

**2010 NCAA DIII MIDEAST REGIONAL  
Women's 6K Team Results  
Hosted by Carnegie Mellon**



1. Johns Hopkins  
1 5 10 24 28 (30) (45) = 68  
Cecilia Furlong, Lara Shegoski, Christina Valerio, Megan Brower, Liz Provost, Elizabeth Laseter, Annie Monagle
2. Dickinson  
4 7 9 37 69 (95)(151) = 126  
Catherine Campbell, Taylor Ludman, Kim Powell, Emily Miller, Julie McTernan, Kelly McIntyre, Rebecca Robbins
3. Elizabethtown  
8 15 31 32 54 (91)(129) = 140  
Taryn Shank, Traci Tempone, Kristen O'Brien, Eileen Cody, Megan Tursi, Kathryn Howser, Megan Patton
4. Haverford  
16 33 35 41 43 (50) (51) = 168  
Emily Lipman, Alice Vienneau, Harper Hubbeling, Emily Scott, Andrea Tocci, Erin Seglem, Flora Berklein
5. Grove City  
13 20 38 44 55 (58)(123) = 170  
Ella Smith, Sara Fisher, Emily Pierce, Bridgitte Fryan, Katherine McRoberts, Mary Robbins, Hillary Wilson
6. Carnegie Mellon  
3 14 71 80 84 (116)(161) = 252  
Emily Wobb, Courtney Baker, Laura McKee, Danielle Morse, Eva Humphrey, Lisa Rising, Cassie Wallace
7. Swarthmore  
22 34 39 89 90 = 274  
Hannah Rose, Emma Saarel, Rebecca Woo, Isabel Newlin, Caitlin Russell
8. Marywood  
21 47 57 78 112 (143)(184) = 315  
Diana D'Achille, Beth Schwab, Stephanie Bender, Shelby Naughton, Lauren Rustad, Katie Sylverter, Kelsey Dunn
9. Franklin & Marshall  
12 61 62 100 114 (163)(220) = 349  
Sheena Crawley, Amy Jordan, Laura Schmitz, Emily Wilson, Rachel Suydam, Amy Burke, Alexis Teevens
10. Allegheny  
26 29 68 98 138 = 359  
Kristina Martin, Kelly Gallagher, Katie Stancik, Sara Mitrano, Amber Wetzel

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11. Gettysburg  
18 40 82 88 132 (159)(173) = 360  
Kerry Campbell, Christine Esposito, Alexandra Bull, Yaa Addison, Kyler Philbin, Amanda Pellowe, Kate Adair
12. Muhlenberg  
27 36 99 106 107 (133)(141) = 375  
Samantha Mayden, Nicole Cronin, Melissa Ugelow, Erica Bash, Ramzy Burns, Hannah Mitchell, Ashley Greenberg
13. Penn State-Behrend  
42 63 81 83 140 (152)(193) = 409  
Katie Spade, Catie Bertges, Elizabeth Keller, Emily Berry, Haley Hughes, Kaitlynn Patterson, Jenna Fatica
14. Lebanon Valley  
6 66 74 120 146 (206)(228) = 412  
Jenn Cronin, Megan Long, Kristin Shoop, Cynthia Adams, Alyssa Miller, Jordan Zelechowski, Tiffany Frederick
15. Susquehanna  
11 64 94 125 128 (131)(135) = 422  
Alycia Woodruff, Casey Hess, Carly Bass, Sarah Dickerson, Carol Giblin, Lauren Smith, Kaitlin Peropat
16. Moravian  
17 72 79 126 176 (195)(248) = 470  
Cadee Rockwell, Tara Chiarella, Kristina Ruggiero, Jennifer Smilgis, Jennifer Parodi, Megan Hallowell, Holly Fleming
17. Juniata  
48 53 77 119 202 (217)(225) = 499  
Jessica Koenig, Katrina Woods, Caroline Morgan, Megan McQuillan, Casey Hoffman, Alyssa Grube, Anne Wakabayashi
18. St. Vincent (Pa.)  
23 104 109 118 160 (170)(197) = 514  
Ivette Mejia, Genie Fratto, Rachael Paszko, Emma Goetz, Emily Helbling, Natalie Wolff, Claudia Arrunategui
19. Messiah  
65 75 76 157 158 (165)(183) = 531  
Mary Higgins, Courtney Long, Grace Kaste, Natalie DiGregorio, Jessica Visneski, Brooke Airey, Christal Liaw
20. Scranton  
60 67 102 108 198 (221)(227) = 535  
Kathleen Druther, Maria Cifone, Marissa Dussel, Diana Martin, Veronica Kurtulik, Erin Hayes, Ariana Molierre

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21. Salisbury  
105 110 115 122 124 (150)(155) = 576  
Anna Steinman, Kristin Stromberg, Becca Stinner, Amy Ferro, Emma Bahneman, Andrea Schwienteck, Emily Powell
22. Delaware Valley  
2 139 147 148 185 (270)(273) = 621  
Caitlin Dorgan, Tracey Forsythe, Katherine Campbell, Kayla Booher, Alisha Jordan, Kathy Lehew, Meghan Tyman
23. DeSales  
52 70 142 181 192 (204)(219) = 637  
Sarah Braun, Cara Guth, Shelly Lipari, Rachel Winters, Melissa Buttner, Sam Pearl, Kate Kosmin
24. Goucher  
73 92 153 167 175 (190)(205) = 660  
Kelsey Myette, Taylor Burr, Hadley Couraud, Shea Staab, Katelynn Zidanic, Hannah Southworth, Kathryn Walker
25. McDaniel  
19 121 130 172 224 (234)(252) = 666  
Lindsay Wilson, Missy Black, Emily Peoples, Becky Kaler, Joy Chand, Laura Shinn, Phoebe McHale
25. Misericordia  
25 97 156 174 214 (230)(246) = 666  
Marina Orrson, Marcie Cusatis, Kelsey Cameron, Amanda Radishofski, Maura O'Rourke, Bridget Comiskey, Sarah Sabatino
27. Gwynedd-Mercy  
59 86 164 180 186 (187)(199) = 675  
Katherine Klinges, Erica Matticola, Colleen Dalton, Julie Glendinning, Regina Sellman, Kelly Clavin, Kaitlin Rella
28. Waynesburg  
85 113 136 200 241 (247)(250) = 775  
Bre Paul, Naymick Michelle, Tiffany Onifer, Casey Morris, Megan Donovan, Sara Beth Rood, Sarah Blais
29. Westminster (Pa.)  
87 145 166 188 207 (243)(244) = 793  
Jenny Krueger, Olivia Bonavita, Nicole Fiorenzo, Morgan Swartz, Olivia Miller, Emily Paul, Erin Sullivan
30. York (Pa.)  
101 169 171 177 182 (218)(239) = 800  
Mandy Parshall, Tuesday Wilson, Nicole Danielewicz, Melody Parshall, Corie Thompson, Laura Colantuono, Chelsea McCracken

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31. Ursinus  
117 149 179 191 211 (255)(256) = 847  
Deb Yanessa, Stephanie Donatone, Michelle Tetla, Jordan Kellogg,  
Meghan McDermott, Alison Cragg, Jackie Kimmel
32. Bryn Mawr  
49 168 201 215 231 (261)(265) = 864  
Kristina Kronauer, Grace Krusell, Emily Bell, Cassie Kosarek, Anna  
Melker, Leah Boylan, Alex Funk
33. Widener  
46 134 178 249 263 (277)(291) = 870  
Emily Asher, Kellie Medendorp, Ashley Callahan, Emilie Keene, Bonnie  
Zwissler, Emily Conover, Sheena Sanchez
34. Chatham  
96 144 203 212 223 (253)(266) = 878  
Rachel Leftwich, Maggie Leathers, Tessa Hochberg, Samantha Greenwood,  
Amanda Berstler, Shuntia Hamilton, Elisabeth Gallen
35. King's (Pa.)  
93 137 216 242 264 (298) = 952  
Shannon McGowan, Molly Brown, Jill O'Malley, Kirstie Nicol, Hannah  
Bestwick, Hannah Eckles
36. Wilkes  
56 210 235 238 276 (278)(283) = 1015  
Michelle Wakeley, Kara Engle, Olivia Waszkiewicz, Laura Nulton, Molly  
McDonough, Stephanie Smith, Kirsten Cook
37. Thiel  
103 127 259 274 275 = 1038  
Emily Petrak, Virginia White, Clare Rech, Sarah McAfee, Imari Nystrom
38. Eastern  
111 236 237 262 267 (272)(295) = 1113  
Whitney Kerner, Martha Mackey, Val Wrona, Jennifer Schifano, Alyssa  
Goggins, Clara Ryan, Vanessa Tracey
39. Washington and Jefferson  
154 189 260 269 285 (290)(299) = 1157  
Kia Ruhkamp, Laura Procaro, Atoosa Hashemi, Kaitlyn Loy, Haley  
Roberts, Metzli Rivera, Olivia Halula
40. St. Mary's (Md.)  
196 226 232 251 254 (279)(284) = 1159  
Katie Phipps, Keighly Bradbrook, Margaret Lillie, Kathleen Tatem,  
Kristin Hay, Ginger Williams, Caroline VanBlargan

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41. Hood  
194 222 240 245 286 (296) = 1187  
Alyssa Peterson, Megan Wade, Joanna LaBoue, Maria Moss, Sam Smith,  
Kristina Coggins
42. Baptist Bible  
162 213 280 282 288 = 1225  
Caryn Depue, Kimberly Caines, Kellyn Lovell, Kayla Lowe, Brianna  
Adamski
43. Keystone  
208 233 257 268 293 = 1259  
Jenna Fancher, Gabby Neri, Shelly Kratzer, Rebecca Drumheller, Cassidy  
Wray
44. Stevenson  
209 258 281 289 292 = 1329  
Elizabeth Corino, Mary Kate Lutz, Aubery Schneider, Meghan Najewicz,  
Lauren Redding
45. Mount Aloysius  
229 271 287 294 297 = 1378  
Rosalie Sossong, Brandi Wilt, Kaitlyn Sztukowski, Ralin Pierce, Mandy  
Zaebst

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**INCOMPLETE TEAMS:**

**ALBRIGHT**

**BETHANY**

**FROSTBURG STATE**

**PHILADELPHIA BIBLICAL**

**PENN STATE BERKS**

**LYCOMING**

**2010 NCAA DIII MIDEAST REGIONAL  
WOMEN'S 6K RESULTS: HOSTED BY CARNEGIE MELLON**



Place	Team Place	No.	Name	Yr Of Grad	School	Time
1	1	1182	Cecilia Furlong	JR	Johns Hopkins	21:57.2
2	2	1064	Caitlin Dorgan	SR	Delaware Valley	21:57.3
3	3	1053	Emily Wobb	SO	Carnegie Mellon	22:00.3
4	4	1078	Catherine Campbell	JR	Dickinson	22:12.7
5	5	1187	Lara Shegoski	FR	Johns Hopkins	22:20.4
6	6	1217	Jenn Cronin	SR	Lebanon Valley	22:21.1
7	7	1082	Taylor Ludman	FR	Dickinson	22:22.2
8	8	1102	Taryn Shank	SO	Elizabethtown	22:22.6
9	9	1086	Kim Powell	SR	Dickinson	22:31.0
10	10	1188	Christina Valerio	SR	Johns Hopkins	22:33.9
11	11	1350	Alycia Woodruff	SR	Susquehanna	22:39.1
12	12	1108	Sheena Crawley	SO	Franklin & Marshall	22:42.2
13	13	1148	Ella Smith	SO	Grove City	22:46.6
14	14	1046	Cortney Baker	SR	Carnegie Mellon	22:48.0
15	15	1104	Traci Tempone	FR	Elizabethtown	22:50.2
16	16	1162	Emily Lipman	JR	Haverford	22:50.6
17	17	1269	Cadee Rockwell	JR	Moravian	22:53.9
18	18	1124	Kerry Campbell	SO	Gettysburg	22:54.6
19	19	1244	Lindsay Wilson	SR	McDaniel	22:57.0
20	20	1142	Sara Fisher	SO	Grove City	23:01.4
21	21	1227	Diana D'Achille	FR	Marywood	23:11.4
22	22	1357	Hannah Rose	JR	Swarthmore	23:12.0
23	23	1333	Ivette Mejia	JR	St. Vincent (Pa.)	23:15.3
24	24	1181	Megan Brower	SR	Johns Hopkins	23:16.3
25	25	1259	Marina Orrson	SO	Misericordia	23:16.4
26	26	1012	Kristina Martin	FR	Allegheny	23:17.1
27	27	1282	Samantha Mayden	SO	Muhlenberg	23:19.9
28	28	1185	Liz Provost	SO	Johns Hopkins	23:23.8
29	29	1008	Kelly Gallagher	SO	Allegheny	23:24.8
30	30	1183	Elizabeth Laseter	SR	Johns Hopkins	23:27.8
31	31	1100	Kristen O'Brien	SR	Elizabethtown	23:28.6
32	32	1096	Eileen Cody	FR	Elizabethtown	23:32.6
33	33	1167	Alice Vienneau	JR	Haverford	23:33.7
34	34	1359	Emma Saarel	FR	Swarthmore	23:34.1
35	35	1161	Harper Hubbeling	SR	Haverford	23:35.8
36	36	1280	Nicole Cronin	FR	Muhlenberg	23:35.8
37	37	1085	Emily Miller	FR	Dickinson	23:37.1
38	38	1145	Emily Pierce	SR	Grove City	23:38.2
39	39	1360	Rebecca Woo	SR	Swarthmore	23:40.2
40	40	1125	Christine Esposito	SO	Gettysburg	23:44.4
41	41	1164	Emily Scott	FR	Haverford	23:51.2
42	42	1294	Katie Spade	FR	Penn State-Behrend	23:54.4
43	43	1166	Andrea Tocci	SO	Haverford	23:54.5
44	44	1143	Bridgitte Fryan	SR	Grove City	23:55.7

# 2010 NCAA DIII MIDEAST REGIONAL

## WOMEN'S 6K RESULTS: HOSTED BY CARNEGIE MELLON



Place	Team Place	No.	Name	Yr Of Grad	School	Time
45	45	1184	Annie Monagle	SO	Johns Hopkins	23:56.1
46	46	1402	Emily Asher	SR	Widener	23:56.3
47	47	1233	Beth Schwab	FR	Marywood	23:56.7
48	48	1193	Jessica Koenig	JR	Juniata	23:58.3
49	49	1035	Kristina Kronauer	SO	Bryn Mawr	23:59.7
50	50	1165	Erin Seglem	FR	Haverford	24:00.3
51	51	1160	Flora Berklein	FR	Haverford	24:01.6
52	52	1070	Sarah Braun	FR	DeSales	24:03.3
53	53	1198	Katrina Woods	FR	Juniata	24:03.6
54	54	1105	Megan Tursi	FR	Elizabethtown	24:04.3
55	55	1144	Katherine McRoberts	SR	Grove City	24:05.0
56	56	1416	Michelle Wakeley	JR	Wilkes	24:05.4
57	57	1226	Stephanie Bender	SO	Marywood	24:05.5
58	58	1147	Mary Robbins	JR	Grove City	24:07.7
59	59	1153	Katherine Klinges	JR	Gwynedd-Mercy	24:10.5
60	60	1312	Kathleen Druther	SO	Scranton	24:11.8
61	61	1110	Amy Jordan	SR	Franklin & Marshall	24:12.2
62	62	1111	Laura Schmitz	FR	Franklin & Marshall	24:12.8
63	63	1287	Catie Bertges	FR	Penn State-Behrend	24:16.6
64	64	1347	Casey Hess	JR	Susquehanna	24:16.9
65	65	1249	Mary Higgins	JR	Messiah	24:17.8
66	66	1220	Megan Long	SR	Lebanon Valley	24:18.0
67		1120	Elizabeth Patron	JR	Frostburg State	24:18.5
68	67	1311	Maria Cifone	SR	Scranton	24:19.0
69	68	1014	Katie Stancik	SR	Allegheny	24:20.7
70	69	1084	Julie McTernan	JR	Dickinson	24:23.8
71	70	1072	Cara Guth	FR	DeSales	24:24.5
72	71	1048	Laura McKee	SR	Carnegie Mellon	24:25.3
73	72	1263	Tara Chiarella	SR	Moravian	24:25.8
74	73	1135	Kelsey Myette	JR	Goucher	24:26.9
75	74	1222	Kristin Shoop	SO	Lebanon Valley	24:28.2
76	75	1252	Courtney Long	JR	Messiah	24:30.4
77	76	1250	Grace Kaste	SR	Messiah	24:34.3
78	77	1196	Caroline Morgan	SO	Juniata	24:34.3
79	78	1231	Shelby Naughton	JR	Marywood	24:35.0
80	79	1270	Kristina Ruggiero	JR	Moravian	24:37.3
81	80	1049	Danielle Morse	SR	Carnegie Mellon	24:39.0
82	81	1291	Elizabeth Keller	SR	Penn State-Behrend	24:39.1
83	82	1123	Alexandra Bull	FR	Gettysburg	24:40.1
84		1299	Ellen Squier	JR	Philadelphia Biblical	24:40.5
85	83	1286	Emily Berry	SR	Penn State-Behrend	24:40.8
86	84	1047	Eva Humphrey	SO	Carnegie Mellon	24:41.6
87	85	1392	Bre Paul	FR	Waynesburg	24:43.2
88	86	1154	Erica Matticola	JR	Gwynedd-Mercy	24:43.4



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Place	Team Place	No.	Name	Yr Of Grad	School	Time
89	87	1396	Jenny Krueger	JR	Westminster (Pa.)	24:44.9
90	88	1122	Yaa Addison	SO	Gettysburg	24:46.0
91	89	1355	Isabel Newlin	SO	Swarthmore	24:47.5
92	90	1358	Caitlin Russell	SR	Swarthmore	24:48.1
93	91	1097	Kathryn Howser	JR	Elizabethtown	24:48.6
94	92	1133	Taylor Burr	FR	Goucher	24:48.9
95	93	1209	Shannon McGowan	JR	King's (Pa.)	24:49.8
96	94	1342	Carly Bass	SO	Susquehanna	24:50.2
97	95	1083	Kelly McIntyre	FR	Dickinson	24:54.7
98	96	1061	Rachel Leftwich	FR	Chatham	24:56.5
99	97	1257	Marcie Cusatis	SR	Misericordia	24:57.9
100	98	1013	Sara Mitrano	SO	Allegheny	24:57.9
101	99	1285	Melissa Ugelow	JR	Muhlenberg	24:58.1
102	100	1115	Emily Wilson	SR	Franklin & Marshall	24:58.2
103	101	1421	Mandy Parshall	JR	York (Pa.)	25:00.3
104	102	1313	Marissa Dussel	SO	Scranton	25:02.0
105	103	1363	Emily Petrak	FR	Thiel	25:03.0
106	104	1329	Genie Fratto	FR	St. Vincent (Pa.)	25:03.6
107	105	1306	Anna Steinman	JR	Salisbury	25:03.9
108	106	1278	Erica Bash	SO	Muhlenberg	25:05.6
109	107	1279	Ramzy Burns	FR	Muhlenberg	25:06.6
110	108	1317	Diana Martin	SR	Scranton	25:08.2
111	109	1334	Rachael Paszko	FR	St. Vincent (Pa.)	25:08.8
112	110	1308	Kristin Stromberg	SR	Salisbury	25:09.0
113	111	1089	Whitney Kerner	JR	Eastern	25:09.2
114	112	1232	Lauren Rustad	JR	Marywood	25:11.3
115	113	1389	Naymick Michelle	JR	Waynesburg	25:14.6
116	114	1112	Rachel Suydam	SR	Franklin & Marshall	25:16.2
117	115	1307	Becca Stinner	JR	Salisbury	25:17.3
118	116	1050	Lisa Rising	SO	Carnegie Mellon	25:18.6
119	117	1375	Deb Yanessa	SR	Ursinus	25:20.0
120	118	1330	Emma Goetz	SR	St. Vincent (Pa.)	25:21.8
121	119	1195	Megan McQuillan	SR	Juniata	25:24.4
122	120	1214	Cynthia Adams	FR	Lebanon Valley	25:25.7
123	121	1235	Missy Black	JR	McDaniel	25:26.9
124	122	1302	Amy Ferro	FR	Salisbury	25:27.1
125	123	1149	Hillary Wilson	SO	Grove City	25:27.2
126	124	1300	Emma Bahneman	FR	Salisbury	25:27.3
127	125	1343	Sarah Dickerson	SO	Susquehanna	25:28.5
128	126	1271	Jennifer Smilgis	FR	Moravian	25:30.0
129	127	1365	Virginia White	FR	Thiel	25:30.8
130	128	1344	Carol Giblin	SO	Susquehanna	25:32.8
131		1119	Jessica O'Neil	SR	Frostburg State	25:33.5
132	129	1101	Megan Patton	SO	Elizabethtown	25:34.1

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Place	Team Place	No.	Name	Yr Of Grad	School	Time
133	130	1241	Emily Peoples	SR	McDaniel	25:34.5
134		1224	Michelle Herman	SO	Lycoming	25:35.1
135	131	1349	Lauren Smith	SR	Susquehanna	25:37.2
136	132	1129	Kyler Philbin	JR	Gettysburg	25:37.6
137	133	1283	Hannah Mitchell	SR	Muhlenberg	25:39.0
138	134	1406	Kellie Medendorp	FR	Widener	25:41.2
139	135	1348	Kaitlin Peropat	JR	Susquehanna	25:41.3
140	136	1391	Tiffany Onifer	FR	Waynesburg	25:41.6
141	137	1206	Molly Brown	JR	King's (Pa.)	25:41.6
142	138	1015	Amber Wetzal	JR	Allegheny	25:42.4
143	139	1065	Tracey Forsythe	SO	Delaware Valley	25:42.8
144	140	1290	Haley Hughes	FR	Penn State-Behrend	25:42.8
145	141	1281	Ashley Greenberg	JR	Muhlenberg	25:43.0
146	142	1075	Shelly Lipari	SO	DeSales	25:45.1
147	143	1234	Katie Sylvester	FR	Marywood	25:45.5
148	144	1060	Maggie Leathers	SR	Chatham	25:45.7
149	145	1394	Olivia Bonavita	FR	Westminster (Pa.)	25:45.8
150	146	1221	Alyssa Miller	FR	Lebanon Valley	25:46.7
151	147	1063	Katherine Campbell	FR	Delaware Valley	25:46.8
152	148	1062	Kayla Booher	FR	Delaware Valley	25:47.5
153	149	1368	Stephanie Donatone	JR	Ursinus	25:47.8
154	150	1305	Andrea Schwienteck	FR	Salisbury	25:47.8
155	151	1087	Rebecca Robbins	JR	Dickinson	25:47.8
156	152	1293	Kaitlynn Patterson	SO	Penn State-Behrend	25:48.7
157	153	1134	Hadley Couraud	SO	Goucher	25:49.2
158	154	1385	Kia Ruhkamp	FR	Washington and Jefferson	25:49.9
159	155	1304	Emily Powell	JR	Salisbury	25:50.3
160	156	1255	Kelsey Cameron	SO	Misericordia	25:52.6
161	157	1247	Natalie DiGregorio	FR	Messiah	25:55.4
162	158	1254	Jessica Visneski	FR	Messiah	25:55.6
163	159	1128	Amanda Pellowe	JR	Gettysburg	25:56.7
164	160	1331	Emily Helbling	SO	St. Vincent (Pa.)	25:58.9
165	161	1051	Cassie Wallace	JR	Carnegie Mellon	26:02.0
166	162	1020	Caryn Depue	JR	Baptist Bible	26:03.3
167	163	1107	Amy Burke	SR	Franklin & Marshall	26:03.6
168	164	1151	Colleen Dalton	FR	Gwynedd-Mercy	26:04.2
169	165	1245	Brooke Airey	JR	Messiah	26:04.4
170	166	1395	Nicole Fiorenzo	FR	Westminster (Pa.)	26:05.5
171	167	1137	Shea Staab	FR	Goucher	26:06.4
172	168	1036	Grace Krusell	FR	Bryn Mawr	26:06.5
173	169	1426	Tuesday Wilson	SO	York (Pa.)	26:06.6
174	170	1336	Natalie Wolff	JR	St. Vincent (Pa.)	26:07.7
175	171	1419	Nicole Danielewicz	SO	York (Pa.)	26:08.8

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WOMEN'S 6K RESULTS: HOSTED BY CARNEGIE MELLON**



Place	Team Place	No.	Name	Yr Of Grad	School	Time
176	172	1239	Becky Kaler	FR	McDaniel	26:10.7
177	173	1121	Kate Adair	SR	Gettysburg	26:11.4
178	174	1260	Amanda Radishofski	SR	Misericordia	26:14.1
179	175	1139	Katelynn Zidanic	FR	Goucher	26:18.0
180	176	1268	Jennifer Parodi	FR	Moravian	26:18.4
181	177	1422	Melody Parshall	SR	York (Pa.)	26:19.7
182	178	1403	Ashley Callahan	SO	Widener	26:20.4
183	179	1374	Michelle Tetla	JR	Ursinus	26:21.3
184	180	1152	Julie Glendinning	SR	Gwynedd-Mercy	26:21.6
185	181	1077	Rachel Winters	SO	DeSales	26:23.5
186	182	1425	Corie Thompson	JR	York (Pa.)	26:24.3
187	183	1251	Christal Liaw	SR	Messiah	26:27.4
188	184	1228	Kelsey Dunn	SO	Marywood	26:29.5
189	185	1066	Alisha Jordan	SO	Delaware Valley	26:30.1
190	186	1159	Regina Sellman	JR	Gwynedd-Mercy	26:31.0
191	187	1150	Kelly Clavin	FR	Gwynedd-Mercy	26:34.1
192	188	1401	Morgan Swartz	SO	Westminster (Pa.)	26:35.6
193	189	1382	Laura Procaro	SR	Washington and Jefferson	26:36.0
194	190	1136	Hannah Southworth	SR	Goucher	26:36.3
195	191	1370	Jordan Kellogg	SO	Ursinus	26:36.6
196	192	1071	Melissa Buttner	FR	DeSales	26:36.6
197	193	1288	Jenna Fatica	JR	Penn State-Behrend	26:36.8
198	194	1177	Alyssa Peterson	FR	Hood	26:44.3
199	195	1265	Megan Hallowell	JR	Moravian	26:46.6
200	196	1323	Katie Phipps	SO	St. Mary's (Md.)	26:47.6
201	197	1327	Claudia Arrunategui	SR	St. Vincent (Pa.)	26:48.7
202	198	1316	Veronica Kurtulik	SO	Scranton	26:49.2
203	199	1157	Kaitlin Rella	SO	Gwynedd-Mercy	26:51.3
204		1002	Kim Hummel	JR	Albright	26:54.2
205		1116	Kimberly Adams	JR	Frostburg State	26:56.5
206	200	1390	Casey Morris	SO	Waynesburg	26:57.3
207	201	1029	Emily Bell	SO	Bryn Mawr	26:58.0
208	202	1192	Casey Hoffman	JR	Juniata	26:59.4
209	203	1058	Tessa Hochberg	FR	Chatham	26:59.8
210	204	1076	Sam Pearl	FR	DeSales	27:02.8
211	205	1138	Kathryn Walker	FR	Goucher	27:05.8
212	206	1223	Jordan Zelechowski	FR	Lebanon Valley	27:07.2
213	207	1397	Olivia Miller	SO	Westminster (Pa.)	27:11.4
214	208	1200	Jenna Fancher	SR	Keystone	27:12.3
215	209	1337	Elizabeth Corino	FR	Stevenson	27:12.8
216	210	1411	Kara Engle	FR	Wilkes	27:14.0
217	211	1372	Meghan McDermott	JR	Ursinus	27:15.3
218	212	1056	Samantha Greenwood	SR	Chatham	27:16.3

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Place	Team Place	No.	Name	Yr Of Grad	School	Time
219	213	1018	Kimberly Caines	SO	Baptist Bible	27:17.8
220	214	1258	Maura O'Rourke	JR	Misericordia	27:18.6
221	215	1034	Cassie Kosarek	JR	Bryn Mawr	27:19.2
222	216	1211	Jill O'Malley	FR	King's (Pa.)	27:22.7
223	217	1191	Alyssa Grube	FR	Juniata	27:25.0
224	218	1418	Laura Colantuono	JR	York (Pa.)	27:26.7
225	219	1073	Kate Kosmin	JR	DeSales	27:27.2
226	220	1113	Alexis Teevens	SO	Franklin & Marshall	27:29.1
227	221	1314	Erin Hayes	JR	Scranton	27:29.4
228	222	1179	Megan Wade	FR	Hood	27:30.3
229	223	1054	Amanda Berstler	SR	Chatham	27:32.4
230	224	1236	Joy Chand	SO	McDaniel	27:33.0
231	225	1197	Anne Wakabayashi	SR	Juniata	27:34.2
232	226	1320	Keighly Bradbrook	FR	St. Mary's (Md.)	27:35.0
233	227	1318	Ariana Molerre	FR	Scranton	27:36.0
234	228	1219	Tiffany Frederick	JR	Lebanon Valley	27:36.6
235	229	1274	Rosalie Sossong	SO	Mount Aloysius	27:36.8
236	230	1256	Bridget Comiskey	FR	Misericordia	27:37.8
237	231	1038	Anna Melker	JR	Bryn Mawr	27:39.2
238	232	1322	Margaret Lillie	SO	St. Mary's (Md.)	27:40.2
239	233	1203	Gabby Neri	SO	Keystone	27:41.5
240	234	1242	Laura Shinn	JR	McDaniel	27:43.3
241	235	1417	Olivia Waszkiewicz	SO	Wilkes	27:47.0
242		1296	Nicollette Biscanti	FR	Penn State-Berks	27:47.8
243	236	1090	Martha Mackey	SO	Eastern	27:52.8
244	237	1095	Val Wrona	JR	Eastern	27:53.7
245	238	1413	Laura Nulton	FR	Wilkes	27:55.1
246	239	1420	Chelsea McCracken	SO	York (Pa.)	27:58.7
247	240	1175	Joanna LaBoue	JR	Hood	27:59.4
248	241	1387	Megan Donovan	SO	Waynesburg	27:59.5
249	242	1210	Kirstie Nicol	SO	King's (Pa.)	28:00.0
250	243	1398	Emily Paul	SR	Westminster (Pa.)	28:01.9
251	244	1400	Erin Sullivan	FR	Westminster (Pa.)	28:02.2
252	245	1176	Maria Moss	JR	Hood	28:06.3
253	246	1261	Sarah Sabatino	FR	Misericordia	28:08.1
254	247	1393	Sara Beth Rood	SR	Waynesburg	28:16.5
255	248	1264	Holly Fleming	JR	Moravian	28:19.4
256	249	1405	Emilie Keene	SO	Widener	28:22.1
257		1005	Gabby Stine	SR	Albright	28:23.0
258	250	1386	Sarah Blais	FR	Waynesburg	28:26.7
259	251	1324	Kathleen Tatem	SR	St. Mary's (Md.)	28:31.8
260	252	1240	Phoebe McHale	FR	McDaniel	28:38.2
261	253	1057	Shuntia Hamilton	JR	Chatham	28:39.9
262	254	1321	Kristin Hay	SO	St. Mary's (Md.)	28:43.8

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Place	Team Place	No.	Name	Yr Of Grad	School	Time
263	255	1367	Alison Cragg	JR	Ursinus	28:44.8
264	256	1371	Jackie Kimmel	SO	Ursinus	28:46.3
265	257	1201	Shelly Kratzer	FR	Keystone	28:51.2
266	258	1338	Mary Kate Lutz	FR	Stevenson	28:56.3
267	259	1364	Clare Rech	SO	Thiel	29:01.7
268	260	1378	Atoosa Hashemi	FR	Washington and Jefferson	29:04.0
269	261	1030	Leah Boylan	SR	Bryn Mawr	29:06.6
270		1297	Britney Lebo	JR	Penn State-Berks	29:06.7
271	262	1003	Catherine Juritsch	FR	Albright	29:08.2
272		1092	Jennifer Schifano	SR	Eastern	29:08.2
273		1117	Jennifer Bower	FR	Frostburg State	29:12.6
274	263	1409	Bonnie Zwissler	SR	Widener	29:17.7
275	264	1205	Hannah Bestwick	SO	King's (Pa.)	29:18.7
276	265	1033	Alex Funk	SR	Bryn Mawr	29:20.4
277	266	1055	Elisabeth Gallen	FR	Chatham	29:22.8
278	267	1088	Alyssa Goggins	JR	Eastern	29:24.9
279	268	1199	Rebecca Drumheller	SO	Keystone	29:26.4
280	269	1379	Kaitlyn Loy	JR	Washington and Jefferson	29:28.7
281		1001	Lauren Centafont	FR	Albright	29:29.4
282	270	1067	Kathy Lehew	SO	Delaware Valley	29:30.6
283	271	1276	Brandi Wilt	FR	Mount Aloysius	29:35.9
284	272	1091	Clara Ryan	FR	Eastern	29:42.9
285	273	1068	Meghan Tyman	SR	Delaware Valley	29:42.9
286	274	1361	Sarah McAfee	SR	Thiel	29:44.6
287	275	1362	Imari Nystrom	SO	Thiel	29:44.6
288	276	1412	Molly McDonough	JR	Wilkes	29:55.2
289	277	1404	Emily Conover	SO	Widener	30:07.6
290	278	1414	Stephanie Smith	SO	Wilkes	30:34.2
291		1024	Kaitlyn Black	JR	Bethany (W.V.)	30:35.5
292	279	1326	Ginger Williams	FR	St. Mary's (Md.)	30:41.7
293	280	1022	Kellyn Lovell	SR	Baptist Bible	30:49.1
294	281	1341	Aubery Schneider	SR	Stevenson	30:53.7
295	282	1023	Kayla Lowe	FR	Baptist Bible	31:00.5
296	283	1410	Kirsten Cook	SO	Wilkes	31:05.3
297	284	1325	Caroline VanBlargan	FR	St. Mary's (Md.)	31:28.4
298	285	1384	Haley Roberts	FR	Washington and Jefferson	31:30.2
299	286	1178	Sam Smith	SR	Hood	31:30.9
300		1298	Michele Mulvey	FR	Penn State-Berks	31:35.4
301	287	1275	Kaitlyn Sztukowski	FR	Mount Aloysius	31:52.1
302	288	1017	Brianna Adamski	FR	Baptist Bible	31:53.9
303	289	1339	Meghan Najewicz	SO	Stevenson	32:05.7

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Place	Team Place	No.	Name	Yr Of Grad	School	Time
304	290	1383	Metzli Rivera	FR	Washington and Jefferson	32:09.1
305	291	1408	Sheena Sanchez	JR	Widener	32:14.6
306		1025	Melissa Davis	SO	Bethany (W.V.)	32:43.3
307	292	1340	Lauren Redding	SR	Stevenson	32:58.4
308	293	1204	Cassidy Wray	FR	Keystone	33:10.1
309	294	1273	Ralin Pierce	JR	Mount Aloysius	33:27.9
310	295	1094	Vanessa Tracey	SR	Eastern	33:44.9
311	296	1173	Kristina Coggins	SR	Hood	34:05.6
312	297	1277	Mandy Zaebst	SO	Mount Aloysius	34:16.5
313	298	1207	Hannah Eckles	SR	King's (Pa.)	34:25.9
314	299	1377	Olivia Halula	SO	Washington and Jefferson	35:05.5