



2016 Outdoor Track & Field, Week #4

Men's 100 Meters

ATLANTIC

1	dontae ADAMS	FR	Lincoln (Ill.)	10.60w	(3.7)	4/14
2	austin PICTON	SO	Lincoln (Ill.)	10.69w	(3.7)	4/14
3	Terry JERNIGAN	SO	Essex County (N.J.)	10.78	(0.3)	3/31
4	Gaige KLINGSMITH	FR	Vincennes	10.89	()	3/24
5	Mike CARSON	FR	Macomb CC	10.94	(1.4)	4/16
6	DeMarques JONES	SO	Vincennes	10.98	()	3/24
7	Naim BOURNE	FR	Essex County (N.J.)	11.05	(1.4)	3/31
8	Charles RENARD	FR	ASA College	11.21	(0.5)	4/1

CENTRAL

1	Xavier ATKINS	FR	Butler (Kan.) CC	10.20	()	4/2
2	Lamarion ARNOLD	SO	Butler (Kan.) CC	10.35	()	4/9
3	Keitavious WALTER	FR	Hinds CC	10.37	(-0.8)	4/15
4	McKinley WEST	FR	Barton County CC	10.38w	(2.9)	4/13
5	Chedlin SAGEESE	FR	Barton County CC	10.42w	(2.9)	4/13
6	Ricky GRANT	SO	Butler (Kan.) CC	10.46	()	4/9
7	Patrick WILLIAMS	FR	Neosho County CC	10.50	()	4/9

MIDWEST

1	Eli MINOR	SO	Iowa Central CC	10.48	(1.8)	3/25
2	Cory MENSAH	FR	Iowa Western CC	10.55	()	4/9
3	Cliff RESIAS	SO	Iowa Western CC	10.56w	(2.9)	4/13
3	Kyle FARRELL	FR	Iowa Western CC	10.56	()	4/9
5	Kevin WINTERS	SO	Iowa Central CC	10.67	(0.9)	3/25
5	Kymari GATES	FR	Iowa Central CC	10.67w	(2.6)	4/13

WEST

1	Ian KERR	SO	Western Texas	10.23w	(6.2)	4/9
2	Emeilo FERGUSON	SO	Southwestern Christian (	10.27w	(3.0)	3/30
3	Ryan GIRK	SO	Glendale (Ariz.) CC	10.54	(1.0)	3/26
4	Jacoby LACEY	SO	Western Texas	10.57w	(4.8)	4/9
5	Ruebin WALTERS	SO	Central Arizona	10.59w	(3.6)	4/2
6	Okeen WILLIAMS	FR	South Plains	10.60w	(6.2)	4/9
7	Jonathon FINCH	SO	Mesa CC	10.75w	(3.1)	4/2
8	Chauncey COOPER	FR	Western Texas	10.78w	(4.0)	3/25



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Men's 200 Meters

ATLANTIC

1	Terry JERNIGAN	SO	Essex County (N.J.)	21.78	(-0.5)	3/31
2	Gus LATHROP	FR	Vincennes	21.79	(-0.1)	4/15
3	Isaiah THOMAS	FR	Vincennes	21.81	(0.4)	4/15
4	Gaige KLINGSMITH	FR	Vincennes	22.06	()	4/15
5	roman HAMPTON	FR	Lincoln (Ill.)	22.14	()	3/24
5	dontae ADAMS	FR	Lincoln (Ill.)	22.14w	(5.4)	4/14
7	Tevin MCMEO	FR	ASA College	22.16	(0.4)	4/17

CENTRAL

1	Lamarion ARNOLD	SO	Butler (Kan.) CC	20.56	()	4/9
2	Akeem SIRLEAF	FR	Butler (Kan.) CC	20.76	()	3/10
3	Eli HALL-THOMPSON	SO	Butler (Kan.) CC	20.89 OT	()	2/19
4	McKinley WEST	FR	Barton County CC	20.96w	(2.8)	3/25
5	Anthony ADDERLY	SO	Barton County CC	21.00w	(2.8)	3/25
6	Correion MOSBY	FR	Hinds CC	21.01	(-0.3)	4/9
8	Chedlin SAGEESE	FR	Barton County CC	21.07cA	?1.00 (2.0)	4/8

MIDWEST

1	Jamal HIGGS	FR	Iowa Western CC	21.06	()	4/9
2	Karayme BARTLEY	FR	Iowa Central CC	21.18	(1.9)	3/25
2	Kyle FARRELL	FR	Iowa Western CC	21.18	()	4/9
4	Eli MINOR	SO	Iowa Central CC	21.23w	(2.9)	3/25
5	Kymari GATES	FR	Iowa Central CC	21.29	(1.9)	3/25
6	Joshua WILLINGHAM	SO	Iowa Western CC	21.41	()	4/9

WEST

1	Emeilo FERGUSON	SO	Southwestern Christian (	20.91	()	3/4
2	Antwon SMITH	SO	Western Texas	20.95 OT	()	2/12
3	Ian KERR	SO	Western Texas	21.08	()	2/19
4	DeVante LACY	SO	South Plains	21.15cA	?1.08 (1.6)	3/26
5	Samson NATHANIEL	FR	Central Arizona	21.24	(-1.0)	4/2
6	Ryan GIRK	SO	Glendale (Ariz.) CC	21.30	(2.4)	3/26
7	Chauncey COOPER	FR	Western Texas	21.42	()	2/19



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Men's 400 Meters

ATLANTIC

1	Stoney PROWELL	FR	Vincennes	47.16	4/15
2	Jaymes DENNISON	SO	Monroe	47.18	2/12
3	earl ARMSTRONG	FR	Lincoln (Ill.)	49.34	4/9
4	Mpho MAKOFANE	SO	Monroe	49.88	1/16
5	Michael TRICE	FR	Vincennes	49.91 OT	2/13
6	Onasi CUEVAS	FR	Essex County (N.J.)	49.94	3/31
7	Adrian SHERIFF	FR	Monroe	50.05	1/29

CENTRAL

1	Quintaveon POOLE	FR	Butler (Kan.) CC	46.49 OT	2/19
2	Correion MOSBY	FR	Hinds CC	46.65	4/15
3	John WILLIAMS	SO	Arkansas Baptist	47.49	4/8
4	Dontarian EVANS	SO	Meridian CC	47.50	4/9
5	Kaderius ROGERS	FR	Hinds CC	47.65	4/9
6	Antonio COLEMAN	FR	Butler (Kan.) CC	47.88	4/13
7	James LIBURD	FR	Garden City CC	47.90 OT	2/19
8	Paul KINNEY	FR	Barton County CC	47.95cA 47.84	4/8

MIDWEST

1	Karayme BARTLEY	FR	Iowa Central CC	47.56	3/25
2	Kymari GATES	FR	Iowa Central CC	47.95	3/25
3	Marcus DAVIS	SO	Iowa Western CC	48.38	4/9
3	Edward ANDERSON	FR	Iowa Central CC	48.38	1/23
5	Joshua WILLINGHAM	SO	Iowa Western CC	48.39	2/12
6	Jamaree MURRAY	SO	Iowa Western CC	48.62	2/5
7	Tyrell PAUL	FR	Southwestern (Iowa) CC	48.75	4/16

WEST

1	DeVante LACY	SO	South Plains	46.61	2/12
2	Samson NATHANIEL	FR	Central Arizona	46.81	4/8
3	Jason DRAKE	SO	Southwestern Christian (	47.15	4/16
4	Brandon LUCAS	SO	Central Arizona	47.35	3/18
5	Kyron MCMASTER		Central Arizona	47.57 OT	2/12
6	Jason YAW	FR	Western Texas	47.65	2/19
7	Rhayko SCHWARTZ	FR	Western Texas	47.93cA 47.82	3/24
8	Okeen WILLIAMS	FR	South Plains	48.07	2/12



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Men's 800 Meters

ATLANTIC

1	Mpho MAKOFANE	SO	Monroe	1:51.33	1/29
2	Ryan PARSLOW	SO	Macomb CC	1:54.03 OT	2/13
3	Shaquille SUTHERLAND	SO	Essex County (N.J.)	1:54.16	2/5
4	Luilliam TEIXEIRA	SO	Essex County (N.J.)	1:56.06	4/15
5	Judah CORRIETTE	SO	Essex County (N.J.)	1:56.39	4/15
6	Jose CANO PALLARES	FR	Vincennes	1:56.85	4/1
7	Rajay HINDS	FR	Monroe	1:57.45	2/12
8	Sammy ADKINS	SO	Macomb CC	1:57.77 OT	2/19

CENTRAL

1	Josh AUSTIN	SO	Meridian CC	1:52.71	4/15
2	Aaron MILLER	SO	Allen CC	1:53.18	4/1
3	Carlos JAMES	SO	Allen CC	1:53.85	4/1
4	Dustin NADING	FR	Colby (Kan.) CC	1:53.89cA 1:54.28	4/8
5	Vinny BUTERA	FR	Allen CC	1:54.09 OT	2/12
6	Claudius RUSSELL	SO	Colby (Kan.) CC	1:54.16 OT	1/29
7	Rodney HENRY	FR	Garden City CC	1:54.74 OT	2/19
8	Shevon BLAIR	SO	Butler (Kan.) CC	1:54.88 OT	2/19

MIDWEST

1	Noah LARSEN	SO	Iowa Central CC	1:51.76	2/5
2	Bill OYET	FR	Iowa Central CC	1:54.62	2/5
3	Imad AMENZOU	SO	North Iowa Area CC	1:54.83	2/12
4	Oscar CARMONA	SO	Iowa Central CC	1:55.81	4/13
7	Marcus DAVIS	SO	Iowa Western CC	1:58.52	3/22
8	Mark MADDOX	SO	North Iowa Area CC	1:58.56	4/15

WEST

1	Festus LAGAT	FR	Gillette	1:51.33cA 1:51.66	4/9
2	Sean WASHINGTON	FR	Western Texas	1:53.45	3/31
3	Rajay HAMILTON	SO	Western Texas	1:53.77 OT	1/29
4	Robert DOWNS JR.	FR	South Plains	1:53.88	3/4
5	Kelvin KETER	SO	South Plains	1:55.00cA 1:55.43	3/26
6	Daniel FLORES	SO	Glendale (Ariz.) CC	1:55.18	4/8
7	Isaih FUEL	FR	Glendale (Ariz.) CC	1:55.65	4/8
8	Anthony LOPEZ	SO	Glendale (Ariz.) CC	1:56.42	2/20



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Men's 1500 Meters

ATLANTIC

1	Mpho MAKOFANE	SO	Monroe	3:56.09c	1:14.98(1)	2/12
2	Jose CANO PALLARES	FR	Vincennes	3:56.74		4/15
3	Frisco POOLE	SO	Louisburg	3:59.37c	1:18.52(1)	3/4
4	Trevor WILCZYNSKI	SO	Macomb CC	4:02.83c	1:22.26(1)	2/19
5	austin WEBSTER	SO	Lincoln (Ill.)	4:03.56		4/14
6	Ryan PARSLow	SO	Macomb CC	4:05.79c	1:25.46(1)	1/22
7	Joshua BACKES	SO	Vincennes	4:07.58		4/1
8	Rudy TORRES	FR	Essex County (N.J.)	4:08.73		3/31

CENTRAL

1	Dustin NADING	FR	Colby (Kan.) CC	3:53.58		4/13
2	Devyn BROTERTON	SO	Barton County CC	4:01.40cA	4:04.83	4/8
3	Tim HOODLEBRINK	FR	Meridian CC	4:02.76c	1:22.18(1)	2/12
4	Phillip LAGEMANN	FR	Allen CC	4:04.09c	1:23.62(1)	3/4
5	Elder COLINDRES	SO	Barton County CC	4:04.80c	1:24.39(1)	3/4
6	Orser RODRIGUEZ	FR	Hutchinson CC	4:06.47		4/16
7	Rogelio ARAIZA	FR	Meridian CC	4:07.82c	1:27.65(1)	2/12
8	Pedro MONTOYA	SO	Allen CC	4:09.64c	1:29.61(1)	2/19

MIDWEST

1	Omer ALMOG	FR	Iowa Central CC	3:50.13		3/25
2	Denzel FOGG	FR	Iowa Central CC	3:55.24c	1:14.06(1)	2/12
3	Sylvester BARUS	SO	Iowa Western CC	3:57.70c	1:16.72(1)	3/4
4	Oscar CARMONA	SO	Iowa Central CC	3:58.93c	1:18.05(1)	2/12

WEST

1	Gilbert KIGEN	FR	Central Arizona	3:46.39c	1:04.50(1)	4/8
2	Kelvin KETER	SO	South Plains	3:51.56		3/30
3	Festus LAGAT	FR	Gillette	3:53.59c	1:12.28(1)	12/4
4	Hassan ABDI	SO	South Plains	3:55.76cA	3:59.40	3/26
5	Amanuel LOGO	SO	Pima CC	3:56.78c	1:15.72(1)	3/4
6	Erik OSWALD	SO	Paradise Valley CC	3:57.39c	1:16.38(1)	2/12
7	Nicholas ROTICH	FR	South Plains	3:58.49cA	4:02.18	3/26
8	Daniel FLORES	SO	Glendale (Ariz.) CC	4:00.23		3/18



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Men's Steeplechase

ATLANTIC

1	Wade BALLMANN	SO	Lansing CC	10:05.43	4/16
2	Sidgie GREENE	SO	Monroe	10:10.40	4/10
3	Adam WARREN	SO	Vincennes	10:26.67	3/24
4	garrad STRAUBE	SO	Lincoln (Ill.)	11:12.45	4/14
5	spencer MELLOW	FR	Lincoln (Ill.)	11:30.63	3/24
6	brayden BATTERTON	FR	Lincoln (Ill.)	11:49.76	4/14

CENTRAL

1	Tyler WARREN	SO	Meridian CC	8:55.14	4/15
2	Devyn BROTERTON	SO	Barton County CC	9:40.16	4/13
3	Forrest DREYER	SO	Hutchinson CC	9:54.96	4/16
4	Rodney HENRY	SO	Garden City CC	10:14.14	4/8
5	Sam SCHMIDT	SO	Johnson County CC	10:14.15	4/16
6	Ryan ANDERSON	SO	Johnson County CC	10:35.90	4/16
7	Lloyd CHIN	SO	Hutchinson CC	10:36.44	4/2
8	Emmanuel BIWOTT	FR	Butler (Kan.) CC	10:50.02	3/10

MIDWEST

1	Nic GANZVELD	SO	Iowa Central CC	9:46.20	4/9
2	Alexander JACKSON	FR	Iowa Central CC	9:53.35	4/9
3	Zach FREUND	FR	North Iowa Area CC	9:55.88	4/15
4	Antoine BARDOE	SO	Indian Hills CC	9:59.50	4/1
5	Derek WILSON	SO	Indian Hills CC	10:03.14	4/9
6	Herick WALTERS	FR	Iowa Western CC	10:06.98	4/1
7	Bryce ELM	FR	Iowa Central CC	10:34.15	4/9
8	Micah WASKOWIAK	SO	Iowa Western CC	10:55.90	4/13

WEST

1	Nicholas ROTICH	FR	South Plains	9:45.51	4/9
2	Alemayehu BATES	SO	Paradise Valley CC	9:52.04	4/8
3	John WINFIELD	FR	Paradise Valley CC	9:56.55	3/18
4	Jonathan VARGAS VALLE	FR	Glendale (Ariz.) CC	10:05.90	4/8
5	Estevan GOMEZ	SO	Pima CC	10:09.28	4/8
6	Asher CATTERALL	SO	Gillette	10:12.27	3/18
7	Fabian MUNOZ	SO	Gillette	10:21.95cA10:29.67	4/9
8	Tim RONAN	FR	Central Arizona	10:39.19	4/2



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Men's 5000 Meters

ATLANTIC

1	Frisco POOLE	SO	Louisburg	15:12.50	2/6
2	Adam WARREN	SO	Vincennes	15:28.89 OT	2/12
3	Brandon ELLIOTT	FR	Louisburg	16:09.24	2/6
4	Christian TIPPETTE	FR	Louisburg	16:16.83	2/21
5	john DAVIS	FR	Lincoln (Ill.)	16:22.17	1/30
6	Jon BECKER	FR	Lansing CC	16:48.62	4/16
7	Nathan DUGGER	SO	Vincennes	16:51.97	4/1
8	spencer MELLOW	FR	Lincoln (Ill.)	16:57.19	4/9

CENTRAL

1	Pedro MONTOYA	SO	Allen CC	14:44.24 OT	2/12
2	Ricardo BANUELOS	FR	Allen CC	15:07.61 OT	1/29
3	Nolan HESSE	SO	Butler (Kan.) CC	15:27.77 OT	2/19
4	Devyn BROTERTON	SO	Barton County CC	15:30.69 OT	2/19
5	Jacob HESSE	FR	Butler (Kan.) CC	15:39.33	4/13
6	Jeremy BRITAIN	SO	Allen CC	15:53.71	4/1
7	Rogelio ARAIZA	FR	Meridian CC	15:57.55	4/15
8	Forrest DREYER	SO	Hutchinson CC	16:05.06	4/2

MIDWEST

1	Sylvester BARUS	SO	Iowa Western CC	14:24.36	2/5
2	Cody BAELE	SO	Iowa Central CC	14:51.71	3/4
3	Karim ACHENGLI	FR	Iowa Central CC	14:58.52	3/4
4	Denzel FOGG	SO	Iowa Central CC	15:00.20	1/22
5	Jacob DAY	SO	North Iowa Area CC	15:25.77	4/15

WEST

1	Gilbert KIGEN	FR	Central Arizona	14:26.23	3/4
2	Hassan ABDI	SO	South Plains	14:30.37	3/4
3	Festus LAGAT	FR	Gillette	14:42.65	1/23
4	Anthony MASAYESVA	SO	Central Arizona	14:59.54	4/8
5	Jorge PEREZ	FR	Central Arizona	15:03.18	3/4
6	Alemayehu BATES	SO	Paradise Valley CC	15:03.59	4/15
7	Erick ROTICH	FR	Gillette	15:07.00cA15:21.52	3/24
8	Nicholas ROTICH	FR	South Plains	15:10.38	3/4



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Men's 10,000 Meters

ATLANTIC

1	Adam WARREN	SO	Vincennes	33:10.94	4/15
2	Gregory INGLE	SO	Lansing CC	33:44.55	4/16
3	Nathan DUGGER	SO	Vincennes	35:58.80	4/15
4	Eric JOHNSON	SO	Vincennes	36:40.96	4/15

CENTRAL

1	Pedro MONTOYA	SO	Allen CC	31:07.62	4/1
2	Ricardo BANUELOS	FR	Allen CC	31:24.91	4/1
3	Steve CHERIGAT	SO	Colby (Kan.) CC	33:35.37	4/13
4	Edgar RENTERIA	SO	Johnson County CC	33:43.06	4/16
5	John BRUNNER	FR	Highland (Kan.) CC	34:57.44	4/16
6	Cyrus MUEMA	SO	Johnson County CC	34:58.84	4/16
7	Emmanuel BIWOTT	FR	Butler (Kan.) CC	35:03.28	4/9
8	Rick ARELLANO	FR	Highland (Kan.) CC	35:52.56	4/16

MIDWEST

1	Cody BAELE	SO	Iowa Central CC	31:06.33	4/13
2	Jacob DAY	SO	North Iowa Area CC	32:44.94	3/25
3	Nic GANZEVELD	SO	Iowa Central CC	32:59.32	4/13
4	Logan FRAKER	FR	DuPage	34:31.97	4/1
5	Gabriel ESSER	FR	Southwestern (Iowa) CC	36:39.85	4/15
6	Titus KERENGO	SO	Iowa Western CC	36:55.02	4/13

WEST

1	Jorge PEREZ	FR	Central Arizona	31:55.67	3/24
2	John WINFIELD	FR	Paradise Valley CC	31:56.24	3/24
3	Anthony MASAYESVA	SO	Central Arizona	31:58.01	3/24
4	Mark BENNETT	SO	Pima CC	32:01.36	3/24
5	Brian MASAYESVA	SO	Central Arizona	32:10.30	3/24
6	Austin LAVIN	SO	Paradise Valley CC	32:17.35	3/24
7	Andrew SANCHEZ	SO	Paradise Valley CC	32:29.85	3/24
8	Festus LAGAT	FR	Gillette	33:02.98cA33:32.53	4/14



2016 Outdoor Track & Field, Week #4

Men's 110 Meter Hurdles

ATLANTIC

1	Qasim RAY	SO	Monroe	15.41	(1.4)	4/10
2	daniel WELLING	FR	Lincoln (Ill.)	17.26w	(3.4)	4/14
3	deonta JOHNSON	FR	Lincoln (Ill.)	17.73w	(3.4)	4/14
4	Klayton VITTETOW	SO	Vincennes	17.98	()	3/24

CENTRAL

1	Christian BOYD	FR	Hinds CC	14.15	(0.5)	4/15
2	Jermaine JONES	FR	Barton County CC	14.17w	(2.7)	3/25
3	Jhibri GREER	FR	Butler (Kan.) CC	14.57	()	4/9
4	clement BARBIER	SO	Johnson County CC	14.63w	(4.0)	4/16
5	Kevin TURNER	FR	Barton County CC	14.67	(2.4)	4/1
6	Kelvin ALMONTE	FR	Coffeyville CC	14.68	(2.4)	4/1
6	Jose LOPEZ	FR	Neosho County CC	14.68w	(2.6)	4/2
8	Keshon MCFADDEN	FR	Allen CC	14.69w	(2.7)	3/25

MIDWEST

1	Kion JOSEPH	SO	Iowa Central CC	14.23w	(3.0)	3/25
2	Sydne DAVIS	SO	Iowa Central CC	14.35w	(2.7)	3/25
3	Edward ANDERSON	FR	Iowa Central CC	14.72w	(2.7)	3/25
4	Steven CONNOR	FR	DuPage	14.96w	(2.8)	4/15
5	Donavan AYERS	SO	Iowa Western CC	14.97	()	4/1

WEST

1	Ruebin WALTERS	SO	Central Arizona	13.60	(1.5)	4/8
2	Robert DUNNING	FR	South Plains	14.21w	(5.2)	4/9
3	Roje JACKSON-CHIN	FR	South Plains	14.59w	(5.2)	4/9
4	D'angelo FOSTER	SO	Mesa CC	14.75	(1.0)	4/8
5	Jomari COLLIE	SO	Pima CC	14.78	(1.8)	4/8
6	Victor MONTGOMERY	SO	Western Texas	14.91	(2.1)	3/25
7	Joshua DAVIS	FR	Mesa CC	15.02	(0.0)	3/18
8	Treyshon MALONE	FR	Pima CC	15.25	(-0.1)	3/24



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Men's 400 Meter Hurdles

ATLANTIC

1	bryant LEWIS	SO	Lincoln (Ill.)	55.70	4/14
2	Qasim RAY	SO	Monroe	55.79	4/1
3	Dennis HARRIS	SO	Essex County (N.J.)	56.50	3/31
4	Shaquille SUTHERLAND	SO	Essex County (N.J.)	57.41	4/9
5	Klayton VITTETOW	SO	Vincennes	57.69	4/15
6	derek TROXELL	FR	Lansing CC	59.29	4/16
7	Lexus NORMAN	SO	Essex County (N.J.)	59.84	3/31

CENTRAL

1	Christian BOYD	FR	Hinds CC	51.70	4/9
2	Craig ROCK JR.	SO	Hinds CC	51.84	4/9
3	Kadeem WILLIAMS	SO	Barton County CC	52.11	3/25
4	Stein DESIR	SO	Hutchinson CC	53.17	3/10
5	John HIGHTOWE	SO	Hinds CC	53.25	4/15
6	Quortez LEVY	SO	Coffeyville CC	53.64	4/16
7	Kelvin ALMONTE	FR	Coffeyville CC	53.69	4/16
8	Kristopher BUTLER	FR	Meridian CC	54.17	4/9

MIDWEST

1	Kion JOSEPH	SO	Iowa Central CC	52.87	3/25
2	Sydne DAVIS	SO	Iowa Central CC	53.28	3/25
3	Donavan AYERS	SO	Iowa Western CC	54.09	4/13
4	Edward ANDERSON	FR	Iowa Central CC	54.72	3/25
6	Tremayne FLAGLER	FR	Iowa Western CC	57.37	4/13
7	Kelton GOURLEY	FR	Indian Hills CC	59.74	4/15
8	Dennis ELMS JANSSON	FR	North Iowa Area CC	1:01.20	3/25

WEST

1	Okeen WILLIAMS	FR	South Plains	51.15	3/30
2	Ruebin WALTERS	SO	Central Arizona	51.77	4/8
3	Robert DUNNING	FR	South Plains	52.68	3/30
4	Treyshon MALONE	FR	Pima CC	54.62	3/18
5	Victor MONTGOMERY	SO	Western Texas	54.72cA 54.61	3/24
6	Joshua DAVIS	FR	Mesa CC	56.15	4/2
7	Alex PALACIOS	FR	Pima CC	56.32	3/18
8	D'angelo FOSTER	SO	Mesa CC	56.53	4/2



2016 Outdoor Track & Field, Week #4

Men's 4x100 Relay

ATLANTIC

1	Vincennes	41.37	3/24
2	Lincoln (Ill.)	41.80	4/14
3	ASA College	42.57	4/17
4	Monroe	44.98	4/1

CENTRAL

1	Hinds CC	39.69	4/15
2	Butler (Kan.) CC	39.77	3/10
3	Meridian CC	39.82	4/9
4	Barton County CC	40.23	3/25
5	Coffeyville CC	40.77	4/16
6	Cloud County CC	41.14	4/9
7	Garden City CC	41.18	4/8
8	Arkansas Baptist	41.24	4/8

MIDWEST

1	Iowa Central CC	40.31	3/25
2	Iowa Western CC	41.48	4/13
3	Southwestern (Iowa) CC	43.06	4/16
4	North Iowa Area CC	43.91	4/15

WEST

1	Western Texas	40.68cA	40.56	3/24
2	Southwestern Christian (	40.82		3/4
3	South Plains	40.85cA	40.73	3/26
4	Glendale (Ariz.) CC	41.04		4/8
5	Mesa CC	41.45		4/8
6	Pima CC	41.51		4/8
7	Paradise Valley CC	41.57		4/8
8	Central Arizona	42.26		4/2



2016 Outdoor Track & Field, Week #4

Men's 4x400 Relay

ATLANTIC

1	Vincennes	3:14.90	4/15
2	Monroe	3:16.34	1/29
3	Essex County (N.J.)	3:21.25	3/31
4	Lincoln (Ill.)	3:24.17	4/9
5	Macomb CC	3:29.52 OT	2/19
6	Lansing CC	3:37.99	4/16

CENTRAL

1	Barton County CC	3:10.82	3/25
2	Hinds CC	3:11.96	4/15
3	Butler (Kan.) CC	3:13.52 OT	2/19
4	Coffeyville CC	3:14.05	4/9
5	Garden City CC	3:14.21	4/8
6	Arkansas Baptist	3:16.07	2/19
7	Johnson County CC	3:16.82 OT	2/19
8	Allen CC	3:16.96	4/13

MIDWEST

1	Iowa Western CC	3:12.98	2/5
2	Iowa Central CC	3:15.54	1/23
3	North Iowa Area CC	3:30.80	2/6
4	DuPage	3:35.14 OT	1/30
5	Southwestern (Iowa) CC	3:37.08	1/15

WEST

1	Western Texas	3:08.69	3/30
2	Central Arizona	3:11.82	2/5
3	South Plains	3:13.12	2/5
4	Southwestern Christian (	3:15.84	3/30
5	Pima CC	3:19.03	3/18
6	Paradise Valley CC	3:19.73	4/8
7	Mesa CC	3:24.35	4/2
8	Glendale (Ariz.) CC	3:27.12	2/20



2016 Outdoor Track & Field, Week #4

Men's 4x800 Relay

ATLANTIC

1	Essex County (N.J.)	7:50.93	3/31
2	Macomb CC	7:53.17	2/19
3	Vincennes	7:55.18	4/15
4	Monroe	7:57.03	4/1
5	Louisburg	7:57.49	3/4
6	Lincoln (Ill.)	9:05.32	3/24

CENTRAL

1	Meridian CC	7:49.74	2/15
2	Allen CC	7:53.23	3/4
3	Johnson County CC	7:54.75	3/4
4	Cloud County CC	7:55.02	3/4
5	Hutchinson CC	7:56.77	2/26
6	Garden City CC	8:01.38	2/19
7	Butler (Kan.) CC	8:03.50 OT	2/19
8	Barton County CC	8:05.62	3/4

MIDWEST

1	Iowa Central CC	7:40.41	2/12
2	North Iowa Area CC	7:58.98	2/19
3	Iowa Western CC	8:05.96	2/12

WEST

1	Western Texas	7:48.07	2/20
2	Glendale (Ariz.) CC	7:54.21	3/4
3	South Plains	7:54.95	3/4
4	Gillette	9:00.41	2/19



2016 Outdoor Track & Field, Week #4

Men's High Jump

ATLANTIC

1	Evan HANSEN	FR	Vincennes	1.95m	6-4½	2/13
2	daniel WELLING	FR	Lincoln (Ill.)	1.94m	6-4¼	4/9
3	stephon MANNS	FR	Lincoln (Ill.)	1.84m	6-½	4/9
4	Jordan DOWNS	FR	Vincennes	1.83m	6-0	1/29
5	Michael BOGER	SO	Vincennes	1.73m	5-8	1/29
6	Qasim RAY	SO	Monroe	1.70m	5-7	2/12

CENTRAL

1	Landon CUSKELLY	FR	Butler (Kan.) CC	2.20m	7-2½	2/19
2	Jerin ALLEN	SO	Hinds CC	2.16m	7-1	1/8
3	Alexander GUTIERREZ	SO	Johnson County CC	2.08m	6-9½	4/16
3	Devaughnte MOSELEY	FR	Coffeyville CC	2.08m	6-9½	1/16
5	Andrew SAMUELS	SO	Coffeyville CC	2.06m	6-9	3/10
6	Devontre YOUNG	SO	Meridian CC	2.05m	6-8½	3/17
6	DeShuan WILLIAMS	FR	Cowley County CC	2.05m	6-8½	2/19
8	Zach SKIMBO	SO	Hutchinson CC	2.01m	6-7	2/6
8	Chad GROSS	FR	Cloud County CC	2.01m	6-7	2/6
8	Mason BUCKMASTER	FR	Butler (Kan.) CC	2.01m	6-7	3/10
8	Zimbert BRAMBLE	SO	Coffeyville CC	2.01m	6-7	1/22

MIDWEST

1	Jah-Nhai PERINCHIEF	FR	Iowa Central CC	2.26m	7-5	4/13
2	Jared SEAY	FR	Iowa Central CC	2.14m	7-¼	2/19
3	Ameer BANKS	FR	Iowa Western CC	2.09m	6-10¼	2/19
4	Quinetin JACKSON	FR	DuPage	2.03m	6-8	4/15
5	Seth STARKS	SO	Southwestern (Iowa) CC	2.01m	6-7	1/23
6	Daquarius HOLLIS	SO	Iowa Central CC	1.96m	6-5	1/9
6	Connor YOUNG	SO	Iowa Western CC	1.96m	6-5	1/9
8	Logan WRIGHT	SO	DuPage	1.92m	6-3½	2/12
8	Issac RIESSELMAN	SO	Iowa Western CC	1.92m	6-3½	3/4

WEST

1	Samuel SHOULTZ	FR	Pima CC	2.17m	7-1½	3/24
2	Trevon BOSLEY	SO	Glendale (Ariz.) CC	2.11m	6-11	4/2
3	Kwaume MCGEE	FR	South Plains	2.05m	6-8½	3/4
4	Robert DUNNING	FR	South Plains	2.03m	6-8	2/19
5	Chris JONES	SO	Glendale (Ariz.) CC	2.00m	6-6½	3/18
6	Gabe MOORE	FR	South Plains	1.92m	6-3½	3/4
7	Xavier JOHNSON	FR	Mesa CC	1.80m	5-10¼	3/4
8	D'angelo FOSTER	SO	Mesa CC	1.74m	5-8½	1/22



2016 Outdoor Track & Field, Week #4

Men's Pole Vault

ATLANTIC

1	Trey KENNEDY	SO	Vincennes	4.87m	15-11¾	2/13
2	Jordan DOWNS	FR	Vincennes	4.60m	15-1	4/15
3	Michael BOGER	SO	Vincennes	4.50m	14-9	4/15

CENTRAL

1	Chance CHRISMAN	FR	Cloud County CC	4.65m	15-3	4/9
2	Scott HILL	SO	Cowley County CC	4.60m	15-1	2/19
3	Jon CERVELLERA DOMINQUEZ	FR	Cowley County CC	4.50m	14-9	2/5
4	Mace METCALF	FR	Cowley County CC	4.30m	14-1¼	1/8
5	Malik JEFFERSON	SO	Johnson County CC	4.20m	13-9¾	4/16
6	Kyle GIERHAN	FR	Cloud County CC	4.17m	13-8¾	4/2
7	Seth SNELLING	FR	Hutchinson CC	4.15m	13-7¾	2/19
8	Matthew WHITLEY	FR	Northwest Kansas Tech	4.10m	13-5¾	4/8

MIDWEST

1	Nathaniel WESOLEK	FR	DuPage	4.90m	16-¾	4/1
1	Lens MCKEOWN	SO	Iowa Western CC	4.90m	16-¾	3/4
3	Issac RIESSELMAN	SO	Iowa Western CC	4.46m	14-7½	3/22
4	Michael AMERLAN	SO	DuPage	4.05m	13-3½	2/6
5	Shane BRUNI	SO	DuPage	3.83m	12-6¾	2/12
6	Jared SEAY	FR	Iowa Central CC	3.40m	11-1¼	2/19
7	Connor YOUNG	SO	Iowa Western CC	3.35m	10-11¾	1/23

WEST

1	Leonard BELLGARDT	SO	Mesa CC	4.91m	16-1¼	2/20
2	Treston SLATER	SO	Mesa CC	4.90m	16-¾	3/24
3	D'angelo FOSTER	SO	Mesa CC	4.45m	14-7¾	3/24
3	Gabe MOORE	FR	South Plains	4.45m	14-7¾	3/26
5	Cody MCBRIDE	FR	Paradise Valley CC	4.20m	13-9¾	2/20
7	Logan MCBRIDE	FR	South Plains	4.14m	13-7	3/4
8	Nicholas BATTLES	FR	Glendale (Ariz.) CC	4.05m	13-3½	2/20



2016 Outdoor Track & Field, Week #4

Men's Long Jump

ATLANTIC

1	Isaiah THOMAS	SO	Vincennes	7.36m	1-1¼ (1.0)	4/15
2	Marcus FINNIE	SO	Richard Bland	6.99m	22-11¼ ()	12/5
3	Jordan DOWNS	FR	Vincennes	6.88m	22-7 ()	1/23
4	Kamar HARRIS	FR	Monroe	6.67m	21-10¼ ()	2/12
5	Qasim RAY	SO	Monroe	6.56m	21-6¼ ()	1/9
6	roman HAMPTON	FR	Lincoln (Ill.)	6.45m	21-2 ()	3/24
6	Brendon PEREZ	FR	Monroe	6.45m	21-2 (1.0)	4/1
8	Michael BOGER	SO	Vincennes	6.35m	20-10 ()	1/16

CENTRAL

1	Mohammed ABUBAKAR	SO	Butler (Kan.) CC	7.70m	25-3¼ ()	2/19
2	Denroc DIXON	FR	Barton County CC	7.56m	24-9¼ ()	2/19
3	Leon BOYD	SO	Barton County CC	7.52m	24-8¼ ()	2/19
4	James HAMBRICK	FR	Butler (Kan.) CC	7.34m	24-1 ()	2/5
5	Joshua WILSON	SO	Meridian CC	7.33m	¼-¾ (1.3)	4/9
6	Kevin PHILBERT	FR	Cloud County CC	7.31m	23-11¼ ()	2/19
7	James HALEY	FR	Garden City CC	7.30m	11¼ (1.5)	4/8
8	Quincy WATTS	FR	Garden City CC	7.25m	23-9¼ ()	1/22

MIDWEST

1	Odaine LEWIS	FR	Iowa Central CC	7.58m	24-10¼ ()	2/19
2	Jah-Nhai PERINCHIEF	FR	Iowa Central CC	7.51m	1-7¼ (1.1)	4/13
3	Stevens DORCELUS	SO	Iowa Western CC	7.28m	23-10¼ ()	2/19
4	Kevin SMITH	FR	Iowa Central CC	7.22m	23-8¼ ()	2/12
5	Connor YOUNG	SO	Iowa Western CC	6.76m	22-2¼ ()	2/19
7	Alex JASPER	FR	DuPage	6.59m	21-7¼ ()	2/19

WEST

1	Fabian EDOKI	FR	South Plains	8.02m	¾-3¼ (2.3)	3/26
2	Saahir BETHEA	FR	South Plains	7.70m	25-3¼ ()	2/19
3	Derrick MONROE	FR	South Plains	7.61mw	11¼ (3.0)	3/26
4	Adrian KING	FR	Mesa CC	7.36m	1-1¼ (2.4)	3/18
5	Travis RILEY	FR	Western Texas	7.27mw	10¼ (2.7)	3/24
6	Treyshon MALONE	FR	Pima CC	7.11m	23-4 ()	2/27
7	Tyler JOHNSON	SO	Pima CC	7.09m	23-3¼ ()	1/22
8	Isaiah BANKS	FR	Pima CC	7.04m	1-1¼ (0.0)	3/18



2016 Outdoor Track & Field, Week #4

Men's Triple Jump

ATLANTIC

1	Brendon PEREZ	FR	Monroe	13.32m	43-8½ ()	2/12
2	Isaiah THOMAS	FR	Vincennes	13.31m	43-8 ()	3/24
3	Nick WILLIAMS	SO	Richard Bland	13.19m	43-3¼ ()	1/29
4	Kamar HARRIS	FR	Monroe	13.03m	42-9 ()	2/6
5	Justin SAPINI	SO	Monroe	12.80m	42-0 ()	2/12
6	Jordan DOWNS	FR	Vincennes	12.59m	41-3¼ (0.0)	4/15
7	Antonio BOONE	SO	Richard Bland	11.79m	38-8¼ ()	2/21

CENTRAL

1	Leon BOYD	SO	Barton County CC	15.44m	50-8 ()	1/8
2	Mohammed ABUBAKAR	SO	Butler (Kan.) CC	15.35m	50-4½ ()	2/19
3	Elijah SMITH	FR	Butler (Kan.) CC	15.19m	49-10 ()	4/9
4	Ceaser STEPHENS	FR	Allen CC	15.04m	49-4¼ (2.0)	4/2
5	Adama MBYE	FR	Barton County CC	15.00m	49-2½ ()	2/19
6	Kevin PHILBERT	FR	Cloud County CC	14.97m	49-1½ ()	2/19
7	Denroc DIXON	FR	Barton County CC	14.75m	48-4¼ ()	2/5
8	Ramel MASON	FR	Cloud County CC	14.41mw	47-3½ (5.8)	4/13

MIDWEST

1	Odaine LEWIS	FR	Iowa Central CC	15.83m	51-11¼ ()	2/19
2	Jah-Nhai PERINCHIEF	FR	Iowa Central CC	15.54m	51-0 ()	1/22
3	Stevens DORCELUS	SO	Iowa Western CC	14.20m	46-7¼ ()	2/19
4	Ameer BANKS	FR	Iowa Western CC	13.76m	45-1¼ ()	2/19
5	Zac DANIELS	FR	Iowa Central CC	13.75m	45-1½ (2.0)	3/25
8	Ruben DORSEY	SO	North Iowa Area CC	13.28m	43-7 ()	2/6

WEST

1	Fabian EDOKI	FR	South Plains	15.73m	51-7¼ (2.1)	3/30
2	Travis RILEY	FR	Western Texas	15.06m	49-5 (2.3)	3/31
3	Saahir BETHEA	FR	South Plains	15.02m	49-3½ ()	3/4
4	Fletcher SHERRARD	FR	South Plains	14.36m	47-1½ ()	2/19
5	Nic SIBLEY	FR	Pima CC	14.19m	46-6¼ ()	2/5
7	Frederick WAGNER	FR	Glendale (Ariz.) CC	13.44m	44-1¼ ()	1/30
8	Donte CARR	FR	Paradise Valley CC	13.38m	43-10¼ ()	2/20



2016 Outdoor Track & Field, Week #4

Men's Shot Put

ATLANTIC

1	jared KERN	SO	Lincoln (Ill.)	18.62m	61-1¼	4/14
2	kyle KLING	SO	Lincoln (Ill.)	16.40m	53-9¾	4/14
3	Hunter SCHUMAN	SO	Vincennes	15.33m	50-3½	2/19
4	David SATCHELL	FR	Monroe	14.51m	47-7¼	4/10
5	Torry MILLER	SO	Richard Bland	14.43m	47-4¼	12/5
6	torrey JOHNSON	FR	Lincoln (Ill.)	13.48m	44-2¾	4/14

CENTRAL

1	Jeremiah PETERS	FR	Coffeyville CC	16.47m	54-½	3/4
2	Kyrin TUCKER	SO	Coffeyville CC	16.42m	53-10½	1/16
3	Stevon CROOKS	FR	Barton County CC	16.25m	53-3¾	4/8
4	Romario ANTOINE	SO	Barton County CC	16.19m	53-1½	3/4
5	Dequan LOVELL	FR	Coffeyville CC	16.07m	52-8¾	4/1
6	Aaron BROWN	SO	Garden City CC	15.58m	51-1½	3/18
7	Rajindra CAMPBELL	FR	Cloud County CC	15.46m	50-8¾	3/4
8	Ricky NELSON	FR	Barton County CC	15.45m	50-8¾	4/8

MIDWEST

1	Jamal WHITTAKER	SO	Iowa Central CC	18.02m	59-1½	2/19
2	Sterling MUNGRO	FR	Iowa Central CC	18.01m	59-1¼	3/4
3	Brian WILLIAMS	SO	Iowa Central CC	17.62m	57-9¾	4/13
4	Jacob BARENTS	SO	Iowa Western CC	16.90m	55-5½	2/19
5	Omar LEWIS	SO	Iowa Western CC	16.72m	54-10¼	2/19

WEST

1	Hezekiel ROMEO	SO	Central Arizona	17.87m	58-7½	4/2
2	William PARTRIDGE	FR	Central Arizona	15.74m	51-7¾	2/5
3	Josh HAMBERLIN	SO	Mesa CC	14.78m	48-6	2/5
4	Jacob MCBRIDE	SO	Mesa CC	14.57m	47-9¾	4/2
5	Patrick MORENO	FR	Glendale (Ariz.) CC	13.77m	45-2¼	3/26
6	Bishop LISTER	SO	Mesa CC	13.69m	44-11	1/30
7	Gabe MOORE	FR	South Plains	13.52m	44-4¼	1/22
8	Eric MUNOZ	FR	Glendale (Ariz.) CC	12.95m	42-6	2/27



2016 Outdoor Track & Field, Week #4

Men's Discus

ATLANTIC

1	kyle KLING	SO	Lincoln (Ill.)	46.74m	153-4	4/14
2	jared KERN	SO	Lincoln (Ill.)	39.37m	129-2	3/24
3	David SATCHELL	FR	Monroe	38.16m	125-2	4/1
4	trevor OLDHAM	SO	Lincoln (Ill.)	33.60m	110-3	3/24

CENTRAL

1	Ricky NELSON	FR	Barton County CC	54.44m	178-7	4/13
2	Rajindra CAMPBELL	FR	Cloud County CC	52.50m	172-3	4/13
3	Kyrin TUCKER	SO	Coffeyville CC	49.88m	163-7	4/16
4	Josephus DAVIES	FR	Coffeyville CC	49.37m	161-11	4/9
5	Romario ANTOINE	SO	Barton County CC	48.82m	160-2	4/8
6	Jeremiah PETERS	FR	Coffeyville CC	48.12m	157-10	4/16
7	Donald DALEY	SO	Barton County CC	46.23m	151-8	3/25

MIDWEST

1	Brian WILLIAMS	SO	Iowa Central CC	63.23m	207-5	4/9
2	Jacob BARENTS	SO	Iowa Western CC	51.10m	167-8	3/22
3	Jamal WHITTAKER	SO	Iowa Central CC	49.37m	161-11	4/9
4	Sterling MUNGRO	FR	Iowa Central CC	45.92m	150-8	4/9
6	Omar LEWIS	SO	Iowa Western CC	43.59m	143-0	4/9
7	Paul FINA	SO	DuPage	40.98m	134-5	4/15
8	Keegan LONGABAUGH	SO	Southwestern (Iowa) CC	40.04m	131-4	4/2

WEST

1	Matthias MCIVER	FR	Glendale (Ariz.) CC	47.78m	156-9	4/2
2	Patrick MORENO	FR	Glendale (Ariz.) CC	47.23m	154-11	4/2
3	Jacob MCBRIDE	SO	Mesa CC	43.98m	144-3	3/24
4	Jordan REZAC	SO	Mesa CC	43.79m	143-8	3/18
5	Gabe MOORE	FR	South Plains	43.04m	141-2	3/26
6	Nicolas DUNKER	FR	Mesa CC	40.80m	133-10	3/24



2016 Outdoor Track & Field, Week #4

Men's Hammer

ATLANTIC

1	Hunter SCHUMAN	SO	Vincennes	45.75m	150-1	3/24
2	kyle KLING	SO	Lincoln (Ill.)	42.88m	140-8	4/14
3	torrey JOHNSON	FR	Lincoln (Ill.)	42.30m	138-9	4/14
4	jared KERN	SO	Lincoln (Ill.)	41.59m	136-5	4/14

CENTRAL

1	Sergio GUIJO SANCHEZ	SO	Cowley County CC	60.71m	199-2	4/13
2	Donald DALEY	SO	Barton County CC	58.07m	190-6	4/1
3	Corey ROBINSON	SO	Coffeyville CC	51.97m	170-6	3/10
4	Ricky NELSON	FR	Barton County CC	49.66m	162-11	4/8
5	Brett PETERS	SO	Cloud County CC	49.65m	162-10	4/13
6	Josephus DAVIES	FR	Coffeyville CC	48.84m	160-3	4/16
7	Dallas THOMPSON	SO	Hutchinson CC	48.68m	159-8	4/8
8	Jr JOSEPH	SO	Hutchinson CC	48.52m	159-2	4/2

MIDWEST

1	Jacob BARENTS	SO	Iowa Western CC	56.12m	184-1	4/1
2	Alex BARTHOLOMEW	FR	Iowa Western CC	55.00m	180-5	4/9
3	Jamal WHITTAKER	SO	Iowa Central CC	54.56m	179-0	4/9
4	Brian WILLIAMS	SO	Iowa Central CC	54.18m	177-9	4/9
5	Sterling MUNGRO	FR	Iowa Central CC	52.95m	173-8	3/25
8	Omar LEWIS	SO	Iowa Western CC	44.65m	146-6	4/9

WEST

1	Jacob MCBRIDE	SO	Mesa CC	57.75m	189-5	4/8
2	Josh HAMBERLIN	SO	Mesa CC	57.26m	187-10	4/8
3	Clay CAMPBELL	FR	Mesa CC	55.99m	183-8	4/8
5	William PARTRIDGE	FR	Central Arizona	46.45m	152-4	3/18
8	Hezekiel ROMEO	SO	Central Arizona	42.44m	139-3	4/2



2016 Outdoor Track & Field, Week #4

Men's Javelin

ATLANTIC

1	Gus LATHROP	FR	Vincennes	44.77m	146-10	4/15
2	deonta JOHNSON	FR	Lincoln (Ill.)	44.67m	146-6	4/14
3	daniel WELLING	FR	Lincoln (Ill.)	43.56m	142-11	4/9
4	austin PICTON	SO	Lincoln (Ill.)	39.92m	130-11	4/14
6	Isaiah THOMAS	FR	Vincennes	25.05m	82-2¼	3/24

CENTRAL

1	Sergio WILSON	FR	Neosho County CC	62.38m	204-8	3/10
2	Anthony CISNEROS	FR	Hutchinson CC	58.09m	190-7	4/16
3	Chris ALLEN	SO	Hutchinson CC	57.78m	189-7	3/10
4	Carter GRISSOM	SO	Johnson County CC	56.66m	185-10	4/9
5	Ivan SANTIAGO BRAVO	SO	Cowley County CC	56.48m	185-3	4/13
6	Tyler PATTERSON	FR	Barton County CC	56.27m	184-7	4/13
7	Kavan MARK	SO	Butler (Kan.) CC	54.99m	180-5	3/10
8	Brice BRUMETT	FR	Cloud County CC	54.17m	177-8	3/10

MIDWEST

1	Issac RIESSELMAN	SO	Iowa Western CC	48.42m	158-10	3/22
2	Alex BARTHOLOMEW	FR	Iowa Western CC	48.38m	158-8	4/9
3	Logan WRIGHT	SO	DuPage	46.85m	153-8	4/15
4	Christian VILLANUEVA	FR	Iowa Western CC	45.08m	147-11	3/22
5	Devon WEBSTER	FR	North Iowa Area CC	44.10m	144-8	4/15
6	Michael AMERLAN	SO	DuPage	44.01m	144-4	4/15
7	Jacob WADDLE	SO	North Iowa Area CC	43.70m	143-4	4/9
8	Dennis ELMS JANSSON	FR	North Iowa Area CC	43.52m	142-9	4/2

WEST

1	Adrian WILLIAMS	FR	South Plains	66.95m	219-8	3/30
2	Gabe MOORE	FR	South Plains	54.13m	177-7	3/26
3	Josh HAMBERLIN	SO	Mesa CC	50.97m	167-2	3/24
4	Devonte RODRIGUEZ	FR	Pima CC	48.37m	158-8	3/18
5	Eric MUNOZ	FR	Glendale (Ariz.) CC	46.65m	153-0	4/8
6	Hezekiel ROMEO	SO	Central Arizona	46.45m	152-4	4/2
7	Reece LAFAYE	SO	Pima CC	45.23m	148-4	3/24
8	Brandon ORNELAS	SO	Pima CC	44.85m	147-1	3/24



2016 Outdoor Track & Field, Week #4

Men's Decathlon

CENTRAL

1	Mace METCALF	FR	Cowley County CC	5,874	4/6
2	Jared PFEIFER	FR	Cloud County CC	5,566	4/6
3	Terrell VENNING	FR	Coffeyville CC	4,684	4/6
4	Demitrius HEATH	FR	Cloud County CC	4,045	4/6
5	Parker RAY	FR	Cowley County CC	3,422	4/6
6	Stephen MUCKENTHALER	FR	Cowley County CC	3,359	4/6

MIDWEST

1	Michael AMERLAN	SO	DuPage	6,014	4/15
2	Alex JASPER	FR	DuPage	4,987	4/15

WEST

1	Gabe MOORE	FR	South Plains	7,039	3/30
2	D'angelo FOSTER	SO	Mesa CC	6,570	3/24
3	Reece LAFAYE	SO	Pima CC	5,889	3/24
4	Logan MCBRIDE	FR	South Plains	5,535	4/7
5	Brandon ORNELAS	SO	Pima CC	5,377	3/24
6	Steven CARTER	SO	Pima CC	4,844	3/24



2016 Outdoor Track & Field, Week #4

Women's 100 Meters

ATLANTIC

1	Denesha RANSOME	SO	Monroe	11.99	(1.1)	4/1
2	ebony SMITH	SO	Lincoln (Ill.)	12.13w	(4.4)	4/14
3	Monique SPENCER	FR	Essex County (N.J.)	12.15	(1.4)	3/31
4	Shaian VANDENBURGH	FR	Monroe	12.28	(0.1)	4/10
5	Jerinique BROOKS	FR	Essex County (N.J.)	12.30	(1.1)	3/31
6	Rochelle WILLIAMS	FR	Monroe	12.50	(1.1)	4/1
8	Rayven RAY	SO	CCBC Essex	12.64w	(9.9)	4/8

CENTRAL

1	Angelica COLLINS	SO	Coffeyville CC	11.74w	(3.4)	3/25
2	Alexxis MILNER	FR	Butler (Kan.) CC	11.83	()	4/9
3	Ona GILES	SO	Butler (Kan.) CC	11.85	()	4/2
4	Ashley HENDERSON	FR	Meridian CC	11.86	(0.1)	4/9
5	Nikilah MCKINNEY	FR	Arkansas Baptist	11.91	(0.3)	4/8
6	Sabrina MASON	FR	Barton County CC	11.97w	(2.8)	3/25
7	Jade WEATHERSBY	SO	Cloud County CC	12.02	()	4/9
8	Maya GENARD	SO	Cowley County CC	12.03	()	3/10

MIDWEST

1	Eboni COBY	SO	Iowa Central CC	11.42	(1.5)	3/25
2	Danielle RIGGINS	SO	Iowa Central CC	11.56	(2.2)	4/13
3	Ariel JACKSON	SO	Iowa Central CC	11.57	(2.2)	4/13
4	Kianje POLLARD	SO	Iowa Western CC	12.11	()	4/9
5	Chyna WATSON-REID	FR	Iowa Western CC	12.15w	(3.2)	3/22
6	Brittney ANDERSON	SO	Iowa Western CC	12.23	()	4/9
8	Sisilia SEAVULA	FR	Southwestern (Iowa) CC	12.28w	(4.5)	4/9

WEST

1	Rene MEDLEY	FR	Western Texas	11.65w	(5.8)	4/9
2	Aaliyah TELESFORD	SO	South Plains	11.71w	(5.8)	4/9
3	Mauricia PRIETO	FR	South Plains	11.74w	(3.4)	4/9
4	Diamond WASHINGTON	SO	Central Arizona	11.87cA	1.84 (1.7)	3/26
5	Shanice WILLIAMS	FR	Western Texas	11.90w	(5.8)	4/9
6	Stephanie HALE	SO	Western Texas	11.91w	(3.4)	4/9
7	Kamira FRANKLIN	FR	New Mexico JC	11.93wcA	1.90 (3.3)	3/26
8	Joi GILL	FR	South Plains	11.99w	(3.4)	4/9



2016 Outdoor Track & Field, Week #4

Women's 200 Meters

ATLANTIC

1	Zakiya DENOON	FR	Monroe	23.64	()	1/29
2	Tristan EVEYLN	FR	Monroe	24.70	()	2/12
3	Ariane STRUNKEY	FR	Monroe	24.91	()	2/5
5	Jerinique BROOKS	FR	Essex County (N.J.)	25.17	()	2/5
8	Monique SPENCER	FR	Essex County (N.J.)	25.50	()	3/4

CENTRAL

1	Ashley HENDERSON	FR	Meridian CC	23.95	(1.6)	4/15
2	Sunkietra MCALLISTER	SO	Arkansas Baptist	24.20	(-0.4)	4/8
3	O'neisha GLOVER	SO	Barton County CC	24.48cA	24.41 (2.1)	4/8
4	Ona GILES	SO	Butler (Kan.) CC	24.53	()	3/10
5	Maya GENARD		Cowley County CC	24.54	()	12/5
6	Sabrina MASON	FR	Barton County CC	24.58	(2.3)	3/25
7	Tamara STYLE	SO	Barton County CC	24.62w	(3.0)	4/1
8	Nikilah MCKINNEY	FR	Arkansas Baptist	24.65	(-0.4)	4/8

MIDWEST

1	Danielle RIGGINS	SO	Iowa Central CC	24.07w	(2.8)	4/13
2	Eboni COBY	SO	Iowa Central CC	24.35	()	2/5
3	Treshanna TAYLOR	SO	Iowa Western CC	24.49	()	4/9
4	Ariel JACKSON	SO	Iowa Central CC	24.63	()	2/12
5	Kianje POLLARD	SO	Iowa Western CC	24.93	()	4/9
6	Jasmin ALLEN	SO	Iowa Western CC	25.25	()	4/9

WEST

1	Christine MOSS	FR	New Mexico JC	23.49cA	23.42 (1.1)	4/8
2	Mauricia PRIETO	FR	South Plains	24.06cA	23.99 (2.1)	3/26
3	Kayelle CLARKE	SO	New Mexico JC	24.16	()	2/5
4	Camira HAUGHTON	SO	Central Arizona	24.29	(1.0)	4/2
5	Rene MEDLEY	FR	Western Texas	24.42cA	24.35 (0.0)	3/24
6	Taylor HILL	FR	South Plains	24.47	()	2/19
6	Quadaisha NEWKIRK	SO	New Mexico JC	24.47wcA	24.40 (4.3)	4/8



2016 Outdoor Track & Field, Week #4

Women's 400 Meters

ATLANTIC

1	Zakiya DENOON	FR	Monroe	56.21	4/1
2	Ariane STRUNKEY	FR	Monroe	56.63	2/5
3	J'Renda RIVERA	SO	Monroe	57.28	2/12
4	Eugene HUE	FR	Essex County (N.J.)	57.96	3/31
7	Aarionna BANKS	FR	Cuyahoga CC	1:00.47	4/16
8	Amber RUIZ-BUENO	FR	Cuyahoga CC	1:00.52 OT	1/23

CENTRAL

1	Rian ROBINSON	FR	Barton County CC	54.64 OT	2/19
2	Alexis LUCKETT	SO	Hinds CC	55.39	4/9
3	O'neisha GLOVER	SO	Barton County CC	56.12	3/25
3	Kyelah HODGES	FR	Highland (Kan.) CC	56.12	4/9
5	Sabrina MASON	FR	Barton County CC	56.56	3/18
7	E'Keisha HOLLINS	SO	Hinds CC	57.18	4/15

MIDWEST

1	Ariel JACKSON	SO	Iowa Central CC	55.97	3/4
2	Taffoya SHIRLEY	SO	Iowa Western CC	56.25	2/12
3	Danielle RIGGINS	SO	Iowa Central CC	56.26 OT	2/12
4	Shatia HUBBARD	FR	Iowa Central CC	56.33	3/25
5	Jasmin ALLEN	SO	Iowa Western CC	56.47	2/5
6	Kianje POLLARD	SO	Iowa Western CC	57.16	4/13

WEST

1	Camira HAUGHTON	SO	Central Arizona	54.45	4/8
2	Christine MOSS	FR	New Mexico JC	54.60cA	54.49 3/26
3	Cameka WITTER	FR	Western Texas	54.68	4/9
4	Medinah SPENCER	SO	South Plains	55.09	2/19
5	Jahneya MITCHELL	SO	New Mexico JC	55.12cA	55.01 3/26
6	Quadaisha NEWKIRK	SO	New Mexico JC	55.22cA	55.11 4/8
7	Georgia TOMLINSON	SO	Southwestern Christian (	55.29	4/16
8	Saquikine CAMERON	FR	South Plains	55.99	2/19



2016 Outdoor Track & Field, Week #4

Women's 800 Meters

ATLANTIC

1	Susan EJOORE	FR	Monroe	2:07.32	1/29
2	Eugene HUE	FR	Essex County (N.J.)	2:14.04	4/15
3	Madison SLATER	FR	Lansing CC	2:17.63	4/16
4	Kelly O'SHEA	SO	Vincennes	2:18.65 OT	2/13
5	Rohwanna SMITH	SO	ASA College	2:20.82	4/17
6	Tashay ROBERTS	FR	Monroe	2:21.73	2/12
7	Lacey WOJT	SO	Macomb CC	2:23.76 OT	2/19
8	Anais DA SILVA	FR	Vincennes	2:24.24	2/19

CENTRAL

1	Asha DOUGLAS	FR	Barton County CC	2:16.68	1/15
2	Stephanie BARRETT	SO	Cloud County CC	2:16.74	4/2
3	Courtney FREED	FR	Cloud County CC	2:18.47	4/2
4	Mattie SWISHER	FR	Dodge City CC	2:21.04	3/4
5	Kristina VUJANIC	SO	Butler (Kan.) CC	2:21.05 OT	2/19
6	Divina HENRY	FR	Coffeyville CC	2:21.11 OT	2/12
7	Jessica COLEMAN	SO	Garden City CC	2:22.40	4/8
8	Courtney GRIFFITHS	FR	Cowley County CC	2:23.13	3/10

MIDWEST

1	Faheemah SCRADERS	FR	Iowa Central CC	2:13.89	3/25
2	Taffoya SHIRLEY	SO	Iowa Western CC	2:20.16	4/13
3	Shanieke WATSON	FR	Iowa Western CC	2:21.48	3/22
4	Leanne POMPEANI	FR	Iowa Central CC	2:24.75	4/9
5	Tangy WISEMAN	SO	Iowa Central CC	2:25.89	4/9
6	Sola STEPHENSON	FR	North Iowa Area CC	2:31.62	1/22
7	Samantha SYFERT	SO	Indian Hills CC	2:33.91	4/1
8	Ariat OLOK	FR	Iowa Western CC	2:34.11	3/22

WEST

1	Marleena EUBANKS	SO	Central Arizona	2:07.15	4/8
2	Cameka WITTER	FR	Western Texas	2:16.90 OT	1/29
3	Rachael ZEIGER	SO	Gillette	2:17.23	2/19
4	Latriceia SMITH	FR	South Plains	2:17.72	2/5
5	Shalise FERNANDER	SO	Pima CC	2:17.79	4/8
6	Ja'ianna WILLIAMS	SO	New Mexico JC	2:18.01cA 2:18.42	3/24
7	Rose JEBET	FR	New Mexico JC	2:18.27	2/12
8	Silvia SOSA	SO	New Mexico JC	2:20.67	2/5



2016 Outdoor Track & Field, Week #4

Women's 1500 Meters

ATLANTIC

1	Susan EIORE	FR	Monroe	4:28.97c	50.49(1)	2/12
2	Nokuthula DLAMINI	FR	Monroe	4:36.93c	59.09(1)	1/29
3	Taylor THRUSH	FR	Lansing CC	4:46.61		4/16
4	Kelly O'SHEA	SO	Vincennes	4:49.93c	53.13(1)	2/12
5	mallory THARP	SO	Lincoln (Ill.)	4:50.86		4/14
6	Anais DA SILVA	FR	Vincennes	4:53.47c	56.95(1)	2/13
7	Kelly BABCOCK	SO	Lansing CC	4:59.25		4/16
8	Krista MAGNESS	FR	Lansing CC	5:00.74		4/16

CENTRAL

1	Mattie SWISHER	FR	Dodge City CC	4:53.89		3/10
2	Kaitlyn SHOEMAKER	FR	Allen CC	4:54.59		3/25
3	Stephanie BARRETT	SO	Cloud County CC	4:56.17		3/10
4	Asha DOUGLAS	FR	Barton County CC	5:01.23cA	5:05.51	4/8
5	Victoria KEHLER	FR	Cottey	5:03.04		4/9
6	Bailey WALSER	FR	Dodge City CC	5:04.41		3/10
7	J'Cee HOLMES	SO	Coffeyville CC	5:05.23		4/16
8	Shelia SAMOEI	SO	Butler (Kan.) CC	5:05.51c	52.96(1)	2/19

MIDWEST

1	Leanne POMPEANI	FR	Iowa Central CC	4:39.79		3/25
2	Shanieke WATSON	FR	Iowa Western CC	4:43.16		4/13
3	Faheemah SCRADERS	FR	Iowa Central CC	4:46.36		4/13
4	Tangy WISEMAN	SO	Iowa Central CC	5:00.07		4/9
5	Ariat OLOK	FR	Iowa Western CC	5:18.21		4/9
6	Baylor GRAHAM	SO	Iowa Western CC	5:31.12		4/9
8	Kendra SCHMIDT	FR	North Iowa Area CC	5:33.38c	00.06(1)	1/23

WEST

1	Marleena EUBANKS	SO	Central Arizona	4:34.59		3/18
2	Rachael ZEIGER	SO	Gillette	4:42.09c	04.66(1)	2/12
3	Allyson GIRARD	FR	Mesa CC	4:42.24		4/8
4	Rose JEBET	FR	New Mexico JC	4:46.72c	09.66(1)	3/4
5	Taylor BRENDEN	FR	Paradise Valley CC	4:51.09		4/8
6	Ramsey CHANCELLOR	SO	Central Arizona	4:57.30c	21.09(1)	3/4
7	Katy LOYD	FR	Pima CC	4:57.51c	21.32(1)	3/4
8	Adeline MONTGOMERY	FR	Mesa CC	4:57.84		3/24



2016 Outdoor Track & Field, Week #4

Women's Steeplechase

ATLANTIC

1	Kelly O'SHEA	SO	Vincennes	11:29.84	4/1
2	Karen BARRIENTOS RODRIGUEZ	SO	Cuyahoga CC	11:50.24	3/17
3	Veronica TOWIANSKI	FR	Macomb CC	12:42.44	4/16
4	Breanna GAHAGAN	SO	Vincennes	13:52.39	4/1
5	Amber RUIZ-BUENO	FR	Cuyahoga CC	13:57.46	4/16
6	Kathryn PIAR	FR	Cuyahoga CC	14:38.66	4/16

CENTRAL

1	Holly PIERCE	SO	Barton County CC	12:09.22	3/25
2	Shelia SAMOEI	SO	Butler (Kan.) CC	12:57.48	4/9
3	Rachel WHITE	FR	Dodge City CC	13:04.15	4/9
4	Janie SALINAS	FR	Butler (Kan.) CC	13:09.51	4/9
5	Brooke DOTSON	SO	Johnson County CC	13:36.70	4/16
6	Sara DORADO	FR	Cowley County CC	14:01.22	3/25
7	Angela LINGG	SO	Hutchinson CC	14:10.00	4/2
8	Laramie LEAKEY	SO	Cloud County CC	15:15.04	4/9

MIDWEST

1	Shanieke WATSON	FR	Iowa Western CC	11:26.14	4/1
2	Tangy WISEMAN	SO	Iowa Central CC	11:30.24	3/25
3	Angelica GUTIERREZ	SO	Iowa Central CC	12:41.44	4/13
4	Ayrica PARSONS	FR	Indian Hills CC	12:42.30	4/15
5	Emily FLAIG	FR	Indian Hills CC	13:02.89	4/15
6	Ariat OLOK	FR	Iowa Western CC	13:25.98	4/1
7	Jordan LANE	FR	North Iowa Area CC	13:29.85	4/9

WEST

1	Hannah JARMAN	FR	Paradise Valley CC	11:27.75	4/8
2	Billie Jo DYTRT	SO	Paradise Valley CC	11:42.20	4/8
3	Kelsey MONTANO	SO	Pima CC	11:51.93	3/24
4	Kaitlyn VOLK	FR	Central Arizona	11:54.40	4/8
5	Taylor BRENDEEN	FR	Paradise Valley CC	12:09.04	3/18
6	Gabby YBARRA	FR	Mesa CC	12:17.35	3/24
7	Ruth CHEPSAT	FR	Gillette	12:46.71cA12:56.22	4/9
8	Jelani HUMA	FR	Central Arizona	12:51.00	4/8



2016 Outdoor Track & Field, Week #4

Women's 5000 Meters

ATLANTIC

1	Nokuthula DLAMINI	FR	Monroe	17:09.05	2/12
2	Anais DA SILVA	FR	Vincennes	17:51.89	3/4
3	Karen BARRIENTOS RODRIGUEZ	SO	Cuyahoga CC	18:11.48	3/4
4	Stephany SISLAVA	FR	Louisburg	18:52.29	3/4
5	Miranda WOLANIN	FR	Macomb CC	19:23.00	1/29
6	Kayla KRAFT	SO	Lansing CC	19:27.43	4/16
7	Janeth MAGANA	FR	Vincennes	19:40.58	4/1
8	Casey HADAWAY	FR	Lansing CC	20:08.93	4/16

CENTRAL

1	Kaitlyn SHOEMAKER	FR	Allen CC	18:05.69	4/1
2	Shelia SAMOEI	SO	Butler (Kan.) CC	19:05.26	3/4
3	Kristina SILVERS	FR	Allen CC	19:07.99	4/1
4	Vicky IBARRA	FR	Allen CC	19:12.18	4/1
5	J'Cee HOLMES	SO	Coffeyville CC	19:43.20	3/4
6	Winnie KIBET	FR	Colby (Kan.) CC	19:45.44 OT	2/19
7	Holly PIERCE	SO	Barton County CC	19:49.84	3/18
8	Sarah KURPUJWEIT	SO	Cottey	19:53.81 OT	2/12

MIDWEST

1	Leanne POMPEANI	FR	Iowa Central CC	16:42.07 OT	2/12
2	Tangy WISEMAN	SO	Iowa Central CC	18:42.07	4/13
3	Angelica GUTIERREZ	SO	Iowa Central CC	19:21.71	4/9
4	Paige BAIER	FR	Iowa Western CC	21:11.41	3/22
6	Baylor GRAHAM	SO	Iowa Western CC	22:30.10	3/22
7	Hetasvi PATEL	FR	Iowa Western CC	23:21.22	2/19
8	Shiomi KUWABARA	FR	Southwestern (Iowa) CC	24:30.80	4/9

WEST

1	Hannah JARMAN	FR	Paradise Valley CC	17:58.04	4/15
2	Allyson GIRARD	FR	Mesa CC	18:03.26	4/8
3	Billie Jo DYTRT	SO	Paradise Valley CC	18:27.98	3/24
4	Katy LOYD	FR	Pima CC	18:41.71	4/8
5	Gabby YBARRA	FR	Mesa CC	19:02.87	3/4
6	Benisse INAMAHORO	FR	Ranger	19:06.35	3/3
7	Kenzie FITZGERALD	FR	Glendale (Ariz.) CC	19:15.25	3/26
8	Samantha HARMON	FR	Gillette	19:16.80	3/4



2016 Outdoor Track & Field, Week #4

Women's 10,000 Meters

ATLANTIC

1	Anais DA SILVA	FR	Vincennes	37:24.32	4/15
2	Miranda WOLANIN	SO	Macomb CC	41:53.58	4/16
3	Maria CURREN	FR	Cuyahoga CC	44:27.61	3/17
4	Kimberly HOLIDAY	FR	Cuyahoga CC	48:31.51	4/16

CENTRAL

1	Winnie KIBET	FR	Colby (Kan.) CC	41:54.90	4/13
2	Angelica SORIA	SO	Hutchinson CC	42:35.54	4/8
3	Sarah MEYERS	FR	Colby (Kan.) CC	43:17.37	4/13
4	Breanna PHILLIPS	SO	Pratt CC	43:46.49	4/8
5	Emily WILLIAMS	SO	Johnson County CC	44:02.89	4/16
6	Alex FULTON	FR	Butler (Kan.) CC	44:45.09	4/13
7	Esmeralda RODRIGUEZ	FR	Meridian CC	44:45.66	4/9
8	Breanna BARNEY	SO	Johnson County CC	45:11.51	4/16

MIDWEST

1	Leanne POMPEANI	FR	Iowa Central CC	35:03.44	4/13
2	Baylor GRAHAM	SO	Iowa Western CC	44:05.99	4/13
3	Paige BAIER	FR	Iowa Western CC	44:11.47	4/13
4	Jamie GOBLIRSCH	FR	Iowa Western CC	45:19.93	4/13

WEST

1	Katy LOYD	FR	Pima CC	39:17.43	3/24
2	Kaitlyn VOLK	FR	Central Arizona	39:34.37	3/24
3	Samantha FELZIEN	FR	Pima CC	39:47.16	3/24
4	Paityn BAHM	SO	Paradise Valley CC	40:00.69	3/24
5	Jelani HUMA	FR	Central Arizona	41:00.82	3/24
6	Elizabeth DEATON	SO	Pima CC	41:52.47	3/24
7	Benisse INAMAHORO	FR	Ranger	42:10.85	2/27
8	Jessica SHIRLEY	FR	Central Arizona	42:10.88	3/24



2016 Outdoor Track & Field, Week #4

Women's 100 Meter Hurdles

ATLANTIC

1	Breisha MORTON	SO	Monroe	14.35	(1.5)	4/1
2	Leann PARKE	FR	ASA College	15.07	(-0.5)	4/17
3	Shennare WILLIAM	FR	Essex County (N.J.)	15.51	(-0.4)	3/31
4	Elizabeth BRISTOW	FR	Vincennes	15.59	()	3/24
5	Chelsey LINTON	SO	Essex County (N.J.)	15.81	(1.8)	4/15
6	Sara LEAMER	SO	Cuyahoga CC	16.07	(-0.1)	3/17
7	Regene GILL	FR	Vincennes	16.66	(-0.1)	4/15
8	Kassy DAMMERMAN	SO	Lincoln (Ill.)	16.96	()	3/24

CENTRAL

1	Tasha FRAZIER	SO	Barton County CC	13.99	(1.4)	3/25
2	Ayesha CHAMPAGNIE	FR	Barton County CC	14.16cA	14.12 (1.0)	4/8
3	Jasmine FRAZIER	SO	Butler (Kan.) CC	14.17	()	3/10
4	Vanessa JOSEPH	FR	Coffeyville CC	14.28w	(2.8)	4/16
5	Rachael O'NEIL	FR	Coffeyville CC	14.33	(1.3)	3/25
6	Karis PARKER	SO	Hutchinson CC	14.38w	(5.0)	4/8
7	Juliette SMITH	FR	Coffeyville CC	14.46w	(2.8)	4/16
8	Brianna PAYNE	FR	Barton County CC	14.51w	(3.2)	4/13

MIDWEST

1	Danielle RIGGINS	SO	Iowa Central CC	13.64	(1.2)	3/25
2	Kellyann JAMES	FR	Iowa Western CC	14.90	()	4/9
3	Detrich LODGE	FR	Iowa Western CC	14.94	()	4/9
4	Dasia SANDERS	FR	Iowa Western CC	15.12	()	4/9
5	Mallory VAWTER	FR	Iowa Central CC	15.13w	(2.6)	3/25
8	Mesha NEWBOLD	FR	Iowa Central CC	16.53	(1.8)	4/13

WEST

1	Medinah SPENCER	SO	South Plains	13.97w	(4.1)	4/9
2	Magaly TSHIPOPO	SO	Central Arizona	14.14	(1.7)	4/8
3	Kilee HAGERSTRAND	SO	Central Arizona	14.27	(1.7)	4/8
4	Latavia COOMBS	FR	New Mexico JC	14.52	(1.0)	3/30
5	Pedra HICKS	FR	Central Arizona	14.85	(2.0)	4/8
6	Ciearah HAIRSTON	SO	South Plains	15.08cA	15.04 (-2.)	3/26
7	Melody KORIE	FR	South Plains	15.41w	(3.6)	4/7
8	Abbigale BUTLER	FR	New Mexico JC	15.82cA	15.78 (1.0)	4/8



2016 Outdoor Track & Field, Week #4

Women's 400 Meter Hurdles

ATLANTIC

1	Breaisha MORTON	SO	Monroe	1:03.61	4/10
2	Sara LEAMER	SO	Cuyahoga CC	1:09.60	4/16
3	Aliyah MATTA	SO	Monroe	1:10.61	4/1
4	Taliyah MCCLAM	FR	ASA College	1:10.71	4/17
5	Yuleimi CHALAS	SO	ASA College	1:10.83	4/17
6	lauren WENDT	SO	Lincoln (Ill.)	1:11.80	4/14
7	Dayanna DAVIS	SO	Cuyahoga CC	1:15.26	4/16
8	hatiana THOMAS	FR	Lincoln (Ill.)	1:17.03	4/9

CENTRAL

1	Tamara STYLE	SO	Barton County CC	1:03.13	4/13
2	Kristina VUJANIC	SO	Butler (Kan.) CC	1:03.54	4/13
3	Vanessa JOSEPH	FR	Coffeyville CC	1:04.91	4/16
4	Brianna PAYNE	FR	Barton County CC	1:04.95	4/13
5	Michala WEBSTER	FR	Coffeyville CC	1:06.30	4/9
6	Jocindra GLEE	SO	Meridian CC	1:07.30	3/17
7	areka HANSON	SO	Johnson County CC	1:07.59	4/9
8	Chelsea GABRIEL	SO	Highland (Kan.) CC	1:07.78	4/9

MIDWEST

1	Mesha NEWBOLD	FR	Iowa Central CC	1:03.75	4/13
2	Lisa BLACKWOOD	FR	Iowa Western CC	1:06.83	4/9
3	Jessica COLEMAN	SO	Iowa Central CC	1:09.26	3/25
4	Kendra MIMS	SO	Iowa Western CC	1:09.27	4/13
5	Sydnee TORAN	SO	Iowa Western CC	1:09.84	4/13
6	Sola STEPHENSON	FR	North Iowa Area CC	1:13.35	4/9

WEST

1	Medinah SPENCER	SO	South Plains	1:00.44	3/30
2	Camira HAUGHTON	SO	Central Arizona	1:00.65	3/18
3	Britaney DUNCAN	FR	Western Texas	1:00.69	3/30
4	Pedra HICKS	FR	Central Arizona	1:03.31	4/8
5	Cassidy CHRIEST	SO	Paradise Valley CC	1:03.65	4/15
6	Latavia COOMBS	FR	New Mexico JC	1:06.66cA 1:06.55	3/26
7	Melissa COTSONAS	FR	Pima CC	1:06.87	4/8
8	Abbigale BUTLER	FR	New Mexico JC	1:09.53cA 1:09.42	3/26



2016 Outdoor Track & Field, Week #4

Women's 4x100 Relay

ATLANTIC

1	Monroe	47.87	4/1
2	Lincoln (Ill.)	48.75	4/9
3	Vincennes	50.31	4/15
4	Cuyahoga CC	50.62	3/17
5	ASA College	51.18	4/1

CENTRAL

1	Hinds CC	46.09	4/1
2	Barton County CC	46.12	3/18
3	Arkansas Baptist	46.34	4/8
4	Coffeyville CC	46.92	4/9
5	Butler (Kan.) CC	47.19	4/9
6	Cloud County CC	47.51	4/2
7	Neosho County CC	48.02	3/10
8	Cowley County CC	48.24	3/25

MIDWEST

1	Iowa Central CC	45.99	3/25
2	Iowa Western CC	47.96	4/9
3	Southwestern (Iowa) CC	51.22	4/2

WEST

1	New Mexico JC	45.73cA	45.61	3/24
2	South Plains	45.84cA	45.72	3/26
3	Western Texas	45.88cA	45.76	3/24
4	Southwestern Christian (	47.37		3/5
5	Pima CC	47.50		4/8
6	Central Arizona	47.84		4/2
7	Glendale (Ariz.) CC	48.46		4/8
8	Mesa CC	49.24		4/8



2016 Outdoor Track & Field, Week #4

Women's 4x400 Relay

ATLANTIC

1	Monroe	3:48.02	1/29
2	Essex County (N.J.)	3:58.26	3/31
3	ASA College	4:01.29	4/17
4	Cuyahoga CC	4:15.29 OT	2/13
5	Vincennes	4:19.45 OT	2/13
6	Lansing CC	4:21.15	4/16
7	Lincoln (Ill.)	4:22.61	2/19
8	Macomb CC	4:23.64 OT	2/19

CENTRAL

1	Barton County CC	3:43.85	3/25
2	Hinds CC	3:49.11	4/15
3	Coffeyville CC	3:50.71 OT	2/19
4	Highland (Kan.) CC	3:56.07	3/4
5	Johnson County CC	3:57.73	4/9
6	Butler (Kan.) CC	3:58.02 OT	2/19
7	Cloud County CC	3:58.33	4/2
8	Garden City CC	4:01.17	4/8

MIDWEST

1	Iowa Western CC	3:47.21	2/12
2	Iowa Central CC	3:48.52	2/5
3	Southwestern (Iowa) CC	4:45.52	4/2
4	DuPage	4:56.61	2/19

WEST

1	New Mexico JC	3:41.21cA	3:40.77	3/26
2	South Plains	3:45.20		2/12
3	Western Texas	3:48.53 OT		1/29
4	Central Arizona	3:49.07		2/20
5	Southwestern Christian (	3:54.23		3/30
6	Pima CC	4:02.20		4/2
7	Paradise Valley CC	4:05.67		2/5
8	Mesa CC	4:06.96		4/8



2016 Outdoor Track & Field, Week #4

Women's 4x800 Relay

ATLANTIC

1	Monroe	9:34.02	4/1
2	Macomb CC	9:47.34	2/19
3	ASA College	10:19.68	3/4
4	Vincennes	10:31.07	3/24
5	Hagerstown CC	10:45.80	3/4
6	Cuyahoga CC	11:10.79	3/17

CENTRAL

1	Johnson County CC	9:48.96	3/4
2	Dodge City CC	9:56.80	3/4
3	Coffeyville CC	9:57.45	3/4
4	Pratt CC	9:58.74	4/8
5	Barton County CC	10:03.25	3/4
6	Garden City CC	10:05.77	3/4
7	Butler (Kan.) CC	10:07.88	3/4
8	Hutchinson CC	10:15.90	2/6

MIDWEST

1	Iowa Western CC	10:06.04	3/4
2	North Iowa Area CC	10:38.75	3/4

WEST

1	New Mexico JC	9:21.25	3/30
2	Mesa CC	9:52.28	2/27
3	Gillette	9:52.75	2/24



2016 Outdoor Track & Field, Week #4

Women's High Jump

ATLANTIC

1	Varvara KLYUCHNIKOVA	FR	Vincennes	1.75m	5-8¾	1/29
2	Breaisha MORTON	SO	Monroe	1.74m	5-8½	2/5
3	Candela GUIJARRO	SO	Vincennes	1.71m	5-7¾	3/4
4	Rayven RAY	SO	CCBC Essex	1.65m	5-5	4/8
5	Zellie CHARLES	FR	Essex County (N.J.)	1.61m	5-3¾	3/4
6	Elizabeth BRISTOW	FR	Vincennes	1.55m	5-1	1/23
7	Yuleimi CHALAS	SO	ASA College	1.53m	5-¼	4/1
8	Chelsey LINTON	SO	Essex County (N.J.)	1.52m	4-11¾	4/15

CENTRAL

1	Valeriya KOSTIUK	FR	Butler (Kan.) CC	1.76m	5-9¾	4/9
2	Ayesha CHAMPAGNIE	FR	Barton County CC	1.70m	5-7	3/4
3	Keri BANKS	SO	Dodge City CC	1.67m	5-5¾	2/13
4	Andrika DAWN		Allen CC	1.62m	5-3¾	12/5
5	Mykelti MITCHELL	SO	Coffeyville CC	1.61m	5-3¾	2/19
5	Lara SPAULDING	SO	Johnson County CC	1.61m	5-3¾	4/9
7	Juliette SMITH	FR	Coffeyville CC	1.58m	5-2¾	3/4
8	Ashtoni SANDS	FR	Pratt CC	1.57m	5-1¾	3/25
8	Karis PARKER	SO	Hutchinson CC	1.57m	5-1¾	2/6

MIDWEST

1	Kelsey HURLEY	FR	Iowa Western CC	1.70m	5-7	1/9
2	Kendra MIMS	SO	Iowa Western CC	1.65m	5-5	2/6
3	Chevelle HUNTE	FR	Iowa Western CC	1.59m	5-2¾	2/19
4	Annastacia FORRESTER	FR	Iowa Central CC	1.58m	5-2¾	1/15
5	Taylor GLAWE	SO	North Iowa Area CC	1.55m	5-1	2/12
8	Mallory VAWTER	FR	Iowa Central CC	1.50m	4-11	4/9
8	Sola STEPHENSON	FR	North Iowa Area CC	1.50m	4-11	4/9

WEST

1	Magaly TSHIPOPO		Central Arizona	1.77m	5-9¾	2/12
2	Hanifah ABDUL-QADIR	FR	New Mexico JC	1.72m	5-7¾	4/8
3	Meghan SWEENEY	SO	Pima CC	1.71m	5-7¾	2/5
3	McKenna MCGRATH	SO	Pima CC	1.71m	5-7¾	1/22
5	Kelsey SHANNON	SO	New Mexico JC	1.68m	5-6	2/5
6	Ciearah HAIRSTON	SO	South Plains	1.67m	5-5¾	3/4
7	Anyi GARCIA-SOLIS	SO	South Plains	1.65m	5-5	2/19
8	Sidra PETERSON	FR	Mesa CC	1.64m	5-4¾	1/22



2016 Outdoor Track & Field, Week #4

Women's Pole Vault

ATLANTIC

1	Aintzane CASTARLENAS	FR	Vincennes	3.40m	11-1¾	3/4
2	aunyx ASNBY	FR	Lincoln (Ill.)	2.76m	9-½	4/14

CENTRAL

1	Rachael BUZANOWSKI	SO	Butler (Kan.) CC	3.66m	12-0	2/19
2	Chris LUANSING	FR	Cowley County CC	3.45m	11-3¾	2/12
3	Haley FALK	SO	Cloud County CC	3.33m	10-11	2/6
4	Danae BINA	SO	Butler (Kan.) CC	3.25m	10-8	2/19
5	Laramie LEAKEY	SO	Cloud County CC	3.20m	10-6	4/2
6	Mina SILVEY	FR	Cowley County CC	3.10m	10-2	2/19
6	Madison MCLAUGHLIN	FR	Butler (Kan.) CC	3.10m	10-2	2/19
8	Hannah SMITH	SO	Cloud County CC	3.05m	10-0	4/2

MIDWEST

1	Monique APUAKEHAU	FR	Iowa Western CC	3.27m	10-8¾	1/16
2	Lana MATTICE	SO	DuPage	3.21m	10-6¾	2/12
3	Veronica SAUERBREI	FR	Iowa Central CC	2.35m	7-8½	3/4
4	Kelsey HURLEY	FR	Iowa Western CC	2.30m	7-6½	2/19

WEST

1	Morgan HARTSELL	SO	South Plains	3.85m	12-7½	3/4
2	Calla REED		Mesa CC	3.71m	12-2	2/19
3	Malibu WALTER	FR	Paradise Valley CC	3.20m	10-6	3/24
4	Allison WHITWORTH	FR	Mesa CC	3.05m	10-0	1/22
4	Hailey MERRIMAN	FR	Pima CC	3.05m	10-0	4/2
6	Karli MORGAN	FR	Mesa CC	2.90m	9-6¾	2/20



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Women's Long Jump

ATLANTIC

1	Zellie CHARLES	FR	Essex County (N.J.)	5.70m	1-8½ (1.9)	4/9
2	Chelsey LINTON	SO	Essex County (N.J.)	5.69m	18-8 (1.6)	4/9
3	ebony SMITH	SO	Lincoln (Ill.)	5.62m	1-5¼ (0.1)	4/14
4	shatavia LOWERY	FR	Lincoln (Ill.)	5.60m	18-4½ ()	3/24
5	Shennare WILLIAM	FR	Essex County (N.J.)	5.48m	17-11½ ()	1/30
6	Sierra BROWN	SO	Vincennes	5.45m	17-10½ ()	1/16
7	Saleen MATTA	SO	Monroe	5.30m	1-4¼ (2.0)	4/10
8	Macy FIDLER	FR	Vincennes	5.14m	16-10½ ()	4/1

CENTRAL

1	Angelica COLLINS	SO	Coffeyville CC	6.14m	1-1¼ (2.3)	4/1
2	Tasha FRAZIER	SO	Barton County CC	5.95m	19-6¼ ()	2/19
3	Rohey SINGHATEH	FR	Northwest Kansas Tech	5.90m	1-4¼ (0.0)	3/22
4	Jade WEATHERSBY	SO	Cloud County CC	5.86m	19-2¼ ()	2/19
5	Angel MALONE	FR	Butler (Kan.) CC	5.85m	19-2¼ ()	1/15
6	Fabrianna NATION	SO	Coffeyville CC	5.75m	10½ (1.4)	4/9
7	Ayesha CHAMPAGNIE	FR	Barton County CC	5.73m	18-9½ ()	2/19
8	Jade HAYES	FR	Hinds CC	5.70m	1-8½ (1.0)	4/9

MIDWEST

1	Anastacia FORRESTER	FR	Iowa Central CC	6.07m	9-11 (1.8)	3/25
2	Mallory VAWTER	FR	Iowa Central CC	5.67m	18-7¼ ()	2/19
2	Shylia RILEY	SO	Iowa Western CC	5.67m	18-7¼ ()	2/12
4	Shatia HUBBARD	FR	Iowa Central CC	5.44m	17-10½ ()	2/19
6	Detrich LODGE	FR	Iowa Western CC	5.33m	17-6 ()	2/19
7	Lisa BLACKWOOD	FR	Iowa Western CC	5.28m	17-4 ()	1/9
8	Steinunn ATLADOTTIR	FR	North Iowa Area CC	5.27m	17-3½ ()	1/16

WEST

1	Magaly TSHIPOPO	SO	Central Arizona	6.01mw	1-8¼ (2.6)	3/26
2	Felicia FRIMPONG	FR	South Plains	5.95m	19-6¼ ()	2/19
3	Hannah BARTZ	FR	Pima CC	5.91m	1-4¼ (0.0)	4/2
4	Melody KORIE	FR	South Plains	5.90m	19-4¼ ()	2/19
5	Latavia COOMBS	FR	New Mexico JC	5.85m	19-2¼ ()	2/19
6	Tashay HUNTER	SO	Southwestern Christian (	5.76mw	10½ (3.5)	4/16
6	Shanice LEWIS	FR	South Plains	5.76m	18-10½ ()	2/19



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Women's Triple Jump

ATLANTIC

1	Breaisha MORTON	SO	Monroe	11.95m	39-2½ ()	3/4
2	Saleen MATTA	SO	Monroe	10.77m	35-4 (0.9)	4/1
3	Sara LEAMER	SO	Cuyahoga CC	10.72m	35-2 ()	2/26
4	Aarionna BANKS	FR	Cuyahoga CC	10.54m	34-7 ()	2/13
5	Varvara KLYUCHNIKOVA	FR	Vincennes	10.48m	34-4¾ ()	2/13
6	Elizabeth BRISTOW	FR	Vincennes	10.14m	33-3¾ ()	2/13
7	shatavia LOWERY	FR	Lincoln (Ill.)	9.73m	11¾ (0.1)	4/14
8	Dayanna DAVIS	SO	Cuyahoga CC	9.36m	30-8½ ()	2/19

CENTRAL

1	Angelica COLLINS	SO	Coffeyville CC	12.37m	40-7 ()	3/4
2	Tasha FRAZIER	SO	Barton County CC	11.97m	39-3¾ ()	1/8
3	Fabrianna NATION	SO	Coffeyville CC	11.92m	39-1¾ ()	1/22
4	Shalei MATTHEWS	FR	Coffeyville CC	11.71m	38-5 ()	3/4
5	Donesha RUFFIN	SO	Garden City CC	11.70m	1-4¾ (0.8)	4/8
7	Asha ALVAREZ	FR	Allen CC	11.00m	36-1¾ ()	4/9
8	Alex KELLER	FR	Hutchinson CC	10.98m	36-¾ ()	3/10

MIDWEST

1	Shatia HUBBARD	FR	Iowa Central CC	11.87m	38-11½ ()	3/4
2	Anastacia FORRESTER	FR	Iowa Central CC	11.70mw	1-4¾ (2.9)	4/13
3	Julia ODIR	FR	Iowa Central CC	11.46m	1-7¾ (1.6)	3/25
4	Karen DESGRAVES	FR	Iowa Western CC	10.97m	36-0 ()	3/22
5	Shylia RILEY	SO	Iowa Western CC	10.85m	35-7¾ ()	1/9
6	Kellyann JAMES	FR	Iowa Western CC	10.80mw	1-5¾ (4.0)	4/13
7	Steinunn ATLADOTTIR	FR	North Iowa Area CC	10.67m	35-¾ ()	2/19

WEST

1	Tamara MONCRIEFFE	FR	New Mexico JC	12.86m	42-2¾ ()	3/4
2	Latavia COOMBS	FR	New Mexico JC	12.60m	41-4¾ ()	3/4
3	Hanifah ABDUL-QADIR	FR	New Mexico JC	12.03mw	1-5¾ (5.2)	3/26
4	Felicia FRIMPONG	FR	South Plains	11.88m	38-11¾ ()	1/22
5	Anyi GARCIA-SOLIS	SO	South Plains	11.80mw	1-8¾ (3.0)	4/9
6	Juliette COSSEY	SO	Pima CC	11.43m	37-6 (0.0)	4/2
7	Grecia CASTILLO	FR	Pima CC	11.33mw	1-2¾ (3.1)	3/24
8	Jamie HOLLIDAY	SO	Pima CC	11.29m	17-¾ (0.0)	4/8



2016 Outdoor Track & Field, Week #4

Women's Shot Put

ATLANTIC

1	Rashida HARRIS	FR	Cuyahoga CC	14.66m	48-1¼	3/4
2	Ksenia SAFONOVA	SO	Monroe	13.30m	43-7¼	2/12
3	Chelsey LINTON	SO	Essex County (N.J.)	11.81m	38-9	1/22
4	Kassidie HAYES	FR	Vincennes	11.76m	38-7	4/15
5	carisma ANDERSON	FR	Lincoln (Ill.)	11.52m	37-9½	3/24
6	Brieanne SIMMONS	SO	Cuyahoga CC	11.46m	37-7¼	2/19
7	jashmine JONES	SO	Lincoln (Ill.)	11.37m	37-3¼	3/24
8	Jenyce BAYTOPS	SO	Essex County (N.J.)	11.06m	36-3¼	4/9

CENTRAL

1	Michelle TOMLIN	FR	Barton County CC	14.73m	48-4	1/15
2	Ashley WILLIAMS	SO	Coffeyville CC	14.16m	46-5½	2/19
3	Ayesha CHAMPAGNIE	FR	Barton County CC	13.98m	45-10½	2/5
4	Nayoka CLUNIS	FR	Cloud County CC	13.97m	45-10	3/4
5	Alexis COOPER	FR	Cowley County CC	13.89m	45-7	4/9
6	Paige HOUSTON	FR	Hutchinson CC	13.37m	43-10½	1/15
7	Alaina COOPER	FR	Cowley County CC	13.31m	43-8	2/19
8	Emily BALDWIN	SO	Hutchinson CC	12.68m	41-7¼	3/4

MIDWEST

1	Janeah STEWART	SO	Iowa Central CC	16.26m	53-4¼	3/25
2	Alexis CHILES	SO	Iowa Central CC	14.92m	48-11½	4/13
3	Alexia STEIN	FR	Iowa Central CC	13.75m	45-1¼	2/19
4	Patria VAIMAONA	FR	Iowa Western CC	12.90m	42-4	4/13
5	Kahoa MIKAELE	SO	Iowa Western CC	12.19m	40-0	1/15
7	Andrea GARCIA	SO	Iowa Western CC	11.93m	39-1¼	1/15
8	Sarah SNAVELY	SO	North Iowa Area CC	11.83m	38-9¼	2/6

WEST

1	Portious WARREN	FR	Central Arizona	16.43m	53-11	2/27
2	Jess ST. JOHN	SO	Central Arizona	15.73m	51-7¼	2/20
3	Kionna BRADSHAW	FR	South Plains	14.14m	46-4¼	4/9
4	Rochelle FRAZER	FR	New Mexico JC	14.02m	46-0	2/19
5	Trevia GUMBS	SO	Central Arizona	13.51m	44-4	1/30
6	Taneika ELLISTON	FR	New Mexico JC	13.32m	43-8½	2/19
8	Tasha CROSSE	SO	South Plains	12.29m	40-4	2/19



2016 Outdoor Track & Field, Week #4

Women's Discus

ATLANTIC

1	Brianna BURGESS	FR	Vincennes	39.68m	130-2	3/24
2	Rashida HARRIS	FR	Cuyahoga CC	38.26m	125-6	4/1
3	Ksenia SAFONOVA	SO	Monroe	37.07m	121-7	4/1
4	Mariah PORTER	FR	Cuyahoga CC	35.59m	116-9	3/17
5	Jaelyn REYNOLDS	FR	Vincennes	30.28m	99-4¼	3/24
6	Rachel SADLON	FR	Cuyahoga CC	28.71m	94-2½	4/16
7	Judae NORWOOD	SO	Monroe	25.35m	83-2	4/10

CENTRAL

1	Michelle TOMLIN	FR	Barton County CC	48.36m	158-8	3/25
2	Maliya CROUCH	FR	Coffeyville CC	47.22m	154-11	4/16
3	Whitney HARVEY	FR	Neosho County CC	45.77m	150-2	4/9
4	Nayoka CLUNIS	FR	Cloud County CC	44.56m	146-2	4/9
5	Sabrina HOLLINS	FR	Coffeyville CC	41.65m	136-7	4/1
6	Ashley WILLIAMS	SO	Coffeyville CC	40.67m	133-5	3/10
7	Amanda WHITNEY	SO	Johnson County CC	38.60m	126-7	4/9
8	Ja Chel WOOD	FR	Highland (Kan.) CC	38.58m	126-7	3/25

MIDWEST

1	Janeah STEWART	SO	Iowa Central CC	48.92m	160-6	4/13
2	Kahoa MIKAELE	SO	Iowa Western CC	48.80m	160-1	4/13
3	Alexia STEIN	FR	Iowa Central CC	43.85m	143-10	4/9
4	Patria VAIMAONA	FR	Iowa Western CC	42.73m	140-2	4/13
5	Alexis CHILES	SO	Iowa Central CC	41.89m	137-5	4/13
7	Andrea GARCIA	SO	Iowa Western CC	35.56m	116-8	4/1
8	Sarah SNAVELY	SO	North Iowa Area CC	34.80m	114-2	4/9

WEST

1	Rochelle FRAZER	FR	New Mexico JC	50.71m	166-4	3/26
2	Tynelle GUMBS	SO	Central Arizona	47.36m	155-4	3/26
3	Tasha CROSSE	SO	South Plains	46.77m	153-5	3/26
4	Portious WARREN	FR	Central Arizona	44.92m	147-4	4/8
5	Kionna BRADSHAW	FR	South Plains	43.87m	143-11	4/9
6	Jess ST. JOHN	SO	Central Arizona	43.84m	143-10	3/26
8	Sayge MCKRILL	FR	Mesa CC	39.95m	131-1	4/2



2016 Outdoor Track & Field, Week #4

Women's Hammer

ATLANTIC

1	Ksenia SAFONOVA	SO	Monroe	51.91m	170-3	4/1
2	Rashida HARRIS	FR	Cuyahoga CC	43.27m	141-11	4/1
3	Jashmine JONES	SO	Lincoln (Ill.)	40.08m	131-6	4/14
4	Jaelyn REYNOLDS	FR	Vincennes	36.13m	118-6	4/15
5	Kassidie HAYES	FR	Vincennes	34.43m	112-11	3/24
6	Mariah PORTER	FR	Cuyahoga CC	34.40m	112-10	3/17
7	Judae NORWOOD	SO	Monroe	33.86m	111-1	4/10
8	Rachel SADLON	FR	Cuyahoga CC	33.37m	109-5	4/9

CENTRAL

1	Natalia REDONDO	SO	Cowley County CC	51.43m	168-9	4/1
2	Christabel OKEKE	SO	Coffeyville CC	50.26m	164-10	4/16
3	Michelle TOMLIN	FR	Barton County CC	50.15m	164-6	4/8
4	Nayoka CLUNIS	FR	Cloud County CC	46.79m	153-6	3/10
5	Whitney HARVEY	FR	Neosho County CC	45.40m	148-11	4/9
6	Maliya CROUCH	FR	Coffeyville CC	44.82m	147-0	4/1
7	Tiffany JOHNSON	FR	Coffeyville CC	44.62m	146-4	4/16
8	Amanda WHITNEY	SO	Johnson County CC	44.21m	145-0	4/16

MIDWEST

1	Janeah STEWART	SO	Iowa Central CC	55.83m	183-2	4/13
2	Reneese BATSON	FR	Iowa Central CC	51.98m	170-6	4/9
3	Nessa MATHEWS	FR	Iowa Central CC	46.91m	153-11	4/9
5	Kahoa MIKAELE	SO	Iowa Western CC	41.82m	137-2	4/1
6	Patria VAIMAONA	FR	Iowa Western CC	40.86m	134-0	4/9
7	Andrea GARCIA	SO	Iowa Western CC	39.60m	129-11	4/1
8	Sarah SNAVELY	SO	North Iowa Area CC	38.64m	126-9	4/9

WEST

1	Tynelle GUMBS	SO	Central Arizona	56.13m	184-2	3/26
2	Trevia GUMBS	SO	Central Arizona	47.37m	155-5	3/18
3	Onnika SCOTT	FR	Mesa CC	46.67m	153-1	3/24
4	Baylee LAKEY	SO	Pima CC	44.90m	147-3	4/8
5	Kionna GILESPIE	FR	Glendale (Ariz.) CC	42.84m	140-6	4/8
6	Morgan IRISH	FR	Glendale (Ariz.) CC	40.95m	134-4	4/2
7	Elizabeth DURBIN	FR	Mesa CC	40.07m	131-5	4/8
8	Sayge MCKRILL	FR	Mesa CC	38.44m	126-1	3/24



2016 Outdoor Track & Field, Week #4

Women's Javelin

ATLANTIC

1	Chelsey LINTON	SO	Essex County (N.J.)	33.52m	109-11	3/31
2	Ksenia SAFONOVA	SO	Monroe	31.03m	101-9	4/10
3	Brianna BURGESS	FR	Vincennes	29.40m	96-5½	4/1
4	Dayanna DAVIS	SO	Cuyahoga CC	25.80m	84-7½	4/1
5	Sierra BROWN	SO	Vincennes	25.55m	83-10	4/1
6	Kassy DAMMERMAN	SO	Lincoln (Ill.)	24.58m	80-7½	4/14
7	Elizabeth BRISTOW	FR	Vincennes	24.49m	80-4¼	3/24
8	Desiree MC.COMBS	FR	Monroe	24.43m	80-2	4/1

CENTRAL

1	Ayesha CHAMPAGNIE	FR	Barton County CC	47.57m	156-1	3/18
2	Morgan ASH	FR	Hutchinson CC	41.54m	136-3	4/16
3	Lexi PINT	SO	Johnson County CC	40.05m	131-4	4/9
4	Rachel DURLER	SO	Dodge City CC	39.73m	130-4	3/10
5	Jacklyn MELILLO	FR	Hutchinson CC	39.37m	129-2	4/16
6	Nayoka CLUNIS	FR	Cloud County CC	37.59m	123-4	3/10
7	Macy KELLER	FR	Colby (Kan.) CC	36.68m	120-4	4/8
8	Riley HANIK	SO	Highland (Kan.) CC	36.01m	118-1	4/9

MIDWEST

1	Sola STEPHENSON	FR	North Iowa Area CC	36.87m	120-11	4/15
2	Kahoa MIKAELE	SO	Iowa Western CC	32.44m	106-5	3/22
3	Mallory VAWTER	FR	Iowa Central CC	31.98m	104-11	4/9
4	Kellyann JAMES	FR	Iowa Western CC	31.01m	101-9	4/1
5	Azaria HUDSON	FR	Iowa Western CC	26.85m	88-1¼	4/1
6	Steinunn ATLADOTTIR	FR	North Iowa Area CC	26.62m	87-4	4/9
8	LaStella SLACK	SO	Southwestern (Iowa) CC	24.72m	81-1¼	4/16

WEST

1	Tynelle GUMBS	SO	Central Arizona	39.52m	129-8	4/2
2	Taneika ELLISTON	FR	New Mexico JC	39.43m	129-4	3/26
3	Selena ORLENAS	SO	South Plains	38.89m	127-7	3/26
4	Kilee HAGERSTRAND	SO	Central Arizona	36.84m	120-10	3/18
5	Courtney BROWN	FR	Paradise Valley CC	36.50m	119-9	3/24
6	Portious WARREN	FR	Central Arizona	33.39m	109-6	4/2
7	Kayla MULLEN	FR	Paradise Valley CC	31.77m	104-2	4/8
8	Sarah CLEMIT	FR	Glendale (Ariz.) CC	29.35m	96-3½	3/26



2016 Outdoor Track & Field, Week #4

Women's Heptathlon

ATLANTIC

1	Chelsey LINTON	SO	Essex County (N.J.)	4,347	4/16
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CENTRAL

1	Ayesha CHAMPAGNIE	FR	Barton County CC	5,397	4/8
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2	Juliette SMITH	FR	Coffeyville CC	4,438	4/6
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3	Sch'cara YOUNG	SO	Cowley County CC	3,568	4/6
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WEST

1	Ciearah HAIRSTON	SO	South Plains	4,641	4/7
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2	Latavia COOMBS	FR	New Mexico JC	4,587	4/8
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3	Taneika ELLISTON	FR	New Mexico JC	4,312	4/8
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4	Abbigale BUTLER	FR	New Mexico JC	4,108	4/8
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5	Melody KORIE	FR	South Plains	4,000	4/7
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6	Catherine BRYANT	FR	Mesa CC	3,598	3/24
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7	Courtney BROWN	FR	Paradise Valley CC	3,564	3/24
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