

CONVENTION SCHEDULE

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MONDAY, DECEMBER 16

8:00 AM - 9:15 AM	DIVISION II COMMITTEES Coaches' Scholarship Hall of Fame Meet Enhancement Cross Country Polls	Cordova 3 Segura 6 Amarante 1 Segura 1 & 2
8:00 AM - 12:45 PM	DIVISIONAL EXECUTIVE COMMITTEES Division I Cross Country Division I Track & Field Division III Cross Country Division III Track & Field	Marbella 1 & 2 Segura 3 & 4 Amarante 2 & 3 Cordova 5 & 6
9:00 AM - 10:30 AM	DIVISION III HALL OF FAME COMMITTEE	Marbella 3
9:00 AM - 7:00 PM	CONVENTION CREDENTIALING	Segunda Lobby
9:30 AM - 12:45 PM	DIVISIONAL EXECUTIVE COMMITTEES Division II Cross Country Division II Track & Field	Del Lago 3 & 4 Del Lago 1 & 2
12:00 PM - 5:00 PM	SPONSORS & SUPPORTERS EXHIBITS	Ballroom Foyers
1:00 PM - 2:00 PM	SYMPOSIUMS Ryun Godfrey: 800 Meters Nic Peterson: Long Jump Calvin Robinson: Sprints Lynden Reder: Throws	Palazzo E-H Palazzo A-D Mediterranean 1-3 Mediterranean 6-8
1:00 PM - 2:15 PM	DIVISION II EXECUTIVE COUNCIL DIVISION III TRACK & FIELD / CROSS COUNTRY OFFICERS	La Serena Boardroom Cordova 5 & 6
2:15 PM - 3:15 PM	SYMPOSIUMS Vince Anderson: Sprints Eric Heins: Distance Kyle Pierce: Olympic Lifts Lou Andreadis: Pole Vault	Palazzo E-H Palazzo A-D Mediterranean 1-3 Mediterranean 6-8
3:30 PM - 4:30 PM	SYMPOSIUMS Jim Van Hoogtem: Multiple Event Athlete Dennis Shaver: 200 Meters Karen Harvey: Women's Health Mike Sergeant: Hammer Drills	Palazzo E-H Palazzo A-D Mediterranean 1-3 Mediterranean 6-8
4:45 PM - 5:45 PM	SYMPOSIUMS Damon Martin: 5000 Meters Charles Ryan: Hurdles Steve Lemke: Hammer Strength Lucky Huber: Power Training, Jumps	Palazzo E-H Palazzo A-D Mediterranean 1-3 Mediterranean 6-8
6:30 PM - 7:15 PM	HALL OF FAME RECEPTION	Coquina Ballroom
7:30 PM - 9:45 PM	HALL OF FAME DINNER & INDUCTION TICKETED EVENT	Coquina Ballroom

TUESDAY, DECEMBER 17

7:30 AM - 8:30 AM	BREAKFAST — PRESENTED BY ACCUSPLIT	Ballroom Foyers
7:30 AM - 1:30 PM	SPONSORS & SUPPORTERS EXHIBITS	Ballroom Foyers
7:30 AM - 6:00 PM	CREDENTIALING & INFORMATION DESK	Med Registration Desk
8:00 AM - 9:30 AM	USTFCCCA HALL OF FAME COMMITTEE	Barcelona
8:00 AM - 10:45 AM	DIVISIONAL EXECUTIVE COMMITTEES Division I Cross Country Division I Track & Field Division II Cross Country Division II Track & Field Division III Cross Country Division III Track & Field	Marbella 1 & 2 Segura 3 & 4 Del Lago 3 & 4 Del Lago 1 & 2 Amarante 2 & 3 Cordova 5 & 6
8:30 AM - 9:30 AM	SYMPOSIUMS Carius, Gramarosso & Wheaton: XC to Track Damion McClean: Triple Jump Tommy Badon: Acceleration Mohamad Saatara: Rotational Shot	Palazzo E-H Palazzo A-D Mediterranean 1-3 Mediterranean 6-8
9:45 AM - 10:45 AM	SYMPOSIUMS Todd Lane: Jumps Clyde Hart: 400 Meters Michele Curcio: Javelin Scott Christensen: Middle Distance	Palazzo E-H Palazzo A-D Mediterranean 1-3 Mediterranean 6-8
10:45 AM - 11:15 AM	EXPLORE SPONSORS & SUPPORTERS EXHIBITS	Foyer

11:15 AM - 12:15 PM

12:15 PM - 1:15 PM

1:30 PM - 2:45 PM

1:30 PM - 2:45 PM

1:30 PM - 2:45 PM

1:30 PM - 3:30 PM

1:30 PM - 4:00 PM

3:00 PM - 4:00 PM

3:00 PM - 4:00 PM

3:00 PM - 4:15 PM

3:45 PM - 4:45 PM

4:15 PM - 5:15 PM

4:15 PM - 5:30 PM

4:15 PM - 7:00 PM

5:00 PM - 6:00 PM

5:45 PM - 7:00 PM

7:30 PM - 10:00 PM

OPENING SESSION

Mediterranean 4 & 5

LUNCH — PRESENTED BY NIKE

DaVinci Lawn

NCAA DIVISION II REGIONAL BREAKOUTS

Atlantic	Del Lago 1	South	Marbella 3
Central	Del Lago 2	South Central	Marbella 4
East	Del Lago 3	Southeast	Amarante 1
Midwest	Del Lago 4	West	Segura 6

NCAA DIVISION III REGIONAL BREAKOUTS

Atlantic	Amarante 2	Midwest	Cordova 5
Central	Amarante 3	New England	Cordova 6
Great Lakes	Cordova 3	South/Southeast	Marbella 1
Mideast	Cordova 4	West	Marbella 2

ASSISTANT COACH ROUNDTABLES

Coquina Ballroom

Jen Artoli: Working With Your Athletic Training Staff
Tom Lewis: Topics in Media & Communications
Carylynn Larson: Disordered Eating
Ed Nuttycombe: The Art of Coaching
John McKenzie: Financial Planning

DIRECTOR OF OPERATIONS SESSION 1

Segura 5

Andrea Tepe: Role of Director of Ops

HIGH SCHOOL SESSION 1

Segura 3 & 4

High School Senate Meeting

NCAA DIVISION I - CROSS COUNTRY

Palazzo E-H

NCAA DIVISION II GENERAL SESSION

Mediterranean 1-3

NCAA DIVISION III GENERAL SESSION

Palazzo A-D

ASSISTANT COACH SEMINAR

Mediterranean 6-8

Pat Henry: Advice for Young Coaches

DIRECTOR OF OPERATIONS SESSION 2

Segura 5

Jessica Riden: Hosting a Home Competition

HIGH SCHOOL SESSION 2

Segura 3 & 4

Karen Harvey: Coaching Female Athletes

ASSISTANT COACH SEMINAR

Mediterranean 6-8

Mike Holloway: Progressing in the Coaching Profession

NCAA DIVISION II - CROSS COUNTRY

Mediterranean 1-3

NCAA DIVISION III - CROSS COUNTRY

Palazzo A-D

NCAA DIVISION I - TRACK & FIELD

Palazzo E-H

HIGH SCHOOL SESSION 3

Segura 3 & 4

Tommy Badon: Acceleration Drills

NCAA DIVISION II - TRACK & FIELD

Mediterranean 1-3

NCAA DIVISION III - TRACK & FIELD

Palazzo A-D

NAIA GENERAL SESSION

Ritz Carlton 5

JUNIOR COLLEGE GENERAL SESSION

Ritz Carlton 6

MONDO DINNER PARTY

Fairways Lawn

WEDNESDAY, DECEMBER 18

7:30 AM - 8:30 AM	BREAKFAST — PRESENTED BY UCS	Ballroom Foyers
7:30 AM - 11:00 AM	SPONSORS & SUPPORTERS EXHIBITS	Ballroom Foyers
7:30 AM - 3:30 PM	INFORMATION DESK	Med Registration Desk
8:00 AM - 9:30 AM	USTFCCCA HALL OF FAME COMMITTEE	Barcelona
8:00 AM - 9:45 AM	DIVISIONAL EXECUTIVE COMMITTEES Division I Cross Country Division I Track & Field Division II Cross Country Division II Track & Field Division III Cross Country Division III Track & Field	Marbella 1 & 2 Segura 3 & 4 Del Lago 3 & 4 Del Lago 1 & 2 Amarante 2 & 3 Cordova 5 & 6
8:30 AM - 9:30 AM	SYMPOSIUMS Boo Schexnayder: Circuit Training Kevin Brown: Pole Vault Dennis Newell: Psychology of Coaching a Cross Country Team April Smith: Gender Differences in Coaching Throws	Palazzo E-H Mediterranean 1-3 Palazzo A-D Mediterranean 6-8

10:00 AM - 12:00 PM

NCAA DIVISION I - CROSS COUNTRY
NCAA DIVISION II - CROSS COUNTRY
NCAA DIVISION III - CROSS COUNTRY
NAIA GENERAL SESSION
JUNIOR COLLEGE GENERAL SESSION

Palazzo E-H
Mediterranean 1-3
Palazzo A-D
Amarante 1
Cordova 4

10:30 AM - 11:45 AM

HIGH SCHOOL SESSION 4
Mark Guthrie: Program Development

Segura 3 & 4

10:30 AM - 11:45 AM

DIRECTOR OF OPERATIONS SESSION 3
Jeff Kent: Team Travel

Segura 5

12:00 PM - 1:15 PM

LUNCH — PRESENTED BY M-F ATHLETIC DaVinci Lawn

1:30 PM - 2:30 PM

SYMPOSIUMS
Dion Miller: Sprint/Hurdle Training Palazzo E-H
Tim Connelly: Cross Country Training Palazzo A-D
Bryan Compton: Combined Event Training Mediterranean 1-3
Derek Yush: Training Effects in Throws Mediterranean 6-8

1:30 PM - 2:30 PM

DIRECTOR OF OPERATIONS SESSION 4 Segura 5
Mike Henderson: Managing Social Media

2:45 PM - 3:45 PM

HIGH SCHOOL SESSION 5 Segura 3 & 4
Marc Mangiacotti: Hurdles

2:45 PM - 3:45 PM

ASSISTANT COACH ROUNDTABLES Coquina Ballroom
Jason Kronstat: TFRRS
Kyle Pierce: Weight Training
Jim Pennington: Effective Coaches
Ron Mann: Balancing Work and Family
John McKenzie: Financial Planning

2:45 PM - 5:00 PM

NCAA DIVISION I - TRACK & FIELD Palazzo E-H
NCAA DIVISION II - TRACK & FIELD Mediterranean 1-3
NCAA DIVISION III - TRACK & FIELD Palazzo A-D
NAIA GENERAL SESSION Amarante 1
JUNIOR COLLEGE GENERAL SESSION Cordova 4

4:00 PM - 5:00 PM

ASSISTANT COACH SEMINAR Mediterranean 6-8
Ralph Lindeman: Coaching Today's Athletes

4:00 PM - 5:00 PM

HIGH SCHOOL SESSION 6 Segura 3 & 4
Kris Grimes: Coaching Jumps

6:00 PM - 6:45 PM

THE BOWERMAN ARRIVAL PARTY
Mediterranean Foyer & Porte Cochere

7:00 PM - 8:15 PM

THE BOWERMAN PRESENTATION Mediterranean 4 & 5
PRESENTATION

8:15 PM - 10:30 PM

THE BOWERMAN DINNER Valencia Terrace & Lawn
TICKETED EVENT

THURSDAY, DECEMBER 19

8:00 AM - 8:45 AM

VOTING DEVICE PICKUP
Division I Palazzo Foyer
Division II Grand Registration Desk
Division III Med Registration Desk

8:00 AM - 9:00 AM

BREAKFAST — PRESENTED BY BALFOUR Mediterranean 4 & 5

8:00 AM - 9:00 AM

MEETPRO INFORMATIONAL SESSION Mediterranean 6-8

8:00 AM - 9:00 AM

DIVISIONAL EXECUTIVE COMMITTEES
Division I Cross Country Marbella 1 & 2
Division I Track & Field Segura 3 & 4
Division II Cross Country Del Lago 3 & 4
Division II Track & Field Del Lago 1 & 2
Division III Cross Country Amarante 2 & 3
Division III Track & Field Cordova 5 & 6

9:15 AM - 10:30 AM

NCAA DIVISION I VOTING SESSION: TRACK & FIELD Palazzo E-H

9:15 AM - 12:00 PM

NCAA DIVISION II GENERAL & VOTING SESSION Mediterranean 1-3
NCAA DIVISION III GENERAL & VOTING SESSION Palazzo A-D

10:45 AM - 12:00 PM

NCAA DIVISION I VOTING SESSION: CROSS COUNTRY Palazzo E-H

12:15 PM - 1:30 PM

FEMALE COACHES LUNCHEON DaVinci Terrace

U.S. Track & Field and Cross Country Coaches Association

CONVENTION SCHEDULE

DECEMBER 16-19

JW Marriott Grande Lakes
Orlando, Florida

