

# One Team One Family

## Teaching Student-Athletes

### To Be true Leaders

- What Are Your Core Values Coach? They Will Emerge.
- Identifiable Nature and Qualities of a Successful Coach
- Teaching/Coaching Must Be Unconditional
- EVERYBODY GETS COACHED
- Role Model Servant Leadership. They Will Follow.
- Make No Mistake. Leaders Will Emerge On Your Team. Are They The Kind Of Leaders You Want?

# Seek to Be Character Based

- Surround yourself with people of character
- Respect yourself/opposition/sport
- Be truthful with yourself and teammates
- Seek to do the right thing
- PURSUE PERSONAL EXCELLENCE RELENTLESSLY
- Leadership is not characterized by a passion for power
- Leadership is characterized by a passion for excellence

# Teach/Role Model COMMITMENT

## COACHES MUST:

- Teach Athletes To Have a Vision/Goals
- Demonstrate Passion For Their Sport
- Teach Accountability To Teammates/Self
- Teach Athletes To Pursue Personal Excellence
- Become Knowledgeable About Your Sport/Event

# Coach/Athlete You Are a Gardener

- Plant Seeds of Hope/Greatness /Success
- Be Positive/Conscious/Subconscious Brain
- Share Enthusiasm
- Absolutely NO Belittling
- Demand Excellence From Yourself and others Will Follow
- Role Model/Lead By Example/Work Hard/Work Smart

# Practice Visualizing Success

- Share The Vision
- Create Goals/Realistic/Dream
- Dwell In The Realm of Possibilities
- Practice Theater of The Mind
- Focus On Your Goals

# Mentoring Teammates

## Servant Leadership

- Leaders Have a Vision/Big Picture. Focus IS NOT Narrow. A Leader Is Inclusive. Help Teammates Create Goals/Vision
- Older Athletes Mentor Younger Athletes
- Help Teammates Improve Even If They Surpass You. Leaders put the good of others and the team ahead of themselves
- ENCOURAGEMENT ONLY , ABSOLUTELY NO NEGATIVITY
- During a Crisis? How will this affect me, or how will this affect my teammates and those who look to me for leadership?
- Blamer/Cover up/Own up to Mistakes?
- A Leaders Values Are Clear and Non-negotiable. Team relationships are built on trust and mutual respect.
- As a Leader Strives For Personal Excellence, They Raise The Level of Everyone Often Without Saying A Word. Actions Speak Louder Than Words

# Bibliography

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