



NJCAA Division III - Top 10 Seeds by Event as of April 5



Men

100 Meters

1	Joel THOMAS	SO Prince George's CC	10.86	(1.2)	Apr 2
2	Brett EVANS	SO Montgomery-Rockville	11.00	(0.5)	Apr 2
3	Zachery RICHARDSON-JACKSON	SO Montgomery-Rockville	11.15w	(2.2)	Apr 2
4	Kendall BELSER	FR Howard CC (Md.)	11.18	(-1.5)	Mar 19
4	Christopher SIMMONS	SO Herkimer County CC	11.18	(0.7)	Mar 26
6	Maurice MORRIS	FR Prince George's CC	11.19	(1.2)	Apr 2
7	Janah CHAPMAN	FR Roxbury CC	11.31	(2.0)	Mar 17
8	Floyd LITTLE	FR Prince George's CC	11.33	(-1.6)	Mar 19
9	Kyle BAPTISTE	SO Kingsborough CC	11.35w	(2.2)	Mar 25
10	Lud BLAIR	FR Montgomery-Rockville	11.40	()	Mar 26

200 Meters

1	Malik JOHN	FR Kingsborough CC	21.84	()	Jan 29
2	Brett EVANS	SO Montgomery-Rockville	21.94	(0.8)	Apr 2
2	Maurice MORRIS	FR Prince George's CC	21.94w	(2.4)	Apr 2
4	Joel THOMAS	SO Prince George's CC	22.02w	(2.4)	Apr 2
5	Anija ADDISON	FR Kingsborough CC	22.55	()	Jan 29
6	Kendall BELSER	FR Howard CC (Md.)	22.60	(-1.7)	Mar 19
7	ALEX HARDMAN	SO Howard CC (Md.)	22.64	(-1.0)	Mar 26
8	Kyle BAPTISTE	SO Kingsborough CC	22.67	()	Jan 29
9	Jonathan SHINHOLT	FR Howard CC (Md.)	23.03	(-1.5)	Mar 19
10	TYLER HARDMAN	SO Howard CC (Md.)	23.05	(-1.8)	Apr 1

400 Meters

1	TYLER HARDMAN	SO Howard CC (Md.)	49.77		Mar 26
2	Anija ADDISON	FR Kingsborough CC	50.01		Jan 29
3	Xavier REEVES	FR Howard CC (Md.)	50.50		Mar 26
4	Matthew CANPBELL	FR Queensborough CC	50.75		Jan 30
5	FADIL TEJAN	SO Howard CC (Md.)	50.76		Apr 1
6	ALEX HARDMAN	SO Howard CC (Md.)	50.77		Mar 19
7	Dikembe BOGLE	SO Kingsborough CC	51.29		Jan 22
8	Maurice MORRIS	FR Prince George's CC	51.45		Mar 19
9	Chidiebere CHIMEZIE	FR Suffolk County CC	51.60		Mar 26
10	Malik JOHN	FR Kingsborough CC	51.89		Jan 15

800 Meters

1	Michael WARCHOL	FR Mohawk Valley CC	1:56.93		Apr 1
2	Max HAMILTON	SO FIT	1:57.37		Apr 1
3	Martin MALDONADO	SO Rowan-Gloucester CC	1:58.44		Apr 1
4	ISAIAH GARNER	SO Howard CC (Md.)	2:00.98		Mar 26
5	Joseph TOPA	FR Mohawk Valley CC	2:01.26		Apr 1
6	Shawn RENE	FR Kingsborough CC	2:02.26		Mar 25
7	Kody SANKEY	FR CCRI	2:02.57		Jan 29
8	Devonte MCCREE	FR Prince George's CC	2:02.72		Apr 2
9	Anija ADDISON	FR Kingsborough CC	2:03.04		Mar 25
10	Arthur MCKEOWN	SO Suffolk County CC	2:03.15		Mar 26

1500 Meters

1	Joseph TOPA	FR Mohawk Valley CC	4:14.64		Mar 26
2	Martin MALDONADO	SO Rowan-Gloucester CC	4:14.96		Mar 25
3	Kody SANKEY	FR CCRI	4:16.84		Apr 2
4	Corey YOUNG	FR Howard CC (Md.)	4:22.16		Mar 19
5	William TROMAN	FR Harper	4:22.32c	4:43.31(1)	Feb 19
6	Devonte MCCREE	FR Prince George's CC	4:26.13		Mar 19
7	Arthur MCKEOWN	SO Suffolk County CC	4:26.45		Apr 1
8	Delick MUTABAZI	SO Montgomery-Rockville	4:27.22		Mar 26
9	Adam BRAUER	SO Harper	4:27.62c	4:49.03(1)	Mar 4
10	Brady DUMONCHELLE	SO Howard CC (Md.)	4:30.34		Apr 1

Steeplechase

1	Bryan VANHALL	FR Mohawk Valley CC	11:03.90		Apr 1
2	Brady DUMONCHELLE	SO Howard CC (Md.)	11:19.61		Mar 26
3	Anthony FERNANDEZ	FR Suffolk County CC	11:48.87		Apr 1

5000 Meters

1	William TROMAN	FR Harper	16:17.81		Mar 4
2	Adam BRAUER	SO Harper	16:44.89		Feb 19
3	TJ PATON	SO Harper	16:51.11		Mar 4
4	Delick MUTABAZI	SO Montgomery-Rockville	17:00.95		Apr 2
5	Alec AMBRUSO	FR Mohawk Valley CC	17:00.96		Apr 1
6	Kody SANKEY	FR CCRI	17:05.45		Apr 2
7	Ryan EVANS	FR Suffolk County CC	17:13.87		Apr 1
8	Corey YOUNG	FR Howard CC (Md.)	17:19.69		Mar 26
9	Norman CLAYTON	SO Herkimer County CC	17:22.12		Mar 26
10	Garrett BIRSA	FR Howard CC (Md.)	17:25.58		Mar 19



NJCAA Division III - Top 10 Seeds by Event as of April 5



Men

10,000 Meters

1	Alec AMBRUSO	FR	Mohawk Valley CC	35:51.79	Mar 26
2	Michael DUTKA	FR	CCRI	37:32.27	Mar 26
3	Bryan VANHALL	FR	Mohawk Valley CC	37:37.06	Mar 26
4	Tyler UNISLAWSKI	FR	Mohawk Valley CC	38:07.96	Mar 26
5	Nick MIGUELINO	FR	Howard CC (Md.)	41:08.43	Mar 26

110 Meter Hurdles

1	Glenn ABBOTT	FR	Rowan-Gloucester CC	15.23	(0.7)	Mar 25
2	Connor LANGDON	FR	Suffolk County CC	15.26	(0.0)	Mar 26
3	Malik HINDS	FR	Suffolk County CC	15.64	(0.4)	Apr 1
4	Donte MITCHELL	FR	Howard CC (Md.)	16.04	(0.7)	Apr 1
5	Chidiebere CHIMEZIE	FR	Suffolk County CC	16.37	(0.4)	Apr 1
6	Bright OFOSU	FR	Montgomery-Rockville	16.42	(0.2)	Apr 2
7	Chris PARRIS	FR	Nassau CC	16.55	(0.0)	Mar 26
8	JaSaun YOUNG	SO	Nassau CC	16.63	(0.0)	Mar 26
9	Andrew SMITH	FR	Suffolk County CC	16.75	(0.5)	Apr 1
10	Trevon CARROLL	FR	Montgomery-Rockville	16.85	(0.2)	Apr 2

400 Meter Hurdles

1	Chris PARRIS	FR	Nassau CC	58.18	Apr 1
2	Sam POSNIEWSKI	SO	Montgomery-Rockville	58.79	Apr 2
3	Chidiebere CHIMEZIE	FR	Suffolk County CC	58.80	Apr 1
4	Issa KENGNE	SO	Prince George's CC	58.95	Mar 19
5	TYLER HARDMAN	SO	Howard CC (Md.)	59.23	Mar 5
6	Zachery RICHARDSON-JACKSON	SO	Montgomery-Rockville	59.27	Mar 26
7	JaSaun YOUNG	SO	Nassau CC	1:00.32	Mar 26
8	Sebastian ESTRIPLET	FR	Union County (N.J.)	1:00.46	Mar 25
9	Lorenzo ANDAYA	SO	Montgomery-Rockville	1:00.75	Mar 26
10	Glenn ABBOTT	FR	Rowan-Gloucester CC	1:00.88	Mar 25

4x100 Relay

1	Montgomery-Rockville	43.11	Mar 26
2	Kingsborough CC	43.45	Mar 31
3	Prince George's CC	43.51	Mar 19
4	Howard CC (Md.)	43.77	Mar 26
5	Rowan-Gloucester CC	44.18	Apr 1
6	Onondaga CC	44.23	Mar 26
7	Mohawk Valley CC	44.36	Mar 26
8	Suffolk County CC	44.42	Apr 1
9	Queensborough CC	44.51	Apr 1
10	Herkimer County CC	44.63	Mar 26

4x400 Relay

1	Kingsborough CC	3:18.27	Jan 29
2	Howard CC (Md.)	3:19.71	Mar 26
3	Rowan-Gloucester CC	3:24.98	Apr 1
4	Suffolk County CC	3:29.35	Apr 1
5	Queensborough CC	3:32.76	Feb 28
6	Prince George's CC	3:36.96	Apr 2
7	Harper	3:37.73	Mar 4
8	Triton	3:38.83	Mar 19
9	Montgomery-Rockville	3:39.62	Mar 26
10	Herkimer County CC	3:40.31	Mar 26

4x800 Relay

1	Howard CC (Md.)	8:40.61	Feb 6
2	Suffolk County CC	8:41.68	Mar 26
3	Harper	8:50.95	Feb 6
4	Prince George's CC	9:00.19	Apr 2

High Jump

1	Connor LANGDON	FR	Suffolk County CC	2.03m	6-8	Mar 26
2	Mark JACKSON	FR	Suffolk County CC	1.98m	6-6	Mar 26
3	Cordell NIX	FR	Suffolk County CC	1.95m	6-4½	Apr 1
4	Tyler OLIVIERI	FR	Bergen CC	1.93m	6-4	Mar 19
4	Percell DOWNES III	FR	Rowan-Gloucester CC	1.93m	6-4	Mar 25
6	Wayne WATSON	SO	Rowan-Gloucester CC	1.85m	6-¼	Mar 5
7	Noah TOWNSEND	FR	Onondaga CC	1.83m	6-0	Feb 6
7	Denzel GOODING	FR	Middlesex County (N.J.)	1.83m	6-0	Apr 2
9	Nick DORSEN	SO	Harper	1.82m	5-11½	Feb 19
9	Jacobi WELCH	FR	Triton	1.82m	5-11½	Feb 12

Pole Vault

1	Jason GROFF	FR	Rowan-Gloucester CC	4.05m	13-3½	Mar 25
2	Jesse MATTERA	SO	Suffolk County CC	3.85m	12-7½	Apr 1
3	Onyinyechi ECHEFU	SO	Mohawk Valley CC	3.70m	12-1½	Mar 26
4	Dan KIM	FR	Harper	3.38m	11-1	Feb 12
5	Justin HAMER	FR	Rowan-Gloucester CC	3.15m	10-4	Mar 25
6	Bryan CZEPINSKI	FR	Howard CC (Md.)	2.90m	9-6½	Mar 26
7	Jason HAMER	FR	Rowan-Gloucester CC	2.88m	9-5½	Mar 5



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Men

Long Jump

1	Michael SCOTT	FR	Montgomery-Rockville	7.07m	23-2½ (-0.)	Apr 2
2	Zachery RICHARDSON-JACKSON	SO	Montgomery-Rockville	6.98m	22-11 ()	Mar 26
3	Devlen WILLIAMS	SO	Onondaga CC	6.87m	22-6½ ()	Feb 20
4	Mark JACKSON	FR	Suffolk County CC	6.80mw	22-3¾ (2.)	Apr 1
5	Cordell NIX	FR	Suffolk County CC	6.73mw	22-1 (2.4)	Apr 1
6	Malik HINDS	FR	Suffolk County CC	6.67m	21-10½ ()	Mar 26
7	Connor LANGDON	FR	Suffolk County CC	6.58m	21-7¾ ()	Mar 26
8	Christian PESSOA	FR	Rowan-Gloucester CC	6.43m	21-1¾ (2.0)	Mar 5
9	Aaron GUTHRIE	FR	Queensborough CC	6.37m	20-10½ ()	Feb 12
10	Connor WILLIAMSON	SO	CCRI	6.34m	20-9¾ ()	Jan 9
10	Nicholas PUSEY	FR	Suffolk County CC	6.34m	20-9¾ ()	Mar 26

Triple Jump

1	Micah ASSIBEY-BONSU	FR	Suffolk County CC	14.62m	47-11¾ (0.)	Apr 1
2	Odmark OZIT	FR	Roxbury CC	13.57m	44-6¾ ()	Dec 5
3	Kailon KIRBY	FR	Kingsborough CC	13.44m	44-1¾ (1.0)	Mar 25
4	Keyshawn BROWN	FR	Harper	13.32m	43-8½ ()	Feb 6
5	Christopher SIMMONS	SO	Herkimer County CC	13.11m	43-¾ (0.0)	Mar 26
6	Richard KENTON	FR	Prince George's CC	12.98m	42-7 (1.5)	Mar 19
7	Justin TOLENTINO	FR	Harper	12.96m	42-6¾ ()	Mar 4
8	Aaron GUTHRIE	FR	Queensborough CC	12.53m	41-1½ ()	Feb 28
9	Tyler BLOCK	SO	Harper	12.52m	41-1 ()	Mar 4
10	Anthony WILLIAMS	FR	Triton	12.38m	40-7½ ()	Mar 4

Shot Put

1	Garrett PYNN	SO	Bergen CC	14.73m	48-4	Mar 25
2	Andrew KUSTERA	FR	Rowan-Gloucester CC	13.74m	45-1	Mar 25
3	Laith KANAN	SO	Harper	13.56m	44-6	Mar 4
4	Brandon SORIANO	FR	Harper	13.38m	43-10¾	Feb 6
5	Devonte JOHNSON	SO	Montgomery-Rockville	13.30m	43-7¾	Mar 26
6	Jude MISKO	FR	Rowan-Gloucester CC	12.77m	41-10¾	Mar 5
7	Joseph BACCHUS	FR	Kingsborough CC	12.43m	40-9¾	Feb 28
8	Nick PAVLOVIC	FR	Harper	12.33m	40-5¾	Mar 4
9	KRISTOPHER GOUGH	SO	Howard CC (Md.)	11.97m	39-3¾	Mar 19
10	Donovan TYLER	FR	Montgomery-Rockville	11.48m	37-8	Apr 2

Discus

1	Andrew KUSTERA	FR	Rowan-Gloucester CC	37.39m	122-8	Apr 1
2	Garrett PYNN	SO	Bergen CC	36.91m	121-1	Mar 25
3	Dalton GORINSHEK	FR	Mohawk Valley CC	34.61m	113-6	Mar 26
4	Ryan LOCKWOOD	SO	Mohawk Valley CC	34.50m	113-2	Mar 26
5	Justin HAMER	FR	Rowan-Gloucester CC	34.13m	111-11	Apr 1
6	Aaron PRESCOTT	FR	Massasoit CC	33.66m	110-5	Apr 2
7	Tyler LEE	FR	Montgomery-Rockville	32.01m	105-0	Apr 2
8	Jarred RACER	FR	Rowan-Gloucester CC	31.54m	103-5	Apr 1
9	Joshua GRAHAM	SO	Queensborough CC	28.61m	93-10¾	Apr 1
10	Oluwaseyi LAVENI	FR	Montgomery-Rockville	27.69m	90-10¾	Mar 26

Hammer

1	Ryan LOCKWOOD	SO	Mohawk Valley CC	41.44m	135-11	Mar 26
2	Jude MISKO	FR	Rowan-Gloucester CC	39.82m	130-7	Apr 1
3	Dalton GORINSHEK	FR	Mohawk Valley CC	38.79m	127-3	Mar 26
4	Andrew KUSTERA	FR	Rowan-Gloucester CC	32.89m	107-11	Mar 25
5	Devonte JOHNSON	SO	Montgomery-Rockville	31.33m	102-9	Apr 2
6	Nick MARCUCCI	FR	Rowan-Gloucester CC	24.26m	79-7¾	Apr 1
7	Matt OLIVER	FR	Middlesex County (N.J.)	22.84m	74-11¾	Mar 19
8	Michael PALLUZZI	FR	Triton	20.02m	65-8¾	Mar 19
9	John MILLER	FR	Middlesex County (N.J.)	19.83m	65-¾	Apr 2

Javelin

1	Shane MCDEVITT	SO	Rowan-Gloucester CC	54.59m	179-1	Apr 1
2	Peter FLACCO	FR	Rowan-Gloucester CC	53.55m	175-8	Apr 1
3	Jason JOHN	SO	Thaddeus Stevens	49.52m	162-5	Mar 25
4	Nicholas BLAJESKI	SO	Queensborough CC	48.94m	160-6	Apr 1
5	Jason HAMER	FR	Rowan-Gloucester CC	44.17m	144-11	Apr 1
6	Devin STEIGERWALT	FR	Thaddeus Stevens	43.56m	142-11	Apr 2
7	Nollister MONTAS	FR	Union County (N.J.)	42.99m	141-0	Mar 25
8	Eric SHIRLEY	FR	Thaddeus Stevens	39.99m	131-2	Apr 2
9	clinton NGANG	FR	Howard CC (Md.)	39.33m	129-0	Mar 26
10	Thomas TOWNER	FR	Onondaga CC	38.22m	125-4	Mar 26



NJCAA Division III - Top 10 Seeds by Event as of April 5



Women

100 Meters

1	Samantha POLLUCCI	FR	Suffolk County CC	12.69	(1.1)	Apr 1
1	Ebinama GLORY	FR	Howard CC (Md.)	12.69	(0.6)	Mar 26
3	Krystal SIMPSON	SO	Prince George's CC	12.86	(-1.1)	Mar 19
4	Shade JONES	FR	Howard CC (Md.)	13.03	(-1.9)	Mar 19
5	Nisheil FORBES	FR	Prince George's CC	13.07	(1.7)	Apr 2
5	Tasmere LEE	FR	Suffolk County CC	13.07	(0.9)	Apr 1
7	I'Shay LITTLE	FR	Rowan-Gloucester CC	13.18	(-0.1)	Apr 1
8	Karlyvelle LADOUCEUR	FR	Massasoit CC	13.19	(-0.3)	Apr 2
9	Druex COLLINS	FR	Prince George's CC	13.25	(-1.9)	Mar 19
10	Rashida WURIE	SO	Montgomery-Rockville	13.29	(1.3)	Apr 2

200 Meters

1	Bryeana RHODES	SO	Montgomery-Rockville	25.83w	(2.1)	Apr 2
2	Krystal SIMPSON	SO	Prince George's CC	25.86w	(3.3)	Apr 2
3	Ebinama GLORY	FR	Howard CC (Md.)	26.14	(-0.4)	Apr 1
4	Thea GENERAL	FR	Kingsborough CC	26.31	()	Jan 30
5	Meghan FORSYTHE	FR	CC of Philadelphia	26.58	(0.5)	Apr 1
6	Ashley PROKSA	FR	Harper	26.76	()	Feb 19
7	Tatyana FRANCIS	FR	Kingsborough CC	26.84	()	Feb 28
8	Samantha POLLUCCI	FR	Suffolk County CC	26.86	(1.2)	Apr 1
9	Tasmere LEE	FR	Suffolk County CC	26.91	(1.9)	Apr 1
10	Leah KLOSS	SO	Harper	26.92	()	Feb 19

400 Meters

1	Thea GENERAL	FR	Kingsborough CC	58.47		Mar 25
2	Meghan FORSYTHE	FR	CC of Philadelphia	59.44		Apr 1
3	Tatyana FRANCIS	FR	Kingsborough CC	1:00.70		Mar 25
4	Krystal SIMPSON	SO	Prince George's CC	1:01.29		Apr 2
5	Bryeana RHODES	SO	Montgomery-Rockville	1:02.23		Apr 2
6	Ashley MACK	FR	Suffolk County CC	1:02.54		Apr 1
7	Jordan AUSTIN	FR	Rowan-Gloucester CC	1:02.65		Apr 1
8	Amani JONES	FR	Howard CC (Md.)	1:02.67		Mar 26
9	Lauren BULLOCK	FR	Suffolk County CC	1:03.00		Mar 26
10	Iyanah HAWLEY	FR	Union County (N.J.)	1:03.11		Mar 25

800 Meters

1	Ali GUTT	FR	Harper	2:21.48		Mar 4
2	Menely GENAO	SO	Suffolk County CC	2:24.23		Apr 1
3	Amani JONES	FR	Howard CC (Md.)	2:25.75		Apr 1
4	Kayla CLEMENTS	FR	Suffolk County CC	2:27.37		Mar 26
5	Zuwena JOHNSON	SO	Prince George's CC	2:29.69		Apr 2
6	Edina MUSIC	SO	Queensborough CC	2:30.98		Mar 26
7	Sara LUCAS	SO	FIT	2:30.99		Mar 25
8	Dianne BARAJAS	FR	Harper	2:31.42		Feb 6
9	Veronica BROOKS	FR	Harper	2:34.38		Feb 19
10	Carolyn PECK	FR	Mohawk Valley CC	2:34.97		Mar 26

1500 Meters

1	Ali GUTT	FR	Harper	4:42.86c	5:05.49(1)	Feb 19
2	Edina MUSIC	SO	Queensborough CC	5:03.84c	5:28.15(1)	Mar 4
3	Leana WIEBELT	SO	Suffolk County CC	5:10.36		Apr 1
4	Menely GENAO	SO	Suffolk County CC	5:10.72		Mar 26
5	Zuwena JOHNSON	SO	Prince George's CC	5:25.60		Mar 19
6	Dianne BARAJAS	FR	Harper	5:26.00c	5:52.09(1)	Feb 19
7	Margret NILAND	FR	Howard CC (Md.)	5:26.18		Mar 19
8	Anna ROBERTS	SO	Mohawk Valley CC	5:26.47		Apr 1
9	Alexis JONES	SO	Rowan-Gloucester CC	5:26.74		Mar 25
10	Andrea GEORGE	FR	Mohawk Valley CC	5:28.14		Apr 1

Steeplechase

1	Rebecca LAPORTE	SO	Mohawk Valley CC	13:45.93		Apr 1
2	Kimberly WRATE	SO	Mohawk Valley CC	14:46.02		Apr 1
3	Sara ROSIONOWSKI	FR	Queensborough CC	15:59.04		Apr 1

5000 Meters

1	Margret NILAND	FR	Howard CC (Md.)	19:21.50		Mar 5
2	Ryleigh DONEGAN	FR	Suffolk County CC	20:10.32		Mar 26
3	Leslie ROSILES	FR	Harper	21:07.15		Mar 4
4	Julyana AGUSTIN	SO	Queensborough CC	21:48.93		Apr 1
5	Kimberly WRATE	SO	Mohawk Valley CC	21:51.98		Feb 20
6	Katie THEVARA	FR	Harper	22:01.51		Mar 4
7	Rebecca LAPORTE	SO	Mohawk Valley CC	22:10.90		Dec 12
8	Melissa DURAN	FR	Bergen CC	23:15.09		Mar 25
9	Maggie BURKE	FR	Mohawk Valley CC	23:30.32		Dec 12
10	Amanda DURAN	FR	Bergen CC	23:45.17		Mar 25

10,000 Meters

1	Margret NILAND	FR	Howard CC (Md.)	41:13.43		Mar 26
2	Kimberly WRATE	SO	Mohawk Valley CC	44:57.82		Mar 26
3	Rebecca LAPORTE	SO	Mohawk Valley CC	45:12.58		Mar 26

100 Meter Hurdles

1	Iyanah HAWLEY	FR	Union County (N.J.)	14.63	(0.2)	Apr 1
2	Shaniel THOMAS	FR	Montgomery-Rockville	16.21	(0.8)	Apr 2
3	I'Shay LITTLE	FR	Rowan-Gloucester CC	16.76	(0.2)	Apr 1
4	Monyea EARLY	FR	Prince George's CC	17.22	(0.8)	Apr 2
5	Holly BIBLER	SO	Rowan-Gloucester CC	17.43	(-1.0)	Mar 25
6	Chloe RUSSELL	FR	Suffolk County CC	17.55	(0.0)	Mar 26
7	Angie HEMMINGS	FR	Sullivan County CC	17.97	(0.4)	Apr 1
8	Erica GILMORE	FR	Rowan-Gloucester CC	18.08	(0.1)	Mar 19
9	Abigail CHRZANOWSKI	FR	Rowan-Gloucester CC	18.82	(-3.0)	Mar 25
10	Rachel GRUPP	FR	Suffolk County CC	18.89	(0.4)	Apr 1



NJCAA Division III - Top 10 Seeds by Event as of April 5



Women

400 Meter Hurdles

1	Jordan AUSTIN	FR	Rowan-Gloucester CC	1:07.66	Apr 1
2	Erica GILMORE	FR	Rowan-Gloucester CC	1:10.89	Apr 1
3	Iyanah HAWLEY	FR	Union County (N.J.)	1:12.32	Mar 25
4	Shaniel THOMAS	FR	Montgomery-Rockville	1:13.62	Apr 2
5	Gabrielle BRIDGEWATER	FR	Herkimer County CC	1:13.66	Mar 26
6	Holly BIBLER	SO	Rowan-Gloucester CC	1:13.85	Apr 1
7	Abigail CHRZANOWSKI	FR	Rowan-Gloucester CC	1:16.02	Mar 25
8	Angie HEMMINGS	FR	Sullivan County CC	1:17.60	Apr 1
9	Khyla LINK	SO	Prince George's CC	1:18.80	Apr 2
10	Nohehly HERNANDEZ	SO	Montgomery-Rockville	1:19.10	Mar 26

4x100 Relay

1	Prince George's CC	50.64	Apr 2
2	Suffolk County CC	51.04	Apr 1
3	Kingsborough CC	51.16	Mar 31
4	Rowan-Gloucester CC	51.43	Apr 1
5	Howard CC (Md.)	51.77	Mar 19
6	Montgomery-Rockville	52.51	Apr 2
7	Queensborough CC	53.93	Mar 26

4x400 Relay

1	Kingsborough CC	4:06.21	Mar 31
2	Prince George's CC	4:16.42	Apr 2
3	Harper	4:22.68	Mar 4
4	Montgomery-Rockville	4:25.26	Apr 2
5	Suffolk County CC	4:26.50	Mar 26
6	Rowan-Gloucester CC	4:26.51	Apr 1
7	Howard CC (Md.)	4:27.24	Mar 5
8	Queensborough CC	4:34.14	Feb 28
9	Mohawk Valley CC	4:34.27	Feb 6
10	Triton	4:56.14	Mar 4

4x800 Relay

1	Harper	10:31.87	Feb 6
2	Suffolk County CC	10:34.54	Apr 1

High Jump

1	Bryeana RHODES	SO	Montgomery-Rockville	1.53m	5-¼	Apr 2
1	Courtney SHERRY	FR	Mohawk Valley CC	1.53m	5-¼	Apr 1
3	Bethany CRUZ	FR	Suffolk County CC	1.52m	4-11¼	Mar 26
4	Shayan DUSSARD	SO	Harper	1.44m	4-8¾	Mar 4
5	Chloe RUSSELL	FR	Suffolk County CC	1.42m	4-7¾	Mar 26
5	Lindsay THERRIEN	SO	Herkimer County CC	1.42m	4-7¾	Mar 26
7	Bobbie BUERER	FR	Harper	1.35m	4-5	Feb 19
7	Nicole FOTI	SO	Mohawk Valley CC	1.35m	4-5	Feb 13
9	Josephina KOOMSON	FR	Rowan-Gloucester CC	1.34m	4-4¾	Mar 5

Pole Vault

1	Nicole FOTI	SO	Mohawk Valley CC	2.85m	9-4¾	Apr 1
2	Camille CALUPAD	FR	Bergen CC	2.60m	8-6¾	Mar 25
3	Erica GILMORE	FR	Rowan-Gloucester CC	2.58m	8-5¾	Mar 5
4	Taylor VAN NOSTRAND	SO	Suffolk County CC	2.55m	8-4¾	Apr 1
5	Ruth BARNES	FR	Mohawk Valley CC	2.45m	8-½	Mar 26
6	Christina BROCKHOFF	FR	Suffolk County CC	2.30m	7-6¾	Apr 1

Long Jump

1	Bryeana RHODES	SO	Montgomery-Rockville	5.30m	17-4¾ (-0.1)	Apr 2
2	Ashley PROKSA	FR	Harper	5.04m	16-6¾ ()	Mar 4
3	Rebecca PHILLIPS	SO	FIT	4.92m	16-1¾ (0.1)	Apr 1
4	Faith ZELAYA	FR	Suffolk County CC	4.79m	15-8¾ ()	Mar 26
5	I'Shay LITTLE	FR	Rowan-Gloucester CC	4.74m	15-6¾ ()	Apr 1
6	Tatyana FRANCIS	FR	Kingsborough CC	4.71m	15-5¾ ()	Feb 28
6	Sharina TAPPIN	FR	Queensborough CC	4.71m	15-5¾ ()	Feb 12
8	Okera CAMPBELL	SO	Queensborough CC	4.63m	15-2¾ ()	Feb 12
9	Katicia SAKONA	FR	Herkimer County CC	4.60m	15-1¾ (0.1)	Mar 26
10	Bethany CRUZ	FR	Suffolk County CC	4.52m	14-10 ()	Mar 26

Triple Jump

1	Monyea EARLY	FR	Prince George's CC	9.98m	32-9 (0.8)	Apr 2
2	Josephina KOOMSON	FR	Rowan-Gloucester CC	9.64m	31-7¾ (0.1)	Apr 1
3	Sharina TAPPIN	FR	Queensborough CC	9.10m	29-10¾ ()	Feb 12
4	Katicia SAKONA	FR	Herkimer County CC	9.05m	29-8¾ (0.2)	Mar 26
5	Taylor VAN NOSTRAND	SO	Suffolk County CC	8.92m	29-3¾ ()	Mar 26

Shot Put

1	Devon NEALER	FR	Rowan-Gloucester CC	10.90m	35-9¾	Mar 25
2	Diarra BROWN	FR	Onondaga CC	10.11m	33-2	Mar 26
3	Brielle FENNELL	FR	Middlesex County (N.J.)	9.91m	32-6¾	Feb 6
4	Jessica PRICE	FR	Kingsborough CC	9.44m	30-11¾	Feb 28
5	Mary SIATTA	FR	Harper	9.25m	30-4¾	Mar 4
6	MARY HURD	SO	Howard CC (Md.)	8.98m	29-5¾	Mar 26
7	Gabrielle BRIDGEWATER	FR	Herkimer County CC	8.94m	29-4	Mar 26
8	Alexandria RAFFA	SO	Bergen CC	8.93m	29-3¾	Mar 25
9	Kayiane KERBY-JONES	FR	Middlesex County (N.J.)	8.92m	29-3¾	Mar 25
10	Tiffany CARTER	FR	Kingsborough CC	8.84m	29-0	Feb 28



NJCAA Division III - Top 10 Seeds by Event as of April 5



Women

Discus

1	Devon NEALER	FR	Rowan-Gloucester CC	27.66m	90-9	Mar 25
2	Kayiane KERBY-JONES	FR	Middlesex County (N.J.)	25.94m	85-1¼	Mar 19
3	Gabrielle CASSIERE	FR	Middlesex County (N.J.)	24.39m	80-¼	Apr 2
4	Holly BJALME-EVANS	FR	FIT	24.30m	79-8¾	Mar 25
5	Brielle FENNEL	FR	Middlesex County (N.J.)	23.30m	76-5½	Apr 2
6	Alejandra MAGALLANES	SO	Montgomery-Rockville	23.11m	75-10	Mar 26
7	MARY HURD	SO	Howard CC (Md.)	22.70m	74-5¾	Mar 26
8	Alicia MORAN	FR	CCR	20.74m	68-½	Mar 26
9	Okeke ELIZABETH	FR	Howard CC (Md.)	20.50m	67-3¼	Mar 19
10	Diarra BROWN	FR	Onondaga CC	19.77m	64-10½	Mar 26

Hammer

1	Kayla BUTLER	FR	Mohawk Valley CC	28.73m	94-3¼	Mar 26
2	Brielle FENNEL	FR	Middlesex County (N.J.)	24.71m	81-1	Apr 2
3	Gabrielle CASSIERE	FR	Middlesex County (N.J.)	22.10m	72-6¼	Mar 19
4	Kayiane KERBY-JONES	FR	Middlesex County (N.J.)	19.34m	63-5½	Mar 5
5	Elizabeth PINEDA	FR	Triton	17.47m	57-3¼	Mar 19

Javelin

1	Gabrielle CASSIERE	FR	Middlesex County (N.J.)	28.33m	92-11½	Mar 19
2	MARY HURD	SO	Howard CC (Md.)	23.09m	75-9¾	Apr 1
3	Maitreya BIRD-WALKER	FR	Howard CC (Md.)	22.89m	75-1¼	Mar 26
4	Nisheil FORBES	FR	Prince George's CC	22.55m	73-11¼	Apr 2
5	Camille CALUPAD	FR	Bergen CC	19.71m	64-8	Mar 25
6	Courtney SHERRY	FR	Mohawk Valley CC	19.06m	62-6½	Mar 26
7	Khyla LINK	SO	Prince George's CC	18.31m	60-1	Apr 2
8	Diarra BROWN	FR	Onondaga CC	16.77m	55-¼	Mar 26
9	Alejandra MAGALLANES	SO	Montgomery-Rockville	15.38m	50-5½	Apr 2
10	Kayiane KERBY-JONES	FR	Middlesex County (N.J.)	15.14m	49-8¾	Mar 5