



# NJCAA Division I - Top 10 Seeds by Event as of January 25



## Men

### 60 Meters

1	Kendrick SMITH	SO Meridian CC	6.66	Jan 8
2	Chris LEWIS	SO Meridian CC	6.69	Jan 8
3	Keitavious WALTER	FR Hinds CC	6.70	Jan 8
4	Cravorkian CARSON	SO Meridian CC	6.77	Jan 15
4	Solomon AFFUL	SO Cloud County CC	6.77	Jan 22
6	Andrew BISHOP	FR Coffeyville CC	6.78	Jan 16
6	Eli HALL-THOMPSON	SO Butler (Kan.) CC	6.78	Jan 22
8	Eli MINOR	SO Iowa Central CC	6.79	Jan 15
9	Terry WRIGHT	FR Coffeyville CC	6.81	Jan 22
10	Qawatvis JOHNSON	FR Hinds CC	6.82	Jan 16

### 200 Meters

1	Correion MOSBY	FR Hinds CC	21.46	Jan 16
2	Antwon SMITH	SO Western Texas	21.62	Jan 16
3	Eli MINOR	SO Iowa Central CC	21.69	Jan 23
4	Alexander RICHEMOND	SO Barton County CC	21.73	Jan 15
5	McKinley WEST	FR Barton County CC	21.86	Jan 15
6	Jerin ALLEN	SO Hinds CC	22.02	Jan 16
7	Karayme BARTLEY	FR Iowa Central CC	22.03	Jan 23
8	Malik JOHN	FR Kingsborough CC	22.04	Jan 22
9	Ian KERR	SO Western Texas	22.05	Jan 16
10	Quentaveon POOLE	FR Butler (Kan.) CC	22.06	Jan 22

### 400 Meters

1	DeVante LACY	SO South Plains	47.79	Jan 22
2	Edward ANDERSON	FR Iowa Central CC	48.38	Jan 23
3	Deante' EARLY	SO Hinds CC	48.45	Jan 16
4	Quentaveon POOLE	FR Butler (Kan.) CC	48.70	Jan 22
5	Jamaree MURRAY	SO Iowa Western CC	48.96	Jan 15
6	Marcus DAVIS	SO Iowa Western CC	48.97	Jan 15
7	Joshua WILLINGHAM	SO Iowa Western CC	49.11	Jan 15
8	Kaderius ROGERS	FR Hinds CC	49.19	Jan 16
9	Kion JOSEPH	SO Iowa Central CC	49.21	Jan 23
10	Jaquez WILSON	SO Barton County CC	49.23	Jan 15

### 600 Meters

1	Robert DOWNS JR.	FR South Plains	1:20.26c	1:11.66(6)	Jan 22
2	Jaquez WILSON	SO Barton County CC	1:21.37c	1:12.65(6)	Jan 8
3	Kadeem WILLIAMS	SO Barton County CC	1:22.18		Jan 15
4	Marcus DAVIS	SO Iowa Western CC	1:22.53		Jan 9
5	Jamaree MURRAY	SO Iowa Western CC	1:22.59		Jan 9
6	Justin MAIN	FR Iowa Central CC	1:22.86		Jan 23
7	Emmanuel MWEWA	SO Butler (Kan.) CC	1:23.25c	1:14.33(6)	Jan 22
8	Quortez LEVY	SO Coffeyville CC	1:23.32c	1:14.39(6)	Jan 16
9	Craig ROCK JR.	FR Hinds CC	1:23.33		Jan 8
10	Okeen WILLIAMS	FR South Plains	1:23.38c	1:14.44(6)	Jan 22

### 800 Meters

1	Festus LAGAT	FR Gillette	1:50.98cA	1:51.80	Dec 10
2	Noah LARSEN	SO Iowa Central CC	1:52.24		Jan 23
3	Bill OYET	FR Iowa Central CC	1:55.00		Jan 23
4	Imad AMENZOU	SO North Iowa Area CC	1:56.38		Jan 23
5	Carlos JAMES	SO Allen CC	1:56.50		Jan 22
6	Judah CORRIETTE	SO Essex County (N.J.)	1:57.07		Jan 22
7	Ryan PARSLow	SO Macomb CC	1:57.38		Jan 15
8	Josh AUSTIN	SO Meridian CC	1:57.85		Jan 15
9	Aaron ANDREWS	SO Arkansas Baptist	1:58.22		Jan 22
10	Akeem FRANCIS	FR Essex County (N.J.)	1:58.45		Jan 22

### 1000 Meters

1	Noah LARSEN	SO Iowa Central CC	2:27.01		Jan 15
2	Mpho MAKOFANE	SO Monroe	2:27.65		Jan 16
3	Amanuel LOGO	SO Pima CC	2:33.20		Jan 22
4	Rudy TORRES	FR Essex County (N.J.)	2:34.35		Jan 16
5	Rodney HENRY	FR Garden City CC	2:34.86		Jan 15
6	Marcus SMITH	SO Coffeyville CC	2:35.40		Jan 16
7	Omer ALMOG	FR Iowa Central CC	2:36.41		Jan 9
8	Orser RODRIGUEZ	FR Hutchinson CC	2:36.61		Jan 22
9	Herick WALTERS	FR Iowa Western CC	2:37.16		Jan 23
10	Jamal NAMOUS	SO Cloud County CC	2:37.57		Jan 15

### Mile

1	Festus LAGAT	FR Gillette	4:08.86cA	4:12.28	Dec 4
2	Omer ALMOG	FR Iowa Central CC	4:13.44		Jan 23
3	Mpho MAKOFANE	SO Monroe	4:19.63		Jan 8
4	Karim ACHENGLI	FR Iowa Central CC	4:20.47		Jan 23
5	Oscar CARMONA	SO Iowa Central CC	4:20.87		Jan 23
6	Denzel FOGG	FR Iowa Central CC	4:21.01		Jan 23
7	Hassan ABDI	SO South Plains	4:22.03		Jan 22
8	Jose CANO PALLARES	FR Vincennes	4:23.16		Jan 23
9	Erick ROTICH	FR Gillette	4:23.17cA	4:26.79	Dec 4
10	Devyn BROTERTON	SO Barton County CC	4:23.96		Jan 15

### 3000 Meters

1	Sylvester BARUS	SO Iowa Western CC	8:23.28		Jan 15
2	Omer ALMOG	FR Iowa Central CC	8:26.55		Jan 15
3	Festus LAGAT	FR Gillette	8:31.85cA	8:39.40	Dec 4
4	Hassan ABDI	SO South Plains	8:38.30		Jan 22
5	Denzel FOGG	FR Iowa Central CC	8:38.43		Jan 15
6	Tre RILEY	FR Gillette	8:40.11cA	8:47.78	Dec 4
7	Cody BAELE	SO Iowa Central CC	8:46.00		Jan 15
8	Karim ACHENGLI	FR Iowa Central CC	8:47.58		Jan 15
9	Ahmed MOHAMED	SO Pima CC	8:50.67		Jan 22
10	John WINFIELD	FR Paradise Valley CC	8:52.99		Jan 22



# NJCAA Division I - Top 10 Seeds by Event as of January 25



## Men

### 5000 Meters

1	Festus LAGAT	FR Gillette	14:28.74cA	14:42.65	Jan 23
2	Denzel FOGG	FR Iowa Central CC	15:00.20		Jan 22
3	Karim ACHENGLI	FR Iowa Central CC	15:00.26		Jan 22
4	Erick ROTICH	FR Gillette	15:07.43cA	15:21.96	Jan 23
5	Cody BAELE	SO Iowa Central CC	15:10.73		Jan 22
6	Bryce ELM	FR Iowa Central CC	15:37.86		Jan 22
7	Nolan HESSE	SO Butler (Kan.) CC	15:41.71		Jan 22
8	Nic GANZEVELD	SO Iowa Central CC	15:41.89		Jan 22
9	Zakaria DJOUMA	FR Mohawk Valley CC	15:45.27		Dec 12
10	Asher CATTERALL	SO Gillette	15:57.50cA	16:29.99	Dec 10

### 60 Meter Hurdles

1	Christian BOYD	FR Hinds CC	8.11		Jan 16
1	Kion JOSEPH	SO Iowa Central CC	8.11		Jan 23
3	Dominique CARRASCO	FR Cowley County CC	8.16		Jan 22
4	Kevin RAINEY	FR Iowa Central CC	8.20		Jan 23
5	Sydne DAVIS	SO Iowa Central CC	8.21		Jan 23
6	Jhibri GREER	FR Butler (Kan.) CC	8.25		Jan 22
7	Kelvin ALMONTE	FR Coffeyville CC	8.28		Jan 16
7	Darryl BROOKINS	FR Coffeyville CC	8.28		Jan 16
9	Damique ROSE	FR Colby (Kan.) CC	8.32cA	8.30	Jan 22
10	Edward ANDERSON	FR Iowa Central CC	8.33		Jan 15
10	Jermaine JONES	FR Barton County CC	8.33		Jan 15

### 4x400 Relay

1	Iowa Western CC	3:14.18		Jan 15
2	South Plains	3:14.94		Jan 22
2	Barton County CC	3:14.94		Jan 15
4	Iowa Central CC	3:15.54		Jan 23
5	Hinds CC	3:16.24		Jan 16
6	Coffeyville CC	3:18.37		Jan 22
7	Butler (Kan.) CC	3:20.56		Jan 22
8	Kingsborough CC	3:21.08		Jan 22
9	Meridian CC	3:21.34		Jan 15
10	Pima CC	3:24.38		Jan 22

### 4x800 Relay

1	Johnson County CC	8:00.59		Jan 22
2	Iowa Central CC	8:03.69		Jan 9
3	Meridian CC	8:10.28		Jan 8
4	North Iowa Area CC	8:18.23		Jan 16
5	Cloud County CC	8:21.20		Jan 22

### Distance Medley Relay

1	Iowa Western CC	10:29.25		Jan 15
2	Barton County CC	10:31.20		Jan 15
3	Louisburg	10:33.14		Jan 16
4	North Iowa Area CC	10:40.12		Jan 23
5	Essex County (N.J.)	10:53.01		Jan 22
6	Meridian CC	11:18.49		Jan 8

### High Jump

1	Jah-Nhai PERINCHIEF	FR Iowa Central CC	2.16m	7-1	Jan 9
1	Jerin ALLEN	SO Hinds CC	2.16m	7-1	Jan 8
3	Samuel SHOULTZ	FR Pima CC	2.10m	6-10%	Jan 22
4	Devaughtne MOSELEY	FR Coffeyville CC	2.08m	6-9%	Jan 16
5	Jared SEAY	FR Iowa Central CC	2.07m	6-9%	Jan 9
6	Kwaume MCGEE	FR South Plains	2.05m	6-8%	Jan 22
6	Devontre YOUNG	SO Meridian CC	2.05m	6-8%	Jan 15
8	Ameer BANKS	FR Iowa Western CC	2.04m	6-8%	Jan 9
9	Alexander GUTIERREZ	SO Johnson County CC	2.01m	6-7	Jan 15
9	Landon CUSKELLY	FR Butler (Kan.) CC	2.01m	6-7	Jan 22
9	Zimbert BRAMBLE	SO Coffeyville CC	2.01m	6-7	Jan 22
9	Seth STARKS	SO Southwestern (Iowa) CC	2.01m	6-7	Jan 23

### Pole Vault

1	Trey KENNEDY	SO Vincennes	4.80m	15-9	Jan 23
2	Leonard BELLGARDT	SO Mesa CC	4.65m	15-3	Jan 22
3	Lens MCKEOWN	SO Iowa Western CC	4.55m	14-11	Jan 16
4	Treston SLATER	SO Mesa CC	4.50m	14-9	Jan 22
5	Scott HILL	SO Cowley County CC	4.41m	14-5½	Jan 15
6	Derrick YOCH	SO Johnson County CC	4.30m	14-1¼	Jan 22
6	Malik JEFFERSON	SO Johnson County CC	4.30m	14-1¼	Jan 15
6	Mace METCALF	FR Cowley County CC	4.30m	14-1¼	Jan 8
6	Jon CERVELLERA DOMINQUEZ	FR Cowley County CC	4.30m	14-1¼	Jan 8
10	Chance CHRISMAN	FR Cloud County CC	4.26m	13-11%	Jan 15

### Long Jump

1	Mohammed ABUBAKAR	SO Butler (Kan.) CC	7.58m	24-10%	Jan 22
2	Fabian EDOKI	FR South Plains	7.51m	24-7%	Jan 22
3	Odaine LEWIS	FR Iowa Central CC	7.31m	23-11%	Jan 23
4	Denroc DIXON	FR Barton County CC	7.26m	23-10	Jan 15
5	Quincy WATTS	FR Garden City CC	7.25m	23-9%	Jan 22
6	Saahir BETHEA	FR South Plains	7.20m	23-7½	Jan 22
7	Kevin PHILBERT	FR Cloud County CC	7.18m	23-6%	Jan 22
7	Derrick MONROE	FR South Plains	7.18m	23-6%	Jan 22
9	James HAMBRICK	FR Butler (Kan.) CC	7.17m	23-6%	Jan 22
10	Jeremiah BALTRIP	FR Coffeyville CC	7.16m	23-6	Jan 22



# NJCAA Division I - Top 10 Seeds by Event as of January 25



## Men

### Triple Jump

1	Leon BOYD	SO Barton County CC	15.44m	50-8	Jan 8
2	Adama MBYE	FR Barton County CC	14.76m	48-5¼	Jan 15
3	Jah-Nhai PERINCHIEF	FR Iowa Central CC	14.51m	47-7¼	Jan 15
4	Elijah SMITH	FR Butler (Kan.) CC	14.48m	47-6¼	Jan 15
5	Ceaser STEPHENS	FR Allen CC	14.43m	47-4¼	Jan 22
6	Fabian EDOKI	FR South Plains	14.40m	47-3	Jan 22
7	James LIBURD	FR Garden City CC	14.03m	46-½	Jan 22
8	Alazae HESTER-TAYLOR	FR Coffeyville CC	13.80m	45-3½	Jan 22
9	Willie HOBODY	FR Coffeyville CC	13.71m	44-11¼	Jan 16
10	Ameer BANKS	FR Iowa Western CC	13.65m	44-9¼	Jan 16

### Shot Put

1	Jamal WHITTAKER	SO Iowa Central CC	17.12m	56-2	Jan 15
2	jared KERN	SO Lincoln (Ill.)	17.11m	56-1¼	Jan 23
3	Kyrin TUCKER	SO Coffeyville CC	16.42m	53-10½	Jan 16
4	Sterling MUNGRO	FR Iowa Central CC	16.41m	53-10¼	Jan 15
5	Jeremiah PETERS	FR Coffeyville CC	16.16m	53-¼	Jan 22
6	Brian WILLIAMS	SO Iowa Central CC	16.14m	52-11½	Jan 9
7	Stevon CROOKS	FR Barton County CC	15.91m	52-2¼	Jan 8
8	Omar LEWIS	SO Iowa Western CC	15.56m	51-¾	Jan 15
9	Dequan LOVELL	FR Coffeyville CC	15.48m	50-9¼	Jan 16
10	kyle KLING	FR Lincoln (Ill.)	15.33m	50-3½	Jan 23

### Weight Throw

1	Brian WILLIAMS	SO Iowa Central CC	18.44m	60-6	Jan 9
2	Sergio GUIJO SANCHEZ	SO Cowley County CC	17.74m	58-2½	Jan 15
3	Corey ROBINSON	SO Coffeyville CC	17.65m	57-11	Jan 22
4	Alex BARTHOLOMEW	SO Iowa Western CC	17.52m	57-5¼	Jan 15
5	Jamal WHITTAKER	SO Iowa Central CC	17.36m	56-11½	Jan 15
6	Jacob BARENTS	SO Iowa Western CC	17.05m	55-11¼	Jan 23
7	Kyrin TUCKER	SO Coffeyville CC	17.01m	55-9¼	Jan 16
8	Jr JOSEPH	SO Hutchinson CC	16.82m	55-2¼	Jan 15
9	Hunter SCHUMAN	SO Vincennes	16.80m	55-1¼	Jan 16
10	Jacob MCBRIDE	SO Mesa CC	16.77m	55-¼	Jan 22

### Heptathlon

1	D'angelo FOSTER	SO Mesa CC	4911	Jan 22
2	Xavier JOHNSON	FR Mesa CC	3752	Jan 22



# NJCAA Division I - Top 10 Seeds by Event as of January 25



## Women

### 60 Meters

1	Zakiya DENOON	FR	Monroe	7.39		Jan 16
2	Ashley HENDERSON	FR	Meridian CC	7.60		Jan 15
2	Rene MEDLEY	FR	Western Texas	7.60		Jan 16
4	Aaliyah TELESFORD	SO	South Plains	7.61		Jan 22
5	Eboni COBY	SO	Iowa Central CC	7.65		Jan 15
6	Denesha RANSOME	SO	Monroe	7.69		Jan 15
6	Taylor HILL	FR	South Plains	7.69		Jan 22
8	Danielle RIGGINS	SO	Iowa Central CC	7.70		Jan 23
8	Rian ROBINSON	FR	Barton County CC	7.70		Jan 15
10	Kayelle CLARKE	SO	New Mexico JC	7.74cA	7.72	Jan 22

### 200 Meters

1	Zakiya DENOON	FR	Monroe	24.10		Jan 16
2	Danielle RIGGINS	SO	Iowa Central CC	24.47		Jan 23
3	Kayelle CLARKE	SO	New Mexico JC	24.55cA	24.48	Jan 22
4	Christine MOSS	FR	New Mexico JC	24.57cA	24.50	Jan 22
5	Eboni COBY	SO	Iowa Central CC	24.83		Jan 23
6	Ariane STRUNKEY	FR	Monroe	24.96		Jan 16
7	Mauricia PRIETO	FR	South Plains	25.04		Jan 22
8	Kamira FRANKLIN	FR	New Mexico JC	25.22cA	25.15	Jan 22
9	Aaliyah TELESFORD	SO	South Plains	25.24		Jan 22
10	Tamara STYLE	SO	Barton County CC	25.25		Jan 15

### 400 Meters

1	Christine MOSS	FR	New Mexico JC	56.20cA	56.09	Jan 22
2	Rian ROBINSON	FR	Barton County CC	56.43		Jan 15
3	Alexis LUCKETT	SO	Hinds CC	57.38		Jan 16
4	Quadaisha NEWKIRK	SO	New Mexico JC	57.42cA	57.31	Jan 22
5	Ariel JACKSON	SO	Iowa Central CC	57.54		Jan 23
6	Jahneya MITCHELL	SO	New Mexico JC	57.86cA	57.75	Jan 22
7	Kyelah HODGES	FR	Highland (Kan.) CC	58.04		Dec 4
8	Medinah SPENCER	SO	South Plains	58.07		Jan 22
9	Shatia HUBBARD	FR	Iowa Central CC	58.40		Jan 23
10	J'Renda RIVERA	SO	Monroe	58.41		Jan 15

### 600 Meters

1	Jahneya MITCHELL	SO	New Mexico JC	1:35.77		Jan 15
2	Quadaisha NEWKIRK	SO	New Mexico JC	1:37.43		Jan 15
3	Deja HARRISON	SO	South Plains	1:37.63c	1:27.17/6	Jan 22
4	Taffoya SHIRLEY	SO	Iowa Western CC	1:38.13		Jan 15
5	Faheemah SCRADERS	FR	Iowa Central CC	1:38.55		Jan 9
6	Jasmin ALLEN	SO	Iowa Western CC	1:38.79		Jan 15
7	Rian ROBINSON	FR	Barton County CC	1:39.20c	1:28.57/6	Jan 8
8	Ja'anna WILLIAMS	SO	New Mexico JC	1:39.58		Jan 22
9	Jasmine WAYNE	FR	Johnson County CC	1:41.28		Jan 15
10	Angel WHITE	FR	Monroe	1:42.13c	1:21.05/5	Jan 15

### 800 Meters

1	Asha DOUGLAS	FR	Barton County CC	2:16.68		Jan 15
2	Faheemah SCRADERS	FR	Iowa Central CC	2:17.36		Jan 23
3	Rachael ZEIGER	SO	Gillette	2:20.26cA	2:20.72	Jan 23
4	Kelly O'SHEA	SO	Vincennes	2:22.43		Jan 23
5	Tashay ROBERTS	FR	Monroe	2:24.98		Jan 16
6	Joan JELIMO	FR	Gillette	2:25.18cA	2:25.66	Jan 23
7	Kristina VUJANIC	SO	Butler (Kan.) CC	2:26.23		Jan 22
8	J'Renda RIVERA	SO	Monroe	2:27.55		Jan 8
9	Haley BOCCOMINO	SO	Macomb CC	2:29.12		Jan 15
10	Ciarra MOSELEY	FR	Monroe	2:30.11		Jan 15

### 1000 Meters

1	Susan EJORE	FR	Monroe	2:53.98		Jan 8
2	Nokuthula DLAMINI	FR	Monroe	2:56.85		Jan 16
3	Shanieke WATSON	FR	Iowa Western CC	2:58.94		Jan 15
4	Faheemah SCRADERS	FR	Iowa Central CC	3:13.37		Jan 9
5	Elexis FERGUSON-COOPER	SO	Coffeyville CC	3:17.27		Jan 16
6	Emily ELLIS	FR	Johnson County CC	3:18.04		Jan 15
7	Haley BOCCOMINO	SO	Macomb CC	3:18.25		Jan 9
8	Bailey WALSER	FR	Dodge City CC	3:18.27		Jan 22
9	Taffoya SHIRLEY	SO	Iowa Western CC	3:18.96		Jan 9
10	Sierra COEN	FR	Johnson County CC	3:19.86		Jan 15

### Mile

1	Susan EJORE	FR	Monroe	5:00.28		Jan 16
2	Leanne POMPEANI	FR	Iowa Central CC	5:09.37		Jan 23
3	Rose JEBET	FR	New Mexico JC	5:16.95cA	5:24.01	Jan 22
4	Anais DA SILVA	FR	Vincennes	5:17.64		Jan 16
5	Rachael ZEIGER	SO	Gillette	5:17.83cA	5:22.20	Dec 4
6	mallery THARP	SO	Lincoln (Ill.)	5:25.33		Jan 23
7	Allyson GIRARD	FR	Mesa CC	5:31.82		Jan 22
8	Karen BARRIENTOS RODRIGUEZ	SO	Cuyahoga CC	5:32.61		Jan 16
9	Miranda WOLANIN	FR	Macomb CC	5:33.73		Jan 15
10	Veronica TOWIANSKI	FR	Macomb CC	5:34.19		Jan 15



# NJCAA Division I - Top 10 Seeds by Event as of January 25



## Women

### 3000 Meters

1	Susan EJORE	FR Monroe	9:44.47	Jan 16
2	Nokuthula DLAMINI	FR Monroe	9:58.00	Jan 8
3	Anais DA SILVA	FR Vincennes	10:22.70	Jan 23
4	Karen BARRIENTOS RODRIGUEZ	SO Cuyahoga CC	10:44.97 OT	Jan 23
5	Veronica TOWIANSKI	FR Macomb CC	10:57.07	
6	Winnie KIBET	FR Colby (Kan.) CC	10:57.23	Jan 16
7	Miranda WOLANIN	FR Macomb CC	10:57.56	
8	Allyson GIRARD	FR Mesa CC	11:04.14	Jan 22
9	Kelsey MONTANO	SO Pima CC	11:04.59	Jan 22
10	Kelly O'SHEA	SO Vincennes	11:06.07	Jan 16

### 5000 Meters

1	Leanne POMPEANI	FR Iowa Central CC	17:15.78	Jan 22	
2	Nokuthula DLAMINI	FR Monroe	18:15.35	Jan 16	
3	Shelia SAMOEI	FR Butler (Kan.) CC	19:33.07	Jan 22	
4	Samantha HARMON	FR Gillette	19:45.64cA	20:04.62	Jan 23
5	Angelica GUTIERREZ	SO Iowa Central CC	20:03.32	Jan 22	
6	Lynnet KOSGEI	FR Gillette	20:23.12cA	20:42.70	Jan 23
7	Sarah KURPUJWEIT	SO Cottey	20:38.05	Jan 22	
8	Darlina ROSE	FR Cottey	20:43.69	Jan 22	
9	Lexi GRADWOHL	FR Cottey	21:31.76	Jan 22	
10	Bailey MATTHAIDESS	SO Iowa Central CC	21:54.87	Jan 22	

### 60 Meter Hurdles

1	Danielle RIGGINS	SO Iowa Central CC	8.49	Jan 9
2	Tasha FRAZIER	SO Barton County CC	8.64	Jan 15
3	Jasmine FRAZIER	SO Butler (Kan.) CC	8.75	Jan 22
4	Shanice LEWIS	FR South Plains	8.80	Jan 22
5	Ayesha CHAMPAGNIE	FR Barton County CC	8.84	Jan 15
6	Breaisha MORTON	SO Monroe	8.93	Jan 16
7	Medinah SPENCER	SO South Plains	8.99	Jan 22
8	Dasia SANDERS	FR Iowa Western CC	9.00	Jan 9
9	Mesha NEWBOLD	FR Iowa Central CC	9.01	Jan 15
10	Karis PARKER	SO Hutchinson CC	9.05	Jan 22
10	Mallory VAWTER	FR Iowa Central CC	9.05	Jan 23

### 4x400 Relay

1	New Mexico JC	3:45.18cA	3:44.74	Jan 22
2	Iowa Western CC	3:52.25		Jan 15
3	Iowa Central CC	3:53.49		Jan 23
4	South Plains	3:53.78		Jan 22
5	Barton County CC	3:54.97		Jan 15
6	Hinds CC	3:55.72		Jan 16
7	Monroe	3:56.47		Jan 16
8	Coffeyville CC	4:02.20		Jan 22
9	Highland (Kan.) CC	4:05.28		Dec 4
10	Butler (Kan.) CC	4:05.34		Jan 22

### 4x800 Relay

1	Johnson County CC	10:15.09		Jan 22
2	Dodge City CC	10:33.02		Jan 22
3	North Iowa Area CC	10:58.23		Jan 16

### Distance Medley Relay

1	Coffeyville CC	13:23.66		Jan 22
2	New Mexico JC	14:21.34		Jan 15
3	Iowa Western CC	15:38.93		Jan 15

### High Jump

1	Varvara KLYUCHNIKOVA	FR Vincennes	1.73m	5-8	Jan 16
2	Valeriya KOSTIUK	FR Butler (Kan.) CC	1.71m	5-7½	Jan 15
2	McKenna MCGRATH	SO Pima CC	1.71m	5-7½	Jan 22
4	Kelsey HURLEY	FR Iowa Western CC	1.70m	5-7	Jan 9
5	Meghan SWEENEY	SO Pima CC	1.66m	5-5½	Jan 22
6	Candela GUIJARRO	SO Vincennes	1.65m	5-5	Jan 16
6	Hanifah ABDUL-QADIR	FR New Mexico JC	1.65m	5-5	Jan 15
6	Kelsey SHANNON	SO New Mexico JC	1.65m	5-5	Jan 15
6	Justine PATON	FR Johnson County CC	1.65m	5-5	Jan 22
10	Sidra PETERSON	FR Mesa CC	1.64m	5-4½	Jan 22

### Pole Vault

1	Morgan HARTSELL	SO South Plains	3.50m	11-5¾	Jan 22
1	Calla REED	FR Mesa CC	3.50m	11-5¾	Jan 22
3	Rachael BUZANOWSKI	SO Butler (Kan.) CC	3.35m	10-11¼	Jan 22
3	Chris LUANSING	FR Cowley County CC	3.35m	10-11¼	Jan 22
5	Monique APUAKEHAU	FR Iowa Western CC	3.27m	10-8¾	Jan 16
6	Haley FALK	SO Cloud County CC	3.20m	10-6	Jan 15
7	Allison WHITWORTH	FR Mesa CC	3.05m	10-0	Jan 22
7	Danae BINA	FR Butler (Kan.) CC	3.05m	10-0	Jan 22
9	Aintzane CASTARLENAS	FR Vincennes	2.96m	9-8½	Jan 23
10	Laramie LEAKEY	SO Cloud County CC	2.95m	9-8	Jan 22



# NJCAA Division I - Top 10 Seeds by Event as of January 25



## Women

### Long Jump

1	Angel MALONE	FR	Butler (Kan.) CC	5.85m	19-2½	Jan 15
2	Hannah BARTZ	FR	Pima CC	5.73m	18-9¾	Jan 22
3	Laquishea COLEMAN	FR	Garden City CC	5.66m	18-7	Jan 22
4	Ciearah HAIRSTON	SO	South Plains	5.62m	18-5¾	Jan 22
5	Mallory VAWTER	FR	Iowa Central CC	5.56m	18-3	Jan 9
6	Zellie CHARLES	FR	Essex County (N.J.)	5.51m	18-1	Jan 16
6	Tasha FRAZIER	SO	Barton County CC	5.51m	18-1	Jan 15
8	Shylia RILEY	SO	Iowa Western CC	5.50m	18-½	Jan 23
9	Ivy GILLYARD	FR	Coffeyville CC	5.47m	17-11½	Jan 22
10	McKenna MCGRATH	SO	Pima CC	5.46m	17-11	Jan 22

### Pentathlon

1	Sidra PETERSON	FR	Mesa CC	3274	Jan 22
2	Kayla MULLEN	FR	Paradise Valley CC	3112	Jan 22
3	Sola STEPHENSON	FR	North Iowa Area CC	2780	Jan 22
4	Catherine BRYANT	FR	Mesa CC	2696	Jan 22
5	Courtney BROWN	FR	Paradise Valley CC	2693	Jan 22

### Triple Jump

1	Tamara MONCRIEFFE	FR	New Mexico JC	12.26m	40-2¾	Jan 22
2	Latavia COOMBS	FR	New Mexico JC	12.25m	40-2¾	Jan 22
3	Tasha FRAZIER	SO	Barton County CC	11.97m	39-3¾	Jan 8
4	Breisha MORTON	SO	Monroe	11.95m	39-2½	Jan 16
5	Fabrianna NATION	SO	Coffeyville CC	11.92m	39-1¼	Jan 22
6	Felicia FRIMPONG	FR	South Plains	11.88m	38-11¾	Jan 22
7	Julia ODIR	FR	Iowa Central CC	11.24m	36-10½	Jan 23
8	Shalei MATTHEWS	FR	Coffeyville CC	11.18m	36-8¾	Jan 16
9	Phoebe LARSON	FR	Mesa CC	11.10m	36-5	Jan 22
10	Juliette SMITH	FR	Coffeyville CC	11.07m	36-4	Jan 16

### Shot Put

1	Janeah STEWART	SO	Iowa Central CC	16.08m	52-9¾	Jan 15
2	Michelle TOMLIN	FR	Barton County CC	14.73m	48-4	Jan 15
3	Rashida HARRIS	FR	Cuyahoga CC	14.03m	46-½	Jan 16
4	Alexis CHILES	SO	Iowa Central CC	14.01m	45-11¾	Jan 15
5	Ashley WILLIAMS	SO	Coffeyville CC	13.89m	45-7	Jan 16
6	Paige HOUSTON	FR	Hutchinson CC	13.37m	43-10½	Jan 15
7	Rochelle FRAZER	FR	New Mexico JC	12.95m	42-6	Jan 22
8	Nayoka CLUNIS	FR	Cloud County CC	12.80m	42-0	Jan 15
9	Alexis STEIN	FR	Iowa Central CC	12.77m	41-10¾	Jan 9
10	Alexis COOPER	FR	Cowley County CC	12.75m	41-10	Jan 15

### Weight Throw

1	Reneese BATSON	FR	Iowa Central CC	16.98m	55-8¾	Jan 15
2	Christabel OKEKE	SO	Coffeyville CC	16.87m	55-4¾	Jan 22
3	Patria VAIMAONA	FR	Iowa Western CC	16.03m	52-7¾	Jan 23
4	Janeah STEWART	SO	Iowa Central CC	15.89m	52-1¾	Jan 15
5	Paige HOUSTON	FR	Hutchinson CC	15.75m	51-8¾	Jan 22
6	Kahoa MIKAELE	SO	Iowa Western CC	15.54m	51-0	Jan 15
7	Natalia REDONDO	SO	Cowley County CC	15.44m	50-8	Jan 15
8	Nayoka CLUNIS	FR	Cloud County CC	15.24m	50-0	Jan 22
9	Alexis CHILES	SO	Iowa Central CC	15.10m	49-6¾	Jan 15
10	Rashida HARRIS	FR	Cuyahoga CC	15.03m	49-3¾	Jan 23