45-11½	2/6
4	Evan GRIFFEY	SO	Lynchburg	13.98m	45-10½	2/6
5	Ryan LONG	SO	Christopher Newport	13.88m	45-6½	2/6
6	Tej SUBER	SO	Rhodes	13.67m	44-10½	1/24
7	Daniel FORJAN	SO	Mary Washington	13.43m	44-¾	1/30
8	Michael ROMANO	SR	Lynchburg	13.40m	43-11½	2/11

WEST

1	Corey BURT	SR	Whitworth	16.22m	53-2½	1/16
2	Scott MAYFIELD	SR	Whitworth	14.94m	49-¼	1/16
3	Caleb DALZELL	FR	George Fox	13.68m	44-10½	2/5
4	Jeff LIEDER	SO	Linfield	13.61m	44-8	1/22
5	Kolton CARLSON	SR	Whitworth	13.00m	42-8	1/22
6	Scott ANDERSON	JR	Linfield	12.97m	42-6½	1/29
7	Sam YAEGER	JR	Redlands	12.50m	41-¾	1/29
8	Alex BOYD	FR	George Fox	12.12m	39-9½	2/5

USTFCCCA Non-Member

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2016 Indoor Track & Field, Week #4

Men's Weight Throw

ATLANTIC

1	Luis RIVERA	SR	Nazareth	19.97m	65-6%	2/6
2	Jyaire EWA	SO	Farmingdale State	17.66m	57-11%	1/30
3	Tyler YEASTEDT	SR	RPI	17.48m	57-4%	2/6
4	Mitchel COUCH	JR	SUNY Cortland	17.29m	56-8%	2/14
5	Jon ROGERS	JR	Brockport	16.55m	54-3%	1/22
6	Scott KASSON	SR	St. Lawrence	16.34m	53-7%	2/13
7	Sawyer BELL	SR	Fredonia	16.06m	52-8%	2/12
8	Dylan BERARDELLI	SR	Hamilton	15.95m	52-4	2/6

CENTRAL

1	Jeremy PETERSON	SR	St. Scholastica	17.70m	58-1	1/23
2	Charles ZILAITIS	JR	Cornell College	17.35m	56-11%	1/30
3	Sam FISCHER	SR	Gustavus Adolphus	17.15m	56-3%	2/6
4	Blaze MURFIN	FR	Dubuque	17.00m	55-9%	2/13
5	Robbie PETERS	SO	Coe	16.91m	55-5%	2/13
6	Mario-John OTCHERE	SR	Dubuque	16.74m	54-11%	2/6
7	Thomas FLEMING	JR	UW-Superior	16.56m	54-4	2/6
8	Christian PILLATH	FR	UW-Superior	16.55m	54-3%	2/13

GREAT LAKES

1	Tyler BURDORFF	SR	Baldwin Wallace	18.06m	59-3	2/13
2	Sam GILLY	SR	Trine	17.75m	58-3	1/29
3	Lucas SHUMATE	JR	Ohio Northern	17.26m	56-7%	2/13
4	Tyler SHUMATE	SR	Mount Union	16.97m	55-8%	2/13
5	Edgar GONZALEZ	SR	Bluffton	16.53m	54-2%	1/15
6	Josh HIMES	SO	Rose-Hulman	16.30m	53-5%	1/30
7	Zak DYSERT	SO	Baldwin Wallace	16.23m	53-3	1/29
8	Kalvin BUTTS	SO	Wilmington (Ohio)	15.99m	52-5%	2/13

MIDEAST

1	Thomas ZAMORSKI	SR	Widener	17.42m	57-2	2/13
2	John LOWERY	SR	Frostburg State	16.33m	53-7	2/6
3	Greg CAHILL	JR	Moravian	16.24m	53-3%	1/30
4	Rob LAWLER	SR	DeSales	16.21m	53-2%	12/4
5	Dan HERBSTER	JR	Widener	15.50m	50-10%	2/13
6	Parker MUNSON	SR	Moravian	15.37m	50-5%	1/30
7	Jacob SCHOFEL	SO	Carnegie Mellon	14.97m	49-1%	2/13
8	Jermaine MCQUEEN	SO	Lebanon Valley	14.91m	48-11	1/29

MIDWEST

1	Alex MESS	SR	UW-Eau Claire	18.23m	59-9%	2/5
2	Logan HEIL	JR	UW-Stevens Point	17.36m	56-11%	1/23
3	Brandon PICHEN	SO	Aurora	17.05m	55-11%	2/12
4	Levi PERRY	JR	UW-Whitewater	17.03m	55-10%	1/16
5	Ethan PALMER	SO	UW-La Crosse	17.01m	55-9%	2/13
6	Zach STOCKHEIMER	SR	UW-Whitewater	16.98m	55-8%	2/5
7	Kyle WHALEY	JR	UW-Platteville	16.88m	55-4%	2/5
8	Nathan BERG	SO	UW-La Crosse	16.62m	54-6%	2/6

NEW ENGLAND

1	Edward CUMMINS	SR	Rhode Island College	18.76m	61-6%	2/6
2	Adedire FAKOREDE	SO	Bates	17.62m	57-9%	2/12
3	Nick MARGITZA	SR	Bates	16.85m	55-3%	2/6
4	Colin CABRAL	JR	Rhode Island College	16.76m	55-0	1/16
5	Agbon EDOMWONYI	SR	Wesleyan (Conn.)	16.48m	54-1	2/6
6	Jason BEAUREGARD	SR	WPI	16.47m	54-½	2/6
7	Shamar SPRUILL	FR	Rhode Island College	15.94m	52-3%	1/23
8	Christian COLAVECCHIO	SR	Rhode Island College	15.92m	52-2%	1/29

SOUTH/SOUTHEAST

1	Ali YAZDANSHENAS	SO	UT Tyler	16.11m	52-10%	2/5
2	Kameren MORGAN	FR	Birmingham-Southern	15.86m	52-½	1/16
3	Robert GRAHAM	SR	Christopher Newport	15.15m	49-8%	1/22
4	Gabriel PEREZ	SO	UT Tyler	15.09m	49-6%	2/12
5	Jeremy HEIZER	SR	Eastern Mennonite	14.87m	48-9%	1/29
6	Patrick ROBERTSON	JR	Washington and Lee	14.77m	48-5%	12/3
7	Vionte PIGFORD	SR	Methodist	14.73m	48-4	12/5
8	Austin ROSSI	JR	Birmingham-Southern	14.38m	47-2%	2/6

WEST

1	Scott MAYFIELD	SR	Whitworth	16.84m	55-3	2/5
2	David PARISH	FR	Pacific (Ore.)	12.52m	41-1	2/14
3	Kiel PHELPS	FR	George Fox	12.49m	40-11%	12/12
4	Adam SHULL	FR	George Fox	12.35m	40-6%	12/12
5	Jason DRAPER	FR	Pacific (Ore.)	12.16m	39-10%	2/14
6	Caleb DALZELL	FR	George Fox	11.36m	37-3%	12/12
7	Chase PATTERSON	FR	Pacific (Ore.)	11.11m	36-5%	2/14
8	Izaiya TAYLOR	FR	Pacific (Ore.)	10.46m	34-4	2/14

USTFCCCA Non-Member

Will NOT be ranked, beginning Week 2



2016 Indoor Track & Field, Week #4

Men's Heptathlon

ATLANTIC

1	Jack FLOOD	JR	SUNY Cortland	5,054	2/6
2	Connor CHRISTOPHERSON	JR	SUNY Cortland	4,974	2/6
3	Aidan FULLERTON	SR	SUNY Geneseo	4,766	2/6
4	Michael WHELTON	SR	RIT	4,620	1/29
5	Jacob DAVIS	SO	SUNY Cortland	4,545	2/6
6	Seth SPICER	SO	Alfred	4,542 OT	12/4
7	Brent DI VITORRIO	FR	SUNY Cortland	4,485	2/6
8	James GUARNERA	SR	SUNY Oneonta	4,326	2/6

CENTRAL

1	Kevin WAGNER	SO	St. Scholastica	4,864	1/29
2	Isaac FRAZIER	JR	Simpson (Iowa)	4,522	1/29
3	Jackson SCHEPP	SO	Concordia Moorhead	4,393	2/6
4	Jaemin POWELL	SR	Central (Iowa)	4,390	12/11
5	Ryan KRUSE	FR	Central (Iowa)	4,298	12/11
6	Kyle WESSLING	JR	Buena Vista	4,248	1/22
7	Preston HUDDLESTON	SO	St. Thomas (Minn.)	4,226	2/5
8	Joe HENDRICKSON	SO	Concordia Moorhead	4,036	2/6

GREAT LAKES

1	Matt DICKERSON	SR	Wabash	4,760	2/6
2	Nate NEWMAN	SO	Ohio Wesleyan	4,430	2/6
3	Darrell BRIGGS	SO	Muskingum	3,951	2/6
4	Josh HUDSON	SR	Mount Union	3,761	2/6
5	Colton ORR	SO	Kenyon	3,707	2/6
6	Connor STUMM	JR	Wabash	3,664	2/6
7	Andrew MILHOAN	SR	Mount Union	3,639	2/6
8	Ryan SANDWISCH	JR	Capital	2,987	2/6

MIDEAST

1	Dane CORNELIUS	JR	Messiah	4,132	1/15
2	Aaron GRAY	SO	Messiah	3,650	1/15
3	William FOUNTAIN	JR	Salisbury	3,632	1/30
4	Brandon MCMINN	SO	Lebanon Valley	3,560	1/15
5	E. Reid PAVLIK	SR	Lebanon Valley	3,408	1/15
6	Brandon STEARN	SR	Messiah	3,366	1/15
7	Sean WEISS	JR	Widener	3,350	1/29
8	Matthew KLINE	SO	Messiah	3,265	1/15

MIDWEST

1	Ethen SCHOEN	JR	UW-Stout	4,804	1/29
2	Brad BOOCKMEIER	SR	St. Norbert	4,701	1/22
3	Alex ARTEAGA	SR	Washington (Mo.)	4,644	2/6
4	Josh SELJE	JR	UW-Whitewater	4,558	1/29
5	Randy HILL	SR	St. Norbert	4,526	2/6
6	Jeremy LEE	FR	UW-Stevens Point	4,392	1/29
7	Leif VAN GRINSVEN	FR	Wheaton (Ill.)	4,344	2/6
8	Garrett CARLSON	SO	UW-La Crosse	4,337	1/29

NEW ENGLAND

1	Adrian SAMSEL	JR	MIT	4,579	1/15
2	Travon GODETTE	SR	Westfield State	4,372	1/15
3	Andrew HERWIG	SR	Colby	4,173	1/15
4	Duy TRUONG	SR	Worcester State	4,170	1/30
5	Charles MOODY	FR	Southern Maine	4,136	1/22
6	Luke GRAY	SO	MIT	4,128	1/30
7	Nick DALTON	JR	WPI	4,109	1/30
8	James LYNCH	SR	Middlebury	4,064	1/29

SOUTH/SOUTHEAST

1	Cody BELOW	SR	Virginia Wesleyan	3,100	1/22
2	Dwayne LEONARD	FR	Christopher Newport	2,997	1/22

WEST

1	Dallas FAGEN	JR	Linfield	3,880	1/15
2	Hayden DAVISSON	SO	Linfield	3,646	1/15

USTFCCCA Non-Member

Will NOT be ranked, beginning Week 2



2016 Indoor Track & Field, Week #4

Women's 60 Meters

ATLANTIC

1	Shailah WILLIAMS	SR	Rowan	7.66	2/12
2	ebonique JONES	SO	Rowan	7.74	12/5
3	Catarra BURROUGHS	SO	Buffalo State	7.79	1/22
4	Shannon ROBERTS	JR	Manhattanville	7.87	1/30
4	Sarah WERNER	SR	Ithaca	7.87	2/6
6	Yvette IGBOKWE	SR	Rochester (N.Y.)	7.89	2/12
7	Shuntone PRICHER	SR	Buffalo State	7.91c 7.34(55)	2/12
8	Alicia DONALDSON	FR	SUNY Oneonta	7.95	2/12

CENTRAL

1	Abigail DAVIS	SR	Central (Iowa)	7.69	12/5
2	Erica DYNES	SR	Wartburg	7.77	2/5
3	Katie KRICK	SO	Nebraska Wesleyan	7.89	1/29
4	Callie JONES	JR	Augsburg	7.90	1/29
5	Ashlee DOWNS	SR	Central (Iowa)	7.97	1/29
6	Shakeela WELLS-JOHNSON	JR	St. Catherine (Minn.)	8.01	2/6
7	Taylor JONES	FR	Wartburg	8.02	1/15
8	Brittnee POWERS	SR	Loras	8.03	2/6

GREAT LAKES

1	Brea MEDLOCK	SR	Wittenberg	7.84	2/13
2	Dana CROFOOT	SO	Mount Union	7.87	2/13
3	Emily JENKINS	SR	John Carroll	7.90	1/29
4	Melanie WINTERS	SR	Baldwin Wallace	7.94	1/22
5	Jordin FENDER	JR	Transylvania	7.96	2/6
5	Allison GAST	JR	Ohio Northern	7.96	1/30
7	Natalie CORRADO	SO	Allegheny (Pa.)	7.98	1/29
8	Mariah NEVELS	FR	Otterbein	8.01	12/5
8	Steph DONLEY	SO	Mount Union	8.01	2/13

MIDEAST

1	Evelina SLOBOH	FR	Wesley	7.70	2/6
2	Oniesha CLARKE	FR	Misericordia	7.83	2/6
2	Kayla TRUESDEL	SO	Frostburg State	7.83	1/29
2	Alexia MITCHELL	SO	Wesley	7.83	2/6
5	Zakiyyah RICHARDSON	SR	Gwynedd-Mercy	7.86	12/5
5	Valerie MCLAUGHLIN	FR	Widener	7.86	2/13
7	Paige ALLEN	JR	Penn State Behrend	7.87	2/13
8	Lauren WILLIAMS-WILES	FR	Washington & Jefferson	7.89c 7.32(55)	2/12

MIDWEST

1	Nia JOINER	SR	Illinois Wesleyan	7.55	2/6
2	Deterrica SIMPKINS	SO	Aurora	7.77	2/12
3	Meg HEAFY	SR	UW-La Crosse	7.78	2/13
4	Angela HERRMANN	SR	Illinois Wesleyan	7.79	12/5
4	Liz LECAPTAIN	SR	St. Norbert	7.79	2/5
6	Ariel KINLOW		Concordia Wisconsin	7.81c 7.25(55)	2/6
7	Olivia SEELEY	FR	UW-Oshkosh	7.85	2/13
7	Kaitlin WOYAK	FR	UW-Stout	7.85	2/5

NEW ENGLAND

1	Camille COKLOW	SR	Mount Holyoke	7.70	2/12
2	Alexis HARRISON	SR	Tufts	7.75	1/23
3	Courtney LUSCIER	SO	Springfield (Mass.)	7.84	2/12
4	Francesca FLYNN	SR	Wheaton (Mass.)	7.86	2/5
5	Nicole KIRK	SR	Southern Maine	7.87	1/23
6	Hannah CHEN	SO	MIT	7.91	1/23
7	Alexis WALKER	SR	Wesleyan (Conn.)	7.92	1/30
8	Anisha TRAPPIER	SR	UMass Boston	7.93	1/29

SOUTH/SOUTHEAST

1	Nkolika NWEKE	SO	Trinity (Texas)	7.84	2/12
2	Brianna HARDEMAN	SO	Rhodes	7.89	12/4
3	Amber CELEN	SO	Bridgewater (Va.)	7.93	1/9
4	Dana LEE	JR	Washington and Lee	7.94	2/11
4	Dani BLAND	FR	Emory	7.94c 7.37(55)	2/6
6	Karmin SHUTE	SO	Birmingham-Southern	8.01c 7.43(55)	2/6
7	Diana YOUNG	SO	Randolph	8.04	2/6
7	Alexis JANNEY	SR	Roanoke	8.04	12/5
7	Janel MOORE	SO	Mary Washington	8.04	1/30
7	Julia LEVENTHAL	SO	Emory	8.04	1/24

WEST

1	Dallas EDGE	JR	Linfield	8.01	1/29
2	Asia GREENE	JR	George Fox	8.06	2/5
3	Lis LARSEN	FR	George Fox	8.07	1/29
4	Paige WOLTER	SO	Whitworth	8.23	1/16
4	Jasmine RAMOS	SO	Redlands	8.23cA 8.19	1/29
6	Renee DESPYNE	FR	Lewis & Clark	8.26	2/5
7	Tiara PAJIMOLA	FR	Whitworth	8.28	1/22
8	Marlee CHOVICH	FR	Pacific (Ore.)	8.29	2/14
8	Madison GLADDING	JR	Linfield	8.29	1/29

USTFCCCA Non-Member Will NOT be ranked, beginning Week 2



2016 Indoor Track & Field, Week #4

Women's 200 Meters

ATLANTIC

1	Marisa TURNER	SR	St. Lawrence	25.74	2/13
2	Shailah WILLIAMS	SR	Rowan	25.75	2/12
3	Shannon ROBERTS	JR	Manhattanville	25.79	2/6
4	Eliza DEWART	SR	Ithaca	26.11	1/8
5	Cassie GIBBONS	SO	CCNY	26.16c	25.76 2/14
6	Dana KUPIEC	JR	SUNY Cortland	26.17cb	25.77 2/12
7	Amanda MOORE	JR	SUNY Cortland	26.25cb	25.85 2/12
7	Catarra BURROUGHS	SO	Buffalo State	26.25	2/12

CENTRAL

1	Katie KRICK	SO	Nebraska Wesleyan	25.75	1/29
2	Abigail DAVIS	SR	Central (Iowa)	25.80cf	25.40 2/12
3	Hannah LUNDSTROM	SO	Concordia Moorhead	25.89	2/13
4	Abbie HUNKE	JR	Nebraska Wesleyan	25.95	2/13
5	Taylor JONES	FR	Wartburg	25.97	2/5
6	Kayla JOHNSTON	FR	Wartburg	26.57	2/5
7	Mallory SPEAR	JR	Buena Vista	26.59	2/13
8	Hope HEITMAN	FR	Central (Iowa)	26.61cf	26.20 2/12

GREAT LAKES

1	Melanie WINTERS	SR	Baldwin Wallace	25.68	1/29
2	Brea MEDLOCK	SR	Wittenberg	25.85	12/5
3	Shyla CUMMINGS	SO	Otterbein	26.01	2/13
4	Ajai BROOKS	FR	Denison	26.20	2/13
5	Chelsey SEIFERT	SO	Otterbein	26.26	2/13
6	Dana CROFOOT	SO	Mount Union	26.41	2/13
6	Sara JOHNSON	SR	Ohio Wesleyan	26.41co OT	26.00 2/5
8	Paris NAHAS	SR	Wooster	26.44	2/13

MIDEAST

1	Paige ALLEN	JR	Penn State Behrend	26.00	2/13
2	Kayla TRUESDEL	SO	Frostburg State	26.11	1/29
3	Oniesha CLARKE	FR	Misericordia	26.12	2/12
4	Elizsha STREETER	JR	Wesley	26.13	2/6
5	Valerie MCLAUGHLIN	FR	Widener	26.20	2/6
6	Shakeira FOWLER	SR	Widener	26.38	1/30
7	Angel HALL	SO	Wesley	26.43cu	26.69 1/29
8	Corinne GLASS	SR	Moravian	26.45	2/13

MIDWEST

1	Meg HEAFY	SR	UW-La Crosse	24.93	2/5
2	Elina GUNNARSSON	SO	North Park	25.27	2/12
3	Daisy OGEDE	JR	Washington (Mo.)	25.34cb	24.95 2/12
4	Jessie REINECK	JR	UW-Eau Claire	25.49	2/5
5	Sarah GLIDDEN	JR	UW-Eau Claire	25.55	2/12
6	Deterrica SIMPKINS	SO	Aurora	25.73	2/12
7	Emily REICHENBERGER	SO	UW-Oshkosh	25.74	2/13
8	Taylor SHERRY	SR	UW-Oshkosh	26.06	2/13

NEW ENGLAND

1	Hulrie MCGUFFIE	SR	UMass Boston	25.55cb	25.16 1/29
2	Liz PELLEGRINI	SR	WPI	25.73cb	25.33 2/6
3	Nicole KIRK	SR	Southern Maine	25.77cb	25.37 1/29
4	Peyton DOSTIE	SR	Southern Maine	25.78cb	25.38 1/29
5	Emily GUSTAVSON	JR	Wheaton (Mass.)	25.79	1/23
6	Hannah CHEN	SO	MIT	25.93	1/23
7	Francesca FLYNN	SR	Wheaton (Mass.)	26.04cb	25.64 2/6
8	Alexis HARRISON	SR	Tufts	26.05cb	25.65 2/12

SOUTH/SOUTHEAST

1	Dana LEE	JR	Washington and Lee	25.97	2/6
2	Amber CELEN	SO	Bridgewater (Va.)	26.09	1/29
3	Brianna HARDEMAN	SO	Rhodes	26.34cb	25.93 12/4
4	Shamyra WILKERSON	FR	Shenandoah	26.37	2/6
5	Dani BLAND	FR	Emory	26.40cb	25.99 1/24
6	Bailey DRURY	SR	Trinity (Texas)	26.41	2/12
7	Dilys OSEI	FR	Emory	26.47cb	26.06 2/12
8	Alexis JANNEY	SR	Roanoke	26.50	2/6

WEST

1	Maggie CALLAN	JR	Whitworth	27.07	2/5
2	Marissa SMITH	FR	Pacific (Ore.)	27.27c	26.85 1/22
3	Brenna GOMEZ	SR	Linfield	27.28co OT	26.86 2/14
4	Dallas EDGE	JR	Linfield	27.33	1/22
5	Jasmine RAMOS	SO	Redlands	27.38cAo OT	26.82 1/29
6	Kathryn JENTZ	SO	Whitworth	27.62	2/5
7	Breezy BROOKBANK	FR	Pacific (Ore.)	27.97co OT	27.54 2/14
8	Tiara PAJIMOLA	FR	Whitworth	28.02co OT	27.59 1/16

USTFCCCA Non-Member

Will NOT be ranked, beginning Week 2



2016 Indoor Track & Field, Week #4

Women's 400 Meters

ATLANTIC

1	Marisa TURNER	SR	St. Lawrence	58.09	2/13
2	Sasa VANN	SR	Buffalo State	58.18	2/12
3	Shailah WILLIAMS	SR	Rowan	58.46	2/12
4	Jazlyn PORTER	SR	Buffalo State	58.49	2/12
5	Brittany FELDMAN	SO	Fredonia	58.53	2/6
6	Dana KUPIEC	JR	SUNY Cortland	58.56cb 57.79	2/12
6	Joy SPRIGGS	SR	TCNJ	58.56cb 57.79	2/12
8	Justina SANDERS-SCHIFANO	FR	NYU	58.71cb 57.94	2/12

CENTRAL

1	Abbie HUNKE	JR	Nebraska Wesleyan	57.32	2/13
2	Katie KRICK	SO	Nebraska Wesleyan	57.60	2/13
3	Abigail DAVIS	SR	Central (Iowa)	57.82cf 57.06	2/12
4	Taylor OFFICER	JR	Wartburg	58.53	2/5
5	Hannah LUNDSTROM	SO	Concordia Moorhead	58.63	2/13
6	Kaitlyn MUHLENBRUCH	JR	Wartburg	58.70	2/5
7	Kaylee JONES	FR	Nebraska Wesleyan	59.40	2/13
8	Elizabeth JONES	FR	Nebraska Wesleyan	59.42	1/29

GREAT LAKES

1	Emily RICHARDS	SO	Ohio Northern	58.13	2/13
2	Olivia NEWMAN	FR	Case Western Reserve	59.22	2/13
3	Taylor DILLON	SR	Heidelberg	59.59	2/13
4	Marisa RINALDI	JR	Mount Union	59.63	2/13
5	Marrianna WHITE	SR	Mount Union	59.69	2/13
6	Alaina LONGSHORE	JR	Wittenberg	59.87	2/13
7	Chelsey SEIFERT	SO	Otterbein	1:00.09	1/29
8	Addie JOHNSON	SR	Rose-Hulman	1:00.21	1/15

MIDEAST

1	Megan McDONALD	SR	Johns Hopkins	58.62cb 57.85	2/12
2	Sarah COOK	SO	Carnegie Mellon	59.37	1/30
3	Lauren DECKER	JR	Lebanon Valley	59.54	1/29
4	Amy VITI	SR	Misericordia	59.63	1/22
5	Corinne GLASS	SR	Moravian	1:00.09	1/30
6	Christina COOK	SO	Thomas More	1:00.11	1/30
7	Elizsha STREETER	JR	Wesley	1:00.22cu 1:00.65	1/29
8	Kristen PRIJS	SR	Ursinus	1:00.29cb 59.49	2/12

MIDWEST

1	Maddison ZIMMER	JR	Illinois Wesleyan	57.69	1/30
2	Laurisa TITTERUD	SR	UW-Stout	57.91	1/29
3	Emily WARNER	SR	Washington (Mo.)	58.07	1/30
4	Jessie REINECK	JR	UW-Eau Claire	58.11	2/12
5	Chelsea GILLES	JR	Greenville	58.41	2/13
6	Daisy OGEDE	JR	Washington (Mo.)	58.49	1/30
7	Mikaela HAMMEL	SR	Chicago	58.67	2/12
8	Jess RUPNOW	JR	UW-Eau Claire	58.77	2/12

NEW ENGLAND

1	Hulie MCGUFFIE	SR	UMass Boston	56.75cb 56.00	1/29
2	Alexandra MORRIS	SR	Middlebury	57.18cb 56.43	2/12
3	Emily GUSTAVSON	JR	Wheaton (Mass.)	57.49	1/30
4	Isabella NARVAEZ	JR	Wellesley	58.18cb 57.41	2/12
5	Hannah CHEN	SO	MIT	58.30cb 57.53	2/12
6	Emily DOYLE	SR	Colby	58.60cb 57.83	2/12
7	Katelyn TERRY	JR	Keene State	58.61cb 57.84	2/12
8	Liz PELLEGRINI	SR	WPI	58.70cb 57.93	2/6

SOUTH/SOUTHEAST

1	Erica GOLDMAN	SO	Emory	58.26	1/29
2	Dana LEE	JR	Washington and Lee	58.27cb 57.50	2/11
3	Ari NEWHOUSE	FR	Emory	1:00.00	1/29
4	Alexis JANNEY	SR	Roanoke	1:00.32	1/29
5	Juanita SANCHEZ	SR	Belhaven (Miss.)	1:00.61	2/6
6	Dilys OSEI	FR	Emory	1:00.64cu 1:01.07	2/6
7	Danielle CARUCCIO	JR	CUA	1:00.71	2/12
8	Hayley MOYER	FR	Emory	1:00.75cb 59.95	2/12

WEST

1	Sarah KING	SO	George Fox	1:00.22c 59.43	1/29
2	Annie WRIGHT	FR	George Fox	1:01.10c 1:00.29	2/5
3	Maggie CALLAN	JR	Whitworth	1:01.52	2/5
4	Marissa SMITH	FR	Pacific (Ore.)	1:01.81co O1:00.99	2/14
5	Kathryn JENTZ	SO	Whitworth	1:01.92	1/22
6	Breezy BROOKBANK	FR	Pacific (Ore.)	1:03.01c 1:02.18	1/29
7	Megan EBERHARDT	FR	Pacific (Ore.)	1:03.06co O1:02.23	2/14
8	Alaina KING	FR	Lewis & Clark	1:03.15co O1:02.32	2/14

USTFCCCA Non-Member

Will NOT be ranked, beginning Week 2

**2016 Indoor Track & Field, Week #4****Women's 800 Meters****ATLANTIC**

1	Rachael SHINE	JR	SUNY Oneonta	2:11.75cb	2:10.25	1/29
2	Laura MORRISON	JR	Fredonia	2:12.05		2/6
3	Stephanie BOUCHER	JR	SUNY Plattsburgh	2:15.92cb	2:14.37	2/12
4	Kailyn BALZANO	SR	SUNY Cortland	2:16.98		2/6
5	Kathleen JAEGER	FR	TCNJ	2:17.47cb	2:15.90	2/12
6	Lizzy JEWISS	JR	SUNY Oneonta	2:18.32cb	2:16.74	1/29
7	Samantha KITCHEN	JR	Rochester (N.Y.)	2:18.36		1/29
8	Cassandra HRUSKO	JR	Stockton	2:18.37		2/6

CENTRAL

1	Emily GAPINSKI	SR	St. Thomas (Minn.)	2:13.70		2/5
2	Erin ALPERS	SO	Bethel (Minn.)	2:17.03		2/13
3	Kelli PRASKA	FR	UW-Superior	2:17.58		2/12
4	Aimee JUNGET	SR	St. Thomas (Minn.)	2:17.59		2/12
5	Summer ELLEFSON	SR	St. Thomas (Minn.)	2:19.47		2/5
6	Taylor OFFICER	JR	Wartburg	2:19.72		1/29
7	Maddie KLEVE	SR	Wartburg	2:19.74		1/23
8	Elizabeth DUEHR	SO	Wartburg	2:19.77		2/5

GREAT LAKES

1	Emily RICHARDS	SO	Ohio Northern	2:14.18co	O2:12.65	1/30
2	Abbey WARTH	SR	Ohio Wesleyan	2:17.56co	O2:15.99	1/29
3	Caroline BOSS	SO	Calvin	2:19.91co	O2:18.32	1/30
4	Sarah HUNTER	SO	Bluffton	2:21.26		1/15
5	Hilary REIGLE	FR	Mount Union	2:21.38		2/13
6	Rachel BUSH	FR	Ohio Wesleyan	2:21.61		2/13
7	Sarah KOCH	JR	Otterbein	2:21.91		2/13
8	Alexis PRESTON	SR	Allegheny (Pa.)	2:23.20co	O2:21.57	1/29

MIDEAST

1	Ashley WEST	SR	Susquehanna	2:13.47		2/6
2	Amy VITI	SR	Misericordia	2:14.22		2/12
3	Katie SULLIVAN	SO	Haverford	2:17.78		1/30
4	Lindsay CHEU	JR	Johns Hopkins	2:17.97cb	2:16.40	2/12
5	Christina SMITH	SR	Gwynedd-Mercy	2:18.16cb	2:16.59	1/15
5	Rebecca RACE	SR	Dickinson	2:18.16cb	2:16.59	2/12
7	Caroline SMITH	SO	Johns Hopkins	2:18.74		2/6
8	Nora WEATHERS	SR	Haverford	2:19.67		1/22

MIDWEST

1	Brittany KOZLOWSKI	JR	St. Norbert	2:13.09cb	2:11.57	2/12
2	Emily WARNER	SR	Washington (Mo.)	2:13.39		1/23
3	Michelle DOBBS	JR	Chicago	2:14.10		2/12
4	Annalise WAGNER	SO	Washington (Mo.)	2:15.20		2/6
5	Maddison ZIMMER	JR	Illinois Wesleyan	2:15.22		1/23
6	Laurisa TITTERUD	SR	UW-Stout	2:17.12		2/12
7	Kathy DERKS	JR	UW-Stevens Point	2:17.42		2/13
8	Ashley KNUDSON	JR	Washington (Mo.)	2:18.08cb	2:16.51	2/12

NEW ENGLAND

1	Isabella FRANZ	JR	Connecticut College	2:13.02cb	2:11.50	2/12
2	Victoria KINGHAM	SO	Williams	2:15.79cb	2:14.24	2/12
3	Bailey TREGONING	FR	MIT	2:16.13cb	2:14.58	1/29
4	Sydney SMITH	SR	Tufts	2:16.81cb	2:15.25	2/12
5	Lauren BOUGIOUKAS	SR	Middlebury	2:17.78cb	2:16.21	2/12
6	Laney TEAFORD	JR	Williams	2:17.80		1/29
7	Lea STRANGIO	SO	WPI	2:17.85cb	2:16.28	2/12
8	Ayden EICKHOFF	FR	Bates	2:17.94		2/5

SOUTH/SOUTHEAST

1	Hannah CHAPPELL-DICK	SR	Eastern Mennonite	2:13.42		2/6
2	Julie WILLIAMSON	SR	Emory	2:14.11		1/29
3	Logan HARRINGTON	SO	Christopher Newport	2:15.66		1/29
4	Kendall REED	JR	Rhodes	2:21.59cb	2:19.98	2/12
5	Alexa YOUNG	JR	Emory	2:22.53cb	2:20.91	2/12
6	Catherine FONVIELLE	JR	Washington and Lee	2:22.56cb	2:20.94	2/11
7	Margaret SEYBOLD	FR	Washington and Lee	2:22.97cb	2:21.34	2/11
8	Marissa COOMBS	SO	Virginia Wesleyan	2:26.65		1/22

WEST

1	Katie MCKAY	SR	Whitworth	2:13.46co	O2:11.94	2/14
2	Kayla LELAND	FR	Whitworth	2:13.54co	O2:12.02	2/14
3	Jessica KNOLL	FR	Pacific (Ore.)	2:23.76c	2:22.12	1/29
4	Alison WISE	SO	Puget Sound	2:27.61co	O2:25.93	2/14
5	Olivia BANNEROT	SO	Linfield	2:44.44cb	2:42.57	1/15
6	Elaina GILLESPIE	SO	Pacific (Ore.)	2:46.79c	2:44.89	1/22
7	Mehana SABADO-HALPERN	FR	Linfield	2:53.13cb	2:51.16	1/15

USTFCCCA Non-Member

Will NOT be ranked, beginning Week 2



2016 Indoor Track & Field, Week #4

Women's Mile

ATLANTIC

1	Rachael SHINE	JR	SUNY Oneonta	4:56.63cb	4:53.72	2/12
2	Jaime LORD	SO	RPI	4:57.38		2/13
3	Lisa GROHN	JR	St. Lawrence	4:57.53		2/13
4	Samantha KITCHEN	JR	Rochester (N.Y.)	5:01.49c	4:58.53	2/12
5	Laura MORRISON	JR	Fredonia	5:01.60cb	4:58.64	1/29
6	Megan KELLOGG	SO	St. Lawrence	5:01.98		2/13
7	Cassandra HRUSKO	JR	Stockton	5:03.52c	5:00.54	2/12
8	Taryn CORDANI	SO	Ithaca	5:03.64		2/13

CENTRAL

1	Emily GAPINSKI	SR	St. Thomas (Minn.)	4:57.93		1/22
2	Ruth STEINKE	SR	Carleton	5:04.47		1/22
3	Abrah MASTERSON	JR	Cornell College	5:04.88		1/23
4	Tricia SERRES	SR	Luther	5:06.37		2/13
5	Kelli PRASKA	FR	UW-Superior	5:11.47		2/13
6	Sanjuanita MARTINEZ	SR	Cornell College	5:11.60		2/6
7	Megan TERUKINA	SR	St. Thomas (Minn.)	5:11.96		2/12
8	Jenny WALZ	SO	St. Thomas (Minn.)	5:12.88		2/12

GREAT LAKES

1	Abbey WARTH	SR	Ohio Wesleyan	5:01.48co	O4:58.52	2/5
2	McKenzie DIEMER	JR	Calvin	5:05.73co	O5:02.73	2/12
3	Hilary REIGLE	FR	Mount Union	5:10.53		2/13
4	Mandy MOHN	SR	Mount Union	5:13.68		2/13
5	Claire LAMB	FR	Otterbein	5:13.75		2/13
6	Katherine DIEKEMA	FR	Calvin	5:15.16		2/5
7	Victoria KONKLE	SR	Otterbein	5:15.79		1/29
8	Kira JUDD	FR	Otterbein	5:16.29		2/6

MIDEAST

1	Ashley WEST	SR	Susquehanna	4:58.89		1/29
2	Nora WEATHERS	SR	Haverford	5:04.94		1/30
3	Sarah NIELSEN	SR	Swarthmore	5:04.97c	5:01.98	2/6
4	Katie SULLIVAN	SO	Haverford	5:09.35c	5:06.31	2/6
5	Kelsey BRADY	SO	Elizabethtown	5:11.18		1/29
6	Felicia KOERNER	FR	Johns Hopkins	5:12.20		2/6
7	Tess MEEHAN	JR	Johns Hopkins	5:12.65		2/6
8	Casey QUINTO	JR	Elizabethtown	5:13.86		2/6

MIDWEST

1	Brittany KOZLOWSKI	JR	St. Norbert	4:58.18		2/5
2	Erin ARTZ	JR	St. Norbert	5:01.22		2/5
3	Brianna HICKEY	SR	Chicago	5:02.48		2/12
4	Erin MCCAREY	SR	Illinois Wesleyan	5:03.74		1/23
5	Emily PAULL	SR	Aurora	5:05.21		1/29
6	Jordan TUIN	SR	Wheaton (Ill.)	5:05.73		2/6
7	Danica HARRISON	JR	UW-Oshkosh	5:08.45		2/5
8	Alison LINDSAY	SO	Washington (Mo.)	5:10.35		1/16

NEW ENGLAND

1	Maryann GONG	JR	MIT	4:52.57		2/6
2	Alanna MCDONOUGH	SR	Colby	4:56.52cb	4:53.61	2/12
3	Victoria KINGHAM	SO	Williams	4:56.79		2/6
4	Laney TEAFORD	JR	Williams	4:58.48		2/6
5	Isabella FRANZ	JR	Connecticut College	4:58.68		2/6
6	Sarah KELLEY	SO	Bowdoin	4:59.96		2/5
7	Sharon NG	SR	Wellesley	5:01.28		2/6
8	Jessica WILSON	JR	Bates	5:01.83		2/5

SOUTH/SOUTHEAST

1	Marissa COOMBS	SO	Virginia Wesleyan	5:00.68		2/6
2	Hannah CHAPPELL-DICK	SR	Eastern Mennonite	5:02.05		1/29
3	Logan HARRINGTON	SO	Christopher Newport	5:05.67		2/6
4	Julie WILLIAMSON	SR	Emory	5:13.21cb	5:10.14	12/4
5	Gabrielle STRAVACH	SO	Emory	5:13.76		1/29
6	Clare UBERSAX	FR	Emory	5:17.12cb	5:14.01	2/12
7	Samantha YATES	FR	Washington and Lee	5:19.31cb	5:16.18	2/11
8	Alexa TABACKMAN	SR	Christopher Newport	5:22.46		12/5

WEST

1	Stephenie SPENCER	FR	Pacific (Ore.)	5:14.63c	5:11.54	1/29
2	Kaelia NEAL	SO	Linfield	5:24.93c	5:21.74	1/29
3	Taili NI	SR	Puget Sound	5:33.13		2/5
4	Jessica ARNZEN	SR	Whitworth	5:35.27		2/5
5	Serena WALLACE	FR	Pacific (Ore.)	5:35.47co	O5:32.18	2/14
6	Molly SMITH	FR	Whitworth	5:39.37		2/5
7	Terra WILDON	SO	Puget Sound	5:43.37co	O5:40.00	2/14
8	Hannah ESELMAN	SO	Puget Sound	5:57.61co	O5:54.10	2/14

USTFCCCA Non-Member

Will NOT be ranked, beginning Week 2



2016 Indoor Track & Field, Week #4

Women's 3000 Meters

ATLANTIC

1	Amy REGAN	SR	Stevens	9:42.65cb	9:37.68	1/29
2	Taryn CORDANI	SO	Ithaca	9:59.43cb	9:54.31	1/29
3	Lisa GROHN	JR	St. Lawrence	10:01.91		1/15
4	Jaime LORD	SO	RPI	10:06.16		1/22
5	Sara ROSENZWEIG	JR	SUNY Geneseo	10:06.57cb	10:01.39	2/12
6	Mary Kate BIDA	JR	SUNY Oneonta	10:07.02cb	10:01.84	2/12
7	Catherine KNOX	SR	Rochester (N.Y.)	10:08.33c	10:03.14	2/12
8	Deirdre DWYER	JR	SUNY Oneonta	10:11.05cb	10:05.84	2/12

CENTRAL

1	Emily GAPINSKI	SR	St. Thomas (Minn.)	9:58.83		2/12
2	Casey HOVLAND	SO	St. Scholastica	10:17.20		1/29
3	Ruth STEINKE	SR	Carleton	10:24.24		1/22
4	Gabi JENKINS	SR	Nebraska Wesleyan	10:27.59cu	10:28.78	2/6
5	Morghen PHILIPPI	SR	St. Olaf	10:28.60		2/13
6	Mollie GILLBERG	SR	Bethel (Minn.)	10:30.58		1/22
7	Sanjuanita MARTINEZ	SR	Cornell College	10:31.06		2/6
8	Emily KAEGI	SO	Carleton	10:32.06		2/6

GREAT LAKES

1	Erin HERRMANN	JR	Hope	9:58.08co	09:52.98	2/12
2	Sarah FOWLER	JR	Ohio Wesleyan	10:04.04co	9:58.89	1/29
3	Paschasia MODRZYNSKI	JR	John Carroll	10:16.46		2/13
4	Kelsey AAMOTH	SR	Case Western Reserve	10:16.81		2/13
5	Sarel LOEWUS	SR	Oberlin	10:20.10		2/13
6	Jessica SHAW	JR	Albion	10:20.76		12/5
7	Heather SANDVIK	FR	Otterbein	10:21.05		2/13
8	Lauren STROHBEHN	JR	Calvin	10:22.94		2/5

MIDEAST

1	Caroline SMITH	SO	Johns Hopkins	9:54.54cb	9:49.47	2/12
2	Tess MEEHAN	JR	Johns Hopkins	9:54.85cb	9:49.77	2/12
3	Jordan DELANE	SR	Johns Hopkins	10:04.70		2/6
4	Hannah ONEDA	SR	Johns Hopkins	10:12.58		2/6
5	Mackenzie SHELGMEN	SR	Dickinson	10:13.79		12/5
6	Meg BROCKETT	JR	Moravian	10:15.31		2/6
7	Angelina BIONDO	FR	DeSales	10:15.32		2/6
8	Nicole GIANNETTI	SO	Haverford	10:15.34c	10:10.09	2/6

MIDWEST

1	Erin MCCAREY	SR	Illinois Wesleyan	9:55.37co	09:50.29	2/12
2	Alison LINDSAY	SO	Washington (Mo.)	10:03.59		2/6
3	Aly WAYNE	FR	Washington (Mo.)	10:04.70		2/6
4	Erin ARTZ	JR	St. Norbert	10:06.48		1/16
5	Megan COSTANZO	JR	North Central (Ill.)	10:08.65		2/6
6	Minnie HORVATH	JR	Chicago	10:16.66		2/12
7	Ellie DEGEN	FR	Washington (Mo.)	10:17.55		1/23
8	Kaitlyn MCDANIEL	SO	UW-La Crosse	10:18.91		2/5

NEW ENGLAND

1	Maryann GONG	JR	MIT	9:41.34		1/23
2	Emily BRYSON	FR	Brandeis	10:00.36cb	9:55.24	2/12
3	Lacey SERLETTI	SR	Williams	10:03.51		1/23
4	Ashley CURRAN	JR	Connecticut College	10:06.76		2/6
5	Emily SUNDQUIST	SO	Williams	10:07.15		2/6
6	Maddie DOLINS	JR	Brandeis	10:08.41cb	10:03.22	2/12
7	Audrey GOULD	JR	Tufts	10:11.46cb	10:06.24	2/12
8	Caitlin LAWLOR	SO	Colby	10:12.46		2/5

SOUTH/SOUTHEAST

1	Aileen RIVELL	SR	Emory	10:08.57cb	10:03.38	2/12
2	Hannah CHAPPELL-DICK	SR	Eastern Mennonite	10:09.92		12/5
3	Katherine LEHMAN	SO	Eastern Mennonite	10:12.95		12/5
4	Amanda MARTIN	FR	Emory	10:22.44cb	10:17.13	2/12
5	Abigail HOTALING	SO	Emory	10:33.94		1/29
6	Samantha YATES	FR	Washington and Lee	10:42.19		1/29
7	Briana STEWART	JR	Christopher Newport	10:43.54		2/6
8	Megan WAPLES	SO	Emory	10:45.19cb	10:39.68	1/24

WEST

1	Kellyn ROIKO	SR	Whitworth	10:21.08co	10:15.78	2/14
2	Stephenie SPENCER	FR	Pacific (Ore.)	10:24.41co	10:19.08	2/14
3	Taili NI	SR	Puget Sound	10:34.04co	10:28.63	2/14
4	Allison WOOD	JR	Whitworth	10:45.04		2/5
5	Tori KLEIN	JR	Puget Sound	10:47.70co	10:42.17	2/14
6	Serena WALLACE	FR	Pacific (Ore.)	11:13.65c	11:07.90	2/5
7	Emma KNUDSON	SO	Linfield	11:19.08c	11:13.29	1/29
8	Kristen SCHOENIKE	SR	Whitworth	11:20.51		2/5

USTFCCCA Non-Member

Will NOT be ranked, beginning Week 2



2016 Indoor Track & Field, Week #4

Women's 5000 Meters

ATLANTIC

1	Amy REGAN	SR	Stevens	16:30.98cb16:23.40	2/5
2	Lisa GROHN	JR	St. Lawrence	17:23.19	1/29
3	Alyssa DRAPEAU	SR	SUNY Oneonta	17:27.62cb17:19.61	2/12
4	Taryn CORDANI	SO	Ithaca	17:38.52	12/5
5	Shannon TRANT	SR	RPI	17:48.19	2/13
6	Jacqueline HUBEN	SR	SUNY Geneseo	17:53.44	1/29
7	Stephanie MILICI	SR	RIT	17:55.97	1/29
8	Catherine KNOX	SR	Rochester (N.Y.)	17:57.26	1/29

CENTRAL

1	Sanjuanita MARTINEZ	SR	Cornell College	17:22.54	2/13
2	Mollie GILLBERG	SR	Bethel (Minn.)	17:25.58	2/13
3	Casey HOVLAND	SO	St. Scholastica	17:39.10	2/6
4	Audrey MILLER	FR	Loras	17:52.79	2/13
5	Alex FOSSUM	JR	St. Thomas (Minn.)	18:18.89	2/12
6	Hannah AWTRY	FR	Nebraska Wesleyan	18:30.60cb18:22.11	1/22
7	Jamie LARSEN	SR	Nebraska Wesleyan	18:32.75	1/29
8	Brooke RASMUSSEN	SO	St. Benedict	18:40.84	1/30

GREAT LAKES

1	Julia STOCK	SR	Hope	17:55.34co17:47.12	12/4
2	Jessica SHAW	JR	Albion	17:59.57co17:51.32	2/12
3	Emily LAMM	SR	Denison	18:00.36	1/30
4	Paschasia MODRZYNSKI	JR	John Carroll	18:01.56co17:53.29	1/29
5	Kaitlyn ARNOLD	JR	Alma	18:02.94cf 17:54.66	1/29
6	Lauren STROHBEHN	JR	Calvin	18:03.73co17:55.45	2/12
7	Emilee MILLER	JR	Defiance	18:07.29	2/13
8	Katherine DIEKEMA	FR	Calvin	18:13.07co18:04.71	2/12

MIDEAST

1	Kelsey PATRICK	SR	Lebanon Valley	17:39.39c 17:31.29	2/12
2	Sofia CANNING	SO	Dickinson	17:41.39cb17:33.28	2/12
3	Jordan DELANE	SR	Johns Hopkins	17:47.79cb17:39.63	2/12
4	Hannah ONEDA	SR	Johns Hopkins	17:50.37	1/30
5	Meg BROCKETT	JR	Moravian	17:50.91c 17:42.72	1/16
6	Amelia KEYSER-GIBSON	SO	Haverford	18:03.65	1/30
7	Veronica WHEELER	SO	DeSales	18:07.65	2/6
8	Alicia DILLMAN	JR	York (Pa.)	18:08.23	1/29

MIDWEST

1	Erin ARTZ	JR	St. Norbert	17:15.29cb17:07.38	2/12
2	Khia KURTENBACH	SO	Chicago	17:20.86	2/12
3	Megan COSTANZO	JR	North Central (Ill.)	17:21.23	2/12
4	Emily PAULL	SR	Aurora	17:36.96	2/12
5	Kaitlyn MCDANIEL	SO	UW-La Crosse	17:48.27	1/22
6	Clara WILLIAMSON	SR	UW-Eau Claire	17:59.57	2/12
7	Hannah KUENZI	SR	UW-Oshkosh	18:05.50	2/12
8	Callie FISCHER	SO	UW-Eau Claire	18:11.71	2/12

NEW ENGLAND

1	Maryann GONG	JR	MIT	16:40.09cb16:32.44	1/29
2	Adrian WALSH	JR	Middlebury	17:21.63	2/6
3	Lacey SERLETTI	SR	Williams	17:30.33	1/29
4	Audrey GOULD	JR	Tufts	17:31.81	2/6
5	Brittany BOWMAN	SO	Tufts	17:40.55	2/6
6	Danielle POTO	SR	Bridgewater State	17:41.68	2/6
7	Nicole ZEINSTRAS	SR	MIT	17:44.87	2/6
8	Mary ECCLES	SO	MIT	17:49.17	2/6

SOUTH/SOUTHEAST

1	Aileen RIVELL	SR	Emory	17:48.06	1/29
2	Serena GALE-BUTTO	JR	Centre	17:50.91	2/13
3	Tru POWELL	SO	Emory	18:23.34cb18:14.91	2/12
4	Sophie CEMAJ	JR	Emory	18:29.20cb18:20.72	2/12
5	Megan WAPLES	SO	Emory	18:32.80cb18:24.29	2/12
6	Kerri DALTON	JR	Roanoke	18:39.34	2/6
7	Amanda MARTIN	FR	Emory	18:57.91co18:49.21	1/15
8	Kirsten MCMICHAEL	FR	Washington and Lee	18:58.44	1/29

WEST

1	Stephenie SPENCER	FR	Pacific (Ore.)	18:30.48c 18:21.99	1/22
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USTFCCCA Non-Member

Will NOT be ranked, beginning Week 2



2016 Indoor Track & Field, Week #4

Women's 60 Meter Hurdles

ATLANTIC

1	Aspen MCMILLAN	FR	Rowan	9.07	12/5
2	Kayla KOELBEL	SR	SUNY Cortland	9.10	1/30
3	Amber EDWARDS	SO	Ithaca	9.18	2/13
4	Jassina SURLES	SR	Stockton	9.30	2/12
4	Treasure GLYMPH	SR	Buffalo State	9.30	2/6
6	Kylee BARTLETT	FR	Rochester (N.Y.)	9.31	2/6
6	Rachel FRANCIS	JR	Brockport	9.31	2/13
6	Angelique JEAN-CHARLES	SR	SUNY Cortland	9.31	12/5

CENTRAL

1	Ashton RAKOW	SR	Nebraska Wesleyan	8.91c	8.28(55)	2/6
2	Carolyn SAULSBERRY	SR	Hamline	8.93		2/5
3	Audrey HOOKS	JR	Loras	9.01		2/13
4	Elizabeth BRANDENBURG	JR	Loras	9.11c	8.47(55)	1/16
5	Gabrielle BROWN	FR	Hamline	9.20		2/5
6	Derica JAKOUBEK	SR	Wartburg	9.22		2/13
7	Sammie OSTERBERGER	JR	Coe	9.29		2/13
8	Bailey COOK	SR	St. Thomas (Minn.)	9.35		2/12

GREAT LAKES

1	Sara JOHNSON	SR	Ohio Wesleyan	8.66		2/13
2	Melanie WINTERS	SR	Baldwin Wallace	8.88c	8.25(55)	1/29
3	Allison GAST	JR	Ohio Northern	8.92		2/13
4	Jocelyn SEFICK	SR	Mount Union	9.13		2/6
5	Jordan CROW	SR	Wittenberg	9.19		2/13
6	Josie NIOVICH	SR	Allegheny (Pa.)	9.20c	8.55(55)	2/12
7	Alyssa ACEVEDO	FR	Ohio Wesleyan	9.30		2/13
7	Jenna DYKSEN	SO	Calvin	9.30		2/5

MIDEAST

1	Katherine CAVANAUGH	SR	Gettysburg	8.93c	8.30(55)	2/6
2	Ashley WILLIAMS	SO	Penn State Harrisburg	9.05		1/29
3	Morgan BERG	SR	Thiel	9.12		2/6
4	Kristen FRAWLEY	SO	Messiah	9.39c	8.73(55)	12/12
5	Melissa CHEONG	SO	Moravian	9.40		2/6
6	Nicole BARTOLETTA	SO	Geneva	9.41		2/6
7	Reilly WAGNER	FR	Misericordia	9.43		2/12
8	Jenn SU	SO	Johns Hopkins	9.45		1/30

MIDWEST

1	Taylor SHERRY	SR	UW-Oshkosh	8.73		2/5
2	Claire GORDEE	SR	UW-La Crosse	8.81		2/13
3	Jill HARMON	SR	Illinois Wesleyan	8.91		2/6
4	Madison RENFRO	SR	North Central (Ill.)	8.92		2/6
5	Sarah GLIDDEN	JR	UW-Eau Claire	8.94		2/5
6	Rebecca RIDDERHOFF	JR	Washington (Mo.)	9.05		1/23
7	Jacklyn BUTLER	JR	UW-Stevens Point	9.06		2/5
8	Sherahlynn LINKERT	JR	UW-River Falls	9.12		2/5

NEW ENGLAND

1	Peyton DOSTIE	SR	Southern Maine	8.90		2/5
2	Allison HILL	JR	Bates	9.00		2/12
3	Hannah CHEN	SO	MIT	9.04		1/23
4	Marilyn ALLEN	SR	Tufts	9.12		2/6
5	Liz PELLEGRINI	SR	WPI	9.15		1/15
6	Jenna ATHANASOPOULOS	JR	Colby	9.20		1/30
7	Grace WEATHERALL	SR	Williams	9.21		1/29
8	Annie WOOLEY	SO	Fitchburg State	9.22		2/13

SOUTH/SOUTHEAST

1	Dilys OSEI	FR	Emory	9.26		2/12
2	Hannah BOWDEN	FR	Christopher Newport	9.29		12/5
3	Jennifer WESTERHOLM	SR	Christopher Newport	9.42		2/6
3	Amber CELEN	SO	Bridgewater (Va.)	9.42		1/29
5	JaLeea BONNELL	SO	Belhaven (Miss.)	9.51		2/6
6	Kristen TRICE	SR	Bridgewater (Va.)	9.58		1/29
7	Molly MCCABE	FR	Christopher Newport	9.60		2/6
8	Mackenzie SCOTT	JR	Christopher Newport	9.74		1/29

WEST

1	Dallas EDGE	JR	Linfield	8.95		2/5
2	Alison SMITH	SO	Redlands	9.29cA	9.25	1/29
3	Christina DOBBINS	SR	Whitworth	9.52		2/5
4	Madison GLADDING	JR	Linfield	9.58		2/14
4	Sarah FRAZIER	SR	George Fox	9.58		1/23
6	Tiara PAJIMOLA	FR	Whitworth	9.60		1/22
7	Emily THOMPSON	JR	Lewis & Clark	9.66		2/5
8	Kycie RICHWINE	FR	Linfield	9.83		1/29

USTFCCCA Non-Member

Will NOT be ranked, beginning Week 2

**2016 Indoor Track & Field, Week #4****Women's 4x400 Relay****ATLANTIC**

1	Washington, Murray, Sanders-Schifan, Gibson	NYU	3:58.87cb	3:55.73	2/12
2	Russo, Ryan, Bamford, Schwartz	SUNY Geneseo	4:01.75cb	3:58.57	2/12
3	Williams, Angellella, McMillan, Brown	Rowan	4:03.71c	4:00.51	1/22
4	Edwards, Lockard, Maynes, Kitchen	Rochester (N.Y.)	4:04.11		2/6
5	Spriggs, Mead, Jaeger, Randolph	TCNJ	4:04.45		1/24
6	Houpe, Porter, Tisor, Mclean	Buffalo State	4:04.57		2/6
7	Bower, Renna, Jewiss, Shine	SUNY Oneonta	4:06.18cb	4:02.94	2/12
8	Ruszczuk, Morrison, Binggeli, Feldman	Fredonia	4:07.50		2/6

CENTRAL

1	Krick, Rakow, Jones, Hunke	Nebraska Wesleyan	3:51.87cb	3:48.82	2/5
2	Muhlenbruch, Jones, Taylor, Officer	Wartburg	3:57.16		2/5
3	Davis, Downs, Heitman, Ruiz	Central (Iowa)	3:58.34cf	3:55.21	2/12
4	Ellefson, Janto, Helstad, Gapinski	St. Thomas (Minn.)	4:01.03		2/5
5	Hanson, Serres, Powers, Ney	Loras	4:05.10		2/6
6		Carleton	4:06.14		2/13
7	Sears, Haer, Smith, Spear	Buena Vista	4:06.73		2/13
8	Duevel, Alpers, Johnson, Balzer	Bethel (Minn.)	4:09.89		1/29

GREAT LAKES

1	Longshore, Bowsher, Mitchell, Medlock	Wittenberg	4:04.44		2/13
2	Ellinger, Mosler, Wagner, Richards	Ohio Northern	4:04.55co	04:01.34	1/30
3	Powell, Nyaanga, Martinko, Saluan	John Carroll	4:04.84		2/13
4	Beuck, White, Rinaldi, Crofoot	Mount Union	4:05.01		2/13
5	Seifert, Cummings, Hermes, Foltz	Otterbein	4:05.52		2/13
6	Kelley, Higgins, Nahas, Coady	Wooster	4:08.13		2/13
7	Bush, McCormick, Johnson, Warth	Ohio Wesleyan	4:09.31		2/13
8	Slone, Biniker, Dillon, Garrett	Heidelberg	4:10.39		2/6

MIDEAST

1	Fairchild, Fairchild, Fry, Viti	Misericordia	4:01.50		2/6
2	Hall, Streeter, Minus, Artis	Wesley	4:01.58c	3:58.41	2/12
3	Prijs, Snyder, Kelly, Gasser	Ursinus	4:07.74cb	4:04.48	2/12
4	Carlsson, Pell, Allen, Sargent	Penn State Behrend	4:08.92		2/13
5	Detweiler, Groce, Brady, Quinto	Elizabethtown	4:10.43		2/6
6	Miller, Nordquist, Cheu, McDonald	Johns Hopkins	4:10.90		1/9
7	James, Tian, Ciriello, Cook	Carnegie Mellon	4:11.68		1/30
8	Adkins, Fath, Richardson, Smith	Gwynedd-Mercy	4:16.18		12/5

MIDWEST

1	Wagner, Hancock, Ogede, Warner	Washington (Mo.)	3:52.83		2/6
2	Zimmer, Herrmann, Killough, Oltman	Illinois Wesleyan	3:53.25		2/6
3	Kang, Koether, Dobbs, Hammel	Chicago	3:53.97		2/12
4	Buergi, Glidden, Rupnow, Reineck	UW-Eau Claire	3:57.20		1/23
5	Goulet, Franzwa, May, Gordee	UW-La Crosse	3:58.09		2/5
6	McCormick, Reichenberger, Denu, Sherry	UW-Oshkosh	4:00.08		2/5
7	Butler, Vils, Trempe, Derks	UW-Stevens Point	4:00.76		1/29
8	Sapiro, Titterud, Woyak, Johnson	UW-Stout	4:01.02		2/12

NEW ENGLAND

1	Lang, Kearney, Fernandez, Morris	Middlebury	3:56.72		2/6
2	Velleca, Price, Pellegrini, Strangio	WPI	3:57.73cb	3:54.61	2/12
3	Stokes, Doyle, Athanasopoulos, Depalo	Colby	3:59.72		1/30
4	Akindole, Gustavson, Epplett, Hammond	Wheaton (Mass.)	4:02.27		1/30
5	O'Brien, Kennedy, Williams, McGonagle	Williams	4:02.85		12/5
6	Swenson, Dibrindisi, Subrahmanian, Aguiar	Wesleyan (Conn.)	4:03.89		2/6
7	Allen, Donohoe, Prusaczyk, Smith	Tufts	4:04.62		2/6
8	Hill, Schroeder, Dickinson, Markonic	Bates	4:05.34cb	4:02.12	2/12



2016 Indoor Track & Field, Week #4

Women's 4x400 Relay

SOUTH/SOUTHEAST

1	Leventhal, Osei, Newhouse, Goldman	Emory	3:55.29	1/29
2	Sanchez, Schumaker, Bonnell, Sanchez	Belhaven (Miss.)	4:05.12	2/6
3	Farroni, Hinton, Seybold, Lee	Washington and Lee	4:07.58	2/6
4	Drury, Schneebeck, Groke, Camp	Trinity (Texas)	4:08.70	2/12
5	Hughes, Washington, Coombs, Lennon	Virginia Wesleyan	4:10.79	2/6
6	Love, Westerholm, Sutton, Smith	Christopher Newport	4:13.92	1/29
7	MacDougall, Meadows, McGovern, Janney	Roanoke	4:14.09	2/6
8	Chappell-Dick, Schirch, Williams, Yoder	Eastern Mennonite	4:15.34	2/6

WEST

1	Jentz, McKay, Leland, Callan	Whitworth	4:06.44	2/5
2	Bernards, Brookbank, Spencer, Chovich	Pacific (Ore.)	4:14.25c 4:10.91	1/29
3	Cummings, Joseph, Wise, Wildon	Puget Sound	4:23.61co 4:20.15	2/14

USTFCCCA Non-Member

Will NOT be ranked, beginning Week 2

**2016 Indoor Track & Field, Week #4****Women's Distance Medley Relay****ATLANTIC**

1	Dwyer, Bower, Jewiss, Shine	SUNY Oneonta	11:56.27	2/6
2	Balzano, Kupiec, Uhl, Blomback	SUNY Cortland	12:01.77cb11:54.12	2/12
3	Kellogg, Turner, Leta, Grohn	St. Lawrence	12:10.17	2/6
4	Ryan, Bamford, Fernandez, Chen	SUNY Geneseo	12:17.25cb12:09.44	2/12
5	Visca, Endres, Rokicsak, Regan	Stevens	12:21.08cb12:13.23	1/29
6	Sartori, Dewart, Grazia, Cordani	Ithaca	12:24.13	2/6
7	Kurbs, Feldman, Binggeli, Morrison	Fredonia	12:26.69cb12:18.78	1/29
8	Fournier, Spriggs, Jaeger, Holzbaur	TCNJ	12:27.33	1/24

CENTRAL

1	Larsen, Rakow, Lenners, Jenkins	Nebraska Wesleyan	12:51.05	2/13
2	Kinateder, Zbilski, Ortiz, Wenthold	Dubuque	13:17.02	1/30
3	Ahrens, Maddaus, Teagle, Young	Grinnell	13:18.86	2/13
4	Kosobud, Dengel, Whiteman, Womeldorf	St. Benedict	13:21.13	1/30
5	Elyea, Hildebrandt, Sauer, Sauer	Bethany Lutheran	13:21.77	1/22
6	West, Vought, Kuball, Gruenberg	Concordia Moorhead	13:49.53	1/30
7	Niswonger, Franzen, Baker, Ptasek	Cornell College	13:52.70	1/30
8	Gronke, Wood, Roquet, Brown	Simpson (Iowa)	14:51.45	2/6

GREAT LAKES

1	Neumar, Satkiewicz, Webb, Herrmann	Hope	12:20.01	2/5
2	Konkle, Snyder, Koch, Lamb	Otterbein	12:22.30	2/13
3	Resnik, McCormick, Bush, Fowler	Ohio Wesleyan	12:24.67	2/13
4	Reigle, White, Nagy, Reigle	Mount Union	12:30.96co12:23.01	1/29
5	Zabrodsky, Casalnova, Ross, Aamoth	Case Western Reserve	12:36.79	2/13
6	Guillaume, Corrado, Preston, Brindle	Allegheny (Pa.)	12:40.84co12:32.78	1/29
7	Cochran, Garrett, Dutton, House	Heidelberg	12:47.23	2/13
8	Benson, Rose, Osterhout, Grabauskas	Denison	12:52.28	2/13

MIDEAST

1	Viti, Fairchild, Killmon, Bolton	Misericordia	12:11.25	1/29
2	Smith, McDonald, Cheu, Meehan	Johns Hopkins	12:15.53cb12:07.74	2/12
3	Driscoll, Somers, Dauer, Biondo	DeSales	12:33.59c 12:25.61	2/12
4	Grow, Decker, Shutt, Patrick	Lebanon Valley	12:50.62	1/22
5	Eliason, Miller, Senning, Ross	Messiah	12:54.52	1/29
6	Gasser, Snyder, Prijs, Engel	Ursinus	13:06.67cb12:58.34	2/12
7	Sargent, Carlsson, Hancock, Ramsey	Penn State Behrend	13:12.95	2/13
8	DeBruin, DeViscio, Kuseryk, Cronise	York (Pa.)	13:22.92	1/30

MIDWEST

1	Artz, McCauley, Duff, Kozlowski	St. Norbert	12:21.14cb12:13.29	2/12
2	Imperl, Arndt, Sprotte, Haegler	Concordia Wisconsin	12:34.67	1/29
3	Capozziello, Schuetz, Olson, Smith	North Central (Ill.)	12:46.23	2/6
4	Kasiurak, Wargowsky, Slaback, Kahl	UW-Whitewater	13:23.18	2/5
5	DeArmond, Harden, Nelson, Kerschier	Augustana (Ill.)	13:24.94	2/13
6	Reese, Pruitt, Thrums, Dietsche	Carroll (Wis.)	13:26.25	2/6
7	Goodyear, Gilles, Noll, Works	Greenville	13:31.42	1/29
8	Smith, DeGrave, Tennant, Hoier	UW-Stevens Point	13:40.21	2/5

NEW ENGLAND

1	Zeinstra, Chen, Tregoning, Gong	MIT	11:53.21cb11:45.66	2/12
2	Unger, Markonic, Eickhoff, Wilson	Bates	12:01.06cb11:53.42	2/12
3	Schachman, Morris, Bougioukas, Nadler	Middlebury	12:02.08cb11:54.43	2/12
4	Teaford, McGonagle, Spence, Kingham	Williams	12:02.91	1/29
5	Feder, Fulton, Bellerose, Kelley	Bowdoin	12:08.07cb12:00.36	2/12
6	Franz, Lamptey, Sykes, Curran	Connecticut College	12:15.11cb12:07.32	2/12
7	Ng, Narvaez, Cwik, Fouda	Wellesley	12:16.08cb12:08.28	2/12
8	Silva, Akindole, Epplert, Crane	Wheaton (Mass.)	12:18.62cb12:10.80	2/12



2016 Indoor Track & Field, Week #4

Women's Distance Medley Relay

SOUTH/SOUTHEAST

1	Stewart, Westerholm, May, Harrington	Christopher Newport	12:39.42	1/29
2		Emory	12:55.99cb12:47.77	1/24
3	Seybold, Lee, Fonvielle, Yates	Washington and Lee	12:56.50	1/29
4	Reed, Sharp, Lobelson, Alexander	Rhodes	12:59.84	2/13
5	Wright, Hughes, Washington, Coombs	Virginia Wesleyan	13:00.05	1/22
6	Simank, Hill, Geisler, MacEachern	Trinity (Texas)	13:31.48	2/12
7	Chappell-Dick, Williams, Yoder, Schirch	Eastern Mennonite	13:42.21	1/29
8	Woolverton, Walsh, Pittman, Holdbrooks	Birmingham-Southern	14:08.12cb13:59.14	1/24

USTFCCCA Non-Member

Will NOT be ranked, beginning Week 2



2016 Indoor Track & Field, Week #4

Women's High Jump

ATLANTIC

1	Gladys NJOKU	SR	Stevens	1.75m	5-8%	1/22
2	Marisa TURNER	SR	St. Lawrence	1.72m	5-7%	2/13
3	Brittany FELDMAN	SO	Fredonia	1.65m	5-5	2/12
4	Lauren PARKER	FR	RPI	1.63m	5-4%	1/29
5	Sarah COUPERUS	SO	Fredonia	1.60m	5-3	2/12
5	Treasure GLYMPH	SR	Buffalo State	1.60m	5-3	2/12
5	Natalie MEYER	JR	Ithaca	1.60m	5-3	1/22
5	Emily SOEDER	SO	Nazareth	1.60m	5-3	1/22
5	Shailah WILLIAMS	SR	Rowan	1.60m	5-3	2/12

CENTRAL

1	Nicole CHRISTIANSON	SR	St. Scholastica	1.70m	5-7	2/13
2	Alexis HIGGINS	SR	Dubuque	1.68m	5-6	12/5
2	Vanessa JOHNSON	SO	Concordia Moorhead	1.68m	5-6	2/13
4	Jill BRICHACEK	SO	Nebraska Wesleyan	1.67m	5-5%	2/6
5	Mary ANDREW	SO	Nebraska Wesleyan	1.65m	5-5	1/16
6	Bailey COOK	SR	St. Thomas (Minn.)	1.64m	5-4%	2/5
7	Toree HEMPSTEAD	FR	Nebraska Wesleyan	1.63m	5-4%	2/13
8	Emma PETERSON	JR	Concordia Moorhead	1.62m	5-3%	2/6

GREAT LAKES

1	Melanie WINTERS	SR	Baldwin Wallace	1.74m	5-8%	1/29
2	Jocelyn SEFICK	SR	Mount Union	1.70m	5-7	2/13
3	Carolyn WEBSTER	FR	Wooster	1.67m	5-5%	2/13
4	Hailee ELLINWOOD	JR	Mount Union	1.66m	5-5%	1/22
4	Erin KASPER	JR	Baldwin Wallace	1.66m	5-5%	1/22
6	Hilary COADY	SR	Wooster	1.64m	5-4%	2/13
6	Rebecah DELP	SR	Wittenberg	1.64m	5-4%	2/13
8	Jaclyn SETINA	SO	Rose-Hulman	1.63m	5-4%	1/15

MIDEAST

1	Olivia JENDREZEWSKI	JR	Lebanon Valley	1.70m	5-7	2/12
2	Melissa CHEONG	SO	Moravian	1.68m	5-6	1/30
3	Reilly WAGNER	FR	Misericordia	1.67m	5-5%	1/22
4	Meghan MCGOWAN	JR	Salisbury	1.66m	5-5%	1/30
5	Sara GRAY	FR	Alvernia	1.62m	5-3%	1/22
6	Casie CRONK	SO	Moravian	1.60m	5-3	2/13
6	Emily MEADE	SO	Widener	1.60m	5-3	12/5
6	Rebecca FORTNER	JR	Carnegie Mellon	1.60m	5-3	1/23
6	Maya HAMMONDS	FR	Johns Hopkins	1.60m	5-3	12/5
6	Jaynie CRISCIONE	FR	Johns Hopkins	1.60m	5-3	2/11
6	Tessa ALLEN	FR	Carnegie Mellon	1.60m	5-3	1/16

MIDWEST

1	Sarah GLIDDEN	JR	UW-Eau Claire	1.74m	5-8%	1/23
2	Stephanie PLADIES	FR	UW-Stout	1.69m	5-6%	1/29
2	Kasey EDERER	SR	UW-Oshkosh	1.69m	5-6%	1/15
4	Alyssa ISERMAN	SR	UW-Platteville	1.68m	5-6	1/23
5	Amber WILLIAMS	JR	UW-Platteville	1.67m	5-5%	2/5
6	Samantha MORATECK	JR	St. Norbert	1.66m	5-5%	2/5
7	Alexandra THOMPSON	FR	Chicago	1.65m	5-5	1/29
7	Erika STERNARD	SO	UW-Whitewater	1.65m	5-5	1/29
7	Elanta SLOWEK	SO	Carthage	1.65m	5-5	2/6

NEW ENGLAND

1	Chloe ROGERS	JR	Williams	1.67m	5-5%	1/16
2	Melanie BRUNELLE	FR	Rhode Island College	1.65m	5-5	2/6
3	Natalie ALPER	JR	MIT	1.62m	5-3%	1/23
3	Samantha RICHNER	JR	Bridgewater State	1.62m	5-3%	2/13
3	Helene HALL	SO	Williams	1.62m	5-3%	1/16
3	Becki GOLIA	SO	Amherst	1.62m	5-3%	12/5
7	Francesca CASASANTA	SR	Worcester State	1.61m	5-3%	2/6
8	Kene ODENIGBO	FR	Williams	1.60m	5-3	1/23
8	Addison CARVAJAL	SR	Bowdoin	1.60m	5-3	1/15

SOUTH/SOUTHEAST

1	Kristen TRICE	SR	Bridgewater (Va.)	1.65m	5-5	1/9
2	Mara BRIGGS	FR	Roanoke	1.62m	5-3%	1/16
3	Jordan SMALL	FR	Emory	1.60m	5-3	2/6
3	Courtney ADAMS	SO	Bridgewater (Va.)	1.60m	5-3	1/29
5	Jennifer WESTERHOLM	SR	Christopher Newport	1.59m	5-2%	1/22
5	Emily WINKLER	SO	Centre	1.59m	5-2%	2/13
7	Rachel EDWARDS	SO	Lynchburg	1.57m	5-1%	12/3
8	Rolonda TAYLOR	SO	Virginia Wesleyan	1.55m	5-1	1/22
8	Lydia BROOKS	JR	Belhaven (Miss.)	1.55m	5-1	12/4
8	Maggie KLEBER	SR	Washington and Lee	1.55m	5-1	1/29

WEST

1	Vanessa BLANCHARD	SO	Redlands	1.60m	5-3	1/29
1	Christina DOBBINS	SR	Whitworth	1.60m	5-3	2/5
3	Shannon HAMMOND	SO	Pacific (Ore.)	1.58m	5-2%	1/29
4	Olivia LYTLE	FR	Whitworth	1.55m	5-1	1/22
5	Olivia BANNEROT	SO	Linfield	1.53m	5-1%	1/29
6	Patricia REEVES	SO	Linfield	1.52m	4-11%	2/14
7	Alison SMITH	SO	Redlands	1.50m	4-11	1/29
8	Chrislyn DEMATTOS	FR	Lewis & Clark	1.42m	4-7%	2/14

USTFCCCA Non-Member

Will NOT be ranked, beginning Week 2



2016 Indoor Track & Field, Week #4

Women's Pole Vault

ATLANTIC

1	Katherine PITMAN	SO	Ithaca	3.90m	12-9½	2/13
2	Chelsea VAUGHAN	SR	Stockton	3.80m	12-5½	2/6
3	Emily SHIPLEY	SR	Ramapo	3.75m	12-3½	2/5
4	Alex RECHEN	SR	Ithaca	3.61m	11-10	1/29
5	Jessica DEANGELO	SO	RIT	3.51m	11-6½	2/13
6	Kristen SAWYER	SO	Fredonia	3.49m	11-5½	2/12
7	Elizabeth DOUGLAS	FR	Stockton	3.45m	11-3½	2/13
8	Jessica WHEELER	SR	Brockport	3.38m	11-1	2/13

CENTRAL

1	Elizabeth BRANDENBURG	JR	Loras	3.74m	12-3½	2/6
2	Amanda ZBILSKI	JR	Dubuque	3.36m	11-¾	1/30
3	Sarah OLIGMUELLER	SR	Nebraska Wesleyan	3.28m	10-9	2/6
4	Laura BYBEE	SR	Coe	3.20m	10-6	1/23
5	Maria MISSURELLI	SO	Saint Mary's (Minn.)	3.17m	10-4½	2/13
5	Jordan WALLS	FR	Hamline	3.17m	10-4½	2/13
7	Katharine ROETERING	JR	St. Scholastica	3.15m	10-4	2/6
8	Emma FULTON	SR	St. Olaf	3.11m	10-2½	1/29
8	Jalia ANDERSON	FR	Gustavus Adolphus	3.11m	10-2½	1/29

GREAT LAKES

1	Terrill WEBB	JR	Bluffton	3.80m	12-5½	2/6
2	Taylor LINDSEY	SR	Otterbein	3.76m	12-4	1/16
3	Jenna D'ERRICO	JR	Otterbein	3.62m	11-10½	2/13
4	Madison REED	FR	Ohio Northern	3.59m	11-9½	2/6
5	Harmony KOLLING	SO	Otterbein	3.52m	11-6½	2/13
6	Christen SACCUCCI	SR	Case Western Reserve	3.50m	11-5½	1/30
7	Abbey EISENBROWN	JR	Mount Union	3.42m	11-2½	2/13
8	Angel MYERS	JR	Mount Union	3.37m	11-¾	1/29

MIDEAST

1	Marissa KALSEY	SR	Westminster (Pa.)	4.06m	13-3½	2/12
2	Rebecca SWISHER	SR	Franklin & Marshall	3.75m	12-3½	1/14
3	Rikka OLSON	JR	Dickinson	3.66m	12-0	12/5
4	Brooke MANCUSO	SO	Westminster (Pa.)	3.65m	11-11½	2/6
5	Hailey HALL	SO	Westminster (Pa.)	3.64m	11-11½	2/12
6	Cassidy SHEPHERD	JR	Westminster (Pa.)	3.52m	11-6½	1/29
7	Jaime THOMPSON	FR	Westminster (Pa.)	3.34m	10-11½	2/12
7	Colleen HOFFMAN	FR	Washington & Jefferson	3.34m	10-11½	2/12
7	Rachel ROBISON	SR	Messiah	3.34m	10-11½	2/12
7	Grace RIEDEL	FR	Messiah	3.34m	10-11½	2/12

MIDWEST

1	Nicole LARSON		Concordia Wisconsin	3.79m	12-5½	1/15
2	Meaghan HOWELL	SR	UW-La Crosse	3.77m	12-4½	2/5
3	Laura MESENBURG	JR	UW-Stout	3.69m	12-1½	1/29
4	Shannon BURKE	SR	UW-Stevens Point	3.68m	12-¾	1/23
5	Mackenzie BUTCHER	FR	Augustana (Ill.)	3.56m	11-8	1/22
6	Heidi NASSOS	FR	Washington (Mo.)	3.55m	11-7½	2/13
6	Riley CLAUDE	JR	UW-River Falls	3.55m	11-7½	1/16
6	Courtney MEYER	JR	North Central (Ill.)	3.55m	11-7½	1/29
6	Melanie EHRENBURG	SR	Washington (Mo.)	3.55m	11-7½	2/13

NEW ENGLAND

1	Cimran VIRDI	SR	MIT	4.05m	13-3½	2/5
2	Molly GIBEAULT	JR	Southern Maine	3.60m	11-9½	1/29
3	Jennifer TYLOCK	JR	MIT	3.55m	11-7½	2/13
4	Ashley CRAIG	SO	Westfield State	3.52m	11-6½	12/5
5	Sherry WAN	SR	MIT	3.50m	11-5½	1/23
5	Zoe RUBINSTEIN	SO	Smith	3.50m	11-5½	2/6
7	Keltie VANCE	JR	Colby	3.45m	11-3½	2/5
8	Monet MASTERS	SR	Coast Guard	3.40m	11-1½	1/16

SOUTH/SOUTHEAST

1	Sarah HAYHURST	SO	Centre	3.69m	12-1½	2/6
2	Haley PRYOR	SR	Rhodes	3.50m	11-5½	2/13
3	Elizabeth STANTON	JR	Washington and Lee	3.35m	10-11½	12/3
4	Harper DEWINE	JR	Birmingham-Southern	3.25m	10-8	1/24
4	Anne Marie SIMONEAUX	FR	Emory	3.25m	10-8	12/4
6	Mikayla PAOLINI	SR	Centre	3.10m	10-2	2/13
7	Kaela FIUTAK	SR	Washington and Lee	3.05m	10-0	2/6
8	Maddie VANAKEN	FR	Lynchburg	3.00m	9-10	1/29

WEST

1	Amanda WIDEN	SO	Redlands	3.51m	11-6½	1/29
2	Sierra ROBERTSON	JR	George Fox	3.35m	10-11½	1/23
3	Elizabeth KING	SR	Puget Sound	3.25m	10-8	2/14
4	Sarah HUTCHISON	SO	Linfield	3.10m	10-2	2/14
4	Olivia MCDANIEL	FR	Linfield	3.10m	10-2	1/22
6	Kelly WUCHERER	FR	Whitworth	3.05m	10-0	1/16
6	Alecia LONGSINE	FR	Whitworth	3.05m	10-0	1/16
8	Brynna CLOSE	FR	Pacific (Ore.)	2.80m	9-2½	2/14
8	Sophia PIERCE	FR	Linfield	2.80m	9-2½	2/14

USTFCCCA Non-Member

Will NOT be ranked, beginning Week 2



2016 Indoor Track & Field, Week #4

Women's Long Jump

ATLANTIC

1	Kaitlyn KIESER	SR	SUNY Oneonta	5.75m	18-10%	2/6
2	Kayla CLOHESSY	SO	SUNY Oneonta	5.52m	18-1%	2/6
3	Jassina SURLES	SR	Stockton	5.51m	18-1	2/6
4	Michelle MCCAULEY	FR	Rowan	5.45m	17-10%	1/22
4	Emily VANDENBURGH	SR	Rochester (N.Y.)	5.45m	17-10%	12/10
6	Camille WUTZ	SO	SUNY Geneseo	5.42m	17-9%	1/16
7	Jazlyn PORTER	SR	Buffalo State	5.32m	17-5%	2/12
7	Amanda CUCARESE	SO	TCNJ	5.32m	17-5%	1/30

CENTRAL

1	Svenja RUEHL	SO	UW-Superior	5.56m	18-3	2/13
2	Hanna FREKOT	FR	Bethel (Minn.)	5.37m	17-7%	2/13
3	Callie JONES	JR	Augsburg	5.31m	17-5%	1/15
4	Bailey COOK	SR	St. Thomas (Minn.)	5.30m	17-4%	1/15
5	Alicia DOERR	SR	Minnesota Morris	5.29m	17-4%	2/12
6	Carolyn SAULSBERRY	SR	Hamline	5.28m	17-4	2/13
7	Madison VANWYLEN	SR	St. Olaf	5.26m	17-3%	1/29
8	Damali BRITTON	SO	Carleton	5.22m	17-1%	1/22

GREAT LAKES

1	Melanie WINTERS	SR	Baldwin Wallace	5.77m	18-11%	1/22
2	Annie GOODRIDGE	SO	Oberlin	5.48m	17-11%	2/5
3	Aedin BRENNAN	SR	Denison	5.46m	17-11	2/13
4	Dana CROFOOT	SO	Mount Union	5.42m	17-9%	12/5
5	Emily BROWN	SO	Ohio Wesleyan	5.41m	17-9	2/13
6	Alyssa ACEVEDO	FR	Ohio Wesleyan	5.39m	17-8%	2/6
6	Kelsey COMMAGER	JR	Ohio Northern	5.39m	17-8%	2/13
8	Erin KASPER	JR	Baldwin Wallace	5.31m	17-5%	1/22

MIDEAST

1	Jessica OLEWINE	FR	Lebanon Valley	5.49m	18-¾	1/29
2	Melissa CHEONG	SO	Moravian	5.41m	17-9	2/6
3	Valerie MCLAUGHLIN	FR	Widener	5.40m	17-8%	2/13
4	Olivia JENDREZEWSKI	JR	Lebanon Valley	5.35m	17-6%	1/15
5	Katherine CAVANAUGH	SR	Gettysburg	5.33m	17-6	2/12
6	Reilly WAGNER	FR	Misericordia	5.25m	17-2%	12/4
7	Ariel GRAY	FR	Chatham	5.24m	17-2%	2/6
8	Jordan LUCIANO	FR	Johns Hopkins	5.23m	17-2	2/12
8	Paige MARSH	SR	Johns Hopkins	5.23m	17-2	12/5
8	Kaitlin MCCOUBRIE	SR	Gettysburg	5.23m	17-2	1/30

MIDWEST

1	Amelia GLUECK	SO	Illinois Wesleyan	5.78m	18-11%	2/13
2	Amber WILLIAMS	JR	UW-Platteville	5.69m	18-8	1/30
3	Jill HARMON	SR	Illinois Wesleyan	5.59m	18-4%	2/6
4	Nia JOINER	SR	Illinois Wesleyan	5.58m	18-3%	1/23
4	Jerica KOTARAK	FR	MSOE	5.58m	18-3%	2/6
6	Karina MARCHAN	SO	UW-Oshkosh	5.50m	18-¾	1/15
6	Carli CLIFTON	JR	UW-Stout	5.50m	18-¾	2/5
8	Elina GUNNARSSON	SO	North Park	5.48m	17-11%	2/12

NEW ENGLAND

1	Abena ASARE	SO	Wellesley	5.53m	18-1%	1/23
2	Grace WEATHERALL	SR	Williams	5.45m	17-10%	12/5
3	Candice DYCE	JR	Williams	5.44m	17-10%	12/5
4	Peyton DOSTIE	SR	Southern Maine	5.40m	17-8%	1/30
5	Alexis HARRISON	SR	Tufts	5.39m	17-8%	1/23
6	Nneoma OKONKWO	SO	MIT	5.37m	17-7½	1/23
7	Katharine KRUPP	SR	Bowdoin	5.36m	17-7	2/5
8	Taylor DRIGGERS	SO	UMass Boston	5.33m	17-6	12/5
8	Addison CARVAJAL	SR	Bowdoin	5.33m	17-6	2/5

SOUTH/SOUTHEAST

1	Dana LEE	JR	Washington and Lee	5.59m	18-4%	2/6
2	Amber CELEN	SO	Bridgewater (Va.)	5.52m	18-1%	2/6
3	Alexandra AIELLO	SR	Emory	5.24m	17-2%	2/12
4	Brianna HARDEMAN	SO	Rhodes	5.14m	16-10%	2/13
5	Tye MEADOR	FR	Bridgewater (Va.)	5.06m	16-7%	1/15
6	Arielle SHAW	FR	Oglethorpe	5.05m	16-7	1/24
7	Rolonda TAYLOR	SO	Virginia Wesleyan	5.04m	16-6½	2/6
8	Jennifer WESTERHOLM	SR	Christopher Newport	4.99m	16-4%	1/22

WEST

1	Asia GREENE	JR	George Fox	5.70m	18-8%	2/5
2	Dakota BUHLER	SO	George Fox	5.57m	18-3%	1/29
3	Kara ROMANI	FR	Redlands	5.20m	17-¾	1/29
4	Olivia BANNEROT	SO	Linfield	5.16m	16-11%	2/5
5	Sarah FRAZIER	SR	George Fox	5.09m	16-8%	1/23
6	Kayla BRASE	SO	Whitworth	5.01m	16-5%	2/14
7	Brenna GOMEZ	SR	Linfield	4.84m	15-10%	2/14
8	Annie WRIGHT	FR	George Fox	4.82m	15-9%	12/12

USTFCCCA Non-Member

Will NOT be ranked, beginning Week 2



2016 Indoor Track & Field, Week #4

Women's Triple Jump

ATLANTIC

1	Sarah WIATR	SR	Utica	11.84m	38-10%	1/29
2	Alexa WANDY	JR	SUNY Geneseo	11.55m	37-10%	12/5
3	Kaitlyn KIESER	SR	SUNY Oneonta	11.26m	36-11%	1/30
4	Darcy DEANGELIS	FR	RIT	11.23m	36-10%	2/6
5	Treasure GLYMPH	SR	Buffalo State	11.11m	36-5%	2/12
6	Hailey SMITH	SR	Brockport	11.10m	36-5	2/6
7	Camille WUTZ	SO	SUNY Geneseo	11.04m	36-2%	2/6
8	Courtney PACIULLI	SR	TCNJ	10.98m	36-¼	2/5

CENTRAL

1	Damali BRITTON	SO	Carleton	11.07m	36-4	2/6
2	Carolyn SAULSBERRY	SR	Hamline	10.89m	35-8%	2/5
3	Lauren LARSON	SR	Wartburg	10.79m	35-5	1/29
4	Megan SUNDSTROM	SO	St. Benedict	10.68m	35-½	1/30
5	Audrey HOOKS	JR	Loras	10.61m	34-9%	2/13
6	Jakeena MCKAY	FR	Wartburg	10.57m	34-8%	2/5
7	Elise HEISER	JR	Luther	10.56m	34-7%	2/13
7	Katie GILBERT	SR	Cornell College	10.56m	34-7%	2/13

GREAT LAKES

1	Aedin BRENNAN	SR	Denison	11.86m	38-11	2/13
2	Annie GOODRIDGE	SO	Oberlin	11.54m	37-10%	2/13
3	Kelsey COMMAGER	JR	Ohio Northern	11.14m	36-6%	1/30
4	Dianna JOHNSON-WARD	JR	Ohio Northern	11.08m	36-4%	1/22
5	Jocelyn SEFICK	SR	Mount Union	11.06m	36-3%	2/13
6	Gabriele RAZMA	SO	Rose-Hulman	10.98m	36-¼	1/30
7	Devron MARTIN	SO	Kenyon	10.79m	35-5	2/13
8	Casey BRUMBACK	SR	Kenyon	10.78m	35-4%	2/13

MIDEAST

1	Jessica OLEWINE	FR	Lebanon Valley	11.20m	36-9	2/6
2	Kaitlin MCCOUBRIE	SR	Gettysburg	11.06m	36-3%	2/6
3	Olivia JENDREZEWSKI	JR	Lebanon Valley	11.01m	36-1%	1/29
4	Marie JOHNSON	JR	Messiah	11.00m	36-1%	2/12
5	Paige MARSH	SR	Johns Hopkins	10.96m	35-11%	2/6
6	Kaylah MITCHELL	FR	Wesley	10.93m	35-10%	1/22
7	Kiara BRIGHT	JR	Moravian	10.82m	35-6	2/13
8	Hudson VANSLOOTEN	SR	Johns Hopkins	10.64m	34-11	2/6

MIDWEST

1	Amber WILLIAMS	JR	UW-Platteville	12.02m	39-5%	1/23
2	Jill HARMON	SR	Illinois Wesleyan	11.68m	38-4	2/13
3	Jerica KOTARAK	FR	MSOE	11.45m	37-6%	1/15
4	Elizabeth HARLOS	FR	UW-La Crosse	11.37m	37-3%	2/5
5	Shante WILLIAMS	SO	Illinois Wesleyan	11.23m	36-10%	2/13
6	Emily DIAZ	JR	Illinois Wesleyan	11.16m	36-7%	2/13
7	Betsy SCHREIER	FR	UW-La Crosse	11.15m	36-7	2/5
8	Markesha HARDEN	JR	Augustana (Ill.)	11.10m	36-5	1/22

NEW ENGLAND

1	Katharine KRUPP	SR	Bowdoin	11.60m	38-¼	1/15
2	Melanie BRUNELLE	FR	Rhode Island College	11.56m	37-11%	2/6
3	Chloe ROGERS	JR	Williams	11.39m	37-4%	1/16
4	Taylor DRIGGERS	SO	UMass Boston	11.31m	37-1%	1/16
5	Candice DYCE	JR	Williams	11.27m	36-11%	2/6
6	Sally CEESAY	SO	Bates	11.15m	36-7	2/12
7	Allegra FILS-AIME	FR	Wesleyan (Conn.)	11.07m	36-4	2/6
8	Lauren RICHARD	SR	WPI	10.95m	35-11%	1/30

SOUTH/SOUTHEAST

1	Britney SULLIVAN	SO	Trinity (Texas)	11.71m	38-5	1/29
2	Arielle SHAW	FR	Oglethorpe	11.40m	37-5	1/24
3	Victoria AMADI	JR	Hendrix	11.32m	37-1%	2/6
4	Kristen TRICE	SR	Bridgewater (Va.)	11.23m	36-10%	2/6
5	Dana LEE	JR	Washington and Lee	11.00m	36-1%	12/3
6	Alexandra AIELLO	SR	Emory	10.77m	35-4	2/6
7	Katie CHANG	FR	Emory	10.60m	34-9%	2/6
8	Oksana KITTRELL	SO	Eastern Mennonite	10.55m	34-7%	1/29

WEST

1	Kayla BRASE	SO	Whitworth	11.28m	37-¼	2/14
2	Mehana SABADO-HALPERN	FR	Linfield	10.98m	36-¼	2/14
3	Dakota BUEHLER	SO	George Fox	10.80m	35-5%	12/12
4	Sarah FRAZIER	SR	George Fox	10.28m	33-8%	1/23
5	Lani WAHL	FR	Whitworth	10.24m	33-7%	2/5
6	Shannon HAMMOND	SO	Pacific (Ore.)	10.15m	33-3%	1/22
7	Leslie RAMIREZ	SO	Linfield	10.07m	33-½	1/22
8	Emily PRASIL	JR	Puget Sound	9.90m	32-5%	2/5

USTFCCCA Non-Member Will NOT be ranked, beginning Week 2



2016 Indoor Track & Field, Week #4

Women's Shot Put

ATLANTIC

1	Brandy SMITH	JR	Ithaca	13.31m	43-8	2/6
2	Victoire KOTHOR	SO	Alfred State	13.11m	43- $\frac{1}{2}$	1/16
3	Mariah MAYS	FR	Brockport	13.10m	42-11 $\frac{1}{2}$	12/5
4	Katie WEEKS	SO	Stevens	12.75m	41-10	12/5
5	Alexandra GOLDMAN	JR	Rochester (N.Y.)	12.71m	41-8 $\frac{1}{2}$	2/12
6	Jessica CRAVEN	FR	Brockport	12.55m	41-2 $\frac{1}{2}$	1/29
7	Meghann WOOD	SO	St. Lawrence	12.45m	40-10 $\frac{1}{2}$	2/13
8	Kendra BUSH	JR	RIT	12.39m	40-7 $\frac{1}{2}$	12/10

CENTRAL

1	Samantha DOLEZAL	SR	Nebraska Wesleyan	14.01m	45-11 $\frac{1}{2}$	2/13
2	Tanasha ATWATER	SO	Dubuque	13.83m	45-4 $\frac{1}{2}$	1/22
3	Sarah SWANSON	SR	Gustavus Adolphus	13.17m	43-2 $\frac{1}{2}$	1/29
4	Olivia JOHNSON	JR	Concordia Moorhead	13.10m	42-11 $\frac{1}{2}$	2/6
5	SteaVen BECKER	SO	Nebraska Wesleyan	13.07m	42-10 $\frac{1}{2}$	2/6
6	Victoria KAPNISIS	JR	Wartburg	12.89m	42-3 $\frac{1}{2}$	2/13
7	Sam HOLTZ	SO	Wartburg	12.87m	42-2 $\frac{1}{2}$	2/5
8	Ciara VOYCHESKE	SO	Nebraska Wesleyan	12.26m	40-2 $\frac{1}{2}$	2/13

GREAT LAKES

1	Madison HAASZ	SR	Heidelberg	14.57m	47-9 $\frac{1}{2}$	2/13
2	Monique NEWTON	SO	Oberlin	14.29m	46-10 $\frac{1}{2}$	12/5
3	Kim GALLAVAN	SR	Baldwin Wallace	13.61m	44-8	1/22
4	Kara ECK	SO	Trine	13.48m	44-2 $\frac{1}{2}$	12/5
5	Marissa BOLEN	SR	Wilmington (Ohio)	13.45m	44-1 $\frac{1}{2}$	12/5
6	Erica CHRISTY	JR	Franklin	13.13m	43-1	2/13
7	Ana RICHARDSON	SO	Oberlin	13.01m	42-8 $\frac{1}{2}$	2/13
8	Sarah ALFLEN	SR	Ohio Wesleyan	12.93m	42-5 $\frac{1}{2}$	2/13

MIDEAST

1	Jillian KORGESKI	FR	King's College (Pa.)	12.61m	41-4 $\frac{1}{2}$	2/6
2	Claire SARGENT	SO	Haverford	12.31m	40-4 $\frac{1}{2}$	1/14
3	Michelle GAYKOWSKI	JR	Muhlenberg	12.06m	39-7	2/6
4	Trinity HENDERSON	FR	Gwynedd-Mercy	11.99m	39-4	12/5
5	Ciara STEWART	SO	Moravian	11.87m	38-11 $\frac{1}{2}$	12/11
6	Jourdyn BEVERLY	FR	Wesley	11.82m	38-9 $\frac{1}{2}$	1/29
7	Caitlin YAKAS	JR	Widener	11.81m	38-9	2/6
8	Chelsea HALL	SR	Misericordia	11.79m	38-8 $\frac{1}{2}$	1/29

MIDWEST

1	Kendra ANTONY	JR	UW-La Crosse	14.22m	46-8	2/5
2	Morgan YOUNG	JR	Carthage	13.99m	45-10 $\frac{1}{2}$	2/12
3	JoHannah THEISEN	SO	UW-Eau Claire	13.91m	45-7 $\frac{1}{2}$	1/29
4	Autumn MILLER	JR	UW-La Crosse	13.71m	44-11 $\frac{1}{2}$	1/22
5	Kadie FLYNN	SR	UW-Stevens Point	13.42m	44- $\frac{1}{2}$	2/13
6	Michelle BRANDT	JR	UW-Stout	13.38m	43-10 $\frac{1}{2}$	1/29
7	Kristina HERMAN	FR	St. Norbert	12.68m	41-7 $\frac{1}{2}$	1/29
8	Karly GOODMAN	SO	Illinois Wesleyan	12.65m	41-6	12/5

NEW ENGLAND

1	Naloti PALMA-KALUMA	SR	Westfield State	13.85m	45-5 $\frac{1}{2}$	12/5
2	Kim DONALDSON	FR	Colby	12.98m	42-7	2/12
3	Isabella STUOPIIS	SR	MIT	12.91m	42-4 $\frac{1}{2}$	2/13
4	Sabrina SODDERS	SR	Southern Maine	12.77m	41-10 $\frac{1}{2}$	1/30
5	Gabrielle TROISE	SO	Coast Guard	12.32m	40-5	1/23
5	Hanna CARSON	SR	Worcester State	12.32m	40-5	1/16
7	Jackie VAHEY	JR	MIT	11.93m	39-1 $\frac{1}{2}$	2/13
8	Taylor Jazmine SMITH	JR	UMass Boston	11.77m	38-7 $\frac{1}{2}$	12/5

SOUTH/SOUTHEAST

1	Taylor COCKERILLE	JR	Mary Washington	12.70m	41-8	2/6
2	Earen ROBINSON	SO	Birmingham-Southern	11.88m	38-11 $\frac{1}{2}$	2/6
3	Michelle YATES	SO	Virginia Wesleyan	11.75m	38-6 $\frac{1}{2}$	2/6
4	Kira CURRY	JR	Rhodes	11.68m	38-4	2/13
5	Valerie LINCK	SO	Emory	11.60m	38- $\frac{3}{4}$	2/6
6	Kayla JONES	SO	Christopher Newport	11.36m	37-3 $\frac{1}{2}$	2/6
7	Hannah SHOEMAKER	SO	Christopher Newport	11.32m	37-1 $\frac{1}{2}$	12/5
7	Laura ALLEN	FR	Shenandoah	11.32m	37-1 $\frac{1}{2}$	1/15

WEST

1	Danielle OPENIANO	JR	Whitworth	12.62m	41-5	1/16
2	Chanelle EDDY	FR	Whitworth	11.90m	39- $\frac{1}{2}$	1/16
3	Annie WRIGHT	FR	George Fox	11.05m	36-3	1/29
4	Alexandra MCCONNELL	SR	Whitworth	10.95m	35-11 $\frac{1}{2}$	1/22
5	Madeline SHIRLEY	FR	Linfield	10.87m	35-8	2/5
6	Emily WOODWARD	FR	George Fox	10.81m	35-5 $\frac{1}{2}$	2/5
7	Emily LOYD	FR	George Fox	10.70m	35-1 $\frac{1}{2}$	2/5
8	Katelynn SCHILLING	FR	George Fox	10.63m	34-10 $\frac{1}{2}$	12/12

USTFCCCA Non-Member

Will NOT be ranked, beginning Week 2



2016 Indoor Track & Field, Week #4

Women's Weight Throw

ATLANTIC

1	Brandy SMITH	JR	Ithaca	18.28m	59-11½	2/13
2	Meghan SERDOCK	JR	SUNY Oneonta	17.19m	56-4¾	1/30
3	Victoire KOTHOR	SO	Alfred State	16.42m	53-10½	12/5
4	Yvonne PALACIOS	JR	Ithaca	15.71m	51-6¾	1/29
5	Savannah COOK	SR	Brockport	15.70m	51-6¾	1/16
6	Alexandra GOLDMAN	JR	Rochester (N.Y.)	15.50m	50-10½	12/10
7	Ashley CANTY	SR	Rutgers-Newark	15.25m	50-½	12/5
8	Mariah MAYS	FR	Brockport	15.10m	49-6¾	12/5

CENTRAL

1	Tanasha ATWATER	SO	Dubuque	16.80m	55-1½	2/13
2	Samantha DOLEZAL	SR	Nebraska Wesleyan	16.78m	55-¾	2/6
3	Lorell STUHT	JR	Central (Iowa)	16.77m	55-¾	2/5
4	Jodi KOELLNER	SO	Nebraska Wesleyan	15.79m	51-9¾	2/6
5	Nicole FORSON	SR	Dubuque	15.69m	51-5¾	2/13
6	Victoria KAPNISIS	JR	Wartburg	15.37m	50-5¾	1/15
7	Sami BRINKMANN	SO	Minnesota Morris	14.60m	47-11	1/30
8	Sarah SWANSON	SR	Gustavus Adolphus	14.55m	47-9	2/13

GREAT LAKES

1	Kim GALLAVAN	SR	Baldwin Wallace	18.55m	60-10½	2/13
2	Kara ECK	SO	Trine	17.45m	57-3	12/11
3	Ana RICHARDSON	SO	Oberlin	17.40m	57-1	2/13
4	Barinem AATOR	JR	Manchester	17.08m	56-¾	1/15
5	Madison HAASZ	SR	Heidelberg	17.05m	55-11½	2/13
6	Temi OMILABU	JR	Case Western Reserve	17.00m	55-9¾	2/13
7	Maggie URBAN	SR	Baldwin Wallace	16.75m	54-11½	2/6
8	D'Nae REESE	SO	Bluffton	16.64m	54-7¾	2/13

MIDEAST

1	Sarah WIGG	SR	Misericordia	16.13m	52-11	12/4
2	Devon DOBBS	JR	Washington & Jefferson	14.86m	48-9	2/6
3	Samantha HEADLEY	SR	Thomas More	14.63m	48-0	2/6
4	Jackie FINNEGAN	JR	Moravian	14.41m	47-3¾	1/30
5	Megan WARNER	SR	DeSales	14.25m	46-9	2/6
6	Tia THOMAS	SR	Alvernia	14.03m	46-¾	2/12
7	Amanda PORTER	JR	Elizabethtown	13.89m	45-7	2/12
8	Kiersten CHUC	SO	Carnegie Mellon	13.60m	44-7¾	1/30

MIDWEST

1	Lydia MEIER	JR	UW-Stout	18.77m	61-7	1/23
2	Lizzy ABHOLD	JR	UW-Oshkosh	17.93m	58-10	1/22
3	Amanda STRUPP	JR	UW-Whitewater	17.75m	58-3	1/29
4	Sam ANDERSON	JR	UW-Eau Claire	17.50m	57-5	2/12
5	Nkemdilim NWAOKOLO	SR	Chicago	16.46m	54-0	1/23
6	Kendra ANTONY	JR	UW-La Crosse	16.34m	53-7½	2/5
7	Mia BENNETT	SO	Carthage	16.26m	53-4¾	2/12
8	Michelle BRANDT	JR	UW-Stout	16.25m	53-3¾	1/23
8	Kayla PABST	SO	UW-Stout	16.25m	53-3¾	1/29

NEW ENGLAND

1	Michaela GARRETT	JR	Colby	16.15m	53-0	1/30
2	Jackie VAHEY	JR	MIT	16.10m	52-10	2/13
3	Naloti PALMA-KALUMA	SR	Westfield State	15.83m	51-11½	1/30
4	Carly MARKOS	JR	Springfield (Mass.)	15.76m	51-8¾	1/23
5	Breanna JOACHIM	SR	Wheaton (Mass.)	15.49m	50-10	2/12
6	Erin ELLISON	JR	Husson	15.41m	50-6¾	1/22
7	Ariela SLUTSKY	SO	MIT	15.17m	49-9¾	2/13
8	Alexia TROISE	SO	Coast Guard	14.88m	48-10	2/13

SOUTH/SOUTHEAST

1	Whitney SIMMONS	JR	UT Tyler	18.21m	59-9	2/5
2	Kim ALFARO	SR	Lynchburg	16.16m	53-¾	1/29
3	Earen ROBINSON	SO	Birmingham-Southern	15.72m	51-7	2/6
4	Danyelle MCGRADY	JR	Shenandoah	15.71m	51-6¾	2/6
5	Sheree TURNER	JR	Mary Washington	15.57m	51-1	2/6
6	Elysa BAKER	SR	Mary Washington	15.24m	50-0	2/6
7	Morgan SMITH	SO	Shenandoah	14.58m	47-10	1/29
8	Katelyn SENG	JR	Bridgewater (Va.)	14.09m	46-2¾	1/29

WEST

1	Emily WOODWARD	FR	George Fox	12.71m	41-8¾	12/12
2	Emily HAMILTON	FR	George Fox	12.31m	40-4¾	12/12
3	Arielle STUART	FR	George Fox	10.09m	33-1½	12/12
4	Katelynn SCHILLING	FR	George Fox	9.21m	30-2¾	12/12

USTFCCCA Non-Member Will NOT be ranked, beginning Week 2



2016 Indoor Track & Field, Week #4

Women's Pentathlon

ATLANTIC

1	Kayla KOELBEL	SR	SUNY Cortland	3,246	2/6
2	Kylee BARTLETT	FR	Rochester (N.Y.)	3,198	1/29
3	Hailey BURKHART	SR	RIT	3,168	1/29
4	Marisa GOSDECK	SO	Brockport	3,103	1/29
5	Madeline HAMMER	SO	SUNY Geneseo	2,952	2/6
6	Brianna HAYES	SO	Ithaca	2,902	2/6
7	Nicole HOFMANN	SO	SUNY Cortland	2,855	12/5
8	Natalie MEYER	JR	Ithaca	2,811	2/6

CENTRAL

1	Bailey COOK	SR	St. Thomas (Minn.)	3,225	2/5
2	Jaclyn STOAKES	SR	Wartburg	3,019	2/5
3	Sarah GALBRAITH	SR	Simpson (Iowa)	2,966	1/29
4	Courtney SOWLE	JR	Wartburg	2,888	2/5
5	Emma DREES	JR	Central (Iowa)	2,883	12/11
6	Laura EISCHENS	SO	St. Thomas (Minn.)	2,875	2/5
7	Olivia BOLDEN	SO	Nebraska Wesleyan	2,837	1/29
8	Jenna STILWELL	FR	Concordia Moorhead	2,820	2/6

GREAT LAKES

1	Melanie WINTERS	SR	Baldwin Wallace	3,651	2/6
2	Aedin BRENNAN	SR	Denison	3,562	2/6
3	Hilary COADY	SR	Wooster	3,387	2/6
4	Rebecah DELP	SR	Wittenberg	3,145	2/6
5	Kristine WAGNER	SR	Ohio Northern	3,020	12/4
6	Savannah HUBBARD	JR	Hanover	2,997	1/29
7	Carolyn WEBSTER	FR	Wooster	2,989	2/6
8	Jocelyn SEFICK	SR	Mount Union	2,974	2/6

MIDEAST

1	Reilly WAGNER	FR	Misericordia	3,226	1/29
2	Jenn SU	SO	Johns Hopkins	3,179	1/30
3	Paige MARSH	SR	Johns Hopkins	3,121	1/30
4	Rebecca QUERFELD	JR	Messiah	2,824	1/29
5	Melissa CHEONG	SO	Moravian	2,787	12/4
6	Krista SNYDER	SR	Ursinus	2,728	2/6
7	Rebecca FLITCROFT	JR	Moravian	2,630	2/10
8	Jacqueline MANGOGNA	SO	Hood	2,553	2/11

MIDWEST

1	Sarah GLIDDEN	JR	UW-Eau Claire	3,578	1/29
2	Jill HARMON	SR	Illinois Wesleyan	3,523	2/6
3	Taylor SHERRY	SR	UW-Oshkosh	3,397	1/29
4	Amber WILLIAMS	JR	UW-Platteville	3,348	2/5
5	Emma SAPIRO	SR	UW-Stout	3,084	1/29
6	Talia SHEEDLO	SO	Aurora	3,033	2/6
7	Shelby GRAHAM	SR	UW-La Crosse	3,013	2/5
8	Caycee BEAN	SO	UW-La Crosse	2,992	2/5

NEW ENGLAND

1	Addison CARVAJAL	SR	Bowdoin	3,328	1/15
2	Jenna ATHANASOPOULOS	JR	Colby	3,027	1/15
3	Samantha RICHNER	JR	Bridgewater State	2,994	1/15
4	Natalie ALPER	JR	MIT	2,975	1/30
5	Abena ASARE	SO	Wellesley	2,918	1/30
6	Erin WOMBOLDT	SR	Springfield (Mass.)	2,798	1/30
7	Elyse RUBCHINUK	JR	Bates	2,782	1/22
8	Maddie PRONOVOST	JR	Middlebury	2,766	1/29

SOUTH/SOUTHEAST

1	Jennifer WESTERHOLM	SR	Christopher Newport	3,161	1/22
2	Kristen TRICE	SR	Bridgewater (Va.)	3,137	1/29
3	Amber CELEN	SO	Bridgewater (Va.)	2,805	1/29
4	Mackenzie SCOTT	JR	Christopher Newport	2,629	1/22
5	Brittany BOWERS	JR	Shenandoah	2,367	2/11

WEST

1	Olivia BANNEROT	SO	Linfield	2,899	1/15
2	Mehana SABADO-HALPERN	FR	Linfield	2,174	1/15

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