Being all you can be as a Coach...

A Philosophical Approach to Successful Coaching
Understanding who you are!

Why do we make the decisions we make?

Family and Childhood development plays a major role in the decisions that we make and how we deal with situations.
COACHING IS NOT FOR EVERYONE!

1. Are you a giver?
2. Do you have patience?
3. Do you love people?
4. Can you RESPECT loosing?
5. Do you have a family life that supports the coaching lifestyle?
Respect the Science of the Sport

THERE ARE A 100 WAYS TO SKIN A CAT, BUT IT BETTER FOLLOW THE SCIENCE!
Influences in your life

There are signs everywhere throughout our lives, but sometimes we choose to ignore them for different reasons.
Major influence in my career

- 1968 Vince Lombardi (General Manager)

- San Francisco (lost: 27-20) Kezar Stadium

“DON’T MISS THE LESSONS AS YOU GO THROUGH YOUR JOURNEY”.
Major influence in my career

- 1972 Stan Dowell (High School Coach) Silver Creek High School in San Jose, California
Major influence in my career

- 1976 Bert Bonanno (JC Coach)
  San Jose City College
  in San Jose, California
Major influence in my career

- 1978 Steve Miller (College Coach)
  Cal Poly San Luis Obispo
  in San Luis Obispo, California
Major influence in my career

• 1980 Lance Harter (First Head Coach)
  Cal Poly San Luis Obispo
  in San Luis Obispo, California
  - Work as a FULL-TIME volunteer for 7 years
Major influence in my career

- 1987 Dave Murray (First paying coaching job)
  University of Arizona in Tucson, Arizona
  - 15 years as an assistant coach.
Why do you coach?

• - For the money
• - For the fame
• - For you
• - For others
• - For your athletes
UNDERSTANDING YOUR ROLE!

- Being the assistant
  - Do your job!
- Being the Head Coach
  - Who is this about?